

1e Dwars door Maldegem - 24 april 2016

4,8 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|-----|-------|---------|-------|---------|
| 1 | 349 | Jongenelen Koen | M | 1 | 0:15:39 | 18,40 | 3:16 |
| 2 | 162 | Vermeersch Stijn | M | 2 | 0:15:44 | 18,31 | 3:17 |
| 3 | 57 | Dhont Josse | M | 3 | 0:16:10 | 17,81 | 3:22 |
| 4 | 121 | Taeckens Jens | M | 4 | 0:16:12 | 17,78 | 3:22 |
| 5 | 497 | Van Haecke Bâtise | M | 5 | 0:16:44 | 17,21 | 3:29 |
| 6 | 346 | Van Oost Tony | M | 6 | 0:16:51 | 17,09 | 3:31 |
| 7 | 416 | De Bock Dirk | M | 7 | 0:16:59 | 16,96 | 3:32 |
| 8 | 420 | Devos Mauro | M | 8 | 0:17:25 | 16,54 | 3:38 |
| 9 | 45 | De Witte Eskill | M | 9 | 0:17:40 | 16,30 | 3:41 |
| 10 | 348 | Goddeeris Jana | V | 1 | 0:17:43 | 16,26 | 3:41 |
| 11 | 194 | Grootaert Arjen | M | 10 | 0:17:55 | 16,07 | 3:44 |
| 12 | 141 | Van Haverbeke Emiel | M | 11 | 0:18:03 | 15,96 | 3:46 |
| 13 | 13 | Burssens Gilles | M | 12 | 0:18:13 | 15,81 | 3:48 |
| 14 | 424 | Cocquyt Alex | M | 13 | 0:18:16 | 15,77 | 3:48 |
| 15 | 2 | Baele Lien | V | 2 | 0:19:18 | 14,92 | 4:01 |
| 16 | 105 | Potvliege Glenn | M | 14 | 0:19:18 | 14,92 | 4:01 |
| 17 | 47 | Delanote Frank | M | 15 | 0:19:34 | 14,72 | 4:05 |
| 18 | 496 | Van Assche Frederick | M | 16 | 0:19:37 | 14,68 | 4:05 |
| 19 | 345 | Bonte Gwendoline | V | 3 | 0:20:21 | 14,15 | 4:14 |
| 20 | 142 | Van Hecke Bart | M | 17 | 0:20:28 | 14,07 | 4:16 |
| 21 | 94 | Martens Steven | M | 18 | 0:20:42 | 13,91 | 4:19 |
| 22 | 169 | Vervaeet Jocelyne | V | 4 | 0:20:43 | 13,90 | 4:19 |
| 23 | 37 | De Noel Nando | M | 19 | 0:20:53 | 13,79 | 4:21 |
| 24 | 153 | Van Severen Ward | M | 20 | 0:20:54 | 13,78 | 4:21 |
| 25 | 87 | Lippens Arno | M | 21 | 0:20:58 | 13,74 | 4:22 |
| 26 | 145 | Van Maldegem Nathalie | V | 5 | 0:21:01 | 13,70 | 4:23 |
| 27 | 167 | Verstrynghe Cisse | M | 22 | 0:21:05 | 13,66 | 4:24 |
| 28 | 178 | Martens Milan | M | 23 | 0:21:10 | 13,61 | 4:25 |
| 29 | 46 | Dedulle Bart | M | 24 | 0:21:12 | 13,58 | 4:25 |
| 30 | 146 | Van Malderghem Aivar | M | 25 | 0:21:25 | 13,45 | 4:28 |
| 31 | 39 | De Pauw Lander | M | 26 | 0:21:26 | 13,44 | 4:28 |
| 32 | 447 | Van De Castele Ulrich | M | 27 | 0:21:35 | 13,34 | 4:30 |
| 33 | 338 | De Caluwé Erik | M | 28 | 0:21:54 | 13,15 | 4:34 |
| 34 | 73 | Heude Mélanie | V | 6 | 0:21:58 | 13,11 | 4:35 |
| 35 | 177 | Khudatyan Grigor | M | 29 | 0:21:59 | 13,10 | 4:35 |
| 36 | 19 | Claeys Ruben | M | 30 | 0:22:06 | 13,03 | 4:36 |
| 37 | 488 | De Trefle Ronny | M | 31 | 0:22:11 | 12,98 | 4:37 |
| 38 | 347 | De Sutter Dimitri | M | 32 | 0:22:22 | 12,88 | 4:40 |
| 39 | 431 | Van Der Jeught Hendrik | M | 33 | 0:22:23 | 12,87 | 4:40 |
| 40 | 31 | De Busschere | M | 34 | 0:22:26 | 12,84 | 4:40 |
| 41 | 36 | De Muer Léon | M | 35 | 0:22:27 | 12,83 | 4:41 |
| 42 | 38 | De Pauw Jonas | M | 36 | 0:22:29 | 12,81 | 4:41 |
| 43 | 514 | Bauwens Senne | M | 37 | 0:22:31 | 12,79 | 4:41 |
| 44 | 43 | De Vriend Mathias | M | 38 | 0:22:31 | 12,79 | 4:41 |
| 45 | 503 | De Coninck Mark | M | 39 | 0:22:36 | 12,74 | 4:43 |
| 46 | 18 | Chaves Daguilar Sofia | V | 7 | 0:22:39 | 12,72 | 4:43 |
| 47 | 157 | Vancoppenolle Giovanni | M | 40 | 0:22:42 | 12,69 | 4:44 |
| 48 | 409 | Vanhaeverbeke Lucas | M | 41 | 0:23:02 | 12,50 | 4:48 |
| 49 | 123 | Thijs Fraukje | V | 8 | 0:23:11 | 12,42 | 4:50 |
| 50 | 152 | Van Samang Ann | V | 9 | 0:23:16 | 12,38 | 4:51 |
| 51 | 268 | Schyvinck Ellen | V | 10 | 0:23:21 | 12,33 | 4:52 |
| 52 | 42 | De Vriend Angelo | M | 42 | 0:23:26 | 12,29 | 4:53 |
| 53 | 337 | Vanlanduyt Hubert | M | 43 | 0:23:38 | 12,19 | 4:55 |
