

5e Tussen 2 Feestenloop Westkapelle (Knokke-Heist) - 26 december 2012

5,5 KM

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
1	130	SAMSON Jente	BERLARE	21	her	1	0:19:09	17,23	3:29
2	94	HOET Robin	GITS	19	her	2	0:19:23	17,02	3:31
3	127	WILLEMS Mathieu	KNOKKE-HEIST	13	juh	1	0:20:34	16,05	3:44
4	17	VANDENBUSSCHE Guust	BRUGGE	14	juh	2	0:20:38	15,99	3:45
5	124	CORNU Benny	STEKENE	43	her	3	0:20:51	15,83	3:47
6	148	PUYSTJENS Gino	LOMBARDSIJDE	50	her	4	0:20:57	15,75	3:49
7	100	DEWAELE Quinten	KNOKKE-HEIST	15	juh	3	0:21:46	15,16	3:57
8	133	DENYS Jasper	ASSEBROEK	11	juh	4	0:22:22	14,75	4:04
9	67	VAN DEN BROECK Herman	HOEILAART	41	her	5	0:22:27	14,70	4:05
10	64	DE DECKER Peter	MALDEGEM	36	her	6	0:22:40	14,56	4:07
11	120	DESPIEGELAERE Andy	MALDEGEM	27	her	7	0:23:12	14,22	4:13
12	118	VERBEKE Bert	SINT-LAUREINS	30	her	8	0:23:13	14,21	4:13
13	43	PINCKET Niels	KNOKKE-HEIST	16	her	9	0:23:26	14,08	4:16
14	131	HAEGHEBAERT Robin	KNOKKE-HEIST	20	her	10	0:23:49	13,86	4:20
15	154	DE BRUYCKER Robbe	HOUTAVE	11	juh	5	0:24:34	13,43	4:28
16	179	BEYNE Benny	OOSTENDE	30	her	11	0:24:38	13,40	4:29
17	122	ROOS Joel	FRASNES	44	her	12	0:24:43	13,35	4:30
18	197	BRUSSELLE Joeri	DEINZE	27	her	13	0:24:54	13,25	4:32
19	16	VANDENBUSSCHE Juliette	BRUGGE	10	juf	1	0:25:01	13,19	4:33
20	158	TILLY Steve	OOSTKAMP	35	her	14	0:25:07	13,14	4:34
21	61	VAN DE SOMPELE Stefaan	KNOKKE-HEIST	49	her	15	0:25:14	13,08	4:35
22	75	BIJNENS Olivier		10	juh	6	0:25:19	13,03	4:36
23	42	STUL Geert	DAMME	43	her	16	0:25:46	12,81	4:41
24	178	BEYEN Kathy	OOSTENDE	29	vro	1	0:25:55	12,73	4:43
25	164	CSEPREGI Julien	KNOKKE-HEIST	11	juh	7	0:26:22	12,52	4:48
26	103	CLAEYS Kasper	KNOKKE-HEIST	9	juh	8	0:26:42	12,36	4:51
27	150	VERFAILLE Niels	KNOKKE-HEIST	10	juh	9	0:26:43	12,35	4:51
28	149	VERFAILLE Jurgen	KNOKKE-HEIST	39	her	17	0:26:50	12,30	4:53
29	39	IAN Lodens	KNOKKE-HEIST	14	juh	10	0:26:56	12,25	4:54
30	126	MERLEVEDE Brecht	KNOKKE-HEIST	12	juh	11	0:27:01	12,21	4:55
31	152	DEVREESE Ignace	KNOKKE-HEIST	29	her	18	0:27:13	12,12	4:57
32	111	COOREMAN Anne-Marie	ESSEN	39	vro	2	0:27:17	12,10	4:58
33	87	DE WEERT Paul	KNOKKE-HEIST	42	her	19	0:27:20	12,07	4:58
34	140	PREVOST Pierre	KNOKKE-HEIST	10	juh	12	0:27:28	12,01	5:00
35	199	VANESTE Achiel	BEERSE	11	juh	13	0:27:29	12,01	5:00
36	147	ASPESLAGH Katrien	LOMBARDSIJDE	46	vro	3	0:27:33	11,98	5:01
37	101	WINTEIN Jeannine	LAPSCHEURE	52	vro	4	0:27:41	11,92	5:02
38	174	VANBELLEGHEM Maxim	KNOKKE-HEIST	11	juh	14	0:27:42	11,91	5:02
39	23	POTTIE Matthias	KNOKKE-HEIST	25	her	20	0:27:47	11,88	5:03
40	56	MAES Viktor	MOORSELE	13	juh	15	0:27:54	11,83	5:04
41	68	GOETHALS Stef	KNOKKE-HEIST	16	her	21	0:27:55	11,82	5:05
42	109	KERCKHOVE Jens	OOSTKERKE (DAMME)	16	her	22	0:27:56	11,81	5:05
43	177	VAN DE WIELE Kristof	OUDENAARDE	39	her	23	0:27:59	11,79	5:05
44	50	VILAIN Roger	KNOKKE-HEIST	68	her	24	0:28:10	11,72	5:07
45	129	MAMPAEY Jasper	BROECHEM	11	juh	16	0:28:24	11,62	5:10
46	184	VANHUYNEGEM Red	KNOKKE-HEIST	48	her	25	0:28:26	11,61	5:10
47	93	DE RUYTER Johnny	KNOKKE-HEIST	41	her	26	0:28:27	11,60	5:10
48	139	VANHOREN Jean-Paul	ZEEBRUGGE	40	her	27	0:28:27	11,60	5:10
49	78	IDE Lowie	KNOKKE-HEIST	12	juh	17	0:28:44	11,48	5:13
50	201	VERMEERSCH Carine	KNOKKE-HEIST	13	juf	2	0:28:46	11,47	5:14
51	6	DUCOULOMBIER Bixenti	LISSEWEGE	9	juh	18	0:28:47	11,46	5:14
52	205	MATTHEEUWS Stan	KNOKKE-HEIST	15	juh	19	0:28:49	11,45	5:14
53	173	BELLAERT Nancy	ASSEBROEK	34	vro	5	0:28:54	11,42	5:15
54	84	VAN DE SOMPELE Sander	KNOKKE-HEIST	19	her	28	0:29:06	11,34	5:17
55	143	TRIO Maxim	KNOKKE-HEIST	14	juh	20	0:29:08	11,33	5:18
56	114	LOUAGIE Maxim	KNOKKE-HEIST	10	juh	21	0:29:12	11,30	5:19
