

31e Dender- en Scheldejogging Grembergen - 21 juli 2011

4 KM

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|---------------------------|--------------------|------|-------|---------|-------|---------|
| 1 | 147 | CLAUS PIETER | EA | MJUN | 1 | 0:12:54 | 18,60 | 3:14 |
| 2 | 141 | DE BACKER FREDERIK | VACBL | M+35 | 1 | 0:13:27 | 17,84 | 3:22 |
| 3 | 107 | DE MAN DAVY | ZELE | MSEN | 1 | 0:13:48 | 17,39 | 3:27 |
| 4 | 148 | ROOSENBOOM BRYAN | HAMM | MJUN | 2 | 0:14:57 | 16,05 | 3:44 |
| 5 | 113 | BORMS PIETER | | MJUN | 3 | 0:15:06 | 15,89 | 3:47 |
| 6 | 155 | VAN BOURGOGNE ANTHONY | Daneclub | MJUN | 4 | 0:15:09 | 15,84 | 3:47 |
| 7 | 132 | THIERENS SANDER | HAMM | MJUN | 5 | 0:15:12 | 15,79 | 3:48 |
| 8 | 162 | ASSELMAN JENS | ACP | MJUN | 6 | 0:15:30 | 15,48 | 3:53 |
| 9 | 120 | MEULEBROEK KRISTOF | ACDL | MJUN | 7 | 0:15:32 | 15,45 | 3:53 |
| 10 | 137 | DE LATHAUWER LAURENS | VS | MJUN | 8 | 0:15:40 | 15,32 | 3:55 |
| 11 | 153 | VAN OPSTAL GUY | Pegasus | M+45 | 1 | 0:15:43 | 15,27 | 3:56 |
| 12 | 116 | KINDERMANS HANS | LONDERZEEL | M+40 | 1 | 0:16:15 | 14,77 | 4:04 |
| 13 | 130 | AMIJS TOM | JC OETINGEN | M+40 | 2 | 0:16:25 | 14,62 | 4:06 |
| 14 | 122 | LAUWERS JULIEN | RAM | M+60 | 1 | 0:16:38 | 14,43 | 4:10 |
| 15 | 104 | MAGDY HEGAZY TAMER | EA | MJUN | 9 | 0:16:42 | 14,37 | 4:11 |
| 16 | 150 | VAN OPSTAL ELINE | Pegasus | VJUN | 1 | 0:17:18 | 13,87 | 4:19 |
| 17 | 152 | DE BACKER ROGER | | M+55 | 1 | 0:17:20 | 13,85 | 4:20 |
| 18 | 149 | ROOSENBOOM ERWIN | HAMM | M+40 | 3 | 0:17:22 | 13,82 | 4:21 |
| 19 | 134 | DE GEEST RONI | | M+60 | 2 | 0:17:45 | 13,52 | 4:26 |
| 20 | 156 | MARTYN LUCAS | Daneclub | MJUN | 10 | 0:18:01 | 13,32 | 4:30 |
| 21 | 121 | VAN HOOREBEECK BERNADETTE | RAM | V+55 | 1 | 0:18:37 | 12,89 | 4:39 |
| 22 | 199 | VERSTICHEL FREDDY | VOLH | M+60 | 3 | 0:18:40 | 12,86 | 4:40 |
| 23 | 103 | WILMOT KYRA | EA | VJUN | 2 | 0:18:41 | 12,85 | 4:40 |
| 24 | 136 | DE RIDDER LINDA | Olympia Londerzeel | V+45 | 1 | 0:18:44 | 12,81 | 4:41 |
| 25 | 124 | ROTTIERS JORIS | Olympia Londerzeel | MSEN | 2 | 0:18:47 | 12,78 | 4:42 |
| 26 | 115 | VANDEWEYER LAURAN | ACDL | VJUN | 3 | 0:18:49 | 12,75 | 4:42 |
| 27 | 114 | VANDEWEYER DANNY | | M+40 | 4 | 0:18:50 | 12,74 | 4:43 |
