

23e The Classic Tessenderlo - 7 juli 2008

4 KM

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|-----------------|---------|-------|---------|
| 1 | 5189 | VANDERSPIKKEN LANDER | TESSENDERLO | 0:12:00 | 20,00 | 3:00 |
| 2 | 4407 | VERBIS THOMAS | WESTERLO | 0:12:40 | 18,95 | 3:10 |
| 3 | 4320 | VAN DE PUT THOMAS | LIER | 0:12:54 | 18,60 | 3:14 |
| 4 | 5190 | PUT WIM | HECHTEL | 0:13:08 | 18,27 | 3:17 |
| 5 | 4910 | WUYTS JASPER | GEEL | 0:13:13 | 18,16 | 3:18 |
| 6 | 4169 | MERTENS RAF | HEUSDEN-ZOLDER | 0:13:20 | 18,00 | 3:20 |
| 7 | 4933 | SCHRAEYEN KENNY | HAM | 0:13:34 | 17,69 | 3:24 |
| 8 | 4345 | BEEL PETER | HASSELT | 0:13:39 | 17,58 | 3:25 |
| 9 | 4449 | NEYENS RUBEN | TESSENDERLO | 0:13:41 | 17,54 | 3:25 |
| 10 | 5107 | PEETERS ANJA | MELDERT (LIMB.) | 0:13:41 | 17,54 | 3:25 |
| 11 | 5041 | VANDEBRIL MAXIM | TESSENDERLO | 0:13:47 | 17,41 | 3:27 |
| 12 | 4359 | CEUSTERS NICO | BEKKEVOORT | 0:13:57 | 17,20 | 3:29 |
| 13 | 4339 | MOONS GUY | TESSENDERLO | 0:14:11 | 16,92 | 3:33 |
| 14 | 4207 | PATERNOSTER MAXIM | HAACHT | 0:14:17 | 16,80 | 3:34 |
| 15 | 4206 | VAN RILLAER STEFAN | TREMELO | 0:14:19 | 16,76 | 3:35 |
| 16 | 4354 | DE ROOY ANDY | HERENTALS | 0:14:22 | 16,71 | 3:36 |
| 17 | 5001 | AUDDOR FRANK | KAGGEVINNE | 0:14:24 | 16,67 | 3:36 |
| 18 | 5042 | FOETS PIETER | TESSENDERLO | 0:14:25 | 16,65 | 3:36 |
| 19 | 4481 | BONSIGNORE ALEXANDERE | LUIK | 0:14:26 | 16,63 | 3:37 |
| 20 | 4918 | VANDERVELDEN DRIES | DEURNE (BT.) | 0:14:30 | 16,55 | 3:38 |
| 21 | 4187 | GODDEERS JANA | MELLE | 0:14:37 | 16,42 | 3:39 |
| 22 | 4435 | GHOOS MARIANNE | HAM | 0:14:42 | 16,33 | 3:41 |
| 23 | 4181 | SELS JORIS | LINT | 0:14:49 | 16,20 | 3:42 |
| 24 | 4475 | VERBRAEKEN JAN | WESTERLO | 0:14:51 | 16,16 | 3:43 |
| 25 | 5018 | RIJMEN BART | MEERHOUT | 0:14:56 | 16,07 | 3:44 |
| 26 | 5185 | BERREVOETS ROBERTO | KOERSEL | 0:14:58 | 16,04 | 3:45 |
| 27 | 5109 | KELLENS RUBEN | GEEL | 0:14:59 | 16,02 | 3:45 |
| 28 | 4469 | CURINCKX KOEN | MOL | 0:14:59 | 16,02 | 3:45 |
| 29 | 4936 | PAESEN DENNY | ZOLDER | 0:15:02 | 15,96 | 3:45 |
| 30 | 4184 | MEERTENS JINTE | LANAKEN | 0:15:09 | 15,84 | 3:47 |
| 31 | 4322 | STEVENS MARJAN | WIEKEVORST | 0:15:19 | 15,67 | 3:50 |
| 32 | 4350 | LAMBAERTS JELLE | HERENTALS | 0:15:23 | 15,60 | 3:51 |
| 33 | 5129 | BOUAABOUD ABDELLAH | DIEST | 0:15:28 | 15,52 | 3:52 |
| 34 | 4088 | GEEROMS BART | LONDERZEEL | 0:15:40 | 15,32 | 3:55 |
| 35 | 4416 | PEETERMANS FIEL | VORST-LAAKDAL | 0:15:44 | 15,25 | 3:56 |
| 36 | 4163 | BEYNAERTS KIM | BEGIJNENDIJK | 0:15:47 | 15,21 | 3:57 |
| 37 | 5106 | CORTHOUT STEFFIE | MELDERT (LIMB.) | 0:15:50 | 15,16 | 3:58 |
| 38 | 4983 | DERISON WERNER | STOKROOIE | 0:15:51 | 15,14 | 3:58 |
| 39 | 4056 | BOURMANS GUNTHER | ANTWERPEN 2 | 0:15:53 | 15,11 | 3:58 |
| 40 | 4975 | CEYSSENS BERT | HEUSDEN-ZOLDER | 0:15:55 | 15,08 | 3:59 |
| 41 | 4313 | GUNS RIA | ANTWERPEN | 0:15:55 | 15,08 | 3:59 |
| 42 | 4347 | VAN DE VREKEN LUC | SCHELLE | 0:16:01 | 14,98 | 4:00 |
| 43 | 5176 | PAUWELS REMO | LAAKDAL | 0:16:07 | 14,89 | 4:02 |
| 44 | 4355 | DE ROOY LENNARD | GROBBENDONK | 0:16:08 | 14,88 | 4:02 |
| 45 | 5002 | HELSEN BERT | HAM | 0:16:08 | 14,88 | 4:02 |
| 46 | 4456 | LAENEN CRISTOF | LAAKDAL | 0:16:09 | 14,86 | 4:02 |
| 47 | 5050 | HOOBERGS JESSE | TESSENDERLO | 0:16:12 | 14,81 | 4:03 |
| 48 | 5180 | VAN DIJCK NIELS | TESSENDERLO | 0:16:14 | 14,78 | 4:04 |
| 49 | 4101 | SIJSMANS MARC | HEPPEN | 0:16:15 | 14,77 | 4:04 |
| 50 | 4434 | VOLDERS JASPER | LAAKDAL | 0:16:16 | 14,75 | 4:04 |
| 51 | 4337 | VAN UYTSEL JOCHEM | WESTERLO | 0:16:27 | 14,59 | 4:07 |
| 52 | 4497 | VRANCKX KURT | HERENT | 0:16:27 | 14,59 | 4:07 |
| 53 | 4321 | HOUTMEYERS BRECHT | LUMMEN | 0:16:28 | 14,57 | 4:07 |
| 54 | 5012 | VERLUYTEN GORAN | DEURNE (BT.) | 0:16:28 | 14,57 | 4:07 |
| 55 | 4929 | LIBERLOO SAM | HAM | 0:16:30 | 14,55 | 4:08 |
| 56 | 4095 | WUYTS KARSTEN | BERINGEN | 0:16:30 | 14,55 | 4:08 |
| 57 | 5186 | BERREVOETS SEPPE | PAAL | 0:16:31 | 14,53 | 4:08 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|------------------|---------|-------|---------|
| 58 | 4426 | BINNEMANS WARD | TESSENDERLO | 0:16:33 | 14,50 | 4:08 |
| 59 | 4950 | RAEMAEKERS OLAF | TESSENDERLO | 0:16:34 | 14,49 | 4:09 |
| 60 | 4319 | REUMERS ROBIN | BERINGEN | 0:16:37 | 14,44 | 4:09 |
| 61 | 5037 | CARMANS GIEL | TESSENDERLO | 0:16:38 | 14,43 | 4:10 |
| 62 | 4346 | DEVROEY KIM | ZICHEM | 0:16:39 | 14,41 | 4:10 |
| 63 | 5036 | BAUWMANS JOCHEM | TESSENDERLO | 0:16:43 | 14,36 | 4:11 |
| 64 | 4441 | JANSSENS YVES | MOLENSTEDE | 0:16:44 | 14,34 | 4:11 |
| 65 | 5055 | HEYLEN PATRICK | VEERLE | 0:16:49 | 14,27 | 4:12 |
| 66 | 4304 | VLEUGELS MAARTEN | TESSENDERLO | 0:16:49 | 14,27 | 4:12 |
| 67 | 4402 | VAN DINGENEN STEF | LAAKDAL | 0:16:53 | 14,22 | 4:13 |
| 68 | 4237 | MARIEN BRAM | TESSENDERLO | 0:16:58 | 14,15 | 4:15 |
| 69 | 4465 | CEULEMANS KEVIN | WESTERLO | 0:17:01 | 14,10 | 4:15 |
| 70 | 5191 | JURESSEN STEF | TESSENDERLO | 0:17:03 | 14,08 | 4:16 |
| 71 | 4476 | LAUWEREYS ROWIN | ROTSELAAR | 0:17:03 | 14,08 | 4:16 |
| 72 | 4495 | POEL JAN | PAAL | 0:17:06 | 14,04 | 4:17 |
| 73 | 5009 | BEYENS IBN | TESSENDERLO | 0:17:07 | 14,02 | 4:17 |
| 74 | 4919 | VAN DINGENEN NIELS | PAAL | 0:17:09 | 13,99 | 4:17 |
| 75 | 4151 | VERHEYEN FEMKE | MEERHOUT | 0:17:13 | 13,94 | 4:18 |
| 76 | 5071 | VANDEWEYER GUNTER | HAM | 0:17:14 | 13,93 | 4:19 |
| 77 | 5074 | PEETERMANS ILSE | GEEL | 0:17:14 | 13,93 | 4:19 |
| 78 | 5103 | MOMMERS TOM | TESSENDERLO | 0:17:15 | 13,91 | 4:19 |
| 79 | 4160 | MENSCH CISSE | MEERHOUT | 0:17:16 | 13,90 | 4:19 |
| 80 | 4079 | WOUTERS HANS | VEERLE | 0:17:17 | 13,89 | 4:19 |
| 81 | 4317 | EYSERMANS ERIC | TESSENDERLO | 0:17:17 | 13,89 | 4:19 |
| 82 | 4436 | GHOOS LODE | HAM | 0:17:19 | 13,86 | 4:20 |
| 83 | 4425 | MANNAERT KARL | LAAKDAL | 0:17:19 | 13,86 | 4:20 |
| 84 | 4063 | SCHOEMANS CHRISTOPHE | LUMMEN | 0:17:21 | 13,83 | 4:20 |
| 85 | 4005 | VALGAERTS JOCHEN | HAM | 0:17:21 | 13,83 | 4:20 |
| 86 | 4949 | GULDENTOPS PHILIPPE | HAM | 0:17:25 | 13,78 | 4:21 |
| 87 | 4415 | ENGELLEN SEBASTIAAN | TESSENDERLO | 0:17:26 | 13,77 | 4:22 |
| 88 | 5011 | BENS TOM | TESSENDERLO | 0:17:29 | 13,73 | 4:22 |
| 89 | 4331 | AERTS RUBEN | TESSENDERLO | 0:17:29 | 13,73 | 4:22 |
| 90 | 5177 | VAN HERCK SENNE | LAAKDAL | 0:17:30 | 13,71 | 4:23 |
| 91 | 5085 | NUSSBAUM SAM | ZICHEM | 0:17:32 | 13,69 | 4:23 |
| 92 | 4948 | DAAMEN YANNICK | HAM | 0:17:32 | 13,69 | 4:23 |
| 93 | 4943 | LEUSE MACHTELD | LAAKDAL | 0:17:32 | 13,69 | 4:23 |
| 94 | 4446 | SEBRECHTS BERT | BROECHEM | 0:17:36 | 13,64 | 4:24 |
| 95 | 4136 | VANDERHOYDONCK DORIEN | TESSENDERLO | 0:17:38 | 13,61 | 4:25 |
| 96 | 4429 | NIJS TIM | HAM | 0:17:39 | 13,60 | 4:25 |
| 97 | 5089 | GIELEN STEF | TESSENDERLO | 0:17:40 | 13,58 | 4:25 |
| 98 | 4995 | EYCKMANS JOCHEN | HAM | 0:17:43 | 13,55 | 4:26 |
| 99 | 4329 | BRAEM ANDY | LUMMEN | 0:17:44 | 13,53 | 4:26 |
| 100 | 5125 | THIELENS JARNE | LAAKDAL | 0:17:47 | 13,50 | 4:27 |
| 101 | 4433 | VALGAERTS RUBEN | HOFSTADE | 0:17:47 | 13,50 | 4:27 |
| 102 | 4214 | BELIEN JEF | HAM | 0:17:49 | 13,47 | 4:27 |
| 103 | 5124 | COOMANS YANNICK | TESSENDERLO | 0:17:50 | 13,46 | 4:28 |
| 104 | 5179 | TRUYENS DRIES | LEOPOLDSBURG | 0:17:51 | 13,45 | 4:28 |
| 105 | 4935 | DEN HONDT GILLES | LAAKDAL | 0:17:53 | 13,42 | 4:28 |
| 106 | 4982 | VAN DE WEYER KRIS | VEERLE | 0:17:55 | 13,40 | 4:29 |
| 107 | 5045 | VANUYTSEL IVO | LAAKDAL | 0:17:58 | 13,36 | 4:30 |
| 108 | 4351 | VANHEUCKELOM TOM | WESTERLO | 0:17:59 | 13,35 | 4:30 |
| 109 | 5017 | BERVOETS SIEMEN | TESSENDERLO | 0:18:01 | 13,32 | 4:30 |
| 110 | 4448 | BOSMANS MAARTEN | HAM | 0:18:02 | 13,31 | 4:31 |
| 111 | 4974 | CEYSSENS MARC | HEUSDEN-ZOLDER | 0:18:04 | 13,28 | 4:31 |
| 112 | 5118 | DESANGHERE HANNES | SINT-JORIS-WINGE | 0:18:06 | 13,26 | 4:32 |
| 113 | 4217 | VERWIMP KAREL | MEERHOUT | 0:18:07 | 13,25 | 4:32 |
| 114 | 5067 | BERVOETS BART | LAAKDAL | 0:18:08 | 13,24 | 4:32 |
| 115 | 4461 | HUYSMANS RUBEN | WESTERLO | 0:18:09 | 13,22 | 4:32 |
| 116 | 5133 | ACKX ELINE | TESSENDERLO | 0:18:12 | 13,19 | 4:33 |
| 117 | 4353 | NEVEN JORRIT | TONGEREN | 0:18:13 | 13,17 | 4:33 |
| 118 | 5161 | BERTELS SIMON | TESSENDERLO | 0:18:14 | 13,16 | 4:34 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|----------------|---------|-------|---------|
| 119 | 4143 | CUYPERS FABIAN | LEUVEN | 0:18:16 | 13,14 | 4:34 |
| 120 | 4229 | VAN MEEUWEN ADAM | TESSENDERLO | 0:18:16 | 13,14 | 4:34 |
| 121 | 4438 | GEUKENS SOFIE | MOL | 0:18:17 | 13,13 | 4:34 |
| 122 | 4364 | VERDING ULRİK | HELCHTEREN | 0:18:18 | 13,11 | 4:35 |
| 123 | 4951 | VANDEVENNE GLEN | LUMMEN | 0:18:20 | 13,09 | 4:35 |
| 124 | 4130 | REYNDERS WIM | MEERHOUT | 0:18:22 | 13,07 | 4:36 |
| 125 | 4162 | VAN BAEKEL TOON | TESSENDERLO | 0:18:24 | 13,04 | 4:36 |
| 126 | 4108 | WILS ROB | KASTERLEE | 0:18:25 | 13,03 | 4:36 |
| 127 | 4947 | PEETERMANS RIK | LAAKDAL | 0:18:28 | 13,00 | 4:37 |
| 128 | 4324 | VANDENEYNDE CLIFF | TESSENDERLO | 0:18:30 | 12,97 | 4:38 |
| 129 | 4157 | GOOS ARNO | DEURNE (BT.) | 0:18:30 | 12,97 | 4:38 |
| 130 | 4312 | VALGAERTS DIETER | HAM | 0:18:33 | 12,94 | 4:38 |
| 131 | 4403 | STERCKX DYLAN | MEERHOUT | 0:18:34 | 12,93 | 4:39 |
| 132 | 4306 | HERMANS PETER | TESSENDERLO | 0:18:36 | 12,90 | 4:39 |
| 133 | 5123 | SCHROEYEN ILIAN | HEUSDEN-ZOLDER | 0:18:36 | 12,90 | 4:39 |
| 134 | 5121 | PUT GEORGES | LUMMEN | 0:18:37 | 12,89 | 4:39 |
| 135 | 4310 | | | 0:18:37 | 12,89 | 4:39 |
| 136 | 4328 | JANSSENS ALEXANDER | DIEST | 0:18:39 | 12,87 | 4:40 |
| 137 | 4302 | DANHIER MICHAEL | GEEL | 0:18:40 | 12,86 | 4:40 |
| 138 | 4081 | BROEKHOVEN SASKIA | PAAL | 0:18:41 | 12,85 | 4:40 |
| 139 | 5028 | BERVOETS RUBEN | TESSENDERLO | 0:18:42 | 12,83 | 4:40 |
| 140 | 5072 | VAN DE WEYER ELEWOUT | HAM | 0:18:43 | 12,82 | 4:41 |
| 141 | 4303 | COENEN KEVIN | TESSENDERLO | 0:18:44 | 12,81 | 4:41 |
| 142 | 4459 | CUYPERS PIETER | ZICHEM | 0:18:45 | 12,80 | 4:41 |
| 143 | 5173 | GIELEN STEVEN | HASSELT | 0:18:46 | 12,79 | 4:42 |
| 144 | 4487 | MEIR KATHO | OUD-TURNHOUT | 0:18:47 | 12,78 | 4:42 |
| 145 | 4159 | MENSCH RUDY | MEERHOUT | 0:18:47 | 12,78 | 4:42 |
| 146 | 4325 | ISIN HUSEYN | TESSENDERLO | 0:18:49 | 12,75 | 4:42 |
| 147 | 4496 | POEL WARD | PAAL | 0:18:50 | 12,74 | 4:43 |
| 148 | 4109 | MATTIJS SEEGER | HEIST O/D BERG | 0:18:50 | 12,74 | 4:43 |
| 149 | 4432 | ENKELS WIETSE | TESSENDERLO | 0:18:51 | 12,73 | 4:43 |
| 150 | 4203 | VAN DINGENEN HEIDI | LAAKDAL | 0:18:52 | 12,72 | 4:43 |
| 151 | 4076 | VANSICHEN KENNETH | PAAL | 0:18:55 | 12,69 | 4:44 |
| 152 | 4489 | DE CEUSTER ROBBE | WESTERLO | 0:18:55 | 12,69 | 4:44 |
| 153 | 5086 | DE LEUZE PETER | ZICHEM | 0:18:55 | 12,69 | 4:44 |
| 154 | 4141 | CRAUWELS NOAH | MAASMECHELEN | 0:18:56 | 12,68 | 4:44 |
| 155 | 4490 | DE CEUSTER DANNY | WESTERLO | 0:18:56 | 12,68 | 4:44 |
| 156 | 4344 | SWIJSEN JONAS | HERK-DE-STAD | 0:18:58 | 12,65 | 4:45 |
| 157 | 5168 | VANZEIR DANTE | BERINGEN | 0:18:59 | 12,64 | 4:45 |
| 158 | 4464 | TAELS LENNERT | LAAKDAL | 0:18:59 | 12,64 | 4:45 |
| 159 | 4082 | BOSMANS SOFIE | ZONHOVEN | 0:18:59 | 12,64 | 4:45 |
| 160 | 4430 | GUENENS JEFFREY | TESSENDERLO | 0:19:01 | 12,62 | 4:45 |
| 161 | 4457 | LANGLET DOMINIQUE | DE KLINGE | 0:19:06 | 12,57 | 4:46 |
| 162 | 4458 | PROESMANS PATRICK | DE KLINGE | 0:19:07 | 12,55 | 4:47 |
| 163 | 4099 | BOSMANS PATRICK | HAM | 0:19:08 | 12,54 | 4:47 |
| 164 | 4488 | BROUX KIM | (NOORWEGEN) | 0:19:09 | 12,53 | 4:47 |
| 165 | 4164 | HOYDONCKX JASPER | DIEST-DEURNE | 0:19:10 | 12,52 | 4:48 |
| 166 | 4073 | VERACHTERT EEFJE | BERTEM | 0:19:10 | 12,52 | 4:48 |
| 167 | 4323 | VERLUYTEN ROBIN | TESSENDERLO | 0:19:11 | 12,51 | 4:48 |
| 168 | 4259 | RUTTEN STEVEN | TESSENDERLO | 0:19:12 | 12,50 | 4:48 |
| 169 | 5088 | WOUTERS SVEN | ZICHEM | 0:19:12 | 12,50 | 4:48 |
| 170 | 4135 | CHODY PASCALE | TESSENDERLO | 0:19:13 | 12,49 | 4:48 |
| 171 | 4482 | HERMANS NOMMI | BEVERLO | 0:19:15 | 12,47 | 4:49 |
| 172 | 4315 | VAN LIER STEFAN | TREMELO | 0:19:15 | 12,47 | 4:49 |
| 173 | 5194 | WAUTERS RAYAH | TESSENDERLO | 0:19:16 | 12,46 | 4:49 |
| 174 | 4418 | COOMANS ZINIO | TESSENDERLO | 0:19:18 | 12,44 | 4:50 |
| 175 | 4480 | WINDMOLDERS JONAS | LEOPOLDSBURG | 0:19:18 | 12,44 | 4:50 |
| 176 | 5187 | WINNERS LUCA | BERINGEN | 0:19:18 | 12,44 | 4:50 |
| 177 | 4419 | COOMANS JONATHAN | VORST-LAAKDAL | 0:19:19 | 12,42 | 4:50 |
| 178 | 4424 | SCHOONIS FRANCOIS | TESSENDERLO | 0:19:20 | 12,41 | 4:50 |
| 179 | 4986 | KENENS STEVEN | KERMT | 0:19:21 | 12,40 | 4:50 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|---------------------------|-------------------|---------|-------|---------|
| 180 | 4008 | PEIRLINCK LOUIS | HASSELT | 0:19:22 | 12,39 | 4:51 |
| 181 | 4170 | AERTS PETER | OLEN | 0:19:22 | 12,39 | 4:51 |
| 182 | 4902 | DEBOUTTE JORGEN | DEURNE (BT.) | 0:19:24 | 12,37 | 4:51 |
| 183 | 5170 | BEYENS ULRIKE | TESSENDERLO | 0:19:25 | 12,36 | 4:51 |
| 184 | 4104 | LIEKENS THOMAS | HEIST-OP-DEN-BERG | 0:19:25 | 12,36 | 4:51 |
| 185 | 4352 | OMBELETS KOEN | HASSELT | 0:19:25 | 12,36 | 4:51 |
| 186 | 4327 | HOET LIEVEN | SCHAFFEN (DIEST) | 0:19:27 | 12,34 | 4:52 |
| 187 | 5184 | BERREVOETS CHIARA | PAAL | 0:19:27 | 12,34 | 4:52 |
| 188 | 4437 | VOLDERS YENTL | TESSENDERLO | 0:19:29 | 12,32 | 4:52 |
| 189 | 4211 | BOEYNAEMS FREDDY | ZICHEM | 0:19:29 | 12,32 | 4:52 |
| 190 | 4330 | MEEKERS KRISTOF | PAAL | 0:19:30 | 12,31 | 4:53 |
| 191 | 4051 | TIEMENS JAN | VOORBURG | 0:19:31 | 12,30 | 4:53 |
| 192 | 5093 | PEETERS HUGO | LEOPOLDSBURG | 0:19:32 | 12,29 | 4:53 |
| 193 | 4102 | VAN DER SCHRAELEN KRISTOF | HALLAAR | 0:19:32 | 12,29 | 4:53 |
| 194 | 5092 | FAGARD DIRK | TESSENDERLO | 0:19:34 | 12,27 | 4:54 |
| 195 | 4908 | BECKERS MARLIES | MEERHOUT | 0:19:34 | 12,27 | 4:54 |
| 196 | 4087 | DE MEYST GINO | GREMBERGEN | 0:19:35 | 12,26 | 4:54 |
| 197 | 4450 | EENS JONAS | TESSENDERLO | 0:19:36 | 12,24 | 4:54 |
| 198 | 4216 | BELIEN JO | HAM | 0:19:37 | 12,23 | 4:54 |
| 199 | 4336 | JACOBS TANIA | DIEST | 0:19:38 | 12,22 | 4:54 |
| 200 | 5166 | REYKERS MATHIJS | TESSENDERLO | 0:19:39 | 12,21 | 4:55 |
| 201 | 4334 | VERHEIJEN FREDERIK | TESSENDERLO | 0:19:40 | 12,20 | 4:55 |
| 202 | 5162 | CLAES QUINTEN | TESSENDERLO | 0:19:41 | 12,19 | 4:55 |
| 203 | 4404 | STERCKX PATRICK | MEERHOUT | 0:19:45 | 12,15 | 4:56 |
| 204 | 5120 | DAEMS LENNERT | MEERHOUT | 0:19:46 | 12,14 | 4:57 |
| 205 | 4131 | PEIRELINCK MARIE | HASSELT | 0:19:46 | 12,14 | 4:57 |
| 206 | 5119 | LINTERMANS EVERT | LAAKDAL | 0:19:48 | 12,12 | 4:57 |
| 207 | 5165 | REYKERS SIMON | TESSENDERLO | 0:19:49 | 12,11 | 4:57 |
| 208 | 4477 | VAN BALLAER INNE | OLEN | 0:19:49 | 12,11 | 4:57 |
| 209 | 4335 | PEETERS VINCE | HAM | 0:19:51 | 12,09 | 4:58 |
| 210 | 4219 | HUYGENS ROBIN | LAAKDAL | 0:19:51 | 12,09 | 4:58 |
| 211 | 4236 | DAEMS TIM | TESSENDERLO | 0:19:51 | 12,09 | 4:58 |
| 212 | 4428 | DEPREZ ANDY | HAM | 0:19:55 | 12,05 | 4:59 |
| 213 | 4145 | MAES STIJN | KURINGEN | 0:19:56 | 12,04 | 4:59 |
| 214 | 4091 | WOUTERS ARNE | MERKSEM (ANTW.) | 0:19:57 | 12,03 | 4:59 |
| 215 | 4148 | MAES RONNY | KURINGEN | 0:20:00 | 12,00 | 5:00 |
| 216 | 4180 | SOMERS TOM | HERSELT | 0:20:00 | 12,00 | 5:00 |
| 217 | 5024 | DE CROCK BEN | TESSENDERLO | 0:20:06 | 11,94 | 5:02 |
| 218 | 4228 | GRIETEN STEFAN | LAAKDAL | 0:20:09 | 11,91 | 5:02 |
| 219 | 4137 | VAN DEN BERGH LUC | TESSENDERLO | 0:20:10 | 11,90 | 5:03 |
| 220 | 5073 | LEBON KIRSTEN | GEEL | 0:20:11 | 11,89 | 5:03 |
| 221 | 4205 | GEBOORS FINA | TESSENDERLO | 0:20:11 | 11,89 | 5:03 |
| 222 | 4009 | HORTEN JULIEN | HEUSDEN-ZOLDER | 0:20:13 | 11,87 | 5:03 |
| 223 | 5199 | GOVAERTS SOFIE | HAM | 0:20:14 | 11,86 | 5:04 |
| 224 | 5090 | CLAES YANNICK | KURINGEN | 0:20:14 | 11,86 | 5:04 |
| 225 | 5027 | NATEN STEF | TESSENDERLO | 0:20:14 | 11,86 | 5:04 |
| 226 | 4090 | VAN GOETHEM MARTINE | MERKSEM (ANTW.) | 0:20:17 | 11,83 | 5:04 |
| 227 | 4909 | VERSTRAETEN AMBER | HAM | 0:20:17 | 11,83 | 5:04 |
| 228 | 5026 | NATEN FILIP | TESSENDERLO | 0:20:17 | 11,83 | 5:04 |
| 229 | 5033 | VAN AEKEN KEVIN | TESSENDERLO | 0:20:20 | 11,80 | 5:05 |
| 230 | 4254 | MATERNE JEAN-MARIE | AMAY | 0:20:22 | 11,78 | 5:06 |
| 231 | 5160 | BERTELS HUGO | TESSENDERLO | 0:20:23 | 11,77 | 5:06 |
| 232 | 4427 | DEPREZ JIMMY | TESSENDERLO | 0:20:26 | 11,75 | 5:07 |
| 233 | 5019 | VERMEIREN TESSA | TESSENDERLO | 0:20:28 | 11,73 | 5:07 |
| 234 | 5163 | PEETERS GUIDO | TESSENDERLO | 0:20:28 | 11,73 | 5:07 |
| 235 | 4410 | HENDRICKX GUNTER | NEERPELT | 0:20:32 | 11,69 | 5:08 |
| 236 | 4423 | WOUTERS EMELY | DEURNE (DIEST) | 0:20:34 | 11,67 | 5:09 |
| 237 | 4204 | VAN ROMPAEY SIEGRID | MOL | 0:20:34 | 11,67 | 5:09 |
| 238 | 4915 | JANS CHRISTOPHE | OELEGEM | 0:20:39 | 11,62 | 5:10 |
| 239 | 4326 | CORVERS BJARNE | PAAL | 0:20:39 | 11,62 | 5:10 |
| 240 | 4917 | MISEUR WILLEM | TESSENDERLO | 0:20:42 | 11,59 | 5:11 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|----------------------------|--------------------|---------|-------|---------|
| 241 | 4963 | JACOBS JEFF | DEURNE (BT.) | 0:20:43 | 11,58 | 5:11 |
| 242 | 4901 | VANDEWEYER KASPER | TESSENDERLO | 0:20:45 | 11,57 | 5:11 |
| 243 | 4366 | JENNEN KURT | ZICHEM | 0:20:45 | 11,57 | 5:11 |
| 244 | 4422 | WOUTERS BRITT | DEURNE (DIEST) | 0:20:46 | 11,56 | 5:12 |
| 245 | 4006 | VERBOVEN LIESBETH | PAAL | 0:20:47 | 11,55 | 5:12 |
| 246 | 4962 | VANDEBROEK ROALD | LUMMEN | 0:20:50 | 11,52 | 5:13 |
| 247 | 5077 | | | 0:20:50 | 11,52 | 5:13 |
| 248 | 4307 | VERELLEN WILLEM | LAAKDAL | 0:20:51 | 11,51 | 5:13 |
| 249 | 4452 | VERSTREPEN DIANE | OLEN | 0:20:54 | 11,48 | 5:14 |
| 250 | 4192 | THYS MYRIAM | BALEN | 0:20:54 | 11,48 | 5:14 |
| 251 | 4904 | PLACQUE ROBIN | TESSENDERLO | 0:20:59 | 11,44 | 5:15 |
| 252 | 4903 | VANDEBROEK NELE | DEURNE (BT.) | 0:21:00 | 11,43 | 5:15 |
| 253 | 4301 | BUYSE WILLIAM | BOCHOLT | 0:21:03 | 11,40 | 5:16 |
| 254 | 5031 | CAENBERGHS KRISTEL | DIEST | 0:21:04 | 11,39 | 5:16 |
| 255 | 4985 | VAN DER MEER PETER | HAM | 0:21:06 | 11,37 | 5:17 |
| 256 | 4106 | BOUCHET PHILIP | DIEPENBEEK | 0:21:07 | 11,37 | 5:17 |
| 257 | 5020 | WATERSCHOOT JEFF | DIEST | 0:21:09 | 11,35 | 5:17 |
| 258 | 4156 | VANWETSWINKEL HUGO | PAAL | 0:21:10 | 11,34 | 5:18 |
| 259 | 4096 | BRUYLINCKX LEEN | HOOGSTRATEN | 0:21:10 | 11,34 | 5:18 |
| 260 | 4227 | NUYTS LUTGARD | LAAKDAL | 0:21:11 | 11,33 | 5:18 |
| 261 | 4956 | LIEVENS THOMAS | GEEL | 0:21:11 | 11,33 | 5:18 |
| 262 | 4411 | WOUTERS INGE | LAAKDAL | 0:21:13 | 11,31 | 5:18 |
| 263 | 4212 | VAN THIELEN DANIELLE | ZICHEM | 0:21:14 | 11,30 | 5:19 |
| 264 | 4014 | RAMAKERS ANNEMIE | KOERSEL | 0:21:16 | 11,29 | 5:19 |
| 265 | 4003 | VANDER KUYLEN CHRISTIAAN | KESSEL-LO | 0:21:17 | 11,28 | 5:19 |
| 266 | 4238 | VAN AKEN NELE | TESSENDERLO | 0:21:19 | 11,26 | 5:20 |
| 267 | 4074 | VAN DEN BRANDE CAROLIEN | PULDERBOS | 0:21:19 | 11,26 | 5:20 |
| 268 | 4239 | VAN AEKEN JOS | TESSENDERLO | 0:21:20 | 11,25 | 5:20 |
| 269 | 4166 | SCHUERWEGEN ERIKA | BROECHEM | 0:21:20 | 11,25 | 5:20 |
| 270 | 4930 | LIBERLOO EMMA | HAM | 0:21:23 | 11,22 | 5:21 |
| 271 | 4215 | BELIEN KOEN | HAM | 0:21:23 | 11,22 | 5:21 |
| 272 | 4333 | CAUBERGHS LINDA | DEURNE (DIEST) | 0:21:24 | 11,21 | 5:21 |
| 273 | 5127 | VERHEYDEN ROBIN | HAM | 0:21:24 | 11,21 | 5:21 |
| 274 | 4913 | | | 0:21:26 | 11,20 | 5:21 |
| 275 | 4912 | | | 0:21:26 | 11,20 | 5:21 |
| 276 | 4372 | COOSEMANS ROBBY | MOLENBEEK-WERSBEEK | 0:21:26 | 11,20 | 5:21 |
| 277 | 5005 | COPPENS MARIA | RETIE | 0:21:28 | 11,18 | 5:22 |
| 278 | 4931 | LIBERLOO GERT | HAM | 0:21:29 | 11,17 | 5:22 |
| 279 | 5070 | SCHROVEN JOREN | LAAKDAL | 0:21:31 | 11,15 | 5:23 |
| 280 | 4052 | KRIEK PETER | DEN HAAG | 0:21:31 | 11,15 | 5:23 |
| 281 | 4960 | MERTENS GLENN | TESSENDERLO | 0:21:32 | 11,15 | 5:23 |
| 282 | 5164 | VAN HOUTVEN DANNY | KOERSEL | 0:21:33 | 11,14 | 5:23 |
| 283 | 5104 | VAN DEN BERGH MARIE JEANNE | TESSENDERLO | 0:21:35 | 11,12 | 5:24 |
| 284 | 4961 | VANDERSTUKKEN MATHIAS | TESSENDERLO | 0:21:35 | 11,12 | 5:24 |
| 285 | 4472 | VANONCKELEN NEIL | DIEST | 0:21:37 | 11,10 | 5:24 |
| 286 | 4128 | BROECKX TINY | MEERHOUT | 0:21:41 | 11,07 | 5:25 |
| 287 | 4964 | CLAES MARLEEN | TESSENDERLO | 0:21:43 | 11,05 | 5:26 |
| 288 | 4999 | COOLS ANNELIES | TESSENDERLO | 0:21:49 | 11,00 | 5:27 |
| 289 | 5000 | SANNEN GIJS | HECHTEL | 0:21:52 | 10,98 | 5:28 |
| 290 | 4194 | BERCKMANS LEO | BALEN | 0:21:54 | 10,96 | 5:28 |
| 291 | 4226 | SWINNEN ILSE | DEURNE (BT.) | 0:21:56 | 10,94 | 5:29 |
| 292 | 5122 | STOKMANS LANDER | PAAL | 0:21:57 | 10,93 | 5:29 |
| 293 | 5062 | VOLDERS ANDRE | BERINGEN | 0:21:57 | 10,93 | 5:29 |
| 294 | 4126 | LAUWERS LAURENS | KESSEL-LO | 0:22:02 | 10,89 | 5:31 |
| 295 | 4086 | VAN KERCKHOVEN BRAM | TESSENDERLO | 0:22:04 | 10,88 | 5:31 |
| 296 | 4953 | WINNEN GERDA | TESTELT | 0:22:05 | 10,87 | 5:31 |
| 297 | 4132 | COUSAERT LOES | MEERHOUT | 0:22:05 | 10,87 | 5:31 |
| 298 | 4989 | TIMMERMANS JAN | LOMMEL | 0:22:07 | 10,85 | 5:32 |
| 299 | 4990 | VAN DROOGENBROECK WIM | WILSELE | 0:22:09 | 10,84 | 5:32 |
| 300 | 4973 | CLERCKX PATRICIA | MERKSEM (ANTW.) | 0:22:10 | 10,83 | 5:33 |
| 301 | 5063 | LUYTEN TOON | WESTERLO | 0:22:11 | 10,82 | 5:33 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|----------------|---------|-------|---------|
| 302 | 4316 | VALGAERTS JOCHEN | HAM | 0:22:12 | 10,81 | 5:33 |
| 303 | 4473 | ANDRIES RIA | BURCHT | 0:22:13 | 10,80 | 5:33 |
| 304 | 4447 | CELIS BETTY | BROECHEM | 0:22:13 | 10,80 | 5:33 |
| 305 | 4444 | VERHAERT PHILIPPE | MOLENSTEDE | 0:22:14 | 10,79 | 5:34 |
| 306 | 4445 | VERHAERT SENNE | MOLENSTEDE | 0:22:15 | 10,79 | 5:34 |
| 307 | 4365 | CUPPENS KATRIEN | HELCHTEREN | 0:22:16 | 10,78 | 5:34 |
| 308 | 4189 | SCHELLEKENS YVES | GEEL | 0:22:16 | 10,78 | 5:34 |
| 309 | 5008 | MICHIELS ANDRE | MOL | 0:22:18 | 10,76 | 5:35 |
| 310 | 5038 | GIELEN SAM | TESSENDERLO | 0:22:20 | 10,75 | 5:35 |
| 311 | 5039 | GIELEN PATRICK | TESSENDERLO | 0:22:22 | 10,73 | 5:35 |
| 312 | 4225 | PELGROMS ELS | TESSENDERLO | 0:22:22 | 10,73 | 5:35 |
| 313 | 4400 | CORTEN THOMAS | WESTERLO | 0:22:23 | 10,72 | 5:36 |
| 314 | 4196 | CLAESKENS ESTHER | LAAKDAL | 0:22:24 | 10,71 | 5:36 |
| 315 | 4977 | AERTS NANCY | BERINGEN | 0:22:26 | 10,70 | 5:37 |
| 316 | 4245 | VANKRUNKELSVEN BARBARA | TONGEREN | 0:22:27 | 10,69 | 5:37 |
| 317 | 4244 | VERDULT JOHN | BORN | 0:22:27 | 10,69 | 5:37 |
| 318 | 5013 | HOEBRECHTS VERA | BUNSBEEK | 0:22:28 | 10,68 | 5:37 |
| 319 | 4976 | THEUNKENS TINE | BEVERLO | 0:22:28 | 10,68 | 5:37 |
| 320 | 4362 | KUYCKX DO | PAAL | 0:22:30 | 10,67 | 5:37 |
| 321 | 5117 | VAN DAEL TOON | BOCHOLT | 0:22:30 | 10,67 | 5:37 |
| 322 | 5197 | MONDELAERS LISE | TESSENDERLO | 0:22:33 | 10,64 | 5:38 |
| 323 | 5056 | VANTHIENEN ANNELEEN | HOELEDEN | 0:22:36 | 10,62 | 5:39 |
| 324 | 4966 | JANSSENS LILIAN | GEEL | 0:22:36 | 10,62 | 5:39 |
| 325 | 5114 | VERMEIREN ANNELIES | LEUVEN | 0:22:38 | 10,60 | 5:39 |
| 326 | 5178 | LAEVEREN ILSE | LEOPOLDSBURG | 0:22:39 | 10,60 | 5:40 |
| 327 | 5052 | VAN EECKHOUTTE MAAIKE | LINDEN | 0:22:39 | 10,60 | 5:40 |
| 328 | 4406 | BECKERS LIEZE | DEURNE (DIEST) | 0:22:40 | 10,59 | 5:40 |
| 329 | 4907 | | | 0:22:40 | 10,59 | 5:40 |
| 330 | 5003 | DAENEN TOM | HAM | 0:22:42 | 10,57 | 5:40 |
| 331 | 5057 | HEYLEN AGNES | KORTENAKEN | 0:22:44 | 10,56 | 5:41 |
| 332 | 4992 | BILS LUC | STOKROOIE | 0:22:47 | 10,53 | 5:42 |
| 333 | 4152 | VOETS ANJA | MEERHOUT | 0:22:48 | 10,53 | 5:42 |
| 334 | 4125 | BOSCHMANS LIEVE | KESSEL-LO | 0:22:48 | 10,53 | 5:42 |
| 335 | 5159 | CAUFRIEZ VANESSA | PAAL | 0:22:49 | 10,52 | 5:42 |
| 336 | 4998 | COOLS EVELIEN | TESSENDERLO | 0:22:50 | 10,51 | 5:42 |
| 337 | 4349 | VANSPAUWEN JORDI | LUMMEN | 0:22:53 | 10,49 | 5:43 |
| 338 | 4368 | HERMANS DAISY | LAAKDAL | 0:22:54 | 10,48 | 5:43 |
| 339 | 4305 | KEYKEN EDDY | TESSENDERLO | 0:22:54 | 10,48 | 5:43 |
| 340 | 4221 | BERVOETS LENNERT | TESSENDERLO | 0:22:55 | 10,47 | 5:44 |
| 341 | 4261 | VAN NUFFELEN JOHN | SCHERPENHEUVEL | 0:22:57 | 10,46 | 5:44 |
| 342 | 4262 | CARTOOS CINDY | SCHERPENHEUVEL | 0:22:57 | 10,46 | 5:44 |
| 343 | 4454 | SMETS HANNE | OLEN | 0:22:58 | 10,45 | 5:45 |
| 344 | 4001 | GHOOS SIMON | LAAKDAL | 0:22:59 | 10,44 | 5:45 |
| 345 | 5064 | MAES KARINE | HAM | 0:22:59 | 10,44 | 5:45 |
