

Victors Cup 2014

8e Oversteekrun Lafelt - 21 juni 2014

5 KM

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|---------------------|-----------------|-----|------|-------|---------|-------|---------|
| 1 | 588 | NARDOZZA VINCENT | LANAKEN | 33 | MSEN | 1 | 0:16:28 | 18,22 | 3:18 |
| 2 | 107 | VANOPPEN THOMAS | BILZEN | 14 | MSEN | 2 | 0:17:45 | 16,90 | 3:33 |
| 3 | 205 | PARTOENS TOM | BILZEN | 39 | M+35 | 1 | 0:17:57 | 16,71 | 3:35 |
| 4 | 145 | VAN ASTEN GIEL | MAASTRICHT (NL) | 15 | MSEN | 3 | 0:18:05 | 16,59 | 3:37 |
| 5 | 598 | VANREYTEN MICHIEL | GRUITRODE | 25 | MSEN | 4 | 0:18:09 | 16,53 | 3:38 |
| 6 | 148 | CROUZEN JULES | EBEN-EMAEL | 30 | MSEN | 5 | 0:18:31 | 16,20 | 3:42 |
| 7 | 156 | DULLERS PIETER | HERK-DE-STAD | 31 | MSEN | 6 | 0:18:59 | 15,80 | 3:48 |
| 8 | 121 | CLAESEN KURT | REKEM | 45 | M+35 | 2 | 0:19:13 | 15,61 | 3:51 |
| 9 | 587 | KNAPEN MAX | DIEPENBEEK | 50 | M+50 | 1 | 0:19:16 | 15,57 | 3:51 |
| 10 | 161 | CEYSSSENS JOHAN | HEUSDEN | 57 | M+50 | 2 | 0:19:32 | 15,36 | 3:54 |
| 11 | 103 | NICOLAES JULIAN | ROSMEER | 11 | MSEN | 7 | 0:19:53 | 15,09 | 3:59 |
| 12 | 112 | NICOLAES KRIS | ROSMEER | 36 | M+35 | 3 | 0:19:54 | 15,08 | 3:59 |
| 13 | 119 | JACKERS DOMINIC | KORTESSEM | 43 | M+35 | 4 | 0:20:02 | 14,98 | 4:00 |
| 14 | 165 | MARDAGA MAARTEN | BILZEN | 14 | MSEN | 8 | 0:20:11 | 14,86 | 4:02 |
| 15 | 193 | ROUFFA BRAM | MEMBRUGGEN | 11 | MSEN | 9 | 0:20:18 | 14,78 | 4:04 |
| 16 | 146 | HAESSEN SANDER | SLUIZEN | 15 | MSEN | 10 | 0:20:40 | 14,52 | 4:08 |
| 17 | 186 | COENEGRACHTS WOUTER | RIEMST | 15 | MSEN | 11 | 0:20:58 | 14,31 | 4:12 |
| 18 | 592 | HERMANS RYAN | RIEMST | 13 | MSEN | 12 | 0:21:09 | 14,18 | 4:14 |
| 19 | 195 | VAESEN WILLIAM | RIEMST | 50 | M+50 | 3 | 0:21:16 | 14,11 | 4:15 |
| 20 | 105 | VANOPPEN JENS | BILZEN | 13 | MSEN | 13 | 0:21:24 | 14,02 | 4:17 |
| 21 | 580 | BRUGGEN LIEN | BILZEN | 14 | VSEN | 1 | 0:21:43 | 13,81 | 4:21 |
| 22 | 219 | BOLLEN SVEN | RIEMST | 12 | MSEN | 14 | 0:21:45 | 13,79 | 4:21 |
| 23 | 11 | CLAESEN HANNE | HOESELT | 10 | VSEN | 2 | 0:21:50 | 13,74 | 4:22 |
| 24 | 101 | COSEMANS LEEN | MUNSTERBILZEN | 17 | VSEN | 3 | 0:21:52 | 13,72 | 4:22 |
| 25 | 514 | CLAESEN DIRK | HOESELT | 45 | M+35 | 5 | 0:21:55 | 13,69 | 4:23 |
| 26 | 132 | SCHEPERS TINE | BILZEN | 11 | VSEN | 4 | 0:22:04 | 13,60 | 4:25 |
