

1e Run on the Rocks Lichtaart - 20 mei 2011

5 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|----|----------------------|--------------|-----|-------|---------|-------|---------|
| 1 | 15 | Teunkens Karel | Balen | M | 1 | 0:17:57 | 16,71 | 3:35 |
| 2 | 42 | Scheers Dimitri | Zandhoven | M | 2 | 0:19:21 | 15,51 | 3:52 |
| 3 | 11 | Jacobs Johan | Oud-Turnhout | M | 3 | 0:19:22 | 15,49 | 3:52 |
| 4 | 13 | Van den Bogerd Kris | Rijkevorsel | M | 4 | 0:19:48 | 15,15 | 3:58 |
| 5 | 43 | Steenackers Gert | Lichtaart | M | 5 | 0:20:07 | 14,91 | 4:01 |
| 6 | 28 | Belmans Koen | Geel | M | 6 | 0:20:57 | 14,32 | 4:11 |
| 7 | 8 | Van de Perre Tom | Lichtaart | M | 7 | 0:21:05 | 14,23 | 4:13 |
| 8 | 49 | Mertens Wannas | Lichtaart | M | 8 | 0:22:14 | 13,49 | 4:27 |
| 9 | 19 | Van Doninck Eva | Kasterlee | V | 1 | 0:22:24 | 13,39 | 4:29 |
| 10 | 12 | Verelst Jan | Rijkevorsel | M | 9 | 0:22:49 | 13,15 | 4:34 |
| 11 | 16 | Verlinden Nick | Herselt | M | 10 | 0:23:04 | 13,01 | 4:37 |
| 12 | 40 | Verboven Daniella | Lichtaart | V | 2 | 0:24:21 | 12,32 | 4:52 |
| 13 | 18 | Van Robays Marleen | Vosselaar | V | 3 | 0:24:25 | 12,29 | 4:53 |
| 14 | 45 | Van den Schoor Frank | Lichtaart | M | 11 | 0:24:35 | 12,21 | 4:55 |
| 15 | 7 | Thys Veronique | Lichtaart | V | 4 | 0:24:37 | 12,19 | 4:55 |
| 16 | 9 | Vanhove Sharon | Lille | V | 5 | 0:24:42 | 12,15 | 4:56 |
| 17 | 44 | Cambre Liesbeth | Turnhout | V | 6 | 0:24:57 | 12,02 | 4:59 |
| 18 | 53 | Maes Kathleen | Kasterlee | V | 7 | 0:25:25 | 11,80 | 5:05 |
| 19 | 23 | Luyten Luc | Vosselaar | M | 12 | 0:25:42 | 11,68 | 5:08 |
| 20 | 37 | Charel Kris | Turnhout | M | 13 | 0:25:47 | 11,64 | 5:09 |
| 21 | 10 | Van Dooren Christine | Oud-Turnhout | V | 8 | 0:25:49 | 11,62 | 5:10 |
| 22 | 25 | Versmissen Kamiel | Vosselaar | M | 14 | 0:25:50 | 11,61 | 5:10 |
| 23 | 39 | Van den Heuvel Wim | Turnhout | M | 15 | 0:26:29 | 11,33 | 5:18 |
| 24 | 29 | Miechielsen Louisa | Vosselaar | V | 9 | 0:27:05 | 11,08 | 5:25 |
| 25 | 38 | Charel Dirk | Ravels | M | 16 | 0:27:15 | 11,01 | 5:27 |
| 26 | 36 | Marien Jozef | Dessel | M | 17 | 0:27:20 | 10,98 | 5:28 |
| 27 | 32 | Oltenfreiter Stef | Geel | M | 18 | 0:27:51 | 10,77 | 5:34 |
| 28 | 14 | De Mondt Pieter | Lille | M | 19 | 0:28:19 | 10,59 | 5:40 |
| 29 | 26 | De Roover Steven | Vosselaar | M | 20 | 0:28:38 | 10,48 | 5:44 |
| 30 | 3 | Teugels Marleen | Wommelgem | V | 10 | 0:29:09 | 10,29 | 5:50 |
| 31 | 30 | Van Looy Maud | Beerse | V | 11 | 0:29:13 | 10,27 | 5:51 |
| 32 | 17 | Peeters Bart | Turnhout | M | 21 | 0:29:17 | 10,24 | 5:51 |
| 33 | 54 | Boecke Ludo | Rijkevorsel | M | 22 | 0:29:22 | 10,22 | 5:52 |
| 34 | 41 | Goossens Frans | Westerlo | M | 23 | 0:29:31 | 10,17 | 5:54 |
