

18e Hertberg Natuurloop Herselt - 21 juli 2012

4 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-------------------------|-----|-------|---------|-------|---------|
| 1 | 264 | Schauwaers Kevin | M | 1 | 0:13:05 | 18,34 | 3:16 |
| 2 | 214 | Vanden Bosch Bart | M | 2 | 0:13:32 | 17,73 | 3:23 |
| 3 | 253 | Coenen Dirk | M | 3 | 0:13:53 | 17,29 | 3:28 |
| 4 | 251 | Peeters Björn | M | 4 | 0:15:03 | 15,95 | 3:46 |
| 5 | 272 | Nicasi Lucas | M | 5 | 0:15:08 | 15,86 | 3:47 |
| 6 | 278 | Luyten Kim | M | 6 | 0:15:09 | 15,84 | 3:47 |
| 7 | 234 | Van Leuffelen Jan | M | 7 | 0:15:12 | 15,79 | 3:48 |
| 8 | 273 | Augustinus Ben | M | 8 | 0:15:18 | 15,69 | 3:50 |
| 9 | 270 | Verstappen Andy | M | 9 | 0:15:32 | 15,45 | 3:53 |
| 10 | 292 | De Peuter Bjorn | M | 10 | 0:15:34 | 15,42 | 3:54 |
| 11 | 254 | Weckhuysen Stijn | M | 11 | 0:15:37 | 15,37 | 3:54 |
| 12 | 240 | Hoefkens Chris | M | 12 | 0:15:46 | 15,22 | 3:56 |
| 13 | 233 | Van Leuffelen Jelle | M | 13 | 0:15:52 | 15,13 | 3:58 |
| 14 | 11 | Van Bael Marleen | V | 1 | 0:15:55 | 15,08 | 3:59 |
| 15 | 20 | Peeters Hanne | V | 2 | 0:15:59 | 15,02 | 4:00 |
| 16 | 258 | Van Rensbergen Thomas | M | 14 | 0:16:02 | 14,97 | 4:00 |
| 17 | 285 | Geudens Bernard | M | 15 | 0:16:06 | 14,91 | 4:02 |
| 18 | 283 | Heylen Toon | M | 16 | 0:16:08 | 14,88 | 4:02 |
| 19 | 219 | Vancauwenbergh Zoran | M | 17 | 0:16:11 | 14,83 | 4:03 |
| 20 | 293 | Huysmans Marc | M | 18 | 0:16:23 | 14,65 | 4:06 |
| 21 | 263 | Verschoren Nick | M | 19 | 0:16:27 | 14,59 | 4:07 |
| 22 | 256 | Van Avondt Steven | M | 20 | 0:16:37 | 14,44 | 4:09 |
| 23 | 276 | Sijmus Willy | M | 21 | 0:17:08 | 14,01 | 4:17 |
| 24 | 284 | Geudens Thomas | M | 22 | 0:17:11 | 13,97 | 4:18 |
| 25 | 279 | Debie Mano | M | 23 | 0:17:23 | 13,81 | 4:21 |
| 26 | 242 | Torfs Benny | M | 24 | 0:17:38 | 13,61 | 4:25 |
| 27 | 286 | Maeremans Dario | M | 25 | 0:17:59 | 13,35 | 4:30 |
| 28 | 295 | Witters Jesse | M | 26 | 0:18:04 | 13,28 | 4:31 |
| 29 | 281 | Debie Mathias | M | 27 | 0:18:13 | 13,17 | 4:33 |
| 30 | 206 | Van Dyck Alain | M | 28 | 0:18:16 | 13,14 | 4:34 |
| 31 | 271 | Verwimp Stijn | M | 29 | 0:18:19 | 13,10 | 4:35 |
| 32 | 287 | Vermeulen Chris | M | 30 | 0:18:25 | 13,03 | 4:36 |
| 33 | 17 | Van Rompay Lieze | V | 3 | 0:18:30 | 12,97 | 4:37 |
| 34 | 248 | Vloeberghen Frans | M | 31 | 0:18:40 | 12,86 | 4:40 |
| 35 | 289 | Vleminx Jan | M | 32 | 0:18:52 | 12,72 | 4:43 |
| 36 | 267 | Van Bael Jens | M | 33 | 0:18:54 | 12,70 | 4:43 |
| 37 | 201 | Straetman Roger | M | 34 | 0:18:57 | 12,66 | 4:44 |
| 38 | 207 | Devlies Bram | M | 35 | 0:18:58 | 12,65 | 4:45 |
| 39 | 280 | Debie Thomas | M | 36 | 0:19:01 | 12,62 | 4:45 |
| 40 | 265 | Vermeulen Eddy | M | 37 | 0:19:03 | 12,60 | 4:46 |
| 41 | 225 | De Backer Steffen | M | 38 | 0:19:05 | 12,58 | 4:46 |
| 42 | 288 | Abrams Guy | M | 39 | 0:19:29 | 12,32 | 4:52 |
| 43 | 224 | Geerts Rini | M | 40 | 0:19:32 | 12,29 | 4:53 |
| 44 | 244 | Hermans Ludo | M | 41 | 0:19:47 | 12,13 | 4:57 |
| 45 | 27 | Claes Karen | V | 4 | 0:19:49 | 12,11 | 4:57 |
| 46 | 10 | Van de Moortel Kristien | V | 5 | 0:20:12 | 11,88 | 5:03 |
| 47 | 235 | Verstrepen Leo | M | 42 | 0:20:15 | 11,85 | 5:04 |
| 48 | 208 | Beliën Jef | M | 43 | 0:20:22 | 11,78 | 5:06 |
| 49 | 37 | Volgaerts Kelly | V | 6 | 0:20:23 | 11,77 | 5:06 |
