

5e Night Run Antwerpen - 25 september 2015

9 KM

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|------------------------|-------------------|-----|-----|-------|---------|-------|---------|
| 1 | 2682 | GOOSSENS Christophe | WAASMUNSTER | 28 | SEH | 1 | 0:27:42 | 19,49 | 3:05 |
| 2 | 1866 | VAN DE VLOET Joery | MORTSEL | 26 | SEH | 2 | 0:28:52 | 18,71 | 3:12 |
| 3 | 1340 | HENDRICKX Jan | HEIST OP DEN BERG | 33 | SEH | 3 | 0:29:34 | 18,26 | 3:17 |
| 4 | 6559 | DE MAEYER Maarten | MECHELEN | 35 | M35 | 1 | 0:29:35 | 18,25 | 3:17 |
| 5 | 6553 | EL MOUKHTARI Hazam | BORGERHOUT | 34 | SEH | 4 | 0:29:38 | 18,22 | 3:18 |
| 6 | 1012 | GEERS Hans | LIER | 29 | SEH | 5 | 0:29:52 | 18,08 | 3:19 |
| 7 | 367 | CORYN Tim | WIJNEGEM | 36 | M35 | 2 | 0:30:50 | 17,51 | 3:26 |
| 8 | 6918 | VARELA Josue | ANTWERPEN | 40 | M40 | 1 | 0:31:00 | 17,42 | 3:27 |
| 9 | 366 | VAN AELST Kris | BERCHEM | 35 | M35 | 3 | 0:31:02 | 17,40 | 3:27 |
| 10 | 1786 | ROETS Vincent | KESSEL-LO | 31 | SEH | 6 | 0:31:06 | 17,36 | 3:27 |
| 11 | 425 | KEMPENAERS Jimmy | STABROEK | 40 | M40 | 2 | 0:31:16 | 17,27 | 3:28 |
| 12 | 16 | MEIJERS André | HOEDEKENSKERKE | 45 | M45 | 1 | 0:31:17 | 17,26 | 3:29 |
| 13 | 2124 | DE JONGH Joris | DEURNE | 32 | SEH | 7 | 0:31:26 | 17,18 | 3:30 |
| 14 | 2774 | BACHOT Marc | ZOERSEL | 55 | M55 | 1 | 0:31:27 | 17,17 | 3:30 |
| 15 | 2548 | MESKENS Tom | MERKSEM | 31 | SEH | 8 | 0:31:27 | 17,17 | 3:30 |
| 16 | 1407 | LEFEVRE Sarah | EKEREN | 24 | SEF | 1 | 0:31:31 | 17,13 | 3:30 |
| 17 | 2351 | GERSTMANS Hans | MERKSEM | 24 | SEH | 9 | 0:31:34 | 17,11 | 3:30 |
| 18 | 1741 | VAN BRAGT Dieter | MORTSEL | 25 | SEH | 10 | 0:31:50 | 16,96 | 3:32 |
| 19 | 2974 | BENEENS Steve | GEEL | 36 | M35 | 4 | 0:31:51 | 16,95 | 3:32 |
| 20 | 1871 | PAREZYS Laurent | WOMMELGEM | 47 | M45 | 2 | 0:31:55 | 16,92 | 3:33 |
| 21 | 6565 | VERRESEN Luk | BEVEREN | 40 | M40 | 3 | 0:32:04 | 16,84 | 3:34 |
| 22 | 1863 | WILLEMYNS Jana | BORGERHOUT | 18 | SEF | 2 | 0:32:20 | 16,70 | 3:36 |
| 23 | 381 | VANDAMME Koen | OOSTAKKER | 34 | SEH | 11 | 0:32:21 | 16,69 | 3:36 |
| 24 | 2569 | VOET Eli | OLMEN | 34 | SEH | 12 | 0:32:21 | 16,69 | 3:36 |
| 25 | 2570 | DIERCKX Stijn | OLMEN | 36 | M35 | 5 | 0:32:23 | 16,68 | 3:36 |
| 26 | 491 | JANSSEN Daan | BERCHEM | 40 | M40 | 4 | 0:32:30 | 16,62 | 3:37 |
| 27 | 1859 | DUFRAING Ruben | MALLE | 26 | SEH | 13 | 0:32:32 | 16,60 | 3:37 |
| 28 | 1857 | MINTJENS Nesse | ZOERSEL | 26 | SEH | 14 | 0:32:32 | 16,60 | 3:37 |
| 29 | 1457 | VAN HEIJNINGEN Roelant | VREMDE | 46 | M45 | 3 | 0:32:32 | 16,60 | 3:37 |
| 30 | 2366 | LETENS Bob | TREMELO | 42 | M40 | 5 | 0:32:35 | 16,57 | 3:37 |
| 31 | 352 | MOENS Geert | BORGERHOUT | 42 | M40 | 6 | 0:32:36 | 16,56 | 3:37 |
| 32 | 227 | PAUWELS Bruno | WOMMELGEM | 29 | SEH | 15 | 0:32:39 | 16,54 | 3:38 |
| 33 | 430 | BELIS Ivan | BOOM | 47 | M45 | 4 | 0:32:41 | 16,52 | 3:38 |
| 34 | 3100 | NYS Danny | BEGIJNENDIJK | 54 | M50 | 1 | 0:32:43 | 16,51 | 3:38 |
| 35 | 1127 | VANHERCK Jerry | WOMMELGEM | 33 | SEH | 16 | 0:32:44 | 16,50 | 3:38 |
| 36 | 731 | VAN DE SOMPEL Wim | MERKSEM | 32 | SEH | 17 | 0:32:45 | 16,49 | 3:38 |
| 37 | 2460 | SMOLDERS David | SCHOTEN | 22 | SEH | 18 | 0:32:47 | 16,47 | 3:39 |
| 38 | 1577 | ECKERT Mario | WIJNEGEM | 39 | M35 | 6 | 0:32:48 | 16,46 | 3:39 |
| 39 | 129 | MERTENS Jill | SCHRIEK | 29 | SEF | 3 | 0:32:49 | 16,46 | 3:39 |
| 40 | 2156 | SANTIAGO CAROU Miguel | DEURNE | 26 | SEH | 19 | 0:32:59 | 16,37 | 3:40 |
| 41 | 3185 | VANEECKHOUTTE Pascal | DEERLIJK | 44 | M40 | 7 | 0:33:00 | 16,36 | 3:40 |
| 42 | 712 | WELTERS Siegfried | WOMMELGEM | 27 | SEH | 20 | 0:33:00 | 16,36 | 3:40 |
| 43 | 1619 | RUBBEN Sven | BOOM | 41 | M40 | 8 | 0:33:04 | 16,33 | 3:40 |
| 44 | 1936 | TEGAS Thomas | LAEKEN | 24 | SEH | 21 | 0:33:09 | 16,29 | 3:41 |
| 45 | 3081 | VAN HOUT Chris | MERKSPLAS | 50 | M50 | 2 | 0:33:09 | 16,29 | 3:41 |
| 46 | 2806 | BOSMANS Steffie | ANTWERPEN | 35 | F35 | 1 | 0:33:12 | 16,27 | 3:41 |
| 47 | 1277 | JURRIENS Frederik | BORNEM | 39 | M35 | 7 | 0:33:16 | 16,23 | 3:42 |
| 48 | 1251 | VAN LOOVEREN Frank | BRASSCHAAT | 54 | M50 | 3 | 0:33:17 | 16,22 | 3:42 |
| 49 | 2367 | ALGOET Roel | HOBOKEN | 37 | M35 | 8 | 0:33:19 | 16,21 | 3:42 |
| 50 | 5249 | EELLEN Bart | KAPellen | 46 | M45 | 5 | 0:33:20 | 16,20 | 3:42 |
| 51 | 1816 | DEBECKER Filip | BRASSCHAAT | 43 | M40 | 9 | 0:33:22 | 16,18 | 3:42 |
| 52 | 1794 | VAN HEECKEREN Robert | KAPellen | 50 | M50 | 4 | 0:33:23 | 16,18 | 3:43 |
| 53 | 1485 | VAN DEN BORG Nick | BRECHT | 44 | M40 | 10 | 0:33:25 | 16,16 | 3:43 |
| 54 | 1640 | VERLINDEN Wouter | WILRIJK | 17 | SEH | 22 | 0:33:30 | 16,12 | 3:43 |
| 55 | 2464 | TUBEECKX Michiel | WILRIJK | 23 | SEH | 23 | 0:33:36 | 16,07 | 3:44 |
| 56 | 2813 | CLAERHOUT-MORIA Sam | ANTWERPEN | 19 | SEH | 24 | 0:33:38 | 16,06 | 3:44 |
| 57 | 3016 | SMOLDERS Kevin | SINT-JOZEF | 34 | SEH | 25 | 0:33:41 | 16,03 | 3:45 |
| 58 | 3017 | SMOLDERS Niels | DEURNE | 30 | SEH | 26 | 0:33:43 | 16,02 | 3:45 |
| 59 | 1230 | VERMEIR Steven | SCHOTEN | 35 | M35 | 9 | 0:33:46 | 15,99 | 3:45 |
| 60 | 1192 | GEYS Zeno | DEURNE | 12 | SEH | 27 | 0:33:48 | 15,98 | 3:45 |
| 61 | 832 | DE BONDT Tim | LOKEREN | 35 | M35 | 10 | 0:33:52 | 15,94 | 3:46 |
| 62 | 1579 | LAURIJSSENS Kris | OOSTMALLE | 48 | M45 | 6 | 0:33:52 | 15,94 | 3:46 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|---------------------|-----|-----|-------|---------|-------|---------|
| 63 | 59 | DE RUYTTER Joeri | DENDERMONDE | 44 | M40 | 11 | 0:33:53 | 15,94 | 3:46 |
| 64 | 3669 | SCHOUPS Francis | ANTWERPEN | 15 | SEH | 28 | 0:33:56 | 15,91 | 3:46 |
| 65 | 2465 | IDELER Nick | WILRIJK | 23 | SEH | 29 | 0:33:59 | 15,89 | 3:47 |
| 66 | 2834 | STEELS Peter | SINT-JANTSTEEN | 38 | M35 | 11 | 0:34:06 | 15,84 | 3:47 |
| 67 | 1803 | VANDERMAESEN Gerry | KESSEL-LO | 36 | M35 | 12 | 0:34:06 | 15,84 | 3:47 |
| 68 | 1219 | WILLEMYNS Luc | DEURNE | 48 | M45 | 7 | 0:34:06 | 15,84 | 3:47 |
| 69 | 2835 | DUBELLOU David | HULST | 39 | M35 | 13 | 0:34:08 | 15,82 | 3:48 |
| 70 | 3277 | TERRYNS Sara | MECHELEN | 37 | F35 | 2 | 0:34:08 | 15,82 | 3:48 |
| 71 | 1795 | VERDONCK Glenn | DEURNE | 38 | M35 | 14 | 0:34:08 | 15,82 | 3:48 |
| 72 | 2832 | KNOL Denny | HULST | 37 | M35 | 15 | 0:34:14 | 15,77 | 3:48 |
| 73 | 1093 | VAN HAUWERMEIREN Peter | STEKENE | 53 | M50 | 5 | 0:34:14 | 15,77 | 3:48 |
| 74 | 1710 | MOORE Thomas | ANTWERPEN | 35 | M35 | 16 | 0:34:15 | 15,77 | 3:48 |
| 75 | 278 | RENIER Koen | RANST | 44 | M40 | 12 | 0:34:15 | 15,77 | 3:48 |
| 76 | 558 | DE MONDT Chris | BOOM | 47 | M45 | 8 | 0:34:17 | 15,75 | 3:49 |
| 77 | 511 | OOMS Herbert | SCHRIEK | 50 | M50 | 6 | 0:34:17 | 15,75 | 3:49 |
| 78 | 3215 | VERSCHUEREN Joris | MEERDONK | 24 | SEH | 30 | 0:34:17 | 15,75 | 3:49 |
| 79 | 542 | VAN BEECK Alex | PUTTE | 55 | M55 | 2 | 0:34:19 | 15,74 | 3:49 |
| 80 | 33 | DE GENDT Filip | TEMSE | 31 | SEH | 31 | 0:34:20 | 15,73 | 3:49 |
| 81 | 2844 | DE RUYTER Peter | GENT | 47 | M45 | 9 | 0:34:25 | 15,69 | 3:49 |
| 82 | 1299 | HELSEN Tom | BOECHOUT | 31 | SEH | 32 | 0:34:29 | 15,66 | 3:50 |
| 83 | 922 | MAES Frank | DEURNE | 48 | M45 | 10 | 0:34:30 | 15,65 | 3:50 |
| 84 | 319 | VAN RHIJN Tim | STABROEK | 35 | M35 | 17 | 0:34:30 | 15,65 | 3:50 |
| 85 | 3147 | WILMS Jo | WECHELDERZANDE | 32 | SEH | 33 | 0:34:32 | 15,64 | 3:50 |
| 86 | 2036 | DE BRABANDER Sam | PULLE | 15 | SEH | 34 | 0:34:34 | 15,62 | 3:50 |
| 87 | 508 | VAN DAMME Christophe | LOCHRISTI | 37 | M35 | 18 | 0:34:34 | 15,62 | 3:50 |
| 88 | 2521 | VANDAELE Kevin | SCHILDE | 34 | SEH | 35 | 0:34:45 | 15,54 | 3:52 |
| 89 | 3122 | MAES Carl | NIEL | 40 | M40 | 13 | 0:34:47 | 15,52 | 3:52 |
| 90 | 3015 | DE GEEST Rudi | BORSBEEK | 46 | M45 | 11 | 0:34:48 | 15,52 | 3:52 |
| 91 | 205 | COPPIETERS Robrecht | SCHOTEN | 33 | SEH | 36 | 0:34:49 | 15,51 | 3:52 |
| 92 | 3007 | VAN STAEY Arvid | BRASSCHAAT | 40 | M40 | 14 | 0:34:49 | 15,51 | 3:52 |
| 93 | 419 | BELIS Luc | BRECHT | 51 | M50 | 7 | 0:34:50 | 15,50 | 3:52 |
| 94 | 198 | DE NIES Stephane | LINT | 39 | M35 | 19 | 0:34:50 | 15,50 | 3:52 |
| 95 | 3056 | DE WINDT Christof | ADEGEM | 26 | SEH | 37 | 0:34:50 | 15,50 | 3:52 |
| 96 | 2386 | SOMERS Dave | SCHELLE | 42 | M40 | 15 | 0:34:50 | 15,50 | 3:52 |
| 97 | 3137 | DE MEYER Yannik | ANTWERPEN | 27 | SEH | 38 | 0:34:53 | 15,48 | 3:53 |
| 98 | 489 | DE BOECK Marc | KONTICH | 51 | M50 | 8 | 0:34:55 | 15,47 | 3:53 |
| 99 | 2230 | DE CONINCK Johan | MEIGEM | 47 | M45 | 12 | 0:34:55 | 15,47 | 3:53 |
| 100 | 3183 | VANDENABEELE Erwin | WILRIJK | 35 | M35 | 20 | 0:34:57 | 15,45 | 3:53 |
| 101 | 3306 | VERMEULEN Jelle | HEMIKSEM | 21 | SEH | 39 | 0:34:57 | 15,45 | 3:53 |
| 102 | 119 | PINGNET Ludo | DEURNE | 58 | M55 | 3 | 0:34:59 | 15,44 | 3:53 |
| 103 | 609 | MERTSVELD Tobias | MORTSEL | 20 | SEH | 40 | 0:35:00 | 15,43 | 3:53 |
| 104 | 1304 | STEEMAN Staf | BOOM | 41 | M40 | 16 | 0:35:00 | 15,43 | 3:53 |
| 105 | 3408 | GIJS Michiel | ARENDONK | 17 | SEH | 41 | 0:35:02 | 15,41 | 3:54 |
| 106 | 369 | LISMONT Evi | BRASSCHAAT | 31 | SEF | 4 | 0:35:04 | 15,40 | 3:54 |
| 107 | 2943 | TSUCHIYA Shintaro | EVERE | 36 | M35 | 21 | 0:35:04 | 15,40 | 3:54 |
| 108 | 647 | VAN BEEK Marc | DEURNE | 51 | M50 | 9 | 0:35:04 | 15,40 | 3:54 |
| 109 | 1187 | DE MEULDER Marc | OUD-TURNHOUT | 44 | M40 | 17 | 0:35:05 | 15,39 | 3:54 |
| 110 | 3228 | VAN DIJCK Jos | BRECHT | 55 | M55 | 4 | 0:35:13 | 15,33 | 3:55 |
| 111 | 213 | VANGHELUWE Bob | HOBOKEN | 68 | M65 | 1 | 0:35:14 | 15,33 | 3:55 |
| 112 | 979 | KERREMANS Katleen | LONDERZEEL | 29 | SEF | 5 | 0:35:15 | 15,32 | 3:55 |
| 113 | 62 | VAN DE WINKEL Herman | DENDERMONDE | 56 | M55 | 5 | 0:35:15 | 15,32 | 3:55 |
| 114 | 1756 | RUBBENS Stefan | HOEVENEN | 32 | SEH | 42 | 0:35:17 | 15,30 | 3:55 |
| 115 | 942 | STEVENS Tony | BORNEM | 46 | M45 | 13 | 0:35:17 | 15,30 | 3:55 |
| 116 | 535 | GEERAERTS Wim | ANTWERPEN | 44 | M40 | 18 | 0:35:18 | 15,30 | 3:55 |
| 117 | 1204 | VERCOUTERE Kobe | DEURNE | 14 | SEH | 43 | 0:35:23 | 15,26 | 3:56 |
| 118 | 828 | BEERNAERT Lawrence | HARELBEKE | 43 | M40 | 19 | 0:35:24 | 15,25 | 3:56 |
| 119 | 358 | CROTHERS Paul | ANTWERPEN | 47 | M45 | 14 | 0:35:24 | 15,25 | 3:56 |
| 120 | 1722 | VELDEMAN Chloe | ANTWERPEN | 26 | SEF | 6 | 0:35:26 | 15,24 | 3:56 |
| 121 | 322 | VAN DE WINCKEL Kenzo | HALLE-ZOERSEL | 16 | SEH | 44 | 0:35:28 | 15,23 | 3:56 |
| 122 | 3093 | DE WAELE Philippe | DEURNE | 29 | SEH | 45 | 0:35:29 | 15,22 | 3:57 |
| 123 | 1935 | WEYNS Wilfried | RANST | 25 | SEH | 46 | 0:35:31 | 15,20 | 3:57 |
| 124 | 6403 | GEERAERTS Bart | ANTWERPEN | 39 | M35 | 22 | 0:35:33 | 15,19 | 3:57 |
| 125 | 4 | DEPAUW Rik | BERCHEM (ANTWERPEN) | 41 | M40 | 20 | 0:35:34 | 15,18 | 3:57 |
| 126 | 382 | DE TRY Olivier | DEURNE | 41 | M40 | 21 | 0:35:35 | 15,18 | 3:57 |
| 127 | 244 | VAN LOOVEREN Danny | MALLE | 46 | M45 | 15 | 0:35:37 | 15,16 | 3:57 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|---------------------|-----|-----|-------|---------|-------|---------|
| 128 | 9 | DEPAUW Lex | WILRIJK (ANTWERPEN) | 29 | SEH | 47 | 0:35:38 | 15,15 | 3:58 |
| 129 | 1062 | PEETERS Andy | DEURNE | 35 | M35 | 23 | 0:35:38 | 15,15 | 3:58 |
| 130 | 569 | HEERES Geert | ZOERSEL | 49 | M45 | 16 | 0:35:40 | 15,14 | 3:58 |
| 131 | 2306 | VAN GOETHEM Marc | BOOM | 47 | M45 | 17 | 0:35:40 | 15,14 | 3:58 |
| 132 | 3097 | CLEYS Gert | BEVEREN | 45 | M45 | 18 | 0:35:41 | 15,13 | 3:58 |
| 133 | 3238 | GABRIELS Debby | OOSTMALLE | 33 | SEF | 7 | 0:35:42 | 15,13 | 3:58 |
| 134 | 3014 | BRODALA Gustaaf | MACHELEN | 56 | M55 | 6 | 0:35:43 | 15,12 | 3:58 |
| 135 | 2831 | VAN HUFFEL Renate | HULST | 38 | F35 | 3 | 0:35:43 | 15,12 | 3:58 |
| 136 | 2414 | MICHIELSEN Bart | SCHELLE | 40 | M40 | 22 | 0:35:44 | 15,11 | 3:58 |
| 137 | 868 | VAN DE WEYER Ine | KAPELLEN | 22 | SEF | 8 | 0:35:47 | 15,09 | 3:59 |
| 138 | 662 | GOEMAN Jan | BERCHEM | 34 | SEH | 48 | 0:35:50 | 15,07 | 3:59 |
| 139 | 1334 | HERMANS Seppe | ANTWERPEN | 30 | SEH | 49 | 0:35:54 | 15,04 | 3:59 |
| 140 | 686 | DE LEY Gino | GENT | 44 | M40 | 23 | 0:35:55 | 15,03 | 3:59 |
| 141 | 2574 | BERGHMAN Luc | OPWIJK | 54 | M50 | 10 | 0:35:57 | 15,02 | 4:00 |
| 142 | 2370 | MONTEYNE Ward | HEMIKSEM | 40 | M40 | 24 | 0:35:57 | 15,02 | 4:00 |
| 143 | 998 | VAN DEN BOSCH Lauren | SCHOTEN | 21 | SEF | 9 | 0:35:59 | 15,01 | 4:00 |
| 144 | 1224 | GHYSEBRECHTS Ruben | SCHOTEN | 17 | SEH | 50 | 0:36:01 | 14,99 | 4:00 |
| 145 | 2557 | PRAET Michel | KIELDRECHT | 42 | M40 | 25 | 0:36:01 | 14,99 | 4:00 |
| 146 | 713 | SUY Jeffrey | WUUSTWEZEL | 41 | M40 | 26 | 0:36:01 | 14,99 | 4:00 |
| 147 | 1373 | LEMMENS Evert | BRECHT | 23 | SEH | 51 | 0:36:04 | 14,97 | 4:00 |
| 148 | 997 | VAN DEN BOSCH Alec | SCHOTEN | 16 | SEH | 52 | 0:36:04 | 14,97 | 4:00 |
| 149 | 1615 | VAN HARNEVELDT Mickey | SCHOTEN | 31 | SEH | 53 | 0:36:05 | 14,97 | 4:01 |
| 150 | 826 | ALGOED Marieke | SAINT-GILLES | 28 | SEF | 10 | 0:36:06 | 14,96 | 4:01 |
| 151 | 479 | LAMBRECHTS Yorick | SCHOTEN | 17 | SEH | 54 | 0:36:07 | 14,95 | 4:01 |
| 152 | 901 | VAN AKEN Mathias | WIJNEGEM | 14 | SEH | 55 | 0:36:07 | 14,95 | 4:01 |
| 153 | 3052 | DEJAGERE Pol | GENT | 47 | M45 | 19 | 0:36:08 | 14,94 | 4:01 |
| 154 | 1144 | TOPS Ennio | WIJNEGEM | 14 | SEH | 56 | 0:36:08 | 14,94 | 4:01 |
| 155 | 903 | VAN AKEN Dries | WIJNEGEM | 14 | SEH | 57 | 0:36:08 | 14,94 | 4:01 |
| 156 | 1791 | VAN DER AUWERA Roel | HEIST OP DEN BERG | 35 | M35 | 24 | 0:36:09 | 14,94 | 4:01 |
| 157 | 3337 | DE LAET Ian | MECHELEN | 20 | SEH | 58 | 0:36:10 | 14,93 | 4:01 |
| 158 | 3279 | DE KONINCK Ann | O'MALLE | 44 | F40 | 1 | 0:36:12 | 14,92 | 4:01 |
| 159 | 2471 | DE KEYSER Wiebe | DEURNE | 17 | SEH | 59 | 0:36:15 | 14,90 | 4:02 |
| 160 | 1348 | VERHEYDEN Elena | KESSEL | 25 | SEF | 11 | 0:36:15 | 14,90 | 4:02 |
| 161 | 4570 | BEULENS Thomas | PUTTE | 25 | SEH | 60 | 0:36:17 | 14,88 | 4:02 |
| 162 | 437 | VAN DEN BORNE Tom | ANTWERPEN | 41 | M40 | 27 | 0:36:17 | 14,88 | 4:02 |
| 163 | 294 | VAN DE VELDE Jarne | LINT | 15 | SEH | 61 | 0:36:18 | 14,88 | 4:02 |
| 164 | 324 | PINCKET Seppe | MALLE | 13 | SEH | 62 | 0:36:19 | 14,87 | 4:02 |
| 165 | 701 | BAEIJIS Sascha | BERCHEM | 41 | M40 | 28 | 0:36:20 | 14,86 | 4:02 |
| 166 | 976 | CLAEYS Stefaan | BRECHT | 51 | M50 | 11 | 0:36:20 | 14,86 | 4:02 |
| 167 | 3082 | BAKSTEEN Dirk | STABROEK | 44 | M40 | 29 | 0:36:21 | 14,86 | 4:02 |
| 168 | 246 | VAN LOOVEREN Arnaud | MALLE | 14 | SEH | 63 | 0:36:22 | 14,85 | 4:02 |
| 169 | 1481 | RYKEN Jef | HERSELT | 28 | SEH | 64 | 0:36:24 | 14,84 | 4:03 |
| 170 | 2381 | BOUAS Vincent | DEURNE | 30 | SEH | 65 | 0:36:25 | 14,83 | 4:03 |
| 171 | 2652 | CALANDE Dom | SAINT GILLES | 37 | M35 | 25 | 0:36:25 | 14,83 | 4:03 |
| 172 | 3048 | CAMMERS Marleen | LIER | 44 | F40 | 2 | 0:36:26 | 14,82 | 4:03 |
| 173 | 2425 | COENEGRACHTS Jasper | HOBOKEN | 15 | SEH | 66 | 0:36:26 | 14,82 | 4:03 |
| 174 | 2931 | LEEST Leslie | STEENOKKERZEEL | 34 | SEH | 67 | 0:36:26 | 14,82 | 4:03 |
| 175 | 2408 | WIJNANDS Kevin | STABROEK | 36 | M35 | 26 | 0:36:27 | 14,81 | 4:03 |
| 176 | 2751 | SERNEELS Gunter | OLEN | 41 | M40 | 30 | 0:36:28 | 14,81 | 4:03 |
| 177 | 2926 | CELIS Marc | DUFFEL | 54 | M50 | 12 | 0:36:29 | 14,80 | 4:03 |
| 178 | 3281 | DE FERM Vincent | BORGERHOUT | 31 | SEH | 68 | 0:36:29 | 14,80 | 4:03 |
| 179 | 6560 | SCHELLENS Jim | DEURNE | 39 | M35 | 27 | 0:36:31 | 14,79 | 4:03 |
| 180 | 2093 | AUDIENS Rudi | MECHELEN | 63 | M60 | 1 | 0:36:32 | 14,78 | 4:04 |
| 181 | 370 | BOUDEWYNS Wim | BRASSCHAAT | 38 | M35 | 28 | 0:36:32 | 14,78 | 4:04 |
| 182 | 941 | STEVENS Anton | BORNEM | 14 | SEH | 69 | 0:36:32 | 14,78 | 4:04 |
| 183 | 3195 | CANTILLON Philippe | ANTWERPEN | 42 | M40 | 31 | 0:36:33 | 14,77 | 4:04 |
| 184 | 1221 | VERBAETEN Kitty | SCHOTEN | 44 | F40 | 3 | 0:36:35 | 14,76 | 4:04 |
| 185 | 1029 | VLOEBERGHIS Filip | LINT | 31 | SEH | 70 | 0:36:35 | 14,76 | 4:04 |
| 186 | 3150 | BAART Sven | KAPELLEN | 13 | SEH | 71 | 0:36:36 | 14,75 | 4:04 |
| 187 | 853 | VAN PEER Benny | OLEN | 44 | M40 | 32 | 0:36:41 | 14,72 | 4:05 |
| 188 | 888 | DE ROECK Matti | KAPELLEN | 21 | SEH | 72 | 0:36:42 | 14,71 | 4:05 |
| 189 | 1934 | PAULUSSE Janine | ELSENE | 26 | SEF | 12 | 0:36:43 | 14,71 | 4:05 |
| 190 | 3421 | DEKLEERMAEKER Arnoud | WEZEMAAL | 32 | SEH | 73 | 0:36:45 | 14,69 | 4:05 |
| 191 | 1774 | MOELANS Yannick | OUD-TURNHOUT | 24 | SEH | 74 | 0:36:46 | 14,69 | 4:05 |
| 192 | 1773 | SLEGERS Wim | MOL | 35 | M35 | 29 | 0:36:46 | 14,69 | 4:05 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|--------------------|-----|-----|-------|---------|-------|---------|
| 193 | 500 | VAN AEL Maarten | KAPELLEN | 39 | M35 | 30 | 0:36:46 | 14,69 | 4:05 |
| 194 | 490 | DRIESSENS Tim | ZOERSEL | 45 | M45 | 20 | 0:36:47 | 14,68 | 4:05 |
| 195 | 3079 | GEVERS Joel | ANTWERPEN | 47 | M45 | 21 | 0:36:49 | 14,67 | 4:05 |
| 196 | 1205 | VERCOUTERE Peter | DEURNE | 45 | M45 | 22 | 0:36:50 | 14,66 | 4:06 |
| 197 | 2743 | GRARÉ Patrick | KOEWACHT | 48 | M45 | 23 | 0:36:51 | 14,65 | 4:06 |
| 198 | 298 | CLAUS Bert | TIELT | 34 | SEH | 75 | 0:36:52 | 14,65 | 4:06 |
| 199 | 297 | NAERT Annelies | TIELT | 32 | SEF | 13 | 0:36:52 | 14,65 | 4:06 |
| 200 | 1044 | VAN DE WAART Remco | BERGEN OP ZOOM | 38 | M35 | 31 | 0:36:52 | 14,65 | 4:06 |
| 201 | 1868 | ROBBROECKX Koen | HEMIKSEM | 48 | M45 | 24 | 0:36:53 | 14,64 | 4:06 |
| 202 | 390 | VERDEURE David | DEURNE | 44 | M40 | 33 | 0:36:54 | 14,63 | 4:06 |
| 203 | 1784 | VAN BUTSELE Kris | MORKHOVEN | 39 | M35 | 32 | 0:36:55 | 14,63 | 4:06 |
| 204 | 1515 | VAN IMMERSEEL Jorg | WUUSTWEZEL | 20 | SEH | 76 | 0:36:55 | 14,63 | 4:06 |
| 205 | 2819 | LENAERTS Veerle | BORGERHOUT | 39 | F35 | 4 | 0:36:56 | 14,62 | 4:06 |
| 206 | 501 | GODDEFROY Yelle | HOBOKEN | 19 | SEH | 77 | 0:36:58 | 14,61 | 4:06 |
| 207 | 3317 | VAN DEN BROECK Tijds | TURNHOUT | 29 | SEH | 78 | 0:36:58 | 14,61 | 4:06 |
| 208 | 3182 | COENEN Tom | HOBOKEN | 28 | SEH | 79 | 0:36:59 | 14,60 | 4:07 |
| 209 | 214 | DE MEULDER Johan | KESSEL (NIJLEN) | 46 | M45 | 25 | 0:36:59 | 14,60 | 4:07 |
| 210 | 2219 | BOUW Cindy | NIEL | 35 | F35 | 5 | 0:37:00 | 14,59 | 4:07 |
| 211 | 2218 | PAESCHUYZEN Jan | NIEL | 34 | SEH | 80 | 0:37:00 | 14,59 | 4:07 |
| 212 | 1047 | VAN STAEY Seppe | KAPELLEN | 21 | SEH | 81 | 0:37:01 | 14,59 | 4:07 |
| 213 | 251 | ASSELMAN Kurt | ANTWERPEN | 46 | M45 | 26 | 0:37:02 | 14,58 | 4:07 |
| 214 | 1931 | DE MUNCK Dominique | BEGIJNENDIJK | 36 | M35 | 33 | 0:37:02 | 14,58 | 4:07 |
| 215 | 470 | DE ROOZE Dimitri | BRECHT | 44 | M40 | 34 | 0:37:02 | 14,58 | 4:07 |
| 216 | 1944 | VAN UFFELEN Marc | SCHOTEN | 49 | M45 | 27 | 0:37:02 | 14,58 | 4:07 |
| 217 | 2342 | HOGEWONING Ronald | BREDA | 37 | M35 | 34 | 0:37:03 | 14,57 | 4:07 |
| 218 | 1789 | COPPENS Arno | SCHOTEN | 15 | SEH | 82 | 0:37:05 | 14,56 | 4:07 |
| 219 | 1531 | GOYVAERTS Rudy | NIEL | 53 | M50 | 13 | 0:37:06 | 14,56 | 4:07 |
| 220 | 202 | DEJONGHE Simon | ANTWERPEN | 27 | SEH | 83 | 0:37:07 | 14,55 | 4:07 |
| 221 | 2352 | CEULEMANS Eva | BORGERHOUT | 39 | F35 | 6 | 0:37:08 | 14,54 | 4:08 |
| 222 | 691 | SCHELFHOUT Bart | KIELDRECHT | 38 | M35 | 35 | 0:37:08 | 14,54 | 4:08 |
| 223 | 2839 | SWEEVERS Joris | BRASSCHAAT | 30 | SEH | 84 | 0:37:09 | 14,54 | 4:08 |
| 224 | 1386 | VAN OVERVELDT Roeland | ANTWERPEN | 36 | M35 | 36 | 0:37:14 | 14,50 | 4:08 |
| 225 | 533 | FUSS Marion | HOEVENEN | 38 | F35 | 7 | 0:37:15 | 14,50 | 4:08 |
| 226 | 1584 | KRZANOWSKI Leonides | KURINGEN | 38 | M35 | 37 | 0:37:17 | 14,48 | 4:09 |
| 227 | 1324 | SMITS Luc | BORSBEEK | 54 | M50 | 14 | 0:37:17 | 14,48 | 4:09 |
| 228 | 1585 | KRZANOWSKI Leroy | KURINGEN | 11 | SEH | 85 | 0:37:18 | 14,48 | 4:09 |
| 229 | 855 | VAN HUFFEL Bart | STEKENE | 33 | SEH | 86 | 0:37:20 | 14,46 | 4:09 |
| 230 | 340 | GRIETEN Gunter | MEERHOUT | 44 | M40 | 35 | 0:37:21 | 14,46 | 4:09 |
| 231 | 6663 | JOOS Quinten | LEBBEKE | 17 | SEH | 87 | 0:37:23 | 14,44 | 4:09 |
| 232 | 6662 | JOOS Yoren | LEBBEKE | 12 | SEH | 88 | 0:37:24 | 14,44 | 4:09 |
| 233 | 1938 | ROELANS Johanna | ANTWERPEN | 43 | F40 | 4 | 0:37:24 | 14,44 | 4:09 |
| 234 | 2132 | VERBOVEN Dirk | SCHERPENHEUVEL | 50 | M50 | 15 | 0:37:25 | 14,43 | 4:09 |
| 235 | 3305 | VERMEULEN Niels | HEMIKSEM | 17 | SEH | 89 | 0:37:25 | 14,43 | 4:09 |
| 236 | 408 | JANSSEN Stijn | ANTWERPEN | 42 | M40 | 36 | 0:37:27 | 14,42 | 4:10 |
| 237 | 476 | VANDAMME Wim | WIJNEGEM | 36 | M35 | 38 | 0:37:29 | 14,41 | 4:10 |
| 238 | 1323 | SMITS François | DEURNE | 27 | SEH | 90 | 0:37:32 | 14,39 | 4:10 |
| 239 | 35 | VERGAELLEN Nico | OPWIJK | 36 | M35 | 39 | 0:37:33 | 14,38 | 4:10 |
| 240 | 2227 | BOEYKENS Laurent | MERKSEM | 19 | SEH | 91 | 0:37:35 | 14,37 | 4:11 |
| 241 | 1559 | DIELIS Pieter | DEURNE - ANTWERPEN | 36 | M35 | 40 | 0:37:36 | 14,36 | 4:11 |
| 242 | 1708 | VAN LOOCK Thomas | NIEL | 23 | SEH | 92 | 0:37:37 | 14,36 | 4:11 |
| 243 | 2157 | OOSTERLINCK Erna | DEURNE | 56 | F55 | 1 | 0:37:39 | 14,34 | 4:11 |
| 244 | 1102 | SCHATS Wouter | SINT-NIKLAAS | 34 | SEH | 93 | 0:37:39 | 14,34 | 4:11 |
| 245 | 1109 | VAN NECK Yves | WILLEBROEK | 35 | M35 | 41 | 0:37:39 | 14,34 | 4:11 |
| 246 | 2562 | VANLOFFELT Peter | MUNSTERBILZEN | 52 | M50 | 16 | 0:37:39 | 14,34 | 4:11 |
| 247 | 2719 | VAN SANTFOORT Lise | VREMDE | 22 | SEF | 14 | 0:37:40 | 14,34 | 4:11 |
| 248 | 2099 | VERHAEGEN Lissa | EMBLEM | 12 | SEF | 15 | 0:37:40 | 14,34 | 4:11 |
| 249 | 6413 | LOOF Erik | TERNEUZEN | 35 | M35 | 42 | 0:37:43 | 14,32 | 4:11 |
| 250 | 190 | BORRA Cian | DEURNE | 17 | SEH | 94 | 0:37:44 | 14,31 | 4:12 |
| 251 | 611 | BODSON Gilles | DEURNE | 26 | SEH | 95 | 0:37:45 | 14,30 | 4:12 |
| 252 | 189 | BORRA Sergio | DEURNE | 44 | M40 | 37 | 0:37:45 | 14,30 | 4:12 |
| 253 | 1099 | CHAUVEAU Thor | SINT-NIKLAAS | 43 | M40 | 38 | 0:37:45 | 14,30 | 4:12 |
| 254 | 1191 | ANNAERT Danny | DE KLINGE | 45 | M45 | 28 | 0:37:48 | 14,29 | 4:12 |
| 255 | 2992 | DEMIRKAYNAK Mithat | DEURNE | 40 | M40 | 39 | 0:37:48 | 14,29 | 4:12 |
| 256 | 1097 | VAN ONCKELEN Yönuş | STEENDORP | 18 | SEH | 96 | 0:37:48 | 14,29 | 4:12 |
| 257 | 1216 | VAN FRAUSUM Simon | HOEVENEN | 37 | M35 | 43 | 0:37:50 | 14,27 | 4:12 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------------|-------------------|-----|-----|-------|---------|-------|---------|
| 258 | 1687 | VANDEWINKEL Liesbet | ZOERSEL | 36 | F35 | 8 | 0:37:50 | 14,27 | 4:12 |
| 259 | 3329 | BRIERS Balt | MORKHOVEN | 30 | SEH | 97 | 0:37:51 | 14,27 | 4:12 |
| 260 | 1215 | VAN DEN BUYS Tanja | HOEVENEN | 37 | F35 | 9 | 0:37:51 | 14,27 | 4:12 |
| 261 | 1688 | VANDEWINKEL Anneleen | MALLE | 33 | SEF | 16 | 0:37:51 | 14,27 | 4:12 |
| 262 | 145 | VLEMINX Rudi | STABROEK | 52 | M50 | 17 | 0:37:51 | 14,27 | 4:12 |
| 263 | 2799 | DE BACKER Ingmar | QUÉVY | 50 | M50 | 18 | 0:37:52 | 14,26 | 4:12 |
| 264 | 2958 | THIELMAN Dagmar | SINT-NIKLAAS | 15 | SEF | 17 | 0:37:52 | 14,26 | 4:12 |
| 265 | 1101 | VAN ACKER Yves | TEMSE | 42 | M40 | 40 | 0:37:52 | 14,26 | 4:12 |
| 266 | 621 | VAN RAEMDONCK Heini | PUTTE WOENSDRECHT | 51 | M50 | 19 | 0:37:52 | 14,26 | 4:12 |
| 267 | 2064 | WILLEKENS Guido | KONTICH | 65 | M65 | 2 | 0:37:52 | 14,26 | 4:12 |
| 268 | 905 | WINKELER Jan | KONTICH | 51 | M50 | 20 | 0:37:53 | 14,25 | 4:13 |
| 269 | 2137 | EL MOKHTARI Abdelmalik | ANTWERPEN | 35 | M35 | 44 | 0:37:56 | 14,24 | 4:13 |
| 270 | 3885 | DE LOECKER Patrick | ANTWERPEN | 35 | M35 | 45 | 0:38:00 | 14,21 | 4:13 |
| 271 | 755 | STEVENS Christophe | TONGEREN | 34 | SEH | 98 | 0:38:00 | 14,21 | 4:13 |
| 272 | 754 | ZOMERS Raph | TONGEREN | 53 | M50 | 21 | 0:38:00 | 14,21 | 4:13 |
| 273 | 2963 | BAERTS Lesley | HOVE | 29 | SEH | 99 | 0:38:03 | 14,19 | 4:14 |
| 274 | 6485 | DOMEN Lies | BORGERHOUT | 13 | SEF | 18 | 0:38:03 | 14,19 | 4:14 |
| 275 | 6486 | VANOOSTERWEYCK Imani | BORGERHOUT | 13 | SEF | 19 | 0:38:03 | 14,19 | 4:14 |
| 276 | 2213 | BLEYENBERGH Kris | KIELDRECHT | 36 | M35 | 46 | 0:38:04 | 14,19 | 4:14 |
| 277 | 2881 | PEETERS Jimmy | DUFFEL | 35 | M35 | 47 | 0:38:06 | 14,17 | 4:14 |
| 278 | 736 | RAS Davy | KONTICH | 37 | M35 | 48 | 0:38:06 | 14,17 | 4:14 |
| 279 | 149 | DE KOSTER Wouter | OPWIJK | 56 | M55 | 7 | 0:38:07 | 14,17 | 4:14 |
| 280 | 3117 | DE STOOP Frank | NAZARETH | 49 | M45 | 29 | 0:38:07 | 14,17 | 4:14 |
| 281 | 3072 | VAN AELST Annelies | BRASSCHAAT | 29 | SEF | 20 | 0:38:07 | 14,17 | 4:14 |
| 282 | 4220 | VRANCKAERT Hedwig | OPWIJK | 62 | M60 | 2 | 0:38:07 | 14,17 | 4:14 |
| 283 | 3074 | DE BOEVER Bart | AALTER | 44 | M40 | 41 | 0:38:08 | 14,16 | 4:14 |
| 284 | 693 | SUYKERBUYK Erwin | MERKSEM | 18 | SEH | 100 | 0:38:08 | 14,16 | 4:14 |
| 285 | 802 | DE BOECK Frank | KAPELLEN | 50 | M50 | 22 | 0:38:13 | 14,13 | 4:15 |
| 286 | 866 | DE VOS Eddy | BERCHEM | 44 | M40 | 42 | 0:38:14 | 14,12 | 4:15 |
| 287 | 410 | CANT Steven | WUUSTWEZEL | 34 | SEH | 101 | 0:38:15 | 14,12 | 4:15 |
| 288 | 61 | MOEYERSON Bjorn | BERLARE | 39 | M35 | 49 | 0:38:15 | 14,12 | 4:15 |
| 289 | 2585 | LOSSIE Kevin | SINT-NIKLAAS | 36 | M35 | 50 | 0:38:16 | 14,11 | 4:15 |
| 290 | 5213 | SCHELKENS Christophe | RANST | 34 | SEH | 102 | 0:38:16 | 14,11 | 4:15 |
| 291 | 5328 | CLAES Luk | WILRIJK | 27 | SEH | 103 | 0:38:17 | 14,11 | 4:15 |
| 292 | 2584 | VERMEULEN Koen | BELSELE | 32 | SEH | 104 | 0:38:19 | 14,09 | 4:15 |
| 293 | 2031 | COESSENS Marc | HOFSTADE | 61 | M60 | 3 | 0:38:20 | 14,09 | 4:16 |
| 294 | 3407 | DE RIDDER Marianne | REET | 32 | SEF | 21 | 0:38:20 | 14,09 | 4:16 |
| 295 | 2017 | ANDRIES Elke | HEMIKSEM | 39 | F35 | 10 | 0:38:21 | 14,08 | 4:16 |
| 296 | 783 | CUYT Alexandra | RUISBROEK | 44 | F40 | 5 | 0:38:21 | 14,08 | 4:16 |
| 297 | 281 | DE BORGER Marc | BLAASVELD | 51 | M50 | 23 | 0:38:21 | 14,08 | 4:16 |
| 298 | 3099 | COVENS Mario | RANST | 34 | SEH | 105 | 0:38:22 | 14,07 | 4:16 |
| 299 | 782 | HELLEMANS Karen | PUURS | 29 | SEF | 22 | 0:38:23 | 14,07 | 4:16 |
| 300 | 4373 | SCHIPPERS Gert | EKEREN | 36 | M35 | 51 | 0:38:23 | 14,07 | 4:16 |
| 301 | 2008 | ALEN Davey | KAPELLEN | 33 | SEH | 106 | 0:38:24 | 14,06 | 4:16 |
| 302 | 309 | DESEURE Geert | BERCHEM | 53 | M50 | 24 | 0:38:25 | 14,06 | 4:16 |
| 303 | 846 | VANHERLE Larissa | RIEMST | 35 | F35 | 11 | 0:38:25 | 14,06 | 4:16 |
| 304 | 975 | TSOUHLARAKIS Anastasia | RUMST | 44 | F40 | 6 | 0:38:28 | 14,04 | 4:16 |
| 305 | 1490 | DENS Kristof | SCHOTEN | 30 | SEH | 107 | 0:38:29 | 14,03 | 4:17 |
| 306 | 5871 | GOVERS Wim | ZOERSEL | 36 | M35 | 52 | 0:38:29 | 14,03 | 4:17 |
| 307 | 2772 | VAN DEN HEUVEL Quirine | TURNHOUT | 25 | SEF | 23 | 0:38:29 | 14,03 | 4:17 |
| 308 | 2885 | NUYTS Rik | WESTMALLE | 38 | M35 | 53 | 0:38:30 | 14,03 | 4:17 |
| 309 | 3045 | GIJS Wim | DUFFEL | 33 | SEH | 108 | 0:38:31 | 14,02 | 4:17 |
| 310 | 1165 | RUYTHOOREN Patrick | MECHELEN | 57 | M55 | 8 | 0:38:31 | 14,02 | 4:17 |
| 311 | 349 | PAENEN Ronny | STABROEK | 42 | M40 | 43 | 0:38:33 | 14,01 | 4:17 |
| 312 | 2884 | VAN DE CLOOT Stefan | WESTMALLE | 36 | M35 | 54 | 0:38:33 | 14,01 | 4:17 |
| 313 | 411 | VAN VELTHOVEN Melissa | WUUSTWEZEL | 31 | SEF | 24 | 0:38:33 | 14,01 | 4:17 |
| 314 | 238 | THIELMAN David | SINT-NIKLAAS | 46 | M45 | 30 | 0:38:34 | 14,00 | 4:17 |
| 315 | 1743 | KREDY Tania | VOSELAAR | 42 | F40 | 7 | 0:38:35 | 14,00 | 4:17 |
| 316 | 3087 | VAN HOOF Kris | WESTMALLE | 44 | M40 | 44 | 0:38:35 | 14,00 | 4:17 |
| 317 | 169 | SERRIEN Jim | DEURNE | 22 | SEH | 109 | 0:38:36 | 13,99 | 4:17 |
| 318 | 1491 | VAN DEN NIEUWENHUYSE Edwig | SCHOTEN | 45 | F45 | 1 | 0:38:37 | 13,98 | 4:17 |
| 319 | 3080 | VERDONCK Luc | RIJKEVORSEL | 52 | M50 | 25 | 0:38:39 | 13,97 | 4:18 |
| 320 | 1090 | DE SUTTER Daniel | WIJNEGEM | 44 | M40 | 45 | 0:38:40 | 13,97 | 4:18 |
| 321 | 6562 | ANTHONISSEN Laure | ANTWERPEN | 26 | SEF | 25 | 0:38:41 | 13,96 | 4:18 |
| 322 | 2855 | WATERSCHOOT Jeroen | WESPELAAR | 34 | SEH | 110 | 0:38:41 | 13,96 | 4:18 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|---------------|-----|-----|-------|---------|-------|---------|
| 323 | 2421 | DE BLOCK Eric | STEKENE | 35 | M35 | 55 | 0:38:42 | 13,95 | 4:18 |
| 324 | 1244 | DE CALUWE Yannick | DEURNE | 28 | SEH | 111 | 0:38:42 | 13,95 | 4:18 |
| 325 | 6376 | VAN HOOFF Werner | HOVE | 45 | M45 | 31 | 0:38:42 | 13,95 | 4:18 |
| 326 | 162 | VLOEBERGHES Steven | BLANKENBERGE | 43 | M40 | 46 | 0:38:42 | 13,95 | 4:18 |
| 327 | 607 | VANDEN HEUVEL Ken | DEURNE | 39 | M35 | 56 | 0:38:47 | 13,92 | 4:19 |
| 328 | 3456 | VAN ACKER Amilie | ANTWERPEN | 27 | SEF | 26 | 0:38:48 | 13,92 | 4:19 |
| 329 | 722 | ROOZE Johan | BOECHOUT | 37 | M35 | 57 | 0:38:53 | 13,89 | 4:19 |
| 330 | 1096 | SMET Jan | STEENDORP | 47 | M45 | 32 | 0:38:53 | 13,89 | 4:19 |
| 331 | 581 | GREIWE Nadine | BOECHOUT | 39 | F35 | 12 | 0:38:54 | 13,88 | 4:19 |
| 332 | 721 | VAN NOTEN Ellen | LIER | 37 | F35 | 13 | 0:38:55 | 13,88 | 4:19 |
| 333 | 1058 | MARTENS Yves | STABROEK | 29 | SEH | 112 | 0:38:57 | 13,86 | 4:20 |
| 334 | 1222 | GHYSEBRECHTS Jan | SCHOTEN | 50 | M50 | 26 | 0:38:58 | 13,86 | 4:20 |
| 335 | 3102 | GOOVAERTS Kenneth | PULDERBOS | 19 | SEH | 113 | 0:38:58 | 13,86 | 4:20 |
| 336 | 2315 | PEDE Erik | KONTICH | 45 | M45 | 33 | 0:38:58 | 13,86 | 4:20 |
| 337 | 265 | VERLINDEN Rudy | SINT-LENAARTS | 51 | M50 | 27 | 0:38:58 | 13,86 | 4:20 |
| 338 | 1921 | FODDERIE Joeri | KONTICH | 39 | M35 | 58 | 0:39:00 | 13,85 | 4:20 |
| 339 | 1098 | VAN ONCKELEN Yarl | STEENDORP | 15 | SEH | 114 | 0:39:00 | 13,85 | 4:20 |
| 340 | 3451 | DE COCK Marc | HALLAAR | 48 | M45 | 34 | 0:39:03 | 13,83 | 4:20 |
| 341 | 3354 | DE VRIES Nico | ANTWERPEN | 28 | SEH | 115 | 0:39:03 | 13,83 | 4:20 |
| 342 | 207 | GEERTS Guy | SCHOTEN | 43 | M40 | 47 | 0:39:03 | 13,83 | 4:20 |
| 343 | 3450 | DE COCK Laura | HALLAAR | 16 | SEF | 27 | 0:39:04 | 13,82 | 4:20 |
| 344 | 518 | NEYENS Salvador | MERKSEM | 46 | M45 | 35 | 0:39:04 | 13,82 | 4:20 |
| 345 | 1824 | VAN DEN BRIL Roel | KEERBERGEN | 30 | SEH | 116 | 0:39:07 | 13,80 | 4:21 |
| 346 | 6370 | VAN BEVERSLUYS Alain | NAZARETH | 49 | M45 | 36 | 0:39:08 | 13,80 | 4:21 |
| 347 | 6561 | ANTHONISSEN Quinten | ANTWERPEN | 28 | SEH | 117 | 0:39:09 | 13,79 | 4:21 |
| 348 | 2856 | VAN GOETHEM Ignace | BEVEREN | 34 | SEH | 118 | 0:39:09 | 13,79 | 4:21 |
| 349 | 478 | VEN Jan | DEURNE | 36 | M35 | 59 | 0:39:09 | 13,79 | 4:21 |
| 350 | 6573 | BELLEFROID Jasper | HOBOKEN | 32 | SEH | 119 | 0:39:10 | 13,79 | 4:21 |
| 351 | 1891 | BRACKE Peter | BERCHEM | 37 | M35 | 60 | 0:39:11 | 13,78 | 4:21 |
| 352 | 3374 | VAN DER ZWAN Willem | ANTWERPEN | 52 | M50 | 28 | 0:39:15 | 13,76 | 4:22 |
| 353 | 2229 | BOEYKENS Bryan | MERKSEM | 19 | SEH | 120 | 0:39:17 | 13,75 | 4:22 |
| 354 | 2935 | EYSERMANS Peter | BERCHEM | 32 | SEH | 121 | 0:39:17 | 13,75 | 4:22 |
| 355 | 115 | MOONS Philippe | BORSBEEK | 26 | SEF | 28 | 0:39:19 | 13,73 | 4:22 |
| 356 | 557 | BOEYKENS Rolf | MERKSEM | 31 | SEH | 122 | 0:39:20 | 13,73 | 4:22 |
| 357 | 573 | RESSELER Jan | HAACHT | 47 | M45 | 37 | 0:39:20 | 13,73 | 4:22 |
| 358 | 3092 | VRIENS Lieven | BRASSCHAAT | 56 | M55 | 9 | 0:39:21 | 13,72 | 4:22 |
| 359 | 277 | WOUTERS Leen | RANST | 41 | F40 | 8 | 0:39:21 | 13,72 | 4:22 |
| 360 | 572 | DE BOCK Joke | HAACHT | 32 | SEF | 29 | 0:39:22 | 13,72 | 4:22 |
| 361 | 1253 | WOUTERS Pierre | KAPELLEN | 55 | M55 | 10 | 0:39:24 | 13,71 | 4:23 |
| 362 | 449 | DE WEVER Daniëlle | DEURNE | 49 | F45 | 2 | 0:39:25 | 13,70 | 4:23 |
| 363 | 1930 | FRONHOFFS Jonathan | KOEKELBERG | 39 | M35 | 61 | 0:39:25 | 13,70 | 4:23 |
| 364 | 318 | ANDRIESSEN Saskia | ZAAMSLAG | 34 | SEF | 30 | 0:39:26 | 13,69 | 4:23 |
| 365 | 1484 | ERWIN De Backer | ANTWERPEN | 58 | M55 | 11 | 0:39:27 | 13,69 | 4:23 |
| 366 | 2179 | BELLENS Tom | ANTWERPEN | 47 | M45 | 38 | 0:39:29 | 13,68 | 4:23 |
| 367 | 488 | VERMEULEN Kris | DEURNE | 42 | M40 | 48 | 0:39:29 | 13,68 | 4:23 |
| 368 | 1706 | COEL Mark | VILVOORDE | 47 | M45 | 39 | 0:39:31 | 13,67 | 4:23 |
| 369 | 1942 | VAN DIJK Johnny | RUCPHEN | 31 | SEH | 123 | 0:39:31 | 13,67 | 4:23 |
| 370 | 674 | SEGHERS Bram | DEURNE | 32 | SEH | 124 | 0:39:32 | 13,66 | 4:24 |
| 371 | 1092 | VAN HAUWERMEIREN Thomas | STEKENE | 17 | SEH | 125 | 0:39:32 | 13,66 | 4:24 |
| 372 | 1943 | VAN DIJK Ronald | RUCPHEN | 28 | SEH | 126 | 0:39:33 | 13,65 | 4:24 |
| 373 | 1853 | GEUDENS Katrien | HERSELT | 46 | F45 | 3 | 0:39:35 | 13,64 | 4:24 |
| 374 | 1679 | VAN MEDEGAEL Gerd | SINT-AMANDS | 35 | M35 | 62 | 0:39:35 | 13,64 | 4:24 |
| 375 | 2472 | DE CALUWE Peter | KOEWACHT | 42 | M40 | 49 | 0:39:37 | 13,63 | 4:24 |
| 376 | 2549 | DE LETTER Martijn | KOEWACHT | 41 | M40 | 50 | 0:39:37 | 13,63 | 4:24 |
| 377 | 680 | DURONJIC Milica | DEURNE | 34 | SEF | 31 | 0:39:38 | 13,62 | 4:24 |
| 378 | 1806 | ROMBAUT Michael | ANTWERPEN | 26 | SEH | 127 | 0:39:40 | 13,61 | 4:24 |
| 379 | 2939 | CAMBRE Bert | ANTWERPEN | 32 | SEH | 128 | 0:39:42 | 13,60 | 4:25 |
| 380 | 2972 | GOEYVAERTS Kevin | ZOERSEL | 35 | M35 | 63 | 0:39:42 | 13,60 | 4:25 |
| 381 | 743 | VAN GAAL Patrick | SCHOTEN | 49 | M45 | 40 | 0:39:42 | 13,60 | 4:25 |
| 382 | 632 | APERS Filip | STEKENE | 41 | M40 | 51 | 0:39:45 | 13,58 | 4:25 |
| 383 | 1725 | HEREMANS Kris | ANTWERPEN | 43 | M40 | 52 | 0:39:45 | 13,58 | 4:25 |
| 384 | 2180 | BOURGEOIS Katelijne | ANTWERPEN | 46 | F45 | 4 | 0:39:47 | 13,57 | 4:25 |
| 385 | 2927 | DE WACHTER Anne | DUFFEL | 50 | F50 | 1 | 0:39:49 | 13,56 | 4:25 |
| 386 | 20 | GLASSEE Ruben | HERENTHOUT | 14 | SEH | 129 | 0:39:49 | 13,56 | 4:25 |
| 387 | 2663 | LACKO Daniël | SCHOTEN | 26 | SEH | 130 | 0:39:49 | 13,56 | 4:25 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|----------------|-----|-----|-------|---------|-------|---------|
| 388 | 3143 | DE VOLDER Ivan | KESSEL | 32 | SEH | 131 | 0:39:50 | 13,56 | 4:26 |
| 389 | 271 | MOLENBERGHS Geert | HEVERLEE | 50 | M50 | 29 | 0:39:50 | 13,56 | 4:26 |
| 390 | 3427 | NIETVELT Jacob | ANTWERPEN | 12 | SEH | 132 | 0:39:50 | 13,56 | 4:26 |
| 391 | 343 | DUJARDIN Annemie | KAPELLEN | 45 | F45 | 5 | 0:39:52 | 13,55 | 4:26 |
| 392 | 342 | DE PAEPE Glenn | KAPELLEN | 22 | SEH | 133 | 0:39:53 | 13,54 | 4:26 |
| 393 | 897 | DRIESSEN Yves | HEMIKSEM | 43 | M40 | 53 | 0:39:55 | 13,53 | 4:26 |
| 394 | 2380 | MEEUSEN Laurent | KOKSIJDE | 33 | SEH | 134 | 0:39:55 | 13,53 | 4:26 |
| 395 | 19 | DANEELS Nadia | HERENTHOUT | 38 | F35 | 14 | 0:39:57 | 13,52 | 4:26 |
| 396 | 353 | PETIT Guillaume | KAMPERLAND | 29 | SEH | 135 | 0:39:57 | 13,52 | 4:26 |
| 397 | 2649 | RAATS Eric | STABROEK | 37 | M35 | 64 | 0:40:01 | 13,49 | 4:27 |
| 398 | 2146 | STOFFELEN Henk | ZANDVLIET | 41 | M40 | 54 | 0:40:01 | 13,49 | 4:27 |
| 399 | 2411 | VAN DER JEUGHT Steve | STABROEK | 36 | M35 | 65 | 0:40:03 | 13,48 | 4:27 |
| 400 | 519 | BARBÉ Werner | SCHELDEWINDEKE | 44 | M40 | 55 | 0:40:04 | 13,48 | 4:27 |
| 401 | 5305 | BERGHS Ken | DEURNE | 42 | M40 | 56 | 0:40:04 | 13,48 | 4:27 |
| 402 | 224 | CROON Vic | LEEST | 57 | M55 | 12 | 0:40:04 | 13,48 | 4:27 |
| 403 | 4445 | LEROUX Tine | ANTWERPEN | 21 | SEF | 32 | 0:40:04 | 13,48 | 4:27 |
| 404 | 226 | CORBEELS Bea | LEEST | 51 | F50 | 2 | 0:40:05 | 13,47 | 4:27 |
| 405 | 716 | VAN ROOST Janis | DUFFEL | 25 | SEH | 136 | 0:40:07 | 13,46 | 4:27 |
| 406 | 4749 | KLEYN Steven | HOEVENEN | 43 | M40 | 57 | 0:40:09 | 13,45 | 4:28 |
| 407 | 1669 | VAN DE KERKHOVE Steven | KONTICH | 42 | M40 | 58 | 0:40:09 | 13,45 | 4:28 |
| 408 | 3541 | VAN DEN BROECK Timothy | MORTSEL | 28 | SEH | 137 | 0:40:10 | 13,44 | 4:28 |
| 409 | 1169 | BUYTAERT Miguel | WILRIJK | 44 | M40 | 59 | 0:40:11 | 13,44 | 4:28 |
| 410 | 1804 | DE BORGER Dennis | ANTWERPEN | 25 | SEH | 138 | 0:40:11 | 13,44 | 4:28 |
| 411 | 3453 | NIETVELT Charlotte | ANTWERPEN | 19 | SEF | 33 | 0:40:11 | 13,44 | 4:28 |
| 412 | 1170 | QUAEYHAEGENS Annick | WILRIJK | 51 | F50 | 3 | 0:40:12 | 13,43 | 4:28 |
| 413 | 1614 | ZWEEP Rainier | ZOERSEL | 50 | M50 | 30 | 0:40:13 | 13,43 | 4:28 |
| 414 | 351 | DE JONGE Freddy | WISSENKERKE | 41 | M40 | 60 | 0:40:14 | 13,42 | 4:28 |
| 415 | 1203 | VANEX Patrick | DEURNE | 46 | M45 | 41 | 0:40:14 | 13,42 | 4:28 |
| 416 | 1589 | BORGHS Steve | MOL | 35 | M35 | 66 | 0:40:17 | 13,41 | 4:29 |
| 417 | 700 | DE BRUYNE Sam | LIER | 24 | SEH | 139 | 0:40:17 | 13,41 | 4:29 |
| 418 | 5478 | SIMONART Tanguy | TERVUREN | 42 | M40 | 61 | 0:40:20 | 13,39 | 4:29 |
| 419 | 3823 | SOKOLOWSKI Lukasz | EVERE | 35 | M35 | 67 | 0:40:20 | 13,39 | 4:29 |
| 420 | 463 | AERTS Michael | SCHOTEN | 26 | SEH | 140 | 0:40:21 | 13,38 | 4:29 |
| 421 | 3324 | VERSTRAETEN Sven | HOEVENEN | 36 | M35 | 68 | 0:40:21 | 13,38 | 4:29 |
| 422 | 239 | STYNEN Andreas | DEURNE | 35 | M35 | 69 | 0:40:22 | 13,38 | 4:29 |
| 423 | 2554 | EYKENS Geert | POEDERLEE | 43 | M40 | 62 | 0:40:23 | 13,37 | 4:29 |
| 424 | 2153 | JANSSENS Peter | WIJGMAAL | 36 | M35 | 70 | 0:40:23 | 13,37 | 4:29 |
| 425 | 295 | VAN DE VELDE Koen | LINT | 46 | M45 | 42 | 0:40:23 | 13,37 | 4:29 |
| 426 | 2509 | DE NIL Filip | BERHEM | 38 | M35 | 71 | 0:40:24 | 13,37 | 4:29 |
| 427 | 3225 | DE VYLDER Frederik | KLUISBERGEN | 42 | M40 | 63 | 0:40:24 | 13,37 | 4:29 |
| 428 | 2932 | VAN HOOL Liesbeth | BEERZEL | 33 | SEF | 34 | 0:40:24 | 13,37 | 4:29 |
| 429 | 2820 | VERSMISSEN Leen | BERCHEM | 34 | SEF | 35 | 0:40:24 | 13,37 | 4:29 |
| 430 | 2555 | ROELANTS Hans | PULLE | 44 | M40 | 64 | 0:40:25 | 13,36 | 4:29 |
| 431 | 5326 | VAN DEN ABEELE Anton | WAASMUNSTER | 19 | SEH | 141 | 0:40:25 | 13,36 | 4:29 |
| 432 | 2833 | VAN WATERSCHOOT Danny | HULST | 38 | M35 | 72 | 0:40:25 | 13,36 | 4:29 |
| 433 | 2210 | DE CLERCQ Jelle | DEURNE | 12 | SEH | 142 | 0:40:26 | 13,36 | 4:30 |
| 434 | 1418 | BONDARENKO Andrei | ANTWERPEN | 18 | SEH | 143 | 0:40:27 | 13,35 | 4:30 |
| 435 | 1240 | FREDEUS Kristofer | ANTWERPEN | 38 | M35 | 73 | 0:40:27 | 13,35 | 4:30 |
| 436 | 188 | VERMEYLEN Eric | BRASSCHAAT | 57 | M55 | 13 | 0:40:27 | 13,35 | 4:30 |
| 437 | 5851 | SPAANS Christophe | WILRIJK | 36 | M35 | 74 | 0:40:28 | 13,34 | 4:30 |
| 438 | 2211 | DE CLERCQ Patrick | DEURNE | 44 | M40 | 65 | 0:40:29 | 13,34 | 4:30 |
| 439 | 2550 | VERHESTRAETEN Gunter | POEDERLEE | 40 | M40 | 66 | 0:40:29 | 13,34 | 4:30 |
| 440 | 6077 | ROELANDT Yves | MECHELEN | 43 | M40 | 67 | 0:40:30 | 13,33 | 4:30 |
| 441 | 2071 | TRUYMAN Dries | MELSELE | 9 | SEH | 144 | 0:40:30 | 13,33 | 4:30 |
| 442 | 2938 | VAN GORP Miquel | LINT | 41 | M40 | 68 | 0:40:30 | 13,33 | 4:30 |
| 443 | 2745 | CLAEYS Dirk | BERCHEM | 50 | M50 | 31 | 0:40:32 | 13,32 | 4:30 |
| 444 | 525 | DE COSTER Tonny | BERENDRECHT | 32 | SEH | 145 | 0:40:32 | 13,32 | 4:30 |
| 445 | 6076 | DUBOIS Pat | OVERIJSE | 51 | F50 | 4 | 0:40:32 | 13,32 | 4:30 |
| 446 | 2175 | PIRRHYN Kevin | MACHELEN | 30 | SEH | 146 | 0:40:33 | 13,32 | 4:30 |
| 447 | 2807 | RAKERS Peter | BORSBEEK | 52 | M50 | 32 | 0:40:34 | 13,31 | 4:30 |
| 448 | 1276 | VAN DEN BROECK Danny | WILRIJK | 47 | M45 | 43 | 0:40:34 | 13,31 | 4:30 |
| 449 | 1379 | VAN STEENWINKEL Erik | EPPEGEM | 41 | M40 | 69 | 0:40:36 | 13,30 | 4:31 |
| 450 | 756 | HEREYGERS Ann | GROBBENDONK | 41 | F40 | 9 | 0:40:37 | 13,30 | 4:31 |
| 451 | 543 | VERMEERBERGEN Jitse | LIER | 28 | SEF | 36 | 0:40:39 | 13,28 | 4:31 |
| 452 | 1261 | DE KESEL Didier | BERCHEM | 26 | SEH | 147 | 0:40:40 | 13,28 | 4:31 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|--------------------|-----|-----|-------|---------|-------|---------|
| 453 | 6368 | GOETHALS Martijn | ANTWERPEN | 24 | SEH | 148 | 0:40:41 | 13,27 | 4:31 |
| 454 | 589 | VAN DER AUWERA Nils | KONTICH | 31 | SEH | 149 | 0:40:41 | 13,27 | 4:31 |
| 455 | 4209 | MENTEN Björn | SINT-NIKLAAS | 37 | M35 | 75 | 0:40:42 | 13,27 | 4:31 |
| 456 | 1852 | NIJS Cindy | HERSELT | 45 | F45 | 6 | 0:40:43 | 13,26 | 4:31 |
| 457 | 5770 | SCHOETERS Robin | OLV WAVER | 26 | SEH | 150 | 0:40:43 | 13,26 | 4:31 |
| 458 | 3033 | WILLOCKX Benjamin | BREENDONK | 22 | SEH | 151 | 0:40:43 | 13,26 | 4:31 |
| 459 | 2933 | CRUYS Christopher | WOMMELGEM | 29 | SEH | 152 | 0:40:44 | 13,26 | 4:32 |
| 460 | 1929 | INDIGNE Lieven | ANTWERPEN | 43 | M40 | 70 | 0:40:44 | 13,26 | 4:32 |
| 461 | 1855 | NOOTS Carl | WESTMEERBEEK | 45 | M45 | 44 | 0:40:44 | 13,26 | 4:32 |
| 462 | 3088 | DE PAUW John | HOESEL | 58 | M55 | 14 | 0:40:45 | 13,25 | 4:32 |
| 463 | 1937 | LANGEROCK Charline | ELSENE | 27 | SEF | 37 | 0:40:45 | 13,25 | 4:32 |
| 464 | 2946 | STEENBEKE Anoesjka | SLEIDINGE | 26 | SEF | 38 | 0:40:45 | 13,25 | 4:32 |
| 465 | 1854 | VAN BREE Anja | HERSELT | 45 | F45 | 7 | 0:40:45 | 13,25 | 4:32 |
| 466 | 404 | VAN DE WAL Karen | BORSBEEK | 34 | SEF | 39 | 0:40:45 | 13,25 | 4:32 |
| 467 | 3172 | DIDDEN Elianthe | HAMONT-ACHEL | 59 | F55 | 2 | 0:40:46 | 13,25 | 4:32 |
| 468 | 3173 | HENDRIKS Frieda | HAMONT-ACHEL | 62 | F60 | 1 | 0:40:46 | 13,25 | 4:32 |
| 469 | 1446 | VOGELAERS Kurt | JEUK | 43 | M40 | 71 | 0:40:46 | 13,25 | 4:32 |
| 470 | 3640 | MAAROUFI Hassan | ANTWERPEN | 34 | SEH | 153 | 0:40:47 | 13,24 | 4:32 |
| 471 | 2009 | MEES Rudiger | PUURS | 44 | M40 | 72 | 0:40:47 | 13,24 | 4:32 |
| 472 | 283 | BORMS Reena | HOEVENEN | 25 | SEF | 40 | 0:40:48 | 13,24 | 4:32 |
| 473 | 3066 | DINGENEN Chana | LOMMEL | 22 | SEF | 41 | 0:40:48 | 13,24 | 4:32 |
| 474 | 474 | HASENBROEKX Bart | SCHOTEN | 51 | M50 | 33 | 0:40:48 | 13,24 | 4:32 |
| 475 | 1523 | MORRELL Thom | BERCHEM | 38 | M35 | 76 | 0:40:49 | 13,23 | 4:32 |
| 476 | 6381 | NR 6381 | | | - | 1 | 0:40:50 | 13,22 | 4:32 |
| 477 | 60 | BLINDEMAN Ann | DENDERMONDE | 55 | F55 | 3 | 0:40:51 | 13,22 | 4:32 |
| 478 | 3061 | ROEYKENS Niels | DEURNE | 30 | SEH | 154 | 0:40:54 | 13,20 | 4:33 |
| 479 | 1828 | CUTIC Bojan | MERKSEM | 29 | SEH | 155 | 0:40:55 | 13,20 | 4:33 |
| 480 | 3531 | MERTENS Erwin | TESSENDERLO | 28 | SEH | 156 | 0:40:55 | 13,20 | 4:33 |
| 481 | 5584 | NAULAERTS Maarten | BERLAAR | 30 | SEH | 157 | 0:40:55 | 13,20 | 4:33 |
| 482 | 3544 | BAKELANTS Steven | OLEN | 26 | SEH | 158 | 0:40:56 | 13,19 | 4:33 |
| 483 | 1506 | VERWIMP Christophe | MERKSEM | 28 | SEH | 159 | 0:40:56 | 13,19 | 4:33 |
| 484 | 1565 | CLAESSENS Ken | SHELLE | 37 | M35 | 77 | 0:40:58 | 13,18 | 4:33 |
| 485 | 429 | FATERMANS Sandra | MACHELEN | 35 | F35 | 15 | 0:40:58 | 13,18 | 4:33 |
| 486 | 1949 | VANDEPERRE Rudi | BRASSCHAAT | 51 | M50 | 34 | 0:40:58 | 13,18 | 4:33 |
| 487 | 6463 | HENDRICKX Patrick | MORTSEL | 49 | M45 | 45 | 0:40:59 | 13,18 | 4:33 |
| 488 | 1948 | WYTERS Nicole | BRASSCHAAT | 48 | F45 | 8 | 0:40:59 | 13,18 | 4:33 |
| 489 | 405 | DE PRETER Yves | MERKSEM | 27 | SEH | 160 | 0:41:00 | 13,17 | 4:33 |
| 490 | 3594 | DE WINTER Peter | DEUNE | 51 | M50 | 35 | 0:41:00 | 13,17 | 4:33 |
| 491 | 2552 | SNOEYS Ingrid | WUUSTWEZEL | 52 | F50 | 5 | 0:41:02 | 13,16 | 4:34 |
| 492 | 3545 | BRIGNOLA Gregory | PULDERBOS | 27 | SEH | 161 | 0:41:03 | 13,15 | 4:34 |
| 493 | 5401 | ROMBOUT Vanessa | BRASSCHAAT | 36 | F35 | 16 | 0:41:03 | 13,15 | 4:34 |
| 494 | 2551 | VISSERS May | BRECHT | 53 | F50 | 6 | 0:41:03 | 13,15 | 4:34 |
| 495 | 3330 | TRUYENS Kristien | PUIVELDE | 54 | F50 | 7 | 0:41:04 | 13,15 | 4:34 |
| 496 | 3328 | MARIMAN Leontine | WAASMUNSTER | 48 | F45 | 9 | 0:41:05 | 13,14 | 4:34 |
| 497 | 3227 | VAN TIGGELT Guy | KAPellen | 58 | M55 | 15 | 0:41:05 | 13,14 | 4:34 |
| 498 | 2375 | DE COCK Thijs | BEVEREN | 12 | SEH | 162 | 0:41:07 | 13,13 | 4:34 |
| 499 | 3168 | GORISSEN Wim | EKEREN | 61 | M60 | 4 | 0:41:07 | 13,13 | 4:34 |
| 500 | 282 | BORMS Edy | HOEVENEN | 59 | M55 | 16 | 0:41:08 | 13,13 | 4:34 |
| 501 | 3201 | BOUWENS Ronny | VREMDE | 49 | M45 | 46 | 0:41:09 | 13,12 | 4:34 |
| 502 | 174 | SAINTE Sven | HASSELT | 39 | M35 | 78 | 0:41:09 | 13,12 | 4:34 |
| 503 | 1333 | HERMANS Guy | LILLE | 61 | M60 | 5 | 0:41:10 | 13,12 | 4:34 |
| 504 | 3369 | VAN TONGERLOO Wendy | NIJLEN | 33 | SEF | 42 | 0:41:10 | 13,12 | 4:34 |
| 505 | 2343 | MEYNENDONCKX Els | BEVEREN-WAAS | 44 | F40 | 10 | 0:41:11 | 13,11 | 4:35 |
| 506 | 3145 | COOLS Karl | AARTSELAAR | 53 | M50 | 36 | 0:41:12 | 13,11 | 4:35 |
| 507 | 2376 | DEYAERT Leny | BEVEREN | 43 | F40 | 11 | 0:41:12 | 13,11 | 4:35 |
| 508 | 2390 | VAN DER SANDEN Roel | SINT-TRUIDEN | 33 | SEH | 163 | 0:41:12 | 13,11 | 4:35 |
| 509 | 1332 | VAN DER SCHRAELEN Jozef | VORSELAAR | 59 | M55 | 17 | 0:41:12 | 13,11 | 4:35 |
| 510 | 2037 | DE BRABANDER Dries | PULLE | 14 | SEH | 164 | 0:41:13 | 13,10 | 4:35 |
| 511 | 2830 | VERTOMMEN Arne | MORTSEL | 29 | SEH | 165 | 0:41:13 | 13,10 | 4:35 |
| 512 | 1049 | WUYTS Danny | ESSEN | 60 | M60 | 6 | 0:41:13 | 13,10 | 4:35 |
| 513 | 2436 | SPEELMEYER Danny | GROBBENDONK | 48 | M45 | 47 | 0:41:15 | 13,09 | 4:35 |
| 514 | 423 | WITTENBERG Marion | MEER (HOOGSTRATEN) | 23 | SEF | 43 | 0:41:16 | 13,09 | 4:35 |
| 515 | 173 | LESUISSE Steph | SINT TRUIDEN | 52 | M50 | 37 | 0:41:17 | 13,08 | 4:35 |
| 516 | 612 | LUYCKX Ivo | TURNHOUT | 44 | M40 | 73 | 0:41:17 | 13,08 | 4:35 |
| 517 | 2901 | PAHALWAN Ties | LIER | 29 | SEH | 166 | 0:41:17 | 13,08 | 4:35 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|--------------------|-----|-----|-------|---------|-------|---------|
| 518 | 2902 | VERMEYLEN Michael | LIER | 27 | SEH | 167 | 0:41:17 | 13,08 | 4:35 |
| 519 | 3266 | AERTA Tania | BERCHEM | 48 | F45 | 10 | 0:41:18 | 13,08 | 4:35 |
| 520 | 503 | DE ROOVER Sofie | MERKSEM | 29 | SEF | 44 | 0:41:18 | 13,08 | 4:35 |
| 521 | 6 | VERHELST David | SINT-NIKLAAS | 38 | M35 | 79 | 0:41:18 | 13,08 | 4:35 |
| 522 | 496 | GERMANES Julie | ANTWERPEN | 27 | SEF | 45 | 0:41:19 | 13,07 | 4:35 |
| 523 | 1404 | LESPAGNARD Joachim | KONTICH | 17 | SEH | 168 | 0:41:21 | 13,06 | 4:36 |
| 524 | 2174 | TIMMERMANS Jenthe | TERNAT | 24 | SEF | 46 | 0:41:21 | 13,06 | 4:36 |
| 525 | 1401 | GERON Lucas | EDEGEM | 17 | SEH | 169 | 0:41:22 | 13,05 | 4:36 |
| 526 | 522 | SPRANGERS Nancy | SCHOTEN | 43 | F40 | 12 | 0:41:22 | 13,05 | 4:36 |
| 527 | 1132 | VAN HOUTVEN Ellen | MERKSEM | 23 | SEF | 47 | 0:41:22 | 13,05 | 4:36 |
| 528 | 1400 | VAN MECHELEN Lieve | ANTWERPEN | 45 | F45 | 11 | 0:41:22 | 13,05 | 4:36 |
| 529 | 506 | JACOBS Stefanie | MOL | 29 | SEF | 48 | 0:41:23 | 13,05 | 4:36 |
| 530 | 999 | VAN DEN BOSCH Danny | SCHOTEN | 48 | M45 | 48 | 0:41:24 | 13,04 | 4:36 |
| 531 | 415 | JACOBS Daniël | ANTWERPEN | 12 | SEH | 170 | 0:41:25 | 13,04 | 4:36 |
| 532 | 209 | SCHLEUNIGER Christele | BORGERHOUT | 44 | F40 | 13 | 0:41:25 | 13,04 | 4:36 |
| 533 | 414 | JACOBS Philippe | ANTWERPEN | 44 | M40 | 74 | 0:41:26 | 13,03 | 4:36 |
| 534 | 165 | CALLANT Tineke | MORTSEL | 35 | F35 | 17 | 0:41:28 | 13,02 | 4:36 |
| 535 | 325 | BOGAERTS Greet | MALLE | 46 | F45 | 12 | 0:41:29 | 13,02 | 4:37 |
| 536 | 166 | CALLANT Paul | EDEGEM | 63 | M60 | 7 | 0:41:29 | 13,02 | 4:37 |
| 537 | 70 | LAMBRECHTS Ilse | OOSTMALLE | 42 | F40 | 14 | 0:41:29 | 13,02 | 4:37 |
| 538 | 1663 | MAES Sabine | RETIE | 37 | F35 | 18 | 0:41:29 | 13,02 | 4:37 |
| 539 | 245 | PEETERS Gerda | MALLE | 47 | F45 | 13 | 0:41:30 | 13,01 | 4:37 |
| 540 | 1662 | QUETS Annelies | RETIE | 37 | F35 | 19 | 0:41:30 | 13,01 | 4:37 |
| 541 | 6502 | VAN LOEY Stijn | BORNEM | 15 | SEH | 171 | 0:41:30 | 13,01 | 4:37 |
| 542 | 4246 | VERSCHUEREN Robby | BOORTMEERBEEK | 40 | M40 | 75 | 0:41:30 | 13,01 | 4:37 |
| 543 | 2293 | CARDON Tom | HOBOKEN | 38 | M35 | 80 | 0:41:31 | 13,01 | 4:37 |
| 544 | 2424 | COENEGRACHTS Ivan | HOBOKEN | 48 | M45 | 49 | 0:41:31 | 13,01 | 4:37 |
| 545 | 37 | D'HONDT Ely | TEMSE | 34 | SEF | 49 | 0:41:31 | 13,01 | 4:37 |
| 546 | 1673 | VAN DESSEL Werner | MORTSEL | 55 | M55 | 18 | 0:41:31 | 13,01 | 4:37 |
| 547 | 3011 | ADRIAENSSENS Koen | STABROEK | 39 | M35 | 81 | 0:41:32 | 13,00 | 4:37 |
| 548 | 5935 | GOVERS Guy | ZOERSEL | 34 | SEH | 172 | 0:41:32 | 13,00 | 4:37 |
| 549 | 85 | KERSMAEKERS Robert | BURCHT | 64 | M60 | 8 | 0:41:32 | 13,00 | 4:37 |
| 550 | 6243 | MATTYS Joris | ST. JOB IN 'T GOOR | 28 | SEH | 173 | 0:41:32 | 13,00 | 4:37 |
| 551 | 2226 | VERSTRAETEN Micheline | MEERDONK | 43 | F40 | 15 | 0:41:32 | 13,00 | 4:37 |
| 552 | 2224 | VAN DEN BERGE Tinneke | KIELDRECHT | 33 | SEF | 50 | 0:41:33 | 13,00 | 4:37 |
| 553 | 3435 | VERELST Sanne | KONTICH | 20 | SEF | 51 | 0:41:36 | 12,98 | 4:37 |
| 554 | 3434 | VERMEULEN Ilke | HEMIKSEM | 19 | SEF | 52 | 0:41:36 | 12,98 | 4:37 |
| 555 | 354 | GEERAERTS Annick | REET | 27 | SEF | 53 | 0:41:38 | 12,97 | 4:38 |
| 556 | 6578 | NR 6578 | | | - | 2 | 0:41:40 | 12,96 | 4:38 |
| 557 | 3846 | BERREVOETS Bart | OOSTHAM | 36 | M35 | 82 | 0:41:43 | 12,94 | 4:38 |
| 558 | 3194 | BUYLE Kenneth | BRECHT | 29 | SEH | 174 | 0:41:44 | 12,94 | 4:38 |
| 559 | 2074 | VERCAUTEREN Jochen | BEVEREN | 36 | M35 | 83 | 0:41:44 | 12,94 | 4:38 |
| 560 | 204 | ROBBERECHTS Koen | BORSBEEK | 39 | M35 | 84 | 0:41:46 | 12,93 | 4:38 |
| 561 | 2747 | WILLEMSSENS David | WILRIJK | 32 | SEH | 175 | 0:41:46 | 12,93 | 4:38 |
| 562 | 248 | CABELLO Greg | DEURNE | 54 | M50 | 38 | 0:41:47 | 12,92 | 4:39 |
| 563 | 2192 | QUINET Jurgen | WILRIJK | 44 | M40 | 76 | 0:41:47 | 12,92 | 4:39 |
| 564 | 1129 | TIMMERMANS Gerd | DEURNE | 38 | M35 | 85 | 0:41:47 | 12,92 | 4:39 |
| 565 | 3128 | DUPONT Dirk | HEIST OP DEN BERG | 58 | M55 | 19 | 0:41:48 | 12,92 | 4:39 |
| 566 | 765 | SUYKENS Leen | BORSBEEK | 34 | SEF | 54 | 0:41:48 | 12,92 | 4:39 |
| 567 | 732 | WENSINK Tanja | MERKSEM | 32 | SEF | 55 | 0:41:48 | 12,92 | 4:39 |
| 568 | 31 | ASSELBERGS Maarten | BERGEN OP ZOOM | 44 | M40 | 77 | 0:41:49 | 12,91 | 4:39 |
| 569 | 1460 | VANDEPERRE Alexander | HAASDONK | 9 | SEH | 176 | 0:41:49 | 12,91 | 4:39 |
| 570 | 29 | MEYER Susi | BERGEN OP ZOOM | 34 | SEF | 56 | 0:41:50 | 12,91 | 4:39 |
| 571 | 435 | VAN DINGENEN Kenneth | HERSELT | 19 | SEH | 177 | 0:41:50 | 12,91 | 4:39 |
| 572 | 2825 | DE WAELE Jarell | HAMME | 10 | SEF | 57 | 0:41:52 | 12,90 | 4:39 |
| 573 | 845 | STRYBOS Mike | WUSTWEZEL | 36 | M35 | 86 | 0:41:53 | 12,89 | 4:39 |
| 574 | 6441 | VANDERHALLEN Jules | NIEUWKERKEN-WAAS | 9 | SEH | 178 | 0:41:53 | 12,89 | 4:39 |
| 575 | 2826 | DE WAELE Kristof | HAMME | 36 | M35 | 87 | 0:41:54 | 12,89 | 4:39 |
| 576 | 2350 | VAN GOETHEM Mathieu | HAASDONK | 9 | SEH | 179 | 0:41:54 | 12,89 | 4:39 |
| 577 | 6440 | VANDERHALLEN Kris | NIEUWKERKEN-WAAS | 45 | M45 | 50 | 0:41:55 | 12,88 | 4:39 |
| 578 | 4038 | BOONS Gunther | WUUSTWEZEL | 17 | SEH | 180 | 0:41:56 | 12,88 | 4:40 |
| 579 | 5670 | PAUWELS Dieter | WOMMELGEM | 24 | SEH | 181 | 0:41:57 | 12,87 | 4:40 |
| 580 | 1475 | THIELEMANS Evi | AARTSELAAR | 34 | SEF | 58 | 0:41:57 | 12,87 | 4:40 |
| 581 | 1474 | WOUTERS Bart | AARTSELAAR | 39 | M35 | 88 | 0:41:57 | 12,87 | 4:40 |
| 582 | 1990 | CUSUMAN Joeri | LANKLAAR | 31 | SEH | 182 | 0:42:00 | 12,86 | 4:40 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|----------------------|-----|-----|-------|---------|-------|---------|
| 583 | 2278 | CNAEPKENS Tim | WOMMELGEM | 30 | SEH | 183 | 0:42:01 | 12,85 | 4:40 |
| 584 | 280 | VERHASSELT Els | TISSALT | 47 | F45 | 14 | 0:42:01 | 12,85 | 4:40 |
| 585 | 1055 | SCHOUWAERTS Michiel | PUTTE KAPELLEN | 21 | SEH | 184 | 0:42:02 | 12,85 | 4:40 |
| 586 | 1180 | PYL Tom | BRECHT | 38 | M35 | 89 | 0:42:03 | 12,84 | 4:40 |
| 587 | 1920 | VAN ROMPAEY Ellen | SINT KATELIJNE WAVER | 34 | SEF | 59 | 0:42:03 | 12,84 | 4:40 |
| 588 | 1960 | SUYKENS Sabrina | BOOM | 34 | SEF | 60 | 0:42:04 | 12,84 | 4:40 |
| 589 | 1792 | TOMBEUR Ellen | HEIST OP DEN BERG | 34 | SEF | 61 | 0:42:04 | 12,84 | 4:40 |
| 590 | 183 | VAN DER LINDEN Liesbeth | RIJKEVORSEL | 37 | F35 | 20 | 0:42:04 | 12,84 | 4:40 |
| 591 | 185 | VAN DUN Yorben | RIJKEVORSEL | 11 | SEH | 185 | 0:42:04 | 12,84 | 4:40 |
| 592 | 184 | VAN DUN Seppe | RIJKEVORSEL | 11 | SEH | 186 | 0:42:05 | 12,83 | 4:41 |
| 593 | 7 | BREEL Jan | YERSEKE | 31 | SEH | 187 | 0:42:06 | 12,83 | 4:41 |
| 594 | 5148 | GOFFA Steve | OOSTMALLE | 35 | M35 | 90 | 0:42:06 | 12,83 | 4:41 |
| 595 | 575 | BORGHS Martine | KAPELLEN | 50 | F50 | 8 | 0:42:09 | 12,81 | 4:41 |
| 596 | 4920 | DE MAEYER Nelle | BURCHT | 35 | F35 | 21 | 0:42:09 | 12,81 | 4:41 |
| 597 | 624 | DANNAU Leo | LEMBEEK | 55 | M55 | 20 | 0:42:11 | 12,80 | 4:41 |
| 598 | 6363 | EECKELAERT Toon | BORSBEEK | 29 | SEH | 188 | 0:42:11 | 12,80 | 4:41 |
| 599 | 454 | NIJS Sanne | HERSELT | 28 | SEF | 62 | 0:42:12 | 12,80 | 4:41 |
| 600 | 5560 | BACHOT Jan | BORGERHOUT | 59 | M55 | 21 | 0:42:14 | 12,79 | 4:42 |
| 601 | 2233 | MICHIELS Els | BLAASVELD | 45 | F45 | 15 | 0:42:15 | 12,78 | 4:42 |
| 602 | 4303 | SCHOLIERS Rik | ANTWERPEN | 30 | SEH | 189 | 0:42:15 | 12,78 | 4:42 |
| 603 | 3020 | VERRECHT Lore | ANTWERPEN | 27 | SEF | 63 | 0:42:15 | 12,78 | 4:42 |
| 604 | 3019 | VERVOORT Sarah | ANTWERPEN | 30 | SEF | 64 | 0:42:15 | 12,78 | 4:42 |
| 605 | 1032 | VAN CAMP Bart | EDEGEM | 47 | M45 | 51 | 0:42:16 | 12,78 | 4:42 |
| 606 | 197 | BOSMANS Wendy | LINT | 43 | F40 | 16 | 0:42:17 | 12,77 | 4:42 |
| 607 | 6455 | JAHN Olivier | SINT-GENESIUS-RODE | 32 | SEH | 190 | 0:42:18 | 12,77 | 4:42 |
| 608 | 72 | VAN BOSTRAETEN Jan | BERLAAR | 46 | M45 | 52 | 0:42:18 | 12,77 | 4:42 |
| 609 | 2883 | KEMPENAERS Dave | EKEREN | 36 | M35 | 91 | 0:42:20 | 12,76 | 4:42 |
| 610 | 1588 | SEGERS Sven | EDEGEM | 30 | SEH | 191 | 0:42:21 | 12,75 | 4:42 |
| 611 | 21 | PIRARD Rudy | DEURNE (ANTWERPEN) | 47 | M45 | 53 | 0:42:22 | 12,75 | 4:42 |
| 612 | 1042 | WALGRAEVE Peter | SCHOTEN | 52 | M50 | 39 | 0:42:24 | 12,74 | 4:43 |
| 613 | 1677 | BRAEM Marijke | BRECHT | 36 | F35 | 22 | 0:42:26 | 12,73 | 4:43 |
| 614 | 6191 | LOOS Ignace | ZANDHOVEN | 17 | SEH | 192 | 0:42:26 | 12,73 | 4:43 |
| 615 | 2727 | SCHOENMAEKERS Erwin | SINT-GILLIS-WAAS | 55 | M55 | 22 | 0:42:26 | 12,73 | 4:43 |
| 616 | 2405 | HAESAERTS Sarah | LINDEN | 36 | F35 | 23 | 0:42:27 | 12,72 | 4:43 |
| 617 | 2726 | VAN WOLVELAER Luc | NIEUW NAMEN | 54 | M50 | 40 | 0:42:27 | 12,72 | 4:43 |
| 618 | 6219 | DELEUS Peter | HEVER | 27 | SEH | 193 | 0:42:28 | 12,72 | 4:43 |
| 619 | 972 | COOMANS Peter | WILRIJK | 48 | M45 | 54 | 0:42:30 | 12,71 | 4:43 |
| 620 | 3780 | YVEZ Goris | ARENDONK | 29 | SEH | 194 | 0:42:30 | 12,71 | 4:43 |
| 621 | 2321 | MENSIES Marijke | BREDA | 33 | SEF | 65 | 0:42:31 | 12,70 | 4:43 |
| 622 | 3449 | DE MAEYER Patrick | MERKSEM | 55 | M55 | 23 | 0:42:32 | 12,70 | 4:44 |
| 623 | 1826 | DEVYVER Wim | KEERBERGEN | 49 | M45 | 55 | 0:42:32 | 12,70 | 4:44 |
| 624 | 5629 | HAMDAOUI Mohamed | 1080 | 40 | M40 | 78 | 0:42:35 | 12,68 | 4:44 |
| 625 | 6421 | NR 6421 | | | - | 3 | 0:42:37 | 12,67 | 4:44 |
| 626 | 1532 | IMMENS Kevin | PUTTE | 33 | SEH | 195 | 0:42:38 | 12,67 | 4:44 |
| 627 | 2746 | MALHERBE Anne | BERCHEM | 38 | F35 | 24 | 0:42:38 | 12,67 | 4:44 |
| 628 | 3115 | SCHRAUWEN Bert | BRASSCHAAT | 31 | SEH | 196 | 0:42:38 | 12,67 | 4:44 |
| 629 | 1665 | VAN DE WOUWER Tessa | KAPELLEN | 25 | SEF | 66 | 0:42:41 | 12,65 | 4:45 |
| 630 | 18 | GLASSEE Benny | HERENTHOUT | 40 | M40 | 79 | 0:42:42 | 12,65 | 4:45 |
| 631 | 360 | JANSSEN Birgit | WIJNEGEM | 35 | F35 | 25 | 0:42:42 | 12,65 | 4:45 |
| 632 | 1477 | MAES Gunther | KONTICH | 43 | M40 | 80 | 0:42:43 | 12,64 | 4:45 |
| 633 | 6506 | SCHOLIERS Ward | BERCHEM | 32 | SEH | 197 | 0:42:44 | 12,64 | 4:45 |
| 634 | 2349 | VAN DEN LEMMER Joeri | EKEREN | 27 | SEH | 198 | 0:42:44 | 12,64 | 4:45 |
| 635 | 5604 | SANNEN Nico | OOST-HAM | 41 | M40 | 81 | 0:42:45 | 12,63 | 4:45 |
| 636 | 434 | DE BUSSEER Dirk | BORGERHOUT | 44 | M40 | 82 | 0:42:46 | 12,63 | 4:45 |
| 637 | 2142 | DUPONT Yannick | KONTICH | 20 | SEH | 199 | 0:42:46 | 12,63 | 4:45 |
| 638 | 1008 | NAVEAU Katrien | BORSBEEK | 33 | SEF | 67 | 0:42:46 | 12,63 | 4:45 |
| 639 | 1038 | KOOPMANS Matthias | UTRECHT | 26 | SEH | 200 | 0:42:47 | 12,62 | 4:45 |
| 640 | 345 | VAN DER WELLE Gijs | ROTTERDAM | 26 | SEH | 201 | 0:42:47 | 12,62 | 4:45 |
| 641 | 1939 | HENS Mark | BOOM | 37 | M35 | 92 | 0:42:48 | 12,62 | 4:45 |
| 642 | 3410 | BUELENS Yannick | SINT-KATELIJNE-WAVER | 26 | SEH | 202 | 0:42:49 | 12,61 | 4:45 |
| 643 | 3409 | DEDROOG Adriaan | SINT-KATELIJNE-WAVER | 23 | SEH | 203 | 0:42:49 | 12,61 | 4:45 |
| 644 | 814 | VAN DEN BUSSCHE Ingrid | KESSEL | 45 | F45 | 16 | 0:42:49 | 12,61 | 4:45 |
| 645 | 1476 | VAN PUT Sally | KONTICH | 40 | F40 | 17 | 0:42:49 | 12,61 | 4:45 |
| 646 | 813 | DOUBEL Caroline | TEMSE | 45 | F45 | 17 | 0:42:50 | 12,61 | 4:46 |
| 647 | 1445 | DECKERS Ilse | JEUK | 33 | SEF | 68 | 0:42:51 | 12,60 | 4:46 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|--------------------------|---------------------|-----|-----|-------|---------|-------|---------|
| 648 | 6941 | SOUMILLON Jelle | SINT-PIETERS-LEEUEW | 30 | SEH | 204 | 0:42:54 | 12,59 | 4:46 |
| 649 | 186 | VAN DUN Tom | RIJKEVORSEL | 45 | M45 | 56 | 0:42:55 | 12,58 | 4:46 |
| 650 | 5743 | CLAES Jonas | GRUITRODE | 23 | SEH | 205 | 0:42:56 | 12,58 | 4:46 |
| 651 | 1872 | COVELIERS Nancy | MECHELEN | 55 | F55 | 4 | 0:42:57 | 12,57 | 4:46 |
| 652 | 1873 | PAUWELS Patricia | REET | 55 | F55 | 5 | 0:42:57 | 12,57 | 4:46 |
| 653 | 303 | STORMS Bernd | DEURNE | 42 | M40 | 83 | 0:42:59 | 12,56 | 4:47 |
| 654 | 3517 | VANHOORNE Bernard | GROOT-BIJGAARDEN | 46 | M45 | 57 | 0:43:00 | 12,56 | 4:47 |
| 655 | 2610 | VERBRUGGEN Raf | ANTWERPEN | 35 | M35 | 93 | 0:43:00 | 12,56 | 4:47 |
| 656 | 2648 | DE JONG Sitse | ROSSUM | 18 | SEH | 206 | 0:43:01 | 12,55 | 4:47 |
| 657 | 2950 | HUYLEBROECK Koen | TERNAT | 28 | SEH | 207 | 0:43:01 | 12,55 | 4:47 |
| 658 | 2650 | VAN DER KAMMEN Priscilla | KERKDRIEL | 29 | SEF | 69 | 0:43:02 | 12,55 | 4:47 |
| 659 | 3262 | VAN LOOVEREN Kristof | BRECHT | 29 | SEH | 208 | 0:43:04 | 12,54 | 4:47 |
| 660 | 1890 | VAN DEN STEEN Katleen | BERCHEM | 37 | F35 | 26 | 0:43:05 | 12,53 | 4:47 |
| 661 | 4572 | GEVERS Jeroen | MECHELEN | 36 | M35 | 94 | 0:43:06 | 12,53 | 4:47 |
| 662 | 6568 | LEPEE Jeroen | BRASSCHAAT | 20 | SEH | 209 | 0:43:06 | 12,53 | 4:47 |
| 663 | 3521 | LEFEVER Michiel | MORTSEL | 29 | SEH | 210 | 0:43:07 | 12,52 | 4:47 |
| 664 | 252 | VAN DOOREN Lieve | ANTWERPEN | 35 | F35 | 27 | 0:43:08 | 12,52 | 4:48 |
| 665 | 949 | SHELLEKENS Lieve | SCHOTEN | 40 | F40 | 18 | 0:43:09 | 12,51 | 4:48 |
| 666 | 1957 | SEGRS Tom | EKEREN | 43 | M40 | 84 | 0:43:09 | 12,51 | 4:48 |
| 667 | 439 | BROUWER Christian | RIDDERKERK | 27 | SEH | 211 | 0:43:11 | 12,50 | 4:48 |
| 668 | 4338 | HAMPTON Birger | HOEGAARDEN | 38 | M35 | 95 | 0:43:11 | 12,50 | 4:48 |
| 669 | 1438 | MATTHEUSSEN Olivier | BRASSCHAAT | 32 | SEH | 212 | 0:43:11 | 12,50 | 4:48 |
| 670 | 77 | SEELDRAEYERS Ank | AARTSELAAR | 29 | SEF | 70 | 0:43:11 | 12,50 | 4:48 |
| 671 | 3067 | GEUENS Anja | DIEPENBEEK | 42 | F40 | 19 | 0:43:12 | 12,50 | 4:48 |
| 672 | 2951 | MOENS Pieter | TERNAT | 26 | SEH | 213 | 0:43:12 | 12,50 | 4:48 |
| 673 | 1956 | SEGRS Emma | EKEREN | 15 | SEF | 71 | 0:43:12 | 12,50 | 4:48 |
| 674 | 4602 | MULDER Michiel | SCHOTEN | 21 | SEH | 214 | 0:43:13 | 12,50 | 4:48 |
| 675 | 1986 | SNOECKX Peter | SCHOTEN | 42 | M40 | 85 | 0:43:13 | 12,50 | 4:48 |
| 676 | 2028 | VAN CAMPEN Jelle | ESSEN | 24 | SEH | 215 | 0:43:13 | 12,50 | 4:48 |
| 677 | 986 | AERTS Pascal | TONGEREN | 53 | M50 | 41 | 0:43:14 | 12,49 | 4:48 |
| 678 | 131 | JUTTE Stephan | ZOETERMEER | 42 | M40 | 86 | 0:43:16 | 12,48 | 4:48 |
| 679 | 534 | SMETS Anouk | ANTWERPEN | 38 | F35 | 28 | 0:43:16 | 12,48 | 4:48 |
| 680 | 3552 | DAEMS Koen | ANTWERPEN | 45 | M45 | 58 | 0:43:17 | 12,48 | 4:49 |
| 681 | 130 | JUTTE Karen | ZOETERMEER | 41 | F40 | 20 | 0:43:17 | 12,48 | 4:49 |
| 682 | 5781 | SPENCER Christopher | EVERE | 38 | M35 | 96 | 0:43:17 | 12,48 | 4:49 |
| 683 | 304 | STORMS Jorg | DEURNE | 43 | M40 | 87 | 0:43:17 | 12,48 | 4:49 |
| 684 | 1416 | VERELST Stijn | BEVEL | 32 | SEH | 216 | 0:43:17 | 12,48 | 4:49 |
| 685 | 646 | DEKONINCK Philippe | EDEGEM | 36 | M35 | 97 | 0:43:18 | 12,47 | 4:49 |
| 686 | 512 | PAQUAY Thierry | WECHELDERZANDE | 48 | M45 | 59 | 0:43:18 | 12,47 | 4:49 |
| 687 | 399 | MOENS Hilde | ANTWERPEN | 44 | F40 | 21 | 0:43:19 | 12,47 | 4:49 |
| 688 | 517 | PAQUAY Femke | WECHELDERZANDE | 9 | SEF | 72 | 0:43:19 | 12,47 | 4:49 |
| 689 | 34 | HEYRMAN Linsy | TEMSE | 30 | SEF | 73 | 0:43:20 | 12,46 | 4:49 |
| 690 | 1464 | SPAEPEN Birgit | ARENDONK | 48 | F45 | 18 | 0:43:20 | 12,46 | 4:49 |
| 691 | 656 | HERREGRAVEN Vicky | MELSELE | 42 | F40 | 22 | 0:43:21 | 12,46 | 4:49 |
| 692 | 5912 | VERHEYEN Eli | BRASSCHAAT | 22 | SEH | 217 | 0:43:21 | 12,46 | 4:49 |
| 693 | 861 | BEHIELS Jill | SINT LENAARTS | 32 | SEF | 74 | 0:43:23 | 12,45 | 4:49 |
| 694 | 902 | DE COSTER Aniane | WIJNEGEM | 41 | F40 | 23 | 0:43:23 | 12,45 | 4:49 |
| 695 | 395 | STICKERS Tom | HERSELT | 41 | M40 | 88 | 0:43:23 | 12,45 | 4:49 |
| 696 | 2936 | FEHERVARY Heleen | SCHILDE | 25 | SEF | 75 | 0:43:25 | 12,44 | 4:49 |
| 697 | 1415 | MARANT Marc | BOECHOUT | 44 | M40 | 89 | 0:43:26 | 12,43 | 4:50 |
| 698 | 2181 | VAN HUFFEL Els | KAPellen | 35 | F35 | 29 | 0:43:26 | 12,43 | 4:50 |
| 699 | 2172 | WINTEN Gertjan | GENTBRUGGE | 27 | SEH | 218 | 0:43:26 | 12,43 | 4:50 |
| 700 | 6227 | JANSSSENS Stef | BRASSCHAAT | 48 | M45 | 60 | 0:43:27 | 12,43 | 4:50 |
| 701 | 5001 | MICHELS Pieter | ANTWERP | 32 | SEH | 219 | 0:43:27 | 12,43 | 4:50 |
| 702 | 1417 | ROELANS Steven | BEVEL | 36 | M35 | 98 | 0:43:27 | 12,43 | 4:50 |
| 703 | 3452 | HERICKX Chris | ELEWIJT | 54 | F50 | 9 | 0:43:28 | 12,42 | 4:50 |
| 704 | 728 | BAEYENS Frauke | ANTWERPEN | 42 | F40 | 24 | 0:43:30 | 12,41 | 4:50 |
| 705 | 1608 | MAES Debbie | DEURNE (ANTWERPEN) | 32 | SEF | 76 | 0:43:32 | 12,40 | 4:50 |
| 706 | 850 | MOLENBERGHS Liesbeth | OLEN | 37 | F35 | 30 | 0:43:32 | 12,40 | 4:50 |
