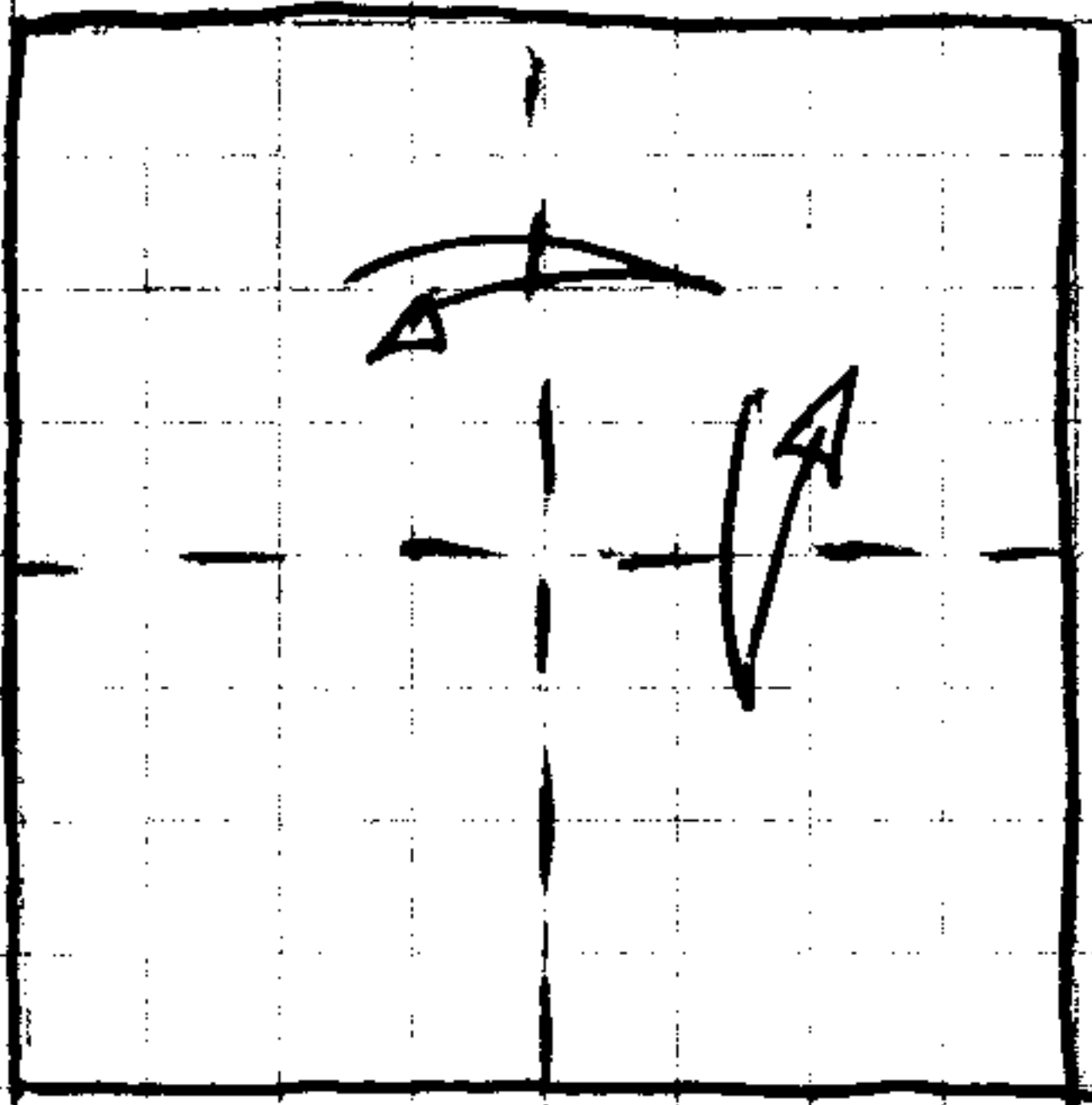
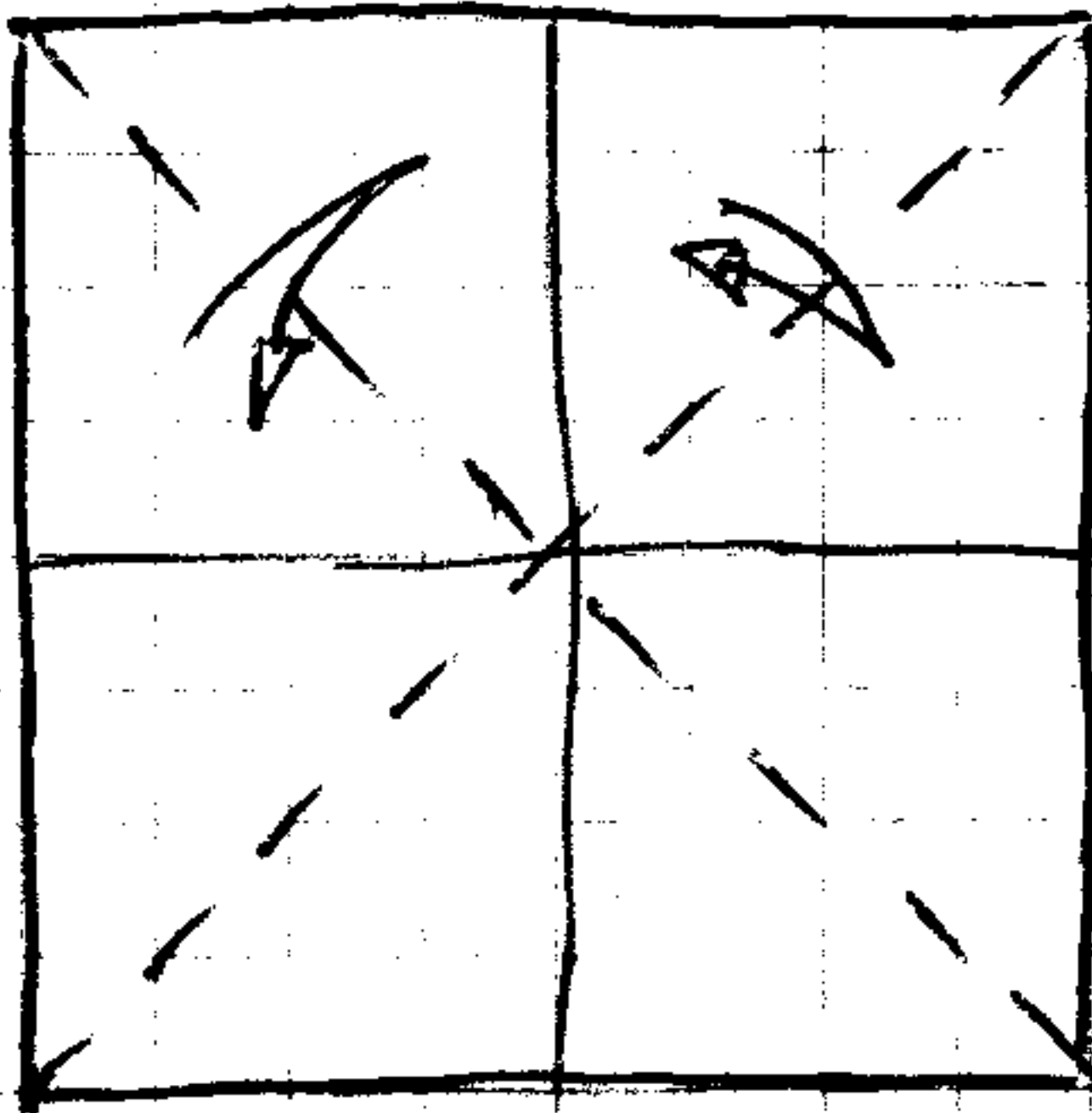


1.



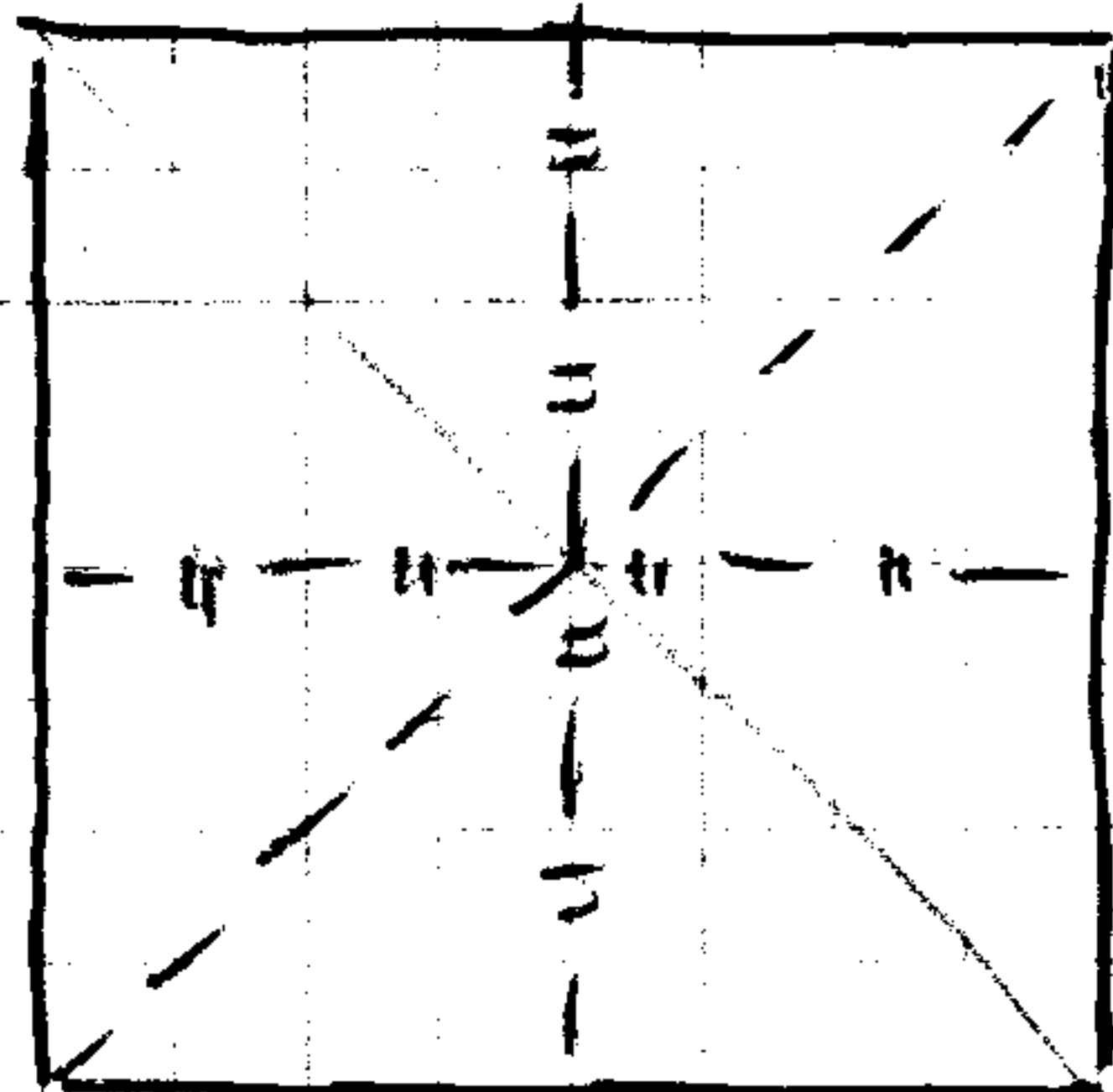
FOLD AND
UNFOLD
TURN OVER

2.



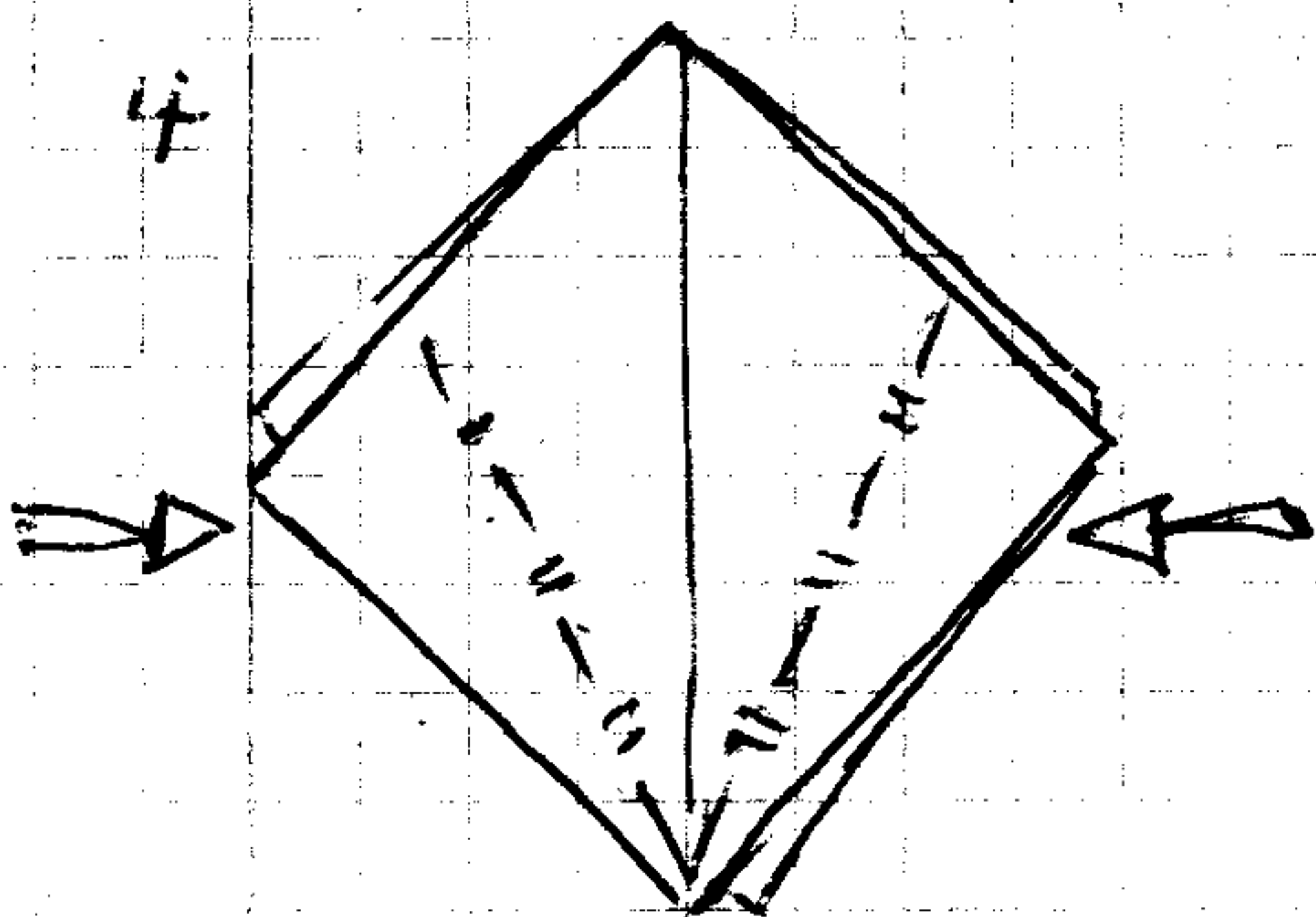
FOLD AND
UNFOLD

3.



