

13e Shoppingloop Oostkamp - 2 augustus 2013

4 KM

| PL | NR | Naam | Woonplaats | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|---------------------|----------------|--------------|------|-------|---------|-------|---------|
| 1 | 283 | Dekeyser Thomas | Koekelare | AVR | MSEN | 1 | 0:13:28 | 17,81 | 3:22 |
| 2 | 277 | Rondelée Filip | Brugge | ABAV | MMAS | 1 | 0:13:55 | 17,24 | 3:29 |
| 3 | 318 | Eggerick Alexander | Pittem | AVMO | MSEN | 2 | 0:14:01 | 17,12 | 3:30 |
| 4 | 279 | Vanwalleghem Stan | Brugge | | MSEN | 3 | 0:14:04 | 17,06 | 3:31 |
| 5 | 294 | Fuhrmann Noah | Zedelgem | SODIBRUG | MSEN | 4 | 0:14:09 | 16,95 | 3:32 |
| 6 | 315 | Strubbe Kevin | Adegem | krekenlopers | MMAS | 2 | 0:14:18 | 16,77 | 3:35 |
| 7 | 314 | Cauwels Thomas | Yverbrugge | | MSEN | 5 | 0:14:25 | 16,65 | 3:36 |
| 8 | 297 | Goossens James | Maldegem | BEHO | MSEN | 6 | 0:14:38 | 16,41 | 3:39 |
| 9 | 281 | Bombaard Manu | Thizy-France | Yaca courir | MMAS | 3 | 0:14:58 | 16,04 | 3:44 |
| 10 | 299 | Decuman Philippe | Aalter | JC Aalter | MMAS | 4 | 0:15:26 | 15,56 | 3:51 |
| 11 | 290 | Lootens Bart | Oostkamp | | MSEN | 7 | 0:16:23 | 14,65 | 4:06 |
| 12 | 322 | Laukens Bram | Oostkamp | | MSEN | 8 | 0:16:26 | 14,61 | 4:06 |
| 13 | 280 | Dauw Floris | Oudenburg | | MSEN | 9 | 0:16:28 | 14,57 | 4:07 |
| 14 | 313 | Rommelaere Iben | Hertsberge | | MSEN | 10 | 0:16:31 | 14,52 | 4:08 |
| 15 | 304 | Lambrecht Gino | Ursel | | MMAS | 5 | 0:16:44 | 14,34 | 4:11 |
| 16 | 276 | Rondelée Josephine | Koolkerke | ABAV | VSEN | 1 | 0:16:47 | 14,30 | 4:12 |
| 17 | 345 | Deleu Pieter | Wielsbeke | JC Mandeldal | MMAS | 6 | 0:16:58 | 14,14 | 4:15 |
| 18 | 305 | Vantieghe Jonas | Brugge | HCO | MSEN | 11 | 0:17:00 | 14,12 | 4:15 |
| 19 | 282 | Dekeyser Lynn | Koekelare | AVR | VSEN | 2 | 0:17:00 | 14,12 | 4:15 |
| 21 | 346 | Van Moortel Kevin | Oostende | SODIBRUG | MMAS | 7 | 0:17:50 | 13,46 | 4:28 |
| 22 | 307 | Branco Francois | Beernem | tbt | MSEN | 12 | 0:18:02 | 13,31 | 4:30 |
| 23 | 338 | Schapdryver Thomas | Brugge | | MSEN | 13 | 0:18:12 | 13,19 | 4:33 |
| 24 | 339 | Seynaeve Robby | Oostkamp | | MSEN | 14 | 0:18:14 | 13,17 | 4:33 |
| 25 | 331 | Dabaut Emile | Brugge | tbt | MSEN | 15 | 0:18:15 | 13,15 | 4:34 |
| 26 | 302 | Van Damme Warre | Assebroek | | MSEN | 16 | 0:18:36 | 12,90 | 4:39 |
| 27 | 344 | Riemaeker Maarten | Oostkamp | | MSEN | 17 | 0:18:40 | 12,86 | 4:40 |
| 28 | 295 | Vergison Laura | Assebroek | RCG | VSEN | 3 | 0:18:40 | 12,86 | 4:40 |
| 29 | 296 | Vergison Johnny | Assebroek | BLANCO | MMAS | 8 | 0:18:41 | 12,85 | 4:40 |
| 30 | 298 | Neyrinck Steven | Zwevezele | | MMAS | 9 | 0:18:59 | 12,65 | 4:45 |
| 31 | 301 | Ghesquiere Wietse | Assebroek | SODIBRUG | MSEN | 18 | 0:19:16 | 12,45 | 4:49 |
| 32 | 332 | Dewaele Shanna | Gullegem | acr | VSEN | 4 | 0:19:27 | 12,34 | 4:52 |
| 33 | 291 | Declerck Bryan | Oostkamp | | MSEN | 19 | 0:19:28 | 12,33 | 4:52 |
| 34 | 321 | Blomme Damienne | Meetkerke | ABAV | VMAS | 1 | 0:19:38 | 12,22 | 4:55 |
| 35 | 328 | Dutrieux Louis | St_Andries | | MSEN | 20 | 0:19:55 | 12,05 | 4:59 |
| 36 | 309 | Snauwaert Andy | Maldegem | | MSEN | 21 | 0:19:55 | 12,05 | 4:59 |
