

13e Rivierenhofloop Deurne - 21 mei 2016

5 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|------------------------|----------------------|------|-----|-------|---------|-------|---------|
| 1 | 1065 | De Graef Yvan | Mechelen | 1980 | M | 1 | 0:17:37 | 17,03 | 3:31 |
| 2 | 1169 | Janssens Thys | Brasschaat | 1998 | M | 2 | 0:18:07 | 16,56 | 3:37 |
| 3 | 1133 | Geudens Jan | Wijnegem | 1957 | M | 3 | 0:18:50 | 15,93 | 3:46 |
| 4 | 936 | Op de Beeck Filip | Deurne | 1972 | M | 4 | 0:18:54 | 15,87 | 3:47 |
| 5 | 1194 | Vrebos Laurens | | 2001 | M | 5 | 0:19:09 | 15,67 | 3:50 |
| 6 | 909 | Rooms Dieter | Merksem | 1976 | M | 6 | 0:19:10 | 15,65 | 3:50 |
| 7 | 783 | Rotthier Thomas | Sint-Niklaas | 1985 | M | 7 | 0:19:13 | 15,61 | 3:51 |
| 8 | 1161 | Weijts Marco | | 1971 | M | 8 | 0:19:32 | 15,36 | 3:54 |
| 9 | 1139 | Roegiers Dirk | Hoevenen | 1965 | M | 9 | 0:19:40 | 15,25 | 3:56 |
| 10 | 1127 | Leyzen Dennis | | 1973 | M | 10 | 0:19:52 | 15,10 | 3:58 |
| 11 | 984 | Bidane Ilias | Wijnegem | 2001 | M | 11 | 0:20:00 | 15,00 | 4:00 |
| 12 | 434 | Allah Abdeslam Cain | Borgerhout (Antwerpe | 1975 | M | 12 | 0:20:03 | 14,96 | 4:01 |
| 13 | 732 | Modeste Izo | Deurne | 2003 | M | 13 | 0:20:09 | 14,89 | 4:02 |
| 14 | 1190 | Boelaert Evert | | 1991 | M | 14 | 0:20:10 | 14,88 | 4:02 |
| 15 | 749 | Hofmans Johan | Borsbeek | 1973 | M | 15 | 0:20:15 | 14,81 | 4:03 |
| 16 | 1159 | Materné Sam | Schoten | 2003 | M | 16 | 0:20:18 | 14,78 | 4:04 |
| 17 | 1187 | Mentinck Michiel | | 2003 | M | 17 | 0:20:28 | 14,66 | 4:06 |
| 18 | 733 | Keivanfar Parsa | Deurne | 2003 | M | 18 | 0:20:29 | 14,65 | 4:06 |
| 19 | 436 | Bachir Yachou | Deurne (Antwerpen) | 1992 | M | 19 | 0:20:30 | 14,63 | 4:06 |
| 20 | 1111 | Van Oudheusden Chantal | | 1975 | V | 1 | 0:20:31 | 14,62 | 4:06 |
| 21 | 819 | Hoornaert Dieter | Borgerhout | 1975 | M | 20 | 0:20:33 | 14,60 | 4:07 |
| 22 | 1151 | Helpsensteyn Dave | | 1977 | M | 21 | 0:20:36 | 14,56 | 4:07 |
| 23 | 1140 | Engels Wilfried | | 1969 | M | 22 | 0:20:54 | 14,35 | 4:11 |
| 24 | 1064 | Vanbroeckhoven Xandro | Wijnegem | 1997 | M | 23 | 0:21:18 | 14,08 | 4:16 |
| 25 | 1038 | Challouki Adil | | 2003 | M | 24 | 0:21:22 | 14,04 | 4:16 |
| 26 | 1146 | Van Dijck Kris | Deurne (Antwerpen) | 1981 | M | 25 | 0:21:28 | 13,98 | 4:18 |
| 27 | 1118 | Torfs Jasper | | 1991 | M | 26 | 0:21:37 | 13,88 | 4:19 |
| 28 | 727 | Saddik Alae | Borgerhout | 2000 | M | 27 | 0:21:47 | 13,77 | 4:21 |
| 29 | 795 | Van Daele Tom | Putte (NED) | 1980 | M | 28 | 0:21:50 | 13,74 | 4:22 |
| 30 | 1040 | Chennupati Sai | | | M | 29 | 0:21:50 | 13,74 | 4:22 |
| 31 | 929 | Van de Wal Luc | Deurne | 1953 | M | 30 | 0:21:54 | 13,70 | 4:23 |
| 32 | 1147 | Van Raemdonck Kobe | Borsbeek (Antw.) | 2006 | M | 31 | 0:22:06 | 13,57 | 4:25 |
| 33 | 723 | Azahaf Amine | Antwerpen | 1999 | M | 32 | 0:22:15 | 13,48 | 4:27 |
| 34 | 966 | Goris Marc | Vosselaar | 1964 | M | 33 | 0:22:32 | 13,31 | 4:30 |
| 35 | 433 | Guler Nuri | Berchem (Antwerpen) | 1982 | M | 34 | 0:22:41 | 13,23 | 4:32 |
| 36 | 1176 | Michelet D. | Deurne (Antwerpen) | 1978 | V | 2 | 0:22:47 | 13,17 | 4:33 |
| 37 | 920 | Vermeiren Anina | Antwerpen | 2001 | V | 3 | 0:22:48 | 13,16 | 4:34 |
| 38 | 1105 | Caers Paul | Mortsel | 1967 | M | 35 | 0:22:48 | 13,16 | 4:34 |
| 39 | 1117 | Aerts Sam | | 1993 | M | 36 | 0:22:53 | 13,11 | 4:35 |
| 40 | 1102 | Verbruggen Elise | Nijlen | 2002 | V | 4 | 0:22:54 | 13,10 | 4:35 |
| 41 | 976 | Horemans Thomas | | 2001 | M | 37 | 0:22:55 | 13,09 | 4:35 |
| 42 | 831 | El Ouacizani Ouahib | Borgerhout | 2002 | V | 5 | 0:22:56 | 13,08 | 4:35 |
| 43 | 761 | Antonio Gerry | Deurne | 2002 | M | 38 | 0:23:04 | 13,01 | 4:37 |
| 44 | 969 | Goedbloed Xander | Deurne (Antwerpen) | 2005 | M | 39 | 0:23:07 | 12,98 | 4:37 |
| 45 | 1181 | Boden Ellen | | 1991 | V | 6 | 0:23:10 | 12,95 | 4:38 |
| 46 | 1196 | V Paulina | | 1988 | V | 7 | 0:23:12 | 12,93 | 4:38 |
| 47 | 711 | Mertens Siebe | Merksem | 2004 | M | 40 | 0:23:15 | 12,90 | 4:39 |
| 48 | 1142 | Uffelen Marc Van | | 1966 | M | 41 | 0:23:16 | 12,89 | 4:39 |
| 49 | 1004 | Francken Arjan | | | M | 42 | 0:23:18 | 12,88 | 4:40 |
| 50 | 845 | Leijssen Rik | Deurne | 2006 | M | 43 | 0:23:20 | 12,86 | 4:40 |
| 51 | 796 | Vinck Ellen | Putte (NED) | 1984 | V | 8 | 0:23:26 | 12,80 | 4:41 |
| 52 | 817 | Rottiers Walter | Deurne | 1954 | M | 44 | 0:23:27 | 12,79 | 4:41 |
| 53 | 844 | Klougbo Cédric | Deurne | 2005 | M | 45 | 0:23:28 | 12,78 | 4:42 |
| 54 | 1083 | Bokisova Lenka | | 1986 | V | 9 | 0:23:30 | 12,77 | 4:42 |
| 55 | 1009 | Denckers Klaartje | | | V | 10 | 0:23:32 | 12,75 | 4:42 |
| 56 | 1122 | Haverhals Reinhilde | | 1984 | V | 11 | 0:23:42 | 12,66 | 4:44 |
| 57 | 469 | De Pooter Chris | Hove | 1965 | V | 12 | 0:23:54 | 12,55 | 4:47 |
| 58 | 968 | Goedbloed Frank | Deurne (Antwerpen) | 1971 | M | 46 | 0:23:55 | 12,54 | 4:47 |
| 59 | 1180 | Caethoven Annick | | 1967 | V | 13 | 0:24:02 | 12,48 | 4:48 |
| 60 | 435 | Munoi Villanueva Nasr | Mechelen | 1984 | M | 47 | 0:24:04 | 12,47 | 4:49 |
| 61 | 1070 | Van Orshoven Nicolas | | 1991 | M | 48 | 0:24:09 | 12,42 | 4:50 |
| 62 | 878 | Espinola Juan | Ekeren | 1993 | M | 49 | 0:24:15 | 12,37 | 4:51 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|----------------------|------|-----|-------|---------|-------|---------|
| 63 | 821 | Mannaerts Willy | Deurne | 1960 | M | 50 | 0:24:24 | 12,30 | 4:53 |
| 64 | 951 | Janssens Ellen | Deurne | 2000 | V | 14 | 0:24:24 | 12,30 | 4:53 |
| 65 | 1116 | Tichko Serge | | 1967 | M | 51 | 0:24:24 | 12,30 | 4:53 |
| 66 | 877 | Boeye Stien | Wilrijk | 1991 | V | 15 | 0:24:27 | 12,27 | 4:53 |
| 67 | 885 | Boeye Luc | Wilrijk | 1962 | M | 52 | 0:24:28 | 12,26 | 4:54 |
| 68 | 1170 | Schoofs Freddy | Deurne (Antwerpen) | 1963 | M | 53 | 0:24:32 | 12,23 | 4:54 |
| 69 | 765 | Van Lierde Indy | Merksem | 1999 | M | 54 | 0:24:39 | 12,17 | 4:56 |
| 70 | 431 | Van Rompaey Alexander | Borgerhout (Antwerpe | 2001 | M | 55 | 0:24:46 | 12,11 | 4:57 |
| 71 | 986 | El Bekkaoui Hicham | Deurne (Antwerpen) | 1982 | M | 56 | 0:24:47 | 12,10 | 4:57 |
| 72 | 977 | Horemans Emilie | | 2004 | V | 16 | 0:24:48 | 12,10 | 4:58 |
| 73 | 792 | Simons Jan | Schoten | 1961 | M | 57 | 0:24:50 | 12,08 | 4:58 |
| 74 | 709 | Mestdagh Walter | Hoboken | 1961 | M | 58 | 0:24:54 | 12,05 | 4:59 |
| 75 | 477 | van Der Aa Thomas | Deurne (Antwerpen) | 2003 | M | 59 | 0:25:14 | 11,89 | 5:03 |
| 76 | 722 | Addamouss Younes | Borgerhout | 2001 | M | 60 | 0:25:14 | 11,89 | 5:03 |
| 77 | 957 | Benjamin Morgan | Antwerpen | 1980 | M | 61 | 0:25:18 | 11,86 | 5:04 |
| 78 | 941 | Barrett Finin | Wilrijk | 2002 | M | 62 | 0:25:23 | 11,82 | 5:05 |
| 79 | 1148 | Van Raemdonck Florian | Borsbeek (Antw.) | 2008 | M | 63 | 0:25:32 | 11,75 | 5:06 |
| 80 | 1149 | Van Raemdonck Dennis | Borsbeek (Antw.) | 1978 | M | 64 | 0:25:33 | 11,74 | 5:07 |
| 81 | 828 | Ben Siamar Mohamed | Borgerhout | 2001 | M | 65 | 0:25:33 | 11,74 | 5:07 |
| 82 | 824 | El Marzani Chadi | Antwerpen | 2001 | V | 17 | 0:25:34 | 11,73 | 5:07 |
| 83 | 1046 | Gorp Don Van | | 1975 | M | 66 | 0:25:40 | 11,69 | 5:08 |
| 84 | 871 | Van Herck Wim | Borsbeek | 1962 | M | 67 | 0:25:43 | 11,67 | 5:09 |
| 85 | 716 | Rosseels Marcel | Kapellen | 1975 | M | 68 | 0:25:48 | 11,63 | 5:10 |
| 86 | 1045 | Van Gorp Nathan | | 2003 | M | 69 | 0:25:50 | 11,61 | 5:10 |
| 87 | 939 | Barrett Kit | Wilrijk | 2000 | M | 70 | 0:25:51 | 11,61 | 5:10 |
| 88 | 945 | Cle Ann | Wommelgem | 1963 | V | 18 | 0:25:55 | 11,58 | 5:11 |
| 89 | 935 | Sneijders Peter | Borsbeek | 1966 | M | 71 | 0:25:57 | 11,56 | 5:11 |
| 90 | 438 | Van Heylen Johnny | Brasschaat | 1978 | M | 72 | 0:26:16 | 11,42 | 5:15 |
| 91 | 985 | Van den Cloot Cathy | Borgerhout (Antwerpe | 1973 | V | 19 | 0:26:17 | 11,41 | 5:15 |
| 92 | 1155 | Cluppens Rudi | Antwerpen | 1961 | M | 73 | 0:26:19 | 11,40 | 5:16 |
| 93 | 1144 | Boden Ann | Schoten | 1980 | V | 20 | 0:26:27 | 11,34 | 5:17 |
| 94 | 818 | Cruyt Phaedra | Leuven | 1992 | V | 21 | 0:26:30 | 11,32 | 5:18 |
| 95 | 1124 | Vanbrabant Jeroen | | 1956 | M | 74 | 0:26:32 | 11,31 | 5:18 |
| 96 | 967 | Clymans Mia | Vosselaar | 1966 | V | 22 | 0:26:32 | 11,31 | 5:18 |
| 97 | 899 | Spiering Elly | Deurne | 1994 | V | 23 | 0:26:35 | 11,29 | 5:19 |
| 98 | 788 | Jordan Larry | Middelkerke | 1966 | M | 75 | 0:26:42 | 11,24 | 5:20 |
| 99 | 726 | Van Opstal Acquitaine | Antwerpen | 1998 | V | 24 | 0:26:45 | 11,21 | 5:21 |
| 100 | 962 | Maes Patrick | Herent | 1965 | M | 76 | 0:26:46 | 11,21 | 5:21 |
| 101 | 950 | Peeten Andreas | Deurne | 2005 | M | 77 | 0:26:55 | 11,15 | 5:23 |
| 102 | 927 | Stempher Harrie | Eindhoven (NED) | 1950 | M | 78 | 0:27:01 | 11,10 | 5:24 |
| 103 | 1130 | Buis Helena | | 1970 | V | 25 | 0:27:03 | 11,09 | 5:25 |
| 104 | 781 | De Clercq Jelle | Deurne | 2003 | M | 79 | 0:27:17 | 11,00 | 5:27 |
| 105 | 810 | Hoste Philippe | Borgerhout | 1962 | M | 80 | 0:27:18 | 10,99 | 5:28 |
| 106 | 975 | Horemans Kasia | | 1974 | V | 26 | 0:27:24 | 10,95 | 5:29 |
| 107 | 1053 | Slabbaert Ben | | 1977 | M | 81 | 0:27:31 | 10,90 | 5:30 |
| 108 | 1150 | Vorselmans Kim | | 1978 | V | 27 | 0:27:31 | 10,90 | 5:30 |
| 109 | 947 | Annous Loay | Antwerpen | 1991 | M | 82 | 0:27:34 | 10,88 | 5:31 |
| 110 | 1168 | Gabriels Bob | | 1974 | M | 83 | 0:27:35 | 10,88 | 5:31 |
| 111 | 849 | Meynendonckx Wouter | Deurne | 1986 | M | 84 | 0:27:37 | 10,86 | 5:31 |
| 112 | 1106 | Mertens Robert | Antwerpen | 1952 | M | 85 | 0:27:37 | 10,86 | 5:31 |
| 113 | 747 | Beke Sofie | Ekeren | 1988 | V | 28 | 0:27:41 | 10,84 | 5:32 |