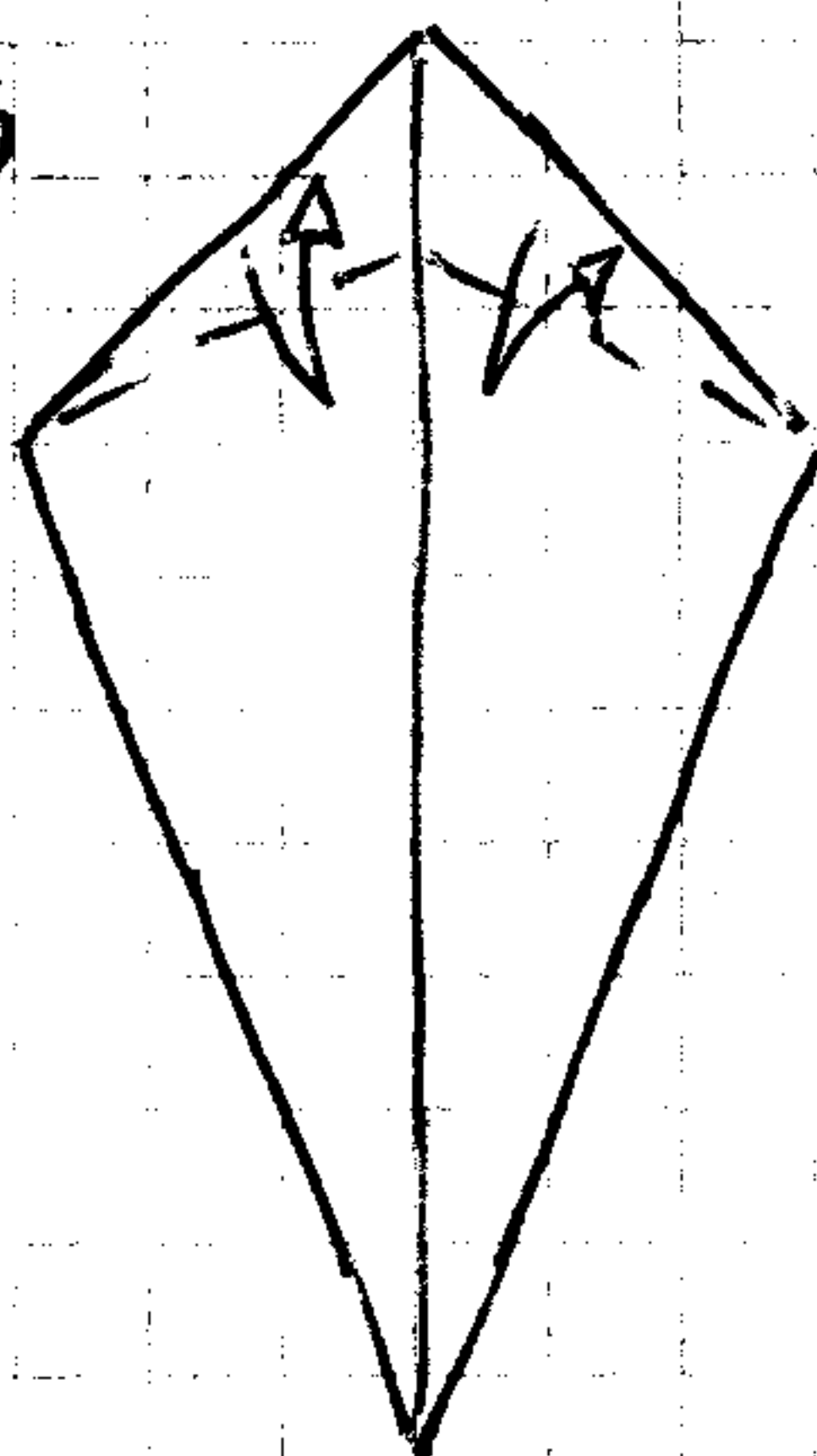
FOLD A
PRELIMINARY
FOLD

4.



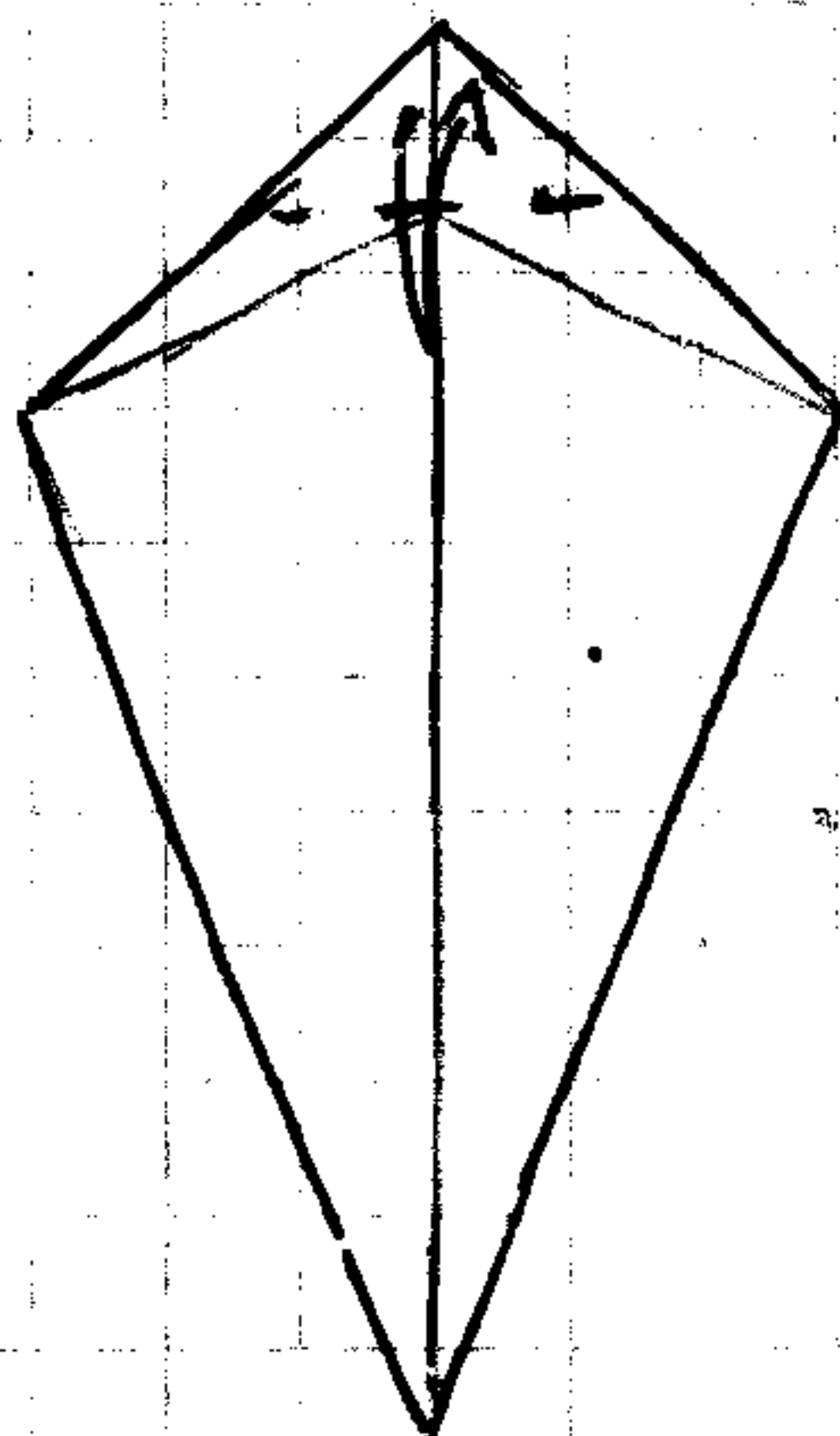
REVERSE-FOLD
REPEAT BEHIND

5.



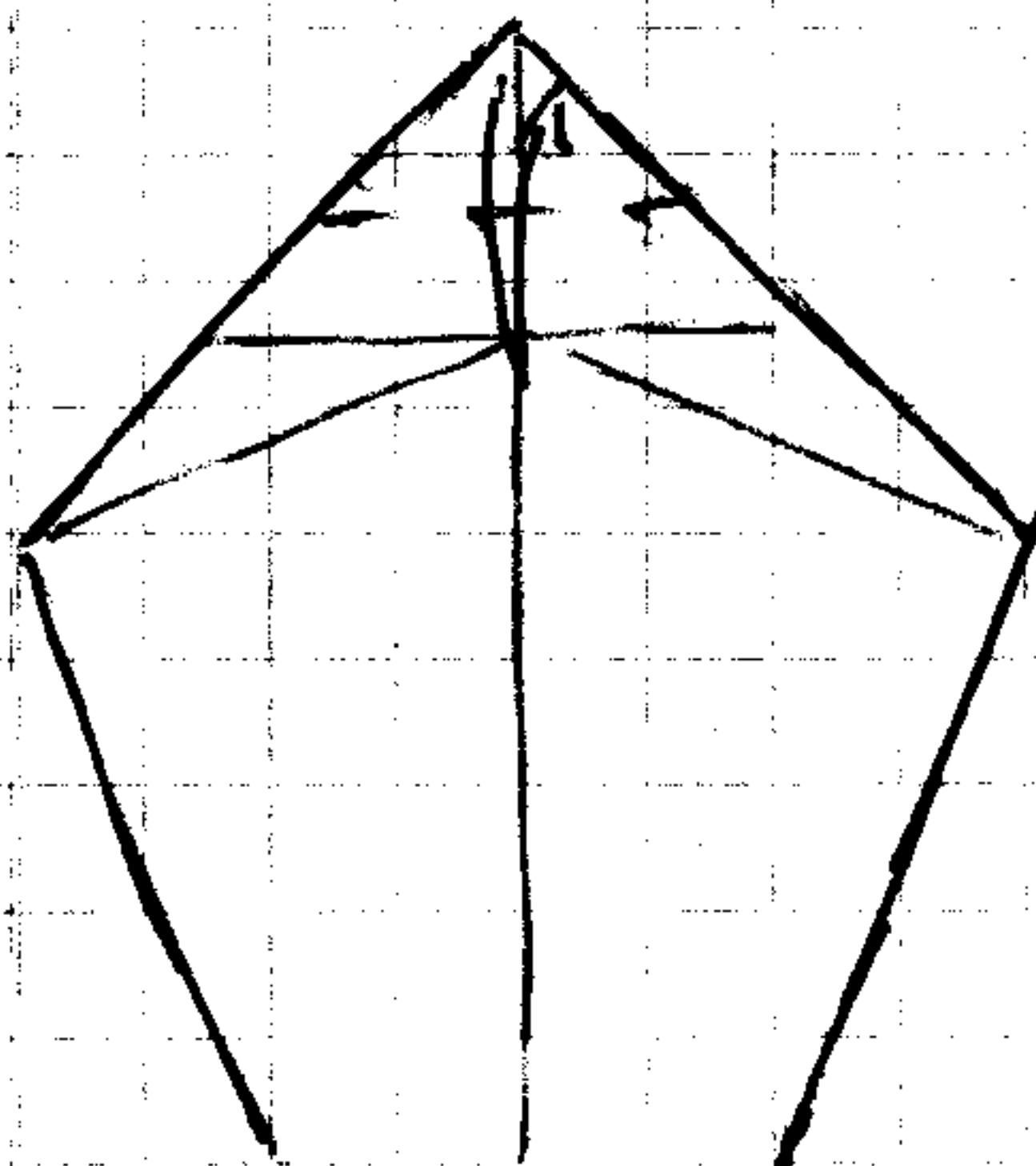
FOLD AND
UNFOLD ALONG
ANGLE
BISECTORS

6.



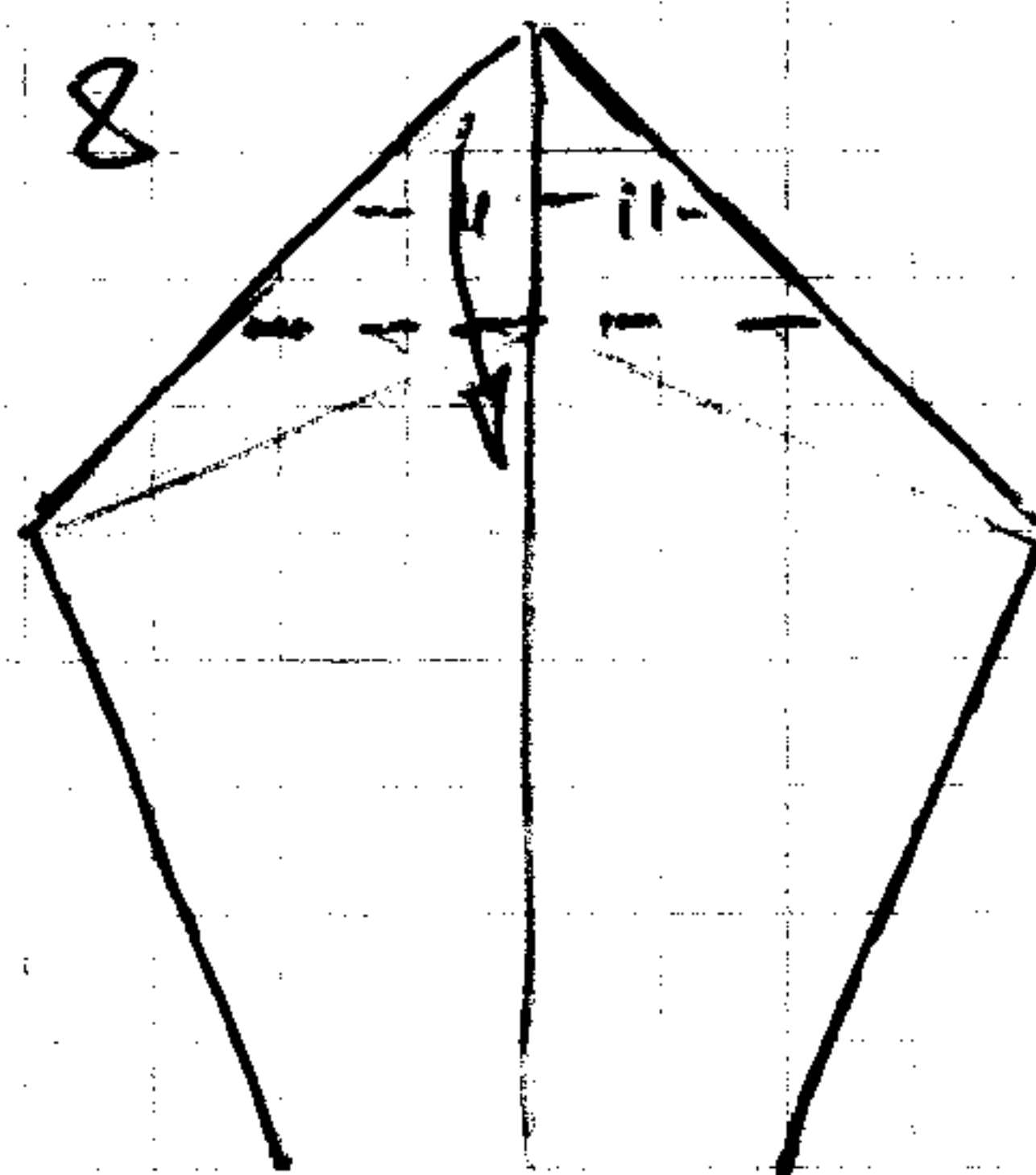
FOLD AND
UNFOLD

7.



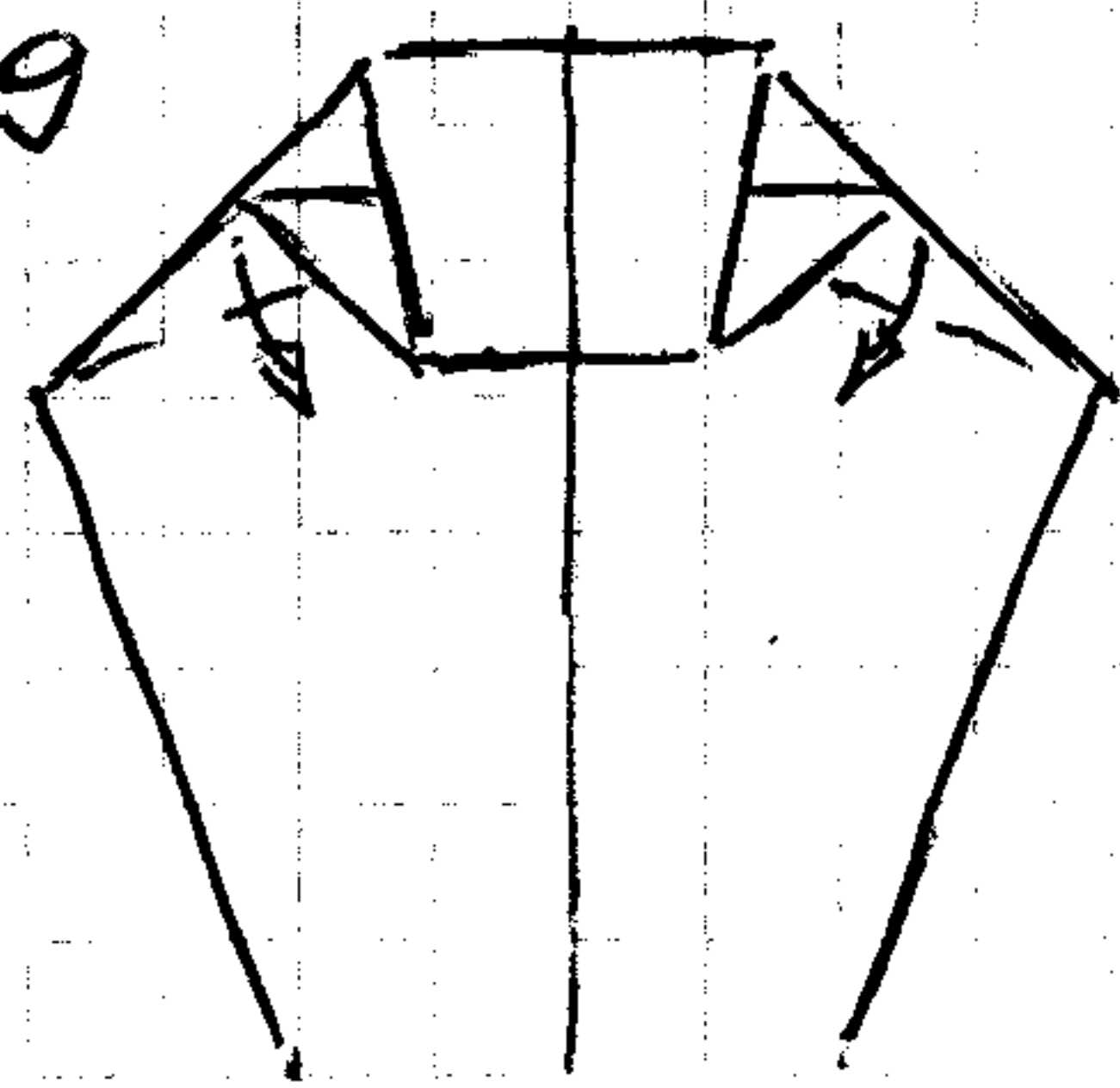
FOLD AND
UNFOLD
(OVER HALF-
WAY BETWEEN
CORNER AND
CREASE FROM
STEP 6)

8.

