

22e Lentejogging Zelzate - 8 april 2011

4,2 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-------------------------|-----|-------|---------|-------|---------|
| 1 | 121 | Van Landeghem Freddy | M | 1 | 0:14:40 | 17,18 | 3:30 |
| 2 | 115 | Dessein Steven | M | 2 | 0:14:53 | 16,93 | 3:33 |
| 3 | 127 | Aers Bart | M | 3 | 0:15:26 | 16,33 | 3:40 |
| 4 | 148 | Wille Samson | M | 4 | 0:15:28 | 16,29 | 3:41 |
| 5 | 144 | Leemans Nick | M | 5 | 0:16:13 | 15,54 | 3:52 |
| 6 | 105 | Teirlynck Bart | M | 6 | 0:16:21 | 15,41 | 3:54 |
| 7 | 142 | Lippens Andy | M | 7 | 0:17:14 | 14,62 | 4:06 |
| 8 | 116 | Van Hecke Maarten | M | 8 | 0:17:19 | 14,55 | 4:07 |
| 9 | 154 | Swartelé Robin | M | 9 | 0:17:50 | 14,13 | 4:15 |
| 10 | 156 | Van De Walle Jan | M | 10 | 0:17:59 | 14,01 | 4:17 |
| 11 | 149 | De Zutter David | M | 11 | 0:18:00 | 14,00 | 4:17 |
| 12 | 122 | Noppe Lennert | M | 12 | 0:18:05 | 13,94 | 4:18 |
| 13 | 140 | Vandecasteele Anick | M | 13 | 0:18:22 | 13,72 | 4:22 |
| 14 | 138 | Hebbrecht Midas | M | 14 | 0:19:07 | 13,18 | 4:33 |
| 15 | 124 | Baert Marijn | M | 15 | 0:19:16 | 13,08 | 4:35 |
| 16 | 145 | Janssens Raf | M | 16 | 0:19:33 | 12,89 | 4:39 |
| 17 | 111 | Van Mathias | M | 17 | 0:19:46 | 12,75 | 4:42 |
| 18 | 118 | Verminck William | M | 18 | 0:19:57 | 12,63 | 4:45 |
| 19 | 132 | Van Ballenberghe Jana | V | 1 | 0:19:59 | 12,61 | 4:45 |
| 20 | 136 | Van Wim | M | 19 | 0:20:44 | 12,15 | 4:56 |
| 21 | 108 | Wondels Alexander | M | 20 | 0:20:49 | 12,11 | 4:57 |
| 22 | 137 | Ceccaroli Matteo | M | 21 | 0:20:51 | 12,09 | 4:58 |
| 23 | 107 | Wondels Prosper | M | 22 | 0:20:55 | 12,05 | 4:59 |
| 24 | 109 | De Baets Marc | M | 23 | 0:20:57 | 12,03 | 4:59 |
| 25 | 168 | De Brabander Eveline | V | 2 | 0:21:01 | 11,99 | 5:00 |
| 26 | 153 | Van Daele Ronny | M | 24 | 0:21:03 | 11,97 | 5:01 |
| 27 | 110 | Lippens Aureel | M | 25 | 0:21:05 | 11,95 | 5:01 |
| 28 | 150 | Demaret Merel | V | 3 | 0:21:07 | 11,93 | 5:02 |
| 29 | 159 | De Walsche Marianne | V | 4 | 0:21:36 | 11,67 | 5:09 |
| 30 | 112 | Van Holderbeke Jose | M | 26 | 0:22:05 | 11,41 | 5:15 |
| 31 | 165 | Van Assel Rick | M | 27 | 0:22:07 | 11,39 | 5:16 |
| 32 | 133 | De Muynck Sabine | V | 5 | 0:22:16 | 11,32 | 5:18 |
| 33 | 160 | Vereecke Lien | V | 6 | 0:22:19 | 11,29 | 5:19 |
| 34 | 101 | Van Hevele Ellen | V | 7 | 0:22:22 | 11,27 | 5:20 |
