

2e Ieper Trail - 16 oktober 2016

8 KM

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|----|-----------------------|--------------|---------|-------|---------|
| 1 | Verdonck Dieter | | 0:34:24 | 13,95 | 4:18 |
| 2 | Dehouck Franky | | 0:34:34 | 13,89 | 4:19 |
| 3 | Cauwelier Dominique | | 0:34:48 | 13,79 | 4:21 |
| 4 | Geeraert Sebastiaan | | 0:34:55 | 13,75 | 4:22 |
| 5 | Deruyter Jordi | | 0:36:02 | 13,32 | 4:30 |
| 6 | Turf Ewoud | | 0:36:02 | 13,32 | 4:30 |
| 7 | Allemeersch Klaas | | 0:36:10 | 13,27 | 4:31 |
| 8 | Verhaeghe Bram | | 0:36:18 | 13,22 | 4:32 |
| 9 | Oosterlinck Lars | Ieper | 0:37:03 | 12,96 | 4:38 |
| 10 | Verschuere Philip | | 0:37:07 | 12,93 | 4:38 |
| 11 | Sagaert Dries | | 0:37:09 | 12,92 | 4:39 |
| 12 | Verhooghe Jarne | | 0:37:24 | 12,83 | 4:40 |
| 13 | Malysse Wim | | 0:37:29 | 12,81 | 4:41 |
| 14 | Albrecht Wouter | Ieper | 0:37:31 | 12,79 | 4:41 |
| 15 | Jonckheere Stijn | Ieper | 0:37:32 | 12,79 | 4:42 |
| 16 | Butstraen Wesley | | 0:37:40 | 12,74 | 4:43 |
| 17 | Vandeghinste Alana | Ieper | 0:38:05 | 12,60 | 4:46 |
| 18 | Bonte Gino | Westrozebeke | 0:38:05 | 12,60 | 4:46 |
| 19 | Moeyaert Dries | Oostvleteren | 0:38:12 | 12,57 | 4:46 |
| 20 | Carpentier Jean Marie | | 0:38:38 | 12,42 | 4:50 |
| 21 | Canepeel Pieter | | 0:38:39 | 12,42 | 4:50 |
| 22 | | | 0:38:41 | 12,41 | 4:50 |
| 23 | Martein Dylan | Ieper | 0:38:42 | 12,40 | 4:50 |
| 24 | Couchez Dirk | | 0:38:43 | 12,40 | 4:50 |
| 25 | Maes Joachim | Ieper | 0:38:45 | 12,39 | 4:51 |
| 26 | Ghesquiere Frederic | | 0:38:45 | 12,39 | 4:51 |
| 27 | Vanderjeugt Siebe | | 0:38:51 | 12,36 | 4:51 |
| 28 | Derudder Henk | | 0:38:56 | 12,33 | 4:52 |
| 29 | Verhelle Frederik | | 0:39:07 | 12,27 | 4:53 |
| 30 | Leire Mike | | 0:39:10 | 12,26 | 4:54 |
| 31 | De Bruyne Jarne | | 0:39:16 | 12,22 | 4:54 |
| 32 | Devoogdt Thomas | | 0:39:16 | 12,22 | 4:54 |
| 33 | Verdru Glenn | | 0:39:23 | 12,19 | 4:55 |
| 34 | Callens Koen | | 0:39:47 | 12,07 | 4:58 |
| 35 | Heyman Olivier | Ieper | 0:39:52 | 12,04 | 4:59 |
| 36 | Koen Devoogdt | | 0:39:53 | 12,04 | 4:59 |
| 37 | Ostyn Franky | | 0:39:55 | 12,03 | 4:59 |
| 38 | Depotter Thierry | | 0:40:03 | 11,99 | 5:00 |
| 39 | Hoofd Jeroen | | 0:40:10 | 11,95 | 5:01 |
| 40 | De Bruyne Wim | | 0:40:21 | 11,90 | 5:03 |
| 41 | Delbeke Frederik | | 0:40:35 | 11,83 | 5:04 |
| 42 | Hoste Vincent | | 0:40:37 | 11,82 | 5:05 |
| 43 | Bridelance Franky | | 0:40:38 | 11,81 | 5:05 |
| 44 | Derudder Lennard | | 0:40:47 | 11,77 | 5:06 |
| 45 | Delbroeck Pieter-Jan | | 0:40:53 | 11,74 | 5:07 |
| 46 | Lapeire Mario | | 0:40:59 | 11,71 | 5:07 |
| 47 | Dewanckel Rupert | | 0:41:00 | 11,71 | 5:07 |
| 48 | Vanderjeugt Wim | | 0:41:01 | 11,70 | 5:08 |
| 49 | Vannevele Jurgen | | 0:41:02 | 11,70 | 5:08 |
| 50 | Verzele Justin | Wervik | 0:41:15 | 11,64 | 5:09 |
| 51 | Vercammen Gert | | 0:41:35 | 11,54 | 5:12 |
| 52 | Lapeire Siebe | | 0:41:37 | 11,53 | 5:12 |
| 53 | Vanacker Marian | | 0:41:38 | 11,53 | 5:12 |
| 54 | Ponchaux Maxime | | 0:41:40 | 11,52 | 5:13 |
| 55 | Vantomme Lennert | | 0:41:42 | 11,51 | 5:13 |
| 56 | Roseeuw Kris | Poelkapelle | 0:41:45 | 11,50 | 5:13 |
| 57 | Vantomme Tieben | | 0:41:47 | 11,49 | 5:13 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|----------------------|-------------|---------|-------|---------|
| 58 | Decaestecker Maarten | | 0:41:54 | 11,46 | 5:14 |
| 59 | Demeyer Jonas | | 0:42:21 | 11,33 | 5:18 |
| 60 | Bilcke Jakob | | 0:42:33 | 11,28 | 5:19 |
| 61 | Carpentier Jari | | 0:42:35 | 11,27 | 5:19 |
| 62 | Vierstraete Francis | | 0:42:35 | 11,27 | 5:19 |
| 63 | Bonte Gudrun | Moorslede | 0:42:37 | 11,26 | 5:20 |
| 64 | Ramon Ronny | Ieper | 0:42:42 | 11,24 | 5:20 |
| 65 | Crombez Thijs | | 0:42:43 | 11,24 | 5:20 |
| 66 | Terryn Rayek | | 0:42:51 | 11,20 | 5:21 |
| 67 | Delva Robin | | 0:42:55 | 11,18 | 5:22 |
| 68 | Vanoudendycke Jan | | 0:43:00 | 11,16 | 5:23 |
| 69 | De Clercq Matthijs | | 0:43:06 | 11,14 | 5:23 |
| 70 | Froyman Wannes | | 0:43:13 | 11,11 | 5:24 |
| 71 | Vandevoorde Mieke | | 0:43:13 | 11,11 | 5:24 |
| 72 | Vangheluwe Kris | Ieper | 0:43:18 | 11,09 | 5:25 |
| 73 | Masschelein Xavier | | 0:43:22 | 11,07 | 5:25 |
| 74 | Struye Heidi | | 0:43:22 | 11,07 | 5:25 |
| 75 | Vandorpe Filip | | 0:43:26 | 11,05 | 5:26 |
| 76 | Bultinck Wim | | 0:43:29 | 11,04 | 5:26 |
| 77 | Deblander Saleika | | 0:43:29 | 11,04 | 5:26 |
| 78 | Masschelein Vincent | | 0:43:42 | 10,98 | 5:28 |
| 79 | Verstraete Tom | | 0:43:42 | 10,98 | 5:28 |
| 80 | Vermander Brecht | Ieper | 0:43:44 | 10,98 | 5:28 |
| 81 | Deleu Jochen | | 0:43:49 | 10,95 | 5:29 |
| 82 | Peene Bram | | 0:43:49 | 10,95 | 5:29 |
| 83 | Decrock Frank | | 0:43:53 | 10,94 | 5:29 |
| 84 | Delva Frederik | | 0:43:53 | 10,94 | 5:29 |
| 85 | Vanbesien Niels | | 0:43:57 | 10,92 | 5:30 |
| 86 | Levrouw Jasper | | 0:43:59 | 10,91 | 5:30 |
| 87 | Coigné Julie | | 0:44:00 | 10,91 | 5:30 |
| 88 | Deleu Nadine | | 0:44:01 | 10,90 | 5:30 |
| 89 | Joye Johan | Ieper | 0:44:01 | 10,90 | 5:30 |
| 90 | Pieter Haghedooren | | 0:44:02 | 10,90 | 5:30 |
| 91 | Blondeel Arthur | Poelkapelle | 0:44:03 | 10,90 | 5:30 |
| 92 | Roelens Wim | | 0:44:03 | 10,90 | 5:30 |
| 93 | Derdaele Sien | | 0:44:05 | 10,89 | 5:31 |
| 94 | Lemeire Pascal | | 0:44:10 | 10,87 | 5:31 |
| 95 | Vanbiervliet Wouter | Gullegem | 0:44:11 | 10,86 | 5:31 |
| 96 | Merlevede Stan | | 0:44:24 | 10,81 | 5:33 |
| 97 | Bucquoye Dimitri | Ieper | 0:44:25 | 10,81 | 5:33 |
| 98 | De Rouck Wouter | | 0:44:26 | 10,80 | 5:33 |
| 99 | Mostaert Michaël | | 0:44:27 | 10,80 | 5:33 |
| 100 | Dehouck Aline | | 0:44:30 | 10,79 | 5:34 |
| 101 | Degroote Bart | | 0:44:36 | 10,76 | 5:35 |
| 102 | Defruyt Ronald | | 0:44:38 | 10,75 | 5:35 |
| 103 | Dehaene Dominique | Ieper | 0:44:40 | 10,75 | 5:35 |
| 104 | Maes Pieter | Ieper | 0:44:40 | 10,75 | 5:35 |
| 105 | Noyelle Steve | | 0:44:40 | 10,75 | 5:35 |
| 106 | Deconinck Sophie | | 0:44:44 | 10,73 | 5:35 |
| 107 | Wijnnobel Jinne | | 0:44:46 | 10,72 | 5:36 |
| 108 | Samyn Jo | | 0:44:56 | 10,68 | 5:37 |
| 109 | Bacquaert Lander | | 0:44:57 | 10,68 | 5:37 |
| 110 | Bouten Robbe | Kemmel | 0:44:57 | 10,68 | 5:37 |
| 111 | Degryse Bert | | 0:44:58 | 10,67 | 5:37 |
| 112 | Degryse Mieke | | 0:44:59 | 10,67 | 5:37 |
| 113 | Vansteenkiste Lotar | Tielt | 0:45:01 | 10,66 | 5:38 |
| 114 | Halsberghe Johan | | 0:45:11 | 10,62 | 5:39 |
| 115 | Delva Jaron | | 0:45:12 | 10,62 | 5:39 |
| 116 | Woets Kris | | 0:45:12 | 10,62 | 5:39 |
| 117 | Ververne Lukas | Zillebeke | 0:45:15 | 10,61 | 5:39 |
| 118 | Seys Tibo | | 0:45:21 | 10,58 | 5:40 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|----------------------|----------------------|---------|-------|---------|
| 119 | Seys Renaat | | 0:45:23 | 10,58 | 5:40 |
| 120 | Daan Maricau | | 0:45:26 | 10,56 | 5:41 |
| 121 | Maricau Brecht | | 0:45:27 | 10,56 | 5:41 |
| 122 | Beddeleem Nando | | 0:45:29 | 10,55 | 5:41 |
| 123 | Deschodt Frederik | | 0:45:29 | 10,55 | 5:41 |
| 124 | Catry Laura | Ieper | 0:45:31 | 10,55 | 5:41 |
| 125 | Mylle Bart | | 0:45:34 | 10,53 | 5:42 |
| 126 | Soete Ronny | | 0:45:35 | 10,53 | 5:42 |
| 127 | Parmentier Katrien | | 0:45:36 | 10,53 | 5:42 |
| 128 | Boutte Sabine | | 0:45:38 | 10,52 | 5:42 |
| 129 | Verstraete Louis | | 0:45:40 | 10,51 | 5:42 |
| 130 | Steyaert Robbert | | 0:45:43 | 10,50 | 5:43 |
| 131 | Van Insberghe Nick | | 0:45:45 | 10,49 | 5:43 |
| 132 | Pillen Ann | | 0:45:46 | 10,49 | 5:43 |
| 133 | Bouckaert Mathieu | | 0:45:58 | 10,44 | 5:45 |
| 134 | Huûghe Jurgen | | 0:46:07 | 10,41 | 5:46 |
| 135 | Groep Kbc | | 0:46:08 | 10,40 | 5:46 |
| 136 | Dewancker Johan | | 0:46:09 | 10,40 | 5:46 |
| 137 | Top Rachel | | 0:46:12 | 10,39 | 5:46 |
| 138 | Vandoolaeghe Jan | Ieper | 0:46:12 | 10,39 | 5:46 |
| 139 | Tavernier Robbert | Ieper | 0:46:14 | 10,38 | 5:47 |
| 140 | Vandesteene Viktor | Mesen | 0:46:21 | 10,36 | 5:48 |
| 141 | Vandewalle Luc | | 0:46:23 | 10,35 | 5:48 |
| 142 | Delalleau Fabienne | | 0:46:24 | 10,34 | 5:48 |
| 143 | Fieuw Christophe | | 0:46:27 | 10,33 | 5:48 |
| 144 | Bultynck Giovanni | | 0:46:27 | 10,33 | 5:48 |
| 145 | Vindevogel Philippe | Ieper | 0:46:40 | 10,29 | 5:50 |
| 146 | Degels Frank | Boezinge | 0:46:50 | 10,25 | 5:51 |
| 147 | Jennerich Norbert | | 0:46:51 | 10,25 | 5:51 |
| 148 | Soetaert Geert | Geluveld | 0:46:52 | 10,24 | 5:51 |
| 149 | Deprez Bram | Ieper | 0:46:54 | 10,23 | 5:52 |
| 150 | Porteman Tijl | | 0:46:56 | 10,23 | 5:52 |
| 151 | Ryckaert Geert | Ieper | 0:46:56 | 10,23 | 5:52 |
| 152 | Dejonckheere Ward | | 0:46:59 | 10,22 | 5:52 |
| 153 | Paeye Joran | West-Vleteren | 0:46:59 | 10,22 | 5:52 |
| 154 | Hooghe Ernest | West-Vleteren | 0:47:02 | 10,21 | 5:53 |
| 155 | Nottebaere Tom | | 0:47:02 | 10,21 | 5:53 |
| 156 | Gadeyne Jill | | 0:47:03 | 10,20 | 5:53 |
| 157 | Verhalle Korneel | | 0:47:03 | 10,20 | 5:53 |
| 158 | Gamme Jonas | | 0:47:05 | 10,19 | 5:53 |
| 159 | George Katrien | | 0:47:14 | 10,16 | 5:54 |
| 160 | Salomè Nico | | 0:47:14 | 10,16 | 5:54 |
| 161 | De Roo Isabel | | 0:47:15 | 10,16 | 5:54 |
| 162 | Groep Kbc | | 0:47:16 | 10,16 | 5:54 |
| 163 | Lagage Yves | Ieper | 0:47:16 | 10,16 | 5:54 |
| 164 | Verbanck Bram | Beveren Aan De Ijzer | 0:47:16 | 10,16 | 5:54 |
| 165 | Baelde Guy | Ieper | 0:47:18 | 10,15 | 5:55 |
| 166 | Vandeghinste Filip | Ieper | 0:47:18 | 10,15 | 5:55 |
| 167 | Segers Sofie | | 0:47:19 | 10,14 | 5:55 |
| 168 | Caesteker Niels | | 0:47:20 | 10,14 | 5:55 |
| 169 | Caenepeel Michael | | 0:47:23 | 10,13 | 5:55 |
| 170 | Verstrynghe Aristide | Ieper | 0:47:24 | 10,13 | 5:55 |
| 171 | Fournier Christophe | | 0:47:26 | 10,12 | 5:56 |
| 172 | Devoldere Kurt | Ieper | 0:47:29 | 10,11 | 5:56 |
| 173 | Vincent Lies | Ieper | 0:47:29 | 10,11 | 5:56 |
| 174 | Hoflack Diëgo | | 0:47:30 | 10,11 | 5:56 |
| 175 | Decrock Dick | | 0:47:34 | 10,09 | 5:57 |
| 176 | Decrock Pedro | | 0:47:35 | 10,09 | 5:57 |
| 177 | De Roo Ann | Poperinge | 0:47:36 | 10,08 | 5:57 |
| 178 | Creus Andy | | 0:47:37 | 10,08 | 5:57 |
| 179 | Odent Dennie | | 0:47:38 | 10,08 | 5:57 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|-----------------------|-------------|---------|-------|---------|
| 180 | Vandoolaeghe Gerard | Ieper | 0:47:38 | 10,08 | 5:57 |
| 181 | Lejeune Jens | | 0:47:41 | 10,07 | 5:58 |
| 182 | Pype Klaas | | 0:47:44 | 10,06 | 5:58 |
| 183 | Vanhixhe Marianne | | 0:47:44 | 10,06 | 5:58 |
| 184 | Cailliau Goedele | | 0:47:47 | 10,05 | 5:58 |
| 185 | Deconinck Pieterjan | | 0:47:48 | 10,04 | 5:58 |
| 186 | Soenen Luk | Poelkapelle | 0:47:48 | 10,04 | 5:58 |
| 187 | Valentin Glenn | | 0:47:49 | 10,04 | 5:59 |
| 188 | Coigné Marie | | 0:47:50 | 10,03 | 5:59 |
| 189 | Depreitere Brecht | Ieper | 0:47:50 | 10,03 | 5:59 |
| 190 | Dumolein Emiel | Zillebeke | 0:47:50 | 10,03 | 5:59 |
| 191 | Vanthuyne Lukas | Ieper | 0:47:50 | 10,03 | 5:59 |
| 192 | Swaenepoel Hannes | Ieper | 0:47:53 | 10,02 | 5:59 |
| 193 | Deloof Bea | Poelkapelle | 0:47:53 | 10,02 | 5:59 |
| 194 | Desmyter Geert | | 0:47:56 | 10,01 | 6:00 |
| 195 | Vandecasteele Kristof | | 0:47:56 | 10,01 | 6:00 |
| 196 | D'Haene Sabine | | 0:47:57 | 10,01 | 6:00 |
| 197 | Dochy Thibault | | 0:47:57 | 10,01 | 6:00 |
| 198 | Verfaillie Isabel | | 0:47:57 | 10,01 | 6:00 |
| 199 | Bouckaert Léon | | 0:47:58 | 10,01 | 6:00 |
| 200 | Beyens Jeroen | | 0:47:59 | 10,00 | 6:00 |
| 201 | Boudry Elly | | 0:48:00 | 10,00 | 6:00 |
| 202 | Quintelier Quinten | | 0:48:00 | 10,00 | 6:00 |
| 203 | Groep Arw | | 0:48:07 | 9,98 | 6:01 |
| 204 | Barbary Lyndsy | | 0:48:08 | 9,97 | 6:01 |
| 205 | Deceuninck Filip | | 0:48:11 | 9,96 | 6:01 |
| 206 | Bollein Tatjana | | 0:48:13 | 9,96 | 6:02 |
| 207 | Boury Stijn | | 0:48:13 | 9,96 | 6:02 |
| 208 | De Cleer Hélène | | 0:48:13 | 9,96 | 6:02 |
| 209 | Cuvelier Sven | Ieper | 0:48:14 | 9,95 | 6:02 |
| 210 | Peeters Wouter | | 0:48:15 | 9,95 | 6:02 |
| 211 | De Doncker Valerie | Boezinge | 0:48:16 | 9,94 | 6:02 |