| 27 | 120 | VANOPPEN DIRK | BILZEN | 44 | M+35 | 6 | 0:22:08 | 13,55 | 4:26 |
| 28 | 532 | ROEDE HENK | LANAKEN | 56 | M+50 | 4 | 0:22:10 | 13,53 | 4:26 |
| 29 | 597 | CLAESEN GERT | WELLEN | 43 | M+35 | 7 | 0:22:23 | 13,40 | 4:29 |
| 30 | 223 | MESOTTEN BEN | EBEN-EMAEL | 37 | M+35 | 8 | 0:22:25 | 13,38 | 4:29 |
| 31 | 100 | NOBEN SIEBE | BILZEN | 9 | MSEN | 15 | 0:22:30 | 13,33 | 4:30 |
| 32 | 209 | MEERTENS SETH | RIEMST | 8 | MSEN | 16 | 0:22:32 | 13,31 | 4:30 |
| 33 | 115 | NOBEN KURT | | 41 | M+35 | 9 | 0:22:33 | 13,30 | 4:31 |
| 34 | 516 | BULTÉ HARRY | REKEM | 45 | M+35 | 10 | 0:22:34 | 13,29 | 4:31 |
| 35 | 114 | ERKENS HEIDI | REKEM | 39 | V+35 | 1 | 0:22:39 | 13,25 | 4:32 |
| 36 | 595 | HEEMSKERK CORNELIUS | LANAKEN | 58 | M+50 | 5 | 0:22:51 | 13,13 | 4:34 |
| 37 | 586 | VANDOOREN DREA | MUNSTERBILZEN | 14 | VSEN | 5 | 0:23:24 | 12,82 | 4:41 |
| 38 | 577 | DEWIT JARNE | BILZEN | 13 | MSEN | 17 | 0:23:29 | 12,78 | 4:42 |
| 39 | 600 | BASTIAENS GERT | LANAKEN | 24 | MSEN | 18 | 0:23:34 | 12,73 | 4:43 |
| 40 | 160 | PROVOOST LIES | HASSELT | 35 | V+35 | 2 | 0:23:53 | 12,56 | 4:47 |
| 41 | 197 | VANDORMAEL SIMON | RIEMST | 18 | MSEN | 19 | 0:23:56 | 12,53 | 4:47 |
| 42 | 104 | MERCKEN CHARLOT | BILZEN-ROSMEER | 12 | VSEN | 6 | 0:24:04 | 12,47 | 4:49 |
| 43 | 591 | GEUNS MARTINE | PEER | 42 | V+35 | 3 | 0:24:06 | 12,45 | 4:49 |
| 44 | 169 | ELFADELY ISMAÏL | BILZEN | 8 | MSEN | 20 | 0:24:07 | 12,44 | 4:49 |
| 45 | 585 | KOOPMANS GEERT | TONGEREN | 47 | M+35 | 11 | 0:24:09 | 12,42 | 4:50 |
| 46 | 198 | PAULY PHILIP | BILZEN | 44 | M+35 | 12 | 0:24:18 | 12,35 | 4:52 |
| 47 | 208 | VRANCKEN HERMAN | TONGEREN | 57 | M+50 | 6 | 0:24:22 | 12,31 | 4:52 |
| 48 | 553 | SMETS FRANCIS | TONGEREN | 50 | M+50 | 7 | 0:24:30 | 12,24 | 4:54 |
| 49 | 554 | DARDING LEI | BILZEN | 9 | MSEN | 21 | 0:24:32 | 12,23 | 4:54 |
| 50 | 582 | VELTJEN RUBEN | BILZEN | 8 | MSEN | 22 | 0:24:34 | 12,21 | 4:55 |
| 51 | 187 | GREVEN SONJA | ROSMEER | 40 | V+35 | 4 | 0:24:36 | 12,20 | 4:55 |
| 52 | 124 | MAES RONY | KURINGEN | 54 | M+50 | 8 | 0:24:44 | 12,13 | 4:57 |
| 53 | 122 | MOONS PASCAL | BILZEN | 43 | M+35 | 13 | 0:24:58 | 12,02 | 5:00 |
| 54 | 151 | MOONS ERIN | BILZEN | 14 | VSEN | 7 | 0:24:59 | 12,01 | 5:00 |
| 55 | 214 | VAN DER VORST RIA | HASSELT | 65 | V+50 | 1 | 0:25:17 | 11,87 | 5:03 |
| 56 | 578 | DEWIT KOBE | BILZEN | 11 | MSEN | 23 | 0:25:25 | 11,80 | 5:05 |