| 50 | 38 | Ilsbroux Mieke | V | 7 | 0:20:26 | 11,75 | 5:06 |
| 51 | 21 | Brugmans Helga | V | 8 | 0:20:28 | 11,73 | 5:07 |
| 52 | 221 | Sterckx Yvo | M | 44 | 0:20:38 | 11,63 | 5:10 |
| 53 | 8 | Symons Joyce | V | 9 | 0:20:51 | 11,51 | 5:13 |
| 54 | 275 | Pauwels Ward | M | 45 | 0:20:59 | 11,44 | 5:15 |
| 55 | 269 | Van den Brande Erwin | M | 46 | 0:21:02 | 11,41 | 5:16 |
| 56 | 210 | De Kock François | M | 47 | 0:21:04 | 11,39 | 5:16 |
| 57 | 217 | Pauwels Guy | M | 48 | 0:21:06 | 11,37 | 5:16 |
| 58 | 282 | Van Cauwenbergh Tom | M | 49 | 0:21:09 | 11,35 | 5:17 |
| 59 | 36 | Pauwels Lynn | V | 10 | 0:21:10 | 11,34 | 5:18 |
| 60 | 274 | Pauwels Danny | M | 50 | 0:21:12 | 11,32 | 5:18 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|---------------------------|-----|-------|---------|-------|---------|
| 61 | 215 | Verheyden Geert | M | 51 | 0:21:15 | 11,29 | 5:19 |
| 62 | 246 | Van Doninck Luc | M | 52 | 0:21:16 | 11,29 | 5:19 |
| 63 | 226 | Rymenants Eddy | M | 53 | 0:21:19 | 11,26 | 5:20 |
| 64 | 230 | Prinsen Marc | M | 54 | 0:21:21 | 11,24 | 5:20 |
| 65 | 458 | De Jager Robbie | M | 55 | 0:21:27 | 11,19 | 5:22 |
| 66 | 245 | Nys Jens | M | 56 | 0:21:32 | 11,15 | 5:23 |
| 67 | 252 | De Mees Marc | M | 57 | 0:21:36 | 11,11 | 5:24 |
| 68 | 291 | Peeters Danny | M | 58 | 0:21:39 | 11,09 | 5:25 |
| 69 | 25 | Verelst Liesbeth | V | 11 | 0:21:58 | 10,93 | 5:30 |
| 70 | 266 | Beullens Juul | M | 59 | 0:22:05 | 10,87 | 5:31 |
| 71 | 216 | Willems Jos | M | 60 | 0:22:08 | 10,84 | 5:32 |
| 72 | 19 | Laenen Sonja | V | 12 | 0:22:10 | 10,83 | 5:32 |
| 73 | 232 | Geens Ivo | M | 61 | 0:22:12 | 10,81 | 5:33 |
| 74 | 209 | Borgwald Ludwig | M | 62 | 0:22:15 | 10,79 | 5:34 |
| 75 | 297 | Op de Beeck Eddy | M | 63 | 0:22:18 | 10,76 | 5:34 |
| 76 | 257 | Vangestel Senne | M | 64 | 0:22:20 | 10,75 | 5:35 |
| 77 | 33 | Van Daele Tashja | V | 13 | 0:22:22 | 10,73 | 5:36 |
| 78 | 35 | Van der Vorst Ria | V | 14 | 0:22:41 | 10,58 | 5:40 |
| 79 | 249 | Florenty Victor | M | 65 | 0:22:37 | 10,61 | 5:39 |
| 80 | 231 | Goovaerts Jef | M | 66 | 0:22:40 | 10,59 | 5:40 |
| 81 | 30 | Buts Ann | V | 15 | 0:22:47 | 10,53 | 5:42 |
| 82 | 239 | Deboel Marcel | M | 67 | 0:22:56 | 10,47 | 5:44 |
| 83 | 18 | Van den Wijngaert Marleen | V | 16 | 0:22:59 | 10,44 | 5:45 |
| 84 | 227 | Van den Bergh Alex | M | 68 | 0:23:02 | 10,42 | 5:45 |
| 85 | 220 | Salaerts Jules | M | 69 | 0:23:09 | 10,37 | 5:47 |
| 86 | 237 | Verlinden Louis | M | 70 | 0:23:16 | 10,32 | 5:49 |
| 87 | 26 | Nuyts Diana | V | 17 | 0:23:18 | 10,30 | 5:49 |
| 88 | 12 | Everaerts Rita | V | 18 | 0:23:21 | 10,28 | 5:50 |
| 89 | 250 | Van der Veken Ruben | M | 71 | 0:23:27 | 10,23 | 5:52 |
| 90 | 223 | Van Rompay Thomas | M | 72 | 0:23:29 | 10,22 | 5:52 |
| 91 | 212 | Van Lier Stephane | M | 73 | 0:23:53 | 10,05 | 5:58 |
| 92 | 241 | De Bal Wout | M | 74 | 0:23:55 | 10,03 | 5:59 |
| 93 | 205 | Heylen Jos | M | 75 | 0:23:57 | 10,02 | 5:59 |
| 94 | 261 | Ver Elst Marcel | M | 76 | 0:24:00 | 10,00 | 6:00 |
| 95 | 24 | Wouters Lucienne | V | 19 | 0:24:03 | 9,98 | 6:01 |
| 96 | 6 | Gielis Ellen | V | 20 | 0:24:07 | 9,95 | 6:02 |
| 97 | 228 | Van Tigchelt Wim | M | 77 | 0:24:11 | 9,92 | 6:03 |
| 98 | 229 | Van Tigchelt Jan | M | 78 | 0:24:13 | 9,91 | 6:03 |