| 114 | 1197 | Hoof Corinne Van | | 1973 | V | 29 | 0:27:49 | 10,78 | 5:34 |
| 115 | 989 | Presinsky Robert | Sint-Lievens-Houtem | 1982 | M | 86 | 0:27:50 | 10,78 | 5:34 |
| 116 | 1114 | Berardocco Elio | Deurne (Antwerpen) | 1974 | M | 87 | 0:27:50 | 10,78 | 5:34 |
| 117 | 1198 | Serneels Els | | 1972 | V | 30 | 0:27:50 | 10,78 | 5:34 |
| 118 | 439 | Belusic Zeljka | Antwerpen | 1984 | V | 31 | 0:27:54 | 10,75 | 5:35 |
| 119 | 914 | Van de Meutter Arjen | Borsbeek | 2007 | M | 88 | 0:27:57 | 10,73 | 5:35 |
| 120 | 1174 | Crauwels Ann | Lier | 1965 | V | 32 | 0:27:57 | 10,73 | 5:35 |
| 121 | 970 | Beets Gert | Deurne (Antwerpen) | 1971 | M | 89 | 0:27:58 | 10,73 | 5:36 |
| 122 | 917 | Bryon Kris | Schilde | 1983 | M | 90 | 0:27:59 | 10,72 | 5:36 |
| 123 | 876 | Nuyts Kris | Deurne | 1971 | V | 33 | 0:27:59 | 10,72 | 5:36 |
| 124 | 712 | Mertens Robbe | Merksem | 2000 | M | 91 | 0:28:02 | 10,70 | 5:36 |
| 125 | 898 | Verheyen Kirsten | Wommelgem | 1978 | V | 34 | 0:28:05 | 10,68 | 5:37 |
| 126 | 897 | Aerts Jesper | Wommelgem | 2006 | M | 92 | 0:28:06 | 10,68 | 5:37 |
| 127 | 987 | El Bekkaoui Youssef | Deurne (Antwerpen) | 1988 | M | 93 | 0:28:08 | 10,66 | 5:38 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|--------------------------|----------------------|------|-----|-------|---------|-------|---------|
| 128 | 820 | Genua Ana | Antwerp | 1986 | V | 35 | 0:28:10 | 10,65 | 5:38 |
| 129 | 1175 | Verbruggen M. | Lier | 2000 | M | 94 | 0:28:22 | 10,58 | 5:40 |
| 130 | 757 | Tahri Abdelhamid | Borgerhout | 2002 | M | 95 | 0:28:23 | 10,57 | 5:41 |
| 131 | 895 | Kersmaekers Robert | Burcht | 1951 | M | 96 | 0:28:25 | 10,56 | 5:41 |
| 132 | 933 | Martens Joeri | Hoevenen | 1989 | M | 97 | 0:28:28 | 10,54 | 5:42 |
| 133 | 906 | Meeus Walter | Oud-Turnhout | 1961 | M | 98 | 0:28:29 | 10,53 | 5:42 |
| 134 | 780 | Van Oppens Franky | Antwerpen | 1969 | M | 99 | 0:28:32 | 10,51 | 5:42 |
| 135 | 931 | Vandenberghre Andre | Ekeren | 1966 | M | 100 | 0:28:36 | 10,49 | 5:43 |
| 136 | 763 | Manuel Van hal | Deurne | 1974 | M | 101 | 0:28:36 | 10,49 | 5:43 |
| 137 | 1107 | Suykens Leen | Borsbeek (Antw.) | 1981 | V | 36 | 0:28:37 | 10,48 | 5:43 |
| 138 | 823 | Boulakhrif Mohamed Amine | Antwerpen | 2002 | M | 102 | 0:28:43 | 10,45 | 5:45 |
| 139 | 1076 | Cleirens Andres | | 2006 | M | 103 | 0:28:43 | 10,45 | 5:45 |
| 140 | 1077 | Cleirens Chris | | 1972 | M | 104 | 0:28:43 | 10,45 | 5:45 |
| 141 | 1156 | Van Steirteghem Dave | Schoten | 1988 | M | 105 | 0:28:44 | 10,44 | 5:45 |
| 142 | 1157 | Leon Anneleen | Deurne (Antwerpen) | 1987 | V | 37 | 0:28:44 | 10,44 | 5:45 |
| 143 | 1048 | Paeschuys Cary | | 1960 | V | 38 | 0:28:45 | 10,43 | 5:45 |
| 144 | 901 | Janssens Jacky | Berchem | 1950 | M | 106 | 0:28:46 | 10,43 | 5:45 |
| 145 | 1101 | Houven. Sofie | Nijlen | 1970 | V | 39 | 0:28:46 | 10,43 | 5:45 |
| 146 | 730 | Barbaix Eveline | Westmalle | 2001 | V | 40 | 0:28:46 | 10,43 | 5:45 |
| 147 | 1137 | Pot Michele | Borsbeek (Antw.) | 1982 | V | 41 | 0:28:46 | 10,43 | 5:45 |
| 148 | 1089 | De Volder Tibby | Borgerhout (Antwerpe | 1989 | V | 42 | 0:28:47 | 10,42 | 5:45 |
| 149 | 1134 | Guffens Maxime | Borsbeek (Antw.) | 2006 | V | 43 | 0:28:48 | 10,42 | 5:46 |
| 150 | 954 | Vermant Greten | Puurs | 1987 | V | 44 | 0:28:48 | 10,42 | 5:46 |
| 151 | 1135 | Pot Pierre | Deurne (Antwerpen) | 1957 | M | 107 | 0:28:48 | 10,42 | 5:46 |
| 152 | 1092 | Helsen Styn | Antwerpen | | M | 108 | 0:28:49 | 10,41 | 5:46 |
| 153 | 1090 | Van Den Brande Martijn | Borgerhout (Antwerpe | 1982 | M | 109 | 0:28:50 | 10,40 | 5:46 |
| 154 | 1136 | Guffens Thierry | Borsbeek (Antw.) | 1978 | M | 110 | 0:28:50 | 10,40 | 5:46 |
| 155 | 913 | Van de Meutter Ken | Borsbeek | 1974 | M | 111 | 0:28:51 | 10,40 | 5:46 |
| 156 | 918 | Bryon Robbe | Schilde | 2007 | M | 112 | 0:28:51 | 10,40 | 5:46 |
| 157 | 1158 | Temmerman Dorine | Berchem (Antwerpen) | 1988 | V | 45 | 0:28:53 | 10,39 | 5:47 |
| 158 | 1126 | Van Lier Stephane | | 1958 | M | 113 | 0:28:54 | 10,38 | 5:47 |
| 159 | 710 | Mertens Philip | Merksem | 1968 | M | 114 | 0:28:55 | 10,37 | 5:47 |
| 160 | 440 | Van Den Plas Ghita | Schilde | 1980 | V | 46 | 0:29:02 | 10,33 | 5:48 |
| 161 | 919 | Van der Velden Marjan | Antwerpen | 1979 | V | 47 | 0:29:03 | 10,33 | 5:49 |
| 162 | 1068 | B Sarah | | 1986 | V | 48 | 0:29:04 | 10,32 | 5:49 |
| 163 | 827 | Karyouh Abdelkrim | Borgerhout | 2002 | M | 115 | 0:29:05 | 10,32 | 5:49 |
| 164 | 854 | Daniels Marjolein | Edegem | 2002 | V | 49 | 0:29:05 | 10,32 | 5:49 |
| 165 | 1078 | Huysmans Annick | | 1970 | V | 50 | 0:29:07 | 10,30 | 5:49 |
| 166 | 1072 | Quisquater Charlotte | | 1986 | V | 51 | 0:29:10 | 10,29 | 5:50 |
| 167 | 973 | Sijmons Esther | | 1989 | V | 52 | 0:29:10 | 10,29 | 5:50 |
| 168 | 974 | Baeten Sanne | | 1987 | V | 53 | 0:29:11 | 10,28 | 5:50 |
| 169 | 1167 | Lion | | 1984 | V | 54 | 0:29:12 | 10,27 | 5:50 |
| 170 | 1017 | Scheekens Lisette | | | V | 55 | 0:29:12 | 10,27 | 5:50 |
| 171 | 1182 | De Schutter J | | 1984 | M | 116 | 0:29:13 | 10,27 | 5:51 |
| 172 | 884 | De Boeck Frans | Borgerhout | 1963 | M | 117 | 0:29:15 | 10,26 | 5:51 |
| 173 | 1195 | Hacis Martina | Antwerpen | 1988 | V | 56 | 0:29:16 | 10,25 | 5:51 |
| 174 | 930 | Poma Escalier Kantuta | Berchem | 1999 | V | 57 | 0:29:16 | 10,25 | 5:51 |
| 175 | 1132 | Van Campenhout Linda | Wilrijk (Antwerpen) | 1965 | V | 58 | 0:29:22 | 10,22 | 5:52 |
| 176 | 1012 | Baert Vanessa | Deurne | 1983 | V | 59 | 0:29:24 | 10,20 | 5:53 |
| 177 | 752 | Verboven Ellen | Ekeren | 1988 | V | 60 | 0:29:29 | 10,18 | 5:54 |
| 178 | 1192 | Van der Sanden Senne | | 2001 | M | 118 | 0:29:35 | 10,14 | 5:55 |
| 179 | 717 | Hooybergs Jan | Merksem | 1970 | M | 119 | 0:29:40 | 10,11 | 5:56 |
| 180 | 805 | Hofmann Jeffrey | Loenhout | 1981 | M | 120 | 0:29:42 | 10,10 | 5:56 |
| 181 | 879 | Weyts Elena | Borgerhout | 1986 | V | 61 | 0:29:43 | 10,10 | 5:57 |
| 182 | 911 | Soetewey Birgit | Berchem | 1982 | V | 62 | 0:29:44 | 10,09 | 5:57 |
| 183 | 1113 | Hamburger Tiffany | | 1986 | V | 63 | 0:29:44 | 10,09 | 5:57 |
| 184 | 793 | Aerts Dirk | Edegem | 1979 | M | 121 | 0:29:53 | 10,04 | 5:59 |
| 185 | 1058 | Verlinden Jaro | | 2002 | M | 122 | 0:29:54 | 10,03 | 5:59 |
| 186 | 769 | Verheyen Guilain | Deurne | 1952 | M | 123 | 0:29:57 | 10,02 | 5:59 |
| 187 | 896 | Aerts Annelin | Wommelgem | 2007 | V | 64 | 0:29:57 | 10,02 | 5:59 |
| 188 | 965 | Vierendeels Greet | Deurne (Antwerpen) | 1983 | V | 65 | 0:29:59 | 10,01 | 6:00 |
| 189 | 1061 | Reith Florence | | 1988 | V | 66 | 0:29:59 | 10,01 | 6:00 |
| 190 | 1085 | Van Riel Nathalie | | 1980 | V | 67 | 0:30:01 | 9,99 | 6:00 |
| 191 | 814 | Cissoko Moussa | Merksem | 1958 | M | 124 | 0:30:02 | 9,99 | 6:00 |
| 192 | 1084 | Bastiaensen Kevin | | 1981 | M | 125 | 0:30:03 | 9,98 | 6:01 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|----------------------|------|-----|-------|---------|------|---------|
| 193 | 990 | Turza Peter | | 1983 | M | 126 | 0:30:15 | 9,92 | 6:03 |
| 194 | 777 | Schampaert Hendrik | Antwerpen | 2003 | M | 127 | 0:30:16 | 9,91 | 6:03 |
| 195 | 1172 | Nielsen Morten | Borgerhout (Antwerpe | 1979 | M | 128 | 0:30:19 | 9,90 | 6:04 |
| 196 | 893 | Stièvenart Sophie | Deurne | 1982 | V | 68 | 0:30:22 | 9,88 | 6:04 |
| 197 | 1128 | Boden Ingrid | | 1962 | V | 69 | 0:30:23 | 9,87 | 6:05 |
| 198 | 705 | Berckmoes Peter | Temse | 1971 | M | 129 | 0:30:26 | 9,86 | 6:05 |
| 199 | 1047 | Van Den Langenbergh Leo | | 1956 | M | 130 | 0:30:34 | 9,81 | 6:07 |
| 200 | 1035 | Aerts Bart | | 1992 | M | 131 | 0:30:34 | 9,81 | 6:07 |
| 201 | 1008 | M H | | | M | 132 | 0:30:35 | 9,81 | 6:07 |
| 202 | 1091 | Termeer Tessa | Berchem (Antwerpen) | 1974 | V | 70 | 0:30:45 | 9,76 | 6:09 |
| 203 | 1185 | Buys Benjamin | | 1960 | M | 133 | 0:30:45 | 9,76 | 6:09 |
| 204 | 1100 | Van Den Broeck Tjorven | | 1981 | V | 71 | 0:30:47 | 9,75 | 6:09 |
| 205 | 776 | Thoen Miranda | Antwerpen | 1968 | V | 72 | 0:30:58 | 9,69 | 6:12 |
| 206 | 1082 | Martelmans Mieke | | 1980 | V | 73 | 0:31:00 | 9,68 | 6:12 |
| 207 | 1007 | De Bie Gert | | | M | 134 | 0:31:00 | 9,68 | 6:12 |
| 208 | 432 | Verhagen Katrien | Borgerhout (Antwerpe | 1971 | V | 74 | 0:31:02 | 9,67 | 6:12 |
| 209 | 952 | Przybyl Agata | Antwerpen | 1988 | V | 75 | 0:31:02 | 9,67 | 6:12 |
| 210 | 1060 | Laevaert Steve | | 1976 | M | 135 | 0:31:05 | 9,65 | 6:13 |
| 211 | 1059 | L Sam | | 2005 | M | 136 | 0:31:06 | 9,65 | 6:13 |
| 212 | 1103 | Fournier Soraya | Hoboken (Antwerpen) | 1976 | V | 76 | 0:31:14 | 9,61 | 6:15 |
| 213 | 1104 | Simons Ive | Hoboken (Antwerpen) | 1976 | M | 137 | 0:31:16 | 9,59 | 6:15 |
| 214 | 1036 | Oulad Haddou Hajar | | 2002 | V | 77 | 0:31:20 | 9,57 | 6:16 |
| 215 | 1081 | Sevenans Julie | | 1990 | V | 78 | 0:31:21 | 9,57 | 6:16 |
| 216 | 1037 | Ismani Hirem | | 2003 | V | 79 | 0:31:21 | 9,57 | 6:16 |
| 217 | 886 | Huydts Gwendy | Wijnegem | 1970 | V | 80 | 0:31:21 | 9,57 | 6:16 |
| 218 | 1042 | Nele Vermeylen | | 1986 | V | 81 | 0:31:24 | 9,55 | 6:17 |
| 219 | 982 | Mathyssen Veerle | Antwerpen | 1972 | V | 82 | 0:31:26 | 9,54 | 6:17 |
| 220 | 813 | Cazaerck Evi | Antwerpen | 1990 | V | 83 | 0:31:26 | 9,54 | 6:17 |
| 221 | 857 | De Backer Guido | Deurne | 1953 | M | 138 | 0:31:29 | 9,53 | 6:18 |
| 222 | 1044 | Zalzouli Boubker | | 1981 | M | 139 | 0:31:33 | 9,51 | 6:19 |
| 223 | 944 | ABAH Esther Majorie | Deurne | 1968 | V | 84 | 0:31:33 | 9,51 | 6:19 |
| 224 | 1164 | Huysmans Ellen | | 1989 | V | 85 | 0:31:37 | 9,49 | 6:19 |
