

1e Sterrebosloop Rumbeke - 28 september 2013

3,5 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|-------------------|-----|-------|---------|-------|---------|
| 1 | 328 | Hoet Robin | Gits | M | 1 | 0:12:17 | 17,10 | 3:31 |
| 2 | 940 | Despeghele Frederic | Staden | M | 2 | 0:12:18 | 17,07 | 3:31 |
| 3 | 670 | Verstichele Victor | Gits | M | 3 | 0:12:20 | 17,03 | 3:31 |
| 4 | 136 | De Meestere Martijn | Roeselare | M | 4 | 0:12:33 | 16,73 | 3:35 |
| 5 | 984 | Priem Whytic | Roeselare | M | 5 | 0:12:51 | 16,34 | 3:40 |
| 6 | 245 | Devloo Gilles | Roeselare | M | 6 | 0:13:14 | 15,87 | 3:47 |
| 7 | 547 | Van Acker Tom | Rumbeke | M | 7 | 0:13:44 | 15,29 | 3:55 |
| 8 | 275 | Duprez Kevin | Roeselare | M | 8 | 0:14:11 | 14,81 | 4:03 |
| 9 | 335 | Huyghebaert Mattias | Oudenaarde | M | 9 | 0:14:13 | 14,77 | 4:04 |
| 10 | 507 | Spriet Alisa | Roeselare | V | 1 | 0:14:42 | 14,29 | 4:12 |
| 11 | 236 | Desmet Victor | Roeselare | M | 10 | 0:14:42 | 14,29 | 4:12 |
| 12 | 311 | Goddeeris Stijn | Roeselare | M | 11 | 0:14:43 | 14,27 | 4:12 |
| 13 | 641 | Verbeest Bjorn | Geluwe | M | 12 | 0:14:57 | 14,05 | 4:16 |
| 14 | 896 | Cambier Luc | Roeselare | M | 13 | 0:15:00 | 14,00 | 4:17 |
| 15 | 976 | Deforche Lars | Rumbeke | M | 14 | 0:15:04 | 13,94 | 4:18 |
| 16 | 569 | Vandaele Willem | Langemark | M | 15 | 0:15:14 | 13,79 | 4:21 |
| 17 | 677 | Viaene Siebe | Rumbeke | M | 16 | 0:15:15 | 13,77 | 4:21 |
| 18 | 849 | Huyghebaert Jeamie | Roeselare | M | 17 | 0:15:18 | 13,73 | 4:22 |
| 19 | 187 | Deforche Maxime | Rumbeke | M | 18 | 0:15:20 | 13,70 | 4:23 |
| 20 | 944 | De Marez Michèle | Roeselare | V | 2 | 0:15:23 | 13,65 | 4:24 |
| 21 | 471 | Robyn Geoffrey | Roeselare | M | 19 | 0:15:33 | 13,50 | 4:27 |
| 22 | 244 | Devloo Dries | Roeselare | M | 20 | 0:15:49 | 13,28 | 4:31 |
| 23 | 415 | Minne Kurt | Roeselare | M | 21 | 0:15:51 | 13,25 | 4:32 |
| 24 | 237 | Desmet Emiel | Roeselare | M | 22 | 0:16:20 | 12,86 | 4:40 |
| 25 | 19 | Bataillie Maarten | Roeselare | M | 23 | 0:16:21 | 12,84 | 4:40 |
| 26 | 678 | Viaene Lars | Rumbeke | M | 24 | 0:16:22 | 12,83 | 4:41 |
| 27 | 491 | Segers Chanelle | Rumbeke | V | 3 | 0:16:28 | 12,75 | 4:42 |
| 28 | 1248 | Lippens Harry | Rumbeke | M | 25 | 0:16:30 | 12,73 | 4:43 |
| 29 | 938 | Chielens Michael | Roeselare | M | 26 | 0:16:37 | 12,64 | 4:45 |
| 30 | 1211 | Vermeulen Charles | Roeselare | M | 27 | 0:16:42 | 12,57 | 4:46 |
| 31 | 313 | Goegebeur Maarten | Staden | M | 28 | 0:16:44 | 12,55 | 4:47 |
| 32 | 666 | Vermeersch Pieter | Roeselare | M | 29 | 0:16:45 | 12,54 | 4:47 |
| 33 | 225 | Dermaut Brecht | Roeselare | M | 30 | 0:16:47 | 12,51 | 4:48 |
| 34 | 75 | Cappelle Rik | Roeselare | M | 31 | 0:16:48 | 12,50 | 4:48 |
| 35 | 1207 | Laconte Louis | Rumbeke | M | 32 | 0:16:51 | 12,46 | 4:49 |
| 36 | 211 | Demeulemeestere Sofie | Roeselare | V | 4 | 0:16:52 | 12,45 | 4:49 |
| 37 | 377 | Leupe Xander | Roeselare | M | 33 | 0:16:54 | 12,43 | 4:50 |
| 38 | 921 | Vandemoortele Shaeny | Reningelst | V | 5 | 0:16:55 | 12,41 | 4:50 |
| 39 | 192 | Deglorie Andy | Roeselare | M | 34 | 0:16:58 | 12,38 | 4:51 |
| 40 | 305 | Ghyselen Emiel | Roeselare | M | 35 | 0:16:58 | 12,38 | 4:51 |
| 41 | 117 | Cuvelier Marie | Rumbeke | V | 6 | 0:17:00 | 12,35 | 4:51 |
| 42 | 579 | Vandeginste Emiel | Roeselare | M | 36 | 0:17:02 | 12,33 | 4:52 |
| 43 | 156 | Debuyck Kurt | Moorsele | M | 37 | 0:17:04 | 12,30 | 4:53 |
| 44 | 1212 | Schulpe Johan | Roeselare | M | 38 | 0:17:05 | 12,29 | 4:53 |
| 45 | 416 | Moerman Bart | Roeselare | M | 39 | 0:17:06 | 12,28 | 4:53 |
| 46 | 694 | Lefevere Ward | Roeselare | M | 40 | 0:17:08 | 12,26 | 4:54 |
| 47 | 349 | Klein Joachim | Zwalm | M | 41 | 0:17:09 | 12,24 | 4:54 |
| 48 | 407 | Matten Yorgi | Roeselare | M | 42 | 0:17:11 | 12,22 | 4:55 |
| 49 | 268 | Ducastele Steven | Roeselare | M | 43 | 0:17:12 | 12,21 | 4:55 |
| 50 | 915 | Lombaert Michelle | Roeselare | V | 7 | 0:17:13 | 12,20 | 4:55 |
| 51 | 232 | Desloover Lorenz | Rumbeke | M | 44 | 0:17:15 | 12,17 | 4:56 |
| 52 | 1358 | Vandaele Tuur | Rumbeke | M | 45 | 0:17:17 | 12,15 | 4:56 |
| 53 | 534 | Timperman Jurgen | Rumbeke-Roeselare | M | 46 | 0:17:18 | 12,14 | 4:57 |
| 54 | 989 | Vancraynest Martin | Hoogede | M | 47 | 0:17:19 | 12,13 | 4:57 |
| 55 | 300 | Ghesquiere Sepp | Rumbeke | M | 48 | 0:17:21 | 12,10 | 4:57 |
| 56 | 78 | Carlier Laban | Roeselare | M | 49 | 0:17:23 | 12,08 | 4:58 |
| 57 | 924 | Deceuninck Maxim | Izegem | M | 50 | 0:17:24 | 12,07 | 4:58 |
| 58 | 982 | Nyffels Andy | Rumbeke | M | 51 | 0:17:25 | 12,06 | 4:59 |
| 59 | 916 | Lombaert Ruben | Roeselare | M | 52 | 0:17:26 | 12,05 | 4:59 |
| 60 | 37 | Bonte Michel | Rumbeke | M | 53 | 0:17:27 | 12,03 | 4:59 |
| 61 | 950 | Bogaert Mathis | Rumbeke | M | 54 | 0:17:29 | 12,01 | 5:00 |
| 62 | 1331 | Uyttendaele Tilo | Bavikhove | M | 55 | 0:17:30 | 12,00 | 5:00 |
| 63 | 873 | Loncke Joren | Oekene | M | 56 | 0:17:30 | 12,00 | 5:00 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|---------------------|---------------|-----|-------|---------|-------|---------|
| 64 | 264 | Donck Emiel | Rumbeke | M | 57 | 0:17:31 | 11,99 | 5:00 |
| 65 | 992 | Carron Hans | Roeselare | M | 58 | 0:17:34 | 11,95 | 5:01 |
| 66 | 132 | De Kerf Thomas | Roeselare | M | 59 | 0:17:35 | 11,94 | 5:01 |
| 67 | 47 | Bourdeau Frederique | Rumbeke | M | 60 | 0:17:36 | 11,93 | 5:02 |
| 68 | 513 | Stockman Jan | Rumbeke | M | 61 | 0:17:39 | 11,90 | 5:03 |
| 69 | 356 | Lambert Jean | Ardooië | M | 62 | 0:17:41 | 11,88 | 5:03 |
| 70 | 839 | Dewaele Peter | Roeselare | M | 63 | 0:17:43 | 11,85 | 5:04 |
| 71 | 382 | Lezy Senne | Roeselare | M | 64 | 0:17:44 | 11,84 | 5:04 |
| 72 | 567 | Vandaele Kato | Rumbeke | V | 8 | 0:17:46 | 11,82 | 5:05 |
| 73 | 113 | Cottenie Lotte | Sint-Denijs | V | 9 | 0:17:46 | 11,82 | 5:05 |
| 74 | 43 | Bouckaert Aline | Roeselare | V | 10 | 0:17:48 | 11,80 | 5:05 |
| 75 | 106 | Collette Kamiel | Rumbeke | M | 65 | 0:17:50 | 11,78 | 5:06 |
| 76 | 287 | Fieuw Aude | Roeselare | V | 11 | 0:17:50 | 11,78 | 5:06 |
| 77 | 288 | Fieuw Henri | Roeselare | M | 66 | 0:17:53 | 11,74 | 5:07 |
| 78 | 404 | Marichal Christophe | Rumbeke | M | 67 | 0:17:57 | 11,70 | 5:08 |
| 79 | 316 | Gouwy Claire | Rumbeke | V | 12 | 0:18:00 | 11,67 | 5:09 |
| 80 | 498 | Sinnaeve Fabian | Rumbeke | M | 68 | 0:18:01 | 11,66 | 5:09 |
| 81 | 510 | Staelens Lise | Rumbeke | V | 13 | 0:18:03 | 11,63 | 5:09 |
| 82 | 54 | Bruggeman Rik | Roeselare | M | 69 | 0:18:04 | 11,62 | 5:10 |
| 83 | 251 | Dewinter Sven | Geluwe | M | 70 | 0:18:06 | 11,60 | 5:10 |
| 84 | 174 | Deconink Yoeri | Rumbeke | M | 71 | 0:18:10 | 11,56 | 5:11 |
| 85 | 922 | Allegaert Benoit | Lendelede | M | 72 | 0:18:12 | 11,54 | 5:12 |
| 86 | 651 | Vereecke Siene | Roeselare | V | 14 | 0:18:15 | 11,51 | 5:13 |
| 87 | 568 | Vandaele Frits | Langemark | M | 73 | 0:18:22 | 11,43 | 5:15 |
| 88 | 980 | Rutten Dennis | Kleine Brogel | M | 74 | 0:18:23 | 11,42 | 5:15 |
| 89 | 983 | Kerkhof Niels | Roeselare | M | 75 | 0:18:27 | 11,38 | 5:16 |
| 90 | 875 | Maertens Henri | Rumbeke | M | 76 | 0:18:29 | 11,36 | 5:17 |
| 91 | 301 | Ghesquiere Lies | Rumbeke | V | 15 | 0:18:29 | 11,36 | 5:17 |
| 92 | 693 | Wydaeghe Evelien | Rumbeke | V | 16 | 0:18:32 | 11,33 | 5:18 |
| 93 | 363 | Leenknecht Dirk | Roeselare | M | 77 | 0:18:32 | 11,33 | 5:18 |
| 94 | 527 | Theuwen Kensey | Roeselare | M | 78 | 0:18:33 | 11,32 | 5:18 |
| 95 | 862 | De Maere Jelle | Roeselare | M | 79 | 0:18:36 | 11,29 | 5:19 |
| 96 | 1245 | Deschepper Johan | Ledegem | M | 80 | 0:18:45 | 11,20 | 5:21 |
| 97 | 133 | De Kerf Thierry | Roeselare | M | 81 | 0:18:49 | 11,16 | 5:23 |
| 98 | 217 | Deneir Chris | Rumbeke | M | 82 | 0:18:53 | 11,12 | 5:24 |
| 99 | 322 | Hallewaert Bruce | Izegem | M | 83 | 0:18:59 | 11,06 | 5:25 |
| 100 | 309 | Goddeeris Kathia | Oekene | V | 17 | 0:19:02 | 11,03 | 5:26 |
| 101 | 466 | Remaut Lukas | Roeselare | M | 84 | 0:19:04 | 11,01 | 5:27 |
| 102 | 1499 | Maertens Bennert | Rumbeke | M | 85 | 0:19:12 | 10,94 | 5:29 |
| 103 | 807 | Lefevere Steve | Rumbeke | M | 86 | 0:19:14 | 10,92 | 5:30 |
| 104 | 116 | Cuvelier Marc | Rumbeke | M | 87 | 0:19:17 | 10,89 | 5:31 |
| 105 | 652 | Vergult Sofie | Beernem | V | 18 | 0:19:21 | 10,85 | 5:32 |
| 106 | 432 | Nowe Febe | Gits | V | 19 | 0:19:22 | 10,84 | 5:32 |
| 107 | 514 | Stockman Willem | Rumbeke | M | 88 | 0:19:24 | 10,82 | 5:33 |
| 108 | 243 | Devloo Stefaan | Roeselare | M | 89 | 0:19:27 | 10,80 | 5:33 |