| 99 | 29 | Van Rompay Heidi | V | 21 | 0:24:15 | 9,90 | 6:04 |
| 100 | 290 | Peeters Etienne | M | 79 | 0:24:18 | 9,88 | 6:05 |
| 101 | 32 | Cornelis Elien | V | 22 | 0:24:22 | 9,85 | 6:05 |
| 102 | 7 | Jans Lisette | V | 23 | 0:24:38 | 9,74 | 6:09 |
| 103 | 236 | De Backer Ferdinand | M | 80 | 0:24:40 | 9,73 | 6:10 |
| 104 | 211 | Goethuys Roger | M | 81 | 0:24:44 | 9,70 | 6:11 |
| 105 | 268 | Dehont Paul | M | 82 | 0:24:46 | 9,69 | 6:11 |
| 106 | 298 | Herman Jonas | M | 83 | 0:24:52 | 9,65 | 6:13 |
| 107 | 299 | Herman Liam | M | 84 | 0:24:54 | 9,64 | 6:13 |
| 108 | 255 | Huysmans Theo | M | 85 | 0:25:02 | 9,59 | 6:15 |
| 109 | 213 | Schouters Denis | M | 86 | 0:25:28 | 9,42 | 6:22 |
| 110 | 238 | Simons Dominique | M | 87 | 0:25:32 | 9,40 | 6:23 |
| 111 | 22 | Peeters Annick | V | 24 | 0:25:34 | 9,39 | 6:24 |
| 112 | 247 | Goossens Frans | M | 88 | 0:25:40 | 9,35 | 6:25 |
| 113 | 277 | Vandeweyer Eddy | M | 89 | 0:25:42 | 9,34 | 6:26 |
| 114 | 14 | Vermaelen Fabiola | V | 25 | 0:25:47 | 9,31 | 6:27 |
| 115 | 294 | Van Passel Jan | M | 90 | 0:25:50 | 9,29 | 6:28 |
| 116 | 262 | Meulders Hugo | M | 91 | 0:25:53 | 9,27 | 6:28 |
| 117 | 28 | De Backer Marleen | V | 26 | 0:25:55 | 9,26 | 6:29 |
| 118 | 243 | Demaeght Jan | M | 92 | 0:26:01 | 9,22 | 6:30 |
| 119 | 34 | Meir Femke | V | 27 | 0:26:04 | 9,21 | 6:31 |
| 120 | 40 | Rely Noella | V | 28 | 0:26:20 | 9,11 | 6:35 |
| 121 | 3 | Van Woinsel Chris | V | 29 | 0:26:21 | 9,11 | 6:35 |
| 122 | 4 | Lemmens Lieve | V | 30 | 0:26:24 | 9,09 | 6:36 |
| 123 | 39 | Exelmans Katy | V | 31 | 0:26:25 | 9,09 | 6:36 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|---------------------|------------|--------------|-------------|------------|----------------|
| 124 | 1 | De Cat Emmanuella | V | 32 | 0:26:28 | 9,07 | 6:37 |
| 125 | 9 | Van Dyck Steffi | V | 33 | 0:26:38 | 9,01 | 6:40 |
| 126 | 2 | Van Dyck Solange | V | 34 | 0:26:40 | 9,00 | 6:40 |
| 127 | 16 | Verschueren Kim | V | 35 | 0:27:00 | 8,89 | 6:45 |
| 128 | 222 | Van Bael Ken | M | 93 | 0:27:02 | 8,88 | 6:46 |
| 129 | 259 | Van Uytsel Wilfried | M | 94 | 0:27:04 | 8,87 | 6:46 |
| 130 | 296 | Roefs Ludo | M | 95 | 0:27:06 | 8,86 | 6:46 |
| 131 | 31 | Verstrepen Miriam | V | 36 | 0:28:37 | 8,39 | 7:09 |
| 132 | 13 | Jennis Gonda | V | 37 | 0:28:56 | 8,29 | 7:14 |
| 133 | 131 | Brebels Moniek | V | 38 | 0:30:00 | 8,00 | 7:30 |
| 134 | 19 | Laenen Sonja | V | 39 | 0:32:25 | 7,40 | 8:06 |
| 135 | 15 | Windmolders Hilde | V | 40 | 0:32:45 | 7,33 | 8:11 |
| 136 | 490 | Van Bael Luc | M | 96 | 0:40:42 | 5,90 | 10:11 |

18e Hertberg Natuurloop Herselt - 21 juli 2012

8 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|-----|-------|---------|-------|---------|
| 1 | 487 | Gommers Chris | M | 1 | 0:27:09 | 17,68 | 3:24 |
| 2 | 456 | Schoolmeesters Ronny | M | 2 | 0:27:25 | 17,51 | 3:26 |
| 3 | 431 | Van Rompay Gunther | M | 3 | 0:29:36 | 16,22 | 3:42 |
| 4 | 434 | Geens Kenny | M | 4 | 0:30:29 | 15,75 | 3:49 |
| 5 | 426 | Lenders Frans | M | 5 | 0:30:36 | 15,69 | 3:49 |
| 6 | 440 | Willems Alex | M | 6 | 0:30:38 | 15,67 | 3:50 |
| 7 | 450 | Breugelmans David | M | 7 | 0:30:56 | 15,52 | 3:52 |
| 8 | 475 | Andries Michael | M | 8 | 0:31:09 | 15,41 | 3:54 |
| 9 | 493 | Verhaegen Raf | M | 9 | 0:31:10 | 15,40 | 3:54 |