| 28 | 131 | VAN CAUTEREN CONNY | | V+50 | 1 | 0:19:07 | 12,55 | 4:47 |
| 29 | 129 | DIERICK PAUL | | MSEN | 3 | 0:19:09 | 12,53 | 4:47 |
| 30 | 157 | VAN BOURGOGNE DANIEL | DANECLUB | M+40 | 5 | 0:19:16 | 12,46 | 4:49 |
| 31 | 105 | VAN LIMBERGEN TIFFANY | EA | VJUN | 4 | 0:19:37 | 12,23 | 4:54 |
| 32 | 110 | VAN HAVER LEANDER | | M+60 | 4 | 0:20:12 | 11,88 | 5:03 |
| 33 | 135 | TAELEMANS JOHN | Olympia Londerzeel | M+45 | 2 | 0:20:23 | 11,77 | 5:06 |
| 34 | 117 | VANDERMEEREN LEEN | VS | V+45 | 2 | 0:20:29 | 11,72 | 5:07 |
| 35 | 118 | DE RIJCKE HILDE | VS | V+50 | 2 | 0:20:29 | 11,72 | 5:07 |
| 36 | 123 | HERMANS ZENO | ARS | MJUN | 11 | 0:20:47 | 11,55 | 5:12 |
| 37 | 133 | DE PAUW GISKE | | VJUN | 5 | 0:20:53 | 11,49 | 5:13 |
| 38 | 111 | JACOBS GASTON | Pegasus | M+60 | 5 | 0:20:53 | 11,49 | 5:13 |
| 39 | 128 | SOLLIE TESSA | Pegasus | VJUN | 6 | 0:20:56 | 11,46 | 5:14 |
| 40 | 145 | DE WACHTER HANNELORE | Pegasus | VJUN | 7 | 0:20:59 | 11,44 | 5:15 |
| 41 | 119 | DE CORTE HELGA | VS | V+50 | 3 | 0:21:29 | 11,17 | 5:22 |
| 42 | 127 | HAESEBEYT JORDY | | MJUN | 11 | 0:21:33 | 11,14 | 5:23 |
| 43 | 159 | LOUW HILDE | Leeuwerik | V+45 | 3 | 0:22:03 | 10,88 | 5:31 |
| 44 | 151 | DEGREEF LIESBETH | ACDL | VSEN | 1 | 0:22:13 | 10,80 | 5:33 |
| 45 | 102 | COLMAN GEORGES | | M+75 | 1 | 0:22:14 | 10,79 | 5:34 |
| 46 | 125 | HUYSSSE LIEVE | | VSEN | 2 | 0:22:21 | 10,74 | 5:35 |
| 47 | 144 | VAN DEN EEDE MARTINE | Pegasus | V+50 | 4 | 0:22:28 | 10,68 | 5:37 |
| 48 | 143 | SCHATTEMAN KRIS | | M+40 | 6 | 0:22:54 | 10,48 | 5:43 |
| 49 | 126 | OLIVIER ARIANNE | | V+45 | 4 | 0:22:58 | 10,45 | 5:45 |
| 50 | 160 | VERMEIREN ANN | ACDL | V+40 | 1 | 0:23:20 | 10,29 | 5:50 |
| 51 | 142 | GOOSSENS PETER | | M+40 | 7 | 0:23:25 | 10,25 | 5:51 |
| 52 | 158 | MENS ILS | FURALOPERS | VSEN | 3 | 0:23:42 | 10,13 | 5:55 |
| 53 | 100 | VAN DEN BERGE LEON | Boerkens Lede | M+65 | 1 | 0:23:48 | 10,08 | 5:57 |
| 54 | 139 | HEUNINCK ALANA | | VJUN | 8 | 0:23:56 | 10,03 | 5:59 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|---------------------|-------------|------------|--------------|-------------|------------|----------------|
| 55 | 138 | SMEDT MARINA | | V+45 | 5 | 0:24:12 | 9,92 | 6:03 |
