

5e Lenteloop Gits - 24 maart 2013

5,6 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-------------------------|----------------|------|------|-------|---------|-------|---------|
| 1 | 72 | Dejonckheere Dimitri | Lendelede | 1994 | MJUN | 1 | 0:19:06 | 17,59 | 3:25 |
| 2 | 75 | Callewaert Thomas | Koolskamp | 1988 | MSEN | 1 | 0:19:13 | 17,48 | 3:26 |
| 3 | 83 | Kerremans Maxim | Oostnieuwkerke | 1995 | MJUN | 2 | 0:19:28 | 17,26 | 3:29 |
| 4 | 74 | Picavet Niels | Rumbeke | 1987 | MSEN | 2 | 0:19:46 | 17,00 | 3:32 |
| 5 | 98 | Vermeeren Olivier | Roeselare | 1974 | MMAS | 1 | 0:20:36 | 16,31 | 3:41 |
| 6 | 59 | Priem Whytic | Roeselare | 1993 | MJUN | 3 | 0:21:33 | 15,59 | 3:51 |
| 7 | 114 | Vanneste Michael | Marke | 1980 | MSEN | 3 | 0:22:18 | 15,07 | 3:59 |
| 8 | 92 | Gouhie Justin | Roeselare | 1985 | MSEN | 4 | 0:22:28 | 14,96 | 4:01 |
| 9 | 16 | Pennynck Jordy | Harelbeke | 1998 | MJUN | 4 | 0:22:54 | 14,67 | 4:05 |
| 10 | 73 | Vandevelde Liesbeth | Rumbeke | 1989 | VSEN | 1 | 0:23:11 | 14,49 | 4:08 |
| 11 | 101 | Musseeuw Jolien | Diksmuide | 1994 | VJUN | 1 | 0:23:18 | 14,42 | 4:10 |
| 12 | 62 | Mortelé Andy | Aartrijke | 1974 | MMAS | 2 | 0:23:43 | 14,17 | 4:14 |
| 13 | 7 | Noyez Christa | Oostnieuwkerke | | VMAS | 1 | 0:23:46 | 14,14 | 4:15 |
| 14 | 82 | Boutelegier Bart | Zuidschote | 1973 | MMAS | 3 | 0:24:00 | 14,00 | 4:17 |
| 15 | 5 | Desramault Timothy | Lauwe | 1988 | MSEN | 5 | 0:24:28 | 13,73 | 4:22 |
| 16 | 84 | Cottignies Lode | Passendale | 1960 | MMAS | 4 | 0:25:21 | 13,25 | 4:32 |
| 17 | 77 | Desmedt Klaas | Brugge | | MMAS | 5 | 0:25:26 | 13,21 | 4:32 |
| 18 | 78 | Deraedt Maarten | Roeselare | 1984 | MSEN | 6 | 0:25:27 | 13,20 | 4:33 |
| 19 | 108 | Lodewijck Goele | Hooglede | 1980 | VSEN | 2 | 0:26:19 | 12,77 | 4:42 |
| 20 | 109 | Deketelaere Annelies | Hooglede | 1989 | VSEN | 3 | 0:26:29 | 12,69 | 4:44 |
| 21 | 80 | Hoornaert Robin | Geluwe | 2001 | MJUN | 5 | 0:26:35 | 12,64 | 4:45 |
| 22 | 34 | Verleye Johan | Roeselare | 1975 | MMAS | 6 | 0:27:06 | 12,40 | 4:50 |
| 23 | 19 | Lambert Jean | Ardoorie | 1952 | MMAS | 7 | 0:27:17 | 12,32 | 4:52 |
| 24 | 42 | Al Bakrouni Jasmina | Waregem | | VSEN | 4 | 0:27:32 | 12,20 | 4:55 |
| 25 | 79 | Demeestere Wendy | Zwevegem | 1979 | VSEN | 5 | 0:27:44 | 12,12 | 4:57 |
| 26 | 68 | Ducasteele Steven | Roeselare | 1977 | MMAS | 8 | 0:28:00 | 12,00 | 5:00 |
| 27 | 28 | Vanthomme Jonas | Poelkapelle | 1999 | MJUN | 6 | 0:28:04 | 11,97 | 5:01 |
| 28 | 57 | Mondelaers Dries | Langemark | 1967 | MMAS | 9 | 0:28:09 | 11,94 | 5:02 |
| 29 | 58 | Vandycke Johan | Gentbrugge | 1932 | MMAS | 10 | 0:28:11 | 11,92 | 5:02 |
| 30 | 29 | Devos Wim | Torhout | | MMAS | 11 | 0:28:24 | 11,83 | 5:04 |
| 31 | 91 | Boedt Jente | Kortemark | 2002 | MJUN | 7 | 0:28:29 | 11,80 | 5:05 |
| 32 | 46 | Normon Marnix | Roeselare | 1962 | MMAS | 12 | 0:28:39 | 11,73 | 5:07 |
| 33 | 65 | Hostens Laurens | Hooglede | 1975 | MMAS | 13 | 0:28:45 | 11,69 | 5:08 |
| 34 | 32 | Declercq Nathalie | Hoooglede | 1974 | VMAS | 2 | 0:28:48 | 11,67 | 5:09 |
| 35 | 37 | Jacobs Sophie | Roeselare | | VMAS | 3 | 0:29:18 | 11,47 | 5:14 |
