

KWB Joggingcriterium Antwerpen 2011

23e Sint-Guibertusjogging Itegem - 28 mei 2011

3 KM

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-------------------------|----------------|-----|-------|---------|-------|---------|
| 1 | Dumont Jeremie | Maubray | M | 1 | 0:10:19 | 17,45 | 3:26 |
| 2 | Van Roosbroeck Matthias | Berlaar | M | 2 | 0:10:36 | 16,98 | 3:32 |
| 3 | Cami Sven | Oostmalle | M | 3 | 0:10:47 | 16,69 | 3:36 |
| 4 | Dockx Nico | Itegem | M | 4 | 0:10:55 | 16,49 | 3:38 |
| 5 | Hoefkens Chris | Booischoot | M | 5 | 0:11:09 | 16,14 | 3:43 |
| 6 | Claessens Peter | Wiekevorst | M | 6 | 0:11:37 | 15,49 | 3:52 |
| 7 | Naets Obry | Itegem | M | 7 | 0:11:43 | 15,36 | 3:54 |
| 8 | Naets Ivo | Itegem | M | 8 | 0:11:53 | 15,15 | 3:58 |
| 9 | Van De Velde Bjorn | Beerzel | M | 9 | 0:12:02 | 14,96 | 4:01 |
| 10 | Leemans Filip | Mechelen | M | 10 | 0:12:03 | 14,94 | 4:01 |
| 11 | Van Noten Dirk | Booischoot | M | 11 | 0:12:04 | 14,92 | 4:01 |
| 12 | Bellens Johnny | Westerlo | M | 12 | 0:12:12 | 14,75 | 4:04 |
| 13 | Geeraerts Jozef | Grasheide | M | 13 | 0:12:26 | 14,48 | 4:09 |
| 14 | Orry Onsea | Beerzel | M | 14 | 0:12:30 | 14,40 | 4:10 |
| 15 | Bouamati Soukaina | Bergen | V | 1 | 0:12:31 | 14,38 | 4:10 |
| 16 | Van Turnhout Jens | Bouwel | M | 15 | 0:13:03 | 13,79 | 4:21 |
| 17 | Van De Velde Dieter | Beerzel | M | 16 | 0:13:28 | 13,37 | 4:29 |
| 18 | Goris Marc | Vosselaar | M | 17 | 0:13:30 | 13,33 | 4:30 |
| 19 | Hirsch Eliano | Duffel | M | 18 | 0:13:39 | 13,19 | 4:33 |
| 20 | Bellens Lisa | Westerlo | V | 2 | 0:13:43 | 13,12 | 4:34 |
| 21 | Verhaert René | Wiekevorst | M | 19 | 0:13:47 | 13,06 | 4:36 |
| 22 | Scheers Tom | Duffel | M | 20 | 0:13:55 | 12,93 | 4:38 |
| 23 | Scheers Thierry | Itegem | M | 21 | 0:14:00 | 12,86 | 4:40 |
| 24 | De Veuster Ilse | Hallaar | V | 3 | 0:14:02 | 12,83 | 4:41 |
| 25 | Dedoncker Wim | Hallaar | M | 22 | 0:14:10 | 12,71 | 4:43 |
