

23e Corrida Zwijndrecht - 21 september 2008

5 KM

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|------|-----|------|-------|---------|-------|---------|
| 1 | 366 | BOUCHIKHI LAHSENE | OLSE | 93 | MKAD | 1 | 0:16:11 | 18,54 | 3:14 |
| 2 | 379 | VERHEYEN NATHAN | AT84 | 94 | MKAD | 2 | 0:16:25 | 18,27 | 3:17 |
| 3 | 423 | LOUARET ISMAEL | | 78 | MSEN | 1 | 0:16:48 | 17,86 | 3:22 |
| 4 | 367 | BOUCHIKHI HOUSSINE | OLSE | 93 | MKAD | 3 | 0:17:16 | 17,37 | 3:27 |
| 5 | 449 | VANDENBERGH MAARTEN | AT84 | 90 | MJUN | 1 | 0:18:05 | 16,59 | 3:37 |
| 6 | 375 | VERHEYEN STEFAAN | AT84 | 65 | MMAS | 1 | 0:18:11 | 16,50 | 3:38 |
| 7 | 401 | DE JONGHE DIRK | AT84 | 64 | MMAS | 2 | 0:18:28 | 16,25 | 3:42 |
| 8 | 413 | LAUREYS SVEN | | 94 | MKAD | 4 | 0:18:28 | 16,25 | 3:42 |
| 9 | 368 | PEETERS OLIVIER | SWIN | 91 | MSCH | 1 | 0:18:47 | 15,97 | 3:45 |
| 10 | 403 | REYNAERT RUD | | 64 | MMAS | 3 | 0:18:48 | 15,96 | 3:46 |
| 11 | 436 | FLORINDO LAURA | AT84 | 95 | VMIN | 1 | 0:18:52 | 15,90 | 3:46 |
| 12 | 377 | VERHEYEN NAOMI | AT84 | 94 | VKAD | 1 | 0:18:52 | 15,90 | 3:46 |
| 13 | 437 | FLORINDO ROBIN | AT84 | 96 | MMIN | 1 | 0:19:00 | 15,79 | 3:48 |
| 14 | 424 | VAN HOOSTE RONNY | VOLH | 66 | MMAS | 4 | 0:19:40 | 15,25 | 3:56 |
| 15 | 350 | ONZIA SANDRA | AT84 | 72 | VMAS | 1 | 0:19:56 | 15,05 | 3:59 |
| 16 | 365 | VAN EETVELDT HERMAN | | 44 | MMAS | 5 | 0:20:06 | 14,93 | 4:01 |
| 17 | 354 | VAN CLEEMPOEL TIM | AT84 | 97 | MPUP | 1 | 0:20:06 | 14,93 | 4:01 |
| 18 | 357 | VAN DER LINDEN STEN | | 96 | MMIN | 2 | 0:20:27 | 14,67 | 4:05 |
| 19 | 404 | VAN DER LINDEN JORN | | 94 | MKAD | 5 | 0:20:28 | 14,66 | 4:06 |
| 20 | 427 | CALUWE SONJA | AT84 | 53 | VMAS | 2 | 0:20:30 | 14,63 | 4:06 |
| 21 | 364 | VAN MOLLE AIME | | 44 | MMAS | 6 | 0:20:32 | 14,61 | 4:06 |
| 22 | 360 | PEETERS WILLIAM | SWIN | 96 | MMIN | 3 | 0:20:34 | 14,59 | 4:07 |
| 23 | 381 | LEFEVERE DAVID | AT84 | 97 | MPUP | 2 | 0:20:37 | 14,55 | 4:07 |
| 24 | 385 | VIAENE YENTE | AT84 | 95 | MMIN | 4 | 0:21:03 | 14,25 | 4:13 |
| 25 | 418 | JANSSENS FRIE | AT84 | 95 | VMIN | 2 | 0:21:09 | 14,18 | 4:14 |
| 26 | 425 | VERHELST BART | | 72 | MSEN | 2 | 0:21:22 | 14,04 | 4:16 |
| 27 | 428 | GORIS MARC | | 64 | MMAS | 7 | 0:21:39 | 13,86 | 4:20 |
| 28 | 421 | JANSSENS KATRIJN | AT84 | 95 | VMIN | 3 | 0:21:44 | 13,80 | 4:21 |
| 29 | 414 | MADOU KATRIJN | AT84 | 98 | VPUP | 1 | 0:21:45 | 13,79 | 4:21 |