| 56 | 154 | SARENS JOS | ACDL | M+50 | 1 | 0:24:13 | 9,91 | 6:03 |
| 57 | 161 | JASSOGNE LEO | ACDL | M+50 | 2 | 0:24:14 | 9,90 | 6:03 |
| 58 | 112 | VANDERSTRAETEN PIET | OPW | M+65 | 2 | 0:24:15 | 9,90 | 6:04 |
| 59 | 140 | BAEKE ERNA | | V+50 | 5 | 0:24:16 | 9,89 | 6:04 |
| 60 | 146 | DE COCK GRETA | ACDL | V+45 | 6 | 0:24:50 | 9,66 | 6:12 |
| 61 | 109 | HUYSSSE KATRIEN | | VSEN | 4 | 0:26:10 | 9,17 | 6:32 |
| 62 | 108 | SLABBYNCK RITA | VITA | V+50 | 6 | 0:26:13 | 9,15 | 6:33 |
| 63 | 106 | DE GEEST DANIEL | LOND | M+65 | 3 | 0:26:34 | 9,03 | 6:38 |

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8 KM

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|----------------------|------------------------|------|-------|---------|-------|---------|
| 1 | 255 | BORMS MARK | WIBO | M+45 | 1 | 0:26:21 | 18,22 | 3:18 |
| 2 | 211 | BORMS PAUL | | M+45 | 2 | 0:27:10 | 17,67 | 3:24 |
| 3 | 241 | WAGEMANS YOERIK | HAMM | MSEN | 1 | 0:28:04 | 17,10 | 3:31 |
| 4 | 236 | BRAEM GLEN | LEBB | MSEN | 2 | 0:28:16 | 16,98 | 3:32 |
| 5 | 217 | HAESEBEYT BART | | M+35 | 1 | 0:28:58 | 16,57 | 3:37 |
| 6 | 215 | VAN DE VOORDE BERT | | MSEN | 3 | 0:29:02 | 16,53 | 3:38 |
| 7 | 282 | DE ROO LIEVEN | Pegasus | MSEN | 4 | 0:29:55 | 16,04 | 3:44 |
| 8 | 247 | DUQUET JORIS | | MSEN | 5 | 0:30:17 | 15,85 | 3:47 |
| 9 | 279 | VERSELE STEVEN | | M+35 | 2 | 0:30:37 | 15,68 | 3:50 |
| 10 | 249 | VERLEE DIDIER | RT Sinaai | MSEN | 6 | 0:30:58 | 15,50 | 3:52 |
| 11 | 242 | THIERENS ERIK | HAMM | M+45 | 3 | 0:31:09 | 15,41 | 3:54 |
| 12 | 230 | TAMINO DIMITRI | | MSEN | 7 | 0:31:14 | 15,37 | 3:54 |
| 13 | 240 | RUYSSVELDT CHRIS | | M+45 | 4 | 0:31:19 | 15,33 | 3:55 |
| 14 | 226 | SHELKENS CHRIS | ACDL | M+50 | 1 | 0:31:36 | 15,19 | 3:57 |
| 15 | 266 | VAN NUFFEL ERWIN | ACDL | M+35 | 3 | 0:31:41 | 15,15 | 3:58 |
| 16 | 204 | BLENDEMAN FRANK | VOLH | M+35 | 4 | 0:32:17 | 14,87 | 4:02 |
| 17 | 285 | ASSELMAN KAREL | | M+45 | 5 | 0:33:24 | 14,37 | 4:11 |
| 18 | 224 | DAEMS PASCAL | | M+75 | 1 | 0:33:24 | 14,37 | 4:11 |
| 19 | 225 | DE GEYTER CAROLINE | ZA | V+40 | 1 | 0:33:29 | 14,34 | 4:11 |
| 20 | 237 | JANSSENS GLENN | | MJUN | 1 | 0:33:33 | 14,31 | 4:12 |
| 21 | 284 | VAN NUFFEL GUNTHER | | M+35 | 5 | 0:33:51 | 14,18 | 4:14 |
