

19e 10 MIJL van Wenduine-De Haan - 26 augustus 2015**3,5 MIJL (5,63 KM)**

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|------------------------|------------|--------------|-------------|------------|----------------|
| 1 | 859 | Pontoizeau Rodolfe | M | 1 | 0:21:30 | 15,71 | 3:49 |
| 2 | 797 | Vermeir Kris | M | 2 | 0:24:43 | 13,66 | 4:23 |
| 3 | 790 | Van Loo Kevin | M | 3 | 0:24:48 | 13,62 | 4:24 |
| 4 | 867 | Muyllle Guillaume | M | 4 | 0:24:50 | 13,60 | 4:25 |
| 5 | 847 | Deleu Peter | M | 5 | 0:24:55 | 13,56 | 4:26 |
| 6 | 793 | Raskin Lode | M | 6 | 0:25:31 | 13,23 | 4:32 |
| 7 | 846 | Wehner Thomas | M | 7 | 0:25:45 | 13,12 | 4:34 |
| 8 | 860 | Ryckeboer Noah | M | 8 | 0:25:49 | 13,08 | 4:35 |
| 9 | 789 | Van Loo Maxim | M | 9 | 0:26:12 | 12,89 | 4:39 |
| 10 | 824 | De Bleeker Pieter | M | 10 | 0:26:17 | 12,85 | 4:40 |
| 11 | 795 | Roose Nico | M | 11 | 0:26:25 | 12,78 | 4:42 |
| 12 | 822 | Schepers Tadgh | M | 12 | 0:26:54 | 12,56 | 4:47 |
| 13 | 783 | Doens Y | M | 13 | 0:27:05 | 12,47 | 4:49 |
| 14 | 875 | Top Julien | M | 14 | 0:27:20 | 12,35 | 4:51 |
| 15 | 879 | Depluverez Paul | M | 15 | 0:27:33 | 12,26 | 4:54 |
| 16 | 782 | Bram Wittock | M | 16 | 0:27:38 | 12,22 | 4:55 |
| 17 | 836 | Coeck Lennert | M | 17 | 0:28:28 | 11,86 | 5:03 |
| 18 | 752 | Van Bael Jan | M | 18 | 0:28:34 | 11,82 | 5:04 |
| 19 | 832 | De Meyere Emiel | M | 19 | 0:29:46 | 11,35 | 5:17 |
| 20 | 828 | Theiner Boris | M | 20 | 0:30:06 | 11,22 | 5:21 |
| 21 | 866 | Mangelschots | M | 21 | 0:30:32 | 11,06 | 5:25 |
| 22 | 876 | Top Jan | M | 22 | 0:30:33 | 11,06 | 5:26 |
| 23 | 869 | De Rijk Xander | M | 23 | 0:30:35 | 11,05 | 5:26 |
| 24 | 852 | Deblauwe Sylvester | M | 24 | 0:30:39 | 11,02 | 5:27 |
| 25 | 868 | Brysbaert Romina | V | 1 | 0:30:40 | 11,01 | 5:27 |
| 26 | 845 | Vandenborre Elien | V | 2 | 0:30:45 | 10,99 | 5:28 |
| 27 | 839 | Dujardin Nick | M | 25 | 0:30:50 | 10,95 | 5:29 |
| 28 | 826 | Kinkel Doris | V | 3 | 0:31:18 | 10,79 | 5:34 |
| 29 | 773 | Peters Jan | M | 26 | 0:31:32 | 10,71 | 5:36 |
| 30 | 831 | | M | 27 | 0:31:39 | 10,67 | 5:37 |
| 31 | 877 | Vandenbussche Tristan | M | 28 | 0:31:40 | 10,67 | 5:37 |
| 32 | 808 | Lema Xander | M | 29 | 0:31:55 | 10,58 | 5:40 |
| 33 | 848 | Sanders Nathalie | V | 4 | 0:32:02 | 10,55 | 5:41 |
| 34 | 854 | Brucher Marc | M | 30 | 0:32:03 | 10,54 | 5:42 |
| 35 | 873 | Verfaillie Piet | M | 31 | 0:32:18 | 10,46 | 5:44 |
| 36 | 857 | De Wachter Carine | V | 5 | 0:32:31 | 10,39 | 5:47 |
| 37 | 858 | Vanhove Bert | M | 32 | 0:32:32 | 10,38 | 5:47 |
| 38 | 870 | Vanderelst Tycho | M | 33 | 0:32:44 | 10,32 | 5:49 |
| 39 | 849 | Schauvliege Thomas | M | 34 | 0:32:44 | 10,32 | 5:49 |
| 40 | 871 | Vanderelst Geert | M | 35 | 0:32:45 | 10,31 | 5:49 |
| 41 | 764 | Renmans Janne | V | 6 | 0:32:46 | 10,31 | 5:49 |
| 42 | 823 | Patteau Thomas | M | 36 | 0:33:31 | 10,08 | 5:57 |
| 43 | 802 | Dehandschutter Katrien | V | 7 | 0:33:31 | 10,08 | 5:57 |
| 44 | 850 | Schauvliege Jan | M | 37 | 0:34:30 | 9,79 | 6:08 |
| 45 | 774 | Verbruggen Jolien | V | 8 | 0:34:36 | 9,76 | 6:09 |
| 46 | 843 | Stevens Brecht | M | 38 | 0:35:32 | 9,51 | 6:19 |
| 47 | 841 | Callebaut Bart | M | 39 | 0:35:46 | 9,45 | 6:21 |
| 48 | 775 | Vandewalle Kristof | M | 40 | 0:36:03 | 9,37 | 6:24 |
| 49 | 855 | Schanen Daniele | V | 9 | 0:36:34 | 9,24 | 6:30 |
| 50 | 792 | Vanhalst Jaro | M | 41 | 0:36:35 | 9,23 | 6:30 |
| 51 | 837 | Wouters Dirk | M | 42 | 0:36:35 | 9,23 | 6:30 |
| 52 | 838 | Wouters Mauro | M | 43 | 0:36:35 | 9,23 | 6:30 |
| 53 | 794 | Vanhalst Mattis | M | 44 | 0:36:36 | 9,23 | 6:30 |
| 54 | 803 | Gevaert Kris | M | 45 | 0:36:38 | 9,22 | 6:30 |
| 55 | 766 | Mertens Leena | V | 10 | 0:36:38 | 9,22 | 6:30 |
| 56 | 812 | De Waele Candy | V | 11 | 0:36:43 | 9,20 | 6:31 |
| 57 | 861 | Kuth Felix | M | 46 | 0:36:45 | 9,19 | 6:32 |
| 58 | 872 | De Waele Inge | V | 12 | 0:36:52 | 9,16 | 6:33 |
| 59 | 801 | Cappuyns Jurgen | M | 47 | 0:37:03 | 9,12 | 6:35 |
| 60 | 856 | Blindeman Renee | V | 13 | 0:37:10 | 9,09 | 6:36 |
| 61 | 751 | Filip Mermuys | M | 48 | 0:37:30 | 9,01 | 6:40 |
| 62 | 765 | Baert Estée | V | 14 | 0:37:41 | 8,96 | 6:42 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|----------------------------|-----|-------|---------|------|---------|
| 63 | 851 | Everaert Rebecca | V | 15 | 0:37:45 | 8,95 | 6:42 |
| 64 | 874 | De Kinder Ilse | V | 16 | 0:37:46 | 8,95 | 6:42 |
| 65 | 821 | Van Den Meersche Dominique | V | 17 | 0:37:46 | 8,95 | 6:42 |
| 66 | 853 | Lapiere Hanne | V | 18 | 0:37:47 | 8,94 | 6:43 |
| 67 | 778 | Morang Romy | V | 19 | 0:38:04 | 8,87 | 6:46 |
| 68 | 864 | Grote-Vallee Ginter | M | 49 | 0:38:15 | 8,83 | 6:48 |
| 69 | 833 | Hiergens Julie | V | 20 | 0:38:20 | 8,81 | 6:49 |
| 70 | 811 | Vandenbroucke Krista | V | 21 | 0:38:25 | 8,79 | 6:49 |
| 71 | 784 | Wittevrongel Cindy | V | 22 | 0:38:25 | 8,79 | 6:49 |
| 72 | 820 | Verstuyft Cecile | V | 23 | 0:38:27 | 8,78 | 6:50 |
| 73 | 943 | Carton Kimberley | V | 24 | 0:38:28 | 8,78 | 6:50 |
| 74 | 865 | Powitz Ben | M | 50 | 0:38:30 | 8,77 | 6:50 |
| 75 | 770 | Marreyt Emmeline | V | 25 | 0:38:34 | 8,76 | 6:51 |
| 76 | 762 | Van Mulders Conny | V | 26 | 0:38:57 | 8,67 | 6:55 |
| 77 | 761 | Van Medegael Hilde | V | 27 | 0:38:57 | 8,67 | 6:55 |
| 78 | 777 | Donck Maxim | M | 51 | 0:39:09 | 8,63 | 6:57 |
| 79 | 818 | Dumery Daphné | V | 28 | 0:39:24 | 8,57 | 7:00 |
| 80 | 819 | De Schryver Natascha | V | 29 | 0:39:24 | 8,57 | 7:00 |
| 81 | 830 | Casier Dylan | M | 52 | 0:39:36 | 8,53 | 7:02 |