| 26 | Beckers Ingrid | Itegem | V | 4 | 0:14:13 | 12,66 | 4:44 |
| 27 | De Meutter Pedro | Hulshout | M | 23 | 0:14:13 | 12,66 | 4:44 |
| 28 | Durnez Hans | Itegem | M | 24 | 0:14:22 | 12,53 | 4:47 |
| 29 | Van Loo Lauranne | Hallaar | V | 5 | 0:14:31 | 12,40 | 4:50 |
| 30 | Van Den Heuvel Jef | Reet | M | 25 | 0:14:32 | 12,39 | 4:51 |
| 31 | Van Den Bergh Griet | Begijnendijk | V | 6 | 0:14:33 | 12,37 | 4:51 |
| 32 | Van Hoof Freddy | Berlaar | M | 26 | 0:14:34 | 12,36 | 4:51 |
| 33 | Goossens Milan | Heist-o/d-Berg | M | 27 | 0:14:38 | 12,30 | 4:53 |
| 34 | Goossens Talle | Heist-o/d-Berg | M | 28 | 0:14:41 | 12,26 | 4:54 |
| 35 | Eva De Voeght | Itegem | V | 7 | 0:14:43 | 12,23 | 4:54 |
| 36 | De Smet Tom | Herenthout | M | 29 | 0:14:53 | 12,09 | 4:58 |
| 37 | Laurens Jitse | Hallaar | M | 30 | 0:14:55 | 12,07 | 4:58 |
| 38 | Verlinden Louis | Noorderwijk | M | 31 | 0:14:58 | 12,03 | 4:59 |
| 39 | Mallinus Charles | Heist-o/d-Berg | M | 32 | 0:15:00 | 12,00 | 5:00 |
| 40 | Peeters Xander | Hallaar | M | 33 | 0:15:10 | 11,87 | 5:03 |
| 41 | Van De Velde Stefanie | Beerzel | V | 8 | 0:15:11 | 11,86 | 5:04 |
| 42 | Van Den Wijngaert Marc | Heist-o/d-Berg | M | 34 | 0:15:18 | 11,76 | 5:06 |
| 43 | Wijns Renee | Heist-o/d-Berg | M | 35 | 0:15:20 | 11,74 | 5:07 |
| 44 | Van Turnhout Brent | Bouwel | M | 36 | 0:15:38 | 11,51 | 5:13 |
| 45 | Verbeeck Linda | Itegem | V | 9 | 0:15:48 | 11,39 | 5:16 |
| 46 | Van Den Putte Eric | Heist-o/d-Berg | M | 37 | 0:15:50 | 11,37 | 5:17 |
| 47 | Van Roosbroeck Marc | Berlaar | M | 38 | 0:15:53 | 11,33 | 5:18 |
| 48 | Buts Ann | Itegem | V | 10 | 0:16:34 | 10,87 | 5:31 |
| 49 | Huybrechts Freddy | Heist-o/d-Berg | M | 39 | 0:17:16 | 10,42 | 5:45 |
| 50 | Gielis Ellen | Westerlo | V | 11 | 0:17:18 | 10,40 | 5:46 |
| 51 | Jans Lisette | Westerlo | V | 12 | 0:17:19 | 10,39 | 5:46 |
| 52 | De Coux Irina | Heist-o/d-Berg | V | 13 | 0:17:31 | 10,28 | 5:50 |