| 35 | 106 | De Bock Roland | M | 28 | 0:22:44 | 11,09 | 5:25 |
| 36 | 164 | Wauters Kathleen | V | 8 | 0:22:51 | 11,03 | 5:26 |
| 37 | 119 | Kloeck Kate | V | 9 | 0:23:23 | 10,78 | 5:34 |
| 38 | 114 | Wyckaert Carine | V | 10 | 0:23:25 | 10,76 | 5:35 |
| 39 | 113 | Rondas Luc | M | 29 | 0:23:27 | 10,75 | 5:35 |
| 40 | 104 | Van De Velde Luc | M | 30 | 0:23:29 | 10,73 | 5:35 |
| 41 | 146 | Fernandez Ellen | V | 11 | 0:23:30 | 10,72 | 5:36 |
| 42 | 120 | De Vlieghe Guido | M | 31 | 0:23:35 | 10,69 | 5:37 |
| 43 | 134 | Pauwels Lies | V | 12 | 0:23:37 | 10,67 | 5:37 |
| 44 | 130 | Geysels Gertfien | M | 32 | 0:24:09 | 10,43 | 5:45 |
| 45 | 151 | Van Renterghem Veerle | V | 13 | 0:24:13 | 10,41 | 5:46 |
| 46 | 155 | De Decker Katrien | V | 14 | 0:24:17 | 10,38 | 5:47 |
| 47 | 157 | Cleemput Carine | V | 15 | 0:24:19 | 10,36 | 5:47 |
| 48 | 117 | Kardol Nella | V | 16 | 0:24:31 | 10,28 | 5:50 |
| 49 | 166 | Van Hecke Brandon | M | 33 | 0:24:33 | 10,26 | 5:51 |
| 50 | 123 | Vermeiren Maggie | V | 17 | 0:24:38 | 10,23 | 5:52 |
| 51 | 167 | Roegiers Marcel | M | 34 | 0:24:52 | 10,13 | 5:55 |
| 52 | 143 | Vanrijckeghem Linda | V | 18 | 0:25:07 | 10,03 | 5:59 |
| 53 | 131 | Van Ballenberghe Walter | M | 35 | 0:25:31 | 9,88 | 6:05 |
| 54 | 158 | De Saedeleer Stefan | M | 36 | 0:25:45 | 9,79 | 6:08 |
| 55 | 163 | Goethals Irene | M | 37 | 0:26:03 | 9,67 | 6:12 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|---------------------|------------|--------------|-------------|------------|----------------|
| 56 | 161 | De Beir Carine | V | 19 | 0:26:16 | 9,59 | 6:15 |
| 57 | 162 | Camerlinck Ria | V | 20 | 0:26:18 | 9,58 | 6:16 |
| 58 | 100 | Verslype Francois | M | 38 | 0:26:33 | 9,49 | 6:19 |
| 59 | 152 | Herteleer Linda | V | 21 | 0:27:14 | 9,25 | 6:29 |
| 60 | 128 | Vermeulen Zuyisenge | M | 39 | 0:27:17 | 9,24 | 6:30 |
| 61 | 125 | De Loor Sofie | V | 22 | 0:27:21 | 9,21 | 6:31 |
| 62 | 141 | De Blaere Carla | V | 23 | 0:27:29 | 9,17 | 6:33 |
| 63 | 103 | Merckx Lucienne | V | 24 | 0:27:46 | 9,08 | 6:37 |
| 64 | 147 | Martin Severine | V | 25 | 0:27:49 | 9,06 | 6:37 |
| 65 | 102 | De Vylder Greta | V | 26 | 0:27:54 | 9,03 | 6:39 |
| 66 | 126 | Denoble Martine | V | 27 | 0:28:41 | 8,79 | 6:50 |
| 67 | 135 | Eeckhoudt Nathalie | V | 28 | 0:37:52 | 6,65 | 9:01 |
| 68 | 129 | Tuyteleers Sheema | V | 29 | 0:38:12 | 6,60 | 9:06 |
| 69 | 139 | Poppe Katia | V | 30 | 0:50:29 | 4,99 | 12:01 |

