

14e Avondjogging Wechelderzande - 1 juni 2011

4 KM

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------------------------|----------------|-----|-------|---------|-------|---------|
| 1 | Cnops Vincent | Tremelo | M | 1 | 0:13:15 | 18,11 | 3:19 |
| 2 | Aerts Kurt | Minderhout | M | 2 | 0:13:54 | 17,27 | 3:29 |
| 3 | Barholomeeusen Eric | Sint-Lenaerts | M | 3 | 0:14:12 | 16,90 | 3:33 |
| 4 | Sels Cedric | Wechelderzande | M | 4 | 0:14:37 | 16,42 | 3:39 |
| 5 | Brosens Marc | Rijkevorsel | M | 5 | 0:14:52 | 16,14 | 3:43 |
| 6 | Broeckx Daan | Rijkevorsel | M | 6 | 0:14:54 | 16,11 | 3:44 |
| 7 | Vervoort Ben | Wechelderzande | M | 7 | 0:15:18 | 15,69 | 3:50 |
| 8 | Smits Jorne | Wechelderzande | M | 8 | 0:15:37 | 15,37 | 3:54 |
| 9 | Vancampenhout Guy | Vorselaar | M | 9 | 0:15:42 | 15,29 | 3:56 |
| 10 | Geluykens Anneleen | Vorselaar | V | 1 | 0:15:45 | 15,24 | 3:56 |
| 11 | Vermeiren Frank | Vosselaar | M | 10 | 0:16:18 | 14,72 | 4:05 |
| 12 | Covent Dirk | Brasschaat | M | 11 | 0:16:21 | 14,68 | 4:05 |
| 13 | Brosens Dries | Rijkevorsel | M | 12 | 0:16:45 | 14,33 | 4:11 |
| 14 | Van Den Kimschot Senne | Rijkevorsel | M | 13 | 0:17:08 | 14,01 | 4:17 |
| 15 | Meeus Brian | Arendonk | M | 14 | 0:17:30 | 13,71 | 4:23 |
| 16 | Van De Pol Eddy | Grobbendonk | M | 15 | 0:17:32 | 13,69 | 4:23 |
| 17 | Verelst Jan | Rijkevorsel | M | 16 | 0:17:36 | 13,64 | 4:24 |
| 18 | Goris Marc | Vosselaar | M | 17 | 0:17:45 | 13,52 | 4:26 |
| 19 | Van Den Brande Yoeri | Wechelderzande | M | 18 | 0:17:50 | 13,46 | 4:28 |
| 20 | Cuylaerts Viktor | Rijkevorsel | M | 19 | 0:17:51 | 13,45 | 4:28 |
| 21 | Desmedt Arne | Wechelderzande | M | 20 | 0:18:12 | 13,19 | 4:33 |
| 22 | Sels | Wechelderzande | M | 21 | 0:18:14 | 13,16 | 4:34 |
| 23 | Grielsens Roel | Wechelderzande | M | 22 | 0:18:20 | 13,09 | 4:35 |
| 24 | Willems Bram | Wechelderzande | M | 23 | 0:18:22 | 13,07 | 4:36 |
| 25 | Van Roy Joren | Lille | M | 24 | 0:18:27 | 13,01 | 4:37 |
| 26 | Janssen Johan | Houtvenne | M | 25 | 0:18:38 | 12,88 | 4:40 |
| 27 | Verschuren Lotte | Vosselaar | V | 2 | 0:18:43 | 12,82 | 4:41 |
| 28 | Janssen Shana | Oud-Turnhout | M | 26 | 0:18:45 | 12,80 | 4:41 |
| 29 | Verscheuren Marc | Vosselaar | M | 27 | 0:18:50 | 12,74 | 4:43 |
| 30 | Desmedt Jens | Wechelderzande | M | 28 | 0:18:57 | 12,66 | 4:44 |
| 31 | Govaerts Seppe | Wechelderzande | M | 29 | 0:18:59 | 12,64 | 4:45 |
| 32 | Janssen Jan | Beerse | M | 30 | 0:19:01 | 12,62 | 4:45 |
| 33 | Materne Roeland | Wechelderzande | M | 31 | 0:19:03 | 12,60 | 4:46 |
| 34 | Snoeys Leen | Rijkevorsel | V | 3 | 0:19:04 | 12,59 | 4:46 |
