

Machelen, 19/6/2010 11de JOGGING VAN MAC 5 km (5150 m)

POS	RACE	ATHLETE	TEAM	M/F	CAT	1 KM	KM/H	CRONO									
1	539	DE KEYSER Christophe	SWIFT	M1	HSE1	03:24	17.607	00:17:33	71	550	VAN OPSTAL Pierre	Acko	M40	HVC3	06:32	09.174	00:33:41
2	540	VERBRUGGHEN Johan	Swift RC	M2	HVA1	03:29	17.247	00:17:55	72	520	VANDEN EYNDEN Inri	Acko	F32	DVB7	06:33	09.160	00:33:44
3	545	BORMS Mark		M3	HVA2	03:29	17.214	00:17:57	73	582	KEMPENEERS Annik	Acko	F33	DVA5	06:33	09.151	00:33:46
4	580	BRAUM Jean-Louis	VAC	M4	HVA3	03:38	16.509	00:18:43	74	583	JOOS Ann	Acko	F34	DVA6	06:34	09.142	00:33:48
5	504	DUMEEZ Werner	VAC	M5	HVA4	03:40	16.364	00:18:53	75	581	VAN VAERENBERGH E	Acko	M41	HVA18	06:34	09.138	00:33:49
6	556	LIEKENS Kurt	LAC	M6	HVA5	03:43	16.164	00:19:07	76	530	VANLYSEBETTEN Briq	IOEH	F35	DVB8	06:35	09.124	00:33:52
7	571	DE BUYSER Wim	ITM	M7	HSE2	03:44	16.038	00:19:16	77	522	MESKENS Kathv	OEH	F36	DVB9	06:39	09.013	00:34:17
8	554	JAPPENS Ludo	MAC	M8	HVB1	03:46	15.955	00:19:22	78	525	VANHEUVERZWYN Ma	OEHE	M42	HVA19	06:40	09.009	00:34:18
9	531	VANDERVORST Edwin		M9	HSE3	03:47	15.887	00:19:27	79	569	VAN MAELE KATHLEEI		f1	DSE20	06:43	08.922	00:34:38
10	534	BORMS Pieter		M10	HSE4	03:48	15.792	00:19:34	80	538	MUSSCHOOT Carine	MAC	F37	DVB10	06:45	08.879	00:34:48
11	536	BORMS Paul		M11	HVA6	03:48	15.779	00:19:35	81	544	DANGREAU Myriam	Heideio	F38	DVB11	06:47	08.854	00:34:54
12	526	JOORIS Iner	RCT	F1	DSE1	03:50	15.619	00:19:47	82	562	THOMAS Tessv	MAC	F39	DVB12	06:47	08.841	00:34:57
13	579	PORRE Laurent	Acko	M12	HSE5	03:51	15.567	00:19:51	83	518	KEYAERTS Mia	OEH	F40	DVA7	07:06	08.458	00:36:32
14	501	VAN NECK Felix		M13	HVB2	04:04	14.773	00:20:55	84	573	BULTON Arlette	MAC	F41	DVC3	07:08	08.416	00:36:43
15	570	GHEERAERT Sven	VAC	M14	HVA7	04:05	14.714	00:21:00	85	574	DE RAES Leo	MAC	M43	HVB5	07:08	08.408	00:36:45
16	543	VERHEYDEN Eddie	VAC	M15	HVA8	04:07	14.575	00:21:12	86	524	BUNTINX Reinhilde	OEH	F42	DVB13	07:15	08.273	00:37:21
17	507	DE VOS Pierre	RAM	M16	HVA9	04:09	14.451	00:21:23	87	527	VAN BEERS Mark	OEH	M44	HVA20	07:31	07.988	00:38:41
18	551	RAL Peter	Acko	M17	HVA10	04:12	14.306	00:21:36	88	532	LIPPENS Walter	OEH	M45	HVB6	07:31	07.974	00:38:45
19	552	VERHEYDEN Robin	AAV Opwijk	M18	HSE6	04:12	14.284	00:21:38	89	587	DE LEEUW Sandra	MAC	F43	DVB14	07:49	07.674	00:40:16
20	535	BASTELEUS Gunter	BVL	M19	HSE7	04:17	14.035	00:22:01	90	586	BLEUX Nadine		F44	DVA8	07:50	07.661	00:40:20
21	575	DE CONINCK Benoit		M20	HSE8	04:18	13.929	00:22:11									
22	508	ANDRIES Kris	Acko	M21	HSE9	04:19	13.908	00:22:13									
23	523	LAUWERS Julien	RAM	M22	HVB3	04:22	13.723	00:22:31									
24	590	VAN CAUWELAERT Ka	DAC	F2	DSE2	04:25	13.582	00:22:45									
25	567	VANDENEEDE Dieter	Acko	M23	HSE10	04:27	13.474	00:22:56									
26	578	EGGERICKX Laura	Acko	F3	DSE3	04:28	13.435	00:23:00									
27	589	WALK Tony	AC MILLES	M24	HVA11	04:40	12.857	00:24:02									
28	521	VAN HOOREBEECK Be	RAM	F4	DVC1	04:41	12.822	00:24:06									
29	572	CHOVAU Thierry	Acko	M25	HVA12	04:44	12.681	00:24:22									
30	519	PUTMAN Nina	MAC	F5	DSE4	04:47	12.552	00:24:37									
31	546	VAN VAERENBERGH F	VAC	M26	HVC1	04:51	12.352	00:25:01									
