How hollow melanosomes affect iridescent colour production in birds

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Developmental constraints and trade-offs can limit diversity, but organisms have repeatedly evolved morphological innovations that overcome these limits by expanding the range and functionality of traits. Iridescent colours in birds are commonly produced by melanin-containing organelles (melanosomes) organized into nanostructured arrays within feather barbules. Variation in array type (e.g. multilayers and photonic crystals, PCs) is known to have remarkable effects on plumage colour, but the optical consequences of variation in melanosome shape remain poorly understood. Here, we used a combination of spectrophotometric, experimental and theoretical methods to test how melanosome hollowness—a morphological innovation largely restricted to birds—affects feather colour. Optical analyses of hexagonal close-packed arrays of hollow melanosomes in two species, wild turkeys (Meleagris gallopavo) and violet-backed starlings (Cinnyricinclus leucogaster), indicated that they function as two-dimensional PCs. Incorporation of a larger dataset and optical modelling showed that, compared with solid melanosomes, hollow melanosomes allow birds to produce distinct colours with the same energetically favourable, close-packed configurations. These data suggest that a morphological novelty has, at least in part, allowed birds to achieve their vast morphological and colour diversity.

1. Introduction

Evolutionary diversification of morphological traits can be constrained by factors such as trade-offs (e.g. between song frequency and trill rate in Darwin’s finches [1]) and developmental processes (e.g. close packing of cells that limit branching patterns in plants [2]). However, innovations in form or change in the form–function relationship may remove these constraints and allow for enhanced diversity [3]. Colourful plumage patches in birds are complex, and diverse multi-component traits [4] that can be used to attract mates, avoid predators, or recognize conspecifics [5,6]. Feather colours are produced by light absorption by pigments and/or coherent light scattering by nanoscale arrangements of feather materials (keratin, melanin and air) that periodically vary in refractive index [7]. The latter (structural colours) are frequently produced by melanin-containing organelles (melanosomes) that likely self-assemble during development [8] to form thermodynamically stable, ordered structures such as hexagonal close-packed arrays [9]. However, for solid melanosomes, the observed variations of this hexagonal configuration, and hence the properties of colours they produce, are low relative to what is theoretically possible [10]. Achieving brighter or more saturated colours would require either (i) enhancing the refractive index contrast or (ii) increasing the relative amount of low refractive index material (in this case, keratin) by adding space between melanosomes, potentially decreasing order [11] and therefore thermodynamic stability during development.

Hollow melanosomes are morphological innovations that have likely evolved independently in at least seven avian families, including some that are notable for both the diversity and conspicuousness of their iridescent feathers (e.g. Galliformes) [9,12,13]. The replacement of melanin with air in the core of hollow melanosomes has potentially important optical consequences, as it introduces both a low refractive index material (air) that can be tuned...
independent of melanosome spacing, and a sharp refractive index contrast along the direction perpendicular to the melanosome axis. However, these consequences have never been fully quantified, limiting our understanding of their potential evolutionary significance. In this study, we used both theoretical modelling and empirical data to examine the mechanisms of colour production by hollow melanosomes in two focal species, the wild turkey (Meleagris gallopavo) and the violet-backed starling (Cinnyricinus leucogaster), and incorporated survey data from additional species to compare the colours produced by both hollow and solid hexagonal close-packed melanosomes.

2. Methods

(a) Experimental overview

The iridescent structures of birds, found in the barbules of feathers, are physically best described as photonic crystals (PCs), or nanostructures composed of materials with different refractive indices occurring at regular intervals. These materials can be ordered in one-, two- or three-dimensions [7]. Depending on the organization of and distance between repeating materials, certain wavelengths of light will pass through the structure, whereas others will not. To characterize the PCs created by hollow melanosomes, we sampled iridescent feathers from two focal species with hexagonal close-packed hollow melanosomes of different sizes [2] and quantified their morphologies using transmission electron microscopy. We then determined feather colour and tested hypotheses on the nature of the nanostructure by measuring reflectance as a function of angle and light polarization. To understand the colour-producing mechanism, we computed theoretical spectra based on the observed morphologies and compared the results with the empirical spectra. Using this optical model, we simulated the range of colours achievable with both solid and hollow melanosomes and plotted morphological and colour data from a broader set of taxa in this theoretical colour space. Detailed methodology is available in the electronic supplementary material.