| 10 | 432 | Bogaerts Ruddi | M | 10 | 0:31:13 | 15,38 | 3:54 |
| 11 | 510 | Verstappen Lode | M | 11 | 0:31:16 | 15,35 | 3:54 |
| 12 | 442 | Vandegaer Pieterjan | M | 12 | 0:31:19 | 15,33 | 3:55 |
| 13 | 428 | Van den Broeck Rob | M | 13 | 0:31:43 | 15,13 | 3:58 |
| 14 | 492 | Van Nerum Bart | M | 14 | 0:31:50 | 15,08 | 3:59 |
| 15 | 406 | Debaets Jean-Marc | M | 15 | 0:32:07 | 14,95 | 4:01 |
| 16 | 504 | Van Thielen Bart | M | 16 | 0:32:30 | 14,77 | 4:04 |
| 17 | 444 | Peeters Peter | M | 17 | 0:32:33 | 14,75 | 4:04 |
| 18 | 508 | Van Reet Jan | M | 18 | 0:32:39 | 14,70 | 4:05 |
| 19 | 497 | Gepts Thomas | M | 19 | 0:32:59 | 14,55 | 4:07 |
| 20 | 430 | Milloen Gunther | M | 20 | 0:33:00 | 14,55 | 4:08 |
| 21 | 498 | Vleugels Marc | M | 21 | 0:33:04 | 14,52 | 4:08 |
| 22 | 433 | Van den Acker Paul | M | 22 | 0:33:06 | 14,50 | 4:08 |
| 23 | 507 | Witters Patrick | M | 23 | 0:33:09 | 14,48 | 4:09 |
| 24 | 427 | Huysmans Jef | M | 24 | 0:33:22 | 14,39 | 4:10 |
| 25 | 471 | Vandenbergh Johan | M | 25 | 0:33:31 | 14,32 | 4:11 |
| 26 | 429 | Van den Broeck Andre | M | 26 | 0:33:40 | 14,26 | 4:13 |
| 27 | 122 | Van Gestel Maria | V | 1 | 0:33:48 | 14,20 | 4:14 |
| 28 | 461 | Breugelmans Peter | M | 27 | 0:33:51 | 14,18 | 4:14 |
| 29 | 446 | Derboven Tony | M | 28 | 0:34:20 | 13,98 | 4:18 |
| 30 | 477 | Duchateau René | M | 29 | 0:34:24 | 13,95 | 4:18 |
| 31 | 478 | Verbraeken Roel | M | 30 | 0:34:41 | 13,84 | 4:20 |
| 32 | 455 | Ven den bergh Mario | M | 31 | 0:34:47 | 13,80 | 4:21 |
| 33 | 472 | Cools Jef | M | 32 | 0:34:51 | 13,77 | 4:21 |
| 34 | 496 | Van Dingenen Geert | M | 33 | 0:34:54 | 13,75 | 4:22 |
| 35 | 500 | Van Rompay Christophe | M | 34 | 0:35:10 | 13,65 | 4:24 |
| 36 | 481 | Raus Nicky | M | 35 | 0:35:14 | 13,62 | 4:24 |
| 37 | 483 | Vermeulen Bram | M | 36 | 0:35:16 | 13,61 | 4:24 |
| 38 | 447 | Heylen Patrick | M | 37 | 0:35:18 | 13,60 | 4:25 |
| 39 | 454 | Van den Heuvel Sven | M | 38 | 0:35:26 | 13,55 | 4:26 |
| 40 | 474 | Geyskens Steven | M | 39 | 0:35:28 | 13,53 | 4:26 |
| 41 | 409 | Reniers Guido | M | 40 | 0:35:53 | 13,38 | 4:29 |
| 42 | 509 | Van Riel Kris | M | 41 | 0:36:18 | 13,22 | 4:32 |
| 43 | 469 | Vancampenhout Guy | M | 42 | 0:36:32 | 13,14 | 4:34 |
| 44 | 452 | De Wel Kristof | M | 43 | 0:36:44 | 13,07 | 4:35 |
| 45 | 419 | Huybrechts Koen | M | 44 | 0:36:46 | 13,06 | 4:36 |
| 46 | 445 | Utens Erik | M | 45 | 0:36:52 | 13,02 | 4:36 |
| 47 | 486 | Verwimp Gery | M | 46 | 0:37:04 | 12,95 | 4:38 |
| 48 | 410 | Ruelens Jan | M | 47 | 0:37:09 | 12,92 | 4:39 |
| 49 | 451 | Coremans Cyriel | M | 48 | 0:37:32 | 12,79 | 4:42 |
| 50 | 479 | Briers Adri | M | 49 | 0:37:40 | 12,74 | 4:43 |
| 51 | 473 | Vangeneugde Jochen | M | 50 | 0:37:44 | 12,72 | 4:43 |
| 52 | 412 | Van de Wouwer René | M | 51 | 0:38:01 | 12,63 | 4:45 |
| 53 | 503 | Mertens Egied | M | 52 | 0:38:06 | 12,60 | 4:46 |
| 54 | 435 | Verelst Wim | M | 53 | 0:38:19 | 12,53 | 4:47 |
| 55 | 422 | Kusseneers Luc | M | 54 | 0:38:24 | 12,50 | 4:48 |
| 56 | 439 | Mellaerts Eddy | M | 55 | 0:38:45 | 12,39 | 4:51 |
| 57 | 491 | Verbist Jelle | M | 56 | 0:38:50 | 12,36 | 4:51 |
| 58 | 466 | Slegers Frank | M | 57 | 0:38:55 | 12,33 | 4:52 |
| 59 | 420 | Cumps Willy | M | 58 | 0:39:00 | 12,31 | 4:53 |