57	14	JOLIEN Desnyder	KNOKKE-HEIST	12	juf	3	0:29:13	11,29	5:19
58	123	OTS Erna	KNOKKE-HEIST	59	vro	6	0:29:15	11,28	5:19
59	71	TACK Camille	BEERNEM	64	her	29	0:29:30	11,19	5:22

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
60	106	ANTHEUNIS Jasper	KNOKKE-HEIST	9	juh	22	0:29:31	11,18	5:22
61	102	DE MEYER Robin	WESTKAPELLE	14	juh	23	0:29:31	11,18	5:22
62	134	DENYS Jan	ASSEBROEK	43	her	30	0:29:38	11,14	5:23
63	98	MOLLE Thomas	ZEEBRUGGE	11	juh	24	0:29:59	11,01	5:27
64	187	DEGRAEVE Eveline	KNOKKE-HEIST	43	vro	7	0:30:01	10,99	5:27
65	18	NUYTS Erik	BRUGGE ST ANDRIES	56	her	31	0:30:01	10,99	5:27
66	189	QUINTENS Brecht	UCCLE	27	her	32	0:30:07	10,96	5:29
67	82	COSYNS Simon	GENT	10	juh	25	0:30:10	10,94	5:29
68	191	DECORTE Kasper	KNOKKE-HEIST	10	juh	26	0:30:13	10,92	5:30
69	47	BLONDEEL Eddy	KNOKKE-HEIST	63	her	33	0:30:14	10,92	5:30
70	46	VANPARYS Marijke	KNOKKE-HEIST	27	vro	8	0:30:15	10,91	5:30
71	161	GOUWELoose Arno	KNOKKE-HEIST	7	juh	27	0:30:16	10,90	5:30
72	156	RIJCKAERT Stanny	KNOKKE-HEIST	10	juh	28	0:30:16	10,90	5:30
73	384	GOUWELoose Bernard	KNOKKE	38	her	34	0:30:17	10,90	5:30
74	183	LEFLOT Louis	ELSENE	8	juh	29	0:30:23	10,86	5:31
75	176	RENDERS Alex	BLANKENBERGE	16	her	35	0:30:24	10,86	5:32
76	162	STEVENS Kimmy	KNOKKE-HEIST	30	vro	9	0:30:25	10,85	5:32
77	13	DIELTJENS Reinhilde	KNOKKE-HEIST	46	vro	10	0:30:27	10,84	5:32
78	34	VERDUYN Stefanie	LISSEWEGE	32	vro	11	0:30:33	10,80	5:33
79	96	PLOVIER Caroline	BRUGGE	28	vro	12	0:30:33	10,80	5:33
80	112	DE CLERCK Delphine	SINT-MICHIELS	30	vro	13	0:30:39	10,77	5:34
81	113	DEZUTTER Pascal	BRUGGE	35	her	36	0:30:40	10,76	5:35
82	5	VIAENE Yarno	KNOKKE-HEIST	14	juh	30	0:30:44	10,74	5:35
83	70	DEVISCH Eline	LISSEWEGE	9	juf	4	0:30:49	10,71	5:36
84	163	SERGEANT Marnix	MERENDREE	66	her	37	0:31:00	10,65	5:38
85	38	RYAN Lodens	KNOKKE-HEIST	12	juh	31	0:31:03	10,63	5:39
86	59	PAUWAERT Patrick	KNOKKE-HEIST	51	her	38	0:31:04	10,62	5:39
87	167	VERMEERSCH Fauve	KNOKKE-HEIST	11	juf	5	0:31:08	10,60	5:40
88	44	DE GROOTE Stijn	AALTER	26	her	39	0:31:09	10,59	5:40
89	188	QUINTENS Luc	DAMME	54	her	40	0:31:13	10,57	5:41
90	194	DECLERCK Anais	ETTELGEM	13	juf	6	0:31:13	10,57	5:41
91	107	VERVARCKE Katrien	OOSTKERKE (DAMME)	42	vro	14	0:31:13	10,57	5:41
92	108	KERCKHOVE Yves	OOSTKERKE (DAMME)	50	her	41	0:31:13	10,57	5:41
93	104	ANTHEUNIS Sarah	WESTKAPELLE	13	juf	7	0:31:14	10,57	5:41
94	32	HUYS Bart	KNOKKE-HEIST	11	juh	32	0:31:15	10,56	5:41
95	166	VERMEERSCH Kurt	KNOKKE-HEIST	43	her	42	0:31:27	10,49	5:43
96	165	VAN BELLEGHEM M	KNOKKE-HEIST	46	her	43	0:31:29	10,48	5:43
97	83	COSYNS Wim	GENT	40	her	44	0:31:34	10,45	5:44
98	206	MATTHEEUWS Tuur	KNOKKE-HEIST	12	juh	33	0:31:38	10,43	5:45
99	9	DE BUCK Caroline	BRUGGE	46	vro	15	0:31:40	10,42	5:45
100	145	VERHELST Pascale	KNOKKE-HEIST	35	vro	16	0:31:40	10,42	5:45
101	160	STORME Lasse	KNOKKE-HEIST	11	juh	34	0:31:55	10,34	5:48
102	185	DE GROOTE Luc	KNOKKE-HEIST	50	her	45	0:32:00	10,31	5:49
103	180	SEY Louis	KNOKKE-HEIST	10	juh	35	0:32:08	10,27	5:51
104	31	BERNAERT Veronique	KNOKKE-HEIST	52	vro	17	0:32:10	10,26	5:51
105	74	ROBERT Xander	KNOKKE-HEIST	10	juh	36	0:32:10	10,26	5:51
106	53	VANDERSCHAEGHE Louis	KNOKKE-HEIST	10	juh	37	0:32:10	10,26	5:51
107	175	RENDERS Yana	BLANKENBERGE	18	vro	18	0:32:33	10,14	5:55
108	151	SCHRANE Pascale	WILTZ	47	vro	19	0:32:37	10,12	5:56
109	181	ONRAEDT Gonda	RUISELEDE	57	vro	20	0:32:43	10,09	5:57
110	105	MAENHOUT Kathleen	KNOKKE-HEIST	39	vro	21	0:32:44	10,08	5:57
111	141	DEPREITERE Anne-Mie	MOERKERKE	44	vro	22	0:32:51	10,05	5:58
112	144	DOBBELAERE Valerie	MOERKERKE	32	vro	23	0:32:52	10,04	5:59
113	77	DEVOS Filip	KNOKKE-HEIST	45	her	46	0:32:52	10,04	5:59
114	128	FISANTAIA Natcha	KNOKKE-HEIST	15	juh	38	0:33:05	9,97	6:01
