

Oostends Loopcriterium 2011

16e Noordzeeloop Oostende - 26 maart 2011

DAMES - 7 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|--------------|------|-----|-------|---------|-------|---------|
| 1 | 81 | Hertveldt Heidi | Oostende | 1975 | D2 | 1 | 0:27:27 | 15,30 | 3:55 |
| 2 | 269 | Speleers Sarah | Oostende | 1976 | D2 | 2 | 0:27:55 | 15,04 | 3:59 |
| 3 | 47 | Deruddere Lies | Wevelgem | 1986 | D1 | 1 | 0:28:03 | 14,97 | 4:00 |
| 4 | 272 | Reynaert Eva | Oostende | 1980 | D1 | 2 | 0:31:16 | 13,43 | 4:28 |
| 5 | 157 | Demaegdt Georges | Oostende | 1946 | H5 | 1 | 0:31:24 | 13,38 | 4:29 |
| 6 | 57 | Leyre Erna | Oostende | 1963 | D3 | 1 | 0:31:36 | 13,29 | 4:31 |
| 7 | 172 | Strubbe Fabienne | Oudenburg | 1967 | D2 | 3 | 0:31:43 | 13,24 | 4:32 |
| 8 | 38 | Crefcoeur Brigitte | De Haan | 1961 | D3 | 2 | 0:32:00 | 13,13 | 4:34 |
| 9 | 140 | Vereecke Natacha | Jabbeke | 1965 | D3 | 3 | 0:32:01 | 13,12 | 4:34 |
| 10 | 43 | Coenen Jeannine | Ravels | 1953 | D4 | 1 | 0:32:18 | 13,00 | 4:37 |
| 11 | 187 | Vanhessche Ulrike | Oudenburg | 1975 | D2 | 4 | 0:32:49 | 12,80 | 4:41 |
| 12 | 236 | Peeters Chris | Blankenberge | 1964 | D3 | 4 | 0:33:06 | 12,69 | 4:44 |
| 13 | 193 | Levecke Sophie | Oostende | 1966 | D3 | 5 | 0:33:08 | 12,68 | 4:44 |
| 14 | 63 | Note Carine | Lombardsijde | 1975 | D2 | 5 | 0:33:17 | 12,62 | 4:45 |
| 15 | 241 | Descamps Valerie | Oostende | 1980 | D1 | 3 | 0:33:27 | 12,56 | 4:47 |
| 16 | 123 | Pauwels Valerie | Gistel | 1975 | D2 | 6 | 0:33:51 | 12,41 | 4:50 |
| 17 | 226 | Heusequin Christel | Oostende | 1971 | D2 | 7 | 0:34:02 | 12,34 | 4:52 |
| 18 | 31 | Delcour Eddy | Oostende | 1945 | H5 | 2 | 0:34:06 | 12,32 | 4:52 |
| 19 | 4 | Breyne Marleen | Oostende | 1960 | D3 | 6 | 0:34:33 | 12,16 | 4:56 |
| 20 | 32 | Geldhof Johnny | De Panne | 1945 | H5 | 3 | 0:34:37 | 12,13 | 4:57 |
| 21 | 56 | Van Parijs Marleen | Bredene | 1964 | D3 | 7 | 0:34:41 | 12,11 | 4:57 |
| 22 | 49 | Knockaert Dirk | Oudenburg | 1944 | H5 | 4 | 0:34:48 | 12,07 | 4:58 |
| 23 | 257 | Jaecques Hilde | Gistel | 1970 | D2 | 8 | 0:35:06 | 11,97 | 5:01 |
| 24 | 212 | Verplancke Liesbeth | Oudenburg | 1981 | D1 | 4 | 0:35:14 | 11,92 | 5:02 |
| 25 | 129 | Samyn Paul | Brugge | 1944 | H5 | 5 | 0:35:16 | 11,91 | 5:02 |
| 26 | 68 | Rotsaert Martine | Oostende | 1964 | D3 | 8 | 0:35:59 | 11,67 | 5:08 |
| 27 | 214 | Bouttry Bianca | Oostende | 1970 | D2 | 9 | 0:36:02 | 11,66 | 5:09 |
| 28 | 21 | Commeine Roger | Kortemark | 1938 | H5 | 6 | 0:36:03 | 11,65 | 5:09 |
| 29 | 258 | De Plecker Sarah | Oostende | 1977 | D1 | 5 | 0:36:08 | 11,62 | 5:10 |