| 35 | Van Dooren Christine | Oud-Turnhout | V | 4 | 0:19:09 | 12,53 | 4:47 |
| 36 | Segers Emma | Rijkevorsel | V | 5 | 0:19:16 | 12,46 | 4:49 |
| 37 | Miechielsen Louisa | Vosselaar | V | 6 | 0:19:18 | 12,44 | 4:50 |
| 38 | Geudens Michiel | Wechelderzande | M | 32 | 0:19:21 | 12,40 | 4:50 |
| 39 | Haest Ingrid | Zoersel | V | 7 | 0:19:25 | 12,36 | 4:51 |
| 40 | Van Lier Stefan | Bonheiden | M | 33 | 0:19:28 | 12,33 | 4:52 |
| 41 | Van Gils Inge | Hoogstraten | V | 8 | 0:19:42 | 12,18 | 4:56 |
| 42 | Lauwers Lien | Wechelderzande | V | 9 | 0:19:54 | 12,06 | 4:59 |
| 43 | Snijers Linda | Turnhout | V | 10 | 0:19:56 | 12,04 | 4:59 |
| 44 | Willems Mark | Wechelderzande | M | 34 | 0:20:02 | 11,98 | 5:00 |
| 45 | De Bie Leen | Wuustwezel | V | 11 | 0:20:21 | 11,79 | 5:05 |
| 46 | Boden Ellen | Essen | V | 12 | 0:20:22 | 11,78 | 5:06 |
| 47 | Peeters Danny | Lille | M | 35 | 0:20:23 | 11,77 | 5:06 |
| 48 | Peeters Etienne | Lille | M | 36 | 0:20:24 | 11,76 | 5:06 |
| 49 | De Gruyter Diane | Minderhout | V | 13 | 0:20:29 | 11,72 | 5:07 |
| 50 | Lauwers Jorn | Wechelderzande | M | 37 | 0:20:33 | 11,68 | 5:08 |
| 51 | Dheere Raf | Wechelderzande | M | 38 | 0:20:35 | 11,66 | 5:09 |
| 52 | Leemans Liesbeth | Hoogstraten | V | 14 | 0:20:40 | 11,61 | 5:10 |
| 53 | Verheyden Natasha | Wechelderzande | V | 15 | 0:20:41 | 11,60 | 5:10 |
| 54 | Verhoeven Wout | Wechelderzande | M | 39 | 0:20:43 | 11,58 | 5:11 |
| 55 | Van Apers Jana | Essen | V | 16 | 0:21:02 | 11,41 | 5:16 |
| 56 | Clymans Mia | Vosselaar | V | 17 | 0:21:15 | 11,29 | 5:19 |
| 57 | Fransen Jos | Malle | M | 40 | 0:21:24 | 11,21 | 5:21 |
| 58 | Bastiaensen Lut | Hoogstraten | V | 18 | 0:21:32 | 11,15 | 5:23 |
| 59 | Van Roosbroeck Marc | Berlaar | M | 41 | 0:21:40 | 11,08 | 5:25 |

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------------------------|----------------|-----|-------|---------|-------|---------|
| 60 | Haest Leo | Westmalle | M | 42 | 0:21:42 | 11,06 | 5:26 |
| 61 | Van Der Kaa Els | Hoogstraten | V | 19 | 0:21:53 | 10,97 | 5:28 |
| 62 | Breugelmans Sandy | Zoersel | V | 20 | 0:21:55 | 10,95 | 5:29 |
| 63 | Griemens Roel | Wechelderzande | M | 43 | 0:21:58 | 10,93 | 5:30 |
| 64 | Van Springel Bjorn | Beerse | M | 44 | 0:22:01 | 10,90 | 5:30 |
| 65 | Griemens Ben | Wechelderzande | M | 45 | 0:22:11 | 10,82 | 5:33 |
| 66 | Versteynen Jeanne | Weelde | V | 21 | 0:22:20 | 10,75 | 5:35 |
| 67 | Teugels Marleen | Wommelgem | V | 22 | 0:22:21 | 10,74 | 5:35 |
| 68 | Wendrickx Brigitte | Wortel | V | 23 | 0:22:25 | 10,71 | 5:36 |
| 69 | Van Lommel Ingrid | Wechelderzande | V | 24 | 0:22:39 | 10,60 | 5:40 |