| 707 | 852 | VANHEUCKELOM Kim | OLEN | 33 | SEF | 77 | 0:43:32 | 12,40 | 4:50 |
| 708 | 3196 | VERBERT Anske | ANTWERPEN | 37 | F35 | 31 | 0:43:32 | 12,40 | 4:50 |
| 709 | 6000 | OOSTERMEYER Glenn | BORSBEEK | 35 | M35 | 99 | 0:43:33 | 12,40 | 4:50 |
| 710 | 1649 | VAN DER LINDEN Nathalie | ITEGEM | 45 | F45 | 19 | 0:43:33 | 12,40 | 4:50 |
| 711 | 3695 | VANDER SCHELDEN Philippe | SINT AMANDSBERG | 32 | SEH | 220 | 0:43:33 | 12,40 | 4:50 |
| 712 | 5961 | CRAESSAERTS Els | ANTWERPEN | 46 | F45 | 20 | 0:43:34 | 12,39 | 4:50 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|----------------|-----|-----|-------|---------|-------|---------|
| 713 | 222 | ROBBERECHTS Luc | HERENTALS | 37 | M35 | 100 | 0:43:34 | 12,39 | 4:50 |
| 714 | 851 | VAN DEN BRANDE Cindy | OLEN | 35 | F35 | 32 | 0:43:35 | 12,39 | 4:51 |
| 715 | 1270 | VAN LOOCK Maël | WILRIJK | 16 | SEH | 221 | 0:43:37 | 12,38 | 4:51 |
| 716 | 1248 | YILMAZ Gökmen | MECHELEN | 29 | SEH | 222 | 0:43:37 | 12,38 | 4:51 |
| 717 | 1271 | VAN LOOCK Peter | MARIEKERKE | 46 | M45 | 61 | 0:43:38 | 12,38 | 4:51 |
| 718 | 1955 | SEGERS Louis | EKEREN | 13 | SEH | 223 | 0:43:40 | 12,37 | 4:51 |
| 719 | 3595 | DE CEUELAER Bert | RANST | 49 | M45 | 62 | 0:43:41 | 12,36 | 4:51 |
| 720 | 2970 | MEURS Benny | RANST | 52 | M50 | 42 | 0:43:41 | 12,36 | 4:51 |
| 721 | 1919 | PAARDEKAM Nele | KALMTHOUT | 25 | SEF | 78 | 0:43:41 | 12,36 | 4:51 |
| 722 | 6563 | DE VETH Guy | SCHAARBEEK | 47 | M45 | 63 | 0:43:42 | 12,36 | 4:51 |
| 723 | 1946 | SCHEPERS Lise | KALMTHOUT | 22 | SEF | 79 | 0:43:42 | 12,36 | 4:51 |
| 724 | 631 | PEETERS Eva | ANTWERPEN | 29 | SEF | 80 | 0:43:43 | 12,35 | 4:51 |
| 725 | 2281 | VAN HOUDT Geert | WOMMELGEM | 50 | M50 | 43 | 0:43:43 | 12,35 | 4:51 |
| 726 | 2780 | BREULS Erik | BRASSCHAAT | 32 | SEH | 224 | 0:43:44 | 12,35 | 4:52 |
| 727 | 346 | SOMERS Michael | DEURNE | 35 | M35 | 101 | 0:43:44 | 12,35 | 4:52 |
| 728 | 331 | FOLLET Erik | STEENOKKERZEEL | 55 | M55 | 24 | 0:43:45 | 12,34 | 4:52 |
| 729 | 2340 | MOTOS Mario | MECHELEN | 47 | M45 | 64 | 0:43:47 | 12,33 | 4:52 |
| 730 | 3199 | VAN DEN CLOOT Ann | ANTWERPEN | 42 | F40 | 25 | 0:43:47 | 12,33 | 4:52 |
| 731 | 5846 | BULONE Christophe | HOBOKEN | 32 | SEH | 225 | 0:43:48 | 12,33 | 4:52 |
| 732 | 2937 | VERHOEVEN Laura | SCHILDE | 24 | SEF | 81 | 0:43:48 | 12,33 | 4:52 |
| 733 | 124 | JOCHEMS Agnes | RIJKEVORSEL | 47 | F45 | 21 | 0:43:49 | 12,32 | 4:52 |
| 734 | 2341 | MOTOS Damon | MECHELEN | 13 | SEH | 226 | 0:43:49 | 12,32 | 4:52 |
| 735 | 2339 | MOTOS Jordan | MECHELEN | 15 | SEF | 82 | 0:43:49 | 12,32 | 4:52 |
| 736 | 123 | COOLS Susy | RIJKEVORSEL | 50 | F50 | 10 | 0:43:50 | 12,32 | 4:52 |
| 737 | 1798 | VERHULST Hans | ANTWERPEN | 49 | M45 | 65 | 0:43:50 | 12,32 | 4:52 |
| 738 | 206 | ROMBOUT Ive | ZELE | 42 | M40 | 90 | 0:43:51 | 12,31 | 4:52 |
| 739 | 820 | PALEMANS Anne-Marie | BURCHT | 52 | F50 | 11 | 0:43:53 | 12,31 | 4:53 |
| 740 | 1262 | BOENS Luc | WILRIJK | 47 | M45 | 66 | 0:43:54 | 12,30 | 4:53 |
| 741 | 4984 | SUTHERLAND Nele | LINT | 40 | F40 | 26 | 0:43:55 | 12,30 | 4:53 |
| 742 | 3131 | PALET Steven | KRUIBEKE | 34 | SEH | 227 | 0:43:58 | 12,28 | 4:53 |
| 743 | 51 | LAUWERS Diane | NOORDERWIJK | 55 | F55 | 6 | 0:44:00 | 12,27 | 4:53 |
| 744 | 2646 | BERKAU Linda | DEURNE | 29 | SEF | 83 | 0:44:01 | 12,27 | 4:53 |
| 745 | 52 | OOMS Maarten | NOORDERWIJK | 29 | SEH | 228 | 0:44:01 | 12,27 | 4:53 |
| 746 | 5473 | VAN CAMPENHOUT Sam | KNOKKE-HEIST | 43 | M40 | 91 | 0:44:01 | 12,27 | 4:53 |
| 747 | 2645 | ZARIOH Mimount | DEURNE | 40 | F40 | 27 | 0:44:01 | 12,27 | 4:53 |
| 748 | 2573 | MEIRSMAN J | HOBOKEN | 44 | M40 | 92 | 0:44:02 | 12,26 | 4:54 |
| 749 | 4968 | DE HAES Roland | LEUVEN | 39 | M35 | 102 | 0:44:03 | 12,26 | 4:54 |
| 750 | 2800 | GEMIS Annick | KAPELLEN | 47 | F45 | 22 | 0:44:05 | 12,25 | 4:54 |
| 751 | 1338 | GAENS Magda | BRASSCHAAT | 50 | F50 | 12 | 0:44:06 | 12,24 | 4:54 |
| 752 | 3356 | DIGNEF Anik | HOBOKEN | 37 | F35 | 33 | 0:44:07 | 12,24 | 4:54 |
| 753 | 1932 | RAFIE Farid | WEMMEL | 29 | SEH | 229 | 0:44:08 | 12,24 | 4:54 |
| 754 | 121 | VAN GOETHEM An | BERCHEM | 31 | SEF | 84 | 0:44:08 | 12,24 | 4:54 |
| 755 | 4128 | DE WILDE Wouter | GENT | 29 | SEH | 230 | 0:44:09 | 12,23 | 4:54 |
| 756 | 120 | DE KUYFFER Tom | BERCHEM | 41 | M40 | 93 | 0:44:10 | 12,23 | 4:54 |
| 757 | 2795 | MILLIGAN William | KESSEL-LO | 26 | SEH | 231 | 0:44:10 | 12,23 | 4:54 |
| 758 | 1950 | BORGS Freddy | SINT-TRUIDEN | 64 | M60 | 9 | 0:44:11 | 12,22 | 4:55 |
| 759 | 4575 | WILLEMSSENS Koen | ANTWERPEN | 25 | SEH | 232 | 0:44:11 | 12,22 | 4:55 |
| 760 | 1840 | CASTERMANS Hilde | SINT-TRUIDEN | 58 | F55 | 7 | 0:44:12 | 12,22 | 4:55 |
| 761 | 4821 | SKIBINSKY Axel | BRUSSELS | 34 | SEH | 233 | 0:44:12 | 12,22 | 4:55 |
| 762 | 3402 | BOGAERT Nico | DUFFEL | 35 | M35 | 103 | 0:44:13 | 12,21 | 4:55 |
| 763 | 3403 | DE GEETER Liza | DUFFEL | 34 | SEF | 85 | 0:44:14 | 12,21 | 4:55 |
| 764 | 1841 | GIELEN Hilde | SINT-TRUIDEN | 51 | F50 | 13 | 0:44:15 | 12,20 | 4:55 |
| 765 | 3839 | LIEKENS Stefan | LAAKDAL | 40 | M40 | 94 | 0:44:15 | 12,20 | 4:55 |
| 766 | 3809 | RODRIGUEZ Miguel | BRUXELLES | 47 | M45 | 67 | 0:44:15 | 12,20 | 4:55 |
| 767 | 4780 | STEVENS Patrick | DE KLINGE | 52 | M50 | 44 | 0:44:15 | 12,20 | 4:55 |
| 768 | 3631 | DINGELSTAD Joren | LINT | 21 | SEH | 234 | 0:44:18 | 12,19 | 4:55 |
| 769 | 723 | VAN GASSE Veerle | BEVEREN | 43 | M40 | 95 | 0:44:18 | 12,19 | 4:55 |
| 770 | 3445 | YPERMAN Dries | ZANDHOVEN | 15 | SEH | 235 | 0:44:18 | 12,19 | 4:55 |
| 771 | 112 | CARAEL Dirk | AARTSELAAR | 48 | M45 | 68 | 0:44:19 | 12,19 | 4:55 |
| 772 | 1117 | JACOBS Hilde | BOECHOUT | 45 | F45 | 23 | 0:44:19 | 12,19 | 4:55 |
| 773 | 1507 | KLEYN Wim | BRASSCHAAT | 48 | M45 | 69 | 0:44:19 | 12,19 | 4:55 |
| 774 | 6429 | BACHOT Emiel | ZOERSEL | 17 | SEH | 236 | 0:44:20 | 12,18 | 4:56 |
| 775 | 2750 | VAN DEN BUSSCHE Lynn | DEURNE | 27 | SEF | 86 | 0:44:20 | 12,18 | 4:56 |
| 776 | 988 | VERCAMMEN Saskia | DEURNE | 42 | F40 | 28 | 0:44:20 | 12,18 | 4:56 |
| 777 | 2140 | WILLIAME Quinona | KONTICH | 12 | SEF | 87 | 0:44:20 | 12,18 | 4:56 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|-------------------|-----|-----|-------|---------|-------|---------|
| 778 | 1246 | CRAEYE Freddy | ANTWERPEN | 66 | M65 | 3 | 0:44:21 | 12,18 | 4:56 |
| 779 | 311 | MUTSAERTS Sven | ESSEN | 41 | M40 | 96 | 0:44:21 | 12,18 | 4:56 |
| 780 | 3071 | VAN DEN BORRE Steven | STEENDORP | 42 | M40 | 97 | 0:44:21 | 12,18 | 4:56 |
| 781 | 5017 | VAN PEBORGH Ben | WILRIJK | 29 | SEH | 237 | 0:44:21 | 12,18 | 4:56 |
| 782 | 2702 | KLEYN Elisa | MALLE | 18 | SEF | 88 | 0:44:22 | 12,17 | 4:56 |
| 783 | 870 | SLANGEN Geert | DEURNE | 42 | M40 | 98 | 0:44:22 | 12,17 | 4:56 |
| 784 | 406 | VAN DE PAVERT Dennis | RIDDERKERK | 25 | SEH | 238 | 0:44:22 | 12,17 | 4:56 |
| 785 | 86 | VERFAILLIE Patsy | MORTSEL | 42 | F40 | 29 | 0:44:22 | 12,17 | 4:56 |
| 786 | 5013 | MARYNISSEN Maarten | BRASSCHAAT | 29 | SEH | 239 | 0:44:23 | 12,17 | 4:56 |
| 787 | 3298 | NEVENS Inge | BOORTMEERBEEK | 38 | F35 | 34 | 0:44:23 | 12,17 | 4:56 |
| 788 | 2737 | VAN BERGEN Evy | MINDERHOUT | 34 | SEF | 89 | 0:44:23 | 12,17 | 4:56 |
| 789 | 433 | DE GROUP Ronny | DEURNE | 56 | M55 | 25 | 0:44:24 | 12,16 | 4:56 |
| 790 | 1413 | DE PAU Bert | ZOERSEL | 31 | SEH | 240 | 0:44:24 | 12,16 | 4:56 |
| 791 | 2738 | JACOBS Tinne | MINDERHOUT | 34 | SEF | 90 | 0:44:24 | 12,16 | 4:56 |
| 792 | 3692 | VAN IMPE Dimitri | SERSKAMP | 35 | M35 | 104 | 0:44:24 | 12,16 | 4:56 |
| 793 | 4286 | LENDERS Philip | BERCHEM | 31 | SEH | 241 | 0:44:25 | 12,16 | 4:56 |
| 794 | 1118 | MC NAMARA Lorraine | BOECHOUT | 44 | F40 | 30 | 0:44:26 | 12,15 | 4:56 |
| 795 | 4823 | VAN DER POEL Dylan | EKEREN | 24 | SEH | 242 | 0:44:26 | 12,15 | 4:56 |
| 796 | 1713 | STUYVEN Bernard | POEDERLEE | 34 | SEH | 243 | 0:44:27 | 12,15 | 4:56 |
| 797 | 3691 | DE MUNCK Jan | MARIAKERKE | 41 | M40 | 99 | 0:44:30 | 12,13 | 4:57 |
| 798 | 515 | D'HAEN Vanessa | MOERBEKE | 33 | SEF | 91 | 0:44:30 | 12,13 | 4:57 |
| 799 | 5407 | VAN TURNHOUT Pieter | BORGERHOUT | 29 | SEH | 244 | 0:44:30 | 12,13 | 4:57 |
| 800 | 3311 | RIJMENANS Inne | REET | 32 | SEF | 92 | 0:44:32 | 12,13 | 4:57 |
| 801 | 3309 | VAN HOOF Ingrid | DUFFEL | 44 | F40 | 31 | 0:44:32 | 12,13 | 4:57 |
| 802 | 848 | VAN MECHELEN Hilde | MORKHOVEN | 46 | F45 | 24 | 0:44:32 | 12,13 | 4:57 |
| 803 | 513 | VAN DEN BOSCH Kelly | MOERBEKE | 40 | F40 | 32 | 0:44:33 | 12,12 | 4:57 |
| 804 | 3310 | DE VOS Evelyn | RUMST | 25 | SEF | 93 | 0:44:35 | 12,11 | 4:57 |
| 805 | 1351 | BEIRNAERT Filip | LEUVEN | 35 | M35 | 105 | 0:44:37 | 12,10 | 4:57 |
| 806 | 4451 | WILLEMS Gwen | HEUSDEN-ZOLDER | 25 | SEH | 245 | 0:44:37 | 12,10 | 4:57 |
| 807 | 3036 | SOMERS Christian | WIJNEGEM | 34 | SEH | 246 | 0:44:40 | 12,09 | 4:58 |
| 808 | 1051 | DOM Lore | ANTWERPEN | 29 | SEF | 94 | 0:44:41 | 12,09 | 4:58 |
| 809 | 6221 | VAN DEN PUTTE Kris | WILRIJK | 54 | M50 | 45 | 0:44:42 | 12,08 | 4:58 |
| 810 | 5870 | MEEUWISSEN Ben | BREENDONK | 15 | SEH | 247 | 0:44:45 | 12,07 | 4:58 |
| 811 | 5057 | VAN BIESEN Peter | OPWIJK | 36 | M35 | 106 | 0:44:45 | 12,07 | 4:58 |
| 812 | 3031 | VAN HORICK Tim | WIJNEGEM | 34 | SEH | 248 | 0:44:46 | 12,06 | 4:58 |
| 813 | 4229 | EKELSON Janny | TILDONK | 50 | M50 | 46 | 0:44:47 | 12,06 | 4:59 |
| 814 | 2660 | SWERTS Sarah | EPPEGEM | 36 | F35 | 35 | 0:44:47 | 12,06 | 4:59 |
| 815 | 2659 | VAN DE VELDE Martine | MACHELEN | 59 | F55 | 8 | 0:44:47 | 12,06 | 4:59 |
| 816 | 4960 | VEERMAN Johan | WESTMALLE | 50 | M50 | 47 | 0:44:47 | 12,06 | 4:59 |
| 817 | 6886 | VERSMISSEN Rob | BERCHEM | 32 | SEH | 249 | 0:44:47 | 12,06 | 4:59 |
| 818 | 1447 | WOELDERS Jan | ANTWERPEN | 54 | M50 | 48 | 0:44:47 | 12,06 | 4:59 |
| 819 | 468 | HERREBOUDT Petra | STABROEK | 46 | F45 | 25 | 0:44:48 | 12,05 | 4:59 |
| 820 | 6459 | LATTE Sander | BORGERHOUT | 31 | SEH | 250 | 0:44:48 | 12,05 | 4:59 |
| 821 | 113 | VAN HOVE Chantal | AARTSELAAR | 50 | F50 | 14 | 0:44:48 | 12,05 | 4:59 |
| 822 | 3694 | WAUTERS Kevin | WICHELEN | 29 | SEH | 251 | 0:44:49 | 12,05 | 4:59 |
| 823 | 5258 | DE GROOTE Koen | OUDENAARDE | 36 | M35 | 107 | 0:44:50 | 12,04 | 4:59 |
| 824 | 2661 | ROMBAUTS Marleen | MACHELEN | 58 | F55 | 9 | 0:44:50 | 12,04 | 4:59 |
| 825 | 445 | AELBRECHT Queenie | EKEREN | 43 | F40 | 33 | 0:44:51 | 12,04 | 4:59 |
| 826 | 3970 | DE COCK Marc | BEVEREN | 46 | M45 | 70 | 0:44:53 | 12,03 | 4:59 |
| 827 | 5519 | DECLERCQ Matthias | BERCHEM | 29 | SEH | 252 | 0:44:54 | 12,03 | 4:59 |
| 828 | 1439 | GOOSSENAERTS Peter | KALMTHOUT | 37 | M35 | 108 | 0:44:54 | 12,03 | 4:59 |
| 829 | 3248 | DUTOY Jeroen | RUMST | 27 | SEH | 253 | 0:44:55 | 12,02 | 4:59 |
| 830 | 849 | EYKENS Liesbeth | MORKHOVEN | 44 | F40 | 34 | 0:44:56 | 12,02 | 5:00 |
| 831 | 4953 | IWENS Steven | LIER | 33 | SEH | 254 | 0:44:56 | 12,02 | 5:00 |
| 832 | 847 | BELLENS Inge | WESTERLO | 28 | SEF | 95 | 0:44:58 | 12,01 | 5:00 |
| 833 | 4452 | MAES Jochen | MEEUWEN-GRUITRODE | 35 | M35 | 109 | 0:44:58 | 12,01 | 5:00 |
| 834 | 1780 | KONINGS Kristof | KORTESSEM | 28 | SEH | 255 | 0:45:00 | 12,00 | 5:00 |
| 835 | 1715 | PRIEM Daley | DEURNE | 21 | SEH | 256 | 0:45:02 | 11,99 | 5:00 |
| 836 | 2651 | SABLON Stefan | HERENTALS | 40 | M40 | 100 | 0:45:03 | 11,99 | 5:00 |
| 837 | 5425 | DE KLERK Roel | DEURNE | 38 | M35 | 110 | 0:45:04 | 11,98 | 5:00 |
| 838 | 195 | SAULAUSKAITE Greta | ANTWERPEN | 27 | SEF | 96 | 0:45:04 | 11,98 | 5:00 |
| 839 | 1716 | JANSSSENS Marianne | EKEREN | 27 | SEF | 97 | 0:45:08 | 11,96 | 5:01 |
| 840 | 2930 | DEMEURE Nathalie | STEENOKKERZEEL | 33 | SEF | 98 | 0:45:09 | 11,96 | 5:01 |
| 841 | 2522 | FIRLEFYN Tom | PUTTE (BEERZEL) | 41 | M40 | 101 | 0:45:09 | 11,96 | 5:01 |
| 842 | 3808 | SMITH Paul | WATERLOO | 48 | M45 | 71 | 0:45:09 | 11,96 | 5:01 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 843 | 4921 | ROOSE Filip | BURCHT | 36 | M35 | 111 | 0:45:10 | 11,96 | 5:01 |
| 844 | 4325 | VANDEWEYER Jan | BEVERLO | 32 | SEH | 257 | 0:45:10 | 11,96 | 5:01 |
| 845 | 5627 | HOEBEKE Frederic | HEIKANT | 33 | SEH | 258 | 0:45:11 | 11,95 | 5:01 |
| 846 | 6411 | DE BRUYN Jenny | DEURNE | 41 | F40 | 35 | 0:45:12 | 11,95 | 5:01 |
| 847 | 5243 | JANSEN Marijn | BEVEREN-WAAS | 35 | M35 | 112 | 0:45:12 | 11,95 | 5:01 |
| 848 | 3465 | MESSA Dany | OPWIJK | 42 | F40 | 36 | 0:45:13 | 11,94 | 5:01 |
| 849 | 5639 | BRUYNINCKX Jochem | ANTWERPEN | 31 | SEH | 259 | 0:45:16 | 11,93 | 5:02 |
| 850 | 3331 | DE BONDT Patricia | OPWIJK | 32 | SEF | 99 | 0:45:16 | 11,93 | 5:02 |
| 851 | 2898 | VAN MINNEBRUGGEN Nicole | DEURNE | 57 | F55 | 10 | 0:45:16 | 11,93 | 5:02 |
| 852 | 3151 | GILLIS Ann | KAPELLEN | 47 | F45 | 26 | 0:45:17 | 11,92 | 5:02 |
| 853 | 96 | VAN DEN BERG Bart | BOOISCHOT | 38 | M35 | 113 | 0:45:18 | 11,92 | 5:02 |
| 854 | 4329 | CLAESSENS Steve | HOBOKEN | 31 | SEH | 260 | 0:45:19 | 11,92 | 5:02 |
| 855 | 30 | LAEREMANS Pieter | HEVERLEE | 34 | SEH | 261 | 0:45:19 | 11,92 | 5:02 |
| 856 | 1135 | QUIRYNEN Jef | WUUSTWEZEL | 61 | M60 | 10 | 0:45:19 | 11,92 | 5:02 |
| 857 | 599 | DILNY Patrick | DEURNE | 59 | M55 | 26 | 0:45:21 | 11,91 | 5:02 |
| 858 | 1134 | QUIRYNEN Sven | EKEREN | 34 | SEH | 262 | 0:45:23 | 11,90 | 5:03 |
| 859 | 5686 | STEENACKERS Alexander | LONDERZEEL | 22 | SEH | 263 | 0:45:24 | 11,89 | 5:03 |
| 860 | 2333 | VAN LEEUWEN Esther | WILRIJK | 38 | F35 | 36 | 0:45:24 | 11,89 | 5:03 |
| 861 | 3034 | FOURFOOZ Seppe | WILLEBROEK | 16 | SEH | 264 | 0:45:25 | 11,89 | 5:03 |
| 862 | 3127 | SBAI Jonas | HAACHT | 32 | SEH | 265 | 0:45:25 | 11,89 | 5:03 |
| 863 | 2332 | VERHASSELT Kurt | WILRIJK | 41 | M40 | 102 | 0:45:25 | 11,89 | 5:03 |
| 864 | 5842 | HUTSEBAUT Anja | REKEM | 42 | F40 | 37 | 0:45:26 | 11,89 | 5:03 |
| 865 | 2391 | SPRINGER Tako | BRUNSSUM | 40 | M40 | 103 | 0:45:27 | 11,88 | 5:03 |
| 866 | 1670 | MELIS Rachida | RETIE | 41 | F40 | 38 | 0:45:28 | 11,88 | 5:03 |
| 867 | 5131 | VERSTAPPEN Anke | OOSTMALLE | 28 | SEF | 100 | 0:45:28 | 11,88 | 5:03 |
| 868 | 3119 | VANDEN DAELE Alix | KAPELLEN | 35 | F35 | 37 | 0:45:30 | 11,87 | 5:03 |
| 869 | 5264 | DAELEMANS Danny | WILLEBROEK | 47 | M45 | 72 | 0:45:31 | 11,86 | 5:03 |
| 870 | 3068 | GYSEN Kelly | WILRIJK | 25 | SEF | 101 | 0:45:31 | 11,86 | 5:03 |
| 871 | 2836 | VAN LOON Heidi | LIER | 39 | F35 | 38 | 0:45:31 | 11,86 | 5:03 |
| 872 | 978 | DE WILDE Kristof | WIJNEGEM | 31 | SEH | 266 | 0:45:32 | 11,86 | 5:04 |
| 873 | 514 | BLOMME Caroline | WOMMELGEM | 32 | SEF | 102 | 0:45:33 | 11,86 | 5:04 |
| 874 | 1510 | BOONEN Joke | DEURNE | 32 | SEF | 103 | 0:45:33 | 11,86 | 5:04 |
| 875 | 6375 | CLINCKERS Dimitri | OOSTMALLE | 36 | M35 | 114 | 0:45:34 | 11,85 | 5:04 |
| 876 | 2754 | PEETERS Kristel | LIER | 45 | F45 | 27 | 0:45:35 | 11,85 | 5:04 |
| 877 | 4212 | VAN DEN BROEK Benjamin | HAACHT | 33 | SEH | 267 | 0:45:35 | 11,85 | 5:04 |
| 878 | 6412 | MICHELSEN Tom | HERENTALS | 34 | SEH | 268 | 0:45:36 | 11,84 | 5:04 |
| 879 | 402 | VAN MOL Christina | BRASSCHAAT | 64 | F60 | 2 | 0:45:36 | 11,84 | 5:04 |
| 880 | 3243 | DE MEESTER Carina | STEKENE | 51 | F50 | 15 | 0:45:37 | 11,84 | 5:04 |
| 881 | 2407 | DIEPENDAELE Rebecca | ANTWERPEN | 31 | SEF | 104 | 0:45:37 | 11,84 | 5:04 |
| 882 | 2768 | LEWI Peter | EDEGEM | 46 | M45 | 73 | 0:45:37 | 11,84 | 5:04 |
| 883 | 4217 | BAERT Tom | HAACHT | 40 | M40 | 104 | 0:45:38 | 11,83 | 5:04 |
| 884 | 5128 | MASSART Niels | HEFFEN | 26 | SEH | 269 | 0:45:38 | 11,83 | 5:04 |
| 885 | 348 | WESTERVELD Marcel | RIDDERKERK | 26 | SEH | 270 | 0:45:38 | 11,83 | 5:04 |
| 886 | 1242 | TRAEN Birgit | SCHOTEN | 32 | SEF | 105 | 0:45:39 | 11,83 | 5:04 |
| 887 | 5824 | VAN NUFFEL Yves | BERCHEM | 36 | M35 | 115 | 0:45:39 | 11,83 | 5:04 |
| 888 | 771 | BLOCKX Bjorn | WORTEL | 33 | SEH | 271 | 0:45:41 | 11,82 | 5:05 |
| 889 | 66 | DE PRYCKER Maarten | BEVEREN | 39 | M35 | 116 | 0:45:41 | 11,82 | 5:05 |
| 890 | 2208 | SCHUERMANS Sven | ZANDHOVEN | 51 | M50 | 49 | 0:45:41 | 11,82 | 5:05 |
| 891 | 3090 | SMEDTS Caroline | STEKENE | 51 | F50 | 16 | 0:45:41 | 11,82 | 5:05 |
| 892 | 6206 | CORDEMANS Melissa | HEVERLEE | 33 | SEF | 106 | 0:45:42 | 11,82 | 5:05 |
| 893 | 2358 | CROONENBORGHES Thibault | TONGERLO | 26 | SEH | 272 | 0:45:42 | 11,82 | 5:05 |
| 894 | 3360 | DE BLOCK Nancy | DE KLINGE | 46 | F45 | 28 | 0:45:42 | 11,82 | 5:05 |
| 895 | 3467 | VAN HAM Els | OVERBROEK | 26 | SEF | 107 | 0:45:42 | 11,82 | 5:05 |
| 896 | 317 | ANDRIESSEN Steven | ZAAMSLAG | 31 | SEH | 273 | 0:45:43 | 11,81 | 5:05 |
| 897 | 770 | SIERENS Christien | ANTWERPEN | 30 | SEF | 108 | 0:45:43 | 11,81 | 5:05 |
| 898 | 67 | STEIJAERT Ellen | BEVEREN | 37 | F35 | 39 | 0:45:43 | 11,81 | 5:05 |
| 899 | 3468 | VAN HAM Lies | MINDERHOUT | 28 | SEF | 109 | 0:45:43 | 11,81 | 5:05 |
| 900 | 3469 | BAEKELMANS Magali | OVERBROEK | 27 | SEF | 110 | 0:45:45 | 11,80 | 5:05 |
| 901 | 2212 | DELARUELLE Walter | KAPELLEN | 56 | M55 | 27 | 0:45:46 | 11,80 | 5:05 |
| 902 | 412 | ENGELLEN Sandy | MORKHOVEN | 36 | F35 | 40 | 0:45:47 | 11,79 | 5:05 |
| 903 | 3899 | FOLLEN David | GENT | 38 | M35 | 117 | 0:45:47 | 11,79 | 5:05 |
| 904 | 3236 | HELMER Maarten | BLANDEN | 36 | M35 | 118 | 0:45:48 | 11,79 | 5:05 |
| 905 | 68 | STEIJAERT Karen | BEVEREN | 38 | F35 | 41 | 0:45:48 | 11,79 | 5:05 |
| 906 | 883 | VAN CAUWENBERGHE Karel | MORTSEL | 59 | M55 | 28 | 0:45:48 | 11,79 | 5:05 |
| 907 | 1082 | CROISIAU Hilde | HOVE | 55 | F55 | 11 | 0:45:49 | 11,79 | 5:05 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|----------------------|-----|-----|-------|---------|-------|---------|
| 908 | 413 | HELLEMANS Kevin | MORKHOVEN | 36 | M35 | 119 | 0:45:49 | 11,79 | 5:05 |
| 909 | 4696 | DE FAUW Brecht | BRUGGE | 25 | SEH | 274 | 0:45:51 | 11,78 | 5:06 |
| 910 | 3622 | DE BOER Simon | DEURNE | 31 | SEH | 275 | 0:45:55 | 11,76 | 5:06 |
| 911 | 3035 | FOURFOOZ Didier | WILLEBROEK | 49 | M45 | 74 | 0:45:55 | 11,76 | 5:06 |
| 912 | 326 | PINCKET Robbe | MALLE | 15 | SEH | 276 | 0:45:55 | 11,76 | 5:06 |
| 913 | 4045 | THEYS Ryan | BORGERHOUT | 51 | M50 | 50 | 0:45:55 | 11,76 | 5:06 |
| 914 | 3717 | VAN HOOFF Gerd | ANTWERPEN | 36 | M35 | 120 | 0:45:55 | 11,76 | 5:06 |
| 915 | 5257 | DEKENS Bjorn | DEINZE | 28 | SEH | 277 | 0:45:56 | 11,76 | 5:06 |
| 916 | 156 | TEMMERMAN Dorine | OUDENAARDE | 27 | SEF | 111 | 0:45:57 | 11,75 | 5:06 |
| 917 | 4185 | TUYTSCHAEVER Dieter | MACHELEN AAN DE LEIE | 34 | SEH | 278 | 0:45:57 | 11,75 | 5:06 |
| 918 | 3721 | VAN LAETHEM Tom | BEVEREN | 36 | M35 | 121 | 0:45:57 | 11,75 | 5:06 |
| 919 | 125 | CRABBE Melanie | GENT | 29 | SEF | 112 | 0:45:58 | 11,75 | 5:06 |
| 920 | 3714 | DAEMS David | MELSELE | 34 | SEH | 279 | 0:45:59 | 11,74 | 5:07 |
| 921 | 3104 | TERMOTE Anja | ROESELARE | 44 | F40 | 39 | 0:45:59 | 11,74 | 5:07 |
| 922 | 5625 | BEHIELS Didier | BELSELE | 39 | M35 | 122 | 0:46:00 | 11,74 | 5:07 |
| 923 | 3002 | HEREMANS Lionel | RELEGEM | 36 | M35 | 123 | 0:46:00 | 11,74 | 5:07 |
| 924 | 1734 | LAUWERS Karen | HEMIKSEM | 25 | SEF | 113 | 0:46:00 | 11,74 | 5:07 |
| 925 | 4934 | BRUYNSEELS Matthias | WIJNEGEM | 19 | SEH | 280 | 0:46:01 | 11,73 | 5:07 |
| 926 | 6092 | DE SWERT Peter | BRASSCHAAT | 33 | SEH | 281 | 0:46:01 | 11,73 | 5:07 |
| 927 | 1738 | LAUWERS Frank | HEMIKSEM | 59 | M55 | 29 | 0:46:01 | 11,73 | 5:07 |
| 928 | 751 | SEVENANS Sven | ANTWERPEN | 46 | M45 | 75 | 0:46:01 | 11,73 | 5:07 |
| 929 | 3105 | VANHERWEGHE Thierry | ROESELARE | 49 | M45 | 76 | 0:46:01 | 11,73 | 5:07 |
| 930 | 5259 | AUGUSTIJNS Filip | OUDENAARDE | 45 | M45 | 77 | 0:46:02 | 11,73 | 5:07 |
| 931 | 1704 | BRUYNS Sandra | PUURS | 47 | F45 | 29 | 0:46:02 | 11,73 | 5:07 |
| 932 | 3070 | CAMBRON Vera | ANTWERPEN | 52 | F50 | 17 | 0:46:02 | 11,73 | 5:07 |
| 933 | 6386 | VAN GEIRT Christina | HERENTALS | 56 | F55 | 12 | 0:46:02 | 11,73 | 5:07 |
| 934 | 5138 | VAN LOOVEREN Guy | RIJKEVORSEL | 34 | SEH | 282 | 0:46:03 | 11,73 | 5:07 |
| 935 | 12 | VAN NOTEN Xander | EDEGEM | 15 | SEH | 283 | 0:46:04 | 11,72 | 5:07 |
| 936 | 212 | BULENS Rudy | SINT-TRUIDEN | 39 | M35 | 124 | 0:46:05 | 11,72 | 5:07 |
| 937 | 1728 | D'HOLLANDER Fred | HOVE | 56 | M55 | 30 | 0:46:05 | 11,72 | 5:07 |
| 938 | 441 | VETS Mia | KAPELLE-OP-DEN-BOS | 63 | F60 | 3 | 0:46:05 | 11,72 | 5:07 |
| 939 | 93 | GOOS Yves | DEURNE | 53 | M50 | 51 | 0:46:06 | 11,71 | 5:07 |
| 940 | 5411 | VAN CAMPENHOUT Ludo | ANTWERPEN | 49 | M45 | 78 | 0:46:06 | 11,71 | 5:07 |
| 941 | 6169 | VAN NUETEN Kristof | PULLE | 34 | SEH | 284 | 0:46:06 | 11,71 | 5:07 |
| 942 | 1729 | D'HOLLANDER Maxim | HOVE | 22 | SEH | 285 | 0:46:07 | 11,71 | 5:07 |
| 943 | 5631 | GOOSSENS Dirk | BERCHEM | 41 | M40 | 105 | 0:46:07 | 11,71 | 5:07 |
| 944 | 4565 | TOLLET Jean-Jacques | KESSEL-LO | 30 | SEH | 286 | 0:46:07 | 11,71 | 5:07 |
| 945 | 4394 | DE SMEDT Filip | ANTWERPEN | 32 | SEH | 287 | 0:46:08 | 11,71 | 5:08 |
| 946 | 6261 | DONKOR Jesse | LEUVEN | 26 | SEH | 288 | 0:46:08 | 11,71 | 5:08 |
| 947 | 3946 | ROELANS Katerine | VREMDE | 40 | F40 | 40 | 0:46:08 | 11,71 | 5:08 |
| 948 | 6242 | SOLOMONE Hans | OUD-HEVERLEE | 27 | SEH | 289 | 0:46:08 | 11,71 | 5:08 |
| 949 | 974 | DE SMEDT Erik | WILLEBROEK | 45 | M45 | 79 | 0:46:09 | 11,70 | 5:08 |
| 950 | 108 | GOOS Charlotte | DEURNE | 19 | SEF | 114 | 0:46:09 | 11,70 | 5:08 |
| 951 | 753 | PATERNOTTE Danielle | KAPellen | 56 | F55 | 13 | 0:46:09 | 11,70 | 5:08 |
| 952 | 6246 | SOMERS Stijn | BOECHOUT | 32 | SEH | 290 | 0:46:09 | 11,70 | 5:08 |
| 953 | 2688 | WILLOCKX Jurgen | SINT-NIKLAAS | 38 | M35 | 125 | 0:46:09 | 11,70 | 5:08 |
| 954 | 1395 | BOGAERT Liesje | SHELLE | 42 | F40 | 41 | 0:46:10 | 11,70 | 5:08 |
| 955 | 5983 | DE BACKER Niels | OOSTMALLE | 13 | SEH | 291 | 0:46:10 | 11,70 | 5:08 |
| 956 | 4184 | HERMAN Kurt | DEINZE | 49 | M45 | 80 | 0:46:10 | 11,70 | 5:08 |
| 957 | 139 | MOSTIEN Fallon | AVELGEM | 29 | SEF | 115 | 0:46:10 | 11,70 | 5:08 |
| 958 | 1556 | BLOMMAERTS Davy | NIEL | 36 | M35 | 126 | 0:46:11 | 11,69 | 5:08 |
| 959 | 74 | COPS Nadia | BERCHEM | 44 | F40 | 42 | 0:46:11 | 11,69 | 5:08 |
| 960 | 4392 | GORDIJN Keno | DEURNE | 32 | SEH | 292 | 0:46:11 | 11,69 | 5:08 |
| 961 | 748 | VEREYCKEN Ann | HEMIKSEM | 45 | F45 | 30 | 0:46:11 | 11,69 | 5:08 |
| 962 | 3916 | NUYTS Stefan | VORSELAAR | 33 | SEH | 293 | 0:46:13 | 11,68 | 5:08 |
| 963 | 36 | VAN REMOORTELE Marc | TEMSE | 38 | M35 | 127 | 0:46:14 | 11,68 | 5:08 |
| 964 | 1656 | VAN TRIER Anthony | ANTWERPEN | 28 | SEH | 294 | 0:46:15 | 11,68 | 5:08 |
| 965 | 3907 | BROECKAERT Tom | DENDERLEEUV | 29 | SEH | 295 | 0:46:16 | 11,67 | 5:08 |
| 966 | 1074 | GEUENS Jeroen | HOBOKEN | 34 | SEH | 296 | 0:46:16 | 11,67 | 5:08 |
| 967 | 1075 | VANPACHTENBEKE Hanne | HOBOKEN | 25 | SEF | 116 | 0:46:16 | 11,67 | 5:08 |
| 968 | 2790 | MOONS Agnes | EKEREN | 50 | F50 | 18 | 0:46:17 | 11,67 | 5:09 |
| 969 | 3872 | CUSUMANO Fabio | ANTWERPEN | 35 | M35 | 128 | 0:46:19 | 11,66 | 5:09 |
| 970 | 2344 | NEELS Maarten | BEVEREN-WAAS | 16 | SEH | 297 | 0:46:19 | 11,66 | 5:09 |
| 971 | 6366 | ROELANTS Tim | BRASSCHAAT | 24 | SEH | 298 | 0:46:19 | 11,66 | 5:09 |
| 972 | 3875 | VRIJENS Pieter | ANTWERPEN | 35 | M35 | 129 | 0:46:19 | 11,66 | 5:09 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|------------------|-----|-----|-------|---------|-------|---------|
| 973 | 1076 | VANPACHTENBEKE Floris | ANTWERPEN | 27 | SEH | 299 | 0:46:20 | 11,65 | 5:09 |
| 974 | 1077 | BECU Janna | ANTWERPEN | 29 | SEF | 117 | 0:46:21 | 11,65 | 5:09 |
| 975 | 2396 | PEETERS Mckenzie | WUUSTWEZEL | 12 | SEF | 118 | 0:46:22 | 11,65 | 5:09 |
| 976 | 2793 | VANHERCK Hilde | EKEREN | 48 | F45 | 31 | 0:46:23 | 11,64 | 5:09 |
| 977 | 5506 | DE VOS Gert | WESTERLO | 53 | M50 | 52 | 0:46:24 | 11,64 | 5:09 |
| 978 | 5127 | MASSART Michiel | HEFFEN | 24 | SEH | 300 | 0:46:24 | 11,64 | 5:09 |
| 979 | 2791 | JOOSEN Karin | EKEREN | 51 | F50 | 19 | 0:46:25 | 11,63 | 5:09 |
| 980 | 1659 | HENDRICKX Tommy | OLEN | 43 | M40 | 106 | 0:46:26 | 11,63 | 5:10 |
| 981 | 3643 | JENNES Jerry | DRONGEN | 31 | SEH | 301 | 0:46:26 | 11,63 | 5:10 |
| 982 | 3585 | LUCAS Sven | KAPellen | 41 | M40 | 107 | 0:46:27 | 11,63 | 5:10 |
| 983 | 3288 | VERMEERSCH Sofie | OOSTROZEBEKE | 37 | F35 | 42 | 0:46:27 | 11,63 | 5:10 |
| 984 | 3289 | COUSSENS Eveline | OOSTROZEBEKE | 33 | SEF | 119 | 0:46:28 | 11,62 | 5:10 |
| 985 | 1337 | FOLENS Geert | BRASSCHAAT | 53 | M50 | 53 | 0:46:28 | 11,62 | 5:10 |
| 986 | 4792 | VERSTREPEN Tim | HOBOKEN | 38 | M35 | 130 | 0:46:29 | 11,62 | 5:10 |
| 987 | 1561 | VOORINTHOLT Alike | ESSEN | 32 | SEF | 120 | 0:46:29 | 11,62 | 5:10 |
| 988 | 5146 | PEERAER Michiel | RIJKEVORSEL | 37 | M35 | 131 | 0:46:31 | 11,61 | 5:10 |
| 989 | 241 | PAUWELS Bart | WUUSTWEZEL | 31 | SEH | 302 | 0:46:32 | 11,60 | 5:10 |
| 990 | 3037 | HOFMANS Kris | WOMMELGEM | 34 | SEH | 303 | 0:46:33 | 11,60 | 5:10 |
| 991 | 2108 | JANSSENS Benny | MERKSEM | 36 | M35 | 132 | 0:46:33 | 11,60 | 5:10 |
| 992 | 3645 | CRAVERO Christophe | DEURNE | 34 | SEH | 304 | 0:46:35 | 11,59 | 5:11 |
| 993 | 5391 | DIJCKMANS Tom | WIJNEGEM | 41 | M40 | 108 | 0:46:35 | 11,59 | 5:11 |
| 994 | 2290 | SCHROONS Kelly | NIJLEN | 41 | F40 | 43 | 0:46:38 | 11,58 | 5:11 |
| 995 | 5048 | COLLARD Koen | LOKEREN | 52 | M50 | 54 | 0:46:39 | 11,58 | 5:11 |
| 996 | 1851 | GEUKENS Lander | BRASSCHAAT | 14 | SEH | 305 | 0:46:39 | 11,58 | 5:11 |
| 997 | 181 | BLOCKX Chloe | TURNHOUT | 21 | SEF | 121 | 0:46:40 | 11,57 | 5:11 |
| 998 | 3547 | HOPPAS Bart | ANTWERPEN | 33 | SEH | 306 | 0:46:41 | 11,57 | 5:11 |
| 999 | 182 | JESPERS Monique | RAVELS | 51 | F50 | 20 | 0:46:41 | 11,57 | 5:11 |
| 1000 | 3690 | STALPAERT Gert | WETTEREN | 50 | M50 | 55 | 0:46:41 | 11,57 | 5:11 |
| 1001 | 5987 | PILYSER Matthias | SCHOTEN | 25 | SEH | 307 | 0:46:42 | 11,56 | 5:11 |
| 1002 | 1850 | GEUKENS Tom | BRASSCHAAT | 42 | M40 | 109 | 0:46:44 | 11,55 | 5:12 |
| 1003 | 5392 | HERREMANS Jochem | ANWERPEN | 36 | M35 | 133 | 0:46:44 | 11,55 | 5:12 |
| 1004 | 987 | DIERCKENS Ilse | ZOERSEL | 46 | F45 | 32 | 0:46:45 | 11,55 | 5:12 |
| 1005 | 3688 | DHAENENS Danny | WETTEREN | 49 | M45 | 81 | 0:46:46 | 11,55 | 5:12 |
| 1006 | 5147 | VANSTEENBERGE Lode | RIJKEVORSEL | 39 | M35 | 134 | 0:46:46 | 11,55 | 5:12 |
| 1007 | 6884 | BERGHMANS Annemieke | LEUVEN | 56 | F55 | 14 | 0:46:49 | 11,53 | 5:12 |
| 1008 | 6446 | BIESEMANS Rogier | STEENHUFFEL | 25 | SEH | 308 | 0:46:49 | 11,53 | 5:12 |
| 1009 | 1235 | DE GROOTE Ria | SHELLE | 59 | F55 | 15 | 0:46:49 | 11,53 | 5:12 |
| 1010 | 592 | ELLEN Lucas | KONTICH | 37 | F35 | 43 | 0:46:49 | 11,53 | 5:12 |
| 1011 | 6933 | STEYLS Tom | ALKEN | 37 | M35 | 135 | 0:46:49 | 11,53 | 5:12 |
| 1012 | 4404 | LAURET Ken | WILRIJK | 31 | SEH | 309 | 0:46:50 | 11,53 | 5:12 |
| 1013 | 5393 | LOWYCK Mike | DEURNE | 36 | M35 | 136 | 0:46:51 | 11,53 | 5:12 |
| 1014 | 1745 | SCHUMANN Petra | HOBOKEN | 47 | F45 | 33 | 0:46:51 | 11,53 | 5:12 |
| 1015 | 6885 | VANDENBUSSCHE Yael | | 27 | SEF | 122 | 0:46:51 | 11,53 | 5:12 |
| 1016 | 3047 | BRICHAU Rudy | WOMMELGEM | 49 | M45 | 82 | 0:46:52 | 11,52 | 5:12 |
| 1017 | 5669 | DEBONDT Marijn | TURNHOUT | 25 | SEH | 310 | 0:46:52 | 11,52 | 5:12 |
| 1018 | 3442 | VAN SCHAIK Ronny | ANTWERPEN | 45 | M45 | 83 | 0:46:52 | 11,52 | 5:12 |
| 1019 | 4774 | VERRYCKEN Rens | HOBOKEN | 34 | SEH | 311 | 0:46:53 | 11,52 | 5:13 |
| 1020 | 6937 | THEUWIS Pieter | ALKEN | 30 | SEH | 312 | 0:46:54 | 11,51 | 5:13 |
| 1021 | 4905 | WENE Yves | HOBOKEN | 36 | M35 | 137 | 0:46:54 | 11,51 | 5:13 |
| 1022 | 3587 | GERNAEY Daniel | DEURNE | 53 | M50 | 56 | 0:46:55 | 11,51 | 5:13 |
| 1023 | 3414 | VANTOURNHOUT Jonathan | DEURNE | 28 | SEH | 313 | 0:46:55 | 11,51 | 5:13 |
| 1024 | 4438 | CLAES Niels | HEUSDEN ZOLDER | 28 | SEH | 314 | 0:46:56 | 11,51 | 5:13 |
| 1025 | 5775 | SELLESLAGH Sven | ANTWERPEN | 42 | M40 | 110 | 0:46:57 | 11,50 | 5:13 |
| 1026 | 3113 | VANHOVE Mathy | SINT-GILLIS-WAAS | 23 | SEH | 315 | 0:46:57 | 11,50 | 5:13 |
| 1027 | 5336 | TANCRÉ Dimitri | WEVELGEM | 28 | SEH | 316 | 0:46:59 | 11,49 | 5:13 |
| 1028 | 6367 | CANT Gina | HAASDONK | 51 | F50 | 21 | 0:47:00 | 11,49 | 5:13 |
| 1029 | 5607 | BULCKE Dafne | DAMME | 37 | F35 | 44 | 0:47:01 | 11,49 | 5:13 |
| 1030 | 3716 | HEYNDRICKX Sven | BEVEREN | 38 | M35 | 138 | 0:47:01 | 11,49 | 5:13 |
| 1031 | 5688 | CORNELIS David | LONDERZEEL | 26 | SEH | 317 | 0:47:02 | 11,48 | 5:14 |
| 1032 | 4874 | HUYSMANS Kevin | RAMSEL | 25 | SEH | 318 | 0:47:02 | 11,48 | 5:14 |
| 1033 | 5741 | VAN MIRLO Werner | ANTWERP | 47 | M45 | 84 | 0:47:02 | 11,48 | 5:14 |
| 1034 | 6889 | POLLE Glenn | HEVERLEE | 32 | SEH | 319 | 0:47:03 | 11,48 | 5:14 |
| 1035 | 4301 | SCHOONJANS Tim | OPHASSELT | 26 | SEH | 320 | 0:47:03 | 11,48 | 5:14 |
| 1036 | 6891 | GRIETEN Kevin | BERG | 33 | SEH | 321 | 0:47:04 | 11,47 | 5:14 |
| 1037 | 5713 | ERNST Xavier | JETTE | 31 | SEH | 322 | 0:47:05 | 11,47 | 5:14 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|-------------------|-----|-----|-------|---------|-------|---------|
| 1038 | 5554 | VAN ROMPAEY Tom | HEUSDEN ZOLDER | 37 | M35 | 139 | 0:47:05 | 11,47 | 5:14 |
| 1039 | 5652 | VANHEMEL W | HEUSDEN ZOLDER | 37 | M35 | 140 | 0:47:05 | 11,47 | 5:14 |
| 1040 | 6102 | DEMIR Halil Ibrahim | DEURNE | 49 | M45 | 85 | 0:47:06 | 11,46 | 5:14 |
| 1041 | 432 | PROMIL Christophe | KESSEL-LO | 37 | M35 | 141 | 0:47:06 | 11,46 | 5:14 |
| 1042 | 4898 | TEUGELS Kurt | BORSBEEK | 37 | M35 | 142 | 0:47:06 | 11,46 | 5:14 |
| 1043 | 6920 | VINGERHOETS Birgitte | SINT-JORIS-WINGE | 43 | F40 | 44 | 0:47:06 | 11,46 | 5:14 |
| 1044 | 1609 | DE SMEDT Hans | HUMBEEK | 48 | M45 | 86 | 0:47:07 | 11,46 | 5:14 |
| 1045 | 3024 | FOSTE Tim | DEURNE | 35 | M35 | 143 | 0:47:09 | 11,45 | 5:14 |
| 1046 | 3165 | BONGERS Zeno | HOVE | 13 | SEH | 323 | 0:47:10 | 11,45 | 5:14 |
| 1047 | 5792 | DE CLERCK Bruno | OEDELEM | 30 | SEH | 324 | 0:47:10 | 11,45 | 5:14 |
| 1048 | 82 | TIMMERMANS Peggy | HOBOKEN | 40 | F40 | 45 | 0:47:10 | 11,45 | 5:14 |
| 1049 | 264 | VAN DER HERTEN Inge | DEURNE | 29 | SEF | 123 | 0:47:10 | 11,45 | 5:14 |
| 1050 | 3593 | WILLEKENS Jan | KAPellen | 47 | M45 | 87 | 0:47:10 | 11,45 | 5:14 |
| 1051 | 5791 | DE CRAEMER Nick | ASSEBROEK | 35 | M35 | 144 | 0:47:11 | 11,44 | 5:15 |
| 1052 | 5682 | VAN DER PERRE Caroline | LONDERZEEL | 37 | F35 | 45 | 0:47:11 | 11,44 | 5:15 |
| 1053 | 2609 | VAN DOOREN Wendy | KESSEL | 33 | SEF | 124 | 0:47:11 | 11,44 | 5:15 |
| 1054 | 249 | CABELLO Sarina | DEURNE | 27 | SEF | 125 | 0:47:12 | 11,44 | 5:15 |
| 1055 | 4884 | ERPELS Heidi | ARENDONK | 47 | F45 | 34 | 0:47:12 | 11,44 | 5:15 |
| 1056 | 92 | CLERCKX Sophie | WOMMELGEM | 42 | F40 | 46 | 0:47:13 | 11,44 | 5:15 |
| 1057 | 2326 | DEVILLERS Sandrine | DAMME | 34 | SEF | 126 | 0:47:13 | 11,44 | 5:15 |
| 1058 | 2608 | VERCAMMEN Gert | KESSEL | 37 | M35 | 145 | 0:47:13 | 11,44 | 5:15 |
| 1059 | 3589 | LEYSSSENS Philip | EKEREN | 40 | M40 | 111 | 0:47:14 | 11,43 | 5:15 |
| 1060 | 1143 | VANDER HEYDEN Bernd | TREMELO | 52 | M50 | 57 | 0:47:14 | 11,43 | 5:15 |
| 1061 | 2327 | VANDERVELPEN An | BLANDEN | 33 | SEF | 127 | 0:47:14 | 11,43 | 5:15 |
| 1062 | 45 | VAN DE VEN Danny | WOMMELGEM | 45 | M45 | 88 | 0:47:15 | 11,43 | 5:15 |
| 1063 | 5265 | VIELFONT Luc | MORTSEL | 48 | M45 | 89 | 0:47:15 | 11,43 | 5:15 |
| 1064 | 6416 | BERNAERTS Johan | EKEREN | 34 | SEH | 325 | 0:47:16 | 11,42 | 5:15 |
| 1065 | 3164 | BONGERS Guy | HOVE | 54 | M50 | 58 | 0:47:16 | 11,42 | 5:15 |
| 1066 | 6035 | JANSSENS Mick | EKEREN | 50 | F50 | 22 | 0:47:16 | 11,42 | 5:15 |
| 1067 | 44 | VAN DE VEN Jodie | WOMMELGEM | 16 | SEF | 128 | 0:47:16 | 11,42 | 5:15 |
| 1068 | 3254 | BUGGENHOUT Christian | BEKKERZEEL | 46 | M45 | 90 | 0:47:17 | 11,42 | 5:15 |
| 1069 | 5194 | VANDERSTUIJF Donny | BEVEREN | 23 | SEH | 326 | 0:47:17 | 11,42 | 5:15 |
| 1070 | 3352 | DE COCK Petra | DUFFEL | 39 | F35 | 46 | 0:47:18 | 11,42 | 5:15 |
| 1071 | 5442 | DRIES Jean | NIEL | 43 | M40 | 112 | 0:47:18 | 11,42 | 5:15 |
| 1072 | 2546 | SPIESSENS Nick | HERENTALS | 22 | SEH | 327 | 0:47:18 | 11,42 | 5:15 |
| 1073 | 3353 | BAETEN Sabine | DUFFEL | 45 | F45 | 35 | 0:47:19 | 11,41 | 5:15 |
| 1074 | 2415 | PEYS Werner | LANGDORP | 44 | M40 | 113 | 0:47:19 | 11,41 | 5:15 |
| 1075 | 1603 | DE JONGHE Chiara | BURCHT | 25 | SEF | 129 | 0:47:20 | 11,41 | 5:16 |
| 1076 | 5965 | GALLET Gaetan | DEINZE | 19 | SEH | 328 | 0:47:20 | 11,41 | 5:16 |
| 1077 | 6558 | KOUBARI Challid | KINROOI | 38 | M35 | 146 | 0:47:20 | 11,41 | 5:16 |
| 1078 | 1601 | DE JONGHE Elke | BURCHT | 38 | F35 | 47 | 0:47:22 | 11,40 | 5:16 |
| 1079 | 3174 | JANSSENS Mieke | EREMBODEGEM | 34 | SEF | 130 | 0:47:22 | 11,40 | 5:16 |
| 1080 | 1289 | LAMBAERTS Kelly | HEIST-OP-DEN-BERG | 33 | SEF | 131 | 0:47:22 | 11,40 | 5:16 |
| 1081 | 5985 | MERTENS Jan | GROBBENDONK | 30 | SEH | 329 | 0:47:22 | 11,40 | 5:16 |
| 1082 | 1602 | VAN LINDEN Vera | BURCHT | 50 | F50 | 23 | 0:47:22 | 11,40 | 5:16 |
| 1083 | 3582 | DE CLEYN Stijn | KAPellen | 36 | M35 | 147 | 0:47:23 | 11,40 | 5:16 |
| 1084 | 808 | GOOSSENS Wendy | BOOSCHOT | 32 | SEF | 132 | 0:47:23 | 11,40 | 5:16 |
| 1085 | 2559 | PENA ORTIZ Sebastian | WIJNEGEM | 39 | M35 | 148 | 0:47:23 | 11,40 | 5:16 |
| 1086 | 5385 | LOUAGIE Jurgen | MORTSEL | 38 | M35 | 149 | 0:47:24 | 11,39 | 5:16 |
| 1087 | 5383 | NEUKERMANS Geert | WILRIJK | 45 | M45 | 91 | 0:47:24 | 11,39 | 5:16 |
| 1088 | 5427 | OOSTERS Racekip 2 | DEURNE | 28 | SEF | 133 | 0:47:24 | 11,39 | 5:16 |
| 1089 | 532 | WILMS Anke | GEEL | 31 | SEF | 134 | 0:47:24 | 11,39 | 5:16 |
| 1090 | 2560 | DE WINTER Sue | WIJNEGEM | 38 | F35 | 48 | 0:47:25 | 11,39 | 5:16 |
| 1091 | 6572 | LAURYSSSENS Tom | RYKEVORSEL | 38 | M35 | 150 | 0:47:25 | 11,39 | 5:16 |
| 1092 | 2394 | PEETERS Gert | WUUSTWEZEL | 39 | M35 | 151 | 0:47:25 | 11,39 | 5:16 |
| 1093 | 5494 | VANEYCKEN Levi | STEENOKKERZEEL | 35 | M35 | 152 | 0:47:27 | 11,38 | 5:16 |
| 1094 | 1788 | KUYSTERMANS Sabine | SCHOTEN | 43 | F40 | 47 | 0:47:29 | 11,37 | 5:17 |
| 1095 | 4308 | LOUWETTE Pieter | OPVELP | 50 | M50 | 59 | 0:47:29 | 11,37 | 5:17 |
| 1096 | 5151 | PLEYSIER Willem | RIJKEVORSEL | 37 | M35 | 153 | 0:47:29 | 11,37 | 5:17 |
| 1097 | 1790 | MERTENS Linda | SCHOTEN | 44 | F40 | 48 | 0:47:30 | 11,37 | 5:17 |
| 1098 | 321 | ROBBERECHTS Anik | HALLE-ZOERSEL | 36 | F35 | 49 | 0:47:30 | 11,37 | 5:17 |
| 1099 | 5152 | VAN LOOY Sven | RIJKEVORSEL | 37 | M35 | 154 | 0:47:31 | 11,36 | 5:17 |
| 1100 | 5195 | VANDERSTUIJF Nicky | BEVEREN | 25 | SEH | 330 | 0:47:32 | 11,36 | 5:17 |
| 1101 | 459 | DEN DOOVEN Koen | SCHILDE | 57 | M55 | 31 | 0:47:33 | 11,36 | 5:17 |
| 1102 | 4795 | VAN DER STAM Jeroen | KONTICH | 23 | SEH | 331 | 0:47:33 | 11,36 | 5:17 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|-------------------|-----|-----|-------|---------|-------|---------|
| 1103 | 1410 | ACHTERGAEL Xander | DEURNE | 15 | SEH | 332 | 0:47:34 | 11,35 | 5:17 |
| 1104 | 117 | VANNOTTEN Luc | ROESELARE | 47 | M45 | 92 | 0:47:35 | 11,35 | 5:17 |
| 1105 | 2313 | BERWOUTS Marc | NEVELE | 58 | M55 | 32 | 0:47:36 | 11,34 | 5:17 |
| 1106 | 2312 | BERWOUTS Leen | NEVELE | 20 | SEF | 135 | 0:47:37 | 11,34 | 5:17 |
| 1107 | 3157 | EMMERECHTS Stefan | ANTWERPEN | 53 | M50 | 60 | 0:47:37 | 11,34 | 5:17 |
| 1108 | 2314 | BERWOUTS Stefanie | NEVELE | 25 | SEF | 136 | 0:47:38 | 11,34 | 5:18 |
| 1109 | 3705 | ENGELLEN Kris | RAMSEL | 42 | M40 | 114 | 0:47:38 | 11,34 | 5:18 |
| 1110 | 6083 | QUINTELIER Sam | WILSELE | 27 | SEH | 333 | 0:47:38 | 11,34 | 5:18 |
| 1111 | 4270 | ROSSENU Stefaan | LOVENDEGEM | 43 | M40 | 115 | 0:47:38 | 11,34 | 5:18 |
| 1112 | 355 | VAN HOOFFSTAT Stefan | BOOM | 33 | SEH | 334 | 0:47:38 | 11,34 | 5:18 |
| 1113 | 3160 | VERCAMMEN Danny | KONTICH | 50 | M50 | 61 | 0:47:38 | 11,34 | 5:18 |
| 1114 | 5814 | DELSTANCHE Laurent | BORNEM | 38 | M35 | 155 | 0:47:39 | 11,33 | 5:18 |
| 1115 | 2070 | MANNAERTS Martine | MELSELE | 35 | F35 | 50 | 0:47:39 | 11,33 | 5:18 |
| 1116 | 6236 | MATTYS Wim | BRECHT | 26 | SEH | 335 | 0:47:39 | 11,33 | 5:18 |
| 1117 | 3159 | VERCAMMEN Tess | KONTICH | 21 | SEF | 137 | 0:47:39 | 11,33 | 5:18 |
| 1118 | 3161 | ABTS Sofie | MORTSEL | 36 | F35 | 51 | 0:47:40 | 11,33 | 5:18 |
| 1119 | 5972 | DE VLIEGERE Thomas | SCHOTEN | 26 | SEH | 336 | 0:47:40 | 11,33 | 5:18 |
| 1120 | 3138 | DE MEULDER Nicole | SCHOTEN | 51 | F50 | 24 | 0:47:41 | 11,32 | 5:18 |
| 1121 | 3501 | DE VRIEZE Bart | LEMBEKE | 46 | M45 | 93 | 0:47:41 | 11,32 | 5:18 |
| 1122 | 356 | GEERAERTS Caroline | REET | 32 | SEF | 138 | 0:47:41 | 11,32 | 5:18 |
| 1123 | 3758 | LELOUP Philippe | EKEREN | 38 | M35 | 156 | 0:47:41 | 11,32 | 5:18 |
| 1124 | 4188 | SORET Guido | BRASSCHAAT | 52 | M50 | 62 | 0:47:41 | 11,32 | 5:18 |
| 1125 | 3114 | BOLLEN Christophe | KAPellen | 30 | SEH | 337 | 0:47:42 | 11,32 | 5:18 |
| 1126 | 6365 | BUYSSSENS Marjolein | HAASDONK | 14 | SEF | 139 | 0:47:42 | 11,32 | 5:18 |
| 1127 | 3139 | PEETERS Patrick | SCHOTEN | 55 | M55 | 33 | 0:47:42 | 11,32 | 5:18 |
| 1128 | 428 | LAVAERTS Wim | KESSEL-LO | 45 | M45 | 94 | 0:47:45 | 11,31 | 5:18 |
| 1129 | 4037 | STOFFELEN Jens | WUUSTWEZEL | 17 | SEH | 338 | 0:47:46 | 11,30 | 5:18 |
| 1130 | 2892 | VAN BALLART Hilde | DUFFEL | 48 | F45 | 36 | 0:47:46 | 11,30 | 5:18 |
| 1131 | 4982 | MINNEKENS Kurt | KESSEL | 42 | M40 | 116 | 0:47:47 | 11,30 | 5:19 |
| 1132 | 2072 | VAN DEN BOGAERT Annick | BEVEREN | 37 | F35 | 52 | 0:47:47 | 11,30 | 5:19 |
| 1133 | 2262 | CNAEPKENS Koen | WOMMELGEM | 28 | SEH | 339 | 0:47:48 | 11,30 | 5:19 |
| 1134 | 4192 | ENGELLEN Steven | ZELEM | 43 | M40 | 117 | 0:47:48 | 11,30 | 5:19 |
| 1135 | 3764 | GIJSEN Jany | OELEGEM | 33 | SEH | 340 | 0:47:48 | 11,30 | 5:19 |
| 1136 | 4981 | VANHOUT Pascal | LIER | 42 | M40 | 118 | 0:47:48 | 11,30 | 5:19 |
| 1137 | 2422 | BEEKMAN Nathalie | STEKENE | 32 | SEF | 140 | 0:47:49 | 11,29 | 5:19 |
| 1138 | 3700 | NACKAERTS Hans | RAMSEL | 48 | M45 | 95 | 0:47:49 | 11,29 | 5:19 |
| 1139 | 4268 | STUYCKENS Kim | HEIST-OP-DEN-BERG | 35 | M35 | 157 | 0:47:49 | 11,29 | 5:19 |
| 1140 | 2073 | VERCAUTEREN Mauro | BEVEREN | 9 | SEH | 341 | 0:47:49 | 11,29 | 5:19 |
| 1141 | 2515 | DE WILDE Jimmy | GENK | 39 | M35 | 158 | 0:47:50 | 11,29 | 5:19 |
| 1142 | 263 | HAAZEN Olivier | DEURNE | 29 | SEH | 342 | 0:47:50 | 11,29 | 5:19 |
| 1143 | 1209 | BROUWERS Rutger | ANTWERPEN | 27 | SEH | 343 | 0:47:52 | 11,28 | 5:19 |
| 1144 | 4190 | VERSCHUEREN Bart | MERKSEM | 15 | SEH | 344 | 0:47:52 | 11,28 | 5:19 |
| 1145 | 3615 | HENRARD Robin | DEURNE | 31 | SEH | 345 | 0:47:53 | 11,28 | 5:19 |
| 1146 | 250 | VAN DE PAS Joeri | DEURNE | 29 | SEH | 346 | 0:47:53 | 11,28 | 5:19 |
| 1147 | 3722 | VAN LAETHEM Philip | BEVEREN | 38 | M35 | 159 | 0:47:53 | 11,28 | 5:19 |
| 1148 | 3612 | MACHIELS Jochem | DEURNE | 27 | SEH | 347 | 0:47:54 | 11,27 | 5:19 |
| 1149 | 4214 | MERCKX Chris | HAACHT | 39 | M35 | 160 | 0:47:55 | 11,27 | 5:19 |
| 1150 | 6921 | VAN TICHELEN Ria | SINT-JORIS-WINGE | 44 | F40 | 49 | 0:47:56 | 11,27 | 5:20 |
| 1151 | 803 | DE BOECK Giverny | KAPellen | 25 | SEF | 141 | 0:47:59 | 11,25 | 5:20 |
| 1152 | 4260 | DECOCK Vincent | TIELT | 30 | SEH | 348 | 0:47:59 | 11,25 | 5:20 |
| 1153 | 1568 | LOOS Jon | ANTWERPEN | 34 | SEH | 349 | 0:47:59 | 11,25 | 5:20 |
| 1154 | 4276 | DECOCK Stephane | TIELT | 36 | M35 | 161 | 0:48:00 | 11,25 | 5:20 |
| 1155 | 5945 | JANSSSENS Alain | KORTRIJK-DUTSEL | 52 | M50 | 63 | 0:48:00 | 11,25 | 5:20 |
| 1156 | 834 | VAN BELLEGHEM Didier | TEMSE | 33 | SEH | 350 | 0:48:00 | 11,25 | 5:20 |
| 1157 | 4281 | VERBOVEN Thomas | BRASSCHAAT | 27 | SEH | 351 | 0:48:00 | 11,25 | 5:20 |
| 1158 | 2571 | MEIRSMAN J | HOBOKEN | 14 | SEH | 352 | 0:48:01 | 11,25 | 5:20 |
| 1159 | 1842 | JANSSSEN Ivo | KEERBERGEN | 49 | M45 | 96 | 0:48:02 | 11,24 | 5:20 |
| 1160 | 4456 | PROOST Wim | DEURNE | 33 | SEH | 353 | 0:48:03 | 11,24 | 5:20 |
| 1161 | 2447 | WAUTERS Carlo | OUD-HEVERLEE | 58 | M55 | 34 | 0:48:03 | 11,24 | 5:20 |
| 1162 | 1951 | BRUYNINX Sarah | KONTICH | 23 | SEF | 142 | 0:48:04 | 11,23 | 5:20 |
| 1163 | 1052 | PEETERS Charlotte | GENT | 27 | SEF | 143 | 0:48:04 | 11,23 | 5:20 |
| 1164 | 1030 | GOOSSENS Els | BURCHT | 50 | F50 | 25 | 0:48:05 | 11,23 | 5:21 |
| 1165 | 831 | LEMMENS Lieven | PAAL | 28 | SEH | 354 | 0:48:05 | 11,23 | 5:21 |
| 1166 | 1576 | VAN LENT Sarah | TERHAGEN | 27 | SEF | 144 | 0:48:05 | 11,23 | 5:21 |
| 1167 | 4974 | GOEMINNE Thomas | BRUSSEL | 40 | M40 | 119 | 0:48:06 | 11,23 | 5:21 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|---------------------------|--------------------|-----|-----|-------|---------|-------|---------|
| 1168 | 6890 | PAUWELS Koen | EDEGEM | 25 | SEH | 355 | 0:48:06 | 11,23 | 5:21 |
| 1169 | 2441 | VITTIGLIO Guido | HEMIKSEM | 47 | M45 | 97 | 0:48:06 | 11,23 | 5:21 |
| 1170 | 2384 | AERTS Kenny | TESTELT | 35 | M35 | 162 | 0:48:07 | 11,22 | 5:21 |
| 1171 | 2383 | DE WEL Kevin | BEGIJNENDIJK | 33 | SEH | 356 | 0:48:07 | 11,22 | 5:21 |
| 1172 | 5654 | DE JAGER Chris | VLEUTEN | 36 | M35 | 163 | 0:48:08 | 11,22 | 5:21 |
| 1173 | 829 | SNYDERS Geert | NEERGLABEEK | 40 | M40 | 120 | 0:48:08 | 11,22 | 5:21 |
| 1174 | 1272 | VERVAET Sabine | SCHOTEN | 52 | F50 | 26 | 0:48:09 | 11,21 | 5:21 |
| 1175 | 1641 | CARREIN Sigi | ANTWERPEN | 29 | SEF | 145 | 0:48:11 | 11,21 | 5:21 |
| 1176 | 116 | JACOBS Marianne | WILRIJK | 50 | F50 | 27 | 0:48:11 | 11,21 | 5:21 |
| 1177 | 341 | MONDELAERS Evi | MEERHOUT | 38 | F35 | 53 | 0:48:11 | 11,21 | 5:21 |
| 1178 | 5255 | ROS Enrico | OUDENAARDE | 28 | SEH | 357 | 0:48:11 | 11,21 | 5:21 |
| 1179 | 4159 | VERSNAEYEN Frederique | SINT-NIKLAAS | 31 | SEH | 358 | 0:48:11 | 11,21 | 5:21 |
| 1180 | 2658 | HEYMAN Ellen | SINAAI-WAAS | 35 | F35 | 54 | 0:48:12 | 11,20 | 5:21 |
| 1181 | 5316 | VERSCHRAEGE Niels | BRASSCHAAT | 31 | SEH | 359 | 0:48:13 | 11,20 | 5:21 |
| 1182 | 6117 | BOS Mark | BRECHT | 48 | M45 | 98 | 0:48:14 | 11,20 | 5:22 |
| 1183 | 2385 | CLAESSENS Karen | SHELLE | 41 | F40 | 50 | 0:48:14 | 11,20 | 5:22 |
| 1184 | 6110 | IVO Chrisje | KNOKKE | 64 | F60 | 4 | 0:48:14 | 11,20 | 5:22 |
| 1185 | 256 | RECOUR Koen | ASSE | 45 | M45 | 99 | 0:48:14 | 11,20 | 5:22 |
| 1186 | 6116 | BOS Kevin | BRECHT | 17 | SEH | 360 | 0:48:15 | 11,19 | 5:22 |
| 1187 | 2656 | CLAESSEN Rudy | BEVEREN-WAAS | 54 | M50 | 64 | 0:48:15 | 11,19 | 5:22 |
| 1188 | 5172 | LIEKENS Kris | ELEWIJT | 44 | M40 | 121 | 0:48:16 | 11,19 | 5:22 |
| 1189 | 6067 | VAN KELST Ronald | BONHEIDEN | 47 | M45 | 100 | 0:48:16 | 11,19 | 5:22 |
| 1190 | 555 | GOOSSENS Mirka | DEURNE | 37 | F35 | 55 | 0:48:17 | 11,18 | 5:22 |
| 1191 | 6086 | SPIESSENS Koen | BOOM | 38 | M35 | 164 | 0:48:17 | 11,18 | 5:22 |
| 1192 | 4282 | DAEMEN Frederik | LOENHOUT | 33 | SEH | 361 | 0:48:18 | 11,18 | 5:22 |
| 1193 | 6007 | DE MEYER Peter | EDEGEM | 37 | M35 | 165 | 0:48:19 | 11,18 | 5:22 |
| 1194 | 2655 | DE WEVER Dave | DEURNE | 35 | M35 | 166 | 0:48:19 | 11,18 | 5:22 |
| 1195 | 6893 | PEETERS Kenny | BOOM | 29 | SEH | 362 | 0:48:19 | 11,18 | 5:22 |
| 1196 | 2805 | VECCHIARINO Patrick | DEURNE (ANTWERPEN) | 39 | M35 | 167 | 0:48:20 | 11,17 | 5:22 |
| 1197 | 6068 | PEETERS Patricia | VILVOORDE | 46 | F45 | 37 | 0:48:21 | 11,17 | 5:22 |
| 1198 | 5924 | TOPS Benny | ARENDONK | 42 | M40 | 122 | 0:48:21 | 11,17 | 5:22 |
| 1199 | 869 | VERNIMMEN Caroline | BELSELE | 35 | F35 | 56 | 0:48:21 | 11,17 | 5:22 |
| 1200 | 3898 | DIELEMAN Gery | BELSELE | 52 | M50 | 65 | 0:48:22 | 11,16 | 5:22 |
| 1201 | 6098 | ENGELLEN Stephan | EDEGEM | 51 | M50 | 66 | 0:48:22 | 11,16 | 5:22 |
| 1202 | 952 | HEYNDRICKX Annick | STEKENE | 46 | F45 | 38 | 0:48:22 | 11,16 | 5:22 |
| 1203 | 5849 | PLOEM Marijn | MAASMECHELEN | 37 | M35 | 168 | 0:48:22 | 11,16 | 5:22 |
| 1204 | 3418 | D'HONDT Wouter | LINT | 24 | SEH | 363 | 0:48:23 | 11,16 | 5:23 |
| 1205 | 5815 | VAN ERMEN Boris | BEGIJNENDIJK | 29 | SEH | 364 | 0:48:23 | 11,16 | 5:23 |
| 1206 | 1509 | VAN HIMSTE Joli | STEKENE | 21 | SEF | 146 | 0:48:23 | 11,16 | 5:23 |
| 1207 | 1657 | GORIS Kenneth | ANTWERPEN | 28 | SEH | 365 | 0:48:25 | 11,15 | 5:23 |
| 1208 | 2940 | BEYERS Ellen | ANTWERPEN | 28 | SEF | 147 | 0:48:26 | 11,15 | 5:23 |
| 1209 | 3021 | SCHILDERS Larissa | ZOERSEL | 28 | SEF | 148 | 0:48:27 | 11,15 | 5:23 |
| 1210 | 6143 | VERSWYVELD Stefan | HOEVENEN | 32 | SEH | 366 | 0:48:27 | 11,15 | 5:23 |
| 1211 | 5566 | STAELENS Laurens | ADEGEM | 37 | M35 | 169 | 0:48:28 | 11,14 | 5:23 |
| 1212 | 1462 | BECQUAERT Cathy | HAASDONK | 37 | F35 | 57 | 0:48:29 | 11,14 | 5:23 |
| 1213 | 1461 | VANDEPERRE Victor | HAASDONK | 11 | SEH | 367 | 0:48:29 | 11,14 | 5:23 |
| 1214 | 6428 | BACHOT Tomas | ZOERSEL | 26 | SEH | 368 | 0:48:30 | 11,13 | 5:23 |
| 1215 | 1406 | DE WEERT Dorien | SCHILDE | 26 | SEF | 149 | 0:48:30 | 11,13 | 5:23 |
| 1216 | 1801 | GOEGEBEUR Sylvia | ANTWERPEN | 35 | F35 | 58 | 0:48:31 | 11,13 | 5:23 |
| 1217 | 1802 | VAN DE VELDE Kitta | BERENDRECHT | 42 | F40 | 51 | 0:48:31 | 11,13 | 5:23 |
| 1218 | 990 | PIJPEN Laurence | WEZEMBEEK OPPEM | 40 | F40 | 52 | 0:48:32 | 11,13 | 5:24 |
| 1219 | 1273 | AUGUSTYNS Leen | MERKSEM | 49 | F45 | 39 | 0:48:35 | 11,11 | 5:24 |
| 1220 | 3795 | DOCKX Philip | BORGERHOUT | 29 | SEH | 369 | 0:48:35 | 11,11 | 5:24 |
| 1221 | 4728 | MESANS Tibo | TEMSE | 15 | SEH | 370 | 0:48:35 | 11,11 | 5:24 |
| 1222 | 623 | VERHOEVEN An | RIJKEVORSEL | 32 | SEF | 150 | 0:48:35 | 11,11 | 5:24 |
| 1223 | 4827 | BOSSCHAERT Piet | EELKLO | 49 | M45 | 101 | 0:48:36 | 11,11 | 5:24 |
| 1224 | 3794 | SAHLI Chadia | HOBOKEN | 23 | SEF | 151 | 0:48:36 | 11,11 | 5:24 |
| 1225 | 5 | MEIJERS Jacqueline | HOEDEKENSKERKE | 42 | F40 | 53 | 0:48:37 | 11,11 | 5:24 |
| 1226 | 645 | VERHOEVEN Johan | RIJKEVORSEL | 37 | M35 | 170 | 0:48:37 | 11,11 | 5:24 |
| 1227 | 6364 | BRESSELEERS Marc Marcel | SCHOTEN | 56 | M55 | 35 | 0:48:38 | 11,10 | 5:24 |
| 1228 | 5350 | VAN MASSENHOVEN Eddy | DESSEL | 50 | M50 | 67 | 0:48:38 | 11,10 | 5:24 |
| 1229 | 3583 | YSERBYT Kurt | PUURS | 36 | M35 | 171 | 0:48:38 | 11,10 | 5:24 |
| 1230 | 887 | VAN DIJCK Dorien | ANTWERPEN | 27 | SEF | 152 | 0:48:39 | 11,10 | 5:24 |
| 1231 | 3796 | BASTIANEN Jarl | LEUVEN | 29 | SEH | 371 | 0:48:40 | 11,10 | 5:24 |
| 1232 | 4789 | GONZALEZ FERNANDEZ Miguel | HOBOKEN | 31 | SEH | 372 | 0:48:41 | 11,09 | 5:25 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|----------------------|--------------------|-----|-----|-------|---------|-------|---------|
| 1233 | 5088 | DE KEULENAER Kristof | ZOERSEL | 23 | SEH | 373 | 0:48:42 | 11,09 | 5:25 |
| 1234 | 1412 | MARTIN Sabine | DEURNE | 42 | F40 | 54 | 0:48:42 | 11,09 | 5:25 |
| 1235 | 6048 | RAMIOUL Sander | BIERBEEK | 30 | SEH | 374 | 0:48:42 | 11,09 | 5:25 |
| 1236 | 164 | CODDENS Kristien | HOEVENEN | 40 | F40 | 55 | 0:48:43 | 11,08 | 5:25 |
| 1237 | 4383 | MERTENS Tom | SCHILDE | 37 | M35 | 172 | 0:48:43 | 11,08 | 5:25 |
| 1238 | 598 | VAN DE POEL Tom | WILRIJK | 40 | M40 | 123 | 0:48:43 | 11,08 | 5:25 |
| 1239 | 4208 | JENNEKENS Ivo | ZOERSEL | 50 | M50 | 68 | 0:48:44 | 11,08 | 5:25 |
| 1240 | 273 | DE BACKER Steven | DEURNE | 37 | M35 | 173 | 0:48:45 | 11,08 | 5:25 |
| 1241 | 6895 | STOFFELEN Yannick | DEURNE | 28 | SEH | 375 | 0:48:46 | 11,07 | 5:25 |
| 1242 | 6444 | KEERSSE Carlo | BORCHTLOMBEEK | 45 | M45 | 102 | 0:48:47 | 11,07 | 5:25 |
| 1243 | 6130 | BERGHMANS Simon | KEERBERGEN | 22 | SEH | 376 | 0:48:48 | 11,07 | 5:25 |
| 1244 | 3129 | FRANCKX Reinout | PULDERBOS | 32 | SEH | 377 | 0:48:48 | 11,07 | 5:25 |
| 1245 | 450 | THIELEMANS Inse | LEBBEKE | 36 | F35 | 59 | 0:48:48 | 11,07 | 5:25 |
| 1246 | 6218 | VAN ACKER Frederik | GENT | 30 | SEH | 378 | 0:48:48 | 11,07 | 5:25 |
| 1247 | 4249 | VERHAEGEN Mario | BALEN | 46 | M45 | 103 | 0:48:48 | 11,07 | 5:25 |
| 1248 | 3351 | PELSER Ive | BRASSCHAAT | 37 | M35 | 174 | 0:48:49 | 11,06 | 5:25 |
| 1249 | 1408 | RAMAKERS Marleen | KAPellen | 24 | SEF | 153 | 0:48:49 | 11,06 | 5:25 |
| 1250 | 5335 | VAN BEVER Stijn | KONTICH | 37 | M35 | 175 | 0:48:49 | 11,06 | 5:25 |
| 1251 | 3917 | ENGELen Charlotte | LAAKDAL | 27 | SEF | 154 | 0:48:50 | 11,06 | 5:26 |
| 1252 | 4680 | OORTS Gert | PULDERBOS | 34 | SEH | 379 | 0:48:50 | 11,06 | 5:26 |
| 1253 | 5723 | VAN DE VONDEL Marc | ANTWERPEN | 44 | M40 | 124 | 0:48:50 | 11,06 | 5:26 |
| 1254 | 4935 | VAN LOOCK Geert | SCHRIEK | 43 | M40 | 125 | 0:48:50 | 11,06 | 5:26 |
| 1255 | 4963 | DE MEESTER Lieven | KEERBERGEN | 44 | M40 | 126 | 0:48:51 | 11,05 | 5:26 |
| 1256 | 4579 | MINGEROET Luc | SINT-NIKLAAS | 56 | M55 | 36 | 0:48:51 | 11,05 | 5:26 |
| 1257 | 1822 | MONTALTO Gaella | DEURNE | 17 | SEF | 155 | 0:48:51 | 11,05 | 5:26 |
| 1258 | 4450 | VEN Raf | KOERSEL | 37 | M35 | 176 | 0:48:51 | 11,05 | 5:26 |
| 1259 | 931 | VERDUYN Annick | SCHOTEN | 41 | F40 | 56 | 0:48:51 | 11,05 | 5:26 |
| 1260 | 4144 | WOUTERS Werner | BERENDRECHT | 33 | SEH | 380 | 0:48:51 | 11,05 | 5:26 |
| 1261 | 4588 | DE BRUYNE Peter | KIELDRECHT | 31 | SEH | 381 | 0:48:52 | 11,05 | 5:26 |
| 1262 | 5009 | BROECKHOVEN Kris | BEERZEL | 34 | SEH | 382 | 0:48:53 | 11,05 | 5:26 |
| 1263 | 3575 | DE KEYSER Filip | WESTMALLE | 43 | M40 | 127 | 0:48:53 | 11,05 | 5:26 |
| 1264 | 4341 | MOONS Katrien | MORTSEL | 33 | SEF | 156 | 0:48:53 | 11,05 | 5:26 |
| 1265 | 1970 | VAN BOVEN Mark | SCHOTEN | 46 | M45 | 104 | 0:48:55 | 11,04 | 5:26 |
| 1266 | 1661 | PLOCKI Greet | GEEL | 43 | F40 | 57 | 0:48:56 | 11,04 | 5:26 |
| 1267 | 2867 | VANHERCK Daniel | BERCHEM | 51 | M50 | 69 | 0:48:56 | 11,04 | 5:26 |
| 1268 | 4345 | DAUWEN Roel | PULDERBOS | 35 | M35 | 177 | 0:48:57 | 11,03 | 5:26 |
| 1269 | 5158 | SPAPEN Steven | MACHELEN | 27 | SEH | 383 | 0:48:57 | 11,03 | 5:26 |
| 1270 | 3778 | VAN DAMME Elke | BILZEN | 50 | F50 | 28 | 0:48:57 | 11,03 | 5:26 |
| 1271 | 203 | VERSTUYFT Johan | MORTSEL | 39 | M35 | 178 | 0:48:58 | 11,03 | 5:26 |
| 1272 | 3642 | NEGUSSIE Senai | MERKSEM | 30 | SEH | 384 | 0:48:59 | 11,02 | 5:27 |
| 1273 | 536 | STRUYF Philip | DEURNE | 33 | SEH | 385 | 0:48:59 | 11,02 | 5:27 |
| 1274 | 5962 | CLAESSEN Sam | DEURNE | 17 | SEH | 386 | 0:49:00 | 11,02 | 5:27 |
| 1275 | 3249 | MAES Hanne | BORGERHOUT | 27 | SEF | 157 | 0:49:00 | 11,02 | 5:27 |
| 1276 | 4215 | MIEREMET Sarah | HAACHT | 33 | SEF | 158 | 0:49:00 | 11,02 | 5:27 |
| 1277 | 4580 | MINGEROET Nona | SINT-NIKLAAS | 30 | SEF | 159 | 0:49:00 | 11,02 | 5:27 |
| 1278 | 3250 | DELCOUR Gaëlla | VRASENE | 32 | SEF | 160 | 0:49:01 | 11,02 | 5:27 |
| 1279 | 3251 | DAMEN Han | VRASENE | 38 | M35 | 179 | 0:49:02 | 11,01 | 5:27 |
| 1280 | 3879 | HERBOSCH Erik | ANTWERPEN | 35 | M35 | 180 | 0:49:02 | 11,01 | 5:27 |
| 1281 | 5159 | ROELANTS Sam | ANTWERPEN | 27 | SEH | 387 | 0:49:02 | 11,01 | 5:27 |
| 1282 | 2493 | VANZURPELE Renier | MALLE | 39 | F35 | 60 | 0:49:02 | 11,01 | 5:27 |
| 1283 | 1630 | ALLAERTS Kevin | GROBBENDONK | 16 | SEH | 388 | 0:49:03 | 11,01 | 5:27 |
| 1284 | 5690 | KESTELOOT Kristiaan | DEURNE | 63 | M60 | 11 | 0:49:03 | 11,01 | 5:27 |
| 1285 | 1472 | VAN BELLE Benny | DEURNE | 31 | SEH | 389 | 0:49:04 | 11,01 | 5:27 |
| 1286 | 5700 | DEWITTE Bavo | ZOERSEL | 46 | M45 | 105 | 0:49:05 | 11,00 | 5:27 |
| 1287 | 3832 | RENDERS Luc | LOMMEL | 51 | M50 | 70 | 0:49:05 | 11,00 | 5:27 |
| 1288 | 3550 | VAN DYCK Ben | ANTWERPEN | 39 | M35 | 181 | 0:49:05 | 11,00 | 5:27 |
| 1289 | 81 | CAENBERGHS Kristel | DIEST | 36 | F35 | 61 | 0:49:06 | 11,00 | 5:27 |
| 1290 | 2792 | ANTHONI Ilse | LINT | 48 | F45 | 40 | 0:49:07 | 10,99 | 5:27 |
| 1291 | 6549 | BORTELS Luc | SINT-GENESIUS-RODE | 54 | M50 | 71 | 0:49:08 | 10,99 | 5:28 |
| 1292 | 2766 | DAEMS Jet | ANTWERPEN | 46 | F45 | 41 | 0:49:08 | 10,99 | 5:28 |
| 1293 | 5699 | DEWITTE Erik | SCHOTEN | 43 | M40 | 128 | 0:49:08 | 10,99 | 5:28 |
| 1294 | 80 | RENIERS Inne | ASSENT | 36 | F35 | 62 | 0:49:08 | 10,99 | 5:28 |
| 1295 | 3765 | EL BAROUDI Abdellah | ANTWERPEN | 30 | SEH | 390 | 0:49:09 | 10,99 | 5:28 |
| 1296 | 2059 | ALEN Simon | KESSEL | 19 | SEH | 391 | 0:49:10 | 10,98 | 5:28 |
| 1297 | 11 | VAN NOTEN Berend | EDEGEM | 10 | SEH | 392 | 0:49:10 | 10,98 | 5:28 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|---------------------------|-------------------|-----|-----|-------|---------|-------|---------|
| 1298 | 5518 | LENS Laurens | OULD-HEVERLEE | 32 | SEH | 393 | 0:49:11 | 10,98 | 5:28 |
| 1299 | 2613 | PIJNENBORG Hilde | BORNEM | 42 | F40 | 58 | 0:49:11 | 10,98 | 5:28 |
| 1300 | 4287 | SMEDTS Ellen | NIJLEN | 34 | SEF | 161 | 0:49:11 | 10,98 | 5:28 |
| 1301 | 2223 | VAN DE PERRE Thomas | ZWIJNDRECHT | 35 | M35 | 182 | 0:49:11 | 10,98 | 5:28 |
| 1302 | 819 | LADOS Eric | ITTERBEEK | 42 | M40 | 129 | 0:49:12 | 10,98 | 5:28 |
| 1303 | 727 | GUERIN Danny | DEURNE | 45 | M45 | 106 | 0:49:13 | 10,97 | 5:28 |
| 1304 | 1013 | HUYSMAN Ellen | LIER | 29 | SEF | 162 | 0:49:13 | 10,97 | 5:28 |
| 1305 | 2479 | VERRESEN Berre | MALLE | 13 | SEH | 394 | 0:49:13 | 10,97 | 5:28 |
| 1306 | 4650 | LE HONG Quang | BRUXELLES | 45 | M45 | 107 | 0:49:14 | 10,97 | 5:28 |
| 1307 | 308 | VAN BUEL Stefan | BORGERHOUT | 41 | M40 | 130 | 0:49:14 | 10,97 | 5:28 |
| 1308 | 1009 | LECLERCQ Sandra | KESSEL | 40 | F40 | 59 | 0:49:15 | 10,96 | 5:28 |
| 1309 | 1847 | RODRIGUEZ Maria | DEURNE | 45 | F45 | 42 | 0:49:15 | 10,96 | 5:28 |
| 1310 | 1856 | VAN HONSTÉ Aitana | DEURNE | 12 | SEF | 163 | 0:49:15 | 10,96 | 5:28 |
| 1311 | 818 | AMPOORTER Liesbet | ITTERBEEK | 45 | F45 | 43 | 0:49:16 | 10,96 | 5:28 |
| 1312 | 2520 | COLLIER Jurgen | BOECHOUT | 39 | M35 | 183 | 0:49:16 | 10,96 | 5:28 |
| 1313 | 13 | VAN NOTEN Alain | EDEGEM | 42 | M40 | 131 | 0:49:16 | 10,96 | 5:28 |
| 1314 | 10 | VAN NOTEN Yorben | EDEGEM | 12 | SEH | 395 | 0:49:16 | 10,96 | 5:28 |
| 1315 | 1163 | VANLIERDE Els | SCHEPDAAL | 41 | F40 | 60 | 0:49:16 | 10,96 | 5:28 |
| 1316 | 4179 | BRYSSINCK Els | BONHEIDEN | 33 | SEF | 164 | 0:49:17 | 10,96 | 5:29 |
| 1317 | 6225 | DETHOOR Frederic | BERCHEM | 49 | M45 | 108 | 0:49:17 | 10,96 | 5:29 |
| 1318 | 2525 | VERHEYEN Tim | LINT | 31 | SEH | 396 | 0:49:17 | 10,96 | 5:29 |
| 1319 | 6224 | DETHOOR Luis | BERCHEM | 9 | SEH | 397 | 0:49:18 | 10,95 | 5:29 |
| 1320 | 5672 | VAN DEN AUDENAERDE Xavier | KAPellen | 33 | SEH | 398 | 0:49:18 | 10,95 | 5:29 |
| 1321 | 921 | LAMBRECHTS Christophe | OULD-TURNHOUT | 29 | SEH | 399 | 0:49:19 | 10,95 | 5:29 |
| 1322 | 4216 | MEYSKENS Ellen | HAACHT | 32 | SEF | 165 | 0:49:19 | 10,95 | 5:29 |
| 1323 | 6576 | STYNEN Tjil | ANTWERPEN | 32 | SEH | 400 | 0:49:19 | 10,95 | 5:29 |
| 1324 | 5653 | SPAAS Willem | ANTWERPEN | 29 | SEH | 401 | 0:49:20 | 10,95 | 5:29 |
| 1325 | 3487 | VAN BALEN Arne | DEURNE | 26 | SEH | 402 | 0:49:20 | 10,95 | 5:29 |
| 1326 | 2409 | ANDERSEN Peggy | STABROEK | 46 | F45 | 44 | 0:49:21 | 10,94 | 5:29 |
| 1327 | 3659 | BOLLU Stoffel | HOBOKEN | 28 | SEH | 403 | 0:49:21 | 10,94 | 5:29 |
| 1328 | 5268 | MINNE Wouter | KESSEL-LO | 30 | SEH | 404 | 0:49:21 | 10,94 | 5:29 |
| 1329 | 3257 | SCHIPPERS Chris | BRECHT | 53 | F50 | 29 | 0:49:21 | 10,94 | 5:29 |
| 1330 | 2410 | THOMA Peggy | STABROEK | 36 | F35 | 63 | 0:49:22 | 10,94 | 5:29 |
| 1331 | 3244 | VAN MERRIS Isabelle | GEEL | 29 | SEF | 166 | 0:49:22 | 10,94 | 5:29 |
| 1332 | 3003 | PAUWELS Yannick | RELEGEM | 30 | SEH | 405 | 0:49:23 | 10,93 | 5:29 |
| 1333 | 5399 | ARRAUDI Nordine | ANTWERPEN | 38 | M35 | 184 | 0:49:24 | 10,93 | 5:29 |
| 1334 | 5032 | GELEYN Christophe | DEURNE | 31 | SEH | 406 | 0:49:24 | 10,93 | 5:29 |
| 1335 | 421 | STRYCKERS Gertjie | BERCHEM | 36 | F35 | 64 | 0:49:24 | 10,93 | 5:29 |
| 1336 | 3245 | VOS Ad | GEEL | 32 | SEH | 407 | 0:49:24 | 10,93 | 5:29 |
| 1337 | 420 | BIJNENS Joris | BERCHEM | 37 | M35 | 185 | 0:49:25 | 10,93 | 5:29 |
| 1338 | 6235 | VANNIEUWENHUYSE Wesley | MELSELE | 29 | SEH | 408 | 0:49:25 | 10,93 | 5:29 |
| 1339 | 5164 | VERDOODT Johan | BUGGENHOUT | 37 | M35 | 186 | 0:49:25 | 10,93 | 5:29 |
| 1340 | 4665 | DUFOND Daniel | ANTWERPEN | 39 | M35 | 187 | 0:49:26 | 10,92 | 5:30 |
| 1341 | 1078 | SCHILEBEECKX Inge | TURNHOUT | 45 | F45 | 45 | 0:49:26 | 10,92 | 5:30 |
| 1342 | 3662 | VAN LOOVEREN Aline | ANTWERPEN | 18 | SEF | 167 | 0:49:26 | 10,92 | 5:30 |
| 1343 | 6195 | VANDENDRIESSCHE David | AALTER | 37 | M35 | 188 | 0:49:26 | 10,92 | 5:30 |
| 1344 | 4263 | HEYMAN Pé | TIELRODE | 18 | SEH | 409 | 0:49:27 | 10,92 | 5:30 |
| 1345 | 6939 | SNEPPE Tom | TEMSE | 34 | SEH | 410 | 0:49:27 | 10,92 | 5:30 |
| 1346 | 5160 | VERDOODT Bart | DENDERMONDE | 41 | M40 | 132 | 0:49:27 | 10,92 | 5:30 |
| 1347 | 1279 | HOFMANS Thiery | BORNEM | 50 | M50 | 72 | 0:49:28 | 10,92 | 5:30 |
| 1348 | 1278 | JURRIENS Linde | BORNEM | 44 | F40 | 61 | 0:49:28 | 10,92 | 5:30 |
| 1349 | 276 | PAAIS Nadja | ROTTERDAM | 43 | F40 | 62 | 0:49:28 | 10,92 | 5:30 |
| 1350 | 296 | VAN BEZOOIJEN Ilonka | DORDRECHT | 44 | F40 | 63 | 0:49:29 | 10,91 | 5:30 |
| 1351 | 2618 | VERMEIREN Cindy | BORNEM | 42 | F40 | 64 | 0:49:29 | 10,91 | 5:30 |
| 1352 | 1079 | LAROSSE Carl | AALST | 22 | SEH | 411 | 0:49:30 | 10,91 | 5:30 |
| 1353 | 2699 | PANHUYZEN Steven | DEURNE | 42 | M40 | 133 | 0:49:30 | 10,91 | 5:30 |
| 1354 | 5517 | PEETERS Jonas | MELDERT-LUMMEN | 28 | SEH | 412 | 0:49:30 | 10,91 | 5:30 |
| 1355 | 3200 | BAERT Tim | MORTSEL | 36 | M35 | 189 | 0:49:31 | 10,91 | 5:30 |
| 1356 | 2188 | DE BRUYN Pascale | DUFFEL | 40 | F40 | 65 | 0:49:31 | 10,91 | 5:30 |
| 1357 | 217 | MERTENS Isabel | DEURNE | 41 | F40 | 66 | 0:49:31 | 10,91 | 5:30 |
| 1358 | 1563 | BECKERS Paul | DEURNE(ANTWERPEN) | 51 | M50 | 73 | 0:49:32 | 10,90 | 5:30 |
| 1359 | 746 | DE VOS Gert | MALLE | 47 | M45 | 109 | 0:49:32 | 10,90 | 5:30 |
| 1360 | 2755 | SIEBENS Inge | DUFFEL | 46 | F45 | 46 | 0:49:32 | 10,90 | 5:30 |
| 1361 | 3060 | LAURYSSSEN Helen | BEERSE | 28 | SEF | 168 | 0:49:33 | 10,90 | 5:30 |
| 1362 | 1195 | VAN ROEY Matthias | KAPellen | 21 | SEH | 413 | 0:49:34 | 10,89 | 5:30 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|----------------------------|-------------------|-----|-----|-------|---------|-------|---------|
| 1363 | 3790 | DEWULF-ORTEGA Sebastian | DEURNE | 32 | SEH | 414 | 0:49:35 | 10,89 | 5:31 |
| 1364 | 1562 | SMET Sven | MORTSEL | 31 | SEH | 415 | 0:49:35 | 10,89 | 5:31 |
| 1365 | 4757 | VAN CAMPENHOUT David | VORSELAAR | 43 | M40 | 134 | 0:49:35 | 10,89 | 5:31 |
| 1366 | 2412 | DESMET Katrien | LANGDORP | 37 | F35 | 65 | 0:49:36 | 10,89 | 5:31 |
| 1367 | 2973 | BROEKAERT Wanda | LONDERZEEL | 47 | F45 | 47 | 0:49:37 | 10,88 | 5:31 |
| 1368 | 2821 | DE COEYER Peggy | LONDERZEEL | 45 | F45 | 48 | 0:49:37 | 10,88 | 5:31 |
| 1369 | 2189 | DE LAET Els | PUTTE | 41 | F40 | 67 | 0:49:37 | 10,88 | 5:31 |
| 1370 | 6034 | VAN LANDEGHEM Wim | EKEREN | 53 | M50 | 74 | 0:49:37 | 10,88 | 5:31 |
| 1371 | 4269 | VANDEBOSSCHE Joris | TERVUREN | 56 | M55 | 37 | 0:49:37 | 10,88 | 5:31 |
| 1372 | 6244 | VERMEULEN Filip | ITEGEM | 45 | M45 | 110 | 0:49:38 | 10,88 | 5:31 |
| 1373 | 840 | VANDERLOOCK Joris | HALLAAR | 29 | SEH | 416 | 0:49:39 | 10,88 | 5:31 |
| 1374 | 5640 | VERSCHAEVE Wouter | EVERBEEK | 39 | M35 | 190 | 0:49:39 | 10,88 | 5:31 |
| 1375 | 996 | WETZELS Pedro | ZOERSEL | 50 | M50 | 75 | 0:49:39 | 10,88 | 5:31 |
| 1376 | 6216 | DE PEUTER Pieter | SCHOTEN | 33 | SEH | 417 | 0:49:40 | 10,87 | 5:31 |
| 1377 | 2967 | HENDRICKX Marleen | LONDERZEEL | 42 | F40 | 68 | 0:49:40 | 10,87 | 5:31 |
| 1378 | 2434 | TOTTÉ Saskia | BOECHOUT | 46 | F45 | 49 | 0:49:41 | 10,87 | 5:31 |
| 1379 | 2605 | VAN GAEVER Lars | MERKSEM | 15 | SEH | 418 | 0:49:41 | 10,87 | 5:31 |
| 1380 | 2592 | VAN TRIER Jef | ANTWERPEN | 15 | SEH | 419 | 0:49:41 | 10,87 | 5:31 |
| 1381 | 6245 | VERMEULEN Guy | ITEGEM | 53 | M50 | 76 | 0:49:41 | 10,87 | 5:31 |
| 1382 | 2433 | ENGELLEN Lucas | BOECHOUT | 14 | SEH | 420 | 0:49:42 | 10,87 | 5:31 |
| 1383 | 914 | BEMELMANS Alec | ZOERSEL | 12 | SEH | 421 | 0:49:43 | 10,86 | 5:31 |
| 1384 | 917 | BEMELMANS Koen | ZOERSEL | 47 | M45 | 111 | 0:49:43 | 10,86 | 5:31 |
| 1385 | 5483 | VAN DEN BERGHE Pascal | DEURNE | 42 | M40 | 135 | 0:49:44 | 10,86 | 5:32 |
| 1386 | 3891 | VAN GEEL Kees | ROOSENDAAL | 55 | M55 | 38 | 0:49:44 | 10,86 | 5:32 |
| 1387 | 6131 | VAN DE VELDE Evelien | ANDERLECHT | 35 | F35 | 66 | 0:49:45 | 10,85 | 5:32 |
| 1388 | 1925 | VAN DEN BOSCH David | BERCHEM | 35 | M35 | 191 | 0:49:45 | 10,85 | 5:32 |
| 1389 | 4577 | WOUTERMAERTENS Ivan | WEMMEL | 52 | M50 | 77 | 0:49:45 | 10,85 | 5:32 |
| 1390 | 4017 | HOREMANS Tim | WOMMELGEM | 30 | SEH | 422 | 0:49:46 | 10,85 | 5:32 |
| 1391 | 4101 | JANSSSENS Anneke | LINT | 23 | SEF | 169 | 0:49:46 | 10,85 | 5:32 |
| 1392 | 6361 | NR 6361 | | | - | 4 | 0:49:46 | 10,85 | 5:32 |
| 1393 | 4724 | OTTEN Philip | KALLO | 30 | SEH | 423 | 0:49:47 | 10,85 | 5:32 |
| 1394 | 5132 | VAN DEN BROECK Sam | BORGERHOUT | 32 | SEH | 424 | 0:49:47 | 10,85 | 5:32 |
| 1395 | 5862 | JANSSSENS Greetje | KALMTHOUT | 41 | F40 | 69 | 0:49:48 | 10,84 | 5:32 |
| 1396 | 2439 | VAN HEMELDONCK An | GENT | 32 | SEF | 170 | 0:49:49 | 10,84 | 5:32 |
| 1397 | 3064 | VANSTEELAND Natascha | WOMMELGEM | 45 | F45 | 50 | 0:49:49 | 10,84 | 5:32 |
| 1398 | 2241 | DE BONDT Kris | EKEREN | 31 | SEH | 425 | 0:49:50 | 10,84 | 5:32 |
| 1399 | 5406 | VAN TURNHOUT Jan | OLEN | 32 | SEH | 426 | 0:49:50 | 10,84 | 5:32 |
| 1400 | 3065 | DEWEERT Dylan | WOMMELGEM | 45 | M45 | 112 | 0:49:51 | 10,83 | 5:32 |
| 1401 | 1718 | HEIRMAN Stefanie | EKEREN | 30 | SEF | 171 | 0:49:51 | 10,83 | 5:32 |
| 1402 | 6436 | MULS Roy | LANDEN | 30 | SEH | 427 | 0:49:51 | 10,83 | 5:32 |