| 60 | 421 | Vounckx Dirk | M | 59 | 0:39:03 | 12,29 | 4:53 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|-----|-------|---------|-------|---------|
| 61 | 437 | Van Praet Pierre | M | 60 | 0:39:10 | 12,26 | 4:54 |
| 62 | 415 | Vermaelen Willy | M | 61 | 0:39:12 | 12,24 | 4:54 |
| 63 | 425 | Van de Gaer Jan | M | 62 | 0:39:15 | 12,23 | 4:54 |
| 64 | 463 | Van Rompay Andre | M | 63 | 0:39:18 | 12,21 | 4:55 |
| 65 | 470 | Van Daele Luc | M | 64 | 0:39:21 | 12,20 | 4:55 |
| 66 | 414 | Van Vlasselaer Eddy | M | 65 | 0:39:24 | 12,18 | 4:56 |
| 67 | 118 | Vetters Diana | V | 2 | 0:39:31 | 12,15 | 4:56 |
| 68 | 457 | Devries Eric | M | 66 | 0:39:33 | 12,14 | 4:57 |
| 69 | 441 | Cornelis Danny | M | 67 | 0:39:38 | 12,11 | 4:57 |
| 70 | 489 | Wouters Gerry | M | 68 | 0:40:15 | 11,93 | 5:02 |
| 71 | 418 | Potemans Roger | M | 69 | 0:40:25 | 11,88 | 5:03 |
| 72 | 449 | De Backer Danny | M | 70 | 0:40:27 | 11,87 | 5:03 |
| 73 | 484 | Schrevens Dirk | M | 71 | 0:40:59 | 11,71 | 5:07 |
| 74 | 499 | Briers Karel | M | 72 | 0:41:04 | 11,69 | 5:08 |
| 75 | 121 | Verhaegen Ilse | V | 3 | 0:41:13 | 11,65 | 5:09 |
| 76 | 480 | Marien Lieven | M | 73 | 0:41:37 | 11,53 | 5:12 |
| 77 | 120 | Van Leemputten Chantal | V | 4 | 0:41:40 | 11,52 | 5:12 |
| 78 | 488 | Celen Jef | M | 74 | 0:41:45 | 11,50 | 5:13 |
| 79 | 502 | Mercelis Luc | M | 75 | 0:41:47 | 11,49 | 5:13 |
| 80 | 443 | De Backer Jos | M | 76 | 0:41:49 | 11,48 | 5:14 |
| 81 | 468 | Torfs Stijn | M | 77 | 0:42:02 | 11,42 | 5:15 |
| 82 | 403 | Sevenants Henri | M | 78 | 0:42:04 | 11,41 | 5:15 |
| 83 | 453 | Busschodts René | M | 79 | 0:42:24 | 11,32 | 5:18 |
| 84 | 106 | Vermaelen Wendy | V | 5 | 0:42:28 | 11,30 | 5:18 |
| 85 | 411 | Schouters Robert | M | 80 | 0:42:35 | 11,27 | 5:19 |
| 86 | 413 | Van Roelen Gaston | M | 81 | 0:42:41 | 11,25 | 5:20 |
| 87 | 448 | Bruelemans Julien | M | 82 | 0:42:45 | 11,23 | 5:21 |
| 88 | 467 | Laenen Guy | M | 83 | 0:43:06 | 11,14 | 5:23 |
| 89 | 130 | Verschueren Cynthia | V | 6 | 0:43:09 | 11,12 | 5:24 |
| 90 | 111 | Verhaegen Marleen | V | 7 | 0:43:28 | 11,04 | 5:26 |
| 91 | 417 | Verbist Benny | M | 84 | 0:43:36 | 11,01 | 5:27 |
| 92 | 476 | Creemers Henri | M | 85 | 0:43:44 | 10,98 | 5:28 |
| 93 | 116 | Schorrewegen Elisabeth | V | 8 | 0:43:46 | 10,97 | 5:28 |
| 94 | 112 | Van den Bergh Lut | V | 9 | 0:43:47 | 10,96 | 5:28 |
| 95 | 117 | Dekien Nele | V | 10 | 0:43:53 | 10,94 | 5:29 |
| 96 | 110 | Van Meensel Suzy | V | 11 | 0:43:58 | 10,92 | 5:30 |
| 97 | 108 | Van Rompuy Els | V | 12 | 0:44:01 | 10,90 | 5:30 |
| 98 | 407 | De Moor Arne | M | 86 | 0:44:12 | 10,86 | 5:32 |
| 99 | 423 | Janssens Rik | M | 87 | 0:44:15 | 10,85 | 5:32 |
| 100 | 115 | Feremans Marina | V | 13 | 0:44:19 | 10,83 | 5:32 |
| 101 | 114 | Vervloet Theresia | V | 14 | 0:44:22 | 10,82 | 5:33 |
| 102 | 129 | Nys Sonja | V | 15 | 0:44:37 | 10,76 | 5:35 |
| 103 | 465 | Laenen Yve | M | 88 | 0:44:41 | 10,74 | 5:35 |
| 104 | 505 | Vermeir Staf | M | 89 | 0:44:44 | 10,73 | 5:36 |
| 105 | 438 | Devalckeneer Kurt | M | 90 | 0:44:54 | 10,69 | 5:37 |
| 106 | 459 | Van Eynde Michiel | M | 91 | 0:45:37 | 10,52 | 5:42 |
| 107 | 462 | Gijsemans Michel | M | 92 | 0:45:46 | 10,49 | 5:43 |
| 108 | 506 | Verherstraeten Raf | M | 93 | 0:45:50 | 10,47 | 5:44 |
| 109 | 621 | Bartholomees Ronny | M | 94 | 0:45:58 | 10,44 | 5:45 |