| 57 | 123 | PIÉRART FRÉDÉRIC | TONGEREN | 46 | M+35 | 14 | 0:25:43 | 11,67 | 5:09 |
| 58 | 166 | MARDAGA KATELIJNE | BILZEN | 22 | VSEN | 8 | 0:25:46 | 11,64 | 5:09 |
| 59 | 150 | MEYERS MARCEL | BILZEN | 42 | M+35 | 15 | 0:25:51 | 11,61 | 5:10 |
| 60 | 125 | SLECHTEN KJELLE | | 8 | MSEN | 24 | 0:25:52 | 11,60 | 5:10 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|------------------|-----|------|-------|---------|-------|---------|
| 61 | 190 | POTTEN RUUD | LAFELT | 47 | M+35 | 16 | 0:25:53 | 11,59 | 5:11 |
| 62 | 170 | STEEGEN MICHIEL | BILZEN | 13 | MSEN | 25 | 0:25:55 | 11,58 | 5:11 |
| 63 | 194 | ROUFFA HANNE | RIEMST | 15 | VSEN | 9 | 0:26:03 | 11,52 | 5:13 |
| 64 | 210 | WAUTERS SIGRID | RIEMST | 36 | V+35 | 5 | 0:26:05 | 11,50 | 5:13 |
| 65 | 129 | SLECHTEN DILANA | | 11 | VSEN | 10 | 0:26:07 | 11,49 | 5:13 |
| 66 | 192 | GREGOIRE RUDI | BILZEN | 49 | M+35 | 17 | 0:26:08 | 11,48 | 5:14 |
| 67 | 213 | NIJS MONIQUE | HASSELT | 53 | V+50 | 2 | 0:26:15 | 11,43 | 5:15 |
| 68 | 590 | DEJONG ETIENNE | PEER | 56 | M+50 | 9 | 0:26:25 | 11,36 | 5:17 |
| 69 | 157 | ZELISSEN MELVIN | DEN BOSCH (NL) | 26 | MSEN | 26 | 0:26:26 | 11,35 | 5:17 |
| 70 | 196 | VAN MEERBEECK XAVIER | EDEGEM | 25 | MSEN | 27 | 0:26:29 | 11,33 | 5:18 |
| 71 | 601 | CLEUREN MARTIJN | BILZEN | 24 | MSEN | 28 | 0:26:31 | 11,31 | 5:18 |
| 72 | 106 | PIÉRART ANNE-SOPHIE | TONGEREN | 14 | VSEN | 11 | 0:26:33 | 11,30 | 5:19 |
| 73 | 199 | ERLICH ANGELIQUE | WALTWILDER | 25 | VSEN | 12 | 0:27:02 | 11,10 | 5:24 |
| 74 | 142 | SIMONS CAS | RIEMST | 7 | MSEN | 29 | 0:27:24 | 10,95 | 5:29 |
| 75 | 596 | LATHOUWERS THIBAUT | HOESELT | 10 | MSEN | 30 | 0:27:27 | 10,93 | 5:29 |
| 76 | 113 | TIMMERMANS HEIDI | | 39 | V+35 | 6 | 0:27:30 | 10,91 | 5:30 |
| 77 | 212 | SMETS LINDA | MILLEN-RIEMST | 47 | V+35 | 7 | 0:27:59 | 10,72 | 5:36 |
| 78 | 118 | CUMMINGS ANETTE | RIEMST | 42 | V+35 | 8 | 0:28:07 | 10,67 | 5:37 |
| 79 | 224 | KELLENS JAN | BILZEN | 49 | M+35 | 18 | 0:28:28 | 10,54 | 5:42 |
| 80 | 584 | SNELLINGS JEF | BILZEN | 48 | M+35 | 19 | 0:28:39 | 10,47 | 5:44 |
| 81 | 110 | NOBEN INE | BILZEN | 24 | VSEN | 13 | 0:28:40 | 10,47 | 5:44 |
| 82 | 108 | ARTOIS LIEN | HERENT | 23 | VSEN | 14 | 0:28:50 | 10,40 | 5:46 |
| 83 | 158 | BYLOIS MICHEL | DIEPENBEEK | 37 | M+35 | 20 | 0:28:53 | 10,39 | 5:47 |
| 84 | 159 | LEENDERS MEINDERT | HASSELT | 38 | M+35 | 21 | 0:28:54 | 10,38 | 5:47 |
