

30e Herentals > Tielen - 23 juni 2013

6 KM

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|----------------------|-----------------|-----|-------|---------|-------|---------|
| 1 | 755 | AUWERS Seppe | K RETIE SK | M | 1 | 0:22:09 | 16,25 | 3:42 |
| 2 | 763 | VAN LEUFFELEN Jan | AC WESTERLO | M | 2 | 0:22:34 | 15,95 | 3:46 |
| 3 | 790 | STEENACKERS Gert | LICHTAART | M | 3 | 0:22:40 | 15,88 | 3:47 |
| 4 | 782 | VAN HOECK Guy | OOSTMALLE | M | 4 | 0:22:44 | 15,84 | 3:47 |
| 5 | 772 | VERMEIREN Koen | ALV | M | 5 | 0:22:52 | 15,74 | 3:49 |
| 6 | 762 | VAN LEUFFELEN Jelle | AC WESTERLO | M | 6 | 0:23:01 | 15,64 | 3:50 |
| 7 | 779 | LIEVENS Herman | KASTEELLOPERS | M | 7 | 0:23:31 | 15,31 | 3:55 |
| 8 | 740 | SPAEPEN Michiel | KFC DE KEMPEN | M | 8 | 0:25:08 | 14,32 | 4:11 |
| 9 | 788 | HEYLEN Toon | GEEL | M | 9 | 0:25:39 | 14,04 | 4:16 |
| 10 | 721 | SNIJDER Tim | HERENTALS | M | 10 | 0:25:59 | 13,86 | 4:20 |
| 11 | 786 | DESTOMBES Tobbe | GIERLE | M | 11 | 0:26:05 | 13,80 | 4:21 |
| 12 | 735 | JANSSENS Davy | LICHTAART | M | 12 | 0:26:13 | 13,73 | 4:22 |
| 13 | 733 | PAULUSSEN Marnic | GIERLE | M | 13 | 0:26:20 | 13,67 | 4:23 |
| 14 | 750 | VERVOORT Senne | TIELEN | M | 14 | 0:26:21 | 13,66 | 4:24 |
| 15 | 737 | NUYTS Niels | KASTERLEE | M | 15 | 0:26:24 | 13,64 | 4:24 |
| 16 | 776 | SWAANS Chiel | GIERLE | M | 16 | 0:26:31 | 13,58 | 4:25 |
| 17 | 777 | SWAANS Tim | ALV | M | 17 | 0:26:33 | 13,56 | 4:26 |
| 18 | 794 | SCHOONVLIET Stein | OUD TURNHOUT | M | 18 | 0:27:13 | 13,23 | 4:32 |
| 19 | 747 | VAN TENDELOO Marc | KASTEELLOPERS | M | 19 | 0:27:33 | 13,07 | 4:36 |
| 20 | 708 | JACOBS Michiel | UMICORE | M | 20 | 0:27:44 | 12,98 | 4:37 |
| 21 | 751 | JANSSEN Shana | ALV | V | 1 | 0:27:49 | 12,94 | 4:38 |
| 22 | 760 | JACOBS Ferre | GIERLE | M | 21 | 0:27:53 | 12,91 | 4:39 |
| 23 | 738 | LOODTS Jan | TIELEN | M | 22 | 0:28:14 | 12,75 | 4:42 |
| 24 | 758 | LEYSEN Ann | TURNHOUT | V | 2 | 0:28:29 | 12,64 | 4:45 |
| 25 | 705 | GORIS Marc | ACB | M | 23 | 0:29:00 | 12,41 | 4:50 |
| 26 | 781 | MARIËN Liliane | ALV | V | 3 | 0:29:15 | 12,31 | 4:53 |
| 27 | 791 | SCHOONVLIET Steven | OUUDTURNHOUT | M | 24 | 0:29:25 | 12,24 | 4:54 |
| 28 | 778 | LEYSEN Luc | ACHL | M | 25 | 0:29:27 | 12,22 | 4:55 |
| 29 | 713 | LEYSEN Senne | HERENTALS | M | 26 | 0:29:38 | 12,15 | 4:56 |
| 30 | 754 | MEEUWSEN Sten | KFC DE KEMPEN | M | 27 | 0:29:50 | 12,07 | 4:58 |
| 31 | 743 | EMBRECHTS Dimitri | CIRCUS BROTHERS | M | 28 | 0:29:56 | 12,03 | 4:59 |
| 32 | 717 | PIERRÉ Elin | UMICORE | V | 4 | 0:30:02 | 11,99 | 5:00 |
| 33 | 704 | DROUARD Wendy | UMICORE | V | 5 | 0:30:04 | 11,97 | 5:01 |
| 34 | 709 | KEUPPENS Jinthe | ATAC | V | 6 | 0:30:16 | 11,89 | 5:03 |
| 35 | 746 | VAN DEN BROEK Truus | ATAC | V | 7 | 0:30:17 | 11,89 | 5:03 |
| 36 | 761 | JACOBS Annelien | GIERLE | V | 8 | 0:30:22 | 11,86 | 5:04 |
| 37 | 765 | BAETENS Jan | ALV | M | 29 | 0:30:25 | 11,84 | 5:04 |
| 38 | 703 | DIELS Mieke | BEERSE | V | 9 | 0:31:07 | 11,57 | 5:11 |
| 39 | 725 | VAN DOOREN Christine | A.L.V | V | 10 | 0:31:27 | 11,45 | 5:15 |
| 40 | 718 | PIERRÉ Floor | UMICORE | V | 11 | 0:31:47 | 11,33 | 5:18 |
| 41 | 770 | JACOBS Bart | GEEL | M | 30 | 0:32:15 | 11,16 | 5:23 |
| 42 | 748 | PELCKMANS Ruben | KASTERLEE | M | 31 | 0:32:17 | 11,15 | 5:23 |
| 43 | 787 | LUYTEN Jens | ALV | M | 32 | 0:32:37 | 11,04 | 5:26 |
| 44 | 710 | LAENEN Sonja | UMICORE | V | 12 | 0:32:44 | 11,00 | 5:27 |
| 45 | 771 | SWANNET Nathan | TIELEN | M | 33 | 0:32:46 | 10,99 | 5:28 |
| 46 | 785 | BOONS Senne | TIELEN | M | 34 | 0:33:00 | 10,91 | 5:30 |
| 47 | 767 | HERMANS Dries | TIELEN | M | 35 | 0:33:08 | 10,87 | 5:31 |
| 48 | 702 | BORGHS Sofie | UMICORE | V | 13 | 0:33:10 | 10,85 | 5:32 |
| 49 | 769 | VAN DE WATER Hans | GIERLE | M | 36 | 0:33:18 | 10,81 | 5:33 |
| 50 | 793 | SCHOONVLIET Lotte | OUD TURNHOUT | V | 14 | 0:33:21 | 10,79 | 5:34 |
| 51 | 774 | PROOST Marie | KLJ | V | 15 | 0:33:25 | 10,77 | 5:34 |
| 52 | 764 | VAN ORSHAEGEN Nicole | HEIST | V | 16 | 0:34:00 | 10,59 | 5:40 |
| 53 | 714 | MEEUS Sophie | ARAC | V | 17 | 0:34:10 | 10,54 | 5:42 |
| 54 | 742 | PHILIPSEN Bas | TIELEN | M | 37 | 0:34:38 | 10,39 | 5:46 |
| 55 | 715 | MELIS Patrick | GIERLE | M | 38 | 0:34:46 | 10,35 | 5:48 |
| 56 | 719 | ROZIERS Carl | UMICORE | M | 39 | 0:35:13 | 10,22 | 5:52 |
| 57 | 789 | MERMANS Rit | ALV | V | 18 | 0:35:14 | 10,22 | 5:52 |
| 58 | 783 | MAES Marjan | ALV | V | 19 | 0:35:15 | 10,21 | 5:53 |
| 59 | 744 | MERTENS Mieke | ALV | V | 20 | 0:35:23 | 10,17 | 5:54 |
| 60 | 784 | VERSMISSEN Mirella | ALV | V | 21 | 0:35:24 | 10,17 | 5:54 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|---------------|-----|-------|---------|-------|---------|
| 61 | 757 | CHODY Khadja Mira | ATAC | V | 22 | 0:35:51 | 10,04 | 5:59 |
| 62 | 756 | CHODY Christian | TURNHOUT | M | 40 | 0:35:52 | 10,04 | 5:59 |
| 63 | 780 | PLUYM Nicole | KASTEELLOPERS | V | 23 | 0:36:05 | 9,98 | 6:01 |
| 64 | 727 | VAN HEES Axelle | TURNHOUT | V | 24 | 0:36:31 | 9,86 | 6:05 |
| 65 | 723 | TOURNEL Kaat | WOMMELGEM | V | 25 | 0:36:33 | 9,85 | 6:05 |
| 66 | 775 | OOMEN Elien | KLJ | V | 26 | 0:36:53 | 9,76 | 6:09 |
| 67 | 739 | EMBRECHTS Lisa/Jore | TJAK | V | 27 | 0:37:00 | 9,73 | 6:10 |
