

Oostends Loopcriterium 2015

31e Dwars door het Westerkwartier Oostende - 18 september 2015

DAMES - 9 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|-----|-------------------------|----------------|------|-----|---------|-------|---------|
| 1 | 606 | Hertveldt Heidi | Oostende | 1975 | D2 | 0:34:19 | 15,74 | 3:49 |
| 2 | 517 | Deruddere Lies | Wevelgem | 1986 | D1 | 0:35:15 | 15,32 | 3:55 |
| 3 | 623 | Deweert Marc | Oostende | 1950 | H5 | 0:36:57 | 14,61 | 4:06 |
| 4 | 607 | Strubbe Fabienne | Oudenburg | 1967 | D3 | 0:37:39 | 14,34 | 4:11 |
| 5 | 613 | Vereecke Tamara | Jabbeke | 1970 | D3 | 0:37:46 | 14,30 | 4:12 |
| 6 | 541 | Maes Maité | Oostende | 1982 | D1 | 0:38:12 | 14,14 | 4:15 |
| 7 | 529 | Tuttens Sophie | Meulebeke | 1972 | D2 | 0:38:14 | 14,12 | 4:15 |
| 8 | 620 | Lefevere Willy | Oostende | 1949 | H5 | 0:38:19 | 14,09 | 4:15 |
| 9 | 621 | Jonckheere Eva | Oostende | 1991 | D1 | 0:39:41 | 13,61 | 4:25 |
| 10 | 611 | Geelen Robert | Dilsen Stokkem | 1949 | H5 | 0:40:07 | 13,46 | 4:27 |
| 11 | 524 | Demaegdt Georges | Oostende | 1946 | H5 | 0:41:19 | 13,07 | 4:35 |
| 12 | 531 | Vincke Elisa | Oostende | 2001 | D1 | 0:41:22 | 13,05 | 4:36 |
| 13 | 605 | Note Carine | Lombardsijde | 1975 | D2 | 0:41:28 | 13,02 | 4:36 |
| 14 | 610 | Snijders Maria Elisa | Dilsen Stokkem | 1953 | D4 | 0:41:48 | 12,92 | 4:39 |
| 15 | 597 | Timmerman Sandra | Oostende | 1969 | D3 | 0:41:51 | 12,90 | 4:39 |
| 16 | 542 | Haeve Lore | Oostende | 1988 | D1 | 0:42:14 | 12,79 | 4:42 |
| 17 | 601 | Levecke Sophie | Oostende | 1966 | D3 | 0:42:23 | 12,74 | 4:43 |
| 18 | 511 | Delcour Eddy | Oostende | 1945 | H5 | 0:42:25 | 12,73 | 4:43 |
| 19 | 528 | Floryn Eline | Koekelare | 1993 | D1 | 0:42:37 | 12,67 | 4:44 |
| 20 | 614 | Leyre Erna | Oostende | 1963 | D3 | 0:42:39 | 12,66 | 4:44 |
| 21 | 530 | Beirens Kristel | Aartrijke | 1972 | D2 | 0:42:44 | 12,64 | 4:45 |
| 22 | 522 | Jacqueloot Martine | Oostende | 1972 | D2 | 0:42:48 | 12,62 | 4:45 |
| 23 | 622 | Dekeyser Brenda | Oostende | 1974 | D2 | 0:42:51 | 12,60 | 4:46 |
| 24 | 509 | Geldhof Johnny | De Panne | 1945 | H5 | 0:43:05 | 12,53 | 4:47 |
| 25 | 503 | Chavatte Roger | Geraardsbergen | 1948 | H5 | 0:43:23 | 12,45 | 4:49 |
| 26 | 514 | Defruyt Ronald | Zedelgem | 1948 | H5 | 0:43:32 | 12,40 | 4:50 |
| 27 | 504 | Castagna Mario | Geraardsbergen | 1947 | H5 | 0:43:41 | 12,36 | 4:51 |