| 110 | 464 | Cornelis Bart | M | 95 | 0:46:00 | 10,43 | 5:45 |
| 111 | 123 | Schoutens Kristel | V | 16 | 0:46:08 | 10,40 | 5:46 |
| 112 | 495 | Mannaerts Marc | M | 96 | 0:46:11 | 10,39 | 5:46 |
| 113 | 401 | Van der Veken Nick | M | 97 | 0:46:15 | 10,38 | 5:47 |
| 114 | 460 | Van Eynde Willy | M | 98 | 0:46:24 | 10,34 | 5:48 |
| 115 | 103 | De Busser Els | V | 17 | 0:46:26 | 10,34 | 5:48 |
| 116 | 485 | Marien Jozef | M | 99 | 0:46:29 | 10,33 | 5:49 |
| 117 | 408 | Holemans Paul | M | 100 | 0:46:40 | 10,29 | 5:50 |
| 118 | 436 | Smet Marck | M | 101 | 0:46:52 | 10,24 | 5:51 |
| 119 | 119 | Claeskens Esther | V | 18 | 0:47:20 | 10,14 | 5:55 |
| 120 | 126 | Gepts Liesbeth | V | 19 | 0:47:22 | 10,13 | 5:55 |
| 121 | 125 | Minne Linda | V | 20 | 0:47:26 | 10,12 | 5:56 |
| 122 | 402 | Tuerlinckx Jean-Luc | M | 102 | 0:47:36 | 10,08 | 5:57 |
| 123 | 109 | Van Roelen Viviane | V | 21 | 0:47:44 | 10,06 | 5:58 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|-------------------------|------------|--------------|-------------|------------|----------------|
| 124 | 127 | Verbist Inne | V | 22 | 0:48:01 | 10,00 | 6:00 |
| 125 | 113 | Pluymers Wendie | V | 23 | 0:48:17 | 9,94 | 6:02 |
| 126 | 105 | Lebrun Marianne | V | 24 | 0:49:06 | 9,78 | 6:08 |
| 127 | 104 | Van den Bussche Vanessa | V | 25 | 0:49:48 | 9,64 | 6:14 |
| 128 | 482 | Meir Marc | M | 103 | 0:50:44 | 9,46 | 6:20 |
| 129 | 124 | Hermans Godelieve | V | 26 | 0:51:56 | 9,24 | 6:29 |
| 130 | 404 | Bertels Bram | M | 104 | 0:52:06 | 9,21 | 6:31 |
| 131 | 405 | Van Haut Daniel | M | 105 | 0:52:34 | 9,13 | 6:34 |
| 132 | 128 | Mercelis Ann | V | 27 | 0:52:45 | 9,10 | 6:36 |
| 133 | 424 | Weckx Peter | M | 106 | 0:55:20 | 8,67 | 6:55 |
| 134 | 501 | Alen Peter | M | 107 | 1:04:50 | 7,40 | 8:06 |
| 135 | 494 | Dillen Staf | M | 108 | 1:06:57 | 7,17 | 8:22 |

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12 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|-----|-------|---------|-------|---------|
| 1 | 633 | Wouters Chris | M | 1 | 0:42:10 | 17,08 | 3:31 |
| 2 | 668 | Verschoren Pieter | M | 2 | 0:43:55 | 16,39 | 3:40 |
| 3 | 655 | Moens Luc | M | 3 | 0:44:03 | 16,35 | 3:40 |
| 4 | 647 | Van Gestel Tom | M | 4 | 0:44:35 | 16,15 | 3:43 |
| 5 | 661 | Ver Elst Jan | M | 5 | 0:45:08 | 15,95 | 3:46 |
| 6 | 708 | Herman Wim | M | 6 | 0:45:16 | 15,91 | 3:46 |
| 7 | 646 | Van de Weyer Marc | M | 7 | 0:45:23 | 15,86 | 3:47 |
| 8 | 654 | Thijs Koen | M | 8 | 0:46:20 | 15,54 | 3:52 |
| 9 | 675 | Speltinckx Kristof | M | 9 | 0:46:50 | 15,37 | 3:54 |
| 10 | 636 | Seurinck Karel | M | 10 | 0:46:59 | 15,32 | 3:55 |
| 11 | 650 | Verbiest Maurice | M | 11 | 0:47:09 | 15,27 | 3:56 |
| 12 | 697 | Steenackers Gert | M | 12 | 0:47:41 | 15,10 | 3:58 |
| 13 | 706 | Verbeek Paul | M | 13 | 0:48:25 | 14,87 | 4:02 |
| 14 | 626 | Peeters Rudy | M | 14 | 0:49:15 | 14,62 | 4:06 |
| 15 | 644 | Vandermaesen Ivo | M | 15 | 0:49:19 | 14,60 | 4:07 |
| 16 | 602 | Valckx Stefan | M | 16 | 0:49:32 | 14,54 | 4:08 |
| 17 | 631 | Vanden Bosch Rudy | M | 17 | 0:49:43 | 14,48 | 4:09 |
| 18 | 690 | Van de Leest Harry | M | 18 | 0:50:12 | 14,34 | 4:11 |
| 19 | 612 | Vennekens Rudi | M | 19 | 0:50:31 | 14,25 | 4:13 |
| 20 | 620 | Verstrepen Tim | M | 20 | 0:50:34 | 14,24 | 4:13 |