| 1403 | 2568 | NAESSENS Dominik | SCHILDE | 40 | M40 | 136 | 0:49:51 | 10,83 | 5:32 |
| 1404 | 1526 | VAN DEN DRIESSCHE Christof | ESSENE | 35 | M35 | 192 | 0:49:52 | 10,83 | 5:32 |
| 1405 | 4370 | SCHMITZ Nico | HEIST-OP-DEN-BERG | 34 | SEH | 428 | 0:49:53 | 10,83 | 5:33 |
| 1406 | 1527 | VERHULST Johnny | WILRIJK | 45 | M45 | 113 | 0:49:53 | 10,83 | 5:33 |
| 1407 | 3641 | HARADINAJ Drilon | BORSBEEK | 25 | SEH | 429 | 0:49:55 | 10,82 | 5:33 |
| 1408 | 2193 | SALMON Peter | TIENEN | 48 | M45 | 114 | 0:49:55 | 10,82 | 5:33 |
| 1409 | 22 | WEYMANS Kristel | DEURNE | 44 | F40 | 70 | 0:49:55 | 10,82 | 5:33 |
| 1410 | 3231 | SNOEKS Nathalie | WILRIJK | 33 | SEF | 172 | 0:49:57 | 10,81 | 5:33 |
| 1411 | 2364 | DE MAEYER Jan | WILRIJK | 47 | M45 | 115 | 0:49:58 | 10,81 | 5:33 |
| 1412 | 1223 | GHYSEBRECHTS Elies | SCHOTEN | 21 | SEF | 173 | 0:49:58 | 10,81 | 5:33 |
| 1413 | 1644 | HOREMANS Bart | DEURNE | 43 | M40 | 137 | 0:49:59 | 10,80 | 5:33 |
| 1414 | 5426 | PINCEEL Racekip 1 | DEURNE | 28 | SEF | 174 | 0:49:59 | 10,80 | 5:33 |
| 1415 | 4535 | FINÉ Serge | HOVE | 33 | SEH | 430 | 0:50:00 | 10,80 | 5:33 |
| 1416 | 2868 | MERCKX Ken | KASTERLEE | 33 | SEH | 431 | 0:50:00 | 10,80 | 5:33 |
| 1417 | 1483 | SLANGEN Kristien | BEERZEL | 28 | SEF | 175 | 0:50:00 | 10,80 | 5:33 |
| 1418 | 3431 | VERMEIR Britt | WIJNEGEM | 42 | F40 | 71 | 0:50:00 | 10,80 | 5:33 |
| 1419 | 4351 | KONINGS Maarten | ESSEN | 25 | SEH | 432 | 0:50:01 | 10,80 | 5:33 |
| 1420 | 3574 | MERTENS Kurt | WESTMALLE | 43 | M40 | 138 | 0:50:01 | 10,80 | 5:33 |
| 1421 | 5288 | NYS Wannes | ANTWERPEN | 14 | SEH | 433 | 0:50:01 | 10,80 | 5:33 |
| 1422 | 5174 | VAN HEES Dominiek | WILRIJK | 25 | SEH | 434 | 0:50:01 | 10,80 | 5:33 |
| 1423 | 6063 | RAVEN Matthew | BORSBEEK | 26 | SEH | 435 | 0:50:02 | 10,79 | 5:34 |
| 1424 | 6567 | VAN DEN BRANDE Bert | RUMST | 37 | M35 | 193 | 0:50:02 | 10,79 | 5:34 |
| 1425 | 3089 | VERMEIR Isabelle | WIJNEGEM | 39 | F35 | 67 | 0:50:02 | 10,79 | 5:34 |
| 1426 | 1489 | VERMUNICHT Jinte | HULSHOUT | 22 | SEF | 176 | 0:50:02 | 10,79 | 5:34 |
| 1427 | 2777 | GOVERS Pieter | SCHILDE | 33 | SEH | 436 | 0:50:03 | 10,79 | 5:34 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|--------------------|-----|-----|-------|---------|-------|---------|
| 1428 | 5347 | GUINÉE Shauni | MOERBEKE-WAAS | 21 | SEF | 177 | 0:50:04 | 10,79 | 5:34 |
| 1429 | 863 | JANSSENS Annick | SINT JOB IN'T GOOR | 27 | SEF | 178 | 0:50:04 | 10,79 | 5:34 |
| 1430 | 5348 | LUYTEN Gilles | ZOERSEL | 20 | SEH | 437 | 0:50:05 | 10,78 | 5:34 |
| 1431 | 5606 | VANHAVER Jan | DAMME | 40 | M40 | 139 | 0:50:05 | 10,78 | 5:34 |
| 1432 | 4059 | DEPRINS Andy | WILRIJK | 25 | SEH | 438 | 0:50:06 | 10,78 | 5:34 |
| 1433 | 3719 | DE KERF Martine | ZWIJNDRECHT | 39 | F35 | 68 | 0:50:07 | 10,77 | 5:34 |
| 1434 | 3094 | VERRYCKEN Klaas | BERCHEM | 38 | M35 | 194 | 0:50:07 | 10,77 | 5:34 |
| 1435 | 4771 | SAEYS Pieter | AALST | 37 | M35 | 195 | 0:50:08 | 10,77 | 5:34 |
| 1436 | 3106 | VAN DER AUWERA Isabelle | KONTICH | 36 | F35 | 69 | 0:50:09 | 10,77 | 5:34 |
| 1437 | 5636 | TASSENOY Inge | NIEL | 31 | SEF | 179 | 0:50:10 | 10,76 | 5:34 |
| 1438 | 3223 | VAN WYNSBERGE Tom | EEKLO | 36 | M35 | 196 | 0:50:10 | 10,76 | 5:34 |
| 1439 | 141 | VAN DE VELDE Bart | GROBBENDONK | 32 | SEH | 439 | 0:50:11 | 10,76 | 5:35 |
| 1440 | 584 | DA SILVA Els | ANTWERPEN | 49 | F45 | 51 | 0:50:12 | 10,76 | 5:35 |
| 1441 | 1022 | FINOULST Annick | MORTSEL | 30 | SEF | 180 | 0:50:12 | 10,76 | 5:35 |
| 1442 | 5769 | KIOUAH Mohamed | ANTWERPEN | 50 | M50 | 78 | 0:50:12 | 10,76 | 5:35 |
| 1443 | 480 | LAMBRECHTS Luc | SCHOTEN | 52 | M50 | 79 | 0:50:12 | 10,76 | 5:35 |
| 1444 | 5008 | VAN GEMERT David | HERENTALS | 22 | SEH | 440 | 0:50:12 | 10,76 | 5:35 |
| 1445 | 1152 | CHRISTIAENSEN Peter | SCHOTEN | 50 | M50 | 80 | 0:50:13 | 10,75 | 5:35 |
| 1446 | 6247 | ONGENA Guido | MARIAKERKE | 52 | M50 | 81 | 0:50:13 | 10,75 | 5:35 |
| 1447 | 142 | THEMELIN Louise | ANTWERPEN | 28 | SEF | 181 | 0:50:13 | 10,75 | 5:35 |
| 1448 | 629 | CLAES Maxim | HOBOKEN | 23 | SEH | 441 | 0:50:14 | 10,75 | 5:35 |
| 1449 | 585 | DA SILVA Miguel | ANTWERPEN | 51 | M50 | 82 | 0:50:14 | 10,75 | 5:35 |
| 1450 | 4041 | VAN HAERENBORGH Veerle | MERKSEM | 32 | SEF | 182 | 0:50:14 | 10,75 | 5:35 |
| 1451 | 3524 | VAN MULLEM Jasper | MORTSEL | 26 | SEH | 442 | 0:50:16 | 10,74 | 5:35 |
| 1452 | 4317 | YSEBAERT Siegfried | DUISBURG | 46 | M45 | 116 | 0:50:16 | 10,74 | 5:35 |
| 1453 | 4778 | DEVOLDER Natalie | DENDERMONDE | 49 | F45 | 52 | 0:50:17 | 10,74 | 5:35 |
| 1454 | 1469 | DIERICKX Marc | BURCHT | 56 | M55 | 39 | 0:50:17 | 10,74 | 5:35 |
| 1455 | 5043 | DE CROM Koen | ANTWERPEN | 26 | SEH | 443 | 0:50:18 | 10,74 | 5:35 |
| 1456 | 3523 | DE GRAEF Helena | MORTSEL | 25 | SEF | 183 | 0:50:18 | 10,74 | 5:35 |
| 1457 | 4793 | D'HAESE Hans | AALST | 49 | M45 | 117 | 0:50:18 | 10,74 | 5:35 |
| 1458 | 5319 | LAUREYS Jeroen | HEUSDEN | 26 | SEH | 444 | 0:50:19 | 10,73 | 5:35 |
| 1459 | 5803 | HÖKELEK Emir | ANTWERPEN | 19 | SEH | 445 | 0:50:20 | 10,73 | 5:36 |
| 1460 | 364 | MUSSELS Peter | HOEVENEN | 38 | M35 | 197 | 0:50:20 | 10,73 | 5:36 |
| 1461 | 548 | VAN HOETEGHEM Murillio | BRECHT | 11 | SEH | 446 | 0:50:20 | 10,73 | 5:36 |
| 1462 | 3874 | VERMEIREN Marc | ANTWERPEN | 35 | M35 | 198 | 0:50:20 | 10,73 | 5:36 |
| 1463 | 3018 | D'HAESE Davy | MARIAKERKE | 28 | SEH | 447 | 0:50:21 | 10,72 | 5:36 |
| 1464 | 4660 | LAURENT Stijn | DIEST | 21 | SEH | 448 | 0:50:21 | 10,72 | 5:36 |
| 1465 | 3184 | REYNIERS Noortje | WILRIJK | 29 | SEF | 184 | 0:50:21 | 10,72 | 5:36 |
| 1466 | 1783 | TASQUIN Olivier | WOLUWE | 42 | M40 | 140 | 0:50:21 | 10,72 | 5:36 |
| 1467 | 4623 | VAN HULLE Kenji | ALKEN | 23 | SEH | 449 | 0:50:21 | 10,72 | 5:36 |
| 1468 | 4759 | PEETERS Wendy | VORSELAAR | 37 | F35 | 70 | 0:50:22 | 10,72 | 5:36 |
| 1469 | 550 | VERMEER Jolien | BRECHT | 19 | SEF | 185 | 0:50:24 | 10,71 | 5:36 |
| 1470 | 5278 | EMBRECHTS Erik | RIJKEVORSEL | 50 | M50 | 83 | 0:50:25 | 10,71 | 5:36 |
| 1471 | 301 | SCHUERMANS Luc | VOSELAAR | 46 | M45 | 118 | 0:50:25 | 10,71 | 5:36 |
| 1472 | 552 | VERMEER Luc | BRECHT | 50 | M50 | 84 | 0:50:25 | 10,71 | 5:36 |
| 1473 | 1538 | BOURGUIGNON Thierry | HEMIKSEM | 34 | SEH | 450 | 0:50:26 | 10,71 | 5:36 |
| 1474 | 5888 | MALHERBE Rutger | DEN HAAG | 35 | M35 | 199 | 0:50:26 | 10,71 | 5:36 |
| 1475 | 2829 | CLAEYS Wim | BERCHEM | 47 | M45 | 119 | 0:50:27 | 10,70 | 5:36 |
| 1476 | 627 | VAN DUN Ria | HOBOKEN | 58 | F55 | 16 | 0:50:28 | 10,70 | 5:36 |
| 1477 | 6187 | VANDENDRIESSCHE Hans | GENT | 28 | SEH | 451 | 0:50:28 | 10,70 | 5:36 |
| 1478 | 2050 | PEDERSEN Rudi | ANTWERPEN | 28 | SEH | 452 | 0:50:29 | 10,70 | 5:37 |
| 1479 | 2801 | CHANG Leo | WILRIJK | 37 | M35 | 200 | 0:50:30 | 10,69 | 5:37 |
| 1480 | 6507 | BIELEN Kristof | HEUSDEN-ZOLDER | 37 | M35 | 201 | 0:50:32 | 10,69 | 5:37 |
| 1481 | 4596 | BROUWERS David | KURINGEN | 38 | M35 | 202 | 0:50:32 | 10,69 | 5:37 |
| 1482 | 4541 | BOONS Bart | HASSELT | 38 | M35 | 203 | 0:50:34 | 10,68 | 5:37 |
| 1483 | 4196 | MUYS Filip | BALEGEM | 47 | M45 | 120 | 0:50:34 | 10,68 | 5:37 |
| 1484 | 5076 | GHYSELEN Baptiste | LEUVEN | 28 | SEH | 453 | 0:50:35 | 10,68 | 5:37 |
| 1485 | 4195 | KINDT Renaat | DENDERLEEUV | 44 | M40 | 141 | 0:50:35 | 10,68 | 5:37 |
| 1486 | 4924 | TRONCKOE Lieven | AALST | 33 | SEH | 454 | 0:50:35 | 10,68 | 5:37 |
| 1487 | 5097 | VAN DE MIEROP Babs | HOVE | 21 | SEF | 186 | 0:50:35 | 10,68 | 5:37 |
| 1488 | 4814 | VERBAETEN Dave | RIJKEVORSEL | 29 | SEH | 455 | 0:50:35 | 10,68 | 5:37 |
| 1489 | 4197 | DAUWE Tom | BRAKEL | 40 | M40 | 142 | 0:50:36 | 10,67 | 5:37 |
| 1490 | 5780 | DECAT Wouter | HOLSBEEK | 46 | M45 | 121 | 0:50:36 | 10,67 | 5:37 |
| 1491 | 760 | VAN DILLE Patrick | KORTENBERG | 64 | M60 | 12 | 0:50:36 | 10,67 | 5:37 |
| 1492 | 640 | VANDESANDE Rudi | BERCHEM | 43 | M40 | 143 | 0:50:36 | 10,67 | 5:37 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|---------------------|-----|-----|-------|---------|-------|---------|
| 1493 | 6935 | DEPAUW Dries | ANTWERPEN | 25 | SEH | 456 | 0:50:38 | 10,66 | 5:38 |
| 1494 | 5932 | GEYSSENS Tijl | AALST | 33 | SEH | 457 | 0:50:38 | 10,66 | 5:38 |
| 1495 | 1848 | VANHERCK Olivier | MERKSEM | 36 | M35 | 204 | 0:50:38 | 10,66 | 5:38 |
| 1496 | 128 | VERHEYEN Manu | SCHRIEK | 38 | M35 | 205 | 0:50:38 | 10,66 | 5:38 |
| 1497 | 5542 | TONINATO Yves | ANTWERPEN | 41 | M40 | 144 | 0:50:39 | 10,66 | 5:38 |
| 1498 | 5594 | VAN DINGENEN Marjan | DESSEL | 32 | SEF | 187 | 0:50:40 | 10,66 | 5:38 |
| 1499 | 5446 | WOUTERS Caroline | MOL | 36 | F35 | 71 | 0:50:40 | 10,66 | 5:38 |
| 1500 | 1583 | JOCHMANS Luc | OUD-HEVERLEE | 48 | M45 | 122 | 0:50:41 | 10,65 | 5:38 |
| 1501 | 4422 | VERWIMP Isabel | MOL | 28 | SEF | 188 | 0:50:41 | 10,65 | 5:38 |
| 1502 | 1095 | BERVOETS Mariska | OUD-HEVERLEE | 36 | F35 | 72 | 0:50:42 | 10,65 | 5:38 |
| 1503 | 1922 | CASNEUF Tine | WILRIJK | 35 | F35 | 73 | 0:50:42 | 10,65 | 5:38 |
| 1504 | 2875 | LAEREMANS Ann | HULSHOUT | 50 | F50 | 30 | 0:50:43 | 10,65 | 5:38 |
| 1505 | 4776 | VAN DEN BROECK Benoit | BERCHEM | 40 | M40 | 145 | 0:50:43 | 10,65 | 5:38 |
| 1506 | 5906 | VAN HAM Anouk | KONINGSHOOIKT | 30 | SEF | 189 | 0:50:43 | 10,65 | 5:38 |
| 1507 | 2629 | VERTOMMEN Gerd | LIER | 50 | F50 | 31 | 0:50:43 | 10,65 | 5:38 |
| 1508 | 2039 | NOTAERTS Steven | DWORP | 25 | SEH | 458 | 0:50:44 | 10,64 | 5:38 |
| 1509 | 2647 | DE OST Renilt | BORNEM | 49 | F45 | 53 | 0:50:45 | 10,64 | 5:38 |
| 1510 | 2876 | DE PRYCKER Wim | BORNEM | 44 | M40 | 146 | 0:50:45 | 10,64 | 5:38 |
| 1511 | 4161 | SWAANS Sabine | ARENDONK | 35 | F35 | 74 | 0:50:45 | 10,64 | 5:38 |
| 1512 | 6064 | BATISTA Ardenio | ST PAUWELS | 47 | M45 | 123 | 0:50:46 | 10,64 | 5:38 |
| 1513 | 2416 | DOM Senne | SCHILDE | 25 | SEH | 459 | 0:50:47 | 10,63 | 5:39 |
| 1514 | 1545 | DUCHATEAU Gil | ANTWERPEN | 16 | SEH | 460 | 0:50:47 | 10,63 | 5:39 |
| 1515 | 1185 | VERMEULEN Gunther | KEERBERGEN | 50 | M50 | 85 | 0:50:47 | 10,63 | 5:39 |
| 1516 | 4086 | DEMEULENAERE Wouter | BERCHEM | 28 | SEH | 461 | 0:50:48 | 10,63 | 5:39 |
| 1517 | 4912 | HEULOT Anouck | BORGERHOUT | 33 | SEF | 190 | 0:50:48 | 10,63 | 5:39 |
| 1518 | 5995 | BROUCKE Stijn | BORNEM | 46 | M45 | 124 | 0:50:49 | 10,63 | 5:39 |
| 1519 | 920 | GILLIS Danny | ANTWERPEN | 46 | M45 | 125 | 0:50:49 | 10,63 | 5:39 |
| 1520 | 5404 | VAN BEIRENDONCK Nic | HERENTALS | 48 | M45 | 126 | 0:50:49 | 10,63 | 5:39 |
| 1521 | 1275 | CELIS Matthias | WOMMELGEM | 31 | SEH | 462 | 0:50:50 | 10,62 | 5:39 |
| 1522 | 6451 | EUSEPI Alessandro | CHIVASSO | 26 | SEH | 463 | 0:50:50 | 10,62 | 5:39 |
| 1523 | 769 | SKRABANJA Hans | HEERLEN | 49 | M45 | 127 | 0:50:50 | 10,62 | 5:39 |
| 1524 | 5188 | VANMARCKE Simon | BERCHEM | 30 | SEH | 464 | 0:50:50 | 10,62 | 5:39 |
| 1525 | 6405 | VERDOODT Luc | WILLEBROEK | 46 | M45 | 128 | 0:50:50 | 10,62 | 5:39 |
| 1526 | 6450 | VITTONI Elena | CHIVASSO | 24 | SEF | 191 | 0:50:50 | 10,62 | 5:39 |
| 1527 | 3666 | BUSSCHER Siegfried | ANTWERPEN | 31 | SEH | 465 | 0:50:51 | 10,62 | 5:39 |
| 1528 | 2953 | DE SMET Sven | TERNAT | 26 | SEH | 466 | 0:50:51 | 10,62 | 5:39 |
| 1529 | 5708 | SCHARPÉ Johan | BOECHOUT | 51 | M50 | 86 | 0:50:51 | 10,62 | 5:39 |
| 1530 | 6080 | STROOBANTS Kristof | STEENOKKERZEEL | 29 | SEH | 467 | 0:50:51 | 10,62 | 5:39 |
| 1531 | 3520 | DE BRUYCKERE Jasper | BERCHEM | 27 | SEH | 468 | 0:50:52 | 10,62 | 5:39 |
| 1532 | 546 | VAN HOETEGHEM Thomas | BRECHT | 45 | M45 | 129 | 0:50:52 | 10,62 | 5:39 |
| 1533 | 1658 | VERSCHOREN Rudi | KEERBERGEN | 55 | M55 | 40 | 0:50:53 | 10,61 | 5:39 |
| 1534 | 3831 | SORRENTINO Nicoletta | BALEN | 52 | F50 | 32 | 0:50:54 | 10,61 | 5:39 |
| 1535 | 3834 | PENASSE Els | KOERSEL | 41 | F40 | 72 | 0:50:55 | 10,61 | 5:39 |
| 1536 | 1451 | DEBOUVER Chris | TREMELO | 51 | M50 | 87 | 0:50:56 | 10,60 | 5:40 |
| 1537 | 5145 | PEERAER Joris | ZOERSEL | 39 | M35 | 206 | 0:50:56 | 10,60 | 5:40 |
| 1538 | 1544 | PYCK Ann | ANTWERPEN | 47 | F45 | 54 | 0:50:56 | 10,60 | 5:40 |
| 1539 | 2705 | VAN ASSCHE Timmy | WOMMELGEM | 29 | SEH | 469 | 0:50:56 | 10,60 | 5:40 |
| 1540 | 4011 | GOOTZEN Jan | REET | 28 | SEH | 470 | 0:50:57 | 10,60 | 5:40 |
| 1541 | 221 | MINNE Ilse | HERENTALS | 36 | F35 | 75 | 0:50:57 | 10,60 | 5:40 |
| 1542 | 4357 | HOREMANS Nico | NIJLEN | 30 | SEH | 471 | 0:50:58 | 10,60 | 5:40 |
| 1543 | 4929 | DE HAES Tim | KALMTHOUT | 33 | SEH | 472 | 0:50:59 | 10,59 | 5:40 |
| 1544 | 2864 | VAN EESTER Raymond | MORTSEL | 47 | M45 | 130 | 0:50:59 | 10,59 | 5:40 |
| 1545 | 4590 | VAN MECHELEN Erik | SINT JOB IN 'T GOOR | 51 | M50 | 88 | 0:50:59 | 10,59 | 5:40 |
| 1546 | 2250 | VERBESSELT Nathan | OPWIJK | 38 | M35 | 207 | 0:50:59 | 10,59 | 5:40 |
| 1547 | 3573 | VISSENBERG Heidi | WESTMALLE | 39 | F35 | 76 | 0:51:00 | 10,59 | 5:40 |
| 1548 | 4534 | WEYMANS Bart | REET | 34 | SEH | 473 | 0:51:00 | 10,59 | 5:40 |
| 1549 | 6359 | VANNESTE Douwe | ZOERSEL | 20 | SEH | 474 | 0:51:01 | 10,58 | 5:40 |
| 1550 | 6178 | BENCHAHBOUN Mohamed | ANTWERPEN | 47 | M45 | 131 | 0:51:02 | 10,58 | 5:40 |
| 1551 | 2989 | MOONS Ief | KAPellen | 38 | M35 | 208 | 0:51:02 | 10,58 | 5:40 |
| 1552 | 2474 | KENNIS Luc | ZOERSEL | 50 | M50 | 89 | 0:51:04 | 10,57 | 5:40 |
| 1553 | 5184 | MARTENS Marc | WOMMELGEM | 43 | M40 | 147 | 0:51:04 | 10,57 | 5:40 |
| 1554 | 4052 | OST Jan | ANTWERPEN | 32 | SEH | 475 | 0:51:04 | 10,57 | 5:40 |
| 1555 | 4533 | GYSEN Johan | WUUSTWEZEL | 56 | M55 | 41 | 0:51:05 | 10,57 | 5:41 |
| 1556 | 5325 | LEINDERS Nicole | SITTARD | 30 | SEF | 192 | 0:51:05 | 10,57 | 5:41 |
| 1557 | 5208 | MALLENTJER Charlotte | BORGERHOUT | 24 | SEF | 193 | 0:51:05 | 10,57 | 5:41 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|----------------------|-----|-----|-------|---------|-------|---------|
| 1558 | 5329 | VAN BEETHOVEN Francois | WIJNEGEM | 57 | M55 | 42 | 0:51:05 | 10,57 | 5:41 |
| 1559 | 3186 | VERMANDER Katrien | LUBBEEK | 27 | SEF | 194 | 0:51:05 | 10,57 | 5:41 |
| 1560 | 3335 | AUWERS Annemie | GROBBENDONK | 34 | SEF | 195 | 0:51:06 | 10,57 | 5:41 |
| 1561 | 4802 | BUYS Stef | MALLE | 22 | SEH | 476 | 0:51:06 | 10,57 | 5:41 |
| 1562 | 3334 | WILLEMSEN Leen | PULLE | 35 | F35 | 77 | 0:51:06 | 10,57 | 5:41 |
| 1563 | 5002 | ALFARO PONCE Dave | BORSBEEK | 30 | SEH | 477 | 0:51:07 | 10,56 | 5:41 |
| 1564 | 4818 | DE RYCKE Steven | EEKLO | 50 | M50 | 90 | 0:51:07 | 10,56 | 5:41 |
| 1565 | 5591 | BONTINCK Jente | ERTVELDE | 25 | SEF | 196 | 0:51:08 | 10,56 | 5:41 |
| 1566 | 5099 | VILLE Wim | EDEGEM | 47 | M45 | 132 | 0:51:08 | 10,56 | 5:41 |
| 1567 | 678 | DEDECKER Geert | MORTSEL | 51 | M50 | 91 | 0:51:09 | 10,56 | 5:41 |
| 1568 | 5204 | CARENS Frederik | WESTERLO | 27 | SEH | 478 | 0:51:10 | 10,55 | 5:41 |
| 1569 | 4894 | VERBERT Hans | BORSBEEK | 37 | M35 | 209 | 0:51:10 | 10,55 | 5:41 |
| 1570 | 2690 | VAN PUT Fabio | EDEGEM | 30 | SEH | 479 | 0:51:11 | 10,55 | 5:41 |
| 1571 | 361 | STASSEN Johan | WIJNEGEM | 37 | M35 | 210 | 0:51:12 | 10,55 | 5:41 |
| 1572 | 3787 | VAN ROOY Kristof | ARENDONK | 35 | M35 | 211 | 0:51:12 | 10,55 | 5:41 |
| 1573 | 2587 | GYSSELINCK Dimitri | WILRIJK | 34 | SEH | 480 | 0:51:13 | 10,54 | 5:41 |
| 1574 | 5736 | AELTERMAN Frederic | ALKEN | 37 | M35 | 212 | 0:51:14 | 10,54 | 5:42 |
| 1575 | 6001 | LUYTEN Dave | ARENDONK | 28 | SEH | 481 | 0:51:14 | 10,54 | 5:42 |
| 1576 | 2228 | BOEYKENS Alain | SCHOTEN | 38 | M35 | 213 | 0:51:15 | 10,54 | 5:42 |
| 1577 | 5992 | DE PROOST Dieter | ARENDONK | 29 | SEH | 482 | 0:51:15 | 10,54 | 5:42 |
| 1578 | 5737 | HARDY Amand | HASSELT | 45 | M45 | 133 | 0:51:15 | 10,54 | 5:42 |
| 1579 | 4744 | MATTHÉ Tim | SCHOTEN | 30 | SEH | 483 | 0:51:15 | 10,54 | 5:42 |
| 1580 | 5276 | RONSYN Els | ANTWERPEN | 40 | F40 | 73 | 0:51:15 | 10,54 | 5:42 |
| 1581 | 6427 | MEIRE Ingmar | WAARSCHOOT | 41 | M40 | 148 | 0:51:16 | 10,53 | 5:42 |
| 1582 | 833 | VAN DYCK Gert | TEMSE | 46 | M45 | 134 | 0:51:16 | 10,53 | 5:42 |
| 1583 | 5405 | VAN TURNHOUT Lise | OLEN | 28 | SEF | 197 | 0:51:16 | 10,53 | 5:42 |
| 1584 | 5735 | HUS Tom | GEEL | 36 | M35 | 214 | 0:51:17 | 10,53 | 5:42 |
| 1585 | 5793 | TEIRLINCK Sven | KESTER | 38 | M35 | 215 | 0:51:17 | 10,53 | 5:42 |
| 1586 | 5911 | BINNEMANS Steve | HEMIKSEM | 39 | M35 | 216 | 0:51:18 | 10,53 | 5:42 |
| 1587 | 97 | DIERICKX Michiel | MORTSEL | 39 | M35 | 217 | 0:51:18 | 10,53 | 5:42 |
| 1588 | 5553 | HILL Anna | BRUXELLES | 29 | SEF | 198 | 0:51:18 | 10,53 | 5:42 |
| 1589 | 6940 | VAN ACKER Rigis | SINT KATELIJNE WAVER | 35 | M35 | 218 | 0:51:18 | 10,53 | 5:42 |
| 1590 | 5025 | HENDERIECKX Willem | BEERSE | 16 | SEH | 484 | 0:51:19 | 10,52 | 5:42 |
| 1591 | 3486 | CHEUNG Dek-Gei | ANTWERPEN | 27 | SEH | 485 | 0:51:20 | 10,52 | 5:42 |
| 1592 | 5373 | VERVLOET Steve | BERLAAR | 33 | SEH | 486 | 0:51:20 | 10,52 | 5:42 |
| 1593 | 5111 | VAN HOVE Gerard | BERGEIJK | 52 | M50 | 92 | 0:51:21 | 10,52 | 5:42 |
| 1594 | 4296 | LANNAERT Glenn, | SCHAFFEN | 38 | M35 | 219 | 0:51:22 | 10,51 | 5:42 |
| 1595 | 6207 | LISMONDE Hans | SCHILDE | 51 | M50 | 93 | 0:51:22 | 10,51 | 5:42 |
| 1596 | 2084 | UBACHS Dave | LINT | 45 | M45 | 135 | 0:51:22 | 10,51 | 5:42 |
| 1597 | 5926 | CEULEMANS Steve | ZELEM | 48 | M45 | 136 | 0:51:23 | 10,51 | 5:43 |
| 1598 | 962 | KEGELEERS Jeroen | BORSBEEK | 36 | M35 | 220 | 0:51:23 | 10,51 | 5:43 |
| 1599 | 4892 | DE HAAN Tommy | BORSBEEK | 37 | M35 | 221 | 0:51:24 | 10,51 | 5:43 |
| 1600 | 150 | MEERSMAN Davy | BOOM | 40 | M40 | 149 | 0:51:24 | 10,51 | 5:43 |
| 1601 | 3933 | DELEU Leo | EDEGEM | 61 | M60 | 13 | 0:51:25 | 10,50 | 5:43 |
| 1602 | 3767 | GOEMINNE Brigitte | ANTWERPEN | 54 | F50 | 33 | 0:51:25 | 10,50 | 5:43 |
| 1603 | 5612 | VERBOVEN Dennis | HERENTALS | 26 | SEH | 487 | 0:51:25 | 10,50 | 5:43 |
| 1604 | 5167 | CUYVERS Leen | BALEN | 39 | F35 | 78 | 0:51:26 | 10,50 | 5:43 |
| 1605 | 5702 | HEYMAN Dave | ANTWERPEN | 30 | SEH | 488 | 0:51:26 | 10,50 | 5:43 |
| 1606 | 4785 | JANSEN Nadine | WESTMALLE | 45 | F45 | 55 | 0:51:26 | 10,50 | 5:43 |
| 1607 | 6408 | NR 6408 | | | - | 5 | 0:51:26 | 10,50 | 5:43 |
| 1608 | 5812 | SOMERS Ellen | BRASSCHAAT | 23 | SEF | 199 | 0:51:26 | 10,50 | 5:43 |
| 1609 | 5855 | SOMERS Steven | BRASSCHAAT | 20 | SEH | 489 | 0:51:26 | 10,50 | 5:43 |
| 1610 | 4784 | MERTENS Lieve | WESTMALLE | 32 | SEF | 200 | 0:51:28 | 10,49 | 5:43 |
| 1611 | 2987 | GERS Wesley | WIJNEGEM | 34 | SEH | 490 | 0:51:29 | 10,49 | 5:43 |
| 1612 | 3938 | HIEL Ruth | BURCHT | 25 | SEF | 201 | 0:51:29 | 10,49 | 5:43 |
| 1613 | 5671 | MAEYNINCKX Cedric | HERENTALS | 21 | SEH | 491 | 0:51:29 | 10,49 | 5:43 |
| 1614 | 1383 | VERVOORT Veronique | NIJLEN | 35 | F35 | 79 | 0:51:29 | 10,49 | 5:43 |
| 1615 | 6395 | DEL RIO Angel | ANVERS | 49 | M45 | 137 | 0:51:30 | 10,49 | 5:43 |
| 1616 | 6420 | NR 6420 | | | - | 6 | 0:51:30 | 10,49 | 5:43 |
| 1617 | 1111 | VAN GOETHEM Eva | ANTWERPEN | 27 | SEF | 202 | 0:51:30 | 10,49 | 5:43 |
| 1618 | 910 | DELBAR Jean Francois | WEMMEL | 54 | M50 | 94 | 0:51:32 | 10,48 | 5:44 |
| 1619 | 1387 | WOUTERS Femke | NIJLEN | 25 | SEF | 203 | 0:51:32 | 10,48 | 5:44 |
| 1620 | 3789 | COVELIERS-VAN CAMP Yordi | EKEREN | 19 | SEH | 492 | 0:51:33 | 10,48 | 5:44 |
| 1621 | 5214 | VAN DEN BERGH Frank | HALLE ZOERSEL | 52 | M50 | 95 | 0:51:33 | 10,48 | 5:44 |
| 1622 | 1110 | VAN GOETHEM Amaryllis | ANTWERPEN | 27 | SEF | 204 | 0:51:33 | 10,48 | 5:44 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|---------------------|-----|-----|-------|---------|-------|---------|
| 1623 | 4832 | VAN PEE Hans | LEUVEN | 25 | SEH | 493 | 0:51:33 | 10,48 | 5:44 |
| 1624 | 2114 | VAN TOL John | ZIERIKZEE | 55 | M55 | 43 | 0:51:33 | 10,48 | 5:44 |
| 1625 | 499 | VRIJSEN Philippe | SINT-AGATHA-BERCHEM | 25 | SEH | 494 | 0:51:33 | 10,48 | 5:44 |
| 1626 | 948 | SCHEPENS Joke | KESSEL | 31 | SEF | 205 | 0:51:34 | 10,47 | 5:44 |
| 1627 | 5289 | PEETERS Hans | LINT | 37 | M35 | 222 | 0:51:35 | 10,47 | 5:44 |
| 1628 | 4360 | VERCAUTEREN Ines | NIJLEN | 29 | SEF | 206 | 0:51:35 | 10,47 | 5:44 |
| 1629 | 1229 | CAPPAERT Tom | SCHILDE | 44 | M40 | 150 | 0:51:36 | 10,47 | 5:44 |
| 1630 | 947 | SCHEPENS Leen | BONHEIDEN | 34 | SEF | 207 | 0:51:36 | 10,47 | 5:44 |
| 1631 | 5841 | DE DECKER Emma | BORGERHOUT | 17 | SEF | 208 | 0:51:37 | 10,46 | 5:44 |
| 1632 | 3632 | DESMET Mitchell | DEURNE | 24 | SEH | 495 | 0:51:37 | 10,46 | 5:44 |
| 1633 | 4019 | VAN DER SCHRAELEN Gwendy | WOMMELGEM | 25 | SEF | 209 | 0:51:37 | 10,46 | 5:44 |
| 1634 | 4636 | BLONDÉ Wouter | WILRIJK | 53 | M50 | 96 | 0:51:38 | 10,46 | 5:44 |
| 1635 | 3847 | HAEZELEER Nicky | MACHELEN | 27 | SEH | 496 | 0:51:38 | 10,46 | 5:44 |
| 1636 | 6394 | MIGUEL ANGEL Mateo Payá | ANTWERPEN | 36 | M35 | 223 | 0:51:38 | 10,46 | 5:44 |
| 1637 | 1228 | PEETERS Kim | SCHILDE | 33 | SEF | 210 | 0:51:38 | 10,46 | 5:44 |
| 1638 | 5976 | THUYSBAERT Jan | SINAAI | 44 | M40 | 151 | 0:51:38 | 10,46 | 5:44 |
| 1639 | 305 | VANVOLSEM Bruno | MORTSEL | 47 | M45 | 138 | 0:51:39 | 10,45 | 5:44 |
| 1640 | 2488 | BARTHOLOMEEUSSEN Joël | ZOERSEL | 49 | M45 | 139 | 0:51:41 | 10,45 | 5:45 |
| 1641 | 5616 | BOONE Linda | SCHOTEN | 40 | F40 | 74 | 0:51:41 | 10,45 | 5:45 |
| 1642 | 825 | CEULEMANS Nick | NIJLEN | 32 | SEH | 497 | 0:51:43 | 10,44 | 5:45 |
| 1643 | 4633 | VAN ELSACKER Ingrid | BRECHT | 46 | F45 | 56 | 0:51:43 | 10,44 | 5:45 |
| 1644 | 5853 | BOSSCHAERTS Roel | OEEGEM | 29 | SEH | 498 | 0:51:44 | 10,44 | 5:45 |
| 1645 | 3009 | LAMBRECHTS Yorben | BORGERHOUT | 15 | SEH | 499 | 0:51:44 | 10,44 | 5:45 |
| 1646 | 4454 | VANDECAN Kurt | KOERSEL | 38 | M35 | 224 | 0:51:44 | 10,44 | 5:45 |
| 1647 | 4138 | VANLESSEN Gunter | TONGEREN | 42 | M40 | 152 | 0:51:44 | 10,44 | 5:45 |
| 1648 | 4156 | FOURNEAU Leen | TONGEREN | 39 | F35 | 80 | 0:51:45 | 10,43 | 5:45 |
| 1649 | 5852 | JANSSENS Anthony | DEURNE | 30 | SEH | 500 | 0:51:45 | 10,43 | 5:45 |
| 1650 | 5466 | KERKHOF Greet | HASSELT | 36 | F35 | 81 | 0:51:45 | 10,43 | 5:45 |
| 1651 | 5787 | RAYMACKERS Marco | DEURNE | 17 | SEH | 501 | 0:51:45 | 10,43 | 5:45 |
| 1652 | 5498 | VAN DE PUTTE Hilke | BORGERHOUT | 30 | SEF | 211 | 0:51:45 | 10,43 | 5:45 |
| 1653 | 3493 | VERMEIREN Lode | ANTWERPEN | 33 | SEH | 502 | 0:51:45 | 10,43 | 5:45 |
| 1654 | 5513 | BALLIU Kaya | HEMIKSEM | 30 | SEF | 212 | 0:51:46 | 10,43 | 5:45 |
| 1655 | 6030 | BILLIAU Vicky | SHELLE | 34 | SEF | 213 | 0:51:46 | 10,43 | 5:45 |
| 1656 | 4621 | PLAITIN Marie-Lily | SCHILDE | 21 | SEF | 214 | 0:51:46 | 10,43 | 5:45 |
| 1657 | 5394 | STERCKX Jan | NOORDERWIJK | 37 | M35 | 225 | 0:51:46 | 10,43 | 5:45 |
| 1658 | 3010 | WOLLAERT Floris | DEURNE | 24 | SEH | 503 | 0:51:46 | 10,43 | 5:45 |
| 1659 | 603 | BASTIAENS Karin | SINT-JOB-IN-'T-GOOR | 48 | F45 | 57 | 0:51:47 | 10,43 | 5:45 |
| 1660 | 3439 | DE RUYTER Alex | WIJNEGEM | 26 | SEH | 504 | 0:51:47 | 10,43 | 5:45 |
| 1661 | 726 | HAESAERT Aurélie | EKEREN | 42 | F40 | 75 | 0:51:47 | 10,43 | 5:45 |
| 1662 | 1600 | JOCHEMS Peter | RIJKEVORSEL | 45 | M45 | 140 | 0:51:47 | 10,43 | 5:45 |
| 1663 | 5977 | VERHOEVEN Kenny | LIER | 38 | M35 | 226 | 0:51:48 | 10,42 | 5:45 |
| 1664 | 5617 | VAN DE VEL Tineke | 'S-GRAVENWEZEL | 38 | F35 | 82 | 0:51:49 | 10,42 | 5:45 |
| 1665 | 2445 | COPPIETERS Carl | MALLE | 45 | M45 | 141 | 0:51:50 | 10,42 | 5:46 |
| 1666 | 3270 | CORNELISSEN Davy | STABROEK | 36 | M35 | 227 | 0:51:50 | 10,42 | 5:46 |
| 1667 | 4813 | DE ROECK Bruno | KONTICH | 55 | M55 | 44 | 0:51:51 | 10,41 | 5:46 |
| 1668 | 5795 | DE VOS Kim | AARTSELAAR | 30 | SEH | 505 | 0:51:51 | 10,41 | 5:46 |
| 1669 | 69 | MERTENS Bart | OOSTMALLE | 42 | M40 | 153 | 0:51:51 | 10,41 | 5:46 |
| 1670 | 6511 | CLAESSENS Thomas | BERCHEM | 25 | SEH | 506 | 0:51:53 | 10,41 | 5:46 |
| 1671 | 3813 | KATANSKA Katarzyna | BRUSSELS | 26 | SEF | 215 | 0:51:53 | 10,41 | 5:46 |
| 1672 | 4542 | VAN NUFFELEN Werner | PULDERBOS | 41 | M40 | 154 | 0:51:53 | 10,41 | 5:46 |
| 1673 | 2274 | FLOREN Bert | WOMMELGEM | 36 | M35 | 228 | 0:51:54 | 10,40 | 5:46 |
| 1674 | 2302 | VAN GEEL Helene | WILRIJK | 25 | SEF | 216 | 0:51:54 | 10,40 | 5:46 |
| 1675 | 6047 | MOTTEUX Alex | KESSEL-LO | 28 | SEH | 507 | 0:51:55 | 10,40 | 5:46 |
| 1676 | 1378 | SOONTJENS Ineke | NIJLEN | 40 | F40 | 76 | 0:51:55 | 10,40 | 5:46 |
| 1677 | 3861 | DE CRAENE Karen | GENT | 33 | SEF | 217 | 0:51:57 | 10,39 | 5:46 |
| 1678 | 323 | PINCKET Paul | MALLE | 48 | M45 | 142 | 0:51:57 | 10,39 | 5:46 |
| 1679 | 6465 | POLEUR Christophe | SINT-NIKLAAS | 30 | SEH | 508 | 0:51:57 | 10,39 | 5:46 |
| 1680 | 1385 | BONTE Stephanie | NIJLEN | 32 | SEF | 218 | 0:51:58 | 10,39 | 5:46 |
| 1681 | 3443 | JACOBS Kris | ZOERSEL | 43 | M40 | 155 | 0:51:58 | 10,39 | 5:46 |
| 1682 | 2476 | VAN DYCK Renaat | ZOERSEL | 54 | M50 | 97 | 0:51:58 | 10,39 | 5:46 |
| 1683 | 3124 | FLEERACKERS Tom | KAPELLEN | 38 | M35 | 229 | 0:51:59 | 10,39 | 5:47 |
| 1684 | 3125 | MEYVIS Marleen | KAPELLEN | 35 | F35 | 83 | 0:52:00 | 10,38 | 5:47 |
| 1685 | 5727 | PHILIPPO Danny | ROTSELAAR | 32 | SEH | 509 | 0:52:00 | 10,38 | 5:47 |
| 1686 | 5925 | COTEMANS Celle | SINT JOB | 53 | M50 | 98 | 0:52:02 | 10,38 | 5:47 |
| 1687 | 745 | DE WAEL Berten | DEURNE | 24 | SEH | 510 | 0:52:02 | 10,38 | 5:47 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|--------------|-----|-----|-------|---------|-------|---------|
| 1688 | 98 | POTTERS Joris | MORTSEL | 41 | M40 | 156 | 0:52:02 | 10,38 | 5:47 |
| 1689 | 3855 | VAN GOEY Jeroen | GENTBRUGGE | 37 | M35 | 230 | 0:52:02 | 10,38 | 5:47 |
| 1690 | 5714 | VERSCHUEREN Sofie | TREMELO | 32 | SEF | 219 | 0:52:02 | 10,38 | 5:47 |
| 1691 | 3936 | KERSSCHOT Roel | ANTWERPEN | 32 | SEH | 511 | 0:52:03 | 10,37 | 5:47 |
| 1692 | 3853 | VAN AUDENHAEGE Karen | GENT | 29 | SEF | 220 | 0:52:03 | 10,37 | 5:47 |
| 1693 | 5574 | VERVECKEN Jan | KASTERLEE | 44 | M40 | 157 | 0:52:03 | 10,37 | 5:47 |
| 1694 | 3623 | DARDENNE Remko | DEURNE | 31 | SEH | 512 | 0:52:06 | 10,36 | 5:47 |
| 1695 | 4941 | DESCAMPS Xavier | NIMY | 49 | M45 | 143 | 0:52:06 | 10,36 | 5:47 |
| 1696 | 2664 | SHULKIN Arie | WOMMELGEM | 23 | SEH | 513 | 0:52:06 | 10,36 | 5:47 |
| 1697 | 5501 | CLEMENT Mathias | BIERBEEK | 16 | SEH | 514 | 0:52:07 | 10,36 | 5:47 |
| 1698 | 4896 | SIMONS Julie | BORSBEEK | 37 | F35 | 84 | 0:52:07 | 10,36 | 5:47 |
| 1699 | 372 | THEYS Annelies | TESSENDERLO | 31 | SEF | 221 | 0:52:07 | 10,36 | 5:47 |
| 1700 | 3966 | HEYLEN Gerry | BEVERLO | 44 | M40 | 158 | 0:52:08 | 10,36 | 5:48 |
| 1701 | 3123 | LABIESE Benny | GRIMBERGEN | 57 | M55 | 45 | 0:52:08 | 10,36 | 5:48 |
| 1702 | 4485 | THIELMAN Gert | TEMSE | 42 | M40 | 159 | 0:52:08 | 10,36 | 5:48 |
| 1703 | 5337 | VINCKE Loran | GENT | 29 | SEH | 515 | 0:52:08 | 10,36 | 5:48 |
| 1704 | 3967 | GEBOERS Saskia | HEPPEN | 32 | SEF | 222 | 0:52:09 | 10,35 | 5:48 |
| 1705 | 5722 | VAN DE VONDEL Jill | ANTWERPEN | 17 | SEF | 223 | 0:52:09 | 10,35 | 5:48 |
| 1706 | 4706 | VAN KELLE Jeroen | ANTWERPEN | 34 | SEH | 516 | 0:52:10 | 10,35 | 5:48 |
| 1707 | 5540 | VANDENPLAS Maarten | SINT-NIKLAAS | 28 | SEH | 517 | 0:52:10 | 10,35 | 5:48 |
| 1708 | 6142 | BASTIAENS Esli | HOEVENEN | 29 | SEH | 518 | 0:52:11 | 10,35 | 5:48 |
| 1709 | 4893 | CORNELIS Patrick | BORSBEEK | 37 | M35 | 231 | 0:52:11 | 10,35 | 5:48 |
| 1710 | 4109 | DE POTTER Niels | KORTRIJK | 27 | SEH | 519 | 0:52:11 | 10,35 | 5:48 |
| 1711 | 5408 | DE SMEDT Dries | OLEN | 33 | SEH | 520 | 0:52:11 | 10,35 | 5:48 |
| 1712 | 100 | DEMUYS Koen | MORTSEL | 39 | M35 | 232 | 0:52:11 | 10,35 | 5:48 |
| 1713 | 4112 | HELIN Aaron | ROLLEGEM | 31 | SEH | 521 | 0:52:11 | 10,35 | 5:48 |
| 1714 | 3218 | VROMANS Bram | TREMELO | 33 | SEH | 522 | 0:52:11 | 10,35 | 5:48 |
| 1715 | 3096 | DE BAERE Celine | DIKKELVENNE | 38 | F35 | 85 | 0:52:12 | 10,34 | 5:48 |
| 1716 | 6571 | DEFERM Niels | | 28 | SEH | 523 | 0:52:12 | 10,34 | 5:48 |
| 1717 | 3136 | NEEL Philippe | ANTWERPEN | 41 | M40 | 160 | 0:52:12 | 10,34 | 5:48 |
| 1718 | 5120 | VAN MECHELEN Philip | TURNHOUT | 25 | SEH | 524 | 0:52:12 | 10,34 | 5:48 |
| 1719 | 4110 | VIAENE Karlien | AALBEKE | 29 | SEF | 224 | 0:52:12 | 10,34 | 5:48 |
| 1720 | 5719 | DE RUDDER Els | LOKEREN | 37 | F35 | 86 | 0:52:13 | 10,34 | 5:48 |
| 1721 | 2586 | DUINKERKE Willem | HERENTALS | 38 | M35 | 233 | 0:52:13 | 10,34 | 5:48 |
| 1722 | 3781 | HENDERICKX Marnix | ARENDONK | 34 | SEH | 525 | 0:52:13 | 10,34 | 5:48 |
| 1723 | 6228 | PERSAN Bert | GENT | 29 | SEH | 526 | 0:52:13 | 10,34 | 5:48 |
| 1724 | 5074 | LUYCKX Joris | MELSELE | 29 | SEH | 527 | 0:52:14 | 10,34 | 5:48 |
| 1725 | 4466 | MONTALTO Roberto | SCHOTEN | 41 | M40 | 161 | 0:52:14 | 10,34 | 5:48 |
| 1726 | 5632 | ONGENA Joris | EKSAARDE | 44 | M40 | 162 | 0:52:15 | 10,33 | 5:48 |
| 1727 | 4978 | STRIJBOS Dempsey | DEURNE | 28 | SEH | 528 | 0:52:15 | 10,33 | 5:48 |
| 1728 | 6277 | VAN DER HEYDEN Kristof | MAZENZELE | 35 | M35 | 234 | 0:52:15 | 10,33 | 5:48 |
| 1729 | 2041 | CLAUWENS Erick | ANTWERPEN | 53 | M50 | 99 | 0:52:17 | 10,33 | 5:49 |
| 1730 | 5514 | HENDRICKX Ann | MERKSEM | 46 | F45 | 58 | 0:52:17 | 10,33 | 5:49 |
| 1731 | 492 | KORSTEN Ronny | ZEMST | 49 | M45 | 144 | 0:52:17 | 10,33 | 5:49 |
| 1732 | 6151 | MOORTHAAMER Erik | KRUIBEKE | 53 | M50 | 100 | 0:52:17 | 10,33 | 5:49 |
| 1733 | 5692 | VERBRAECKEN Nadine | ZAFFELARE | 38 | F35 | 87 | 0:52:17 | 10,33 | 5:49 |
| 1734 | 3508 | ANDERSEN Patrick | BERCHEM | 50 | M50 | 101 | 0:52:18 | 10,33 | 5:49 |
| 1735 | 5302 | GEUDENS Dean | WILRIJK | 15 | SEH | 529 | 0:52:18 | 10,33 | 5:49 |
| 1736 | 6025 | HORICX Sven | OPWIJK | 36 | M35 | 235 | 0:52:18 | 10,33 | 5:49 |
| 1737 | 3715 | SCHOENAERTS Lieve | BEVEREN | 35 | F35 | 88 | 0:52:18 | 10,33 | 5:49 |
| 1738 | 3903 | TOURNAY Sébastien | ZAVENTEM | 32 | SEH | 530 | 0:52:18 | 10,33 | 5:49 |
| 1739 | 3192 | VAN DEN HEUVEL Sofie | BOOM | 33 | SEF | 225 | 0:52:18 | 10,33 | 5:49 |
| 1740 | 4044 | BOEYKENS Liesbet | MORTSEL | 28 | SEF | 226 | 0:52:19 | 10,32 | 5:49 |
| 1741 | 4273 | BOEYKENS Nele | BERCHEM | 31 | SEF | 227 | 0:52:19 | 10,32 | 5:49 |
| 1742 | 3696 | DE POURCQ Nathalie | WETTEREN | 31 | SEF | 228 | 0:52:19 | 10,32 | 5:49 |
| 1743 | 5474 | VOCHTEN Hilde | BRASSCHAAT | 37 | F35 | 89 | 0:52:19 | 10,32 | 5:49 |
| 1744 | 3699 | MOENS Ann | VLIERZELE | 40 | F40 | 77 | 0:52:20 | 10,32 | 5:49 |
| 1745 | 6433 | BART Dillen | WIJNEGEM | 42 | M40 | 163 | 0:52:21 | 10,32 | 5:49 |
| 1746 | 6432 | STEVE De Niet | WIJNEGEM | 39 | M35 | 236 | 0:52:21 | 10,32 | 5:49 |
| 1747 | 5583 | VAN EXTERGEM Jo | HERENT | 35 | M35 | 237 | 0:52:21 | 10,32 | 5:49 |
| 1748 | 2567 | CLEEREN Katrien | SCHILDE | 34 | SEF | 229 | 0:52:22 | 10,31 | 5:49 |
| 1749 | 4519 | VANDEN BRANDEN Stijn | RELEGEM | 38 | M35 | 238 | 0:52:22 | 10,31 | 5:49 |
| 1750 | 4274 | AKGUN Teffik | WOMMELGEM | 37 | M35 | 239 | 0:52:23 | 10,31 | 5:49 |
| 1751 | 1471 | DRIESSEN Miek | DEURNE | 38 | F35 | 90 | 0:52:23 | 10,31 | 5:49 |
| 1752 | 191 | HARDER Raymond | ANTWERPEN | 27 | SEH | 531 | 0:52:23 | 10,31 | 5:49 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|----------------------|-----|-----|-------|---------|-------|---------|
| 1753 | 4258 | WYNEN Wouter | BRECHT | 36 | M35 | 240 | 0:52:23 | 10,31 | 5:49 |
| 1754 | 4150 | COPPIETERS Jolien | GENTBRUGGE | 29 | SEF | 230 | 0:52:24 | 10,31 | 5:49 |
| 1755 | 4149 | DE SMEDT David | SCHAARBEEK | 34 | SEH | 532 | 0:52:24 | 10,31 | 5:49 |
| 1756 | 1486 | VAN DAAL Tine | BORGERHOUT | 35 | F35 | 91 | 0:52:24 | 10,31 | 5:49 |
| 1757 | 6575 | BOSSE Stijn | HOBOKEN | 36 | M35 | 241 | 0:52:25 | 10,30 | 5:49 |
| 1758 | 5729 | PHILIPPO Franky | PERK | 29 | SEH | 533 | 0:52:25 | 10,30 | 5:49 |
| 1759 | 3108 | VAN DER AUWERA Niels | BORGERHOUT | 32 | SEH | 534 | 0:52:25 | 10,30 | 5:49 |
| 1760 | 4272 | DE LAET Els | WOMMELGEM | 36 | F35 | 92 | 0:52:26 | 10,30 | 5:50 |
| 1761 | 56 | STALMANS Marc | BORGERHOUT | 52 | M50 | 102 | 0:52:26 | 10,30 | 5:50 |
| 1762 | 5273 | DE VET Lotte | WUUSTWEZEL | 20 | SEF | 231 | 0:52:27 | 10,30 | 5:50 |
| 1763 | 5272 | HERMANS Heleen | HOVE | 22 | SEF | 232 | 0:52:27 | 10,30 | 5:50 |
| 1764 | 2034 | VAN DER DONCK Annelies | PULLE | 43 | F40 | 78 | 0:52:27 | 10,30 | 5:50 |
| 1765 | 505 | HERTOGS Werner | ANTWERPEN | 52 | M50 | 103 | 0:52:28 | 10,29 | 5:50 |
| 1766 | 4695 | MAHIEU Alain | DEURNE | 52 | M50 | 104 | 0:52:28 | 10,29 | 5:50 |
| 1767 | 5086 | SEGERS Arn | ARENDONK | 26 | SEH | 535 | 0:52:28 | 10,29 | 5:50 |
| 1768 | 4500 | VAN ELS Nic | MERKSEM | 39 | M35 | 242 | 0:52:28 | 10,29 | 5:50 |
| 1769 | 6183 | VERHEYEN Bjorn | SCHOTEN | 34 | SEH | 536 | 0:52:28 | 10,29 | 5:50 |
| 1770 | 3989 | DE CLERCQ Bart | DEURNE | 48 | M45 | 145 | 0:52:29 | 10,29 | 5:50 |
| 1771 | 4690 | VAN PUL Robin | TURNHOUT | 28 | SEH | 537 | 0:52:29 | 10,29 | 5:50 |
| 1772 | 3436 | CARLIER Sabrina | ANTWERPEN | 30 | SEF | 233 | 0:52:30 | 10,29 | 5:50 |
| 1773 | 5084 | PAESHUYSE Kim | ARENDONK | 28 | SEH | 538 | 0:52:30 | 10,29 | 5:50 |
| 1774 | 768 | VEELAERT Jelle | WILRIJK | 35 | M35 | 243 | 0:52:30 | 10,29 | 5:50 |
| 1775 | 2033 | DE BRABANDER Johan | PULLE | 45 | M45 | 146 | 0:52:31 | 10,28 | 5:50 |
| 1776 | 5085 | HAYEN Benny | ARENDONK | 36 | M35 | 244 | 0:52:31 | 10,28 | 5:50 |
| 1777 | 3247 | BECKERS Marouschka | EDEGEM | 39 | F35 | 93 | 0:52:32 | 10,28 | 5:50 |
| 1778 | 4453 | VANDECAN Ann | HEPPEN | 36 | F35 | 94 | 0:52:32 | 10,28 | 5:50 |
| 1779 | 3253 | CHIRILLO Dominique | LUMMEN | 37 | F35 | 95 | 0:52:33 | 10,28 | 5:50 |
| 1780 | 6036 | CULOT Dennis | HASSELT | 28 | SEH | 539 | 0:52:33 | 10,28 | 5:50 |
| 1781 | 2035 | DE BRABANDER Tijs | PULLE | 11 | SEH | 540 | 0:52:33 | 10,28 | 5:50 |
| 1782 | 5459 | SHELLEKENS Tom | VOSELAAR | 39 | M35 | 245 | 0:52:33 | 10,28 | 5:50 |
| 1783 | 5484 | MASCIA Alessandro | BRUXELLES | 36 | M35 | 246 | 0:52:35 | 10,27 | 5:51 |
| 1784 | 3869 | VAN AUTREVE Boudewijn | GENT | 40 | M40 | 164 | 0:52:35 | 10,27 | 5:51 |
| 1785 | 4024 | VAN MEERSSCHE Nick | BORSBEEK | 32 | SEH | 541 | 0:52:35 | 10,27 | 5:51 |
| 1786 | 6127 | KONINCKX Davy | BEERSE | 39 | M35 | 247 | 0:52:36 | 10,27 | 5:51 |
| 1787 | 1353 | BOGAERTS Lieve | ASSENT | 40 | F40 | 79 | 0:52:37 | 10,26 | 5:51 |
| 1788 | 3540 | EMBRECHTS Simon | PAAL | 29 | SEH | 542 | 0:52:37 | 10,26 | 5:51 |
| 1789 | 393 | KUIPERS Ron | HOENSBROEK | 45 | M45 | 147 | 0:52:37 | 10,26 | 5:51 |
| 1790 | 824 | VAN LOON Dirk | VOSELAAR | 50 | M50 | 105 | 0:52:37 | 10,26 | 5:51 |
| 1791 | 6124 | BOLS Ruud | HOOGSTRATEN | 27 | SEH | 543 | 0:52:38 | 10,26 | 5:51 |
| 1792 | 1227 | FREIJZER Patrick | HULST | 45 | M45 | 148 | 0:52:38 | 10,26 | 5:51 |
| 1793 | 5720 | GIJSELS Bert | KAPELLEN | 40 | M40 | 165 | 0:52:38 | 10,26 | 5:51 |
| 1794 | 5400 | RAMPART Davy | BRASSCHAAT | 36 | M35 | 248 | 0:52:38 | 10,26 | 5:51 |
| 1795 | 837 | REYMNANTS Bart | ZICHEM | 30 | SEH | 544 | 0:52:38 | 10,26 | 5:51 |
| 1796 | 5994 | VAN DER VLIET Josa | TERNEUZEN | 51 | F50 | 34 | 0:52:39 | 10,26 | 5:51 |
| 1797 | 426 | VANHOOYDONCK Manu | KAPELLEN | 35 | M35 | 249 | 0:52:40 | 10,25 | 5:51 |
| 1798 | 5510 | MAES Geert | WUUSTWEZEL | 29 | SEH | 545 | 0:52:42 | 10,25 | 5:51 |
| 1799 | 3792 | VERBRUGGEN Britt | HOBOKEN | 27 | SEF | 234 | 0:52:42 | 10,25 | 5:51 |
| 1800 | 4809 | TACHELET Bart | KAPELLEN | 46 | M45 | 149 | 0:52:44 | 10,24 | 5:52 |
| 1801 | 4180 | VERBEKE Ellen | ANTWERPEN | 28 | SEF | 235 | 0:52:44 | 10,24 | 5:52 |
| 1802 | 6404 | ELST Ronny | KAPELLEN | 54 | M50 | 106 | 0:52:45 | 10,24 | 5:52 |
| 1803 | 6119 | PIETERSMA Geert | DOETINCHEM | 33 | SEH | 546 | 0:52:46 | 10,23 | 5:52 |
| 1804 | 4940 | ADRIAENSSEN Bram | DEURNE | 33 | SEH | 547 | 0:52:47 | 10,23 | 5:52 |
| 1805 | 3962 | BEYERS Yannis | KALMTHOUT | 14 | SEH | 548 | 0:52:48 | 10,23 | 5:52 |
| 1806 | 2389 | DE CLERCQ Dries | DEURNE | 15 | SEH | 549 | 0:52:48 | 10,23 | 5:52 |
| 1807 | 6118 | DRIESEN Rochelle | DOETINCHEM | 24 | SEF | 236 | 0:52:48 | 10,23 | 5:52 |
| 1808 | 3611 | GEUDENS Ken | DEURNE | 31 | SEH | 550 | 0:52:48 | 10,23 | 5:52 |
| 1809 | 6360 | NR 6360 | | | - | 7 | 0:52:48 | 10,23 | 5:52 |
| 1810 | 5953 | WAUTERS Hans | DEURNE | 40 | M40 | 166 | 0:52:48 | 10,23 | 5:52 |
| 1811 | 163 | VAN DER LINDEN Tim | DEURNE | 34 | SEH | 551 | 0:52:49 | 10,22 | 5:52 |
| 1812 | 5975 | VERHOEVEN Tina | EMBLEM | 36 | F35 | 96 | 0:52:49 | 10,22 | 5:52 |
| 1813 | 5062 | ALBERGS Andy | BONHEIDEN | 35 | M35 | 250 | 0:52:50 | 10,22 | 5:52 |
| 1814 | 5593 | BOUGOUFA Liazed | TESSENDERLO (BELGIË) | 38 | M35 | 251 | 0:52:51 | 10,22 | 5:52 |
| 1815 | 3553 | DAEMS Matisse | ANTWERPEN | 15 | SEH | 552 | 0:52:51 | 10,22 | 5:52 |
| 1816 | 5789 | SNEYERS Tom | LUBBEEK | 34 | SEH | 553 | 0:52:51 | 10,22 | 5:52 |
| 1817 | 5061 | GEYS Clara | MECHELEN | 26 | SEF | 237 | 0:52:52 | 10,21 | 5:52 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|---------------|-----|-----|-------|---------|-------|---------|
| 1818 | 5590 | HOSTEAUX Fried'L | ERTVELDE | 50 | F50 | 35 | 0:52:52 | 10,21 | 5:52 |
| 1819 | 306 | JANSEN Anne | MORTSEL | 56 | F55 | 17 | 0:52:52 | 10,21 | 5:52 |
| 1820 | 5675 | STYNS Tom | EDEGEM | 35 | M35 | 252 | 0:52:52 | 10,21 | 5:52 |
| 1821 | 5192 | DE BELS Jessica | ANTWERPEN | 30 | SEF | 238 | 0:52:53 | 10,21 | 5:53 |
| 1822 | 3299 | MARIN Bart | BOORTMEERBEEK | 39 | M35 | 253 | 0:52:53 | 10,21 | 5:53 |
| 1823 | 5191 | VYT Philip | ANTWERPEN | 34 | SEH | 554 | 0:52:53 | 10,21 | 5:53 |
| 1824 | 1814 | BESTERS Wim | MELSELE | 43 | M40 | 167 | 0:52:54 | 10,21 | 5:53 |
| 1825 | 5823 | LOOCKX Filip | KESSEL-LO | 36 | M35 | 254 | 0:52:55 | 10,20 | 5:53 |
| 1826 | 4292 | METSU Geert | WOMMELGEM | 37 | M35 | 255 | 0:52:55 | 10,20 | 5:53 |
| 1827 | 5822 | DE LAAT Bruce | KESSEL-LO | 34 | SEH | 555 | 0:52:56 | 10,20 | 5:53 |
| 1828 | 6140 | MEUTERMANS Arno | ANTWERPEN | 14 | SEH | 556 | 0:52:56 | 10,20 | 5:53 |
| 1829 | 4843 | LEMMENS Koen | BUGGENHOUT | 33 | SEH | 557 | 0:52:57 | 10,20 | 5:53 |
| 1830 | 5730 | PHILIPPO Sylvia | PERK | 35 | F35 | 97 | 0:52:57 | 10,20 | 5:53 |
| 1831 | 4844 | HEYVAERT Filip | BUGGENHOUT | 34 | SEH | 558 | 0:52:58 | 10,20 | 5:53 |
| 1832 | 5997 | HOUTHUYS Michel | ANTWERPEN | 57 | M55 | 46 | 0:52:58 | 10,20 | 5:53 |
| 1833 | 6222 | VAN DEN PUTTE Julie | HEVER | 27 | SEF | 239 | 0:52:58 | 10,20 | 5:53 |
| 1834 | 2030 | VAN HOECK Sophie | SCHILDE | 44 | F40 | 80 | 0:52:58 | 10,20 | 5:53 |
| 1835 | 2004 | ADRIAENSSEN Katrien | WIJNEGEM | 38 | F35 | 98 | 0:52:59 | 10,19 | 5:53 |
| 1836 | 2419 | STURBOIS Nickey | BEVERST | 47 | F45 | 59 | 0:52:59 | 10,19 | 5:53 |
| 1837 | 3720 | DAENEN Leen | BEVEREN | 33 | SEF | 240 | 0:53:00 | 10,19 | 5:53 |
| 1838 | 2673 | VANDONINCK Jef | ANTWERPEN | 12 | SEH | 559 | 0:53:00 | 10,19 | 5:53 |
| 1839 | 2672 | VANDONINCK Koen | ANTWERPEN | 44 | M40 | 168 | 0:53:00 | 10,19 | 5:53 |
| 1840 | 2843 | VERGAUWEN Carine | SINT-NIKLAAS | 53 | F50 | 36 | 0:53:00 | 10,19 | 5:53 |
| 1841 | 1703 | MAES Kurt | EDEGEM | 34 | SEH | 560 | 0:53:01 | 10,19 | 5:53 |
| 1842 | 4460 | PAILLET Peter | MUIZEN | 32 | SEH | 561 | 0:53:01 | 10,19 | 5:53 |
| 1843 | 5567 | ROOTHOFT Wout | BERLAAR | 16 | SEH | 562 | 0:53:01 | 10,19 | 5:53 |
| 1844 | 2671 | CROMMEN Matthijs | ANTWERPEN | 12 | SEH | 563 | 0:53:02 | 10,18 | 5:54 |
| 1845 | 1839 | MEYS Karen | ZANDHOVEN | 49 | F45 | 60 | 0:53:04 | 10,18 | 5:54 |
| 1846 | 2818 | OREMUS Maartje | SCHOTEN | 35 | F35 | 99 | 0:53:04 | 10,18 | 5:54 |
| 1847 | 665 | VAN DORSSELAERE Stefanie | EMBLEM | 26 | SEF | 241 | 0:53:05 | 10,17 | 5:54 |
| 1848 | 2675 | CROMMEN Jolien | ANTWERPEN | 15 | SEF | 242 | 0:53:06 | 10,17 | 5:54 |
| 1849 | 969 | LAUREYS Lobke | BRASSCHAAT | 32 | SEF | 243 | 0:53:06 | 10,17 | 5:54 |
| 1850 | 5538 | SOMERS Paul | WIJNEGEM | 36 | M35 | 256 | 0:53:06 | 10,17 | 5:54 |
| 1851 | 5485 | LAUWERS Tim | MECHELEN | 39 | M35 | 257 | 0:53:07 | 10,17 | 5:54 |
| 1852 | 1838 | ROSSEELS Guy | ZANDHOVEN | 49 | M45 | 150 | 0:53:07 | 10,17 | 5:54 |
| 1853 | 3316 | VAN HOOFF Wannes | OELEGEM | 29 | SEH | 564 | 0:53:07 | 10,17 | 5:54 |
| 1854 | 5572 | WIJNEN Joeri | WILRIJK | 37 | M35 | 258 | 0:53:07 | 10,17 | 5:54 |
| 1855 | 6898 | BETERAMS Leo | MECHELEN | 38 | M35 | 259 | 0:53:08 | 10,16 | 5:54 |
| 1856 | 3381 | DE RO Silke | BERCHEM | 25 | SEF | 244 | 0:53:08 | 10,16 | 5:54 |
| 1857 | 6448 | VAN ROOIJ Rudi | OUD TURNHOUT | 49 | M45 | 151 | 0:53:08 | 10,16 | 5:54 |
| 1858 | 4946 | WARRENS Philip | KONTICH | 29 | SEH | 565 | 0:53:08 | 10,16 | 5:54 |
| 1859 | 5512 | FORIER Els | BILZEN | 46 | F45 | 61 | 0:53:09 | 10,16 | 5:54 |
| 1860 | 2959 | OZOLINA Anna | BRUXELLES | 28 | SEF | 245 | 0:53:10 | 10,16 | 5:54 |
| 1861 | 5549 | PERNEEL Ann | ANTWERPEN | 38 | F35 | 100 | 0:53:10 | 10,16 | 5:54 |
| 1862 | 4074 | SIMONTS Jeffry | EDEGEM | 33 | SEH | 566 | 0:53:10 | 10,16 | 5:54 |
| 1863 | 5747 | DAELMAN Nienke | HOEVENEN | 23 | SEF | 246 | 0:53:11 | 10,15 | 5:55 |
| 1864 | 6031 | JANBAZ Khsrow | ANTWERPEN | 24 | SEH | 567 | 0:53:11 | 10,15 | 5:55 |
| 1865 | 5461 | LAUREYSSEN Sophie | BEERSE | 36 | F35 | 101 | 0:53:11 | 10,15 | 5:55 |
| 1866 | 5271 | SCHEPERS Christian | ALSEMBERG | 48 | M45 | 152 | 0:53:11 | 10,15 | 5:55 |
| 1867 | 3564 | SIMONS Kim | ANTWERPEN | 34 | SEF | 247 | 0:53:11 | 10,15 | 5:55 |
| 1868 | 5706 | VAN DEN BUSSCHE Thierry | KORTRIJK | 45 | M45 | 153 | 0:53:11 | 10,15 | 5:55 |
| 1869 | 4601 | DE LIE Koen | KALMTHOUT | 38 | M35 | 260 | 0:53:12 | 10,15 | 5:55 |
| 1870 | 5270 | DIERICKX Katrien | ALSEMBERG | 39 | F35 | 102 | 0:53:12 | 10,15 | 5:55 |
| 1871 | 4787 | MOLS Ben | BERCHEM | 30 | SEH | 568 | 0:53:12 | 10,15 | 5:55 |
| 1872 | 5964 | STERKENS Andreas | EDEGEM | 24 | SEH | 569 | 0:53:12 | 10,15 | 5:55 |
| 1873 | 4741 | VAN GENECHTEN Raf | BERCHEM | 38 | M35 | 261 | 0:53:12 | 10,15 | 5:55 |
| 1874 | 5472 | DE GREYT Wim | STEKENE | 48 | M45 | 154 | 0:53:13 | 10,15 | 5:55 |
| 1875 | 4708 | DIEUSSAERT Frederik | EDEGEM | 39 | M35 | 262 | 0:53:13 | 10,15 | 5:55 |
| 1876 | 3888 | KEMPEN Geert | ANTWERPEN | 35 | M35 | 263 | 0:53:13 | 10,15 | 5:55 |
| 1877 | 4709 | MEES Sven | OUDENAARDE | 41 | M40 | 169 | 0:53:13 | 10,15 | 5:55 |
| 1878 | 5748 | VAN BAUWEL Karin | HOEVENEN | 52 | F50 | 37 | 0:53:13 | 10,15 | 5:55 |
| 1879 | 970 | VAN DIEVEL Sarah | MERKSEM | 31 | SEF | 248 | 0:53:13 | 10,15 | 5:55 |
| 1880 | 5471 | VERBRUGGEN Nancy | STEKENE | 47 | F45 | 62 | 0:53:13 | 10,15 | 5:55 |
| 1881 | 1961 | VANTOMME Isabelle | ANTWERPEN | 30 | SEF | 249 | 0:53:15 | 10,14 | 5:55 |
| 1882 | 6075 | WOUTERS Vaast | NIJLEN | 35 | M35 | 264 | 0:53:16 | 10,14 | 5:55 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|----------------------------|---------------------|-----|-----|-------|---------|-------|---------|
| 1883 | 5475 | CROES Annelies | ZEMST | 34 | SEF | 250 | 0:53:17 | 10,13 | 5:55 |
| 1884 | 5476 | FEYAERTS Lieselot | WEERDE | 34 | SEF | 251 | 0:53:17 | 10,13 | 5:55 |
| 1885 | 2234 | SMETS Pol | DEURNE | 16 | SEH | 570 | 0:53:17 | 10,13 | 5:55 |
| 1886 | 15 | SPOORMANS Michiel | GEEL | 29 | SEH | 571 | 0:53:17 | 10,13 | 5:55 |
| 1887 | 3382 | TRAUWAEN Goe | BOUWEL | 42 | F40 | 81 | 0:53:17 | 10,13 | 5:55 |
| 1888 | 6078 | VAN DEN EYNDE Detlev | WESTMALLE | 40 | M40 | 170 | 0:53:17 | 10,13 | 5:55 |
| 1889 | 5967 | VAN HOORICK Lana | DEURNE | 22 | SEF | 252 | 0:53:17 | 10,13 | 5:55 |
| 1890 | 6269 | WAMBACQ Frank | LIEDEKERKE | 44 | M40 | 171 | 0:53:17 | 10,13 | 5:55 |
| 1891 | 6268 | VAN LAER Nadia | LIEDEKERKE | 44 | F40 | 82 | 0:53:18 | 10,13 | 5:55 |
| 1892 | 2178 | SEGERS Robin | DEURNE | 16 | SEH | 572 | 0:53:19 | 10,13 | 5:55 |
| 1893 | 4847 | SCHOOT Kevin | GAVERE | 36 | M35 | 265 | 0:53:20 | 10,13 | 5:56 |
| 1894 | 6272 | VAEYENS Bart | LIEDEKERKE | 34 | SEH | 573 | 0:53:20 | 10,13 | 5:56 |
| 1895 | 3742 | VANDEKERCKHOVE Roeland | KAPellen | 38 | M35 | 266 | 0:53:20 | 10,13 | 5:56 |
| 1896 | 5656 | BRUYNINCKX Hannelore | KERMT | 33 | SEF | 253 | 0:53:21 | 10,12 | 5:56 |
| 1897 | 2615 | CASTELEYN Robbe | ANTWERPEN | 13 | SEH | 574 | 0:53:21 | 10,12 | 5:56 |
| 1898 | 2815 | VAN ROOIJEN Ellen Christel | ZWARTEWAAL | 31 | SEF | 254 | 0:53:21 | 10,12 | 5:56 |
| 1899 | 2065 | BRUIJN Tanja | WUUSTWEZEL | 30 | SEF | 255 | 0:53:22 | 10,12 | 5:56 |
| 1900 | 5676 | NIJSSEN Patrick | GROBBENDONK | 51 | M50 | 107 | 0:53:22 | 10,12 | 5:56 |
| 1901 | 2222 | PLUYM Stijn | DENDERMONDE | 32 | SEH | 575 | 0:53:22 | 10,12 | 5:56 |
| 1902 | 5444 | TYTGAT Christian | STABROEK | 38 | M35 | 267 | 0:53:22 | 10,12 | 5:56 |
| 1903 | 5978 | DE BORGER Michel | HERENTALS | 47 | M45 | 155 | 0:53:23 | 10,12 | 5:56 |
| 1904 | 3753 | ACHTERGAEL Peter | NIEUWENRODE | 45 | M45 | 156 | 0:53:24 | 10,11 | 5:56 |
| 1905 | 5643 | DE WEVER Jean | SINT AGATHA BERCHEM | 62 | M60 | 14 | 0:53:24 | 10,11 | 5:56 |
| 1906 | 6270 | VAN IMPE Luc | LIEDEKERKE | 51 | M50 | 108 | 0:53:24 | 10,11 | 5:56 |
| 1907 | 6271 | BAUDEWIJN Anne-Marie | LIEDEKERKE | 51 | F50 | 38 | 0:53:25 | 10,11 | 5:56 |
| 1908 | 3866 | VAN DE VOORDE Bart | WAASMUNSTER | 36 | M35 | 268 | 0:53:25 | 10,11 | 5:56 |
| 1909 | 6231 | VANHOOREN Leen | ROESLARE | 36 | F35 | 103 | 0:53:25 | 10,11 | 5:56 |
| 1910 | 3413 | BEYERS Lore | LOENHOUT | 24 | SEF | 256 | 0:53:26 | 10,11 | 5:56 |
| 1911 | 3939 | KERSSCHOT Marlies | AARTSELAAR | 30 | SEF | 257 | 0:53:26 | 10,11 | 5:56 |
| 1912 | 3860 | VAN AUDENAERDE Marc | MELLE | 52 | M50 | 109 | 0:53:26 | 10,11 | 5:56 |
| 1913 | 3349 | VAN RIEL Noor | LOENHOUT | 24 | SEF | 258 | 0:53:26 | 10,11 | 5:56 |
| 1914 | 2617 | CASTELEYN Lode | ANTWERPEN | 43 | M40 | 172 | 0:53:27 | 10,10 | 5:56 |
| 1915 | 4841 | DELOOF Manuel | DUFFEL | 38 | M35 | 269 | 0:53:28 | 10,10 | 5:56 |
| 1916 | 6447 | LUYTEN Dirk | SCHOTEN | 48 | M45 | 157 | 0:53:28 | 10,10 | 5:56 |
| 1917 | 4642 | NIJS Sandra | BEGIJNENDIJK | 44 | F40 | 83 | 0:53:28 | 10,10 | 5:56 |
| 1918 | 4824 | LAEVAERT Peter | ANTWERPEN | 53 | M50 | 110 | 0:53:29 | 10,10 | 5:57 |
| 1919 | 3928 | VAN DEN BOSSCHE Els | DENDERHOUTEM | 32 | SEF | 259 | 0:53:29 | 10,10 | 5:57 |
| 1920 | 4606 | VAN DRIESSCHE Yannick | DEURNE | 30 | SEH | 576 | 0:53:29 | 10,10 | 5:57 |
| 1921 | 1500 | HENSE Hans | BORGERHOUT | 30 | SEH | 577 | 0:53:30 | 10,09 | 5:57 |
| 1922 | 1810 | JEF Belmans | KESSEL | 26 | SEH | 578 | 0:53:30 | 10,09 | 5:57 |
| 1923 | 1437 | AMEYE Petra | SERSKAMP | 44 | F40 | 84 | 0:53:31 | 10,09 | 5:57 |
| 1924 | 5866 | MORTELMANS Bert | DEURNE | 33 | SEH | 579 | 0:53:31 | 10,09 | 5:57 |
| 1925 | 695 | EECKHAUDT Sarah | SERSKAMP | 35 | F35 | 104 | 0:53:32 | 10,09 | 5:57 |
| 1926 | 5608 | GESTHUIZEN Fred | KAPellen | 63 | M60 | 15 | 0:53:32 | 10,09 | 5:57 |
| 1927 | 4082 | SEGERS Kim | BERCHEM | 28 | SEF | 260 | 0:53:32 | 10,09 | 5:57 |
| 1928 | 1498 | STRAGIER Steven | KALMTHOUT | 29 | SEH | 580 | 0:53:32 | 10,09 | 5:57 |
| 1929 | 6496 | VAN MEEL Philippe | LILLE | 31 | SEH | 581 | 0:53:32 | 10,09 | 5:57 |
| 1930 | 4295 | MARIEN Christophe | WICHELEN | 40 | M40 | 173 | 0:53:34 | 10,08 | 5:57 |
| 1931 | 6265 | THEUNCKENS Andre | DEURNE | 58 | M55 | 47 | 0:53:34 | 10,08 | 5:57 |
| 1932 | 5658 | CORTENS Joeri | GENK | 34 | SEH | 582 | 0:53:35 | 10,08 | 5:57 |
| 1933 | 4093 | LAMBERT Inge | WILRIJK | 37 | F35 | 105 | 0:53:36 | 10,07 | 5:57 |
| 1934 | 4822 | LECOK Jochen | KURINGEN | 34 | SEH | 583 | 0:53:36 | 10,07 | 5:57 |
| 1935 | 2961 | POLLARD John | LIER | 55 | M55 | 48 | 0:53:36 | 10,07 | 5:57 |
| 1936 | 2173 | ISAÏE Sanne | DEURNE | 26 | SEF | 261 | 0:53:37 | 10,07 | 5:57 |
| 1937 | 5527 | BERRIAH Karim | WUUSTWEZEL | 29 | SEF | 262 | 0:53:38 | 10,07 | 5:58 |
| 1938 | 4554 | NIELSEN Edit | BRUXELLES | 30 | SEF | 263 | 0:53:38 | 10,07 | 5:58 |
| 1939 | 867 | VAN DE WEYER Eddy | KAPellen | 54 | M50 | 111 | 0:53:38 | 10,07 | 5:58 |
| 1940 | 4743 | VAN HAUTE Michaël | NIEUWKERKEN-WAAS | 33 | SEH | 584 | 0:53:38 | 10,07 | 5:58 |
| 1941 | 172 | WEEMAES Bart | DE KLINGE | 49 | M45 | 158 | 0:53:38 | 10,07 | 5:58 |
| 1942 | 4516 | BERTOZZI Cecilia | BRUXELLES | 35 | F35 | 106 | 0:53:39 | 10,07 | 5:58 |
| 1943 | 4750 | WINDELS Richard | DE KLINGE | 41 | M40 | 174 | 0:53:39 | 10,07 | 5:58 |
| 1944 | 3896 | CLAES Michel | EDEGEM | 52 | M50 | 112 | 0:53:40 | 10,06 | 5:58 |
| 1945 | 1513 | NGUYEN Ba Gia | ANTWERPEN | 46 | M45 | 159 | 0:53:40 | 10,06 | 5:58 |
| 1946 | 5960 | STOOP Saskia | MELSELE | 41 | F40 | 85 | 0:53:40 | 10,06 | 5:58 |
| 1947 | 5721 | VAN DE VONDEL Matti | ANTWERPEN | 14 | SEH | 585 | 0:53:40 | 10,06 | 5:58 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------------|-------------------|-----|-----|-------|---------|-------|---------|
| 1948 | 6927 | PEETERS Johannes Willem | MERELBEKE | 32 | SEH | 586 | 0:53:41 | 10,06 | 5:58 |
| 1949 | 2616 | SEYNAEVE Wim | BORNEM | 43 | M40 | 175 | 0:53:41 | 10,06 | 5:58 |
| 1950 | 3771 | BUCHET Olivier | ASSENT | 36 | M35 | 270 | 0:53:42 | 10,06 | 5:58 |
| 1951 | 5739 | STERCKX Femke | GEEL | 27 | SEF | 264 | 0:53:42 | 10,06 | 5:58 |
| 1952 | 4895 | VERBERT Lotte | BORSBEEK | 37 | F35 | 107 | 0:53:42 | 10,06 | 5:58 |
| 1953 | 4891 | WOUTERS Sven | BORSBEEK | 37 | M35 | 271 | 0:53:42 | 10,06 | 5:58 |
| 1954 | 1259 | JACOBS Benjamin | KONINGSHOOIKT | 21 | SEH | 587 | 0:53:44 | 10,05 | 5:58 |
| 1955 | 4800 | STEYLAERTS Eugeen | SCHOTEN | 53 | M50 | 113 | 0:53:44 | 10,05 | 5:58 |
| 1956 | 4713 | HENDRIKS An | KAPELLEN | 39 | F35 | 108 | 0:53:45 | 10,05 | 5:58 |
| 1957 | 4801 | WOUTERS Annelies | MECHELEN | 36 | F35 | 109 | 0:53:45 | 10,05 | 5:58 |
| 1958 | 6084 | NOYENS Sofie | ESSEN | 25 | SEF | 265 | 0:53:46 | 10,04 | 5:58 |
| 1959 | 1902 | TIMMERMAN Wendy | HEES | 34 | SEF | 266 | 0:53:46 | 10,04 | 5:58 |
| 1960 | 4122 | DIERCKX Erwin | ZONHOVEN | 45 | M45 | 160 | 0:53:48 | 10,04 | 5:59 |
| 1961 | 2888 | HELKENS Jorn | HOEVENEN | 27 | SEH | 588 | 0:53:48 | 10,04 | 5:59 |
| 1962 | 2905 | BRUYNEN Vicky | VLIMMEREN | 39 | F35 | 110 | 0:53:49 | 10,03 | 5:59 |
| 1963 | 4619 | DE WOLF Lotte | BRASSCHAAT | 33 | SEF | 267 | 0:53:49 | 10,03 | 5:59 |
| 1964 | 2232 | DOHMEN Michel | WECHELDERZANDE | 52 | M50 | 114 | 0:53:50 | 10,03 | 5:59 |
| 1965 | 1312 | VAN DEN WYNGAERT Bart | BRASSCHAAT | 23 | SEH | 589 | 0:53:50 | 10,03 | 5:59 |
| 1966 | 2583 | VAN NOTEN Ellen | HOBOKEN | 34 | SEF | 268 | 0:53:50 | 10,03 | 5:59 |
| 1967 | 3178 | BERRAZI Ikhlas | WUUSTWEZEL | 23 | SEH | 590 | 0:53:51 | 10,03 | 5:59 |
| 1968 | 2824 | DE WAELE Lana | HAMME | 8 | SEF | 269 | 0:53:52 | 10,02 | 5:59 |
| 1969 | 2387 | DERIJCKE Sophie | ANTWERPEN | 45 | F45 | 63 | 0:53:52 | 10,02 | 5:59 |
| 1970 | 6149 | MARCQ Pascal | BORGERHOUT | 55 | M55 | 49 | 0:53:53 | 10,02 | 5:59 |
| 1971 | 2582 | SCHRYVERS Stephanie | HOBOKEN | 31 | SEF | 270 | 0:53:53 | 10,02 | 5:59 |
| 1972 | 3584 | VAN TUYN Kelly | KAPELLEN | 34 | SEF | 271 | 0:53:53 | 10,02 | 5:59 |
| 1973 | 4945 | VERSCHAEREN Sacha | NEERHEYLISSEM | 44 | M40 | 176 | 0:53:53 | 10,02 | 5:59 |
| 1974 | 4947 | A Ronny | WILRIJK | 36 | M35 | 272 | 0:53:54 | 10,02 | 5:59 |
| 1975 | 2823 | VAN DEN BORRE Ann | HAMME | 36 | F35 | 111 | 0:53:54 | 10,02 | 5:59 |
| 1976 | 1699 | AERTS Rudy | KASTERLEE | 43 | M40 | 177 | 0:53:55 | 10,02 | 5:59 |
| 1977 | 5256 | HOEKMAN Benito | HUISE | 28 | SEH | 591 | 0:53:56 | 10,01 | 6:00 |
| 1978 | 6409 | PEETERS Tom | KONTICH | 34 | SEH | 592 | 0:53:56 | 10,01 | 6:00 |
| 1979 | 4719 | SANCTORUM Hendrika | KAPELLEN | 39 | F35 | 112 | 0:53:56 | 10,01 | 6:00 |
| 1980 | 5430 | KONINCKX Tom | BRUSSEL | 42 | M40 | 178 | 0:53:57 | 10,01 | 6:00 |
| 1981 | 2481 | VERRESEN Mats | MALLE | 11 | SEH | 593 | 0:53:57 | 10,01 | 6:00 |
| 1982 | 1566 | BECKERS Sebastian | DEURNE(ANTWERPEN) | 18 | SEH | 594 | 0:53:58 | 10,01 | 6:00 |
| 1983 | 4669 | DELATIN Dimitri | BRASSCHAAT | 33 | SEH | 595 | 0:53:58 | 10,01 | 6:00 |
| 1984 | 5482 | POELMANS Steven | LEUVEN | 27 | SEH | 596 | 0:53:58 | 10,01 | 6:00 |
| 1985 | 1431 | VAN INNIS Janique | BRUXELLES | 44 | F40 | 86 | 0:53:58 | 10,01 | 6:00 |
| 1986 | 5762 | HOFMANS Katrien | SCHILDE | 36 | F35 | 113 | 0:53:59 | 10,00 | 6:00 |
| 1987 | 5304 | HORSTEN Elke | SCHOTEN | 35 | F35 | 114 | 0:53:59 | 10,00 | 6:00 |
| 1988 | 4439 | WINDMOLDERS Sophie | AARTSELAAR | 29 | SEF | 272 | 0:53:59 | 10,00 | 6:00 |
| 1989 | 4788 | GEENEN Thomas | ANTWERPEN | 29 | SEH | 597 | 0:54:00 | 10,00 | 6:00 |
| 1990 | 2478 | LEKEU Cedric | ZOERSEL | 11 | SEH | 598 | 0:54:01 | 10,00 | 6:00 |
| 1991 | 559 | DE MONDT Troy | BOOM | 13 | SEH | 599 | 0:54:02 | 9,99 | 6:00 |
| 1992 | 5239 | VANDENBERGHE Glen | MEULEBEKE | 23 | SEH | 600 | 0:54:02 | 9,99 | 6:00 |
| 1993 | 6464 | STRUYF Elke | MORTSEL | 45 | F45 | 64 | 0:54:03 | 9,99 | 6:00 |
| 1994 | 6517 | VAN CAMP Serge | ANTWERPEN | 39 | M35 | 273 | 0:54:03 | 9,99 | 6:00 |
| 1995 | 4284 | VAN DEN MAEGDENBERGH Herman | LOENHOUT | 62 | M60 | 16 | 0:54:03 | 9,99 | 6:00 |
| 1996 | 5447 | DE VILDER Peter | VARSENARE | 57 | M55 | 50 | 0:54:04 | 9,99 | 6:00 |
| 1997 | 4939 | DE WEERDT Caroline | KAPELLEN | 38 | F35 | 115 | 0:54:04 | 9,99 | 6:00 |
| 1998 | 5181 | GEERTS Simon | MERKSEM | 36 | M35 | 274 | 0:54:04 | 9,99 | 6:00 |
| 1999 | 4123 | SMOLDERS Erwin | ZONHOVEN | 23 | SEH | 601 | 0:54:04 | 9,99 | 6:00 |
| 2000 | 4362 | DE VOS Tim | HEIST-OP-DEN-BERG | 49 | M45 | 161 | 0:54:05 | 9,98 | 6:01 |
| 2001 | 4132 | JORDENS Wilfried | ZONHOVEN | 45 | M45 | 162 | 0:54:05 | 9,98 | 6:01 |
| 2002 | 135 | MEUWISSEN Nathalie | GENK | 37 | F35 | 116 | 0:54:05 | 9,98 | 6:01 |
| 2003 | 4399 | DE VOS Melissa | HEIST-OP-DEN-BERG | 25 | SEF | 273 | 0:54:06 | 9,98 | 6:01 |
| 2004 | 3457 | VERLINDEN Maaïke | BORSBEEK | 32 | SEF | 274 | 0:54:07 | 9,98 | 6:01 |
| 2005 | 6887 | BUSCHMANN Mikael | ANTWERPEN | 25 | SEH | 602 | 0:54:09 | 9,97 | 6:01 |
| 2006 | 5998 | HOUTHUYS Robin | ANTWERPEN | 24 | SEF | 275 | 0:54:09 | 9,97 | 6:01 |
| 2007 | 3600 | PIESSENS Kim | ST-LENAARTS | 33 | SEH | 603 | 0:54:09 | 9,97 | 6:01 |
| 2008 | 2334 | RENDERS Tom | LICHTAART | 24 | SEH | 604 | 0:54:09 | 9,97 | 6:01 |
| 2009 | 4023 | PONTZEELE Alex | BORSBEEK | 58 | M55 | 51 | 0:54:10 | 9,97 | 6:01 |
| 2010 | 4363 | SMEULDERS Luci | 'S GRAVENWEZEL | 60 | F60 | 5 | 0:54:10 | 9,97 | 6:01 |
| 2011 | 4283 | VAN DEN MAEGDENBERGH Miet | LOENHOUT | 32 | SEF | 276 | 0:54:10 | 9,97 | 6:01 |
| 2012 | 3515 | VANHOORNE Brigitte | GROOT-BIJGAARDEN | 43 | F40 | 87 | 0:54:10 | 9,97 | 6:01 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|----------------------|-----|-----|-------|---------|------|---------|
| 2013 | 3599 | VERBOOM Jeroen | BRECHT | 33 | SEH | 605 | 0:54:10 | 9,97 | 6:01 |
| 2014 | 2847 | MARIN CORTES Jonathan | BORSBEEK | 29 | SEH | 606 | 0:54:11 | 9,97 | 6:01 |
| 2015 | 1249 | AKÇAOGLU Murat | MECHELEN | 39 | M35 | 275 | 0:54:12 | 9,96 | 6:01 |
| 2016 | 2874 | BAES Lily | LOCHRISTI | 50 | F50 | 39 | 0:54:12 | 9,96 | 6:01 |
| 2017 | 4576 | SLAETS Silke | ANTWERPEN | 25 | SEF | 277 | 0:54:12 | 9,96 | 6:01 |
| 2018 | 6257 | VAN LOON Benny | DEURNE | 45 | M45 | 163 | 0:54:12 | 9,96 | 6:01 |
| 2019 | 4183 | BERNAERTS Brent | PUTTE | 33 | SEH | 607 | 0:54:13 | 9,96 | 6:01 |
| 2020 | 4254 | LUYTEN Piet | LINT | 57 | M55 | 52 | 0:54:13 | 9,96 | 6:01 |
| 2021 | 14 | VAN DER LINDEN Karen | BRASSCHAAT | 31 | SEF | 278 | 0:54:13 | 9,96 | 6:01 |
| 2022 | 5344 | DE JONG Joyce | KALMTHOUT | 31 | SEF | 279 | 0:54:14 | 9,96 | 6:02 |
| 2023 | 3217 | DE WACHTER Sofie | VRASENE | 23 | SEF | 280 | 0:54:14 | 9,96 | 6:02 |
| 2024 | 2716 | LUYCX Luke | AALST | 50 | M50 | 115 | 0:54:14 | 9,96 | 6:02 |
| 2025 | 3597 | MORTIER Inge | PULLE | 43 | F40 | 88 | 0:54:14 | 9,96 | 6:02 |
| 2026 | 1329 | NEUTELEERS Jens | GINGELOM | 19 | SEH | 608 | 0:54:14 | 9,96 | 6:02 |
| 2027 | 272 | VAN DAMME Kris | WICHELEN | 45 | M45 | 164 | 0:54:14 | 9,96 | 6:02 |
| 2028 | 4508 | DAEMS Frank | DEURNE | 47 | M45 | 165 | 0:54:16 | 9,95 | 6:02 |
| 2029 | 5579 | VAN ROMPAEY Jurgen | DUFFEL | 33 | SEH | 609 | 0:54:16 | 9,95 | 6:02 |
| 2030 | 4334 | LEEMANS Filip | PERK | 34 | SEH | 610 | 0:54:17 | 9,95 | 6:02 |
| 2031 | 2273 | LEENDERS Joost | WOMMELGEM | 37 | M35 | 276 | 0:54:17 | 9,95 | 6:02 |
| 2032 | 4864 | LOWNDES Stuart | BOECHOUT | 39 | M35 | 277 | 0:54:17 | 9,95 | 6:02 |
| 2033 | 4199 | THIELEMAN Mieke | KIELDRECHT | 38 | F35 | 117 | 0:54:17 | 9,95 | 6:02 |
| 2034 | 3603 | VAN LOOY Luc | PULDERBOS | 49 | M45 | 166 | 0:54:17 | 9,95 | 6:02 |
| 2035 | 3604 | VAN LOOY Mika | PULDERBOS | 15 | SEH | 611 | 0:54:17 | 9,95 | 6:02 |
| 2036 | 6461 | VAN STEIRTEGHEM Katrien | VRASENE | 34 | SEF | 281 | 0:54:17 | 9,95 | 6:02 |
| 2037 | 1234 | BUST Danny | ANTWERPEN | 47 | M45 | 167 | 0:54:18 | 9,94 | 6:02 |
| 2038 | 3921 | DE WITTE Michiel | DEURNE | 24 | SEH | 612 | 0:54:18 | 9,94 | 6:02 |
| 2039 | 2255 | MEULEMAN Sophie | AS | 33 | SEF | 282 | 0:54:18 | 9,94 | 6:02 |
| 2040 | 842 | NORTIER Kevin | EMBLEM | 32 | SEH | 613 | 0:54:18 | 9,94 | 6:02 |
| 2041 | 6475 | VAN ELSEN Frank | ANTWERPEN | 48 | M45 | 168 | 0:54:18 | 9,94 | 6:02 |
| 2042 | 5237 | VAN BRANTEGEM Pieter | SINT-KATELIJNE-WAVER | 24 | SEH | 614 | 0:54:19 | 9,94 | 6:02 |
| 2043 | 3605 | VAN LOOY Jana | PULDERBOS | 19 | SEF | 283 | 0:54:19 | 9,94 | 6:02 |
| 2044 | 6358 | VANNESTE Oscar | ZOERSEL | 21 | SEH | 615 | 0:54:19 | 9,94 | 6:02 |
| 2045 | 6073 | VEKEMANS Nikki | DUFFEL | 31 | SEH | 616 | 0:54:20 | 9,94 | 6:02 |
| 2046 | 4865 | PHILIPS Valerie | BOECHOUT | 45 | F45 | 65 | 0:54:21 | 9,94 | 6:02 |
| 2047 | 1574 | VAN ROOSBROECK Charlotte | ANTWERPEN | 30 | SEF | 284 | 0:54:21 | 9,94 | 6:02 |
| 2048 | 880 | VANHOODYDONCK Dirk | SCHILDE | 39 | M35 | 278 | 0:54:21 | 9,94 | 6:02 |
| 2049 | 1874 | BASTENS Bart | LIER | 45 | M45 | 169 | 0:54:22 | 9,93 | 6:02 |
| 2050 | 5707 | BOURGOIS Karel | GULLEGEM | 28 | SEH | 617 | 0:54:22 | 9,93 | 6:02 |
| 2051 | 3303 | DE GENDT Els | STEKENE | 40 | F40 | 89 | 0:54:22 | 9,93 | 6:02 |
| 2052 | 3988 | DE POOTER Kjell | WILRIJK | 32 | SEH | 618 | 0:54:22 | 9,93 | 6:02 |
| 2053 | 561 | DE RIDDER Gert | DEURNE | 51 | M50 | 116 | 0:54:22 | 9,93 | 6:02 |
| 2054 | 1878 | RIGOLE Kurt | LIER | 44 | M40 | 179 | 0:54:22 | 9,93 | 6:02 |
| 2055 | 3689 | VAN DE VELDE Melissa | LAARNE | 26 | SEF | 285 | 0:54:23 | 9,93 | 6:03 |
| 2056 | 5331 | DE GUCHTENAERE Tim | BERTEM | 33 | SEH | 619 | 0:54:24 | 9,93 | 6:03 |
| 2057 | 6134 | LEFEBVRE Joris | HERENTHOUT | 31 | SEH | 620 | 0:54:24 | 9,93 | 6:03 |
| 2058 | 4666 | DE RAEDT Koen | SINT-JOB-IN-'T-GOOR | 47 | M45 | 170 | 0:54:25 | 9,92 | 6:03 |
| 2059 | 2850 | VAN DER VELDEN Vincent | HOEVENEN | 14 | SEH | 621 | 0:54:25 | 9,92 | 6:03 |
| 2060 | 4431 | VAN DIJCK Tess | RIJKEVORSEL | 24 | SEF | 286 | 0:54:25 | 9,92 | 6:03 |
| 2061 | 6144 | VAN HERLE Inne | KONTICH | 40 | F40 | 90 | 0:54:25 | 9,92 | 6:03 |
| 2062 | 1604 | VAN KEER Cedric | HOBOKEN | 31 | SEH | 622 | 0:54:25 | 9,92 | 6:03 |
| 2063 | 5203 | DIELS Eddy | OELEGEM | 57 | M55 | 53 | 0:54:26 | 9,92 | 6:03 |
| 2064 | 3958 | WUYTS Famke | ANTWERPEN | 15 | SEF | 287 | 0:54:26 | 9,92 | 6:03 |
| 2065 | 5322 | DENCKENS Johan | OELEGEM | 59 | M55 | 54 | 0:54:27 | 9,92 | 6:03 |
| 2066 | 2676 | MAES Joris | WAASMUNSTER | 34 | SEH | 623 | 0:54:27 | 9,92 | 6:03 |
| 2067 | 3389 | MONTUCLARD Martin | BRUSSEL | 42 | M40 | 180 | 0:54:27 | 9,92 | 6:03 |
| 2068 | 1183 | NIJSSEN Mascha | KAPellen | 20 | SEF | 288 | 0:54:27 | 9,92 | 6:03 |
| 2069 | 6058 | WODNICKA Aneta | ANTWERPEN | 33 | SEF | 289 | 0:54:27 | 9,92 | 6:03 |
| 2070 | 2995 | DE MEY Ann | RELEGEM | 31 | SEF | 290 | 0:54:28 | 9,91 | 6:03 |
| 2071 | 4107 | GIELKENS Marc | HASSELT | 51 | M50 | 117 | 0:54:28 | 9,91 | 6:03 |
| 2072 | 3404 | HUYBRECHTS Karolien | LOENHOUT | 24 | SEF | 291 | 0:54:28 | 9,91 | 6:03 |
| 2073 | 955 | RONDAS Christophe | HOEVENEN | 34 | SEH | 624 | 0:54:28 | 9,91 | 6:03 |
| 2074 | 5202 | DENCKENS Renilde | OELEGEM | 55 | F55 | 18 | 0:54:29 | 9,91 | 6:03 |
| 2075 | 4866 | KEGELS Isabelle | BOECHOUT | 37 | F35 | 118 | 0:54:30 | 9,91 | 6:03 |
| 2076 | 2270 | VAN EETVELDE Peter | WOMMELGEM | 42 | M40 | 181 | 0:54:30 | 9,91 | 6:03 |
| 2077 | 2271 | COOLS Dennis | WOMMELGEM | 28 | SEH | 625 | 0:54:31 | 9,91 | 6:03 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|------------------|-----|-----|-------|---------|------|---------|
| 2078 | 6211 | DEMUYLDER Patrick | EVERBERG | 51 | M50 | 118 | 0:54:31 | 9,91 | 6:03 |
| 2079 | 4618 | DRAYE Benny | BRASSCHAAT | 35 | M35 | 279 | 0:54:31 | 9,91 | 6:03 |
| 2080 | 6894 | KETSMAN Kenny | DEFTINGE | 20 | SEH | 626 | 0:54:32 | 9,90 | 6:04 |
| 2081 | 5283 | STAESSEN Jeroen | REET | 24 | SEH | 627 | 0:54:32 | 9,90 | 6:04 |
| 2082 | 5052 | BOLLENS Sam | BRECHT | 21 | SEH | 628 | 0:54:33 | 9,90 | 6:04 |
| 2083 | 3740 | DILLEN Kevin | RANST | 28 | SEH | 629 | 0:54:33 | 9,90 | 6:04 |
| 2084 | 1569 | TIMMERMANS Peter | WESTMALLE | 49 | M45 | 171 | 0:54:33 | 9,90 | 6:04 |
| 2085 | 5116 | VAN DE VLOET Eric | DEURNE | 51 | M50 | 119 | 0:54:33 | 9,90 | 6:04 |
| 2086 | 3576 | BUYS Brigitte | WESTMALLE | 46 | F45 | 66 | 0:54:34 | 9,90 | 6:04 |
| 2087 | 5228 | CLINCK Filip | WILRIJK | 24 | SEH | 630 | 0:54:34 | 9,90 | 6:04 |
| 2088 | 3870 | DE CLERCQ Tijs | HAMME | 35 | M35 | 280 | 0:54:34 | 9,90 | 6:04 |
| 2089 | 4297 | DE MAEYER Els | MELSELE | 34 | SEF | 292 | 0:54:34 | 9,90 | 6:04 |
| 2090 | 932 | VAN DIJCK Werner | SCHOTEN | 46 | M45 | 172 | 0:54:34 | 9,90 | 6:04 |
| 2091 | 3027 | CHRISTIAENS Actionman | WIJNEGEM | 43 | M40 | 182 | 0:54:35 | 9,89 | 6:04 |
| 2092 | 3971 | LAMBRECHT David | BEVEREN | 37 | M35 | 281 | 0:54:35 | 9,89 | 6:04 |
| 2093 | 4201 | SCHELFHOUT Steven | MELSELE | 38 | M35 | 282 | 0:54:35 | 9,89 | 6:04 |
| 2094 | 930 | VAN DEN DRIES Ina | SCHOTEN | 36 | F35 | 119 | 0:54:35 | 9,89 | 6:04 |