| 28 | 612 | Verplancke Liesbeth | Oudenburg | 1981 | D1 | 0:43:58 | 12,28 | 4:53 |
| 29 | 513 | Jaecques Hilde | Gistel | 1970 | D3 | 0:44:07 | 12,24 | 4:54 |
| 30 | 615 | Van de Woestijne Firmin | Watervliet | 1946 | H5 | 0:45:06 | 11,97 | 5:01 |
| 31 | 525 | Depoorter Ingeborg | Middelkerke | 1983 | D1 | 0:45:39 | 11,83 | 5:04 |
| 32 | 510 | Timmermans Marcel | Blankenberge | 1950 | H5 | 0:45:50 | 11,78 | 5:06 |
| 33 | 535 | Devriendt Lili | Oostende | 1965 | D3 | 0:45:59 | 11,74 | 5:07 |
| 34 | 534 | Heusequin Christel | Oostende | 1971 | D2 | 0:46:10 | 11,70 | 5:08 |
| 35 | 516 | Aspeslagh Katrien | Lombardsijde | 1966 | D3 | 0:46:40 | 11,57 | 5:11 |
| 36 | 506 | Capitaine Tamara | Oostende | 1981 | D1 | 0:46:55 | 11,51 | 5:13 |
| 37 | 110 | Declercq Stephanie | Gent | 1984 | D1 | 0:47:10 | 11,45 | 5:14 |
| 38 | 523 | Levecke Stephanie | Gistel | 1979 | D2 | 0:47:19 | 11,41 | 5:15 |
| 39 | 527 | Creminger Inge | Oostende | 1989 | D1 | 0:47:24 | 11,39 | 5:16 |
| 40 | 617 | Knockaert Georgette | Oostkamp | 1965 | D3 | 0:48:18 | 11,18 | 5:22 |
| 41 | 624 | Hertveldt Kathy | Gistel | 1977 | D2 | 0:48:43 | 11,08 | 5:25 |
| 42 | 609 | Leuwers Carine | Reninge | 1972 | D2 | 0:49:18 | 10,95 | 5:29 |
| 43 | 515 | Billiet Francine | Gistel | 1962 | D3 | 0:49:28 | 10,92 | 5:30 |
| 44 | 599 | Van Severen Jeannique | Oostende | 1967 | D3 | 0:49:39 | 10,88 | 5:31 |
| 45 | 608 | Knockaert Dirk | Oudenburg | 1944 | H5 | 0:49:44 | 10,86 | 5:32 |
| 46 | 602 | Coenen Jeannine | Ravels | 1953 | D4 | 0:50:09 | 10,77 | 5:34 |
| 47 | 532 | Deseyne Rosa | Koolskamp | 1953 | D4 | 0:50:14 | 10,75 | 5:35 |
| 48 | 616 | De Bruycker Eugeen | Overmere | 1950 | H5 | 0:50:43 | 10,65 | 5:38 |
| 49 | 526 | Vandaele Marleen | Oostende | 1968 | D3 | 0:53:02 | 10,18 | 5:54 |
| 50 | 603 | Soete Natacha | Lombardsijde | 1970 | D3 | 0:53:29 | 10,10 | 5:57 |
| 51 | 604 | Boels Vera | Zellik | 1959 | D4 | 0:53:36 | 10,07 | 5:57 |
| 52 | 540 | Finet Bieke | Torhout | 1983 | D1 | 0:54:14 | 9,96 | 6:02 |
| 53 | 619 | Huwel Agnes | Oostende | 1951 | D4 | 0:54:23 | 9,93 | 6:03 |
| 54 | 538 | Brouckmeersch Caroline | Oostende | 1970 | D3 | 0:54:48 | 9,85 | 6:05 |
| 55 | 625 | De Laere François | Oostende | 1944 | H5 | 0:55:29 | 9,73 | 6:10 |
| 56 | 537 | Dewulf Marleen | Oostende | 1968 | D3 | 0:55:31 | 9,73 | 6:10 |
| 57 | 618 | Casteleyn Raymond | Oostende | 1944 | H5 | 0:55:41 | 9,70 | 6:11 |