| 36 | 76 | Indigne Christophe | Veldegem | 1981 | MSEN | 7 | 0:29:41 | 11,32 | 5:18 |
| 37 | 111 | Depla Bram | Gits | 1997 | MJUN | 8 | 0:29:51 | 11,26 | 5:20 |
| 38 | 106 | Lievens Tom | Hooglede | 1979 | VSEN | 6 | 0:30:02 | 11,19 | 5:22 |
| 39 | 90 | Declerck Heidi | Kortemark | 1974 | VMAS | 4 | 0:30:05 | 11,17 | 5:22 |
| 40 | 18 | Vandendriessche Lien | Roeselare | | VSEN | 7 | 0:30:21 | 11,07 | 5:25 |
| 41 | 21 | Verduyn Jurgen | Roeselare | 1969 | MMAS | 14 | 0:30:38 | 10,97 | 5:28 |
| 42 | 43 | Van Droogenbroeck Hilde | Roeselare | 1968 | VMAS | 5 | 0:30:40 | 10,96 | 5:29 |
| 43 | 6 | Desmet Valerie | Passendale | 1975 | VMAS | 6 | 0:31:00 | 10,84 | 5:32 |
| 44 | 35 | Rondelez Pieter | Roeselare | | MMAS | 15 | 0:31:05 | 10,81 | 5:33 |
| 45 | 36 | Cloet Heidi | Ledegem | 1972 | VMAS | 7 | 0:31:17 | 10,74 | 5:35 |
| 46 | 105 | Wyffels Bertrand | Hoogelde | 1955 | MMAS | 16 | 0:31:24 | 10,70 | 5:36 |
| 47 | 20 | Lombaert Nancy | Roeselare | 1972 | VMAS | 8 | 0:31:25 | 10,69 | 5:37 |
| 48 | 45 | Himpe Emelie | Beveren-Leie | | VSEN | 8 | 0:31:35 | 10,64 | 5:38 |
| 49 | 103 | Bogaert Conny | Gits | 1969 | VMAS | 9 | 0:31:49 | 10,56 | 5:41 |
| 50 | 102 | Delbeke Marie | Roeselare | 1992 | VSEN | 9 | 0:31:51 | 10,55 | 5:41 |
| 51 | 69 | Pattyn Jo | Wielsbeke | 1956 | MMAS | 17 | 0:31:53 | 10,54 | 5:42 |
| 52 | 15 | Vermaut Conny | Geluwe | 1971 | VMAS | 10 | 0:32:33 | 10,32 | 5:49 |
| 53 | 64 | Rooseboom Francis | St-Michiels | 1978 | MSEN | 8 | 0:32:35 | 10,31 | 5:49 |
| 54 | 24 | Godderis Gabriel | Roeselare | | MMAS | 18 | 0:32:41 | 10,28 | 5:50 |
| 55 | 86 | Vermeersch Annick | Aartrijke | 1972 | VMAS | 11 | 0:32:55 | 10,21 | 5:53 |
| 56 | 87 | Mouton Christel | Ruddervoorde | 1973 | VMAS | 12 | 0:32:57 | 10,20 | 5:53 |
| 57 | 88 | Stubbe Katrien | Ruddervoorde | 1972 | VMAS | 13 | 0:32:59 | 10,19 | 5:53 |
| 58 | 85 | Vandewalle Annelies | Torhout | 1967 | VMAS | 14 | 0:33:00 | 10,18 | 5:54 |
| 59 | 107 | Dewijze Nico | Roeselare | 1971 | MMAS | 19 | 0:33:03 | 10,17 | 5:54 |
| 60 | 8 | Vandermeersch Nina | Roeselare | 1969 | VMAS | 15 | 0:33:28 | 10,04 | 5:59 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------|--------------|------|------|-------|---------|-------|---------|
| 61 | 9 | Vlamynck Gilbert | Roeselare | 1965 | MMAS | 20 | 0:33:29 | 10,03 | 5:59 |
| 62 | 93 | Robert Carina | Menen | 1960 | VMAS | 16 | 0:33:32 | 10,02 | 5:59 |
| 63 | 50 | Cornette Isabelle | Lichtervelde | 1975 | VMAS | 17 | 0:33:36 | 10,00 | 6:00 |
| 64 | 40 | Geldof Lien | Roeselare | 1989 | VSEN | 10 | 0:33:52 | 9,92 | 6:03 |
| 65 | 52 | Vanhouwaert Nele | Rumbeke | 1977 | VMAS | 18 | 0:33:57 | 9,90 | 6:04 |
| 66 | 39 | Soenen Lieslot | Gent | 1979 | VSEN | 11 | 0:34:01 | 9,88 | 6:04 |
| 67 | 1 | Geldof Sara | Diksmuide | 1991 | VSEN | 12 | 0:34:06 | 9,85 | 6:05 |
| 68 | 27 | Vandemaele Sybille | Woumen | | VMAS | 19 | 0:34:08 | 9,84 | 6:06 |
| 69 | 48 | Geldof Frans | Woumen | 1960 | MMAS | 21 | 0:34:09 | 9,84 | 6:06 |
| 70 | 26 | Sioen Bruno | Aartrijke | 1970 | MMAS | 22 | 0:34:14 | 9,81 | 6:07 |