| 2095 | 2680 | CREVE Mieke | SINAAI | 32 | SEF | 293 | 0:54:36 | 9,89 | 6:04 |
| 2096 | 6422 | DIELEN Natacha | ALKEN | 24 | SEF | 294 | 0:54:36 | 9,89 | 6:04 |
| 2097 | 2733 | SMEDTS Lieve | SCHOTEN | 38 | F35 | 120 | 0:54:36 | 9,89 | 6:04 |
| 2098 | 5778 | GRAMZA Tomasz | AALST | 45 | M45 | 173 | 0:54:37 | 9,89 | 6:04 |
| 2099 | 6423 | JOOSTEN Hanne | NEERPELT | 23 | SEF | 295 | 0:54:37 | 9,89 | 6:04 |
| 2100 | 2689 | VAN DEN BERGH Marc | BURCHT | 53 | M50 | 120 | 0:54:37 | 9,89 | 6:04 |
| 2101 | 2812 | VERBEECK Stijn | WILRIJK | 37 | M35 | 283 | 0:54:37 | 9,89 | 6:04 |
| 2102 | 3028 | BOTT Evi | WIJNEGEM | 37 | F35 | 121 | 0:54:38 | 9,88 | 6:04 |
| 2103 | 4087 | DECAIGNY Stefan | BERCHEM | 28 | SEH | 631 | 0:54:38 | 9,88 | 6:04 |
| 2104 | 2731 | ROMBOUTS Gryt | SCHOTEN | 35 | F35 | 122 | 0:54:38 | 9,88 | 6:04 |
| 2105 | 1558 | DRUART Katrien | LINT | 35 | F35 | 123 | 0:54:39 | 9,88 | 6:04 |
| 2106 | 772 | BOGHE Dirk | TERVUREN | 42 | M40 | 183 | 0:54:40 | 9,88 | 6:04 |
| 2107 | 2301 | COCK Felix | WILRIJK | 26 | SEH | 632 | 0:54:40 | 9,88 | 6:04 |
| 2108 | 3032 | COOLS Iris | WIJNEGEM | 41 | F40 | 91 | 0:54:40 | 9,88 | 6:04 |
| 2109 | 394 | DRUART Frederik | ANTWERPEN | 29 | SEH | 633 | 0:54:40 | 9,88 | 6:04 |
| 2110 | 683 | VAN HECKE Katrijn | BAASRODE | 39 | F35 | 124 | 0:54:40 | 9,88 | 6:04 |
| 2111 | 5638 | AUSLOOS Filip | BIERBEEK | 46 | M45 | 174 | 0:54:41 | 9,88 | 6:05 |
| 2112 | 4698 | BERGER Inge | ANTWERPEN | 33 | SEF | 296 | 0:54:41 | 9,88 | 6:05 |
| 2113 | 5918 | LAUWEREYSSENS Dries | BRASSCHAAT | 32 | SEH | 634 | 0:54:41 | 9,88 | 6:05 |
| 2114 | 5587 | VAN BERGEN Yoeri | EKEREN | 20 | SEH | 635 | 0:54:41 | 9,88 | 6:05 |
| 2115 | 5637 | WINANT Nadine | BIERBEEK | 47 | F45 | 67 | 0:54:41 | 9,88 | 6:05 |
| 2116 | 2532 | DRESEN Niko | WAARLOOS | 32 | SEH | 636 | 0:54:42 | 9,87 | 6:05 |
| 2117 | 3387 | GREGORY Christian | HOVE | 41 | M40 | 184 | 0:54:42 | 9,87 | 6:05 |
| 2118 | 2816 | HUURMAN Wendy | ESSEN | 34 | SEF | 297 | 0:54:42 | 9,87 | 6:05 |
| 2119 | 6203 | WOUTERS Bob | SHELLE | 49 | M45 | 175 | 0:54:42 | 9,87 | 6:05 |
| 2120 | 2641 | BORGHMANS Nico | OUD-TURNHOUT | 41 | M40 | 185 | 0:54:43 | 9,87 | 6:05 |
| 2121 | 110 | PAULY Marijke | BILZEN - BEVERST | 41 | F40 | 92 | 0:54:43 | 9,87 | 6:05 |
| 2122 | 5887 | VERHEECKE David | WAARSCHOOT | 39 | M35 | 284 | 0:54:43 | 9,87 | 6:05 |
| 2123 | 2612 | DE ROP Gerry | OPPUURS | 48 | M45 | 176 | 0:54:44 | 9,87 | 6:05 |
| 2124 | 4805 | HUIGEN Hélène | STEENBERGEN NB | 28 | SEF | 298 | 0:54:44 | 9,87 | 6:05 |
| 2125 | 2814 | VAN REEK Debby | ROTTERDAM | 33 | SEF | 299 | 0:54:44 | 9,87 | 6:05 |
| 2126 | 4806 | VAN TERHEIJDEN Bianca | WOUW | 25 | SEF | 300 | 0:54:44 | 9,87 | 6:05 |
| 2127 | 6141 | VERDAT Stefaan | SCHILDE | 19 | SEH | 637 | 0:54:44 | 9,87 | 6:05 |
| 2128 | 1823 | DEBEER Tom | WILRIJK | 45 | M45 | 177 | 0:54:45 | 9,86 | 6:05 |
| 2129 | 4236 | PELEMAN Bert | OPVELP | 50 | M50 | 121 | 0:54:45 | 9,86 | 6:05 |
| 2130 | 3713 | STOOP Marc | BEVEREN | 37 | M35 | 285 | 0:54:45 | 9,86 | 6:05 |
| 2131 | 1927 | BAL Vera | BOOM | 46 | F45 | 68 | 0:54:46 | 9,86 | 6:05 |
| 2132 | 4095 | GOETSCHALCKX Mark | RIJKEVORSEL | 36 | M35 | 286 | 0:54:46 | 9,86 | 6:05 |
| 2133 | 2558 | IBENS Tom | ANTWERPEN | 46 | M45 | 178 | 0:54:46 | 9,86 | 6:05 |
| 2134 | 6462 | PERDAEN Pieter | VRASENE | 36 | M35 | 287 | 0:54:46 | 9,86 | 6:05 |
| 2135 | 1976 | PONCELET Laurent | QUENAST | 39 | M35 | 288 | 0:54:46 | 9,86 | 6:05 |
| 2136 | 6126 | BOEYKENS Thierry | RIJKEVORSEL | 35 | M35 | 289 | 0:54:47 | 9,86 | 6:05 |
| 2137 | 1448 | COENEN Paje | KASTERLEE | 43 | M40 | 186 | 0:54:47 | 9,86 | 6:05 |
| 2138 | 3911 | COOLENS Gabriel | MORTSEL | 53 | M50 | 122 | 0:54:47 | 9,86 | 6:05 |
| 2139 | 5149 | VAN DEN BROECK Charlotte | RIJKEVORSEL | 35 | F35 | 125 | 0:54:47 | 9,86 | 6:05 |
| 2140 | 6387 | VERHOEVEN Geert | ANWTERPEN | 47 | M45 | 179 | 0:54:47 | 9,86 | 6:05 |
| 2141 | 4010 | DE SMET Nicole | FLORIFFOUX | 56 | F55 | 19 | 0:54:48 | 9,85 | 6:05 |
| 2142 | 3910 | SALIJA Emine | BRUXELLES | 37 | F35 | 126 | 0:54:48 | 9,85 | 6:05 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|------------------|-----|-----|-------|---------|------|---------|
| 2143 | 2776 | VAN PELT Sam | ZOERSEL | 31 | SEH | 638 | 0:54:48 | 9,85 | 6:05 |
| 2144 | 4371 | VERSCHUEREN Jasper | ANTWERPEN | 25 | SEH | 639 | 0:54:48 | 9,85 | 6:05 |
| 2145 | 4464 | BALMAS Silvia | BRUXELLES | 32 | SEF | 301 | 0:54:49 | 9,85 | 6:05 |
| 2146 | 6046 | VAN HEUCKELOM Steven | DEURNE | 42 | M40 | 187 | 0:54:51 | 9,85 | 6:06 |
| 2147 | 5933 | JANS Seppe | AARTSELAAR | 18 | SEH | 640 | 0:54:52 | 9,84 | 6:06 |
| 2148 | 4465 | BANHAQ Nabil | BRUXELLES | 30 | SEH | 641 | 0:54:53 | 9,84 | 6:06 |
| 2149 | 6180 | VAES Koen | NIEUWRODE | 40 | M40 | 188 | 0:54:53 | 9,84 | 6:06 |
| 2150 | 482 | DE HERT Stoffel | ANTWERPEN | 31 | SEH | 642 | 0:54:54 | 9,84 | 6:06 |
| 2151 | 5914 | DEDECKER Anoenk | MORTSEL | 23 | SEF | 302 | 0:54:54 | 9,84 | 6:06 |
| 2152 | 5441 | DHAENE Rudi | GRIMBERGEN | 53 | M50 | 123 | 0:54:54 | 9,84 | 6:06 |
| 2153 | 5303 | GEUDENS Dave | WILRIJK | 44 | M40 | 189 | 0:54:54 | 9,84 | 6:06 |
| 2154 | 6212 | GOETSCHALCKX Sam | BORGERHOUT | 28 | SEH | 643 | 0:54:54 | 9,84 | 6:06 |
| 2155 | 966 | HENDERICKX Len | ZOERSEL | 32 | SEH | 644 | 0:54:54 | 9,84 | 6:06 |
| 2156 | 3867 | MEULEMAN Liesje | OORDEGEM | 34 | SEF | 303 | 0:54:55 | 9,83 | 6:06 |
| 2157 | 2852 | VAN DER VELDEN Patrick | HOEVENEN | 43 | M40 | 190 | 0:54:55 | 9,83 | 6:06 |
| 2158 | 2604 | HOORNWEG Gene | BRASSCHAAT | 49 | M45 | 180 | 0:54:57 | 9,83 | 6:06 |
| 2159 | 5081 | MAES Dirk | MEISE | 57 | M55 | 55 | 0:54:57 | 9,83 | 6:06 |
| 2160 | 5886 | VAN KESSEL Mike | GELDERMALSEN | 31 | SEH | 645 | 0:54:57 | 9,83 | 6:06 |
| 2161 | 3770 | VEULEMANS Hans | BEKKEVOORT | 41 | M40 | 191 | 0:54:57 | 9,83 | 6:06 |
| 2162 | 2787 | DE PLOEY Kim | BERCHEM | 36 | M35 | 290 | 0:54:58 | 9,82 | 6:06 |
| 2163 | 2022 | HEIRBAUT Jan | ESSEN | 56 | M55 | 56 | 0:54:58 | 9,82 | 6:06 |
| 2164 | 3999 | SCHOOVAERTS Maxime | DIEGEM | 17 | SEH | 646 | 0:54:58 | 9,82 | 6:06 |
| 2165 | 6145 | COP Stieven | ANTWERPEN | 30 | SEH | 647 | 0:54:59 | 9,82 | 6:07 |
| 2166 | 6057 | FRANSSSENS Esther | DEURNE | 23 | SEF | 304 | 0:54:59 | 9,82 | 6:07 |
| 2167 | 6147 | SANTOS Laila | ANTWERPEN | 21 | SEF | 305 | 0:54:59 | 9,82 | 6:07 |
| 2168 | 594 | VAN HASSELT Caroline | WESTMALLE | 27 | SEF | 306 | 0:54:59 | 9,82 | 6:07 |
| 2169 | 5435 | ARTS Melissa | ANTWERPEN | 25 | SEF | 307 | 0:55:00 | 9,82 | 6:07 |
| 2170 | 1112 | CEULEMANS Alain | WALEM | 42 | M40 | 192 | 0:55:00 | 9,82 | 6:07 |
| 2171 | 2001 | DE WILDE Elise | SINT-NIKLAAS | 41 | F40 | 93 | 0:55:00 | 9,82 | 6:07 |
| 2172 | 28 | PEETERS Adriaan | DUFFEL | 35 | M35 | 291 | 0:55:00 | 9,82 | 6:07 |
| 2173 | 5883 | SIMOENS Julie | HASSELT | 34 | SEF | 308 | 0:55:00 | 9,82 | 6:07 |
| 2174 | 5920 | CLAES Virginie | HASSELT | 33 | SEF | 309 | 0:55:01 | 9,82 | 6:07 |
| 2175 | 6497 | VAN GUCHT Gert | GENK | 44 | M40 | 193 | 0:55:01 | 9,82 | 6:07 |
| 2176 | 1999 | JESPERS Martine | MELSELE | 41 | F40 | 94 | 0:55:02 | 9,81 | 6:07 |
| 2177 | 2109 | NORTIER Stef | LIER | 35 | M35 | 292 | 0:55:02 | 9,81 | 6:07 |
| 2178 | 3744 | STRAETMANS Marleen | SINT-GILLIS-WAAS | 28 | SEF | 310 | 0:55:02 | 9,81 | 6:07 |
| 2179 | 5448 | VAN GUCHT Kathleen | OPWIJK | 35 | F35 | 127 | 0:55:02 | 9,81 | 6:07 |
| 2180 | 2589 | DE JONGH Yannick | BRASSCHAAT | 17 | SEH | 648 | 0:55:03 | 9,81 | 6:07 |
| 2181 | 809 | SOMERS Roland | MERKSEM | 53 | M50 | 124 | 0:55:03 | 9,81 | 6:07 |
| 2182 | 566 | VAN BAUWEL Veerle | DEURNE | 45 | F45 | 69 | 0:55:03 | 9,81 | 6:07 |
| 2183 | 3698 | DIERIKS Wouter | LOKEREN | 33 | SEH | 649 | 0:55:04 | 9,81 | 6:07 |
| 2184 | 6005 | HANEVEER Bjorn | BEERSE | 39 | M35 | 293 | 0:55:04 | 9,81 | 6:07 |
| 2185 | 3868 | WAUTERS Lieselotte | GENT | 30 | SEF | 311 | 0:55:04 | 9,81 | 6:07 |
| 2186 | 5042 | ALLISON Lotte | MORTSEL | 18 | SEF | 312 | 0:55:05 | 9,80 | 6:07 |
| 2187 | 2581 | BULCKENS Steve | BERCHEM | 41 | M40 | 194 | 0:55:05 | 9,80 | 6:07 |
| 2188 | 4298 | DE NEEF Jeroen | DEFTINGE | 29 | SEH | 650 | 0:55:05 | 9,80 | 6:07 |
| 2189 | 1181 | VAN DEN BRANDE Cindy | HULST | 22 | SEF | 313 | 0:55:05 | 9,80 | 6:07 |
| 2190 | 4040 | AERTS Els | HAMONT | 34 | SEF | 314 | 0:55:07 | 9,80 | 6:07 |
| 2191 | 5200 | DE DECKER Johan | HEMIKSEM | 36 | M35 | 294 | 0:55:07 | 9,80 | 6:07 |
| 2192 | 5201 | KORTHOUDT Christophe | ANTWERPEN | 36 | M35 | 295 | 0:55:07 | 9,80 | 6:07 |
| 2193 | 5263 | VAN ASBROECK Luc | BUGGENHOUT | 42 | M40 | 195 | 0:55:07 | 9,80 | 6:07 |
| 2194 | 2593 | VAN TRIER Max | ANTWERPEN | 18 | SEH | 651 | 0:55:07 | 9,80 | 6:07 |
| 2195 | 773 | VERLINDEN Frank | BERCHEM | 40 | M40 | 196 | 0:55:07 | 9,80 | 6:07 |
| 2196 | 1634 | DESIMPELAERE Bram | VORSELAAR | 28 | SEH | 652 | 0:55:08 | 9,79 | 6:08 |
| 2197 | 3757 | LAUWERS Lies | MECHELEN | 40 | F40 | 95 | 0:55:08 | 9,79 | 6:08 |
| 2198 | 6498 | SIERON Veerle | GENK | 31 | SEF | 315 | 0:55:08 | 9,79 | 6:08 |
| 2199 | 4735 | RUTTENS Joran | DEURNE | 18 | SEH | 653 | 0:55:09 | 9,79 | 6:08 |
| 2200 | 5724 | VAN HAVERE Tom | BAZEL | 30 | SEH | 654 | 0:55:09 | 9,79 | 6:08 |
| 2201 | 1695 | D'HERTOG Saskia | DEURNE | 34 | SEF | 316 | 0:55:10 | 9,79 | 6:08 |
| 2202 | 815 | HUBER Alain | BORSBEEK | 46 | M45 | 181 | 0:55:10 | 9,79 | 6:08 |
| 2203 | 1633 | MERTENS Ilse | VORSELAAR | 30 | SEF | 317 | 0:55:11 | 9,79 | 6:08 |
| 2204 | 816 | MICHIELSEN Inge | OELEGEM | 45 | F45 | 70 | 0:55:11 | 9,79 | 6:08 |
| 2205 | 1632 | WENS Griet | BEERSE | 25 | SEF | 318 | 0:55:11 | 9,79 | 6:08 |
| 2206 | 3385 | DE GREEF Miranda | WEMMEL | 43 | F40 | 96 | 0:55:12 | 9,78 | 6:08 |
| 2207 | 1450 | VAN NUFFEL Kristof | WIJNEGEM | 37 | M35 | 296 | 0:55:12 | 9,78 | 6:08 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|---------------------------|------------------|-----|-----|-------|---------|------|---------|
| 2208 | 285 | MENTINK Frank | ANTWERPEN | 50 | M50 | 125 | 0:55:13 | 9,78 | 6:08 |
| 2209 | 2811 | STANDAERT Arnout | BERCHEM | 37 | M35 | 297 | 0:55:13 | 9,78 | 6:08 |
| 2210 | 1624 | DE CLERCK Roy | BORGERHOUT | 43 | M40 | 197 | 0:55:14 | 9,78 | 6:08 |
| 2211 | 4967 | SIMONS Hans | MERKSPLAS | 36 | M35 | 298 | 0:55:14 | 9,78 | 6:08 |
| 2212 | 350 | VAN BERGEN Bjorn | ROOSENDAAL | 22 | SEH | 655 | 0:55:14 | 9,78 | 6:08 |
| 2213 | 1796 | CLAASSEN Veronique | SCHOTEN | 38 | F35 | 128 | 0:55:15 | 9,77 | 6:08 |
| 2214 | 5718 | DE WIT Michael | ANTWERPEN | 37 | M35 | 299 | 0:55:15 | 9,77 | 6:08 |
| 2215 | 1625 | MORREN Christine | PEER | 29 | SEF | 319 | 0:55:15 | 9,77 | 6:08 |
| 2216 | 6287 | FAROTTO Dario | LEUVEN | 26 | SEH | 656 | 0:55:16 | 9,77 | 6:08 |
| 2217 | 4909 | MARIËN Eva | ZONHOVEN | 33 | SEF | 320 | 0:55:16 | 9,77 | 6:08 |
| 2218 | 359 | MEL Petra | HULST | 39 | F35 | 129 | 0:55:16 | 9,77 | 6:08 |
| 2219 | 5797 | VAN COPPENOLLE Caroline | EDEGEM | 34 | SEF | 321 | 0:55:16 | 9,77 | 6:08 |
| 2220 | 3648 | VAN DEUREN Luc | DEURNE | 47 | M45 | 182 | 0:55:16 | 9,77 | 6:08 |
| 2221 | 967 | BRUYNSEELS Renkje | OEEGEM | 35 | F35 | 130 | 0:55:17 | 9,77 | 6:09 |
| 2222 | 4349 | DE LA BRUYERE Sanne | ESSEN | 30 | SEF | 322 | 0:55:18 | 9,76 | 6:09 |
| 2223 | 4658 | URSI Julie | DUFFEL | 35 | F35 | 131 | 0:55:18 | 9,76 | 6:09 |
| 2224 | 5717 | VAN COPPENOLLE Christophe | WILRIJK | 36 | M35 | 300 | 0:55:18 | 9,76 | 6:09 |
| 2225 | 830 | DE VOS Philip | ZOERSEL | 47 | M45 | 183 | 0:55:19 | 9,76 | 6:09 |
| 2226 | 6557 | CAUBERGHS Sofie | LIER | 37 | F35 | 132 | 0:55:20 | 9,76 | 6:09 |
| 2227 | 1831 | CEENAEME Lieselot | EPPEGEM | 37 | F35 | 133 | 0:55:20 | 9,76 | 6:09 |
| 2228 | 5150 | GEERTS Peter | RIJKEVORSEL | 37 | M35 | 301 | 0:55:20 | 9,76 | 6:09 |
| 2229 | 3376 | SWERTS Wannes | MERKSEM | 30 | SEH | 657 | 0:55:20 | 9,76 | 6:09 |
| 2230 | 5299 | VERSTUYFT Kris | BORGERHOUT | 29 | SEH | 658 | 0:55:21 | 9,76 | 6:09 |
| 2231 | 4810 | REIJNGOUDT Sylvia | SINT PHILIPSLAND | 37 | F35 | 134 | 0:55:22 | 9,75 | 6:09 |
| 2232 | 6473 | SEBREGTS Alexander | BORGERHOUT | 37 | M35 | 302 | 0:55:22 | 9,75 | 6:09 |
| 2233 | 995 | SEMAL Bart | REET | 52 | M50 | 126 | 0:55:22 | 9,75 | 6:09 |
| 2234 | 4668 | VAN DE WATERING Chantal | BERGEN OP ZOOM | 34 | SEF | 323 | 0:55:22 | 9,75 | 6:09 |
| 2235 | 1311 | KIMPE Julie | DUISBURG | 13 | SEF | 324 | 0:55:23 | 9,75 | 6:09 |
| 2236 | 4280 | MRAD Mabelle | LOENHOUT | 22 | SEF | 325 | 0:55:23 | 9,75 | 6:09 |
| 2237 | 5609 | VAN RAEMDONCK Ben | NIEUWKERKEN WAAS | 33 | SEH | 659 | 0:55:23 | 9,75 | 6:09 |
| 2238 | 5298 | DE CRAENE Nouchka | BORGERHOUT | 28 | SEF | 326 | 0:55:24 | 9,75 | 6:09 |
| 2239 | 4304 | PONNET Jan | ANTWERPEN | 38 | M35 | 303 | 0:55:24 | 9,75 | 6:09 |
| 2240 | 4202 | HOEFNAGELS Jorgen | ANTWERPEN | 30 | SEH | 660 | 0:55:25 | 9,74 | 6:09 |
| 2241 | 4512 | VAN DE VLIET Els | ZOERSEL | 38 | F35 | 135 | 0:55:25 | 9,74 | 6:09 |
| 2242 | 5944 | VAN ZUNDERT Bart | KAPELLEN | 37 | M35 | 304 | 0:55:25 | 9,74 | 6:09 |
| 2243 | 5873 | VERHOEVEN Willem | DEURNE | 23 | SEH | 661 | 0:55:26 | 9,74 | 6:10 |
| 2244 | 4758 | BUYCK Piet | ANTWERP | 58 | M55 | 57 | 0:55:27 | 9,74 | 6:10 |
| 2245 | 3825 | VAN GELDER Johan | MEERHOUT | 51 | M50 | 127 | 0:55:27 | 9,74 | 6:10 |
| 2246 | 6437 | VANDEWEYER Tom | OLEN | 38 | M35 | 305 | 0:55:28 | 9,74 | 6:10 |
| 2247 | 827 | VANHOVE Katrien | LEBBEKE | 33 | SEF | 327 | 0:55:28 | 9,74 | 6:10 |
| 2248 | 4036 | DECLERCK Herlien | LEUVEN | 29 | SEF | 328 | 0:55:29 | 9,73 | 6:10 |
| 2249 | 3621 | SWENTERS Simon | DEURNE | 26 | SEH | 662 | 0:55:29 | 9,73 | 6:10 |
| 2250 | 2757 | DE BEUKELAAAR Vincent | BRASSCHAAT | 45 | M45 | 184 | 0:55:30 | 9,73 | 6:10 |
| 2251 | 6915 | TILLIET Yannick | KESSEL-LO | 33 | SEH | 663 | 0:55:30 | 9,73 | 6:10 |
| 2252 | 2691 | BAERT Jurgen | DEURNE | 35 | M35 | 306 | 0:55:31 | 9,73 | 6:10 |
| 2253 | 3620 | HARDIES Kris | DEURNE | 31 | SEH | 664 | 0:55:31 | 9,73 | 6:10 |
| 2254 | 3208 | MERTENS Joren | HOBOKEN | 26 | SEH | 665 | 0:55:31 | 9,73 | 6:10 |
| 2255 | 1772 | VAN CAMPFORT Griet | MOL | 33 | SEF | 329 | 0:55:31 | 9,73 | 6:10 |
| 2256 | 4088 | DE COCK Bregt | MERKSEM | 32 | SEH | 666 | 0:55:32 | 9,72 | 6:10 |
| 2257 | 3619 | FONTYN Jense | DEURNE | 26 | SEH | 667 | 0:55:32 | 9,72 | 6:10 |
| 2258 | 5875 | GORIS Dieter | DEURNE | 24 | SEH | 668 | 0:55:32 | 9,72 | 6:10 |
| 2259 | 5144 | SWAEGERS Thomas | RIJKEVORSEL | 35 | M35 | 307 | 0:55:32 | 9,72 | 6:10 |
| 2260 | 1542 | VERBELEN Tanguy | GENT | 23 | SEH | 669 | 0:55:32 | 9,72 | 6:10 |
| 2261 | 6377 | BASTEYNS Gert | SCHOTEN | 39 | M35 | 308 | 0:55:33 | 9,72 | 6:10 |
| 2262 | 6470 | VAN GIEL Walter | ZOERSEL | 58 | M55 | 58 | 0:55:33 | 9,72 | 6:10 |
| 2263 | 3704 | VECHTER Lawrence | GROBBENDONK | 37 | M35 | 309 | 0:55:33 | 9,72 | 6:10 |
| 2264 | 235 | DEHANDSCHUTTER Elisabeth | SINT-NIKLAAS | 44 | F40 | 97 | 0:55:34 | 9,72 | 6:10 |
| 2265 | 5129 | VAN LAERE Tom | TIELRODE | 44 | M40 | 198 | 0:55:34 | 9,72 | 6:10 |
| 2266 | 6029 | VREYS Marro | BRASSCHAAT | 44 | M40 | 199 | 0:55:34 | 9,72 | 6:10 |
| 2267 | 5889 | CLEYMANS Bart | HALLE | 29 | SEH | 670 | 0:55:35 | 9,72 | 6:11 |
| 2268 | 720 | VAN ROEYEN Sven | VRASENE | 36 | M35 | 310 | 0:55:35 | 9,72 | 6:11 |
| 2269 | 136 | WILLEN Evy | DILSEN | 37 | F35 | 136 | 0:55:35 | 9,72 | 6:11 |
| 2270 | 1310 | KIMPE Bernard | DUISBURG | 46 | M45 | 185 | 0:55:36 | 9,71 | 6:11 |
| 2271 | 2483 | VAN OIJEN Marinus | ZOERSEL | 55 | M55 | 59 | 0:55:36 | 9,71 | 6:11 |
| 2272 | 2851 | CEULEMANS Koen | BRASSCHAAT | 45 | M45 | 186 | 0:55:37 | 9,71 | 6:11 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|-----------------------|-----|-----|-------|---------|------|---------|
| 2273 | 4361 | DAMS Annik | NIJLEN | 36 | F35 | 137 | 0:55:37 | 9,71 | 6:11 |
| 2274 | 3216 | DE WIT Laurens | VERREBROEK | 25 | SEH | 671 | 0:55:37 | 9,71 | 6:11 |
| 2275 | 2528 | MEES Nancy | SHELLE | 35 | F35 | 138 | 0:55:37 | 9,71 | 6:11 |
| 2276 | 1266 | DE LEEUW Wim | SCHOTEN | 40 | M40 | 200 | 0:55:38 | 9,71 | 6:11 |
| 2277 | 5125 | DE WACHTER Birthe | ANTWERPEN LINKEROEVER | 32 | SEF | 330 | 0:55:38 | 9,71 | 6:11 |
| 2278 | 291 | NOOYENS Gert | ZOERSEL | 44 | M40 | 201 | 0:55:38 | 9,71 | 6:11 |
| 2279 | 5126 | THEUNIS Wouter | ANTWERPEN LINKEROEVER | 36 | M35 | 311 | 0:55:38 | 9,71 | 6:11 |
| 2280 | 3707 | FAES Ellis | KESSEL | 34 | SEF | 331 | 0:55:39 | 9,70 | 6:11 |
| 2281 | 4105 | FIMMERS Julie | WESTMALLE | 37 | F35 | 139 | 0:55:39 | 9,70 | 6:11 |
| 2282 | 292 | JANSEN Debby | BALEN | 46 | F45 | 71 | 0:55:39 | 9,70 | 6:11 |
| 2283 | 6515 | VAN DER PLUYM Clarisse | WESTMALLE | 38 | F35 | 140 | 0:55:39 | 9,70 | 6:11 |
| 2284 | 4029 | DERUYVER Stijn | DEURNE | 31 | SEH | 672 | 0:55:40 | 9,70 | 6:11 |
| 2285 | 4165 | DEVERS Christophe | KASTERLEE | 30 | SEH | 673 | 0:55:40 | 9,70 | 6:11 |
| 2286 | 3030 | HAVERMANS Sarah | WIJNEGEM | 32 | SEF | 332 | 0:55:40 | 9,70 | 6:11 |
| 2287 | 3038 | BEDDEGENOODTS Gitte | WOMMELGEM | 35 | F35 | 141 | 0:55:41 | 9,70 | 6:11 |
| 2288 | 4102 | GODDÉ Kathleen | ZWIJNDRECHT | 31 | SEF | 333 | 0:55:41 | 9,70 | 6:11 |
| 2289 | 1775 | OUDERMANS Kim | RAVELS | 21 | SEF | 334 | 0:55:41 | 9,70 | 6:11 |
| 2290 | 5143 | VAN BERGEN Bea | RIJKEVORSEL | 32 | SEF | 335 | 0:55:41 | 9,70 | 6:11 |
| 2291 | 3894 | VAN DYCK Vincent | VILVOORDE | 44 | M40 | 202 | 0:55:41 | 9,70 | 6:11 |
| 2292 | 1313 | VAN HOYDONCK Kevin | ANTWERPEN | 35 | M35 | 312 | 0:55:41 | 9,70 | 6:11 |
| 2293 | 1646 | AH MUNN Ewan | WILRIJK | 13 | SEH | 674 | 0:55:42 | 9,69 | 6:11 |
| 2294 | 3895 | CLEMENT Ronny | HALLE | 54 | M50 | 128 | 0:55:42 | 9,69 | 6:11 |
| 2295 | 2602 | D'HONDT Petra | BRASSCHAAT | 44 | F40 | 98 | 0:55:42 | 9,69 | 6:11 |
| 2296 | 3572 | GUERTI Badya | ZOERSEL | 42 | F40 | 99 | 0:55:42 | 9,69 | 6:11 |
| 2297 | 2484 | TRUYEN Ann | ZOERSEL | 43 | F40 | 100 | 0:55:42 | 9,69 | 6:11 |
| 2298 | 3571 | CLAESSEN Myrana | OOSTMALLE | 57 | F55 | 20 | 0:55:44 | 9,69 | 6:12 |
| 2299 | 4729 | SOMERS Elisa | ANTWERPEN | 25 | SEF | 336 | 0:55:44 | 9,69 | 6:12 |
| 2300 | 1605 | CORBEEL Gino | PUTTE | 27 | SEH | 675 | 0:55:45 | 9,69 | 6:12 |
| 2301 | 5137 | GEERTS David | RIJKEVORSEL | 35 | M35 | 313 | 0:55:45 | 9,69 | 6:12 |
| 2302 | 643 | HERNOT Sven | KNOKKE-HEIST | 45 | M45 | 187 | 0:55:46 | 9,68 | 6:12 |
| 2303 | 5715 | JANSSENS Steven | RIJKEVORSEL | 28 | SEH | 676 | 0:55:46 | 9,68 | 6:12 |
| 2304 | 6452 | VERREZEN Stijn | KEERBERGEN | 28 | SEH | 677 | 0:55:46 | 9,68 | 6:12 |
| 2305 | 642 | COLPAERT Stefanie | KNOKKE-HEIST | 38 | F35 | 142 | 0:55:47 | 9,68 | 6:12 |
| 2306 | 3001 | DE WIT Levi | RELEGEM | 16 | SEH | 678 | 0:55:47 | 9,68 | 6:12 |
| 2307 | 4054 | THYS Patrick | HOBOKEN | 32 | SEH | 679 | 0:55:47 | 9,68 | 6:12 |
| 2308 | 2580 | COENEN Diane | LINT | 55 | F55 | 21 | 0:55:48 | 9,68 | 6:12 |
| 2309 | 4299 | VANDEREYCKEN Naomi | BRUGGE | 23 | SEF | 337 | 0:55:49 | 9,67 | 6:12 |
| 2310 | 3210 | CLAES Evi | MECHELEN | 33 | SEF | 338 | 0:55:50 | 9,67 | 6:12 |
| 2311 | 1497 | HENNEKAM Linda | KALMTHOUT | 49 | F45 | 72 | 0:55:50 | 9,67 | 6:12 |
| 2312 | 6107 | SCHENK Guido | BRECHT | 59 | M55 | 60 | 0:55:50 | 9,67 | 6:12 |
| 2313 | 2113 | THIELEMANS Raf | MALLE | 27 | SEH | 680 | 0:55:50 | 9,67 | 6:12 |
| 2314 | 3209 | VAN NUFFELEN Ronald | WILLEBROEK | 53 | M50 | 129 | 0:55:50 | 9,67 | 6:12 |
| 2315 | 3945 | MOONS Mieke | LIER | 40 | F40 | 101 | 0:55:51 | 9,67 | 6:12 |
| 2316 | 3006 | TERSAGO Robin | RELEGEM | 15 | SEH | 681 | 0:55:51 | 9,67 | 6:12 |
| 2317 | 3952 | MORTELMANS Lynsey | LIER | 40 | F40 | 102 | 0:55:52 | 9,67 | 6:12 |
| 2318 | 1876 | NACHTEGAEL Olivier | LOKEREN | 43 | M40 | 203 | 0:55:52 | 9,67 | 6:12 |
| 2319 | 6510 | ROUX Nathalie | MAASTRICHT | 22 | SEF | 339 | 0:55:52 | 9,67 | 6:12 |
| 2320 | 4676 | VANDERMEER Laurence | BELGIUM | 25 | SEF | 340 | 0:55:52 | 9,67 | 6:12 |
| 2321 | 4376 | BOSTEELS Wendy | LIER | 29 | SEF | 341 | 0:55:53 | 9,66 | 6:13 |
| 2322 | 3023 | BURMAN Lien | DEURNE | 37 | F35 | 143 | 0:55:53 | 9,66 | 6:13 |
| 2323 | 5710 | DE GEEST Tim | BELGIE | 28 | SEH | 682 | 0:55:53 | 9,66 | 6:13 |
| 2324 | 5153 | DEPREZ Ruth | LEUVEN | 24 | SEF | 342 | 0:55:53 | 9,66 | 6:13 |
| 2325 | 2098 | FRANS Evert | ZOERSEL | 27 | SEH | 683 | 0:55:53 | 9,66 | 6:13 |
| 2326 | 5693 | THOMAS Klaas | ZOERSEL | 12 | SEH | 684 | 0:55:53 | 9,66 | 6:13 |
| 2327 | 3863 | VAN HELLEMONT Didier | GENT | 46 | M45 | 188 | 0:55:53 | 9,66 | 6:13 |
| 2328 | 5397 | AELBRECHT Marijke | HALLE | 53 | F50 | 40 | 0:55:54 | 9,66 | 6:13 |
| 2329 | 4375 | BOGAERT Patrick | LIER | 41 | M40 | 204 | 0:55:54 | 9,66 | 6:13 |
| 2330 | 3455 | HUYGHE Marleen | SCHILDE | 57 | F55 | 22 | 0:55:54 | 9,66 | 6:13 |
| 2331 | 2954 | CREYLMAN Nena | TERNAT | 29 | SEF | 343 | 0:55:55 | 9,66 | 6:13 |
| 2332 | 2225 | JANSSENS Pieter | ZOERSEL | 27 | SEH | 685 | 0:55:55 | 9,66 | 6:13 |
| 2333 | 2947 | PLATTEAU Jolien | TERNAT | 28 | SEF | 344 | 0:55:55 | 9,66 | 6:13 |
| 2334 | 5154 | ROBER Ariane | LEUVEN | 24 | SEF | 345 | 0:55:55 | 9,66 | 6:13 |
| 2335 | 2810 | VAN BUTSELE Karen | BERCHEM | 36 | F35 | 144 | 0:55:55 | 9,66 | 6:13 |
| 2336 | 5314 | CORNELUS Andy | ZEDELGEM | 46 | M45 | 189 | 0:55:56 | 9,65 | 6:13 |
| 2337 | 5630 | HAMDAOUI Zakaria | 1080 | 15 | SEH | 686 | 0:55:56 | 9,65 | 6:13 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|---------------|-----|-----|-------|---------|------|---------|
| 2338 | 4525 | MAES Emmanuel | GROOT-GELMEN | 48 | M45 | 190 | 0:55:56 | 9,65 | 6:13 |
| 2339 | 5806 | VAN DYCK Melissa | KESSEL | 39 | F35 | 145 | 0:55:56 | 9,65 | 6:13 |
| 2340 | 4386 | BERNAERS Evelien | STEENDORP | 26 | SEF | 346 | 0:55:57 | 9,65 | 6:13 |
| 2341 | 4177 | COSTERMANS Anne | HEVERLEE | 27 | SEF | 347 | 0:55:57 | 9,65 | 6:13 |
| 2342 | 4158 | HUYCK Sofie | SINT-NIKLAAS | 29 | SEF | 348 | 0:55:57 | 9,65 | 6:13 |
| 2343 | 4523 | MAES Florentien | GROOT-GELMEN | 16 | SEF | 349 | 0:55:57 | 9,65 | 6:13 |
| 2344 | 670 | RUSSO Angelo | ANTWERPEN | 27 | SEH | 687 | 0:55:58 | 9,65 | 6:13 |
| 2345 | 6899 | SCHRAEPEN Philippe | HEVERLEE | 25 | SEH | 688 | 0:55:58 | 9,65 | 6:13 |
| 2346 | 2078 | ADRIAENSSENS Lennart | MERKSEM | 19 | SEH | 689 | 0:55:59 | 9,65 | 6:13 |
| 2347 | 4160 | COLE Andy | SINT-NIKLAAS | 29 | SEH | 690 | 0:55:59 | 9,65 | 6:13 |
| 2348 | 5315 | DE BAETS Ilse | BRUGGE | 42 | F40 | 103 | 0:55:59 | 9,65 | 6:13 |
| 2349 | 4091 | DE BLOCK Frederik | MERKSEM | 35 | M35 | 314 | 0:55:59 | 9,65 | 6:13 |
| 2350 | 3055 | FLEERACKERS Nicole | ANTWERPEN | 38 | F35 | 146 | 0:55:59 | 9,65 | 6:13 |
| 2351 | 5863 | FRYTERS Vicky | BEERSE | 42 | F40 | 104 | 0:55:59 | 9,65 | 6:13 |
| 2352 | 1080 | LAROSSE Nora | TURNHOUT | 18 | SEF | 350 | 0:55:59 | 9,65 | 6:13 |
| 2353 | 2952 | VANVALCKENBORGH Natalie | TERNAT | 26 | SEF | 351 | 0:55:59 | 9,65 | 6:13 |
| 2354 | 669 | VERMEULEN Elies | HAASDONCK | 25 | SEF | 352 | 0:55:59 | 9,65 | 6:13 |
| 2355 | 3507 | VERSCHUERE Dieter | KESSEL | 34 | SEH | 691 | 0:55:59 | 9,65 | 6:13 |
| 2356 | 4520 | MAES Frederik | EEKLO | 39 | M35 | 315 | 0:56:00 | 9,64 | 6:13 |
| 2357 | 677 | DEHEEGHER Koen | BORGERHOUT | 47 | M45 | 191 | 0:56:01 | 9,64 | 6:13 |
| 2358 | 3050 | VAN DER VOET Wim | PAPENDRECHT | 47 | M45 | 192 | 0:56:01 | 9,64 | 6:13 |
| 2359 | 2942 | EMBREGTS Katrien | SCHELLE | 53 | F50 | 41 | 0:56:02 | 9,64 | 6:14 |
| 2360 | 3054 | FLEERACKERS Johan | ANTWERPEN | 47 | M45 | 193 | 0:56:02 | 9,64 | 6:14 |
| 2361 | 2013 | GEENEN Sigrid | WUJUSTWEZEL | 32 | SEF | 353 | 0:56:02 | 9,64 | 6:14 |
| 2362 | 2077 | JANSSSENS Johan | MERKSEM | 32 | SEH | 692 | 0:56:02 | 9,64 | 6:14 |
| 2363 | 5860 | MAERTENS Monique | TURNHOUT | 43 | F40 | 105 | 0:56:02 | 9,64 | 6:14 |
| 2364 | 4856 | MOORTGAT Nicolas | VILVOORDE | 37 | M35 | 316 | 0:56:02 | 9,64 | 6:14 |
| 2365 | 3884 | NOTEBAERT Stijn | ANTWERPEN | 35 | M35 | 317 | 0:56:02 | 9,64 | 6:14 |
| 2366 | 682 | VAN KEER Ann | BORGERHOUT | 47 | F45 | 73 | 0:56:02 | 9,64 | 6:14 |
| 2367 | 5101 | VERMEYEN Wouter | EKEREN | 49 | M45 | 194 | 0:56:02 | 9,64 | 6:14 |
| 2368 | 5811 | BOLLANSÉE Kurt | ANTWERPEN | 41 | M40 | 205 | 0:56:03 | 9,63 | 6:14 |
| 2369 | 4653 | ADRIAENSEN Tim | BRECHT | 31 | SEH | 693 | 0:56:04 | 9,63 | 6:14 |
| 2370 | 5834 | AERTS Rudy | ANTWERPEN | 55 | M55 | 61 | 0:56:04 | 9,63 | 6:14 |
| 2371 | 1200 | MAERMAN Pem | VOGELWAARDE | 55 | M55 | 62 | 0:56:04 | 9,63 | 6:14 |
| 2372 | 2514 | SEGERS Jo | LIEDEKERKE | 55 | M55 | 63 | 0:56:04 | 9,63 | 6:14 |
| 2373 | 2513 | SEGERS Laura | LIEDEKERKE | 20 | SEF | 354 | 0:56:04 | 9,63 | 6:14 |
| 2374 | 2000 | VAN WABEKE Birgit | BEVEREN | 42 | F40 | 106 | 0:56:04 | 9,63 | 6:14 |
| 2375 | 3814 | BIJEDIC Ismar | DEURNE | 32 | SEH | 694 | 0:56:05 | 9,63 | 6:14 |
| 2376 | 5734 | PARDO Patricia | MERKSEM | 46 | F45 | 74 | 0:56:05 | 9,63 | 6:14 |
| 2377 | 4484 | GEVAERT Silvie | TEMSE | 33 | SEF | 355 | 0:56:06 | 9,63 | 6:14 |
| 2378 | 6121 | HAGENAAR Eric | GINDER | 49 | M45 | 195 | 0:56:06 | 9,63 | 6:14 |
| 2379 | 456 | PUTTENAERS Marlies | WILRIJK | 25 | SEF | 356 | 0:56:06 | 9,63 | 6:14 |
| 2380 | 4992 | VAN DEN ACKERVEKEN Tinne | HAMME | 38 | F35 | 147 | 0:56:06 | 9,63 | 6:14 |
| 2381 | 4244 | VAN ROMPAEY Katleen | SINT NIKLAAS | 47 | F45 | 75 | 0:56:06 | 9,63 | 6:14 |
| 2382 | 4062 | BACKX Renée | KALMTHOUT | 28 | SEF | 357 | 0:56:07 | 9,62 | 6:14 |
| 2383 | 4584 | RISCO Sara | BRUXELLES | 35 | F35 | 148 | 0:56:07 | 9,62 | 6:14 |
| 2384 | 6125 | SNELS Bart | SINT-JOZEF | 25 | SEH | 695 | 0:56:07 | 9,62 | 6:14 |
| 2385 | 4060 | MARIËN Leen | RIJKEVORSEL | 27 | SEF | 358 | 0:56:08 | 9,62 | 6:14 |
| 2386 | 3053 | MOHLBERG Jack | TEMSE | 52 | M50 | 130 | 0:56:08 | 9,62 | 6:14 |
| 2387 | 3881 | SCHOUTEDEN Tom | ANTWERPEN | 35 | M35 | 318 | 0:56:09 | 9,62 | 6:14 |
| 2388 | 3049 | VAN DER VOET Anja | PAPENDRECHT | 45 | F45 | 76 | 0:56:09 | 9,62 | 6:14 |
| 2389 | 5891 | COCKHUYT Davy | MOERBEKE-WAAS | 34 | SEH | 696 | 0:56:10 | 9,61 | 6:14 |
| 2390 | 4657 | COEN Anne | BERCHEM | 35 | F35 | 149 | 0:56:10 | 9,61 | 6:14 |
| 2391 | 2456 | CROKET Thomas | HOVE | 24 | SEH | 697 | 0:56:10 | 9,61 | 6:14 |
| 2392 | 4902 | VAN HULLE David | NOKERE | 36 | M35 | 319 | 0:56:10 | 9,61 | 6:14 |
| 2393 | 5386 | COUSSEMENT Vincent | ANTWERPEN | 26 | SEH | 698 | 0:56:11 | 9,61 | 6:15 |
| 2394 | 2075 | DE BAKKER Dirk | MERKSEM | 53 | M50 | 131 | 0:56:11 | 9,61 | 6:15 |
| 2395 | 3880 | DHOLLANDER Daan | ANTWERPEN | 35 | M35 | 320 | 0:56:11 | 9,61 | 6:15 |
| 2396 | 6491 | DE WILDE Gertjan | ANTWERPEN | 25 | SEH | 699 | 0:56:12 | 9,61 | 6:15 |
| 2397 | 4682 | FIERENS Vincent | EDEGEM | 23 | SEH | 700 | 0:56:12 | 9,61 | 6:15 |
| 2398 | 5765 | GERARD Jan | DEURNE | 19 | SEH | 701 | 0:56:12 | 9,61 | 6:15 |
| 2399 | 5300 | MERIDA Stefanie | BORGERHOUT | 29 | SEF | 359 | 0:56:12 | 9,61 | 6:15 |
| 2400 | 3737 | BURSENS Nathalie | BREENDONK | 38 | F35 | 150 | 0:56:13 | 9,61 | 6:15 |
| 2401 | 3133 | DIERICKX Greet | HOFSTADE | 43 | F40 | 107 | 0:56:13 | 9,61 | 6:15 |
| 2402 | 4677 | ROETS Jolien | ANTWERPEN | 30 | SEF | 360 | 0:56:13 | 9,61 | 6:15 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|-------------|-----|-----|-------|---------|------|---------|
| 2403 | 5766 | GERARD Bart | DEURNE | 27 | SEH | 702 | 0:56:14 | 9,60 | 6:15 |
| 2404 | 3901 | VAN TRIER Geert | RUISBROEK | 47 | M45 | 196 | 0:56:14 | 9,60 | 6:15 |
| 2405 | 5018 | VANHAECKE Elke | SCHAARBEEK | 31 | SEF | 361 | 0:56:14 | 9,60 | 6:15 |
| 2406 | 5384 | VERWIMP Ken | BOECHOUT | 32 | SEH | 703 | 0:56:14 | 9,60 | 6:15 |
| 2407 | 3937 | ARNAUW Johan | DEURNE | 42 | M40 | 206 | 0:56:15 | 9,60 | 6:15 |
| 2408 | 4437 | CAIGNIE Kaatje | BLANDEN | 42 | F40 | 108 | 0:56:15 | 9,60 | 6:15 |
| 2409 | 4005 | DE SCHUTTER Hanne | PULLE | 22 | SEF | 362 | 0:56:15 | 9,60 | 6:15 |
| 2410 | 4901 | VAN HULLE Isabelle | NOKERE | 31 | SEF | 363 | 0:56:15 | 9,60 | 6:15 |
| 2411 | 1321 | BARROIS Sionna | BORGERHOUT | 48 | F45 | 77 | 0:56:17 | 9,59 | 6:15 |
| 2412 | 1322 | HERREMANS Alain | BORGERHOUT | 53 | M50 | 132 | 0:56:17 | 9,59 | 6:15 |
| 2413 | 4372 | REYEMANANTS Sven | HOBOKEN | 37 | M35 | 321 | 0:56:19 | 9,59 | 6:15 |
| 2414 | 5819 | VAN TICHELT Karen | WOMMELGEM | 27 | SEF | 364 | 0:56:19 | 9,59 | 6:15 |
| 2415 | 5818 | VERHOEVEN Filip | WOMMELGME | 32 | SEH | 704 | 0:56:19 | 9,59 | 6:15 |
| 2416 | 1176 | MCCORD Maureen | BRASSCHAAT | 49 | F45 | 78 | 0:56:20 | 9,59 | 6:16 |
| 2417 | 1696 | VAN DE WATER Tine | ZOERSEL | 33 | SEF | 365 | 0:56:20 | 9,59 | 6:16 |
| 2418 | 3132 | DIERICKX Karen | LENNIK | 42 | F40 | 109 | 0:56:21 | 9,58 | 6:16 |
| 2419 | 6008 | NEYENS Maarten | ANTWERPEN | 30 | SEH | 705 | 0:56:21 | 9,58 | 6:16 |
| 2420 | 3101 | SOMMEN Luc | EKEREN | 47 | M45 | 197 | 0:56:21 | 9,58 | 6:16 |
| 2421 | 3447 | CARREMANS Marian | MORTSEL | 31 | SEF | 366 | 0:56:22 | 9,58 | 6:16 |
| 2422 | 4835 | VAN DE PUTTE Tom | ANTWERPEN | 31 | SEH | 706 | 0:56:22 | 9,58 | 6:16 |
| 2423 | 3909 | VAN DEN BRANDE Tim | ANTWERPEN | 28 | SEH | 707 | 0:56:22 | 9,58 | 6:16 |
| 2424 | 3935 | VERRYCKEN Soetkin | BERCHEM | 32 | SEF | 367 | 0:56:22 | 9,58 | 6:16 |
| 2425 | 1357 | CLIJSTERS Elfi | BREE | 26 | SEF | 368 | 0:56:23 | 9,58 | 6:16 |
| 2426 | 3663 | DECKERS Frederique | WILRIJK | 23 | SEF | 369 | 0:56:23 | 9,58 | 6:16 |
| 2427 | 3940 | VERHAERT Katleen | BORGERHOUT | 33 | SEF | 370 | 0:56:24 | 9,57 | 6:16 |
| 2428 | 1355 | CLIJSTERS Lotte | PERK | 30 | SEF | 371 | 0:56:25 | 9,57 | 6:16 |
| 2429 | 835 | DANEELS Gunther | HERENTHOUT | 45 | M45 | 198 | 0:56:25 | 9,57 | 6:16 |
| 2430 | 3464 | DE BENS Eric | MERKSEM | 44 | M40 | 207 | 0:56:25 | 9,57 | 6:16 |
| 2431 | 4154 | MEULEMANS Nico | BEERSE | 54 | M50 | 133 | 0:56:25 | 9,57 | 6:16 |
| 2432 | 4794 | VAN GEFFEN Cindy | OELEGEM | 40 | F40 | 110 | 0:56:25 | 9,57 | 6:16 |
| 2433 | 4486 | VANDELANNOOTE Dieter | EKEREN | 29 | SEH | 708 | 0:56:25 | 9,57 | 6:16 |
| 2434 | 5004 | CAPPUYNS Steven | ANTWERPEN | 35 | M35 | 322 | 0:56:26 | 9,57 | 6:16 |
| 2435 | 240 | DAGNELIE Patrick | SCHILDE | 50 | M50 | 134 | 0:56:26 | 9,57 | 6:16 |
| 2436 | 5898 | MANNAERT Quinten | PUURS | 13 | SEH | 709 | 0:56:26 | 9,57 | 6:16 |
| 2437 | 3103 | PEETERS Nicky | RETIE | 34 | SEF | 372 | 0:56:26 | 9,57 | 6:16 |
| 2438 | 4223 | ROELAND Raymond | HOBOKEN | 64 | M60 | 17 | 0:56:26 | 9,57 | 6:16 |
| 2439 | 4155 | SWANNET Ilse | BEERSE | 51 | F50 | 42 | 0:56:26 | 9,57 | 6:16 |
| 2440 | 5890 | THOMAS Barbara | ASSE | 40 | F40 | 111 | 0:56:26 | 9,57 | 6:16 |
| 2441 | 5897 | VAN PRAET Arthur | LIEZELE | 13 | SEH | 710 | 0:56:26 | 9,57 | 6:16 |
| 2442 | 5957 | MORTIERS Tim | RIJKEVORSEL | 47 | M45 | 199 | 0:56:27 | 9,57 | 6:16 |
| 2443 | 2316 | VERMIJLEN Didier | GEEL | 28 | SEH | 711 | 0:56:27 | 9,57 | 6:16 |
| 2444 | 5003 | DHOEY Bas | BERCHEM | 29 | SEH | 712 | 0:56:28 | 9,56 | 6:16 |
| 2445 | 4518 | DILLEN Lieve | ZANDHOVEN | 55 | F55 | 23 | 0:56:28 | 9,56 | 6:16 |
| 2446 | 5899 | MEEUWISSEN Pieter | BREENDONK | 13 | SEH | 713 | 0:56:28 | 9,56 | 6:16 |
| 2447 | 3506 | OFFENBERG Cindy | KESSEL | 40 | F40 | 112 | 0:56:28 | 9,56 | 6:16 |
| 2448 | 5456 | GEENEN Kim | DEURNE | 34 | SEH | 714 | 0:56:29 | 9,56 | 6:17 |
| 2449 | 3446 | YPERMAN Wouter | ZANDHOVEN | 40 | M40 | 208 | 0:56:29 | 9,56 | 6:17 |
| 2450 | 4517 | BEETENS Johan | ZANDHOVEN | 61 | M60 | 18 | 0:56:30 | 9,56 | 6:17 |
| 2451 | 5282 | LAMBRECHT Ines | WOMMELGEM | 21 | SEF | 373 | 0:56:30 | 9,56 | 6:17 |
| 2452 | 3822 | THORAX Barbara | BRUXELLES | 38 | F35 | 151 | 0:56:30 | 9,56 | 6:17 |
| 2453 | 2837 | VERHAEGEN Peter | KAPellen | 41 | M40 | 209 | 0:56:31 | 9,55 | 6:17 |
| 2454 | 2362 | VERMONDEN Rob | WUJSTWEZEL | 29 | SEH | 715 | 0:56:31 | 9,55 | 6:17 |
| 2455 | 2452 | HOORELBEKE Delphine | ROTSelaar | 16 | SEF | 374 | 0:56:32 | 9,55 | 6:17 |
| 2456 | 2361 | NEEFS Tim | WUJSTWEZEL | 31 | SEH | 716 | 0:56:32 | 9,55 | 6:17 |
| 2457 | 4643 | SCHAMP Peter | BERCHEM | 31 | SEH | 717 | 0:56:32 | 9,55 | 6:17 |
| 2458 | 4164 | VAN DAEL Jan | ZOERSEL | 28 | SEH | 718 | 0:56:32 | 9,55 | 6:17 |
| 2459 | 5117 | VERHEYEN Elke | BEERSE | 26 | SEF | 375 | 0:56:32 | 9,55 | 6:17 |
| 2460 | 6392 | ALBERTO JAVIER Contreras | ANTWERPEN | 30 | SEH | 719 | 0:56:33 | 9,55 | 6:17 |
| 2461 | 6249 | VAN DE VELDE Steven | BAZEL | 43 | M40 | 210 | 0:56:33 | 9,55 | 6:17 |
| 2462 | 3412 | DE REYT Geert | KAPellen | 32 | SEH | 720 | 0:56:34 | 9,55 | 6:17 |
| 2463 | 1817 | VEKENS Karolien | MERCHTEM | 29 | SEF | 376 | 0:56:34 | 9,55 | 6:17 |
| 2464 | 5928 | AELTERMAN Mieke | RANST | 57 | F55 | 24 | 0:56:35 | 9,54 | 6:17 |
| 2465 | 187 | CEULEMANS Wesley | BORGERHOUT | 37 | M35 | 323 | 0:56:35 | 9,54 | 6:17 |
| 2466 | 4433 | CONVENS Alex | HERENTHOUT | 48 | M45 | 200 | 0:56:35 | 9,54 | 6:17 |
| 2467 | 5333 | DECKERS Eva | KRUIBEKE | 38 | F35 | 152 | 0:56:35 | 9,54 | 6:17 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------------|--------------------|-----|-----|-------|---------|------|---------|
| 2468 | 6393 | GARCIA Sandra | ANTWERPEN | 31 | SEF | 377 | 0:56:35 | 9,54 | 6:17 |
| 2469 | 3535 | GEURTS Frank | GENK | 41 | M40 | 211 | 0:56:35 | 9,54 | 6:17 |
| 2470 | 2556 | LEFÈVRE Stéphanie | KIELDRECHT | 38 | F35 | 153 | 0:56:35 | 9,54 | 6:17 |
| 2471 | 5865 | RAECKELBOOM Griet | BAZEL | 41 | F40 | 113 | 0:56:35 | 9,54 | 6:17 |
| 2472 | 6069 | VAN BOGAERT Gunter | BAZEL | 42 | M40 | 212 | 0:56:35 | 9,54 | 6:17 |
| 2473 | 5460 | VERVOORT Leen | KASTERLEE | 42 | F40 | 114 | 0:56:35 | 9,54 | 6:17 |
| 2474 | 2563 | JACOBS Bert | KAPELLEN | 38 | M35 | 324 | 0:56:36 | 9,54 | 6:17 |
| 2475 | 5171 | DE LAET Hilde | ELEWIJT | 45 | F45 | 79 | 0:56:37 | 9,54 | 6:17 |
| 2476 | 587 | TOTTÉ Ward | DEURNE | 47 | M45 | 201 | 0:56:37 | 9,54 | 6:17 |
| 2477 | 4993 | PELLIZZARI Alexandre | GANSHOREN | 17 | SEH | 721 | 0:56:38 | 9,54 | 6:18 |
| 2478 | 4994 | PELLIZZARI Benjamin | GANSHOREN | 14 | SEH | 722 | 0:56:38 | 9,54 | 6:18 |
| 2479 | 1750 | VAN MARION Annabel | AMSTERDAM | 42 | F40 | 115 | 0:56:38 | 9,54 | 6:18 |
| 2480 | 1749 | SLINGENBERG Thomas | AMSTERDAM | 41 | M40 | 213 | 0:56:39 | 9,53 | 6:18 |
| 2481 | 3627 | VAN EECKHOVEN Nik | VREMDE | 24 | SEH | 723 | 0:56:39 | 9,53 | 6:18 |
| 2482 | 2504 | VINCKEN Stefanie | BUGGENHOUT | 29 | SEF | 378 | 0:56:39 | 9,53 | 6:18 |
| 2483 | 6059 | GYTHIEL Sophie | BAZEL | 40 | F40 | 116 | 0:56:40 | 9,53 | 6:18 |
| 2484 | 6456 | VAN DOREN Dimitri Engelbert | KALMTHOUT | 28 | SEH | 724 | 0:56:40 | 9,53 | 6:18 |
| 2485 | 4043 | VERLINDEN Luc | HOEVENEN | 55 | M55 | 64 | 0:56:40 | 9,53 | 6:18 |
| 2486 | 3947 | DE CUYPER Kathy | LIER | 47 | F45 | 80 | 0:56:41 | 9,53 | 6:18 |
| 2487 | 4890 | BAKELANDT Veerle | WILLEBROEK | 38 | F35 | 154 | 0:56:42 | 9,52 | 6:18 |
| 2488 | 2678 | BUISSERET Roel | MOERBEKE | 45 | M45 | 202 | 0:56:42 | 9,52 | 6:18 |
| 2489 | 4252 | VANGELDER Geert | EPPEGEM-ZEMST | 52 | M50 | 135 | 0:56:42 | 9,52 | 6:18 |
| 2490 | 4319 | VERDOODT Kristof | EPPEGEM | 39 | M35 | 325 | 0:56:42 | 9,52 | 6:18 |
| 2491 | 654 | LAMBERT Dave | EKEREN | 32 | SEH | 725 | 0:56:43 | 9,52 | 6:18 |
| 2492 | 5135 | LAURYSSSEN Koen | MEER | 38 | M35 | 326 | 0:56:43 | 9,52 | 6:18 |
| 2493 | 649 | POLJET Michelle | EKEREN | 31 | SEF | 379 | 0:56:43 | 9,52 | 6:18 |
| 2494 | 2945 | VAN ROY Gitte | SHELLE | 53 | F50 | 43 | 0:56:43 | 9,52 | 6:18 |
| 2495 | 4995 | VANDER HOFSTADT Alexandre | GANSHOREN | 35 | M35 | 327 | 0:56:43 | 9,52 | 6:18 |
| 2496 | 3953 | VERCAMMEN Jos | RANST | 59 | M55 | 65 | 0:56:43 | 9,52 | 6:18 |
| 2497 | 3849 | DE LANGE Evi | VILVOORDE | 31 | SEF | 380 | 0:56:44 | 9,52 | 6:18 |
| 2498 | 6449 | ELENA Urizar | BELGIUM | 31 | SEF | 381 | 0:56:44 | 9,52 | 6:18 |
| 2499 | 5140 | LAURYSSSEN Steven | RIJKEVORSEL | 34 | SEH | 726 | 0:56:44 | 9,52 | 6:18 |
| 2500 | 2480 | SEPOT Sylvie | MALLE | 42 | F40 | 117 | 0:56:44 | 9,52 | 6:18 |
| 2501 | 2477 | VAN DERAAG Peggy | ZOERSEL | 49 | F45 | 81 | 0:56:44 | 9,52 | 6:18 |
| 2502 | 1799 | VANDERHELST Eef | RELEGEM | 36 | F35 | 155 | 0:56:44 | 9,52 | 6:18 |
| 2503 | 5695 | DEWITTE Lars | ZOERSEL | 12 | SEH | 727 | 0:56:45 | 9,52 | 6:18 |
| 2504 | 3494 | SCHOOVAERTS Laurent | PEPINGEN | 39 | M35 | 328 | 0:56:45 | 9,52 | 6:18 |
| 2505 | 4772 | VAN BEERSEL Lori | HOMBEEK | 29 | SEF | 382 | 0:56:45 | 9,52 | 6:18 |
| 2506 | 243 | VAN DEN KEYBUS Tais | MOLENBEEK-WERSBEEK | 30 | SEF | 383 | 0:56:45 | 9,52 | 6:18 |
| 2507 | 242 | COLLIN An | MOLENBEEK-WERSBEEK | 33 | SEF | 384 | 0:56:46 | 9,51 | 6:18 |
| 2508 | 2491 | DUCHAYNE Nitje | ZOERSEL | 52 | F50 | 44 | 0:56:46 | 9,51 | 6:18 |
| 2509 | 5082 | SOURBRON Liesbet | MECHELEN | 35 | F35 | 156 | 0:56:46 | 9,51 | 6:18 |
| 2510 | 2966 | VAN DEN BERGE Lizzy | SHELLE | 56 | F55 | 25 | 0:56:46 | 9,51 | 6:18 |
| 2511 | 6157 | DEHAES Toon | BOOISCHOT | 26 | SEH | 728 | 0:56:47 | 9,51 | 6:19 |
| 2512 | 4998 | RAYMAEKERS Peter | GANSHOREN | 48 | M45 | 203 | 0:56:47 | 9,51 | 6:19 |
| 2513 | 4046 | VAN GRIEKEN Peter | HERENTALS | 62 | M60 | 19 | 0:56:47 | 9,51 | 6:19 |
| 2514 | 4245 | VERSCHUEREN Cynthia | BOORTMEERBEEK | 40 | F40 | 118 | 0:56:47 | 9,51 | 6:19 |
| 2515 | 5813 | AMKREUTZ Alexander | LEUVEN | 25 | SEH | 729 | 0:56:48 | 9,51 | 6:19 |
| 2516 | 4537 | RENARD Kathleen | HOLSBEEK | 40 | F40 | 119 | 0:56:48 | 9,51 | 6:19 |
| 2517 | 4830 | VAN VLEM Ilse | MECHELEN | 36 | F35 | 157 | 0:56:48 | 9,51 | 6:19 |
| 2518 | 4539 | BUNKENS Karin | HOLSBEEK | 41 | F40 | 120 | 0:56:49 | 9,50 | 6:19 |
| 2519 | 6185 | CLAES Geert | HEIST-OP-DEN-BERG | 28 | SEH | 730 | 0:56:49 | 9,50 | 6:19 |
| 2520 | 6468 | DE ROY Steven | OLV WAYER | 31 | SEH | 731 | 0:56:49 | 9,50 | 6:19 |
| 2521 | 4546 | SELS Marcus | WOMMELGEM | 55 | M55 | 66 | 0:56:49 | 9,50 | 6:19 |
| 2522 | 4952 | VAN DER AUWERA Natasja | LIER | 32 | SEF | 385 | 0:56:49 | 9,50 | 6:19 |
| 2523 | 3775 | VEULEMANS Joris | KERSBEEK-MISKOM | 36 | M35 | 329 | 0:56:50 | 9,50 | 6:19 |
| 2524 | 5505 | VOLDERS Geert | ANTWERPEN | 52 | M50 | 136 | 0:56:50 | 9,50 | 6:19 |
| 2525 | 2285 | BASTIAENSSSEN Sofie | WOMMELGEM | 35 | F35 | 158 | 0:56:51 | 9,50 | 6:19 |
| 2526 | 6467 | HERMANS Nele | MECHELEN | 34 | SEF | 386 | 0:56:51 | 9,50 | 6:19 |
| 2527 | 2893 | STEPANOVA Valentina | BRUSSEL | 30 | SEF | 387 | 0:56:51 | 9,50 | 6:19 |
| 2528 | 2817 | VAN DONGEN Marijke | BERENDRECHT | 39 | F35 | 159 | 0:56:51 | 9,50 | 6:19 |
| 2529 | 2694 | VERCAUTEREN Davinia | KAPELLEN | 32 | SEF | 388 | 0:56:51 | 9,50 | 6:19 |
| 2530 | 3237 | BRUSSEEL Patrick | ANTWERPEN | 46 | M45 | 204 | 0:56:52 | 9,50 | 6:19 |
| 2531 | 2266 | LAURIJSSSEN Gie | WOMMELGEM | 49 | M45 | 205 | 0:56:52 | 9,50 | 6:19 |
| 2532 | 5794 | MULLER Eric | BRUXELLES | 61 | M60 | 20 | 0:56:52 | 9,50 | 6:19 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|----------------------|-----|-----|-------|---------|------|---------|
| 2533 | 570 | OEYEN Glenn | KESSEL | 30 | SEH | 732 | 0:56:52 | 9,50 | 6:19 |
| 2534 | 628 | SAK Isabel | RANST | 31 | SEF | 389 | 0:56:52 | 9,50 | 6:19 |
| 2535 | 872 | SWIGGERS Kris | LIER | 45 | M45 | 206 | 0:56:52 | 9,50 | 6:19 |
| 2536 | 5615 | VAN DEN BROECK Nick | SCHILDE | 23 | SEH | 733 | 0:56:52 | 9,50 | 6:19 |
| 2537 | 2486 | VERHEYEN Johan | ZOERSEL | 40 | M40 | 214 | 0:56:52 | 9,50 | 6:19 |
| 2538 | 1220 | DE MEULDER Hans | OUD-TURNHOUT | 36 | M35 | 330 | 0:56:53 | 9,49 | 6:19 |
| 2539 | 5092 | DELIEVER Liesbeth | HEVERLEE | 33 | SEF | 390 | 0:56:53 | 9,49 | 6:19 |
| 2540 | 2495 | VERHEYEN Greet | ZOERSEL | 49 | F45 | 82 | 0:56:53 | 9,49 | 6:19 |
| 2541 | 4176 | COECK Jurgen | HEIST-OP-DEN-BERG | 36 | M35 | 331 | 0:56:54 | 9,49 | 6:19 |
| 2542 | 2252 | DE WITTE Rekha | ANTWERPEN | 33 | SEF | 391 | 0:56:54 | 9,49 | 6:19 |
| 2543 | 4151 | VAN DEN BROECK Jan | LEUVEN | 48 | M45 | 207 | 0:56:54 | 9,49 | 6:19 |
| 2544 | 6458 | GOOSSENS Matthias | ANTWERPEN | 26 | SEH | 734 | 0:56:56 | 9,48 | 6:20 |
| 2545 | 5238 | HAENTJENS Kris | BERCHEM | 59 | M55 | 67 | 0:56:56 | 9,48 | 6:20 |
| 2546 | 5504 | HAUTOT Christophe | MACHELEN | 35 | M35 | 332 | 0:56:56 | 9,48 | 6:20 |
| 2547 | 926 | VAN DEN WIJNGAERT Mick | MECHELEN | 34 | SEH | 735 | 0:56:56 | 9,48 | 6:20 |
| 2548 | 2417 | VAN ROMPAEY Martine | SCHILDE | 53 | F50 | 45 | 0:56:56 | 9,48 | 6:20 |
| 2549 | 6554 | CLAES Junior | PROVENCIALE STEENWEG | 26 | SEH | 736 | 0:56:57 | 9,48 | 6:20 |
| 2550 | 5356 | DE RUYSSCHER Jimmy | MERKSEM | 33 | SEH | 737 | 0:56:57 | 9,48 | 6:20 |
| 2551 | 3495 | FAID Mounia | ANTWERPEN | 27 | SEF | 392 | 0:56:57 | 9,48 | 6:20 |
| 2552 | 2418 | LUYTEN Kim | BORGERHOUT | 31 | SEF | 393 | 0:56:57 | 9,48 | 6:20 |
| 2553 | 6402 | WILLEMS Lore | 2540 | 25 | SEF | 394 | 0:56:57 | 9,48 | 6:20 |
| 2554 | 3276 | SMAERS Simon | ANTWERPEN | 27 | SEH | 738 | 0:56:58 | 9,48 | 6:20 |
| 2555 | 4423 | UMANS Kevin | KAULILLE | 32 | SEH | 739 | 0:56:58 | 9,48 | 6:20 |
| 2556 | 710 | ALTMANN Wendy | LINT | 36 | F35 | 160 | 0:56:59 | 9,48 | 6:20 |
| 2557 | 709 | MOOREES Kris | DEURNE | 51 | M50 | 137 | 0:56:59 | 9,48 | 6:20 |
| 2558 | 2588 | THOMPSON Maaïke | MERKSEM | 17 | SEF | 395 | 0:56:59 | 9,48 | 6:20 |
| 2559 | 2877 | DECEUNINCK Melvyn | MOORSLEDE | 36 | M35 | 333 | 0:57:00 | 9,47 | 6:20 |
| 2560 | 1702 | QUINTIENS Liesbeth | WUUSTWEZEL | 33 | SEF | 396 | 0:57:00 | 9,47 | 6:20 |
| 2561 | 3893 | SCHWAGTEN Siegfried | ANTWERPEN | 32 | SEH | 740 | 0:57:00 | 9,47 | 6:20 |
| 2562 | 3580 | VERHEYEN Joris | ZANDHOVEN | 52 | M50 | 138 | 0:57:00 | 9,47 | 6:20 |
| 2563 | 3170 | VERKOYEN Jill | BORGERHOUT | 34 | SEF | 397 | 0:57:00 | 9,47 | 6:20 |
| 2564 | 4290 | WUYTS Georges | DEURNE | 58 | M55 | 68 | 0:57:00 | 9,47 | 6:20 |
| 2565 | 2878 | DE BUF Friedel | MOORSLEDE | 40 | F40 | 121 | 0:57:01 | 9,47 | 6:20 |
| 2566 | 6499 | SCHWAGTEN Koenraad | LIER | 59 | M55 | 69 | 0:57:01 | 9,47 | 6:20 |
| 2567 | 928 | CEELEN Sofie | SINT-KATELIJNE-WAVER | 32 | SEF | 398 | 0:57:02 | 9,47 | 6:20 |
| 2568 | 24 | GLIBERT Stephanie | DEUX-ACREN (LESSEN) | 28 | SEF | 399 | 0:57:02 | 9,47 | 6:20 |
| 2569 | 4233 | HEYLEN Ken | BROECHEM | 33 | SEH | 741 | 0:57:02 | 9,47 | 6:20 |
| 2570 | 5644 | CORTVRIENDT Sofie | LUBBEEK | 44 | F40 | 122 | 0:57:03 | 9,47 | 6:20 |
| 2571 | 1771 | FÄRM Nina | HAACHT | 32 | SEF | 400 | 0:57:03 | 9,47 | 6:20 |
| 2572 | 3548 | HILLEGEER Denis | ANTWERPEN | 37 | M35 | 334 | 0:57:03 | 9,47 | 6:20 |
| 2573 | 5520 | LOUWIES Tijs | LOMMEL | 27 | SEH | 742 | 0:57:03 | 9,47 | 6:20 |
| 2574 | 3568 | MARCY Emmauel | MALLE | 54 | M50 | 139 | 0:57:03 | 9,47 | 6:20 |
| 2575 | 927 | ROOTHOFT Daisy | MECHELEN | 34 | SEF | 401 | 0:57:03 | 9,47 | 6:20 |
| 2576 | 4234 | VAN HOOFF Kenny | BROECHEM | 30 | SEH | 743 | 0:57:03 | 9,47 | 6:20 |
| 2577 | 3922 | VAN OUDENHOVE Dirk | NINOVE | 51 | M50 | 140 | 0:57:03 | 9,47 | 6:20 |
| 2578 | 1769 | WUYTS Gijs | HAACHT | 41 | M40 | 215 | 0:57:03 | 9,47 | 6:20 |
| 2579 | 3558 | VAES Dora | ANTWERPEN | 37 | F35 | 161 | 0:57:04 | 9,46 | 6:20 |
| 2580 | 6396 | BAETEN Janis | ANTWERPEN | 23 | SEH | 744 | 0:57:05 | 9,46 | 6:21 |
| 2581 | 924 | KNAEPEN Karla | EPPEGEM | 48 | F45 | 83 | 0:57:05 | 9,46 | 6:21 |
| 2582 | 3078 | LAEREMANS Michelle | HERENTALS | 25 | SEF | 402 | 0:57:05 | 9,46 | 6:21 |
| 2583 | 4444 | ENGELLEN Peter | KONTICH | 48 | M45 | 208 | 0:57:06 | 9,46 | 6:21 |
| 2584 | 923 | HUYSEUNE Luc | EPPEGEM | 48 | M45 | 209 | 0:57:06 | 9,46 | 6:21 |
| 2585 | 3701 | MENCKENS Joke | RAMSEL | 34 | SEF | 403 | 0:57:06 | 9,46 | 6:21 |
| 2586 | 2741 | TIRARD Ken | KAPELLEN | 24 | SEH | 745 | 0:57:06 | 9,46 | 6:21 |
| 2587 | 551 | VAN BELLE Erik | BRECHT | 44 | M40 | 216 | 0:57:06 | 9,46 | 6:21 |
| 2588 | 3954 | VAN CLEEMPUT Elke | EMBLEM | 34 | SEF | 404 | 0:57:06 | 9,46 | 6:21 |
| 2589 | 936 | VAN DEN EYNDE Tom | SCHOTEN | 36 | M35 | 335 | 0:57:06 | 9,46 | 6:21 |
| 2590 | 2670 | VAN ELSACKER Kathleen | ANTWERPEN | 43 | F40 | 123 | 0:57:06 | 9,46 | 6:21 |
| 2591 | 3955 | VAN HOOFF Tom | LIER | 42 | M40 | 217 | 0:57:06 | 9,46 | 6:21 |
| 2592 | 140 | AENDEKERK Jasmien | MEEUWEN | 22 | SEF | 405 | 0:57:07 | 9,45 | 6:21 |
| 2593 | 1582 | BOGAERT Robbert | NOORDERWIJK | 17 | SEH | 746 | 0:57:07 | 9,45 | 6:21 |
| 2594 | 3226 | DE BEUCKELAER Micheline | KAPELLEN | 57 | F55 | 26 | 0:57:07 | 9,45 | 6:21 |
| 2595 | 6089 | DE KEYSER Bregt | EMBLEM | 15 | SEH | 747 | 0:57:07 | 9,45 | 6:21 |
| 2596 | 5066 | PIJPOPS Reinoud | LINTER | 42 | M40 | 218 | 0:57:07 | 9,45 | 6:21 |
| 2597 | 553 | VAN BELLE Celine | BRECHT | 13 | SEF | 406 | 0:57:07 | 9,45 | 6:21 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|-----------------|-----|-----|-------|---------|------|---------|
| 2598 | 6088 | VAN DEN BERGH Wannes | EMBLEM | 13 | SEH | 748 | 0:57:07 | 9,45 | 6:21 |
| 2599 | 6466 | BOENDERS Stijn | RIJKEVORSEL | 40 | M40 | 219 | 0:57:08 | 9,45 | 6:21 |
| 2600 | 3763 | CALOGERO Lombardo | ZANDVLIET | 31 | SEH | 749 | 0:57:08 | 9,45 | 6:21 |
| 2601 | 2014 | DIJCKMANS Judith | HERENTALS | 46 | F45 | 84 | 0:57:08 | 9,45 | 6:21 |
| 2602 | 3706 | ENGELLEN Fin | RAMSEL | 36 | F35 | 162 | 0:57:08 | 9,45 | 6:21 |
| 2603 | 5327 | RAVESCHOT Catherine | NIJLEN | 40 | F40 | 124 | 0:57:08 | 9,45 | 6:21 |
| 2604 | 313 | SCHIPPERS Scott | SCHOTEN | 33 | SEH | 750 | 0:57:08 | 9,45 | 6:21 |
| 2605 | 4175 | STROECKX Jiri | BOOISCHOT | 33 | SEH | 751 | 0:57:08 | 9,45 | 6:21 |
| 2606 | 5941 | VAN EYGEN Sven | TIELRODE | 33 | SEH | 752 | 0:57:08 | 9,45 | 6:21 |
| 2607 | 5495 | SEVERYNS Katinka | RIJKEVORSEL | 31 | SEF | 407 | 0:57:09 | 9,45 | 6:21 |
| 2608 | 3569 | VAN DER EYCKEN Ines | ZOERSEL | 40 | F40 | 125 | 0:57:09 | 9,45 | 6:21 |
| 2609 | 5877 | VERBIST Annelies | AARTSELAAR | 35 | F35 | 163 | 0:57:09 | 9,45 | 6:21 |
| 2610 | 3842 | GYARMATI Andrea | TESSENDERLO | 37 | F35 | 164 | 0:57:10 | 9,45 | 6:21 |
| 2611 | 6146 | HANFF Koen | ANTWERPEN | 30 | SEH | 753 | 0:57:10 | 9,45 | 6:21 |
| 2612 | 5467 | HEIRWEGH Kevin | ELVERSELE | 26 | SEH | 754 | 0:57:10 | 9,45 | 6:21 |
| 2613 | 3943 | LE BOUDEC Bernard | LIER | 52 | M50 | 141 | 0:57:10 | 9,45 | 6:21 |
| 2614 | 6139 | THYS Sam | WUUSTWEZEL | 23 | SEH | 755 | 0:57:10 | 9,45 | 6:21 |
| 2615 | 5477 | VAN HUMBEECK Ilse | AARTSELAAR | 39 | F35 | 165 | 0:57:10 | 9,45 | 6:21 |
| 2616 | 1581 | VERMEULEN Gertie | NOORDERWIJK | 40 | F40 | 126 | 0:57:10 | 9,45 | 6:21 |
| 2617 | 3557 | VANDYCK Jerry | ANTWERPEN | 40 | M40 | 220 | 0:57:11 | 9,44 | 6:21 |
| 2618 | 3993 | BRUYNDONCKX Jeroen | NIEL | 22 | SEH | 756 | 0:57:12 | 9,44 | 6:21 |
| 2619 | 5458 | FLOIN Steven | ZELZATE | 33 | SEH | 757 | 0:57:12 | 9,44 | 6:21 |
| 2620 | 5488 | GOORMANS Tom | WEZEMBEEK-OPPEM | 39 | M35 | 336 | 0:57:12 | 9,44 | 6:21 |
| 2621 | 1592 | KERREMANS Femke | ANTWERPEN | 26 | SEF | 408 | 0:57:12 | 9,44 | 6:21 |
| 2622 | 5487 | GISEWSKI Julia | WEZEMBEEK-OPPEM | 39 | F35 | 166 | 0:57:13 | 9,44 | 6:21 |
| 2623 | 1343 | MENS Glenn | DEURNE | 26 | SEH | 758 | 0:57:13 | 9,44 | 6:21 |
| 2624 | 6055 | PANIS Bénédicte | WAASMUNSTER | 34 | SEF | 409 | 0:57:13 | 9,44 | 6:21 |
| 2625 | 6503 | VAN GOMPEL Jesse | DEINZE | 39 | M35 | 337 | 0:57:13 | 9,44 | 6:21 |
| 2626 | 744 | VROLIX Gunther | HEMIKSEM | 42 | M40 | 221 | 0:57:13 | 9,44 | 6:21 |
| 2627 | 1342 | SMET Benjamin | KONTICH | 36 | M35 | 338 | 0:57:14 | 9,44 | 6:22 |
| 2628 | 4415 | VAN BAMBOST Ellen | MOERBEKE-WAAS | 37 | F35 | 167 | 0:57:14 | 9,44 | 6:22 |
| 2629 | 6158 | VLOEBERGHES Sam | BOOISCHOT | 27 | SEH | 759 | 0:57:14 | 9,44 | 6:22 |
| 2630 | 3754 | RYPENS Dirk | BOOM | 43 | M40 | 222 | 0:57:15 | 9,43 | 6:22 |
| 2631 | 5234 | SEGERS Femke | BORNEM | 28 | SEF | 410 | 0:57:15 | 9,43 | 6:22 |
| 2632 | 5069 | VAN DINGENEN Sylvie | HERSELT | 32 | SEF | 411 | 0:57:15 | 9,43 | 6:22 |
| 2633 | 3747 | VANHOORENBEECK Naomi | TISSILT | 27 | SEF | 412 | 0:57:15 | 9,43 | 6:22 |
| 2634 | 4015 | DELMARTINO Koen | KESSEL-LO | 41 | M40 | 223 | 0:57:16 | 9,43 | 6:22 |
| 2635 | 4016 | DELMARTINO Mark | ANTWERPEN | 47 | M45 | 210 | 0:57:16 | 9,43 | 6:22 |
| 2636 | 918 | GOYVAERTS Werner | LIER | 45 | M45 | 211 | 0:57:16 | 9,43 | 6:22 |
| 2637 | 5068 | LEMMENS Thomas | HERSELT | 32 | SEH | 760 | 0:57:16 | 9,43 | 6:22 |
| 2638 | 1236 | ROGIERS Yoni | LOKEREN | 34 | SEH | 761 | 0:57:16 | 9,43 | 6:22 |
| 2639 | 2808 | SWIGGERS Lien | EDEGEM | 23 | SEF | 413 | 0:57:16 | 9,43 | 6:22 |
| 2640 | 6431 | THYS Ludo | WUUSTWEZEL | 53 | M50 | 142 | 0:57:16 | 9,43 | 6:22 |
| 2641 | 4416 | VAN GANSBEKE Annelien | MARIAKERKE | 24 | SEF | 414 | 0:57:16 | 9,43 | 6:22 |
| 2642 | 6054 | VAN RIJMNANT Manuella | SINT-NIKLAAS | 36 | F35 | 168 | 0:57:16 | 9,43 | 6:22 |
| 2643 | 879 | GROFFEN Frank | WIJNEGEM | 46 | M45 | 212 | 0:57:17 | 9,43 | 6:22 |
| 2644 | 1834 | MAESSCHALCK Tina | EPPEGEM | 33 | SEF | 415 | 0:57:17 | 9,43 | 6:22 |
| 2645 | 5233 | PAUWELS Davy | BORNEM | 33 | SEH | 762 | 0:57:17 | 9,43 | 6:22 |
| 2646 | 4111 | PLATTEAU Heide | ROLLEGEM | 36 | F35 | 169 | 0:57:17 | 9,43 | 6:22 |
| 2647 | 4858 | VERHULST Leslie | LONDERZEEL | 26 | SEF | 416 | 0:57:17 | 9,43 | 6:22 |
| 2648 | 6430 | LÖHR Sylvia | WUUSTWEZEL | 55 | F55 | 27 | 0:57:18 | 9,42 | 6:22 |
| 2649 | 672 | PAUWELS Nadine | GEEL | 45 | F45 | 85 | 0:57:18 | 9,42 | 6:22 |
| 2650 | 4126 | PILLAERT Annelies | AALBEKE | 28 | SEF | 417 | 0:57:18 | 9,42 | 6:22 |
| 2651 | 5311 | SCHELKENS Lauranne | ANTWERPEN | 28 | SEF | 418 | 0:57:18 | 9,42 | 6:22 |
| 2652 | 1393 | VERVAET Tim | BAASRODE | 31 | SEH | 763 | 0:57:18 | 9,42 | 6:22 |
| 2653 | 2994 | WILLEMS Yasmine | RELEGEM | 31 | SEF | 419 | 0:57:18 | 9,42 | 6:22 |
| 2654 | 673 | VAN EYNDE Yve | OTTENBURG | 48 | M45 | 213 | 0:57:19 | 9,42 | 6:22 |
| 2655 | 4737 | VAN MOL Alexander | MORTSEL | 15 | SEH | 764 | 0:57:19 | 9,42 | 6:22 |
| 2656 | 3736 | VASTENAVONDT Toon | BREENDONK | 38 | M35 | 339 | 0:57:19 | 9,42 | 6:22 |
| 2657 | 5623 | VRIJSEN Koen | DEURNE | 30 | SEH | 765 | 0:57:19 | 9,42 | 6:22 |
| 2658 | 4610 | DECKX Patsy | WOMMELGEM | 48 | F45 | 86 | 0:57:20 | 9,42 | 6:22 |
| 2659 | 4310 | VAN DER VLOET Patrick | EDEGEM | 37 | M35 | 340 | 0:57:20 | 9,42 | 6:22 |
| 2660 | 4738 | VAN GOINGA Sjoerd | MORTSEL | 47 | M45 | 214 | 0:57:21 | 9,42 | 6:22 |
| 2661 | 5614 | VAN LANDEGHEM Robin | SCHOTEN | 24 | SEH | 766 | 0:57:23 | 9,41 | 6:23 |
| 2662 | 5622 | BAESTAENS Elke | DEURNE | 24 | SEF | 420 | 0:57:24 | 9,41 | 6:23 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|------------------------|-----|-----|-------|---------|------|---------|
| 2663 | 4241 | HOUPELINE Bram | HEVER | 43 | M40 | 224 | 0:57:24 | 9,41 | 6:23 |
| 2664 | 4316 | VAN LAETHEM Paul | KRUIBEKE | 57 | M55 | 70 | 0:57:24 | 9,41 | 6:23 |
| 2665 | 368 | HOPPENBROUWERS Ben | WIJNEGEM | 36 | M35 | 341 | 0:57:25 | 9,40 | 6:23 |
| 2666 | 4825 | VAN DER HEYDEN Nic | LINT | 36 | M35 | 342 | 0:57:25 | 9,40 | 6:23 |
| 2667 | 4239 | HOUPELINE Lies | HEVER | 13 | SEF | 421 | 0:57:26 | 9,40 | 6:23 |
| 2668 | 53 | MUIJZELAAR Jelle | NIJLEN | 38 | M35 | 343 | 0:57:26 | 9,40 | 6:23 |
| 2669 | 5107 | VAN LAETHEM Caroline | BURCHT | 27 | SEF | 422 | 0:57:26 | 9,40 | 6:23 |
| 2670 | 3224 | DHOOP Charlotte | BLANKENBERGE | 32 | SEF | 423 | 0:57:28 | 9,40 | 6:23 |
| 2671 | 3925 | VISSERS Karo | BORSBEEK | 27 | SEF | 424 | 0:57:28 | 9,40 | 6:23 |
| 2672 | 5109 | CLAYTON Thomas | WOLUWE SAINT LAMBERT | 32 | SEH | 767 | 0:57:29 | 9,39 | 6:23 |
| 2673 | 5750 | D'HONDT Jurgen | DEURNE | 48 | M45 | 215 | 0:57:29 | 9,39 | 6:23 |
| 2674 | 2889 | VAN FRAEYENHOVEN Kim | ANTWERPEN | 28 | SEF | 425 | 0:57:29 | 9,39 | 6:23 |
| 2675 | 6285 | WILLSHER Hannah | SINT LAMBRECHTS WOLUWE | 27 | SEF | 426 | 0:57:29 | 9,39 | 6:23 |
| 2676 | 3987 | BODE Wouter | BLANKENBERGE | 36 | M35 | 344 | 0:57:30 | 9,39 | 6:23 |
| 2677 | 1655 | VAN BIESEN Annelies | OPWIJK | 34 | SEF | 427 | 0:57:30 | 9,39 | 6:23 |
| 2678 | 3930 | VAN DER DONCKT Jentl | AALST | 28 | SEF | 428 | 0:57:30 | 9,39 | 6:23 |
| 2679 | 2094 | VAN LINDEN Hilde | MECHELEN | 60 | F60 | 6 | 0:57:30 | 9,39 | 6:23 |
| 2680 | 4143 | CLYMANS Peter | MEERLE | 48 | M45 | 216 | 0:57:31 | 9,39 | 6:23 |
| 2681 | 3960 | GYSLS Frederik | ANTWERPEN | 32 | SEH | 768 | 0:57:31 | 9,39 | 6:23 |
| 2682 | 3923 | MEERSMAN Jurgen | KERSKEN | 38 | M35 | 345 | 0:57:31 | 9,39 | 6:23 |
| 2683 | 3391 | STRYPSTEEN Benoit | MENEN | 35 | M35 | 346 | 0:57:31 | 9,39 | 6:23 |
| 2684 | 1680 | VAN DAMME Marit | OPWIJK | 35 | F35 | 170 | 0:57:31 | 9,39 | 6:23 |
| 2685 | 3959 | D'HAESE Bryan | ANTWERPEN | 32 | SEH | 769 | 0:57:32 | 9,39 | 6:24 |
| 2686 | 2092 | VAN KERREBROECK Gitte | ANTWERPEN | 40 | F40 | 127 | 0:57:32 | 9,39 | 6:24 |
| 2687 | 3366 | DECONINCK Davy | GELUWE | 40 | M40 | 225 | 0:57:33 | 9,38 | 6:24 |
| 2688 | 4720 | MALLERY Gwendolyn | HEMIKSEM | 32 | SEF | 429 | 0:57:33 | 9,38 | 6:24 |
| 2689 | 2822 | CRIEL Debby | ZEVENEKEN | 36 | F35 | 171 | 0:57:34 | 9,38 | 6:24 |
| 2690 | 260 | DE MEYER Kelly | WIJNEGEM | 32 | SEF | 430 | 0:57:34 | 9,38 | 6:24 |
| 2691 | 4966 | DE VRIENDT Nadia | MERKSPLAS | 35 | F35 | 172 | 0:57:34 | 9,38 | 6:24 |
| 2692 | 3026 | DIRKX Palm | WIJNEGEM | 40 | M40 | 226 | 0:57:34 | 9,38 | 6:24 |
| 2693 | 4530 | GODINEZ Nydia | DEURNE | 42 | F40 | 128 | 0:57:34 | 9,38 | 6:24 |
| 2694 | 4979 | JEROEN Maes | SINT-NIKLAAS | 25 | SEH | 770 | 0:57:34 | 9,38 | 6:24 |
| 2695 | 4026 | OOSTERLINCK Dave | BORSBEEK | 33 | SEH | 771 | 0:57:34 | 9,38 | 6:24 |
| 2696 | 4198 | TERSAGO Brecht | BOECHOUT | 41 | M40 | 227 | 0:57:34 | 9,38 | 6:24 |
| 2697 | 4721 | VAN DAMME Nick | HEMIKSEM | 34 | SEH | 772 | 0:57:34 | 9,38 | 6:24 |
| 2698 | 3367 | VERSAVEL Severine | GELUWE | 38 | F35 | 173 | 0:57:34 | 9,38 | 6:24 |
| 2699 | 2158 | WETZ Yann | MEISE | 27 | SEH | 773 | 0:57:34 | 9,38 | 6:24 |
| 2700 | 3154 | BOURGEOIS Liesbeth | RONSE | 30 | SEF | 431 | 0:57:35 | 9,38 | 6:24 |
| 2701 | 2998 | BROES Lise | RELEGEM | 33 | SEF | 432 | 0:57:35 | 9,38 | 6:24 |
| 2702 | 3146 | CONVENTS Inn | LEDEBERG | 30 | SEF | 433 | 0:57:35 | 9,38 | 6:24 |
| 2703 | 4875 | DE GRAVE Niels | WIJNEGEM | 12 | SEH | 774 | 0:57:35 | 9,38 | 6:24 |
| 2704 | 5220 | POLFLIET Dries | MECHELEN | 29 | SEH | 775 | 0:57:35 | 9,38 | 6:24 |
| 2705 | 3390 | VERSAVEL Caroline | MENEN | 32 | SEF | 434 | 0:57:35 | 9,38 | 6:24 |
| 2706 | 2979 | SIMONS Yannick | SCHOTEN | 21 | SEH | 776 | 0:57:36 | 9,38 | 6:24 |
| 2707 | 547 | VAN HOETEGHEM Lucia | BRECHT | 11 | SEF | 435 | 0:57:36 | 9,38 | 6:24 |
| 2708 | 5221 | VANDER CRUYSSSEN Margot | MECHELEN | 25 | SEF | 436 | 0:57:36 | 9,38 | 6:24 |
| 2709 | 1050 | COENEN Cees | BREDA | 61 | M60 | 21 | 0:57:37 | 9,37 | 6:24 |
| 2710 | 5362 | DOM Bob | BORGERHOUT | 26 | SEH | 777 | 0:57:37 | 9,37 | 6:24 |
| 2711 | 4025 | HOES Gerrit | BORSBEEK | 32 | SEH | 778 | 0:57:37 | 9,37 | 6:24 |
| 2712 | 1751 | PROP Tessa | OSSENDRECHT | 19 | SEF | 437 | 0:57:37 | 9,37 | 6:24 |
| 2713 | 4358 | TIMMERMANS Natascha | SCHOTEN | 40 | F40 | 129 | 0:57:37 | 9,37 | 6:24 |
| 2714 | 1807 | BUS Daniëlle | OSSENDRECHT | 18 | SEF | 438 | 0:57:39 | 9,37 | 6:24 |
| 2715 | 5528 | MALFLIET Eva | HAMME | 28 | SEF | 439 | 0:57:39 | 9,37 | 6:24 |
| 2716 | 6200 | VAN BIEMEN Judith | KAPELLE | 43 | F40 | 130 | 0:57:39 | 9,37 | 6:24 |
| 2717 | 6213 | VAN NISPEN Tonny | KAPELLE | 49 | M45 | 217 | 0:57:39 | 9,37 | 6:24 |
| 2718 | 46 | VAN VELTHOVEN Peter | MERKSEM | 54 | M50 | 143 | 0:57:39 | 9,37 | 6:24 |
| 2719 | 2251 | ABBELOOS Christel | MERKSEM | 53 | F50 | 46 | 0:57:40 | 9,36 | 6:24 |
| 2720 | 4178 | DUYOLS Steve | BEVEREN | 30 | SEH | 779 | 0:57:40 | 9,36 | 6:24 |
| 2721 | 1827 | POEL VAN DER Daniëlle | OSSENDRECHT | 27 | SEF | 440 | 0:57:40 | 9,36 | 6:24 |
| 2722 | 2247 | VAN DE MEERSCCHE Kristof | ANTWERPEN | 39 | M35 | 347 | 0:57:40 | 9,36 | 6:24 |
| 2723 | 5098 | KERRE Bart | HEVERLEE | 47 | M45 | 218 | 0:57:41 | 9,36 | 6:25 |
| 2724 | 3750 | MOREL Nathalie | HOMBEEK | 41 | F40 | 131 | 0:57:41 | 9,36 | 6:25 |
| 2725 | 2957 | TRONCKOE Nele | TERNAT | 29 | SEF | 441 | 0:57:41 | 9,36 | 6:25 |
| 2726 | 3485 | VESTERS Curd | HEMIKSEM | 21 | SEH | 780 | 0:57:41 | 9,36 | 6:25 |
| 2727 | 5642 | WRIGHT Ken | OLEN | 26 | SEH | 781 | 0:57:41 | 9,36 | 6:25 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|------------------------|-----|-----|-------|---------|------|---------|
| 2728 | 3636 | DE GROOF Jeroen | BOECHOUT | 22 | SEH | 782 | 0:57:42 | 9,36 | 6:25 |
| 2729 | 5190 | DURAND Jean-Luc | SCHOTEN | 45 | M45 | 219 | 0:57:42 | 9,36 | 6:25 |
| 2730 | 3 | HUYBERECHTS Thomas | HERENT | 28 | SEH | 783 | 0:57:42 | 9,36 | 6:25 |
| 2731 | 4957 | STRUBBE Patrick | TEMSE | 51 | M50 | 144 | 0:57:42 | 9,36 | 6:25 |
| 2732 | 6281 | MULLEMAN Hilde | OPWIJK | 46 | F45 | 87 | 0:57:43 | 9,36 | 6:25 |
| 2733 | 3665 | VAN HAEGENBORGH Marco | BERCHEM | 54 | M50 | 145 | 0:57:43 | 9,36 | 6:25 |
| 2734 | 2263 | VAN REETH Wouter | WOMMELGEM | 36 | M35 | 348 | 0:57:43 | 9,36 | 6:25 |
| 2735 | 5189 | VERELST Iris | SINT-AMANDSBERG | 40 | F40 | 132 | 0:57:43 | 9,36 | 6:25 |
| 2736 | 1724 | CLERINX Marleen | BORSBEEK | 41 | F40 | 133 | 0:57:44 | 9,35 | 6:25 |
| 2737 | 1667 | DE SMIT Bram | TERNAT | 30 | SEH | 784 | 0:57:44 | 9,35 | 6:25 |
| 2738 | 3633 | NIJS Joris | AARSCHOT | 23 | SEH | 785 | 0:57:44 | 9,35 | 6:25 |
| 2739 | 5759 | ROELEVELD Esther | RIJKEVORSEL | 27 | SEF | 442 | 0:57:44 | 9,35 | 6:25 |
| 2740 | 3667 | SCHOUPS Marco | ANTWERPEN | 52 | M50 | 146 | 0:57:44 | 9,35 | 6:25 |
| 2741 | 3625 | T'JOLLYN Ilya | VREMDE | 23 | SEH | 786 | 0:57:44 | 9,35 | 6:25 |
| 2742 | 2591 | VAN GAEVER Guy | BOOM | 45 | M45 | 220 | 0:57:44 | 9,35 | 6:25 |
| 2743 | 2904 | MAEGH Bart | MEISE | 33 | SEH | 787 | 0:57:45 | 9,35 | 6:25 |
| 2744 | 5761 | SCHOETERS Kris | RIJKEVORSEL | 46 | M45 | 221 | 0:57:45 | 9,35 | 6:25 |
| 2745 | 2913 | VAN BOGAERT Sandra | BRECHT | 42 | F40 | 134 | 0:57:45 | 9,35 | 6:25 |
| 2746 | 5763 | VANDER MEIREN Jessy | BERCHEM | 33 | SEF | 443 | 0:57:45 | 9,35 | 6:25 |
| 2747 | 4703 | COLLIGNON Roger | DEURNE | 69 | M65 | 4 | 0:57:46 | 9,35 | 6:25 |
| 2748 | 5077 | DUPONT Joseph | BERCHEM | 66 | M65 | 5 | 0:57:46 | 9,35 | 6:25 |
| 2749 | 4980 | SCHAEERDERS Annelore | SINT-NIKLAAS | 25 | SEF | 444 | 0:57:47 | 9,35 | 6:25 |
| 2750 | 2956 | CORNELIS Dorien | SINT-KATHERINA-LOMBEEK | 34 | SEF | 445 | 0:57:48 | 9,34 | 6:25 |
| 2751 | 6012 | LENAERTS Andy | ANTWERPEN | 37 | M35 | 349 | 0:57:48 | 9,34 | 6:25 |
| 2752 | 5277 | SPELTINCX Steve | BRECHT | 39 | M35 | 350 | 0:57:48 | 9,34 | 6:25 |
| 2753 | 1392 | VAN LEUVEN Ellen | EINDHOVEN | 21 | SEF | 446 | 0:57:48 | 9,34 | 6:25 |
| 2754 | 1762 | ROOVERS Rein | ANTWERPEN | 21 | SEH | 788 | 0:57:49 | 9,34 | 6:25 |
| 2755 | 1391 | THIJS Jasper | CLINGE | 19 | SEH | 789 | 0:57:49 | 9,34 | 6:25 |
| 2756 | 5537 | DE SCHUTTER Johan | DEURNE | 31 | SEH | 790 | 0:57:50 | 9,34 | 6:26 |
| 2757 | 5462 | TANGHE Anouk | BOECHOUT | 21 | SEF | 447 | 0:57:50 | 9,34 | 6:26 |
| 2758 | 2955 | VAN CRAENENBROECK Karen | SINT-KATHERINA-LOMBEEK | 30 | SEF | 448 | 0:57:50 | 9,34 | 6:26 |
| 2759 | 4353 | VAN DER BORGHT Dave | KAPELLE OP DEN BOS | 37 | M35 | 351 | 0:57:50 | 9,34 | 6:26 |
| 2760 | 2184 | VAN LANGENDONCK Andy | SHELLE | 41 | M40 | 228 | 0:57:50 | 9,34 | 6:26 |
| 2761 | 6383 | BASTEYNS Ann | WUUSTWEZEL | 37 | F35 | 174 | 0:57:51 | 9,33 | 6:26 |
| 2762 | 3532 | DAMS Tinne | LICHTAART | 31 | SEF | 449 | 0:57:51 | 9,33 | 6:26 |
| 2763 | 379 | DE CEULAER Kristof | BERCHEM | 39 | M35 | 352 | 0:57:51 | 9,33 | 6:26 |
| 2764 | 4230 | D'HULST Stephanie | KESSEL | 34 | SEF | 450 | 0:57:51 | 9,33 | 6:26 |
| 2765 | 5113 | DONCKERS Roel | BEVEREN-WAAS | 34 | SEH | 791 | 0:57:51 | 9,33 | 6:26 |
| 2766 | 1479 | SMET Maxim | GROBBENDONK | 13 | SEH | 792 | 0:57:51 | 9,33 | 6:26 |
| 2767 | 5589 | TEUGELS Natalie | KONTICH | 36 | F35 | 175 | 0:57:51 | 9,33 | 6:26 |
| 2768 | 4834 | VAN MOSSEVELDE Sara | ZELE | 29 | SEF | 451 | 0:57:51 | 9,33 | 6:26 |
| 2769 | 3769 | NYS Dave | HULSHOUT | 39 | M35 | 353 | 0:57:52 | 9,33 | 6:26 |
| 2770 | 2948 | VAN VAERENBERGH Karlien | ROOSDAAL | 30 | SEF | 452 | 0:57:52 | 9,33 | 6:26 |
| 2771 | 5275 | VRELUST Kobe | ANTWERPEN | 12 | SEH | 793 | 0:57:52 | 9,33 | 6:26 |
| 2772 | 2245 | DE MUNCK Sylvie | BERCHEM | 27 | SEF | 453 | 0:57:53 | 9,33 | 6:26 |
| 2773 | 2288 | DELAFORTRY Anita | WOMMELGEM | 27 | SEF | 454 | 0:57:53 | 9,33 | 6:26 |
| 2774 | 3983 | MICHELET Denise | DEURNE | 37 | F35 | 176 | 0:57:53 | 9,33 | 6:26 |
| 2775 | 4108 | SLUISMANS Luc | MAASEIK | 54 | M50 | 147 | 0:57:53 | 9,33 | 6:26 |
| 2776 | 5211 | STAELENS Laura | WIJNEGEM | 21 | SEF | 455 | 0:57:53 | 9,33 | 6:26 |
| 2777 | 3950 | VIVIJS Mieke | LINT | 62 | F60 | 7 | 0:57:53 | 9,33 | 6:26 |
| 2778 | 6577 | CARRIERE Brenda | BAAL | 36 | F35 | 177 | 0:57:54 | 9,33 | 6:26 |
| 2779 | 1421 | DUIVIS Marcel | KEERBERGEN | 58 | M55 | 71 | 0:57:54 | 9,33 | 6:26 |
| 2780 | 2206 | MAGRIET Kevin | PUTTE | 30 | SEH | 794 | 0:57:54 | 9,33 | 6:26 |
| 2781 | 4121 | VEN Luc | BRECHT | 53 | M50 | 148 | 0:57:54 | 9,33 | 6:26 |
| 2782 | 2207 | DE CAT Britt | BETEKOM | 27 | SEF | 456 | 0:57:55 | 9,32 | 6:26 |
| 2783 | 4723 | VAN ACKER Nele | SINT-NIKLAAS | 25 | SEF | 457 | 0:57:55 | 9,32 | 6:26 |
| 2784 | 5502 | VAN HASSELT Steven | WUUSTWEZEL | 30 | SEH | 795 | 0:57:57 | 9,32 | 6:26 |
| 2785 | 2539 | HENNEBICQ Nancy | BRASSCHAAT | 42 | F40 | 135 | 0:57:58 | 9,32 | 6:26 |
| 2786 | 2622 | ISAIE Linse | EDEGEM | 24 | SEF | 458 | 0:57:58 | 9,32 | 6:26 |
| 2787 | 4170 | MERLO Cindy | SINT-KATELIJNE-WAVER | 41 | F40 | 136 | 0:57:58 | 9,32 | 6:26 |
| 2788 | 3982 | RAEMDONCK Steven | DEURNE | 43 | M40 | 229 | 0:57:58 | 9,32 | 6:26 |
| 2789 | 4730 | VAN DEN BOSCH Johan | SCHILDE | 45 | M45 | 222 | 0:57:58 | 9,32 | 6:26 |
