

23e Bosloop Gerhagen-Tessenderlo - 27 juli 2014

4,1 KM

| PL | NR | Naam | Woonplaats/Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|-----------------|------|-----|-------|---------|-------|---------|
| 1 | 301 | Schaewers Kevin | De Bosrand | 1992 | M | 1 | 0:13:00 | 18,92 | 3:10 |
| 2 | 300 | Leyon Robin | De Bosrand | 1989 | M | 2 | 0:13:10 | 18,68 | 3:13 |
| 3 | 299 | Poffe Chiel | De Bosrand | 1993 | M | 3 | 0:13:38 | 18,04 | 3:20 |
| 4 | 298 | Vandebrouck Jeroen | De Bosrand | 1984 | M | 4 | 0:13:45 | 17,89 | 3:21 |
| 5 | 297 | Gijbels Nick | De Bosrand | 1987 | M | 5 | 0:13:58 | 17,61 | 3:24 |
| 6 | 334 | Douwen Rob | Westerlo | 1987 | M | 6 | 0:14:04 | 17,49 | 3:26 |
| 7 | 296 | Mondelaers Kevin | De Bosrand | 1980 | M | 7 | 0:14:25 | 17,06 | 3:31 |
| 8 | 333 | Hendrickx Wannas | Retie | 1978 | M | 8 | 0:14:34 | 16,89 | 3:33 |
| 9 | 303 | Veekmans Wim | De Bosrand | 1978 | M | 9 | 0:14:34 | 16,89 | 3:33 |
| 10 | 377 | Fillee Ronny | Beringen | 1971 | M | 10 | 0:14:44 | 16,70 | 3:36 |
| 11 | 365 | Van Dyck Niels | Engsbergen | 1995 | M | 11 | 0:14:49 | 16,60 | 3:37 |
| 12 | 278 | Van Leuffelen Jelle | Ac Westerlo | | M | 12 | 0:14:53 | 16,53 | 3:38 |
| 13 | 894 | Van Hilten Barry | Antwerpen | 1980 | M | 13 | 0:15:04 | 16,33 | 3:40 |
| 14 | 351 | Govaerts Joris | Tessenderlo | 1984 | M | 14 | 0:15:11 | 16,20 | 3:42 |
| 15 | 357 | De Block Michael | Lommel | 1981 | M | 15 | 0:15:20 | 16,04 | 3:44 |
| 16 | 327 | Rahme Anne | Herent | 1977 | V | 1 | 0:15:21 | 16,03 | 3:45 |
| 17 | 311 | Volders Dirk | T Backhuys | 1959 | M | 16 | 0:15:21 | 16,03 | 3:45 |
| 18 | 302 | Ackx Tom | De Bosrand | 1984 | M | 17 | 0:15:26 | 15,94 | 3:46 |
| 19 | 190 | Cools Ivan | Ter Scoete | | M | 18 | 0:15:32 | 15,84 | 3:47 |
| 20 | 221 | Van Lent Lissa | Ter Scoete | | V | 2 | 0:15:35 | 15,79 | 3:48 |
| 21 | 314 | Moons Manuel | T Backhuys | 1979 | M | 19 | 0:15:50 | 15,54 | 3:52 |
| 22 | 345 | Knapen Max | Diepenbeek | 1963 | M | 20 | 0:15:51 | 15,52 | 3:52 |
| 23 | 349 | Vervoort Kevin | Ham | 1996 | M | 21 | 0:15:52 | 15,50 | 3:52 |
| 24 | 326 | Rahme Mona | Herent | 1978 | V | 3 | 0:15:55 | 15,46 | 3:53 |
| 25 | 231 | Verachttert Alexander | | | M | 22 | 0:15:56 | 15,44 | 3:53 |
| 26 | 236 | Schots Lennert | | | M | 23 | 0:15:57 | 15,42 | 3:53 |
| 27 | 336 | Monsecour Liesbeth | Hulshout | 1984 | V | 4 | 0:15:57 | 15,42 | 3:53 |
| 28 | 212 | Peeters Anja | Ter Scoete | | V | 5 | 0:16:03 | 15,33 | 3:55 |
| 29 | 896 | Ceusters Nico | | 1991 | M | 24 | 0:16:10 | 15,22 | 3:57 |
| 30 | 220 | Van Lent Jana | Ter Scoete | | V | 6 | 0:16:11 | 15,20 | 3:57 |
| 31 | 329 | Steenput Joris | Herk De Stad | 1962 | M | 25 | 0:16:20 | 15,06 | 3:59 |
| 32 | 350 | Nuyts Geert | Tessenderlo | 1971 | M | 26 | 0:16:23 | 15,02 | 4:00 |
| 33 | 432 | Den Hondt Gilles | Laakdal | 1997 | M | 27 | 0:16:27 | 14,95 | 4:01 |
| 34 | 427 | Peeters Tuur | Deurne Diest | 2000 | M | 28 | 0:16:33 | 14,86 | 4:02 |
| 35 | 408 | Goddeeris Marc | Paal | | M | 29 | 0:16:33 | 14,86 | 4:02 |
| 36 | 234 | Corthouts Stef | Go Like Hell | | M | 30 | 0:16:51 | 14,60 | 4:07 |
| 37 | 286 | Jackers Dominic | | | M | 31 | 0:16:51 | 14,60 | 4:07 |
| 38 | 223 | Vandebergh Johan | Ter Scoete | | M | 32 | 0:16:56 | 14,53 | 4:08 |
| 39 | 204 | Helsen Stefan | Ter Scoete | | M | 33 | 0:16:59 | 14,48 | 4:09 |
| 40 | 335 | Dierckx Wouter | Herselt | 1987 | M | 34 | 0:17:04 | 14,41 | 4:10 |
| 41 | 354 | Alenteyns Lore | | 2001 | V | 7 | 0:17:13 | 14,29 | 4:12 |
| 42 | 341 | Heylen Axel | Rillaar | 2001 | M | 35 | 0:17:18 | 14,22 | 4:13 |
| 43 | 376 | Karremans Daan | Tessenderlo | 2004 | M | 36 | 0:17:19 | 14,21 | 4:13 |
| 44 | 203 | Gielen Michel | Ter Scoete | | V | 8 | 0:17:24 | 14,14 | 4:15 |
| 45 | 229 | Willekens Walter | Ter Scoete | | M | 37 | 0:17:27 | 14,10 | 4:15 |
| 46 | 216 | Severijns Jan | Ter Scoete | | M | 38 | 0:17:36 | 13,98 | 4:18 |
| 47 | 206 | Hermans Falke | Ter Scoete | | V | 9 | 0:17:38 | 13,95 | 4:18 |
| 48 | 242 | Hendrickx Roy | Mijn Hond | | M | 39 | 0:17:39 | 13,94 | 4:18 |
| 49 | 372 | Bervoets Ronny | Tessenderlo | 1965 | M | 40 | 0:17:41 | 13,91 | 4:19 |
| 50 | 260 | Bosmans Sofie | Mijn Hond | | V | 10 | 0:17:45 | 13,86 | 4:20 |
| 51 | 347 | Cloes Nick | | | M | 41 | 0:17:45 | 13,86 | 4:20 |
| 52 | 359 | Exelmans Renzo | Scherpenheuvel | 2003 | M | 42 | 0:17:53 | 13,76 | 4:22 |
| 53 | 364 | Huybrechts Cynthia | Houtvenne | 1971 | V | 11 | 0:17:59 | 13,68 | 4:23 |
| 54 | 279 | Appelen Andreas | | | M | 43 | 0:18:21 | 13,41 | 4:29 |
| 55 | 346 | Biermans Cas | | | M | 44 | 0:18:24 | 13,37 | 4:29 |
| 56 | 352 | Rens Yenthe | Morkhoven | 2001 | M | 45 | 0:18:37 | 13,21 | 4:32 |
| 57 | 374 | Verbruggen Zion | Tessenderlo | 2003 | M | 46 | 0:18:41 | 13,17 | 4:33 |
| 58 | 332 | Corvers Andy | Paal | 1071 | M | 47 | 0:18:42 | 13,16 | 4:34 |
| 59 | 239 | Vandebrouck Jari | | | M | 48 | 0:18:50 | 13,06 | 4:36 |
| 60 | 337 | Van Gestel Cis | Veerle | 2002 | M | 49 | 0:18:50 | 13,06 | 4:36 |
| 61 | 338 | Vangestel Toke | Veerle | 2004 | V | 12 | 0:18:51 | 13,05 | 4:36 |
| 62 | 330 | Corvers Bjarne | Paal | 2002 | M | 50 | 0:19:00 | 12,95 | 4:38 |

| PL | NR | Naam | Woonplaats/Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|------------------|-------|-----|-------|---------|-------|---------|
| 63 | 312 | Vandermaesen Marcel | T Backhuys | 1954 | M | 51 | 0:19:04 | 12,90 | 4:39 |
| 64 | 370 | Van De Gaer Sabine | Tienen | 1972 | V | 13 | 0:19:04 | 12,90 | 4:39 |
| 65 | 368 | Claes Tom | Diest | 2001 | M | 52 | 0:19:06 | 12,88 | 4:40 |
| 66 | 313 | Vandermaesen Andy | T Backhuys | 1982 | M | 53 | 0:19:07 | 12,87 | 4:40 |
| 67 | 323 | Engelen IIs | Koersel | 1987 | V | 14 | 0:19:14 | 12,79 | 4:41 |
| 68 | 397 | Aerts Tonny | Ham | 1956 | M | 54 | 0:19:15 | 12,78 | 4:42 |
| 69 | 309 | Ker | T Zavelhof | | M | 55 | 0:19:22 | 12,70 | 4:43 |
| 70 | 428 | Verluyten Vera | Tessengerlo | 1967 | V | 15 | 0:19:31 | 12,60 | 4:46 |
| 71 | 395 | De Busser Nic | Diest | 2004 | M | 56 | 0:19:34 | 12,57 | 4:46 |
| 72 | 382 | Timmermans Loes | Glabbek | 2001 | V | 16 | 0:19:37 | 12,54 | 4:47 |
| 73 | 383 | Timmermans Philippe | Glabbek | 1963 | M | 57 | 0:19:37 | 12,54 | 4:47 |
| 74 | 418 | Camps Rik | Molenstede | 2003 | M | 58 | 0:19:39 | 12,52 | 4:48 |
| 75 | 411 | Nys Nick | Laakdal | 1996 | M | 59 | 0:19:48 | 12,42 | 4:50 |
| 76 | 409 | Goddeeris Ruben | Paal | 2001 | M | 60 | 0:19:48 | 12,42 | 4:50 |
| 77 | 362 | Gilissen Stef | Beverlo | 2004 | M | 61 | 0:19:49 | 12,41 | 4:50 |
| 78 | 340 | Belmans Steven | Laakdal | 1975 | M | 62 | 0:19:50 | 12,40 | 4:50 |
| 79 | 210 | Nijs Gaby | Ter Scoete | | V | 17 | 0:19:53 | 12,37 | 4:51 |
| 80 | 366 | Kenens Julie | Wersbeek | 1990 | V | 18 | 0:19:55 | 12,35 | 4:51 |
| 81 | 420 | Geerinckx Wout | Meerhout | 2003 | M | 63 | 0:19:55 | 12,35 | 4:51 |
| 82 | 331 | Corvers Thibo | Paal | 2005 | M | 64 | 0:20:02 | 12,28 | 4:53 |
| 83 | 638 | Pairoux Djino | T Zavelhof | 1998 | M | 65 | 0:20:03 | 12,27 | 4:53 |
| 84 | 280 | Luts Romain | | | M | 66 | 0:20:03 | 12,27 | 4:53 |
| 85 | 394 | Voet Ferre | Geel | 2002 | M | 67 | 0:20:07 | 12,23 | 4:54 |
| 86 | 342 | Loockx Lennert | Tessengerlo | 2002 | M | 68 | 0:20:08 | 12,22 | 4:55 |
| 87 | 393 | Vandeweyer Patrick | Diepenbeek | 1962 | M | 69 | 0:20:09 | 12,21 | 4:55 |
| 88 | 225 | Vankrunkelsven Eric | Ter Scoete | | M | 70 | 0:20:12 | 12,18 | 4:56 |
| 89 | 238 | Vandebrouck Jarne | | | M | 71 | 0:20:13 | 12,17 | 4:56 |
| 90 | 434 | Goossens Stan | Laakdal | 2005 | M | 72 | 0:20:18 | 12,12 | 4:57 |
| 91 | 443 | Goossens Bart | Laakdal | 1973 | M | 73 | 0:20:18 | 12,12 | 4:57 |
| 92 | 325 | De Boel Marcel | Weelde | 1948 | M | 74 | 0:20:23 | 12,07 | 4:58 |
| 93 | 417 | Raeymaekers Ronald | Hulshout | 1970 | M | 75 | 0:20:27 | 12,03 | 4:59 |
| 94 | 288 | Maes Rony | | | M | 76 | 0:20:28 | 12,02 | 5:00 |
| 95 | 235 | Schots Ines | | | V | 19 | 0:20:38 | 11,92 | 5:02 |
| 96 | 423 | Gilis Melanie | Eindhout | 2001 | V | 20 | 0:20:49 | 11,82 | 5:05 |
| 97 | 319 | Herman Thirza | Ham | 2001 | M | 77 | 0:20:51 | 11,80 | 5:05 |
| 98 | 381 | Coppens Vince | Lier | 2004 | M | 78 | 0:20:55 | 11,76 | 5:06 |
| 99 | 628 | Wouters Lars | De Bosrand | 2006 | M | 79 | 0:20:58 | 11,73 | 5:07 |
| 100 | 356 | Michiels Jasmien | Lommel | 1993 | V | 21 | 0:21:02 | 11,70 | 5:08 |
| 101 | 265 | De Kock Francois | Demarsin | | M | 80 | 0:21:05 | 11,67 | 5:09 |
| 102 | 379 | Verwimp Gery | Laakdal | 1977 | M | 81 | 0:21:07 | 11,65 | 5:09 |
| 103 | 262 | Houben Daphne | Mijn Hond | | V | 22 | 0:21:08 | 11,64 | 5:09 |
| 104 | 1300 | Willems Roger | Tielt-Winge | 1956 | M | 82 | 0:21:08 | 11,64 | 5:09 |
| 105 | 214 | Sevenants Henri | Ter Scoete | | M | 83 | 0:21:10 | 11,62 | 5:10 |
| 106 | 429 | Verheyen Jos | Laakdal | | M | 84 | 0:21:13 | 11,59 | 5:10 |
| 107 | 386 | Rutten Rooney | Ham | 2004 | M | 85 | 0:21:16 | 11,57 | 5:11 |
| 108 | 344 | Coeckelberghs Katrien | Deurne | 1974 | V | 23 | 0:21:19 | 11,54 | 5:12 |
| 109 | 373 | Van Rosendaal Edith | Tongeren | 14971 | V | 24 | 0:21:23 | 11,50 | 5:13 |
| 110 | 324 | Somers Danny | Schaffen | 1971 | M | 86 | 0:21:33 | 11,42 | 5:15 |
| 111 | 187 | Bens Tom | Ter Scoete | | M | 87 | 0:21:35 | 11,40 | 5:16 |
| 112 | 321 | Abauna Haroldinio | Eindhout | 1962 | M | 88 | 0:21:40 | 11,35 | 5:17 |
| 113 | 871 | Vermeyen Kurt | Tessengerlo | 1971 | M | 89 | 0:21:41 | 11,35 | 5:17 |
| 114 | 211 | Palmaers Lies | Ter Scoete | | V | 25 | 0:21:43 | 11,33 | 5:18 |
| 115 | 228 | Warnier Ilse | Ter Scoete | | V | 26 | 0:21:45 | 11,31 | 5:18 |
| 116 | 287 | Verhaegen Marleen | Sportiva Gelrode | | V | 27 | 0:21:50 | 11,27 | 5:20 |
| 117 | 1298 | Schauwaers Kelly | Tessengerlo | 1986 | V | 28 | 0:21:52 | 11,25 | 5:20 |
| 118 | 254 | Jacobs Sonja | Sportiva Gelrode | | V | 29 | 0:21:56 | 11,22 | 5:21 |
| 119 | 353 | Alenteyns Jordy | | 2004 | M | 90 | 0:21:59 | 11,19 | 5:22 |
| 120 | 339 | Sannen Nick | Lommel | 2000 | M | 91 | 0:22:01 | 11,17 | 5:22 |
| 121 | 424 | Rutten Lieve | Tessengerlo | 1961 | V | 30 | 0:22:05 | 11,14 | 5:23 |
| 122 | 248 | Daelmans Simon | | | M | 92 | 0:22:11 | 11,09 | 5:25 |
| 123 | 1292 | Vanerhersden Noah | Tessengerlo | 2004 | M | 93 | 0:22:19 | 11,02 | 5:27 |
| 124 | 1291 | Pollaris Ruben | Tessengerlo | 2005 | M | 94 | 0:22:19 | 11,02 | 5:27 |
| 125 | 449 | Van Doninck Yari | Laakdal | 2000 | M | 95 | 0:22:23 | 10,99 | 5:28 |
| 126 | 380 | Vandermot Ilse | Lier | 1978 | V | 31 | 0:22:27 | 10,96 | 5:29 |
| 127 | 897 | Avonds Kobe | Grobbendonk | 2001 | M | 96 | 0:22:28 | 10,95 | 5:29 |