| 82 | 800 | Vandenbussche Ingeborg | V | 30 | 0:39:47 | 8,49 | 7:04 |
| 83 | 758 | François Julie | V | 31 | 0:39:53 | 8,47 | 7:05 |
| 84 | 804 | Beckers Liesbeth | V | 32 | 0:39:55 | 8,46 | 7:05 |
| 85 | 787 | Deprez Sabine | V | 33 | 0:39:58 | 8,45 | 7:06 |
| 86 | 785 | Bauwens Johan | M | 53 | 0:39:58 | 8,45 | 7:06 |
| 87 | 807 | Everaert Veerle | V | 34 | 0:40:03 | 8,43 | 7:07 |
| 88 | 799 | Everaert Christian | M | 54 | 0:40:03 | 8,43 | 7:07 |
| 89 | 791 | Micholt Alex | M | 55 | 0:40:03 | 8,43 | 7:07 |
| 90 | 763 | Renmans Jitte | V | 35 | 0:40:23 | 8,37 | 7:10 |
| 91 | 814 | Honorez Florence | V | 36 | 0:40:39 | 8,31 | 7:13 |
| 92 | 816 | Pieters Magali | V | 37 | 0:41:07 | 8,21 | 7:18 |
| 93 | 771 | Wagner Fabienne | V | 38 | 0:41:08 | 8,21 | 7:18 |
| 94 | 842 | Stevens Enid | V | 39 | 0:41:16 | 8,19 | 7:20 |
| 95 | 827 | Theinez Luka | M | 56 | 0:41:28 | 8,15 | 7:22 |
| 96 | 781 | Lega Valerie | V | 40 | 0:41:36 | 8,12 | 7:23 |
| 97 | 862 | Kutha Heine | M | 57 | 0:41:42 | 8,10 | 7:24 |
| 98 | 863 | Kutha Martina | V | 41 | 0:41:43 | 8,10 | 7:25 |
| 99 | 780 | Depecker Thaisse | V | 42 | 0:41:47 | 8,09 | 7:25 |
| 100 | 776 | Depecker Maxim | M | 58 | 0:41:47 | 8,08 | 7:25 |
| 101 | 805 | Swinnen Merel | V | 43 | 0:42:06 | 8,03 | 7:29 |
| 102 | 844 | Wuyts Caroline | V | 44 | 0:42:06 | 8,02 | 7:29 |
| 103 | 815 | Lecluyse Celine | V | 45 | 0:42:09 | 8,01 | 7:29 |
| 104 | 810 | Riecherts Nancy | V | 46 | 0:42:09 | 8,01 | 7:29 |
| 105 | 813 | De Jaeger Kelly | V | 47 | 0:42:09 | 8,01 | 7:29 |
| 106 | 779 | Demulder Sienna | V | 48 | 0:42:12 | 8,00 | 7:30 |
| 107 | 772 | Reinquin Jalou | V | 49 | 0:42:12 | 8,00 | 7:30 |
| 108 | 768 | Helders Christiaene | V | 50 | 0:42:23 | 7,97 | 7:32 |
| 109 | 767 | Binard Géraldine | V | 51 | 0:42:29 | 7,95 | 7:33 |
| 110 | 825 | Kinkel Clara | V | 52 | 0:42:33 | 7,94 | 7:34 |
| 111 | 829 | Kinkel Marcel | M | 59 | 0:42:34 | 7,94 | 7:34 |
| 112 | 880 | De Vos Kimberley | V | 53 | 0:42:42 | 7,91 | 7:35 |
| 113 | 834 | Vrijzen Ann | V | 54 | 0:43:22 | 7,79 | 7:42 |
| 114 | 796 | Van Steelant Sanna | V | 55 | 0:43:27 | 7,77 | 7:43 |
| 115 | 756 | Moerman Ingrid | V | 56 | 0:44:45 | 7,55 | 7:57 |
| 116 | 755 | Martens Chris | V | 57 | 0:44:50 | 7,53 | 7:58 |
| 117 | 809 | Dubois Cindy | V | 58 | 0:45:14 | 7,47 | 8:02 |
| 118 | 878 | Lapeire Eline | V | 59 | 0:45:18 | 7,46 | 8:03 |
| 119 | 806 | Bocher Sharon | V | 60 | 0:45:26 | 7,43 | 8:04 |
| 120 | 835 | Van Den Berghe Elke | V | 61 | 0:46:59 | 7,19 | 8:21 |
| 121 | 754 | Saelens An | V | 62 | 0:49:05 | 6,88 | 8:43 |

19e 10 MIJL van Wenduine-De Haan - 26 augustus 2015**6 MIJL (9,656 KM)**

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|-----------------------|------------|--------------|-------------|------------|----------------|
| 1 | 504 | Loosvelt Philippe | M | 1 | 0:37:54 | 15,28 | 3:56 |
| 2 | 578 | Schamelhout Lode | M | 2 | 0:40:19 | 14,37 | 4:11 |
| 3 | 586 | Vanderroost Davy | M | 3 | 0:40:48 | 14,20 | 4:14 |
| 4 | 615 | Van Nuffel Gunther | M | 4 | 0:41:22 | 14,01 | 4:17 |
| 5 | 607 | Lundstein Dietmar | M | 5 | 0:42:25 | 13,66 | 4:24 |
| 6 | 505 | Velghe Pol | M | 6 | 0:43:36 | 13,29 | 4:31 |
| 7 | 570 | Leyzen Dennis | M | 7 | 0:43:40 | 13,27 | 4:31 |
| 8 | 556 | Van Den Buijs Eddy | M | 8 | 0:44:10 | 13,12 | 4:34 |
| 9 | 582 | Adriaensens | M | 9 | 0:44:34 | 13,00 | 4:37 |
| 10 | 563 | Finck Gert | M | 10 | 0:45:08 | 12,84 | 4:40 |
| 11 | 525 | Dubois Emmanuel | M | 11 | 0:45:14 | 12,81 | 4:41 |
| 12 | 625 | Avery William | M | 12 | 0:45:15 | 12,80 | 4:41 |
| 13 | 421 | De Wilde Cederic | M | 13 | 0:45:19 | 12,78 | 4:42 |
| 14 | 594 | Vanwinghe Tibo | M | 14 | 0:45:40 | 12,69 | 4:44 |
| 15 | 424 | Lonneux Jo | M | 15 | 0:45:54 | 12,62 | 4:45 |
| 16 | 620 | Daneels Frederik | M | 16 | 0:45:58 | 12,61 | 4:46 |
| 17 | 512 | Baree David | M | 17 | 0:46:06 | 12,57 | 4:46 |
| 18 | 629 | Burssens Bernard | M | 18 | 0:46:09 | 12,55 | 4:47 |
| 19 | 619 | Balcaen Tom | M | 19 | 0:46:19 | 12,51 | 4:48 |
| 20 | 565 | Torfs Stijn | M | 20 | 0:46:25 | 12,48 | 4:48 |
| 21 | 479 | Vanparys Joseph | M | 21 | 0:46:29 | 12,46 | 4:49 |
| 22 | 489 | Van Loo Kris | M | 22 | 0:46:46 | 12,39 | 4:51 |
| 23 | 448 | Weyns Marlies | V | 1 | 0:46:48 | 12,38 | 4:51 |
| 24 | 576 | Van Renterghem Geert | M | 23 | 0:46:56 | 12,34 | 4:52 |
| 25 | 590 | Vileyn Michel | M | 24 | 0:47:02 | 12,32 | 4:52 |
| 26 | 571 | Debusschere Kevin | M | 25 | 0:47:12 | 12,28 | 4:53 |
| 27 | 435 | Dedeurwaerder Bart | M | 26 | 0:47:15 | 12,26 | 4:54 |
| 28 | 581 | Castelein Aldo | M | 27 | 0:47:19 | 12,24 | 4:54 |
| 29 | 446 | Dassonville Henri | M | 28 | 0:47:22 | 12,23 | 4:54 |
| 30 | 524 | Beel Dennis | M | 29 | 0:47:24 | 12,22 | 4:55 |
| 31 | 531 | Cherlet Tineke | V | 2 | 0:47:25 | 12,22 | 4:55 |
| 32 | 575 | Morel Henk | M | 30 | 0:47:52 | 12,10 | 4:57 |
| 33 | 433 | Elst Laurens | M | 31 | 0:47:55 | 12,09 | 4:58 |
| 34 | 475 | Dries Wittock | M | 32 | 0:48:00 | 12,07 | 4:58 |
| 35 | 577 | Degrendel Sofie | V | 3 | 0:48:01 | 12,06 | 4:58 |
| 36 | 579 | Deparcq Pieter | M | 33 | 0:48:02 | 12,06 | 4:58 |
| 37 | 546 | Seghers Yannick | M | 34 | 0:48:04 | 12,05 | 4:59 |
| 38 | 542 | Vandekerkhove Dirk | M | 35 | 0:48:08 | 12,04 | 4:59 |
| 39 | 574 | Van Hoeck Dave | M | 36 | 0:48:14 | 12,01 | 5:00 |
| 40 | 557 | Brys Dennis | M | 37 | 0:48:26 | 11,96 | 5:01 |
| 41 | 502 | Debruyckere Matthias | M | 38 | 0:48:28 | 11,95 | 5:01 |
| 42 | 515 | Gevaert Kurt | M | 39 | 0:48:34 | 11,93 | 5:02 |
| 43 | 566 | Van Os Daniele | V | 4 | 0:48:36 | 11,92 | 5:02 |
