

15e Jogging 't Hol Op Wambeek - 2 juni 2012

4 KM

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|-------------------------|-----|------|-------|---------|-------|---------|
| 1 | 66 | Meysmans Jan | Dtta | 81 | MSEN | 1 | 0:14:27 | 16,61 | 3:37 |
| 2 | 95 | Van Den Broeck David | | 92 | MSEN | 2 | 0:14:49 | 16,20 | 3:42 |
| 3 | 47 | De Backer Frederik | Jca | 75 | MSEN | 3 | 0:14:57 | 16,05 | 3:44 |
| 4 | 76 | Bergmans Stefaan | Spiridon Aalst | 75 | MSEN | 4 | 0:15:11 | 15,81 | 3:48 |
| 5 | 138 | Otte Levi | | 87 | MSEN | 5 | 0:15:22 | 15,62 | 3:51 |
| 6 | 200 | Vermeersch Stijn | | 80 | MSEN | 6 | 0:15:25 | 15,57 | 3:51 |
| 7 | 44 | Vanderroost Davy | Vita Ninove | 83 | MSEN | 7 | 0:15:28 | 15,52 | 3:52 |
| 8 | 21 | Gyselinck Stijn | Vilvoorde Atletiek Club | 90 | MSEN | 8 | 0:15:30 | 15,48 | 3:53 |
| 9 | 187 | De Kegel Pieter | | 95 | MJUN | 1 | 0:15:34 | 15,42 | 3:54 |
| 10 | 263 | Heymans Roel | Oeh | 89 | MSEN | 9 | 0:15:41 | 15,30 | 3:55 |
| 11 | 52 | Jans Piet | | 92 | MSEN | 10 | 0:15:43 | 15,27 | 3:56 |
| 12 | 163 | Beeckman Geert | Runners Pepingen | 66 | M+40 | 1 | 0:15:48 | 15,19 | 3:57 |
| 13 | 59 | Geeroms Bart | Lond | 92 | MSEN | 11 | 0:16:05 | 14,92 | 4:01 |
| 14 | 157 | Knops Wout | Leeuwerik | 96 | MJUN | 2 | 0:16:07 | 14,89 | 4:02 |
| 15 | 60 | Geeroms Kris | Olympia Londerzeel | 61 | M+50 | 1 | 0:16:18 | 14,72 | 4:05 |
| 16 | 58 | Geeroms Jeroen | Lond | 96 | MJUN | 3 | 0:16:31 | 14,53 | 4:08 |
| 17 | 18 | Van Bossuyt Jirke | | 95 | MJUN | 4 | 0:16:41 | 14,39 | 4:10 |
| 18 | 72 | Borremans Jelle | | 89 | MSEN | 12 | 0:17:03 | 14,08 | 4:16 |
| 19 | 89 | Amijs Tom | Jc Oetingen | 70 | M+40 | 2 | 0:17:07 | 14,02 | 4:17 |
| 20 | 110 | Sergooris Abner | | 95 | MJUN | 5 | 0:17:10 | 13,98 | 4:18 |
| 21 | 190 | Cornelis Andy | Leeuwerik | 88 | MSEN | 13 | 0:17:23 | 13,81 | 4:21 |
| 22 | 227 | Bruier Desmeth Randy | Leeuwerik | 78 | MSEN | 14 | 0:17:30 | 13,71 | 4:23 |
| 23 | 266 | Sijmus Willy | | 54 | M+50 | 2 | 0:17:44 | 13,53 | 4:26 |
| 24 | 169 | Lintermans Brecht | Team For Future | 86 | MSEN | 15 | 0:17:49 | 13,47 | 4:27 |
| 25 | 181 | De Coster Lennert | | 56 | M+50 | 3 | 0:17:59 | 13,35 | 4:30 |
| 26 | 203 | Van Herzele Koen | | 91 | MSEN | 16 | 0:18:02 | 13,31 | 4:31 |
| 27 | 220 | Dehandschutter Joachim | Acp | 89 | MSEN | 17 | 0:18:03 | 13,30 | 4:31 |
| 28 | 15 | Jans Jurgen | Kwb Wambeek | 75 | MSEN | 18 | 0:18:06 | 13,26 | 4:32 |
| 29 | 154 | Spinnoy Lars | Lond | 97 | MJUN | 6 | 0:18:17 | 13,13 | 4:34 |
| 30 | 113 | Dehertogh Bruno Jan | Leeuwerik | 95 | MJUN | 7 | 0:18:19 | 13,10 | 4:35 |
| 31 | 149 | De Saeger Patrick | Jc Oetingen | 60 | M+50 | 4 | 0:18:22 | 13,07 | 4:36 |
| 32 | 48 | Meene Joni | Acp | 97 | VJUN | 1 | 0:18:25 | 13,03 | 4:36 |
| 33 | 197 | Matton Joren | Dac | 96 | MJUN | 8 | 0:18:27 | 13,01 | 4:37 |
| 34 | 212 | De Valck Brecht | | 95 | MJUN | 9 | 0:18:30 | 12,97 | 4:38 |
| 35 | 258 | De Klerck Hubert | Kwb Wambeek | 52 | M+60 | 1 | 0:18:34 | 12,93 | 4:39 |
| 36 | 147 | Taelemans Sam | Avv Opwijk | 94 | MJUN | 10 | 0:18:39 | 12,87 | 4:40 |
| 37 | 14 | Matthys Patrick | Kwb Wambeek | 65 | M+40 | 3 | 0:18:42 | 12,83 | 4:40 |
| 38 | 94 | Delcourt Gerry | | 81 | MSEN | 19 | 0:18:45 | 12,80 | 4:41 |
| 39 | 151 | Vanderstraeten Bart | Aav | 94 | MJUN | 11 | 0:18:47 | 12,78 | 4:42 |
| 40 | 8 | Dekens Stijn | Kwb Wambeek | 84 | MSEN | 20 | 0:18:57 | 12,66 | 4:44 |
| 41 | 221 | Haegeman Wendy | Acp | 90 | VSEN | 1 | 0:19:00 | 12,63 | 4:45 |
| 42 | 213 | Bosmans Luc | Acp | 59 | M+50 | 5 | 0:19:10 | 12,52 | 4:48 |
| 43 | 173 | Pandelaere Johnny | Leeuwerik | 52 | M+60 | 2 | 0:19:23 | 12,38 | 4:51 |
| 44 | 222 | Haegeman Davy | Acp | 96 | MJUN | 12 | 0:19:33 | 12,28 | 4:53 |
| 45 | 96 | Gailly Marcel | Bvl | 56 | M+50 | 6 | 0:19:45 | 12,15 | 4:56 |
| 46 | 255 | Eylenbosch Sander | | 92 | MSEN | 21 | 0:19:47 | 12,13 | 4:57 |
| 47 | 257 | De Klerck Steven | Kwb Wambeek | 80 | MSEN | 22 | 0:19:51 | 12,09 | 4:58 |
| 48 | 146 | De Ridder Linda | Olympia Londerzeel | 64 | V+45 | 1 | 0:19:52 | 12,08 | 4:58 |
| 49 | 135 | Bicke Paul | Acp | 55 | M+50 | 7 | 0:19:53 | 12,07 | 4:58 |
| 50 | 148 | Taelemans John | Olympia Londerzeel | 63 | M+40 | 4 | 0:19:55 | 12,05 | 4:59 |
| 51 | 288 | Bosmans Koen | Mvc Positief | 84 | MSEN | 23 | 0:19:56 | 12,04 | 4:59 |
| 52 | 285 | Borremans Koen | Mvc Positief | 85 | MSEN | 24 | 0:19:58 | 12,02 | 5:00 |
| 53 | 280 | De Smet Sven | | 89 | MSEN | 25 | 0:19:59 | 12,01 | 5:00 |
| 54 | 158 | Leemans Jeroen | | 89 | MSEN | 26 | 0:20:02 | 11,98 | 5:00 |
| 55 | 93 | Massagé Glenn | Kwb Wambeek | 93 | MJUN | 13 | 0:20:04 | 11,96 | 5:01 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|---------------------------|----------------------|-----|------|-------|---------|-------|---------|
| 56 | 35 | Mertens Arno | Leeuwerik | 99 | MJUN | 14 | 0:20:07 | 11,93 | 5:02 |
| 57 | 62 | Clottemans Maarten | | 89 | MSEN | 27 | 0:20:09 | 11,91 | 5:02 |
| 58 | 177 | Vandervorst Mathis | | 01 | MJUN | 15 | 0:20:11 | 11,89 | 5:03 |
| 59 | 172 | Knops Warre | Leeuwerik | 99 | MJUN | 16 | 0:20:17 | 11,83 | 5:04 |
| 60 | 178 | Verpaelst Arno | Ars | 01 | MJUN | 17 | 0:20:19 | 11,81 | 5:05 |
| 61 | 56 | Meert Liam | | 01 | MJUN | 18 | 0:20:20 | 11,80 | 5:05 |
| 62 | 275 | Cosijns Geert | Sna Welle | 62 | M+50 | 8 | 0:20:22 | 11,78 | 5:06 |
| 63 | 176 | Vandevorst Stefan | | 72 | M+40 | 5 | 0:20:23 | 11,77 | 5:06 |
| 64 | 99 | Daneels Erik | | 62 | M+50 | 9 | 0:20:26 | 11,75 | 5:07 |
| 65 | 63 | Clottemans Koen | | 91 | MSEN | 28 | 0:20:27 | 11,74 | 5:07 |
| 66 | 137 | Van Heffen Els | Leeuwerik | 67 | V+45 | 2 | 0:20:28 | 11,73 | 5:07 |
| 67 | 274 | Muylaert Jurgen | Sna Welle | 63 | M+40 | 6 | 0:20:30 | 11,71 | 5:07 |
| 68 | 170 | De Neef Kristof | Team For Future | 86 | MSEN | 29 | 0:20:32 | 11,69 | 5:08 |
| 69 | 124 | Van Vaerenbergh Freddy | | 49 | M+60 | 3 | 0:20:35 | 11,66 | 5:09 |
| 70 | 73 | Steens Emiel | Bvl | 56 | M+50 | 10 | 0:20:37 | 11,64 | 5:09 |
| 71 | 92 | Vanhessche Marcel | | 50 | M+60 | 4 | 0:20:38 | 11,63 | 5:10 |
| 72 | 234 | Deneef Frank | Leeuwerik | 67 | M+40 | 7 | 0:20:40 | 11,61 | 5:10 |
| 73 | 279 | Glenn | | 89 | MSEN | 30 | 0:20:46 | 11,56 | 5:12 |