| 58 | 507 | Capitaine Natasha | Oostende | 1977 | D2 | 0:55:49 | 9,67 | 6:12 |
| 59 | 598 | Van Bossche Etienne | Oostende | 1938 | H5 | 0:57:45 | 9,35 | 6:25 |
| 60 | 600 | Beelen Lisette | Halle | 1950 | D4 | 0:59:06 | 9,14 | 6:34 |
| 61 | 518 | Schockaert Katrien | Oostende | 1961 | D3 | 0:59:22 | 9,10 | 6:36 |
| 62 | 508 | Hamers Lilian | Oostende | 1946 | D4 | 0:59:25 | 9,09 | 6:36 |
| 63 | 543 | De Clerck Lieve | Oostende | 1955 | D4 | 1:00:49 | 8,88 | 6:45 |
| 64 | 533 | Vansteenkiste Koen | Oostende | 1962 | D3 | 1:01:21 | 8,80 | 6:49 |

Oostends Loopcriterium 2015

31e Dwars door het Westerkwartier Oostende - 18 september 2015

HEREN - 9 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|--------------|------|-----|---------|-------|---------|
| 1 | 196 | Stieperaere Davy | Wevelgem | 1985 | H1 | 0:29:01 | 18,61 | 3:13 |
| 2 | 201 | Vanhecke Jetro | Oostende | 1987 | H1 | 0:29:47 | 18,13 | 3:19 |
| 3 | 219 | De Coene Wim | Zottegem | 1976 | H2 | 0:30:51 | 17,50 | 3:26 |
| 4 | 193 | Geerts Alain | Impe | 1969 | H3 | 0:31:06 | 17,36 | 3:27 |
| 5 | 206 | Bossier Eddy | Oudenburg | 1964 | H3 | 0:31:07 | 17,35 | 3:27 |
| 6 | 144 | Olivier Johan | Koekelare | 1968 | H3 | 0:31:41 | 17,04 | 3:31 |
| 7 | 150 | Tilleman Bruno | Blankenberge | 1969 | H3 | 0:31:53 | 16,94 | 3:33 |
| 8 | 177 | De Ketelaere Luc | Gistel | 1962 | H3 | 0:32:10 | 16,79 | 3:34 |
| 9 | 146 | Laenens Gunther | Bredene | 1971 | H2 | 0:32:13 | 16,76 | 3:35 |
| 10 | 160 | Debreyne Frederic | De Haan | 1971 | H2 | 0:32:20 | 16,70 | 3:36 |
| 11 | 232 | Ameloot Frederik | Oostende | 1977 | H2 | 0:32:31 | 16,61 | 3:37 |
| 12 | 200 | Vanhee Yordi | Oostende | 1993 | H1 | 0:32:44 | 16,50 | 3:38 |
| 13 | 205 | Creminger Bart | Oostende | 1992 | H1 | 0:33:03 | 16,34 | 3:40 |
| 14 | 165 | Meese Laurent | Brugge | 1969 | H3 | 0:33:04 | 16,33 | 3:40 |
| 15 | 147 | Pollentier Peter | Oostende | 1968 | H3 | 0:33:06 | 16,31 | 3:41 |
| 16 | 133 | Vanden Berghe Patrick | Oostkamp | 1967 | H3 | 0:33:09 | 16,29 | 3:41 |
| 17 | 241 | Deramoudt Johan | Lombardsijde | 1970 | H3 | 0:33:11 | 16,27 | 3:41 |
| 18 | 168 | Holvoet Matthieu | Ichtegem | 1988 | H1 | 0:33:20 | 16,20 | 3:42 |
| 19 | 188 | Puystjens Gino | Lombardsijde | 1962 | H3 | 0:33:27 | 16,14 | 3:43 |
| 20 | 222 | Tackx Koen | Brussel | 1969 | H3 | 0:33:54 | 15,93 | 3:46 |