| 2790 | 1905 | VAN MARSENILLE Ans | NIEL | 39 | F35 | 178 | 0:57:58 | 9,32 | 6:26 |
| 2791 | 1146 | VERDUYN An | BRECHT | 40 | F40 | 137 | 0:57:58 | 9,32 | 6:26 |
| 2792 | 1909 | GUNS Elke | EDEGEM | 41 | F40 | 138 | 0:57:59 | 9,31 | 6:27 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|--------------------|-----|-----|-------|---------|------|---------|
| 2793 | 2139 | HOLLANDERS David | KONTICH | 41 | M40 | 230 | 0:57:59 | 9,31 | 6:27 |
| 2794 | 2537 | COLLIN Alwin | BRASSCHAAT | 43 | M40 | 231 | 0:58:00 | 9,31 | 6:27 |
| 2795 | 6189 | DE CROOCK Monica | LOCHRISTI | 23 | SEF | 459 | 0:58:00 | 9,31 | 6:27 |
| 2796 | 2138 | DRUMONT Ine | KONTICH | 42 | F40 | 139 | 0:58:00 | 9,31 | 6:27 |
| 2797 | 2088 | HERBOTS Tine | SCHOTEN | 40 | F40 | 140 | 0:58:00 | 9,31 | 6:27 |
| 2798 | 6193 | PEETERS Lotte | NIJLEN | 21 | SEF | 460 | 0:58:00 | 9,31 | 6:27 |
| 2799 | 6179 | VAN REET Liesbeth | BERCHEM | 38 | F35 | 179 | 0:58:00 | 9,31 | 6:27 |
| 2800 | 4985 | VERBRUGGEN Kelly | BORNEM | 28 | SEF | 461 | 0:58:00 | 9,31 | 6:27 |
| 2801 | 3841 | HAESELDONCKX Gert | GEEL | 39 | M35 | 354 | 0:58:01 | 9,31 | 6:27 |
| 2802 | 6938 | PRO Stefanie | LAUSANNE | 28 | SEF | 462 | 0:58:01 | 9,31 | 6:27 |
| 2803 | 6166 | VAN DEN BERGHE Ariane | DEURNE | 37 | F35 | 180 | 0:58:01 | 9,31 | 6:27 |
| 2804 | 6061 | DENIS Andrea | GENT | 28 | SEF | 463 | 0:58:02 | 9,30 | 6:27 |
| 2805 | 2728 | HERMANS Annelies | MERKSEM | 33 | SEF | 464 | 0:58:02 | 9,30 | 6:27 |
| 2806 | 5345 | LEYSEN Bjorn | KALMTHOUT | 37 | M35 | 355 | 0:58:02 | 9,30 | 6:27 |
| 2807 | 4783 | VERHOEVEN Elke | BEERSE | 33 | SEF | 465 | 0:58:02 | 9,30 | 6:27 |
| 2808 | 2516 | HAZEWINKEL Sandra | KAPELLEN | 51 | F50 | 47 | 0:58:03 | 9,30 | 6:27 |
| 2809 | 6003 | JACOBS Eva | BRASSCHAAT | 32 | SEF | 466 | 0:58:03 | 9,30 | 6:27 |
| 2810 | 4480 | VAN MALDEREN Jo | MEERBEKE | 48 | F45 | 88 | 0:58:03 | 9,30 | 6:27 |
| 2811 | 1033 | VIJGEN Johan | SCHOTEN | 44 | M40 | 232 | 0:58:03 | 9,30 | 6:27 |
| 2812 | 6752 | DE MEULDER Lieselot | WESTMALLE | 25 | SEF | 467 | 0:58:04 | 9,30 | 6:27 |
| 2813 | 3797 | LAMBERT Ferre | ANTWERPEN | 21 | SEH | 796 | 0:58:04 | 9,30 | 6:27 |
| 2814 | 4498 | NEVEU Elena | LINT | 18 | SEF | 468 | 0:58:04 | 9,30 | 6:27 |
| 2815 | 668 | BERNAERTS Carmen | BRECHT | 41 | F40 | 141 | 0:58:05 | 9,30 | 6:27 |
| 2816 | 3718 | CANT Greet | BEVEREN | 34 | SEF | 469 | 0:58:05 | 9,30 | 6:27 |
| 2817 | 5219 | GREGÓRIO Miguel | ANTWERPEN | 34 | SEH | 797 | 0:58:05 | 9,30 | 6:27 |
| 2818 | 4482 | SCHEERLINCK Barbara | EREMBODEGEM | 37 | F35 | 181 | 0:58:05 | 9,30 | 6:27 |
| 2819 | 5363 | VRANKEN Erica | KAPELLEN | 42 | F40 | 142 | 0:58:05 | 9,30 | 6:27 |
| 2820 | 5523 | BROECKX Marijke | WUUSTWEZEL | 53 | F50 | 48 | 0:58:06 | 9,29 | 6:27 |
| 2821 | 2517 | DE MONIE Saya | KAPELLEN | 19 | SEF | 470 | 0:58:06 | 9,29 | 6:27 |
| 2822 | 5119 | VALENTIM Nuno | BRASSCHAAT | 32 | SEH | 798 | 0:58:06 | 9,29 | 6:27 |
| 2823 | 4481 | VAN MALDEREN Tom | EREMBODEGEM | 42 | M40 | 233 | 0:58:06 | 9,29 | 6:27 |
| 2824 | 3829 | WEUSTENRAAD Marijke | MAASMECHELEN | 26 | SEF | 471 | 0:58:06 | 9,29 | 6:27 |
| 2825 | 3346 | D'HOORE Anke | BRASSCHAAT | 23 | SEF | 472 | 0:58:07 | 9,29 | 6:27 |
| 2826 | 3828 | REYPENS Vicky | ZOERSEL | 44 | F40 | 143 | 0:58:07 | 9,29 | 6:27 |
| 2827 | 657 | DE BRUYN Veerle | MECHELEN | 32 | SEF | 473 | 0:58:08 | 9,29 | 6:28 |
| 2828 | 3062 | ROEYKENS Marjan | BORGERHOUT | 35 | F35 | 182 | 0:58:08 | 9,29 | 6:28 |
| 2829 | 4030 | ROEYKENS Wannes | WIJNEGEM | 33 | SEH | 799 | 0:58:08 | 9,29 | 6:28 |
| 2830 | 4238 | RONDOU Kato | MELSELE | 17 | SEF | 474 | 0:58:08 | 9,29 | 6:28 |
| 2831 | 6288 | TORFS Marit | SINT-KAT-WAVER | 32 | SEF | 475 | 0:58:08 | 9,29 | 6:28 |
| 2832 | 5083 | VERWILT Kaatje | ZOERSEL | 14 | SEF | 476 | 0:58:08 | 9,29 | 6:28 |
| 2833 | 1131 | HAEST Kristel | EKEREN | 47 | F45 | 89 | 0:58:10 | 9,28 | 6:28 |
| 2834 | 4369 | BRAES Tim | HERSELT | 35 | M35 | 356 | 0:58:11 | 9,28 | 6:28 |
| 2835 | 3843 | GOOSSENS Andy | MEERHOUT | 34 | SEH | 800 | 0:58:12 | 9,28 | 6:28 |
| 2836 | 4497 | NOUKENS Paulien | KONTICH | 21 | SEF | 477 | 0:58:12 | 9,28 | 6:28 |
| 2837 | 4344 | SCHEERS Jonas | TEMSE | 35 | M35 | 357 | 0:58:12 | 9,28 | 6:28 |
| 2838 | 3429 | BRUNO Tonino | HEUSDEN-ZOLDER | 38 | M35 | 358 | 0:58:13 | 9,28 | 6:28 |
| 2839 | 3844 | GEBOERS Martine | MEERHOUT | 34 | SEF | 478 | 0:58:13 | 9,28 | 6:28 |
| 2840 | 6190 | LOOS Yara | ZANDHOVEN | 14 | SEF | 479 | 0:58:13 | 9,28 | 6:28 |
| 2841 | 5704 | RUYS Joury | EKEREN | 30 | SEH | 801 | 0:58:13 | 9,28 | 6:28 |
| 2842 | 427 | SOMERS Sven | WESTMALLE | 37 | M35 | 359 | 0:58:13 | 9,28 | 6:28 |
| 2843 | 2027 | VAN CAMPEN Yasmine | ESSEN | 21 | SEF | 480 | 0:58:13 | 9,28 | 6:28 |
| 2844 | 6002 | VAN DE POEL Ellen | BRASSCHAAT | 35 | F35 | 183 | 0:58:13 | 9,28 | 6:28 |
| 2845 | 2143 | WILLEKENS Jan | BEERSE | 36 | M35 | 360 | 0:58:13 | 9,28 | 6:28 |
| 2846 | 3712 | DAGHELET Inneke | BEVEREN | 36 | F35 | 184 | 0:58:14 | 9,27 | 6:28 |
| 2847 | 3607 | VAN STEENACKER Axl | PULLE | 16 | SEH | 802 | 0:58:14 | 9,27 | 6:28 |
| 2848 | 5552 | CALSIUS Hans | HALEN ZELEM | 46 | M45 | 223 | 0:58:15 | 9,27 | 6:28 |
| 2849 | 5839 | EXPEEL Vanessa | TONGEREN | 25 | SEF | 481 | 0:58:16 | 9,27 | 6:28 |
| 2850 | 4204 | MERCELIS Dirk | ZELEM | 43 | M40 | 234 | 0:58:18 | 9,26 | 6:29 |
| 2851 | 3644 | TACK Sophie | DEURNE | 20 | SEF | 482 | 0:58:18 | 9,26 | 6:29 |
| 2852 | 3512 | TEMMERMAN Simon | LAARNE | 23 | SEH | 803 | 0:58:18 | 9,26 | 6:29 |
| 2853 | 1739 | JANSSSENS Daniel | DEURNE | 44 | M40 | 235 | 0:58:19 | 9,26 | 6:29 |
| 2854 | 3606 | VAN DER STOCK Roderic | PULLE | 42 | M40 | 236 | 0:58:19 | 9,26 | 6:29 |
| 2855 | 5240 | ELSOCHT Michel | RHODE-SAINT-GENÈSE | 41 | M40 | 237 | 0:58:20 | 9,26 | 6:29 |
| 2856 | 2564 | VANVYVE Robin | WIJNEGEM | 27 | SEH | 804 | 0:58:20 | 9,26 | 6:29 |
| 2857 | 2497 | MOUS Toon | ZOERSEL | 38 | M35 | 361 | 0:58:21 | 9,25 | 6:29 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|---------------------|-----|-----|-------|---------|------|---------|
| 2858 | 3510 | VAN BOVEN Ellen | WETTEREN | 23 | SEF | 483 | 0:58:21 | 9,25 | 6:29 |
| 2859 | 3655 | VANDAEL Thomas | ANTWERPEN | 30 | SEH | 805 | 0:58:21 | 9,25 | 6:29 |
| 2860 | 5468 | VERBERCKMOES Sigrid | LIER | 33 | SEF | 484 | 0:58:21 | 9,25 | 6:29 |
| 2861 | 4965 | VAN BRUSSEL Brecht | ANTWERPEN | 28 | SEH | 806 | 0:58:22 | 9,25 | 6:29 |
| 2862 | 1564 | LEYSSENS Katrien | ANTWERPEN | 27 | SEF | 485 | 0:58:23 | 9,25 | 6:29 |
| 2863 | 1571 | VAN DE VELDE Sofie | DUFFEL | 26 | SEF | 486 | 0:58:23 | 9,25 | 6:29 |
| 2864 | 4340 | VAN DESSEL Nijs | MORTSEL | 33 | SEH | 807 | 0:58:23 | 9,25 | 6:29 |
| 2865 | 6942 | VANDEN BERGHEN Sebastien | HUIZINGEN | 35 | M35 | 362 | 0:58:23 | 9,25 | 6:29 |
| 2866 | 5767 | RAMAEKERS Maarten | KERMT | 29 | SEH | 808 | 0:58:24 | 9,25 | 6:29 |
| 2867 | 4808 | TACHELET Lander | KAPELLEN | 13 | SEH | 809 | 0:58:24 | 9,25 | 6:29 |
| 2868 | 6215 | DE MEYER Margot | ZOERSEL | 17 | SEF | 487 | 0:58:25 | 9,24 | 6:29 |
| 2869 | 4242 | RONDOU Bart | MELSELE | 43 | M40 | 238 | 0:58:25 | 9,24 | 6:29 |
| 2870 | 5878 | VAN GOETHEM Ludo | DEURNE | 61 | M60 | 22 | 0:58:25 | 9,24 | 6:29 |
| 2871 | 4339 | STAQUET Mathias | LUXEMBURG | 34 | SEH | 810 | 0:58:26 | 9,24 | 6:30 |
| 2872 | 4483 | VAN PRAET Eloise | KESSEL LO | 23 | SEF | 488 | 0:58:26 | 9,24 | 6:30 |
| 2873 | 2406 | MOONEN Roger | HOENSBROEK | 48 | M45 | 224 | 0:58:27 | 9,24 | 6:30 |
| 2874 | 4536 | VANDERSCHUERE Anneke | BRECHT | 50 | F50 | 49 | 0:58:27 | 9,24 | 6:30 |
| 2875 | 2565 | VANDEVELDE Inge | WIJNEGEM | 26 | SEF | 489 | 0:58:27 | 9,24 | 6:30 |
| 2876 | 5110 | BERGER Wim | WILRIJK | 41 | M40 | 239 | 0:58:28 | 9,24 | 6:30 |
| 2877 | 2283 | LENAERTS Annelies | WOMMELGEM | 43 | F40 | 144 | 0:58:28 | 9,24 | 6:30 |
| 2878 | 1975 | MORREN Efy | NEDER-OVER-HEEMBEEK | 37 | F35 | 185 | 0:58:28 | 9,24 | 6:30 |
| 2879 | 5521 | SCHENCK Marina | ANTWERPEN | 55 | F55 | 28 | 0:58:28 | 9,24 | 6:30 |
| 2880 | 2309 | BRAEM Daisy | LINT | 27 | SEF | 490 | 0:58:29 | 9,23 | 6:30 |
| 2881 | 1764 | LODEWYCKX Virginie | ZAVENTEM | 33 | SEF | 491 | 0:58:29 | 9,23 | 6:30 |
| 2882 | 3857 | VANMARCKE Ruth | DESTELBERGEN | 44 | F40 | 145 | 0:58:29 | 9,23 | 6:30 |
| 2883 | 1403 | VERBEKE An | HEVERLEE | 33 | SEF | 492 | 0:58:29 | 9,23 | 6:30 |
| 2884 | 2492 | VERHEYEN Leen | ZOERSEL | 43 | F40 | 146 | 0:58:29 | 9,23 | 6:30 |
| 2885 | 1693 | VERHOEVEN Katrien | BERCHEM | 33 | SEF | 493 | 0:58:29 | 9,23 | 6:30 |
| 2886 | 3601 | DE KINDER Tommy | GEEL | 32 | SEH | 811 | 0:58:30 | 9,23 | 6:30 |
| 2887 | 1402 | MASSET Katja | KESSEL-LO | 42 | F40 | 147 | 0:58:30 | 9,23 | 6:30 |
| 2888 | 1765 | DE DONDER Jeroen | TERVUREN | 31 | SEH | 812 | 0:58:31 | 9,23 | 6:30 |
| 2889 | 3290 | DEWEER Delphine | WIJNEGEM | 24 | SEF | 494 | 0:58:31 | 9,23 | 6:30 |
| 2890 | 5301 | GEYSEN Saartje | KALMTHOUT | 36 | F35 | 186 | 0:58:31 | 9,23 | 6:30 |
| 2891 | 4322 | GOLDBERG Arielle | RHODE ST GENESE | 45 | F45 | 90 | 0:58:31 | 9,23 | 6:30 |
| 2892 | 3973 | ROBEYNS Nathalie | WOMMELGEM | 29 | SEF | 495 | 0:58:31 | 9,23 | 6:30 |
| 2893 | 666 | VERMEULEN Tess | WOMMELGEM | 31 | SEF | 496 | 0:58:31 | 9,23 | 6:30 |
| 2894 | 3590 | BULINCKX Jean-Pierre | BRASSCHAAT | 41 | M40 | 240 | 0:58:32 | 9,23 | 6:30 |
| 2895 | 6176 | DE BEUKELAER Nathalie | BRASSCHAAT | 21 | SEF | 497 | 0:58:32 | 9,23 | 6:30 |
| 2896 | 6248 | DE PAUW Romy | MERKSEM | 19 | SEF | 498 | 0:58:32 | 9,23 | 6:30 |
| 2897 | 2279 | DE WIT Jordy | BOOM | 36 | M35 | 363 | 0:58:32 | 9,23 | 6:30 |
| 2898 | 1766 | NAFTALI Erika | ZAVENTEM | 38 | F35 | 187 | 0:58:32 | 9,23 | 6:30 |
| 2899 | 4997 | PELLIZZARI Igor | GANSHOREN | 45 | M45 | 225 | 0:58:32 | 9,23 | 6:30 |
| 2900 | 6204 | STUYCK Tim | KAPELLEN | 32 | SEH | 813 | 0:58:32 | 9,23 | 6:30 |
| 2901 | 5493 | GOETHALS Stein | WAASMUNSTER | 37 | M35 | 364 | 0:58:33 | 9,22 | 6:30 |
| 2902 | 560 | STEVENS Peter | BERCHEM | 42 | M40 | 241 | 0:58:33 | 9,22 | 6:30 |
| 2903 | 6426 | VAN HOVE Marijke | DEURNE | 34 | SEF | 499 | 0:58:33 | 9,22 | 6:30 |
| 2904 | 5044 | ALLISON Elise | MORTSEL | 19 | SEF | 500 | 0:58:34 | 9,22 | 6:30 |
| 2905 | 5529 | DE WREEDE Ewald | ZOERSEL | 36 | M35 | 365 | 0:58:34 | 9,22 | 6:30 |
| 2906 | 2090 | ENGELS Sammy | SINT-NIKLAAS | 36 | M35 | 366 | 0:58:34 | 9,22 | 6:30 |
| 2907 | 790 | GARCIA-GONZALEZ Linsey | ZONHOVEN | 35 | F35 | 188 | 0:58:34 | 9,22 | 6:30 |
| 2908 | 2246 | MEES Hannah | NIEL | 30 | SEF | 501 | 0:58:34 | 9,22 | 6:30 |
| 2909 | 6425 | VERDONCK Annick | ANTWERPEN | 30 | SEF | 502 | 0:58:34 | 9,22 | 6:30 |
| 2910 | 789 | COX Sara | ZONHOVEN | 33 | SEF | 503 | 0:58:35 | 9,22 | 6:31 |
| 2911 | 5830 | MERKEN Bianca | BERCHEM | 33 | SEF | 504 | 0:58:35 | 9,22 | 6:31 |
| 2912 | 3543 | MIKHAILOVA Tatiana | MEERHOUT | 36 | F35 | 189 | 0:58:35 | 9,22 | 6:31 |
| 2913 | 4115 | STROSBERG Cindy | UKKEL | 37 | F35 | 190 | 0:58:36 | 9,22 | 6:31 |
| 2914 | 3598 | VAN DE PEER Lies | PULDERBOS | 16 | SEF | 505 | 0:58:36 | 9,22 | 6:31 |
| 2915 | 5290 | DE HERDT Paul | ANTWERPEN | 42 | M40 | 242 | 0:58:37 | 9,21 | 6:31 |
| 2916 | 3297 | MEREMANS Dominique | BOUWEL | 39 | F35 | 191 | 0:58:37 | 9,21 | 6:31 |
| 2917 | 5884 | RUYSSCHAERT Rudy | TONGEREN | 49 | M45 | 226 | 0:58:37 | 9,21 | 6:31 |
| 2918 | 891 | DEWITTE Ken | EDEGEM | 34 | SEH | 814 | 0:58:38 | 9,21 | 6:31 |
| 2919 | 1168 | HEIJNERMAN Roy | ANTWERPEN | 23 | SEH | 815 | 0:58:38 | 9,21 | 6:31 |
| 2920 | 6457 | ROTTIERS Lissa | BORNEM | 20 | SEF | 506 | 0:58:38 | 9,21 | 6:31 |
| 2921 | 1778 | VANDEPLAS Elke | HOEGAARDEN | 28 | SEF | 507 | 0:58:39 | 9,21 | 6:31 |
| 2922 | 23 | VANDERMERGEL Kevin | DEUX-ACREN (LESSEN) | 31 | SEH | 816 | 0:58:39 | 9,21 | 6:31 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------------|----------------------|-----|-----|-------|---------|------|---------|
| 2923 | 5142 | VERSTAPPEN Greet | OOSTMALLE | 33 | SEF | 508 | 0:58:39 | 9,21 | 6:31 |
| 2924 | 4996 | MEYNEN Jef | GANSHOREN | 55 | M55 | 72 | 0:58:40 | 9,20 | 6:31 |
| 2925 | 6417 | PLAS Paul | BORNEM | 48 | M45 | 227 | 0:58:40 | 9,20 | 6:31 |
| 2926 | 6407 | VAN LANGENHOVE Tim | BELSELE | 28 | SEH | 817 | 0:58:40 | 9,20 | 6:31 |
| 2927 | 6085 | VAN ROY Lieve | MORTSEL | 46 | F45 | 91 | 0:58:40 | 9,20 | 6:31 |
| 2928 | 5020 | DE BODE Pieter | ANTWERPEN | 27 | SEH | 818 | 0:58:41 | 9,20 | 6:31 |
| 2929 | 76 | DE JONGHE Tamara | SCHOTEN | 38 | F35 | 192 | 0:58:41 | 9,20 | 6:31 |
| 2930 | 4563 | DE PICKER An | WAASMUNSTER | 46 | F45 | 92 | 0:58:41 | 9,20 | 6:31 |
| 2931 | 4055 | RENDERS Katleen | RIJKEVORSEL | 39 | F35 | 193 | 0:58:41 | 9,20 | 6:31 |
| 2932 | 6262 | VAN BOKHORST Deborah | ZANDVLIET | 27 | SEF | 509 | 0:58:41 | 9,20 | 6:31 |
| 2933 | 6488 | VERVOORT Lore | WIEKEVORST | 26 | SEF | 510 | 0:58:41 | 9,20 | 6:31 |
| 2934 | 3617 | VAN DEN CLOOT Cara | DEURNE | 26 | SEF | 511 | 0:58:42 | 9,20 | 6:31 |
| 2935 | 776 | VAN DEN NIEUWENHUYSE Didier | ANTWERPEN | 53 | M50 | 149 | 0:58:42 | 9,20 | 6:31 |
| 2936 | 5559 | AERTS Thomas | ANTWERPEN | 27 | SEH | 819 | 0:58:43 | 9,20 | 6:31 |
| 2937 | 4641 | BRACKE Marc | TEMSE | 49 | M45 | 228 | 0:58:43 | 9,20 | 6:31 |
| 2938 | 4529 | CIFUENTES Crissel | HOEVENEN | 35 | F35 | 194 | 0:58:43 | 9,20 | 6:31 |
| 2939 | 1296 | LEDOUX Inge | SCHOTEN | 34 | SEF | 512 | 0:58:44 | 9,19 | 6:32 |
| 2940 | 5577 | RENDERS Sven | DEURNE | 28 | SEH | 820 | 0:58:44 | 9,19 | 6:32 |
| 2941 | 912 | VAN DAMME Annik | SINT-PAUWELS | 43 | F40 | 148 | 0:58:44 | 9,19 | 6:32 |
| 2942 | 3934 | VAN STEENBRUGGE Tahnee | ANTWERPEN | 28 | SEF | 513 | 0:58:44 | 9,19 | 6:32 |
| 2943 | 4511 | CLEMENS Daphne | ZEPPEREN | 36 | F35 | 195 | 0:58:45 | 9,19 | 6:32 |
| 2944 | 3268 | DECROIX Daisy | NOORDERWIJK | 56 | F55 | 29 | 0:58:45 | 9,19 | 6:32 |
| 2945 | 6494 | MERTENS Sven | LINDEN | 45 | M45 | 229 | 0:58:45 | 9,19 | 6:32 |
| 2946 | 3269 | SNEPVANGERS Annick | NOORDERWIJK | 46 | F45 | 93 | 0:58:45 | 9,19 | 6:32 |
| 2947 | 4630 | STEENHOUT Sigrid | NIEUWERKERKEN | 40 | F40 | 149 | 0:58:45 | 9,19 | 6:32 |
| 2948 | 911 | VENNENS Els | HINGENE | 45 | F45 | 94 | 0:58:45 | 9,19 | 6:32 |
| 2949 | 4513 | VERBOVEN Niels | SCHAFFEN | 28 | SEH | 821 | 0:58:45 | 9,19 | 6:32 |
| 2950 | 4628 | CLAESSENS Sara | NIEUWERKERKEN | 40 | F40 | 150 | 0:58:46 | 9,19 | 6:32 |
| 2951 | 895 | COMBES Carl-Philippe | BERCHEM | 34 | SEH | 822 | 0:58:46 | 9,19 | 6:32 |
| 2952 | 5913 | HALLEUX Isabelle | BORNEM WINTAM | 32 | SEF | 514 | 0:58:46 | 9,19 | 6:32 |
| 2953 | 4553 | SAMSON Nathan | ANTWERPEN | 26 | SEH | 823 | 0:58:46 | 9,19 | 6:32 |
| 2954 | 6087 | VAN DAELE Maarten | DEURNE* | 28 | SEH | 824 | 0:58:46 | 9,19 | 6:32 |
| 2955 | 630 | VAN HOVE Peter | ZOERSEL | 54 | M50 | 150 | 0:58:46 | 9,19 | 6:32 |
| 2956 | 5525 | DE POTTER Koen | LIER | 36 | M35 | 367 | 0:58:47 | 9,19 | 6:32 |
| 2957 | 26 | DE TROCH Jana | GERAARDSBERGEN | 28 | SEF | 515 | 0:58:47 | 9,19 | 6:32 |
| 2958 | 332 | GILLIS Inez | WILRIJK | 36 | F35 | 196 | 0:58:47 | 9,19 | 6:32 |
| 2959 | 5896 | ILLEGEMS Priscilla | HEMIKSEM | 32 | SEF | 516 | 0:58:47 | 9,19 | 6:32 |
| 2960 | 5526 | JUTTEN Ine | LIER | 32 | SEF | 517 | 0:58:47 | 9,19 | 6:32 |
| 2961 | 5648 | LANGENS Elke | BRECHT | 35 | F35 | 197 | 0:58:47 | 9,19 | 6:32 |
| 2962 | 6495 | VAN HEMELRYCK Emily | STROMBEEK-BEVER | 34 | SEF | 518 | 0:58:47 | 9,19 | 6:32 |
| 2963 | 5895 | VAN HOOFF Jens | HEMIKSEM | 30 | SEH | 825 | 0:58:47 | 9,19 | 6:32 |
| 2964 | 3084 | DE KEIJZER Saskya | HOogerheide | 46 | F45 | 95 | 0:58:48 | 9,18 | 6:32 |
| 2965 | 5646 | GOOSSENS Arne | BRECHT | 15 | SEH | 826 | 0:58:48 | 9,18 | 6:32 |
| 2966 | 894 | THEUNEN Pascal | WILRIJK | 39 | M35 | 368 | 0:58:48 | 9,18 | 6:32 |
| 2967 | 2110 | WAGENAER Vincent | SINT-NIKLAAS | 26 | SEH | 827 | 0:58:48 | 9,18 | 6:32 |
| 2968 | 6104 | CRAUWELS Peter | SINT-LAMBRECHTS-HERK | 44 | M40 | 243 | 0:58:49 | 9,18 | 6:32 |
| 2969 | 5091 | DE COCK Jolien | DUFFEL | 23 | SEF | 519 | 0:58:49 | 9,18 | 6:32 |
| 2970 | 3083 | VAN OPDORP Wim | HOogerheide | 58 | M55 | 73 | 0:58:49 | 9,18 | 6:32 |
| 2971 | 6096 | VERTONGEN Chris | BRECHT | 48 | M45 | 230 | 0:58:49 | 9,18 | 6:32 |
| 2972 | 3365 | HERBERS Sander | ANTWERPEN | 43 | M40 | 244 | 0:58:50 | 9,18 | 6:32 |
| 2973 | 2854 | PLAS Sara | BERLAAR | 38 | F35 | 198 | 0:58:50 | 9,18 | 6:32 |
| 2974 | 6065 | VERMESEN Raf | HASSELT | 44 | M40 | 245 | 0:58:50 | 9,18 | 6:32 |
| 2975 | 896 | COMBES Evelyne | WILRIJK | 38 | F35 | 199 | 0:58:51 | 9,18 | 6:32 |
| 2976 | 5087 | VAN GAENS Linde | DUFFEL | 24 | SEF | 520 | 0:58:51 | 9,18 | 6:32 |
| 2977 | 3364 | VAN KEER Pieter | ANTWERPEN | 33 | SEH | 828 | 0:58:51 | 9,18 | 6:32 |
| 2978 | 6095 | PAUWELS Mark | BRECHT | 54 | M50 | 151 | 0:58:52 | 9,17 | 6:32 |
| 2979 | 5647 | LANGENS Iika | VIERSEL | 35 | F35 | 200 | 0:58:53 | 9,17 | 6:33 |
| 2980 | 6487 | SHELLEKENS Tinne | OOSTMALLE | 27 | SEF | 521 | 0:58:53 | 9,17 | 6:33 |
| 2981 | 740 | VERCAMMEN Alfons | MECHELEN | 51 | M50 | 152 | 0:58:53 | 9,17 | 6:33 |
| 2982 | 6460 | COPPENS Christophe | BERCHEM | 29 | SEH | 829 | 0:58:55 | 9,17 | 6:33 |
| 2983 | 3388 | GUILLOT Laurent | AUDERGHEM | 49 | M45 | 231 | 0:58:55 | 9,17 | 6:33 |
| 2984 | 4595 | VERBIST Claudia | ZOERSEL | 45 | F45 | 96 | 0:58:55 | 9,17 | 6:33 |
| 2985 | 3579 | DE BRUYN An | ZOERSEL | 33 | SEF | 522 | 0:58:56 | 9,16 | 6:33 |
| 2986 | 4906 | MERTENS Nicolle | ITEGEM | 50 | F50 | 50 | 0:58:56 | 9,16 | 6:33 |
| 2987 | 1867 | ROELS Philippe | BRECHT | 51 | M50 | 153 | 0:58:56 | 9,16 | 6:33 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|---------------------|-----|-----|-------|---------|------|---------|
| 2988 | 6090 | SCHRUERS Heidi | HASSELT | 44 | F40 | 151 | 0:58:56 | 9,16 | 6:33 |
| 2989 | 4661 | VAN DE LOCHT Fons | LOENHOUT | 66 | M65 | 6 | 0:58:56 | 9,16 | 6:33 |
| 2990 | 481 | CIELEN Tom | SINT-JOB-IN-'T-GOOR | 45 | M45 | 232 | 0:58:57 | 9,16 | 6:33 |
| 2991 | 3563 | DE GROOT Pieter Jan | ANTWERPEN | 35 | M35 | 369 | 0:58:57 | 9,16 | 6:33 |
| 2992 | 6513 | FIMMERS Eline | SCHILDE | 38 | F35 | 201 | 0:58:57 | 9,16 | 6:33 |
| 2993 | 3653 | VAN DEN BOSSCHE Sam | MORTSEL | 25 | SEH | 830 | 0:58:57 | 9,16 | 6:33 |
| 2994 | 4594 | VERBIEST Caroline | ZOERSEL | 41 | F40 | 152 | 0:58:57 | 9,16 | 6:33 |
| 2995 | 2692 | DANEELS Ann | ANTWERPEN | 38 | F35 | 202 | 0:58:58 | 9,16 | 6:33 |
| 2996 | 1916 | LEYSSSENS Mieke | REET | 33 | SEF | 523 | 0:58:58 | 9,16 | 6:33 |
| 2997 | 4815 | VAN OLMEN Lieve | NOORDERWIJK | 33 | SEF | 524 | 0:58:58 | 9,16 | 6:33 |
| 2998 | 4816 | VETS Dorien | VORSELAAR | 27 | SEF | 525 | 0:58:58 | 9,16 | 6:33 |
| 2999 | 1231 | GRUWEZ Tiffany | ERPS-KWERPS | 43 | F40 | 153 | 0:58:59 | 9,16 | 6:33 |
| 3000 | 2489 | KENNIS Lieve | ZOERSEL | 36 | F35 | 203 | 0:58:59 | 9,16 | 6:33 |
| 3001 | 3559 | VAN DE VEKEN Leen | ANTWERPEN | 29 | SEF | 526 | 0:58:59 | 9,16 | 6:33 |
| 3002 | 1295 | VAN DEN BREKEL Christine | ERPS-KWERPS | 36 | F35 | 204 | 0:58:59 | 9,16 | 6:33 |
| 3003 | 477 | VAN GOETHEM Ann | SINT-JOB-IN-'T-GOOR | 43 | F40 | 154 | 0:58:59 | 9,16 | 6:33 |
| 3004 | 2159 | VAN LOO Leen | WOLVERTEM | 35 | F35 | 205 | 0:58:59 | 9,16 | 6:33 |
| 3005 | 2756 | VERSCHUERE Philippe | SCHILDE | 44 | M40 | 246 | 0:58:59 | 9,16 | 6:33 |
| 3006 | 1870 | BELMANS Stien | POEDERLEE | 12 | SEF | 527 | 0:59:00 | 9,15 | 6:33 |
| 3007 | 5626 | DE COSTER Liesbeth | ERPS-KWERPS | 39 | F35 | 206 | 0:59:00 | 9,15 | 6:33 |
| 3008 | 5293 | LEYBAERT Ricky | DENDERMONDE | 37 | M35 | 370 | 0:59:00 | 9,15 | 6:33 |
| 3009 | 2482 | PEETERS Kim | ZOERSEL | 37 | F35 | 207 | 0:59:00 | 9,15 | 6:33 |
| 3010 | 1720 | VERBIST Jeroen | ANTWERPEN | 28 | SEH | 831 | 0:59:00 | 9,15 | 6:33 |
| 3011 | 1613 | BOEREWAAART Preben | DENDERMONDE | 32 | SEH | 832 | 0:59:01 | 9,15 | 6:33 |
| 3012 | 1705 | MARIËN Ann | MECHELEN | 47 | F45 | 97 | 0:59:01 | 9,15 | 6:33 |
| 3013 | 2634 | PLESSERS Sylvie | MOL | 35 | F35 | 208 | 0:59:01 | 9,15 | 6:33 |
| 3014 | 1744 | SPELTINCX Sofie | WUUSTWEZEL | 34 | SEF | 528 | 0:59:01 | 9,15 | 6:33 |
| 3015 | 1059 | VAN LANDEGHEM Cindy | KRUIBEKE | 38 | F35 | 209 | 0:59:01 | 9,15 | 6:33 |
| 3016 | 1761 | DE BRUYN Wendy | WUUSTWEZEL | 36 | F35 | 210 | 0:59:02 | 9,15 | 6:34 |
| 3017 | 4094 | GYBELS Eddy | BORSBEEK | 59 | M55 | 74 | 0:59:02 | 9,15 | 6:34 |
| 3018 | 1060 | HEYRMAN Sofie | MELSELE | 37 | F35 | 211 | 0:59:02 | 9,15 | 6:34 |
| 3019 | 2635 | VANRUYSEVELDT Tom | MOL | 33 | SEH | 833 | 0:59:02 | 9,15 | 6:34 |
| 3020 | 4617 | DANISIK Bahadir | ANTWERPEN | 41 | M40 | 247 | 0:59:03 | 9,14 | 6:34 |
| 3021 | 6197 | MEELBERGHS Valerie | OLMEN | 22 | SEF | 529 | 0:59:03 | 9,14 | 6:34 |
| 3022 | 1480 | MUTERT Stien | BERLAAR | 33 | SEF | 530 | 0:59:03 | 9,14 | 6:34 |
| 3023 | 3025 | PEETERS Elke | WIJNEGEM | 33 | SEF | 531 | 0:59:03 | 9,14 | 6:34 |
| 3024 | 1145 | VERDUYN Mieke | BRECHT | 35 | F35 | 212 | 0:59:03 | 9,14 | 6:34 |
| 3025 | 590 | SCHMIDT Wim | BORGERHOUT | 35 | M35 | 371 | 0:59:04 | 9,14 | 6:34 |
| 3026 | 2382 | DE MONDT Joyce | ANTWERPEN | 29 | SEF | 532 | 0:59:05 | 9,14 | 6:34 |
| 3027 | 6150 | MARCO Eily | BORGERHOUT | 24 | SEF | 533 | 0:59:05 | 9,14 | 6:34 |
| 3028 | 1370 | DE JONGH Renilde | BRECHT | 58 | F55 | 30 | 0:59:06 | 9,14 | 6:34 |
| 3029 | 192 | LIECKENS Kim | HERENTALS | 31 | SEH | 834 | 0:59:06 | 9,14 | 6:34 |
| 3030 | 5854 | VAN AKELYEN Hans | ANTWERPEN | 26 | SEH | 835 | 0:59:06 | 9,14 | 6:34 |
| 3031 | 1757 | VANHAECKE Joke | DEURNE | 39 | F35 | 213 | 0:59:06 | 9,14 | 6:34 |
| 3032 | 5215 | VERBAENEN Ilse | WILRIJK | 51 | F50 | 51 | 0:59:06 | 9,14 | 6:34 |
| 3033 | 223 | COOL Sofie | ANTWERPEN | 27 | SEF | 534 | 0:59:07 | 9,13 | 6:34 |
| 3034 | 4407 | THUER Guillaume | KONTICH | 30 | SEH | 836 | 0:59:07 | 9,13 | 6:34 |
| 3035 | 3581 | DERKINDEREN Tommy | HEMIKSEM | 38 | M35 | 372 | 0:59:08 | 9,13 | 6:34 |
| 3036 | 2614 | CORTEEL Trui | ANTWERPEN | 43 | F40 | 155 | 0:59:09 | 9,13 | 6:34 |
| 3037 | 1621 | DEN DUNNEN Diny | ALMKERK | 46 | F45 | 98 | 0:59:09 | 9,13 | 6:34 |
| 3038 | 1759 | DENEFF Katrien | ANTWERPEN | 43 | F40 | 156 | 0:59:09 | 9,13 | 6:34 |
| 3039 | 3588 | LESNEUCK Vincent | ANTWERPEN | 55 | M55 | 75 | 0:59:09 | 9,13 | 6:34 |
| 3040 | 3207 | VAN DER HOOFDEN Ingrid | HOBOKEN | 26 | SEF | 535 | 0:59:09 | 9,13 | 6:34 |
| 3041 | 675 | VAN RAEMDONCK Erik | KRUIBEKE | 47 | M45 | 233 | 0:59:09 | 9,13 | 6:34 |
| 3042 | 2102 | VAN RAEMDONCK Sofie | KRUIBEKE | 24 | SEF | 536 | 0:59:09 | 9,13 | 6:34 |
| 3043 | 1887 | CROQUET Carine | VILVOORDE | 52 | F50 | 52 | 0:59:10 | 9,13 | 6:34 |
| 3044 | 1760 | LELEUX Isabelle | ANTWERPEN | 41 | F40 | 157 | 0:59:10 | 9,13 | 6:34 |
| 3045 | 1888 | SARGUINI Abdelaziz | VILVOORDE | 59 | M55 | 76 | 0:59:10 | 9,13 | 6:34 |
| 3046 | 1125 | DE RESE Linda | KNOKKE-HEIST | 64 | F60 | 8 | 0:59:11 | 9,12 | 6:35 |
| 3047 | 4646 | GEVAERT Kevin | ZINGEM | 25 | SEH | 837 | 0:59:11 | 9,12 | 6:35 |
| 3048 | 1552 | VERDUYN Annemiek | ALMKERK | 43 | M40 | 248 | 0:59:11 | 9,12 | 6:35 |
| 3049 | 5398 | WOUTERS Wim | SCHAFFEN | 44 | M40 | 249 | 0:59:11 | 9,12 | 6:35 |
| 3050 | 4647 | BAUTERS Wesley | GAVERE | 37 | M35 | 373 | 0:59:13 | 9,12 | 6:35 |
| 3051 | 6232 | MASUY Nathan | LIER | 26 | SEH | 838 | 0:59:13 | 9,12 | 6:35 |
| 3052 | 1126 | ROGGHÉ Kris | WIEKEVORST | 37 | M35 | 374 | 0:59:13 | 9,12 | 6:35 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|-----------------|-----|-----|-------|---------|------|---------|
| 3053 | 5546 | MEEUSEN Ann | WUUSTWEZEL | 40 | F40 | 158 | 0:59:14 | 9,12 | 6:35 |
| 3054 | 1637 | TEUGELS Jirka | DENDERMONDE | 34 | SEF | 537 | 0:59:14 | 9,12 | 6:35 |
| 3055 | 1832 | VAN BEEK Karlien | EPPEGEM | 32 | SEF | 538 | 0:59:14 | 9,12 | 6:35 |
| 3056 | 2713 | VAN DEN EYNDE Annemie | MORTSEL | 41 | F40 | 159 | 0:59:14 | 9,12 | 6:35 |
| 3057 | 1358 | VAN GAAL Wim | VREMDE | 42 | M40 | 250 | 0:59:14 | 9,12 | 6:35 |
| 3058 | 3774 | VANPOL Leen | KERSBEEK-MISKOM | 36 | F35 | 214 | 0:59:14 | 9,12 | 6:35 |
| 3059 | 3773 | BERGÉ Sarah | NODEBAIS | 33 | SEF | 539 | 0:59:15 | 9,11 | 6:35 |
| 3060 | 908 | BERGHMANS Johnny | DEURNE | 45 | M45 | 234 | 0:59:15 | 9,11 | 6:35 |
| 3061 | 1628 | DE BOECK Rune | GROBBENDONK | 12 | SEH | 839 | 0:59:15 | 9,11 | 6:35 |
| 3062 | 6103 | FAES Dorien | DEURNE | 30 | SEF | 540 | 0:59:15 | 9,11 | 6:35 |
| 3063 | 2767 | HOFKENS Wim | EKEREN | 35 | M35 | 375 | 0:59:15 | 9,11 | 6:35 |
| 3064 | 2249 | VANDERVELDEN Karel | LEEST | 42 | M40 | 251 | 0:59:15 | 9,11 | 6:35 |
| 3065 | 5292 | KRAUSE Anke | LIER | 35 | F35 | 215 | 0:59:16 | 9,11 | 6:35 |
| 3066 | 5262 | TILLON Wim | HOVE | 42 | M40 | 252 | 0:59:17 | 9,11 | 6:35 |
| 3067 | 3918 | CYFERS Hanne | OLEN | 28 | SEF | 541 | 0:59:19 | 9,10 | 6:35 |
| 3068 | 4852 | VAN ELEWIJCK China | ANTWERPEN | 24 | SEF | 542 | 0:59:19 | 9,10 | 6:35 |
| 3069 | 3586 | VAN GEEL Kelly | WUUSTWEZEL | 35 | F35 | 216 | 0:59:19 | 9,10 | 6:35 |
| 3070 | 2257 | VANCRAEYVELDT Arabel | HOMBEEK | 40 | F40 | 160 | 0:59:19 | 9,10 | 6:35 |
| 3071 | 1818 | GEBOERS Liesbeth | LIER | 36 | F35 | 217 | 0:59:20 | 9,10 | 6:36 |
| 3072 | 1591 | LANSLOOT Nele | DEURNE | 30 | SEF | 543 | 0:59:20 | 9,10 | 6:36 |
| 3073 | 4084 | QUINTELIER Katrien | MELSELE | 32 | SEF | 544 | 0:59:20 | 9,10 | 6:36 |
| 3074 | 1701 | DE MEULDER Isabelle | WUUSTWEZEL | 32 | SEF | 545 | 0:59:21 | 9,10 | 6:36 |
| 3075 | 1712 | PIEDFORT Ellen | POEDERLEE | 33 | SEF | 546 | 0:59:21 | 9,10 | 6:36 |
| 3076 | 1590 | STOPPIE Hanne | DEURNE | 29 | SEF | 547 | 0:59:21 | 9,10 | 6:36 |
| 3077 | 4374 | VAN DEN BERGH Xandra | DEURNE | 44 | F40 | 161 | 0:59:21 | 9,10 | 6:36 |
| 3078 | 4331 | DIERICKX Günther | WOMMELGEM | 29 | SEH | 840 | 0:59:22 | 9,10 | 6:36 |
| 3079 | 6217 | MATHYSSEN Tine | WESTMALLE | 27 | SEF | 548 | 0:59:22 | 9,10 | 6:36 |
| 3080 | 4408 | WOUTERS Tiffany | DEURNE | 32 | SEF | 549 | 0:59:22 | 9,10 | 6:36 |
| 3081 | 1819 | WUYTS Hilde | LIER | 52 | F50 | 53 | 0:59:22 | 9,10 | 6:36 |
| 3082 | 3752 | ANNELIES Verbruggen | REET | 29 | SEF | 550 | 0:59:23 | 9,09 | 6:36 |
| 3083 | 3286 | HENDRICKX Esther | ANTWERPEN | 28 | SEF | 551 | 0:59:23 | 9,09 | 6:36 |
| 3084 | 5112 | HERREBAUT Dave | HOEVENEN | 43 | M40 | 253 | 0:59:23 | 9,09 | 6:36 |
| 3085 | 4330 | LEENAERTS Maja | WOMMELGEM | 29 | SEF | 552 | 0:59:23 | 9,09 | 6:36 |
| 3086 | 697 | MICHIELS Gert | WIJNEGEM | 38 | M35 | 376 | 0:59:23 | 9,09 | 6:36 |
| 3087 | 4307 | BELMANS Elise | ANTWERPEN | 28 | SEF | 553 | 0:59:24 | 9,09 | 6:36 |
| 3088 | 3287 | HELLEMANS Stijn | ANTWERPEN | 30 | SEH | 841 | 0:59:24 | 9,09 | 6:36 |
| 3089 | 3920 | LIESE Maes | WESTERLO | 25 | SEF | 554 | 0:59:24 | 9,09 | 6:36 |
| 3090 | 3448 | SCHRYVERS Tinne | ZOERSEL | 42 | F40 | 162 | 0:59:24 | 9,09 | 6:36 |
| 3091 | 5429 | VAN DOOREN Maarten | MUIZEN | 34 | SEH | 842 | 0:59:24 | 9,09 | 6:36 |
| 3092 | 259 | VANBRABANT Riet | EKEREN | 15 | SEF | 555 | 0:59:24 | 9,09 | 6:36 |
| 3093 | 3420 | BLANCKE Katrien | ANTWERPEN | 23 | SEF | 556 | 0:59:25 | 9,09 | 6:36 |
| 3094 | 6266 | DE SMEDT Clarisse | SCHOTEN | 43 | F40 | 163 | 0:59:25 | 9,09 | 6:36 |
| 3095 | 4152 | JANSSEN Loes | BERCHEM | 28 | SEF | 557 | 0:59:25 | 9,09 | 6:36 |
| 3096 | 6286 | MARIS Leen | TESSENDERLO | 35 | F35 | 218 | 0:59:25 | 9,09 | 6:36 |
| 3097 | 4755 | SAMSON Nele | ANTWERPEN | 32 | SEF | 558 | 0:59:25 | 9,09 | 6:36 |
| 3098 | 5558 | AERTS Lieselotte | BORGERHOUT | 30 | SEF | 559 | 0:59:26 | 9,09 | 6:36 |
| 3099 | 4205 | BILLION Amber | BORGERHOUT | 23 | SEF | 560 | 0:59:26 | 9,09 | 6:36 |
| 3100 | 3837 | MEEUS Dimitri | MEERHOUT | 29 | SEH | 843 | 0:59:26 | 9,09 | 6:36 |
| 3101 | 106 | VAN LAER Yves | ANTWERPEN | 29 | SEH | 844 | 0:59:26 | 9,09 | 6:36 |
| 3102 | 3762 | DOLFEYN Steven | ANTWERPEN | 35 | M35 | 377 | 0:59:27 | 9,08 | 6:36 |
| 3103 | 3838 | MERCKEN Anse | HASSELT | 25 | SEF | 561 | 0:59:27 | 9,08 | 6:36 |
| 3104 | 380 | MATTHEEUWS Kris | BELGIÉ | 45 | M45 | 235 | 0:59:28 | 9,08 | 6:36 |
| 3105 | 3833 | RAEYMAEKERS Greet | DESSEL | 33 | SEF | 562 | 0:59:28 | 9,08 | 6:36 |
| 3106 | 5349 | VAN LOO Els | MUIZEN | 46 | F45 | 99 | 0:59:29 | 9,08 | 6:37 |
| 3107 | 1414 | VAN CAUWENBERGH Michiel | LUBBEEK | 14 | SEH | 845 | 0:59:30 | 9,08 | 6:37 |
| 3108 | 1053 | ESTRADA Alejandro | ANTWERP | 40 | M40 | 254 | 0:59:31 | 9,07 | 6:37 |
| 3109 | 5531 | LAU Fong Ming | BORGERHOUT | 33 | SEF | 563 | 0:59:31 | 9,07 | 6:37 |
| 3110 | 6479 | LIU Koeni | HOBOKEN | 38 | F35 | 219 | 0:59:31 | 9,07 | 6:37 |
| 3111 | 6490 | REIJNEN Sander | HASSELT | 31 | SEH | 846 | 0:59:31 | 9,07 | 6:37 |
| 3112 | 4064 | BECK Geert | MELSELE | 52 | M50 | 154 | 0:59:32 | 9,07 | 6:37 |
| 3113 | 138 | COLSON Wendy | DILSEN | 40 | F40 | 164 | 0:59:32 | 9,07 | 6:37 |
| 3114 | 3919 | HENDRIKX Wendy | TESSENDERLO | 37 | F35 | 220 | 0:59:32 | 9,07 | 6:37 |
| 3115 | 4265 | HEYMAN Stephan | TIELRODE | 54 | M50 | 155 | 0:59:32 | 9,07 | 6:37 |
| 3116 | 107 | MOL Peter | DEURNE | 42 | M40 | 255 | 0:59:32 | 9,07 | 6:37 |
| 3117 | 2665 | VAN DUN Sofie | BRECHT | 35 | F35 | 221 | 0:59:32 | 9,07 | 6:37 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|-----------------|-----|-----|-------|---------|------|---------|
| 3118 | 2891 | VERGAERT Stéphanie | EDEGEM | 28 | SEF | 564 | 0:59:32 | 9,07 | 6:37 |
| 3119 | 2597 | WELLENS Jeroen | MERKSEM | 17 | SEH | 847 | 0:59:32 | 9,07 | 6:37 |
| 3120 | 5209 | BAKEROOT Sarah | WESTMALLE | 19 | SEF | 565 | 0:59:33 | 9,07 | 6:37 |
| 3121 | 2890 | BODSON Damien | EDEGEM | 36 | M35 | 378 | 0:59:33 | 9,07 | 6:37 |
| 3122 | 6174 | PEETERS Sarah | PULLE | 34 | SEF | 566 | 0:59:33 | 9,07 | 6:37 |
| 3123 | 6173 | VAN LAER Robin | PULLE | 43 | M40 | 256 | 0:59:33 | 9,07 | 6:37 |
| 3124 | 6398 | BEKAERT Peggy | ANTWERPEN | 43 | F40 | 165 | 0:59:34 | 9,07 | 6:37 |
| 3125 | 2512 | FETTES Marc | OPWIJK | 35 | M35 | 379 | 0:59:34 | 9,07 | 6:37 |
| 3126 | 105 | MEULENBERG Britt | ANTWERPEN | 26 | SEF | 567 | 0:59:34 | 9,07 | 6:37 |
| 3127 | 5136 | PEETERS Brent | RIJKEVORSEL | 47 | M45 | 236 | 0:59:34 | 9,07 | 6:37 |
| 3128 | 2087 | UBACHS Jill | LINT | 40 | F40 | 166 | 0:59:34 | 9,07 | 6:37 |
| 3129 | 1398 | GEERTS Kevin | SILDE | 36 | M35 | 380 | 0:59:35 | 9,06 | 6:37 |
| 3130 | 5571 | MERTENS Annick | BEVEL | 43 | F40 | 167 | 0:59:35 | 9,06 | 6:37 |
| 3131 | 5565 | SCHEPERS Patrick | BERLAAR | 47 | M45 | 237 | 0:59:35 | 9,06 | 6:37 |
| 3132 | 2997 | VANZEEBROECK Katrien | RELEGEM | 38 | F35 | 222 | 0:59:35 | 9,06 | 6:37 |
| 3133 | 6931 | ARFEUILLE Noemie | MELSBROEK | 29 | SEF | 568 | 0:59:36 | 9,06 | 6:37 |
| 3134 | 2103 | BAUMER Veerle | HOBOKEN | 35 | F35 | 223 | 0:59:36 | 9,06 | 6:37 |
| 3135 | 3915 | CORREMANS Maarten | TONGERLO | 26 | SEH | 848 | 0:59:36 | 9,06 | 6:37 |
| 3136 | 5570 | DE GREEF Ben | BEVEL | 45 | M45 | 238 | 0:59:36 | 9,06 | 6:37 |
| 3137 | 2996 | DE VRIESE Séverine | RELEGEM | 33 | SEF | 569 | 0:59:36 | 9,06 | 6:37 |
| 3138 | 4262 | HERMANS Veerle | TIELRODE | 51 | F50 | 54 | 0:59:36 | 9,06 | 6:37 |
| 3139 | 1317 | SOLOON Caroline | BERCHEM | 45 | F45 | 100 | 0:59:36 | 9,06 | 6:37 |
| 3140 | 2378 | MEEUSEN Eric | KOKSIJDE | 58 | F55 | 31 | 0:59:37 | 9,06 | 6:37 |
| 3141 | 2348 | VAN ACKER Silke | EKEREN | 26 | SEF | 570 | 0:59:37 | 9,06 | 6:37 |
| 3142 | 4937 | BRUYNINCKX Steve | BORSBEEK | 34 | SEH | 849 | 0:59:39 | 9,05 | 6:38 |
| 3143 | 1432 | GYZEMANS Ann | EMBLEM | 46 | F45 | 101 | 0:59:39 | 9,05 | 6:38 |
| 3144 | 1374 | VAN CAUWENBERGH Steven | LUBBEEK | 46 | M45 | 239 | 0:59:39 | 9,05 | 6:38 |
| 3145 | 5649 | VAN DEN ABEELE Naomi | DENDERMONDE | 38 | F35 | 224 | 0:59:39 | 9,05 | 6:38 |
| 3146 | 5166 | VAN GAENS Katelijne | LIER | 26 | SEF | 571 | 0:59:39 | 9,05 | 6:38 |
| 3147 | 3005 | VANVAEREBERGH Petra | RELEGEM | 45 | F45 | 102 | 0:59:39 | 9,05 | 6:38 |
| 3148 | 3660 | DE BAUW Sarah | HOBOKEN | 27 | SEF | 572 | 0:59:40 | 9,05 | 6:38 |
| 3149 | 5942 | DE SMET Kelly | TIELRODE | 32 | SEF | 573 | 0:59:40 | 9,05 | 6:38 |
| 3150 | 1352 | DEMEULEMEESTER Cindy | KERSBEEK-MISKOM | 35 | F35 | 225 | 0:59:40 | 9,05 | 6:38 |
| 3151 | 1399 | FIERENS Adelheid | EMBLEM | 47 | F45 | 103 | 0:59:40 | 9,05 | 6:38 |
| 3152 | 3300 | JANSSSENS Inge | BALEGEM | 39 | F35 | 226 | 0:59:40 | 9,05 | 6:38 |
| 3153 | 5685 | STEENACKERS Jonas | LONDERZEEL | 23 | SEH | 850 | 0:59:40 | 9,05 | 6:38 |
| 3154 | 5984 | BALDAN Federica | ANTWERP | 32 | SEF | 574 | 0:59:41 | 9,05 | 6:38 |
| 3155 | 1375 | DELANDSHEERE Kelly | LANDEN | 33 | SEF | 575 | 0:59:41 | 9,05 | 6:38 |
| 3156 | 5991 | O'REILLY John | ANTWERP | 32 | SEH | 851 | 0:59:41 | 9,05 | 6:38 |
| 3157 | 4515 | VAN GIJSEL Leentje | MELSELE | 31 | SEF | 576 | 0:59:41 | 9,05 | 6:38 |
| 3158 | 3661 | DE BAUW Hanne | ANTWERPEN | 25 | SEF | 577 | 0:59:42 | 9,05 | 6:38 |
| 3159 | 2086 | VERBEECK Aimée | LINT | 13 | SEF | 578 | 0:59:42 | 9,05 | 6:38 |
| 3160 | 3654 | BRICHAU Hannah | ANTWERPEN | 18 | SEF | 579 | 0:59:43 | 9,04 | 6:38 |
| 3161 | 6051 | DUPONT Jimmy | VAALBEEK | 35 | M35 | 381 | 0:59:43 | 9,04 | 6:38 |
| 3162 | 1048 | GOETHALS Katrin | ANTWERPEN | 26 | SEF | 580 | 0:59:43 | 9,04 | 6:38 |
| 3163 | 1197 | VAN DONGEN Anouk | ANTWERPEN | 26 | SEF | 581 | 0:59:43 | 9,04 | 6:38 |
| 3164 | 2150 | VAN RENS Renee | REUSEL | 24 | SEF | 582 | 0:59:43 | 9,04 | 6:38 |
| 3165 | 5297 | WILLEMS Sofie | MOERBEKE | 36 | F35 | 227 | 0:59:43 | 9,04 | 6:38 |
| 3166 | 6081 | WILSSSENS Ivan | WIJNEGEM | 37 | M35 | 382 | 0:59:43 | 9,04 | 6:38 |
| 3167 | 2354 | TOUSSAINT Maurice | HEERLEN | 48 | M45 | 240 | 0:59:44 | 9,04 | 6:38 |
| 3168 | 5683 | VERSCHUEREN Anke | NIEUWENRODE | 19 | SEF | 583 | 0:59:44 | 9,04 | 6:38 |
| 3169 | 5104 | DE MULDER Katrien | NIEUWKERKEN | 34 | SEF | 584 | 0:59:45 | 9,04 | 6:38 |
| 3170 | 4857 | JANSSSENS Alexander | DEURNE | 32 | SEH | 852 | 0:59:45 | 9,04 | 6:38 |
| 3171 | 2272 | TONIDIS Dimitri | WOMMELGEM | 33 | SEH | 853 | 0:59:45 | 9,04 | 6:38 |
| 3172 | 2152 | VAN DEN BOOMEN Merel | REUSEL | 24 | SEF | 585 | 0:59:45 | 9,04 | 6:38 |
| 3173 | 2598 | VAN GAEVER Manon | MERKSEM | 17 | SEF | 586 | 0:59:46 | 9,04 | 6:38 |
| 3174 | 5031 | IOCCO Maria | TIELT-WINGE | 40 | F40 | 168 | 0:59:47 | 9,03 | 6:39 |
| 3175 | 3562 | SIMONS Kurt | ANTWERPEN | 35 | M35 | 383 | 0:59:47 | 9,03 | 6:39 |
| 3176 | 1429 | VAN DEN EYNDE Kim | DEURNE | 41 | F40 | 169 | 0:59:47 | 9,03 | 6:39 |
| 3177 | 2280 | BINST Stef | WOMMELGEM | 43 | M40 | 257 | 0:59:48 | 9,03 | 6:39 |
| 3178 | 6049 | BRADT Sylvie | LEUVEN | 34 | SEF | 587 | 0:59:48 | 9,03 | 6:39 |
| 3179 | 1482 | CLAESSENS Luc | DEURNE | 44 | M40 | 258 | 0:59:48 | 9,03 | 6:39 |
| 3180 | 2260 | COLIN Ann | DEURNE | 31 | SEF | 588 | 0:59:48 | 9,03 | 6:39 |
| 3181 | 5105 | D'HOOGHE Hilde | NIEUWKERKEN | 50 | F50 | 55 | 0:59:48 | 9,03 | 6:39 |
| 3182 | 5030 | SILHANEK Alejandro | TIELT-WINGE | 43 | M40 | 259 | 0:59:48 | 9,03 | 6:39 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|----------------------|--------------------|-----|-----|-------|---------|------|---------|
| 3183 | 5267 | BRUYLANTS Karen | ZOERSEL | 22 | SEF | 589 | 0:59:49 | 9,03 | 6:39 |
| 3184 | 3614 | MOREAU Arina | DEURNE | 33 | SEF | 590 | 0:59:49 | 9,03 | 6:39 |
| 3185 | 6050 | TANGE Joke | VAALBEEK | 32 | SEF | 591 | 0:59:49 | 9,03 | 6:39 |
| 3186 | 4221 | BERT De Ridder | NIEL | 46 | M45 | 241 | 0:59:50 | 9,03 | 6:39 |
| 3187 | 2667 | BROSENS Inge | RIJKEVORSEL | 35 | F35 | 228 | 0:59:50 | 9,03 | 6:39 |
| 3188 | 2182 | GYS Jo | SCHELLE | 41 | M40 | 260 | 0:59:50 | 9,03 | 6:39 |
| 3189 | 2668 | JESPERS Ellen | MINDERHOUT | 35 | F35 | 229 | 0:59:50 | 9,03 | 6:39 |
| 3190 | 50 | ROEBBEN Joris | BERCHEM | 40 | M40 | 261 | 0:59:50 | 9,03 | 6:39 |
| 3191 | 3539 | SNOEYS Bert | OLEN | 43 | M40 | 262 | 0:59:50 | 9,03 | 6:39 |
| 3192 | 4224 | GOOSSENS Ellen | ITEGEM | 31 | SEF | 592 | 0:59:51 | 9,02 | 6:39 |
| 3193 | 2183 | MAQUOI Ginne | SCHELLE | 41 | F40 | 170 | 0:59:51 | 9,02 | 6:39 |
| 3194 | 3858 | MOERMAN Nicolas | GENT | 34 | SEH | 854 | 0:59:51 | 9,02 | 6:39 |
| 3195 | 2674 | VANDONINCK Floor | ANTWERPEN | 10 | SEF | 593 | 0:59:51 | 9,02 | 6:39 |
| 3196 | 5376 | WIJNS Nathalie | BOUWEL | 36 | F35 | 230 | 0:59:51 | 9,02 | 6:39 |
| 3197 | 3856 | FURQUIM Alex | GENT | 45 | M45 | 242 | 0:59:52 | 9,02 | 6:39 |
| 3198 | 4323 | VANHESE Mireille | HERK-DE-STAD | 51 | F50 | 56 | 0:59:52 | 9,02 | 6:39 |
| 3199 | 4324 | BARTOLOMIVIS Els | HERK-DE-STAD | 44 | F40 | 171 | 0:59:53 | 9,02 | 6:39 |
| 3200 | 2455 | EVELIEN Peeters | VOSELAAR | 23 | SEF | 594 | 0:59:53 | 9,02 | 6:39 |
| 3201 | 5366 | SMOUT Petra | BOUWEL | 46 | F45 | 104 | 0:59:53 | 9,02 | 6:39 |
| 3202 | 5365 | CAEKAERT Nathalie | HERENTHOUT | 38 | F35 | 231 | 0:59:54 | 9,02 | 6:39 |
| 3203 | 3022 | KELDERS Jeroen | DEURNE (ANTWERPEN) | 36 | M35 | 384 | 0:59:54 | 9,02 | 6:39 |
| 3204 | 3536 | TABU Yildiz | TESSENDERLO | 42 | F40 | 172 | 0:59:54 | 9,02 | 6:39 |
| 3205 | 4405 | VAN HEUKELOM Julie | ANTWERPEN | 32 | SEF | 595 | 0:59:54 | 9,02 | 6:39 |
| 3206 | 5182 | DE KONINCK Els | MUIZEN | 45 | F45 | 105 | 0:59:55 | 9,01 | 6:39 |
| 3207 | 5364 | DELEN Jolan | HERENTHOUT | 11 | SEH | 855 | 0:59:55 | 9,01 | 6:39 |
| 3208 | 3415 | VAN TONGERLOO Nick | NIEL | 46 | M45 | 243 | 0:59:55 | 9,01 | 6:39 |
| 3209 | 6929 | DEROUS Jessica | BRUSSELS | 28 | SEF | 596 | 0:59:56 | 9,01 | 6:40 |
| 3210 | 6928 | BEYER Laurent | DESTELBERGEN | 27 | SEH | 856 | 0:59:57 | 9,01 | 6:40 |
| 3211 | 2129 | GOVAERTS Frans | WILLEBROEK | 57 | M55 | 77 | 0:59:57 | 9,01 | 6:40 |
| 3212 | 2377 | KANT Arjan | ALMKERK | 29 | SEH | 857 | 0:59:57 | 9,01 | 6:40 |
| 3213 | 3239 | KNIGHT Yana | ELSENE | 30 | SEF | 597 | 0:59:57 | 9,01 | 6:40 |
| 3214 | 3538 | TSHISWAKA Christian | TESSENDERLO | 36 | M35 | 385 | 0:59:57 | 9,01 | 6:40 |
| 3215 | 4343 | VAN CLEEMPUT Tom | SINT-NIKLAAS | 25 | SEH | 858 | 0:59:57 | 9,01 | 6:40 |
| 3216 | 1899 | ANTHEUNIS Wendy | GENK | 36 | F35 | 232 | 0:59:58 | 9,01 | 6:40 |
| 3217 | 1666 | DERISON Marc | TERNAT | 52 | M50 | 156 | 0:59:58 | 9,01 | 6:40 |
| 3218 | 3144 | MATTHIJS Marieke | DENDERMONDE | 26 | SEF | 598 | 0:59:58 | 9,01 | 6:40 |
| 3219 | 5738 | MOULIN Magali | ANTWERPEN | 35 | F35 | 233 | 0:59:58 | 9,01 | 6:40 |
| 3220 | 3315 | RASILO Heikki | IXELLES | 30 | SEH | 859 | 0:59:58 | 9,01 | 6:40 |
| 3221 | 4922 | SEMPELS Sylke | GROBBENDONK | 37 | F35 | 234 | 0:59:58 | 9,01 | 6:40 |
| 3222 | 4711 | VAN GERWEN Lore | WIJNEGEM | 18 | SEF | 599 | 0:59:59 | 9,00 | 6:40 |
| 3223 | 4710 | WUYTS Bette | WIJNEGEM | 20 | SEF | 600 | 0:59:59 | 9,00 | 6:40 |
| 3224 | 6009 | BUYENS Yo | KAPELLEN | 46 | F45 | 106 | 1:00:00 | 9,00 | 6:40 |
| 3225 | 4493 | DE NEUBOURG Keanu | SCHOTEN | 13 | SEH | 860 | 1:00:00 | 9,00 | 6:40 |
| 3226 | 3148 | HERSSENS Natacha | ANTWERPEN | 26 | SEF | 601 | 1:00:01 | 9,00 | 6:40 |
| 3227 | 2085 | QUAEDVLIEG Matti | MAASTRICHT | 73 | M70 | 1 | 1:00:01 | 9,00 | 6:40 |
| 3228 | 6175 | ROSSEEL Eef | HEVERLEE | 30 | SEF | 602 | 1:00:01 | 9,00 | 6:40 |
| 3229 | 6177 | DE KEYZER Laura | KRAAINEM | 28 | SEF | 603 | 1:00:02 | 9,00 | 6:40 |
| 3230 | 2523 | VERHOEVEN Jens | EDEGEM | 11 | SEH | 861 | 1:00:02 | 9,00 | 6:40 |
| 3231 | 4651 | BOONEN Karolien | HERENTALS | 37 | F35 | 235 | 1:00:03 | 8,99 | 6:40 |
| 3232 | 2536 | DE PAUW Kurt | LINT | 34 | SEH | 862 | 1:00:03 | 8,99 | 6:40 |
| 3233 | 4969 | MESTDAGH Sarah | HOBOKEN | 33 | SEF | 604 | 1:00:03 | 8,99 | 6:40 |
| 3234 | 5511 | PERDAENS Wesley | DEURNE | 37 | M35 | 386 | 1:00:03 | 8,99 | 6:40 |
| 3235 | 6062 | TERAN Jimena | LEUVEN | 24 | SEF | 605 | 1:00:03 | 8,99 | 6:40 |
| 3236 | 4509 | VAN CLEEMPUT Patrick | SINT-NIKLAAS | 55 | M55 | 78 | 1:00:03 | 8,99 | 6:40 |
| 3237 | 6914 | VAN GEEL Pieter | LEUVEN | 29 | SEH | 863 | 1:00:03 | 8,99 | 6:40 |
| 3238 | 5197 | VANCALBERGH Lieve | DRONGEN | 44 | F40 | 173 | 1:00:03 | 8,99 | 6:40 |
| 3239 | 5198 | ASPASLAGH Anja | OOSTENDE | 43 | F40 | 174 | 1:00:04 | 8,99 | 6:40 |
| 3240 | 2530 | BOGAERTS Bram | MORTSEL | 29 | SEH | 864 | 1:00:04 | 8,99 | 6:40 |
| 3241 | 5196 | DELAGRENSE Christel | OOSTENDE | 42 | F40 | 175 | 1:00:04 | 8,99 | 6:40 |
| 3242 | 4418 | LAMBRECHTS Nancy | KIELDRECHT | 49 | F45 | 107 | 1:00:04 | 8,99 | 6:40 |
| 3243 | 2021 | SMOUT Nicole | ESSEN | 58 | F55 | 32 | 1:00:04 | 8,99 | 6:40 |
| 3244 | 6152 | VAN CAMPEN Marijke | ZOERSEL | 25 | SEF | 606 | 1:00:04 | 8,99 | 6:40 |
| 3245 | 1233 | VAN HEYSBROECK Eike | SCHOTEN | 33 | SEF | 607 | 1:00:04 | 8,99 | 6:40 |
| 3246 | 1953 | VERMEERSCH Huguette | DEURNE | 44 | F40 | 176 | 1:00:04 | 8,99 | 6:40 |
| 3247 | 2779 | VERSTREKEN Liesbeth | ZOERSEL | 51 | F50 | 57 | 1:00:04 | 8,99 | 6:40 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|--------------------|-----|-----|-------|---------|------|---------|
| 3248 | 5199 | BEUN Saskia | DRONGEN | 42 | F40 | 177 | 1:00:05 | 8,99 | 6:41 |
| 3249 | 3135 | DE BLOCK Jeroen | MOERBEKE | 34 | SEH | 865 | 1:00:05 | 8,99 | 6:41 |
| 3250 | 3438 | ENNEKENS Glenn | BOECHOUT | 28 | SEH | 866 | 1:00:05 | 8,99 | 6:41 |
| 3251 | 6369 | HANNES Ellen | WOMMELGEM | 36 | F35 | 236 | 1:00:05 | 8,99 | 6:41 |
| 3252 | 5403 | SCOTT Marian | DEURNE (ANTWERPEN) | 25 | SEF | 608 | 1:00:05 | 8,99 | 6:41 |
| 3253 | 4970 | SPAENHOVEN Evi | HOBOKEN | 33 | SEF | 609 | 1:00:05 | 8,99 | 6:41 |
| 3254 | 1350 | TIMMERMANS Lies | ASSENT | 36 | F35 | 237 | 1:00:05 | 8,99 | 6:41 |
| 3255 | 3134 | T'SJOEN Tiana | MOERBEKE | 22 | SEF | 610 | 1:00:05 | 8,99 | 6:41 |
| 3256 | 2535 | VAN AELST Bram | BOECHOUT | 31 | SEH | 867 | 1:00:05 | 8,99 | 6:41 |
| 3257 | 4704 | DE DYN Steve | DEURNE | 38 | M35 | 387 | 1:00:06 | 8,99 | 6:41 |
| 3258 | 2268 | FRANCK Guido | WOMMELGEM | 49 | M45 | 244 | 1:00:06 | 8,99 | 6:41 |
| 3259 | 2029 | KONINGS Marleen | ESSEN | 49 | F45 | 108 | 1:00:06 | 8,99 | 6:41 |
| 3260 | 1901 | KOREMAN Sandra | GENK | 30 | SEF | 611 | 1:00:06 | 8,99 | 6:41 |
| 3261 | 4031 | PIRENNE Yves | BERCHEM | 38 | M35 | 388 | 1:00:06 | 8,99 | 6:41 |
| 3262 | 3554 | DAEMS Capri | ANTWERPEN | 14 | SEF | 612 | 1:00:07 | 8,98 | 6:41 |
| 3263 | 1767 | DEVINE Emmet | ZAVENTEM | 36 | M35 | 389 | 1:00:07 | 8,98 | 6:41 |
| 3264 | 1768 | DEVINE Lisa | ZAVENTEM | 38 | F35 | 238 | 1:00:07 | 8,98 | 6:41 |
| 3265 | 2633 | EL MARCHOUHI Ali | ANTWERPEN | 29 | SEH | 868 | 1:00:07 | 8,98 | 6:41 |
| 3266 | 2024 | OOMEN Joland | ESSEN | 52 | F50 | 58 | 1:00:07 | 8,98 | 6:41 |
| 3267 | 5402 | SCOTT Jolien | BORGERHOUT | 22 | SEF | 613 | 1:00:07 | 8,98 | 6:41 |
| 3268 | 1035 | CROWTHER Jonathan | HEVERLEE | 28 | SEH | 869 | 1:00:09 | 8,98 | 6:41 |
| 3269 | 3877 | VAN BAARLE Tom | ANTWERPEN | 35 | M35 | 390 | 1:00:09 | 8,98 | 6:41 |
| 3270 | 595 | VAN HILEGHEM Sophie | DEURNE | 25 | SEF | 614 | 1:00:09 | 8,98 | 6:41 |
| 3271 | 5696 | VANDEN BOSSCHE Stefanie | WIELSBEKE | 27 | SEF | 615 | 1:00:09 | 8,98 | 6:41 |
| 3272 | 5628 | VANRYCKEGHEM Glenn | DEURNE | 25 | SEH | 870 | 1:00:09 | 8,98 | 6:41 |
| 3273 | 3029 | CLAEYS Win | WIJNEGEM | 38 | F35 | 239 | 1:00:10 | 8,98 | 6:41 |
| 3274 | 1977 | DE WILDE Diederik | OUDENAARDE | 36 | M35 | 391 | 1:00:10 | 8,98 | 6:41 |
| 3275 | 6114 | FAES Sare | NIJLEN | 22 | SEF | 616 | 1:00:10 | 8,98 | 6:41 |
| 3276 | 3162 | SCHUERMANS Valerie | LEUVEN | 29 | SEF | 617 | 1:00:10 | 8,98 | 6:41 |
| 3277 | 6888 | UYTTERSROT Toon | BERCHEM | 35 | M35 | 392 | 1:00:10 | 8,98 | 6:41 |
| 3278 | 6489 | VAN SOEST Margot | HASSELT | 28 | SEF | 618 | 1:00:10 | 8,98 | 6:41 |
| 3279 | 4961 | VEERMAN Lieve | WILRIJK | 53 | F50 | 59 | 1:00:10 | 8,98 | 6:41 |
| 3280 | 690 | AERTS Ingrid | VEERLE | 41 | F40 | 178 | 1:00:11 | 8,97 | 6:41 |
| 3281 | 5595 | SCHUERMANS Vincent | DEURNE | 24 | SEH | 871 | 1:00:11 | 8,97 | 6:41 |
| 3282 | 4707 | SMETS Sven | DEURNE | 35 | M35 | 393 | 1:00:11 | 8,97 | 6:41 |
| 3283 | 6493 | VAN DE VELDE Peter | KRUIBEKE | 46 | M45 | 245 | 1:00:11 | 8,97 | 6:41 |
| 3284 | 5597 | KEMLAND Gregory | MERKSEM | 25 | SEH | 872 | 1:00:12 | 8,97 | 6:41 |
| 3285 | 2177 | MONBALIU Bieke | MORTSEL | 46 | F45 | 109 | 1:00:12 | 8,97 | 6:41 |
| 3286 | 2168 | NAVIS Sabine | LEUVEN | 35 | F35 | 240 | 1:00:12 | 8,97 | 6:41 |
| 3287 | 4008 | PRINS Sophie | VORST-LAAKDAL | 40 | F40 | 179 | 1:00:12 | 8,97 | 6:41 |
| 3288 | 1319 | EIKENS Marjon | HEERLEN | 58 | F55 | 33 | 1:00:13 | 8,97 | 6:41 |
| 3289 | 392 | GIJSBERS Nancy | HEERLEN | 42 | F40 | 180 | 1:00:13 | 8,97 | 6:41 |
| 3290 | 6936 | HERMANS Stijn | MOLENSTEDE | 38 | M35 | 394 | 1:00:13 | 8,97 | 6:41 |
| 3291 | 5973 | HUYBRECHTS Maurits | BERENDRECHT | 58 | M55 | 79 | 1:00:13 | 8,97 | 6:41 |
| 3292 | 5790 | LAMBERS Hilde | SINT-NIKLAAS | 28 | SEF | 619 | 1:00:13 | 8,97 | 6:41 |
| 3293 | 3799 | LAUWERS Karen | KAPellen | 17 | SEF | 620 | 1:00:13 | 8,97 | 6:41 |
| 3294 | 2949 | SEGERS Gert | TERNAT | 25 | SEH | 873 | 1:00:13 | 8,97 | 6:41 |
| 3295 | 3191 | VAN DE VELDE Davinia | KRUIBEKE | 21 | SEF | 621 | 1:00:13 | 8,97 | 6:41 |
| 3296 | 3723 | VAN OSSELAER Nele | BEVEREN | 35 | F35 | 241 | 1:00:13 | 8,97 | 6:41 |
| 3297 | 4648 | FAES Nick | WILRIJK | 29 | SEH | 874 | 1:00:14 | 8,97 | 6:42 |
| 3298 | 5253 | GOETSCHALCKX Leen | RIJKEVORSEL | 37 | F35 | 242 | 1:00:14 | 8,97 | 6:42 |
| 3299 | 2170 | MUES Stijn | LEUVEN | 40 | M40 | 263 | 1:00:14 | 8,97 | 6:42 |
| 3300 | 1167 | VANDERSCHRICK Ilse | OPWIJK | 39 | F35 | 243 | 1:00:14 | 8,97 | 6:42 |
| 3301 | 1777 | VERBIST Koen | MELDERT | 34 | SEH | 875 | 1:00:14 | 8,97 | 6:42 |
| 3302 | 2632 | VETS Lieve | WIJNEGEM | 37 | F35 | 244 | 1:00:14 | 8,97 | 6:42 |
| 3303 | 2631 | HAAGDORENS Mieke | KALMTHOUT | 41 | F40 | 181 | 1:00:15 | 8,96 | 6:42 |
| 3304 | 4449 | OEIJEN Peter | BERINGEN | 46 | M45 | 246 | 1:00:15 | 8,96 | 6:42 |
| 3305 | 4429 | GUI Karen | KESSEL | 37 | F35 | 245 | 1:00:16 | 8,96 | 6:42 |
| 3306 | 1594 | WILLOCX Els | ASSE | 36 | F35 | 246 | 1:00:16 | 8,96 | 6:42 |
| 3307 | 2080 | ADRIAENSSENS Geerard | MERKSEM | 23 | SEH | 876 | 1:00:17 | 8,96 | 6:42 |
| 3308 | 3004 | DE VLEESHOUWER Sofie | RELEGEM | 28 | SEF | 622 | 1:00:17 | 8,96 | 6:42 |
| 3309 | 1861 | BAETENS Philippe | KEERBERGEN | 21 | SEH | 877 | 1:00:18 | 8,96 | 6:42 |
| 3310 | 1793 | VAN DIJCK Evi | WIJNEGEM | 21 | SEF | 623 | 1:00:18 | 8,96 | 6:42 |
| 3311 | 4988 | LANGENUS Cindy | PUTTE | 38 | F35 | 247 | 1:00:19 | 8,95 | 6:42 |
| 3312 | 799 | BOONEN Sarah | BORGERHOUT | 27 | SEF | 624 | 1:00:20 | 8,95 | 6:42 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------------|-------------------|-----|-----|-------|---------|------|---------|
| 3313 | 798 | JACOBS Nikki | DEURNE | 25 | SEF | 625 | 1:00:20 | 8,95 | 6:42 |
| 3314 | 4615 | DOCKX Dirk | BERCHEM | 48 | M45 | 247 | 1:00:21 | 8,95 | 6:42 |
| 3315 | 1422 | JACOBS Yves | ANTWERPEN | 25 | SEH | 878 | 1:00:21 | 8,95 | 6:42 |
| 3316 | 6023 | LABEYE Arnaud | OPPUURS | 22 | SEH | 879 | 1:00:21 | 8,95 | 6:42 |
| 3317 | 233 | DE BAKKER Gert | KALMTHOUT | 43 | M40 | 264 | 1:00:22 | 8,95 | 6:42 |
| 3318 | 1575 | DEKEERSGIETER Kim | ANTWERPEN | 31 | SEF | 626 | 1:00:22 | 8,95 | 6:42 |
| 3319 | 6020 | DIDDENS Kristof | HINGENE | 37 | M35 | 395 | 1:00:22 | 8,95 | 6:42 |
| 3320 | 4035 | NAUS Vicky | ANTWERPEN | 32 | SEF | 627 | 1:00:22 | 8,95 | 6:42 |
| 3321 | 228 | RIBBENS Hilde | KALMTHOUT | 43 | F40 | 182 | 1:00:22 | 8,95 | 6:42 |
| 3322 | 4836 | ROSIERS Valerie | REET | 37 | F35 | 248 | 1:00:22 | 8,95 | 6:42 |
| 3323 | 6916 | MATEI Filip | LEUVEN | 30 | SEH | 880 | 1:00:23 | 8,94 | 6:43 |
| 3324 | 5598 | MIDDENDORP Wouter | KAPellen | 33 | SEH | 881 | 1:00:23 | 8,94 | 6:43 |
| 3325 | 4032 | NAUS Henri | OVERPELT | 59 | M55 | 80 | 1:00:23 | 8,94 | 6:43 |
| 3326 | 4687 | SMEETS Kathleen | HASSELT | 45 | F45 | 110 | 1:00:23 | 8,94 | 6:43 |
| 3327 | 2533 | VAN DYCK Charline | WAARLOOS | 30 | SEF | 628 | 1:00:23 | 8,94 | 6:43 |
| 3328 | 225 | GOMMERS Ellen | KALMTHOUT | 30 | SEF | 629 | 1:00:24 | 8,94 | 6:43 |
| 3329 | 6004 | NAUTS Jason | BRASSCHAAT | 21 | SEH | 882 | 1:00:24 | 8,94 | 6:43 |
| 3330 | 4904 | PEETERS Charlotte | HERENTALS | 20 | SEF | 630 | 1:00:24 | 8,94 | 6:43 |
| 3331 | 6019 | ROBYN Ilse | HINGENE | 36 | F35 | 249 | 1:00:24 | 8,94 | 6:43 |
| 3332 | 6022 | VAN DE WOESTIJNE Anke | OPPUURS | 23 | SEF | 631 | 1:00:24 | 8,94 | 6:43 |
| 3333 | 5075 | VERBEKE Marie | LEUVEN | 29 | SEF | 632 | 1:00:24 | 8,94 | 6:43 |
| 3334 | 4850 | WOUTERS Roxanne | HERENTALS | 20 | SEF | 633 | 1:00:24 | 8,94 | 6:43 |
| 3335 | 1425 | CAERS Yanick | NIEL | 29 | SEH | 883 | 1:00:25 | 8,94 | 6:43 |
| 3336 | 6926 | BERNAERTS Anneleen | BRECHT | 39 | F35 | 250 | 1:00:26 | 8,94 | 6:43 |
| 3337 | 5843 | DE VOLDER Kim | STEENDORP | 30 | SEH | 884 | 1:00:26 | 8,94 | 6:43 |
| 3338 | 378 | DELCHAMBRE Barbara | BERCHEM | 44 | F40 | 183 | 1:00:26 | 8,94 | 6:43 |
| 3339 | 4033 | NAUS Shannon | OVERPELT | 22 | SEF | 634 | 1:00:26 | 8,94 | 6:43 |
| 3340 | 5807 | VAN NIEUWENHUYZE Christophe | LOCHRISTI | 37 | M35 | 396 | 1:00:26 | 8,94 | 6:43 |
| 3341 | 5808 | STERCK Nathalie | LOCHRISTI | 29 | SEF | 635 | 1:00:27 | 8,93 | 6:43 |
| 3342 | 4034 | VAN MIEGHEM Sil | ANTWERPEN | 34 | SEF | 636 | 1:00:27 | 8,93 | 6:43 |
| 3343 | 4085 | VANDECAUTER Dorinda | HEPPEN | 32 | SEF | 637 | 1:00:27 | 8,93 | 6:43 |
| 3344 | 2717 | VANDERHAEGEN Carl | EDEGEM | 44 | M40 | 265 | 1:00:27 | 8,93 | 6:43 |
| 3345 | 6122 | TORREMANS Lieve | HOOGSTRATEN | 28 | SEF | 638 | 1:00:28 | 8,93 | 6:43 |
| 3346 | 5701 | VANGINDERTAEL Samantha | STEENOKKERZEEL | 27 | SEF | 639 | 1:00:28 | 8,93 | 6:43 |
| 3347 | 2254 | VANVERRE Jessica | HOVE | 41 | F40 | 184 | 1:00:28 | 8,93 | 6:43 |
| 3348 | 4559 | APERS Julie | BLAASVELD | 28 | SEF | 640 | 1:00:29 | 8,93 | 6:43 |
| 3349 | 5334 | BERRENS Elly | ARENDONK | 46 | F45 | 111 | 1:00:29 | 8,93 | 6:43 |
| 3350 | 871 | BOON Birgit | DEURNE | 42 | F40 | 185 | 1:00:29 | 8,93 | 6:43 |
| 3351 | 5059 | DE CALUWÉ Katleen | 'S-GRAVENWEZEL | 40 | F40 | 186 | 1:00:29 | 8,93 | 6:43 |
| 3352 | 5680 | SU Wen-Cheun | STEENOKKERZEEL | 34 | SEF | 641 | 1:00:29 | 8,93 | 6:43 |
| 3353 | 5974 | THUY Debbie | SINAAI | 43 | F40 | 187 | 1:00:29 | 8,93 | 6:43 |
| 3354 | 593 | VERMEYLEN Nele | DEURNE | 29 | SEF | 642 | 1:00:29 | 8,93 | 6:43 |
| 3355 | 6123 | JANSENS Mathilde | RIJKEVORSEL | 25 | SEF | 643 | 1:00:30 | 8,93 | 6:43 |
| 3356 | 2237 | SCHREURS Joke | HAASRODE | 32 | SEF | 644 | 1:00:30 | 8,93 | 6:43 |
| 3357 | 407 | BERVOETS Annik | ANTWERPEN | 41 | F40 | 188 | 1:00:31 | 8,92 | 6:43 |
| 3358 | 4366 | D'HOORE Lieselotte | ANTWERPEN | 28 | SEF | 645 | 1:00:31 | 8,92 | 6:43 |
| 3359 | 4926 | MATTHYSSEN Karolien | KALMTHOUT | 35 | F35 | 251 | 1:00:31 | 8,92 | 6:43 |
| 3360 | 2155 | PAULUS Annelies | LEEFDAAL | 29 | SEF | 646 | 1:00:31 | 8,92 | 6:43 |
| 3361 | 2579 | PILLAERDS Jan | NUTH | 57 | M55 | 81 | 1:00:32 | 8,92 | 6:44 |
| 3362 | 3008 | DELEGER Ludwig | DEURNE | 28 | SEH | 885 | 1:00:33 | 8,92 | 6:44 |
| 3363 | 5269 | HEIRBAUT Linda | STEKENE | 61 | F60 | 9 | 1:00:33 | 8,92 | 6:44 |
| 3364 | 3852 | VAN DE PERRE Sofie | SINT-NIKLAAS | 31 | SEF | 647 | 1:00:33 | 8,92 | 6:44 |
| 3365 | 1770 | VANDEROUGSTRAETE Sarah | HERENT | 35 | F35 | 252 | 1:00:33 | 8,92 | 6:44 |
| 3366 | 6516 | DE LAUSNAY Nathalie | WETTEREN | 30 | SEF | 648 | 1:00:34 | 8,92 | 6:44 |
| 3367 | 2718 | BOUDT Manuel | HEIST-OP-DEN-BERG | 36 | M35 | 397 | 1:00:35 | 8,91 | 6:44 |
| 3368 | 5058 | PELEGRIE Nathalie | BRECHT | 40 | F40 | 189 | 1:00:35 | 8,91 | 6:44 |
| 3369 | 1006 | BENIEST Thalia | MERKSEM | 29 | SEF | 649 | 1:00:37 | 8,91 | 6:44 |
| 3370 | 982 | HERING Sophie | ANTWERPEN | 33 | SEF | 650 | 1:00:37 | 8,91 | 6:44 |
| 3371 | 2459 | JANSSSENS Katleen | MORTSEL | 23 | SEF | 651 | 1:00:37 | 8,91 | 6:44 |
| 3372 | 4076 | VAN DER ZANDT Judith | ANTWERPEN | 26 | SEF | 652 | 1:00:37 | 8,91 | 6:44 |
| 3373 | 4219 | VAN HOOFF Lynn | MERKSEM | 29 | SEF | 653 | 1:00:37 | 8,91 | 6:44 |
| 3374 | 1567 | BOECKX Annick | WECHELDERZANDE | 45 | F45 | 112 | 1:00:38 | 8,91 | 6:44 |
| 3375 | 4531 | VEN Veli | BRASSCHAAT | 52 | M50 | 157 | 1:00:38 | 8,91 | 6:44 |
| 3376 | 4079 | CORNELIS Annelies | AARTSELAAR | 26 | SEF | 654 | 1:00:39 | 8,90 | 6:44 |
| 3377 | 4870 | ROELS Eline | MOL | 22 | SEF | 655 | 1:00:40 | 8,90 | 6:44 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|-------------|-----|-----|-------|---------|------|---------|
| 3378 | 4532 | BACHOT Ingrid | BRASSCHAAT | 55 | F55 | 34 | 1:00:41 | 8,90 | 6:45 |
| 3379 | 4614 | DOCKX Alyshia | BERCHEM | 19 | SEF | 656 | 1:00:41 | 8,90 | 6:45 |
| 3380 | 1452 | DUFOUR Filip | DEURNE | 46 | M45 | 248 | 1:00:41 | 8,90 | 6:45 |
| 3381 | 6519 | LONGUEVILLE Leo | SCHILDE | 58 | M55 | 82 | 1:00:41 | 8,90 | 6:45 |
| 3382 | 2190 | VAN BELLEGHEM Istvan | LEBBEKE | 33 | SEH | 886 | 1:00:41 | 8,90 | 6:45 |
| 3383 | 1456 | CAMMAERTS Erik | BORGERHOUT | 48 | M45 | 249 | 1:00:42 | 8,90 | 6:45 |
| 3384 | 5410 | VAN LOO Karin | MECHELEN | 48 | F45 | 113 | 1:00:42 | 8,90 | 6:45 |
| 3385 | 257 | THIELEMANS Sigrid | ASSE | 41 | F40 | 190 | 1:00:43 | 8,89 | 6:45 |
| 3386 | 3214 | VERREPT Kimberley | BORGERHOUT | 24 | SEF | 657 | 1:00:44 | 8,89 | 6:45 |
| 3387 | 1455 | BELLINKX Nele | BORGERHOUT | 39 | F35 | 253 | 1:00:45 | 8,89 | 6:45 |
| 3388 | 5993 | CAMPO Marta | KAPellen | 34 | SEF | 658 | 1:00:45 | 8,89 | 6:45 |
| 3389 | 5395 | VAN ROEY Paul | DUIsburg | 50 | M50 | 158 | 1:00:45 | 8,89 | 6:45 |
| 3390 | 510 | BROUWERS Wendy | BERCHEM | 35 | F35 | 254 | 1:00:46 | 8,89 | 6:45 |
| 3391 | 6148 | DEBERGH Tom | DEURNE | 24 | SEH | 887 | 1:00:46 | 8,89 | 6:45 |
| 3392 | 147 | VANDEN MEERSSCHE Jan | BEIGEM | 46 | M45 | 250 | 1:00:46 | 8,89 | 6:45 |
| 3393 | 5173 | VERCAMMEN Mieke | HERENTALS | 40 | F40 | 191 | 1:00:46 | 8,89 | 6:45 |
| 3394 | 347 | ARTS Emilie | MORTSEL | 39 | F35 | 255 | 1:00:47 | 8,88 | 6:45 |
| 3395 | 6932 | CLOETENS Alexandra | DIEGEM | 28 | SEF | 659 | 1:00:47 | 8,88 | 6:45 |
| 3396 | 5067 | LATHOUWERS Katrien | HERENTALS | 33 | SEF | 660 | 1:00:47 | 8,88 | 6:45 |
| 3397 | 4354 | MARTENS Nathalie | HEMIKSEM | 43 | F40 | 192 | 1:00:47 | 8,88 | 6:45 |
| 3398 | 5357 | VENSTERMANS Caroline | EDEGEM | 38 | F35 | 256 | 1:00:47 | 8,88 | 6:45 |
| 3399 | 146 | DEBOLLE An | TERNAT | 36 | F35 | 257 | 1:00:48 | 8,88 | 6:45 |
| 3400 | 148 | HEYVAERT Ilse | TERNAT | 44 | F40 | 193 | 1:00:48 | 8,88 | 6:45 |
| 3401 | 568 | VAN DIJCK Raf | DEURNE | 44 | M40 | 266 | 1:00:48 | 8,88 | 6:45 |
| 3402 | 4355 | VAN MIGRO Stefan | HEMIKSEM | 47 | M45 | 251 | 1:00:48 | 8,88 | 6:45 |
| 3403 | 2136 | VUYLSTEKE Bea | ANTWERPEN | 56 | F55 | 35 | 1:00:48 | 8,88 | 6:45 |
| 3404 | 4889 | WILLEMS Ann | ARENDONK | 44 | F40 | 194 | 1:00:48 | 8,88 | 6:45 |
| 3405 | 436 | BERGHS An | ANTWERPEN | 45 | F45 | 114 | 1:00:49 | 8,88 | 6:45 |
| 3406 | 4936 | BERKVENS An | ZWIJNDRECHT | 33 | SEF | 661 | 1:00:49 | 8,88 | 6:45 |
| 3407 | 4987 | COSTERMANS Kelly | PUTTE | 34 | SEF | 662 | 1:00:49 | 8,88 | 6:45 |
| 3408 | 509 | JAN Baeskens | BERCHEM | 35 | M35 | 398 | 1:00:49 | 8,88 | 6:45 |
| 3409 | 959 | VANVOORDEN Ben | ANTWERPEN | 17 | SEH | 888 | 1:00:49 | 8,88 | 6:45 |
| 3410 | 958 | VANVOORDEN Raf | ANTWERPEN | 46 | M45 | 252 | 1:00:49 | 8,88 | 6:45 |
| 3411 | 2135 | VUYLSTEKE Hilde | MOORSELE | 51 | F50 | 60 | 1:00:49 | 8,88 | 6:45 |
| 3412 | 152 | DE BREUKER Marleen | VIERSEL | 53 | F50 | 61 | 1:00:50 | 8,88 | 6:46 |
| 3413 | 218 | SLOOTS Lisette | ANTWERPEN | 44 | F40 | 195 | 1:00:50 | 8,88 | 6:46 |
| 3414 | 6167 | GOOSSENS Marjan | WIJNEGEM | 22 | SEF | 663 | 1:00:51 | 8,87 | 6:46 |
| 3415 | 1028 | GORIS Freya | BREENDONK | 41 | F40 | 196 | 1:00:51 | 8,87 | 6:46 |
| 3416 | 1290 | LAFORCE Katrien | MORTSEL | 39 | F35 | 258 | 1:00:51 | 8,87 | 6:46 |
| 3417 | 99 | VANDENBERGH Inge | MORTSEL | 37 | F35 | 259 | 1:00:52 | 8,87 | 6:46 |
| 3418 | 2785 | D'HOOGHE Ben | ANTWERPEN | 39 | M35 | 399 | 1:00:53 | 8,87 | 6:46 |
| 3419 | 1005 | LINDERS Friedus | WUUSTWEZEL | 57 | M55 | 83 | 1:00:53 | 8,87 | 6:46 |
| 3420 | 1465 | STEVENS Raf | BERCHEM | 14 | SEH | 889 | 1:00:53 | 8,87 | 6:46 |
| 3421 | 3193 | LAMBERT Mike | BOOM | 39 | M35 | 400 | 1:00:54 | 8,87 | 6:46 |
| 3422 | 1453 | LEMMENS Lissy | KOERSEL | 39 | F35 | 260 | 1:00:54 | 8,87 | 6:46 |
| 3423 | 4494 | DE NEUBOURG Bram | SCHOTEN | 35 | M35 | 401 | 1:00:56 | 8,86 | 6:46 |
| 3424 | 685 | PULMANS Sophie | ANTWERPEN | 24 | SEF | 664 | 1:00:56 | 8,86 | 6:46 |
| 3425 | 5439 | CAUBERGS Audrey | KOERSEL | 24 | SEF | 665 | 1:00:57 | 8,86 | 6:46 |
| 3426 | 5308 | VAN DOOREN Bernard | SHELLE | 43 | M40 | 267 | 1:00:57 | 8,86 | 6:46 |
| 3427 | 2194 | VAN STEENBERGEN Cindy | HALLE | 35 | F35 | 261 | 1:00:57 | 8,86 | 6:46 |
| 3428 | 5969 | WILSSENS Filip | WAASMUNSTER | 47 | M45 | 253 | 1:00:57 | 8,86 | 6:46 |
| 3429 | 5440 | CEUPPENS Rosanne | BERINGEN | 23 | SEF | 666 | 1:00:58 | 8,86 | 6:46 |
| 3430 | 1726 | BONCQUET San | ANTWERPEN | 26 | SEF | 667 | 1:00:59 | 8,85 | 6:47 |
| 3431 | 2015 | BOSMANS Anne-Lise | WERCHTER | 24 | SEF | 668 | 1:00:59 | 8,85 | 6:47 |
| 3432 | 3772 | DIERCKX Joeri | PUTTE | 42 | M40 | 268 | 1:00:59 | 8,85 | 6:47 |
| 3433 | 3363 | HENDERICKX Dennis | BONHEIDEN | 46 | M45 | 254 | 1:00:59 | 8,85 | 6:47 |
| 3434 | 1454 | LEMMENS Miet | KOERSEL | 39 | F35 | 262 | 1:00:59 | 8,85 | 6:47 |
| 3435 | 5187 | MULDER Stephanie | GIERLE | 28 | SEF | 669 | 1:00:59 | 8,85 | 6:47 |
| 3436 | 5904 | SOMERS Annelies | MERKSEM | 23 | SEF | 670 | 1:00:59 | 8,85 | 6:47 |
| 3437 | 4770 | BAETEN Tom | HAACHT | 43 | M40 | 269 | 1:01:00 | 8,85 | 6:47 |
| 3438 | 5332 | FREDERICKX Sandra | WOMMELGEM | 40 | F40 | 197 | 1:01:00 | 8,85 | 6:47 |
| 3439 | 2640 | GOVAERT Clio | ANTWERPEN | 33 | SEF | 671 | 1:01:00 | 8,85 | 6:47 |
| 3440 | 5163 | LEENAERTS Dietlind | SCHOTEN | 28 | SEF | 672 | 1:01:00 | 8,85 | 6:47 |
| 3441 | 4640 | VERSTRAETE Ann | BORNEM | 35 | F35 | 263 | 1:01:00 | 8,85 | 6:47 |
| 3442 | 3437 | DHONDT Sorin | BORGERHOUT | 23 | SEH | 890 | 1:01:01 | 8,85 | 6:47 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|---------------------|-----|-----|-------|---------|------|---------|
| 3443 | 1104 | REINENBERGH Inge | RUPELMONDE | 39 | F35 | 264 | 1:01:01 | 8,85 | 6:47 |
| 3444 | 4853 | VAN GUCHT Lotte | EKEREN | 27 | SEF | 673 | 1:01:01 | 8,85 | 6:47 |
| 3445 | 3362 | WINDELS Celine | BONHEIDEN | 30 | SEF | 674 | 1:01:01 | 8,85 | 6:47 |
| 3446 | 4851 | RANS Joyce | MERKSEM (ANTWERPEN) | 22 | SEF | 675 | 1:01:02 | 8,85 | 6:47 |
| 3447 | 684 | BUYTAERT Jutta | BRASSCHAAT | 24 | SEF | 676 | 1:01:03 | 8,85 | 6:47 |
| 3448 | 1597 | DAS Bram | RIJKEVORSEL | 33 | SEH | 891 | 1:01:03 | 8,85 | 6:47 |
| 3449 | 4001 | SLIJPER Annelies | ANTWERPEN | 31 | SEF | 677 | 1:01:03 | 8,85 | 6:47 |
| 3450 | 5848 | VOET Sofie | KORBEEK LO | 43 | F40 | 198 | 1:01:03 | 8,85 | 6:47 |
| 3451 | 1068 | DOM Cynthia | DEURNE | 47 | F45 | 115 | 1:01:04 | 8,84 | 6:47 |
| 3452 | 1519 | ALEN Ineke | BERCHEM | 25 | SEF | 678 | 1:01:05 | 8,84 | 6:47 |
| 3453 | 4305 | ARNST Barbara | ANTWERPEN | 39 | F35 | 265 | 1:01:05 | 8,84 | 6:47 |
| 3454 | 1286 | BLEYENBERG Nadia | NIEUW-NAMEN | 27 | SEF | 679 | 1:01:05 | 8,84 | 6:47 |
| 3455 | 4638 | MAES Nathalie | BORNEM | 41 | F40 | 199 | 1:01:05 | 8,84 | 6:47 |
| 3456 | 2730 | MEERS Judith | BILZEN | 32 | SEF | 680 | 1:01:05 | 8,84 | 6:47 |
| 3457 | 5764 | SEPOT Stephanie | ZOERSEL | 25 | SEF | 681 | 1:01:05 | 8,84 | 6:47 |
| 3458 | 4077 | VAN DE VOORDE Oliver | SCHILDE | 35 | M35 | 402 | 1:01:05 | 8,84 | 6:47 |
| 3459 | 3672 | DE COCK Wout | BERCHEM | 25 | SEH | 892 | 1:01:06 | 8,84 | 6:47 |
| 3460 | 2993 | DE SMEDT Stijn | KALMTHOUT | 42 | M40 | 270 | 1:01:06 | 8,84 | 6:47 |
| 3461 | 210 | HERMANS Margo | OSSENISSE | 43 | F40 | 200 | 1:01:06 | 8,84 | 6:47 |
| 3462 | 2769 | KONINKX Dorien | ZOERSEL | 51 | F50 | 62 | 1:01:06 | 8,84 | 6:47 |
| 3463 | 6072 | VAN DEN BERGH Kim | DUFFEL | 28 | SEF | 682 | 1:01:06 | 8,84 | 6:47 |
| 3464 | 4000 | HUYGHE Koen | ANTWERPEN | 30 | SEH | 893 | 1:01:07 | 8,84 | 6:47 |
| 3465 | 3013 | VERLINDEN Natalie | BOECHOUT | 39 | F35 | 266 | 1:01:07 | 8,84 | 6:47 |
| 3466 | 475 | VERMEIREN Annik | EDEGEM | 43 | F40 | 201 | 1:01:07 | 8,84 | 6:47 |
| 3467 | 4306 | BERGHMANS Annelies | KONTICH | 36 | F35 | 267 | 1:01:08 | 8,83 | 6:48 |
| 3468 | 168 | DE MEY Kurt | MECHELEN | 32 | SEH | 894 | 1:01:08 | 8,83 | 6:48 |
| 3469 | 3791 | GEELEN Natascha | DEURNE | 29 | SEF | 683 | 1:01:08 | 8,83 | 6:48 |
| 3470 | 1642 | VAN BULCK Aster | ANTWERPEN | 39 | M35 | 403 | 1:01:08 | 8,83 | 6:48 |
| 3471 | 3012 | VERSTRAELEN Erik | BOECHOUT | 37 | M35 | 404 | 1:01:08 | 8,83 | 6:48 |
| 3472 | 3657 | DURIEUX Olivier | ANTWERPEN | 29 | SEH | 895 | 1:01:09 | 8,83 | 6:48 |
| 3473 | 2307 | OUSSIBELLA Aumar | DEURNE | 34 | SEH | 896 | 1:01:10 | 8,83 | 6:48 |
| 3474 | 725 | STUART Sebastian | ZOERSEL | 27 | SEH | 897 | 1:01:10 | 8,83 | 6:48 |
| 3475 | 4715 | VAN DEN BERGH Kristel | WUUSTWEZEL | 38 | F35 | 268 | 1:01:10 | 8,83 | 6:48 |
| 3476 | 2991 | OUDEN VAN DEN Monique | ZIERIKZEE | 51 | F50 | 63 | 1:01:11 | 8,83 | 6:48 |
| 3477 | 5139 | PLEYSIER Katrijn | HOOGST RATEN | 39 | F35 | 269 | 1:01:11 | 8,83 | 6:48 |
| 3478 | 1463 | SANNE Peeters | WIEKEVORST | 31 | SEH | 898 | 1:01:11 | 8,83 | 6:48 |
| 3479 | 4070 | VAN DEN OUDEN Erik | ZIERIKZEE | 55 | M55 | 84 | 1:01:11 | 8,83 | 6:48 |
| 3480 | 6518 | LONGUEVILLE Charlotte | KAPELLEN | 26 | SEF | 684 | 1:01:12 | 8,82 | 6:48 |
| 3481 | 5798 | SCHOLLER Florence | HOVE | 35 | F35 | 270 | 1:01:12 | 8,82 | 6:48 |
| 3482 | 4068 | BAL Nicky | BOOM | 26 | SEF | 685 | 1:01:13 | 8,82 | 6:48 |
| 3483 | 3963 | BEYERS Luc | KALMTHOUT | 42 | M40 | 271 | 1:01:13 | 8,82 | 6:48 |
| 3484 | 424 | IRINA De Maesschalck | KAPELLEN | 31 | SEF | 686 | 1:01:13 | 8,82 | 6:48 |
| 3485 | 3658 | STUER Helena | ANTWERPEN | 28 | SEF | 687 | 1:01:13 | 8,82 | 6:48 |