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 53 | De Coux Karl | Heist-o/d-Berg | M | 40 | 0:17:32 | 10,27 | 5:51 |
| 54 | De Groof Brent | Berlaar | M | 41 | 0:17:34 | 10,25 | 5:51 |
| 55 | Lembrechts Jochem | Itegem | M | 42 | 0:17:35 | 10,24 | 5:52 |
| 56 | Hanquet Tina | Berlaar | V | 14 | 0:17:38 | 10,21 | 5:53 |
| 57 | Helsen Leo | Herselt | M | 43 | 0:17:43 | 10,16 | 5:54 |
| 58 | Liekens Katelijn | Beerzel | V | 15 | 0:18:11 | 9,90 | 6:04 |
| 59 | Stoops Maria | Berlaar | V | 16 | 0:18:15 | 9,86 | 6:05 |
| 60 | Van Mellaerts Marjan | Westerlo | V | 17 | 0:18:16 | 9,85 | 6:05 |
| 61 | Scheers Sofie | Itegem | V | 18 | 0:18:43 | 9,62 | 6:14 |
| 62 | Bosmans Lisa | Itegem | V | 19 | 0:19:11 | 9,38 | 6:24 |
| 63 | Laers Bram | Itegem | M | 44 | 0:19:12 | 9,38 | 6:24 |
| 64 | Goossens Herlinde | Itegem | V | 20 | 0:19:28 | 9,25 | 6:29 |
| 65 | Seykens Ludo | Westerlo | M | 45 | 0:19:41 | 9,14 | 6:34 |
| 66 | Witters Veerle | Heist-o/d-Berg | V | 21 | 0:20:29 | 8,79 | 6:50 |
| 67 | Van Genechten Martine | Nijlen | V | 22 | 0:21:21 | 8,43 | 7:07 |
| 68 | Budts Kurt | Hallaar | M | 46 | 0:21:21 | 8,43 | 7:07 |

