

3e 7 Miles Parkloop Hove - 4 oktober 2015

7 MIJL

| PL | Naam | CAT | P/CAT | Ronde 1 | Ronde 2 | Ronde 3 | Ronde 4 | Ronde 5 | Ronde 6 | Ronde 7 | Tijd | GEM | KM-Tijd |
|----|-----------------------|-----|-------|---------|---------|---------|---------|---------|---------|---------|---------|-------|---------|
| 1 | Maselis Alex | M | 1 | 0:06:47 | 0:06:55 | 0:06:53 | 0:06:56 | 0:06:54 | 0:07:07 | 0:06:48 | 0:48:25 | 13,91 | 4:19 |
| 2 | Leloup Benoit | M | 2 | 0:06:48 | 0:06:56 | 0:06:51 | 0:06:55 | 0:06:54 | 0:07:09 | 0:06:51 | 0:48:31 | 13,88 | 4:19 |
| 3 | Adams Kris | M | 3 | 0:06:48 | 0:06:57 | 0:06:58 | 0:07:04 | 0:07:05 | 0:07:11 | 0:07:04 | 0:49:11 | 13,70 | 4:23 |
| 4 | Janssens Koen | M | 4 | 0:06:48 | 0:06:56 | 0:07:01 | 0:07:12 | 0:07:19 | 0:07:22 | 0:07:17 | 0:50:00 | 13,47 | 4:27 |
| 5 | Bulens Sander | M | 5 | 0:07:03 | 0:07:05 | 0:07:22 | 0:07:26 | 0:07:32 | 0:07:37 | 0:07:15 | 0:51:23 | 13,11 | 4:35 |
| 6 | Driesen Femke | V | 1 | 0:07:13 | 0:07:20 | 0:07:18 | 0:07:19 | 0:07:24 | 0:07:30 | 0:07:23 | 0:51:30 | 13,08 | 4:35 |
| 7 | Henderickx Patrick | M | 6 | 0:07:09 | 0:07:21 | 0:07:18 | 0:07:29 | 0:07:28 | 0:07:41 | 0:07:24 | 0:51:57 | 12,97 | 4:38 |
| 8 | Vermeeren Marlies | V | 2 | 0:07:22 | 0:07:24 | 0:07:28 | 0:07:27 | 0:07:30 | 0:07:35 | 0:07:29 | 0:52:20 | 12,87 | 4:40 |
| 9 | Buts Filip | M | 7 | 0:07:32 | 0:07:50 | 0:07:58 | 0:08:13 | 0:08:18 | 0:08:05 | 0:07:40 | 0:55:43 | 12,09 | 4:58 |
| 10 | Van De Velde Gerrit | M | 8 | 0:06:57 | 0:07:28 | 0:07:48 | 0:08:04 | 0:08:16 | 0:08:35 | 0:08:38 | 0:55:51 | 12,06 | 4:58 |
| 11 | Van Camp Hugo | M | 9 | 0:07:53 | 0:07:55 | 0:08:01 | 0:07:52 | 0:08:06 | 0:08:04 | 0:08:00 | 0:55:56 | 12,04 | 4:59 |
| 12 | Coeck Wesley | M | 10 | 0:07:29 | 0:07:50 | 0:07:58 | 0:08:13 | 0:08:21 | 0:08:24 | 0:08:04 | 0:56:25 | 11,94 | 5:01 |
| 13 | Bruyndonckx Louis | M | 11 | 0:07:51 | 0:07:56 | 0:08:01 | 0:08:07 | 0:08:09 | 0:08:07 | 0:08:10 | 0:56:26 | 11,94 | 5:02 |
| 14 | Oliviers Stef | M | 12 | 0:07:51 | 0:07:55 | 0:08:00 | 0:07:54 | 0:08:14 | 0:08:24 | 0:08:04 | 0:56:30 | 11,92 | 5:02 |