| 3486 | 4819 | VAN DE POLL Stephanie | HOFSTADE | 32 | SEF | 688 | 1:01:13 | 8,82 | 6:48 |
| 3487 | 1100 | VERMEULEN An | SINT-NIKLAAS | 36 | F35 | 271 | 1:01:13 | 8,82 | 6:48 |
| 3488 | 1186 | BROSENS Guy | HALLE | 44 | M40 | 272 | 1:01:14 | 8,82 | 6:48 |
| 3489 | 1190 | BROSENS Chelsea | HALLE | 17 | SEF | 689 | 1:01:15 | 8,82 | 6:48 |
| 3490 | 4820 | DE VOS Ilke | MECHELEN | 27 | SEF | 690 | 1:01:15 | 8,82 | 6:48 |
| 3491 | 6913 | JANSSENS Olivier | KAPELLEN | 32 | SEH | 899 | 1:01:15 | 8,82 | 6:48 |
| 3492 | 4414 | BRUGHGRAEF Tanja | MEERDONK | 44 | F40 | 202 | 1:01:16 | 8,81 | 6:48 |
| 3493 | 3871 | DE MAESSCHALCK Kathleen | ST-AMANDSBERG | 35 | F35 | 272 | 1:01:16 | 8,81 | 6:48 |
| 3494 | 1287 | LAMBRECHTS Anja | ESSEN | 47 | F45 | 116 | 1:01:16 | 8,81 | 6:48 |
| 3495 | 6032 | BUSBY Lindsey | HEIST OP DEN BERG | 32 | SEF | 691 | 1:01:17 | 8,81 | 6:49 |
| 3496 | 4134 | HENDRIKS Martijn | ANTWERPEN | 40 | M40 | 273 | 1:01:17 | 8,81 | 6:49 |
| 3497 | 6514 | SMITS Eike | ZOERSEL | 40 | F40 | 203 | 1:01:17 | 8,81 | 6:49 |
| 3498 | 1572 | VAN KERREBROECK Jade | MERKSEM | 32 | SEF | 692 | 1:01:17 | 8,81 | 6:49 |
| 3499 | 5645 | VAN PELT Walter | LEDE | 75 | M75 | 1 | 1:01:17 | 8,81 | 6:49 |
| 3500 | 6033 | VLOEMANS Katrien | HEIST OP DEN BERG | 29 | SEF | 693 | 1:01:17 | 8,81 | 6:49 |
| 3501 | 5317 | DE BEUCKELEER Silke | BRASSCHAAT | 36 | F35 | 273 | 1:01:18 | 8,81 | 6:49 |
| 3502 | 6469 | HEUGHEBAERT Michiel | ANTWERPEN | 29 | SEH | 900 | 1:01:18 | 8,81 | 6:49 |
| 3503 | 4135 | VAN ASSCHE Kate | ANTWERPEN | 36 | F35 | 274 | 1:01:18 | 8,81 | 6:49 |
| 3504 | 3473 | VAN DEN BRANDE Stefanie | MORTSEL | 30 | SEF | 694 | 1:01:18 | 8,81 | 6:49 |
| 3505 | 4585 | VERELLEN Eline | SCHOTEN | 24 | SEF | 695 | 1:01:18 | 8,81 | 6:49 |
| 3506 | 4187 | VERLEIJE Monique | BRASSCHAAT | 50 | F50 | 64 | 1:01:18 | 8,81 | 6:49 |
| 3507 | 4488 | STRUYF Hanne | ANTWERPEN | 28 | SEF | 696 | 1:01:19 | 8,81 | 6:49 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|--------------------|-----|-----|-------|---------|------|---------|
| 3508 | 5954 | BOSSERS Geert | BRASSCHAAT | 51 | M50 | 159 | 1:01:21 | 8,80 | 6:49 |
| 3509 | 6210 | DEMITRI Van Thielen | WESTERLO | 19 | SEH | 901 | 1:01:21 | 8,80 | 6:49 |
| 3510 | 3570 | VERRYCKT Patricia | MALLE | 46 | F45 | 117 | 1:01:21 | 8,80 | 6:49 |
| 3511 | 5829 | KLOMP Marion | SINT-NIKLAAS | 40 | F40 | 204 | 1:01:22 | 8,80 | 6:49 |
| 3512 | 4883 | LORMANS Claire | BRASSCHAAT | 23 | SEF | 697 | 1:01:22 | 8,80 | 6:49 |
| 3513 | 6481 | OUSHOORN Sarah | KAPELLEN | 32 | SEF | 698 | 1:01:22 | 8,80 | 6:49 |
| 3514 | 3886 | VAN CROMBRUGGE Kristien | ANTWERPEN | 35 | F35 | 275 | 1:01:22 | 8,80 | 6:49 |
| 3515 | 3887 | VISSERS Ellen | ANTWERPEN | 35 | F35 | 276 | 1:01:22 | 8,80 | 6:49 |
| 3516 | 4458 | MARINUS Charlotte | NOODERWIJK | 29 | SEF | 699 | 1:01:23 | 8,80 | 6:49 |
| 3517 | 4882 | NAUWELAERS Anke | ZOERSEL | 23 | SEF | 700 | 1:01:23 | 8,80 | 6:49 |
| 3518 | 4587 | SWALENS Lien | SINT-GENESIUS-RODE | 23 | SEF | 701 | 1:01:23 | 8,80 | 6:49 |
| 3519 | 1108 | COP Christel | WESTMALLE | 52 | F50 | 65 | 1:01:24 | 8,79 | 6:49 |
| 3520 | 3751 | HUYGENS Machteld | NIEUWENRODE | 39 | F35 | 277 | 1:01:24 | 8,79 | 6:49 |
| 3521 | 4148 | VERWIMP Kim | BORGERHOUT | 29 | SEF | 702 | 1:01:24 | 8,79 | 6:49 |
| 3522 | 4210 | HERREMAN Bart | VREMDE | 42 | M40 | 274 | 1:01:25 | 8,79 | 6:49 |
| 3523 | 5799 | ISTAS Severine | EDEGEM | 35 | F35 | 278 | 1:01:25 | 8,79 | 6:49 |
| 3524 | 2915 | LIVENS Chrisje | KAPELLEN | 48 | F45 | 118 | 1:01:26 | 8,79 | 6:50 |
| 3525 | 338 | SCHROEYERS Tommie | HERENTHOUT | 37 | M35 | 405 | 1:01:26 | 8,79 | 6:50 |
| 3526 | 2916 | VAN EYKEN Marjan | KAPELLEN | 41 | F40 | 205 | 1:01:26 | 8,79 | 6:50 |
| 3527 | 4315 | VAN LAETHEM Axelle | KRUIBEKE | 25 | SEF | 703 | 1:01:26 | 8,79 | 6:50 |
| 3528 | 2300 | VERHERSTRAETEN Sabrina | EDEGEM | 25 | SEF | 704 | 1:01:26 | 8,79 | 6:50 |
| 3529 | 3749 | DE MAEYER Raf | HOMBEEK | 48 | M45 | 255 | 1:01:27 | 8,79 | 6:50 |
| 3530 | 4430 | EYSERMANS An | BORGERHOUT | 31 | SEF | 705 | 1:01:27 | 8,79 | 6:50 |
| 3531 | 4106 | JACOBS Sylke | VREMDE | 23 | SEF | 706 | 1:01:27 | 8,79 | 6:50 |
| 3532 | 2171 | JAUBIN Kirsten | BERTEM | 31 | SEF | 707 | 1:01:27 | 8,79 | 6:50 |
| 3533 | 4492 | LUYCKX Marijke | BRASSCHAAT | 55 | F55 | 36 | 1:01:27 | 8,79 | 6:50 |
| 3534 | 2914 | DECOMBES Kim | STABROEK | 33 | SEF | 708 | 1:01:28 | 8,79 | 6:50 |
| 3535 | 1511 | MULALIC Jasmina | DEURNE | 36 | F35 | 279 | 1:01:29 | 8,78 | 6:50 |
| 3536 | 4211 | VAN BULCK Marleen | DUFFEL | 40 | F40 | 206 | 1:01:29 | 8,78 | 6:50 |
| 3537 | 3384 | DIELS Luc | MECHELEN | 51 | M50 | 160 | 1:01:30 | 8,78 | 6:50 |
| 3538 | 6136 | HAGENS Lana | HOBOKEN | 15 | SEF | 709 | 1:01:30 | 8,78 | 6:50 |
| 3539 | 4426 | HENDERYCKX Ellen | TURNHOUT | 28 | SEF | 710 | 1:01:30 | 8,78 | 6:50 |
| 3540 | 1037 | MCBREARTY Daniel | ANTWERP | 51 | M50 | 161 | 1:01:30 | 8,78 | 6:50 |
| 3541 | 5216 | SESSA Fabrizio | LONDON | 28 | SEH | 902 | 1:01:30 | 8,78 | 6:50 |
| 3542 | 2794 | TAIT Andrew | NEWCASTLE | 26 | SEH | 903 | 1:01:30 | 8,78 | 6:50 |
| 3543 | 4871 | VESTERS Cindy | NIEL | 28 | SEF | 711 | 1:01:30 | 8,78 | 6:50 |
| 3544 | 6135 | VILLAVERDE Montse | DEURNE | 38 | F35 | 280 | 1:01:30 | 8,78 | 6:50 |
| 3545 | 3931 | VALGAEREN Laura | ANTWERPEN | 31 | SEF | 712 | 1:01:31 | 8,78 | 6:50 |
| 3546 | 2511 | VAN HOORICK Johan | ASSE | 44 | M40 | 275 | 1:01:31 | 8,78 | 6:50 |
| 3547 | 6024 | WYNANTS Koen | VORSELAAR | 55 | M55 | 85 | 1:01:31 | 8,78 | 6:50 |
| 3548 | 339 | CLAES Leen | HERENTHOUT | 35 | F35 | 281 | 1:01:32 | 8,78 | 6:50 |
| 3549 | 3379 | DE WIEUW Dany | ZWIJNDRECHT | 51 | F50 | 66 | 1:01:32 | 8,78 | 6:50 |
| 3550 | 5783 | HOFKENS Dorien | RETIE | 35 | F35 | 282 | 1:01:32 | 8,78 | 6:50 |
| 3551 | 1237 | MELIESTE Shari | LOKEREN | 30 | SEF | 713 | 1:01:32 | 8,78 | 6:50 |
| 3552 | 5217 | DEBUCQUOY Tim | HOBOKEN | 31 | SEH | 904 | 1:01:33 | 8,77 | 6:50 |
| 3553 | 3383 | DIELS Flo | MECHELEN | 18 | SEF | 714 | 1:01:33 | 8,77 | 6:50 |
| 3554 | 2871 | LIU Ming | WILRIJK | 38 | M35 | 406 | 1:01:33 | 8,77 | 6:50 |
| 3555 | 3378 | BALDUCK Robin | ZWIJNDRECHT | 21 | SEF | 715 | 1:01:34 | 8,77 | 6:50 |
| 3556 | 3777 | DEDECKER Karen | GENK | 38 | F35 | 283 | 1:01:34 | 8,77 | 6:50 |
| 3557 | 4731 | VAN MOL Marleen | DEURNE | 40 | F40 | 207 | 1:01:34 | 8,77 | 6:50 |
| 3558 | 5193 | VERLINDEN Wendy | MORTSEL | 41 | F40 | 208 | 1:01:34 | 8,77 | 6:50 |
| 3559 | 2176 | WAUTERS Bart | PUURS | 45 | M45 | 256 | 1:01:34 | 8,77 | 6:50 |
| 3560 | 2545 | WITTOCX Feya | NOORDERWIJK | 22 | SEF | 716 | 1:01:34 | 8,77 | 6:50 |
| 3561 | 3776 | AWOUTERS Sarah | GENK | 38 | F35 | 284 | 1:01:35 | 8,77 | 6:51 |
| 3562 | 3932 | CLAES Geraldine | MOL | 38 | F35 | 285 | 1:01:35 | 8,77 | 6:51 |
| 3563 | 4740 | HAAIMA Robert | BERGEN OP ZOOM | 42 | M40 | 276 | 1:01:35 | 8,77 | 6:51 |
| 3564 | 5227 | HERBOSCH B | MORTSEL | 49 | F45 | 119 | 1:01:35 | 8,77 | 6:51 |
| 3565 | 5079 | JAOKEN Sigrid | BERCHEM | 42 | F40 | 209 | 1:01:35 | 8,77 | 6:51 |
| 3566 | 1546 | STEVENS Frank | BERCHEM | 41 | M40 | 277 | 1:01:35 | 8,77 | 6:51 |
| 3567 | 5236 | VAN DER AUWERA Sofie | HERSELT | 37 | F35 | 286 | 1:01:35 | 8,77 | 6:51 |
| 3568 | 3344 | VERLINDEN Joeri | ZEMST | 36 | M35 | 407 | 1:01:35 | 8,77 | 6:51 |
| 3569 | 4736 | BROEKMAN Caroline | BERGEN OP ZOOM | 20 | SEF | 717 | 1:01:36 | 8,77 | 6:51 |
| 3570 | 466 | DEMOL Joke | GRIMBERGEN | 44 | F40 | 210 | 1:01:36 | 8,77 | 6:51 |
| 3571 | 4767 | LAMOT Ronny | BRASSCHAAT | 49 | M45 | 257 | 1:01:37 | 8,76 | 6:51 |
| 3572 | 465 | BAUTE Krista | ZAVENTEM | 46 | F45 | 120 | 1:01:38 | 8,76 | 6:51 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------------|--------------------|-----|-----|-------|---------|------|---------|
| 3573 | 2131 | DE NYS Geertrui | WILLEBROEK | 53 | F50 | 67 | 1:01:38 | 8,76 | 6:51 |
| 3574 | 3734 | LAUWERS Kristoff | RIJKEVORSEL | 33 | SEH | 905 | 1:01:38 | 8,76 | 6:51 |
| 3575 | 5753 | LOMMERS Oona | BRASSCHAAT | 26 | SEF | 718 | 1:01:38 | 8,76 | 6:51 |
| 3576 | 1830 | SELS Tine | EPPEGEM | 33 | SEF | 719 | 1:01:38 | 8,76 | 6:51 |
| 3577 | 5754 | CRIKEMANS Hanne | BRASSCHAAT | 26 | SEF | 720 | 1:01:39 | 8,76 | 6:51 |
| 3578 | 3341 | VERRETH Stijn | MECHELEN | 35 | M35 | 408 | 1:01:39 | 8,76 | 6:51 |
| 3579 | 1617 | DEBIE Ellen | KAPELLEN | 21 | SEF | 721 | 1:01:40 | 8,76 | 6:51 |
| 3580 | 1885 | VAN BRAEKEL Katleen | EDEGEM | 22 | SEF | 722 | 1:01:40 | 8,76 | 6:51 |
| 3581 | 5390 | WIJNANTS Danny | HERSELT | 50 | M50 | 162 | 1:01:40 | 8,76 | 6:51 |
| 3582 | 2116 | ALLAERTS Ellen | GROBBENDONK | 14 | SEF | 723 | 1:01:41 | 8,75 | 6:51 |
| 3583 | 839 | JANSSENS Jeroen | BEGIJNENDIJK | 32 | SEH | 906 | 1:01:41 | 8,75 | 6:51 |
| 3584 | 1174 | MEIJER Attie | ANTWERPEN | 61 | M60 | 23 | 1:01:41 | 8,75 | 6:51 |
| 3585 | 5015 | SAISON Marian | BRASSCHAAT | 28 | SEF | 724 | 1:01:41 | 8,75 | 6:51 |
| 3586 | 1616 | TAHON Christa | KAPELLEN | 20 | SEF | 725 | 1:01:41 | 8,75 | 6:51 |
| 3587 | 2919 | VAN ENDERT Nadja | LOMMEL | 35 | F35 | 287 | 1:01:41 | 8,75 | 6:51 |
| 3588 | 3618 | ASSELBERGHS Nele | DEURNE | 28 | SEF | 726 | 1:01:42 | 8,75 | 6:51 |
| 3589 | 4548 | BOUCQUEY Alexander | BRASSCHAAT | 19 | SEH | 907 | 1:01:42 | 8,75 | 6:51 |
| 3590 | 2130 | DE GROOF Karina | WILLEBROEK | 46 | F45 | 121 | 1:01:42 | 8,75 | 6:51 |
| 3591 | 1815 | JACOBS Sandra | WUUSTWEZEL | 45 | F45 | 122 | 1:01:42 | 8,75 | 6:51 |
| 3592 | 838 | LAEREMANS Ellen | BEGIJNENDIJK | 28 | SEF | 727 | 1:01:42 | 8,75 | 6:51 |
| 3593 | 1175 | LOOTEN Hilde | ANTWERPEN | 54 | F50 | 68 | 1:01:42 | 8,75 | 6:51 |
| 3594 | 5012 | VAN LEUVEN Veerle | WILRIJK | 26 | SEF | 728 | 1:01:42 | 8,75 | 6:51 |
| 3595 | 1124 | VERMEEREN Christophe | BERCHEM | 36 | M35 | 409 | 1:01:42 | 8,75 | 6:51 |
| 3596 | 2388 | VOUZOUKOS Therapon | ZWIJNDRECHT | 21 | SEH | 908 | 1:01:42 | 8,75 | 6:51 |
| 3597 | 6164 | MARTELLONI Paola | DEURNE | 50 | F50 | 69 | 1:01:43 | 8,75 | 6:51 |
| 3598 | 1173 | T'KINDT Tatan | ANTWERPEN | 55 | F55 | 37 | 1:01:43 | 8,75 | 6:51 |
| 3599 | 3527 | VAN HOOREWEGHE Hannah | GEEL | 32 | SEF | 729 | 1:01:43 | 8,75 | 6:51 |
| 3600 | 4440 | ELFERINK Marjolein | ANTWERPEN | 25 | SEF | 730 | 1:01:44 | 8,75 | 6:52 |
| 3601 | 4739 | HOUBEN Jorine Noortje | VLISSINGEN | 23 | SEF | 731 | 1:01:44 | 8,75 | 6:52 |
| 3602 | 1787 | JANSEN Katrien | WUUSTWEZEL | 39 | F35 | 288 | 1:01:44 | 8,75 | 6:52 |
| 3603 | 2330 | MEEUSEN Martine | EDEGEM | 36 | F35 | 289 | 1:01:44 | 8,75 | 6:52 |
| 3604 | 4544 | CHRISTIAENS Magali | KAPELLE OP DEN BOS | 30 | SEF | 732 | 1:01:45 | 8,74 | 6:52 |
| 3605 | 4656 | BRIERS Erik | BERCHEM | 38 | M35 | 410 | 1:01:46 | 8,74 | 6:52 |
| 3606 | 133 | KALDERS Kelly | DILSEN | 36 | F35 | 290 | 1:01:46 | 8,74 | 6:52 |
| 3607 | 134 | NELISSEN Kathleen | DILSEN | 40 | F40 | 211 | 1:01:46 | 8,74 | 6:52 |
| 3608 | 3613 | VAN DEN CLOOT Yana | DEURNE | 26 | SEF | 733 | 1:01:46 | 8,74 | 6:52 |
| 3609 | 337 | CANIPEL Sara | HERENTHOUT | 37 | F35 | 291 | 1:01:47 | 8,74 | 6:52 |
| 3610 | 1698 | VAN DOORSLAER Nele | BORGERHOUT | 31 | SEF | 734 | 1:01:47 | 8,74 | 6:52 |
| 3611 | 2395 | VANDENWEGHE Eily | WUUSTWEZEL | 35 | F35 | 292 | 1:01:47 | 8,74 | 6:52 |
| 3612 | 1382 | GEUDENS Sofie | BOUWEL | 45 | F45 | 123 | 1:01:48 | 8,74 | 6:52 |
| 3613 | 2879 | SEGERS Marcel | SCHOTEN | 60 | M60 | 24 | 1:01:48 | 8,74 | 6:52 |
| 3614 | 5246 | VAN LOOVEREN Veerle | SCHOTEN | 37 | F35 | 293 | 1:01:49 | 8,74 | 6:52 |
| 3615 | 1697 | WAUTERS Greet | ZOERSEL | 34 | SEF | 735 | 1:01:49 | 8,74 | 6:52 |
| 3616 | 6382 | DE LA RAMBELJE Maurits Barend | SCHILDE | 74 | M70 | 2 | 1:01:50 | 8,73 | 6:52 |
| 3617 | 2329 | LAMOT Inge | EDEGEM | 39 | F35 | 294 | 1:01:50 | 8,73 | 6:52 |
| 3618 | 2865 | VAN EESTER Sarah | MORTSEL | 18 | SEF | 736 | 1:01:50 | 8,73 | 6:52 |
| 3619 | 2303 | DE WINTER Max | BOOM | 28 | SEH | 909 | 1:01:51 | 8,73 | 6:52 |
| 3620 | 3291 | HOOFTMAN Evelien | SINT-NIKLAAS | 28 | SEF | 737 | 1:01:51 | 8,73 | 6:52 |
| 3621 | 3342 | THIELEMANS Daan | ZEMST | 34 | SEH | 910 | 1:01:51 | 8,73 | 6:52 |
| 3622 | 3961 | STOOP Tiny | DIKSMUIDE | 35 | F35 | 295 | 1:01:52 | 8,73 | 6:52 |
| 3623 | 2276 | VAN DEN EYNDE Evi | WOMMELGEM | 37 | F35 | 296 | 1:01:52 | 8,73 | 6:52 |
| 3624 | 2866 | VAN EESTER Ellen | MORTSEL | 16 | SEF | 738 | 1:01:52 | 8,73 | 6:52 |
| 3625 | 4861 | VAN RAMPENBERG Leen | ANTWERPEN | 26 | SEF | 739 | 1:01:52 | 8,73 | 6:52 |
| 3626 | 1381 | VERWIMP Hide | BOUWEL | 46 | F45 | 124 | 1:01:52 | 8,73 | 6:52 |
| 3627 | 4474 | FONTSEYN Jana | ANTWERPEN | 25 | SEF | 740 | 1:01:53 | 8,73 | 6:53 |
| 3628 | 2782 | KERSTENS Lissa | ESSEN | 19 | SEF | 741 | 1:01:54 | 8,72 | 6:53 |
| 3629 | 3972 | PIETERS Gwen | BEVEREN | 35 | F35 | 297 | 1:01:54 | 8,72 | 6:53 |
| 3630 | 3229 | RAETS Joke | BOECHOUT | 31 | SEF | 742 | 1:01:54 | 8,72 | 6:53 |
| 3631 | 1530 | VAN PEER Stephanie | GROBBENDONK | 26 | SEF | 743 | 1:01:54 | 8,72 | 6:53 |
| 3632 | 3766 | VAN TONGERLOO Lynsey | HOBOKEN | 34 | SEF | 744 | 1:01:54 | 8,72 | 6:53 |
| 3633 | 3230 | VELDEMAN Sven | BEVEREN-WAAS | 36 | M35 | 411 | 1:01:54 | 8,72 | 6:53 |
| 3634 | 2195 | DUJARDIN Agatha | LIEDEKERKE | 27 | SEF | 745 | 1:01:55 | 8,72 | 6:53 |
| 3635 | 1844 | TELLIER Wim | BORNEM | 36 | M35 | 412 | 1:01:55 | 8,72 | 6:53 |
| 3636 | 5073 | VAN DEN BERGH Tabitha | MELSELE | 27 | SEF | 746 | 1:01:55 | 8,72 | 6:53 |
| 3637 | 4277 | VAN GIJSEGHEM Victor | GENT | 31 | SEH | 911 | 1:01:55 | 8,72 | 6:53 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|---------------------------|---------------------|-----|-----|-------|---------|------|---------|
| 3638 | 3626 | BASTIAENSENS Jolien | SCHILDE | 22 | SEF | 747 | 1:01:56 | 8,72 | 6:53 |
| 3639 | 3635 | FRENSCH Jiska | STABROEK | 18 | SEF | 748 | 1:01:56 | 8,72 | 6:53 |
| 3640 | 3057 | VAN ACKER Catiana | EEKLO | 32 | SEF | 749 | 1:01:56 | 8,72 | 6:53 |
| 3641 | 5963 | ADRIAENSENS Leen | BOOM | 32 | SEF | 750 | 1:01:57 | 8,72 | 6:53 |
| 3642 | 5980 | ADRIAENSENS Joke | BOOM | 39 | F35 | 298 | 1:01:58 | 8,71 | 6:53 |
| 3643 | 3942 | DE MEY Nico | EKEREN | 38 | M35 | 413 | 1:01:58 | 8,71 | 6:53 |
| 3644 | 3817 | STEENWEGE Martin | EDEGEM | 49 | M45 | 258 | 1:01:58 | 8,71 | 6:53 |
| 3645 | 1862 | STEVENS Ines | ZOERSEL | 36 | F35 | 299 | 1:01:58 | 8,71 | 6:53 |
| 3646 | 1843 | VANDERVORST Muriel | BORNEM | 40 | F40 | 212 | 1:01:58 | 8,71 | 6:53 |
| 3647 | 4868 | VANHERCK Nele | MERKSEM | 35 | F35 | 300 | 1:01:58 | 8,71 | 6:53 |
| 3648 | 794 | DE BOECK Ine | KALMTHOUT | 26 | SEF | 751 | 1:01:59 | 8,71 | 6:53 |
| 3649 | 6570 | DE MEULDER Jitte | DEURNE | 28 | SEF | 752 | 1:01:59 | 8,71 | 6:53 |
| 3650 | 6161 | DE WINTER Natacha | VILVOORDE | 45 | F45 | 125 | 1:01:59 | 8,71 | 6:53 |
| 3651 | 4090 | KERSTENS Dave | EKEREN | 36 | M35 | 414 | 1:01:59 | 8,71 | 6:53 |
| 3652 | 3528 | LAUREYSSEN Steve | VLIMMEREN | 26 | SEH | 912 | 1:01:59 | 8,71 | 6:53 |
| 3653 | 4867 | MELIS Katrien | HAM | 33 | SEF | 753 | 1:01:59 | 8,71 | 6:53 |
| 3654 | 6263 | NEEGERS Eric | BORGERHOUT | 45 | M45 | 259 | 1:01:59 | 8,71 | 6:53 |
| 3655 | 6264 | TUYMANS Wendy | BORGERHOUT | 41 | F40 | 213 | 1:01:59 | 8,71 | 6:53 |
| 3656 | 4359 | BEIRINCKX Kathleen | BEVEL | 37 | F35 | 301 | 1:02:00 | 8,71 | 6:53 |
| 3657 | 6162 | DEPRINS Erika | WEERDE | 42 | F40 | 214 | 1:02:00 | 8,71 | 6:53 |
| 3658 | 2289 | RENDERS Kathleen | ANTWERPEN | 41 | F40 | 215 | 1:02:00 | 8,71 | 6:53 |
| 3659 | 5250 | SERGEANT Karen | BEVEL | 31 | SEF | 754 | 1:02:00 | 8,71 | 6:53 |
| 3660 | 2765 | VAN DER AA Lieke | ANTWERPEN | 34 | SEF | 755 | 1:02:00 | 8,71 | 6:53 |
| 3661 | 6397 | BAETEN Erik | ANTWERPEN | 55 | M55 | 86 | 1:02:01 | 8,71 | 6:53 |
| 3662 | 4564 | JAUPIN Pascal | HEUSDEN | 54 | M50 | 163 | 1:02:01 | 8,71 | 6:53 |
| 3663 | 4560 | JAUPIN Renilde | HEUSDEN | 58 | F55 | 38 | 1:02:01 | 8,71 | 6:53 |
| 3664 | 3905 | KALHORI Zoha | WATERMAEL BOITSFORT | 32 | SEF | 756 | 1:02:01 | 8,71 | 6:53 |
| 3665 | 6163 | VERSCHAEREN Anja | HOFSTADE | 46 | F45 | 126 | 1:02:01 | 8,71 | 6:53 |
| 3666 | 617 | BEEKMAN Eveline | DE KLINGE | 34 | SEF | 757 | 1:02:02 | 8,70 | 6:54 |
| 3667 | 2538 | LEYSSENS Kilian | BRASSCHAAT | 19 | SEH | 913 | 1:02:02 | 8,70 | 6:54 |
| 3668 | 2420 | VAN ASSCHE Liesbeth | STEKENE | 37 | F35 | 302 | 1:02:02 | 8,70 | 6:54 |
| 3669 | 5955 | VAN MAROEY Sandra | DEURNE | 39 | F35 | 303 | 1:02:02 | 8,70 | 6:54 |
| 3670 | 618 | BEEKMAN Paul | DE KLINGE | 34 | SEH | 914 | 1:02:03 | 8,70 | 6:54 |
| 3671 | 2026 | DAEMS Steven | MERKSEM | 31 | SEH | 915 | 1:02:03 | 8,70 | 6:54 |
| 3672 | 6230 | VAN VAERENBERG Esmé | HEVERLEE | 27 | SEF | 758 | 1:02:03 | 8,70 | 6:54 |
| 3673 | 3503 | DE KOEYER Danny | LAARNE | 48 | M45 | 260 | 1:02:04 | 8,70 | 6:54 |
| 3674 | 1293 | DE MEULDER Lieselot | WESTMALLE | 37 | F35 | 304 | 1:02:04 | 8,70 | 6:54 |
| 3675 | 6512 | SCHOENMAECKERS Anouk | SCHILDE | 38 | F35 | 305 | 1:02:04 | 8,70 | 6:54 |
| 3676 | 6223 | PEETERS Reinout | SCHOTEN | 26 | SEH | 916 | 1:02:05 | 8,70 | 6:54 |
| 3677 | 3504 | DE GRAEVE Ann | LAARNE | 51 | F50 | 70 | 1:02:06 | 8,70 | 6:54 |
| 3678 | 6229 | VAN ASCH Lars | HEVERLEE | 30 | SEH | 917 | 1:02:06 | 8,70 | 6:54 |
| 3679 | 1306 | GRASSI Mirella | DEURNE | 47 | F45 | 127 | 1:02:07 | 8,69 | 6:54 |
| 3680 | 2510 | PAUWELS Dimitri | ASSE | 39 | M35 | 415 | 1:02:07 | 8,69 | 6:54 |
| 3681 | 5490 | WUYTS Geert | LINT | 35 | M35 | 416 | 1:02:07 | 8,69 | 6:54 |
| 3682 | 4722 | BUYS Karolien | DENDERMONDE | 24 | SEF | 759 | 1:02:08 | 8,69 | 6:54 |
| 3683 | 4293 | CROMBÉ Dieter | LONDERZEEL | 27 | SEH | 918 | 1:02:08 | 8,69 | 6:54 |
| 3684 | 4294 | DE PROFT Eline | LONDERZEEL | 27 | SEF | 760 | 1:02:08 | 8,69 | 6:54 |
| 3685 | 1629 | ALLAERTS Wim | GROBBENDONK | 43 | M40 | 278 | 1:02:09 | 8,69 | 6:54 |
| 3686 | 2379 | SCHIPPERS Stephanie | SCHOTEN | 28 | SEF | 761 | 1:02:09 | 8,69 | 6:54 |
| 3687 | 2630 | HOFMANS Sharon | ANTWERPEN | 33 | SEF | 762 | 1:02:10 | 8,69 | 6:54 |
| 3688 | 5155 | MOYANO Isabel | ANTWERPEN | 26 | SEF | 763 | 1:02:10 | 8,69 | 6:54 |
| 3689 | 336 | SPITS Steven | MOL | 40 | M40 | 279 | 1:02:10 | 8,69 | 6:54 |
| 3690 | 4501 | VAN GILS Marleen | WUUSTWEZEL | 55 | F55 | 39 | 1:02:10 | 8,69 | 6:54 |
| 3691 | 4826 | BUYTAERT Sophie | KALMTHOUT | 37 | F35 | 306 | 1:02:11 | 8,68 | 6:55 |
| 3692 | 4917 | JANSSSENS Erik | WILRIJK | 43 | M40 | 280 | 1:02:11 | 8,68 | 6:55 |
| 3693 | 4337 | RAES Peter | WOMMELGEM | 43 | M40 | 281 | 1:02:11 | 8,68 | 6:55 |
| 3694 | 1212 | NIJS Jens | DESSEL | 24 | SEH | 919 | 1:02:12 | 8,68 | 6:55 |
| 3695 | 6027 | BLONDEEL Wouter | ANTWERPEN | 32 | SEH | 920 | 1:02:13 | 8,68 | 6:55 |
| 3696 | 4547 | BOUCQUEY Emilie | BRASSCHAAT | 22 | SEF | 764 | 1:02:13 | 8,68 | 6:55 |
| 3697 | 4916 | DE WINTER Kirstey | LINT | 28 | SEF | 765 | 1:02:13 | 8,68 | 6:55 |
| 3698 | 4336 | POTVLIEGE Danny | WOMMELGEM | 62 | M60 | 25 | 1:02:13 | 8,68 | 6:55 |
| 3699 | 1763 | SCHILLING Manon | GROBBENDONK | 13 | SEF | 766 | 1:02:13 | 8,68 | 6:55 |
| 3700 | 3474 | VAN DEN FONTEYNE Annelies | DEURNE | 29 | SEF | 767 | 1:02:13 | 8,68 | 6:55 |
| 3701 | 3956 | VAN DEN FONTEYNE Karel | BOECHOUT | 57 | M55 | 87 | 1:02:13 | 8,68 | 6:55 |
| 3702 | 4671 | VANWESEMAEL Charlotte | MEERHOUT | 24 | SEF | 768 | 1:02:13 | 8,68 | 6:55 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|-----------------|-----|-----|-------|---------|------|---------|
| 3703 | 4854 | DE SMEDT Michiel | BORNEM | 26 | SEH | 921 | 1:02:14 | 8,68 | 6:55 |
| 3704 | 1344 | HEREMANS Jef | PUTTE | 52 | M50 | 164 | 1:02:14 | 8,68 | 6:55 |
| 3705 | 6026 | PAPAKANDERAKI Stella | ANTWERPEN | 28 | SEF | 769 | 1:02:14 | 8,68 | 6:55 |
| 3706 | 1213 | PEETERS Jolien | DESSEL | 23 | SEF | 770 | 1:02:14 | 8,68 | 6:55 |
| 3707 | 994 | JACOBS Victor | LEUVEN | 58 | M55 | 88 | 1:02:15 | 8,67 | 6:55 |
| 3708 | 562 | HELLEMANS Tony | TONGERLO | 49 | M45 | 261 | 1:02:16 | 8,67 | 6:55 |
| 3709 | 5388 | LAEREMANS Berdien | HERSELT | 25 | SEF | 771 | 1:02:17 | 8,67 | 6:55 |
| 3710 | 1599 | MEEUWSEN Ine | RIJKEVORSEL | 28 | SEF | 772 | 1:02:17 | 8,67 | 6:55 |
| 3711 | 314 | BRULLEMANS Geert | EPPEGEM | 45 | M45 | 262 | 1:02:19 | 8,67 | 6:55 |
| 3712 | 2363 | HENDRIKX Lisse | POPPEL | 19 | SEF | 773 | 1:02:19 | 8,67 | 6:55 |
| 3713 | 5389 | LAEREMANS Emelie | HERSELT | 28 | SEH | 922 | 1:02:19 | 8,67 | 6:55 |
| 3714 | 5578 | VOCHTEN Jente | ANTWERPEN | 28 | SEF | 774 | 1:02:19 | 8,67 | 6:55 |
| 3715 | 564 | WYNANTS Wim | TONGERLO | 46 | M45 | 263 | 1:02:19 | 8,67 | 6:55 |
| 3716 | 2259 | DE MAEYER Fien | KRUIBEKE | 36 | F35 | 307 | 1:02:20 | 8,66 | 6:56 |
| 3717 | 5872 | GORRENS Peter | DEURNE | 48 | M45 | 264 | 1:02:20 | 8,66 | 6:56 |
| 3718 | 1247 | THYS Gaby | TONGERLO | 46 | F45 | 128 | 1:02:20 | 8,66 | 6:56 |
| 3719 | 2900 | DE JAEGER Jenny | VLIMMEREN | 43 | F40 | 216 | 1:02:21 | 8,66 | 6:56 |
| 3720 | 5161 | LAUWERS Laura | OVERIJSE | 24 | SEF | 775 | 1:02:21 | 8,66 | 6:56 |
| 3721 | 5837 | MAEX Cedric | TONGEREN | 34 | SEH | 923 | 1:02:21 | 8,66 | 6:56 |
| 3722 | 3533 | OOMS Sofie | DESSEL | 26 | SEF | 776 | 1:02:21 | 8,66 | 6:56 |
| 3723 | 5162 | RYMENANS Sven | DILBEEK | 24 | SEH | 924 | 1:02:21 | 8,66 | 6:56 |
| 3724 | 4302 | VAN DE VYVER Karin | DEURNE | 52 | F50 | 71 | 1:02:21 | 8,66 | 6:56 |
| 3725 | 563 | BLEYEN Edith | TONGERLO | 47 | F45 | 129 | 1:02:22 | 8,66 | 6:56 |
| 3726 | 3526 | ELST Annick | KAPellen | 30 | SEF | 777 | 1:02:22 | 8,66 | 6:56 |
| 3727 | 6419 | PEETERS Wouter | TURNHOUT | 40 | M40 | 282 | 1:02:22 | 8,66 | 6:56 |
| 3728 | 2666 | VAN DER LINDEN An | MINDERHOUT | 35 | F35 | 308 | 1:02:22 | 8,66 | 6:56 |
| 3729 | 5063 | VAN MEEL Elke | ESSEN | 29 | SEF | 778 | 1:02:22 | 8,66 | 6:56 |
| 3730 | 5879 | BOEYNAEMS Ruben | ZOERSEL | 24 | SEH | 925 | 1:02:23 | 8,66 | 6:56 |
| 3731 | 4973 | DE BORGER Eline | PUURS | 28 | SEF | 779 | 1:02:23 | 8,66 | 6:56 |
| 3732 | 5592 | HERMAN Frank | ANTWERPEN | 58 | M55 | 89 | 1:02:23 | 8,66 | 6:56 |
| 3733 | 2324 | KERS Esther | HEERLEN | 47 | F45 | 130 | 1:02:23 | 8,66 | 6:56 |
| 3734 | 2325 | KERS Peter | HEERLEN | 53 | M50 | 165 | 1:02:23 | 8,66 | 6:56 |
| 3735 | 3111 | VRIJENS Johan | EKEREN | 48 | M45 | 265 | 1:02:23 | 8,66 | 6:56 |
| 3736 | 2908 | CARTEUS Dominique | OPWIJK | 34 | SEF | 780 | 1:02:24 | 8,65 | 6:56 |
| 3737 | 4769 | DE LEU Saskia | HAACHT | 38 | F35 | 309 | 1:02:24 | 8,65 | 6:56 |
| 3738 | 1595 | FRANSEN Kim | RIJKEVORSEL | 38 | F35 | 310 | 1:02:24 | 8,65 | 6:56 |
| 3739 | 591 | SCHAUDIES Jennifer | ANTWERPEN | 49 | F45 | 131 | 1:02:24 | 8,65 | 6:56 |
| 3740 | 5387 | SEGRS Tom | WILSELE | 37 | M35 | 417 | 1:02:24 | 8,65 | 6:56 |
| 3741 | 5881 | AERTS Martine | ZOERSEL | 50 | F50 | 72 | 1:02:25 | 8,65 | 6:56 |
| 3742 | 5880 | BOEYNAEMS Janah | ZOERSEL | 21 | SEF | 781 | 1:02:25 | 8,65 | 6:56 |
| 3743 | 4972 | VAN DEN BROECK Joris | ANTWERPEN | 28 | SEH | 926 | 1:02:25 | 8,65 | 6:56 |
| 3744 | 3112 | WANT Els | EKEREN | 48 | F45 | 132 | 1:02:25 | 8,65 | 6:56 |
| 3745 | 4568 | DE RUYSSCHER Ann | TEMSE | 40 | F40 | 217 | 1:02:26 | 8,65 | 6:56 |
| 3746 | 3428 | ISLAINE Olartechea | BRUXELLES | 33 | SEF | 782 | 1:02:26 | 8,65 | 6:56 |
| 3747 | 5882 | VAN DER WAAL Vic | ZOERSEL | 14 | SEH | 927 | 1:02:26 | 8,65 | 6:56 |
| 3748 | 316 | VERSCHUERE Els | SCHOTEN | 44 | F40 | 218 | 1:02:26 | 8,65 | 6:56 |
| 3749 | 6418 | JACOBS An | TURNHOUT | 38 | F35 | 311 | 1:02:27 | 8,65 | 6:56 |
| 3750 | 5894 | PEETERS Herman | BORSBEEK | 64 | M60 | 26 | 1:02:27 | 8,65 | 6:56 |
| 3751 | 315 | VAN DE MERLEN Dimitri | SCHOTEN | 48 | M45 | 266 | 1:02:27 | 8,65 | 6:56 |
| 3752 | 6482 | VAN HOFSTRAETEN Ine | BRECHT | 33 | SEF | 783 | 1:02:27 | 8,65 | 6:56 |
| 3753 | 1758 | ADRIAENSEN Inez | LEDEBERG | 44 | F40 | 219 | 1:02:28 | 8,64 | 6:56 |
| 3754 | 3549 | BENOY Maya | ANTWERPEN | 34 | SEF | 784 | 1:02:28 | 8,64 | 6:56 |
| 3755 | 3488 | FRANCK Eric | BRASSCHAAT | 56 | M55 | 90 | 1:02:28 | 8,64 | 6:56 |
| 3756 | 4742 | LERNO Inge | HERENTALS | 41 | F40 | 220 | 1:02:28 | 8,64 | 6:56 |
| 3757 | 5996 | HOUTHUYS Amber | ANTWERPEN | 20 | SEF | 785 | 1:02:29 | 8,64 | 6:57 |
| 3758 | 5999 | BROOS Kim | ANTWERPEN | 23 | SEF | 786 | 1:02:30 | 8,64 | 6:57 |
| 3759 | 1620 | DEVENS Hanne | HASSELT | 32 | SEF | 787 | 1:02:30 | 8,64 | 6:57 |
| 3760 | 4475 | GEERTS Ann | RIJKEVORSEL | 46 | F45 | 133 | 1:02:30 | 8,64 | 6:57 |
| 3761 | 4549 | KAPITEIJN Mirella | 'S-GRAVENPOLDER | 39 | F35 | 312 | 1:02:31 | 8,64 | 6:57 |
| 3762 | 4312 | KOKKE Wendy | BEERSE | 32 | SEF | 788 | 1:02:31 | 8,64 | 6:57 |
| 3763 | 4020 | VAN DER POEL Wendy | KAPellen | 32 | SEF | 789 | 1:02:31 | 8,64 | 6:57 |
| 3764 | 4550 | BEULEN Peter | KESSEL | 41 | M40 | 283 | 1:02:32 | 8,64 | 6:57 |
| 3765 | 5836 | DE MEERLEER Kim | PERK | 25 | SEF | 790 | 1:02:32 | 8,64 | 6:57 |
| 3766 | 5982 | LEYSSSEN Eline | ANTWERPEN | 26 | SEF | 791 | 1:02:32 | 8,64 | 6:57 |
| 3767 | 1675 | DE LAET Erwin | BURCHT | 51 | M50 | 166 | 1:02:33 | 8,63 | 6:57 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|--------------------|-----|-----|-------|---------|------|---------|
| 3768 | 5248 | PLAETINCK David | HOEVENEN | 32 | SEH | 928 | 1:02:33 | 8,63 | 6:57 |
| 3769 | 6923 | VAN HOLSBEKE Caroline | GENK | 42 | F40 | 221 | 1:02:33 | 8,63 | 6:57 |
| 3770 | 2054 | EERDEKENS Myriam | HASSELT | 47 | F45 | 134 | 1:02:34 | 8,63 | 6:57 |
| 3771 | 1297 | FIERENS Laura | BERCHEM | 30 | SEF | 792 | 1:02:34 | 8,63 | 6:57 |
| 3772 | 1166 | HOEVERS Renske | 6412CJ | 21 | SEF | 793 | 1:02:34 | 8,63 | 6:57 |
| 3773 | 4427 | PEETERS Wim | SINT-NIKLAAS | 47 | M45 | 267 | 1:02:34 | 8,63 | 6:57 |
| 3774 | 6922 | SOETAERS Bart | ZONHOVEN | 47 | M45 | 268 | 1:02:34 | 8,63 | 6:57 |
| 3775 | 258 | VAN HERCK Els | EKEREN | 45 | F45 | 135 | 1:02:34 | 8,63 | 6:57 |
| 3776 | 4925 | CEELEN Anne | KALMTHOUT | 46 | F45 | 136 | 1:02:35 | 8,63 | 6:57 |
| 3777 | 5055 | ELEWAUT Bart | SCHOTEN | 33 | SEH | 929 | 1:02:35 | 8,63 | 6:57 |
| 3778 | 4428 | PEETERS Jana | SINT-NIKLAAS | 15 | SEF | 794 | 1:02:35 | 8,63 | 6:57 |
| 3779 | 2066 | VAN HAL Daniel | DEURNE | 51 | M50 | 167 | 1:02:35 | 8,63 | 6:57 |
| 3780 | 2490 | VAN RIEL Wendy | SINT LENAARTS | 36 | F35 | 313 | 1:02:35 | 8,63 | 6:57 |
| 3781 | 1994 | HENDERICKX Marieke | BERCHEM | 24 | SEF | 795 | 1:02:36 | 8,63 | 6:57 |
| 3782 | 2038 | HEROES Bert | TURNHOUT | 48 | M45 | 269 | 1:02:36 | 8,63 | 6:57 |
| 3783 | 3304 | VAN ROMPAEY Jan | HERENTALS | 39 | M35 | 418 | 1:02:36 | 8,63 | 6:57 |
| 3784 | 5728 | BJORN Seneca | PERK | 38 | M35 | 419 | 1:02:37 | 8,62 | 6:57 |
| 3785 | 1315 | CAENEN Wiel | HOENSBROEK | 61 | M60 | 27 | 1:02:37 | 8,62 | 6:57 |
| 3786 | 5054 | DE PAUW Kim | SCHOTEN | 34 | SEF | 796 | 1:02:37 | 8,62 | 6:57 |
| 3787 | 4678 | GOVAERTS Karsten | TESSENDERLO | 28 | SEH | 930 | 1:02:37 | 8,62 | 6:57 |
| 3788 | 4104 | KROLS Anja | TURNHOUT | 38 | F35 | 314 | 1:02:37 | 8,62 | 6:57 |
| 3789 | 4061 | JOURET Hilde | BEVEREN | 56 | F55 | 40 | 1:02:38 | 8,62 | 6:58 |
| 3790 | 3405 | VAN HOLSBEKE Steven | HAM | 39 | M35 | 420 | 1:02:38 | 8,62 | 6:58 |
| 3791 | 2922 | HAVERHALS Karin | DEURNE | 36 | F35 | 315 | 1:02:39 | 8,62 | 6:58 |
| 3792 | 4309 | HUYBRECHTS Sophie | ANTWERPEN | 39 | F35 | 316 | 1:02:39 | 8,62 | 6:58 |
| 3793 | 3171 | VAN DOORSLAER Els | HAASDONK | 21 | SEF | 797 | 1:02:39 | 8,62 | 6:58 |
| 3794 | 919 | VAN DORST Marc | EKEREN | 60 | M60 | 28 | 1:02:39 | 8,62 | 6:58 |
| 3795 | 6930 | ALIBALIC Noa | BORGERHOUT | 11 | SEF | 798 | 1:02:40 | 8,62 | 6:58 |
| 3796 | 6454 | BORTELS Tessa | SINT-GENESIUS-RODE | 22 | SEF | 799 | 1:02:40 | 8,62 | 6:58 |
| 3797 | 4522 | DAHMANI Soffia | SCHOTEN | 39 | F35 | 317 | 1:02:40 | 8,62 | 6:58 |
| 3798 | 4348 | DEWICKERE Danielle | EDEGEM | 24 | SEF | 800 | 1:02:40 | 8,62 | 6:58 |
| 3799 | 5600 | HEYDT Christian | KAPELLEN | 43 | M40 | 284 | 1:02:40 | 8,62 | 6:58 |
| 3800 | 5457 | JORIS Devon | DEURNE | 14 | SEH | 931 | 1:02:40 | 8,62 | 6:58 |
| 3801 | 5804 | TOMIC Tamara | ANTWERPEN | 38 | F35 | 318 | 1:02:40 | 8,62 | 6:58 |
| 3802 | 458 | VERSCHAETE Eva | ANTWERPEN | 39 | F35 | 319 | 1:02:40 | 8,62 | 6:58 |
| 3803 | 5847 | VOET Caroline | ANTWERPEN | 41 | F40 | 222 | 1:02:40 | 8,62 | 6:58 |
| 3804 | 6453 | BORTELS Sigrid | SINT-GENESIUS-RODE | 24 | SEF | 801 | 1:02:41 | 8,61 | 6:58 |
| 3805 | 4321 | JUBILER Laurent | RHODE ST GENESE | 45 | M45 | 270 | 1:02:41 | 8,61 | 6:58 |
| 3806 | 1094 | VAN MEEL Marga | KALMTHOUT | 46 | F45 | 137 | 1:02:41 | 8,61 | 6:58 |
| 3807 | 6509 | LAM Ho-Kwong | EKEREN | 31 | SEH | 932 | 1:02:42 | 8,61 | 6:58 |
| 3808 | 2286 | VANKERM Clancy | WOMMELGEM | 43 | F40 | 223 | 1:02:42 | 8,61 | 6:58 |
| 3809 | 1869 | BELMANS Lander | POEDERLEE | 9 | SEH | 933 | 1:02:43 | 8,61 | 6:58 |
| 3810 | 4124 | BEVERS Werner | 'S-GRAVENWEZEL | 51 | M50 | 168 | 1:02:43 | 8,61 | 6:58 |
| 3811 | 1218 | CORRYNEN Kevin | MERKSEM | 26 | SEH | 934 | 1:02:43 | 8,61 | 6:58 |
| 3812 | 5418 | ERPELS Stefan | LEBBEKE | 43 | M40 | 285 | 1:02:43 | 8,61 | 6:58 |
| 3813 | 5185 | PONSAERT Kurt | WIJNEGEM | 30 | SEH | 935 | 1:02:44 | 8,61 | 6:58 |
| 3814 | 4670 | SMETS Kyra | HERENTALS | 24 | SEF | 802 | 1:02:44 | 8,61 | 6:58 |
| 3815 | 3649 | VAN DAEL Gina | DEURNE | 29 | SEF | 803 | 1:02:44 | 8,61 | 6:58 |
| 3816 | 1668 | BELMANS Tom | POEDERLEE | 42 | M40 | 286 | 1:02:45 | 8,61 | 6:58 |
| 3817 | 4409 | DAMS Brent | DEURNE | 17 | SEH | 936 | 1:02:45 | 8,61 | 6:58 |
| 3818 | 1116 | JOCHUMS Katrin | ZOERSEL | 36 | F35 | 320 | 1:02:45 | 8,61 | 6:58 |
| 3819 | 5499 | JONET Olivier | DEURNE | 37 | M35 | 421 | 1:02:45 | 8,61 | 6:58 |
| 3820 | 1912 | PEETERS Jeroen | KONTICH | 33 | SEH | 937 | 1:02:45 | 8,61 | 6:58 |
| 3821 | 1115 | STERKENS Valerie | ZOERSEL | 33 | SEF | 804 | 1:02:45 | 8,61 | 6:58 |
| 3822 | 4125 | VAN DE VELDE Pascale | 'S-GRAVENWEZEL | 47 | F45 | 138 | 1:02:45 | 8,61 | 6:58 |
| 3823 | 1188 | DE MEULDER Jeff | OUD-TURNHOUT | 15 | SEH | 938 | 1:02:46 | 8,60 | 6:58 |
| 3824 | 1607 | KEERSMAEKERS Dorien | DESSEL | 33 | SEF | 805 | 1:02:46 | 8,60 | 6:58 |
| 3825 | 4092 | KERSTENS Sandra | MERKSEM | 28 | SEF | 806 | 1:02:46 | 8,60 | 6:58 |
| 3826 | 4410 | DAMS Eline | DEURNE | 21 | SEF | 807 | 1:02:47 | 8,60 | 6:59 |
| 3827 | 1596 | D'ARDENNE Jan | RIJKEVORSEL | 43 | M40 | 287 | 1:02:47 | 8,60 | 6:59 |
| 3828 | 1858 | DUBELLOU Nick | MALLE | 26 | SEH | 939 | 1:02:47 | 8,60 | 6:59 |
| 3829 | 1606 | KEERSMAEKERS Caroline | DESSEL | 28 | SEF | 808 | 1:02:47 | 8,60 | 6:59 |
| 3830 | 4089 | SELS Katrien | MERKSEM | 31 | SEF | 809 | 1:02:47 | 8,60 | 6:59 |
| 3831 | 5313 | VERBEECK Ann | KRUIBEKE | 42 | F40 | 224 | 1:02:47 | 8,60 | 6:59 |
| 3832 | 5915 | SAPELKIN Oksana | LEUVEN | 29 | SEF | 810 | 1:02:48 | 8,60 | 6:59 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|----------------------|--------------------|-----|-----|-------|---------|------|---------|
| 3833 | 4380 | UYTDENHOUWEN Xenia | HOEVENEN | 19 | SEF | 811 | 1:02:48 | 8,60 | 6:59 |
| 3834 | 4543 | VLEMINCKX Tanja | PULDERBOS | 35 | F35 | 321 | 1:02:48 | 8,60 | 6:59 |
| 3835 | 5919 | HIGHTOWER Haven | GENVAL | 25 | SEF | 812 | 1:02:49 | 8,60 | 6:59 |
| 3836 | 3491 | PAESHUYS Annelies | KAPellen | 37 | F35 | 322 | 1:02:49 | 8,60 | 6:59 |
| 3837 | 2310 | VAN ROSSEM Silke | WIEZE | 24 | SEF | 813 | 1:02:49 | 8,60 | 6:59 |
| 3838 | 6241 | VLOEBERGHs Marijke | DEURNE | 42 | F40 | 225 | 1:02:49 | 8,60 | 6:59 |
| 3839 | 5294 | AERTS Tina | DENDERMONDE | 36 | F35 | 323 | 1:02:50 | 8,59 | 6:59 |
| 3840 | 4207 | DE BENS Rika | ZOERSEL | 45 | F45 | 139 | 1:02:50 | 8,59 | 6:59 |
| 3841 | 1360 | DE LEENHEER Vera | EKEREN | 54 | F50 | 73 | 1:02:50 | 8,59 | 6:59 |
| 3842 | 4379 | THOEN Jeroen | KAPellen | 22 | SEH | 940 | 1:02:50 | 8,59 | 6:59 |
| 3843 | 275 | DE KINDER Linda | ZELE | 43 | F40 | 226 | 1:02:51 | 8,59 | 6:59 |
| 3844 | 5930 | PROKUPKOVA Anna | LEUVEN | 24 | SEF | 814 | 1:02:51 | 8,59 | 6:59 |
| 3845 | 4381 | UYTDENHOUWEN Yannick | HOEVENEN | 23 | SEH | 941 | 1:02:51 | 8,59 | 6:59 |
| 3846 | 274 | VANSTEELANT Wouter | LOKEREN | 42 | M40 | 288 | 1:02:51 | 8,59 | 6:59 |
| 3847 | 1327 | BALS Nikki | HAASDONK | 21 | SEF | 815 | 1:02:52 | 8,59 | 6:59 |
| 3848 | 1557 | LEMMENS Inge | EKEREN | 51 | F50 | 74 | 1:02:52 | 8,59 | 6:59 |
| 3849 | 2840 | DESMET Maria | EKEREN | 62 | F60 | 10 | 1:02:53 | 8,59 | 6:59 |
| 3850 | 600 | LEERS Lara | MORTSEL | 17 | SEF | 816 | 1:02:53 | 8,59 | 6:59 |
| 3851 | 1478 | VAN CANT Chris | GROBBENDONK | 45 | F45 | 140 | 1:02:53 | 8,59 | 6:59 |
| 3852 | 3211 | BEULLENS Jan | BOORTMEERBEEK | 38 | M35 | 422 | 1:02:55 | 8,58 | 6:59 |
| 3853 | 6501 | MAGYAR Matyas | ANTWERPEN | 29 | SEH | 942 | 1:02:55 | 8,58 | 6:59 |
| 3854 | 2773 | OFFENBERG Kim | ZOERSEL | 37 | F35 | 324 | 1:02:55 | 8,58 | 6:59 |
| 3855 | 4763 | CALUWE Bruno | ANTWERPEN | 52 | M50 | 169 | 1:02:56 | 8,58 | 7:00 |
| 3856 | 4382 | EVENS Leen | SCHILDE | 35 | F35 | 325 | 1:02:56 | 8,58 | 7:00 |
| 3857 | 3851 | LECOINTRE Wendy | BREENDONK | 32 | SEF | 817 | 1:02:56 | 8,58 | 7:00 |
| 3858 | 6028 | VAN SCHAIK Rob | VORSELAAR | 57 | M55 | 91 | 1:02:56 | 8,58 | 7:00 |
| 3859 | 3850 | VANDEWALLE Catherine | BEIGEM | 53 | F50 | 75 | 1:02:57 | 8,58 | 7:00 |
| 3860 | 5122 | WOININ Daphne | KONTICH | 28 | SEF | 818 | 1:02:57 | 8,58 | 7:00 |
| 3861 | 2770 | CLAESSENS Els | ZOERSEL | 46 | F45 | 141 | 1:02:58 | 8,58 | 7:00 |
| 3862 | 5893 | GEYSEN Freddy | LILLE | 54 | M50 | 170 | 1:02:58 | 8,58 | 7:00 |
| 3863 | 4686 | GOVAERTS Lars | PAAL-BERINGEN | 30 | SEH | 943 | 1:02:58 | 8,58 | 7:00 |
| 3864 | 4225 | BERGES Nathalie | EKEREN | 42 | F40 | 227 | 1:02:59 | 8,57 | 7:00 |
| 3865 | 344 | SPITS Nathan | MOL | 12 | SEH | 944 | 1:02:59 | 8,57 | 7:00 |
| 3866 | 2775 | GARROUSSE Dirk | ZOERSEL | 49 | M45 | 271 | 1:03:00 | 8,57 | 7:00 |
| 3867 | 6445 | ORBAN Lynn | MALLE | 26 | SEF | 819 | 1:03:00 | 8,57 | 7:00 |
| 3868 | 2600 | DESMARETZ Marie | MERKSEM | 18 | SEF | 820 | 1:03:01 | 8,57 | 7:00 |
| 3869 | 1779 | DEWEERDT Mich | HOEGAARDEN | 37 | M35 | 423 | 1:03:01 | 8,57 | 7:00 |
| 3870 | 1326 | LEIRS Marijn | OLEN | 36 | F35 | 326 | 1:03:01 | 8,57 | 7:00 |
| 3871 | 4675 | STRAUVEN Carla | TESSENDERLO | 54 | F50 | 76 | 1:03:01 | 8,57 | 7:00 |
| 3872 | 1325 | VAL OLMEN Hilde | WESTERLO | 35 | F35 | 327 | 1:03:01 | 8,57 | 7:00 |
| 3873 | 6414 | VAN MEEL Jeroen | ESSEN | 13 | SEH | 945 | 1:03:01 | 8,57 | 7:00 |
| 3874 | 6415 | VERGAUWEN Peter | NIEUW VOSSEMEER | 37 | M35 | 424 | 1:03:01 | 8,57 | 7:00 |
| 3875 | 2603 | DESMARETZ Ben | MERKSEM | 43 | M40 | 289 | 1:03:02 | 8,57 | 7:00 |
| 3876 | 4674 | VERBOVEN Peter | HAM | 53 | M50 | 171 | 1:03:02 | 8,57 | 7:00 |
| 3877 | 5827 | DE RICHTER Frederik | RANST | 62 | M60 | 29 | 1:03:03 | 8,56 | 7:00 |
| 3878 | 2601 | FRANS Anke | MERKSEM | 38 | F35 | 328 | 1:03:03 | 8,56 | 7:00 |
| 3879 | 1466 | GORIS Ine | BERCHEM | 40 | F40 | 228 | 1:03:03 | 8,56 | 7:00 |
| 3880 | 4605 | SHEK Choi Tin | DEURNE | 27 | SEF | 821 | 1:03:03 | 8,56 | 7:00 |
| 3881 | 2906 | VANDERLINDEN Jessica | LEEFDAAL | 34 | SEF | 822 | 1:03:03 | 8,56 | 7:00 |
| 3882 | 5186 | D'HAESE Sarah | SINT-JOB-IN'T-GOOR | 27 | SEF | 823 | 1:03:04 | 8,56 | 7:00 |
| 3883 | 4048 | GODEFROID Nadège | SCHAERBEEK | 27 | SEF | 824 | 1:03:04 | 8,56 | 7:00 |
| 3884 | 4047 | VAN HELLEMONT Jonas | HUMBEEK | 34 | SEH | 946 | 1:03:04 | 8,56 | 7:00 |
| 3885 | 4291 | WUYTS Vicky | WOMMELGEM | 31 | SEF | 825 | 1:03:05 | 8,56 | 7:01 |
| 3886 | 3153 | SONNEMANS Hetty | BLAASVELD | 42 | F40 | 229 | 1:03:06 | 8,56 | 7:01 |
| 3887 | 1846 | VAN GASTEL Wim | SCHOTEN | 32 | SEH | 947 | 1:03:06 | 8,56 | 7:01 |
| 3888 | 5768 | BIESEMANS Stefan | EKEREN | 39 | M35 | 425 | 1:03:07 | 8,56 | 7:01 |
| 3889 | 1845 | CARDOEN Kitty | SCHOTEN | 33 | SEF | 826 | 1:03:07 | 8,56 | 7:01 |
| 3890 | 708 | BAERT Catherine | DEURNE | 48 | F45 | 142 | 1:03:08 | 8,55 | 7:01 |
| 3891 | 2599 | DESMARETZ Robbe | MERKSEM | 17 | SEH | 948 | 1:03:08 | 8,55 | 7:01 |
| 3892 | 3152 | LEMMENS Kevin | BLAASVELD | 41 | M40 | 290 | 1:03:08 | 8,55 | 7:01 |
| 3893 | 3602 | ROMBAUT Dimitri | BELSELE | 26 | SEH | 949 | 1:03:08 | 8,55 | 7:01 |
| 3894 | 5698 | DERDEN Ine | EKEREN | 42 | F40 | 230 | 1:03:09 | 8,55 | 7:01 |
| 3895 | 1928 | HAUGE Sean | SCHOTEN | 29 | SEH | 950 | 1:03:09 | 8,55 | 7:01 |
| 3896 | 3951 | HERMANS Bieke | LIER | 42 | F40 | 231 | 1:03:09 | 8,55 | 7:01 |
| 3897 | 3463 | HILKENS Albert | REET | 62 | M60 | 30 | 1:03:09 | 8,55 | 7:01 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|----------------------|-----|-----|-------|---------|------|---------|
| 3898 | 1366 | KVASNYTSIA Maryna | WILSELE | 32 | SEF | 827 | 1:03:10 | 8,55 | 7:01 |
| 3899 | 1367 | OLKHOVSKYY Oleh | WILSELE | 33 | SEH | 951 | 1:03:10 | 8,55 | 7:01 |
| 3900 | 2524 | VERHOEVEN Tom | EDEGEM | 39 | M35 | 426 | 1:03:10 | 8,55 | 7:01 |
| 3901 | 157 | VERHEGGEN Michèle | BRASSCHAAT | 44 | F40 | 232 | 1:03:11 | 8,55 | 7:01 |
| 3902 | 2778 | LOOS Eva | ZOERSEL | 35 | F35 | 329 | 1:03:12 | 8,54 | 7:01 |
| 3903 | 3596 | SERVAES Monique | BOECKHOUT | 43 | F40 | 233 | 1:03:12 | 8,54 | 7:01 |
| 3904 | 1346 | SPELTINCX Sylvie | BRASSCHAAT | 49 | F45 | 143 | 1:03:12 | 8,54 | 7:01 |
| 3905 | 3577 | VERACHTERT Wim | ZOERSEL | 49 | M45 | 272 | 1:03:12 | 8,54 | 7:01 |
| 3906 | 2016 | TEUNEN Peter | DEURNE | 37 | M35 | 427 | 1:03:13 | 8,54 | 7:01 |
| 3907 | 6239 | DE WEERDT Gregory | BORSBEEK | 27 | SEH | 952 | 1:03:14 | 8,54 | 7:02 |
| 3908 | 1444 | HAESAERTS Kaat | EKEREN | 42 | F40 | 234 | 1:03:14 | 8,54 | 7:02 |
| 3909 | 3416 | KONGFHUN Saengchan | NIJLEN | 47 | F45 | 144 | 1:03:14 | 8,54 | 7:02 |
| 3910 | 3417 | STROBBE Geert | NIJLEN | 45 | M45 | 273 | 1:03:14 | 8,54 | 7:02 |
| 3911 | 3156 | DE VOLDER Rommy | KESSEL | 30 | SEF | 828 | 1:03:15 | 8,54 | 7:02 |
| 3912 | 6105 | VAN DRIEL Barry | POORTVLIET | 42 | M40 | 291 | 1:03:15 | 8,54 | 7:02 |
| 3913 | 234 | VERHAGEN Evi | BORGERHOUT | 27 | SEF | 829 | 1:03:15 | 8,54 | 7:02 |
| 3914 | 6041 | BOSSCHAERTS Stéphanie | MORTSEL | 26 | SEF | 830 | 1:03:16 | 8,54 | 7:02 |
| 3915 | 6595 | DESMEDT Jan-Baptist | RUPELMONDE | 29 | SEH | 953 | 1:03:16 | 8,54 | 7:02 |
| 3916 | 881 | VAN DEN EYNDEN Jill | BRASSCHAAT | 25 | SEF | 831 | 1:03:16 | 8,54 | 7:02 |
| 3917 | 4007 | VAN DER SCHRAELEN Chloë | PULDERBOS | 21 | SEF | 832 | 1:03:16 | 8,54 | 7:02 |
| 3918 | 4004 | RIEMIS Noreen | ZOERSEL | 22 | SEF | 833 | 1:03:17 | 8,53 | 7:02 |
| 3919 | 284 | BORMS Madhuri | HOEVENEN | 27 | SEF | 834 | 1:03:20 | 8,53 | 7:02 |
| 3920 | 3733 | GOVAERTS Mathias | BOECHOUT | 29 | SEH | 954 | 1:03:20 | 8,53 | 7:02 |
| 3921 | 4754 | DE CLERCK Robin | RETIE | 40 | M40 | 292 | 1:03:21 | 8,52 | 7:02 |
| 3922 | 3729 | MEIRELEIRE Dirk | TEMSE | 38 | M35 | 428 | 1:03:21 | 8,52 | 7:02 |
| 3923 | 3735 | VERLINDEN Glen | RIJKEVORSEL | 26 | SEH | 955 | 1:03:21 | 8,52 | 7:02 |
| 3924 | 5049 | ABRATH Margo | STABROEK | 28 | SEF | 835 | 1:03:22 | 8,52 | 7:02 |
| 3925 | 5045 | BROECKX Elien | GIERLE | 26 | SEF | 836 | 1:03:22 | 8,52 | 7:02 |
| 3926 | 4562 | DE RIDDER Laury | DENDERMONDE | 35 | F35 | 330 | 1:03:22 | 8,52 | 7:02 |
| 3927 | 4781 | BOSSAERTS Kato | ANTWERPEN | 23 | SEF | 837 | 1:03:23 | 8,52 | 7:03 |
| 3928 | 3325 | JENNES Eddy | HOEVENEN | 54 | M50 | 172 | 1:03:23 | 8,52 | 7:03 |
| 3929 | 778 | COLÉ Els | KORTENBERG | 41 | F40 | 235 | 1:03:24 | 8,52 | 7:03 |
| 3930 | 4561 | CREYF Glenn | WONDELGEM | 43 | M40 | 293 | 1:03:24 | 8,52 | 7:03 |
| 3931 | 3323 | SMET Sandra | HOEVENEN | 40 | F40 | 236 | 1:03:24 | 8,52 | 7:03 |
| 3932 | 6115 | VERBRUGGEN An | BOOM | 35 | F35 | 331 | 1:03:24 | 8,52 | 7:03 |
| 3933 | 4782 | VERMEIRE Jens | ANTWERPEN | 30 | SEH | 956 | 1:03:24 | 8,52 | 7:03 |
| 3934 | 6892 | WAUTERS Marieke | NOSSEGEM | 25 | SEF | 838 | 1:03:24 | 8,52 | 7:03 |
| 3935 | 2487 | COP Martine | ZOERSEL | 51 | F50 | 77 | 1:03:25 | 8,52 | 7:03 |
| 3936 | 780 | DAMAN Ben | KORTENBERG | 52 | M50 | 173 | 1:03:25 | 8,52 | 7:03 |
| 3937 | 3732 | DE WILDE Bart | LIER | 30 | SEH | 957 | 1:03:25 | 8,52 | 7:03 |
| 3938 | 48 | VERBAETEN Annemie | KESSEL-LO | 38 | F35 | 332 | 1:03:26 | 8,51 | 7:03 |
| 3939 | 1369 | SEELS Catherine | HOVE | 49 | F45 | 145 | 1:03:27 | 8,51 | 7:03 |
| 3940 | 2355 | DAVIES Paul | ETTERBEEK | 34 | SEH | 958 | 1:03:28 | 8,51 | 7:03 |
| 3941 | 2783 | DE BACKER Tom | EKEREN | 34 | SEH | 959 | 1:03:28 | 8,51 | 7:03 |
| 3942 | 4398 | DE GRAEVE Jody | TERNAT | 36 | M35 | 429 | 1:03:28 | 8,51 | 7:03 |
| 3943 | 1368 | GIEDTS Els | BOECHOUT | 51 | F50 | 78 | 1:03:28 | 8,51 | 7:03 |
| 3944 | 5530 | SCHOUWENAARS Caroline | LEUVEN | 37 | F35 | 333 | 1:03:29 | 8,51 | 7:03 |
| 3945 | 5611 | STEIGER Karin | KAPellen | 51 | F50 | 79 | 1:03:29 | 8,51 | 7:03 |
| 3946 | 2704 | VAN ASSCHE Ron | DEURNE | 57 | M55 | 92 | 1:03:29 | 8,51 | 7:03 |
| 3947 | 5755 | VAN KEER Noella | SCHOTEN | 56 | F55 | 41 | 1:03:29 | 8,51 | 7:03 |
| 3948 | 3041 | VRIENS Hanne | BERCHEM | 26 | SEF | 839 | 1:03:29 | 8,51 | 7:03 |
| 3949 | 5492 | BOEYNAEMS Anouk | GROBBENDONK | 37 | F35 | 334 | 1:03:30 | 8,50 | 7:03 |
| 3950 | 3948 | DE VOS Ann | LIER | 44 | F40 | 237 | 1:03:30 | 8,50 | 7:03 |
| 3951 | 5489 | FEYENS Laure-Anne | NIEL | 37 | F35 | 335 | 1:03:30 | 8,50 | 7:03 |
| 3952 | 5180 | KIEKENS Kelly | SINT-KATELIJNE-WAVER | 33 | SEF | 840 | 1:03:30 | 8,50 | 7:03 |
| 3953 | 613 | MORTELMANS Emma | DEURNE | 13 | SEF | 841 | 1:03:30 | 8,50 | 7:03 |
| 3954 | 401 | REMES Barbara | DEURNE | 45 | F45 | 146 | 1:03:30 | 8,50 | 7:03 |
| 3955 | 2356 | TESAROVA Adela | ETTERBEEK | 36 | F35 | 336 | 1:03:30 | 8,50 | 7:03 |
| 3956 | 1430 | VAN DEN BOSCH Charlotte | PUTTE | 26 | SEF | 842 | 1:03:30 | 8,50 | 7:03 |
| 3957 | 6240 | HERNAERT Naomi | BORSBEEK | 27 | SEF | 843 | 1:03:31 | 8,50 | 7:03 |
| 3958 | 3472 | MEYNTJENS Zoran | ZWIJNDRECHT | 26 | SEH | 960 | 1:03:31 | 8,50 | 7:03 |
| 3959 | 3779 | VAN HERCK Kleffi | ARENDONK | 26 | SEF | 844 | 1:03:31 | 8,50 | 7:03 |
| 3960 | 5874 | VAN LEEMPUT Hans | DEURNE | 45 | M45 | 274 | 1:03:31 | 8,50 | 7:03 |
| 3961 | 6569 | WARPY Lien | PUTTE | 24 | SEF | 845 | 1:03:31 | 8,50 | 7:03 |
| 3962 | 2104 | BAUMER Goele | EDEGEM | 33 | SEF | 846 | 1:03:32 | 8,50 | 7:04 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|----------------|-----|-----|-------|---------|------|---------|
| 3963 | 2910 | DEKELVER Bert | LEEFDAAL | 35 | M35 | 430 | 1:03:32 | 8,50 | 7:04 |
| 3964 | 3824 | MALLEJAC Nicolas | IXELLES | 34 | SEH | 961 | 1:03:32 | 8,50 | 7:04 |
| 3965 | 5777 | PICARD Evelyne | MERKSEM | 26 | SEF | 847 | 1:03:32 | 8,50 | 7:04 |
| 3966 | 750 | VAN HOOFF Veerle | BEERVELDE | 46 | F45 | 147 | 1:03:32 | 8,50 | 7:04 |
| 3967 | 4496 | VAN TENDELOO Sari | MERKSEM | 26 | SEF | 848 | 1:03:32 | 8,50 | 7:04 |
| 3968 | 3815 | VANDAELE Sonja | BRUSSEL | 30 | SEF | 849 | 1:03:32 | 8,50 | 7:04 |
| 3969 | 5774 | DRIES Inge | NOORDERWIJK | 34 | SEF | 850 | 1:03:33 | 8,50 | 7:04 |
| 3970 | 3419 | FRANS Ann | PUTTE | 40 | F40 | 238 | 1:03:33 | 8,50 | 7:04 |
| 3971 | 3783 | HORSTING Sien | ARENDONK | 25 | SEF | 851 | 1:03:33 | 8,50 | 7:04 |
| 3972 | 1811 | RAEYMAEKERS Jill | BERCHEM | 29 | SEF | 852 | 1:03:33 | 8,50 | 7:04 |
| 3973 | 3560 | VAN LOOVEREN Corinne | ANTWERPEN | 16 | SEF | 853 | 1:03:33 | 8,50 | 7:04 |
| 3974 | 6045 | VISSERS Ethel | BERCHEM | 40 | F40 | 239 | 1:03:33 | 8,50 | 7:04 |
| 3975 | 3927 | HERSSENS Stephanie | BAASRODE | 29 | SEF | 854 | 1:03:34 | 8,50 | 7:04 |
| 3976 | 3471 | VERHAERT Tiffany | SCHOTEN | 30 | SEF | 855 | 1:03:34 | 8,50 | 7:04 |
| 3977 | 4050 | BELMANS Stijn | WESTERLO | 33 | SEH | 962 | 1:03:35 | 8,49 | 7:04 |
| 3978 | 4510 | DE BRUYN Wendy | DEURNE | 34 | SEF | 856 | 1:03:35 | 8,49 | 7:04 |
| 3979 | 4473 | HOFKENS Lisbeth | WUUSTWEZEL | 33 | SEF | 857 | 1:03:35 | 8,49 | 7:04 |
| 3980 | 3949 | LEMBRECHTS Nicky | LIER | 39 | F35 | 337 | 1:03:35 | 8,49 | 7:04 |
| 3981 | 3314 | VAN SPAENDONK Manuella | ANTWERPEN | 44 | F40 | 240 | 1:03:35 | 8,49 | 7:04 |
| 3982 | 4049 | VERHEIJEN Leonie | WECHELDERZANDE | 22 | SEF | 858 | 1:03:35 | 8,49 | 7:04 |
| 3983 | 3924 | PHILIPS Anneleen | MOERZEKE | 36 | F35 | 338 | 1:03:36 | 8,49 | 7:04 |
| 3984 | 5661 | SOETEWEEY Ilse | KONTICH | 47 | F45 | 148 | 1:03:36 | 8,49 | 7:04 |
| 3985 | 6474 | VAN DEN BROUCKE Sofie | HERENT | 24 | SEF | 859 | 1:03:36 | 8,49 | 7:04 |
| 3986 | 3957 | VAN DER LINDEN Noortje | ANTWERPEN | 42 | F40 | 241 | 1:03:36 | 8,49 | 7:04 |
| 3987 | 4471 | VOETEN Sam | MERKSEM | 27 | SEH | 963 | 1:03:36 | 8,49 | 7:04 |
| 3988 | 4470 | WEYERS Karianne | BRUSSEL | 25 | SEF | 860 | 1:03:36 | 8,49 | 7:04 |
| 3989 | 6172 | ANDRIESSEN Lotte | HERK-DE-STAD | 16 | SEF | 861 | 1:03:37 | 8,49 | 7:04 |
| 3990 | 4888 | DIELS Kathleen | VLIMMEREN | 32 | SEF | 862 | 1:03:37 | 8,49 | 7:04 |
| 3991 | 4396 | HARDY Katinka | BILZEN | 38 | F35 | 339 | 1:03:37 | 8,49 | 7:04 |
| 3992 | 5346 | POULUS Barbara | ASSE | 37 | F35 | 340 | 1:03:37 | 8,49 | 7:04 |
| 3993 | 4395 | WIJENBERGH Susanne | BILZEN | 40 | F40 | 242 | 1:03:37 | 8,49 | 7:04 |
| 3994 | 6165 | COPERMANS Ella | HERK-DE-STAD | 16 | SEF | 863 | 1:03:38 | 8,49 | 7:04 |
| 3995 | 5156 | DEBRUYNE Erik | EDEGEM | 51 | M50 | 174 | 1:03:38 | 8,49 | 7:04 |
| 3996 | 1972 | DECKERS Marleen | HEFFEN | 32 | SEF | 864 | 1:03:38 | 8,49 | 7:04 |
| 3997 | 4887 | KERSTENS Ely | RAVELS | 35 | F35 | 341 | 1:03:38 | 8,49 | 7:04 |
| 3998 | 5130 | BEKERS An | EDEGEM | 49 | F45 | 149 | 1:03:39 | 8,48 | 7:04 |
| 3999 | 5850 | COPPENS Hannah | HALLE-ZOERSEL | 16 | SEF | 865 | 1:03:39 | 8,48 | 7:04 |
| 4000 | 4058 | DE ROUCK Inge | BRUSSEL | 26 | SEF | 866 | 1:03:39 | 8,48 | 7:04 |
| 4001 | 5359 | HERMAN Sarah | SAINT-GILLES | 30 | SEF | 867 | 1:03:39 | 8,48 | 7:04 |
| 4002 | 4457 | KHAN Ali | ANTWERPEN | 27 | SEH | 964 | 1:03:39 | 8,48 | 7:04 |
| 4003 | 5312 | MALLENTJER Nicolas | BORGERHOUT | 31 | SEH | 965 | 1:03:39 | 8,48 | 7:04 |
| 4004 | 3755 | MOSTIEN Annemie | REET | 29 | SEF | 868 | 1:03:39 | 8,48 | 7:04 |
| 4005 | 2305 | VANDERROOST Mieke | ASSE | 43 | F40 | 243 | 1:03:39 | 8,48 | 7:04 |
| 4006 | 3073 | BELLON Hannelore | HERENT | 25 | SEF | 869 | 1:03:40 | 8,48 | 7:04 |
| 4007 | 457 | PUTTENAERS Caroline | WILRIJK | 31 | SEF | 870 | 1:03:40 | 8,48 | 7:04 |
| 4008 | 5986 | VAN LERBERGHE Eline | HALLE- ZOERSEL | 16 | SEF | 871 | 1:03:40 | 8,48 | 7:04 |
| 4009 | 4472 | RAEYMAEKERS Valeska | WUUSTWEZEL | 37 | F35 | 342 | 1:03:41 | 8,48 | 7:05 |
| 4010 | 5956 | SOETEWEEY Charlotte | ZOERSEL | 16 | SEF | 872 | 1:03:41 | 8,48 | 7:05 |
| 4011 | 6205 | VERHAERT Mara | BEERSE | 15 | SEF | 873 | 1:03:41 | 8,48 | 7:05 |
| 4012 | 1435 | DEMAN Rose | DEURNE | 13 | SEF | 874 | 1:03:42 | 8,48 | 7:05 |
| 4013 | 2732 | VAN BASTELAER Jef | SCHOTEN | 13 | SEH | 966 | 1:03:42 | 8,48 | 7:05 |
| 4014 | 3784 | VAN DEUREN Jasper | ARENDONK | 29 | SEH | 967 | 1:03:42 | 8,48 | 7:05 |
| 4015 | 2873 | LIEVENS Kim | SINT-NIKLAAS | 28 | SEF | 875 | 1:03:43 | 8,48 | 7:05 |
| 4016 | 3430 | ROOSEMEYERS Luna | WIJNEGEM | 14 | SEF | 876 | 1:03:43 | 8,48 | 7:05 |
| 4017 | 1962 | SCHEERS Steven | HEFFEN | 43 | M40 | 294 | 1:03:43 | 8,48 | 7:05 |
| 4018 | 1071 | SNOEYS Jan | WESTMALLE | 37 | M35 | 431 | 1:03:43 | 8,48 | 7:05 |
| 4019 | 5858 | VAN EYCK Gilbert | HERENTALS | 68 | M65 | 7 | 1:03:43 | 8,48 | 7:05 |
| 4020 | 4057 | VAN TULDEN Kim | HOUTVENNE | 33 | SEH | 968 | 1:03:43 | 8,48 | 7:05 |
| 4021 | 1073 | CHRISTIANEN Frank | WESTMALLE | 36 | M35 | 432 | 1:03:44 | 8,47 | 7:05 |
| 4022 | 4056 | VAN GAAL Martien | HOUTVENNE | 28 | SEF | 877 | 1:03:44 | 8,47 | 7:05 |
| 4023 | 6505 | STEURS Koen | DUFFEL | 36 | M35 | 433 | 1:03:45 | 8,47 | 7:05 |
| 4024 | 4907 | VAN HOOFF Julia | WIEKEVORST | 53 | F50 | 80 | 1:03:45 | 8,47 | 7:05 |
| 4025 | 4401 | BUSSELS Luc | ZONHOVEN | 54 | M50 | 175 | 1:03:46 | 8,47 | 7:05 |
| 4026 | 663 | DE CLERCQ Jan | BOECHOUT | 41 | M40 | 295 | 1:03:46 | 8,47 | 7:05 |
| 4027 | 1560 | MEYLEMANS Hilde | HERENTHOUT | 56 | F55 | 42 | 1:03:46 | 8,47 | 7:05 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|---------------|-----|-----|-------|---------|------|---------|
| 4028 | 3578 | BULCKE Philip | ZOERSEL | 47 | M45 | 275 | 1:03:47 | 8,47 | 7:05 |
| 4029 | 153 | DECOCK Regine | BEKKEVOORT | 47 | F45 | 150 | 1:03:47 | 8,47 | 7:05 |
| 4030 | 1833 | GIELIS Sandra | EPPEGEM | 37 | F35 | 343 | 1:03:47 | 8,47 | 7:05 |
| 4031 | 4545 | VERWIMP Geertrui | LIER | 39 | F35 | 344 | 1:03:47 | 8,47 | 7:05 |
| 4032 | 741 | DIERICKX Wendy | BEKKEVOORT | 39 | F35 | 345 | 1:03:48 | 8,46 | 7:05 |
| 4033 | 507 | GOVAERTS Eline | WOMMELGEM | 27 | SEF | 878 | 1:03:48 | 8,46 | 7:05 |
| 4034 | 1087 | JOOSSEN Katrien | KAPELLEN | 34 | SEF | 879 | 1:03:48 | 8,46 | 7:05 |
| 4035 | 6504 | SCHEPERS Evelien | DUFFEL | 27 | SEF | 880 | 1:03:48 | 8,46 | 7:05 |
| 4036 | 4886 | LORRENTOP Tom | AARTSELAAR | 36 | M35 | 434 | 1:03:49 | 8,46 | 7:05 |
| 4037 | 4839 | VAN ACKER Frederik | DEURNE | 35 | M35 | 435 | 1:03:50 | 8,46 | 7:06 |
| 4038 | 565 | CUYPERS Marleen | BORGERHOUT | 50 | F50 | 81 | 1:03:51 | 8,46 | 7:06 |
| 4039 | 5330 | DE GUCHTENAERE An | KESSEL-LO | 36 | F35 | 346 | 1:03:51 | 8,46 | 7:06 |
| 4040 | 5810 | GANDIBLEUX Aurelie | HALLE | 23 | SEF | 881 | 1:03:51 | 8,46 | 7:06 |
| 4041 | 1070 | DE RIDDER Els | WESTMALLE | 37 | F35 | 347 | 1:03:52 | 8,46 | 7:06 |
| 4042 | 5437 | DICKENS Charlotte | ITEGEM | 25 | SEF | 882 | 1:03:52 | 8,46 | 7:06 |
| 4043 | 1835 | SPOELDERS Marika | EPPEGEM | 45 | F45 | 151 | 1:03:52 | 8,46 | 7:06 |
| 4044 | 4051 | VAN OPSTAL Frank | ANTWERPEN | 33 | SEH | 969 | 1:03:52 | 8,46 | 7:06 |
| 4045 | 4463 | WEYERS Ilke | BRUSSEL | 27 | SEF | 883 | 1:03:52 | 8,46 | 7:06 |
| 4046 | 5351 | D'ANTONI Sylvie | AARTSELAAR | 35 | F35 | 348 | 1:03:53 | 8,45 | 7:06 |
| 4047 | 5809 | DE DOBBELEER Severine | HALLE | 26 | SEF | 884 | 1:03:53 | 8,45 | 7:06 |
| 4048 | 5438 | MEYSSEN Jolien | EKSEL | 21 | SEF | 885 | 1:03:53 | 8,45 | 7:06 |
| 4049 | 4840 | TYSMANS Daisy | DEURNE | 34 | SEF | 886 | 1:03:53 | 8,45 | 7:06 |
| 4050 | 270 | LAURYSSSEN Nadia | WUUSTWEZEL | 47 | F45 | 152 | 1:03:54 | 8,45 | 7:06 |
| 4051 | 3481 | DAMS Kurt | PULLE | 49 | M45 | 276 | 1:03:55 | 8,45 | 7:06 |
| 4052 | 4915 | GOEDEMÉ Pieter | BERCHEM | 30 | SEH | 970 | 1:03:55 | 8,45 | 7:06 |
| 4053 | 4928 | MELSE Lynn | VREMDE | 25 | SEF | 887 | 1:03:55 | 8,45 | 7:06 |
| 4054 | 1069 | VAN AKEN Frederik | WESTMALLE | 36 | M35 | 436 | 1:03:55 | 8,45 | 7:06 |
| 4055 | 4914 | VAN EEMEREN Katrien | ANTWERPEN | 29 | SEF | 888 | 1:03:55 | 8,45 | 7:06 |
| 4056 | 1072 | BONNE Barbara | WESTMALLE | 34 | SEF | 889 | 1:03:56 | 8,45 | 7:06 |
| 4057 | 3482 | BRYSSINCK Kathleen | PULLE | 47 | F45 | 153 | 1:03:56 | 8,45 | 7:06 |
| 4058 | 1364 | DUPONT Johnny | STEKENE | 41 | M40 | 296 | 1:03:57 | 8,44 | 7:06 |
| 4059 | 4885 | RYPENS Laura | AARTSELAAR | 34 | SEF | 890 | 1:03:57 | 8,44 | 7:06 |
| 4060 | 2547 | VAN DE WOUWER Sofie | OLEN | 22 | SEF | 891 | 1:03:57 | 8,44 | 7:06 |
| 4061 | 805 | VAN DER AUWERA Maaïke | NIEL | 30 | SEF | 892 | 1:03:57 | 8,44 | 7:06 |
| 4062 | 4432 | VANZEIR Erwin | KAPELLEN | 39 | M35 | 437 | 1:03:57 | 8,44 | 7:06 |
| 4063 | 5413 | BAEYENS Lauren | ANTWERPEN | 24 | SEF | 893 | 1:03:58 | 8,44 | 7:06 |
| 4064 | 5989 | BENOEY Wim | ZWIJNDRECHT | 24 | SEH | 971 | 1:03:58 | 8,44 | 7:06 |
| 4065 | 4487 | JACOBS Wendy | ZANDHOVEN | 40 | F40 | 244 | 1:03:58 | 8,44 | 7:06 |
| 4066 | 5414 | QUIRIJNEN Lynn | ANTWERPEN | 24 | SEF | 894 | 1:03:58 | 8,44 | 7:06 |
| 4067 | 4942 | VAN LEUVEN Melissa | ANTWERPEN | 26 | SEF | 895 | 1:03:58 | 8,44 | 7:06 |
| 4068 | 5338 | HENDERICKX Guy | LIER | 48 | M45 | 277 | 1:03:59 | 8,44 | 7:07 |
| 4069 | 3826 | VERWIMP Susy | WESTERLO | 44 | F40 | 245 | 1:03:59 | 8,44 | 7:07 |
| 4070 | 6925 | HEYLEN Marleen | DUINBERGEN | 52 | F50 | 82 | 1:04:00 | 8,44 | 7:07 |
| 4071 | 5053 | HOLSTERS Levi | MERKSEM | 21 | SEH | 972 | 1:04:00 | 8,44 | 7:07 |
| 4072 | 8 | JOOS Sophie | EDEGEM | 26 | SEF | 896 | 1:04:00 | 8,44 | 7:07 |
| 4073 | 3969 | VAN DOREN Wim | PUURS | 42 | M40 | 297 | 1:04:00 | 8,44 | 7:07 |
| 4074 | 4118 | ANNAERT Jonas | BRECHT | 25 | SEH | 973 | 1:04:01 | 8,44 | 7:07 |
| 4075 | 5078 | DE HOOGE Kaat | MOERBEKE-WAAS | 36 | F35 | 349 | 1:04:01 | 8,44 | 7:07 |
| 4076 | 6924 | HEYLEN Ann | REET | 51 | F50 | 83 | 1:04:01 | 8,44 | 7:07 |
| 4077 | 2912 | JOHNSON Veerle | KAPELLEN | 44 | F40 | 246 | 1:04:01 | 8,44 | 7:07 |
| 4078 | 3968 | ROOFTHOFT Kathy | PUURS | 42 | F40 | 247 | 1:04:01 | 8,44 | 7:07 |
| 4079 | 5416 | SALDEN Tanith | ANTWERPEN | 24 | SEF | 897 | 1:04:01 | 8,44 | 7:07 |
| 4080 | 3793 | THERÉ Joke | HOBOKEN | 20 | SEF | 898 | 1:04:01 | 8,44 | 7:07 |
| 4081 | 4063 | VERMEULEN Jan | BAZEL | 35 | M35 | 438 | 1:04:01 | 8,44 | 7:07 |
| 4082 | 269 | JACOBS Heidi | WUUSTWEZEL | 41 | F40 | 248 | 1:04:02 | 8,43 | 7:07 |
| 4083 | 5433 | JENNÉ Thomas | MERKSEM | 21 | SEH | 974 | 1:04:02 | 8,43 | 7:07 |
| 4084 | 219 | NEYS Kathleen | BRASSCHAAT | 42 | F40 | 249 | 1:04:02 | 8,43 | 7:07 |
| 4085 | 1678 | VAN PUYENBROECK Sara | BAZEL | 35 | F35 | 350 | 1:04:02 | 8,43 | 7:07 |
| 4086 | 5952 | VAN ROMPAEY Marie | HEINDONK | 49 | F45 | 154 | 1:04:02 | 8,43 | 7:07 |
| 4087 | 5988 | AUDENAERDT Demi | GROBBENDONK | 20 | SEF | 899 | 1:04:03 | 8,43 | 7:07 |
| 4088 | 3882 | VAN ASBROECK Vicky | ANTWERPEN | 35 | F35 | 351 | 1:04:03 | 8,43 | 7:07 |
| 4089 | 6132 | VAN GELDER Patrick | AVERBODE | 55 | M55 | 93 | 1:04:03 | 8,43 | 7:07 |
| 4090 | 2706 | BOSMANS Derek | LIER | 53 | M50 | 176 | 1:04:04 | 8,43 | 7:07 |
| 4091 | 3155 | DE LAET Michèle | BRUSSEL | 54 | F50 | 84 | 1:04:04 | 8,43 | 7:07 |
| 4092 | 5118 | VERHEGGHEN Vanessa | MOERBEKE WAAS | 34 | SEF | 900 | 1:04:04 | 8,43 | 7:07 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|----------------------|-----|-----|-------|---------|------|---------|
| 4093 | 2003 | BLOMMAERT Ivo | MELSELE | 43 | M40 | 298 | 1:04:05 | 8,43 | 7:07 |
| 4094 | 2708 | COLE Marcel | LIER | 48 | M45 | 278 | 1:04:05 | 8,43 | 7:07 |
| 4095 | 5230 | LEFÈVRE Guillaume | EDEGEM | 35 | M35 | 439 | 1:04:05 | 8,43 | 7:07 |
| 4096 | 1959 | LODEWYCKX Niek | ANTWERPEN | 28 | SEH | 975 | 1:04:05 | 8,43 | 7:07 |
| 4097 | 3827 | MANGELSCHOTS Karin | LAAKDAL | 45 | F45 | 155 | 1:04:05 | 8,43 | 7:07 |
| 4098 | 2018 | SIEMONS May | ESSEN | 54 | F50 | 85 | 1:04:05 | 8,43 | 7:07 |
| 4099 | 55 | MOERBEEK Jurgen | MERKSEM | 42 | M40 | 299 | 1:04:06 | 8,42 | 7:07 |
| 4100 | 2714 | NEVEJANS Pieter | GENT | 35 | M35 | 440 | 1:04:06 | 8,42 | 7:07 |
| 4101 | 5177 | ROGGE Bianca | MECHELEN | 42 | F40 | 250 | 1:04:06 | 8,42 | 7:07 |
| 4102 | 5178 | SCHOOVAERTS Sylvie | SINT-KATELIJNE-WAVER | 34 | SEF | 901 | 1:04:06 | 8,42 | 7:07 |
| 4103 | 4119 | VEN Maike | BRECHT | 25 | SEF | 902 | 1:04:06 | 8,42 | 7:07 |
| 4104 | 5990 | BENOY Jaimie | MERKSEM | 24 | SEH | 976 | 1:04:07 | 8,42 | 7:07 |
| 4105 | 2709 | DE BACKER Pegie | LIER | 43 | F40 | 251 | 1:04:07 | 8,42 | 7:07 |
| 4106 | 495 | DE MEY Bart | HOBOKEN | 37 | M35 | 441 | 1:04:07 | 8,42 | 7:07 |
| 4107 | 2710 | LAUREYS Martine | BORSBEEK | 50 | F50 | 86 | 1:04:07 | 8,42 | 7:07 |
| 4108 | 679 | NIELANDT Micha | SINT NIKLAAS | 44 | F40 | 252 | 1:04:07 | 8,42 | 7:07 |
| 4109 | 5296 | WUYTACK Samantha | MOERBEKE | 30 | SEF | 903 | 1:04:07 | 8,42 | 7:07 |
| 4110 | 5165 | FLEURBAY Timothy | DEURNE | 32 | SEH | 977 | 1:04:08 | 8,42 | 7:08 |
| 4111 | 671 | KEUNEN Denise | BAZEL | 55 | F55 | 43 | 1:04:08 | 8,42 | 7:08 |
| 4112 | 5481 | MASON Matthew | BRUSSELS | 28 | SEH | 978 | 1:04:08 | 8,42 | 7:08 |
| 4113 | 4455 | STRUYF Tine | ANTWERPEN | 30 | SEF | 904 | 1:04:08 | 8,42 | 7:08 |
| 4114 | 4393 | DAGELINCKX Bart | BORSBEEK | 32 | SEH | 979 | 1:04:09 | 8,42 | 7:08 |
| 4115 | 5072 | FROYEN Brenda | MOERBEKE | 37 | F35 | 352 | 1:04:09 | 8,42 | 7:08 |
| 4116 | 5650 | RENDERS Evi | ANTWERPEN | 30 | SEF | 905 | 1:04:09 | 8,42 | 7:08 |
| 4117 | 4684 | SCHEERENS Myriam | HOUTVENNE | 56 | F55 | 44 | 1:04:09 | 8,42 | 7:08 |
| 4118 | 5355 | VAN DEN BROECKE Silke | BRECHT | 22 | SEF | 906 | 1:04:09 | 8,42 | 7:08 |
| 4119 | 4120 | VAN GINHOVEN Marleen | BRECHT | 51 | F50 | 87 | 1:04:09 | 8,42 | 7:08 |
| 4120 | 4425 | VERHASSELT Anthony | ANTWERPEN | 24 | SEH | 980 | 1:04:09 | 8,42 | 7:08 |
| 4121 | 5428 | BOGAERT Wout | AARTSELAAR | 29 | SEH | 981 | 1:04:10 | 8,42 | 7:08 |
| 4122 | 5634 | MICHELS Marianne | HAACHT | 24 | SEF | 907 | 1:04:10 | 8,42 | 7:08 |
| 4123 | 6100 | PINTENS Jill | ANTWERPEN | 27 | SEF | 908 | 1:04:10 | 8,42 | 7:08 |
| 4124 | 2707 | VERBRUGGEN David | LIER | 44 | M40 | 300 | 1:04:10 | 8,42 | 7:08 |
| 4125 | 3483 | BLOMMAERT Fien | MELSELE | 12 | SEF | 909 | 1:04:11 | 8,41 | 7:08 |
| 4126 | 5480 | MORRISON-KNIGHT James | BRUSSELS | 22 | SEH | 982 | 1:04:11 | 8,41 | 7:08 |
| 4127 | 2167 | VAN DER PLAS Evi | MERCHTEM | 25 | SEF | 910 | 1:04:11 | 8,41 | 7:08 |
| 4128 | 4402 | VANPEBORGH Bart | HEFFEN | 33 | SEH | 983 | 1:04:11 | 8,41 | 7:08 |
| 4129 | 5958 | BEVERS Cato | RIJKEVORSEL | 16 | SEF | 911 | 1:04:12 | 8,41 | 7:08 |
| 4130 | 4403 | BONTEMPS Eveline | SINT-NIKLAAS | 32 | SEF | 912 | 1:04:12 | 8,41 | 7:08 |
| 4131 | 5959 | MORTIERS Aurélie | RIJKEVORSEL | 16 | SEF | 913 | 1:04:12 | 8,41 | 7:08 |
| 4132 | 779 | TIJTGAT Angelique | KORTENBERG | 42 | F40 | 253 | 1:04:12 | 8,41 | 7:08 |
| 4133 | 2002 | VAN MOERE Edith | MELSELE | 41 | F40 | 254 | 1:04:12 | 8,41 | 7:08 |
| 4134 | 2191 | VAN OPSTAL Birgit | BORGERHOUT | 35 | F35 | 353 | 1:04:12 | 8,41 | 7:08 |
| 4135 | 2590 | BERGEZ Chris | MERKSEM | 47 | M45 | 279 | 1:04:13 | 8,41 | 7:08 |
| 4136 | 5340 | DE RIDDER Stefan | KAPELLEN | 39 | M35 | 442 | 1:04:14 | 8,41 | 7:08 |
| 4137 | 1107 | KINTS Jacqueline | CLINGE | 53 | F50 | 88 | 1:04:14 | 8,41 | 7:08 |
| 4138 | 5375 | KORTI Franz | PARIS | 27 | SEF | 914 | 1:04:14 | 8,41 | 7:08 |
| 4139 | 5382 | RÖTHLING Nicole | NEUSTADT | 26 | SEF | 915 | 1:04:14 | 8,41 | 7:08 |
| 4140 | 4779 | VAN PEBORGH Wim | GEEL | 30 | SEH | 984 | 1:04:14 | 8,41 | 7:08 |
| 4141 | 5709 | AMKREUTZ Larissa | LEUVEN | 32 | SEF | 916 | 1:04:15 | 8,40 | 7:08 |
| 4142 | 5372 | VAN MEERBEECK Mathieu | BORGERHOUT | 28 | SEH | 985 | 1:04:15 | 8,40 | 7:08 |
| 4143 | 3411 | CAMPAERT Nele | MERKSEM | 33 | SEF | 917 | 1:04:17 | 8,40 | 7:09 |
| 4144 | 3561 | EL BAYOUI Hanane | ANTWERPEN | 28 | SEF | 918 | 1:04:17 | 8,40 | 7:09 |
| 4145 | 2133 | GIJSELS Inge | BORSBEKE | 49 | F45 | 156 | 1:04:17 | 8,40 | 7:09 |
| 4146 | 5231 | REMY Laurence | WOLUWE-ST-LAMBERT | 38 | F35 | 354 | 1:04:17 | 8,40 | 7:09 |
| 4147 | 1103 | SPONSELEE Henny | HULST | 51 | F50 | 89 | 1:04:17 | 8,40 | 7:09 |
| 4148 | 5352 | VAN HEMELRIJK Dave | KAPELLEN | 43 | M40 | 301 | 1:04:17 | 8,40 | 7:09 |
| 4149 | 5817 | VEN Jeroen | DEURNE | 31 | SEH | 986 | 1:04:17 | 8,40 | 7:09 |
| 4150 | 2134 | BOSSIER Silke | BORSBEKE | 20 | SEF | 919 | 1:04:18 | 8,40 | 7:09 |
| 4151 | 1363 | DE COEN Mireille | STEKENE | 45 | F45 | 157 | 1:04:18 | 8,40 | 7:09 |
| 4152 | 4786 | GEERTS Anneleen | ANTWERPEN | 27 | SEF | 920 | 1:04:18 | 8,40 | 7:09 |
| 4153 | 2164 | MICHIELS Caroline | AARTSELAAR | 38 | F35 | 355 | 1:04:18 | 8,40 | 7:09 |
| 4154 | 2294 | VALCKENAERS Samira | ANTWERPEN | 34 | SEF | 921 | 1:04:18 | 8,40 | 7:09 |
| 4155 | 4186 | GRENNE Chloë | BERCHEM | 27 | SEF | 922 | 1:04:19 | 8,40 | 7:09 |
| 4156 | 2606 | MOUSTIE Anne | MERKSEM | 44 | F40 | 255 | 1:04:19 | 8,40 | 7:09 |
| 4157 | 2596 | MOERMAN Ann | MERKSEM | 46 | F45 | 158 | 1:04:20 | 8,39 | 7:09 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|---------------------------|----------------------|-----|-----|-------|---------|------|---------|
| 4158 | 1495 | TOURNÉ Christian | BRECHT | 41 | M40 | 302 | 1:04:20 | 8,39 | 7:09 |
| 4159 | 2216 | COOLS Daphne | ZANDHOVEN | 26 | SEF | 923 | 1:04:21 | 8,39 | 7:09 |
| 4160 | 6934 | DIRKX Kim Fernande | ANTWERPEN | 37 | F35 | 356 | 1:04:21 | 8,39 | 7:09 |
| 4161 | 1362 | MOLHOEK Julia | STEKENE | 14 | SEF | 924 | 1:04:21 | 8,39 | 7:09 |
| 4162 | 2960 | OZOLINA Karlina | BRUXELLES | 26 | SEF | 925 | 1:04:21 | 8,39 | 7:09 |
| 4163 | 1210 | TE WALVAART Marleen | ANTWERPEN | 27 | SEF | 926 | 1:04:21 | 8,39 | 7:09 |
| 4164 | 2217 | VAN ROMPAY Martine | ZANDHOVEN | 48 | F45 | 159 | 1:04:21 | 8,39 | 7:09 |
| 4165 | 2023 | BUYTAERT Ann | ESSEN | 49 | F45 | 160 | 1:04:22 | 8,39 | 7:09 |
| 4166 | 2215 | COOLS Stephanie | ZANDHOVEN | 20 | SEF | 927 | 1:04:22 | 8,39 | 7:09 |
| 4167 | 3511 | DE SCHRIJVER Pieterjan | LEDE | 28 | SEH | 987 | 1:04:22 | 8,39 | 7:09 |
| 4168 | 4753 | DELEN Ive | HEIST OP DEN BERG | 37 | M35 | 443 | 1:04:22 | 8,39 | 7:09 |
| 4169 | 2907 | DESCHOUWER Vicky | ZAVENTEM | 34 | SEF | 928 | 1:04:22 | 8,39 | 7:09 |
| 4170 | 2214 | COOLS Tatiana | ZANDHOVEN | 20 | SEF | 929 | 1:04:23 | 8,39 | 7:09 |
| 4171 | 2928 | DE VOCHT Luc | SINT-KATELIJNE-WAVER | 48 | M45 | 280 | 1:04:23 | 8,39 | 7:09 |
| 4172 | 1684 | GORIS Martine | DEURNE | 53 | F50 | 90 | 1:04:23 | 8,39 | 7:09 |
| 4173 | 704 | ROMAIN Julia | ANTWERPEN | 15 | SEF | 930 | 1:04:23 | 8,39 | 7:09 |
| 4174 | 2020 | BROSENS Chris | ESSEN | 61 | F60 | 11 | 1:04:24 | 8,39 | 7:09 |
| 4175 | 2929 | CELIS Carine | SINT-KATELIJNE-WAVER | 49 | F45 | 161 | 1:04:24 | 8,39 | 7:09 |
| 4176 | 4903 | KAMALAKIDIS Kaliopi | DEURNE | 26 | SEF | 931 | 1:04:24 | 8,39 | 7:09 |
| 4177 | 2119 | LAARHOVEN Judith | PRINSENBEEK | 43 | F40 | 256 | 1:04:24 | 8,39 | 7:09 |
| 4178 | 4900 | MANTZOURANIS Konstantinos | DEURNE | 38 | M35 | 444 | 1:04:24 | 8,39 | 7:09 |
| 4179 | 2297 | MEIJERS Jeroen | BREDA | 61 | M60 | 31 | 1:04:24 | 8,39 | 7:09 |
| 4180 | 6099 | NICOLAY Sofie | EDEGEM | 51 | F50 | 91 | 1:04:24 | 8,39 | 7:09 |