| 225 | 478 | Veeckmans Katrien | Deurne (Antwerpen) | 1979 | V | 86 | 0:31:44 | 9,45 | 6:21 |
| 226 | 1119 | Lauryssens Paul | | 1965 | M | 140 | 0:31:47 | 9,44 | 6:21 |
| 227 | 1120 | Verhulst Wendy | | 1974 | V | 87 | 0:31:49 | 9,43 | 6:22 |
| 228 | 1011 | Smets Michelle | | | V | 88 | 0:31:50 | 9,42 | 6:22 |
| 229 | 1188 | De Roover Mieke | | 1979 | V | 89 | 0:31:52 | 9,41 | 6:22 |
| 230 | 754 | Van Mol Marleen | Deurne | 1975 | V | 90 | 0:32:02 | 9,37 | 6:24 |
| 231 | 850 | Dorota Stolarek | Merksem | 1985 | V | 91 | 0:32:02 | 9,37 | 6:24 |
| 232 | 1049 | Vosters Sara | Dendermonde | 1992 | V | 92 | 0:32:05 | 9,35 | 6:25 |
| 233 | 739 | Mertens Maya | Berchem | 1977 | V | 93 | 0:32:05 | 9,35 | 6:25 |
| 234 | 1112 | Van Der Bank Dorine | | 1985 | V | 94 | 0:32:05 | 9,35 | 6:25 |
| 235 | 863 | Baete Isabel | Schoten | 1990 | V | 95 | 0:32:06 | 9,35 | 6:25 |
| 236 | 768 | Verschaeren Inge | Zwijndrecht | 1976 | V | 96 | 0:32:14 | 9,31 | 6:27 |
| 237 | 855 | Van Genegen Karin | Edegem | 1972 | V | 97 | 0:32:17 | 9,29 | 6:27 |
| 238 | 1055 | Van Den Broeck Eric | | 1966 | M | 141 | 0:32:26 | 9,25 | 6:29 |
| 239 | 1057 | Van Goethem Ellen | | | V | 98 | 0:32:26 | 9,25 | 6:29 |
| 240 | 864 | Stevens Ivan | Borgerhout | 1961 | M | 142 | 0:32:28 | 9,24 | 6:30 |
| 241 | 865 | Duré Catharina | Borgerhout | 1961 | V | 99 | 0:32:28 | 9,24 | 6:30 |
| 242 | 1166 | Huysmans Lisse | Antwerpen | 1993 | V | 100 | 0:32:36 | 9,20 | 6:31 |
| 243 | 729 | Barbaix Kevin | Westmalle | 2003 | M | 143 | 0:32:39 | 9,19 | 6:32 |
| 244 | 903 | De roover Robin | Ekeren | 1958 | M | 144 | 0:32:46 | 9,16 | 6:33 |
| 245 | 1152 | Pierre Steven | | 1974 | M | 145 | 0:32:49 | 9,14 | 6:34 |
| 246 | 834 | Van Coninckxloey Sandy | Hoboken | 1979 | V | 101 | 0:32:49 | 9,14 | 6:34 |
| 247 | 961 | Christael Thelicia | Tielt-Winge | 1985 | V | 102 | 0:32:50 | 9,14 | 6:34 |
| 248 | 925 | Driessens Eddy | Hechtel | 1955 | M | 146 | 0:32:53 | 9,12 | 6:35 |
| 249 | 908 | Verelst Guy | Deurne | 1968 | M | 147 | 0:32:56 | 9,11 | 6:35 |
| 250 | 946 | Wynants Luk | Wommelgem | 1963 | M | 148 | 0:33:01 | 9,09 | 6:36 |
| 251 | 1052 | Vanherck Tessa | | 1978 | V | 103 | 0:33:03 | 9,08 | 6:37 |
| 252 | 1080 | Hendrickx Marc | | 1955 | M | 149 | 0:33:05 | 9,07 | 6:37 |
| 253 | 1079 | De Blende Annick | | 1962 | V | 104 | 0:33:06 | 9,06 | 6:37 |
| 254 | 912 | Lorent Freddy | Deurne | 1964 | M | 150 | 0:33:07 | 9,06 | 6:37 |
| 255 | 1043 | Bosmans Tom | | 1972 | M | 151 | 0:33:11 | 9,04 | 6:38 |
| 256 | 1109 | Van Herck Margot | | 1966 | V | 105 | 0:33:14 | 9,03 | 6:39 |
| 257 | 835 | Cervetti Didier | Borgerhout | 1988 | M | 152 | 0:33:21 | 9,00 | 6:40 |

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|-----|------|-------------------------|---------------------|------|-----|-------|---------|------|---------|
| 258 | 1069 | Van Turenhout Niki | | 1984 | V | 106 | 0:33:21 | 9,00 | 6:40 |
| 259 | 889 | Block Caroline | Deurne | 1990 | V | 107 | 0:33:25 | 8,98 | 6:41 |
| 260 | 971 | Theunis Cindy | | 1975 | V | 108 | 0:33:26 | 8,97 | 6:41 |
| 261 | 1121 | Dewilde Jasmien | | 1990 | V | 109 | 0:33:29 | 8,96 | 6:42 |
| 262 | 1193 | Den der Sanden Eva | | 1997 | V | 110 | 0:33:30 | 8,96 | 6:42 |
| 263 | 904 | Van der aa Josee | Ekeren | 1959 | V | 111 | 0:33:32 | 8,95 | 6:42 |
| 264 | 983 | Verlinden Kim | Wilrijk (Antwerpen) | 1988 | V | 112 | 0:33:33 | 8,94 | 6:43 |
| 265 | 842 | D'hondt Jurgen | Deurne | 1967 | M | 153 | 0:33:34 | 8,94 | 6:43 |
| 266 | 1143 | Depreter Karen | | 1980 | V | 113 | 0:33:34 | 8,94 | 6:43 |
| 267 | 744 | Dams Ingrid | Deurne | 1956 | V | 114 | 0:33:35 | 8,93 | 6:43 |
| 268 | 862 | Baete Eline | Merksem | 1990 | V | 115 | 0:33:36 | 8,93 | 6:43 |
| 269 | 1014 | De witte Ester | | | V | 116 | 0:33:37 | 8,92 | 6:43 |
| 270 | 1096 | De Baerdemaecker Cathy | | 1978 | V | 117 | 0:33:42 | 8,90 | 6:44 |
| 271 | 1095 | De Greve Iris | | 1978 | V | 118 | 0:33:45 | 8,89 | 6:45 |
| 272 | 921 | Dewaele Isabelle | Deurne | 1973 | V | 119 | 0:33:46 | 8,88 | 6:45 |
| 273 | 1186 | Van Beek Marc | | 1964 | M | 154 | 0:33:47 | 8,88 | 6:45 |
| 274 | 856 | Mampaey Sandie | Niel | 1971 | V | 120 | 0:33:47 | 8,88 | 6:45 |
| 275 | 740 | Vercammen Peggy | Ekeren | 1971 | V | 121 | 0:33:48 | 8,88 | 6:46 |
| 276 | 1129 | Van Hinsberg Lanneke | | 1980 | V | 122 | 0:33:48 | 8,88 | 6:46 |
| 277 | 1062 | runeel Marylin | | 1980 | V | 123 | 0:33:48 | 8,88 | 6:46 |
| 278 | 1145 | Van Offel Laura | Edegem | 1990 | V | 124 | 0:33:48 | 8,88 | 6:46 |
| 279 | 1075 | Verheyden Julie | | 1981 | V | 125 | 0:33:48 | 8,88 | 6:46 |
| 280 | 1141 | Meeus Debbie | | 1981 | V | 126 | 0:33:48 | 8,88 | 6:46 |
| 281 | 1131 | Wouters M. | Wilrijk (Antwerpen) | 1979 | V | 127 | 0:33:50 | 8,87 | 6:46 |
| 282 | 1063 | Pedus Kristel | | 1980 | V | 128 | 0:33:51 | 8,86 | 6:46 |
| 283 | 1138 | Struelens Patrick | Deurne (Antwerpen) | 1972 | M | 155 | 0:33:51 | 8,86 | 6:46 |
| 284 | 869 | Hermans Frieda | Wijnegem | 1959 | V | 129 | 0:33:54 | 8,85 | 6:47 |
| 285 | 1051 | Lauwers Els | | 1972 | V | 130 | 0:33:55 | 8,85 | 6:47 |
| 286 | 742 | Van Dessel Sandra | Deurne | 1974 | V | 131 | 0:33:57 | 8,84 | 6:47 |
| 287 | 981 | Claessens Katrien | | 1986 | V | 132 | 0:34:09 | 8,78 | 6:50 |
| 288 | 980 | Meulleman Hilde | | 1985 | V | 133 | 0:34:09 | 8,78 | 6:50 |
| 289 | 1041 | Van de Vondel Kaat | | 2004 | V | 134 | 0:34:10 | 8,78 | 6:50 |
| 290 | 1183 | Barullushi Egest | | 1980 | M | 156 | 0:34:13 | 8,77 | 6:51 |
| 291 | 1184 | De Boeck Katrien | | 1985 | V | 135 | 0:34:14 | 8,76 | 6:51 |
| 292 | 1039 | Paeshuyzen Ann | | 1970 | V | 136 | 0:34:20 | 8,74 | 6:52 |
| 293 | 1088 | De Cuyper Lindsay | | 1987 | V | 137 | 0:34:23 | 8,73 | 6:53 |
| 294 | 928 | Arts Lenie | Eindhoven (NED) | 1950 | V | 138 | 0:34:25 | 8,72 | 6:53 |
| 295 | 924 | Van den Plas Louis | Schoten | 2006 | M | 157 | 0:34:25 | 8,72 | 6:53 |
| 296 | 926 | Van otterdijk Godelieve | Hechtel | 1958 | V | 139 | 0:34:30 | 8,70 | 6:54 |
| 297 | 706 | Hofkens Christiane | Schoten | 1959 | V | 140 | 0:34:30 | 8,70 | 6:54 |
| 298 | 1086 | Marckx Miriam | | 1953 | V | 141 | 0:34:34 | 8,68 | 6:55 |
| 299 | 942 | Gyselings Tim | Deurne | 1972 | M | 158 | 0:34:36 | 8,67 | 6:55 |
| 300 | 822 | Loyson Ingrid | Deurne | 1961 | V | 142 | 0:34:36 | 8,67 | 6:55 |
| 301 | 943 | Gyselings Claire | Deurne | 2000 | V | 143 | 0:34:38 | 8,66 | 6:56 |
| 302 | 1018 | Slegers Francois | | | M | 159 | 0:34:38 | 8,66 | 6:56 |
| 303 | 815 | Tavernier Evelyne | Antwerpen | 1988 | V | 144 | 0:34:42 | 8,65 | 6:56 |
| 304 | 778 | Schampaert Dirk | Antwerpen | 1966 | M | 160 | 0:34:57 | 8,58 | 6:59 |
| 305 | 736 | Bohyn Ingrid | Berchem | 1964 | V | 145 | 0:34:57 | 8,58 | 6:59 |
| 306 | 1097 | Gorrebeeck Carine | | 1966 | V | 146 | 0:35:00 | 8,57 | 7:00 |
| 307 | 1189 | Debout Lindsey | | 1999 | V | 147 | 0:35:01 | 8,57 | 7:00 |
| 308 | 887 | Vermondts Werner | Deurne | 1947 | M | 161 | 0:35:02 | 8,56 | 7:00 |
| 309 | 1162 | De Wachter Bianca | | 1981 | V | 148 | 0:35:03 | 8,56 | 7:01 |
| 310 | 915 | Laenens Koen | Deurne | 1976 | M | 162 | 0:35:03 | 8,56 | 7:01 |
| 311 | 955 | Braeckmans Annick | Deurne | 1968 | V | 149 | 0:35:05 | 8,55 | 7:01 |
| 312 | 1200 | D. Vera | Deurne (Antwerpen) | 1962 | V | 150 | 0:35:05 | 8,55 | 7:01 |
| 313 | 1199 | De Backer Guy | Deurne (Antwerpen) | 1962 | M | 163 | 0:35:05 | 8,55 | 7:01 |
| 314 | 708 | Vandebriel Bianca | Deurne | 1972 | V | 151 | 0:35:06 | 8,55 | 7:01 |
| 315 | 785 | Bertels Roxanne | Oelegem | 1993 | V | 152 | 0:35:07 | 8,54 | 7:01 |
| 316 | 807 | Celen Griet | Hemiksem | 1972 | V | 153 | 0:35:23 | 8,48 | 7:05 |
| 317 | 808 | Verdooth Catherine | Hoboken | 1969 | V | 154 | 0:35:25 | 8,47 | 7:05 |
| 318 | 1016 | Carmen Evelien | | | V | 155 | 0:35:27 | 8,46 | 7:05 |
| 319 | 738 | Van der Pas Katelijne | Borgerhout | 1963 | V | 156 | 0:35:29 | 8,45 | 7:06 |
| 320 | 1163 | Schellemans Annick | | 1972 | V | 157 | 0:35:34 | 8,43 | 7:07 |
| 321 | 1003 | Van Hecke Sofie | | | V | 158 | 0:35:34 | 8,43 | 7:07 |
| 322 | 1001 | De Weerdt Nick | | | M | 164 | 0:35:35 | 8,43 | 7:07 |

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|-----|------|---------------------------|--------------------|------|-----|-------|---------|------|---------|
| 323 | 755 | Van der Flaes Anja | Deurne | 1968 | V | 159 | 0:35:37 | 8,42 | 7:07 |
| 324 | 753 | Vandenbossche Joeri | Deurne | 1991 | M | 165 | 0:35:37 | 8,42 | 7:07 |
| 325 | 888 | Beers Peggy | Borgerhout | 1973 | V | 160 | 0:35:38 | 8,42 | 7:08 |
| 326 | 791 | Van den Nieuwenhuysen Edw | Schoten | 1970 | V | 161 | 0:35:39 | 8,42 | 7:08 |
| 327 | 1099 | Huyghe Fmagois | | 1949 | M | 166 | 0:35:42 | 8,40 | 7:08 |
| 328 | 1160 | Crijns Nathalie | | 1970 | V | 162 | 0:35:45 | 8,39 | 7:09 |
| 329 | 715 | De buck Kim | Kapellen | 1977 | V | 163 | 0:35:46 | 8,39 | 7:09 |
| 330 | 832 | Nsiah Elisabeth | Antwerpen | 2001 | V | 164 | 0:35:58 | 8,34 | 7:12 |
| 331 | 759 | Smits Suleyman | Borgerhout | 1987 | M | 167 | 0:35:58 | 8,34 | 7:12 |
| 332 | 1071 | Van Horinck Ingrid | | 1963 | V | 165 | 0:36:07 | 8,31 | 7:13 |
| 333 | 840 | Peuss Jolke | Deurne | 1980 | V | 166 | 0:36:14 | 8,28 | 7:15 |
| 334 | 841 | Van den bergh Tjorven | Kapellen | 1978 | V | 167 | 0:36:16 | 8,27 | 7:15 |
| 335 | 1110 | De Winter Jessy | | 2000 | V | 168 | 0:36:18 | 8,26 | 7:16 |
| 336 | 1108 | Zgaoui Fatiha | | 1971 | V | 169 | 0:36:19 | 8,26 | 7:16 |
| 337 | 701 | BROERS Rita | Deurne | 1954 | V | 170 | 0:36:31 | 8,22 | 7:18 |
| 338 | 923 | Van den Plas Dimitri | Schoten | 1969 | M | 168 | 0:36:34 | 8,20 | 7:19 |