115	196	DE BRABANDERE Bert	KNOKKE-HEIST	37	her	47	0:33:15	9,92	6:03
116	169	STROO Tobin	HEIST-AAN-ZEE	22	her	48	0:33:15	9,92	6:03
117	170	BONTE Lieselotte	KNOKKE-HEIST	24	her	49	0:33:17	9,91	6:03
118	193	DECLERCK Eli	ETTELGEM	11	juf	8	0:33:25	9,88	6:05
119	55	MAES Emiel	MOORSELE	10	juh	39	0:33:33	9,84	6:06
120	99	RAES Quirino	ZEEBRUGGE	11	juh	40	0:33:43	9,79	6:08
121	308	DE GROOTE Jempy	KNOKKE-HEIST	38	her	50	0:33:43	9,79	6:08

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
122	33	HUYS Jeroen	KNOKKE-HEIST	13	juh	41	0:33:44	9,78	6:08
123	81	VANSIMAEYS Els	STEKENE	40	vro	24	0:33:44	9,78	6:08
124	168	VANDAMME Joke	ZERKEGEM	25	vro	25	0:33:44	9,78	6:08
125	95	DUYVEJONCK Saar	ASSEBROEK	22	vro	26	0:33:45	9,78	6:08
126	86	VANHOVE Nele	KNOKKE-HEIST	37	vro	27	0:33:52	9,74	6:09
127	49	GHESEQUIERE Wietse	BRUGGE	11	juh	42	0:34:21	9,61	6:15
128	207	CROES Magda	KNOKKE-HEIST	45	vro	28	0:34:23	9,60	6:15
129	40	GUIDO De Vlieghe	SINT-MARTENS-LEERNE	55	her	51	0:34:45	9,50	6:19
130	117	VERMEERSCH Lies	GENT	26	vro	29	0:34:48	9,48	6:20
131	155	DELAFONTAINE Roland	OOSTKAMP	56	her	52	0:34:52	9,46	6:20
132	195	SCHOUPE Britt	KNOKKE-HEIST	25	vro	30	0:34:57	9,44	6:21
133	45	SERBRUYNS Claire	KNOKKE-HEIST	61	vro	31	0:35:01	9,42	6:22
134	8	CLAEYS Nico	KNOKKE-HEIST	37	her	53	0:35:09	9,39	6:23
135	21	RAPPÉ Greetje	KNOKKE-HEIST	46	vro	32	0:35:18	9,35	6:25
136	37	MARÉCHAL Els	BRUGGE ST ANDRIES	28	vro	33	0:35:20	9,34	6:25
137	35	SAVOYE Simon	BRUGGE ST ANDRIES	29	her	54	0:35:20	9,34	6:25
138	7	KREBS Anja	KNOKKE-HEIST	36	vro	34	0:35:30	9,30	6:27
139	88	DE CLERCQ Peggy	KNOKKE-HEIST	41	vro	35	0:35:31	9,29	6:27
140	208	RAPPE Vera	KNOKKE-HEIST	68	vro	36	0:35:33	9,28	6:28
141	192	DECORTE Rune	KNOKKE-HEIST	9	juf	9	0:35:33	9,28	6:28
142	121	COMMEINE Roger	KORTEMARK	74	her	55	0:35:43	9,24	6:30
143	41	ANNIE Wtterwulghe	KNOKKE-HEIST	67	vro	37	0:35:59	9,17	6:33
144	190	DECLERCK Ann	OUDENBURG	45	vro	38	0:36:02	9,16	6:33
145	97	BRAL Jarne	KNOKKE-HEIST	13	juh	43	0:36:03	9,15	6:33
146	54	DECNEUDT Martine	MOORSELE	45	vro	39	0:36:26	9,06	6:37
147	157	BEDERT Christel	KNOKKE-HEIST	42	vro	40	0:36:33	9,03	6:39
148	15	MEYERS Sylvia	KNOKKE-HEIST	44	vro	41	0:36:45	8,98	6:41
149	73	DENISE Gheleyns	KNOKKE-HEIST	54	vro	42	0:36:53	8,95	6:42
150	26	VANHEE Tamara	BLANKENBERGE	35	vro	43	0:36:53	8,95	6:42
151	28	VERCRUYSSSEN Annemie	BRUGGE	54	vro	44	0:36:54	8,94	6:43
152	24	BULTYNCK Karin	KNOKKE-HEIST	36	vro	45	0:36:54	8,94	6:43
153	30	MISSIAEN Jeroen	BLANKENBERGE	23	her	56	0:36:55	8,94	6:43
154	25	VANMASSENHOVE Guido	ZUIENKERKE	52	her	57	0:36:55	8,94	6:43
155	57	MAES Elise	MOORSELE	15	juf	10	0:37:08	8,89	6:45
156	80	GEMOETS Vinciane	KNOKKE-HEIST	50	vro	46	0:37:19	8,84	6:47
157	48	BERTON Lien	GENT	28	vro	47	0:37:25	8,82	6:48
158	172	BOUILLON Marie	KNOKKE-HEIST	11	juf	11	0:37:27	8,81	6:49
159	171	BOUILLON Filip	KNOKKE-HEIST	44	her	58	0:37:27	8,81	6:49
160	137	HOOGEVEEN Roderick	PUTTEN	21	her	59	0:37:30	8,80	6:49
161	135	HOOGEVEEN Marie-Laure	PUTTEN	23	vro	48	0:37:31	8,80	6:49
162	136	HOOGEVEEN Paul	PUTTEN	51	her	60	0:37:31	8,80	6:49
163	125	MERLEVEDE Jasper	KNOKKE-HEIST	9	juh	44	0:37:38	8,77	6:51
164	76	NOBUS Estelle		9	juf	12	0:37:43	8,75	6:51
165	153	NOBUS Vincent		41	her	61	0:37:43	8,75	6:51
166	58	PETER Lierman	KNOKKE-HEIST	43	her	62	0:38:17	8,62	6:58
167	142	VAN LANDSCHOOT Isaura	KNOKKE-HEIST	12	juf	13	0:38:17	8,62	6:58
168	146	VAN DE WATER Johan	KNOKKE-HEIST	38	her	63	0:38:18	8,62	6:58
169	138	HOOGEVEEN Jane	PUTTEN	53	vro	49	0:38:20	8,61	6:58
170	60	ANNICK De Keyser	KNOKKE-HEIST	48	vro	50	0:38:38	8,54	7:01
171	132	SLABINCK Kurt	DAMME	43	her	64	0:38:40	8,53	7:02
