

23e Hollewegjogging Lichtaart - 19 augustus 2011

5 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------|----------------|------|-----|-------|---------|-------|---------|
| 1 | 15 | Vanden Bosch Bart | Holsbeek | 1992 | M | 1 | 0:17:13 | 17,42 | 3:27 |
| 2 | 53 | Jacobs Stijn | Vorselaar | 1977 | M | 2 | 0:18:03 | 16,62 | 3:37 |
| 3 | 173 | Goossens Tony | Lichtaart | 1982 | M | 3 | 0:18:11 | 16,50 | 3:38 |
| 4 | 115 | Lievens Herman | Olen | 1957 | M | 4 | 0:18:14 | 16,45 | 3:39 |
| 5 | 142 | Sterckx Werner | Ramsel | 1971 | M | 5 | 0:18:21 | 16,35 | 3:40 |
| 6 | 105 | Peeters Anja | Lummen | 1969 | V | 1 | 0:18:39 | 16,09 | 3:44 |
| 7 | 74 | Lenders Frans | Itegem | 1964 | M | 6 | 0:19:05 | 15,72 | 3:49 |
| 8 | 159 | Spoelders Filip | Lier | 1981 | M | 7 | 0:19:22 | 15,49 | 3:52 |
| 9 | 108 | Vermeiren Koen | Vosselaar | 1967 | M | 8 | 0:19:25 | 15,45 | 3:53 |
| 10 | 84 | Jacobs Johan | Oud-Turnhout | 1961 | M | 9 | 0:19:32 | 15,36 | 3:54 |
| 11 | 162 | Haesen Jef | | 1958 | M | 10 | 0:19:59 | 15,01 | 4:00 |
| 12 | 76 | Smolders Davy | Ravels | 1974 | M | 11 | 0:20:00 | 15,00 | 4:00 |
| 13 | 79 | De Graaf Arnoud | Veldhoven (NL) | 1963 | M | 12 | 0:20:02 | 14,98 | 4:00 |
| 14 | 109 | Saenen Joeri | Zichem | 1976 | M | 13 | 0:20:05 | 14,94 | 4:01 |
| 15 | 119 | Tanghe Thomas | Kapellen | 1990 | M | 14 | 0:20:15 | 14,81 | 4:03 |
| 16 | 190 | Hoefkens Jan | Wiekevorst | 1968 | M | 15 | 0:20:18 | 14,78 | 4:04 |
| 17 | 175 | Van Soom Stijn | Lichtaart | 1984 | M | 16 | 0:20:20 | 14,75 | 4:04 |
| 18 | 104 | Luyten Jens | Turnhout | 1993 | M | 17 | 0:20:27 | 14,67 | 4:05 |
| 19 | 198 | Belmans Koen | Geel | 1970 | M | 18 | 0:20:34 | 14,59 | 4:07 |
| 20 | 21 | Geudens Vincent | Lichtaart | 1996 | M | 19 | 0:20:57 | 14,32 | 4:11 |
| 21 | 174 | Torremans Jos | Vosselaar | 1955 | M | 20 | 0:21:35 | 13,90 | 4:19 |
| 22 | 65 | Aerts Nik | Lichtaart | 1977 | M | 21 | 0:21:42 | 13,82 | 4:20 |
| 23 | 157 | Van Tillo Niels | Lille | 2001 | M | 22 | 0:21:55 | 13,69 | 4:23 |
| 24 | 86 | Noyens Daan | Lichtaart | 1997 | M | 23 | 0:22:03 | 13,61 | 4:25 |
| 25 | 106 | Van De Gaer Jan | Tielt-Winge | 1951 | M | 24 | 0:22:28 | 13,35 | 4:30 |
| 26 | 192 | Goris Marc | Vosselaar | 1964 | M | 25 | 0:22:34 | 13,29 | 4:31 |
| 27 | 182 | Luyten Juri | Lichtaart | 1971 | M | 26 | 0:22:41 | 13,23 | 4:32 |
| 28 | 29 | Smolders Swa | Olen | 1948 | M | 27 | 0:22:45 | 13,19 | 4:33 |
| 29 | 58 | Van Doninck Luc | Kasterlee | 1969 | M | 28 | 0:22:48 | 13,16 | 4:34 |
| 30 | 80 | Loux Luc | Merksem | 1963 | M | 29 | 0:22:56 | 13,08 | 4:35 |
| 31 | 180 | Hus Bart | Mol | 1993 | M | 30 | 0:23:00 | 13,04 | 4:36 |
| 32 | 203 | Van Peer Bart | Lichtaart | 1986 | M | 31 | 0:23:02 | 13,02 | 4:36 |
| 33 | 202 | Mens Frederik | Geel | 1978 | M | 32 | 0:23:03 | 13,02 | 4:37 |
| 34 | 138 | Leysen Jimmy | Tielen | 1980 | M | 33 | 0:23:09 | 12,96 | 4:38 |
| 35 | 205 | Schuermans Alana | Lichtaart | 1997 | V | 2 | 0:23:16 | 12,89 | 4:39 |
| 36 | 66 | Boonen Leon | Lichtaart | 1962 | M | 34 | 0:23:20 | 12,86 | 4:40 |
| 37 | 57 | Van Doninck Eva | Kasterlee | 1997 | V | 3 | 0:23:21 | 12,85 | 4:40 |
| 38 | 199 | Peeters Bert | Olen | 1982 | M | 35 | 0:23:29 | 12,78 | 4:42 |
| 39 | 131 | Steegeen Kim | Retie | 1982 | V | 4 | 0:23:30 | 12,77 | 4:42 |
| 40 | 193 | Vangeel Nathalie | Vosselaar | 1980 | V | 5 | 0:23:45 | 12,63 | 4:45 |
| 41 | 82 | Janssen Shara | Oud-Turnhout | 1992 | V | 6 | 0:23:50 | 12,59 | 4:46 |
| 42 | 12 | Schouters Robert | Bekkevoort | 1950 | M | 36 | 0:23:52 | 12,57 | 4:46 |
| 43 | 81 | Thijs Veronique | Lichtaart | 1976 | V | 7 | 0:23:55 | 12,54 | 4:47 |
| 44 | 137 | Geudens Thomas | Westerlo | 1989 | M | 37 | 0:23:57 | 12,53 | 4:47 |
| 45 | 145 | Verboven Daniella | Lichtaart | 1960 | V | 8 | 0:23:59 | 12,51 | 4:48 |
| 46 | 6 | Beutels Eddy | Lichtaart | 1947 | M | 38 | 0:24:07 | 12,44 | 4:49 |
| 47 | 59 | Cuypers Francois | Testelt | 1950 | M | 39 | 0:24:14 | 12,38 | 4:51 |
| 48 | 18 | Vermaelen Johan | Holsbeek | 1976 | M | 40 | 0:24:19 | 12,34 | 4:52 |
| 49 | 114 | Vetters Diana | Hulshout | 1952 | V | 9 | 0:24:24 | 12,30 | 4:53 |
| 50 | 143 | Van der Veken Nick | Ten-Aard | 1984 | M | 41 | 0:24:25 | 12,29 | 4:53 |
| 51 | 163 | Van der Veken Tom | Geel | 1982 | M | 42 | 0:24:27 | 12,27 | 4:53 |
| 52 | 168 | Potemans Roger | Gelrode | 1955 | M | 43 | 0:24:29 | 12,25 | 4:54 |
| 53 | 122 | Lauwers Kimberly | Zonhoven | 1995 | V | 10 | 0:24:31 | 12,24 | 4:54 |