(b) Morphological analysis

To examine their nanostructure, we imaged barbule cross-sections with transmission electron microscopy (TEM) following Shawkey et al. [14]. To further confirm nanostructural details, we examined longitudinal sections of unprepared barbules with scanning electron microscopy (SEM). From the TEM images, we measured the following parameters known to be significant to colour production on two to four barbule regions per individual per species: air space radius in the interior of melanosomes ($r_{\text{air}}$), melanosome radius ($r_{\text{mel}}$), thickness of the keratin cortex taken at 10 locations along the barbule edge and number of melanosome layers perpendicular to the feather surface (see electronic supplementary material, figure S1 for schematic). The wavelength of peak reflectance (hue) in PCs is largely determined by the spacing between particle centres (lattic constant a), whereas brightness is a function of the refractive index contrast ($n_{\text{mel}}/n_{\text{air}}$) and relative proportion of low-index material (openness) [15]. In our case, the lattice constant is the melanosome diameter, the refractive index contrast is $r_{\text{mel}}/r_{\text{air}} = 2$, and openness is the proportional amount of air within melanosomes ($l' = r_{\text{air}}/r_{\text{mel}}$). To compare the properties of hexagonal arrays of hollow and solid melanosomes, we calculated these variables from published data (see electronic supplementary material, table S1 for species and references) along with an additional openness metric for solid melanosomes ($w' = w/a$, where w is the distance between adjacent melanosomes).

(c) Spectral analysis

Two-dimensional PCs differ from one-dimensional PCs in their ability to scatter light depending on polarization and propagation direction. For example, because one-dimensional PCs have a uniform refractive index parallel to the surface they can only produce colour specularly (with the observer angle equal to the incident angle) and the reflected colour at normal incidence ($0^\circ$) is unpolarized [16]. By contrast, two-dimensional PCs can diffract light (causing visible colour when the observer angles differ from the incident angle), and the reflected colour at normal incidence is polarized [16]. To examine the optical properties of these nanostructures, and to test whether they are consistent with those of two-dimensional PCs, we determined backscattered, diffuse, and specular reflectance at different polarizations. From the resulting curves, we calculated brightness (peak height, $R_{\text{max}}$), hue (peak location, $\lambda_{\text{max}}$) [17] and saturation (full width of peak at half maximum) using the R package PAVO v. 0.1–2 [18].

(d) Refractive index-matching experiments

In both species, we observed a continuous layer of keratin (cortex) overlying melanosomes (figure 1h, i, j). To test whether interference from this layer produces the observed colours, we minimized its effect by performing a refractive index-matching experiment [10].

(e) Optical modelling

We used two modelling approaches to understand how light interacts with feather morphology. First, we used the plane-wave expansion method implemented in the program MPB [19] to build photonic band gap models and thus predict reflected colour as a function of incident angle (axes in a band structure diagram). Second, to make detailed comparisons with empirical reflectance spectra, we used the finite-difference time-domain method implemented in MIT electromagnetic equation propagation [20] to predict reflectance spectra for different polarizations and incident angles.

(f) Colourspace analysis

We calculated the range of colours that could theoretically be produced by variation in the morphology of two-dimensional hexagonal PCs composed of either solid or hollow melanosomes and compared the distributions of empirical morphologies and colours for each melanosome type in this theoretical colourspace using published data (see electronic supplementary material, table S1).

3. Results

(a) Morphological analysis

Iridescent feather barbules from both focal species contained a well-ordered hexagonal lattice of close-packed, rod-shaped hollow melanosomes beneath a keratin cortex (figure 1b, d). In turkeys, the melanosome diameter was larger than starlings, but the proportional amount of air within melanosomes (openness) was similar (see electronic supplementary material, table S1). Turkeys also had an additional layer of melanosomes compared with starlings (4.7 ± 0.1 versus 3.5 ± 0.1) and a much thicker keratin cortex (1075.5 ± 4.9 versus 114.5 ± 5.8 nm). Melanosome size estimates based on angle-resolved measurements matched the TEM values fairly well (see electronic supplementary material, appendix S5 and table S2). Fast-Fourier transforms (FFTs) of isolated regions of melanosomes indicated hexagonal periodicity...
for both species (figure 1b,d, left insets). However, FFTs of the whole-barbule surface (the complete nanostructure) differed. Because starling barbules are curved, the orientation of isolated regions of melanosomes varies along the barbule surface, resulting in an FFT pattern of concentric rings suggesting a loss of hexagonal periodicity (figure 1b, right inset). By contrast, turkeys have flatter barbules, and the whole-barbule FFT again showed hexagonal periodicity (figure 1d, right inset).

