

# Can chunk size differences explain developmental changes in lexical learning?

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# 1 Can chunk size differences explain developmental changes in lexical 2 learning?

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#### 14 Abstract

15 In three experiments, we investigated Hebb repetition learning (HRL) differences between children 16 and adults, as a function of the type of item (lexical vs. sub-lexical) and the level of item-overlap between sequences. In a first experiment, it was shown that when non-repeating and repeating (Hebb) 17 18 sequences of words were all permutations of the same words, HRL was slower than when the 19 sequences shared no words. This item-overlap effect was observed in both children and adults. In a 20 second experiment, we used syllable sequences and we observed reduced HRL due to item-overlap 21 only in children. The findings are explained within a chunking account of the HRL effect on the basis 22 of which we hypothesize that children, compared with adults, chunk syllable sequences in smaller 23 units. By hypothesis, small chunks are more prone to interference from anagram representations 24 included in the filler sequences, potentially explaining the item-overlap effect in children. This hypothesis was tested in a third experiment with adults where we experimentally manipulated the 25 26 chunk size by embedding pauses in the syllable sequences. Interestingly, we showed that imposing a small chunk size caused adults to show the same behavioral effects as those observed in children. 27 Departing from the analogy between verbal HRL and lexical development, the results are discussed 28 in light of the less-is-more hypothesis of age-related differences in language acquisition. 29 30 31

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#### 35 1 Introduction

36 In this paper, we will investigate whether the Hebb learning effect in immediate serial recall (Hebb,

- 1961) can shed light on whether children learn verbal sequences differently from adults. It is assumed
- that children learn complex structures by chunking them into small units, and that this could provide
- them with a cognitive advantage when learning novel word-forms (c.f., the less-is-more hypothesis;
   Elman, 1993; Newport, 1990). Hebb repetition learning is a well-known sequential-learning
- 41 paradigm that is assumed to rely on the same cognitive resources as word-form learning (Page &
- 42 Norris, 2008, 2009). In line with the less-is-more hypothesis, therefore, we hypothesize that children
- 43 chunk Hebb sequences in smaller units than do adults, resulting in stronger Hebb-learning effects.
- 44 Previous Hebb learning studies found weak Hebb effects in children (Archibald & Joanisse, 2013;
- 45 Bogaerts, Szmalec, De Maeyer, Page, & Duyck, under review; Hsu & Bishop, 2014; Mosse &
- 46 Jarrold, 2008). It should be noted, however, that previous studies (a) employed exclusively sequences
- 47 of lexical items (i.e., word or digit sequences) and (b) tested Hebb repetition learning under
- 48 circumstances in which all sequences, whether repeated or not, were permutations of the same small
- 49 set of items (i.e., conditions of "item-overlap"). This does not resemble naturalistic word-form
- 50 learning. In two experiments, we will address both of these issues by directly comparing children and
- adults on a Hebb-learning task with overlapping and non-overlapping sequences, first using lexical items (i.e., sequences of words, Experiment 1) and then using sub-lexical items (i.e., sequences of
- syllables, Experiment 2). In a third experiment, we will investigate whether we can induce "child-

53 synaples, Experiment 2). In a third experiment, we will investigate whether we can induce child 54 like" behavior in adults by encouraging them to chunk syllable sequences in small units. Before

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55 describing these experiments, we will sketch out the theoretical background in more detail.

#### 56 **1.1 Starting small in language development**

It is widely accepted that sensitivity to language input varies as a function of age, including the 57 58 consensus that language acquisition should preferably take place before adolescence to achieve 59 native-like performance (Birdsong, 2006; Johnson & Newport, 1989; Lenneberg, 1967; Penfield & Roberts, 1959; Pinker, 1994; Singleton, 2007). However, the exact nature, cause and magnitude of 60 61 this *sensitive period* phenomenon in language learning remains an issue of wide controversy (Birdsong, 2006; DeKeyser, 2013; Hyltenstam & Abrahamsson, 2003), to the extent that the journal 62 *Science*, in its 125<sup>th</sup> anniversary edition, labeled the sensitive-period hypothesis as one of the most 63 64 fundamental yet unresolved questions in human science (Kennedy & Norman, 2005). According to 65 one language acquisition theory, maturational constraints on language learning are explained by 66 constraints on cognitive resources in childhood. Newport's (1990) less-is-more theory of language 67 development posits that children are more successful at language acquisition than adults because their 68 limited working memory capacity forces them to process a truncated portion of the input, allowing 69 them better to analyze their language into its smallest component structures rather than memorizing 70 larger, misleading chunks of input (Elman, 1993; Erickson & Thiessen, 2015; Newport, 1990). 71 Elman (1993) tested this idea by training a simple recurrent network (SRN) to learn complex 72 language structures. Under normal conditions, the network was unable to learn the sequential 73 regularities of an artificial language. But when Elman simulated children's working memory 74 limitations and the network was exposed to a staged input (item-by-item) instead of the entire 75 structure at once, the neural network's performance improved. The empirical evidence gathered from 76 human participants is, however, still far from conclusive (Conway, Ellefson, & Christiansen, 2003;

77 Lai & Poletiek, 2011).

## 78 **1.2** Sequential learning in novel-word acquisition

79 Sequential learning, defined as the ability to encode and represent the order of discrete elements 80 occurring in a sequence, is an important aspect of human cognition and skill learning (Conway & Christiansen, 2001). Sequential inputs are typically *chunked* into units or subsequences of items 81 82 (Lashley, 1951), recombined and, hence, memorized to acquire a full representation of the sequential 83 structure (Brooks & Vokey, 1991; Lafond, Tremblay, & Parmentier, 2010; Perruchet & Pacton, 84 2006; Saffran, 1996, 2001). It is generally accepted that several aspects of language learning and 85 processing are sequential in nature (Conway & Christiansen, 2001; Hsu & Bishop, 2014; Lafond et 86 al., 2010; Saffran, 1996, 2001). For example, sequences of phonemes form words and words in turn are sequentially aligned to form legal grammatical phrases (Pinker, 1994). An important source of 87 88 evidence for sequential learning in language acquisition is Saffran's statistical learning approach in 89 young infants (Saffran, 1996, 2001). In her studies, infants were exposed to a continuous speech 90 stream, which consisted of three three-syllable "pseudowords" that were repeated in random order (e.g., pabiku, golatu and daripo in pabikugolatudaropigolatupabikudaropi). In a subsequent test, 91 infants turned their heads more often and looked longer to the "pseudowords" (e.g., golatu) compared 92 93 with part-words (i.e., sequences spanning a word-boundary, e.g., bikugo). This demonstrates that 94 infants can segment a continuous speech input stream on the basis of the probability of co-occurrence 95 between the syllables (i.e., the transitional probabilities). It has been argued that this sensitivity to transitional probabilities is a reflection of underlying chunking mechanisms according to which 96 97 adjacent syllables are grouped into chunk representations that receive activation every time they are 98 encountered. Within this view, representations of groupings across word boundaries will show less 99 (re)activation because they are re-encountered less frequently during exposure; hence they will suffer 100 in competition with representations of groupings within word boundaries (see PARSER, Perruchet & Vinter, 1998; and, Extraction and Integration Framework, Erickson & Thiessen, 2015). This means 101 102 that whereas learners may appear to be sensitive to transitional probabilities, they are actually storing 103 chunks of the input stream, which - owing to interference in memory - are biased towards those 104 statistically coherent chunks that are frequently encountered during exposure (Erickson & Thiessen, 105 2015). This chunking hypothesis offers a different perspective on the way we learn sequences, 106 compared with an explanation based solely on transition probabilities (Jones, 2012).