| 35 | 22 | De Visscher Els | Vosselaar | V | 12 | 0:29:41 | 10,10 | 5:56 |
| 36 | 33 | Ossenblok Siebe | Geel | M | 24 | 0:30:31 | 9,83 | 6:06 |
| 37 | 27 | Verlinden Michele | Geel | V | 13 | 0:30:53 | 9,71 | 6:11 |
| 38 | 55 | Van Raak Elian | Rijkevorsel | M | 25 | 0:31:00 | 9,68 | 6:12 |
| 39 | 50 | Renders Sanne | Noorderwijk | V | 14 | 0:31:28 | 9,53 | 6:18 |
| 40 | 46 | Vanheuckelom Ria | Kasterlee | V | 15 | 0:31:46 | 9,45 | 6:21 |
| 41 | 4 | Willems Leen | Tielen | V | 16 | 0:31:47 | 9,44 | 6:21 |
| 42 | 63 | Mahieu Dorien | Olen | V | 17 | 0:32:27 | 9,25 | 6:29 |
| 43 | 62 | Gerts Thomas | Olen | M | 26 | 0:32:53 | 9,12 | 6:35 |
| 44 | 35 | Delauwer Imgard | Vosselaar | M | 27 | 0:32:55 | 9,11 | 6:35 |
| 45 | 34 | Bockx Evi | Beerse | V | 18 | 0:32:58 | 9,10 | 6:36 |
| 46 | 5 | Willems Miek | Tielen | V | 19 | 0:32:59 | 9,10 | 6:36 |
| 47 | 20 | Aerts Jannik | Herenthout | V | 20 | 0:33:03 | 9,08 | 6:37 |
| 48 | 21 | Wouters Anja | Herenthout | V | 21 | 0:33:03 | 9,08 | 6:37 |
| 49 | 56 | Verstraele Simon | Turnhout | M | 28 | 0:33:06 | 9,06 | 6:37 |
| 50 | 57 | De Clerck Greet | Turnhout | V | 22 | 0:33:07 | 9,06 | 6:37 |
| 51 | 51 | Van Tiggelen An | Tielen | V | 23 | 0:33:08 | 9,06 | 6:38 |
| 52 | 2 | Jacobs Nancy | Lille | V | 24 | 0:34:03 | 8,81 | 6:49 |
| 53 | 52 | Storms Annemie | Tielen | V | 25 | 0:34:07 | 8,79 | 6:49 |
| 57 | 59 | Vervoort Ilse | Gierle | V | 26 | 0:34:31 | 8,69 | 6:54 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|-----------------|-------------------|------------|--------------|-------------|------------|----------------|
| 58 | 24 | Snoeck Rene | Weelde | M | 29 | 0:34:36 | 8,67 | 6:55 |
| 59 | 1 | Hendrickx Sofie | Herentals | V | 27 | 0:34:39 | 8,66 | 6:56 |
| 60 | 6 | Van Mierlo Joke | Kasterlee | V | 28 | 0:34:43 | 8,64 | 6:57 |
| 62 | 47 | Branders Cimdy | Kasterlee | V | 29 | 0:34:51 | 8,61 | 6:58 |
| 63 | 31 | Mertens Dorien | Lichtaart | V | 30 | 0:34:54 | 8,60 | 6:59 |
| 64 | 58 | Verwimp Ruben | Gierle | M | 30 | 0:34:55 | 8,59 | 6:59 |
| 69 | 60 | Van Beeck Leen | Merksplas | V | 31 | 0:36:05 | 8,31 | 7:13 |
| 70 | 61 | Quirijnen Gerda | Merksplas | V | 32 | 0:36:09 | 8,30 | 7:14 |
| 71 | 48 | Pillot Greet | | V | 33 | 0:36:30 | 8,22 | 7:18 |

1e Run on the Rocks Lichtaart - 20 mei 2011

10 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|--------------|-----|-------|---------|-------|---------|
| 1 | 253 | Steenackers Tom | Kasterlee | M | 1 | 0:34:08 | 17,58 | 3:25 |
| 2 | 223 | Lauwers Davy | Mol | M | 2 | 0:34:20 | 17,48 | 3:26 |
| 3 | 215 | De Kinderen Luc | Ravels | M | 3 | 0:34:27 | 17,41 | 3:27 |
| 4 | 260 | Smet Roel | Olmen | M | 4 | 0:34:47 | 17,25 | 3:29 |