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|-----|------|-----------------------|------------------|------|-----|-------|---------|-------|---------|
| 128 | 898 | Van Roy Wouter | Laakdal | 1985 | M | 97 | 0:22:31 | 10,93 | 5:30 |
| 129 | 355 | Vanlook Kelly | | 1976 | V | 32 | 0:22:32 | 10,92 | 5:30 |
| 130 | 435 | Goossens Dries | Laakdal | 2001 | M | 98 | 0:22:35 | 10,89 | 5:30 |
| 131 | 218 | Van Bruysel Dirk | Ter Scoete | | M | 99 | 0:22:36 | 10,88 | 5:31 |
| 132 | 363 | Grieten Nancy | Tessengerlo | 1969 | V | 33 | 0:22:43 | 10,83 | 5:32 |
| 133 | 322 | Van Alsenoy Gert | Mechelen | 1963 | M | 100 | 0:22:51 | 10,77 | 5:34 |
| 134 | 244 | Bergmans Annicq | | | V | 34 | 0:22:54 | 10,74 | 5:35 |
| 135 | 421 | Gevers Gillian | Schaffen | 1999 | M | 101 | 0:22:54 | 10,74 | 5:35 |
| 136 | 252 | Van Lier Stefan | Rikse Sevenants | | M | 102 | 0:22:57 | 10,72 | 5:36 |
| 137 | 419 | Pisele Zita | Molenstede | 2003 | V | 35 | 0:23:00 | 10,70 | 5:37 |
| 138 | 412 | Goedhuys Leentje | Bekkevoort | 1979 | V | 36 | 0:23:02 | 10,68 | 5:37 |
| 139 | 406 | Fransen Nele | Paal | 1982 | V | 37 | 0:23:11 | 10,61 | 5:39 |
| 140 | 899 | Vandervorst Ria | Hasselt | 1948 | V | 38 | 0:23:15 | 10,58 | 5:40 |
| 141 | 175 | Verboven Chris | | | V | 39 | 0:23:21 | 10,54 | 5:42 |
| 142 | 290 | Lachi Stefan | | | M | 103 | 0:23:22 | 10,53 | 5:42 |
| 143 | 410 | Put Ester | Hasselt | 1990 | V | 40 | 0:23:23 | 10,52 | 5:42 |
| 144 | 277 | Geys Katleen | | | V | 41 | 0:23:23 | 10,52 | 5:42 |
| 145 | 217 | Testelmans Roger | Ter Scoete | | M | 104 | 0:23:28 | 10,48 | 5:43 |
| 146 | 253 | Salaerts Jules | Heistsebeiflopus | | M | 105 | 0:23:29 | 10,48 | 5:44 |
| 147 | 227 | Verlinden Michele | Ter Scoete | | V | 42 | 0:23:32 | 10,45 | 5:44 |
| 148 | 343 | Moons Tristan | Koersel | 2003 | M | 106 | 0:23:38 | 10,41 | 5:46 |
| 149 | 348 | Van Doren Flor | Veerle | 1954 | M | 107 | 0:23:39 | 10,40 | 5:46 |
| 150 | 407 | Roelandts Griet | Rillaar | 1974 | V | 43 | 0:23:44 | 10,37 | 5:47 |
| 151 | 389 | Lenaerts David | Tessengerlo | 1980 | M | 108 | 0:23:45 | 10,36 | 5:48 |
| 152 | 267 | Janssens Rik | Demarsin | | M | 109 | 0:23:47 | 10,34 | 5:48 |
| 153 | 360 | Cespedes Ann | Diest | 1982 | V | 44 | 0:23:48 | 10,34 | 5:48 |
| 154 | 358 | Bens Nico | Tessengerlo | 1972 | M | 110 | 0:23:49 | 10,33 | 5:49 |
| 155 | 369 | Eens Jos | Tessengerlo | 1950 | M | 111 | 0:23:52 | 10,31 | 5:49 |
| 156 | 207 | Heylen Jos | Ter Scoete | | M | 112 | 0:23:54 | 10,29 | 5:50 |
| 157 | 268 | Lebrun Mariane | Demarsin | | V | 45 | 0:23:58 | 10,26 | 5:51 |
| 158 | 271 | Verhaegen Carla | Demarsin | | V | 46 | 0:23:59 | 10,26 | 5:51 |
| 159 | 1296 | Mertens Dries | Tessengerlo | 2003 | M | 113 | 0:24:13 | 10,16 | 5:54 |
| 160 | 1297 | Mertens Bart | Tessengerlo | 1972 | M | 114 | 0:24:14 | 10,15 | 5:55 |
| 161 | 281 | Vaneerdewegh Andre | | | M | 115 | 0:24:15 | 10,14 | 5:55 |
| 162 | 400 | Stockmans Niels | Lummen | | M | 116 | 0:24:20 | 10,11 | 5:56 |
| 163 | 282 | Schegers Matthias | | | M | 117 | 0:24:20 | 10,11 | 5:56 |
| 164 | 870 | Bonroy Geert | Tessengerlo | 1973 | M | 118 | 0:24:25 | 10,08 | 5:57 |
| 165 | 183 | Renders Zeno | | | M | 119 | 0:24:25 | 10,08 | 5:57 |
| 166 | 272 | Vermaelen Fabioala | Demarsin | | V | 47 | 0:24:25 | 10,08 | 5:57 |
| 167 | 184 | Renders Marthe | | | V | 48 | 0:24:26 | 10,07 | 5:58 |
| 168 | 182 | Renders Danny | | | M | 120 | 0:24:28 | 10,05 | 5:58 |
| 169 | 283 | Luts Nathalie | | | V | 49 | 0:24:36 | 10,00 | 6:00 |
| 170 | 200 | De Jager Robbie | Ter Scoete | | M | 121 | 0:24:38 | 9,99 | 6:00 |
| 171 | 450 | Beutels Tijn | Lummen | | M | 122 | 0:24:45 | 9,94 | 6:02 |
| 172 | 224 | Vandervelden Dries | Ter Scoete | | M | 123 | 0:24:45 | 9,94 | 6:02 |
| 173 | 900 | Stevens Ruben | Tessengerlo | 1982 | M | 124 | 0:24:46 | 9,93 | 6:02 |
| 174 | 191 | Cools Ingrid | Ter Scoete | | V | 50 | 0:24:48 | 9,92 | 6:03 |
| 175 | 194 | Reynders Niels | Looise Av | | M | 125 | 0:24:50 | 9,91 | 6:03 |
| 176 | 316 | Moons Guido | T Backhuys | 1954 | M | 126 | 0:24:50 | 9,91 | 6:03 |
| 177 | 266 | Holemans Paul | Demarsin | | M | 127 | 0:24:51 | 9,90 | 6:04 |
| 178 | 304 | Verheyden Sven | T Zavelhof | 1994 | M | 128 | 0:24:57 | 9,86 | 6:05 |
| 179 | 1295 | Vangelder Thomas | | | M | 129 | 0:24:58 | 9,85 | 6:05 |
| 180 | 430 | Theunis Rosette | Beverlo | 1953 | V | 51 | 0:25:02 | 9,83 | 6:06 |
| 181 | 226 | Verheyen Roger | Ter Scoete | | M | 130 | 0:25:08 | 9,79 | 6:08 |
| 182 | 193 | Corsus Johan | Ter Scoete | | M | 131 | 0:25:08 | 9,79 | 6:08 |
| 183 | 425 | Peys Kathleen | Meerhout | 1982 | V | 52 | 0:25:14 | 9,75 | 6:09 |
| 184 | 1299 | Van Thienen Jonny | Tessengerlo | 1998 | V | 53 | 0:25:15 | 9,74 | 6:10 |
| 185 | 185 | Van De Weeghde Krista | | | V | 54 | 0:25:16 | 9,74 | 6:10 |
| 186 | 1187 | Janssens Veerle | Balen | 1982 | V | 55 | 0:25:16 | 9,74 | 6:10 |
| 187 | 361 | Bellemans Werner | Vremde | | M | 132 | 0:25:18 | 9,72 | 6:10 |
| 188 | 875 | Helsen Peggy | Ham | 1969 | V | 56 | 0:25:23 | 9,69 | 6:11 |
| 189 | 202 | Dreesen Mirese | Ter Scoete | | V | 57 | 0:25:23 | 9,69 | 6:11 |
| 190 | 188 | Beyens Christa | Ter Scoete | | V | 58 | 0:25:24 | 9,69 | 6:12 |
| 191 | 197 | Corthals Cathrien | Ter Scoete | | V | 59 | 0:25:24 | 9,69 | 6:12 |
| 192 | 399 | Reynders Kirsten | Deurne | 1997 | V | 60 | 0:25:25 | 9,68 | 6:12 |

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|-----|------|----------------------|------------------|------|-----|-------|---------|------|---------|
| 193 | 199 | Cuypers Nicole | Ter Scoete | | V | 61 | 0:25:27 | 9,67 | 6:12 |
| 194 | 180 | Segers Stefan | | | M | 133 | 0:25:27 | 9,67 | 6:12 |
| 195 | 378 | Dekelver Stefan | Ham | 1965 | M | 134 | 0:25:30 | 9,65 | 6:13 |
| 196 | 222 | Vanbeek Ilse | Ter Scoete | | V | 62 | 0:25:30 | 9,65 | 6:13 |
| 197 | 371 | Van Roelen Viviane | Zelem | 1960 | V | 63 | 0:25:33 | 9,63 | 6:14 |
| 198 | 241 | Bergmans Geertrui | | | V | 64 | 0:25:44 | 9,56 | 6:17 |
| 199 | 291 | Serneels Karel | | | M | 135 | 0:25:48 | 9,53 | 6:18 |
| 200 | 249 | Boeynaems Daniel | | | M | 136 | 0:25:48 | 9,53 | 6:18 |
| 201 | 390 | Put Benny | As | 1958 | M | 137 | 0:25:55 | 9,49 | 6:19 |
| 202 | 444 | Geybels Marina | Laakdal | 1950 | V | 65 | 0:26:12 | 9,39 | 6:23 |
| 203 | 285 | Otte Evelien | | | V | 66 | 0:26:27 | 9,30 | 6:27 |
| 204 | 247 | Tuerlinckx Willy | | | M | 138 | 0:26:28 | 9,29 | 6:27 |
| 205 | 246 | Van Gossum Anne Mie | | | V | 67 | 0:26:28 | 9,29 | 6:27 |
| 205 | 387 | Rutten Darren | | 2003 | M | 139 | 0:26:28 | 9,29 | 6:27 |
| 207 | 1289 | Van Geldre Lukas | Diest | 2005 | M | 140 | 0:26:29 | 9,29 | 6:28 |
| 208 | 284 | Jansen Tania | | | V | 68 | 0:26:30 | 9,28 | 6:28 |
| 209 | 388 | Beyens Warre | Ham | 2003 | M | 141 | 0:26:30 | 9,28 | 6:28 |
| 210 | 416 | Joostens Wilfried | Landen | 1955 | M | 142 | 0:26:31 | 9,28 | 6:28 |
| 211 | 413 | Bosmans Alisia | Diest | 1991 | V | 69 | 0:26:31 | 9,28 | 6:28 |
| 212 | 446 | Paepen Liesbeth | Tessengerlo | 1986 | V | 70 | 0:26:43 | 9,21 | 6:31 |
| 213 | 445 | Van Aeken Frederic | Tessengerlo | 1986 | M | 143 | 0:26:44 | 9,20 | 6:31 |
| 214 | 306 | Geerinckx Kyara | T Zavelhof | 2000 | V | 71 | 0:26:50 | 9,17 | 6:33 |
| 215 | 237 | Moureau Alain | Roba | | M | 144 | 0:26:54 | 9,14 | 6:34 |
| 216 | 208 | Jans Lisette | Ter Scoete | | V | 72 | 0:27:01 | 9,11 | 6:35 |
| 217 | 233 | Poelmans Ellen | | | V | 73 | 0:27:02 | 9,10 | 6:36 |
| 218 | 261 | Luts Sandra | Mijn Hond | | V | 74 | 0:27:03 | 9,09 | 6:36 |
| 219 | 448 | Mondelaers Els | Laakdal | 1968 | V | 75 | 0:27:05 | 9,08 | 6:36 |
| 220 | 431 | Cuyvers Patricia | Laakdal | 1973 | V | 76 | 0:27:05 | 9,08 | 6:36 |
| 221 | 251 | Taels Alfons | JC Herentals | | M | 145 | 0:27:14 | 9,03 | 6:39 |
| 222 | 255 | Michiels Camiel | Sportiva Gelrode | | M | 146 | 0:27:27 | 8,96 | 6:42 |
| 223 | 256 | Pollet Evy | Sportiva Gelrode | | V | 77 | 0:27:28 | 8,96 | 6:42 |
| 224 | 245 | Van Gossum Marina | | | V | 78 | 0:27:28 | 8,96 | 6:42 |
| 225 | 398 | Delarbre Gita | Beringen | 1984 | V | 79 | 0:27:30 | 8,95 | 6:42 |
| 226 | 401 | Reynders Elie | Diest | 2000 | V | 80 | 0:27:34 | 8,92 | 6:43 |
| 227 | 402 | Reynders Chris | Diest | 1969 | M | 147 | 0:27:34 | 8,92 | 6:43 |
| 228 | 250 | Van Loock Marc | Rikse Sevenants | | M | 148 | 0:27:35 | 8,92 | 6:44 |
| 229 | 1293 | Joris Stefan | | | M | 149 | 0:27:37 | 8,91 | 6:44 |
| 230 | 264 | Thijs Willy | Mijn Hond | | M | 150 | 0:27:44 | 8,87 | 6:46 |
| 231 | 257 | Thys Dorien | Mijn Hond | | V | 81 | 0:27:45 | 8,86 | 6:46 |
| 232 | 205 | Helsen IIs | Ter Scoete | | V | 82 | 0:27:45 | 8,86 | 6:46 |
| 233 | 213 | Proost Maddy | Ter Scoete | | V | 83 | 0:27:45 | 8,86 | 6:46 |
| 234 | 415 | Debroux Janick | Landen | 1964 | V | 84 | 0:27:52 | 8,83 | 6:48 |
| 235 | 414 | Joostens Astrid | St Truiden | 1990 | V | 85 | 0:27:52 | 8,83 | 6:48 |
| 236 | 317 | Palmaers Elina | Laakdal | 2000 | V | 86 | 0:28:02 | 8,78 | 6:50 |
| 237 | 426 | Ketelslegers Treesje | Veldwezelt | 1955 | V | 87 | 0:28:06 | 8,75 | 6:51 |
| 238 | 177 | Verboven Noella | | | V | 88 | 0:28:09 | 8,74 | 6:52 |
| 239 | 176 | Philipson Hilde | | | V | 89 | 0:28:09 | 8,74 | 6:52 |
| 240 | 396 | Vandeweyer Eddy | Olmen | 1956 | M | 151 | 0:28:19 | 8,69 | 6:54 |
| 241 | 422 | Gielen Lut | Aarschot | 1966 | V | 90 | 0:28:33 | 8,62 | 6:58 |
| 242 | 575 | Tormans Marc | Vabco Mol | | M | 152 | 0:28:42 | 8,57 | 7:00 |
| 243 | 259 | Thijs Viviane | Mijn Hond | | V | 91 | 0:28:44 | 8,56 | 7:00 |
| 244 | 179 | Willems Els | | | V | 92 | 0:28:52 | 8,52 | 7:02 |
| 245 | 178 | Bollen Inge | | | V | 93 | 0:28:52 | 8,52 | 7:02 |
| 246 | 385 | Buekenhoudt Hilda | Buken | 1959 | V | 94 | 0:28:59 | 8,49 | 7:04 |
| 246 | 433 | Van Den Put Ralf | Herselt | 2003 | M | 153 | 0:28:59 | 8,49 | 7:04 |
| 248 | 230 | Wittevrongel Rita | Ter Scoete | | V | 95 | 0:28:59 | 8,49 | 7:04 |
| 249 | 384 | Verreydt Paula | Herent | 1962 | V | 96 | 0:29:01 | 8,48 | 7:05 |
| 250 | 186 | Belmans Monique | Ter Scoete | | V | 97 | 0:29:07 | 8,45 | 7:06 |
| 251 | 276 | Biesmans Lisette | | | V | 98 | 0:29:17 | 8,40 | 7:09 |
| 252 | 367 | Vleugels Martine | Olv Waver | 1982 | V | 99 | 0:29:37 | 8,31 | 7:13 |
| 253 | 270 | Vercalsteren Monique | Demarsin | | V | 100 | 0:29:41 | 8,29 | 7:14 |
| 254 | 447 | Rayen Yolien | Tessengerlo | 1992 | V | 101 | 0:29:47 | 8,26 | 7:16 |
| 255 | 293 | Luyten Hilde | | | V | 102 | 0:30:00 | 8,20 | 7:19 |
| 255 | 292 | Beutels Martine | | | V | 103 | 0:30:00 | 8,20 | 7:19 |
| 257 | 404 | Celis Hasse | Molenstede | 2004 | V | 104 | 0:30:04 | 8,18 | 7:20 |