107 Further experimental evidence for the role of sequential learning in language acquisition comes from 108 research within the Hebb repetition-learning paradigm (Hebb, 1961; Lafond et al., 2010; Mosse & 109 Jarrold, 2008). When, unannounced to participants, one particular sequence of items (i.e., letters, 110 phonemes) is repeated in the same order during an immediate serial recall task, performance for the 111 repeating sequence (often called a Hebb sequence) improves relative to non-repeating (filler) 112 sequences (Hebb, 1961). This finding is known as the Hebb repetition effect (HRE), and reflects the 113 gradual transfer of newly acquired serial-order information from short-term to long-term memory. 114 Learning in the Hebb repetition task can be considered to be implicit, as it occurs even without 115 explicit awareness of the repetition (Couture & Tremblay, 2006; Gagnon, Bedard, & Turcotte, 2005; Gagnon, Foster, Turcotte, & Jongenelis, 2004; Guerard, Saint-Aubin, Boucher, & Tremblay, 2011). 116 117 It has been hypothesized that the HRE relies on the same underlying mechanisms as word-form 118 learning. In the model of Page and Norris (2008, 2009), a new word-form is conceived as a 119 familiarized sequence of sub-lexical components (e.g., *lo-fo-du*). Repetitive learning of a syllable 120 sequence in a Hebb repetition experiment is, according to this hypothesis, functionally equivalent to 121 acquiring a corresponding novel word-form (e.g., "lofodu"). Previous work on the Hebb paradigm corroborated this hypothesis by the use of subsequent lexicalization tasks (Szmalec, Duyck, 122 123 Vandierendonck, Mata, & Page, 2009; Szmalec, Page, & Duyck, 2012). Participants recalled 124 sequences of nine CV syllables, grouped by pauses into three sets of three syllables, for immediate 125 serial recall. One repeating (Hebb) sequence contained nonsense syllable groups that were neighbors 126 of existing base-words (e.g., la-va-bu, sa-fa-ro, no-ma-du, that are close to the existing Dutch words

127 lavabo, safari and nomade). After learning and following an offline consolidation period of several 128 hours, lexical decision and pause detection tasks showed higher reaction times for existing words 129 that, by hypothesis, had acquired new competitors in the lexicon as a result of Hebb learning, slowing down their lexical decision and pause detection. This indicates that novel entries corresponding to 130 131 repeated syllable sequences are created in the mental lexicon through the process of repetitive serial-132 order (Hebb) learning. An increasing amount of experimental work is consistent with this hypothesis 133 (Gaskell & Ellis, 2009; Hurlstone, Hitch, & Baddeley, 2014; Majerus & Boukebza, 2013; Mosse & 134 Jarrold, 2008; Page, Cumming, Norris, McNeil, & Hitch, 2013), and has extended these findings towards developmental samples (Mosse & Jarrold, 2008) and samples with developmental language 135 disorders (Archibald & Joanisse, 2013; Bogaerts et al., under review; Bogaerts, Szmalec, Hachmann, 136 Page, & Duyck, 2015; Hsu & Bishop, 2014; Szmalec, Loncke, Page, & Duyck, 2011). 137

#### 138 **1.3** Item-overlap effects in the Hebb repetition paradigm

139 As briefly mentioned above, Page and Norris (2008, 2009) described a unifying model that accounts 140 for the Hebb repetition effect and the generic long-term learning of sequences, such as phonological 141 word-forms. According to their model, the learning of a particular sequence (e.g. lo-fo-du-be-ka-li*da-mu-vo*) comprises the allocation of one or more new chunk representations that are activated by 142 143 subsequent presentations of the learned sequence, hence enhancing recall performance as Hebb 144 learning proceeds. The occurrence of a Hebb effect is a result of two important assumptions. First, that any novel sequence that occurs during the Hebb task will activate a number of previously 145 146 uncommitted chunk representations. One of these will become *engaged* in response to that sequence, and a *commitment* starts in learning that sequence. Second, as a result of this first-trial learning, the 147 engaged chunk representation will be more strongly activated on several subsequent presentations 148 149 (i.e., repetitions) of the same sequence. As learning proceeds, the chunk representation becomes more order-sensitive and a competitive process starts during which chunk representations start *competing* 150 151 with each other to represent a given stimulus sequence.

152 The Page and Norris (2008, 2009) model offers an explanation for several findings with the Hebb 153 repetition paradigm, and explicitly addresses the hypothesis that HRE is underpinned by the same mechanisms as word-form learning. For example, the model can explain (a) why Hebb repetition 154 155 learning still occurs when repetitions are spaced further apart (e.g., every sixth trial, or even every twelfth trial, instead of every third trial), (b) why learning of multiple Hebb sequences is possible 156 157 when they are presented in interleaved fashion (e.g. one Hebb sequence is presented on trials 2, 6, 10 etc. and another Hebb sequence is presented on trials 4, 8, 12 etc. with filler sequences as non-158 159 repeating, intervening trials), and (c) how sequences can still be represented in memory three to four months after initial learning. All this is encouraging evidence for the hypothesis that the Hebb effect 160 161 is a laboratory analogue of the word-form learning process, given that novel word-form representations are unlikely to be closely spaced in daily life or to occur in the absence of other 162 competing word-forms. Interestingly, Mosse and Jarrold (2008) further also found that the magnitude 163 164 of Hebb learning using both verbal (i.e., sequences of digit words) and visuospatial stimuli, 165 correlated significantly with non-word (sublexical) learning in a paired-associate learning task, when testing young children. This provides further evidence for the hypothesis that Hebb learning, and 166 more precisely the core ability to represent and learn serial-order information across modalities, taps 167 into similar mechanisms as does word-form learning (Szmalec et al., 2009; Szmalec et al., 2012). 168

Page and colleagues (Page et al, 2013) further developed their model of the Hebb effect by manipulating the overlap between item-sets used in repeating and non-repeating sequences in the Hebb task. Overall, they observed reduced Hebb learning in adults when all sequences were 172 permutations of the same items. Remember that, according to their model, Hebb learning requires 173 that every distinct sequence in the task (including every filler sequence) engages a previously 174 uncommitted chunk-node on its first presentation. In other words, every sequence will be partly 175 learned on its first presentation – this is a logical requirement, given that it is not known in advance which sequences will subsequently repeat and which will not. When all sequences (repeating and 176 177 fillers) are derived from the same item-set, therefore, by the time that the first repetition of a Hebb 178 sequence occurs, there will be several engaged chunk representations, of which one is engaged to the 179 Hebb sequence and all the others are engaged to perfect anagrams of this Hebb sequence (since the 180 filler sequences are permutations of the same items – this explanation assumes, for simplicity, that 181 each sequence is learned as a single chunk, an assumption that is relaxed below). As a result, early in 182 learning, when representations are not yet very order-selective, the chunk representations of all filler 183 sequences will substantially co-activate in response to presentation of the repeating (Hebb) sequence. 184 This mass co-activation of chunk units representing filler sequences makes it harder to identify the 185 chunk unit that is committed to the repeating Hebb sequence. As a result, by hypothesis, learning of 186 that repeating sequence is slower.

#### 187 **1.4 Hebb learning in children**

188 Although Hebb representations are learned relatively fast and in a manner that is stable across time, 189 Hebb repetition effects observed in children appear to be relatively weak (Bogaerts et al., under 190 review; Hsu & Bishop, 2014; Mosse & Jarrold, 2008). This is surprising because, when considering 191 the ease with which children acquire novel word-forms from linguistic input in their environment, 192 one might anticipate that children would be good or even better at Hebb learning than adults. 193 However, the few studies that have investigated Hebb learning in children have used sequences of 194 digits or words instead of sequences of the phonemes or syllables that constitute the true sublexical 195 basis of novel word-forms. Furthermore, in previous Hebb learning studies, Hebb and filler 196 sequences showed full item-overlap, which is not the case for real-world word-form acquisition (see 197 also Page et al., 2013); this might have contributed to children's weak Hebb effects, consistent with 198 the way in which it contributed to a weakening in adults' Hebb repetition learning (see Page et al., 199 2013).

## 200 **1.5** The current study

201 Using the Hebb repetition paradigm, the present work aims to clarify the cognitive origins of novel 202 word-form learning in adults and children, within a model that explicitly links word-form learning to 203 the establishment of chunk representations in memory (Jones, 2012; Miller, 1956; Servan-Schreiber, 204 1990). In the first two experiments, we address the issues of (sub)lexical stimulus material and item-205 overlap, which may account for children's weak Hebb learning effects in previous studies. Experiment 1 was designed to estimate the effect of item-overlap between the filler and Hebb 206 207 sequences in adults and children, using sequences of lexical stimuli. We expected to see an item-208 overlap effect in adults (similar to Page et al., 2013) and also in children. In Experiment 2, the same 209 manipulations were adopted in a Hebb-learning experiment using sequences of sublexical materials 210 (i.e., syllables). We assume that Hebb-sequence learning of sublexical items is more comparable to 211 naturalistic word-form learning and therefore sublexical materials offer us a more valid means of 212 comparing verbal sequence (or word-form) learning in adults and children. We anticipated that 213 children would show stronger Hebb learning effects compared with adults, but only when there is no 214 item-overlap. In order to estimate more directly whether the age-related differences in Hebb learning 215 in Experiment 2 reflect chunking differences, we conducted Experiment 3. In this final experiment, 216 we inserted pauses in the verbal sequences in order to investigate whether we can induce "child-like"

behavior in adults by encouraging them to chunk the Hebb sequences into smaller units, as an
approximate simulation of children's chunking preferences (Elman, 1993; Jones, 2012; Newport,
1990).