| 5 | 271 | Embrechts Paul | Tielen | M | 5 | 0:34:55 | 17,18 | 3:30 |
| 6 | 211 | Rutten Rudy | Ham | M | 6 | 0:34:56 | 17,18 | 3:30 |
| 7 | 267 | Goossens Tony | Lichtaart | M | 7 | 0:35:40 | 16,82 | 3:34 |
| 8 | 201 | Schrijvers Mike | Herentals | M | 8 | 0:35:45 | 16,78 | 3:34 |
| 9 | 261 | Verwimp Filip | Gierle | M | 9 | 0:37:29 | 16,01 | 3:45 |
| 10 | 228 | Vander Velde John | Lichtaart | M | 10 | 0:37:55 | 15,82 | 3:48 |
| 11 | 263 | Slaets Dirk | Geel | M | 11 | 0:37:56 | 15,82 | 3:48 |
| 12 | 218 | Smets Frans | Heine | M | 12 | 0:37:57 | 15,81 | 3:48 |
| 13 | 217 | Verbylen Herman | Weelde | M | 13 | 0:38:26 | 15,61 | 3:51 |
| 14 | 245 | Fontenelle Jean-Francois | Turnhout | M | 14 | 0:38:29 | 15,59 | 3:51 |
| 15 | 242 | Van Caesbroeck Ianto | Turnhout | M | 15 | 0:38:39 | 15,52 | 3:52 |
| 16 | 243 | Geerts Tobias | Turnhout | M | 16 | 0:39:13 | 15,30 | 3:55 |
| 17 | 222 | Meeus Danny | Kasterlee | M | 17 | 0:39:32 | 15,18 | 3:57 |
| 18 | 209 | Van Genechten Benny | Balen | M | 18 | 0:40:22 | 14,87 | 4:02 |
| 19 | 266 | Van den Broeck Bart | Morkhoven | M | 19 | 0:40:36 | 14,78 | 4:04 |
| 20 | 200 | Wils Dirk | Lichtaart | M | 20 | 0:41:15 | 14,54 | 4:08 |
| 21 | 225 | Denolf Staf | Grobbendonk | M | 21 | 0:41:18 | 14,53 | 4:08 |
| 22 | 232 | Vermeiren Frank | Vosselaar | M | 22 | 0:42:00 | 14,28 | 4:12 |
| 23 | 257 | Caeyers Jef | Geel | M | 23 | 0:42:03 | 14,27 | 4:12 |
| 24 | 255 | Laenen Karine | Lichtaart | V | 1 | 0:42:07 | 14,24 | 4:13 |
| 25 | 220 | Torremans Jos | Vosselaar | M | 24 | 0:42:23 | 14,16 | 4:14 |
| 26 | 244 | Vissers Dirk | Vorselaar | M | 25 | 0:42:34 | 14,10 | 4:15 |
| 27 | 236 | Bertmenther | Mol | M | 26 | 0:42:44 | 14,04 | 4:16 |
| 28 | 213 | Gielen Michel | Tessengerlo | M | 27 | 0:43:08 | 13,91 | 4:19 |
| 29 | 258 | Verheyen Christophe | Geel | M | 28 | 0:43:19 | 13,85 | 4:20 |
| 30 | 216 | Gouaerts Benny | Retie | M | 29 | 0:43:20 | 13,85 | 4:20 |
| 31 | 214 | Franssen Jan | Brecht | M | 30 | 0:43:23 | 13,83 | 4:20 |
| 32 | 237 | Willems Eric | Vosselaar | M | 31 | 0:43:32 | 13,79 | 4:21 |
| 33 | 233 | Mariën Liliane | St-Lenaarts | V | 2 | 0:44:14 | 13,56 | 4:25 |
| 34 | 230 | Vissers Annemie | Lichtaart | V | 3 | 0:44:37 | 13,45 | 4:28 |
| 35 | 235 | Vennekens Eddy | Olmen | M | 32 | 0:44:42 | 13,42 | 4:28 |
| 36 | 238 | Verdonck Hilde | Vosselaar | V | 4 | 0:44:46 | 13,40 | 4:29 |
| 37 | 205 | Maes Paul | Beerse | M | 33 | 0:45:49 | 13,09 | 4:35 |
| 38 | 221 | Mertens Leo | Lichtaart | M | 34 | 0:46:10 | 13,00 | 4:37 |
| 39 | 272 | Maeynincker Cedric | Herentals | M | 35 | 0:46:42 | 12,85 | 4:40 |
| 40 | 247 | Aerts Gunther | Tielen | M | 36 | 0:46:44 | 12,84 | 4:40 |
