

Challenge Vals et Châteaux 2016

9e Jogging de Sart Eustache - 21 augustus 2016

6,8 KM

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|----------------------|-----------------------|-----|-------|---------|-------|---------|
| 1 | 7430 | GAZ CHRISTOPHE | MAHY TEAM | V1 | 1 | 0:26:33 | 15,37 | 3:54 |
| 2 | 7349 | GUIDO MASSIMO | FLEURUS | SH | 1 | 0:27:15 | 14,97 | 4:00 |
| 3 | 104 | BAYET NICOLAS | SOLIDA'RUN | SH | 2 | 0:27:19 | 14,94 | 4:01 |
| 4 | 7329 | PONZELET FREDERIC | JCPMF | V1 | 2 | 0:27:37 | 14,77 | 4:04 |
| 5 | 7354 | CULOT JEAN MARC | | V2 | 1 | 0:28:00 | 14,57 | 4:07 |
| 6 | 459 | PIERRE DALEBROUX | FLEURUS ATHLÉTISME | EH | 1 | 0:29:11 | 13,98 | 4:17 |
| 7 | 7347 | WAREGNE JASON | | SH | 3 | 0:29:35 | 13,79 | 4:21 |
| 8 | 230 | PIFFER DANIEL | | V2 | 2 | 0:29:40 | 13,75 | 4:22 |
| 9 | 7339 | PIETTE CLEMENT | | EH | 2 | 0:30:12 | 13,51 | 4:26 |
| 10 | 7318 | BOURGEOIS LOUIS | ESM | EH | 3 | 0:30:39 | 13,31 | 4:30 |
| 11 | 147 | ADAM GUILLAUME | UAC/JOG&NATPRESLES | EH | 4 | 0:30:51 | 13,23 | 4:32 |
| 12 | 7438 | BRAUNE THOMAS | | EH | 5 | 0:31:00 | 13,16 | 4:34 |
| 13 | 7319 | BOURGEOIS OSCAR | ESM | EH | 6 | 0:31:06 | 13,12 | 4:34 |
| 14 | 7429 | MICHAUX GEOFFREY | UAC | V1 | 3 | 0:31:06 | 13,12 | 4:34 |
| 15 | 908 | PERRONE JEAN-LOUIS | FLEURUS ATHLÉTISME | SH | 4 | 0:32:39 | 12,50 | 4:48 |
| 16 | 54 | BERNARD MAX | FLEURUS ATHLÉTISME | EH | 7 | 0:32:49 | 12,43 | 4:50 |
| 17 | 7342 | VIAENE MATTHIEU | | SH | 5 | 0:32:49 | 12,43 | 4:50 |
| 18 | 7302 | HONORE LOUIS | ESM | EH | 8 | 0:33:04 | 12,34 | 4:52 |
| 19 | 7440 | FALQUE JOHN | RC NAMUR | V1 | 4 | 0:33:08 | 12,31 | 4:52 |
| 20 | 7343 | CHALTIN PATRICE | VISSOULE | V3 | 1 | 0:33:14 | 12,28 | 4:53 |
| 21 | 7446 | MUSIAUX MARC | | V3 | 2 | 0:33:19 | 12,25 | 4:54 |
| 22 | 7328 | TACK PIERRE | UAC | EH | 9 | 0:33:37 | 12,14 | 4:57 |
| 23 | 68 | BERTRAND MICHEL | BOUFFIOLS | V2 | 3 | 0:33:58 | 12,01 | 5:00 |
| 24 | 402 | FOSCHI CAROLE | UAC | A1 | 1 | 0:34:05 | 11,97 | 5:01 |
| 25 | 468 | CERFAUX MÉLISSA | | DA | 1 | 0:34:17 | 11,90 | 5:02 |
| 26 | 474 | FALQUE KEVIN | | SH | 6 | 0:34:17 | 11,90 | 5:02 |
| 27 | 7324 | DEMARETS JOEL | NAC | V4 | 1 | 0:35:14 | 11,58 | 5:11 |
| 28 | 7314 | CERFAUX JACQUY | | V2 | 4 | 0:35:26 | 11,51 | 5:13 |
| 29 | 7346 | MINGNEAU NICOLAS | | SH | 7 | 0:35:36 | 11,46 | 5:14 |
| 30 | 7418 | VENTURA FREDERIC | | V1 | 5 | 0:35:40 | 11,44 | 5:15 |
| 31 | 399 | VERBURGH DIMITRI | ESM | SH | 8 | 0:35:43 | 11,42 | 5:15 |
| 32 | 283 | FOCKEY PIERRE | | SH | 9 | 0:35:52 | 11,38 | 5:16 |
| 33 | 7348 | CHARLET LUDOVIC | CHARLETEAM | V1 | 6 | 0:35:55 | 11,36 | 5:17 |
| 34 | 7447 | MACAIGNE PHILIPPE | ESM | V3 | 3 | 0:35:57 | 11,35 | 5:17 |
| 35 | 7437 | MOENS DIDIER | | V1 | 7 | 0:36:02 | 11,32 | 5:18 |
| 36 | 492 | THIRANT CHRISTIAN | LES MOTIVÉS DE METTET | V2 | 5 | 0:36:08 | 11,29 | 5:19 |
| 37 | 926 | CLOSE THIERRY | RTT CHÂTELET | V2 | 6 | 0:36:13 | 11,27 | 5:20 |
| 38 | 328 | QUINET SANDRINE | FLEURUS ATHLÉTISME | DA | 2 | 0:36:29 | 11,18 | 5:22 |
| 39 | 7417 | DELGUSTE THIERRY | | V2 | 7 | 0:36:31 | 11,17 | 5:22 |
| 40 | 400 | GAZ LAURIE | UAC | DA | 3 | 0:36:43 | 11,11 | 5:24 |
| 41 | 7317 | DRYGALSKI LUCIE | ESM | ED | 1 | 0:36:50 | 11,08 | 5:25 |
| 42 | 7322 | PARDOEN CHRISTIAN | TRESAMIS | V2 | 8 | 0:36:51 | 11,07 | 5:25 |
| 43 | 73 | VANNOORENBERGHE JOËL | RTT CHATELET | V1 | 8 | 0:36:59 | 11,03 | 5:26 |
| 44 | 419 | VAN LAETHEM FREDERIC | FLEURUS ATHLÉTISME | SH | 10 | 0:37:10 | 10,98 | 5:28 |
| 45 | 7353 | DECLÈVE XAVIER | RC NAMUR | SH | 11 | 0:37:22 | 10,92 | 5:30 |
| 46 | 913 | BAYET CELINE | SOLIDA'RUN | DA | 4 | 0:37:45 | 10,81 | 5:33 |
| 47 | 7439 | BRAUNE VINCENT | | V1 | 9 | 0:37:50 | 10,78 | 5:34 |
| 48 | 497 | BRUYÈRE KATLEEN | | DA | 5 | 0:38:28 | 10,61 | 5:39 |
| 49 | 122 | BRUYÈRE SERGE | FLEURUS ATHLÉTISME | V2 | 9 | 0:38:28 | 10,61 | 5:39 |
| 50 | 7426 | ALESSI ROSARIO | SOLIDARUN | V1 | 10 | 0:38:33 | 10,58 | 5:40 |
| 51 | 7442 | GAILLIEZ THIBAUT | | SH | 12 | 0:38:38 | 10,56 | 5:41 |
| 52 | 7326 | LEONARD FREDERIC | CRAC | SH | 13 | 0:38:56 | 10,48 | 5:44 |
| 53 | 136 | BLONDIAU CHRISTOPHER | FLEURUS ATHLÉTISME | SH | 14 | 0:39:09 | 10,42 | 5:45 |
| 54 | 46 | BLONDIAU MARC | FLEURUS ATHLÉTISME | V1 | 11 | 0:39:15 | 10,39 | 5:46 |
| 55 | 7330 | CONSTANT MICHEL | GAG | V2 | 10 | 0:39:38 | 10,29 | 5:50 |
| 56 | 7441 | WYNANDS BRUNO | | V1 | 12 | 0:40:02 | 10,19 | 5:53 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|---------------------------|------------------------|-----|-------|---------|-------|---------|