| 15 | Weyns Marlies | V | 3 | 0:07:46 | 0:07:52 | 0:08:05 | 0:08:08 | 0:08:13 | 0:08:14 | 0:08:07 | 0:56:31 | 11,92 | 5:02 |
| 16 | Keersmaekers Niels | M | 13 | 0:07:41 | 0:08:05 | 0:08:14 | 0:08:18 | 0:08:21 | 0:08:14 | 0:07:56 | 0:56:54 | 11,84 | 5:04 |
| 17 | Mosselmans Lennart | M | 14 | 0:07:57 | 0:08:22 | 0:08:33 | 0:08:27 | 0:08:21 | 0:08:05 | 0:07:13 | 0:57:03 | 11,81 | 5:05 |
| 18 | De Ron Stijn | M | 15 | 0:07:34 | 0:08:14 | 0:08:31 | 0:08:21 | 0:08:21 | 0:08:15 | 0:07:46 | 0:57:07 | 11,79 | 5:05 |
| 19 | Claessens Bert | M | 16 | 0:08:37 | 0:08:26 | 0:08:27 | 0:08:16 | 0:08:11 | 0:07:59 | 0:07:43 | 0:57:52 | 11,64 | 5:09 |
| 20 | Deckmyn Xavier | M | 17 | 0:07:52 | 0:07:51 | 0:08:06 | 0:08:26 | 0:08:38 | 0:08:48 | 0:08:43 | 0:58:30 | 11,52 | 5:13 |
| 21 | Schoeters Leo | M | 18 | 0:08:00 | 0:08:32 | 0:08:21 | 0:08:26 | 0:08:31 | 0:08:30 | 0:08:19 | 0:58:44 | 11,47 | 5:14 |
| 22 | Vrancken Jorgen | M | 19 | 0:07:48 | 0:07:57 | 0:08:13 | 0:08:45 | 0:08:57 | 0:08:57 | 0:09:05 | 0:59:48 | 11,26 | 5:20 |
| 23 | De Groote Romeo | M | 20 | 0:07:42 | 0:08:26 | 0:08:43 | 0:09:00 | 0:08:54 | 0:08:47 | 0:08:35 | 1:00:14 | 11,18 | 5:22 |
| 24 | Verbeeck Romain | M | 21 | 0:08:30 | 0:08:49 | 0:08:36 | 0:08:35 | 0:08:47 | 0:08:52 | 0:08:32 | 1:00:46 | 11,09 | 5:25 |
| 25 | Deseure Geert | M | 22 | 0:08:38 | 0:08:30 | 0:08:30 | 0:08:50 | 0:08:48 | 0:08:54 | 0:08:50 | 1:01:08 | 11,02 | 5:27 |
| 26 | Bal Gunther | M | 23 | 0:10:06 | 0:09:13 | 0:08:24 | 0:08:39 | 0:08:48 | 0:08:21 | 0:08:10 | 1:01:52 | 10,89 | 5:31 |
| 27 | Vlaminckx Luc | M | 24 | 0:09:03 | 0:08:57 | 0:09:04 | 0:08:57 | 0:08:57 | 0:08:46 | 0:08:36 | 1:02:32 | 10,77 | 5:34 |
| 28 | De Roeck Bruno | M | 25 | 0:08:25 | 0:08:55 | 0:08:47 | 0:08:59 | 0:09:13 | 0:09:12 | 0:09:21 | 1:02:57 | 10,70 | 5:36 |
| 29 | De Ridder Simon | M | 26 | 0:08:21 | 0:09:37 | 0:09:30 | 0:09:23 | 0:09:34 | 0:08:17 | 0:08:15 | 1:03:02 | 10,69 | 5:37 |
| 30 | De Caluwé Georges | M | 27 | 0:09:40 | 0:09:15 | 0:08:54 | 0:09:09 | 0:08:56 | 0:08:54 | 0:08:35 | 1:03:34 | 10,60 | 5:40 |