| 30 | 3 | Knockaert Georgette | Oostkamp | 1965 | D3 | 9 | 0:36:10 | 11,61 | 5:10 |
| 31 | 59 | Boels Vera | Zellik | 1959 | D3 | 10 | 0:36:24 | 11,54 | 5:12 |
| 32 | 69 | Deschrijvere Jeannine | Oostende | 1966 | D3 | 11 | 0:36:32 | 11,50 | 5:13 |
| 33 | 186 | Leuwers Carine | Reninge | 1972 | D2 | 10 | 0:36:36 | 11,48 | 5:14 |
| 34 | 75 | Roosen Patricia | Oostende | 1970 | D2 | 11 | 0:36:47 | 11,42 | 5:15 |
| 35 | 1 | De Nys Viviane | Oostende | 1949 | D4 | 2 | 0:36:48 | 11,41 | 5:15 |
| 36 | 148 | Aernoudt Nathalie | Oostende | 1977 | D1 | 6 | 0:36:50 | 11,40 | 5:16 |
| 37 | 255 | Clicteur Fatima | Oostende | 1987 | D1 | 7 | 0:36:51 | 11,40 | 5:16 |
| 38 | 113 | Casteleyn Raymond | Oostende | 1944 | H5 | 7 | 0:36:55 | 11,38 | 5:16 |
| 39 | 251 | Plasschaert Lise | Oostende | 1987 | D1 | 8 | 0:36:57 | 11,37 | 5:17 |
| 40 | 6 | Pierloot Sonja | Oostende | 1968 | D2 | 12 | 0:37:28 | 11,21 | 5:21 |
| 41 | 146 | Sabbe Wenda | Gullegem | 1974 | D2 | 13 | 0:37:38 | 11,16 | 5:23 |
| 42 | 28 | Vandendriessche Rebecc | Torhout | 1987 | D1 | 9 | 0:38:08 | 11,01 | 5:27 |
| 43 | 135 | Luca Evelien | Oostende | 1952 | D4 | 3 | 0:38:13 | 10,99 | 5:28 |
| 44 | 77 | Timmerman Katia | Oostende | 1973 | D2 | 14 | 0:38:22 | 10,95 | 5:29 |
| 45 | 78 | Timmerman Sandra | Oostende | 1969 | D2 | 15 | 0:38:24 | 10,94 | 5:29 |
| 46 | 137 | Pillu Fernand | Oostende | 1934 | H5 | 8 | 0:38:34 | 10,89 | 5:31 |
| 47 | 112 | Janssens Conny | Oostende | 1964 | D3 | 12 | 0:38:37 | 10,88 | 5:31 |
| 48 | 153 | Browafys Inge | Oudenaarde | 1972 | D2 | 16 | 0:38:39 | 10,87 | 5:31 |
| 49 | 91 | Beyen Kathy | Oostende | 1983 | D1 | 10 | 0:38:41 | 10,86 | 5:32 |
| 50 | 15 | Burggraeve Leentje | Bredene | 1959 | D3 | 13 | 0:38:46 | 10,83 | 5:32 |
| 51 | 2 | Knockaert Roger | Oostkamp | 1933 | H5 | 9 | 0:38:51 | 10,81 | 5:33 |
| 52 | 61 | Soete Natacha | Lombardsijde | 1970 | D2 | 17 | 0:39:07 | 10,74 | 5:35 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|--------------|------|-----|-------|---------|-------|---------|
| 53 | 110 | Desanghere Ina | Oostende | 1964 | D3 | 14 | 0:39:29 | 10,64 | 5:38 |
| 54 | 163 | Maes Sabrina | Oostende | 1978 | D1 | 11 | 0:39:42 | 10,58 | 5:40 |
| 55 | 116 | Heinderson Fabienne | Oostende | 1963 | D3 | 15 | 0:39:45 | 10,57 | 5:41 |
| 56 | 35 | Delanghe Norbert | Oostende | 1943 | H5 | 10 | 0:39:54 | 10,53 | 5:42 |
| 57 | 176 | Van Parijs Willy | Putte | 1937 | H5 | 11 | 0:40:06 | 10,47 | 5:44 |
| 58 | 182 | Morel Karen | Oostende | 1969 | D2 | 18 | 0:40:20 | 10,41 | 5:46 |
| 59 | 97 | Wallaert Marie-Christine | Oostende | 1966 | D3 | 16 | 0:40:21 | 10,41 | 5:46 |