KWB Joggingcriterium Antwerpen 2011

23e Sint-Guibertusjogging Itegem - 28 mei 2011

6 KM

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----------------------|-----------------|-----|-------|---------|-------|---------|
| 1 | Cnops Vincent | Tremelo | M | 1 | 0:20:56 | 17,20 | 3:29 |
| 2 | Buts Eddy | Hulshout | M | 2 | 0:21:07 | 17,05 | 3:31 |
| 3 | Vleugels Bart | Itegem | M | 3 | 0:21:45 | 16,55 | 3:38 |
| 4 | Bellens Jo | Itegem | M | 4 | 0:21:52 | 16,46 | 3:39 |
| 5 | Sparrow Jack | Westerlo | M | 5 | 0:22:11 | 16,23 | 3:42 |
| 6 | Van Loo Alfons | Hallaar | M | 6 | 0:22:29 | 16,01 | 3:45 |
| 7 | Van Den Broeck Rob | Pijpelheide | M | 7 | 0:22:47 | 15,80 | 3:48 |
| 8 | Van Den Broeck Gerrie | Booischtot | M | 8 | 0:22:51 | 15,75 | 3:49 |
| 9 | Geens Renny | Berlaar | V | 1 | 0:23:12 | 15,52 | 3:52 |
| 10 | Wijns Philippe | Itegem | M | 9 | 0:23:28 | 15,34 | 3:55 |
| 11 | Van Hoogten Koen | Hulshout | M | 10 | 0:23:33 | 15,29 | 3:56 |
| 12 | Vervoort Luc | Laakdal | M | 11 | 0:23:41 | 15,20 | 3:57 |
| 13 | De Voeght Ben | Itegem | M | 12 | 0:23:47 | 15,14 | 3:58 |
| 14 | Wouters Bart | Herentals | M | 13 | 0:24:17 | 14,82 | 4:03 |
| 15 | Leus Jorgi | Herenthout | M | 14 | 0:24:21 | 14,78 | 4:04 |
| 16 | Baeten Dirk | Beerzel | M | 15 | 0:24:28 | 14,71 | 4:05 |
| 17 | Leus Kenney | Herenthout | M | 16 | 0:24:36 | 14,63 | 4:06 |
| 18 | De Voeght Wim | Itegem | M | 17 | 0:24:39 | 14,60 | 4:07 |
| 19 | Vandendaele Antoon | Hulshout | M | 18 | 0:24:57 | 14,43 | 4:10 |
| 20 | Broothaerts Joss | Kapelle-o/d-Bos | M | 19 | 0:25:45 | 13,98 | 4:17 |
| 21 | Verstraeten Hugo | Itegem | M | 20 | 0:26:19 | 13,68 | 4:23 |
| 22 | Van Dingenen Geert | Westerlo | M | 21 | 0:26:21 | 13,66 | 4:24 |
| 23 | Covent Dirk | Brasschaat | M | 22 | 0:26:24 | 13,64 | 4:24 |
| 24 | Heymans Filip | Duffel | M | 23 | 0:26:28 | 13,60 | 4:25 |
| 25 | Van Den Berg Paul | Duffel | M | 24 | 0:26:30 | 13,58 | 4:25 |
| 26 | Caers Jozef | Geel | M | 25 | 0:26:31 | 13,58 | 4:25 |
| 27 | Hermans Niels | Heist-o/d-Berg | M | 26 | 0:26:33 | 13,56 | 4:26 |
| 28 | Man Kim | Heist-o/d-Berg | V | 2 | 0:26:34 | 13,55 | 4:26 |
| 29 | Eyckmans Kurt | Geel | M | 27 | 0:26:49 | 13,42 | 4:28 |
| 30 | Van Geertruy Philippe | Ekeren | M | 28 | 0:26:57 | 13,36 | 4:30 |
| 31 | Ost Fernand | Mechelen | M | 29 | 0:27:00 | 13,33 | 4:30 |
| 32 | Van Meensel Paul | Heist-o/d-Berg | M | 30 | 0:27:04 | 13,30 | 4:31 |
| 33 | Leysen Liesbeth | Itegem | M | 31 | 0:27:05 | 13,29 | 4:31 |
| 34 | De Ceuster Jan | Herentals | M | 32 | 0:27:37 | 13,04 | 4:36 |
| 35 | Vloebergs Mario | Itegem | M | 33 | 0:27:45 | 12,97 | 4:38 |
| 36 | Eyckmans Tom | Laakdal | M | 34 | 0:27:49 | 12,94 | 4:38 |
| 37 | Wouters Jens | Schriek | M | 35 | 0:28:07 | 12,80 | 4:41 |
| 38 | Imbrechts Bjorn | Heist-o/d-Berg | M | 36 | 0:28:29 | 12,64 | 4:45 |
| 39 | De Caluwe Rony | Haasdonk | M | 37 | 0:28:37 | 12,58 | 4:46 |
| 40 | Verboven Daniella | Lichtaart | V | 3 | 0:28:39 | 12,57 | 4:46 |
| 41 | Gyselinckx Jef | Heist-o/d-Berg | M | 38 | 0:28:48 | 12,50 | 4:48 |
| 42 | Wouters Wim | Hallaar | M | 39 | 0:28:57 | 12,44 | 4:50 |
| 43 | Verbiest Bart | Noorderwijk | M | 40 | 0:29:00 | 12,41 | 4:50 |
| 44 | Verbeke Jan | Antwerpen | M | 41 | 0:29:03 | 12,39 | 4:51 |
| 45 | Van Doninck Luc | Vorselaar | M | 42 | 0:29:07 | 12,36 | 4:51 |
| 46 | Martens | Minderhout | M | 43 | 0:29:20 | 12,27 | 4:53 |
| 47 | Cumps Els | Hallaar | V | 4 | 0:29:27 | 12,22 | 4:55 |
| 48 | Van Peer Wim | Herentals | M | 44 | 0:29:31 | 12,20 | 4:55 |
| 49 | Leysen Robin | Herentals | M | 45 | 0:29:36 | 12,16 | 4:56 |
| 50 | Meylemans Kurt | Zoersel | M | 46 | 0:29:38 | 12,15 | 4:56 |
| 51 | Willemse Staf | Putte | M | 47 | 0:29:41 | 12,13 | 4:57 |
| 52 | Sybens Luc | Westerlo | M | 48 | 0:29:41 | 12,13 | 4:57 |

