

1e Kappelukes Natuurloop Ramsel - 9 juli 2010

5,08 KM

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|-----|-------|---------|-------|---------|
| 1 | 225 | Renders Nick | M | 1 | 0:17:44 | 17,19 | 3:29 |
| 2 | 204 | Andries Michael | M | 2 | 0:17:55 | 17,01 | 3:32 |
| 3 | 217 | Renders Yelte | M | 3 | 0:18:35 | 16,40 | 3:39 |
| 4 | 236 | Oeyen Dirk | M | 4 | 0:18:53 | 16,14 | 3:43 |
| 5 | 208 | Lachi Steve | M | 5 | 0:18:55 | 16,11 | 3:43 |
| 6 | 234 | Struys Bert | M | 6 | 0:19:04 | 15,99 | 3:45 |
| 7 | 210 | Ver Elst Jan | M | 7 | 0:19:09 | 15,92 | 3:46 |
| 8 | 223 | Bakelants Andy | M | 8 | 0:19:11 | 15,89 | 3:47 |
| 9 | 211 | Van Dongen Henriques | M | 9 | 0:19:23 | 15,72 | 3:49 |
| 10 | 203 | Lenders Frans | M | 10 | 0:19:39 | 15,51 | 3:52 |
| 11 | 218 | Van den Heuvel Sven | M | 11 | 0:20:00 | 15,24 | 3:56 |
| 12 | 15 | Van Lommel Linda | V | 1 | 0:20:44 | 14,70 | 4:05 |
| 13 | 224 | Steenackers Gert | M | 12 | 0:20:48 | 14,65 | 4:06 |
| 14 | 221 | Witvrouwen Geert | M | 13 | 0:20:54 | 14,58 | 4:07 |
| 15 | 241 | Meynckens Peter | M | 14 | 0:21:02 | 14,49 | 4:08 |
| 16 | 235 | Van der Borght Sander | M | 15 | 0:22:03 | 13,82 | 4:20 |
| 17 | 428 | Govaerts Joris | M | 16 | 0:22:08 | 13,77 | 4:21 |
| 18 | 206 | Laeremans Rene | M | 17 | 0:22:10 | 13,75 | 4:22 |
| 19 | 229 | Testelmans Luc | M | 18 | 0:22:15 | 13,70 | 4:23 |
| 20 | 219 | Verstappen Andy | M | 19 | 0:22:18 | 13,67 | 4:23 |
| 21 | 222 | Solia Jochen | M | 20 | 0:22:40 | 13,45 | 4:28 |
| 22 | 231 | Heylighen Ludo | M | 21 | 0:23:07 | 13,19 | 4:33 |
| 23 | 230 | Degeest Geert | M | 22 | 0:23:16 | 13,10 | 4:35 |
| 24 | 11 | Hendrix Sofie | V | 2 | 0:23:43 | 12,85 | 4:40 |
| 25 | 243 | Van Daele Filip | M | 23 | 0:23:49 | 12,80 | 4:41 |
| 26 | 237 | Verbruggen Dirk | M | 24 | 0:23:53 | 12,76 | 4:42 |