| 70 | Peeters Leen | Wecherl | V | 25 | 0:22:40 | 10,59 | 5:40 |
| 71 | Roos Annick | Rijkevorsel | V | 26 | 0:22:42 | 10,57 | 5:40 |
| 72 | Gielens Ellen | Westerlo | V | 27 | 0:22:48 | 10,53 | 5:42 |
| 73 | De Schutter Ronny | Oostmalle | M | 46 | 0:22:50 | 10,51 | 5:42 |
| 74 | Geerts Suzanne | Sint-Lenaerts | V | 28 | 0:22:57 | 10,46 | 5:44 |
| 75 | Vermetten Iris | Wechelderzande | V | 29 | 0:23:00 | 10,43 | 5:45 |
| 76 | De Meyer Betty | Wechelderzande | V | 30 | 0:23:29 | 10,22 | 5:52 |
| 77 | Nys Eddy | Wechelderzande | M | 47 | 0:23:30 | 10,21 | 5:53 |
| 78 | Moons Lore | Wechelderzande | V | 31 | 0:23:36 | 10,17 | 5:54 |
| 79 | Van Doninck Lore | Wechelderzande | V | 32 | 0:23:40 | 10,14 | 5:55 |
| 80 | Geudens Emmelie | Lille | V | 33 | 0:23:43 | 10,12 | 5:56 |
| 81 | Moons Evelien | Wechelderzande | V | 34 | 0:23:45 | 10,11 | 5:56 |
| 82 | Griemens Ina | Wechelderzande | V | 35 | 0:24:06 | 9,96 | 6:01 |
| 83 | Snyers Jill | Wechelderzande | V | 36 | 0:24:09 | 9,94 | 6:02 |
| 84 | Wouters Siene | Wechelderzande | V | 37 | 0:24:14 | 9,90 | 6:03 |
| 85 | Helsen Victor | Wechelderzande | M | 48 | 0:24:21 | 9,86 | 6:05 |
| 86 | Sprangers Anita | Lille | V | 38 | 0:24:35 | 9,76 | 6:09 |
| 87 | Lockkamper Christel | Beerse | V | 39 | 0:24:39 | 9,74 | 6:10 |
| 88 | Stoops Maria | Berlaar | V | 40 | 0:24:40 | 9,73 | 6:10 |
| 89 | Van Bladel Luc | Meer | M | 49 | 0:24:47 | 9,68 | 6:12 |
| 90 | Van Dingenen Janne | Wechelderzande | V | 41 | 0:24:56 | 9,63 | 6:14 |
| 91 | Depauwer Ingrid | Vosselaar | V | 42 | 0:24:57 | 9,62 | 6:14 |
| 92 | Bockx Evi | Vorselaar | V | 43 | 0:24:58 | 9,61 | 6:14 |
| 93 | Jacobs Fleur | Wechelderzande | V | 44 | 0:25:05 | 9,57 | 6:16 |
| 94 | Konings Gerda | Essen | V | 45 | 0:25:12 | 9,52 | 6:18 |
| 95 | Verhoeven Ward | Wechelderzande | M | 50 | 0:25:20 | 9,47 | 6:20 |
| 96 | Kenis Herman | Brecht | M | 51 | 0:25:22 | 9,46 | 6:20 |
| 97 | Van Herck Nancy | Poederlee | V | 46 | 0:25:23 | 9,46 | 6:21 |
| 98 | Griemens Rita | Wechelderzande | V | 47 | 0:25:29 | 9,42 | 6:22 |
| 99 | Geentjens Daisy | Wechelderzande | V | 48 | 0:25:33 | 9,39 | 6:23 |
| 100 | Geudens Ferre | Wechelderzande | M | 52 | 0:25:41 | 9,34 | 6:25 |
| 101 | Pauwels Lieze | Turnhout | V | 49 | 0:25:42 | 9,34 | 6:26 |
| 102 | Goris Annick | Lille | V | 50 | 0:25:43 | 9,33 | 6:26 |
| 103 | Jacobs Nancy | Lille | V | 51 | 0:25:58 | 9,24 | 6:29 |
| 104 | Van Hooghten Stephanie | Lille | V | 52 | 0:26:14 | 9,15 | 6:34 |
| 105 | Caers Evelien | Wechelderzande | V | 53 | 0:26:16 | 9,14 | 6:34 |