172	203	VAN DAMME Nathalie	KNOKKE-HEIST	46	vro	51	0:38:47	8,51	7:03
173	110	COOREMAN Lieve	KNOKKE-HEIST	40	vro	52	0:38:48	8,51	7:03
174	202	STIERS Diane	KNOKKE-HEIST	51	her	65	0:38:49	8,50	7:03
175	36	WILLEMS Lieve	KNOKKE-HEIST	53	vro	53	0:39:02	8,45	7:06
176	116	CORYN Daniella	KNOKKE-HEIST	41	vro	54	0:39:15	8,41	7:08
177	115	DE LANGHE Gilles	KNOKKE-HEIST	16	her	66	0:39:15	8,41	7:08
178	19	DE ROO Veronique	OOSTENDE	33	vro	55	0:39:46	8,30	7:14
179	159	DEBACKER Estée	KNOKKE-HEIST	9	juf	14	0:39:47	8,29	7:14
180	204	VAN COILLIE Jan	KNOKKE-HEIST	45	her	67	0:39:52	8,28	7:15
181	66	STOOP Christine	KNOKKE-HEIST	35	vro	56	0:40:16	8,20	7:19
182	10	PLUIJ Anuschka	LISSEWEGE	39	vro	57	0:40:30	8,15	7:22
183	11	CLAEYS Ann	LISSEWEGE	43	vro	58	0:40:30	8,15	7:22

5e Tussen 2 Feestenloop Westkapelle (Knokke-Heist) - 26 december 2012

10 KM

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
1	518	SERROEN Nico	WEVELGEM	34	her	1	0:34:09	17,57	3:25
2	455	MAENE Bart	DAMME	30	her	2	0:34:50	17,22	3:29
3	476	ALGOET Nico	ASSEBROEK	41	her	3	0:35:38	16,84	3:34
4	552	VAN WESEPOEL Dirk	MALDEGEM	39	her	4	0:36:13	16,57	3:37
5	544	SWOLFS Sanne	KNOKKE-HEIST	25	her	5	0:36:46	16,32	3:41
6	446	YSEBAERT Bart	ASSEBROEK	34	her	6	0:37:52	15,85	3:47
7	312	BLONDEEL Thijs	KNOKKE-HEIST	25	her	7	0:37:56	15,82	3:48
8	365	DANNEELS Annemie	KNOKKE-HEIST	50	vro	1	0:37:58	15,80	3:48
9	331	VANDEBUSSCHE Frédéric	BRUGGE	41	her	8	0:38:02	15,78	3:48
10	482	TRIO Bjarne	HEIST-AAN-ZEE	13	juh	1	0:38:10	15,72	3:49
11	448	SAMSON Ronny	BERLARE	48	her	9	0:38:21	15,65	3:50
12	567	LINGIER Nick	AARTRIJKE	32	her	10	0:38:23	15,63	3:50
13	327	STOCKMAN Jan	KNOKKE-HEIST	44	her	11	0:38:41	15,51	3:52
14	580	JOOS Pauwel	MALDEGEM	46	her	12	0:38:56	15,41	3:54
15	332	CAMIEL Vandenbussche	BRUGGE	12	juh	2	0:39:01	15,38	3:54
16	520	DE CALUWE Steven	KOOLKERKE	33	her	13	0:39:10	15,32	3:55
17	481	THAI-THUC Yann	KNOKKE-HEIST	24	her	14	0:39:25	15,22	3:56
18	352	JAN Declerck	KNOKKE-HEIST	45	her	15	0:39:27	15,21	3:57
19	480	VANWELSENAERS Tom	BRUGGE	43	her	16	0:39:36	15,15	3:58
20	510	VAN DAELE Sam	MALDEGEM	31	her	17	0:39:52	15,05	3:59
21	362	KERCKHAERT Wim	BLANKENBERGE	41	her	18	0:39:57	15,02	4:00
22	472	VERBIEST Karel	KNOKKE-HEIST	33	her	19	0:40:03	14,98	4:00
23	491	VANLERBERGHE Nicolas	KNOKKE-HEIST	32	her	20	0:40:16	14,90	4:02
24	375	GHEQUIERE Kurt	BRUGGE	38	her	21	0:40:19	14,88	4:02
25	395	CASSELMAN Dirk	KNOKKE-HEIST	44	her	22	0:41:05	14,60	4:06
26	454	HARRAK Said	KNOKKE-HEIST	44	her	23	0:41:12	14,56	4:07
27	504	HINOUL Samuel	KNOKKE-HEIST	20	her	24	0:41:12	14,56	4:07
28	311	RAPPÉ Frederik	BLANKENBERGE	36	her	25	0:41:14	14,55	4:07
29	364	VANPARYS Joseph	KNOKKE-HEIST	52	her	26	0:41:14	14,55	4:07
30	396	BOUSSY Frederik	KNOKKE-HEIST	30	her	27	0:41:26	14,48	4:09
31	305	DECLERCQ Steven	GENT	35	her	28	0:41:33	14,44	4:09
32	338	VANMULLEM Lode	KNOKKE-HEIST	34	her	29	0:41:42	14,39	4:10
33	409	CALEBOUT Stefan	KNOKKE-HEIST	41	her	30	0:41:54	14,32	4:11
34	366	DEVLOO-CASIER Kjell	KNOKKE-HEIST	23	her	31	0:42:20	14,17	4:14
35	320	DECEUR Marc	BRUGGE	49	her	32	0:42:22	14,16	4:14
36	325	MICHIELS Alex	BRUGGE	48	her	33	0:42:24	14,15	4:14
37	304	DEVILDER Patrick	BRUGGE ST ANDRIES	50	her	34	0:42:28	14,13	4:15
38	469	VERSRAETE Dries	JABBEKE	28	her	35	0:42:30	14,12	4:15
39	484	VANDAELE Diederik	LOMBARDSIJDE	42	her	36	0:42:33	14,10	4:15
40	373	DE JONGHE Willem	LISSEWEGE	53	her	37	0:42:36	14,08	4:16
41	523	VAN DER JEUGHT Roossie	MALDEGEM	35	vro	2	0:42:37	14,08	4:16
42	330	GROOSMAN Youri	SINT-LAUREINS	41	her	38	0:42:42	14,05	4:16
43	420	VANDEWIELE Bart	WETTEREN	34	her	39	0:42:43	14,05	4:16
44	431	VERMEERSCH Dany	KNOKKE-HEIST	44	her	40	0:42:44	14,04	4:16