(b) Spectral analysis

Starling feather reflectance spectra at near-normal incidence showed a primary peak at around 800 nm and a secondary peak at 400 nm (figure 2a). The curves substantially differed depending on the incident light polarization. Specifically, the main peak was brighter and blue-shifted for TE- relative to TM-polarized light (figure 2a). Reflectance spectra of turkey feathers at near-normal incidence (10°) showed a primary peak extending into near-infrared wavelengths and a secondary ‘double peak’ centred at around 500 nm (figure 2b). Similar to starlings, the shape of the reflectance curves for wild turkeys differed with polarization: for TE-polarized light, the green peak decreased in reflectance and the infrared peak became much broader and taller compared with that for TM-polarized light (figure 2b). Backscattering reflectance of starling feathers revealed that the locations of both peaks remained largely invariant with increasing tilt angle and reflectance decreased only slightly, with the violet colour remaining visible at tilts above 60° (figure 2c). For turkey feathers, as tilt angle increased, there was an abrupt shift in colour as a new peak appeared between 650 and 700 nm (figure 2d). This red peak reached a maximum reflectance at a feather tilt of approximately 45° and was visible only when the viewing angle was perpendicular to the feather barbules. Diffuse measurements indicated that starling colour remained visible over a wider range of diffuse angles than turkeys (see electronic supplementary material, figure S3a). Turkey feathers additionally showed a faint but discrete peak shift from 520 to roughly 600 nm (see electronic supplementary material, figure S3b), consistent with the colour change observed in backscattering measurements.

(c) Refractive index-matching experiments

For starlings, when feathers were immersed in oil, both peaks shifted to slightly shorter wavelengths and the main peak broadened (see electronic supplementary material, figure S4a). For turkeys, the double reflectance peak near 500 nm diminished (i.e. became a single peak; electronic supplementary material, figure S4b). To test whether this latter effect is produced by thin-film interference by the keratin cortex, we determined the wavelengths of two consecutive local reflectance maxima and used a published equation (equations (6–9) in Ohring [21]) to predict film thickness given \( n_{ker} = 1.56 \). We inferred a cortex thickness of 1098 nm, in good agreement with that measured directly from TEM images (1076 nm). We could not perform this calculation in violet-backed starlings because the cortex was too thin (115 nm) to produce multiple reflectance peaks in visible wavelengths.
(d) Optical modelling

Optical simulations revealed a partial photonic band gap at normal incidence (along the \(GM\) direction) that was wider for TE- than TM-polarized light (see electronic supplementary material, figure S5). Additional partial band gaps opened up at multiples of this primary gap corresponding to higher-order Bragg reflections (shaded boxes around 400–500 nm in figure 3; note bold lines indicating light at normal incidence). Empirical reflectance curves at near-normal incidence (10°) matched the theoretical spectra calculated at the same angle moderately well, i.e. the predicted peak locations at normal incidence are about where expected from the empirical results (figure 3a,b). From the photonic band structure calculations, the reflectance peaks for both species occur about where first- and second-order Bragg diffraction is expected (shaded boxes in figure 3a,b). The colour change with feather tilt was explained well by the model (hue change approx. 120 nm versus 130 nm for the modelled and empirical results; figure 3b) and corresponded to reflection from melanosome rows tilted 30° from the feather surface. Additionally, our calculations of the empirical band structure from specular reflectance data matched the predicted results fairly well (see electronic supplementary material, figure S6 and appendix S6).

(e) Colourspace analysis

Simulated colours over a range of theoretical morphologies showed that hollow melanosomes have, on average, larger gap–midgap ratios than solid ones (figure 4a). Furthermore, the optimal configurations differed: for hollow melanosomes, the nanostructure with the largest gap–midgap ratio was close-packed (darkest grey line in figure 4a), but for solid melanosomes, the optimal nanostructure was non-close-packed. Empirical data showed that species with solid melanosomes had less open morphologies with smaller predicted gap–midgap ratios (figure 4a). By contrast, species with hollow melanosomes had more open morphologies with larger predicted gap–midgap ratios (figure 4a). Open structures produce reflectance spectra with broader reflectance peaks, leading to predictably brighter but less saturated colours. The distribution of empirical colour data in colourspace showed that surveyed species with hollow melanosomes had broader reflectance peaks than those with solid melanosomes (figure 4b), but similar hue and brightness values.