| 54 | 107 | Roegiers Naomi | V | 11 | 0:23:51 | 12,08 | 4:58 |
| 55 | 10 | Bourgonjon Lou | M | 44 | 0:23:51 | 12,08 | 4:58 |
| 56 | 21 | Colmann Lieven | M | 45 | 0:23:51 | 12,08 | 4:58 |
| 57 | 72 | Henneman Aude | V | 12 | 0:24:02 | 11,98 | 5:00 |
| 58 | 63 | Geernaert Christophe | M | 46 | 0:24:02 | 11,98 | 5:00 |
| 59 | 25 | De Baere Médard | M | 47 | 0:24:03 | 11,98 | 5:01 |
| 60 | 250 | Jacobs Rene | M | 48 | 0:24:03 | 11,98 | 5:01 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------------|-----|-------|---------|-------|---------|
| 61 | 171 | Welvaert Victor | M | 49 | 0:24:05 | 11,96 | 5:01 |
| 62 | 112 | Sierens Marrit | V | 13 | 0:24:18 | 11,85 | 5:04 |
| 63 | 155 | Van Steenkiste Lennert | M | 50 | 0:24:18 | 11,85 | 5:04 |
| 64 | 104 | Plasschaert Kurt | M | 51 | 0:24:19 | 11,84 | 5:04 |
| 65 | 158 | Vandierendonck Korneel | M | 52 | 0:24:20 | 11,84 | 5:04 |
| 66 | 11 | Braet Pauline | V | 14 | 0:24:30 | 11,76 | 5:06 |
| 67 | 67 | Grimonprez Joren | M | 53 | 0:24:32 | 11,74 | 5:07 |
| 68 | 133 | Van De Vijver Hillyte-Brent | M | 54 | 0:24:35 | 11,72 | 5:07 |
| 69 | 408 | Vanhaeverbeke Claude | M | 55 | 0:24:56 | 11,55 | 5:12 |
| 70 | 482 | Wille Luc | M | 56 | 0:25:00 | 11,52 | 5:13 |
| 71 | 90 | Maerten Nancy | V | 15 | 0:25:10 | 11,44 | 5:15 |
| 72 | 421 | Van De Voorde Jan | M | 57 | 0:25:25 | 11,33 | 5:18 |
| 73 | 444 | Haene Mathias | M | 58 | 0:25:25 | 11,33 | 5:18 |
| 74 | 115 | Smet Julie | V | 16 | 0:25:36 | 11,25 | 5:20 |
| 75 | 138 | Van Gaever Lobke | V | 17 | 0:25:51 | 11,14 | 5:23 |
| 76 | 188 | Plasschaert Wout | M | 59 | 0:25:51 | 11,14 | 5:23 |
| 77 | 410 | Vanhaeverbeke Senne | M | 60 | 0:25:52 | 11,13 | 5:23 |
| 78 | 327 | Roels Emma | V | 18 | 0:25:53 | 11,13 | 5:24 |
| 79 | 180 | Legein Simon | M | 61 | 0:25:56 | 11,11 | 5:24 |
| 80 | 181 | Legein Seppe | M | 62 | 0:26:01 | 11,07 | 5:25 |
| 81 | 79 | Jurceka Milan | M | 63 | 0:26:09 | 11,01 | 5:27 |
| 82 | 16 | Cattoor Sebastien | M | 64 | 0:26:15 | 10,97 | 5:28 |
| 83 | 216 | De Baere Robbe | M | 65 | 0:26:21 | 10,93 | 5:29 |
| 84 | 116 | Snauwaert Sohail | V | 19 | 0:26:22 | 10,92 | 5:30 |
| 85 | 27 | De Bruyckere Zoe | V | 20 | 0:26:27 | 10,89 | 5:31 |
| 86 | 76 | Huseva Violetta | V | 21 | 0:26:32 | 10,85 | 5:32 |
| 87 | 22 | Cools Emilio | M | 66 | 0:26:32 | 10,85 | 5:32 |
| 88 | 24 | Crul Tom | M | 67 | 0:26:36 | 10,83 | 5:33 |
| 89 | 130 | Van Canneyt Simeon | M | 68 | 0:26:45 | 10,77 | 5:34 |
| 90 | 89 | Lippens Tijs | M | 69 | 0:26:45 | 10,77 | 5:34 |
| 91 | 407 | Leliaert Sylvie | V | 22 | 0:26:51 | 10,73 | 5:36 |
| 92 | 93 | Martens Thomas | M | 70 | 0:26:51 | 10,73 | 5:36 |
| 93 | 3 | Baele Lotte | V | 23 | 0:26:53 | 10,71 | 5:36 |
| 94 | 75 | Hoste Joran | M | 71 | 0:26:54 | 10,71 | 5:36 |
| 95 | 83 | Lannoo Kristof | M | 72 | 0:26:57 | 10,69 | 5:37 |
| 96 | 518 | Van Vooren Gert Jan | M | 73 | 0:27:03 | 10,65 | 5:38 |
| 97 | 103 | Oyaert Nelle | V | 24 | 0:27:06 | 10,63 | 5:39 |
| 98 | 335 | Kenis Gys | M | 74 | 0:27:08 | 10,61 | 5:39 |
| 99 | 151 | Van Rie Aukje | V | 25 | 0:27:10 | 10,60 | 5:40 |
| 100 | 336 | Kenis Kamiel | M | 75 | 0:27:10 | 10,60 | 5:40 |
| 101 | 185 | Keerman Charlotte | V | 26 | 0:27:14 | 10,58 | 5:40 |
| 102 | 186 | Vervaeke Katie | V | 27 | 0:27:14 | 10,58 | 5:40 |
| 103 | 184 | Paridaen Rhune | M | 76 | 0:27:14 | 10,58 | 5:40 |
| 104 | 84 | Lasoen Marthe | V | 28 | 0:27:21 | 10,53 | 5:42 |
| 105 | 187 | De Bruyckere Bart | M | 77 | 0:27:24 | 10,51 | 5:42 |
| 106 | 69 | Gyselinck Lennert | M | 78 | 0:27:27 | 10,49 | 5:43 |