| 37 | 312 | Saeninck Daniel | Beernem | | MMAS | 10 | 0:20:00 | 12,00 | 5:00 |
| 38 | 320 | Stultjens Bea | Meetkerke | ABAV | VSEN | 5 | 0:20:01 | 11,99 | 5:00 |
| 39 | 273 | Tanghe Mathias | Oostkamp | Callant | MSEN | 22 | 0:20:03 | 11,97 | 5:01 |
| 40 | 285 | Claeys Martin | Brugge | SODIBRUG | MMAS | 11 | 0:20:05 | 11,95 | 5:01 |
| 41 | 319 | Stultjens Sara | Meetkerke | ABAV | VSEN | 6 | 0:20:19 | 11,81 | 5:05 |
| 42 | 327 | Delhaye Luka | Oostkamp | | VSEN | 7 | 0:20:23 | 11,77 | 5:06 |
| 43 | 284 | Rabout Stefaan | Oostkamp | | MMAS | 12 | 0:20:25 | 11,76 | 5:06 |
| 44 | 330 | Rotsaert Ilse | Beernem | RCG | VMAS | 2 | 0:20:30 | 11,70 | 5:08 |
| 45 | 329 | De Bel Nico | Beernem | RCG | MMAS | 13 | 0:20:31 | 11,70 | 5:08 |
| 46 | 343 | Riemaeker Marc | Vlaamingstraat | | MMAS | 14 | 0:20:43 | 11,59 | 5:11 |
| 47 | 311 | Debel Jolien | Tielt | | VSEN | 8 | 0:20:44 | 11,57 | 5:11 |
| 48 | 308 | Franssens Dirk | Sint-Joris | | MMAS | 15 | 0:20:45 | 11,56 | 5:11 |
| 49 | 334 | Vereecke Gerda | Beernem | BLANCO | VMAS | 3 | 0:20:47 | 11,55 | 5:12 |
| 49 | 334 | De Jaegher Steven | Oostkamp | | MSEN | 23 | 0:20:47 | 11,55 | 5:12 |
| 50 | 300 | Van Nevel Ignace | Oostkamp | JC Aalter | MMAS | 16 | 0:20:50 | 11,52 | 5:13 |
| 51 | 316 | Taillieu Carolien | Oostkamp | | VSEN | 9 | 0:21:49 | 11,00 | 5:27 |
| 52 | 317 | Demuyne Evie | Assebroek | | VSEN | 10 | 0:21:49 | 11,00 | 5:27 |
| 53 | 303 | Mestdagh Robin | Ruddervoorde | | MSEN | 24 | 0:21:53 | 10,96 | 5:28 |
| 54 | 342 | Claeys Jolien | Knesselare | RCG | VSEN | 11 | 0:22:11 | 10,82 | 5:33 |
| 55 | 340 | Huygebaert Lore | Knesselare | RCG | VSEN | 12 | 0:22:11 | 10,82 | 5:33 |
| 56 | 333 | Mortier Annemie | Oostkamp | | VMAS | 4 | 0:22:53 | 10,49 | 5:43 |
| 57 | 289 | Dhondt Els | Oostkamp | | VMAS | 5 | 0:22:54 | 10,48 | 5:43 |
| 58 | 286 | De Spegelaere Sofie | Oostkamp | | VSEN | 13 | 0:22:54 | 10,48 | 5:44 |
| 59 | 337 | Cambier Joke | Oostkamp | RCG | VSEN | 14 | 0:22:55 | 10,48 | 5:44 |
| 60 | 306 | Defruyts Olivia | Assebroek | | VSEN | 15 | 0:23:47 | 10,09 | 5:57 |
| 61 | 287 | Claeys Amelien | Oostkamp | | VSEN | 16 | 0:24:15 | 9,90 | 6:04 |

| PL | NR | Naam | Woonplaats | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------|------------|---------|------|-------|---------|------|---------|
| 62 | 288 | Claeys Jurgen | Oostkamp | | MMAS | 17 | 0:24:15 | 9,89 | 6:04 |
| 63 | 293 | Coghe Marleen | Oedelem | RCG | VMAS | 6 | 0:24:26 | 9,83 | 6:06 |
| 64 | 275 | De Keyser Jan | Oostkamp | | MMAS | 18 | 0:24:54 | 9,64 | 6:14 |
| 65 | 323 | Bigler Kim | Zedelgem | | VSEN | 17 | 0:25:11 | 9,53 | 6:18 |
| 66 | 278 | Debecq Judith | Hertsberge | | VSEN | 18 | 0:25:34 | 9,38 | 6:24 |
| 67 | 335 | Vanhauter Pilar | Sijsele | | VSEN | 19 | 0:25:44 | 9,33 | 6:26 |
| 68 | 336 | Van Waelegheem Els | Sijsele | | VMAS | 7 | 0:25:46 | 9,32 | 6:26 |
| 69 | 292 | Claeys Anna | Oostkamp | RCG | VMAS | 8 | 0:26:21 | 9,11 | 6:35 |
| 70 | 310 | Huys Melissa | Maldegem | | VSEN | 20 | 0:26:39 | 9,01 | 6:40 |
| 71 | 272 | Arnout Loes | Oostkamp | Callant | VSEN | 21 | 0:26:42 | 8,99 | 6:41 |
| 72 | 271 | Vermeulen Kim | Oostkamp | Callant | VSEN | 22 | 0:28:07 | 8,53 | 7:02 |