| 21 | 709 | Verschuere Robby | M | 21 | 0:50:41 | 14,21 | 4:13 |
| 22 | 613 | Casseau Jan | M | 22 | 0:50:59 | 14,12 | 4:15 |
| 23 | 629 | Van de Velde Bart | M | 23 | 0:51:28 | 13,99 | 4:17 |
| 24 | 632 | Vermaelen Johan | M | 24 | 0:51:30 | 13,98 | 4:18 |
| 25 | 630 | Van Woensel Ludo | M | 25 | 0:51:32 | 13,97 | 4:18 |
| 26 | 618 | De Cnijf Roger | M | 26 | 0:51:38 | 13,94 | 4:18 |
| 27 | 610 | Van Weyembergh Alex | M | 27 | 0:51:40 | 13,94 | 4:18 |
| 28 | 608 | Meremans Yves | M | 28 | 0:51:46 | 13,91 | 4:19 |
| 29 | 652 | Surkijn Erik | M | 29 | 0:51:48 | 13,90 | 4:19 |
| 30 | 638 | Poffé Chiel | M | 30 | 0:51:50 | 13,89 | 4:19 |
| 31 | 641 | Langenus Ronald | M | 31 | 0:51:52 | 13,88 | 4:19 |
| 32 | 692 | Torfs Ivo | M | 32 | 0:51:55 | 13,87 | 4:20 |
| 33 | 628 | Liesenborgs Daniel | M | 33 | 0:51:59 | 13,85 | 4:20 |
| 34 | 681 | Willems Marc | M | 34 | 0:52:02 | 13,84 | 4:20 |
| 35 | 683 | Diestelmans Werner | M | 35 | 0:52:04 | 13,83 | 4:20 |
| 36 | 634 | Wyns Jos | M | 36 | 0:52:18 | 13,77 | 4:21 |
| 37 | 689 | Wijnants Raf | M | 37 | 0:52:22 | 13,75 | 4:22 |
| 38 | 659 | Mens Luc | M | 38 | 0:52:26 | 13,73 | 4:22 |
| 39 | 676 | Peeters Mario | M | 39 | 0:52:30 | 13,71 | 4:23 |
| 40 | 603 | Peetermans Willy | M | 40 | 0:52:32 | 13,71 | 4:23 |
| 41 | 616 | Poulussen Erwin | M | 41 | 0:52:37 | 13,68 | 4:23 |
| 42 | 656 | Van Hoof Frans | M | 42 | 0:52:52 | 13,62 | 4:24 |
| 43 | 662 | Haepers Jan | M | 43 | 0:53:34 | 13,44 | 4:28 |
| 44 | 643 | Geerts Wim | M | 44 | 0:53:46 | 13,39 | 4:29 |
| 45 | 677 | Van Ouytsel Pascal | M | 45 | 0:53:58 | 13,34 | 4:30 |
| 46 | 635 | Demuynck Steven | M | 46 | 0:54:02 | 13,33 | 4:30 |
| 47 | 671 | Pelgrims Edouard | M | 47 | 0:54:05 | 13,31 | 4:30 |
| 48 | 665 | Neefs Bert | M | 48 | 0:54:16 | 13,27 | 4:31 |
| 49 | 619 | Huysegoms Kris | M | 49 | 0:54:24 | 13,24 | 4:32 |
| 50 | 651 | Van der Auwera Joachim | M | 50 | 0:54:49 | 13,13 | 4:34 |
| 51 | 680 | Janssens Paul | M | 51 | 0:55:11 | 13,05 | 4:36 |
| 52 | 700 | Geudens Davy | M | 52 | 0:55:30 | 12,97 | 4:38 |
| 53 | 670 | Helsen Stefan | M | 53 | 0:55:34 | 12,96 | 4:38 |
| 54 | 679 | Laeremans Bart | M | 54 | 0:55:41 | 12,93 | 4:38 |
| 55 | 653 | Raddoux Hugo | M | 55 | 0:55:47 | 12,91 | 4:39 |
| 56 | 175 | Coenen Paula | V | 1 | 0:55:56 | 12,87 | 4:40 |
| 57 | 701 | Van Daele Filip | M | 56 | 0:56:04 | 12,84 | 4:40 |
| 58 | 181 | De Vries Rita | V | 2 | 0:56:17 | 12,79 | 4:41 |
| 59 | 673 | De Cocq Roger | M | 57 | 0:56:21 | 12,78 | 4:42 |
| 60 | 605 | Ceusters Gerry | M | 58 | 0:56:32 | 12,74 | 4:43 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------|-----|-------|---------|-------|---------|
| 61 | 667 | Berrevoets Guy | M | 59 | 0:56:34 | 12,73 | 4:43 |
| 62 | 702 | Bicop Dirk | M | 60 | 0:56:43 | 12,69 | 4:44 |
| 63 | 693 | Eggerickx Willem | M | 61 | 0:56:46 | 12,68 | 4:44 |
| 64 | 622 | Verschueren Johan | M | 62 | 0:56:48 | 12,68 | 4:44 |
| 65 | 694 | Eggerickx Koen | M | 63 | 0:57:17 | 12,57 | 4:46 |
| 66 | 606 | Testelmans Luc | M | 64 | 0:57:34 | 12,51 | 4:48 |
| 67 | 707 | Cools Frans | M | 65 | 0:57:37 | 12,50 | 4:48 |
| 68 | 696 | Billet Stefan | M | 66 | 0:57:40 | 12,49 | 4:48 |
| 69 | 669 | Stroobants Herman | M | 67 | 0:57:47 | 12,46 | 4:49 |
| 70 | 648 | Van Loock Luc | M | 68 | 0:57:59 | 12,42 | 4:50 |