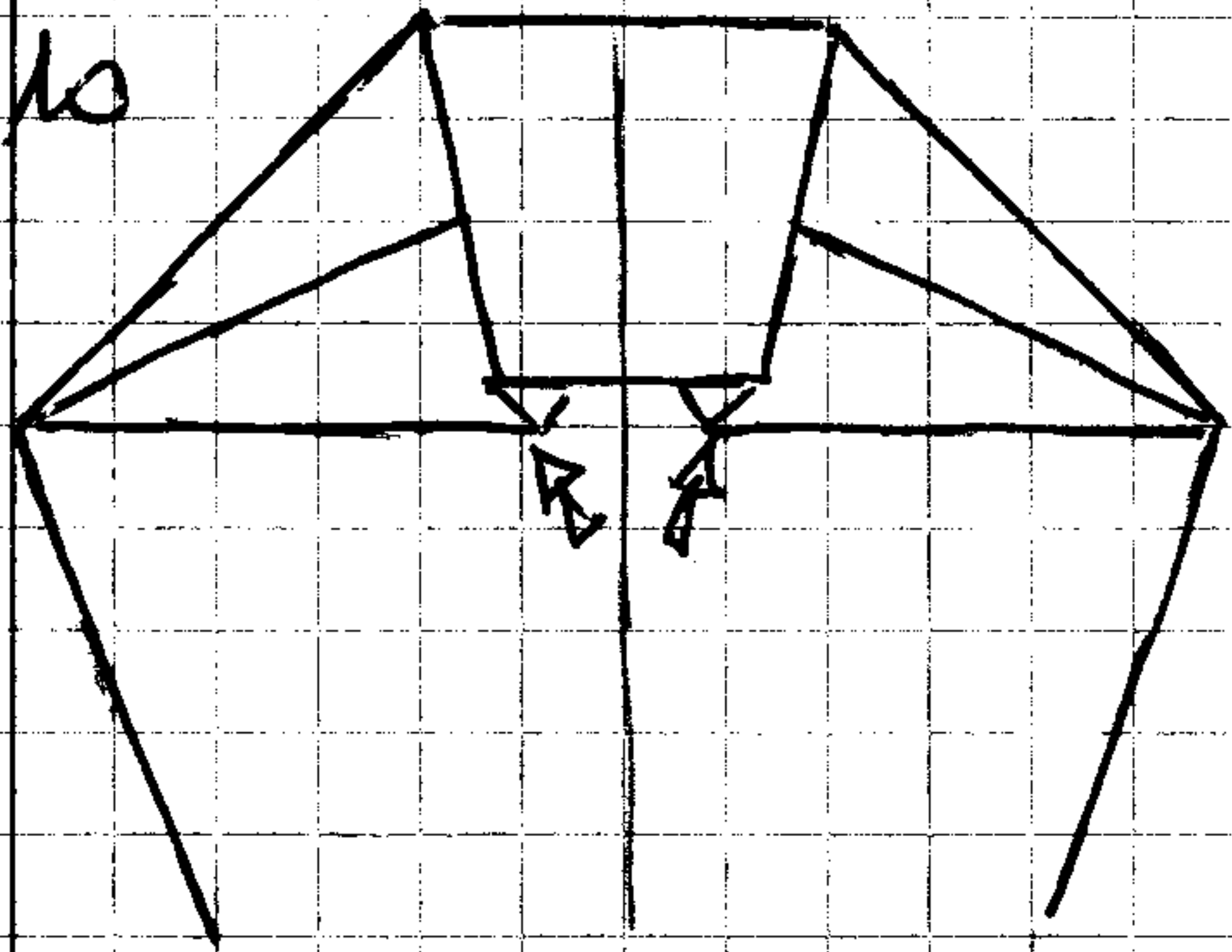


SPREAD-SINK
ASYMMETRI-
CALLY

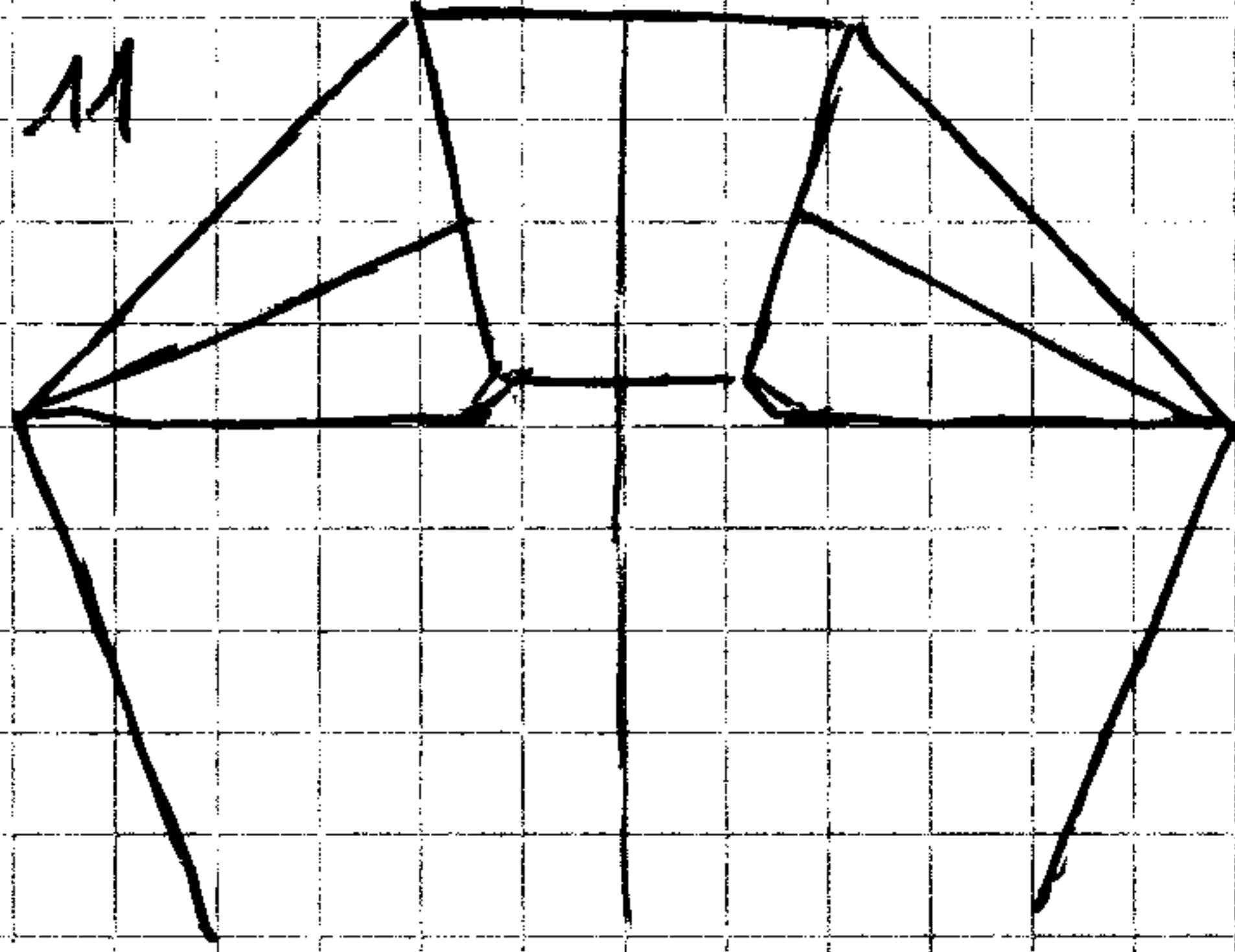
9.