| 73 | 325 | Devacht Kelly | Oostkamp | | VSEN | 23 | 0:29:16 | 8,20 | 7:19 |
| 74 | 324 | Bollaert Kathleen | Zedelgem | | VMAS | 9 | 0:31:18 | 7,67 | 7:49 |
| 75 | 326 | Vanroye Marfa | Oostkamp | | VMAS | 10 | 0:31:19 | 7,66 | 7:50 |

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10 KM

| PL | NR | Naam | Woonplaats | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|------------------------|---------------------|-----------------|------|-------|---------|-------|---------|
| 1 | 1723 | Woldu Ghirmay | Brugge | | MMAS | 1 | 0:31:24 | 19,11 | 3:08 |
| 2 | 1751 | Vandermeersch Thijs | Torhout | HAC | MSEN | 1 | 0:32:14 | 18,62 | 3:13 |
| 3 | 1695 | De Caluwe Cedric | Sint-Michiels | ABAV | MMAS | 2 | 0:32:26 | 18,50 | 3:15 |
| 4 | 1742 | Colpaert Frederick | Handzame | AVMO | MMAS | 3 | 0:32:34 | 18,42 | 3:15 |
| 5 | 1744 | Meire Tom | Assebroek | OB | MSEN | 2 | 0:33:15 | 18,04 | 3:20 |
| 6 | 1745 | Van De Walle Dieter | Gullegem | EA | MSEN | 3 | 0:33:16 | 18,03 | 3:20 |
| 7 | 1773 | Bleyaert Bart | Knesselare | ABAV | MMAS | 4 | 0:33:26 | 17,95 | 3:21 |
| 8 | 1779 | Algoet Nico | Assebroek | SODIBRUG | MMAS | 5 | 0:33:36 | 17,85 | 3:22 |
| 9 | 1788 | Mestdagh Simon | Brugge | HAC | MSEN | 4 | 0:33:54 | 17,70 | 3:23 |
| 10 | 1688 | Bossier Eddy | Oudenburg | ABAV | MMAS | 6 | 0:33:58 | 17,66 | 3:24 |
| 11 | 1765 | Maene Bart | Sijsele | OB | MSEN | 5 | 0:34:27 | 17,42 | 3:27 |
| 12 | 1697 | Ysebaert Bart | Assebroek | ABAV | MSEN | 6 | 0:34:41 | 17,30 | 3:28 |
| 13 | 1775 | Baert Jurgen | Sint-Andries | | MMAS | 7 | 0:34:57 | 17,17 | 3:30 |
| 14 | 1676 | De Bois Wim | Beernem | RCG | MMAS | 8 | 0:34:59 | 17,15 | 3:30 |
| 15 | 1763 | Tanghe Stefaan | Beernem | BEHO | MMAS | 9 | 0:35:14 | 17,03 | 3:31 |
| 16 | 1789 | Van Cauwenberghe Filip | Wingene | BEHO | MMAS | 10 | 0:35:33 | 16,88 | 3:33 |
| 17 | 1662 | Derous Stefaan | Brugge-Sint-Andries | SODIBRUG | MMAS | 11 | 0:36:15 | 16,55 | 3:37 |
| 18 | 1694 | Recour Nico | Ruiselede | BEHO | MMAS | 12 | 0:36:38 | 16,38 | 3:40 |
| 19 | 1794 | Meulebrouck Paul | Brugge | SODIBRUG | MMAS | 13 | 0:37:01 | 16,21 | 3:42 |
| 20 | 1747 | Claeys Marlon | Beernem | BLANCO | MSEN | 7 | 0:37:11 | 16,14 | 3:43 |
| 21 | 1727 | Van Leirsberghe Tim | Assebroek | | MSEN | 8 | 0:37:14 | 16,12 | 3:43 |
| 22 | 1684 | Thienpont Ria | Brugge | AVMO | VMAS | 1 | 0:37:19 | 16,08 | 3:44 |
| 23 | 1808 | Declerck Peter | Sijsele | BEHO | MMAS | 14 | 0:37:19 | 16,08 | 3:44 |
| 24 | 1756 | Vanpoucke Fabian | Oedelem | RCG | MSEN | 9 | 0:37:25 | 16,04 | 3:44 |
| 25 | 1749 | Caenepeel Hans | St-Kruis | SODIBRUG | MMAS | 15 | 0:37:33 | 15,98 | 3:45 |
| 26 | 1731 | Franssens Jens | Tielt | | MSEN | 10 | 0:37:43 | 15,91 | 3:46 |
| 27 | 1685 | De Keyser Kristof | Brugge | ABAV | MMAS | 16 | 0:38:06 | 15,75 | 3:49 |
| 28 | 1782 | Vanderschaeghe Dries | Assebroek | BEHO | MMAS | 17 | 0:38:14 | 15,69 | 3:49 |
| 29 | 1804 | De Vreese Thierry | Beernem | RCG | MMAS | 18 | 0:38:15 | 15,69 | 3:49 |
| 30 | 1737 | Demuyne Koen | St-Kruis | | MSEN | 11 | 0:38:25 | 15,61 | 3:51 |
| 31 | 1766 | Viaene Tim | Gent | RCG | MSEN | 12 | 0:38:36 | 15,54 | 3:52 |
| 32 | 1664 | Bonamie Tommy | Oostkamp | | MSEN | 13 | 0:38:40 | 15,51 | 3:52 |