4. Discussion

We demonstrate that the colour-producing mechanism in violet-backed starlings and wild turkeys is a two-dimensional PC consisting of hexagonal close-packed hollow melanosomes. Combined with optical simulations and survey data, our results suggest that hollow melanosomes allow birds to produce a broader range of colours with close-packed configurations than solid melanosomes.
Increased morphological complexity can remove constraints on evolution [3]. Our data show that hollow melanosomes increase the optical complexity of iridescent nanostructures in birds by adding additional interfaces for interaction with light. Because the openness of close-packed hollow melanosomes is determined not only by the spacing between but also by the amount of air within melanosomes, these structures can produce bright colours even when close-packed (figures 3 and 4b). In turn, this configuration produces strong nanoscale ordering (figure 1b,d) and, in some cases, remarkable colour changes with angle (figure 2f). Thus, because close-packed nanostructures are more thermodynamically stable and therefore more likely to form by self-assembly [24], bright nanostructures may evolve more frequently in lineages with hollow melanosomes. Although air can also be introduced by arranging melanosomes in a square lattice [25], this is likely an unstable and limited
configuration (indeed, melanosomes cannot be suspended entirely in air), potentially explaining why it is found less frequently than close-packed configurations [9]. Interestingly, close-packed arrangements are also more mechanically stable than other forms [26], suggesting that they may confer additional tensile properties to feathers.

Although birds have diverse melanosome morphologies and arrangements, and hollow melanosomes are likely one of many innovations that have expanded colourspace, our results may be generalizable to other nanostructures as well. For example, the brilliant colours of hummingbirds (Trochilidae) produced by stacks of hollow platelets [27] would not be possible with solid close-packed platelets, as this configuration would effectively act as a thick layer of bulk melanin and absorb rather than coherently scatter light.

Our morphological and spectral results confirmed that hexagonal arrangements of hollow melanosomes in feather barbules act as two-dimensional PCs. First, TEM and SEM showed that melanosomes are air-filled and cylindrical (see figure 1 and electronic supplementary material, figure S2). Second, spectral results revealed that primary and secondary reflectance peaks for TE-polarized light were much broader and taller in both species than for TM-polarized light (figure 2a,b), matching the photonic band structure prediction (see electronic supplementary material, figure S5) and agreeing with theoretical results for similar photonic structures containing air [15]. Third, the empirical band structures computed from the specular reflectance curves matched the theoretical band structure fairly well (see electronic supplementary material, figure S6), and the colour shift observed in wild turkeys is possible only with a two-dimensional nanostructure (or three-dimensional, but this is clearly not the case here, see electronic supplementary material, figure S2) and was well explained by our optical model (figure 3b). Our modelling results rely on optical parameters (refractive index, absorption) that have never been empirically measured for avian melanin [28]. Some of the discrepancies between theoretical and empirical results (figure 3) may be attributable, in part, to differences between assumed and actual values, and measurement of such values is critically required. Nevertheless, these discrepancies in hue are well within the range, or lower than other previous reports in the literature (e.g. up to 90 nm in [29]), and our results strongly support our hypothesized colour mechanism.

We did not observe an abrupt shift in colour for starlings as we observed in the turkey; rather, the primary peak remained visible over a wide range of observation angles (figure 2c). This may be because starling barbules are strongly curved, whereas turkey barbules are almost flat (figure 1d, right insets). Barbule curvature influences the orientation of melanosome layers with respect to the observer and varies along the barbule surface. Thus, the observed colour is averaged over many crystal orientations [30] and is therefore diffuse as previously described in fruit doves [31] and peacocks [32]. Similar macrostructural features may explain why, contrary to theoretical predictions, feathers with hollow melanosomes were not uniformly brighter than those with solid melanosomes.

Abrupt colour changes have recently been described in a bird-of-paradise (Parotia lawesii) [33] as a result of boomerang-shaped barbules. However, wild turkeys had flat barbules and their colour change with tilt is more comparable with that of three-dimensional PCs in weevils [30] and butterflies [34]. Continuous changes in colour with viewing angle (iridescence sensu Newton [35]) are common in birds [10,32,36] but, to the best of our knowledge, this is the first description of discrete colour change resulting solely from nanostructure tilt (spectral iridescence, sensu [37]). Compared with continuous (graded) signals, discrete signals that vary abruptly may convey different aspects of individual quality or serve a signalling role themselves. Future studies should investigate potential sources of inter-individual variation in this dynamic trait (e.g. variation in nanoscale ordering of melanosomes), as well as the role of such discrete colour shifts in mating displays.

Birds have highly diverse plumage colours that likely evolve by intersexual selection [5], yet, the observed distribution of colours is uneven and restricted relative to what birds can perceive [38], possibly owing to constraints on mechanisms of colour production [39]. Hollow melanosomes may release some of this constraint by providing additional interfaces for light scattering and allowing different colours to be produced by the same colour-producing morphologies. This finding provides a potential mechanistic explanation for broad macroevolutionary patterns such as increased colour diversification in lineages with hollow melanosomes [40], and may also provide inspiration for mechanically stable PC fibres.

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