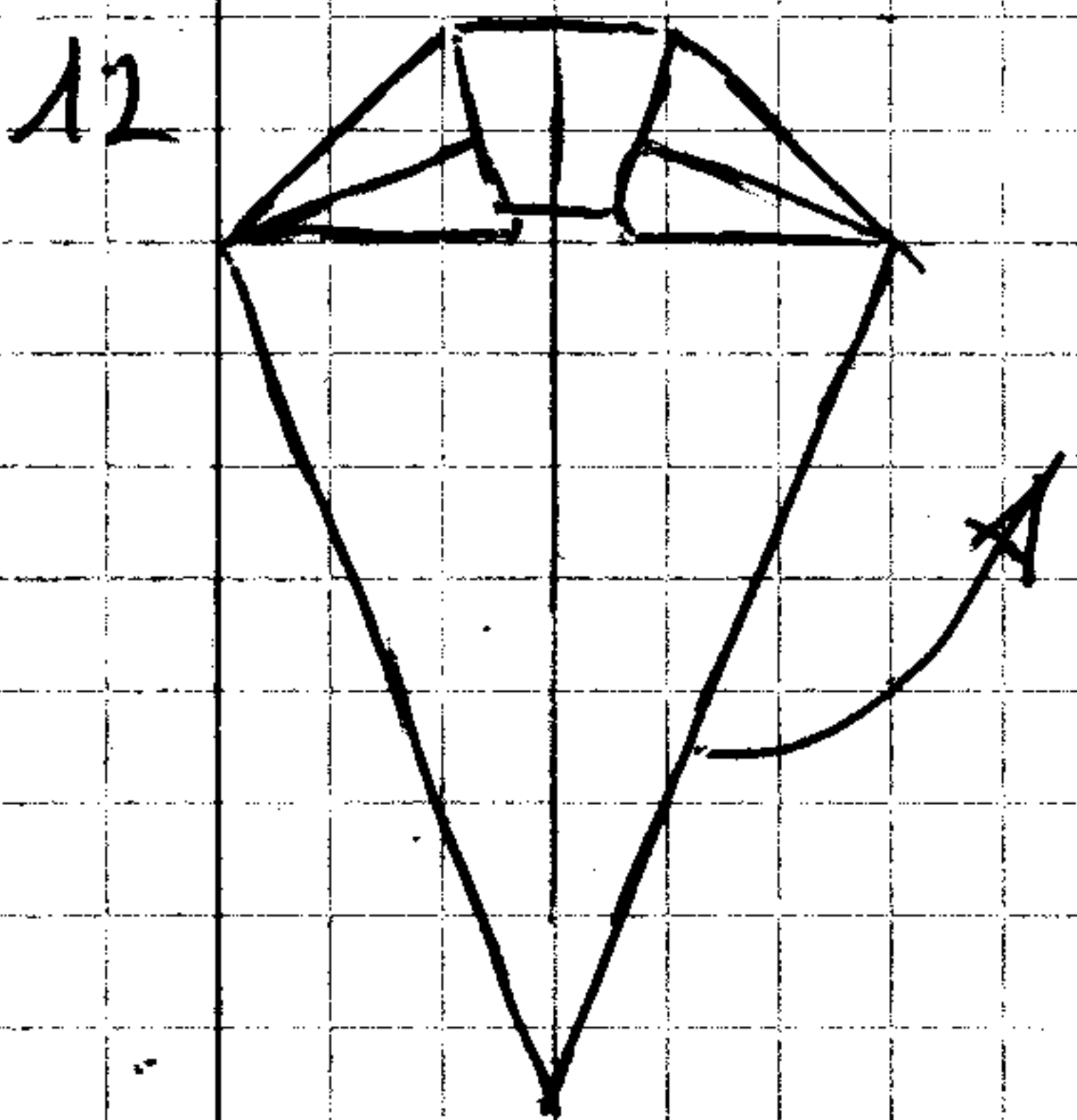
FOLD ALONG
EXISTING
CREASES



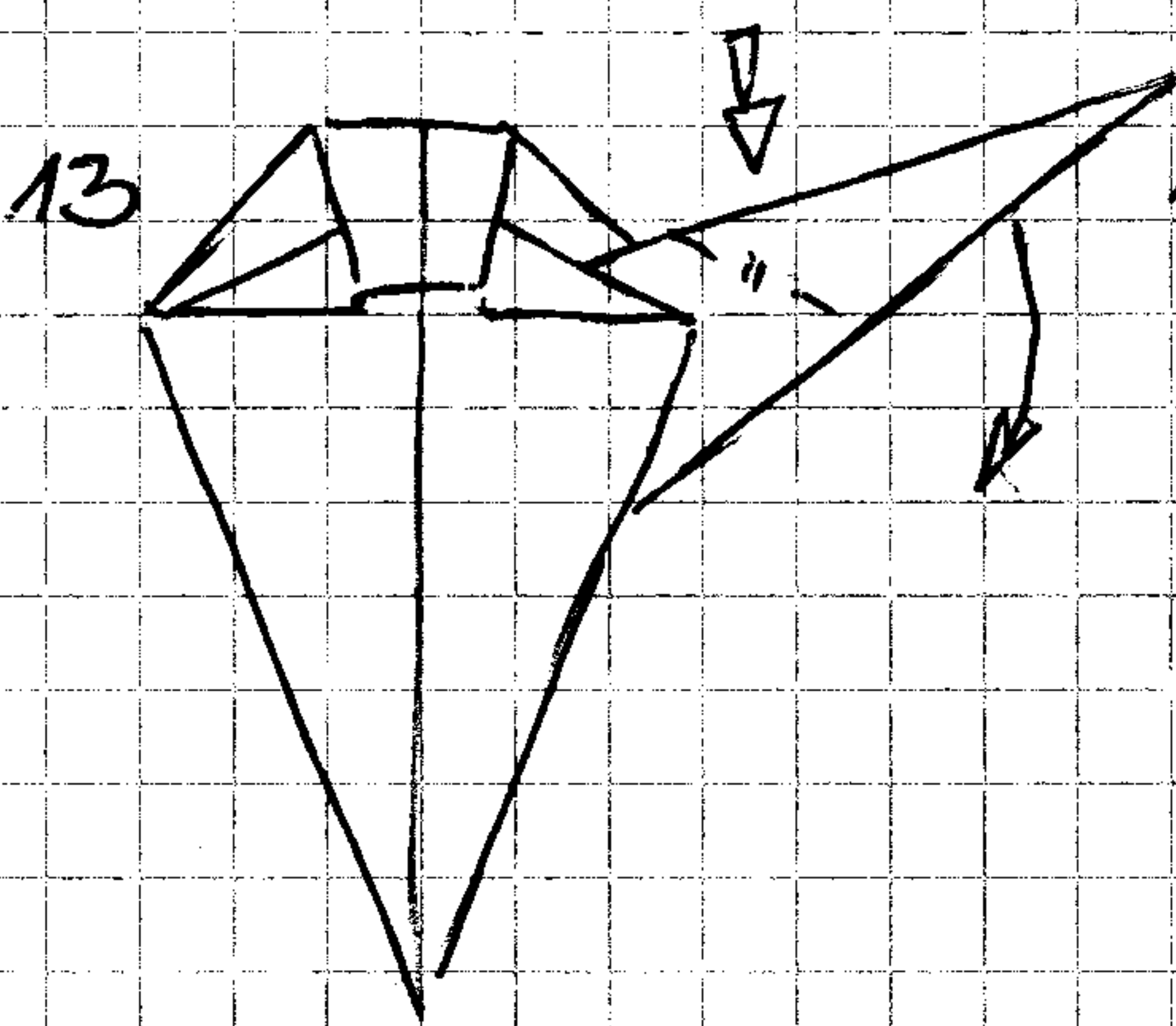
REVERSE-FOLD
THE CORNERS



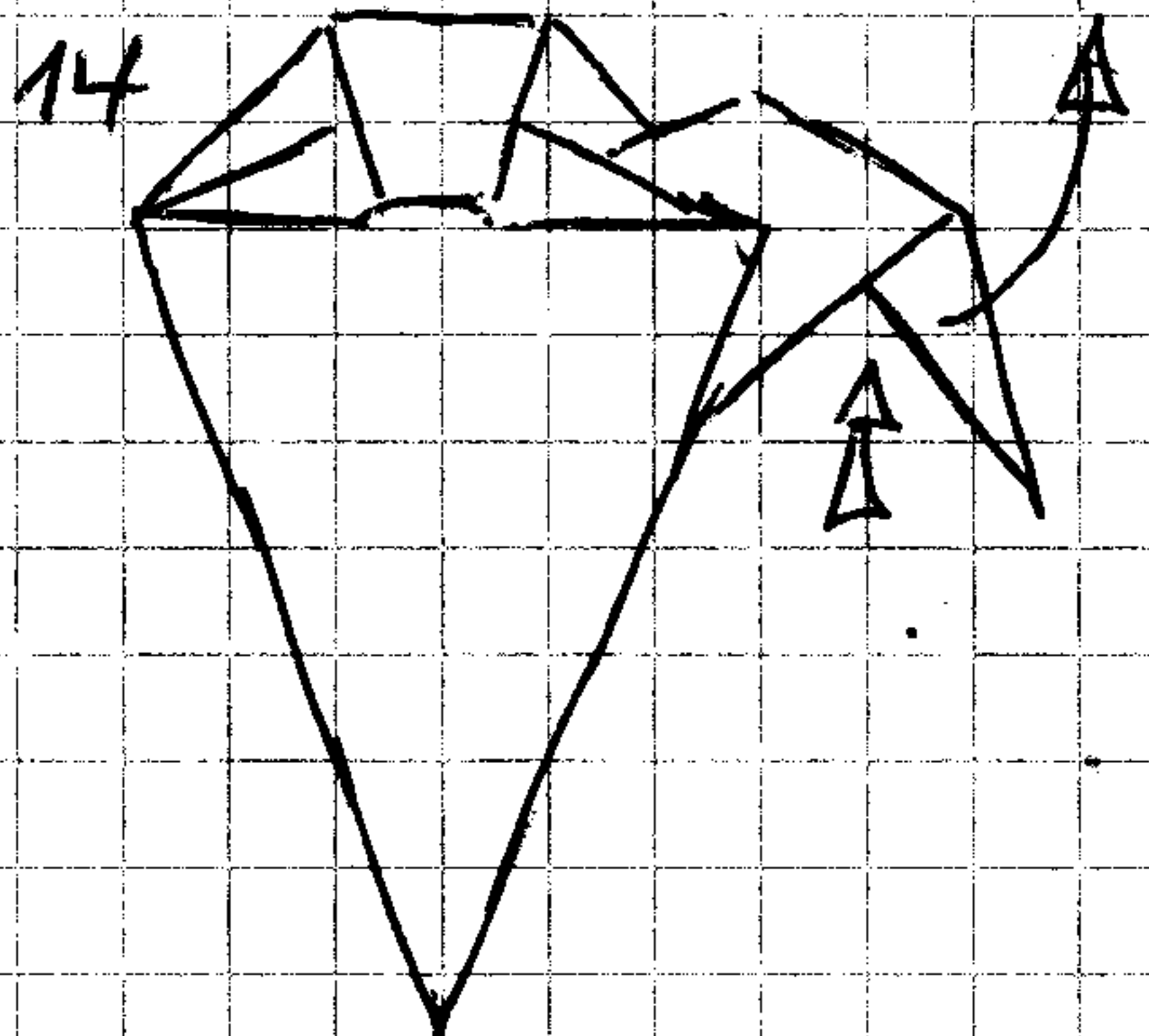
ZOOM OUT.



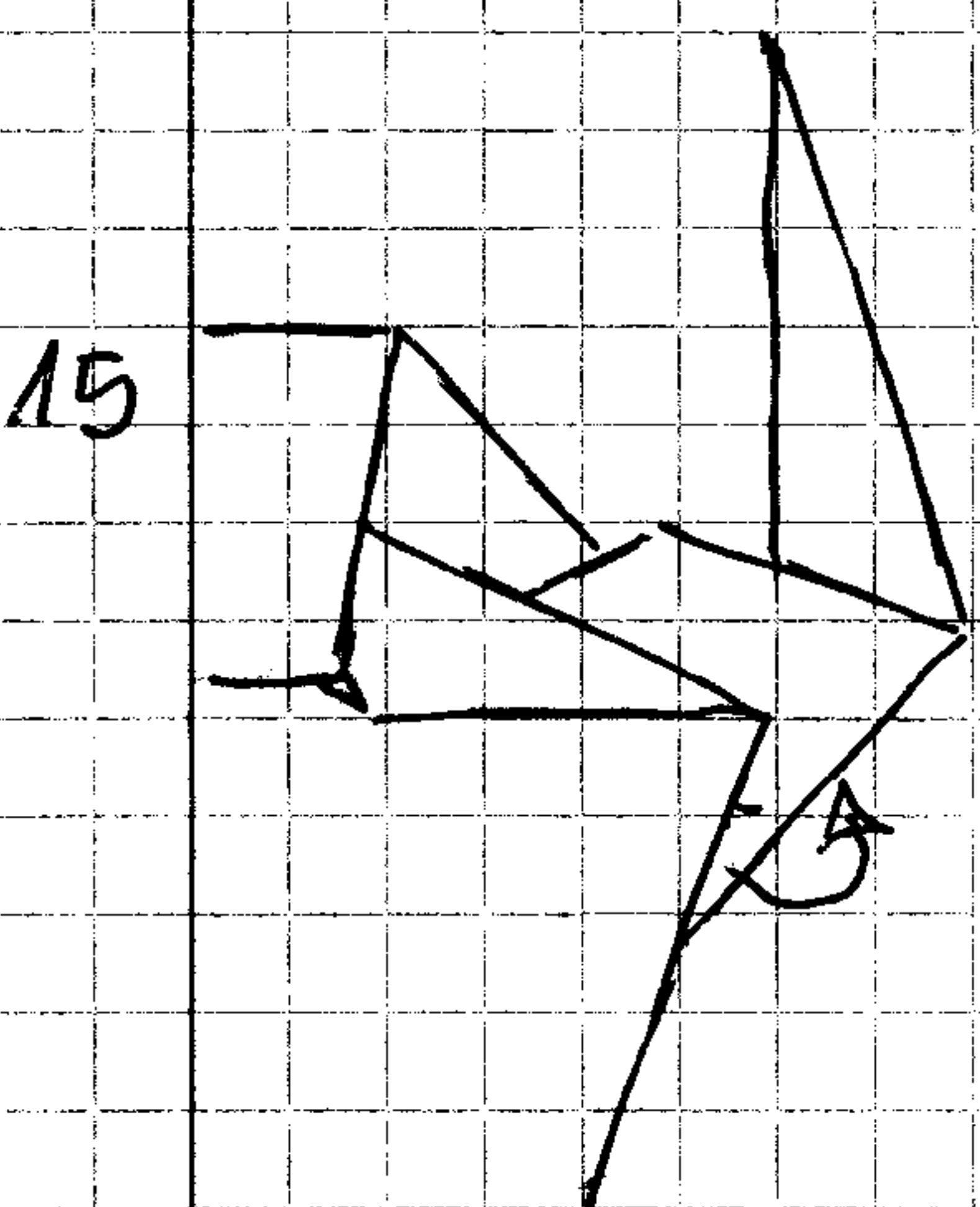
REVERSE-FOLD
THE MIDDLE
FLAP



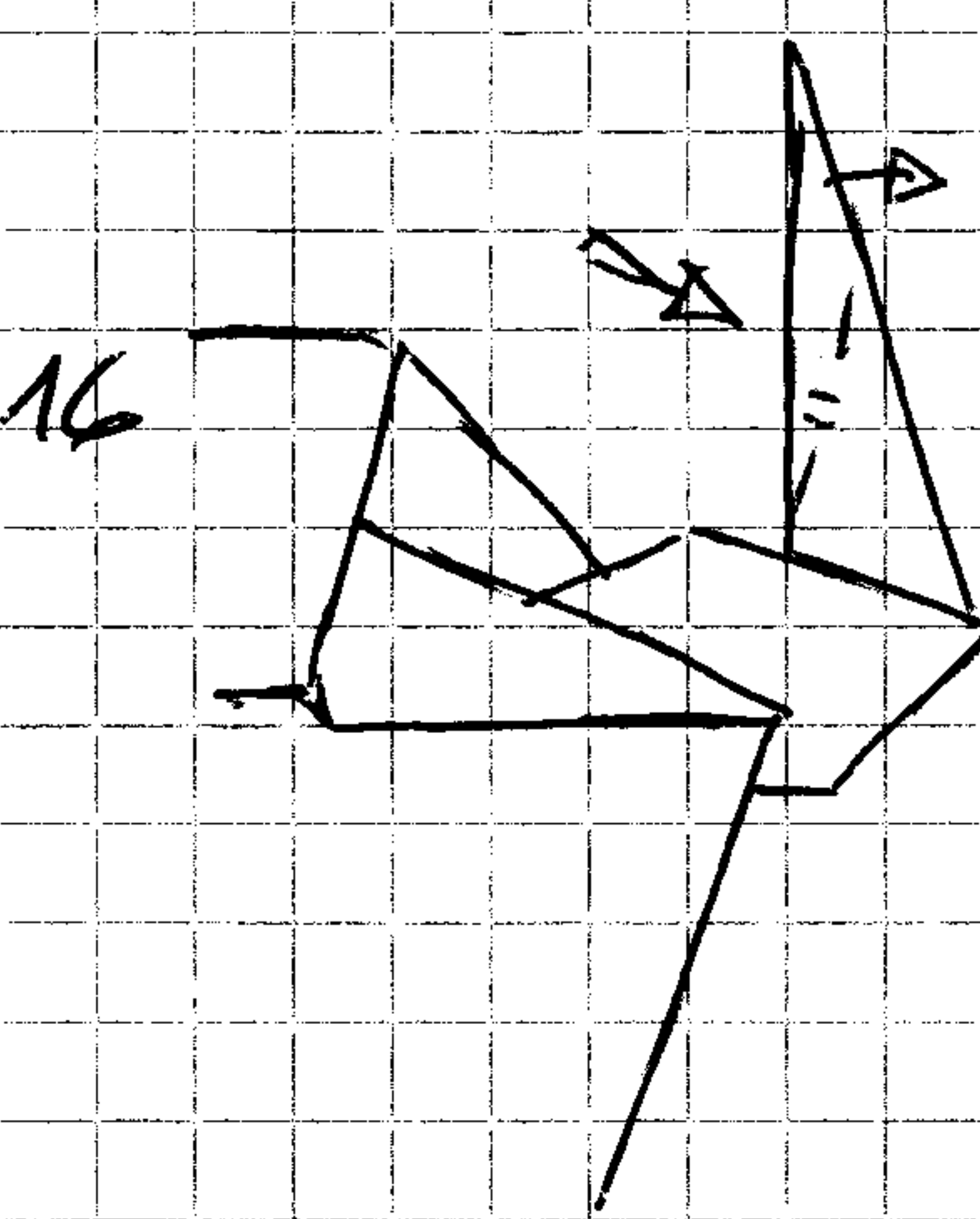
REVERSE-FOLD
DOWN.