| 107 | 515 | Ntasinzira Mike | M | 79 | 0:27:37 | 10,43 | 5:45 |
| 108 | 95 | Matthys Sarah | V | 29 | 0:27:38 | 10,42 | 5:45 |
| 109 | 179 | Tielens Bethlehem | V | 30 | 0:27:38 | 10,42 | 5:45 |
| 110 | 109 | Roels Camille | V | 31 | 0:27:42 | 10,40 | 5:46 |
| 111 | 160 | Verdievel Jo | M | 80 | 0:27:43 | 10,39 | 5:46 |
| 112 | 163 | Vermeulen Sabine | V | 32 | 0:27:45 | 10,38 | 5:47 |
| 113 | 26 | De Baets Emma | V | 33 | 0:27:52 | 10,33 | 5:48 |
| 114 | 343 | Van Den Bossche Samantha | V | 34 | 0:27:55 | 10,32 | 5:49 |
| 115 | 53 | Despiegelaere Nele | V | 35 | 0:28:02 | 10,27 | 5:50 |
| 116 | 117 | Staelens Jolien | V | 36 | 0:28:09 | 10,23 | 5:52 |
| 117 | 4 | Ballegeer Carine | V | 37 | 0:28:18 | 10,18 | 5:54 |
| 118 | 344 | De Keyser Tom | M | 81 | 0:28:22 | 10,15 | 5:55 |
| 119 | 149 | Van Oost Lisa | V | 38 | 0:28:25 | 10,13 | 5:55 |
| 120 | 131 | Van De Castele Eline | V | 39 | 0:28:25 | 10,13 | 5:55 |
| 121 | 50 | Depestel Lode | M | 82 | 0:28:25 | 10,13 | 5:55 |
| 122 | 182 | De Grootte Isolde | V | 40 | 0:28:31 | 10,10 | 5:56 |
| 123 | 195 | Vermeulen Inge | V | 41 | 0:28:38 | 10,06 | 5:58 |
| 124 | 5 | Ballegeer Leandro | M | 83 | 0:28:43 | 10,03 | 5:59 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|--------------------------|-----|-------|---------|-------|---------|
| 125 | 183 | Van Everbroeck Frederik | M | 84 | 0:28:43 | 10,03 | 5:59 |
| 126 | 70 | Hamerlynck Paul | M | 85 | 0:28:50 | 9,99 | 6:00 |
| 127 | 330 | Wauters Monique | V | 42 | 0:28:53 | 9,97 | 6:01 |
| 128 | 86 | Laureyns Marika | V | 43 | 0:29:09 | 9,88 | 6:04 |
| 129 | 126 | Van Acker Kiano | M | 86 | 0:29:10 | 9,87 | 6:05 |
| 130 | 414 | Calsyn Jeroen | M | 87 | 0:29:14 | 9,85 | 6:05 |
| 131 | 14 | Caneele Alain | M | 88 | 0:29:14 | 9,85 | 6:05 |
| 132 | 135 | Van Den Daele Gabriel | M | 89 | 0:29:19 | 9,82 | 6:06 |
| 133 | 15 | Cattoor Inez | V | 44 | 0:29:20 | 9,82 | 6:07 |
| 134 | 106 | Potvliege Yentl | M | 90 | 0:29:20 | 9,82 | 6:07 |
| 135 | 108 | Roels Lauri | V | 45 | 0:29:21 | 9,81 | 6:07 |
| 136 | 110 | Rootsaert Morgane | V | 46 | 0:29:22 | 9,81 | 6:07 |
| 137 | 64 | Goegebeur Noa | V | 47 | 0:29:22 | 9,81 | 6:07 |
| 138 | 342 | Blondeel Christine | V | 48 | 0:29:24 | 9,80 | 6:08 |
| 139 | 341 | Van De Ginste John | M | 91 | 0:29:24 | 9,80 | 6:08 |
| 140 | 427 | Geirnaert Renée | V | 49 | 0:29:29 | 9,77 | 6:09 |
| 141 | 326 | Versluys Firmin | M | 92 | 0:29:34 | 9,74 | 6:10 |
| 142 | 41 | De Smul Robbe | M | 93 | 0:29:42 | 9,70 | 6:11 |
| 143 | 29 | De Bruyckere Willem | M | 94 | 0:29:53 | 9,64 | 6:14 |
| 144 | 199 | Lagasse Emilie | V | 50 | 0:29:56 | 9,62 | 6:14 |
| 145 | 198 | Koentges Bellefien | V | 51 | 0:29:57 | 9,62 | 6:14 |
| 146 | 197 | Koentges Nicolas | M | 95 | 0:29:57 | 9,62 | 6:14 |
| 147 | 62 | Filtjens Claudia | V | 52 | 0:30:04 | 9,58 | 6:16 |
| 148 | 113 | Sierens Evy | V | 53 | 0:30:04 | 9,58 | 6:16 |
| 149 | 422 | Martens Cindy | V | 54 | 0:30:05 | 9,57 | 6:16 |
| 150 | 418 | De Cock Saskia | V | 55 | 0:30:05 | 9,57 | 6:16 |
| 151 | 417 | Van De Geuchte Marjolein | V | 56 | 0:30:05 | 9,57 | 6:16 |
| 152 | 411 | De Love Sandra | V | 57 | 0:30:05 | 9,57 | 6:16 |
| 153 | 164 | Verschaeve Quinty | V | 58 | 0:30:09 | 9,55 | 6:17 |
| 154 | 426 | Van Der Schueren Maité | V | 59 | 0:30:12 | 9,54 | 6:17 |
| 155 | 82 | Lamotte Bente | V | 60 | 0:30:13 | 9,53 | 6:18 |
| 156 | 429 | Talloen Joke | V | 61 | 0:30:15 | 9,52 | 6:18 |
| 157 | 428 | De Busschere Carla | V | 62 | 0:30:16 | 9,52 | 6:18 |
| 158 | 425 | Janssens Yannah | V | 63 | 0:30:17 | 9,51 | 6:19 |