| 27 | 239 | Vleminx Jan | M | 25 | 0:23:57 | 12,73 | 4:43 |
| 28 | 240 | Vermeulen Chris | M | 26 | 0:24:00 | 12,70 | 4:43 |
| 29 | 212 | Claes Bert | M | 27 | 0:24:07 | 12,64 | 4:45 |
| 30 | 2 | De Vries Rita | V | 3 | 0:24:29 | 12,45 | 4:49 |
| 31 | 207 | Tuteleers Rudy | M | 28 | 0:24:54 | 12,24 | 4:54 |
| 32 | 232 | De Backer Danny | M | 29 | 0:25:34 | 11,92 | 5:02 |
| 33 | 213 | Debie Mathias | M | 30 | 0:26:02 | 11,71 | 5:07 |
| 34 | 244 | Claes Stefaan | M | 31 | 0:26:23 | 11,55 | 5:12 |
| 35 | 226 | Verbeeck Sven | M | 32 | 0:26:44 | 11,40 | 5:16 |
| 36 | 238 | Croonen Eddy | M | 33 | 0:26:59 | 11,30 | 5:19 |
| 37 | 216 | Van de Loock Koen | M | 34 | 0:27:10 | 11,22 | 5:21 |
| 38 | 201 | Vranckx Marc | M | 35 | 0:27:35 | 11,05 | 5:26 |
| 39 | 242 | Coeck Walter | M | 36 | 0:27:39 | 11,02 | 5:27 |
| 40 | 214 | Van den Wouwer Jozef | M | 37 | 0:27:45 | 10,98 | 5:28 |
| 41 | 4 | Claes Karen | V | 4 | 0:27:49 | 10,96 | 5:29 |
| 42 | 435 | Vandereyken Peter | M | 38 | 0:27:57 | 10,91 | 5:30 |
| 43 | 3 | Van Dingenen Maria | V | 5 | 0:28:14 | 10,80 | 5:33 |
| 44 | 6 | Solia Eline | V | 6 | 0:28:37 | 10,65 | 5:38 |
| 45 | 5 | Roelants Myriam | V | 7 | 0:28:42 | 10,62 | 5:39 |
| 46 | 215 | Prinsen Marc | M | 39 | 0:29:02 | 10,50 | 5:43 |
| 47 | 16 | Van den Heuvel Els | V | 8 | 0:29:51 | 10,21 | 5:53 |
| 48 | 19 | Moons Gina | V | 9 | 0:30:06 | 10,13 | 5:56 |
| 49 | 7 | Laeremans Katleen | V | 10 | 0:30:13 | 10,09 | 5:57 |
| 50 | 228 | Verbraecken Marcel | M | 40 | 0:30:53 | 9,87 | 6:05 |
| 51 | 430 | Laeremans Dirk | M | 41 | 0:31:11 | 9,77 | 6:08 |
| 52 | 12 | Nijs Sandra | V | 11 | 0:31:19 | 9,73 | 6:10 |
| 53 | 202 | De Backer Jos | M | 42 | 0:31:24 | 9,71 | 6:11 |
| 54 | 220 | Discart Alfons | M | 43 | 0:31:52 | 9,56 | 6:16 |