| 33 | 1667 | Dewispelaere Patrick | Waardamme | | MMAS | 19 | 0:38:41 | 15,51 | 3:52 |
| 34 | 1690 | Vanden Berghe Patrick | Oostkamp | SODIBRUG | MMAS | 20 | 0:38:43 | 15,50 | 3:52 |
| 35 | 1767 | Matthys Rony | Assebroek | | MMAS | 21 | 0:38:59 | 15,39 | 3:54 |
| 36 | 1785 | Claerbout Peggy | Brugge | | VMAS | 2 | 0:39:14 | 15,29 | 3:55 |
| 37 | 1717 | Bleyaert Charles | Oostkamp | ABAV | MMAS | 22 | 0:39:16 | 15,28 | 3:56 |
| 38 | 1820 | Vanbockryck Luc | Tielt | | MMAS | 23 | 0:39:24 | 15,23 | 3:56 |
| 39 | 1670 | Verbrugge Stefaan | Oostkamp | RCG | MMAS | 24 | 0:39:26 | 15,22 | 3:57 |
| 40 | 1666 | Tack Davy | Oostrozebeke | | MSEN | 14 | 0:39:33 | 15,17 | 3:57 |
| 41 | 1811 | Van Parys Stijn | Damme | | MSEN | 15 | 0:39:37 | 15,14 | 3:58 |
| 42 | 1786 | Vanhee Tom | Beernem | BEHO | MMAS | 25 | 0:39:44 | 15,10 | 3:58 |
| 43 | 1647 | Teerlinck Jorina | Oostkamp | TE Connectivity | VMAS | 3 | 0:39:57 | 15,02 | 4:00 |
| 44 | 1784 | Van Den Abeele Thomas | Sijsele | | MSEN | 16 | 0:40:01 | 15,00 | 4:00 |
| 45 | 1733 | Delerue Patrik | Beveren | | MMAS | 26 | 0:40:01 | 14,99 | 4:00 |
| 46 | 1736 | Van Den Bossche Bram | St-Michiels | SODIBRUG | MMAS | 27 | 0:40:02 | 14,99 | 4:00 |
| 47 | 1787 | Vandoorn Winny | Wingene | BEHO | MMAS | 28 | 0:40:18 | 14,89 | 4:02 |
| 48 | 1687 | De Ruwe Frederiek | Assebroek | | MSEN | 17 | 0:40:19 | 14,88 | 4:02 |
| 49 | 1817 | Gouwy Davy | Torhout | torrac | MSEN | 18 | 0:40:23 | 14,86 | 4:02 |
| 50 | 1797 | Vander Plaetse | St-Andries-Brugge | | MMAS | 29 | 0:40:31 | 14,81 | 4:03 |
| 51 | 1709 | Vermeersch Wim | Assebroek | | MMAS | 30 | 0:40:36 | 14,78 | 4:04 |
| 52 | 1696 | Coene Veronique | Beernem | BEHO | VMAS | 4 | 0:40:53 | 14,68 | 4:05 |
| 53 | 1815 | Mechelaere Dirk | Brugge | SODIBRUG | MMAS | 31 | 0:40:54 | 14,67 | 4:05 |
| 54 | 1792 | Dewulf Lieven | Oedelem | BEHO | MMAS | 32 | 0:41:10 | 14,57 | 4:07 |
| 55 | 1772 | Ballegeer Johan | Assebroek | SODIBRUG | MMAS | 33 | 0:41:33 | 14,44 | 4:09 |
| 56 | 1710 | Steeleman Ward | Oostkamp | | MMAS | 34 | 0:41:46 | 14,37 | 4:11 |
| 57 | 1781 | Wanders Maarten | Sint-Kruis | ABAV | MMAS | 35 | 0:41:50 | 14,34 | 4:11 |
| 58 | 1822 | Patteeuw Tom | Zwevezele | | MSEN | 19 | 0:41:54 | 14,32 | 4:11 |
| 59 | 1691 | Segers Christophe | Lissewege | SODIBRUG | MMAS | 36 | 0:41:56 | 14,31 | 4:12 |
| 60 | 1711 | Dufoort Geert | Oostkamp | FLAC | MMAS | 37 | 0:41:58 | 14,30 | 4:12 |
| 61 | 1771 | De Bruycker Carine | Sijsele | RCG | VMAS | 5 | 0:42:02 | 14,27 | 4:12 |

| PL | NR | Naam | Woonplaats | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|---------------|-----------------|------|-------|---------|-------|---------|
| 62 | 1740 | Defauw Lieven | Lichtervelde | | MSEN | 20 | 0:42:06 | 14,25 | 4:13 |
| 63 | 1640 | Schelstraete Nico | Oostkamp | TE Connectivity | MMAS | 38 | 0:42:36 | 14,08 | 4:16 |
| 64 | 1680 | Wouters Thyl | Assebroek | | MSEN | 21 | 0:42:37 | 14,08 | 4:16 |
| 65 | 1716 | Bombauid Celine | Thizy (FRA) | YACA COURIR | VMAS | 6 | 0:42:49 | 14,01 | 4:17 |
| 66 | 1724 | Defour Joffrey | Brugge | SODIBRUG | MMAS | 39 | 0:42:54 | 13,98 | 4:17 |