| 339 | 1098 | Van Mardey Gustaaf | | 1946 | M | 169 | 0:36:34 | 8,20 | 7:19 |
| 340 | 816 | Buytaert Carla | Borgerhout | 1970 | V | 171 | 0:36:35 | 8,20 | 7:19 |
| 341 | 743 | Van Ghendt Pascale | Ranst | 1963 | V | 172 | 0:36:35 | 8,20 | 7:19 |
| 342 | 762 | Verbeke Jill | Deurne | 1992 | V | 173 | 0:36:36 | 8,20 | 7:19 |
| 343 | 1013 | Van Gelder Brigitte | | | V | 174 | 0:36:39 | 8,19 | 7:20 |
| 344 | 1050 | Boudenoodt Ellen | Dendermonde | 1994 | V | 175 | 0:36:40 | 8,18 | 7:20 |
| 345 | 1165 | Janssens Lieve | Hemiksem | 1963 | V | 176 | 0:36:42 | 8,17 | 7:20 |
| 346 | 1179 | Van Rompaey Veronique | | 1983 | V | 177 | 0:36:45 | 8,16 | 7:21 |
| 347 | 1178 | Du Mont Anke | | 1981 | V | 178 | 0:36:45 | 8,16 | 7:21 |
| 348 | 870 | Dils Patricia | Borsbeek | 1963 | V | 179 | 0:36:47 | 8,16 | 7:21 |
| 349 | 843 | Beganovic Anesa | Merksem | 1980 | V | 180 | 0:36:54 | 8,13 | 7:23 |
| 350 | 1191 | Van Den Berg Agnes | | 1951 | V | 181 | 0:37:00 | 8,11 | 7:24 |
| 351 | 1087 | Beck Rudolf | | 1952 | M | 170 | 0:37:01 | 8,10 | 7:24 |
| 352 | 890 | Debeer Marie Jeanne | Merksem | 1952 | V | 182 | 0:37:09 | 8,08 | 7:26 |
| 353 | 905 | Meeus An | Antwerpen | 1989 | V | 183 | 0:37:11 | 8,07 | 7:26 |
| 354 | 940 | Barrett Ana | Wilrijk | 2000 | V | 184 | 0:37:12 | 8,06 | 7:26 |
| 355 | 883 | Aerts Vincent | Berchem | 1985 | M | 171 | 0:37:16 | 8,05 | 7:27 |
| 356 | 882 | Peeters Veronique | Berchem | 1987 | V | 185 | 0:37:18 | 8,04 | 7:28 |
| 357 | 713 | Van Dijck Karen | Deurne | 1988 | V | 186 | 0:37:20 | 8,04 | 7:28 |
| 358 | 837 | De Clerq Caro | Deurne | 2001 | V | 187 | 0:37:42 | 7,96 | 7:32 |
| 359 | 714 | Rosseels Robin | Kapellen | 2001 | M | 172 | 0:37:45 | 7,95 | 7:33 |
| 360 | 830 | Horong Ricky | Borgerhout | 2002 | M | 173 | 0:37:59 | 7,90 | 7:36 |
| 361 | 949 | Saadoun Mohamed | Berchem | 1983 | M | 174 | 0:38:00 | 7,89 | 7:36 |
| 362 | 948 | Sortino Maria | Antwerpen | 1990 | V | 188 | 0:38:02 | 7,89 | 7:36 |
| 363 | 826 | Zanagui Ayoub | Borgerhout | 2002 | M | 175 | 0:38:29 | 7,80 | 7:42 |
| 364 | 829 | Mertens Jeremy | Borgerhout | 2002 | M | 176 | 0:38:43 | 7,75 | 7:45 |
| 365 | 1010 | Meeus Eliane | | | V | 189 | 0:38:55 | 7,71 | 7:47 |
| 366 | 766 | Frederix Sara | Berchem | 1975 | V | 190 | 0:38:58 | 7,70 | 7:48 |
| 367 | 767 | Renders Jaan | Berchem | 2006 | M | 177 | 0:38:59 | 7,70 | 7:48 |
| 368 | 972 | Van Herck Eline | | 1988 | V | 191 | 0:39:08 | 7,67 | 7:50 |
| 369 | 1073 | Tanya Roovers | | 1985 | V | 192 | 0:39:10 | 7,66 | 7:50 |
| 370 | 1074 | Calus Dana | | 1992 | V | 193 | 0:39:10 | 7,66 | 7:50 |
| 371 | 786 | Staes Wendy | Wommelgem | 1979 | V | 194 | 0:39:22 | 7,62 | 7:52 |
| 372 | 787 | Coenen Jozef | Antwerpen | 1960 | M | 178 | 0:39:22 | 7,62 | 7:52 |
| 373 | 741 | Derouck Pascale | Deurne | 1967 | V | 195 | 0:39:27 | 7,60 | 7:53 |
| 374 | 1123 | Schul Marlies | | 1992 | V | 196 | 0:39:34 | 7,58 | 7:55 |
| 375 | 1125 | Lambrechis Elle | | 1989 | V | 197 | 0:39:37 | 7,57 | 7:55 |
| 376 | 812 | Leeten Nisken | Hasselt | 1987 | V | 198 | 0:39:38 | 7,57 | 7:56 |
| 377 | 1015 | Pauwels Tim | Antwerpen | 1987 | M | 179 | 0:39:41 | 7,56 | 7:56 |
| 378 | 1153 | De Witte Nathalie | | 1987 | V | 199 | 0:39:45 | 7,55 | 7:57 |
| 379 | 1154 | Lamrecht Shana | | 1988 | V | 200 | 0:39:48 | 7,54 | 7:58 |
| 380 | 1094 | Moya Beros Mateo | Deurne (Antwerpen) | 2006 | M | 180 | 0:39:50 | 7,53 | 7:58 |
| 381 | 1171 | Schoofs John | Deurne (Antwerpen) | 1934 | M | 181 | 0:39:56 | 7,51 | 7:59 |
| 382 | 1054 | Verswijvel Natascha | | 1983 | V | 201 | 0:39:59 | 7,50 | 8:00 |
| 383 | 1056 | Van Op den Bosch Evi | | 1986 | V | 202 | 0:39:59 | 7,50 | 8:00 |
| 384 | 978 | Roosbroekx Sandra | | 1968 | V | 203 | 0:40:01 | 7,50 | 8:00 |
| 385 | 979 | | | 1968 | M | 182 | 0:40:02 | 7,49 | 8:00 |
| 386 | 964 | Van Marcke Louise | Kontich | 1992 | V | 204 | 0:40:09 | 7,47 | 8:02 |
| 387 | 963 | Vermeiren Valerie | Boechout | 1991 | V | 205 | 0:40:11 | 7,47 | 8:02 |

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|-----|------|------------------------|---------------------|------|-----|-------|---------|------|---------|
| 388 | 748 | Clauwaert Wim | Deurne | 1954 | M | 183 | 0:40:24 | 7,43 | 8:05 |
| 389 | 760 | El Jattari Ilias | Antwerpen | 2000 | M | 184 | 0:41:00 | 7,32 | 8:12 |
| 390 | 953 | Van Royen Maarten | Temse | 1987 | M | 185 | 0:41:13 | 7,28 | 8:15 |
| 391 | 852 | Bastiaensen Sam | Kapellen | 1983 | M | 186 | 0:41:24 | 7,25 | 8:17 |
| 392 | 853 | Vandebrouck Elien | Kapellen | 1992 | V | 206 | 0:41:24 | 7,25 | 8:17 |
| 393 | 891 | Geuskens Michéle | Aalst | 1970 | V | 207 | 0:41:36 | 7,21 | 8:19 |
| 394 | 1093 | Moya Beros Josefina | Deurne (Antwerpen) | 2005 | V | 208 | 0:42:13 | 7,11 | 8:27 |
| 395 | 881 | Vanhamel Annick | Deurne | 1967 | V | 209 | 0:42:16 | 7,10 | 8:27 |
| 396 | 764 | Van Den Berg Paula | Merksem | 1963 | V | 210 | 0:42:18 | 7,09 | 8:28 |
| 397 | 902 | Smolders Martine | Antwerpen | 1956 | V | 211 | 0:42:20 | 7,09 | 8:28 |
| 398 | 771 | Vuylsteke Svenja | Niel | 1991 | V | 212 | 0:42:21 | 7,08 | 8:28 |
| 399 | 772 | De Pauw Joyce | Niel | 1993 | V | 213 | 0:42:23 | 7,08 | 8:29 |
| 400 | 960 | Bertola Bulee | Deurne (Antwerpen) | 1978 | V | 214 | 0:42:39 | 7,03 | 8:32 |
| 401 | 988 | Thomaes Annelies | Rumst | 1978 | V | 215 | 0:42:41 | 7,03 | 8:32 |
| 402 | 848 | Van eeghem Nele | Deurne | 1991 | V | 216 | 0:43:01 | 6,97 | 8:36 |
| 403 | 737 | Deckers Tilly | Deurne | 1951 | V | 217 | 0:43:04 | 6,97 | 8:37 |
| 404 | 867 | Swinkels Suzy | Deurne | 1984 | V | 218 | 0:43:07 | 6,96 | 8:37 |
| 405 | 437 | Bertels Anje | Deurne (Antwerpen) | 1971 | V | 219 | 0:43:14 | 6,94 | 8:39 |
| 406 | 847 | Bousard Viviane | Deurne | 1959 | V | 220 | 0:43:15 | 6,94 | 8:39 |
| 407 | 934 | Dielen Tamara | Berchem | 1983 | V | 221 | 0:43:39 | 6,87 | 8:44 |
| 408 | 803 | Paila Sreehari | Antwerpen | 1980 | M | 187 | 0:43:40 | 6,87 | 8:44 |
| 409 | 782 | Braem Sabine | Deurne | 1976 | V | 222 | 0:44:43 | 6,71 | 8:57 |
| 410 | 1173 | Van Nuffelen Selina | Merksem (Antwerpen) | 1978 | V | 223 | 0:49:27 | 6,07 | 9:53 |
| 411 | 704 | Guldentops Linda | Borsbeek | 1961 | V | 224 | 0:50:40 | 5,92 | 10:08 |
| 412 | 804 | Jagarapu Haritha Gowri | Antwerpen | 1987 | V | 225 | 0:51:15 | 5,85 | 10:15 |
| 413 | 480 | Logan Nikky | Deurne (Antwerpen) | 1973 | V | 226 | 0:54:29 | 5,51 | 10:54 |
| 414 | 479 | Verhé Maya | Deurne (Antwerpen) | 2005 | V | 227 | 0:54:32 | 5,50 | 10:54 |
| 415 | 958 | Fischer Peter | | 1962 | M | 188 | 0:54:32 | 5,50 | 10:54 |

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|----|------|------------------------|--------------------|------|-----|-------|---------|-------|---------|
| 1 | 516 | Snoussi Ramdam | | 1988 | M | 1 | 0:32:00 | 18,75 | 3:12 |
| 2 | 568 | Van Den Broeck Stefan | | 1972 | M | 2 | 0:32:59 | 18,19 | 3:18 |
| 3 | 550 | Kennis Kevin | | 1991 | M | 3 | 0:35:04 | 17,11 | 3:30 |
| 4 | 600 | Beckers Joris | Antwerpen | 1990 | M | 4 | 0:36:36 | 16,39 | 3:40 |
| 5 | 659 | Abdiha Kim | | | M | 5 | 0:37:20 | 16,07 | 3:44 |
| 6 | 628 | Van Puymbroeck Nicolas | | 1986 | M | 6 | 0:37:22 | 16,06 | 3:44 |
| 7 | 622 | Boudoudouh Hassan | | 1983 | M | 7 | 0:38:15 | 15,69 | 3:49 |
| 8 | 452 | Tuffin Benjamin | Nijlen | 1977 | M | 8 | 0:38:48 | 15,46 | 3:53 |
| 9 | 595 | Van Roy Ward | Arendonk | 1976 | M | 9 | 0:38:58 | 15,40 | 3:54 |
| 10 | 665 | El Boutahiri Houssain | | | M | 10 | 0:39:27 | 15,21 | 3:57 |
| 11 | 491 | Beels Bruno | Deurne (Antwerpen) | 1978 | M | 11 | 0:39:31 | 15,18 | 3:57 |
| 12 | 242 | Quirynten Sven | Ekeren | 1981 | M | 12 | 0:39:40 | 15,13 | 3:58 |
| 13 | 572 | Bellefroid Jasper | | 1983 | M | 13 | 0:39:41 | 15,12 | 3:58 |
| 14 | 569 | Maselis Alex | | 1965 | M | 14 | 0:40:01 | 14,99 | 4:00 |
| 15 | 404 | Libot Pieter | | | M | 15 | 0:40:03 | 14,98 | 4:00 |
| 16 | 181 | Driesen Lesley | Deurne | 1986 | M | 16 | 0:40:03 | 14,98 | 4:00 |
| 17 | 540 | Herrie Joeri | | 1981 | M | 17 | 0:40:17 | 14,89 | 4:02 |
| 18 | 567 | Parona Marco | | 1975 | M | 18 | 0:40:18 | 14,89 | 4:02 |
| 19 | 268 | Vanmechelen Filip | Lier | 1969 | M | 19 | 0:40:41 | 14,75 | 4:04 |
| 20 | 490 | Van Oers Tom | | 1985 | M | 20 | 0:40:58 | 14,65 | 4:06 |
| 21 | 1032 | Kienen Eric | Deurne (Antwerpen) | 1957 | M | 21 | 0:41:04 | 14,61 | 4:06 |
| 22 | 574 | Van Wouwe Tom | | 1992 | M | 22 | 0:41:23 | 14,50 | 4:08 |
| 23 | 496 | Van Tente Lode | Deurne (Antwerpen) | | M | 23 | 0:41:30 | 14,46 | 4:09 |
| 24 | 279 | Bouten Christophe | Deurne | 1977 | M | 24 | 0:41:54 | 14,32 | 4:11 |
| 25 | 580 | Nizet Olivier | Deurne (Antwerpen) | 1973 | M | 25 | 0:41:57 | 14,30 | 4:12 |
| 26 | 620 | Van Meirvenne Tony | | 1962 | M | 26 | 0:42:00 | 14,29 | 4:12 |
| 27 | 609 | Janssens Philip | | 1988 | M | 27 | 0:42:09 | 14,23 | 4:13 |
| 28 | 518 | Ouachikh Mohamed | | | M | 28 | 0:42:15 | 14,20 | 4:14 |
| 29 | 565 | Vermeulen Jonas | | 1983 | M | 29 | 0:42:18 | 14,18 | 4:14 |
| 30 | 82 | Gits Siemen | Wilrijk | 1995 | M | 30 | 0:42:33 | 14,10 | 4:15 |
| 31 | 596 | Mutert Peter | | 1957 | M | 31 | 0:42:37 | 14,08 | 4:16 |
| 32 | 1034 | Sneyders Dieter | Vilvoorde | 1990 | M | 32 | 0:42:49 | 14,01 | 4:17 |
| 33 | 70 | Beagan Colin | Antwerp | 1989 | M | 33 | 0:42:56 | 13,98 | 4:18 |
| 34 | 458 | Vanhoren Stefan | | 1959 | M | 34 | 0:42:58 | 13,96 | 4:18 |
| 35 | 256 | Steels Pascal | Borsbeek | 1967 | M | 35 | 0:42:59 | 13,96 | 4:18 |
| 36 | 611 | Moerkerke Tuur | | | M | 36 | 0:43:04 | 13,93 | 4:18 |
| 37 | 64 | Moons Lars | Mortsel | 1998 | M | 37 | 0:43:28 | 13,80 | 4:21 |