32	542	JANSSENS Nele	MAC	F6	DSE5	04:52	12.327	00:25:04									
33	512	LEEMANS Annemie	RAM	F7	DSE6	04:52	12.311	00:25:06									
34	568	VAN MAELE Heidi	VAC	F8	DSE7	04:53	12.278	00:25:10									
35	576	AGNEESSENS Marc		M27	HSE11	04:55	12.197	00:25:20									
36	591	DEMARET Charline	Machelen	F9	DSE8	05:01	11.946	00:25:52									
37	561	VERSWYVEL Chantal	VAC	F10	DVA1	05:04	11.839	00:26:06									
38	555	CAUWENBERGH Lance		M28	HSE12	05:04	11.824	00:26:08									
39	505	HUYGHEBAERT Stiin		M29	HSE13	05:06	11.756	00:26:17									
40	557	PEETERS Bert		M30	HVA13	05:06	11.749	00:26:18									
41	592	VANDERMAELEN Selie	MAC	F11	DSE9	05:08	11.682	00:26:27									
42	593	DEWANDELEER Sofie	MAC	F12	DSE10	05:10	11.595	00:26:39									
43	547	EECKHOUDT Elise	VAC	F13	DVC2	05:16	11.381	00:27:09									
44	506	VAN NUFFEL Else	RAM	F14	DVB1	05:18	11.312	00:27:19									
45	558	VAN HAUT Daniel	Acko	M31	HVB4	05:22	11.189	00:27:37									
46	516	VERMEULEN Sabina	RAM	F15	DVB2	05:23	11.162	00:27:41									
47	529	SWAELENS David	OEH	M32	HSE14	05:25	11.082	00:27:53									
48	585	LAMBERTS Tina	SPVI	F16	DSE11	05:29	10.951	00:28:13									
49	549	LINARD Philippe		M33	HSE15	05:34	10.773	00:28:41									
50	511	GEERS Nadine	RAM	F17	DSE12	05:36	10.723	00:28:49									
51	566	COENAERTS Christoph	Acko	M34	HVA14	05:41	10.570	00:29:14									
52	533	STERCKX Surinia		F18	DSE13	05:42	10.534	00:29:20									
53	514	GHYSELS Joni	OEH	F19	DSE14	05:43	10.510	00:29:24									
54	559	VAN HEMELRYK Johan	OEHE	M35	HSE16	05:44	10.469	00:29:31									
55	560	MARTINEZ Isabelle	OEH	F20	DSE15	05:44	10.457	00:29:33									
56	584	APERS Tina	Bosveldio	F21	DSE16	05:53	10.204	00:30:17									
57	513	VAN HECKE Eef	OEHE	F22	DSE17	05:56	10.115	00:30:33									
58	553	VAHOUTTE Vicky		F23	DVA2	06:04	09.899	00:31:13									
59	517	DOOREMONT Inge	OEHE	F24	DSE18	06:04	09.893	00:31:14									
60	528	EYLENBOSCH Nadia	OEHE	F25	DVB3	06:18	09.522	00:32:27									
61	588	DE SCHUYTENEER Ma	MAC	M36	HVA15	06:24	09.378	00:32:57									
62	548	RAL Lieven	Acko	M37	HVA16	06:29	09.261	00:33:22									
63	537	HENSKENS Annemie	Acko	F26	DVB4	06:30	09.242	00:33:26									
64	577	DENNEQUIN Katia	MAC	F27	DVA3	06:30	09.233	00:33:28									
65	565	NIJS Eva	Acko	F28	DVB5	06:30	09.228	00:33:29									
66	503	ENGELS Ann	Acko	F29	DVA4	06:30	09.219	00:33:31									
67	502	LUYTEN Patrick	Acko	M38	HVA17	06:31	09.210	00:33:33									
68	510	VERMEULEN Frans	Acko	M39	HVC2	06:31	09.206	00:33:34									
69	509	DE MONCEAU An	Acko	F30	DSE19	06:32	09.192	00:33:37									
70	541	DRIES Ann	Acko	F31	DVB6	06:32	09.187	00:33:38									

Machelen, 19/6/2010 11de JOGGING VAN MAC 10 km (9500 m)

POS	RACE	ATHLETE	TEAM	M/F	CAT	1 KM	KM/H	CRONO
211	4354	BEKE Jozef	ZATeam	M155	HVD5	05:56	10.118	00:56:20
212	4476	SCHOOLMEESTERS M		M156	HSE57	05:56	10.106	00:56:24
213	4166	LAUREYS Luc		M157	HVA54	05:58	10.062	00:56:39
214	4196	WETS Hedwig		F56	DVB21	06:01	09.971	00:57:10
215	1037	DEBUSSCHERE Johan MAC		M158	HVA55	06:02	09.939	00:57:21
216	4174	VAN EYCKEN Sandra		F57	DVA20	06:11	09.702	00:58:45
217	1044	POTUMS Liliane	VAC Vilvo	F58	DVB22	06:13	09.661	00:59:00
218	4238	CALDERS Sandra	ROBA	F59	DVA21	06:19	09.489	01:00:04