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8,4 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|-----|-------|---------|-------|---------|
| 1 | 252 | De Roos Wim | M | 1 | 0:30:00 | 16,80 | 3:34 |
| 2 | 234 | Van Driessche Gunther | M | 2 | 0:30:05 | 16,75 | 3:35 |
| 3 | 253 | De Meyer Thomas | M | 3 | 0:30:49 | 16,35 | 3:40 |
| 4 | 255 | Gouwy Jan | M | 4 | 0:31:29 | 16,01 | 3:45 |
| 5 | 249 | Vantygghem Vincent | M | 5 | 0:32:31 | 15,50 | 3:52 |
| 6 | 280 | Helskens Edmond | M | 6 | 0:33:06 | 15,23 | 3:56 |
| 7 | 213 | Martens Geert | M | 7 | 0:33:32 | 15,03 | 4:00 |
| 8 | 250 | Taelman William | M | 8 | 0:33:49 | 14,90 | 4:02 |
| 9 | 229 | Noppe Chris | M | 9 | 0:35:11 | 14,32 | 4:11 |
| 10 | 275 | Van Didier | M | 10 | 0:35:14 | 14,30 | 4:12 |
| 11 | 232 | Aelvoet Rudi | M | 11 | 0:36:28 | 13,82 | 4:20 |
| 12 | 216 | Lippens Arne | M | 12 | 0:37:12 | 13,55 | 4:26 |
| 13 | 239 | Bultynck Stany | M | 13 | 0:37:15 | 13,53 | 4:26 |
| 14 | 267 | Lombaert Johan | M | 14 | 0:37:20 | 13,50 | 4:27 |
| 15 | 226 | De Maet Erik | M | 15 | 0:37:23 | 13,48 | 4:27 |
| 16 | 238 | Von Pa Ruben | M | 16 | 0:37:26 | 13,46 | 4:27 |
| 17 | 279 | Roegiers Kristof | M | 17 | 0:37:41 | 13,37 | 4:29 |
| 18 | 271 | Rizzo Claudio | M | 18 | 0:37:59 | 13,27 | 4:31 |
| 19 | 245 | Mees Cindy | V | 1 | 0:38:04 | 13,24 | 4:32 |
| 20 | 248 | Mees Ivan | M | 19 | 0:38:06 | 13,23 | 4:32 |
| 21 | 264 | De Groote Gert | M | 20 | 0:38:26 | 13,11 | 4:35 |
| 22 | 201 | Goole Georges | M | 21 | 0:39:28 | 12,77 | 4:42 |
| 23 | 254 | Cocquyt Rudy | M | 22 | 0:39:31 | 12,75 | 4:42 |
| 24 | 273 | VanDaele Kristof | M | 23 | 0:40:24 | 12,48 | 4:49 |
| 25 | 262 | De R | M | 24 | 0:40:51 | 12,34 | 4:52 |
| 26 | 205 | Van Wettere Kris | M | 25 | 0:41:08 | 12,25 | 4:54 |
| 27 | 259 | Buysse Peter | M | 26 | 0:41:26 | 12,16 | 4:56 |
| 28 | 218 | De Groote Christian | M | 27 | 0:41:30 | 12,14 | 4:56 |
| 29 | 261 | Van Hijfte Tony | M | 28 | 0:41:38 | 12,11 | 4:57 |
| 30 | 260 | Ingels Ronald | M | 29 | 0:41:40 | 12,10 | 4:58 |
| 31 | 266 | Deschuymere Kristof | M | 30 | 0:41:45 | 12,07 | 4:58 |
| 32 | 209 | Ingels Norbert | M | 31 | 0:41:53 | 12,03 | 4:59 |
| 33 | 225 | Bruggeman Frank | M | 32 | 0:42:03 | 11,99 | 5:00 |
| 34 | 256 | Peisens Peter | M | 33 | 0:42:27 | 11,87 | 5:03 |
| 35 | 240 | Baetens Tine | V | 2 | 0:42:47 | 11,78 | 5:06 |