| 106 | Verschueren Lieselotte | Sint-Lenaerts | V | 54 | 0:26:31 | 9,05 | 6:38 |
| 107 | Snyers Jens | Wechelderzande | M | 53 | 0:26:51 | 8,94 | 6:43 |
| 108 | Helsen Maya | Noorderwijk | V | 55 | 0:26:53 | 8,93 | 6:43 |
| 109 | De Vrij Peggy | Wechelderzande | V | 56 | 0:26:57 | 8,91 | 6:44 |
| 110 | Lauwers Amber | Wechelderzande | V | 57 | 0:27:59 | 8,58 | 7:00 |
| 111 | Matthys Sien | Wechelderzande | V | 58 | 0:28:00 | 8,57 | 7:00 |
| 112 | Meeus Nathalie | Arendonk | V | 59 | 0:28:08 | 8,53 | 7:02 |
| 113 | Lens Theo | Zoersel | M | 54 | 0:28:47 | 8,34 | 7:12 |
| 114 | Mertens Gaby | Rijkevorsel | M | 55 | 0:29:22 | 8,17 | 7:20 |
| 115 | De Vos May | Rijkevorsel | V | 60 | 0:29:24 | 8,16 | 7:21 |
| 116 | Seykens Ludo | Westerlo | M | 56 | 0:29:42 | 8,08 | 7:25 |
| 117 | Nydens Christel | Rijkevorsel | V | 61 | 0:31:06 | 7,72 | 7:46 |
| 118 | Fransen Petra | Herentals | V | 62 | 0:31:22 | 7,65 | 7:50 |
| 119 | De Mesmaecker Evy | Wechelderzande | V | 63 | 0:33:15 | 7,22 | 8:19 |
| 120 | Van Loy Davy | Vorselaar | M | 57 | 0:38:42 | 6,20 | 9:41 |

14e Avondjogging Wechelderzande - 1 juni 2011

8 KM

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|----------------------|----------------|-----|-------|---------|-------|---------|
| 1 | Stoffels Jef | Rijkevorsel | M | 1 | 0:29:54 | 16,05 | 3:44 |
| 2 | Verstappen Lode | Zoersel | M | 2 | 0:30:20 | 15,82 | 3:48 |
| 3 | Lauwers Luc | Lille | M | 3 | 0:30:28 | 15,75 | 3:49 |
| 4 | Bastiaens Loren | Tielen | M | 4 | 0:30:59 | 15,49 | 3:52 |
| 5 | Aerts Benny | Minderhout | M | 5 | 0:31:23 | 15,29 | 3:55 |
| 6 | Vissers Dirk | Vorselaar | M | 6 | 0:31:48 | 15,09 | 3:59 |
| 7 | Baeten Dirk | Beerzel | M | 7 | 0:32:43 | 14,67 | 4:05 |
| 8 | Jacobs Johan | Oud-Turnhout | M | 8 | 0:33:34 | 14,30 | 4:12 |
| 9 | Weyers Carl | Vorselaar | M | 9 | 0:33:43 | 14,24 | 4:13 |
| 10 | De Bruyn Marino | Wommelgem | M | 10 | 0:33:47 | 14,21 | 4:13 |
| 11 | Verschueren Mathias | Sint-Lenaerts | M | 11 | 0:34:19 | 13,99 | 4:17 |
| 12 | Maes Stefaen | Beerse | M | 12 | 0:34:22 | 13,97 | 4:18 |
| 13 | Claessens Juul | Zoersel | M | 13 | 0:34:38 | 13,86 | 4:20 |
| 14 | Van Riel Kris | Zoersel | M | 14 | 0:34:45 | 13,81 | 4:21 |
| 15 | Van Springel Dirk | Beerse | M | 15 | 0:35:27 | 13,54 | 4:26 |
| 16 | Vandenweghe Tom | Wechelderzande | M | 16 | 0:35:31 | 13,51 | 4:26 |
| 17 | Destombes Benny | Gierle | M | 17 | 0:35:42 | 13,45 | 4:28 |
| 18 | Hermans Kris | Herentals | M | 18 | 0:35:46 | 13,42 | 4:28 |
| 19 | Torremans Jos | Vosselaar | M | 19 | 0:35:47 | 13,41 | 4:28 |
| 20 | Bastyns Katrien | Hoogstraten | V | 1 | 0:36:34 | 13,13 | 4:34 |