| 44 | 550 | Van Dessel Sven | M | 40 | 0:48:41 | 11,90 | 5:02 |
| 45 | 518 | Vanderispailie Tom | M | 41 | 0:48:47 | 11,88 | 5:03 |
| 46 | 535 | Jansseune Bernadette | V | 5 | 0:48:50 | 11,86 | 5:03 |
| 47 | 610 | Ver Eecke Stefaan | M | 42 | 0:49:05 | 11,81 | 5:05 |
| 48 | 587 | De Wispelaere Herman | M | 43 | 0:49:15 | 11,76 | 5:06 |
| 49 | 588 | Maekelberg David | M | 44 | 0:49:16 | 11,76 | 5:06 |
| 50 | 606 | Engelsing Felix | M | 45 | 0:49:33 | 11,69 | 5:08 |
| 51 | 567 | Van Nieuwenhove Jozef | M | 46 | 0:49:34 | 11,69 | 5:08 |
| 52 | 437 | De Bois Nick | M | 47 | 0:49:34 | 11,69 | 5:08 |
| 53 | 618 | Van Nuffel Gino | M | 48 | 0:49:36 | 11,68 | 5:08 |
| 54 | 519 | Casier Xavier | M | 49 | 0:49:45 | 11,64 | 5:09 |
| 55 | 496 | D'abbenigno Carlo | M | 50 | 0:49:49 | 11,63 | 5:10 |
| 56 | 471 | Depecker Steve | M | 51 | 0:49:49 | 11,63 | 5:10 |
| 57 | 441 | Forest Florent | M | 52 | 0:49:53 | 11,61 | 5:10 |
| 58 | 544 | Thienpont Tom | M | 53 | 0:50:15 | 11,53 | 5:12 |
| 59 | 442 | Wang Lijie | M | 54 | 0:50:20 | 11,51 | 5:13 |
| 60 | 464 | Van Den Heede Philip | M | 55 | 0:50:21 | 11,51 | 5:13 |
| 61 | 603 | Willems Kevin | M | 56 | 0:50:27 | 11,49 | 5:13 |
| 62 | 572 | Van Der Putten Johan | M | 57 | 0:50:38 | 11,44 | 5:15 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|--------------------------|-----|-------|---------|-------|---------|
| 63 | 545 | Pettens Bram | M | 58 | 0:50:48 | 11,41 | 5:16 |
| 64 | 589 | De Blicck Pascal | M | 59 | 0:50:49 | 11,40 | 5:16 |
| 65 | 434 | Loos Joël | M | 60 | 0:50:50 | 11,40 | 5:16 |
| 66 | 497 | Germonpré Chris | V | 6 | 0:50:53 | 11,39 | 5:16 |
| 67 | 458 | Van Bets Christel | V | 7 | 0:51:01 | 11,36 | 5:17 |
| 68 | 569 | Parmentier Kargl | M | 61 | 0:51:12 | 11,32 | 5:18 |
| 69 | 423 | Decock Dimitri | M | 62 | 0:51:27 | 11,26 | 5:20 |
| 70 | 503 | Steenbeke Patrick | M | 63 | 0:51:27 | 11,26 | 5:20 |
| 71 | 562 | Fryns Xavier | M | 64 | 0:52:00 | 11,14 | 5:23 |
| 72 | 623 | Coolman Stijn | M | 65 | 0:52:05 | 11,12 | 5:24 |
| 73 | 428 | Renmans Jeroen | M | 66 | 0:52:07 | 11,12 | 5:24 |
| 74 | 411 | Timmers Tom | M | 67 | 0:52:17 | 11,08 | 5:25 |
| 75 | 593 | Winghe Larisa | V | 8 | 0:52:28 | 11,04 | 5:26 |
| 76 | 420 | George Emmanuel | M | 68 | 0:52:31 | 11,03 | 5:26 |
| 77 | 473 | Pape Storm | M | 69 | 0:52:34 | 11,02 | 5:27 |
| 78 | 422 | Gillade Tom | M | 70 | 0:53:04 | 10,92 | 5:30 |
| 79 | 498 | De Ridder Danny | M | 71 | 0:53:11 | 10,89 | 5:30 |
| 80 | 530 | Lema Peter | M | 72 | 0:53:15 | 10,88 | 5:31 |
| 81 | 573 | Sannen Pieter | M | 73 | 0:53:22 | 10,86 | 5:32 |
| 82 | 585 | Delesie Jan | M | 74 | 0:53:26 | 10,84 | 5:32 |
| 83 | 628 | Dudal Marc | M | 75 | 0:53:30 | 10,83 | 5:32 |
| 84 | 427 | Van Vlaenderen Katelijne | V | 9 | 0:53:43 | 10,79 | 5:34 |
| 85 | 624 | Staelens Pascal | M | 76 | 0:53:48 | 10,77 | 5:34 |
| 86 | 522 | Demuyt Bart | M | 77 | 0:53:59 | 10,73 | 5:35 |
| 87 | 564 | Nagels Bob | M | 78 | 0:54:04 | 10,71 | 5:36 |
| 88 | 483 | Daelemans Sandra | V | 10 | 0:54:06 | 10,71 | 5:36 |
| 89 | 482 | Daelemans Rudy | M | 79 | 0:54:06 | 10,71 | 5:36 |
| 90 | 633 | De Spiegeleer Bart | M | 80 | 0:54:06 | 10,71 | 5:36 |
| 91 | 430 | Baert Jannik | V | 11 | 0:54:23 | 10,65 | 5:38 |
| 92 | 602 | Van Houcke Damien | M | 81 | 0:54:35 | 10,61 | 5:39 |
| 93 | 536 | Roosens Mike | M | 82 | 0:54:35 | 10,61 | 5:39 |
| 94 | 440 | Tavernier Bruno | M | 83 | 0:54:38 | 10,60 | 5:39 |
| 95 | 527 | Desmyter Jeanique | V | 12 | 0:54:53 | 10,56 | 5:41 |
| 96 | 511 | Lucker Bernard | M | 84 | 0:54:57 | 10,54 | 5:41 |
| 97 | 558 | Christi Frank | M | 85 | 0:55:03 | 10,52 | 5:42 |
| 98 | 541 | Van Brandt Vik | M | 86 | 0:55:18 | 10,48 | 5:44 |
| 99 | 561 | Letellier Christophe | M | 87 | 0:55:42 | 10,40 | 5:46 |
| 100 | 559 | De Smet David | M | 88 | 0:56:05 | 10,33 | 5:49 |
| 101 | 549 | Crul Dieter | M | 89 | 0:56:11 | 10,31 | 5:49 |
| 102 | 402 | Windey Lynn | V | 13 | 0:56:11 | 10,31 | 5:49 |
| 103 | 480 | Claessens Karin | V | 14 | 0:56:13 | 10,31 | 5:49 |
| 104 | 533 | Van Loo Bruno | M | 90 | 0:56:16 | 10,30 | 5:50 |
| 105 | 426 | Vertommen Steven | M | 91 | 0:56:28 | 10,26 | 5:51 |
| 106 | 436 | De Bois Andy | M | 92 | 0:56:30 | 10,25 | 5:51 |
| 107 | 532 | Malfait Marjan | V | 15 | 0:56:38 | 10,23 | 5:52 |
| 108 | 521 | Hendrickx Annemie | V | 16 | 0:56:44 | 10,21 | 5:53 |
| 109 | 513 | Van Hollebeke Ellen | V | 17 | 0:56:56 | 10,18 | 5:54 |
| 110 | 617 | Bosmans Luc | M | 93 | 0:56:58 | 10,17 | 5:54 |
| 111 | 634 | Van Oyen Hanne | V | 18 | 0:57:07 | 10,14 | 5:55 |
| 112 | 583 | Saerens Filip | M | 94 | 0:57:30 | 10,08 | 5:57 |
| 113 | 597 | Stevens Nathan | M | 95 | 0:57:40 | 10,05 | 5:58 |
| 114 | 599 | Goossens Luc | M | 96 | 0:57:49 | 10,02 | 5:59 |
| 115 | 417 | Snauwaert Werner | M | 97 | 0:57:52 | 10,01 | 6:00 |
| 116 | 405 | Carpels Pascal | M | 98 | 0:57:54 | 10,01 | 6:00 |
| 117 | 560 | Debou Petro | M | 99 | 0:57:57 | 10,00 | 6:00 |
| 118 | 416 | Keters Didier | M | 100 | 0:58:01 | 9,99 | 6:01 |
| 119 | 613 | Colpaert Audric | M | 101 | 0:58:18 | 9,94 | 6:02 |
| 120 | 627 | Lories Wim | M | 102 | 0:58:24 | 9,92 | 6:03 |
| 121 | 410 | Casier Melanie | V | 19 | 0:58:25 | 9,92 | 6:03 |
| 122 | 626 | Audenaert Ilse | V | 20 | 0:58:25 | 9,92 | 6:03 |
| 123 | 451 | Baeten Karolien | V | 21 | 0:58:26 | 9,91 | 6:03 |
| 124 | 568 | Parmentier Bermard | M | 103 | 0:58:27 | 9,91 | 6:03 |
| 125 | 413 | Van Tuyckom Charlotte | V | 22 | 0:58:48 | 9,85 | 6:05 |
| 126 | 621 | Timmerman Kris | M | 104 | 0:58:57 | 9,83 | 6:06 |