| 57 | 7331 | DEREYMACKER MURIEL | UAC | A1 | 2 | 0:40:25 | 10,09 | 5:57 |
| 58 | 19 | DUCHÊNE DENIS | | SH | 15 | 0:40:29 | 10,08 | 5:57 |
| 59 | 7321 | PETIT MONIQUE | TRESAMIS | A2 | 1 | 0:40:36 | 10,05 | 5:58 |
| 60 | 128 | LEDUC STÉPHANE | UAC | V1 | 13 | 0:40:55 | 9,97 | 6:01 |
| 61 | 7433 | DALCQ VIOLETTE | | DA | 6 | 0:40:58 | 9,96 | 6:01 |
| 62 | 110 | VAN IMMERSEEL SANDRINE | | A1 | 3 | 0:41:09 | 9,91 | 6:03 |
| 63 | 314 | CARTIAUX MURIEL | RCB | A2 | 2 | 0:41:12 | 9,90 | 6:04 |
| 64 | 86 | CHARLIER ISALEEN | | DA | 7 | 0:41:15 | 9,89 | 6:04 |
| 65 | 7419 | KAWIAK MARTINE | FLEURUS | A2 | 3 | 0:41:15 | 9,89 | 6:04 |
| 66 | 7420 | PLAPIED DANIELLE | FLEURUS | A3 | 1 | 0:41:15 | 9,89 | 6:04 |
| 67 | 7304 | VERBRUGGEN MAUDE | ESM | ED | 2 | 0:41:16 | 9,89 | 6:04 |
| 68 | 7309 | MESSINA VINCENT | SOLIDARUN | V3 | 4 | 0:41:18 | 9,88 | 6:04 |
| 69 | 7424 | BERGIER KARL | SOLIDARUN | V1 | 14 | 0:41:18 | 9,88 | 6:04 |
| 70 | 912 | MANESSE MATHIEU | SOLIDA'RUN | SH | 16 | 0:41:20 | 9,87 | 6:05 |
| 71 | 303 | GREGOIRE ARNAUD | | SH | 17 | 0:41:24 | 9,86 | 6:05 |
| 72 | 7427 | GENDULPHE MARC | SERAC | V2 | 11 | 0:41:27 | 9,84 | 6:06 |
| 73 | 7413 | MORSOMME HELENE | | DA | 8 | 0:42:07 | 9,69 | 6:12 |
| 74 | 7305 | ANCIAUX CAMILLE | JCPMF AISEAU | ED | 3 | 0:42:11 | 9,67 | 6:12 |
| 75 | 219 | LONGVAL FLORENCE | UAC | A2 | 4 | 0:42:22 | 9,63 | 6:14 |
| 76 | 7434 | LESCURE LUCIEN | | EH | 10 | 0:42:25 | 9,62 | 6:14 |
| 77 | 274 | DE PAUW PASCALE | | A3 | 2 | 0:42:28 | 9,61 | 6:15 |
| 78 | 272 | GUISSARD ISABELLE | FLEURUS ATHLÉTISME | A1 | 4 | 0:42:36 | 9,58 | 6:16 |
| 79 | 7414 | LHOEST MELISSA | | DA | 9 | 0:42:54 | 9,51 | 6:19 |
| 80 | 291 | PESETTI MIRANDA | JC THIMEON | A2 | 5 | 0:42:57 | 9,50 | 6:19 |
| 81 | 7436 | MOENS EMILIEN | | EH | 11 | 0:43:05 | 9,47 | 6:20 |
| 82 | 83 | DENIS CHRISTIAN | ESM + ZONARDS LOBBES | V3 | 5 | 0:43:12 | 9,44 | 6:21 |
| 83 | 7308 | ANIQUE FABIENNE | JCPMF AISEAU | A3 | 3 | 0:43:30 | 9,38 | 6:24 |
| 84 | 7435 | DEBRUXELLES NATACHA | | A1 | 5 | 0:43:34 | 9,36 | 6:24 |
| 85 | 376 | SPLENDORE CLAUDINE | | A4 | 1 | 0:43:50 | 9,31 | 6:27 |
| 86 | 7428 | BUISSERET FLORIANE | UAC | ED | 4 | 0:43:54 | 9,29 | 6:27 |
| 87 | 106 | LEONARD FRANCIS | UAC | V3 | 6 | 0:44:09 | 9,24 | 6:30 |
| 88 | 7352 | BOHIER VERONIQUE | NALINNES | A2 | 6 | 0:44:17 | 9,21 | 6:31 |
| 89 | 7325 | POTY LUC | ESM | V4 | 2 | 0:44:24 | 9,19 | 6:32 |
| 90 | 115 | RIGUELLE BERNARD | | V3 | 7 | 0:44:26 | 9,18 | 6:32 |
| 91 | 401 | POTY DELPHINE | ESM | A1 | 6 | 0:44:30 | 9,17 | 6:33 |
| 92 | 7306 | AKAL EMEL | JCPMF AISEAU | A2 | 7 | 0:44:35 | 9,15 | 6:33 |
| 93 | 7320 | BOMBEKE JULIEN | ESM | SH | 18 | 0:45:02 | 9,06 | 6:37 |
| 94 | 82 | THIRION FANFAN | ESM + ZONARDS LOBBES | A3 | 4 | 0:45:09 | 9,04 | 6:38 |
| 95 | 945 | SEPTRoux FRÉDÉRIC | UAC | V1 | 15 | 0:45:11 | 9,03 | 6:39 |
| 96 | 7355 | VANDENBERGHE MARIE MAELLE | CONARDS | A2 | 8 | 0:45:13 | 9,02 | 6:39 |
| 97 | 7345 | CHABOT AGATHE | | DA | 10 | 0:45:37 | 8,94 | 6:43 |
| 98 | 7415 | WARNANT FABIENNE | | A3 | 5 | 0:45:38 | 8,94 | 6:43 |
| 99 | 7416 | VANDESCURK DOMINIQUE | LES MOULES | A2 | 9 | 0:45:38 | 8,94 | 6:43 |
| 100 | 7340 | DEUXANT ERIC | LES MOULES D HALLOWEEN | V3 | 8 | 0:45:38 | 8,94 | 6:43 |
| 101 | 7303 | HONORE FLORINE | ESM | ED | 5 | 0:46:10 | 8,84 | 6:47 |
| 102 | 95 | HENIN SOPHIE | | DA | 11 | 0:46:28 | 8,78 | 6:50 |
| 103 | 9 | CAMBRIA KARINE | SOLIDA'RUN | A1 | 7 | 0:46:29 | 8,78 | 6:50 |
| 104 | 7422 | DEBOCK ERIC | | V2 | 12 | 0:46:34 | 8,76 | 6:51 |
| 105 | 7307 | GHILAIN AURÉLIE | | DA | 12 | 0:46:37 | 8,75 | 6:51 |
| 106 | 7450 | POULAIN SOPHIE | | A1 | 8 | 0:46:47 | 8,72 | 6:53 |
| 107 | 51 | LEBRUN LUCIE | | ED | 6 | 0:47:01 | 8,68 | 6:55 |
| 108 | 235 | BAUFAYT BARBARA | JCPMF SOMBREFFE | A2 | 10 | 0:47:12 | 8,64 | 6:56 |
| 109 | 335 | FANIVO MARIE | JCPMF | A2 | 11 | 0:47:12 | 8,64 | 6:56 |
| 110 | 236 | LECOMTE DIDIER | JCPMF SOMBREFFE | V1 | 16 | 0:47:12 | 8,64 | 6:56 |
| 111 | 7449 | LIEMANS CATHERINE | | A2 | 12 | 0:47:15 | 8,63 | 6:57 |
| 112 | 7443 | ROLAND AMELIE | THEODO TEMPO | DA | 13 | 0:47:28 | 8,60 | 6:59 |
| 113 | 7444 | ROLAND CORALIE | THEODO TEMPO | DA | 14 | 0:47:28 | 8,60 | 6:59 |
| 114 | 214 | STIÉNON MARTINE | JCPMF SOMBREFFE | A4 | 2 | 0:47:30 | 8,59 | 6:59 |
| 115 | 358 | JASPARD LAURENCE | JCPMF SOMBREFFE | A2 | 13 | 0:47:34 | 8,58 | 7:00 |
| 116 | 293 | VALLERY FRANÇOISE | JCPMF SOMBREFFE | A3 | 6 | 0:47:34 | 8,58 | 7:00 |
| 117 | 199 | ZDANOV NASTYA | FLEURUS ATHLÉTISME | DA | 15 | 0:47:36 | 8,57 | 7:00 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|--------------------|-----|-------|---------|------|---------|