| 109 | 175 | Decroo Ilse | Roeselare | V | 20 | 0:19:28 | 10,79 | 5:34 |
| 110 | 1329 | Dugardeyn Charlotte | Roeselare | V | 21 | 0:19:30 | 10,77 | 5:34 |
| 111 | 397 | Maes Evy | Roeselare | V | 22 | 0:19:30 | 10,77 | 5:34 |
| 112 | 431 | Nowe Giovanni | Gits | M | 90 | 0:19:32 | 10,75 | 5:35 |
| 113 | 603 | Vandevijvere Iben | Roeselare | M | 91 | 0:19:34 | 10,73 | 5:35 |
| 114 | 889 | Tanghe Matthias | Roeselare | M | 92 | 0:19:35 | 10,72 | 5:36 |
| 115 | 626 | Vannieuwkerke Willy | Koekelare | M | 93 | 0:19:37 | 10,71 | 5:36 |
| 116 | 897 | Crop Rik | Wingene | M | 94 | 0:19:38 | 10,70 | 5:37 |
| 117 | 205 | Dekeyzer Basiel | Roeselare | M | 95 | 0:19:39 | 10,69 | 5:37 |
| 118 | 405 | Masselin Lennert | Roeselare | M | 96 | 0:19:40 | 10,68 | 5:37 |
| 119 | 442 | Padot Pascal | Rumbeke | M | 97 | 0:19:43 | 10,65 | 5:38 |
| 120 | 265 | Donck Marie | Rumbeke | V | 23 | 0:19:44 | 10,64 | 5:38 |
| 121 | 8 | Ameye Amelyne | Roeselare | V | 24 | 0:19:50 | 10,59 | 5:40 |
| 122 | 73 | Cannidis Vass | Roeselare | M | 98 | 0:19:50 | 10,59 | 5:40 |
| 123 | 526 | Tessier Liselotte | Roeselare | V | 25 | 0:19:51 | 10,58 | 5:40 |
| 124 | 223 | Derammelaere Yves | Tielt | M | 99 | 0:19:53 | 10,56 | 5:41 |
| 125 | 1251 | Deboe Machteld | Roeselare | V | 26 | 0:19:55 | 10,54 | 5:41 |
| 126 | 308 | Glorieux Annelies | Passendale | V | 27 | 0:19:57 | 10,53 | 5:42 |
| 127 | 85 | Catteeu Christine | Roeselare | V | 28 | 0:19:59 | 10,51 | 5:43 |
| 128 | 7 | Ameye Cyriel | Roeselare | M | 100 | 0:20:02 | 10,48 | 5:43 |
| 129 | 604 | Vandevijvere Peter | Roeselare | M | 101 | 0:20:04 | 10,47 | 5:44 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|--------------------|-----|-------|---------|-------|---------|
| 130 | 841 | Synaeve Hans | Kachtem | M | 102 | 0:20:06 | 10,45 | 5:45 |
| 131 | 319 | Haelewyn Liam | Roeselare | M | 103 | 0:20:10 | 10,41 | 5:46 |
| 132 | 460 | Pottie Liesbeth | Oudenaarde | V | 29 | 0:20:13 | 10,39 | 5:47 |
| 133 | 554 | Van De Vijver Maarten | Roeselare | M | 104 | 0:20:15 | 10,37 | 5:47 |
| 134 | 69 | Callewaert Stan | Tielt | M | 105 | 0:20:16 | 10,36 | 5:47 |
| 135 | 501 | Sinnesael Pauline | Roeselare | V | 30 | 0:20:18 | 10,34 | 5:48 |
| 136 | 303 | Gheysen Marie | Rumbeke | V | 31 | 0:20:20 | 10,33 | 5:49 |
| 137 | 29 | Biesbrouck Sofie | Rumbeke | V | 32 | 0:20:23 | 10,30 | 5:49 |
| 138 | 170 | Declercq Eline | Waregem | V | 33 | 0:20:26 | 10,28 | 5:50 |
| 139 | 1500 | Maertens Tom | Rumbeke | M | 106 | 0:20:28 | 10,26 | 5:51 |
| 140 | 948 | Bogaert Emile | Rumbeke | M | 107 | 0:20:30 | 10,24 | 5:51 |
| 141 | 1215 | Cloet Heidi | Ledegem | V | 34 | 0:20:40 | 10,16 | 5:54 |
| 142 | 472 | Roelens Sonja | Rumbeke | V | 35 | 0:20:44 | 10,13 | 5:55 |
| 143 | 176 | Decroo Annick | Roeselare | V | 36 | 0:20:44 | 10,13 | 5:55 |
| 144 | 46 | Boudry Marc | Roeselare | M | 108 | 0:20:46 | 10,11 | 5:56 |
| 145 | 1246 | Verledens May | Izegem | M | 109 | 0:20:48 | 10,10 | 5:57 |
| 146 | 413 | Messiaen Jan | Ieper | M | 110 | 0:20:50 | 10,08 | 5:57 |
| 147 | 468 | Reusens Eric | Roeselare | M | 111 | 0:20:52 | 10,06 | 5:58 |
| 148 | 1232 | Vansteenckiste Baptiste | Rumbeke | M | 112 | 0:20:56 | 10,03 | 5:59 |
| 149 | 410 | Mauroo Julie | Anzegem | V | 37 | 0:20:59 | 10,01 | 6:00 |
| 150 | 408 | Matten Cheyenne | Roeselare | V | 38 | 0:21:02 | 9,98 | 6:01 |
| 151 | 406 | Masselin Jan | Roeselare | M | 113 | 0:21:04 | 9,97 | 6:01 |
| 152 | 164 | Deceuninck Lies | Dadizele | V | 39 | 0:21:06 | 9,95 | 6:02 |
| 153 | 130 | De Costere Valerie | Roeselare | V | 40 | 0:21:07 | 9,94 | 6:02 |
| 154 | 367 | Leenknecht Hilde | Ieper | V | 41 | 0:21:13 | 9,90 | 6:04 |
| 155 | 473 | Roelens Martine | Wervik | V | 42 | 0:21:15 | 9,88 | 6:04 |
| 156 | 17 | Baert Jana | Roeselare | V | 43 | 0:21:19 | 9,85 | 6:05 |
| 157 | 901 | Veplancke Lieve | Izegem | V | 44 | 0:21:20 | 9,84 | 6:06 |
| 158 | 430 | Nollet Aurelie | Roeselare | V | 45 | 0:21:21 | 9,84 | 6:06 |
| 159 | 650 | Verduyn Jurgen | Roeselare | M | 114 | 0:21:23 | 9,82 | 6:07 |
| 160 | 1235 | Robert Canina | Menen | V | 46 | 0:21:24 | 9,81 | 6:07 |
| 161 | 277 | Durnez Magda | Geluwe | V | 47 | 0:21:25 | 9,81 | 6:07 |
| 162 | 412 | Messiaen Evelien | Rumbeke | V | 48 | 0:21:26 | 9,80 | 6:07 |
| 163 | 996 | Staelens Sam | Roeselare | M | 115 | 0:21:28 | 9,78 | 6:08 |
| 164 | 638 | Vens Sarah | Roeselare | V | 49 | 0:21:31 | 9,76 | 6:09 |
| 165 | 647 | Vercaigne Sophie | Wevelgem | V | 50 | 0:21:34 | 9,74 | 6:10 |
| 166 | 462 | Pype Carlos | Wevelgem | M | 116 | 0:21:38 | 9,71 | 6:11 |
| 167 | 1242 | Declercq Hanne | Izegem | V | 51 | 0:21:38 | 9,71 | 6:11 |
| 168 | 692 | Wtterwulghes Loes | Roeselare | V | 52 | 0:21:39 | 9,70 | 6:11 |
| 169 | 848 | Coene Lies | Roeselare | V | 53 | 0:21:40 | 9,69 | 6:11 |
| 170 | 474 | Rommel Rebecca | Izegem | V | 54 | 0:21:42 | 9,68 | 6:12 |
| 171 | 344 | Kesteloot Kristof | Sint-Eloois-Winkel | M | 117 | 0:21:43 | 9,67 | 6:12 |
| 172 | 893 | Vandecaveye Yben | Wingene | M | 118 | 0:21:45 | 9,66 | 6:13 |
| 173 | 578 | Vandecasteele Siska | Roeselare | V | 55 | 0:21:46 | 9,65 | 6:13 |
| 174 | 981 | Vanderhaeghen Anabel | Moorslede | V | 56 | 0:21:47 | 9,64 | 6:13 |
| 175 | 122 | Danneels Ralph | Roeselare | M | 119 | 0:21:48 | 9,63 | 6:14 |
| 176 | 489 | Segaert Annemie | Rumbeke | V | 57 | 0:21:49 | 9,63 | 6:14 |
| 177 | 274 | Dupont Emily | Hoogdele | V | 58 | 0:21:50 | 9,62 | 6:14 |
| 178 | 131 | De Jaeger Sandra | Rumbeke | V | 59 | 0:21:52 | 9,60 | 6:15 |
| 179 | 986 | Masselin Louise | Roeselare | V | 60 | 0:21:54 | 9,59 | 6:15 |
| 180 | 543 | Tyberghien Aaron | Staden | M | 120 | 0:21:55 | 9,58 | 6:16 |
| 181 | 1334 | Huysentruyt Geert | Rumbeke | M | 121 | 0:21:56 | 9,57 | 6:16 |
| 182 | 804 | Vanaudenaarde Veerle | Rumbeke | V | 61 | 0:21:57 | 9,57 | 6:16 |
| 183 | 279 | Duyck Joke | Roeselare | V | 62 | 0:21:58 | 9,56 | 6:17 |
| 184 | 878 | Matias Ramon Leon | Roeselare | M | 122 | 0:22:00 | 9,55 | 6:17 |
| 185 | 879 | Leon Matios Ramon | Roeselare | M | 123 | 0:22:02 | 9,53 | 6:18 |
| 186 | 860 | Vandenberghes Françoise | Rumbeke | V | 63 | 0:22:02 | 9,53 | 6:18 |
| 187 | 389 | Luca Natalie | Wingene | V | 64 | 0:22:03 | 9,52 | 6:18 |
| 188 | 831 | Callebert Micheline | Rumbeke | V | 65 | 0:22:05 | 9,51 | 6:19 |
| 189 | 278 | Duyck Gianni | Roeselare | M | 124 | 0:22:06 | 9,50 | 6:19 |
| 190 | 195 | Degroote Ariane | Roeselare | V | 66 | 0:22:08 | 9,49 | 6:19 |
| 191 | 2 | Aerbeydt Lara | Roeselare | V | 67 | 0:22:09 | 9,48 | 6:20 |
| 192 | 1250 | Fonteyne Nathalie | Roeselare | V | 68 | 0:22:10 | 9,47 | 6:20 |
| 193 | 633 | Vansteenckiste Pauline | Rumbeke | V | 69 | 0:22:11 | 9,47 | 6:20 |
| 194 | 45 | Bouckhuyt Tine | Menen | V | 70 | 0:22:12 | 9,46 | 6:21 |
| 195 | 1206 | Mahieu Nancy | Rumbeke | V | 71 | 0:22:13 | 9,45 | 6:21 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|--------------------|-----|-------|---------|------|---------|
| 196 | 436 | Onraedt Annelies | Roeselare | V | 72 | 0:22:14 | 9,45 | 6:21 |
| 197 | 55 | Bruggeman Thais | Roeselare | V | 73 | 0:22:16 | 9,43 | 6:22 |
| 198 | 502 | Smismans Alex | Roeselare | M | 125 | 0:22:16 | 9,43 | 6:22 |
| 199 | 199 | Dehulle Yulian | Roeselare | M | 126 | 0:22:18 | 9,42 | 6:22 |
| 200 | 927 | Stragier Tine | Rumbeke | V | 74 | 0:22:19 | 9,41 | 6:23 |
| 201 | 129 | De Costere Stefanie | Roeselare | V | 75 | 0:22:20 | 9,40 | 6:23 |
| 202 | 209 | Dely Dirk | Hooglede | M | 127 | 0:22:20 | 9,40 | 6:23 |
| 203 | 923 | Soetens Nathalie | Lendelede | V | 76 | 0:22:22 | 9,39 | 6:23 |
| 204 | 622 | Vanneste Danny | Bavikhove | M | 128 | 0:22:25 | 9,37 | 6:24 |
| 205 | 610 | Vanhee Christa | Dadizele | V | 77 | 0:22:28 | 9,35 | 6:25 |
| 206 | 492 | Sercu Katrien | Roeselare | V | 78 | 0:22:32 | 9,32 | 6:26 |
| 207 | 904 | Velle Magda | Roeselare | V | 79 | 0:22:35 | 9,30 | 6:27 |
| 208 | 575 | Vandamme Koen | Roeselare | M | 129 | 0:22:41 | 9,26 | 6:29 |
| 209 | 165 | Deceuninck Lore | Moorslede | V | 80 | 0:22:43 | 9,24 | 6:29 |
| 210 | 94 | Claeys Amina | Roeselare | V | 81 | 0:22:48 | 9,21 | 6:31 |
| 211 | 890 | Portier Ilse | Roeselare | V | 82 | 0:22:49 | 9,20 | 6:31 |
| 212 | 248 | Devynck Nelle | Roeselare | V | 83 | 0:22:59 | 9,14 | 6:34 |
| 213 | 166 | Deceuninck Nesta | Roeselare | V | 84 | 0:23:03 | 9,11 | 6:35 |
| 214 | 583 | Vandenaweele Siska | Hooglede-Gits | V | 85 | 0:23:07 | 9,08 | 6:36 |
| 215 | 231 | Desimpele Mieke | Rumbeke | V | 86 | 0:23:07 | 9,08 | 6:36 |