| PL | NR | Naam | Woonplaats/Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|---------------------|-----------------|------|-----|-------|---------|------|---------|
| 258 | 269 | Van Geel Peter | Demarsin | | M | 154 | 0:30:05 | 8,18 | 7:20 |
| 259 | 405 | Mattheus Sofie | Molenstede | | V | 105 | 0:30:07 | 8,17 | 7:21 |
| 260 | 403 | De Klerk An | Diest | 1970 | V | 106 | 0:30:08 | 8,16 | 7:21 |
| 261 | 391 | Suykens Yarno | Aartselaar | 1999 | M | 155 | 0:30:09 | 8,16 | 7:21 |
| 262 | 258 | Olaerts Koen | Mijn Hond | | M | 156 | 0:30:13 | 8,14 | 7:22 |
| 263 | 263 | Van Camp Marc | Mijn Hond | | M | 157 | 0:30:13 | 8,14 | 7:22 |
| 264 | 328 | Weckx Peter | Lommel | 1965 | M | 158 | 0:30:29 | 8,07 | 7:26 |
| 265 | 308 | Geerinckx Bryan | T Zavelhof | 1995 | M | 159 | 0:31:06 | 7,91 | 7:35 |
| 265 | 318 | Wittewrongel Rita | Tessenderlo | 1952 | V | 107 | 0:31:06 | 7,91 | 7:35 |
| 267 | 198 | Corthals Steven | Ter Scoete | | M | 160 | 0:31:08 | 7,90 | 7:36 |
| 268 | 392 | Suykens Peter | Aartselaar | 1971 | M | 161 | 0:31:30 | 7,81 | 7:41 |
| 269 | 215 | Breugelmans Marleen | De Bosvrienden | | V | 108 | 0:31:37 | 7,78 | 7:43 |
| 270 | 307 | Geerinckx Yente | T Zavelhof | 2003 | M | 162 | 0:32:20 | 7,61 | 7:53 |
| 271 | 305 | Vervoort Rani | T Zavelhof | 1996 | V | 109 | 0:32:37 | 7,54 | 7:57 |
| 272 | 181 | Belien Frans | | | M | 163 | 0:32:49 | 7,50 | 8:00 |
| 273 | 201 | De Jager Femke | Ter Scoete | | V | 110 | 0:32:53 | 7,48 | 8:01 |
| 274 | 289 | Hoefkens Gerd | | | M | 164 | 0:34:43 | 7,09 | 8:28 |
| 275 | 375 | Vilters Sophie | St Truiden | 1993 | V | 111 | 0:43:43 | 5,63 | 10:40 |

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| PL | NR | Naam | Woonplaats/Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|------------------|------|-----|-------|---------|-------|---------|
| 1 | 627 | Kerremans Sven | De Bosrand | 1980 | M | 1 | 0:27:35 | 18,16 | 3:18 |
| 2 | 632 | Vermeiren Steven | De Bosrand | 1980 | M | 2 | 0:28:22 | 17,66 | 3:24 |
| 3 | 641 | Verspreet Joran | Baal | 1987 | M | 3 | 0:28:55 | 17,33 | 3:28 |
| 4 | 629 | Lauwen Gino | De Bosrand | 1978 | M | 4 | 0:29:23 | 17,05 | 3:31 |
| 5 | 696 | Michiels Jasper | Lommel | 1991 | M | 5 | 0:30:14 | 16,57 | 3:37 |
| 6 | 541 | Hensen Jonathan | Innerme-Esp | | M | 6 | 0:31:05 | 16,12 | 3:43 |
| 7 | 813 | Verboven Vincent | Westerlo | 1985 | M | 7 | 0:31:17 | 16,01 | 3:45 |
| 8 | 679 | Dockx Stephan | Beerzel | 1966 | M | 8 | 0:31:29 | 15,91 | 3:46 |
| 9 | 831 | Preveneers Gunter | Geetbets | 1969 | M | 9 | 0:31:56 | 15,69 | 3:49 |
| 10 | 639 | De Wijngaert Jan | Sportiva Gelrode | 1965 | M | 10 | 0:31:58 | 15,67 | 3:50 |
| 11 | 718 | Timmermans Alain | Heikant | 1978 | M | 11 | 0:32:41 | 15,33 | 3:55 |
| 12 | 699 | Exelmans Yves | Scherpenheuvel | 1964 | M | 12 | 0:32:51 | 15,25 | 3:56 |
| 13 | 592 | Van Leuffelen Jan | Ac Westerlo | | M | 13 | 0:33:01 | 15,17 | 3:57 |
| 14 | 500 | T' Syen Jannick | Ter Scoete | | M | 14 | 0:33:06 | 15,14 | 3:58 |
| 15 | 691 | Maes Peter | Wolfsdonk | 1978 | M | 15 | 0:33:10 | 15,11 | 3:58 |
| 16 | 835 | Quintens Geert | Zichem | 1963 | M | 16 | 0:33:17 | 15,05 | 3:59 |
| 17 | 456 | Bens Benny | Ter Scoete | | M | 17 | 0:33:22 | 15,01 | 4:00 |
| 18 | 605 | Kellens Ruben | | | M | 18 | 0:33:35 | 14,92 | 4:01 |
| 19 | 455 | Arpits Marc | Ter Scoete | | M | 19 | 0:33:36 | 14,91 | 4:01 |
| 20 | 482 | Hoskens Benny | Ter Scoete | | M | 20 | 0:33:41 | 14,87 | 4:02 |
| 21 | 650 | Claes Jo | Herk-De-Stad | 1974 | M | 21 | 0:34:18 | 14,61 | 4:06 |
| 22 | 509 | Vleugels Marc | Ter Scoete | | M | 22 | 0:34:22 | 14,58 | 4:07 |
| 23 | 563 | Wouers Rudolf | Sportiva Gelrode | | M | 23 | 0:34:24 | 14,56 | 4:07 |
| 24 | 763 | Wout Daniels | Meerhout | 1995 | M | 24 | 0:34:24 | 14,56 | 4:07 |
| 25 | 486 | Luts Peter | Ter Scoete | | M | 25 | 0:34:39 | 14,46 | 4:09 |
| 26 | 503 | Van Rooy Gert | Ter Scoete | | M | 26 | 0:34:40 | 14,45 | 4:09 |
| 27 | 484 | Jans Glen | Ter Scoete | | M | 27 | 0:34:44 | 14,42 | 4:10 |
| 28 | 630 | Distelmans Werner | De Bosrand | 1962 | M | 28 | 0:34:53 | 14,36 | 4:11 |
| 29 | 812 | Bakelants Brent | Olen | 1996 | M | 29 | 0:34:56 | 14,34 | 4:11 |
| 30 | 748 | Laurent Vigny | | 1966 | M | 30 | 0:35:05 | 14,28 | 4:12 |
| 31 | 698 | Gillis Kasper | Bekkevoort | 1974 | M | 31 | 0:35:07 | 14,27 | 4:12 |
| 32 | 589 | Van Den Bosch Rudy | Demarsin | | M | 32 | 0:35:10 | 14,25 | 4:13 |
| 33 | 714 | De Raet Jan | Schriek | 1965 | M | 33 | 0:35:10 | 14,25 | 4:13 |
| 34 | 770 | Deswert Bart | Molenstede | 1970 | M | 34 | 0:35:10 | 14,25 | 4:13 |
| 35 | 666 | Claassen Carel | Lanaken | 1963 | M | 35 | 0:35:29 | 14,12 | 4:15 |
| 36 | 645 | Sevenants Patrick | Diest | 1963 | M | 36 | 0:35:31 | 14,11 | 4:15 |
| 37 | 464 | Coomans Patrick | Ter Scoete | | M | 37 | 0:35:34 | 14,09 | 4:16 |
| 38 | 866 | Ruelens Peter | Geel | | M | 38 | 0:35:36 | 14,07 | 4:16 |
| 39 | 792 | Ackx Frederic | Paal | 1990 | M | 39 | 0:35:41 | 14,04 | 4:16 |
| 40 | 662 | Reynders Jos | Paal Beringen | 1957 | M | 40 | 0:35:42 | 14,03 | 4:17 |
| 41 | 467 | Corthout Ronny | Ter Scoete | | M | 41 | 0:35:50 | 13,98 | 4:17 |
| 42 | 647 | Debruyne Thierry | Beauvechain | 1962 | M | 42 | 0:35:53 | 13,96 | 4:18 |
| 43 | 462 | Cools Bart | Ter Scoete | | M | 43 | 0:36:00 | 13,92 | 4:19 |
| 44 | 535 | Daelmans Noel | | | M | 44 | 0:36:03 | 13,90 | 4:19 |
| 45 | 690 | Van Ouytsel Pascal | Rillaar | 1970 | M | 45 | 0:36:05 | 13,88 | 4:19 |
| 46 | 789 | Thoonen Erik | Diepenbeek | 1958 | M | 46 | 0:36:12 | 13,84 | 4:20 |
| 47 | 814 | Neirinck Jan | Geel | 1968 | M | 47 | 0:36:15 | 13,82 | 4:20 |
| 48 | 505 | Vangenechten Jelle | Ter Scoete | | M | 48 | 0:36:19 | 13,80 | 4:21 |
| 49 | 767 | Wuyts Peter | Geel | 1969 | M | 49 | 0:36:21 | 13,78 | 4:21 |
| 50 | 582 | Reniers Guido | Demarsin | | M | 50 | 0:36:37 | 13,68 | 4:23 |
| 51 | 560 | Torfs Stijn | Sportiva Gelrode | | M | 51 | 0:36:42 | 13,65 | 4:24 |
| 52 | 864 | Vermeulen Chris | Booischoot | 1963 | M | 52 | 0:36:45 | 13,63 | 4:24 |
| 53 | 460 | Brabants Patrick | Ter Scoete | | M | 53 | 0:36:48 | 13,61 | 4:24 |
| 54 | 806 | Esch Tim | Paal | 1989 | M | 54 | 0:36:57 | 13,56 | 4:26 |
| 55 | 521 | Artoos Tom | | | M | 55 | 0:37:00 | 13,54 | 4:26 |
| 56 | 682 | De Cleermaecker Philippe | Viersel | 1981 | M | 56 | 0:37:09 | 13,49 | 4:27 |
| 57 | 512 | Vanvlasselaer Frank | | | M | 57 | 0:37:10 | 13,48 | 4:27 |
| 58 | 804 | Vervoort Kris | Herentals | 1962 | M | 58 | 0:37:13 | 13,46 | 4:27 |
| 59 | 458 | Borgs Cis | Ter Scoete | | M | 59 | 0:37:19 | 13,43 | 4:28 |
| 60 | 468 | De Pauw Walter | Ter Scoete | | M | 60 | 0:37:21 | 13,41 | 4:28 |
| 61 | 658 | Aerts Tom | Tessenderlo | 1976 | M | 61 | 0:37:24 | 13,40 | 4:29 |
| 62 | 510 | Claeskens Chris | Ter Scoete | | M | 62 | 0:37:31 | 13,35 | 4:30 |

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|-----|-----|------------------------|------------------|------|-----|-------|---------|-------|---------|
| 63 | 463 | Cools Jef | Ter Scoete | | M | 63 | 0:37:34 | 13,34 | 4:30 |
| 64 | 861 | Paredis Mats | Heusden-Zolder | 1998 | M | 64 | 0:37:41 | 13,30 | 4:31 |
| 65 | 487 | Maes Kristof | Ter Scoete | | M | 65 | 0:37:41 | 13,30 | 4:31 |
| 66 | 659 | Hoefkens Chris | Booischtot | 1966 | M | 66 | 0:37:50 | 13,24 | 4:32 |
| 66 | 697 | Beins Arne | Tessengerlo | 2000 | M | 67 | 0:37:50 | 13,24 | 4:32 |
| 68 | 820 | Van De Kerkhof Tom | Diest | 1982 | M | 68 | 0:37:56 | 13,21 | 4:33 |
| 69 | 774 | Giellis Wim | Laakdal | 1968 | M | 69 | 0:38:02 | 13,17 | 4:33 |
| 70 | 773 | Giellis Jonas | Laakdal | 1995 | M | 70 | 0:38:02 | 13,17 | 4:33 |
| 71 | 631 | Ruelens Jan | De Bosrand | 1957 | M | 71 | 0:38:06 | 13,15 | 4:34 |
| 72 | 493 | Rutten Hard | | | M | 72 | 0:38:21 | 13,06 | 4:36 |
| 73 | 753 | Hannes Claes | Tienen | 1988 | M | 73 | 0:38:25 | 13,04 | 4:36 |
| 74 | 727 | Vermeulen Ludo | Tessengerlo | 1955 | M | 74 | 0:38:26 | 13,04 | 4:36 |
| 75 | 754 | Benny Claes | Hoegqqrden | 1961 | M | 75 | 0:38:29 | 13,02 | 4:37 |
| 76 | 738 | Huybrechts Nico | Okselaar | 1951 | M | 76 | 0:38:33 | 13,00 | 4:37 |
| 77 | 838 | Vantomgelem Kim | Rillaar | 1983 | M | 77 | 0:38:40 | 12,96 | 4:38 |
| 78 | 483 | Jans Nick | Ter Scoete | | M | 78 | 0:38:41 | 12,95 | 4:38 |
| 79 | 716 | Govaerts Lars | Beringen | 1985 | M | 79 | 0:38:41 | 12,95 | 4:38 |
| 80 | 474 | Leysen Koen | De Bosvrienden | | M | 80 | 0:38:41 | 12,95 | 4:38 |
| 81 | 844 | Verboven Juan | Paal | 1978 | M | 81 | 0:38:42 | 12,95 | 4:38 |
| 82 | 731 | Camps Jan | Tessengerlo | 1986 | M | 82 | 0:38:53 | 12,88 | 4:39 |
| 83 | 802 | Maesen Lorenz | Hechtel | 1991 | M | 83 | 0:38:57 | 12,86 | 4:40 |
| 84 | 454 | Aerts Frankie | Ter Scoete | | M | 84 | 0:38:59 | 12,85 | 4:40 |
| 85 | 453 | Aerts Kelly | Ter Scoete | | V | 1 | 0:39:00 | 12,85 | 4:40 |
| 86 | 707 | Van De Velde Gunter | Averbode | 1962 | M | 85 | 0:39:00 | 12,85 | 4:40 |
| 87 | 705 | Stessens Leo | Peer | | M | 86 | 0:39:02 | 12,84 | 4:40 |
| 88 | 673 | Allen Greetje | Kortrijk-Dussel | 1969 | V | 2 | 0:39:10 | 12,79 | 4:41 |
| 89 | 676 | Van De Gaer Johan | Aarschtot | 1960 | M | 87 | 0:39:11 | 12,79 | 4:42 |
| 90 | 845 | Geerinckx Frans | Balen | 1968 | M | 88 | 0:39:12 | 12,78 | 4:42 |
| 91 | 588 | Van Den Bosch Bart | Demarsin | | M | 89 | 0:39:13 | 12,78 | 4:42 |
| 92 | 502 | Vangeneugden Jochen | Ter Scoete | | M | 90 | 0:39:13 | 12,78 | 4:42 |
| 93 | 686 | Aerts Lotte | Herselt | 1987 | V | 3 | 0:39:23 | 12,72 | 4:43 |
| 94 | 461 | Cools Edwin | Ter Scoete | | M | 91 | 0:39:28 | 12,69 | 4:44 |
| 95 | 451 | Feyen Steven | | | M | 92 | 0:39:29 | 12,69 | 4:44 |
| 96 | 671 | Everaerts Peter | Rillaar | 1971 | M | 93 | 0:39:38 | 12,64 | 4:45 |
| 97 | 781 | Willems Dominique | Zichem | 1964 | V | 4 | 0:39:42 | 12,62 | 4:45 |
| 98 | 785 | Vets Gerd | Westerlo | 1980 | M | 94 | 0:39:46 | 12,60 | 4:46 |
| 99 | 757 | Heylen Dorien | Aarschtot | 1987 | V | 5 | 0:39:47 | 12,59 | 4:46 |
| 100 | 561 | Van Roy Ronny | Sportiva Gelrode | | M | 95 | 0:39:49 | 12,58 | 4:46 |
| 101 | 613 | Verbijlen Gust | | | M | 96 | 0:39:51 | 12,57 | 4:46 |
| 102 | 523 | Pauwels Eddy | | | M | 97 | 0:39:55 | 12,55 | 4:47 |
| 103 | 522 | Van Papegem Benny | | | M | 98 | 0:39:57 | 12,54 | 4:47 |
| 104 | 620 | Maes Stijn | | | M | 99 | 0:39:57 | 12,54 | 4:47 |
| 105 | 784 | Pilsele Dirk | Molenstede | 1966 | M | 100 | 0:39:59 | 12,53 | 4:47 |
| 106 | 799 | Schutz Griet | Opwijk | 1963 | V | 6 | 0:40:01 | 12,52 | 4:48 |
| 107 | 670 | Binon Mark | Landen | 1968 | M | 101 | 0:40:10 | 12,47 | 4:49 |
| 108 | 865 | Vleminckx Jan | Ramsel | 1961 | M | 102 | 0:40:11 | 12,47 | 4:49 |
| 109 | 700 | Vanclee Gert | Hasselt | 1977 | M | 103 | 0:40:15 | 12,45 | 4:49 |
| 110 | 478 | Deferme Roel | Ter Scoete | | M | 104 | 0:40:17 | 12,44 | 4:49 |
| 111 | 591 | Sannen Nico | | | M | 105 | 0:40:23 | 12,41 | 4:50 |
| 112 | 626 | Verbeeck Alois | De Bosrand | 1954 | M | 106 | 0:40:24 | 12,40 | 4:50 |
| 113 | 723 | Vandepaer Stijn | Tessengerlo | 1988 | M | 107 | 0:40:26 | 12,39 | 4:51 |
| 114 | 847 | Avonds Vince | Grobendonk | 2002 | M | 108 | 0:40:39 | 12,32 | 4:52 |
| 115 | 740 | De Raedt Katrien | Diepenbeek | 1968 | V | 7 | 0:40:40 | 12,32 | 4:52 |
| 116 | 542 | Van Der Have Frederick | | | M | 109 | 0:40:46 | 12,29 | 4:53 |
| 117 | 905 | Beyns Robert | Ter Scoete | | M | 110 | 0:40:53 | 12,25 | 4:54 |
| 118 | 797 | Van Wilderode Christel | Tessengerlo | | V | 8 | 0:40:55 | 12,24 | 4:54 |
| 119 | 798 | Deville Jean-Pierre | Tessengerlo | | M | 111 | 0:40:55 | 12,24 | 4:54 |
| 120 | 787 | Watte Piet | Aarschtot | 1966 | M | 112 | 0:40:59 | 12,22 | 4:54 |
| 121 | 581 | Maus Jan | Demarsin | | M | 113 | 0:41:01 | 12,21 | 4:55 |
| 122 | 465 | Coomans Liliane | Ter Scoete | | V | 9 | 0:41:06 | 12,19 | 4:55 |
| 123 | 713 | Poffe Ludwig | Zelem | 1962 | M | 114 | 0:41:07 | 12,18 | 4:55 |
| 124 | 672 | Everaerts Kris | Rillaar | 1971 | M | 115 | 0:41:08 | 12,18 | 4:56 |
| 125 | 539 | Van Hove Taieb | | | M | 116 | 0:41:13 | 12,16 | 4:56 |
| 126 | 643 | Van De Gaer Jan | Tielt-Winge | 1951 | M | 117 | 0:41:15 | 12,15 | 4:56 |
| 127 | 660 | Van Rompaey Andre | Betekom | 1955 | M | 118 | 0:41:16 | 12,14 | 4:57 |