| 118 | 418 | CULOT MICHELINE | FLEURUS ATHLÉTISME | A3 | 7 | 0:47:44 | 8,55 | 7:01 |
| 119 | 26 | MARION LINDSAY | | DA | 16 | 0:48:11 | 8,47 | 7:05 |
| 120 | 961 | FONTENELLE DOMINIQUE | | A2 | 14 | 0:48:13 | 8,46 | 7:05 |
| 121 | 7445 | ROLAND PHILIPPE | THEODO TEMPO | V1 | 17 | 0:48:21 | 8,44 | 7:07 |
| 122 | 7351 | TILMANT VIVIANE | RUN FOR C | A3 | 8 | 0:48:26 | 8,42 | 7:07 |
| 123 | 7327 | LEONARD MICHEL | CRAC | V4 | 3 | 0:48:29 | 8,42 | 7:08 |
| 124 | 7350 | GOFFIOUL EMILIE | JCPMF AISEAU | DA | 17 | 0:48:39 | 8,39 | 7:09 |
| 125 | 7310 | MASSART MARGAUX | SOLIDARUN | ED | 7 | 0:48:42 | 8,38 | 7:10 |
| 126 | 7423 | BEINE LAETITIA | JCPMF | DA | 18 | 0:48:47 | 8,36 | 7:10 |
| 127 | 93 | DELMOTTE YVES | | V3 | 9 | 0:49:12 | 8,29 | 7:14 |
| 128 | 90 | HERMANT DOMINIQUE | | A4 | 3 | 0:49:13 | 8,29 | 7:14 |
| 129 | 215 | WILLEM MARIE | | A1 | 9 | 0:49:32 | 8,24 | 7:17 |
| 130 | 7311 | DAVE RICHARD | J C THIMÉON | V4 | 4 | 0:49:46 | 8,20 | 7:19 |
| 131 | 7421 | PIRSON LYDIA | JCPMF | A2 | 15 | 0:49:50 | 8,19 | 7:20 |
| 132 | 7431 | GIBON BRIGITTE | RUN FOR C | A3 | 9 | 0:50:28 | 8,08 | 7:25 |
| 133 | 123 | PRETER PATRICIA | FLEURUS ATHLÉTISME | A3 | 10 | 0:51:48 | 7,88 | 7:37 |
| 134 | 137 | ALEXANDRE PASCAL | JC THIMÉON | V2 | 13 | 0:52:17 | 7,80 | 7:41 |
| 135 | 7323 | MOUVET MARIE CLAIRE | USBW | A4 | 4 | 0:52:19 | 7,80 | 7:42 |
| 136 | 437 | BOUCHERAI ALAIN | RUN FOR C | V3 | 10 | 0:53:02 | 7,69 | 7:48 |
| 137 | 66 | OOSTENS LAURENCE | | A2 | 16 | 0:53:09 | 7,68 | 7:49 |
| 138 | 7448 | VAN WALLENDael INGRID | FLEURUS | A1 | 10 | 0:53:15 | 7,66 | 7:50 |
| 139 | 315 | DREZE BÉATRICE | FLEURUS ATHLÉTISME | A2 | 17 | 0:53:25 | 7,64 | 7:51 |
| 140 | 7425 | ALESSI FIONA | SOLIDARUN | DA | 19 | 0:53:37 | 7,61 | 7:53 |
| 141 | 7344 | HENTSCHEL CATHERINE | | DA | 20 | 0:55:46 | 7,32 | 8:12 |
| 142 | 502 | ALEXANDRE MÉLISSA | | DA | 21 | 0:57:04 | 7,15 | 8:24 |
| 143 | 7432 | ACETO GABRIELLA | | A4 | 5 | 0:57:49 | 7,06 | 8:30 |

Challenge Vals et Châteaux 2016

9e Jogging de Sart Eustache - 21 augustus 2016

11 KM

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|----------------------|--------------------------|-----|-------|---------|-------|---------|
| 1 | 4731 | THERASSE GWENNAEL | LES REQUINS MARTEAUX | SH | 1 | 0:40:32 | 16,28 | 3:41 |
| 2 | 448 | VAN REUSEL JERÔME | O2 MAX | V1 | 1 | 0:42:08 | 15,66 | 3:50 |
| 3 | 4535 | BOURGEOIS SEBASTIEN | ESM | SH | 2 | 0:42:17 | 15,61 | 3:51 |
| 4 | 4526 | MOURMAUX LAURENT | ESM | V1 | 2 | 0:42:37 | 15,49 | 3:52 |
| 5 | 4676 | MAHIA SEBASTIEN | RUN ATTITUDE | SH | 3 | 0:42:58 | 15,36 | 3:54 |
| 6 | 41 | DEHU DAMIEN | | SH | 4 | 0:43:05 | 15,32 | 3:55 |
| 7 | 4539 | LEFÈVRE AURÉLIEN | SAP EVENT | SH | 5 | 0:43:54 | 15,03 | 3:59 |
| 8 | 4745 | LESOIL MATHIAS | ESM | SH | 6 | 0:44:28 | 14,84 | 4:03 |
| 9 | 186 | GUIDO GIANNI | FLEURUS & TRACKS | SH | 7 | 0:44:30 | 14,83 | 4:03 |
| 10 | 447 | VAN BELLE THOMAS | ZATAC | SH | 8 | 0:44:30 | 14,83 | 4:03 |
| 11 | 356 | DEBROUX ROMAIN | FLEURUS & TRACKS | EH | 1 | 0:45:06 | 14,63 | 4:06 |
| 12 | 4720 | PACQUET DOMINIQUE | JC ESTINNES | V2 | 1 | 0:45:11 | 14,61 | 4:06 |
| 13 | 4705 | CAVYN JEAN PHILIPPE | VERTIGO | V1 | 3 | 0:45:35 | 14,48 | 4:09 |
| 14 | 4747 | GRANDJEAN BENOIT | TRIATHLON NAMUR TEAM | V1 | 4 | 0:46:21 | 14,24 | 4:13 |
| 15 | 169 | LAMOUR JEAN | A.R.C.H/ TAC | V1 | 5 | 0:46:35 | 14,17 | 4:14 |
| 16 | 271 | DE VOOGHT YVES | FLEURUS ATHLÉTISME | SH | 9 | 0:46:58 | 14,05 | 4:16 |
| 17 | 132 | PATTE JEAN-FRANÇOIS | | SH | 10 | 0:47:01 | 14,04 | 4:16 |
| 18 | 259 | VAN HAUWE THIBAUT | CLUB LES BOUFFIOLS | SH | 11 | 0:47:01 | 14,04 | 4:16 |
| 19 | 4739 | LORENT XAVIER | BOUFFIOLS | SH | 12 | 0:47:02 | 14,03 | 4:17 |
| 20 | 4523 | BODSON GUILLAUME | ESM | SH | 13 | 0:47:11 | 13,99 | 4:17 |
| 21 | 4694 | BUELENS MATTHIEU | PRESLES | SH | 14 | 0:47:11 | 13,99 | 4:17 |
| 22 | 480 | LOMBET FRANCIS | RUN BIOUL | V1 | 6 | 0:47:15 | 13,97 | 4:18 |
| 23 | 967 | BUFFET KEVIN | TNT | SH | 15 | 0:47:21 | 13,94 | 4:18 |
| 24 | 3 | RIVEZ PIERRE | ACTE | V2 | 2 | 0:47:40 | 13,85 | 4:20 |
| 25 | 78 | LECRENIER BENJAMIN | FLEURUS ATHLÉTISME | SH | 16 | 0:47:55 | 13,77 | 4:21 |
| 26 | 4717 | TOUINA KADDOUR | | V1 | 7 | 0:48:25 | 13,63 | 4:24 |
| 27 | 4718 | BARAS FREDERIC | JC BRAQUEGNIES | V1 | 8 | 0:48:27 | 13,62 | 4:24 |
| 28 | 445 | HARDENNE ANDRÉ | FLEURUS ATHLÉTISME | V2 | 3 | 0:48:29 | 13,61 | 4:24 |
| 29 | 222 | HUPÉ JÉRÔME | FLEURUS ATHLÉTISME | SH | 17 | 0:48:38 | 13,57 | 4:25 |
| 30 | 312 | BAYET JACQUES | SOLIDA'RUN | V1 | 9 | 0:48:42 | 13,55 | 4:26 |