| 216 | 539 | Tsjoen Francis | Hulste | M | 130 | 0:23:09 | 9,07 | 6:37 |
| 217 | 351 | Koppejans Karel | Heule | M | 131 | 0:23:10 | 9,06 | 6:37 |
| 218 | 375 | Lemey Joëlle | Roeselare | V | 87 | 0:23:11 | 9,06 | 6:37 |
| 219 | 629 | Vanoverschelde Olga | Roeselare | V | 88 | 0:23:13 | 9,05 | 6:38 |
| 220 | 541 | Tuytten Katelijjn | Roeselare | V | 89 | 0:23:16 | 9,03 | 6:39 |
| 221 | 863 | Hoet Sofie | Oekene | V | 90 | 0:23:18 | 9,01 | 6:39 |
| 222 | 990 | Berteloot Birgit | Rumbeke | V | 91 | 0:23:19 | 9,01 | 6:40 |
| 223 | 439 | Opsomer Johan | Sint-Eloois-Winkel | M | 132 | 0:23:22 | 8,99 | 6:41 |
| 224 | 440 | Opsomer Sarah | Sint-Eloois-Winkel | V | 92 | 0:23:23 | 8,98 | 6:41 |
| 225 | 220 | Depuydt Veerle | Rumbeke | V | 93 | 0:23:24 | 8,97 | 6:41 |
| 226 | 48 | Brackx Eva | Roeselare | V | 94 | 0:23:26 | 8,96 | 6:42 |
| 227 | 542 | Twisselmann Kati | Rumbeke | V | 95 | 0:23:27 | 8,96 | 6:42 |
| 228 | 869 | Bertrand Simon | Rumbeke | M | 133 | 0:23:32 | 8,92 | 6:43 |
| 229 | 276 | Durnez Elie | Roeselare | V | 96 | 0:23:35 | 8,90 | 6:44 |
| 230 | 379 | Levrouw Ulrike | Poelkapelle | V | 97 | 0:23:37 | 8,89 | 6:45 |
| 231 | 34 | Boene Erwin | Roeselare | M | 134 | 0:23:38 | 8,89 | 6:45 |
| 232 | 632 | Vansteenkiste Peter | Rumbeke | M | 135 | 0:23:39 | 8,88 | 6:45 |
| 233 | 253 | Dewitte Lisa | Waregem | V | 98 | 0:23:42 | 8,86 | 6:46 |
| 234 | 847 | Demol Tamara | Roeselare | V | 99 | 0:23:47 | 8,83 | 6:48 |
| 235 | 39 | Borgonie Tine | Roeselare | V | 100 | 0:23:49 | 8,82 | 6:48 |
| 236 | 193 | Degraeve Hannelore | Roeselare | V | 101 | 0:23:50 | 8,81 | 6:49 |
| 237 | 515 | Stockman Zoë | Roeselare | V | 102 | 0:23:52 | 8,80 | 6:49 |
| 238 | 1243 | Callewaert Stephanie | Ardoeie | V | 103 | 0:23:52 | 8,80 | 6:49 |
| 239 | 810 | Parrein Bernadette | Rumbeke | V | 104 | 0:23:54 | 8,79 | 6:50 |
| 240 | 425 | Mouton Marie | Hooglede | V | 105 | 0:23:56 | 8,77 | 6:50 |
| 241 | 271 | Dumolein Hilde | Balegem | V | 106 | 0:23:58 | 8,76 | 6:51 |
| 242 | 298 | Gevers Brando | Roeselare | M | 136 | 0:23:59 | 8,76 | 6:51 |
| 243 | 23 | Beernaert Mario | Roeselare | M | 137 | 0:24:00 | 8,75 | 6:51 |
| 244 | 241 | Deveeuw Heidi | Izegem | V | 107 | 0:24:03 | 8,73 | 6:52 |
| 245 | 577 | Vandecasteele Isabelle | Roeselare | V | 108 | 0:24:06 | 8,71 | 6:53 |
| 246 | 696 | Hoste Barbara | Rumbeke | V | 109 | 0:24:11 | 8,68 | 6:55 |
| 247 | 109 | Cools Liesbet | Roeselare | V | 110 | 0:24:11 | 8,68 | 6:55 |
| 248 | 530 | Thoen Mirjam | Rumbeke | V | 111 | 0:24:14 | 8,67 | 6:55 |
| 249 | 544 | Uyttenhove Louis | Roeselare-Beveren | M | 138 | 0:24:17 | 8,65 | 6:56 |
| 250 | 438 | Oosterlynck Isabel | Roeselare | V | 112 | 0:24:17 | 8,65 | 6:56 |
| 251 | 218 | Denolf Nele | Hooglede | V | 113 | 0:24:18 | 8,64 | 6:57 |
| 252 | 88 | Cauwelier Isabel | Dadizele | V | 114 | 0:24:21 | 8,62 | 6:57 |
| 253 | 630 | Vanslambrouck Amy | Roeselare | V | 115 | 0:24:24 | 8,61 | 6:58 |
| 254 | 285 | Feys Heidi | Moorslede | V | 116 | 0:24:28 | 8,58 | 6:59 |
| 255 | 250 | Dewaele Gianni | Roeselare | M | 139 | 0:24:30 | 8,57 | 7:00 |
| 256 | 388 | Logie Jo | Langemark | V | 117 | 0:24:31 | 8,57 | 7:00 |
| 257 | 414 | Meulenijser Nadia | St Sauveur | V | 118 | 0:24:32 | 8,56 | 7:01 |
| 258 | 815 | Seynaeve Hanne | Ledegem | V | 119 | 0:24:41 | 8,51 | 7:03 |
| 259 | 453 | Pattyn Jozefien | Roeselare | V | 120 | 0:24:42 | 8,50 | 7:03 |
| 260 | 816 | Bekaert Julie | Izegem | V | 121 | 0:24:43 | 8,50 | 7:04 |
| 261 | 497 | Simoens Anouchka | Roeselare | V | 122 | 0:24:44 | 8,49 | 7:04 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|-------------------|-----|-------|---------|------|---------|
| 262 | 429 | Naeyaert Nathalie | Roeselare | V | 123 | 0:24:45 | 8,48 | 7:04 |
| 263 | 642 | Verbrugge Katrien | Roeselare | V | 124 | 0:24:48 | 8,47 | 7:05 |
| 264 | 213 | Demeulenaere Isabelle | Roeselare | V | 125 | 0:25:02 | 8,39 | 7:09 |
| 265 | 1327 | Stragier Celeste | Rumbeke | V | 126 | 0:25:04 | 8,38 | 7:10 |
| 266 | 504 | Soenen Sophie | Roeselare | V | 127 | 0:25:10 | 8,34 | 7:11 |
| 267 | 564 | Vanacker Hilde | Dadizele | V | 128 | 0:25:12 | 8,33 | 7:12 |
| 268 | 659 | Verhelle Sandra | Roeselare-Rumbeke | V | 129 | 0:25:19 | 8,29 | 7:14 |
| 269 | 503 | Soenen Julie | Poelkapelle | V | 130 | 0:25:20 | 8,29 | 7:14 |
| 270 | 1205 | Vermeersch Christine | Roeselare | V | 131 | 0:25:25 | 8,26 | 7:16 |
| 271 | 488 | Schmetz Gwendoline | Izegem | V | 132 | 0:25:27 | 8,25 | 7:16 |
| 272 | 475 | Rommel Eva | Izegem | V | 133 | 0:25:28 | 8,25 | 7:17 |
| 273 | 512 | Steyaert Inge | Waregem | V | 134 | 0:25:29 | 8,24 | 7:17 |
| 274 | 487 | Santy Severine | Rumbeke | V | 135 | 0:25:34 | 8,21 | 7:18 |
| 275 | 1247 | Thurman Conny | Izegem | V | 136 | 0:25:40 | 8,18 | 7:20 |
| 276 | 242 | Devlies Robbe | Roeselare | M | 140 | 0:25:44 | 8,16 | 7:21 |
| 277 | 827 | Devlies Pieter | Roeselare | M | 141 | 0:25:46 | 8,15 | 7:22 |
| 278 | 180 | Decuypere Lut | Roeselare | V | 137 | 0:25:48 | 8,14 | 7:22 |
| 279 | 395 | Maelbrancke Sarah | Roeselare | V | 138 | 0:25:50 | 8,13 | 7:23 |
| 280 | 490 | Segers Karen | Koolskamp | V | 139 | 0:25:51 | 8,12 | 7:23 |
| 281 | 1328 | Leeuwerick Caroline | Koekelare | V | 140 | 0:25:58 | 8,09 | 7:25 |
| 282 | 22 | Beerland Isabelle | Dadizele | V | 141 | 0:26:04 | 8,06 | 7:27 |
| 283 | 872 | Patteeuw Sarah | Rumbeke | V | 142 | 0:26:05 | 8,05 | 7:27 |
| 284 | 291 | Foulon Laurence | Lendelede | V | 143 | 0:26:06 | 8,05 | 7:27 |
| 285 | 997 | Samyn Tania | Roeselare | V | 144 | 0:26:10 | 8,03 | 7:29 |
| 286 | 286 | Fiers Angel | Roeselare | V | 145 | 0:26:11 | 8,02 | 7:29 |
| 287 | 333 | Houthoofd Tina | Roeselare | V | 146 | 0:26:12 | 8,02 | 7:29 |
| 288 | 139 | De Ruyter Norlien | Roeselare | V | 147 | 0:26:14 | 8,01 | 7:30 |
| 289 | 89 | Chabnen Ahmed | Roeselare | M | 142 | 0:26:16 | 7,99 | 7:30 |
| 290 | 318 | Haelewijn Sherley | Roeselare | V | 148 | 0:26:16 | 7,99 | 7:30 |
| 291 | 858 | Bertrand Sophie | Rumbeke | V | 149 | 0:26:18 | 7,98 | 7:31 |
| 292 | 481 | Salembier Evi | Ichtegem | V | 150 | 0:26:21 | 7,97 | 7:32 |
| 293 | 171 | Declercq Kelly | Roeselare-Beveren | V | 151 | 0:26:23 | 7,96 | 7:32 |
| 294 | 523 | Tack Katrien | Varsenare | V | 152 | 0:26:23 | 7,96 | 7:32 |
| 295 | 358 | Lamote Gilbert | Roeselare | M | 143 | 0:26:40 | 7,88 | 7:37 |
| 296 | 107 | Collette Jeanne | Rumbeke | V | 153 | 0:26:44 | 7,86 | 7:38 |
| 297 | 963 | Uytendaele Seppe | Rumbeke | M | 144 | 0:26:47 | 7,84 | 7:39 |
| 298 | 21 | Becuwe Gudrun | Roeselare | V | 154 | 0:26:59 | 7,78 | 7:43 |
| 299 | 931 | De Lie Caroline | Roeselare | V | 155 | 0:27:01 | 7,77 | 7:43 |
| 300 | 861 | Vannieuwenhuyze Aline | Rumbeke | V | 156 | 0:27:03 | 7,76 | 7:44 |
| 301 | 246 | Devolder Dominique | Rumbeke | M | 145 | 0:27:06 | 7,75 | 7:45 |
| 302 | 210 | Demarré Tine | Roeselare | V | 157 | 0:27:11 | 7,73 | 7:46 |
| 303 | 81 | Casteleyn Shaila | Roeselare | V | 158 | 0:27:12 | 7,72 | 7:46 |
| 304 | 1323 | Degryse Chelsea | Roeselare | V | 159 | 0:27:45 | 7,57 | 7:56 |
| 305 | 618 | Vanmeerhaeghe Carine | Waregem | V | 160 | 0:27:48 | 7,55 | 7:57 |
| 306 | 149 | Deblauwe Brigitte | Rumbeke | V | 161 | 0:27:58 | 7,51 | 7:59 |
| 307 | 216 | Dendauw Laura | Roeselare | V | 162 | 0:28:01 | 7,50 | 8:00 |
| 308 | 855 | Ahmad Anila | Roeselare | V | 163 | 0:28:59 | 7,25 | 8:17 |
| 309 | 266 | Dorme Caroline | Hooglede | V | 164 | 0:29:47 | 7,05 | 8:31 |
| 310 | 458 | Plancke Sarah | Roeselare | V | 165 | 0:31:02 | 6,77 | 8:52 |
| 311 | 454 | Pauwels Celien | Roeselare | V | 166 | 0:31:03 | 6,76 | 8:52 |
| 312 | 70 | Callewaert Sharon | Kooigem | V | 167 | 0:33:16 | 6,31 | 9:30 |
| 313 | 160 | Decanniere Filip | Kooigem | M | 146 | 0:33:17 | 6,31 | 9:31 |
| 314 | 838 | Vandenheede Anja | Rumbeke | V | 168 | 0:40:55 | 5,13 | 11:41 |
| 315 | 837 | Ollevier Tamara | Rumbeke | V | 169 | 0:40:56 | 5,13 | 11:42 |
| 316 | 461 | Provoost Veerle | Roeselare | V | 170 | 0:40:58 | 5,13 | 11:42 |
| 317 | 257 | Dhondt Geert | Deerlijk | M | 147 | 0:41:38 | 5,04 | 11:54 |
| 318 | 41 | Bossuyt Marijke | Vichte | V | 171 | 0:41:39 | 5,04 | 11:54 |
| 319 | 636 | Velghe Marcel | Kuurne | M | 148 | 0:41:41 | 5,04 | 11:55 |
| 320 | 581 | Vandemeersch Sonia | Deerlijk | V | 172 | 0:44:50 | 4,68 | 12:49 |
| 321 | 657 | Verhamme Katleen | Heule | V | 173 | 0:44:53 | 4,68 | 12:49 |
| 322 | 385 | Libert Erik | Deerlijk | M | 149 | 0:48:21 | 4,34 | 13:49 |
| 323 | 144 | De Witte Alida | Roeselare | V | 174 | 0:48:28 | 4,33 | 13:51 |