| 21 | Loos Alois | Wuustwezel | M | 20 | 0:36:42 | 13,08 | 4:35 |
| 22 | Vermeiren Danny | Turnhout | M | 21 | 0:36:50 | 13,03 | 4:36 |
| 23 | Vissers Peter | Vosselaar | M | 22 | 0:37:07 | 12,93 | 4:38 |
| 24 | Persegael Jan | Beerse | M | 23 | 0:37:11 | 12,91 | 4:39 |
| 25 | Willems Eric | Vosselaar | M | 24 | 0:37:18 | 12,87 | 4:40 |
| 26 | Kenis Eddy | Rijkevorsel | M | 25 | 0:37:38 | 12,75 | 4:42 |
| 27 | Maes Paul | Beerse | M | 26 | 0:37:47 | 12,70 | 4:43 |
| 28 | Van Peer Marc | Turnhout | M | 27 | 0:37:53 | 12,67 | 4:44 |
| 29 | Verdonck Hilde | Vosselaar | V | 2 | 0:38:12 | 12,57 | 4:46 |
| 30 | Van Houten Eric | Turnhout | M | 28 | 0:38:16 | 12,54 | 4:47 |
| 31 | Van Eyndhoven Jan | Weelde | M | 29 | 0:38:50 | 12,36 | 4:51 |
| 32 | Verboven Daniella | Lichtaart | V | 3 | 0:38:55 | 12,33 | 4:52 |
| 33 | Van Robays Marleen | Vosselaar | V | 4 | 0:39:26 | 12,17 | 4:56 |
| 34 | Nijs Hans | Laakdal | M | 30 | 0:40:01 | 12,00 | 5:00 |
| 35 | Jacobs Nele | Herentals | V | 5 | 0:40:03 | 11,99 | 5:00 |
| 36 | Van Der Schoot Jelle | Wechelderzande | M | 31 | 0:40:26 | 11,87 | 5:03 |
| 37 | Cool Rudi | Pulle | M | 32 | 0:40:27 | 11,87 | 5:03 |
| 38 | Bosch Kristof | Wechelderzande | M | 33 | 0:40:34 | 11,83 | 5:04 |
| 39 | Caethoven Annick | Essen | V | 6 | 0:40:37 | 11,82 | 5:05 |
| 40 | Laenen Rita | Pulle | V | 7 | 0:40:45 | 11,78 | 5:06 |
| 41 | Meylemans Kurt | Zoersel | M | 34 | 0:41:09 | 11,66 | 5:09 |
| 42 | Luyten Luc | Vosselaar | M | 35 | 0:41:15 | 11,64 | 5:09 |
| 43 | Meersman Kathleen | Wechelderzande | V | 8 | 0:41:31 | 11,56 | 5:11 |
| 44 | In 'T Ven Mies | Lichtaart | V | 9 | 0:41:48 | 11,48 | 5:14 |
| 45 | Schrevens Dirk | Wilsele | M | 36 | 0:42:08 | 11,39 | 5:16 |
| 46 | Breugelmans Jill | Westmalle | V | 10 | 0:42:50 | 11,21 | 5:21 |
| 47 | Meeus Sophie | Arendonk | V | 11 | 0:43:15 | 11,10 | 5:24 |
| 48 | Deboel Marcel | Weelde | M | 37 | 0:43:19 | 11,08 | 5:25 |
| 49 | Breugelmans Louis | Zoersel | M | 38 | 0:43:41 | 10,99 | 5:28 |
| 50 | Charec Kris | Turnhout | M | 39 | 0:44:10 | 10,87 | 5:31 |
| 51 | Chavel Wim | Turnhout | M | 40 | 0:44:12 | 10,86 | 5:32 |
| 52 | Swaans Chiel | Gierle | M | 41 | 0:44:19 | 10,83 | 5:32 |
| 53 | Swaans Tim | Gierle | M | 42 | 0:44:20 | 10,83 | 5:33 |
| 54 | Aerts Jurgen | Lille | M | 43 | 0:44:54 | 10,69 | 5:37 |
| 55 | Versmissen Kamiel | Vosselaar | M | 44 | 0:44:56 | 10,68 | 5:37 |

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 56 | Guns Bart | Wechelderzande | M | 45 | 0:44:58 | 10,67 | 5:37 |
| 57 | Roose Jan | Kasterlee | M | 46 | 0:45:00 | 10,67 | 5:37 |