| 30 | 415 | MADOU RAPH | | 69 | MSEN | 3 | 0:21:47 | 13,77 | 4:21 |
| 31 | 369 | JANSSENS CAROLIEN | | 86 | VSEN | 1 | 0:21:48 | 13,76 | 4:22 |
| 32 | 351 | HEYSTEK JOHAN | | 56 | MMAS | 8 | 0:21:49 | 13,75 | 4:22 |
| 33 | 422 | PEETERS MATHIAS | SWIN | 93 | MKAD | 6 | 0:21:52 | 13,72 | 4:22 |
| 34 | 407 | PEETERS GUNTHER | SWIN | 95 | MMIN | 5 | 0:21:53 | 13,71 | 4:23 |
| 35 | 430 | LANGLET DOMINIQUE | SWIN | 63 | MMAS | 9 | 0:22:02 | 13,62 | 4:24 |
| 36 | 431 | PROSMANS PATRICK | SWIN | 65 | MMAS | 10 | 0:22:04 | 13,60 | 4:25 |
| 37 | 382 | VAN HAVENBERGH KRISTOF | AT84 | 87 | MSEN | 4 | 0:22:05 | 13,58 | 4:25 |
| 38 | 426 | COVENT DIRK | | 53 | MMAS | 11 | 0:22:25 | 13,38 | 4:29 |
| 39 | 386 | VAN HAVENBERGH JAN | AT84 | 56 | MMAS | 12 | 0:22:30 | 13,33 | 4:30 |
| 40 | 429 | COLMAN GEORGES | | 33 | MMAS | 13 | 0:23:01 | 13,03 | 4:36 |
| 41 | 409 | PEETERS MURIEL | SWIN | 90 | VJUN | 1 | 0:23:03 | 13,02 | 4:37 |
| 42 | 435 | CORNELIS CHRIS | AT84 | 68 | MMAS | 14 | 0:23:06 | 12,99 | 4:37 |
| 43 | 370 | JANSSENS ANNELORE | | 91 | VSCH | 1 | 0:23:16 | 12,89 | 4:39 |
| 44 | 378 | STREMERCH ANN | | 76 | VSEN | 2 | 0:23:39 | 12,68 | 4:44 |
| 45 | 376 | WAUTERS ANN | ACW | 80 | VSEN | 3 | 0:23:42 | 12,66 | 4:44 |
| 46 | 420 | JANSSENS LENA | AT84 | 96 | VMIN | 4 | 0:23:45 | 12,63 | 4:45 |
| 47 | 400 | VAN MOLLE JESSICA | | 88 | VJUN | 2 | 0:23:57 | 12,53 | 4:47 |
| 48 | 352 | VAN MOLLE RUDY | | 49 | MMAS | 15 | 0:24:00 | 12,50 | 4:48 |
| 49 | 408 | VERHELST INGRID | SWIN | 62 | VMAS | 3 | 0:24:09 | 12,42 | 4:50 |
| 50 | 417 | PANIS TIM | SWIN | 01 | MBEN | 1 | 0:24:13 | 12,39 | 4:51 |
| 51 | 416 | PANIS DIRK | | 69 | MSEN | 5 | 0:24:13 | 12,39 | 4:51 |
| 52 | 432 | CALUWE NATASCHA | AT84 | 68 | VMAS | 4 | 0:24:18 | 12,35 | 4:52 |
| 53 | 405 | DE RIDDER INGRID | | 62 | VMAS | 5 | 0:24:52 | 12,06 | 4:58 |
| 54 | 442 | DE MUERE MICHAEL | | 66 | MMAS | 16 | 0:42:56 | 6,99 | 8:35 |
| 55 | 448 | RIKKERS RIK | | 36 | MMAS | 17 | 0:25:00 | 12,00 | 5:00 |
| 56 | 353 | DETIEGE MONIQUE | AT84 | 57 | VMAS | 6 | 0:25:18 | 11,86 | 5:04 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|------|-----|------|-------|---------|-------|---------|
| 57 | 286 | BUCHELEN CYRIEL | VOLH | 55 | MMAS | 18 | 0:25:27 | 11,79 | 5:05 |
| 58 | 356 | COLMAN ANNE | SWIN | 64 | VMAS | 7 | 0:25:33 | 11,74 | 5:07 |
| 59 | 361 | VERCAUTEREN KIM | AT84 | 93 | MKAD | 7 | 0:25:51 | 11,61 | 5:10 |