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|-----|-----|----------------------|------------------|------|-----|-------|---------|-------|---------|
| 128 | 590 | Vermaelen Willy | Demarsin | | M | 119 | 0:41:16 | 12,14 | 4:57 |
| 129 | 580 | Hermans Ludo | Demarsin | | M | 120 | 0:41:22 | 12,11 | 4:57 |
| 130 | 499 | Schelfhout Katleen | Ter Scoete | | V | 10 | 0:41:23 | 12,11 | 4:57 |
| 131 | 846 | Avonds Tom | Grobbendonk | 1979 | M | 121 | 0:41:27 | 12,09 | 4:58 |
| 132 | 791 | Heyman Jensen | Tessengerlo | 1979 | M | 122 | 0:41:27 | 12,09 | 4:58 |
| 133 | 576 | Van Gompel Jan | Vabco Mol | | M | 123 | 0:41:30 | 12,07 | 4:58 |
| 134 | 459 | Brabants Carlo | Ter Scoete | | M | 124 | 0:41:32 | 12,06 | 4:58 |
| 135 | 807 | Wouters Ludo | Deurne | 1954 | M | 125 | 0:41:34 | 12,05 | 4:59 |
| 136 | 457 | Bogaerts Michiel | Ter Scoete | | M | 126 | 0:41:40 | 12,02 | 4:59 |
| 137 | 756 | Van Elven Eddy | Tessengerlo | 1963 | M | 127 | 0:41:48 | 11,99 | 5:00 |
| 138 | 636 | Fassbender Mans | De Bosrand | 1993 | M | 128 | 0:42:01 | 11,92 | 5:02 |
| 139 | 504 | Vandecruys Wim | Ter Scoete | | M | 129 | 0:42:09 | 11,89 | 5:03 |
| 140 | 527 | Billen Eric | | | M | 130 | 0:42:23 | 11,82 | 5:05 |
| 141 | 852 | Breugelmans Johan | Paal | 1965 | M | 131 | 0:42:23 | 11,82 | 5:05 |
| 142 | 811 | Schepers Annick | Geel | 1968 | V | 11 | 0:42:24 | 11,82 | 5:05 |
| 143 | 859 | Paredis Rudi | Heusden Zolder | 1968 | M | 132 | 0:42:26 | 11,81 | 5:05 |
| 144 | 668 | Geskens Juul | Tessengerlo | | M | 133 | 0:42:31 | 11,78 | 5:06 |
| 145 | 709 | Goossens Gunther | Beringen | 1974 | M | 134 | 0:42:37 | 11,76 | 5:06 |
| 146 | 564 | De Wachter Jef | Mijn Hond | | M | 135 | 0:42:38 | 11,75 | 5:06 |
| 147 | 516 | Verbauwen Eric | | | M | 136 | 0:42:40 | 11,74 | 5:07 |
| 148 | 665 | Meertens Jinte | Lanaken | 1996 | V | 12 | 0:42:40 | 11,74 | 5:07 |
| 149 | 550 | Van Der Roost Steven | Rikse Sevenants | | M | 137 | 0:42:40 | 11,74 | 5:07 |
| 150 | 479 | Dekort Dirk | Ter Scoete | | M | 138 | 0:42:43 | 11,73 | 5:07 |
| 151 | 664 | Meertens Rene | Berg En Terblijt | | M | 139 | 0:42:43 | 11,73 | 5:07 |
| 152 | 640 | Van Esch Dieter | Diest | 1985 | M | 140 | 0:42:52 | 11,69 | 5:08 |
| 153 | 733 | Vanhalle Rudy | Veltem | 1962 | M | 141 | 0:42:55 | 11,67 | 5:08 |
| 154 | 559 | Potemans Roger | Sportiva Gelrode | | M | 142 | 0:42:56 | 11,67 | 5:09 |
| 155 | 562 | Vounckx Dirk | Sportiva Gelrode | | M | 143 | 0:42:56 | 11,67 | 5:09 |
| 156 | 616 | Vancauwenbergh Johan | Sportiva Gelrode | | M | 144 | 0:42:56 | 11,67 | 5:09 |
| 157 | 557 | Cumps Willy | Sportiva Gelrode | | M | 145 | 0:42:56 | 11,67 | 5:09 |
| 158 | 615 | Put Kathleen | | | V | 13 | 0:42:58 | 11,66 | 5:09 |
| 159 | 586 | Van Passel Jan | Demarsin | | M | 146 | 0:43:00 | 11,65 | 5:09 |
| 160 | 829 | Lauwers Jack | Tessengerlo | 2003 | M | 147 | 0:43:01 | 11,65 | 5:09 |
| 161 | 604 | Boven Ella | | | V | 14 | 0:43:02 | 11,64 | 5:09 |
| 162 | 826 | Oosterlinck Ilse | Tessengerlo | 1971 | V | 15 | 0:43:05 | 11,63 | 5:10 |
| 163 | 715 | De Coninck Ilse | Schriek | 1969 | V | 16 | 0:43:05 | 11,63 | 5:10 |
| 164 | 858 | Bos David | Tessengerlo | 1963 | M | 148 | 0:43:08 | 11,62 | 5:10 |
| 165 | 678 | Van Erum Tony | Meerhout | 1959 | M | 149 | 0:43:12 | 11,60 | 5:10 |
| 166 | 603 | Persoons Tania | | | V | 17 | 0:43:22 | 11,55 | 5:12 |
| 167 | 601 | Vanlommel Chris | | | M | 150 | 0:43:22 | 11,55 | 5:12 |
| 168 | 661 | Sants Mark | Diest | 1954 | M | 151 | 0:43:23 | 11,55 | 5:12 |
| 169 | 853 | Slegers Vincent | Retie | 1990 | M | 152 | 0:43:26 | 11,53 | 5:12 |
| 170 | 596 | Theys Brent | Looise Av | | M | 153 | 0:43:26 | 11,53 | 5:12 |
| 171 | 800 | Werckx Sofie | Lummen | 1979 | V | 18 | 0:43:28 | 11,53 | 5:12 |
| 172 | 548 | Belien Jef | Rikse Sevenants | | M | 154 | 0:43:31 | 11,51 | 5:13 |
| 173 | 830 | Valkenborgh Ann | Geetbets | 1970 | V | 19 | 0:43:42 | 11,46 | 5:14 |
| 174 | 825 | Van Loy Rigo | Laakdal | 1962 | M | 155 | 0:43:46 | 11,45 | 5:14 |
| 175 | 599 | Vranckx Filip | | | M | 156 | 0:43:50 | 11,43 | 5:15 |
| 176 | 704 | Michel Jannes | Tessengerlo | 1972 | M | 157 | 0:43:51 | 11,43 | 5:15 |
| 177 | 771 | Nys Hans | Veerle-Laakdal | 1968 | M | 158 | 0:44:17 | 11,31 | 5:18 |
| 178 | 498 | Reynders Mario | Ter Scoete | | M | 159 | 0:44:17 | 11,31 | 5:18 |
| 179 | 876 | De Laender Jan | Tessengerlo | 1977 | M | 160 | 0:44:23 | 11,29 | 5:19 |
| 180 | 843 | Heselmans Dieter | Hasselt | 1983 | M | 161 | 0:44:23 | 11,29 | 5:19 |
| 181 | 855 | Peeters Paul | Geel | 1969 | M | 162 | 0:44:24 | 11,28 | 5:19 |
| 181 | 725 | Vandervelpen Cederic | Scherpenheuvel | 1989 | M | 163 | 0:44:24 | 11,28 | 5:19 |
| 183 | 759 | De Rave Lisa | Meerhout | 1996 | V | 20 | 0:44:25 | 11,28 | 5:19 |
| 184 | 625 | Macquoi Dieter | | | M | 164 | 0:44:26 | 11,28 | 5:19 |
| 185 | 758 | De Raeve Johan | Meerhout | 1970 | M | 165 | 0:44:27 | 11,27 | 5:19 |
| 186 | 819 | Van Den Bruel Sven | Herentals | 1985 | M | 166 | 0:44:30 | 11,26 | 5:20 |
| 187 | 525 | Plessers Senne | | | M | 167 | 0:44:44 | 11,20 | 5:21 |
| 188 | 536 | Peirelinck Jan | Kievit Hasselt | | M | 168 | 0:45:00 | 11,13 | 5:23 |
| 189 | 635 | Van Gelder Rudi | De Bosrand | 1968 | M | 169 | 0:45:05 | 11,11 | 5:24 |
| 190 | 585 | Van Der Velde Daniel | Demarsin | | M | 170 | 0:45:05 | 11,11 | 5:24 |
| 191 | 587 | Van Roelen Gaston | Demarsin | | M | 171 | 0:45:05 | 11,11 | 5:24 |
| 192 | 786 | Schroven Hilde | Ham | 1975 | V | 21 | 0:45:05 | 11,11 | 5:24 |