| 159 | 333 | De Baets Benedikte | V | 64 | 0:30:21 | 9,49 | 6:19 |
| 160 | 68 | Gutierrez Lopez Valeria | V | 65 | 0:30:44 | 9,37 | 6:24 |
| 161 | 166 | Verstraete Michelle | V | 66 | 0:30:44 | 9,37 | 6:24 |
| 162 | 423 | Cherlet Charlotte | V | 67 | 0:30:48 | 9,35 | 6:25 |
| 163 | 154 | Van Sintjan Julie | V | 68 | 0:31:04 | 9,27 | 6:28 |
| 164 | 200 | De Baere Guust | M | 96 | 0:31:04 | 9,27 | 6:28 |
| 165 | 120 | Switzynck Shannen | M | 97 | 0:31:04 | 9,27 | 6:28 |
| 166 | 389 | Laoen Hakim | M | 98 | 0:31:24 | 9,17 | 6:32 |
| 167 | 51 | Depestel Fee | V | 69 | 0:31:25 | 9,17 | 6:33 |
| 168 | 33 | De Lange Yantha | V | 70 | 0:31:25 | 9,17 | 6:33 |
| 169 | 495 | Martens Jolien | V | 71 | 0:31:26 | 9,16 | 6:33 |
| 170 | 196 | Van Loo Vicky | V | 72 | 0:31:36 | 9,11 | 6:35 |
| 171 | 34 | De Lille Cedric | M | 99 | 0:31:38 | 9,10 | 6:35 |
| 172 | 175 | Wuylens Martine | V | 73 | 0:31:43 | 9,08 | 6:36 |
| 173 | 173 | Willemarck Emma | V | 74 | 0:31:44 | 9,08 | 6:37 |
| 174 | 30 | De Bruyckere Julia | V | 75 | 0:31:45 | 9,07 | 6:37 |
| 175 | 56 | Dhont Kiara | V | 76 | 0:31:45 | 9,07 | 6:37 |
| 176 | 433 | Van Puyvelde Charlotte | V | 77 | 0:31:47 | 9,06 | 6:37 |
| 177 | 485 | Bauwens Jitse | M | 100 | 0:31:47 | 9,06 | 6:37 |
| 178 | 54 | Devriendt Lindsay | V | 78 | 0:31:55 | 9,02 | 6:39 |
| 179 | 88 | Lippens Pauline | V | 79 | 0:31:55 | 9,02 | 6:39 |
| 180 | 172 | Wesdorp Zohra | V | 80 | 0:31:56 | 9,02 | 6:39 |
| 181 | 143 | Van Hollebeke Gayle | V | 81 | 0:31:56 | 9,02 | 6:39 |
| 182 | 7 | Bollé Collin | M | 101 | 0:31:56 | 9,02 | 6:39 |
| 183 | 28 | De Bruyckere Cécile | V | 82 | 0:31:57 | 9,01 | 6:39 |
| 184 | 125 | Thys Fleur | V | 83 | 0:31:58 | 9,01 | 6:40 |
| 185 | 96 | Meire Charlotte | V | 84 | 0:31:58 | 9,01 | 6:40 |
| 186 | 127 | Van Acker Sofie | V | 85 | 0:32:02 | 8,99 | 6:40 |
| 187 | 111 | Rosseels Tiany | V | 86 | 0:32:04 | 8,98 | 6:41 |
| 188 | 159 | Vanhooreweder Yente | M | 102 | 0:32:04 | 8,98 | 6:41 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|-----|-------|---------|------|---------|
| 189 | 328 | Roels Kurt | M | 103 | 0:32:05 | 8,98 | 6:41 |
| 190 | 329 | Heyse Ilse | V | 87 | 0:32:06 | 8,97 | 6:41 |
| 191 | 140 | Van Hauwenhuyse Lore | V | 88 | 0:32:08 | 8,96 | 6:42 |
| 192 | 77 | Impens Thomas | M | 104 | 0:32:08 | 8,96 | 6:42 |
| 193 | 80 | Lafaut Annelies | V | 89 | 0:32:23 | 8,89 | 6:45 |
| 194 | 128 | Van Acker Dominique | V | 90 | 0:32:25 | 8,88 | 6:45 |
| 195 | 148 | Van Oost Lien | V | 91 | 0:32:25 | 8,88 | 6:45 |
| 196 | 52 | Depestel Nand | M | 105 | 0:32:28 | 8,87 | 6:46 |
| 197 | 17 | Cauwels Els | V | 92 | 0:32:38 | 8,83 | 6:48 |
| 198 | 1 | Adriaansen Dario | M | 106 | 0:32:50 | 8,77 | 6:50 |
| 199 | 60 | Dhoore Valerie | V | 93 | 0:32:56 | 8,74 | 6:52 |
| 200 | 71 | Hemelaer Gilke | V | 94 | 0:33:03 | 8,71 | 6:53 |
| 201 | 85 | Laureyns Lindy | V | 95 | 0:33:03 | 8,71 | 6:53 |
| 202 | 190 | Bonne Katie | V | 96 | 0:33:07 | 8,70 | 6:54 |
| 203 | 23 | Cromheecke Jara | V | 97 | 0:33:13 | 8,67 | 6:55 |
| 204 | 134 | Van Den Berghe Jerica | V | 98 | 0:33:13 | 8,67 | 6:55 |
| 205 | 58 | Dhoore Rune | M | 107 | 0:33:13 | 8,67 | 6:55 |
| 206 | 517 | Van Acker Stijn | M | 108 | 0:33:14 | 8,67 | 6:55 |
| 207 | 102 | Otsen Audrey | V | 99 | 0:33:19 | 8,64 | 6:56 |
| 208 | 8 | Bollé Natascha | V | 100 | 0:33:24 | 8,62 | 6:58 |
| 209 | 118 | Stevens Lies | V | 101 | 0:33:24 | 8,62 | 6:58 |
| 210 | 119 | Stevens Leentje | V | 102 | 0:33:25 | 8,62 | 6:58 |
| 211 | 192 | Bauwens Katrien | V | 103 | 0:33:47 | 8,52 | 7:02 |