| 22 | 267 | DE BOISERIE BART | ACDL | MSEN | 8 | 0:33:57 | 14,14 | 4:15 |
| 23 | 220 | VERMEIREN MARC | Boskantlopers | M+50 | 2 | 0:33:58 | 14,13 | 4:15 |
| 24 | 246 | EYER GERDA | VOLH | V+45 | 1 | 0:33:59 | 14,12 | 4:15 |
| 25 | 258 | VAN NUFFEL ALBERT | LEBB | M+45 | 6 | 0:34:13 | 14,03 | 4:17 |
| 26 | 248 | DE RIDDER PHILIP | ACDL | M+40 | 1 | 0:34:29 | 13,92 | 4:19 |
| 27 | 271 | VAN EYNDE LIEVEN | WALO | M+50 | 3 | 0:34:48 | 13,79 | 4:21 |
| 28 | 218 | REYNAERT RUDY | | M+45 | 7 | 0:34:58 | 13,73 | 4:22 |
| 29 | 235 | BOGAERTS NANCY | Roparunners Londerzeel | V+40 | 2 | 0:35:00 | 13,71 | 4:23 |
| 30 | 256 | MAUDENS JEAN-PIERRE | | M+55 | 1 | 0:35:05 | 13,68 | 4:23 |
| 31 | 206 | VERHEYDEN MICHAEL | LEBB | M+45 | 8 | 0:35:49 | 13,40 | 4:29 |
| 32 | 238 | GOEMAN TOM | | M+35 | 6 | 0:35:52 | 13,38 | 4:29 |
| 33 | 229 | TAMINO LUC | | M+55 | 2 | 0:36:04 | 13,31 | 4:31 |
| 34 | 216 | VERMOESEN JONAS | | MSEN | 9 | 0:36:18 | 13,22 | 4:32 |
| 35 | 223 | HOUBRACKEN MARINA | HAMM | V+55 | 1 | 0:36:25 | 13,18 | 4:33 |
| 36 | 234 | SOLLIE SAM | Pegasus | MJUN | 2 | 0:36:31 | 13,14 | 4:34 |
| 37 | 239 | VAN DE POEL PETERJAN | | M+40 | 2 | 0:36:37 | 13,11 | 4:35 |
| 38 | 253 | BOULEZ KRIS | RCG | M+40 | 3 | 0:37:13 | 12,90 | 4:39 |
| 39 | 268 | VAN BIESEN JONAS | LEBB | MJUN | 3 | 0:37:28 | 12,81 | 4:41 |
| 40 | 222 | VAN GEYTE LUDWIG | ZELE | M+50 | 4 | 0:37:36 | 12,77 | 4:42 |
| 41 | 233 | DE WACHTER GABY | Pegasus | V+40 | 3 | 0:38:02 | 12,62 | 4:45 |
| 42 | 231 | VAN HECKE PATRICK | | M+45 | 9 | 0:38:04 | 12,61 | 4:46 |
| 43 | 281 | DE ROO KOEN | Pegasus | M+50 | 5 | 0:39:06 | 12,28 | 4:53 |
| 44 | 212 | BUYLE MARIE-JEANNE | VS | V+55 | 2 | 0:39:14 | 12,23 | 4:54 |
| 45 | 207 | DE PUYSSSELEIR TONY | | M+55 | 3 | 0:39:22 | 12,19 | 4:55 |
| 46 | 219 | SPRUYT PHILIP | AG Insurance Team | MSEN | 10 | 0:39:52 | 12,04 | 4:59 |
| 47 | 245 | DE CALUWE RONY | KLP | M+50 | 6 | 0:39:53 | 12,04 | 4:59 |
| 48 | 244 | VAN CAUWENBERGH WIM | ACDL | M+35 | 7 | 0:39:59 | 12,01 | 5:00 |
| 49 | 200 | BAUDERY MARC | | M+65 | 1 | 0:40:38 | 11,81 | 5:05 |
| 50 | 261 | MICHIELS ARNO | ZELE | MJUN | 4 | 0:41:01 | 11,70 | 5:08 |
| 51 | 205 | VERDONCK WILLIAM | | M+65 | 2 | 0:41:08 | 11,67 | 5:09 |