| 67 | 1793 | Cleppe Tanja | Brugge | SODIBRUG | VMAS | 7 | 0:42:55 | 13,98 | 4:17 |
| 68 | 1678 | Claeys Sharon | Oedelem | RCG | VSEN | 1 | 0:43:27 | 13,81 | 4:21 |
| 69 | 1610 | Nayaert Tom | Oostkamp | KSV Oostkamp | MSEN | 22 | 0:43:29 | 13,80 | 4:21 |
| 70 | 1791 | Bekemans Thomas | Assebroek | | MSEN | 23 | 0:43:32 | 13,78 | 4:21 |
| 71 | 1759 | Cambier Piet | Oostkamp | RCG | MMAS | 40 | 0:43:33 | 13,78 | 4:21 |
| 72 | 1750 | Steyaert Liselotte | Sint-Kruis | SODIBRUG | VMAS | 8 | 0:43:53 | 13,67 | 4:23 |
| 73 | 1755 | De Bois Roland | St-Joris | RCG | MMAS | 41 | 0:43:55 | 13,66 | 4:23 |
| 74 | 1703 | Beernaert Tom | Oostkamp | | MSEN | 24 | 0:44:01 | 13,63 | 4:24 |
| 75 | 1790 | De Meulenaere Rik | Oostkamp | FLAC | MMAS | 42 | 0:44:02 | 13,62 | 4:24 |
| 76 | 1796 | Jacobus Roels | Wingene | BEHO | MMAS | 43 | 0:44:04 | 13,62 | 4:24 |
| 77 | 1646 | Rosseel Jethro | Oostkamp | TE Connectivity | MSEN | 25 | 0:44:04 | 13,61 | 4:24 |
| 78 | 1699 | Stul Geert | Damme | | MMAS | 44 | 0:44:11 | 13,58 | 4:25 |
| 79 | 1653 | Aerssens Henk | Oostkamp | TE Connectivity | MMAS | 45 | 0:44:11 | 13,58 | 4:25 |
| 80 | 1809 | Notebaert Steven | Zwevezele | | MMAS | 46 | 0:44:15 | 13,56 | 4:26 |
| 81 | 1764 | Nuyts Erik | Eeklo | krekenlopers | MMAS | 47 | 0:44:24 | 13,51 | 4:26 |
| 82 | 1807 | Van Damme Dimitri | Rumbeke | | MSEN | 26 | 0:44:35 | 13,46 | 4:28 |
| 83 | 1806 | Matthys Tom | Sint-Michiels | | MSEN | 27 | 0:44:36 | 13,45 | 4:28 |
| 84 | 1823 | Verbust Sven | Sint-Kruis | | MMAS | 48 | 0:44:58 | 13,34 | 4:30 |
| 85 | 1609 | Langerael Kjell | Oostkamp | KSV Oostkamp | MSEN | 28 | 0:45:02 | 13,32 | 4:30 |
| 86 | 1725 | Vandewalle Jurgen | Oostkamp | | MMAS | 49 | 0:45:06 | 13,31 | 4:31 |
| 87 | 1642 | De Graeve Steven | Oostkamp | TE Connectivity | MSEN | 29 | 0:45:08 | 13,30 | 4:31 |
| 88 | 1719 | Lust Tijs | Gent | | MSEN | 30 | 0:45:13 | 13,27 | 4:31 |
| 89 | 1661 | Tanghe Nancy | Knesselare | RCG | VMAS | 9 | 0:45:16 | 13,25 | 4:32 |
| 90 | 1601 | Boelens Dick | Oostkamp | KSV Oostkamp | MSEN | 31 | 0:45:18 | 13,25 | 4:32 |
| 91 | 1821 | Godderis Filip | Ruddervoorde | | MSEN | 32 | 0:45:23 | 13,22 | 4:32 |
| 92 | 1668 | De Groote Björn | Waardamme | | MMAS | 50 | 0:45:26 | 13,20 | 4:33 |
| 93 | 1801 | Depestel Fabian | Oostkamp | OB | MSEN | 33 | 0:45:29 | 13,19 | 4:33 |
| 94 | 1754 | Vanhauter Miro | Sijsele | OB | MSEN | 34 | 0:45:29 | 13,19 | 4:33 |
| 95 | 1657 | Strubbe Joeri | Oostkamp | TE Connectivity | MSEN | 35 | 0:45:33 | 13,17 | 4:33 |
| 96 | 1743 | Schatteman Marc | Oostkamp | | MMAS | 51 | 0:45:35 | 13,17 | 4:33 |
| 97 | 1720 | Lust Johan | Oostkamp | BEHO | MMAS | 52 | 0:45:38 | 13,15 | 4:34 |
| 98 | 1825 | Cambier Bert | Oostkamp | RCG | MSEN | 36 | 0:45:53 | 13,08 | 4:35 |
| 99 | 1795 | De Bruyne Andy | Oostkamp | | MMAS | 53 | 0:46:02 | 13,04 | 4:36 |
| 100 | 1748 | Innegraeve Peter | Sint-Michiels | SODIBRUG | MMAS | 54 | 0:46:03 | 13,03 | 4:36 |
| 101 | 1813 | Deschacht Marc | Zeebrugge | | MMAS | 55 | 0:46:32 | 12,89 | 4:39 |
| 102 | 1734 | Belaen Jo | Oedelem | BEHO | MMAS | 56 | 0:46:36 | 12,88 | 4:40 |
| 103 | 1620 | De Buyser Timo | Oostkamp | KSV Oostkamp | MSEN | 37 | 0:46:40 | 12,86 | 4:40 |