| 71 | 179 | Keymolen Hilde | V | 3 | 0:58:15 | 12,36 | 4:51 |
| 72 | 688 | Gorts Hans | M | 69 | 0:58:19 | 12,35 | 4:52 |
| 73 | 645 | Van Gansen Bjorn | M | 70 | 0:58:23 | 12,33 | 4:52 |
| 74 | 642 | Van de Velde Ronny | M | 71 | 0:58:25 | 12,33 | 4:52 |
| 75 | 674 | Dierckx Marc | M | 72 | 0:58:28 | 12,31 | 4:52 |
| 76 | 649 | De Jaegher Johnny | M | 73 | 0:58:31 | 12,30 | 4:53 |
| 77 | 617 | Van Audenaerde Dirk | M | 74 | 0:58:58 | 12,21 | 4:55 |
| 78 | 699 | Nicasys Cis | M | 75 | 0:59:24 | 12,12 | 4:57 |
| 79 | 678 | Leemans Jan | M | 76 | 0:59:56 | 12,01 | 5:00 |
| 80 | 705 | Van den Broeck Stefan | M | 77 | 1:00:02 | 11,99 | 5:00 |
| 81 | 640 | Lens Jan | M | 78 | 1:00:14 | 11,95 | 5:01 |
| 82 | 614 | Vanderstappen Gaëtan | M | 79 | 1:00:20 | 11,93 | 5:02 |
| 83 | 657 | Danckaerts Wesley | M | 80 | 1:00:23 | 11,92 | 5:02 |
| 84 | 704 | Mertens Gustaaf | M | 81 | 1:00:37 | 11,88 | 5:03 |
| 85 | 682 | De Wil Luc | M | 82 | 1:00:45 | 11,85 | 5:04 |
| 86 | 166 | Vanhaute Suzy | V | 4 | 1:00:59 | 11,81 | 5:05 |
| 87 | 625 | De Moor Carl | M | 83 | 1:01:05 | 11,79 | 5:05 |
| 88 | 664 | Everaerts Peter | M | 84 | 1:01:14 | 11,76 | 5:06 |
| 89 | 703 | Morren Geert | M | 85 | 1:01:22 | 11,73 | 5:07 |
| 90 | 691 | Debontridder Steven | M | 86 | 1:01:50 | 11,64 | 5:09 |
| 91 | 174 | Berings Anita | V | 5 | 1:02:07 | 11,59 | 5:11 |
| 92 | 627 | Bams Kamiel | M | 87 | 1:02:10 | 11,58 | 5:11 |
| 93 | 695 | De Rynck Patrick | M | 88 | 1:02:13 | 11,57 | 5:11 |
| 94 | 663 | Heylen Francois | M | 89 | 1:02:26 | 11,53 | 5:12 |
| 95 | 176 | Haine Marie-José | V | 6 | 1:02:31 | 11,52 | 5:13 |
| 96 | 180 | Keersmaekers Carmen | V | 7 | 1:02:55 | 11,44 | 5:15 |
| 97 | 685 | Van de Weyer Jos | M | 90 | 1:03:11 | 11,40 | 5:16 |
| 98 | 164 | Locy Veronique | V | 8 | 1:03:28 | 11,34 | 5:17 |
| 99 | 163 | Winnelinckx Marcella | V | 9 | 1:03:39 | 11,31 | 5:18 |
| 100 | 607 | Nicasys Ruddy | M | 91 | 1:04:41 | 11,13 | 5:23 |
| 101 | 624 | Verbinnen Patrick | M | 92 | 1:05:17 | 11,03 | 5:26 |
| 102 | 167 | Mees Viviane | V | 10 | 1:06:38 | 10,81 | 5:33 |
| 103 | 684 | Van Geel Hugo | M | 93 | 1:06:41 | 10,80 | 5:33 |
| 104 | 686 | Noels Fons | M | 94 | 1:07:03 | 10,74 | 5:35 |
| 105 | 639 | Mertens Hubert | M | 95 | 1:07:09 | 10,72 | 5:36 |
| 106 | 178 | Boogaert Christine | V | 11 | 1:07:13 | 10,71 | 5:36 |
| 107 | 168 | Baudempres Renilde | V | 12 | 1:07:17 | 10,70 | 5:36 |
| 108 | 687 | Vleugels Dirk | M | 96 | 1:07:19 | 10,70 | 5:37 |
| 109 | 177 | Beckers Ingrid | V | 13 | 1:07:22 | 10,69 | 5:37 |
| 110 | 637 | Heylen Vic | M | 97 | 1:07:24 | 10,68 | 5:37 |
| 111 | 609 | Munier Marc | M | 98 | 1:07:46 | 10,62 | 5:39 |
| 112 | 165 | Van der Elst Kristien | V | 14 | 1:08:03 | 10,58 | 5:40 |
| 113 | 162 | Van der Elst Isabelle | V | 15 | 1:08:52 | 10,45 | 5:44 |
| 114 | 666 | Slaets Ivo | M | 99 | 1:09:18 | 10,39 | 5:47 |
| 115 | 698 | Nicasys Hans | M | 100 | 1:11:18 | 10,10 | 5:56 |
| 116 | 658 | Ringoot Danny | M | 101 | 1:12:02 | 10,00 | 6:00 |
| 117 | 170 | De Ruyck Hilde | V | 16 | 1:13:24 | 9,81 | 6:07 |
| 118 | 169 | Joos Ann | V | 17 | 1:13:32 | 9,79 | 6:08 |
| 119 | 182 | Gidley Danielle | V | 18 | 1:13:52 | 9,75 | 6:09 |
| 120 | 171 | Hens Ilse | V | 19 | 1:14:38 | 9,65 | 6:13 |
| 121 | 173 | Francis Marleen | V | 20 | 1:14:40 | 9,64 | 6:13 |