| 52 | 232 | HUYCK KRIS | | M+40 | 4 | 0:41:11 | 11,66 | 5:09 |
| 53 | 257 | VERWAEREN PAUL | ACDL | M+50 | 7 | 0:41:31 | 11,56 | 5:11 |
| 54 | 213 | NECKEBROECK ANITA | ARS | V+40 | 4 | 0:41:33 | 11,55 | 5:12 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|-------------|------|-------|---------|-------|---------|
| 55 | 214 | HERMANS PASCAL | ARS | M+45 | 10 | 0:41:40 | 11,52 | 5:13 |
| 56 | 201 | ROMBAUT CORRY | | V+40 | 5 | 0:42:13 | 11,37 | 5:17 |
| 57 | 210 | BLINDEMAN LIESBET | ACDL | V+35 | 1 | 0:42:22 | 11,33 | 5:18 |
| 58 | 243 | DE VLIEGER SONJA | ACDL | V+35 | 2 | 0:42:23 | 11,33 | 5:18 |
| 59 | 263 | SEGERS DIRK | ACDL | M+50 | 8 | 0:42:27 | 11,31 | 5:18 |
| 60 | 269 | VAN BIESEN RUDY | | M+50 | 9 | 0:42:55 | 11,18 | 5:22 |
| 61 | 280 | DE MEIJER LUCIEN | VITA | M+65 | 3 | 0:43:00 | 11,16 | 5:23 |
| 62 | 272 | VAN DAMME STEVE | | M+40 | 5 | 0:43:19 | 11,08 | 5:25 |
| 63 | 208 | ROELS THOMAS | ZELE | MJUN | 5 | 0:43:40 | 10,99 | 5:28 |
| 64 | 202 | DE VALCK LUC | ALVA | M+50 | 10 | 0:43:49 | 10,95 | 5:29 |
| 65 | 259 | VERLINDEN CATTY | Pegasus | V+50 | 1 | 0:44:20 | 10,83 | 5:33 |
| 66 | 260 | DE DECKER PEGGY | Pegasus | V+40 | 6 | 0:44:21 | 10,82 | 5:33 |
| 67 | 276 | GUNS NATHALIE | ACDL | VSEN | 1 | 0:44:28 | 10,79 | 5:34 |
| 68 | 254 | VAN MELLE THIERRY | RCG | M+55 | 4 | 0:44:42 | 10,74 | 5:35 |
| 69 | 264 | GOOSSENS CINDY | | V+35 | 3 | 0:44:52 | 10,70 | 5:37 |
| 70 | 270 | DE BOECK WIM | ALVA | M+40 | 6 | 0:44:58 | 10,67 | 5:37 |
| 71 | 227 | LEQUEUX MICHEL | KKH | M+75 | 2 | 0:46:30 | 10,32 | 5:49 |
| 72 | 221 | HOUTRELLE MARCEL | KKH | M+65 | 4 | 0:46:35 | 10,30 | 5:49 |
| 73 | 265 | BEQUE GEORGES | ACDL | M+55 | 5 | 0:46:38 | 10,29 | 5:50 |
| 74 | 209 | ROBEYNS REGINA | ZELE | V+40 | 7 | 0:49:09 | 9,77 | 6:09 |
| 75 | 228 | BOVE MICHEL | LOND | M+50 | 11 | 0:49:12 | 9,76 | 6:09 |
| 76 | 277 | VAN SCHEPDAEL PEGGY | JC Oetingen | V+50 | 2 | 0:49:13 | 9,75 | 6:09 |
| 77 | 203 | VAN POTTELBERGH SANDRA | ALVA | V+40 | 8 | 0:49:32 | 9,69 | 6:11 |
| 78 | 251 | DE CONINCK ANN | | VSEN | 2 | 0:50:56 | 9,42 | 6:22 |
| 79 | 250 | BUYS VIRGINIE | | VSEN | 3 | 0:51:41 | 9,29 | 6:28 |
| 80 | 278 | DE BOEVE CAROLINE | JC Oetingen | V+50 | 3 | 0:53:18 | 9,01 | 6:40 |