#### 220 2 Experiment 1

221 In this experiment, we aimed to replicate Page et al.'s (2013) findings of reduced Hebb repetition 222 learning in adults as a result of item-overlap between sequences, and to extend these findings to 223 children. The same type of material was used as in Page et al., that is, sequences of one-syllable words. Unlike Page et al., and to make the Hebb task child-friendly, we presented word sequences 224 auditorily and participants were required to recall the sequence orally. Moreover, overlap of items 225 226 was manipulated within one Hebb learning block, instead of between separate blocks as in Page et al. 227 To this end, two Hebb sequences were presented in an interleaved fashion, with one Hebb sequence being a permutation of the same items as the non-repeating filler sequences and the second Hebb 228 229 sequence being constructed from different items. This within-block design is illustrated in Figure 1. Including both Hebb sequences in the same block allows a direct comparison between overlapping 230 231 and non-overlapping Hebb sequences, ensuring that the overlap effect is not confounded with 232 baseline differences in filler performance (which in a mixed design is the same for both conditions of 233 overlap). Children and adults were directly compared. Overall we predicted that learning (i.e., improvement in recall performance across trials) for the overlapping Hebb sequence would be 234 235 weaker compared with learning for the non-overlapping Hebb sequence, independently of the age 236 group.

#### 237 2.1 Participants

In total, 40 twelve-year old children and 39 adults took part in the study. All children were recruited 238 239 from four different schools in and around Brussels, the capital city of Belgium. Adults were recruited by means of advertising. We excluded participants who were diagnosed with dyslexia or dyscalculia 240 (n = 4 in the children group) based on earlier evidence that Hebb repetition learning is impaired in 241 dyslexia (Bogaerts et al., 2015; Szmalec et al., 2011). As a result, 36 children (mean age 11.7 ± .6 242 SD; 8F/28M) and 39 adults (mean age 31.4 years ± 12.4 SD; 21F/18M) were included for analysis. 243 All participants were French-speaking<sup>1</sup>. None of them suffered from any developmental, psychiatric 244 or neurological disorder. All participants gave informed consent (parental consent was obtained for 245 children). Neither children nor adults received any financial compensation for their participation. The 246 247 experimental procedure was approved by the Ethics Committee of the Université Catholique de 248 Louvain.

## 249 2.2 Materials

<sup>&</sup>lt;sup>1</sup> Both native and non-native French speakers were included. All participants used French on a daily base (i.e., in school or at work).

<sup>&</sup>lt;sup>2</sup> For example, a sequence such as "bras pied rue boue oie pluie jour nuit" could be recalled as "bras pied rue oie pluie nuit". This response would be scored as follows: 3 correct in the first step (i.e., "bras pied rue" from left to right); 1 correct in the second step (i.e., "nuit" from right to left); 2 correct in the third step (i.e., "oie pluie" occur together); and 0 in the last step (i.e., no other items in the correct position), for a total score of 6 (3 + 1 + 2 + 0) out of 9.

<sup>&</sup>lt;sup>3</sup> We present the first/second half analysis for matters of comparability with earlier studies on Hebb learning in developmental samples (e.g. Mosse and Jarrold, 2008; Joanisse and Archibald, 2013). The same analysis with regression slopes as a measure of Hebb repetition learning yielded qualitatively similar results. The entire dataset (i.e. with

250 Sequences of single-syllable French nouns, all with an age of acquisition (AoA) lower than 6 years, 251 were presented to the participants for immediate serial recall. The stimuli can be found in Table 1. 252 We adjusted the length of the sequences to the mean span of the age group and increased this by two 253 more items to avoid ceiling effects in Hebb repetition learning (resulting sequence-lengths were eight 254 items for children and nine items for adults). A pilot study on two twelve-years-olds and two adults 255 was performed to confirm that the two groups were tested at a comparable performance level (i.e., 256 similar filler performance across trials). To create the sequences, two item sets (A and B) of nine 257 words were generated by using Lexique 3.80 (New, Pallier, Brysbaert, & Ferrand, 2004), and 258 matched for AoA (F < 1 for both groups) (see Table 1). For the twelve-years-olds, the word *doigt* 259 from set A and *feu* from set B were excluded to obtain 8-item sequences that were matched on mean 260 AoA to the adult's 9-item sequences. Ten different sequence orders were created from each item set 261 and counterbalanced across our two Hebb conditions (i.e., overlapping Hebb condition (Ho) vs. non-262 overlapping Hebb condition (Hn)) to avoid stimulus-specific effects. The filler sequences contained 263 the same sequence-items as the overlapping Hebb sequence, but in a different order. The order of 264 words within the filler sequences was determined randomly by using the E-prime 2.0 software 265 (Psychology Software Tools, Pittsburgh, PA) algorithm (Schneider, Eschman, & Zuccolto, 2002). 266 The Hebb learning block consisted of 32 sequences in total, which were all presented for immediate 267 recall. Both the Ho and Hn sequences were mixed within the same block and were repeated on every

268 fourth trial, that is, eight times in total, interspersed with a total of 16 filler sequences.

#### 269 **2.3 Procedure**

The experiment started with a familiarization phase in which participants listened to each word that 270 271 would be used in the task. They were instructed to repeat the words out loud and were corrected if 272 necessary. We ensured that all words were known by the participants by asking them to define each 273 word separately. All words were recorded by a female voice and presented auditory at 60 dB using 274 Sennheizer HD265-1 headphones. The experiment was presented electronically using the E-Prime 275 2.0 software (Psychology Software Tools, Pittsburgh, PA) running on a Windows PC. The words 276 were presented one at a time for 750 msec with an inter-stimulus interval of 250 msec. The Hebb 277 learning procedure was similar to that in previous studies (Page, Cumming, Norris, Hitch, & Norris, 278 2006; Page et al., 2013; Szmalec et al., 2009; Szmalec et al., 2012). The task always started with 279 presentation of three filler sequences followed by one of the Hebb sequences, one filler sequence and 280 the other Hebb sequence (i.e. f, f, f, Hn, f, Ho, f, Hn, f, Ho, ... or f, f, f, Ho, f, Hn, f, Ho, f, Hn, ...), 281 counterbalanced across participants. The two first filler sequences were introduced as a practice. 282 Immediately after sequence presentation, a recall screen was presented with a question mark 283 signaling that the participants had to recall the CVs in the same order as presented. They were 284 allowed to say "blank" when they forgot a word at a particular serial position. The Hebb learning task 285 lasted approximately 30 minutes.

#### 286 **2.4 Results**

We scored Hebb recall performance using McKelvie's (1987) scoring method. This method takes into account both the position and the serial order of recalled items. In a first step, the number of items is counted that are in the correct position from left to right up to the first error. Secondly, the same step is repeated from right to left up to the first error. After this, the number of items in any correct sequence of two or more items between the first error from the left and the first error from the right is counted. Finally, any other items that occur in the correct position from left to right are

counted<sup>2</sup>. The maximal possible recall score using this procedure was 8 for the children (i.e., for 293 294 sequences of 8 items) and 9 for the adults (i.e., for sequences of 9 items). Recall performance for the 295 filler sequences was averaged across two consecutive filler trials to obtain an equal number (i.e., 296 eight) of filler and Hebb repetition scores. An arcsine square root transformation was completed on 297 all percent scores in order to transform the fixed-limit distribution of percentages to a normal 298 distribution appropriate for statistical analyses (Archibald & Joanisse, 2013). For clarity, all 299 descriptive statistics presented in the tables and figures represent the untransformed percentage of 300 correct scores. The data are plotted in Figure 2.