| 38 | 461 | Laurijssens Rudi | Deurne (Antwerpen) | 1963 | M | 38 | 0:43:32 | 13,78 | 4:21 |
| 39 | 456 | Janssens Patrick | Brasschaat | 1964 | M | 39 | 0:43:39 | 13,75 | 4:22 |
| 40 | 632 | Tichko Serge | | 1967 | M | 40 | 0:43:43 | 13,72 | 4:22 |
| 41 | 250 | Van der welk Luc | Schoten | 1954 | M | 41 | 0:43:59 | 13,64 | 4:24 |
| 42 | 9 | Bourmans Gunther | Hemiksem | 1983 | M | 42 | 0:44:13 | 13,57 | 4:25 |
| 43 | 408 | Geertsen Dieter | | | M | 43 | 0:44:18 | 13,54 | 4:26 |
| 44 | 294 | De Cauwer Peter | Mortsel | 1983 | M | 44 | 0:44:23 | 13,52 | 4:26 |
| 45 | 169 | Vanspauwen Katrien | Borsbeek | 1981 | V | 1 | 0:44:35 | 13,46 | 4:28 |
| 46 | 476 | Adriaensen Rob | | 1984 | M | 45 | 0:44:45 | 13,41 | 4:29 |
| 47 | 668 | El Boutamiri Farid | | | M | 46 | 0:44:49 | 13,39 | 4:29 |
| 48 | 545 | Torfs Tim | Deurne (Antwerpen) | 1978 | M | 47 | 0:44:51 | 13,38 | 4:29 |
| 49 | 304 | Van Rillaer Bart | Wilrijk | 1966 | M | 48 | 0:44:51 | 13,38 | 4:29 |
| 50 | 13 | pingnet Ludo | Deurne | 1957 | M | 49 | 0:44:52 | 13,37 | 4:29 |
| 51 | 495 | Gilles Andy | Kontich | 1979 | M | 50 | 0:44:55 | 13,36 | 4:30 |
| 52 | 537 | Hamburger D | | 1979 | M | 51 | 0:45:00 | 13,33 | 4:30 |
| 53 | 656 | Van Gaver Egied | Berendrecht | 1961 | M | 52 | 0:45:00 | 13,33 | 4:30 |
| 54 | 102 | Theunckens Andre | Deurne | 1957 | M | 53 | 0:45:05 | 13,31 | 4:30 |
| 55 | 254 | Schrans Andre | Ekeren | 1955 | M | 54 | 0:45:21 | 13,23 | 4:32 |
| 56 | 208 | Goethals Martijn | Antwerpen | 1981 | M | 55 | 0:45:30 | 13,19 | 4:33 |
| 57 | 617 | Stijn Cools | | 1986 | M | 56 | 0:45:39 | 13,14 | 4:34 |
| 58 | 58 | Van Lierde Bruno | Merksem | 1962 | M | 57 | 0:45:54 | 13,07 | 4:35 |
| 59 | 607 | Willekens Jan | | 1968 | M | 58 | 0:46:07 | 13,01 | 4:37 |
| 60 | 623 | Desimpelaere Lode | | 1962 | M | 59 | 0:46:13 | 12,98 | 4:37 |
| 61 | 610 | Vervoort Kris | | 1962 | M | 60 | 0:46:26 | 12,92 | 4:39 |
| 62 | 14 | Verley Jan | Deurne | 1974 | M | 61 | 0:46:39 | 12,86 | 4:40 |

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|-----|-----|----------------------|---------------------|------|-----|-------|---------|-------|---------|
| 63 | 575 | Van Wouwe Guy | | 1961 | M | 62 | 0:46:39 | 12,86 | 4:40 |
| 64 | 612 | Druart Frederik | | 1986 | M | 63 | 0:46:41 | 12,85 | 4:40 |
| 65 | 31 | Kips Daniel | Berchem | 1963 | M | 64 | 0:46:49 | 12,82 | 4:41 |
| 66 | 466 | Lauwers Wim | Antwerpen | 1977 | M | 65 | 0:46:55 | 12,79 | 4:41 |
| 67 | 99 | Giunta Marco | Deurne | 1981 | M | 66 | 0:46:56 | 12,78 | 4:42 |
| 68 | 448 | Lefelon Patrick | Antwerpen | 1963 | M | 67 | 0:46:57 | 12,78 | 4:42 |
| 69 | 270 | Vermeylen Dirk | Ekeren | 1963 | M | 68 | 0:47:07 | 12,73 | 4:43 |
| 70 | 442 | Schывens Bert | | 1978 | M | 69 | 0:47:18 | 12,68 | 4:44 |
| 71 | 528 | Maerien Robert | Wommelgem | 1957 | M | 70 | 0:47:23 | 12,66 | 4:44 |
| 72 | 51 | Sely Diane | Wommelgem | 1985 | V | 2 | 0:47:24 | 12,66 | 4:44 |
| 73 | 645 | Buytaert Kristof | Wilrijk (Antwerpen) | 1985 | M | 71 | 0:47:33 | 12,62 | 4:45 |
| 74 | 564 | Smet Ann | | 1969 | V | 3 | 0:47:36 | 12,61 | 4:46 |
| 75 | 121 | Priem Daley | Deurne | 1994 | M | 72 | 0:47:36 | 12,61 | 4:46 |
| 76 | 689 | Vermeir Jeffrey | | 1992 | M | 73 | 0:47:36 | 12,61 | 4:46 |
| 77 | 252 | Georgievova Jitka | Antwerp | 1985 | V | 4 | 0:47:36 | 12,61 | 4:46 |
| 78 | 690 | Owen Cornelis | | 1973 | M | 74 | 0:47:38 | 12,60 | 4:46 |
| 79 | 457 | Verbruggen David | Lier | 1971 | M | 75 | 0:47:43 | 12,57 | 4:46 |
| 80 | 667 | Wouters Pim | | | M | 76 | 0:47:44 | 12,57 | 4:46 |
| 81 | 483 | Slootmaekers Bregt | | 1965 | M | 77 | 0:47:47 | 12,56 | 4:47 |
| 82 | 481 | Verona Francesco | | 1978 | M | 78 | 0:47:48 | 12,55 | 4:47 |
| 83 | 583 | Nackaerts Guy | | 1962 | M | 79 | 0:47:50 | 12,54 | 4:47 |
| 84 | 172 | Roelen Martijn | Berchem | 1991 | M | 80 | 0:47:58 | 12,51 | 4:48 |
| 85 | 506 | Bachot Jan | | 1956 | M | 81 | 0:48:00 | 12,50 | 4:48 |
| 86 | 534 | Lippens Wim | Ekeren (Antwerpen) | 1976 | M | 82 | 0:48:18 | 12,42 | 4:50 |
| 87 | 525 | Carpriau Nico | | 1970 | M | 83 | 0:48:23 | 12,40 | 4:50 |
| 88 | 485 | Lemmens Luc | | 1958 | M | 84 | 0:48:35 | 12,35 | 4:52 |
| 89 | 55 | Meekels Michiel | Deurne | 1979 | M | 85 | 0:48:36 | 12,35 | 4:52 |
| 90 | 227 | Grietens Jari | Deurne | 1955 | M | 86 | 0:48:40 | 12,33 | 4:52 |
| 91 | 662 | Dielen Christiaan | | 1966 | M | 87 | 0:48:53 | 12,27 | 4:53 |
| 92 | 446 | De Meyer Carolyn | | 1969 | V | 5 | 0:48:54 | 12,27 | 4:53 |
| 93 | 96 | Vanhoutte Kristof | Aalst | 1973 | M | 88 | 0:49:08 | 12,21 | 4:55 |
| 94 | 693 | Kharbachi Mohamed | | 1984 | M | 89 | 0:49:09 | 12,21 | 4:55 |
| 95 | 17 | Noiron Bonnie | Deurne | 1984 | M | 90 | 0:49:13 | 12,19 | 4:55 |
| 96 | 162 | De Hoon Lien | Antwerpen | 1990 | V | 6 | 0:49:18 | 12,17 | 4:56 |
| 97 | 608 | Van Hemeldonck Serge | | 1956 | M | 91 | 0:49:18 | 12,17 | 4:56 |
| 98 | 451 | Cluppens Rudi | Antwerpen | 1961 | M | 92 | 0:49:19 | 12,17 | 4:56 |
| 99 | 501 | Goossens Fred | | 1972 | M | 93 | 0:49:27 | 12,13 | 4:57 |
| 100 | 460 | Beets Jasper | Deurne (Antwerpen) | 2003 | M | 94 | 0:49:29 | 12,13 | 4:57 |
| 101 | 291 | Gerstmans Hans | Merksem | 1991 | M | 95 | 0:49:30 | 12,12 | 4:57 |
| 102 | 671 | Kenis Eddy | Rijkevorsel | 1961 | M | 96 | 0:49:30 | 12,12 | 4:57 |
| 103 | 543 | Bust Danny | Antwerpen | 1968 | M | 97 | 0:49:39 | 12,08 | 4:58 |
| 104 | 613 | Seys Bart | | 1984 | M | 98 | 0:49:45 | 12,06 | 4:59 |
| 105 | 155 | Chow David | Antwerpen | 1979 | M | 99 | 0:49:50 | 12,04 | 4:59 |
| 106 | 616 | Terpstra Martin | | 1966 | M | 100 | 0:49:56 | 12,02 | 5:00 |
| 107 | 63 | Moons Raf | Mortsel | 1969 | M | 101 | 0:50:02 | 11,99 | 5:00 |
| 108 | 531 | Lathouwers Paul | Ekeren (Antwerpen) | 1964 | M | 102 | 0:50:03 | 11,99 | 5:00 |
| 109 | 204 | Costermans Nils | Brecht | 1989 | M | 103 | 0:50:08 | 11,97 | 5:01 |
| 110 | 459 | Chody Christian | | 1970 | M | 104 | 0:50:19 | 11,92 | 5:02 |
| 111 | 261 | Goyvaerts Rudio | Deurne | 1962 | M | 105 | 0:50:37 | 11,85 | 5:04 |
| 112 | 156 | Rottiers Walter | Deurne | 1954 | M | 106 | 0:50:40 | 11,84 | 5:04 |
| 113 | 455 | Van Gilst John | | 1944 | M | 107 | 0:50:43 | 11,83 | 5:04 |
| 114 | 209 | De Brandt Stephane | Mortsel | 1975 | M | 108 | 0:50:52 | 11,80 | 5:05 |
| 115 | 484 | Hadry Richard | | 1990 | M | 109 | 0:50:53 | 11,79 | 5:05 |
| 116 | 445 | Manise Dirk | Wilrijk (Antwerpen) | 1963 | M | 110 | 0:50:54 | 11,79 | 5:05 |
| 117 | 674 | Van Mirlo Werner | | 1968 | M | 111 | 0:50:55 | 11,78 | 5:06 |
| 118 | 618 | Bart Peeters | | 1964 | M | 112 | 0:51:01 | 11,76 | 5:06 |
| 119 | 655 | Hellemans Tanya | Ekeren (Antwerpen) | 1970 | V | 7 | 0:51:02 | 11,76 | 5:06 |
| 120 | 650 | Schellekens Tom | | 1976 | M | 113 | 0:51:19 | 11,69 | 5:08 |
| 121 | 50 | De Moor Michael | Merksem | 2000 | M | 114 | 0:51:21 | 11,68 | 5:08 |
| 122 | 542 | Aerts Alain | | 1964 | M | 115 | 0:51:30 | 11,65 | 5:09 |
| 123 | 604 | Meerberghs Dirk | | 1970 | M | 116 | 0:51:31 | 11,65 | 5:09 |
| 124 | 462 | Benoey Rudi | Antwerpen | 1960 | M | 117 | 0:51:33 | 11,64 | 5:09 |
| 125 | 238 | Bogaerts Luc | Borsbeek | 1949 | M | 118 | 0:51:37 | 11,62 | 5:10 |
| 126 | 191 | De Raeymaekers Nelly | Wijnegerm | 1967 | V | 8 | 0:51:41 | 11,61 | 5:10 |
| 127 | 314 | Schepens Bjorn | Kieldrecht | 1974 | M | 119 | 0:51:41 | 11,61 | 5:10 |

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|-----|-----|-----------------------|---------------------|------|-----|-------|---------|-------|---------|
| 128 | 177 | Dankwa Atta | Antwerpen | 1997 | M | 120 | 0:51:43 | 11,60 | 5:10 |
| 129 | 523 | Deckers Kris | | 1969 | M | 121 | 0:51:46 | 11,59 | 5:11 |
| 130 | 499 | Slikboer Yanick | | 1987 | M | 122 | 0:51:55 | 11,56 | 5:12 |
| 131 | 313 | Barrett Oisin | Wilrijk | 1999 | M | 123 | 0:51:56 | 11,55 | 5:12 |
| 132 | 581 | Krizan Juraj | | 1959 | M | 124 | 0:52:00 | 11,54 | 5:12 |
| 133 | 186 | Janssens Benny | Merksem | 1979 | M | 125 | 0:52:01 | 11,53 | 5:12 |
| 134 | 22 | Van de Laar Guido | Borsbeek | 1953 | M | 126 | 0:52:04 | 11,52 | 5:12 |
| 135 | 410 | Jennekens Jo | | | M | 127 | 0:52:04 | 11,52 | 5:12 |
| 136 | 300 | Verbeeck Debie | Wommelgem | 1972 | V | 9 | 0:52:05 | 11,52 | 5:13 |
| 137 | 323 | Heirman Dave | Borsbeek | 1976 | M | 128 | 0:52:09 | 11,51 | 5:13 |
| 138 | 318 | Heirman Emily | Antwerpen | 1999 | V | 10 | 0:52:11 | 11,50 | 5:13 |
| 139 | 541 | Coppens Jos | | 1960 | M | 129 | 0:52:15 | 11,48 | 5:14 |
| 140 | 510 | Strubbe Johan | | 1972 | M | 130 | 0:52:18 | 11,47 | 5:14 |
| 141 | 538 | Aerts Peter | | 1978 | M | 131 | 0:52:19 | 11,47 | 5:14 |
| 142 | 566 | Blanckaert Nathalie | | 1985 | V | 11 | 0:52:21 | 11,46 | 5:14 |
| 143 | 681 | De Swert Jelle | | 1986 | M | 132 | 0:52:25 | 11,45 | 5:15 |
| 144 | 85 | Vansant Roland | Deurne | 1988 | M | 133 | 0:52:25 | 11,45 | 5:15 |
| 145 | 585 | Van Steenberghe Jo | | 1975 | M | 134 | 0:52:26 | 11,44 | 5:15 |
| 146 | 489 | Trooskens Johan | | 1972 | M | 135 | 0:52:28 | 11,44 | 5:15 |
| 147 | 513 | Wouters Kurt | Berchem (Antwerpen) | 1970 | M | 136 | 0:52:35 | 11,41 | 5:15 |
| 148 | 307 | Grignard Stefan | Kontich | 1977 | M | 137 | 0:52:46 | 11,37 | 5:17 |
| 149 | 415 | Denies Stephan | | | M | 138 | 0:52:46 | 11,37 | 5:17 |
| 150 | 654 | Van Raemdonck Yves | Deurne (Antwerpen) | | M | 139 | 0:52:49 | 11,36 | 5:17 |
| 151 | 467 | Van Neck Yves | Willebroek | 1980 | M | 140 | 0:52:50 | 11,36 | 5:17 |
| 152 | 309 | Van Boxem Jolien | Borgerhout | 1990 | V | 12 | 0:52:59 | 11,32 | 5:18 |
| 153 | 634 | De Caluwe Georges | | 1955 | M | 141 | 0:53:00 | 11,32 | 5:18 |