| 74 | 192 | De Weerd Ingrid | Kwb Wambeek | 64 | V+45 | 3 | 0:20:47 | 11,55 | 5:12 |
| 75 | 139 | Oote Lois | | 86 | VSEN | 2 | 0:20:49 | 11,53 | 5:12 |
| 76 | 87 | Ghijssels Inge | Jc Oetingen | 73 | V+35 | 1 | 0:20:50 | 11,52 | 5:13 |
| 77 | 46 | Van Hoorebeeck Bernadette | Ram | 52 | V+55 | 1 | 0:20:52 | 11,50 | 5:13 |
| 78 | 284 | Blommaert Arne | | 98 | MJUN | 19 | 0:20:56 | 11,46 | 5:14 |
| 79 | 109 | Ringoot Matthias | Leeuwerik | 90 | MSEN | 31 | 0:21:00 | 11,43 | 5:15 |
| 80 | 205 | De Bousser Gerrit | Ars | 64 | M+40 | 8 | 0:21:04 | 11,39 | 5:16 |
| 81 | 209 | Vivey Koen | Kwb Sint Jozef | 77 | MSEN | 32 | 0:21:05 | 11,38 | 5:16 |
| 82 | 61 | Sarens Laura | Lond | 94 | VJUN | 2 | 0:21:06 | 11,37 | 5:17 |
| 83 | 161 | Descheuyffelen Nico | Leeuwerik | 82 | MSEN | 33 | 0:21:08 | 11,36 | 5:17 |
| 84 | 55 | Meert Ian | | 02 | MJUN | 20 | 0:21:14 | 11,30 | 5:19 |
| 85 | 2 | Hertveldt Jonas | Kwb Wambeek | 97 | MJUN | 21 | 0:21:17 | 11,28 | 5:19 |
| 86 | 217 | Scheys Luka | Kwb Wambeek | 98 | MJUN | 22 | 0:21:19 | 11,26 | 5:20 |
| 87 | 244 | Van Belle Glenn | Kwb Wambeek | 98 | MJUN | 23 | 0:21:23 | 11,22 | 5:21 |
| 88 | 180 | Clement Danny | Sna Welle | 60 | M+50 | 11 | 0:21:29 | 11,17 | 5:22 |
| 89 | 238 | Potors Jasper | Start2Run Den Bos | 95 | MJUN | 24 | 0:21:31 | 11,15 | 5:23 |
| 90 | 183 | Platteau Ides | | 99 | MJUN | 25 | 0:21:36 | 11,11 | 5:24 |
| 91 | 597 | Vaeyens Mirianne | Liekerk Jogging Team | 72 | V+35 | 2 | 0:21:41 | 11,07 | 5:25 |
| 92 | 117 | Borremans Sofie | Kwb Wambeek | 85 | VSEN | 3 | 0:21:43 | 11,05 | 5:26 |
| 93 | 81 | Dennis | Kwb Wambeek | 55 | M+50 | 12 | 0:21:45 | 11,03 | 5:26 |
| 94 | 236 | Van Der Vennet Lode | Leeuwerik | 53 | M+50 | 13 | 0:21:47 | 11,02 | 5:27 |
| 95 | 267 | Francois Kris | | 84 | MSEN | 34 | 0:21:48 | 11,01 | 5:27 |
| 96 | 246 | Van Craenem Wout | Liekerk Jogging Team | 00 | MJUN | 26 | 0:21:50 | 10,99 | 5:28 |
| 97 | 186 | Vanden Brande Joren | | 91 | MSEN | 35 | 0:21:52 | 10,98 | 5:28 |
| 98 | 184 | Platteau Benno | | 99 | MJUN | 27 | 0:21:57 | 10,93 | 5:29 |
| 99 | 262 | Verbrugghen Jona | Leeuwerik | 82 | VSEN | 4 | 0:22:01 | 10,90 | 5:30 |
| 100 | 261 | Vandevelde Bart | Leeuwerik | 76 | MSEN | 36 | 0:22:02 | 10,89 | 5:31 |
| 101 | 219 | Doms Frieda | Acp | 62 | V+45 | 4 | 0:22:04 | 10,88 | 5:31 |
| 102 | 271 | Pogge Niels | | 89 | MSEN | 37 | 0:22:18 | 10,76 | 5:35 |
| 103 | 278 | Broos Andy | Kwb Wambeek | 84 | MSEN | 38 | 0:22:23 | 10,72 | 5:36 |
| 104 | 218 | Haegeman Andre | Acp | 60 | M+50 | 14 | 0:22:29 | 10,67 | 5:37 |
| 105 | 229 | Doms Paul | | 64 | M+40 | 9 | 0:22:31 | 10,66 | 5:38 |
| 106 | 245 | Goelens Mari-Rose | Liekerk Jogging Team | 57 | V+55 | 2 | 0:22:33 | 10,64 | 5:38 |
| 107 | 256 | Malfroy Jens | Kwb Wambeek | 92 | MJUN | 28 | 0:22:39 | 10,60 | 5:40 |
| 108 | 1 | Eylenbosch Josephine | | 60 | V+45 | 5 | 0:22:42 | 10,57 | 5:40 |
| 109 | 33 | Bergmans Aniek | | 78 | VSEN | 5 | 0:22:48 | 10,53 | 5:42 |
| 110 | 191 | Cornelis Jan | Leeuwerik | 56 | M+50 | 15 | 0:22:51 | 10,50 | 5:43 |
| 111 | 232 | Steenhout Lutgarde | Sna Welle | 59 | V+45 | 6 | 0:22:59 | 10,44 | 5:45 |
| 112 | 25 | Van Lier Stefan | | 58 | M+50 | 16 | 0:23:00 | 10,43 | 5:45 |
| 113 | 211 | Peetroons Silke | Leeuwerik | 99 | VJUN | 3 | 0:23:01 | 10,43 | 5:45 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|---------------------------|----------------------|-----|------|-------|---------|-------|---------|
| 114 | 225 | Van Steenberghe Audric | Ars | 93 | MJUN | 29 | 0:23:04 | 10,40 | 5:46 |
| 115 | 252 | Soumillion Stijn | Leeuwerik | 90 | MSEN | 39 | 0:23:08 | 10,37 | 5:47 |
| 116 | 84 | Stiens Rob | Leeuwerik | 87 | MSEN | 40 | 0:23:10 | 10,36 | 5:47 |
| 117 | 198 | Carlier Jean | | 53 | M+50 | 17 | 0:23:13 | 10,34 | 5:48 |
| 118 | 53 | Pappaert Johan | | 68 | M+40 | 10 | 0:23:14 | 10,33 | 5:48 |
| 119 | 194 | Merckx Danny | Ac Opwijk | 72 | M+40 | 11 | 0:23:15 | 10,32 | 5:49 |
| 120 | 153 | Buelens Eric | Leeuwerik | 60 | M+50 | 18 | 0:23:18 | 10,30 | 5:49 |
| 121 | 226 | Clottemans Daniel | Kwb Wambeek | 60 | M+50 | 19 | 0:23:19 | 10,29 | 5:50 |
| 122 | 118 | Mertens Patricia | Leeuwerik | 73 | V+35 | 3 | 0:23:23 | 10,26 | 5:51 |
| 123 | 107 | Adriaens Yves | Leeuwerik | 63 | M+40 | 12 | 0:23:25 | 10,25 | 5:51 |
| 124 | 282 | Debreucker Marc | | 64 | M+40 | 13 | 0:23:28 | 10,23 | 5:52 |
| 125 | 182 | Williame Timothy | | 87 | MSEN | 41 | 0:23:37 | 10,16 | 5:54 |
| 126 | 253 | Mostin Annie | Leeuwerik | 52 | V+55 | 3 | 0:23:38 | 10,16 | 5:54 |
| 127 | 242 | Vierendeels Jarne | | 98 | MJUN | 30 | 0:23:41 | 10,13 | 5:55 |
| 128 | 155 | Knops Sara | Leeuwerik | 98 | VJUN | 4 | 0:23:41 | 10,13 | 5:55 |
| 129 | 102 | Van Den Eynde Lies | Run For Fun - Ternat | 83 | VSEN | 6 | 0:23:43 | 10,12 | 5:56 |
| 130 | 111 | Cosijns Ingrid | Liekerk Jogging Team | 71 | V+35 | 4 | 0:24:02 | 9,99 | 6:01 |
| 131 | 123 | Eeckhoudt Elise | | 51 | V+55 | 4 | 0:24:04 | 9,97 | 6:01 |
| 132 | 182b | Degendt Dieter | | 83 | MSEN | 42 | 0:24:06 | 9,96 | 6:01 |
| 133 | 292 | Bellemans Riet | Ars | 59 | V+45 | 7 | 0:24:16 | 9,89 | 6:04 |
| 134 | 36 | Avau Magda | Joggers Beersel | 54 | V+55 | 5 | 0:24:28 | 9,81 | 6:07 |
| 135 | 125 | Van Vearenbergh Johnny | | 64 | M+40 | 14 | 0:24:30 | 9,80 | 6:07 |
| 136 | 101 | Demeuter Jean Marie | Liekerk Jogging Team | 67 | M+40 | 15 | 0:24:35 | 9,76 | 6:09 |
| 137 | 299 | Verhellen Stephan | | 65 | M+40 | 16 | 0:24:36 | 9,76 | 6:09 |
| 138 | 108 | De Donder Annie | Leeuwerik | 63 | V+45 | 8 | 0:24:38 | 9,74 | 6:09 |
| 139 | 294 | Loonen Willem | Bvl | 47 | M+60 | 5 | 0:24:39 | 9,74 | 6:10 |
| 140 | 144 | Van Deuren Els | Kwb Wambeek | 63 | V+45 | 9 | 0:24:43 | 9,71 | 6:11 |
| 141 | 51 | Eylenbosch Suzanne | Kwb Wambeek | 58 | V+45 | 10 | 0:24:44 | 9,70 | 6:11 |
| 142 | 134 | Polfhut Christelle | Acp | 65 | V+45 | 11 | 0:24:50 | 9,66 | 6:12 |
| 143 | 90 | Jans Carina | Kwb Wambeek | 65 | V+45 | 12 | 0:24:51 | 9,66 | 6:13 |
| 144 | 136 | Annendyck Lisa | Leeuwerik | 96 | VJUN | 5 | 0:24:57 | 9,62 | 6:14 |
| 145 | 248 | Herremans Pierre | Joggers Beersel | 48 | M+60 | 6 | 0:25:01 | 9,59 | 6:15 |
| 146 | 30 | Fremery Elisabeth | Joggers Beersel | 58 | V+45 | 13 | 0:25:04 | 9,57 | 6:16 |