| 324 | 464 | Raes Isabelle | Dadizele | V | 175 | 1:03:46 | 3,29 | 18:13 |
| 325 | 465 | Raes Sofie | Gits | V | 176 | 1:04:44 | 3,24 | 18:30 |
| 326 | 1201 | Montigny Marc | | M | 150 | 1:08:42 | 3,06 | 19:38 |

1e Sterrebosloop Rumbeke - 28 september 2013

10 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|----------------------|-------------------|-----|-------|---------|-------|---------|
| 1 | 817 | Van Haelewyn Andy | Ingelmunster | M | 1 | 0:33:15 | 18,05 | 3:20 |
| 2 | 596 | Vandermeersch Henk | Roeselare | M | 2 | 0:33:55 | 17,69 | 3:24 |
| 3 | 821 | Callewaert Thomas | Emelgem | M | 3 | 0:34:12 | 17,54 | 3:25 |
| 4 | 941 | Desmet Vincent | Roeselare | M | 4 | 0:34:49 | 17,23 | 3:29 |
| 5 | 824 | Piccavet Niels | Rumbeke | M | 5 | 0:35:09 | 17,07 | 3:31 |
| 6 | 227 | Descamps Francis | Roeselare | M | 6 | 0:35:15 | 17,02 | 3:32 |
| 7 | 282 | Eggerick Alexander | Pittem | M | 7 | 0:35:21 | 16,97 | 3:32 |
| 8 | 114 | Coysman Carlos | Wevelgem | M | 8 | 0:35:39 | 16,83 | 3:34 |
| 9 | 883 | Huyghe Kristof | Oostnieuwkerke | M | 9 | 0:35:55 | 16,71 | 3:35 |
| 10 | 558 | Van Haecht Joachim | Roeselare | M | 10 | 0:36:05 | 16,63 | 3:37 |
| 11 | 1359 | Lagae Korneel | Izegem | M | 11 | 0:36:10 | 16,59 | 3:37 |
| 12 | 533 | Timperman Felix | Rumbeke-Roeselare | M | 12 | 0:36:11 | 16,58 | 3:37 |
| 13 | 1317 | Gunst Francis | Dadizele | M | 13 | 0:36:14 | 16,56 | 3:37 |
| 14 | 882 | Chambart Tom | Rumbeke | M | 14 | 0:36:18 | 16,53 | 3:38 |
| 15 | 609 | Vangheluwe Clive | Deerlijk | M | 15 | 0:37:11 | 16,14 | 3:43 |
| 16 | 876 | Bol Kristof | Zottegem | M | 16 | 0:37:20 | 16,07 | 3:44 |
| 17 | 914 | Diopere Stijn | Rumbeke | M | 17 | 0:37:24 | 16,04 | 3:44 |
| 18 | 446 | Pandelaere Nico | Balegem | M | 18 | 0:37:31 | 15,99 | 3:45 |
| 19 | 545 | Valcke Maxim | Harelbeke | M | 19 | 0:37:38 | 15,94 | 3:46 |
| 20 | 874 | Walraedt Gilbert | Roeselare | M | 20 | 0:37:41 | 15,92 | 3:46 |
| 21 | 669 | Vermont Filip | Geluwe | M | 21 | 0:37:45 | 15,89 | 3:47 |
| 22 | 14 | Baekelandt Roeland | Roeselare | M | 22 | 0:37:47 | 15,88 | 3:47 |
| 23 | 52 | Brouckaert Bernard | Gits | M | 23 | 0:37:48 | 15,87 | 3:47 |
| 24 | 1360 | Ferten Bjorn | Wevelgem | M | 24 | 0:38:03 | 15,77 | 3:48 |
| 25 | 905 | Verkruysse Geert | Watou | M | 25 | 0:38:09 | 15,73 | 3:49 |
| 26 | 1233 | Cappelle Jonas | Hoogdele | M | 26 | 0:38:26 | 15,61 | 3:51 |
| 27 | 648 | Vercaigne Dieter | Roeselare | M | 27 | 0:38:32 | 15,57 | 3:51 |
| 28 | 56 | Brulez Kurt | Roeselare | M | 28 | 0:38:35 | 15,55 | 3:52 |
| 29 | 33 | Boddin Steven | Rumbeke | M | 29 | 0:38:36 | 15,54 | 3:52 |
| 30 | 806 | Frickelo Geert | Oostkamp | M | 30 | 0:38:37 | 15,54 | 3:52 |
| 31 | 646 | Vercaigne Andy | Roeselare | M | 31 | 0:38:41 | 15,51 | 3:52 |
| 32 | 885 | Van Lancker Dieter | Waregem | M | 32 | 0:38:45 | 15,48 | 3:53 |
| 33 | 135 | De Meestere Rudi | Roeselare | M | 33 | 0:38:51 | 15,44 | 3:53 |
| 34 | 656 | Verhamme Anthony | Ardoorie | M | 34 | 0:38:54 | 15,42 | 3:53 |
| 35 | 1318 | Cool Andy | Dadizele | M | 35 | 0:39:03 | 15,36 | 3:54 |
| 36 | 1307 | Van Oost Loïc | Roeselare | M | 36 | 0:39:05 | 15,35 | 3:55 |
| 37 | 592 | Vandepitte Koen | Rumbeke | M | 37 | 0:39:07 | 15,34 | 3:55 |
| 38 | 200 | Dejaeghere Steven | Lichtervelde | M | 38 | 0:39:09 | 15,33 | 3:55 |
| 39 | 60 | Bruyneel Stijn | Rumbeke | M | 39 | 0:39:14 | 15,29 | 3:55 |
| 40 | 1244 | Van Haecht Pepijn | Roeselare | M | 40 | 0:39:15 | 15,29 | 3:56 |
| 41 | 330 | Hoornaert Tom | Rumbeke | M | 41 | 0:39:17 | 15,27 | 3:56 |
| 42 | 600 | Vandevelde Liesbeth | Rumbeke | V | 1 | 0:39:21 | 15,25 | 3:56 |
| 43 | 894 | Seys Sven | Roeselare | M | 42 | 0:39:44 | 15,10 | 3:58 |
| 44 | 208 | Deltour Steven | Gits | M | 43 | 0:39:47 | 15,08 | 3:59 |
| 45 | 908 | Ghesquiere Franky | Wervik | M | 44 | 0:39:48 | 15,08 | 3:59 |
| 46 | 843 | Guillemyn Steven | Bellegem | M | 45 | 0:39:49 | 15,07 | 3:59 |
| 47 | 380 | Lezy Bart | Roeselare | M | 46 | 0:39:53 | 15,04 | 3:59 |
| 48 | 637 | Vens Saskia | Roeselare | V | 2 | 0:40:02 | 14,99 | 4:00 |
| 49 | 1333 | Degraeve Kenny | Dadizele | M | 47 | 0:40:11 | 14,93 | 4:01 |
| 50 | 892 | Demeulenaere Bart | Roeselare | M | 48 | 0:40:16 | 14,90 | 4:02 |
| 51 | 84 | Casteleyn Nick | Roeselare | M | 49 | 0:40:21 | 14,87 | 4:02 |
| 52 | 317 | Guillemyn Henk | Roeselare | M | 50 | 0:40:26 | 14,84 | 4:03 |
| 53 | 538 | Tritar Mehdi | Roeselare | M | 51 | 0:40:27 | 14,83 | 4:03 |
| 54 | 818 | Noyez Krista | Oostnieuwkerke | V | 3 | 0:40:35 | 14,78 | 4:04 |
| 55 | 867 | Demeulemeester Kevin | Roeselare | M | 52 | 0:40:36 | 14,78 | 4:04 |
| 56 | 267 | Dousy Frederik | Roeselare | M | 53 | 0:40:38 | 14,77 | 4:04 |
| 57 | 417 | Moeyaert Robin | Roeselare | M | 54 | 0:40:39 | 14,76 | 4:04 |
| 58 | 918 | Ferters Benny | Ingelmunster | M | 55 | 0:40:41 | 14,75 | 4:04 |
| 59 | 339 | Joseph Stefaan | Rumbeke | M | 56 | 0:40:42 | 14,74 | 4:04 |
| 60 | 393 | Maddens Conraad | Menen | M | 57 | 0:40:44 | 14,73 | 4:04 |
| 61 | 15 | Baekelandt Koen | Roeselare | M | 58 | 0:40:46 | 14,72 | 4:05 |
| 62 | 509 | Staelens Reiner | Rumbeke | M | 59 | 0:40:49 | 14,70 | 4:05 |
| 63 | 269 | Duelle Kris | St Eloois Winkel | M | 60 | 0:40:49 | 14,70 | 4:05 |
| 64 | 158 | Decaestecker Kris | Roeselare | M | 61 | 0:40:52 | 14,68 | 4:05 |
| 65 | 649 | Vercammen Hans | Roeselare | M | 62 | 0:40:52 | 14,68 | 4:05 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|----------------|-----|-------|---------|-------|---------|
| 66 | 5 | Alliet Sergio | Roeselare | M | 63 | 0:40:53 | 14,68 | 4:05 |
| 67 | 902 | Demulder Arne | Roeselare | M | 64 | 0:40:54 | 14,67 | 4:05 |
| 68 | 906 | Walraedt Elmer | Roeselare | M | 65 | 0:41:01 | 14,63 | 4:06 |
| 69 | 571 | Vandaele Ward | Oostnieuwkerke | M | 66 | 0:41:10 | 14,57 | 4:07 |
| 70 | 482 | Samyn Corey | Roeselare | M | 67 | 0:41:13 | 14,56 | 4:07 |
| 71 | 925 | Vandemoortele Ritchie | Reningelst | M | 68 | 0:41:18 | 14,53 | 4:08 |
| 72 | 467 | Remmerie Stijn | Rumbeke | M | 69 | 0:41:23 | 14,50 | 4:08 |
| 73 | 44 | Bouckaert Chris | Roeselare | M | 70 | 0:41:25 | 14,49 | 4:09 |
| 74 | 959 | Elewaut Edwin | Gentbrugge | M | 71 | 0:41:29 | 14,46 | 4:09 |
| 75 | 540 | Tuttens Sophie | Meulebeke | V | 4 | 0:41:33 | 14,44 | 4:09 |
| 76 | 805 | Gheysen Tibo | Rumbeke | M | 72 | 0:41:44 | 14,38 | 4:10 |
| 77 | 25 | Bekaert Franky | Izegem | M | 73 | 0:41:44 | 14,38 | 4:10 |
| 78 | 12 | Avereyn Luc | Roeselare | M | 74 | 0:41:46 | 14,37 | 4:11 |
| 79 | 280 | Eecloo Lieze | Lichtervelde | V | 5 | 0:41:48 | 14,35 | 4:11 |
| 80 | 663 | Verlinde Marnik | Roeselare | M | 75 | 0:41:49 | 14,35 | 4:11 |
| 81 | 580 | Vandekerckhove Kobe | Roeselare | M | 76 | 0:41:50 | 14,34 | 4:11 |
| 82 | 521 | Supply Jeffrey | Wevelgem | M | 77 | 0:41:51 | 14,34 | 4:11 |
| 83 | 357 | Lammertyn Bert | Ardooi | M | 78 | 0:41:54 | 14,32 | 4:11 |
| 84 | 930 | Vansteenkiste Stephan | Roeselare | M | 79 | 0:41:55 | 14,31 | 4:12 |
| 85 | 971 | Biesbrouck Simon | Roeselare | M | 80 | 0:41:56 | 14,31 | 4:12 |
| 86 | 942 | Vandekerckhove Veerle | Roeselare | V | 6 | 0:42:01 | 14,28 | 4:12 |
| 87 | 402 | Manhaeve Bengi | Roeselare | M | 81 | 0:42:02 | 14,27 | 4:12 |
| 88 | 682 | Vinckier Günther | Lichtervelde | M | 82 | 0:42:05 | 14,26 | 4:13 |
| 89 | 680 | Vincke Isabelle | Roeselare | V | 7 | 0:42:18 | 14,18 | 4:14 |
| 90 | 809 | Verbeke Sammy | Rumbeke | M | 83 | 0:42:20 | 14,17 | 4:14 |
| 91 | 1234 | Dekiere Filip | Roeselare | M | 84 | 0:42:21 | 14,17 | 4:14 |
| 92 | 886 | Denuwelaere Kristof | Reningelst | M | 85 | 0:42:21 | 14,17 | 4:14 |
| 93 | 508 | Spruytte Michiel | Roeselare | M | 86 | 0:42:23 | 14,16 | 4:14 |
| 94 | 573 | Vandamme Kurt | Izegem | M | 87 | 0:42:26 | 14,14 | 4:15 |
| 95 | 477 | Ronse Mathieu | Roeselare | M | 88 | 0:42:27 | 14,13 | 4:15 |
| 96 | 574 | Vandamme Stijn | Roeselare | M | 89 | 0:42:33 | 14,10 | 4:15 |
| 97 | 181 | Decuypere Steven | Roeselare | M | 90 | 0:42:44 | 14,04 | 4:16 |
| 98 | 511 | Steen Valerie | Izegem | V | 8 | 0:42:45 | 14,04 | 4:16 |
| 99 | 451 | Pattyn Dominique | Ingelmunster | M | 91 | 0:42:46 | 14,03 | 4:17 |
| 100 | 802 | Van Valckenborgh Jef | Roeselare | M | 92 | 0:42:48 | 14,02 | 4:17 |
| 101 | 846 | Decru David | Roeselare | M | 93 | 0:42:48 | 14,02 | 4:17 |
| 102 | 345 | Kimpe Kim | Rumbeke | V | 9 | 0:42:50 | 14,01 | 4:17 |
| 103 | 933 | Haeghebaert Peter | Roeselare | M | 94 | 0:42:52 | 14,00 | 4:17 |