45	321	DE BREE Frank	DAMME	48	her	41	0:42:48	14,02	4:17
46	326	VAN BIERVLIET Sophie	KNOKKE-HEIST	41	vro	3	0:42:49	14,01	4:17
47	434	PISTOLESI Sebastiano	KNOKKE-HEIST	40	her	42	0:42:50	14,01	4:17
48	483	LONGUEVILLE Stephane	SINT-ANDRIES	45	her	43	0:42:53	13,99	4:17
49	511	DCORTE Frank	KNOKKE-HEIST	48	her	44	0:42:53	13,99	4:17
50	579	VANDERGRYSE Guido	DAMME	55	her	45	0:43:08	13,91	4:19
51	528	BAEKELANDT Kris	HEIST-AAN-ZEE	41	her	46	0:43:14	13,88	4:19
52	387	SIGMANS Peter	DAMME	48	her	47	0:43:15	13,87	4:20
53	566	VAN TORRE Johan	KNOKKE-HEIST	54	her	48	0:43:19	13,85	4:20
54	558	DE MEYDTS Sven	ZEEBRUGGE	25	her	49	0:43:27	13,81	4:21
55	350	VERMEERSCH Nicole	BLANKENBERGE	47	vro	4	0:43:31	13,79	4:21
56	499	VANDEWIELE Germumo	KNOKKE-HEIST	23	her	50	0:43:32	13,78	4:21
57	357	VANDENDORPE Fauve	KNOKKE-HEIST	25	vro	5	0:43:49	13,69	4:23
58	457	RYELANDT Bryan	KNOKKE-HEIST	20	her	51	0:43:50	13,69	4:23

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
59	490	HAUTTEKEETE Alain	MERENDREE	45	her	52	0:43:56	13,66	4:24
60	309	BOERJAN Chris	DAMME	43	her	53	0:44:00	13,64	4:24
61	465	VANPARYS Julien	KNOKKE-HEIST	54	her	54	0:44:07	13,60	4:25
62	358	MESTDAGH David	BRUGGE ST ANDRIES	37	her	55	0:44:12	13,57	4:25
63	473	DECLERCK Koen	OUDENBURG	42	her	56	0:44:20	13,53	4:26
64	408	DEKNUDT Mario	LEFFINGE	35	her	57	0:44:25	13,51	4:26
65	303	GIUSTI Roberto	KNOKKE-HEIST	47	her	58	0:44:29	13,49	4:27
66	361	ROELENS Benny	BRUGGE ST ANDRIES	47	her	59	0:44:36	13,45	4:28
67	427	VLIETINCK Jens	KNOKKE-HEIST	23	her	60	0:44:42	13,42	4:28
68	310	GILDEN Redgy	KNOKKE-HEIST	35	her	61	0:44:45	13,41	4:29
69	530	VAN DER PERRE Frederik	VARSENARE	36	her	62	0:44:47	13,40	4:29
70	562	VANTYCHEM Edwin	OUDENBURG	53	her	63	0:44:48	13,39	4:29
71	441	VERFAILLIE Glen	BRUGGE	21	her	64	0:45:03	13,32	4:30
72	382	BOUSSEMAERE Roland	KNOKKE-HEIST	66	her	65	0:45:26	13,21	4:33
73	426	VLIETINCK Dany	KNOKKE-HEIST	48	her	66	0:45:28	13,20	4:33
74	459	ANDRIES Katrien	HOUTAVE	35	vro	6	0:45:34	13,17	4:33
75	456	DEVISCH Frederik	BRUGGE	37	her	67	0:45:38	13,15	4:34
76	545	D'HONDT Dick	LISSEWEGE	36	her	68	0:45:43	13,12	4:34
77	575	BREUGELMANS Christophe	KNOKKE-HEIST	38	her	69	0:45:44	13,12	4:34
78	471	DROOGHMANS Herman	KNOKKE-HEIST	53	her	70	0:45:44	13,12	4:34
79	468	RENDERS Erwin	BLANKENBERGE	43	her	71	0:45:47	13,11	4:35
80	399	MORBEE Jan	KNOKKE-HEIST	52	her	72	0:45:48	13,10	4:35
81	391	SAMAEY Jan	OUDENBURG	43	her	73	0:45:49	13,10	4:35
82	343	DANNEELS Jacques	KNOKKE-HEIST	50	her	74	0:46:05	13,02	4:37
83	354	AERTS Martine	KNOKKE-HEIST	52	vro	7	0:46:09	13,00	4:37
84	381	SNAUWAERT Rafaël	KNOKKE-HEIST	50	her	75	0:46:17	12,96	4:38
85	486	DEDECKER Vincent	SINT-KRUIS	39	her	76	0:46:18	12,96	4:38
86	385	MUYLLE Stephane	DAMME	47	her	77	0:46:21	12,94	4:38
87	495	VIANE Ruth	BRUGGE	46	vro	8	0:46:24	12,93	4:38
88	500	DEFOUR Joffrey	BRUGGE	39	her	78	0:46:25	12,93	4:39
89	554	SLABBINCK Brecht	KNOKKE-HEIST	46	her	79	0:46:47	12,83	4:41
90	333	PLASMAN Rony	DAMME	56	her	80	0:46:50	12,81	4:41
91	524	GUIDEE Christiaan	BRUGGE	48	her	81	0:47:02	12,76	4:42
92	564	PAUWAERT Clive	KNOKKE-HEIST	21	her	82	0:47:07	12,73	4:43
93	430	GOETHALS Rudy	KNOKKE-HEIST	46	her	83	0:47:09	12,73	4:43
94	413	DE WAELE Jerome	KNOKKE-HEIST	36	her	84	0:47:09	12,73	4:43
95	328	GOETHALS Frederik	KNOKKE-HEIST	38	her	85	0:47:14	12,70	4:43
96	370	VANDERKEILEN Peter	KNOKKE-HEIST	44	her	86	0:47:26	12,65	4:45
97	347	PLUIJ Jeffrey	LOMBARDSIJDE	30	her	87	0:47:30	12,63	4:45
98	363	MAES Emiel	KNOKKE-HEIST	53	her	88	0:47:34	12,61	4:45
99	467	DEVUYST Joeri	ASSEBROEK	36	her	89	0:47:42	12,58	4:46
100	551	DESCHACHT Marc	ZEEBRUGGE	43	her	90	0:47:45	12,57	4:46