| 31 | Deweert Paul | M | 28 | 0:08:41 | 0:08:46 | 0:09:03 | 0:09:03 | 0:09:19 | 0:09:34 | 0:09:23 | 1:03:55 | 10,54 | 5:42 |
| 32 | Struyf Elke | V | 4 | 0:09:10 | 0:09:22 | 0:09:18 | 0:09:14 | 0:09:21 | 0:09:14 | 0:09:06 | 1:04:50 | 10,39 | 5:46 |
| 33 | Vangenechten Geert | M | 29 | 0:10:02 | 0:09:18 | 0:09:10 | 0:09:07 | 0:09:13 | 0:09:13 | 0:08:39 | 1:04:57 | 10,37 | 5:47 |
| 34 | Durée Els | V | 5 | 0:09:10 | 0:09:20 | 0:09:17 | 0:09:14 | 0:09:21 | 0:09:18 | 0:09:15 | 1:05:02 | 10,36 | 5:48 |
| 35 | Dekelver Pascale | V | 6 | 0:09:46 | 0:09:23 | 0:09:16 | 0:09:08 | 0:09:15 | 0:09:21 | 0:09:21 | 1:05:39 | 10,26 | 5:51 |
| 36 | Van Loock Geert | M | 30 | 0:09:29 | 0:09:51 | 0:09:40 | 0:09:52 | 0:09:54 | 0:09:52 | 0:07:24 | 1:06:13 | 10,17 | 5:54 |
| 37 | De Landsheere Sophie | V | 7 | 0:09:39 | 0:09:29 | 0:08:50 | 0:09:15 | 0:10:25 | 0:09:44 | 0:09:35 | 1:07:06 | 10,04 | 5:59 |
| 38 | Van minnebruggen Bern | M | 31 | 0:09:31 | 0:09:51 | 0:09:41 | 0:09:52 | 0:09:53 | 0:09:54 | 0:08:43 | 1:07:34 | 9,97 | 6:01 |
| 39 | Van Bracht Johan | M | 32 | 0:10:24 | 0:09:51 | 0:09:33 | 0:09:20 | 0:09:17 | 0:09:46 | 0:10:19 | 1:08:42 | 9,81 | 6:07 |
| 40 | Faes Vic | M | 33 | 0:09:44 | 0:09:56 | 0:09:42 | 0:09:44 | 0:09:50 | 0:09:57 | 0:09:55 | 1:08:53 | 9,78 | 6:08 |
| 41 | Blommaert Kristel | V | 8 | 0:09:45 | 0:09:52 | 0:09:46 | 0:09:43 | 0:09:50 | 0:10:01 | 0:09:54 | 1:08:56 | 9,77 | 6:08 |
| 42 | Van Der Welk Kurt | M | 34 | 0:09:27 | 0:09:40 | 0:09:41 | 0:09:57 | 0:10:02 | 0:09:56 | 0:10:03 | 1:08:56 | 9,77 | 6:08 |

| PL | Naam | CAT | P/CAT | Ronde 1 | Ronde 2 | Ronde 3 | Ronde 4 | Ronde 5 | Ronde 6 | Ronde 7 | Tijd | GEM | KM-Tijd |
|----|---------------------------|-----|-------|---------|---------|---------|---------|---------|---------|---------|---------|------|---------|
| 43 | Bedert Lieven | M | 35 | 0:09:42 | 0:09:41 | 0:09:38 | 0:09:49 | 0:09:53 | 0:10:05 | 0:10:11 | 1:09:08 | 9,74 | 6:09 |
| 44 | Blondé Bruno | M | 36 | 0:09:46 | 0:09:48 | 0:09:46 | 0:09:43 | 0:10:00 | 0:10:12 | 0:10:16 | 1:09:40 | 9,67 | 6:12 |