| 212 | Delerue Stefaan | Alveringem | 0:48:16 | 9,94 | 6:02 |
| 213 | Blanckaert Steve | | 0:48:17 | 9,94 | 6:02 |
| 214 | Terryn Yuran | | 0:48:22 | 9,92 | 6:03 |
| 215 | Blondeel Sigurd | | 0:48:24 | 9,92 | 6:03 |
| 216 | Forestier Thibault | | 0:48:25 | 9,91 | 6:03 |
| 217 | Levrouw Sander | | 0:48:25 | 9,91 | 6:03 |
| 218 | Vanacker Sebe | Poelkapelle | 0:48:26 | 9,91 | 6:03 |
| 219 | Naeye Marino | | 0:48:27 | 9,91 | 6:03 |
| 220 | Poizat Fabrice | Ieper | 0:48:28 | 9,90 | 6:03 |
| 221 | Balduyck Johan | | 0:48:28 | 9,90 | 6:03 |
| 222 | Dedeurwaerder Jochen | | 0:48:29 | 9,90 | 6:04 |
| 223 | Fache Tiffany | Ieper | 0:48:29 | 9,90 | 6:04 |
| 224 | Noyez Leen | | 0:48:29 | 9,90 | 6:04 |
| 225 | Igodt Filip | | 0:48:36 | 9,88 | 6:04 |
| 226 | Alleman Bart | Langemark | 0:48:39 | 9,87 | 6:05 |
| 227 | Deceuninck Laura | | 0:48:40 | 9,86 | 6:05 |
| 228 | Vander Meiren Stefaan | | 0:48:43 | 9,85 | 6:05 |
| 229 | Decorte Rik | | 0:48:45 | 9,85 | 6:06 |
| 230 | Castelein Lieven | Ieper | 0:48:46 | 9,84 | 6:06 |
| 231 | Vandeplassche Birger | Zonnebeke | 0:48:46 | 9,84 | 6:06 |
| 232 | Foynes Nicholas | | 0:48:47 | 9,84 | 6:06 |
| 233 | Decan Mieke | | 0:48:49 | 9,83 | 6:06 |
| 234 | Wastyn Jurgen | | 0:48:50 | 9,83 | 6:06 |
| 235 | Nuytten Dimitri | | 0:48:53 | 9,82 | 6:07 |
| 236 | Verhalle Rik | | 0:48:55 | 9,81 | 6:07 |
| 237 | Vercoorend Nancy | | 0:48:56 | 9,81 | 6:07 |
| 238 | Verstraete Bob | | 0:48:57 | 9,81 | 6:07 |
| 239 | Vandamme Pascal | | 0:49:01 | 9,79 | 6:08 |
| 240 | Delaplace Thomas | Poperinge | 0:49:02 | 9,79 | 6:08 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|--------------------------|------------|---------|------|---------|
| 241 | Verstrynghe Peter | Ieper | 0:49:03 | 9,79 | 6:08 |
| 242 | Staelraeve Wesley | | 0:49:04 | 9,78 | 6:08 |
| 243 | Vandale Marten | Watou | 0:49:04 | 9,78 | 6:08 |
| 244 | Denys Milan | Houthulst | 0:49:05 | 9,78 | 6:08 |
| 245 | Veryser Jeroen | Ieper | 0:49:05 | 9,78 | 6:08 |
| 246 | Pattyn Senna | | 0:49:10 | 9,76 | 6:09 |
| 247 | De Witte Michiel | | 0:49:11 | 9,76 | 6:09 |
| 248 | Pattyn Patrick | | 0:49:14 | 9,75 | 6:09 |
| 249 | Groep Apotheek Kesteleyn | | 0:49:26 | 9,71 | 6:11 |
| 250 | Legrand Miguel | | 0:49:26 | 9,71 | 6:11 |
| 251 | Callandt Danny | | 0:49:33 | 9,69 | 6:12 |
| 252 | Couckuyt Marc | | 0:49:40 | 9,66 | 6:12 |
| 253 | Charlotte Dochy | | 0:49:43 | 9,65 | 6:13 |
| 254 | Desplenter Saskia | | 0:49:44 | 9,65 | 6:13 |
| 255 | Stijn Braem | | 0:49:47 | 9,64 | 6:13 |
| 256 | El Davy | | 0:49:48 | 9,64 | 6:14 |
| 257 | Dehaene Emmy | | 0:49:49 | 9,64 | 6:14 |
| 258 | Decadt Tim | | 0:49:54 | 9,62 | 6:14 |
| 259 | Delaplace Warre | Poperinge | 0:49:54 | 9,62 | 6:14 |
| 260 | Ghekiere Marc | | 0:49:56 | 9,61 | 6:14 |
| 261 | Putman Rune | Poperinge | 0:49:59 | 9,60 | 6:15 |
| 262 | Jansegers Siebe | Zuidschote | 0:50:01 | 9,60 | 6:15 |
| 263 | Ghillebert Thomas | | 0:50:02 | 9,59 | 6:15 |
| 264 | Wolters Pascal | | 0:50:03 | 9,59 | 6:15 |
| 265 | Groep Arw | | 0:50:05 | 9,58 | 6:16 |
| 266 | Durnez Elise | Wervik | 0:50:06 | 9,58 | 6:16 |
| 267 | Engels Veerle | Wijtschate | 0:50:06 | 9,58 | 6:16 |
| 268 | Naert Elke | | 0:50:06 | 9,58 | 6:16 |
| 269 | Alleman Laura | Langemark | 0:50:07 | 9,58 | 6:16 |
| 270 | Dequeker Karen | Ieper | 0:50:07 | 9,58 | 6:16 |
| 271 | Grimonprez Niels | Ieper | 0:50:08 | 9,57 | 6:16 |
| 272 | De Baere Bram | | 0:50:09 | 9,57 | 6:16 |
| 273 | Catteeuw Monique | | 0:50:10 | 9,57 | 6:16 |
| 274 | Del'Haye Hannes | | 0:50:11 | 9,56 | 6:16 |
| 275 | Deltombe Delphine | Ieper | 0:50:11 | 9,56 | 6:16 |
| 276 | Haelewyn Danny | | 0:50:11 | 9,56 | 6:16 |
| 277 | Neufort Donovan | Boezinge | 0:50:12 | 9,56 | 6:16 |
| 278 | Casier Jacques | | 0:50:14 | 9,56 | 6:17 |
| 279 | Casier Joran | Dikkebus | 0:50:16 | 9,55 | 6:17 |
| 280 | Deceuninck Kjell | Ieper | 0:50:16 | 9,55 | 6:17 |
| 281 | Verstraete Johan | | 0:50:16 | 9,55 | 6:17 |
| 282 | Vanbrabandt Lukas | Ieper | 0:50:17 | 9,55 | 6:17 |
| 283 | Vanthuyne Robbe | Ieper | 0:50:17 | 9,55 | 6:17 |
| 284 | Callemein Robbe | Ieper | 0:50:18 | 9,54 | 6:17 |
| 285 | Denorme Tjorven | | 0:50:19 | 9,54 | 6:17 |
| 286 | Vallaey's Jasper | | 0:50:19 | 9,54 | 6:17 |
| 287 | Verhelle Franciska | | 0:50:19 | 9,54 | 6:17 |
| 288 | De Grootte Zoë | Ieper | 0:50:20 | 9,54 | 6:17 |
| 289 | Verhalle Lieza | | 0:50:20 | 9,54 | 6:17 |
| 290 | D'Hondt Nelis | | 0:50:21 | 9,53 | 6:18 |
| 291 | Haevegheer Nathalie | Ieper | 0:50:21 | 9,53 | 6:18 |
| 292 | De Rouck Peter | | 0:50:24 | 9,52 | 6:18 |
| 293 | Saesen Guy | | 0:50:25 | 9,52 | 6:18 |
| 294 | Dupont Lieven | | 0:50:27 | 9,51 | 6:18 |
| 295 | Gamme Margaux | | 0:50:27 | 9,51 | 6:18 |
| 296 | Mattelaer Stefan | Kortrijk | 0:50:32 | 9,50 | 6:19 |
| 297 | Ameloot Robbe | Ieper | 0:50:34 | 9,49 | 6:19 |
| 298 | Van Kerckhove Victor | | 0:50:34 | 9,49 | 6:19 |
| 299 | Groep Les Halles | | 0:50:35 | 9,49 | 6:19 |
| 300 | Beerlandt Annelies | Gullegem | 0:50:38 | 9,48 | 6:20 |
| 301 | Beerlandt Matthias | Gullegem | 0:50:38 | 9,48 | 6:20 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------------------------|-------------|---------|------|---------|
| 302 | Loontjens Bram | | 0:50:38 | 9,48 | 6:20 |
| 303 | Mycke Stijn | Dudzele | 0:50:38 | 9,48 | 6:20 |
| 304 | Van Den Hoeck Bart | | 0:50:38 | 9,48 | 6:20 |
| 305 | Dewilde Yarne | Ieper | 0:50:40 | 9,47 | 6:20 |
| 306 | Castelein Kurt | | 0:50:41 | 9,47 | 6:20 |
| 307 | Leeuwerck Jesse | Ieper | 0:50:41 | 9,47 | 6:20 |
| 308 | Depuydt Lieselotte | Nieuwkerke | 0:50:42 | 9,47 | 6:20 |
| 309 | Verhelle Jurgen | | 0:50:43 | 9,46 | 6:20 |
| 310 | Planquette Marit | Ieper | 0:50:45 | 9,46 | 6:21 |
| 311 | Kesteloot Johan | | 0:50:46 | 9,46 | 6:21 |
| 312 | Vanacker Björn | | 0:50:49 | 9,45 | 6:21 |
| 313 | Donche Frank | | 0:50:49 | 9,45 | 6:21 |
| 314 | Verholle Glenn | | 0:50:49 | 9,45 | 6:21 |
| 315 | Tavernier Johan | Ieper | 0:50:53 | 9,43 | 6:22 |
| 316 | Planquette Christophe | Ieper | 0:50:54 | 9,43 | 6:22 |
| 317 | Groep Sportics Trail | | 0:50:57 | 9,42 | 6:22 |
| 318 | Maddens Greet | | 0:50:58 | 9,42 | 6:22 |
| 319 | Mostaert Guy | | 0:50:58 | 9,42 | 6:22 |
| 320 | Bamelis Lucas | Ieper | 0:50:58 | 9,42 | 6:22 |
| 321 | Vansevenant Kris | | 0:51:00 | 9,41 | 6:22 |
| 322 | Baelde Pieter | | 0:51:06 | 9,39 | 6:23 |
| 323 | Deceuninck Dieter | | 0:51:07 | 9,39 | 6:23 |
| 324 | Deceuninck Louis | | 0:51:08 | 9,39 | 6:23 |
| 325 | Dejonghe Deborah | Ieper | 0:51:08 | 9,39 | 6:23 |
| 326 | Soenen Brecht | | 0:51:08 | 9,39 | 6:23 |
| 327 | Sohier Timon | | 0:51:10 | 9,38 | 6:24 |
| 328 | Vandenberghe Wannas | | 0:51:10 | 9,38 | 6:24 |
| 329 | Vannobel Jan | Vleteren | 0:51:10 | 9,38 | 6:24 |
| 330 | Corneillie Leen | Ieper | 0:51:14 | 9,37 | 6:24 |
| 331 | Descamps Ann-Katrien | Ieper | 0:51:14 | 9,37 | 6:24 |
| 332 | Buseyne Pieter | Poperinge | 0:51:17 | 9,36 | 6:25 |
| 333 | Breyne Bruno | | 0:51:23 | 9,34 | 6:25 |
| 334 | Patriek Witdouck | | 0:51:23 | 9,34 | 6:25 |
| 335 | Decramer Ariane | | 0:51:26 | 9,33 | 6:26 |
| 336 | Bulckaen Melissa | Langemark | 0:51:28 | 9,33 | 6:26 |
| 337 | Regheere Julie | Boezinge | 0:51:30 | 9,32 | 6:26 |
| 338 | Verlinde Simon | Ieper | 0:51:34 | 9,31 | 6:27 |
| 339 | Dewaele Geert | | 0:51:35 | 9,31 | 6:27 |
| 340 | Pype Marianne | | 0:51:35 | 9,31 | 6:27 |
| 341 | Vandepitte Jean-Pierre | | 0:51:35 | 9,31 | 6:27 |
| 342 | Vanpoucke Jan | | 0:51:35 | 9,31 | 6:27 |
| 343 | Verstraete Caroline | | 0:51:37 | 9,30 | 6:27 |
| 344 | Deroose Michel | | 0:51:38 | 9,30 | 6:27 |
| 345 | Soenen Manon | Poelkapelle | 0:51:39 | 9,29 | 6:27 |
| 346 | Gerard Leen | | 0:51:41 | 9,29 | 6:28 |
| 347 | Verdonck Jarne | Poperinge | 0:51:41 | 9,29 | 6:28 |
| 348 | Verbeke Leen | | 0:51:42 | 9,28 | 6:28 |
| 349 | Bouckaert Bernard | | 0:51:44 | 9,28 | 6:28 |
| 350 | Bamelis Joeri | | 0:51:48 | 9,27 | 6:28 |
| 351 | Geldhof Marijke | Ieper | 0:51:48 | 9,27 | 6:28 |
| 352 | Vancoillie Deborah | | 0:51:49 | 9,26 | 6:29 |
| 353 | Vandamme Andy | | 0:51:50 | 9,26 | 6:29 |
| 354 | Verstraete Liese | | 0:51:50 | 9,26 | 6:29 |
| 355 | Deleye Kristof | | 0:51:52 | 9,25 | 6:29 |
| 356 | Deceuninck Melvyn | | 0:51:54 | 9,25 | 6:29 |
| 357 | Vanwijnsberghe Kristof | | 0:51:54 | 9,25 | 6:29 |
| 358 | Provoost Tom | Ieper | 0:51:55 | 9,25 | 6:29 |
| 359 | Knockaert Franky | | 0:51:56 | 9,24 | 6:29 |
| 360 | Leppla Carlo | | 0:51:57 | 9,24 | 6:30 |
| 361 | Vierstraete Pieter | | 0:51:58 | 9,24 | 6:30 |
| 362 | Saint Germain Robbe | Poperinge | 0:52:00 | 9,23 | 6:30 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|-----------------------|---------------|---------|------|---------|
| 363 | Carton Glenn | | 0:52:03 | 9,22 | 6:30 |
| 364 | Pannecoucke Stijn | Voormezele | 0:52:03 | 9,22 | 6:30 |
| 365 | Dejaegher Mathias | Ieper | 0:52:04 | 9,22 | 6:30 |
| 366 | Veniere Nathalie | | 0:52:04 | 9,22 | 6:30 |
| 367 | Deryckere Fien | Kemmel | 0:52:06 | 9,21 | 6:31 |
| 368 | Frenoy Laura | Komen-Waasten | 0:52:06 | 9,21 | 6:31 |
| 369 | Uzeel Mattijs | Ieper | 0:52:07 | 9,21 | 6:31 |
| 370 | Deruytter Peter | | 0:52:09 | 9,20 | 6:31 |
| 371 | Dutry Dirk | | 0:52:10 | 9,20 | 6:31 |
| 372 | Dutry Nick | | 0:52:11 | 9,20 | 6:31 |
| 373 | Beernaert Bart | | 0:52:12 | 9,20 | 6:31 |
| 374 | Vercaigne Wout | | 0:52:12 | 9,20 | 6:31 |
| 375 | Verdonck Isabelle | | 0:52:12 | 9,20 | 6:31 |
| 376 | Pannecoucque Johanna | | 0:52:13 | 9,19 | 6:32 |
| 377 | Marchand Marijn | | 0:52:15 | 9,19 | 6:32 |
| 378 | Vandromme Valerie | | 0:52:16 | 9,18 | 6:32 |
| 379 | Vrielinck Joris | | 0:52:16 | 9,18 | 6:32 |
| 380 | Van Slembrouck Sabine | | 0:52:17 | 9,18 | 6:32 |
| 381 | De Moor Geert | Ieper | 0:52:19 | 9,17 | 6:32 |
| 382 | Colpaert Cris | Zillebeke | 0:52:20 | 9,17 | 6:32 |
| 383 | Dehaerne Norbert | | 0:52:21 | 9,17 | 6:33 |
| 384 | Fourni Vincent | | 0:52:21 | 9,17 | 6:33 |
| 385 | Gamme Filip | | 0:52:22 | 9,17 | 6:33 |
| 386 | Vanrenterghem Mathias | Ieper | 0:52:25 | 9,16 | 6:33 |
| 387 | Bouckaert Carol | Beselare | 0:52:26 | 9,15 | 6:33 |
| 388 | De Ruyck Axel | Poperinge | 0:52:26 | 9,15 | 6:33 |
| 389 | Vandaele Ludovic | | 0:52:26 | 9,15 | 6:33 |
| 390 | Vandenberghel Ilse | | 0:52:26 | 9,15 | 6:33 |
| 391 | Depinois Tom | | 0:52:28 | 9,15 | 6:34 |
| 392 | Louchaert Xavier | Ieper | 0:52:28 | 9,15 | 6:34 |
| 393 | Louchaert Beau | Ieper | 0:52:28 | 9,15 | 6:34 |
| 394 | Blieck Dieter | | 0:52:30 | 9,14 | 6:34 |
| 395 | Denys Carl | | 0:52:31 | 9,14 | 6:34 |
| 396 | Gruwier Nele | | 0:52:31 | 9,14 | 6:34 |
| 397 | Denys Noor | Poperinge | 0:52:32 | 9,14 | 6:34 |
| 398 | Taylor Alistair | | 0:52:32 | 9,14 | 6:34 |
| 399 | Vanhee Lara | | 0:52:33 | 9,13 | 6:34 |
| 400 | Van Damme Linde | | 0:52:37 | 9,12 | 6:35 |
| 401 | Vandenbroucke Joke | | 0:52:38 | 9,12 | 6:35 |
| 402 | Hullak Steve | | 0:52:41 | 9,11 | 6:35 |
| 403 | Groep Kbc | | 0:52:42 | 9,11 | 6:35 |
| 404 | Jossa Jasper | | 0:52:42 | 9,11 | 6:35 |
| 405 | Saesen Carmen | | 0:52:42 | 9,11 | 6:35 |
| 406 | Decramer Daphne | | 0:52:46 | 9,10 | 6:36 |
| 407 | Deceuninck Emma | | 0:52:49 | 9,09 | 6:36 |
| 408 | Lamaire Robbe | Vleteren | 0:52:53 | 9,08 | 6:37 |
| 409 | Dujardin Diederik | Zonnebeke | 0:52:55 | 9,07 | 6:37 |
| 410 | Lapon Stijn | | 0:52:55 | 9,07 | 6:37 |
| 411 | Vandenberghel Tina | | 0:52:55 | 9,07 | 6:37 |
| 412 | Moerman Mathijs | Ieper | 0:52:57 | 9,07 | 6:37 |
| 413 | Bultinck Bart | Moorslede | 0:52:58 | 9,06 | 6:37 |
| 414 | Fieu Seppe | | 0:52:58 | 9,06 | 6:37 |
| 415 | Dubois Ines | Moorslede | 0:52:59 | 9,06 | 6:37 |
| 416 | Castelein Belle | Lo-Reninge | 0:53:00 | 9,06 | 6:37 |
| 417 | Delbeke Christel | | 0:53:01 | 9,05 | 6:38 |
| 418 | Vantomme Kurt | | 0:53:02 | 9,05 | 6:38 |
| 419 | Buyse Charlotte | Kuurne | 0:53:04 | 9,05 | 6:38 |
| 420 | Del'Haye Johan | | 0:53:05 | 9,04 | 6:38 |
| 421 | Ceulenaere Bart | | 0:53:05 | 9,04 | 6:38 |
| 422 | Collini Rainer | | 0:53:06 | 9,04 | 6:38 |