| 71 | 25 | Vanneste Sophie | Wakken | 1971 | VMAS | 20 | 0:34:25 | 9,76 | 6:09 |
| 72 | 96 | Perquy Mathieu | Zuienkerke | 1998 | MJUN | 9 | 0:34:42 | 9,68 | 6:12 |
| 73 | 97 | Perquy Kris | Zuienkerke | 1967 | MMAS | 23 | 0:35:02 | 9,59 | 6:15 |
| 74 | 104 | Verbeke Olivier | Hooglede | 1955 | MMAS | 24 | 0:35:16 | 9,53 | 6:18 |
| 75 | 66 | Vermeir Tom | Oostende | 1976 | MMAS | 25 | 0:35:30 | 9,46 | 6:20 |
| 76 | 67 | Van Den Weghe Francis | Gent | 1977 | MMAS | 26 | 0:35:35 | 9,44 | 6:21 |
| 77 | 14 | Vanoverberghe Nele | Menen | | VSEN | 13 | 0:35:37 | 9,43 | 6:22 |
| 78 | 61 | Deceuninck Arline | Hooglede | 1972 | VMAS | 21 | 0:35:37 | 9,43 | 6:22 |
| 79 | 60 | Baert Liesbeth | Wevelgem | 1977 | VMAS | 22 | 0:35:39 | 9,42 | 6:22 |
| 80 | 63 | Vanneste Danny | Bavikhove | | MMAS | 27 | 0:35:47 | 9,39 | 6:23 |
| 81 | 115 | Declodt Gerda | Zedelgem | 1954 | VMAS | 23 | 0:35:58 | 9,34 | 6:25 |
| 82 | 4 | Bardyn Elke | Gits | 1989 | VSEN | 14 | 0:36:01 | 9,33 | 6:26 |
| 83 | 44 | Dupont Emily | Hooglede | | VSEN | 15 | 0:37:03 | 9,07 | 6:37 |
| 84 | 49 | Martine Warnez | Roeselare | | VMAS | 24 | 0:37:22 | 8,99 | 6:40 |
| 85 | 110 | Dewaele Sofie | Roeselare | 1966 | VMAS | 25 | 0:37:45 | 8,90 | 6:44 |
| 86 | 70 | Bruynooghe Charlotte | Kortemark | 1981 | VSEN | 16 | 0:38:23 | 8,75 | 6:51 |
| 87 | 53 | De Keyser Eline | Rumbeke | 1980 | VSEN | 17 | 0:38:52 | 8,64 | 6:56 |
| 88 | 22 | Lamote Gilbert | Roeselare | 1946 | MMAS | 28 | 0:38:54 | 8,64 | 6:57 |
| 89 | 47 | Roels Midas | Roeselare | 2004 | MJUN | 10 | 0:39:00 | 8,62 | 6:58 |
| 90 | 11 | Carrein Joke | Zonnebeke | 1977 | VMAS | 26 | 0:39:09 | 8,58 | 6:59 |
| 91 | 81 | Declercq Danny | | | MSEN | 9 | 0:39:13 | 8,57 | 7:00 |
| 92 | 13 | Vande Ginste Marleen | Zonnebeke | | VMAS | 27 | 0:39:16 | 8,56 | 7:01 |
| 93 | 12 | Desmet Dorine | Moorsele | 1965 | VMAS | 28 | 0:39:17 | 8,55 | 7:01 |
| 94 | 94 | Dehaene An | Assebroek | 1971 | VMAS | 29 | 0:40:19 | 8,33 | 7:12 |
| 95 | 100 | Deneire Jolan | Brugge | 2002 | MJUN | 11 | 0:40:45 | 8,25 | 7:17 |
| 96 | 89 | Vershelde Lies | Aartrijke | 1986 | VSEN | 18 | 0:40:50 | 8,23 | 7:18 |
| 97 | 95 | Denolf Annemie | Brugge | 1972 | VMAS | 30 | 0:40:51 | 8,23 | 7:18 |
| 98 | 99 | Opstaele Kathelijne | Brugge | 1971 | VMAS | 31 | 0:40:59 | 8,20 | 7:19 |
| 99 | 55 | Verbrugghe Dominiek | Hooglede | 1972 | MMAS | 29 | 0:41:21 | 8,13 | 7:23 |
| 100 | 10 | Van Derbeken Lore | Gits | | VJUN | 2 | 0:41:44 | 8,05 | 7:27 |
| 101 | 112 | Deweerd Laura | Roeselare | 2003 | VJUN | 3 | 0:42:57 | 7,82 | 7:40 |
| 102 | 113 | Deweerd Gianni | Roeselare | 1973 | MMAS | 30 | 0:42:58 | 7,82 | 7:40 |

5e Lenteloop Gits - 24 maart 2013

11,2 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|----------------|------|------|-------|---------|-------|---------|
| 1 | 310 | Vermander Glenn | Dadizele | 1985 | MSEN | 1 | 0:39:37 | 16,96 | 3:32 |
| 2 | 361 | Devos Gerd | Dentergem | 1989 | MSEN | 2 | 0:39:47 | 16,89 | 3:33 |
| 3 | 484 | Vander Meiren Thijs | Roeselare | 1985 | MSEN | 3 | 0:39:52 | 16,86 | 3:34 |