| PL | NR | Naam | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|------------------------|------------|--------------|-------------|------------|----------------|
| 55 | 18 | Nys Sonja | V | 12 | 0:32:01 | 9,52 | 6:18 |
| 56 | 227 | Pelgrims Jozef | M | 44 | 0:32:41 | 9,33 | 6:26 |
| 57 | 8 | Ausseloos Karine | V | 13 | 0:33:13 | 9,18 | 6:32 |
| 58 | 17 | Vleugels Martine | V | 14 | 0:33:16 | 9,16 | 6:33 |
| 59 | 14 | De Haes Dolinda | V | 15 | 0:33:27 | 9,11 | 6:35 |
| 60 | 9 | Wouters Lucienne | V | 16 | 0:33:49 | 9,01 | 6:39 |
| 61 | 10 | Verbraeken Patricia | V | 17 | 0:35:16 | 8,64 | 6:57 |
| 62 | 233 | Van den Heuvel Laurent | M | 45 | 0:36:51 | 8,27 | 7:15 |
| 63 | 1 | Malliet Katrien | V | 18 | 0:38:07 | 8,00 | 7:30 |

1e Kappelukes Natuurloop Ramsel - 9 juli 2010

10,08 KM

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|----|-----|---------------------|-----|-------|---------|-------|---------|
| 1 | 416 | Stemans Gino | M | 1 | 0:36:37 | 16,52 | 3:38 |
| 2 | 409 | Renders Sus | M | 2 | 0:37:15 | 16,24 | 3:42 |
| 3 | 410 | Moreels Jasper | M | 3 | 0:39:36 | 15,27 | 3:56 |
| 4 | 402 | Helsen Thomas | M | 4 | 0:40:17 | 15,01 | 4:00 |
| 5 | 442 | Rijnders Jeroen | M | 5 | 0:41:49 | 14,46 | 4:09 |
| 6 | 426 | Aerts Jan | M | 6 | 0:42:29 | 14,24 | 4:13 |
| 7 | 405 | Pittevils Luc | M | 7 | 0:42:47 | 14,14 | 4:15 |
| 8 | 429 | Heylen Geert | M | 8 | 0:42:51 | 14,11 | 4:15 |
| 9 | 404 | Van Bijlen Marcel | M | 9 | 0:43:04 | 14,04 | 4:16 |
| 10 | 101 | Toelen Ann | V | 1 | 0:44:10 | 13,69 | 4:23 |
| 11 | 408 | Oeyen Jan | M | 10 | 0:44:17 | 13,66 | 4:24 |
| 12 | 407 | Vanderhoeft Danny | M | 11 | 0:44:47 | 13,51 | 4:27 |
| 13 | 403 | Vervoort Patrick | M | 12 | 0:45:34 | 13,27 | 4:31 |
| 14 | 411 | Willems Marc | M | 13 | 0:46:13 | 13,09 | 4:35 |
| 15 | 421 | Debie Mano | M | 14 | 0:46:24 | 13,03 | 4:36 |
| 16 | 439 | Van Dessel Geert | M | 15 | 0:47:20 | 12,78 | 4:42 |
| 17 | 413 | Laeremans Bart | M | 16 | 0:47:54 | 12,63 | 4:45 |
| 18 | 432 | Peeters Mario | M | 17 | 0:48:13 | 12,54 | 4:47 |
| 19 | 427 | Van Opstal Karel | M | 18 | 0:50:55 | 11,88 | 5:03 |
| 20 | 440 | Vranken Dirk | M | 19 | 0:51:43 | 11,69 | 5:08 |
| 21 | 436 | Van Vlasselaer Eddy | M | 20 | 0:51:44 | 11,69 | 5:08 |
| 22 | 438 | Crets Paul | M | 21 | 0:52:27 | 11,53 | 5:12 |
| 23 | 431 | De Winter Marc | M | 22 | 0:52:43 | 11,47 | 5:14 |
| 24 | 406 | Verhofstadt Bruno | M | 23 | 0:53:05 | 11,39 | 5:16 |
| 25 | 412 | Doucet Marc | M | 24 | 0:53:30 | 11,30 | 5:18 |
| 26 | 420 | Coolkens Roger | M | 25 | 0:53:38 | 11,28 | 5:19 |
| 27 | 419 | Coolkens Hans | M | 26 | 0:53:40 | 11,27 | 5:19 |
| 28 | 422 | Van de Velde Roger | M | 27 | 0:54:12 | 11,16 | 5:23 |
| 29 | 441 | Tubbax Johan | M | 28 | 0:54:38 | 11,07 | 5:25 |
| 30 | 418 | Heylen Francois | M | 29 | 0:54:41 | 11,06 | 5:25 |
| 31 | 102 | Tubbax Wendy | V | 2 | 0:54:54 | 11,02 | 5:27 |
| 32 | 417 | Schrevens Dirk | M | 30 | 0:55:23 | 10,92 | 5:30 |
| 33 | 425 | Noels Fons | M | 31 | 0:56:54 | 10,63 | 5:39 |
| 34 | 424 | Van de Weyer Jos | M | 32 | 0:57:12 | 10,57 | 5:40 |
| 35 | 437 | Vleugels Dirk | M | 33 | 0:57:45 | 10,47 | 5:44 |
| 36 | 415 | Bruelemans Julien | M | 34 | 0:58:30 | 10,34 | 5:48 |
| 37 | 414 | Van Laere André | M | 35 | 0:58:51 | 10,28 | 5:50 |
| 38 | 433 | Geerts Wim | M | 36 | 0:59:08 | 10,23 | 5:52 |