| 60 | 233 | Creminger Inge | Oostende | 1989 | D1 | 12 | 0:40:23 | 10,40 | 5:46 |
| 61 | 264 | Vandaele Marleen | Oostende | 1968 | D2 | 19 | 0:40:27 | 10,38 | 5:47 |
| 62 | 203 | Lamont An | Bredene | 1985 | D1 | 13 | 0:40:39 | 10,33 | 5:48 |
| 63 | 271 | Jacobs Kristien | Oostende | 1962 | D3 | 17 | 0:40:56 | 10,26 | 5:51 |
| 64 | 248 | Bendels Cindy | Nieuwpoort | 1974 | D2 | 20 | 0:41:30 | 10,12 | 5:56 |
| 65 | 119 | Huwel Agnes | Oostende | 1951 | D4 | 4 | 0:41:48 | 10,05 | 5:58 |
| 66 | 86 | Provoost Greta | Oostende | 1963 | D3 | 18 | 0:42:16 | 9,94 | 6:02 |
| 67 | 202 | Coopman Inge | Bredene | 1965 | D3 | 19 | 0:42:20 | 9,92 | 6:03 |
| 68 | 18 | Berghman Myriam | Dendermonde | 1955 | D4 | 5 | 0:42:32 | 9,87 | 6:05 |
| 69 | 101 | Nolf Nele | Oudenburg | 1955 | D4 | 6 | 0:42:45 | 9,82 | 6:06 |
| 70 | 124 | Brouckmeersch Caroline | Oostende | 1970 | D2 | 21 | 0:42:56 | 9,78 | 6:08 |
| 71 | 220 | Devos Sophie | Oostende | 1977 | D1 | 14 | 0:42:58 | 9,78 | 6:08 |
| 72 | 219 | De Sy Tania | Oostende | 1970 | D2 | 22 | 0:43:00 | 9,77 | 6:09 |
| 73 | 5 | De Laere François | Oostende | 1944 | H5 | 12 | 0:44:12 | 9,50 | 6:19 |
| 74 | 83 | Westerlinck Isabel | Veldegem | 1977 | D1 | 15 | 0:44:29 | 9,44 | 6:21 |
| 75 | 125 | Capitaine Natasha | Oostende | 1977 | D1 | 16 | 0:44:31 | 9,43 | 6:22 |
| 76 | 162 | De Zutter Carine | Blankenberge | 1964 | D3 | 20 | 0:45:18 | 9,27 | 6:28 |
| 77 | 34 | Hamers Lilian | Oostende | 1946 | D4 | 7 | 0:45:23 | 9,25 | 6:29 |
| 78 | 104 | Depuydt Bernadette | Oostende | 1949 | D4 | 8 | 0:46:05 | 9,11 | 6:35 |
| 79 | 188 | Blauwet Anja | Oudenburg | 1974 | D2 | 23 | 0:47:02 | 8,93 | 6:43 |
| 80 | 30 | Meyers Maria | Hingene | 1948 | D4 | 9 | 0:47:55 | 8,77 | 6:51 |
| 81 | 249 | Vermeulen Eveline | Oostende | 1968 | D2 | 24 | 0:50:53 | 8,25 | 7:16 |
| 82 | 250 | Callens Anouk | Bredene | 1973 | D2 | 25 | 0:50:54 | 8,25 | 7:16 |
| 83 | 39 | Demuyndt Eric | Gullegem | 1935 | H5 | 13 | 0:50:57 | 8,24 | 7:17 |
| 84 | 197 | Daenens Nicolas | Oostende | 1977 | H5 | 14 | 0:51:06 | 8,22 | 7:18 |

Oostends Loopcriterium 2011

16e Noordzeeloop Oostende - 26 maart 2011

HEREN - 10,5 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|---------------|------|-----|-------|---------|-------|---------|
| 1 | 46 | Stieperaere Davy | Varsenare | 1985 | H1 | 1 | 0:35:36 | 17,70 | 3:23 |
| 2 | 225 | Verschoore Nicolas | Blankenberge | 1976 | H2 | 1 | 0:36:42 | 17,17 | 3:30 |
| 3 | 27 | Broucke Steven | Diksmuide | 1985 | H1 | 2 | 0:36:52 | 17,09 | 3:31 |
| 4 | 143 | Bossier Eddy | Oudenburg | 1964 | H3 | 1 | 0:37:00 | 17,03 | 3:31 |
| 5 | 118 | Verlet Benjamin | Oostende | 1979 | H1 | 3 | 0:38:43 | 16,27 | 3:41 |