| 4 | 320 | Desmet Vincent | Roeselare | 1976 | MMAS | 1 | 0:40:16 | 16,69 | 3:36 |
| 5 | 492 | Vandewalle Jeroen | Staden | 1985 | MSEN | 4 | 0:40:23 | 16,64 | 3:36 |
| 6 | 329 | Stockman Stefaan | Kortrijk | 1977 | MMAS | 2 | 0:40:47 | 16,48 | 3:38 |
| 7 | 485 | Walraedt Gilbert | Roeselare | | MMAS | 3 | 0:40:50 | 16,46 | 3:39 |
| 8 | 370 | Dewilde Wim | Ieper | 1984 | MSEN | 5 | 0:40:54 | 16,43 | 3:39 |
| 9 | 299 | Bossuyt Tijs | Hulste | 1987 | MSEN | 6 | 0:41:00 | 16,39 | 3:40 |
| 10 | 453 | Lanssens Ward | Sint Juliaan | 1968 | MMAS | 4 | 0:41:33 | 16,17 | 3:43 |
| 11 | 349 | Timperman Felix | Rumbeke | 1975 | MMAS | 5 | 0:42:08 | 15,95 | 3:46 |
| 12 | 469 | Dekiere Thijs | Roeselare | 1991 | MSEN | 7 | 0:42:37 | 15,77 | 3:48 |
| 13 | 436 | Kins Jeroen | Geluwe | 1987 | MSEN | 8 | 0:43:07 | 15,59 | 3:51 |
| 14 | 301 | Descamps Francis | Roeselare | 1977 | MMAS | 6 | 0:43:17 | 15,53 | 3:52 |
| 15 | 391 | Schapman Carlos | Kortemark | | MMAS | 7 | 0:43:26 | 15,47 | 3:53 |
| 16 | 316 | Baeckelant Roeland | Roeselare | 1969 | MMAS | 8 | 0:43:32 | 15,44 | 3:53 |
| 17 | 302 | Coysman Carlos | Wevelgem | 1978 | MSEN | 9 | 0:43:52 | 15,32 | 3:55 |
| 18 | 341 | Demuyne Annelies | Bredene | 1982 | VSEN | 1 | 0:43:56 | 15,30 | 3:55 |
| 19 | 434 | Wackenier Tom | Lichtervelde | | MSEN | 10 | 0:43:57 | 15,29 | 3:55 |
| 20 | 319 | Knockaert Wouter | Staden | 1975 | MMAS | 9 | 0:44:00 | 15,27 | 3:56 |
| 21 | 339 | Brouckaert Bernard | Gits | 1971 | MMAS | 10 | 0:44:04 | 15,25 | 3:56 |
| 22 | 317 | Baeckelant Sam | Roeselare | 1997 | MJUN | 1 | 0:44:27 | 15,12 | 3:58 |
| 23 | 294 | Geeraert Sebastiaan | Menen | 1986 | MSEN | 11 | 0:44:29 | 15,11 | 3:58 |
| 24 | 446 | Van Haecht Joachim | Roeselare | 1994 | MJUN | 2 | 0:44:33 | 15,08 | 3:59 |
| 25 | 374 | Derck Hendrik | Langemark | 1974 | MMAS | 11 | 0:44:54 | 14,97 | 4:01 |
| 26 | 300 | Stockman Willem | Roeselare | 1966 | MMAS | 12 | 0:45:03 | 14,92 | 4:01 |
| 27 | 380 | Boddin Steven | Rumbeke | 1983 | MSEN | 12 | 0:45:05 | 14,91 | 4:02 |
| 28 | 328 | Goesaert Jan | Kortrijk | 1973 | MMAS | 13 | 0:45:09 | 14,88 | 4:02 |
| 29 | 430 | Labaere Alexander | Ichtegem | 1979 | MSEN | 13 | 0:45:17 | 14,84 | 4:03 |
| 30 | 498 | Vanthomme Niek | Poelkapelle | 1971 | MMAS | 14 | 0:45:20 | 14,82 | 4:03 |
| 31 | 455 | Vansevenant Geert | Torhout | | MMAS | 15 | 0:45:33 | 14,75 | 4:04 |
| 32 | 318 | Vandewalle Pedro | Veldegem | 1982 | MSEN | 14 | 0:46:05 | 14,58 | 4:07 |
| 33 | 477 | Vandenweghe Juan | Menen | 1979 | MSEN | 15 | 0:46:10 | 14,56 | 4:07 |
| 34 | 381 | Lezy Bart | Roeselare | 1978 | MMAS | 16 | 0:46:11 | 14,55 | 4:07 |
| 35 | 488 | Labaere Martin | Roeselare | 1962 | MMAS | 17 | 0:46:12 | 14,55 | 4:08 |
| 36 | 325 | Gadeyne Kevin | Ichtegem | 1986 | MSEN | 16 | 0:46:24 | 14,48 | 4:09 |
| 37 | 350 | Van D'huynslager Gino | Staden | 1974 | MMAS | 18 | 0:46:30 | 14,45 | 4:09 |
| 38 | 369 | Vandenbroucke Klaas | Mariakerke | 1981 | MSEN | 17 | 0:46:35 | 14,43 | 4:10 |
| 39 | 403 | Louage Laurens | Hooglede | 1985 | MSEN | 18 | 0:46:38 | 14,41 | 4:10 |
| 40 | 376 | Brulez Kurt | Roeselare | 1968 | MMAS | 19 | 0:46:39 | 14,41 | 4:10 |