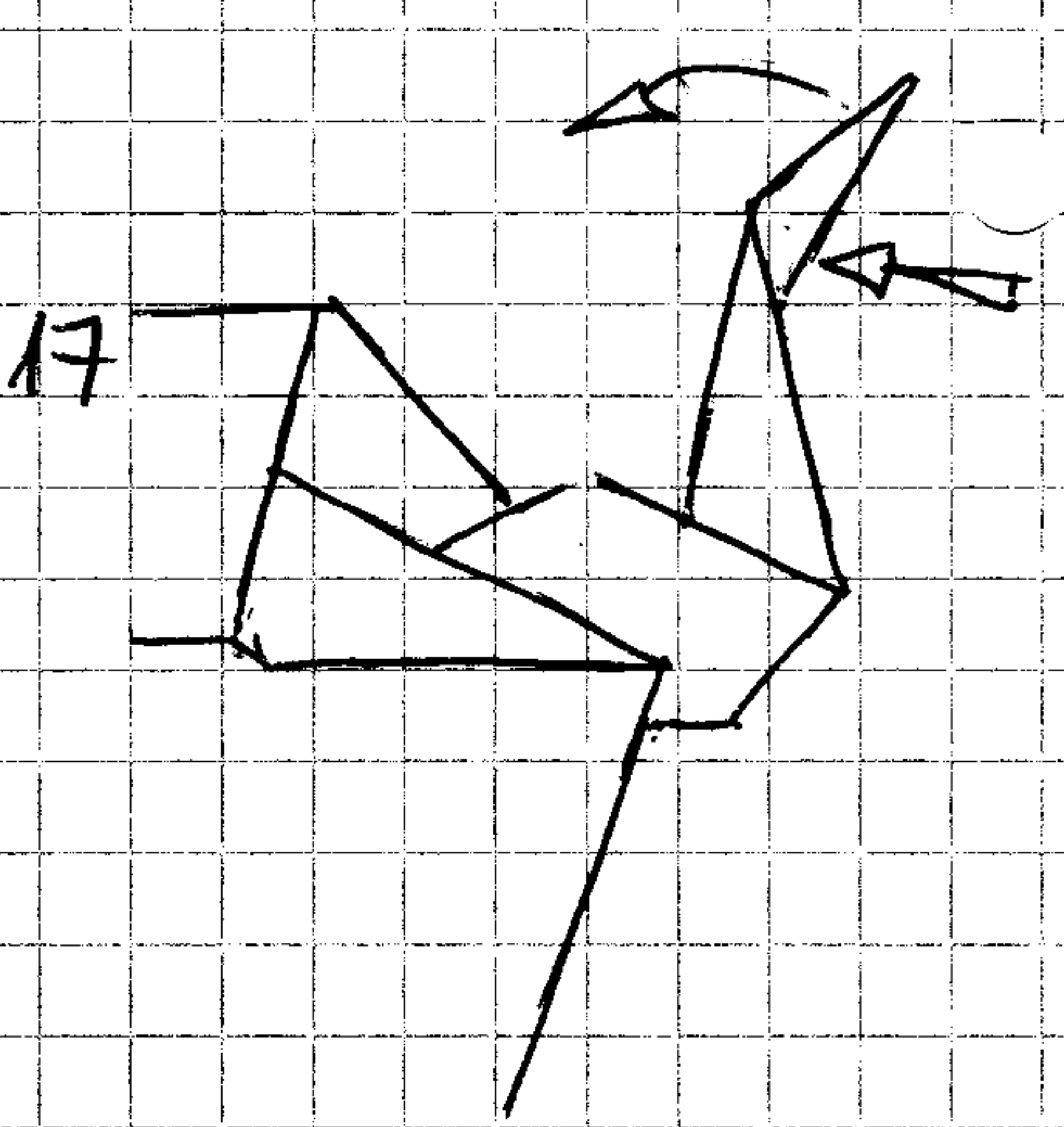
REVERSE-FOLD
UP



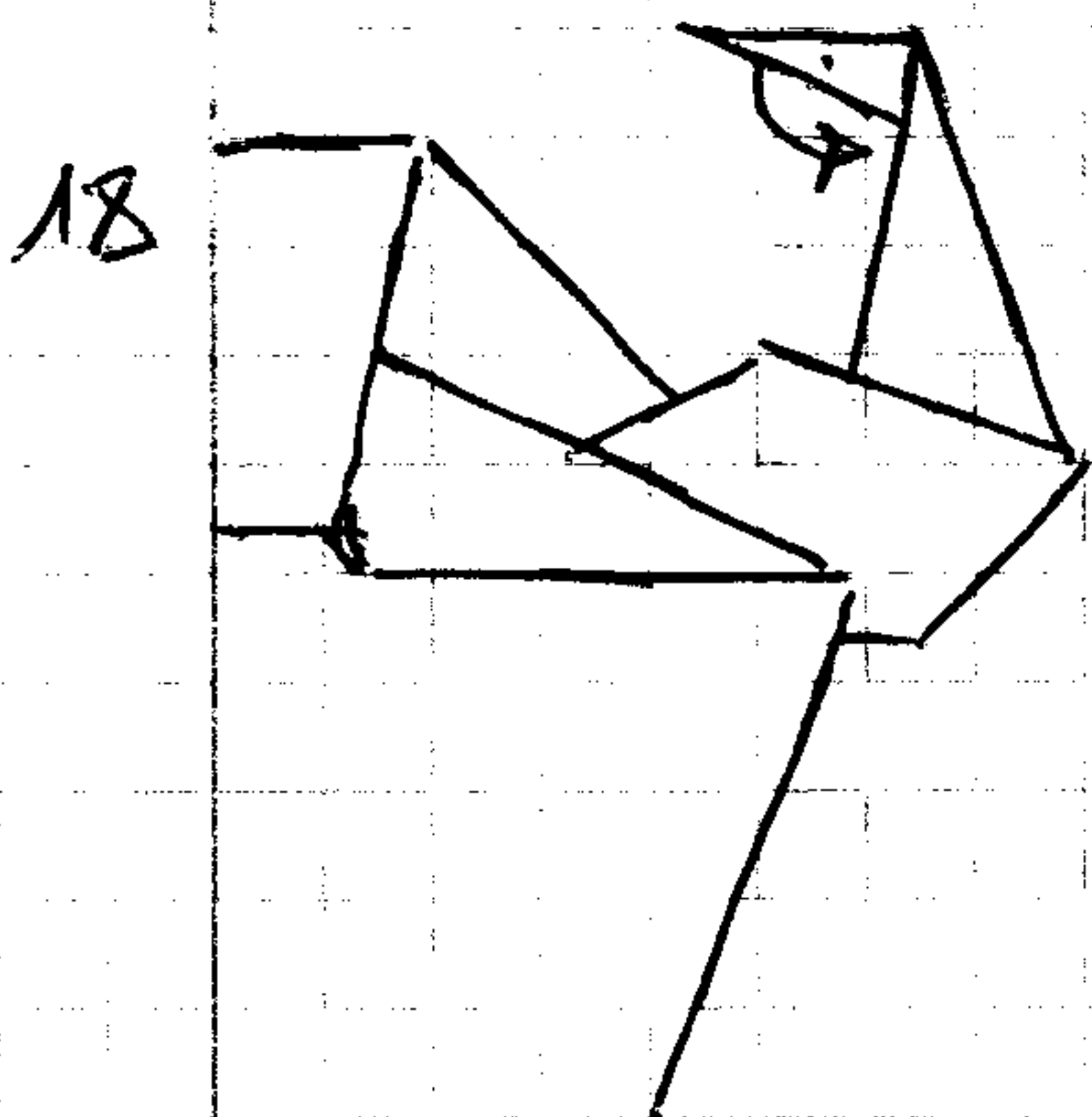
MOUNTAIN-
FOLD THE
LAYER
REPEAT
BEHIND.