| 154 | 571 | Reygaert Patrick | | 1974 | M | 142 | 0:53:00 | 11,32 | 5:18 |
| 155 | 276 | Solano Fredy | Deurne | 1984 | M | 143 | 0:53:05 | 11,30 | 5:19 |
| 156 | 695 | Weyns Rien | | 1984 | M | 144 | 0:53:07 | 11,30 | 5:19 |
| 157 | 664 | Huysmans Philip | | | M | 145 | 0:53:07 | 11,30 | 5:19 |
| 158 | 552 | | | 2007 | M | 146 | 0:53:09 | 11,29 | 5:19 |
| 159 | 532 | Lathouwers Kenny | Boom | 1989 | M | 147 | 0:53:10 | 11,29 | 5:19 |
| 160 | 453 | Van Den Daele Johanna | | 1992 | V | 13 | 0:53:13 | 11,27 | 5:19 |
| 161 | 487 | Helsen Tom | | 1984 | M | 148 | 0:53:15 | 11,27 | 5:20 |
| 162 | 285 | Van Overloop Martine | Wommelgem | 1971 | V | 14 | 0:53:15 | 11,27 | 5:20 |
| 163 | 83 | Nauwelaerts Sam | Grobbendonk | 1995 | M | 149 | 0:53:17 | 11,26 | 5:20 |
| 164 | 463 | Langbeen Walter | Merksem (Antwerpen) | 1958 | M | 150 | 0:53:22 | 11,24 | 5:20 |
| 165 | 587 | Hess Tom | Antwerpen | 1974 | M | 151 | 0:53:24 | 11,24 | 5:20 |
| 166 | 492 | Thijs Luc | Antwerpen | 1960 | M | 152 | 0:53:24 | 11,24 | 5:20 |
| 167 | 464 | Vanlommel Herbert | Deurne (Antwerpen) | 1967 | M | 153 | 0:53:26 | 11,23 | 5:21 |
| 168 | 312 | Barrett Shane | Ballydehob (IRL) | 1966 | M | 154 | 0:53:29 | 11,22 | 5:21 |
| 169 | 642 | Walscharts Tom | Antwerpen | 1994 | M | 155 | 0:53:29 | 11,22 | 5:21 |
| 170 | 670 | Janssens Jonas | | | M | 156 | 0:53:30 | 11,21 | 5:21 |
| 171 | 18 | Schoenmaekers Jan | Wommelgem | 1954 | M | 157 | 0:53:33 | 11,20 | 5:21 |
| 172 | 493 | Manouri Morad | Deurne (Antwerpen) | 2000 | M | 158 | 0:53:35 | 11,20 | 5:22 |
| 173 | 247 | Galand Sarah | Wilrijk | 1980 | V | 15 | 0:53:36 | 11,19 | 5:22 |
| 174 | 669 | Baert Axel | | 1993 | M | 159 | 0:53:37 | 11,19 | 5:22 |
| 175 | 244 | Van Velthoven Peter | Merksem | 1961 | M | 160 | 0:53:39 | 11,18 | 5:22 |
| 176 | 253 | Huysen Goedele | Antwerpen | 1980 | V | 16 | 0:53:43 | 11,17 | 5:22 |
| 177 | 663 | Bodson Gilles | | 1989 | M | 161 | 0:53:49 | 11,15 | 5:23 |
| 178 | 557 | Van Laen Katrien | Puurs | 1973 | V | 17 | 0:53:50 | 11,15 | 5:23 |
| 179 | 260 | Donvil Jonas | Deurne | 1978 | M | 162 | 0:53:52 | 11,14 | 5:23 |
| 180 | 500 | Vermeyen Bjorn | Schoten | 1981 | M | 163 | 0:53:55 | 11,13 | 5:23 |
| 181 | 512 | Van Dyck Dries | | 1992 | M | 164 | 0:53:58 | 11,12 | 5:24 |
| 182 | 614 | Van Bavel Jan | | 1968 | M | 165 | 0:54:03 | 11,10 | 5:24 |
| 183 | 182 | Voets Noël | Borgerhout | 1946 | M | 166 | 0:54:03 | 11,10 | 5:24 |
| 184 | 84 | Hermans Seppe | Antwerpen | 1985 | M | 167 | 0:54:05 | 11,09 | 5:25 |
| 185 | 93 | Bisschop Jan | Borsbeek | 1981 | M | 168 | 0:54:05 | 11,09 | 5:25 |
| 186 | 619 | Dobbels Leo | | 1963 | M | 169 | 0:54:08 | 11,08 | 5:25 |
| 187 | 168 | Vanasbroeck Jimmy | Antwerpen | 1968 | M | 170 | 0:54:11 | 11,07 | 5:25 |
| 188 | 46 | Kesteloot Kristiaan | Deurne | 1952 | M | 171 | 0:54:17 | 11,05 | 5:26 |
| 189 | 62 | Demarsin Hilde | Mortsel | 1969 | V | 18 | 0:54:36 | 10,99 | 5:28 |
| 190 | 649 | Vekemans Ellen | Booischoot | 1981 | V | 19 | 0:54:37 | 10,99 | 5:28 |
| 191 | 45 | Franck Francois | Wijnegem | 1964 | M | 172 | 0:54:44 | 10,96 | 5:28 |
| 192 | 402 | Van Peet Wouter | | 1980 | M | 173 | 0:54:48 | 10,95 | 5:29 |

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|-----|-----|---------------------------|---------------------|------|-----|-------|---------|-------|---------|
| 193 | 197 | Spies Sabine | Deurne | 1970 | V | 20 | 0:54:51 | 10,94 | 5:29 |
| 194 | 239 | Saerens Mike | Merksem | 1961 | M | 174 | 0:54:57 | 10,92 | 5:30 |
| 195 | 547 | Swennen Gilbert | | 1950 | M | 175 | 0:54:57 | 10,92 | 5:30 |
| 196 | 10 | Rombouts Jan | Schoten | 1952 | M | 176 | 0:55:01 | 10,91 | 5:30 |
| 197 | 26 | De Hert Brent | Berchem | 2001 | M | 177 | 0:55:03 | 10,90 | 5:30 |
| 198 | 269 | Maes Karlo | Wijnegem | 1968 | M | 178 | 0:55:06 | 10,89 | 5:31 |
| 199 | 602 | Mercelis Anton | Deurne (Antwerpen) | 1991 | M | 179 | 0:55:06 | 10,89 | 5:31 |
| 200 | 190 | Vandenbussche Wim | Deurne | 1969 | M | 180 | 0:55:08 | 10,88 | 5:31 |
| 201 | 688 | Vermeir Evi | | 1990 | V | 21 | 0:55:11 | 10,87 | 5:31 |
| 202 | 646 | Bijnens Tom | Deurne (Antwerpen) | 1984 | M | 181 | 0:55:13 | 10,87 | 5:31 |
| 203 | 61 | Lauwers Linsey | Antwerpen | 1983 | V | 22 | 0:55:13 | 10,87 | 5:31 |
| 204 | 482 | Wils Erik | | 1969 | M | 182 | 0:55:18 | 10,85 | 5:32 |
| 205 | 672 | Kavneychik Katya | | 1985 | V | 23 | 0:55:23 | 10,83 | 5:32 |
| 206 | 471 | De Koe Chris | | 1948 | M | 183 | 0:55:24 | 10,83 | 5:32 |
| 207 | 594 | Vermeeren Laura | Deurne (Antwerpen) | 1991 | V | 24 | 0:55:25 | 10,83 | 5:32 |
| 208 | 494 | Borremans Eric | Deurne (Antwerpen) | 1975 | M | 184 | 0:55:29 | 10,81 | 5:33 |
| 209 | 570 | D K Wiebe | | 1998 | M | 185 | 0:55:31 | 10,81 | 5:33 |
| 210 | 184 | Verboven Thomas | Brasschaat | 1988 | M | 186 | 0:55:32 | 10,80 | 5:33 |
| 211 | 631 | Van Olmen Glenn | | 1981 | M | 187 | 0:55:38 | 10,78 | 5:34 |
| 212 | 444 | Visser Gijs | | 1981 | M | 188 | 0:55:38 | 10,78 | 5:34 |
| 213 | 559 | Janssens Roald | Ekeren (Antwerpen) | 1982 | M | 189 | 0:55:38 | 10,78 | 5:34 |
| 214 | 21 | De Roeck Bruno | Kontich | 1960 | M | 190 | 0:55:39 | 10,78 | 5:34 |
| 215 | 196 | Rammelaere Joeri | Stabroek | 1990 | M | 191 | 0:55:39 | 10,78 | 5:34 |
| 216 | 139 | Ruelens Jo | Herent | 1956 | M | 192 | 0:55:39 | 10,78 | 5:34 |
| 217 | 573 | Anthonissen Marc | | 1955 | M | 193 | 0:55:42 | 10,77 | 5:34 |
| 218 | 687 | Boboc Mariana | | 1985 | V | 25 | 0:55:44 | 10,77 | 5:34 |
| 219 | 40 | Olsen Maja | Antwerpen | 1984 | V | 26 | 0:55:48 | 10,75 | 5:35 |
| 220 | 3 | Meysmans Ian | Deurne | 1996 | M | 194 | 0:55:49 | 10,75 | 5:35 |
| 221 | 4 | Meysmans Johan | Deurne | 1964 | M | 195 | 0:55:51 | 10,74 | 5:35 |
| 222 | 205 | Roebben Geert | Deurne | 1970 | M | 196 | 0:55:52 | 10,74 | 5:35 |
| 223 | 653 | Busschodts Rene | Putte | 1957 | M | 197 | 0:55:54 | 10,73 | 5:35 |
| 224 | 475 | Vervaeke Francis | | 1966 | M | 198 | 0:55:54 | 10,73 | 5:35 |
| 225 | 104 | Ongena Patrick | Deurne | 1952 | M | 199 | 0:55:57 | 10,72 | 5:36 |
| 226 | 306 | Nazarov Maxim | Antwerpen | 1986 | M | 200 | 0:55:58 | 10,72 | 5:36 |
| 227 | 305 | Baert Jurgen | Deurne | 1980 | M | 201 | 0:55:59 | 10,72 | 5:36 |
| 228 | 183 | Van den Maegdenbergh Miet | Loenhout | 1983 | V | 27 | 0:56:01 | 10,71 | 5:36 |
| 229 | 187 | Van den Maegdenbergh An | Hoogstraten | 1990 | V | 28 | 0:56:02 | 10,71 | 5:36 |
| 230 | 627 | Heremans Ilse | | 1968 | V | 29 | 0:56:17 | 10,66 | 5:38 |
| 231 | 626 | Hermans Chris | | 1968 | M | 202 | 0:56:17 | 10,66 | 5:38 |
| 232 | 65 | Segers Giovanni | Deurne | 1992 | M | 203 | 0:56:19 | 10,65 | 5:38 |
| 233 | 195 | De Roover Monica | Stabroek | 1958 | V | 30 | 0:56:23 | 10,64 | 5:38 |
| 234 | 504 | Duym Chris | | 1967 | M | 204 | 0:56:28 | 10,63 | 5:39 |
| 235 | 128 | De Keyser Danny | Nevele | 1963 | M | 205 | 0:56:29 | 10,62 | 5:39 |
| 236 | 407 | Dupon Nathan | | | M | 206 | 0:56:30 | 10,62 | 5:39 |
| 237 | 290 | Van den Sande Gunter | Wommelgem | 1975 | M | 207 | 0:56:31 | 10,62 | 5:39 |
| 238 | 409 | Smits Souffiane | | | M | 208 | 0:56:32 | 10,61 | 5:39 |
| 239 | 173 | Verstraeten Jimmy | Antwerpen | 1985 | M | 209 | 0:56:33 | 10,61 | 5:39 |
| 240 | 666 | De Wever Bart | | 1970 | M | 210 | 0:56:36 | 10,60 | 5:40 |
| 241 | 109 | Van Riel Stijn | Wommelgem | 2000 | M | 211 | 0:56:44 | 10,58 | 5:40 |
| 242 | 19 | Berkau Linda | Deurne | 1986 | V | 31 | 0:56:44 | 10,58 | 5:40 |
| 243 | 526 | Depover Rafael | | 1992 | M | 212 | 0:56:47 | 10,57 | 5:41 |
| 244 | 248 | Schollaert Joost | Wilrijk | 1979 | M | 213 | 0:56:52 | 10,55 | 5:41 |
| 245 | 245 | Holsters Levi | Merksem | 1994 | M | 214 | 0:57:00 | 10,53 | 5:42 |
| 246 | 25 | Van Opstal Erine | Antwerpen | 2001 | V | 32 | 0:57:05 | 10,51 | 5:42 |
| 247 | 560 | Rodriguez Ruben | Ekeren (Antwerpen) | 1983 | M | 215 | 0:57:05 | 10,51 | 5:42 |
| 248 | 27 | Van Hoof Nemo | Berchem | 2001 | M | 216 | 0:57:08 | 10,50 | 5:43 |
| 249 | 544 | Brusseleers Saartje | Deurne (Antwerpen) | 1977 | V | 33 | 0:57:09 | 10,50 | 5:43 |
| 250 | 275 | Van Assche Timmy | Wommelgem | 1986 | M | 217 | 0:57:15 | 10,48 | 5:44 |
| 251 | 468 | De Ridder Marianne | Rumst | 1983 | V | 34 | 0:57:17 | 10,47 | 5:44 |
| 252 | 176 | Al-ani Ghaith | Deurne | 1996 | M | 218 | 0:57:21 | 10,46 | 5:44 |
| 253 | 194 | Rammelaere Paul | Stabroek | 1960 | M | 219 | 0:57:25 | 10,45 | 5:45 |
| 254 | 639 | Geudens Jim | | 1980 | M | 220 | 0:57:26 | 10,45 | 5:45 |
| 255 | 246 | Holsters Willy | Merksem | 1963 | M | 221 | 0:57:29 | 10,44 | 5:45 |
| 256 | 508 | Baeskens Jan | | 1980 | M | 222 | 0:57:32 | 10,43 | 5:45 |
| 257 | 507 | Brouwers Wendy | Berchem (Antwerpen) | 1980 | V | 35 | 0:57:32 | 10,43 | 5:45 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------|----------------------|------|-----|-------|---------|-------|---------|
| 258 | 122 | Schuybroek Morten | Stabroek | 1988 | M | 223 | 0:57:44 | 10,39 | 5:46 |
| 259 | 52 | De Jonghe Ann | Antwerpen | 1976 | V | 36 | 0:57:49 | 10,38 | 5:47 |
| 260 | 601 | Van Goethem Amaryllis | Antwerpen | 1988 | V | 37 | 0:57:51 | 10,37 | 5:47 |
| 261 | 271 | Demirkaynak Mithat | Deurne | 1975 | M | 224 | 0:57:53 | 10,37 | 5:47 |
| 262 | 524 | Malige Dave | | 1963 | M | 225 | 0:57:54 | 10,36 | 5:47 |
| 263 | 582 | Vanerwegen Guy | | 1961 | M | 226 | 0:57:54 | 10,36 | 5:47 |
| 264 | 164 | Heyninck Bart | Borgerhout | 1965 | M | 227 | 0:57:57 | 10,35 | 5:48 |
| 265 | 108 | Hanique Michel | Antwerpe | 1949 | M | 228 | 0:58:01 | 10,34 | 5:48 |