| 104 | 1619 | De Buyser Janou | Oostkamp | KSV Oostkamp | MSEN | 38 | 0:46:40 | 12,86 | 4:40 |
| 105 | 1608 | Devuyst Meindert | Oostkamp | KSV Oostkamp | MSEN | 39 | 0:46:42 | 12,85 | 4:40 |
| 106 | 1739 | Van De Velde Joost | Oostkamp | | MMAS | 57 | 0:46:56 | 12,78 | 4:42 |
| 107 | 1614 | Van Hauwaert Dino | Oostkamp | KSV Oostkamp | MSEN | 40 | 0:47:02 | 12,76 | 4:42 |
| 108 | 1760 | Verstraete Marc | Brugge | | MMAS | 58 | 0:47:13 | 12,71 | 4:43 |
| 109 | 1726 | Demeyer Els | Ruddervoorde | | VSEN | 2 | 0:47:17 | 12,69 | 4:44 |
| 110 | 1783 | Gengembre David | Duinkerke | | MMAS | 59 | 0:47:21 | 12,67 | 4:44 |
| 111 | 1707 | Coture Arne | Ruddervoorde | | MSEN | 41 | 0:47:24 | 12,66 | 4:44 |
| 112 | 1805 | Vantorre Daniel | Sint-Andries | ABAV | MMAS | 60 | 0:47:40 | 12,59 | 4:46 |
| 113 | 1663 | Hauspie Stijn | Diksmuide | | MSEN | 42 | 0:47:45 | 12,57 | 4:46 |
| 114 | 1671 | Lanssens Stefan | Oostkamp | | MMAS | 61 | 0:47:50 | 12,54 | 4:47 |
| 115 | 1738 | Van Leirsberghe Paul | Oedelem | RCG | MMAS | 62 | 0:47:51 | 12,54 | 4:47 |
| 116 | 1607 | Dumoulin Mathieu | Oostkamp | KSV Oostkamp | MSEN | 43 | 0:47:53 | 12,53 | 4:47 |
| 117 | 1818 | Vandenabeele Piet | Oostkamp | FLAC | MMAS | 63 | 0:47:55 | 12,52 | 4:47 |
| 118 | 1778 | De Craemer Isabelle | Oostkamp | RCG | VMAS | 10 | 0:47:56 | 12,52 | 4:48 |
| 119 | 1604 | Dhaeninck Bjorn | Oostkamp | KSV Oostkamp | MSEN | 44 | 0:48:13 | 12,45 | 4:49 |
| 120 | 1730 | Masyn Luc | Assebroek | BEHO | MMAS | 64 | 0:48:13 | 12,44 | 4:49 |
| 121 | 1616 | Van Eenoo Joren | Oostkamp | KSV Oostkamp | MSEN | 45 | 0:48:15 | 12,43 | 4:50 |
| 122 | 1630 | Verhelst Jari | Oostkamp | KSV Oostkamp | MSEN | 46 | 0:48:21 | 12,41 | 4:50 |
| 123 | 1686 | Van Haver Eric | Zuierenkerke | | MMAS | 65 | 0:48:31 | 12,37 | 4:51 |
| 124 | 1641 | Van De Voorde Patrick | Oostkamp | TE Connectivity | MMAS | 66 | 0:48:35 | 12,35 | 4:52 |
| 125 | 1777 | Timmerman Didier | Beernem | BEHO | MMAS | 67 | 0:48:39 | 12,33 | 4:52 |
| 126 | 1761 | Van Der Plaetse Paul | Oedelem | BEHO | MMAS | 68 | 0:48:47 | 12,30 | 4:53 |

| PL | NR | Naam | Woonplaats | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|--------------------------|--------------|-----------------|------|-------|---------|-------|---------|
| 127 | 1721 | Bex Patricia | Heule | | VMAS | 11 | 0:48:48 | 12,29 | 4:53 |
| 128 | 1757 | Hoste Luc | Beernem | BEHO | MMAS | 69 | 0:48:51 | 12,28 | 4:53 |
| 129 | 1617 | Claeys Robin | Oostkamp | KSV Oostkamp | MSEN | 47 | 0:48:55 | 12,27 | 4:53 |
| 130 | 1770 | Keirse Lieve | Maldegem | BEHO | VMAS | 12 | 0:48:55 | 12,26 | 4:54 |
| 131 | 1681 | Wouters Bart | Assebroek | | MMAS | 70 | 0:49:02 | 12,23 | 4:54 |
| 132 | 1612 | Taillieu Stijn | Oostkamp | KSV Oostkamp | MSEN | 48 | 0:49:06 | 12,22 | 4:55 |
| 133 | 1615 | Vyncke Tim | Oostkamp | KSV Oostkamp | MSEN | 49 | 0:49:13 | 12,19 | 4:55 |
| 134 | 1693 | Neyskens Guido | Hertsberge | BEHO | MMAS | 71 | 0:49:14 | 12,19 | 4:55 |
| 135 | 1769 | Guidée Christiaan | Brugge | triathlon damme | MMAS | 72 | 0:49:16 | 12,18 | 4:56 |
| 136 | 1618 | Cornelis Klaas | Oostkamp | KSV Oostkamp | MSEN | 50 | 0:49:27 | 12,13 | 4:57 |