| 346 | 4300 | LEYSEN JAN | LAAKDAL | 0:23:00 | 10,43 | 5:45 |
| 347 | 4492 | SEVERI NANCY | BOUTERSEM | 0:23:01 | 10,43 | 5:45 |
| 348 | 4118 | SCHOEMANS SOPHIE | LUMMEN | 0:23:01 | 10,43 | 5:45 |
| 349 | 4142 | ROBEYN TINNE | GEEL | 0:23:01 | 10,43 | 5:45 |
| 350 | 4972 | EXELMANS CINDY | LAAKDAL | 0:23:03 | 10,41 | 5:46 |
| 351 | 4114 | DE VLIAGER KARINE | WIEKEVORST | 0:23:04 | 10,40 | 5:46 |
| 352 | 4332 | VAN UYTSEL FEMKE | LAAKDAL | 0:23:04 | 10,40 | 5:46 |
| 353 | 5065 | VAN DE WEYER POLINE | HAM | 0:23:05 | 10,40 | 5:46 |
| 354 | 4957 | HANEGREEFS FRANCINE | HAM | 0:23:07 | 10,38 | 5:47 |
| 355 | 4167 | JANSEN GREET | MEER | 0:23:07 | 10,38 | 5:47 |
| 356 | 4168 | AERTS LEEN | HOOGSTRATEN | 0:23:08 | 10,37 | 5:47 |
| 357 | 5046 | GUILLEMYN MARC | | 0:23:09 | 10,37 | 5:47 |
| 358 | 4222 | BERVOETS LIEZEL | TESSENDERLO | 0:23:09 | 10,37 | 5:47 |
| 359 | 4906 | VERSTRAETEN BRENT | HAM | 0:23:09 | 10,37 | 5:47 |
| 360 | 5192 | BUNTINX SASKIA | PEER | 0:23:10 | 10,36 | 5:47 |
| 361 | 4468 | BECKERS JOLIEN | ZANDWAVER | 0:23:11 | 10,35 | 5:48 |
| 362 | 4129 | BROECKX FRANCOIS | MEERHOUT | 0:23:12 | 10,34 | 5:48 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|-----------------------|---------|-------|---------|
| 363 | 5116 | SERNEELS WOUTER | PUTTE | 0:23:13 | 10,34 | 5:48 |
| 364 | 4172 | VANHAUWERE JOKE | DIEST | 0:23:13 | 10,34 | 5:48 |
| 365 | 5142 | STEENACKERS VIKTOR | TESSENDERLO | 0:23:14 | 10,33 | 5:48 |
| 366 | 4369 | LEKENS JOEL | GEEL | 0:23:15 | 10,32 | 5:49 |
| 367 | 4370 | LEKENS ARNE | GEEL | 0:23:16 | 10,32 | 5:49 |
| 368 | 4451 | DE WIT TESSA | PAAL | 0:23:16 | 10,32 | 5:49 |
| 369 | 4171 | PIETERS KRIS | KAGGEVINNE | 0:23:16 | 10,32 | 5:49 |
| 370 | 5141 | CAMPS WOUT | AVERBODE | 0:23:16 | 10,32 | 5:49 |
| 371 | 4485 | OPDEBEECK FRIEDA | HOUWAART | 0:23:17 | 10,31 | 5:49 |
| 372 | 4119 | JACOBS ULRIKE | GROTE-BROGEL | 0:23:18 | 10,30 | 5:49 |
| 373 | 4085 | HERNANDEZ PABLO | LILLE | 0:23:19 | 10,29 | 5:50 |
| 374 | 4115 | GIJBELS REINE | PEER | 0:23:19 | 10,29 | 5:50 |
| 375 | 4175 | SEBRECHTS ANNE | BROECHEM | 0:23:19 | 10,29 | 5:50 |
| 376 | 4905 | SEVERIJNS HANNE | DEURNE (BT.) | 0:23:19 | 10,29 | 5:50 |
| 377 | 5068 | BOERMANS KOEN | LAAKDAL | 0:23:21 | 10,28 | 5:50 |
| 378 | 5134 | PEETERS RIA | DEURNE (BT.) | 0:23:21 | 10,28 | 5:50 |
| 379 | 5096 | DUYCK LEEN | ANTWERPEN 1 | 0:23:22 | 10,27 | 5:50 |
| 380 | 5035 | VAN LIMBERGEN DAILINE | TESSENDERLO | 0:23:22 | 10,27 | 5:50 |
| 381 | 4113 | WILLEMS RITA | ZONHOVEN | 0:23:23 | 10,26 | 5:51 |
| 382 | 4120 | MOONS JOHAN | BERINGEN | 0:23:23 | 10,26 | 5:51 |
| 383 | 4140 | JANSSEN KEVIN | HAM | 0:23:24 | 10,26 | 5:51 |
| 384 | 5022 | COOLS KRISTINE | MEERHOUT | 0:23:26 | 10,24 | 5:51 |
| 385 | 4077 | GYESBREGHS MARIA | MEERHOT | 0:23:28 | 10,23 | 5:52 |
| 386 | 4133 | SAUTER STEF | HASSELT | 0:23:29 | 10,22 | 5:52 |
| 387 | 4358 | VAN HOREBEEK INNEKE | HOUWAART | 0:23:34 | 10,18 | 5:53 |
| 388 | 5040 | STRAUVEN CARLA | TESSENDERLO | 0:23:34 | 10,18 | 5:53 |
| 389 | 4471 | BILLEN HANNAH | ALKEN | 0:23:36 | 10,17 | 5:54 |
| 390 | 4178 | ROSY NATHALIE | GEEL | 0:23:36 | 10,17 | 5:54 |
| 391 | 5135 | SANDERS DANIEL | MORTSEL | 0:23:38 | 10,16 | 5:54 |
| 392 | 5136 | DE RIDDER JOHAN | BERCHEM (ANTW.) | 0:23:39 | 10,15 | 5:55 |
| 393 | 5099 | VAN DE POEL EMILE | HOFSTADE (BT.) | 0:23:41 | 10,13 | 5:55 |
| 394 | 5100 | VAN DE POEL CLAIRE | HOFSTADE (BT.) | 0:23:42 | 10,13 | 5:55 |
| 395 | 4357 | VAN MEER PAUL | EKEREN | 0:23:43 | 10,12 | 5:56 |
| 396 | 4183 | KISMANN INGE | EKEREN | 0:23:45 | 10,11 | 5:56 |
| 397 | 4923 | HELSEN MARTHE | HAM | 0:23:46 | 10,10 | 5:56 |
| 398 | 4241 | WILLEMS NATASJA | TESSENDERLO | 0:23:46 | 10,10 | 5:56 |
| 399 | 4474 | HELSEN GEERT | HAM | 0:23:47 | 10,09 | 5:57 |
| 400 | 4486 | LAENENS SASKIA | TIELT-WINGE | 0:23:49 | 10,08 | 5:57 |
| 401 | 4993 | GELADI LAURA | KURINGEN | 0:23:49 | 10,08 | 5:57 |
| 402 | 4147 | BOSCHMANS PETER | GEEL | 0:23:50 | 10,07 | 5:57 |
| 403 | 4412 | BECKERS KURT | TESSENDERLO | 0:23:51 | 10,06 | 5:58 |
| 404 | 4201 | SMETS ANNELEEN | HOUTHALEN | 0:23:52 | 10,06 | 5:58 |
| 405 | 4004 | LAENEN BERTE | BERINGEN | 0:23:52 | 10,06 | 5:58 |
| 406 | 4146 | BOSCHMANS TINNE | GEEL | 0:23:52 | 10,06 | 5:58 |
| 407 | 5169 | CUCUA NADIA | BERINGEN | 0:23:53 | 10,05 | 5:58 |
| 408 | 4210 | BOEYNAENS DANIEL | TESTELT | 0:23:54 | 10,04 | 5:58 |
| 409 | 4479 | CEULEMANS BART | KOERSEL | 0:23:55 | 10,03 | 5:59 |
| 410 | 5167 | THEYS GEERTJE | TESSENDERLO | 0:23:55 | 10,03 | 5:59 |
| 411 | 4478 | CEUNEN RUDI | KOERSEL | 0:23:56 | 10,03 | 5:59 |
| 412 | 5032 | DE JONG ANS | TESSENDERLO | 0:23:56 | 10,03 | 5:59 |
| 413 | 4080 | DEN HOND SONJA | WESTERLO | 0:23:57 | 10,02 | 5:59 |
| 414 | 4338 | JACOBS FRANCOIS | HELCHTEREN | 0:23:58 | 10,01 | 6:00 |
| 415 | 5029 | REYNDERS INA | PAAL | 0:23:59 | 10,01 | 6:00 |
| 416 | 4342 | DEKEUKELARE EVY | MORKHOVEN (HERENTALS) | 0:23:59 | 10,01 | 6:00 |
| 417 | 4134 | EGGINK INGRID | HASSELT | 0:23:59 | 10,01 | 6:00 |
| 418 | 4934 | CUYVERS PATRICIA | LAAKDAL | 0:24:00 | 10,00 | 6:00 |
| 419 | 4401 | ULIN GERARD | AFFLIGEM | 0:24:02 | 9,99 | 6:01 |
| 420 | 5054 | LOISEN STEPHANIE | SCHAFFEN | 0:24:02 | 9,99 | 6:01 |
| 421 | 4233 | MONDELAERS ELS | LAAKDAL | 0:24:02 | 9,99 | 6:01 |
| 422 | 4348 | THEUNIS DIANA | HOUTHALEN | 0:24:02 | 9,99 | 6:01 |
| 423 | 4220 | PEETERS INGRID | TESSENDERLO | 0:24:03 | 9,98 | 6:01 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|----------------|---------|------|---------|
| 424 | 4925 | LECLERCQ JOSEPHINE | PAAL | 0:24:04 | 9,97 | 6:01 |
| 425 | 4443 | COMMISSARIS RITA | ESSEN | 0:24:04 | 9,97 | 6:01 |
| 426 | 5138 | D'HEER STEPHANIE | LIER | 0:24:05 | 9,97 | 6:01 |
| 427 | 4072 | SMITS ANNICK | DILSEN | 0:24:05 | 9,97 | 6:01 |
| 428 | 5059 | DEVROO SYLVIA | LUMMEN | 0:24:06 | 9,96 | 6:01 |
| 429 | 4097 | MACQUOI GINNE | SCHELLE | 0:24:06 | 9,96 | 6:01 |
| 430 | 4186 | CRAEGHS ELS | DILSEN | 0:24:07 | 9,95 | 6:02 |
| 431 | 4942 | CEULEMANS THALIA | HAM | 0:24:08 | 9,94 | 6:02 |
| 432 | 5058 | BERGER SANDRA | HEUSDEN-ZOLDER | 0:24:08 | 9,94 | 6:02 |
| 433 | 4968 | VAN DE VELDE VICKY | BOECHOUT | 0:24:08 | 9,94 | 6:02 |
| 434 | 4940 | SPYSSCHAERT JEAN CLAUDE | HAM | 0:24:09 | 9,94 | 6:02 |
| 435 | 4417 | COOMANS LISA | VORST | 0:24:10 | 9,93 | 6:02 |
| 436 | 4232 | REYNDERS MARTIN | BERINGEN | 0:24:11 | 9,92 | 6:03 |
| 437 | 4945 | BERRICHE AMINA | TESSENDERLO | 0:24:11 | 9,92 | 6:03 |
| 438 | 4260 | AERTS MARLEEN | PAAL | 0:24:12 | 9,92 | 6:03 |
| 439 | 4937 | HOREMANS NIENKE | TESSENDERLO | 0:24:12 | 9,92 | 6:03 |
| 440 | 4967 | NUYTS NANCY | TESSENDERLO | 0:24:13 | 9,91 | 6:03 |
| 441 | 4944 | VERMEULEN ANNELIES | MEERHOUT | 0:24:13 | 9,91 | 6:03 |
| 442 | 5139 | CLERINX ANN | LIER | 0:24:14 | 9,90 | 6:03 |
| 443 | 4970 | BERGMANS INGRID | DIEST | 0:24:14 | 9,90 | 6:03 |
| 444 | 5140 | VANTHOOR FIEN | TESSENDERLO | 0:24:15 | 9,90 | 6:04 |
| 445 | 4466 | LACROIX ANNELIES | WIJGMAAL | 0:24:16 | 9,89 | 6:04 |
| 446 | 4971 | CUYPERS WALTER | LOMMEL | 0:24:16 | 9,89 | 6:04 |
| 447 | 4939 | HOREMANS KAATJE | TESSENDERLO | 0:24:16 | 9,89 | 6:04 |
| 448 | 5023 | SCHELLENS CHRISTEL | TESSENDERLO | 0:24:16 | 9,89 | 6:04 |
| 449 | 4083 | JACOBS IONE | HASSELT | 0:24:17 | 9,88 | 6:04 |
| 450 | 4067 | KOELINK NIELS | ANTWERPEN 1 | 0:24:18 | 9,88 | 6:04 |
| 451 | 4938 | THANS INE | TESSENDERLO | 0:24:18 | 9,88 | 6:04 |
| 452 | 4924 | VAN LOENHOUT KARIN | RUMST | 0:24:18 | 9,88 | 6:04 |
| 453 | 4234 | GIELEN MONIQUE | LAAKDAL | 0:24:19 | 9,87 | 6:05 |
| 454 | 4455 | CAERTS INES | BALEN | 0:24:20 | 9,86 | 6:05 |
| 455 | 5006 | SHEGUNOVA PENKA | GEEL | 0:24:21 | 9,86 | 6:05 |
| 456 | 4208 | CEUSTERS CHANTAL | TESTELT | 0:24:21 | 9,86 | 6:05 |
| 457 | 4158 | VANDERHEYDEN MARTINE | TESSENDERLO | 0:24:22 | 9,85 | 6:06 |
| 458 | 5060 | GEYSKENS ELKE | MOL | 0:24:22 | 9,85 | 6:06 |
| 459 | 4224 | VERLUYTEN FRANCIS | TESSENDERLO | 0:24:23 | 9,84 | 6:06 |
| 460 | 5034 | VANKRUNKELSVEN BRECHT | LAAKDAL | 0:24:23 | 9,84 | 6:06 |
| 461 | 5007 | VANDERVEKEN FRANCINE | BILZEN | 0:24:26 | 9,82 | 6:07 |
| 462 | 4107 | BEUNCKENS GREET | DIEPENBEEK | 0:24:27 | 9,82 | 6:07 |
| 463 | 5196 | OOMS HEIDI | TESSENDERLO | 0:24:28 | 9,81 | 6:07 |
| 464 | 4453 | VOET ANN | GEEL | 0:24:29 | 9,80 | 6:07 |
| 465 | 4242 | MENTEN CHRIS | MAASMECHELEN | 0:24:30 | 9,80 | 6:07 |
| 466 | 4431 | DEMUYNCK LIEVEN | HARELBEKE | 0:24:31 | 9,79 | 6:08 |
| 467 | 5069 | SCHROVEN IBEN | LAAKDAL | 0:24:32 | 9,78 | 6:08 |
| 468 | 3223 | | | 0:24:36 | 9,76 | 6:09 |
| 469 | 4408 | LETSEN BERT | LAAKDAL | 0:24:39 | 9,74 | 6:10 |
| 470 | 4179 | BERTELS AN | LINT | 0:24:40 | 9,73 | 6:10 |
| 471 | 4112 | MERTENS CHRIS | HERENTALS | 0:24:40 | 9,73 | 6:10 |
| 472 | 4007 | DE BEULE AUDRY | WESTERLO | 0:24:42 | 9,72 | 6:10 |
| 473 | 4958 | RENDERS KIMBERLY | TESSENDERLO | 0:24:45 | 9,70 | 6:11 |
| 474 | 4105 | VERBOVEN SAARTJE | MOL | 0:24:45 | 9,70 | 6:11 |
| 475 | 4954 | LAENEN CARINE | TESTELT | 0:24:46 | 9,69 | 6:11 |
| 476 | 5043 | JANSSENS LILIANE | | 0:24:52 | 9,65 | 6:13 |
| 477 | 5044 | MAES SARA | | 0:24:53 | 9,65 | 6:13 |
| 478 | 5048 | NUYTS SABINE | HEPPEN | 0:24:55 | 9,63 | 6:14 |
| 479 | 4218 | JACOBS LEEN | HEPPEN | 0:24:56 | 9,63 | 6:14 |
| 480 | 5198 | WAUTERS SHANA | TESSENDERLO | 0:25:01 | 9,59 | 6:15 |
| 481 | 4124 | DE BRUYN ELISABETH | MORTSEL | 0:25:02 | 9,59 | 6:16 |
| 482 | 5014 | LAENEN LINDSEY | TESSENDERLO | 0:25:06 | 9,56 | 6:16 |
| 483 | 5016 | LAENEN NANCY | TESSENDERLO | 0:25:07 | 9,56 | 6:17 |
| 484 | 4078 | THYS PETRA | DEURNE (ANTW.) | 0:25:08 | 9,55 | 6:17 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|---------------------|-----------------------|---------|------|---------|
| 485 | 5183 | BELIEN LISELOTTE | KERMT | 0:25:11 | 9,53 | 6:18 |
| 486 | 4013 | | | 0:25:16 | 9,50 | 6:19 |
| 487 | 5131 | DIRCKX SARAH | DIEST | 0:25:17 | 9,49 | 6:19 |
| 488 | 4092 | WOUTERS AMBER | MERKSEM (ANTW.) | 0:25:20 | 9,47 | 6:20 |
| 489 | 5047 | DE BONDT JOHAN | | 0:25:21 | 9,47 | 6:20 |
| 490 | 4068 | VAN GOETHEM ANNICK | BORGERHOUT (ANTW.) | 0:25:22 | 9,46 | 6:20 |
| 491 | 4405 | VUEGEN DORIEN | TESSENDERLO | 0:25:22 | 9,46 | 6:20 |
| 492 | 4252 | MOLLEN LOTTE | TESSENDERLO | 0:25:25 | 9,44 | 6:21 |
| 493 | 4308 | CASTRO MARIJKE | TESSENDERLO | 0:25:26 | 9,44 | 6:21 |
| 494 | 5128 | ENGELN DANIELLE | LANGDORP | 0:25:26 | 9,44 | 6:21 |
| 495 | 5010 | BENS LIES | TESSENDERLO | 0:25:28 | 9,42 | 6:22 |
| 496 | 4309 | VANDERHEYDEN RITA | TESSENDERLO | 0:25:29 | 9,42 | 6:22 |
| 497 | 4149 | DE WAGTER TOM | DIEST | 0:25:32 | 9,40 | 6:23 |
| 498 | 4467 | REMMEN KIM | MOL | 0:25:33 | 9,39 | 6:23 |
| 499 | 5111 | SANNEN EMELIE | BALEN | 0:25:34 | 9,39 | 6:23 |
| 500 | 4110 | MERTENS MAGGIE | TESSENDERLO | 0:25:35 | 9,38 | 6:24 |
| 501 | 4340 | BUISSET CHARLOTTE | GEEL | 0:25:35 | 9,38 | 6:24 |
| 502 | 4150 | DE WAGTER KIM | DIEST | 0:25:36 | 9,38 | 6:24 |
| 503 | 4111 | VANDERHEYDEN JOHAN | TESSENDERLO | 0:25:36 | 9,38 | 6:24 |
| 504 | 5110 | SANNEN ERIK | BALEN | 0:25:36 | 9,38 | 6:24 |
| 505 | 4463 | TRUYENS ANNE-MARIE | HERENTALS | 0:25:39 | 9,36 | 6:25 |
| 506 | 4176 | PAUWELS LIZZY | BEVERLO | 0:25:40 | 9,35 | 6:25 |
| 507 | 4978 | VANGEEL SABRINA | BEVERLO | 0:25:41 | 9,34 | 6:25 |
| 508 | 4191 | BAKELANTS VALERIE | GEEL | 0:25:41 | 9,34 | 6:25 |
| 509 | 4932 | VANDENEYNDE ILS | TESSENDERLO | 0:25:44 | 9,33 | 6:26 |
| 510 | 4494 | UITS KAROLIEN | KOERSEL | 0:25:44 | 9,33 | 6:26 |
| 511 | 4103 | VANCRAYBEX LEEN | TONGERLO | 0:25:45 | 9,32 | 6:26 |
| 512 | 5083 | BYLEMANS ELS | BEVERLO | 0:25:47 | 9,31 | 6:27 |
| 513 | 4343 | STOCK ERNEST | MORKHOVEN (HERENTALS) | 0:25:48 | 9,30 | 6:27 |
| 514 | 4969 | SCHEVERHEL MARK | TESSENDERLO | 0:25:50 | 9,29 | 6:28 |
| 515 | 5148 | CAMPS RAYMOND | TESSENDERLO | 0:25:52 | 9,28 | 6:28 |
| 516 | 5154 | VAN DINGENEN LEONA | TESSENDERLO | 0:25:53 | 9,27 | 6:28 |
| 517 | 5087 | BLOCKX TINNEKE | ZICHEM | 0:25:53 | 9,27 | 6:28 |
| 518 | 5061 | CLAES LIA | PAAL | 0:25:54 | 9,27 | 6:28 |
| 519 | 5015 | LAENEN SANDRA | TESSENDERLO | 0:25:55 | 9,26 | 6:29 |
| 520 | 4367 | COX RIA | KOERSEL | 0:25:55 | 9,26 | 6:29 |
| 521 | 4493 | WILLEMS KOEN | ZICHEM | 0:25:56 | 9,25 | 6:29 |
| 522 | 5146 | VANDERMAESEN JENNY | TESSENDERLO | 0:25:57 | 9,25 | 6:29 |
| 523 | 5149 | BERGMANS MARC | DIEST | 0:25:57 | 9,25 | 6:29 |
| 524 | 5150 | CEUSTERS WENDY | AVERBODE | 0:25:57 | 9,25 | 6:29 |
| 525 | 5155 | LEEUWS RENE | TESSENDERLO | 0:25:58 | 9,24 | 6:29 |
| 526 | 5143 | BEYENS JOZEF | TESSENDERLO | 0:25:59 | 9,24 | 6:30 |
| 527 | 5145 | SEVERIJNS JOHAN | TESSENDERLO | 0:25:59 | 9,24 | 6:30 |
| 528 | 4341 | WILLEMS MARIANNE | BEERSE | 0:26:00 | 9,23 | 6:30 |
| 529 | 5144 | DUCHESNE JOZEF | HAM | 0:26:01 | 9,22 | 6:30 |
| 530 | 5147 | NOWAK IRMA | TESSENDERLO | 0:26:01 | 9,22 | 6:30 |
| 531 | 5153 | VAN DOREN FLOR | LAAKDAL | 0:26:01 | 9,22 | 6:30 |
| 532 | 5171 | BEYENS ERIKA | TESSENDERLO | 0:26:02 | 9,22 | 6:30 |
| 533 | 4122 | TERHORST ANDRE | WERCHTER | 0:26:02 | 9,22 | 6:30 |
| 534 | 4409 | MALTSN VLAD | SINT-TRUIDEN | 0:26:03 | 9,21 | 6:31 |
| 535 | 5172 | VANGERTRUYDEN SARAH | HASSELT | 0:26:03 | 9,21 | 6:31 |
| 536 | 5157 | SMOLDERS HANS | TESSENDERLO | 0:26:06 | 9,20 | 6:31 |
| 537 | 4979 | WITTERS SOFIE | BERINGEN | 0:26:06 | 9,20 | 6:31 |
| 538 | 4413 | CAES GWENDOLYN | GEEL | 0:26:06 | 9,20 | 6:31 |
| 539 | 5156 | SMOLDERS EVELIEN | TESSENDERLO | 0:26:08 | 9,18 | 6:32 |
| 540 | 5112 | PEYS GUY | BALEN | 0:26:08 | 9,18 | 6:32 |
| 541 | 5066 | SCHROVEN GERRY | LAAKDAL | 0:26:09 | 9,18 | 6:32 |
| 542 | 4182 | LAMBRIEX WILL | ECHT | 0:26:11 | 9,17 | 6:33 |
| 543 | 4061 | BUYLINCKX ELS | MEER | 0:26:11 | 9,17 | 6:33 |
| 544 | 5113 | PELGROMS CINDY | BALEN | 0:26:11 | 9,17 | 6:33 |
| 545 | 4414 | CAES JONATHAN | GEEL | 0:26:12 | 9,16 | 6:33 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|------------------|---------|------|---------|
| 546 | 5182 | VENICK YOERI | TESSENDERLO | 0:26:14 | 9,15 | 6:34 |
| 547 | 5076 | VALVEKENS SEVERINNE | DIEST | 0:26:17 | 9,13 | 6:34 |
| 548 | 4011 | VAN LOO KARIN | SCHAFFEN (DIEST) | 0:26:23 | 9,10 | 6:36 |
| 549 | 5021 | LUCAS DAISY | DIEST | 0:26:23 | 9,10 | 6:36 |
| 550 | 5101 | POTEMANS HANNELORE | PAAL | 0:26:24 | 9,09 | 6:36 |
| 551 | 4360 | BENAETS AMBER | BILZEN | 0:26:25 | 9,09 | 6:36 |
| 552 | 5102 | SCHOOF LAURA | PAAL | 0:26:26 | 9,08 | 6:36 |
| 553 | 5195 | BRUSSELEERS KATLEEN | TESSENDERLO | 0:26:26 | 9,08 | 6:36 |
| 554 | 4361 | BENAETS JOHAN | BILZEN | 0:26:27 | 9,07 | 6:37 |
| 555 | 4462 | GYESBREGHS MARLEEN | HERENTALS | 0:26:28 | 9,07 | 6:37 |
| 556 | 4491 | SKOPINSKI JAN | BERINGEN | 0:26:29 | 9,06 | 6:37 |
| 557 | 4922 | CLAES SONIA | TESSENDERLO | 0:26:30 | 9,06 | 6:37 |
| 558 | 4470 | KRZYWANIA MARISHA | HOUTHALEN | 0:26:31 | 9,05 | 6:38 |
| 559 | 5174 | SCHRIJVERS SYLVIE | KURINGEN | 0:26:32 | 9,05 | 6:38 |
| 560 | 4251 | CAYMAX LIEVE | TESSENDERLO | 0:26:33 | 9,04 | 6:38 |
| 561 | 4116 | DRIESENS EDDY | HECHTEL | 0:26:33 | 9,04 | 6:38 |
| 562 | 5132 | MARCOEN LESLEY | WAANRODE | 0:26:34 | 9,03 | 6:38 |
| 563 | 4253 | MOLLEN LYNNE | TESSENDERLO | 0:26:35 | 9,03 | 6:39 |
| 564 | 4256 | STANS KIM | LOMMEL | 0:26:36 | 9,02 | 6:39 |
| 565 | 5108 | SLEVEN CHRISTA | LEOPOLDSBURG | 0:26:37 | 9,02 | 6:39 |
| 566 | 4200 | SEMPELS MARINA | HEUSDEN-ZOLDER | 0:26:37 | 9,02 | 6:39 |
| 567 | 5025 | DE CROCK SAM | TESSENDERLO | 0:26:40 | 9,00 | 6:40 |
| 568 | 4420 | PAUWELS HEIDI | TESSENDERLO | 0:26:40 | 9,00 | 6:40 |
| 569 | 4195 | BROEDERS SUZY | HEUSDEN-ZOLDER | 0:26:42 | 8,99 | 6:41 |
| 570 | 4440 | BELIEN ELLIE | VEERLE | 0:26:42 | 8,99 | 6:41 |
| 571 | 5084 | MAES ROSETTE | PAAL | 0:26:43 | 8,98 | 6:41 |
| 572 | 4421 | VERMAELEN JANNICK | TESSENDERLO | 0:26:44 | 8,98 | 6:41 |
| 573 | 4257 | VAN BROEKHOVEN PETRA | BALEN | 0:26:45 | 8,97 | 6:41 |
| 574 | 4981 | DREESSEN MIRESE | VEERLE | 0:26:46 | 8,97 | 6:42 |
| 575 | 1310 | | | 0:26:46 | 8,97 | 6:42 |
| 576 | 4240 | SWINNEN LILIANE | VEERLE | 0:26:47 | 8,96 | 6:42 |
| 577 | 4980 | VOLDERS MARLEEN | VEERLE | 0:26:48 | 8,96 | 6:42 |
| 578 | 5049 | PEETERS ANNICK | WESTERLO | 0:26:49 | 8,95 | 6:42 |
| 579 | 4117 | VAN OTTERDIJK GODELIEVE | HECHTEL-EKSEL | 0:26:49 | 8,95 | 6:42 |
| 580 | 4165 | LEMMENS DIANE | DEURNE-DIEST | 0:26:51 | 8,94 | 6:43 |
| 581 | 4955 | BEERTEN GRETA | LAAKDAL | 0:26:54 | 8,92 | 6:43 |
| 582 | 4356 | VANHAEREN LISA | LUMMEN | 0:26:54 | 8,92 | 6:43 |
| 583 | 4235 | T'SYEN VICKY | TESSENDERLO | 0:26:57 | 8,91 | 6:44 |
| 584 | 4139 | RENDERS SOFIE | HALEN | 0:26:57 | 8,91 | 6:44 |
| 585 | 5075 | GENAR KARIN | VORST (KEMPEN) | 0:26:59 | 8,89 | 6:45 |
| 586 | 4065 | BOECKX INGE | WESTERLO | 0:27:00 | 8,89 | 6:45 |
| 587 | 4988 | JANNES PEGGY | WAANRODE | 0:27:02 | 8,88 | 6:46 |
| 588 | 4177 | BROENS ANNEMIE | ECHT | 0:27:08 | 8,85 | 6:47 |
| 589 | 4185 | LAMBRIEX HILDE | ECHT | 0:27:10 | 8,83 | 6:48 |
| 590 | 4202 | VAN DE SANDE ANN | MOL | 0:27:13 | 8,82 | 6:48 |
| 591 | 4484 | LOMBAERT TINI | MOL | 0:27:14 | 8,81 | 6:48 |
| 592 | 4198 | MOLS ANJA | KOERSEL | 0:27:14 | 8,81 | 6:48 |
| 593 | 4928 | PLU SANDRA | TESSENDERLO | 0:27:29 | 8,73 | 6:52 |
| 594 | 4190 | BAKELANTS DORIEN | GEEL | 0:27:31 | 8,72 | 6:53 |
| 595 | 4314 | GOVAERTS TIM | PAAL | 0:27:50 | 8,62 | 6:57 |
| 596 | 5193 | LIJNEN NELE | HECHTEL | 0:27:55 | 8,60 | 6:59 |
| 597 | 5091 | DU BOIS BIANCA | TESSENDERLO | 0:27:59 | 8,58 | 7:00 |
| 598 | 4997 | VANDENBROECK IRENE | WESTERLO | 0:28:28 | 8,43 | 7:07 |
| 599 | 5175 | BERNABE MARIE CLAIRE | PEER | 0:28:30 | 8,42 | 7:07 |
| 600 | 4921 | | | 0:28:31 | 8,42 | 7:08 |
| 601 | 4926 | THIJS JEROEN | HEPPEN | 0:28:32 | 8,41 | 7:08 |
| 602 | 4916 | LENAERTS CATHERINE | HOELEDEN | 0:28:34 | 8,40 | 7:09 |
| 603 | 4439 | VAN KOX KIM | HAM | 0:28:35 | 8,40 | 7:09 |
| 604 | 4193 | BECKERS KATRIJN | ZICHEM | 0:28:36 | 8,39 | 7:09 |
| 605 | 4093 | VANDEN POEL MIEKE | HEUSDEN-ZOLDER | 0:28:37 | 8,39 | 7:09 |
| 606 | 4094 | POEL MAARTEN | ZOLDER | 0:28:39 | 8,38 | 7:10 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----------|-----------|-----------------------|-------------------|-------------|------------|----------------|
| 607 | 4460 | NEUTELEERS STEF | HEUSDEN-ZOLDER | 0:28:40 | 8,37 | 7:10 |
| 608 | 4483 | VERBERCKMOES LUCIENNE | KRUIBEKE | 0:28:41 | 8,37 | 7:10 |
| 609 | 4914 | BRUNINX STIJN | KURINGEN | 0:29:03 | 8,26 | 7:16 |
| 610 | 4012 | BARRY MARY | SCHAERBEEK | 0:29:14 | 8,21 | 7:18 |
| 611 | 5115 | PAUWELS ELLEN | BERLARE | 0:29:25 | 8,16 | 7:21 |
| 612 | 5130 | BOLLEN MARIA | LANGDORP | 0:29:53 | 8,03 | 7:28 |
| 613 | 4062 | BUYLINCKX GREET | BEERSE | 0:30:01 | 8,00 | 7:30 |
| 614 | 4060 | BUYLINCKX AN | EKEREN | 0:30:17 | 7,93 | 7:34 |
| 615 | 4155 | CLAESSENS RIA | STABROEK | 0:34:34 | 6,94 | 8:39 |
| 616 | 4213 | MANNAERTS ANN | KWAADMECHELEN | 0:34:36 | 6,94 | 8:39 |

10 KM

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|----|------|----------------------|-------------------|---------|-------|---------|
| 1 | 17 | FAYS GUY | AYENEUX | 0:30:19 | 19,79 | 3:02 |
| 2 | 7 | VAN DEN BROEK STEFAN | DUFFEL | 0:30:24 | 19,74 | 3:02 |
| 3 | 1 | JANSSENS HANS | OLV-WAVER | 0:31:11 | 19,24 | 3:07 |
| 4 | 2 | DEPOORTERE DRIES | ROESELARE | 0:31:13 | 19,22 | 3:07 |
| 5 | 22 | RIJNDERS PIETER | WIEKEVORST | 0:31:17 | 19,18 | 3:08 |
| 6 | 3 | NEVEN KOEN | RIEMST | 0:31:26 | 19,09 | 3:09 |
| 7 | 5 | SCHOFFELEN JOERI | NEEROETEREN | 0:31:36 | 18,99 | 3:10 |
| 8 | 19 | HOUBEN ROBBY | ANTWERPEN 1 | 0:31:40 | 18,95 | 3:10 |
| 9 | 18 | GEROME ERIC | SPRIMONT | 0:31:46 | 18,89 | 3:11 |
| 10 | 226 | SMET ROEL | OLMEN | 0:31:50 | 18,85 | 3:11 |
| 11 | 16 | COLLIGNON FREDERIC | SAINT-REMY (LG.) | 0:32:03 | 18,72 | 3:12 |
| 12 | 6 | STESSENS TIM | NEERPELT | 0:32:07 | 18,68 | 3:13 |
| 13 | 55 | TERNET VINCENT | HOEILAART | 0:32:28 | 18,48 | 3:15 |
| 14 | 32 | VAN HOOF DRIES | HULSHOUT | 0:32:35 | 18,41 | 3:16 |
| 15 | 45 | GODDEERIS GEERT | MELLE | 0:32:43 | 18,34 | 3:16 |
| 16 | 29 | VAN DAELE PATRICK | BEKKEVOORT | 0:32:48 | 18,29 | 3:17 |
| 17 | 50 | MORAY LUCAS | ZEMST | 0:32:50 | 18,27 | 3:17 |
| 18 | 312 | BEYENS YOURI | MEERHOUT | 0:32:52 | 18,26 | 3:17 |
| 19 | 30 | ENGELHARDT BEN | WESTERVILLE | 0:32:56 | 18,22 | 3:18 |
| 20 | 28 | MONDELAERS KEVIN | VEERLE-LAAKDAL | 0:33:49 | 17,74 | 3:23 |
| 21 | 43 | PONCELET VALENTIN | LILLOIS-WITTERZEE | 0:33:57 | 17,67 | 3:24 |
| 22 | 46 | JANSSEN RONALD | DILSEN | 0:34:01 | 17,64 | 3:24 |
| 23 | 243 | LAUWEN GINO | WESTERLO | 0:34:10 | 17,56 | 3:25 |
| 24 | 359 | GONZALES THOMAS | THE WOODLANDS TX | 0:34:36 | 17,34 | 3:28 |
| 25 | 57 | WOLTERS MARC | SINT-TRUIDEN | 0:34:46 | 17,26 | 3:29 |
| 26 | 1868 | RENARD ARNAUD | REMICOURT | 0:34:51 | 17,22 | 3:29 |
| 27 | 1812 | SABBE STIJN | NIEL | 0:34:53 | 17,20 | 3:29 |
| 28 | 417 | WUYTS WILFRIED | GEEL | 0:34:55 | 17,18 | 3:29 |
| 29 | 39 | VAN OPSTAL WALTER | TESSENDERLO | 0:34:57 | 17,17 | 3:30 |
| 30 | 308 | PEETERS JO | MOL | 0:35:04 | 17,11 | 3:30 |
| 31 | 44 | PONCELET JULIEN | LILLOIS-WITTERZEE | 0:35:07 | 17,09 | 3:31 |
| 32 | 431 | VERMEIREN STEVEN | LAAKDAL | 0:35:09 | 17,07 | 3:31 |
| 33 | 12 | SLUYSMANS ISABELLE | VOEREN | 0:35:10 | 17,06 | 3:31 |
| 34 | 31 | VANLOMMEL TIM | LAAKDAL | 0:35:19 | 16,99 | 3:32 |
| 35 | 154 | ROM GERT | WILSELE | 0:35:24 | 16,95 | 3:32 |
| 36 | 264 | CUYPERS BART | LEUVEN | 0:35:26 | 16,93 | 3:33 |
| 37 | 47 | VAN EETVELT IVAN | VRASENE | 0:35:29 | 16,91 | 3:33 |
| 38 | 1537 | PARMENTIER THOMAS | HAN-SUR-HEURE | 0:35:30 | 16,90 | 3:33 |
| 39 | 345 | RUTTEN EDDY | KWAADMECHELEN | 0:35:32 | 16,89 | 3:33 |
| 40 | 1848 | DE BLOCK MICHAEL | LOMMEL | 0:35:35 | 16,86 | 3:34 |
| 41 | 112 | VANDEN BEMPT HANS | BOUTERSEM | 0:35:37 | 16,85 | 3:34 |
| 42 | 450 | DE TOBEL ANDY | KOERSEL | 0:35:37 | 16,85 | 3:34 |
| 43 | 346 | RUTTEN RUDY | HAM | 0:35:38 | 16,84 | 3:34 |
| 44 | 33 | VOLDERS DIRK | LAAKDAL | 0:35:39 | 16,83 | 3:34 |
| 45 | 120 | VAN DOREN WIM | WESTERLO | 0:35:40 | 16,82 | 3:34 |
| 46 | 447 | VERBIST JOHAN | KAPELLEN (ANTW.) | 0:35:42 | 16,81 | 3:34 |
| 47 | 174 | RENS STEFAN | MORKHOVEN | 0:35:43 | 16,80 | 3:34 |
| 48 | 284 | VAN ROY WARD | ARENDONK | 0:35:45 | 16,78 | 3:35 |
| 49 | 42 | BLOCKX DAVID | KOERSEL | 0:35:45 | 16,78 | 3:35 |
| 50 | 266 | BECKERS RONALD | MEERHOUT | 0:35:48 | 16,76 | 3:35 |
| 51 | 2071 | VAN WESEPOEL DIRK | MALDEGEM | 0:35:50 | 16,74 | 3:35 |
| 52 | 1536 | PARMENTIER ANTOINE | HAN-SUR-HEURE | 0:35:54 | 16,71 | 3:35 |
| 53 | 247 | APPELEN JO | LANGDORP | 0:35:54 | 16,71 | 3:35 |
| 54 | 1713 | BELLEN PETER | ALKEN | 0:36:07 | 16,61 | 3:37 |
| 55 | 999 | HAEGDORENS NICKY | HAM | 0:36:07 | 16,61 | 3:37 |
| 56 | 1938 | MENTENS JIMMY | HELCHTEREN | 0:36:10 | 16,59 | 3:37 |
| 57 | 451 | WATERSCHOOT ERIC | BEKKEVOORT | 0:36:12 | 16,57 | 3:37 |
| 58 | 1133 | DE BRUECKER NIELS | HEPPEN | 0:36:17 | 16,54 | 3:38 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|-------------------|---------|-------|---------|
| 59 | 199 | VAN DEN BROECK FILIP | LIER | 0:36:20 | 16,51 | 3:38 |
| 60 | 3281 | VAN BOVEN DONALD | | 0:36:26 | 16,47 | 3:39 |
| 61 | 344 | PEETERS RUDY | TESSENDERLO | 0:36:27 | 16,46 | 3:39 |
| 62 | 26 | TERRYIN GRIET | KOERSEL | 0:36:32 | 16,42 | 3:39 |
| 63 | 1842 | TORFS PIETER | KORBEEL-LO | 0:36:40 | 16,36 | 3:40 |
| 64 | 131 | HELSEN FRANK | EINDHOUT | 0:36:43 | 16,34 | 3:40 |
| 65 | 41 | WOUTERS CHRIS | SCHAFFEN | 0:36:48 | 16,30 | 3:41 |
| 66 | 453 | BOONS TOMMIE | TESSENDERLO | 0:36:50 | 16,29 | 3:41 |
| 67 | 306 | BINNEMANS KOEN | GEEL | 0:36:51 | 16,28 | 3:41 |
| 68 | 257 | VAN ENGELAND KIM | TESSENDERLO | 0:36:57 | 16,24 | 3:42 |
| 69 | 40 | VLEUGELS MARC | LAAKDAL | 0:37:00 | 16,22 | 3:42 |
| 70 | 254 | REYNS FILIP | DIEPENBEEK | 0:37:01 | 16,21 | 3:42 |
| 71 | 35 | OEYEN DIRK | TESSENDERLO | 0:37:02 | 16,20 | 3:42 |
| 72 | 731 | BEIRINCKX LUC | NOORDERWIJK | 0:37:05 | 16,18 | 3:42 |
| 73 | 278 | ALDERSON TOM | TESSENDERLO | 0:37:05 | 16,18 | 3:42 |
| 74 | 1798 | SCHAUWAERS KEVIN | MEERHOUT | 0:37:07 | 16,17 | 3:43 |
| 75 | 129 | VERLINDEN TOM | DUFFEL | 0:37:08 | 16,16 | 3:43 |
| 76 | 221 | CAMS WIM | HERSELT | 0:37:10 | 16,14 | 3:43 |
| 77 | 283 | VERBEEK PAUL | LUBBEEK | 0:37:11 | 16,14 | 3:43 |