| 41 | 331 | Ghesquiere Franky | Wervik | 1971 | MMAS | 20 | 0:46:42 | 14,39 | 4:10 |
| 42 | 489 | Hoornaert Tom | Rumbeke | 1969 | MMAS | 21 | 0:46:46 | 14,37 | 4:11 |
| 43 | 422 | Vercaigne Andy | Roeselare | 1975 | MMAS | 22 | 0:46:51 | 14,34 | 4:11 |
| 44 | 415 | Vinckier Gunther | Lichtervelde | 1973 | MMAS | 23 | 0:46:57 | 14,31 | 4:12 |
| 45 | 497 | Verhelst Christophe | Passendale | 1975 | MMAS | 24 | 0:47:03 | 14,28 | 4:12 |
| 46 | 435 | Courtens Frederik | Koekelare | 1982 | MSEN | 19 | 0:47:05 | 14,27 | 4:12 |
| 47 | 437 | Debeuf Nico | Lichtervelde | 1971 | MMAS | 25 | 0:47:14 | 14,23 | 4:13 |
| 48 | 288 | Decock Wouter | Koekelare | 1983 | MSEN | 20 | 0:47:19 | 14,20 | 4:13 |
| 49 | 419 | Vanderhaeghe Vital | Moorslede | | MJUN | 3 | 0:47:28 | 14,16 | 4:14 |
| 50 | 481 | Degraeve Kenny | Dadizele | 1985 | MSEN | 21 | 0:47:54 | 14,03 | 4:17 |
| 51 | 400 | Walraedt Elmer | Roeselare | 1986 | MSEN | 22 | 0:48:13 | 13,94 | 4:18 |
| 52 | 334 | Koopman Dirk | Wervik | 1962 | MMAS | 26 | 0:48:19 | 13,91 | 4:19 |
| 53 | 330 | De Laere Annick | Anzegem | 1974 | VMAS | 1 | 0:48:21 | 13,90 | 4:19 |
| 54 | 372 | Bouckaert Chris | Roeselare | 1976 | MMAS | 27 | 0:48:26 | 13,87 | 4:19 |
| 55 | 490 | Tuytens Gino | Oekene | | MMAS | 28 | 0:48:36 | 13,83 | 4:20 |
| 56 | 364 | Avereyn Luc | Roeselare | | MMAS | 29 | 0:48:56 | 13,73 | 4:22 |
| 57 | 494 | Barbé Guido | Geraardsbergen | | MMAS | 30 | 0:49:05 | 13,69 | 4:23 |
| 58 | 404 | Declercq Julie | Moorsele | 1978 | VMAS | 2 | 0:49:19 | 13,63 | 4:24 |
| 59 | 423 | Bruyneel Stijn | Rumbeke | 1980 | MSEN | 23 | 0:49:20 | 13,62 | 4:24 |
| 60 | 342 | Ampe Fré | Deinze | 1976 | MMAS | 31 | 0:49:23 | 13,61 | 4:25 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------|----------------|------|------|-------|---------|-------|---------|
| 61 | 468 | Dekiere Filip | Roeselare | 1961 | MMAS | 32 | 0:49:27 | 13,59 | 4:25 |
| 62 | 322 | Schamelhout Lode | Harelbeke | 1963 | MMAS | 33 | 0:49:35 | 13,55 | 4:26 |
| 63 | 365 | Eecloo Lieze | Lichtervelde | 1991 | VSEN | 2 | 0:49:42 | 13,52 | 4:26 |
| 64 | 482 | Bostyn Steven | Zonnebeke | 1973 | MMAS | 34 | 0:50:09 | 13,40 | 4:29 |
| 65 | 440 | Deltour Steven | Gits | 1978 | MSEN | 24 | 0:50:15 | 13,37 | 4:29 |
| 66 | 352 | Dejonckheere Wim | Lendelede | 1967 | MMAS | 35 | 0:50:18 | 13,36 | 4:29 |
| 67 | 357 | Decuypere Steven | Roeselare | 1985 | MSEN | 25 | 0:50:33 | 13,29 | 4:31 |
| 68 | 314 | Vanderheede Stefaan | Ledegem | 1981 | MSEN | 26 | 0:50:37 | 13,28 | 4:31 |
| 69 | 407 | Cappoen Rudi | Kortemark | 1970 | MMAS | 36 | 0:50:41 | 13,26 | 4:32 |
| 70 | 449 | Van Den Bossche Koen | Wakken | | MMAS | 37 | 0:50:43 | 13,25 | 4:32 |
| 71 | 417 | Moerman Bart | Roeselare | | MMAS | 38 | 0:50:58 | 13,19 | 4:33 |
| 72 | 448 | Deseyn Carline | Deerlijk | 1966 | VMAS | 3 | 0:51:03 | 13,16 | 4:33 |
| 73 | 280 | Van Valckenborgh Jef | Rumbeke | 1988 | MSEN | 27 | 0:51:30 | 13,05 | 4:36 |
| 74 | 447 | Coopman Bart | Oostnieuwkerke | 1983 | MSEN | 28 | 0:51:33 | 13,04 | 4:36 |
| 75 | 306 | Viaene Elke | Lichtervelde | 1967 | VMAS | 4 | 0:52:11 | 12,88 | 4:40 |