| 45 | Offeciërs Fien | V | 9 | 0:09:55 | 0:09:34 | 0:09:33 | 0:09:57 | 0:10:17 | 0:10:23 | 0:10:17 | 1:10:03 | 9,62 | 6:14 |
| 46 | Sweeck Alfons | M | 37 | 0:09:40 | 0:09:50 | 0:09:33 | 0:09:55 | 0:10:12 | 0:10:22 | 0:10:36 | 1:10:15 | 9,59 | 6:15 |
| 47 | Maselis Iris | V | 10 | 0:09:43 | 0:09:53 | 0:09:54 | 0:10:09 | 0:10:29 | 0:10:31 | 0:09:50 | 1:10:36 | 9,54 | 6:17 |
| 48 | Roels Caroline | V | 11 | 0:10:13 | 0:10:10 | 0:10:30 | 0:10:08 | 0:09:59 | 0:09:54 | 0:09:41 | 1:10:46 | 9,52 | 6:18 |
| 49 | Coenen Diane | V | 12 | 0:09:08 | 0:09:48 | 0:09:55 | 0:10:13 | 0:10:23 | 0:10:31 | 0:10:45 | 1:10:48 | 9,51 | 6:18 |
| 50 | Verwimp Glenn | M | 38 | 0:09:34 | 0:09:47 | 0:10:01 | 0:10:09 | 0:10:21 | 0:10:43 | 0:10:23 | 1:11:07 | 9,47 | 6:20 |
| 51 | Boonen Stephanie | V | 13 | 0:10:21 | 0:10:26 | 0:10:32 | 0:10:40 | 0:10:31 | 0:09:45 | 0:09:08 | 1:11:34 | 9,41 | 6:22 |
| 52 | Careme Alexis | M | 39 | 0:10:21 | 0:10:26 | 0:10:32 | 0:10:40 | 0:10:31 | 0:09:44 | 0:09:08 | 1:11:34 | 9,41 | 6:22 |
| 53 | Moens Luc | M | 40 | 0:09:20 | 0:09:49 | 0:09:38 | 0:10:08 | 0:10:32 | 0:10:58 | 0:11:14 | 1:11:47 | 9,38 | 6:24 |
| 54 | Van Noten Dorien | V | 14 | 0:10:08 | 0:10:13 | 0:10:17 | 0:10:30 | 0:10:24 | 0:10:23 | 0:10:05 | 1:12:06 | 9,34 | 6:25 |
| 55 | Van Noten Sofie | V | 15 | 0:10:08 | 0:10:12 | 0:10:18 | 0:10:30 | 0:10:22 | 0:10:24 | 0:10:08 | 1:12:09 | 9,34 | 6:26 |
| 56 | Verleyen Ann | V | 16 | 0:10:11 | 0:10:05 | 0:10:09 | 0:10:42 | 0:10:22 | 0:11:01 | 0:10:20 | 1:12:59 | 9,23 | 6:30 |
| 57 | Verhelst Stephanie | V | 17 | 0:10:14 | 0:10:16 | 0:10:35 | 0:10:33 | 0:10:51 | 0:10:14 | 0:10:43 | 1:13:36 | 9,15 | 6:33 |
| 58 | Schwagten Koenraad | M | 41 | 0:10:20 | 0:10:27 | 0:10:34 | 0:10:45 | 0:10:45 | 0:10:38 | 0:10:10 | 1:13:50 | 9,12 | 6:35 |
| 59 | Vandrepel Sarah | V | 18 | 0:10:47 | 0:10:46 | 0:10:40 | 0:10:23 | 0:10:30 | 0:10:26 | 0:10:15 | 1:13:57 | 9,11 | 6:35 |
| 60 | Van Hoof Wilfried | M | 42 | 0:10:25 | 0:10:38 | 0:10:33 | 0:10:45 | 0:10:51 | 0:10:31 | 0:10:21 | 1:14:13 | 9,08 | 6:37 |