| 423 | Debaene Heleen | | 0:53:06 | 9,04 | 6:38 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|--------------------|-------------|---------|------|---------|
| 424 | Devriendt Jan | | 0:53:08 | 9,03 | 6:38 |
| 425 | Vanthomme Jonas | Poelkapelle | 0:53:08 | 9,03 | 6:38 |
| 426 | Compernelle Ann | | 0:53:09 | 9,03 | 6:39 |
| 427 | Trioen Frederik | | 0:53:09 | 9,03 | 6:39 |
| 428 | Vanthomme Bram | | 0:53:09 | 9,03 | 6:39 |
| 429 | Maes Edward | | 0:53:11 | 9,03 | 6:39 |
| 430 | Daels Sébastien | | 0:53:12 | 9,02 | 6:39 |
| 431 | Dekindt Roxane | | 0:53:12 | 9,02 | 6:39 |
| 432 | Rasseneur Mélanie | | 0:53:12 | 9,02 | 6:39 |
| 433 | Verghote Rik | | 0:53:12 | 9,02 | 6:39 |
| 434 | Derycke Robbe | Pollinkhove | 0:53:13 | 9,02 | 6:39 |
| 435 | Deweerdt Laurent | | 0:53:13 | 9,02 | 6:39 |
| 436 | Feys Evert | Woesten | 0:53:13 | 9,02 | 6:39 |
| 437 | Maes Dominiek | | 0:53:13 | 9,02 | 6:39 |
| 438 | Verbrugghe Wouter | | 0:53:13 | 9,02 | 6:39 |
| 439 | Caignie Evelyn | | 0:53:14 | 9,02 | 6:39 |
| 440 | Brie Julien | | 0:53:14 | 9,02 | 6:39 |
| 441 | Berghman Christa | Ieper | 0:53:15 | 9,01 | 6:39 |
| 442 | Deblauwe Koen | | 0:53:15 | 9,01 | 6:39 |
| 443 | Desmyter Emiel | Elverdinge | 0:53:15 | 9,01 | 6:39 |
| 444 | Dumont Gaëlle | | 0:53:15 | 9,01 | 6:39 |
| 445 | Hoflack Elise | Ieper | 0:53:15 | 9,01 | 6:39 |
| 446 | Rommens Carine | Ieper | 0:53:15 | 9,01 | 6:39 |
| 447 | Dumont Laure | | 0:53:16 | 9,01 | 6:39 |
| 448 | De Meyer Jesse | Deerlijk | 0:53:17 | 9,01 | 6:40 |
| 449 | Vandenbroucke Remy | | 0:53:19 | 9,00 | 6:40 |
| 450 | Gosseye Delphine | | 0:53:20 | 9,00 | 6:40 |
| 451 | Ryckewaert Arne | | 0:53:20 | 9,00 | 6:40 |
| 452 | De Coen Brecht | | 0:53:21 | 9,00 | 6:40 |
| 453 | Pannekoucke Yolan | | 0:53:21 | 9,00 | 6:40 |
| 454 | Bourgeois Kurt | Geluwe | 0:53:24 | 8,99 | 6:41 |
| 455 | Rousseuw Stefan | | 0:53:28 | 8,98 | 6:41 |
| 456 | Geerts Thomas | Zonnebeke | 0:53:29 | 8,97 | 6:41 |
| 457 | Neiryndck Jason | Zonnebeke | 0:53:29 | 8,97 | 6:41 |
| 458 | Mestdagh Rien | Poperinge | 0:53:33 | 8,96 | 6:42 |
| 459 | Decroix David | | 0:53:37 | 8,95 | 6:42 |
| 460 | Denys Lindsay | | 0:53:37 | 8,95 | 6:42 |
| 461 | Dusselier Peter | | 0:53:37 | 8,95 | 6:42 |
| 462 | Van Miegroet Yade | Ieper | 0:53:38 | 8,95 | 6:42 |
| 463 | Spriet Gerard | | 0:53:39 | 8,95 | 6:42 |
| 464 | Devloo Emma | Poperinge | 0:53:40 | 8,94 | 6:42 |
| 465 | Masschelein Nele | | 0:53:41 | 8,94 | 6:43 |
| 466 | Lobbestael Eveline | | 0:53:44 | 8,93 | 6:43 |
| 467 | Vanbelleghem Febe | | 0:53:46 | 8,93 | 6:43 |
| 468 | Verhaest Anny | | 0:53:47 | 8,92 | 6:43 |
| 469 | Dubois Elise | Geluwe | 0:53:49 | 8,92 | 6:44 |
| 470 | Butaye Lien | | 0:53:50 | 8,92 | 6:44 |
| 471 | Delameilleure Nick | | 0:53:50 | 8,92 | 6:44 |
| 472 | Forestier Frederic | | 0:53:50 | 8,92 | 6:44 |
| 473 | Hennebel Sven | | 0:53:50 | 8,92 | 6:44 |
| 474 | Verbeerst Jens | | 0:53:50 | 8,92 | 6:44 |
| 475 | Verhaeghe Lucie | Geluwe | 0:53:50 | 8,92 | 6:44 |
| 476 | Carrein Justin | | 0:53:52 | 8,91 | 6:44 |
| 477 | Deman Evelien | Ieper | 0:53:52 | 8,91 | 6:44 |
| 478 | Cokelaere Thierry | | 0:53:54 | 8,91 | 6:44 |
| 479 | Callens Vincent | Wijtschate | 0:53:57 | 8,90 | 6:45 |
| 480 | Cools Ria | Poelkapelle | 0:53:59 | 8,89 | 6:45 |
| 481 | Jonckheere Sandra | | 0:53:59 | 8,89 | 6:45 |
| 482 | Vanthomme Niek | | 0:53:59 | 8,89 | 6:45 |
| 483 | Boone Geert | Poelkapelle | 0:54:00 | 8,89 | 6:45 |
| 484 | Desmyter Jens | | 0:54:00 | 8,89 | 6:45 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|-----------------------|-------------|---------|------|---------|
| 485 | Louwagie Nele | | 0:54:00 | 8,89 | 6:45 |
| 486 | Deleu Lien | Wervik | 0:54:01 | 8,89 | 6:45 |
| 487 | Pollet Jeroen | Ieper | 0:54:02 | 8,88 | 6:45 |
| 488 | Leterme Evelien | Boezinge | 0:54:03 | 8,88 | 6:45 |
| 489 | Laheye Dana | Ieper | 0:54:05 | 8,88 | 6:46 |
| 490 | Reyntjens Frederik | | 0:54:05 | 8,88 | 6:46 |
| 491 | De Roo Elise | | 0:54:07 | 8,87 | 6:46 |
| 492 | Delphine Leeuwerck | | 0:54:07 | 8,87 | 6:46 |
| 493 | Demuynck Stephanie | Ieper | 0:54:07 | 8,87 | 6:46 |
| 494 | Dauchy Tania | | 0:54:08 | 8,87 | 6:46 |
| 495 | Dauchy José | | 0:54:08 | 8,87 | 6:46 |
| 496 | Naeye Robin | Poperinge | 0:54:08 | 8,87 | 6:46 |
| 497 | Sabbe Veerle | Ieper | 0:54:08 | 8,87 | 6:46 |
| 498 | Blondeel Sven | | 0:54:09 | 8,86 | 6:46 |
| 499 | Sustronck Jade | Ieper | 0:54:09 | 8,86 | 6:46 |
| 500 | Wyffels Sam | Ieper | 0:54:09 | 8,86 | 6:46 |
| 501 | Rohart Kristel | Geluveld | 0:54:10 | 8,86 | 6:46 |
| 502 | Decorte Laurens | Poperinge | 0:54:11 | 8,86 | 6:46 |
| 503 | Bouckaert Elisabeth | | 0:54:12 | 8,86 | 6:47 |
| 504 | Dekock Mieke | | 0:54:12 | 8,86 | 6:47 |
| 505 | Vandewalle Kris | | 0:54:12 | 8,86 | 6:47 |
| 506 | Neirynd Kevin | Zonnebeke | 0:54:13 | 8,85 | 6:47 |
| 507 | Ameys Alyssa | Poperinge | 0:54:14 | 8,85 | 6:47 |
| 508 | Couwet Emma | Poperinge | 0:54:14 | 8,85 | 6:47 |
| 509 | Groep Les Halles | | 0:54:14 | 8,85 | 6:47 |
| 510 | Eeckhout Ann | Ieper | 0:54:21 | 8,83 | 6:48 |
| 511 | Depinois Walter | | 0:54:22 | 8,83 | 6:48 |
| 512 | Dutilleul David | | 0:54:22 | 8,83 | 6:48 |
| 513 | Vandenbroucke Petra | | 0:54:23 | 8,83 | 6:48 |
| 514 | Decottignies David | | 0:54:25 | 8,82 | 6:48 |
| 515 | Cools Daan | | 0:54:26 | 8,82 | 6:48 |
| 516 | Duprel Chris | | 0:54:28 | 8,81 | 6:48 |
| 517 | Lebrun Luca | | 0:54:28 | 8,81 | 6:48 |
| 518 | Opdebeeck Filip | | 0:54:29 | 8,81 | 6:49 |
| 519 | Reyntjens Jacob | | 0:54:29 | 8,81 | 6:49 |
| 520 | Siricharoen Smart | | 0:54:29 | 8,81 | 6:49 |
| 521 | Braem Marthe | Dikkebus | 0:54:30 | 8,81 | 6:49 |
| 522 | Vuylsteker Stefanie | | 0:54:30 | 8,81 | 6:49 |
| 523 | Depauw Els | | 0:54:32 | 8,80 | 6:49 |
| 524 | Despeghel Inge | | 0:54:32 | 8,80 | 6:49 |
| 525 | Masschelin Arthur | Zillebeke | 0:54:33 | 8,80 | 6:49 |
| 526 | Dochy Christine | | 0:54:34 | 8,80 | 6:49 |
| 527 | Peene Anton | Ieper | 0:54:34 | 8,80 | 6:49 |
| 528 | Degandt Dirk | Poelkapelle | 0:54:38 | 8,79 | 6:50 |
| 529 | Degandt Celestien | Poelkapelle | 0:54:38 | 8,79 | 6:50 |
| 530 | Phillips Jana | Ieper | 0:54:39 | 8,78 | 6:50 |
| 531 | Geert Hauspie | | 0:54:41 | 8,78 | 6:50 |
| 532 | Rik Couleit | | 0:54:41 | 8,78 | 6:50 |
| 533 | Vanhaelewyck Jan | Poelkapelle | 0:54:43 | 8,77 | 6:50 |
| 534 | Dewilde Sophie | | 0:54:44 | 8,77 | 6:50 |
| 535 | Vandenhove Vincent | | 0:54:44 | 8,77 | 6:50 |
| 536 | Strybol Elias | | 0:54:46 | 8,76 | 6:51 |
| 537 | Catel Tijs | Ieper | 0:54:47 | 8,76 | 6:51 |
| 538 | Missinne Fabian | Roeselare | 0:54:47 | 8,76 | 6:51 |
| 539 | Plouvier Darry | | 0:54:48 | 8,76 | 6:51 |
| 540 | Vander Meiren Christa | | 0:54:48 | 8,76 | 6:51 |
| 541 | Windels Dorothee | | 0:54:48 | 8,76 | 6:51 |
| 542 | Decroix David | | 0:54:52 | 8,75 | 6:51 |
| 543 | Lazeure Kris | | 0:54:52 | 8,75 | 6:51 |
| 544 | Ketels Brigitte | | 0:54:54 | 8,74 | 6:52 |
| 545 | Lebrun Dirk | | 0:54:54 | 8,74 | 6:52 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|-----------------------|--------------|---------|------|---------|
| 546 | Defever Brecht | Zonnebeke | 0:54:55 | 8,74 | 6:52 |
| 547 | Catteeuw Ruben | Zonnebeke | 0:54:56 | 8,74 | 6:52 |
| 548 | Matten Steve | Ieper | 0:54:56 | 8,74 | 6:52 |
| 549 | Beusquart Sebastien | | 0:54:57 | 8,74 | 6:52 |
| 550 | Gesquiere Domien | Zonnebeke | 0:54:57 | 8,74 | 6:52 |
| 551 | Beele Vincent | | 0:54:58 | 8,73 | 6:52 |
| 552 | Bossaert Nele | | 0:55:03 | 8,72 | 6:53 |
| 553 | Bouten Romina | | 0:55:03 | 8,72 | 6:53 |
| 554 | Dequeker Hendrik | Elverdinge | 0:55:03 | 8,72 | 6:53 |
| 555 | Dequeker Jeffrey | Elverdinge | 0:55:03 | 8,72 | 6:53 |
| 556 | Van Belle Niels | | 0:55:03 | 8,72 | 6:53 |
| 557 | Denuwelaere Emiel | | 0:55:04 | 8,72 | 6:53 |
| 558 | Aerts Eddy | Deinze | 0:55:05 | 8,71 | 6:53 |
| 559 | De Clercq Hans | | 0:55:05 | 8,71 | 6:53 |
| 560 | Declerck Lennert | | 0:55:05 | 8,71 | 6:53 |
| 561 | Dewulf Mateo | | 0:55:05 | 8,71 | 6:53 |
| 562 | Fonteyne Klaas | Westouter | 0:55:05 | 8,71 | 6:53 |
| 563 | Decuyper Jan | | 0:55:06 | 8,71 | 6:53 |
| 564 | Niels Torreele | | 0:55:06 | 8,71 | 6:53 |
| 565 | Torrez Ilse | | 0:55:06 | 8,71 | 6:53 |
| 566 | Rino Geiregat | | 0:55:06 | 8,71 | 6:53 |
| 567 | Dedecker Bart | Ieper | 0:55:07 | 8,71 | 6:53 |
| 568 | Deceuninck Ann | | 0:55:07 | 8,71 | 6:53 |
| 569 | Ryckeboer Peter | | 0:55:07 | 8,71 | 6:53 |
| 570 | Pyck Katrien | | 0:55:08 | 8,71 | 6:53 |
| 571 | Vanloot Francis | Ieper | 0:55:08 | 8,71 | 6:53 |
| 572 | Bekaert Joke | Kortrijk | 0:55:09 | 8,70 | 6:54 |
| 573 | Dehaene Dominique | Ieper | 0:55:09 | 8,70 | 6:54 |
| 574 | Denys Nicky | | 0:55:09 | 8,70 | 6:54 |
| 575 | Demuzere Bart | Deerlijk | 0:55:13 | 8,69 | 6:54 |
| 576 | Sabbe Stephan | Deerlijk | 0:55:13 | 8,69 | 6:54 |
| 577 | Reynaert Tamara | | 0:55:14 | 8,69 | 6:54 |
| 578 | Dewaegenaere Kurt | Deerlijk | 0:55:15 | 8,69 | 6:54 |
| 579 | Vandeputte Christelle | Deinze | 0:55:15 | 8,69 | 6:54 |
| 580 | Claerhout Tom | Geluwe | 0:55:16 | 8,69 | 6:55 |
| 581 | Coucelle Jan | Beveren Leie | 0:55:17 | 8,68 | 6:55 |
| 582 | Hanssens Dirk | Deerlijk | 0:55:17 | 8,68 | 6:55 |
| 583 | Lesage Jurgen | | 0:55:17 | 8,68 | 6:55 |
| 584 | Deleersnyder Chris | Deerlijk | 0:55:19 | 8,68 | 6:55 |
| 585 | Galloo Jens | | 0:55:20 | 8,67 | 6:55 |
| 586 | Verpoort Nathalie | Vlamertinge | 0:55:21 | 8,67 | 6:55 |
| 587 | Tommelin Geert | | 0:55:22 | 8,67 | 6:55 |
| 588 | Danneels Marieke | | 0:55:24 | 8,66 | 6:55 |
| 589 | Dejonckheere Nele | | 0:55:25 | 8,66 | 6:56 |
| 590 | Lemaire Dirk | | 0:55:28 | 8,65 | 6:56 |
| 591 | Ryckeboer Liesbeth | | 0:55:28 | 8,65 | 6:56 |
| 592 | Sabbe Matisse | | 0:55:28 | 8,65 | 6:56 |
| 593 | Vierstraete Evelien | | 0:55:28 | 8,65 | 6:56 |
| 594 | Durnez Maarten | | 0:55:30 | 8,65 | 6:56 |
| 595 | Butaye Kaat | | 0:55:31 | 8,65 | 6:56 |
| 596 | Degryse Alois | | 0:55:31 | 8,65 | 6:56 |
| 597 | Persyn Martine | | 0:55:31 | 8,65 | 6:56 |
| 598 | Deramoudt Jurgen | Ieper | 0:55:32 | 8,64 | 6:57 |
| 599 | Vanhee Ria | | 0:55:32 | 8,64 | 6:57 |
| 600 | Lefieuw Wim | | 0:55:34 | 8,64 | 6:57 |
| 601 | Leeuwerck Melanie | | 0:55:36 | 8,63 | 6:57 |
| 602 | Vangansbeke Dries | | 0:55:36 | 8,63 | 6:57 |
| 603 | Martin Henri | | 0:55:39 | 8,63 | 6:57 |
| 604 | Chiers Niek | | 0:55:40 | 8,62 | 6:57 |
| 605 | Six Katrijn | | 0:55:40 | 8,62 | 6:57 |
| 606 | Vanhalst Tom | | 0:55:40 | 8,62 | 6:57 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|----------------------|----------------|---------|------|---------|
| 607 | Dehaene Steve | | 0:55:41 | 8,62 | 6:58 |
| 608 | Deslé Nele | | 0:55:41 | 8,62 | 6:58 |
| 609 | Durnez Cindy | | 0:55:41 | 8,62 | 6:58 |
| 610 | Pyliser Isabelle | | 0:55:41 | 8,62 | 6:58 |
| 611 | Goudeseune Conny | | 0:55:45 | 8,61 | 6:58 |
| 612 | Verkeyn Siska | | 0:55:45 | 8,61 | 6:58 |
| 613 | Dedeurwaerder Bart | Ieper | 0:55:47 | 8,60 | 6:58 |
| 614 | Verstraete Marie | | 0:55:48 | 8,60 | 6:58 |
| 615 | Torreele Jasper | | 0:55:49 | 8,60 | 6:59 |
| 616 | Degels Jasper | | 0:55:51 | 8,59 | 6:59 |
| 617 | Depoorter Robin | | 0:55:51 | 8,59 | 6:59 |
| 618 | Depuydt Dominique | | 0:55:52 | 8,59 | 6:59 |
| 619 | Dewilde Laurent | | 0:55:55 | 8,58 | 6:59 |
| 620 | Speybrouck Milan | | 0:55:55 | 8,58 | 6:59 |
| 621 | Beele Philippe | | 0:55:58 | 8,58 | 7:00 |
| 622 | Vandermarliere Klaas | Ieper | 0:55:59 | 8,57 | 7:00 |
| 623 | Verdru Rik | Ieper | 0:56:01 | 8,57 | 7:00 |
| 624 | Demuyndt Jaimie | Ieper | 0:56:03 | 8,56 | 7:00 |
| 625 | Dewulf Geert | | 0:56:05 | 8,56 | 7:01 |
| 626 | Liefhooghe Bram | Ieper | 0:56:05 | 8,56 | 7:01 |
| 627 | Speybrouck Pedro | | 0:56:05 | 8,56 | 7:01 |
| 628 | Minne Koen | | 0:56:06 | 8,56 | 7:01 |
| 629 | Quartier Hannes | Ieper | 0:56:08 | 8,55 | 7:01 |
| 630 | Seys Stijn | Oostnieuwkerke | 0:56:08 | 8,55 | 7:01 |
| 631 | Descamps Thijs | | 0:56:09 | 8,55 | 7:01 |
| 632 | Louwagie An | Lichtervelde | 0:56:09 | 8,55 | 7:01 |
| 633 | Louwagie Kaat | Kortemark | 0:56:09 | 8,55 | 7:01 |