| 85 | 226 | SIBORGS RONNY | ZUTENDAAL | 43 | M+35 | 22 | 0:28:59 | 10,35 | 5:48 |
| 86 | 143 | SIMONS BRECHT | RIEMST | 9 | MSEN | 31 | 0:29:01 | 10,34 | 5:48 |
| 87 | 149 | PARTHOENS NELE | RIEMST | 34 | VSEN | 15 | 0:29:02 | 10,33 | 5:48 |
| 88 | 206 | REMELS CAROLINE | SINT-TRUIDEN | 23 | VSEN | 16 | 0:29:13 | 10,27 | 5:51 |
| 89 | 583 | SNELLINGS LEENTJE | BILZEN | 34 | VSEN | 17 | 0:29:21 | 10,22 | 5:52 |
| 90 | 593 | PROESMANS KAMIEL | HENIS-TONGEREN | 70 | M+50 | 10 | 0:29:26 | 10,19 | 5:53 |
| 91 | 599 | RASKIN JO | LEUVEN | 29 | MSEN | 32 | 0:29:28 | 10,18 | 5:54 |
| 92 | 155 | BEUNCKENS JOLIEN | LANAKEN | 26 | VSEN | 18 | 0:29:30 | 10,17 | 5:54 |
| 93 | 152 | WONDE TINEKE | HERZOGENRATH (D) | 63 | V+50 | 3 | 0:31:27 | 9,54 | 6:17 |
| 94 | 111 | MARIS SARA | HASSELT | 30 | VSEN | 19 | 0:31:51 | 9,42 | 6:22 |
| 95 | 153 | VISSER BERTIE | MAASTRICHT (NL) | 62 | M+50 | 11 | 0:33:06 | 9,06 | 6:37 |
| 96 | 227 | SIBORGS FEMKE | ZUTENDAAL | 13 | VSEN | 20 | 0:33:08 | 9,05 | 6:38 |
| 97 | 228 | MANTELS SONJA | ZUTENDAAL | 44 | V+35 | 9 | 0:33:19 | 9,00 | 6:40 |
| 98 | 109 | BULTEEL SIGRID | | 24 | VSEN | 21 | 0:33:22 | 8,99 | 6:40 |
| 99 | 147 | BURMAN MARJOLIJN | | 24 | VSEN | 22 | 0:33:23 | 8,99 | 6:41 |
| 100 | 579 | JONGEN JOEY | VROENHOVEN | 16 | MSEN | 33 | 0:34:20 | 8,74 | 6:52 |
| 101 | 102 | BROUWER SABINE | | 37 | V+35 | 10 | 0:36:18 | 8,26 | 7:16 |
| 102 | 189 | POTTEN-RICHTER SJOUKJE | | 35 | V+35 | 11 | 0:36:40 | 8,18 | 7:20 |
| 103 | 133 | MEYERS PIETER | BILZEN | 11 | MSEN | 34 | 0:36:42 | 8,17 | 7:20 |
| 104 | 136 | JORISSEN YOURI | VROENHOVEN | 12 | MSEN | 35 | 0:36:45 | 8,16 | 7:21 |
| 105 | 154 | HENDRIKX JENS | LAFELT | 11 | MSEN | 36 | 0:36:47 | 8,16 | 7:21 |
| 106 | 135 | ROUMANS YORRITH | LANAKEN | 11 | MSEN | 37 | 0:36:48 | 8,15 | 7:22 |
| 107 | 130 | WACKERZAPP YVANA | BILZEN | 11 | VSEN | 23 | 0:36:49 | 8,15 | 7:22 |
| 108 | 131 | NOBEN YORRIT | BILZEN | 11 | MSEN | 38 | 0:36:51 | 8,14 | 7:22 |
| 109 | 134 | VAN DAMME MARIE | VLIERMAALROOT | 11 | VSEN | 24 | 0:36:53 | 8,13 | 7:23 |
| 110 | 137 | VAN DAMME JASPER | LANAKEN | 13 | MSEN | 39 | 0:36:54 | 8,13 | 7:23 |
| 111 | 140 | KELLENS MARIJKE | BILZEN | 41 | V+35 | 12 | 0:36:56 | 8,12 | 7:23 |
| 112 | 141 | MEYERS ANDRÉ | LANDEN | 62 | M+50 | 12 | 0:36:58 | 8,12 | 7:24 |