| 127 | 547 | Chalet Frans | M | 105 | 0:59:02 | 9,81 | 6:07 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|----------------------------|-----|-------|---------|------|---------|
| 128 | 453 | Verleye Christine | V | 23 | 0:59:03 | 9,81 | 6:07 |
| 129 | 454 | Vanhove Dirk | M | 106 | 0:59:10 | 9,79 | 6:08 |
| 130 | 412 | Degroote Frank | M | 107 | 0:59:11 | 9,79 | 6:08 |
| 131 | 459 | Degroote Bart | M | 108 | 0:59:11 | 9,79 | 6:08 |
| 132 | 477 | Witgeers Christel | V | 24 | 0:59:12 | 9,79 | 6:08 |
| 133 | 552 | Schockaert Mario | M | 109 | 0:59:13 | 9,78 | 6:08 |
| 134 | 635 | | M | 110 | 0:59:16 | 9,78 | 6:08 |
| 135 | 596 | Maes Koenraad | M | 111 | 0:59:23 | 9,76 | 6:09 |
| 136 | 595 | Audenaert Valery | M | 112 | 0:59:23 | 9,76 | 6:09 |
| 137 | 526 | De Meuter Jan | M | 113 | 0:59:30 | 9,74 | 6:10 |
| 138 | 467 | Swerts Sebastien | M | 114 | 0:59:48 | 9,69 | 6:12 |
| 139 | 630 | Andries Glenn | M | 115 | 1:00:01 | 9,65 | 6:13 |
| 140 | 529 | Verhulst Kristiaan | M | 116 | 1:00:10 | 9,63 | 6:14 |
| 141 | 494 | Verdegem Simon | M | 117 | 1:00:12 | 9,62 | 6:14 |
| 142 | 491 | Verdegem Peter | M | 118 | 1:00:13 | 9,62 | 6:14 |
| 143 | 468 | Van Cleven Serge | M | 119 | 1:00:13 | 9,62 | 6:14 |
| 144 | 466 | Gregory Roels | M | 120 | 1:00:14 | 9,62 | 6:14 |
| 145 | 516 | Kerckhove Sari | V | 25 | 1:00:26 | 9,59 | 6:15 |
| 146 | 514 | Kerckhove Eva | V | 26 | 1:00:26 | 9,59 | 6:16 |
| 147 | 598 | Schepens Oliver | M | 121 | 1:00:33 | 9,57 | 6:16 |
| 148 | 414 | Keters Xavier | M | 122 | 1:00:41 | 9,55 | 6:17 |
| 149 | 605 | Loyson Katrien | V | 27 | 1:00:47 | 9,53 | 6:18 |
| 150 | 447 | Coulier Lieve | V | 28 | 1:01:16 | 9,46 | 6:21 |
| 151 | 600 | Caestecker Laurens | M | 123 | 1:01:30 | 9,42 | 6:22 |
| 152 | 553 | Dhaene Ann | V | 29 | 1:01:39 | 9,40 | 6:23 |
| 153 | 554 | Boonaert Hilaire | M | 124 | 1:01:40 | 9,39 | 6:23 |
| 154 | 592 | De Raedemaeker Franz | M | 125 | 1:01:42 | 9,39 | 6:23 |
| 155 | 445 | Van Houtte Christine | V | 30 | 1:01:57 | 9,35 | 6:25 |
| 156 | 444 | De Booser Jan | M | 126 | 1:01:57 | 9,35 | 6:25 |
| 157 | 538 | Notebaert Evelien | V | 31 | 1:02:04 | 9,34 | 6:26 |
| 158 | 537 | Lepercq Marieke | V | 32 | 1:02:04 | 9,34 | 6:26 |
| 159 | 456 | Kornegoor Huibrecht | M | 127 | 1:02:11 | 9,32 | 6:26 |
| 160 | 534 | Vanhee Jolijn | V | 33 | 1:02:15 | 9,31 | 6:27 |
| 161 | 450 | Pesch Greta | V | 34 | 1:02:18 | 9,30 | 6:27 |
| 162 | 591 | Khmercer Khmercer | M | 128 | 1:02:18 | 9,30 | 6:27 |
| 163 | 490 | Van Ryckeghem Lien | V | 35 | 1:02:26 | 9,28 | 6:28 |
| 164 | 472 | Ancaer Steven | M | 129 | 1:02:37 | 9,25 | 6:29 |
| 165 | 462 | Clement Marc | M | 130 | 1:02:37 | 9,25 | 6:29 |
| 166 | 622 | Heyse Erwin | M | 131 | 1:02:54 | 9,21 | 6:31 |
| 167 | 429 | Maes Frederika | V | 36 | 1:03:03 | 9,19 | 6:32 |
| 168 | 501 | Vanhalst Koen | M | 132 | 1:03:09 | 9,17 | 6:32 |
| 169 | 631 | Huys Martin | M | 133 | 1:03:10 | 9,17 | 6:33 |
| 170 | 601 | Samyn Paul | M | 134 | 1:03:13 | 9,16 | 6:33 |
| 171 | 609 | Donot Romain | M | 135 | 1:03:19 | 9,15 | 6:33 |
| 172 | 508 | Devlies Veerle | V | 37 | 1:03:22 | 9,14 | 6:34 |
| 173 | 611 | Van Dermeersch Kathleen | M | 136 | 1:03:24 | 9,14 | 6:34 |
| 174 | 612 | Niemegeers Patricia | V | 38 | 1:03:25 | 9,14 | 6:34 |
| 175 | 401 | Demaria Kurt | M | 137 | 1:03:26 | 9,13 | 6:34 |
| 176 | 481 | Vanparys Marijke | V | 39 | 1:03:50 | 9,08 | 6:37 |
| 177 | 425 | Phlips Griet | V | 40 | 1:04:11 | 9,03 | 6:39 |
| 178 | 543 | Segers Jean-Guy | M | 138 | 1:04:14 | 9,02 | 6:39 |
| 179 | 470 | Demulder Steve | M | 139 | 1:04:16 | 9,02 | 6:39 |
| 180 | 463 | Museeuw Kira | V | 41 | 1:04:16 | 9,02 | 6:39 |
| 181 | 409 | Trappeniers Franky | M | 140 | 1:04:23 | 9,00 | 6:40 |
| 182 | 408 | Trappeniers Nils | M | 141 | 1:04:24 | 9,00 | 6:40 |
| 183 | 604 | Eelbode Bart | M | 142 | 1:04:33 | 8,98 | 6:41 |
| 184 | 500 | Dhont Hilde | V | 42 | 1:04:43 | 8,95 | 6:42 |
| 185 | 432 | Elst Maarten | M | 143 | 1:04:44 | 8,95 | 6:42 |
| 186 | 551 | Van Den Meerschaut Marleen | V | 43 | 1:04:52 | 8,93 | 6:43 |
| 187 | 449 | Van Herle Leen | V | 44 | 1:05:03 | 8,91 | 6:44 |
| 188 | 415 | Konings Veronique | V | 45 | 1:05:06 | 8,90 | 6:44 |
| 189 | 476 | Smekens Charlotte | V | 46 | 1:05:14 | 8,88 | 6:45 |
| 190 | 632 | Bream Dorine | V | 47 | 1:05:37 | 8,83 | 6:48 |
| 191 | 584 | Yserbyt Mia | M | 144 | 1:05:38 | 8,83 | 6:48 |
| 192 | 608 | Bernaert Geert | M | 145 | 1:05:59 | 8,78 | 6:50 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|---------------------|------------|--------------|-------------|------------|----------------|
| 193 | 507 | Rombout Tristan | M | 146 | 1:06:15 | 8,74 | 6:52 |
| 194 | 452 | Honorez Nicolas | M | 147 | 1:06:15 | 8,74 | 6:52 |
| 195 | 548 | Hiergens Dirk | M | 148 | 1:06:22 | 8,73 | 6:52 |
| 196 | 616 | Van Weyenberg Lisa | V | 48 | 1:06:24 | 8,72 | 6:53 |
| 197 | 488 | Zels Julie | V | 49 | 1:07:10 | 8,63 | 6:57 |
| 198 | 580 | Abdelhamid Saidi | M | 149 | 1:07:16 | 8,61 | 6:58 |
| 199 | 455 | Deserranno Corine | V | 50 | 1:07:25 | 8,59 | 6:59 |
| 200 | 474 | Goethals Veronique | V | 51 | 1:07:25 | 8,59 | 6:59 |
| 201 | 438 | Van Deuren Ingrid | V | 52 | 1:07:29 | 8,59 | 6:59 |
| 202 | 404 | Sys Fabienne | V | 53 | 1:07:35 | 8,57 | 7:00 |
| 203 | 403 | Pollet Rebecca | V | 54 | 1:07:36 | 8,57 | 7:00 |
| 204 | 460 | Hayez Olivia | V | 55 | 1:08:17 | 8,49 | 7:04 |
| 205 | 461 | Baeten Bernard | M | 150 | 1:08:22 | 8,47 | 7:05 |
| 206 | 465 | Denys Rebecca | V | 56 | 1:08:23 | 8,47 | 7:05 |
| 207 | 495 | Jana Weymaere | V | 57 | 1:08:43 | 8,43 | 7:07 |