| 6 | 65 | Hamers Peter | Oostende | 1969 | H2 | 2 | 0:39:00 | 16,15 | 3:43 |
| 7 | 26 | Devos Patrick | Oostende | 1961 | H3 | 2 | 0:39:14 | 16,06 | 3:44 |
| 8 | 266 | De Coene Wim | Zottegem | 1976 | H2 | 3 | 0:39:17 | 16,04 | 3:44 |
| 9 | 240 | De Ketelaere Luc | Gistel | 1962 | H3 | 3 | 0:39:23 | 16,00 | 3:45 |
| 10 | 171 | Lust Christoph | Oostduinkerke | 1977 | H1 | 4 | 0:39:40 | 15,88 | 3:47 |
| 11 | 216 | Desmedt Martin | Bredene | 1960 | H3 | 4 | 0:39:51 | 15,81 | 3:48 |
| 12 | 232 | Bossuyt Tijs | Hulste | 1987 | H1 | 5 | 0:40:08 | 15,70 | 3:49 |
| 13 | 156 | Vandenberghhe Dirk | Oudenburg | 1964 | H3 | 5 | 0:40:26 | 15,58 | 3:51 |
| 14 | 253 | Ameloot Frederik | Oostende | 1977 | H1 | 6 | 0:40:29 | 15,56 | 3:51 |
| 14 | 197 | Daenens Nicolas | Oostende | 1977 | H1 | 28 | 0:51:06 | 12,33 | 4:52 |
| 15 | 100 | Poppe Alain | Oostende | 1962 | H3 | 6 | 0:40:31 | 15,55 | 3:52 |
| 16 | 154 | Tackx Koen | Brussel | 1969 | H2 | 4 | 0:40:32 | 15,54 | 3:52 |
| 17 | 62 | Deramoudt Johan | Lombardsijde | 1970 | H2 | 5 | 0:40:41 | 15,49 | 3:52 |
| 18 | 19 | Beque Jozef | Dendermonde | 1954 | H4 | 1 | 0:40:45 | 15,46 | 3:53 |
| 19 | 48 | Puystjens Gino | Lombardsijde | 1962 | H3 | 7 | 0:41:01 | 15,36 | 3:54 |
| 20 | 64 | Luypaert Dirk | Oostende | 1964 | H3 | 8 | 0:41:04 | 15,34 | 3:55 |
| 21 | 237 | Vanden Berghe Patrick | Oostkamp | 1967 | H2 | 6 | 0:41:08 | 15,32 | 3:55 |
| 22 | 130 | Watthy Johan | Gistel | 1967 | H2 | 7 | 0:41:17 | 15,26 | 3:56 |
| 23 | 213 | Fiers Frederik | Zedelgem | 1973 | H2 | 8 | 0:41:27 | 15,20 | 3:57 |
| 24 | 194 | Viaene Christ | Veurne | 1968 | H2 | 9 | 0:41:39 | 15,13 | 3:58 |
| 25 | 169 | Schoolmeester Jan | Oostende | 1954 | H4 | 2 | 0:41:41 | 15,11 | 3:58 |
| 26 | 155 | Van Camp Alfons | Hamme | 1953 | H4 | 3 | 0:41:42 | 15,11 | 3:58 |
| 27 | 167 | Rubben Luc | Oostende | 1956 | H4 | 4 | 0:42:14 | 14,92 | 4:01 |
| 28 | 132 | Gjeka Nik | Oostende | 1977 | H1 | 7 | 0:42:22 | 14,87 | 4:02 |
| 29 | 90 | Deweert Marc | Oostende | 1950 | H4 | 5 | 0:42:24 | 14,86 | 4:02 |
| 30 | 200 | Jonckheere Koen | Oostende | 1975 | H2 | 10 | 0:42:26 | 14,85 | 4:02 |
| 31 | 144 | Gadeyne Kevin | Ichtegem | 1986 | H1 | 8 | 0:42:28 | 14,84 | 4:03 |
| 32 | 276 | Van Moortel Kevin | Oostende | 1978 | H1 | 9 | 0:42:49 | 14,71 | 4:05 |
| 33 | 9 | Debacker Curd | Oostende | 1972 | H2 | 11 | 0:43:01 | 14,65 | 4:06 |
| 34 | 223 | Brackman Thierry | Veurne | 1970 | H2 | 12 | 0:43:03 | 14,63 | 4:06 |
| 35 | 238 | Gysels Dirk | Oostende | 1954 | H4 | 6 | 0:43:07 | 14,61 | 4:06 |
| 36 | 191 | Vanmullem Christoph | Eernegem | 1979 | H1 | 10 | 0:43:21 | 14,53 | 4:08 |