| 76 | 418 | Himbrecht Gunther | Roeselare | 1967 | MMAS | 39 | 0:52:30 | 12,80 | 4:41 |
| 77 | 394 | Cuvelier Dieter | Roeselare | 1977 | MMAS | 40 | 0:52:36 | 12,78 | 4:42 |
| 78 | 354 | Proot Thomas | Torhout | 1978 | MMAS | 41 | 0:52:40 | 12,76 | 4:42 |
| 79 | 353 | Verhelst Hein | Hooglede | 1977 | MMAS | 42 | 0:52:45 | 12,74 | 4:43 |
| 80 | 479 | Fauvarque Bjorn | Beselare | 1977 | MMAS | 43 | 0:52:53 | 12,71 | 4:43 |
| 81 | 335 | Bauwens Geert | Rumbeke | 1963 | MMAS | 44 | 0:52:54 | 12,70 | 4:43 |
| 82 | 327 | Dedrie Philip | Roeselare | 1966 | MMAS | 45 | 0:52:55 | 12,70 | 4:43 |
| 83 | 392 | Vandenbroucke Koen | Lichtervelde | 1966 | MMAS | 46 | 0:52:57 | 12,69 | 4:44 |
| 84 | 324 | Vandewalle Steven | Kachtem | 1987 | MSEN | 29 | 0:52:58 | 12,69 | 4:44 |
| 85 | 410 | Frère Mia | Waregem | 1956 | VMAS | 5 | 0:53:01 | 12,68 | 4:44 |
| 86 | 298 | Goossens Martin | Roeselare | 1966 | MMAS | 47 | 0:53:07 | 12,65 | 4:45 |
| 87 | 351 | Timmerman Bart | Lovendegem | 1973 | MMAS | 48 | 0:53:21 | 12,60 | 4:46 |
| 88 | 487 | Bruneel Tom | Roeselare | 1972 | MMAS | 49 | 0:53:30 | 12,56 | 4:47 |
| 89 | 445 | Verbrugge Stefan | Roeselare | 1967 | MMAS | 50 | 0:53:32 | 12,55 | 4:47 |
| 90 | 428 | Deburghgraeve Bjorn | Hooglede | 1974 | MMAS | 51 | 0:53:36 | 12,54 | 4:47 |
| 91 | 427 | Bruggeman Rik | Roeselare | | MMAS | 52 | 0:53:37 | 12,53 | 4:47 |
| 92 | 311 | Devos Caroline | Kortemark | 1972 | VMAS | 6 | 0:53:44 | 12,51 | 4:48 |
| 93 | 323 | Ghyllbert Wim | Lichtervelde | 1974 | MMAS | 53 | 0:53:50 | 12,48 | 4:48 |
| 94 | 308 | Depoortere Dries | Hulste | 1968 | MMAS | 54 | 0:53:52 | 12,48 | 4:49 |
| 95 | 359 | Anckaert Filip | Hooglede | 1970 | MMAS | 55 | 0:53:53 | 12,47 | 4:49 |
| 96 | 356 | Michael Vienne | Gits | 1989 | MSEN | 30 | 0:53:56 | 12,46 | 4:49 |
| 97 | 393 | Debrauwer Brecht | Roeselare | 1984 | MSEN | 31 | 0:53:58 | 12,45 | 4:49 |
| 98 | 336 | Vandepitte Henny | Kortemark | 1973 | MMAS | 56 | 0:54:07 | 12,42 | 4:50 |
| 99 | 344 | Dewulf Alexander | Ardoorie | 1982 | MSEN | 32 | 0:54:24 | 12,35 | 4:51 |
| 100 | 458 | Verhaest Danny | Roeselare | | MMAS | 57 | 0:54:36 | 12,31 | 4:53 |
| 101 | 383 | Platteeuw Lieven | Roeselare | 1985 | MSEN | 33 | 0:54:38 | 12,30 | 4:53 |
| 102 | 287 | Hillewaere Koen | Roeselare | 1968 | MMAS | 58 | 0:54:50 | 12,26 | 4:54 |
| 103 | 315 | Vandevoorde Katleen | Roeselare | 1960 | VMAS | 7 | 0:54:53 | 12,24 | 4:54 |
| 104 | 414 | Breyne Nele | Gits | 1977 | VMAS | 8 | 0:54:54 | 12,24 | 4:54 |
| 105 | 307 | Lerminez Diego | Hooglede | 1974 | MMAS | 59 | 0:54:58 | 12,23 | 4:54 |
| 106 | 366 | Vyncke Carl | Izegem | 1966 | MMAS | 60 | 0:55:28 | 12,12 | 4:57 |
| 107 | 409 | Demeestere Luc | Zwevegem | 1948 | MMAS | 61 | 0:55:35 | 12,09 | 4:58 |
| 108 | 460 | Feys Karel | Roeselare | 1976 | MMAS | 62 | 0:55:43 | 12,06 | 4:58 |
| 109 | 326 | Ghyselen Stefaan | Roeselare | 1968 | MMAS | 63 | 0:55:50 | 12,04 | 4:59 |
| 110 | 390 | Desmet Mark | Rumbeke | 1967 | MMAS | 64 | 0:55:51 | 12,03 | 4:59 |
| 111 | 348 | Lepoudre Jean-Pierre | Ichtegem | 1954 | MMAS | 65 | 0:55:54 | 12,02 | 4:59 |