| 208 | 492 | Broways Robrecht | M | 151 | 1:08:43 | 8,43 | 7:07 |
| 209 | 509 | Decoene Christophe | M | 152 | 1:08:45 | 8,43 | 7:07 |
| 210 | 614 | Buyse Carine | V | 58 | 1:08:55 | 8,41 | 7:08 |
| 211 | 555 | Pessemier Nicole | V | 59 | 1:08:57 | 8,40 | 7:08 |
| 212 | 439 | Vlieghe Patsy | V | 60 | 1:09:12 | 8,37 | 7:10 |
| 213 | 506 | Verbist Robbin | M | 153 | 1:09:54 | 8,29 | 7:14 |
| 214 | 486 | Peeters Gerry | M | 154 | 1:10:19 | 8,24 | 7:17 |
| 215 | 418 | De Greef Elke | V | 61 | 1:11:53 | 8,06 | 7:27 |
| 216 | 510 | Wynants Brigitte | V | 62 | 1:12:33 | 7,99 | 7:31 |
| 217 | 419 | Vandaele Petra | V | 63 | 1:12:34 | 7,98 | 7:31 |
| 218 | 485 | Moeskops Angela | V | 64 | 1:12:36 | 7,98 | 7:31 |
| 219 | 457 | Van Cleven Joost | M | 155 | 1:14:01 | 7,83 | 7:40 |
| 220 | 540 | Lenaerts Christiane | V | 65 | 1:15:05 | 7,72 | 7:47 |
| 221 | 484 | Dewaele Sophie | V | 66 | 1:29:38 | 6,46 | 9:17 |

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10 MIJL (16,093 KM)

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------|-----|-------|---------|-------|---------|
| 1 | 51 | Wera Jan | M | 1 | 0:54:26 | 17,74 | 3:23 |
| 2 | 120 | Stieperaere Davy | M | 2 | 0:55:41 | 17,34 | 3:28 |
| 3 | 291 | Moerman Karel | M | 3 | 0:55:54 | 17,27 | 3:28 |
| 4 | 325 | Moeyaert Joris | M | 4 | 0:56:03 | 17,23 | 3:29 |
| 5 | 154 | Fischer Benny | M | 5 | 0:57:02 | 16,93 | 3:33 |
| 6 | 108 | Brysbaert Kevin | M | 6 | 0:57:23 | 16,83 | 3:34 |
| 7 | 212 | Vermeesch Pieter | M | 7 | 0:57:53 | 16,68 | 3:36 |
| 8 | 249 | Eggerick Alexander | M | 8 | 0:58:02 | 16,64 | 3:36 |
| 9 | 261 | Alleman Dominique | M | 9 | 0:58:11 | 16,60 | 3:37 |
| 10 | 87 | Geerts Alain | M | 10 | 0:59:11 | 16,31 | 3:41 |
| 11 | 206 | Lernout Dries | M | 11 | 0:59:37 | 16,20 | 3:42 |
| 12 | 207 | Vermander Glenn | M | 12 | 1:01:22 | 15,73 | 3:49 |
| 13 | 253 | Lagast Davy | M | 13 | 1:01:26 | 15,72 | 3:49 |
| 14 | 262 | Willemyns Tom | M | 14 | 1:03:03 | 15,32 | 3:55 |
| 15 | 320 | Van Beek Peter | M | 15 | 1:03:09 | 15,29 | 3:55 |
| 16 | 257 | Verbeke Bart | M | 16 | 1:03:16 | 15,26 | 3:56 |
| 17 | 116 | Vanhee Yves | M | 17 | 1:03:21 | 15,24 | 3:56 |
| 18 | 284 | Rens Jeremy | M | 18 | 1:03:21 | 15,24 | 3:56 |
| 19 | 193 | Dobbelaere Steven | M | 19 | 1:03:24 | 15,23 | 3:56 |
| 20 | 118 | Danneels Annemie | V | 1 | 1:03:24 | 15,23 | 3:56 |
| 21 | 159 | Pauwel Joos | M | 20 | 1:03:50 | 15,13 | 3:58 |
| 22 | 296 | Deramoudt Johan | M | 21 | 1:03:55 | 15,11 | 3:58 |
| 23 | 100 | Van Parys Stijn | M | 22 | 1:03:55 | 15,11 | 3:58 |
| 24 | 330 | Truyaert Eddy | M | 23 | 1:04:04 | 15,07 | 3:59 |
| 25 | 303 | Deslee Matthias | M | 24 | 1:04:17 | 15,02 | 4:00 |
| 26 | 252 | Demeester Thybo | M | 25 | 1:04:19 | 15,01 | 4:00 |
| 27 | 66 | Debreyne Frederic | M | 26 | 1:04:29 | 14,97 | 4:00 |
| 28 | 53 | De Coninck Wim | M | 27 | 1:04:47 | 14,90 | 4:02 |
| 29 | 224 | Lieou Thanh | M | 28 | 1:04:53 | 14,88 | 4:02 |
| 30 | 13 | Homblé Peter | M | 29 | 1:05:00 | 14,85 | 4:02 |
| 31 | 46 | Luypaert Dirk | M | 30 | 1:05:01 | 14,85 | 4:02 |
| 32 | 166 | Riemaeker Ruben | M | 31 | 1:05:16 | 14,79 | 4:03 |
| 33 | 269 | Gadeyne Kevin | M | 32 | 1:05:32 | 14,73 | 4:04 |
| 34 | 297 | Puystjens Gino | M | 33 | 1:05:36 | 14,72 | 4:05 |
| 35 | 308 | Dewulf Dirk | M | 34 | 1:05:37 | 14,72 | 4:05 |
| 36 | 251 | Baert Iwan | M | 35 | 1:06:19 | 14,56 | 4:07 |
| 37 | 152 | Lauwens Stefan | M | 36 | 1:06:31 | 14,52 | 4:08 |
| 38 | 37 | Maes Daniël | M | 37 | 1:06:56 | 14,43 | 4:10 |
| 39 | 256 | Royaux Xavier | M | 38 | 1:06:56 | 14,43 | 4:10 |
| 40 | 79 | Demuyne Annelies | V | 2 | 1:07:35 | 14,29 | 4:12 |
| 41 | 317 | Verrijckt Bart | M | 39 | 1:07:49 | 14,24 | 4:13 |
| 42 | 323 | Halewyck Thijs | M | 40 | 1:07:59 | 14,20 | 4:13 |
| 43 | 254 | Scheirens Jorge | M | 41 | 1:08:03 | 14,19 | 4:14 |
| 44 | 282 | Schepens Gert | M | 42 | 1:08:05 | 14,18 | 4:14 |
| 45 | 305 | Demaret Tony | M | 43 | 1:08:20 | 14,13 | 4:15 |
| 46 | 104 | Halewyck Tom | M | 44 | 1:08:23 | 14,12 | 4:15 |
| 47 | 121 | Deruddere Geert | M | 45 | 1:08:36 | 14,08 | 4:16 |
| 48 | 123 | Deruddere Lies | V | 3 | 1:08:36 | 14,08 | 4:16 |
| 49 | 27 | Slagmulders Bart | M | 46 | 1:09:04 | 13,98 | 4:17 |
| 50 | 52 | Rens Cathy | V | 4 | 1:09:08 | 13,97 | 4:18 |
| 51 | 248 | Moeraert Steven | M | 47 | 1:09:50 | 13,83 | 4:20 |
| 52 | 64 | Jonckheere Eddy | M | 48 | 1:10:05 | 13,78 | 4:21 |
| 53 | 267 | Vandewiele Germund | M | 49 | 1:10:07 | 13,77 | 4:21 |
| 54 | 336 | Gouwy Davy | M | 50 | 1:10:11 | 13,76 | 4:22 |
| 55 | 220 | Vromman Jan | M | 51 | 1:10:22 | 13,72 | 4:22 |
| 56 | 322 | Boedt Thomas | M | 52 | 1:10:24 | 13,72 | 4:22 |
| 57 | 265 | Schreyen Kurt | M | 53 | 1:10:26 | 13,71 | 4:23 |
| 58 | 160 | Van Vracem Herman | M | 54 | 1:10:43 | 13,65 | 4:24 |
| 59 | 226 | Conings Jurgen | M | 55 | 1:10:45 | 13,65 | 4:24 |
| 60 | 170 | Desmet Steven | M | 56 | 1:11:00 | 13,60 | 4:25 |
| 61 | 299 | Feys Bert | M | 57 | 1:11:07 | 13,58 | 4:25 |
| 62 | 134 | Van Heddegem Koen | M | 58 | 1:11:11 | 13,57 | 4:25 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|-----|-------|---------|-------|---------|
| 63 | 57 | Naessens Steven | M | 59 | 1:11:16 | 13,55 | 4:26 |
| 64 | 236 | Barbe Jan | M | 60 | 1:11:26 | 13,52 | 4:26 |
| 65 | 266 | Claeys Erik | M | 61 | 1:11:27 | 13,51 | 4:26 |
| 66 | 263 | Butseraen Emelie | V | 5 | 1:11:28 | 13,51 | 4:26 |
| 67 | 292 | Decorte Tom | M | 62 | 1:11:28 | 13,51 | 4:26 |
| 68 | 331 | De Groote Stefan | M | 63 | 1:11:45 | 13,46 | 4:27 |
| 69 | 271 | Van Waes Peter | M | 64 | 1:11:52 | 13,44 | 4:28 |