| 37 | 224 | Coucke Nicolas | Veurne | 1996 | H1 | 11 | 0:43:22 | 14,53 | 4:08 |
| 38 | 201 | Vrancken Jean | Bredene | 1961 | H3 | 9 | 0:43:24 | 14,52 | 4:08 |
| 39 | 82 | Verhaeghe Dennis | Oostende | 1974 | H2 | 13 | 0:43:25 | 14,51 | 4:08 |
| 40 | 247 | Pacque Hans | Nieuwpoort | 1963 | H3 | 10 | 0:43:28 | 14,49 | 4:08 |
| 41 | 229 | De Groote Jurgen | Lombardsijde | 1970 | H2 | 14 | 0:43:31 | 14,48 | 4:09 |
| 42 | 50 | Knockaert Kevin | Oudenburg | 1993 | H1 | 12 | 0:43:48 | 14,38 | 4:10 |
| 43 | 211 | Liekens Peter | Middelkerke | 1967 | H2 | 15 | 0:44:00 | 14,32 | 4:11 |
| 44 | 161 | Janssen Jan | Veurne | 1970 | H2 | 16 | 0:44:07 | 14,28 | 4:12 |
| 45 | 175 | Christiaens Michel | Eernegem | 1972 | H2 | 17 | 0:44:09 | 14,27 | 4:12 |
| 46 | 256 | Tanghe Philippe | Gistel | 1967 | H2 | 18 | 0:44:17 | 14,23 | 4:13 |
| 47 | 242 | Carton Jan | Oostende | 1962 | H3 | 11 | 0:44:18 | 14,22 | 4:13 |
| 48 | 93 | Sandra Dieter | Oostende | 1981 | H1 | 13 | 0:44:24 | 14,19 | 4:14 |
| 49 | 117 | Casteleyn Amaury | Oostende | 1961 | H3 | 12 | 0:44:25 | 14,18 | 4:14 |
| 50 | 22 | Rens Jeremy | Gistel | 1995 | H1 | 14 | 0:44:26 | 14,18 | 4:14 |
| 51 | 217 | Nuytten Lode | Oostende | 1968 | H2 | 19 | 0:44:28 | 14,17 | 4:14 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|----------------|------|-----|-------|---------|-------|---------|
| 52 | 177 | Durivault Danny | Oostduinkerke | 1963 | H3 | 13 | 0:44:33 | 14,14 | 4:15 |
| 53 | 159 | Janssen Peter | Veurne | 1972 | H2 | 20 | 0:44:38 | 14,12 | 4:15 |
| 54 | 279 | Seys Luc | Nevele | 1957 | H3 | 14 | 0:44:49 | 14,06 | 4:16 |
| 55 | 66 | Jonckheere Patrick | Oostende | 1955 | H4 | 7 | 0:44:52 | 14,04 | 4:16 |
| 56 | 230 | Desanghere Wouter | Oudenburg | 1989 | H1 | 15 | 0:44:54 | 14,03 | 4:17 |
| 57 | 184 | Cocquyt Tijs | Oostende | 1978 | H1 | 16 | 0:45:07 | 13,96 | 4:18 |
| 58 | 152 | Leyzen Dennis | Wenduine | 1973 | H2 | 21 | 0:45:35 | 13,82 | 4:20 |
| 59 | 58 | Tyteca Walter | Westende | 1957 | H3 | 15 | 0:45:40 | 13,80 | 4:21 |
| 60 | 268 | Vermeersch Peter | Bredene | 1965 | H3 | 16 | 0:45:45 | 13,77 | 4:21 |
| 61 | 25 | Hauweele Erik | Lombardsijde | 1960 | H3 | 17 | 0:45:53 | 13,73 | 4:22 |
| 62 | 67 | Lefevere Willy | Oostende | 1949 | H4 | 8 | 0:45:56 | 13,72 | 4:22 |
| 63 | 36 | Pille Stefaan | Oostende | 1967 | H2 | 22 | 0:45:58 | 13,71 | 4:23 |
| 64 | 103 | Pauwels Luk | Oudenburg | 1951 | H4 | 9 | 0:46:10 | 13,65 | 4:24 |
| 65 | 92 | Beyen Benny | Oostende | 1986 | H1 | 17 | 0:46:17 | 13,61 | 4:24 |
| 66 | 139 | Sanders Koen | Jabbeke | 1962 | H3 | 18 | 0:46:19 | 13,60 | 4:25 |