| 60 | 410 | DE GENDT SVEN | AT84 | 93 | MKAD | 8 | 0:25:52 | 11,60 | 5:10 |
| 61 | 380 | LEFEVERE LENA | AT84 | 93 | VKAD | 2 | 0:25:54 | 11,58 | 5:11 |
| 62 | 371 | MARIJNISSEN JOSIANE | | 59 | VMAS | 8 | 0:26:00 | 11,54 | 5:12 |
| 63 | 384 | MARCIPONT CHANTAL | AT84 | 56 | VMAS | 9 | 0:26:02 | 11,52 | 5:12 |
| 64 | 411 | VAN BOGAERT PATRICIA | AT84 | 64 | VMAS | 10 | 0:26:08 | 11,48 | 5:14 |
| 65 | 372 | JANSSENS ANTOON | | 97 | MPUP | 3 | 0:26:15 | 11,43 | 5:15 |
| 66 | 406 | VERWILGEN KAROLIEN | | 83 | VSEN | 4 | 0:26:21 | 11,39 | 5:16 |
| 67 | 383 | VIAENE PETER | | 70 | MSEN | 6 | 0:26:25 | 11,36 | 5:17 |
| 68 | 394 | VERELLEN ELS | | 71 | VSEN | 5 | 0:27:37 | 10,86 | 5:31 |
| 69 | 355 | ANDRIES ELS | | 77 | VSEN | 6 | 0:27:42 | 10,83 | 5:32 |
| 70 | 391 | BERCKMANS SABINE | AT84 | 79 | VSEN | 7 | 0:27:51 | 10,77 | 5:34 |
| 71 | 389 | VAN MOLLE INGRID | AT84 | 76 | VSEN | 8 | 0:27:58 | 10,73 | 5:36 |
| 72 | 387 | VOLKAERT SONJA | SWIN | 53 | VMAS | 11 | 0:28:10 | 10,65 | 5:38 |
| 73 | 363 | TOLK PEGGY | | 71 | VSEN | 9 | 0:28:37 | 10,48 | 5:43 |
| 74 | 362 | VAN VLEM CHRISTEL | AT84 | 74 | VSEN | 10 | 0:28:38 | 10,48 | 5:44 |
| 75 | 395 | DE JONGHE SANDRA | AT84 | 60 | VMAS | 12 | 0:28:40 | 10,47 | 5:44 |
| 76 | 419 | VAN PUYVELDE MIET | AT84 | 66 | VMAS | 13 | 0:28:41 | 10,46 | 5:44 |
| 77 | 433 | VAN DE VIJVER INES | AT84 | 80 | VSEN | 11 | 0:28:45 | 10,43 | 5:45 |
| 78 | 390 | VAN BAREL SANDY | AT84 | 73 | VSEN | 12 | 0:29:05 | 10,32 | 5:49 |
| 79 | 392 | MICHELET IVO | AT84 | 70 | MSEN | 7 | 0:29:37 | 10,13 | 5:55 |
| 80 | 358 | VAN PUymbROECK SANDY | AT84 | 72 | VSEN | 13 | 0:29:38 | 10,12 | 5:56 |
| 81 | 359 | DE JONGHE ELKE | AT84 | 77 | VSEN | 14 | 0:29:41 | 10,11 | 5:56 |
| 82 | 398 | VAN DAELE KELLY | | 78 | VSEN | 15 | 0:29:42 | 10,10 | 5:56 |
| 83 | 396 | DOBBELAERE THORSTEN | | | MBEN | 2 | 0:29:44 | 10,09 | 5:57 |
| 84 | 397 | VANSPEYBROECK PATRICK | | 72 | MSEN | 8 | 0:30:29 | 9,84 | 6:06 |
| 85 | 373 | CARDINAEL ANNIE | AT84 | 47 | VMAS | 14 | 0:33:06 | 9,06 | 6:37 |
| 86 | 434 | D'HAENENS JESSY | | 77 | VSEN | 16 | 0:33:08 | 9,05 | 6:38 |
| 87 | 412 | DE CLEEN INGE | AT84 | 70 | VMAS | 15 | 0:35:58 | 8,34 | 7:12 |
| 88 | 399 | BRAEM DIANNE | AT84 | 56 | VMAS | 16 | 0:35:58 | 8,34 | 7:12 |
| 89 | 447 | MAES MARC | | | MMAS | 19 | 0:35:59 | 8,34 | 7:12 |

23e Corrida Zwijndrecht - 21 september 2008

10 KM