| 70 | 77 | Lieze Eecloo | V | 6 | 1:11:57 | 13,42 | 4:28 |
| 71 | 168 | Verschaeve Rutger | M | 65 | 1:11:57 | 13,42 | 4:28 |
| 72 | 192 | Van Den Bergh Ruben | M | 66 | 1:11:58 | 13,42 | 4:28 |
| 73 | 25 | Van Troye Bart | M | 67 | 1:12:00 | 13,41 | 4:28 |
| 74 | 95 | Mortelé Jürgen | M | 68 | 1:12:02 | 13,41 | 4:29 |
| 75 | 131 | D'hondt Dick | M | 69 | 1:12:03 | 13,40 | 4:29 |
| 76 | 49 | Maelfeyt Stijn | M | 70 | 1:12:09 | 13,38 | 4:29 |
| 77 | 314 | Timmerman Bart | M | 71 | 1:12:20 | 13,35 | 4:30 |
| 78 | 276 | Patteuw Tom | M | 72 | 1:12:35 | 13,30 | 4:31 |
| 79 | 324 | Meulebrouck Stefaan | M | 73 | 1:12:38 | 13,29 | 4:31 |
| 80 | 344 | Declerck Koen | M | 74 | 1:12:43 | 13,28 | 4:31 |
| 81 | 218 | Van Belleghem Filip | M | 75 | 1:12:49 | 13,26 | 4:32 |
| 82 | 65 | Crouin Christophe | M | 76 | 1:12:55 | 13,24 | 4:32 |
| 83 | 345 | Van Der Perre Frederik | M | 77 | 1:13:16 | 13,18 | 4:33 |
| 84 | 180 | Swinnen Kristof | M | 78 | 1:13:22 | 13,16 | 4:34 |
| 85 | 334 | De Smet Kurt | M | 79 | 1:13:27 | 13,15 | 4:34 |
| 86 | 90 | Bellet Jean-Francois | M | 80 | 1:13:43 | 13,10 | 4:35 |
| 87 | 176 | Hoof Eddy | M | 81 | 1:13:51 | 13,07 | 4:35 |
| 88 | 244 | De Brabander Pascal | M | 82 | 1:13:56 | 13,06 | 4:36 |
| 89 | 129 | Derudder Wim | M | 83 | 1:13:58 | 13,06 | 4:36 |
| 90 | 81 | Hendrickx Dave | M | 84 | 1:13:59 | 13,05 | 4:36 |
| 91 | 235 | Cherlet Janne | M | 85 | 1:14:06 | 13,03 | 4:36 |
| 92 | 217 | Goethals Joke | V | 7 | 1:14:09 | 13,02 | 4:36 |
| 93 | 290 | De Decker Peter | M | 86 | 1:14:09 | 13,02 | 4:36 |
| 94 | 190 | Rollier Robin | M | 87 | 1:14:18 | 13,00 | 4:37 |
| 95 | 264 | Nico Ros | M | 88 | 1:14:20 | 12,99 | 4:37 |
| 96 | 211 | Peeters Chris | V | 8 | 1:14:24 | 12,98 | 4:37 |
| 97 | 234 | Ide Bart | M | 89 | 1:14:27 | 12,97 | 4:38 |
| 98 | 28 | Vandromme Jeroen | M | 90 | 1:14:34 | 12,95 | 4:38 |
| 99 | 247 | Pottiek Claude | M | 91 | 1:14:39 | 12,93 | 4:38 |
| 100 | 339 | Court Jurgen | M | 92 | 1:14:49 | 12,91 | 4:39 |
| 101 | 69 | Vermeesch Fernand | M | 93 | 1:14:58 | 12,88 | 4:39 |
| 102 | 329 | Goethals Bjorn | M | 94 | 1:14:58 | 12,88 | 4:40 |
| 103 | 85 | Jean-Pierre Deprez | M | 95 | 1:14:58 | 12,88 | 4:40 |
| 104 | 272 | Van Humbeeck Gerrit | M | 96 | 1:14:59 | 12,88 | 4:40 |
| 105 | 260 | Cappon Liesbeth | V | 9 | 1:15:01 | 12,87 | 4:40 |
| 106 | 97 | Clinckaert Michiel | M | 97 | 1:15:01 | 12,87 | 4:40 |
| 107 | 209 | Vanhaecke Peter | M | 98 | 1:15:02 | 12,87 | 4:40 |
| 108 | 58 | Neyens Seppe | M | 99 | 1:15:15 | 12,83 | 4:41 |
| 109 | 122 | Mawet Jonathan | M | 100 | 1:15:21 | 12,82 | 4:41 |
| 110 | 250 | Logez Benjamin | M | 101 | 1:15:28 | 12,80 | 4:41 |
| 111 | 139 | Van Loo Niels | M | 102 | 1:15:34 | 12,78 | 4:42 |
| 112 | 194 | Vandepitte Stijn | M | 103 | 1:15:36 | 12,77 | 4:42 |
| 113 | 29 | Van Brugghe Didier | M | 104 | 1:15:38 | 12,77 | 4:42 |
| 114 | 89 | Steen Valerie | V | 10 | 1:15:40 | 12,76 | 4:42 |
| 115 | 127 | Diependaele Steven | M | 105 | 1:15:44 | 12,75 | 4:42 |
| 116 | 195 | Spaenhoven Tom | M | 106 | 1:15:47 | 12,74 | 4:43 |
| 117 | 156 | Bruggeman Bert | M | 107 | 1:15:58 | 12,71 | 4:43 |
| 118 | 179 | Decadt Koen | M | 108 | 1:15:58 | 12,71 | 4:43 |
| 119 | 157 | Degraeve Carl | M | 109 | 1:16:17 | 12,66 | 4:44 |
| 120 | 162 | Kerckhove Koenraad | M | 110 | 1:16:27 | 12,63 | 4:45 |
| 121 | 75 | Michiels Alex | M | 111 | 1:16:48 | 12,57 | 4:46 |
| 122 | 59 | Cailliez Pieter | M | 112 | 1:16:59 | 12,54 | 4:47 |
| 123 | 238 | Decruynaere Bruno | M | 113 | 1:17:06 | 12,52 | 4:47 |
| 124 | 103 | Dankers Kees-Jan | M | 114 | 1:17:11 | 12,51 | 4:48 |
| 125 | 113 | Van Den Boeck Jurgen | M | 115 | 1:17:18 | 12,49 | 4:48 |
| 126 | 239 | Delombaert Luc | M | 116 | 1:17:18 | 12,49 | 4:48 |
| 127 | 35 | Blomme Bram | M | 117 | 1:17:22 | 12,48 | 4:48 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|---------------------------|-----|-------|---------|-------|---------|
| 128 | 300 | De Backer Marnix | M | 118 | 1:17:28 | 12,47 | 4:49 |
| 129 | 93 | Peeters Jan | M | 119 | 1:17:29 | 12,46 | 4:49 |
| 130 | 169 | Vernimmen Steve | M | 120 | 1:17:34 | 12,45 | 4:49 |
| 131 | 228 | Mattheeuws Christoph | M | 121 | 1:17:51 | 12,40 | 4:50 |
| 132 | 294 | Bruyndonckx Louis | M | 122 | 1:17:56 | 12,39 | 4:51 |
| 133 | 319 | Vianne Ruth | V | 11 | 1:18:00 | 12,38 | 4:51 |
| 134 | 219 | Dehandschutter Herman | M | 123 | 1:18:01 | 12,38 | 4:51 |
| 135 | 76 | Gommers Dries | M | 124 | 1:18:13 | 12,35 | 4:52 |
| 136 | 338 | Declerck Patrick | M | 125 | 1:18:14 | 12,34 | 4:52 |
| 137 | 274 | Andries Katrien | V | 12 | 1:18:15 | 12,34 | 4:52 |
| 138 | 7 | Ketels Bart | M | 126 | 1:18:19 | 12,33 | 4:52 |
| 139 | 328 | De Conick Luc | M | 127 | 1:18:24 | 12,32 | 4:52 |
| 140 | 340 | Lefere Jurgen | M | 128 | 1:18:26 | 12,31 | 4:52 |
| 141 | 342 | Dewilde Eric | M | 129 | 1:18:28 | 12,31 | 4:53 |
| 142 | 74 | Van Parys Geert | M | 130 | 1:18:45 | 12,26 | 4:54 |
| 143 | 137 | Weymaere Nico | M | 131 | 1:18:46 | 12,26 | 4:54 |
| 144 | 61 | Verset Vincent | M | 132 | 1:18:54 | 12,24 | 4:54 |
| 145 | 286 | Vossclaus Peter | M | 133 | 1:18:59 | 12,22 | 4:54 |
| 146 | 280 | Van Aeldeweereid Steven | M | 134 | 1:19:01 | 12,22 | 4:55 |
| 147 | 106 | Pauwels Luk | M | 135 | 1:19:03 | 12,21 | 4:55 |
| 148 | 215 | Cremmery Koen | M | 136 | 1:19:08 | 12,20 | 4:55 |
| 149 | 144 | De Bel Johnny | M | 137 | 1:19:12 | 12,19 | 4:55 |
| 150 | 185 | Van Eldik Martijn | M | 138 | 1:19:13 | 12,19 | 4:55 |
| 151 | 288 | Van Keymeulen Soetkin | V | 13 | 1:19:25 | 12,16 | 4:56 |