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|-----|-----|-----------------------|-----------------|------|-----|-------|---------|-------|---------|
| 193 | 803 | Goossens Herald | Messelbroek | 1974 | M | 172 | 0:45:06 | 11,11 | 5:24 |
| 194 | 674 | Ivens Edgard | Gelrode | 1956 | M | 173 | 0:45:22 | 11,04 | 5:26 |
| 195 | 466 | Corthals August | Ter Scoete | | M | 174 | 0:45:28 | 11,02 | 5:27 |
| 196 | 741 | Daenen Edwin | Diest | 1971 | M | 175 | 0:45:31 | 11,01 | 5:27 |
| 197 | 742 | De Busser Kris | Diest | 1971 | M | 176 | 0:45:31 | 11,01 | 5:27 |
| 198 | 854 | Slegers Dirk | Retie | 1961 | M | 177 | 0:45:34 | 10,99 | 5:27 |
| 199 | 634 | Liberlo Gert | De Bosrand | 1969 | M | 178 | 0:45:35 | 10,99 | 5:28 |
| 200 | 764 | Leekens Paul | Neerpelt | 1953 | M | 179 | 0:45:36 | 10,99 | 5:28 |
| 201 | 776 | Dierckx Katy | Diest | 1963 | V | 22 | 0:45:40 | 10,97 | 5:28 |
| 202 | 702 | Bellemans Lander | Vremde | 1997 | M | 180 | 0:45:50 | 10,93 | 5:29 |
| 203 | 471 | Delsaerdt Johnny | De Bosvrienden | | M | 181 | 0:45:56 | 10,91 | 5:30 |
| 204 | 834 | Maes Christoph | Hasselt | 1978 | M | 182 | 0:46:03 | 10,88 | 5:31 |
| 205 | 801 | Werckx Liesbeth | Heusden-Zolder | 1973 | V | 23 | 0:46:06 | 10,87 | 5:31 |
| 206 | 623 | Vanderheyden Maxime | | | M | 183 | 0:46:10 | 10,85 | 5:32 |
| 207 | 489 | Sterckx Yvo | De Bosvrienden | | M | 184 | 0:46:10 | 10,85 | 5:32 |
| 208 | 528 | Mangelschots Karin | | | V | 24 | 0:46:12 | 10,84 | 5:32 |
| 209 | 736 | Bert Ernest | Herperen | 1964 | M | 185 | 0:46:14 | 10,84 | 5:32 |
| 210 | 755 | Creembers Henri | Meeuzen | 1951 | M | 186 | 0:46:15 | 10,83 | 5:32 |
| 211 | 788 | Van Baelen Andre | Geel | 1956 | M | 187 | 0:46:16 | 10,83 | 5:32 |
| 212 | 828 | Lauwers June | Tessenderlo | 2005 | V | 25 | 0:46:17 | 10,82 | 5:33 |
| 213 | 827 | Lauwers Michiel | Tessenderlo | 1965 | M | 188 | 0:46:17 | 10,82 | 5:33 |
| 214 | 777 | De Wel Greet | Molenstede | 1966 | V | 26 | 0:46:17 | 10,82 | 5:33 |
| 215 | 739 | De Wachter Carine | Keerbergen | 1961 | V | 27 | 0:46:20 | 10,81 | 5:33 |
| 216 | 745 | Plu Brendan | Laakdal | 2001 | M | 189 | 0:46:21 | 10,81 | 5:33 |
| 217 | 765 | Vints Koen | Beringen | 1990 | M | 190 | 0:46:22 | 10,81 | 5:33 |
| 218 | 667 | Wils Petra | Veerle1974 | | V | 28 | 0:46:27 | 10,79 | 5:34 |
| 219 | 619 | Vervest Marc | | | M | 191 | 0:46:28 | 10,78 | 5:34 |
| 220 | 749 | Bortels Hugo | Heusden Zolder | 1955 | M | 192 | 0:46:29 | 10,78 | 5:34 |
| 221 | 646 | Belmans Ivo | Tessenderlo | 1964 | M | 193 | 0:46:29 | 10,78 | 5:34 |
| 222 | 818 | Nijs Cindy | Herselt | 1970 | V | 29 | 0:46:33 | 10,76 | 5:34 |
| 223 | 752 | Van Geel Hugo | Olmen | 1954 | M | 194 | 0:46:33 | 10,76 | 5:34 |
| 224 | 711 | Cauberghe Lindq | Diest | 1971 | V | 30 | 0:46:43 | 10,72 | 5:36 |
| 225 | 622 | Swinnen Jella | | | V | 31 | 0:46:56 | 10,67 | 5:37 |
| 226 | 513 | Pauwels Ann | | | V | 32 | 0:46:56 | 10,67 | 5:37 |
| 227 | 790 | Lambaerts Christel | Booischt | 1971 | V | 33 | 0:46:57 | 10,67 | 5:37 |
| 228 | 624 | Maes Wendy | | | V | 34 | 0:46:58 | 10,67 | 5:37 |
| 229 | 480 | Dekort Elke | Ter Scoete | | V | 35 | 0:47:00 | 10,66 | 5:38 |
| 230 | 508 | Viekevorst Michael | Ter Scoete | | M | 195 | 0:47:00 | 10,66 | 5:38 |
| 231 | 273 | Vermaelen Wendy | | | V | 36 | 0:47:00 | 10,66 | 5:38 |
| 232 | 584 | Tuerlinckx Jean-Luc | Demarsin | | M | 196 | 0:47:01 | 10,66 | 5:38 |
| 233 | 654 | Boves Acrille | Westerlo | 1944 | M | 197 | 0:47:02 | 10,65 | 5:38 |
| 234 | 655 | De Smedt Carine | Olen | 1960 | V | 37 | 0:47:03 | 10,65 | 5:38 |
| 235 | 817 | Van Hirtum Noortje | | 1988 | V | 38 | 0:47:07 | 10,63 | 5:39 |
| 236 | 651 | Van Eyck Gilbert | Herentals | 1047 | M | 198 | 0:47:08 | 10,63 | 5:39 |
| 237 | 816 | Voots Carl | Hoogrand | 1970 | M | 199 | 0:47:09 | 10,63 | 5:39 |
| 238 | 597 | Blarings Ingrid | | | V | 39 | 0:47:11 | 10,62 | 5:39 |
| 238 | 669 | Boons Katja | Tessenderlo | 1974 | V | 40 | 0:47:11 | 10,62 | 5:39 |
| 240 | 656 | Douwen Carine | Herent | 1968 | V | 41 | 0:47:13 | 10,61 | 5:39 |
| 241 | 706 | Verboven Inge | Diest | 1977 | V | 42 | 0:47:13 | 10,61 | 5:39 |
| 242 | 612 | Postelmans Rene | Team Rene | | M | 200 | 0:47:16 | 10,60 | 5:40 |
| 243 | 746 | Volders Tristan | Beringen | | M | 201 | 0:47:16 | 10,60 | 5:40 |
| 243 | 821 | Bertels Luc | Tessenderlo | 1964 | M | 202 | 0:47:16 | 10,60 | 5:40 |
| 245 | 747 | Volders Ringo | Beringen | 1973 | M | 203 | 0:47:18 | 10,59 | 5:40 |
| 246 | 732 | Swerts Gunter | Mol | 1973 | M | 204 | 0:47:25 | 10,57 | 5:41 |
| 247 | 912 | Dubois Stefan | Ter Scoete | | M | 205 | 0:47:32 | 10,54 | 5:42 |
| 248 | 917 | Gourmand Danny | Ter Scoete | | M | 206 | 0:47:32 | 10,54 | 5:42 |
| 249 | 511 | Michielsen Louisa | Alv | | V | 43 | 0:47:34 | 10,53 | 5:42 |
| 250 | 728 | Haesaert Ronny | Kessel Lo | 1959 | M | 207 | 0:47:44 | 10,50 | 5:43 |
| 251 | 663 | Beyens Renilda | Geel | 1953 | V | 44 | 0:47:56 | 10,45 | 5:44 |
| 252 | 494 | Van Dijck Hilde | | | V | 45 | 0:47:58 | 10,44 | 5:45 |
| 253 | 795 | Van Dingenen Johny | Tessenderlo | 1955 | M | 208 | 0:47:59 | 10,44 | 5:45 |
| 254 | 633 | Hufkens Door | De Bosrand | 1965 | M | 209 | 0:48:02 | 10,43 | 5:45 |
| 255 | 524 | De Maesschalk Richard | | | M | 210 | 0:48:05 | 10,42 | 5:46 |
| 256 | 578 | Borgwald Ludwig | Demarsin | | M | 211 | 0:48:09 | 10,40 | 5:46 |
| 256 | 611 | Heylighen Ludo | Rmr | | M | 212 | 0:48:09 | 10,40 | 5:46 |

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|-----|-----|---------------------|-------------------|------|-----|-------|---------|-------|---------|
| 258 | 610 | Verduykt Marc | | | M | 213 | 0:48:10 | 10,40 | 5:46 |
| 259 | 675 | Simons Dominique | Diest | 1965 | M | 214 | 0:48:11 | 10,40 | 5:46 |
| 259 | 851 | Bak Kristof | Aarschot | 1978 | M | 215 | 0:48:11 | 10,40 | 5:46 |
| 261 | 822 | Vercalsteren Achiel | Averbode | 1952 | M | 216 | 0:48:11 | 10,40 | 5:46 |
| 262 | 551 | Van Lier Caroline | Rikse Sevenants | | V | 46 | 0:48:13 | 10,39 | 5:46 |
| 263 | 796 | Prinsen Karine | Bekkevoort | 1960 | V | 47 | 0:48:19 | 10,37 | 5:47 |
| 264 | 751 | Cox Christel | Kermt | 1965 | V | 48 | 0:48:19 | 10,37 | 5:47 |
| 265 | 823 | Janssen Chris | Rotselaar | 1965 | V | 49 | 0:48:26 | 10,34 | 5:48 |
| 266 | 470 | Beyens Imelda | | | V | 50 | 0:48:39 | 10,30 | 5:50 |
| 267 | 684 | Lodewyckx Guido | Balen | 1960 | M | 217 | 0:48:40 | 10,29 | 5:50 |
| 268 | 501 | Van Dingenen Maria | Ter Scoete | | V | 51 | 0:48:54 | 10,25 | 5:51 |
| 269 | 717 | Van De Putte Eric | Heist Op Den Berg | 1957 | M | 218 | 0:48:54 | 10,25 | 5:51 |
| 269 | 595 | Roten Bruno | | | M | 219 | 0:48:54 | 10,25 | 5:51 |
| 271 | 719 | Goovaerts Jef | Heist Op Den Berg | 1951 | M | 220 | 0:48:55 | 10,24 | 5:51 |
| 272 | 519 | Hendrickx Lieve | | | V | 52 | 0:49:02 | 10,22 | 5:52 |
| 273 | 555 | Debeer Theo | Run4fun | | M | 221 | 0:49:06 | 10,20 | 5:53 |
| 274 | 653 | Schellens Stijn | Herentals | 1984 | M | 222 | 0:49:28 | 10,13 | 5:55 |
| 275 | 652 | Rymen Jan | Oostham | 1979 | M | 223 | 0:49:29 | 10,12 | 5:56 |
| 276 | 734 | Ceunen Helga | Herent | 1963 | V | 53 | 0:49:33 | 10,11 | 5:56 |
| 277 | 617 | Van Mechelen Nick | | | M | 224 | 0:49:39 | 10,09 | 5:57 |
| 278 | 618 | Veulemans Bert | | | M | 225 | 0:49:39 | 10,09 | 5:57 |
| 279 | 833 | Stoffelen Jens | Scherpenheuvel | 1990 | M | 226 | 0:49:43 | 10,08 | 5:57 |
| 279 | 837 | Rayen Pieter | Tessenderlo | 1990 | M | 227 | 0:49:43 | 10,08 | 5:57 |
| 281 | 492 | Heylen Agnes | De Bosvrienden | | V | 54 | 0:49:50 | 10,05 | 5:58 |
| 282 | 743 | Eyckmans Stefaan | Laakdal | 1960 | M | 228 | 0:49:53 | 10,04 | 5:58 |
| 283 | 685 | Lodewyckx Els | Leopoldsburg | 1987 | V | 55 | 0:50:02 | 10,01 | 6:00 |
| 284 | 693 | Govaerts Life | Ham | 1962 | V | 56 | 0:50:04 | 10,01 | 6:00 |
| 285 | 538 | Vliegen Kaat | | | V | 57 | 0:50:08 | 9,99 | 6:00 |
| 286 | 520 | Biesmans Danny | | | M | 229 | 0:50:09 | 9,99 | 6:00 |
| 287 | 810 | Goldsteyn Wim | Laakdal | 1987 | M | 230 | 0:50:11 | 9,98 | 6:01 |
| 288 | 856 | Verbraeken Kristof | Ham | 1986 | M | 231 | 0:50:30 | 9,92 | 6:03 |
| 289 | 688 | Peeters Rob | Bree | 1986 | M | 232 | 0:50:30 | 9,92 | 6:03 |
| 290 | 506 | Verheyen Theofiel | Ter Scoete | | M | 233 | 0:50:43 | 9,88 | 6:04 |
| 291 | 760 | Celis Jokke | Molenstede | 2001 | M | 234 | 0:50:45 | 9,87 | 6:05 |
| 292 | 701 | Bellemans Joppe | Vremde | 2002 | M | 235 | 0:50:46 | 9,87 | 6:05 |
| 293 | 762 | Nelissen Lowie | Molenstede | 2001 | M | 236 | 0:50:46 | 9,87 | 6:05 |
| 294 | 594 | Aerts Sara | | | V | 58 | 0:50:56 | 9,84 | 6:06 |
| 295 | 547 | Segers Willy | | | M | 237 | 0:51:01 | 9,82 | 6:07 |
| 296 | 692 | Willemoons Jacques | Aarschot | 1951 | M | 238 | 0:51:03 | 9,81 | 6:07 |
| 297 | 657 | Snoeijs Jozef | Beerse | 1951 | M | 239 | 0:51:03 | 9,81 | 6:07 |
| 298 | 540 | Heyns Inga | | | V | 59 | 0:51:11 | 9,79 | 6:08 |
| 299 | 637 | Suffeleers Hann | T Zavelhof | 1998 | M | 240 | 0:51:18 | 9,77 | 6:09 |
| 300 | 729 | Van De Weyer Mario | Laakdal | 1964 | M | 241 | 0:51:21 | 9,76 | 6:09 |
| 301 | 824 | Vangenechten Vera | Laakdal | 1968 | V | 60 | 0:51:23 | 9,75 | 6:09 |
| 302 | 703 | Neuskens Danny | Laakdal | 1959 | M | 242 | 0:51:24 | 9,75 | 6:09 |
| 303 | 689 | Vos Rita | Leefdaal | | V | 61 | 0:51:30 | 9,73 | 6:10 |
| 304 | 687 | Pittevijs Dorien | Averbode | 1989 | V | 62 | 0:51:33 | 9,72 | 6:10 |
| 305 | 850 | Kuppens Mia | Lommel | 1955 | V | 63 | 0:51:38 | 9,70 | 6:11 |
| 305 | 607 | Bockx Hilde | | | V | 64 | 0:51:38 | 9,70 | 6:11 |
| 307 | 839 | Thys Ammy | Meerhout | 1963 | V | 65 | 0:51:41 | 9,69 | 6:11 |
| 308 | 840 | Heylen Vera | Geel | | V | 66 | 0:51:41 | 9,69 | 6:11 |
| 309 | 848 | Bapist Ann | Zolder | 1974 | V | 67 | 0:51:41 | 9,69 | 6:11 |
| 310 | 815 | Biesmans Raf | Schaffen | 1958 | M | 243 | 0:51:43 | 9,69 | 6:12 |
| 311 | 543 | Ceusters Chantal | | | V | 68 | 0:51:44 | 9,68 | 6:12 |
| 312 | 476 | Werckx Chris | De Bosvrienden | | V | 69 | 0:51:44 | 9,68 | 6:12 |
| 313 | 857 | Peeters Sanne | Averbode | 1981 | V | 70 | 0:51:47 | 9,67 | 6:12 |
| 313 | 681 | Serre Lara | Diest | 1977 | V | 71 | 0:51:47 | 9,67 | 6:12 |
| 315 | 475 | Wynants Helga | De Bosvrienden | | V | 72 | 0:51:47 | 9,67 | 6:12 |
| 316 | 737 | Smet Marc | Keerbergen | 1948 | M | 244 | 0:51:48 | 9,67 | 6:12 |
| 317 | 779 | Van Eynde Bart | Zelem | 1971 | M | 245 | 0:51:51 | 9,66 | 6:13 |
| 317 | 780 | Wouters David | Lummen | 1972 | M | 246 | 0:51:51 | 9,66 | 6:13 |
| 319 | 680 | Janssens Karen | Diest | 1972 | V | 73 | 0:51:51 | 9,66 | 6:13 |
| 320 | 783 | Dirix Carolien | Bertem | 1979 | V | 74 | 0:51:52 | 9,66 | 6:13 |
| 321 | 849 | Van Genechten Mieke | Tessenderlo | 1979 | V | 75 | 0:51:54 | 9,65 | 6:13 |
| 322 | 808 | Bernand Peggy | Averbode | | V | 76 | 0:51:55 | 9,65 | 6:13 |