| 81 | 252 | PIETERS LUC | | M+55 | 6 | 0:53:42 | 8,94 | 6:43 |
| 82 | 273 | HOFMANS MIA | ZELE | V+60 | 1 | 0:54:59 | 8,73 | 6:52 |
| 83 | 275 | ROOSSENS PATRICK | ZELE | M+45 | 11 | 0:55:02 | 8,72 | 6:53 |
| 84 | 274 | VAN EXTERGEM SUZY | ZELE | V+45 | 2 | 0:55:03 | 8,72 | 6:53 |
| 85 | 262 | BLINDEMAN INGRID | | V+45 | 3 | 0:55:03 | 8,72 | 6:53 |

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12 KM

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|--------------------|------|-------|---------|-------|---------|
| 2 | 361 | LOVERIE EMMANUEL | WIBO | M+35 | 1 | 0:39:26 | 18,26 | 3:17 |
| 3 | 352 | VAN PUYVELDE EDDY | AVLO | M+40 | 1 | 0:39:29 | 18,24 | 3:17 |
| 4 | 341 | VAN DER VEKEN PETER | ACDL | M+45 | 1 | 0:40:22 | 17,84 | 3:22 |
| 5 | 357 | DE COCK GINO | ACDL | M+35 | 2 | 0:40:22 | 17,84 | 3:22 |
| 6 | 330 | D'HEER GUY | ZELE | M+40 | 2 | 0:41:02 | 17,55 | 3:25 |
| 7 | 333 | VAN AVERMAET THEO | ACDL | M+50 | 1 | 0:41:40 | 17,28 | 3:28 |
| 8 | 308 | DHONDT HERMAN | KLP | M+50 | 2 | 0:42:59 | 16,75 | 3:35 |
| 9 | 360 | WAUTERS GUY | LEBB | MSEN | 1 | 0:43:29 | 16,56 | 3:37 |
| 10 | 326 | BOCKLANDT GUIDO | | M+40 | 3 | 0:43:36 | 16,51 | 3:38 |
| 11 | 376 | VAN BUGGENHOUT STIJN | | MSEN | 2 | 0:43:26 | 16,58 | 3:37 |
| 12 | 329 | CORNELIS KRIS | ZELE | M+35 | 3 | 0:44:09 | 16,31 | 3:41 |
| 13 | 334 | SEYE WOUTER | HAMM | M+35 | 4 | 0:44:21 | 16,23 | 3:42 |
| 14 | 327 | SLOCK ANDY | HAMM | MSEN | 3 | 0:45:08 | 15,95 | 3:46 |
| 15 | 303 | VERSCHUEREN MARC | AVLO | M+40 | 4 | 0:45:28 | 15,84 | 3:47 |
| 16 | 368 | VAN DAELE RUDY | WALO | M+45 | 2 | 0:45:35 | 15,80 | 3:48 |
| 17 | 358 | VAN DEN HOUTTE JURGEN | | M+40 | 5 | 0:45:41 | 15,76 | 3:48 |
| 18 | 328 | VAN LOKEREN GIOVANNI | | MSEN | 4 | 0:45:56 | 15,67 | 3:50 |
| 19 | 318 | BONNAERENS KEVIN | ACDL | MSEN | 5 | 0:46:03 | 15,64 | 3:50 |
| 20 | 311 | DE BROUWER GEERT | ALVA | M+45 | 3 | 0:46:05 | 15,62 | 3:50 |
| 21 | 339 | GEERINCK GLENN | | MSEN | 6 | 0:46:24 | 15,52 | 3:52 |
| 22 | 366 | DE SMET LIEVEN | | MSEN | 7 | 0:46:49 | 15,38 | 3:54 |
| 23 | 325 | HUIJCK GEERT | ACDL | M+35 | 5 | 0:47:40 | 15,10 | 3:58 |
| 24 | 365 | DHAUWE DAVID | HAMM | MSEN | 8 | 0:48:07 | 14,96 | 4:01 |