101	432	DEBRABANDERE Tim	KNOKKE-HEIST	31	her	91	0:47:50	12,54	4:47
102	349	BAILLIU Björn	LISSEWEGE	35	her	92	0:47:50	12,54	4:47
103	424	KEUKELEIRE Dicky	BRUGGE	51	her	93	0:48:07	12,47	4:49
104	451	WILLEMS Peter	KNOKKE-HEIST	37	her	94	0:48:19	12,42	4:50
105	443	SNOECK Wendy	DRONGEN	37	vro	9	0:48:22	12,41	4:50
106	440	KOOS Joel	FRASNES-LEZ-ANVAING	44	her	95	0:48:22	12,41	4:50
107	493	CAESTECKER Koenraad	SINT-ANDRIES	39	her	96	0:48:23	12,40	4:50
108	458	NEYTS Geert	HEIST-AAN-ZEE	45	her	97	0:48:27	12,38	4:51
109	442	VAN MEENEN Kris	ZEDELGEM	41	her	98	0:48:28	12,38	4:51
110	578	VAN ISEGHEM Bartel	OOSTKAMP	34	her	99	0:48:46	12,30	4:53
111	514	MARREYT Chris	ZEEBRUGGE	45	her	100	0:48:48	12,30	4:53
112	348	JANSSENS Franky	LISSEWEGE	49	her	101	0:48:51	12,28	4:53
113	569	DECLOEDT Senne	KNOKKE-HEIST	20	her	102	0:49:04	12,23	4:54
114	522	DE SCHUYTER Jeffrey	HEIST-AAN-ZEE	32	her	103	0:49:04	12,23	4:54
115	586	DELACOURT Christian	KNOKKE-HEIST	45	her	104	0:49:05	12,22	4:55
116	445	TILLEMANN Kurt	KNOKKE-HEIST	39	her	105	0:49:07	12,22	4:55
117	398	VANDEPITTE Kurt	KNOKKE-HEIST	40	her	106	0:49:07	12,22	4:55
118	392	SAMAEY Celine	OUDENBURG	17	vro	10	0:49:11	12,20	4:55
119	502	VANTORRE Koen	KNOKKE-HEIST	29	her	107	0:49:14	12,19	4:55

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
120	423	VAN MALDEGHEM Chris	KNOKKE-HEIST	45	her	108	0:49:19	12,17	4:56
121	453	BERTON Jan	KNOKKE-HEIST	24	her	109	0:49:25	12,14	4:57
122	470	STAELENS Rony	KNOKKE-HEIST	53	her	110	0:49:26	12,14	4:57
123	478	WULLAERT Inge	WILSELE	40	vro	11	0:49:26	12,14	4:57
124	479	DE KRIEK Frederik	HERENT	42	her	111	0:49:26	12,14	4:57
125	351	DE COEN Ivan	SINT-DENIJS-WESTREM	61	her	112	0:49:27	12,13	4:57
126	488	SOULLIAERT Hans	OOSTKAMP	42	her	113	0:49:28	12,13	4:57
127	516	VERMEERSCH Peter	DUDZELE	38	her	114	0:49:29	12,13	4:57
128	501	SNAUWAERT Conan	KNOKKE-HEIST	28	her	115	0:49:31	12,12	4:57
129	576	DE GROOTE Jimmy	ZEEBRUGGE	34	her	116	0:49:32	12,11	4:57
130	521	BEHAEGHE Pieter-Jan	ZWIJNAARDE	26	her	117	0:49:38	12,09	4:58
131	519	BEHAEGHE Sofie	HEIST-AAN-ZEE	28	vro	12	0:49:38	12,09	4:58
132	584	MARIEN Annette	ADEGEM	40	vro	13	0:49:43	12,07	4:58
133	492	VAN HOUCKE Karel	SINT-ANDRIES	67	her	118	0:49:47	12,05	4:59
134	489	VANDEWALLE Mario	NEVELE	40	her	119	0:49:52	12,03	4:59
135	450	PACOU Katrien	ASSEBROEK	38	vro	14	0:49:53	12,03	4:59
136	587	DELODDERE Jean	KNOKKE-HEIST	41	her	120	0:49:58	12,01	5:00
137	301	BERTON Jeffrey	KNOKKE-HEIST	36	her	121	0:49:59	12,00	5:00
138	302	PERSYN Christof	LISSEWEGE	39	her	122	0:50:21	11,92	5:02
139	477	PEETERS Marc	LOKEREN	47	her	123	0:50:33	11,87	5:03
140	318	VAN DE WALLE Maureen	LISSEWEGE	42	vro	15	0:50:40	11,84	5:04
141	549	UYTTENDAELE Christophe	ZEEUWS VLAANDEREN	33	her	124	0:50:58	11,77	5:06
142	428	PHILIP Heyndrickx	DAMME	52	her	125	0:51:06	11,74	5:07
143	503	VERHELST André	DAMME	53	her	126	0:51:24	11,67	5:08
144	505	LEBER Herman	SINT-ANDRIES	46	her	127	0:51:26	11,67	5:09
145	323	PIETERS Marc	LISSEWEGE	54	her	128	0:51:28	11,66	5:09
146	571	BORSTLAP Arn	MERKSEM	41	her	129	0:51:33	11,64	5:09
147	533	JANSSENS Gianni	KNOKKE-HEIST	19	her	130	0:51:43	11,60	5:10
148	435	RAMMANT Virginie	KNOKKE-HEIST	42	vro	16	0:51:44	11,60	5:10
149	513	VAN DER JEUGHT Hendrik	MALDEGEM	57	her	131	0:51:49	11,58	5:11
150	517	VAN DERJEUGHT Margot	MALDEGEM	26	vro	17	0:51:49	11,58	5:11
151	585	DE WISPELAERE Allan	KNOKKE-HEIST	37	her	132	0:52:05	11,52	5:13
152	383	RONY Vanryckeghem	KNOKKE-HEIST	44	her	133	0:52:07	11,51	5:13
153	393	HUYSMAN Frans	KAPRIJKE	45	her	134	0:52:09	11,51	5:13
154	394	MYLLE Godewina	HERENT	45	vro	18	0:52:12	11,49	5:13
155	397	BULTYNCK Christa	KNOKKE-HEIST	36	vro	19	0:52:19	11,47	5:14