| 113 | 138 | HERMANS KENNY | LANAKEN | 23 | MSEN | 40 | 0:37:00 | 8,11 | 7:24 |
| 114 | 139 | THIJS KATLEEN | BILZEN | 28 | VSEN | 25 | 0:37:01 | 8,10 | 7:24 |

Victors Cup 2014

8e Oversteekrun Lafelt - 21 juni 2014

10 KM

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|--------------------|-----|------|-------|---------|-------|---------|
| 1 | 509 | HEEMSKERK STEVEN | LANAKEN | 35 | M+35 | 1 | 0:30:57 | 19,39 | 3:06 |
| 2 | 588 | NARDOZZA VINCENT | LANAKEN | 33 | MSEN | 1 | 0:34:11 | 17,55 | 3:25 |
| 3 | 567 | VOSSIUS PETER | WELLEN | 35 | M+35 | 2 | 0:35:29 | 16,91 | 3:33 |
| 4 | 503 | NASSEN BRECHT | | 24 | MSEN | 2 | 0:35:37 | 16,85 | 3:34 |
| 5 | 229 | NASSEN LUC | TONGEREN | 51 | M+50 | 1 | 0:35:39 | 16,83 | 3:34 |
| 6 | 557 | BERBEN PIETER | MEEUWEN | 28 | MSEN | 3 | 0:36:24 | 16,48 | 3:38 |
| 7 | 222 | BAETEN BERT | DILSEN-STOKKEM | 24 | MSEN | 4 | 0:37:09 | 16,15 | 3:43 |
| 8 | 225 | NEVEN RONNY | TONGEREN | 48 | M+35 | 3 | 0:37:35 | 15,96 | 3:46 |
| 9 | 547 | NYS PATRICK | | 55 | M+50 | 2 | 0:37:44 | 15,90 | 3:46 |
| 10 | 177 | LOIX JIMMY | TONGEREN | 36 | M+35 | 4 | 0:38:10 | 15,72 | 3:49 |
| 11 | 514 | CLAESEN DIRK | HOESELT | 45 | M+35 | 5 | 0:38:33 | 15,56 | 3:51 |
| 12 | 529 | WOLFS JOHNNY | RIEMST | 44 | M+35 | 6 | 0:38:53 | 15,43 | 3:53 |
| 13 | 504 | DEBUSSCHERE THIBAUT | RIEMST | 26 | MSEN | 5 | 0:39:05 | 15,35 | 3:55 |
| 14 | 530 | JANSSEN KOEN | MAASMECHELEN | 34 | MSEN | 6 | 0:39:09 | 15,33 | 3:55 |
| 15 | 184 | JEURISSEN JOHNNY | RIEMST | 34 | MSEN | 7 | 0:39:27 | 15,21 | 3:57 |
| 16 | 201 | NEVEN PIET | RIEMST | 57 | M+50 | 3 | 0:39:45 | 15,09 | 3:59 |
| 17 | 565 | JOOKEN BENNY | HASSELT | 51 | M+50 | 4 | 0:40:27 | 14,83 | 4:03 |
| 18 | 576 | VANGEEL PIET | HOESELT | 47 | M+35 | 7 | 0:40:32 | 14,80 | 4:03 |
| 19 | 188 | NIESTEN DONALD | ROSMEER | 43 | M+35 | 8 | 0:40:35 | 14,78 | 4:04 |
| 20 | 518 | REYSKENS GEERT | GENK | 47 | M+35 | 9 | 0:40:39 | 14,76 | 4:04 |
| 21 | 505 | CANNAERTS RAF | EDEGEM | 26 | MSEN | 8 | 0:41:00 | 14,63 | 4:06 |
| 22 | 561 | VAN OOSTERWIJCK NATHALIE | BILZEN | 34 | VSEN | 1 | 0:41:05 | 14,60 | 4:06 |
| 23 | 500 | HAESSEN JASPER | SLUIZEN | 20 | MSEN | 9 | 0:41:13 | 14,56 | 4:07 |
| 24 | 19 | DOPS JOSLIN | | 58 | M+50 | 5 | 0:41:15 | 14,55 | 4:07 |
| 25 | 220 | CLAESEN ANDRÉ | MAASMECHELEN | 61 | M+50 | 6 | 0:41:17 | 14,53 | 4:08 |
| 26 | 200 | CUYVERS JAN | BILZEN | 50 | M+50 | 7 | 0:41:19 | 14,52 | 4:08 |