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|-----|------|----------------------|-----------------------|------|-----|-------|---------|------|---------|
| 323 | 809 | Peeters Kenny | Engsbergen | 1980 | V | 77 | 0:51:56 | 9,65 | 6:13 |
| 324 | 477 | Declercq Ann | Ter Scoete | | V | 78 | 0:52:07 | 9,61 | 6:14 |
| 325 | 805 | Vanhaelemans Yasmine | Bilzen | 1991 | V | 79 | 0:52:08 | 9,61 | 6:15 |
| 326 | 649 | Belmans Francois | Mol | 1948 | M | 247 | 0:52:17 | 9,58 | 6:16 |
| 327 | 644 | Huygelen Walter | | 1953 | M | 248 | 0:52:32 | 9,54 | 6:17 |
| 328 | 552 | Van Camp Karel | Rikse Sevenants | | M | 249 | 0:52:32 | 9,54 | 6:17 |
| 329 | 832 | Raeyen Frederik | Schoot | 1988 | M | 250 | 0:52:36 | 9,52 | 6:18 |
| 330 | 836 | Henderickx Joris | Tessengerlo | 1990 | M | 251 | 0:52:37 | 9,52 | 6:18 |
| 331 | 1197 | Heymans Valerie | | | V | 80 | 0:52:40 | 9,51 | 6:18 |
| 332 | 544 | Severeyns Kristien | | | V | 81 | 0:52:40 | 9,51 | 6:18 |
| 333 | 608 | Coosemans Wim | Landense Jogging Club | | M | 252 | 0:52:50 | 9,48 | 6:20 |
| 334 | 598 | Grommen Jan | Landense Jogging Club | | M | 253 | 0:52:50 | 9,48 | 6:20 |
| 335 | 573 | Jansen Ruddy | Vabco Mol | | M | 254 | 0:53:06 | 9,44 | 6:22 |
| 336 | 766 | Jehoul Jos | Bree | 1938 | M | 255 | 0:53:07 | 9,43 | 6:22 |
| 337 | 556 | Van Hoof Jean | Vabco | | M | 256 | 0:53:13 | 9,41 | 6:22 |
| 338 | 841 | Cruysberghs Miranda | Paal | 1968 | V | 82 | 0:53:18 | 9,40 | 6:23 |
| 339 | 873 | Langmak Ellen | Koersel | 1982 | V | 83 | 0:53:20 | 9,39 | 6:23 |
| 340 | 514 | Steenaeerts Lydie | | | V | 84 | 0:53:37 | 9,34 | 6:25 |
| 341 | 722 | Wouters Claudia | Heusden Zolder | 1985 | V | 85 | 0:53:39 | 9,34 | 6:26 |
| 342 | 721 | Bervoets Wim | Heusden | 1985 | M | 257 | 0:53:39 | 9,34 | 6:26 |
| 343 | 497 | Nicasy Hilde | Ter Scoete | | V | 86 | 0:53:40 | 9,34 | 6:26 |
| 344 | 987 | Baelen Wendy | | | V | 87 | 0:54:18 | 9,23 | 6:30 |
| 345 | 750 | Verdickt Inge | Diest | 1973 | V | 88 | 0:54:19 | 9,22 | 6:30 |
| 346 | 537 | Moons Carine | | | V | 89 | 0:54:22 | 9,22 | 6:31 |
| 347 | 533 | Vanderelst Katrien | | | V | 90 | 0:54:23 | 9,21 | 6:31 |
| 348 | 712 | Saenen Leen | Tessengerlo | 1983 | V | 91 | 0:54:38 | 9,17 | 6:33 |
| 349 | 569 | Moons Huguette | Vabco Mol | | V | 92 | 0:54:43 | 9,16 | 6:33 |
| 350 | 567 | Curinckx Nicole | Vabco Mol | | V | 93 | 0:54:44 | 9,15 | 6:33 |
| 351 | 874 | Vandorpe Els | Heppen | 1979 | V | 94 | 0:54:47 | 9,15 | 6:34 |
| 352 | 720 | Vermeylen Lindsay | Tessengerlo | 1984 | V | 95 | 0:54:47 | 9,15 | 6:34 |
| 353 | 526 | Spruyt Suzy | | | V | 96 | 0:54:59 | 9,11 | 6:35 |
| 354 | 490 | Huysmans Ingrid | Joggingclub Tc | | V | 97 | 0:54:59 | 9,11 | 6:35 |
| 355 | 778 | Lemmens Lissy | Diest | 1976 | V | 98 | 0:54:59 | 9,11 | 6:35 |
| 356 | 794 | Hermans Joel | Noduwez | 1979 | M | 258 | 0:55:02 | 9,10 | 6:35 |
| 357 | 724 | Reymen Stephanie | Tessengerlo | 1987 | V | 99 | 0:55:02 | 9,10 | 6:35 |
| 358 | 793 | Callens Virginie | Noduwez | 1981 | V | 100 | 0:55:05 | 9,10 | 6:36 |
| 359 | 531 | Valgaerts Leen | | | V | 101 | 0:55:11 | 9,08 | 6:37 |
| 360 | 517 | Vangelooven Kurt | | | M | 259 | 0:55:13 | 9,07 | 6:37 |
| 361 | 735 | Vanmol Els | Glabbeek | 1969 | V | 102 | 0:55:20 | 9,05 | 6:38 |
| 362 | 695 | Strauven Carla | Tessengerlo | 1961 | V | 103 | 0:55:21 | 9,05 | 6:38 |
| 363 | 642 | | | | M | 260 | 0:55:23 | 9,05 | 6:38 |
| 364 | 694 | Verboven Peter | Ham | 1962 | M | 261 | 0:55:24 | 9,04 | 6:38 |
| 365 | 730 | Vleugels Margot | Vorst | 1965 | V | 104 | 0:55:24 | 9,04 | 6:38 |
| 366 | 469 | Bos Emiel | | | M | 262 | 0:55:37 | 9,01 | 6:40 |
| 367 | 472 | Sterckx Sindy | | | V | 105 | 0:55:50 | 8,97 | 6:41 |
| 368 | 565 | Stynen Tamara | Mijn Hond | | V | 106 | 0:55:54 | 8,96 | 6:42 |
| 369 | 566 | Leysen Kristine | Mijn Hond | | V | 107 | 0:55:55 | 8,96 | 6:42 |
| 370 | 683 | Geudens Ann | | 1970 | V | 108 | 0:56:15 | 8,91 | 6:44 |
| 371 | 761 | Nelissen Juul | Diest | | M | 263 | 0:56:41 | 8,84 | 6:47 |
| 372 | 772 | Vaneleven Elise | Zichem | 1980 | V | 109 | 0:56:49 | 8,82 | 6:48 |
| 373 | 677 | Peetermans Viviane | Schoten | 1968 | V | 110 | 0:56:54 | 8,80 | 6:49 |
| 374 | 529 | Aerts Hilde | | | V | 111 | 0:57:12 | 8,76 | 6:51 |
| 375 | 867 | Van Wuigenen Sophia | Tessengerlo | | V | 112 | 0:57:30 | 8,71 | 6:53 |
| 376 | 530 | Delarbre Hilda | | | V | 113 | 0:57:30 | 8,71 | 6:53 |
| 377 | 606 | Smets Kristel | Landense Jogging Club | | V | 114 | 0:57:36 | 8,70 | 6:54 |
| 378 | 609 | Antonissen Marjolein | Landense Jogging Club | | V | 115 | 0:57:36 | 8,70 | 6:54 |
| 379 | 744 | Eyckmans Martje | Leuven | 1986 | V | 116 | 0:57:43 | 8,68 | 6:55 |
| 380 | 863 | Leys Wim | Diest | 1978 | M | 264 | 0:57:59 | 8,64 | 6:57 |
| 380 | 862 | Pollaris Frank | Tessengerlo | 1970 | M | 265 | 0:57:59 | 8,64 | 6:57 |
| 382 | 708 | Hermans Godelieve | Waver | 1957 | V | 117 | 0:58:09 | 8,62 | 6:58 |
| 383 | 602 | Boeckx Els | | | V | 118 | 0:58:33 | 8,56 | 7:01 |
| 384 | 614 | Berghmans Pascale | | | V | 119 | 0:59:43 | 8,39 | 7:09 |
| 385 | 553 | Gielis Ellen | Rikse Sevenants | | V | 120 | 0:59:43 | 8,39 | 7:09 |
| 386 | 577 | Willekens Herman | Vabco Mol | | M | 266 | 0:59:47 | 8,38 | 7:10 |
| 387 | 869 | Donders Lander | Leuven | 2000 | M | 267 | 0:59:48 | 8,38 | 7:10 |

| PL | NR | Naam | Woonplaats/Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|-----------------|------|-----|-------|---------|------|---------|
| 388 | 868 | Bervoets Ivo | Beringen | 1959 | M | 268 | 0:59:48 | 8,38 | 7:10 |
| 388 | 570 | Van Der Auwera Marleen | Vabco Mol | | V | 121 | 0:59:48 | 8,38 | 7:10 |
| 390 | 775 | Schoute Sandra | Dessel | 1977 | V | 122 | 0:59:55 | 8,36 | 7:11 |
| 391 | 710 | De Backer Jos | Veerle | 1950 | M | 269 | 0:59:57 | 8,36 | 7:11 |
| 392 | 842 | Cijvers Christa | Hasselt | 1982 | V | 123 | 1:00:31 | 8,28 | 7:15 |
| 393 | 872 | Laga Katrien | Diest | 1969 | V | 124 | 1:01:02 | 8,21 | 7:19 |
| 394 | 545 | Hollanders Linsey | | | V | 125 | 1:01:23 | 8,16 | 7:21 |
| 395 | 572 | Vervoort Maria | Vabco Mol | | V | 126 | 1:01:29 | 8,15 | 7:22 |
| 396 | 574 | Leysen Leon | Vabco Mol | | M | 270 | 1:01:29 | 8,15 | 7:22 |
| 397 | 726 | Ardenhort Ardin | Mol | 1969 | V | 127 | 1:01:29 | 8,15 | 7:22 |
| 398 | 532 | Peeters Carolien | | | V | 128 | 1:01:38 | 8,13 | 7:23 |
| 399 | 571 | Verdonck May | Vabco Mol | | V | 129 | 1:01:58 | 8,08 | 7:25 |
| 400 | 452 | Verhoye Ingrid | | | V | 130 | 1:02:57 | 7,96 | 7:32 |
| 401 | 481 | Heylen Louis | Ter Scoete | | M | 271 | 1:04:43 | 7,74 | 7:45 |
| 402 | 769 | | | | M | 272 | 1:15:27 | 6,64 | 9:02 |
| 402 | 768 | Peeters Tom | Mechelen | 1959 | M | 273 | 1:15:27 | 6,64 | 9:02 |
| 404 | 549 | Friant Jozef | Knksv Turnhout | | M | 274 | 1:17:11 | 6,49 | 9:15 |

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13,7 KM

| PL | NR | Naam | Woonplaats/Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|--------------------------|-----------------|------|-----|-------|---------|-------|---------|
| 1 | 944 | Vanderspikken Lander | Ter Scoete | | M | 1 | 0:46:57 | 17,51 | 3:26 |
| 2 | 1013 | Van Dyck Tom | Ac Break | | M | 2 | 0:48:09 | 17,07 | 3:31 |
| 3 | 1023 | Rens Stefan | De Bosrand | 1968 | M | 3 | 0:48:58 | 16,79 | 3:34 |
| 4 | 983 | Wouters Roel | Ac Break | | M | 4 | 0:49:12 | 16,71 | 3:35 |
| 5 | 948 | Vercalsteren Kenn | Ter Scoete | | M | 5 | 0:49:46 | 16,52 | 3:38 |
| 6 | 1024 | Voet Tom | De Bosrand | 1983 | M | 6 | 0:49:59 | 16,45 | 3:39 |
| 7 | 1025 | Schroven Geert | De Bosrand | 1974 | M | 7 | 0:50:30 | 16,28 | 3:41 |
| 8 | 1134 | Van Bael Danny | Messelbroek | 1969 | M | 8 | 0:50:51 | 16,17 | 3:43 |
| 9 | 1040 | Van Dyck Dries | Brecht | 1982 | M | 9 | 0:51:13 | 16,05 | 3:44 |
| 10 | 914 | Geukens Kris | Ter Scoete | | M | 10 | 0:52:07 | 15,77 | 3:48 |
| 11 | 1049 | Van Buggenhout Stijn | Kampenhout | 1988 | M | 11 | 0:52:48 | 15,57 | 3:51 |
| 12 | 1185 | Van Dingenen Steven | Halen | 1977 | M | 12 | 0:52:58 | 15,52 | 3:52 |
| 13 | 1052 | Verschueren Robby | Boortmeerbeek | 1975 | M | 13 | 0:53:06 | 15,48 | 3:53 |
| 14 | 908 | Cuyt Luc | Ter Scoete | | M | 14 | 0:53:13 | 15,45 | 3:53 |
| 15 | 1032 | Vanmechelen Filip | T Backhuys | 1969 | M | 15 | 0:53:23 | 15,40 | 3:54 |
| 16 | 1183 | Bijns Tom | Geel | 1976 | M | 16 | 0:53:29 | 15,37 | 3:54 |
| 17 | 1194 | Mertens Kristof | Laakdal | 1979 | M | 17 | 0:53:37 | 15,33 | 3:55 |
| 18 | 1028 | Bosmans Patrick | De Bosrand | 1963 | M | 18 | 0:53:57 | 15,24 | 3:56 |
| 19 | 939 | Saenen Tom | Ter Scoete | | M | 19 | 0:54:48 | 15,00 | 4:00 |
| 20 | 1053 | Valkeneers Jochen | Zonhoven | 1976 | M | 20 | 0:55:02 | 14,94 | 4:01 |
| 21 | 938 | Reynders Bjorn | Ter Scoete | | M | 21 | 0:55:02 | 14,94 | 4:01 |
| 22 | 1038 | Peeters Bjorn | Averbode | 1989 | M | 22 | 0:55:16 | 14,87 | 4:02 |
| 23 | 1158 | Hiemeleers Marc | Stevoort | | M | 23 | 0:55:23 | 14,84 | 4:03 |
| 24 | 1159 | Beutels Tom | Lummen | 1975 | M | 24 | 0:55:40 | 14,77 | 4:04 |
| 25 | 1037 | Bellen Peter | Alken | 1971 | M | 25 | 0:55:55 | 14,70 | 4:05 |
| 26 | 1175 | Matthijssens Marc | Brecht | 1962 | M | 26 | 0:56:02 | 14,67 | 4:05 |
| 27 | 1022 | Nulens Kim | De Bosrand | 1977 | V | 1 | 0:56:06 | 14,65 | 4:06 |
| 28 | 986 | Hesemans Guy | | | M | 27 | 0:56:09 | 14,64 | 4:06 |
| 29 | 1146 | Verbiest Maurice | Langdorp | 1951 | M | 28 | 0:56:23 | 14,58 | 4:07 |
| 30 | 981 | Dekens Danny | | | M | 29 | 0:56:24 | 14,57 | 4:07 |
| 31 | 998 | Van Bylen Marcel | A.U.Z.K | | M | 30 | 0:56:31 | 14,54 | 4:08 |
| 32 | 901 | De Ron Gunther | Vabco Mol | | M | 31 | 0:56:38 | 14,51 | 4:08 |
| 33 | 974 | Vanstreels Mario | | | M | 32 | 0:56:43 | 14,49 | 4:08 |
| 34 | 1171 | Van De Velde Liesbeth | Veerle | 1983 | V | 2 | 0:56:43 | 14,49 | 4:08 |
| 35 | 1136 | Geerickx Bart | Meerhout | 1976 | M | 33 | 0:57:06 | 14,40 | 4:10 |
| 36 | 1114 | Joos Gert | Aarschot | 1979 | M | 34 | 0:57:09 | 14,38 | 4:10 |
| 37 | 903 | Belmans Koen | Ter Scoete | | M | 35 | 0:57:11 | 14,37 | 4:10 |
| 38 | 1149 | Bakelants Gaston | Olen | | M | 36 | 0:57:15 | 14,36 | 4:11 |
| 39 | 1055 | Coene Veronique | Beernem | 1977 | V | 3 | 0:57:18 | 14,35 | 4:11 |
| 40 | 1004 | Fraeyman Vince | Mijn Hond | | M | 37 | 0:57:19 | 14,34 | 4:11 |
| 41 | 1095 | Dullers Pieter | Herk De Stad | 1982 | M | 38 | 0:57:22 | 14,33 | 4:11 |
| 42 | 1091 | Rodiers Ronald | Berbroekroek | 1979 | M | 39 | 0:57:26 | 14,31 | 4:12 |
| 43 | 965 | Vermaelen Johan | Demarsin | | M | 40 | 0:57:27 | 14,31 | 4:12 |
| 44 | 1202 | Exelmans Peter | Tessenderlo | 1970 | M | 41 | 0:57:41 | 14,25 | 4:13 |
| 45 | 1085 | Corten Rob | Vorst Laakdal | 1979 | M | 42 | 0:57:46 | 14,23 | 4:13 |
| 46 | 1172 | Kerckhofs Marc | Veerle | 1973 | M | 43 | 0:57:49 | 14,22 | 4:13 |
| 47 | 947 | Verbist Dimitri | Ter Scoete | | M | 44 | 0:57:53 | 14,20 | 4:14 |
| 48 | 1074 | Engels Mario | Molenstede | 1973 | M | 45 | 0:57:56 | 14,19 | 4:14 |
| 49 | 927 | Heylen Patrick | Ter Scoete | | M | 46 | 0:57:58 | 14,18 | 4:14 |
| 50 | 1208 | Reyskens Geert | Genk | 1967 | M | 47 | 0:58:02 | 14,16 | 4:14 |
| 51 | 972 | Volders Glen | | | M | 48 | 0:58:15 | 14,11 | 4:15 |
| 52 | 1184 | Driezen Tim | Westerlo | 1979 | M | 49 | 0:58:15 | 14,11 | 4:15 |
| 53 | 1191 | De Bruecker Niels | Helchteren | 1982 | M | 50 | 0:58:16 | 14,11 | 4:15 |
| 54 | 1206 | Meyvisch Tom | Hasselt | 1980 | M | 51 | 0:58:17 | 14,10 | 4:15 |
| 55 | 1132 | Joostens Jasper Frederik | Diest | 1988 | M | 52 | 0:58:36 | 14,03 | 4:17 |
| 56 | 963 | Sol Rudy | Demarsin | | M | 53 | 0:59:09 | 13,90 | 4:19 |
| 57 | 1068 | Jooken Benny | Hasselt | 1962 | M | 54 | 0:59:09 | 13,90 | 4:19 |
| 58 | 1155 | Heylen Guy | Bouwel | 1964 | M | 55 | 0:59:13 | 13,88 | 4:19 |
| 59 | 1043 | Langendries Ronny | Betekom | 1966 | M | 56 | 0:59:20 | 13,85 | 4:20 |
| 60 | 1209 | Neven John | Hoeselt | 1978 | M | 57 | 0:59:21 | 13,85 | 4:20 |
| 61 | 1221 | Hermans Stephane | Zonhoven | 1984 | M | 58 | 0:59:26 | 13,83 | 4:20 |
| 62 | 1153 | Helsen Steff | Westerlo | 1990 | M | 59 | 0:59:26 | 13,83 | 4:20 |