| 212 | 129 | Van Canneyt Heidi | V | 104 | 0:33:52 | 8,50 | 7:03 |
| 213 | 144 | Van Loocke Ann | V | 105 | 0:33:53 | 8,50 | 7:04 |
| 214 | 509 | De Smet Ivan | V | 106 | 0:33:58 | 8,48 | 7:05 |
| 215 | 139 | Van Haecke Annick | V | 107 | 0:34:02 | 8,46 | 7:05 |
| 216 | 501 | De Roo Ingeborg | V | 108 | 0:34:03 | 8,46 | 7:06 |
| 217 | 174 | Willems Stefaan | M | 109 | 0:34:03 | 8,46 | 7:06 |
| 218 | 251 | Jacobs Kim | V | 109 | 0:34:47 | 8,28 | 7:15 |
| 219 | 81 | Lahaye Morgana | V | 110 | 0:34:47 | 8,28 | 7:15 |
| 220 | 519 | Smetryns Elke | V | 111 | 0:34:50 | 8,27 | 7:15 |
| 221 | 150 | Van Quaethem Stephanie | V | 112 | 0:34:50 | 8,27 | 7:15 |
| 222 | 419 | Verschelden Indy | M | 110 | 0:35:32 | 8,11 | 7:24 |
| 223 | 161 | Verhaeghe Caroline | V | 113 | 0:35:45 | 8,06 | 7:27 |
| 224 | 412 | Taeldeman Valerie | V | 114 | 0:36:27 | 7,90 | 7:36 |
| 225 | 413 | Taeldeman Evelien | V | 115 | 0:36:27 | 7,90 | 7:36 |
| 226 | 99 | Miny Lana | V | 116 | 0:36:41 | 7,85 | 7:39 |
| 227 | 20 | Colmann Tess | V | 117 | 0:36:45 | 7,84 | 7:39 |
| 228 | 339 | Van Haecke Bo | V | 118 | 0:37:17 | 7,72 | 7:46 |
| 229 | 340 | Van Haecke Demi | V | 119 | 0:37:18 | 7,72 | 7:46 |
| 230 | 97 | Meiresonne Bo | V | 120 | 0:37:34 | 7,67 | 7:50 |
| 231 | 449 | Puype Isaura | V | 121 | 0:37:38 | 7,65 | 7:50 |
| 232 | 98 | Meirezonne Ilona | V | 122 | 0:37:38 | 7,65 | 7:50 |
| 233 | 100 | Naert Shelly | V | 123 | 0:37:39 | 7,65 | 7:51 |
| 234 | 156 | Van Wynsberge Chelsey | V | 124 | 0:37:39 | 7,65 | 7:51 |
| 235 | 136 | Van Der Jeught Eva | V | 125 | 0:37:40 | 7,65 | 7:51 |
| 236 | 434 | Van Hecke Christine | V | 126 | 0:37:45 | 7,63 | 7:52 |
| 237 | 122 | Tamsin Lisa | V | 127 | 0:39:25 | 7,31 | 8:13 |
| 238 | 35 | De Love Amber | V | 128 | 0:39:25 | 7,31 | 8:13 |
| 239 | 49 | Depannemaeker Lena | V | 129 | 0:39:26 | 7,30 | 8:13 |
| 240 | 32 | De Cock Hannah | V | 130 | 0:39:59 | 7,20 | 8:20 |
| 241 | 516 | Vantorre Kristel | V | 131 | 0:40:03 | 7,19 | 8:21 |
| 242 | 65 | Goemare Elisabeth | V | 132 | 0:40:03 | 7,19 | 8:21 |
| 243 | 61 | Evens Tine | V | 133 | 0:40:58 | 7,03 | 8:32 |
| 244 | 432 | N'dri Jenifer | V | 134 | 0:41:09 | 7,00 | 8:34 |
| 245 | 101 | Neetesonne Magali | V | 135 | 0:41:27 | 6,95 | 8:38 |
| 246 | 44 | De Wispelaere Valérie | V | 136 | 0:42:52 | 6,72 | 8:56 |
| 247 | 66 | Goethals Becky | V | 137 | 0:43:04 | 6,69 | 8:58 |

1e Dwars door Maldegem - 24 april 2016

9,6 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|-----|-------|---------|-------|---------|
| 1 | 287 | Van Den Driessche Mark | M | 1 | 0:34:45 | 16,58 | 3:37 |
| 2 | 480 | Bonne Eddy | M | 2 | 0:35:57 | 16,02 | 3:45 |
| 3 | 252 | Joos Pauwel | M | 3 | 0:36:18 | 15,87 | 3:47 |
| 4 | 486 | Verbeke Bert | M | 4 | 0:36:27 | 15,80 | 3:48 |
| 5 | 202 | Balemans Hugo | M | 5 | 0:38:22 | 15,01 | 4:00 |
| 6 | 241 | Dhont Luiz | M | 6 | 0:39:00 | 14,77 | 4:04 |
| 7 | 247 | Haerden Thibault | M | 7 | 0:40:46 | 14,13 | 4:15 |
| 8 | 505 | Morthier Wouter | M | 8 | 0:41:00 | 14,05 | 4:16 |
| 9 | 280 | Van De Ginste Manu | M | 9 | 0:41:04 | 14,03 | 4:17 |
| 10 | 211 | Bultiau Steven | M | 10 | 0:41:14 | 13,97 | 4:18 |
| 11 | 316 | Foré Peter | M | 11 | 0:41:34 | 13,86 | 4:20 |
| 12 | 325 | Huys Tom | M | 12 | 0:41:34 | 13,86 | 4:20 |
| 13 | 224 | De Hondt Glenn | M | 13 | 0:41:38 | 13,84 | 4:20 |
| 14 | 228 | De Loof Pieter | M | 14 | 0:41:53 | 13,75 | 4:22 |
| 15 | 271 | Stals Ambroos | M | 15 | 0:42:12 | 13,65 | 4:24 |
| 16 | 310 | Devos Tom | M | 16 | 0:42:13 | 13,64 | 4:24 |