| 147 | 24 | De Smet Jean-Pierre | Leeuwerik | 38 | M+70 | 1 | 0:25:05 | 9,57 | 6:16 |
| 148 | 159 | Van Schoors Jolien | | 88 | VSEN | 7 | 0:25:07 | 9,56 | 6:17 |
| 149 | 291 | Geeraerts Els | Liekerk Jogging Team | 69 | V+35 | 5 | 0:25:09 | 9,54 | 6:17 |
| 150 | 112 | Bernau Shauni | Liekerk Jogging Team | 98 | VJUN | 6 | 0:25:21 | 9,47 | 6:20 |
| 151 | 175 | De Croock Marc | Roadjoggers | 57 | M+50 | 20 | 0:25:24 | 9,45 | 6:21 |
| 152 | 204 | Huybens Marleen | Ars | 64 | V+45 | 14 | 0:25:26 | 9,44 | 6:21 |
| 153 | 67 | Van Nieuwenhove Leen | Acp | 72 | V+35 | 6 | 0:25:31 | 9,41 | 6:23 |
| 154 | 277 | Mahieu Joannes | Ac Lebbeke | 02 | MJUN | 31 | 0:25:32 | 9,40 | 6:23 |
| 155 | 259 | Zelderloo Leen | | 62 | V+45 | 15 | 0:25:35 | 9,38 | 6:24 |
| 156 | 140 | Lallemand Marcella | Leeuwerik | 55 | V+55 | 6 | 0:25:37 | 9,37 | 6:24 |
| 157 | 143 | Crokaert Agnes | Leeuwerik | 55 | V+55 | 7 | 0:25:39 | 9,36 | 6:25 |
| 158 | 126 | Slabbynck Rita | Vita | 58 | V+45 | 16 | 0:25:40 | 9,35 | 6:25 |
| 159 | 210 | Wilmus Freya | Leeuwerik | 98 | VJUN | 7 | 0:25:42 | 9,34 | 6:26 |
| 160 | 86 | Martein Bert | | 80 | MSEN | 43 | 0:25:54 | 9,27 | 6:28 |
| 161 | 207 | Van Schuerbeeck Erik | Start2Run Den Bos | 53 | M+50 | 21 | 0:25:56 | 9,25 | 6:29 |
| 162 | 283 | Debrueker Nils | | 99 | MJUN | 32 | 0:25:58 | 9,24 | 6:29 |
| 163 | 250 | Broeckhoven Kristel | Start2Run Den Bos | 66 | V+45 | 17 | 0:25:59 | 9,24 | 6:30 |
| 164 | 168 | Coppieters Wim | Kk Halle | 36 | M+70 | 2 | 0:26:02 | 9,22 | 6:30 |
| 165 | 260 | Laevens Marc | Kwb Wambeek | 48 | M+60 | 7 | 0:26:03 | 9,21 | 6:31 |
| 166 | 230 | Van Den Hoeven Frans | Sna Welle | 30 | M+70 | 3 | 0:26:07 | 9,19 | 6:32 |
| 167 | 83 | Vanderschueren Marie-Rose | Leeuwerik | 59 | V+45 | 18 | 0:26:10 | 9,17 | 6:32 |
| 168 | 74 | Timmermans Cato | | 99 | VJUN | 8 | 0:26:13 | 9,15 | 6:33 |
| 169 | 297 | Plasman Kristel | | 76 | V+35 | 7 | 0:26:14 | 9,15 | 6:34 |
| 170 | 167 | Patrick | Start2Run Den Bos | 63 | M+40 | 17 | 0:26:17 | 9,13 | 6:34 |
| 171 | 165 | De Smet Nicole | Den Bos | 58 | V+45 | 19 | 0:26:18 | 9,13 | 6:34 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|---------------------------|----------------------|-----|------|-------|---------|------|---------|
| 172 | 208 | Dehaever Miriam | Joggingclub Oetinge | 50 | V+55 | 8 | 0:26:22 | 9,10 | 6:35 |
| 173 | 122 | Eeckhout Filip | | 76 | MSEN | 44 | 0:26:23 | 9,10 | 6:36 |
| 174 | 239 | Potoms Karl | Start2Run Den Bos | 65 | M+40 | 18 | 0:26:24 | 9,09 | 6:36 |
| 175 | 13 | Timmermans Marie-Jeanne | Kwb Wambeek | 65 | V+45 | 20 | 0:26:25 | 9,09 | 6:36 |
| 176 | 189 | Stiens Rudi | Leeuwerik | 58 | M+50 | 22 | 0:26:26 | 9,08 | 6:36 |
| 177 | 23 | Du Laing Petra | Kwb Wambeek | 69 | V+35 | 8 | 0:26:28 | 9,07 | 6:37 |
| 178 | 127 | De Schryver Rika | Liekerk Jogging Team | 70 | V+35 | 9 | 0:26:34 | 9,03 | 6:38 |
| 179 | 276 | De Groote Vanessa | Leeuwerik | 88 | VSEN | 8 | 0:26:39 | 9,01 | 6:40 |
| 180 | 183b | Lievens Leen | Jogging Den Bos Rond | 81 | VSEN | 9 | 0:26:40 | 9,00 | 6:40 |
| 181 | 174 | De Couck Patrick | Start2Run Den Bos | 63 | M+40 | 19 | 0:26:41 | 8,99 | 6:40 |
| 182 | 265 | De Bosscher Marc | Leeuwerik | 61 | M+50 | 23 | 0:26:43 | 8,98 | 6:41 |
| 183 | 270 | Van Der Gucht Virginie | Leeuwerik | 67 | V+45 | 21 | 0:26:45 | 8,97 | 6:41 |
| 184 | 268 | Francois Inge | | 86 | VSEN | 10 | 0:26:47 | 8,96 | 6:42 |
| 185 | 269 | Francois Jean Renne | | 57 | M+50 | 24 | 0:26:48 | 8,96 | 6:42 |
| 186 | 249 | Van Huyck Lut | Start2Run Den Bos | 62 | V+45 | 22 | 0:26:51 | 8,94 | 6:43 |
| 187 | 196 | Van Schepdael Peggy | Jc Oetingen | 58 | V+45 | 23 | 0:26:56 | 8,91 | 6:44 |
| 188 | 235 | Adriaens Edith | Leeuwerik | 67 | V+45 | 24 | 0:26:59 | 8,89 | 6:45 |
| 189 | 193 | De Boevé Carline | Jc Oetingen | 60 | V+45 | 25 | 0:27:02 | 8,88 | 6:46 |
| 190 | 69 | De Bast Stijn | Kfc Wambeek | 96 | MJUN | 33 | 0:27:07 | 8,85 | 6:47 |
| 191 | 206 | Van Schuerbeeck Stephanie | Start2Run Den Bos | 88 | VSEN | 11 | 0:27:09 | 8,84 | 6:47 |
| 192 | 70 | De Bast Stef | Kfc Wambeek | 95 | MJUN | 34 | 0:27:16 | 8,80 | 6:49 |
| 193 | 45 | Malfroy Lien | | 96 | VJUN | 9 | 0:27:18 | 8,79 | 6:49 |
| 194 | 231 | Van Den Hoeven Marleen | Sna Welle | 57 | V+55 | 9 | 0:27:25 | 8,75 | 6:51 |
| 195 | 287 | Vercauteren Manzoera | | 90 | VSEN | 12 | 0:27:32 | 8,72 | 6:53 |
| 196 | 166 | De Schrijver Marleen | Start2Run Den Bos | 62 | V+45 | 26 | 0:27:33 | 8,71 | 6:53 |
| 197 | 152 | Vanbeneden Karin | Leeuwerik | 62 | V+45 | 27 | 0:27:34 | 8,71 | 6:53 |
| 198 | 98 | De Backer Yari | | 02 | MJUN | 35 | 0:27:35 | 8,70 | 6:54 |
| 199 | 42 | De Mol Rino | Kwb Wambeek | 00 | MJUN | 36 | 0:27:36 | 8,70 | 6:54 |
| 200 | 188 | Carels Hilde | Leeuwerik | 61 | V+45 | 28 | 0:27:40 | 8,67 | 6:55 |
| 201 | 290 | Vanbiervliet Werner | | 40 | M+70 | 4 | 0:27:43 | 8,66 | 6:56 |
| 202 | 120 | Deerijcke Dominique | Jc Oetingen | 65 | V+45 | 29 | 0:27:48 | 8,63 | 6:57 |
| 203 | 201 | Gijsens Sonja | | 56 | V+55 | 10 | 0:27:49 | 8,63 | 6:57 |
| 204 | 195 | Dehaever Anne | Jc Oetingen | 57 | V+55 | 11 | 0:27:51 | 8,62 | 6:58 |
| 205 | 121 | Rottiers Conny | | 74 | V+35 | 10 | 0:27:53 | 8,61 | 6:58 |
| 206 | 171 | Vandergucht Els | Leeuwerik | 72 | V+35 | 11 | 0:27:54 | 8,60 | 6:58 |
| 207 | 156 | De Smedt Patricia | Leeuwerik | 68 | V+35 | 12 | 0:27:55 | 8,60 | 6:59 |
| 208 | 199 | Delacroix Staf | Kwb Wambeek | 33 | M+70 | 5 | 0:27:57 | 8,59 | 6:59 |
| 209 | 202 | Pultaert Veby | Kwb Wambeek | 39 | M+70 | 6 | 0:28:02 | 8,56 | 7:01 |
| 210 | 251 | Op T Eynde Sonja | Leeuwerik | 66 | V+45 | 30 | 0:28:04 | 8,55 | 7:01 |
| 211 | 241 | Vierendeels Linse | | 99 | VJUN | 10 | 0:28:05 | 8,55 | 7:01 |
| 212 | 243 | Van De Voorde Jade | | 99 | VJUN | 11 | 0:28:07 | 8,54 | 7:02 |
| 213 | 91 | Claes Marijke | Acp | 73 | V+35 | 13 | 0:28:08 | 8,53 | 7:02 |
| 214 | 75 | Timmermans Lotte | | 99 | VJUN | 12 | 0:28:11 | 8,52 | 7:03 |
| 215 | 298 | Van Den Berge Kathleen | Acp | 72 | V+35 | 14 | 0:28:13 | 8,51 | 7:03 |
| 216 | 100 | Walravens Lydia | Leeuwerik | 52 | V+55 | 12 | 0:28:16 | 8,49 | 7:04 |
| 217 | 286 | Gunst Emilie | | 89 | VSEN | 13 | 0:28:17 | 8,49 | 7:04 |