| 78 | 258 | PEERSMAN GEERT | ZWIJNDRECHT | 0:37:14 | 16,11 | 3:43 |
| 79 | 342 | NUYTS PETER | OLMEN | 0:37:16 | 16,10 | 3:44 |
| 80 | 1658 | LOGNOUL FABIEN | HERMEE | 0:37:19 | 16,08 | 3:44 |
| 81 | 263 | CROSIERS VINCENT | BRASSCHAAT | 0:37:26 | 16,03 | 3:45 |
| 82 | 196 | HERMANS LUC | LINKHOUT | 0:37:29 | 16,01 | 3:45 |
| 83 | 403 | VISSERS DIRK | VORSELAAR | 0:37:35 | 15,96 | 3:46 |
| 84 | 336 | LUTS PETER | TESSENDERLO | 0:37:37 | 15,95 | 3:46 |
| 85 | 134 | WOLFS JOHNNY | RIEMST | 0:37:39 | 15,94 | 3:46 |
| 86 | 298 | SENAEVE WALTER | ST.NIKLAAS | 0:37:39 | 15,94 | 3:46 |
| 87 | 106 | VAN BUGGENHOUT MATTHIAS | LONDERZEEL | 0:37:40 | 15,93 | 3:46 |
| 88 | 292 | JANSSENS SVEN | TESTELT | 0:37:41 | 15,92 | 3:46 |
| 89 | 307 | HUYSMANS KOEN | GEEL | 0:37:42 | 15,92 | 3:46 |
| 90 | 51 | MEULENBROUCKE PAUL | | 0:37:44 | 15,90 | 3:46 |
| 91 | 435 | QUINTENS GEERT | SCHERPENHEUVEL | 0:37:46 | 15,89 | 3:47 |
| 92 | 1950 | DROOGMANS ERIK | TERNAT | 0:37:47 | 15,88 | 3:47 |
| 93 | 54 | IMPENS CHRISTOPHE | ZELE | 0:37:48 | 15,87 | 3:47 |
| 94 | 1815 | DAEMS DAVID | TESSENDERLO | 0:37:50 | 15,86 | 3:47 |
| 95 | 1976 | EBERSON MAURICE | ROOSTEREN | 0:37:51 | 15,85 | 3:47 |
| 96 | 1609 | CEUSTERMANS NICK | TESSENDERLO | 0:37:52 | 15,85 | 3:47 |
| 97 | 280 | COOMANS CHRIS | LANDEN | 0:37:52 | 15,85 | 3:47 |
| 98 | 25 | LAMBRECHTS NATHALIE | HOBOKEN (ANTW.) | 0:37:52 | 15,85 | 3:47 |
| 99 | 125 | VLOEBERGHES WALTER | HEIST OP DEN BERG | 0:37:55 | 15,82 | 3:48 |
| 100 | 1887 | VAN DER KLEIJ JEROEN | LOMMEL | 0:37:56 | 15,82 | 3:48 |
| 101 | 121 | SCHOEMANS LUC | MELDERT (LIMB.) | 0:37:59 | 15,80 | 3:48 |
| 102 | 322 | VAN DAELE LUC | ROTSelaar | 0:38:01 | 15,78 | 3:48 |
| 103 | 358 | CLOOSTERMANS PIETER-JAN | HEUSDEN-ZOLDER | 0:38:02 | 15,78 | 3:48 |
| 104 | 227 | DE CROM TOM | NIJLEN | 0:38:03 | 15,77 | 3:48 |
| 105 | 228 | BROEKMANS GREG | PAAL | 0:38:08 | 15,73 | 3:49 |
| 106 | 1684 | IWENS ALAIN | HAACHT | 0:38:08 | 15,73 | 3:49 |
| 107 | 165 | GEEROMS KRIS | LONDERZEEL | 0:38:09 | 15,73 | 3:49 |
| 108 | 166 | MAES PETER | LANGDORP | 0:38:11 | 15,71 | 3:49 |
| 109 | 152 | VAN NYLEN MARC | HAM | 0:38:11 | 15,71 | 3:49 |
| 110 | 171 | VERHOEVEN WIM | TESSENDERLO | 0:38:13 | 15,70 | 3:49 |
| 111 | 285 | KEERSMAEKERS WIM | VEERLE-LAAKDAL | 0:38:13 | 15,70 | 3:49 |
| 112 | 3099 | DE KEULENAER WIM | TEMSE | 0:38:15 | 15,69 | 3:49 |
| 113 | 354 | VRANCKX BENOIT | TESSENDERLO | 0:38:24 | 15,63 | 3:50 |
| 114 | 343 | PEETERS LUC | LAAKDAL | 0:38:27 | 15,60 | 3:51 |
| 115 | 2105 | ORYE JAN | SCHAFFEN | 0:38:28 | 15,60 | 3:51 |
| 116 | 448 | COOLS DANNY | LAAKDAL | 0:38:28 | 15,60 | 3:51 |
| 117 | 3008 | SCHREURS PATRICK | TESSENDERLO | 0:38:30 | 15,58 | 3:51 |
| 118 | 412 | GEERINCKX BART | MEERHOUT | 0:38:31 | 15,58 | 3:51 |
| 119 | 185 | BOSMANS PATRICK | ZONHOVEN | 0:38:33 | 15,56 | 3:51 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|-------------------|---------|-------|---------|
| 120 | 215 | VERHEYEN RAF | BIERBEEK | 0:38:34 | 15,56 | 3:51 |
| 121 | 353 | VERLUYTEN LUC | PAAL | 0:38:34 | 15,56 | 3:51 |
| 122 | 245 | FREDERIKS SVEN | SCHERPENHEUVEL | 0:38:35 | 15,55 | 3:52 |
| 123 | 241 | LINSINGH XAVIER | LOMMEL | 0:38:36 | 15,54 | 3:52 |
| 124 | 119 | DE BIE ERWIN | GEEL | 0:38:36 | 15,54 | 3:52 |
| 125 | 289 | MEERTENS RENE | LANAKEN | 0:38:38 | 15,53 | 3:52 |
| 126 | 414 | VAN DINGENEN MARNIK | PAAL | 0:38:39 | 15,52 | 3:52 |
| 127 | 105 | GEERTS PASCAL | DEURNE | 0:38:39 | 15,52 | 3:52 |
| 128 | 159 | SPELTINCKX KRISTOF | ZICHEM | 0:38:40 | 15,52 | 3:52 |
| 129 | 1925 | ARENA GUISEPPE | LUIK | 0:38:40 | 15,52 | 3:52 |
| 130 | 239 | BEERTEN DIDIER | KOERSEL | 0:38:44 | 15,49 | 3:52 |
| 131 | 140 | JESPERS WIM | BERINGEN | 0:38:44 | 15,49 | 3:52 |
| 132 | 946 | SIJMONS MARC | ZELEM (HALEN) | 0:38:45 | 15,48 | 3:53 |
| 133 | 252 | NEYENS RUBEN | TESSENDERLO | 0:38:47 | 15,47 | 3:53 |
| 134 | 947 | DANIELS JEAN-PIERRE | PAAL | 0:38:49 | 15,46 | 3:53 |
| 135 | 1846 | VERSTAPPEN LODE | ZOERSEL | 0:38:49 | 15,46 | 3:53 |
| 136 | 132 | VAN HILTEN BARRY | BORSBEEK (ANTW.) | 0:38:50 | 15,45 | 3:53 |
| 137 | 3678 | VERJANS IVAN | ZONHOVEN | 0:38:52 | 15,44 | 3:53 |
| 138 | 3754 | YORIS GUNTER | TIENEN | 0:38:52 | 15,44 | 3:53 |
| 139 | 236 | BACCUS SVEN | ZUTENDAAL | 0:38:53 | 15,43 | 3:53 |
| 140 | 200 | BROEKHOVEN PATRICK | PAAL | 0:38:54 | 15,42 | 3:53 |
| 141 | 190 | CLOOSTERMANS GUI | MECHELEN | 0:38:57 | 15,40 | 3:54 |
| 142 | 182 | DILLEN BRUNO | DILSEN | 0:38:59 | 15,39 | 3:54 |
| 143 | 1638 | VANBERGEN THOMAS | WESTERLO | 0:39:01 | 15,38 | 3:54 |
| 144 | 418 | REYMEN ALEX | VEERLE LAAKDAL | 0:39:03 | 15,36 | 3:54 |
| 145 | 253 | MACHIELS JAN | DIEPENBEEK | 0:39:06 | 15,35 | 3:55 |
| 146 | 564 | VAN DE SANDE LUC | MUIZEN (MECHELEN) | 0:39:06 | 15,35 | 3:55 |
| 147 | 2000 | VAN LINT STEVEN | BONHEIDEN | 0:39:08 | 15,33 | 3:55 |
| 148 | 274 | NEVEN RONNY | TONGEREN | 0:39:09 | 15,33 | 3:55 |
| 149 | 3107 | SCHAUWERS BART | WESTERLO | 0:39:09 | 15,33 | 3:55 |
| 150 | 160 | LANSBERGEN BAS | LEUVEN | 0:39:11 | 15,31 | 3:55 |
| 151 | 210 | YSENBAARDT JOS | BONHEIDEN | 0:39:14 | 15,29 | 3:55 |
| 152 | 36 | PEREMANS STEFAN | TESSENDERLO | 0:39:15 | 15,29 | 3:56 |
| 153 | 899 | SELS HANS | LUMMEN | 0:39:17 | 15,27 | 3:56 |
| 154 | 164 | RINIA REMKO | MAASTRICHT | 0:39:18 | 15,27 | 3:56 |
| 155 | 900 | PELGRIMS WOUTER | TESTELT | 0:39:19 | 15,26 | 3:56 |
| 156 | 1943 | D'HAEN LESLY | HASSELT | 0:39:20 | 15,25 | 3:56 |
| 157 | 291 | VLEKKEN WIM | DIEPENBEEK | 0:39:21 | 15,25 | 3:56 |
| 158 | 238 | THYS RONNY | HASSELT | 0:39:22 | 15,24 | 3:56 |
| 159 | 436 | CELEN RONNY | SCHAFFEN | 0:39:22 | 15,24 | 3:56 |
| 160 | 339 | MONDELAERS MARC | TESSENDERLO | 0:39:23 | 15,23 | 3:56 |
| 161 | 220 | LIEKENS LUC | HEIST-OP-DEN-BERG | 0:39:24 | 15,23 | 3:56 |
| 162 | 163 | DE VOS JOHNNY | HEIST-OP-DEN-BERG | 0:39:25 | 15,22 | 3:56 |
| 163 | 102 | DE RON GUNTHER | MEERHOUT | 0:39:26 | 15,22 | 3:57 |
| 164 | 204 | SCHENCK TIM | KONINGSHOOIKT | 0:39:26 | 15,22 | 3:57 |
| 165 | 3203 | REYNDERS STEVEN | PAAL | 0:39:30 | 15,19 | 3:57 |
| 166 | 286 | DE BORGER MARC | BLAASVELD | 0:39:30 | 15,19 | 3:57 |
| 167 | 416 | DIERCKX TOON | TESSENDERLO | 0:39:30 | 15,19 | 3:57 |
| 168 | 457 | VANKRUNCKELSVEN WIM | MEERHOUT | 0:39:32 | 15,18 | 3:57 |
| 169 | 434 | BENS BENNY | TESSENDERLO | 0:39:32 | 15,18 | 3:57 |
| 170 | 968 | MORTIER FILIP | SINT-NIKLAAS | 0:39:35 | 15,16 | 3:58 |
| 171 | 162 | JANSSEN RUUD | GEEL | 0:39:36 | 15,15 | 3:58 |
| 172 | 1999 | VAN LOOY YVAN | BONHEIDEN | 0:39:38 | 15,14 | 3:58 |
| 173 | 327 | BOUMA FREDDIE | STEENWIJK | 0:39:38 | 15,14 | 3:58 |
| 174 | 3265 | VANKRUNKELSVEN PATRIK | LAAKDAL | 0:39:39 | 15,13 | 3:58 |
| 175 | 177 | ROSIERS JURGEN | LONDERZEEL | 0:39:39 | 15,13 | 3:58 |
| 176 | 108 | VAN DE VOORDE TOM | SINT-TRUIDEN | 0:39:40 | 15,13 | 3:58 |
| 177 | 454 | EXELMANS PETER | AVERBODE | 0:39:40 | 15,13 | 3:58 |
| 178 | 2009 | NELISSEN JOHNY | BREE | 0:39:41 | 15,12 | 3:58 |
| 179 | 123 | VAN DEN HAUTE THOMAS | ZICHEM | 0:39:42 | 15,11 | 3:58 |
| 180 | 1253 | GEUENS STEFAN | MOL | 0:39:43 | 15,11 | 3:58 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|--------------------------|----------------|---------|-------|---------|
| 181 | 127 | SCHEPERS BART | HEUSDEN-ZOLDER | 0:39:44 | 15,10 | 3:58 |
| 182 | 188 | GEERINGHS BART | LOMMEL | 0:39:44 | 15,10 | 3:58 |
| 183 | 248 | SWIJSEN JOHNNY | HERK-DE-STAD | 0:39:44 | 15,10 | 3:58 |
| 184 | 325 | ARNAUTS MARC | TESSENDERLO | 0:39:46 | 15,09 | 3:59 |
| 185 | 361 | SCHROYEN NICO | BERINGEN | 0:39:47 | 15,08 | 3:59 |
| 186 | 1978 | VAN ASSCHE YOERIK | MELSELE | 0:39:48 | 15,08 | 3:59 |
| 187 | 114 | JACOBS BRUNO | MEISE | 0:39:48 | 15,08 | 3:59 |
| 188 | 224 | GOOSSENS PETER | HOELEDEN | 0:39:48 | 15,08 | 3:59 |
| 189 | 56 | VUILLARD YSABELLE | | 0:39:49 | 15,07 | 3:59 |
| 190 | 259 | BOUVE LUC | HEPPEN | 0:39:50 | 15,06 | 3:59 |
| 191 | 445 | SMETS GEERT | | 0:39:51 | 15,06 | 3:59 |
| 192 | 415 | BOSMANS MARC | PAAL | 0:39:51 | 15,06 | 3:59 |
| 193 | 147 | PEETERS KARL | DESSEL | 0:39:53 | 15,04 | 3:59 |
| 194 | 459 | CLERX ROMAIN | DEURNE DIEST | 0:39:54 | 15,04 | 3:59 |
| 195 | 176 | HENS EVY | WUUSTWEZEL | 0:39:55 | 15,03 | 4:00 |
| 196 | 242 | SAENEN TOM | LAAKDAL | 0:39:56 | 15,03 | 4:00 |
| 197 | 1864 | CREVALS KRIS | DEURNE | 0:39:56 | 15,03 | 4:00 |
| 198 | 407 | VRIENS LUC | LUMMEN | 0:39:58 | 15,01 | 4:00 |
| 199 | 1174 | COOYMANS PATRICK | DESSEL | 0:39:59 | 15,01 | 4:00 |
| 200 | 262 | VANDYCK LUDO | BOCHOLT | 0:40:02 | 14,99 | 4:00 |
| 201 | 444 | CONVENS PETER | MEERHOUT | 0:40:03 | 14,98 | 4:00 |
| 202 | 310 | VAN DE PAAR PATRIC | MOL | 0:40:03 | 14,98 | 4:00 |
| 203 | 186 | DAEMS JAN | LEUVEN | 0:40:06 | 14,96 | 4:01 |
| 204 | 430 | FONTENELLE JEAN-FRANCOIS | TURNHOUT | 0:40:09 | 14,94 | 4:01 |
| 205 | 404 | COOLS IVAN | VORST (KEMPEN) | 0:40:10 | 14,94 | 4:01 |
| 206 | 150 | SCHODTS CARL | PAAL | 0:40:10 | 14,94 | 4:01 |
| 207 | 442 | TYTECA JOHNNY | GEEL | 0:40:12 | 14,93 | 4:01 |
| 208 | 206 | ACHTEN GUY | KOERSEL | 0:40:13 | 14,92 | 4:01 |
| 209 | 349 | SWINNEN DIRK | TESSENDERLO | 0:40:15 | 14,91 | 4:01 |
| 210 | 279 | SANNEN NICO | TESSENDERLO | 0:40:16 | 14,90 | 4:02 |
| 211 | 193 | DE CUYPER IVAN | PUTTE | 0:40:17 | 14,89 | 4:02 |
| 212 | 1400 | VAN ROMPAEY JAN | DIEST | 0:40:18 | 14,89 | 4:02 |
| 213 | 136 | LUYSMANS KRISTOF | KESSEL-LO | 0:40:19 | 14,88 | 4:02 |
| 214 | 149 | DE SCHRIJVER DANNY | PAAL | 0:40:20 | 14,88 | 4:02 |
| 215 | 356 | WOUTERS PAUL | GROBBENDONK | 0:40:21 | 14,87 | 4:02 |
| 216 | 179 | VAN HOVE FREDERIK | ZWIJNDRECHT | 0:40:22 | 14,86 | 4:02 |
| 217 | 1783 | TIMANS JOS | MAASTRICHT | 0:40:22 | 14,86 | 4:02 |
| 218 | 3293 | BEYNS MARCO | HAM | 0:40:25 | 14,85 | 4:03 |
| 219 | 2027 | RUIJTERS EVELIEN | MAASTRICHT | 0:40:26 | 14,84 | 4:03 |
| 220 | 216 | GODERIS NIELS | WUUSTWEZEL | 0:40:27 | 14,83 | 4:03 |
| 221 | 173 | HENS BJORN | HAM | 0:40:28 | 14,83 | 4:03 |
| 222 | 103 | GOVAERTS FREDERIK | HAM | 0:40:29 | 14,82 | 4:03 |
| 223 | 151 | VERWIMP EDDY | OLEN | 0:40:30 | 14,81 | 4:03 |
| 224 | 281 | GREVENDONCK JEF | LOMMEL | 0:40:30 | 14,81 | 4:03 |
| 225 | 282 | WAELEBURGS STEFAAN | LEUVEN | 0:40:31 | 14,81 | 4:03 |
| 226 | 180 | BIENENS JOHAN | LICHTAART | 0:40:32 | 14,80 | 4:03 |
| 227 | 3459 | VERBIEST MAURICE | LANGDORP | 0:40:33 | 14,80 | 4:03 |
| 228 | 446 | PEETERS KAREN | SCHRIEK | 0:40:33 | 14,80 | 4:03 |
| 229 | 1105 | BROENS RENE | ECHT | 0:40:34 | 14,79 | 4:03 |
| 230 | 217 | VANLEEUVEN KEVIN | PAAL | 0:40:36 | 14,78 | 4:04 |
| 231 | 401 | HEYLIGEN KURT | TESSENDERLO | 0:40:38 | 14,77 | 4:04 |
| 232 | 155 | MATTHIJSSSENS MARC | BRASSCHAAT | 0:40:40 | 14,75 | 4:04 |
| 233 | 3481 | WUYTS BERT | GEEL | 0:40:43 | 14,74 | 4:04 |
| 234 | 1795 | VAN KEUVEN MARC | LOMMEL | 0:40:44 | 14,73 | 4:04 |
| 235 | 1918 | VAN RAEMDONCK HENRI | PUTTE | 0:40:45 | 14,72 | 4:05 |
| 236 | 3453 | BREMS EDDY | HERSELT | 0:40:46 | 14,72 | 4:05 |
| 237 | 3142 | ROELS GERRIT | LAAKDAL | 0:40:47 | 14,71 | 4:05 |
| 238 | 146 | SAUWENS ERIC | BERINGEN | 0:40:50 | 14,69 | 4:05 |
| 239 | 138 | VANELVEN JONAS | TESSENDERLO | 0:40:51 | 14,69 | 4:05 |
| 240 | 2042 | VAN POMPEL JARNE | AVERBODE | 0:40:53 | 14,68 | 4:05 |
| 241 | 37 | OLLEVIER MARIO | HAM | 0:40:53 | 14,68 | 4:05 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|-----------------|---------|-------|---------|
| 242 | 3763 | FOBELETS WIM | MESSELBROEK | 0:40:55 | 14,66 | 4:05 |
| 243 | 111 | DEBIE MANO | AVERBODE | 0:40:56 | 14,66 | 4:06 |
| 244 | 1826 | AERTS DAVY | BERINGEN | 0:40:56 | 14,66 | 4:06 |
| 245 | 1424 | RUTTEN TOM | PAAL | 0:40:56 | 14,66 | 4:06 |
| 246 | 269 | CLAAS MARCEL | NEERPELT | 0:40:57 | 14,65 | 4:06 |
| 247 | 405 | WEUTS GUIDO | TESSENDERLO | 0:40:58 | 14,65 | 4:06 |
| 248 | 208 | SERRE STIJN | TESSENDERLO | 0:40:59 | 14,64 | 4:06 |
| 249 | 3343 | SWINNEN MARGOT | NEERPELT | 0:40:59 | 14,64 | 4:06 |
| 250 | 300 | DIELS JORIS | MOL | 0:41:00 | 14,63 | 4:06 |
| 251 | 265 | GERINCKX HANS | GEEL | 0:41:00 | 14,63 | 4:06 |
| 252 | 107 | AERTS PETER | TESSENDERLO | 0:41:02 | 14,62 | 4:06 |
| 253 | 305 | BAKELANTS MARC | GEEL | 0:41:03 | 14,62 | 4:06 |
| 254 | 710 | VAN DAELE FRANKY | SINT-NIKLAAS | 0:41:05 | 14,60 | 4:06 |
| 255 | 3666 | HOSKENS BENNY | VORST LAAKDAL | 0:41:05 | 14,60 | 4:06 |
| 256 | 602 | VAN AGGELPOEL RAF | VORSELAAR | 0:41:06 | 14,60 | 4:07 |
| 257 | 139 | VAN BALLAER WIM | OLEN | 0:41:07 | 14,59 | 4:07 |
| 258 | 475 | GEENEN MARC | TESSENDERLO | 0:41:07 | 14,59 | 4:07 |
| 259 | 455 | CROONENBORGHES LUC | WESTERLO | 0:41:08 | 14,59 | 4:07 |
| 260 | 419 | LEUSE RONNY | LAAKDAL | 0:41:10 | 14,57 | 4:07 |
| 261 | 458 | CORTHOUT RONNY | MELDERT (LIMB.) | 0:41:11 | 14,57 | 4:07 |
| 262 | 251 | CHODY KURT | TESSENDERLO | 0:41:11 | 14,57 | 4:07 |
| 263 | 1008 | CUSTERS FRANK | HEUSDEN (LIMB.) | 0:41:14 | 14,55 | 4:07 |
| 264 | 1681 | VANDEVENNE BART | WINKSELE | 0:41:15 | 14,55 | 4:07 |
| 265 | 438 | DESIRON RUDY | TESSENDERLO | 0:41:15 | 14,55 | 4:07 |
| 266 | 1331 | PIRONET REMI | SCHERPENHEUVEL | 0:41:18 | 14,53 | 4:08 |
| 267 | 1752 | MASTRANDEA FRANCESCO | LEOPOLDSBURG | 0:41:18 | 14,53 | 4:08 |
| 268 | 1332 | PEETERS HERMAN | HERSELT | 0:41:22 | 14,50 | 4:08 |
| 269 | 1685 | JACOBS FRANCOIS | DEURNE-DIEST | 0:41:22 | 14,50 | 4:08 |
| 270 | 172 | AERTS TOM | TESSENDERLO | 0:41:23 | 14,50 | 4:08 |
| 271 | 276 | REYNDERS JOS | PAAL | 0:41:23 | 14,50 | 4:08 |
| 272 | 1554 | VOLDERS YANNICK | TESSENDERLO | 0:41:24 | 14,49 | 4:08 |
| 273 | 1882 | LUYVERS TOM | LOMMEL | 0:41:24 | 14,49 | 4:08 |
| 274 | 290 | VAN PASSEL JAN | LANGDORP | 0:41:25 | 14,49 | 4:09 |
| 275 | 1565 | VERVOORT KRIS | HERENTALS | 0:41:25 | 14,49 | 4:09 |
| 276 | 141 | DE KEYSER JEAN-PAUL | HAM | 0:41:26 | 14,48 | 4:09 |
| 277 | 576 | VAN GOMPEL DIRK | OKSELAAR | 0:41:26 | 14,48 | 4:09 |
| 278 | 1879 | VAN WERDE BERND | WILSELE | 0:41:26 | 14,48 | 4:09 |
| 279 | 267 | VERBERT KRIS | LEUVEN | 0:41:28 | 14,47 | 4:09 |
| 280 | 1515 | SCHROEYEN ELISSA | HERK-DE-STAD | 0:41:28 | 14,47 | 4:09 |
| 281 | 271 | KERREMANS JOHAN | RAMSDONK | 0:41:30 | 14,46 | 4:09 |
| 282 | 1843 | VANOPPEN PIETER | KERMT | 0:41:31 | 14,45 | 4:09 |
| 283 | 3452 | THIJS YVES | BERINGEN | 0:41:33 | 14,44 | 4:09 |
| 284 | 296 | HERMANS DIRK | VOSELAAR | 0:41:34 | 14,43 | 4:09 |
| 285 | 275 | BOUCKAERT BERNARD | ROESELARE | 0:41:34 | 14,43 | 4:09 |
| 286 | 424 | KENENS BENNY | ZELEM | 0:41:34 | 14,43 | 4:09 |
| 287 | 858 | RUTTEN HARDY | HERSELT | 0:41:37 | 14,42 | 4:10 |
| 288 | 205 | CLAESSENS JUUL | HALLE | 0:41:38 | 14,41 | 4:10 |
| 289 | 225 | RAYMAKER MICHEL | TIENEN | 0:41:39 | 14,41 | 4:10 |
| 290 | 1936 | BAETEMAN DIDIER | KALMTHOUT | 0:41:40 | 14,40 | 4:10 |
| 291 | 1460 | RUBENS PHILIPPE | TESSENDERLO | 0:41:41 | 14,39 | 4:10 |
| 292 | 3239 | VERVOORT PAUL | HAM | 0:41:43 | 14,38 | 4:10 |
| 293 | 1144 | DEBROUX STIJN | LEUVEN | 0:41:44 | 14,38 | 4:10 |
| 294 | 137 | DIESTELMANS WERNER | TESSENDERLO | 0:41:46 | 14,37 | 4:11 |
| 295 | 234 | GIELEN MICHEL | TESSENDERLO | 0:41:48 | 14,35 | 4:11 |
| 296 | 1655 | WOUTERS BART | KONINGSHOOIKT | 0:41:49 | 14,35 | 4:11 |
| 297 | 335 | GRIETEN LUC | VORST (KEMPEN) | 0:41:50 | 14,34 | 4:11 |
| 298 | 3069 | DE WINTER MARC | AARSCHOT | 0:41:51 | 14,34 | 4:11 |
| 299 | 109 | ARNOUITS GUY | ESSEN | 0:41:51 | 14,34 | 4:11 |
| 300 | 237 | WILS GUIDO | KASTERLEE | 0:41:52 | 14,33 | 4:11 |
| 301 | 402 | NOBELS IVO | TESSENDERLO | 0:41:52 | 14,33 | 4:11 |
| 302 | 157 | SMOLDERS JOCHEN | TESSENDERLO | 0:41:53 | 14,33 | 4:11 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|----------------|---------|-------|---------|
| 303 | 441 | VAN ELVEN EDDY | TESSENDERLO | 0:41:53 | 14,33 | 4:11 |
| 304 | 429 | PEREMANS GEERT | TESSENDERLO | 0:41:54 | 14,32 | 4:11 |
| 305 | 338 | MELLEBEK RUDI | OLMEN | 0:41:57 | 14,30 | 4:12 |
| 306 | 1644 | VANSPAUWEN GLENN | LUMMEN | 0:41:57 | 14,30 | 4:12 |
| 307 | 260 | VANDENBERGHEN KRIS | EVERBERG | 0:41:57 | 14,30 | 4:12 |
| 308 | 170 | STEVENS ERIK | BILZEN | 0:41:58 | 14,30 | 4:12 |
| 309 | 1145 | MERTENS DIRK | ZOLDER | 0:41:59 | 14,29 | 4:12 |
| 310 | 409 | BRABANTS PATRICK | TESSENDERLO | 0:41:59 | 14,29 | 4:12 |
| 311 | 1855 | VANGRAMBEREN TOON | TIELT-WINGE | 0:42:00 | 14,29 | 4:12 |
| 312 | 452 | THIJS GERT | TESSENDERLO | 0:42:02 | 14,27 | 4:12 |
| 313 | 3045 | SPEELMANS STEFAN | DIEST | 0:42:02 | 14,27 | 4:12 |
| 314 | 362 | VAN LOOY WIM | WESTERLO | 0:42:03 | 14,27 | 4:12 |
| 315 | 696 | ZABEAU PASCAL | TREMELO | 0:42:05 | 14,26 | 4:13 |
| 316 | 1379 | GOVAERTS JORIS | TESSENDERLO | 0:42:06 | 14,25 | 4:13 |
| 317 | 2103 | PEETERS JO | LICHEM | 0:42:08 | 14,24 | 4:13 |
| 318 | 637 | PLATTEAU KRIS | DEURNE | 0:42:08 | 14,24 | 4:13 |
| 319 | 309 | SWINNEN LUC | MOL | 0:42:09 | 14,23 | 4:13 |
| 320 | 130 | DELEN RONNY | HERENTHOUT | 0:42:10 | 14,23 | 4:13 |
| 321 | 2003 | BACCUS BJORN | ZUTENDAAL | 0:42:11 | 14,22 | 4:13 |
| 322 | 1669 | DEFLEM JARNO | SCHERPENHEUVEL | 0:42:12 | 14,22 | 4:13 |
| 323 | 1991 | CHAEPS RUDY | TURNHOUT | 0:42:18 | 14,18 | 4:14 |
| 324 | 2091 | WILLEMS BERT | HEVERLEE | 0:42:19 | 14,18 | 4:14 |
| 325 | 3044 | VANDECRUYS WIM | GEEL | 0:42:19 | 14,18 | 4:14 |
| 326 | 439 | BELMANS LUC | GEEL | 0:42:20 | 14,17 | 4:14 |
| 327 | 3084 | MANNAERTS GERT | LOMMEL | 0:42:21 | 14,17 | 4:14 |
| 328 | 1605 | RENS KRISTOF | VEERLE-LAAKDAL | 0:42:22 | 14,16 | 4:14 |
| 329 | 230 | LEMMENS TOM | KOERSEL | 0:42:23 | 14,16 | 4:14 |
| 330 | 3352 | BRONCKAERTS ROBBE | WOMMERSOM | 0:42:24 | 14,15 | 4:14 |
| 331 | 198 | COLLAS NORBERT | RIEMST | 0:42:25 | 14,15 | 4:15 |
| 332 | 456 | GEUKENS STEFAN | MEERHOUT | 0:42:27 | 14,13 | 4:15 |
| 333 | 161 | VERSTAPPEN KOBE | MOL | 0:42:27 | 14,13 | 4:15 |
| 334 | 197 | CLAES PETER | LUMMEN | 0:42:28 | 14,13 | 4:15 |
| 335 | 1242 | BIJNENS PATRICK | MOL | 0:42:29 | 14,12 | 4:15 |
| 336 | 191 | OOMS BART | HASSELT | 0:42:29 | 14,12 | 4:15 |
| 337 | 223 | OP DE BEECK FILIP | DEURNE | 0:42:30 | 14,12 | 4:15 |
| 338 | 1974 | DE MULDER PIETER | HERENT | 0:42:31 | 14,11 | 4:15 |
| 339 | 277 | GEYPEN XAVIER | BALEN | 0:42:32 | 14,11 | 4:15 |
| 340 | 1937 | DE WINTER FREDERIK | HALLAAR | 0:42:32 | 14,11 | 4:15 |
| 341 | 1362 | SWINNEN JAN | TESSENDERLO | 0:42:32 | 14,11 | 4:15 |
| 342 | 1352 | CUYPERS PATRICK | MEERHOUT | 0:42:33 | 14,10 | 4:15 |
| 343 | 2102 | VAN GENECHTEN CELLE | ZICHEM | 0:42:34 | 14,10 | 4:15 |
| 344 | 1337 | VAN DEN BROECK MARC | HAACHT | 0:42:34 | 14,10 | 4:15 |
| 345 | 219 | GEERTS DIRK | ZOERSEL | 0:42:35 | 14,09 | 4:16 |
| 346 | 871 | MALFLIET KATJA | BIERBEEK | 0:42:35 | 14,09 | 4:16 |
| 347 | 324 | VERHEYDEN GEERT | TESTELT | 0:42:36 | 14,08 | 4:16 |
| 348 | 3702 | DIERCKX MARC | TESSENDERLO | 0:42:36 | 14,08 | 4:16 |
| 349 | 1178 | VAN RIEL KRIS | ZOERSEL | 0:42:37 | 14,08 | 4:16 |
| 350 | 323 | VAN DER VELDE DANIEL | BETEKOM | 0:42:38 | 14,07 | 4:16 |
| 351 | 786 | COLSON CHRISTOPHE | DILSEN | 0:42:39 | 14,07 | 4:16 |
| 352 | 812 | VANDENBERGH NORMAN | HAASRODE | 0:42:39 | 14,07 | 4:16 |
| 353 | 2052 | VAN LOFFELT PETER | MUNSTERBILZEN | 0:42:40 | 14,06 | 4:16 |
| 354 | 1339 | PATERNOSTER CHRISTIAN | HAACHT | 0:42:40 | 14,06 | 4:16 |
| 355 | 167 | VERWIMP BJORN | PAAL | 0:42:41 | 14,06 | 4:16 |
| 356 | 3109 | COSTERMANS BART | TIENEN | 0:42:41 | 14,06 | 4:16 |
| 357 | 1935 | SMETS LEO | OLEN | 0:42:42 | 14,05 | 4:16 |
| 358 | 437 | NAGELS RONNY | BUNSBEEK | 0:42:43 | 14,05 | 4:16 |
| 359 | 682 | GERMEYS KRIS | LUMMEN | 0:42:44 | 14,04 | 4:16 |
| 360 | 1530 | THIJSKENS DIMITRI | SINT-TRUIDEN | 0:42:44 | 14,04 | 4:16 |
| 361 | 101 | VAN VLIERBERGHE ROMAIN | STEKENE | 0:42:45 | 14,04 | 4:16 |
| 362 | 1013 | NUYTS HANNA | TESSENDERLO | 0:42:45 | 14,04 | 4:16 |
| 363 | 212 | WUYTS STEVEN | GIERLE | 0:42:46 | 14,03 | 4:17 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|-----------------|---------|-------|---------|
| 364 | 428 | COOLS EDWIN | TESSENDERLO | 0:42:46 | 14,03 | 4:17 |
| 365 | 2004 | BACCUS JOHNNY | AS | 0:42:47 | 14,02 | 4:17 |
| 366 | 1740 | DEWEER VINCENT | WIJNEGEM | 0:42:47 | 14,02 | 4:17 |
| 367 | 158 | VAN BOSCH JULIEN | WILRIJK (ANTW.) | 0:42:48 | 14,02 | 4:17 |
| 368 | 261 | CRETSKENS PIETER | PAAL | 0:42:49 | 14,01 | 4:17 |
| 369 | 3454 | VAN ROMPAEY CHRISTOPHE | LANGDORP | 0:42:49 | 14,01 | 4:17 |
| 370 | 357 | DEGELIN RENE | DIEST | 0:42:51 | 14,00 | 4:17 |
| 371 | 249 | MEERTENS GERALD | RIEMST | 0:42:51 | 14,00 | 4:17 |
| 372 | 3455 | DE VIS WIM | HERSELT | 0:42:52 | 14,00 | 4:17 |
| 373 | 3440 | DIERCKX GEERT | LAAKDAL | 0:42:53 | 13,99 | 4:17 |
| 374 | 701 | VERDICKT GERT | AARSCHOT | 0:42:54 | 13,99 | 4:17 |
| 375 | 2035 | HOOBERGS JURGEN | TESSENDERLO | 0:42:54 | 13,99 | 4:17 |
| 376 | 1825 | BULEN JO | HEUSDEN-ZOLDER | 0:42:55 | 13,98 | 4:17 |
| 377 | 330 | DE SWERT IVO | VEERLE LAAKDAL | 0:42:56 | 13,98 | 4:18 |
| 378 | 1972 | MELOTTE NIELS | HEUSDEN-ZOLDER | 0:42:56 | 13,98 | 4:18 |
| 379 | 189 | VANDYCK BERT | PAAL | 0:42:56 | 13,98 | 4:18 |
| 380 | 1674 | VOUNCKX JOHAN | LINDEN | 0:42:58 | 13,96 | 4:18 |
| 381 | 3052 | VANLOO PIETER | PAAL | 0:42:58 | 13,96 | 4:18 |
| 382 | 879 | MOREELS JASPER | HALEN | 0:42:58 | 13,96 | 4:18 |
| 383 | 2011 | ROOSEMONT MICHEL | BOUTERSEM | 0:42:59 | 13,96 | 4:18 |
| 384 | 231 | BRAEM KIRSTEN | PAAL | 0:43:00 | 13,95 | 4:18 |
| 385 | 1956 | PERRI ALDO | GENK | 0:43:00 | 13,95 | 4:18 |
| 386 | 3059 | KEUSTERS KOEN | BERINGEN | 0:43:00 | 13,95 | 4:18 |
| 387 | 1835 | BARTOLOMEUS WIELS | GEEL | 0:43:00 | 13,95 | 4:18 |
| 388 | 1521 | BERTRAND FABIEN | TONGEREN | 0:43:01 | 13,95 | 4:18 |
| 389 | 1010 | NUYTS JOS | TESSENDERLO | 0:43:03 | 13,94 | 4:18 |
| 390 | 1748 | VLUGGEN ROGER | MAASTRICHT | 0:43:03 | 13,94 | 4:18 |
| 391 | 1616 | VAN REYN RAYMOND | AARTSELAAR | 0:43:03 | 13,94 | 4:18 |
| 392 | 169 | PEETERS VITAL | HAM | 0:43:04 | 13,93 | 4:18 |
| 393 | 3205 | LAERMANS BENNY | BUNSBEEK | 0:43:05 | 13,93 | 4:19 |
| 394 | 1404 | LIETEN BOUDEWIJN | LUMMEN | 0:43:06 | 13,92 | 4:19 |
| 395 | 3143 | VANDESANDE STIJN | WESTERLO | 0:43:06 | 13,92 | 4:19 |
| 396 | 663 | BURM JO | WIJNEGEM | 0:43:06 | 13,92 | 4:19 |
| 397 | 3711 | THEWISSEN RIK | TONGEREN | 0:43:08 | 13,91 | 4:19 |
| 398 | 321 | DEBOEL HERMAN | LAAKDAL | 0:43:08 | 13,91 | 4:19 |
| 399 | 38 | MONDELAERS GUIDO | BALEN | 0:43:08 | 13,91 | 4:19 |
| 400 | 2054 | SIJMONS STEFAN | SCHAFFEN | 0:43:09 | 13,90 | 4:19 |
| 401 | 3458 | VAN NUFFELEN BART | AARSCHOT | 0:43:10 | 13,90 | 4:19 |
| 402 | 116 | SMET WIM | RANST | 0:43:10 | 13,90 | 4:19 |
| 403 | 110 | FUNK ALFRED | OPGLABBEEK | 0:43:11 | 13,89 | 4:19 |
| 404 | 52 | CLEPPE TANJA | | 0:43:11 | 13,89 | 4:19 |
| 405 | 3039 | DIRKX MARTY | MAASEIK | 0:43:13 | 13,88 | 4:19 |
| 406 | 3160 | HENDRICKX JOHN | TESSENDERLO | 0:43:13 | 13,88 | 4:19 |
| 407 | 211 | JANSSENS JORIS | VEERLE | 0:43:14 | 13,88 | 4:19 |
| 408 | 1788 | MELIS RUDY | MOL | 0:43:14 | 13,88 | 4:19 |
| 409 | 297 | MOONS JAN | PAAL | 0:43:14 | 13,88 | 4:19 |
| 410 | 598 | GESTELS BART | LEUVEN | 0:43:16 | 13,87 | 4:20 |
| 411 | 3234 | FILLEE LEOPOLD | TESSENDERLO | 0:43:17 | 13,86 | 4:20 |
| 412 | 273 | ALHAEUSER JOCHEN | ERKELENZ | 0:43:17 | 13,86 | 4:20 |
| 413 | 115 | EXELMANS OLIVER | DIEST | 0:43:17 | 13,86 | 4:20 |
| 414 | 443 | HOUDMEYERS BART | VORST (KEMPEN) | 0:43:17 | 13,86 | 4:20 |
| 415 | 316 | RENDERS LUC | LOMMEL | 0:43:19 | 13,85 | 4:20 |
| 416 | 1109 | MACHIELS NICO | DILSEN-STOKKEM | 0:43:19 | 13,85 | 4:20 |
| 417 | 1888 | VAN LOOCK TOM | HOOGSTRATEN | 0:43:20 | 13,85 | 4:20 |
| 418 | 774 | DRION DANIEL | HASSELT | 0:43:21 | 13,84 | 4:20 |
| 419 | 1389 | VERBRUGGEN ANDRIES | OLMEN | 0:43:22 | 13,84 | 4:20 |
| 420 | 1930 | PEREMANS DANNY | TESSENDERLO | 0:43:22 | 13,84 | 4:20 |
| 421 | 638 | VAN PEER MARC | VOSSLAAR | 0:43:23 | 13,83 | 4:20 |
| 422 | 2092 | HELMER MAARTEN | LEUVEN | 0:43:23 | 13,83 | 4:20 |
| 423 | 1921 | VANDENBERK PETER | HEPPEN | 0:43:24 | 13,82 | 4:20 |
| 424 | 235 | HAEMHOUTS MON | TONGERLO | 0:43:24 | 13,82 | 4:20 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|-------------------|---------|-------|---------|
| 425 | 328 | CAPUTO ANTONIO | TESSENDERLO | 0:43:26 | 13,81 | 4:21 |
| 426 | 1760 | CATOIRE VINCENT | ERPS-KWERPS | 0:43:27 | 13,81 | 4:21 |
| 427 | 3296 | VANUYTRECHT JASPER | GEEL | 0:43:27 | 13,81 | 4:21 |