156	378	ALLEMEERSCH Ann	STEKENE	41	vro	20	0:52:28	11,44	5:15
157	572	MAREYDT Danny	KNOKKE-HEIST	53	her	135	0:52:31	11,42	5:15
158	367	GINO Casier	LISSEWEGE	43	her	136	0:52:46	11,37	5:17
159	507	HENDRICKX Benedicte	BRUGGE	33	vro	21	0:52:46	11,37	5:17
160	485	DECEUNINCK Gino	KNOKKE-HEIST	45	her	137	0:52:46	11,37	5:17
161	344	DEVINCK Martine	KNOKKE-HEIST	55	vro	22	0:52:47	11,37	5:17
162	555	KERKHOF Flor	AALTER	32	her	138	0:52:47	11,37	5:17
163	422	POPPE Sylvie	KNOKKE-HEIST	41	vro	23	0:52:48	11,36	5:17
164	509	SCHILDERMANS Lutgarde	BRUGGE	49	vro	24	0:52:51	11,35	5:17
165	463	TIMPERMAN Jean-Marie		53	her	139	0:52:53	11,35	5:17
166	313	CLAEYS Pieter	ROESELARE	49	her	140	0:52:55	11,34	5:17
167	556	SERRYN Chantal	KNOKKE-HEIST	45	vro	25	0:53:07	11,30	5:19
168	449	DELBARE Willy	DAMME	70	her	141	0:53:08	11,29	5:19
169	563	DEFOORT Bram	KNOKKE-HEIST	21	her	142	0:53:18	11,26	5:20
170	474	DHONDT Ruben	SINT-LAUREINS	68	her	143	0:53:22	11,24	5:20
171	561	HEYMAN Christel	LEUPEGEM	42	vro	26	0:53:27	11,23	5:21
172	322	VIAENE Geert	KNOKKE-HEIST	45	her	144	0:53:52	11,14	5:23
173	494	BONTE Jonas	OOSTKAMP	29	her	145	0:53:52	11,14	5:23
174	419	ANDY Luypaert	OOSTKAMP	30	her	146	0:53:58	11,12	5:24
175	541	BROUCKAERT Steven	KNOKKE-HEIST	21	her	147	0:53:58	11,12	5:24
176	403	BRUYNOOGHE Jan	ZEDELGEM	47	her	148	0:54:11	11,07	5:25
177	416	HOORENS Sien	BRUGGE	24	vro	27	0:54:12	11,07	5:25
178	527	DIERCKENS Danny	HERTSBERGE	33	her	149	0:54:24	11,03	5:26
179	466	PIETERS Elke	DUDZELE	28	vro	28	0:54:29	11,01	5:27
180	439	VANDENBUSSCHE Arne	GENT	26	her	150	0:54:34	11,00	5:27

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
181	359	LAUREYNS Niels	KNOKKE-HEIST	27	her	151	0:54:34	11,00	5:27
182	386	HEYNEMAN Nancy	KNOKKE-HEIST	46	vro	29	0:54:34	11,00	5:27
183	379	ROSSEEL Martine	KNOKKE-HEIST	48	vro	30	0:54:36	10,99	5:28
184	404	VANDENBUSSCHE Davy	KNOKKE-HEIST	29	her	152	0:54:39	10,98	5:28
185	376	BLOMME Marc	KNOKKE-HEIST	44	her	153	0:54:53	10,93	5:29
186	437	VANSTEENKISTE Annick	KNOKKE-HEIST	52	vro	31	0:54:57	10,92	5:30
187	341	LEEN Deschacht	OOSTKAMP	58	vro	32	0:55:11	10,87	5:31
188	438	MERLEVEDE Mieke	OOSTKAMP	47	vro	33	0:55:15	10,86	5:31
189	374	MARTINE Glaude	BRUGGE	38	vro	34	0:55:26	10,82	5:33
190	475	BOGAERT Gunther	KNOKKE-HEIST	40	her	154	0:55:28	10,82	5:33
191	340	PHILIPPE Marc	LISSEWEGE	51	her	155	0:55:32	10,80	5:33
192	512	OOSTERLING Sjaak	ZEEUWS VLAANDEREN	63	her	156	0:55:35	10,79	5:33
193	345	DE BLEEKER Michel	DAMME	61	her	157	0:55:44	10,77	5:34
194	402	SARLET Ann	DAMME	49	vro	35	0:55:44	10,77	5:34
195	388	VAN HOUTTE Gabriel	BRUSSEL	66	her	158	0:55:50	10,75	5:35
196	570	MORTIER Dirk	OEDELEM	60	her	159	0:55:56	10,73	5:36
197	372	VANGAEVER Ann	BRUGGE	43	vro	36	0:56:05	10,70	5:36
198	464	ERBO Dieter	KNOKKE-HEIST	20	her	160	0:56:35	10,60	5:40
199	368	MORTELE Jurgen	BRUGGE	38	her	161	0:56:37	10,60	5:40
200	380	LAGROU Ginette	KNOKKE-HEIST	52	vro	37	0:56:46	10,57	5:41
201	565	GHESELLE Dirk	KNOKKE-HEIST	20	her	162	0:56:48	10,56	5:41
202	529	VAN LANDEGEM Kris	KNOKKE-HEIST	32	vro	38	0:56:57	10,54	5:42
203	526	BLIECQ Stefanie	HERTSBERGE	31	vro	39	0:57:02	10,52	5:42
204	582	DEVULDER Paul	KNOKKE-HEIST	52	her	163	0:57:16	10,48	5:44
205	573	JONES Glenn	KNOKKE-HEIST	30	her	164	0:57:35	10,42	5:46
206	547	HOEMAECKER Jan	KNOKKE-HEIST	33	her	165	0:57:36	10,42	5:46
207	574	DE VOOGT Steven	KNOKKE-HEIST	30	her	166	0:57:36	10,42	5:46
208	329	HELLEBAUT Luc	KNOKKE-HEIST	60	her	167	0:57:38	10,41	5:46
209	560	RALET Bruno	KNOKKE-HEIST	34	her	168	0:57:38	10,41	5:46
210	487	VAN HONSEBROUCK Jo	HEIST-AAN-ZEE	49	her	169	0:57:41	10,40	5:46
211	498	DE VOS Maurice	KNOKKE-HEIST	64	her	170	0:58:04	10,33	5:48