| 634 | Bisschop Mario | Roeselare | 0:56:10 | 8,55 | 7:01 |
| 635 | Vanhoutte Barbara | | 0:56:10 | 8,55 | 7:01 |
| 636 | Demeester Joseph | | 0:56:11 | 8,54 | 7:01 |
| 637 | Mostaert Louise | | 0:56:11 | 8,54 | 7:01 |
| 638 | Soetaert Florence | Komen-Waasten | 0:56:12 | 8,54 | 7:01 |
| 639 | Bral Isabelle | Elverdinge | 0:56:13 | 8,54 | 7:02 |
| 640 | Vanbeselaere Luc | | 0:56:16 | 8,53 | 7:02 |
| 641 | Notredam Annelien | Ieper | 0:56:20 | 8,52 | 7:02 |
| 642 | Huyghe Evelien | | 0:56:26 | 8,51 | 7:03 |
| 643 | Carbonez Guy | Ieper | 0:56:27 | 8,50 | 7:03 |
| 644 | Blontrock Ewoud | Moorslede | 0:56:29 | 8,50 | 7:04 |
| 645 | Brants Jonas | | 0:56:29 | 8,50 | 7:04 |
| 646 | Geloen Pepijn | | 0:56:30 | 8,50 | 7:04 |
| 647 | D'Hondt Sven | Ieper | 0:56:31 | 8,49 | 7:04 |
| 648 | Voet Julie | | 0:56:31 | 8,49 | 7:04 |
| 649 | Cambie Martine | | 0:56:33 | 8,49 | 7:04 |
| 650 | Forrez Simon | Zillebeke | 0:56:33 | 8,49 | 7:04 |
| 651 | Maricau Tuur | | 0:56:33 | 8,49 | 7:04 |
| 652 | Goegebeur Samuel | Ieper | 0:56:35 | 8,48 | 7:04 |
| 653 | Voet Bjorn | | 0:56:35 | 8,48 | 7:04 |
| 654 | Lewyllie Kurt | | 0:56:35 | 8,48 | 7:04 |
| 655 | Descamps Isabelle | | 0:56:36 | 8,48 | 7:04 |
| 656 | Lamond Manon | De Klijte | 0:56:37 | 8,48 | 7:05 |
| 657 | Missiaen Marilyn | Leisele | 0:56:37 | 8,48 | 7:05 |
| 658 | Nachtergaele Sarah | Poperinge | 0:56:37 | 8,48 | 7:05 |
| 659 | Vandeputte Lieve | | 0:56:37 | 8,48 | 7:05 |
| 660 | Declerck Klaas | | 0:56:38 | 8,48 | 7:05 |
| 661 | Crul Katrien | | 0:56:40 | 8,47 | 7:05 |
| 662 | Hoflack Brecht | | 0:56:40 | 8,47 | 7:05 |
| 663 | | Ieper | 0:56:40 | 8,47 | 7:05 |
| 664 | An Degroote | | 0:56:42 | 8,47 | 7:05 |
| 665 | Maes Joyce | | 0:56:42 | 8,47 | 7:05 |
| 666 | Maes Danny | | 0:56:42 | 8,47 | 7:05 |
| 667 | Snick Steve | | 0:56:44 | 8,46 | 7:05 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|-----------------------|-------------|---------|------|---------|
| 668 | Lelong Justine | | 0:56:45 | 8,46 | 7:06 |
| 669 | Delva Lieven | | 0:56:46 | 8,46 | 7:06 |
| 670 | Neiryнк Tobith | Ieper | 0:56:51 | 8,44 | 7:06 |
| 671 | Reynaert Simon | | 0:56:51 | 8,44 | 7:06 |
| 672 | Bonte Annelies | | 0:56:52 | 8,44 | 7:07 |
| 673 | Vantieghem Ines | Wervik | 0:56:53 | 8,44 | 7:07 |
| 674 | Decroos Peter | | 0:56:54 | 8,44 | 7:07 |
| 675 | Bakeroot Hilde | Langemark | 0:56:55 | 8,43 | 7:07 |
| 676 | Masschelein Paul | | 0:56:57 | 8,43 | 7:07 |
| 677 | Devos Ward | | 0:56:59 | 8,42 | 7:07 |
| 678 | Devos Noah | | 0:56:59 | 8,42 | 7:07 |
| 679 | Spiessens Mathieu | | 0:56:59 | 8,42 | 7:07 |
| 680 | Tavernier Goedele | | 0:57:01 | 8,42 | 7:08 |
| 681 | Durnez Miet | | 0:57:02 | 8,42 | 7:08 |
| 682 | Naudts Kevin | Gent | 0:57:03 | 8,41 | 7:08 |
| 683 | Boury Lotte | | 0:57:04 | 8,41 | 7:08 |
| 684 | Claeys Laszlo | | 0:57:04 | 8,41 | 7:08 |
| 685 | Colebrants Kristien | | 0:57:04 | 8,41 | 7:08 |
| 686 | De Maere Nick | Gent | 0:57:04 | 8,41 | 7:08 |
| 687 | Decramer Robin | | 0:57:04 | 8,41 | 7:08 |
| 688 | Ghesquiere Maarten | | 0:57:04 | 8,41 | 7:08 |
| 689 | Joye Tine | | 0:57:04 | 8,41 | 7:08 |
| 690 | Joye Nele | | 0:57:04 | 8,41 | 7:08 |
| 691 | Verstraete Thijs | Langemark | 0:57:04 | 8,41 | 7:08 |
| 692 | Carels Arthur | | 0:57:05 | 8,41 | 7:08 |
| 693 | Durnez Lies | | 0:57:05 | 8,41 | 7:08 |
| 694 | Lemaire Didier | | 0:57:05 | 8,41 | 7:08 |
| 695 | Maddelein Joshua | | 0:57:05 | 8,41 | 7:08 |
| 696 | Riem Iebe | | 0:57:05 | 8,41 | 7:08 |
| 697 | Deriemaeker Kelly | | 0:57:08 | 8,40 | 7:09 |
| 698 | Moerman Lies | | 0:57:08 | 8,40 | 7:09 |
| 699 | Groep Kbc | | 0:57:09 | 8,40 | 7:09 |
| 700 | Groep Kbc | | 0:57:09 | 8,40 | 7:09 |
| 701 | De Man Ingrid | | 0:57:10 | 8,40 | 7:09 |
| 702 | Desaegher Jurgen | | 0:57:10 | 8,40 | 7:09 |
| 703 | Desaegher Birgen | | 0:57:10 | 8,40 | 7:09 |
| 704 | Desrumaux Evelyne | Ieper | 0:57:10 | 8,40 | 7:09 |
| 705 | D'Hulster Ann | Ieper | 0:57:11 | 8,39 | 7:09 |
| 706 | Butstraen Hans | Ieper | 0:57:12 | 8,39 | 7:09 |
| 707 | Casters Jonathan | Staden | 0:57:12 | 8,39 | 7:09 |
| 708 | Uyttenhove Koen | Ieper | 0:57:12 | 8,39 | 7:09 |
| 709 | Coens Geert | Ieper | 0:57:13 | 8,39 | 7:09 |
| 710 | Bertram Carole | | 0:57:14 | 8,39 | 7:09 |
| 711 | Maddelein Ives | | 0:57:15 | 8,38 | 7:09 |
| 712 | Vandekerckhove Joost | Poelkapelle | 0:57:16 | 8,38 | 7:09 |
| 713 | Moerman Nele | | 0:57:18 | 8,38 | 7:10 |
| 714 | Vanisacker Björn | Ieper | 0:57:19 | 8,37 | 7:10 |
| 715 | Duyck Mathias | Ieper | 0:57:20 | 8,37 | 7:10 |
| 716 | Vandewalle Emmy | Ieper | 0:57:20 | 8,37 | 7:10 |
| 717 | Wildemeersch Wannes | Ieper | 0:57:20 | 8,37 | 7:10 |
| 718 | Goeghebeur Jessie | Hollebeke | 0:57:21 | 8,37 | 7:10 |
| 719 | Masselus Wout | | 0:57:21 | 8,37 | 7:10 |
| 720 | Alleman Bram | Langemark | 0:57:22 | 8,37 | 7:10 |
| 721 | Bulcke Jurgen | | 0:57:22 | 8,37 | 7:10 |
| 722 | Clinckemaillie Stefan | | 0:57:22 | 8,37 | 7:10 |
| 723 | Vandeghinste Sam | Ieper | 0:57:22 | 8,37 | 7:10 |
| 724 | Verhalle Floris | | 0:57:23 | 8,36 | 7:10 |
| 725 | Sinnesael Goele | Ieper | 0:57:23 | 8,36 | 7:10 |
| 726 | Boeyaert Glen | | 0:57:24 | 8,36 | 7:10 |
| 727 | Goudeseune Jonathan | Ieper | 0:57:24 | 8,36 | 7:10 |
| 728 | Parmentier Els | | 0:57:24 | 8,36 | 7:10 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|----------------------|-------------|---------|------|---------|
| 729 | Vancoillie Hélène | Staden | 0:57:24 | 8,36 | 7:10 |
| 730 | Cruyt Liesbet | Ieper | 0:57:25 | 8,36 | 7:11 |
| 731 | Demeulenaere Laure | Boezinge | 0:57:25 | 8,36 | 7:11 |
| 732 | Calis Bram | | 0:57:26 | 8,36 | 7:11 |
| 733 | Vandenhove Philippe | | 0:57:28 | 8,35 | 7:11 |
| 734 | Deryckere Johan | | 0:57:29 | 8,35 | 7:11 |
| 735 | Vandenbruwaene Ellen | | 0:57:29 | 8,35 | 7:11 |
| 736 | Vantomme Bart | | 0:57:29 | 8,35 | 7:11 |
| 737 | Provoost Pieterjan | Roeselare | 0:57:30 | 8,35 | 7:11 |
| 738 | Devos Elsje | | 0:57:31 | 8,35 | 7:11 |
| 739 | Haspeslagh Laurence | | 0:57:31 | 8,35 | 7:11 |
| 740 | Huyghe Evelyn | | 0:57:31 | 8,35 | 7:11 |
| 741 | Vandewalle Jef | | 0:57:31 | 8,35 | 7:11 |
| 742 | Louwagie Ellen | | 0:57:32 | 8,34 | 7:11 |
| 743 | Rathé Maaïke | Roeselare | 0:57:32 | 8,34 | 7:11 |
| 744 | Rebry Stefanie | | 0:57:32 | 8,34 | 7:11 |
| 745 | Torsy Yoeri | | 0:57:32 | 8,34 | 7:11 |
| 746 | Verbeke Brecht | Wervik | 0:57:32 | 8,34 | 7:11 |
| 747 | Cailliau Hilde | | 0:57:33 | 8,34 | 7:12 |
| 748 | Deleu Stefanie | | 0:57:33 | 8,34 | 7:12 |
| 749 | Soenen Vanessa | | 0:57:33 | 8,34 | 7:12 |
| 750 | Vander Meiren Josien | | 0:57:33 | 8,34 | 7:12 |
| 751 | Vandewalle Bo | | 0:57:33 | 8,34 | 7:12 |
| 752 | Rathé Jean-Marie | | 0:57:34 | 8,34 | 7:12 |
| 753 | Boudeweel Tom | | 0:57:36 | 8,33 | 7:12 |
| 754 | Ameel Fien | Moorsele | 0:57:37 | 8,33 | 7:12 |
| 755 | Dewulf Janne | Geluveld | 0:57:37 | 8,33 | 7:12 |
| 756 | Bentein Gerdy | | 0:57:38 | 8,33 | 7:12 |
| 757 | Sticker Heide | Westouter | 0:57:38 | 8,33 | 7:12 |
| 758 | Uyttenhove Fien | | 0:57:38 | 8,33 | 7:12 |
| 759 | Vinckier An | Geluwe | 0:57:38 | 8,33 | 7:12 |
| 760 | Soete Alex | Ieper | 0:57:39 | 8,33 | 7:12 |
| 761 | Titeca Luc | | 0:57:39 | 8,33 | 7:12 |
| 762 | Parret Martijn | | 0:57:39 | 8,33 | 7:12 |
| 763 | Vandewalle Henk | | 0:57:41 | 8,32 | 7:13 |
| 764 | Bossaert Evelyne | | 0:57:42 | 8,32 | 7:13 |
| 765 | Bouckaert Kevin | Zonnebeke | 0:57:42 | 8,32 | 7:13 |
| 766 | Casier Barbara | | 0:57:42 | 8,32 | 7:13 |
| 767 | Noyelle Jess | Zonnebeke | 0:57:42 | 8,32 | 7:13 |
| 768 | Vandewalle Lowie | | 0:57:43 | 8,32 | 7:13 |
| 769 | Desmyter Ine | Poelkapelle | 0:57:46 | 8,31 | 7:13 |
| 770 | Carpentier Elise | Langemark | 0:57:47 | 8,31 | 7:13 |
| 771 | Coghe Julie | Boezinge | 0:57:47 | 8,31 | 7:13 |
| 772 | Vanhee Amber | Woesten | 0:57:47 | 8,31 | 7:13 |
| 773 | Bert Devriendt | | 0:57:48 | 8,30 | 7:13 |
| 774 | Gamme Elien | | 0:57:50 | 8,30 | 7:14 |
| 775 | Cortier Ine | | 0:57:52 | 8,29 | 7:14 |
| 776 | Jerome Libeert | Zandvoorde | 0:57:53 | 8,29 | 7:14 |
| 777 | Breine Geert | | 0:57:54 | 8,29 | 7:14 |
| 778 | Delva Jurgen | | 0:57:55 | 8,29 | 7:14 |
| 779 | Kestelyn Sonia | | 0:57:55 | 8,29 | 7:14 |
| 780 | Lefebvre Mieke | | 0:57:55 | 8,29 | 7:14 |
| 781 | Maertens Briek | Zillebeke | 0:57:58 | 8,28 | 7:15 |
| 782 | Verdonck Isabelle | | 0:57:58 | 8,28 | 7:15 |
| 783 | Wybo Wesley | | 0:57:59 | 8,28 | 7:15 |
| 784 | Christiaens Joyce | Ieper | 0:58:00 | 8,28 | 7:15 |
| 785 | Dedecker Marlies | Ieper | 0:58:00 | 8,28 | 7:15 |
| 786 | Vandenbussche Jerome | Ieper | 0:58:02 | 8,27 | 7:15 |
| 787 | Devos Renaat | Poperinge | 0:58:02 | 8,27 | 7:15 |
| 788 | Blondeel Camille | Poelkapelle | 0:58:04 | 8,27 | 7:15 |
| 789 | Devos Tom | Ieper | 0:58:05 | 8,26 | 7:16 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|----------------------|---------------|---------|------|---------|
| 790 | Vandenberghé Milan | | 0:58:05 | 8,26 | 7:16 |
| 791 | Ghyselen Celine | Zonnebeke | 0:58:05 | 8,26 | 7:16 |
| 792 | Bekaert Lydie | | 0:58:06 | 8,26 | 7:16 |
| 793 | Blontrock Gudrun | | 0:58:07 | 8,26 | 7:16 |
| 794 | Sinnaeve Ava | | 0:58:08 | 8,26 | 7:16 |
| 795 | Decombel Raf | Ieper | 0:58:11 | 8,25 | 7:16 |
| 796 | Heyte Lieselotte | | 0:58:11 | 8,25 | 7:16 |
| 797 | Vanbesien Anthony | Ieper | 0:58:11 | 8,25 | 7:16 |
| 798 | D'Alleine Sanne | Ieper | 0:58:12 | 8,25 | 7:16 |
| 799 | Saelens Marlon | Ieper | 0:58:12 | 8,25 | 7:16 |
| 800 | Pacco Maxime | West-Vleteren | 0:58:13 | 8,25 | 7:17 |
| 801 | Snick Sophie | Ieper | 0:58:13 | 8,25 | 7:17 |
| 802 | Vrijghem Marie | Ieper | 0:58:13 | 8,25 | 7:17 |
| 803 | Stevens Camille | Ieper | 0:58:14 | 8,24 | 7:17 |
| 804 | Greet Dewulf | | 0:58:14 | 8,24 | 7:17 |
| 805 | Valerie Debal | | 0:58:15 | 8,24 | 7:17 |
| 806 | Soenen Gwen | Elverdinge | 0:58:17 | 8,24 | 7:17 |
| 807 | Boussemaere Ellen | | 0:58:20 | 8,23 | 7:17 |
| 808 | Vermeeren Maxim | Ieper | 0:58:23 | 8,22 | 7:18 |
| 809 | Buyck Evelien | Poelkapelle | 0:58:24 | 8,22 | 7:18 |
| 810 | Vandenbusche Didier | Elverdinge | 0:58:24 | 8,22 | 7:18 |
| 811 | Warnez Wendy | Poelkapelle | 0:58:24 | 8,22 | 7:18 |
| 812 | Hoël Justin | Ieper | 0:58:25 | 8,22 | 7:18 |
| 813 | Terryn Amber | | 0:58:27 | 8,21 | 7:18 |
| 814 | Vanfleteren Robbe | | 0:58:27 | 8,21 | 7:18 |
| 815 | Vandenbussche Yano | | 0:58:28 | 8,21 | 7:18 |
| 816 | Bruggeman Carla | | 0:58:29 | 8,21 | 7:19 |
| 817 | Vanzandweghe Dirk | | 0:58:29 | 8,21 | 7:19 |
| 818 | Caesteker Andy | | 0:58:30 | 8,21 | 7:19 |
| 819 | Fieuw Roy | | 0:58:30 | 8,21 | 7:19 |
| 820 | Desodt Carmen | | 0:58:32 | 8,20 | 7:19 |
| 821 | Dekeyser Louis | Ieper | 0:58:32 | 8,20 | 7:19 |
| 822 | Thoré Geert | | 0:58:33 | 8,20 | 7:19 |
| 823 | Vanacker Bart | | 0:58:33 | 8,20 | 7:19 |
| 824 | Casteleyn David | Ieper | 0:58:34 | 8,20 | 7:19 |
| 825 | Ryde Jacoba | Ieper | 0:58:35 | 8,19 | 7:19 |
| 826 | Vandeputte Hilde | Zonnebeke | 0:58:35 | 8,19 | 7:19 |
| 827 | Bouxom Kurt | | 0:58:36 | 8,19 | 7:19 |
| 828 | Lahousse Tom | | 0:58:36 | 8,19 | 7:19 |
| 829 | Vandeputte Annelore | | 0:58:36 | 8,19 | 7:19 |
| 830 | Verschuere Johan | Ieper | 0:58:36 | 8,19 | 7:19 |
| 831 | Vermeersch Renzo | | 0:58:37 | 8,19 | 7:20 |
| 832 | Chambaere Karen | | 0:58:38 | 8,19 | 7:20 |
| 833 | Deceuninck Benoit | | 0:58:39 | 8,18 | 7:20 |
| 834 | Demeersseman Wouter | | 0:58:39 | 8,18 | 7:20 |
| 835 | Vitse Ilse | Ieper | 0:58:41 | 8,18 | 7:20 |
| 836 | Slembrouck Nancy | | 0:58:41 | 8,18 | 7:20 |
| 837 | Tommelin Lien | | 0:58:41 | 8,18 | 7:20 |
| 838 | Desmyter Els | | 0:58:42 | 8,18 | 7:20 |
| 839 | Peene Frisine | Ieper | 0:58:42 | 8,18 | 7:20 |
| 840 | Vandenbussche Steven | | 0:58:42 | 8,18 | 7:20 |
| 841 | Cleuren Bert | | 0:58:43 | 8,17 | 7:20 |
| 842 | Leniere Ellen | | 0:58:43 | 8,17 | 7:20 |
| 843 | Bonnier Hilde | 8650 Merkem | 0:58:43 | 8,17 | 7:20 |
| 844 | Denys Bruno | Merkem | 0:58:43 | 8,17 | 7:20 |
| 845 | Belpalme Nicolas | | 0:58:45 | 8,17 | 7:21 |