301

302 Recall accuracy was analyzed using a 2 (Group: children vs. adults) x 2 (Half: first vs. second) x 3 303 (Sequence type: filler vs. Hebb non-overlap vs. Hebb overlap) repeated measures ANOVA. In order 304 to evaluate implicit learning in the Hebb task, we employed the procedure adopted by Mosse and 305 Jarrold (2008) as well as Archibald and Joanisse (2013) that involves comparing performance on the first and second halves of each sequence type (for similar procedure, see also Turcotte, Gagnon, & 306 307 Poirier, 2005)<sup>3</sup>. While a main effect of Sequence type in favor of the Hebb sequence might provide 308 some evidence of learning that sequence, only the demonstration of improvements in performance for 309 repeated Hebb sequences, relative to the baseline filler sequences, can be taken as an indication of 310 implicit learning. Thus, an interaction between Sequence type and Half due to higher scores on the 311 Hebb sequences for the second half of the trials would provide evidence of Hebb learning (Archibald 312 & Joanisse, 2013). The ANOVA revealed a significant main effect of Group [F(1,73) = 12.89, p < 12.89].001,  $n_p^2 = .15$ ] with adults showing higher recall scores than children (49.66 ± 1.17<sub>SE</sub> vs. 39.58 ± 1.32<sub>SE</sub>). There was also a significant main effect of Half [F(1,73) = 37.24, p < .001,  $n_p^2 = .34$ ], such 313 314 that recall scores for the second half of the repetitions were higher than recall scores for the first half 315 316 of the repetitions  $(47.75 \pm 1.40_{SE} \text{ vs. } 41.88 \pm 1.13_{SE})$ , and a significant main effect of Sequence type  $[F(2,146) = 19.61, p < .001, n_p^2 = .21]$ . Comparisons revealed higher recall scores for the non-317 overlapping Hebb sequence  $(50.42 \pm 1.93_{SE})$  compared with the overlapping Hebb sequence  $(46.59 \pm 1.93_{SE})$ 318 1.45 <sub>SE</sub>) [F(1,146) = 19.35, p < .00,  $n_p^2 = .12$ ] and the filler sequence (37.45 ± 1.02 <sub>SE</sub>) [F(1,146) = 147.09, p < .001,  $n_p^2 = .50$ ]. Recall scores for the overlapping sequence were also significantly higher than for the filler sequence [F(1,146) = 59,75, p < .001,  $n_p^2 = .29$ ]. Further, there was a significant interaction between Half and Sequence type [F(2,146) = 47.74, p < .001,  $n_p^2 = .40$ ]. This did not 319 320 321 322 differ significantly between groups [F < 1]. The significant two-way interaction is illustrated in 323 Figure 3. Planned comparisons of the significant interaction between Half and Sequence type 324 325 revealed a significant increase across halves for the non-overlapping Hebb sequence [F(1,146) =141.28, p < .001,  $n_p^2 = .49$ ]. Comparable contrasts for the other sequences were non-significant. During the first half of the task, recall was higher for both the overlapping and non-overlapping Hebb sequence compared with the filler sequences [F(1,146) = 49.56, p < .001,  $n_p^2 = .25$  and F(1,146) = 3.86, p < .051,  $n_p^2 = .03$  respectively]. There was no difference between the two Hebb sequences. 326 327 328 329

<sup>&</sup>lt;sup>2</sup> For example, a sequence such as "bras pied rue boue oie pluie jour nuit" could be recalled as "bras pied rue oie pluie nuit". This response would be scored as follows: 3 correct in the first step (i.e., "bras pied rue" from left to right); 1 correct in the second step (i.e., "nuit" from right to left); 2 correct in the third step (i.e., "oie pluie" occur together); and 0 in the last step (i.e., no other items in the correct position), for a total score of 6 (3 + 1 + 2 + 0) out of 9.

<sup>&</sup>lt;sup>3</sup> We present the first/second half analysis for matters of comparability with earlier studies on Hebb learning in developmental samples (e.g. Mosse and Jarrold, 2008; Joanisse and Archibald, 2013). The same analysis with regression slopes as a measure of Hebb repetition learning yielded qualitatively similar results. The entire dataset (i.e. with regression measures and with first/second half measures) can be downloaded at: <u>https://github.com/NOORES/Chunking-in-Children-and-Adults/commit/c119681411d646c57a17efe10067c3139674f701.</u>

- 330 During the second half of the task, as during the first half, recall was higher for both the overlapping
- and non-overlapping Hebb sequence compared with the filler sequences [F(1,146) = 61.55, p < .001,331
- $n_p^2 = .30$  and F(1,146) = 230.65, p < .001,  $n_p^2 = .61$  respectively]. However, the non-overlapping Hebb sequence scored significantly higher than the overlapping Hebb sequence [F(1,146) = 66.38, p332
- 333 334
- $< .001, n_p^2 = .31$ ].

#### 335 Discussion 2.5

336 In Experiment 1, we manipulated overlap between the lexical items of Hebb and filler sequences. The 337 results showed that although recall was significantly better for both the non-overlapping and overlapping Hebb sequences compared with the filler sequences, the non-overlapping Hebb sequence 338 339 showed the strongest learning pattern. This was indicated by the significant improvement across 340 halves and the better recall during the second half of the task. These results are similar to what was 341 found with adults in Page et al. (2013), and these observations can be extended, for the first time, to 342 younger learners. Note that in the current study a different presentation modality (auditory) and recall 343 modality (oral) were used, and that overlap was manipulated within the same Hebb learning block, 344 compared with Page et al.. This shows that the overlap effect is robust. Importantly for the current 345 study, no interactions with group were found. This indicates that Hebb repetition learning and its 346 sensitivity to overlap can be generalized across development. Note that recall during the first half of 347 the task was higher for Hebb sequences compared with filler sequences. We argue that this can be 348 explained by the rapid memorization of the Hebb sequence during the first four repetitions (see 349 Figure 2).

350

351 In the next experiment, we aimed to test the effect of item-overlap in children and adults when using 352 sublexical items (i.e., sequences of syllables). Because children are assumed to show very strong 353 word-learning skills throughout childhood (e.g., Pinker & Jackendoff, 2005), we predicted that the 354 children in the current experiment would acquire the sublexical sequences, which are functionally 355 equivalent to novel words, more rapidly than the adults and that this would be reflected in a stronger 356 Hebb-learning effect. In addition, in line with Page et al.'s theoretical framework, and in an attempt 357 to offer an explanation for weak HRE with children in previous studies, we predicted that children would, if anything, be more significantly affected by item-overlap during learning. 358

359 **Experiment 2** 3

#### 360 3.1 **Participants**

361 The same participants took part as in Experiment 1.

#### 362 3.2 **Materials and Procedure**

363 Exactly the same procedure was used as in Experiment 1, except for the items, which were nonsense 364 syllables instead of words. All syllables had a consonant-vowel structure (CV). Again the length of 365 the sequences was adjusted to the memory span of the age group, increased by two syllables and 366 piloted in two children and adults. Two sets (A and B) of nine syllables were generated by the use of 367 WordGen (Duyck, Desmet & Verbeeke, 2004) and matched for biphone frequency (F < 1 for both 368 groups). Both item sets are presented in Table 2. For the twelve-year-old children, the CVs xu from 369 set A and wu from set B were excluded to match sequences used in children with sequences used in 370 adults (on mean biphone frequency). We ensured that consecutive phonemes could not sound like existing words in French (e.g., cave or colis). All CVs were recorded by the same female voice as in 371 372 Experiment 1 and presented auditorily at 60dB using Sennheizer HD265-1 headphones. The CVs

were presented for 500msec with an inter-stimulus interval of 500msec. The Hebb learning tasklasted approximately 30 minutes.