REVERSE-FOLD

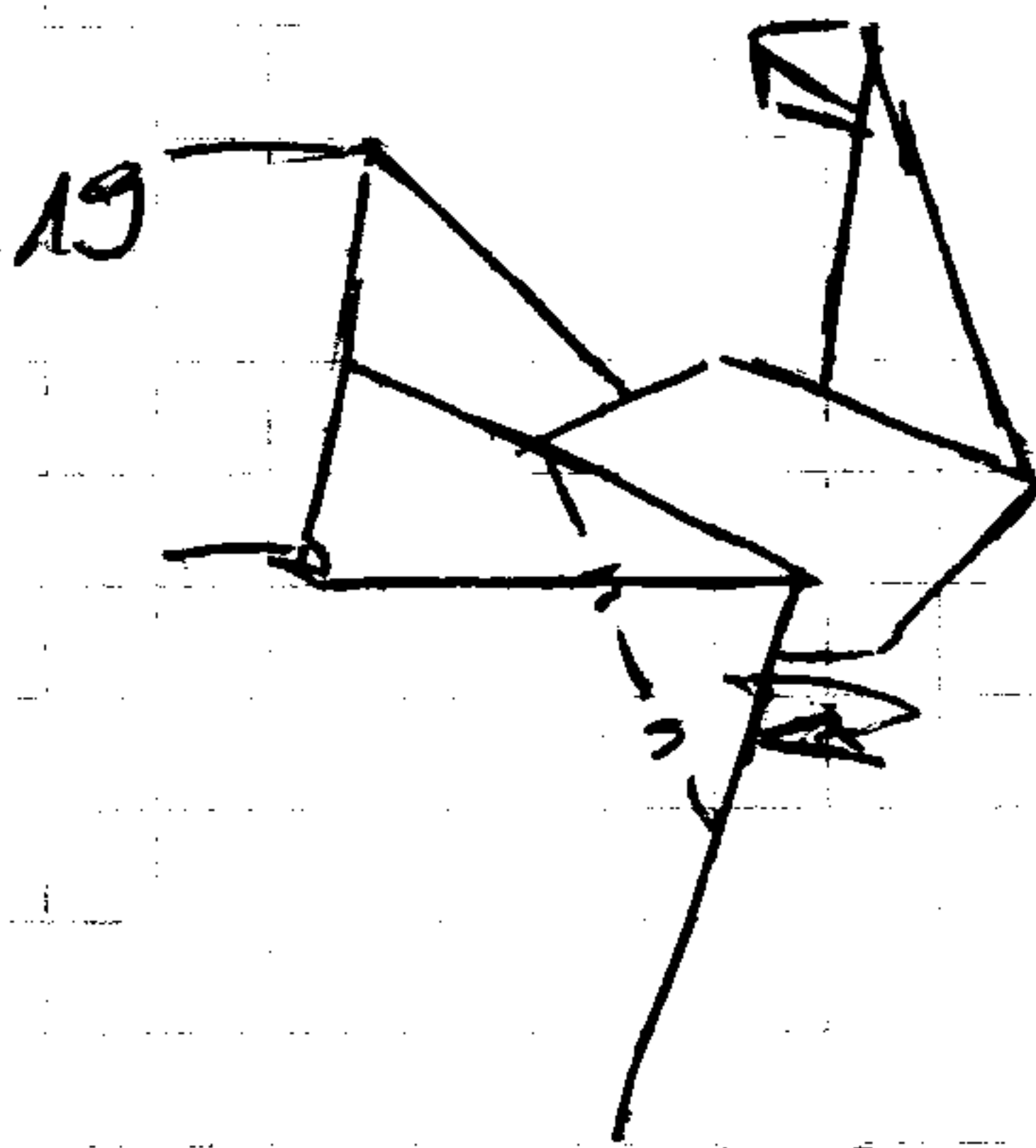


REVERSE-
FOLD



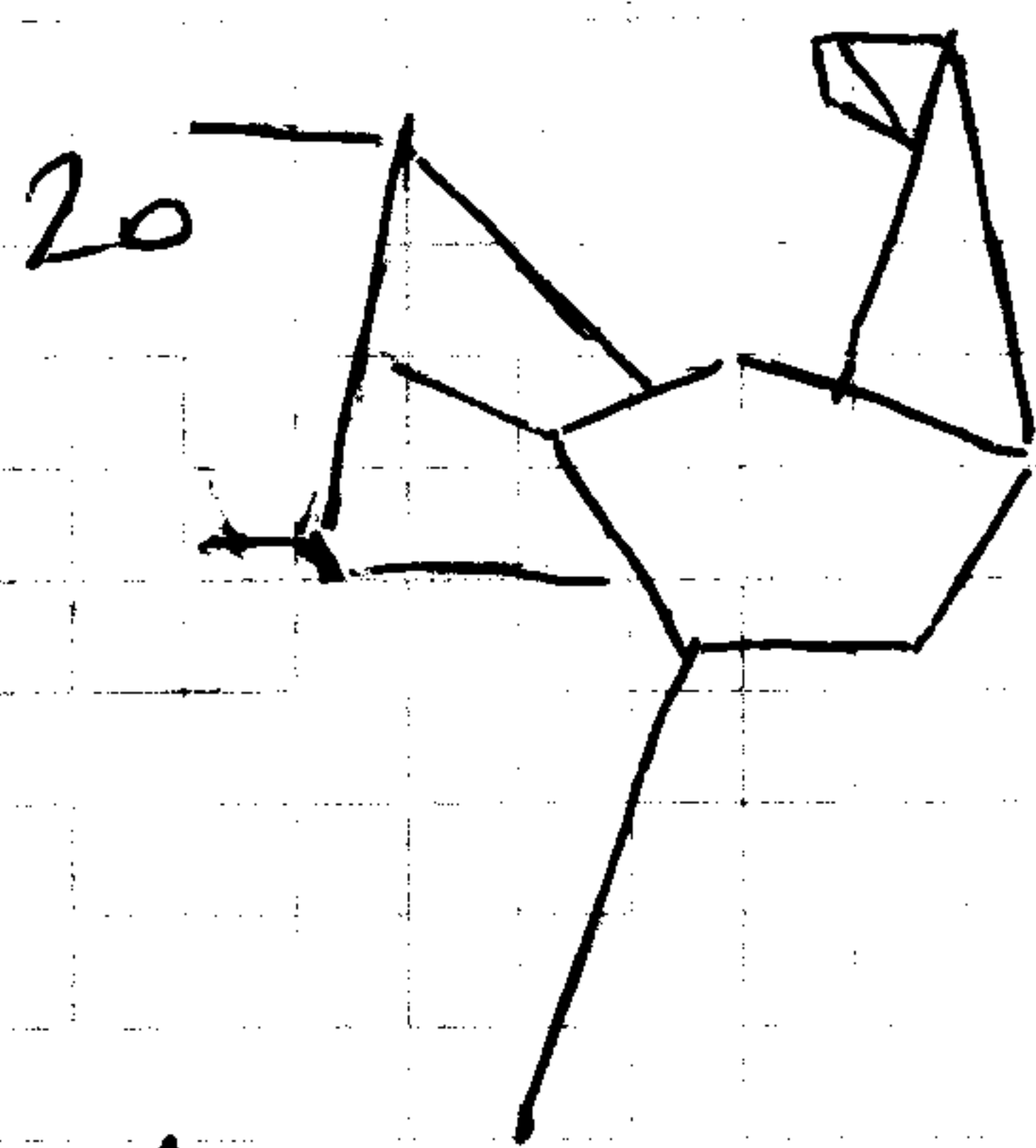
18

OUTSIDE
REVERSE-
FOLD



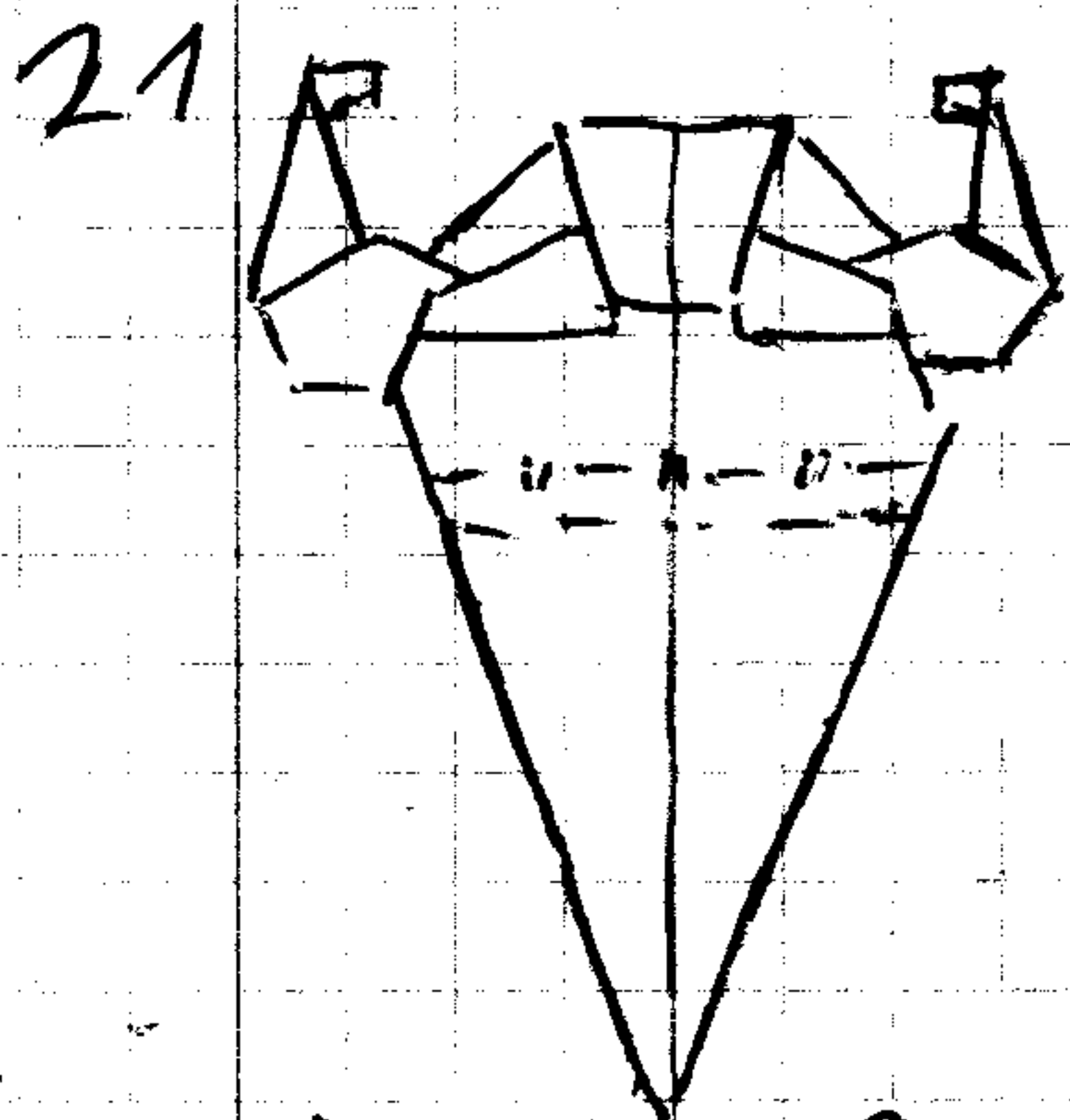
19

MOUNTAIN-FOLD
THE LAYER
BEHIND



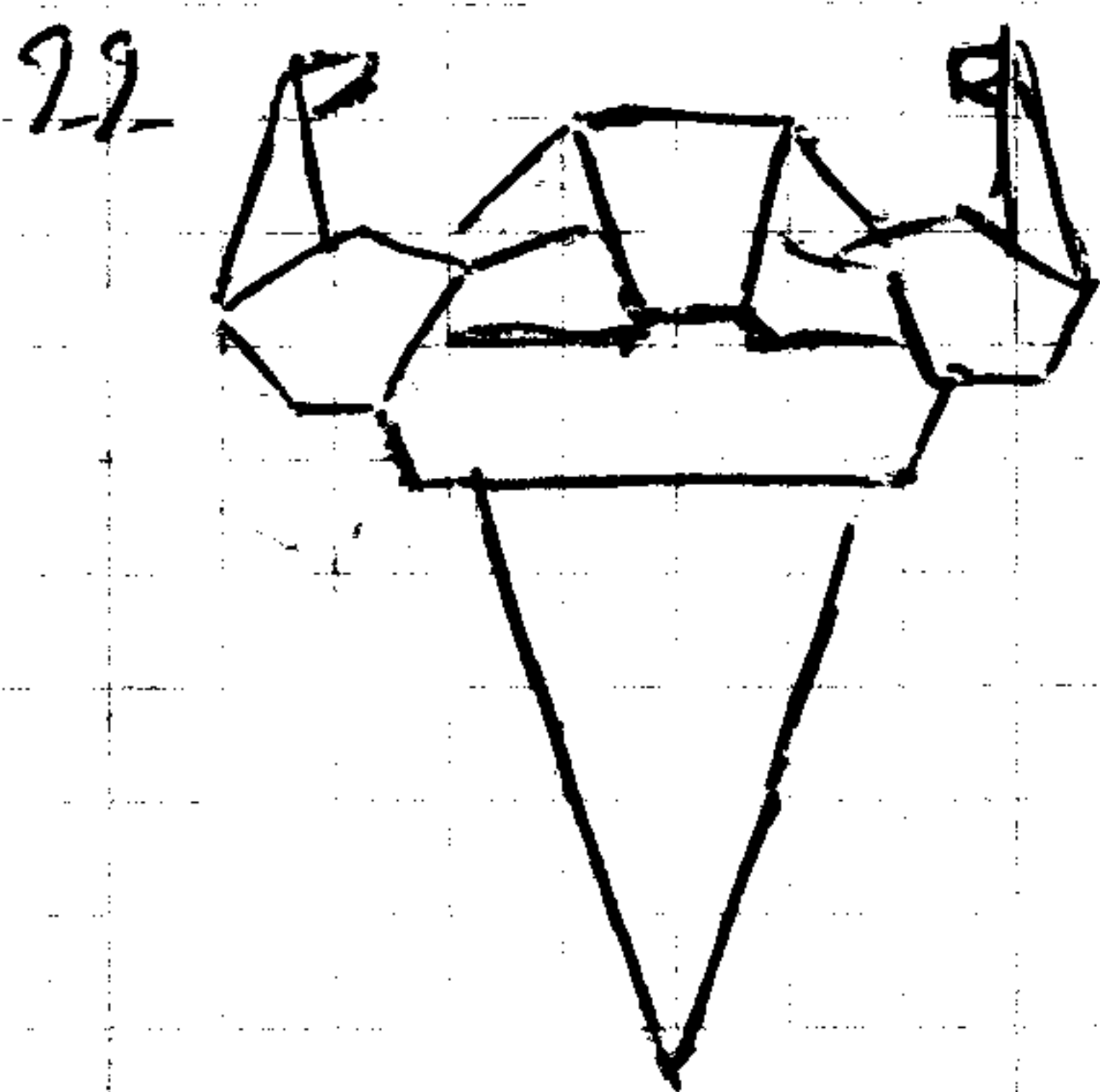
20

REPEAT 12-19
AT THE
LEFT



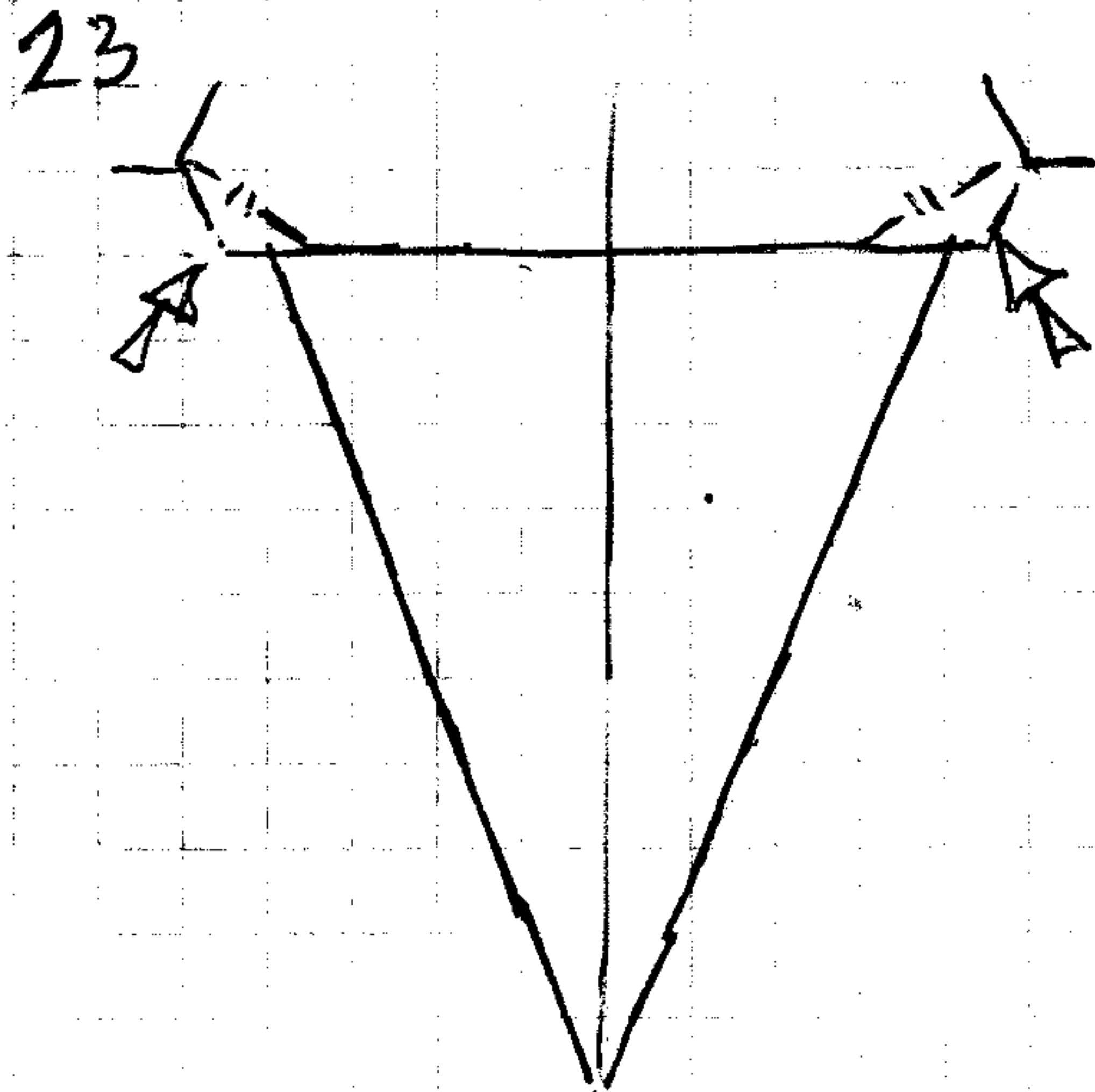
21

PLEAT 2
FLAPS
TOGETHER



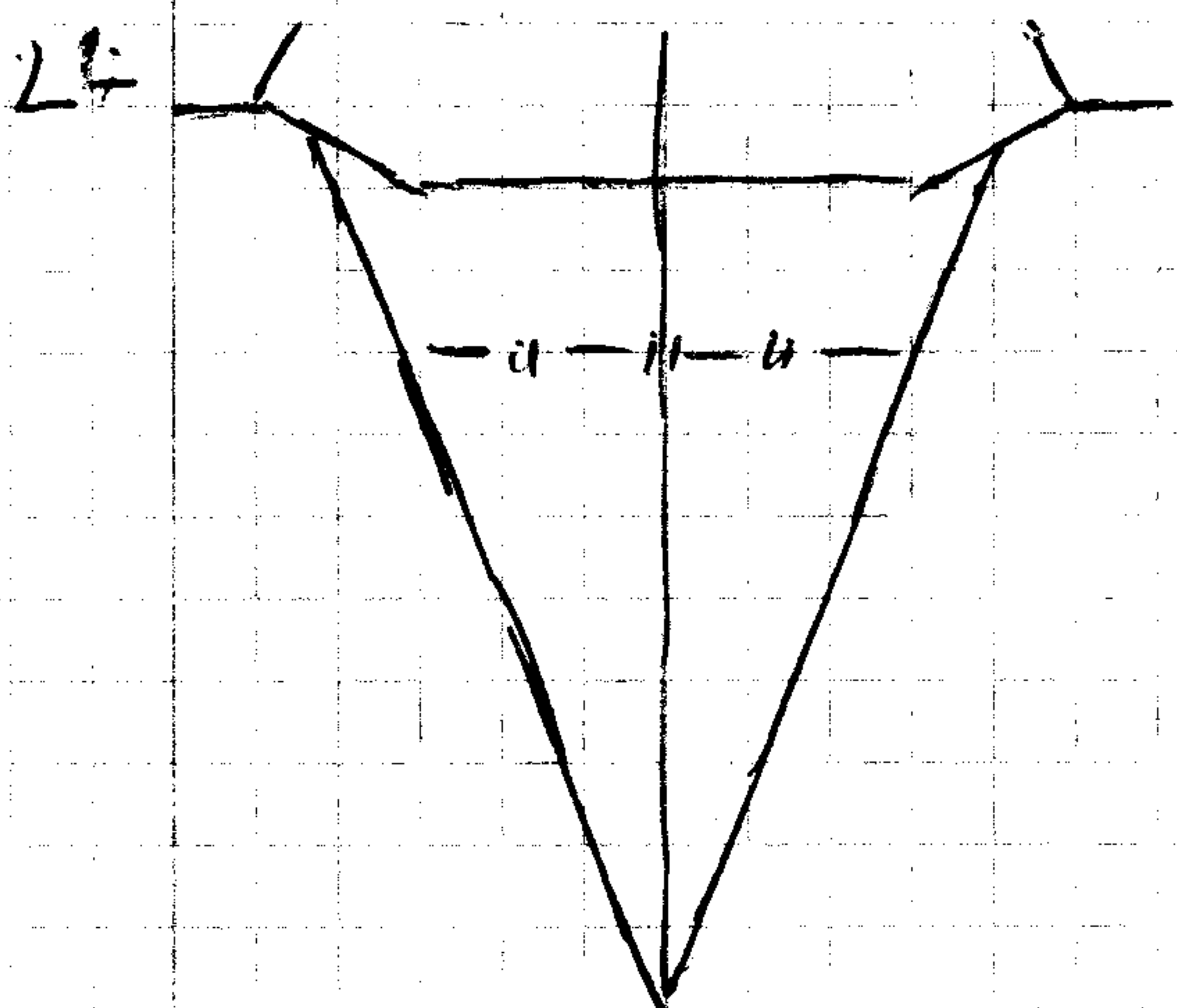
22

ZOOM IN