| 68 | 741 | VERVOORT Katrien | TJAK | V | 28 | 0:37:02 | 9,72 | 6:10 |
| 69 | 792 | EMBRECHTS Veerle | OUD TURNHOUT | V | 29 | 0:37:03 | 9,72 | 6:10 |
| 70 | 722 | TOPS Stephanie | LICHTAART | V | 30 | 0:37:31 | 9,60 | 6:15 |
| 71 | 766 | PEETERS Ellen | TIELEN | V | 31 | 0:37:45 | 9,54 | 6:17 |
| 72 | 711 | LEYSEN Julie | TIELEN | V | 32 | 0:37:47 | 9,53 | 6:18 |
| 73 | 712 | LEYSEN Rudie | TIELEN | M | 41 | 0:37:50 | 9,52 | 6:18 |
| 74 | 726 | VAN ENDE Ans | LICHTAART | V | 33 | 0:37:55 | 9,49 | 6:19 |
| 75 | 768 | PEETERS Karen | GIERLE | V | 34 | 0:37:57 | 9,49 | 6:20 |
| 76 | 728 | VAN LAARHOVEN Katrijn | HERENTALS | V | 35 | 0:37:59 | 9,48 | 6:20 |
| 77 | 724 | VAN DE WATER Mathias | TJAK | M | 42 | 0:38:05 | 9,45 | 6:21 |
| 78 | 729 | VAN LAARHOVEN Lieselotte | HERENTALS | V | 36 | 0:39:33 | 9,10 | 6:35 |
| 79 | 731 | SCHOENMAEKERS Sofie | TIELEN | V | 37 | 0:39:42 | 9,07 | 6:37 |
| 80 | 706 | HOREMANS Kathleen | HERENTALS | V | 38 | 0:39:54 | 9,02 | 6:39 |
| 81 | 707 | HOREMANS Mieke | HERENTALS | V | 39 | 0:39:56 | 9,02 | 6:39 |
| 82 | 773 | WILLEMS Jolien | KLJ | V | 40 | 0:40:26 | 8,90 | 6:44 |
| 83 | 734 | LAUWERS Lotte | TJAK | V | 41 | 0:40:58 | 8,79 | 6:50 |
| 84 | 716 | MICHIELS Ilse | TJAK | V | 42 | 0:41:00 | 8,78 | 6:50 |
| 85 | 732 | TIELEN Sofie | TURNHOUT | V | 43 | 0:41:01 | 8,78 | 6:50 |
| 86 | 700 | BASTIAENSEN Sofie | BERCHEM | V | 44 | 0:41:06 | 8,76 | 6:51 |
| 87 | 759 | VERHULST Claudia | LICHTAART | V | 45 | 0:41:19 | 8,71 | 6:53 |
| 88 | 736 | PEETERS Liesbet | TIELEN | V | 46 | 0:42:16 | 8,52 | 7:03 |
| 89 | 795 | KEYENBERG Paul | JC KASTERLEE | M | 43 | 0:43:20 | 8,31 | 7:13 |
| 90 | 752 | LAENEN Els | TJAK | V | 47 | 0:43:38 | 8,25 | 7:16 |
| 91 | 720 | SELLESLAGH Brent | GIERLE | M | 44 | 0:44:35 | 8,07 | 7:26 |
| 92 | 749 | JANSSENS Kristine | TJAK | V | 48 | 0:45:06 | 7,98 | 7:31 |
| 93 | 753 | GEYSEN Ilse | TJAK | V | 49 | 0:45:10 | 7,97 | 7:32 |
| 94 | 745 | NEYENS Martine | BEERSE | V | 50 | 0:45:14 | 7,96 | 7:32 |

30e Herentals > Tielen - 23 juni 2013

14,3 KM

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|---------------------|--------------------|-----|-------|---------|-------|---------|
| 1 | 1296 | BOTHA Armin | SOUTH-AFRICA | M | 1 | 0:45:05 | 19,03 | 3:09 |
| 2 | 1297 | BRUMMER Dean | SOUTH-AFRICA | M | 2 | 0:45:07 | 19,02 | 3:09 |
| 3 | 1369 | RIJNDERS Pieter | ETZ | M | 3 | 0:46:10 | 18,58 | 3:14 |
| 4 | 1203 | VAN ROOY Tom | Umicore | M | 4 | 0:46:38 | 18,40 | 3:16 |
| 5 | 1370 | VAN ROOY Kristof | SRT | M | 5 | 0:54:40 | 15,70 | 3:49 |
| 6 | 1138 | RENDERS Sus | achl | M | 6 | 0:54:53 | 15,63 | 3:50 |
| 7 | 1261 | WOUTERS Paul | GROBBENDONK | M | 7 | 0:55:36 | 15,43 | 3:53 |
| 8 | 1027 | DAEMS Erik | JANSSEN | M | 8 | 0:55:51 | 15,36 | 3:54 |
| 9 | 1079 | JACOBS Johan | ALV | M | 9 | 0:56:27 | 15,20 | 3:57 |
| 10 | 1095 | LIECKENS Vicky | UMICORE | V | 1 | 0:57:13 | 15,00 | 4:00 |
| 11 | 1265 | VERELST Roel | HETRIC | M | 10 | 0:57:17 | 14,98 | 4:00 |
| 12 | 1107 | MEEUWSEN Roger | ATAC--ALV | M | 11 | 0:57:21 | 14,96 | 4:01 |
| 13 | 1277 | VAN BIJLEN Marcel | AVZK | M | 12 | 0:57:53 | 14,82 | 4:03 |
| 14 | 1150 | STEENACKERS Tom | ACHL | M | 13 | 0:58:28 | 14,68 | 4:05 |
| 15 | 1068 | GORIS Rudy | ARAC | M | 14 | 0:58:35 | 14,65 | 4:06 |
| 16 | 1202 | VAN ROEY Swa | ARAC | M | 15 | 0:58:39 | 14,63 | 4:06 |
| 17 | 1166 | VAN DE GENDER Jelle | AC Herentals | M | 16 | 0:58:43 | 14,61 | 4:06 |
| 18 | 1264 | EMBRECHTS Paul | HETRIC | M | 17 | 0:58:46 | 14,60 | 4:07 |
| 19 | 1145 | SMITS Jef | ALV | M | 18 | 0:58:50 | 14,58 | 4:07 |
| 20 | 1278 | GEERLINGS Arne | VIERSEL | M | 19 | 0:59:03 | 14,53 | 4:08 |
| 21 | 1204 | VAN SOOM Stijn | Lichtaart | M | 20 | 0:59:04 | 14,53 | 4:08 |
| 22 | 1247 | LAUWERS Luc | AC LILLE | M | 21 | 0:59:07 | 14,51 | 4:08 |
| 23 | 1104 | MATTHYS Dirk | THALSRUNNING | M | 22 | 0:59:10 | 14,50 | 4:08 |
| 24 | 1276 | BLOCKX Steven | TIELEN | M | 23 | 0:59:12 | 14,49 | 4:08 |
| 25 | 1141 | SIMONS Dirk | ARAC | M | 24 | 0:59:15 | 14,48 | 4:09 |
| 26 | 1074 | HERMANS Dirk | ALV | M | 25 | 0:59:20 | 14,46 | 4:09 |
| 27 | 1308 | PAULUSSEN Pieter | ATAC | M | 26 | 0:59:27 | 14,43 | 4:09 |
| 28 | 1281 | VALGAEREN Nik | DEURNE | M | 27 | 0:59:34 | 14,40 | 4:10 |
| 29 | 1102 | MALFAIT Bart | ACHL | M | 28 | 0:59:41 | 14,38 | 4:10 |
| 30 | 1031 | DE BOECK Pieter | HETRIC | M | 29 | 0:59:45 | 14,36 | 4:11 |
| 31 | 1181 | VAN DYCK Marc | arac arendonk | M | 30 | 0:59:50 | 14,34 | 4:11 |
| 32 | 1310 | THYS Jente | TIELEN | M | 31 | 0:59:57 | 14,31 | 4:12 |
| 33 | 1198 | VAN PELT Joren | lichtaart | M | 32 | 1:00:02 | 14,29 | 4:12 |
| 34 | 1075 | HEYLEN Guy | BOUWEL | M | 33 | 1:00:10 | 14,26 | 4:12 |
| 35 | 1328 | GLASSEÉ Eric | KASTEELLOPERS | M | 34 | 1:00:16 | 14,24 | 4:13 |
| 36 | 1022 | CERSTIAENS Sven | TJAK | M | 35 | 1:00:17 | 14,23 | 4:13 |
| 37 | 1225 | VERSCHUEREN Raf | Club Rispel Rispel | M | 36 | 1:00:41 | 14,14 | 4:15 |
| 38 | 1364 | STRUYFS Wim | WEELDE | M | 37 | 1:00:58 | 14,07 | 4:16 |
| 39 | 1243 | LOOTS Bart | TJAK | M | 38 | 1:01:00 | 14,07 | 4:16 |
| 40 | 1228 | VERVOORT Kris | HERENTALS | M | 39 | 1:01:11 | 14,02 | 4:17 |
| 41 | 1260 | WOUTERS Bent | BEER | M | 40 | 1:01:14 | 14,01 | 4:17 |
| 42 | 1267 | GEUDENS Johnny | LILLE | M | 41 | 1:01:23 | 13,98 | 4:18 |