| 266 | 624 | Verschraegen Birte | | 1991 | V | 38 | 0:58:15 | 10,30 | 5:49 |
| 267 | 134 | Senatore Arnaud | Borgerhout | 1988 | M | 229 | 0:58:18 | 10,29 | 5:50 |
| 268 | 621 | Liekens Christophe | | 1978 | M | 230 | 0:58:35 | 10,24 | 5:52 |
| 269 | 533 | Verbruggen Marc | Nijlen | 1973 | M | 231 | 0:58:47 | 10,21 | 5:53 |
| 270 | 262 | Gregoir Bert | Antwerpen | 1978 | M | 232 | 0:58:57 | 10,18 | 5:54 |
| 271 | 211 | Pauwels Xeres | St Niklaas | 1995 | M | 233 | 0:59:02 | 10,16 | 5:54 |
| 272 | 520 | Buelens Karel | | 1965 | M | 234 | 0:59:04 | 10,16 | 5:54 |
| 273 | 240 | Verstappen Dieter | Deurne | 1984 | M | 235 | 0:59:06 | 10,15 | 5:55 |
| 274 | 241 | Wynants Jan | Wijnegem | 1984 | M | 236 | 0:59:07 | 10,15 | 5:55 |
| 275 | 87 | Cook Caleb | Wijnegem | 1978 | M | 237 | 0:59:08 | 10,15 | 5:55 |
| 276 | 592 | Focquet Anouk | | 1986 | V | 39 | 0:59:16 | 10,12 | 5:56 |
| 277 | 310 | Cools Mathias | Borgerhout | 1961 | M | 238 | 0:59:16 | 10,12 | 5:56 |
| 278 | 593 | Focquet Filip | | 1989 | M | 239 | 0:59:17 | 10,12 | 5:56 |
| 279 | 497 | Steurbaut Kersten | Rijkevorsel | 1982 | M | 240 | 0:59:22 | 10,11 | 5:56 |
| 280 | 98 | Philips Katine | Kapellen | 1968 | V | 40 | 0:59:26 | 10,10 | 5:57 |
| 281 | 229 | Geudens Ken | Antwerpen | 1984 | M | 241 | 0:59:27 | 10,09 | 5:57 |
| 282 | 605 | Khan Ali | | 1988 | M | 242 | 0:59:35 | 10,07 | 5:58 |
| 283 | 652 | Struyven Evelien | | 1989 | V | 41 | 0:59:37 | 10,06 | 5:58 |
| 284 | 216 | Claeys Georges | Deurne | 1947 | M | 243 | 0:59:37 | 10,06 | 5:58 |
| 285 | 258 | De Bens Rika | Zoersel | 1970 | V | 42 | 0:59:42 | 10,05 | 5:58 |
| 286 | 625 | Mercelis Rudy | | 1954 | M | 244 | 0:59:44 | 10,04 | 5:58 |
| 287 | 454 | Verachtert Stefan | | 1973 | M | 245 | 0:59:48 | 10,03 | 5:59 |
| 288 | 180 | Vervloet Els | Sint-Katelijne-Waver | 1977 | V | 43 | 0:59:53 | 10,02 | 5:59 |
| 289 | 562 | Janosevic Sani | Mortsel | 1989 | M | 246 | 0:59:57 | 10,01 | 6:00 |
| 290 | 586 | Keersmaekers Joy | Merksem (Antwerpen) | 1975 | V | 44 | 1:00:02 | 9,99 | 6:00 |
| 291 | 678 | De Laet Alexander | | | M | 247 | 1:00:03 | 9,99 | 6:00 |
| 292 | 677 | De Laet Erwin | | | M | 248 | 1:00:04 | 9,99 | 6:00 |
| 293 | 694 | Aouad Hooussain | | 1971 | M | 249 | 1:00:09 | 9,98 | 6:01 |
| 294 | 515 | Vermeiren Els | | 1979 | V | 45 | 1:00:10 | 9,97 | 6:01 |
| 295 | 274 | Kerckhofs Jan | Edegem | 1989 | M | 250 | 1:00:10 | 9,97 | 6:01 |
| 296 | 673 | Debloudts Felice | | 1976 | V | 46 | 1:00:13 | 9,96 | 6:01 |
| 297 | 277 | Deprez Heidi | Berchem | 1972 | V | 47 | 1:00:18 | 9,95 | 6:02 |
| 298 | 221 | Gomperts Sarah | Deurne | 1978 | V | 48 | 1:00:19 | 9,95 | 6:02 |
| 299 | 257 | Janssens Jacky | Berchem | 1950 | M | 251 | 1:00:22 | 9,94 | 6:02 |
| 300 | 149 | Wollaert Piet | Deurne | 1960 | M | 252 | 1:00:23 | 9,94 | 6:02 |
| 301 | 135 | Goyvaerts Glen | Ekeren | 1984 | M | 253 | 1:00:39 | 9,89 | 6:04 |
| 302 | 599 | Dyck Patricia | | 1964 | V | 49 | 1:00:42 | 9,88 | 6:04 |
| 303 | 598 | Macharis Willial | | 1969 | M | 254 | 1:00:42 | 9,88 | 6:04 |
| 304 | 210 | Van Landeghem Piet | Waasmunster | 1963 | M | 255 | 1:00:44 | 9,88 | 6:04 |
| 305 | 648 | Pil Joost | | | M | 256 | 1:00:47 | 9,87 | 6:05 |
| 306 | 579 | Lommelen Ann | Schilde | 1967 | V | 50 | 1:00:49 | 9,87 | 6:05 |
| 307 | 584 | Van Den Bergh Xandra | | 1971 | V | 51 | 1:00:49 | 9,87 | 6:05 |
| 308 | 72 | Van Loock Alary | Koningshooikt | 1958 | M | 257 | 1:01:00 | 9,84 | 6:06 |
| 309 | 539 | Lauryssens Paul | | 1965 | V | 52 | 1:01:06 | 9,82 | 6:07 |
| 310 | 178 | Walgraeve Annick | Kalmthout | 1971 | V | 53 | 1:01:12 | 9,80 | 6:07 |
| 311 | 160 | Faes Leen | Edegem | 1982 | V | 54 | 1:01:13 | 9,80 | 6:07 |
| 312 | 282 | Simons Nele | Antwerpen | 1983 | V | 55 | 1:01:17 | 9,79 | 6:08 |
| 313 | 281 | van looveren Anny | Borsbeek | 1957 | V | 56 | 1:01:19 | 9,79 | 6:08 |
| 314 | 635 | Van Bommel Wendy | | 1980 | V | 57 | 1:01:24 | 9,77 | 6:08 |
| 315 | 636 | Verlent Tom | | 1971 | M | 258 | 1:01:24 | 9,77 | 6:08 |
| 316 | 505 | Van Balen Katrien | | 1962 | V | 58 | 1:01:28 | 9,76 | 6:09 |
| 317 | 119 | Van camp Kim | Hove | 1978 | V | 59 | 1:01:36 | 9,74 | 6:10 |
| 318 | 118 | Van camp Chris | Deurne | 1976 | M | 259 | 1:01:37 | 9,74 | 6:10 |
| 319 | 603 | Looten Hilde | Antwerpen | 1961 | V | 60 | 1:01:42 | 9,72 | 6:10 |
| 320 | 88 | Hendrickx Dylan | Kontich | 1992 | M | 260 | 1:01:43 | 9,72 | 6:10 |
| 321 | 472 | Wyns Elsje | Wilrijk (Antwerpen) | 1968 | V | 61 | 1:01:48 | 9,71 | 6:11 |
| 322 | 633 | Van Roy Astrid | | 1992 | V | 62 | 1:01:49 | 9,71 | 6:11 |

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|-----|------|---------------------------|----------------------|------|-----|-------|---------|------|---------|
| 323 | 530 | Bulckaen Hans | | 1968 | M | 261 | 1:01:50 | 9,70 | 6:11 |
| 324 | 529 | Desloovere Marleen | | 1959 | V | 63 | 1:01:51 | 9,70 | 6:11 |
| 325 | 137 | Faes Cedric | Halle Zoersel | 1995 | M | 262 | 1:01:51 | 9,70 | 6:11 |
| 326 | 266 | Dingemans Luke | Boom | 1958 | M | 263 | 1:01:55 | 9,69 | 6:12 |
| 327 | 302 | Aerts Tania | Berchem | 1967 | V | 64 | 1:01:59 | 9,68 | 6:12 |
| 328 | 100 | Collignon Roger | Deurne | 1946 | M | 264 | 1:02:05 | 9,66 | 6:13 |
| 329 | 167 | Serneels Tom | Borgerhout | 1986 | M | 265 | 1:02:07 | 9,66 | 6:13 |
| 330 | 443 | Schrijvers Erik | | 1965 | M | 266 | 1:02:12 | 9,65 | 6:13 |
| 331 | 597 | Van Den Broeck Sven | Borgerhout (Antwerpe | 1964 | M | 267 | 1:02:12 | 9,65 | 6:13 |
| 332 | 54 | Vercauteren Sven | Deurne | 1988 | M | 268 | 1:02:17 | 9,63 | 6:14 |
| 333 | 685 | Waem Ann | | 1974 | V | 65 | 1:02:23 | 9,62 | 6:14 |
| 334 | 684 | Thysens Jessy | | 1980 | V | 66 | 1:02:24 | 9,62 | 6:14 |
| 335 | 683 | Maes Elies | | 1984 | V | 67 | 1:02:25 | 9,61 | 6:15 |
| 336 | 228 | Bondroit Lisa | Borgerhout | 1993 | V | 68 | 1:02:30 | 9,60 | 6:15 |
| 337 | 192 | Van den Maegdenbergh Herm | Loenhout | 1953 | M | 269 | 1:02:30 | 9,60 | 6:15 |
| 338 | 651 | Feremans Marma | | 1965 | V | 69 | 1:02:33 | 9,59 | 6:15 |
| 339 | 509 | Beeckmans Sabine | | 1968 | V | 70 | 1:02:34 | 9,59 | 6:15 |
| 340 | 249 | Janssens Danny | Deurne | 1971 | M | 270 | 1:02:38 | 9,58 | 6:16 |
| 341 | 57 | Delaruelle Walter | Kapellen | 1959 | M | 271 | 1:02:49 | 9,55 | 6:17 |
| 342 | 637 | Braet Pieterjan | Antwerpen | 1990 | M | 272 | 1:02:56 | 9,53 | 6:18 |
| 343 | 116 | Kolakovic Ruzica | Antwerpen | 1985 | V | 71 | 1:02:57 | 9,53 | 6:18 |
| 344 | 474 | Borgers Niels | Borgerhout (Antwerpe | 1989 | M | 273 | 1:02:59 | 9,53 | 6:18 |
| 345 | 657 | Peeters Nadine | | 1961 | V | 72 | 1:03:07 | 9,51 | 6:19 |
| 346 | 317 | Witteveen Daphne | Mechelen | 1986 | V | 73 | 1:03:08 | 9,50 | 6:19 |
| 347 | 615 | Verrelst Janus | | | M | 274 | 1:03:08 | 9,50 | 6:19 |
| 348 | 561 | Benoy Jaimie | Merksem (Antwerpen) | 1991 | M | 275 | 1:03:09 | 9,50 | 6:19 |
| 349 | 488 | Van Putten Linde | | 1986 | V | 74 | 1:03:13 | 9,49 | 6:19 |
| 350 | 405 | Van Boxen Jolien | | | V | 75 | 1:03:14 | 9,49 | 6:19 |
| 351 | 413 | Van der Beck Bie | | | V | 76 | 1:03:20 | 9,47 | 6:20 |
| 352 | 549 | De Graef Richard | | 1951 | M | 276 | 1:03:22 | 9,47 | 6:20 |
| 353 | 66 | De cuyper Eddy | Deurne | 1955 | M | 277 | 1:03:23 | 9,47 | 6:20 |
| 354 | 1066 | Van Geyt Ann | Deurne (Antwerpen) | 1968 | V | 77 | 1:03:24 | 9,46 | 6:20 |
| 355 | 174 | Liekens Birgit | Antwerpen | 1987 | V | 78 | 1:03:30 | 9,45 | 6:21 |
| 356 | 165 | Van Cauteren Mireille | Wilrijk | 1957 | V | 79 | 1:03:35 | 9,44 | 6:22 |
| 357 | 163 | Celis Paul | Borgerhout | 1955 | M | 278 | 1:03:36 | 9,43 | 6:22 |
| 358 | 124 | van looy Heidi | St. Lenaarts | 1972 | V | 80 | 1:03:40 | 9,42 | 6:22 |
| 359 | 551 | Dekkers Carina | | 1964 | V | 81 | 1:03:47 | 9,41 | 6:23 |
| 360 | 503 | Valkeniers Christophe | Antwerpen | 1984 | M | 279 | 1:03:48 | 9,40 | 6:23 |
| 361 | 92 | Vercammen Saskia | Deurne | 1973 | V | 82 | 1:03:50 | 9,40 | 6:23 |
| 362 | 548 | Van Hal Daniel | | 1964 | M | 280 | 1:03:52 | 9,39 | 6:23 |
| 363 | 101 | De Clercq Patrick | Deurne | 1971 | M | 281 | 1:03:52 | 9,39 | 6:23 |
| 364 | 563 | Engels Marc | Borsbeek (Antw.) | 1953 | M | 282 | 1:03:58 | 9,38 | 6:24 |
| 365 | 511 | Beeckmans Margriet | | 1950 | V | 83 | 1:04:14 | 9,34 | 6:25 |
| 366 | 288 | Geijsbregts Dominic | Brasschaat | 1987 | M | 283 | 1:04:16 | 9,34 | 6:26 |
| 367 | 289 | Huybrechts Sarah | Brasschaat | 1988 | V | 84 | 1:04:17 | 9,33 | 6:26 |
| 368 | 212 | Guetens Stijn | Deurne | 1986 | M | 284 | 1:04:31 | 9,30 | 6:27 |
| 369 | 502 | Bauwens Glynis | Antwerpen | 1990 | V | 85 | 1:04:34 | 9,29 | 6:27 |
| 370 | 202 | Leemans Suzanne | Deurne | 1978 | V | 86 | 1:04:35 | 9,29 | 6:28 |
| 371 | 660 | Franssens Esther | | 1992 | V | 87 | 1:04:35 | 9,29 | 6:28 |
| 372 | 213 | Van Landeghem Jasper | Waasmunster | 1995 | M | 285 | 1:04:44 | 9,27 | 6:28 |
| 373 | 1033 | Verelst Vera | Deurne (Antwerpen) | 1963 | V | 88 | 1:04:46 | 9,26 | 6:29 |
| 374 | 198 | Woutets Patrick | Borsbeek | 1971 | M | 286 | 1:04:51 | 9,25 | 6:29 |
| 375 | 441 | Vervaecke Herlinde | | 1979 | V | 89 | 1:05:07 | 9,21 | 6:31 |
| 376 | 243 | Korteweg Sandra | Borgerhout | 1973 | V | 90 | 1:05:07 | 9,21 | 6:31 |
| 377 | 272 | Kerckhofs Ine | Wilrijk | 1986 | V | 91 | 1:05:12 | 9,20 | 6:31 |
| 378 | 418 | Pilate Delphine | | | V | 92 | 1:05:18 | 9,19 | 6:32 |
| 379 | 220 | Frée Celine | Ekeren | 1989 | V | 93 | 1:05:23 | 9,18 | 6:32 |
| 380 | 535 | Mampaey Martine | | 1965 | V | 94 | 1:05:26 | 9,17 | 6:33 |
| 381 | 536 | Spiessens Dirk | | 1961 | M | 287 | 1:05:27 | 9,17 | 6:33 |
| 382 | 521 | Fraeyman Denis | | 1958 | M | 288 | 1:05:33 | 9,15 | 6:33 |