| 152 | 347 | Rots Lieven | M | 139 | 1:19:31 | 12,14 | 4:56 |
| 153 | 187 | Degroote Nicolaas | M | 140 | 1:19:32 | 12,14 | 4:57 |
| 154 | 143 | Tierenteyn Geert | M | 141 | 1:19:39 | 12,12 | 4:57 |
| 155 | 102 | Coorde Jan | M | 142 | 1:19:54 | 12,08 | 4:58 |
| 156 | 43 | Van De Steen Franky | M | 143 | 1:19:55 | 12,08 | 4:58 |
| 157 | 101 | Dewilder Nicole | V | 14 | 1:19:56 | 12,08 | 4:58 |
| 158 | 243 | Roos Joek | M | 144 | 1:19:58 | 12,08 | 4:58 |
| 159 | 60 | Van Pee Johan | M | 145 | 1:19:58 | 12,07 | 4:58 |
| 160 | 78 | Reinquin Filip | M | 146 | 1:20:07 | 12,05 | 4:59 |
| 161 | 189 | Devooght Roald | M | 147 | 1:20:11 | 12,04 | 4:59 |
| 162 | 273 | Denys Miguel | M | 148 | 1:20:15 | 12,03 | 4:59 |
| 163 | 309 | De Vooght Patricia | M | 149 | 1:20:19 | 12,02 | 4:59 |
| 164 | 270 | Van Der Linden Christophe | M | 150 | 1:20:23 | 12,01 | 5:00 |
| 165 | 119 | Van Loo Benny | M | 151 | 1:20:27 | 12,00 | 5:00 |
| 166 | 337 | Bousba Hakim | M | 152 | 1:20:47 | 11,95 | 5:01 |
| 167 | 227 | Depoorter Erwin | M | 153 | 1:20:58 | 11,93 | 5:02 |
| 168 | 48 | Delanghe Niels | M | 154 | 1:21:04 | 11,91 | 5:02 |
| 169 | 341 | Merckx Filip | M | 155 | 1:21:09 | 11,90 | 5:03 |
| 170 | 275 | Nothen Serge | M | 156 | 1:21:12 | 11,89 | 5:03 |
| 171 | 55 | De Greyt Wim | M | 157 | 1:21:16 | 11,88 | 5:03 |
| 172 | 326 | Coen Peter | M | 158 | 1:21:16 | 11,88 | 5:03 |
| 173 | 287 | Van Guyse Dirk | M | 159 | 1:21:27 | 11,86 | 5:04 |
| 174 | 246 | Iserbyt Dries | M | 160 | 1:21:38 | 11,83 | 5:04 |
| 175 | 115 | Samaey Ynak | V | 15 | 1:21:47 | 11,81 | 5:05 |
| 176 | 2 | Boudens Bart | M | 161 | 1:21:47 | 11,81 | 5:05 |
| 177 | 32 | De Visschere Pieter | M | 162 | 1:21:48 | 11,81 | 5:05 |
| 178 | 223 | Taerwe Viktor | M | 163 | 1:21:48 | 11,80 | 5:05 |
| 179 | 107 | Janssens Rudi | M | 164 | 1:21:48 | 11,80 | 5:05 |
| 180 | 210 | Van Wielendaele Pol | M | 165 | 1:21:53 | 11,79 | 5:05 |
| 181 | 304 | Van Dyck Gert | M | 166 | 1:21:55 | 11,79 | 5:05 |
| 182 | 142 | Vandenbogaerde Andy | M | 167 | 1:21:56 | 11,78 | 5:05 |
| 183 | 307 | Celis Dirk | M | 168 | 1:22:01 | 11,77 | 5:06 |
| 184 | 150 | Harinck Nico | M | 169 | 1:22:18 | 11,73 | 5:07 |
| 185 | 15 | Gunst Annelies | V | 16 | 1:22:36 | 11,69 | 5:08 |
| 186 | 279 | Vernyns Mario | M | 170 | 1:22:38 | 11,68 | 5:08 |
| 187 | 23 | Dufour Steven | M | 171 | 1:22:38 | 11,68 | 5:08 |
| 188 | 184 | Goes Mark | M | 172 | 1:23:04 | 11,62 | 5:10 |
| 189 | 68 | Kerckhove Dany | V | 17 | 1:23:05 | 11,62 | 5:10 |
| 190 | 298 | Travers Joseph | M | 173 | 1:23:22 | 11,58 | 5:11 |
| 191 | 285 | Strutas Divis | M | 174 | 1:23:24 | 11,58 | 5:11 |
| 192 | 96 | Vandeput Raf | M | 175 | 1:23:31 | 11,56 | 5:11 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-------------------------|-----|-------|---------|-------|---------|
| 193 | 14 | Ossieur Patrick | M | 176 | 1:23:33 | 11,56 | 5:12 |
| 194 | 201 | Lignel Thomas | M | 177 | 1:23:33 | 11,56 | 5:12 |
| 195 | 165 | Vileyn Michel | M | 178 | 1:23:35 | 11,55 | 5:12 |
| 196 | 230 | Crousel Olivier | M | 179 | 1:23:38 | 11,55 | 5:12 |
| 197 | 72 | Earad Caroline | V | 18 | 1:23:42 | 11,54 | 5:12 |
| 198 | 63 | Keukeleire Dicky | M | 180 | 1:23:50 | 11,52 | 5:13 |
| 199 | 161 | Thiebaut Koen | M | 181 | 1:23:52 | 11,51 | 5:13 |
| 200 | 222 | Wynants Bernard | M | 182 | 1:24:09 | 11,47 | 5:14 |
| 201 | 86 | Mechele Filip | M | 183 | 1:24:09 | 11,47 | 5:14 |
| 202 | 259 | Vande Walle Pascal | M | 184 | 1:24:33 | 11,42 | 5:15 |
| 203 | 9 | Van Woensel Lut | V | 19 | 1:24:34 | 11,42 | 5:15 |
| 204 | 10 | Debree Dirk | M | 185 | 1:24:35 | 11,42 | 5:15 |
| 205 | 335 | Lebloy Cliff | M | 186 | 1:24:39 | 11,41 | 5:16 |
| 206 | 45 | De Vos Sabrina | V | 20 | 1:24:51 | 11,38 | 5:16 |
| 207 | 302 | Van Mechelen Pierre | M | 187 | 1:24:54 | 11,37 | 5:17 |
| 208 | 188 | Ide Raf | M | 188 | 1:24:55 | 11,37 | 5:17 |
| 209 | 110 | Poelaert Katelijne | V | 21 | 1:24:59 | 11,36 | 5:17 |
| 210 | 255 | Hocepied Melishia | V | 22 | 1:25:08 | 11,34 | 5:17 |
| 211 | 73 | Van Boven Bart | M | 189 | 1:25:17 | 11,32 | 5:18 |
| 212 | 202 | Timmerman Sandra | V | 23 | 1:25:18 | 11,32 | 5:18 |
| 213 | 240 | Gillis Julien | M | 190 | 1:25:45 | 11,26 | 5:20 |
| 214 | 138 | Brants Tom | M | 191 | 1:25:57 | 11,23 | 5:20 |
| 215 | 268 | Puystjens Glenn | M | 192 | 1:26:03 | 11,22 | 5:21 |
| 216 | 241 | Bovre Ludo | M | 193 | 1:26:04 | 11,22 | 5:21 |
| 217 | 34 | De Wilde Philip | M | 194 | 1:26:05 | 11,22 | 5:21 |
| 218 | 124 | Dejonghe Miek | V | 24 | 1:26:05 | 11,22 | 5:21 |
| 219 | 44 | De Winter-Pieters Heidi | V | 25 | 1:26:07 | 11,21 | 5:21 |
| 220 | 348 | Buyse Marc | M | 195 | 1:26:20 | 11,18 | 5:22 |
| 221 | 343 | Vanderjeugt Wim | M | 196 | 1:26:32 | 11,16 | 5:23 |
| 222 | 332 | Vandenbulcke Miet | V | 26 | 1:26:41 | 11,14 | 5:23 |
| 223 | 62 | Vandamme Daniel | M | 197 | 1:26:42 | 11,14 | 5:23 |
| 224 | 16 | Decoster Patrick | M | 198 | 1:26:42 | 11,14 | 5:23 |
| 225 | 311 | Bouckaert Ann | V | 27 | 1:26:44 | 11,13 | 5:23 |
| 226 | 295 | Gevaert Franky | M | 199 | 1:26:50 | 11,12 | 5:24 |
| 227 | 17 | Debbaut Karel | M | 200 | 1:27:03 | 11,09 | 5:25 |
| 228 | 12 | Vanmassenhove Katty | V | 28 | 1:27:08 | 11,08 | 5:25 |
| 229 | 350 | De Belser Michelle | M | 201 | 1:27:10 | 11,08 | 5:25 |
| 230 | 140 | Timmermans Veronique | V | 29 | 1:27:13 | 11,07 | 5:25 |
| 231 | 38 | Ligneel Gino | M | 202 | 1:27:14 | 11,07 | 5:25 |
| 232 | 316 | Van Houcke Karel | M | 203 | 1:27:14 | 11,07 | 5:25 |
| 233 | 135 | Van Nieuwenhuyse Luc | M | 204 | 1:27:14 | 11,07 | 5:25 |