| 4181 | 705 | ROMAIN Tillo | ANTWERPEN | 47 | M45 | 281 | 1:04:24 | 8,39 | 7:09 |
| 4182 | 4976 | SLEGTEN Marie-Hélène | ANTWERPEN | 16 | SEF | 932 | 1:04:24 | 8,39 | 7:09 |
| 4183 | 2636 | MEYS Itchie | HOBOKEN | 48 | F45 | 162 | 1:04:25 | 8,38 | 7:09 |
| 4184 | 3261 | NIJSMANS Loes | BORGERHOUT | 30 | SEF | 933 | 1:04:25 | 8,38 | 7:09 |
| 4185 | 3509 | RUTS Hanne | HAMME | 29 | SEF | 934 | 1:04:25 | 8,38 | 7:09 |
| 4186 | 6472 | DECKERS Jef | HEIST-OP-DEN-BERG | 32 | SEH | 988 | 1:04:26 | 8,38 | 7:10 |
| 4187 | 2019 | LUWAERT Marleen | ESSEN | 44 | F40 | 257 | 1:04:26 | 8,38 | 7:10 |
| 4188 | 3664 | VAN DAELE Nel | HOLSBEEK | 24 | SEF | 935 | 1:04:26 | 8,38 | 7:10 |
| 4189 | 3302 | VERWIMP Anne | NOORDERWIJK | 25 | SEF | 936 | 1:04:26 | 8,38 | 7:10 |
| 4190 | 2145 | VORSTENBOSCH Mariska | BREDA | 43 | F40 | 258 | 1:04:26 | 8,38 | 7:10 |
| 4191 | 2328 | DELAVA Carine | EDEGEM | 42 | F40 | 259 | 1:04:27 | 8,38 | 7:10 |
| 4192 | 5508 | DIRICKX Maxime | HULDENBERG | 13 | SEH | 989 | 1:04:27 | 8,38 | 7:10 |
| 4193 | 1238 | VANHECKE Annemie | RANST | 49 | F45 | 163 | 1:04:27 | 8,38 | 7:10 |
| 4194 | 5242 | BOONS Stijn | HEIST-OP-DEN-BERG | 31 | SEH | 990 | 1:04:28 | 8,38 | 7:10 |
| 4195 | 2758 | DEURINCK Scarlett | ANTWERPEN | 39 | F35 | 357 | 1:04:28 | 8,38 | 7:10 |
| 4196 | 2518 | FREDERICKX Wendy | MESSELBROEK | 38 | F35 | 358 | 1:04:28 | 8,38 | 7:10 |
| 4197 | 5229 | DE VUYST Ariane | EDEGEM | 39 | F35 | 359 | 1:04:29 | 8,37 | 7:10 |
| 4198 | 2621 | CAEYERS Mieke | AARTSELAAR | 39 | F35 | 360 | 1:04:30 | 8,37 | 7:10 |
| 4199 | 5266 | GERRITS Els | BRASSCHAAT | 43 | F40 | 260 | 1:04:30 | 8,37 | 7:10 |
| 4200 | 2519 | LOWIST Gertie | AVERBODE | 42 | F40 | 261 | 1:04:30 | 8,37 | 7:10 |
| 4201 | 1528 | NEYRINCK Pieter | ANTWERPEN | 35 | M35 | 445 | 1:04:30 | 8,37 | 7:10 |
| 4202 | 4645 | PORTAEL Lotte | BEVEREN WAAS | 28 | SEF | 937 | 1:04:31 | 8,37 | 7:10 |
| 4203 | 400 | JANSENSS Brenda | AARTSELAAR | 38 | F35 | 361 | 1:04:32 | 8,37 | 7:10 |
| 4204 | 1529 | OUDERMANS Gwenn | ANTWERPEN | 31 | SEF | 938 | 1:04:32 | 8,37 | 7:10 |
| 4205 | 2623 | VISSER Niels | BORGERHOUT | 36 | M35 | 446 | 1:04:32 | 8,37 | 7:10 |
| 4206 | 5168 | DE PRINS Danielle | PUURS | 51 | F50 | 92 | 1:04:33 | 8,37 | 7:10 |
| 4207 | 3476 | D'HONDT Yaïka | INGOOIGEM | 23 | SEF | 939 | 1:04:33 | 8,37 | 7:10 |
| 4208 | 5157 | ROMAN Céline | WOLUWÉ ST LAMBERT | 31 | SEF | 940 | 1:04:33 | 8,37 | 7:10 |
| 4209 | 5170 | DE BONDT Christel | PUURS | 46 | F45 | 164 | 1:04:34 | 8,36 | 7:10 |
| 4210 | 4712 | OOMS Martine | HERENTHOUT | 30 | SEF | 941 | 1:04:34 | 8,36 | 7:10 |
| 4211 | 6156 | VAN MOL Christine | ANTWERPEN | 27 | SEF | 942 | 1:04:34 | 8,36 | 7:10 |
| 4212 | 2575 | BRUERS Inge | RETIE | 38 | F35 | 362 | 1:04:35 | 8,36 | 7:11 |
| 4213 | 2576 | DE WINTER Mia | DESSEL | 42 | F40 | 262 | 1:04:35 | 8,36 | 7:11 |
| 4214 | 2244 | FRANCK Sofie | SCHOTEN | 18 | SEF | 943 | 1:04:35 | 8,36 | 7:11 |
| 4215 | 4259 | VAN DEN BERGHE Kris | EKEREN | 36 | M35 | 447 | 1:04:35 | 8,36 | 7:11 |
| 4216 | 5010 | KAM Owen | EKEREN | 33 | SEH | 991 | 1:04:36 | 8,36 | 7:11 |
| 4217 | 4714 | VERLINDEN Leen | HERENTHOUT | 41 | F40 | 263 | 1:04:36 | 8,36 | 7:11 |
| 4218 | 5970 | BOONS Sophie | BRUSSEL | 32 | SEF | 944 | 1:04:37 | 8,36 | 7:11 |
| 4219 | 5749 | DE KEPPEL Leen | KESSEL | 34 | SEF | 945 | 1:04:37 | 8,36 | 7:11 |
| 4220 | 2965 | LIEKENS Tine | LIER | 31 | SEF | 946 | 1:04:37 | 8,36 | 7:11 |
| 4221 | 3477 | VAN HOUTEM Tinneke | LIEDEKERKE | 33 | SEF | 947 | 1:04:37 | 8,36 | 7:11 |
| 4222 | 2903 | WEYNS Kathleen | ANTWERPEN | 31 | SEF | 948 | 1:04:37 | 8,36 | 7:11 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|-------------|-----|-----|-------|---------|------|---------|
| 4223 | 5782 | COURBOIN Steve | DEURNE | 37 | M35 | 448 | 1:04:38 | 8,35 | 7:11 |
| 4224 | 268 | LOOPMANS Diane | WUUSTWEZEL | 44 | F40 | 264 | 1:04:38 | 8,35 | 7:11 |
| 4225 | 4443 | VAN DUPPEN Nils | SCHILDE | 23 | SEH | 992 | 1:04:38 | 8,35 | 7:11 |
| 4226 | 3046 | DE VOCHT Charlotte | DUFFEL | 25 | SEF | 949 | 1:04:40 | 8,35 | 7:11 |
| 4227 | 4441 | JANSEN Josien | NIJLEN | 28 | SEF | 950 | 1:04:40 | 8,35 | 7:11 |
| 4228 | 4538 | EVERAERT Rebecca | WAASMUNSTER | 29 | SEF | 951 | 1:04:41 | 8,35 | 7:11 |
| 4229 | 4600 | STEVENS Kathleen | KALMTHOUT | 37 | F35 | 363 | 1:04:41 | 8,35 | 7:11 |
| 4230 | 711 | BEIRENS Chris | DEURNE | 63 | F60 | 12 | 1:04:43 | 8,34 | 7:11 |
| 4231 | 1045 | CALLAY Chris | HOBOKEN | 46 | M45 | 282 | 1:04:43 | 8,34 | 7:11 |
| 4232 | 4727 | DECOSTER Katleen | KALMTHOUT | 36 | F35 | 364 | 1:04:43 | 8,34 | 7:11 |
| 4233 | 5966 | VAN DE KERCKHOVE Myriam | WAASMUNSTER | 47 | F45 | 165 | 1:04:43 | 8,34 | 7:11 |
| 4234 | 1651 | DELIEN Brent | ANTWERPEN | 30 | SEH | 993 | 1:04:44 | 8,34 | 7:12 |
| 4235 | 3835 | MOONS Carine | MEERHOUT | 54 | F50 | 93 | 1:04:44 | 8,34 | 7:12 |
| 4236 | 1341 | YZEWYN Lynn | DEURNE | 22 | SEF | 952 | 1:04:44 | 8,34 | 7:12 |
| 4237 | 1046 | CALLAY Liesl | HOBOKEN | 14 | SEF | 953 | 1:04:45 | 8,34 | 7:12 |
| 4238 | 1653 | DE LEEUW Steffi | ANTWERPEN | 25 | SEF | 954 | 1:04:45 | 8,34 | 7:12 |
| 4239 | 6406 | PUTTENEERS Inne | ZOERSEL | 17 | SEF | 955 | 1:04:45 | 8,34 | 7:12 |
| 4240 | 2432 | WEERTS Patricia | BRUNSSUM | 38 | F35 | 365 | 1:04:46 | 8,34 | 7:12 |
| 4241 | 5757 | DANIELS Nicky | NEERWINDEN | 26 | SEF | 956 | 1:04:47 | 8,34 | 7:12 |
| 4242 | 5415 | DENISSEN Marie | ANTWERPEN | 24 | SEF | 957 | 1:04:47 | 8,34 | 7:12 |
| 4243 | 4644 | VAN HOEYLANDT Saskia | ANTWERPEN | 44 | F40 | 265 | 1:04:48 | 8,33 | 7:12 |
| 4244 | 1504 | VAN WASSENHOVE Celine | WERCHTER | 24 | SEF | 958 | 1:04:48 | 8,33 | 7:12 |
| 4245 | 5756 | EMMERS Elke | WILSELE | 27 | SEF | 959 | 1:04:49 | 8,33 | 7:12 |
| 4246 | 4003 | GEUKENS Kris | WILRIJK | 50 | F50 | 94 | 1:04:49 | 8,33 | 7:12 |
| 4247 | 3830 | SPRUYT Suzy | LAAKDAL | 50 | F50 | 95 | 1:04:49 | 8,33 | 7:12 |
| 4248 | 5740 | VAN NUFFEL Margot | ANTWERPEN | 29 | SEF | 960 | 1:04:49 | 8,33 | 7:12 |
| 4249 | 4421 | BEKERS Hanne | BERCHEM | 26 | SEF | 961 | 1:04:50 | 8,33 | 7:12 |
| 4250 | 1503 | LEYSEN Jessie | HULST | 22 | SEF | 962 | 1:04:50 | 8,33 | 7:12 |
| 4251 | 6556 | NEUTS Bart | MEERHOUT | 35 | M35 | 449 | 1:04:50 | 8,33 | 7:12 |
| 4252 | 5412 | SCHELKENS Julie | ANTWERPEN | 24 | SEF | 963 | 1:04:50 | 8,33 | 7:12 |
| 4253 | 6555 | BIESMANS Karolien | | 35 | F35 | 366 | 1:04:51 | 8,33 | 7:12 |
| 4254 | 1754 | VAN ESCH An | ANTWERPEN | 33 | SEF | 964 | 1:04:51 | 8,33 | 7:12 |
| 4255 | 3848 | VAN NUFFELEN Jessie | MACHELEN | 25 | SEF | 965 | 1:04:51 | 8,33 | 7:12 |
| 4256 | 5050 | VERDYCK Saskia | BURCHT | 37 | F35 | 367 | 1:04:51 | 8,33 | 7:12 |
| 4257 | 1580 | VERMEIREN Sandra | BEERSE | 37 | F35 | 368 | 1:04:51 | 8,33 | 7:12 |
| 4258 | 6442 | CRESPO LAPUENTE Victor | ANTWERPEN | 31 | SEH | 994 | 1:04:52 | 8,32 | 7:12 |
| 4259 | 6006 | RENDERS Daisy | BEERSE | 43 | M40 | 303 | 1:04:52 | 8,32 | 7:12 |
| 4260 | 4625 | VAN HUL Sammy | MELSELE | 34 | SEH | 995 | 1:04:52 | 8,32 | 7:12 |
| 4261 | 4639 | VAN LINT Marleen | BORNEM | 38 | F35 | 369 | 1:04:52 | 8,32 | 7:12 |
| 4262 | 1893 | CRAANE Ann | VOSELAAR | 44 | F40 | 266 | 1:04:53 | 8,32 | 7:13 |
| 4263 | 4624 | DE WISPELAERE Soetkin | BEVEREN | 28 | SEF | 966 | 1:04:53 | 8,32 | 7:13 |
| 4264 | 1650 | GOOSSENS Vincent | BONHEIDEN | 27 | SEH | 996 | 1:04:54 | 8,32 | 7:13 |
| 4265 | 5324 | ONGHENA Jo | ANTWERPEN | 17 | SEF | 967 | 1:04:54 | 8,32 | 7:13 |
| 4266 | 1654 | STRAETMANS Nancy | PUTTE | 50 | F50 | 96 | 1:04:54 | 8,32 | 7:13 |
| 4267 | 800 | VAN DER AA Ellen | MORTSEL | 26 | SEF | 968 | 1:04:54 | 8,32 | 7:13 |
| 4268 | 4626 | VERGAUWEN Natasja | MELSELE | 28 | SEF | 969 | 1:04:54 | 8,32 | 7:13 |
| 4269 | 1898 | GOOS IIs | VOSELAAR | 44 | F40 | 267 | 1:04:55 | 8,32 | 7:13 |
| 4270 | 5371 | BLONDÉ Willem | WILRIJK | 17 | SEH | 997 | 1:04:56 | 8,32 | 7:13 |
| 4271 | 1652 | DE LEEUW Evi | PUTTE | 23 | SEF | 970 | 1:04:56 | 8,32 | 7:13 |
| 4272 | 3326 | DE RUDDER Conny | BAZEL | 49 | F45 | 166 | 1:04:56 | 8,32 | 7:13 |
| 4273 | 3743 | HAAK Maya | ANTWERPEN | 35 | F35 | 370 | 1:04:56 | 8,32 | 7:13 |
| 4274 | 5206 | HAUBOURDIN Vicky | ZANDVLIET | 35 | F35 | 371 | 1:04:56 | 8,32 | 7:13 |
| 4275 | 5205 | LAMBRECHTS Michael | ZANDVLIET | 33 | SEH | 998 | 1:04:56 | 8,32 | 7:13 |
| 4276 | 6424 | SMEUNINX Bartel | EKEREN | 46 | M45 | 283 | 1:04:56 | 8,32 | 7:13 |
| 4277 | 1164 | HOEVERS Marie-Therese | 6412CJ | 51 | F50 | 97 | 1:04:57 | 8,31 | 7:13 |
| 4278 | 2729 | SCHIEPERS Suzanne | BILZEN | 30 | SEF | 971 | 1:04:57 | 8,31 | 7:13 |
| 4279 | 5443 | SOMMER Tim | DEURNE | 28 | SEH | 999 | 1:04:57 | 8,31 | 7:13 |
| 4280 | 4157 | DE CONINCK Aube | SCHOTEN | 10 | SEF | 972 | 1:04:58 | 8,31 | 7:13 |
| 4281 | 796 | SCHOCKAERT Debby | ANTWERPEN | 37 | F35 | 372 | 1:04:58 | 8,31 | 7:13 |
| 4282 | 1598 | DAS Ludovicus | RIJKEVORSEL | 63 | M60 | 32 | 1:04:59 | 8,31 | 7:13 |
| 4283 | 3738 | D'HAEMER Joris | ANTWERPEN | 34 | SEH | 1000 | 1:04:59 | 8,31 | 7:13 |
| 4284 | 1897 | VAN DER HEYDEN Ingrid | VOSELAAR | 44 | F40 | 268 | 1:04:59 | 8,31 | 7:13 |
| 4285 | 4146 | WILS Steve | KONTICH | 38 | M35 | 450 | 1:04:59 | 8,31 | 7:13 |
| 4286 | 5936 | VAN ROEYEN Ronny | MELSELE | 51 | M50 | 177 | 1:05:00 | 8,31 | 7:13 |
| 4287 | 1896 | VERSMISSEN Ann | VOSELAAR | 44 | F40 | 269 | 1:05:00 | 8,31 | 7:13 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|----------------|-----|-----|-------|---------|------|---------|
| 4288 | 688 | DE CONINCK Daniel | SCHOTEN | 52 | M50 | 178 | 1:05:01 | 8,31 | 7:13 |
| 4289 | 5937 | VERHELST Francine | MELSELE | 50 | F50 | 98 | 1:05:01 | 8,31 | 7:13 |
| 4290 | 1189 | DE MEULDER Amy | OUD-TURNHOUT | 17 | SEF | 973 | 1:05:02 | 8,30 | 7:14 |
| 4291 | 1434 | HERYGERS Kato | BORGERHOUT | 13 | SEF | 974 | 1:05:02 | 8,30 | 7:14 |
| 4292 | 6373 | PANNEKOEK Kristel | ZAVENTEM | 47 | F45 | 167 | 1:05:02 | 8,30 | 7:14 |
| 4293 | 4990 | SMESSAERT Stien | SCHOTEN | 35 | F35 | 373 | 1:05:02 | 8,30 | 7:14 |
| 4294 | 877 | VENNEMAN Steve | BRECHT | 29 | SEH | 1001 | 1:05:02 | 8,30 | 7:14 |
| 4295 | 6374 | DERESE Katja | PERK | 34 | SEF | 975 | 1:05:03 | 8,30 | 7:14 |
| 4296 | 4702 | VAN DE MOSSELAER Filip | NIEL | 46 | M45 | 284 | 1:05:03 | 8,30 | 7:14 |
| 4297 | 4991 | VAN DEN BROECK Katrien | WILRIJK | 35 | F35 | 374 | 1:05:03 | 8,30 | 7:14 |
| 4298 | 5027 | AERTS Mathijs | DUFFEL | 35 | M35 | 451 | 1:05:04 | 8,30 | 7:14 |
| 4299 | 876 | VAN DEN BERGH Bart | BRECHT | 33 | SEH | 1002 | 1:05:04 | 8,30 | 7:14 |
| 4300 | 6443 | AGUIRRE DEL POZO Marcela | ANTWERPEN | 21 | SEF | 976 | 1:05:05 | 8,30 | 7:14 |
| 4301 | 5922 | DE WEERDT Loes | WOMMELGEM | 29 | SEF | 977 | 1:05:05 | 8,30 | 7:14 |
| 4302 | 5417 | HEIRMAN Marlies | WICHELEN | 30 | SEF | 978 | 1:05:05 | 8,30 | 7:14 |
| 4303 | 821 | STOKX Christophe | WICHELEN | 39 | M35 | 452 | 1:05:05 | 8,30 | 7:14 |
| 4304 | 1586 | VAN STEEN Malu | BRECHT | 33 | SEF | 979 | 1:05:05 | 8,30 | 7:14 |
| 4305 | 4335 | CAILLIAU Roger | BOECHOUT | 56 | M55 | 94 | 1:05:06 | 8,29 | 7:14 |
| 4306 | 6438 | NR 6438 | | | - | 8 | 1:05:06 | 8,29 | 7:14 |
| 4307 | 6389 | RAMBOER Francis | ROESLARE | 20 | SEH | 1003 | 1:05:06 | 8,29 | 7:14 |
| 4308 | 6439 | VAN CAMP Roy | HEMIKSEM | 24 | SEH | 1004 | 1:05:06 | 8,29 | 7:14 |
| 4309 | 5927 | VAN DEN BRANDE Jan | ZANDHOVEN | 32 | SEH | 1005 | 1:05:06 | 8,29 | 7:14 |
| 4310 | 2771 | VAN DYCK Karen | ZOERSEL | 37 | F35 | 375 | 1:05:06 | 8,29 | 7:14 |
| 4311 | 2764 | VERHAERT Stefanie | EMBLEM | 28 | SEF | 980 | 1:05:07 | 8,29 | 7:14 |
| 4312 | 6388 | BRUYNOOGHE Emilie | ROESLARE | 20 | SEF | 981 | 1:05:08 | 8,29 | 7:14 |
| 4313 | 4692 | CLAESSENS Pierre | EKEREN | 59 | M55 | 95 | 1:05:08 | 8,29 | 7:14 |
| 4314 | 6391 | DESMET Dennison | ROESLARE | 21 | SEH | 1006 | 1:05:08 | 8,29 | 7:14 |
| 4315 | 3163 | MEUWIS Marleen | LEUVEN | 56 | F55 | 45 | 1:05:08 | 8,29 | 7:14 |
| 4316 | 6390 | VAN BIERVLIET Reine | DADIZELE | 19 | SEF | 982 | 1:05:08 | 8,29 | 7:14 |
| 4317 | 822 | AN Heirman | WICHELEN | 35 | F35 | 376 | 1:05:09 | 8,29 | 7:14 |
| 4318 | 2762 | VERHAERT Joris | EMBLEM | 57 | M55 | 96 | 1:05:09 | 8,29 | 7:14 |
| 4319 | 362 | VERHAEGEN Jimmy | HOEVENEN | 38 | M35 | 453 | 1:05:10 | 8,29 | 7:14 |
| 4320 | 3282 | AMELIJNCK Elke | WIELSBEKE | 35 | F35 | 377 | 1:05:11 | 8,28 | 7:15 |
| 4321 | 933 | SEBRECHTS Annelies | SCHOTEN | 30 | SEF | 983 | 1:05:11 | 8,28 | 7:15 |
| 4322 | 363 | BORGHMANS Diny | HOEVENEN | 36 | F35 | 378 | 1:05:12 | 8,28 | 7:15 |
| 4323 | 6153 | EVERAERT Birgit | HERENT | 26 | SEH | 1007 | 1:05:12 | 8,28 | 7:15 |
| 4324 | 929 | VAN DAMME Jorn | SCHOTEN | 31 | SEH | 1008 | 1:05:12 | 8,28 | 7:15 |
| 4325 | 3285 | VANHUYSSSE Sarah | WIELSBEKE | 35 | F35 | 379 | 1:05:12 | 8,28 | 7:15 |
| 4326 | 1284 | BORGHMANS Kathleen | 'S GRAVENWEZEL | 31 | SEF | 984 | 1:05:13 | 8,28 | 7:15 |
| 4327 | 934 | OPPEEL Steven | SCHOTEN | 36 | F35 | 380 | 1:05:13 | 8,28 | 7:15 |
| 4328 | 5801 | PASSCHYN Marleen | DEURNE | 59 | F55 | 46 | 1:05:13 | 8,28 | 7:15 |
| 4329 | 5212 | VAN CAMP Hilde | RANST | 61 | F60 | 13 | 1:05:13 | 8,28 | 7:15 |
| 4330 | 3284 | VERMEULEN Annelies | IZEGEM | 27 | SEF | 985 | 1:05:13 | 8,28 | 7:15 |
| 4331 | 2068 | CLAESSENS Katrien | BRASSCHAAT | 29 | SEF | 986 | 1:05:14 | 8,28 | 7:15 |
| 4332 | 1555 | PHILIPS Karine | KAPellen | 47 | F45 | 168 | 1:05:15 | 8,28 | 7:15 |
| 4333 | 5677 | DIELTIENS Sylvie | BERCHEM | 28 | SEF | 987 | 1:05:16 | 8,27 | 7:15 |
| 4334 | 4194 | GIJSELS Els | MORTSEL | 44 | F40 | 270 | 1:05:16 | 8,27 | 7:15 |
| 4335 | 5633 | NGUYEN THI Thu Thuy | BRUXELLES | 60 | F60 | 14 | 1:05:17 | 8,27 | 7:15 |
| 4336 | 2941 | ROOSE Machteld | BRASSCHAAT | 61 | F60 | 15 | 1:05:17 | 8,27 | 7:15 |
| 4337 | 3638 | TRIARSO Wendy | ANTWERPEN | 31 | SEF | 988 | 1:05:18 | 8,27 | 7:15 |
| 4338 | 2683 | VAN PETEGEHM Elise | WAASMUNSTER | 23 | SEF | 989 | 1:05:18 | 8,27 | 7:15 |
| 4339 | 2684 | VAN STEEN Veronique | DENDERMONDE | 47 | F45 | 169 | 1:05:18 | 8,27 | 7:15 |
| 4340 | 2964 | SMITH Anke | EKEREN | 30 | SEF | 990 | 1:05:19 | 8,27 | 7:15 |
| 4341 | 79 | NOOIJENS Judy | ANTWERPEN | 34 | SEF | 991 | 1:05:20 | 8,27 | 7:16 |
| 4342 | 2106 | LUYCKX Liesbeth | SINT-ANDRIES | 35 | F35 | 381 | 1:05:21 | 8,26 | 7:16 |
| 4343 | 2284 | VAN LEEMPUT Bjorn | WOMMELGEM | 35 | M35 | 454 | 1:05:22 | 8,26 | 7:16 |
| 4344 | 1359 | VANDAMME Caroline | VREMDE | 40 | F40 | 271 | 1:05:22 | 8,26 | 7:16 |
| 4345 | 909 | WYMEERSCH Annabel | ANTWERPEN | 45 | F45 | 170 | 1:05:22 | 8,26 | 7:16 |
| 4346 | 137 | RAMAKERS Daisy | DILSEN | 61 | F60 | 16 | 1:05:23 | 8,26 | 7:16 |
| 4347 | 5588 | SHAW Susan | SHELLE | 29 | SEF | 992 | 1:05:23 | 8,26 | 7:16 |
| 4348 | 1903 | VAESEN Koen | GENK | 40 | M40 | 304 | 1:05:23 | 8,26 | 7:16 |
| 4349 | 3565 | WILLEKENS Ilse | MALLE | 47 | F45 | 171 | 1:05:23 | 8,26 | 7:16 |
| 4350 | 904 | KREUTER Jeremy | ANTWERPEN | 46 | M45 | 285 | 1:05:24 | 8,26 | 7:16 |
| 4351 | 2654 | NUYENS Annick | VREMDE | 46 | F45 | 172 | 1:05:24 | 8,26 | 7:16 |
| 4352 | 4971 | CLEIRBAUT Maxine | MERKSEM | 22 | SEF | 993 | 1:05:25 | 8,25 | 7:16 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|----------------------|-----|-----|-------|---------|------|---------|
| 4353 | 1906 | COOREMAN Nikki | HAASDONK | 27 | SEF | 994 | 1:05:25 | 8,25 | 7:16 |
| 4354 | 5096 | LIEKENS Jonas | BONHEIDEN | 33 | SEH | 1009 | 1:05:26 | 8,25 | 7:16 |
| 4355 | 1913 | PEENEN Ingrid | KONTICH | 31 | SEF | 995 | 1:05:26 | 8,25 | 7:16 |
| 4356 | 4608 | SIHARATH Sarah | MERKSEM | 22 | SEF | 996 | 1:05:26 | 8,25 | 7:16 |
| 4357 | 3197 | COENE Patricia | MORTSEL | 23 | SEH | 1010 | 1:05:27 | 8,25 | 7:16 |
| 4358 | 2323 | VALLONS Ilona | MECHELEN | 28 | SEF | 997 | 1:05:27 | 8,25 | 7:16 |
| 4359 | 2594 | VAN TRIER Patrick | ANTWERPEN | 46 | M45 | 286 | 1:05:27 | 8,25 | 7:16 |
| 4360 | 307 | BOSCH Els | OEEGEM | 40 | F40 | 272 | 1:05:28 | 8,25 | 7:16 |
| 4361 | 2061 | DE MEULEMEESTER Filip | SINT-KATELIJNE WAVER | 46 | M45 | 287 | 1:05:28 | 8,25 | 7:16 |
| 4362 | 4667 | DE RAEDT Sofie | SINT-JOB-IN-'T-GOOR | 14 | SEF | 998 | 1:05:28 | 8,25 | 7:16 |
| 4363 | 5095 | MAURIËN Sylvia | BONHEIDEN | 28 | SEF | 999 | 1:05:28 | 8,25 | 7:16 |
| 4364 | 2322 | VALLONS Larissa | BERCHEM | 30 | SEF | 1000 | 1:05:28 | 8,25 | 7:16 |
| 4365 | 2841 | VIJT Marie-Frédérique | OEEGEM | 39 | F35 | 382 | 1:05:28 | 8,25 | 7:16 |
| 4366 | 2611 | DE BOECK Christa | OPPUURS | 48 | F45 | 173 | 1:05:29 | 8,25 | 7:17 |
| 4367 | 4137 | DE KORTE Helena | OUDEMOLEN | 48 | F45 | 174 | 1:05:29 | 8,25 | 7:17 |
| 4368 | 1664 | GROOM Ellen | OEEGEM | 41 | F40 | 273 | 1:05:29 | 8,25 | 7:17 |
| 4369 | 5971 | PACCO Thomas | SCHILDE | 37 | M35 | 455 | 1:05:29 | 8,25 | 7:17 |
| 4370 | 3058 | KOETS Jos | NOORD BRABANT | 44 | M40 | 305 | 1:05:30 | 8,24 | 7:17 |
| 4371 | 32 | LEEMANS Katrien | PUTTE | 32 | SEF | 1001 | 1:05:30 | 8,24 | 7:17 |
| 4372 | 1427 | VERDAT Ine | SCHILDE | 13 | SEF | 1002 | 1:05:30 | 8,24 | 7:17 |
| 4373 | 4313 | EYSACKERS Daisy | DEURNE | 33 | SEF | 1003 | 1:05:31 | 8,24 | 7:17 |
| 4374 | 5431 | JOCHMANS Peter | JETTE | 49 | M45 | 288 | 1:05:31 | 8,24 | 7:17 |
| 4375 | 2006 | LENAERTS Yves | SINT AMANDS | 44 | M40 | 306 | 1:05:31 | 8,24 | 7:17 |
| 4376 | 1895 | PEETERS Iris | VREMDE | 39 | F35 | 383 | 1:05:31 | 8,24 | 7:17 |
| 4377 | 3177 | WULLEMAN Els | BRECHT | 21 | SEF | 1004 | 1:05:31 | 8,24 | 7:17 |
| 4378 | 2296 | DE SCHUTTER Karin | KAPellen | 29 | SEF | 1005 | 1:05:32 | 8,24 | 7:17 |
| 4379 | 6011 | ILSEN Daphne | BOUTERSEM | 29 | SEF | 1006 | 1:05:32 | 8,24 | 7:17 |
| 4380 | 6010 | SMETS David | BOUTERSEM | 28 | SEH | 1011 | 1:05:32 | 8,24 | 7:17 |
| 4381 | 41 | VANHOVE Hilde | LIER | 45 | F45 | 175 | 1:05:32 | 8,24 | 7:17 |
| 4382 | 4318 | DIRKX Goedele | OLEN | 26 | SEF | 1007 | 1:05:33 | 8,24 | 7:17 |
| 4383 | 2620 | DE LAET Carine | BRECHT | 47 | F45 | 176 | 1:05:34 | 8,24 | 7:17 |
| 4384 | 1660 | HELSEN Ivo | TONGERLO | 48 | M45 | 289 | 1:05:34 | 8,24 | 7:17 |
| 4385 | 2005 | REYNIERS Ilse | SINT-AMANDS | 44 | F40 | 274 | 1:05:34 | 8,24 | 7:17 |
| 4386 | 2295 | BULLEN Katleen | EKEREN | 37 | F35 | 384 | 1:05:35 | 8,23 | 7:17 |
| 4387 | 5056 | CAEYERS Vera | ANTWERPEN | 46 | F45 | 177 | 1:05:35 | 8,23 | 7:17 |
| 4388 | 1748 | DECKX Anjuska | EPPEGEM | 36 | F35 | 385 | 1:05:35 | 8,23 | 7:17 |
| 4389 | 5641 | JANSSEN Karen | OLEN | 1 | SEF | 1008 | 1:05:35 | 8,23 | 7:17 |
| 4390 | 2725 | VAN BERGEN Vicky | VREMDE | 35 | F35 | 386 | 1:05:35 | 8,23 | 7:17 |
| 4391 | 5060 | DE VOLDER Bianca | HOBOKEN | 42 | F40 | 275 | 1:05:36 | 8,23 | 7:17 |
| 4392 | 5451 | VAN KERCKHOVEN Michelle | BOOM | 21 | SEF | 1009 | 1:05:36 | 8,23 | 7:17 |
| 4393 | 1458 | VAN UNEN Anne-Marie | BOCHOLT | 29 | SEF | 1010 | 1:05:36 | 8,23 | 7:17 |
| 4394 | 2154 | WIJNANTS Gunter | KESSEL-LO | 38 | M35 | 456 | 1:05:36 | 8,23 | 7:17 |
| 4395 | 3546 | DE CNODDER Tim | GEEL | 36 | M35 | 457 | 1:05:37 | 8,23 | 7:17 |
| 4396 | 4083 | DE VOS Steve | OVERIJSE | 38 | M35 | 458 | 1:05:37 | 8,23 | 7:17 |
| 4397 | 6508 | FOLENS Vicky | OVERIJSE | 36 | F35 | 387 | 1:05:37 | 8,23 | 7:17 |
| 4398 | 4556 | OUDERMANS Jeroen | ZOERSEL | 27 | SEH | 1012 | 1:05:38 | 8,23 | 7:18 |
| 4399 | 1997 | PRENEN Veerle | VREMDE | 39 | F35 | 388 | 1:05:38 | 8,23 | 7:18 |
| 4400 | 2975 | LAMBRECHTS Wendy | GEEL | 37 | F35 | 389 | 1:05:40 | 8,22 | 7:18 |
| 4401 | 4555 | VAN OVERVELD Nick | ZOERSEL | 26 | SEH | 1013 | 1:05:41 | 8,22 | 7:18 |
| 4402 | 1864 | WILLEMYNS Elisa | BORGERHOUT | 20 | SEF | 1011 | 1:05:41 | 8,22 | 7:18 |
| 4403 | 3551 | DEHENAIN Shelly | ANTWERPEN | 24 | SEF | 1012 | 1:05:43 | 8,22 | 7:18 |
| 4404 | 1747 | JANSSENS Eike | ELEWIJT | 39 | F35 | 390 | 1:05:43 | 8,22 | 7:18 |
| 4405 | 2446 | VAN GOETHEM Laura | SCHOTEN | 27 | SEF | 1013 | 1:05:43 | 8,22 | 7:18 |
| 4406 | 5760 | LEYERS Kathleen | EKEREN | 47 | F45 | 178 | 1:05:44 | 8,22 | 7:18 |
| 4407 | 1639 | VAN STAPPEN Yana | WILRIJK | 17 | SEF | 1014 | 1:05:44 | 8,22 | 7:18 |
| 4408 | 1865 | WILLEMYNS Ina | BORGERHOUT | 22 | SEF | 1015 | 1:05:44 | 8,22 | 7:18 |
| 4409 | 5106 | BUYS Katrien | TEMSE | 43 | F40 | 276 | 1:05:45 | 8,21 | 7:18 |
| 4410 | 4726 | CLERBAUT Rita | TEMSE | 44 | M40 | 307 | 1:05:45 | 8,21 | 7:18 |
| 4411 | 1153 | DE GOÿ Delphine | RETIE | 24 | SEF | 1016 | 1:05:45 | 8,21 | 7:18 |
| 4412 | 1980 | GORIS Isabel | ANTWERPEN | 48 | F45 | 179 | 1:05:45 | 8,21 | 7:18 |
| 4413 | 4235 | VAN HERCK Gwen | EKEREN | 27 | SEF | 1017 | 1:05:45 | 8,21 | 7:18 |
| 4414 | 4356 | GROOS Nathalie | BRASSCHAAT | 27 | SEF | 1018 | 1:05:46 | 8,21 | 7:18 |
| 4415 | 4117 | LARIVIÈRE Robert | KALMTHOUT | 51 | M50 | 179 | 1:05:46 | 8,21 | 7:18 |
| 4416 | 4116 | LARIVIÈRE Ynke | KALMTHOUT | 21 | SEF | 1019 | 1:05:46 | 8,21 | 7:18 |
| 4417 | 1154 | SMETS Jasper | RETIE | 24 | SEH | 1014 | 1:05:46 | 8,21 | 7:18 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|---------------------------|---------------------|-----|-----|-------|---------|------|---------|
| 4418 | 5353 | VANDERMARLIERE Peter | SINT-JOB-IN-'T-GOOR | 53 | M50 | 180 | 1:05:46 | 8,21 | 7:18 |
| 4419 | 4521 | DENO Kizi | SCHOTEN | 38 | F35 | 391 | 1:05:47 | 8,21 | 7:19 |
| 4420 | 2091 | GEERAERTS Elke | TERVUREN | 45 | F45 | 180 | 1:05:48 | 8,21 | 7:19 |
| 4421 | 5968 | VAN DE WALLE Kim | GEEL | 32 | SEF | 1020 | 1:05:48 | 8,21 | 7:19 |
| 4422 | 3109 | APPELS Michiel | ANTWERPEN | 25 | SEH | 1015 | 1:05:49 | 8,20 | 7:19 |
| 4423 | 2095 | BOLLE Isabelle | KESSEL | 38 | F35 | 392 | 1:05:49 | 8,20 | 7:19 |
| 4424 | 6579 | SATSCHKO Ann | DIEPENBEEK | 39 | F35 | 393 | 1:05:49 | 8,20 | 7:19 |
| 4425 | 3556 | VAN DER WESTERLAKEN Clint | ANTWERPEN | 23 | SEH | 1016 | 1:05:49 | 8,20 | 7:19 |
| 4426 | 4514 | VAN LEUVEN Sally | SCHOTEN | 38 | F35 | 394 | 1:05:49 | 8,20 | 7:19 |
| 4427 | 5861 | PEETERS Jan | KAPellen | 40 | M40 | 308 | 1:05:50 | 8,20 | 7:19 |
| 4428 | 5788 | SEDIQI Wali | DEURNE | 19 | SEH | 1017 | 1:05:50 | 8,20 | 7:19 |
| 4429 | 2857 | VAN STYVENDAEL Tineke | AALST | 45 | F45 | 181 | 1:05:50 | 8,20 | 7:19 |
| 4430 | 3110 | VRIJENS Eva | ANTWERPEN | 23 | SEF | 1021 | 1:05:50 | 8,20 | 7:19 |
| 4431 | 4766 | DE BOUNGNE Caroline | ANTWERPEN | 39 | F35 | 395 | 1:05:51 | 8,20 | 7:19 |
| 4432 | 5033 | OSIEKA Louise | GENK | 25 | SEF | 1022 | 1:05:51 | 8,20 | 7:19 |
| 4433 | 6919 | WOLFS Kobe | SINT-JORIS-WINGE | 14 | SEH | 1018 | 1:05:51 | 8,20 | 7:19 |
| 4434 | 1915 | DE SCHEPPER Katrien | SCHELLE | 40 | F40 | 277 | 1:05:52 | 8,20 | 7:19 |
| 4435 | 4796 | VAN GOETHEM Cindy | KONTICH | 24 | SEF | 1023 | 1:05:52 | 8,20 | 7:19 |
| 4436 | 4627 | DE BODT Elske | HOEVENEN | 38 | F35 | 396 | 1:05:53 | 8,20 | 7:19 |
| 4437 | 483 | DE HERT Mikkel | ANTWERPEN | 31 | SEH | 1019 | 1:05:53 | 8,20 | 7:19 |
| 4438 | 3610 | DUCKAERT Steven | DEURNE | 32 | SEH | 1020 | 1:05:53 | 8,20 | 7:19 |
| 4439 | 4797 | ADAMS Jolien | LUBBEEK | 25 | SEF | 1024 | 1:05:54 | 8,19 | 7:19 |
| 4440 | 3798 | DENIS Dorien | DEURNE | 21 | SEF | 1025 | 1:05:54 | 8,19 | 7:19 |
| 4441 | 4634 | VAN DE WEYER Tamara | DEURNE | 36 | F35 | 397 | 1:05:54 | 8,19 | 7:19 |
| 4442 | 1914 | PAUWELYN Tine | REET | 38 | F35 | 398 | 1:05:55 | 8,19 | 7:19 |
| 4443 | 2858 | SIERENS Joke | AALST | 45 | F45 | 182 | 1:05:55 | 8,19 | 7:19 |
| 4444 | 3522 | VARLET Samuel | EVERGEM | 29 | SEH | 1021 | 1:05:55 | 8,19 | 7:19 |
| 4445 | 220 | VUEGEN Rudi | GROBBENDONK | 49 | M45 | 290 | 1:05:56 | 8,19 | 7:20 |
| 4446 | 2761 | GOOSSENS Kim | ZWIJNDRECHT | 39 | F35 | 399 | 1:05:57 | 8,19 | 7:20 |
| 4447 | 4442 | ROOVERS Kirsten | KESSEL | 28 | SEF | 1026 | 1:05:57 | 8,19 | 7:20 |
| 4448 | 6160 | VAN LOOK Eline | ZANDHOVEN | 17 | SEF | 1027 | 1:05:57 | 8,19 | 7:20 |
| 4449 | 1300 | GONTIE David | VILVOORDE | 40 | M40 | 309 | 1:05:58 | 8,19 | 7:20 |
| 4450 | 1301 | JACOBS Liesbeth | NIJLEN | 40 | F40 | 278 | 1:05:58 | 8,19 | 7:20 |
| 4451 | 2760 | SAENEN Jo | ZWIJNDRECHT | 45 | M45 | 291 | 1:05:58 | 8,19 | 7:20 |
| 4452 | 2368 | DEIJKERS Ramona | HEERLEN | 37 | F35 | 400 | 1:05:59 | 8,18 | 7:20 |
| 4453 | 3422 | KAMILA Zugarkova | BRUXELLES | 26 | SEF | 1028 | 1:05:59 | 8,18 | 7:20 |
| 4454 | 2122 | QUAEYHAEGENS Yvo | WIJNEGEM | 57 | M55 | 97 | 1:05:59 | 8,18 | 7:20 |
| 4455 | 2566 | JANSEN Aafje | SCHILDE | 35 | F35 | 401 | 1:06:00 | 8,18 | 7:20 |
| 4456 | 1255 | SCHOONDERBEEK Stefan | BERCHEM | 36 | M35 | 459 | 1:06:00 | 8,18 | 7:20 |
| 4457 | 4153 | VAN DER AUWERA Barry | OOSTENDE | 43 | M40 | 310 | 1:06:00 | 8,18 | 7:20 |
| 4458 | 6014 | KUTO Alexandra | BEERSE | 17 | SEF | 1029 | 1:06:01 | 8,18 | 7:20 |
| 4459 | 4932 | DE VALCK Katrien | MEENSEL-KIEZEGEM | 31 | SEF | 1030 | 1:06:02 | 8,18 | 7:20 |
| 4460 | 747 | CERVETTI Didier | BORGERHOUT | 27 | SEH | 1022 | 1:06:03 | 8,18 | 7:20 |
| 4461 | 1256 | TIBBE Annika | BERCHEM | 34 | SEF | 1031 | 1:06:03 | 8,18 | 7:20 |
| 4462 | 5019 | CARREMANS Isabelle | ANTWERPEN | 28 | SEF | 1032 | 1:06:04 | 8,17 | 7:20 |
| 4463 | 6234 | RAUWS Wim | ANTWERPEN | 28 | SEH | 1023 | 1:06:04 | 8,17 | 7:20 |
| 4464 | 5285 | BORREMANS Jo | ERPS-KWERPS | 37 | M35 | 460 | 1:06:05 | 8,17 | 7:21 |
| 4465 | 6233 | SNOW Saskia | BRASSCHAAT | 43 | F40 | 279 | 1:06:05 | 8,17 | 7:21 |
| 4466 | 1309 | VANTUYCOM Ann | DUIsburg | 48 | F45 | 183 | 1:06:05 | 8,17 | 7:21 |
| 4467 | 1130 | REICHERT Anouk | BRASSCHAAT | 39 | F35 | 402 | 1:06:06 | 8,17 | 7:21 |
| 4468 | 1016 | VAN THILLO Anick | ANTWERPEN | 42 | F40 | 280 | 1:06:06 | 8,17 | 7:21 |
| 4469 | 4288 | HELLEMANS Tinne | DEURNE | 26 | SEF | 1033 | 1:06:07 | 8,17 | 7:21 |
| 4470 | 6106 | HENDRICKX Mia | EKEREN | 58 | F55 | 47 | 1:06:07 | 8,17 | 7:21 |
| 4471 | 5284 | PUTTAERT Hanne | ERPS-KWERPS | 37 | F35 | 403 | 1:06:07 | 8,17 | 7:21 |
| 4472 | 6220 | SPRANGERS Sarah | BERCHEM | 27 | SEF | 1034 | 1:06:07 | 8,17 | 7:21 |
| 4473 | 3307 | VAN LAER Nan | BEERSE | 47 | F45 | 184 | 1:06:07 | 8,17 | 7:21 |
| 4474 | 4289 | VAN NUFFELEN Govert | BORSBEEK | 25 | SEH | 1024 | 1:06:07 | 8,17 | 7:21 |
| 4475 | 3426 | RAMON Wesley | ZELZATE | 35 | M35 | 461 | 1:06:08 | 8,17 | 7:21 |
| 4476 | 1015 | SCHEPERS Esteban | ANTWERPEN | 11 | SEH | 1025 | 1:06:08 | 8,17 | 7:21 |
| 4477 | 3425 | VAN ACKER Joyce | ZELZATE | 30 | SEF | 1035 | 1:06:08 | 8,17 | 7:21 |
| 4478 | 3308 | VAN LAER Vicky | BEERSE | 42 | F40 | 281 | 1:06:08 | 8,17 | 7:21 |
| 4479 | 3406 | BARTHOLOMEEUSEN Marleen | RIJKEVORSEL | 47 | F45 | 185 | 1:06:09 | 8,16 | 7:21 |
| 4480 | 5655 | AERTS Patrick | ANTWERPEN | 38 | M35 | 462 | 1:06:10 | 8,16 | 7:21 |
| 4481 | 2187 | JANSSSENS Danny | ANTWERPEN | 40 | M40 | 311 | 1:06:10 | 8,16 | 7:21 |
| 4482 | 6580 | ALPAERTS Magalie | BOOM | 25 | SEF | 1036 | 1:06:11 | 8,16 | 7:21 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|---------------------|------------------|-----|-----|-------|---------|------|---------|
| 4483 | 2845 | DE RECHTER Gino | ANTWERPEN | 54 | M50 | 181 | 1:06:11 | 8,16 | 7:21 |
| 4484 | 4764 | CUYPERS Elke | HEUSDEN- ZOLDER | 29 | SEF | 1037 | 1:06:12 | 8,16 | 7:21 |
| 4485 | 1017 | DUMEEZ Danny | WILRIJK | 42 | M40 | 312 | 1:06:12 | 8,16 | 7:21 |
| 4486 | 4933 | LODDEWYKX Frederik | MEENSEL-KIEZEGEM | 33 | SEH | 1026 | 1:06:12 | 8,16 | 7:21 |
| 4487 | 1573 | PIERRE Steven | MERKSEM | 41 | M40 | 313 | 1:06:12 | 8,16 | 7:21 |
| 4488 | 4931 | PREUDHOMME Katrien | PELLENBERG | 32 | SEF | 1038 | 1:06:12 | 8,16 | 7:21 |
| 4489 | 5892 | GULAMALI Rahim | BREDA | 41 | M40 | 314 | 1:06:13 | 8,16 | 7:21 |
| 4490 | 1737 | VAN BEEK Tanja | BRECHT | 45 | F45 | 186 | 1:06:13 | 8,16 | 7:21 |
| 4491 | 4765 | WILLEMS Rita | ZONHOVEN | 52 | F50 | 99 | 1:06:13 | 8,16 | 7:21 |
| 4492 | 4930 | GENTENS Bart | PELLENBERG | 32 | SEH | 1027 | 1:06:14 | 8,15 | 7:22 |
| 4493 | 2336 | RUTTEN Sarah | BALEN | 24 | SEF | 1039 | 1:06:14 | 8,15 | 7:22 |
| 4494 | 5007 | VERREPT Charis | BERCHEM | 25 | SEF | 1040 | 1:06:14 | 8,15 | 7:22 |
| 4495 | 4652 | PLOMPEN Karen | ANTWERPEN | 38 | F35 | 404 | 1:06:15 | 8,15 | 7:22 |
| 4496 | 537 | DAEMS Elke | TERVUREN | 45 | F45 | 187 | 1:06:18 | 8,14 | 7:22 |
| 4497 | 1733 | HEYLEN Cindy | BRECHT | 36 | F35 | 405 | 1:06:18 | 8,14 | 7:22 |
| 4498 | 2269 | MARICHAL Bert | WOMMELGEM | 41 | M40 | 315 | 1:06:19 | 8,14 | 7:22 |
| 4499 | 823 | CAMMANS Alana | BEERZEL | 17 | SEF | 1041 | 1:06:20 | 8,14 | 7:22 |
| 4500 | 4412 | DENISSEN Murielle | HEMIKSEM | 38 | F35 | 406 | 1:06:20 | 8,14 | 7:22 |
| 4501 | 4411 | PETERSE Maurice | HEMIKSEM | 45 | M45 | 292 | 1:06:20 | 8,14 | 7:22 |
| 4502 | 4746 | THYS Evy | SCHOTEN | 29 | SEF | 1042 | 1:06:20 | 8,14 | 7:22 |
| 4503 | 6564 | VAN DEN DYCKE Kelly | BRECHT | 35 | F35 | 407 | 1:06:20 | 8,14 | 7:22 |
| 4504 | 4232 | HOSTE Joke | BORGERHOUT | 29 | SEF | 1043 | 1:06:21 | 8,14 | 7:22 |
| 4505 | 841 | OSSTYN Mats | PUTTE | 17 | SEH | 1028 | 1:06:21 | 8,14 | 7:22 |
| 4506 | 4745 | VAN AERSCHOT Shari | SCHOTEN | 28 | SEF | 1044 | 1:06:21 | 8,14 | 7:22 |
| 4507 | 3332 | AERTSEN Sien | LOENHOUT | 24 | SEF | 1045 | 1:06:22 | 8,14 | 7:22 |
| 4508 | 2430 | SCHIPPER Ronald | BRUNSSUM | 40 | M40 | 316 | 1:06:22 | 8,14 | 7:22 |
| 4509 | 2185 | EULAERS Dimi | HEMIKSEM | 39 | M35 | 463 | 1:06:23 | 8,13 | 7:23 |
| 4510 | 6093 | VAN HAARLEM Yves | BAZEL | 37 | M35 | 464 | 1:06:23 | 8,13 | 7:23 |
| 4511 | 1730 | VANDENVEN Jolien | DEURNE | 21 | SEF | 1046 | 1:06:23 | 8,13 | 7:23 |
| 4512 | 6094 | BOGAERTS Elke | BEVEREN-WAAS | 28 | SEF | 1047 | 1:06:24 | 8,13 | 7:23 |
| 4513 | 4881 | EMBRECHTS Peggy | KAPELLEN | 35 | F35 | 408 | 1:06:24 | 8,13 | 7:23 |
| 4514 | 2127 | VAN DE WALLE Lowie | ZWEVEGEM | 28 | SEH | 1029 | 1:06:24 | 8,13 | 7:23 |
| 4515 | 3333 | VAN DIJCK Evelien | HOOGSTRATEN | 24 | SEF | 1048 | 1:06:24 | 8,13 | 7:23 |
| 4516 | 2450 | VANHOUTTE Kate | ROTSELAAR | 16 | SEF | 1049 | 1:06:24 | 8,13 | 7:23 |
| 4517 | 4879 | VERHAEGEN Annick | KAPELLEN | 40 | F40 | 282 | 1:06:24 | 8,13 | 7:23 |
| 4518 | 5367 | CARREMANS Valérie | ZOERSEL | 26 | SEF | 1050 | 1:06:25 | 8,13 | 7:23 |
| 4519 | 4878 | GRYSON Patricia | BRASSCHAAT | 36 | F35 | 409 | 1:06:25 | 8,13 | 7:23 |
| 4520 | 2128 | VANOVERBEKE Julie | ZWEVEGEM | 25 | SEF | 1051 | 1:06:25 | 8,13 | 7:23 |
| 4521 | 6477 | DOHMEN Dinska | SCHILDE | 45 | F45 | 188 | 1:06:26 | 8,13 | 7:23 |
| 4522 | 3348 | HOFMAN Bart | GENT | 39 | M35 | 465 | 1:06:26 | 8,13 | 7:23 |
| 4523 | 2498 | ROMBOUTS Leen | SINT LENAARTS | 31 | SEF | 1052 | 1:06:26 | 8,13 | 7:23 |
| 4524 | 3347 | SCHUDDINCK Hilde | GENT | 36 | F35 | 410 | 1:06:26 | 8,13 | 7:23 |
| 4525 | 2186 | VAN ALSENOY Noemi | HEMIKSEM | 40 | F40 | 283 | 1:06:26 | 8,13 | 7:23 |
| 4526 | 5035 | DEBO Tina | MORTSEL | 41 | F40 | 284 | 1:06:27 | 8,13 | 7:23 |
| 4527 | 1752 | HEYLEN Melissa | SCHOTEN | 30 | SEF | 1053 | 1:06:27 | 8,13 | 7:23 |
| 4528 | 6478 | DE BROUWER Alain | SCHILDE | 44 | M40 | 317 | 1:06:28 | 8,12 | 7:23 |
| 4529 | 5420 | VERBIEST Jill | SCHERPENHEUVEL | 27 | SEF | 1054 | 1:06:29 | 8,12 | 7:23 |
| 4530 | 5450 | BEELAERT Sandra | ANTWERPEN | 41 | F40 | 285 | 1:06:30 | 8,12 | 7:23 |
| 4531 | 371 | BOSMANS Ellen | TESSENDERLO | 25 | SEF | 1055 | 1:06:30 | 8,12 | 7:23 |
| 4532 | 6476 | DE BROUWER Laura | SCHILDE | 14 | SEF | 1056 | 1:06:30 | 8,12 | 7:23 |
| 4533 | 377 | VERDURMEN Marie | BORGERHOUT | 48 | F45 | 189 | 1:06:30 | 8,12 | 7:23 |
| 4534 | 5697 | BOSSUYT Nele | KONTICH | 27 | SEF | 1057 | 1:06:31 | 8,12 | 7:23 |
| 4535 | 5254 | GOETSCHALCKX Tinne | RIJEVORSEL | 35 | F35 | 411 | 1:06:31 | 8,12 | 7:23 |
| 4536 | 5251 | VAN TICHELT Nicole | RIJKEVORSEL | 38 | F35 | 412 | 1:06:31 | 8,12 | 7:23 |
| 4537 | 375 | VANGENECHTEN Lori | TESSENDERLO | 26 | SEF | 1058 | 1:06:31 | 8,12 | 7:23 |
| 4538 | 5235 | FRANKART Sandrine | OVERIJSE | 31 | SEF | 1059 | 1:06:32 | 8,12 | 7:24 |
| 4539 | 3292 | JANSSSENS Inez | DEURNE | 31 | SEF | 1060 | 1:06:32 | 8,12 | 7:24 |
| 4540 | 6192 | WILLEKENS Martine | GEEL | 50 | F50 | 100 | 1:06:32 | 8,12 | 7:24 |
| 4541 | 3294 | DURNEZ Martijn | AALST | 30 | SEH | 1030 | 1:06:33 | 8,11 | 7:24 |
| 4542 | 3293 | BROOKE Hannah | ANTWERPEN | 32 | SEF | 1061 | 1:06:34 | 8,11 | 7:24 |
| 4543 | 3646 | CROENEN Alina | KONTICH | 28 | SEF | 1062 | 1:06:34 | 8,11 | 7:24 |
| 4544 | 2849 | DOCKX Tania | HOEVENEN | 45 | F45 | 190 | 1:06:34 | 8,11 | 7:24 |
| 4545 | 1686 | VOCHTEN Elke | ANTWERPEN | 34 | SEF | 1063 | 1:06:34 | 8,11 | 7:24 |
| 4546 | 5114 | MAMPAEY Sandie | NIEL | 44 | F40 | 286 | 1:06:35 | 8,11 | 7:24 |
| 4547 | 2848 | VAN DE BRIL Ann | HOEVENEN | 41 | F40 | 287 | 1:06:35 | 8,11 | 7:24 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|----------------------|-----|-----|-------|---------|------|---------|
| 4548 | 5115 | DE BEVERE Krista | SCHOTEN | 44 | F40 | 288 | 1:06:36 | 8,11 | 7:24 |
| 4549 | 5618 | GULDENTOPS Luc | KONTICH | 42 | M40 | 318 | 1:06:36 | 8,11 | 7:24 |
| 4550 | 4833 | QUIRIJNEN Tinne | LEUVEN | 26 | SEF | 1064 | 1:06:36 | 8,11 | 7:24 |
| 4551 | 3358 | USAI Rosalba | ANTWERPEN | 31 | SEF | 1065 | 1:06:36 | 8,11 | 7:24 |
| 4552 | 4218 | VALLGAARD Elisabeth | DRAMMEN | 37 | F35 | 413 | 1:06:36 | 8,11 | 7:24 |
| 4553 | 5711 | VERHEYDEN Rudi | ESSEN | 52 | M50 | 182 | 1:06:36 | 8,11 | 7:24 |
| 4554 | 5379 | BOSMANS Robbe | MECHELEN | 9 | SEH | 1031 | 1:06:37 | 8,11 | 7:24 |
| 4555 | 4762 | CLIJSTERS Hannne | KESSEL LO | 26 | SEF | 1066 | 1:06:37 | 8,11 | 7:24 |
| 4556 | 5712 | DE KEYSER Dominique | ESSEN | 50 | F50 | 101 | 1:06:37 | 8,11 | 7:24 |
| 4557 | 1933 | DE SOMER Pauline | BRASSCHAAT | 26 | SEF | 1067 | 1:06:37 | 8,11 | 7:24 |
| 4558 | 5619 | GULDENTOPS Vic | KONTICH | 12 | SEH | 1032 | 1:06:37 | 8,11 | 7:24 |
| 4559 | 2485 | REYNDERS Rudy | ZOERSEL | 44 | M40 | 319 | 1:06:37 | 8,11 | 7:24 |
| 4560 | 5833 | THEUNS Marthe | SCHOTEN | 26 | SEF | 1068 | 1:06:37 | 8,11 | 7:24 |
| 4561 | 5620 | GULDENTOPS Cas | KONTICH | 12 | SEH | 1033 | 1:06:38 | 8,10 | 7:24 |
| 4562 | 5381 | HELLEMANS Koen | MECHELEN | 13 | SEH | 1034 | 1:06:38 | 8,10 | 7:24 |
| 4563 | 4567 | VIRTA Jenny | MORTSEL | 36 | F35 | 414 | 1:06:38 | 8,10 | 7:24 |
| 4564 | 6112 | HAUTEKEETE Bart | BUGGENHOUT | 32 | SEH | 1035 | 1:06:39 | 8,10 | 7:24 |
| 4565 | 5252 | HERMANS An | RIJKEVORSEL | 36 | F35 | 415 | 1:06:39 | 8,10 | 7:24 |
| 4566 | 2448 | VANDEPERRE Edith | GEEL | 53 | F50 | 102 | 1:06:39 | 8,10 | 7:24 |
| 4567 | 4777 | VANDERHEIJDEN Wouter | SINT-KATELIJNE-WAVER | 24 | SEH | 1036 | 1:06:39 | 8,10 | 7:24 |
| 4568 | 766 | WUYTS Elke | ESSEN | 35 | F35 | 416 | 1:06:39 | 8,10 | 7:24 |
| 4569 | 2449 | JOSCHKO Michaela | LIER | 46 | F45 | 191 | 1:06:40 | 8,10 | 7:24 |
| 4570 | 4807 | MERMANS Kitty | KAPellen | 43 | F40 | 289 | 1:06:40 | 8,10 | 7:24 |
| 4571 | 3630 | MEYSMANS Amy | SCHILDE | 19 | SEF | 1069 | 1:06:40 | 8,10 | 7:24 |
| 4572 | 4716 | POORTING Pieter | BRECHT | 39 | M35 | 466 | 1:06:40 | 8,10 | 7:24 |
| 4573 | 4944 | VANDENBOSCH Dagmar | TEMSE | 22 | SEF | 1070 | 1:06:40 | 8,10 | 7:24 |
| 4574 | 4717 | LOMBAERTS Saskia | BRECHT | 39 | F35 | 417 | 1:06:41 | 8,10 | 7:25 |
| 4575 | 1409 | PAUWELS Guillaume | LOCHRISTI | 28 | SEH | 1037 | 1:06:41 | 8,10 | 7:25 |
| 4576 | 4718 | RISSEEUW Dimitri | BRECHT | 39 | M35 | 467 | 1:06:41 | 8,10 | 7:25 |
| 4577 | 5779 | VANDERHEIJDEN Wim | SINT-KATELIJNE-WAVER | 54 | M50 | 183 | 1:06:41 | 8,10 | 7:25 |
| 4578 | 667 | BERNAERTS Lavina | BRECHT | 36 | F35 | 418 | 1:06:42 | 8,10 | 7:25 |
| 4579 | 5287 | GEERDENS Inge | ANTWERPEN | 45 | F45 | 192 | 1:06:42 | 8,10 | 7:25 |
| 4580 | 4264 | HEYMAN Salomé | TIELRODE | 17 | SEF | 1071 | 1:06:42 | 8,10 | 7:25 |
| 4581 | 6471 | COELST Aline | HEIST-OP-DEN-BERG | 30 | SEF | 1072 | 1:06:43 | 8,09 | 7:25 |
| 4582 | 3130 | LAUREYNS Jill | PULDERBOS | 34 | SEF | 1073 | 1:06:43 | 8,09 | 7:25 |
| 4583 | 1162 | VAN ELK Jean-Paul | TREMELO | 48 | M45 | 293 | 1:06:43 | 8,09 | 7:25 |
| 4584 | 6111 | VAN MULDER'S Leslie | MORTSEL | 30 | SEF | 1074 | 1:06:43 | 8,09 | 7:25 |
| 4585 | 4681 | WOUTERS Stephanie | PULDERBOS | 29 | SEF | 1075 | 1:06:43 | 8,09 | 7:25 |
| 4586 | 5241 | BROCKEL Alexandra | HEIST-OP-DEN-BERG | 25 | SEF | 1076 | 1:06:44 | 8,09 | 7:25 |
| 4587 | 1365 | DE COEN Lieve | STEKENE | 43 | F40 | 290 | 1:06:44 | 8,09 | 7:25 |
| 4588 | 6184 | MAEGH Marie | RIJKEVORSEL | 17 | SEF | 1077 | 1:06:46 | 8,09 | 7:25 |
| 4589 | 6198 | STEFANIE Wellens | WESTERLO | 18 | SEF | 1078 | 1:06:47 | 8,09 | 7:25 |
| 4590 | 5909 | EXELMANS Elke | MERKSEM | 27 | SEF | 1079 | 1:06:48 | 8,08 | 7:25 |
| 4591 | 3373 | VAN DEN HERREWEGHE Nne | MECHELEN | 55 | F55 | 48 | 1:06:49 | 8,08 | 7:25 |
| 4592 | 1 | COOPMANS Lieve | WESTERLO | 42 | F40 | 291 | 1:06:50 | 8,08 | 7:26 |
| 4593 | 4649 | GONZALEZ ESTEBAN Vanessa | WILRIJK | 28 | SEF | 1080 | 1:06:50 | 8,08 | 7:26 |
| 4594 | 6113 | SPRUYT Eline | MERKSEM | 29 | SEF | 1081 | 1:06:50 | 8,08 | 7:26 |
| 4595 | 2739 | WIELEMANS Lode | STABROEK | 36 | M35 | 468 | 1:06:51 | 8,08 | 7:26 |
| 4596 | 5907 | CALUWÉ Roel | EKEREN | 29 | SEH | 1038 | 1:06:52 | 8,08 | 7:26 |
| 4597 | 2277 | WILLEMS Ellen | WOMMELGEM | 35 | F35 | 419 | 1:06:52 | 8,08 | 7:26 |
| 4598 | 6018 | DRUMLAK Oliwia | ANTWERPEN | 12 | SEF | 1082 | 1:06:53 | 8,07 | 7:26 |
| 4599 | 6013 | GOLEBIEWSKA Aneta | ANTWERPEN | 25 | SEF | 1083 | 1:06:53 | 8,07 | 7:26 |
| 4600 | 5917 | VAN DEN BERGH Eve | BORNEM | 40 | F40 | 292 | 1:06:53 | 8,07 | 7:26 |
| 4601 | 1252 | WOUTERS Stefanie | KAPellen | 27 | SEF | 1084 | 1:06:53 | 8,07 | 7:26 |
| 4602 | 6016 | DRUMLAK Damian | ANTWERPEN | 21 | SEH | 1039 | 1:06:54 | 8,07 | 7:26 |
| 4603 | 3995 | BELMANS Nele | DEURNE | 34 | SEF | 1085 | 1:06:55 | 8,07 | 7:26 |
| 4604 | 3996 | DEKIEN Hanne | RAMSEL | 34 | SEF | 1086 | 1:06:55 | 8,07 | 7:26 |
| 4605 | 3424 | HANEGREEFS Stijn | LEOPOLDSBURG | 34 | SEH | 1040 | 1:06:55 | 8,07 | 7:26 |
| 4606 | 1812 | JULIE Heveraet | HAACHT | 24 | SEF | 1087 | 1:06:55 | 8,07 | 7:26 |
| 4607 | 4206 | MANGELSCHOTS Inge | DEURNE | 34 | SEF | 1088 | 1:06:55 | 8,07 | 7:26 |
| 4608 | 5916 | PIESSENS Ellen | BORNEM | 34 | SEF | 1089 | 1:06:55 | 8,07 | 7:26 |
| 4609 | 1254 | STESSENS Maria | KAPellen | 52 | F50 | 103 | 1:06:55 | 8,07 | 7:26 |
| 4610 | 3566 | VAN DEN HOUDT Karen | MALLE | 27 | SEF | 1090 | 1:06:55 | 8,07 | 7:26 |
| 4611 | 5908 | VANYTSEL Dennis | EKEREN | 28 | SEH | 1041 | 1:06:55 | 8,07 | 7:26 |
| 4612 | 4873 | VINGERHOETS Joke | MORTSEL | 37 | F35 | 420 | 1:06:55 | 8,07 | 7:26 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|---------------------|-----|-----|-------|---------|------|---------|
| 4613 | 2677 | COUSSENS Marleen | WAASMUNSTER | 34 | SEF | 1091 | 1:06:56 | 8,07 | 7:26 |
| 4614 | 5691 | ESKENS Johnny | OELEGEM | 38 | M35 | 469 | 1:06:56 | 8,07 | 7:26 |
| 4615 | 5681 | VAN DEUREN Nele | OELEGEM | 34 | SEF | 1092 | 1:06:56 | 8,07 | 7:26 |
| 4616 | 5464 | NELEN Eveline | BERCHEM | 29 | SEF | 1093 | 1:06:57 | 8,07 | 7:26 |
| 4617 | 2869 | VANDOUSSELAERE Heidi | OELEGEM | 43 | F40 | 293 | 1:06:57 | 8,07 | 7:26 |
| 4618 | 2686 | DE MAESENEER Hilde | WAASMUNSTER | 41 | F40 | 294 | 1:06:58 | 8,06 | 7:26 |
| 4619 | 5463 | MEERSMAN Sarah | BORSBEEK | 30 | SEF | 1094 | 1:06:58 | 8,06 | 7:26 |
| 4620 | 3484 | DE GRAVE Ellen | BOOM | 21 | SEF | 1095 | 1:06:59 | 8,06 | 7:27 |
| 4621 | 698 | BOMBEREN Wen | WIJNEGEM | 42 | F40 | 295 | 1:07:00 | 8,06 | 7:27 |
| 4622 | 1142 | STRATSAERT Ann | TREMELO | 52 | F50 | 104 | 1:07:01 | 8,06 | 7:27 |
| 4623 | 2500 | VANDER HEYDEN Nele | TREMELO | 16 | SEF | 1096 | 1:07:02 | 8,06 | 7:27 |
| 4624 | 1682 | VAN BAELEN Katia | HEMIKSEM | 39 | F35 | 421 | 1:07:03 | 8,05 | 7:27 |
| 4625 | 5923 | SCHALLENBERG Ragna | LIER | 36 | F35 | 422 | 1:07:04 | 8,05 | 7:27 |
| 4626 | 3107 | VAN KERCKHOVEN Jan | WESTERLO | 35 | M35 | 470 | 1:07:04 | 8,05 | 7:27 |
| 4627 | 5602 | LAMOT Tom | KAPellen | 39 | M35 | 471 | 1:07:05 | 8,05 | 7:27 |
| 4628 | 5910 | NIJS Marjan | LIER | 30 | SEF | 1097 | 1:07:05 | 8,05 | 7:27 |
| 4629 | 3724 | VERHAERT Jeroen | HOEVENEN | 38 | M35 | 472 | 1:07:05 | 8,05 | 7:27 |
| 4630 | 2870 | BURM Emmy | EDEGEM | 53 | F50 | 105 | 1:07:06 | 8,05 | 7:27 |
| 4631 | 1740 | DEBEER Rilke | WILRIJK | 15 | SEF | 1098 | 1:07:06 | 8,05 | 7:27 |
| 4632 | 3567 | OUDEMANNS Hilde | WESTMALLE | 51 | F50 | 106 | 1:07:06 | 8,05 | 7:27 |
| 4633 | 5423 | STRYCKMANS Dirk | WUUSTWEZEL | 44 | M40 | 320 | 1:07:07 | 8,05 | 7:27 |
| 4634 | 5422 | STRYCKMANS Flynn | WUUSTWEZEL | 13 | SEF | 1099 | 1:07:07 | 8,05 | 7:27 |
| 4635 | 3728 | VERGAUWEN Jessie | TEMSE | 35 | F35 | 423 | 1:07:07 | 8,05 | 7:27 |
| 4636 | 3998 | CARÉME Alexis | BERCHEM | 45 | M45 | 294 | 1:07:08 | 8,04 | 7:28 |
| 4637 | 5065 | DANIELS Leen | ANTWERPEN | 26 | SEF | 1100 | 1:07:08 | 8,04 | 7:28 |
| 4638 | 4910 | DEFILLET Jokke | BORGERHOUT | 36 | M35 | 473 | 1:07:08 | 8,04 | 7:28 |
| 4639 | 6378 | CAMPO Ine | SCHOTEN | 29 | SEF | 1101 | 1:07:09 | 8,04 | 7:28 |
| 4640 | 2118 | DANIELS Loes | BRASSCHAAT | 24 | SEF | 1102 | 1:07:09 | 8,04 | 7:28 |
| 4641 | 6434 | ROUCHET Dave | ANTWERPEN | 45 | M45 | 295 | 1:07:09 | 8,04 | 7:28 |
| 4642 | 1347 | VANDEVOORDT Wendy | ZOERSEL | 35 | F35 | 424 | 1:07:09 | 8,04 | 7:28 |
| 4643 | 1537 | VERHASSELT An | BRECHT | 34 | SEF | 1103 | 1:07:09 | 8,04 | 7:28 |
| 4644 | 3997 | HALSBERGHE Isabelle | ANTWERPEN | 44 | F40 | 296 | 1:07:10 | 8,04 | 7:28 |
| 4645 | 1001 | HAMBLOK Bob | ANTWERPEN | 34 | SEH | 1042 | 1:07:10 | 8,04 | 7:28 |
| 4646 | 2043 | BRUYNDONX Joris | KONTICH | 38 | M35 | 474 | 1:07:11 | 8,04 | 7:28 |
| 4647 | 6435 | DHONDT Miriam Eva | EDEGEM | 38 | F35 | 425 | 1:07:11 | 8,04 | 7:28 |
| 4648 | 1000 | VRANCKAERT Dorien | ANTWERPEN | 29 | SEF | 1104 | 1:07:11 | 8,04 | 7:28 |
| 4649 | 4419 | VAN HOUDENHOVE Inge | DEURNE | 35 | F35 | 426 | 1:07:12 | 8,04 | 7:28 |
| 4650 | 5857 | VERBIST Isis | SCHILDE | 36 | F35 | 427 | 1:07:12 | 8,04 | 7:28 |
| 4651 | 6253 | DUCHENE Guy | RANST | 50 | M50 | 184 | 1:07:13 | 8,03 | 7:28 |
| 4652 | 3075 | FRANCKEN Ruben | WUUSTWEZEL | 25 | SEH | 1043 | 1:07:13 | 8,03 | 7:28 |
| 4653 | 2529 | RIJMENANS Katrien | REET | 35 | F35 | 428 | 1:07:13 | 8,03 | 7:28 |
| 4654 | 2473 | VANZURPELE Liesbeth | ZOERSEL | 35 | F35 | 429 | 1:07:13 | 8,03 | 7:28 |
| 4655 | 5434 | CLOOSTERMANS Sofie | WIJNEGEM | 44 | F40 | 297 | 1:07:14 | 8,03 | 7:28 |
| 4656 | 4420 | KERKMANS Karen | DEURNE | 36 | F35 | 430 | 1:07:14 | 8,03 | 7:28 |
| 4657 | 3077 | MONDELEARS Stéphanie | HALLE ZOERSEL | 27 | SEF | 1105 | 1:07:14 | 8,03 | 7:28 |
| 4658 | 899 | PEERSMAN Cindy | KAPellen | 21 | SEF | 1106 | 1:07:14 | 8,03 | 7:28 |
| 4659 | 4237 | CAMMAER Catherine | ANTWERPEN | 34 | SEF | 1107 | 1:07:15 | 8,03 | 7:28 |
| 4660 | 2980 | VAN DONINCK Bert | SCHOTEN | 35 | M35 | 475 | 1:07:16 | 8,03 | 7:28 |
| 4661 | 4977 | WEYLER Tania | WOMMELGEM | 44 | F40 | 298 | 1:07:16 | 8,03 | 7:28 |
| 4662 | 2880 | BOLCKMANS Liesbeth | OELEGEM | 37 | F35 | 431 | 1:07:17 | 8,03 | 7:29 |
| 4663 | 2981 | LAVRYSEN Liesbeth | SCHOTEN | 35 | F35 | 432 | 1:07:17 | 8,03 | 7:29 |
| 4664 | 3876 | VAN THIENEN Hanna | ANTWERPEN | 35 | F35 | 433 | 1:07:17 | 8,03 | 7:29 |
| 4665 | 2046 | BERNAERTS Inge | SINT-JOB-IN-'T-GOOR | 31 | SEF | 1108 | 1:07:19 | 8,02 | 7:29 |
| 4666 | 5509 | DIRICKX Frederic | HULDENBERG | 40 | M40 | 321 | 1:07:20 | 8,02 | 7:29 |
| 4667 | 3906 | CAMOZU Pinar | BRUXELLES | 32 | SEF | 1109 | 1:07:21 | 8,02 | 7:29 |
| 4668 | 3264 | VAN DRIEL Nicky | ZWIJNDRECHT | 31 | SEH | 1044 | 1:07:22 | 8,02 | 7:29 |
| 4669 | 1636 | VAN STAPPEN Chris | WILRIJK | 50 | M50 | 185 | 1:07:22 | 8,02 | 7:29 |
| 4670 | 438 | VAN REETH Helena | STABROEK | 60 | F60 | 17 | 1:07:23 | 8,01 | 7:29 |
| 4671 | 1638 | VAN STAPPEN Shana | WILRIJK | 21 | SEF | 1110 | 1:07:23 | 8,01 | 7:29 |
| 4672 | 5121 | BATS Wenche | SINT-NIKLAAS | 39 | F35 | 434 | 1:07:24 | 8,01 | 7:29 |
| 4673 | 4760 | VERHEYEN Suzanne | DUFFEL | 26 | SEF | 1111 | 1:07:24 | 8,01 | 7:29 |
| 4674 | 5175 | WEMEL Laurent | DUFFEL | 26 | SEH | 1045 | 1:07:24 | 8,01 | 7:29 |
| 4675 | 4983 | MARIËN Marilyn | HALLAAR | 30 | SEF | 1112 | 1:07:25 | 8,01 | 7:29 |
| 4676 | 5011 | STUER Dries | BURCHT | 31 | SEH | 1046 | 1:07:26 | 8,01 | 7:30 |
| 4677 | 1232 | VAN PUYENBROECK Nathalie | BRASSCHAAT | 40 | F40 | 299 | 1:07:26 | 8,01 | 7:30 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|---------------------------|---------------------|-----|-----|-------|---------|------|---------|
| 4678 | 90 | FLORUS Catherine | KESSEL | 30 | SEF | 1113 | 1:07:27 | 8,01 | 7:30 |
| 4679 | 4876 | TIELEMANS Kelly | PUTTE | 32 | SEF | 1114 | 1:07:27 | 8,01 | 7:30 |
| 4680 | 2496 | BELLEKENS Ruth | ZOERSEL | 43 | F40 | 300 | 1:07:28 | 8,00 | 7:30 |
| 4681 | 3166 | DENOLET Sandra | MELSELE | 47 | F45 | 193 | 1:07:28 | 8,00 | 7:30 |
| 4682 | 3339 | DAMAN Christel | BEVEREN | 58 | F55 | 49 | 1:07:29 | 8,00 | 7:30 |
| 4683 | 88 | VAN CANT Evi | KESSEL | 32 | SEF | 1115 | 1:07:29 | 8,00 | 7:30 |
| 4684 | 254 | MANNAERTS Willy | DEURNE | 55 | M55 | 98 | 1:07:30 | 8,00 | 7:30 |
| 4685 | 5370 | ROMMES Frank | MOL | 51 | M50 | 186 | 1:07:33 | 7,99 | 7:30 |
| 4686 | 5369 | WILMS Els | MOL | 49 | F45 | 194 | 1:07:33 | 7,99 | 7:30 |
| 4687 | 6214 | MARCELIS Lien | STERREBEEK | 18 | SEF | 1116 | 1:07:34 | 7,99 | 7:30 |
| 4688 | 4956 | SMET Vivian | BAZEL | 55 | F55 | 50 | 1:07:34 | 7,99 | 7:30 |
| 4689 | 4955 | GELEYN Katrien | TEMSE | 51 | F50 | 107 | 1:07:35 | 7,99 | 7:31 |
| 4690 | 4066 | HUYGENS Jurgen | VILVOORDE | 41 | M40 | 322 | 1:07:35 | 7,99 | 7:31 |
| 4691 | 5624 | VAN BELLEGHEM Maartje | SINT-NIKLAAS | 36 | F35 | 435 | 1:07:35 | 7,99 | 7:31 |
| 4692 | 1551 | VERDUYN John | ALMKERK | 34 | SEF | 1117 | 1:07:35 | 7,99 | 7:31 |
| 4693 | 6250 | ROBEIJNS Sara | PUTTE | 24 | SEF | 1118 | 1:07:36 | 7,99 | 7:31 |
| 4694 | 6251 | SCHAFFERS Caroline | KASTERLEE | 24 | SEF | 1119 | 1:07:36 | 7,99 | 7:31 |
| 4695 | 1026 | WILLEKENS Helmut | MORKHOVEN | 36 | M35 | 476 | 1:07:37 | 7,99 | 7:31 |
| 4696 | 5689 | DE PLECKER Ingrid | LONDERZEEL | 50 | F50 | 108 | 1:07:38 | 7,98 | 7:31 |
| 4697 | 4986 | KROLS Yunsy | NEDER-OVER-HEEMBEEK | 31 | SEF | 1120 | 1:07:38 | 7,98 | 7:31 |
| 4698 | 5613 | STEENSSENS Valérie | NIEUWKERKEN | 25 | SEF | 1121 | 1:07:38 | 7,98 | 7:31 |
| 4699 | 5684 | DE PLECKER Ann | LONDERZEEL | 48 | F45 | 195 | 1:07:39 | 7,98 | 7:31 |
| 4700 | 3441 | PETER Dewispelaere | SCHOTEN | 50 | M50 | 187 | 1:07:39 | 7,98 | 7:31 |
| 4701 | 5610 | VAN DAMME Kim | NIEUWKERKEN WAAS | 28 | SEF | 1122 | 1:07:39 | 7,98 | 7:31 |
| 4702 | 3926 | VAN INGELGEM Annemie | BORSBEEK | 36 | F35 | 436 | 1:07:39 | 7,98 | 7:31 |
| 4703 | 5831 | MICHIELS Thirsa | SCHOTEN | 26 | SEF | 1123 | 1:07:40 | 7,98 | 7:31 |
| 4704 | 3440 | PEETERMANS Viviane | SCHOTEN | 47 | F45 | 196 | 1:07:40 | 7,98 | 7:31 |
| 4705 | 5232 | VRANCKEN K | MORTSEL | 43 | F40 | 301 | 1:07:40 | 7,98 | 7:31 |
| 4706 | 5543 | DE CONINCK Maelle | EDEGEM | 26 | SEF | 1124 | 1:07:41 | 7,98 | 7:31 |
| 4707 | 5544 | HERMANS Charlotte | BERCHEM | 25 | SEF | 1125 | 1:07:41 | 7,98 | 7:31 |
| 4708 | 5867 | SEBRECHTS Nathalie | ZOERSEL | 21 | SEF | 1126 | 1:07:41 | 7,98 | 7:31 |
| 4709 | 2698 | STEURS Dirk | WILRIJK | 47 | M45 | 296 | 1:07:41 | 7,98 | 7:31 |
| 4710 | 601 | VAN DEN BRANDE Christophe | MORTSEL | 39 | M35 | 477 | 1:07:41 | 7,98 | 7:31 |
| 4711 | 2423 | BONIVER Ken | MERKSEM | 30 | SEH | 1047 | 1:07:42 | 7,98 | 7:31 |
| 4712 | 2696 | GUTTIG Gert | DEURNE | 32 | SEH | 1048 | 1:07:43 | 7,97 | 7:31 |
| 4713 | 4067 | VERBEKEN Veerle | MERCHTEM | 35 | F35 | 437 | 1:07:43 | 7,97 | 7:31 |
| 4714 | 5705 | BRUGHMANS Elise | WESTMALLE | 15 | SEF | 1127 | 1:07:44 | 7,97 | 7:32 |
| 4715 | 3516 | CHARKAOUI Adil | BERCHEM | 24 | SEH | 1049 | 1:07:44 | 7,97 | 7:32 |
| 4716 | 602 | VAN GULCK Katrien | MORTSEL | 39 | F35 | 438 | 1:07:44 | 7,97 | 7:32 |
| 4717 | 5703 | DEWITTE Jade | ZOERSEL | 15 | SEF | 1128 | 1:07:45 | 7,97 | 7:32 |
| 4718 | 2988 | LAENEN Nadine | WIJNEGEM | 35 | F35 | 439 | 1:07:45 | 7,97 | 7:32 |
| 4719 | 2986 | TYSSSEN Evi | SCHOTEN | 28 | SEF | 1129 | 1:07:45 | 7,97 | 7:32 |
| 4720 | 5868 | NICOLAI Thijs | BRECHT | 21 | SEH | 1050 | 1:07:46 | 7,97 | 7:32 |
| 4721 | 5832 | VERBRUGGE Caroline | SCHOTEN | 26 | SEF | 1130 | 1:07:47 | 7,97 | 7:32 |
| 4722 | 84 | SCHILLEBEECKX Monique | BEERSE | 49 | F45 | 197 | 1:07:49 | 7,96 | 7:32 |
| 4723 | 3444 | VAN CUTSEM Iris | ZANDHOVEN | 39 | F35 | 440 | 1:07:50 | 7,96 | 7:32 |
| 4724 | 5454 | VANDENBERGHE Imke | AALST | 31 | SEF | 1131 | 1:07:50 | 7,96 | 7:32 |
| 4725 | 6280 | DE BRAUWER Jan | TERNAT | 37 | M35 | 478 | 1:07:52 | 7,96 | 7:32 |
| 4726 | 2117 | LONGUEVILLE Lynn | KAPellen | 21 | SEF | 1132 | 1:07:52 | 7,96 | 7:32 |
| 4727 | 5455 | ROBEET Wendy | LEUVEN | 31 | SEF | 1133 | 1:07:52 | 7,96 | 7:32 |
| 4728 | 6274 | DE BLAUWE Kristof | ANTWERPEN | 37 | M35 | 479 | 1:07:53 | 7,95 | 7:33 |
| 4729 | 1524 | HEYRICK Ilke | BRASSCHAAT | 21 | SEF | 1134 | 1:07:54 | 7,95 | 7:33 |
| 4730 | 54 | MICHIELSEN Els | BEERSE | 42 | F40 | 302 | 1:07:54 | 7,95 | 7:33 |
| 4731 | 4191 | SCHAEPS Elke | MERKSEM | 51 | F50 | 109 | 1:07:54 | 7,95 | 7:33 |
| 4732 | 4803 | VERCRUYSSSE Sarah | BEVEREN | 31 | SEF | 1135 | 1:07:54 | 7,95 | 7:33 |
| 4733 | 4804 | DE RYCK Britt | STEKENE | 31 | SEF | 1136 | 1:07:55 | 7,95 | 7:33 |
| 4734 | 4189 | VERSCHUEREN Anouk | MERKSEM | 17 | SEF | 1137 | 1:07:55 | 7,95 | 7:33 |
| 4735 | 5320 | DIELS Mieke | LILLE | 21 | SEF | 1138 | 1:07:56 | 7,95 | 7:33 |
| 4736 | 781 | DEKONINCK Inge | BERCHEM | 47 | F45 | 198 | 1:07:57 | 7,95 | 7:33 |
| 4737 | 791 | THEUNIS Tina | LIER | 41 | F40 | 303 | 1:07:57 | 7,95 | 7:33 |
| 4738 | 4141 | VAN DAMME Pieter | BERCHEM | 29 | SEH | 1051 | 1:07:57 | 7,95 | 7:33 |
| 4739 | 4042 | DAELEMANS Stijn | HOBOKEN | 22 | SEH | 1052 | 1:07:58 | 7,95 | 7:33 |
| 4740 | 1820 | ROGGEN Annelies | MORTSEL | 31 | SEF | 1139 | 1:07:58 | 7,95 | 7:33 |
| 4741 | 1711 | DE BEUCKELEER Heidi | GROBBENDONK | 38 | F35 | 441 | 1:07:59 | 7,94 | 7:33 |
| 4742 | 1522 | VAN HAVENBERGH Ann | BRASSCHAAT | 49 | F45 | 199 | 1:07:59 | 7,94 | 7:33 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|----------------------|-----|-----|-------|---------|------|---------|
| 4743 | 4139 | MARTENS Sarah | BERCHEM | 30 | SEF | 1140 | 1:08:00 | 7,94 | 7:33 |
| 4744 | 3616 | COLIN Anne | DEURNE | 31 | SEF | 1141 | 1:08:01 | 7,94 | 7:33 |
| 4745 | 1685 | DE VRIES Bart | GROBBENDONK | 45 | M45 | 297 | 1:08:01 | 7,94 | 7:33 |
| 4746 | 4685 | VERBRUGGEN Petra | RAMSEL | 46 | F45 | 200 | 1:08:01 | 7,94 | 7:33 |
| 4747 | 5555 | DE CUYPER Leslie | BORSBEEK | 34 | SEH | 1053 | 1:08:02 | 7,94 | 7:34 |
| 4748 | 5321 | BLOCKHUYS Karen | LILLE | 21 | SEF | 1142 | 1:08:03 | 7,94 | 7:34 |
| 4749 | 4837 | BRUYNINCKX Ian | BRASSCHAAT | 36 | M35 | 480 | 1:08:03 | 7,94 | 7:34 |
| 4750 | 1967 | RENE Nicolas | TROOZ | 35 | M35 | 481 | 1:08:03 | 7,94 | 7:34 |
| 4751 | 2369 | VAN GENDEREN Henk | DEURNE | 54 | M50 | 188 | 1:08:04 | 7,93 | 7:34 |
| 4752 | 4468 | VERHOEVEN Charlotte | ZANDHOVEN | 15 | SEF | 1143 | 1:08:05 | 7,93 | 7:34 |
| 4753 | 4469 | JANSSENS Esther | EKEREN | 40 | F40 | 304 | 1:08:06 | 7,93 | 7:34 |
| 4754 | 6574 | NR 6574 | | | - | 9 | 1:08:06 | 7,93 | 7:34 |
| 4755 | 6385 | SAEYS Gilles Gigi | LEBBEKE | 24 | SEH | 1054 | 1:08:06 | 7,93 | 7:34 |
| 4756 | 4846 | BELLEKENS Berdien | PUTTE | 27 | SEF | 1144 | 1:08:08 | 7,93 | 7:34 |
| 4757 | 5034 | KNEEPKENS Coco | BORGERHOUT | 25 | SEF | 1145 | 1:08:08 | 7,93 | 7:34 |
| 4758 | 900 | MAES Linda | BRASSCHAAT | 51 | F50 | 110 | 1:08:08 | 7,93 | 7:34 |
| 4759 | 1420 | BRYS Daniëlle | BRASSCHAAT | 40 | F40 | 305 | 1:08:09 | 7,92 | 7:34 |
| 4760 | 4860 | GONZALEZ Bianca | HEMIKSEM | 30 | SEF | 1146 | 1:08:09 | 7,92 | 7:34 |
| 4761 | 486 | HOEFNAGELS Geert | WESTERLO | 47 | M45 | 298 | 1:08:09 | 7,92 | 7:34 |
| 4762 | 4859 | GONZALEZ Jessica | RIJKEVORSEL | 30 | SEF | 1147 | 1:08:10 | 7,92 | 7:34 |
| 4763 | 5981 | TANASALE Freya | EKEREN | 27 | SEF | 1148 | 1:08:10 | 7,92 | 7:34 |
| 4764 | 484 | HUYSKENS Peter | WESTERLO | 47 | M45 | 299 | 1:08:11 | 7,92 | 7:35 |
| 4765 | 1031 | KIN Marian | BOECHOUT | 44 | F40 | 306 | 1:08:11 | 7,92 | 7:35 |
| 4766 | 2985 | VAN HUL Thomas | SCHOTEN | 30 | SEH | 1055 | 1:08:11 | 7,92 | 7:35 |
| 4767 | 5323 | VERCAMMEN Cyrus | ANTWERPEN | 32 | SEH | 1056 | 1:08:12 | 7,92 | 7:35 |
| 4768 | 4557 | DE GEEST Giovanni | BERLARE | 26 | SEH | 1057 | 1:08:13 | 7,92 | 7:35 |
| 4769 | 2700 | PANHUYZEN Karen | BORGERHOUT | 44 | F40 | 307 | 1:08:13 | 7,92 | 7:35 |
| 4770 | 5491 | POTIAU Sabine | HOBOKEN | 50 | F50 | 111 | 1:08:13 | 7,92 | 7:35 |
| 4771 | 4756 | VANDEBUSSCHE Nathalie | EKEREN | 35 | F35 | 442 | 1:08:13 | 7,92 | 7:35 |
| 4772 | 4558 | DE BACKER Evelyn | BERLARE | 23 | SEF | 1149 | 1:08:14 | 7,91 | 7:35 |
| 4773 | 1139 | DEDECKER Tina | DEURNE | 45 | F45 | 201 | 1:08:15 | 7,91 | 7:35 |
| 4774 | 5694 | EKKART Joyce | HOBOKEN | 29 | SEF | 1150 | 1:08:15 | 7,91 | 7:35 |
| 4775 | 1973 | NACARINO ALLO Pablo | SCHAARBEEK | 41 | M40 | 323 | 1:08:15 | 7,91 | 7:35 |
| 4776 | 4975 | SLEGTEN Isabelle | ANTWERPEN | 51 | F50 | 112 | 1:08:15 | 7,91 | 7:35 |
| 4777 | 487 | ROETS Tineke | WESTERLO | 42 | F40 | 308 | 1:08:17 | 7,91 | 7:35 |
| 4778 | 2894 | VERVLOESSEM Ingrid | BONHEIDEN | 48 | F45 | 202 | 1:08:17 | 7,91 | 7:35 |
| 4779 | 1389 | BEYENS Johan | HERSELT | 39 | M35 | 482 | 1:08:18 | 7,91 | 7:35 |
| 4780 | 1388 | HUGAERTS Kelly | HERSELT | 32 | SEF | 1151 | 1:08:18 | 7,91 | 7:35 |
| 4781 | 2895 | VAN HECKE Kristin | MECHELEN | 51 | F50 | 113 | 1:08:18 | 7,91 | 7:35 |
| 4782 | 485 | VANDECRUYS Friedel | WESTERLO | 42 | F40 | 309 | 1:08:18 | 7,91 | 7:35 |
| 4783 | 5524 | GEENEN Sylvia | MARBAIS | 53 | F50 | 114 | 1:08:19 | 7,90 | 7:35 |
| 4784 | 1433 | HEIRBAUT Katrien | BORGERHOUT | 38 | F35 | 443 | 1:08:21 | 7,90 | 7:36 |
| 4785 | 2896 | DE CAT Els | SINT KATELIJNE WAVER | 52 | F50 | 115 | 1:08:22 | 7,90 | 7:36 |
| 4786 | 2062 | NOTELTEIRS Hans | EMBLEM | 47 | M45 | 300 | 1:08:22 | 7,90 | 7:36 |
| 4787 | 4604 | SHEK Choi Han | DEURNE | 24 | SEF | 1152 | 1:08:22 | 7,90 | 7:36 |
| 4788 | 2897 | VAN DEN BRANDE Conny | BONHEIDEN | 51 | F50 | 116 | 1:08:22 | 7,90 | 7:36 |
| 4789 | 2438 | DE PRETER Katleen | SINT-NIKLAAS | 38 | F35 | 444 | 1:08:23 | 7,90 | 7:36 |
| 4790 | 2063 | DENS Dominique | RANST | 43 | F40 | 310 | 1:08:23 | 7,90 | 7:36 |
| 4791 | 6133 | TO Man Hin | DEURNE | 19 | SEH | 1058 | 1:08:23 | 7,90 | 7:36 |
| 4792 | 2299 | VYDT Nele | BEERSE | 33 | SEF | 1153 | 1:08:23 | 7,90 | 7:36 |
| 4793 | 4502 | BROSIUS Tim | SCHOTEN | 36 | M35 | 483 | 1:08:24 | 7,89 | 7:36 |
| 4794 | 4863 | MIROIR Renaud | ANTWERPEN | 46 | M45 | 301 | 1:08:25 | 7,89 | 7:36 |
| 4795 | 4503 | OBBERG Sarah | SCHOTEN | 36 | F35 | 445 | 1:08:25 | 7,89 | 7:36 |
| 4796 | 2437 | SCHELFHAUT Sophie | SINT-NIKLAAS | 40 | F40 | 311 | 1:08:25 | 7,89 | 7:36 |
| 4797 | 1396 | VAN WABEKE Silke | SHELLE | 33 | SEF | 1154 | 1:08:25 | 7,89 | 7:36 |
| 4798 | 1880 | BERNAERTS Jolien | BRASSCHAAT | 26 | SEF | 1155 | 1:08:26 | 7,89 | 7:36 |
| 4799 | 1265 | BOSMANS Tom | DEURNE | 43 | M40 | 324 | 1:08:26 | 7,89 | 7:36 |
| 4800 | 3179 | CHANTRAIN Nathalie | SCHOTEN | 43 | F40 | 312 | 1:08:26 | 7,89 | 7:36 |
| 4801 | 3459 | COENEN Pascale | GERAARDSBERGEN | 46 | F45 | 203 | 1:08:26 | 7,89 | 7:36 |
| 4802 | 2838 | DE CLERCK Tinny | KAPellen | 39 | F35 | 446 | 1:08:26 | 7,89 | 7:36 |
| 4803 | 5368 | LAEREMANS Lies | AARSCHOT | 34 | SEF | 1156 | 1:08:26 | 7,89 | 7:36 |
| 4804 | 3800 | LAUWERS Jesse | KAPellen | 21 | SEH | 1059 | 1:08:26 | 7,89 | 7:36 |
| 4805 | 5479 | LEMOINE Aurora | KAPellen | 37 | F35 | 447 | 1:08:26 | 7,89 | 7:36 |
| 4806 | 4862 | MERTENS Isabelle | ANTWERPEN | 37 | F35 | 448 | 1:08:26 | 7,89 | 7:36 |
| 4807 | 2105 | DELCROIX Kim | MERKSEM | 36 | F35 | 449 | 1:08:27 | 7,89 | 7:36 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|--------------------|-----|-----|-------|---------|------|---------|
| 4808 | 5726 | EVELIEN Van Kriekingen | ROTSELAAR | 31 | SEF | 1157 | 1:08:27 | 7,89 | 7:36 |
| 4809 | 3674 | WILLAERT Ewoud | BERCHEM | 30 | SEH | 1060 | 1:08:27 | 7,89 | 7:36 |
| 4810 | 2462 | DE ROOVER Anouk | BEERSE | 18 | SEF | 1158 | 1:08:28 | 7,89 | 7:36 |
| 4811 | 3673 | HEEB Christine | ANTWERPEN | 31 | SEF | 1159 | 1:08:28 | 7,89 | 7:36 |
| 4812 | 3500 | JACOBS Marijke | BORBSEEK | 28 | SEF | 1160 | 1:08:28 | 7,89 | 7:36 |
| 4813 | 3460 | LANDRIE Katrien | BRAKEL | 43 | F40 | 313 | 1:08:29 | 7,89 | 7:37 |
| 4814 | 4097 | DE GRUYTER Debbie | WILRIJK | 37 | F35 | 450 | 1:08:31 | 7,88 | 7:37 |
| 4815 | 4096 | LANOOTE Marijke | BORSBEEK | 28 | SEF | 1161 | 1:08:31 | 7,88 | 7:37 |
| 4816 | 2298 | LOWARTZ Kathleen | BEERSE | 36 | F35 | 451 | 1:08:33 | 7,88 | 7:37 |
| 4817 | 4831 | SLEEWAECHEN Ischa | HEMIKSEM | 31 | SEF | 1162 | 1:08:33 | 7,88 | 7:37 |
| 4818 | 4828 | ABELOOS Sabrina | BRASSCHAAT | 36 | F35 | 452 | 1:08:34 | 7,88 | 7:37 |
| 4819 | 4725 | JOOS Vanessa | BRECHT | 45 | F45 | 204 | 1:08:34 | 7,88 | 7:37 |
| 4820 | 2458 | MERTENS Michelle | SCHOTEN | 23 | SEF | 1163 | 1:08:35 | 7,87 | 7:37 |
| 4821 | 38 | TRUYENS Dorien | RETIE | 30 | SEF | 1164 | 1:08:35 | 7,87 | 7:37 |
| 4822 | 4829 | SENDEN Veronique | SCHOTEN | 31 | SEF | 1165 | 1:08:36 | 7,87 | 7:37 |
| 4823 | 3519 | VANTORRE Robin | BRUGGE | 27 | SEH | 1061 | 1:08:36 | 7,87 | 7:37 |
| 4824 | 4688 | VAN ECHELPOEL Pascale | BRASSCHAAT | 43 | F40 | 314 | 1:08:37 | 7,87 | 7:37 |
| 4825 | 57 | DE MEYER Sandy | WIJNEGEM | 30 | SEF | 1166 | 1:08:38 | 7,87 | 7:38 |
| 4826 | 3518 | VANDENBUSSCHE Lisa | BRUGGE | 24 | SEF | 1167 | 1:08:38 | 7,87 | 7:38 |
| 4827 | 5564 | LENAERTS Eric | DEURNE | 49 | M45 | 302 | 1:08:39 | 7,87 | 7:38 |
| 4828 | 5557 | DE CUYPER Lindsay | DEURNE | 28 | SEF | 1168 | 1:08:40 | 7,86 | 7:38 |
| 4829 | 5291 | STORMS Danny | ANTWERPEN - DEURNE | 54 | M50 | 189 | 1:08:40 | 7,86 | 7:38 |
| 4830 | 884 | WUILMUS Veerle | PUURS | 35 | F35 | 453 | 1:08:40 | 7,86 | 7:38 |
| 4831 | 3555 | ADRIAENSEN Sarah | ANTWERPEN | 23 | SEF | 1169 | 1:08:41 | 7,86 | 7:38 |
| 4832 | 3212 | BOULAHDAREJ Najim | ANTWERPEN | 37 | M35 | 484 | 1:08:41 | 7,86 | 7:38 |
| 4833 | 5556 | DE CUYPER Eddy | DEURNE | 60 | M60 | 33 | 1:08:41 | 7,86 | 7:38 |
| 4834 | 898 | TECK Sofie | BERCHEM | 37 | F35 | 454 | 1:08:41 | 7,86 | 7:38 |
| 4835 | 767 | VANDERPLAETSEN Sofie | DEURNE | 39 | F35 | 455 | 1:08:43 | 7,86 | 7:38 |
| 4836 | 3756 | CRAB Roxanne | BOOM | 28 | SEF | 1170 | 1:08:44 | 7,86 | 7:38 |
| 4837 | 3475 | D'HONDT Yoïka | INGOOIGEM | 24 | SEF | 1171 | 1:08:44 | 7,86 | 7:38 |
| 4838 | 5470 | MATHYS Margo | WIJNEGEM | 18 | SEF | 1172 | 1:08:44 | 7,86 | 7:38 |
| 4839 | 5744 | PORTERS Matthew | ANTWERPEN | 19 | SEH | 1062 | 1:08:44 | 7,86 | 7:38 |
| 4840 | 3804 | BORGONJON Yasmin | EKEREN | 18 | SEF | 1173 | 1:08:46 | 7,85 | 7:38 |
| 4841 | 4689 | PEETERS Kristin | BRASSCHAAT | 53 | F50 | 117 | 1:08:46 | 7,85 | 7:38 |
| 4842 | 3805 | PINCKET Myriam | BRASSCHAAT | 18 | SEF | 1174 | 1:08:46 | 7,85 | 7:38 |
| 4843 | 1182 | VAN DEN BRANDE Adrie | HULST | 56 | M55 | 99 | 1:08:46 | 7,85 | 7:38 |
| 4844 | 4142 | VAN DE VIJVER Ilse | MOERBEKE-WAAS | 34 | SEH | 1063 | 1:08:47 | 7,85 | 7:39 |
| 4845 | 1755 | VAN AKELEYEN Ines | EDEGEM | 33 | SEF | 1175 | 1:08:48 | 7,85 | 7:39 |
| 4846 | 1201 | VAN DEN BERGEN J | VOGELWAARDE | 51 | F50 | 118 | 1:08:50 | 7,85 | 7:39 |
| 4847 | 5773 | VAN ECHELPOEL Anke | OELEGEM | 32 | SEF | 1176 | 1:08:50 | 7,85 | 7:39 |
| 4848 | 5771 | WOLFS Annelien | SCHILDE | 23 | SEF | 1177 | 1:08:50 | 7,85 | 7:39 |
| 4849 | 5124 | MARCKX Miriam | BORGERHOUT | 62 | F60 | 18 | 1:08:51 | 7,84 | 7:39 |
| 4850 | 5318 | VAN CAUTEREN Anki | DEURNE | 34 | SEF | 1178 | 1:08:51 | 7,84 | 7:39 |
| 4851 | 290 | CHOW David | DEURNE | 36 | M35 | 485 | 1:08:52 | 7,84 | 7:39 |
| 4852 | 289 | HERMANS Cindy | BEERSE | 34 | SEF | 1179 | 1:08:52 | 7,84 | 7:39 |
| 4853 | 5772 | ROELAND Hilde | WIJNEGEM | 40 | F40 | 315 | 1:08:52 | 7,84 | 7:39 |
| 4854 | 3480 | TIMMERMANS Hanne | LIEDEKERKE | 24 | SEF | 1180 | 1:08:52 | 7,84 | 7:39 |
| 4855 | 1061 | JANSSSENS Sofie | KAPellen | 28 | SEF | 1181 | 1:08:54 | 7,84 | 7:39 |
| 4856 | 5005 | SCHUERWEGEN Yannick | DEURNE | 27 | SEH | 1064 | 1:08:55 | 7,84 | 7:39 |
| 4857 | 1882 | CAMBEEN Lilian | HULST | 52 | F50 | 119 | 1:08:57 | 7,83 | 7:40 |
| 4858 | 2627 | MARTENS Sofie | ANTWERPEN | 25 | SEF | 1182 | 1:08:57 | 7,83 | 7:40 |
| 4859 | 5006 | SIE Henny | DEURNE | 28 | SEF | 1183 | 1:08:57 | 7,83 | 7:40 |
| 4860 | 4700 | VAN DEN BOGAERT Gert | NIJLEN | 47 | M45 | 303 | 1:08:57 | 7,83 | 7:40 |
| 4861 | 3941 | VAN DEN BOSCH Ronny | MORTSEL | 46 | M45 | 304 | 1:08:57 | 7,83 | 7:40 |
| 4862 | 4424 | MUYLAERT Kristof | LEUVEN | 31 | SEH | 1065 | 1:08:58 | 7,83 | 7:40 |
| 4863 | 1879 | PAUWELS Cynthia | BERENDRECHT | 26 | SEF | 1184 | 1:08:58 | 7,83 | 7:40 |
| 4864 | 2679 | GIJSBREGTS Leen | ANTWERPEN | 26 | SEF | 1185 | 1:08:59 | 7,83 | 7:40 |
| 4865 | 4699 | VAN DEN SCHOOR Iris | 2560 NIJLEN | 44 | F40 | 316 | 1:08:59 | 7,83 | 7:40 |
| 4866 | 3274 | DE WIT Kelly | MERKSEM | 33 | SEF | 1186 | 1:09:00 | 7,83 | 7:40 |
| 4867 | 1622 | HAMERYCKX Sofie | LONDERZEEL | 32 | SEF | 1187 | 1:09:00 | 7,83 | 7:40 |
| 4868 | 5102 | LUTGENS Kenneth | LOMMEL | 31 | SEH | 1066 | 1:09:00 | 7,83 | 7:40 |
| 4869 | 5103 | VAN LIMBERGEN Els | LOMMEL | 26 | SEF | 1188 | 1:09:00 | 7,83 | 7:40 |
| 4870 | 2220 | VAN WONTERGHEM Yvan | HAMME | 63 | M60 | 34 | 1:09:00 | 7,83 | 7:40 |
| 4871 | 3651 | BORMANS Evelien | 9120 | 23 | SEF | 1189 | 1:09:01 | 7,82 | 7:40 |
| 4872 | 4701 | DAEMS Carole | NIJLEN | 47 | F45 | 205 | 1:09:01 | 7,82 | 7:40 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|--------------|-----|-----|-------|---------|------|---------|