| 218 | 180b | Badisco Jonathan | | 83 | MSEN | 45 | 0:28:21 | 8,47 | 7:05 |
| 219 | 295 | Aelbrecht Ilse | Den Bos Rond | 79 | VSEN | 14 | 0:28:26 | 8,44 | 7:07 |
| 220 | 281 | Bellemans Carine | Bvl | 63 | V+45 | 31 | 0:28:41 | 8,37 | 7:10 |
| 221 | 119 | Mordijck Lieve | Leeuwerik | 58 | V+45 | 32 | 0:28:58 | 8,29 | 7:14 |
| 222 | 145 | Rossel Joke | Start2Run Den Bos | 71 | V+35 | 15 | 0:29:00 | 8,28 | 7:15 |
| 223 | 57 | Vanderhaegen Jules | Acp | 39 | M+70 | 7 | 0:29:19 | 8,19 | 7:20 |
| 224 | 223 | Huybrechts Chris | Den Bos Rond | 58 | V+45 | 33 | 0:29:38 | 8,10 | 7:24 |
| 225 | 88 | Spooren Janna | Start2Run Den Bos | 79 | VSEN | 15 | 0:29:40 | 8,09 | 7:25 |
| 226 | 179 | Badisco Julie | | 85 | VSEN | 16 | 0:29:49 | 8,05 | 7:27 |
| 227 | 181b | Badisco Guido | Kwb Joggingteam | 56 | M+50 | 25 | 0:29:51 | 8,04 | 7:28 |
| 228 | 254 | De Peuter Nele | | 76 | V+35 | 16 | 0:30:03 | 7,99 | 7:31 |
| 229 | 37 | Vanzeebroeck Paula | Leeuwerik | 52 | V+55 | 13 | 0:30:11 | 7,95 | 7:33 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|----------------------|-----|------|-------|---------|------|---------|
| 230 | 71 | Dekeghel Ilse | | 77 | V+35 | 17 | 0:30:13 | 7,94 | 7:33 |
| 231 | 164 | Van Den Winkel Marc | Start2Run Den Bos | 54 | M+50 | 26 | 0:30:15 | 7,93 | 7:34 |
| 232 | 160 | Van Schoors Marlies | | 86 | VSEN | 17 | 0:30:19 | 7,92 | 7:35 |
| 233 | 215 | Speliers Yvette | Joggingclub Oetinge | 68 | V+35 | 18 | 0:30:39 | 7,83 | 7:40 |
| 234 | 216 | Neerinckx Marleen | Joggingclub Oetinge | 64 | V+45 | 34 | 0:30:42 | 7,82 | 7:40 |
| 235 | 103 | Boon Roger | Kk Halle | 32 | M+70 | 8 | 0:30:46 | 7,80 | 7:41 |
| 236 | 105 | Lauriers Jean | Kk Halle | 36 | M+70 | 9 | 0:30:48 | 7,79 | 7:42 |
| 237 | 104 | Lauriers Chantal | Joggers Beersel | 58 | V+45 | 35 | 0:30:49 | 7,79 | 7:42 |
| 238 | 106 | Smeets Wendy | Joggers Beersel | 89 | VSEN | 18 | 0:30:51 | 7,78 | 7:43 |
| 239 | 162 | Van Binnebeek Adrienne | | 29 | V+65 | 1 | 0:30:55 | 7,76 | 7:44 |
| 240 | 141 | Deneve Herman | Pallieten Kl | 38 | M+70 | 10 | 0:30:56 | 7,76 | 7:44 |
| 241 | 247 | Van Den Broeck Dina | Liekerk Jogging Team | 72 | V+35 | 19 | 0:30:58 | 7,75 | 7:44 |
| 242 | 28 | Dubois François | Kwb Wambeek | 41 | M+70 | 11 | 0:30:59 | 7,75 | 7:45 |
| 243 | 185 | Ramon Johan | Leeuwerik | 77 | MSEN | 46 | 0:31:16 | 7,68 | 7:49 |
| 244 | 34 | Rawoe Daniel | Leeuwerik | 56 | M+50 | 27 | 0:31:33 | 7,61 | 7:53 |
| 245 | 54 | Van Gucht Louis | Jogging Den Bosrand | 83 | MSEN | 47 | 0:32:00 | 7,50 | 8:00 |
| 246 | 43 | Desmet Jeannine | Leeuwerik | 41 | V+65 | 2 | 0:32:41 | 7,34 | 8:10 |
| 247 | 233 | Laus Marie-Louise | Leeuwerik | 55 | V+55 | 14 | 0:33:00 | 7,27 | 8:15 |
| 248 | 40 | Vanden Bossche Shary | Kwb Wambeek | 97 | VJUN | 13 | 0:33:09 | 7,24 | 8:17 |
| 249 | 41 | Eylenbosch Christel | Kwb Wambeek | 73 | V+35 | 20 | 0:33:10 | 7,24 | 8:17 |
| 250 | 228 | Wielens Christel | | 72 | V+35 | 21 | 0:33:30 | 7,16 | 8:22 |
| 251 | 77 | Lebegge Roger | Leeuwerik | 54 | M+50 | 28 | 0:33:31 | 7,16 | 8:23 |
| 252 | 296 | De Ridder Geert | Leeuwerik | 65 | M+40 | 20 | 0:33:34 | 7,15 | 8:24 |
| 253 | 273 | Eylenbosch Gaston | Leeuwerik | 50 | M+60 | 8 | 0:33:42 | 7,12 | 8:26 |
| 254 | 26 | Nieuwlandt Christine | Leeuwerik | 61 | V+45 | 36 | 0:33:50 | 7,09 | 8:28 |
| 255 | 27 | Permentier Patrick | Leeuwerik | 67 | M+40 | 21 | 0:33:53 | 7,08 | 8:28 |
| 256 | 32 | Gilis Alfons | Leeuwerik | 31 | V+65 | 3 | 0:34:08 | 7,03 | 8:32 |
| 257 | 31 | Dingemans Tim | Leeuwerik | 86 | MSEN | 48 | 0:34:10 | 7,02 | 8:32 |
| 258 | 10 | Van Der Heyden | Kwb Wambeek | 61 | V+45 | 37 | 0:34:34 | 6,94 | 8:39 |
| 259 | 9 | Caetaers Luc | Kwb Wambeek | 61 | M+50 | 29 | 0:34:34 | 6,94 | 8:39 |
| 260 | 68 | Claes René | Start2Run Den Bos | 58 | M+50 | 30 | 0:34:55 | 6,87 | 8:44 |
| 261 | 272 | Benaat Pascale | | 71 | V+35 | 22 | 0:36:24 | 6,59 | 9:06 |
| 262 | 78 | Vanhoorebeek François | Leeuwerik | 49 | M+60 | 9 | 0:48:00 | 5,00 | 12:00 |
| 263 | 116 | Rosseels Serge | Leeuwerik | 57 | M+50 | 31 | 0:48:00 | 5,00 | 12:00 |
| 264 | 114 | Dehertogh Robin | Leeuwerik | 97 | VJUN | 14 | 0:48:00 | 5,00 | 12:00 |
| 265 | 115 | Dehertogh Pascale | Leeuwerik | 60 | V+45 | 38 | 0:48:00 | 5,00 | 12:00 |
| 266 | 17 | De Bruycker Lutgard | | 73 | V+35 | 23 | 0:48:00 | 5,00 | 12:00 |
| 267 | 79 | Rogghe Luc | Leeuwerik | 51 | M+60 | 10 | 0:48:00 | 5,00 | 12:00 |
| 268 | 237 | Roelant Christa | Start2Run Den Bos | 64 | V+45 | 39 | 0:48:00 | 5,00 | 12:00 |
| 269 | 240 | Nieuwenhoff Laura | Start2Run Den Bos | 65 | V+45 | 40 | 0:48:00 | 5,00 | 12:00 |
| 270 | 224 | Van Rossem Jan | Den Bos Rond | 61 | M+50 | 32 | 0:48:00 | 5,00 | 12:00 |
| 271 | 264 | Vandenbosch Rolanda | Leeuwerik | 65 | V+45 | 41 | 0:48:00 | 5,00 | 12:00 |
| 272 | 80 | Pauwels Daniel | Leeuwerik | 59 | M+50 | 33 | 0:48:00 | 5,00 | 12:00 |
| 273 | 82 | Stiens Luk | Leeuwerik | 57 | M+50 | 34 | 0:48:00 | 5,00 | 12:00 |
| 274 | 22 | Cornelis Greta | Kwb Wambeek | 51 | V+55 | 15 | 0:48:00 | 5,00 | 12:00 |
| 275 | 11 | Holsters Renée | | 51 | V+55 | 16 | 0:48:00 | 5,00 | 12:00 |
| 276 | 20 | Walckiers Liliane | Kwb Wambeek | 52 | V+55 | 17 | 0:48:00 | 5,00 | 12:00 |
| 277 | 130 | Doms Luc | | 61 | M+50 | 35 | 0:48:00 | 5,00 | 12:00 |
| 278 | 131 | Heymans Leen | | 62 | V+45 | 42 | 0:48:00 | 5,00 | 12:00 |
| 279 | 132 | Doms Magda | | 56 | V+55 | 18 | 0:48:00 | 5,00 | 12:00 |
| 280 | 133 | Van Cauteren Dirk | | 55 | M+50 | 36 | 0:48:00 | 5,00 | 12:00 |
| 281 | 129 | Doms Agna | | | V+45 | 43 | 0:48:00 | 5,00 | 12:00 |
| 282 | 128 | Doms Julienne | | 57 | V+45 | 44 | 0:48:00 | 5,00 | 12:00 |

15e Jogging 't Hol Op Wambeek - 2 juni 2012

10 KM

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|------------------------|-----|------|-------|---------|-------|---------|
| 1 | 540 | Van Droogenbroeck Lander | Dac | 83 | MSEN | 1 | 0:32:14 | 18,61 | 3:13 |
| 2 | 537 | Van Den Hoeven Marc | Sna Welle | 60 | M+50 | 1 | 0:32:52 | 18,26 | 3:17 |
| 3 | 510 | Van Den Berghe Kristof | | 76 | MSEN | 2 | 0:33:57 | 17,67 | 3:24 |
| 4 | 501 | Geerts Alain | VS | 69 | M+40 | 1 | 0:34:22 | 17,46 | 3:26 |