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-------------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 53 | Peeters Bob | Kapellen | M | 49 | 0:30:00 | 12,00 | 5:00 |
| 54 | Wouters | Schriek | M | 50 | 0:30:03 | 11,98 | 5:00 |
| 55 | Cuypers Geert | Heist-o/d-Berg | M | 51 | 0:30:10 | 11,93 | 5:02 |
| 56 | Van Hool Rudy | Booischoot | M | 52 | 0:30:11 | 11,93 | 5:02 |
| 57 | Pareyns Marc | Tremelo | M | 53 | 0:30:15 | 11,90 | 5:02 |
| 58 | Van Roy Patrick | Heist-Goor | M | 54 | 0:30:21 | 11,86 | 5:04 |
| 59 | Van Cauteren Conny | Haasdonk | V | 5 | 0:30:30 | 11,80 | 5:05 |
| 60 | Sterckx Yvo | Zichem | M | 55 | 0:30:58 | 11,63 | 5:10 |
| 61 | Peeters Jo | Itegem | M | 56 | 0:31:08 | 11,56 | 5:11 |
| 62 | Van Rompuy Florent | Booischoot | M | 57 | 0:31:10 | 11,55 | 5:12 |
| 63 | Livens Antoon | Hallaar | M | 58 | 0:31:11 | 11,54 | 5:12 |
| 64 | Faes Frans | Heist-o/d-Berg | M | 59 | 0:31:12 | 11,54 | 5:12 |
| 65 | Van Der Wildt Jean Paul | Boortmeerbeek | M | 60 | 0:31:14 | 11,53 | 5:12 |
| 66 | Liekens Louis | Hallaar | M | 61 | 0:31:15 | 11,52 | 5:13 |
| 67 | Salaerts Jules | Itegem | M | 62 | 0:31:18 | 11,50 | 5:13 |
| 68 | De Hondt Steven | Itegem | M | 63 | 0:31:19 | 11,50 | 5:13 |
| 69 | Staquet Wim | Heist-o/d-Berg | M | 64 | 0:31:27 | 11,45 | 5:15 |
| 70 | Gijsemans Rudy | Beerzel | M | 65 | 0:31:34 | 11,40 | 5:16 |
| 71 | De Backer Jos | Veerle | M | 66 | 0:31:42 | 11,36 | 5:17 |
| 72 | Wouters Maurits | Hallaar | M | 67 | 0:31:47 | 11,33 | 5:18 |
| 73 | De Gruyter Diane | Minderhout | V | 6 | 0:32:09 | 11,20 | 5:21 |
| 74 | Verschoren Sarah | Hallaar | V | 7 | 0:32:20 | 11,13 | 5:23 |
| 75 | Brebels Moniek | Tremelo | V | 8 | 0:32:28 | 11,09 | 5:25 |
| 76 | Torfs Benny | Itegem | M | 68 | 0:32:54 | 10,94 | 5:29 |
| 77 | Op De Beeck Cathy | Duffel | V | 9 | 0:32:58 | 10,92 | 5:30 |
| 78 | Ringoot Danny | Hallaar | M | 69 | 0:33:13 | 10,84 | 5:32 |
| 79 | Guillin Carine | Boortmeerbeek | V | 10 | 0:33:16 | 10,82 | 5:33 |
| 80 | Van Parijs Willy | Beerzel | M | 70 | 0:33:31 | 10,74 | 5:35 |
| 81 | Nuyts Diana | Hallaar | V | 11 | 0:33:33 | 10,73 | 5:35 |
| 82 | Gijsemans Michel | Heist-o/d-Berg | M | 71 | 0:33:50 | 10,64 | 5:38 |
| 83 | Haest Leo | Westmalle | M | 72 | 0:33:50 | 10,64 | 5:38 |
| 84 | Haest Ingrid | Zoersel | V | 12 | 0:33:50 | 10,64 | 5:38 |
| 85 | Cleymans Mia | Vosselaar | V | 13 | 0:33:58 | 10,60 | 5:40 |
| 86 | Pluym Nicole | Olen | V | 14 | 0:34:58 | 10,30 | 5:50 |
| 87 | Pluy Mariette | Berlaar | V | 15 | 0:35:03 | 10,27 | 5:50 |
| 88 | Verheyden Sylke | Duffel | V | 16 | 0:35:08 | 10,25 | 5:51 |
| 89 | Van Espen Lut | Schriek | V | 17 | 0:35:25 | 10,16 | 5:54 |
| 90 | Verbist Eric | Heist-o/d-Berg | M | 73 | 0:35:27 | 10,16 | 5:55 |
| 91 | Van Orshaegen Nicole | Olen | V | 18 | 0:35:31 | 10,14 | 5:55 |
| 92 | Helsen Leo | Herselt | M | 74 | 0:35:34 | 10,12 | 5:56 |
| 93 | Van Camp Karel | Rijkevorsel | M | 75 | 0:35:57 | 10,01 | 6:00 |
| 94 | Cornelis Bart | Wiekevorst | M | 76 | 0:36:05 | 9,98 | 6:01 |
| 95 | Van Loock | Vorselaar | V | 19 | 0:36:26 | 9,88 | 6:04 |
| 96 | Cauberghs Sofie | Brecht | V | 20 | 0:36:31 | 9,86 | 6:05 |
| 97 | Mertens Nicolle | Itegem | V | 21 | 0:36:35 | 9,84 | 6:06 |
| 98 | Van Meensel Inge | Itegem | V | 22 | 0:36:53 | 9,76 | 6:09 |
| 99 | Van Loock Marc | Lille | M | 77 | 0:37:40 | 9,56 | 6:17 |
| 100 | Mondelaers An | Heist-o/d-Berg | V | 23 | 0:38:36 | 9,33 | 6:26 |
| 101 | Jacobs Nancy | Lille | V | 24 | 0:41:55 | 8,59 | 6:59 |
| 102 | Smet Cindy | Itegem | V | 25 | 0:42:05 | 8,55 | 7:01 |
| 103 | De Backer Marleen | Beringen | V | 26 | 0:42:26 | 8,48 | 7:04 |
| 104 | De Backer Ferdinand | Kessel | M | 78 | 0:42:26 | 8,48 | 7:04 |
| 105 | Degeest Daniel | Aartselaar | M | 79 | 0:43:28 | 8,28 | 7:15 |
| 106 | Nys An | Heist-o/d-Berg | V | 27 | 0:44:00 | 8,18 | 7:20 |