| 137 | 1803 | Lescouhier Pieter | Oostkamp | | MMAS | 73 | 0:49:34 | 12,10 | 4:57 |
| 138 | 1774 | Vankersschaever Wouter | Brugge | | MMAS | 74 | 0:49:48 | 12,05 | 4:59 |
| 139 | 1623 | Focquart Kjell | Oostkamp | KSV Oostkamp | MSEN | 51 | 0:49:49 | 12,04 | 4:59 |
| 140 | 1722 | Vanbaelenberghe Bart | Beernem | BLANCO | MMAS | 75 | 0:49:52 | 12,03 | 4:59 |
| 141 | 1633 | Samoy Jurgen | Oostkamp | KSV Oostkamp | MSEN | 52 | 0:49:53 | 12,03 | 4:59 |
| 142 | 1819 | Gilliaert Jurgen | Assebroek | | MMAS | 76 | 0:49:59 | 12,00 | 5:00 |
| 143 | 1746 | Verstraete Charlie | Oostkamp | FLAC | MSEN | 53 | 0:50:13 | 11,95 | 5:01 |
| 144 | 1776 | Clevers Marnix | Lissewege | SODIBRUG | MMAS | 77 | 0:50:42 | 11,84 | 5:04 |
| 145 | 1812 | De Brabandere Christophe | Oostkamp | ddr | MMAS | 78 | 0:50:45 | 11,82 | 5:05 |
| 146 | 1704 | De Bruyne Nina | Brugge | BEHO | VMAS | 13 | 0:50:51 | 11,80 | 5:05 |
| 147 | 1645 | Claeysier Rita | Oostkamp | TE Connectivity | VMAS | 14 | 0:50:53 | 11,79 | 5:05 |
| 148 | 1659 | Meeussen Koen | Oostkamp | TE Connectivity | MMAS | 79 | 0:51:05 | 11,75 | 5:06 |
| 149 | 1679 | Trioen Branko | Jabbeke | | MSEN | 54 | 0:51:10 | 11,73 | 5:07 |
| 150 | 1683 | Lebbe Patricia | Sint-Andries | | VMAS | 15 | 0:51:20 | 11,69 | 5:08 |
| 151 | 1658 | Deprez Koen | Oostkamp | TE Connectivity | MMAS | 80 | 0:51:31 | 11,65 | 5:09 |
| 152 | 1644 | Denbaes Marc | Oostkamp | TE Connectivity | MMAS | 81 | 0:51:34 | 11,64 | 5:09 |
| 153 | 1650 | Corneillie Benny | Oostkamp | TE Connectivity | MMAS | 82 | 0:51:49 | 11,58 | 5:11 |
| 154 | 1603 | Coeck Arne | Oostkamp | KSV Oostkamp | MSEN | 55 | 0:51:53 | 11,56 | 5:11 |
| 155 | 1626 | Lenihan Arvid | Oostkamp | KSV Oostkamp | MSEN | 56 | 0:51:54 | 11,56 | 5:11 |
| 156 | 1682 | Lemahieu Magali | Sint-Andries | | VSEN | 3 | 0:51:57 | 11,55 | 5:12 |
| 157 | 1735 | Landuyt Flor | Oedelem | BEHO | MMAS | 83 | 0:52:09 | 11,50 | 5:13 |
| 158 | 1752 | Vanderschaeghe Roland | Oedelem | BEHO | MMAS | 84 | 0:52:10 | 11,50 | 5:13 |
| 159 | 1632 | De Mil Rik | Oostkamp | KSV Oostkamp | MSEN | 57 | 0:52:11 | 11,50 | 5:13 |
| 160 | 1712 | Dierckens Danny | Hertsberge | | MSEN | 58 | 0:52:14 | 11,49 | 5:13 |
| 161 | 1643 | Vandenberghé Joost | Oostkamp | TE Connectivity | MMAS | 85 | 0:52:19 | 11,47 | 5:14 |
| 162 | 1824 | Spoormans Igor | Aalter | JC Aalter | MSEN | 59 | 0:52:25 | 11,45 | 5:15 |
| 163 | 1762 | Versluys Sabine | Knesselare | RCG | VMAS | 16 | 0:52:36 | 11,41 | 5:16 |
| 164 | 1814 | Verhelst Olivier | Oostkamp | RCG | MMAS | 86 | 0:52:47 | 11,37 | 5:17 |
| 165 | 1648 | Diet Jurgen | Oostkamp | TE Connectivity | MMAS | 87 | 0:52:53 | 11,34 | 5:17 |
| 166 | 1753 | Carette Sabine | Assebroek | SODIBRUG | VMAS | 17 | 0:53:07 | 11,30 | 5:19 |
| 167 | 1631 | Versyp Evert | Oostkamp | KSV Oostkamp | MSEN | 60 | 0:53:15 | 11,27 | 5:19 |
| 168 | 1649 | Vandewalle Kevin | Oostkamp | TE Connectivity | MSEN | 61 | 0:53:35 | 11,20 | 5:22 |
| 169 | 1627 | Missine Joren | Oostkamp | KSV Oostkamp | MSEN | 62 | 0:53:39 | 11,18 | 5:22 |
| 170 | 1802 | Depestel Koen | Oostkamp | | MMAS | 88 | 0:53:53 | 11,14 | 5:23 |
| 171 | 1706 | Heyns Mieke | Oostkamp | | VSEN | 4 | 0:53:55 | 11,13 | 5:24 |