| 428 | 997 | GERARDS STEFAN | LEOPOLDSBURG | 0:43:28 | 13,80 | 4:21 |
| 429 | 1069 | BRANTS PHILIPPE | PUTTE | 0:43:29 | 13,80 | 4:21 |
| 430 | 1677 | RENS GERT | MEERHOUT | 0:43:30 | 13,79 | 4:21 |
| 431 | 1143 | BALETTE BART | LOMMEL | 0:43:31 | 13,79 | 4:21 |
| 432 | 1857 | BUENS WIM | PUTTE | 0:43:32 | 13,78 | 4:21 |
| 433 | 683 | SMET KURT | SINT-NIKLAAS | 0:43:34 | 13,77 | 4:21 |
| 434 | 3760 | DEFAZANT RAF | LILLE | 0:43:35 | 13,77 | 4:22 |
| 435 | 718 | DE PRAETERE DIETHER | NIEUWKERKEN-WAAS | 0:43:36 | 13,76 | 4:22 |
| 436 | 1678 | VERSTRAETE JORIS | ZWIJNDRECHT | 0:43:37 | 13,76 | 4:22 |
| 437 | 355 | CONINGS MARC | AS | 0:43:38 | 13,75 | 4:22 |
| 438 | 1007 | SEGHERS JAN | HOLSBEEK | 0:43:39 | 13,75 | 4:22 |
| 439 | 1666 | SNEYERS JAN | SCHAFFEN | 0:43:40 | 13,74 | 4:22 |
| 440 | 187 | WEYNS LEO | HEIST-OP-DEN-BERG | 0:43:41 | 13,74 | 4:22 |
| 441 | 1376 | BROCKHOVEN KAREL | KOERSEL | 0:43:42 | 13,73 | 4:22 |
| 442 | 643 | VERMEULEN JO | TIENEN | 0:43:43 | 13,72 | 4:22 |
| 443 | 128 | HOOGBOOM RONALD | HEERLEN | 0:43:44 | 13,72 | 4:22 |
| 444 | 148 | DEFOSSE PETER | KORTRIJK-DUTSEL | 0:43:45 | 13,71 | 4:23 |
| 445 | 1130 | JANNIS JEROEN | HEUSDEN-ZOLDER | 0:43:46 | 13,71 | 4:23 |
| 446 | 3695 | LINSSEN MARC | KOERSEL | 0:43:46 | 13,71 | 4:23 |
| 447 | 272 | NEUJENS ERIC | TESSENDERLO | 0:43:46 | 13,71 | 4:23 |
| 448 | 1378 | CONVENS DANIEL | TESSENDERLO | 0:43:48 | 13,70 | 4:23 |
| 449 | 1648 | WAUTERS HERMAN | ZWIJNDRECHT | 0:43:48 | 13,70 | 4:23 |
| 450 | 360 | PUT KRIS | HEUSDEN-ZOLDER | 0:43:48 | 13,70 | 4:23 |
| 451 | 641 | LEMMENS DANNY | ZONHOVEN | 0:43:48 | 13,70 | 4:23 |
| 452 | 1889 | VINGERHOETS JIM | RIJKEVORSEL | 0:43:49 | 13,69 | 4:23 |
| 453 | 3057 | THEYS TIM | RILLAAR | 0:43:50 | 13,69 | 4:23 |
| 454 | 181 | ROIJENS PATRICK | HASSELT | 0:43:52 | 13,68 | 4:23 |
| 455 | 288 | MEULDERS HUGO | HERSELT | 0:43:52 | 13,68 | 4:23 |
| 456 | 3393 | VERSTRAETEN DEBBIE | BEERSE | 0:43:53 | 13,67 | 4:23 |
| 457 | 1668 | COLIN ALDWIN | SCHERPENHEUVEL | 0:43:53 | 13,67 | 4:23 |
| 458 | 202 | VAN DEN BROECK GUY | LIER | 0:43:55 | 13,66 | 4:24 |
| 459 | 142 | DE POORTER HEIDI | GENT(SA) | 0:43:56 | 13,66 | 4:24 |
| 460 | 1380 | CRISTAEL ROEL | TESSENDERLO | 0:43:56 | 13,66 | 4:24 |
| 461 | 3112 | ESCH TIM | PAAL | 0:43:57 | 13,65 | 4:24 |
| 462 | 1998 | VAN AERSCHOT TOM | WESTERLO | 0:43:58 | 13,65 | 4:24 |
| 463 | 244 | VAN LOON FILIP | OUD-TURNHOUT | 0:43:59 | 13,64 | 4:24 |
| 464 | 539 | BRESSELEERS TOM | DEURNE | 0:44:00 | 13,64 | 4:24 |
| 465 | 1522 | NARDELLA PHILIPPE | GEEL | 0:44:00 | 13,64 | 4:24 |
| 466 | 1865 | WILDERS PETER | BOUTERSEM | 0:44:00 | 13,64 | 4:24 |
| 467 | 1983 | BREUGELMANS JOHAN | PAAL | 0:44:02 | 13,63 | 4:24 |
| 468 | 1129 | SOORS DIANE | PAAL | 0:44:03 | 13,62 | 4:24 |
| 469 | 333 | GHOOS ROB | LAAKDAL | 0:44:03 | 13,62 | 4:24 |
| 470 | 1538 | VAN PASSE JOS | HOLSBEEK | 0:44:04 | 13,62 | 4:24 |
| 471 | 3194 | CLAESKENS CHRIS | DEURNE (BT.) | 0:44:05 | 13,61 | 4:25 |
| 472 | 1985 | HAEMHOUTS KRISTOF | WESTERLO | 0:44:05 | 13,61 | 4:25 |
| 473 | 513 | DENEUKER TONY | TONGEREN | 0:44:07 | 13,60 | 4:25 |
| 474 | 2055 | PEETERS DAVID | AS | 0:44:07 | 13,60 | 4:25 |
| 475 | 1667 | VAN ROOY NIELS | VEERLE-LAAKDAL | 0:44:07 | 13,60 | 4:25 |
| 476 | 207 | MARIEN BART | LOENHOUT | 0:44:10 | 13,58 | 4:25 |
| 477 | 432 | VAN GESTEL JEF | RETIE | 0:44:11 | 13,58 | 4:25 |
| 478 | 1414 | COENEN PAULA | VEERLE | 0:44:12 | 13,57 | 4:25 |
| 479 | 3005 | DEWILDE KRISTOF | WELLEN | 0:44:13 | 13,57 | 4:25 |
| 480 | 3185 | VERWIMP WIM | TESSENDERLO | 0:44:14 | 13,56 | 4:25 |
| 481 | 1823 | CEUSTERS FRANCIS | PAAL-BERINGEN | 0:44:15 | 13,56 | 4:26 |
| 482 | 255 | VAN OVERTVELT STEFAAN | SINT-NIKLAAS | 0:44:16 | 13,55 | 4:26 |
| 483 | 1860 | EVERAERT STEF | LINT | 0:44:16 | 13,55 | 4:26 |
| 484 | 3674 | HAARLER JEROEN | HASSELT | 0:44:16 | 13,55 | 4:26 |
| 485 | 3221 | VANDENBROECK RENAAT | TESSENDERLO | 0:44:19 | 13,54 | 4:26 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|----------------|---------|-------|---------|
| 486 | 133 | NIJS HANS | VEERLE | 0:44:20 | 13,53 | 4:26 |
| 487 | 311 | VANLEEUEW DIRK | MOL | 0:44:21 | 13,53 | 4:26 |
| 488 | 657 | LAENEN JELLE | LAAKDAL | 0:44:22 | 13,52 | 4:26 |
| 489 | 301 | BERCKMANS JAIMY | BALEN | 0:44:22 | 13,52 | 4:26 |
| 490 | 3716 | VRYENS DENNIS | KANNE | 0:44:24 | 13,51 | 4:26 |
| 491 | 3489 | OOSTERLINCK ILSE | TESSENDERLO | 0:44:27 | 13,50 | 4:27 |
| 492 | 295 | DE MAEYER LUC | WILLEBROEK | 0:44:28 | 13,49 | 4:27 |
| 493 | 1758 | VANGEEL KAREL | MEERHOUT | 0:44:29 | 13,49 | 4:27 |
| 494 | 1459 | VANHERF GUY | BILZEN | 0:44:29 | 13,49 | 4:27 |
| 495 | 3717 | CROUZEN JULES | KANNE | 0:44:31 | 13,48 | 4:27 |
| 496 | 1341 | VAN BREEDAM KRISTOF | HAACHT | 0:44:31 | 13,48 | 4:27 |
| 497 | 1367 | BOSMANS LUCIEN | BEVERLO | 0:44:32 | 13,47 | 4:27 |
| 498 | 1962 | TORFS TIM | BORGERHOUT | 0:44:33 | 13,47 | 4:27 |
| 499 | 3463 | THIELENS MARC | VEERLE | 0:44:33 | 13,47 | 4:27 |
| 500 | 839 | VAN DUPPEN THIJS | BALEN | 0:44:36 | 13,45 | 4:28 |
| 501 | 585 | DE ROECK FILIP | KRUIBEKE | 0:44:36 | 13,45 | 4:28 |
| 502 | 1131 | VERVOORT ALEX | TESSENDERLO | 0:44:37 | 13,45 | 4:28 |
| 503 | 1354 | LIEKENS ROBBY | TESSENDERLO | 0:44:38 | 13,44 | 4:28 |
| 504 | 413 | VERBOVEN JUAN | HAM | 0:44:39 | 13,44 | 4:28 |
| 505 | 1327 | HEYLEN BEN | RILLAAR | 0:44:40 | 13,43 | 4:28 |
| 506 | 1003 | SAUTER ERIK | HASSELT | 0:44:40 | 13,43 | 4:28 |
| 507 | 422 | DE WIT JOZEF | HEUSDEN-ZOLDER | 0:44:41 | 13,43 | 4:28 |
| 508 | 1939 | GEUNS AN | HELCHTEREN | 0:44:42 | 13,42 | 4:28 |
| 509 | 1529 | MAES KRISTOF | HAM | 0:44:45 | 13,41 | 4:29 |
| 510 | 3193 | GOOSSENS PETER | SCHAFFEN | 0:44:47 | 13,40 | 4:29 |
| 511 | 3755 | VANDENBERGH CHRISTOF | LAAKDAL | 0:44:49 | 13,39 | 4:29 |
| 512 | 1381 | Fonteyns Frans | HAM | 0:44:50 | 13,38 | 4:29 |
| 513 | 1901 | VANDENREYKEN JORGEN | PAAL | 0:44:50 | 13,38 | 4:29 |
| 514 | 864 | VANAUDENHOVE WILLIAM | DIEST | 0:44:52 | 13,37 | 4:29 |
| 515 | 1799 | MERTENS BERT | MEERHOUT | 0:44:54 | 13,36 | 4:29 |
| 516 | 423 | GORIS RUDY | ARENDONK | 0:44:55 | 13,36 | 4:30 |
| 517 | 1626 | BOGAERTS ABDON | GEEL | 0:44:56 | 13,35 | 4:30 |
| 518 | 331 | FOETS LUDO | HAM | 0:44:57 | 13,35 | 4:30 |
| 519 | 704 | GOOSSENS GUNTHER | PAAL | 0:44:57 | 13,35 | 4:30 |
| 520 | 1557 | FILIPPIN JEAN-PIERRE | MAASMECHELEN | 0:44:58 | 13,34 | 4:30 |
| 521 | 3182 | THIJS WERNER | HEPPEN | 0:44:58 | 13,34 | 4:30 |
| 522 | 913 | MEURIS KRIS | MOL | 0:45:00 | 13,33 | 4:30 |
| 523 | 3303 | GEYS KARSTEN | WESTERLO | 0:45:00 | 13,33 | 4:30 |
| 524 | 505 | ALENS JAN | ZOERSEL | 0:45:01 | 13,33 | 4:30 |
| 525 | 1705 | SCHOOFs LODE | HAM | 0:45:02 | 13,32 | 4:30 |
| 526 | 183 | VANCALSTER KEVIN | RILLAAR | 0:45:02 | 13,32 | 4:30 |
| 527 | 352 | VAN DORMAEL JO | TESSENDERLO | 0:45:02 | 13,32 | 4:30 |
| 528 | 3730 | VANSTREELS MARIO | KERMT | 0:45:04 | 13,31 | 4:30 |
| 529 | 2050 | JACOBS JOS | DIEPENBEEK | 0:45:04 | 13,31 | 4:30 |
| 530 | 1613 | WUYTS JOCHEM | TESSENDERLO | 0:45:05 | 13,31 | 4:30 |
| 531 | 1335 | SCHOUTERS ROBERT | BEKKEVOORT | 0:45:05 | 13,31 | 4:30 |
| 532 | 1813 | VANBEUL JORGEN | LEOPOLDSBEUL | 0:45:06 | 13,30 | 4:31 |
| 533 | 942 | LEMMENS SERGE | HERENT | 0:45:08 | 13,29 | 4:31 |
| 534 | 1784 | DE CLERCQ STEVEN | SCHERPENHEUVEL | 0:45:08 | 13,29 | 4:31 |
| 535 | 1581 | KNEZ KAREL | LUMMEN | 0:45:09 | 13,29 | 4:31 |
| 536 | 1984 | VAN GENECHTEN JEF | HERSELT | 0:45:09 | 13,29 | 4:31 |
| 537 | 1153 | CREEMERS JOHAN | MOLENBEERSEL | 0:45:09 | 13,29 | 4:31 |
| 538 | 1326 | GHOOS MARIO | TESSENDERLO | 0:45:10 | 13,28 | 4:31 |
| 539 | 2064 | VANDENBERGH GERT | HAM | 0:45:11 | 13,28 | 4:31 |
| 540 | 3417 | CORSTJENS RUDY | DIEST | 0:45:12 | 13,27 | 4:31 |
| 541 | 294 | BARTELS BART | RAVELS | 0:45:12 | 13,27 | 4:31 |
| 542 | 1450 | JANSEN YVO | OVERPELT | 0:45:13 | 13,27 | 4:31 |
| 543 | 796 | WELLENS JOHAN | LOMMEL | 0:45:14 | 13,26 | 4:31 |
| 544 | 320 | THEUNCKENS ANDRE | TESSENDERLO | 0:45:14 | 13,26 | 4:31 |
| 545 | 760 | VAN MELLAERT WIM | HEVERLEE | 0:45:15 | 13,26 | 4:31 |
| 546 | 449 | HOUDMEYERS ROLAND | TESSENDERLO | 0:45:15 | 13,26 | 4:31 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|-------------------|---------|-------|---------|
| 547 | 1175 | DIERICKX STEVEN | HEVERLEE | 0:45:16 | 13,25 | 4:32 |
| 548 | 3138 | VAN LOOCK LUC | NIJLEN | 0:45:16 | 13,25 | 4:32 |
| 549 | 1012 | RAYMAEKERS LUC | PAAL | 0:45:17 | 13,25 | 4:32 |
| 550 | 433 | COOMANS LILIANE | TESSENDERLO | 0:45:17 | 13,25 | 4:32 |
| 551 | 1673 | THEYS JAN | LINDEN | 0:45:19 | 13,24 | 4:32 |
| 552 | 1419 | RENDERS WILLY | TESSENDERLO | 0:45:19 | 13,24 | 4:32 |
| 553 | 104 | DE VOCHT LUC | WOMMELGEM | 0:45:19 | 13,24 | 4:32 |
| 554 | 1088 | SCHRAEPEN URBAAN | LUMMEN | 0:45:19 | 13,24 | 4:32 |
| 555 | 240 | VAN DE VIJFEIJKE BERT | LIER | 0:45:19 | 13,24 | 4:32 |
| 556 | 1621 | VANBERGEN STEVEN | BUDINGEN | 0:45:20 | 13,24 | 4:32 |
| 557 | 905 | MATTIJS HERMAN | HEIST-OP-DEN-BERG | 0:45:21 | 13,23 | 4:32 |
| 558 | 426 | BOSMAN LUDO | TESSENDERLO | 0:45:21 | 13,23 | 4:32 |
| 559 | 1108 | JANS STIJN | SINT TRUIDEN | 0:45:22 | 13,23 | 4:32 |
| 560 | 2070 | DE MAEYER JAN | BEIE | 0:45:22 | 13,23 | 4:32 |
| 561 | 326 | BEERTEN ERIC | KOERSEL | 0:45:22 | 13,23 | 4:32 |
| 562 | 3444 | STERCKX GERD | MOL | 0:45:23 | 13,22 | 4:32 |
| 563 | 1089 | DEGENS ERIK | LUMMEN | 0:45:24 | 13,22 | 4:32 |
| 564 | 1750 | RABANT JORIS | WILRIJK | 0:45:24 | 13,22 | 4:32 |
| 565 | 1869 | DIEPUENS JOS | KERMT | 0:45:25 | 13,21 | 4:32 |
| 566 | 1756 | JEURISSEN JOHNNY | RIEMST | 0:45:25 | 13,21 | 4:32 |
| 567 | 421 | DE WIT KATLEEN | HEUSDEN-ZOLDER | 0:45:26 | 13,21 | 4:33 |
| 568 | 1676 | LIESENBORGHES STIJN | PAAL | 0:45:26 | 13,21 | 4:33 |
| 569 | 3121 | YOULTON WILLIAM | VORST (KEMPEN) | 0:45:26 | 13,21 | 4:33 |
| 570 | 2008 | BEUTELS TOM | MELDERT-LUMMEN | 0:45:28 | 13,20 | 4:33 |
| 571 | 3467 | SWIJNS TOMMY | HEUSDEN-ZOLDER | 0:45:28 | 13,20 | 4:33 |
| 572 | 777 | CUYPERS STEVEN | ZICHEM | 0:45:28 | 13,20 | 4:33 |
| 573 | 684 | RUTS JONNY | MOL | 0:45:28 | 13,20 | 4:33 |
| 574 | 126 | VAN DRIESSCHE PATRICK | ZELE | 0:45:29 | 13,19 | 4:33 |
| 575 | 2067 | BOLSEE JEAN-CHRISTOPHE | LUIK | 0:45:30 | 13,19 | 4:33 |
| 576 | 1700 | FRANSIS JAN | HAM | 0:45:30 | 13,19 | 4:33 |
| 577 | 3110 | VAN MEENSEL DIRK | HAM | 0:45:30 | 13,19 | 4:33 |
| 578 | 984 | NEEFS BERT | GELRODE | 0:45:31 | 13,18 | 4:33 |
| 579 | 848 | SANNEN RAF | MOL | 0:45:33 | 13,17 | 4:33 |
| 580 | 1512 | BARTOLUCCI MATTIA | LAAKDAL | 0:45:33 | 13,17 | 4:33 |
| 581 | 461 | VANDEWEYER MARIJS | TESSENDERLO | 0:45:33 | 13,17 | 4:33 |
| 582 | 347 | SCHEPERS ROGER | DIEST | 0:45:33 | 13,17 | 4:33 |
| 583 | 3482 | SWERTS ERIK | HAM | 0:45:34 | 13,17 | 4:33 |
| 584 | 3688 | RENDERS ERWIN | TESSENDERLO | 0:45:34 | 13,17 | 4:33 |
| 585 | 1186 | PEETERS JEF | GEEL | 0:45:35 | 13,16 | 4:34 |
| 586 | 1510 | MEEUWSEN MARC | KASTERLEE | 0:45:35 | 13,16 | 4:34 |
| 587 | 334 | GIJSBRECHTS HERMAN | MEERHOUT | 0:45:36 | 13,16 | 4:34 |
| 588 | 1886 | WOUTERS GERRY | HEUSDEN-ZOLDER | 0:45:37 | 13,15 | 4:34 |
| 589 | 3202 | CEUNEN JORIS | PAAL | 0:45:38 | 13,15 | 4:34 |
| 590 | 705 | VERBOVEN KURT | TESSENDERLO | 0:45:38 | 13,15 | 4:34 |
| 591 | 3288 | SWINNEN LUC | | 0:45:38 | 13,15 | 4:34 |
| 592 | 782 | DAMS KRIS | HERENTALS | 0:45:40 | 13,14 | 4:34 |
| 593 | 1933 | VAN DER REYSEN MACHTELD | KRUIBEKE | 0:45:41 | 13,13 | 4:34 |
| 594 | 233 | VANDECRUYS BART | GEEL | 0:45:41 | 13,13 | 4:34 |
| 595 | 3462 | PAELINCK KRISTOF | AARSCHOT | 0:45:42 | 13,13 | 4:34 |
| 596 | 3169 | RIJO AMERICO | LOMMEL | 0:45:43 | 13,12 | 4:34 |
| 597 | 3425 | GEYSKENS GERT | HAM | 0:45:44 | 13,12 | 4:34 |
| 598 | 652 | NUYTS GEERT | TESSENDERLO | 0:45:44 | 13,12 | 4:34 |
| 599 | 3383 | CORNELISSEN HILDE | LAAKDAL | 0:45:45 | 13,11 | 4:34 |
| 600 | 1744 | HAGENAERS GWYN | ZWIJNDRECHT | 0:45:45 | 13,11 | 4:34 |
| 601 | 3155 | NULLENS LAMBERT | TESSENDERLO | 0:45:45 | 13,11 | 4:34 |
| 602 | 3255 | LEPPENS DOMINIQUE | BALEN | 0:45:46 | 13,11 | 4:35 |
| 603 | 3398 | LORNOY STEVEN | TESSENDERLO | 0:45:46 | 13,11 | 4:35 |
| 604 | 1002 | CLAES KRIS | LUMMEN | 0:45:46 | 13,11 | 4:35 |
| 605 | 868 | FRANCESCONI SANDRO | BRUSSELS | 0:45:48 | 13,10 | 4:35 |
| 606 | 1430 | VERWIMP CHARLOTTE | TESSENDERLO | 0:45:48 | 13,10 | 4:35 |
| 607 | 553 | VAN HIRTUM LUC | LAAKDAL | 0:45:51 | 13,09 | 4:35 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|------------------|---------|-------|---------|
| 608 | 3254 | VAN GENECHTEN MARLEEN | BALEN | 0:45:51 | 13,09 | 4:35 |
| 609 | 2123 | JEDDENS WIM | GENT | 0:45:52 | 13,08 | 4:35 |
| 610 | 3116 | BELIEN MARC | LUMMEN | 0:45:53 | 13,08 | 4:35 |
| 611 | 1340 | DE MEES MARC | RIJMENAM | 0:45:54 | 13,07 | 4:35 |
| 612 | 3083 | JORDENS TIM | ZICHEM | 0:45:55 | 13,07 | 4:36 |
| 613 | 3368 | VERBOVEN DIRK | ZICHEM | 0:45:55 | 13,07 | 4:36 |
| 614 | 1477 | CRAM FREDDY | GENK | 0:45:55 | 13,07 | 4:36 |
| 615 | 592 | PEIRELINCK JAN | HASSELT | 0:45:56 | 13,06 | 4:36 |
| 616 | 3297 | TURELUREN JO | LUMMEN | 0:45:57 | 13,06 | 4:36 |
| 617 | 118 | COENEN JEANNINE | RAVELS | 0:45:57 | 13,06 | 4:36 |
| 618 | 1690 | BALLEGEER WIM | BOUTERSEM | 0:45:58 | 13,05 | 4:36 |
| 619 | 3333 | DOCKX GUY | MEERHOUT | 0:45:58 | 13,05 | 4:36 |
| 620 | 3167 | ANTHONIS YANNICK | HAM | 0:45:58 | 13,05 | 4:36 |
| 621 | 3667 | LAGAESSIE LIEVEN | PAAL | 0:45:59 | 13,05 | 4:36 |
| 622 | 3479 | KNAPEN PHILIPPE | DIEST | 0:46:00 | 13,04 | 4:36 |
| 623 | 1755 | GEERTS JOS | KOERSEL | 0:46:01 | 13,04 | 4:36 |
| 624 | 3713 | DAS STEFAN | HALEN | 0:46:01 | 13,04 | 4:36 |
| 625 | 1977 | STOMMERS JERRY | ZWIJNDRECHT | 0:46:02 | 13,03 | 4:36 |
| 626 | 1898 | VAN GENECHTEN BART | LOMMEL | 0:46:02 | 13,03 | 4:36 |
| 627 | 3317 | AERTGEERTS BERT | TESSENDERLO | 0:46:04 | 13,02 | 4:36 |
| 628 | 1839 | GEBOERS WERNER | LOMMEL | 0:46:04 | 13,02 | 4:36 |
| 629 | 575 | NYS NICKY | LUMMEN | 0:46:05 | 13,02 | 4:37 |
| 630 | 3211 | HENKENS NICO | MEERHOUT | 0:46:06 | 13,02 | 4:37 |
| 631 | 1895 | NYSTEN AIME | HOUTHALEN | 0:46:07 | 13,01 | 4:37 |
| 632 | 293 | VANHEF GUY | BILZEN | 0:46:07 | 13,01 | 4:37 |
| 633 | 1829 | VALKENEERS PETER | HASSELT | 0:46:08 | 13,01 | 4:37 |
| 634 | 3409 | VANDERHEYDEN NIELS | DIEST | 0:46:09 | 13,00 | 4:37 |
| 635 | 1957 | VANTUYKOM MICHEL | GENK | 0:46:09 | 13,00 | 4:37 |
| 636 | 1572 | BEUTELS MARTIN | KOERSEL-BERINGEN | 0:46:10 | 13,00 | 4:37 |
| 637 | 1177 | BREMS JURGEN | BEVEREN-WAAS | 0:46:11 | 12,99 | 4:37 |
| 638 | 1457 | DAENS RIK | LOMMEL | 0:46:11 | 12,99 | 4:37 |
| 639 | 406 | MONDELAERS STEVEN | LAAKDAL | 0:46:12 | 12,99 | 4:37 |
| 640 | 1675 | REENAERS MICHEL | ALKEN | 0:46:12 | 12,99 | 4:37 |
| 641 | 3034 | SNEPKENS YVES | BERINGEN | 0:46:12 | 12,99 | 4:37 |
| 642 | 626 | ALAERTS JENNY | AARSCHOT | 0:46:14 | 12,98 | 4:37 |
| 643 | 3676 | VANDEVEN ROY | TESSENDERLO | 0:46:14 | 12,98 | 4:37 |
| 644 | 3677 | KEMPS YVES | BOOISCHOT | 0:46:15 | 12,97 | 4:38 |
| 645 | 1501 | NICASY CIS | WESTERLO | 0:46:16 | 12,97 | 4:38 |
| 646 | 1360 | HERMANS RUDY | HALEN | 0:46:16 | 12,97 | 4:38 |
| 647 | 661 | VAN DER BORGHT GERT | BOUWEL | 0:46:17 | 12,96 | 4:38 |
| 648 | 270 | PAUWELS PETER | TESTELT | 0:46:18 | 12,96 | 4:38 |
| 649 | 521 | DAL BOSCO JEAN | WILRIJK (ANTW.) | 0:46:19 | 12,95 | 4:38 |
| 650 | 1580 | THEUNISSEN BART | PEER | 0:46:19 | 12,95 | 4:38 |
| 651 | 3737 | VAN BAEL KRIS | NIEUWRODE | 0:46:20 | 12,95 | 4:38 |
| 652 | 1139 | KNAEPEN YVES | DIEPENBEEK | 0:46:20 | 12,95 | 4:38 |
| 653 | 3745 | DE WEVER DAAN | RAMSEL | 0:46:21 | 12,94 | 4:38 |
| 654 | 3113 | VANDERLINDEN PETER | PAAL | 0:46:21 | 12,94 | 4:38 |
| 655 | 3049 | HOUDMEYERS STEF | LAAKDAL | 0:46:22 | 12,94 | 4:38 |
| 656 | 3703 | VANGENECHTEN JILL | TESSENDERLO | 0:46:22 | 12,94 | 4:38 |
| 657 | 930 | VAN DER WEELE MICHIEL | EINDHOVEN | 0:46:23 | 12,94 | 4:38 |
| 658 | 523 | OROLE MARINA | MOL | 0:46:23 | 12,94 | 4:38 |
| 659 | 808 | VERHAERT LUC | MORTSEL | 0:46:24 | 12,93 | 4:38 |
| 660 | 1164 | GOLSTEIJN HARRY | ECHT | 0:46:24 | 12,93 | 4:38 |
| 661 | 1447 | VOLDERS GLEN | DIEST | 0:46:25 | 12,93 | 4:39 |
| 662 | 1560 | VANVUCHELEN DAVID | SINT-TRUIDEN | 0:46:26 | 12,92 | 4:39 |
| 663 | 1169 | FORIER STAN | HERK-DE-STAD | 0:46:26 | 12,92 | 4:39 |
| 664 | 304 | VAN GELDER ANITA | GEEL | 0:46:26 | 12,92 | 4:39 |
| 665 | 1061 | VERVOORT JAN | WESTERLO | 0:46:28 | 12,91 | 4:39 |
| 666 | 1539 | AUWERS PATRICK | OLEN | 0:46:28 | 12,91 | 4:39 |
| 667 | 1794 | VAN DE WEYER AHERVE | LAMGOORT | 0:46:29 | 12,91 | 4:39 |
| 668 | 1060 | THIJS CHRISTOPHE | GEEL | 0:46:29 | 12,91 | 4:39 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|---------------------------|---------------------|---------|-------|---------|
| 669 | 1366 | WOUTERS LUC | HAM | 0:46:30 | 12,90 | 4:39 |
| 670 | 2025 | SMEULDERS STEFAAN | AARSCHOT | 0:46:31 | 12,90 | 4:39 |
| 671 | 1200 | ANNYS DOMINIEK | WIJNEGEM | 0:46:31 | 12,90 | 4:39 |
| 672 | 3106 | VAN BROEKHOVEN BENNY | TESSENDERLO | 0:46:31 | 12,90 | 4:39 |
| 673 | 1036 | NAOME TOM | BILZEN | 0:46:31 | 12,90 | 4:39 |
| 674 | 3718 | GEELLEN JAN | KANNE | 0:46:32 | 12,89 | 4:39 |
| 675 | 3080 | FRANSSEN LUC | KOERSEL | 0:46:33 | 12,89 | 4:39 |
| 676 | 213 | JOOSTEN RUBEN | HEUSDEN-ZOLDER | 0:46:33 | 12,89 | 4:39 |
| 677 | 610 | BRUGGEMAN GEERT | BRUGGE | 0:46:34 | 12,88 | 4:39 |
| 678 | 578 | BERVOETS LUC | DIEST | 0:46:35 | 12,88 | 4:40 |
| 679 | 3247 | VERACHTERT KENNY | | 0:46:35 | 12,88 | 4:40 |
| 680 | 1683 | IWENS KEVIN | HAACHT | 0:46:35 | 12,88 | 4:40 |
| 681 | 1455 | DE PRINS JAN | HALLE (KEMPEN) | 0:46:36 | 12,88 | 4:40 |
| 682 | 3186 | JOCHEMS JEF | PAAL | 0:46:37 | 12,87 | 4:40 |
| 683 | 3759 | AGORAS PIET | GIERLE | 0:46:37 | 12,87 | 4:40 |
| 684 | 3105 | APPELTANS JO | HALEN | 0:46:40 | 12,86 | 4:40 |
| 685 | 3407 | DUBOIS THOMAS | HALEN | 0:46:40 | 12,86 | 4:40 |
| 686 | 1211 | DENOT DIEGO | MERKSEM | 0:46:40 | 12,86 | 4:40 |
| 687 | 1065 | CUYPERS JEAN PIERRE | LOMMEL | 0:46:41 | 12,85 | 4:40 |
| 688 | 1704 | DE VRE BART | TESSENDERLO | 0:46:42 | 12,85 | 4:40 |
| 689 | 3325 | VAN LOMMEL BENJAMIN | HALEN | 0:46:43 | 12,84 | 4:40 |
| 690 | 1413 | AERTS ANDRE | TESSENDERLO | 0:46:43 | 12,84 | 4:40 |
| 691 | 1441 | VISSERS NIKI | VELTEM-BEISEM | 0:46:44 | 12,84 | 4:40 |
| 692 | 860 | VAN RIET LIEVEN | MEERDONK | 0:46:45 | 12,83 | 4:41 |
| 693 | 3408 | DUBOIS RENE | HALEN | 0:46:45 | 12,83 | 4:41 |
| 694 | 1547 | VAN DE SANDE TOM | BEERSE | 0:46:46 | 12,83 | 4:41 |
| 695 | 886 | LEMMENS DAVY | MOLENBEEK-WERSBEEK | 0:46:46 | 12,83 | 4:41 |
| 696 | 1208 | AERTS MARCEL | MOL | 0:46:47 | 12,83 | 4:41 |
| 697 | 3734 | BERREVOETS ROBBE | PAAL | 0:46:47 | 12,83 | 4:41 |
| 698 | 1402 | VERWIMP GUY | LAAKDAL | 0:46:48 | 12,82 | 4:41 |
| 699 | 314 | EYCKMANS ERIC | VORST | 0:46:48 | 12,82 | 4:41 |
| 700 | 3206 | POFFE ROGER | GLABBEEK(ZUURBEMDE) | 0:46:49 | 12,82 | 4:41 |
| 701 | 1017 | ROGIERS MIKE | KOERSEL | 0:46:49 | 12,82 | 4:41 |
| 702 | 1973 | LIEFSENS DIRK | LUMMEN | 0:46:50 | 12,81 | 4:41 |
| 703 | 3364 | WILLEMS FRANCIS | WECHELDERZANDE | 0:46:50 | 12,81 | 4:41 |
| 704 | 1670 | GOOSSENS GUNTHER | WOLVERTEM | 0:46:50 | 12,81 | 4:41 |
| 705 | 1442 | CONVALE MAURO | MEERHOUT | 0:46:52 | 12,80 | 4:41 |
| 706 | 302 | BOCHMANS LIESBETH | MOL | 0:46:53 | 12,80 | 4:41 |
| 707 | 884 | ASNONG KRIS | BERINGEN | 0:46:54 | 12,79 | 4:41 |
| 708 | 1941 | ACHTEN DAWWY | HOUTHALEN | 0:46:54 | 12,79 | 4:41 |
| 709 | 3172 | MAX VICTOR | GEEL | 0:46:55 | 12,79 | 4:41 |
| 710 | 313 | DUAH ENENEZER | HAM | 0:46:56 | 12,78 | 4:42 |
| 711 | 3150 | FROONINCKX SOFIE | AVERBODE | 0:46:56 | 12,78 | 4:42 |
| 712 | 1854 | BROECKX MARC | ZWIJNDRECHT | 0:46:56 | 12,78 | 4:42 |
| 713 | 1645 | DIEPVENS HILDE | HEUSDEN-ZOLDER | 0:46:58 | 12,78 | 4:42 |
| 714 | 1466 | SCHENCK MARC | TURNHOUT | 0:46:58 | 12,78 | 4:42 |
| 715 | 1168 | VAN DER STIGHELEN TIM | SINT-JOB-IN-'T-GOOR | 0:46:58 | 12,78 | 4:42 |
| 716 | 1187 | WILLEMS KRIS | PAAL - BERINGEN | 0:47:02 | 12,76 | 4:42 |
| 717 | 1443 | BUYENS JEFF | MEERHOUT | 0:47:02 | 12,76 | 4:42 |
| 718 | 1749 | HUYSMANS JEROEN | BERINGEN | 0:47:03 | 12,75 | 4:42 |
| 719 | 776 | DEBECKER FILIP | BRASSCHAAT | 0:47:04 | 12,75 | 4:42 |
| 720 | 1281 | DELSARD GREET | MEERHOUT | 0:47:04 | 12,75 | 4:42 |
| 721 | 1548 | WELLENS PASCAL | MOLENSTEDE | 0:47:05 | 12,74 | 4:43 |
| 722 | 3197 | VAN KERCKHOVEN KRIS | OVERPELT | 0:47:05 | 12,74 | 4:43 |
| 723 | 556 | SCHAUWERS GEERT | VEERLE | 0:47:07 | 12,73 | 4:43 |
| 724 | 1192 | KNEVELS WIM | BERINGEN | 0:47:07 | 12,73 | 4:43 |
| 725 | 3062 | BAECK JORIS | WESTERLO | 0:47:07 | 12,73 | 4:43 |
| 726 | 1814 | PIECK BIRGEM | DIEST | 0:47:07 | 12,73 | 4:43 |
| 727 | 1401 | LUYTEN GERT | TESSENDERLO | 0:47:09 | 12,73 | 4:43 |
| 728 | 1989 | GOOSSENS JURGEN | RUMST | 0:47:09 | 12,73 | 4:43 |
| 729 | 135 | VAN KERCKHOVE JEAN-PIERRE | ZELE | 0:47:09 | 12,73 | 4:43 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|-----------------------|---------|-------|---------|
| 730 | 722 | DE VOOGHT GUY | BRASSCHAAT | 0:47:10 | 12,72 | 4:43 |
| 731 | 1095 | VAN KERCKHOVEN MARC | LAAKDAL | 0:47:11 | 12,72 | 4:43 |
| 732 | 303 | MEEUS ELKE | MOL | 0:47:12 | 12,71 | 4:43 |
| 733 | 3738 | THIELENS WENDY | LAAKDAL | 0:47:12 | 12,71 | 4:43 |
| 734 | 837 | VAN DUPPEN DRIES | OUD-TURNHOUT | 0:47:12 | 12,71 | 4:43 |
| 735 | 1792 | DYCK FRED | LIER | 0:47:13 | 12,71 | 4:43 |
| 736 | 1132 | DE BRUECKER WILLY | HEPPEN | 0:47:13 | 12,71 | 4:43 |
| 737 | 3345 | DAVIDSON JORIS | NIJLEN | 0:47:13 | 12,71 | 4:43 |
| 738 | 1624 | CORVERS FRANK | ZICHEM-OKSELAAR | 0:47:14 | 12,70 | 4:43 |
| 739 | 1507 | COOMANS KEVIN | TESSENDERLO | 0:47:15 | 12,70 | 4:44 |
| 740 | 609 | PEETERS RONNY | ACHEL | 0:47:15 | 12,70 | 4:44 |
| 741 | 1576 | VAN MULDER MICHEL | ZWIJNDRECHT | 0:47:15 | 12,70 | 4:44 |
| 742 | 2037 | SIEPS RIK | LIER | 0:47:16 | 12,69 | 4:44 |
| 743 | 916 | JENNEN LUDO | DESSEL | 0:47:17 | 12,69 | 4:44 |
| 744 | 1050 | VAN HERCK JAN | HEIST-OP-DEN-BERG | 0:47:17 | 12,69 | 4:44 |
| 745 | 685 | GEUDENS JIM | DEURNE (ANTW.) | 0:47:17 | 12,69 | 4:44 |
| 746 | 1014 | NUYTS MIETZE | TESSENDERLO | 0:47:17 | 12,69 | 4:44 |
| 747 | 1295 | MERTENS MARC | LAAKDAL | 0:47:18 | 12,68 | 4:44 |
| 748 | 560 | SAERENS JAN | BEIGEM | 0:47:18 | 12,68 | 4:44 |
| 749 | 3492 | VAN DEN BROEK POL | HAM | 0:47:19 | 12,68 | 4:44 |
| 750 | 3033 | VAN MOL BEN | BERINGEN | 0:47:19 | 12,68 | 4:44 |
| 751 | 931 | TORREMANS GEERT | MOL | 0:47:20 | 12,68 | 4:44 |
| 752 | 1467 | DE KAEU MARC | GELEGEM | 0:47:22 | 12,67 | 4:44 |
| 753 | 1721 | BOECKX KATLEEN | GEEL | 0:47:22 | 12,67 | 4:44 |
| 754 | 3761 | VERHAEGEN SONJA | VOSSOLAAR | 0:47:22 | 12,67 | 4:44 |
| 755 | 557 | SCHELLENS IVAN | WESTERLO | 0:47:23 | 12,66 | 4:44 |
| 756 | 1387 | VANDEWEYER MONIQUE | LAAKDAL | 0:47:24 | 12,66 | 4:44 |
| 757 | 1975 | VENSTERMANS CHRIS | MECHELEN | 0:47:24 | 12,66 | 4:44 |
| 758 | 639 | QUAEYHAEGENS TIM | EKEREN | 0:47:24 | 12,66 | 4:44 |
| 759 | 1640 | VANHOEGAERDEN JEREMY | MECHELEN | 0:47:26 | 12,65 | 4:45 |
| 760 | 1222 | ENNEKENS MAGDA | MOL | 0:47:26 | 12,65 | 4:45 |
| 761 | 1641 | VANHOEGAERDEN DAVID | HASSELT | 0:47:26 | 12,65 | 4:45 |
| 762 | 3310 | VANDERHEYDEN MARTIN | SCHAFFEN | 0:47:27 | 12,64 | 4:45 |
| 763 | 926 | TORRELLE PAUL-ANDRE | SCHOTEN | 0:47:29 | 12,64 | 4:45 |
| 764 | 1600 | GHOOS BART | TESSENDERLO | 0:47:29 | 12,64 | 4:45 |
| 765 | 1528 | CONVALLE GIANNI | MEERHOUT | 0:47:30 | 12,63 | 4:45 |
| 766 | 1094 | CAPPELLEN JERRY | NIEUWERKERKEN (LIMB.) | 0:47:30 | 12,63 | 4:45 |
| 767 | 1372 | SAELEN HUGO | TESSENDERLO | 0:47:31 | 12,63 | 4:45 |
| 768 | 3236 | SOURBRON FILIP | ST LAMBRECHTS-HERK | 0:47:31 | 12,63 | 4:45 |
| 769 | 1416 | VANSTRAELEN RUDI | NIEUWERKERKEN | 0:47:32 | 12,62 | 4:45 |
| 770 | 3262 | MOLS GREET | BALEN | 0:47:33 | 12,62 | 4:45 |
| 771 | 1053 | VAN EYNDHOVEN EDDY | SCHILDE | 0:47:34 | 12,61 | 4:45 |
| 772 | 425 | DEKORT AN | GEEL | 0:47:34 | 12,61 | 4:45 |
| 773 | 1422 | NUYTS JOLIEN | OLMEN | 0:47:35 | 12,61 | 4:46 |
| 774 | 3710 | DE BOEL ROGER | GEEL | 0:47:35 | 12,61 | 4:46 |
| 775 | 530 | DE BLOCK REIN | PULLE | 0:47:36 | 12,61 | 4:46 |
| 776 | 3350 | POELMANS JURGEN | BERINGEN | 0:47:37 | 12,60 | 4:46 |