| PL | NR | Naam | Woonplaats/Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|--------------------|------|-----|-------|---------|-------|---------|
| 63 | 1180 | Mergaerts Benny | Baal | 1965 | M | 60 | 0:59:34 | 13,80 | 4:21 |
| 64 | 1017 | Vriens Luc | | | M | 61 | 0:59:34 | 13,80 | 4:21 |
| 65 | 1064 | Verheyden Walter | Beersel | 1963 | M | 62 | 0:59:38 | 13,78 | 4:21 |
| 66 | 1125 | Bonroy Wim | Bekkevoort | 1975 | M | 63 | 0:59:45 | 13,76 | 4:22 |
| 67 | 1226 | Van Cauwenberghe Peter | Heusden-Zolder | 1983 | M | 64 | 0:59:59 | 13,70 | 4:23 |
| 67 | 1094 | Heylighen Freddy | Begijnendijk | 1959 | M | 65 | 0:59:59 | 13,70 | 4:23 |
| 69 | 1110 | Van Den Broeck Raphael | Hasselt | 1953 | M | 66 | 1:00:00 | 13,70 | 4:23 |
| 70 | 997 | Van Opstal Rudy | A.U.Z.K | | M | 67 | 1:00:00 | 13,70 | 4:23 |
| 71 | 962 | Peeters Karen | Demarsin | | V | 4 | 1:00:02 | 13,69 | 4:23 |
| 72 | 928 | Kempeneers Alan | Ter Scoete | | M | 68 | 1:00:10 | 13,66 | 4:24 |
| 73 | 1014 | Boesmans Marc | | | M | 69 | 1:00:16 | 13,64 | 4:24 |
| 74 | 924 | Dierckx Toon | De Bosvrienden | | M | 70 | 1:00:30 | 13,59 | 4:25 |
| 75 | 1164 | Jochmans Mario | Tielt Winge | 1971 | M | 71 | 1:00:34 | 13,57 | 4:25 |
| 76 | 931 | Nuyts Peter | Ter Scoete | | M | 72 | 1:00:40 | 13,55 | 4:26 |
| 77 | 1010 | Deferme Frank | | | M | 73 | 1:00:42 | 13,54 | 4:26 |
| 78 | 1099 | Exelmans Jimmy | Veerle | | M | 74 | 1:00:46 | 13,53 | 4:26 |
| 79 | 975 | Aerts Johan | | | M | 75 | 1:00:49 | 13,52 | 4:26 |
| 80 | 1069 | Daniels Raf | Hasselt | 1971 | M | 76 | 1:01:08 | 13,45 | 4:28 |
| 81 | 982 | Schots David | | | M | 77 | 1:01:11 | 13,44 | 4:28 |
| 82 | 1046 | Lathouwers Bart | Tessenderlo | 1980 | M | 78 | 1:01:13 | 13,43 | 4:28 |
| 82 | 1104 | Fauconnier Pascal | Schoten | | M | 79 | 1:01:13 | 13,43 | 4:28 |
| 84 | 1122 | Mastrandrea Francesco | Leopoldsburg | 1982 | M | 80 | 1:01:31 | 13,36 | 4:29 |
| 85 | 935 | Peremans Geert | Ter Scoete | | M | 81 | 1:01:45 | 13,31 | 4:30 |
| 86 | 918 | Hendrikx Harry | Ter Scoete | | M | 82 | 1:01:57 | 13,27 | 4:31 |
| 87 | 1034 | De Somer Antoine | Mortsel | 1973 | M | 83 | 1:02:00 | 13,26 | 4:32 |
| 88 | 1173 | Boeckx Katleen | Geel | 1977 | V | 5 | 1:02:04 | 13,24 | 4:32 |
| 89 | 1162 | De Haes Roland | Lommeloeel | 1976 | M | 84 | 1:02:06 | 13,24 | 4:32 |
| 90 | 1087 | Nevelsteen Staf | Booischoot | 1955 | M | 85 | 1:02:11 | 13,22 | 4:32 |
| 91 | 1182 | Van Den Brande Filip | Wiekevorst | 1969 | M | 86 | 1:02:11 | 13,22 | 4:32 |
| 92 | 1073 | Vervoort Paul | Ham | 1964 | M | 87 | 1:02:13 | 13,21 | 4:32 |
| 93 | 967 | Haepers Jan | | | M | 88 | 1:02:19 | 13,19 | 4:33 |
| 94 | 911 | Didden Peter | Ter Scoete | | M | 89 | 1:02:27 | 13,16 | 4:34 |
| 95 | 1066 | Frederickx Willy | Bekkevoort | | M | 90 | 1:02:36 | 13,13 | 4:34 |
| 96 | 1103 | Van Elven Gino | Langdorp | | M | 91 | 1:02:39 | 13,12 | 4:34 |
| 97 | 1026 | Van De Bergh Mario | De Bosrand | 1970 | M | 92 | 1:02:42 | 13,11 | 4:35 |
| 98 | 1113 | Duchateou Rene | Binkom | 1968 | M | 93 | 1:02:50 | 13,08 | 4:35 |
| 99 | 1045 | Lathouwers Gust | Lanaken | 1954 | M | 94 | 1:02:56 | 13,06 | 4:36 |
| 100 | 937 | Reymen Alex | Ter Scoete | | M | 95 | 1:03:22 | 12,97 | 4:38 |
| 101 | 1142 | Verheyen Raf | Bierbeek | | M | 96 | 1:03:23 | 12,97 | 4:38 |
| 102 | 915 | Ghoos Jos | Ter Scoete | | M | 97 | 1:03:24 | 12,97 | 4:38 |
| 103 | 1192 | De Bruecker Willy | Heppen | 1956 | M | 98 | 1:03:26 | 12,96 | 4:38 |
| 104 | 946 | Vanroy Gunther | Ter Scoete | | M | 99 | 1:03:32 | 12,94 | 4:38 |
| 105 | 1222 | Broers Jeroen | Hoeselt | 1984 | M | 100 | 1:03:35 | 12,93 | 4:38 |
| 106 | 945 | Vandeweyer Moni | Ter Scoete | | V | 6 | 1:03:41 | 12,91 | 4:39 |
| 107 | 1076 | Verboven Stefan | | 1975 | M | 101 | 1:03:42 | 12,90 | 4:39 |
| 108 | 1138 | Dieltiens Katrien | Arendonk | | V | 7 | 1:03:51 | 12,87 | 4:40 |
| 109 | 1156 | Flipkens Ben | Lummen | 1974 | M | 102 | 1:03:54 | 12,86 | 4:40 |
| 110 | 1003 | Gregoor Tamara | Mijn Hond | | V | 8 | 1:03:56 | 12,86 | 4:40 |
| 111 | 1130 | Swinnen Margot | Neerpelt | 1963 | V | 9 | 1:03:57 | 12,85 | 4:40 |
| 112 | 1115 | Wouters Luc | Tongerlo | 1968 | M | 103 | 1:04:07 | 12,82 | 4:41 |
| 113 | 1139 | Peeters Patrick | Diest | | M | 104 | 1:04:08 | 12,82 | 4:41 |
| 114 | 1204 | Torfs Ivo | Aarschoot | 1965 | M | 105 | 1:04:11 | 12,81 | 4:41 |
| 115 | 1000 | De Borger Ilse | Mijn Hond | | V | 10 | 1:04:19 | 12,78 | 4:42 |
| 116 | 1001 | Lemmens Danny | Mijn Hond | | M | 106 | 1:04:19 | 12,78 | 4:42 |
| 117 | 1150 | Geeraerts Pieter | Geel | 1980 | M | 107 | 1:04:24 | 12,76 | 4:42 |
| 118 | 1036 | Lemmens Filip | Mortsel | 1973 | M | 108 | 1:04:25 | 12,76 | 4:42 |
| 119 | 1098 | Huysmans Jef | Westerlo | | M | 109 | 1:04:34 | 12,73 | 4:43 |
| 120 | 1151 | Geeraerts Maarten | Geel | 1977 | M | 110 | 1:04:39 | 12,71 | 4:43 |
| 121 | 936 | Rerren Gust | Ter Scoete | | M | 111 | 1:04:45 | 12,69 | 4:44 |
| 122 | 1224 | Pelgrims Edouard | St-Lambrechts-Herk | 1955 | M | 112 | 1:04:48 | 12,69 | 4:44 |
| 123 | 1027 | Van Bael Ronny | De Bosrand | 1959 | M | 113 | 1:04:51 | 12,68 | 4:44 |
| 124 | 1189 | Luyts Emiel | Veltem | 1959 | M | 114 | 1:05:12 | 12,61 | 4:46 |
| 125 | 1078 | Kleynen Serge | Mechelen | 1970 | M | 115 | 1:05:15 | 12,60 | 4:46 |
| 126 | 970 | Mertens Fiene | Renladiesbike | | V | 11 | 1:05:23 | 12,57 | 4:46 |
| 127 | 1152 | Kempenaers Koen | | 1965 | M | 116 | 1:05:40 | 12,52 | 4:48 |

| PL | NR | Naam | Woonplaats/Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|-------------------|------|-----|-------|---------|-------|---------|
| 128 | 1106 | Coppens Toon | Lier | 1978 | M | 117 | 1:05:41 | 12,51 | 4:48 |
| 129 | 1108 | Govaerts Kris | St Truiden | 1952 | M | 118 | 1:05:48 | 12,49 | 4:48 |
| 130 | 1109 | Van Zand Maja | St Truiden | 1956 | V | 12 | 1:05:48 | 12,49 | 4:48 |
| 131 | 949 | Vervoort Alex | Ter Scoete | | M | 119 | 1:05:51 | 12,48 | 4:48 |
| 132 | 1107 | Van Hoorebeke Christof | Deurne | 1973 | M | 120 | 1:05:54 | 12,47 | 4:49 |
| 133 | 1128 | Beyers Erik | Morkhoven | 1964 | M | 121 | 1:05:56 | 12,47 | 4:49 |
| 134 | 1067 | Vlayen Jules | Bekkevoort | 1955 | M | 122 | 1:05:58 | 12,46 | 4:49 |
| 135 | 1117 | Van Den Eynde Johan | Tongerlo | | M | 123 | 1:06:06 | 12,44 | 4:49 |
| 136 | 977 | Kusseneers Luc | | | M | 124 | 1:06:07 | 12,43 | 4:50 |
| 137 | 1121 | Haemhouts Kristof | Tongerlo | 1983 | M | 125 | 1:06:09 | 12,43 | 4:50 |
| 138 | 1059 | Willems Luc | Hasselt | | M | 126 | 1:06:12 | 12,42 | 4:50 |
| 139 | 929 | Koeck Jana | Ter Scoete | | V | 13 | 1:06:22 | 12,39 | 4:51 |
| 140 | 1143 | Rens Gert | Meerhout | 1967 | M | 127 | 1:06:30 | 12,36 | 4:51 |
| 141 | 1160 | De Leo Natalino | Beek NL | 1971 | M | 128 | 1:06:35 | 12,35 | 4:52 |
| 142 | 294 | Daems Toon | | | M | 129 | 1:06:35 | 12,35 | 4:52 |
| 143 | 933 | Peeters Rudy | Ter Scoete | | M | 130 | 1:06:43 | 12,32 | 4:52 |
| 144 | 1058 | Jorissen Johan | Maatricht | 1971 | M | 131 | 1:06:46 | 12,31 | 4:52 |
| 145 | 1097 | Vanduren Stefan | Tessengerlo | | M | 132 | 1:06:49 | 12,30 | 4:53 |
| 146 | 1030 | De Kort Jeroen | T Backhuys | 1962 | M | 133 | 1:06:51 | 12,30 | 4:53 |
| 147 | 1145 | Beerten Jan | Olen | | M | 134 | 1:06:52 | 12,29 | 4:53 |
| 148 | 1075 | Vermeiren Tom | Molenstede | 1973 | M | 135 | 1:06:55 | 12,28 | 4:53 |
| 149 | 1083 | Claes Francis | Diest | 1966 | M | 136 | 1:06:58 | 12,27 | 4:53 |
| 150 | 1140 | Oris Frank | Oud Turnhout | | M | 137 | 1:07:01 | 12,27 | 4:54 |
| 151 | 1120 | Drijvers Kris | Diest | 1965 | M | 138 | 1:07:05 | 12,25 | 4:54 |
| 152 | 1157 | Biscop Dirk | Rotselaar | 1964 | M | 139 | 1:07:07 | 12,25 | 4:54 |
| 153 | 979 | Jacobs Joseph | Ac Break | | M | 140 | 1:07:07 | 12,25 | 4:54 |
| 154 | 1057 | Torfs Benny | Itegem | 1970 | M | 141 | 1:07:25 | 12,19 | 4:55 |
| 155 | 1179 | Verbist Geert | Diest | 1976 | M | 142 | 1:07:31 | 12,17 | 4:56 |
| 156 | 1178 | Leppens Ludo | Lommel | 1954 | M | 143 | 1:07:38 | 12,15 | 4:56 |
| 157 | 1186 | Schoofs Chris | Balen | 1979 | M | 144 | 1:07:43 | 12,14 | 4:57 |
| 158 | 1071 | Tijskens Guido | Leefdaal | 1959 | M | 145 | 1:07:44 | 12,14 | 4:57 |
| 159 | 1129 | Peeters Anniek | Neerpelt | 1970 | V | 14 | 1:07:45 | 12,13 | 4:57 |
| 160 | 1127 | Moermans Sarah | Mol | 1979 | V | 15 | 1:07:54 | 12,11 | 4:57 |
| 161 | 1235 | Fontaine Maarten | | 1987 | M | 146 | 1:07:57 | 12,10 | 4:58 |
| 162 | 910 | Deferme Bart | Ter Scoete | | M | 147 | 1:07:57 | 12,10 | 4:58 |
| 163 | 904 | Bensch Linda | Ter Scoete | | V | 16 | 1:07:58 | 12,09 | 4:58 |
| 164 | 1019 | Smolders Mario | Speelhofrunners | | M | 148 | 1:07:58 | 12,09 | 4:58 |
| 165 | 1101 | Vandendorpe Rudy | Tessengerlo | | M | 149 | 1:08:00 | 12,09 | 4:58 |
| 166 | 1223 | Schevenels Raf | Kortesseem | 1980 | M | 150 | 1:08:02 | 12,08 | 4:58 |
| 167 | 1144 | Neyens Ruben | Tessengerlo | 1985 | M | 151 | 1:08:03 | 12,08 | 4:58 |
| 168 | 951 | Paelmaers Guy | De Bosvrienden | | M | 152 | 1:08:05 | 12,07 | 4:58 |
| 169 | 295 | Daems Lieke | | | V | 17 | 1:08:14 | 12,05 | 4:59 |
| 170 | 1203 | Schepers Luc | Lummen | 1960 | M | 153 | 1:08:14 | 12,05 | 4:59 |
| 171 | 1220 | Dens Robby | Ham | 1994 | M | 154 | 1:08:15 | 12,04 | 4:59 |
| 172 | 1054 | Veekmans Wim | Ham | 1978 | M | 155 | 1:08:17 | 12,04 | 4:59 |
| 173 | 1219 | Thijs Benjamin | Koersel | 1980 | M | 156 | 1:08:29 | 12,00 | 5:00 |
| 174 | 1147 | Godelaine Kurt | Tessengerlo | 1987 | M | 157 | 1:08:30 | 12,00 | 5:00 |
| 175 | 1199 | Nuyts Heidi | Molenstede | 1968 | V | 18 | 1:08:46 | 11,95 | 5:01 |
| 176 | 1005 | Reijnkens Marleen | Mijn Hond | | V | 19 | 1:08:46 | 11,95 | 5:01 |
| 177 | 1080 | Franck Peter | Niel | 1970 | M | 158 | 1:08:55 | 11,93 | 5:02 |
| 178 | 1102 | Moons Edwin | Diest | | M | 159 | 1:08:56 | 11,92 | 5:02 |
| 179 | 1086 | Deboutte Kristof | Tessengerlo | 1975 | M | 160 | 1:08:59 | 11,92 | 5:02 |
| 180 | 1205 | Van De Leest Harry | Langdorp | 1957 | M | 161 | 1:09:00 | 11,91 | 5:02 |
| 181 | 1161 | Roumans Noel | Maasmechelen | 1957 | M | 162 | 1:09:01 | 11,91 | 5:02 |
| 182 | 1116 | Destombers Patrick | Tongerlo | | M | 163 | 1:09:07 | 11,89 | 5:03 |
| 183 | 1201 | Bertels Willy | Geel | 1947 | M | 164 | 1:09:25 | 11,84 | 5:04 |
| 184 | 1165 | Goormoen Corneel | Heist Op Den Berg | 1971 | M | 165 | 1:09:30 | 11,83 | 5:04 |
| 184 | 1166 | Van Dijck Michael | Heist Op Den Berg | 1964 | M | 166 | 1:09:30 | 11,83 | 5:04 |
| 186 | 1188 | Michiels Bart | Schaffen | 1968 | M | 167 | 1:09:35 | 11,81 | 5:05 |
| 187 | 909 | Deboel Frank | Ter Scoete | | M | 168 | 1:09:35 | 11,81 | 5:05 |
| 188 | 1212 | Verheyen Ann | Olmen | 1983 | V | 20 | 1:09:36 | 11,81 | 5:05 |
| 189 | 1214 | Vrijssen Valere | Zonhoven | 1961 | M | 169 | 1:09:44 | 11,79 | 5:05 |
| 190 | 1124 | 'S Jegers Filip | Tessengerlo | 1973 | M | 170 | 1:09:45 | 11,78 | 5:05 |
| 191 | 1056 | Haest Eric | Kasterlee | 1955 | M | 171 | 1:10:01 | 11,74 | 5:07 |
| 192 | 968 | Torremans Jos | Alv | | M | 172 | 1:10:01 | 11,74 | 5:07 |