| 31 | 4508 | VAN UYTVINCK LUCAS | UAC | EH | 2 | 0:48:42 | 13,55 | 4:26 |
| 32 | 4729 | BELLANTE LORIS | ACLO | SH | 18 | 0:48:42 | 13,55 | 4:26 |
| 33 | 177 | FILEE ERIC | UAC | V2 | 4 | 0:48:59 | 13,47 | 4:27 |
| 34 | 4748 | JOUNIAUX FRANÇOISE | SMAC | A2 | 1 | 0:49:05 | 13,45 | 4:28 |
| 35 | 268 | VAN GEEL JULIEN | | SH | 19 | 0:49:11 | 13,42 | 4:28 |
| 36 | 4711 | DESPIEGELEER JOFFREY | JOGGING NATURE PRESLES | SH | 20 | 0:49:13 | 13,41 | 4:28 |
| 37 | 7 | ROB VINCENT | FLEURUS ATHLÉTISME | SH | 21 | 0:49:14 | 13,41 | 4:29 |
| 38 | 308 | MARIEN JESSICA | USBW | DA | 1 | 0:49:21 | 13,37 | 4:29 |
| 39 | 334 | CORNIL THIERRY | SOLIDA RUN | V1 | 10 | 0:49:44 | 13,27 | 4:31 |
| 40 | 4722 | LEFER VINCENT | | SH | 22 | 0:49:44 | 13,27 | 4:31 |
| 41 | 102 | GODFROID ERIC | FLEURUS ATHLÉTISME | V1 | 11 | 0:49:49 | 13,25 | 4:32 |
| 42 | 4670 | WAREGNE SEBASTIEN | SAP EVENTS TEAM | SH | 23 | 0:49:53 | 13,23 | 4:32 |
| 43 | 465 | CHEVALIER FABIAN | LES MOTIVES DE METTET | SH | 24 | 0:50:00 | 13,20 | 4:33 |
| 44 | 234 | DASSELEER CHRISTIAN | FLEURUS ATHLÉTISME | V1 | 12 | 0:50:02 | 13,19 | 4:33 |
| 45 | 17 | CECERE SANDRO | BOUFFIOLS | SH | 25 | 0:50:03 | 13,19 | 4:33 |
| 46 | 4715 | LHERMITTE FRANCIS | LES MOTIVES DE METTET | V2 | 5 | 0:50:12 | 13,15 | 4:34 |
| 47 | 508 | DALEBROUX VINCENT | FLEURUS / GERPINNES & CO | V1 | 13 | 0:50:26 | 13,09 | 4:35 |
| 48 | 925 | POLIZZI FEDERICO | BOUFFIOLS | SH | 26 | 0:50:36 | 13,04 | 4:36 |
| 49 | 281 | DAMBROISE YVES | CHARLETEAM | V1 | 14 | 0:50:43 | 13,01 | 4:37 |
| 50 | 397 | PIRMEZ CÉDRIC | OPTIPOL TEAM | SH | 27 | 0:50:50 | 12,98 | 4:37 |
| 51 | 450 | SCHALKWIJK BENOIT | FLEURUS ATHLÉTISME | V2 | 6 | 0:50:54 | 12,97 | 4:38 |
| 52 | 4646 | SCAILLET VINCENT | | V1 | 15 | 0:50:58 | 12,95 | 4:38 |
| 53 | 4536 | PAULUS PHILIPPE | ESM | V2 | 7 | 0:51:25 | 12,84 | 4:40 |
| 54 | 4713 | MANDERLIER ERIC | ESM | V2 | 8 | 0:51:26 | 12,83 | 4:41 |
| 55 | 956 | DARDENNE NICOLAS | | SH | 28 | 0:51:39 | 12,78 | 4:42 |
| 56 | 243 | HERQUIN CLAUDY | FLEURUS ATHLÉTISME | V1 | 16 | 0:51:39 | 12,78 | 4:42 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|---------------------------|-----|-------|---------|-------|---------|
| 57 | 4648 | NAVEAU SEBASTIEN | ECSS | SH | 29 | 0:51:40 | 12,77 | 4:42 |
| 58 | 4687 | FALIZE EMILE | ESM | V1 | 17 | 0:51:47 | 12,75 | 4:42 |
| 59 | 205 | BUCHET SÉBASTIEN | FLEURUS ATHLÉTISME | V1 | 18 | 0:52:07 | 12,66 | 4:44 |
| 60 | 500 | DE LEEUW CHRISTOPHE | GERPINNES AND CO/TITAN | SH | 30 | 0:52:18 | 12,62 | 4:45 |
| 61 | 67 | BERGER THIERRY | | V1 | 19 | 0:52:24 | 12,60 | 4:46 |
| 62 | 209 | TOUSSAINT XAVIER | | SH | 31 | 0:52:27 | 12,58 | 4:46 |
| 63 | 960 | KNOTT FABIENNE | FLEURUS ATHLÉTISME | A2 | 2 | 0:52:28 | 12,58 | 4:46 |
| 64 | 70 | CADO PAUL | FLEURUS ATHLÉTISME | V2 | 9 | 0:52:29 | 12,58 | 4:46 |
| 65 | 175 | CECERE DONATO | BOUFFIOLS | SH | 32 | 0:53:05 | 12,43 | 4:50 |
| 66 | 4734 | GOUVERNEUR BENOIT | ESM | V1 | 20 | 0:53:07 | 12,43 | 4:50 |
| 67 | 954 | FLORE CARLO | BOUFFIOLS | V2 | 10 | 0:53:20 | 12,38 | 4:51 |
| 68 | 377 | MGHARI AHMAD | FLEURUS ATHLÉTISME | SH | 33 | 0:53:31 | 12,33 | 4:52 |
| 69 | 4721 | PASQUE CEDRIC | BOUFFIOLS | SH | 34 | 0:53:39 | 12,30 | 4:53 |
| 70 | 4531 | GIOVANNANGELO ALAIN | ESM | V3 | 1 | 0:53:42 | 12,29 | 4:53 |
| 71 | 21 | DELMAY DANIEL | | V1 | 21 | 0:53:52 | 12,25 | 4:54 |
| 72 | 4673 | QUIQUE JONATHAN | RUNNINGGEEK.BE | SH | 35 | 0:53:53 | 12,25 | 4:54 |
| 73 | 198 | SADAUNE JOHAN | FLEURUS ATHLÉTISME | SH | 36 | 0:53:55 | 12,24 | 4:54 |
| 74 | 4510 | HONORE DAVID | ESM | V1 | 22 | 0:53:57 | 12,23 | 4:54 |
| 75 | 442 | DELETRAIN NATHALIE | ESM/FLEURUS | A1 | 1 | 0:53:58 | 12,23 | 4:54 |
| 76 | 472 | LINDEKENS BERTRAND | FLEURUS ATHLÉTISME | V2 | 11 | 0:54:00 | 12,22 | 4:55 |
| 77 | 134 | MOLON ARTHUR | FLEURUS ATHLÉTISME | EH | 3 | 0:54:00 | 12,22 | 4:55 |
| 78 | 286 | VAN YCK TIMOTHY | BOUFFIOLS | EH | 4 | 0:54:07 | 12,20 | 4:55 |
| 79 | 4667 | DEROY PHILIPPE | ZATAC | V3 | 2 | 0:54:07 | 12,20 | 4:55 |
| 80 | 4736 | VOYEUX DAVID | UAC | V1 | 23 | 0:54:08 | 12,19 | 4:55 |
| 81 | 4730 | DUTRIFOY JEAN BAPTISTE | UAC | V1 | 24 | 0:54:08 | 12,19 | 4:55 |
| 82 | 903 | THIRY MARIE | RCNAMUR | DA | 2 | 0:54:13 | 12,17 | 4:56 |
| 83 | 4689 | MOTTET CHRISTIAN | RC NAMUR | V2 | 12 | 0:54:13 | 12,17 | 4:56 |
| 84 | 373 | OLIVA ERIC | JOGGING ET NATURE PRESLES | V1 | 25 | 0:54:16 | 12,16 | 4:56 |
| 85 | 14 | BEUGNIES DAVID | | SH | 37 | 0:54:17 | 12,16 | 4:56 |
| 86 | 905 | DE MASI GIANNI | FLEURUS ATHLÉTISME | V3 | 3 | 0:54:21 | 12,14 | 4:56 |