| 777 | 1315 | VAN DE REYD LUC | VORST (KEMPEN) | 0:47:37 | 12,60 | 4:46 |
| 778 | 3733 | SPECOGNA DANIELA | KOERSEL | 0:47:37 | 12,60 | 4:46 |
| 779 | 3166 | VLEMINX NICO | BEGIJNENDIJK | 0:47:38 | 12,60 | 4:46 |
| 780 | 543 | GIELIS THIJS | HASSELT | 0:47:39 | 12,59 | 4:46 |
| 781 | 545 | STANDARD DAVID | NIEUWERKERKEN | 0:47:39 | 12,59 | 4:46 |
| 782 | 1707 | CLAES PIETER | GEEL | 0:47:39 | 12,59 | 4:46 |
| 783 | 1542 | CLOTTENS KOEN | OC WAVER | 0:47:41 | 12,58 | 4:46 |
| 784 | 761 | TUYLS STIJN | HOLSBEEK | 0:47:41 | 12,58 | 4:46 |
| 785 | 1929 | HERERIA EMILIO | HEPPEN | 0:47:41 | 12,58 | 4:46 |
| 786 | 510 | VETS EDDY | PUTTE | 0:47:42 | 12,58 | 4:46 |
| 787 | 1031 | DE BAKKER CEDRIC | WOMMELGEM | 0:47:43 | 12,57 | 4:46 |
| 788 | 1371 | VAN ROMPAEY TOM | HEUSDEN-ZOLDER | 0:47:43 | 12,57 | 4:46 |
| 789 | 3421 | POELMANS WIM | HERENTHOUT | 0:47:43 | 12,57 | 4:46 |
| 790 | 3257 | OOMS GILLES | TESSENDERLO | 0:47:44 | 12,57 | 4:46 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|------------------|---------|-------|---------|
| 791 | 1847 | GOOLAERTS RONNY | HEMIKSEM | 0:47:44 | 12,57 | 4:46 |
| 792 | 1723 | RIVIERE ERIC | AARTSELAAR | 0:47:45 | 12,57 | 4:46 |
| 793 | 708 | WIERINCKX PIETER | NIEUWRODE | 0:47:46 | 12,56 | 4:47 |
| 794 | 3111 | DIERICKX OLIVIER | DENDERMONDE | 0:47:47 | 12,56 | 4:47 |
| 795 | 1703 | LIEVENS KRIS | TESSENDERLO | 0:47:47 | 12,56 | 4:47 |
| 796 | 3757 | VAN GENECHTEN BART | LAAKDAL | 0:47:48 | 12,55 | 4:47 |
| 797 | 351 | VAES BRUNO | PAAL | 0:47:48 | 12,55 | 4:47 |
| 798 | 950 | VERDEURE DAVID | DEURNE | 0:47:50 | 12,54 | 4:47 |
| 799 | 1997 | VERHOEVEN NIELS | GENENDIJK | 0:47:50 | 12,54 | 4:47 |
| 800 | 506 | GORISSEN GERARD | WUUSTWEZEL | 0:47:50 | 12,54 | 4:47 |
| 801 | 1514 | SCHROEYEN JOHAN | HERK-DE-STAD | 0:47:51 | 12,54 | 4:47 |
| 802 | 1288 | HEYLEN KOEN | BALEN | 0:47:51 | 12,54 | 4:47 |
| 803 | 1042 | VANHEX KIM | HEUSDEN-ZOLDER | 0:47:52 | 12,53 | 4:47 |
| 804 | 1697 | CLAES KENNY | HAM | 0:47:52 | 12,53 | 4:47 |
| 805 | 1769 | | | 0:47:54 | 12,53 | 4:47 |
| 806 | 3348 | SPRUYT LEO | HERSELT | 0:47:55 | 12,52 | 4:47 |
| 807 | 1635 | GROSEMANS MARC | HASSELT | 0:47:55 | 12,52 | 4:47 |
| 808 | 1844 | SIMONS JAN | PELLENBERG | 0:47:56 | 12,52 | 4:48 |
| 809 | 3090 | BERNREUTHER ALEXANDER | MOL | 0:47:57 | 12,51 | 4:48 |
| 810 | 420 | LEMMENS LIESBETH | KERMT | 0:47:57 | 12,51 | 4:48 |
| 811 | 1112 | JANSEN TOM | PELLENBERG | 0:47:58 | 12,51 | 4:48 |
| 812 | 788 | DOUWS ROGER | EKEREN (ANTW.) | 0:47:58 | 12,51 | 4:48 |
| 813 | 3679 | JANSSENS WOUTER | RILLAAR | 0:48:00 | 12,50 | 4:48 |
| 814 | 1863 | SEUNTJENS DANNY | BALEN | 0:48:00 | 12,50 | 4:48 |
| 815 | 3344 | VAN THIENEN KOEN | TESSENDERLO | 0:48:00 | 12,50 | 4:48 |
| 816 | 854 | VANEYNDE CARL | HERSELT | 0:48:01 | 12,50 | 4:48 |
| 817 | 3302 | FASSBENDER MARC | TESSENDERLO | 0:48:02 | 12,49 | 4:48 |
| 818 | 34 | WENDERICKX NANCY | LAAKDAL | 0:48:03 | 12,49 | 4:48 |
| 819 | 788 | DOUWS ROGER | EKEREN (ANTW.) | 0:48:03 | 12,49 | 4:48 |
| 820 | 1426 | ROBEYN JAN | HAM | 0:48:04 | 12,48 | 4:48 |
| 821 | 1604 | HOMBROECKX JEAN PAUL | TESSENDERLO | 0:48:05 | 12,48 | 4:49 |
| 822 | 340 | NYS GABY | DEURNE (BT.) | 0:48:06 | 12,47 | 4:49 |
| 823 | 3355 | NOBELS ROGER | LAAKDAL | 0:48:06 | 12,47 | 4:49 |
| 824 | 725 | BURM PIETER | WIJNEGEM | 0:48:07 | 12,47 | 4:49 |
| 825 | 1148 | PARDAENS INGRID | WIJGMAAL (BT.) | 0:48:07 | 12,47 | 4:49 |
| 826 | 1981 | AERTS JEAN | LOMMEL | 0:48:08 | 12,47 | 4:49 |
| 827 | 529 | VAN EYCK STEVEN | DIEST | 0:48:08 | 12,47 | 4:49 |
| 828 | 209 | SERRE GUNTHER | TESSENDERLO | 0:48:09 | 12,46 | 4:49 |
| 829 | 1831 | THIJS BART | HAMONT-ACHEL | 0:48:10 | 12,46 | 4:49 |
| 830 | 1432 | GOOSSENS BART | LAAKDAL | 0:48:10 | 12,46 | 4:49 |
| 831 | 3220 | BERTELS LUC | TESSENDERLO | 0:48:11 | 12,45 | 4:49 |
| 832 | 3157 | MOONS HERWIG | MOL | 0:48:11 | 12,45 | 4:49 |
| 833 | 853 | STEVENS TOM | GEEL | 0:48:12 | 12,45 | 4:49 |
| 834 | 1029 | VAN DEN BERGH BERTEN | ZANDHOVEN | 0:48:12 | 12,45 | 4:49 |
| 835 | 350 | TESTELMANS ROGER | DEURNE-DIEST | 0:48:13 | 12,44 | 4:49 |
| 836 | 201 | OOMS JOHN | HAM | 0:48:13 | 12,44 | 4:49 |
| 837 | 1709 | BOETS GLENN | TESSENDERLO | 0:48:14 | 12,44 | 4:49 |
| 838 | 3450 | VAN DAEL MARC | BOCHOLT | 0:48:15 | 12,44 | 4:50 |
| 839 | 3245 | CERPENTIER MARC | LAAKDAL | 0:48:15 | 12,44 | 4:50 |
| 840 | 1948 | COPPENS BRAM | HEUSDEN-ZOLDER | 0:48:15 | 12,44 | 4:50 |
| 841 | 1934 | JANSSEN DAVID | DILSEN-STOKKEM | 0:48:16 | 12,43 | 4:50 |
| 842 | 1128 | SCHOORS KOEN | WESTERLO | 0:48:17 | 12,43 | 4:50 |
| 843 | 3431 | BERTLANS ALEXANDRE | TESSENDERLO | 0:48:17 | 12,43 | 4:50 |
| 844 | 3681 | MEULEMANS KURT | BOORTMEERBEEK | 0:48:18 | 12,42 | 4:50 |
| 845 | 1654 | VAN LAARHOVEN KRIS | OLEN | 0:48:18 | 12,42 | 4:50 |
| 846 | 709 | BUZZA MAURIZIO | MEERHOUT | 0:48:20 | 12,41 | 4:50 |
| 847 | 1824 | VAN LAARHOVEN BENNY | GEEL | 0:48:20 | 12,41 | 4:50 |
| 848 | 1464 | AMEYE PETER | TESSENDERLO | 0:48:20 | 12,41 | 4:50 |
| 849 | 1035 | VAN HEECKEREN ROBERT | KAPELLEN (ANTW.) | 0:48:20 | 12,41 | 4:50 |
| 850 | 1418 | VERSPREET STEVEN | TESSENDERLO | 0:48:21 | 12,41 | 4:50 |
| 851 | 1830 | BELIEN ROB | HAMONT-ACHEL | 0:48:21 | 12,41 | 4:50 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|-----------------|---------|-------|---------|
| 852 | 633 | BORREMANS GERRY | NIJLEN | 0:48:23 | 12,40 | 4:50 |
| 853 | 3752 | VANDECRUYS KRISTOF | GEEL | 0:48:23 | 12,40 | 4:50 |
| 854 | 1127 | SCHOORS FRANS | WESTERLO | 0:48:23 | 12,40 | 4:50 |
| 855 | 1785 | DEITEREN JOHAN | ZWIJNDRECHT | 0:48:23 | 12,40 | 4:50 |
| 856 | 1932 | VERHEYEN JAN | MERKSPLAS | 0:48:23 | 12,40 | 4:50 |
| 857 | 1154 | CROSIERS THIERRY | BRASSCHAAT | 0:48:25 | 12,39 | 4:50 |
| 858 | 1091 | SIMKENS TOM | MOLENSTEDE | 0:48:25 | 12,39 | 4:50 |
| 859 | 1502 | NICASY RUDDY | WESTERLO | 0:48:26 | 12,39 | 4:51 |
| 860 | 3714 | VAN GLABBEECK LUDOVIC | MAASTRICHT | 0:48:26 | 12,39 | 4:51 |
| 861 | 3214 | DE BAKKER DANNY | WESTERLO | 0:48:26 | 12,39 | 4:51 |
| 862 | 3696 | LINSSSEN VITAL | PAAL | 0:48:27 | 12,38 | 4:51 |
| 863 | 993 | CORVERS WERNER | EIJSDEN | 0:48:28 | 12,38 | 4:51 |
| 864 | 739 | BOUSSU IVES | GENK | 0:48:28 | 12,38 | 4:51 |
| 865 | 1607 | MUES DRIES | ZICHEM | 0:48:28 | 12,38 | 4:51 |
| 866 | 1558 | VAN GYSEL STEVE | BRASSCHAAT | 0:48:29 | 12,38 | 4:51 |
| 867 | 2058 | DE HOUWER RAF | MALLE | 0:48:30 | 12,37 | 4:51 |
| 868 | 1356 | NOBELS LUTGARD | LAAKDAL | 0:48:30 | 12,37 | 4:51 |
| 869 | 1606 | FILLEE KEVIN | TESSENDERLO | 0:48:30 | 12,37 | 4:51 |
| 870 | 614 | COLLIJN HANS | GRONSVELD | 0:48:31 | 12,37 | 4:51 |
| 871 | 1535 | DE HERT WOUTER | KAULILLE | 0:48:31 | 12,37 | 4:51 |
| 872 | 3349 | SILAY ED | BILZEN | 0:48:33 | 12,36 | 4:51 |
| 873 | 850 | VAN HEUKELOM KURT | OLMEN | 0:48:33 | 12,36 | 4:51 |
| 874 | 1837 | TROONBEECKX BERT | BERINGEN | 0:48:34 | 12,35 | 4:51 |
| 875 | 2040 | COPPENS GUY | GENK | 0:48:35 | 12,35 | 4:52 |
| 876 | 3061 | CEUPPENS DIRK | WESTERLO | 0:48:35 | 12,35 | 4:52 |
| 877 | 3263 | GEBOERS HILDE | BALEN | 0:48:36 | 12,35 | 4:52 |
| 878 | 1671 | VOET RUBEN | LAAKDAL | 0:48:36 | 12,35 | 4:52 |
| 879 | 3736 | JURESSSEN PETER | TESSENDERLO | 0:48:36 | 12,35 | 4:52 |
| 880 | 410 | VAN GAUWBERGEN PETER | TESSENDERLO | 0:48:37 | 12,34 | 4:52 |
| 881 | 1805 | VORSTERS RONALD | TESSENDERLO | 0:48:38 | 12,34 | 4:52 |
| 882 | 3079 | FARARD CHRISTOPHE | MOL | 0:48:38 | 12,34 | 4:52 |
| 883 | 3272 | JANSSENS OLIVIER | PAAL | 0:48:38 | 12,34 | 4:52 |
| 884 | 783 | HANNE JOACHIM | DIEST | 0:48:38 | 12,34 | 4:52 |
| 885 | 698 | ECKER BART | SCHILDE | 0:48:40 | 12,33 | 4:52 |
| 886 | 3212 | PEETERS JOHAN | LAAKDAL | 0:48:40 | 12,33 | 4:52 |
| 887 | 3488 | LAUWERS MICHEL | TESSENDERLO | 0:48:40 | 12,33 | 4:52 |
| 888 | 3047 | VAN GAUWBERGEN KOEN | TESSENDERLO | 0:48:40 | 12,33 | 4:52 |
| 889 | 866 | MINNE HERMAN | GENT | 0:48:40 | 12,33 | 4:52 |
| 890 | 2083 | LAHLEN KACHY | EINDHOVEN | 0:48:41 | 12,32 | 4:52 |
| 891 | 874 | TUYLS JOERI | NIEUWRODE | 0:48:42 | 12,32 | 4:52 |
| 892 | 3487 | VAN DYCK PETER | WESTERLO | 0:48:42 | 12,32 | 4:52 |
| 893 | 1902 | KEYKEN HANS | TESSENDERLO | 0:48:42 | 12,32 | 4:52 |
| 894 | 734 | VLOEBERGHES JAN | LINT | 0:48:42 | 12,32 | 4:52 |
| 895 | 3273 | ALENTEYNS JENS | PAAL | 0:48:43 | 12,32 | 4:52 |
| 896 | 3474 | DELTOUR STIJN | TESSENDERLO | 0:48:44 | 12,31 | 4:52 |
| 897 | 943 | DE PEUTER FRANCOIS | KESSEL | 0:48:44 | 12,31 | 4:52 |
| 898 | 1653 | DOCLANSEE DIETER | ZOERSEL | 0:48:44 | 12,31 | 4:52 |
| 899 | 1820 | BELLAERT MATTHIAS | KAPellen | 0:48:44 | 12,31 | 4:52 |
| 900 | 1262 | SEGRS JAN | MOL | 0:48:46 | 12,30 | 4:53 |
| 901 | 3037 | VANDERVOORT JOHAN | TESSENDERLO | 0:48:46 | 12,30 | 4:53 |
| 902 | 3378 | DIEPVENS JOS | ZOLDER | 0:48:46 | 12,30 | 4:53 |
| 903 | 2017 | VANDERHOEVEN BART | LAAKDAL | 0:48:47 | 12,30 | 4:53 |
| 904 | 1615 | VALGAERTS MARC | HOFSTADE | 0:48:48 | 12,30 | 4:53 |
| 905 | 1652 | HOUBRECHTS RAF | HASSELT | 0:48:48 | 12,30 | 4:53 |
| 906 | 1030 | SOONTJENS DIRK | WOMMELGEM | 0:48:48 | 12,30 | 4:53 |
| 907 | 1662 | MOL MARCEL | MOL | 0:48:48 | 12,30 | 4:53 |
| 908 | 1556 | SMEETS AXEL | DILSEN | 0:48:49 | 12,29 | 4:53 |
| 909 | 859 | DOCKX KOEN | BERCHEM (ANTW.) | 0:48:49 | 12,29 | 4:53 |
| 910 | 3126 | HESELMANS BERT | LINT | 0:48:51 | 12,28 | 4:53 |
| 911 | 990 | BALLET ROELAND | HASSELT | 0:48:51 | 12,28 | 4:53 |
| 912 | 1082 | DE PAUW TIM | DEURNE | 0:48:51 | 12,28 | 4:53 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|------------------|---------|-------|---------|
| 913 | 1090 | BAMS KAMIEL | BEKKEVOORT | 0:48:52 | 12,28 | 4:53 |
| 914 | 3439 | MORREN WERNER | NEERPELT | 0:48:52 | 12,28 | 4:53 |
| 915 | 779 | ROSIERS JESSIE | LONDERZEEL | 0:48:52 | 12,28 | 4:53 |
| 916 | 3742 | BELMANS NIELS | MOL | 0:48:53 | 12,27 | 4:53 |
| 917 | 1423 | NUYTS GIDY | OLMEN | 0:48:53 | 12,27 | 4:53 |
| 918 | 702 | COLSON VALERE | DILSEN | 0:48:53 | 12,27 | 4:53 |
| 919 | 691 | SIRJACQ DOMINIQUE | BRUXELLES 5 | 0:48:54 | 12,27 | 4:53 |
| 920 | 3705 | LAERMANS GUY | LAAKDAL | 0:48:55 | 12,27 | 4:54 |
| 921 | 1067 | STEVENS WILLIAM | DIEPENBEEK | 0:48:55 | 12,27 | 4:54 |
| 922 | 794 | VERHAEGEN JAN | ZOERSEL | 0:48:55 | 12,27 | 4:54 |
| 923 | 752 | MOREELS TONY | ZELE | 0:48:56 | 12,26 | 4:54 |
| 924 | 3285 | DE SMEDT WIM | | 0:48:57 | 12,26 | 4:54 |
| 925 | 1968 | FIERMANS JOHAN | BOUWEL | 0:48:57 | 12,26 | 4:54 |
| 926 | 1833 | CLAES JOACHIM | BAAL | 0:48:58 | 12,25 | 4:54 |
| 927 | 1235 | VANDEVEN GABY | BALEN | 0:49:00 | 12,24 | 4:54 |
| 928 | 3756 | VAN GENECHTEN BJORN | LAAKDAL | 0:49:00 | 12,24 | 4:54 |
| 929 | 1236 | VANGEEL LYDIE | GEEL | 0:49:01 | 12,24 | 4:54 |
| 930 | 1623 | BERGMANS MATH | MAASTRICHT | 0:49:01 | 12,24 | 4:54 |
| 931 | 1232 | SCHUER GERDA | BALEN | 0:49:02 | 12,24 | 4:54 |
| 932 | 1569 | LACEMAN DRIES | LEUVEN | 0:49:02 | 12,24 | 4:54 |
| 933 | 3123 | MAES SERGE | DILSEN | 0:49:02 | 12,24 | 4:54 |
| 934 | 1265 | VANLOMMEL FRANCOIS | MOL | 0:49:03 | 12,23 | 4:54 |
| 935 | 3338 | DESMIJTER MATTHIAS | DEURLE | 0:49:03 | 12,23 | 4:54 |
| 936 | 613 | OOSTDIJK JOHN | HEERLEN | 0:49:04 | 12,23 | 4:54 |
| 937 | 784 | LEIRS WES | RETIE | 0:49:04 | 12,23 | 4:54 |
| 938 | 1963 | NAUWELAERS STEVEN | VORSELAAR | 0:49:05 | 12,22 | 4:55 |
| 939 | 1355 | TOUSENST FREDDY | VEERLE | 0:49:06 | 12,22 | 4:55 |
| 940 | 515 | FROYEN GUY | HERK-DE-STAD | 0:49:07 | 12,22 | 4:55 |
| 941 | 3466 | SCHOEFS JEF | KURINGEN | 0:49:08 | 12,21 | 4:55 |
| 942 | 944 | ENGELN JOHAN | DIEPENBEEK | 0:49:09 | 12,21 | 4:55 |
| 943 | 535 | VRANCKEN KRIS | HASSELT | 0:49:09 | 12,21 | 4:55 |
| 944 | 1085 | COX ERIC | REUSEL | 0:49:09 | 12,21 | 4:55 |
| 945 | 3758 | HOLLANTS LUCIEN | TESSENDERLO | 0:49:09 | 12,21 | 4:55 |
| 946 | 600 | VERTESSEN GERT | BEVERLO | 0:49:10 | 12,20 | 4:55 |
| 947 | 1092 | SERRUS KAREN | PELLENBERG | 0:49:11 | 12,20 | 4:55 |
| 948 | 3280 | CEUPPENS TOM | RUMST | 0:49:11 | 12,20 | 4:55 |
| 949 | 948 | VAN DEN BROECK KATHLEEN | OLNE | 0:49:12 | 12,20 | 4:55 |
| 950 | 1119 | POPPE LUCIEN | KAPELLEN (ANTW.) | 0:49:12 | 12,20 | 4:55 |
| 951 | 1173 | NUYTS DIRK | KESSEL-LO | 0:49:13 | 12,19 | 4:55 |
| 952 | 3267 | VANKRUNKELSVEN WILLEM | VORST (KEMPEN) | 0:49:14 | 12,19 | 4:55 |
| 953 | 1897 | VAN GENECHTEN JAN | LOMMEL | 0:49:15 | 12,18 | 4:55 |
| 954 | 558 | VAN BRUSSELEN FRANK | HEMIKSEM | 0:49:15 | 12,18 | 4:55 |
| 955 | 989 | VAN HOOYDONCK FRANK | KESSEL-LO | 0:49:16 | 12,18 | 4:56 |
| 956 | 3051 | VANDERHOYDONCK MAARTEN | VORST (KEMPEN) | 0:49:18 | 12,17 | 4:56 |
| 957 | 1264 | VAN DE VEN KAREL | BALEN | 0:49:18 | 12,17 | 4:56 |
| 958 | 3314 | VANBINCOM STEFAN | GINGELOM | 0:49:18 | 12,17 | 4:56 |
| 959 | 2063 | STASZEWSKI KATRIEN | LUMMEN | 0:49:19 | 12,17 | 4:56 |
| 960 | 3420 | LAMBRECHTS PIETER | SCHAFFEN | 0:49:20 | 12,16 | 4:56 |
| 961 | 1994 | TRAPPENIERS JAN | DUISBURG | 0:49:20 | 12,16 | 4:56 |
| 962 | 1716 | VANHOOF GEERT | LEUVEN | 0:49:21 | 12,16 | 4:56 |
| 963 | 2007 | VREYS URBAIN | TESSENDERLO | 0:49:22 | 12,15 | 4:56 |
| 964 | 3274 | SOMERS DANNY | KAGGEVINNE | 0:49:22 | 12,15 | 4:56 |
| 965 | 3747 | PEETERS ERIC | SCHAFFEN | 0:49:23 | 12,15 | 4:56 |
| 966 | 1431 | VAN NYLEN CHRISTEL | TESSENDERLO | 0:49:23 | 12,15 | 4:56 |
| 967 | 1318 | VAN OPSTAL PATRICK | TREMELO | 0:49:23 | 12,15 | 4:56 |
| 968 | 2043 | SELS TOM | LUMMEN | 0:49:24 | 12,15 | 4:56 |
| 969 | 1688 | VAN DE PERRE DANNY | LINT | 0:49:24 | 12,15 | 4:56 |
| 970 | 1011 | LEETEN SONNY | TESSENDERLO | 0:49:25 | 12,14 | 4:57 |
| 971 | 1439 | HUYSMANS KRISTOF | BALEN | 0:49:25 | 12,14 | 4:57 |
| 972 | 1870 | DEMEYERE PAUL | SCHILDE | 0:49:26 | 12,14 | 4:57 |
| 973 | 890 | SCHREURS RUDI | WILSELE | 0:49:26 | 12,14 | 4:57 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|----------------------|-----------------|---------|-------|---------|
| 974 | 1633 | CYPERS JORN | KRUIBEKE | 0:49:28 | 12,13 | 4:57 |
| 975 | 838 | LOUALI ALAMI NOUMANE | HEMIKSEM | 0:49:29 | 12,13 | 4:57 |
| 976 | 806 | KERKHOF DAVID | GEEL | 0:49:29 | 12,13 | 4:57 |
| 977 | 907 | TUERLINCKX JEAN-LUC | SCHERPENHEUVEL | 0:49:30 | 12,12 | 4:57 |
| 978 | 3306 | THYS WALTER | LAAKDAL | 0:49:30 | 12,12 | 4:57 |
| 979 | 2127 | VANFRACHEN PIETER | BEERZEL | 0:49:31 | 12,12 | 4:57 |
| 980 | 3103 | POTEMANS GUNTER | PAAL | 0:49:32 | 12,11 | 4:57 |
| 981 | 1260 | SANNEN ERIC | MOL | 0:49:32 | 12,11 | 4:57 |
| 982 | 1123 | DAEMS WILLY | LOMMEL | 0:49:33 | 12,11 | 4:57 |
| 983 | 1603 | BERVOETS PATRICK | TESSENDERLO | 0:49:33 | 12,11 | 4:57 |
| 984 | 3078 | DIRKX VICTOR | LEOPOLDSBURG | 0:49:35 | 12,10 | 4:58 |
| 985 | 2013 | VANDYCK NICO | AS | 0:49:35 | 12,10 | 4:58 |
| 986 | 2048 | GEERAERTS TINE | MOL | 0:49:35 | 12,10 | 4:58 |
| 987 | 1273 | BOSMANS LEON | KOERSEL | 0:49:36 | 12,10 | 4:58 |
| 988 | 1271 | BEYENS MIA | TESSENDERLO | 0:49:37 | 12,09 | 4:58 |
| 989 | 1908 | SEGERS BART | TESSENDERLO | 0:49:37 | 12,09 | 4:58 |
| 990 | 982 | VAN DAMME MARIJKE | SINT-NIKLAAS | 0:49:38 | 12,09 | 4:58 |
| 991 | 2020 | OTS YVES | NINOVE | 0:49:39 | 12,08 | 4:58 |
| 992 | 2072 | LEYSSENS JORT | KURINGEN | 0:49:39 | 12,08 | 4:58 |
| 993 | 3464 | DE GELOVEN JEAN | TESSENDERLO | 0:49:40 | 12,08 | 4:58 |
| 994 | 1078 | DE PAUW JAN | DEURNE | 0:49:40 | 12,08 | 4:58 |
| 995 | 3058 | DE CEULAER JORIS | ZICHEM | 0:49:41 | 12,08 | 4:58 |
| 996 | 814 | TUBEECKX FRANCOIS | MOL | 0:49:41 | 12,08 | 4:58 |
| 997 | 1425 | HOUTMEYERS LIEVE | HAM | 0:49:42 | 12,07 | 4:58 |
| 998 | 3009 | VERAGHTERT ROBIN | MEERHOUT | 0:49:43 | 12,07 | 4:58 |
| 999 | 1364 | SWERTS GUNTHER | TESSENDERLO | 0:49:45 | 12,06 | 4:59 |
| 1000 | 1251 | GEUENS LOUIS | MOL | 0:49:46 | 12,06 | 4:59 |
| 1001 | 1506 | JANNES FRANCOIS | TESSENDERLO | 0:49:46 | 12,06 | 4:59 |
| 1002 | 3686 | VAN MECHELEN ERIK | WUUSTWEZEL | 0:49:47 | 12,05 | 4:59 |
| 1003 | 700 | SMET MARC | KEERBERGEN | 0:49:47 | 12,05 | 4:59 |
| 1004 | 3140 | CASTERMANS KENNY | BEKKEVOORT | 0:49:48 | 12,05 | 4:59 |
| 1005 | 3353 | LETEN KARIN | WOMMERSOM | 0:49:49 | 12,04 | 4:59 |
| 1006 | 3483 | DEGELIN PAUL | DIEST | 0:49:49 | 12,04 | 4:59 |
| 1007 | 3139 | CLAES PAUL | HERK-DE-STAD | 0:49:50 | 12,04 | 4:59 |
| 1008 | 1754 | EYCKMANS GERT | LANEDORP | 0:49:50 | 12,04 | 4:59 |
| 1009 | 250 | VAN ROMPAEY CHRISTEL | HERENTALS | 0:49:50 | 12,04 | 4:59 |
| 1010 | 763 | EVERAERT WIM | TESSENDERLO | 0:49:51 | 12,04 | 4:59 |
| 1011 | 983 | BELLENS DIETERT | MECHELEN | 0:49:51 | 12,04 | 4:59 |
| 1012 | 3394 | HEYNS DIRK | KOERSEL | 0:49:52 | 12,03 | 4:59 |
| 1013 | 764 | VAN DE WATER HUGO | HERENTALS | 0:49:52 | 12,03 | 4:59 |
| 1014 | 815 | GOOSSENS FILIP | KESSEL-LO | 0:49:53 | 12,03 | 4:59 |
| 1015 | 1931 | HUYBRECHTS JAN | TESSENDERLO | 0:49:53 | 12,03 | 4:59 |
| 1016 | 1199 | JACQUEMIN LAURENT | GINGELOM | 0:49:53 | 12,03 | 4:59 |
| 1017 | 3379 | STERCKX YVO | ZICHEM | 0:49:54 | 12,02 | 4:59 |
| 1018 | 1305 | SEMPELS LUDO | HEUSDEN-ZOLDER | 0:49:54 | 12,02 | 4:59 |
| 1019 | 508 | CAMPS ILSE | PAAL | 0:49:56 | 12,02 | 5:00 |
| 1020 | 676 | MEERS CARL | BOCHOLT | 0:49:56 | 12,02 | 5:00 |
| 1021 | 3436 | DANIELS DIMITRI | LUMMEN | 0:49:58 | 12,01 | 5:00 |
| 1022 | 1377 | VAN ELVEN DIMITRI | BALEN | 0:49:58 | 12,01 | 5:00 |
| 1023 | 1243 | DAEMEN JOHAN | MOL | 0:49:59 | 12,00 | 5:00 |
| 1024 | 1388 | BECKERS NICK | LAAKDAL | 0:50:00 | 12,00 | 5:00 |
| 1025 | 3327 | KONINCKX MARK | HALEN | 0:50:00 | 12,00 | 5:00 |
| 1026 | 2115 | WAUTERS BART | MESSELBROEK | 0:50:00 | 12,00 | 5:00 |
| 1027 | 1532 | PUT DIRGER | ZONHOVEN | 0:50:01 | 12,00 | 5:00 |
| 1028 | 1980 | TRUYENS JEROEN | GLABBEEK | 0:50:02 | 11,99 | 5:00 |
| 1029 | 3029 | COOLS IVAN | WEZEMBEEK-OPPEM | 0:50:03 | 11,99 | 5:00 |
| 1030 | 1861 | SCHREVEENS MARC | LEUVEN | 0:50:04 | 11,98 | 5:00 |
| 1031 | 1296 | MICHIELS BART | DIEST | 0:50:04 | 11,98 | 5:00 |
| 1032 | 1988 | DAEMS MARC | HAM | 0:50:05 | 11,98 | 5:00 |
| 1033 | 2016 | APPERMONT INE | HASSELT | 0:50:05 | 11,98 | 5:00 |
| 1034 | 1074 | MEULEMAN MARIO | LUMMEN | 0:50:05 | 11,98 | 5:00 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|------------------------|--------------------|---------|-------|---------|
| 1035 | 1370 | VANDEN POEL JOHAN | DEURNE (BT.) | 0:50:06 | 11,98 | 5:01 |
| 1036 | 952 | FABRE WIM | HOUTVENNE | 0:50:06 | 11,98 | 5:01 |
| 1037 | 3151 | VAES KATRIEN | TESSENDERLO | 0:50:07 | 11,97 | 5:01 |
| 1038 | 901 | BOONS BART | DILSEN-STOKKEM | 0:50:08 | 11,97 | 5:01 |
| 1039 | 908 | CUYPERS KARIN | KALMTHOUT | 0:50:08 | 11,97 | 5:01 |
| 1040 | 3476 | LIETEN BART | DIEST | 0:50:08 | 11,97 | 5:01 |
| 1041 | 918 | JACOBS ANDRE | PEER | 0:50:08 | 11,97 | 5:01 |
| 1042 | 1261 | SCHREUDER DIDIER | MOL | 0:50:10 | 11,96 | 5:01 |
| 1043 | 3477 | POELMANS PASCAL | HALEN | 0:50:10 | 11,96 | 5:01 |
| 1044 | 3342 | PAUWELS LUC | TESSENDERLO | 0:50:10 | 11,96 | 5:01 |
| 1045 | 1751 | MAAS STIJN | HAMONT-ACHEL | 0:50:11 | 11,96 | 5:01 |
| 1046 | 3693 | FREDERIX JOS | GENK | 0:50:12 | 11,95 | 5:01 |
| 1047 | 3035 | VAN HERLE JEROEN | BERINGEN | 0:50:12 | 11,95 | 5:01 |
| 1048 | 3475 | DE KOCK EDDY | LANGDORP | 0:50:13 | 11,95 | 5:01 |
| 1049 | 737 | VERBEECK JEROEN | HOVE | 0:50:13 | 11,95 | 5:01 |
| 1050 | 1969 | STASZEWSKI RONNY | MAASMECHELEN | 0:50:14 | 11,94 | 5:01 |
| 1051 | 3011 | GIJBELS JONAS | TESSENDERLO | 0:50:14 | 11,94 | 5:01 |
| 1052 | 579 | SEVERIJNS MARTINE | DEURNE (BT.) | 0:50:15 | 11,94 | 5:01 |
| 1053 | 3491 | HOUDMEYERS WIM | TESSENDERLO | 0:50:15 | 11,94 | 5:01 |
| 1054 | 3010 | HELSEN GERT | HAM | 0:50:16 | 11,94 | 5:02 |
| 1055 | 2089 | COSEMANS INGMAR | GENK | 0:50:17 | 11,93 | 5:02 |
| 1056 | 852 | VAN DE WEYER DRIES | GEEL | 0:50:17 | 11,93 | 5:02 |
| 1057 | 1961 | DE CAUWER HUGO | SINT-NIKLAAS | 0:50:19 | 11,92 | 5:02 |
| 1058 | 1533 | PUT RAF | DILSEN-STOKKEM | 0:50:19 | 11,92 | 5:02 |
| 1059 | 3428 | AERTS LUDO | MOL | 0:50:20 | 11,92 | 5:02 |
| 1060 | 1891 | ALLAOUI MUSTAPHA | EDEGEM | 0:50:21 | 11,92 | 5:02 |
| 1061 | 1269 | ALLES STEFAAN | TESSENDERLO | 0:50:21 | 11,92 | 5:02 |
| 1062 | 3426 | MARSOUL MAARTEN | MOLENSTEDE | 0:50:23 | 11,91 | 5:02 |
| 1063 | 1293 | LEMMENS BART | VORST (KEMPEN) | 0:50:23 | 11,91 | 5:02 |
| 1064 | 630 | VAN CAUWENBERGH PIETER | MOLENBEEK-WERSBEEK | 0:50:24 | 11,90 | 5:02 |
| 1065 | 1726 | DOUMKOS THOMAS | HEUSDEN-ZOLDER | 0:50:24 | 11,90 | 5:02 |
| 1066 | 1051 | VAN HEMELDONCK LUDO | ST-ATONIUS-ZOERSEL | 0:50:25 | 11,90 | 5:03 |
| 1067 | 3249 | PEETERMANS PEGGY | | 0:50:25 | 11,90 | 5:03 |
| 1068 | 1743 | DE CLEEN GUY | ZWIJNDRECHT | 0:50:26 | 11,90 | 5:03 |
| 1069 | 1026 | GOETVINCK BART | HOEILAART | 0:50:27 | 11,89 | 5:03 |
| 1070 | 1836 | | | 0:50:27 | 11,89 | 5:03 |
| 1071 | 1747 | SNEYERS BART | TURNHOUT | 0:50:27 | 11,89 | 5:03 |
| 1072 | 2073 | SYMENS CHRISTIANE | TESSENDERLO | 0:50:29 | 11,89 | 5:03 |
| 1073 | 3438 | VERHEYEN JOS | LAAKDAL | 0:50:29 | 11,89 | 5:03 |
| 1074 | 1896 | JOCCIO IVAN | KERMT | 0:50:29 | 11,89 | 5:03 |
| 1075 | 1190 | VAN DE WEYGAERT MARC | EKEREN | 0:50:30 | 11,88 | 5:03 |
| 1076 | 3264 | VANKRUNKELSVEN FLORIS | LAAKDAL | 0:50:30 | 11,88 | 5:03 |
| 1077 | 3227 | NIJS GERT | PAAL | 0:50:32 | 11,87 | 5:03 |
| 1078 | 3746 | AERTS STIJN | ZOLDER | 0:50:32 | 11,87 | 5:03 |
| 1079 | 1742 | VAN HESE PETER | BURCHT | 0:50:32 | 11,87 | 5:03 |
| 1080 | 2747 | | | 0:50:32 | 11,87 | 5:03 |
| 1081 | 1518 | BOSMANS DIMITRI | HASSELT | 0:50:34 | 11,87 | 5:03 |
| 1082 | 3465 | SOMERS KURT | HALEN | 0:50:34 | 11,87 | 5:03 |
| 1083 | 714 | TIPS BRUNO | KESSEL-LO | 0:50:35 | 11,86 | 5:03 |
| 1084 | 3753 | VERBIEST MARC | TIENEN | 0:50:35 | 11,86 | 5:03 |
| 1085 | 3165 | VANDERVOORT ANNICK | TESSENDERLO | 0:50:35 | 11,86 | 5:03 |
| 1086 | 3367 | DE JONGE GLENN | ZICHEM | 0:50:36 | 11,86 | 5:04 |
| 1087 | 1725 | VANMUYSEN RONNY | WELLEM | 0:50:37 | 11,85 | 5:04 |
| 1088 | 687 | BOONEN PETER | MEEUWEN-GRUITRODE | 0:50:38 | 11,85 | 5:04 |
| 1089 | 750 | DANIELS KIM | PAAL | 0:50:39 | 11,85 | 5:04 |
| 1090 | 3067 | VAN ROOY LOUIS | HAM | 0:50:39 | 11,85 | 5:04 |
| 1091 | 1782 | VANDERHOEVEN KRISTOF | LUMMEN | 0:50:40 | 11,84 | 5:04 |
| 1092 | 1463 | VANMARSENILLE MARK | HEMIKSEM | 0:50:41 | 11,84 | 5:04 |
| 1093 | 707 | MOORE BEN | ROSIERES | 0:50:42 | 11,83 | 5:04 |
| 1094 | 3432 | VOGELS PETER | TESSENDERLO | 0:50:43 | 11,83 | 5:04 |
| 1095 | 1706 | VERHESEN NIELS | GEEL | 0:50:44 | 11,83 | 5:04 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|------------------------|-------------------|---------|-------|---------|
| 1096 | 1686 | JACOBS THEO | DIEST | 0:50:44 | 11,83 | 5:04 |
| 1097 | 3397 | VANKRUNCKELSVEN LUDO | TESSENDERLO | 0:50:45 | 11,82 | 5:05 |
| 1098 | 3294 | VANUYTRECHT LUC | GEEL | 0:50:45 | 11,82 | 5:05 |
| 1099 | 3715 | HUBERTUS NICOLAES | KANNE | 0:50:46 | 11,82 | 5:05 |
| 1100 | 1531 | DE VOLDER MARC | SINT-GILLIS-WAAS | 0:50:47 | 11,81 | 5:05 |
| 1101 | 1664 | THEYS MICHEL | SCHAFFEN | 0:50:47 | 11,81 | 5:05 |
| 1102 | 896 | DECEUSTER LUC | BRECHT | 0:50:48 | 11,81 | 5:05 |
| 1103 | 625 | RYMEN BART | LAAKDAL | 0:50:49 | 11,81 | 5:05 |
| 1104 | 624 | DAEMS ROLAND | SCHOTEN | 0:50:49 | 11,81 | 5:05 |
| 1105 | 932 | EYCKMANS TINE | HERENTALS | 0:50:51 | 11,80 | 5:05 |
| 1106 | 881 | DE GROOF WALTER | ANTWERPEN 1 | 0:50:53 | 11,79 | 5:05 |
| 1107 | 1415 | BULTEEL JOHAN | MORTSEL | 0:50:54 | 11,79 | 5:05 |
| 1108 | 1220 | BOSMANS NANCY | BALEN | 0:50:55 | 11,78 | 5:06 |
| 1109 | 3286 | JASPERS KOEN | | 0:50:56 | 11,78 | 5:06 |
| 1110 | 847 | ORENS BERT | HALEN | 0:50:56 | 11,78 | 5:06 |
| 1111 | 882 | RENEMA LOUISE | ANTWERPEN | 0:50:56 | 11,78 | 5:06 |
| 1112 | 3195 | HOREMANS JURGEN | TESSENDERLO | 0:50:57 | 11,78 | 5:06 |
| 1113 | 3457 | VAN DEN BROECK JAN | HEIST-OP-DEN-BERG | 0:50:57 | 11,78 | 5:06 |
| 1114 | 1827 | WAGEMANS PATRICK | ZONHOVEN | 0:50:58 | 11,77 | 5:06 |
| 1115 | 654 | WIELANDT STEVE | ST-NIKLAAS | 0:50:58 | 11,77 | 5:06 |
| 1116 | 3375 | GEYSKENS HERMAN | TESSENDERLO | 0:50:59 | 11,77 | 5:06 |
| 1117 | 1880 | CRYNYS SVEN | OVERPELT | 0:50:59 | 11,77 | 5:06 |
| 1118 | 778 | AERTS TOM | BRASSCHAAT | 0:51:01 | 11,76 | 5:06 |
| 1119 | 1801 | JANNES ANNICK | TESSENDERLO | 0:51:01 | 11,76 | 5:06 |
| 1120 | 1111 | VANDEVENNE JOHAN | OLEN | 0:51:02 | 11,76 | 5:06 |
| 1121 | 2012 | CONVENS GUNTHER | DESSEL | 0:51:02 | 11,76 | 5:06 |
| 1122 | 1255 | KUZMINOV VADIM | MOL | 0:51:03 | 11,75 | 5:06 |