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|------|-----|------|-------|---------|-------|---------|
| 1 | 135 | BOUCHIKHI SOUFIANE | OLSE | 90 | MJUN | 1 | 0:31:32 | 19,03 | 3:09 |
| 1 | 379 | DE WINTER MIREILLE | HULS | 72 | VMAS | 1 | 0:37:02 | 16,20 | 3:42 |
| 2 | 165 | VERSCHOREN BART | | 77 | MSEN | 1 | 0:32:10 | 18,65 | 3:13 |
| 3 | 465 | OGOURTISOV BORIS | BRAB | 84 | MSEN | 2 | 0:32:25 | 18,51 | 3:15 |
| 4 | 470 | CALUWAERTS ERIK | LIER | 76 | MSEN | 3 | 0:32:39 | 18,38 | 3:16 |
| 5 | 171 | BAKKAHITAHIRI OUSSAMA | AT84 | 90 | MJUN | 2 | 0:33:52 | 17,72 | 3:23 |
| 6 | 395 | WILLEMS BJORN | VOLH | 91 | MSCH | 1 | 0:33:59 | 17,66 | 3:24 |
| 7 | 340 | VAN DEN BERGHE KRISTOF | LAT | 76 | MSEN | 4 | 0:34:03 | 17,62 | 3:24 |
| 8 | 161 | VAN DAELE TIM | AT84 | 80 | MSEN | 5 | 0:34:15 | 17,52 | 3:25 |
| 9 | 170 | BOUSSATTATI JAMAL | AT84 | 82 | MSEN | 6 | 0:34:16 | 17,51 | 3:26 |
| 10 | 469 | HAPENS PATRICK | LIER | 67 | MMAS | 1 | 0:34:51 | 17,22 | 3:29 |
| 11 | 398 | DUYM JELLE | AT84 | 85 | MSEN | 7 | 0:35:16 | 17,01 | 3:32 |
| 12 | 471 | LAENEN MARCEL | | 56 | MMAS | 2 | 0:36:07 | 16,61 | 3:37 |
| 13 | 136 | JORISSEN MARK | | 66 | MMAS | 3 | 0:36:29 | 16,45 | 3:39 |
| 14 | 354 | CORTHALS MICHAEL | AT84 | 69 | MJUN | 3 | 0:36:35 | 16,40 | 3:40 |
| 15 | 464 | VAN BOGAERT DAVY | SWIN | 76 | MSEN | 8 | 0:36:43 | 16,34 | 3:40 |
| 16 | 177 | VAN ZAELEN MARCO | | 73 | MSEN | 9 | 0:36:51 | 16,28 | 3:41 |
| 18 | 478 | SMET PAUL | VOLH | 54 | MMAS | 4 | 0:37:16 | 16,10 | 3:44 |
| 19 | 144 | WILLEMS TOM | AT84 | 68 | MMAS | 5 | 0:37:49 | 15,87 | 3:47 |
| 20 | 477 | LEYSENS BENNY | AT84 | 62 | MMAS | 6 | 0:37:58 | 15,80 | 3:48 |
| 21 | 351 | ZUELKE WERNER | | 62 | MMAS | 7 | 0:37:58 | 15,80 | 3:48 |
| 22 | 153 | VAN ASSCHE PIERRE | SPBO | 44 | MMAS | 8 | 0:38:09 | 15,73 | 3:49 |
| 23 | 357 | ROELANDT PATRICK | | 62 | MMAS | 9 | 0:38:13 | 15,70 | 3:49 |
| 24 | 146 | ROGIERS PHILIP | VITA | 60 | MMAS | 10 | 0:38:19 | 15,66 | 3:50 |
| 25 | 482 | VAN ASSCHE YOERIK | AT84 | 77 | MSEN | 10 | 0:38:29 | 15,59 | 3:51 |
| 26 | 145 | VAN HOVE FREDERIK | SWIN | 58 | MMAS | 11 | 0:38:52 | 15,44 | 3:53 |
| 27 | 152 | MICHIELS AUGUSTIJN | SPBO | 54 | MMAS | 12 | 0:39:01 | 15,38 | 3:54 |
| 28 | 133 | PEERSMAN GEERT | SWIN | 66 | MMAS | 13 | 0:39:23 | 15,23 | 3:56 |
| 29 | 356 | VERMEYLEN DIRK | OLSE | 63 | MMAS | 14 | 0:39:42 | 15,11 | 3:58 |
| 30 | 388 | VANDEPUTTE PHILIPPE | | 67 | MMAS | 15 | 0:39:51 | 15,06 | 3:59 |