| 54 | 156 | Van de Velde Roger | Testelt | 1953 | M | 44 | 0:24:44 | 12,13 | 4:57 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-------------------------|-----------------|------|-----|-------|---------|-------|---------|
| 55 | 179 | Keusters Sam | Geel | 1982 | M | 45 | 0:24:51 | 12,07 | 4:58 |
| 56 | 72 | Campforts Evelien | Kasterlee | 1994 | V | 11 | 0:24:52 | 12,06 | 4:58 |
| 57 | 83 | Van Dooren Christine | Oud-Turnhout | 1969 | V | 12 | 0:24:55 | 12,04 | 4:59 |
| 58 | 152 | Goossens Koen | Geel | 1969 | V | 13 | 0:24:57 | 12,02 | 4:59 |
| 59 | 3 | Beliën Jozef | Lichtaart | 1947 | M | 46 | 0:24:58 | 12,02 | 5:00 |
| 60 | 100 | Peeters Philippe | Lichtaart | 1996 | M | 47 | 0:25:01 | 11,99 | 5:00 |
| 61 | 149 | Sterckx Dirk | Laakdal | 1964 | M | 48 | 0:25:04 | 11,97 | 5:01 |
| 62 | 139 | Ven Patrick | Dennenstraat | 1969 | M | 49 | 0:25:05 | 11,96 | 5:01 |
| 63 | 164 | Bekkers Guy | Herenthout | 1958 | M | 50 | 0:25:06 | 11,95 | 5:01 |
| 64 | 140 | Peeters Paul | Geel | 1969 | M | 51 | 0:25:09 | 11,93 | 5:02 |
| 65 | 14 | Van Roelen Gaston | Rillaar | 1949 | M | 52 | 0:25:19 | 11,85 | 5:04 |
| 66 | 118 | Wynants An | Rijkevorsel | 1981 | V | 14 | 0:25:21 | 11,83 | 5:04 |
| 67 | 123 | Vandoninck Luc | Vorselaar | 1956 | M | 53 | 0:25:30 | 11,76 | 5:06 |
| 68 | 194 | Moorkens Joris | Gierle | 1962 | M | 54 | 0:25:35 | 11,73 | 5:07 |
| 69 | 160 | Van de Velde Nico | Wiekevorst | 1972 | M | 55 | 0:25:36 | 11,72 | 5:07 |
| 70 | 101 | Warnants Wouters | Kasterlee | 2001 | M | 56 | 0:25:37 | 11,71 | 5:07 |
| 71 | 107 | Janssens Henri | Lubbeek | 1933 | M | 57 | 0:25:40 | 11,69 | 5:08 |
| 72 | 204 | Schoolmeesters Robrecht | Tielen | 1982 | M | 58 | 0:25:56 | 11,57 | 5:11 |
| 73 | 127 | Laenen Sonja | Lichtaart | 1965 | V | 15 | 0:25:57 | 11,56 | 5:11 |
| 74 | 126 | Geens Ivo | Gansakker | 1961 | M | 59 | 0:25:59 | 11,55 | 5:12 |
| 75 | 56 | De Backer Jos | Veerle | 1950 | M | 60 | 0:26:08 | 11,48 | 5:14 |
| 76 | 2 | Adriaensen Carolien | Retie | 1983 | V | 16 | 0:26:09 | 11,47 | 5:14 |
| 77 | 51 | Verborgt Bieke | Lichtaart | 1982 | V | 17 | 0:26:10 | 11,46 | 5:14 |
| 78 | 7 | Borgwald Ludwig | Heusden Zolder | 1957 | M | 61 | 0:26:24 | 11,36 | 5:17 |
| 79 | 136 | Van Der Kuylen Peter | Gierle | 1975 | M | 62 | 0:26:26 | 11,35 | 5:17 |
| 80 | 191 | Clymans Mia | Vosselaar | 1966 | V | 18 | 0:26:45 | 11,21 | 5:21 |
| 81 | 110 | Van Laerhoven Renée | Geel | 2002 | V | 19 | 0:26:47 | 11,20 | 5:21 |
| 82 | 200 | Peeters Sara | Lichtaart | 1983 | V | 20 | 0:26:52 | 11,17 | 5:22 |
| 83 | 78 | Den Hond Sonja | Westerlo | 1969 | V | 21 | 0:27:06 | 11,07 | 5:25 |
| 84 | 103 | Snijers Linda | Turnhout | 1963 | V | 22 | 0:27:08 | 11,06 | 5:26 |
| 85 | 201 | Roefs Renild | Beerse | 1961 | V | 23 | 0:27:10 | 11,04 | 5:26 |
| 86 | 55 | Cools Roy | Geel | 2003 | M | 63 | 0:27:12 | 11,03 | 5:26 |
| 87 | 19 | Vermaelen Wendy | Kortrijk-Dutsel | 1978 | V | 24 | 0:27:16 | 11,00 | 5:27 |
| 88 | 134 | Lasters Annick | Lichtaart | 1958 | V | 25 | 0:27:19 | 10,98 | 5:28 |
| 89 | 48 | Leys Danny | Tielen | 1966 | V | 26 | 0:27:23 | 10,96 | 5:29 |
| 90 | 70 | Verelst Liesbeth | Westerlo | 1976 | V | 27 | 0:27:24 | 10,95 | 5:29 |
| 91 | 148 | Marien Jef | Dessel | 1959 | M | 64 | 0:27:26 | 10,94 | 5:29 |
| 92 | 169 | Lauwers Harold | Retie | 1973 | M | 65 | 0:27:29 | 10,92 | 5:30 |
| 93 | 133 | Mermans Rit | Vosselaar | 1968 | V | 28 | 0:27:30 | 10,91 | 5:30 |
| 94 | 64 | Schorrewegen Elisabeth | Hallaar | 1955 | V | 29 | 0:27:33 | 10,89 | 5:31 |
| 95 | 63 | Hendrickx Arlette | Hallaar | 1955 | V | 30 | 0:27:38 | 10,86 | 5:32 |
| 96 | 189 | Ceunen Patrick | Herentals | 1963 | M | 66 | 0:27:39 | 10,85 | 5:32 |
| 97 | 141 | Mesens Jessie | Lichtaart | 1951 | V | 31 | 0:27:41 | 10,84 | 5:32 |
| 98 | 4 | Debeer Theo | Rijkevorsel | 1946 | M | 67 | 0:27:42 | 10,83 | 5:32 |
| 99 | 24 | Heylen Jos | Oevel | 1945 | M | 68 | 0:27:44 | 10,82 | 5:33 |
| 100 | 22 | Gielis Ellen | Westerlo | 1980 | V | 32 | 0:27:51 | 10,77 | 5:34 |
| 101 | 89 | Sauvillers Corneel | Arendonk | 1999 | M | 69 | 0:27:52 | 10,77 | 5:34 |
| 102 | 176 | Wens Gui | Tielen | 1966 | M | 70 | 0:27:56 | 10,74 | 5:35 |
| 103 | 161 | Cornelis Bart | Wiekevorst | 1971 | M | 71 | 0:27:57 | 10,73 | 5:35 |
| 104 | 90 | Sauvillers Werner | Arendonk | 1971 | M | 72 | 0:27:59 | 10,72 | 5:36 |
| 105 | 92 | Gorrens Bas | Arendonk | 1996 | M | 73 | 0:28:03 | 10,70 | 5:37 |
| 106 | 93 | Gorrens Eddy | Arendonk | 1963 | M | 74 | 0:28:06 | 10,68 | 5:37 |