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|-----|------|-----------------------|-----------------|------|-----|-------|---------|-------|---------|
| 193 | 952 | Bernreuther Alexander | Vabco Mol | | M | 173 | 1:10:10 | 11,71 | 5:07 |
| 194 | 1090 | Duah Ben | Ham | 1958 | M | 174 | 1:10:15 | 11,70 | 5:08 |
| 195 | 1207 | Mertens Staf | Langdorp | 1978 | M | 175 | 1:10:24 | 11,68 | 5:08 |
| 196 | 995 | Nijs Bert | Ac Break | | M | 176 | 1:10:34 | 11,65 | 5:09 |
| 197 | 1236 | Vyncke Alexander | Leuven | 1988 | M | 177 | 1:10:36 | 11,64 | 5:09 |
| 198 | 985 | Kenis Fabio | | | M | 178 | 1:10:40 | 11,63 | 5:09 |
| 199 | 923 | Seykens Marc | De Bosvrienden | | M | 179 | 1:10:47 | 11,61 | 5:10 |
| 200 | 973 | Slegers Peter | Vabco Mol | | M | 180 | 1:10:57 | 11,59 | 5:11 |
| 201 | 1229 | Convens Peter | Meerhout | 1968 | M | 181 | 1:10:57 | 11,59 | 5:11 |
| 202 | 955 | Jansen David | Vabco Mol | | M | 182 | 1:10:58 | 11,58 | 5:11 |
| 203 | 1089 | Donders Petrus | Geel | 1967 | M | 183 | 1:11:04 | 11,57 | 5:11 |
| 204 | 1047 | Schepers Kristof | Tessengerlolo | 1971 | M | 184 | 1:11:11 | 11,55 | 5:12 |
| 205 | 1211 | Buekers Marc | Zonhoven | 1955 | M | 185 | 1:11:12 | 11,54 | 5:12 |
| 206 | 1105 | Hellebout Chris | Vilvoorde | 1968 | M | 186 | 1:11:18 | 11,53 | 5:12 |
| 207 | 1048 | Marien Walter | Hulshout | 1959 | M | 187 | 1:11:27 | 11,50 | 5:13 |
| 208 | 1217 | Calatabiano Roberto | Houthalen | 1977 | M | 188 | 1:11:30 | 11,50 | 5:13 |
| 209 | 1234 | Vranken Jorgen | Mechelen | 1974 | M | 189 | 1:11:40 | 11,47 | 5:14 |
| 210 | 1100 | Goetschalckx Paul | Herentals | | M | 190 | 1:11:41 | 11,47 | 5:14 |
| 211 | 1225 | Aerts Dirk | Herentals | 1962 | M | 191 | 1:11:42 | 11,46 | 5:14 |
| 212 | 1170 | Roede Henk | Lanaken | 1958 | M | 192 | 1:11:51 | 11,44 | 5:15 |
| 213 | 1218 | Vanhove Bart | Koersel | 1980 | M | 193 | 1:12:01 | 11,41 | 5:15 |
| 214 | 1111 | Vandenborne Ilse | Beringen | 1968 | V | 21 | 1:12:03 | 11,41 | 5:16 |
| 215 | 1148 | De Meyere Francis | Bekkevoort | 1982 | M | 194 | 1:12:04 | 11,41 | 5:16 |
| 216 | 991 | Fries Jossi | | | M | 195 | 1:12:11 | 11,39 | 5:16 |
| 217 | 989 | Op De Beeck Lise | | | V | 22 | 1:12:17 | 11,37 | 5:17 |
| 218 | 1210 | Nelissen Mark | Diepenbeek | 1980 | M | 196 | 1:12:20 | 11,36 | 5:17 |
| 219 | 1141 | Roex Harie | Veldzewelt | | M | 197 | 1:12:32 | 11,33 | 5:18 |
| 220 | 1021 | Hemelaer Alain | De Bosvrienden | | M | 198 | 1:12:38 | 11,32 | 5:18 |
| 221 | 1072 | Claes Valentin | Hasselt | 1965 | M | 199 | 1:12:53 | 11,28 | 5:19 |
| 222 | 969 | Leyzen Luk | Roba | | M | 200 | 1:12:55 | 11,27 | 5:19 |
| 223 | 1112 | Vanhove Bert | Keerbergen | 1963 | M | 201 | 1:12:56 | 11,27 | 5:19 |
| 224 | 934 | Peeters Francois | Ter Scoete | | M | 202 | 1:12:57 | 11,27 | 5:19 |
| 225 | 976 | Van Heertum Denise | Alv | | V | 23 | 1:12:58 | 11,27 | 5:20 |
| 226 | 1070 | Van Herck Didier | Hasselt | 1968 | M | 203 | 1:12:58 | 11,27 | 5:20 |
| 227 | 913 | Finoulst Marleen | Ter Scoete | | V | 24 | 1:12:59 | 11,26 | 5:20 |
| 228 | 1096 | Destreel Dag | Hasselt | | M | 204 | 1:13:08 | 11,24 | 5:20 |
| 229 | 1009 | Schegers Tom | | | M | 205 | 1:13:30 | 11,18 | 5:22 |
| 230 | 906 | Bruynicksx Myriam | Ter Scoete | | V | 25 | 1:13:31 | 11,18 | 5:22 |
| 231 | 1060 | Debruyne Andy | Herk De Stad | 1987 | M | 206 | 1:13:43 | 11,15 | 5:23 |
| 232 | 1082 | Mertens Ivan | Beverlo | 1977 | M | 207 | 1:13:47 | 11,14 | 5:23 |
| 233 | 1118 | Slozack Kevin | Waasmunster | 1986 | M | 208 | 1:13:48 | 11,14 | 5:23 |
| 234 | 1163 | Caers Jozef | Mol | 1963 | M | 209 | 1:13:50 | 11,13 | 5:23 |
| 235 | 1063 | Van Stappen Chris | Wilrijk | 1965 | M | 210 | 1:13:51 | 11,13 | 5:23 |
| 236 | 1131 | Philippaerts Greta | Alken | 1964 | V | 26 | 1:13:51 | 11,13 | 5:23 |
| 237 | 1215 | De Volder Mario | Geel | 1964 | M | 211 | 1:13:51 | 11,13 | 5:23 |
| 238 | 990 | Hanon Erwin | | | M | 212 | 1:14:00 | 11,11 | 5:24 |
| 239 | 919 | Eyckmans Eric | | | M | 213 | 1:14:03 | 11,10 | 5:24 |
| 240 | 1230 | Moris Bert | Laakdal | 1980 | M | 214 | 1:14:11 | 11,08 | 5:25 |
| 241 | 1050 | Smeyers An | Mol | 1978 | V | 27 | 1:14:33 | 11,03 | 5:26 |
| 242 | 1051 | Bruyninckx Emmy | Balen | 1955 | V | 28 | 1:14:34 | 11,02 | 5:27 |
| 243 | 1198 | Nuyts Martine | Olen | 1966 | V | 29 | 1:14:47 | 10,99 | 5:28 |
| 244 | 1181 | Placin Kenny | Ham | 1977 | M | 215 | 1:14:48 | 10,99 | 5:28 |
| 245 | 1062 | Schrevels Dirk | Wilrijk | 1965 | M | 216 | 1:14:54 | 10,97 | 5:28 |
| 246 | 1169 | Verbraeken Bart | Leuven | 1977 | M | 217 | 1:14:56 | 10,97 | 5:28 |
| 247 | 1232 | O Donnell John | Testelt | | M | 218 | 1:15:06 | 10,95 | 5:29 |
| 248 | 1065 | Vankerkhoven Jimmie | Eindhout | 1981 | M | 219 | 1:15:07 | 10,94 | 5:29 |
| 249 | 1133 | Engelen Steven | Zelem | 1972 | M | 220 | 1:15:14 | 10,93 | 5:29 |
| 250 | 960 | Berings Anita | Demarsin | | V | 30 | 1:15:26 | 10,90 | 5:30 |
| 251 | 961 | Heylen Baen | Demarsin | | M | 221 | 1:15:27 | 10,89 | 5:30 |
| 252 | 959 | Bams Kamiel | Demarsin | | M | 222 | 1:15:27 | 10,89 | 5:30 |
| 253 | 1119 | Beyens Kris | Molenstede | 1962 | M | 223 | 1:15:51 | 10,84 | 5:32 |
| 254 | 992 | Mebis Patrick | Avt Hasselt | | M | 224 | 1:15:54 | 10,83 | 5:32 |
| 255 | 1233 | Jottier Dirk | Kampenhout | 1952 | M | 225 | 1:16:04 | 10,81 | 5:33 |
| 256 | 994 | Thijs Lore | Avt Hasselt | | V | 31 | 1:16:30 | 10,75 | 5:35 |
| 257 | 993 | Theunissen Geert | Avt Hasselt | | M | 226 | 1:16:31 | 10,74 | 5:35 |

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|-----|------|-----------------------|-----------------|------|-----|-------|---------|-------|---------|
| 258 | 1123 | Van Loy Kristof | Beverlo | 1980 | M | 227 | 1:16:49 | 10,70 | 5:36 |
| 259 | 1227 | Punie Johan | Kortesseem | 1961 | M | 228 | 1:16:55 | 10,69 | 5:37 |
| 260 | 1061 | Manschoven Rene | Alken | 1954 | M | 229 | 1:17:38 | 10,59 | 5:40 |
| 261 | 964 | Van De Weyer Marcel | Demarsin | | M | 230 | 1:17:44 | 10,57 | 5:40 |
| 262 | 1008 | Ausseloos Karine | Rmr | | V | 32 | 1:17:44 | 10,57 | 5:40 |
| 263 | 1200 | Vandeweyer Hilde | Schaffen | 1965 | V | 33 | 1:17:48 | 10,57 | 5:41 |
| 264 | 1154 | De Bruyn Jan Louis | Diest | 1977 | M | 231 | 1:18:14 | 10,51 | 5:43 |
| 265 | 1020 | Lenaerts Marc | Speelhofrunners | | M | 232 | 1:18:15 | 10,50 | 5:43 |
| 266 | 1031 | Antonissen Mark | T Backhuys | 1955 | M | 233 | 1:18:16 | 10,50 | 5:43 |
| 267 | 1135 | Van Gehuchten Maria | Tessengerlo | 1967 | V | 34 | 1:18:53 | 10,42 | 5:45 |
| 268 | 1018 | Van Den Heuvel Joseph | Kwb Reet | | M | 234 | 1:18:58 | 10,41 | 5:46 |
| 269 | 1228 | Tielens Jan | Zonhoven | 1960 | M | 235 | 1:18:58 | 10,41 | 5:46 |
| 270 | 1011 | De Laet Gommaire | | | M | 236 | 1:18:59 | 10,41 | 5:46 |
| 271 | 942 | Van Ranst Stany | Ter Scoete | | M | 237 | 1:19:01 | 10,40 | 5:46 |
| 272 | 1084 | Belien Ellie | Vorst Laakdal | 1982 | V | 35 | 1:19:08 | 10,39 | 5:47 |
| 273 | 1196 | Hendrix Cindy | Overpelt | 1981 | V | 36 | 1:19:11 | 10,38 | 5:47 |
| 274 | 1195 | Mentens Raf | Overpelt | 1972 | M | 238 | 1:19:12 | 10,38 | 5:47 |
| 275 | 1039 | De Bens Eric | Mortsel | | M | 239 | 1:19:27 | 10,35 | 5:48 |
| 276 | 1029 | Verschueren Ivan | T Backhuys | 1967 | M | 240 | 1:19:28 | 10,34 | 5:48 |
| 277 | 1177 | Van Lommel Marleen | | 1969 | V | 37 | 1:19:58 | 10,28 | 5:50 |
| 278 | 1081 | Vleugels Dirk | Waver | 1955 | M | 241 | 1:20:45 | 10,18 | 5:54 |
| 279 | 930 | Meire Geertje | Ter Scoete | | V | 38 | 1:20:51 | 10,17 | 5:54 |
| 280 | 941 | Steenbruggen Annelijn | Ter Scoete | | M | 242 | 1:20:51 | 10,17 | 5:54 |
| 281 | 1168 | Alders Els | Maasmechelen | 1968 | V | 39 | 1:21:29 | 10,09 | 5:57 |
| 282 | 1167 | Panis Luc | Lanaken | 1966 | M | 243 | 1:21:30 | 10,09 | 5:57 |
| 283 | 1035 | De Marhoix Nicole | Mortsel | 1973 | V | 40 | 1:21:46 | 10,05 | 5:58 |
| 284 | 1092 | Cox Sigrid | Berbroek | 1981 | V | 41 | 1:22:05 | 10,01 | 5:59 |
| 285 | 1041 | Leysen Vicky | Brecht | 1991 | V | 42 | 1:22:12 | 10,00 | 6:00 |
| 286 | 1042 | Scheire Jeanneke | Brecht | 1963 | V | 43 | 1:22:12 | 10,00 | 6:00 |
| 287 | 1088 | Verbruggen Marc | Kessel | 1973 | M | 244 | 1:22:43 | 9,94 | 6:02 |
| 288 | 957 | Peeters Richard | Vabco Mol | | M | 245 | 1:22:52 | 9,92 | 6:03 |
| 289 | 1012 | Taillander Denis | | | M | 246 | 1:22:55 | 9,91 | 6:03 |
| 290 | 1174 | Spillebeen Els | Tessengerlo | 1971 | V | 44 | 1:23:48 | 9,81 | 6:07 |
| 291 | 1176 | Willems Bart | Tessengerlo | 1968 | M | 247 | 1:23:49 | 9,81 | 6:07 |
| 292 | 568 | Geukens Peggy | Vabco Mol | | V | 45 | 1:24:24 | 9,74 | 6:10 |
| 292 | 593 | Van Gestel Ilse | Vabco Mol | | V | 46 | 1:24:24 | 9,74 | 6:10 |
| 294 | 1126 | Vanlommel Swa | Mol | 1946 | M | 248 | 1:24:25 | 9,74 | 6:10 |
| 295 | 956 | Luypaerts Michel | Vabco Mol | | M | 249 | 1:24:26 | 9,74 | 6:10 |
| 296 | 1190 | Mens Hans | Geel | 1969 | M | 250 | 1:24:30 | 9,73 | 6:10 |
| 297 | 920 | Declerq Dagmar | | | V | 47 | 1:24:32 | 9,72 | 6:10 |
| 298 | 1016 | Hoefkens Karel | | | M | 251 | 1:24:52 | 9,69 | 6:12 |
| 299 | 1137 | Convens Alex | Herenthout | 1967 | M | 252 | 1:24:53 | 9,68 | 6:12 |
| 300 | 996 | Laenen Linda | Ac Break | | V | 48 | 1:25:00 | 9,67 | 6:12 |
| 301 | 999 | Lemmens Martine | Mijn Hond | | V | 49 | 1:25:38 | 9,60 | 6:15 |
| 302 | 1216 | Geyskens Sonja | Houthalen | 1973 | V | 50 | 1:25:53 | 9,57 | 6:16 |
| 303 | 1007 | Labarque Veerle | | | V | 51 | 1:26:10 | 9,54 | 6:17 |
| 304 | 971 | Walstock John | Alv | | M | 253 | 1:26:27 | 9,51 | 6:19 |
| 305 | 1044 | Vliegen Tom | Munster Bilzen | 1985 | M | 254 | 1:26:28 | 9,51 | 6:19 |
| 306 | 1006 | Goetschalckx Rit | Vabco Mol | | V | 52 | 1:26:34 | 9,50 | 6:19 |
| 307 | 958 | Segers Jan | Vabco Mol | | M | 255 | 1:26:34 | 9,50 | 6:19 |
| 308 | 1079 | Vandeweyer Nicole | Schaffen | 1950 | V | 53 | 1:26:48 | 9,47 | 6:20 |
| 309 | 1015 | Herbots Jozef | | | M | 256 | 1:26:48 | 9,47 | 6:20 |
| 310 | 954 | Geerts Louis | Vabco Mol | | M | 257 | 1:28:56 | 9,24 | 6:29 |
| 311 | 1213 | Oste Steve | Meerhout | 1985 | M | 258 | 1:29:03 | 9,23 | 6:30 |
| 312 | 1294 | Joris Noah | | | M | 259 | 1:29:16 | 9,21 | 6:31 |
| 313 | 980 | Smolders Nadine | | | V | 54 | 1:36:14 | 8,54 | 7:01 |