#### 375 3.3 Results

376 Again, McKelvie scoring was used to obtain immediate serial recall scores. The data are plotted in 377 Figure 4. For each participant, the percentage correct scores were averaged across the first four and 378 last four sequence repetitions, to obtain two halve scores, and transformed using arcsin square root 379 transformation. The transformed scores were entered into a 2 (Group: children vs. adults) x 2 (Half: 380 first vs. second) x 3 (Sequence type: filler vs. Hebb non-overlap vs. Hebb overlap) repeated measures 381 ANOVA, as before. This yielded no significant effect of Group  $[F(1,73) = 2.32, p = .13, n_p^2 = .03]$ . There was a significant main effect of Half  $[F(1,73) = 93.66, p < .001, n_p^2 = .56]$  such that recall 382 383 scores for the second half of the repetitions was higher than recall scores for the first half of the 384 repetitions (48.22  $\pm$  1.39<sub>SE</sub> vs. 38.15  $\pm$  1.05<sub>SE</sub>), and a significant main effect of Sequence type  $[F(2,146) = 26.46, p < .001, n_p^2 = .27]$ . Comparisons revealed better recall for the non-overlapping 385 Hebb sequence  $(47.95 \pm 1.73_{SE})$  compared with the filler sequences  $(34.80 \pm .99_{SE})$  [F(1,146) = 386 387 122.74, p < .001,  $n_p^2 = .46$ ], and better recall for the overlapping Hebb sequence (46.80± 1.64<sub>SE</sub>) compared with the filler sequences  $[F(1,146) = 88.71, p < .001, n_p^2 = .38]$ . There were no differences between the two Hebb sequences. Crucially, there was a significant interaction between Half and 388 389 390 Sequence type  $[F(2,146)=25.54, p < .001, n_p^2 = .25]$ , that in turn interacted significantly with Group  $[F(2,146) = 4.34, p < .01, n_p^2 = .13]$ . This three-way interaction is illustrated in Figure 5. Planned 391 392 comparisons within both groups revealed a significant non-overlapping Hebb effect (i.e. the different 393 improvement across halves between filler and non-overlapping sequences) for children [F(1,146)=41.31, p < .001,  $n_p^2 = .22$ ], and adults [F(1,146) = 10.83, p < .01,  $n_p^2 = .07$ ]. This non-overlapping Hebb effect was significantly larger for children compared to adults [F(1,146) = 5.55, p < .05,  $n_p^2 = .05$ 394 395 .04]. Further comparisons revealed the presence of an overlapping Hebb effect in both children 396  $[F(1,146) = 8.00, p < .01, n_p^2 = .05]$  and adults  $[F(1,146) = 11.97, p < .001, n_p^2 = .08]$ . This did 397 398 however not differ between groups, F < 1. Children showed a significantly lower improvement 399 across halves for the overlapping Hebb sequence compared with the non-overlapping Hebb sequence  $[F(1,146)=12.95, p < .01, n_p^2 = .08]$ . There was no such difference for adults, F < 1. Children and 400 adults did not differ on differences across halves for the filler sequences, F < 1. 401

#### 402 **3.4 Discussion**

In Experiment 2, Hebb sequences were made of nonsense CV syllables instead of existing words.
While children showed reduced Hebb learning due to item-overlap with filler sequences, surprisingly
no such overlap effect was observed in adults. Although children (and adults) were still able to learn
the overlapping sequence, as reflected by the improvement across halves (in contrast to Experiment
1), children showed less improvement on the overlapping compared with the non-overlapping Hebb
sequence. Finally and very importantly, we observed a larger Hebb repetition effect in children
compared with adults for non-overlapping syllable sequences.

- 411 In an attempt to explain what is driving the different results for item-overlap obtained for children
- 412 versus adults in the current experiment, we considered some recent simulation work on children's
- 413 non-word (sublexical) repetition behavior using a computational instantiation of the chunking
- 414 hypothesis, that is, the Elementary Perceiver and Memorizer (EPAM) (Feigenbaum & Simon, 1984;
- 415 Jones, 2012). Overall, the chunking hypothesis suggests that repeated exposure to a stimulus set, for
- 416 example, a sequence of phonemes or syllables, leads to the stimuli being represented in larger and
- 417 larger chunks (Miller, 1956). Chunking may be very beneficial when one considers that short-term

418 memory has a limited capacity. Only information that requires less than 2s to process can be reliably 419 stored in working memory (see Jones, 2012, using an approximation from Baddeley, Thomson & Buchanan, 1975). Hence, take as an example a sequence of phonemes *l o f o d u*. According to the 420 421 EPAM model of phoneme (chunk) learning, a time of 400 ms would be needed to encode each 422 phoneme of that sequence (see Jones, 2012). This means that encoding the sequence l o f o d u would 423 require a time of more than 2s (i.e. 6x400ms), and hence would not be reliably stored in working 424 memory. If, however, the sequence *l o f o d u* is learned by chunking the sequence into adjacent 425 phonemes, lo fo du, and if we assume that an additional 30ms is needed to process each phoneme within a chunk (excluding the first phoneme; see Jones, 2013) less than 2s (3x430ms) would be 426 427 needed to process the sequence. Jones (2012) argues that chunking leads to the false perception that 428 short-term memory capacity increases across development: instead, he asserts that it is not capacity 429 that increases across development but the size of chunks (with the use of larger chunks leading 430 towards apparently higher capacity). In an attempt to demonstrate this, Jones used the EPAM model to simulate earlier developmental work on non-word repetition learning. In his simulation, the model 431 432 was trained on linguistic input (e.g. the non-word *hampent*) while holding capacity and processing 433 speed constant. Over time, the model learned chunks of phoneme sequences. Early in training, many 434 small chunks were extracted from the non-word (e.g. ha, m, pe, nt), matching repetition performance 435 of the younger children. Late in training, however, the model extracted a few larger chunks (e.g. h, 436 amp, ent), matching performance of the older children. This illustrates that chunking may offer an 437 important explanation for developmental changes in task performance that involves learning novel 438 word-forms (even when controlling for developmental changes in capacity and processing speed).

439

440 According to our working hypothesis, learning within the Hebb repetition paradigm establishes new 441 chunks that are enhanced in memory by subsequent repetitions (Page et al., 2013; Page & Norris, 442 2008, 2009). Jones' (2012) findings let us further hypothesize that encoding of chunks within the 443 sublexical Hebb task takes place at different grain sizes in children compared with adults, with 444 children using a larger number of *small chunks* and adults using a smaller number of *large chunks*. If 445 a Hebb sequence, such as *ja ve ri ka be ti so mu*, is chunked in four two-item chunks as *jave rika beti* 446 and *somu* (note that when chunking this way, the list can be more reliably encoded in working 447 memory, i.e. 4x490 = 1960 ms which is below Jones' presumed capacity of 2s), four chunks will 448 engage for learning on the first presentation of that sequence. As long as the filler sequences are from 449 a different syllable set, there should be nothing to interrupt that learning. If, however, the fillers are 450 made up of the same set (i.e., in the overlap condition), it is likely that anagrams of these chunks, e.g., veja kari tibe muso, will turn up quite often in the non-repeating filler sequences<sup>4</sup>, and hence 451 452 slow down learning (i.e., an overlap effect as modeled by Page & Norris, 2009). If on the other hand the same Hebb sequence is chunked into a few larger units, let us say two chunks of four items, 453 454 *javerika* and *betisomu*, the probability that a full anagram of that chunk (e.g., *vejakari*) turns up early 455 in the filler trials is relatively low (see the same footnote). Hence, larger chunking of syllable 456 sequences representing new word-forms, could explain why adults did not show an overlap effect in 457 the current experiment.

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<sup>&</sup>lt;sup>4</sup> The probability that a syllable *ve* turns up in a random filler sequence at an odd position is 0.5, and in 1/7 of these occasions there will be a *ja* following this syllable, giving it a 1/14 chance that *veja* turns up as a learnable chunk in the filler sequence. The same applies for each of the other chunks, giving a probability of around 0.29 that a random filler sequence contains a chunk that is a perfect anagram of one of the chunks in the Hebb sequence. In contrast, when chunking Hebb sequences in larger, say two 4-item, chunks, the probability that any combination of *ja ve ri* and *ka* (other than *javerika* itself) occurs as a chunk in either half of a filler sequence would be only 0.027. So if you chunk the Hebb sequences, thus minimizing the extent to which learning is slowed by item overlap between Hebb sequences and fillers.

- 459 The aim of the third experiment was, therefore, to investigate whether the absence of an overlap
- 460 effect in adults in Experiment 2 was indeed due to the use of a different chunk size in adults. To test
- this hypothesis, we encouraged (through a manipulation of time parameters) a sample of adult
- participants to group Hebb sequences in small, two-item chunks (e.g., jave rika beti somu), just like
   we suppose children do. We predicted that an overlap effect would emerge when adults are
- 464 encouraged to memorize small chunks, in contrast to a group of control adults who were not
- 465 encouraged to chunk small. Furthermore, we predicted that adults who chunk small would show a
- 466 larger non-overlapping Hebb learning effect compared with that of the control adults, in line with the
- 467 larger non-overlapping Hebb-learning effect seen for children in Experiment 2. If the small-chunk
- 468 group of adults indeed shows an item-overlap effect, and a superior non-overlapping Hebb effect, we
- 469 will be more secure in concluding that chunking strategy (more particularly, preferred chunk size)
- 470 drives developmental differences in sublexical verbal Hebb sequence learning.