| 1123 | 1689 | ZWERTS DANNY | ALKEN | 0:51:04 | 11,75 | 5:06 |
| 1124 | 1608 | JANSSENS KAREZ | LAAKDAL | 0:51:04 | 11,75 | 5:06 |
| 1125 | 1724 | RIVIERE PHILIPPE | AARTSELAAR | 0:51:04 | 11,75 | 5:06 |
| 1126 | 1982 | WEIBULL NILS | MICHIGAN USA | 0:51:05 | 11,75 | 5:07 |
| 1127 | 3485 | THYS LUDO | LICHTAART | 0:51:06 | 11,74 | 5:07 |
| 1128 | 2088 | JEURIS BENJAMIN | KOERSEL | 0:51:07 | 11,74 | 5:07 |
| 1129 | 1452 | VANROOSBROECK SAM | WESTERLO | 0:51:07 | 11,74 | 5:07 |
| 1130 | 1234 | VANDEPLAS ILSE | BALEN | 0:51:09 | 11,73 | 5:07 |
| 1131 | 3031 | WOLLANTS ANDRE | AVERBODE | 0:51:09 | 11,73 | 5:07 |
| 1132 | 1397 | VANHEUCKELOM TOM | PAAL | 0:51:09 | 11,73 | 5:07 |
| 1133 | 2047 | DUMOULIN SABINE | HOESELT | 0:51:10 | 11,73 | 5:07 |
| 1134 | 1046 | GEUNS MARTINE | PEER | 0:51:11 | 11,72 | 5:07 |
| 1135 | 1248 | GEERTS WIM | BALEN | 0:51:13 | 11,71 | 5:07 |
| 1136 | 1113 | BUELENS LUCIA | AARSCHOT | 0:51:13 | 11,71 | 5:07 |
| 1137 | 3180 | PIETERS FRANK | ZWIJNDRECHT | 0:51:13 | 11,71 | 5:07 |
| 1138 | 3243 | AERTS BOUDEWIJN | LINKHOUT | 0:51:14 | 11,71 | 5:07 |
| 1139 | 3357 | WUYTS DIRK | HERENTALS | 0:51:15 | 11,71 | 5:07 |
| 1140 | 3210 | PUT JORIS | BERINGEN | 0:51:16 | 11,70 | 5:08 |
| 1141 | 902 | VAN HOVE GUIDO | OELEGEM | 0:51:16 | 11,70 | 5:08 |
| 1142 | 1420 | BRUYNSEELS GODELIEVE | TESSENDERLO | 0:51:17 | 11,70 | 5:08 |
| 1143 | 2041 | VAN DINGENEN DAVY | HERENTHOUT | 0:51:18 | 11,70 | 5:08 |
| 1144 | 1342 | NIESEN STAN | LUMMEN | 0:51:19 | 11,69 | 5:08 |
| 1145 | 863 | VAN HANDENHOVE JACQUOT | AFFLIGEM | 0:51:19 | 11,69 | 5:08 |
| 1146 | 3224 | FETS GLENN | DIEST | 0:51:20 | 11,69 | 5:08 |
| 1147 | 1451 | POLUS FILIP | HASSELT | 0:51:20 | 11,69 | 5:08 |
| 1148 | 3304 | VAN ELVEN PATRICK | LAAKDAL | 0:51:21 | 11,68 | 5:08 |
| 1149 | 1656 | VAN HOREBEEK JEAN | HOUWAART | 0:51:21 | 11,68 | 5:08 |
| 1150 | 3161 | CLAES MARISSA | TESSENDERLO | 0:51:21 | 11,68 | 5:08 |
| 1151 | 1910 | FILLEE DENNIS | TESSENDERLO | 0:51:22 | 11,68 | 5:08 |
| 1152 | 759 | VAN LOOCK GEERT | SCHRIEK | 0:51:23 | 11,68 | 5:08 |
| 1153 | 620 | LEEMANS ERIK | HERK-DE-STAD | 0:51:23 | 11,68 | 5:08 |
| 1154 | 1304 | SZCZUDLO ALEXANDER | KOERSEL | 0:51:24 | 11,67 | 5:08 |
| 1155 | 1180 | GYSELINCK DIRK | ZWIJNDRECHT | 0:51:24 | 11,67 | 5:08 |
| 1156 | 1126 | VANLEEUVEN LUC | MEERHOUT | 0:51:24 | 11,67 | 5:08 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|----------------------|----------------------|---------|-------|---------|
| 1157 | 3279 | MAMPAEY WIM | DESSEL | 0:51:25 | 11,67 | 5:08 |
| 1158 | 1731 | BILLEN JOHAN | ALKEN | 0:51:25 | 11,67 | 5:08 |
| 1159 | 3665 | HENDRICKX LENNERT | PAAL | 0:51:26 | 11,67 | 5:09 |
| 1160 | 3396 | ELEN RIA | TESSENDERLO | 0:51:26 | 11,67 | 5:09 |
| 1161 | 1993 | DE CEULAERS STEFAAN | MORKHOVEN | 0:51:27 | 11,66 | 5:09 |
| 1162 | 1000 | MESTDAGH BERNARD | EKEREN (ANTW.) | 0:51:27 | 11,66 | 5:09 |
| 1163 | 1566 | SEVERI GERD | KERMT | 0:51:27 | 11,66 | 5:09 |
| 1164 | 2099 | VAN DE SIJPE WARD | LOKEREN | 0:51:28 | 11,66 | 5:09 |
| 1165 | 3001 | GIELIS GUIDO | SINT-KATELIJNE-WAVER | 0:51:29 | 11,65 | 5:09 |
| 1166 | 1745 | WENDERIX TOM | KORTENBERG | 0:51:29 | 11,65 | 5:09 |
| 1167 | 720 | STEVENS KOEN | ZONHOVEN | 0:51:30 | 11,65 | 5:09 |
| 1168 | 1964 | BOES FRANK | BILZEN | 0:51:30 | 11,65 | 5:09 |
| 1169 | 1524 | VAN BRABANT BART | KESSEL-LO | 0:51:31 | 11,65 | 5:09 |
| 1170 | 1412 | CELEN GERARD | HAM | 0:51:31 | 11,65 | 5:09 |
| 1171 | 1919 | JANSSENS TOM | SCHERPENHEUVEL | 0:51:32 | 11,64 | 5:09 |
| 1172 | 1947 | AERTS JEAN | ZONHOVEN | 0:51:33 | 11,64 | 5:09 |
| 1173 | 1333 | BORGWALD LUDWIG | HEUSDEN-ZOLDER | 0:51:33 | 11,64 | 5:09 |
| 1174 | 875 | MAMPAEY MARTINE | KONTICH | 0:51:34 | 11,64 | 5:09 |
| 1175 | 2122 | VANDOREN BRAM | VELTEM | 0:51:34 | 11,64 | 5:09 |
| 1176 | 3043 | APPELEN WIM | TESSENDERLO | 0:51:35 | 11,63 | 5:10 |
| 1177 | 1407 | ROBIJNS JOHAN | BEVERLO | 0:51:35 | 11,63 | 5:10 |
| 1178 | 3259 | VANHEUSDEN JOHAN | DIEPENBEEK | 0:51:36 | 11,63 | 5:10 |
| 1179 | 1712 | SOMERS CHRISTIANE | LAAKDA (GROOT-VORST) | 0:51:36 | 11,63 | 5:10 |
| 1180 | 3687 | CUYPERS GUY | TESSENDERLO | 0:51:37 | 11,62 | 5:10 |
| 1181 | 695 | BREUGELMANS LOUIS | ZOERSEL | 0:51:37 | 11,62 | 5:10 |
| 1182 | 3414 | DERWAEL BART | SPALBEEK | 0:51:38 | 11,62 | 5:10 |
| 1183 | 3415 | HULSHAGEN MICHIEL | AVERBODE | 0:51:39 | 11,62 | 5:10 |
| 1184 | 3318 | VERBOVEN STEFAN | KEERBERGEN | 0:51:40 | 11,61 | 5:10 |
| 1185 | 2098 | DEBEKKER JAN | DILBEEK | 0:51:40 | 11,61 | 5:10 |
| 1186 | 929 | GEVERS JEROEN | LEUVEN | 0:51:40 | 11,61 | 5:10 |
| 1187 | 1257 | MARLEIN STIJN | MOL | 0:51:40 | 11,61 | 5:10 |
| 1188 | 3741 | LUYKX BEN | ZOLDER | 0:51:41 | 11,61 | 5:10 |
| 1189 | 1773 | VAN WAEYENBERG WALLY | LEOPOLDSBURG | 0:51:41 | 11,61 | 5:10 |
| 1190 | 3340 | CNUDDÉ FRANK | WORTEGEM-PETEGEM | 0:51:42 | 11,61 | 5:10 |
| 1191 | 2097 | VAN LOO EVI | BOORTMEERBEEK | 0:51:42 | 11,61 | 5:10 |
| 1192 | 1564 | COOLS YVES | ETTERBEEK | 0:51:43 | 11,60 | 5:10 |
| 1193 | 1216 | DUCHATEAU ERIK | STABROEK | 0:51:44 | 11,60 | 5:10 |
| 1194 | 768 | BUTTIENS JOERI | SCHAFFEN-DIEST | 0:51:45 | 11,59 | 5:11 |
| 1195 | 855 | BLERVACQ PAUL | LOMMEL | 0:51:45 | 11,59 | 5:11 |
| 1196 | 1883 | SMEKENS DIRK | AARSCHOT | 0:51:46 | 11,59 | 5:11 |
| 1197 | 3241 | ONGENAE SVEN | HAM | 0:51:46 | 11,59 | 5:11 |
| 1198 | 3391 | HESELMANS PETER | SCHERPENHEUVEL | 0:51:46 | 11,59 | 5:11 |
| 1199 | 1385 | GALKUS ROBERT | BRUXELLES | 0:51:47 | 11,59 | 5:11 |
| 1200 | 1040 | VAN DAM WIM | GEEL | 0:51:48 | 11,58 | 5:11 |
| 1201 | 1445 | MACHIELS HILDE | TESSENDERLO | 0:51:48 | 11,58 | 5:11 |
| 1202 | 1059 | DE COCK PATRICK | BUGGENHOUT | 0:51:48 | 11,58 | 5:11 |
| 1203 | 1357 | GILS DAVY | TESSENDERLO | 0:51:48 | 11,58 | 5:11 |
| 1204 | 1787 | SMEETS JOHAN | HECHTEL | 0:51:50 | 11,58 | 5:11 |
| 1205 | 844 | NEVEN BART | RIEMST | 0:51:50 | 11,58 | 5:11 |
| 1206 | 1620 | VANHOVE BRAM | ZOLDER | 0:51:50 | 11,58 | 5:11 |
| 1207 | 3370 | GALLE JEAN PIERRE | BRUGGE | 0:51:50 | 11,58 | 5:11 |
| 1208 | 1527 | HEYLEN ANDRE | LAAKDAL | 0:51:51 | 11,57 | 5:11 |
| 1209 | 1124 | GEUKENS JULES | MOL | 0:51:51 | 11,57 | 5:11 |
| 1210 | 1120 | POVRE CHRIS | KAPELLEN (ANTW.) | 0:51:52 | 11,57 | 5:11 |
| 1211 | 3335 | COPPENS JOHAN | GEEL | 0:51:52 | 11,57 | 5:11 |
| 1212 | 765 | KUYKEN NICKY | HECHTEL | 0:51:53 | 11,56 | 5:11 |
| 1213 | 1098 | SMET ANN | MERKSEM | 0:51:53 | 11,56 | 5:11 |
| 1214 | 1619 | CAMS CELIEN | HEUSDEN-ZOLDER | 0:51:54 | 11,56 | 5:11 |
| 1215 | 3728 | VANDEWEYER RENE | OOSTHAM | 0:51:55 | 11,56 | 5:12 |
| 1216 | 3725 | LUTS ALEX | TESSENDERLO | 0:51:55 | 11,56 | 5:12 |
| 1217 | 3032 | VANUYTSEL VIVIANE | AVERBODE | 0:51:55 | 11,56 | 5:12 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|--------------------|---------|-------|---------|
| 1218 | 1540 | MOERMANS FRANK | HOESELT | 0:51:56 | 11,55 | 5:12 |
| 1219 | 1872 | VAN STAPPEN CHRIS | WILRIJK | 0:51:56 | 11,55 | 5:12 |
| 1220 | 1699 | STEVENS YVES | SINT-AMANDS | 0:51:57 | 11,55 | 5:12 |
| 1221 | 3410 | VAN GENECHTEN FRANS | MEERHOUT | 0:51:57 | 11,55 | 5:12 |
| 1222 | 1946 | JUSGEN ROGER | HEVERLEE | 0:51:57 | 11,55 | 5:12 |
| 1223 | 733 | WUYTS FRANCIS | GIERLE | 0:51:58 | 11,55 | 5:12 |
| 1224 | 3704 | VERHERSTRAETEN BERT | GEEL | 0:51:59 | 11,54 | 5:12 |
| 1225 | 1873 | ALEXANDRIDIS JOHHNY | ZUTENDAAL | 0:51:59 | 11,54 | 5:12 |
| 1226 | 1746 | VRANCKEN JOS | HOUWAART | 0:51:59 | 11,54 | 5:12 |
| 1227 | 2049 | SMETS STEVEN | TESSENDERLO | 0:52:01 | 11,53 | 5:12 |
| 1228 | 586 | HAMBLOK EVERT | WILRIJK (ANTW.) | 0:52:01 | 11,53 | 5:12 |
| 1229 | 857 | MOESEN YVES | HASSELT | 0:52:02 | 11,53 | 5:12 |
| 1230 | 1602 | PEETERS LLOYD | TESSENDERLO | 0:52:02 | 11,53 | 5:12 |
| 1231 | 1761 | VAN VUGT PHILIPPE | MERKSEM | 0:52:02 | 11,53 | 5:12 |
| 1232 | 3244 | BEYENS INGE | EINDHOUT | 0:52:03 | 11,53 | 5:12 |
| 1233 | 627 | VAN HOECKE FREDERIC | MORTSEL | 0:52:03 | 11,53 | 5:12 |
| 1234 | 870 | VAN AVERMAET PATRICK | MOLENBEEK-WERSBEEK | 0:52:04 | 11,52 | 5:12 |
| 1235 | 3729 | MOTMANS ERWIN | KERMT | 0:52:04 | 11,52 | 5:12 |
| 1236 | 3287 | FERRARO GOFRIDO | | 0:52:05 | 11,52 | 5:13 |
| 1237 | 1679 | DOM EDDY | BRECHT | 0:52:05 | 11,52 | 5:13 |
| 1238 | 3731 | MOTMANS JIMMY | KERMT | 0:52:05 | 11,52 | 5:13 |
| 1239 | 3248 | PRINSEN KATRIEN | | 0:52:06 | 11,52 | 5:13 |
| 1240 | 1559 | KEMPENEERS ROB | HOEPERTINGEN | 0:52:06 | 11,52 | 5:13 |
| 1241 | 729 | VERWULGEN KATLEEN | MORKHOVEN | 0:52:07 | 11,51 | 5:13 |
| 1242 | 1386 | AERTS PAUL | DIEST | 0:52:08 | 11,51 | 5:13 |
| 1243 | 1894 | VAES KOEN | WELLEM | 0:52:08 | 11,51 | 5:13 |
| 1244 | 1188 | HULSMANS PIERRE | ZONHOVEN | 0:52:08 | 11,51 | 5:13 |
| 1245 | 1781 | VANDERSTAPPEN TOM | AARSCHOT | 0:52:10 | 11,50 | 5:13 |
| 1246 | 1396 | AUGUSTINAS NICO | PAAL | 0:52:11 | 11,50 | 5:13 |
| 1247 | 892 | BUYDENS LEO | LOKEREN | 0:52:13 | 11,49 | 5:13 |
| 1248 | 1893 | THYS ORTWIM | WELLEM | 0:52:14 | 11,49 | 5:13 |
| 1249 | 1519 | FREIER WIM | HAMONT | 0:52:14 | 11,49 | 5:13 |
| 1250 | 903 | DEGIER JOHAN | BERCHEM | 0:52:14 | 11,49 | 5:13 |
| 1251 | 2028 | JONKERS NADINE | TESSENDERLO | 0:52:15 | 11,48 | 5:14 |
| 1252 | 3016 | STOKMANS KOBE | PAAL | 0:52:16 | 11,48 | 5:14 |
| 1253 | 1520 | DANIELS BENNY | ZONHOVEN | 0:52:16 | 11,48 | 5:14 |
| 1254 | 460 | VAN GENECHTEN GUNTHER | TESSENDERLO | 0:52:17 | 11,48 | 5:14 |
| 1255 | 1708 | SAENEN KRISTOLA | TESSENDERLO | 0:52:17 | 11,48 | 5:14 |
| 1256 | 1399 | VERLUYTEN VERA | TESSENDERLO | 0:52:18 | 11,47 | 5:14 |
| 1257 | 1206 | BERREVOETS GUY | GEEL | 0:52:18 | 11,47 | 5:14 |
| 1258 | 3360 | BOLLANSEE THEO | ZOERSEL | 0:52:19 | 11,47 | 5:14 |
| 1259 | 719 | BEYENS VERENA | SINT-NIKLAAS | 0:52:20 | 11,46 | 5:14 |
| 1260 | 3358 | HAEVERANS FREDERIK | ANTWERPEN 2 | 0:52:20 | 11,46 | 5:14 |
| 1261 | 1121 | VAN CLEEF YVES | KAPELLEN (ANTW.) | 0:52:21 | 11,46 | 5:14 |
| 1262 | 3055 | GOVAERTS YANNICK | TESSENDERLO | 0:52:21 | 11,46 | 5:14 |
| 1263 | 1167 | KUYKEN KELLY | HECHTEL | 0:52:21 | 11,46 | 5:14 |
| 1264 | 1392 | HANNES JULIETTE | OLMEN | 0:52:22 | 11,46 | 5:14 |
| 1265 | 1185 | DIERCKX JAN | GEEL | 0:52:23 | 11,45 | 5:14 |
| 1266 | 3237 | DIESTELMANS RUTH | DIEST | 0:52:24 | 11,45 | 5:14 |
| 1267 | 1365 | VAN THIENEN FRANCOIS | TESSENDERLO | 0:52:25 | 11,45 | 5:15 |
| 1268 | 1045 | KELLENS WILLY | MAASMECHELEN | 0:52:25 | 11,45 | 5:15 |
| 1269 | 1117 | DE KIMPE HERMINE | KAPELLEN (ANTW.) | 0:52:25 | 11,45 | 5:15 |
| 1270 | 3217 | DE BACKER FERDINAND | NIJLEN | 0:52:27 | 11,44 | 5:15 |
| 1271 | 1079 | LEYSSENS KARINA | KESSEL-LO | 0:52:28 | 11,44 | 5:15 |
| 1272 | 1081 | MATHEVE GEERT | HEPPEN | 0:52:28 | 11,44 | 5:15 |
| 1273 | 3070 | ORIS CHRIS | GEEL | 0:52:29 | 11,43 | 5:15 |
| 1274 | 800 | DEBECKER VICTOR | GEEL | 0:52:29 | 11,43 | 5:15 |
| 1275 | 2068 | GEVERS KRIS | TURNHOUT | 0:52:29 | 11,43 | 5:15 |
| 1276 | 2108 | NIJST JEAN | BILZEN | 0:52:30 | 11,43 | 5:15 |
| 1277 | 1628 | VAN HERCK JOZEF | MORTSEL | 0:52:31 | 11,42 | 5:15 |
| 1278 | 985 | VAN DE POLL JOHAN | DUFFEL | 0:52:32 | 11,42 | 5:15 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|----------------------|-----------------|---------|-------|---------|
| 1279 | 2057 | DE HOUWER HERMAN | MALLE | 0:52:32 | 11,42 | 5:15 |
| 1280 | 3683 | GYSEN JOHAN | WUUSTWEZEL | 0:52:32 | 11,42 | 5:15 |
| 1281 | 1545 | ROODHOEFE MARCEL | WESTERLO | 0:52:33 | 11,42 | 5:15 |
| 1282 | 1198 | LEYZEN LUK | LIER | 0:52:34 | 11,41 | 5:15 |
| 1283 | 1440 | VANBEGIN JEFFREY | LOMMEL | 0:52:34 | 11,41 | 5:15 |
| 1284 | 3484 | LUYTS MARTIAL | HAM | 0:52:34 | 11,41 | 5:15 |
| 1285 | 1534 | KUSTERS FRANK | MEEUWEN | 0:52:35 | 11,41 | 5:15 |
| 1286 | 427 | EENS JOS | TESSENDERLO | 0:52:35 | 11,41 | 5:15 |
| 1287 | 1323 | VREYS STEVY | TESSENDERLO | 0:52:36 | 11,41 | 5:16 |
| 1288 | 3066 | BRIES ANDRE | TESSENDERLO | 0:52:36 | 11,41 | 5:16 |
| 1289 | 721 | LANSBERGEN GEERT | GENK | 0:52:36 | 11,41 | 5:16 |
| 1290 | 1047 | DEJONG ETIENNE | GROTE-BROGEL | 0:52:38 | 11,40 | 5:16 |
| 1291 | 1280 | DEKNOP HEIDI | DIEST | 0:52:38 | 11,40 | 5:16 |
| 1292 | 1517 | CARDINAELS JAN | BILZEN | 0:52:38 | 11,40 | 5:16 |
| 1293 | 1892 | WOUTERS LIESBETH | DIEST | 0:52:38 | 11,40 | 5:16 |
| 1294 | 3291 | VANLOMMEL CHRIS | DEURNE (BT.) | 0:52:40 | 11,39 | 5:16 |
| 1295 | 1048 | VOET STEFAN | GEEL | 0:52:40 | 11,39 | 5:16 |
| 1296 | 617 | BEERLINGS FRANS | WOMMELGEM | 0:52:41 | 11,39 | 5:16 |
| 1297 | 1266 | VANRUSSELT EDDY | MOL | 0:52:42 | 11,39 | 5:16 |
| 1298 | 3101 | PERSOONS TANIA | DEURNE (BT.) | 0:52:42 | 11,39 | 5:16 |
| 1299 | 507 | SYMOENS GUSTAAF | STEKENE | 0:52:42 | 11,39 | 5:16 |
| 1300 | 2005 | COPPENS ARNE | HEUSDEN-ZOLDER | 0:52:42 | 11,39 | 5:16 |
| 1301 | 1058 | JEUNEN GERT | OVERPELT | 0:52:42 | 11,39 | 5:16 |
| 1302 | 1346 | VAN DINGENEN MARIA | TESSENDERLO | 0:52:43 | 11,38 | 5:16 |
| 1303 | 1637 | VERBIEST LOUIS | PAAL | 0:52:43 | 11,38 | 5:16 |
| 1304 | 1698 | MOUS TINE | VILVOORDE | 0:52:44 | 11,38 | 5:16 |
| 1305 | 1796 | SCHELFAUT JOHAN | ANTWERPEN | 0:52:45 | 11,37 | 5:17 |
| 1306 | 550 | WILLEMS FRANK | TONGEREN | 0:52:45 | 11,37 | 5:17 |
| 1307 | 1147 | VAN DOORSLAER LUDO | MERKSEM (ANTW.) | 0:52:46 | 11,37 | 5:17 |
| 1308 | 3354 | BRONCKAERTS EDDY | WOMMERSOM | 0:52:47 | 11,37 | 5:17 |
| 1309 | 1320 | VANSPAUWEN MARCEL | MOL | 0:52:48 | 11,36 | 5:17 |
| 1310 | 1701 | PEETERS ANDRE | BEERSE | 0:52:49 | 11,36 | 5:17 |
| 1311 | 1661 | RYSSAERT TOM | BERCHEM | 0:52:50 | 11,36 | 5:17 |
| 1312 | 3313 | SCHONK MICHAEL | TESSENDERLO | 0:52:50 | 11,36 | 5:17 |
| 1313 | 1639 | LINDEKENS LOUISA | AARTSELAAR | 0:52:50 | 11,36 | 5:17 |
| 1314 | 552 | KAUFMANN ALAIN | WEMMEL | 0:52:52 | 11,35 | 5:17 |
| 1315 | 3727 | VANDEWEYER FILIP | HAM | 0:52:52 | 11,35 | 5:17 |
| 1316 | 711 | VANMEENSEL FRANCOIS | HAMONT-ACHEL | 0:52:52 | 11,35 | 5:17 |
| 1317 | 891 | VERTONGHEN ANDY | LOKEREN | 0:52:54 | 11,34 | 5:17 |
| 1318 | 1480 | DE WILDE TINEKE | LOKEREN | 0:52:54 | 11,34 | 5:17 |
| 1319 | 3308 | VANDERHEYDEN ROELAND | ZEMST | 0:52:54 | 11,34 | 5:17 |
| 1320 | 3136 | MOTMANS VALERE | ZONHOVEN | 0:52:56 | 11,34 | 5:18 |
| 1321 | 566 | CALDERS JORN | KONTICH | 0:52:57 | 11,33 | 5:18 |
| 1322 | 3361 | GEUENS KATRIEN | ANTWERPEN | 0:52:57 | 11,33 | 5:18 |
| 1323 | 1250 | GEUENS CHRIS | MOL | 0:52:58 | 11,33 | 5:18 |
| 1324 | 3351 | REYCKERS ILSE | PAAL | 0:53:00 | 11,32 | 5:18 |
| 1325 | 3022 | D'HULSTER INGRID | MOLENSTEDE | 0:53:02 | 11,31 | 5:18 |
| 1326 | 2021 | VERBRUGGEN SYLVAIN | AARSCHOT | 0:53:03 | 11,31 | 5:18 |
| 1327 | 1446 | VAN ROOSBROECK HANS | BALEN | 0:53:04 | 11,31 | 5:18 |
| 1328 | 789 | POLDERS JOS | HERK DE STAD | 0:53:05 | 11,30 | 5:19 |
| 1329 | 1106 | NIKOLAIDIS LAKIE | HOUTHALEN | 0:53:06 | 11,30 | 5:19 |
| 1330 | 2006 | DE BEK MARK | HEUSDEN-ZOLDER | 0:53:07 | 11,30 | 5:19 |
| 1331 | 749 | ROELS BRUNO | HEUSDEN-ZOLDER | 0:53:07 | 11,30 | 5:19 |
| 1332 | 1202 | BAEKELMANS LUC | EDEGEM | 0:53:08 | 11,29 | 5:19 |
| 1333 | 1990 | WILS ANJA | RUMST | 0:53:09 | 11,29 | 5:19 |
| 1334 | 1306 | SIONGERS LUCRES | TESSENDERLO | 0:53:09 | 11,29 | 5:19 |
| 1335 | 910 | OOMS PAUL | BEVERLO | 0:53:09 | 11,29 | 5:19 |
| 1336 | 3278 | HERREMANS KRIS | MORTSEL | 0:53:11 | 11,28 | 5:19 |
| 1337 | 537 | POELMANS ROBIN | PEER | 0:53:12 | 11,28 | 5:19 |
| 1338 | 792 | LEMMENS MARTINE | ZONHOVEN | 0:53:13 | 11,27 | 5:19 |
| 1339 | 1084 | WIRIX FABIENNE | ZONHOVEN | 0:53:13 | 11,27 | 5:19 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|-----------------|---------|-------|---------|
| 1340 | 3030 | DEBIE ROGER | AVERBODE | 0:53:13 | 11,27 | 5:19 |
| 1341 | 536 | POELMANS JEAN PAUL | PEER | 0:53:15 | 11,27 | 5:20 |
| 1342 | 3266 | VANKRUNKELSVEN WARD | LAAKDAL | 0:53:16 | 11,26 | 5:20 |
| 1343 | 1762 | DEKEYER CAROLINE | GEETBETS | 0:53:17 | 11,26 | 5:20 |
| 1344 | 1032 | NULLENS MICHEL | BREE | 0:53:18 | 11,26 | 5:20 |
| 1345 | 3429 | DE WEVER KRIS | TERNAT | 0:53:19 | 11,25 | 5:20 |
| 1346 | 3712 | WAEGHE PATRICK | HAM | 0:53:20 | 11,25 | 5:20 |
| 1347 | 1254 | GIELEN FRANCOIS | MOL | 0:53:21 | 11,25 | 5:20 |
| 1348 | 3004 | DEWILDE ANDRE | WELLEN | 0:53:21 | 11,25 | 5:20 |
| 1349 | 3036 | BOONS ANJA | TESSENDERLO | 0:53:22 | 11,24 | 5:20 |
| 1350 | 1239 | VOS GRIET | MOL | 0:53:24 | 11,24 | 5:20 |
| 1351 | 746 | SMOUT JAN | EKEREN | 0:53:24 | 11,24 | 5:20 |
| 1352 | 1828 | LAERMANS LUCAS | HOEGAARDEN | 0:53:24 | 11,24 | 5:20 |
| 1353 | 1458 | SECKOU OULOGEUM | BORGERHOUT | 0:53:25 | 11,23 | 5:20 |
| 1354 | 1952 | VERMEREN LEENTJE | EDEGEM | 0:53:26 | 11,23 | 5:21 |
| 1355 | 3235 | REYKERS JOHAN | PAAL | 0:53:27 | 11,23 | 5:21 |
| 1356 | 1630 | BOMANS ALAND | BEVERLO | 0:53:28 | 11,22 | 5:21 |
| 1357 | 1702 | DAEMS SIV | TESSENDERLO | 0:53:29 | 11,22 | 5:21 |
| 1358 | 1125 | LENAERTS ROBIN | DIEST | 0:53:31 | 11,21 | 5:21 |
| 1359 | 3446 | DE WEVER KATHLEEN | VEERLE | 0:53:32 | 11,21 | 5:21 |
| 1360 | 3298 | VERMAELEN PETER | BEKKEVOORT | 0:53:32 | 11,21 | 5:21 |
| 1361 | 3307 | SCHOELS LEON | WELLEN | 0:53:34 | 11,20 | 5:21 |
| 1362 | 1757 | FRANCKX JURGEN | ROTSELAAR | 0:53:37 | 11,19 | 5:22 |
| 1363 | 1579 | EYSKENS KOEN | PUTTE | 0:53:38 | 11,19 | 5:22 |
| 1364 | 519 | TOURNE CHRISTIAN | BORGERHOUT | 0:53:38 | 11,19 | 5:22 |
| 1365 | 1687 | DE GEYSELEER NATHALIE | LINT | 0:53:39 | 11,18 | 5:22 |
| 1366 | 3449 | DESANGHERE GEERT | TIELT (BT.) | 0:53:40 | 11,18 | 5:22 |
| 1367 | 1156 | NUYTS ISABELLE | ZICHEM | 0:53:41 | 11,18 | 5:22 |
| 1368 | 559 | CRABBE PAUL | LEUVEN | 0:53:43 | 11,17 | 5:22 |
| 1369 | 3437 | VANDERHEYDEN BERT | LUMMEN | 0:53:43 | 11,17 | 5:22 |
| 1370 | 2010 | HENDRICKX KEVIN | BERINGEN | 0:53:45 | 11,16 | 5:22 |
| 1371 | 826 | HOUBEN STEFAN | DILSEN | 0:53:45 | 11,16 | 5:22 |
| 1372 | 3068 | SANNEN PATRICK | HECHTEL | 0:53:46 | 11,16 | 5:23 |
| 1373 | 1056 | DE GANG DIRK | MECHELEN | 0:53:48 | 11,15 | 5:23 |
| 1374 | 3276 | GOOS KAREL | MEERHOUT | 0:53:49 | 11,15 | 5:23 |
| 1375 | 819 | GEEROMS NELE | LONDERZEEL | 0:53:49 | 11,15 | 5:23 |
| 1376 | 3013 | TOELEN JAN | OLMEN | 0:53:49 | 11,15 | 5:23 |
| 1377 | 3346 | PEREMANS BART | TESSENDERLO | 0:53:51 | 11,14 | 5:23 |
| 1378 | 3732 | WILLEMS WILFRIED | VORST (KEMPEN) | 0:53:52 | 11,14 | 5:23 |
| 1379 | 723 | PONET RUDI | HERK-DE-STAD | 0:53:53 | 11,14 | 5:23 |
| 1380 | 3242 | FILLEE RONNY | TESSENDERLO | 0:53:53 | 11,14 | 5:23 |
| 1381 | 3071 | VAN MEEUWEN CHRIS | TESSENDERLO | 0:53:54 | 11,13 | 5:23 |
| 1382 | 2060 | VERAGHTERT ELS | GEEL | 0:53:55 | 11,13 | 5:23 |
| 1383 | 2024 | GOOSSENS DIRK | AARSCHOT | 0:53:55 | 11,13 | 5:23 |
| 1384 | 3292 | VAN ECKHOUTTE DANIEL | LUBBEEK | 0:53:55 | 11,13 | 5:23 |
| 1385 | 1176 | LIBERLOO GUY | BEVERLO | 0:53:56 | 11,12 | 5:24 |
| 1386 | 3256 | AERTS JOS | MELDERT (LIMB.) | 0:53:57 | 11,12 | 5:24 |
| 1387 | 1476 | VANDENRIJT PETER | SINT-TRUIDEN | 0:53:57 | 11,12 | 5:24 |
| 1388 | 1391 | VERBRUGGEN CAROLINE | OLMEN | 0:53:58 | 11,12 | 5:24 |
| 1389 | 3451 | COLSON BEN | BERINGEN | 0:53:59 | 11,11 | 5:24 |
| 1390 | 3144 | SCHRAEYEN DIRK | BEVERLO | 0:54:00 | 11,11 | 5:24 |
| 1391 | 1070 | MICHIELS JAN | MOL | 0:54:00 | 11,11 | 5:24 |
| 1392 | 1410 | WARNIER ILSE | TESSENDERLO | 0:54:00 | 11,11 | 5:24 |
| 1393 | 3699 | COENEN JAN | LOMMEL | 0:54:01 | 11,11 | 5:24 |
| 1394 | 3171 | ROGGEN PETRA | DIEST | 0:54:02 | 11,10 | 5:24 |
| 1395 | 3046 | JENNES JASPER | HAM | 0:54:02 | 11,10 | 5:24 |
| 1396 | 3258 | PEYFFERS PETER | WELLEN | 0:54:03 | 11,10 | 5:24 |
| 1397 | 532 | ALTVATER KAI | MERKSEM (ANTW.) | 0:54:03 | 11,10 | 5:24 |
| 1398 | 1717 | BAEYENS GEERHARD | GEEL | 0:54:05 | 11,09 | 5:25 |
| 1399 | 1953 | HADERMANN PAUL | BOOM | 0:54:05 | 11,09 | 5:25 |
| 1400 | 1718 | GABRIE WIM | GEEL | 0:54:06 | 11,09 | 5:25 |

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| 1401 | 3700 | PIRARD MARIANNE | LOMMEL | 0:54:06 | 11,09 | 5:25 |
| 1402 | 785 | ERNA ETIENNE | ALKEN | 0:54:06 | 11,09 | 5:25 |
| 1403 | 650 | WIELANDTS DIRK | LIER | 0:54:07 | 11,09 | 5:25 |
| 1404 | 2074 | STOCKBROEKX DIEDERIK | BALEN | 0:54:08 | 11,08 | 5:25 |
| 1405 | 1577 | FRANSSENS WERNER | MELSELE | 0:54:09 | 11,08 | 5:25 |
| 1406 | 1449 | ROELS DAAN | TESSENDERLO | 0:54:09 | 11,08 | 5:25 |
| 1407 | 3456 | COOMANS LUC | HAM | 0:54:09 | 11,08 | 5:25 |
| 1408 | 1841 | EBERSON PETER | SUSTEREN | 0:54:11 | 11,07 | 5:25 |
| 1409 | 1033 | CUYPERS JOCHEN | ZICHEM | 0:54:12 | 11,07 | 5:25 |
| 1410 | 3175 | VOS MONIQUE | HAM | 0:54:13 | 11,07 | 5:25 |
| 1411 | 3159 | CUYVERS LEEN | BALEN | 0:54:14 | 11,06 | 5:25 |
| 1412 | 1551 | DUSOLEIL BRUNO | ZOLDER | 0:54:15 | 11,06 | 5:26 |
| 1413 | 512 | VAN GORP ALFONS | LICHTAART | 0:54:15 | 11,06 | 5:26 |
| 1414 | 1311 | TIMMERMANS SAMMY | PAAL | 0:54:16 | 11,06 | 5:26 |
| 1415 | 1958 | STROOBANTS DAVID | TIENEN | 0:54:17 | 11,05 | 5:26 |
| 1416 | 527 | VAN DEN BULCK ANNICK | PULLE | 0:54:18 | 11,05 | 5:26 |
| 1417 | 315 | MOONS JOHAN | OLMEN | 0:54:19 | 11,05 | 5:26 |
| 1418 | 694 | DE WORM ERIK | HEVER | 0:54:19 | 11,05 | 5:26 |
| 1419 | 3027 | JANSSENS JOHNNY | TESSENDERLO | 0:54:20 | 11,04 | 5:26 |
| 1420 | 1578 | VRANCKX LUDO | ZUTENDAAL | 0:54:21 | 11,04 | 5:26 |
| 1421 | 3178 | BORREMANS CONNIE | RIJKEVORSEL | 0:54:22 | 11,04 | 5:26 |
| 1422 | 3158 | SWARTENBROECKX LUT | MOL | 0:54:22 | 11,04 | 5:26 |
| 1423 | 972 | VERMEULEN ELI | SINT-NIKLAAS | 0:54:23 | 11,03 | 5:26 |
| 1424 | 3176 | NOOYENS CONSTANT | RIJKEVORSEL | 0:54:23 | 11,03 | 5:26 |
| 1425 | 988 | VERCAMMEN CHRIS | WOMMELGEM | 0:54:24 | 11,03 | 5:26 |
| 1426 | 3076 | DE DECKER DAVEY | HAMME (O.-VL.) | 0:54:25 | 11,03 | 5:27 |
| 1427 | 1319 | | | 0:54:26 | 11,02 | 5:27 |
| 1428 | 883 | NEYENS FRANK | BREE | 0:54:26 | 11,02 | 5:27 |
| 1429 | 801 | VANLAEKE GEERT | HERENT | 0:54:26 | 11,02 | 5:27 |
| 1430 | 1324 | WIJNANTS THOMAS | BETEKOM | 0:54:28 | 11,02 | 5:27 |
| 1431 | 588 | COSEMANS CHRISTIAN | KURINGEN | 0:54:30 | 11,01 | 5:27 |
| 1432 | 1474 | NATUS MARCO | SINT-TRUIDEN | 0:54:31 | 11,01 | 5:27 |
| 1433 | 1960 | SCHEPERS FRANK | VROENHOVEN-RIEMST | 0:54:32 | 11,00 | 5:27 |
| 1434 | 640 | SMETS WERNER | AARTSELAAR | 0:54:32 | 11,00 | 5:27 |
| 1435 | 1567 | VERMEULEN SAM | EKEREN | 0:54:33 | 11,00 | 5:27 |
| 1436 | 912 | ACHTEN LAMBERT | LUMMEN | 0:54:34 | 11,00 | 5:27 |
| 1437 | 3323 | WILLEMS LUC | AVERBODE | 0:54:34 | 11,00 | 5:27 |
| 1438 | 787 | KUMS DIRK | OVERPELT | 0:54:35 | 10,99 | 5:28 |
| 1439 | 1471 | GEPTS ANNE-MIE | TESSENDERLO | 0:54:36 | 10,99 | 5:28 |
| 1440 | 1072 | BILLIAU GEERTRUI | BORSBEEK (ANTW.) | 0:54:36 | 10,99 | 5:28 |
| 1441 | 1240 | ALDERSON IVO | MOL | 0:54:37 | 10,99 | 5:28 |
| 1442 | 1063 | GOEZINNE SIMON | EDEGEM | 0:54:38 | 10,98 | 5:28 |
| 1443 | 593 | GODDAERT ROB | MORTSEL | 0:54:38 | 10,98 | 5:28 |
| 1444 | 965 | VAN HOVE YVAN | SINT-NIKLAAS | 0:54:38 | 10,98 | 5:28 |
| 1445 | 1884 | SELIS JEF | VORSELAAR | 0:54:39 | 10,98 | 5:28 |
| 1446 | 2100 | DULLERS JEROEN | HASSELT | 0:54:39 | 10,98 | 5:28 |
| 1447 | 1259 | ROMIJN ARNOLD | BALEN | 0:54:40 | 10,98 | 5:28 |
| 1448 | 894 | TUYLS ANDY | HOLSBEK | 0:54:41 | 10,97 | 5:28 |
| 1449 | 2090 | VANDEZANDE DAVE | BALEN | 0:54:41 | 10,97 | 5:28 |
| 1450 | 1363 | HEYLEN LUC | AVERBODE | 0:54:41 | 10,97 | 5:28 |
| 1451 | 1146 | VANHAUWERE JAN | KAGGEVINNE | 0:54:43 | 10,97 | 5:28 |
| 1452 | 811 | CAIRO GIANNI | LOMMEL | 0:54:44 | 10,96 | 5:28 |
| 1453 | 1083 | DE PAUW KOEN | BERCHEM (ANTW.) | 0:54:45 | 10,96 | 5:28 |
| 1454 | 1922 | JEHOUL JOS | BREE | 0:54:45 | 10,96 | 5:28 |
| 1455 | 887 | VAN GRAMBEREN GASTON | WEZEMAAL | 0:54:45 | 10,96 | 5:28 |
| 1456 | 1996 | FABRY IRIS | DUISBURG | 0:54:47 | 10,95 | 5:29 |
| 1457 | 1330 | VAN DER VELDE NICKY | BETEKOM | 0:54:47 | 10,95 | 5:29 |
| 1458 | 1672 | DE CUYPER STEVEN | LINDEN | 0:54:48 | 10,95 | 5:29 |
| 1459 | 1631 | HEYLEN ELS | OLEN | 0:54:48 | 10,95 | 5:29 |
| 1460 | 3305 | THOELEN WILLY | KOERSEL | 0:54:49 | 10,95 | 5:29 |
| 1461 | 974 | VAN MELE HELENA | SINT-NIKLAAS | 0:54:49 | 10,95 | 5:29 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|----------------------|----------------|---------|-------|---------|
| 1462 | 1778 | VAN LONDEN SANDRA | PERK | 0:54:50 | 10,94 | 5:29 |
| 1463 | 732 | HELSEN TANJA | NOORDERWIJK | 0:54:51 | 10,94 | 5:29 |
| 1464 | 1867 | HENS TOM | VOSSelaar | 0:54:51 | 10,94 | 5:29 |