| 104 | 613 | Vanhuysse Pedro | Rumbeke | M | 95 | 0:42:54 | 13,99 | 4:17 |
| 105 | 968 | Nerynck Pieter | Ardooi | M | 96 | 0:42:55 | 13,98 | 4:17 |
| 106 | 640 | Veranneman Tom | Roeselare | M | 97 | 0:42:58 | 13,96 | 4:18 |
| 107 | 566 | Vancraeynest Koen | Roeselare | M | 98 | 0:43:01 | 13,95 | 4:18 |
| 108 | 449 | Parmentier Marnik | Roeselare | M | 99 | 0:43:02 | 13,94 | 4:18 |
| 109 | 631 | Vansteenkiste Emmanuel | Roeselare | M | 100 | 0:43:04 | 13,93 | 4:18 |
| 110 | 338 | Jongbloet Wim | Kortemark | M | 101 | 0:43:06 | 13,92 | 4:19 |
| 111 | 334 | Huyghe Stefaan | Roeselare | M | 102 | 0:43:08 | 13,91 | 4:19 |
| 112 | 63 | Butseraen Emelie | Koksijde | V | 10 | 0:43:08 | 13,91 | 4:19 |
| 113 | 62 | Busschaert Luc | Poperinge | M | 103 | 0:43:10 | 13,90 | 4:19 |
| 114 | 59 | Bruneel Tom | Rumbeke | M | 104 | 0:43:12 | 13,89 | 4:19 |
| 115 | 643 | Verbrugge Stefan | Roeselare | M | 105 | 0:43:14 | 13,88 | 4:19 |
| 116 | 877 | Vanacker Chris | Hoogde | M | 106 | 0:43:17 | 13,86 | 4:20 |
| 117 | 190 | Defour Louis | Roeselare | M | 107 | 0:43:22 | 13,84 | 4:20 |
| 118 | 665 | Vermeersch Tom | Roeselare | M | 108 | 0:43:25 | 13,82 | 4:20 |
| 119 | 1319 | Vande Kerckhove Michiel | Izegem | M | 109 | 0:43:26 | 13,81 | 4:21 |
| 120 | 307 | Glaude Geert | Roeselare | M | 110 | 0:43:30 | 13,79 | 4:21 |
| 121 | 895 | Degryse Kris | Roeselare | M | 111 | 0:43:32 | 13,78 | 4:21 |
| 122 | 865 | Decovic Amintas | Roeselare | M | 112 | 0:43:34 | 13,77 | 4:21 |
| 123 | 398 | Maes Charles | Roeselare | M | 113 | 0:43:35 | 13,77 | 4:22 |
| 124 | 36 | Bonte Lowie | Rumbeke | M | 114 | 0:43:37 | 13,76 | 4:22 |
| 125 | 119 | Cuvelier Dieter | Roeselare | M | 115 | 0:43:40 | 13,74 | 4:22 |
| 126 | 1210 | Veranneman Wout | Oostnieuwkerke | M | 116 | 0:43:45 | 13,71 | 4:23 |
| 127 | 1209 | Veranneman Geert | Staden | M | 117 | 0:43:47 | 13,70 | 4:23 |
| 128 | 1322 | Vandamme Marc | Wervik | M | 118 | 0:43:49 | 13,69 | 4:23 |
| 129 | 306 | Ghyselen Stefaan | Roeselare | M | 119 | 0:43:52 | 13,68 | 4:23 |
| 130 | 500 | Sinnesael Alex | Roeselare | M | 120 | 0:43:53 | 13,67 | 4:23 |
| 131 | 814 | Van Parijs Mario | Rumbeke | M | 121 | 0:43:59 | 13,64 | 4:24 |
| 132 | 829 | Carlu Windy | Oudenburg | M | 122 | 0:44:01 | 13,63 | 4:24 |
| 133 | 517 | Stragier Bert | Lauwe | M | 123 | 0:44:03 | 13,62 | 4:24 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|--------------|-----|-------|---------|-------|---------|
| 134 | 239 | Desmet Kristof | Rumbeke | M | 124 | 0:44:04 | 13,62 | 4:24 |
| 135 | 230 | Deseure Kris | Izegem | M | 125 | 0:44:06 | 13,61 | 4:25 |
| 136 | 607 | Vanelslander Tom | Roeselare | M | 126 | 0:44:07 | 13,60 | 4:25 |
| 137 | 919 | Vandromme Jeroen | Wervik | M | 127 | 0:44:09 | 13,59 | 4:25 |
| 138 | 185 | Dedrie Philip | Roeselare | M | 128 | 0:44:14 | 13,56 | 4:25 |
| 139 | 1240 | Soenen Thomas | Roeselare | M | 129 | 0:44:26 | 13,50 | 4:27 |
| 140 | 979 | Vanderlinde Nico | Geluvelde | M | 130 | 0:44:28 | 13,49 | 4:27 |
| 141 | 834 | Loncke Marnix | Oekene | M | 131 | 0:44:29 | 13,49 | 4:27 |
| 142 | 387 | Lioen Stijn | Dadizele | M | 132 | 0:44:34 | 13,46 | 4:27 |
| 143 | 341 | Kande Bouba | Roeselare | M | 133 | 0:44:36 | 13,45 | 4:28 |
| 144 | 668 | Vermont Lies | Geluwe | V | 11 | 0:44:39 | 13,44 | 4:28 |
| 145 | 888 | Van Lancker Ronny | Waregem | M | 134 | 0:44:46 | 13,40 | 4:29 |
| 146 | 252 | Dewitte Angelo | Poelkapelle | M | 135 | 0:44:47 | 13,40 | 4:29 |
| 147 | 499 | Sinnesael Nicholas | Roeselare | M | 136 | 0:44:50 | 13,38 | 4:29 |
| 148 | 828 | Vandaele Joris | Lichtervelde | M | 137 | 0:44:52 | 13,37 | 4:29 |
| 149 | 628 | Vanoost Els | Moorslede | V | 12 | 0:44:54 | 13,36 | 4:29 |
| 150 | 591 | Vandenweghe Juan | Menen | M | 138 | 0:44:55 | 13,36 | 4:30 |
| 151 | 1355 | De Boe Emiel | Moorslede | M | 139 | 0:44:57 | 13,35 | 4:30 |
| 152 | 819 | Declercq Kim | Rumbeke | M | 140 | 0:45:04 | 13,31 | 4:30 |
| 153 | 226 | Derycke Kenneth | Roeselare | M | 141 | 0:45:06 | 13,30 | 4:31 |
| 154 | 1308 | Van Oost Jan | Roeselare | M | 142 | 0:45:08 | 13,29 | 4:31 |
| 155 | 689 | Vyvey Nick | Roeselare | M | 143 | 0:45:12 | 13,27 | 4:31 |
| 156 | 953 | Bogaert Wim | Rumbeke | M | 144 | 0:45:15 | 13,26 | 4:31 |
| 157 | 836 | Lamoral Frederic | Otegem | M | 145 | 0:45:16 | 13,25 | 4:32 |
| 158 | 524 | Tallieu Gino | Roeselare | M | 146 | 0:45:20 | 13,24 | 4:32 |
| 159 | 201 | Dejonckheere Patrik | Roeselare | M | 147 | 0:45:22 | 13,23 | 4:32 |
| 160 | 662 | Verkimpe Dirk | Roeselare | M | 148 | 0:45:26 | 13,21 | 4:33 |
| 161 | 347 | Kindt Karl | Zwevegem | M | 149 | 0:45:27 | 13,20 | 4:33 |
| 162 | 936 | Leman Adriano | Ledegem | M | 150 | 0:45:30 | 13,19 | 4:33 |
| 163 | 624 | Vanneste Brecht | Roeselare | M | 151 | 0:45:32 | 13,18 | 4:33 |
| 164 | 411 | Messiaen Mieke | Rumbeke | V | 13 | 0:45:36 | 13,16 | 4:34 |
| 165 | 1325 | Lebon Patrick | Ardoie | M | 152 | 0:45:36 | 13,16 | 4:34 |
| 166 | 153 | Deburghgraeve Bjorn | Hoogdele | M | 153 | 0:45:38 | 13,15 | 4:34 |
| 167 | 40 | Bossuyt Johan | Ardoie | M | 154 | 0:45:40 | 13,14 | 4:34 |
| 168 | 369 | Lefevere Jasper | Rumbeke | M | 155 | 0:45:41 | 13,13 | 4:34 |
| 169 | 887 | Ghesquière Filip | Roeselare | M | 156 | 0:45:42 | 13,13 | 4:34 |
| 170 | 884 | Top Ortwin | Wevelgem | M | 157 | 0:45:43 | 13,12 | 4:34 |
| 171 | 310 | Goddeeris Thomas | Roeselare | M | 158 | 0:45:45 | 13,11 | 4:34 |
| 172 | 548 | Van Assche Danny | Rumbeke | M | 159 | 0:45:53 | 13,08 | 4:35 |
| 173 | 422 | Mortelé Andy | Aartrijke | M | 160 | 0:45:55 | 13,07 | 4:36 |
| 174 | 143 | De Witte Andries | Passendale | M | 161 | 0:45:56 | 13,06 | 4:36 |
| 175 | 917 | Doom Paul | Roeselare | M | 162 | 0:45:58 | 13,05 | 4:36 |
| 176 | 614 | Vanhuysse Bert | Hoogdele | M | 163 | 0:45:59 | 13,05 | 4:36 |
| 177 | 1356 | Vandewiele Dieter | Roeselare | M | 164 | 0:46:01 | 13,04 | 4:36 |
| 178 | 695 | Vandenbergh Franky | Rumbeke | M | 165 | 0:46:02 | 13,03 | 4:36 |
| 179 | 224 | Derluyn Martine | Roeselare | V | 14 | 0:46:05 | 13,02 | 4:37 |
| 180 | 383 | Libert Aron | Rumbeke | M | 166 | 0:46:12 | 12,99 | 4:37 |
| 181 | 321 | Hallewaert Lewis | Izegem | M | 167 | 0:46:14 | 12,98 | 4:37 |
| 182 | 61 | Busschaert Marc | Poperinge | M | 168 | 0:46:23 | 12,94 | 4:38 |
| 183 | 995 | Joseph David | Deinze | M | 169 | 0:46:29 | 12,91 | 4:39 |
| 184 | 366 | Leenknecht Pieter-Jan | Roeselare | M | 170 | 0:46:33 | 12,89 | 4:39 |
| 185 | 329 | Holvoet Pieter | Izegem | M | 171 | 0:46:35 | 12,88 | 4:40 |
| 186 | 576 | Vande Moortel Nancy | Roeselare | V | 15 | 0:46:36 | 12,88 | 4:40 |
| 187 | 570 | Vandaele Jos | Rumbeke | M | 172 | 0:46:38 | 12,87 | 4:40 |
| 188 | 154 | Deburghgraeve Steven | Roeselare | M | 173 | 0:46:41 | 12,85 | 4:40 |
| 189 | 480 | Roygens Thomas | Ingelmunster | M | 174 | 0:46:42 | 12,85 | 4:40 |
| 190 | 35 | Bonte Tom | Roeselare | M | 175 | 0:46:43 | 12,84 | 4:40 |
| 191 | 323 | Hallewaert Bart | Izegem | M | 176 | 0:46:46 | 12,83 | 4:41 |
| 192 | 32 | Blomme Francis | Roeselare | M | 177 | 0:46:47 | 12,83 | 4:41 |
| 193 | 74 | Cappelle Dempsey | Staden | M | 178 | 0:46:51 | 12,81 | 4:41 |
| 194 | 808 | Bekaert Xavier | Rumbeke | M | 179 | 0:46:51 | 12,81 | 4:41 |
| 195 | 452 | Pattyn Wouter | Izegem | M | 180 | 0:46:54 | 12,79 | 4:41 |
| 196 | 72 | Calmeyn Sam | Rumbeke | M | 181 | 0:46:55 | 12,79 | 4:41 |
| 197 | 690 | Windels Ronny | Rumbeke | M | 182 | 0:46:56 | 12,78 | 4:42 |
| 198 | 120 | Damjan Blaz | Ljublijana | M | 183 | 0:46:58 | 12,78 | 4:42 |
| 199 | 605 | Vandevyvere Pieter | Beitem | M | 184 | 0:46:59 | 12,77 | 4:42 |
| 200 | 970 | Soenen Jurgen | Roeselare | M | 185 | 0:47:01 | 12,76 | 4:42 |
| 201 | 77 | Cardon Jurgen | Beernem | M | 186 | 0:47:03 | 12,75 | 4:42 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|----------------|-----|-------|---------|-------|---------|
| 202 | 400 | Mallezie Bart | Gits | M | 187 | 0:47:04 | 12,75 | 4:42 |
| 203 | 325 | Hemeryck Simon | Rumbeke | M | 188 | 0:47:05 | 12,74 | 4:43 |
| 204 | 24 | Beernaert Simon | Roeselare | M | 189 | 0:47:06 | 12,74 | 4:43 |
| 205 | 112 | Cornette Johan | Staden | M | 190 | 0:47:09 | 12,73 | 4:43 |
| 206 | 891 | Schoonjans Nicholas | Roeselare | M | 191 | 0:47:09 | 12,73 | 4:43 |
| 207 | 835 | Vandamme Pieter | Rumbeke | M | 192 | 0:47:12 | 12,71 | 4:43 |
| 208 | 974 | Ameel Tom | Roeselare | M | 193 | 0:47:13 | 12,71 | 4:43 |
| 209 | 850 | Degryse Bert | Oostnieuwkerke | M | 194 | 0:47:20 | 12,68 | 4:44 |
| 210 | 619 | Vanneste Xander | Roeselare | M | 195 | 0:47:22 | 12,67 | 4:44 |