| 5 | 569 | Michiels Ronny | Jc Oetingen | 67 | M+40 | 2 | 0:34:35 | 17,35 | 3:28 |
| 6 | 635 | Molemans Luc | Dac | 63 | M+40 | 3 | 0:34:54 | 17,19 | 3:29 |
| 7 | 669 | Torbeyns Jef | Dac | 95 | MJUN | 1 | 0:35:58 | 16,68 | 3:36 |
| 8 | 475 | Deneef Alfons | Axa-Teal | 54 | M+50 | 2 | 0:36:09 | 16,60 | 3:37 |
| 9 | 457 | Van Campenhout Paul | Lond | 58 | M+50 | 3 | 0:36:35 | 16,40 | 3:40 |
| 10 | 563 | Bauters Danny | Jogging Dilbeek | 66 | M+40 | 4 | 0:37:24 | 16,04 | 3:44 |
| 11 | 602 | De Pauw Wim | | 72 | M+40 | 5 | 0:37:30 | 16,00 | 3:45 |
| 12 | 599 | Follet Rudy | Dac | 62 | M+50 | 4 | 0:37:43 | 15,91 | 3:46 |
| 13 | 582 | Leo Marc | Leeuwerik | 64 | M+40 | 6 | 0:37:52 | 15,85 | 3:47 |
| 14 | 649 | Van Der Heyden Tim | | 90 | MSEN | 3 | 0:37:54 | 15,83 | 3:47 |
| 15 | 433 | Cornelis Wim | Kwb Wambeek | 56 | M+50 | 5 | 0:37:56 | 15,82 | 3:48 |
| 16 | 491 | Swalens Kurt | Beerselse Vrije Lopers | 70 | M+40 | 7 | 0:38:02 | 15,78 | 3:48 |
| 17 | 611 | Janssens Tim | Ac Welle | 89 | MSEN | 4 | 0:38:03 | 15,77 | 3:48 |
| 18 | 608 | Coetsiers Karel | | 77 | MSEN | 5 | 0:38:04 | 15,76 | 3:48 |
| 19 | 440 | De Backer Eddy | | 70 | M+40 | 8 | 0:38:24 | 15,63 | 3:50 |
| 20 | 506 | Stiens Roel | Leeuwerik | 90 | MSEN | 6 | 0:38:27 | 15,60 | 3:51 |
| 21 | 681 | Caproen Steven | | 76 | MSEN | 7 | 0:38:30 | 15,58 | 3:51 |
| 22 | 689 | Louckx Bart | Leeuwerik | 81 | MSEN | 8 | 0:38:42 | 15,50 | 3:52 |
| 23 | 531 | Pots Jan | Zvl Denderleeuw | 64 | M+40 | 9 | 0:38:49 | 15,46 | 3:53 |
| 24 | 699 | Schelfthout Kevin | | 89 | MSEN | 9 | 0:38:59 | 15,39 | 3:54 |
| 25 | 675 | Van Dan Houte Jurgen | | 70 | M+40 | 10 | 0:39:02 | 15,37 | 3:54 |
| 26 | 727 | Buggenhoudt Dieter | Kwb Wambeek | 73 | MSEN | 10 | 0:39:06 | 15,35 | 3:55 |
| 27 | 571 | Bardijn Jenthe | Acp | 86 | MSEN | 11 | 0:39:14 | 15,29 | 3:55 |
| 28 | 436 | Den Houdijker David | Joggers Beersel | 83 | MSEN | 12 | 0:39:25 | 15,22 | 3:56 |
| 29 | 701 | Camermans Filiep | | 75 | MSEN | 13 | 0:39:27 | 15,21 | 3:57 |
| 30 | 624 | Schoukens Hendrik | Acp | 82 | MSEN | 14 | 0:39:29 | 15,20 | 3:57 |
| 31 | 497 | Gillis-Dhamers Philip | Lond | 74 | MSEN | 15 | 0:39:55 | 15,03 | 4:00 |
| 32 | 696 | Dens François | | 76 | MSEN | 16 | 0:40:00 | 15,00 | 4:00 |
| 33 | 592 | Van Valckenborgh Frank | Liekerk Jogging Team | 55 | M+50 | 6 | 0:40:03 | 14,98 | 4:00 |
| 34 | 410 | Mertens Johan | Leeuwerik | 71 | M+40 | 11 | 0:40:05 | 14,97 | 4:01 |
| 35 | 686 | Valentyn Michel | Dac | 71 | M+40 | 12 | 0:40:08 | 14,95 | 4:01 |
| 36 | 570 | De Weerdts Kirsten | Acp | 81 | VSEN | 1 | 0:40:20 | 14,88 | 4:02 |
| 37 | 515 | Scheys Erwin | Kwb Wambeek | 72 | M+40 | 13 | 0:40:24 | 14,85 | 4:02 |
| 38 | 412 | Roelandts Olivier | Joggers Beersel | 61 | M+50 | 7 | 0:40:36 | 14,78 | 4:04 |
| 39 | 680 | Louckx Peter | Leeuwerik | 56 | M+50 | 8 | 0:40:50 | 14,69 | 4:05 |
| 40 | 693 | Lombaert Johan | Leeuwerik | 64 | M+40 | 14 | 0:40:52 | 14,68 | 4:05 |
| 41 | 634 | Blancke William | | 62 | M+50 | 9 | 0:40:54 | 14,67 | 4:05 |
| 42 | 673 | Van Boxel Jan | | 74 | MSEN | 17 | 0:40:56 | 14,66 | 4:06 |
| 43 | 407 | Puttaert Gunter | Kwb Wambeek | 70 | M+40 | 15 | 0:41:03 | 14,62 | 4:06 |
| 44 | 474 | Geeroms Jos | Lond | 59 | M+50 | 10 | 0:41:05 | 14,60 | 4:06 |
| 45 | 431 | Desmet Erik | Dac | 82 | MSEN | 18 | 0:41:07 | 14,59 | 4:07 |
| 46 | 670 | Trobeyns Jo | | 58 | M+50 | 11 | 0:41:11 | 14,57 | 4:07 |
| 47 | 530 | Wynant Hilde | Lond | 68 | V+35 | 1 | 0:41:13 | 14,56 | 4:07 |
| 48 | 420 | Barbé Jan | Leeuwerik | 71 | M+40 | 16 | 0:41:15 | 14,55 | 4:07 |
| 49 | 405 | Berghmans Kris | | 73 | MSEN | 19 | 0:41:18 | 14,53 | 4:08 |
| 50 | 538 | De Cremer Arne | | 73 | MSEN | 20 | 0:41:20 | 14,52 | 4:08 |
| 51 | 655 | Dammans Gregory | De Waterdrinkers | 86 | MSEN | 21 | 0:41:25 | 14,49 | 4:09 |
| 52 | 498 | Mertens Willy | Kwb Londerzeel | 54 | M+50 | 12 | 0:41:27 | 14,48 | 4:09 |
| 53 | 622 | Bellemans Stefaan | Leeuwerik | 61 | M+50 | 13 | 0:41:36 | 14,42 | 4:10 |
| 54 | 636 | Vandervorst Stefaan | Jogging Dilbeek | 72 | M+40 | 17 | 0:41:40 | 14,40 | 4:10 |
| 55 | 715 | Loux Patrick | | 71 | M+40 | 18 | 0:41:50 | 14,34 | 4:11 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|---------------------------|------------------------|-----|------|-------|---------|-------|---------|
| 56 | 406 | Clottemans Andre | Kwb Wambeek | 58 | M+50 | 14 | 0:42:01 | 14,28 | 4:12 |
| 57 | 623 | Deblander Jurgen | Acp | 81 | MSEN | 22 | 0:42:10 | 14,23 | 4:13 |
| 58 | 645 | Deconinck Benoit | | 73 | MSEN | 23 | 0:42:12 | 14,22 | 4:13 |
| 59 | 421 | Sliepers Petra | Liekerk Jogging Team | 70 | V+35 | 2 | 0:42:17 | 14,19 | 4:14 |
| 60 | 422 | Schampheleer Willen | Liekerk Jogging Team | 70 | M+40 | 19 | 0:42:20 | 14,17 | 4:14 |
| 61 | 614 | Van Droogenbroeck Dirk | Liekerk Jogging Team | 70 | M+40 | 20 | 0:42:21 | 14,17 | 4:14 |
| 62 | 728 | Rogier Josse | Liekerke Jogging Team | 59 | M+50 | 15 | 0:42:23 | 14,16 | 4:14 |
| 63 | 461 | De Wolf Johan | Kwb Wambeek | 63 | M+40 | 21 | 0:42:25 | 14,15 | 4:15 |
| 64 | 430 | De Geyter Tim | | 88 | MSEN | 24 | 0:42:28 | 14,13 | 4:15 |
| 65 | 523 | Van Cleemput Daniel | Liekerk Jogging Team | 78 | MSEN | 25 | 0:43:01 | 13,95 | 4:18 |
| 66 | 411 | Arijs René | Roadjoggers Haaltert | 51 | M+60 | 1 | 0:43:03 | 13,94 | 4:18 |
| 67 | 500 | Anijs Dries | | 02 | MJUN | 2 | 0:43:04 | 13,93 | 4:18 |
| 68 | 711 | Van Ber Borghht Johnattan | | 89 | MSEN | 26 | 0:43:11 | 13,89 | 4:19 |
| 69 | 733 | Bruyninckx Tom | | 79 | MSEN | 27 | 0:43:16 | 13,87 | 4:20 |
| 70 | 551 | Beeken Walther | | 50 | M+60 | 2 | 0:43:18 | 13,86 | 4:20 |
| 71 | 679 | Van Impe Luc | Liekerke Jogging Team | 64 | M+40 | 22 | 0:43:29 | 13,80 | 4:21 |
| 72 | 466 | Kindermans Hans | Lond | 67 | M+40 | 23 | 0:43:41 | 13,74 | 4:22 |
| 73 | 589 | Killens Wim | | 82 | MSEN | 28 | 0:43:43 | 13,72 | 4:22 |
| 74 | 584 | De Camps Timothy | | 84 | MSEN | 29 | 0:43:44 | 13,72 | 4:22 |
| 75 | 713 | De Pluveren Paul | Jc Brakel | 57 | M+50 | 16 | 0:43:46 | 13,71 | 4:23 |
| 76 | 684 | Vivillt Marc | | 54 | M+50 | 17 | 0:43:53 | 13,67 | 4:23 |
| 77 | 464 | Martens Christophe | Liekerk Jogging Team | 74 | MSEN | 30 | 0:43:54 | 13,67 | 4:23 |