| 31 | 361 | POLFLIET DIRK | SPBO | 62 | MMAS | 16 | 0:39:53 | 15,04 | 3:59 |
| 32 | 162 | LUYCKX DANNY | | 65 | MMAS | 17 | 0:39:55 | 15,03 | 4:00 |
| 33 | 393 | FELIX GUNTHER | | 70 | MMAS | 18 | 0:40:06 | 14,96 | 4:01 |
| 34 | 473 | DE MAEYER ERIC | | 66 | MMAS | 19 | 0:40:12 | 14,93 | 4:01 |
| 35 | 472 | DE RIDDER URBAIN | RESC | 69 | MMAS | 20 | 0:40:19 | 14,88 | 4:02 |
| 36 | 132 | DE RIDDER ALAIN | RESC | 68 | MMAS | 21 | 0:40:20 | 14,88 | 4:02 |
| 37 | 289 | LAUWAERT NINA | VOLH | 88 | VSEN | 1 | 0:40:27 | 14,83 | 4:03 |
| 38 | 391 | VAN HEVE DANNY | | 76 | MSEN | 11 | 0:41:12 | 14,56 | 4:07 |
| 39 | 103 | WINDEY STEVEN | | 82 | MSEN | 12 | 0:41:24 | 14,49 | 4:08 |
| 40 | 352 | MARTENS HUGO | SWIN | 50 | MMAS | 22 | 0:41:26 | 14,48 | 4:09 |
| 41 | 374 | SONCK CHRISTINE | VITA | 65 | VMAS | 2 | 0:41:28 | 14,47 | 4:09 |
| 42 | 345 | VAN MIEGHEM EDDY | SWIN | 65 | MMAS | 23 | 0:41:52 | 14,33 | 4:11 |
| 43 | 143 | DE BOCK JEAN-PIERRE | | 52 | MMAS | 24 | 0:41:54 | 14,32 | 4:11 |
| 44 | 467 | STOMMELS JERRY | | 73 | MMAS | 25 | 0:41:59 | 14,29 | 4:12 |
| 45 | 140 | DE BAERE DANNY | ZELE | 62 | MMAS | 26 | 0:42:08 | 14,24 | 4:13 |
| 46 | 349 | REYNS KURT | AT84 | 76 | MSEN | 13 | 0:42:13 | 14,21 | 4:13 |
| 47 | 138 | DEKKERS TOM | OLSE | 70 | MMAS | 27 | 0:42:30 | 14,12 | 4:15 |
| 48 | 353 | VERNIERS KRIS | | 71 | MSEN | 14 | 0:42:39 | 14,07 | 4:16 |
| 49 | 390 | VAN DER CINDEN KOEN | | 83 | MSEN | 15 | 0:43:04 | 13,93 | 4:18 |
| 50 | 142 | VERHOEVEN ERIK | | 55 | MMAS | 28 | 0:43:18 | 13,86 | 4:20 |
| 51 | 355 | CORTHALS JANNICK | AT84 | 93 | MKAD | 1 | 0:43:22 | 13,84 | 4:20 |
| 52 | 178 | VAN DE POL EDDY | | 58 | MMAS | 29 | 0:43:22 | 13,84 | 4:20 |
| 53 | 341 | VOCHTEN NICK | AT84 | 92 | MSCH | 2 | 0:43:23 | 13,83 | 4:20 |
| 54 | 166 | MEES MATS | AT84 | 92 | MSCH | 3 | 0:43:24 | 13,82 | 4:20 |
| 55 | 406 | BROECKX MARC | AT84 | 59 | MMAS | 30 | 0:43:41 | 13,74 | 4:22 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-------------------------|------|-----|------|-------|---------|-------|---------|
| 56 | 154 | AANDEKERK TIM | AT84 | 83 | MSEN | 16 | 0:43:46 | 13,71 | 4:23 |
| 57 | 394 | TAUX LODE | SWIN | 61 | MMAS | 31 | 0:43:56 | 13,66 | 4:24 |
| 58 | 158 | DE SPIEGELEER KURT | | 69 | MMAS | 32 | 0:44:02 | 13,63 | 4:24 |
| 59 | 156 | VAN AERSELAERE FRANK | SWIN | 58 | MMAS | 33 | 0:44:04 | 13,62 | 4:24 |