| 36 | 263 | De Kezel Martin | M | 34 | 0:43:03 | 11,71 | 5:07 |
| 37 | 230 | Vande Velde Rudy | M | 35 | 0:43:05 | 11,70 | 5:08 |
| 38 | 257 | Théry Luc | M | 36 | 0:43:15 | 11,65 | 5:09 |
| 39 | 236 | Verniers Leen | V | 3 | 0:43:18 | 11,64 | 5:09 |
| 40 | 268 | Van Hecke Hilde | V | 4 | 0:43:23 | 11,62 | 5:10 |
| 41 | 210 | Ryckaert Steve | M | 37 | 0:43:46 | 11,52 | 5:13 |
| 42 | 211 | Blanquaert James | M | 38 | 0:44:10 | 11,41 | 5:15 |
| 43 | 212 | Scheir David | M | 39 | 0:44:12 | 11,40 | 5:16 |
| 44 | 219 | Pille Lienda | V | 5 | 0:44:32 | 11,32 | 5:18 |
| 45 | 224 | Van Eesvelde Dagmar | V | 6 | 0:44:59 | 11,20 | 5:21 |
| 46 | 242 | Moeraert Ann | V | 7 | 0:45:06 | 11,18 | 5:22 |
| 47 | 265 | Audenaert Kurt | M | 40 | 0:45:20 | 11,12 | 5:24 |
| 48 | 241 | Vanbeveren Donald | M | 41 | 0:45:26 | 11,09 | 5:25 |
| 49 | 235 | Buysse An | V | 8 | 0:45:28 | 11,09 | 5:25 |
| 50 | 272 | Versele Isolde | V | 9 | 0:45:47 | 11,01 | 5:27 |
| 51 | 274 | De Bundel Geert | M | 42 | 0:46:02 | 10,95 | 5:29 |
| 52 | 231 | De Reu Tom | M | 43 | 0:46:32 | 10,83 | 5:32 |
| 53 | 246 | Van De Velde Jackie | M | 44 | 0:46:37 | 10,81 | 5:33 |
| 54 | 221 | De Munck Ellen | V | 10 | 0:46:40 | 10,80 | 5:33 |
| 55 | 206 | Van Gool Linda | V | 11 | 0:47:23 | 10,64 | 5:38 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|---------------------|------------|--------------|-------------|------------|----------------|
| 56 | 208 | Van Belle Maria | V | 12 | 0:47:35 | 10,59 | 5:40 |
| 57 | 222 | Lommelen Ann | V | 13 | 0:48:34 | 10,38 | 5:47 |
| 58 | 223 | Moorthamers Gino | M | 45 | 0:48:36 | 10,37 | 5:47 |
| 59 | 237 | Jacobs Isabelle | V | 14 | 0:48:44 | 10,34 | 5:48 |
| 60 | 258 | Verdonck Joyce | V | 15 | 0:48:58 | 10,29 | 5:50 |
| 61 | 251 | Versluys Firmin | M | 46 | 0:50:39 | 9,95 | 6:02 |
| 62 | 233 | Naenewijck Nadine | V | 16 | 0:50:57 | 9,89 | 6:04 |
| 63 | 247 | Heesakkers Pierre | M | 47 | 0:51:29 | 9,79 | 6:08 |
| 64 | 228 | Van Driessche Peter | M | 48 | 0:51:31 | 9,78 | 6:08 |
| 65 | 217 | Lippens Jurgen | M | 49 | 0:52:21 | 9,63 | 6:14 |
| 66 | 214 | Roete Maria | V | 17 | 0:52:23 | 9,62 | 6:14 |
| 67 | 202 | Van Avermaet Rita | V | 18 | 0:54:21 | 9,27 | 6:28 |
| 68 | 215 | Geelen Els | V | 19 | 0:54:23 | 9,27 | 6:28 |
| 69 | 203 | Gaelens Guy | M | 50 | 0:54:24 | 9,26 | 6:29 |
| 70 | 204 | Verstichel Brenda | V | 20 | 0:55:47 | 9,03 | 6:38 |