| 43 | 1212 | VERCALSTEREN Frank | arac | M | 42 | 1:01:26 | 13,97 | 4:18 |
| 44 | 1384 | BASTIAENS Herman | AC LILLE | M | 43 | 1:01:36 | 13,93 | 4:18 |
| 45 | 1340 | NUYTS Lucien | POEDERLEE | M | 44 | 1:01:40 | 13,91 | 4:19 |
| 46 | 1000 | VAN GORP Raf | TJAK | M | 45 | 1:01:44 | 13,90 | 4:19 |
| 47 | 1361 | VAN DUN Werner | RAVELS | M | 46 | 1:01:47 | 13,89 | 4:19 |
| 48 | 1220 | VERMEIREN Frank | ALV | M | 47 | 1:01:50 | 13,88 | 4:19 |
| 49 | 1286 | SMETS Frans | ARAC | M | 48 | 1:01:54 | 13,86 | 4:20 |
| 50 | 1269 | KLEEMANS Erik | UTRECHT | M | 49 | 1:01:55 | 13,86 | 4:20 |
| 51 | 1273 | BASTIAENSEN Eric | ATAC | M | 50 | 1:01:57 | 13,85 | 4:20 |
| 52 | 1359 | VAN PEER Christa | ACHL | V | 2 | 1:02:04 | 13,82 | 4:20 |
| 53 | 1049 | ENGELLEN Roel | LICHTAART | M | 51 | 1:02:16 | 13,78 | 4:21 |
| 54 | 1137 | QUIRYNEN Edgard | alv | M | 52 | 1:02:27 | 13,74 | 4:22 |
| 55 | 1229 | VERWIMP Filip | ALV | M | 53 | 1:02:29 | 13,73 | 4:22 |
| 56 | 1146 | SNEYDERS Eddy | ALV | M | 54 | 1:02:38 | 13,70 | 4:23 |
| 57 | 1069 | GRAFHAM Nigel | HERENTALS | M | 55 | 1:02:56 | 13,63 | 4:24 |
| 58 | 1252 | GHYS Nand | JCK | M | 56 | 1:03:14 | 13,57 | 4:25 |
| 59 | 1178 | VAN DONINCK Luc | ACHL | M | 57 | 1:03:21 | 13,54 | 4:26 |
| 60 | 1289 | KESTENS Eily | BEERSE | V | 3 | 1:03:37 | 13,49 | 4:27 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|--------------------|-----------------------|-----|-------|---------|-------|---------|
| 61 | 1162 | VAN BALLAER Philip | Tielen | M | 58 | 1:04:06 | 13,39 | 4:29 |
| 62 | 1251 | CELIS Jef | VORSELAAR | M | 59 | 1:04:18 | 13,34 | 4:30 |
| 63 | 1382 | VAN GENECHTEN Hans | VEERLE | M | 60 | 1:04:19 | 13,34 | 4:30 |
| 64 | 1215 | VERELST Jan | ALV | M | 61 | 1:04:48 | 13,24 | 4:32 |
| 65 | 1221 | VERMETTE Bart | HELRUNNERS | M | 62 | 1:04:50 | 13,23 | 4:32 |
| 66 | 1360 | RAEYMAKERS Erik | ACHL | M | 63 | 1:04:55 | 13,22 | 4:32 |
| 67 | 1301 | VANSPRINGEL Nick | LICHTAART | M | 64 | 1:05:00 | 13,20 | 4:33 |
| 68 | 1169 | VAN DE VEL Patrick | Poederlee | M | 65 | 1:05:10 | 13,17 | 4:33 |
| 69 | 1304 | CELIS Bram | ANTWERPEN | M | 66 | 1:05:15 | 13,15 | 4:34 |
| 70 | 1118 | MEULEMANS Michel | Arac | M | 67 | 1:05:30 | 13,10 | 4:35 |
| 71 | 1367 | HAEMHOUTS Kristof | TONGERLOPERS | M | 68 | 1:05:32 | 13,09 | 4:35 |
| 72 | 1034 | DE BUSSEER Sven | HELRUNNERS | M | 69 | 1:05:34 | 13,09 | 4:35 |
| 73 | 1309 | NOYENS Jan | ATAC | M | 70 | 1:05:52 | 13,03 | 4:36 |
| 74 | 1316 | OSSENBLOK Dirk | BEERSE | M | 71 | 1:05:53 | 13,02 | 4:36 |
| 75 | 1291 | DE KORT Simon | POEDERLEE | M | 72 | 1:05:56 | 13,01 | 4:37 |
| 76 | 1224 | VERNELEN Benjamin | TIELEN | M | 73 | 1:05:58 | 13,01 | 4:37 |
| 77 | 1182 | VAN ELSEN Geert | Lichtaart | M | 74 | 1:05:59 | 13,00 | 4:37 |
| 78 | 1128 | NEYS Nick | Hertals Running | M | 75 | 1:06:03 | 12,99 | 4:37 |
| 79 | 1108 | MEIR Katho | Afstandslopers | V | 4 | 1:06:05 | 12,98 | 4:37 |
| 80 | 1293 | GHYS Rik | TURNHOUT | M | 76 | 1:06:08 | 12,97 | 4:37 |
| 81 | 1072 | HELSEN Lester | OLEN | M | 77 | 1:06:10 | 12,97 | 4:38 |
| 82 | 1299 | WYNS Walter | HAC | M | 78 | 1:06:16 | 12,95 | 4:38 |
| 83 | 1357 | AERTS Noël | HERENTHOUT | M | 79 | 1:06:19 | 12,94 | 4:38 |
| 84 | 1235 | WILLEMS Eric | ALV | M | 80 | 1:06:21 | 12,93 | 4:38 |
| 85 | 1047 | DRUYTS Hilde | TURNHOUT | V | 5 | 1:06:32 | 12,90 | 4:39 |
| 86 | 1236 | WILLEMS Jan | TIELEN | M | 81 | 1:06:51 | 12,83 | 4:40 |
| 87 | 1106 | MEEUS Brian | ARAC | M | 82 | 1:07:00 | 12,81 | 4:41 |
| 88 | 1259 | VAN BALLAER Dirk | KASTERLEE | M | 83 | 1:07:08 | 12,78 | 4:42 |
| 89 | 1067 | GORIS Pieter | TIELEN | M | 84 | 1:07:10 | 12,77 | 4:42 |
| 90 | 1287 | VAN NIJLEN Bart | ARAC | M | 85 | 1:07:21 | 12,74 | 4:43 |
| 91 | 1077 | HEYNS Marc | AC HERENTHOUT | M | 86 | 1:07:23 | 12,73 | 4:43 |
| 92 | 1275 | BIERMANS Toon | JCK | M | 87 | 1:07:38 | 12,69 | 4:44 |
| 93 | 1117 | MERTENS LEO Leo | kwb lichtaart | M | 88 | 1:07:53 | 12,64 | 4:45 |
| 94 | 1060 | GEUDENS Ann | ARAC | V | 6 | 1:07:56 | 12,63 | 4:45 |
| 95 | 1062 | GEUDENS Stijn | POEDERLEE | M | 89 | 1:08:01 | 12,61 | 4:45 |
| 96 | 1013 | BOONEN Jan | KASTERLEE | M | 90 | 1:08:05 | 12,60 | 4:46 |
| 97 | 1041 | DERIJNCK Rhonda | ARAC | V | 7 | 1:08:17 | 12,57 | 4:47 |
| 98 | 1241 | BERTELS Gustaaf | LILLE | M | 91 | 1:08:20 | 12,56 | 4:47 |
| 99 | 1101 | MAGIS Joren | UMICORE | M | 92 | 1:08:22 | 12,55 | 4:47 |
| 100 | 1227 | VERVOORT Benny | TJAK | M | 93 | 1:08:29 | 12,53 | 4:47 |
| 101 | 1164 | VAN BRUGGEN Michel | Oud-Turnhout | M | 94 | 1:08:37 | 12,50 | 4:48 |
| 102 | 1016 | BORGMANS Els | TJAK | V | 8 | 1:08:39 | 12,50 | 4:48 |
| 103 | 1230 | VLOEMANS Nick | RAVELS | M | 95 | 1:08:41 | 12,49 | 4:48 |
| 104 | 1092 | LAENEN Martine | GIERLE | V | 9 | 1:08:42 | 12,49 | 4:48 |
| 105 | 1183 | VAN ELSEN Wouter | Lichtaart | M | 96 | 1:08:48 | 12,47 | 4:49 |
| 106 | 1131 | PEETERS Guy | Beerse | M | 97 | 1:08:54 | 12,45 | 4:49 |
| 107 | 1036 | DE LOCHT Frank | ALV | M | 98 | 1:08:56 | 12,45 | 4:49 |
| 108 | 1168 | VAN DE SANDE Hanne | ARAC | V | 10 | 1:08:59 | 12,44 | 4:49 |
| 109 | 1363 | COUWENBERG Carine | WEELDE | V | 11 | 1:09:04 | 12,42 | 4:50 |
| 110 | 1154 | TORFS Benny | heistse berglopers | M | 99 | 1:09:06 | 12,42 | 4:50 |