| 107 | 91 | Sauvillers Hendrik | Arendonk | 1996 | M | 75 | 0:28:41 | 10,46 | 5:44 |
| 108 | 111 | De Wachter Carine | Keerbergen | 1961 | V | 33 | 0:28:53 | 10,39 | 5:47 |
| 109 | 77 | Vervoort Katrien | Tielen | 1977 | V | 34 | 0:28:55 | 10,37 | 5:47 |
| 110 | 39 | Selleslagh Brent | Gierle | 2001 | V | 35 | 0:28:59 | 10,35 | 5:48 |
| 111 | 10 | Lebrun Marianne | Bekkevoort | 1959 | V | 36 | 0:29:00 | 10,34 | 5:48 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|----------------------|-------------|------|-----|-------|---------|-------|---------|
| 112 | 178 | Ghandi | Hemiksem | 2007 | M | 76 | 0:29:01 | 10,34 | 5:48 |
| 113 | 197 | Verlinden Michele | Geel | 1969 | V | 37 | 0:29:03 | 10,33 | 5:49 |
| 114 | 38 | Hoskens Lien | Tielen | 1982 | V | 38 | 0:29:05 | 10,32 | 5:49 |
| 115 | 132 | Borgmans Vera | Vosselaar | 1968 | V | 39 | 0:29:07 | 10,30 | 5:49 |
| 116 | 36 | Van Ballaer Bieke | | 1978 | V | 40 | 0:29:09 | 10,29 | 5:50 |
| 117 | 16 | Verhaegen Carla | Betekom | 1965 | V | 41 | 0:29:10 | 10,29 | 5:50 |
| 118 | 27 | Mertens Bieke | Olen | 1986 | V | 42 | 0:29:20 | 10,23 | 5:52 |
| 119 | 28 | Van Looy Daisy | Olen | 1984 | V | 43 | 0:29:22 | 10,22 | 5:52 |
| 120 | 46 | Van Mierlo Marie | Tielen | 1976 | V | 44 | 0:29:27 | 10,19 | 5:53 |
| 121 | 96 | Van Camp Karel | Rijkevorsel | 1947 | M | 77 | 0:29:29 | 10,18 | 5:54 |
| 122 | 117 | Hanna Sven | Lille | 1975 | M | 78 | 0:29:47 | 10,07 | 5:57 |
| 123 | 172 | Van Labeke Joseph | Mol | 1955 | M | 79 | 0:29:52 | 10,04 | 5:58 |
| 124 | 171 | Jacobs Theo | Retie | 1962 | M | 80 | 0:29:53 | 10,04 | 5:59 |
| 125 | 153 | Verlinden Agnes | oostmalle | 1954 | V | 45 | 0:29:56 | 10,02 | 5:59 |
| 126 | 17 | Vermaelen Fabiola | Langdorp | 1966 | V | 46 | 0:30:02 | 9,99 | 6:00 |
| 127 | 129 | De Visscher Els | Vosselaar | 1964 | V | 47 | 0:30:04 | 9,98 | 6:01 |
| 128 | 45 | Van Den Bempt Veerle | Vorselaar | 1979 | V | 48 | 0:30:06 | 9,97 | 6:01 |
| 129 | 44 | Van Gorp Nicky | Vorselaar | 1982 | V | 49 | 0:30:07 | 9,96 | 6:01 |
| 130 | 184 | Seykens Charlotte | Geel | 1992 | V | 50 | 0:30:18 | 9,90 | 6:04 |
| 131 | 183 | Blockx Wim | Kasterlee | 1992 | M | 81 | 0:30:19 | 9,90 | 6:04 |
| 132 | 112 | Roziers Carl | Olen | 1961 | M | 82 | 0:30:20 | 9,89 | 6:04 |
| 133 | 196 | Van de Water Lieve | Lichtaart | 1968 | V | 51 | 0:30:26 | 9,86 | 6:05 |
| 134 | 62 | Broeckx Paul | Tielen | 1939 | M | 83 | 0:30:27 | 9,85 | 6:05 |
| 135 | 60 | Broeckx Marleen | Tielen | 1964 | V | 52 | 0:30:28 | 9,85 | 6:06 |
| 136 | 61 | Broeckx Sabine | Tielen | 1970 | V | 53 | 0:30:32 | 9,83 | 6:06 |
| 137 | 32 | Van Ballaer Ann | | 1969 | V | 54 | 0:30:38 | 9,79 | 6:08 |
| 138 | 87 | Van Peel Myriam | Lichtaart | 1964 | V | 55 | 0:30:40 | 9,78 | 6:08 |
| 139 | 158 | Borghs Martine | Lichtaart | 1967 | V | 56 | 0:30:41 | 9,78 | 6:08 |
| 140 | 116 | Ceulemans Tilly | Lichtaart | 1965 | V | 57 | 0:30:42 | 9,77 | 6:08 |
| 141 | 94 | Bellens Sonja | Lichtaart | 1961 | V | 58 | 0:30:48 | 9,74 | 6:10 |
| 142 | 97 | Rogghe Hugo | Mol | 1943 | M | 84 | 0:30:58 | 9,69 | 6:12 |
| 143 | 23 | Janssens Lisette | Oevel | 1948 | V | 59 | 0:31:00 | 9,68 | 6:12 |
| 144 | 120 | Vaesens Linda | Zonhoven | 1967 | V | 60 | 0:31:02 | 9,67 | 6:12 |
| 145 | 185 | De sutter Dirk | Herentals | 1954 | M | 85 | 0:31:19 | 9,58 | 6:16 |
| 146 | 170 | De Witte Annemie | Retie | 1964 | V | 61 | 0:31:20 | 9,57 | 6:16 |
| 147 | 30 | Puts Bea | Tielen | 1961 | V | 62 | 0:31:23 | 9,56 | 6:17 |
| 148 | 144 | Goossens | Frans | 1952 | M | 86 | 0:31:29 | 9,53 | 6:18 |
| 149 | 187 | Boonen Paul | Kasterlee | 1964 | M | 87 | 0:31:46 | 9,44 | 6:21 |
| 150 | 34 | Donkers Ilse | Tielen | 1971 | V | 63 | 0:32:00 | 9,38 | 6:24 |
| 151 | 35 | Van Der Vliet | | 1976 | V | 64 | 0:32:01 | 9,37 | 6:24 |
| 152 | 128 | Hermans An | Vosselaar | 1976 | V | 65 | 0:32:02 | 9,37 | 6:24 |
| 153 | 150 | Lambrechts Christa | Koersel | 1965 | V | 66 | 0:32:06 | 9,35 | 6:25 |
| 154 | 25 | Vangeel Linda | kasterlee | 1966 | V | 67 | 0:32:06 | 9,35 | 6:25 |
| 155 | 95 | Heylen Louis | Herenthout | 1937 | M | 88 | 0:32:08 | 9,34 | 6:26 |
| 156 | 52 | Van Loock Chris | Vorselaar | 1953 | V | 68 | 0:32:20 | 9,28 | 6:28 |
| 157 | 9 | Jennis Suzy | Herenthout | 1954 | V | 69 | 0:32:22 | 9,27 | 6:28 |
| 158 | 75 | Jacobs Nancy | Lille | 1966 | V | 70 | 0:32:53 | 9,12 | 6:35 |
| 159 | 135 | De Clercq Anouk | Vosselaar | 1980 | V | 71 | 0:32:59 | 9,10 | 6:36 |
| 160 | 49 | Welvis Rita | Schoten | 1956 | V | 72 | 0:33:06 | 9,06 | 6:37 |