| 172 | 1675 | Cool Aniana | Oedelem | DAVOS Inc | VMAS | 18 | 0:54:00 | 11,11 | 5:24 |
| 173 | 1674 | Browaey's Tom | Tielt | AVMO | MMAS | 89 | 0:54:00 | 11,11 | 5:24 |
| 174 | 1708 | Van Parys Dieter | Oostkamp | | MMAS | 90 | 0:54:01 | 11,11 | 5:24 |
| 175 | 1651 | Vandendriessche Jasmijn | Oostkamp | TE Connectivity | VSEN | 5 | 0:54:02 | 11,10 | 5:24 |
| 176 | 1713 | Lannoo Nathalie | Oostkamp | | VSEN | 6 | 0:54:06 | 11,09 | 5:25 |
| 177 | 1715 | Leyssens Greta | Oostkamp | | VMAS | 19 | 0:54:08 | 11,08 | 5:25 |
| 178 | 1677 | Vanneuville Kurt | Beernem | BEHO | MMAS | 91 | 0:54:12 | 11,07 | 5:25 |
| 179 | 1611 | Peel Alexander | Oostkamp | KSV Oostkamp | MSEN | 63 | 0:54:16 | 11,06 | 5:26 |
| 180 | 1729 | Genbrugge Marnix | Beernem | BEHO | MMAS | 92 | 0:54:16 | 11,06 | 5:26 |
| 181 | 1621 | De Clerck Lucas | Oostkamp | KSV Oostkamp | MSEN | 64 | 0:54:17 | 11,05 | 5:26 |
| 182 | 1665 | Haeck Bertrand | Beernem | BEHO | MMAS | 93 | 0:54:41 | 10,97 | 5:28 |
| 183 | 1605 | De Grande Roy | Oostkamp | KSV Oostkamp | MSEN | 65 | 0:54:58 | 10,91 | 5:30 |
| 184 | 1780 | Cromheecke Quinten | Oostkamp | | MSEN | 66 | 0:55:03 | 10,90 | 5:30 |
| 185 | 1636 | Deprée Wendy | Oostkamp | Callant | VMAS | 20 | 0:55:12 | 10,87 | 5:31 |
| 186 | 1637 | Bussche Pieter | Oostkamp | Callant | MSEN | 67 | 0:55:13 | 10,87 | 5:31 |
| 187 | 1728 | Glaude Martine | Brugge | SODIBRUG | VMAS | 21 | 0:55:35 | 10,79 | 5:34 |
| 188 | 1714 | Gernaey Johan | Oostkamp | | MMAS | 94 | 0:55:37 | 10,79 | 5:34 |
| 189 | 1741 | Peuteman Joan | Brugge | | MMAS | 95 | 0:55:47 | 10,76 | 5:35 |
| 190 | 1816 | Blieck Stephanie | Oostkamp | | VSEN | 7 | 0:55:52 | 10,74 | 5:35 |
| 191 | 1758 | Huygelen Annemie | Oostkamp | | VMAS | 22 | 0:56:17 | 10,66 | 5:38 |

| PL | NR | Naam | Woonplaats | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|--------------|-----------------|------|-------|---------|-------|---------|
| 192 | 1810 | Vanryckeghem Hans | Hertsberge | BEHO | MMAS | 96 | 0:56:33 | 10,61 | 5:39 |
| 193 | 1639 | Vermandel Yvette | Brugge | BEHO | VMAS | 23 | 0:56:34 | 10,61 | 5:39 |
| 194 | 1732 | Talloon Tom | Oostkamp | | MMAS | 97 | 0:56:48 | 10,56 | 5:41 |
| 195 | 1655 | Van Canneyt Mara | Oostkamp | TE Connectivity | VSEN | 8 | 0:56:49 | 10,56 | 5:41 |
| 196 | 1692 | Casteleyn Els | Oostkamp | RCG | VMAS | 24 | 0:57:02 | 10,52 | 5:42 |
| 197 | 1634 | Callant Peter | Oostkamp | Callant | MMAS | 98 | 0:57:18 | 10,47 | 5:44 |
| 198 | 1638 | Neirinck Luc | Oostkamp | Callant | MMAS | 99 | 0:57:19 | 10,47 | 5:44 |
| 199 | 1654 | Regelbrugge Doenja | Oostkamp | TE Connectivity | VMAS | 25 | 0:57:24 | 10,45 | 5:44 |
| 200 | 1768 | Vancompernelle Kristien | Beernem | BEHO | VMAS | 26 | 0:58:43 | 10,22 | 5:52 |
| 201 | 1635 | Huyghe Mandy | Oostkamp | Callant | VSEN | 9 | 1:00:38 | 9,90 | 6:04 |
| 202 | 1799 | Verfaillie Fransiska | Assebroek | | VSEN | 10 | 1:00:48 | 9,87 | 6:05 |
| 203 | 1800 | Maene Rik | Assebroek | orscamp tc | MMAS | 100 | 1:00:49 | 9,87 | 6:05 |
| 204 | 1700 | Banckaert Jan | Sint-Andries | PURE Senses | MMAS | 101 | 1:02:42 | 9,57 | 6:16 |
| 205 | 1798 | Desrumaux Wilfried | Sint-Kruis | SODIBRUG | MMAS | 102 | 1:03:23 | 9,47 | 6:20 |