| 27 | 542 | BAERTS CHRIS | HEUSDEN-ZOLDER | 42 | M+35 | 10 | 0:41:23 | 14,50 | 4:08 |
| 28 | 525 | HAESSEN NICO | SLUIZEN | 52 | M+50 | 8 | 0:41:25 | 14,49 | 4:09 |
| 29 | 207 | ESTERS PAUL | ZUTENDAAL | 58 | M+50 | 9 | 0:41:35 | 14,43 | 4:10 |
| 30 | 234 | THOONEN ERIK | DIEPENBEEK | 56 | M+50 | 10 | 0:41:38 | 14,41 | 4:10 |
| 31 | 221 | JANS STEFAN | EIGENBILZEN | 49 | M+35 | 11 | 0:41:49 | 14,35 | 4:11 |
| 32 | 539 | WOUTERS BART | VLIERMAAL | 38 | M+35 | 12 | 0:42:04 | 14,26 | 4:12 |
| 33 | 164 | MARDAGA JOHAN | BILZEN | 53 | M+50 | 11 | 0:42:12 | 14,22 | 4:13 |
| 34 | 563 | WAUTERS GUY | BILZEN | 57 | M+50 | 12 | 0:42:25 | 14,15 | 4:15 |
| 35 | 564 | STEYLAERTS SAM | RIEMST | 18 | MSEN | 10 | 0:42:30 | 14,12 | 4:15 |
| 36 | 555 | COLLAS NORBERT | GENOELSELDEREN | 58 | M+50 | 13 | 0:42:34 | 14,10 | 4:15 |
| 37 | 233 | LAMBRIGHTS ROBERT | DIEPENBEEK | 55 | M+50 | 14 | 0:42:42 | 14,05 | 4:16 |
| 38 | 174 | VANHAREN LEON | BILZEN | 68 | M+50 | 15 | 0:43:16 | 13,87 | 4:20 |
| 39 | 544 | MASSOT JEAN-PIERRE | BILZEN | 49 | M+35 | 13 | 0:43:25 | 13,82 | 4:20 |
| 40 | 594 | VANREYTEN MICHIEL | | 25 | MSEN | 11 | 0:43:43 | 13,72 | 4:22 |
| 41 | 537 | VAN CAUWENBERGHE PETER | | 30 | MSEN | 12 | 0:43:44 | 13,72 | 4:22 |
| 42 | 573 | COENEGRACHTS JAN | RIEMST | 30 | MSEN | 13 | 0:44:00 | 13,64 | 4:24 |
| 43 | 215 | PELGRIMS EDOUARD | ST-LAMBRECHTS-HERK | 59 | M+50 | 16 | 0:44:21 | 13,53 | 4:26 |
| 44 | 162 | CHRISTOFFELS KRIS | ZUTENDAAL | 27 | MSEN | 14 | 0:44:24 | 13,51 | 4:26 |
| 45 | 218 | BOLLEN CEDERIC | RIEMST | 15 | MSEN | 15 | 0:44:33 | 13,47 | 4:27 |
| 46 | 519 | LOYENS FRANCIS | RIEMST | 47 | M+35 | 14 | 0:44:35 | 13,46 | 4:28 |
| 47 | 231 | HERZET CLAUDE | RIEMST | 60 | M+50 | 17 | 0:44:38 | 13,44 | 4:28 |
| 48 | 179 | VANAKEN PATRICK | DIEPENBEEK | 53 | M+50 | 18 | 0:44:39 | 13,44 | 4:28 |
| 49 | 549 | HENDRIX PAUL | BILZEN | 58 | M+50 | 19 | 0:44:51 | 13,38 | 4:29 |
| 50 | 570 | WEERTS GUIDO | BILZEN | 51 | M+50 | 20 | 0:45:01 | 13,33 | 4:30 |
| 51 | 523 | ZOMERS RAPH | TONGEREN | 51 | M+50 | 21 | 0:45:27 | 13,20 | 4:33 |
| 52 | 531 | VANHOVE EDWARD | NEEROETEREN | 37 | M+35 | 15 | 0:45:29 | 13,19 | 4:33 |
| 53 | 527 | IMMERIX JEAN-PIERRE | VELDWEZELT | 59 | M+50 | 22 | 0:45:53 | 13,08 | 4:35 |
| 54 | 541 | HOUBAER ANN | ROSMEER | 41 | V+35 | 1 | 0:45:58 | 13,05 | 4:36 |