| 161 | 50 | T'Syen Nancy | Lichtaart | 1971 | V | 73 | 0:33:07 | 9,06 | 6:37 |
| 162 | 98 | Hooyberghs Senne | Lichtaart | 2002 | M | 89 | 0:33:09 | 9,05 | 6:38 |
| 163 | 188 | Janssens Annelies | Kasterlee | 1986 | V | 74 | 0:33:11 | 9,04 | 6:38 |
| 164 | 186 | Henmans Ann | Kasterlee | 1986 | V | 75 | 0:33:13 | 9,03 | 6:39 |
| 165 | 20 | Adriaensen Hilde | Lichtaart | 1966 | V | 76 | 0:33:14 | 9,03 | 6:39 |
| 166 | 67 | Driesen Liesbeth | Kasterlee | 1976 | V | 77 | 0:33:24 | 8,98 | 6:41 |
| 167 | 26 | Leys Hanne | Kasterlee | 1978 | V | 78 | 0:33:25 | 8,98 | 6:41 |
| 168 | 71 | Vrins Caroline | Lichtaart | 1976 | V | 79 | 0:33:26 | 8,97 | 6:41 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------|----------------|------|-----|-------|---------|------|---------|
| 169 | 155 | Verbraeken Patricia | Ramsel | 1964 | V | 80 | 0:33:29 | 8,96 | 6:42 |
| 170 | 130 | Van Peer Francine | Vosselaar | 1964 | V | 81 | 0:33:38 | 8,92 | 6:44 |
| 171 | 147 | Vandeweyer Eddy | Olmén | 1956 | M | 90 | 0:33:40 | 8,91 | 6:44 |
| 172 | 146 | Roels Jan | Olmén | 1958 | M | 91 | 0:33:44 | 8,89 | 6:45 |
| 173 | 195 | Verbist Ann | Herentals | 1974 | V | 82 | 0:33:50 | 8,87 | 6:46 |
| 174 | 73 | Peeters Liesbeth | Tielen | 1978 | V | 83 | 0:33:57 | 8,84 | 6:47 |
| 175 | 88 | Noyens Evelien | Lichtaart | 1991 | V | 84 | 0:34:01 | 8,82 | 6:48 |
| 176 | 167 | Claes Ingrid | Arendonk | 1961 | V | 85 | 0:34:04 | 8,81 | 6:49 |
| 177 | 166 | Roefs Monique | Arendonk | 1967 | V | 86 | 0:34:07 | 8,79 | 6:49 |
| 178 | 121 | Lauwers Florian | Zonhoven | 2001 | M | 92 | 0:34:18 | 8,75 | 6:52 |
| 179 | 42 | Megens Ann | Gierle | 1980 | V | 87 | 0:34:19 | 8,74 | 6:52 |
| 180 | 102 | Vandenreyt Ingrid | Kasterlee | 1966 | V | 88 | 0:34:35 | 8,67 | 6:55 |
| 181 | 33 | Scharlaeken Wendy | Tielen | 1969 | V | 89 | 0:34:40 | 8,65 | 6:56 |
| 182 | 177 | Van den Putte Nicole | Gierle | 1955 | V | 90 | 0:34:49 | 8,62 | 6:58 |
| 183 | 31 | Wens Sonja | Gierle | 1964 | V | 91 | 0:34:50 | 8,61 | 6:58 |
| 184 | 5 | Peeters Nicole | Rijkevorsel | 1948 | V | 92 | 0:35:00 | 8,57 | 7:00 |
| 185 | 41 | Puts Stephanie | Lichtaart | 1986 | V | 93 | 0:35:10 | 8,53 | 7:02 |
| 186 | 99 | Biesmans Lisette | Ham | 1946 | V | 94 | 0:35:19 | 8,49 | 7:04 |
| 187 | 68 | Van Looy Marjan | Retie | 1974 | V | 95 | 0:36:00 | 8,33 | 7:12 |
| 188 | 69 | Van de Vel Mon | Retie | 1974 | M | 93 | 0:36:04 | 8,32 | 7:13 |
| 189 | 43 | Van Cleuvenbergen Evy | Tielen | 1980 | V | 96 | 0:36:05 | 8,31 | 7:13 |
| 190 | 40 | Janssens Kristine | Tielen | 1975 | V | 97 | 0:36:07 | 8,31 | 7:13 |
| 191 | 154 | Van Doninck Sandra | Lichtaart | 1981 | V | 98 | 0:36:08 | 8,30 | 7:14 |
| 192 | 37 | In 't Ven Mies | | 1981 | V | 99 | 0:36:10 | 8,29 | 7:14 |
| 193 | 151 | Michiels | Lichtaart | | V | 100 | 0:36:15 | 8,28 | 7:15 |
| 194 | 113 | Vercalsteren Monique | Scherpenheuvel | 1959 | V | 101 | 0:36:42 | 8,17 | 7:20 |
| 195 | 206 | Baaten Nel | Pulle | 1955 | V | 102 | 0:37:13 | 8,06 | 7:27 |
| 196 | 8 | Deboel Herman | Laakdal | 1955 | M | 94 | 0:38:09 | 7,86 | 7:38 |
| 197 | 11 | Motte Michel | Olen | 1945 | M | 95 | 0:39:38 | 7,57 | 7:56 |

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| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|---------------------|-------------|------|-----|-------|---------|-------|---------|
| 1 | 301 | Stemans Gino | Retie | 1977 | M | 1 | 0:33:15 | 18,05 | 3:20 |
| 2 | 330 | Bruylandts Dave | Poederlee | 1976 | M | 2 | 0:35:07 | 17,09 | 3:31 |
| 3 | 395 | Baelus Nick | Lille | 1973 | M | 3 | 0:35:08 | 17,08 | 3:31 |
| 4 | 351 | Ceusters Gerry | Veerle | 1972 | M | 4 | 0:36:57 | 16,24 | 3:42 |
| 5 | 307 | Huybrechts Bart | Brasschaat | 1989 | M | 5 | 0:37:31 | 15,99 | 3:45 |
| 6 | 348 | Geens Kenny | Berlaar | 1983 | M | 6 | 0:37:47 | 15,88 | 3:47 |
| 7 | 364 | Lauwers Luc | Lille | 1967 | M | 7 | 0:38:02 | 15,78 | 3:48 |
| 8 | 331 | Wynants Ruud | Lille | 1979 | M | 8 | 0:38:31 | 15,58 | 3:51 |
| 9 | 457 | De Bie Erwin | Geel | 1974 | M | 9 | 0:38:51 | 15,44 | 3:53 |
| 10 | 380 | Van der Volde John | | 1969 | M | 10 | 0:38:52 | 15,44 | 3:53 |
| 11 | 361 | Verbist Roel | Kessel | 1976 | M | 11 | 0:39:06 | 15,35 | 3:55 |
| 12 | 358 | Claessens Laurent | Vosselaar | 1971 | M | 12 | 0:39:33 | 15,17 | 3:57 |
| 13 | 356 | Corthout Ronny | Lummen | 1967 | M | 13 | 0:39:54 | 15,04 | 3:59 |
| 14 | 363 | Lemmens Tonny | | 1972 | M | 14 | 0:40:08 | 14,95 | 4:01 |