| 111 | 1132 | PEETERS Joris | belgisch eliteteam fc | M | 100 | 1:09:14 | 12,39 | 4:50 |
| 112 | 1155 | TORREMANS Jos | ALV | M | 101 | 1:09:25 | 12,36 | 4:51 |
| 113 | 1070 | HAEST Eric | ALV | M | 102 | 1:09:29 | 12,35 | 4:52 |
| 114 | 1194 | VAN LOOVEREN Peter | ALV | M | 103 | 1:09:31 | 12,34 | 4:52 |
| 115 | 1088 | KELLER Martine | HERENTALS | V | 12 | 1:09:39 | 12,32 | 4:52 |
| 116 | 1242 | RAEYMAEKERS Lu | TJAK | M | 104 | 1:09:48 | 12,29 | 4:53 |
| 117 | 1371 | OLYLN Simon | LICHTAART | M | 105 | 1:09:52 | 12,28 | 4:53 |
| 118 | 1318 | GULICKX Jan | NIJLEN | M | 106 | 1:09:53 | 12,28 | 4:53 |
| 119 | 1375 | CAERS Marc | JCK | M | 107 | 1:09:56 | 12,27 | 4:53 |
| 120 | 1158 | VAN AMMEL Joyce | ATAC | V | 13 | 1:10:00 | 12,26 | 4:54 |
| 121 | 1219 | VERMEIREN Danny | ALV | M | 108 | 1:10:06 | 12,24 | 4:54 |
| 122 | 1043 | DIERCKX Marc | GEEN | M | 109 | 1:10:13 | 12,22 | 4:55 |
| 123 | 1186 | VAN GILS Dieter | Poppel | M | 110 | 1:10:17 | 12,21 | 4:55 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|----------------|-----|-------|---------|-------|---------|
| 124 | 1081 | JACOBS Wim | TJAK | M | 111 | 1:10:23 | 12,19 | 4:55 |
| 125 | 1272 | PEERAER Inge | AC MERKSPLAS | V | 14 | 1:10:34 | 12,16 | 4:56 |
| 126 | 1188 | VAN GORP Filip | Tielen | M | 112 | 1:10:44 | 12,13 | 4:57 |
| 127 | 1211 | VERBEEK Jeroen | Poppel | M | 113 | 1:10:47 | 12,12 | 4:57 |
| 128 | 1294 | MEEUS Nele | LILLE | V | 15 | 1:10:49 | 12,12 | 4:57 |
| 129 | 1057 | FRANKEN Steven | LICHTAART | M | 114 | 1:10:53 | 12,10 | 4:57 |
| 130 | 1048 | DUCHEYNE Lieve | AC HERENTHOUT | V | 16 | 1:11:11 | 12,05 | 4:59 |
| 131 | 1110 | MELIS Jos | Umicore | M | 115 | 1:11:16 | 12,04 | 4:59 |
| 132 | 1374 | MOORKENS Joris | GIERLE | M | 116 | 1:11:18 | 12,03 | 4:59 |
| 133 | 1285 | DIERCKX Flor | JCK | M | 117 | 1:11:20 | 12,03 | 4:59 |
| 134 | 1093 | LEUSE Ronny | LAAKDAL | M | 118 | 1:11:22 | 12,02 | 4:59 |
| 135 | 1011 | BEYNS Robert | HAM | M | 119 | 1:11:24 | 12,02 | 5:00 |
| 136 | 1064 | GOMMÉ Martine | TESSENDERLO | V | 17 | 1:11:26 | 12,01 | 5:00 |
| 137 | 1133 | PEETERS Louis | ALV | M | 120 | 1:11:28 | 12,01 | 5:00 |
| 138 | 1071 | HAMERS Dirk | BEERSE | M | 121 | 1:11:31 | 12,00 | 5:00 |
| 139 | 1298 | DRIJBOOMS Chris | HAC | M | 122 | 1:11:32 | 11,99 | 5:00 |
| 140 | 1038 | DE PROOST Karine | ARAC ARENDONK | V | 18 | 1:11:41 | 11,97 | 5:01 |
| 141 | 1350 | VAN DER STEEN Patrick | TURNHOUT | M | 123 | 1:11:50 | 11,94 | 5:01 |
| 142 | 1274 | LOMMELEN Luc | MERKSPLAS | M | 124 | 1:12:01 | 11,91 | 5:02 |
| 143 | 1332 | VAN LAER Kevin | KASTERLEE | M | 125 | 1:12:13 | 11,88 | 5:03 |
| 144 | 1329 | GENAR Dirk | TJAK | M | 126 | 1:12:17 | 11,87 | 5:03 |
| 145 | 1030 | DANEELS Guido | ARAC ARENDONK | M | 127 | 1:12:21 | 11,86 | 5:04 |
| 146 | 1116 | MERTENS Walter | Umicore | M | 128 | 1:12:35 | 11,82 | 5:05 |
| 147 | 1157 | VAN AMMEL Dirk | Turnhout | M | 129 | 1:12:41 | 11,80 | 5:05 |
| 148 | 1187 | VAN GORP Eddy | Umicore | M | 130 | 1:12:48 | 11,79 | 5:05 |
| 149 | 1376 | VAN HEURDEN Joachim | OLEN | M | 131 | 1:12:53 | 11,77 | 5:06 |
| 150 | 1136 | POPIN Bart | schoten | M | 132 | 1:13:01 | 11,75 | 5:06 |
| 151 | 1035 | DE CEUSTER Walter | WILRIJK | M | 133 | 1:13:03 | 11,75 | 5:07 |
| 152 | 1080 | JACOBS Luc | BEERSE | M | 134 | 1:13:05 | 11,74 | 5:07 |
| 153 | 1303 | CAMBRÉ Liesbeth | ALV | V | 19 | 1:13:18 | 11,71 | 5:08 |
| 154 | 1213 | VERDONCK Hilde | ALV | V | 20 | 1:13:28 | 11,68 | 5:08 |
| 155 | 1528 | DAEMS Lies | JCK | V | 21 | 1:13:36 | 11,66 | 5:09 |
| 156 | 1349 | VERHAEGEN Jese | BERGLOPERS | V | 22 | 1:13:44 | 11,64 | 5:09 |
| 157 | 1348 | VAN BAEL Luc | BERGLOPERS | M | 135 | 1:13:47 | 11,63 | 5:10 |
| 158 | 1368 | CEUPPENS Tjen | TAKSRUNNERS | M | 136 | 1:13:48 | 11,63 | 5:10 |
| 159 | 1383 | DENS Carl | VORSELAAR | M | 137 | 1:13:49 | 11,62 | 5:10 |
| 160 | 1358 | DESTOMBES Pascal | GIERLE | M | 138 | 1:13:52 | 11,62 | 5:10 |
| 161 | 1122 | MINNEN Joris | ALV | M | 139 | 1:13:54 | 11,61 | 5:10 |
| 162 | 1140 | ROOSE Jan | AfstandsLopers | M | 140 | 1:13:56 | 11,61 | 5:10 |
| 163 | 1268 | KLEEMANS Frans | ATLEDT | M | 141 | 1:13:58 | 11,60 | 5:10 |
| 164 | 1279 | DE CEUSTER Geert | OLEN | M | 142 | 1:14:15 | 11,56 | 5:12 |
| 165 | 1129 | NIJS Kristof | ARAC | M | 143 | 1:14:22 | 11,54 | 5:12 |
| 166 | 1167 | VAN DE POL Willy | ARAC | M | 144 | 1:14:23 | 11,53 | 5:12 |
| 167 | 1004 | AERTS Rudy | KASTERLEE | M | 145 | 1:14:34 | 11,51 | 5:13 |
| 168 | 1280 | MAES Karin | DEN EYCK | V | 23 | 1:14:35 | 11,50 | 5:13 |
| 169 | 1300 | VAN MIERLO Bert | ALV | M | 146 | 1:14:42 | 11,49 | 5:13 |
| 170 | 1306 | MARYNISSEN Philip | TIELEN | M | 147 | 1:14:45 | 11,48 | 5:14 |
| 171 | 1256 | TIJSMA Jan Jouke | EINDHOVEN | M | 148 | 1:14:46 | 11,48 | 5:14 |
| 172 | 1002 | AERTS Jurgen | ALV | M | 149 | 1:14:52 | 11,46 | 5:14 |
| 173 | 1054 | EYSERMANS Yves | SKI | M | 150 | 1:14:55 | 11,45 | 5:14 |
| 174 | 1327 | VERCAMMEN Joeri | NOORDERWIJK | M | 151 | 1:14:57 | 11,45 | 5:14 |
| 175 | 1240 | MEUWES Anneke | TJAK | V | 24 | 1:15:19 | 11,39 | 5:16 |
| 176 | 1040 | DEPREZ Ivan | OVERPELT | M | 152 | 1:15:31 | 11,36 | 5:17 |
| 177 | 1216 | VERHEYEN Peter | NEERPELT | M | 153 | 1:15:32 | 11,36 | 5:17 |
| 178 | 1315 | VERVOORT Katrien | ACHL | V | 25 | 1:15:34 | 11,35 | 5:17 |