| 846 | Deman Nathalie | | 0:58:45 | 8,17 | 7:21 |
| 847 | Morlion Karine | | 0:58:45 | 8,17 | 7:21 |
| 848 | De Winter Emmanuel | | 0:58:45 | 8,17 | 7:21 |
| 849 | Hardy Hannelore | | 0:58:46 | 8,17 | 7:21 |
| 850 | Supply Griet | | 0:58:46 | 8,17 | 7:21 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|-----------------------|------------|---------|------|---------|
| 851 | Vandermeersch Dorine | | 0:58:46 | 8,17 | 7:21 |
| 852 | Defever Kristofke | Elverdinge | 0:58:47 | 8,17 | 7:21 |
| 853 | Robesyn Ian | Poperinge | 0:58:47 | 8,17 | 7:21 |
| 854 | Van Dooren Wendy | | 0:58:47 | 8,17 | 7:21 |
| 855 | Pattyn Griet | | 0:58:50 | 8,16 | 7:21 |
| 856 | Lewyllie Milo | | 0:58:50 | 8,16 | 7:21 |
| 857 | Lemaire Niels | | 0:58:51 | 8,16 | 7:21 |
| 858 | Menu Lauren | | 0:58:51 | 8,16 | 7:21 |
| 859 | Fonteyne Franky | | 0:58:52 | 8,15 | 7:22 |
| 860 | Versavel Orphee | | 0:58:52 | 8,15 | 7:22 |
| 861 | France Jacques | | 0:58:53 | 8,15 | 7:22 |
| 862 | Versavel Alex | | 0:58:53 | 8,15 | 7:22 |
| 863 | Alleman Marie-Thérèse | | 0:58:55 | 8,15 | 7:22 |
| 864 | Lamote Inge | | 0:58:55 | 8,15 | 7:22 |
| 865 | Desmedt Carl | | 0:58:56 | 8,14 | 7:22 |
| 866 | Malfait Katrien | | 0:58:56 | 8,14 | 7:22 |
| 867 | Vansteenkiste Janneke | | 0:58:56 | 8,14 | 7:22 |
| 868 | Clarisse Didier | | 0:58:57 | 8,14 | 7:22 |
| 869 | Desmet Kristof | | 0:58:57 | 8,14 | 7:22 |
| 870 | Goethals Christiaan | Ieper | 0:58:59 | 8,14 | 7:22 |
| 871 | Dassonville Tania | | 0:59:00 | 8,14 | 7:23 |
| 872 | Boudeweel J.Pierre | Ieper | 0:59:03 | 8,13 | 7:23 |
| 873 | Timperman Jean-Marie | | 0:59:05 | 8,12 | 7:23 |
| 874 | Vonck Gerrit | Ieper | 0:59:05 | 8,12 | 7:23 |
| 875 | Lamond Flore | Heuvelland | 0:59:06 | 8,12 | 7:23 |
| 876 | Lievrouw Janne | | 0:59:06 | 8,12 | 7:23 |
| 877 | Vandenberghé Tina | Proven | 0:59:06 | 8,12 | 7:23 |
| 878 | Lemaire Tessa | Ieper | 0:59:07 | 8,12 | 7:23 |
| 879 | Arnaert Drieke | | 0:59:07 | 8,12 | 7:23 |
| 880 | Bulcke Sophie | | 0:59:07 | 8,12 | 7:23 |
| 881 | Hennebel Isabelle | | 0:59:07 | 8,12 | 7:23 |
| 882 | Vandecasteele Dieter | | 0:59:07 | 8,12 | 7:23 |
| 883 | Debackere Joke | | 0:59:08 | 8,12 | 7:23 |
| 884 | Verdonck Birthe | Poperinge | 0:59:08 | 8,12 | 7:23 |
| 885 | Oosterlinck Ase | | 0:59:09 | 8,11 | 7:24 |
| 886 | Titeca Elsje | | 0:59:10 | 8,11 | 7:24 |
| 887 | Vandenbroucke Ellen | Ieper | 0:59:10 | 8,11 | 7:24 |
| 888 | De Veirman Marijke | | 0:59:11 | 8,11 | 7:24 |
| 889 | Terryn Patrick | | 0:59:12 | 8,11 | 7:24 |
| 890 | Delva Jana | Wervik | 0:59:13 | 8,11 | 7:24 |
| 891 | Mortier Louise | | 0:59:13 | 8,11 | 7:24 |
| 892 | Platteau Ellen | Ieper | 0:59:13 | 8,11 | 7:24 |
| 893 | Bernaert Veerle | Ieper | 0:59:14 | 8,10 | 7:24 |
| 894 | Groep Sportics Trail | | 0:59:14 | 8,10 | 7:24 |
| 895 | Groep Sportics Trail | | 0:59:14 | 8,10 | 7:24 |
| 896 | Nuyttens Annemie | Ieper | 0:59:14 | 8,10 | 7:24 |
| 897 | Peperstraete Sylvia | | 0:59:14 | 8,10 | 7:24 |
| 898 | Vandemaele Julie | Ieper | 0:59:14 | 8,10 | 7:24 |
| 899 | Vandenbroucke Hilde | Ieper | 0:59:14 | 8,10 | 7:24 |
| 900 | Blanckaert Bjarn | | 0:59:15 | 8,10 | 7:24 |
| 901 | Claeys Geert | Ieper | 0:59:15 | 8,10 | 7:24 |
| 902 | Cnockaert Sandra | Ieper | 0:59:15 | 8,10 | 7:24 |
| 903 | Goethals Jasmien | Ieper | 0:59:18 | 8,09 | 7:25 |
| 904 | Goethals Jolien | Ieper | 0:59:18 | 8,09 | 7:25 |
| 905 | Mauroo Tijs | | 0:59:18 | 8,09 | 7:25 |
| 906 | Tanghe Yannick | Ieper | 0:59:18 | 8,09 | 7:25 |
| 907 | Leterme Julie | | 0:59:18 | 8,09 | 7:25 |
| 908 | Candry Cindy | | 0:59:19 | 8,09 | 7:25 |
| 909 | Ostyn Chloë | Geluveld | 0:59:19 | 8,09 | 7:25 |
| 910 | Debeurme Fien | | 0:59:21 | 8,09 | 7:25 |
| 911 | Fonteyne Liza | | 0:59:21 | 8,09 | 7:25 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|--------------------------|-------------|---------|------|---------|
| 912 | Lecompte Ann | Ieper | 0:59:25 | 8,08 | 7:26 |
| 913 | Bostyn Maxime | | 0:59:28 | 8,07 | 7:26 |
| 914 | De Poorter Laurent | | 0:59:28 | 8,07 | 7:26 |
| 915 | Naert Jeroen | | 0:59:28 | 8,07 | 7:26 |
| 916 | Vanneste Jarne | | 0:59:29 | 8,07 | 7:26 |
| 917 | Callens Ann | | 0:59:30 | 8,07 | 7:26 |
| 918 | Spruytte Stefanie | | 0:59:30 | 8,07 | 7:26 |
| 919 | Vanwynsberghe Alexander | | 0:59:30 | 8,07 | 7:26 |
| 920 | Nollet Nico | | 0:59:31 | 8,06 | 7:26 |
| 921 | Pype Inge | | 0:59:31 | 8,06 | 7:26 |
| 922 | Vancayzeele Ann-Sophie | | 0:59:31 | 8,06 | 7:26 |
| 923 | Warnez Nele | | 0:59:31 | 8,06 | 7:26 |
| 924 | Cuvelier Sven | Ieper | 0:59:32 | 8,06 | 7:26 |
| 925 | Maes An | Ieper | 0:59:32 | 8,06 | 7:26 |
| 926 | Debergh Lieselotte | | 0:59:35 | 8,06 | 7:27 |
| 927 | Decaestecker Korneel | Ieper | 0:59:36 | 8,05 | 7:27 |
| 928 | Dequidt Bart | Dikkebus | 0:59:36 | 8,05 | 7:27 |
| 929 | Haghedooren Liesbeth | | 0:59:36 | 8,05 | 7:27 |
| 930 | Heughebaert Jael | Ploegsteert | 0:59:36 | 8,05 | 7:27 |
| 931 | Laseure Medusa | Langemark | 0:59:36 | 8,05 | 7:27 |
| 932 | Houtekeur Tim | Ieper | 0:59:37 | 8,05 | 7:27 |
| 933 | Dolfen Oona | Ieper | 0:59:38 | 8,05 | 7:27 |
| 934 | Berghman Lisa | | 0:59:39 | 8,05 | 7:27 |
| 935 | Deweerd Lore | | 0:59:39 | 8,05 | 7:27 |
| 936 | Groep Kbc | | 0:59:39 | 8,05 | 7:27 |
| 937 | Vanwachtendonck Eline | Poperinge | 0:59:39 | 8,05 | 7:27 |
| 938 | Debucq Katrien | | 0:59:40 | 8,04 | 7:27 |
| 939 | Dewulf Lisa | | 0:59:40 | 8,04 | 7:27 |
| 940 | Laleuwe Yannic | | 0:59:40 | 8,04 | 7:27 |
| 941 | Nollet Veerle | | 0:59:40 | 8,04 | 7:27 |
| 942 | Vandenkendelaere Stephen | | 0:59:40 | 8,04 | 7:27 |
| 943 | Dumont Philippe | | 0:59:41 | 8,04 | 7:28 |
| 944 | Durnez Steven | | 0:59:41 | 8,04 | 7:28 |
| 945 | Haghedooren Els | | 0:59:41 | 8,04 | 7:28 |
| 946 | Storme Lieza | | 0:59:41 | 8,04 | 7:28 |
| 947 | Vanlede An | | 0:59:41 | 8,04 | 7:28 |
| 948 | Rambour Jeroen | | 0:59:42 | 8,04 | 7:28 |
| 949 | Flament Frederik | | 0:59:43 | 8,04 | 7:28 |
| 950 | Billiet Brecht | Ieper | 0:59:45 | 8,03 | 7:28 |
| 951 | Vandeputte An | Elverdinge | 0:59:46 | 8,03 | 7:28 |
| 952 | Fisher Saar | Ieper | 0:59:48 | 8,03 | 7:28 |
| 953 | Nollet Hilde | | 0:59:48 | 8,03 | 7:28 |
| 954 | Perneel Stefanie | | 0:59:48 | 8,03 | 7:28 |
| 955 | Degels Nick | | 0:59:49 | 8,02 | 7:29 |
| 956 | Duprez Joke | | 0:59:50 | 8,02 | 7:29 |
| 957 | Vandromme Stefaan. | | 0:59:51 | 8,02 | 7:29 |
| 958 | Mattelaer Jamie | Zonnebeke | 0:59:52 | 8,02 | 7:29 |
| 959 | Haghedooren Liesbeth | | 0:59:54 | 8,01 | 7:29 |
| 960 | Vansuyt Joshua | | 0:59:56 | 8,01 | 7:30 |
| 961 | Dumolein Bernard | | 0:59:59 | 8,00 | 7:30 |
| 962 | Moerman Hannah | Ieper | 0:59:59 | 8,00 | 7:30 |
| 963 | Vandecasteele Saar | | 1:00:00 | 8,00 | 7:30 |
| 964 | Dewulf Marieke | | 1:00:01 | 8,00 | 7:30 |
| 965 | Wybo Christophe | | 1:00:02 | 8,00 | 7:30 |
| 966 | Dael Koen | | 1:00:03 | 7,99 | 7:30 |
| 967 | Pattyn Thijs | | 1:00:04 | 7,99 | 7:30 |
| 968 | Pattyn Geert | | 1:00:04 | 7,99 | 7:30 |
| 969 | Arschoot Ruby | | 1:00:05 | 7,99 | 7:31 |
| 970 | Dumont Claire | | 1:00:05 | 7,99 | 7:31 |
| 971 | Karina Vanlerberghe | | 1:00:06 | 7,99 | 7:31 |
| 972 | De Ruyck Nico | | 1:00:07 | 7,98 | 7:31 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|----------------------|-------------|---------|------|---------|
| 973 | Cornette Nicolas | Zillebeke | 1:00:08 | 7,98 | 7:31 |
| 974 | Vervaeet Peter | Ieper | 1:00:10 | 7,98 | 7:31 |
| 975 | Demuynck Pascal | Elverdinge | 1:00:11 | 7,98 | 7:31 |
| 976 | Lameire Kris | | 1:00:11 | 7,98 | 7:31 |
| 977 | Dequeker Regine | Elverdinge | 1:00:12 | 7,97 | 7:31 |
| 978 | Doise Guillaume | Ieper | 1:00:13 | 7,97 | 7:32 |
| 979 | Hubrecht Xander | Menen | 1:00:13 | 7,97 | 7:32 |
| 980 | Quartier Thierry | | 1:00:13 | 7,97 | 7:32 |
| 981 | Vandamme Veronique | | 1:00:13 | 7,97 | 7:32 |
| 982 | Declercq Bruno | Ieper | 1:00:14 | 7,97 | 7:32 |
| 983 | Lemaire Ria | | 1:00:14 | 7,97 | 7:32 |
| 984 | Vandenhove Thomas | | 1:00:14 | 7,97 | 7:32 |
| 985 | Vaneygen Pascal | Ieper | 1:00:14 | 7,97 | 7:32 |
| 986 | Dieryck Michelle | | 1:00:17 | 7,96 | 7:32 |
| 987 | Hiele Marie | Vlamertinge | 1:00:17 | 7,96 | 7:32 |
| 988 | Vandeputte Mieke | | 1:00:17 | 7,96 | 7:32 |
| 989 | Zwertvagher Kiona | Langemark | 1:00:18 | 7,96 | 7:32 |
| 990 | Dewulf Emma | Geluveld | 1:00:19 | 7,96 | 7:32 |
| 991 | Vangaever Julie | | 1:00:19 | 7,96 | 7:32 |
| 992 | Lambert Evelien | | 1:00:20 | 7,96 | 7:32 |
| 993 | Carlier Daisy | | 1:00:21 | 7,95 | 7:33 |
| 994 | Giraldo Corinne | | 1:00:21 | 7,95 | 7:33 |
| 995 | Goudeseune Davy | Ieper | 1:00:21 | 7,95 | 7:33 |
| 996 | Raes Fien | | 1:00:21 | 7,95 | 7:33 |
| 997 | Bugingo Nathalie | Ieper | 1:00:22 | 7,95 | 7:33 |
| 998 | Dumortier Valerie | | 1:00:22 | 7,95 | 7:33 |
| 999 | Tally Sarah | | 1:00:22 | 7,95 | 7:33 |
| 1000 | Werrebrouck Matthias | Ieper | 1:00:22 | 7,95 | 7:33 |
| 1001 | Clicque Charlotte | Voormezele | 1:00:23 | 7,95 | 7:33 |
| 1002 | Descamps Olivier | | 1:00:23 | 7,95 | 7:33 |
| 1003 | Merveillie Vincent | | 1:00:24 | 7,95 | 7:33 |
| 1004 | Seynhaeve Liesbet | | 1:00:24 | 7,95 | 7:33 |
| 1005 | Gevens Eddy | Assebroek | 1:00:25 | 7,94 | 7:33 |
| 1006 | Geerardyn Tine | Poperinge | 1:00:26 | 7,94 | 7:33 |
| 1007 | Castelein Jonas | Ieper | 1:00:27 | 7,94 | 7:33 |
| 1008 | Delrue Claudine | Ieper | 1:00:27 | 7,94 | 7:33 |
| 1009 | Groep Les Halles | | 1:00:27 | 7,94 | 7:33 |
| 1010 | Lobeau Adeliën | Ieper | 1:00:27 | 7,94 | 7:33 |
| 1011 | Versaevel Ine | Poperinge | 1:00:27 | 7,94 | 7:33 |
| 1012 | Willekens Clara | | 1:00:27 | 7,94 | 7:33 |
| 1013 | Ballyn Nina | | 1:00:28 | 7,94 | 7:34 |
| 1014 | Groep Les Halles | | 1:00:28 | 7,94 | 7:34 |
| 1015 | Lernout Marte | | 1:00:28 | 7,94 | 7:34 |
| 1016 | Vandepitte Hanne | | 1:00:29 | 7,94 | 7:34 |
| 1017 | Hollebeke Femke | Ieper | 1:00:30 | 7,93 | 7:34 |
| 1018 | Maerten Isabel | Poperinge | 1:00:30 | 7,93 | 7:34 |
| 1019 | Melsens Steve | Hollebeke | 1:00:30 | 7,93 | 7:34 |
| 1020 | Dael Nele | | 1:00:31 | 7,93 | 7:34 |
| 1021 | Ledoux Annelyn | | 1:00:31 | 7,93 | 7:34 |
| 1022 | Verpeut Matthias | Ieper | 1:00:31 | 7,93 | 7:34 |
| 1023 | Dewilde Charlotte | | 1:00:31 | 7,93 | 7:34 |
| 1024 | Cokelaere Julie | | 1:00:33 | 7,93 | 7:34 |
| 1025 | Deramoudt Frauke | Ieper | 1:00:33 | 7,93 | 7:34 |
| 1026 | Verbeke Tom | | 1:00:33 | 7,93 | 7:34 |
| 1027 | Vandaele Jolien | | 1:00:33 | 7,93 | 7:34 |
| 1028 | Room Fien | Elverdinge | 1:00:34 | 7,93 | 7:34 |
| 1029 | Vandenbroucke Jeroen | | 1:00:34 | 7,93 | 7:34 |
| 1030 | Ameloot Caroline | Merkem | 1:00:37 | 7,92 | 7:35 |
| 1031 | Hanssens Nathalie | Menen | 1:00:37 | 7,92 | 7:35 |
| 1032 | Joeri Devos | | 1:00:37 | 7,92 | 7:35 |
| 1033 | Maes Alex | | 1:00:38 | 7,92 | 7:35 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|-------------------------|------------|---------|------|---------|
| 1034 | Bouten Lander | | 1:00:39 | 7,91 | 7:35 |
| 1035 | Claeys Hanne | | 1:00:39 | 7,91 | 7:35 |
| 1036 | Devos Mieke | | 1:00:39 | 7,91 | 7:35 |
| 1037 | Pattyn Thomas | Zillebeke | 1:00:39 | 7,91 | 7:35 |
| 1038 | Vallaey's Elien | Wervik | 1:00:39 | 7,91 | 7:35 |
| 1039 | Dousy Eva | | 1:00:40 | 7,91 | 7:35 |
| 1040 | Sofie Verschoore | | 1:00:40 | 7,91 | 7:35 |
| 1041 | Pyncket Marieke | | 1:00:41 | 7,91 | 7:35 |
| 1042 | Cael Gijsbrecht | | 1:00:42 | 7,91 | 7:35 |
| 1043 | Masselus Julie | | 1:00:43 | 7,91 | 7:35 |
| 1044 | Terryn Mathias | | 1:00:45 | 7,90 | 7:36 |
| 1045 | Dubois Franky | | 1:00:46 | 7,90 | 7:36 |
| 1046 | Gunst Emmie | | 1:00:46 | 7,90 | 7:36 |
| 1047 | Masselus Elise | | 1:00:47 | 7,90 | 7:36 |
| 1048 | Vanlerberghe Joke | | 1:00:47 | 7,90 | 7:36 |
| 1049 | Delplace Lieze | | 1:00:48 | 7,89 | 7:36 |
| 1050 | Malfait Fabienne | Ieper | 1:00:48 | 7,89 | 7:36 |
| 1051 | Wittouck Yves | | 1:00:49 | 7,89 | 7:36 |
| 1052 | Vanbleu Joyce | | 1:00:51 | 7,89 | 7:36 |
| 1053 | Vanbleu Andy | | 1:00:51 | 7,89 | 7:36 |
| 1054 | Masschelein Magie | Ieper | 1:00:52 | 7,89 | 7:36 |
| 1055 | Robert Veerle | Ieper | 1:00:52 | 7,89 | 7:36 |