| 211 | 1326 | Verscheure Els | Kortemark | V | 16 | 0:47:23 | 12,66 | 4:44 |
| 212 | 399 | Maes Henry | Roeselare | M | 196 | 0:47:25 | 12,65 | 4:45 |
| 213 | 947 | Scheldeman Bjorn | Moorslede | M | 197 | 0:47:25 | 12,65 | 4:45 |
| 214 | 667 | Vermeulen Filiep | Roeselare | M | 198 | 0:47:27 | 12,64 | 4:45 |
| 215 | 484 | Samyn Wim | Rumbeke | M | 199 | 0:47:29 | 12,64 | 4:45 |
| 216 | 173 | Deconinck Dieter | Rumbeke | M | 200 | 0:47:30 | 12,63 | 4:45 |
| 217 | 11 | Angillis Chris | Roeselare | M | 201 | 0:47:32 | 12,62 | 4:45 |
| 218 | 868 | Beernaert Rudy | Rumbeke | M | 202 | 0:47:32 | 12,62 | 4:45 |
| 219 | 972 | Tanghe Thibault | Roeselare | M | 203 | 0:47:35 | 12,61 | 4:46 |
| 220 | 20 | Bauwens Geert | Rumbeke | M | 204 | 0:47:35 | 12,61 | 4:46 |
| 221 | 952 | Bogaert Thibaut | Rumbeke | M | 205 | 0:47:40 | 12,59 | 4:46 |
| 222 | 222 | Deraeve Brecht | Roeselare | M | 206 | 0:47:40 | 12,59 | 4:46 |
| 223 | 479 | Rousseau Peter | Roeselare | M | 207 | 0:47:48 | 12,55 | 4:47 |
| 224 | 103 | Coens Thomas | Eke | M | 208 | 0:47:51 | 12,54 | 4:47 |
| 225 | 96 | Claus Stijn | Rumbeke | M | 209 | 0:47:59 | 12,50 | 4:48 |
| 226 | 562 | Van Neste Bjorn | Roeselare | M | 210 | 0:48:01 | 12,50 | 4:48 |
| 227 | 38 | Boone Emma | Gits | V | 17 | 0:48:03 | 12,49 | 4:48 |
| 228 | 506 | Spriet Kristof | Roeselare | M | 211 | 0:48:11 | 12,45 | 4:49 |
| 229 | 314 | Goemaere Carlos | Roeselare | M | 212 | 0:48:15 | 12,44 | 4:50 |
| 230 | 352 | Kuyle Ivan | Ieper | M | 213 | 0:48:20 | 12,41 | 4:50 |
| 231 | 128 | De Busschere Bernard | Izegem | M | 214 | 0:48:21 | 12,41 | 4:50 |
| 232 | 991 | Decorte Frederik | Hooglede | M | 215 | 0:48:22 | 12,41 | 4:50 |
| 233 | 978 | Rommens Karel | Lichtervelde | M | 216 | 0:48:25 | 12,39 | 4:50 |
| 234 | 559 | Van Hecke Jeffrey | Roeselare | M | 217 | 0:48:28 | 12,38 | 4:51 |
| 235 | 912 | Martens Stephan | Roeselare | M | 218 | 0:48:30 | 12,37 | 4:51 |
| 236 | 191 | Degeetere Wim | Roeselare | M | 219 | 0:48:31 | 12,37 | 4:51 |
| 237 | 360 | Lapeire Danny | Roeselare | M | 220 | 0:48:32 | 12,36 | 4:51 |
| 238 | 196 | Degryse Robby | Roeselare | M | 221 | 0:48:36 | 12,35 | 4:52 |
| 239 | 419 | Mondelaers Dries | Roeselare | M | 222 | 0:48:37 | 12,34 | 4:52 |
| 240 | 51 | Breyne Nele | Gits | V | 18 | 0:48:39 | 12,33 | 4:52 |
| 241 | 687 | Vyncke Carl | Izegem | M | 223 | 0:48:47 | 12,30 | 4:53 |
| 242 | 845 | Vansteenkiste Arne | Roeselare | M | 224 | 0:48:49 | 12,29 | 4:53 |
| 243 | 639 | Veranneman Albrecht | Roeselare | M | 225 | 0:48:49 | 12,29 | 4:53 |
| 244 | 595 | Vanderhaeghe Dries | Moorslede | M | 226 | 0:48:52 | 12,28 | 4:53 |
| 245 | 281 | Eecloo Kris | Lichtervelde | M | 227 | 0:48:54 | 12,27 | 4:53 |
| 246 | 549 | Van Damme Jürgen | Roeselare | M | 228 | 0:48:58 | 12,25 | 4:54 |
| 247 | 262 | Donck Bert | Roeselare | M | 229 | 0:49:04 | 12,23 | 4:54 |
| 248 | 589 | Vandenbulcke Sandro | Hooglede | M | 230 | 0:49:04 | 12,23 | 4:54 |
| 249 | 294 | Gadeyne Laura | Roeselare | V | 19 | 0:49:06 | 12,22 | 4:55 |
| 250 | 911 | Martens Anouk | Roeselare | V | 20 | 0:49:07 | 12,22 | 4:55 |
| 251 | 1309 | Lambrecht Annelies | Dadizele | V | 21 | 0:49:08 | 12,21 | 4:55 |
| 252 | 95 | Clarys Barbara | Kortemark | V | 22 | 0:49:10 | 12,20 | 4:55 |
| 253 | 58 | Bruneel Jan | Tielt | M | 231 | 0:49:10 | 12,20 | 4:55 |
| 254 | 299 | Ghesquiere Henk | Rumbeke | M | 232 | 0:49:13 | 12,19 | 4:55 |
| 255 | 909 | Flores Joost | Gent | M | 233 | 0:49:13 | 12,19 | 4:55 |
| 256 | 616 | Vanlooche Tim | Roeselare | M | 234 | 0:49:15 | 12,18 | 4:55 |
| 257 | 611 | Vanheerswynghels Dwight | Tielt | M | 235 | 0:49:16 | 12,18 | 4:56 |
| 258 | 1320 | Vercruysse Emiel | Ooigem | M | 236 | 0:49:18 | 12,17 | 4:56 |
| 259 | 183 | Dedeurwaerder Maarten | Roeselare | M | 237 | 0:49:21 | 12,16 | 4:56 |
| 260 | 975 | Moerman Caroline | Roeselare | V | 23 | 0:49:23 | 12,15 | 4:56 |
| 261 | 1000 | Van Leit Kwinten | Leuven | M | 238 | 0:49:29 | 12,13 | 4:57 |
| 262 | 302 | Gheysen Alfons | Roeselare | M | 239 | 0:49:32 | 12,11 | 4:57 |
| 263 | 142 | De Wispelaere Jozef | Poelkapelle | M | 240 | 0:49:59 | 12,00 | 5:00 |
| 264 | 866 | Tancre Patrick | Komen | M | 241 | 0:50:02 | 11,99 | 5:00 |
| 265 | 320 | Haelewyn David | Roeselare | M | 242 | 0:50:02 | 11,99 | 5:00 |
| 266 | 679 | Viaene Inge | Lichterevelde | V | 24 | 0:50:07 | 11,97 | 5:01 |
| 267 | 198 | Degryse Sabrina | Hooglede | V | 25 | 0:50:07 | 11,97 | 5:01 |
| 268 | 235 | Desmet Christof | Ooigem | M | 243 | 0:50:09 | 11,96 | 5:01 |
| 269 | 343 | Kerremans Iwan | Beselare | M | 244 | 0:50:12 | 11,95 | 5:01 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|--------------------|-----|-------|---------|-------|---------|
| 270 | 90 | Charkaoui Driss | Roeselare | M | 245 | 0:50:14 | 11,94 | 5:01 |
| 271 | 409 | Mauroo Bert | Anzegem | M | 246 | 0:50:16 | 11,94 | 5:02 |
| 272 | 326 | Himbrecht Gunther | Roeselare | M | 247 | 0:50:18 | 11,93 | 5:02 |
| 273 | 390 | Lycke Sven | Gits | M | 248 | 0:50:20 | 11,92 | 5:02 |
| 274 | 546 | Van Acker Rik | Roeselare | M | 249 | 0:50:25 | 11,90 | 5:03 |
| 275 | 359 | Lamote Peter | Roeselare | M | 250 | 0:50:27 | 11,89 | 5:03 |
| 276 | 920 | De Blanck Philip | Izegem | M | 251 | 0:50:28 | 11,89 | 5:03 |
| 277 | 586 | Vandenbergh Andrea | Izegem | V | 26 | 0:50:30 | 11,88 | 5:03 |
| 278 | 859 | De Keukelaere Piet | Roeselare | M | 252 | 0:50:31 | 11,88 | 5:03 |
| 279 | 315 | Goemaere Stefaan | Oekene | M | 253 | 0:50:31 | 11,88 | 5:03 |
| 280 | 447 | Parmentier Philip | Rumbeke | M | 254 | 0:50:35 | 11,86 | 5:03 |
| 281 | 688 | Vyncke Laurens | Zwijnaarde | M | 255 | 0:50:36 | 11,86 | 5:04 |
| 282 | 929 | Potter Krystle | Ledegem | V | 27 | 0:50:36 | 11,86 | 5:04 |
| 283 | 28 | Biard Deborah | Lichtervelde | V | 28 | 0:50:40 | 11,84 | 5:04 |
| 284 | 531 | Thouet Olivier | Brugge | M | 256 | 0:50:40 | 11,84 | 5:04 |
| 285 | 1312 | Denorme Barbara | Roeselare | V | 29 | 0:50:42 | 11,83 | 5:04 |
| 286 | 289 | Fillieux Wouter | Roeselare | M | 257 | 0:50:42 | 11,83 | 5:04 |
| 287 | 197 | Degryse Steven | Roeselare | M | 258 | 0:50:45 | 11,82 | 5:05 |
| 288 | 664 | Vermander Ann | Roeselare | V | 30 | 0:50:51 | 11,80 | 5:05 |
| 289 | 635 | Vanzielegem Katelijne | Lendelede | V | 31 | 0:50:51 | 11,80 | 5:05 |
| 290 | 186 | Defever Jurgen | Sint-Eloois-Winkel | M | 259 | 0:50:55 | 11,78 | 5:06 |
| 291 | 1214 | Vandewalle Peter | Kortemark | M | 260 | 0:50:57 | 11,78 | 5:06 |
| 292 | 903 | Dutry Stefaan | Hoogde | M | 261 | 0:51:01 | 11,76 | 5:06 |
| 293 | 337 | Jennerich Norbert | Ieper | M | 262 | 0:51:03 | 11,75 | 5:06 |
| 294 | 374 | Lemaire Willy | Ieper | M | 263 | 0:51:05 | 11,75 | 5:07 |
| 295 | 529 | Thio Roland | Roeselare | M | 264 | 0:51:08 | 11,73 | 5:07 |
| 296 | 1252 | Remmery Geert | Roeselare | M | 265 | 0:51:11 | 11,72 | 5:07 |
| 297 | 518 | Stragier Rik | Roeselare | M | 266 | 0:51:15 | 11,71 | 5:07 |
| 298 | 214 | Demeyere Joost | Roeselare | M | 267 | 0:51:20 | 11,69 | 5:08 |
| 299 | 572 | Vandaele Filip | Oostnieuwkerke | M | 268 | 0:51:21 | 11,68 | 5:08 |
| 300 | 1324 | Leye Jan | Roeselare | M | 269 | 0:51:23 | 11,68 | 5:08 |
| 301 | 381 | Lezy Jozef | Roeselare | M | 270 | 0:51:26 | 11,67 | 5:09 |
| 302 | 296 | Geldhof Veronique | Roeselare | V | 32 | 0:51:29 | 11,65 | 5:09 |
| 303 | 31 | Bleyaert Stijn | Roeselare | M | 271 | 0:51:30 | 11,65 | 5:09 |
| 304 | 993 | Verbeke Pieter | Hoogde | M | 272 | 0:51:31 | 11,65 | 5:09 |
| 305 | 588 | Vandenbroucke Veerle | Roeselare | V | 33 | 0:51:32 | 11,64 | 5:09 |
| 306 | 162 | Deceuninck Evelyn | Rumbeke | V | 34 | 0:51:33 | 11,64 | 5:09 |
| 307 | 371 | Lefevere Michel | Ledegem | M | 273 | 0:51:37 | 11,62 | 5:10 |
| 308 | 483 | Samyn Filip | Dadizele | M | 274 | 0:51:40 | 11,61 | 5:10 |
| 309 | 1 | Aelvoet Gert-Jan | Rumbeke | M | 275 | 0:51:40 | 11,61 | 5:10 |
| 310 | 215 | Demulder Luc | Roeselare | M | 276 | 0:51:44 | 11,60 | 5:10 |
| 311 | 676 | Viaene Nancy | Kuurne | V | 35 | 0:51:53 | 11,56 | 5:11 |
| 312 | 256 | Dhaene Maaik | Anzegem | V | 36 | 0:51:53 | 11,56 | 5:11 |
| 313 | 423 | Mouton Inge | Roeselare | V | 37 | 0:51:56 | 11,55 | 5:12 |
| 314 | 421 | Mortel  Jurgen | Brugge | M | 277 | 0:51:56 | 11,55 | 5:12 |
| 315 | 115 | Crevits Bram | Roeselare | M | 278 | 0:52:00 | 11,54 | 5:12 |
| 316 | 121 | Danis Dorine | Rumbeke | V | 38 | 0:52:00 | 11,54 | 5:12 |
| 317 | 443 | Pandelaere Jeroen | Balegem | M | 279 | 0:52:10 | 11,50 | 5:13 |