| 61 | Peeters Camilla | V | 19 | 0:10:48 | 0:10:46 | 0:10:40 | 0:10:23 | 0:10:30 | 0:10:36 | 0:10:57 | 1:14:49 | 9,00 | 6:40 |
| 62 | Van De Plas Luc | M | 43 | 0:09:35 | 0:09:59 | 0:10:24 | 0:10:46 | 0:11:02 | 0:11:23 | 0:11:41 | 1:14:57 | 8,99 | 6:41 |
| 63 | Roefs Sonja | V | 20 | 0:10:57 | 0:11:00 | 0:10:54 | 0:10:47 | 0:10:57 | 0:11:01 | 0:10:29 | 1:16:12 | 8,84 | 6:47 |
| 64 | Cumps Marc | M | 44 | 0:10:58 | 0:11:00 | 0:10:54 | 0:10:47 | 0:10:57 | 0:11:01 | 0:10:29 | 1:16:12 | 8,84 | 6:47 |
| 65 | Van Den Bossche Katheline | V | 21 | 0:10:35 | 0:10:53 | 0:11:00 | 0:10:48 | 0:11:01 | 0:11:22 | 0:11:03 | 1:16:50 | 8,77 | 6:51 |
| 66 | Peeters Jeroen | M | 45 | 0:08:50 | 0:10:28 | 0:11:04 | 0:11:40 | 0:12:06 | 0:12:02 | 0:11:52 | 1:18:09 | 8,62 | 6:58 |
| 67 | Hofmans Geertrui | V | 22 | 0:10:57 | 0:11:51 | 0:11:55 | 0:12:28 | 0:12:23 | 0:12:34 | 0:12:28 | 1:24:47 | 7,95 | 7:33 |
| 68 | Van Den bosch Katrien | V | 23 | 0:10:56 | 0:10:57 | 0:11:10 | 0:12:07 | 0:12:22 | 0:12:53 | 0:14:14 | 1:24:51 | 7,94 | 7:33 |
| 69 | Berge Kirsten | V | 24 | 0:12:35 | 0:11:18 | 0:11:34 | 0:11:52 | 0:12:57 | 0:12:26 | 0:12:10 | 1:25:01 | 7,92 | 7:34 |
| 70 | D'Hondt Ellen | V | 25 | 0:10:25 | 0:11:27 | 0:12:08 | 0:12:37 | 0:12:32 | 0:13:08 | 0:13:05 | 1:25:29 | 7,88 | 7:37 |
| 71 | De Groote Marc | M | 46 | 0:10:42 | 0:12:48 | 0:12:32 | 0:12:10 | 0:12:57 | 0:13:01 | 0:12:54 | 1:27:09 | 7,73 | 7:46 |
| 72 | Deknop Katleen | V | 26 | 0:10:50 | 0:12:05 | 0:12:22 | 0:12:53 | 0:12:58 | 0:13:01 | 0:12:53 | 1:27:09 | 7,73 | 7:46 |
| 73 | Servaes Dirk | M | 47 | 0:12:35 | 0:14:58 | 0:15:45 | 0:17:06 | 0:17:18 | 0:16:55 | 0:16:51 | 1:51:37 | 6,04 | 9:56 |
| 74 | Devolder Arne | M | 48 | 0:12:47 | 0:14:51 | 0:15:43 | 0:17:07 | 0:17:17 | 0:16:51 | 0:16:55 | 1:51:37 | 6,04 | 9:56 |

3e 7 Miles Parkloop Hove - 4 oktober 2015

ESTAFETTE - 7 MIJL

| PL Naam | CAT | P/CAT | Ronde 1 | Ronde 2 | Ronde 3 | Ronde 4 | Ronde 5 | Ronde 6 | Ronde 7 | Tijd | GEM | KM-Tijd |
|-----------------------------|------|-------|---------|---------|---------|---------|---------|---------|---------|---------|-------|---------|