| 112 | 397 | Veranneman Albrecht | Roeselare | 1952 | MMAS | 66 | 0:56:18 | 11,94 | 5:02 |
| 113 | 483 | Lezy Jozef | Roeselare | 1939 | MMAS | 67 | 0:56:21 | 11,93 | 5:02 |
| 114 | 346 | Van Der Weyden Jos | Ichtegem | 1965 | MMAS | 68 | 0:56:22 | 11,92 | 5:02 |
| 115 | 343 | Verlinde Nil | Kortemark | 1977 | MMAS | 69 | 0:56:27 | 11,90 | 5:02 |
| 116 | 304 | Swaenepoel Johan | Hooglede | 1968 | MMAS | 70 | 0:56:33 | 11,88 | 5:03 |
| 117 | 470 | Derluyn Martine | Roeselare | 1968 | VMAS | 9 | 0:56:36 | 11,87 | 5:03 |
| 118 | 413 | Pluy Johan | Hooglede | | MMAS | 71 | 0:56:41 | 11,86 | 5:04 |
| 119 | 313 | Decorte Frederik | Hooglede | 1972 | MMAS | 72 | 0:56:44 | 11,84 | 5:04 |
| 120 | 290 | Reyntjens Jan | Roeselare | 1966 | MMAS | 73 | 0:56:48 | 11,83 | 5:04 |
| 121 | 363 | Leenknecht Pieter-Jan | Roeselare | 1987 | MSEN | 34 | 0:57:49 | 11,62 | 5:10 |
| 122 | 286 | Delaere Carl | Izegem | 1963 | MMAS | 74 | 0:57:52 | 11,61 | 5:10 |
| 123 | 425 | Moeyaert Robin | Roeselare | 1981 | MSEN | 35 | 0:58:04 | 11,57 | 5:11 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|----------------------|--------------|------|------|-------|---------|-------|---------|
| 124 | 291 | Degeetere Wim | Roeselare | 1970 | MMAS | 75 | 0:58:07 | 11,56 | 5:11 |
| 125 | 478 | Hoornaert Gerdi | Geluwe | 1968 | MMAS | 76 | 0:58:09 | 11,56 | 5:12 |
| 126 | 386 | De Witte Andries | Passendale | 1978 | MSEN | 36 | 0:58:12 | 11,55 | 5:12 |
| 127 | 295 | Deryckere Chris | Lauwe | 1960 | MMAS | 77 | 0:58:13 | 11,54 | 5:12 |
| 128 | 360 | Martens Herbert | Rumbeke | 1977 | MMAS | 78 | 0:58:18 | 11,53 | 5:12 |
| 129 | 340 | Meere Bart | Bredene | 1977 | MMAS | 79 | 0:58:22 | 11,51 | 5:13 |
| 130 | 312 | Roose Jeroen | Hooglede | 1992 | MSEN | 37 | 0:58:24 | 11,51 | 5:13 |
| 131 | 373 | Teetaert Silvia | Langemark | | VMAS | 10 | 0:58:26 | 11,50 | 5:13 |
| 132 | 454 | Debal Rik | Rumbeke | 1959 | MMAS | 80 | 0:58:27 | 11,50 | 5:13 |
| 133 | 439 | Verbeke Sabine | Lichtervelde | | VMAS | 11 | 0:58:53 | 11,41 | 5:15 |
| 134 | 476 | Ardenoy Hein | Lichtervelde | 1965 | MMAS | 81 | 0:58:54 | 11,41 | 5:16 |
| 135 | 289 | Eecloo Kris | Lichtervelde | 1965 | MMAS | 82 | 0:58:56 | 11,40 | 5:16 |
| 136 | 362 | Kins Nele | Geluwe | 1979 | VSEN | 3 | 0:59:27 | 11,30 | 5:18 |
| 137 | 358 | Viaene Inge | Lichtervelde | | VMAS | 12 | 0:59:31 | 11,29 | 5:19 |
| 138 | 355 | Moeyaert Carl | Gits | 1963 | MMAS | 83 | 0:59:31 | 11,29 | 5:19 |
| 139 | 431 | Debrabander Sylvia | Roeselare | 1992 | VSEN | 4 | 0:59:40 | 11,26 | 5:20 |
| 140 | 292 | Bonte Tom | Roeselare | 1973 | MMAS | 84 | 0:59:56 | 11,21 | 5:21 |
| 141 | 296 | Maertens Lucy | Roeselare | 1969 | VMAS | 13 | 1:00:12 | 11,16 | 5:23 |
| 142 | 384 | Dekeyser Siska | Roeselare | 1984 | VSEN | 5 | 1:00:14 | 11,16 | 5:23 |
| 143 | 303 | Berghman Koen | Hooglede | 1969 | MMAS | 85 | 1:00:19 | 11,14 | 5:23 |
| 144 | 281 | Mallezie Bart | Gits | 1965 | MMAS | 86 | 1:01:06 | 11,00 | 5:27 |
| 145 | 424 | Declerck Sofie | Lichtervelde | 1989 | VSEN | 6 | 1:01:20 | 10,96 | 5:29 |