| 1465 | 842 | SCHILT REINA | VUGHT | 0:54:52 | 10,94 | 5:29 |
| 1466 | 2056 | PEETERS LUCIEN | AS | 0:54:52 | 10,94 | 5:29 |
| 1467 | 1398 | VAN HEUCKELOM LUC | HAM | 0:54:53 | 10,93 | 5:29 |
| 1468 | 1268 | AMBROOS MARIE-PAULE | LAAKDAL | 0:54:54 | 10,93 | 5:29 |
| 1469 | 1347 | FEYEN JACKY | TESSENDERLO | 0:54:54 | 10,93 | 5:29 |
| 1470 | 2126 | VANFRACHEN ERIK | BEERZEL | 0:54:55 | 10,93 | 5:30 |
| 1471 | 1732 | DESWERT MARC | OLEN | 0:54:56 | 10,92 | 5:30 |
| 1472 | 2038 | BORTELS HUGO | HEUSDEN-ZOLDER | 0:54:56 | 10,92 | 5:30 |
| 1473 | 1766 | BEENDERS ROB | HASSELT | 0:54:57 | 10,92 | 5:30 |
| 1474 | 3435 | CHIGNESSE THIERRY | EINDHOUT | 0:54:58 | 10,92 | 5:30 |
| 1475 | 3334 | BECKERS DAVY | HAM | 0:54:58 | 10,92 | 5:30 |
| 1476 | 1720 | GIJSENS JOHAN | GEETBETS | 0:54:59 | 10,91 | 5:30 |
| 1477 | 653 | VERSCHAEREN DANNY | BOOM | 0:54:59 | 10,91 | 5:30 |
| 1478 | 920 | MACHIELS JORIS | DIEPENBEEK | 0:55:00 | 10,91 | 5:30 |
| 1479 | 655 | VAN OLMEN ERIK | EDEGEM | 0:55:00 | 10,91 | 5:30 |
| 1480 | 999 | HAEGDORENS NICKY | HAM | 0:55:01 | 10,91 | 5:30 |
| 1481 | 287 | ROOFTHOFT BART | MOL | 0:55:01 | 10,91 | 5:30 |
| 1482 | 3277 | DE VOLDER MARIO | MEERHOUT | 0:55:02 | 10,90 | 5:30 |
| 1483 | 1764 | MANNAERTS VERA | SCHOTEN | 0:55:02 | 10,90 | 5:30 |
| 1484 | 3423 | DE KEULENAER TIMOTHY | KESSEL | 0:55:05 | 10,89 | 5:31 |
| 1485 | 1541 | MEVELSTEEM RAF | GEEL | 0:55:05 | 10,89 | 5:31 |
| 1486 | 1856 | VAN LOON JAN | OVERPELT | 0:55:06 | 10,89 | 5:31 |
| 1487 | 3472 | CONVENS KENNY | TESSENDERLO | 0:55:06 | 10,89 | 5:31 |
| 1488 | 1852 | GOOVAERTS VICKY | BERLAAR | 0:55:08 | 10,88 | 5:31 |
| 1489 | 2053 | VAN BERKEL MARTINE | GENK | 0:55:08 | 10,88 | 5:31 |
| 1490 | 3240 | BELLEN JOHAN | OOSTHAM | 0:55:10 | 10,88 | 5:31 |
| 1491 | 1853 | VAN DEN BRANDE PETER | BERLAAR | 0:55:10 | 10,88 | 5:31 |
| 1492 | 1421 | LIEVENS ALFONS | BALEN | 0:55:12 | 10,87 | 5:31 |
| 1493 | 3680 | VERAGHTERT FRANKY | TESSENDERLO | 0:55:14 | 10,86 | 5:31 |
| 1494 | 693 | WELLENS DIRK | MECHELEN | 0:55:14 | 10,86 | 5:31 |
| 1495 | 621 | VANDER KUYLEN JEF | KESSEL-LO | 0:55:15 | 10,86 | 5:31 |
| 1496 | 1768 | BRAILLE FRANCO | BILZEN | 0:55:16 | 10,86 | 5:32 |
| 1497 | 3404 | DUYCK JOHAN | DENDERMONDE | 0:55:16 | 10,86 | 5:32 |
| 1498 | 3177 | HEYRMAN JAN | RUMST | 0:55:17 | 10,85 | 5:32 |
| 1499 | 1157 | VAN NUFFELEN WERNER | PULDERBOS | 0:55:17 | 10,85 | 5:32 |
| 1500 | 3225 | GEUDENS LUDWIG | LAAKDAL | 0:55:18 | 10,85 | 5:32 |
| 1501 | 2107 | VANHAEREN LUC | BILZEN | 0:55:19 | 10,85 | 5:32 |
| 1502 | 3468 | AERTS LARS | HEUSDEN-ZOLDER | 0:55:21 | 10,84 | 5:32 |
| 1503 | 3395 | DE PEUTER GUIDO | LAAKDAL | 0:55:21 | 10,84 | 5:32 |
| 1504 | 3282 | HOFFEN DIDIER | | 0:55:21 | 10,84 | 5:32 |
| 1505 | 822 | MOERMANS MARCEL | MAASTRICHT | 0:55:22 | 10,84 | 5:32 |
| 1506 | 1622 | HOLLANDERDS HARRY | MAASTRICHT | 0:55:24 | 10,83 | 5:32 |
| 1507 | 1041 | HOFKENS HILDE | MECHELEN | 0:55:24 | 10,83 | 5:32 |
| 1508 | 1627 | HENDERICKX ANN | GEEL | 0:55:24 | 10,83 | 5:32 |
| 1509 | 1246 | ERPELS JOHAN | MOL | 0:55:26 | 10,82 | 5:33 |
| 1510 | 1071 | BILLET STEF | HEVERLEE | 0:55:26 | 10,82 | 5:33 |
| 1511 | 1544 | DILLIEN FILIP | GEEL | 0:55:26 | 10,82 | 5:33 |
| 1512 | 1651 | VAN ROEYEN THEO | ZWIJNDRECHT | 0:55:27 | 10,82 | 5:33 |
| 1513 | 1543 | DILLIEN JEF | GEEL | 0:55:28 | 10,82 | 5:33 |
| 1514 | 1660 | BERMAERS JUUL | ZWIJNDRECHT | 0:55:29 | 10,81 | 5:33 |
| 1515 | 3125 | GODELAINE MARC | KERMT | 0:55:29 | 10,81 | 5:33 |
| 1516 | 893 | VAN NUFFELEN ALBERT | NIEUWRODE | 0:55:29 | 10,81 | 5:33 |
| 1517 | 1659 | CROMBE WALTER | BURCHT | 0:55:31 | 10,81 | 5:33 |
| 1518 | 2026 | HOEFKENS KAREL | PULLE | 0:55:31 | 10,81 | 5:33 |
| 1519 | 1308 | SMETS PETER | TESSENDERLO | 0:55:31 | 10,81 | 5:33 |
| 1520 | 1695 | THEVIS BART | KORTESSEM | 0:55:32 | 10,80 | 5:33 |
| 1521 | 1800 | GERTS GEERT | TESSENDERLO | 0:55:33 | 10,80 | 5:33 |
| 1522 | 623 | DUBOIS STEFAAN | RANST | 0:55:34 | 10,80 | 5:33 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|--------------------|---------|-------|---------|
| 1523 | 3014 | ZELS ROB | TESSENDERLO | 0:55:35 | 10,79 | 5:33 |
| 1524 | 3213 | SEGRS ANNICK | LAAKDAL | 0:55:35 | 10,79 | 5:33 |
| 1525 | 603 | WILLEMS MARQ | ESSENE | 0:55:35 | 10,79 | 5:33 |
| 1526 | 1767 | ROEBBEN ISABELLE | BILZEN | 0:55:37 | 10,79 | 5:34 |
| 1527 | 2132 | MATSOMOTO YOUKI | ZOERSEL | 0:55:38 | 10,78 | 5:34 |
| 1528 | 3406 | VANZEIR MARNIX | PAAL | 0:55:38 | 10,78 | 5:34 |
| 1529 | 1226 | KUZMINOVA AUGUSTINA | MOL | 0:55:40 | 10,78 | 5:34 |
| 1530 | 730 | VAN DEN BRANDEN KAREN | EKEREN (ANTW.) | 0:55:40 | 10,78 | 5:34 |
| 1531 | 1714 | DE HONDT KURT | TESSENDERLO | 0:55:40 | 10,78 | 5:34 |
| 1532 | 1899 | NIJS JEAN | ZUTENDAAL | 0:55:40 | 10,78 | 5:34 |
| 1533 | 2133 | TRUYERS STEF | ZOERSEL | 0:55:41 | 10,78 | 5:34 |
| 1534 | 1285 | HANNES LUC | MEERHOUT | 0:55:42 | 10,77 | 5:34 |
| 1535 | 1163 | STERCKX PETER | BRASSCHAAT | 0:55:43 | 10,77 | 5:34 |
| 1536 | 954 | DE TAEY NADIA | SINT-NIKLAAS | 0:55:43 | 10,77 | 5:34 |
| 1537 | 1258 | PEETERS RICHARD | DESSEL | 0:55:43 | 10,77 | 5:34 |
| 1538 | 1574 | MAES WIM | STEKENE | 0:55:46 | 10,76 | 5:35 |
| 1539 | 1134 | VERHEYEN WIM | TESSENDERLO | 0:55:47 | 10,76 | 5:35 |
| 1540 | 1203 | BOLSENS VANESSA | ANTWERPEN | 0:55:47 | 10,76 | 5:35 |
| 1541 | 1135 | VANDEN BOSSCHE HERWIG | TESSENDERLO | 0:55:48 | 10,75 | 5:35 |
| 1542 | 3089 | TEUGELS KRIS | KAPELLE-OP-DEN-BOS | 0:55:48 | 10,75 | 5:35 |
| 1543 | 923 | CHODY FILIP | GROBBENDONK | 0:55:49 | 10,75 | 5:35 |
| 1544 | 3074 | COOLEN JOHANNES | LEOPOLDSBURG | 0:55:50 | 10,75 | 5:35 |
| 1545 | 1338 | DIEPVENS MAARTEN | HERSELT | 0:55:50 | 10,75 | 5:35 |
| 1546 | 3156 | FREDERIX TOM | TESSENDERLO | 0:55:51 | 10,74 | 5:35 |
| 1547 | 3189 | VENICX CONNY | MAASMECHELEN | 0:55:52 | 10,74 | 5:35 |
| 1548 | 928 | SLOOTMAEKERS STEFAN | HASSELT | 0:55:52 | 10,74 | 5:35 |
| 1549 | 1155 | VLAMINCKX LUC | HOVE | 0:55:54 | 10,73 | 5:35 |
| 1550 | 3124 | CLAUWERS VEERLE | KERMT | 0:55:54 | 10,73 | 5:35 |
| 1551 | 1107 | VAN GOETHEM JURGEN | ANTWERPEN | 0:55:54 | 10,73 | 5:35 |
| 1552 | 1454 | BOS JOHAN | SCHAFFEN | 0:55:55 | 10,73 | 5:35 |
| 1553 | 938 | VERBELEN MARC | MORTSEL | 0:55:55 | 10,73 | 5:35 |
| 1554 | 3190 | OPDELOCHT DONNY | MAASMECHELEN | 0:55:56 | 10,73 | 5:36 |
| 1555 | 1369 | VANDEN POEL NELE | DIEST | 0:55:56 | 10,73 | 5:36 |
| 1556 | 1453 | BOS DAVID | TESSENDERLO | 0:55:58 | 10,72 | 5:36 |
| 1557 | 615 | AERTS HENRI | GRONVELD-EIJSDEN | 0:55:58 | 10,72 | 5:36 |
| 1558 | 604 | VERBOVEN PETRA | TURNHOUT | 0:56:00 | 10,71 | 5:36 |
| 1559 | 1885 | MOLS JEF | VORSELAAR | 0:56:00 | 10,71 | 5:36 |
| 1560 | 3682 | VAN GILS MARLEEN | WUUSTWEZEL | 0:56:01 | 10,71 | 5:36 |
| 1561 | 3134 | DANIELS CONNY | HECHTEL | 0:56:02 | 10,71 | 5:36 |
| 1562 | 1001 | KNAPEN SANDRA | KAGGEVINNE | 0:56:03 | 10,70 | 5:36 |
| 1563 | 3441 | BUEKENHOUDT MARC | LEOPOLDSBURG | 0:56:04 | 10,70 | 5:36 |
| 1564 | 1877 | GURUNG LILA | KATHMANDU (NEPAL) | 0:56:05 | 10,70 | 5:36 |
| 1565 | 1550 | BAUWENS PATTY | OLV LOMBEEK | 0:56:05 | 10,70 | 5:36 |
| 1566 | 3469 | KUPPENS BRECHT | HEUSDEN-ZOLDER | 0:56:06 | 10,70 | 5:37 |
| 1567 | 1137 | BREUGELMANS PAUL | BETEKOM | 0:56:07 | 10,69 | 5:37 |
| 1568 | 1256 | MARIEN WALTER | BALEN | 0:56:08 | 10,69 | 5:37 |
| 1569 | 1777 | DECLERCQ FABIAAN | BOUSERSEM | 0:56:09 | 10,69 | 5:37 |
| 1570 | 1461 | VAN CAMP KAREL | RIJKEVORSEL | 0:56:09 | 10,69 | 5:37 |
| 1571 | 877 | TREKELS INDRA | LOMMEL | 0:56:11 | 10,68 | 5:37 |
| 1572 | 3100 | VANDERHEIJDEN WIM | DUFFEL | 0:56:12 | 10,68 | 5:37 |
| 1573 | 3028 | STALMANS HILDE | ZICHEM | 0:56:13 | 10,67 | 5:37 |
| 1574 | 1245 | DUPONT JOSEPH | MOL | 0:56:14 | 10,67 | 5:37 |
| 1575 | 3284 | VAN PEE PIETER | | 0:56:15 | 10,67 | 5:37 |
| 1576 | 3133 | DANIELS NOELLA | TESSENDERLO | 0:56:16 | 10,66 | 5:38 |
| 1577 | 582 | VERBEEMEN RIK | LUMMEN | 0:56:17 | 10,66 | 5:38 |
| 1578 | 565 | VLEUGELS WARD | MEERHOUT | 0:56:17 | 10,66 | 5:38 |
| 1579 | 646 | DE LEEUW LUK | ZOERLE-PARWIJS | 0:56:18 | 10,66 | 5:38 |
| 1580 | 3460 | ROGMANS INGRID | WESTMEERBEEK | 0:56:19 | 10,65 | 5:38 |
| 1581 | 735 | VAN ZUMMEREN MARC | OLMEN | 0:56:19 | 10,65 | 5:38 |
| 1582 | 2066 | CUYPERS JORIS | LAAKDAL | 0:56:20 | 10,65 | 5:38 |
| 1583 | 3470 | VAN AEKEN FREDERIC | TESSENDERLO | 0:56:21 | 10,65 | 5:38 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|--------------------|---------|-------|---------|
| 1584 | 1100 | LUYSTERBORG PETER | BORGERHOUT (ANTW.) | 0:56:22 | 10,64 | 5:38 |
| 1585 | 1076 | GOKER HALIL | HEUSDEN-ZOLDER | 0:56:22 | 10,64 | 5:38 |
| 1586 | 1967 | VANMEENSEL TJARDA | HAMONT-ACHEL | 0:56:23 | 10,64 | 5:38 |
| 1587 | 1881 | | | 0:56:25 | 10,64 | 5:39 |
| 1588 | 804 | PINTO RODRIGUES DANNY | BRUSSEL | 0:56:27 | 10,63 | 5:39 |
| 1589 | 2106 | | | 0:56:29 | 10,62 | 5:39 |
| 1590 | 629 | VERMEIREN WENDY | HEIST OP DEN BERG | 0:56:29 | 10,62 | 5:39 |
| 1591 | 2087 | BONVARLEZ RUDI | BRUGGE | 0:56:31 | 10,62 | 5:39 |
| 1592 | 3347 | CINAR FAHRETTIN | TESSENDERLO | 0:56:31 | 10,62 | 5:39 |
| 1593 | 1233 | SOETAERT GREET | MOL | 0:56:32 | 10,61 | 5:39 |
| 1594 | 2104 | SCHREURS NANCY | OPGLABBEEK | 0:56:33 | 10,61 | 5:39 |
| 1595 | 1629 | MINNEBO SARA | BERCHEM | 0:56:33 | 10,61 | 5:39 |
| 1596 | 1252 | GEUENS LUC | MOL | 0:56:33 | 10,61 | 5:39 |
| 1597 | 1832 | SIMOENS PETER | MALDEGEM | 0:56:35 | 10,60 | 5:40 |
| 1598 | 1230 | MEEUSEN KARIN | MOL | 0:56:36 | 10,60 | 5:40 |
| 1599 | 549 | MICHIELS JAN | TURNHOUT | 0:56:36 | 10,60 | 5:40 |
| 1600 | 1075 | AERTS BRENDA | SCHAFFEN | 0:56:38 | 10,59 | 5:40 |
| 1601 | 1959 | QUAX KOEN | BILZEN | 0:56:39 | 10,59 | 5:40 |
| 1602 | 1055 | CAUBERGHES JAN | BLAASVELD | 0:56:39 | 10,59 | 5:40 |
| 1603 | 1006 | VANDERMAESEN WOUTER | TESSENDERLO | 0:56:40 | 10,59 | 5:40 |
| 1604 | 2034 | VAN HAELS ANITA | ZICHEM | 0:56:41 | 10,59 | 5:40 |
| 1605 | 1005 | VANDERMAESEN EDDY | TESSENDERLO | 0:56:41 | 10,59 | 5:40 |
| 1606 | 2082 | DIRCKX GUIDO | BREE | 0:56:42 | 10,58 | 5:40 |
| 1607 | 1434 | VRANCKEN MARIEKE | TONGEREN | 0:56:42 | 10,58 | 5:40 |
| 1608 | 1219 | BOGAERTS PASCALE | BALEN | 0:56:44 | 10,58 | 5:40 |
| 1609 | 1004 | VANDERMAESEN JEF | TESSENDERLO | 0:56:44 | 10,58 | 5:40 |
| 1610 | 1632 | CYPERS SASKIA | KRUIBEKE | 0:56:45 | 10,57 | 5:41 |
| 1611 | 1871 | COOLS PHILIPPE | GEEL | 0:56:47 | 10,57 | 5:41 |
| 1612 | 828 | GOFFE FRANCOIS | BINCHE | 0:56:47 | 10,57 | 5:41 |
| 1613 | 2081 | ILLY TEODORA | ZUTENDAAL | 0:56:49 | 10,56 | 5:41 |
| 1614 | 1427 | HEROES YVES | KAMPENHOUT | 0:56:50 | 10,56 | 5:41 |
| 1615 | 3329 | VAN ASSCHE CHRISTIANE | MERKSEM | 0:56:52 | 10,55 | 5:41 |
| 1616 | 795 | FOLTMAR LASSE | BRUSSEL | 0:56:56 | 10,54 | 5:42 |
| 1617 | 816 | RUTSAERT MARNIX | HOLSBEEK | 0:56:57 | 10,54 | 5:42 |
| 1618 | 2051 | SANNEN TIM | BERINGEN | 0:56:59 | 10,53 | 5:42 |
| 1619 | 2124 | VAN REMOORTERE JOZEF | SINT-NIKLAAS | 0:56:59 | 10,53 | 5:42 |
| 1620 | 3104 | GIELIS DANNY | PAAL | 0:56:59 | 10,53 | 5:42 |
| 1621 | 1316 | VAN DE VEN ROGER | LAAKDAL | 0:57:02 | 10,52 | 5:42 |
| 1622 | 805 | DENAYER SVEN | BRUSSEL | 0:57:03 | 10,52 | 5:42 |
| 1623 | 1468 | DAEM WALTER | BAZEL | 0:57:04 | 10,51 | 5:42 |
| 1624 | 3092 | OKKINGA KLAUS | BALEN | 0:57:08 | 10,50 | 5:43 |
| 1625 | 976 | DEHANDSCHUTTER MIET | SINT-NIKLAAS | 0:57:09 | 10,50 | 5:43 |
| 1626 | 1917 | CALLOT RENE | EKEREN | 0:57:11 | 10,49 | 5:43 |
| 1627 | 3744 | DE GROOF PHILIPPE | HERSELT | 0:57:14 | 10,48 | 5:43 |
| 1628 | 1462 | DE BARRO CONCHUR | | 0:57:15 | 10,48 | 5:44 |
| 1629 | 1649 | WHISKERD LAURA | BRUSSEL | 0:57:17 | 10,47 | 5:44 |
| 1630 | 1966 | PIRREUX MICHIEL | KESSEL-LO | 0:57:17 | 10,47 | 5:44 |
| 1631 | 3389 | REYNDERS RUDI | ZOLDER | 0:57:17 | 10,47 | 5:44 |
| 1632 | 2079 | DE ROECK ANTHONY | BRASSCHAAT | 0:57:17 | 10,47 | 5:44 |
| 1633 | 1793 | DE PRINS PETER | ZOERSEL | 0:57:18 | 10,47 | 5:44 |
| 1634 | 1614 | VOLDERS KRISTOF | HAM | 0:57:19 | 10,47 | 5:44 |
| 1635 | 1073 | DELIEN LUTGARD | WESTERLO | 0:57:19 | 10,47 | 5:44 |
| 1636 | 1429 | CELS LUC | TESSENDERLO | 0:57:20 | 10,47 | 5:44 |
| 1637 | 1244 | DRIJBOOMS STEVEN | MOL | 0:57:20 | 10,47 | 5:44 |
| 1638 | 677 | DOUMEN PATRICK | DILSEN | 0:57:21 | 10,46 | 5:44 |
| 1639 | 3275 | NOELS ANNEMIE | HAM | 0:57:22 | 10,46 | 5:44 |
| 1640 | 680 | CREMERS JOHAN | KURINGEN | 0:57:22 | 10,46 | 5:44 |
| 1641 | 1965 | CEUSTERMANS ROGER | KORBEEK-LO | 0:57:23 | 10,46 | 5:44 |
| 1642 | 568 | BRACKE BART | SCHOONAARDE | 0:57:24 | 10,45 | 5:44 |
| 1643 | 724 | BURM DRIES | WIJNEGEM | 0:57:24 | 10,45 | 5:44 |
| 1644 | 3471 | GHOOS THOMAS | TESSENDERLO | 0:57:25 | 10,45 | 5:45 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|-------------------------|----------------------|---------|-------|---------|
| 1645 | 3735 | HOES KRIS | HEVERLEE | 0:57:25 | 10,45 | 5:45 |
| 1646 | 1819 | ROGGHE HUGO | MOL | 0:57:26 | 10,45 | 5:45 |
| 1647 | 3675 | WOUTERS CELINE | TESSENDERLO | 0:57:26 | 10,45 | 5:45 |
| 1648 | 1433 | CLAES TOM | TESSENDERLO | 0:57:26 | 10,45 | 5:45 |
| 1649 | 960 | VAN VLIERBERGHE EVELIEN | NIEUWKERKEN-WAAS | 0:57:27 | 10,44 | 5:45 |
| 1650 | 747 | THYS DANIEL | KALMTHOUT | 0:57:28 | 10,44 | 5:45 |
| 1651 | 1052 | VAN GOYLEN MARIA | EMBLEM | 0:57:30 | 10,43 | 5:45 |
| 1652 | 1850 | DEPRINS DIRK | BALEN | 0:57:30 | 10,43 | 5:45 |
| 1653 | 1786 | KERSTENS ANDRE | OOSTMALLE | 0:57:31 | 10,43 | 5:45 |
| 1654 | 1334 | HAINÉ MARIE-JOSE | HEUSDEN-ZOLDER | 0:57:31 | 10,43 | 5:45 |
| 1655 | 1940 | HUBERT CONNY | GROBBENDONK | 0:57:32 | 10,43 | 5:45 |
| 1656 | 3120 | DE KEULENAER KAREN | VORST | 0:57:33 | 10,43 | 5:45 |
| 1657 | 570 | SARLET EDDY | BRUGGE | 0:57:34 | 10,42 | 5:45 |
| 1658 | 1437 | VAN DAEL ROELAND | TESSENDERLO | 0:57:34 | 10,42 | 5:45 |
| 1659 | 980 | WUYTACK BRITT | SINT-NIKLAAS | 0:57:35 | 10,42 | 5:46 |
| 1660 | 2001 | VAN ENDE MAGGIE | KESSEL-LO | 0:57:35 | 10,42 | 5:46 |
| 1661 | 669 | PEETERS PAULA | MESSELBROEK | 0:57:36 | 10,42 | 5:46 |
| 1662 | 2119 | SOEFFERS NIELS | ZOLDER | 0:57:37 | 10,41 | 5:46 |
| 1663 | 3054 | GIELEN SANJU | KOERSEL | 0:57:38 | 10,41 | 5:46 |
| 1664 | 1478 | COEKAERTS RAF | HEVERLEE | 0:57:38 | 10,41 | 5:46 |
| 1665 | 2080 | GOELMONT FRANS | ZUTENDAAL | 0:57:40 | 10,40 | 5:46 |
| 1666 | 1625 | VANHOVE BILLY | LILLE | 0:57:40 | 10,40 | 5:46 |
| 1667 | 1057 | VISSERS CONNY | BOUWEL | 0:57:40 | 10,40 | 5:46 |
| 1668 | 713 | VEREECKE JOHAN | HOLSBEEK | 0:57:41 | 10,40 | 5:46 |
| 1669 | 1803 | BIESMANS RAF | DIEST | 0:57:42 | 10,40 | 5:46 |
| 1670 | 2118 | VANDECRUYS GERD | HEUSDEN-ZOLDER | 0:57:43 | 10,40 | 5:46 |
| 1671 | 715 | GELDOF HERMAN | WILSELE | 0:57:43 | 10,40 | 5:46 |
| 1672 | 635 | DE HOUWER CARL | WESTERLO | 0:57:44 | 10,39 | 5:46 |
| 1673 | 1114 | VAN STEENVOORT LUTGARD | BRASSCHAAT | 0:57:44 | 10,39 | 5:46 |
| 1674 | 1101 | STROUVEN VALERE | HALEN | 0:57:45 | 10,39 | 5:47 |
| 1675 | 3461 | ADAMS ANNE | LANGDORP | 0:57:47 | 10,38 | 5:47 |
| 1676 | 3201 | DE MOOR LUC | SINT-KATELIJNE-WAVER | 0:57:47 | 10,38 | 5:47 |
| 1677 | 940 | VANDEBERG JO | LEUVEN | 0:57:48 | 10,38 | 5:47 |
| 1678 | 716 | LEYSSENS BART | ZOLDER | 0:57:49 | 10,38 | 5:47 |
| 1679 | 1657 | BOUDEWIJNS TIMME | BRASSCHAAT | 0:57:51 | 10,37 | 5:47 |
| 1680 | 955 | STROBBE DANNY | SINT-NIKLAAS | 0:57:51 | 10,37 | 5:47 |
| 1681 | 1807 | VAN UYTSEL CHRISTEL | MEERHOUT | 0:57:53 | 10,37 | 5:47 |
| 1682 | 673 | EECKMAN ELS | ZELE | 0:57:53 | 10,37 | 5:47 |
| 1683 | 1366 | WOUTERS LUC | HAM | 0:57:54 | 10,36 | 5:47 |
| 1684 | 634 | BOONE KATRIEN | ZELE | 0:57:55 | 10,36 | 5:47 |
| 1685 | 1562 | BLOEMEN JOHAN | HOUTHALEN | 0:57:57 | 10,35 | 5:48 |
| 1686 | 1789 | JANSSEN JOHAN | HOUTHALEN | 0:57:57 | 10,35 | 5:48 |
| 1687 | 1411 | VERHEYEN STEEVE | TESSENDERLO | 0:57:58 | 10,35 | 5:48 |
| 1688 | 1739 | ROYACKERS YVES | KAPELLEN | 0:57:59 | 10,35 | 5:48 |
| 1689 | 662 | CORNELIS ELLEN | WIJNEGEM | 0:58:00 | 10,34 | 5:48 |
| 1690 | 1710 | BOVAERTS BEA | MEERHOUT | 0:58:00 | 10,34 | 5:48 |
| 1691 | 1393 | DANIELS TANJA | DIEST | 0:58:00 | 10,34 | 5:48 |
| 1692 | 3003 | MICHIELS KURT | PAAL | 0:58:02 | 10,34 | 5:48 |
| 1693 | 642 | VERRECHT HILDE | AARTSELAAR | 0:58:02 | 10,34 | 5:48 |
| 1694 | 703 | RAMHARTER JOHAN | HERENTALS | 0:58:03 | 10,34 | 5:48 |
| 1695 | 1995 | TRAPPENIERS ELS | TERVUREN | 0:58:04 | 10,33 | 5:48 |
| 1696 | 1469 | NIJS BERT | BRASSCHAAT | 0:58:05 | 10,33 | 5:48 |
| 1697 | 1077 | CLAES PAUL | OVERPELT | 0:58:05 | 10,33 | 5:48 |
| 1698 | 3253 | BECKERS LINDA | MEERHOUT | 0:58:06 | 10,33 | 5:49 |
| 1699 | 962 | WEEMAES PATRICIA | TEMSE | 0:58:07 | 10,32 | 5:49 |
| 1700 | 963 | WALTENS MARC | TEMSE | 0:58:07 | 10,32 | 5:49 |
| 1701 | 1513 | BELLAERT MARC | KAPELLEN | 0:58:09 | 10,32 | 5:49 |
| 1702 | 957 | FOUBERT KAAT | NIEUWKERKEN-WAAS | 0:58:10 | 10,32 | 5:49 |
| 1703 | 958 | PAUWELS MONIQUE | TEMSE | 0:58:11 | 10,31 | 5:49 |
| 1704 | 1719 | HANEVELD ROGER | GENK | 0:58:12 | 10,31 | 5:49 |
| 1705 | 3726 | BRANDT MARIJKE | LEOPOLDSBURG | 0:58:13 | 10,31 | 5:49 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
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| 1706 | 1238 | VERDONCK MAY | BALEN | 0:58:13 | 10,31 | 5:49 |
| 1707 | 869 | BENIEST LUC | BRASSCHAAT | 0:58:15 | 10,30 | 5:49 |
| 1708 | 562 | SPITAELS CHRISTIANE | OOSTHAM | 0:58:17 | 10,29 | 5:50 |
| 1709 | 1038 | BRUYNINCKX CARINE | MECHELEN | 0:58:17 | 10,29 | 5:50 |
| 1710 | 817 | BRABANDERS PATRICK | ZONHOVEN | 0:58:18 | 10,29 | 5:50 |
| 1711 | 712 | CEELEN ANGELE | ACHEL | 0:58:19 | 10,29 | 5:50 |
| 1712 | 3363 | VAN GEYT ANN | DEURNE (ANTW.) | 0:58:20 | 10,29 | 5:50 |
| 1713 | 317 | REYPPENS VICKY | ZOERSEL | 0:58:20 | 10,29 | 5:50 |
| 1714 | 3365 | VERBRUGGEN WALTER | OUD-TURNHOUT | 0:58:22 | 10,28 | 5:50 |
| 1715 | 3324 | VAN SWEEVELT LARS | DIEST | 0:58:24 | 10,27 | 5:50 |
| 1716 | 3669 | VANUYTSEL PIETER | ANTWERPEN 1 | 0:58:24 | 10,27 | 5:50 |
| 1717 | 3427 | ERBINO STALVIO | PAAL | 0:58:24 | 10,27 | 5:50 |
| 1718 | 1790 | LEMMENS TIJS | PAAL | 0:58:25 | 10,27 | 5:50 |
| 1719 | 1992 | VOETS RIA | KORTESSEM | 0:58:27 | 10,27 | 5:51 |
| 1720 | 2093 | CABAY CHRISTELLE | SCHAERBEEK | 0:58:28 | 10,26 | 5:51 |
| 1721 | 606 | CELIS CATHERINE | LUMMEN | 0:58:28 | 10,26 | 5:51 |
| 1722 | 1276 | BRIES VIVIANE | TESSENDERLO | 0:58:29 | 10,26 | 5:51 |
| 1723 | 754 | CLAES BEN | BEVERLO | 0:58:30 | 10,26 | 5:51 |
| 1724 | 3377 | HUYERS BEA | HASSELT | 0:58:31 | 10,25 | 5:51 |
| 1725 | 3191 | SMETS ANNELEEN | LAAKDAL | 0:58:32 | 10,25 | 5:51 |
| 1726 | 3316 | VAN AEKEN MICHEL | PAAL | 0:58:34 | 10,24 | 5:51 |
| 1727 | 674 | KESTELEYN EMMA | ZELE | 0:58:35 | 10,24 | 5:52 |
| 1728 | 2036 | SCHEERENS FRAN | BOOISCHOT | 0:58:36 | 10,24 | 5:52 |
| 1729 | 1647 | HEYRMAN KURT | BURCHT | 0:58:36 | 10,24 | 5:52 |
| 1730 | 1665 | BAUWENS GERT | ZELEM | 0:58:37 | 10,24 | 5:52 |
| 1731 | 3400 | VERBOVEN ROBBY | TURNHOUT | 0:58:38 | 10,23 | 5:52 |
| 1732 | 3399 | VERBOVEN CHENDO | TESSENDERLO | 0:58:38 | 10,23 | 5:52 |
| 1733 | 843 | GOEMAN DAVY | BALEN | 0:58:38 | 10,23 | 5:52 |
| 1734 | 3685 | JACOBS CHRISTEL | WUUSTWEZEL | 0:58:39 | 10,23 | 5:52 |
| 1735 | 1142 | AERTS MARC | HOOGSTRATEN | 0:58:40 | 10,23 | 5:52 |
| 1736 | 1617 | BOCKEN CHRISTIAAN | DEURNE | 0:58:41 | 10,22 | 5:52 |
| 1737 | 3086 | PLUYMERS RUBEN | ORDINGEN | 0:58:42 | 10,22 | 5:52 |
| 1738 | 1224 | GOETSCHALCKX RIT | MOL | 0:58:42 | 10,22 | 5:52 |
| 1739 | 1845 | DE STAELEN KOEN | LOMMEL | 0:58:43 | 10,22 | 5:52 |
| 1740 | 2033 | VAN CHETHOVEN CHARLO | WILRIJK | 0:58:43 | 10,22 | 5:52 |
| 1741 | 516 | WECKX PETER | LOMMEL | 0:58:43 | 10,22 | 5:52 |
| 1742 | 1822 | DE RAEDT WIM | GEETBETS | 0:58:44 | 10,22 | 5:52 |
| 1743 | 1618 | GEYSKENS KEVIN | MEERHOOK | 0:58:45 | 10,21 | 5:53 |
| 1744 | 2125 | VAN MEEMSEL TONY | HEIST OP DEN BERG | 0:58:45 | 10,21 | 5:53 |
| 1745 | 1926 | CROLS KARLA | BERCHEM | 0:58:46 | 10,21 | 5:53 |
| 1746 | 3141 | GEENEN LIEVE | BALEN | 0:58:47 | 10,21 | 5:53 |
| 1747 | 1907 | MESKENS PATRICK | SCHOTEN | 0:58:47 | 10,21 | 5:53 |
| 1748 | 2101 | DULLERS ANGI | KERMT | 0:58:48 | 10,20 | 5:53 |
| 1749 | 1920 | VOS JOCHEM | PAAL | 0:58:48 | 10,20 | 5:53 |
| 1750 | 1691 | DEGROOT RONALD | DUISBURG | 0:58:49 | 10,20 | 5:53 |
| 1751 | 1189 | POPPE KATLEEN | EKEREN (ANTW.) | 0:58:49 | 10,20 | 5:53 |
| 1752 | 799 | VERHEYDEN KIRSTEN | LILLE | 0:58:50 | 10,20 | 5:53 |
| 1753 | 618 | GODDEFROY GERT | HOBOKEN | 0:58:51 | 10,20 | 5:53 |
| 1754 | 3289 | PAUWELS PATRICK | | 0:58:52 | 10,19 | 5:53 |
| 1755 | 1582 | POELS TIM | HERENT | 0:58:52 | 10,19 | 5:53 |
| 1756 | 612 | LAMBRECHTS NIC | GIERLE | 0:58:54 | 10,19 | 5:53 |
| 1757 | 1016 | BLEUX CINDY | KOERSEL | 0:58:54 | 10,19 | 5:53 |
| 1758 | 3724 | VOLDERS PHILIPPE | DIEST | 0:58:55 | 10,18 | 5:53 |
| 1759 | 567 | BOGAERTS ANN | BERCHEM | 0:58:56 | 10,18 | 5:54 |
| 1760 | 1080 | MANGELSCHOTS INGRID | HEPPEN | 0:58:56 | 10,18 | 5:54 |
| 1761 | 998 | PLAS PETER | BEVERLO | 0:58:57 | 10,18 | 5:54 |
| 1762 | 1979 | VAN LOOY JEF | BOUWEL | 0:58:57 | 10,18 | 5:54 |
| 1763 | 3301 | BOSMANS LUCIENNE | HAM | 0:58:58 | 10,18 | 5:54 |
| 1764 | 2112 | | | 0:58:58 | 10,18 | 5:54 |
| 1765 | 1194 | VAN OVERVELT CHANTAL | EKEREN (ANTW.) | 0:59:00 | 10,17 | 5:54 |
| 1766 | 1817 | TAELS ALEX | PAAL-BERINGEN | 0:59:01 | 10,17 | 5:54 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
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| 1767 | 3135 | VAN DE VELDE JOCHEN | TESSENDERLO | 0:59:02 | 10,16 | 5:54 |
| 1768 | 1734 | GEERAERTS CARL | ZANDVLIET | 0:59:02 | 10,16 | 5:54 |
| 1769 | 3179 | PELCKMANS LEO | KASTERLEE | 0:59:03 | 10,16 | 5:54 |
| 1770 | 827 | CEUNEN PATRICK | HERENTALS | 0:59:03 | 10,16 | 5:54 |
| 1771 | 832 | VERBOVEN PATRICK | BALEN | 0:59:04 | 10,16 | 5:54 |
| 1772 | 2029 | JANSEN KAROLIEN | LOMMEL | 0:59:05 | 10,16 | 5:54 |
| 1773 | 1914 | HENIN BEN | EKEREN | 0:59:06 | 10,15 | 5:55 |
| 1774 | 1395 | CEUSTERMANS PETRA | TESSENDERLO | 0:59:07 | 10,15 | 5:55 |
| 1775 | 1329 | VERHAEGEN CARLA | BETEKOM | 0:59:09 | 10,14 | 5:55 |
| 1776 | 2109 | VERDEYEN MARC | SCHERPENHEUVEL | 0:59:10 | 10,14 | 5:55 |
| 1777 | 1636 | GIELENS WILLY | STERREBEEK | 0:59:10 | 10,14 | 5:55 |
| 1778 | 2113 | BOONEN TANJA | OLMEN | 0:59:11 | 10,14 | 5:55 |
| 1779 | 3376 | PORIAU HUBERT | LIER | 0:59:13 | 10,13 | 5:55 |
| 1780 | 2030 | VAN GOOL JAN | LOMMEL | 0:59:13 | 10,13 | 5:55 |
| 1781 | 1802 | BOLLEN PATRICK | TESSENDERLO | 0:59:14 | 10,13 | 5:55 |
| 1782 | 1015 | VAN DEN BROEK VICKY | TESSENDERLO | 0:59:14 | 10,13 | 5:55 |
| 1783 | 3689 | MEULEMANS LUC | TESSENDERLO | 0:59:15 | 10,13 | 5:55 |
| 1784 | 3087 | VANOTTERDIJK KEVIN | KERMT | 0:59:17 | 10,12 | 5:56 |
| 1785 | 1806 | SCHERPS MARIO | HAM | 0:59:17 | 10,12 | 5:56 |
| 1786 | 1500 | NICASY SIEL | WESTERLO | 0:59:18 | 10,12 | 5:56 |
| 1787 | 3405 | GIELEN HARRY | TESSENDERLO | 0:59:19 | 10,12 | 5:56 |
| 1788 | 3073 | CAMPS JELLE | PEER | 0:59:19 | 10,12 | 5:56 |
| 1789 | 3252 | VAN WICHELEN MONIKA | AARSCHOT | 0:59:20 | 10,11 | 5:56 |
| 1790 | 3077 | DE LAET BART | LINT | 0:59:21 | 10,11 | 5:56 |
| 1791 | 1343 | CLAES GREET | LUMMEN | 0:59:21 | 10,11 | 5:56 |
| 1792 | 690 | FERNANDEZ-SUAREZ CARLOS | RILLAAR | 0:59:22 | 10,11 | 5:56 |
| 1793 | 3260 | PAULUS RONAN | HERK-DE-STAD | 0:59:23 | 10,10 | 5:56 |
| 1794 | 1733 | MEEUWISSEN CHRISTOPHE | HAMONT | 0:59:24 | 10,10 | 5:56 |
| 1795 | 3251 | HUIJS WILLEM | AARSCHOT | 0:59:24 | 10,10 | 5:56 |
| 1796 | 1025 | SCHUURMAN EDDY | BERCHEM (ANTW.) | 0:59:26 | 10,10 | 5:57 |
| 1797 | 995 | DE GROOF FRED | LANGDORP | 0:59:27 | 10,09 | 5:57 |
| 1798 | 1741 | BLYWEERT GUIDO | BURCHT-ZWIJNDRECHT | 0:59:28 | 10,09 | 5:57 |
| 1799 | 1568 | PUT STEVEN | DIEST | 0:59:28 | 10,09 | 5:57 |
| 1800 | 1099 | DE HERTOOGH PATRICK | ZOERSEL | 0:59:29 | 10,09 | 5:57 |
| 1801 | 3673 | HANOT WIES | HASSELT | 0:59:30 | 10,08 | 5:57 |
| 1802 | 1290 | JAREMKO LINDA | TESSENDERLO | 0:59:30 | 10,08 | 5:57 |
| 1803 | 1650 | VAN DRIESSCHE DOMINIQUE | ZWIJNDRECHT | 0:59:30 | 10,08 | 5:57 |
| 1804 | 1183 | COLMAN ANNE | ZWIJNDRECHT | 0:59:31 | 10,08 | 5:57 |
| 1805 | 1797 | BRAMS MARLEEN | ZUTENDAAL | 0:59:32 | 10,08 | 5:57 |
| 1806 | 649 | PLACIN KENNY | HAM | 0:59:32 | 10,08 | 5:57 |
| 1807 | 574 | KENENS GREET | TESSENDERLO | 0:59:33 | 10,08 | 5:57 |