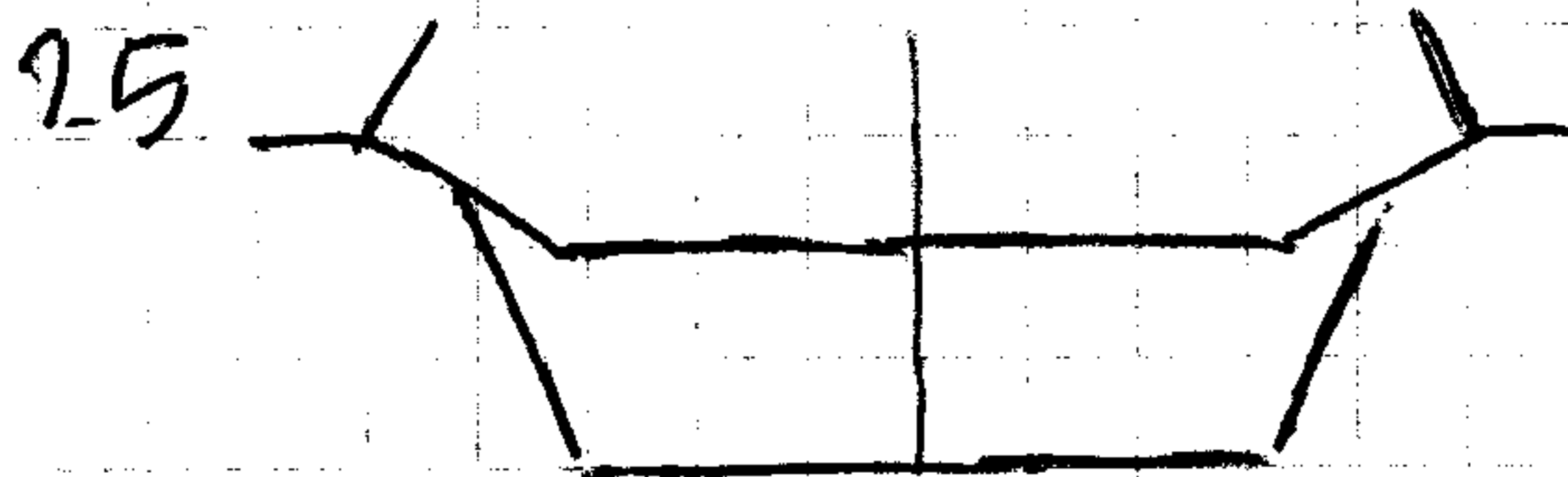
23

REVERSE-FOLD
THE CORNERS



24

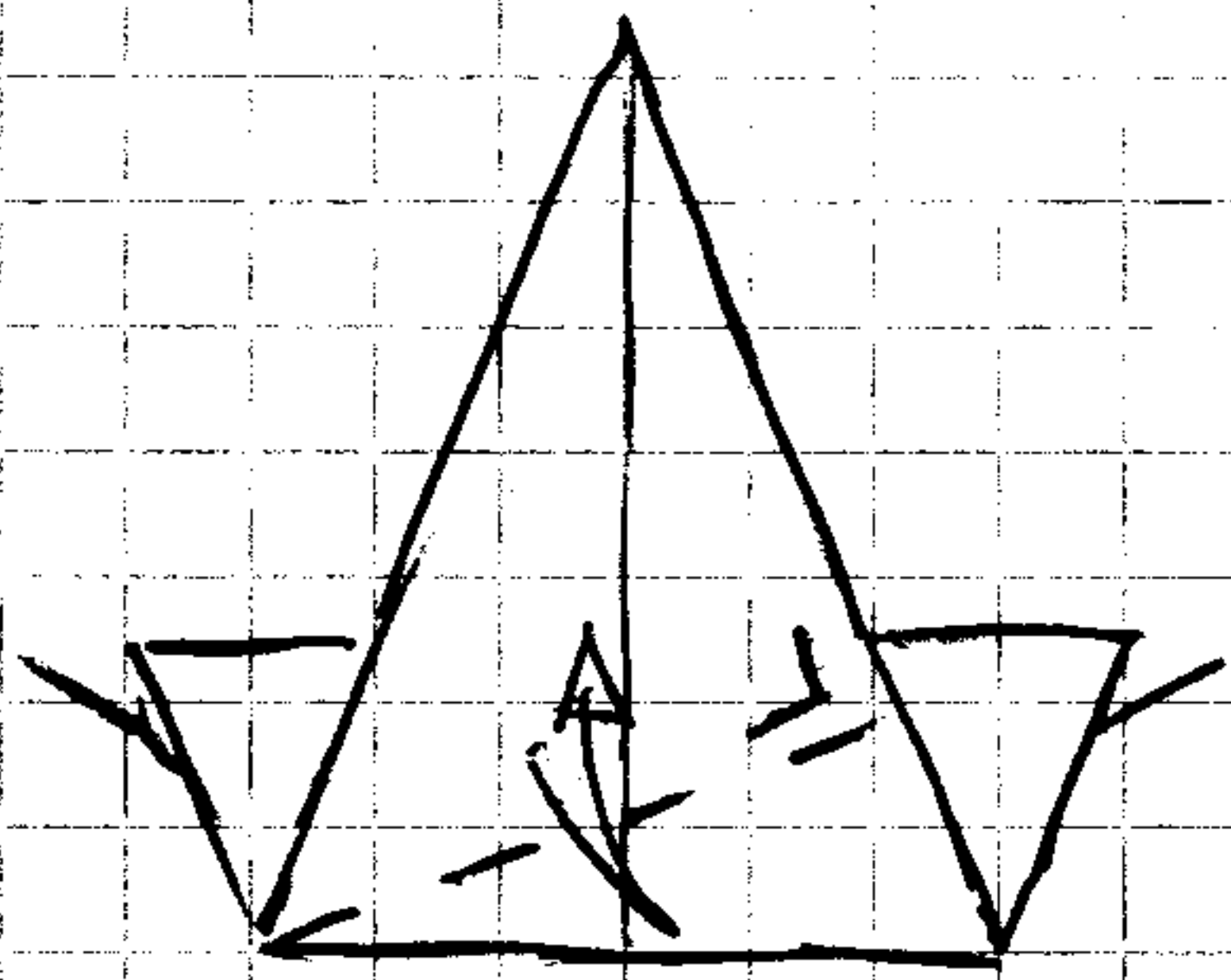
MOUNTAIN-FOLD
THE 2 FLAPS
TOGETHER



25

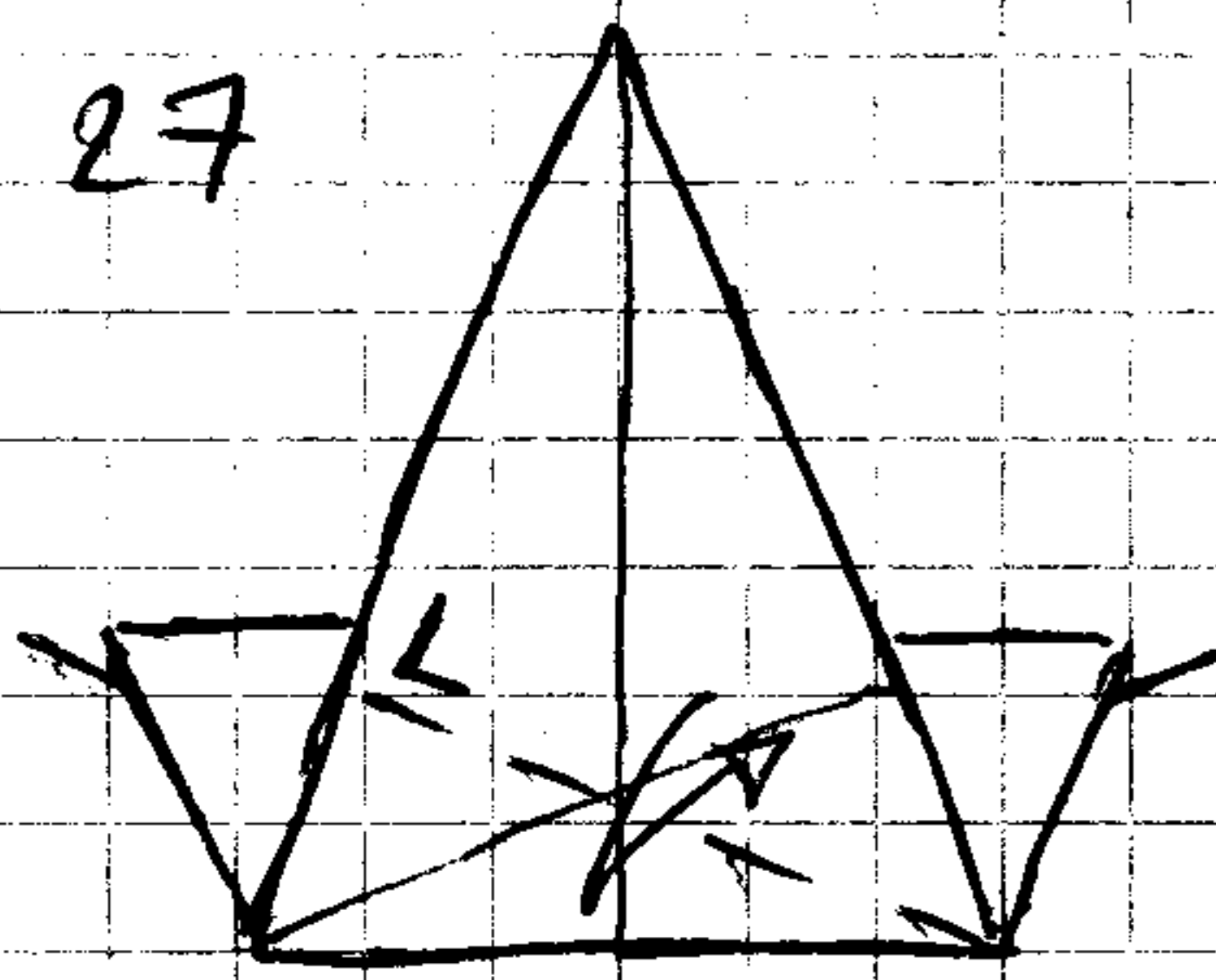
TURN OVER

26



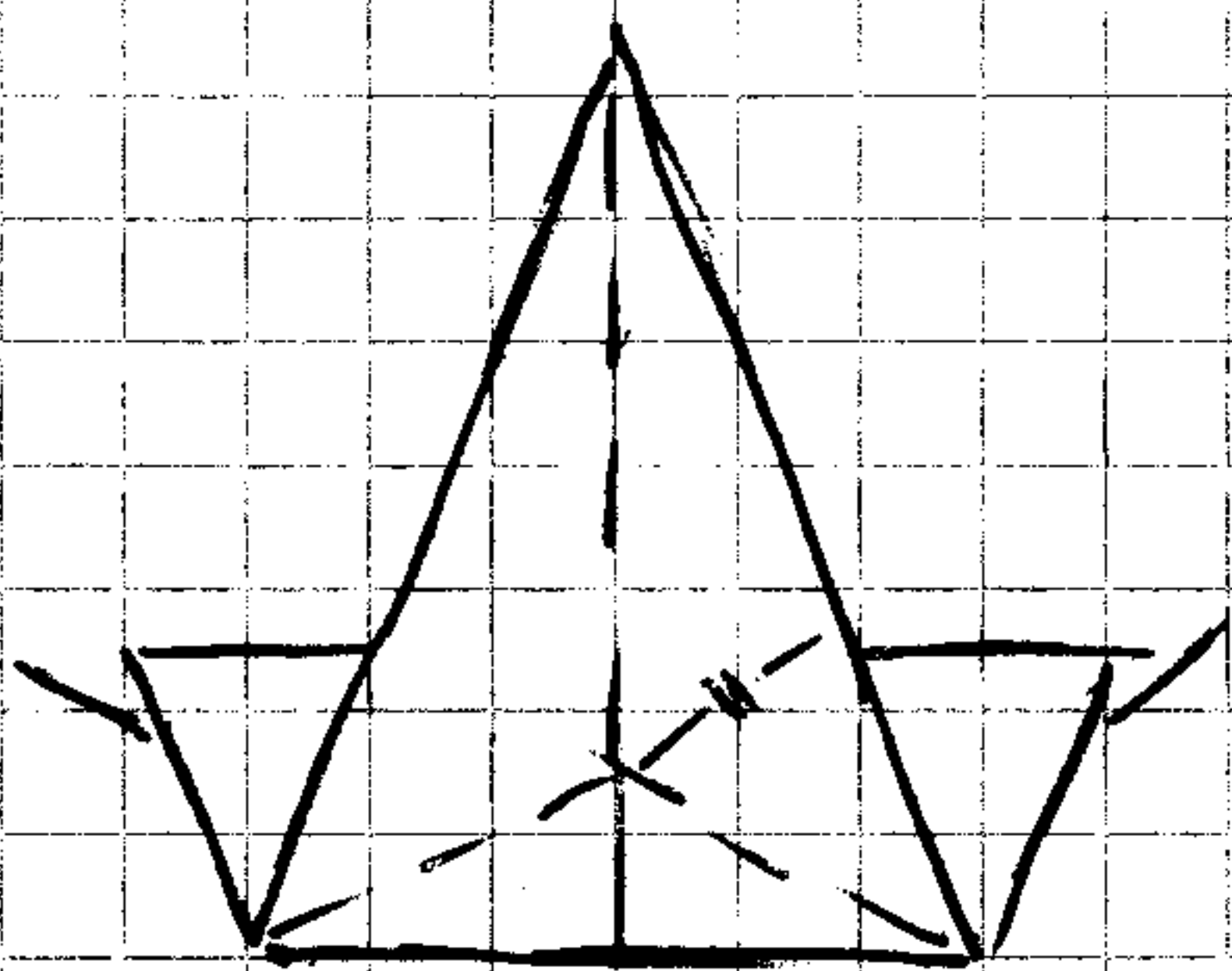
FOLD AND
UNFOLD

27



FOLD AND
UNFOLD

28



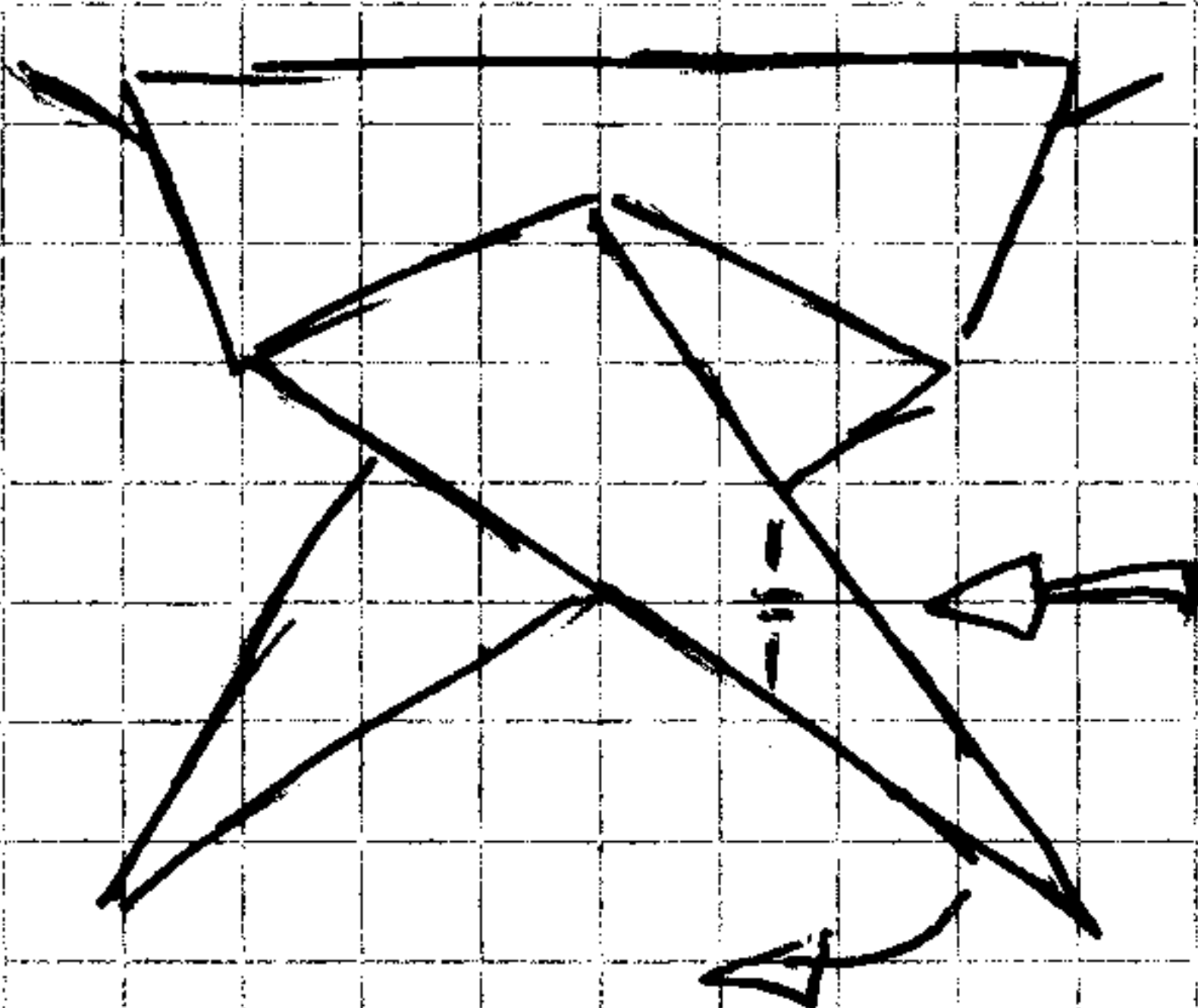
RABBIT-EAR
USING
EXISTING
CREASES

29



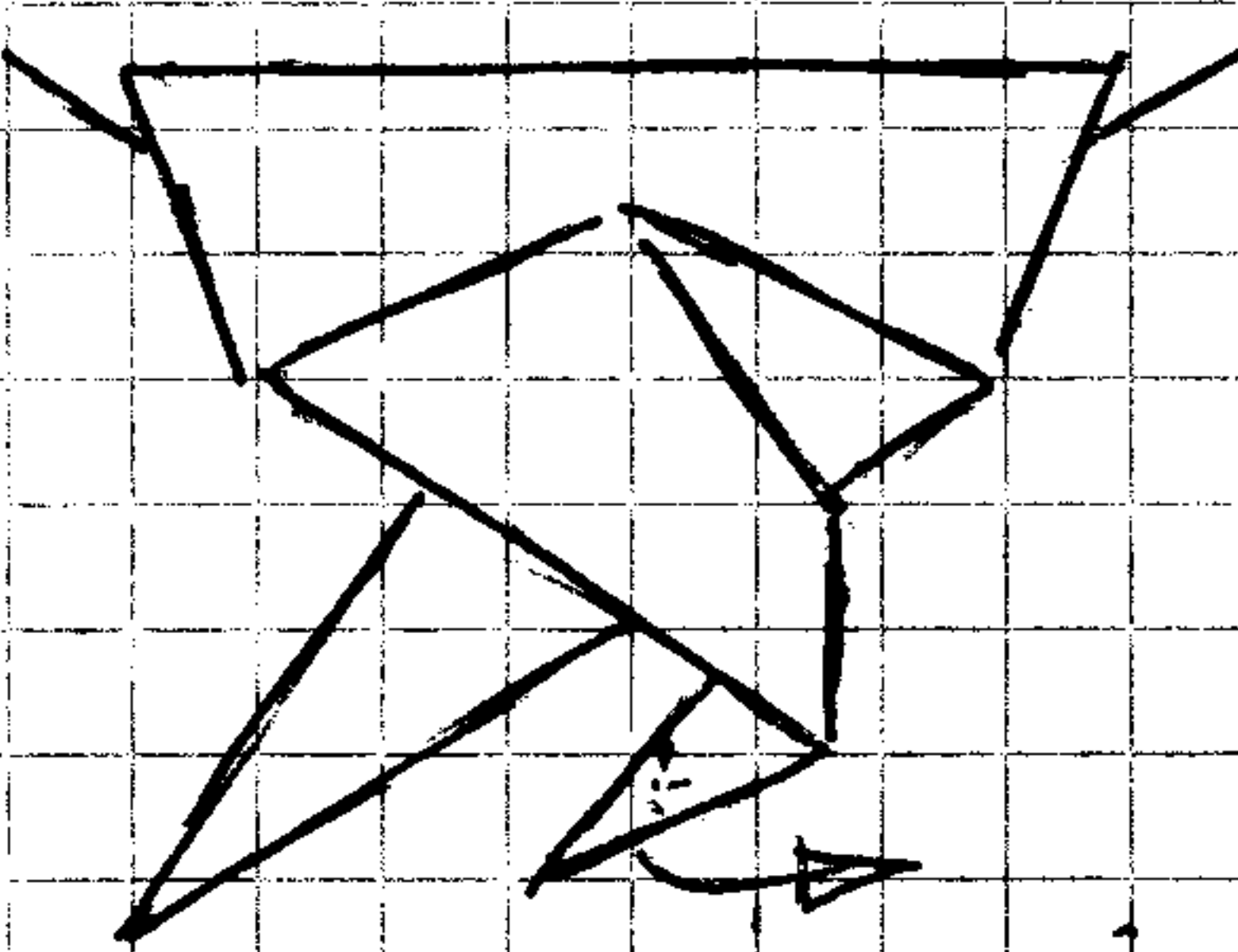
SWING THE