| 234 | 229 | De Loore Geert | M | 205 | 1:27:19 | 11,06 | 5:26 |
| 235 | 182 | De Paepe Lieven | M | 206 | 1:27:26 | 11,04 | 5:26 |
| 236 | 281 | Delgouffe Phil | M | 207 | 1:27:27 | 11,04 | 5:26 |
| 237 | 208 | Schepers Joeri | M | 208 | 1:27:27 | 11,04 | 5:26 |
| 238 | 283 | Galle Jean-Pierre | M | 209 | 1:27:27 | 11,04 | 5:26 |
| 239 | 278 | Depuydt Birgit | V | 30 | 1:27:27 | 11,04 | 5:26 |
| 240 | 18 | De Bruyne Jurgen | M | 210 | 1:27:28 | 11,04 | 5:26 |
| 241 | 164 | Van De Walle Mario | M | 211 | 1:27:28 | 11,04 | 5:26 |
| 242 | 133 | Coucke Johan | M | 212 | 1:27:29 | 11,04 | 5:26 |
| 243 | 242 | Lievens Karl | M | 213 | 1:28:12 | 10,95 | 5:29 |
| 244 | 177 | De Zutter Geert | M | 214 | 1:28:13 | 10,95 | 5:29 |
| 245 | 191 | Baert Roseline | V | 31 | 1:28:13 | 10,94 | 5:29 |
| 246 | 313 | Gaudesaboos Kristof | M | 215 | 1:28:14 | 10,94 | 5:29 |
| 247 | 155 | Fredrick Ann | V | 32 | 1:28:21 | 10,93 | 5:29 |
| 248 | 321 | Vandewheede Ivan | M | 216 | 1:28:22 | 10,93 | 5:29 |
| 249 | 318 | Deschacht Marc | M | 217 | 1:28:22 | 10,93 | 5:29 |
| 250 | 111 | Vandermeulen Jan | M | 218 | 1:28:31 | 10,91 | 5:30 |
| 251 | 312 | Gaudesaboos Tom | M | 219 | 1:28:52 | 10,87 | 5:31 |
| 252 | 315 | Deweerd Pieter | M | 220 | 1:28:56 | 10,86 | 5:32 |
| 253 | 197 | Soete Wim | M | 221 | 1:29:04 | 10,84 | 5:32 |
| 254 | 289 | Duthoo Elise | V | 33 | 1:29:13 | 10,82 | 5:33 |
| 255 | 8 | Demaegdt Paul | M | 222 | 1:29:18 | 10,81 | 5:33 |
| 256 | 175 | Lammertyn Cliff | M | 223 | 1:29:19 | 10,81 | 5:33 |
| 257 | 174 | Capitaine Tamara | V | 34 | 1:29:32 | 10,78 | 5:34 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|-----|-------|---------|-------|---------|
| 258 | 99 | Sallet Sofie | V | 35 | 1:29:43 | 10,76 | 5:34 |
| 259 | 163 | Baeckelandt Lucas | M | 224 | 1:29:52 | 10,74 | 5:35 |
| 260 | 196 | De Leeuw Wim | M | 225 | 1:29:58 | 10,73 | 5:35 |
| 261 | 199 | De Boeck Wim | M | 226 | 1:30:03 | 10,72 | 5:36 |
| 262 | 204 | Van Schandevijl Lieven | M | 227 | 1:30:11 | 10,71 | 5:36 |
| 263 | 158 | Baeckelandt Eric | M | 228 | 1:30:18 | 10,69 | 5:37 |
| 264 | 56 | Verbruggen Nancy | V | 36 | 1:30:38 | 10,65 | 5:38 |
| 265 | 214 | De Leeuw Elisabeth | V | 37 | 1:30:41 | 10,65 | 5:38 |
| 266 | 213 | Lingier Matthieu | M | 229 | 1:30:42 | 10,65 | 5:38 |
| 267 | 349 | Van Herwegen Bart | M | 230 | 1:30:50 | 10,63 | 5:39 |
| 268 | 70 | Legein Frederick | M | 231 | 1:30:54 | 10,62 | 5:39 |
| 269 | 88 | Copman Glenn | M | 232 | 1:30:58 | 10,62 | 5:39 |
| 270 | 231 | Van Herck Marie-Louise | V | 38 | 1:31:19 | 10,57 | 5:40 |
| 271 | 83 | Bogaert Dirk | M | 233 | 1:31:21 | 10,57 | 5:41 |
| 272 | 310 | Couvreur Martin | M | 234 | 1:31:57 | 10,50 | 5:43 |
| 273 | 94 | Blondel Johny | M | 235 | 1:32:00 | 10,50 | 5:43 |
| 274 | 105 | Verplancke Liesbeth | V | 39 | 1:32:02 | 10,49 | 5:43 |
| 275 | 146 | Dekempe Linda | V | 40 | 1:32:05 | 10,49 | 5:43 |
| 276 | 277 | Canters Mai | V | 41 | 1:32:05 | 10,49 | 5:43 |
| 277 | 153 | Rombout Steven | M | 236 | 1:32:07 | 10,48 | 5:43 |
| 278 | 172 | Maas Gerrie | V | 42 | 1:32:28 | 10,44 | 5:45 |
| 279 | 221 | Thys Koen | M | 237 | 1:32:40 | 10,42 | 5:45 |
| 280 | 225 | De Smet Veronique | V | 43 | 1:32:40 | 10,42 | 5:46 |
| 281 | 333 | Lamont Sylvain | M | 238 | 1:33:05 | 10,37 | 5:47 |
| 282 | 141 | Margory Wendy | V | 44 | 1:33:13 | 10,36 | 5:48 |
| 283 | 145 | Maas Harrie | M | 239 | 1:33:50 | 10,29 | 5:50 |
| 284 | 186 | Eerebout Michel | M | 240 | 1:33:53 | 10,29 | 5:50 |
| 285 | 198 | Aspeslagh Katrien | V | 45 | 1:34:09 | 10,26 | 5:51 |
| 286 | 173 | Luypaert Andy | M | 241 | 1:34:33 | 10,21 | 5:52 |
| 287 | 31 | Decherf Patrick | M | 242 | 1:34:39 | 10,20 | 5:53 |
| 288 | 54 | Dumon Karien | V | 46 | 1:34:41 | 10,20 | 5:53 |
| 289 | 114 | Gheyle Viviane | V | 47 | 1:34:43 | 10,19 | 5:53 |
| 290 | 301 | Vankeirsbilck Nadine | M | 243 | 1:34:47 | 10,19 | 5:53 |
| 291 | 112 | Marchau Marnix | M | 244 | 1:34:58 | 10,17 | 5:54 |
| 292 | 98 | De Bleeker Michel | M | 245 | 1:35:29 | 10,11 | 5:56 |
| 293 | 125 | Schillewaert Pieter | M | 246 | 1:35:55 | 10,07 | 5:58 |
| 294 | 4 | Rousseff Serge | M | 247 | 1:36:05 | 10,05 | 5:58 |
| 295 | 3 | Rousseff Thais | V | 48 | 1:36:05 | 10,05 | 5:58 |
| 296 | 41 | Wynants Alain | M | 248 | 1:36:12 | 10,04 | 5:59 |
| 297 | 258 | Sabbe Sofie | V | 49 | 1:36:24 | 10,02 | 5:59 |
| 298 | 245 | Iserbyt Damien | M | 249 | 1:36:25 | 10,01 | 5:59 |
| 299 | 50 | Van Der Rob | M | 250 | 1:36:25 | 10,01 | 5:59 |
| 300 | 205 | Van Schandevijl Wim | M | 251 | 1:37:51 | 9,87 | 6:05 |
| 301 | 167 | Vande Velde Rudy | M | 252 | 1:37:57 | 9,86 | 6:05 |
| 302 | 306 | Dewulf Inge | V | 50 | 1:38:14 | 9,83 | 6:06 |
| 303 | 171 | Descamps Xavier | M | 253 | 1:38:30 | 9,80 | 6:07 |
| 304 | 132 | Van Den Wyngaert Hans | M | 254 | 1:38:51 | 9,77 | 6:09 |
| 305 | 20 | Tirez David | M | 255 | 1:40:18 | 9,63 | 6:14 |
| 306 | 109 | De Keyser Marc | M | 256 | 1:40:34 | 9,60 | 6:15 |
| 307 | 216 | Vanmassenhove Guido | M | 257 | 1:40:42 | 9,59 | 6:15 |
| 308 | 327 | Claessens Jozef | M | 258 | 1:41:28 | 9,52 | 6:18 |
| 309 | 148 | Van Gaver Mieke | V | 51 | 1:50:05 | 8,77 | 6:50 |
| 310 | 147 | De Baedts Marianne | V | 52 | 1:50:05 | 8,77 | 6:50 |
| 311 | 237 | Manhout Eric | M | 259 | 1:51:11 | 8,68 | 6:55 |
| 312 | 67 | Bellet Ana | V | 53 | 1:52:29 | 8,58 | 6:59 |
| 313 | 126 | Bonny Redgy | M | 260 | 1:52:32 | 8,58 | 7:00 |
| 314 | 39 | Van Aert Kenny | M | 261 | 1:53:21 | 8,52 | 7:03 |
| 315 | 178 | Van Hoydonck Kevin | M | 262 | 1:54:15 | 8,45 | 7:06 |