| 41 | 226 | Devolder Eddy | Turnhout | M | 37 | 0:46:52 | 12,80 | 4:41 |
| 42 | 246 | Noyens Kris | Vosselaar | M | 38 | 0:47:06 | 12,74 | 4:43 |
| 43 | 203 | Van Oosterwyck Rony | Lier | M | 39 | 0:47:13 | 12,71 | 4:43 |
| 44 | 256 | Bellens Bart | Turnhout | M | 40 | 0:47:14 | 12,70 | 4:43 |
| 45 | 208 | Janssen Jan | Beerse | M | 41 | 0:47:15 | 12,70 | 4:43 |
| 46 | 239 | Goos Leo | Oud-Turnhout | M | 42 | 0:47:51 | 12,54 | 4:47 |
| 47 | 249 | Aerts Jurgen | Lille | M | 43 | 0:49:16 | 12,18 | 4:56 |
| 48 | 252 | Caers Marc | Kasterlee | M | 44 | 0:49:31 | 12,12 | 4:57 |
| 49 | 269 | Huysmans Sanne | Lichtaart | V | 5 | 0:49:42 | 12,07 | 4:58 |
| 50 | 229 | Van de Wouter Chris | Herentals | M | 45 | 0:50:03 | 11,99 | 5:00 |
| 51 | 202 | Vanhove Billy | Lille | M | 46 | 0:50:27 | 11,89 | 5:03 |
| 52 | 212 | Deboel Marcel | Weelde | M | 47 | 0:50:33 | 11,87 | 5:03 |
| 53 | 224 | Van Hoeck Rita | Turnhout | V | 6 | 0:51:00 | 11,76 | 5:06 |
| 54 | 210 | Eykmans Eric | Laakdal | M | 48 | 0:51:23 | 11,68 | 5:08 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|--------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 55 | 254 | Verwimp Guy | Olmen | M | 49 | 0:51:51 | 11,57 | 5:11 |
| 56 | 250 | Verlorgt Theo | Kasterlee | M | 50 | 0:51:58 | 11,55 | 5:12 |
| 57 | 234 | Detollenaar Didier | Kasterlee | M | 51 | 0:52:49 | 11,36 | 5:17 |
| 58 | 204 | Terlouw Cor | Bathmen (NL) | M | 52 | 0:53:08 | 11,29 | 5:19 |
| 59 | 206 | Van Hoof Jean | Mol | M | 53 | 0:53:32 | 11,21 | 5:21 |
| 60 | 207 | Belmans Francois | Mol | M | 54 | 0:53:35 | 11,20 | 5:22 |
| 61 | 241 | Loots Bie | Ravels | V | 7 | 0:53:52 | 11,14 | 5:23 |
| 62 | 262 | Roose Marjelle | Lichtaart | V | 8 | 0:53:59 | 11,12 | 5:24 |
| 63 | 265 | Vandecruys Lieve | Geel | V | 9 | 0:54:01 | 11,11 | 5:24 |
| 64 | 219 | In 't Ven Mies | Lichtaart | V | 10 | 0:54:37 | 10,98 | 5:28 |
| 65 | 231 | Loos Elke | Kasterlee | V | 11 | 0:55:13 | 10,87 | 5:31 |
| 66 | 264 | De Bie Erwin | Geel | M | 55 | 0:55:15 | 10,86 | 5:32 |
| 67 | 248 | Noyens Griet | | V | 12 | 0:55:32 | 10,80 | 5:33 |
| 68 | 240 | Hermans Lut | Tielen | V | 13 | 0:55:33 | 10,80 | 5:33 |
| 69 | 227 | Ossenblok Thies | Geel | V | 14 | 0:56:11 | 10,68 | 5:37 |
| 70 | 270 | Leys Yves | Lichtaart | M | 56 | 0:56:13 | 10,67 | 5:37 |

1e Run on the Rocks Lichtaart - 20 mei 2011

15 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|----------------------|------------|-----|-------|---------|-------|---------|
| 1 | 413 | Pauwels Roel | Kasterlee | M | 1 | 0:50:36 | 17,78 | 3:22 |
| 2 | 405 | Daems Jan | Lichtaart | M | 2 | 0:50:37 | 17,78 | 3:22 |
| 3 | 418 | Lauwen Gino | Westerlo | M | 3 | 0:53:31 | 16,82 | 3:34 |