KWB Joggingcriterium Antwerpen 2011
23e Sint-Guibertusjogging Itegem - 28 mei 2011

11 KM

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 1 | Van Rooy Kristof | Vorselaar | M | 1 | 0:38:10 | 17,29 | 3:28 |
| 2 | Sanders Mario | Hallaar | M | 2 | 0:43:33 | 15,15 | 3:58 |
| 3 | Mutert Peter | Lier | M | 3 | 0:43:41 | 15,11 | 3:58 |
| 4 | Verschueren Raf | Beerzel | M | 4 | 0:46:21 | 14,24 | 4:13 |
| 5 | Van Riet Marc | Hulshout | M | 5 | 0:47:08 | 14,00 | 4:17 |
| 6 | Cools Edwin | Tessengerlo | M | 6 | 0:47:21 | 13,94 | 4:18 |
| 7 | Cauwenbergh Dominique | Blaasveld | M | 7 | 0:48:43 | 13,55 | 4:26 |
| 8 | De Cocq Roger | Heist-o/d-Berg | M | 8 | 0:48:46 | 13,53 | 4:26 |
| 9 | Joly Eddy | Duffel | M | 9 | 0:50:41 | 13,02 | 4:36 |
| 10 | Kusseneers Luc | Rumst | M | 10 | 0:50:48 | 12,99 | 4:37 |
| 11 | Willems Wilfried | Beerse | M | 11 | 0:51:43 | 12,76 | 4:42 |
| 12 | Laurens Pieter | Hallaar | M | 12 | 0:52:45 | 12,51 | 4:48 |
| 13 | Loenders Willy | Hechtel | M | 13 | 0:53:00 | 12,45 | 4:49 |
| 14 | Crets Paul | Ramsel | M | 14 | 0:53:34 | 12,32 | 4:52 |
| 15 | Van Loock Robin | Heist-o/d-Berg | M | 15 | 0:53:39 | 12,30 | 4:53 |
| 16 | Schellens Maurice | Booischoot | M | 16 | 0:53:59 | 12,23 | 4:54 |
| 17 | Bogemans Ludo | Lier | M | 17 | 0:54:26 | 12,12 | 4:57 |
| 18 | Jacobs Nele | Herentals | V | 1 | 0:54:55 | 12,02 | 5:00 |
| 19 | Dierckx Marc | Nijlen | M | 18 | 0:54:58 | 12,01 | 5:00 |
| 20 | Scholly Josee | Hechtel | V | 2 | 0:55:26 | 11,91 | 5:02 |
| 21 | Obbels Gert | Nijlen | M | 19 | 0:55:51 | 11,82 | 5:05 |
| 22 | Vercammen Rudy | Aarschoot | M | 20 | 0:55:55 | 11,80 | 5:05 |
| 23 | De Visch Danny | Koningshooikt | M | 21 | 0:56:44 | 11,63 | 5:09 |
| 24 | Helsen Paul | Itegem | M | 22 | 0:56:45 | 11,63 | 5:10 |
| 25 | Van Opstal Peter | Bonheiden | M | 23 | 0:57:01 | 11,58 | 5:11 |
| 26 | Smeulders Wim | Tremelo | M | 24 | 0:58:58 | 11,19 | 5:22 |
| 27 | Daems Rudi | Borgerhout | M | 25 | 0:59:04 | 11,17 | 5:22 |
| 28 | Van Nuffel Steven | Herentals | M | 26 | 0:59:06 | 11,17 | 5:22 |
| 29 | Nijs Leen | Begijnendijk | V | 3 | 1:01:28 | 10,74 | 5:35 |
| 30 | Van Looy Maud | Beerse | V | 4 | 1:02:37 | 10,54 | 5:42 |
| 31 | Van Haecht Marijke | Bonheiden | V | 5 | 1:03:23 | 10,41 | 5:46 |
| 32 | Pootemans Tommy | Mechelen | M | 27 | 1:06:01 | 10,00 | 6:00 |
| 33 | Wachters Liesbeth | Itegem | V | 6 | 1:07:36 | 9,76 | 6:09 |
| 34 | Filez Benedicte | Rotselaar | V | 7 | 1:07:37 | 9,76 | 6:09 |
| 35 | Valgaeren Emiel | Herentals | M | 28 | 1:10:35 | 9,35 | 6:25 |