| 1 De Rapsten | TEAM | 1 | 0:06:57 | 0:08:10 | 0:07:11 | 0:06:59 | 0:07:44 | 0:07:25 | 0:07:49 | 0:52:15 | 12,89 | 4:39 |
| 2 The Onesies | TEAM | 2 | 0:07:02 | 0:07:49 | 0:07:29 | 0:07:30 | 0:07:39 | 0:07:39 | 0:07:38 | 0:52:46 | 12,77 | 4:42 |
| 3 Buren blokje rond | TEAM | 3 | 0:06:43 | 0:09:11 | 0:06:38 | 0:08:45 | 0:07:07 | 0:08:16 | 0:08:18 | 0:54:58 | 12,26 | 4:54 |
| 4 ANTVERPIA | TEAM | 4 | 0:07:06 | 0:06:19 | 0:08:42 | 0:07:44 | 0:08:33 | 0:10:08 | 0:07:29 | 0:56:01 | 12,03 | 4:59 |
| 5 The Yellow Lions | TEAM | 5 | 0:06:01 | 0:07:58 | 0:09:49 | 0:08:34 | 0:09:13 | 0:08:31 | 0:06:08 | 0:56:14 | 11,98 | 5:01 |
| 6 Campeons | TEAM | 6 | 0:06:51 | 0:07:55 | 0:08:42 | 0:08:02 | 0:08:02 | 0:08:16 | 0:08:31 | 0:56:19 | 11,96 | 5:01 |
| 7 Rode Kruis Hove/Lint | TEAM | 7 | 0:05:41 | 0:07:29 | 0:07:52 | 0:08:27 | 0:11:43 | 0:09:13 | 0:06:41 | 0:57:06 | 11,80 | 5:05 |
| 8 Midlife Running & Teens | TEAM | 8 | 0:07:05 | 0:09:25 | 0:08:01 | 0:09:50 | 0:08:05 | 0:08:04 | 0:07:40 | 0:58:10 | 11,58 | 5:11 |
| 9 Fuji Yama Hove | TEAM | 9 | 0:06:58 | 0:07:10 | 0:10:26 | 0:10:13 | 0:10:22 | 0:06:52 | 0:06:21 | 0:58:22 | 11,54 | 5:12 |
| 10 De Blauwe Post | TEAM | 10 | 0:08:59 | 0:08:03 | 0:08:18 | 0:10:29 | 0:08:39 | 0:07:03 | 0:06:56 | 0:58:27 | 11,53 | 5:12 |
| 11 ABES FUN | TEAM | 11 | 0:06:45 | 0:09:16 | 0:09:23 | 0:09:07 | 0:10:35 | 0:07:55 | 0:06:22 | 0:59:23 | 11,34 | 5:17 |
| 12 M&M's | TEAM | 12 | 0:08:36 | 0:09:52 | 0:07:05 | 0:11:16 | 0:08:53 | 0:09:56 | 0:07:12 | 1:02:50 | 10,72 | 5:36 |
| 13 The beauties & the beast | TEAM | 13 | 0:08:06 | 0:09:56 | 0:09:57 | 0:08:28 | 0:10:12 | 0:10:21 | 0:08:25 | 1:05:25 | 10,30 | 5:50 |
| 14 Portie gemengd | TEAM | 14 | 0:08:07 | 0:09:55 | 0:09:40 | 0:11:47 | 0:08:21 | 0:09:17 | 0:09:14 | 1:06:21 | 10,15 | 5:55 |
| 15 Corredores | TEAM | 15 | 0:09:55 | 0:10:02 | 0:09:03 | 0:10:29 | 0:09:39 | 0:09:37 | 0:08:47 | 1:07:32 | 9,97 | 6:01 |
| 16 Distrito de la paz | TEAM | 16 | 0:11:25 | 0:09:24 | 0:09:21 | 0:12:14 | 0:10:48 | 0:09:59 | 0:10:27 | 1:13:38 | 9,15 | 6:34 |