# 471 4 Experiment 3

# 472 4.1 Participants

473 In total, 59 participants took part in the experiment. All participants were recruited by means of 474 advertising and were randomly allocated to a Hebb-learning condition with chunking (n = 29, mean)475 age  $29.72 \pm 11.33_{SD}$ , 20F/9M) or without chunking (n = 30, mean age  $28.86 \pm 12.13_{SD}$ , 21F/9M). All 476 participants were living or working in the French part of Belgium. Two participants (one in each 477 condition) were living and working in the Flemish part of Belgium but had a good understanding of 478 the French language. None of them suffered from any developmental, psychiatric or neurological 479 disorders. All participants gave informed consent, and the Ethics Committee of the Université 480 Catholique de Louvain approved the experimental procedure.

# 481 4.2 Materials and Procedure

482 The same materials and procedure were used as in Experiment 2. For the Hebb learning condition 483 with chunking, however, no interstimulus interval was provided except after  $CV_2$ ,  $CV_4$ ,  $CV_6$  and  $CV_8$ 484 for which the interval was 1000msec. These spacing parameters were designed to encourage the 485 participant to chunk the sequence in four two-items chunks, and one one-item chunk (i.e., CV<sub>1</sub>CV<sub>2</sub> 486  $CV_3CV_4$   $CV_5CV_6$   $CV_7CV_8$   $CV_9$ ). After each sequence, explicit recall was required by use of a 487 recall screen. On the recall screen, presented immediately after presentation of the last CV, the nine 488 CVs were arranged randomly in a circle around a central question mark. Participants were required to 489 recall the CVs in the same order as they were presented by clicking with the mouse device on the 490 syllable. Participants received no cue for clicking, so that a given CV could be clicked more than 491 once. In contrast to the response format used in Experiments 1 and 2 (in which participants had to 492 respond out loud), the recall method did not allow intrusion of CVs that were not presented. The 493 participants were instructed to click the question mark in order to indicate that a CV was omitted in 494 their response. They were told that it would take the position in the sequence where the CV occurred. 495 After each trial, the spacebar was pressed to start the next trial. Note that the positioning of the CVs 496 around the question mark was random on each trial, preventing Hebb learning from being 497 confounded by the learning of a spatial-clicking pattern. All CVs were recorded by a new female 498 voice and presented auditorily at 60 dB using Bose QC 15 headphones. The experiment was 499 presented using a Dell PC running software written in E-prime 2.0.

## 500 **4.3 Results**

501 McKelvie scoring was used to obtain immediate serial recall scores. The data are plotted in Figure 6. 502 For each participant, the percentage correct scores were averaged across the first four and last four 503 sequence repetitions, so as to obtain two scores, one for each half, and scores were transformed using arcsin square root transformation. The transformed scores were entered into a 2 (Group: chunk adults 504 505 vs. control adults) x 2 (Half: first vs. second) x 3 (Sequence type: filler vs. Hebb non-overlap vs. Hebb overlap) repeated measures ANOVA. This yielded no significant effect of Group [F < 1]. 506 There was a significant main effect of Half  $[F(1,57) = 78.74, p < .001, n_p^2 = .58]$  such that recall 507 scores for the second half of the repetitions was higher than recall scores for the first half of the 508 repetitions (68.39  $\pm$  1.39<sub>SE</sub> vs. 60.22  $\pm$  1.07<sub>SE</sub>), and a significant main effect of Sequence type 509  $[F(2,114) = 52.16, p < .001, n_p^2 = .48]$ . Comparisons revealed better recall for the non-overlapping 510 Hebb sequence  $(72.29 \pm 1.67_{SE})$  compared with the filler sequences  $(55.07 \pm 1.05_{SE})$  [F(1,114) = 511 259.42, p < .001,  $n_p^2 = .69$ ], and better recall for the overlapping Hebb sequence (65.53 ± 1.48<sub>SE</sub>) 512 compared with the filler sequences  $[F(1,114) = 90.43, p < .001, n_p^2 = .44]$ . There was also a 513 significant difference between the two Hebb sequences  $[F(1,114) = 43.52, p < .001, n_p^2 = .28]$ . 514 Crucially, there was a significant interaction between Half and Sequence type  $[F(2,114)=29.18, p < 10^{-4}]$ 515 .001,  $n_p^2 = .45$ ], that in turn interacted significantly with Group  $[F(2,114) = 4.09, p < .05, n_p^2 = .16]$ . This three-way interaction is illustrated in Figure 7. Planned comparisons within both groups 516 517 518 revealed a significant non-overlapping Hebb effect (i.e., a different improvement across halves for filler and non-overlapping sequences) for chunk adults  $[F(1,114)=50.56, p < .001, n_p^2 = .31]$ , and control adults  $[F(1,114)=12.92, p < .01, n_p^2 = .10]$ . This non-overlapping Hebb effect was significantly larger for chunk adults compared with control adults  $[F(1,114)=6.51, p < .05, n_p^2 = .01, n_p^2 = .01]$ . 519 520 521 .05]. Further comparisons revealed the presence of an overlapping Hebb effect in both chunk adults  $[F(1,114)=10.86, p < .01, n_p^2 = .09]$  and control adults  $[F(1,114)=9.80, p < .01, n_p^2 = .08]$ . This did 522 523 524 however not differ between groups, F < 1. Chunk adults showed a significant lower improvement across halves for the overlapping Hebb sequence compared with the non-overlapping Hebb sequence 525  $[F(1,114)=14.56, p < .001, n_p^2 = .11]$ . There was no such difference for control adults, F < 1. Chunk 526 527 adults and control adults did not differ on differences across halves for the filler sequences, F < 1. 528 During the first half of the task, both groups showed significantly better recall for the non-529 overlapping Hebb sequence compared with the filler sequence [control, F(1,114) = 15.63, p < .001,  $n_p^2 = .12$ ; chunk, F(1,114) = 21.26, p < .001,  $n_p^2 = .16$ ], and for the overlapping Hebb sequence compared with the filler sequence [control, F(1,114) = 8.66, p < .01,  $n_p^2 = .07$ ; chunk, F(1,114) = 4.07, p < .05,  $n_p^2 = .03$ ]. The chunk group also showed significantly better recall for the non-530 531 532 overlapping Hebb sequences compared with the overlapping Hebb sequence, F(1,114) = 6.73, p < 100533 .05,  $n_p^2 = .06$ ]. For all contrasts, there were however no differences between groups, Fs <1. During 534 the second Half of the task, only the chunk group showed better recall for the non-overlapping Hebb 535 sequence compared with the filler sequence, F(1,114) = 63.86, p < .001,  $n_p^2 = .36$ ]. During the 536 537 second half of the task, the non-overlapping Hebb effect (i.e. difference between Hebb and filler 538 sequence) was significantly higher for the chunk group compared with the control group [F(1,114)= $17.01, p < .001, n^2_p = .13$ ] 539

#### 540 4.4 Discussion

In Experiment 3, the same sublexical material was used as in Experiment 2. One sample of adult participants (i.e. the chunk adults) was, however, encouraged to group Hebb and filler sequences in small, two-item chunks (e.g., *jave rika beti somu*). While the control adults again showed no effect of item-overlap, replicating the null effect for adults in Experiment 2, adults that were encouraged to chunk small did show a reliable item-overlap effect, similar to the children in Experiment 2. Indeed, small-chunk adults showed less improvement on the overlapping compared with the non-overlapping Hebb sequences. Moreover, we observed a larger (non-overlapping) Hebb repetition effect in adults

that were encouraged to chunk small compared with the control adults that were not encouraged to do so. Note that recall during the first half of the task was higher for Hebb sequences compared with filler sequences. This again indicates a rapid memorization of the Hebb sequence during the first four repetitions (see Figure 6). Chunking in particular helped rapid learning of the non-overlapping Hebb sequence (as reflected by better recall for the non-overlapping Hebb sequence during the first half of the task, only in the chunk group).