| 78 | 452 | Sergooris Johan | | 69 | M+40 | 24 | 0:43:55 | 13,66 | 4:24 |
| 79 | 419 | Clottemans Eric | | 62 | M+50 | 18 | 0:43:58 | 13,65 | 4:24 |
| 80 | 403 | Sergooris Jan | Kwb Wambeek | 57 | M+50 | 19 | 0:44:00 | 13,64 | 4:24 |
| 81 | 726 | Meert Marcel | | 58 | M+50 | 20 | 0:44:02 | 13,63 | 4:24 |
| 82 | 486 | Knops Robbe | Leeuwerik | 96 | MJUN | 3 | 0:44:05 | 13,61 | 4:25 |
| 83 | 621 | Rhode Yves | Gruppo Sportivo | 59 | M+50 | 21 | 0:44:07 | 13,60 | 4:25 |
| 84 | 546 | De Schrijder Emanuel | | 79 | MSEN | 31 | 0:44:11 | 13,58 | 4:25 |
| 85 | 576 | Vunckx Jan | | 79 | MSEN | 32 | 0:44:17 | 13,55 | 4:26 |
| 86 | 469 | Dannau Leo | Halle | 60 | M+50 | 22 | 0:44:18 | 13,54 | 4:26 |
| 87 | 619 | Vervueren Jan | | 55 | M+50 | 23 | 0:44:21 | 13,53 | 4:26 |
| 88 | 443 | Massage Patrick | Kwb Wambeek | 64 | M+40 | 25 | 0:44:23 | 13,52 | 4:26 |
| 89 | 674 | Mommaert Rudy | | 62 | M+50 | 24 | 0:44:26 | 13,50 | 4:27 |
| 90 | 444 | Gailly Marcel | Bvl | 56 | M+50 | 25 | 0:44:34 | 13,46 | 4:27 |
| 91 | 513 | Herremans Sven | Joggers Beersel | 76 | MSEN | 33 | 0:44:36 | 13,45 | 4:28 |
| 92 | 658 | Barbé Kim | De Waterdrinkers | 83 | MSEN | 34 | 0:44:39 | 13,44 | 4:28 |
| 93 | 552 | Aeyels Eric | Pallieters Liederkerke | 50 | M+60 | 3 | 0:44:41 | 13,43 | 4:28 |
| 94 | 493 | Walravens Mario | Leeuwerik | 75 | MSEN | 35 | 0:44:43 | 13,42 | 4:28 |
| 95 | 445 | Busschots Dirk | | 74 | MSEN | 36 | 0:44:46 | 13,40 | 4:29 |
| 96 | 478 | Spinnoy Daniel | Kwb Londerzeel | 58 | M+50 | 26 | 0:44:53 | 13,37 | 4:29 |
| 97 | 485 | Knops Seppe | Leeuwerik | 98 | MJUN | 4 | 0:45:02 | 13,32 | 4:30 |
| 98 | 697 | De Roover Martin | Vds | 77 | MSEN | 37 | 0:45:11 | 13,28 | 4:31 |
| 99 | 691 | Vanhelcke Carl | Kwb | 61 | M+50 | 27 | 0:45:13 | 13,27 | 4:31 |
| 100 | 548 | Laevens Marc | | 48 | M+60 | 4 | 0:45:16 | 13,25 | 4:32 |
| 101 | 590 | Descornez Christine | Leeuwerik | 72 | V+35 | 3 | 0:45:18 | 13,25 | 4:32 |
| 102 | 613 | Briomé Paul | Dac | 67 | M+40 | 26 | 0:45:21 | 13,23 | 4:32 |
| 103 | 408 | Mertens Christian | Joggers Beersel | 56 | M+50 | 28 | 0:45:23 | 13,22 | 4:32 |
| 104 | 731 | Van Zaelen Wim | | 77 | MSEN | 38 | 0:45:24 | 13,22 | 4:32 |
| 105 | 648 | Vermoesen Kris | | 80 | MSEN | 39 | 0:45:25 | 13,21 | 4:32 |
| 106 | 496 | Evenepoel Dirk | | 73 | MSEN | 40 | 0:45:26 | 13,21 | 4:33 |
| 107 | 553 | Follet Erik | Ars | 60 | M+50 | 29 | 0:45:36 | 13,16 | 4:34 |
| 108 | 447 | Gelders Matthew | Kskl Ternat | 00 | MJUN | 5 | 0:45:43 | 13,12 | 4:34 |
| 109 | 730 | De Schrijver R. | | 76 | MSEN | 41 | 0:45:45 | 13,11 | 4:34 |
| 110 | 480 | Rottiers Joris | Kwb Londerzeel | 86 | MSEN | 42 | 0:45:53 | 13,08 | 4:35 |
| 111 | 442 | Wouters Kris | Acp | 81 | MSEN | 43 | 0:45:54 | 13,07 | 4:35 |
| 112 | 672 | Crevits Christiaan | Leeuwerik | 61 | M+50 | 30 | 0:45:59 | 13,05 | 4:36 |
| 113 | 581 | Mahieu Eddy | Ac Lebbeke | 72 | M+40 | 27 | 0:46:01 | 13,04 | 4:36 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|----------------------------|-----------------------|-----|------|-------|---------|-------|---------|
| 114 | 415 | Niesel Katrin | | 74 | V+35 | 4 | 0:46:14 | 12,98 | 4:37 |
| 115 | 609 | Tourwé Jo | | 78 | MSEN | 44 | 0:46:32 | 12,89 | 4:39 |
| 116 | 723 | Hannes Peter | Liekerke Jogging Team | 61 | M+50 | 31 | 0:46:34 | 12,88 | 4:39 |
| 117 | 495 | Van Vooren David | | 70 | M+40 | 28 | 0:46:35 | 12,88 | 4:40 |
| 118 | 664 | Verboere P. | | 72 | M+40 | 29 | 0:46:37 | 12,87 | 4:40 |
| 119 | 643 | Pijpen Laurence | | 75 | V+35 | 5 | 0:46:38 | 12,87 | 4:40 |
| 120 | 596 | Meysmans Luk | Liekerk Jogging Team | 71 | M+40 | 30 | 0:46:40 | 12,86 | 4:40 |
| 121 | 470 | Le Barq Steve | | 70 | M+40 | 31 | 0:46:42 | 12,85 | 4:40 |
| 122 | 468 | Vekeman Bernadette | At-Zottegem | 53 | V+55 | 1 | 0:46:44 | 12,84 | 4:40 |
| 123 | 451 | Wauters Siebe | Kwb Wambeek | 96 | MJUN | 6 | 0:46:53 | 12,80 | 4:41 |
| 124 | 450 | Van Der Kelen Jaimie | Kwb Wambeek | 96 | MJUN | 7 | 0:46:55 | 12,79 | 4:41 |
| 125 | 660 | Lippens Francis | | 69 | M+40 | 32 | 0:46:56 | 12,78 | 4:42 |
| 126 | 402 | Dekens Fe | Kwb Wambeek | 59 | M+50 | 32 | 0:46:58 | 12,78 | 4:42 |
| 127 | 682 | Geeraerts Geert | | 76 | MSEN | 45 | 0:46:59 | 12,77 | 4:42 |
| 128 | 687 | Eylenbosch Vincent | | 95 | MJUN | 8 | 0:47:05 | 12,74 | 4:43 |
| 129 | 662 | Van Kelecom Dirk | Mvc Cafe Positief | 65 | M+40 | 33 | 0:47:08 | 12,73 | 4:43 |
| 130 | 439 | Lommers Miguel | | 99 | MJUN | 9 | 0:47:12 | 12,71 | 4:43 |
| 131 | 456 | Van Campenhout Peter | Lond | 88 | MSEN | 46 | 0:47:17 | 12,69 | 4:44 |
| 132 | 685 | Van Den Hauten Georges | Joka | 58 | M+50 | 33 | 0:47:21 | 12,67 | 4:44 |
| 133 | 593 | Van Campenhout Rudi | Leeuwerik | 60 | M+50 | 34 | 0:47:23 | 12,66 | 4:44 |
| 134 | 427 | De Hertogh Patrick | | 71 | M+40 | 34 | 0:47:25 | 12,65 | 4:45 |
| 135 | 423 | Cornelis Frederik | | 80 | MSEN | 47 | 0:47:26 | 12,65 | 4:45 |
| 136 | 595 | Vierendeels Siebert | | 94 | MJUN | 10 | 0:47:27 | 12,64 | 4:45 |
| 137 | 644 | O Stefaan | Start2Run Den Bos | 65 | M+40 | 35 | 0:47:36 | 12,61 | 4:46 |
| 138 | 605 | Nuyttens Hendrik | Liekerk Jogging Team | 55 | M+50 | 35 | 0:47:43 | 12,57 | 4:46 |
| 139 | 483 | Asselman Cindy | Den Bos | 73 | V+35 | 6 | 0:47:46 | 12,56 | 4:47 |
| 140 | 509 | Jacobs Patrick | Den Bos | 62 | M+40 | 36 | 0:47:48 | 12,55 | 4:47 |
| 141 | 565 | Van Der Linden Hendrik | | 65 | M+40 | 37 | 0:47:50 | 12,54 | 4:47 |
| 142 | 529 | Van Iseghem Rik | Vita | 67 | M+40 | 38 | 0:47:51 | 12,54 | 4:47 |
| 143 | 585 | Wijnendaele Marc | Kwb Wambeek | 64 | M+40 | 39 | 0:47:52 | 12,53 | 4:47 |
| 144 | 642 | Van Boven Stephaan | Roadjoggers Haaltert | 60 | M+50 | 36 | 0:47:58 | 12,51 | 4:48 |
| 145 | 449 | Van De Sype Marc | Roadjoggers Haaltert | 67 | M+40 | 40 | 0:47:59 | 12,50 | 4:48 |
| 146 | 566 | Dierickx Geert | Ars | 74 | MSEN | 48 | 0:48:00 | 12,50 | 4:48 |
| 147 | 641 | Stassijns Hans | Ars Affligem | 60 | M+50 | 37 | 0:48:02 | 12,49 | 4:48 |
| 148 | 535 | Meymans Hilde | Liekerk Jogging Team | 73 | V+35 | 7 | 0:48:04 | 12,48 | 4:48 |
| 149 | 490 | Timmerman Davy | Start2Run Den Bos | 78 | MSEN | 49 | 0:48:05 | 12,48 | 4:49 |
| 150 | 709 | Cvan Den Borre Kris | Dac | 76 | MSEN | 50 | 0:48:12 | 12,45 | 4:49 |