| 58 | Saenen Raf | Zoersel | M | 47 | 0:45:02 | 10,66 | 5:38 |
| 59 | Willems Wilfried | Beerse | M | 48 | 0:45:10 | 10,63 | 5:39 |
| 60 | Vandecruys Lesly | Geel | M | 49 | 0:45:12 | 10,62 | 5:39 |
| 61 | Caers Jan | Ravels | M | 50 | 0:45:18 | 10,60 | 5:40 |
| 62 | Verheyen Louisa | Ravels | V | 12 | 0:45:18 | 10,60 | 5:40 |
| 63 | Leysen Robin | Herentals | M | 51 | 0:45:20 | 10,59 | 5:40 |
| 64 | Bertels Josee | Lichtaart | V | 13 | 0:45:27 | 10,56 | 5:41 |
| 65 | Somers Steve | Brechtly | M | 52 | 0:46:36 | 10,30 | 5:49 |
| 66 | Van Looy Maud | Beerse | V | 14 | 0:47:10 | 10,18 | 5:54 |
| 67 | Van Orshaegen Nicole | Olen | V | 15 | 0:47:29 | 10,11 | 5:56 |
| 68 | Van Der Eyken Patrick | Tielen | M | 53 | 0:47:36 | 10,08 | 5:57 |
| 69 | Broeckx Sabine | Tielen | V | 16 | 0:47:38 | 10,08 | 5:57 |
| 70 | Meuwens Anneke | Gierle | V | 17 | 0:47:40 | 10,07 | 5:57 |
| 71 | Broeckx Marleen | Tielen | V | 18 | 0:47:41 | 10,07 | 5:58 |
| 72 | Van Offenwert Chris | Baarle-Hertog | M | 54 | 0:47:48 | 10,04 | 5:58 |
| 73 | Roefs Ludo | Herentals | M | 55 | 0:48:20 | 9,93 | 6:02 |
| 74 | Van Loock Marc | Lille | M | 56 | 0:50:03 | 9,59 | 6:15 |
| 75 | De Visscher Els | Vosselaar | V | 19 | 0:50:21 | 9,53 | 6:18 |
| 76 | Van Eemeren Helen | Turnhout | V | 20 | 0:50:24 | 9,52 | 6:18 |
| 77 | Hermans Godelieve | | V | 21 | 0:50:43 | 9,46 | 6:20 |
| 78 | Van Loock Chris | Vorselaar | V | 22 | 0:50:57 | 9,42 | 6:22 |
| 79 | Bervoets Kathleen | Lille | V | 23 | 0:52:25 | 9,16 | 6:33 |
| 80 | Borgmans Vera | Vosselaar | V | 24 | 0:53:08 | 9,03 | 6:38 |
| 81 | Hermans Ann | Vosselaar | V | 25 | 0:53:10 | 9,03 | 6:39 |
| 82 | Smans Katrien | Wechelderzande | V | 26 | 0:53:56 | 8,90 | 6:44 |
| 83 | Alen Sofie | Wechelderzande | V | 27 | 0:53:57 | 8,90 | 6:45 |
| 84 | Oostvogels Swa | Wechelderzande | M | 57 | 0:54:44 | 8,77 | 6:50 |
| 85 | Ceulemans Karen | Wechelderzande | V | 28 | 0:54:46 | 8,76 | 6:51 |
| 86 | De Smet Anja | Turnhout | V | 29 | 0:55:14 | 8,69 | 6:54 |
| 87 | Jespers Monique | Oud-Turnhout | V | 30 | 0:55:15 | 8,69 | 6:54 |
| 88 | Aerts Els | Vosselaar | V | 31 | 0:56:06 | 8,56 | 7:01 |
| 89 | Friant Jozef | Turnhout | M | 58 | 0:57:18 | 8,38 | 7:10 |
| 90 | Bellemans Tim | Wechelderzande | M | 59 | 0:57:50 | 8,30 | 7:14 |
| 91 | Geys Mayke | Rijkevorsel | V | 32 | 1:00:13 | 7,97 | 7:32 |
| 92 | De Vos Ann | Rijkevorsel | V | 33 | 1:00:15 | 7,97 | 7:32 |

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12 KM

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----------------------|----------------|-----|-------|---------|-------|---------|