| 21 | 187 | Ketels Jens | Gistel | 1991 | H1 | 0:34:02 | 15,87 | 3:47 |
| 22 | 202 | Rens Jeremy | Gistel | 1995 | H1 | 0:34:07 | 15,83 | 3:47 |
| 23 | 169 | Liekens Peter | Middelkerke | 1967 | H3 | 0:34:15 | 15,77 | 3:48 |
| 24 | 242 | Janssen Alfred | Oostende | 1966 | H3 | 0:34:16 | 15,76 | 3:48 |
| 25 | 1 | Westerlinck Stefaan | Kortrijk | 1978 | H2 | 0:34:34 | 15,62 | 3:50 |
| 26 | 249 | Desmedt Martin | Bredene | 1960 | H4 | 0:34:36 | 15,61 | 3:51 |
| 27 | 237 | De Muync Maarten | Oostende | 1981 | H1 | 0:34:38 | 15,59 | 3:51 |
| 28 | 236 | Vitse Jeroen | Bredene | 1999 | H1 | 0:34:41 | 15,57 | 3:51 |
| 29 | 154 | Gadeyne Kevin | Ichtegem | 1986 | H1 | 0:34:49 | 15,51 | 3:52 |
| 30 | 211 | Luypaert Dirk | Oostende | 1964 | H3 | 0:35:09 | 15,36 | 3:54 |
| 31 | 149 | Cuypers Olivier | Oostende | 1979 | H2 | 0:35:12 | 15,34 | 3:55 |
| 32 | 142 | Coussement Wim | Woumen | 1970 | H3 | 0:35:16 | 15,31 | 3:55 |
| 33 | 178 | Debacker Curd | Bredene | 1972 | H2 | 0:35:28 | 15,23 | 3:56 |
| 34 | 208 | Van de Velde Michaël | Gistel | 1987 | H1 | 0:35:30 | 15,21 | 3:57 |
| 35 | 143 | Deraedt Hein | keiem | 1975 | H2 | 0:35:33 | 15,19 | 3:57 |
| 36 | 140 | Vandenbergh Hugo | Varsenare | 1959 | H4 | 0:35:39 | 15,15 | 3:58 |
| 37 | 123 | Vantuyghem Vincent | Eernegem | 1972 | H2 | 0:35:45 | 15,10 | 3:58 |
| 38 | 217 | Velle Lorenzo | Gistel | 1974 | H2 | 0:35:50 | 15,07 | 3:59 |
| 39 | 197 | Viaene Christ | Veurne | 1968 | H3 | 0:36:00 | 15,00 | 4:00 |
| 40 | 228 | Van Langenhove Guido | Bambrugge | 1954 | H4 | 0:36:02 | 14,99 | 4:00 |
| 41 | 189 | Beernaerts Nicky | Oostende | 1982 | H1 | 0:36:04 | 14,97 | 4:00 |
| 42 | 171 | Nuytten Lode | Oostende | 1968 | H3 | 0:36:07 | 14,95 | 4:01 |
| 43 | 191 | Ketels Ronny | Gistel | 1965 | H3 | 0:36:11 | 14,92 | 4:01 |
| 44 | 173 | Lestabel Maarten | Bredene | 1983 | H1 | 0:36:18 | 14,88 | 4:02 |
| 45 | 230 | Verbanck Thijs | Oostende | 1993 | H1 | 0:36:20 | 14,86 | 4:02 |
| 46 | 194 | Vanhaecke Ronny | Oostende | 1967 | H3 | 0:36:25 | 14,83 | 4:03 |
| 47 | 174 | Depoorter Dimitri | Ichtegem | 1976 | H2 | 0:36:28 | 14,81 | 4:03 |
| 48 | 190 | Provost Rik | Oostende | 1963 | H3 | 0:36:32 | 14,78 | 4:04 |
| 49 | 212 | Pertz Werner | Oostende | 1972 | H2 | 0:36:35 | 14,76 | 4:04 |
| 50 | 176 | Deplancke Jan | Oudenburg | 1984 | H1 | 0:36:38 | 14,74 | 4:04 |
| 51 | 195 | Deruddere Geert | Wevelgem | 1960 | H4 | 0:36:40 | 14,73 | 4:04 |