| PL | NR | Naam | Woonplaats | Age | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|-------------------|-----|------|-------|---------|-------|---------|
| 55 | 569 | MOERMANS VINCENT | VLIJTINGEN | 38 | M+35 | 16 | 0:46:00 | 13,04 | 4:36 |
| 56 | 524 | AERTS PASCAL | TONGEREN | 51 | M+50 | 23 | 0:46:35 | 12,88 | 4:40 |
| 57 | 175 | BRULMANS HENDRIK | BILZEN | 51 | M+50 | 24 | 0:46:42 | 12,85 | 4:40 |
| 58 | 501 | VANDERVOORT JESSE | EDEGEM | 23 | MSEN | 16 | 0:46:45 | 12,83 | 4:41 |
| 59 | 191 | VANDOOREN PIETER | MUNSTERBILZEN | 41 | M+35 | 17 | 0:46:50 | 12,81 | 4:41 |
| 60 | 217 | PARTOENS PAUL | MOPERTINGEN | 52 | M+50 | 25 | 0:47:01 | 12,76 | 4:42 |
| 61 | 512 | KNAEPEN WERNER | RIEMST | 48 | M+35 | 18 | 0:47:05 | 12,74 | 4:43 |
| 62 | 506 | AELBERTS BRECHT | GENK | 27 | MSEN | 17 | 0:47:14 | 12,70 | 4:43 |
| 63 | 204 | WIJNANTS LAURENT | ZUTENDAAL | 66 | M+50 | 26 | 0:47:16 | 12,69 | 4:44 |
| 64 | 552 | SIMONS SANDER | RIEMST | 18 | MSEN | 18 | 0:47:19 | 12,68 | 4:44 |
| 65 | 176 | JUDONG MARC | RIEMST | 44 | M+35 | 19 | 0:47:28 | 12,64 | 4:45 |
| 66 | 536 | KEMPENEERS JURGEN | KESSEL-LO | 25 | MSEN | 19 | 0:47:45 | 12,57 | 4:46 |
| 67 | 230 | THOONEN JOS | HOESELT | 58 | M+50 | 27 | 0:48:15 | 12,44 | 4:50 |
| 68 | 203 | BARTOLI BENNY | LANAKEN | 52 | M+50 | 28 | 0:48:35 | 12,35 | 4:52 |
| 69 | 178 | MINGELS SARAH | VLIJTINGEN | 29 | VSEN | 2 | 0:48:37 | 12,34 | 4:52 |
| 70 | 568 | MOMBEEK GINO | TONGEREN | 47 | M+35 | 20 | 0:48:39 | 12,33 | 4:52 |
| 71 | 551 | SIMONS JOSÉ | RIEMST | 45 | M+35 | 21 | 0:48:52 | 12,28 | 4:53 |
| 72 | 516 | BULTÉ HARRY | REKEM | 45 | M+35 | 22 | 0:49:04 | 12,23 | 4:54 |
| 73 | 532 | ROEDE HENK | LANAKEN | 56 | M+50 | 29 | 0:49:06 | 12,22 | 4:55 |
| 74 | 538 | PROFETA LUCIO | MAASTRICHT | 32 | MSEN | 20 | 0:49:23 | 12,15 | 4:56 |
| 75 | 559 | COENEGRACHTS RONY | BILZEN | 39 | M+35 | 23 | 0:49:24 | 12,15 | 4:56 |
| 76 | 556 | JANSSEN GUSTAAF | RIEMST | 60 | M+50 | 30 | 0:49:42 | 12,07 | 4:58 |
| 77 | 546 | HOUBEN NORA | | 54 | V+50 | 1 | 0:49:54 | 12,02 | 4:59 |
| 78 | 216 | OLEFS MIA | MOPERTINGEN | 52 | V+50 | 2 | 0:49:59 | 12,00 | 5:00 |
| 79 | 558 | TROOSTERS MARK | HOESELT | 44 | M+35 | 24 | 0:50:01 | 12,00 | 5:00 |
| 80 | 548 | HERBEN GUY | ZONHOVEN | 60 | M+50 | 31 | 0:50:03 | 11,99 | 5:00 |
| 81 | 521 | CAUBERGH PAUL | RIEMST | 50 | M+50 | 32 | 0:50:05 | 11,98 | 5:00 |