| 1 | Everaert Bram | Hoogstraten | M | 1 | 0:42:38 | 16,89 | 3:33 |
| 2 | Bruylandts Dave | Poederlee | M | 2 | 0:43:00 | 16,74 | 3:35 |
| 3 | Daems Jan | Lichtaart | M | 3 | 0:43:08 | 16,69 | 3:36 |
| 4 | Van Gestel Tom | Lille | M | 4 | 0:43:16 | 16,64 | 3:36 |
| 5 | De Moor Carl | Zoersel | M | 5 | 0:43:57 | 16,38 | 3:40 |
| 6 | Hendrickx Guido | Hoogstraten | M | 6 | 0:44:17 | 16,26 | 3:41 |
| 7 | Verhestraeten Guy | Lille | M | 7 | 0:47:06 | 15,29 | 3:56 |
| 8 | Van Nijlen Bart | Kasterlee | M | 8 | 0:47:22 | 15,20 | 3:57 |
| 9 | Snoeckx Zeger | Wechelderzande | M | 9 | 0:47:37 | 15,12 | 3:58 |
| 10 | Claessens Laurent | Vosselaar | M | 10 | 0:47:46 | 15,07 | 3:59 |
| 11 | Verwimp Filip | Gierle | M | 11 | 0:47:47 | 15,07 | 3:59 |
| 12 | Van Brandt Gert | Nijlen | M | 12 | 0:48:08 | 14,96 | 4:01 |
| 13 | Ooms Ivan | Herentals | M | 13 | 0:48:19 | 14,90 | 4:02 |
| 14 | Van Laenen Luc | Rijkevorsel | M | 14 | 0:49:09 | 14,65 | 4:06 |
| 15 | Quirijnen Edgard | Merksplas | M | 15 | 0:49:34 | 14,53 | 4:08 |
| 16 | Loos Rob | Kalmthout | M | 16 | 0:49:57 | 14,41 | 4:10 |
| 17 | De Bie Alois | Turnhout | M | 17 | 0:51:09 | 14,08 | 4:16 |
| 18 | Meeus Danny | Arendonk | M | 18 | 0:51:25 | 14,00 | 4:17 |
| 19 | Everaert Guide | Hoogstraten | M | 19 | 0:51:30 | 13,98 | 4:17 |
| 20 | Van Rooy Jef | Vorselaar | M | 20 | 0:51:38 | 13,94 | 4:18 |
| 21 | Wuyts Steven | Gierle | M | 21 | 0:52:18 | 13,77 | 4:21 |
| 22 | Gielen Monique | Turnhout | V | 1 | 0:52:34 | 13,70 | 4:23 |
| 23 | Sneyders Eddy | Vosselaar | M | 22 | 0:52:35 | 13,69 | 4:23 |
| 24 | Geudens Johnny | Lille | M | 23 | 0:52:44 | 13,65 | 4:24 |
| 25 | Denolf Staf | Grobbendonk | M | 24 | 0:53:02 | 13,58 | 4:25 |
| 26 | Vissers Gino | Westmalle | M | 25 | 0:54:03 | 13,32 | 4:30 |
| 27 | Van Looveren Peter | Gierlo | M | 26 | 0:54:38 | 13,18 | 4:33 |
| 28 | Van Der Wangen Marc | Vosselaar | M | 27 | 0:54:55 | 13,11 | 4:35 |
| 29 | Kusseneers Luc | Rumst | M | 28 | 0:55:17 | 13,02 | 4:36 |
| 30 | Sneyders Jef | Beerse | M | 29 | 0:55:25 | 12,99 | 4:37 |
| 31 | Hermans Dirk | Vosselaar | M | 30 | 0:55:26 | 12,99 | 4:37 |
| 32 | Hens Evy | Wuustwezel | V | 2 | 0:55:33 | 12,96 | 4:38 |
| 33 | Bevers Gui | Westmalle | M | 31 | 0:55:48 | 12,90 | 4:39 |
| 34 | Van Rooy Hans | Zoersel | M | 32 | 0:56:01 | 12,85 | 4:40 |
| 35 | Meeusen Albert | Zoersel | M | 33 | 0:56:02 | 12,85 | 4:40 |
| 36 | Mertens Nick | Malle | M | 34 | 0:56:05 | 12,84 | 4:40 |
| 37 | Ottevaere Hilde | Vosselaar | V | 3 | 0:56:13 | 12,81 | 4:41 |
| 38 | Van Der Steen Patrick | Turnhout | M | 35 | 0:56:15 | 12,80 | 4:41 |