| 318 | 138 | De Naeyer Barbara | Roeselare | V | 39 | 0:52:10 | 11,50 | 5:13 |
| 319 | 67 | Callewaert Koen | Tielt | M | 280 | 0:52:15 | 11,48 | 5:14 |
| 320 | 396 | Maertens Veerle | Ingelmunster | V | 40 | 0:52:21 | 11,46 | 5:14 |
| 321 | 159 | Decaluw  Bram | Rumbeke | M | 281 | 0:52:28 | 11,44 | 5:15 |
| 322 | 238 | Desmet Valerie | Passendale | V | 41 | 0:52:31 | 11,42 | 5:15 |
| 323 | 661 | Verhelst Christophe | Passendale | M | 282 | 0:52:33 | 11,42 | 5:15 |
| 324 | 179 | Decuyper Koen | Roeselare | M | 283 | 0:52:33 | 11,42 | 5:15 |
| 325 | 494 | Seynhaeve Roos | Roeselare | V | 42 | 0:52:40 | 11,39 | 5:16 |
| 326 | 900 | Joye Luc | Roeselare | M | 284 | 0:52:41 | 11,39 | 5:16 |
| 327 | 553 | Van De Vijver Toon | Roeselare | M | 285 | 0:52:44 | 11,38 | 5:16 |
| 328 | 485 | Sanders Florence | Rumbeke | V | 43 | 0:52:45 | 11,37 | 5:17 |
| 329 | 240 | Desnoeck Dirk | Staden | M | 286 | 0:52:59 | 11,32 | 5:18 |
| 330 | 261 | Donck Ilse | Rumbeke | V | 44 | 0:53:02 | 11,31 | 5:18 |
| 331 | 830 | Calliau Mieke | Oudenburg | V | 45 | 0:53:03 | 11,31 | 5:18 |
| 332 | 987 | Kerkhove Louise-Marie | Roeselare | V | 46 | 0:53:14 | 11,27 | 5:19 |
| 333 | 969 | Seurinck Dieter | Roeselare | M | 287 | 0:53:15 | 11,27 | 5:20 |
| 334 | 207 | Delputte Louise | Roeselare | V | 47 | 0:53:16 | 11,26 | 5:20 |
| 335 | 284 | Feys Davy | Roeselare | M | 288 | 0:53:21 | 11,25 | 5:20 |
| 336 | 426 | Mylle Krist | Emelgem | M | 289 | 0:53:22 | 11,24 | 5:20 |
| 337 | 1249 | Vanrapenbosch Rik | Kachtem | M | 290 | 0:53:25 | 11,23 | 5:20 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|--------------|-----|-------|---------|-------|---------|
| 338 | 203 | Dejonghe Sabine | Roeselare | V | 48 | 0:53:26 | 11,23 | 5:21 |
| 339 | 448 | Parmentier Carine | Roeselare | V | 49 | 0:53:27 | 11,23 | 5:21 |
| 340 | 1208 | Seynaeve Griet | Gits | V | 50 | 0:53:28 | 11,22 | 5:21 |
| 341 | 108 | Comyn Christophe | Rumbeke | M | 291 | 0:53:31 | 11,21 | 5:21 |
| 342 | 934 | Clarysse Vadim | Roeselare | M | 292 | 0:53:31 | 11,21 | 5:21 |
| 343 | 30 | Biesbrouck Lien | Rumbeke | V | 51 | 0:53:38 | 11,19 | 5:22 |
| 344 | 519 | Stragier Philiep | Moorslede | M | 293 | 0:53:43 | 11,17 | 5:22 |
| 345 | 525 | Termote Anja | Beveren | V | 52 | 0:53:46 | 11,16 | 5:23 |
| 346 | 913 | Reynaert Tamara | Moorslede | V | 53 | 0:53:50 | 11,15 | 5:23 |
| 347 | 353 | Lafaut Kimberly | Izegem | V | 54 | 0:53:51 | 11,14 | 5:23 |
| 348 | 228 | Deseck Hans | Roeselare | M | 294 | 0:53:56 | 11,12 | 5:24 |
| 349 | 552 | Van De Vijver Jurgen | Roeselare | M | 295 | 0:53:56 | 11,12 | 5:24 |
| 350 | 812 | Deturck Ivan | Roeselare | M | 296 | 0:53:59 | 11,11 | 5:24 |
| 351 | 1239 | Decaesstecker Lieve | Brugge | V | 55 | 0:54:03 | 11,10 | 5:24 |
| 352 | 16 | Baele Bart | Roeselare | M | 297 | 0:54:09 | 11,08 | 5:25 |
| 353 | 820 | Malfait Marjan | Blankenberge | V | 56 | 0:54:12 | 11,07 | 5:25 |
| 354 | 822 | Decoster Patrick | Izegem | M | 298 | 0:54:13 | 11,07 | 5:25 |
| 355 | 254 | Dewulf Dirk | Roeselare | M | 299 | 0:54:16 | 11,06 | 5:26 |
| 356 | 505 | Soenen Rik | Moorsele | M | 300 | 0:54:18 | 11,05 | 5:26 |
| 357 | 80 | Casier Gorik | Rumbeke | M | 301 | 0:54:21 | 11,04 | 5:26 |
| 358 | 255 | Dewulf Vanessa | Kortemark | V | 57 | 0:54:22 | 11,04 | 5:26 |
| 359 | 551 | Van De Putte Stefanie | Rumbeke | V | 58 | 0:54:26 | 11,02 | 5:27 |
| 360 | 935 | | Roeselare | V | 59 | 0:54:28 | 11,02 | 5:27 |
| 361 | 83 | Casteleyn Hanne | Roeselare | V | 60 | 0:54:31 | 11,01 | 5:27 |
| 362 | 823 | De Marez Griet | Roeselare | V | 61 | 0:54:38 | 10,98 | 5:28 |
| 363 | 392 | Machtelinckx Peter | Rumbeke | M | 302 | 0:54:41 | 10,97 | 5:28 |
| 364 | 988 | Deferme Jolien | Roeselare | V | 62 | 0:54:43 | 10,97 | 5:28 |
| 365 | 999 | Vanderhaeghe Katrien | Roeselare | V | 63 | 0:54:44 | 10,96 | 5:28 |
| 366 | 561 | Van Landschoot Marieke | Gent | V | 64 | 0:54:46 | 10,96 | 5:29 |
| 367 | 297 | Gentier Chris | Roeselare | M | 303 | 0:54:47 | 10,95 | 5:29 |
| 368 | 937 | Joye Martine | Izegem | V | 65 | 0:54:49 | 10,95 | 5:29 |
| 369 | 76 | Cardoen Mario | Moorslede | M | 304 | 0:54:50 | 10,94 | 5:29 |
| 370 | 260 | Donck Tine | Roeselare | V | 66 | 0:54:53 | 10,93 | 5:29 |
| 371 | 418 | Moeyaert Carl | Gits | M | 305 | 0:54:55 | 10,93 | 5:30 |
| 372 | 155 | Deburghgraeve Freddy | Roeselare | M | 306 | 0:54:58 | 10,92 | 5:30 |
| 373 | 57 | Bruneel Eline | Izegem | V | 67 | 0:54:58 | 10,92 | 5:30 |
| 374 | 998 | Callewaert Emmily | Roeselare | V | 68 | 0:55:01 | 10,91 | 5:30 |
| 375 | 42 | Bossuyt Piet | Vichte | M | 307 | 0:55:05 | 10,89 | 5:31 |
| 376 | 68 | Callewaert Robbe | Tielt | M | 308 | 0:55:06 | 10,89 | 5:31 |
| 377 | 907 | Viaene Bram | Roeselare | M | 309 | 0:55:08 | 10,88 | 5:31 |
| 378 | 1311 | Dewilde Bram | Waarschoot | M | 310 | 0:55:09 | 10,88 | 5:31 |
| 379 | 520 | Suchkov Kirill | Torhout | M | 311 | 0:55:10 | 10,88 | 5:31 |
| 380 | 623 | Vanneste Katleen | Rumbeke | V | 69 | 0:55:12 | 10,87 | 5:31 |
| 381 | 194 | Degrande Ann | Roeselare | V | 70 | 0:55:13 | 10,87 | 5:31 |
| 382 | 811 | Devos Daphne | Roeselare | V | 71 | 0:55:14 | 10,86 | 5:31 |
| 383 | 654 | Verhaeghe Carine | Menen | V | 72 | 0:55:15 | 10,86 | 5:31 |
| 384 | 606 | Vandewalle Jolien | Dadizele | V | 73 | 0:55:17 | 10,85 | 5:32 |
| 385 | 854 | De Jonckheere Joke | Roeselare | V | 74 | 0:55:17 | 10,85 | 5:32 |
| 386 | 148 | Deblaere Tom | Hooglede | M | 312 | 0:55:22 | 10,84 | 5:32 |
| 387 | 368 | Lefere Romina | Hooglede | V | 75 | 0:55:23 | 10,83 | 5:32 |
| 388 | 295 | Gadeyne Lieve | Roeselare | V | 76 | 0:55:24 | 10,83 | 5:32 |
| 389 | 563 | Van Zandycke Lies | Roeselare | V | 77 | 0:55:29 | 10,81 | 5:33 |
| 390 | 634 | Vansteenkiste An-Sophy | Roeselare | V | 78 | 0:55:33 | 10,80 | 5:33 |
| 391 | 342 | Kerkhof Kris | Roeselare | M | 313 | 0:55:35 | 10,79 | 5:33 |
| 392 | 87 | Catteeuw Sander | Rumbeke | M | 314 | 0:55:37 | 10,79 | 5:34 |
| 393 | 189 | Deforche Steven | Rumbeke | M | 315 | 0:55:39 | 10,78 | 5:34 |
| 394 | 348 | Klein Johan | Zwalm | M | 316 | 0:55:39 | 10,78 | 5:34 |
| 395 | 4 | Allemeersch Bram | Izegem | M | 317 | 0:55:41 | 10,78 | 5:34 |
| 396 | 653 | Verhaeghe Hildegard | Roeselare | V | 79 | 0:55:45 | 10,76 | 5:35 |
| 397 | 168 | Declerck Sofie | Lichtervelde | V | 80 | 0:55:46 | 10,76 | 5:35 |
| 398 | 169 | Declercq Nathalie | Hooglede | V | 81 | 0:55:49 | 10,75 | 5:35 |
| 399 | 476 | Rondelez Pieter | Roeselare | M | 318 | 0:55:50 | 10,75 | 5:35 |
| 400 | 1213 | Leenknecht Rik | Geluwe | M | 319 | 0:55:52 | 10,74 | 5:35 |
| 401 | 1321 | Vandaele Stefaan | Roeselare | M | 320 | 0:55:54 | 10,73 | 5:35 |
| 402 | 177 | Decru Dietrich | Roeselare | M | 321 | 0:56:03 | 10,70 | 5:36 |
| 403 | 10 | Anckaert Emilia | Hooglede | V | 82 | 0:56:06 | 10,70 | 5:37 |
| 404 | 124 | De Bevere Mieke | Rumbeke | V | 83 | 0:56:07 | 10,69 | 5:37 |
| 405 | 593 | Vandererven Katrien | Ingooigem | V | 84 | 0:56:09 | 10,69 | 5:37 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|--------------------------|-------------------|-----|-------|---------|-------|---------|
| 406 | 161 | Deceuninck Charlotte | Roeselare | V | 85 | 0:56:09 | 10,69 | 5:37 |
| 407 | 463 | Raes Marc | Roeselare | M | 322 | 0:56:12 | 10,68 | 5:37 |
| 408 | 1335 | Wydaeghe Brecht | Izegem | M | 323 | 0:56:12 | 10,68 | 5:37 |
| 409 | 599 | Vanderstichele Jill | Moorslede | V | 86 | 0:56:14 | 10,67 | 5:37 |
| 410 | 620 | Vanneste Heidi | Roeselare | V | 87 | 0:56:15 | 10,67 | 5:37 |
| 411 | 1241 | Decru Dries | Roeselare | M | 324 | 0:56:17 | 10,66 | 5:38 |
| 412 | 926 | Coelus Sofie | Gent | V | 88 | 0:56:18 | 10,66 | 5:38 |
| 413 | 99 | Coelus Koenraad | Roeselare | M | 325 | 0:56:20 | 10,65 | 5:38 |
| 414 | 555 | Van De Walle Dany | Roeselare | M | 326 | 0:56:25 | 10,64 | 5:39 |
| 415 | 932 | Vanneste Patrick | Izegem | M | 327 | 0:56:27 | 10,63 | 5:39 |
| 416 | 221 | Deraeve Geert | Roeselare | M | 328 | 0:56:29 | 10,62 | 5:39 |
| 417 | 283 | Eggermont Agnes | Roeselare | V | 89 | 0:56:30 | 10,62 | 5:39 |
| 418 | 71 | Callewaert Ingrid | Rumbeke | V | 90 | 0:56:31 | 10,62 | 5:39 |
| 419 | 825 | Devuyster Kristof | Gent | M | 329 | 0:56:35 | 10,60 | 5:40 |
| 420 | 188 | Deforche Christine | Roeselare-Beveren | V | 91 | 0:56:37 | 10,60 | 5:40 |
| 421 | 450 | Pattijn Jurgen | Kortrijk | M | 330 | 0:56:41 | 10,59 | 5:40 |
| 422 | 437 | Onraedt Dieter | Roeselare | M | 331 | 0:56:48 | 10,56 | 5:41 |
| 423 | 801 | Lobbestael Ann | Roeselare | V | 92 | 0:56:53 | 10,55 | 5:41 |