| 179 | 1172 | VAN DEN BERGH Luc | AC Herentals | M | 154 | 1:15:35 | 11,35 | 5:17 |
| 180 | 1014 | BORGERS Ingrid | JCK | V | 26 | 1:15:42 | 11,33 | 5:18 |
| 181 | 1311 | WUYTS Bart | HERENTALS | M | 155 | 1:15:44 | 11,33 | 5:18 |
| 182 | 1321 | BACKX Koen | SINT-LENAARTS | M | 156 | 1:16:02 | 11,28 | 5:19 |
| 183 | 1042 | DEVRIEZE Dirk | WILRIJK | M | 157 | 1:16:21 | 11,24 | 5:20 |
| 184 | 1271 | GOETSCHALCKX Paul | JOGCLUB | M | 158 | 1:16:28 | 11,22 | 5:21 |
| 185 | 1111 | MERTENS Dirk | Herenthout | M | 159 | 1:16:41 | 11,19 | 5:22 |
| 186 | 1144 | SMET Sven | ALV | M | 160 | 1:16:45 | 11,18 | 5:22 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|----------------------|-----|-------|---------|-------|---------|
| 187 | 1214 | VERELLEN Ludo | Turnhout | M | 161 | 1:16:58 | 11,15 | 5:23 |
| 188 | 1015 | BORGHMANS Rob | JANSSEN | M | 162 | 1:17:10 | 11,12 | 5:24 |
| 189 | 1142 | SLEDSSENS Jan | oud-turnhout | M | 163 | 1:17:29 | 11,07 | 5:25 |
| 190 | 1324 | VAN RYSWYCK Jan | BRECHT | M | 164 | 1:17:32 | 11,07 | 5:25 |
| 191 | 1331 | VISSERS Rita | LICHTAART | V | 27 | 1:17:37 | 11,05 | 5:26 |
| 192 | 1134 | PEETERS Walter | Olen | M | 165 | 1:17:39 | 11,05 | 5:26 |
| 193 | 1017 | BROECKX Sabine | TJAK | V | 28 | 1:17:45 | 11,04 | 5:26 |
| 194 | 1100 | MAES Sophie | TJAK | V | 29 | 1:17:48 | 11,03 | 5:26 |
| 195 | 1192 | VAN LEUVEN Luc | AC HERENTHOUT | M | 166 | 1:17:50 | 11,02 | 5:27 |
| 196 | 1126 | NAUWELAERTS Veronique | Herentals | V | 30 | 1:17:51 | 11,02 | 5:27 |
| 197 | 1246 | DIERCKX Jef | HERENTALS | M | 167 | 1:17:53 | 11,02 | 5:27 |
| 198 | 1177 | VAN DONINCK Eva | ACHL | V | 31 | 1:17:57 | 11,01 | 5:27 |
| 199 | 1037 | DE PEUTER Sam | LICHTAART | M | 168 | 1:18:00 | 11,00 | 5:27 |
| 200 | 1199 | VAN PELT Pieter | lichtaart | M | 169 | 1:18:01 | 11,00 | 5:27 |
| 201 | 1185 | VAN GENECHTEN Herwig | Umicore | M | 170 | 1:18:06 | 10,99 | 5:28 |
| 202 | 1105 | MEEUS Annick | TJAK | V | 32 | 1:18:09 | 10,98 | 5:28 |
| 203 | 1323 | VANHERCK Erik | BRECHT | M | 171 | 1:18:14 | 10,97 | 5:28 |
| 204 | 1052 | EVERS Elly | JC KASTERLEE | V | 33 | 1:18:15 | 10,96 | 5:28 |
| 205 | 1200 | VAN ROBAYS Marleen | ALV | V | 34 | 1:18:23 | 10,95 | 5:29 |
| 206 | 1239 | ENGELEN Erik | RETIE | M | 172 | 1:18:26 | 10,94 | 5:29 |
| 207 | 1302 | ENGELEN Marina | ARAC | V | 35 | 1:18:39 | 10,91 | 5:30 |
| 208 | 1006 | BECKERS Ingrid | Heistse Berglopers | V | 36 | 1:18:42 | 10,90 | 5:30 |
| 209 | 1076 | HEYLEN Vic | Heistse Berglopers | M | 173 | 1:18:43 | 10,90 | 5:30 |
| 210 | 1184 | VAN EYNDHOVEN Jan | Weelde | M | 174 | 1:19:06 | 10,85 | 5:32 |
| 211 | 1201 | VAN ROEY Danny | Beerse | M | 175 | 1:19:31 | 10,79 | 5:34 |
| 212 | 1270 | VAN BOXEL Maria | ATAG | V | 37 | 1:19:42 | 10,77 | 5:34 |
| 213 | 1244 | VAN NUFFEL Steven | AC HERENTALS | M | 176 | 1:19:45 | 10,76 | 5:35 |
| 214 | 1099 | MAES Anja | KASTERLEE | V | 38 | 1:19:50 | 10,75 | 5:35 |
| 215 | 1089 | KEUPPENS Lief | JC KASTERLEE | V | 39 | 1:19:51 | 10,75 | 5:35 |
| 216 | 1238 | THYS Floris | TIELEN | M | 177 | 1:20:03 | 10,72 | 5:36 |
| 217 | 1066 | GORIS Jan | TIELEN | M | 178 | 1:20:23 | 10,67 | 5:37 |
| 218 | 1218 | VERMEERSCH Tamara | POEDERLEE | V | 40 | 1:20:31 | 10,66 | 5:38 |
| 219 | 1174 | VAN DER KERKEN Dirk | poederlee | M | 179 | 1:20:33 | 10,65 | 5:38 |
| 220 | 1377 | PEETERS Dorien | OLEN | V | 41 | 1:20:36 | 10,65 | 5:38 |
| 221 | 1083 | JANSSEN Jan | ALV | M | 180 | 1:20:43 | 10,63 | 5:39 |
| 222 | 1044 | DIERCKX May | EDEGEM | V | 42 | 1:20:46 | 10,62 | 5:39 |
| 223 | 1356 | VAN DUPPEN Bart | TIELEN | M | 181 | 1:20:58 | 10,60 | 5:40 |
| 224 | 1018 | BRUERS Greet | GEEN | V | 43 | 1:20:59 | 10,59 | 5:40 |
| 225 | 1217 | VERLINDEN Lutgard | GIERLE | V | 44 | 1:21:01 | 10,59 | 5:40 |
| 226 | 1003 | AERTS Peggy | TURNHOUT | V | 45 | 1:21:15 | 10,56 | 5:41 |
| 227 | 1352 | WILLEKENS Swa | HERENTALS | M | 182 | 1:21:38 | 10,51 | 5:43 |
| 228 | 1209 | VANGEEL Willy | Turnhout | M | 183 | 1:21:40 | 10,51 | 5:43 |
| 229 | 1346 | HAEST Leo | HERENTALS | M | 184 | 1:21:45 | 10,50 | 5:43 |
| 230 | 1307 | MERTENS Wannes | LICHTAART | M | 185 | 1:21:47 | 10,49 | 5:43 |
| 231 | 1305 | MARYNISSSEN Vincent | HERENTALS | M | 186 | 1:21:48 | 10,49 | 5:43 |
| 232 | 1148 | SNIJERS Linda | ALV | V | 46 | 1:21:49 | 10,49 | 5:43 |
| 233 | 1175 | VAN DER VEKEN Katrien | ALV | V | 47 | 1:21:50 | 10,48 | 5:43 |
| 234 | 1333 | KEGELAERS Gerd | NIJLEN | V | 48 | 1:22:05 | 10,45 | 5:44 |
| 235 | 1334 | VERDONCK Marijn | ZANDHOVEN | V | 49 | 1:22:06 | 10,45 | 5:44 |
| 236 | 1254 | VAN TRIER Inge | TIELEN | V | 50 | 1:22:14 | 10,43 | 5:45 |
| 237 | 1237 | WUYTS Erna | RETIE | V | 51 | 1:22:16 | 10,43 | 5:45 |
| 238 | 1005 | BASTIAENSEN Karen | TIELEN | V | 52 | 1:22:19 | 10,42 | 5:45 |
| 239 | 1245 | VAN BALLAER Lien | TIELEN | V | 53 | 1:22:21 | 10,42 | 5:46 |
| 240 | 1353 | SMETS Marcel | LICHTAART | M | 187 | 1:22:44 | 10,37 | 5:47 |
| 241 | 1046 | DIJKHUIZEN Joyce | RRZ | V | 54 | 1:22:46 | 10,37 | 5:47 |
| 242 | 1326 | VAN EYCK Gilbert | AC HERENTHOUT | M | 188 | 1:23:15 | 10,31 | 5:49 |
| 243 | 1109 | MEIR Marina | Umicore | V | 55 | 1:23:17 | 10,30 | 5:49 |
| 244 | 1078 | HOSKENS Lien | TJAK | V | 56 | 1:23:39 | 10,26 | 5:51 |
| 245 | 1028 | DAEMS Karel | MERODELOPERS | M | 189 | 1:23:45 | 10,24 | 5:51 |