| 39 | Willems Francis | Wechelderzande | M | 36 | 0:56:26 | 12,76 | 4:42 |
| 40 | Laenen Jeff | Geel | M | 37 | 0:56:37 | 12,72 | 4:43 |
| 41 | Roes Kim | Gierle | M | 38 | 0:58:23 | 12,33 | 4:52 |
| 42 | Marien Staf | Wechelderzande | M | 39 | 0:58:28 | 12,31 | 4:52 |
| 43 | Laurysen Patsy | Gierle | V | 4 | 0:58:41 | 12,27 | 4:53 |
| 44 | Laurysen Hilde | Rijkevorsel | V | 5 | 0:58:41 | 12,27 | 4:53 |
| 45 | Vinckx Dirk | Gierle | M | 40 | 0:58:43 | 12,26 | 4:54 |
| 46 | Hendrickx Luc | Oostmalle | M | 41 | 0:58:48 | 12,24 | 4:54 |
| 47 | Verheyen Lieven | Herentals | M | 42 | 1:00:19 | 11,94 | 5:02 |
| 48 | Baetens David | Wechelderzande | M | 43 | 1:00:27 | 11,91 | 5:02 |
| 49 | Goetschalckx Benny | Wortel | M | 44 | 1:00:54 | 11,82 | 5:05 |
| 50 | Vercaigne Marc | Arendonk | M | 45 | 1:01:34 | 11,69 | 5:08 |
| 51 | Boeckx Danny | Westmalle | M | 46 | 1:01:50 | 11,64 | 5:09 |
| 52 | Lens Inge | Rijkevorsel | V | 6 | 1:02:09 | 11,58 | 5:11 |
| 53 | Voeten Gert | Hoogstraten | M | 47 | 1:02:14 | 11,57 | 5:11 |
| 54 | Diels Dieter | Wechelderzande | M | 48 | 1:03:11 | 11,40 | 5:16 |
| 55 | Huybrechts Freddy | Vlimmeren | M | 49 | 1:03:20 | 11,37 | 5:17 |

| PL | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|----------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 56 | Joossen Han | Wortel | M | 50 | 1:03:23 | 11,36 | 5:17 |
| 57 | Braspenning Ed | Merksplas | M | 51 | 1:03:30 | 11,34 | 5:18 |
| 58 | Vleugels Dirk | OLV-Waver | M | 52 | 1:04:15 | 11,21 | 5:21 |
| 59 | Van Staeyen Dirk | Beerse | M | 53 | 1:04:25 | 11,18 | 5:22 |
| 60 | Aerts Gunther | Kasterlee | M | 54 | 1:05:45 | 10,95 | 5:29 |
| 61 | Looens Kristof | Wechelderzande | M | 55 | 1:06:18 | 10,86 | 5:32 |
| 62 | Hillen Hilde | Meer | V | 7 | 1:06:40 | 10,80 | 5:33 |
| 63 | Vangeel Willy | Turnhout | M | 56 | 1:06:53 | 10,77 | 5:34 |
| 64 | Borghmans Rob | Vosselaar | M | 57 | 1:06:58 | 10,75 | 5:35 |
| 65 | Cabuy Paula | Geel | V | 8 | 1:07:19 | 10,70 | 5:37 |
| 66 | Stroobants Herman | Leuven | M | 58 | 1:07:20 | 10,69 | 5:37 |
| 67 | Herben Guy | Zonhoven | M | 59 | 1:07:35 | 10,65 | 5:38 |
| 68 | Vermetten Len | Poederlee | M | 60 | 1:07:54 | 10,60 | 5:39 |
| 69 | Oostvogels Johan | Lille | M | 61 | 1:07:59 | 10,59 | 5:40 |
| 70 | Corbet Ann | Wechelderzande | V | 9 | 1:08:23 | 10,53 | 5:42 |
| 71 | Van Der Zijde Corrie | Herentals | V | 10 | 1:09:43 | 10,33 | 5:49 |
| 72 | Marien Karmen | Wechelderzande | V | 11 | 1:13:14 | 9,83 | 6:06 |
| 73 | Vandenweghe Rik | Wechelderzande | M | 62 | 1:21:57 | 8,79 | 6:50 |
| 74 | De Jongh Els | Turnhout | V | 12 | 1:23:52 | 8,59 | 6:59 |