| 424 | 324 | Hartman Patrick | Eke | M | 332 | 0:56:55 | 10,54 | 5:41 |
| 425 | 394 | Maekelberg Dany | Gits | M | 333 | 0:57:03 | 10,52 | 5:42 |
| 426 | 361 | Laridon Jos | Izegem | M | 334 | 0:57:04 | 10,51 | 5:42 |
| 427 | 943 | Creipelandt Heinz | Gits | M | 335 | 0:57:06 | 10,51 | 5:43 |
| 428 | 899 | Willems Lies | Passendale | V | 93 | 0:57:10 | 10,50 | 5:43 |
| 429 | 182 | Dedeine Nico | Gent | M | 336 | 0:57:16 | 10,48 | 5:44 |
| 430 | 645 | Vercaemer Michaël | Tielt | M | 337 | 0:57:18 | 10,47 | 5:44 |
| 431 | 293 | Froyen Anne | Roeselare | V | 94 | 0:57:24 | 10,45 | 5:44 |
| 432 | 1203 | Bogaert Conny | Gits | V | 95 | 0:57:26 | 10,45 | 5:45 |
| 433 | 516 | Stragier Myriam | Roeselare | V | 96 | 0:57:28 | 10,44 | 5:45 |
| 434 | 910 | Doise Tom | Lendelede | M | 338 | 0:57:29 | 10,44 | 5:45 |
| 435 | 683 | Vranken Evelyn | Roeselare | V | 97 | 0:57:33 | 10,43 | 5:45 |
| 436 | 608 | Vangampelaere Valerie | Uitbergen | V | 98 | 0:57:41 | 10,40 | 5:46 |
| 437 | 655 | Verhaeghe Carine | Rumbeke | M | 339 | 0:57:48 | 10,38 | 5:47 |
| 438 | 79 | Carlier Luc | Waregem | M | 340 | 0:57:50 | 10,37 | 5:47 |
| 439 | 587 | Vandenberghes Daan | Rumbeke | M | 341 | 0:57:52 | 10,37 | 5:47 |
| 440 | 53 | Brouckaert Bram | Roeselare | M | 342 | 0:57:55 | 10,36 | 5:47 |
| 441 | 178 | Decru Patrick | Izegem | M | 343 | 0:58:02 | 10,34 | 5:48 |
| 442 | 64 | Buyse Elisa | Izegem | V | 99 | 0:58:02 | 10,34 | 5:48 |
| 443 | 355 | Lagrou Marian | Roeselare | V | 100 | 0:58:05 | 10,33 | 5:48 |
| 444 | 560 | Van Iseghem Francis | Roeselare | M | 344 | 0:58:08 | 10,32 | 5:49 |
| 445 | 167 | Declerck Marijke | Rumbeke | V | 101 | 0:58:08 | 10,32 | 5:49 |
| 446 | 123 | De Baecke Christ | Roeselare | M | 345 | 0:58:10 | 10,32 | 5:49 |
| 447 | 1310 | Dewilde Luc | Waarschoot | M | 346 | 0:58:11 | 10,31 | 5:49 |
| 448 | 582 | Vanden Bussche Birgit | Izegem | V | 102 | 0:58:15 | 10,30 | 5:49 |
| 449 | 537 | Traen Korneel | Roeselare | M | 347 | 0:58:20 | 10,29 | 5:50 |
| 450 | 362 | Lauwers Dries | Roeselare | M | 348 | 0:58:24 | 10,27 | 5:50 |
| 451 | 26 | Bekaert Koenraad | Roeselare | M | 349 | 0:58:25 | 10,27 | 5:50 |
| 452 | 672 | Verstraete Palmer | Izegem | M | 350 | 0:58:29 | 10,26 | 5:51 |
| 453 | 673 | Verstraete Barbara | Ingelmunster | V | 103 | 0:58:31 | 10,25 | 5:51 |
| 454 | 66 | Callewaert Wim | Roeselare | M | 351 | 0:58:33 | 10,25 | 5:51 |
| 455 | 424 | Mouton Jolien | Hooglede | V | 104 | 0:58:38 | 10,23 | 5:52 |
| 456 | 97 | Clinckemaillie Nele | Roeselare | V | 105 | 0:58:47 | 10,21 | 5:53 |
| 457 | 102 | Coens Bart | Eke | M | 352 | 0:58:51 | 10,20 | 5:53 |
| 458 | 141 | De Waele Veronique | Deerlijk | V | 106 | 0:58:54 | 10,19 | 5:53 |
| 459 | 973 | Dezitter Cédric | Roeselare | M | 353 | 0:59:12 | 10,14 | 5:55 |
| 460 | 535 | Toulouse Piet | Deerlijk | M | 354 | 0:59:13 | 10,13 | 5:55 |
| 461 | 6 | Ameel Nathalie | Ingelmunster | V | 107 | 0:59:15 | 10,13 | 5:55 |
| 462 | 686 | Vuylsteke Lieve | Rumbeke | V | 108 | 0:59:22 | 10,11 | 5:56 |
| 463 | 898 | Martens Chris | Kortrijk | M | 355 | 0:59:38 | 10,06 | 5:58 |
| 464 | 671 | Verstraete Nele | Rumbeke | V | 109 | 0:59:43 | 10,05 | 5:58 |
| 465 | 1238 | Vandaele Franky | Kortemark | M | 356 | 0:59:53 | 10,02 | 5:59 |
| 466 | 212 | Demeulenaere Sigrïd | Rumbeke | V | 110 | 0:59:57 | 10,01 | 6:00 |
| 467 | 585 | Vandenberghes Kathelijne | Ingelmunster | V | 111 | 1:00:02 | 9,99 | 6:00 |
| 468 | 939 | Pecceu Stefanie | Oostnieuwkerke | V | 112 | 1:00:19 | 9,95 | 6:02 |
| 469 | 331 | Horne Peter | Roeselare | M | 357 | 1:00:50 | 9,86 | 6:05 |
| 470 | 627 | Vannotten Luc | Roeselare | M | 358 | 1:00:55 | 9,85 | 6:05 |
| 471 | 9 | Anckaert Filip | Hooglede | M | 359 | 1:01:06 | 9,82 | 6:07 |
| 472 | 163 | Deceuninck Arline | Hooglede | V | 113 | 1:01:06 | 9,82 | 6:07 |
| 473 | 493 | Servayge Vanessa | Roeselare | V | 114 | 1:01:12 | 9,80 | 6:07 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|---------------------|--------------|-----|-------|---------|------|---------|
| 474 | 202 | Dejonghe Barbara | Roeselare | V | 115 | 1:01:14 | 9,80 | 6:07 |
| 475 | 292 | Fournier Anne | Rumbeke | V | 116 | 1:01:14 | 9,80 | 6:07 |
| 476 | 204 | Dejonghe Lieselot | Roeselare | V | 117 | 1:01:16 | 9,79 | 6:08 |
| 477 | 111 | Cordier Sanne | Rumbeke | V | 118 | 1:01:21 | 9,78 | 6:08 |
| 478 | 346 | Kimpe Magali | Rumbeke | V | 119 | 1:01:22 | 9,78 | 6:08 |
| 479 | 594 | Vandergucht Francis | Beselare | M | 360 | 1:01:34 | 9,75 | 6:09 |
| 480 | 803 | Gellynck Bart | Roeselare | M | 361 | 1:01:37 | 9,74 | 6:10 |
| 481 | 621 | Vanneste Liesbet | Roeselare | V | 120 | 1:01:39 | 9,73 | 6:10 |
| 482 | 590 | Vandenweghe Francis | Gent | M | 362 | 1:01:46 | 9,71 | 6:11 |
| 483 | 327 | Hoet Charline | Rumbeke | V | 121 | 1:01:53 | 9,70 | 6:11 |
| 484 | 470 | Reynaert Evelien | Wevelgem | V | 122 | 1:01:53 | 9,70 | 6:11 |
| 485 | 434 | Oda Ingrid | Roeselare | V | 123 | 1:01:56 | 9,69 | 6:12 |
| 486 | 206 | Delarue Lieven | Roeselare | M | 363 | 1:01:56 | 9,69 | 6:12 |
| 487 | 428 | Naert Delphine | Dadizele | V | 124 | 1:02:05 | 9,66 | 6:13 |
| 488 | 427 | Naert Trui | Ingelmunster | V | 125 | 1:02:09 | 9,65 | 6:13 |
| 489 | 844 | Verstraete Hilde | Roeselare | V | 126 | 1:02:23 | 9,62 | 6:14 |
| 490 | 157 | Decadt Ann-Laure | Kortrijk | V | 127 | 1:02:25 | 9,61 | 6:15 |
| 491 | 146 | De Witte Tineke | Sint-Kruis | V | 128 | 1:02:27 | 9,61 | 6:15 |
| 492 | 985 | Dendauw Ovivier | Rumbeke | M | 364 | 1:02:36 | 9,58 | 6:16 |
| 493 | 853 | Vandycke Kirsten | Roeselare | V | 129 | 1:03:17 | 9,48 | 6:20 |
| 494 | 290 | Forret Friedel | Roeselare | V | 130 | 1:03:17 | 9,48 | 6:20 |
| 495 | 681 | Vinckier Ilse | Roeselare | V | 131 | 1:03:51 | 9,40 | 6:23 |
| 496 | 615 | Vankemmel Wendy | Roeselare | V | 132 | 1:04:03 | 9,37 | 6:24 |
| 497 | 370 | Lefevere Dymphna | Beveren | V | 133 | 1:04:08 | 9,36 | 6:25 |
| 498 | 340 | Joye Katya | Ledegem | V | 134 | 1:04:09 | 9,35 | 6:25 |
| 499 | 82 | Casteleyn Filip | Roeselare | M | 365 | 1:04:11 | 9,35 | 6:25 |
| 500 | 373 | Lemahieu Chantal | Roeselare | V | 135 | 1:04:11 | 9,35 | 6:25 |
| 501 | 1330 | Cieters Arthur | Waregem | M | 366 | 1:04:15 | 9,34 | 6:26 |
| 502 | 842 | Dezeure Hanne | Zedelgem | V | 136 | 1:04:15 | 9,34 | 6:26 |
| 503 | 826 | Roelen Arian | Woesten | V | 137 | 1:04:17 | 9,33 | 6:26 |
| 504 | 550 | Van Damme Stefanie | Roeselare | V | 138 | 1:04:18 | 9,33 | 6:26 |
| 505 | 455 | Pecceu Sofie | Hoogde | V | 139 | 1:04:24 | 9,32 | 6:26 |
| 506 | 336 | Jacob Isabelle | Roeselare | V | 140 | 1:04:34 | 9,29 | 6:27 |
| 507 | 880 | Dutry Stefanie | Roeselare | V | 141 | 1:05:11 | 9,20 | 6:31 |
| 508 | 881 | Vulsteke Chantal | Roeselare | V | 142 | 1:05:16 | 9,19 | 6:32 |
| 509 | 384 | Libert Maureen | Izegem | V | 143 | 1:05:34 | 9,15 | 6:33 |
| 510 | 312 | Godefroidt Jacky | Izegem | M | 367 | 1:05:36 | 9,15 | 6:34 |
| 511 | 386 | Libert Steven | Rumbeke | M | 368 | 1:05:55 | 9,10 | 6:35 |
| 512 | 496 | Simoens Saskia | De Haan | V | 144 | 1:06:03 | 9,08 | 6:36 |
| 513 | 1332 | Huyman Regis | Hoogde | M | 369 | 1:06:19 | 9,05 | 6:38 |
| 514 | 435 | Olivier Maxim | Izegem | M | 370 | 1:06:22 | 9,04 | 6:38 |
| 515 | 870 | Louwagie Bri | Beselare | V | 145 | 1:06:25 | 9,03 | 6:39 |
| 516 | 871 | Goemaere Christophe | Rumbeke | M | 371 | 1:06:25 | 9,03 | 6:39 |
| 517 | 1237 | Van Coillie Michiel | Rumbeke | M | 372 | 1:06:39 | 9,00 | 6:40 |
| 518 | 1236 | Persoon Jolien | Roeselare | V | 146 | 1:06:47 | 8,98 | 6:41 |
| 519 | 557 | Van Gelder Evelyne | Rumbeke | V | 147 | 1:07:04 | 8,95 | 6:42 |
| 520 | 945 | Baert Vanessa | Gits | V | 148 | 1:07:33 | 8,88 | 6:45 |
| 521 | 852 | Dezeure Joke | Roeselare | V | 149 | 1:07:55 | 8,83 | 6:48 |
| 522 | 644 | Verbrugghe Dominiek | Hoogde | M | 373 | 1:08:21 | 8,78 | 6:50 |
| 523 | 234 | Desmedt Stéphanie | Ledegem | V | 150 | 1:08:27 | 8,77 | 6:51 |
| 524 | 233 | Desmedt Valérie | Ledegem | V | 151 | 1:08:27 | 8,77 | 6:51 |
| 525 | 495 | Simoens Nick | Desselgem | M | 374 | 1:09:15 | 8,66 | 6:56 |
| 526 | 441 | Ostyn Annelies | Roeselare | V | 152 | 1:09:28 | 8,64 | 6:57 |
| 527 | 977 | Willaert Alexander | Roeselare | M | 375 | 1:10:26 | 8,52 | 7:03 |
| 528 | 184 | Dedovic Isabella | Roeselare | V | 153 | 1:12:02 | 8,33 | 7:12 |
| 529 | 270 | Dujardin Nathalie | Roeselare | V | 154 | 1:12:54 | 8,23 | 7:17 |
| 530 | 273 | Dumortier Marjorie | Menen | V | 155 | 1:13:02 | 8,22 | 7:18 |