554

#### 555 **5** General Discussion

556 Words are essentially sequences of smaller, sublexical constituents (i.e., phonetic features,

phonemes, syllables) that combine to make larger lexical representations (Pinker, 1994). In order to 557 558 learn such a (complex) combinatorial set, children must be able to isolate starting elements from the 559 sequential input they are exposed to and then gradually acquire the pattern of legal combinations 560 (Newport, Hauser, Spaepen, & Aslin, 2004). Although children are commonly believed to be better 561 language learners than adults, it remains to this day unclear whether or how children and adults differ 562 in terms of the serial-order learning mechanisms that underlie novel word-form learning. In the 563 present work, we investigated serial-order learning differences between children and adults, using a 564 laboratory analogue of novel word-form acquisition, better known as the Hebb repetition learning effect. In a first experiment, sequences of existing words were presented for immediate serial recall. 565 One of the repeating Hebb sequences contained the same words as the filler sequences (the overlap 566 567 condition). We found comparable Hebb repetition effects in both children and adults. Moreover, we 568 found reduced Hebb learning due to overlap in adults, replicating previous studies, and, for the first 569 time, the same effect was also observed in children. One limitation regarding this experiment and 570 previous studies, though, concerns the use of lexical items (words) in the sequential input. Sequences 571 of lexical items are not equivalent to novel words, which are essentially sequences of sublexical 572 items, and the word sequences might therefore have obscured potentially stronger learning effects in 573 children. To address this question, a second experiment was designed to compare children and adults 574 on a Hebb repetition-learning task using sublexical sequences mimicking novel words. Importantly, 575 we found that children now showed a stronger Hebb repetition effect compared with adults. 576 Surprisingly, however, only children showed reduced learning due to item-overlap between Hebb and 577 filler sequences. This is a very interesting finding, particularly if we assume that children learn new word-forms by chunking them in smaller units than do adults (Jones, 2012). Small two-syllable 578 579 chunks in Hebb sequences (e.g. AB CD EF GH) are more sensitive to item-overlap than larger, three 580 or four-syllable chunks (e.g., ABCD EFGH). With reference to the chunk-learning account of Page 581 and Norris (2009), it is more likely that a perfect anagram of a small chunk shows up in the filler 582 sequences, slowing down Hebb repetition learning, compared to a perfect anagram of a larger chunk, 583 which is assumed to have a less detrimental effect on Hebb learning. This was tested more directly in 584 a third experiment in which we encouraged adults to chunk sublexical sequences smaller, i.e. into 585 four two-syllable units. This resulted in the appearance of an item-overlap effect and most 586 importantly, it improved Hebb repetition learning in a similar manner as we observed in children.

The notion of starting small has already been proposed within word-learning theories (Elman, 1991, 1993) and was also supported by subsequent empirical studies (Conway et al., 2003). This gave rise to the less-is-more hypothesis in language learning (Newport, 1990). Newport explained that children are better able to learn languages than adults *because* they have fewer cognitive resources available (smaller working memory capacities). Children will naturally proceed by beginning with small parts and will proceed to more complex constructions as they mature. More competent adults will begin by 593 trying to acquire larger structures from the start because their cognitive resources allow them to do 594 so. Interestingly, Jones (2012) proposes an alternative view in which he argues that chunking (or 595 starting small) should be considered as an explanation for developmental differences in cognitive 596 behavior *without* the need for additional developmental changes in short-term memory capacity or 597 processing speed (see 3.4). In his view, changes in short-term memory capacity can more likely be 598 seen as the consequence, rather than the cause of changes in chunk behavior. According to Rhode 599 and Plaut (2002), starting small is, by itself, not a critical condition to reach linguistic fluency and is 600 only beneficial for children because their learning is characterized by a (connectionist) system that is still unorganized and inexperienced yet still highly flexible to future adaptation, in contrast to that of 601 602 adults. This also accords with the granularity effect that has been described within the grammar-603 learning domain (Arnon & Ramscar, 2012). Arnon and Ramscar showed that, during grammatical 604 gender learning (i.e., learning new article + noun combinations), adults benefited more from 605 exposure to the full complex sentence before exposure to the single nouns. Similarly, in the current 606 study, we found that small chunking was beneficial for Hebb repetition learning but only when there 607 was no full item-overlap between sequences. Item-overlap causes strong competition from interfering 608 structures in the filler sequences making Hebb learning difficult. This suggests that for complex 609 linguistic input, other more adult-adapted learning strategies are necessary. We assume that chunking 610 sequences in larger units is one of those strategies. It explains the lack of an overlap-effect in the 611 nonword Hebb task because it is less likely that anagrams of a large chunk show up in the filler

612 sequences.

613 What is still not clear from the current study is whether children and adults, if anything, use a

614 different grain size for chunking the lexical Hebb sequences. In Experiment 1, when lexical

615 sequences were presented for immediate recall, children and adults both showed a comparable item-616 overlap effect. There are two chunking sizes that could explain this item-overlap effect. Either, both

616 overlap effect. There are two chunking sizes that could explain this item-overlap effect. Either, both 617 children and adults chunk lexical Hebb sequences in small two-word units for which competing

618 anagrams turn up quite often in the filler sequences, or, adults represent the entire lexical Hebb

- 619 sequence as one large chunk that receives competition from its perfect anagram in every filler
- sequence as one large entite that receives competition from its perfect anagram in every filter 620 sequence (the same sequence but in a different order – this was the explanation originally offered by
- 621 Page & Norris, 2009). According to Jones (2012) chunking depends on the amount of exposure to the

622 stimuli in the environment (prior knowledge): more exposure leads to larger chunks. Recently, it has

been found that prior learning of item-by-item transitions affects immediate recall of word sequences (e.g. *chou feu veau pain*, etc.) and non-word sequences (e.g. *chon zin bi leuh*, etc.) (Majerus,

625 Martinez Perez, & Oberauer, 2012). In contrast, immediate recall of digit sequences is only affected

by prior learning of the entire sequence. The authors argue that digits are linguistic chunks that we

627 frequently experience in large arbitrary combinations (e.g., phone numbers) while this is not the case

628 for sequences of random words or non-words. This results in the false perception that short-term

629 memory "capacity" for digits is superior to short-term memory for words. With this in mind, we 630 might assume that children vs. adults use different chunking strategies for lexical vs. sublexical

630 might assume that children vs. adults use different chunking strategies for lexical vs. sublexical 631 sequences, resulting in different competition effects in Experiments 1 and 2. This could be a

reflection of underlying differences in experience with the sequential input, independently of

potential differences in working memory capacity. Future research should shed more light on the

634 dissociation between working memory capacity and prior knowledge as possible factors driving

635 developmental sensitivities in Hebb learning.

# 636 6 Conclusion

637 Why are children better language learners than adults? This is an important question in the light of

638 the sensitive-period theory of language acquisition. The current study approaches this question from

639 a memory and learning perspective in which we assume that children are better language learners 640 because they chunk linguistic structures in smaller subsequences compared with adults (a species of 641 the *less-is-more* hypothesis). Previous studies showed that Hebb repetition learning, a sequential learning analogue of word-form learning, is rather weak in children. This is not in accordance with 642 643 the sensitive-period hypothesis, according to which we would predict strong Hebb learning effects in 644 children. The lack of strong Hebb learning effects in children in previous studies is likely to be explained by (a) the use of stimulus materials that do not resemble naturalistic word learning (i.e. 645 sequences of words or digits instead of sequences of syllables or phonemes), and (b) the item-overlap 646 between sequences that results in weaker Hebb learning, at least in adults. The current study was the 647 648 first to test these hypotheses by directly comparing children and adults on a Hebb-learning task that 649 contains either lexical or sub-lexical sequences, and with or without item-overlap. Furthermore, 650 children and adults' Hebb-learning differences were directly assessed within the less-is-more hypothesis of language acquisition by encouraging adults to chunk Hebb sequences into small units. 651 Overall, we found that children (Experiment 2) and small-chunking adults (Experiment 3) showed 652 653 superior Hebb repetition learning performance. This suggests that children and adults differ in the way they chunk verbal sequential material, potentially offering insights into the sensitive-period 654 hypothesis for language acquisition. Most importantly, the present study shows that human-memory 655 theories have a significant potential to improve our understanding of the cognitive processes that lay 656

657 the foundation of language acquisition across life.

## 658 7 Conflict of Interest Statement

659 There are no conflicts of interest.

#### 660 8 Author contributions

ES contributed to conception and operationalization of the study as well as the acquisition, analysis 661 662 and interpretation of the data, and the writing of the manuscript. LB contributed to the conception of the study, the interpretation of the data and the content/editing of the manuscript. MS contributed to 663 664 the operationalization of the first two experiments as well as their data acquisition. MP contributed to the conception of the study, the interpretation of the data and the content/editing of the manuscript. 665 WD contributed to the conception of the study and the content/editing of the manuscript. ME 666 contributed to the content/editing of the manuscript. AS contributed to the conception and 667 668 operationalization of the study as well as the interpretation of the data and the content/editing of the 669 manuscript.

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- 808 **12 Tables and Figures**

# 809 12.1 Tables

Table 1. Stimuli material for experiment 1a. Eight and nine single-syllable words were used for twelve-years-olds and adults respectively. Age of Acquisition (years) for each word is reported.