| 4873 | 4768 | VAN ROMPAEY Roselinde | BERLAAR | 51 | F50 | 120 | 1:09:01 | 7,82 | 7:40 |
| 4874 | 5310 | WITTOUCK Annelore | BORGERHOUT | 27 | SEF | 1190 | 1:09:01 | 7,82 | 7:40 |
| 4875 | 5378 | DE GROOF Debby | MECHELEN | 35 | F35 | 456 | 1:09:02 | 7,82 | 7:40 |
| 4876 | 5522 | DUQUESNE Grietje | BRUSSEL | 52 | F50 | 121 | 1:09:02 | 7,82 | 7:40 |
| 4877 | 5562 | HUYBRECHTS Conny | MECHELEN | 52 | F50 | 122 | 1:09:02 | 7,82 | 7:40 |
| 4878 | 2625 | SASNAUSKAITE Agnes | WUUSTWEZEL | 26 | SEF | 1191 | 1:09:02 | 7,82 | 7:40 |
| 4879 | 4798 | SCHROYEN Viki | HERK DE STAD | 34 | SEF | 1192 | 1:09:02 | 7,82 | 7:40 |
| 4880 | 1202 | VAN HERCK Vicky | PUTTE | 38 | F35 | 457 | 1:09:02 | 7,82 | 7:40 |
| 4881 | 2626 | WILLEMEN Helene | KALMTHOUT | 25 | SEF | 1193 | 1:09:02 | 7,82 | 7:40 |
| 4882 | 3652 | HEYLEN Cher | MORTSEL | 24 | SEF | 1194 | 1:09:03 | 7,82 | 7:40 |
| 4883 | 4417 | VAN DE STEEN Kris | TERNAT | 39 | M35 | 486 | 1:09:03 | 7,82 | 7:40 |
| 4884 | 2282 | ALBREGTS Inge | WOMMELGEM | 48 | F45 | 206 | 1:09:06 | 7,81 | 7:41 |
| 4885 | 1645 | GOUTARD Glenn | DEURNE | 45 | M45 | 305 | 1:09:06 | 7,81 | 7:41 |
| 4886 | 1643 | HOREMANS Noah | DEURNE | 11 | SEH | 1067 | 1:09:06 | 7,81 | 7:41 |
| 4887 | 878 | VAN MECHELEN Karin | SCHOTEN | 42 | F40 | 317 | 1:09:06 | 7,81 | 7:41 |
| 4888 | 4448 | CLAEYS Gitte | TESSENDERLO | 29 | SEF | 1195 | 1:09:07 | 7,81 | 7:41 |
| 4889 | 2861 | DEBRUYNE Shana | WUUSTWEZEL | 24 | SEF | 1196 | 1:09:07 | 7,81 | 7:41 |
| 4890 | 5014 | SCHRAUWEN Annelies | SCHOTEN | 31 | SEF | 1197 | 1:09:07 | 7,81 | 7:41 |
| 4891 | 1689 | DE COCK Valerie | ZANDHOVEN | 35 | F35 | 458 | 1:09:08 | 7,81 | 7:41 |
| 4892 | 3904 | VAN NIEUWENHOVE Frank | SCHOTEN | 49 | M45 | 306 | 1:09:08 | 7,81 | 7:41 |
| 4893 | 4350 | SNACOV Valerica | ESSEN | 36 | F35 | 459 | 1:09:09 | 7,81 | 7:41 |
| 4894 | 1274 | SNELDERS Mike | HOEVENEN | 28 | SEH | 1068 | 1:09:09 | 7,81 | 7:41 |
| 4895 | 2860 | JORET Bénédicte | BEERSE | 24 | SEF | 1198 | 1:09:10 | 7,81 | 7:41 |
| 4896 | 4352 | NELEN Kris | ANTWERPEN | 41 | F40 | 318 | 1:09:11 | 7,81 | 7:41 |
| 4897 | 1692 | BROSENS Nathalie | ANTWERPEN | 34 | SEF | 1199 | 1:09:12 | 7,80 | 7:41 |
| 4898 | 1690 | EELLEN Sofie | ZOERSEL | 34 | SEF | 1200 | 1:09:12 | 7,80 | 7:41 |
| 4899 | 3530 | MARTENS Tessy | BEVEREN | 28 | SEF | 1201 | 1:09:12 | 7,80 | 7:41 |
| 4900 | 47 | LAENENS Koen | DEURNE | 39 | M35 | 487 | 1:09:13 | 7,80 | 7:41 |
| 4901 | 5360 | VERWEE Charlotte | ELSENE | 29 | SEF | 1202 | 1:09:15 | 7,80 | 7:42 |
| 4902 | 2365 | KOKS Chris | BRASSCHAAT | 57 | F55 | 51 | 1:09:16 | 7,80 | 7:42 |
| 4903 | 5358 | MUYLDERMANS Elisabeth | BRUXELLES | 32 | SEF | 1203 | 1:09:16 | 7,80 | 7:42 |
| 4904 | 1541 | DE CALUWÉ Bram | DEURNE | 24 | SEH | 1069 | 1:09:17 | 7,79 | 7:42 |
| 4905 | 5361 | DE WACHTER Camille | ETTERBEEK | 30 | SEF | 1204 | 1:09:17 | 7,79 | 7:42 |
| 4906 | 1543 | HEYRICK Celine | BRASSCHAAT | 24 | SEF | 1205 | 1:09:18 | 7,79 | 7:42 |
| 4907 | 2453 | CORTHOUTS Isabelle | ROTSelaar | 51 | F50 | 123 | 1:09:19 | 7,79 | 7:42 |
| 4908 | 4526 | DAGNELIE Stephanie | ZOERSEL | 29 | SEF | 1206 | 1:09:19 | 7,79 | 7:42 |
| 4909 | 5094 | MAEGH Charlotte | ZOERSEL | 19 | SEF | 1207 | 1:09:19 | 7,79 | 7:42 |
| 4910 | 4169 | CLEIREN Lien | DEURNE | 25 | SEF | 1208 | 1:09:20 | 7,79 | 7:42 |
| 4911 | 1635 | COLLART Lien | LOKEREN | 27 | SEF | 1209 | 1:09:20 | 7,79 | 7:42 |
| 4912 | 39 | DE HOUWER Kim | RETIE | 28 | SEF | 1210 | 1:09:20 | 7,79 | 7:42 |
| 4913 | 4527 | QUAEYHAEGENS Anneleen | MORTSEL | 28 | SEF | 1211 | 1:09:20 | 7,79 | 7:42 |
| 4914 | 2451 | NAHF Lisa | ROTSelaar | 48 | F45 | 207 | 1:09:21 | 7,79 | 7:42 |
| 4915 | 804 | LUYPAERT Stephanie | REET | 31 | SEF | 1212 | 1:09:22 | 7,78 | 7:42 |
| 4916 | 1157 | PENDEVILLE Florence | STERREBEEK | 23 | SEF | 1213 | 1:09:23 | 7,78 | 7:43 |
| 4917 | 1160 | VAN NOYEN Lotte | STERREBEEK | 24 | SEF | 1214 | 1:09:23 | 7,78 | 7:43 |
| 4918 | 2578 | PEETERS Sanne | PUURS | 25 | SEF | 1215 | 1:09:24 | 7,78 | 7:43 |
| 4919 | 6384 | VAN DEN BOSCH Dominique | WUUSTWEZEL | 41 | M40 | 325 | 1:09:24 | 7,78 | 7:43 |
| 4920 | 981 | VERMYLEN Katleen | DEURNE | 31 | SEF | 1216 | 1:09:24 | 7,78 | 7:43 |
| 4921 | 3816 | THUR Jakob | TERVUREN | 62 | M60 | 35 | 1:09:25 | 7,78 | 7:43 |
| 4922 | 1159 | VAN VAERENBERGH Femke | EVERBERG | 24 | SEF | 1217 | 1:09:25 | 7,78 | 7:43 |
| 4923 | 5028 | VOSSSEN Wendy | EDEGEM | 34 | SEF | 1218 | 1:09:25 | 7,78 | 7:43 |
| 4924 | 1158 | CEUPPENS Noesjka | STERREBEEK | 25 | SEF | 1219 | 1:09:26 | 7,78 | 7:43 |
| 4925 | 3810 | VAN BILSEN Jan | GENT | 25 | SEH | 1070 | 1:09:26 | 7,78 | 7:43 |
| 4926 | 4999 | AZEROUAL Hamad | EDEGEM | 33 | SEH | 1071 | 1:09:28 | 7,77 | 7:43 |
| 4927 | 1298 | DE SMET Jimmy | HOBOKEN | 42 | M40 | 326 | 1:09:29 | 7,77 | 7:43 |
| 4928 | 330 | HUYSMANS Christel | KAPellen | 47 | F45 | 208 | 1:09:29 | 7,77 | 7:43 |
| 4929 | 1083 | VAN MIEGHEM Griet | LOKEREN | 34 | SEF | 1220 | 1:09:29 | 7,77 | 7:43 |
| 4930 | 4346 | DE KEULENAER Sarah | BRASSCHAAT | 19 | SEF | 1221 | 1:09:30 | 7,77 | 7:43 |
| 4931 | 4098 | LANOOTE Nele | ANTWERPEN | 25 | SEF | 1222 | 1:09:30 | 7,77 | 7:43 |
| 4932 | 605 | DE MEYER Cindy | KAPellen | 35 | F35 | 460 | 1:09:34 | 7,76 | 7:44 |
| 4933 | 1436 | DEMAN Sabine | DEURNE | 52 | F50 | 124 | 1:09:34 | 7,76 | 7:44 |
| 4934 | 6101 | BOSCHMANS Hilde | ASSE | 43 | F40 | 319 | 1:09:35 | 7,76 | 7:44 |
| 4935 | 1239 | VAN DAMME Yen | SCHOTEN | 32 | SEF | 1223 | 1:09:35 | 7,76 | 7:44 |
| 4936 | 2984 | VAN DER VENNE Tanguy | BRASSCHAAT | 15 | SEH | 1072 | 1:09:36 | 7,76 | 7:44 |
| 4937 | 4390 | ABBELOOS Dominique | BRUSSEGEM | 35 | F35 | 461 | 1:09:37 | 7,76 | 7:44 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|---------------------|-----|-----|-------|---------|------|---------|
| 4938 | 1623 | JACOBS Dave | NIEL | 35 | M35 | 488 | 1:09:37 | 7,76 | 7:44 |
| 4939 | 1877 | VAN BOXLAER Melissa | LOKEREN | 32 | SEF | 1224 | 1:09:38 | 7,75 | 7:44 |
| 4940 | 3745 | LAMBERECHTS Iwan | DUFFEL | 31 | SEH | 1073 | 1:09:39 | 7,75 | 7:44 |
| 4941 | 5931 | SELHORST Freddie | BERCHEM | 36 | M35 | 489 | 1:09:39 | 7,75 | 7:44 |
| 4942 | 3683 | TESENS Yentl | TESENDERLO | 28 | SEF | 1225 | 1:09:39 | 7,75 | 7:44 |
| 4943 | 3679 | MINK Bob | TESENDERLO | 28 | SEH | 1074 | 1:09:40 | 7,75 | 7:44 |
| 4944 | 5651 | DE BOECK Eva | MERCHTEM | 33 | SEF | 1226 | 1:09:41 | 7,75 | 7:45 |
| 4945 | 5000 | GEVERS Chantal | DEURNE | 50 | F50 | 125 | 1:09:41 | 7,75 | 7:45 |
| 4946 | 854 | HAAZEN Aline | EDEGEM | 26 | SEF | 1227 | 1:09:41 | 7,75 | 7:45 |
| 4947 | 2082 | VAN DEN BERGH Kim | BURCHT | 27 | SEF | 1228 | 1:09:41 | 7,75 | 7:45 |
| 4948 | 859 | VAN POPPEL Christophe | DEURNE | 27 | SEH | 1075 | 1:09:41 | 7,75 | 7:45 |
| 4949 | 5828 | MOLLEKENS Sofie | TERVUREN | 32 | SEF | 1229 | 1:09:42 | 7,75 | 7:45 |
| 4950 | 5424 | NEIRYNCK Ilse | VREMDE | 47 | F45 | 209 | 1:09:42 | 7,75 | 7:45 |
| 4951 | 3301 | SLEGERS Dorien | HERENTALS | 25 | SEF | 1230 | 1:09:44 | 7,74 | 7:45 |
| 4952 | 3681 | BOONS Katja | TESENDERLO | 41 | F40 | 320 | 1:09:45 | 7,74 | 7:45 |
| 4953 | 3312 | GERVAIS Natasja | SCHILDE | 38 | F35 | 462 | 1:09:45 | 7,74 | 7:45 |
| 4954 | 3682 | HAENRAETS Ellen | TESENDERLO | 37 | F35 | 463 | 1:09:45 | 7,74 | 7:45 |
| 4955 | 4589 | JACOBS Christel | SINT JOB IN 'T GOOR | 50 | F50 | 126 | 1:09:45 | 7,74 | 7:45 |
| 4956 | 1004 | PIRA Esmeralda | WUUSTWEZEL | 42 | F40 | 321 | 1:09:45 | 7,74 | 7:45 |
| 4957 | 4129 | VAN DEN EYNDE Annelies | PIJPHELHEIDE | 27 | SEF | 1231 | 1:09:45 | 7,74 | 7:45 |
| 4958 | 3678 | DE WIT An | TESENDERLO | 36 | F35 | 464 | 1:09:46 | 7,74 | 7:45 |
| 4959 | 267 | VANDERMAST Gerda | WUUSTWEZEL | 44 | F40 | 322 | 1:09:47 | 7,74 | 7:45 |
| 4960 | 2544 | HENDRIKS Nathalie | BERCHEM | 35 | F35 | 465 | 1:09:48 | 7,74 | 7:45 |
| 4961 | 3685 | VANDEWEYER Riet | TESENDERLO | 42 | F40 | 323 | 1:09:48 | 7,74 | 7:45 |
| 4962 | 4103 | GOOSSENS Ivo | DEURNE | 52 | M50 | 190 | 1:09:49 | 7,73 | 7:45 |
| 4963 | 3687 | REYKERS Karen | TESENDERLO | 37 | F35 | 466 | 1:09:50 | 7,73 | 7:46 |
| 4964 | 3677 | BROUNS Koen | TESENDERLO | 45 | M45 | 307 | 1:09:51 | 7,73 | 7:46 |
| 4965 | 3537 | LANTERMANN Martina | GEEL | 56 | F55 | 52 | 1:09:52 | 7,73 | 7:46 |
| 4966 | 5758 | SCHREY Kristof | WILRIJK | 34 | SEH | 1076 | 1:09:52 | 7,73 | 7:46 |
| 4967 | 4378 | VAN DEN EYNDE Anja | HUMBEEK | 45 | F45 | 210 | 1:09:53 | 7,73 | 7:46 |
| 4968 | 6060 | SCHREY Nathalie | EDEGEM | 26 | SEF | 1232 | 1:09:54 | 7,73 | 7:46 |
| 4969 | 5070 | VAN DIERDONCQ Anne | BORGERHOUT | 26 | SEF | 1233 | 1:09:54 | 7,73 | 7:46 |
| 4970 | 3190 | DE SMEDT Dorien | WIJNEGEM | 25 | SEF | 1234 | 1:09:55 | 7,72 | 7:46 |
| 4971 | 3242 | DUPONT Jessie | ELSENE | 28 | SEF | 1235 | 1:09:55 | 7,72 | 7:46 |
| 4972 | 3241 | HELLEMANS Marijke | GENTBRUGGE | 28 | SEF | 1236 | 1:09:55 | 7,72 | 7:46 |
| 4973 | 5279 | MEURIS Joke | ANTWERPEN | 26 | SEF | 1237 | 1:09:55 | 7,72 | 7:46 |
| 4974 | 469 | TAEYMANS Christel | DEURNE | 52 | F50 | 127 | 1:09:55 | 7,72 | 7:46 |
| 4975 | 4203 | THUYSSBAERT Evelien | SINT-NIKLAAS | 31 | SEF | 1238 | 1:09:55 | 7,72 | 7:46 |
| 4976 | 4200 | VAN DAELE Kaat | BURCHT | 31 | SEF | 1239 | 1:09:55 | 7,72 | 7:46 |
| 4977 | 471 | D'ARDENNE Monique | KALLO | 52 | F50 | 128 | 1:09:56 | 7,72 | 7:46 |
| 4978 | 5244 | DERESE Sanne | ZAVENTEM | 24 | SEF | 1240 | 1:09:56 | 7,72 | 7:46 |
| 4979 | 4300 | FONTAINE Morgane | OPHASSELT | 23 | SEF | 1241 | 1:09:57 | 7,72 | 7:46 |
| 4980 | 3629 | VERHAEGEN Dorien | BORSBEEK | 26 | SEF | 1242 | 1:09:57 | 7,72 | 7:46 |
| 4981 | 1084 | BAETEN Els | MERKSEM | 30 | SEF | 1243 | 1:09:58 | 7,72 | 7:46 |
| 4982 | 3680 | HOOBERGS Christa | TESENDERLO | 50 | F50 | 129 | 1:09:59 | 7,72 | 7:47 |
| 4983 | 1676 | VAN GELDER Brigitte | DEURNE | 50 | F50 | 130 | 1:09:59 | 7,72 | 7:47 |
| 4984 | 132 | VAN ROOSBROECK Kim | BLAASVELD | 24 | SEF | 1244 | 1:09:59 | 7,72 | 7:47 |
| 4985 | 5037 | ESGAIN Diane | EMBLEM | 49 | F45 | 211 | 1:10:00 | 7,71 | 7:47 |
| 4986 | 4163 | SNOEKEN Anita | DEURNE | 44 | F40 | 324 | 1:10:00 | 7,71 | 7:47 |
| 4987 | 4257 | VAN EYCK Nadine | GIERLE | 40 | F40 | 325 | 1:10:00 | 7,71 | 7:47 |
| 4988 | 5036 | DE SMET Christine | EMBLEM | 51 | F50 | 131 | 1:10:01 | 7,71 | 7:47 |
| 4989 | 5469 | KERKHOF Rosita | WIJNEGEM | 48 | F45 | 212 | 1:10:01 | 7,71 | 7:47 |
| 4990 | 4367 | PIL Margaretha | GRIMBERGEN | 52 | F50 | 132 | 1:10:01 | 7,71 | 7:47 |
| 4991 | 4256 | DAEMS Sophie | GIERLE | 39 | F35 | 467 | 1:10:02 | 7,71 | 7:47 |
| 4992 | 1534 | DE CONINCK Caroline | MERKSEM | 32 | SEF | 1245 | 1:10:02 | 7,71 | 7:47 |
| 4993 | 3818 | VICARI Laura | WATERLOO | 27 | SEF | 1246 | 1:10:02 | 7,71 | 7:47 |
| 4994 | 5452 | VAN LOEY Ann | SCHOTEN | 49 | F45 | 213 | 1:10:03 | 7,71 | 7:47 |
| 4995 | 3979 | VERSTRAETEN Wendy | ZWIJNDRECHT | 32 | SEF | 1247 | 1:10:03 | 7,71 | 7:47 |
| 4996 | 4255 | VERVOORT Marcia | GIERLE | 50 | F50 | 133 | 1:10:03 | 7,71 | 7:47 |
| 4997 | 3821 | VIEUX-ROCHAT Lise | BRUXELLES | 33 | SEF | 1248 | 1:10:03 | 7,71 | 7:47 |
| 4998 | 1443 | VRANCKEN Robert | BERCHEM | 35 | M35 | 490 | 1:10:03 | 7,71 | 7:47 |
| 4999 | 4081 | LEFEVRE Morgane | WATERLOO | 27 | SEF | 1249 | 1:10:04 | 7,71 | 7:47 |
| 5000 | 4877 | DEDUYTSCHAEVER Gert | ELEWIJT | 36 | M35 | 491 | 1:10:05 | 7,71 | 7:47 |
| 5001 | 6044 | RENTY Frank | REET | 49 | M45 | 308 | 1:10:06 | 7,70 | 7:47 |
| 5002 | 3676 | BROUNS Koen | TESENDERLO | 45 | M45 | 309 | 1:10:07 | 7,70 | 7:47 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|----------------------|-----|-----|-------|---------|------|---------|
| 5003 | 4949 | CUYPERS Lot | LAAKDAL | 22 | SEF | 1250 | 1:10:07 | 7,70 | 7:47 |
| 5004 | 5586 | DE COSTER Ellen | SCHOTEN | 33 | SEF | 1251 | 1:10:07 | 7,70 | 7:47 |
| 5005 | 4948 | DE MAEYER Indra | BOOM | 29 | SEF | 1252 | 1:10:07 | 7,70 | 7:47 |
| 5006 | 299 | VINCKE Carole | HOUTHALEN | 34 | SEF | 1253 | 1:10:07 | 7,70 | 7:47 |
| 5007 | 3977 | WITVROUWEN Kristel | ZWIJNDRECHT | 33 | SEF | 1254 | 1:10:07 | 7,70 | 7:47 |
| 5008 | 3807 | ZHAR Melika | ZAVENTEM | 28 | SEF | 1255 | 1:10:07 | 7,70 | 7:47 |
| 5009 | 27 | GONZALEZ LOPEZ Melissa | DEURNE | 32 | SEF | 1256 | 1:10:09 | 7,70 | 7:48 |
| 5010 | 6043 | STRUYF Greet | REET | 47 | F45 | 214 | 1:10:09 | 7,70 | 7:48 |
| 5011 | 3624 | VAN DER AVORT Ignaz | WOMMELGEM | 23 | SEH | 1077 | 1:10:09 | 7,70 | 7:48 |
| 5012 | 3978 | VAN WOLVELAER Joeri | ZWIJNDRECHT | 35 | M35 | 492 | 1:10:09 | 7,70 | 7:48 |
| 5013 | 215 | BAERT Vanessa | DEURNE | 32 | SEF | 1257 | 1:10:10 | 7,70 | 7:48 |
| 5014 | 3628 | DE HERTOOGH Yves | BORSBEEK | 31 | SEH | 1078 | 1:10:10 | 7,70 | 7:48 |
| 5015 | 567 | VAN DAELE Anneleen | BERCHEM | 26 | SEF | 1258 | 1:10:10 | 7,70 | 7:48 |
| 5016 | 6480 | SCHAAP Michiel | BERCHEM | 38 | M35 | 493 | 1:10:11 | 7,69 | 7:48 |
| 5017 | 1979 | DEHOUX Chari | DEURNE | 23 | SEF | 1259 | 1:10:12 | 7,69 | 7:48 |
| 5018 | 1958 | VERDOODT Sara | SCHOTEN | 26 | SEF | 1260 | 1:10:13 | 7,69 | 7:48 |
| 5019 | 529 | JANS Michael | HUMBEEK | 43 | M40 | 327 | 1:10:15 | 7,69 | 7:48 |
| 5020 | 3686 | LENAERTS Nadia | TESSENDERLO | 41 | F40 | 326 | 1:10:15 | 7,69 | 7:48 |
| 5021 | 3976 | ROOMS Filip | ZWIJNDRECHT | 35 | M35 | 494 | 1:10:15 | 7,69 | 7:48 |
| 5022 | 5784 | DANIELS Katleen | MECHELEN | 26 | SEF | 1261 | 1:10:17 | 7,68 | 7:49 |
| 5023 | 3198 | GUNS Laura-An | HULDENBERG | 27 | SEF | 1262 | 1:10:17 | 7,68 | 7:49 |
| 5024 | 3345 | HEROES Anne-Sophie | KAMPENHOUT | 26 | SEF | 1263 | 1:10:17 | 7,68 | 7:49 |
| 5025 | 4377 | BLONDEEL Gunther | HUMBEEK | 45 | M45 | 310 | 1:10:18 | 7,68 | 7:49 |
| 5026 | 1995 | DANNY Genar | MERKSEM | 48 | M45 | 311 | 1:10:18 | 7,68 | 7:49 |
| 5027 | 1011 | MONIAGA Yanuka | BRASSCHAAT | 23 | SEF | 1264 | 1:10:18 | 7,68 | 7:49 |
| 5028 | 1023 | CLEEMPUT Sara | MECHELEN | 26 | SEF | 1265 | 1:10:19 | 7,68 | 7:49 |
| 5029 | 3859 | DE COOMAN Ingrid | MELLE | 52 | F50 | 134 | 1:10:19 | 7,68 | 7:49 |
| 5030 | 1996 | MONTALTO Clara | MERKSEM | 36 | F35 | 468 | 1:10:19 | 7,68 | 7:49 |
| 5031 | 1010 | VORSSELMANS Tom | BRASCHAAT | 25 | SEH | 1079 | 1:10:19 | 7,68 | 7:49 |
| 5032 | 4397 | DE CONINCK Valerie | STROMBEEK-BEVER | 37 | F35 | 469 | 1:10:20 | 7,68 | 7:49 |
| 5033 | 3684 | LOOS Tinne | TESSENDERLO | 28 | SEF | 1266 | 1:10:20 | 7,68 | 7:49 |
| 5034 | 2089 | BAETENS Karin | OELEGEM | 37 | F35 | 470 | 1:10:21 | 7,68 | 7:49 |
| 5035 | 2804 | DE HAAN Aukje | BORGERHOUT | 33 | SEF | 1267 | 1:10:23 | 7,67 | 7:49 |
| 5036 | 5725 | DENO Inga | NIJLEN | 42 | F40 | 327 | 1:10:23 | 7,67 | 7:49 |
| 5037 | 4028 | SMEYERS Ine | KESSEL-LO | 30 | SEF | 1268 | 1:10:24 | 7,67 | 7:49 |
| 5038 | 5041 | HERREBAUT Pascale | KALMTHOUT | 44 | F40 | 328 | 1:10:25 | 7,67 | 7:49 |
| 5039 | 4002 | ROELS Marjan | HEVERLEE | 28 | SEF | 1269 | 1:10:25 | 7,67 | 7:49 |
| 5040 | 6209 | KEYMEULEN Tom | MARIEKERKE | 41 | M40 | 328 | 1:10:26 | 7,67 | 7:50 |
| 5041 | 5039 | VAN WEZEL Els | KALMTHOUT | 50 | F50 | 135 | 1:10:26 | 7,67 | 7:50 |
| 5042 | 3273 | LUYPAERT Jan | SINT KWINTENS LENNIK | 39 | M35 | 495 | 1:10:27 | 7,67 | 7:50 |
| 5043 | 6208 | VAN DE VIJVER Kim | MARIEKERKE | 37 | F35 | 471 | 1:10:28 | 7,66 | 7:50 |
| 5044 | 462 | HERMANS Mario | DUFFEL | 44 | M40 | 329 | 1:10:30 | 7,66 | 7:50 |
| 5045 | 5040 | MARSTBOOM Kristel | KAPELLEN | 44 | F40 | 329 | 1:10:30 | 7,66 | 7:50 |
| 5046 | 763 | TEIRBROOD Anja | WILRIJK | 44 | F40 | 330 | 1:10:30 | 7,66 | 7:50 |
| 5047 | 761 | WIJNS Lin | WILRIJK | 47 | F45 | 215 | 1:10:30 | 7,66 | 7:50 |
| 5048 | 5582 | JOOS Philippe | BRUXELLES | 63 | M60 | 36 | 1:10:31 | 7,66 | 7:50 |
| 5049 | 1736 | ALVES Yasmine | BRECHT | 15 | SEF | 1270 | 1:10:32 | 7,66 | 7:50 |
| 5050 | 4499 | FERLEU Ann | ANTWERPEN | 52 | F50 | 136 | 1:10:32 | 7,66 | 7:50 |
| 5051 | 5038 | HOEIJMANS Linda | KALMTHOUT | 44 | F40 | 331 | 1:10:32 | 7,66 | 7:50 |
| 5052 | 5659 | VAN DER VEKEN Michelle | TURNHOUT | 22 | SEF | 1271 | 1:10:33 | 7,65 | 7:50 |
| 5053 | 4773 | VERHAERT Alexia | HOBOKEN | 30 | SEF | 1272 | 1:10:37 | 7,65 | 7:51 |
| 5054 | 6401 | THELEN Michel | MECHELEN | 45 | M45 | 312 | 1:10:39 | 7,64 | 7:51 |
| 5055 | 4582 | DE MEULDER Constance | ANTWERPEN | 37 | F35 | 472 | 1:10:41 | 7,64 | 7:51 |
| 5056 | 5551 | VERBEEMEN Iris | HEVERLEE | 43 | F40 | 332 | 1:10:42 | 7,64 | 7:51 |
| 5057 | 6170 | WOUTERS Christophe | OUD-TURNHOUT | 29 | SEH | 1080 | 1:10:42 | 7,64 | 7:51 |
| 5058 | 5816 | VERREPT Kevin | ANTWERPEN | 29 | SEH | 1081 | 1:10:43 | 7,64 | 7:51 |
| 5059 | 4231 | HOSTE Ben | GENT | 26 | SEH | 1082 | 1:10:44 | 7,63 | 7:52 |
| 5060 | 1547 | VAN GASTEL Ilse | EKEREN | 41 | F40 | 333 | 1:10:44 | 7,63 | 7:52 |
| 5061 | 4162 | VERBERCKMOES Sofie | VLIMMEREN | 45 | F45 | 216 | 1:10:44 | 7,63 | 7:52 |
| 5062 | 5080 | LUTS Liesbeth | MORTSEL | 35 | F35 | 473 | 1:10:47 | 7,63 | 7:52 |
| 5063 | 5545 | SCHEIRS Evelien | HOEVENEN | 21 | SEF | 1273 | 1:10:47 | 7,63 | 7:52 |
| 5064 | 5844 | VANDEN DAELE Eline | MORTSEL | 38 | F35 | 474 | 1:10:48 | 7,63 | 7:52 |
| 5065 | 1041 | VAN DEN SCHOOR Liesbet | HERENT | 30 | SEF | 1274 | 1:10:49 | 7,63 | 7:52 |
| 5066 | 403 | COREMANS Evi | KESSEL-LO | 35 | F35 | 475 | 1:10:50 | 7,62 | 7:52 |
| 5067 | 5776 | VAN DYCK Hilde | OOSTMALLE | 56 | F55 | 53 | 1:10:50 | 7,62 | 7:52 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|--------------------------|--------------------|-----|-----|-------|---------|------|---------|
| 5068 | 4574 | BEYERS Natalie | KAPELLEN | 31 | SEF | 1275 | 1:10:52 | 7,62 | 7:52 |
| 5069 | 2572 | WAEAGEMANS Miranda | HEMIKSEM | 36 | F35 | 476 | 1:10:52 | 7,62 | 7:52 |
| 5070 | 702 | DERAEDT Karel | WIJNEGEM | 42 | M40 | 330 | 1:10:53 | 7,62 | 7:53 |
| 5071 | 1926 | PORREZ Kristien | BERCHEM | 35 | F35 | 477 | 1:10:53 | 7,62 | 7:53 |
| 5072 | 3944 | VAN VOSSOLE Christian | LIER | 40 | F40 | 334 | 1:10:54 | 7,62 | 7:53 |
| 5073 | 749 | DE BIE Bram | WOMMELGEM | 36 | M35 | 496 | 1:10:56 | 7,61 | 7:53 |
| 5074 | 5343 | SFENDLA Boubker | VLIMMEREN | 31 | SEH | 1083 | 1:10:56 | 7,61 | 7:53 |
| 5075 | 4597 | VERHEYEN Wim | SINT-JOB IN T GOOR | 45 | M45 | 313 | 1:10:56 | 7,61 | 7:53 |
| 5076 | 446 | KEYMOLEN Viviane | BERENDRECHT | 54 | F50 | 137 | 1:10:57 | 7,61 | 7:53 |
| 5077 | 6410 | NR 6410 | | | - | 10 | 1:10:57 | 7,61 | 7:53 |
| 5078 | 4659 | VERCAEMER Els | OEEGEM | 41 | F40 | 335 | 1:10:57 | 7,61 | 7:53 |
| 5079 | 451 | KEYMOLEN Martine | KONTICH | 50 | F50 | 138 | 1:10:58 | 7,61 | 7:53 |
| 5080 | 4171 | VAN BOUWEL Gert | KAPELLEN | 22 | SEH | 1084 | 1:10:59 | 7,61 | 7:53 |
| 5081 | 3525 | WELLENS Tamara | LUMMEN | 34 | SEF | 1276 | 1:10:59 | 7,61 | 7:53 |
| 5082 | 2123 | CELIS Veronique | BERCHEM | 30 | SEF | 1277 | 1:11:00 | 7,61 | 7:53 |
| 5083 | 4495 | DE SMET Cathy | HOBOKEN | 39 | F35 | 478 | 1:11:00 | 7,61 | 7:53 |
| 5084 | 452 | WAUTERS Geert | KONTICH | 52 | M50 | 191 | 1:11:00 | 7,61 | 7:53 |
| 5085 | 4172 | DE POOTER Britt | KAPELLEN | 21 | SEF | 1278 | 1:11:01 | 7,60 | 7:53 |
| 5086 | 1719 | VAN EXSEL Hanne | ZUNDERT | 27 | SEF | 1279 | 1:11:01 | 7,60 | 7:53 |
| 5087 | 1320 | SPELTINCX Dorien | KALMTHOUT | 27 | SEF | 1280 | 1:11:03 | 7,60 | 7:54 |
| 5088 | 1136 | SOMERS Daisy | ANTWERPEN | 33 | SEF | 1281 | 1:11:04 | 7,60 | 7:54 |
| 5089 | 4250 | VANHOUDT Hannelore | ANTWERPEN | 33 | SEF | 1282 | 1:11:04 | 7,60 | 7:54 |
| 5090 | 144 | JANSEN Sandra | BORSBEEK | 33 | SEF | 1283 | 1:11:05 | 7,60 | 7:54 |
| 5091 | 4251 | TIMBERMONT Joke | BRUSSEL | 32 | SEF | 1284 | 1:11:05 | 7,60 | 7:54 |
| 5092 | 5503 | VANDERSTRAETEN Koen | GENTBRUGGE | 45 | M45 | 314 | 1:11:09 | 7,59 | 7:54 |
| 5093 | 5133 | MUGIRWANAKE Chantal | RIJKEVORSEL | 39 | F35 | 479 | 1:11:10 | 7,59 | 7:54 |
| 5094 | 541 | SCHOENMAKER Leslie | PUTTE | 43 | M40 | 331 | 1:11:10 | 7,59 | 7:54 |
| 5095 | 3592 | VLEMINX Jean | EKEREN | 64 | M60 | 37 | 1:11:10 | 7,59 | 7:54 |
| 5096 | 5581 | VYFEYKEN Isabelle | WEZEMBEEK-OPPEM | 53 | F50 | 139 | 1:11:10 | 7,59 | 7:54 |
| 5097 | 5573 | STEVENS Robby | ANTWERPEN | 37 | M35 | 497 | 1:11:12 | 7,58 | 7:55 |
| 5098 | 2359 | VANBELLE Frederik | EREMBODEGEM | 24 | SEH | 1085 | 1:11:12 | 7,58 | 7:55 |
| 5099 | 1849 | SMITS Kristel | RANST | 32 | SEF | 1285 | 1:11:13 | 7,58 | 7:55 |
| 5100 | 6400 | VAN LOON Bart André | KAPELLEN | 29 | SEH | 1086 | 1:11:13 | 7,58 | 7:55 |
| 5101 | 775 | BOGHE Mark | BERCHEM | 47 | M45 | 315 | 1:11:14 | 7,58 | 7:55 |
| 5102 | 3529 | TILLEMEN Pascal | OVERPELT | 32 | SEH | 1087 | 1:11:14 | 7,58 | 7:55 |
| 5103 | 774 | BOGHE Sofie | BERCHEM | 18 | SEF | 1286 | 1:11:15 | 7,58 | 7:55 |
| 5104 | 4734 | MILBOU Lise | HERENTHOUT | 22 | SEF | 1287 | 1:11:15 | 7,58 | 7:55 |
| 5105 | 2435 | WILLAERT Cimaron | PUURS | 31 | SEF | 1288 | 1:11:15 | 7,58 | 7:55 |
| 5106 | 3189 | DE SMEDT Ine | DEURNE | 30 | SEF | 1289 | 1:11:17 | 7,58 | 7:55 |
| 5107 | 4733 | DE SMET Renée | EKSAARDE | 22 | SEF | 1290 | 1:11:17 | 7,58 | 7:55 |
| 5108 | 1349 | DE VOS Eryln | ANTWERPEN | 38 | F35 | 480 | 1:11:18 | 7,57 | 7:55 |
| 5109 | 5796 | VAN DAMME Leslie | WILRIJK | 37 | F35 | 481 | 1:11:18 | 7,57 | 7:55 |
| 5110 | 6074 | VAN DER BRUGGEN Caroline | DEURNE | 35 | F35 | 482 | 1:11:18 | 7,57 | 7:55 |
| 5111 | 983 | VERVOORT An | LIER | 36 | F35 | 483 | 1:11:18 | 7,57 | 7:55 |
| 5112 | 1025 | RESSELER Kelly | MORKHOVEN | 35 | F35 | 484 | 1:11:19 | 7,57 | 7:55 |
| 5113 | 5800 | STEYAERT Helene | HOVE | 35 | F35 | 485 | 1:11:19 | 7,57 | 7:55 |
| 5114 | 1054 | STRYCKERS Els | DEURNE | 40 | F40 | 336 | 1:11:19 | 7,57 | 7:55 |
| 5115 | 461 | RENDERS Lieselotte | DUFFEL | 38 | F35 | 486 | 1:11:20 | 7,57 | 7:56 |
| 5116 | 694 | DE NIJS Roel | ANTWERPEN | 36 | M35 | 498 | 1:11:21 | 7,57 | 7:56 |
| 5117 | 2353 | HOOF VAN Petra | HEERLEN | 50 | F50 | 140 | 1:11:21 | 7,57 | 7:56 |
| 5118 | 957 | LUYTEN Joost | MORTSEL | 39 | M35 | 499 | 1:11:22 | 7,57 | 7:56 |
| 5119 | 5226 | DE VOECHT Nick | SCHELLE | 25 | SEH | 1088 | 1:11:23 | 7,56 | 7:56 |
| 5120 | 2886 | LIMA Rafaela | BERLIN | 25 | SEF | 1291 | 1:11:23 | 7,56 | 7:56 |
| 5121 | 4320 | WEDEGE Thomas | LILLEHAMMER | 39 | M35 | 500 | 1:11:23 | 7,56 | 7:56 |
| 5122 | 964 | BORREMANS Valérie | ZOERSEL | 37 | F35 | 487 | 1:11:24 | 7,56 | 7:56 |
| 5123 | 5225 | DE RIDDER Els | SCHELLE | 49 | F45 | 217 | 1:11:24 | 7,56 | 7:56 |
| 5124 | 1426 | JACOBS Michèle | NIEL | 29 | SEF | 1292 | 1:11:24 | 7,56 | 7:56 |
| 5125 | 5222 | VAN DE VEKEN An | KONTICH | 40 | F40 | 337 | 1:11:24 | 7,56 | 7:56 |
| 5126 | 6066 | VAN PUT Steven | BAZEL | 38 | M35 | 501 | 1:11:24 | 7,56 | 7:56 |
| 5127 | 578 | VAN OEVELEN Mieke | ESSEN | 33 | SEF | 1293 | 1:11:25 | 7,56 | 7:56 |
| 5128 | 634 | BRAMS Natascha | DEURNE | 37 | F35 | 488 | 1:11:27 | 7,56 | 7:56 |
| 5129 | 1499 | VAN DE WEYER Amber | KALMTHOUT | 27 | SEF | 1294 | 1:11:28 | 7,56 | 7:56 |
| 5130 | 635 | VAN HARNEVELDT Linda | DEURNE | 58 | F55 | 54 | 1:11:28 | 7,56 | 7:56 |
| 5131 | 1501 | CELIS Jasmien | BORGERHOUT | 26 | SEF | 1295 | 1:11:29 | 7,55 | 7:57 |
| 5132 | 3647 | DE KEYSER Cynthia | EKEREN | 36 | F35 | 489 | 1:11:30 | 7,55 | 7:57 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|----------------------|-----|-----|-------|---------|------|---------|
| 5133 | 5533 | HEEREN Anthony | 2620 HEMIKSEM | 17 | SEH | 1089 | 1:11:30 | 7,55 | 7:57 |
| 5134 | 3731 | BERCKMOES Tony | KRUIBEKE | 34 | SEH | 1090 | 1:11:31 | 7,55 | 7:57 |
| 5135 | 1423 | SOUDAN Susy | ANTWERPEN | 58 | F55 | 55 | 1:11:31 | 7,55 | 7:57 |
| 5136 | 3650 | DE KEYZER Ina | DEURNE | 31 | SEF | 1296 | 1:11:32 | 7,55 | 7:57 |
| 5137 | 6071 | GEETSF Frank | BORNEM | 44 | M40 | 332 | 1:11:32 | 7,55 | 7:57 |
| 5138 | 3730 | DE LAMPER Sally | KRUIBEKE | 36 | F35 | 490 | 1:11:33 | 7,55 | 7:57 |
| 5139 | 5534 | HEEREN Matthias | 2620 HEMIKSEM | 14 | SEH | 1091 | 1:11:33 | 7,55 | 7:57 |
| 5140 | 1923 | VAN POECK Isabel | BERCHEM | 33 | SEF | 1297 | 1:11:33 | 7,55 | 7:57 |
| 5141 | 963 | VANHESE Ilse | HOBOKEN | 45 | F45 | 218 | 1:11:33 | 7,55 | 7:57 |
| 5142 | 4327 | HOUBEN Raf | HAM | 30 | SEH | 1092 | 1:11:34 | 7,55 | 7:57 |
| 5143 | 6070 | PEETERS Sigrid | MORTSEL | 41 | F40 | 338 | 1:11:34 | 7,55 | 7:57 |
| 5144 | 4328 | CAMBRÉ Karen | HAM | 27 | SEF | 1298 | 1:11:35 | 7,54 | 7:57 |
| 5145 | 1424 | JACOBS Julie | BORGERHOUT | 27 | SEF | 1299 | 1:11:35 | 7,54 | 7:57 |
| 5146 | 1316 | CAENEN Tilla | HOENSBROEK | 59 | F55 | 56 | 1:11:36 | 7,54 | 7:57 |
| 5147 | 5876 | GORRENS Kimberly | DEURNE | 18 | SEF | 1300 | 1:11:36 | 7,54 | 7:57 |
| 5148 | 1627 | DE BOECK Seger | GROBBENDONK | 14 | SEH | 1093 | 1:11:37 | 7,54 | 7:57 |
| 5149 | 4799 | DE WAELE Stany | LOKEREN | 51 | M50 | 192 | 1:11:37 | 7,54 | 7:57 |
| 5150 | 109 | SPEDER Magda | BERCHEM | 57 | F55 | 57 | 1:11:37 | 7,54 | 7:57 |
| 5151 | 4136 | HEYNS Lies | ANTWERPEN | 36 | F35 | 491 | 1:11:38 | 7,54 | 7:58 |
| 5152 | 4923 | VAN ASBROECK Stephanie | BRUXELLES | 42 | F40 | 339 | 1:11:38 | 7,54 | 7:58 |
| 5153 | 3964 | VAN DEN BERGH Lieve | KALMTHOUT | 43 | F40 | 340 | 1:11:39 | 7,54 | 7:58 |
| 5154 | 4581 | VERSTRAETEN Claire | ANTWERPEN | 34 | SEF | 1301 | 1:11:40 | 7,53 | 7:58 |
| 5155 | 2243 | HAZELOF Ines | KAPELLEN | 19 | SEF | 1302 | 1:11:42 | 7,53 | 7:58 |
| 5156 | 3965 | VAN HOYE Nina | KALMTHOUT | 43 | F40 | 341 | 1:11:42 | 7,53 | 7:58 |
| 5157 | 1735 | WILLEMS Lauren | SCHOTEN | 19 | SEF | 1303 | 1:11:42 | 7,53 | 7:58 |
| 5158 | 4950 | VEREecken Judith | ZOERSEL | 23 | SEF | 1304 | 1:11:43 | 7,53 | 7:58 |
| 5159 | 4775 | BECKERS Jeanne | SINT KATELIJNE WAVER | 58 | F55 | 58 | 1:11:44 | 7,53 | 7:58 |
| 5160 | 3271 | GOOSSENS Rik | ANTWERPEN | 46 | M45 | 316 | 1:11:44 | 7,53 | 7:58 |
| 5161 | 3748 | VAN CAUWENBERGH Yana | REET | 28 | SEF | 1305 | 1:11:44 | 7,53 | 7:58 |
| 5162 | 2748 | GYS Tiny | OLEN | 40 | F40 | 342 | 1:11:45 | 7,53 | 7:58 |
| 5163 | 2749 | SERNEELS Evy | HULSHOUT | 38 | F35 | 492 | 1:11:46 | 7,52 | 7:58 |
| 5164 | 6500 | CANSIZOGLU Burak | GEEL | 32 | SEH | 1094 | 1:11:47 | 7,52 | 7:59 |
| 5165 | 1335 | DEFOORT Mathias | MECHELEN | 16 | SEH | 1095 | 1:11:51 | 7,52 | 7:59 |
| 5166 | 1336 | BOSTEELS Ilse | MECHELEN | 44 | F40 | 343 | 1:11:53 | 7,51 | 7:59 |
| 5167 | 1496 | CELIS Xanthe | ESSEN | 21 | SEF | 1306 | 1:11:55 | 7,51 | 7:59 |
| 5168 | 2802 | DEKNUDT Erwin | ANDERLECHT | 40 | M40 | 333 | 1:11:55 | 7,51 | 7:59 |
| 5169 | 2803 | DEKNUDT Marjan | BOOM | 35 | F35 | 493 | 1:11:55 | 7,51 | 7:59 |
| 5170 | 1473 | MEERT Sandra | AARTSELAAR | 46 | F45 | 219 | 1:11:56 | 7,51 | 8:00 |
| 5171 | 2275 | ROELENS Peter | WOMMELGEM | 53 | M50 | 193 | 1:11:58 | 7,50 | 8:00 |
| 5172 | 4072 | COLLAS Valerie | AARTSELAAR | 26 | SEF | 1307 | 1:12:00 | 7,50 | 8:00 |
| 5173 | 5516 | SMITS Wendy | WILRIJK | 32 | SEF | 1308 | 1:12:00 | 7,50 | 8:00 |
| 5174 | 3320 | SMET Lief | TURNHOUT | 57 | F55 | 59 | 1:12:01 | 7,50 | 8:00 |
| 5175 | 3318 | MARIJNISSEN Herlinde | TURNHOUT | 57 | F55 | 60 | 1:12:02 | 7,50 | 8:00 |
| 5176 | 6108 | ROEF Johan | AARTSELAAR | 27 | SEH | 1096 | 1:12:03 | 7,49 | 8:00 |
| 5177 | 3319 | VAN MECHELEN Pia | TURNHOUT | 53 | F50 | 141 | 1:12:03 | 7,49 | 8:00 |
| 5178 | 5550 | VERBEEMEN Katja | MECHELEN | 42 | F40 | 344 | 1:12:05 | 7,49 | 8:01 |
| 5179 | 6199 | MICHIELSEN Marcel | BERGEN OP ZOOM | 52 | M50 | 194 | 1:12:06 | 7,49 | 8:01 |
| 5180 | 6194 | EYER Harry | SCHOTEN | 48 | M45 | 317 | 1:12:07 | 7,49 | 8:01 |
| 5181 | 2461 | DESCLÉE Emilie | EDEGEM | 23 | SEF | 1309 | 1:12:08 | 7,49 | 8:01 |
| 5182 | 6196 | STOKKER Katja | SCHOTEN | 28 | SEF | 1310 | 1:12:08 | 7,49 | 8:01 |
| 5183 | 882 | MAHIEU Jente | LIER | 30 | SEF | 1311 | 1:12:09 | 7,48 | 8:01 |
| 5184 | 885 | VANHOECK Eva | BORGERHOUT | 30 | SEF | 1312 | 1:12:09 | 7,48 | 8:01 |
| 5185 | 980 | VAN DORSSELAER Katrijn | HALLE-ZOERSEL | 40 | F40 | 345 | 1:12:10 | 7,48 | 8:01 |
| 5186 | 2695 | VAN DE WEYER Jan | KAPELLEN | 46 | M45 | 318 | 1:12:12 | 7,48 | 8:01 |
| 5187 | 2786 | DE BODT Katrijn | BERCHEM | 34 | SEF | 1313 | 1:12:13 | 7,48 | 8:01 |
| 5188 | 2701 | VANHOREBEEK Els | BERLAAR | 40 | F40 | 346 | 1:12:13 | 7,48 | 8:01 |
| 5189 | 6256 | MEERT Ine | KORBEEK-DIJLE | 17 | SEF | 1314 | 1:12:15 | 7,47 | 8:02 |
| 5190 | 6255 | GEENEN Lore | TESSENDERLO | 19 | SEF | 1315 | 1:12:16 | 7,47 | 8:02 |
| 5191 | 2502 | HANTSON Siska | WILRIJK | 27 | SEF | 1316 | 1:12:16 | 7,47 | 8:02 |
| 5192 | 6154 | VERHOEVEN Lotje | MALLE | 27 | SEF | 1317 | 1:12:21 | 7,46 | 8:02 |
| 5193 | 5668 | VERHAEGEN Elisabeth | HERENTALS | 28 | SEF | 1318 | 1:12:23 | 7,46 | 8:03 |
| 5194 | 5419 | ANTEZAK Olivier | DEURNE | 43 | M40 | 334 | 1:12:24 | 7,46 | 8:03 |
| 5195 | 2267 | VAN DE GEER Ann | WOMMELGEM | 37 | F35 | 494 | 1:12:26 | 7,46 | 8:03 |
| 5196 | 1631 | CALEWAERT Kristel | DEURNE | 39 | F35 | 495 | 1:12:27 | 7,45 | 8:03 |
| 5197 | 3609 | DELARUELLE Sebastiaan | ST NIKLAAS | 26 | SEH | 1097 | 1:12:27 | 7,45 | 8:03 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------------|---------------------|-----|-----|-------|---------|------|---------|
| 5198 | 442 | LANDUYT Heidi | ANTWERPEN | 43 | F40 | 347 | 1:12:29 | 7,45 | 8:03 |
| 5199 | 2909 | MARCELIS Stefanie | STERREBEEK | 24 | SEF | 1319 | 1:12:30 | 7,45 | 8:03 |
| 5200 | 3929 | VANLEEUW Inge | KERSKEN | 38 | F35 | 496 | 1:12:30 | 7,45 | 8:03 |
| 5201 | 6168 | SYSMANS Loren | SCHOTEN | 22 | SEF | 1320 | 1:12:31 | 7,45 | 8:03 |
| 5202 | 3272 | VANDENDRIESSCHE Frank | HULDENBERG | 50 | M50 | 195 | 1:12:31 | 7,45 | 8:03 |
| 5203 | 3608 | VAN ORSHOVEN Karin | PULLE | 44 | F40 | 348 | 1:12:34 | 7,44 | 8:04 |
| 5204 | 2345 | VANBELLE Gunther | HAALTERT | 49 | M45 | 319 | 1:12:34 | 7,44 | 8:04 |
| 5205 | 2494 | MAES Susy | ZOERSEL | 47 | F45 | 220 | 1:12:35 | 7,44 | 8:04 |
| 5206 | 1361 | ONGENA Nikolai | SINT-NIKLAAS | 24 | SEH | 1098 | 1:12:35 | 7,44 | 8:04 |
| 5207 | 3974 | CHARITA Roel | SCHILDE | 34 | SEH | 1099 | 1:12:36 | 7,44 | 8:04 |
| 5208 | 2347 | VANBELLE Annelies | HAALTERT | 22 | SEF | 1321 | 1:12:36 | 7,44 | 8:04 |
| 5209 | 3975 | RUTS Annelies | SCHILDE | 35 | F35 | 497 | 1:12:37 | 7,44 | 8:04 |
| 5210 | 5835 | DE LATTER Rudi | WAARSCHOOT | 60 | M60 | 38 | 1:12:38 | 7,43 | 8:04 |
| 5211 | 1345 | LÉPÉE Jessica | BRASSCHAAT | 34 | SEF | 1322 | 1:12:38 | 7,43 | 8:04 |
| 5212 | 5090 | STOOP Myriam | ZOERSEL | 50 | F50 | 142 | 1:12:38 | 7,43 | 8:04 |
| 5213 | 5089 | DE KEULENAER Karolien | ZOERSEL | 21 | SEF | 1323 | 1:12:39 | 7,43 | 8:04 |
| 5214 | 2357 | DE BRABANDER Shana | OOSTKAMP | 25 | SEF | 1324 | 1:12:41 | 7,43 | 8:05 |
| 5215 | 6038 | DEBUSSCHERE Vincent | EKE | 42 | M40 | 335 | 1:12:41 | 7,43 | 8:05 |
| 5216 | 6037 | GOOSSENS Vera | BOORTMEERBEEK | 40 | F40 | 349 | 1:12:46 | 7,42 | 8:05 |
| 5217 | 3675 | OP DE BEECK Els | ANTWERPEN | 33 | SEF | 1325 | 1:12:46 | 7,42 | 8:05 |
| 5218 | 447 | VANDENBERGHE Koenraad | BERENDRECHT | 57 | M55 | 100 | 1:12:46 | 7,42 | 8:05 |
| 5219 | 5496 | BEENEN Machteld | KAPellen | 51 | F50 | 143 | 1:12:48 | 7,42 | 8:05 |
| 5220 | 5497 | GABRIELS Alphonse | KAPellen | 76 | M75 | 2 | 1:12:51 | 7,41 | 8:06 |
| 5221 | 5183 | LAUWERS Els | BORSBEEK | 43 | F40 | 350 | 1:12:51 | 7,41 | 8:06 |
| 5222 | 65 | WOUTERS Kathleen | BERCHEM | 39 | F35 | 498 | 1:12:51 | 7,41 | 8:06 |
| 5223 | 1331 | NEUTELEERS Yannick | GINGELOM | 26 | SEH | 1100 | 1:12:52 | 7,41 | 8:06 |
| 5224 | 114 | VAN GORP Katrien | DEURNE | 35 | F35 | 499 | 1:12:52 | 7,41 | 8:06 |
| 5225 | 1330 | LEFEVER Lize | HEVERLEE | 23 | SEF | 1326 | 1:12:53 | 7,41 | 8:06 |
| 5226 | 1672 | VAN DINGENEN Kevin | WILRIJK | 31 | SEH | 1101 | 1:12:53 | 7,41 | 8:06 |
| 5227 | 1671 | CLAUW Catherine | WILRIJK | 32 | SEF | 1327 | 1:12:55 | 7,41 | 8:06 |
| 5228 | 1626 | DE VEL Nathalie | GROBBENDONK | 42 | F40 | 351 | 1:13:01 | 7,40 | 8:07 |
| 5229 | 4697 | CHRISTIAENS Jolien | BRUGGE | 24 | SEF | 1328 | 1:13:04 | 7,39 | 8:07 |
| 5230 | 5486 | LEMMENS Nicole | ANTWERPEN | 33 | SEF | 1329 | 1:13:08 | 7,38 | 8:08 |
| 5231 | 1269 | VLEUGELS Karolien | BORGERHOUT | 22 | SEF | 1330 | 1:13:10 | 7,38 | 8:08 |
| 5232 | 1263 | VLEUGELS Anneke | BORGERHOUT | 25 | SEF | 1331 | 1:13:19 | 7,37 | 8:09 |
| 5233 | 4951 | DE PEUTER Anke | ZOERSEL | 31 | SEF | 1332 | 1:13:21 | 7,36 | 8:09 |
| 5234 | 6896 | VAN EYSEREN Jens | MALLE | 28 | SEH | 1102 | 1:13:22 | 7,36 | 8:09 |
| 5235 | 6897 | BUNTINX Gaëlle | SINT-JOB-IN-'T-GOOR | 26 | SEF | 1333 | 1:13:23 | 7,36 | 8:09 |
| 5236 | 154 | VAN ROMPAEY Luc | DEURNE | 45 | M45 | 320 | 1:13:25 | 7,36 | 8:09 |
| 5237 | 5026 | HENDERIECKX Stefaan | ANTWERPEN | 52 | M50 | 196 | 1:13:30 | 7,35 | 8:10 |
| 5238 | 1088 | DUGAUCQUIER Lindsey | BORGERHOUT | 24 | SEF | 1334 | 1:13:31 | 7,35 | 8:10 |
| 5239 | 1449 | GOOSSENS Inge | KASTERLEE | 43 | M40 | 336 | 1:13:31 | 7,35 | 8:10 |
| 5240 | 1502 | AERTS Peggy | KASTERLEE | 43 | M40 | 337 | 1:13:32 | 7,34 | 8:10 |
| 5241 | 1040 | STEEL Lies | BORGERHOUT | 31 | SEF | 1335 | 1:13:33 | 7,34 | 8:10 |
| 5242 | 4959 | SADONES Heleen | BALEN | 32 | SEF | 1336 | 1:13:35 | 7,34 | 8:11 |
| 5243 | 4954 | STERCKX Evelien | VEERLE | 27 | SEF | 1337 | 1:13:35 | 7,34 | 8:11 |
| 5244 | 4958 | MARIS Greet | MEERHOUT | 36 | F35 | 500 | 1:13:36 | 7,34 | 8:11 |
| 5245 | 2058 | VALKENEERS Annie | HASSELT | 73 | F70 | 1 | 1:13:36 | 7,34 | 8:11 |
| 5246 | 742 | DUSSART Marc | DEURNE | 47 | M45 | 321 | 1:13:38 | 7,33 | 8:11 |
| 5247 | 329 | SLEGERS Patrick | KAPellen | 54 | M50 | 197 | 1:13:38 | 7,33 | 8:11 |
| 5248 | 4479 | VAN DEN BROECK Eric | HEMIKSEM | 49 | M45 | 322 | 1:13:38 | 7,33 | 8:11 |
| 5249 | 2053 | WYNANTS Natacha | ZONHOVEN | 47 | F45 | 221 | 1:13:38 | 7,33 | 8:11 |
| 5250 | 2056 | GILISSEN Brigitte | HASSELT | 54 | F50 | 144 | 1:13:39 | 7,33 | 8:11 |
| 5251 | 261 | VAN DEN EEDEN Kelly | OELEGEM | 35 | F35 | 501 | 1:13:39 | 7,33 | 8:11 |
| 5252 | 2055 | GROSEMANS Mariane | KURINGEN | 52 | F50 | 145 | 1:13:41 | 7,33 | 8:11 |
| 5253 | 3462 | BAETE Marijke | STEKENE | 23 | SEF | 1338 | 1:13:42 | 7,33 | 8:11 |
| 5254 | 3233 | DE COSTER Aline | BORGERHOUT | 30 | SEF | 1339 | 1:13:43 | 7,33 | 8:11 |
| 5255 | 6399 | HEYNDRICKX Nathalie François | DENDERMONDE | 33 | SEF | 1340 | 1:13:43 | 7,33 | 8:11 |
| 5256 | 3234 | JACOBS Anthony | BORGERHOUT | 33 | SEH | 1103 | 1:13:43 | 7,33 | 8:11 |
| 5257 | 3786 | PEETERS Inge | ARENDONK | 39 | F35 | 502 | 1:13:43 | 7,33 | 8:11 |
| 5258 | 3785 | BOENDERS Astrid | ARENDONK | 31 | SEF | 1341 | 1:13:45 | 7,32 | 8:12 |
| 5259 | 3656 | BOEY Veerle | ANTWERPEN | 28 | SEF | 1342 | 1:13:45 | 7,32 | 8:12 |
| 5260 | 1314 | DE RIJDT Barbara | BOECHOUT | 24 | SEF | 1343 | 1:13:46 | 7,32 | 8:12 |
| 5261 | 6548 | NR 6548 | - | - | - | 11 | 1:13:49 | 7,32 | 8:12 |
| 5262 | 2859 | DE PRIL Stefan | AALST | 46 | M45 | 323 | 1:13:59 | 7,30 | 8:13 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|---------------|-----|-----|-------|---------|------|---------|
| 5263 | 2644 | VACA BAUTISTA Juan | DEURNE | 40 | M40 | 338 | 1:14:04 | 7,29 | 8:14 |
| 5264 | 440 | VAN RAVELS Nathalie | WILRIJK | 42 | F40 | 352 | 1:14:04 | 7,29 | 8:14 |
| 5265 | 1917 | CELIS Siah | AARTSELAAR | 12 | SEF | 1344 | 1:14:06 | 7,29 | 8:14 |
| 5266 | 1138 | SCHUL Maaïke | ZOERSEL | 33 | SEF | 1345 | 1:14:06 | 7,29 | 8:14 |
| 5267 | 956 | BERGHMANS Astrid | MORTSEL | 37 | F35 | 503 | 1:14:07 | 7,29 | 8:14 |
| 5268 | 1918 | LEYSSENS Katrien | AARTSELAAR | 36 | F35 | 504 | 1:14:07 | 7,29 | 8:14 |
| 5269 | 968 | SAGERS Nathalie | BOOM | 38 | F35 | 505 | 1:14:07 | 7,29 | 8:14 |
| 5270 | 3095 | VANDEGEHUCHTE Freia | LAARNE | 40 | F40 | 353 | 1:14:07 | 7,29 | 8:14 |
| 5271 | 1264 | VLEUGELS Elke | BORGERHOUT | 24 | SEF | 1346 | 1:14:07 | 7,29 | 8:14 |
| 5272 | 1904 | CELIS Ellen | SOURBRODT | 41 | F40 | 354 | 1:14:08 | 7,28 | 8:14 |
| 5273 | 3760 | DE BACKER Julie | ZANDVLIET | 35 | F35 | 506 | 1:14:09 | 7,28 | 8:14 |
| 5274 | 3761 | KOUWENHOVEN Ann | EKEREN | 31 | SEF | 1347 | 1:14:10 | 7,28 | 8:14 |
| 5275 | 2531 | VAN DYCK Jill | KALLO | 31 | SEF | 1348 | 1:14:11 | 7,28 | 8:15 |
| 5276 | 2115 | DE MEYER Tinne | SCHOTEN | 38 | F35 | 507 | 1:14:12 | 7,28 | 8:15 |
| 5277 | 1536 | DAVIDSON Ludo | KESSEL | 53 | M50 | 198 | 1:14:14 | 7,27 | 8:15 |
| 5278 | 1535 | DE WINTER Evelien | KESSEL | 19 | SEF | 1349 | 1:14:14 | 7,27 | 8:15 |
| 5279 | 83 | PANIS Tim | BORSBEEK | 31 | SEH | 1104 | 1:14:18 | 7,27 | 8:15 |
| 5280 | 636 | RENDERS Femke | ANTWERPEN | 26 | SEF | 1350 | 1:14:19 | 7,27 | 8:15 |
| 5281 | 2160 | UYTTERSPROT Sarah | SINT-GILLIS | 28 | SEF | 1351 | 1:14:19 | 7,27 | 8:15 |
| 5282 | 1177 | COOLS Frank | BRASSCHAAT | 50 | M50 | 199 | 1:14:20 | 7,26 | 8:16 |
| 5283 | 73 | DE BAECKE Daphné | BORSBEEK | 27 | SEF | 1352 | 1:14:20 | 7,26 | 8:16 |
| 5284 | 1731 | MERTENS Joke | SINT LENAARTS | 26 | SEF | 1353 | 1:14:20 | 7,26 | 8:16 |
| 5285 | 875 | DE SCHEPPER Elke | MERKSEM | 26 | SEF | 1354 | 1:14:22 | 7,26 | 8:16 |
| 5286 | 3801 | LAUWERS Dominique | KAPELLEN | 46 | M45 | 324 | 1:14:24 | 7,26 | 8:16 |
| 5287 | 637 | VAN DEN HEUVEL Lien | BRECHT | 25 | SEF | 1355 | 1:14:25 | 7,26 | 8:16 |
| 5288 | 3802 | DE COCK Nick | SCHOTEN | 35 | M35 | 502 | 1:14:26 | 7,25 | 8:16 |
| 5289 | 2372 | LUX Ian | BORGERHOUT | 30 | SEH | 1105 | 1:14:27 | 7,25 | 8:16 |
| 5290 | 2373 | TRAETS Tinne | BERCHEM | 26 | SEF | 1356 | 1:14:27 | 7,25 | 8:16 |
| 5291 | 1019 | VERVOORT Robine | BEERZEL | 26 | SEF | 1357 | 1:14:31 | 7,25 | 8:17 |
| 5292 | 3246 | FLEERACKERS Marleen | KALMTHOUT | 35 | F35 | 508 | 1:14:32 | 7,25 | 8:17 |
| 5293 | 1214 | DE SMET Peter | PUTTE | 42 | M40 | 339 | 1:14:33 | 7,24 | 8:17 |
| 5294 | 5445 | BRAUNS Joris | ANTWERPEN | 28 | SEH | 1106 | 1:14:35 | 7,24 | 8:17 |
| 5295 | 1018 | DE SCHEPPER Nick | BEERZEL | 26 | SEH | 1107 | 1:14:35 | 7,24 | 8:17 |
| 5296 | 5840 | DENDAS Katja | TONGEREN | 30 | SEF | 1358 | 1:14:35 | 7,24 | 8:17 |
| 5297 | 807 | LAUREYSSENS Gwenny | EDEGEM | 31 | SEF | 1359 | 1:14:35 | 7,24 | 8:17 |
| 5298 | 3372 | PROOST Jan | MECHELEN | 62 | M60 | 39 | 1:14:42 | 7,23 | 8:18 |
| 5299 | 6492 | DEMEULENAERE Bert | DEURNE | 31 | SEH | 1108 | 1:14:43 | 7,23 | 8:18 |
| 5300 | 194 | STUYCK Peter | MERKSEM | 48 | M45 | 325 | 1:14:43 | 7,23 | 8:18 |
| 5301 | 1714 | DE BONDT Ilse | DEURNE | 26 | SEF | 1360 | 1:14:46 | 7,22 | 8:18 |
| 5302 | 2662 | DE BONDT Mieke | DEURNE | 23 | SEF | 1361 | 1:14:46 | 7,22 | 8:18 |
| 5303 | 193 | MAES Nancy | MERKSEM | 44 | F40 | 355 | 1:14:46 | 7,22 | 8:18 |
| 5304 | 6917 | DHAENENS Mario | LOCHRISTI | 41 | M40 | 340 | 1:14:49 | 7,22 | 8:19 |
| 5305 | 5568 | VERHOEVEN Diane | BERLAAR | 47 | F45 | 222 | 1:14:49 | 7,22 | 8:19 |
| 5306 | 5569 | DIELTJENS Dominique | BERLAAR | 48 | M45 | 326 | 1:14:50 | 7,22 | 8:19 |
| 5307 | 873 | VAN DER WAERDEN Marc | ANTWERPEN | 44 | M40 | 341 | 1:14:50 | 7,22 | 8:19 |
| 5308 | 4691 | VAN GESTEL Wladimir | MORTSEL | 28 | SEH | 1109 | 1:14:51 | 7,21 | 8:19 |
| 5309 | 4071 | BERGHUIS Luc | WOMMELGEM | 50 | M50 | 200 | 1:14:53 | 7,21 | 8:19 |
| 5310 | 3380 | STOOP Nicolas | ZWIJNDRECHT | 13 | SEH | 1110 | 1:14:53 | 7,21 | 8:19 |
| 5311 | 874 | BECK Kristel | ANTWERPEN | 44 | F40 | 356 | 1:14:54 | 7,21 | 8:19 |
| 5312 | 3141 | VAN DER VELDE Steven | DEURNE | 43 | M40 | 342 | 1:14:55 | 7,21 | 8:19 |
| 5313 | 4261 | VAN HAESBROECK Els | BRASSCHAAT | 37 | F35 | 509 | 1:14:55 | 7,21 | 8:19 |
| 5314 | 5979 | MACHADO CLABOST Lilian | DEURNE | 47 | F45 | 223 | 1:14:56 | 7,21 | 8:20 |
| 5315 | 5247 | VAN OSSELAER Berenice | KAPELLEN | 38 | F35 | 510 | 1:14:58 | 7,20 | 8:20 |
| 5316 | 2076 | CLEYMANS Tim | MERKSEM | 26 | SEH | 1111 | 1:14:59 | 7,20 | 8:20 |
| 5317 | 5940 | GOSSÉ Marisa | HEMIKSEM | 31 | SEF | 1362 | 1:15:01 | 7,20 | 8:20 |
| 5318 | 6015 | VAN DEN EYNDE Erik | VILVOORDE | 49 | M45 | 327 | 1:15:01 | 7,20 | 8:20 |
| 5319 | 2079 | ADRIAENSSENS Heleen | MERKSEM | 22 | SEF | 1363 | 1:15:02 | 7,20 | 8:20 |
| 5320 | 1120 | DAS Isabelle | SCHOTEN | 29 | SEF | 1364 | 1:15:02 | 7,20 | 8:20 |
| 5321 | 5939 | LUYCKX Christina | KESSEL-LO | 47 | F45 | 224 | 1:15:02 | 7,20 | 8:20 |
| 5322 | 4880 | MOOREN Inge | EKEREN | 40 | F40 | 357 | 1:15:02 | 7,20 | 8:20 |
| 5323 | 5938 | FIERENS Myriam | HERENT | 36 | F35 | 511 | 1:15:03 | 7,20 | 8:20 |
| 5324 | 3232 | HEYLEN Marie | ANTWERPEN | 25 | SEF | 1365 | 1:15:05 | 7,19 | 8:21 |
| 5325 | 2060 | ALEN Dirk | KESSEL | 50 | M50 | 201 | 1:15:07 | 7,19 | 8:21 |
| 5326 | 5380 | VERTOMMEN Cindy | MECHELEN | 38 | F35 | 512 | 1:15:07 | 7,19 | 8:21 |
| 5327 | 5377 | HELLEMANS Ken | MECHELEN | 11 | SEH | 1112 | 1:15:08 | 7,19 | 8:21 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|---------------------------------|---------------------|-----|-----|-------|---------|------|---------|
| 5328 | 5561 | JANSENS Kim | MECHELEN | 27 | SEF | 1366 | 1:15:09 | 7,19 | 8:21 |
| 5329 | 4127 | COSTERMANS Lise | BERCHEM (ANTWERPEN) | 25 | SEF | 1367 | 1:15:16 | 7,17 | 8:22 |
| 5330 | 696 | DERAEDT Karin | WIJNEGEM | 38 | F35 | 513 | 1:15:16 | 7,17 | 8:22 |
| 5331 | 4573 | DUPONT Wendy | KONTICH | 36 | F35 | 514 | 1:15:19 | 7,17 | 8:22 |
| 5332 | 6171 | MARREEL Vanessa | PULLE | 35 | F35 | 515 | 1:15:19 | 7,17 | 8:22 |
| 5333 | 2990 | VAN DER VENNE Gaëlle | BRASSCHAAT | 25 | SEF | 1368 | 1:15:20 | 7,17 | 8:22 |
| 5334 | 91 | MAES Dirk | NIJLEN | 43 | M40 | 343 | 1:15:21 | 7,17 | 8:22 |
| 5335 | 5900 | MEEUWISSEN Roel | BREENDONK | 43 | M40 | 344 | 1:15:21 | 7,17 | 8:22 |
| 5336 | 5901 | SPIESSENS Carmen | BREENDONK | 43 | F40 | 358 | 1:15:22 | 7,16 | 8:22 |
| 5337 | 6186 | BOUWENS Lydie | ZANDHOVEN-PULLE | 34 | SEF | 1369 | 1:15:23 | 7,16 | 8:23 |
| 5338 | 87 | LAENEN Stefanie | KESSEL | 31 | SEF | 1370 | 1:15:24 | 7,16 | 8:23 |
| 5339 | 4505 | REDANT Andy | EVERGEM | 36 | M35 | 503 | 1:15:27 | 7,16 | 8:23 |
| 5340 | 4507 | REDANT Yenthe | EVERGEM | 15 | SEH | 1113 | 1:15:27 | 7,16 | 8:23 |
| 5341 | 4506 | VAN GELE Melissa | EVERGEM | 35 | M35 | 504 | 1:15:29 | 7,15 | 8:23 |
| 5342 | 762 | DE COCK Ben | MERKSEM | 46 | M45 | 328 | 1:15:30 | 7,15 | 8:23 |
| 5343 | 1064 | WILMSEN Monique | MERKSEM | 51 | F50 | 146 | 1:15:33 | 7,15 | 8:24 |
| 5344 | 2887 | MAES Peggy | OEEGEM | 44 | F40 | 359 | 1:15:34 | 7,15 | 8:24 |
| 5345 | 155 | UYDENS Christel | RIJKEVORSEL | 50 | F50 | 147 | 1:15:34 | 7,15 | 8:24 |
| 5346 | 1085 | WEGGE Stefanie | MERKSEM | 17 | SEF | 1371 | 1:15:34 | 7,15 | 8:24 |
| 5347 | 576 | CORYN Niki | DEURNE | 28 | SEF | 1372 | 1:15:35 | 7,14 | 8:24 |
| 5348 | 764 | DE COCK Lenja | MERKSEM | 16 | SEF | 1373 | 1:15:35 | 7,14 | 8:24 |
| 5349 | 5547 | DITH Sokchenda | DEURNE | 31 | SEF | 1374 | 1:15:36 | 7,14 | 8:24 |
| 5350 | 4039 | SCHIPPERS Nick | KONTICH | 54 | M50 | 202 | 1:15:36 | 7,14 | 8:24 |
| 5351 | 159 | GEYS Maria | RIJKEVORSEL | 56 | F55 | 61 | 1:15:38 | 7,14 | 8:24 |
| 5352 | 5548 | MBUYI BIL TAMLAY Bambi Isabelle | BERCHEM | 25 | SEF | 1375 | 1:15:38 | 7,14 | 8:24 |
| 5353 | 1105 | VERSTRAETE Hans | OUD-HEVERLEE | 40 | M40 | 345 | 1:15:44 | 7,13 | 8:25 |
| 5354 | 1156 | LENAERTS Hilde | OUD-HEVERLEE | 61 | F60 | 19 | 1:15:46 | 7,13 | 8:25 |
| 5355 | 1940 | VAN LINDEN Amandine | BRASSCHAAT | 21 | SEF | 1376 | 1:15:47 | 7,13 | 8:25 |
| 5356 | 1941 | VAN LINDEN Stéphanie | BRASSCHAAT | 24 | SEF | 1377 | 1:15:47 | 7,13 | 8:25 |
| 5357 | 1884 | VAN TILBURG Britt | BERCHEM | 24 | SEF | 1378 | 1:15:48 | 7,12 | 8:25 |
| 5358 | 2126 | MULDER Thomas | SCHOTEN | 23 | SEH | 1114 | 1:15:50 | 7,12 | 8:26 |
| 5359 | 6182 | VAN MESSEM Iris | VREMDE | 37 | F35 | 516 | 1:15:55 | 7,11 | 8:26 |
| 5360 | 3321 | AGUILAR HUACCHA Miguel Angel | LICHTAART | 30 | SEH | 1115 | 1:15:56 | 7,11 | 8:26 |
| 5361 | 3454 | FEHERVARY Istvan | SCHILDE | 58 | M55 | 101 | 1:15:57 | 7,11 | 8:26 |
| 5362 | 2148 | JENART Elissa | BORNEM | 24 | SEF | 1379 | 1:15:57 | 7,11 | 8:26 |
| 5363 | 3322 | VAN UTRECHT Dorien | LICHTAART | 30 | SEF | 1380 | 1:15:58 | 7,11 | 8:26 |
| 5364 | 3255 | CORNILLE Falke | BERCHEM | 29 | SEF | 1381 | 1:16:03 | 7,10 | 8:27 |
| 5365 | 844 | LOFGREN Tom | ANTWERPEN | 34 | SEH | 1116 | 1:16:06 | 7,10 | 8:27 |
| 5366 | 5339 | DINGENEN Evi | SCHOTEN | 28 | SEF | 1382 | 1:16:08 | 7,09 | 8:28 |
| 5367 | 3203 | VANDERTSRAETEN Mattias | MOLLEM | 30 | SEH | 1117 | 1:16:09 | 7,09 | 8:28 |
| 5368 | 3204 | SIMAC Maja | MOLLEM | 30 | SEF | 1383 | 1:16:10 | 7,09 | 8:28 |
| 5369 | 843 | DE BLOCK Annelies | ANTWERPEN | 29 | SEH | 1118 | 1:16:11 | 7,09 | 8:28 |
| 5370 | 3343 | PEETERS Fanny | ZEMST | 36 | F35 | 517 | 1:16:11 | 7,09 | 8:28 |
| 5371 | 4385 | VAN HOYDONCK Saar | MORTSEL | 36 | F35 | 518 | 1:16:11 | 7,09 | 8:28 |
| 5372 | 3340 | SCHELKENS Martine | LEEST | 35 | F35 | 519 | 1:16:13 | 7,09 | 8:28 |
| 5373 | 1721 | VELDEMAN Celine | ANTWERPEN | 26 | SEF | 1384 | 1:16:13 | 7,09 | 8:28 |
| 5374 | 2125 | HOOGWARTS Jana | SCHOTEN | 22 | SEF | 1385 | 1:16:16 | 7,08 | 8:28 |
| 5375 | 236 | DE RYCK Bert | GROBBENDONK | 33 | SEH | 1119 | 1:16:20 | 7,07 | 8:29 |
| 5376 | 237 | SAMPSON Isabel | GROBBENDONK | 33 | SEF | 1386 | 1:16:21 | 7,07 | 8:29 |
| 5377 | 2042 | DE FEYTER Heidi | BERCHEM | 42 | F40 | 360 | 1:16:23 | 7,07 | 8:29 |
| 5378 | 2147 | BRUGGEMAN Liliane | BORNEM | 58 | F55 | 62 | 1:16:24 | 7,07 | 8:29 |
| 5379 | 2788 | VERSTUYFT An | BORGERHOUT | 40 | F40 | 361 | 1:16:24 | 7,07 | 8:29 |
| 5380 | 4406 | COOLS Gwendoline | KONTICH | 25 | SEF | 1387 | 1:16:25 | 7,07 | 8:29 |
| 5381 | 1889 | VERGAUWEN Mich | BORNEM | 66 | F65 | 1 | 1:16:26 | 7,06 | 8:30 |
| 5382 | 2149 | BOSMANS Moniek | BORNEM | 54 | F50 | 148 | 1:16:27 | 7,06 | 8:30 |
| 5383 | 4504 | DE RIJBEL Anja | WIEZE | 35 | F35 | 520 | 1:16:30 | 7,06 | 8:30 |
| 5384 | 3513 | BRAECKMAN Tamara | LOKEREN | 29 | SEF | 1388 | 1:16:31 | 7,06 | 8:30 |
| 5385 | 4314 | COSTERMANS Leen | KRUIBEKE | 29 | SEF | 1389 | 1:16:31 | 7,06 | 8:30 |
| 5386 | 3514 | VAN BRITSOM Daan | LOKEREN | 29 | SEH | 1120 | 1:16:31 | 7,06 | 8:30 |
| 5387 | 4869 | BUYTAERT Kathleen | MELSELE | 38 | F35 | 521 | 1:16:34 | 7,05 | 8:30 |
| 5388 | 3845 | DEKNOP Heidi | LAAKDAL | 35 | F35 | 522 | 1:16:34 | 7,05 | 8:30 |
| 5389 | 4849 | NOORTS Gloria | ZWIJNDRECHT | 38 | F35 | 523 | 1:16:36 | 7,05 | 8:31 |
| 5390 | 2319 | TANGE Johanna | RANST | 49 | F45 | 225 | 1:16:36 | 7,05 | 8:31 |
| 5391 | 5660 | DILLEN An | BRASSCHAAT | 38 | F35 | 524 | 1:16:40 | 7,04 | 8:31 |
| 5392 | 5859 | BRAM Janssens | DEURNE | 37 | M35 | 505 | 1:16:42 | 7,04 | 8:31 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|----------------------|----------------------|-----|-----|-------|---------|------|---------|
| 5393 | 6484 | VAN HAM Véronique | DEURNE | 34 | SEF | 1390 | 1:16:43 | 7,04 | 8:31 |
| 5394 | 6082 | HEYLEN Thomas | DUFFEL | 34 | SEH | 1121 | 1:16:44 | 7,04 | 8:32 |
| 5395 | 6483 | VAN HAM Carla | SINT-NIKLAAS | 36 | F35 | 525 | 1:16:46 | 7,03 | 8:32 |
| 5396 | 3393 | ADRIAENSEN Bjorn | MOL | 35 | M35 | 506 | 1:16:47 | 7,03 | 8:32 |
| 5397 | 3395 | VERVOORT Wendy | EDEGEM | 29 | SEF | 1391 | 1:16:48 | 7,03 | 8:32 |
| 5398 | 3398 | WILLEMS Caroline | ANTWERPEN | 29 | SEF | 1392 | 1:16:49 | 7,03 | 8:32 |
| 5399 | 3397 | DE ROOCK Inge | MECHELEN | 33 | SEF | 1393 | 1:16:51 | 7,03 | 8:32 |
| 5400 | 2318 | DE CEUSTER Marijke | RANST | 25 | SEF | 1394 | 1:16:53 | 7,02 | 8:33 |
| 5401 | 3400 | PIETERS Carine | 'S GRAVENWEZEL | 52 | F50 | 149 | 1:16:54 | 7,02 | 8:33 |
| 5402 | 3396 | KERKHOF Peter | DEURNE | 50 | M50 | 203 | 1:16:55 | 7,02 | 8:33 |
| 5403 | 1549 | GILS Tamara | EKEREN | 39 | F35 | 526 | 1:16:58 | 7,02 | 8:33 |
| 5404 | 4812 | VAN BOCKSTAL Oswald | DEURNE (ANTWERPEN) | 69 | M65 | 8 | 1:16:58 | 7,02 | 8:33 |
| 5405 | 3394 | DOOM Shiela | KONTICH | 27 | SEF | 1395 | 1:16:59 | 7,01 | 8:33 |
| 5406 | 1283 | VAN HAECHT Karin | SINT-KATELIJNE WAVER | 48 | F45 | 226 | 1:17:00 | 7,01 | 8:33 |
| 5407 | 4018 | IVENS Vanessa | BERENDRECHT | 33 | SEF | 1396 | 1:17:01 | 7,01 | 8:33 |
| 5408 | 3399 | ROTTIE Inge | ANTWERPEN | 41 | F40 | 362 | 1:17:02 | 7,01 | 8:34 |
| 5409 | 3392 | RENDERS Yves | GEEL | 32 | SEH | 1122 | 1:17:03 | 7,01 | 8:34 |
| 5410 | 5934 | VAN ZUNDERT Katleen | MALLE | 33 | SEF | 1397 | 1:17:04 | 7,01 | 8:34 |
| 5411 | 5047 | SANNEN Elien | HERENT | 25 | SEF | 1398 | 1:17:05 | 7,01 | 8:34 |
| 5412 | 5046 | RUTTEN Thomas | HERENT | 24 | SEH | 1123 | 1:17:06 | 7,00 | 8:34 |
| 5413 | 2048 | D'HULST Kris | ANTWERPEN | 30 | SEH | 1124 | 1:17:08 | 7,00 | 8:34 |
| 5414 | 4228 | VERBOOM Annemieke | EKEREN | 56 | F55 | 63 | 1:17:08 | 7,00 | 8:34 |
| 5415 | 2304 | VAREMAN Marleen | GRIMBERGEN | 48 | F45 | 227 | 1:17:09 | 7,00 | 8:34 |
| 5416 | 5051 | GRAF Ben | BORSBEEK | 31 | SEH | 1125 | 1:17:10 | 7,00 | 8:34 |
| 5417 | 4227 | PLOMPEN Ingrid | EKEREN | 59 | F55 | 64 | 1:17:10 | 7,00 | 8:34 |
| 5418 | 2047 | BARAS Anne-Sophie | BRUSSEL | 2 | SEF | 1399 | 1:17:11 | 7,00 | 8:35 |
| 5419 | 4226 | KERSTENS Mathis | EKEREN | 12 | SEH | 1126 | 1:17:12 | 6,99 | 8:35 |
| 5420 | 3361 | DE VUYST Christel | HEMIKSEM | 32 | SEF | 1400 | 1:17:18 | 6,99 | 8:35 |
| 5421 | 5532 | MAGHUIN Vanessa | 2620 HEMIKSEM | 42 | F40 | 363 | 1:17:18 | 6,99 | 8:35 |
| 5422 | 2759 | HENDRICKX Jess | MERKSEM | 25 | SEF | 1401 | 1:17:20 | 6,98 | 8:36 |
| 5423 | 2162 | ENGELS Kate | MECHELEN | 25 | SEF | 1402 | 1:17:24 | 6,98 | 8:36 |
| 5424 | 1910 | REYDAMS Eva | HOBOKEN | 37 | F35 | 527 | 1:17:24 | 6,98 | 8:36 |
| 5425 | 1911 | THEES Petra | HOBOKEN | 36 | F35 | 528 | 1:17:24 | 6,98 | 8:36 |
| 5426 | 2982 | SIMONS Caroline | MERKSEM | 26 | SEF | 1403 | 1:17:35 | 6,96 | 8:37 |
| 5427 | 1257 | SELS Helen | OELEGEM | 21 | SEF | 1404 | 1:17:39 | 6,95 | 8:38 |
| 5428 | 1258 | VAN LOOK Eveline | OELEGEM | 23 | SEF | 1405 | 1:17:39 | 6,95 | 8:38 |
| 5429 | 5664 | DE RIDDER Marc | BRASSCHAAT | 52 | M50 | 204 | 1:17:43 | 6,95 | 8:38 |
| 5430 | 2045 | VAN ROOTEN Niki | ANTWERPEN | 32 | SEF | 1406 | 1:17:48 | 6,94 | 8:39 |
| 5431 | 2196 | FEBE Van Acker | ANTWERPEN | 16 | SEF | 1407 | 1:17:50 | 6,94 | 8:39 |
| 5432 | 4080 | OST Elise | KALMTHOUT | 19 | SEF | 1408 | 1:17:52 | 6,93 | 8:39 |
| 5433 | 2292 | ANDRIES Birgit | KEERBERGEN | 38 | F35 | 529 | 1:17:56 | 6,93 | 8:40 |
| 5434 | 5536 | DE BREUKER Sandra | ZOERSEL | 44 | F40 | 364 | 1:17:57 | 6,93 | 8:40 |
| 5435 | 1694 | KEGELS Anke | DEURNE | 34 | SEF | 1409 | 1:18:04 | 6,92 | 8:40 |
| 5436 | 1193 | THOELEN Marianne | BRASSCHAAT | 37 | F35 | 530 | 1:18:04 | 6,92 | 8:40 |
| 5437 | 633 | VAN HOEYDONCK Eline | WIJNEGEM | 22 | SEF | 1410 | 1:18:04 | 6,92 | 8:40 |
| 5438 | 4182 | AKKAYA Mine | ANTWERPEN | 26 | SEF | 1411 | 1:18:05 | 6,92 | 8:41 |
| 5439 | 4181 | OFLUOGLU Burak | ANTWERPEN | 28 | SEH | 1127 | 1:18:05 | 6,92 | 8:41 |
| 5440 | 1194 | VERMEIREN Tahnee | KAPellen | 22 | SEF | 1412 | 1:18:11 | 6,91 | 8:41 |
| 5441 | 795 | SMEETS Kristel | DEURNE | 51 | F50 | 150 | 1:18:15 | 6,90 | 8:42 |
| 5442 | 676 | COEN Ann | GROBBENDONK | 45 | F45 | 228 | 1:18:18 | 6,90 | 8:42 |
| 5443 | 681 | VOS Peter | GROBBENDONK | 57 | M55 | 102 | 1:18:19 | 6,90 | 8:42 |
| 5444 | 167 | DE VOS Maria | RIJKEVORSEL | 59 | F55 | 65 | 1:18:21 | 6,89 | 8:42 |
| 5445 | 5905 | MERTENS Stefan | WILRIJK | 44 | M40 | 346 | 1:18:21 | 6,89 | 8:42 |
| 5446 | 2911 | LOONTIENS Mark | ZWIJNDRECHT | 42 | M40 | 347 | 1:18:23 | 6,89 | 8:43 |
| 5447 | 1119 | SMIDTS Veronique | BORGERHOUT | 33 | SEF | 1413 | 1:18:24 | 6,89 | 8:43 |
| 5448 | 2921 | DEBOECK Leen | DEURNE | 26 | SEF | 1414 | 1:18:25 | 6,89 | 8:43 |
| 5449 | 5856 | LUYTEN Peter | WILRIJK | 35 | M35 | 507 | 1:18:28 | 6,88 | 8:43 |
| 5450 | 5535 | VAN DE WALLE Frank | ZOERSEL | 50 | M50 | 205 | 1:18:28 | 6,88 | 8:43 |
| 5451 | 6159 | VERCAUTEREN Annelies | WESTMALLE | 26 | SEF | 1415 | 1:18:28 | 6,88 | 8:43 |
| 5452 | 3267 | HEYVAERT Gunther | HOOGSTRATEN | 40 | M40 | 348 | 1:19:16 | 6,81 | 8:48 |
| 5453 | 1978 | RENAY Deborah | ZEMST | 35 | F35 | 531 | 1:19:16 | 6,81 | 8:48 |
| 5454 | 4663 | VAN DEN AKER Chiara | WIJNEGEM | 38 | F35 | 532 | 1:19:16 | 6,81 | 8:48 |
| 5455 | 3741 | THOMASSETTI Eefje | WINTAM | 35 | F35 | 533 | 1:19:17 | 6,81 | 8:49 |
| 5456 | 4365 | GOVAERTS Sabrina | ANTWERPEN | 33 | SEF | 1416 | 1:19:18 | 6,81 | 8:49 |
| 5457 | 3637 | PEETERS Kiki | DEURNE | 21 | SEF | 1417 | 1:19:22 | 6,80 | 8:49 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
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| 5458 | 4938 | DE VRIENDT Nathalie | ANTWERPEN | 32 | SEF | 1418 | 1:19:24 | 6,80 | 8:49 |
| 5459 | 5465 | VRANCKEN Kimberley | LEUVEN | 27 | SEF | 1419 | 1:19:25 | 6,80 | 8:49 |
| 5460 | 2944 | VAN BRANDT Ingrid | WIJNEGEM | 43 | F40 | 365 | 1:19:29 | 6,79 | 8:50 |
| 5461 | 3726 | AMELINCKX Iris | WILRIJK | 29 | SEF | 1420 | 1:19:40 | 6,78 | 8:51 |
| 5462 | 4637 | VAN MIERT Andy | BOOM | 29 | SEH | 1128 | 1:19:42 | 6,78 | 8:51 |
| 5463 | 2337 | ABDELLAOUI Monim | DEURNE | 21 | SEH | 1129 | 1:19:44 | 6,77 | 8:52 |
| 5464 | 2338 | DELLAFAILLE Tine | SCHOTEN | 26 | SEF | 1421 | 1:19:44 | 6,77 | 8:52 |
| 5465 | 4791 | DE NIJS Veerle | HOBOKEN | 33 | SEF | 1422 | 1:19:50 | 6,76 | 8:52 |
| 5466 | 4790 | ROOSEMEYERS Sven | HOBOKEN | 39 | M35 | 508 | 1:19:51 | 6,76 | 8:52 |
| 5467 | 1063 | MATUZEVICIUTE Asta | DEURNE | 24 | SEF | 1423 | 1:20:00 | 6,75 | 8:53 |
| 5468 | 1020 | VAN IERSEL Ludo | ZWIJNDRECHT | 61 | M60 | 40 | 1:20:05 | 6,74 | 8:54 |
| 5469 | 5805 | SIMONS Silvia | WILRIJK | 38 | F35 | 534 | 1:20:13 | 6,73 | 8:55 |
| 5470 | 1178 | IMBRECHTS Koen | HOEVENEN | 29 | SEH | 1130 | 1:20:17 | 6,73 | 8:55 |
| 5471 | 4664 | BEYENS Mireille | SCHILDE | 40 | F40 | 366 | 1:20:21 | 6,72 | 8:56 |
| 5472 | 1428 | VAN DEN EYNDE Sally | DEURNE | 40 | F40 | 367 | 1:20:29 | 6,71 | 8:57 |
| 5473 | 1785 | FIJALKA Tina | MORKHOVEN | 39 | F35 | 535 | 1:20:44 | 6,69 | 8:58 |
| 5474 | 2454 | VERGAUWEN Evelynn | SCHOTEN | 23 | SEF | 1424 | 1:20:47 | 6,68 | 8:59 |
| 5475 | 2457 | VANTOMME Catoo | EMBLEM | 23 | SEF | 1425 | 1:20:51 | 6,68 | 8:59 |
| 5476 | 3044 | GEVAERTS Lennart | BONHEIDEN | 8 | SEH | 1131 | 1:20:52 | 6,68 | 8:59 |
| 5477 | 812 | DE COSTER Nathalie | KAPellen | 27 | SEF | 1426 | 1:20:56 | 6,67 | 9:00 |
| 5478 | 2466 | DOYLE Aileen | EDEGEM | 23 | SEF | 1427 | 1:20:57 | 6,67 | 9:00 |
| 5479 | 2703 | JANSSENS Wendy | HOEVENEN | 34 | SEF | 1428 | 1:21:01 | 6,67 | 9:00 |
| 5480 | 3043 | VERTOMMEN Ann | BONHEIDEN | 48 | F45 | 229 | 1:21:07 | 6,66 | 9:01 |
| 5481 | 4435 | AERTS Jef | BERINGEN | 49 | M45 | 329 | 1:21:11 | 6,65 | 9:01 |
| 5482 | 4278 | PEYS Elien | BALEN | 16 | SEF | 1429 | 1:21:14 | 6,65 | 9:02 |
| 5483 | 4436 | PEYS Guy | BALEN-HULSEN | 44 | M40 | 349 | 1:21:16 | 6,64 | 9:02 |
| 5484 | 4279 | PELGROMS Cindy | BALEN | 40 | F40 | 368 | 1:21:18 | 6,64 | 9:02 |
| 5485 | 1908 | MAES Cindy | EDEGEM | 42 | F40 | 369 | 1:21:21 | 6,64 | 9:02 |
| 5486 | 1981 | DEBIE Kevin | EKEREN | 24 | SEH | 1132 | 1:21:22 | 6,64 | 9:02 |
| 5487 | 1907 | NOORDMAN Nadia | WILRIJK | 42 | F40 | 370 | 1:21:22 | 6,64 | 9:02 |
| 5488 | 1982 | KERSTENS Nele | EKEREN | 24 | SEF | 1430 | 1:21:25 | 6,63 | 9:03 |
| 5489 | 4387 | DEPAUW Guy | MEISE | 44 | M40 | 350 | 1:21:28 | 6,63 | 9:03 |
| 5490 | 3725 | CEULEMANS Laurie | HOEVENEN | 38 | F35 | 536 | 1:21:29 | 6,63 | 9:03 |
| 5491 | 1974 | NACARINO-LUCERO Cristina | SCHAERBEEK | 34 | SEF | 1431 | 1:21:30 | 6,63 | 9:03 |
| 5492 | 6379 | PHILIPPI Luc | PULLE | 51 | M50 | 206 | 1:21:36 | 6,62 | 9:04 |
| 5493 | 5295 | GRELL Charlie | SCHILDE | 22 | SEH | 1133 | 1:21:37 | 6,62 | 9:04 |
| 5494 | 6380 | PHILIPPI Carmen | PULLE | 24 | SEF | 1432 | 1:21:37 | 6,62 | 9:04 |
| 5495 | 3727 | JANSSENS Cindel | BERCHEM | 25 | SEF | 1433 | 1:21:55 | 6,59 | 9:06 |
| 5496 | 2044 | FEYEN Elvira | ANTWERPEN | 24 | SEF | 1434 | 1:22:00 | 6,59 | 9:07 |
| 5497 | 5286 | GRELL Scott | SCHILDE | 21 | SEH | 1134 | 1:22:00 | 6,59 | 9:07 |
| 5498 | 715 | VAN LAERE Stefanie | ANTWERPEN | 30 | SEF | 1435 | 1:22:03 | 6,58 | 9:07 |
| 5499 | 714 | MRSIC Josip | ANTWERPEN | 31 | SEH | 1135 | 1:22:05 | 6,58 | 9:07 |
| 5500 | 2040 | VAN LOOVEREN Lynn | WILRIJK | 23 | SEF | 1436 | 1:22:07 | 6,58 | 9:07 |
| 5501 | 3806 | KLEIN Filip | ANTWERPEN | 49 | M45 | 330 | 1:22:16 | 6,56 | 9:08 |
| 5502 | 1540 | ANTONIS Yoni | DEURNE | 27 | SEF | 1437 | 1:22:26 | 6,55 | 9:10 |
| 5503 | 1114 | VAN DE VELDE Lies | LAARNE | 31 | SEF | 1438 | 1:22:27 | 6,55 | 9:10 |
| 5504 | 5663 | VERVECKEN Niels | MERKSEM | 29 | SEH | 1136 | 1:22:28 | 6,55 | 9:10 |
| 5505 | 5662 | VANWEZER Melissa | MERKSEM | 30 | SEF | 1439 | 1:22:29 | 6,55 | 9:10 |
| 5506 | 5666 | WYNANTS Ines | MERKSPLAS | 28 | SEF | 1440 | 1:22:29 | 6,55 | 9:10 |
| 5507 | 6282 | DE NAEYER Veerle | NOSSEGEM | 37 | F35 | 537 | 1:22:36 | 6,54 | 9:11 |
| 5508 | 2763 | VERHAERT Sammy | WOMMELGEM | 25 | SEF | 1441 | 1:22:48 | 6,52 | 9:12 |
| 5509 | 4391 | MERTENS Kris | TURNHOUT | 32 | SEH | 1137 | 1:22:53 | 6,52 | 9:13 |
| 5510 | 604 | COP Filip | SINT-JOB-IN-'T-GOOR | 50 | M50 | 207 | 1:23:32 | 6,46 | 9:17 |
| 5511 | 389 | TREKKER Marloes | LEUVEN | 29 | SEF | 1442 | 1:23:36 | 6,46 | 9:17 |
| 5512 | 388 | TREKKER Inke | LEUVEN | 28 | SEF | 1443 | 1:23:38 | 6,46 | 9:18 |
| 5513 | 2032 | T'JAMPENS Elke | BERCHEM | 28 | SEF | 1444 | 1:23:40 | 6,45 | 9:18 |
| 5514 | 5947 | JOLY Karen | WILSELE | 29 | SEF | 1445 | 1:23:41 | 6,45 | 9:18 |
| 5515 | 5354 | NAERT Joeri | DEURNE | 24 | SEH | 1138 | 1:24:05 | 6,42 | 9:21 |
| 5516 | 4603 | SHEK Choi Ying | DEURNE | 28 | SEF | 1446 | 1:24:07 | 6,42 | 9:21 |
| 5517 | 2463 | DE ROOVER Manon | BEERSE | 23 | SEF | 1447 | 1:24:16 | 6,41 | 9:22 |
| 5518 | 78 | DE VRIES Greg | HERENTALS | 29 | SEH | 1139 | 1:24:24 | 6,40 | 9:23 |
| 5519 | 5453 | VAN HILTEN Steffy | DEURNE | 24 | SEF | 1448 | 1:24:24 | 6,40 | 9:23 |
| 5520 | 5903 | DECKERS Gunther | GRIMBERGEN | 43 | M40 | 351 | 1:24:31 | 6,39 | 9:23 |
| 5521 | 5093 | DUPONT Hilde | BORGERHOUT | 45 | F45 | 230 | 1:24:43 | 6,37 | 9:25 |
| 5522 | 1217 | DE WILDE Berdien | LAARNE | 26 | SEF | 1449 | 1:24:54 | 6,36 | 9:26 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------|------|------------------------|----------------|-----|-----|-------|---------|------|---------|
| 5523 | 201 | BROUHON Mitch | DEURNE | 26 | SEH | 1140 | 1:24:56 | 6,36 | 9:26 |
| 5524 | 199 | NOENS Heidi | BORSBEEK | 29 | SEF | 1450 | 1:24:57 | 6,36 | 9:26 |
| 5525 | 200 | REYNTJENS Enya | DEURNE | 23 | SEF | 1451 | 1:24:59 | 6,35 | 9:27 |
| 5526 | 2467 | WILLEKENS Jolien | BAZEL | 25 | SEF | 1452 | 1:25:06 | 6,35 | 9:27 |
| 5527 | 2203 | VAN DE GUCHT Dorien | DENDERHOUTEM | 23 | SEF | 1453 | 1:25:13 | 6,34 | 9:28 |
| 5528 | 2204 | DEWEGHE Evelien | LIEDEKERKE | 23 | SEF | 1454 | 1:25:23 | 6,32 | 9:29 |
| 5529 | 2205 | VAN DEN ELSHOUT Kevin | DENDERLEEUEW | 26 | SEH | 1141 | 1:25:26 | 6,32 | 9:30 |
| 5530 | 5307 | BIELAWSKI Monika | ANTWERPEN | 36 | F35 | 538 | 1:26:17 | 6,26 | 9:35 |
| 5531 | 5306 | VAN ELSACKER Ilse | DEURNE | 42 | F40 | 371 | 1:26:17 | 6,26 | 9:35 |
| 5532 | 2846 | TSYEN Kristel | BORSBEEK | 30 | SEF | 1455 | 1:26:37 | 6,23 | 9:37 |
| 5533 | 2715 | VAN BASTELAER Mireille | BORSBEEK | 52 | F50 | 151 | 1:26:39 | 6,23 | 9:38 |
| 5534 | 4140 | LIEKENS Leen | ZWIJNDRECHT | 38 | F35 | 539 | 1:27:55 | 6,14 | 9:46 |
| 5535 | 3497 | MUSSLY Steffi | WIJEGEM | 24 | SEF | 1456 | 1:28:26 | 6,11 | 9:50 |
| 5536 | 3498 | VAN BEVEREN Bibi | WIJNEGEM | 56 | F55 | 66 | 1:28:50 | 6,08 | 9:52 |
| 5537 | 5507 | RAMMON Elke | 2840 | 32 | SEF | 1457 | 1:29:09 | 6,06 | 9:54 |
| 5538 | 6362 | SZEWCZYKOWSKI Daniel | DEURNE | 53 | M50 | 208 | 1:29:29 | 6,03 | 9:57 |
| 5539 | 857 | VAN REYN Iris | SCHOTEN | 24 | SEF | 1458 | 1:30:31 | 5,97 | 10:03 |
| 5540 | 1211 | VAN REYN Helena | MERKSEM | 24 | SEF | 1459 | 1:30:32 | 5,96 | 10:04 |
| 5541 | 4611 | VERMEULEN Toto | DEURNE | 8 | SEH | 1142 | 1:30:40 | 5,96 | 10:04 |
| 5542 | 4613 | VERMEULEN Bram | DEURNE | 37 | M35 | 509 | 1:30:41 | 5,95 | 10:05 |
| 5543 | 2722 | GEEROMS Jeroen | LONDERZEEL | 19 | SEH | 1143 | 1:32:22 | 5,85 | 10:16 |
| 5544 | 2721 | TAILLIEU Niels | DEINZE | 27 | SEH | 1144 | 1:32:22 | 5,85 | 10:16 |
| 5545 | 586 | HEINEN Jan | ZWIJNDRECHT | 55 | M55 | 103 | 1:32:24 | 5,84 | 10:16 |
| 5546 | 5785 | FRANCKX Catharine | DEURNE | 17 | SEF | 1460 | 1:32:30 | 5,84 | 10:17 |
| 5547 | 2720 | GEEROMS Bart | LONDERZEEL | 23 | SEH | 1145 | 1:32:47 | 5,82 | 10:19 |
| 5548 | 1610 | DE SMEDT Lisa | HUMBEEK | 17 | SEF | 1461 | 1:35:10 | 5,67 | 10:34 |
| 5549 | 1611 | CRABBE Lena | DILBEEK | 18 | SEH | 1146 | 1:35:11 | 5,67 | 10:35 |
| 5550 | 1089 | COREMANS Mieke | AARTSELAAR | 33 | SEF | 1462 | 1:39:53 | 5,41 | 11:06 |
| 5551 | 1285 | CAMBIER Jill | HOEVENEN | 46 | F45 | 231 | 1:39:58 | 5,40 | 11:06 |
| 5552 | 2360 | DE MASENEIRE Magalie | EREMBODEGEM | 25 | SEF | 1463 | 1:42:05 | 5,29 | 11:21 |
| 5553 | 2346 | BROOthaerts Barbara | HAALTERT | 43 | F40 | 372 | 1:42:06 | 5,29 | 11:21 |
| 5554 | 6372 | DUQUÉ Serge | BERCHEM | 49 | M45 | 331 | 1:45:29 | 5,12 | 11:43 |
| 5555 | 6371 | TOPPER Brigitte | KONTICH | 50 | F50 | 152 | 1:45:29 | 5,12 | 11:43 |
| 5556 | 2724 | GEEROMS Nele | DEINZE | 26 | SEF | 1464 | 1:48:22 | 4,98 | 12:02 |
| 5557 | 2723 | SARENS Laura | LONDERZEEL | 21 | SEF | 1465 | 1:48:24 | 4,98 | 12:03 |
| 5558 | 4173 | VERELST Chantal | DEURNE | 43 | F40 | 373 | 1:52:13 | 4,81 | 12:28 |
| 5559 | 4174 | VAN DE WIJGERD Marinus | DEURNE | 48 | M45 | 332 | 1:52:36 | 4,80 | 12:31 |
| 5560 | 5599 | DEBRUYN Jorunn | KAPellen | 33 | SEF | 1466 | 1:56:20 | 4,64 | 12:56 |
| 5561 | 3258 | VAN WESEMAEL Viktor | ANTWERPEN | 26 | SEH | 1147 | 1:58:12 | 4,57 | 13:08 |
| 5562 | 25 | JANSSENS Kenneth | GERAARDSBERGEN | 34 | SEH | 1148 | 2:06:21 | 4,27 | 14:02 |