| 87 | 4650 | WIECZOR KEVIN | ESM | SH | 38 | 0:54:25 | 12,13 | 4:57 |
| 88 | 2 | BOUVIER BENOIT | | V1 | 26 | 0:54:39 | 12,08 | 4:58 |
| 89 | 904 | BOVY MATHIEU | | EH | 5 | 0:54:39 | 12,08 | 4:58 |
| 90 | 187 | DELMAY ALEXIS | | SH | 39 | 0:54:50 | 12,04 | 4:59 |
| 91 | 4643 | NASROLLAHZADEH MOHAMMAD | ESM | V1 | 27 | 0:54:54 | 12,02 | 4:59 |
| 92 | 299 | ELAERTS MATHIAS | RFC LIÉGEOIS | EH | 6 | 0:55:03 | 11,99 | 5:00 |
| 93 | 4524 | DE WOOT ANTOINETTE | ESM | A2 | 3 | 0:55:04 | 11,99 | 5:00 |
| 94 | 4522 | BILON EUSEBE | ESM | V4 | 1 | 0:55:06 | 11,98 | 5:01 |
| 95 | 4503 | CHEVALIER GAELLE | | A1 | 2 | 0:55:08 | 11,97 | 5:01 |
| 96 | 4684 | HOUYOUX JEAN PIERRE | ESM | V1 | 28 | 0:55:11 | 11,96 | 5:01 |
| 97 | 406 | LARDINOIS SIMON | OPTIPOL TEAM | SH | 40 | 0:55:12 | 11,96 | 5:01 |
| 98 | 941 | D'ANGELO AMERINO | ZATAC CHARLEROI | V2 | 13 | 0:55:16 | 11,94 | 5:01 |
| 99 | 4678 | PERRONE SEBASTIEN | UAC | SH | 41 | 0:55:17 | 11,94 | 5:02 |
| 100 | 233 | DEWINTER EMMANUELLE | | DA | 3 | 0:55:25 | 11,91 | 5:02 |
| 101 | 937 | PEGORARO FRÉDÉRIC | UAC | SH | 42 | 0:55:29 | 11,90 | 5:03 |
| 102 | 496 | CLOSE MARC-ALEXANDRE | FLEURUS ATHLÉTISME | SH | 43 | 0:55:43 | 11,85 | 5:04 |
| 103 | 4746 | PIRON DAMIEN | | V1 | 29 | 0:55:44 | 11,84 | 5:04 |
| 104 | 4693 | MIGNON FABRICE | | V1 | 30 | 0:55:44 | 11,84 | 5:04 |
| 105 | 42 | ROUSSELLE JOEL | LES MOTIVÉS DE METTET | V3 | 4 | 0:55:46 | 11,84 | 5:04 |
| 106 | 375 | VANTSIOTIS ANASTHASE | | V3 | 5 | 0:55:46 | 11,84 | 5:04 |
| 107 | 4519 | DECAMPS ERIC | ESM | V1 | 31 | 0:55:54 | 11,81 | 5:05 |
| 108 | 188 | LOICQ ADRIEN | JCPMF AISEAU | SH | 44 | 0:55:56 | 11,80 | 5:05 |
| 109 | 4735 | GUTIERREZ MANUEL | UAC | V1 | 32 | 0:56:02 | 11,78 | 5:06 |
| 110 | 426 | SCOLAS GAETAN | JC MOUSTACHU | SH | 45 | 0:56:03 | 11,78 | 5:06 |
| 111 | 4740 | ROMAIN JEAN FRANCOIS | BOUFFIOLS | V1 | 33 | 0:56:04 | 11,77 | 5:06 |
| 112 | 4527 | TAMO VINCENT | ESM | V2 | 14 | 0:56:05 | 11,77 | 5:06 |
| 113 | 49 | DECOUX PATRICK | FLEURUS ATHLÉTISME | V2 | 15 | 0:56:13 | 11,74 | 5:07 |
| 114 | 918 | MASSART FRÉDÉRIC | FLEURUS ATHLÉTISME | SH | 46 | 0:56:13 | 11,74 | 5:07 |
| 115 | 4679 | MONTECAVALLI SERGIO | | V2 | 16 | 0:56:19 | 11,72 | 5:07 |
| 116 | 4644 | BIRON MARCEL | AGC | V1 | 34 | 0:56:19 | 11,72 | 5:07 |
| 117 | 79 | BIERLAIRE NICOLAS | BOUFFIOLS | SH | 47 | 0:56:20 | 11,72 | 5:07 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|------------------------|-----|-------|---------|-------|---------|
| 118 | 4702 | WEVERBERGH MEDERIC | CHARLETEAM | SH | 48 | 0:56:26 | 11,70 | 5:08 |
| 119 | 4505 | MANIQUET MICHEL | GERPINNES AND CO | V2 | 17 | 0:56:32 | 11,67 | 5:08 |
| 120 | 394 | ROSSI THOMAS | UAC | V1 | 35 | 0:56:35 | 11,66 | 5:09 |
| 121 | 4653 | HANOTIAUX MICHEL | RRT CHATELET | V2 | 18 | 0:56:37 | 11,66 | 5:09 |
| 122 | 77 | COSTANZO ERASMO | BOUFFIOLS | SH | 49 | 0:56:43 | 11,64 | 5:09 |
| 123 | 4658 | HERON VINCENT | | V1 | 36 | 0:56:54 | 11,60 | 5:10 |
| 124 | 4723 | LIGNY QUENTIN | | V1 | 37 | 0:56:57 | 11,59 | 5:11 |
| 125 | 4732 | PETACCIA LAURENT | | SH | 50 | 0:57:13 | 11,54 | 5:12 |
| 126 | 4672 | PEPINSTER NICOLAS | | SH | 51 | 0:57:21 | 11,51 | 5:13 |
| 127 | 4647 | NAVEAU CELINE | JACO | A1 | 3 | 0:57:22 | 11,50 | 5:13 |
| 128 | 344 | KEMPENEERS PASCAL | FLEURUS ATHLÉTISME | V1 | 38 | 0:57:27 | 11,49 | 5:13 |
| 129 | 4708 | DUSSART VINCENT | UAC | V1 | 39 | 0:57:28 | 11,48 | 5:13 |
| 130 | 325 | VANDERMEULEN DENIS | CRAC | V1 | 40 | 0:57:38 | 11,45 | 5:14 |
| 131 | 4743 | LETE PASCAL | ESM | V2 | 19 | 0:57:39 | 11,45 | 5:14 |
| 132 | 4645 | ROUSSEAU FRANCIS | LES MOTIVES DE METTET | V2 | 20 | 0:57:42 | 11,44 | 5:15 |
| 133 | 4741 | MIGNOT LUC | | V2 | 21 | 0:58:04 | 11,37 | 5:17 |
| 134 | 4520 | MAGIS BERNARD | ESM | V4 | 2 | 0:58:05 | 11,36 | 5:17 |
| 135 | 4507 | VAN UYTVINCK PIERRE | UAC | SH | 52 | 0:58:15 | 11,33 | 5:18 |
| 136 | 4677 | LESCART PASCAL | | V2 | 22 | 0:58:17 | 11,32 | 5:18 |
| 137 | 4529 | VERMASSEN MARCEL | ESM | V2 | 23 | 0:58:24 | 11,30 | 5:19 |
| 138 | 4738 | GAILLY MARC | TRESAMIS | V2 | 24 | 0:58:51 | 11,21 | 5:21 |
| 139 | 930 | CANIVET ROLAND | BOUFFIOLS | V4 | 3 | 0:58:59 | 11,19 | 5:22 |
| 140 | 81 | LELOUP YVES | FLEURUS ATHLÉTISME | V3 | 6 | 0:59:01 | 11,18 | 5:22 |
| 141 | 155 | GONZE ADRIEN | JOGGING NATURE PRESLES | SH | 53 | 0:59:04 | 11,17 | 5:22 |
| 142 | 156 | PRETER SERGE | FLEURUS ATHLÉTISME | V2 | 25 | 0:59:05 | 11,17 | 5:22 |
| 143 | 207 | DESSEILLE ERNEST | RC NAMUR | V3 | 7 | 0:59:11 | 11,15 | 5:23 |
| 144 | 4656 | MICHAUX FRANCOIS | | V1 | 41 | 0:59:32 | 11,09 | 5:25 |