| 383 | 35 | De Loose Maxime | Edegem | 1991 | V | 95 | 1:05:38 | 9,14 | 6:34 |
| 384 | 36 | Wils Greet | Edegem | 1990 | V | 96 | 1:05:38 | 9,14 | 6:34 |
| 385 | 606 | Ooms Peggy | | 1970 | V | 97 | 1:05:40 | 9,14 | 6:34 |
| 386 | 640 | Duckaert Steven | | 1983 | M | 289 | 1:05:41 | 9,13 | 6:34 |
| 387 | 283 | de Munck Hubert | Antwerpen | 1968 | M | 290 | 1:05:48 | 9,12 | 6:35 |

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|-----|------|-------------------------|---------------------|------|-----|-------|---------|------|---------|
| 388 | 74 | Vermeiren Annik | Edegem | 1972 | V | 98 | 1:06:02 | 9,09 | 6:36 |
| 389 | 638 | Pilon Effje | Antwerpen | 1987 | V | 99 | 1:06:04 | 9,08 | 6:36 |
| 390 | 522 | Trappeniers Annemie | | 1977 | V | 100 | 1:06:05 | 9,08 | 6:36 |
| 391 | 576 | Van Rompaey Christel | Hoboken (Antwerpen) | 1955 | V | 101 | 1:06:11 | 9,07 | 6:37 |
| 392 | 301 | Poma Escalier Nestor | Berchem | 1967 | M | 291 | 1:06:25 | 9,03 | 6:39 |
| 393 | 553 | Laenen Ilse | | 1980 | V | 102 | 1:06:31 | 9,02 | 6:39 |
| 394 | 554 | Laenen Tom | | 1981 | M | 292 | 1:06:33 | 9,02 | 6:39 |
| 395 | 315 | Vermeiren Sofie | Wilrijk | 1988 | V | 103 | 1:06:48 | 8,98 | 6:41 |
| 396 | 316 | Segers Koen | Ekeren | 1985 | M | 293 | 1:06:48 | 8,98 | 6:41 |
| 397 | 691 | Vervaet Tabitha | | 1994 | V | 104 | 1:06:49 | 8,98 | 6:41 |
| 398 | 692 | Wille Isabel | | 1993 | V | 105 | 1:06:49 | 8,98 | 6:41 |
| 399 | 416 | Fastenau Kyra | | | V | 106 | 1:07:00 | 8,96 | 6:42 |
| 400 | 284 | Hoffmann Conny | Antwerpen | 1986 | V | 107 | 1:07:01 | 8,95 | 6:42 |
| 401 | 486 | Oerlemans Lucien | | 1950 | M | 294 | 1:07:02 | 8,95 | 6:42 |
| 402 | 69 | Claessens Pierre | Ekeren | 1956 | M | 295 | 1:07:07 | 8,94 | 6:43 |
| 403 | 447 | Smeuninx Bartel | | 1969 | M | 296 | 1:07:08 | 8,94 | 6:43 |
| 404 | 450 | Van Korrebroeck Jade | | 1983 | V | 108 | 1:07:45 | 8,86 | 6:46 |
| 405 | 641 | Der Poel Tom Van | | 1983 | M | 297 | 1:07:48 | 8,85 | 6:47 |
| 406 | 251 | Blereau Karen | Borgerhout | 1976 | V | 109 | 1:07:55 | 8,83 | 6:48 |
| 407 | 203 | Van Rompaey Luc | Deurne | 1970 | M | 298 | 1:08:00 | 8,82 | 6:48 |
| 408 | 154 | Moens Patrick | Wilrijk | 1969 | M | 299 | 1:08:00 | 8,82 | 6:48 |
| 409 | 199 | Antoine Joelle | Deurne | 1970 | V | 110 | 1:08:00 | 8,82 | 6:48 |
| 410 | 517 | Temp Inge | Deurne (Antwerpen) | 1966 | V | 111 | 1:08:01 | 8,82 | 6:48 |
| 411 | 107 | Herrygers Steve | Wuustwezel | 1970 | M | 300 | 1:08:02 | 8,82 | 6:48 |
| 412 | 218 | Jennes Bruno | Deurne | 1951 | M | 301 | 1:08:07 | 8,81 | 6:49 |
| 413 | 94 | Hanbuckers Vicky | Deurne | 1978 | V | 112 | 1:08:08 | 8,81 | 6:49 |
| 414 | 126 | Schoofs Kim | Hemiksem | 1982 | V | 113 | 1:08:15 | 8,79 | 6:49 |
| 415 | 127 | Buvens Randi | Deurne | 1990 | V | 114 | 1:08:15 | 8,79 | 6:49 |
| 416 | 215 | Verstaelen Louie | Herenthout | 1996 | M | 302 | 1:08:20 | 8,78 | 6:50 |
| 417 | 214 | Proost Dimitri | Borgerhout | 1989 | M | 303 | 1:08:24 | 8,77 | 6:50 |
| 418 | 97 | Dilles Sarah | Zandhoven | 1995 | V | 115 | 1:08:31 | 8,76 | 6:51 |
| 419 | 86 | Rombouts Judy | Westmalle | 1984 | V | 116 | 1:08:34 | 8,75 | 6:51 |
| 420 | 80 | Faes Alain | Halle Zoersel | 1965 | M | 304 | 1:08:34 | 8,75 | 6:51 |
| 421 | 95 | Dilles Dirk | Zandhoven | 1965 | M | 305 | 1:08:36 | 8,75 | 6:52 |
| 422 | 123 | Hendrickx Annemie | Stabroek | 1986 | V | 117 | 1:08:47 | 8,72 | 6:53 |
| 423 | 308 | Gabriels Yolande | Wuustwezel | 1967 | V | 118 | 1:09:06 | 8,68 | 6:55 |
| 424 | 170 | Van garsse Hannah | Hoboken | 1990 | V | 119 | 1:09:07 | 8,68 | 6:55 |
| 425 | 161 | De bruyn Freya | Pulle | 1990 | V | 120 | 1:09:08 | 8,68 | 6:55 |
| 426 | 682 | Neyt Astrid | | 1993 | V | 121 | 1:09:08 | 8,68 | 6:55 |
| 427 | 1067 | De Group Ronny | Deurne (Antwerpen) | 1959 | M | 306 | 1:09:20 | 8,65 | 6:56 |
| 428 | 236 | Vandencruys Gert | Antwerpen | 1961 | V | 122 | 1:09:27 | 8,64 | 6:57 |
| 429 | 115 | Cornelissen Anke | Borgerhout | 1970 | V | 123 | 1:09:31 | 8,63 | 6:57 |
| 430 | 555 | Beets Gerts | | 1971 | M | 307 | 1:09:45 | 8,60 | 6:58 |
| 431 | 546 | Lecoutre Anneleen | Antwerpen | 1986 | V | 124 | 1:10:01 | 8,57 | 7:00 |
| 432 | 140 | Van Volsem Geert | Mechelen | 1969 | M | 308 | 1:10:27 | 8,52 | 7:03 |
| 433 | 498 | De Jongh Tinne | Rijkevorsel | 1986 | V | 125 | 1:10:28 | 8,51 | 7:03 |
| 434 | 643 | Van Der Jonckheyd Jamie | Mortsel | 1992 | M | 309 | 1:10:51 | 8,47 | 7:05 |
| 435 | 235 | Maldoy Iris | Lier | 1967 | V | 126 | 1:10:52 | 8,47 | 7:05 |
| 436 | 37 | De Meese Bernard | Aartselaar | 1965 | M | 310 | 1:10:54 | 8,46 | 7:05 |
| 437 | 255 | van den Heuvel Yasmin | Kontich | 1993 | V | 127 | 1:11:00 | 8,45 | 7:06 |
| 438 | 159 | Verhoeven Ludo | Borsbeek | 1951 | M | 311 | 1:11:10 | 8,43 | 7:07 |
| 439 | 558 | Van Gils Simon | Kapellen (Antw.) | 1982 | M | 312 | 1:11:31 | 8,39 | 7:09 |
| 440 | 519 | Speltincx Sylvie | | 1966 | V | 128 | 1:11:38 | 8,38 | 7:10 |
| 441 | 263 | D'eer Myrjam | Schilde | 1960 | V | 129 | 1:11:39 | 8,37 | 7:10 |
| 442 | 473 | Segers Nathalie | Brasschaat | 1974 | V | 130 | 1:12:00 | 8,33 | 7:12 |
| 443 | 470 | Winderickx Dirk | Puurs | 1963 | M | 313 | 1:12:01 | 8,33 | 7:12 |
| 444 | 321 | Quaeyhaegens Yvo | Wijnegem | 1958 | M | 314 | 1:12:03 | 8,33 | 7:12 |
| 445 | 280 | Vijt Mia | Antwerpen | 1959 | V | 131 | 1:12:03 | 8,33 | 7:12 |
| 446 | 417 | Schrauwen Katrien | | | V | 132 | 1:12:11 | 8,31 | 7:13 |
| 447 | 322 | Van de Velde Lief | Schoten | 1957 | V | 133 | 1:12:13 | 8,31 | 7:13 |
| 448 | 287 | Chow William | Schoten | 1983 | M | 315 | 1:12:17 | 8,30 | 7:14 |
| 449 | 75 | van Schaik Ronny | Merksem | 1970 | M | 316 | 1:12:19 | 8,30 | 7:14 |
| 450 | 286 | Van keer Noëlla | Schoten | 1959 | V | 134 | 1:12:58 | 8,22 | 7:18 |
| 451 | 1031 | Vermeulen Sophie | Deurne (Antwerpen) | 1970 | V | 135 | 1:13:24 | 8,17 | 7:20 |
| 452 | 401 | Van Peet Evelien | | 1985 | V | 136 | 1:13:55 | 8,12 | 7:24 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|---------------------------|---------------------|------|-----|-------|---------|------|---------|
| 453 | 696 | Raeymaeckers Inge | | 1961 | V | 137 | 1:14:00 | 8,11 | 7:24 |
| 454 | 414 | Hendrickx Mia | | | V | 138 | 1:14:09 | 8,09 | 7:25 |
| 455 | 527 | Cauberghe Chrisdel | | 1964 | V | 139 | 1:14:09 | 8,09 | 7:25 |
| 456 | 142 | De Vos Werner | Mechelen | 1967 | M | 317 | 1:14:17 | 8,08 | 7:26 |
| 457 | 77 | Vandenabeele Claudia | Merksem | 1985 | V | 140 | 1:14:18 | 8,08 | 7:26 |
| 458 | 588 | Wouters Jos | | 1944 | M | 318 | 1:14:29 | 8,06 | 7:27 |
| 459 | 556 | Goots Katrien | | 1968 | V | 141 | 1:14:33 | 8,05 | 7:27 |
| 460 | 465 | Janssens Ann | Mortsel | 1968 | V | 142 | 1:14:34 | 8,05 | 7:27 |
| 461 | 319 | Pauwels Kelly | Brasschaat | 1987 | V | 143 | 1:14:37 | 8,04 | 7:28 |
| 462 | 679 | Janssens Kristien | | 1986 | V | 144 | 1:14:51 | 8,02 | 7:29 |
| 463 | 89 | Wouters Robin | Antwerpen | 1981 | M | 319 | 1:14:54 | 8,01 | 7:29 |
| 464 | 267 | Kachesova Yulia | Antwerpen | 1968 | V | 145 | 1:14:57 | 8,01 | 7:30 |
| 465 | 411 | Van Bauwel Steven | | | M | 320 | 1:14:58 | 8,00 | 7:30 |
| 466 | 676 | Janssens Annemie | | 1981 | V | 146 | 1:15:01 | 8,00 | 7:30 |
| 467 | 675 | Lenaerts Gerda | | 1952 | V | 147 | 1:15:08 | 7,99 | 7:31 |
| 468 | 43 | Gonzalez Lopez Melissa | Deurne | 1983 | V | 148 | 1:15:12 | 7,98 | 7:31 |
| 469 | 686 | d'heer Veerle | | 1972 | V | 149 | 1:15:19 | 7,97 | 7:32 |
| 470 | 514 | Van Mechelen Karin | | 1973 | V | 150 | 1:15:48 | 7,92 | 7:35 |
| 471 | 225 | Van Overloop Jill | Borsbeek | 1988 | V | 151 | 1:15:49 | 7,91 | 7:35 |
| 472 | 23 | Lathouwers Inez | Schoten | 1988 | V | 152 | 1:16:21 | 7,86 | 7:38 |
| 473 | 146 | Baetens Ellen | Schoten | 1990 | V | 153 | 1:16:25 | 7,85 | 7:39 |
| 474 | 577 | De Coster Katrien | Hoboken (Antwerpen) | 1978 | V | 154 | 1:16:26 | 7,85 | 7:39 |
| 475 | 303 | Boeykens Lutgart | Zwijndrecht | 1969 | V | 155 | 1:16:52 | 7,81 | 7:41 |
| 476 | 2 | Naert Katrien | Deurne | 1958 | V | 156 | 1:17:23 | 7,75 | 7:44 |
| 477 | 578 | Toen Goedele | Hoboken (Antwerpen) | 1984 | V | 157 | 1:18:05 | 7,68 | 7:48 |
| 478 | 219 | De Bock Pieter | Ekeren | 1989 | M | 321 | 1:18:10 | 7,68 | 7:49 |
| 479 | 590 | Beckers Jeanne | | 1957 | V | 158 | 1:18:21 | 7,66 | 7:50 |
| 480 | 589 | Sweeck Anita | | | V | 159 | 1:18:23 | 7,65 | 7:50 |
| 481 | 222 | Van Diest Lauranne | Antwerpen | 1990 | V | 160 | 1:18:55 | 7,60 | 7:53 |
| 482 | 223 | Cuyvers Jolien | Antwerpen | 1992 | V | 161 | 1:18:56 | 7,60 | 7:54 |
| 483 | 188 | Brijs Anne Simonne | Antwerpen | 1991 | V | 162 | 1:19:09 | 7,58 | 7:55 |
| 484 | 189 | Corremans Kim | Antwerpen | 1990 | V | 163 | 1:19:11 | 7,58 | 7:55 |
| 485 | 259 | Ruwet Lut | Kessel-Lo | 1955 | V | 164 | 1:19:19 | 7,56 | 7:56 |
| 486 | 217 | Dominguez Tapia Estefania | Deurne | 1984 | V | 165 | 1:19:19 | 7,56 | 7:56 |
| 487 | 629 | Druyts Shana | | 1988 | V | 166 | 1:20:07 | 7,49 | 8:01 |
| 488 | 630 | Morchot Anthony | | 1983 | M | 322 | 1:20:07 | 7,49 | 8:01 |
| 489 | 141 | Nees Anja | Mechelen | 1968 | V | 167 | 1:20:21 | 7,47 | 8:02 |
| 490 | 129 | Van Rompaey Britt | Deurne | 1987 | V | 168 | 1:21:01 | 7,41 | 8:06 |
| 491 | 644 | Hendrickx Joyce | | 1997 | V | 169 | 1:21:42 | 7,34 | 8:10 |
| 492 | 449 | Delcroix Kim | | | V | 170 | 1:24:04 | 7,14 | 8:24 |
| 493 | 185 | De Meyer Tinne | Schoten | 1977 | V | 171 | 1:24:06 | 7,13 | 8:25 |
| 494 | 224 | Hennes Katrien | Berlaar | 1987 | V | 172 | 1:25:07 | 7,05 | 8:31 |
| 495 | 680 | Van Ierscl Ludo | | 1954 | M | 323 | 1:25:55 | 6,98 | 8:35 |