| 4 | 404 | Aerts Nico | Herenthout | M | 4 | 0:55:51 | 16,11 | 3:43 |
| 5 | 412 | Van Opstal Rudi | Eindhout | M | 5 | 0:55:53 | 16,10 | 3:44 |
| 6 | 411 | Mertens Bart | Turnhout | M | 6 | 0:56:15 | 16,00 | 3:45 |
| 7 | 430 | Peeters Guy | Lichtaart | M | 7 | 0:56:16 | 15,99 | 3:45 |
| 8 | 400 | Quirijnen Edgard | Merksplas | M | 8 | 0:56:17 | 15,99 | 3:45 |
| 9 | 417 | Peeters Marc | Lichtaart | M | 9 | 0:56:24 | 15,96 | 3:46 |
| 10 | 401 | De Bruyn Marino | Wommelgem | M | 10 | 0:56:43 | 15,87 | 3:47 |
| 11 | 409 | Gielen Monique | Turnhout | V | 1 | 0:56:44 | 15,86 | 3:47 |
| 12 | 408 | Sneyders Eddy | Vosselaar | M | 11 | 0:56:58 | 15,80 | 3:48 |
| 13 | 403 | De Bie Alois | Turnhout | M | 12 | 0:58:42 | 15,33 | 3:55 |
| 14 | 429 | Deijen Ian | | M | 13 | 0:59:56 | 15,02 | 4:00 |
| 15 | 428 | Deijen Jordi | | M | 14 | 1:00:04 | 14,98 | 4:00 |
| 16 | 424 | Govers | Turnhout | M | 15 | 1:00:23 | 14,90 | 4:02 |
| 17 | 421 | Noyens Joris | Lichtaart | M | 16 | 1:00:28 | 14,89 | 4:02 |
| 18 | 437 | Vancampenhout Guy | Vorselaar | M | 17 | 1:01:39 | 14,60 | 4:07 |
| 19 | 426 | Wils Guido | Kasterlee | M | 18 | 1:01:50 | 14,55 | 4:07 |
| 20 | 420 | Hermans Dirk | Vosselaar | M | 19 | 1:04:17 | 14,00 | 4:17 |
| 21 | 422 | Volders Davy | Diest | M | 20 | 1:04:42 | 13,91 | 4:19 |
| 22 | 402 | Van Elst Kenneth | Pulle | M | 21 | 1:04:43 | 13,91 | 4:19 |
| 23 | 431 | Wils Luc | Kasterlee | M | 22 | 1:04:44 | 13,90 | 4:19 |
| 24 | 435 | Vinckx Dirk | Gierle | M | 23 | 1:05:00 | 13,85 | 4:20 |
| 25 | 434 | Laurijssen Patsy | Gierle | V | 2 | 1:05:03 | 13,83 | 4:20 |
| 26 | 406 | Willems Wilfried | Beerse | M | 24 | 1:05:07 | 13,82 | 4:20 |
| 27 | 419 | Vervoort Luc | Turnhout | M | 25 | 1:05:52 | 13,67 | 4:23 |
| 28 | 423 | Boeckx Eddy | Lille | M | 26 | 1:07:00 | 13,43 | 4:28 |
| 29 | 414 | Vandecruyys Annelies | Geel | V | 3 | 1:08:34 | 13,13 | 4:34 |
| 30 | 432 | Adams Frans | Kasterlee | M | 27 | 1:08:52 | 13,07 | 4:35 |
| 31 | 415 | Buyckx Eddy | Turnhout | M | 28 | 1:09:47 | 12,90 | 4:39 |
| 32 | 438 | Van Nugten Kristof | Pulle | M | 29 | 1:12:11 | 12,47 | 4:49 |
| 33 | 439 | De Tenster Timo | | M | 30 | 1:12:32 | 12,41 | 4:50 |
| 34 | 259 | Goos Steven | Turnhout | M | 31 | 1:13:11 | 12,30 | 4:53 |
| 35 | 410 | Coomans Robert | Kasterlee | M | 32 | 1:13:14 | 12,29 | 4:53 |
| 36 | 416 | De Witte Annick | | M | 33 | 1:15:01 | 12,00 | 5:00 |
| 37 | 425 | Flips Hilde | Olen | V | 4 | 1:15:01 | 12,00 | 5:00 |
| 38 | 407 | Geysen Freddy | Lille | M | 34 | 1:15:30 | 11,92 | 5:02 |
| 39 | 427 | Smets Karine | Arendonk | V | 5 | 1:16:23 | 11,78 | 5:06 |
| 40 | 433 | Van Vlerken Evy | Arendonk | V | 6 | 1:16:29 | 11,77 | 5:06 |