| 52 | 139 | Coucke Nicolas | Veurne | 1996 | H1 | 0:36:41 | 14,72 | 4:05 |
| 53 | 199 | De Groote Jurgen | Lombardsijde | 1970 | H3 | 0:36:47 | 14,68 | 4:05 |
| 54 | 119 | Janssen Wouter | Oostende | 1999 | H1 | 0:36:54 | 14,63 | 4:06 |
| 55 | 115 | Pacque Hans | Nieuwpoort | 1963 | H3 | 0:37:17 | 14,48 | 4:09 |
| 56 | 145 | Vanheule Marc | Koekelare | 1972 | H2 | 0:37:18 | 14,48 | 4:09 |
| 57 | 112 | Rubben Luc | Oostende | 1956 | H4 | 0:37:22 | 14,45 | 4:09 |
| 58 | 214 | Seys Luc | Nevele | 1957 | H4 | 0:37:24 | 14,44 | 4:09 |
| 59 | 220 | Vanmullem Christoph | Aartrijke | 1979 | H2 | 0:37:28 | 14,41 | 4:10 |
| 60 | 138 | Leyzen Dennis | Wenduine | 1973 | H2 | 0:37:34 | 14,37 | 4:10 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|----------------|------|-----|---------|-------|---------|
| 61 | 128 | Grootaerd Hans | Eernegem | 1969 | H3 | 0:37:37 | 14,36 | 4:11 |
| 62 | 134 | Janssen Jan | Veurne | 1970 | H3 | 0:37:40 | 14,34 | 4:11 |
| 63 | 224 | Coucke Francis | Izenberge | 1967 | H3 | 0:37:47 | 14,29 | 4:12 |
| 64 | 209 | Surmont Miguel | Bredene | 1972 | H2 | 0:37:54 | 14,25 | 4:13 |
| 65 | 183 | Jonckheere Patrick | Oostende | 1955 | H4 | 0:37:58 | 14,22 | 4:13 |
| 66 | 213 | Vermeulen Gino | Oostende | 1964 | H3 | 0:38:09 | 14,15 | 4:14 |
| 67 | 216 | Vandecasteele Pieter | Oostende | 1978 | H2 | 0:38:16 | 14,11 | 4:15 |
| 68 | 221 | Brouckaert Dimitri | Gistel | 1981 | H1 | 0:38:20 | 14,09 | 4:16 |
| 69 | 166 | Ryckeboer Noel | Poperinge | 1956 | H4 | 0:38:22 | 14,07 | 4:16 |
| 70 | 247 | Devriendt Johan | Oudenburg | 1963 | H3 | 0:38:26 | 14,05 | 4:16 |
| 71 | 141 | Van Moortel Kevin | Oostende | 1978 | H2 | 0:38:43 | 13,95 | 4:18 |
| 72 | 186 | Brunclair Frans | Oostende | 1953 | H4 | 0:39:06 | 13,81 | 4:21 |
| 73 | 229 | Rogier Martin | Snaaskerke | 1964 | H3 | 0:39:08 | 13,80 | 4:21 |
| 74 | 127 | Vandebroucke Stefaan | Oostende | 1983 | H1 | 0:39:30 | 13,67 | 4:23 |
| 75 | 132 | Werniers Stefaan | Oostende | 1968 | H3 | 0:39:31 | 13,67 | 4:23 |
| 76 | 182 | Janssens Andy | Oostende | 1975 | H2 | 0:39:36 | 13,64 | 4:24 |
| 77 | 223 | Verbanck Arne | Oostende | 1995 | H1 | 0:39:43 | 13,60 | 4:25 |
| 78 | 172 | Vellemans Stefaan | Oostende | 1980 | H2 | 0:39:48 | 13,57 | 4:25 |
| 79 | 244 | Waeyaert Pedro | Oostende | 1978 | H2 | 0:39:51 | 13,55 | 4:26 |
| 80 | 135 | Dupon Thomas | Oostende | 1985 | H1 | 0:39:53 | 13,54 | 4:26 |