| 25 | 340 | CLAEYS ERIK | Runners Evergem | M+50 | 3 | 0:48:10 | 14,95 | 4:01 |
| 26 | 306 | SCHOLLAERT PETER | ALVA | M+35 | 6 | 0:48:18 | 14,91 | 4:01 |
| 27 | 378 | BOEN PHILIP | | M+40 | 6 | 0:48:24 | 14,88 | 4:02 |
| 28 | 370 | SENAEVE WALTER | WALO | M+50 | 4 | 0:48:49 | 14,75 | 4:04 |
| 29 | 300 | DE POTTER DAVID | Olympia Londerzeel | MSEN | 9 | 0:49:07 | 14,66 | 4:06 |
| 30 | 344 | MACKELBERGH STEVE | | MSEN | 10 | 0:49:29 | 14,55 | 4:07 |
| 31 | 302 | VAN DEN BERGHE PETER | ALVA | M+40 | 7 | 0:49:38 | 14,51 | 4:08 |
| 32 | 320 | VAN DAMME FRANKIE | AVLO | M+50 | 5 | 0:49:51 | 14,44 | 4:09 |
| 33 | 377 | LOMBAERT JOHAN | DAC | M+45 | 4 | 0:50:00 | 14,40 | 4:10 |
| 34 | 356 | VRANCKAERT EDDY | | M+45 | 5 | 0:51:23 | 14,01 | 4:17 |
| 35 | 342 | CHRISTIAENS GERY | | M+45 | 6 | 0:51:30 | 13,98 | 4:17 |
| 36 | 321 | ROBEIJNS SANDRA | ZELE | V+40 | 1 | 0:51:49 | 13,90 | 4:19 |
| 37 | 343 | BAETENS WERNER | HAMM | M+55 | 1 | 0:52:25 | 13,74 | 4:22 |
| 38 | 363 | MICHIELS BART | | M+40 | 8 | 0:52:52 | 13,62 | 4:24 |
| 39 | 301 | SEGERS GUNTHER | ALVA | M+35 | 7 | 0:53:05 | 13,56 | 4:25 |
| 40 | 338 | VANDEWAL LUC | | M+55 | 2 | 0:53:15 | 13,52 | 4:26 |
| 41 | 322 | STUYVEN BART | | M+35 | 8 | 0:53:32 | 13,45 | 4:28 |
| 42 | 380 | BUYTAERT IGNACE | | M+60 | 1 | 0:53:40 | 13,42 | 4:28 |
| 43 | 353 | ROELS JEAN PIERRE | | M+50 | 6 | 0:53:57 | 13,35 | 4:30 |
| 44 | 323 | ROELS JAN | ZELE | M+40 | 9 | 0:53:58 | 13,34 | 4:30 |
| 45 | 309 | DUMONT TOM | ALVA | MSEN | 11 | 0:54:14 | 13,28 | 4:31 |
| 46 | 304 | SARENS MARIO | | M+35 | 9 | 0:54:34 | 13,19 | 4:33 |
| 47 | 305 | CORNELIS ELY | AVLO | M+55 | 3 | 0:54:39 | 13,17 | 4:33 |
| 48 | 324 | DE RIDDER NATHALIE | | VSEN | 1 | 0:55:05 | 13,07 | 4:35 |
| 49 | 374 | DE COCK MARIE JOSE | GRIM | V+55 | 1 | 0:55:19 | 13,02 | 4:37 |
| 50 | 379 | VERNEIRT CHRISTOPHE | | M+40 | 10 | 0:55:38 | 12,94 | 4:38 |
| 51 | 332 | ROGGEMAN CHRIS | ALVA | M+50 | 7 | 0:56:04 | 12,84 | 4:40 |
| 52 | 362 | TIERENS WILLY | Pegasus | M+45 | 7 | 0:56:07 | 12,83 | 4:41 |
| 53 | 335 | VERHELST CARMEN | | V+35 | 1 | 0:56:15 | 12,80 | 4:41 |
| 54 | 336 | HINDRYCKX LEENTJE | | V+35 | 2 | 0:56:33 | 12,73 | 4:43 |