| 1056 | De Coster Ann | | 1:00:53 | 7,88 | 7:37 |
| 1057 | Feys Caroline | | 1:00:53 | 7,88 | 7:37 |
| 1058 | Loones Elien | | 1:00:53 | 7,88 | 7:37 |
| 1059 | Van Bellingen Elsje | | 1:00:54 | 7,88 | 7:37 |
| 1060 | Vanderhaeghe Danny | | 1:00:54 | 7,88 | 7:37 |
| 1061 | Fonteyne Hanne | Poperinge | 1:00:54 | 7,88 | 7:37 |
| 1062 | Delbecque Geert | | 1:00:55 | 7,88 | 7:37 |
| 1063 | Geurts Leroy | Deerlijk | 1:00:59 | 7,87 | 7:37 |
| 1064 | Gore John | | 1:00:59 | 7,87 | 7:37 |
| 1065 | Decapmaker Joyce | Poperinge | 1:01:00 | 7,87 | 7:37 |
| 1066 | De Caesteker Belle | Poperinge | 1:01:01 | 7,87 | 7:38 |
| 1067 | Delporte Inge | Ieper | 1:01:02 | 7,86 | 7:38 |
| 1068 | Baratto Mirella Mirella | Ieper | 1:01:02 | 7,86 | 7:38 |
| 1069 | Acou Anne-Marie | Ieper | 1:01:03 | 7,86 | 7:38 |
| 1070 | Durnez Elsie | | 1:01:03 | 7,86 | 7:38 |
| 1071 | Bloes Flore | | 1:01:05 | 7,86 | 7:38 |
| 1072 | Masselus Gert | | 1:01:05 | 7,86 | 7:38 |
| 1073 | Depouvre Emma | | 1:01:06 | 7,86 | 7:38 |
| 1074 | Haeve Joke | Kortemark | 1:01:10 | 7,85 | 7:39 |
| 1075 | Fraeyman Roos | Kortemark | 1:01:11 | 7,85 | 7:39 |
| 1076 | Dekeyser Jan | | 1:01:13 | 7,84 | 7:39 |
| 1077 | Hosten Frank | Ieper | 1:01:14 | 7,84 | 7:39 |
| 1078 | Robbe Koen | Ieper | 1:01:14 | 7,84 | 7:39 |
| 1079 | Sabbe Manuel | | 1:01:14 | 7,84 | 7:39 |
| 1080 | Haeck Dietger | | 1:01:15 | 7,84 | 7:39 |
| 1081 | Lepez Linde | | 1:01:15 | 7,84 | 7:39 |
| 1082 | Slosse Nico | | 1:01:15 | 7,84 | 7:39 |
| 1083 | Stols Dirk | | 1:01:15 | 7,84 | 7:39 |
| 1084 | Veys An-Sophie | Ieper | 1:01:16 | 7,83 | 7:39 |
| 1085 | Jaques Anne-Leen | Zonnebeke | 1:01:17 | 7,83 | 7:40 |
| 1086 | Laure Masselus | | 1:01:18 | 7,83 | 7:40 |
| 1087 | Broekaert Florian | | 1:01:20 | 7,83 | 7:40 |
| 1088 | De Keyser Charlotte | Ieper | 1:01:20 | 7,83 | 7:40 |
| 1089 | Bal Ine | | 1:01:21 | 7,82 | 7:40 |
| 1090 | Victoor Hannelore | | 1:01:21 | 7,82 | 7:40 |
| 1091 | D`Heedene Mieke | | 1:01:25 | 7,82 | 7:41 |
| 1092 | Vandenberghie Stephanie | | 1:01:25 | 7,82 | 7:41 |
| 1093 | Deknudt Nancy | Ieper | 1:01:26 | 7,81 | 7:41 |
| 1094 | Haezebrouck Michiel | | 1:01:26 | 7,81 | 7:41 |

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|------|------------------------|-------------|---------|------|---------|
| 1095 | Cottyn Marjan | | 1:01:28 | 7,81 | 7:41 |
| 1096 | Goddeeris Kathia | | 1:01:29 | 7,81 | 7:41 |
| 1097 | Hooghe Sigrid | | 1:01:29 | 7,81 | 7:41 |
| 1098 | Debaene Els | | 1:01:30 | 7,80 | 7:41 |
| 1099 | Lysy Aline | | 1:01:30 | 7,80 | 7:41 |
| 1100 | Vanwalleghem Evelien | | 1:01:30 | 7,80 | 7:41 |
| 1101 | Dedecker Eline | | 1:01:33 | 7,80 | 7:42 |
| 1102 | Vanderyse Leen | Hooglede | 1:01:33 | 7,80 | 7:42 |
| 1103 | Deschryver Anthony | | 1:01:34 | 7,80 | 7:42 |
| 1104 | Rambour Bieke | | 1:01:34 | 7,80 | 7:42 |
| 1105 | Rambour Tine | | 1:01:34 | 7,80 | 7:42 |
| 1106 | Vandeputte Isabel | | 1:01:34 | 7,80 | 7:42 |
| 1107 | Masselus Tom | | 1:01:35 | 7,79 | 7:42 |
| 1108 | Lavens Heleen | | 1:01:36 | 7,79 | 7:42 |
| 1109 | Willaert Lore | | 1:01:36 | 7,79 | 7:42 |
| 1110 | Lavens Hanne | Diksmuide | 1:01:36 | 7,79 | 7:42 |
| 1111 | Lemaire Guy | Ieper | 1:01:37 | 7,79 | 7:42 |
| 1112 | Lannoy Astrid | | 1:01:37 | 7,79 | 7:42 |
| 1113 | Carbon Sarah | | 1:01:38 | 7,79 | 7:42 |
| 1114 | Gremonprez Nathan | | 1:01:39 | 7,79 | 7:42 |
| 1115 | Maes Joren | | 1:01:39 | 7,79 | 7:42 |
| 1116 | Groep Kbc | | 1:01:40 | 7,78 | 7:42 |
| 1117 | Paesschesoone Robin | | 1:01:40 | 7,78 | 7:42 |
| 1118 | Swaenepoel Ines | | 1:01:43 | 7,78 | 7:43 |
| 1119 | Vercruysse Wendyu | | 1:01:43 | 7,78 | 7:43 |
| 1120 | Cuvelier Brigit | Alveringem | 1:01:44 | 7,78 | 7:43 |
| 1121 | Rubrecht Philippe | Poperinge | 1:01:44 | 7,78 | 7:43 |
| 1122 | Vanderper Trees | Poperinge | 1:01:44 | 7,78 | 7:43 |
| 1123 | Desagher Ann | Poperinge | 1:01:45 | 7,77 | 7:43 |
| 1124 | Gheeraert Anne-Mie | Poperinge | 1:01:45 | 7,77 | 7:43 |
| 1125 | Rousseuw Peter | | 1:01:45 | 7,77 | 7:43 |
| 1126 | Hautekeur Frans | Poperinge | 1:01:46 | 7,77 | 7:43 |
| 1127 | Vallaey's Bart | Poperinge | 1:01:46 | 7,77 | 7:43 |
| 1128 | Compernelle Sien | | 1:01:47 | 7,77 | 7:43 |
| 1129 | Deryckere Reinout | Zuidschote | 1:01:47 | 7,77 | 7:43 |
| 1130 | Dupont Sara | Zuidschote | 1:01:47 | 7,77 | 7:43 |
| 1131 | George Marijke | | 1:01:47 | 7,77 | 7:43 |
| 1132 | George Hilde | | 1:01:47 | 7,77 | 7:43 |
| 1133 | Lysy Nathalie | | 1:01:47 | 7,77 | 7:43 |
| 1134 | Wyffels Geert | | 1:01:48 | 7,77 | 7:44 |
| 1135 | Everaerd't Carla | | 1:01:49 | 7,76 | 7:44 |
| 1136 | Verbeke Lucie | | 1:01:49 | 7,76 | 7:44 |
| 1137 | Verbeke Marc | | 1:01:49 | 7,76 | 7:44 |
| 1138 | Verstraete Peter | Poperinge | 1:01:49 | 7,76 | 7:44 |
| 1139 | Sieuw Stéphanie | | 1:01:50 | 7,76 | 7:44 |
| 1140 | Valcke Thomas | Kuurne | 1:01:50 | 7,76 | 7:44 |
| 1141 | Verplancke Martine | Waregem | 1:01:51 | 7,76 | 7:44 |
| 1142 | Sibirkina Irina | IEPER | 1:01:51 | 7,76 | 7:44 |
| 1143 | Callens Eva | Reninge | 1:01:52 | 7,76 | 7:44 |
| 1144 | Desmyter Ine | Poelkapelle | 1:01:52 | 7,76 | 7:44 |
| 1145 | Huyghe Fanny | | 1:01:52 | 7,76 | 7:44 |
| 1146 | Naeye Hanne | | 1:01:54 | 7,75 | 7:44 |
| 1147 | Lemaire Xander | Ieper | 1:01:55 | 7,75 | 7:44 |
| 1148 | Deramoudt Lies | | 1:01:56 | 7,75 | 7:44 |
| 1149 | Schakman Aaron | | 1:01:56 | 7,75 | 7:44 |
| 1150 | Deraedt Els | | 1:01:57 | 7,75 | 7:45 |
| 1151 | Van Ginderdeuren Annik | | 1:01:57 | 7,75 | 7:45 |
| 1152 | Verhalle Eva | | 1:01:57 | 7,75 | 7:45 |
| 1153 | Verkamer Maryline | Ieper | 1:01:57 | 7,75 | 7:45 |
| 1154 | Van Den Broucke Yvan | Ieper | 1:01:58 | 7,75 | 7:45 |
| 1155 | Lanoye Stijn | | 1:02:01 | 7,74 | 7:45 |

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|------|------------------------|------------|---------|------|---------|
| 1156 | Penninck Griet | | 1:02:01 | 7,74 | 7:45 |
| 1157 | Fieu Gill | | 1:02:02 | 7,74 | 7:45 |
| 1158 | Cindy Van Hooste | | 1:02:05 | 7,73 | 7:46 |
| 1159 | Biesbrouck Tom | | 1:02:06 | 7,73 | 7:46 |
| 1160 | Ghekiere Liselot | | 1:02:06 | 7,73 | 7:46 |
| 1161 | Janssens Marijke | Cambridge | 1:02:06 | 7,73 | 7:46 |
| 1162 | Janssens Tom | Beersel | 1:02:06 | 7,73 | 7:46 |
| 1163 | Kesteloot Stephan | | 1:02:06 | 7,73 | 7:46 |
| 1164 | De Schepper Olivia | | 1:02:08 | 7,73 | 7:46 |
| 1165 | Deweerdt Miet | | 1:02:08 | 7,73 | 7:46 |
| 1166 | Vandermeersch Rebecca | | 1:02:08 | 7,73 | 7:46 |
| 1167 | Hondeghem Lies | Ieper | 1:02:11 | 7,72 | 7:46 |
| 1168 | Declercq Evy | | 1:02:12 | 7,72 | 7:46 |
| 1169 | Geldof Silvia | | 1:02:12 | 7,72 | 7:46 |
| 1170 | Clement Kurt | Ieper | 1:02:14 | 7,71 | 7:47 |
| 1171 | Durnez Iben | | 1:02:14 | 7,71 | 7:47 |
| 1172 | Dehoucke Ronny | | 1:02:15 | 7,71 | 7:47 |
| 1173 | Delarue Kristof | | 1:02:15 | 7,71 | 7:47 |
| 1174 | Feys Kaat | | 1:02:15 | 7,71 | 7:47 |
| 1175 | Gallouch Youssef | | 1:02:15 | 7,71 | 7:47 |
| 1176 | Deramoudt Davy | | 1:02:16 | 7,71 | 7:47 |
| 1177 | Van Welden Janne | | 1:02:16 | 7,71 | 7:47 |
| 1178 | Yefimak Kristina | | 1:02:16 | 7,71 | 7:47 |
| 1179 | Devreker Heidi | | 1:02:17 | 7,71 | 7:47 |
| 1180 | Dochy Philippe | | 1:02:17 | 7,71 | 7:47 |
| 1181 | Tack Baptist | | 1:02:18 | 7,70 | 7:47 |
| 1182 | Vandierendonck Louise | Torhout | 1:02:22 | 7,70 | 7:48 |
| 1183 | Maeckelberghe Frank | Ieper | 1:02:23 | 7,69 | 7:48 |
| 1184 | Bamelis Laure | | 1:02:23 | 7,69 | 7:48 |
| 1185 | Rousseuw Justine | | 1:02:23 | 7,69 | 7:48 |
| 1186 | Maselis Pamela | | 1:02:30 | 7,68 | 7:49 |
| 1187 | Anckaert Matti | | 1:02:31 | 7,68 | 7:49 |
| 1188 | Debboudt Shaly | | 1:02:31 | 7,68 | 7:49 |
| 1189 | Anckaert Jannick | | 1:02:32 | 7,68 | 7:49 |
| 1190 | Impens Marjolein | | 1:02:32 | 7,68 | 7:49 |
| 1191 | Miermans Liesbet | | 1:02:32 | 7,68 | 7:49 |
| 1192 | Sofie Verbrugghe | | 1:02:32 | 7,68 | 7:49 |
| 1193 | Cardoen Benedicte | Ieper | 1:02:33 | 7,67 | 7:49 |
| 1194 | De Pauw Julie | | 1:02:33 | 7,67 | 7:49 |
| 1195 | Ghyssel Mathieu | | 1:02:33 | 7,67 | 7:49 |
| 1196 | Heyman Bert | | 1:02:33 | 7,67 | 7:49 |
| 1197 | Vandenweghe Kris | | 1:02:33 | 7,67 | 7:49 |
| 1198 | Verniers Cindy | | 1:02:33 | 7,67 | 7:49 |
| 1199 | Pype Aagje | | 1:02:34 | 7,67 | 7:49 |
| 1200 | Zzz Ieper Trail | | 1:02:34 | 7,67 | 7:49 |
| 1201 | Breyne Bieke | | 1:02:35 | 7,67 | 7:49 |
| 1202 | Flamang Marjan | | 1:02:35 | 7,67 | 7:49 |
| 1203 | Vienne Michael | | 1:02:35 | 7,67 | 7:49 |
| 1204 | Beuselinck Jolien | Koekelaere | 1:02:38 | 7,66 | 7:50 |
| 1205 | De Scheemaeker Katrien | | 1:02:38 | 7,66 | 7:50 |
| 1206 | Pysson Sibyl | | 1:02:39 | 7,66 | 7:50 |
| 1207 | Flamand Thomas | Wijtschate | 1:02:40 | 7,66 | 7:50 |
| 1208 | Lagrou Sanne | | 1:02:40 | 7,66 | 7:50 |
| 1209 | Minne Marjolein | Ieper | 1:02:40 | 7,66 | 7:50 |
| 1210 | Minne Lieselot | Ieper | 1:02:40 | 7,66 | 7:50 |
| 1211 | Vancoillie Anthony | Zonnebeke | 1:02:40 | 7,66 | 7:50 |
| 1212 | Vanderhaeghe Frederick | | 1:02:40 | 7,66 | 7:50 |
| 1213 | Debeuf Virginie | | 1:02:41 | 7,66 | 7:50 |
| 1214 | Demeulenaere Els | | 1:02:41 | 7,66 | 7:50 |
| 1215 | Malisse Veerle | | 1:02:42 | 7,66 | 7:50 |
| 1216 | Brandt Annick | Ieper | 1:02:47 | 7,65 | 7:51 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------------------------|------------|---------|------|---------|
| 1217 | Van Dichele Kurt | Ieper | 1:02:47 | 7,65 | 7:51 |
| 1218 | Carels Louise | | 1:02:47 | 7,65 | 7:51 |
| 1219 | Feys Hans | | 1:02:47 | 7,65 | 7:51 |
| 1220 | Vanwachtendonck Hanne | Poperinge | 1:02:47 | 7,65 | 7:51 |
| 1221 | Verhaeghe Loes | Ieper | 1:02:47 | 7,65 | 7:51 |
| 1222 | Soetaert Heidi | Ieper | 1:02:48 | 7,64 | 7:51 |
| 1223 | Feys Mathilde | | 1:02:48 | 7,64 | 7:51 |
| 1224 | Kesters Loes | | 1:02:48 | 7,64 | 7:51 |
| 1225 | Baelen Wim | | 1:02:49 | 7,64 | 7:51 |
| 1226 | Declercq Veerle | | 1:02:49 | 7,64 | 7:51 |
| 1227 | Delbecque Sylvie | | 1:02:49 | 7,64 | 7:51 |
| 1228 | Dendauw Caroline | | 1:02:49 | 7,64 | 7:51 |
| 1229 | Carnel Dimitry | | 1:02:50 | 7,64 | 7:51 |
| 1230 | Dejaegher Annelies | | 1:02:50 | 7,64 | 7:51 |
| 1231 | Braeckman Ann | | 1:02:51 | 7,64 | 7:51 |
| 1232 | Deckers Tine | | 1:02:51 | 7,64 | 7:51 |
| 1233 | Dewitte Elien | | 1:02:51 | 7,64 | 7:51 |
| 1234 | Thoma Goedele | | 1:02:51 | 7,64 | 7:51 |
| 1235 | Van Mallegheem Jorinda | | 1:02:51 | 7,64 | 7:51 |
| 1236 | Catteeuw Annelien | | 1:02:52 | 7,64 | 7:51 |
| 1237 | Meulenaere Virginie | | 1:02:52 | 7,64 | 7:51 |
| 1238 | Delfien Crul | | 1:02:53 | 7,63 | 7:52 |
| 1239 | Ghyselen Ronny | | 1:02:53 | 7,63 | 7:52 |
| 1240 | Tryssesoone Romanie | | 1:02:54 | 7,63 | 7:52 |
| 1241 | Notredame Filip | | 1:02:55 | 7,63 | 7:52 |
| 1242 | Papegaey Mary-Jane | | 1:02:55 | 7,63 | 7:52 |
| 1243 | Bonte Brigitte | | 1:02:56 | 7,63 | 7:52 |
| 1244 | Peene Annabel | Ieper | 1:02:56 | 7,63 | 7:52 |
| 1245 | Vanherpe Maj | | 1:02:56 | 7,63 | 7:52 |
| 1246 | Groep Kbc | | 1:02:57 | 7,63 | 7:52 |
| 1247 | Dornez Emmie | | 1:02:59 | 7,62 | 7:52 |
| 1248 | Dornez Elien | | 1:02:59 | 7,62 | 7:52 |
| 1249 | Kestelyn Lies | | 1:02:59 | 7,62 | 7:52 |
| 1250 | Masschelein Stefanie | Ieper | 1:02:59 | 7,62 | 7:52 |
| 1251 | Claeysens Pieter-Jan | | 1:03:01 | 7,62 | 7:53 |
| 1252 | Vanroose Greet | | 1:03:01 | 7,62 | 7:53 |
| 1253 | Dierick Steven | | 1:03:02 | 7,62 | 7:53 |
| 1254 | Vermeersch Evelien | Ieper | 1:03:03 | 7,61 | 7:53 |
| 1255 | Ballyn Marianne | | 1:03:04 | 7,61 | 7:53 |
| 1256 | Groep Kbc | | 1:03:04 | 7,61 | 7:53 |
| 1257 | Van Wallegheem Sarah | | 1:03:04 | 7,61 | 7:53 |
| 1258 | Ballyn Katrien | | 1:03:05 | 7,61 | 7:53 |
| 1259 | Liefhooghe Griet | | 1:03:05 | 7,61 | 7:53 |
| 1260 | Polley Kevin | | 1:03:05 | 7,61 | 7:53 |
| 1261 | Vande Ginste Ellen | | 1:03:05 | 7,61 | 7:53 |
| 1262 | De Vries Sarah | | 1:03:06 | 7,61 | 7:53 |
| 1263 | Vandekerckhove Loes | | 1:03:06 | 7,61 | 7:53 |
| 1264 | Soker Gokce | | 1:03:06 | 7,61 | 7:53 |
| 1265 | Lenoir Talitha | | 1:03:07 | 7,60 | 7:53 |