| 82 | 517 | MARTENS SYLVIA | LANAKEN | 46 | V+35 | 2 | 0:50:11 | 11,96 | 5:01 |
| 83 | 572 | GIELEN NIKOLA | BILZEN | 49 | M+35 | 25 | 0:50:14 | 11,94 | 5:01 |
| 84 | 571 | CONINX LEON | MAASMECHELEN | 61 | M+50 | 33 | 0:50:16 | 11,94 | 5:02 |
| 85 | 533 | HERTOGEN WILLY | RIEMST | 65 | M+50 | 34 | 0:50:34 | 11,87 | 5:03 |
| 86 | 232 | BASTIAENS DENISE | RIEMST | 49 | V+35 | 3 | 0:51:26 | 11,67 | 5:09 |
| 87 | 575 | VISSERS JOHAN KABAMBA | MUNSTERBILZEN | 34 | MSEN | 21 | 0:51:28 | 11,66 | 5:09 |
| 88 | 562 | JACOBS DAVE | MARTENSLINDE | 39 | M+35 | 26 | 0:51:30 | 11,65 | 5:09 |
| 89 | 502 | BULTEEL KIRSTEN | | 24 | VSEN | 3 | 0:51:56 | 11,55 | 5:12 |
| 90 | 534 | LAU LAURENS | | 23 | MSEN | 22 | 0:52:33 | 11,42 | 5:15 |
| 91 | 574 | SCHEPERS FRANK | RIEMST | 30 | MSEN | 23 | 0:52:38 | 11,40 | 5:16 |
| 92 | 589 | MOORS KATLEEN | MOPERTINGEN | 38 | V+35 | 4 | 0:52:50 | 11,36 | 5:17 |
| 93 | 163 | SILLEN HENRI | HOESELT | 66 | M+50 | 35 | 0:52:57 | 11,33 | 5:18 |
| 94 | 180 | TIMMERMANS ERNO | | 54 | M+50 | 36 | 0:52:58 | 11,33 | 5:18 |
| 95 | 545 | ERNEST BERT | HERDEREN | 50 | M+50 | 37 | 0:53:20 | 11,25 | 5:20 |
| 96 | 182 | VANEDE-KRAGT MONIQUE | BILZEN | 38 | V+35 | 5 | 0:53:26 | 11,23 | 5:21 |
| 97 | 185 | SIMONS ILSE | VLIJTINGEN | 43 | V+35 | 6 | 0:53:55 | 11,13 | 5:23 |
| 98 | 511 | GRYNCEWICZ ANDREAS | ZUTENDAAL | 42 | M+35 | 27 | 0:54:33 | 11,00 | 5:27 |
| 99 | 522 | PASCAL GOESSENS | RIEMST | 50 | M+50 | 38 | 0:55:02 | 10,90 | 5:30 |
| 100 | 508 | VLIEGEN TOM | MUNSTERBILZEN | 29 | MSEN | 24 | 0:55:08 | 10,88 | 5:31 |
| 101 | 528 | WALSTOCK JOHN | LANAKEN | 59 | M+50 | 39 | 0:55:10 | 10,88 | 5:31 |
| 102 | 520 | PANIS LUC | NEERHAREN-LANAKEN | 48 | M+35 | 28 | 0:55:11 | 10,87 | 5:31 |
| 103 | 560 | MEYERS MARIJKE | RIEMST | 42 | V+35 | 7 | 0:55:22 | 10,84 | 5:32 |
| 104 | 183 | KINET ALAIN | RIEMST | 47 | M+35 | 29 | 0:56:33 | 10,61 | 5:39 |
| 105 | 540 | HUYVENEERS REMCO | GEULLE (NL) | 41 | M+35 | 30 | 0:58:31 | 10,25 | 5:51 |
| 106 | 167 | VISSERS HENRY | LAFELT | 55 | M+50 | 40 | 0:58:52 | 10,19 | 5:53 |
| 107 | 173 | THIJSSSEN SANDY | DIEPENBEEK | 33 | VSEN | 4 | 0:59:58 | 10,01 | 6:00 |
| 108 | 550 | HERBOTS JOZEF | GENK | 72 | M+50 | 41 | 1:00:00 | 10,00 | 6:00 |
| 109 | 543 | LOYENS SABINE | | 44 | V+35 | 8 | 1:04:11 | 9,35 | 6:25 |
| 110 | 211 | COENEGRACHTS PETER LUC | RIEMST | 50 | M+50 | 42 | 1:22:07 | 7,31 | 8:13 |