| 145 | 57 | NEYMAN PASCAL | | V1 | 42 | 0:59:40 | 11,06 | 5:25 |
| 146 | 4654 | PIETTE MICHAEL | | V1 | 43 | 0:59:46 | 11,04 | 5:26 |
| 147 | 927 | SBRO SALVATORE | ESM | V3 | 8 | 0:59:47 | 11,04 | 5:26 |
| 148 | 371 | EDEBOUW PHILIPPE | GERPINNES & CO | V2 | 26 | 0:59:51 | 11,03 | 5:26 |
| 149 | 4704 | MERTENS PATRICIA | VERTIGO | A2 | 4 | 0:59:52 | 11,02 | 5:27 |
| 150 | 121 | SCHNEIDER THOMAS | FLEURUS ATHLÉTISME | SH | 54 | 1:00:13 | 10,96 | 5:28 |
| 151 | 167 | FERAUCHE JEAN-MARIE | UAC | V4 | 4 | 1:00:16 | 10,95 | 5:29 |
| 152 | 71 | LANCKRIET ALEX | SOLIDARUN | V2 | 27 | 1:00:17 | 10,95 | 5:29 |
| 153 | 1 | CHALLE RENAUD | UTT | V2 | 28 | 1:00:32 | 10,90 | 5:30 |
| 154 | 4688 | BRANGER JF | JCPMF NALINNES | V1 | 44 | 1:00:40 | 10,88 | 5:31 |
| 155 | 159 | BUFFET PATRICK | | V2 | 29 | 1:00:43 | 10,87 | 5:31 |
| 156 | 229 | DROMELET BÉRANGÈRE | SPTWAVRE | A2 | 5 | 1:00:44 | 10,87 | 5:31 |
| 157 | 253 | DELMOTTE ISABELLE | UAC | A2 | 6 | 1:00:49 | 10,85 | 5:32 |
| 158 | 4742 | ZARZYCKI ISABELLE | RUN FOR C | A2 | 7 | 1:00:55 | 10,83 | 5:32 |
| 159 | 936 | CASSART JEAN-LUC | JOGGING ET NATURE | V2 | 30 | 1:01:00 | 10,82 | 5:33 |
| 160 | 4534 | DELITTE BENEDICTE | ESM | A2 | 8 | 1:01:02 | 10,81 | 5:33 |
| 161 | 4744 | DEWOLF PHILIPPE | ESM | V4 | 5 | 1:01:02 | 10,81 | 5:33 |
| 162 | 417 | STASSIN FRANCIS | FLEURUS ATHLÉTISME | V3 | 9 | 1:01:03 | 10,81 | 5:33 |
| 163 | 4680 | DE LEENHEER NATHALIE | | A2 | 9 | 1:01:08 | 10,80 | 5:33 |
| 164 | 317 | ANNICK COURBET | | A2 | 10 | 1:01:11 | 10,79 | 5:34 |
| 165 | 124 | GEORGE JEAN | | V1 | 45 | 1:01:13 | 10,78 | 5:34 |
| 166 | 910 | DUMONT JEAN LOUIS | CSJR LESVE | V3 | 10 | 1:01:15 | 10,78 | 5:34 |
| 167 | 4664 | HUBOT JOHAN | | V1 | 46 | 1:01:19 | 10,76 | 5:34 |
| 168 | 4749 | MILANI JEAN-POL | CJPM | V1 | 47 | 1:01:29 | 10,73 | 5:35 |
| 169 | 98 | TREVISAN DAVID | BOUFFIOLS | V1 | 48 | 1:01:37 | 10,71 | 5:36 |
| 170 | 4712 | DORCIMONT CHANTAL | ESM | A2 | 11 | 1:01:49 | 10,68 | 5:37 |
| 171 | 4 | RANDALL CHRISTOPHER | RUN4 VILLERS | V2 | 31 | 1:02:00 | 10,65 | 5:38 |
| 172 | 675 | HUBERT ANNABEL | LES MOTIVÉS DE METTET | A2 | 12 | 1:02:02 | 10,64 | 5:38 |
| 173 | 300 | ELAERTS BENOIT | | V2 | 32 | 1:02:17 | 10,60 | 5:40 |
| 174 | 4710 | MOMINANT NATHALIE | RC NAMUR | A2 | 13 | 1:02:20 | 10,59 | 5:40 |
| 175 | 135 | BOURMORCK CARINE | FLEURUS ATHLÉTISME | A2 | 14 | 1:02:23 | 10,58 | 5:40 |
| 176 | 240 | ANTONACCI DAN | FLEURUS ATHLÉTISME | V1 | 49 | 1:02:24 | 10,58 | 5:40 |
| 177 | 4726 | DECROIX OLIVIER | RC NAMUR | V2 | 33 | 1:02:31 | 10,56 | 5:41 |
| 178 | 4728 | GILAIN PHILIPPE | RC NAMUR | V2 | 34 | 1:02:31 | 10,56 | 5:41 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|--------------------------|-----|-------|---------|-------|---------|
| 179 | 292 | MARINELLI GAETANO | BOUFFIOLS | V2 | 35 | 1:02:37 | 10,54 | 5:42 |
| 180 | 4690 | DAVID ANNICK | RC NAMUR | A2 | 15 | 1:02:47 | 10,51 | 5:42 |
| 181 | 284 | MONSEU SERGE | | V1 | 50 | 1:02:48 | 10,51 | 5:43 |
| 182 | 4657 | DE HAAN XAVIER | | V1 | 51 | 1:02:48 | 10,51 | 5:43 |
| 183 | 218 | CLEPPE VINCENT | UAC | V1 | 52 | 1:02:57 | 10,48 | 5:43 |
| 184 | 4652 | LAPAGNE FRANCOISE | RC NAMUR | A2 | 16 | 1:03:04 | 10,47 | 5:44 |
| 185 | 150 | ROUVROY DANIEL | | V3 | 11 | 1:03:13 | 10,44 | 5:45 |
| 186 | 242 | COULON SOPHIE | PRESLES | A1 | 4 | 1:03:31 | 10,39 | 5:46 |
| 187 | 138 | MICHEL PIERRE | LES MOTIVES DE METTET | V1 | 53 | 1:03:33 | 10,39 | 5:47 |
| 188 | 297 | GALAIS JEAN-MICHEL | | V2 | 36 | 1:03:47 | 10,35 | 5:48 |
| 189 | 488 | PURNODE STÉPHANIE | FLEURUS ATHLÉTISME | DA | 4 | 1:03:58 | 10,32 | 5:49 |
| 190 | 4665 | WALUGA DAVID | | SH | 55 | 1:03:59 | 10,32 | 5:49 |
| 191 | 160 | COSTA LUCIA | FLEURUS ATHLÉTISME | A3 | 1 | 1:04:11 | 10,28 | 5:50 |
| 192 | 88 | LIEGEOIS ERIC | | V2 | 37 | 1:04:20 | 10,26 | 5:51 |
| 193 | 4651 | VIGNERON SABINE | RC NAMUR | A2 | 17 | 1:04:21 | 10,26 | 5:51 |
| 194 | 212 | HELGUERS JÉRÔME | JC MOUSTACHU | SH | 56 | 1:04:31 | 10,23 | 5:52 |
| 195 | 249 | SLIWINSKI SYLVIANNE | | A3 | 2 | 1:04:31 | 10,23 | 5:52 |
| 196 | 4504 | VANDERLICK MICHEL | LES MOTIVÉS DE METTET | V2 | 38 | 1:04:52 | 10,17 | 5:54 |
| 197 | 4707 | IADICICCO ANTONIETTA | RUN FOR C | A2 | 18 | 1:04:54 | 10,17 | 5:54 |
| 198 | 4737 | SWENNEN GILBERT | | V4 | 6 | 1:04:56 | 10,16 | 5:54 |
| 199 | 4528 | REMY PHILIPPE | ESM | V2 | 39 | 1:04:58 | 10,16 | 5:54 |
| 200 | 4521 | HENDRIX DANIEL | ESM | V4 | 7 | 1:05:02 | 10,15 | 5:55 |
| 201 | 4549 | ANTENUCCI MAURO | ESM | V2 | 40 | 1:05:03 | 10,15 | 5:55 |
| 202 | 288 | TIELEMANS PHILIPPE | RUN4VILLERS | V2 | 41 | 1:05:11 | 10,13 | 5:56 |