| 15 | 426 | Claes Jef | Westerlo | 1956 | M | 15 | 0:40:21 | 14,87 | 4:02 |
| 16 | 429 | Steenackers Gert | Lichtaart | 1987 | M | 16 | 0:41:04 | 14,61 | 4:06 |
| 17 | 354 | Van De Water Nico | Turnhout | 1970 | M | 17 | 0:41:12 | 14,56 | 4:07 |
| 18 | 430 | Cloots Michaël | Tongerlo | 1989 | M | 18 | 0:41:54 | 14,32 | 4:11 |
| 19 | 335 | Boonen Matthias | Kasterlee | 1993 | M | 19 | 0:41:55 | 14,31 | 4:12 |
| 20 | 332 | Wyns Jos | Hallaar | 1952 | M | 20 | 0:41:57 | 14,30 | 4:12 |
| 21 | 416 | Verellen Wim | Lichtaart | 1962 | M | 21 | 0:41:59 | 14,29 | 4:12 |
| 22 | 397 | Van den Bergh Mario | Geel | 1970 | M | 22 | 0:42:01 | 14,28 | 4:12 |
| 23 | 445 | Luyten Kim | | 1993 | M | 23 | 0:42:35 | 14,09 | 4:16 |
| 24 | 386 | Van Laer Luc | | 1957 | M | 24 | 0:42:42 | 14,05 | 4:16 |
| 25 | 424 | Vanderstappen Tom | | 1971 | M | 25 | 0:42:44 | 14,04 | 4:16 |
| 26 | 398 | Gerlack Ivan | Herenthout | 1974 | M | 26 | 0:42:50 | 14,01 | 4:17 |
| 27 | 444 | Van Gestel Maria | Olen | 1961 | V | 1 | 0:43:06 | 13,92 | 4:19 |
| 28 | 302 | De Bruyn Marino | Wommelgem | 1969 | M | 27 | 0:43:09 | 13,90 | 4:19 |
| 29 | 396 | Geudens Bernard | Westerlo | 1992 | M | 28 | 0:43:24 | 13,82 | 4:20 |
| 30 | 368 | Wouters Bart | Herentals | 1970 | M | 29 | 0:43:34 | 13,77 | 4:21 |
| 31 | 328 | Vandebriel Dave | Herentals | 1976 | M | 30 | 0:43:57 | 13,65 | 4:24 |
| 32 | 450 | Bellens Bart | Turnhout | 1982 | M | 31 | 0:44:02 | 13,63 | 4:24 |
| 33 | 394 | Claes Stef | Wezemaal | 1959 | M | 32 | 0:44:09 | 13,59 | 4:25 |
| 34 | 413 | Geudens Johnny | Lille | 1966 | M | 33 | 0:44:11 | 13,58 | 4:25 |
| 35 | 455 | Van de Perre Ine | Vosselaar | 1982 | V | 2 | 0:44:18 | 13,54 | 4:26 |
| 36 | 440 | Reynders Rudy | Laakdal | 1962 | M | 34 | 0:44:24 | 13,51 | 4:26 |
| 37 | 373 | Nuyts Lucien | Lille | 1956 | M | 35 | 0:44:27 | 13,50 | 4:27 |
| 38 | 460 | Jacobs Paul | Lichtaart | 1962 | M | 36 | 0:44:29 | 13,49 | 4:27 |
| 39 | 303 | Coenen Paula | laakdal | 1957 | V | 3 | 0:44:37 | 13,45 | 4:28 |
| 40 | 382 | De Busser Sven | | 1981 | M | 37 | 0:44:39 | 13,44 | 4:28 |
| 41 | 421 | Stijnen François | Herentals | 1957 | M | 38 | 0:44:47 | 13,40 | 4:29 |
| 42 | 428 | Peeters Marc | Lichtaart | 1965 | M | 39 | 0:45:03 | 13,32 | 4:30 |
| 43 | 387 | Van De Pol Eddy | Grobbendonk | 1958 | M | 40 | 0:45:27 | 13,20 | 4:33 |
| 44 | 422 | Nys Johan | Vosselaar | 1968 | M | 41 | 0:45:35 | 13,16 | 4:34 |
| 45 | 355 | Corthout Steffie | Lummen | 1993 | V | 4 | 0:45:38 | 13,15 | 4:34 |
| 46 | 325 | Vermetten Bart | Lichtaart | 1975 | M | 42 | 0:45:40 | 13,14 | 4:34 |
| 47 | 452 | Vervoort Kris | Herentals | 1962 | M | 43 | 0:45:42 | 13,13 | 4:34 |
| 48 | 308 | Kusseneers Luc | Rumst | 1957 | M | 44 | 0:45:47 | 13,11 | 4:35 |
| 49 | 329 | De Keyzer René | Aarschot | 1945 | M | 45 | 0:46:07 | 13,01 | 4:37 |
| 50 | 369 | Gielis Branco | Kasterlee | 1994 | M | 46 | 0:46:09 | 13,00 | 4:37 |
| 51 | 340 | Verbijlen Gust | Mol | 1950 | M | 47 | 0:46:19 | 12,95 | 4:38 |
| 52 | 433 | De Vries Rita | Schriek | 1957 | V | 5 | 0:46:26 | 12,92 | 4:39 |
| 53 | 376 | Verbeeck Sven | Tremelo | 1977 | M | 48 | 0:46:31 | 12,90 | 4:39 |
| 54 | 341 | Verwimp Ivo | Mol | 1953 | M | 49 | 0:46:41 | 12,85 | 4:40 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|----------------------|------------------|------|-----|-------|---------|-------|---------|
| 55 | 306 | Vermaelen Willy | Kortrijk-Dutssel | 1952 | M | 50 | 0:47:04 | 12,75 | 4:42 |
| 56 | 451 | Hus Eric | Mol | 1965 | M | 51 | 0:47:10 | 12,72 | 4:43 |
| 57 | 409 | Claes Rudy | Booischoot | 1956 | M | 52 | 0:47:12 | 12,71 | 4:43 |
| 58 | 349 | Van Eysendeyk Pieter | Tielen | 1972 | M | 53 | 0:47:20 | 12,68 | 4:44 |
| 59 | 362 | Van Dijck Olivier | Herentals | 1972 | M | 54 | 0:47:24 | 12,66 | 4:44 |
| 60 | 418 | Willems Marc | Tielen | 1965 | M | 55 | 0:47:26 | 12,65 | 4:45 |
| 61 | 439 | Haest Eric | Kasterlee | 1955 | M | 56 | 0:47:29 | 12,64 | 4:45 |
| 62 | 442 | Macken David | Booischoot | 1975 | M | 57 | 0:47:38 | 12,60 | 4:46 |
| 63 | 417 | Mertens Leo | | 1952 | M | 58 | 0:47:45 | 12,57 | 4:46 |
| 64 | 434 | Mertens Jan | Deurne | 1958 | M | 59 | 0:48:13 | 12,44 | 4:49 |
| 65 | 425 | Alaerts Jenny | Aarschoot | 1964 | V | 6 | 0:48:21 | 12,41 | 4:50 |
| 66 | 346 | Van De Sande Tom | Beerse | 1976 | M | 60 | 0:48:22 | 12,41 | 4:50 |
| 67 | 334 | Van Aelten Jo | Tielen | 1971 | M | 61 | 0:48:41 | 12,32 | 4:52 |
| 68 | 365 | Verheyen Christophe | Geel | 1971 | M | 62 | 0:48:42 | 12,32 | 4:52 |