| 60 | 362 | ARENS LUC | | 63 | MMAS | 34 | 0:44:15 | 13,56 | 4:26 |
| 61 | 344 | BEQUET MARC | LYRA | 63 | MMAS | 35 | 0:44:26 | 13,50 | 4:27 |
| 62 | 364 | HOOGEWIJS PASCAL | | 69 | MMAS | 36 | 0:44:32 | 13,47 | 4:27 |
| 63 | 139 | WUYTACK DENNIS | AT84 | 77 | MSEN | 17 | 0:44:34 | 13,46 | 4:27 |
| 64 | 157 | WAUTERS HERMAN | SWIN | 68 | MMAS | 37 | 0:44:38 | 13,44 | 4:28 |
| 65 | 294 | DE CAUWER KATHLEEN | AT84 | 81 | VSEN | 2 | 0:44:48 | 13,39 | 4:29 |
| 66 | 389 | SCHELFOUT LUC | | 70 | MMAS | 38 | 0:44:55 | 13,36 | 4:30 |
| 67 | 137 | BRYNS PATRICK | OLSE | 66 | MMAS | 39 | 0:44:56 | 13,35 | 4:30 |
| 68 | 291 | VAN DER REYSEN MACUTEZA | SWIN | 64 | VMAS | 3 | 0:44:06 | 13,61 | 4:25 |
| 69 | 163 | VAN DE PAELE CHRIS | | 64 | MMAS | 40 | 0:45:25 | 13,21 | 4:32 |
| 70 | 175 | VAN MULDER MICHEL | AT84 | 57 | MMAS | 41 | 0:45:36 | 13,16 | 4:34 |
| 71 | 160 | DE ZUTTER FREDERIK | | 81 | MSEN | 18 | 0:45:40 | 13,14 | 4:34 |
| 72 | 339 | STOCKMANS RIK | OLSE | 60 | MMAS | 42 | 0:45:42 | 13,13 | 4:34 |
| 73 | 147 | VAN GORP JONAS | SWIN | 85 | MSEN | 19 | 0:45:57 | 13,06 | 4:36 |
| 74 | 104 | ABEEL MARIO | | 73 | MMAS | 43 | 0:46:02 | 13,03 | 4:36 |
| 75 | 150 | GOSSELE EDDY | MAS | 47 | MMAS | 44 | 0:46:12 | 12,99 | 4:37 |
| 76 | 387 | ROTTHIER WERNER | AT84 | 68 | MMAS | 45 | 0:46:21 | 12,94 | 4:38 |
| 77 | 106 | HEBBINCKS JOHAN | | 62 | MMAS | 46 | 0:46:22 | 12,94 | 4:38 |
| 78 | 295 | BEYERS HILDE | HULS | 58 | VMAS | 4 | 0:46:25 | 12,93 | 4:39 |
| 79 | 164 | VERSCHOREN JAN ANDRE | | 49 | MMAS | 47 | 0:46:25 | 12,93 | 4:39 |
| 80 | 371 | VAN RIJCKEGHEM LINDA | ZELE | 61 | VMAS | 5 | 0:46:29 | 12,91 | 4:39 |
| 81 | 176 | CANNAERTS WOULD | | 67 | MJUN | 4 | 0:46:33 | 12,89 | 4:39 |
| 82 | 397 | DE CAUWER JOHAN | | 68 | MMAS | 48 | 0:46:38 | 12,87 | 4:40 |
| 83 | 141 | DE BAUW RUDY | | 62 | MMAS | 49 | 0:46:51 | 12,81 | 4:41 |
| 84 | 180 | VAN HAUTEGHEM WIM | | 67 | MMAS | 50 | 0:47:01 | 12,76 | 4:42 |
| 85 | 474 | DIERICKX MARC | | 59 | MMAS | 51 | 0:47:04 | 12,75 | 4:42 |
| 86 | 479 | DE PRINS LIEVEN | | 66 | MMAS | 52 | 0:47:08 | 12,73 | 4:43 |
| 87 | 400 | PROOST FRANKY | | 61 | MMAS | 53 | 0:47:10 | 12,72 | 4:43 |
| 88 | 367 | VERHELST CARMEN | | 72 | VMAS | 6 | 0:47:16 | 12,69 | 4:44 |
| 89 | 167 | DE CLERCK KRISTOF | AT84 | 77 | MSEN | 20 | 0:47:29 | 12,64 | 4:45 |
| 90 | 131 | VAN DER LINDEN LARS | | 87 | MSEN | 21 | 0:47:36 | 12,61 | 4:46 |