| 151 | 514 | Van Dene Genachte Tom | Kwb Wambeek | 69 | M+40 | 41 | 0:48:14 | 12,44 | 4:49 |
| 152 | 521 | Van Vaerenbergh | Liekerk Jogging Team | 57 | M+50 | 38 | 0:48:18 | 12,42 | 4:50 |
| 153 | 688 | Eylenbosch Joachim | | 88 | MSEN | 51 | 0:48:23 | 12,40 | 4:50 |
| 154 | 574 | Nuyts Sandy | Roadjoggers Haaltert | 69 | M+40 | 42 | 0:48:26 | 12,39 | 4:51 |
| 155 | 556 | Van Mellebeke Gert | | 74 | MSEN | 52 | 0:48:30 | 12,37 | 4:51 |
| 156 | 652 | Van Herreweghe Geert | | 65 | M+40 | 43 | 0:48:42 | 12,32 | 4:52 |
| 157 | 555 | Blommaerts Annie | Kwb Wambeek | 64 | V+45 | 1 | 0:48:58 | 12,25 | 4:54 |
| 158 | 434 | De Bie Mon | | 70 | M+40 | 44 | 0:49:05 | 12,22 | 4:55 |
| 159 | 632 | Thaelemans Jos | | 56 | M+50 | 39 | 0:49:18 | 12,17 | 4:56 |
| 160 | 416 | Janssens Rudi | | 67 | M+40 | 45 | 0:49:22 | 12,15 | 4:56 |
| 161 | 446 | Kerckhoven Danny | | 71 | M+40 | 46 | 0:49:23 | 12,15 | 4:56 |
| 162 | 647 | Gies Cedric | Jogging Den Bosrond | 74 | MSEN | 53 | 0:49:24 | 12,15 | 4:56 |
| 163 | 579 | Neulkermans Bouter | | 82 | MSEN | 54 | 0:49:27 | 12,13 | 4:57 |
| 164 | 547 | Van Droogenbroeck Sandrine | | 81 | VSEN | 2 | 0:49:34 | 12,10 | 4:57 |
| 165 | 477 | Biesemans Vera | Lond | 55 | V+55 | 2 | 0:49:38 | 12,09 | 4:58 |
| 166 | 683 | Vierendeel Rita | Leeuwerik | 60 | V+45 | 2 | 0:49:41 | 12,08 | 4:58 |
| 167 | 692 | Lammens Els | Dac | 68 | V+35 | 8 | 0:49:43 | 12,07 | 4:58 |
| 168 | 413 | De Meuter Jan | Kwb Merchtem | 75 | MSEN | 55 | 0:49:47 | 12,05 | 4:59 |
| 169 | 458 | Heymans Johnny | Liekerk Jogging Team | 45 | M+60 | 5 | 0:49:48 | 12,05 | 4:59 |
| 170 | 524 | Eeckhoudt Wim | Zvl Denderleeuw | 67 | M+40 | 47 | 0:49:49 | 12,04 | 4:59 |
| 171 | 661 | Arnold Hans | | 78 | MSEN | 56 | 0:49:50 | 12,04 | 4:59 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|---------------------------|-----------------------|-----|------|-------|---------|-------|---------|
| 172 | 700 | Eylenbosch Rik | | 61 | M+50 | 40 | 0:49:52 | 12,03 | 4:59 |
| 173 | 600 | Vermeiren Hugo | Ars | 65 | M+40 | 48 | 0:49:59 | 12,00 | 5:00 |
| 174 | 432 | Janssens David | | 77 | MSEN | 57 | 0:50:01 | 12,00 | 5:00 |
| 175 | 577 | Aelaerts Maarten | | 84 | MSEN | 58 | 0:50:07 | 11,97 | 5:01 |
| 176 | 705 | Cornillie Ruben | | 97 | MJUN | 11 | 0:50:08 | 11,97 | 5:01 |
| 177 | 541 | Sammels Eva | | 83 | VSEN | 3 | 0:50:10 | 11,96 | 5:01 |
| 178 | 604 | Schuddinck Bart | Liekerk Jogging Team | 70 | M+40 | 49 | 0:50:20 | 11,92 | 5:02 |
| 179 | 628 | Schampers Bert | | 56 | M+50 | 41 | 0:50:27 | 11,89 | 5:03 |
| 180 | 536 | De Troyer Dirk | Sna Welle | 55 | M+50 | 42 | 0:50:31 | 11,88 | 5:03 |
| 181 | 710 | Vanderheyden Diethard | | 77 | MSEN | 59 | 0:50:33 | 11,87 | 5:03 |
| 182 | 487 | Knops Geert | Leeuwerik | 69 | M+40 | 50 | 0:50:35 | 11,86 | 5:03 |
| 183 | 479 | Knops Hans | Leeuwerik | 66 | M+40 | 51 | 0:50:37 | 11,85 | 5:04 |
| 184 | 694 | Lombaert Lise | Leeuwerik | 91 | VSEN | 4 | 0:50:39 | 11,85 | 5:04 |
| 185 | 678 | Baudewijn Anne-Marie | Liekerke Jogging Team | 64 | V+45 | 3 | 0:50:42 | 11,83 | 5:04 |
| 186 | 492 | Massage Tonny | Leeuwerik | 59 | M+50 | 43 | 0:50:44 | 11,83 | 5:04 |
| 187 | 453 | Schoupe Anita | Axa | 48 | V+55 | 3 | 0:50:48 | 11,81 | 5:05 |
| 188 | 703 | Loidts Heluut | | 85 | MSEN | 60 | 0:50:57 | 11,78 | 5:06 |
| 189 | 601 | Massaer Kris | Leeuwerik | 78 | MSEN | 61 | 0:50:59 | 11,77 | 5:06 |
| 190 | 429 | Vander Motten Edwin | Leeuwerik | 48 | M+60 | 6 | 0:51:12 | 11,72 | 5:07 |
| 191 | 507 | Peetroons Johan | Leeuwerik | 67 | M+40 | 52 | 0:51:14 | 11,71 | 5:07 |
| 192 | 511 | Schoukens Willy | Jogging Club Dilbeek | 44 | M+60 | 7 | 0:51:16 | 11,70 | 5:08 |
| 193 | 716 | Mortier Paula | Swift Rc | 60 | V+45 | 4 | 0:51:19 | 11,69 | 5:08 |
| 194 | 520 | Minner Johan | | 71 | M+40 | 53 | 0:51:22 | 11,68 | 5:08 |
| 195 | 707 | Cornillie Lieven | | 63 | M+40 | 54 | 0:51:29 | 11,65 | 5:09 |
| 196 | 438 | Lommers Erik | Joggers Dilbeek | 64 | M+40 | 55 | 0:51:35 | 11,63 | 5:10 |
| 197 | 522 | Depetter Roger | Dender | 50 | M+60 | 8 | 0:51:36 | 11,63 | 5:10 |
| 198 | 562 | Wauters Jos | | 66 | M+40 | 56 | 0:51:42 | 11,61 | 5:10 |
| 199 | 428 | Van Cappellen Roger | | 42 | M+70 | 1 | 0:51:50 | 11,58 | 5:11 |
| 200 | 606 | Wambacq Frank | Liekerk Jogging Team | 71 | M+40 | 57 | 0:51:54 | 11,56 | 5:11 |
| 201 | 573 | De Schutter Etienne | Roadjoggers Haaltert | 55 | M+50 | 44 | 0:51:56 | 11,55 | 5:12 |
| 202 | 578 | Wouters Ivo | Leeuwerik | 57 | M+50 | 45 | 0:52:19 | 11,47 | 5:14 |
| 203 | 718 | Bogman Rudi | | 65 | M+40 | 58 | 0:52:20 | 11,46 | 5:14 |
| 204 | 527 | Elinckx Walter | Vita | 55 | M+50 | 46 | 0:52:21 | 11,46 | 5:14 |
| 205 | 494 | Aerts Eva | Leeuwerik | 66 | V+45 | 5 | 0:52:23 | 11,45 | 5:14 |
| 206 | 488 | Van Droogenbroeck Patrick | | 51 | M+60 | 9 | 0:52:24 | 11,45 | 5:14 |
| 207 | 519 | Benaat Isabelle | | 78 | VSEN | 5 | 0:52:25 | 11,45 | 5:15 |
| 208 | 512 | Keymolen Roger | Jc Oetingen | 54 | M+50 | 47 | 0:52:27 | 11,44 | 5:15 |
| 209 | 543 | Michiels Greet | Krokegem | 57 | V+55 | 4 | 0:52:33 | 11,42 | 5:15 |
| 210 | 588 | Van De Ven Paul | | 62 | M+50 | 48 | 0:52:35 | 11,41 | 5:15 |
| 211 | 617 | Du Rang Sofie | | 84 | VSEN | 6 | 0:52:48 | 11,36 | 5:17 |
| 212 | 598 | Vandeputte Annemie | | 62 | V+45 | 6 | 0:52:56 | 11,34 | 5:18 |
| 213 | 462 | Troch Vicky | Run&Fun | 72 | V+35 | 9 | 0:53:02 | 11,31 | 5:18 |
| 214 | 653 | De Brauwer Freddy | | 64 | M+40 | 59 | 0:53:08 | 11,29 | 5:19 |
| 215 | 607 | Van Laer Martin | Liekerk Jogging Team | 57 | M+50 | 49 | 0:53:43 | 11,17 | 5:22 |
| 216 | 463 | Keymeulen Bram | | 74 | MSEN | 62 | 0:53:46 | 11,16 | 5:23 |
| 217 | 467 | De Weerdt Lieve | Leeuwerik | 79 | VSEN | 7 | 0:53:47 | 11,16 | 5:23 |
| 218 | 561 | Breugelmans Rita | | 73 | V+35 | 10 | 0:53:48 | 11,15 | 5:23 |
| 219 | 532 | De Dier Wim | Zvl Denderleeuw | 69 | M+40 | 60 | 0:53:50 | 11,15 | 5:23 |
| 220 | 460 | Bardijn Danny | Leeuwerik | 59 | M+50 | 50 | 0:53:57 | 11,12 | 5:24 |
| 221 | 465 | Martens Axel | Liekerk Jogging Team | 00 | MJUN | 12 | 0:54:18 | 11,05 | 5:26 |
| 222 | 677 | Verschelden Marc | | 52 | M+60 | 10 | 0:54:23 | 11,03 | 5:26 |
| 223 | 702 | Gillis Ronny | | 61 | M+50 | 51 | 0:54:23 | 11,03 | 5:26 |