212	314	MATTHEEUWS Gilbert	KNOKKE-HEIST	67	her	171	0:58:06	10,33	5:49
213	307	SCHAEPDRIJVER Willy	KNOKKE-HEIST	67	her	172	0:58:48	10,20	5:53
214	461	VAN DAELE Muriel	SINT-MICHIELS	41	vro	40	0:58:49	10,20	5:53
215	546	VAN LOOCK Gerda	BRUGGE	63	vro	41	0:58:57	10,18	5:54
216	581	DEVULDER Astrid	KNOKKE-HEIST	17	vro	42	0:59:02	10,16	5:54
217	436	VANBRABANT Tine	KNOKKE-HEIST	42	vro	43	0:59:42	10,05	5:58
218	534	VAN DEN BROUCKE Arthur	KNOKKE-HEIST	17	her	173	0:59:44	10,04	5:58
219	548	VANDEWALLE Arno	KNOKKE-HEIST	17	her	174	0:59:44	10,04	5:58
220	536	PAUWELS Joachim	KNOKKE-HEIST	16	her	175	0:59:44	10,04	5:58
221	537	VAN DEN BROUCKE Louis	KNOKKE-HEIST	17	her	176	0:59:45	10,04	5:58
222	535	LANDUYT Ewout	KNOKKE-HEIST	16	her	177	0:59:45	10,04	5:58
223	538	MATTHEEUWS Flor	KNOKKE-HEIST	16	her	178	0:59:45	10,04	5:58
224	462	DE PAUW Gunther	KNOKKE-HEIST	32	her	179	0:59:46	10,04	5:59
225	539	NR 539			xxx	1	0:59:47	10,04	5:59
226	540	NR 540			xxx	2	0:59:47	10,04	5:59
227	405	RYCKAERT Stephanie	KNOKKE-HEIST	45	vro	44	0:59:59	10,00	6:00
228	360	DIERENS Anita	KNOKKE-HEIST	44	vro	45	0:59:59	10,00	6:00
229	515	VAN REETH C	HEIST-AAN-ZEE	51	vro	46	1:00:01	10,00	6:00
230	444	DEBOU Petro	STEENKERKE (W.-VL.)	36	her	180	1:00:08	9,98	6:01
231	306	DIERENS Marianne	KNOKKE-HEIST	45	vro	47	1:00:18	9,95	6:02
232	542	GHESELLE Maaïke	KNOKKE-HEIST	22	vro	48	1:00:18	9,95	6:02
233	337	GHYS Michel	KNOKKE-HEIST	61	her	181	1:00:29	9,92	6:03
234	390	NEYENS Jules	BLANKENBERGE	70	her	181	1:00:29	9,92	6:03
235	389	MEYERS Nancy	BLANKENBERGE	49	vro	49	1:00:34	9,91	6:03
236	543	VALENTIN Michel	KNOKKE-HEIST	55	her	183	1:00:34	9,91	6:03
237	497	VANDEVELDE Celine	KNOKKE-HEIST	56	vro	50	1:00:34	9,91	6:03
238	496	LAMOTE Heidi	KNOKKE-HEIST	41	vro	51	1:00:34	9,91	6:03
239	414	BRAEMS Sophie	KNOKKE-HEIST	35	vro	52	1:00:36	9,90	6:04
240	52	VERLINDE Robbe	STEKENE	8	juh	3	1:01:15	9,80	6:07
241	377	VERLINDE Jurgen	STEKENE	42	her	184	1:01:19	9,79	6:08

PL	NR	Naam	Woonplaats	Age	CAT	P/CAT	Tijd	GEM	KM-Tijd
242	429	KNOCKAERT Roger	OOSTKAMP	79	her	185	1:01:30	9,76	6:09
243	559	MAENHOUT Bertrand	KNOKKE-HEIST	67	her	186	1:01:51	9,70	6:11
244	324	VAN EYCKEN Kirsten	KNOKKE-HEIST	30	vro	53	1:02:16	9,64	6:14
245	356	NEIRINCKX Marleen	KNOKKE-HEIST	48	vro	54	1:02:22	9,62	6:14
246	334	DE WILDE Liesbet	KNOKKE-HEIST	23	vro	55	1:02:28	9,61	6:15
247	418	ZUTTERMAN Lien	KNOKKE-HEIST	23	vro	56	1:02:28	9,61	6:15
248	316	DEBRABANDERE Georges	KNOKKE-HEIST	56	her	187	1:02:34	9,59	6:15
249	532	CLEMHOUT Anja	ZOTTEGEM	42	vro	57	1:02:51	9,55	6:17
250	531	FOCK Vicky	ZOTTEGEM	24	vro	58	1:02:51	9,55	6:17
251	452	BERTON Luc	KNOKKE-HEIST	58	her	188	1:02:54	9,54	6:17
252	415	DE WAEL Conny	KNOKKE-HEIST	51	vro	59	1:03:26	9,46	6:21
253	568	VLIETINCK Nathalie	SINT-ANDRIES	36	vro	60	1:03:51	9,40	6:23
254	553	VLIETINCK Kathleen	KNOKKE-HEIST	46	vro	61	1:03:52	9,39	6:23
255	550	BAERT Viviane	KNOKKE-HEIST	54	vro	62	1:04:33	9,30	6:27
256	342	LIEVE Anckaert	KNOKKE-HEIST	47	vro	63	1:04:37	9,29	6:28
257	577	LE SAVOYE Annick	KNOKKE-HEIST	47	vro	64	1:04:39	9,28	6:28
258	525	ROSSEEL Kristien	ICHTEGEM	43	vro	65	1:04:44	9,27	6:28
259	557	MERCKX Greet	HOVE	57	vro	66	1:04:47	9,26	6:29
260	336	DESMIDT Sibylle	KNOKKE-HEIST	39	vro	67	1:05:13	9,20	6:31
261	400	ROGGHÉ Daniël	KNOKKE-HEIST	60	her	189	1:05:14	9,20	6:31
262	460	STORME Johan	KNOKKE-HEIST	42	her	190	1:06:07	9,07	6:37
263	371	DEMEY Robin	KNOKKE-HEIST	35	her	191	1:08:29	8,76	6:51
264	583	AMREL Annemie	ASSEBROEK	35	vro	68	1:09:22	8,65	6:56
265	317	DE RESE Linda	KNOKKE-HEIST	61	vro	69	1:10:12	8,55	7:01
266	433	STAEL Tamara	LISSEWEGE	40	vro	70	1:10:21	8,53	7:02
267	407	MONBALLYU Lut	KNOKKE-HEIST	57	vro	71	1:10:43	8,48	7:04