| 17 | 206 | Bauwens Dries | M | 17 | 0:42:17 | 13,62 | 4:24 |
| 18 | 231 | De Pourcq Thomas | M | 18 | 0:43:11 | 13,34 | 4:30 |
| 19 | 207 | Bauwens Roland | M | 19 | 0:44:02 | 13,08 | 4:35 |
| 20 | 217 | De Baets Yorben | M | 20 | 0:44:15 | 13,02 | 4:37 |
| 21 | 297 | Roels Lander | M | 21 | 0:44:23 | 12,98 | 4:37 |
| 22 | 322 | De Vis Sven | M | 22 | 0:44:23 | 12,98 | 4:37 |
| 23 | 276 | Swankaert Thomas | M | 23 | 0:44:26 | 12,96 | 4:38 |
| 24 | 299 | Legein Pieter | M | 24 | 0:44:49 | 12,85 | 4:40 |
| 25 | 264 | Potvliege Quinten | M | 25 | 0:44:52 | 12,84 | 4:40 |
| 26 | 309 | Decuyper Kristoff | M | 26 | 0:45:01 | 12,80 | 4:41 |
| 27 | 265 | Potvliege Hans | M | 27 | 0:45:08 | 12,76 | 4:42 |
| 28 | 212 | Cattoor Gert | M | 28 | 0:45:09 | 12,76 | 4:42 |
| 29 | 219 | De Brabander Jolien | V | 1 | 0:45:33 | 12,65 | 4:45 |
| 30 | 286 | Vandemoere Maxim | M | 29 | 0:45:41 | 12,61 | 4:46 |
| 31 | 324 | Verloigne Jan-Willem | M | 30 | 0:45:46 | 12,59 | 4:46 |
| 32 | 254 | Lelie Pepijn | M | 31 | 0:45:47 | 12,58 | 4:46 |
| 33 | 213 | Cattoor Estée | V | 2 | 0:46:01 | 12,52 | 4:48 |
| 34 | 283 | Van Hecke Dries | M | 32 | 0:46:07 | 12,49 | 4:48 |
| 35 | 230 | De Pourcq Dirk | M | 33 | 0:46:14 | 12,46 | 4:49 |
| 36 | 237 | Delbecke Stefaan | M | 34 | 0:46:17 | 12,45 | 4:49 |
| 37 | 317 | Van Haver Katrien | V | 3 | 0:46:31 | 12,38 | 4:51 |
| 38 | 492 | Verheire Cedric | M | 35 | 0:46:40 | 12,34 | 4:52 |
| 39 | 266 | Roels Milan | M | 36 | 0:46:44 | 12,33 | 4:52 |
| 40 | 292 | Vereecke Danny | M | 37 | 0:46:59 | 12,26 | 4:54 |
| 41 | 269 | Sierens Eric | M | 38 | 0:47:02 | 12,25 | 4:54 |
| 42 | 226 | De Lille Ilian | M | 39 | 0:47:08 | 12,22 | 4:55 |
| 43 | 259 | Matthys Jan | M | 40 | 0:47:18 | 12,18 | 4:56 |
| 44 | 313 | Sierens Lieven | M | 41 | 0:47:22 | 12,16 | 4:56 |
| 45 | 225 | De Lille Andy | M | 42 | 0:47:33 | 12,11 | 4:57 |
| 46 | 435 | Notteboom Pascal | M | 43 | 0:47:57 | 12,01 | 5:00 |
| 47 | 312 | Van Hulle Pascal | M | 44 | 0:47:57 | 12,01 | 5:00 |
| 48 | 334 | Kenis Bert | M | 45 | 0:48:02 | 11,99 | 5:00 |
| 49 | 298 | Kemp Quinten | M | 46 | 0:48:19 | 11,92 | 5:02 |
| 50 | 235 | Debacker Jonas | M | 47 | 0:48:19 | 11,92 | 5:02 |
| 51 | 446 | De Hondt Patrick | M | 48 | 0:48:30 | 11,88 | 5:03 |
| 52 | 278 | Van Acker John | M | 49 | 0:48:58 | 11,76 | 5:06 |
| 53 | 274 | Steenbeke Patrick | M | 50 | 0:49:04 | 11,74 | 5:07 |
| 54 | 222 | De Groot Arne | M | 51 | 0:49:40 | 11,60 | 5:10 |
| 55 | 282 | Van Gaeve Siebe | M | 52 | 0:50:28 | 11,41 | 5:15 |
| 56 | 285 | Van Waesberghe Milan | M | 53 | 0:50:31 | 11,40 | 5:16 |
| 57 | 295 | Vyncke Marc | M | 54 | 0:50:56 | 11,31 | 5:18 |
| 58 | 215 | Coucquyt Marieke | V | 4 | 0:50:57 | 11,31 | 5:18 |
| 59 | 201 | Aesaert Filip | M | 55 | 0:51:28 | 11,19 | 5:22 |
| 60 | 487 | De Bock Matthias | M | 56 | 0:51:28 | 11,19 | 5:22 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------|-----|-------|---------|-------|---------|
| 61 | 279 | Van De Geuchte Annick | V | 5 | 0:51:31 | 11,18 | 5:22 |
| 62 | 223 | De Groote Jan | M | 57 | 0:51:41 | 11,14 | 5:23 |
| 63 | 261 | Messiaen Stijn | M | 58 | 0:51:43 | 11,14 | 5:23 |
| 64 | 439 | De Meester Eline | V | 6 | 0:51:53 | 11,10 | 5:24 |
| 65 | 440 | Cooman Christophe | M | 59 | 0:51:53 | 11,10 | 5:24 |
| 66 | 243 | François Inge | V | 7 | 0:51:58 | 11,08 | 5:25 |
| 67 | 242 | François Ilse | V | 8 | 0:52:07 | 11,05 | 5:26 |
| 68 | 504 | Morthier Rudy | M | 60 | 0:52:13 | 11,03 | 5:26 |
| 69 | 220 | De Clercq Cedric | M | 61 | 0:52:18 | 11,01 | 5:27 |
| 70 | 304 | Destrooper Rosita | V | 9 | 0:52:52 | 10,90 | 5:30 |