| 203 | 455 | HOUGARDY BRIGITTE | PRESLES | A2 | 19 | 1:05:13 | 10,12 | 5:56 |
| 204 | 4727 | DEL.. CATHERINE | ESM | A2 | 20 | 1:05:23 | 10,09 | 5:57 |
| 205 | 248 | BASTIN JEAN CHARLES | AXA RUNNING TEAM | SH | 57 | 1:05:24 | 10,09 | 5:57 |
| 206 | 216 | COMANDINI LUCIANO | UAC/RRTCHAT | V3 | 12 | 1:05:25 | 10,09 | 5:57 |
| 207 | 4750 | ALSTEEN MICHEL | | V3 | 13 | 1:05:25 | 10,09 | 5:57 |
| 208 | 454 | BARIGAND JACQUELINE | FLEURUS ATHLÉTISME | A3 | 3 | 1:05:32 | 10,07 | 5:57 |
| 209 | 4516 | MICHEL DIMITRI | ESM | V1 | 54 | 1:05:47 | 10,03 | 5:59 |
| 210 | 305 | COLLART FERNAND | HOPELAH-TAGADAH | V2 | 42 | 1:05:51 | 10,02 | 5:59 |
| 211 | 60 | MESTACH CRISTINE | FLEURUS ATHLÉTISME | A3 | 4 | 1:06:03 | 9,99 | 6:00 |
| 212 | 4733 | GREGOIRE VINCENT | CRAC | V1 | 55 | 1:06:03 | 9,99 | 6:00 |
| 213 | 478 | COLPAERT GUIDO | RC NAMUR | V4 | 8 | 1:06:04 | 9,99 | 6:00 |
| 214 | 275 | MATHY JEAN-LUC | RCNAMUR | V3 | 14 | 1:06:04 | 9,99 | 6:00 |
| 215 | 931 | DEMIERBE FREDDY | BOUFFIOLS | V3 | 15 | 1:06:16 | 9,96 | 6:01 |
| 216 | 922 | DUBREUXQ ANDRÉ | BOUFFIOLS | V2 | 43 | 1:06:16 | 9,96 | 6:01 |
| 217 | 20 | MARCHAND OLIVIER | BOUFFIOLS | V2 | 44 | 1:06:16 | 9,96 | 6:01 |
| 218 | 154 | HENRIOULLE JÉRÔME | JOG&NATPRESLES | SH | 58 | 1:06:20 | 9,95 | 6:02 |
| 219 | 4663 | LAMBERT MELANIE | | DA | 5 | 1:06:22 | 9,94 | 6:02 |
| 220 | 4695 | LIBOIS OLIVIER | RC NAMUR | V1 | 56 | 1:06:35 | 9,91 | 6:03 |
| 221 | 4696 | LIBOIS JOACHIM | RC NAMUR | SH | 59 | 1:06:35 | 9,91 | 6:03 |
| 222 | 127 | DIEUDONNE CLAIRE | JOG NAT PRESLES | A4 | 1 | 1:06:41 | 9,90 | 6:04 |
| 223 | 382 | CAVALLARO ANTONINO | | SH | 60 | 1:06:43 | 9,89 | 6:04 |
| 224 | 337 | DANHIER CHRISTOPHE | | V1 | 57 | 1:06:43 | 9,89 | 6:04 |
| 225 | 4706 | | | | 1 | 1:06:44 | 9,89 | 6:04 |
| 226 | 311 | WARIN CORINNE | SOLIDA'RUN | A2 | 21 | 1:06:59 | 9,85 | 6:05 |
| 227 | 129 | VLAMINCK ANDRÉ | ESM | V3 | 16 | 1:07:29 | 9,78 | 6:08 |
| 228 | 4709 | CIREDDU FABIO | RUN FOR C | V1 | 58 | 1:07:30 | 9,78 | 6:08 |
| 229 | 4660 | D ANGELO SEBASTIEN | BLC | SH | 61 | 1:07:30 | 9,78 | 6:08 |
| 230 | 398 | MEURRENS YVON | LES BOUFFIOLS | V3 | 17 | 1:07:39 | 9,76 | 6:09 |
| 231 | 4515 | WILLEMS JEAN CLAUDE | LES MOTIVÉS DE METTET | V4 | 9 | 1:07:51 | 9,73 | 6:10 |
| 232 | 4515 | WILLEMS JEAN CLAUDE | LES MOTIVÉS DE METTET | V4 | 10 | 1:07:51 | 9,73 | 6:10 |
| 233 | 55 | BERNARD JEAN | FLEURUS ATHLÉTISME | V2 | 45 | 1:07:53 | 9,72 | 6:10 |
| 234 | 420 | VAN LAETHEM ELOI | FLEURUS ATHLÉTISME | V3 | 18 | 1:07:54 | 9,72 | 6:10 |
| 235 | 310 | MARIEN JEAN-LUC | | V2 | 46 | 1:08:00 | 9,71 | 6:11 |
| 236 | 359 | VAN ELVEN VÉRONIQUE | JOGGING ET NATURE PRELES | A2 | 22 | 1:08:07 | 9,69 | 6:12 |
| 237 | 202 | MASSART VICTOR | LES BOUFFIOLS | V3 | 19 | 1:08:10 | 9,68 | 6:12 |
| 238 | 436 | CARLIER PASCALE | PRESLES | A3 | 5 | 1:08:17 | 9,67 | 6:12 |
| 239 | 178 | ROUART JEAN LOUIS | JOGGING NATURE PRESLES | V2 | 47 | 1:08:18 | 9,66 | 6:13 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|--------------------------|-----------------------|-----|-------|---------|------|---------|
| 240 | 4714 | PATERNOSTRE JEAN JACQUES | JC THIMEON | V2 | 48 | 1:08:35 | 9,62 | 6:14 |
| 241 | 4649 | MOISE PATRICK | RC NAMUR | V2 | 49 | 1:08:38 | 9,62 | 6:14 |
| 242 | 4640 | ADAM MARIE | | DA | 6 | 1:08:49 | 9,59 | 6:15 |
| 243 | 4697 | BOTTEGA CEDRIC | | SH | 62 | 1:08:54 | 9,58 | 6:16 |
| 244 | 162 | BAUDUIN VINCENT | CRAC | V1 | 59 | 1:09:06 | 9,55 | 6:17 |
| 245 | 125 | GEORGE SIMON | COLLÈGE DE MAREDSOUS | EH | 7 | 1:09:18 | 9,52 | 6:18 |
| 246 | 4692 | MANDOS LAURENCE | | A1 | 5 | 1:09:18 | 9,52 | 6:18 |
| 247 | 166 | GEVENOIS MARIE-ROSE | UAC | A4 | 2 | 1:09:23 | 9,51 | 6:18 |
| 248 | 285 | GIULIANI FERNANDO | BOUFFIOLS | V4 | 11 | 1:09:26 | 9,51 | 6:19 |
| 249 | 4514 | CHALTIN ALICIA | BOUFFIOLS | DA | 7 | 1:09:27 | 9,50 | 6:19 |
| 250 | 4537 | BOHEN VÉRONIQUE | JCPMF AISEAU | A2 | 23 | 1:09:51 | 9,45 | 6:21 |
| 251 | 374 | THIROT JOËL | LES MOTIVÉS DE METTET | V2 | 50 | 1:09:52 | 9,45 | 6:21 |
| 252 | 322 | WIAME ANN-FRANÇOISE | HOPELAH-TAGADAH | A2 | 24 | 1:10:01 | 9,43 | 6:22 |
| 253 | 130 | COUTELLIER MARIE-LOUISE | ESM | A4 | 3 | 1:10:12 | 9,40 | 6:23 |
| 254 | 163 | COCO LUIGI | | V2 | 51 | 1:10:31 | 9,36 | 6:25 |
| 255 | 901 | MICHEL LAURENT | | V2 | 52 | 1:10:39 | 9,34 | 6:25 |
| 256 | 4719 | BARAS CHRISTOPHE | | V1 | 60 | 1:10:40 | 9,34 | 6:25 |
| 257 | 4682 | GRIVILLERS SANDRINE | | A2 | 25 | 1:10:40 | 9,34 | 6:25 |
| 258 | 4724 | DUCHENE MICHELLE | RC NAMUR | A2 | 26 | 1:10:45 | 9,33 | 6:26 |