| 69 | 360 | Leysen Eddy | Lichtaart | 1973 | M | 63 | 0:48:56 | 12,26 | 4:54 |
| 70 | 367 | Vanhove Bert | Keerbergen | 1963 | M | 64 | 0:49:03 | 12,23 | 4:54 |
| 71 | 446 | Van Hooren Eric | Turnhout | 1958 | M | 65 | 0:49:23 | 12,15 | 4:56 |
| 72 | 461 | De Locht Frank | Beerse | 1966 | M | 66 | 0:49:24 | 12,15 | 4:56 |
| 73 | 408 | Onsea Kom | Turnhout | 1975 | M | 67 | 0:49:41 | 12,08 | 4:58 |
| 74 | 370 | Van Pelt Joren | | 1994 | M | 68 | 0:49:42 | 12,07 | 4:58 |
| 75 | 447 | Mertens Wannas | Lichtaart | 1986 | M | 69 | 0:49:51 | 12,04 | 4:59 |
| 76 | 337 | Van Boven Kris | Kasterlee | 1979 | M | 70 | 0:50:06 | 11,98 | 5:01 |
| 77 | 333 | Vercammen Brent | Lichtaart | 1997 | M | 71 | 0:50:26 | 11,90 | 5:03 |
| 78 | 372 | Beyens Frans | Turnhout | 1957 | M | 72 | 0:50:30 | 11,88 | 5:03 |
| 79 | 305 | Smeets Ingrid | Diest | 1977 | V | 7 | 0:50:34 | 11,87 | 5:03 |
| 80 | 423 | Hendrickx Luc | Oostmalle | 1953 | M | 73 | 0:50:36 | 11,86 | 5:04 |
| 81 | 381 | Maes Kathleen | Kasterlee | 1985 | V | 8 | 0:50:41 | 11,84 | 5:04 |
| 82 | 383 | Aerts Bram | Retie | 1987 | M | 74 | 0:50:42 | 11,83 | 5:04 |
| 83 | 401 | Maes Suzan | Tielen | 1976 | V | 9 | 0:50:55 | 11,78 | 5:06 |
| 84 | 405 | Van De Water Chris | Herentals | 1944 | V | 10 | 0:51:32 | 11,64 | 5:09 |
| 85 | 432 | Stessens Leo | Peer | 1957 | M | 75 | 0:51:45 | 11,59 | 5:11 |
| 86 | 435 | Van Wetter Frank | Deurne | | M | 76 | 0:52:13 | 11,49 | 5:13 |
| 87 | 324 | Plessers Vic | Merkplas | 1962 | M | 77 | 0:52:39 | 11,40 | 5:16 |
| 88 | 314 | Geudens Gust | Oud-Turnhout | 1960 | M | 78 | 0:52:42 | 11,39 | 5:16 |
| 89 | 389 | Eyckmans Eric | Laakdal | 1964 | M | 79 | 0:52:44 | 11,38 | 5:16 |
| 90 | 357 | Mols Luc | Beerse | 1955 | M | 80 | 0:52:48 | 11,36 | 5:17 |
| 91 | 414 | Peeters Roger | Mol | 1960 | M | 81 | 0:52:51 | 11,35 | 5:17 |
| 92 | 384 | Bastiaensen Karel | Lichtaart | 1954 | M | 82 | 0:52:53 | 11,35 | 5:17 |
| 93 | 323 | Verlinden Andre | Vorselaar | 1953 | M | 83 | 0:52:54 | 11,34 | 5:17 |
| 94 | 359 | Havermans Rik | Arendonk | 1943 | M | 84 | 0:53:01 | 11,32 | 5:18 |
| 95 | 366 | Veraghtert Thomas | Lichtaart | 1981 | M | 85 | 0:53:20 | 11,25 | 5:20 |
| 96 | 378 | Van Tendeloo Marc | Vorselaar | 1957 | M | 86 | 0:53:23 | 11,24 | 5:20 |
| 97 | 404 | Voeten Maria | Merksplas | 1954 | V | 11 | 0:53:25 | 11,23 | 5:20 |
| 98 | 459 | Aerts Bob | Beerse | 1967 | M | 87 | 0:53:39 | 11,18 | 5:22 |
| 99 | 379 | Van Robays Marleen | Vorselaar | 1962 | V | 12 | 0:53:42 | 11,17 | 5:22 |
| 100 | 403 | Vissers Rita | Lichtaart | 1963 | V | 13 | 0:53:43 | 11,17 | 5:22 |
| 101 | 402 | Vandesande Johan | Geel | 1967 | M | 88 | 0:53:44 | 11,17 | 5:22 |
| 102 | 350 | Belmans François | Mol | 1948 | M | 89 | 0:53:57 | 11,12 | 5:24 |
| 103 | 458 | Verwaest Griet | Kasterlee | 1965 | V | 14 | 0:54:19 | 11,05 | 5:26 |
| 104 | 449 | Roose Jan | Lichtaart | 1954 | M | 90 | 0:54:22 | 11,04 | 5:26 |
| 105 | 347 | Aerts Jurgen | Lille | 1972 | M | 91 | 0:54:24 | 11,03 | 5:26 |
| 106 | 454 | Smets Sven | | 1975 | M | 92 | 0:54:25 | 11,03 | 5:27 |
| 107 | 448 | Baetens Jan | | 1951 | M | 93 | 0:54:26 | 11,02 | 5:27 |
| 108 | 371 | Tuerlinckx Jean-Luc | Scherpenheuvel | 1959 | M | 94 | 0:54:27 | 11,02 | 5:27 |
| 109 | 391 | Holemans Paul | Wezemaal | 1946 | M | 95 | 0:54:29 | 11,01 | 5:27 |
| 110 | 392 | Willems Jos | Aarschoot | 1952 | M | 96 | 0:54:33 | 11,00 | 5:27 |
| 111 | 456 | Vermetten Marcel | Kasterlee | 1943 | M | 97 | 0:54:41 | 10,97 | 5:28 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|----------------------|----------------|------|-----|-------|---------|-------|---------|
| 112 | 342 | In't Ven Mies | Lichtaart | 1980 | V | 15 | 0:54:43 | 10,97 | 5:28 |
| 113 | 443 | Miechielsen Louisa | Vosselaar | 1956 | V | 16 | 0:54:47 | 10,95 | 5:29 |
| 114 | 410 | Borgers Ingrid | Kasterlee | 1962 | V | 17 | 0:54:49 | 10,95 | 5:29 |
| 115 | 352 | Van Der Veken Gert | Geel | 1969 | M | 98 | 0:55:29 | 10,81 | 5:33 |
| 116 | 411 | Van De Weyer Jos | Olmen | 1952 | M | 99 | 0:55:32 | 10,80 | 5:33 |
| 117 | 339 | Ranoudt Heidi | Ichtegem | 1979 | V | 18 | 0:55:40 | 10,78 | 5:34 |
| 118 | 343 | Laenen Karine | Lichtaart | 1974 | V | 19 | 0:55:44 | 10,77 | 5:34 |
| 119 | 406 | Tuerlinckx Jean-Luc | | 1955 | V | 20 | 0:55:45 | 10,76 | 5:35 |
| 120 | 420 | Cabuy Paula | Geel | 1962 | V | 21 | 0:55:53 | 10,74 | 5:35 |
| 121 | 419 | Stroobants Herman | Leuven | 1964 | M | 100 | 0:55:55 | 10,73 | 5:35 |
| 122 | 453 | Thijs Agnes | Tielen | 1961 | V | 22 | 0:56:00 | 10,71 | 5:36 |