| 67 | 41 | Vanhaecke Ronny | Oostende | 1967 | H2 | 23 | 0:46:22 | 13,59 | 4:25 |
| 68 | 141 | De Bruycker Wim | Westende | 1975 | H2 | 24 | 0:46:24 | 13,58 | 4:25 |
| 69 | 275 | Maertens Jos | Oostende | 1970 | H2 | 25 | 0:46:29 | 13,55 | 4:26 |
| 70 | 207 | Maes Dwight | Koekelare | 1985 | H1 | 18 | 0:46:33 | 13,53 | 4:26 |
| 71 | 71 | Bultynck Wilfried | Oostende | 1951 | H4 | 10 | 0:46:38 | 13,51 | 4:26 |
| 72 | 204 | Michiels Johan | Middelkerke | 1965 | H3 | 19 | 0:46:45 | 13,48 | 4:27 |
| 73 | 84 | Westerlinck Stefaan | Kortrijk | 1978 | H1 | 19 | 0:46:47 | 13,47 | 4:27 |
| 74 | 24 | Treve Eric | Oostende | 1954 | H4 | 11 | 0:46:49 | 13,46 | 4:28 |
| 75 | 206 | Van Belleghem Wim | Ichtegem | 1978 | H1 | 20 | 0:46:53 | 13,44 | 4:28 |
| 76 | 208 | Vanderbeke Steven | Gistel | 1983 | H1 | 21 | 0:47:17 | 13,32 | 4:30 |
| 77 | 109 | Derijnck Frank | Oostende | 1961 | H3 | 20 | 0:47:22 | 13,30 | 4:31 |
| 78 | 33 | Bruylandt Jean-Jacques | Geraardsbergen | 1956 | H4 | 12 | 0:47:28 | 13,27 | 4:31 |
| 79 | 165 | Coucke Francis | Izenberge | 1967 | H2 | 26 | 0:47:31 | 13,26 | 4:32 |
| 80 | 181 | Velle Danny | Oostende | 1971 | H2 | 27 | 0:47:41 | 13,21 | 4:32 |
| 81 | 277 | Sabbe Geert | Oostende | 1960 | H3 | 21 | 0:47:46 | 13,19 | 4:33 |
| 82 | 147 | Vantomme Axel | Gullegem | 1963 | H3 | 22 | 0:47:59 | 13,13 | 4:34 |
| 83 | 121 | Gabriels Thierry | Jabbeke | 1974 | H2 | 28 | 0:48:03 | 13,11 | 4:35 |
| 84 | 96 | Lenaers Clint | Oostende | 1970 | H2 | 29 | 0:48:11 | 13,08 | 4:35 |
| 85 | 278 | Passchyn Maarten | Oostende | 1982 | H1 | 22 | 0:48:15 | 13,06 | 4:36 |
| 86 | 252 | Vanhaecke Nick | Oostende | 1985 | H1 | 23 | 0:48:17 | 13,05 | 4:36 |
| 87 | 179 | Quaegebeur Bruno | Oostende | 1977 | H1 | 24 | 0:48:22 | 13,03 | 4:36 |
| 88 | 183 | Depoorter Wim | Handzame | 1972 | H2 | 30 | 0:48:28 | 13,00 | 4:37 |
| 89 | 108 | Pylyser Sven | Bredene | 1965 | H3 | 23 | 0:48:30 | 12,99 | 4:37 |
| 90 | 178 | Wyllie Jurgen | Oostende | 1972 | H2 | 31 | 0:48:44 | 12,93 | 4:38 |
| 91 | 205 | Vandaele Kristof | Houthulst | 1974 | H2 | 32 | 0:48:48 | 12,91 | 4:39 |
| 92 | 16 | Keukeleire Dirk | Brugge | 1961 | H3 | 24 | 0:48:51 | 12,90 | 4:39 |
| 93 | 52 | Waeyaert Pedro | Oostende | 1978 | H1 | 25 | 0:48:57 | 12,87 | 4:40 |
| 94 | 244 | Vanmassenhove Stefaan | Oostende | 1983 | H1 | 26 | 0:49:03 | 12,84 | 4:40 |
| 95 | 45 | Vijverman Franky | Heldergem | 1971 | H2 | 33 | 0:49:10 | 12,81 | 4:41 |
| 96 | 245 | Dumon Gino | Oudenburg | 1976 | H2 | 34 | 0:49:26 | 12,74 | 4:42 |
| 97 | 53 | Waeyaert Peter | Oostende | 1969 | H2 | 35 | 0:49:29 | 12,73 | 4:43 |