Set	Set A		t B
CV	AoA	CV	AoA

СНАТ	3.80	PIED	3.60	Children + Adu <b>xi 2</b>
OEIL	4.10	RUE	5.20	Children + Adults
OEUF	4.50	BOUE	5.80	
BEAU	4.50	PLUIE	4.40	Children + Adukt 3 Children + Adults
DOUX	5.10	OIE	5.60	Children + Adults
TRAIN	5.10	JOUR	4.70	Children + Adults $4$
MAIN	3.60	NUIT	4.10	Children + Adults
BRAS	4.20	LOUP	4.70	Children + Adu <mark>&amp;</mark> 5
DOIGT	3.70	FEU	4.90	Adults
				816

817

818

819 Table 2. Stimuli material. Eight and nine syllables were used for twelve-years-olds and adults 820 respectively. French biphone frequency for each syllable is reported.

Se	t A	Set B		
CV	Biphone	CV	Biphone	
TI [ti]	3440	LI [li]	2843	Children + Adults
RI [ri]	3880	NA [na]	1262	Children + Adults
JA [3a]	981	GU [gy]	173	Children + Adults
MU [my]	438	CO [ko]	1388	Children + Adults
SO [so]	155	FI [fi]	1142	Children + Adults
VE [vo]	765	PE [p∞]	960	Children + Adults
BE [b&]	354	ZE [zo]	631	Children + Adults
KA [ka]	2251	DA [da]	497	Children + Adults
XU [ksy]	197	WU [wy]	3	Adults

821

## 822 12.2 Figure legends

Figure 1. An example of a within-block overlap manipulation. Two different Hebb sequences are presented within one learning block. The overlapping Hebb sequence contains the same items as the intervening filler sequences. The non-overlapping Hebb sequence contains different items. Only the first 10 trials are shown.

827

Figure 2. Performance (percentage of correct scores) as a function of Sequence type (filler vs. Hebb
non-overlap vs. Hebb overlap) and Sequence repetition (1 to 8) in both children and adults,
Experiment 1. Left panel: performance for adults. Right panel: performance for children.

831

Figure 3. Mean percentage of items correctly recalled (with standard errors) for Hebb and filler
sequences by sequence Halves, Experiment 1.

Figure 4. Performance (percentage of correct scores) as a function of Sequence type (filler vs. Hebb non-overlap vs. Hebb overlap) and Sequence repetition (1 to 8) in both children and adults, Experiment 2. Left panel: performance for adults. Right panel: performance for children.

838

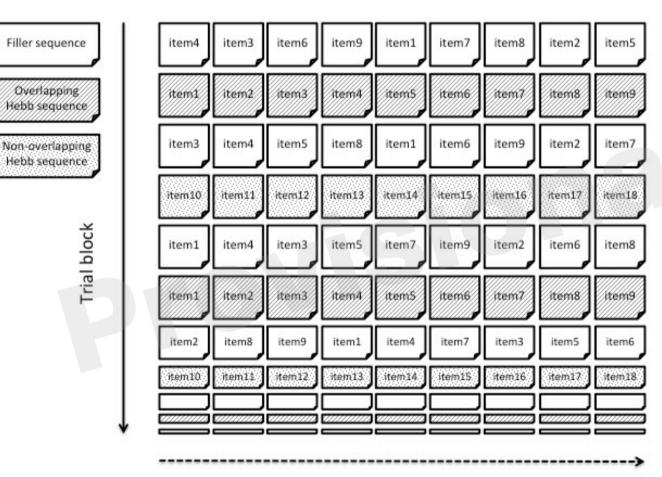
Figure 5. Mean percentage of items correctly recalled (with standard errors) for Hebb and filler
sequences by sequence Halves, in both children and adults, Experiment 2. Left panel: performance
for adults. Right panel: performance for children.

842

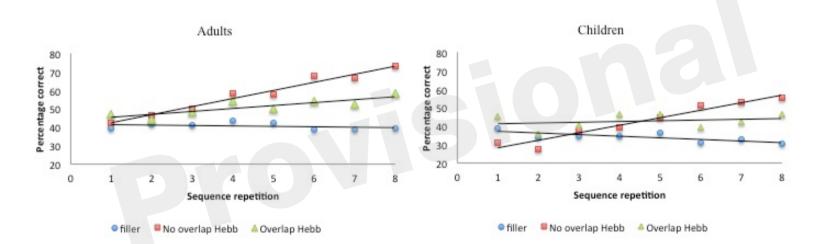
Figure 6. Performance (percentage of correct scores) as a function of Sequence type (filler vs. Hebb non-overlap vs. Hebb overlap) and Sequence repetition (1 to 8) in the group with chunking and the control group, Experiment 3. Left panel: performance for control adults. Right panel: performance

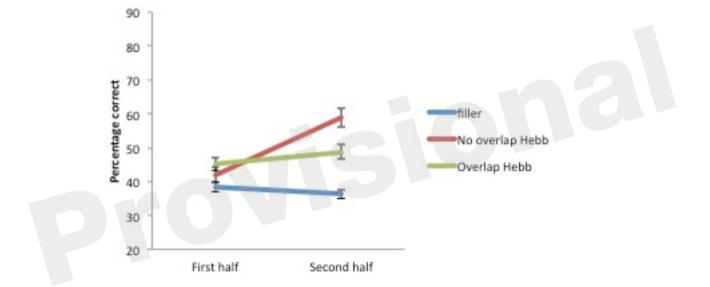
- 846 for chunk-encouraged adults.
- 847

Figure 7. Mean percentage of items correctly recalled (with standard errors) for Hebb and filler
sequences by sequence Halves, in both control and chunk adults, Experiment 3. Left panel:
performance for control adults. Right panel: performance for chunk adults.

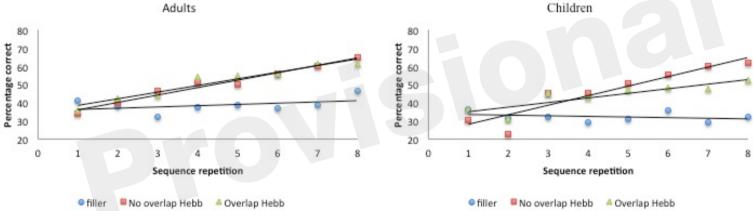


Sequence length

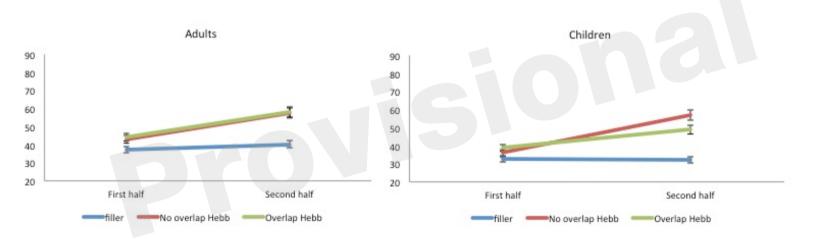


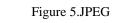




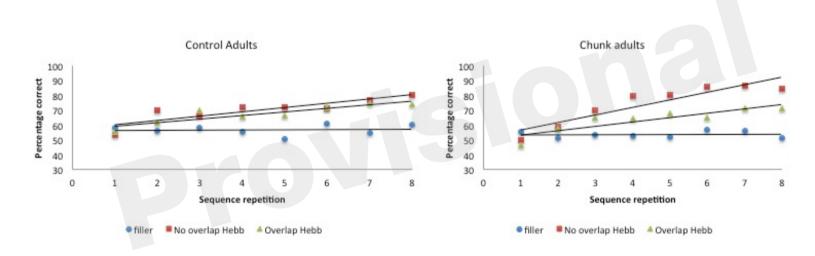


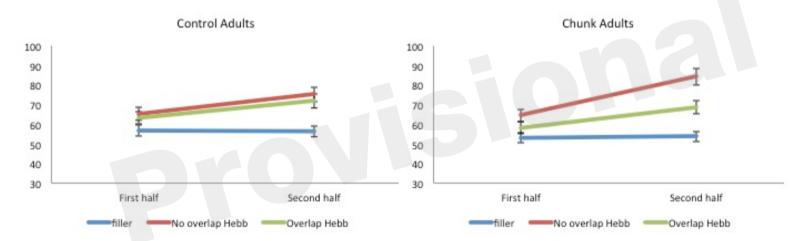
Adults Children











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Figure 7.JPEG
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