| 224 | 473 | Dormaels Johan | | 67 | M+40 | 61 | 0:54:25 | 11,03 | 5:27 |
| 225 | 690 | Maekelberghe Pascale | Run&Fun Ternat | 66 | V+45 | 7 | 0:54:32 | 11,00 | 5:27 |
| 226 | 454 | Pas Christel | Lond | 63 | V+45 | 8 | 0:54:39 | 10,98 | 5:28 |
| 227 | 676 | De Neef Anne | | 64 | V+45 | 9 | 0:54:40 | 10,98 | 5:28 |
| 228 | 437 | Limbourg Cindy | | 72 | V+35 | 11 | 0:54:42 | 10,97 | 5:28 |
| 229 | 518 | Paulus Marc | Jc Oetingen | 55 | M+50 | 52 | 0:54:45 | 10,96 | 5:28 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------|-----------------------|-----|------|-------|---------|-------|---------|
| 230 | 612 | Schelfhout Chris | | 66 | M+40 | 62 | 0:54:48 | 10,95 | 5:29 |
| 231 | 575 | Van Impe Tom | Roadjoggers Haaltert | 82 | MSEN | 63 | 0:55:17 | 10,85 | 5:32 |
| 232 | 627 | Schopkens Martin | Forever Young | 51 | M+60 | 11 | 0:55:20 | 10,84 | 5:32 |
| 233 | 610 | Du Rang Christel | | 65 | V+45 | 10 | 0:55:22 | 10,84 | 5:32 |
| 234 | 482 | Eylenbosch Stijn | | 86 | MSEN | 64 | 0:55:25 | 10,83 | 5:32 |
| 235 | 629 | Frey Torsten | | 76 | MSEN | 65 | 0:55:28 | 10,82 | 5:33 |
| 236 | 525 | Van Den Berghe Hilde | Vita | 56 | V+55 | 5 | 0:55:40 | 10,78 | 5:34 |
| 237 | 663 | Meyts Sandy | | 69 | V+35 | 12 | 0:55:44 | 10,77 | 5:34 |
| 238 | 517 | Van Der Voorde Tiebe | | 01 | MJUN | 13 | 0:56:34 | 10,61 | 5:39 |
| 239 | 516 | Waterplas Cindy | | 73 | V+35 | 13 | 0:56:43 | 10,58 | 5:40 |
| 240 | 484 | Lequeux Michel | Kkh | 35 | M+70 | 2 | 0:56:45 | 10,57 | 5:41 |
| 241 | 564 | Cools Eva | Olympia Londerzeel | 77 | V+35 | 14 | 0:56:50 | 10,56 | 5:41 |
| 242 | 441 | Den Houdijker Willem | Joggers Beersel | 49 | M+60 | 12 | 0:56:51 | 10,55 | 5:41 |
| 243 | 736 | Rubbens Katleen | | 73 | V+35 | 15 | 0:57:29 | 10,44 | 5:45 |
| 244 | 414 | Tackels Christ | Jogging | 54 | M+50 | 53 | 0:57:34 | 10,42 | 5:45 |
| 245 | 550 | Vanderstappen Jos | | 64 | M+40 | 63 | 0:57:37 | 10,41 | 5:46 |
| 246 | 455 | Van Campenhout Sanne | Lond | 93 | VJUN | 1 | 0:57:44 | 10,39 | 5:46 |
| 247 | 615 | Verbeken Vera | Jogging Den Bosron | 61 | V+45 | 11 | 0:58:05 | 10,33 | 5:48 |
| 248 | 646 | Tondeur Laurence | | 76 | V+35 | 16 | 0:58:15 | 10,30 | 5:49 |
| 249 | 539 | Barrat Bruno | | 73 | MSEN | 66 | 0:58:19 | 10,29 | 5:50 |
| 250 | 719 | Janssens Dirk | Dac | 63 | M+40 | 64 | 0:58:33 | 10,25 | 5:51 |
| 251 | 508 | Stevens Serge | Leeuwerik | 59 | M+50 | 54 | 0:58:36 | 10,24 | 5:52 |
| 252 | 603 | Avet Leen | | 65 | V+45 | 12 | 0:58:44 | 10,22 | 5:52 |
| 253 | 417 | Chiau Georges | Vondelhof | 43 | M+60 | 13 | 0:58:49 | 10,20 | 5:53 |
| 254 | 591 | Ambrams Rita | Leeuwerik | 52 | V+55 | 6 | 0:58:51 | 10,20 | 5:53 |
| 255 | 633 | Massaer Greta | | 58 | V+45 | 13 | 0:59:16 | 10,12 | 5:56 |
| 256 | 499 | Delacroix Gina | Leeuwerik | 64 | V+45 | 14 | 0:59:19 | 10,12 | 5:56 |
| 257 | 418 | De Witte Christian | | 53 | M+50 | 55 | 0:59:22 | 10,11 | 5:56 |
| 258 | 708 | Luts Daniël | Liekerke Jogging Team | 56 | M+50 | 56 | 0:59:26 | 10,10 | 5:57 |
| 259 | 404 | Matthys Ronny | | 65 | M+40 | 65 | 0:59:59 | 10,00 | 6:00 |
| 260 | 533 | Impens Marie-Rose | | 60 | V+45 | 15 | 1:00:01 | 10,00 | 6:00 |
| 261 | 534 | Verhelst Mark | Szr 13 | 72 | M+40 | 66 | 1:00:05 | 9,99 | 6:01 |
| 262 | 580 | Mertens Tom | | 83 | MSEN | 67 | 1:00:38 | 9,90 | 6:04 |
| 263 | 554 | Duhamel Hein | | 73 | MSEN | 68 | 1:00:43 | 9,88 | 6:04 |
| 264 | 717 | Sel Gregory | | 78 | MSEN | 69 | 1:00:56 | 9,85 | 6:06 |
| 265 | 448 | Vander Straeten Conny | Roadjoggers | 67 | V+45 | 16 | 1:01:34 | 9,75 | 6:09 |
| 266 | 667 | Smets Sonja | Leeuwerik | 57 | V+55 | 7 | 1:02:04 | 9,67 | 6:12 |
| 267 | 631 | Van Ransbeeck Bart | | 65 | M+40 | 67 | 1:02:07 | 9,66 | 6:13 |
| 268 | 698 | De Weerd Katleen | Leeuwerik | 82 | VSEN | 8 | 1:02:10 | 9,65 | 6:13 |
| 269 | 472 | Derme Chrisette | | 67 | V+45 | 17 | 1:02:13 | 9,64 | 6:13 |
| 270 | 665 | Massaer Jozef | Leeuwerik | 53 | M+50 | 57 | 1:02:15 | 9,64 | 6:14 |
| 271 | 654 | Sermon David | | 81 | MSEN | 70 | 1:03:10 | 9,50 | 6:19 |
| 272 | 630 | Van Ransbeeck Jim | | 00 | MJUN | 14 | 1:03:12 | 9,49 | 6:19 |
| 273 | 586 | Van De Ven Annelies | | 91 | VSEN | 9 | 1:03:13 | 9,49 | 6:19 |
| 274 | 471 | Van Keer Kris | | 68 | M+40 | 68 | 1:03:15 | 9,49 | 6:20 |
| 275 | 729 | Meert Peter | | 71 | M+40 | 69 | 1:03:17 | 9,48 | 6:20 |
| 276 | 671 | Roesems Susan | Leeuwerik | 68 | V+35 | 17 | 1:03:26 | 9,46 | 6:21 |
| 277 | 587 | Van De Ven Agnes | Peulis | 58 | V+45 | 18 | 1:03:44 | 9,41 | 6:22 |
| 278 | 526 | De Gendt Andre | Vita | 60 | M+50 | 58 | 1:03:46 | 9,41 | 6:23 |
| 279 | 695 | Vander Motten Ann | Gaius | 71 | V+35 | 18 | 1:04:28 | 9,31 | 6:27 |
| 280 | 583 | Raes Paul | Roadjoggers Haaltert | 46 | M+60 | 14 | 1:04:30 | 9,30 | 6:27 |
| 281 | 616 | Vandewynckel Fabienne | Jogging Den Bosron | 72 | V+35 | 19 | 1:04:48 | 9,26 | 6:29 |
| 282 | 481 | Mostinckx Wim | | 69 | M+40 | 70 | 1:04:51 | 9,25 | 6:29 |
| 283 | 618 | Dujardin Ward | | 73 | MSEN | 71 | 1:06:01 | 9,09 | 6:36 |
| 284 | 594 | Verlinden Karin | Leeuwerik | 61 | V+45 | 19 | 1:06:08 | 9,07 | 6:37 |
| 285 | 400 | Dekens Rowan | Kwb Wambeek | 84 | MSEN | 72 | 1:06:17 | 9,05 | 6:38 |
| 286 | 638 | Vanderlinden Brigitte | | 60 | V+45 | 20 | 1:06:20 | 9,05 | 6:38 |
| 287 | 640 | Denys Elizabet | | 71 | V+35 | 20 | 1:06:22 | 9,04 | 6:38 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|--------------------|-------------------------|------------|------------|--------------|-------------|------------|----------------|
| 288 | 401 | Dekens Gwennan | Kwb Wambeek | 83 | VSEN | 10 | 1:06:24 | 9,04 | 6:38 |
| 289 | 568 | Paternot Chantal | Dac Dilbeek / Leeuwerik | 66 | V+45 | 21 | 1:06:54 | 8,97 | 6:41 |
| 290 | 637 | Denayere Jenny | | 75 | V+35 | 21 | 1:07:59 | 8,83 | 6:48 |
| 291 | 409 | Denayre David | | 80 | MSEN | 73 | 1:08:00 | 8,82 | 6:48 |
| 292 | 639 | Denys Birgit | | 61 | V+45 | 22 | 1:12:00 | 8,33 | 7:12 |
| 293 | 544 | Barbe Suzanne | Leeuwerik | 38 | V+55 | 8 | 1:13:12 | 8,20 | 7:19 |
| 294 | 545 | Vastesaegeer Rufin | Leeuwerik | 47 | M+60 | 15 | 1:13:12 | 8,20 | 7:19 |
| 295 | 489 | Vandenplas Vik | Alko | 28 | M+70 | 3 | 1:15:37 | 7,93 | 7:34 |