| 1266 | Caesteker Delphine | | 1:03:08 | 7,60 | 7:53 |
| 1267 | Deroo Ellen | | 1:03:08 | 7,60 | 7:53 |
| 1268 | Pugliari Yves | | 1:03:09 | 7,60 | 7:54 |
| 1269 | Demeyere Jacintha | | 1:03:11 | 7,60 | 7:54 |
| 1270 | Siska Gobin | | 1:03:11 | 7,60 | 7:54 |
| 1271 | Deschryver Maxime | | 1:03:12 | 7,59 | 7:54 |
| 1272 | Igodt Kaat | | 1:03:12 | 7,59 | 7:54 |
| 1273 | Ravat Mélodie | | 1:03:12 | 7,59 | 7:54 |
| 1274 | Vangheluwe Lies | | 1:03:12 | 7,59 | 7:54 |
| 1275 | Dautricourt Perrine | | 1:03:13 | 7,59 | 7:54 |
| 1276 | Delecour Eugénie | | 1:03:13 | 7,59 | 7:54 |
| 1277 | Dewulf Kathy | | 1:03:13 | 7,59 | 7:54 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|-----------------------|-------------|---------|------|---------|
| 1278 | Dewulf Ilse | | 1:03:15 | 7,59 | 7:54 |
| 1279 | Vermeulen Filip | Zonnebeke | 1:03:17 | 7,58 | 7:55 |
| 1280 | Groep Kbc | | 1:03:18 | 7,58 | 7:55 |
| 1281 | Groep Kbc | | 1:03:18 | 7,58 | 7:55 |
| 1282 | Dehouck Lobke | Westouter | 1:03:19 | 7,58 | 7:55 |
| 1283 | Groep Kbc | | 1:03:19 | 7,58 | 7:55 |
| 1284 | Hardeman Barbara | Westouter | 1:03:19 | 7,58 | 7:55 |
| 1285 | Luyssen Marthe | Pollinkhove | 1:03:19 | 7,58 | 7:55 |
| 1286 | Rafaa Fauve | Poperinge | 1:03:19 | 7,58 | 7:55 |
| 1287 | Souveau Louise | | 1:03:20 | 7,58 | 7:55 |
| 1288 | Vanhie Katrien | | 1:03:20 | 7,58 | 7:55 |
| 1289 | Groep Kbc | | 1:03:21 | 7,58 | 7:55 |
| 1290 | Vandamme Regine | Ieper | 1:03:22 | 7,57 | 7:55 |
| 1291 | Denys Ineke | | 1:03:22 | 7,57 | 7:55 |
| 1292 | Room Cathy | | 1:03:22 | 7,57 | 7:55 |
| 1293 | Walbrou Katrien | | 1:03:22 | 7,57 | 7:55 |
| 1294 | De Jonckheere Katleen | | 1:03:23 | 7,57 | 7:55 |
| 1295 | Petillion Isabelle | | 1:03:23 | 7,57 | 7:55 |
| 1296 | Meul Mieke | | 1:03:24 | 7,57 | 7:55 |
| 1297 | Storme Gillian | Ieper | 1:03:27 | 7,57 | 7:56 |
| 1298 | De Keyzer Peter | | 1:03:30 | 7,56 | 7:56 |
| 1299 | Mandeville Kristof | | 1:03:30 | 7,56 | 7:56 |
| 1300 | Hoste Hannelore | | 1:03:30 | 7,56 | 7:56 |
| 1301 | Verheye Dimitri | | 1:03:30 | 7,56 | 7:56 |
| 1302 | Verheye Dirk | | 1:03:30 | 7,56 | 7:56 |
| 1303 | Bentein Sofie | | 1:03:32 | 7,56 | 7:57 |
| 1304 | Maricou Alain | | 1:03:33 | 7,55 | 7:57 |
| 1305 | Surmont Sylvia | | 1:03:35 | 7,55 | 7:57 |
| 1306 | Baillieul Robin | | 1:03:37 | 7,55 | 7:57 |
| 1307 | Averbeke Marleen | | 1:03:38 | 7,54 | 7:57 |
| 1308 | Callens Lies | | 1:03:38 | 7,54 | 7:57 |
| 1309 | Decoster Frédéric | | 1:03:39 | 7,54 | 7:57 |
| 1310 | Dewulf Bart | | 1:03:39 | 7,54 | 7:57 |
| 1311 | Dejonghe Nele | | 1:03:42 | 7,54 | 7:58 |
| 1312 | Lannoo Wesley | | 1:03:42 | 7,54 | 7:58 |
| 1313 | Vandamme Ward | | 1:03:42 | 7,54 | 7:58 |
| 1314 | Debouvere Rozemie | | 1:03:43 | 7,53 | 7:58 |
| 1315 | Popelier Lies | | 1:03:43 | 7,53 | 7:58 |
| 1316 | Depoorter Brecht | | 1:03:44 | 7,53 | 7:58 |
| 1317 | Quintelier Jan | | 1:03:47 | 7,53 | 7:58 |
| 1318 | Wyffels Willy | | 1:03:48 | 7,52 | 7:58 |
| 1319 | Delboo An | | 1:03:49 | 7,52 | 7:59 |
| 1320 | Lajoie Chloé | Ieper | 1:03:49 | 7,52 | 7:59 |
| 1321 | Laseure Selina | Langemark | 1:03:49 | 7,52 | 7:59 |
| 1322 | Pyfferoen Eva | Ieper | 1:03:49 | 7,52 | 7:59 |
| 1323 | Van De Walle Liesbeth | | 1:03:50 | 7,52 | 7:59 |
| 1324 | Reynaert Pia | Geluveld | 1:03:52 | 7,52 | 7:59 |
| 1325 | Delporte Iris | Ieper | 1:03:53 | 7,51 | 7:59 |
| 1326 | Santy Steve | | 1:03:54 | 7,51 | 7:59 |
| 1327 | Dommeent Lies | | 1:03:55 | 7,51 | 7:59 |
| 1328 | Gobin Marieke | | 1:03:55 | 7,51 | 7:59 |
| 1329 | Vandecasteele Arne | | 1:03:55 | 7,51 | 7:59 |
| 1330 | Clairhout Sophie | | 1:03:57 | 7,51 | 8:00 |
| 1331 | Vandeputte Saskia | | 1:03:57 | 7,51 | 8:00 |
| 1332 | Ally Cédric | Hooglede | 1:03:58 | 7,50 | 8:00 |
| 1333 | Cambier Talisa | | 1:03:58 | 7,50 | 8:00 |
| 1334 | Casier Jessica | Ieper | 1:03:58 | 7,50 | 8:00 |
| 1335 | Keyngaert Lize | Zillebeke | 1:03:58 | 7,50 | 8:00 |
| 1336 | Ryckeboer Lut | | 1:03:58 | 7,50 | 8:00 |
| 1337 | Verstraete Florine | | 1:03:58 | 7,50 | 8:00 |
| 1338 | Colson Johnny | | 1:03:59 | 7,50 | 8:00 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|--------------------------|------------|---------|------|---------|
| 1339 | Broekaert Thomas | | 1:04:00 | 7,50 | 8:00 |
| 1340 | Degroote Viviane | | 1:04:00 | 7,50 | 8:00 |
| 1341 | Regheere Louise | Poperinge | 1:04:00 | 7,50 | 8:00 |
| 1342 | Vandenbussche Julie | Ieper | 1:04:00 | 7,50 | 8:00 |
| 1343 | Delanote Sarah | Proven | 1:04:02 | 7,50 | 8:00 |
| 1344 | Pype Maaïke | | 1:04:04 | 7,49 | 8:00 |
| 1345 | Sanders Caroline | | 1:04:04 | 7,49 | 8:00 |
| 1346 | Ver Elst Isabelle | | 1:04:04 | 7,49 | 8:00 |
| 1347 | Vanbeselaere Klaartje | | 1:04:05 | 7,49 | 8:01 |
| 1348 | De Keyzer Katrien | | 1:04:08 | 7,48 | 8:01 |
| 1349 | Leppla Anny | Dikkebus | 1:04:09 | 7,48 | 8:01 |
| 1350 | Van Eecke Evelien | | 1:04:09 | 7,48 | 8:01 |
| 1351 | Noyelle Stephanie | | 1:04:10 | 7,48 | 8:01 |
| 1352 | Decreus Danny | Ieper | 1:04:11 | 7,48 | 8:01 |
| 1353 | Dewilde Nan | Wervik | 1:04:11 | 7,48 | 8:01 |
| 1354 | Pattyn Loeka | Bikschote | 1:04:11 | 7,48 | 8:01 |
| 1355 | Vanwollegem Sofie | Ieper | 1:04:13 | 7,47 | 8:02 |
| 1356 | Verdonck Sarah | | 1:04:13 | 7,47 | 8:02 |
| 1357 | Demeulenaere Evelien | | 1:04:15 | 7,47 | 8:02 |
| 1358 | Lambert Erika | Ieper | 1:04:17 | 7,47 | 8:02 |
| 1359 | Bostyn Els | Ieper | 1:04:19 | 7,46 | 8:02 |
| 1360 | Vangheluwe Geert | | 1:04:19 | 7,46 | 8:02 |
| 1361 | Viaene Griet | Waregem | 1:04:20 | 7,46 | 8:02 |
| 1362 | Ollevier Enrico | Ieper | 1:04:22 | 7,46 | 8:03 |
| 1363 | Nollet Els | | 1:04:22 | 7,46 | 8:03 |
| 1364 | Nollet Leen | | 1:04:22 | 7,46 | 8:03 |
| 1365 | Devrieze Jan | Elverdinge | 1:04:23 | 7,46 | 8:03 |
| 1366 | Dehouck Nancy | | 1:04:24 | 7,45 | 8:03 |
| 1367 | Pluym Diego | | 1:04:25 | 7,45 | 8:03 |
| 1368 | Noyez Liesbeth | | 1:04:27 | 7,45 | 8:03 |
| 1369 | Noyez Heidi | | 1:04:27 | 7,45 | 8:03 |
| 1370 | Ally Dirk | Hooglede | 1:04:28 | 7,45 | 8:03 |
| 1371 | Gillioen Miralda | | 1:04:28 | 7,45 | 8:03 |
| 1372 | Gillioen Stefaan | | 1:04:28 | 7,45 | 8:03 |
| 1373 | Parmentier Tom | | 1:04:28 | 7,45 | 8:03 |
| 1374 | Vandecandelaere Patricia | | 1:04:28 | 7,45 | 8:03 |
| 1375 | Verbeke Steve | | 1:04:29 | 7,44 | 8:04 |
| 1376 | Porteman Jeroen | | 1:04:30 | 7,44 | 8:04 |
| 1377 | Porteman Aude | | 1:04:30 | 7,44 | 8:04 |
| 1378 | Ryckaert Annemieke | | 1:04:30 | 7,44 | 8:04 |
| 1379 | Top Veerle | | 1:04:30 | 7,44 | 8:04 |
| 1380 | Baelen Veronique | Elverdinge | 1:04:31 | 7,44 | 8:04 |
| 1381 | Hoedemakers Monique | | 1:04:31 | 7,44 | 8:04 |
| 1382 | Pluym Dolores | Elverdinge | 1:04:32 | 7,44 | 8:04 |
| 1383 | Vandecasteele Sascha | Elverdinge | 1:04:32 | 7,44 | 8:04 |
| 1384 | Vandenbilcke Annick | | 1:04:33 | 7,44 | 8:04 |
| 1385 | Deceuninck Petra | | 1:04:34 | 7,43 | 8:04 |
| 1386 | Lybaert Dominique | | 1:04:34 | 7,43 | 8:04 |
| 1387 | Rose Mark | | 1:04:34 | 7,43 | 8:04 |
| 1388 | Vandenbroucke Paul | Ieper | 1:04:35 | 7,43 | 8:04 |
| 1389 | Coene Emma | Zillebeke | 1:04:35 | 7,43 | 8:04 |
| 1390 | Outtier Pascaline | | 1:04:35 | 7,43 | 8:04 |
| 1391 | Desmet Bieke | Geluwe | 1:04:36 | 7,43 | 8:04 |
| 1392 | Maertens Marc | Ieper | 1:04:37 | 7,43 | 8:05 |
| 1393 | Deroo Kenzy | Ieper | 1:04:37 | 7,43 | 8:05 |
| 1394 | Lemenu Stefanie | Wevelgem | 1:04:37 | 7,43 | 8:05 |
| 1395 | Roggeman Lies | Geluwe | 1:04:37 | 7,43 | 8:05 |
| 1396 | Vermeersch Emmelie | | 1:04:37 | 7,43 | 8:05 |
| 1397 | Decadt Stefaan | Ieper | 1:04:38 | 7,43 | 8:05 |
| 1398 | Vermeersch Justine | | 1:04:39 | 7,42 | 8:05 |
| 1399 | Vermeulen Charlotte | | 1:04:40 | 7,42 | 8:05 |

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|------|----------------------|-------------|---------|------|---------|
| 1400 | Catry Yves | Ieper | 1:04:41 | 7,42 | 8:05 |
| 1401 | Verclyte Celine | | 1:04:42 | 7,42 | 8:05 |
| 1402 | Vermeulen Marthe | Brielen | 1:04:43 | 7,42 | 8:05 |
| 1403 | Bulcke Julie | | 1:04:44 | 7,42 | 8:05 |
| 1404 | Pauwelyn Anja | | 1:04:44 | 7,42 | 8:05 |
| 1405 | Calcoen Peter | | 1:04:47 | 7,41 | 8:06 |
| 1406 | Deconinck Inge | | 1:04:48 | 7,41 | 8:06 |
| 1407 | Groep Kbc | | 1:04:48 | 7,41 | 8:06 |
| 1408 | Desodt Frederik | | 1:04:49 | 7,41 | 8:06 |
| 1409 | Clauw Patrick | Ieper | 1:04:50 | 7,40 | 8:06 |
| 1410 | Dejaeghere Franco | Waregem | 1:04:50 | 7,40 | 8:06 |
| 1411 | Demeulemeester Kathy | Waregem | 1:04:50 | 7,40 | 8:06 |
| 1412 | Lammertyn Xander | | 1:04:51 | 7,40 | 8:06 |
| 1413 | Missinne Katrien | | 1:04:52 | 7,40 | 8:07 |
| 1414 | Deltour Annelies | | 1:04:53 | 7,40 | 8:07 |
| 1415 | Metsu Serafien | | 1:04:53 | 7,40 | 8:07 |
| 1416 | Van Eecke Peter | | 1:04:53 | 7,40 | 8:07 |
| 1417 | Vanraes Ann | | 1:04:54 | 7,40 | 8:07 |
| 1418 | Catteeuw Delphine | | 1:04:56 | 7,39 | 8:07 |
| 1419 | Supply David | | 1:04:56 | 7,39 | 8:07 |
| 1420 | Boudry Emily | | 1:04:57 | 7,39 | 8:07 |
| 1421 | Merlevede Mientje | Ieper | 1:04:57 | 7,39 | 8:07 |
| 1422 | Supply Folkwin | | 1:04:58 | 7,39 | 8:07 |
| 1423 | Desmet Eddy | Waregem | 1:05:00 | 7,38 | 8:07 |
| 1424 | Callens Rik | Waregem | 1:05:01 | 7,38 | 8:08 |
| 1425 | De Dapper Francky | Waregem | 1:05:01 | 7,38 | 8:08 |
| 1426 | Verhamme Guido | Waregem | 1:05:01 | 7,38 | 8:08 |
| 1427 | Kerkhove Kathleen | Waregem | 1:05:02 | 7,38 | 8:08 |
| 1428 | Missiaen Andre | Waregem | 1:05:02 | 7,38 | 8:08 |
| 1429 | Vanrobaeys Eddy | Waregem | 1:05:02 | 7,38 | 8:08 |
| 1430 | Amez Patrick | Waregem | 1:05:03 | 7,38 | 8:08 |
| 1431 | Pauwels Ria | Waregem | 1:05:03 | 7,38 | 8:08 |
| 1432 | Couchez Johan | Elverdinge | 1:05:05 | 7,38 | 8:08 |
| 1433 | Malbrancke Elke | | 1:05:05 | 7,38 | 8:08 |
| 1434 | Vanmoerbeke Joke | Ieper | 1:05:05 | 7,38 | 8:08 |
| 1435 | Degrave Danny | Zonnebeke | 1:05:06 | 7,37 | 8:08 |
| 1436 | Devriendt Jolien | Staden | 1:05:07 | 7,37 | 8:08 |
| 1437 | Emilie Dujardin | | 1:05:07 | 7,37 | 8:08 |
| 1438 | Bloes Noor | | 1:05:09 | 7,37 | 8:09 |
| 1439 | Maricau Elise | | 1:05:09 | 7,37 | 8:09 |
| 1440 | Colla Els | | 1:05:10 | 7,37 | 8:09 |
| 1441 | Colla Joseph Paul | | 1:05:10 | 7,37 | 8:09 |
| 1442 | Breemeersch Greet | | 1:05:11 | 7,36 | 8:09 |
| 1443 | Vanhecke Nele | | 1:05:11 | 7,36 | 8:09 |
| 1444 | Colla Stijn | | 1:05:12 | 7,36 | 8:09 |
| 1445 | Gruwier Els | Ieper | 1:05:12 | 7,36 | 8:09 |
| 1446 | Haeyaert An | Woesten | 1:05:12 | 7,36 | 8:09 |
| 1447 | Bruneel Glendy | | 1:05:13 | 7,36 | 8:09 |
| 1448 | Dever Lieselotte | Nieuwkerke | 1:05:13 | 7,36 | 8:09 |
| 1449 | Deweerd Brent | | 1:05:13 | 7,36 | 8:09 |
| 1450 | Vandenbergh Veerle | Boezinge | 1:05:13 | 7,36 | 8:09 |
| 1451 | Vanhoecke Donald | Ieper | 1:05:13 | 7,36 | 8:09 |
| 1452 | Colla Maarten | | 1:05:14 | 7,36 | 8:09 |
| 1453 | Van Hecke Sophie | | 1:05:14 | 7,36 | 8:09 |
| 1454 | Vandana Deweerdt | | 1:05:14 | 7,36 | 8:09 |
| 1455 | Clauwaert Mieke | Ieper | 1:05:15 | 7,36 | 8:09 |
| 1456 | De Buck Katleen | | 1:05:15 | 7,36 | 8:09 |
| 1457 | Goemaere Lieve | Vlamertinge | 1:05:15 | 7,36 | 8:09 |
| 1458 | Rotsaert Nathalie | Ieper | 1:05:15 | 7,36 | 8:09 |
| 1459 | Debergh Melitta | Ieper | 1:05:16 | 7,35 | 8:09 |
| 1460 | Despriet Inge | Ieper | 1:05:16 | 7,35 | 8:09 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|-------------------------|-------------|---------|------|---------|
| 1461 | Deweerd Karel | | 1:05:16 | 7,35 | 8:09 |
| 1462 | Vermeulen Ariane | Ieper | 1:05:16 | 7,35 | 8:09 |
| 1463 | Govaert Huegette | Ieper | 1:05:18 | 7,35 | 8:10 |
| 1464 | Bram Decru | | 1:05:22 | 7,34 | 8:10 |
| 1465 | Kerkhof Valerie | | 1:05:22 | 7,34 | 8:10 |
| 1466 | Lust Lies | | 1:05:22 | 7,34 | 8:10 |
| 1467 | Verstraete Emma | | 1:05:22 | 7,34 | 8:10 |
| 1468 | Grymonpon Amber | Jonkershove | 1:05:24 | 7,34 | 8:11 |
| 1469 | Vanlerberghe Evi | Merkem | 1:05:24 | 7,34 | 8:11 |
| 1470 | Claes Ben | | 1:05:27 | 7,33 | 8:11 |
| 1471 | Delancker Luc | | 1:05:27 | 7,33 | 8:11 |
| 1472 | Beke Sara | | 1:05:28 | 7,33 | 8:11 |