| 71 | 248 | Hoste Mieke | V | 10 | 0:52:55 | 10,89 | 5:31 |
| 72 | 448 | De Coninck Jens | M | 62 | 0:53:16 | 10,81 | 5:33 |
| 73 | 500 | Van Kerschaver Pol | M | 63 | 0:53:22 | 10,79 | 5:34 |
| 74 | 284 | Van Landschoot Lucas | M | 64 | 0:53:33 | 10,76 | 5:35 |
| 75 | 307 | Van Landschoot Pedro | M | 65 | 0:53:34 | 10,75 | 5:35 |
| 76 | 502 | Goethals Karlo | M | 66 | 0:53:39 | 10,74 | 5:35 |
| 77 | 491 | Roeygens Heidi | V | 11 | 0:54:06 | 10,65 | 5:38 |
| 78 | 300 | Van Der Jeught Margot | V | 12 | 0:54:13 | 10,62 | 5:39 |
| 79 | 233 | De Smet Ignace | M | 67 | 0:54:13 | 10,62 | 5:39 |
| 80 | 438 | De Vriese Christophe | M | 68 | 0:54:13 | 10,62 | 5:39 |
| 81 | 301 | De Smet Maarten | M | 69 | 0:54:13 | 10,62 | 5:39 |
| 82 | 291 | Vansevenant Anja | V | 13 | 0:54:29 | 10,57 | 5:41 |
| 83 | 232 | De Schacht Dylan | M | 70 | 0:54:29 | 10,57 | 5:41 |
| 84 | 236 | Debussere Serge | M | 71 | 0:54:37 | 10,55 | 5:41 |
| 85 | 332 | Lasoen Yenta | V | 14 | 0:54:42 | 10,53 | 5:42 |
| 86 | 256 | Longueville Sven | M | 72 | 0:54:45 | 10,52 | 5:42 |
| 87 | 293 | Verstraeten Yoeri | M | 73 | 0:55:01 | 10,47 | 5:44 |
| 88 | 221 | De Dobbelaere Bart | M | 74 | 0:55:02 | 10,47 | 5:44 |
| 89 | 253 | Laridaen Jolien | V | 15 | 0:55:30 | 10,38 | 5:47 |
| 90 | 239 | Demeulenaere Daan | M | 75 | 0:55:31 | 10,38 | 5:47 |
| 91 | 508 | Vandenabeele Justin | M | 76 | 0:55:52 | 10,31 | 5:49 |
| 92 | 275 | Supply Karen | V | 16 | 0:56:25 | 10,21 | 5:53 |
| 93 | 267 | Sarasyn Kimberly | V | 17 | 0:56:25 | 10,21 | 5:53 |
| 94 | 208 | Beel Trui | V | 18 | 0:56:51 | 10,13 | 5:55 |
| 95 | 493 | Verbrugghe Jean-Paul | M | 77 | 0:57:25 | 10,03 | 5:59 |
| 96 | 311 | Dobbelaere Tania | V | 19 | 0:57:43 | 9,98 | 6:01 |
| 97 | 308 | Van De Voorde Ksenija | V | 20 | 0:57:47 | 9,97 | 6:01 |
| 98 | 318 | Claeys Chinouck | V | 21 | 0:57:49 | 9,96 | 6:01 |
| 99 | 319 | Van De Ginste Louise | V | 22 | 0:57:49 | 9,96 | 6:01 |
| 100 | 258 | Martens Koenraad | M | 78 | 0:57:49 | 9,96 | 6:01 |
| 101 | 277 | Tamsin Jens | M | 79 | 0:57:50 | 9,96 | 6:01 |
| 102 | 289 | Vandenbon Kevin | M | 80 | 0:58:06 | 9,91 | 6:03 |
| 103 | 218 | De Baets Saskia | V | 23 | 0:58:14 | 9,89 | 6:04 |
| 104 | 203 | Ballegeer Mateo | M | 81 | 0:58:33 | 9,84 | 6:06 |
| 105 | 484 | Roete Maria | V | 24 | 0:58:38 | 9,82 | 6:06 |
| 106 | 209 | Blomme Ester | V | 25 | 0:58:53 | 9,78 | 6:08 |
| 107 | 305 | Bobelyn Sara | V | 26 | 0:58:53 | 9,78 | 6:08 |
| 108 | 302 | Derudder Rebecca | V | 27 | 0:59:04 | 9,75 | 6:09 |
| 109 | 303 | Geerinckx Koen | M | 82 | 0:59:04 | 9,75 | 6:09 |
| 110 | 288 | Vandenbon Roland | M | 83 | 0:59:07 | 9,74 | 6:09 |
| 111 | 272 | Standaert Elke | V | 28 | 1:00:02 | 9,59 | 6:15 |
| 112 | 442 | Sierens Sander | M | 84 | 1:00:05 | 9,59 | 6:16 |
| 113 | 314 | Van Hoeteghem Murillo | M | 85 | 1:00:12 | 9,57 | 6:16 |
| 114 | 281 | Van Den Daele Maike | V | 29 | 1:00:44 | 9,48 | 6:20 |
| 115 | 315 | Van Hoeteghem Lucia | V | 30 | 1:04:06 | 8,99 | 6:41 |
| 116 | 290 | Vandewalle Gino | M | 86 | 1:04:31 | 8,93 | 6:43 |
| 117 | 205 | Bauwens Dayo | M | 87 | 1:04:57 | 8,87 | 6:46 |
| 118 | 204 | Basslé Marleen | V | 31 | 1:05:07 | 8,85 | 6:47 |
| 119 | 323 | Broeck Matisse | M | 88 | 1:06:21 | 8,68 | 6:55 |
| 120 | 262 | Nijs Nele | V | 32 | 1:07:06 | 8,58 | 6:59 |
| 121 | 260 | Messiaen Lesley | M | 89 | 1:07:06 | 8,58 | 6:59 |
| 122 | 321 | Pattyn Peggy | V | 33 | 1:09:32 | 8,28 | 7:15 |
| 123 | 320 | Willems Sabrina | V | 34 | 1:09:32 | 8,28 | 7:15 |
| 124 | 415 | Verheire Paul | M | 90 | 1:09:33 | 8,28 | 7:15 |