| 91 | 169 | VAN CAMPENHOUT BENNY | AT84 | 61 | MMAS | 54 | 0:47:41 | 12,58 | 4:46 |
| 92 | 179 | GEYS ROB | | 48 | MMAS | 55 | 0:47:43 | 12,57 | 4:46 |
| 93 | 151 | ANCAER KRIS | AT84 | 75 | MSEN | 22 | 0:47:44 | 12,57 | 4:46 |
| 94 | 476 | ANCHER STEVEN | | 73 | MMAS | 56 | 0:47:53 | 12,53 | 4:47 |
| 95 | 481 | GYSELINCKX DIRK | SWIN | 61 | MMAS | 57 | 0:48:04 | 12,48 | 4:48 |
| 96 | 148 | VAN HESE PETER | AT84 | 68 | MMAS | 58 | 0:48:07 | 12,47 | 4:49 |
| 97 | 466 | VAN HIMST JURGEN | | 66 | MMAS | 59 | 0:48:18 | 12,42 | 4:50 |
| 98 | 168 | VAN DAMME GUY | | 64 | MMAS | 60 | 0:48:39 | 12,33 | 4:52 |
| 99 | 350 | TORFS WIM | AT84 | 52 | MMAS | 61 | 0:49:04 | 12,23 | 4:54 |
| 100 | 480 | HATTAS KOEN | | 68 | MMAS | 62 | 0:49:06 | 12,22 | 4:55 |
| 101 | 396 | HANNAERT ANDREAS | | 82 | MSEN | 23 | 0:49:11 | 12,20 | 4:55 |
| 102 | 369 | VAEREWYCK VEERLE | SPBO | 61 | VMAS | 7 | 0:49:12 | 12,20 | 4:55 |
| 103 | 376 | VANDEBERG TINNE | | 77 | VSEN | 3 | 0:49:14 | 12,19 | 4:55 |
| 104 | 373 | VAN LANDEGHEM SANDRA | | 70 | VMAS | 8 | 0:49:18 | 12,17 | 4:56 |
| 105 | 105 | VERBEKE ERIK | | 82 | MSEN | 24 | 0:49:50 | 12,04 | 4:59 |
| 106 | 134 | MOELANS ERIC | | 52 | MMAS | 63 | 0:50:17 | 11,93 | 5:02 |
| 107 | 149 | COLLET LUK | | 50 | MMAS | 64 | 0:50:21 | 11,92 | 5:02 |
| 108 | 359 | MEUL ERIK | MAS | 48 | MMAS | 65 | 0:50:28 | 11,89 | 5:03 |
| 109 | 348 | FRANSSENS WERNER | SWIN | 52 | MMAS | 66 | 0:50:28 | 11,89 | 5:03 |
| 110 | 360 | BLYWEERT GUIDO | AT84 | 46 | MMAS | 67 | 0:50:41 | 11,84 | 5:04 |
| 111 | 174 | MESTDAGH JYRKI | | 74 | MSEN | 25 | 0:50:45 | 11,82 | 5:05 |
| 112 | 468 | BROOS JULIEN | SWIN | 58 | MMAS | 68 | 0:50:48 | 11,81 | 5:05 |
| 113 | 346 | VAN HEYSBROECK FREDERIK | SWIN | 52 | MMAS | 69 | 0:50:59 | 11,77 | 5:06 |
| 114 | 172 | VISSERS WILFRIED | OLSE | 58 | MMAS | 70 | 0:51:13 | 11,71 | 5:07 |
| 115 | 287 | VAN RAEMDONCK HELGA | AT84 | 60 | VMAS | 9 | 0:51:29 | 11,65 | 5:09 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-------------------------|------|-----|------|-------|---------|-------|---------|
| 116 | 155 | HULIM WILLIAM | AT84 | 56 | MMAS | 71 | 0:51:31 | 11,65 | 5:09 |
| 117 | 297 | VANDEBERGHE ELKE | AT84 | 74 | VSEN | 4 | 0:52:07 | 11,51 | 5:13 |
| 118 | 366 | BARTELEN MIA | SWIN | 65 | VMAS | 10 | 0:52:08 | 11,51 | 5:13 |
| 119 | 380 | DANIELS JET | AT84 | 60 | VMAS | 11 | 0:52:16 | 11,48 | 5:14 |
| 120 | 392 | VAN ROEYEN JOZEF | | 43 | MMAS | 72 | 0:52:17 | 11,48 | 5:14 |