| 98 | 160 | Devilder Patrick | Sint-Andries | 1962 | H3 | 25 | 0:49:30 | 12,73 | 4:43 |
| 99 | 195 | Belpaeme Robert | Oostende | 1952 | H4 | 13 | 0:49:39 | 12,69 | 4:44 |
| 100 | 142 | Vandamme Jean-Marie | Gijzenzele | 1958 | H3 | 26 | 0:49:52 | 12,63 | 4:45 |
| 101 | 180 | Tyvaert Wim | Koekelare | 1965 | H3 | 27 | 0:49:59 | 12,60 | 4:46 |
| 102 | 13 | Dewulf Roland | Ruiselede | 1958 | H3 | 28 | 0:50:18 | 12,52 | 4:47 |
| 103 | 173 | Moreels Hugo | Bredene | 1955 | H4 | 14 | 0:50:19 | 12,52 | 4:48 |
| 104 | 234 | De Petter Ronny | Wenduine | 1961 | H3 | 29 | 0:50:22 | 12,51 | 4:48 |
| 105 | 210 | Vuylesteker David | Oostende | 1985 | H1 | 27 | 0:50:52 | 12,39 | 4:51 |
| 106 | 94 | Decock Ronny | Oostende | 1955 | H4 | 15 | 0:50:56 | 12,37 | 4:51 |
| 107 | 8 | Van den vrecken Alain | Oostende | 1972 | H2 | 36 | 0:51:00 | 12,35 | 4:51 |
| 108 | 14 | Germonprez Ludwig | Bredene | 1955 | H4 | 16 | 0:51:09 | 12,32 | 4:52 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|--------------|------|-----|-------|---------|-------|---------|
| 109 | 133 | Thieren Marnix | Leffinge | 1955 | H4 | 17 | 0:51:20 | 12,27 | 4:53 |
| 110 | 164 | Meheus Dimitri | Brugge | 1983 | H1 | 29 | 0:51:30 | 12,23 | 4:54 |
| 111 | 98 | Mestach Serge | Oostende | 1967 | H2 | 37 | 0:51:42 | 12,19 | 4:55 |
| 112 | 95 | Verleye Kristof | Eernegem | 1975 | H2 | 38 | 0:51:55 | 12,13 | 4:57 |
| 113 | 60 | Deramoudt Marc | Lombardsijde | 1955 | H4 | 18 | 0:51:56 | 12,13 | 4:57 |
| 114 | 73 | Declerck Franky | Oostende | 1958 | H3 | 30 | 0:52:11 | 12,07 | 4:58 |
| 115 | 259 | Milh Lorenzo | Bredene | 1972 | H2 | 39 | 0:52:37 | 11,97 | 5:01 |
| 116 | 42 | Lasat Jens | Oudenburg | 1994 | H1 | 30 | 0:52:41 | 11,96 | 5:01 |
| 117 | 185 | Vermeersch Kurt | Ingelmunster | 1972 | H2 | 40 | 0:52:45 | 11,94 | 5:01 |
| 118 | 87 | Schuyesmans Luc | Oostende | 1964 | H3 | 31 | 0:52:50 | 11,92 | 5:02 |
| 119 | 174 | Devriendt Johan | Oudenburg | 1963 | H3 | 32 | 0:52:54 | 11,91 | 5:02 |
| 120 | 120 | Vandendriessche Jacob | Oostende | 1961 | H3 | 33 | 0:52:59 | 11,89 | 5:03 |
| 121 | 222 | Brackx Joos | Oostende | 1966 | H3 | 34 | 0:53:19 | 11,82 | 5:05 |
| 122 | 150 | Lambrecht Guy | Oostende | 1970 | H2 | 41 | 0:53:20 | 11,81 | 5:05 |
| 123 | 168 | Versluys Geert | Bredene | 1973 | H2 | 42 | 0:53:26 | 11,79 | 5:05 |
| 124 | 54 | Lostrie Walter | Oostende | 1947 | H4 | 19 | 0:53:32 | 11,77 | 5:06 |
| 125 | 267 | Timperman Jean-Marie | Poperinge | 1959 | H3 | 35 | 0:53:35 | 11,76 | 5:06 |
| 126 | 263 | Vermeulen Gino | Oostende | 1964 | H3 | 36 | 0:53:48 | 11,71 | 5:07 |
| 127 | 270 | Jungbluth Rudy | Bredene | 1965 | H3 | 37 | 0:54:00 | 11,67 | 5:09 |