| 259 | 4716 | CULOT VIOLAINE | LES MOTIVES DE METTET | ED | 1 | 1:11:15 | 9,26 | 6:29 |
| 260 | 290 | TAVIER PASCAL | JC THIMEON | V2 | 53 | 1:11:33 | 9,22 | 6:30 |
| 261 | 4655 | MAES CEDRIC | | V1 | 61 | 1:11:35 | 9,22 | 6:30 |
| 262 | 18 | FOURNEAU XAVIER | FLEURUS ATHLÉTISME | SH | 63 | 1:11:47 | 9,19 | 6:32 |
| 263 | 52 | MANGON SANDRINE | FLEURUS ATHLÉTISME | A1 | 6 | 1:11:47 | 9,19 | 6:32 |
| 264 | 4671 | DARE GINO | FLEURUS | V2 | 54 | 1:11:47 | 9,19 | 6:32 |
| 265 | 131 | PEGORARO ROBERTO | UAC/SOLIDARUN | V3 | 20 | 1:12:06 | 9,15 | 6:33 |
| 266 | 96 | BASSOULET JEAN-CLAUDE | J C THIMÉON | V4 | 12 | 1:12:17 | 9,13 | 6:34 |
| 267 | 438 | MSAAF MARYSE | ZATOPEC NAMUR | A1 | 7 | 1:13:10 | 9,02 | 6:39 |
| 268 | 4683 | WARNON MARC | | V1 | 62 | 1:13:11 | 9,02 | 6:39 |
| 269 | 4659 | DIERICKX BRUNO | | V1 | 63 | 1:13:50 | 8,94 | 6:43 |
| 270 | 245 | MOELTER ERIKA | FLEURUS ATHLÉTISME | A1 | 8 | 1:13:57 | 8,92 | 6:43 |
| 271 | 4675 | SAUVEGARDE ANNE PASCALE | SPTW | A2 | 27 | 1:14:26 | 8,87 | 6:46 |
| 272 | 4703 | VAN DEN EYDEN THOMAS | MOULES D HALLOWEEN | V3 | 21 | 1:14:28 | 8,86 | 6:46 |
| 273 | 4512 | DANTHINE FLORENCE | ESM | A1 | 9 | 1:14:31 | 8,86 | 6:46 |
| 274 | 4701 | ISTAS GERALDINE | GERPINNES AND CO | A2 | 28 | 1:14:50 | 8,82 | 6:48 |
| 275 | 257 | AUTEQUITTE BÉNÉDICTE | POTOS ROSES SOMBREFFE | A2 | 29 | 1:14:58 | 8,80 | 6:49 |
| 276 | 4669 | HENNART DOROTHEE | | DA | 8 | 1:15:07 | 8,79 | 6:50 |
| 277 | 4661 | ADRIAENSEN MURIEL | | A1 | 10 | 1:15:42 | 8,72 | 6:53 |
| 278 | 45 | DUBOIS BERTHE | LES MOTIVÉS DE METTET | A4 | 4 | 1:15:46 | 8,71 | 6:53 |
| 279 | 940 | DUJEU LUC | MOTIVES DE METTET | V1 | 64 | 1:15:46 | 8,71 | 6:53 |
| 280 | 4700 | FICICCHIA NUNZIO | | V2 | 55 | 1:15:51 | 8,70 | 6:54 |
| 281 | 4501 | GORNIAC ALAIN | | V3 | 22 | 1:16:01 | 8,68 | 6:55 |
| 282 | 29 | VANHUFFELEN JOSSELINE | AXA TEAM | A4 | 5 | 1:16:11 | 8,66 | 6:56 |
| 283 | 4532 | PIETTON LAURENCE | ESM | A2 | 30 | 1:16:11 | 8,66 | 6:56 |
| 284 | 4511 | GILLES FRANÇOISE | ESM | A3 | 6 | 1:16:12 | 8,66 | 6:56 |
| 285 | 4533 | LIEVYENS CHRISTINE | ESM | A2 | 31 | 1:16:12 | 8,66 | 6:56 |
| 286 | 4506 | SEL FABIENNE | ESM | A2 | 32 | 1:16:12 | 8,66 | 6:56 |
| 287 | 4685 | BRIQUET GERALDINE | | A1 | 11 | 1:16:12 | 8,66 | 6:56 |
| 288 | 4686 | LEPAGE HELENE | ESM | A1 | 12 | 1:16:12 | 8,66 | 6:56 |
| 289 | 176 | PAINBLANC DIDIER | J C THIMÉON | V3 | 23 | 1:16:14 | 8,66 | 6:56 |
| 290 | 441 | TACK LAURENT | UAC | V1 | 65 | 1:16:39 | 8,61 | 6:58 |
| 291 | 4662 | TOSINI FABIO | | SH | 64 | 1:17:11 | 8,55 | 7:01 |
| 292 | 928 | NOËL CHRISTIANE | ESM | A4 | 6 | 1:17:14 | 8,55 | 7:01 |
| 293 | 380 | VAN CANGH FRANCOISE | RUN PAC | A4 | 7 | 1:17:15 | 8,54 | 7:01 |
| 294 | 87 | CULOT PATRICK | LES MOTIVES DE METTET | V1 | 66 | 1:17:20 | 8,53 | 7:02 |
| 295 | 4513 | BOSMAN ERIC | | V1 | 67 | 1:17:25 | 8,53 | 7:02 |
| 296 | 4509 | SCALICI DOMINICO | | V1 | 68 | 1:17:25 | 8,53 | 7:02 |
| 297 | 307 | HARVIE GRÉGORY | | SH | 65 | 1:18:09 | 8,45 | 7:06 |
| 298 | 346 | PLATTEAU CHANTAL | FLEURUS ATHLÉTISME | A2 | 33 | 1:18:16 | 8,43 | 7:07 |
| 299 | 5 | DUSSART JEAN-PIERRE | | V4 | 13 | 1:19:00 | 8,35 | 7:11 |
| 300 | 224 | FANUEL PAULETTE | ZATAC | A3 | 7 | 1:19:55 | 8,26 | 7:16 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|-------------------|-----|-------|---------|------|---------|
| 301 | 4639 | FLAMAND VALERIE | AXA RUNNING | A2 | 34 | 1:20:04 | 8,24 | 7:17 |
| 302 | 301 | CÔME MARIE-ALIX | | DA | 9 | 1:20:31 | 8,20 | 7:19 |
| 303 | 117 | COUVREUR NICOLAS | | SH | 66 | 1:20:31 | 8,20 | 7:19 |
| 304 | 4699 | HUCQ GERARD | JCPMF AISEAU | V3 | 24 | 1:21:32 | 8,09 | 7:25 |
| 305 | 4538 | POCHET BERNARD | JCPMF AISEAU | V2 | 56 | 1:21:33 | 8,09 | 7:25 |
| 306 | 4725 | BERTRAND FREDERIC | | V1 | 69 | 1:21:40 | 8,08 | 7:25 |
| 307 | 4518 | CERINI CARLA | ESM | DA | 10 | 1:22:45 | 7,98 | 7:31 |
| 308 | 4666 | COPPOIS STEPHANE | RC NAMUR | V2 | 57 | 1:24:10 | 7,84 | 7:39 |
| 309 | 919 | TCHEKEMIAN NICOLE | R O S L SOMBREFFE | A4 | 8 | 1:25:36 | 7,71 | 7:47 |
| 310 | 990 | MAMBOURG CÉCILE | ROS SOMBREFFE | A2 | 35 | 1:25:53 | 7,68 | 7:48 |
| 311 | 27 | PANNEELS JEAN-JACQUES | AXA TEAM | V3 | 25 | 1:25:53 | 7,68 | 7:48 |
| 312 | 444 | CORDIER CLAUDE | ACLO | A2 | 36 | 1:28:21 | 7,47 | 8:02 |
| 313 | 4331 | | | | 2 | 1:29:50 | 7,35 | 8:10 |
| 314 | 4691 | DEMAZY CATHERINE | RC NAMUR | A2 | 37 | 1:30:30 | 7,29 | 8:14 |
| 315 | 4674 | GERARD MARIE HELENE | ESM | A3 | 8 | 1:30:35 | 7,29 | 8:14 |
| 316 | 280 | ANTOINE ALAIN | RCNAMUR | V2 | 58 | 1:33:46 | 7,04 | 8:31 |
| 317 | 1734 | | | | 3 | 1:56:42 | 5,66 | 10:37 |