| 81 | 156 | Templeton Joeri | Bredene | 1979 | H2 | 0:39:54 | 13,53 | 4:26 |
| 82 | 179 | De Cuyper Jurgen | Oostende | 1976 | H2 | 0:40:09 | 13,45 | 4:28 |
| 83 | 148 | Bruylandt Jean-Jacques | Geraardsbergen | 1956 | H4 | 0:40:13 | 13,43 | 4:28 |
| 84 | 180 | Thibout Jean Marc | Oostende | 1958 | H4 | 0:40:45 | 13,25 | 4:32 |
| 85 | 136 | Depoorter Jim | Oostende | 1993 | H1 | 0:40:46 | 13,25 | 4:32 |
| 86 | 238 | Vandamme Jean-Marie | Gijzenzele | 1958 | H4 | 0:40:53 | 13,21 | 4:33 |
| 87 | 120 | Deferme Bart | Pervijze | 1980 | H2 | 0:41:04 | 13,15 | 4:34 |
| 88 | 131 | D'hondt Bjorn | Oudenburg | 1983 | H1 | 0:41:14 | 13,10 | 4:35 |
| 89 | 155 | Couvreur Martin | Kortemark | 1958 | H4 | 0:41:29 | 13,02 | 4:37 |
| 90 | 204 | Deramoudt Tom | Lombardsijde | 1983 | H1 | 0:41:34 | 12,99 | 4:37 |
| 91 | 118 | Vandecasteele Wouter | Oostende | 1981 | H1 | 0:41:42 | 12,95 | 4:38 |
| 92 | 164 | Blommaert Marc | De Haan | 1982 | H1 | 0:41:45 | 12,93 | 4:38 |
| 93 | 130 | Gengembre David | Oostende | 1973 | H2 | 0:41:47 | 12,92 | 4:39 |
| 94 | 218 | Lippens Alexandre | Zottegem | 1993 | H1 | 0:41:53 | 12,89 | 4:39 |
| 95 | 210 | Pauwels Luk | Oudenburg | 1951 | H4 | 0:41:54 | 12,89 | 4:39 |
| 96 | 184 | Jonckheere Thomas | Oostende | 1994 | H1 | 0:41:56 | 12,88 | 4:40 |
| 97 | 153 | Herssens Dirk | Bambrugge | 1968 | H3 | 0:42:06 | 12,83 | 4:41 |
| 98 | 129 | Michiels Johan | Middelkerke | 1965 | H3 | 0:42:10 | 12,81 | 4:41 |
| 99 | 158 | Decaestecker Luc | Diksmuide | 1955 | H4 | 0:42:12 | 12,80 | 4:41 |
| 100 | 137 | Depoorter Dirk | Oostende | 1963 | H3 | 0:42:20 | 12,76 | 4:42 |
| 101 | 248 | Lootens Jozef | Oostende | 1956 | H4 | 0:42:24 | 12,74 | 4:43 |
| 102 | 240 | Tyteca Walter | Westende | 1957 | H4 | 0:43:02 | 12,55 | 4:47 |
| 103 | 239 | Deramoudt Marc | Lombardsijde | 1955 | H4 | 0:43:03 | 12,54 | 4:47 |
| 104 | 117 | Vandecasteele Siemen | Oostende | 1999 | H1 | 0:43:25 | 12,44 | 4:49 |
| 105 | 124 | Tondeur Brian | Oostende | 1979 | H2 | 0:43:36 | 12,39 | 4:51 |
| 106 | 157 | Van Pee Johan | Hoeilaart | 1968 | H3 | 0:43:46 | 12,34 | 4:52 |
| 107 | 198 | Deceuninck Andy | Oudenburg | 1981 | H1 | 0:43:50 | 12,32 | 4:52 |
| 108 | 175 | Vandecasteele Frederik | Zandvoorde | 1976 | H2 | 0:43:52 | 12,31 | 4:52 |
| 109 | 185 | Hamers Preben | Oostende | 1998 | H1 | 0:43:56 | 12,29 | 4:53 |