| 71 | 200 | Rousseaux sylvia | V | 21 | 0:55:49 | 9,03 | 6:39 |
| 72 | 227 | Rossie Freddy | M | 51 | 0:56:05 | 8,99 | 6:41 |
| 73 | 207 | Callier Hans | M | 52 | 0:57:35 | 8,75 | 6:51 |
| 74 | 244 | De Pauw Cindy | V | 22 | 0:58:32 | 8,61 | 6:58 |
| 75 | 243 | Verstraeten Inge | V | 23 | 0:58:34 | 8,61 | 6:58 |
| 76 | 220 | Van De Geer Hans | M | 53 | 1:00:27 | 8,34 | 7:12 |
| 77 | 270 | Cauwels Jessica | V | 24 | 1:03:55 | 7,89 | 7:37 |
| 78 | 269 | Schaght Kim | V | 25 | 1:04:02 | 7,87 | 7:37 |
| 79 | 278 | Regiest Sandra | V | 26 | 1:13:57 | 6,82 | 8:48 |
| 80 | 277 | Collier Sophie | V | 27 | 1:13:59 | 6,81 | 8:48 |

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12,6 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|-----|-------|---------|-------|---------|
| 1 | 300 | Van De Castelee Angelo | M | 1 | 0:40:48 | 18,53 | 3:14 |
| 2 | 312 | De Smijtere Johan | M | 2 | 0:48:45 | 15,51 | 3:52 |
| 3 | 338 | Heerwegh Johan | M | 3 | 0:49:41 | 15,22 | 3:57 |
| 4 | 310 | Van Driessche Dieter | M | 4 | 0:50:58 | 14,83 | 4:03 |
| 5 | 324 | Demaret Tony | M | 5 | 0:51:32 | 14,67 | 4:05 |
| 6 | 309 | Verminck Sander | M | 6 | 0:51:57 | 14,55 | 4:07 |
| 7 | 320 | Van Acker Dominique | M | 7 | 0:54:01 | 14,00 | 4:17 |
| 8 | 330 | Neiryndck Frank | M | 8 | 0:54:54 | 13,77 | 4:21 |
| 9 | 328 | De Groote Chris | M | 9 | 0:55:09 | 13,71 | 4:23 |
| 10 | 311 | Vandewiele Bart | M | 10 | 0:55:19 | 13,67 | 4:23 |
| 11 | 314 | De Groote Adelin | M | 11 | 0:55:46 | 13,56 | 4:26 |
| 12 | 332 | De Walsche Nico | M | 12 | 0:56:36 | 13,36 | 4:30 |
| 13 | 333 | Dellaert Koenraad | M | 13 | 0:56:38 | 13,35 | 4:30 |
| 14 | 308 | Van Driessche Jurgen | M | 14 | 0:56:41 | 13,34 | 4:30 |
| 15 | 327 | Erlor Joeri | M | 15 | 0:57:24 | 13,17 | 4:33 |
| 16 | 321 | Meyvaert Kevin | M | 16 | 0:57:30 | 13,15 | 4:34 |
| 17 | 307 | Van Beveren Hedwig | M | 17 | 0:57:46 | 13,09 | 4:35 |
| 18 | 335 | Bral Johnny | M | 18 | 0:58:31 | 12,92 | 4:39 |
| 19 | 302 | Schounalkers Hans | M | 19 | 1:01:47 | 12,24 | 4:54 |
| 20 | 322 | Keersse Christoph | M | 20 | 1:03:56 | 11,82 | 5:04 |
| 21 | 331 | Deramoude Serge | M | 21 | 1:03:59 | 11,82 | 5:05 |
| 22 | 315 | Galle Jean-Pierre | M | 22 | 1:04:21 | 11,75 | 5:06 |
| 23 | 303 | D'Hauw Jean-Pierre | M | 23 | 1:04:43 | 11,68 | 5:08 |
| 24 | 316 | Wiemeersch Bart | M | 24 | 1:04:50 | 11,66 | 5:09 |