| 123 | 344 | Vandevenne Luc | Lichtaart | 1967 | M | 101 | 0:56:05 | 10,70 | 5:36 |
| 124 | 412 | Dillen Staf | Olmen | 1954 | M | 102 | 0:56:08 | 10,69 | 5:37 |
| 125 | 438 | Van Geel Hugo | Olmen | 1959 | M | 103 | 0:56:19 | 10,65 | 5:38 |
| 126 | 437 | Boonen Carine | Lichtaart | 1967 | V | 23 | 0:56:27 | 10,63 | 5:39 |
| 127 | 304 | Haine Marie-Jose | heusden Zolder | 1968 | V | 24 | 0:56:46 | 10,57 | 5:41 |
| 128 | 316 | Sysmans Jan | Oud-Turnhout | 1957 | M | 104 | 0:56:55 | 10,54 | 5:41 |
| 129 | 321 | Jacobs Nele | Herentals | 1982 | V | 25 | 0:57:03 | 10,52 | 5:42 |
| 130 | 312 | Theys Marc | Oud-Turnhout | 1959 | M | 105 | 0:57:13 | 10,49 | 5:43 |
| 131 | 345 | Van Orshaegen Nicole | Olen | 1959 | V | 26 | 0:57:47 | 10,38 | 5:47 |
| 132 | 463 | Hoefkens Karel | Pulle | 1956 | M | 106 | 0:59:32 | 10,08 | 5:57 |
| 133 | 377 | Lauwers Ivo | Zonhoven | 1962 | M | 107 | 0:59:48 | 10,03 | 5:59 |
| 134 | 415 | Blockx Willy | Retie | 1955 | M | 108 | 1:01:11 | 9,81 | 6:07 |
| 135 | 338 | Janssens Karolien | Lichtaart | 1977 | V | 27 | 1:01:17 | 9,79 | 6:08 |
| 136 | 327 | Valgaeren Emiel | Herentals | 1938 | M | 109 | 1:02:39 | 9,58 | 6:16 |
| 137 | 320 | Berrrens Vera | Oud-Turnhout | 1963 | V | 28 | 1:02:40 | 9,57 | 6:16 |
| 138 | 407 | Dresselaerts Danny | Oud-Turnhout | 1961 | M | 110 | 1:02:41 | 9,57 | 6:16 |
| 139 | 436 | Roefs Ludo | Herentals | 1958 | M | 111 | 1:02:43 | 9,57 | 6:16 |
| 140 | 353 | Van Loock Marc | Lille | 1965 | M | 112 | 1:03:55 | 9,39 | 6:23 |
| 141 | 319 | Van Noppen Pia | Oud-Turnhout | 1968 | V | 29 | 1:06:30 | 9,02 | 6:39 |
| 142 | 462 | Van Loo Marleen | Turnhout | 1962 | V | 30 | 1:06:31 | 9,02 | 6:39 |
| 143 | 326 | Weckx Peter | Lommel | 1965 | M | 113 | 1:06:35 | 9,01 | 6:39 |
| 144 | 311 | Taeymans Annemie | ravels | 1969 | V | 31 | 1:06:46 | 8,99 | 6:41 |
| 145 | 400 | Ceulemans Kris | Lichtaart | 1959 | V | 32 | 1:08:00 | 8,82 | 6:48 |
| 146 | 399 | Caers André | Lichtaart | 1962 | M | 114 | 1:08:03 | 8,82 | 6:48 |
| 147 | 388 | Bertels An | Retie | 1956 | V | 33 | 1:08:15 | 8,79 | 6:49 |
| 148 | 385 | Van Doninck Marc | Lichtaart | | M | 115 | 1:08:24 | 8,77 | 6:50 |
| 149 | 315 | Bormans May | Oud-Turnhout | 1959 | V | 34 | 1:08:25 | 8,77 | 6:50 |
| 150 | 317 | Bastiaensen Christel | Oud-Turnhout | 1966 | V | 35 | 1:08:25 | 8,77 | 6:50 |
| 151 | 390 | Balemans Annie | Tielen | 1965 | V | 36 | 1:08:26 | 8,77 | 6:51 |
| 152 | 393 | Van Ballaert Eddy | Tielen | 1965 | M | 116 | 1:08:27 | 8,77 | 6:51 |
| 153 | 313 | Caers Rita | Oud-Turnhout | 1963 | V | 37 | 1:09:22 | 8,65 | 6:56 |
| 154 | 310 | Coenen Chris | Oud-Turnhout | 1960 | V | 38 | 1:10:05 | 8,56 | 7:01 |
| 155 | 318 | Broeckx Linda | Oud-Turnhout | 1960 | V | 39 | 1:10:13 | 8,54 | 7:01 |
| 156 | 431 | Hallaert Karine | Tielen | 1959 | V | 40 | 1:14:11 | 8,09 | 7:25 |
| 157 | 441 | Loosen Lieve | Retie | 1965 | V | 41 | 1:14:13 | 8,08 | 7:25 |

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| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|----------------------|----------------|------|-----|-------|---------|-------|---------|
| 1 | 626 | Bierinckx Vincent | Herenthout | 1990 | M | 1 | 0:49:49 | 18,07 | 3:19 |
| 2 | 632 | Pauwels Roel | Kasterlee | 1977 | M | 2 | 0:51:15 | 17,56 | 3:25 |
| 3 | 621 | Embrechts Paul | Tielen | 1976 | M | 3 | 0:52:58 | 16,99 | 3:32 |
| 4 | 606 | Wouters Chris | Diest | 1971 | M | 4 | 0:53:45 | 16,74 | 3:35 |
| 5 | 652 | Luyten Kristof | Herselt | 1986 | M | 5 | 0:54:10 | 16,62 | 3:37 |
| 6 | 639 | Peeters Jo | Mol | 1969 | M | 6 | 0:55:24 | 16,25 | 3:42 |
| 7 | 85 | Daems Jan | Lichtaart | 1970 | M | 7 | 0:55:49 | 16,12 | 3:43 |
| 8 | 640 | Goormans Corneel | Heist-o/d Berg | 1971 | M | 8 | 0:56:22 | 15,97 | 3:45 |
| 9 | 648 | Coenen Dirk | Herselt | 1979 | M | 9 | 0:57:01 | 15,78 | 3:48 |
| 10 | 650 | Geudens Nick | Kasterlee | 1979 | M | 10 | 0:57:10 | 15,74 | 3:49 |
| 11 | 675 | Veremans Tim | Lichtaart | 1980 | M | 11 | 0:57:17 | 15,71 | 3:49 |
| 12 | 661 | Adams Kris | Hemiksem | 1970 | M | 12 | 0:59:06 | 15,23 | 3:56 |
| 13 | 657 | Gebruers Daniël | Oud-Turnhout | 1977 | M | 13 | 1:00:02 | 14,99 | 4:00 |
| 14 | 643 | Tanghe Guido | Kapellen | 1961 | M | 14 | 1:01:23 | 14,66 | 4:06 |
| 15 | 605 | Vanden Bosch Rudy | Holsbeek | 1963 | M | 15 | 1:02:06 | 14,49 | 4:08 |
| 16 | 656 | Van Genechten Benny | Balen | 1975 | M | 16 | 1:02:31 | 14,40 | 4:10 |