| 55 | 382 | POPPE GEERT | | MSEN | 12 | 0:56:35 | 12,72 | 4:43 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|---------------------|---------------|------|-------|---------|-------|---------|
| 56 | 359 | BILLIET LUC | | M+60 | 2 | 0:56:59 | 12,64 | 4:45 |
| 57 | 372 | DE WILDE NICOLE | World Runners | V+50 | 1 | 0:57:01 | 12,63 | 4:45 |
| 58 | 371 | VAN DE STEENE MARC | World Runners | M+55 | 4 | 0:57:02 | 12,62 | 4:45 |
| 59 | 345 | MOREELS ARMAND | ALVA | M+55 | 5 | 0:57:56 | 12,43 | 4:50 |
| 60 | 369 | VAN NUFFEL LUC | ACDL | M+55 | 6 | 0:58:12 | 12,37 | 4:51 |
| 61 | 364 | BUELENS HILDE | Pegasus | V+45 | 1 | 0:58:40 | 12,27 | 4:53 |
| 62 | 317 | BONNAERENS THOMAS | | MJUN | 1 | 0:58:59 | 12,21 | 4:55 |
| 63 | 331 | HAENTJENS RONY | AVLO | M+45 | 8 | 0:59:06 | 12,18 | 4:56 |
| 64 | 337 | VAN HOLSBECK ELS | ALVA | V+45 | 2 | 0:59:22 | 12,13 | 4:57 |
| 65 | 355 | VERHAEGHEN KURT | | M+40 | 11 | 1:00:15 | 11,95 | 5:01 |
| 66 | 354 | VANCAYSEELE ISEBEL | | V+40 | 2 | 1:00:16 | 11,95 | 5:01 |
| 67 | 310 | BORMS ELKE | ALVA | V+45 | 3 | 1:00:41 | 11,86 | 5:03 |
| 68 | 314 | DE VUYST CHRIS | | M+45 | 9 | 1:00:41 | 11,86 | 5:03 |
| 69 | 381 | POPPE GILBERT | | M+60 | 3 | 1:02:00 | 11,61 | 5:10 |
| 70 | 384 | CALLEBAUT GRIET | | VSEN | 2 | 1:02:22 | 11,54 | 5:12 |
| 71 | 312 | BRUSSELMANS FRANS | | M+55 | 7 | 1:02:50 | 11,46 | 5:14 |
| 72 | 383 | MONTE JEAN | | M+50 | 8 | 1:03:02 | 11,42 | 5:15 |
| 73 | 319 | MONTE FRANCOIS | | M+45 | 10 | 1:03:09 | 11,40 | 5:16 |
| 74 | 313 | CLINCKE DANNY | VITA | M+45 | 11 | 1:04:20 | 11,19 | 5:22 |
| 75 | 367 | BLINDEMAN PAUL | | M+60 | 4 | 1:04:29 | 11,17 | 5:22 |
| 76 | 316 | DE PUYSSSELEIR JOKE | | VSEN | 3 | 1:05:37 | 10,97 | 5:28 |
| 77 | 307 | SMET LINDA | | V+40 | 3 | 1:06:12 | 10,88 | 5:31 |
| 78 | 315 | GOOSSENS JOHAN | | M+40 | 12 | 1:06:13 | 10,87 | 5:31 |
| 79 | 375 | BLOMME MARIANNE | DAC | V+40 | 4 | 1:06:58 | 10,75 | 5:35 |
| 80 | 347 | DE SCHUTTER ETIENNE | Roadjoggers | M+55 | 8 | 1:09:09 | 10,41 | 5:46 |
| 81 | 349 | RAES PAUL | Roadjoggers | M+65 | 1 | 1:11:36 | 10,06 | 5:58 |
| 82 | 351 | VAN IMPE NINI | ALVA | V+55 | 2 | 1:11:52 | 10,02 | 5:59 |
| 83 | 350 | BAEYENS WILLY | ALVA | M+70 | 1 | 1:11:55 | 10,01 | 6:00 |
| 84 | 348 | BLANCKAERT DIRK | ALVA | M+55 | 9 | 1:28:14 | 8,16 | 7:21 |