| 128 | 70 | Dhondt Chris | Oostende | 1965 | H3 | 38 | 0:54:02 | 11,66 | 5:09 |
| 129 | 134 | Tanghe Xavier | Gistel | 1987 | H1 | 31 | 0:54:03 | 11,66 | 5:09 |
| 130 | 261 | Vermeulen Niels | Oostende | 1995 | H1 | 32 | 0:54:18 | 11,60 | 5:10 |
| 131 | 262 | Vermeulen Lars | Oostende | 1995 | H1 | 33 | 0:54:20 | 11,60 | 5:10 |
| 132 | 260 | Muller Shawn | Oostende | 1996 | H1 | 34 | 0:54:24 | 11,58 | 5:11 |
| 133 | 151 | Dewilde Bart | Oostende | 1992 | H1 | 35 | 0:54:41 | 11,52 | 5:12 |
| 134 | 209 | Roels Frank | Westkerke | 1956 | H4 | 20 | 0:54:43 | 11,51 | 5:13 |
| 135 | 115 | Maene Jimmy | Oostende | 1978 | H1 | 36 | 0:54:45 | 11,51 | 5:13 |
| 136 | 149 | Barbaix Daryl | Oostende | 1989 | H1 | 37 | 0:54:47 | 11,50 | 5:13 |
| 137 | 189 | Guillaume Alec | Brussel | 2001 | H1 | 38 | 0:54:50 | 11,49 | 5:13 |
| 138 | 190 | Guillaume Joeri | Brussel | 1967 | H2 | 43 | 0:54:54 | 11,48 | 5:14 |
| 139 | 20 | David Danny | Koekelare | 1955 | H4 | 21 | 0:55:00 | 11,45 | 5:14 |
| 140 | 79 | Mettepenningen Lucien | Oostende | 1951 | H4 | 22 | 0:55:44 | 11,30 | 5:18 |
| 141 | 76 | Van Waeyenberge Robert | Bredene | 1949 | H4 | 23 | 0:55:51 | 11,28 | 5:19 |
| 142 | 280 | Lutters Jan | Oostende | 1964 | H3 | 39 | 0:56:08 | 11,22 | 5:21 |
| 143 | 192 | Swennen Gilbert | Oostende | 1950 | H4 | 24 | 0:56:17 | 11,19 | 5:22 |
| 144 | 166 | Vandamme Daniël | Brugge | 1954 | H4 | 25 | 0:56:32 | 11,14 | 5:23 |
| 145 | 99 | De Craemer Martin | Oostende | 1965 | H3 | 40 | 0:56:53 | 11,08 | 5:25 |
| 146 | 199 | Vanhulst Christian | Oostende | 1958 | H3 | 41 | 0:57:10 | 11,02 | 5:27 |
| 147 | 72 | Brissinck Daniël | Oostende | 1953 | H4 | 26 | 0:57:37 | 10,93 | 5:29 |
| 148 | 111 | Cattoor Franky | Bredene | 1963 | H3 | 42 | 0:57:46 | 10,91 | 5:30 |
| 149 | 37 | Logghe Eddy | Ettelgem | 1970 | H2 | 44 | 0:58:05 | 10,85 | 5:32 |
| 150 | 29 | Illegems François | Hingene | 1947 | H4 | 27 | 0:58:46 | 10,72 | 5:36 |
| 151 | 89 | t' Jaeckx Johan | Oostende | 1963 | H3 | 43 | 0:59:33 | 10,58 | 5:40 |
| 152 | 10 | Haegeman Jean | Oostende | 1947 | H4 | 28 | 1:00:34 | 10,40 | 5:46 |
| 153 | 246 | Loones Jeffry | Bredene | 1976 | H2 | 45 | 1:01:47 | 10,20 | 5:53 |
| 154 | 254 | Desmet Eric | Oostende | 1952 | H4 | 29 | 1:02:42 | 10,05 | 5:58 |
| 155 | 51 | Tytgat Benny | Oostende | 1957 | H3 | 44 | 1:03:36 | 9,91 | 6:03 |
| 156 | 12 | Van Hee Dirk | Oostende | 1948 | H4 | 30 | 1:04:48 | 9,72 | 6:10 |
| 157 | 235 | Senaeve Freddy | Bredene | 1954 | H4 | 31 | 1:05:47 | 9,58 | 6:16 |
| 158 | 158 | Deconinck Leander | Oostende | 1949 | H4 | 32 | 1:10:30 | 8,94 | 6:43 |