| 110 | 162 | Hamers Peter | Oostende | 1969 | H3 | 0:43:59 | 12,28 | 4:53 |
| 111 | 116 | Daele Dave | Oostende | 1980 | H2 | 0:44:09 | 12,23 | 4:54 |
| 112 | 234 | Ceuppens Patrick | Halle | 1956 | H4 | 0:44:34 | 12,12 | 4:57 |
| 113 | 159 | Snauwaert Mike | Snaaskerke | 1980 | H2 | 0:45:10 | 11,96 | 5:01 |
| 114 | 111 | Van Valckenbergh Jef | Oostende | 1988 | H1 | 0:45:27 | 11,88 | 5:03 |
| 115 | 121 | Jungbluth Rudy | Bredene | 1965 | H3 | 0:45:45 | 11,80 | 5:05 |
| 116 | 245 | Waeyaert Peter | Oostende | 1969 | H3 | 0:45:53 | 11,77 | 5:06 |
| 117 | 152 | Van Acker Jean-paul | Brugge | 1958 | H4 | 0:46:13 | 11,68 | 5:08 |
| 118 | 109 | Deblauwe Arne | Oostende | 1980 | H2 | 0:46:27 | 11,63 | 5:10 |
| 119 | 161 | Blommaert Philippe | De Haan | 1979 | H2 | 0:46:49 | 11,53 | 5:12 |
| 120 | 192 | Eeckhaut Gunther | Nieuwpoort | 1967 | H3 | 0:46:59 | 11,49 | 5:13 |
| 121 | 243 | Hintjes Robin | Bredene | 1995 | H1 | 0:47:05 | 11,47 | 5:14 |
| 122 | 167 | Moreels Hugo | Bredene | 1955 | H4 | 0:47:12 | 11,44 | 5:15 |
| 123 | 170 | De Bruycker Wim | Oudenburg | 1975 | H2 | 0:47:30 | 11,37 | 5:17 |
| 124 | 231 | Bruckwilder Jorg | keulen | 1955 | H4 | 0:47:33 | 11,36 | 5:17 |
| 125 | 151 | Van Driessche Luc | Oostende | 1964 | H3 | 0:47:52 | 11,28 | 5:19 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|----------------------|-------------------|------------|------------|-------------|------------|----------------|
| 126 | 113 | Vander Beke Frederik | Bredene | 1983 | H1 | 0:48:04 | 11,23 | 5:20 |
| 127 | 114 | Vanhaverbeke Chris | Oostende | 1970 | H3 | 0:48:06 | 11,23 | 5:21 |
| 128 | 122 | Hertveldt Dennis | Oostende | 1973 | H2 | 0:48:11 | 11,21 | 5:21 |
| 129 | 207 | Marlein Lorenzo | Bredene | 1970 | H3 | 0:48:30 | 11,13 | 5:23 |
| 130 | 181 | Decock Ronny | Oostende | 1955 | H4 | 0:48:55 | 11,04 | 5:26 |
| 131 | 225 | Brissinck Daniel | Oostende | 1953 | H4 | 0:49:15 | 10,96 | 5:28 |
| 132 | 227 | Vandamme Daniël | Brugge | 1954 | H4 | 0:49:35 | 10,89 | 5:31 |
| 133 | 226 | David Danny | Koekelare | 1955 | H4 | 0:51:18 | 10,53 | 5:42 |
| 134 | 250 | Kramers Ronny | Bredene | 1954 | H4 | 0:51:52 | 10,41 | 5:46 |
| 135 | 233 | Maene Jimmy | Oostende | 1978 | H2 | 0:52:23 | 10,31 | 5:49 |
| 136 | 215 | Velle Christiaan | Bredene | 1972 | H2 | 0:52:28 | 10,29 | 5:50 |
| 137 | 203 | Quaegebeur Jochen | Gistel | 2001 | H1 | 0:54:41 | 9,88 | 6:05 |