| 17 | 655 | De Ron Gunther | Meerhout | 1969 | M | 17 | 1:02:32 | 14,39 | 4:10 |
| 18 | 629 | Nevelsteen Staf | Booischoot | 1955 | M | 18 | 1:02:38 | 14,37 | 4:11 |
| 19 | 670 | Aerts Kim | Veerle | 1972 | M | 19 | 1:02:44 | 14,35 | 4:11 |
| 20 | 627 | Sneyers Tom | | 1966 | M | 20 | 1:02:52 | 14,32 | 4:11 |
| 21 | 669 | Matthijs Dirk | Herentals | 1958 | M | 21 | 1:03:30 | 14,17 | 4:14 |
| 22 | 671 | Van Doninck Ivo | Laakdal | 1978 | M | 22 | 1:03:34 | 14,16 | 4:14 |
| 23 | 644 | Nuyts Tom | Poederlee | 1982 | M | 23 | 1:03:48 | 14,11 | 4:15 |
| 24 | 628 | Van den Acker Paul | Heist-o/d Berg | 1961 | M | 24 | 1:03:59 | 14,07 | 4:16 |
| 25 | 620 | Campforts Joris | Ichtegem | 1972 | M | 25 | 1:04:08 | 14,03 | 4:17 |
| 26 | 625 | Peeters Guy | Lichtaart | 1972 | M | 26 | 1:04:09 | 14,03 | 4:17 |
| 27 | 665 | Hermans Dirk | Vosselaar | 1956 | M | 27 | 1:04:11 | 14,02 | 4:17 |
| 28 | 658 | Wellens Marc | Baal | 1967 | M | 28 | 1:04:42 | 13,91 | 4:19 |
| 29 | 673 | Blockx Jan | Kasterlee | 1964 | M | 29 | 1:06:29 | 13,54 | 4:26 |
| 30 | 647 | Van Rooy Jef | Vorselaar | 1956 | M | 30 | 1:06:58 | 13,44 | 4:28 |
| 31 | 678 | Huysmans Erik | Lichtaart | 1960 | M | 31 | 1:07:07 | 13,41 | 4:28 |
| 32 | 604 | Roels Gerrit | Laakdal | 1970 | M | 32 | 1:07:12 | 13,39 | 4:29 |
| 33 | 666 | Van Ballaer Ivo | Lichtaart | 1963 | M | 33 | 1:07:33 | 13,32 | 4:30 |
| 34 | 602 | Coenen Danny | Beveren Waas | 1964 | M | 34 | 1:08:14 | 13,19 | 4:33 |
| 35 | 636 | Bijns Tom | Geel | 1976 | M | 35 | 1:08:19 | 13,17 | 4:33 |
| 36 | 623 | Noyens Joris | Lichtaart | 1966 | M | 36 | 1:08:41 | 13,10 | 4:35 |
| 37 | 677 | Vervoort Wim | Westerlo | 1969 | M | 37 | 1:09:26 | 12,96 | 4:38 |
| 38 | 638 | Van Laarhoven Benny | Geel | 1976 | M | 38 | 1:09:43 | 12,91 | 4:39 |
| 39 | 676 | Huysmans Geert | Kasterlee | 1964 | M | 39 | 1:09:51 | 12,88 | 4:39 |
| 40 | 608 | Ottevaere Hilde | Vosselaar | 1975 | V | 1 | 1:10:39 | 12,74 | 4:43 |
| 41 | 624 | Sneyders Eddy | Vosselaar | 1957 | M | 40 | 1:10:41 | 12,73 | 4:43 |
| 42 | 630 | Bertels Ria | Lichtaart | 1963 | V | 2 | 1:10:44 | 12,72 | 4:43 |
| 43 | 667 | Peeters Louis | Beerse | 1965 | M | 41 | 1:12:02 | 12,49 | 4:48 |
| 44 | 641 | Haekens Jean-Marie | Bilzen | 1966 | M | 42 | 1:13:00 | 12,33 | 4:52 |
| 45 | 672 | Vancampenhout Guy | Vorselaar | 1965 | M | 43 | 1:13:02 | 12,32 | 4:52 |
| 46 | 618 | Berrens Steff | Tielen | 1981 | M | 44 | 1:13:03 | 12,32 | 4:52 |
| 47 | 653 | Boonen Jan | Kasterlee | 1961 | M | 45 | 1:13:47 | 12,20 | 4:55 |
| 48 | 633 | Verhelst Patrick | Weerde | 1963 | M | 46 | 1:13:50 | 12,19 | 4:55 |
| 49 | 607 | Geudens Paul | Lichtaart | 1966 | M | 47 | 1:13:52 | 12,18 | 4:55 |
| 50 | 646 | Van Steenberghe Paul | Beerse | 1963 | M | 48 | 1:14:08 | 12,14 | 4:57 |
| 51 | 609 | Leysen Robin | Herentals | 1982 | M | 49 | 1:14:53 | 12,02 | 5:00 |
| 52 | 654 | Reynders Danny | Koersel | 1964 | M | 50 | 1:15:08 | 11,98 | 5:01 |
| 53 | 619 | Aerts Gunther | Tielen | 1972 | M | 51 | 1:15:42 | 11,89 | 5:03 |
| 54 | 642 | Michiels Lucien | Lommel | 1967 | M | 52 | 1:15:47 | 11,88 | 5:03 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|----------------------|-------------------|------------|------------|--------------|-------------|------------|----------------|
| 55 | 631 | Loodts Els | Tielen | 1970 | V | 3 | 1:15:53 | 11,86 | 5:04 |
| 56 | 649 | Meeuwsen Roger | Beerse | 1961 | M | 53 | 1:17:04 | 11,68 | 5:08 |
| 57 | 622 | Fontenelle Jean | Turnhout | 1965 | M | 54 | 1:17:07 | 11,67 | 5:08 |
| 58 | 645 | Timmermans May | Turnhout | 1957 | V | 4 | 1:17:08 | 11,67 | 5:09 |
| 59 | 635 | De Sobrie Herman | Vorselaar | 1952 | M | 55 | 1:17:48 | 11,57 | 5:11 |
| 60 | 674 | Berckvens Jos | Beerse | 1958 | M | 56 | 1:17:50 | 11,56 | 5:11 |
| 61 | 637 | Gulickx Jan | Herentals | 1971 | M | 57 | 1:19:00 | 11,39 | 5:16 |
| 62 | 662 | Van Den Heuvel Jef | Reet | 1953 | M | 58 | 1:19:55 | 11,26 | 5:20 |
| 63 | 651 | Van Oosterwijck Dirk | Wommelgem | 1970 | M | 59 | 1:21:17 | 11,07 | 5:25 |
| 64 | 634 | Van Loock Monik | Vorselaar | 1961 | V | 5 | 1:21:44 | 11,01 | 5:27 |
| 65 | 603 | Delaleeuw Wouter | Beerse | 1973 | M | 60 | 1:23:59 | 10,72 | 5:36 |
| 66 | 659 | Van Campfort Ellen | Arendonk | 1988 | V | 6 | 1:31:05 | 9,88 | 6:04 |
| 67 | 660 | Struyfs Tinnie | Arendonk | 1982 | V | 7 | 1:31:06 | 9,88 | 6:04 |
| 68 | 668 | Vermeiren Klaar | Poederlee | 1979 | V | 8 | 1:31:33 | 9,83 | 6:06 |
| 69 | 611 | Vermeersch Tamara | Poederlee | 1975 | V | 9 | 1:31:38 | 9,82 | 6:07 |