| 246 | 1290 | TERLOUW Cor | ARAC | M | 190 | 1:23:50 | 10,23 | 5:52 |
| 247 | 1091 | LAENEN Marc | Merodelopers Heultje | M | 191 | 1:23:52 | 10,23 | 5:52 |
| 248 | 1190 | VAN HEERTUM Denise | alv | V | 57 | 1:23:55 | 10,22 | 5:52 |
| 249 | 1317 | CASTEELS Jos | VOSSelaar | M | 192 | 1:23:56 | 10,22 | 5:52 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|--------------------------|-------------------|-----|-------|---------|-------|---------|
| 250 | 1053 | EYSERMANS Soetkin | GEEL | V | 58 | 1:23:59 | 10,22 | 5:52 |
| 251 | 1097 | LUYCKX Kris | GEEL | V | 59 | 1:24:15 | 10,18 | 5:53 |
| 252 | 1143 | SLEECKX Susy | ski | V | 60 | 1:24:17 | 10,18 | 5:54 |
| 253 | 1149 | STAPPAERTS Paul | Merodelopers | M | 193 | 1:24:31 | 10,15 | 5:55 |
| 254 | 1226 | VERSTEYNEN Jeanne | ARAC | V | 61 | 1:24:33 | 10,15 | 5:55 |
| 255 | 1059 | GEERTS Marianne | GIERLE | V | 62 | 1:24:36 | 10,14 | 5:55 |
| 256 | 1127 | NELIS Eily | Tjak | V | 63 | 1:24:38 | 10,14 | 5:55 |
| 257 | 1061 | GEUDENS Bram | LICHTAART | M | 194 | 1:24:41 | 10,13 | 5:55 |
| 258 | 1073 | HENS Ilse | AC DUFFEL | V | 64 | 1:24:43 | 10,13 | 5:55 |
| 259 | 1009 | BERTELS Josee | KASTEELLOPERS | V | 65 | 1:24:46 | 10,12 | 5:56 |
| 260 | 1313 | ADRIAENSEN Heidi | TIELEN | V | 66 | 1:24:50 | 10,11 | 5:56 |
| 261 | 1024 | CLIJMANS Mia | ACB | V | 67 | 1:24:52 | 10,11 | 5:56 |
| 262 | 1121 | MIECHIELSEN Louisa | ALV | V | 68 | 1:25:14 | 10,07 | 5:58 |
| 263 | 1222 | VERMETTEN Marcel | KASTERLEE | M | 195 | 1:25:26 | 10,04 | 5:58 |
| 264 | 1197 | VAN OSSEL Bart | Tielen | M | 196 | 1:25:39 | 10,02 | 5:59 |
| 265 | 1176 | VAN DESSEL Patricia | Ac Herenthout | V | 69 | 1:26:09 | 9,96 | 6:01 |
| 266 | 1065 | GOOSSENS Inge | TURNHOUT | V | 70 | 1:26:11 | 9,96 | 6:02 |
| 267 | 1123 | MITTLER Aurélie | Antwerpen | V | 71 | 1:26:13 | 9,95 | 6:02 |
| 268 | 1055 | FRANCIS Marleen | AC DUFFEL | V | 72 | 1:26:21 | 9,94 | 6:02 |
| 269 | 1379 | VAN DEN BERGH Kirsten | HERENTALS | V | 73 | 1:26:42 | 9,90 | 6:04 |
| 270 | 1381 | VAN NUETEN Ben | HERENTALS | M | 197 | 1:26:43 | 9,89 | 6:04 |
| 271 | 1025 | CONVENS Alex | HERENTHOUT | M | 198 | 1:26:49 | 9,88 | 6:04 |
| 272 | 1372 | DAMS Xim | LICHTAART | M | 199 | 1:27:11 | 9,84 | 6:06 |
| 273 | 1253 | WUYTS May | LILLE | V | 74 | 1:27:15 | 9,83 | 6:06 |
| 274 | 1189 | VAN GORP Leen | Geel | V | 75 | 1:27:21 | 9,82 | 6:07 |
| 275 | 1365 | VAN GORP Jos | LICHTAART | M | 200 | 1:27:23 | 9,82 | 6:07 |
| 276 | 1008 | BERGMANS Peter | ANTWERPEN | M | 201 | 1:27:37 | 9,79 | 6:08 |
| 277 | 1161 | VAN BALLAER Bieke | TJAK | V | 76 | 1:28:18 | 9,72 | 6:10 |
| 278 | 1094 | LEYSEN Jonas | HELRUNNERS | M | 202 | 1:28:20 | 9,71 | 6:11 |
| 279 | 1314 | VAN DEN BOGAERT Patricia | TIELEN | V | 77 | 1:29:02 | 9,64 | 6:14 |
| 280 | 1335 | VAN DUPPEN Natalie | JC KASTERLEE | V | 78 | 1:29:31 | 9,58 | 6:16 |
| 281 | 1336 | LUYTEN Karin | JCK | V | 79 | 1:29:32 | 9,58 | 6:16 |
| 282 | 1090 | LAENEN Linda | AC BREAK | V | 80 | 1:30:36 | 9,47 | 6:20 |
| 283 | 1208 | VANDEPLAS An | AC Break | V | 81 | 1:30:38 | 9,47 | 6:20 |
| 284 | 1020 | BYNENS Mark | JANSSEN | M | 203 | 1:31:37 | 9,37 | 6:24 |
| 285 | 1029 | DANEELS Elien | GIERLE | V | 82 | 1:31:41 | 9,36 | 6:25 |
| 286 | 1191 | VAN HEES Koen | Turnhout | M | 204 | 1:31:42 | 9,36 | 6:25 |
| 287 | 1001 | AERTS Bob | ALV | M | 205 | 1:32:12 | 9,31 | 6:27 |
| 288 | 1147 | SNEYERS Pascale | sjak | V | 83 | 1:32:24 | 9,29 | 6:28 |
| 289 | 1039 | DEBEER Theo | kwb run4fun | M | 206 | 1:33:20 | 9,19 | 6:32 |
| 290 | 1103 | MARIEN Myriam | Antwerp Athletics | V | 84 | 1:34:07 | 9,12 | 6:35 |
| 291 | 1096 | LOOSEN Lieve | RETIE | V | 85 | 1:34:10 | 9,11 | 6:35 |
| 292 | 1160 | VAN BALLAER Ann | TJAK | V | 86 | 1:34:42 | 9,06 | 6:37 |
| 293 | 1151 | STERCKX Anja | Tjak | V | 87 | 1:34:43 | 9,06 | 6:37 |
| 294 | 1170 | VAN DE WATER Ann | tjak | V | 88 | 1:34:57 | 9,04 | 6:38 |
| 295 | 1179 | VAN DUN Rit | Gierle | V | 89 | 1:35:41 | 8,97 | 6:41 |
| 296 | 1130 | PEETERS Chris | Gierle | V | 90 | 1:35:44 | 8,96 | 6:42 |
| 297 | 1223 | VERMEULEN Gertie | Jogclub Herentals | V | 91 | 1:35:50 | 8,95 | 6:42 |
| 298 | 1045 | DIJCKMANS Judith | Jogclub Herentals | V | 92 | 1:35:51 | 8,95 | 6:42 |
| 299 | 1342 | SHEN Alice | CHALICE | V | 93 | 1:36:44 | 8,87 | 6:46 |
| 300 | 1345 | SMETS Charles | CHALICE | M | 207 | 1:36:46 | 8,87 | 6:46 |
| 301 | 1210 | VANHOVE Hild | Olen | V | 94 | 1:37:58 | 8,76 | 6:51 |
| 302 | 1033 | DE BUSSEER Griet | OLEN | V | 95 | 1:38:28 | 8,71 | 6:53 |
| 303 | 1205 | VAN TURNHOUT Staf | Olen | M | 208 | 1:38:30 | 8,71 | 6:53 |
| 304 | 1362 | GEYSEN Carine | TJAK | V | 96 | 1:39:31 | 8,62 | 6:58 |
| 305 | 1087 | JANSSENS Peggy | TJAK | V | 97 | 1:39:48 | 8,60 | 6:59 |
| 306 | 1207 | VANCAMPENHOUT Guy | kasteellopers | M | 209 | 1:39:58 | 8,58 | 6:59 |
| 307 | 1120 | MICHIELSEN Frans | Turnhout | M | 210 | 1:40:05 | 8,57 | 7:00 |
| 308 | 1023 | CEUPPENS Johan | Jogclub Herentals | M | 211 | 1:41:19 | 8,47 | 7:05 |
| 309 | 1119 | MICHIELS Paola | jogclub herentals | V | 98 | 1:41:23 | 8,46 | 7:05 |
| 310 | 1257 | CAERS André | LICHTAART | M | 212 | 1:43:22 | 8,30 | 7:14 |
| 311 | 1258 | CEULEMANS Kris | LICHTAART | V | 99 | 1:43:25 | 8,30 | 7:14 |