| 1473 | Depoorter Steven | | 1:05:29 | 7,33 | 8:11 |
| 1474 | Lievens Vincent | | 1:05:29 | 7,33 | 8:11 |
| 1475 | Cappan Greta | | 1:05:31 | 7,33 | 8:11 |
| 1476 | Maes Josephine | | 1:05:32 | 7,32 | 8:11 |
| 1477 | Staessen Mieke | | 1:05:32 | 7,32 | 8:11 |
| 1478 | Logie Nathalie | | 1:05:33 | 7,32 | 8:12 |
| 1479 | Nollet An | | 1:05:33 | 7,32 | 8:12 |
| 1480 | Langbeen Charlot | Ieper | 1:05:34 | 7,32 | 8:12 |
| 1481 | Maes Katharina | | 1:05:34 | 7,32 | 8:12 |
| 1482 | Soenen Marieke | Poelkapelle | 1:05:34 | 7,32 | 8:12 |
| 1483 | Struye Iris | Poperinge | 1:05:34 | 7,32 | 8:12 |
| 1484 | Blontrock Hadewich | Ieper | 1:05:37 | 7,32 | 8:12 |
| 1485 | Goudeseune Alison | Zonnebeke | 1:05:38 | 7,31 | 8:12 |
| 1486 | Landtsheere Elisa | Houthulst | 1:05:38 | 7,31 | 8:12 |
| 1487 | Raita Andreea | | 1:05:39 | 7,31 | 8:12 |
| 1488 | Michem Thomas | | 1:05:41 | 7,31 | 8:13 |
| 1489 | | Ieper | 1:05:42 | 7,31 | 8:13 |
| 1490 | Michem Thomas | | 1:05:42 | 7,31 | 8:13 |
| 1491 | Callens Stijn | | 1:05:43 | 7,30 | 8:13 |
| 1492 | Ally Astrid | Hooglede | 1:05:45 | 7,30 | 8:13 |
| 1493 | Lesschaeve Julie | | 1:05:48 | 7,29 | 8:13 |
| 1494 | Myngeer Erika | | 1:05:48 | 7,29 | 8:13 |
| 1495 | Vanden Driessche Dieter | | 1:05:49 | 7,29 | 8:14 |
| 1496 | Cornette Babs | | 1:05:50 | 7,29 | 8:14 |
| 1497 | Tulkens Raymond | | 1:05:51 | 7,29 | 8:14 |
| 1498 | Vanlerberghe Nele | | 1:05:51 | 7,29 | 8:14 |
| 1499 | Van Den Broucke Liesbet | Ieper | 1:05:55 | 7,28 | 8:14 |
| 1500 | Lesschaeve Josephine | | 1:05:56 | 7,28 | 8:14 |
| 1501 | Bouciqué Trees | | 1:06:00 | 7,27 | 8:15 |
| 1502 | Couckuyt Jens | | 1:06:02 | 7,27 | 8:15 |
| 1503 | Loobuyck Sander | | 1:06:05 | 7,26 | 8:16 |
| 1504 | Herman Sofie | | 1:06:06 | 7,26 | 8:16 |
| 1505 | Jaecques Nancy | | 1:06:06 | 7,26 | 8:16 |
| 1506 | Loobuyck Jo | | 1:06:06 | 7,26 | 8:16 |
| 1507 | Law Shirley | | 1:06:07 | 7,26 | 8:16 |
| 1508 | Soetaert Philip | Ieper | 1:06:09 | 7,26 | 8:16 |
| 1509 | Soetaert Stijn | | 1:06:09 | 7,26 | 8:16 |
| 1510 | Soetaert Nele | | 1:06:10 | 7,25 | 8:16 |
| 1511 | Van Keirsbilck Veerle | Ieper | 1:06:16 | 7,24 | 8:17 |
| 1512 | Coorevits Marianne | Deerlijk | 1:06:17 | 7,24 | 8:17 |
| 1513 | Deconinck Chantal | Deerlijk | 1:06:17 | 7,24 | 8:17 |
| 1514 | Delbeque Dries | Deerlijk | 1:06:17 | 7,24 | 8:17 |
| 1515 | Depuydt Isabel | | 1:06:17 | 7,24 | 8:17 |
| 1516 | Maertens Elise | Ieper | 1:06:19 | 7,24 | 8:17 |
| 1517 | Vrielinck Elise | | 1:06:19 | 7,24 | 8:17 |
| 1518 | Maselis Evy | Elverdinge | 1:06:22 | 7,23 | 8:18 |
| 1519 | Maselis Franky | | 1:06:22 | 7,23 | 8:18 |
| 1520 | Buyse Stien | | 1:06:23 | 7,23 | 8:18 |
| 1521 | Bouciqué Det | | 1:06:24 | 7,23 | 8:18 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------------------------|-------------|---------|------|---------|
| 1522 | Dumolein Lore | | 1:06:24 | 7,23 | 8:18 |
| 1523 | Vandecandaere Anouk | Vlamertinge | 1:06:29 | 7,22 | 8:19 |
| 1524 | Deknudt Guillaume | | 1:06:30 | 7,22 | 8:19 |
| 1525 | Vandenberghe Olivier | | 1:06:31 | 7,22 | 8:19 |
| 1526 | Ally Laurens | St Niklaas | 1:06:32 | 7,21 | 8:19 |
| 1527 | De Groof Caro | St Niklaas | 1:06:32 | 7,21 | 8:19 |
| 1528 | Devos Katrien | | 1:06:32 | 7,21 | 8:19 |
| 1529 | Zutterman Aurelie | Ieper | 1:06:32 | 7,21 | 8:19 |
| 1530 | Groep Les Halles | | 1:06:34 | 7,21 | 8:19 |
| 1531 | Degraeve Emmely | | 1:06:37 | 7,21 | 8:20 |
| 1532 | Desimpel Bieke | Ieper | 1:06:38 | 7,20 | 8:20 |
| 1533 | Tillie Wannas | | 1:06:39 | 7,20 | 8:20 |
| 1534 | Meirlaen Inge | | 1:06:40 | 7,20 | 8:20 |
| 1535 | Lemahieu Nathalie | | 1:06:41 | 7,20 | 8:20 |
| 1536 | De Sousa Dias Lydia | | 1:06:42 | 7,20 | 8:20 |
| 1537 | Boussemaere Veronique | Ieper | 1:06:43 | 7,19 | 8:20 |
| 1538 | Byttebier Carmina | Ieper | 1:06:46 | 7,19 | 8:21 |
| 1539 | Martens Katrien | Ieper | 1:06:47 | 7,19 | 8:21 |
| 1540 | Vanoverschelde Nele | | 1:06:48 | 7,19 | 8:21 |
| 1541 | Dochy Dominique | Ieper | 1:06:50 | 7,18 | 8:21 |
| 1542 | Demaeght Petra | | 1:06:51 | 7,18 | 8:21 |
| 1543 | Snick Elise | Lo-Reninge | 1:06:53 | 7,18 | 8:22 |
| 1544 | Surmont Imke | | 1:06:53 | 7,18 | 8:22 |
| 1545 | Verdonck Birthe | | 1:06:53 | 7,18 | 8:22 |
| 1546 | Pauwels Jolien | Dranouter | 1:06:54 | 7,17 | 8:22 |
| 1547 | Maerten Lien | Poperinge | 1:06:56 | 7,17 | 8:22 |
| 1548 | Remaut Guinevere | Nieuwkerke | 1:06:56 | 7,17 | 8:22 |
| 1549 | | Ieper | 1:06:57 | 7,17 | 8:22 |
| 1550 | Depla Sabine | | 1:07:00 | 7,16 | 8:22 |
| 1551 | Huyghe Kris | | 1:07:01 | 7,16 | 8:23 |
| 1552 | Deroo Femke | Ieper | 1:07:03 | 7,16 | 8:23 |
| 1553 | Lepoudre Eveline | | 1:07:06 | 7,15 | 8:23 |
| 1554 | Deceuninck Gwendolina | | 1:07:07 | 7,15 | 8:23 |
| 1555 | Durnez Bjorn | | 1:07:07 | 7,15 | 8:23 |
| 1556 | Janssens Nele | Ieper | 1:07:07 | 7,15 | 8:23 |
| 1557 | Lepoudre Caroline | | 1:07:07 | 7,15 | 8:23 |
| 1558 | Zzz Ieper Trail | | 1:07:09 | 7,15 | 8:24 |
| 1559 | Janssens Pieter | Gent | 1:07:10 | 7,15 | 8:24 |
| 1560 | De Maesschalck Justine | | 1:07:11 | 7,14 | 8:24 |
| 1561 | Leroy Kristien | Ieper | 1:07:12 | 7,14 | 8:24 |
| 1562 | Castelein Matthias | | 1:07:12 | 7,14 | 8:24 |
| 1563 | Naeye Merel | Poperinge | 1:07:13 | 7,14 | 8:24 |
| 1564 | Feys Emma | | 1:07:14 | 7,14 | 8:24 |
| 1565 | Demessemaeker Sofia | Poperinge | 1:07:15 | 7,14 | 8:24 |
| 1566 | Bonduelle Emma | Poperinge | 1:07:16 | 7,14 | 8:24 |
| 1567 | Pyncket Isolde | | 1:07:17 | 7,13 | 8:25 |
| 1568 | Ramaut Margaux | Zillebeke | 1:07:17 | 7,13 | 8:25 |
| 1569 | Lagae Morgane | Ieper | 1:07:19 | 7,13 | 8:25 |
| 1570 | Meerschaut Merel | Ieper | 1:07:19 | 7,13 | 8:25 |
| 1571 | Leclercq Chantal | | 1:07:23 | 7,12 | 8:25 |
| 1572 | Melsens Margot | Hollebeke | 1:07:26 | 7,12 | 8:26 |
| 1573 | Haezebrouck Marie | Zuidschote | 1:07:28 | 7,11 | 8:26 |
| 1574 | Deraedt Jorina | | 1:07:29 | 7,11 | 8:26 |
| 1575 | Debaene Kevin | | 1:07:31 | 7,11 | 8:26 |
| 1576 | Dedrie Nieke | | 1:07:31 | 7,11 | 8:26 |
| 1577 | Haezebrouck Katrijn | | 1:07:32 | 7,11 | 8:27 |
| 1578 | Ameel Tara | Ieper | 1:07:33 | 7,11 | 8:27 |
| 1579 | Dedrie Noor | | 1:07:33 | 7,11 | 8:27 |
| 1580 | Verhooghe Eline | | 1:07:33 | 7,11 | 8:27 |
| 1581 | Vervisch Louise | | 1:07:33 | 7,11 | 8:27 |
| 1582 | Delameilleure Sophie | | 1:07:35 | 7,10 | 8:27 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|----------------------|------------|---------|------|---------|
| 1583 | Dewilde Mirando | | 1:07:35 | 7,10 | 8:27 |
| 1584 | Cappelaere Virginie | | 1:07:36 | 7,10 | 8:27 |
| 1585 | Depypere Joyce | | 1:07:36 | 7,10 | 8:27 |
| 1586 | Desmedt Hanne | | 1:07:36 | 7,10 | 8:27 |
| 1587 | Maes Margaux | Ieper | 1:07:36 | 7,10 | 8:27 |
| 1588 | Maes Pascal | | 1:07:37 | 7,10 | 8:27 |
| 1589 | Naeye Amber | Poperinge | 1:07:38 | 7,10 | 8:27 |
| 1590 | Verbiese Charlotte | Ieper | 1:07:38 | 7,10 | 8:27 |
| 1591 | Dulst Stephanie | Woesten | 1:07:42 | 7,09 | 8:28 |
| 1592 | Groep Arw | | 1:07:44 | 7,09 | 8:28 |
| 1593 | Groep Arw | | 1:07:45 | 7,08 | 8:28 |
| 1594 | Maselis Wendy | | 1:07:49 | 7,08 | 8:29 |
| 1595 | Verheye Jaëla | | 1:07:52 | 7,07 | 8:29 |
| 1596 | Callens Sarah | Reninge | 1:07:53 | 7,07 | 8:29 |
| 1597 | Parret Marie | Poperinge | 1:07:53 | 7,07 | 8:29 |
| 1598 | Heughebaert Els | | 1:07:54 | 7,07 | 8:29 |
| 1599 | Six Lieselotte | | 1:08:02 | 7,06 | 8:30 |
| 1600 | Dewulf Steven | | 1:08:03 | 7,05 | 8:30 |
| 1601 | Butstraen Silvie | | 1:08:04 | 7,05 | 8:30 |
| 1602 | Meersseman Evelien | Harelbeke | 1:08:04 | 7,05 | 8:30 |
| 1603 | Wicke Sophie | | 1:08:04 | 7,05 | 8:30 |
| 1604 | Dumolein Julie | | 1:08:06 | 7,05 | 8:31 |
| 1605 | Lampaert Liesbet | | 1:08:07 | 7,05 | 8:31 |
| 1606 | Verbist Tim | | 1:08:21 | 7,02 | 8:33 |
| 1607 | Oreel Marleen | | 1:08:28 | 7,01 | 8:33 |
| 1608 | Swyngedauw Ludivine | | 1:08:32 | 7,00 | 8:34 |
| 1609 | Dekeyzer Evelien | | 1:08:38 | 6,99 | 8:35 |
| 1610 | Marrecau Charlotte | | 1:08:38 | 6,99 | 8:35 |
| 1611 | Senesael Sintya | Ieper | 1:08:43 | 6,99 | 8:35 |
| 1612 | Clement Willemijn | Ieper | 1:08:44 | 6,98 | 8:35 |
| 1613 | Lievens Liesbeth | Izegem | 1:08:44 | 6,98 | 8:35 |
| 1614 | Gisquiere Ann | Ieper | 1:08:45 | 6,98 | 8:36 |
| 1615 | De Wandel Marc | Ieper | 1:08:49 | 6,98 | 8:36 |
| 1616 | Robbe An | Ieper | 1:08:59 | 6,96 | 8:37 |
| 1617 | Claerebout Ann | Ieper | 1:09:07 | 6,94 | 8:38 |
| 1618 | Bostyn Jok | | 1:09:11 | 6,94 | 8:39 |
| 1619 | Cloet Berdien | | 1:09:11 | 6,94 | 8:39 |
| 1620 | Burggraeve Stefanie | | 1:09:12 | 6,94 | 8:39 |
| 1621 | Devos Thomas | | 1:09:12 | 6,94 | 8:39 |
| 1622 | Louwagie Lieselot | | 1:09:15 | 6,93 | 8:39 |
| 1623 | Riviere Annelies | | 1:09:15 | 6,93 | 8:39 |
| 1624 | Vancoillie Josfien | | 1:09:15 | 6,93 | 8:39 |
| 1625 | Couckuyt Luc | | 1:09:19 | 6,92 | 8:40 |
| 1626 | Ostyn Annelien | Zonnebeke | 1:09:27 | 6,91 | 8:41 |
| 1627 | Vanrapenbusch Kris | Beselare | 1:09:28 | 6,91 | 8:41 |
| 1628 | Scheldeman Siel | Ieper | 1:09:45 | 6,88 | 8:43 |
| 1629 | Bourgeois Stefanie | | 1:09:47 | 6,88 | 8:43 |
| 1630 | Clarisse Janique | | 1:09:47 | 6,88 | 8:43 |
| 1631 | Bourgeois Amelie | | 1:09:50 | 6,87 | 8:44 |
| 1632 | Vermeersch Emilyta | | 1:09:50 | 6,87 | 8:44 |
| 1633 | Vanneste Manuel | Ieper | 1:09:53 | 6,87 | 8:44 |
| 1634 | Callant Johny | Ieper | 1:09:55 | 6,87 | 8:44 |
| 1635 | Callant Barbara | Ieper | 1:09:57 | 6,86 | 8:45 |
| 1636 | Depercq Sofie | | 1:10:08 | 6,84 | 8:46 |
| 1637 | Vanbeselaere Marieke | | 1:10:09 | 6,84 | 8:46 |
| 1638 | Vanassche Katrien | | 1:10:34 | 6,80 | 8:49 |
| 1639 | Delaissé Anne-Sophie | | 1:10:50 | 6,78 | 8:51 |
| 1640 | Deschildre Joke | | 1:10:51 | 6,77 | 8:51 |
| 1641 | Thorrez Elise | | 1:11:14 | 6,74 | 8:54 |
| 1642 | Thorrez Marie | | 1:11:15 | 6,74 | 8:54 |
| 1643 | Lewyllie Nancy | | 1:11:22 | 6,73 | 8:55 |

| PL | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|---------------------|------------|---------|------|---------|
| 1644 | Lefevre Lien | | 1:11:37 | 6,70 | 8:57 |
| 1645 | Notredame Filip | | 1:11:39 | 6,70 | 8:57 |
| 1646 | Plouvier Marlies | | 1:11:40 | 6,70 | 8:58 |
| 1647 | Verstraete Lizanne | | 1:11:41 | 6,70 | 8:58 |
| 1648 | Vervenne An-Sofie | | 1:11:41 | 6,70 | 8:58 |
| 1649 | Bossaert Delphine | | 1:11:58 | 6,67 | 9:00 |
| 1650 | Leire Christel | | 1:11:59 | 6,67 | 9:00 |
| 1651 | Marleen Santy | | 1:11:59 | 6,67 | 9:00 |
| 1652 | Symoens Katharina | | 1:12:25 | 6,63 | 9:03 |
| 1653 | Defever Viënna | | 1:12:32 | 6,62 | 9:04 |
| 1654 | Dufloucq Nele | | 1:12:33 | 6,62 | 9:04 |
| 1655 | Delporte Elke | | 1:12:47 | 6,59 | 9:06 |
| 1656 | Demuynck Inge | Ieper | 1:12:47 | 6,59 | 9:06 |
| 1657 | Vermeulen Gulchin | | 1:12:50 | 6,59 | 9:06 |
| 1658 | Cardoen Pedro | | 1:12:52 | 6,59 | 9:07 |
| 1659 | Deschryver Philippe | | 1:12:55 | 6,58 | 9:07 |
| 1660 | De Wilde Ria | Ieper | 1:13:07 | 6,56 | 9:08 |
| 1661 | Cornelussen Delfien | | 1:13:11 | 6,56 | 9:09 |
| 1662 | Bonte Koen | | 1:13:13 | 6,56 | 9:09 |
| 1663 | Bossaert Evelyn | | 1:13:14 | 6,55 | 9:09 |
| 1664 | De Buf Friedel | | 1:13:16 | 6,55 | 9:09 |
| 1665 | Vandecasteele Elsie | | 1:13:16 | 6,55 | 9:09 |
| 1666 | Bostyn Mieke | | 1:13:18 | 6,55 | 9:10 |
| 1667 | Annelies Boeraeve | | 1:13:37 | 6,52 | 9:12 |
| 1668 | Declerck Sigrid | | 1:14:25 | 6,45 | 9:18 |
| 1669 | Bryon Alisha | | 1:15:11 | 6,38 | 9:24 |
| 1670 | Deweerd Hendrik | | 1:15:24 | 6,37 | 9:25 |
| 1671 | Pollee Liesbet | | 1:15:25 | 6,36 | 9:26 |
| 1672 | Breine Xandres | Assebroek | 1:16:50 | 6,25 | 9:36 |
| 1673 | Robbe Justine | Ieper | 1:16:50 | 6,25 | 9:36 |
| 1674 | Verwichte Ilse | | 1:22:35 | 5,81 | 10:19 |
| 1675 | Vanneder Francky | Vichte | 1:22:42 | 5,80 | 10:20 |
| 1676 | T'Kindt Veronique | Deerlijk | 1:22:43 | 5,80 | 10:20 |
| 1677 | Vandeputte Christ | Vichte | 1:22:44 | 5,80 | 10:20 |
| 1678 | Vancoillie Vanessa | | 1:24:36 | 5,67 | 10:35 |
| 1679 | Plaetevoet Evelien | | 1:24:37 | 5,67 | 10:35 |
| 1680 | Baneux Helene | | 1:24:44 | 5,66 | 10:35 |