1e Dwars door Maldegem - 24 april 2016

14,4 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|-----|-------|---------|-------|---------|
| 1 | 404 | Bleyaert Bart | M | 1 | 0:49:53 | 17,32 | 3:28 |
| 2 | 367 | Samson Jente | M | 2 | 0:50:06 | 17,25 | 3:29 |
| 3 | 507 | Staelens Dieter | M | 3 | 0:54:03 | 15,99 | 3:45 |
| 4 | 373 | Van Der Jeught Roossie | V | 1 | 0:57:44 | 14,97 | 4:01 |
| 5 | 405 | Michels Jef | M | 4 | 0:57:44 | 14,97 | 4:01 |
| 6 | 506 | Watthy Johan | M | 5 | 0:58:07 | 14,87 | 4:02 |
| 7 | 392 | Vanoverschelde Isaak | M | 6 | 1:00:32 | 14,27 | 4:12 |
| 8 | 397 | De Clercq Gino | M | 7 | 1:00:51 | 14,20 | 4:14 |
| 9 | 361 | Pots Kevin | M | 8 | 1:01:39 | 14,01 | 4:17 |
| 10 | 406 | Vyncke Miek | V | 2 | 1:02:05 | 13,92 | 4:19 |
| 11 | 356 | De Bruyckere Bram | M | 9 | 1:02:11 | 13,89 | 4:19 |
| 12 | 384 | Bracke Bernd | M | 10 | 1:02:33 | 13,81 | 4:21 |
| 13 | 386 | Coppé David | M | 11 | 1:03:32 | 13,60 | 4:25 |
| 14 | 483 | De Groote Adelin | M | 12 | 1:03:42 | 13,56 | 4:25 |
| 15 | 359 | Hostens Hendrik | M | 13 | 1:03:53 | 13,52 | 4:26 |
| 16 | 489 | Coppens Linda | V | 3 | 1:04:41 | 13,36 | 4:30 |
| 17 | 382 | Van Rie Jonas | M | 14 | 1:05:57 | 13,10 | 4:35 |
| 18 | 360 | Keen Jacob | M | 15 | 1:06:04 | 13,08 | 4:35 |
| 19 | 352 | Braet David | M | 16 | 1:06:28 | 13,00 | 4:37 |
| 20 | 393 | Renema Louise | V | 4 | 1:08:18 | 12,65 | 4:45 |
| 21 | 450 | Smet Ronny | M | 17 | 1:08:50 | 12,55 | 4:47 |
| 22 | 362 | Mortaignie Angelo | M | 18 | 1:08:59 | 12,52 | 4:47 |
| 23 | 403 | Blancke Sam | M | 19 | 1:09:01 | 12,52 | 4:48 |
| 24 | 390 | Huyvaert Luc | M | 20 | 1:11:15 | 12,13 | 4:57 |
| 25 | 394 | Strymes Jan | M | 21 | 1:12:03 | 11,99 | 5:00 |
| 26 | 436 | Schots Lisa | V | 5 | 1:13:05 | 11,82 | 5:05 |
| 27 | 437 | Vermeersch Mathieu | M | 22 | 1:13:05 | 11,82 | 5:05 |
| 28 | 445 | De Pannemaeker John | M | 23 | 1:13:42 | 11,72 | 5:07 |
| 29 | 371 | Thaets Benoit | M | 24 | 1:13:46 | 11,71 | 5:07 |
| 30 | 441 | Deschacht Jan | M | 25 | 1:13:47 | 11,71 | 5:07 |
| 31 | 358 | Desmet Steven | M | 26 | 1:13:57 | 11,68 | 5:08 |
| 32 | 387 | D'haeseleer Jos | M | 27 | 1:16:19 | 11,32 | 5:18 |
| 33 | 388 | Foubert Ruben | M | 28 | 1:16:20 | 11,32 | 5:18 |
| 34 | 391 | De Lille Luc | M | 29 | 1:16:42 | 11,26 | 5:20 |
| 35 | 494 | Wyffels Tom | M | 30 | 1:17:06 | 11,21 | 5:21 |
| 36 | 395 | Van Den Bossche Wouter | M | 31 | 1:17:21 | 11,17 | 5:22 |
| 37 | 380 | Vlaemynck Mathias | M | 32 | 1:17:22 | 11,17 | 5:22 |
| 38 | 396 | Van Hoeteghem Thomas | M | 33 | 1:17:43 | 11,12 | 5:24 |
| 39 | 369 | Standaert Ruben | M | 34 | 1:17:49 | 11,10 | 5:24 |
| 40 | 351 | Bogaert Guy | M | 35 | 1:18:06 | 11,06 | 5:25 |
| 41 | 364 | Opsommer Jeroen | M | 36 | 1:18:25 | 11,02 | 5:27 |
| 42 | 490 | Simoens Peter | M | 37 | 1:20:19 | 10,76 | 5:35 |
| 43 | 443 | De Pannemaeker Wesley | M | 38 | 1:21:50 | 10,56 | 5:41 |
| 44 | 354 | Cremers Evelyn | V | 6 | 1:23:04 | 10,40 | 5:46 |
| 45 | 378 | Vanheueverswijn Dirk | M | 39 | 1:24:47 | 10,19 | 5:53 |
| 46 | 363 | Naudts Charona | V | 7 | 1:26:27 | 9,99 | 6:00 |
| 47 | 401 | De Loof Elien | V | 8 | 1:26:54 | 9,94 | 6:02 |
| 48 | 398 | Chirilla Ioana | V | 9 | 1:30:19 | 9,57 | 6:16 |
| 49 | 399 | Van Vooren Wesley | M | 40 | 1:30:19 | 9,57 | 6:16 |
| 50 | 355 | De Baedts Marianne | V | 10 | 1:31:25 | 9,45 | 6:21 |
| 51 | 374 | Van Gaver Mieke | V | 11 | 1:31:25 | 9,45 | 6:21 |
| 52 | 402 | De Loof Ruth | V | 12 | 1:31:30 | 9,44 | 6:21 |
| 53 | 400 | Van Der Hoof Jeroen | M | 41 | 1:45:19 | 8,20 | 7:19 |