| 312 | 1125 | MOLS Martine | kasteellopers | V | 100 | 1:43:26 | 8,30 | 7:14 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|----------------------|---------------|------------|--------------|-------------|------------|----------------|
| 313 | 1193 | VAN LOOCK Marc | kasteellopers | M | 213 | 1:43:31 | 8,29 | 7:14 |
| 314 | 1248 | FRANSEN Heidi | TJAK | V | 101 | 1:44:06 | 8,24 | 7:17 |
| 315 | 1325 | RAYMAEKERS Ria | TJAK | V | 102 | 1:44:07 | 8,24 | 7:17 |
| 316 | 1373 | VAN BALLAER Hilde | TJAK | V | 103 | 1:48:26 | 7,91 | 7:35 |
| 317 | 1085 | JANSSENS Brigitte | TJAK | V | 104 | 1:50:22 | 7,77 | 7:43 |
| 318 | 1232 | WENS Sonja | TJAK | V | 105 | 1:50:24 | 7,77 | 7:43 |
| 319 | 1351 | SMETS Nancy | TJAK | V | 106 | 1:51:05 | 7,72 | 7:46 |
| 320 | 1366 | VAN DEN BROECK Lieve | TJAK | V | 107 | 1:51:42 | 7,68 | 7:49 |
| 321 | 1058 | FRIANT Jozef | TURNHOUT | M | 214 | 1:59:08 | 7,20 | 8:20 |

30e Herentals > Tielen - 23 juni 2013

21,0975 KM

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|------------------------|--------------------|-----|-------|---------|-------|---------|
| 1 | 1927 | RENDERS Nick | ACHL | M | 1 | 1:18:37 | 16,10 | 3:44 |
| 2 | 1964 | VAN WAEYENBERGHE Yelle | ATAC | M | 2 | 1:22:18 | 15,38 | 3:54 |
| 3 | 1537 | GOOSSENS Tony | LICHTAART | M | 3 | 1:23:14 | 15,21 | 3:57 |
| 4 | 1526 | SCHRIJVERS Mike | HERENTALS | M | 4 | 1:23:48 | 15,11 | 3:58 |
| 5 | 1901 | KEUPPENS Benny | Beerse | M | 5 | 1:24:43 | 14,94 | 4:01 |
| 6 | 1889 | GEBRUERS Daniel | ARAC | M | 6 | 1:26:28 | 14,64 | 4:06 |
| 7 | 1513 | GOOSSENS Andy | ACHL | M | 7 | 1:28:18 | 14,34 | 4:11 |
| 8 | 1974 | VERVLOESSEM Raf | Balen | M | 8 | 1:29:39 | 14,12 | 4:15 |
| 9 | 1947 | VAN BALLAER Stijn | Tjak | M | 9 | 1:30:20 | 14,01 | 4:17 |
| 10 | 1503 | VAN BALLAER Ivo | LICHTAART | M | 10 | 1:31:22 | 13,85 | 4:20 |
| 11 | 1937 | STAPPAERTS Werner | Merodelopers | M | 11 | 1:32:59 | 13,61 | 4:24 |
| 12 | 1931 | ROELS Jan | ATAC | M | 12 | 1:33:39 | 13,52 | 4:26 |
| 13 | 1904 | LAUWERS Shana | ATAC | V | 1 | 1:34:12 | 13,44 | 4:28 |
| 14 | 1899 | HUYSMANS Rik | lichtaart | M | 13 | 1:34:40 | 13,37 | 4:29 |
| 15 | 1881 | DE RIJCK Joeri | TJAK | M | 14 | 1:34:42 | 13,37 | 4:29 |
| 16 | 1533 | LIEVENS Katrien | AC HAMME | V | 2 | 1:34:50 | 13,35 | 4:30 |
| 17 | 1532 | HIEL Emmanuel | AC HAMME | M | 15 | 1:34:54 | 13,34 | 4:30 |
| 18 | 1953 | VAN DER AA Peter | Turnhout | M | 16 | 1:35:14 | 13,29 | 4:31 |
| 19 | 1915 | MARIEN Guy | Nucle | M | 17 | 1:37:12 | 13,02 | 4:36 |
| 20 | 1896 | HENDRICKX Patrick | Telenet | M | 18 | 1:37:22 | 13,00 | 4:37 |
| 21 | 1887 | DROUARD Sandy | Umicore | V | 3 | 1:37:46 | 12,95 | 4:38 |
| 22 | 1918 | PEETERMANS Willy | de bosvrienden | M | 19 | 1:37:57 | 12,92 | 4:39 |
| 23 | 1965 | VANGOIDSENHOVEN Dennis | vosselaar | M | 20 | 1:38:37 | 12,84 | 4:40 |
| 24 | 1935 | SMANS Ben | Herentals | M | 21 | 1:38:47 | 12,81 | 4:41 |
| 25 | 1934 | SEGERS Pieter | Tielen | M | 22 | 1:38:53 | 12,80 | 4:41 |
| 26 | 1518 | DE FAZANT Raf | PLANCKENDAEL | M | 23 | 1:39:17 | 12,75 | 4:42 |
| 27 | 1535 | SAELEN Luc | BERGLOPER | M | 24 | 1:41:02 | 12,53 | 4:47 |
| 28 | 1534 | LENS Jan | BERGLOPERS | M | 25 | 1:41:04 | 12,52 | 4:47 |
| 29 | 1955 | VAN DUPPEN Jef | Tjak | M | 26 | 1:41:58 | 12,41 | 4:50 |
| 30 | 1938 | STEUKERS Kris | Kontich | M | 27 | 1:42:14 | 12,38 | 4:51 |
| 31 | 1517 | MERTENS Steff | GEEL | M | 28 | 1:42:57 | 12,30 | 4:53 |
| 32 | 1516 | NEYS Joris | MOL | M | 29 | 1:42:59 | 12,29 | 4:53 |
| 33 | 1884 | DIJKHUIZEN Ron | RRZ | M | 30 | 1:44:25 | 12,12 | 4:57 |
| 34 | 1954 | VAN DESSEL Chris | Geel | M | 31 | 1:44:42 | 12,09 | 4:58 |
| 35 | 1963 | VAN SOOM Frans | Nijlen | M | 32 | 1:44:51 | 12,07 | 4:58 |
| 36 | 1891 | GORIS Wim | Turnhout | M | 33 | 1:44:54 | 12,07 | 4:58 |
| 37 | 1921 | PEETERS Piet | alv | M | 34 | 1:44:56 | 12,06 | 4:58 |
| 38 | 1910 | MAES Jan | Turnhout | M | 35 | 1:44:58 | 12,06 | 4:59 |
| 39 | 1925 | RAEYMAEKERS Chris | tjak | M | 36 | 1:45:00 | 12,06 | 4:59 |
| 40 | 1919 | VAN PELT Geert-Jan | TJAK | M | 37 | 1:45:05 | 12,05 | 4:59 |
| 41 | 1936 | SPRANGERS Tinne | Hoogstraten | V | 4 | 1:45:24 | 12,01 | 5:00 |
| 42 | 1504 | VAN EYSENDEYK Pieter | TJAK | M | 38 | 1:45:26 | 12,01 | 5:00 |
| 43 | 1932 | RUTTEN Cindy | Merodelopers | V | 5 | 1:45:30 | 12,00 | 5:00 |
| 44 | 1920 | VAN GERWEN Joris | Lierse AC | M | 39 | 1:45:33 | 11,99 | 5:00 |
| 45 | 1903 | LAUWERS Lu | TJAK | M | 40 | 1:45:36 | 11,99 | 5:00 |
| 46 | 1536 | AERTS Dirk | HERENTALS | M | 41 | 1:45:43 | 11,97 | 5:01 |
| 47 | 1522 | DE BACKER Ward | HERSELT | M | 42 | 1:45:46 | 11,97 | 5:01 |
| 48 | 1926 | RAEYMAEKERS Inge | tjak | V | 6 | 1:46:18 | 11,91 | 5:02 |
| 49 | 1952 | VAN DE WAL Luc | Deurne | M | 43 | 1:46:19 | 11,91 | 5:02 |
| 50 | 1909 | MAERIEN Robert | antwerp athletics | M | 44 | 1:47:12 | 11,81 | 5:05 |
| 51 | 1886 | DILLEN Marc | laken | M | 45 | 1:47:25 | 11,78 | 5:05 |
| 52 | 1957 | VAN GORP Ludo | Edegem | M | 46 | 1:47:40 | 11,76 | 5:06 |
| 53 | 1956 | PEETERS Jack | TJAK | M | 47 | 1:48:25 | 11,68 | 5:08 |
| 54 | 1906 | LEPPENS Kevin | Turnhout | M | 48 | 1:48:44 | 11,64 | 5:09 |
| 55 | 1880 | DE HOON Dries | Gierle | M | 49 | 1:48:47 | 11,64 | 5:09 |
| 56 | 1507 | PEETERS Dirk | TJAK | M | 50 | 1:48:52 | 11,63 | 5:10 |