INNER POINT
TO THE LEFT

30



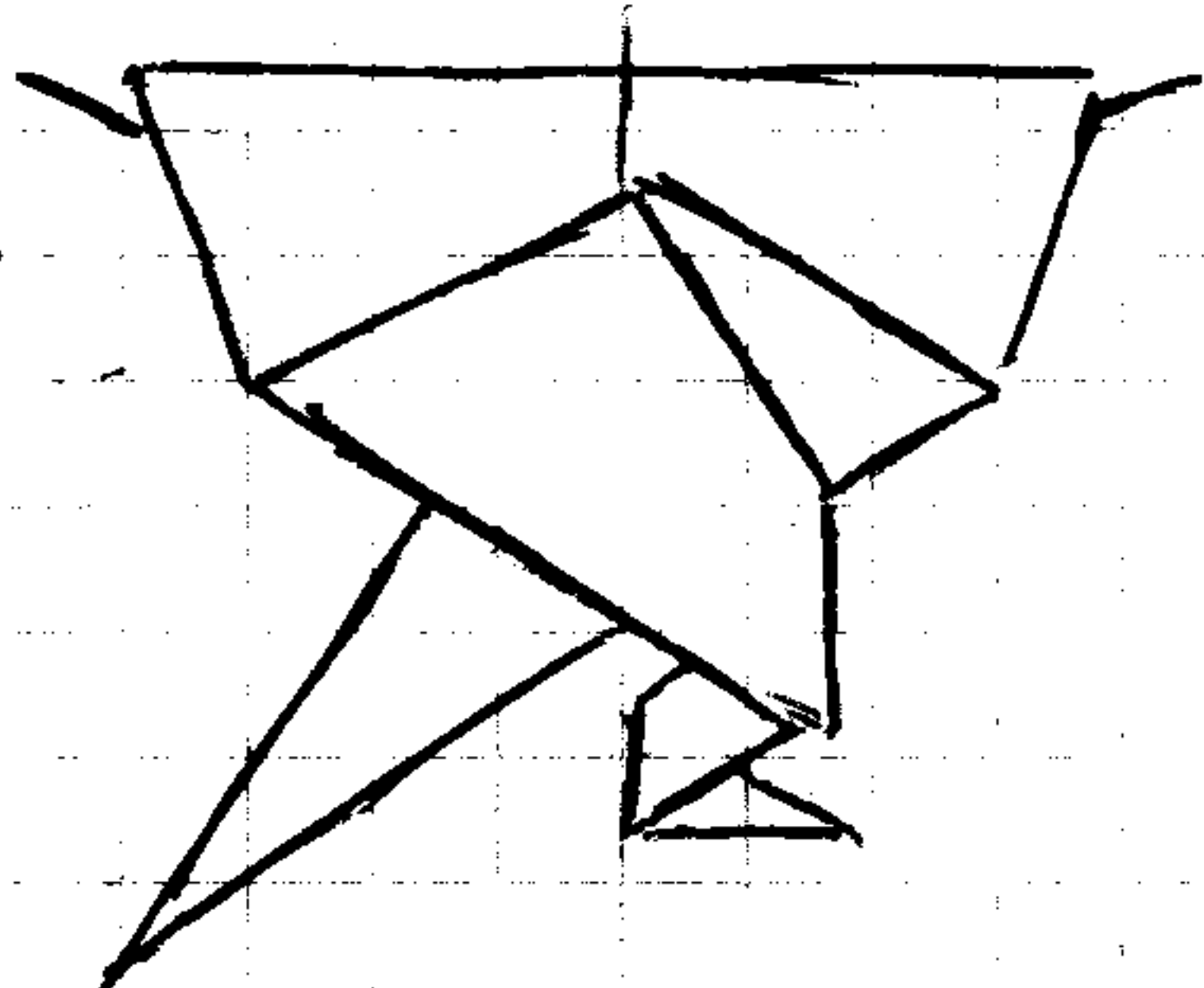
REVERSE-FOLD

31



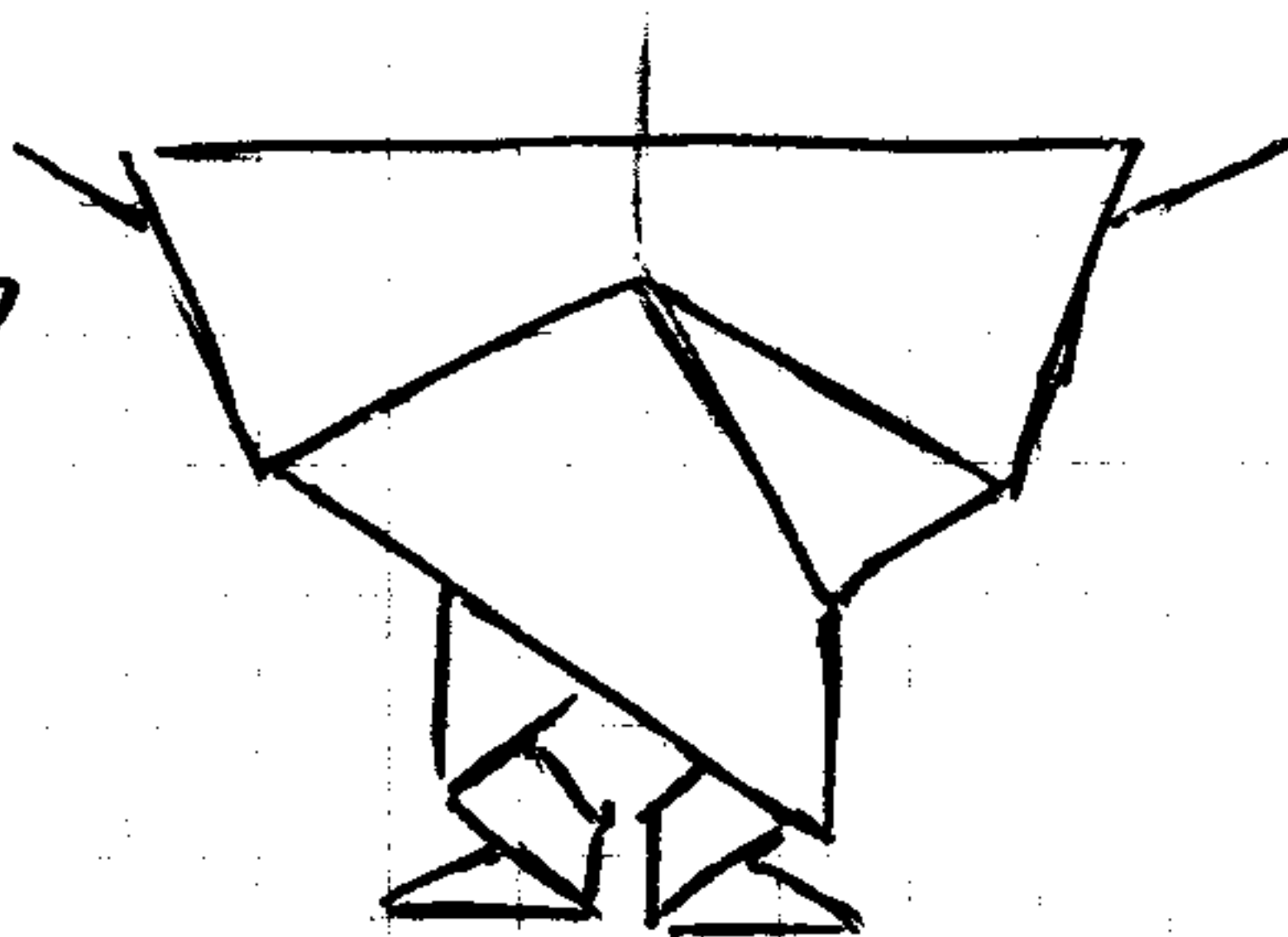
REVERSE-FOLD

32



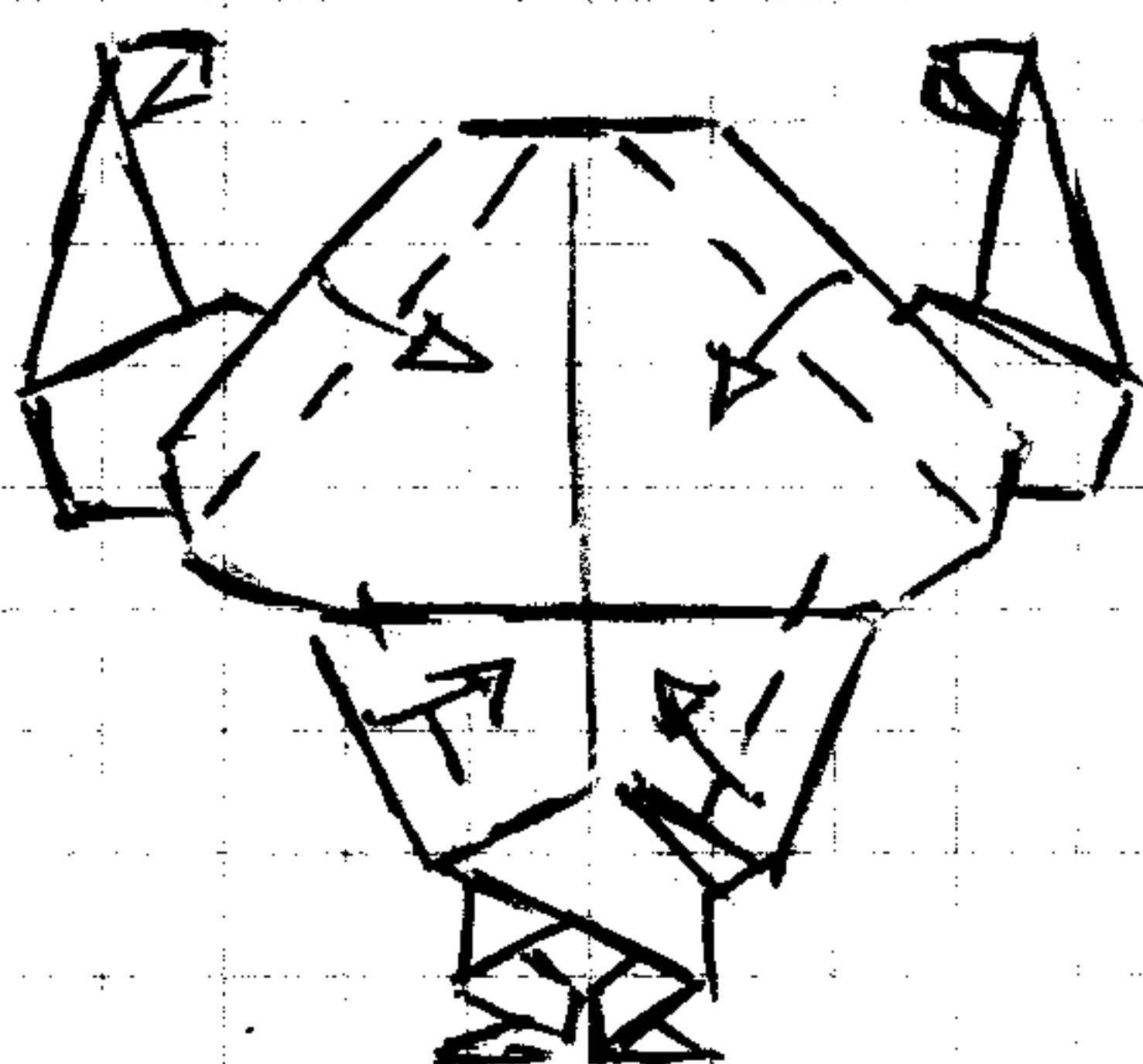
REPEAT 30-31
ON THE
LEFT

33



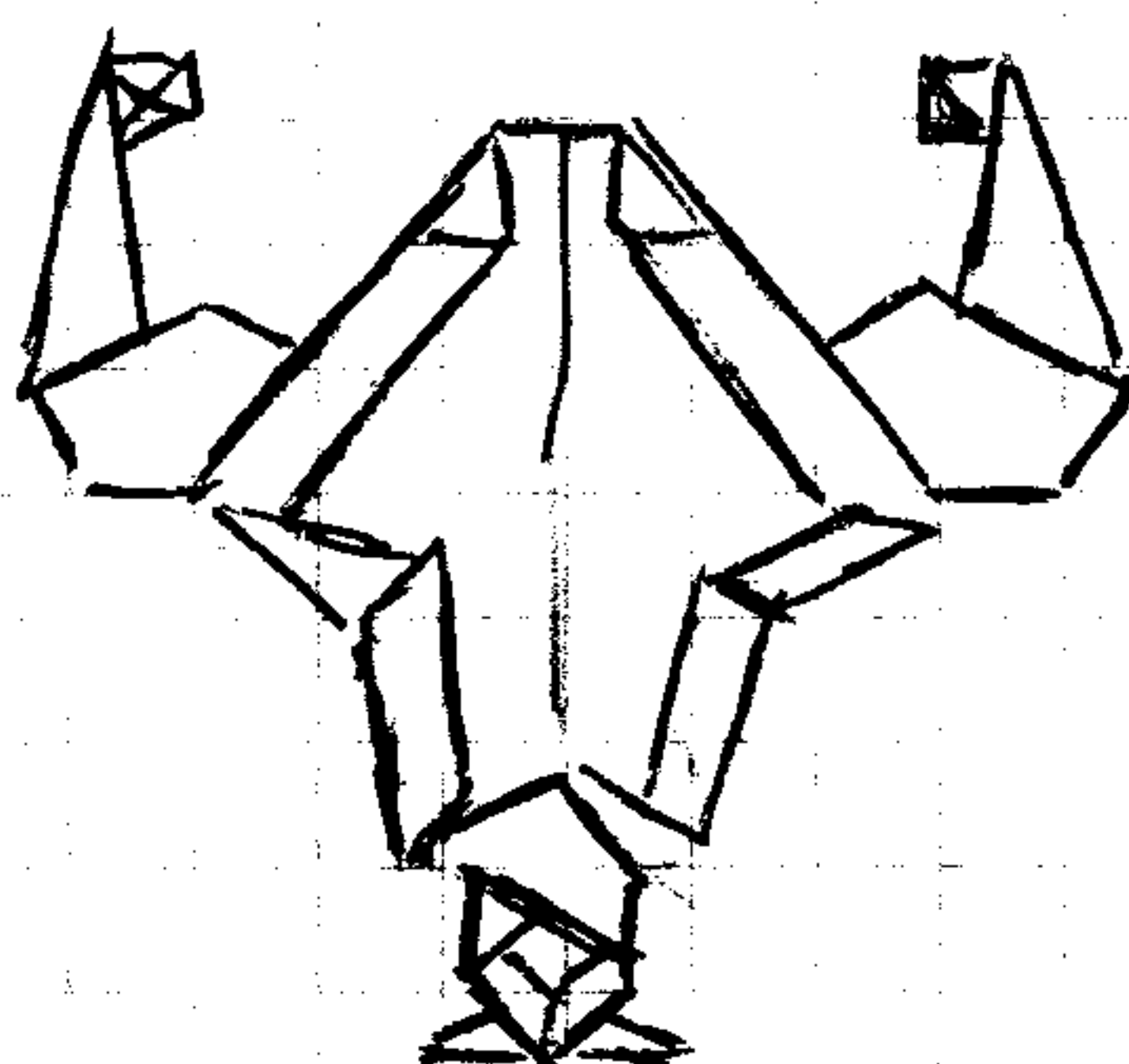
ZOOM OUT.

34

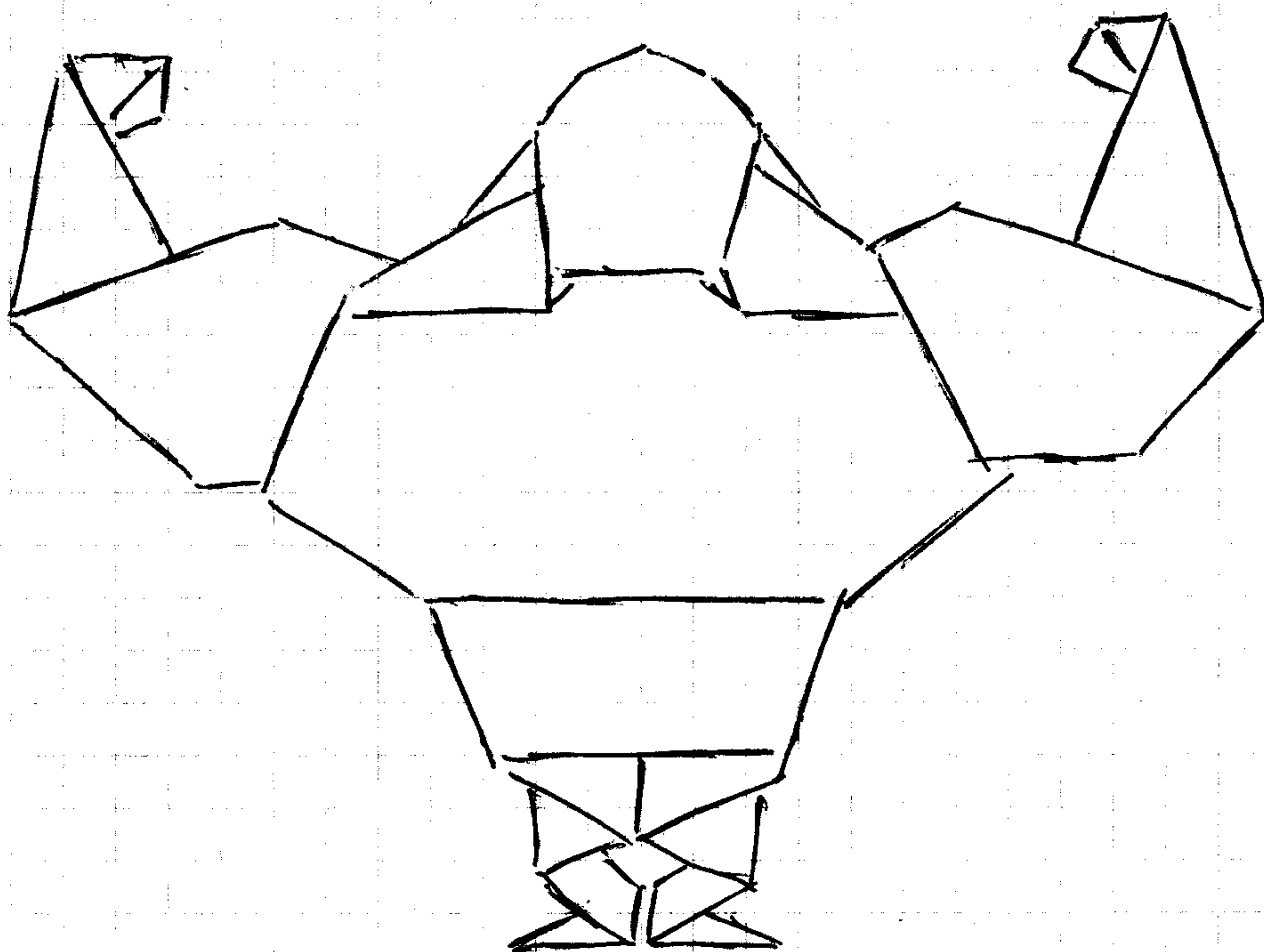


VALLEY-FOLD
THE EDGES
TO SHAPE
THE BODY

35



TURN OVER



FINISHED BODYBUILDER
WWW.TOMDEFOIRDT.BE