| 121 | 288 | MESKENS NADIA | SWIN | 70 | VSEN | 5 | 0:52:28 | 11,44 | 5:15 |
| 122 | 475 | VELIJA MENTOR | | 75 | MSEN | 26 | 0:52:48 | 11,36 | 5:17 |
| 123 | 375 | BAKKERS JOANNA | SWIN | 43 | VMAS | 12 | 0:52:57 | 11,33 | 5:18 |
| 124 | 159 | HERWEGH PASCAL | WALO | 71 | MMAS | 73 | 0:53:06 | 11,30 | 5:19 |
| 125 | 399 | VALGAEREN EMIEL | | 38 | MMAS | 74 | 0:53:13 | 11,27 | 5:19 |
| 126 | 378 | DE SOUTER KRISTEL | VOLH | 66 | VMAS | 13 | 0:53:30 | 11,21 | 5:21 |
| 127 | 296 | THIRON ANITA | SWIN | 45 | VMAS | 14 | 0:53:30 | 11,21 | 5:21 |
| 128 | 331 | PIRELLO SARINA | | 73 | VSEN | 6 | 0:53:40 | 11,18 | 5:22 |
| 129 | 363 | DENIS LUC | AT84 | 66 | MMAS | 75 | 0:53:40 | 11,18 | 5:22 |
| 130 | 173 | VERDONCK PHILIP | AT84 | 72 | MMAS | 76 | 0:53:40 | 11,18 | 5:22 |
| 131 | 290 | VAN DEN BOSCH LEENTJE | | 75 | VSEN | 7 | 0:53:50 | 11,15 | 5:23 |
| 132 | 101 | SWARTELE ELMO | | 82 | MSEN | 27 | 0:53:52 | 11,14 | 5:23 |
| 133 | 333 | VAN DRIESSCHE DOMINIQUE | AT84 | 61 | VMAS | 15 | 0:54:46 | 10,96 | 5:29 |
| 134 | 370 | CLYMANS MIA | ACBE | 66 | VMAS | 16 | 0:54:52 | 10,94 | 5:29 |
| 135 | 292 | ANDRE KATRIEN | SWIN | 65 | VMAS | 17 | 0:55:56 | 10,73 | 5:36 |
| 136 | 347 | VANDEPERRE STIJN | AT84 | 70 | MMAS | 77 | 0:56:30 | 10,62 | 5:39 |
| 137 | 102 | WECKX PETER | | 65 | MMAS | 78 | 0:56:33 | 10,61 | 5:39 |
| 138 | 300 | VAN HAVENBERGH ERIKA | AT84 | 71 | VSEN | 8 | 0:56:46 | 10,57 | 5:41 |
| 139 | 377 | CAURENSSE MIA | AT84 | 52 | VMAS | 18 | 0:56:55 | 10,54 | 5:41 |
| 140 | 298 | ADRIAENSSENS ELS | SWIN | 64 | VMAS | 19 | 0:56:56 | 10,54 | 5:42 |
| 141 | 342 | VAN MOLLE STEFAAN | | 79 | MSEN | 28 | 0:57:20 | 10,47 | 5:44 |
| 142 | 299 | VAN MOLLE KRISTIEN | AT84 | 83 | VSEN | 9 | 0:57:36 | 10,42 | 5:46 |
| 143 | 368 | SCHELFAUT ANE | HAMM | 68 | VMAS | 20 | 0:57:43 | 10,40 | 5:46 |
| 144 | 365 | DE MOOR MARTINE | SWIN | 72 | VMAS | 21 | 0:58:30 | 10,26 | 5:51 |
| 145 | 372 | DETHAC MARCELLINE | SWIN | 63 | VMAS | 22 | 0:59:44 | 10,04 | 5:58 |
| 146 | 293 | EECKMAN MARTINE | OLSE | 64 | VMAS | 23 | 0:59:48 | 10,03 | 5:59 |
| 147 | 343 | VAN LYSEBETTEN FREDERIK | AT84 | 81 | MSEN | 29 | 1:00:26 | 9,93 | 6:03 |
| 148 | 381 | ANNEMANS MARGOT | | 81 | MSEN | 30 | 1:01:01 | 9,83 | 6:06 |
| 149 | 332 | OELEBRANDT STELLA | AT84 | 80 | VSEN | 10 | 1:01:34 | 9,75 | 6:09 |
| 150 | 358 | MARIEN HERWIG | LYRA | 57 | MMAS | 79 | 1:04:24 | 9,32 | 6:26 |