KWB Joggingcriterium Antwerpen 2011
23e Sint-Guibertusjogging Itegem - 28 mei 2011

16,093 KM

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 1 | Leus Frankie | Herenthout | M | 1 | 1:00:03 | 16,08 | 3:44 |
| 2 | Stochman Stefaan | Kortrijk | M | 2 | 1:00:46 | 15,89 | 3:47 |
| 3 | Teunkens Karel | Balen | M | 3 | 1:01:36 | 15,68 | 3:50 |
| 4 | Thijs Koen | Hallaar | M | 4 | 1:03:19 | 15,25 | 3:56 |
| 5 | Tielemans Jelle | Berlaar | M | 5 | 1:03:37 | 15,18 | 3:57 |
| 6 | Vermeir Gerd | Hamme | M | 6 | 1:03:43 | 15,15 | 3:58 |
| 7 | Nevelsteen Staf | Booischoot | M | 7 | 1:04:23 | 15,00 | 4:00 |
| 8 | Van Nijlen Bart | Kasterlee | M | 8 | 1:04:56 | 14,87 | 4:02 |
| 9 | Montulet Yves | Hoboken | M | 9 | 1:05:34 | 14,73 | 4:04 |
| 10 | Van Brandt Gert | Nijlen | M | 10 | 1:05:45 | 14,69 | 4:05 |
| 11 | Franck Peter | Niel | M | 11 | 1:05:50 | 14,67 | 4:05 |
| 12 | Vercammen Roger | Kessel | M | 12 | 1:06:11 | 14,59 | 4:07 |
| 13 | Vloeberghs Walter | Hallaar | M | 13 | 1:08:26 | 14,11 | 4:15 |
| 14 | Meuris Patrick | Schriek | M | 14 | 1:10:04 | 13,78 | 4:21 |
| 15 | De Laet Gommaire | Mechelen | M | 15 | 1:16:10 | 12,68 | 4:44 |
| 16 | Ehlinger Alain | Berchem | M | 16 | 1:16:47 | 12,58 | 4:46 |
| 17 | Obbels Paul | Nijlen | M | 17 | 1:18:51 | 12,25 | 4:54 |
| 18 | Meeus Danny | Nijlen | M | 18 | 1:18:53 | 12,24 | 4:54 |
| 19 | Ceulemans | | M | 19 | 1:20:17 | 12,03 | 4:59 |
| 20 | Willems Dirk | Wiekevorst | M | 20 | 1:20:31 | 11,99 | 5:00 |
| 21 | De Koe Chris | Vlissingen | M | 21 | 1:22:00 | 11,78 | 5:06 |