| 146 | 333 | Debeuf Joke | Wervik | 1969 | VMAS | 14 | 1:01:32 | 10,92 | 5:30 |
| 147 | 467 | Vanderhaeghe Katrien | Roeselare | 1966 | VMAS | 15 | 1:01:48 | 10,87 | 5:31 |
| 148 | 367 | Lefevere Valerie | Roeselare | 1975 | VMAS | 16 | 1:01:51 | 10,86 | 5:31 |
| 149 | 443 | Missinne Greet | Aartrijke | 1960 | VMAS | 17 | 1:01:54 | 10,86 | 5:32 |
| 150 | 411 | Verhaeghe Hildegard | Roeselare | | VMAS | 18 | 1:02:00 | 10,84 | 5:32 |
| 151 | 338 | Malfait Marjan | Blankenberge | 1957 | VMAS | 19 | 1:02:15 | 10,80 | 5:33 |
| 152 | 337 | Decoster Patrick | Izegem | 1960 | MMAS | 87 | 1:02:17 | 10,79 | 5:34 |
| 153 | 444 | Parmentier Carine | Roeselare | 1970 | VMAS | 20 | 1:02:34 | 10,74 | 5:35 |
| 154 | 377 | Degryse Steven | Roeselare | 1987 | MSEN | 38 | 1:02:40 | 10,72 | 5:36 |
| 155 | 321 | Garré Saskia | Harelbeke | 1974 | VMAS | 21 | 1:02:51 | 10,69 | 5:37 |
| 156 | 389 | Pollentier Sigrid | Rumbeke | 1973 | VMAS | 22 | 1:02:52 | 10,69 | 5:37 |
| 157 | 451 | Geirnaert Filip | Drongen | 1969 | MMAS | 88 | 1:02:56 | 10,68 | 5:37 |
| 158 | 309 | Devos Carl | Kortrijk | 1965 | MMAS | 89 | 1:03:08 | 10,64 | 5:38 |
| 159 | 293 | Vandenberghen Aron | Werken | 1993 | MJUN | 4 | 1:03:24 | 10,60 | 5:40 |
| 160 | 297 | Van Marcke Mieke | Ardoorie | 1973 | VMAS | 23 | 1:03:28 | 10,59 | 5:40 |
| 161 | 480 | Derycke Isabelle | Ledegem | 1977 | VMAS | 24 | 1:04:02 | 10,49 | 5:43 |
| 162 | 493 | Delanoy Trees | Hooglede | 1976 | VMAS | 25 | 1:04:10 | 10,47 | 5:44 |
| 163 | 347 | Clybouw Martine | Ichtegem | 1959 | VMAS | 26 | 1:04:14 | 10,46 | 5:44 |
| 164 | 465 | Vanderhaeghe Lotte | Roeselare | 1985 | VSEN | 7 | 1:04:20 | 10,45 | 5:45 |
| 165 | 462 | Danis Dorine | Rumbeke | 1966 | VMAS | 27 | 1:04:21 | 10,44 | 5:45 |
| 166 | 332 | Staessen Annelies | Wervik | 1972 | VMAS | 28 | 1:04:24 | 10,43 | 5:45 |
| 167 | 399 | Carlier Trui | Izegem | | VMAS | 29 | 1:04:28 | 10,42 | 5:45 |
| 168 | 345 | Maertens Freddy | Ichtegem | 1950 | MMAS | 90 | 1:04:29 | 10,42 | 5:45 |
| 169 | 371 | Clarebout Nicolas | Schaarbeek | 1985 | MSEN | 39 | 1:06:19 | 10,13 | 5:55 |
| 170 | 461 | Pitteljon Freddy | Rumbeke | 1953 | MMAS | 91 | 1:07:51 | 9,90 | 6:03 |
| 171 | 382 | Dekeyser Pieternel | Roeselare | 1989 | VSEN | 8 | 1:07:55 | 9,89 | 6:04 |
| 172 | 475 | Himbrecht Diana | Rumbeke | 1963 | VMAS | 30 | 1:08:36 | 9,80 | 6:08 |
| 173 | 405 | Dekeyser Patrick | Rumbeke | 1953 | MMAS | 92 | 1:08:36 | 9,80 | 6:08 |
| 174 | 305 | Thorrez Sander | Passendale | 1993 | MJUN | 5 | 1:09:32 | 9,66 | 6:13 |
| 175 | 456 | Degrande Ann | Roeselare | 1967 | VMAS | 31 | 1:10:01 | 9,60 | 6:15 |
| 176 | 450 | Vansteenkiste Koen | Gistel | | MMAS | 93 | 1:11:25 | 9,41 | 6:23 |
| 177 | 401 | Goegebeur Iris | Ichtegem | 1969 | VMAS | 32 | 1:12:05 | 9,32 | 6:26 |
| 178 | 388 | Roels Astrid | Roeselare | 2003 | VJUN | 1 | 1:18:29 | 8,56 | 7:00 |
| 179 | 402 | Delannoy Kelly | Harelbeke | 1978 | VSEN | 9 | 1:19:41 | 8,43 | 7:07 |
| 180 | 368 | Roels Felix | Roeselare | 2001 | MJUN | 6 | 1:19:47 | 8,42 | 7:07 |
| 181 | 387 | Roels Lieven | Roeselare | 1972 | MMAS | 94 | 1:19:47 | 8,42 | 7:07 |