| 57 | 1914 | MARÉCHAL Veerle | AC LIERSE afdeling | V | 7 | 1:48:57 | 11,62 | 5:10 |
| 58 | 1512 | WILS Luc | JCK | M | 51 | 1:49:16 | 11,58 | 5:11 |
| 59 | 1509 | VERVOORT Wim | TJAK | M | 52 | 1:50:23 | 11,47 | 5:14 |
| 60 | 1948 | VAN BREDA Marc | MMC | M | 53 | 1:50:39 | 11,44 | 5:15 |
| 61 | 1523 | RENS Gert | HERSELT | M | 54 | 1:50:41 | 11,44 | 5:15 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|-------------------|-----|-------|---------|-------|---------|
| 62 | 1967 | VANUYTSEL Franky | GEEL | M | 55 | 1:51:20 | 11,37 | 5:17 |
| 63 | 1966 | VANMECHELEN Johan | atac | M | 56 | 1:51:40 | 11,34 | 5:18 |
| 64 | 1520 | VAN DEN BROEK Jo | ATAC | M | 57 | 1:51:42 | 11,33 | 5:18 |
| 65 | 1916 | MERTENS Wim | Lier | M | 58 | 1:51:44 | 11,33 | 5:18 |
| 66 | 1515 | VAN DE WEIJER Erik | VREMDE | M | 59 | 1:52:07 | 11,29 | 5:19 |
| 67 | 1882 | DE SOBRIE Herman | kasteelopers | M | 60 | 1:52:29 | 11,25 | 5:20 |
| 68 | 1871 | AERTS Gunther | ALV | M | 61 | 1:52:55 | 11,21 | 5:21 |
| 69 | 1510 | PEERAER Luc | TJAK | M | 62 | 1:53:18 | 11,17 | 5:22 |
| 70 | 1970 | VERCAUTEREN Sven | Duffel | M | 63 | 1:53:42 | 11,13 | 5:23 |
| 71 | 1929 | RENIERS Monique | ARAC | V | 8 | 1:53:49 | 11,12 | 5:24 |
| 72 | 1892 | GROEN Roel | turnhout | M | 64 | 1:53:50 | 11,12 | 5:24 |
| 73 | 1950 | VAN CANTFORT Ellen | Arendonk | V | 9 | 1:53:52 | 11,12 | 5:24 |
| 74 | 1960 | VAN LOOCK Monik | kasteelopers | V | 10 | 1:54:05 | 11,10 | 5:24 |
| 75 | 1908 | LOOTENS Sven | Boechout | M | 65 | 1:54:12 | 11,08 | 5:25 |
| 76 | 1525 | VAN OECKEL Steven | VORSELAAR | M | 66 | 1:54:15 | 11,08 | 5:25 |
| 77 | 1902 | LAPORTE Hilde | Ramsel | V | 11 | 1:54:19 | 11,07 | 5:25 |
| 78 | 1939 | STEYNEN Nick | turnhout | M | 67 | 1:54:21 | 11,07 | 5:25 |
| 79 | 1951 | VAN DE BROEK Veerle | Edegem | V | 12 | 1:54:42 | 11,04 | 5:26 |
| 80 | 1897 | HENDRIKS Lydia | Lint | V | 13 | 1:55:23 | 10,97 | 5:28 |
| 81 | 1943 | SWARTENBROEKX Jo | Tjak | M | 68 | 1:56:32 | 10,86 | 5:31 |
| 82 | 1879 | COOLS Ivan | AVERBODE | M | 69 | 1:57:59 | 10,73 | 5:36 |
| 83 | 1969 | VERBOVEN Benny | Herselt | M | 70 | 1:58:04 | 10,72 | 5:36 |
| 84 | 1922 | PERSEGAEL Jan | alv | M | 71 | 1:58:21 | 10,70 | 5:37 |
| 85 | 1928 | RENDERS Stef | Vorselaar | M | 72 | 1:58:40 | 10,67 | 5:37 |
| 86 | 1940 | STOOPS Natan | Ravels | M | 73 | 2:00:01 | 10,55 | 5:41 |
| 87 | 1946 | TORRELLE Paul-André | SAC | M | 74 | 2:00:13 | 10,53 | 5:42 |
| 88 | 1895 | HELSEN Brandon | Tjak | M | 75 | 2:00:23 | 10,52 | 5:42 |
| 89 | 1511 | BUYCKX Eddy | JCK | M | 76 | 2:00:27 | 10,51 | 5:43 |
| 90 | 1968 | VENNEKENS Patrick | Geel | M | 77 | 2:00:41 | 10,49 | 5:43 |
| 91 | 1519 | SCHRAEYEN Sally | BERINGEN | V | 14 | 2:00:51 | 10,47 | 5:44 |
| 92 | 1501 | VAN PELT Jan | TJAK | M | 78 | 2:02:36 | 10,33 | 5:49 |
| 93 | 1900 | JACOBIEN Luc | BEERSE | M | 79 | 2:04:04 | 10,20 | 5:53 |
| 94 | 1989 | WOESTENBORGHES Filip | | m | 80 | 2:04:40 | 10,15 | 5:55 |
| 95 | 1894 | HELLEMANS Peter | Ramsel | M | 81 | 2:04:53 | 10,14 | 5:55 |
| 96 | 1531 | VANZURPELE Martine | BEERZEL | V | 15 | 2:05:13 | 10,11 | 5:56 |
| 97 | 1500 | ENGELS Jan | TONGERLOPERS | M | 82 | 2:05:46 | 10,07 | 5:58 |
| 98 | 1959 | VAN GORP Stef | Turnhout | M | 83 | 2:06:00 | 10,05 | 5:58 |
| 99 | 1961 | VAN MEIR Ilse | De Heppense | V | 16 | 2:06:06 | 10,04 | 5:59 |
| 100 | 1942 | SWAEGERS Daniëlle | Turnhout | V | 17 | 2:07:00 | 9,97 | 6:01 |
| 101 | 1958 | VAN GORP Peter | Tielen | M | 84 | 2:08:02 | 9,89 | 6:04 |
| 102 | 1502 | VAN BAVEL Vincent | NOORDLOPER | M | 85 | 2:08:39 | 9,84 | 6:06 |
| 103 | 1962 | PEETERS Ivo | tjak | M | 86 | 2:08:41 | 9,84 | 6:06 |
| 104 | 1898 | HOUTMEYERS Ronny | Lichtaart | M | 87 | 2:09:00 | 9,81 | 6:07 |
| 105 | 1885 | DILLEN Gerry | Balen | M | 88 | 2:10:55 | 9,67 | 6:12 |
| 106 | 1949 | VAN BREE Peter | Heist op den berg | M | 89 | 2:11:27 | 9,63 | 6:14 |
| 107 | 1530 | VERSCHAEREN Roos | BERGLOPERS | V | 18 | 2:12:27 | 9,56 | 6:17 |
| 108 | 1529 | VERSTREPEN Leo | HEISTSE | M | 90 | 2:12:29 | 9,55 | 6:17 |
| 109 | 1521 | HENDRIKS Lydia | LINT | V | 19 | 2:12:55 | 9,52 | 6:18 |
| 110 | 1917 | NAGELS Wim | Duffel | M | 91 | 2:12:57 | 9,52 | 6:18 |
| 111 | 1923 | PHILIPS Barbara | Kontich | V | 20 | 2:12:58 | 9,52 | 6:18 |
| 112 | 1872 | ANDRIES Karla | Duffel | V | 21 | 2:12:59 | 9,52 | 6:18 |
| 113 | 1971 | VERELST Rebecca | Nijlen | V | 22 | 2:15:37 | 9,33 | 6:26 |
| 114 | 1508 | NAGENDA Kumar | ANTWERP | M | 92 | 2:17:07 | 9,23 | 6:30 |
| 115 | 1972 | VERELST Willy | Houthalen | M | 93 | 2:22:20 | 8,89 | 6:45 |
| 116 | 1883 | DEKKERS Lieve | Dessel | V | 23 | 2:22:43 | 8,87 | 6:46 |
| 117 | 1874 | BASTENS Tanja | Wechelderzande | V | 24 | 2:22:48 | 8,86 | 6:46 |
| 118 | 1890 | GOOSSENS Roxanne | Berlaar | V | 25 | 2:24:59 | 8,73 | 6:52 |
| 119 | 1973 | VERRETH Peter | Hubertus Kontich | M | 94 | 2:25:10 | 8,72 | 6:53 |
| 120 | 1905 | LEMMENS Iris | De Heppense | V | 26 | 2:26:56 | 8,62 | 6:58 |
| 121 | 1878 | CLEEMPUT Sara | rijmenam | V | 27 | 2:27:57 | 8,56 | 7:01 |
| 122 | 1877 | CLEEMPUT Bart | rijmenam | M | 95 | 2:27:58 | 8,55 | 7:01 |
| 123 | 1933 | SCHEPERS Hilde | De Heppense | V | 28 | 2:30:43 | 8,40 | 7:09 |
| 124 | 1944 | THEUNIS Marie-Rose | De Heppense | V | 29 | 2:31:56 | 8,33 | 7:12 |