| 25 | 329 | Lombaert Lise | V | 1 | 1:05:33 | 11,53 | 5:12 |
| 26 | 304 | Vernaeeve Willy | M | 25 | 1:06:10 | 11,43 | 5:15 |
| 27 | 318 | Decaestecker Dirk | M | 26 | 1:06:21 | 11,39 | 5:16 |
| 28 | 317 | Van Geert | M | 27 | 1:06:22 | 11,39 | 5:16 |
| 29 | 301 | Dauwels Gabriel | M | 28 | 1:06:29 | 11,37 | 5:17 |
| 30 | 326 | De Craene Cretien | M | 29 | 1:06:31 | 11,37 | 5:17 |
| 31 | 319 | Fernandez Diego | M | 30 | 1:06:45 | 11,33 | 5:18 |
| 32 | 313 | Van Zele Luc | M | 31 | 1:10:22 | 10,74 | 5:35 |
| 33 | 336 | Adriaensens Jean-Paul | M | 32 | 1:12:16 | 10,46 | 5:44 |
| 34 | 325 | Bouchier Paul | M | 33 | 1:16:08 | 9,93 | 6:03 |
| 35 | 306 | Hyde Wim | M | 34 | 1:24:57 | 8,90 | 6:45 |
| 36 | 305 | De Ruyck Griet | V | 2 | 1:24:59 | 8,90 | 6:45 |

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16,8 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|-----|-------|---------|-------|---------|
| 1 | 422 | De Brauwer Menk | M | 1 | 1:04:53 | 15,54 | 3:52 |
| 2 | 418 | Gazulla Yves | M | 2 | 1:05:50 | 15,31 | 3:55 |
| 3 | 402 | Martens Jan | M | 3 | 1:07:59 | 14,83 | 4:03 |
| 4 | 423 | Seselle Gino | M | 4 | 1:10:03 | 14,39 | 4:10 |
| 5 | 406 | De Muynck Ivan | M | 5 | 1:10:05 | 14,38 | 4:10 |
| 6 | 403 | Temmerman Patrick | M | 6 | 1:12:21 | 13,93 | 4:18 |
| 7 | 425 | De Causemaeker Frans | M | 7 | 1:12:29 | 13,91 | 4:19 |
| 8 | 413 | Debaere Danny | M | 8 | 1:12:38 | 13,88 | 4:19 |
| 9 | 415 | Van Wim | M | 9 | 1:15:02 | 13,43 | 4:28 |
| 10 | 420 | De Canck Marcel | M | 10 | 1:16:14 | 13,22 | 4:32 |
| 11 | 416 | Vandermeulen Steven | M | 11 | 1:16:47 | 13,13 | 4:34 |
| 12 | 414 | Maes Sabine | V | 1 | 1:20:44 | 12,49 | 4:48 |
| 13 | 411 | De Lannoy Wim | M | 12 | 1:21:49 | 12,32 | 4:52 |
| 14 | 417 | Rieke Tony | M | 13 | 1:21:50 | 12,32 | 4:52 |
| 15 | 419 | Taghon Kurt | M | 14 | 1:21:52 | 12,31 | 4:52 |
| 16 | 412 | Frickelo Luc | M | 15 | 1:21:54 | 12,31 | 4:53 |
| 17 | 408 | Van Speybroeck Maurice | M | 16 | 1:21:55 | 12,31 | 4:53 |
| 18 | 410 | Bundervoet Johan | M | 17 | 1:25:33 | 11,78 | 5:06 |
| 19 | 424 | De La Ruelle Lars | M | 18 | 1:29:50 | 11,22 | 5:21 |
| 20 | 405 | Schepers Joeri | M | 19 | 1:36:30 | 10,45 | 5:45 |
| 21 | 407 | Creel Ronny | M | 20 | 1:36:32 | 10,44 | 5:45 |
| 22 | 421 | Peirens Katleen | V | 2 | 1:36:36 | 10,43 | 5:45 |
| 23 | 409 | Mathys Philip | M | 21 | 1:41:41 | 9,91 | 6:03 |