| 1808 | 3723 | DRIJKONINGEN JEROEN | MOLENSTEDE | 0:59:33 | 10,08 | 5:57 |
| 1809 | 2046 | VRANKEN PATRICIA | ZUTENDAAL | 0:59:34 | 10,07 | 5:57 |
| 1810 | 1218 | BIENKOWSKI YVONNE | MOL | 0:59:35 | 10,07 | 5:58 |
| 1811 | 986 | DOUMEN ANNELEEN | GROTE-BROGEL | 0:59:35 | 10,07 | 5:58 |
| 1812 | 1692 | BEYLEMANS EDDY | HEIST-OP-DEN-BERG | 0:59:35 | 10,07 | 5:58 |
| 1813 | 1223 | GEUENS SONJA | MOL | 0:59:36 | 10,07 | 5:58 |
| 1814 | 2075 | STOFFELS FRANK | EKEREN | 0:59:37 | 10,06 | 5:58 |
| 1815 | 3063 | DANEELS LOUIS | LAAKDAL | 0:59:38 | 10,06 | 5:58 |
| 1816 | 3002 | VANDOREN KATJA | PAAL | 0:59:38 | 10,06 | 5:58 |
| 1817 | 1054 | HUYSMANS CARL | WILLEBROEK | 0:59:38 | 10,06 | 5:58 |
| 1818 | 3473 | VANTHIENEN IRIS | HEPPEN | 0:59:39 | 10,06 | 5:58 |
| 1819 | 1906 | GODELAINE KURT | TESSENDERLO | 0:59:41 | 10,05 | 5:58 |
| 1820 | 1851 | LUYTEN GUIDO | LAAKDAL | 0:59:41 | 10,05 | 5:58 |
| 1821 | 1299 | PEETERS GERT | LAAKDAL | 0:59:42 | 10,05 | 5:58 |
| 1822 | 1465 | AIT MOUSSA HABIBA | TESSENDERLO | 0:59:42 | 10,05 | 5:58 |
| 1823 | 3152 | HERMANS MARTINE | STOKROOIE | 0:59:43 | 10,05 | 5:58 |
| 1824 | 911 | ACHTEN WOUT | LUMMEN | 0:59:43 | 10,05 | 5:58 |
| 1825 | 3154 | NAUMANN ELLY | STOKROOIE | 0:59:44 | 10,04 | 5:58 |
| 1826 | 966 | BAUWENS CHRISTINE | BELSELE | 0:59:45 | 10,04 | 5:58 |
| 1827 | 1905 | GODELAINE LUC | TESSENDERLO | 0:59:45 | 10,04 | 5:58 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
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| 1828 | 1161 | CAERTS ANDY | HEPPEN | 0:59:45 | 10,04 | 5:58 |
| 1829 | 1923 | D'HAEN KEVIN | NIEUWERKERKEN | 0:59:48 | 10,03 | 5:59 |
| 1830 | 3153 | MARTENS ANNEMIE | KURINGEN | 0:59:48 | 10,03 | 5:59 |
| 1831 | 897 | CURINCKX TINY | BALEN | 0:59:48 | 10,03 | 5:59 |
| 1832 | 753 | TEMMERMAN ELS | ZELE | 0:59:51 | 10,03 | 5:59 |
| 1833 | 1601 | HUYBREGTS FRANKY | DIEST | 0:59:51 | 10,03 | 5:59 |
| 1834 | 1730 | VAN EYKEN AN | BALEN | 0:59:51 | 10,03 | 5:59 |
| 1835 | 740 | GOVAERTS SUS | LICHTAART | 0:59:53 | 10,02 | 5:59 |
| 1836 | 3091 | LEROY OLIVIER | MARQUAIN | 0:59:53 | 10,02 | 5:59 |
| 1837 | 862 | GYS JO | SCHELLE | 0:59:53 | 10,02 | 5:59 |
| 1838 | 1765 | DE CLOPPER ANNICK | ZELE | 0:59:53 | 10,02 | 5:59 |
| 1839 | 3697 | SALFO LUANA | HECHTEL | 0:59:55 | 10,01 | 6:00 |
| 1840 | 1277 | COOMANS WILFRIED | BALEN | 0:59:55 | 10,01 | 6:00 |
| 1841 | 3331 | AERTS RUDY | HERENTHOUT | 0:59:55 | 10,01 | 6:00 |
| 1842 | 2032 | STRUYFS LUK | GEEL | 0:59:56 | 10,01 | 6:00 |
| 1843 | 1874 | JANSSEN PATRICK | HECHTEL | 0:59:57 | 10,01 | 6:00 |
| 1844 | 3261 | PAULUS ROMAIN | HERK-DE-STAD | 0:59:58 | 10,01 | 6:00 |
| 1845 | 1904 | ROOVERS DAPHNE | HAM | 0:59:58 | 10,01 | 6:00 |
| 1846 | 3684 | VERVOORT LEO | SCHOTEN | 1:00:01 | 10,00 | 6:00 |
| 1847 | 1715 | EYKMANS LEEN | GEEL | 1:00:02 | 9,99 | 6:00 |
| 1848 | 1093 | BLEYWEERT LOES | HELCHTEREN | 1:00:05 | 9,99 | 6:01 |
| 1849 | 2078 | EVENS HILDE | BREE | 1:00:05 | 9,99 | 6:01 |
| 1850 | 2117 | VANCAYZEELE STEFAN | DUFFEL | 1:00:06 | 9,98 | 6:01 |
| 1851 | 959 | PIESSENS MIREILLE | SINT-NIKLAAS | 1:00:07 | 9,98 | 6:01 |
| 1852 | 1546 | CLAES ANN | ZONHOVEN | 1:00:08 | 9,98 | 6:01 |
| 1853 | 1406 | VAN BAEL PETRA | VEERLE | 1:00:08 | 9,98 | 6:01 |
| 1854 | 3433 | VANDERVEKEN JAN | TESSENDERLO | 1:00:08 | 9,98 | 6:01 |
| 1855 | 1405 | MERTENS KRISTOF | VEERLE | 1:00:10 | 9,97 | 6:01 |
| 1856 | 1196 | DETHAL MARCELINE | ANTWERPEN 5 | 1:00:11 | 9,97 | 6:01 |
| 1857 | 762 | BEYLEMANS LUC | HERENTALS | 1:00:11 | 9,97 | 6:01 |
| 1858 | 3315 | BRYN FREYA | TESSENDERLO | 1:00:12 | 9,97 | 6:01 |
| 1859 | 1573 | GEERINKX IGOR | GEEL | 1:00:12 | 9,97 | 6:01 |
| 1860 | 3200 | POELS ILSE | TESSENDERLO | 1:00:13 | 9,96 | 6:01 |
| 1861 | 3219 | CRAS ELISE | VEERLE | 1:00:13 | 9,96 | 6:01 |
| 1862 | 3486 | POELS VIVIANE | LICHTAART | 1:00:14 | 9,96 | 6:01 |
| 1863 | 3131 | KAERTS PATRICK | GENK | 1:00:15 | 9,96 | 6:01 |
| 1864 | 3065 | DAMS ANNIE | HAM | 1:00:16 | 9,96 | 6:02 |
| 1865 | 994 | JANSSENS SABINE | MOL | 1:00:16 | 9,96 | 6:02 |
| 1866 | 738 | KWINT LOES | HOVE | 1:00:17 | 9,95 | 6:02 |
| 1867 | 728 | VANDERHEYDEN MARC | HOUTHALEN | 1:00:18 | 9,95 | 6:02 |
| 1868 | 2065 | SCHEIRS PETER | WAASMUNSTER | 1:00:18 | 9,95 | 6:02 |
| 1869 | 1247 | GEERTS LOUIS | LAAKDAL | 1:00:20 | 9,94 | 6:02 |
| 1870 | 3115 | THIJS RONNY | HEPPEN | 1:00:21 | 9,94 | 6:02 |
| 1871 | 569 | WOLFS RUTH | LUMMEN | 1:00:21 | 9,94 | 6:02 |
| 1872 | 659 | VERSTRAETEN KIM | EINDHOUT | 1:00:22 | 9,94 | 6:02 |
| 1873 | 2116 | MARIS MARC | PUTTE | 1:00:27 | 9,93 | 6:03 |
| 1874 | 1272 | BOGAERTS CHRIS | MEERHOUT | 1:00:27 | 9,93 | 6:03 |
| 1875 | 3040 | PAUWELS FILIP | DIEST | 1:00:29 | 9,92 | 6:03 |
| 1876 | 1435 | PICHAL GUY | TESSENDERLO | 1:00:29 | 9,92 | 6:03 |
| 1877 | 3356 | VERHOEVEN STEFAAN | WOMMELGEM | 1:00:31 | 9,91 | 6:03 |
| 1878 | 1523 | JANSSEN MIEKE | KESSEL-LO | 1:00:33 | 9,91 | 6:03 |
| 1879 | 3764 | GEENEN KATO | GENT | 1:00:34 | 9,91 | 6:03 |
| 1880 | 3762 | VAN ROIE EVELIEN | LANGDORP | 1:00:35 | 9,90 | 6:03 |
| 1881 | 829 | SIRKO MARIKA | BINCHE | 1:00:36 | 9,90 | 6:04 |
| 1882 | 1383 | HENDRICKX DIANE | MEERHOUT | 1:00:37 | 9,90 | 6:04 |
| 1883 | 833 | MICHIELS JAN | LUMMEN | 1:00:39 | 9,89 | 6:04 |
| 1884 | 1403 | MONDELAERS ILSE | TESSENDERLO | 1:00:39 | 9,89 | 6:04 |
| 1885 | 1876 | CRYN MARTIEN | MERKSEM | 1:00:40 | 9,89 | 6:04 |
| 1886 | 1282 | DE WIT ROB | TESSENDERLO | 1:00:41 | 9,89 | 6:04 |
| 1887 | 2039 | DE KEYSER MIA | GENK | 1:00:42 | 9,88 | 6:04 |
| 1888 | 991 | GEUBBELMANS ROSITA | LOMMEL | 1:00:42 | 9,88 | 6:04 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|-----------------------|---------|------|---------|
| 1889 | 1875 | BEECKMAN DIRK | MERKSEM | 1:00:43 | 9,88 | 6:04 |
| 1890 | 3720 | VERBRUGGEN MAGGY | LAAKDAL | 1:00:44 | 9,88 | 6:04 |
| 1891 | 1062 | DE BOCK DOMINIQUE | EDEGEM | 1:00:45 | 9,88 | 6:04 |
| 1892 | 3130 | BERVOETS MANOLA | TESSENDERLO | 1:00:46 | 9,87 | 6:05 |
| 1893 | 3708 | STEVENS BART | KESSEL-LO | 1:00:46 | 9,87 | 6:05 |
| 1894 | 2111 | GIELIS LEENTJE | WESTERLO | 1:00:48 | 9,87 | 6:05 |
| 1895 | 3233 | FILLEE BRECHT | TESSENDERLO | 1:00:49 | 9,87 | 6:05 |
| 1896 | 970 | DE WILDE PAUL | TEMSE | 1:00:51 | 9,86 | 6:05 |
| 1897 | 1294 | LEYS CHRIS | MEERHOUT | 1:00:51 | 9,86 | 6:05 |
| 1898 | 809 | MATTHIJSSSENS MONIQUE | BRASSCHAAT | 1:00:51 | 9,86 | 6:05 |
| 1899 | 917 | DE BACKER KARIN | BRASSCHAAT | 1:00:52 | 9,86 | 6:05 |
| 1900 | 3137 | BOS EMIEL | VORST (KEMPEN) | 1:00:53 | 9,85 | 6:05 |
| 1901 | 1505 | KUPPENS GUIDO | TESSENDERLO | 1:00:54 | 9,85 | 6:05 |
| 1902 | 1394 | TAEELS MARIA | TESSENDERLO | 1:00:54 | 9,85 | 6:05 |
| 1903 | 1309 | SNOKS ERWIN | ZOLDER | 1:00:54 | 9,85 | 6:05 |
| 1904 | 1634 | JACOBS VICTOR | KESSEL-LO | 1:00:56 | 9,85 | 6:06 |
| 1905 | 1171 | WELLENS SONJA | HERENT | 1:00:57 | 9,84 | 6:06 |
| 1906 | 3326 | BACKX DIETER | DIEST | 1:00:57 | 9,84 | 6:06 |
| 1907 | 675 | DE VOCHT MARLEEN | TIELEN | 1:00:58 | 9,84 | 6:06 |
| 1908 | 1300 | PENASSE ELS | KOERSEL | 1:01:00 | 9,84 | 6:06 |
| 1909 | 1900 | PUT MARC | TESSENDERLO | 1:01:03 | 9,83 | 6:06 |
| 1910 | 2069 | EXELMANS DIRK | RAVELS | 1:01:03 | 9,83 | 6:06 |
| 1911 | 1274 | BRANDERS NICK | RILLAAR | 1:01:03 | 9,83 | 6:06 |
| 1912 | 807 | JACOBS ILSE | KINROOI | 1:01:04 | 9,83 | 6:06 |
| 1913 | 2114 | HERMANS SUZANNE | TIELEN | 1:01:07 | 9,82 | 6:07 |
| 1914 | 3701 | VANDEBRIL MIET | HAM | 1:01:08 | 9,81 | 6:07 |
| 1915 | 1753 | DE LEY WILLIAM | MORTSEL | 1:01:09 | 9,81 | 6:07 |
| 1916 | 3215 | WOUTERS LUCIENNE | WESTERLO-VOORTKAPEL | 1:01:10 | 9,81 | 6:07 |
| 1917 | 1503 | LEMMENS JAN | DIEST | 1:01:15 | 9,80 | 6:07 |
| 1918 | 2110 | VAN DE CRUYS RIA | WESTERLO | 1:01:16 | 9,79 | 6:08 |
| 1919 | 3082 | HENCKENS PETER | LEOPOLDSBURG | 1:01:16 | 9,79 | 6:08 |
| 1920 | 3081 | GILLEIR TIMMY | TESSENDERLO | 1:01:17 | 9,79 | 6:08 |
| 1921 | 1504 | LEMMENS ELIEN | DIEST | 1:01:17 | 9,79 | 6:08 |
| 1922 | 3072 | BANGELS JOS | NIEUWERKERKEN (LIMB.) | 1:01:18 | 9,79 | 6:08 |
| 1923 | 748 | THYS JOACHIM | KALMTHOUT | 1:01:19 | 9,79 | 6:08 |
| 1924 | 3132 | VANHOREBEEK SOFIE | TESSENDERLO | 1:01:20 | 9,78 | 6:08 |
| 1925 | 518 | VERHAVERT JAN | MELSELE | 1:01:20 | 9,78 | 6:08 |
| 1926 | 978 | VAN CLEEMPUT SVEN | SINT-NIKLAAS | 1:01:22 | 9,78 | 6:08 |
| 1927 | 3381 | LUYTS YANNICK | TESSENDERLO | 1:01:22 | 9,78 | 6:08 |
| 1928 | 3102 | MOMMAERT HEIDI | TESSENDERLO | 1:01:22 | 9,78 | 6:08 |
| 1929 | 3691 | VANDEREYCKEN NICOLAS | TESSENDERLO | 1:01:24 | 9,77 | 6:08 |
| 1930 | 3382 | DUPLESIS RAINER | TESSENDERLO | 1:01:25 | 9,77 | 6:08 |
| 1931 | 3021 | ESTENBERGH CHRISTINE | TESSENDERLO | 1:01:26 | 9,77 | 6:09 |
| 1932 | 2076 | VAN LOON PATRICK | EKEREN | 1:01:26 | 9,77 | 6:09 |
| 1933 | 969 | PEELMAN RITA | NIEUWERKERKEN-WAAS | 1:01:27 | 9,76 | 6:09 |
| 1934 | 1103 | VANASSCHE MAARTEN | LIER | 1:01:29 | 9,76 | 6:09 |
| 1935 | 996 | VERBEECK MARC | HOVE | 1:01:29 | 9,76 | 6:09 |
| 1936 | 1110 | WOUTERS AN | LIER | 1:01:29 | 9,76 | 6:09 |
| 1937 | 1136 | VAN BAEKEL KAREL | TESSENDERLO | 1:01:30 | 9,76 | 6:09 |
| 1938 | 964 | VAN CLEEMPUT ROLAND | SINT-NIKLAAS | 1:01:31 | 9,75 | 6:09 |
| 1939 | 977 | VAN CLEEMPUT PATRICK | SINT-NIKLAAS | 1:01:32 | 9,75 | 6:09 |
| 1940 | 981 | VERBRUGGEN RENA | KRUIBEKE | 1:01:33 | 9,75 | 6:09 |
| 1941 | 3026 | JANSEN LIESBETH | TESSENDERLO | 1:01:33 | 9,75 | 6:09 |
| 1942 | 1408 | WILLEMS SARAH | TESSENDERLO | 1:01:34 | 9,75 | 6:09 |
| 1943 | 1949 | STERCKX ROZETTE | | 1:01:36 | 9,74 | 6:10 |
| 1944 | 1954 | JANSSSENS PETER | HAM | 1:01:36 | 9,74 | 6:10 |
| 1945 | 194 | VANDEWEYER PATRICK | DIEPENBEEK | 1:01:37 | 9,74 | 6:10 |
| 1946 | 979 | VERMEULEN LIZZIE | SINT-NIKLAAS | 1:01:37 | 9,74 | 6:10 |
| 1947 | 195 | DE RAEDT KATRIEN | DIEPENBEEK | 1:01:38 | 9,73 | 6:10 |
| 1948 | 3117 | JACOBS NATHALIE | KASTERLEE | 1:01:40 | 9,73 | 6:10 |
| 1949 | 2061 | HUYSMANS ELLY | MOL | 1:01:40 | 9,73 | 6:10 |

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|------|------|----------------------|------------------|---------|------|---------|
| 1950 | 667 | DELVAUX LIES | OLEN | 1:01:41 | 9,73 | 6:10 |
| 1951 | 1858 | KRAMPILTZ WERNER | HAM | 1:01:41 | 9,73 | 6:10 |
| 1952 | 3447 | VANDECRUYS PAUL | VORST (KEMPEN) | 1:01:42 | 9,72 | 6:10 |
| 1953 | 1417 | PEETERS ELINE | TONGERLO (ANTW.) | 1:01:45 | 9,72 | 6:10 |
| 1954 | 3416 | ALENTEYNS SANDRA | PAAL | 1:01:46 | 9,71 | 6:11 |
| 1955 | 1358 | REDIERS ELS | PAAL | 1:01:46 | 9,71 | 6:11 |
| 1956 | 3064 | WILMS LILIANE | LAAKDAL | 1:01:48 | 9,71 | 6:11 |
| 1957 | 2086 | MAES RINA | VEERLE-LAAKDAL | 1:01:48 | 9,71 | 6:11 |
| 1958 | 3007 | ILIAENS FRANK | ALKEN | 1:01:48 | 9,71 | 6:11 |
| 1959 | 1924 | CLAES STEVE | HEUSDAM-ZOLDER | 1:01:49 | 9,71 | 6:11 |
| 1960 | 3232 | MERTENS MARLEEN | TESSENDERLO | 1:01:49 | 9,71 | 6:11 |
| 1961 | 3300 | FONTEYN NATHALIE | GEEL | 1:01:51 | 9,70 | 6:11 |
| 1962 | 3422 | DE KEULENAER DIRK | NIJLEN | 1:01:51 | 9,70 | 6:11 |
| 1963 | 1118 | DONVIL MARCEL | KAPELLEN (ANTW.) | 1:01:51 | 9,70 | 6:11 |
| 1964 | 3299 | RENARD YANNICK | HOBOKEN | 1:01:53 | 9,70 | 6:11 |
| 1965 | 3694 | SWIJNS PEGGY | ZOLDER | 1:01:54 | 9,69 | 6:11 |
| 1966 | 2019 | WILLEMS VEERLE | BILZEN | 1:01:57 | 9,69 | 6:12 |
| 1967 | 1775 | WILLEMS CHRISTEL | BILZEN | 1:01:58 | 9,68 | 6:12 |
| 1968 | 3231 | LAVRYSEN SETH | GEEL | 1:01:59 | 9,68 | 6:12 |
| 1969 | 767 | BAELEN WENDY | PAAL | 1:02:00 | 9,68 | 6:12 |
| 1970 | 953 | HEYNDRIKX ALFONS | SINT-NIKLAAS | 1:02:00 | 9,68 | 6:12 |
| 1971 | 1509 | ALENTEYNS HANS | PAAL | 1:02:00 | 9,68 | 6:12 |
| 1972 | 1508 | WILLEMS SVEN | DEURNE-DIEST | 1:02:03 | 9,67 | 6:12 |
| 1973 | 607 | OP DE KAMP BERTRAND | MAASEIK | 1:02:03 | 9,67 | 6:12 |
| 1974 | 1736 | RACHIDA AARAB | ANTWERPEN | 1:02:04 | 9,67 | 6:12 |
| 1975 | 1771 | MERTENS KARINE | WESTMALLE | 1:02:05 | 9,66 | 6:13 |
| 1976 | 1770 | VERMEULEN PIERRE | WESTMALLE | 1:02:06 | 9,66 | 6:13 |
| 1977 | 951 | VERDURMEN ANNE-MARIE | DEURNE (ANTW.) | 1:02:08 | 9,66 | 6:13 |
| 1978 | 587 | VERBERT CINDY | BOOM | 1:02:09 | 9,65 | 6:13 |
| 1979 | 1680 | HOORELBEKE WILLEM | ROTSELAAR | 1:02:09 | 9,65 | 6:13 |
| 1980 | 1193 | JACOBS GLENN | EKEREN (ANTW.) | 1:02:11 | 9,65 | 6:13 |
| 1981 | 3690 | WITTERS TIM | ZONHOVEN | 1:02:13 | 9,64 | 6:13 |
| 1982 | 3321 | EL MERROUNI MARIAM | ZELEM | 1:02:15 | 9,64 | 6:14 |
| 1983 | 935 | VAREMAN MARLEEN | GRIMBERGEN | 1:02:16 | 9,64 | 6:14 |
| 1984 | 1470 | JENNIS SUZY | HERENTHOUT | 1:02:18 | 9,63 | 6:14 |
| 1985 | 3025 | VANHERLE IRENE | TESSENDERLO | 1:02:19 | 9,63 | 6:14 |
| 1986 | 2077 | BROOS RUDI | KAPELLEN | 1:02:21 | 9,62 | 6:14 |
| 1987 | 1780 | BUYS BENJAMIN | DEURNE-DIEST | 1:02:22 | 9,62 | 6:14 |
| 1988 | 1816 | RIKKERS RIK | MELSELE | 1:02:23 | 9,62 | 6:14 |
| 1989 | 3187 | PEETERS LINDA | LAAKDAL | 1:02:23 | 9,62 | 6:14 |
| 1990 | 1368 | VANDEN POEL BEA | DEURNE-DIEST | 1:02:23 | 9,62 | 6:14 |
| 1991 | 1140 | AERTS BERT | WORTEL | 1:02:28 | 9,61 | 6:15 |
| 1992 | 1711 | MELOTTE ROLAND | AS | 1:02:30 | 9,60 | 6:15 |
| 1993 | 1022 | VANBERGEN PEGGY | TESSENDERLO | 1:02:31 | 9,60 | 6:15 |
| 1994 | 3198 | SCHEERENS MYRIAM | HOUTVENNE | 1:02:31 | 9,60 | 6:15 |
| 1995 | 1021 | VOLCKAERT DIDIER | TESSENDERLO | 1:02:33 | 9,59 | 6:15 |
| 1996 | 1862 | SIMON PATRICIA | LEUVEN | 1:02:35 | 9,59 | 6:15 |
| 1997 | 2002 | KNOOPS NORBERT | BOUTERSEM | 1:02:37 | 9,58 | 6:16 |
| 1998 | 3127 | RUTTEN HILDE | HAM | 1:02:39 | 9,58 | 6:16 |
| 1999 | 1044 | VERHEYEN INGRID | BRASSCHAAT | 1:02:40 | 9,57 | 6:16 |
| 2000 | 741 | HOUBEN CHRISTEL | DILSEN | 1:02:41 | 9,57 | 6:16 |
| 2001 | 1191 | WUYTS LUCIEN | KAPELLEN (ANTW.) | 1:02:41 | 9,57 | 6:16 |
| 2002 | 3419 | AERTS ANIK | MOL | 1:02:43 | 9,57 | 6:16 |
| 2003 | 3122 | SMEETS CHRISTEL | ROTEM | 1:02:43 | 9,57 | 6:16 |
| 2004 | 1553 | TAMBEUR KURT | DIEST | 1:02:44 | 9,56 | 6:16 |
| 2005 | 1866 | ELSEN ISABELLE | HALEN | 1:02:46 | 9,56 | 6:17 |
| 2006 | 3418 | BAETEN KATRIEN | LAAKDAL | 1:02:47 | 9,56 | 6:17 |
| 2007 | 1642 | JANS LILIANE | ZOLDER | 1:02:48 | 9,55 | 6:17 |
| 2008 | 1955 | NKAYILU ULANDO | DESSEL | 1:02:48 | 9,55 | 6:17 |
| 2009 | 3319 | CLAES BART | AVERBODE | 1:02:49 | 9,55 | 6:17 |
| 2010 | 3320 | CELIS JIMMY | AVERBODE | 1:02:49 | 9,55 | 6:17 |

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|------|------|-----------------------|----------------------|---------|------|---------|
| 2011 | 1834 | BRIELS JOSEE | ZONHOVEN | 1:02:51 | 9,55 | 6:17 |
| 2012 | 3042 | REYNDERS CAROLE | TESSENDERLO | 1:02:52 | 9,54 | 6:17 |
| 2013 | 1313 | VAN AELST DANIELLE | LAAKDAL | 1:02:57 | 9,53 | 6:18 |
| 2014 | 651 | GOOSSENS NICK | ANTWERPEN 1 | 1:02:58 | 9,53 | 6:18 |
| 2015 | 1859 | JOLLE JOHN | BERINGEN | 1:02:58 | 9,53 | 6:18 |
| 2016 | 1811 | LEURS PATRICK | LUMMEN | 1:02:59 | 9,53 | 6:18 |
| 2017 | 1575 | MAES JOKE | KURINGEN | 1:03:01 | 9,52 | 6:18 |
| 2018 | 1987 | VATTEROTH EILARD | MOL | 1:03:02 | 9,52 | 6:18 |
| 2019 | 1912 | LAUWERIJNS NATHALIE | MERKSEM | 1:03:02 | 9,52 | 6:18 |
| 2020 | 1986 | TASSENS ANN | MOL | 1:03:03 | 9,52 | 6:18 |
| 2021 | 1682 | EVERAERT ROBERT | BERCHEM | 1:03:03 | 9,52 | 6:18 |
| 2022 | 2121 | SAS BRUNO | HERENT | 1:03:05 | 9,51 | 6:18 |
| 2023 | 1241 | BERGHMANS ISIDOOR | MOL | 1:03:07 | 9,51 | 6:19 |
| 2024 | 1028 | VAN HECKE DANIELLE | WILRIJK (ANTW.) | 1:03:08 | 9,50 | 6:19 |
| 2025 | 3041 | OP DE BEECK JAN | BRASSCHAAT | 1:03:09 | 9,50 | 6:19 |
| 2026 | 3228 | CHANTRAINE CLARISSE | MOLENSTEDE | 1:03:12 | 9,49 | 6:19 |
| 2027 | 3229 | JANSSENS KAREN | MOLENSTEDE | 1:03:13 | 9,49 | 6:19 |
| 2028 | 1791 | VAN AARLE PHILIPPE | GEEL | 1:03:14 | 9,49 | 6:19 |
| 2029 | 601 | MEUFFELS DOMINIQUE | BEVERLO | 1:03:15 | 9,49 | 6:20 |
| 2030 | 1116 | BOGERS MARGOT | KAPELLEN (ANTW.) | 1:03:16 | 9,48 | 6:20 |
| 2031 | 1115 | BASTIAENSSENS MARTINE | KAPELLEN (ANTW.) | 1:03:17 | 9,48 | 6:20 |
| 2032 | 1475 | BERINGS JOHAN | HEERS | 1:03:21 | 9,47 | 6:20 |
| 2033 | 755 | GOETSCHALCKX CIS | LIER | 1:03:22 | 9,47 | 6:20 |
| 2034 | 3692 | VANDERHEYDEN CARMEN | TESSENDERLO | 1:03:23 | 9,47 | 6:20 |
| 2035 | 3719 | VRYENS TOBIAS | KANNE | 1:03:27 | 9,46 | 6:21 |
| 2036 | 1448 | ROELS ANNELEEN | TESSENDERLO | 1:03:27 | 9,46 | 6:21 |
| 2037 | 3018 | TAELS ELS | LAAKDAL | 1:03:28 | 9,45 | 6:21 |
| 2038 | 678 | NAEDTS LIEF | SCHILDE | 1:03:31 | 9,45 | 6:21 |
| 2039 | 1738 | JANSSENS MARLEEN | GEEL | 1:03:32 | 9,44 | 6:21 |
| 2040 | 1737 | JANSSENS KATRIJN | GEEL | 1:03:33 | 9,44 | 6:21 |
| 2041 | 688 | O'LEARY DAVID | SCHAERBEEK | 1:03:37 | 9,43 | 6:22 |
| 2042 | 2045 | KREEMERS HILDE | HOUTHALENOOST | 1:03:40 | 9,42 | 6:22 |
| 2043 | 1951 | VERSTAPPEN DIRK | MOL | 1:03:41 | 9,42 | 6:22 |
| 2044 | 551 | VERDONCK LUDO | KESSEL-LO | 1:03:43 | 9,42 | 6:22 |
| 2045 | 1903 | VANDINGEN ELS | TESSENDERLO | 1:03:43 | 9,42 | 6:22 |
| 2046 | 3751 | MAENEN CHRISTEL | | 1:03:44 | 9,41 | 6:22 |
| 2047 | 3748 | VAESEN BART | HASSELT | 1:03:46 | 9,41 | 6:23 |
| 2048 | 3722 | VANDEBRIL FIRMIN | HAM | 1:03:48 | 9,40 | 6:23 |
| 2049 | 987 | CORSTJENS HILDE | EINDHOUT | 1:03:50 | 9,40 | 6:23 |
| 2050 | 992 | JANSSENS ERNA | LOMMEL | 1:03:52 | 9,39 | 6:23 |
| 2051 | 2044 | VANDEPUT MARLIES | KURINGEN | 1:03:53 | 9,39 | 6:23 |
| 2052 | 3174 | LIESENBORGS RICHARD | MEERHOUT | 1:03:56 | 9,38 | 6:24 |
| 2053 | 1298 | NAEGELS RICHARD | HEPPEN | 1:03:57 | 9,38 | 6:24 |
| 2054 | 656 | VANDINGENEN ANN | ELEWIJT | 1:03:58 | 9,38 | 6:24 |
| 2055 | 3096 | WILLEMSSEN FRANS | LAAKDAL | 1:03:59 | 9,38 | 6:24 |
| 2056 | 3095 | BUELENS LAURE | DIEST | 1:03:59 | 9,38 | 6:24 |
| 2057 | 1231 | MERTENS MARTINE | MOL | 1:04:00 | 9,38 | 6:24 |
| 2058 | 1221 | EECKHOUT PASCALE | MOL | 1:04:02 | 9,37 | 6:24 |
| 2059 | 3024 | SMOLDERS HILDE | LAAKDAL | 1:04:04 | 9,37 | 6:24 |
| 2060 | 584 | BOGAERTS AN | WILRIJK (ANTW.) | 1:04:05 | 9,36 | 6:24 |
| 2061 | 1804 | WOUTERS DAVY | DEURNE (DIEST) | 1:04:07 | 9,36 | 6:25 |
| 2062 | 3218 | VANGENECHTEN VERA | LAAKDAL | 1:04:07 | 9,36 | 6:25 |
| 2063 | 632 | VERMEULEN LEON | SINT-KATELIJNE-WAVER | 1:04:08 | 9,36 | 6:25 |
| 2064 | 3209 | PAUWELS KRISTOF | TESSENDERLO | 1:04:09 | 9,35 | 6:25 |
| 2065 | 3208 | PAUWELS TINA | WESTERLO | 1:04:09 | 9,35 | 6:25 |
| 2066 | 1096 | VERMYLEN HILD | HERENTALS | 1:04:11 | 9,35 | 6:25 |
| 2067 | 1097 | VANDEPERRE SIN | HERENTALS | 1:04:12 | 9,35 | 6:25 |
| 2068 | 1197 | JANSSENS LEEN | HERENTALS | 1:04:15 | 9,34 | 6:26 |
| 2069 | 3118 | SEGERS WILLY | DIEST | 1:04:15 | 9,34 | 6:26 |
| 2070 | 1736 | RACHIDA AARAB | ANTWERPEN | 1:04:17 | 9,33 | 6:26 |
| 2071 | 1227 | LUYTEN JOSEPHINE | MOL | 1:04:20 | 9,33 | 6:26 |

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|------|------|-----------------------|------------------|---------|------|---------|
| 2072 | 3050 | VAN GENECHTEN STEFFIE | TESSENDERLO | 1:04:22 | 9,32 | 6:26 |
| 2073 | 790 | VAN ECCELPOEL RUDI | RANST | 1:04:22 | 9,32 | 6:26 |
| 2074 | 214 | DAEMS PAUL | TESSENDERLO | 1:04:29 | 9,30 | 6:27 |
| 2075 | 3743 | DE GROOF DIRK | HERSELT | 1:04:32 | 9,30 | 6:27 |
| 2076 | 2085 | HOLLANDERS KATELYNE | BRASSCHAAT | 1:04:34 | 9,29 | 6:27 |
| 2077 | 2084 | DE JONGH NATHALIE | BRASSCHAAT | 1:04:35 | 9,29 | 6:28 |
| 2078 | 1916 | DE BLENDE ANNICK | EKEREN | 1:04:36 | 9,29 | 6:28 |
| 2079 | 1064 | GOOSSENS TINNEKE | BRASSCHAAT | 1:04:37 | 9,29 | 6:28 |
| 2080 | 802 | VERMEIREN KATHLEEN | OLMEN | 1:04:39 | 9,28 | 6:28 |
| 2081 | 1915 | YSEWYN JESSIEKE | EKEREN | 1:04:40 | 9,28 | 6:28 |
| 2082 | 1945 | MARCENICK BJORN | HAM | 1:04:44 | 9,27 | 6:28 |
| 2083 | 1944 | WIJNANDS LAURA | HAM | 1:04:44 | 9,27 | 6:28 |
| 2084 | 941 | VANDEBERG LUC | KESSEL-LO | 1:04:46 | 9,26 | 6:29 |
| 2085 | 1102 | HAESendonck ILSE | MOLENSTEDE | 1:04:48 | 9,26 | 6:29 |
| 2086 | 645 | COENEN TINY | LUMMEN | 1:04:49 | 9,26 | 6:29 |
| 2087 | 3226 | DECONINCK SUZY | PAAL | 1:04:52 | 9,25 | 6:29 |
| 2088 | 1774 | KNOOPS BART | OPGLABEEK | 1:04:54 | 9,24 | 6:29 |
| 2089 | 3739 | VERLINDEN JO | LEUVEN | 1:04:55 | 9,24 | 6:29 |
| 2090 | 1361 | MEESEN CHRIS | TESSENDERLO | 1:04:56 | 9,24 | 6:30 |
| 2091 | 1438 | VANGEEL KIM | BALEN | 1:04:56 | 9,24 | 6:30 |
| 2092 | 1911 | BYLLEMANS GREETJE | BALEN-OLMEN | 1:04:58 | 9,24 | 6:30 |
| 2093 | 939 | SCANDARIATO JEAN PAUL | BRUXELLES | 1:04:58 | 9,24 | 6:30 |
| 2094 | 3706 | VANDEN EYNDE GUNTHER | TESSENDERLO | 1:04:59 | 9,23 | 6:30 |
| 2095 | 1184 | BERTELS LEEN | LINT | 1:05:00 | 9,23 | 6:30 |
| 2096 | 1179 | VANBROECKHOVEN BART | VIERSEL | 1:05:01 | 9,23 | 6:30 |
| 2097 | 3181 | HEYRMAN SANNE | RUMST | 1:05:04 | 9,22 | 6:30 |
| 2098 | 936 | VERBRUGGEN CHRISTINE | HEVERLEE | 1:05:05 | 9,22 | 6:30 |
| 2099 | 830 | DE JONGHE KRISTEL | BERCHEM (ANTW.) | 1:05:07 | 9,21 | 6:31 |
| 2100 | 2015 | VAN WIJNENDAELE ILSE | LEUVEN | 1:05:11 | 9,20 | 6:31 |
| 2101 | 1278 | CUMPS ANJA | KWAADMECHELEN | 1:05:14 | 9,20 | 6:31 |
| 2102 | 3270 | THYS MICHEL | MEERHOUT | 1:05:15 | 9,20 | 6:31 |
| 2103 | 1286 | HAESLONCKX GERT | GEEL | 1:05:18 | 9,19 | 6:32 |
| 2104 | 1942 | VAN DEN EEDE VALERIE | WILRIJK | 1:05:21 | 9,18 | 6:32 |
| 2105 | 1722 | VAN DEN EEDE LEON | AARTSELAAR | 1:05:22 | 9,18 | 6:32 |
| 2106 | 797 | KALMES FREDERIQUE | HASSELT | 1:05:23 | 9,18 | 6:32 |
| 2107 | 3339 | DE SMIJTER MARC | TESSENDERLO | 1:05:24 | 9,17 | 6:32 |
| 2108 | 1772 | OOMS CECILIA | BRECHT | 1:05:25 | 9,17 | 6:32 |
| 2109 | 1694 | MATTHYS LINDA | BRECHT | 1:05:26 | 9,17 | 6:33 |
| 2110 | 1890 | SCHALZEY CHRISTA | BALEM | 1:05:27 | 9,17 | 6:33 |
| 2111 | 1525 | PICTOEL MARC | SINT-TRUIDEN | 1:05:28 | 9,16 | 6:33 |
| 2112 | 1181 | POTTERS FRANCIS | HERK-DE-STAD | 1:05:28 | 9,16 | 6:33 |
| 2113 | 1693 | VAN DIJCK JOS | BRECHT | 1:05:28 | 9,16 | 6:33 |
| 2114 | 1479 | ALDERHOUT NADIN | MOL | 1:05:29 | 9,16 | 6:33 |
| 2115 | 1526 | HOEBRECHTS STEFAN | HEERS | 1:05:30 | 9,16 | 6:33 |
| 2116 | 1552 | DAENEN ANN | ZOLDER | 1:05:31 | 9,16 | 6:33 |
| 2117 | 647 | VANDEVENNE ANDY | TONGERLO (ANTW.) | 1:05:31 | 9,16 | 6:33 |
| 2118 | 1840 | JACQUET RUDI | SINT-TRUIDEN | 1:05:32 | 9,16 | 6:33 |
| 2119 | 3698 | DECKERS MARLEEN | HECHTEL | 1:05:33 | 9,15 | 6:33 |
| 2120 | 589 | DE GEEST DANIEL | AARTSELAAR | 1:05:33 | 9,15 | 6:33 |
| 2121 | 3424 | WILLEMS PATRICIA | HAM | 1:05:35 | 9,15 | 6:33 |
| 2122 | 1229 | MAST HILDE | MOL | 1:05:35 | 9,15 | 6:33 |
| 2123 | 846 | WILLEMSSENS EEF | BEERSE | 1:05:35 | 9,15 | 6:33 |
| 2124 | 2022 | VERBRAEKEN HILDE | AARSCHOT | 1:05:36 | 9,15 | 6:34 |
| 2125 | 619 | HENDRICKX AN | WILRIJK | 1:05:38 | 9,14 | 6:34 |
| 2126 | 791 | FONTEYN KRISTOF | MOLENSTEDE | 1:05:39 | 9,14 | 6:34 |
| 2127 | 1511 | LENAERTS SEPPE | TESSENDERLO | 1:05:42 | 9,13 | 6:34 |
| 2128 | 1808 | VANDEPAER KOEN | TESSENDERLO | 1:05:43 | 9,13 | 6:34 |
| 2129 | 3448 | COENEGRACHTS JAN | MINDERHOUT | 1:05:45 | 9,13 | 6:35 |
| 2130 | 836 | VAN ENDERT CARINE | LOMMEL | 1:05:46 | 9,12 | 6:35 |
| 2131 | 3411 | COELS KARIEN | BERINGEN | 1:05:47 | 9,12 | 6:35 |
| 2132 | 1809 | DUJARDIN VINCENT | TESSENDERLO | 1:05:47 | 9,12 | 6:35 |

| PL | NR | Naam | Woonplaats | Tijd | GEM | KM-Tijd |
|------|------|-----------------------|-----------------------|---------|------|---------|
| 2133 | 3098 | WILLEMSSENS STEF | LAAKDAL | 1:05:48 | 9,12 | 6:35 |
| 2134 | 1818 | VANMOL STEVEN | LAAKDAL | 1:05:50 | 9,11 | 6:35 |
| 2135 | 3380 | JANSSENS STIJN | DEURNE-DIEST | 1:05:52 | 9,11 | 6:35 |
| 2136 | 3114 | VERHEYEN VIVIANE | HEPPEN | 1:05:53 | 9,11 | 6:35 |
| 2137 | 3328 | SLEGERS EDITH | HEPPEN | 1:05:54 | 9,10 | 6:35 |
| 2138 | 1151 | THEUNIS MARIE-ROSE | LEOPOLDSBURG | 1:05:55 | 9,10 | 6:35 |
| 2139 | 845 | STUYCK LESLIE | KOERSEL | 1:05:55 | 9,10 | 6:35 |
| 2140 | 1913 | KEMPENAERS KELLY | EKEREN | 1:05:57 | 9,10 | 6:36 |
| 2141 | 3740 | NUYTS CINDY | LEUVEN | 1:05:58 | 9,10 | 6:36 |
| 2142 | 841 | SNOECKX JULIE | ANTWERPEN | 1:06:00 | 9,09 | 6:36 |
| 2143 | 1663 | COLLET LUK | HERSELT | 1:06:09 | 9,07 | 6:37 |
| 2144 | 3269 | ESSERS KRIS | MEERHOUT | 1:06:09 | 9,07 | 6:37 |
| 2145 | 3271 | THYS LANDER | MEERHOUT | 1:06:11 | 9,07 | 6:37 |
| 2146 | 1646 | VAN MIEGHEM JOKE | BURCHT | 1:06:12 | 9,06 | 6:37 |
| 2147 | 1049 | SPAEPEN ANN | OVERPELT | 1:06:12 | 9,06 | 6:37 |
| 2148 | 1322 | VERSPREET RAMONA | HAM | 1:06:15 | 9,06 | 6:37 |
| 2149 | 2014 | VERMEYLEN JOZEF | LEUVEN | 1:06:21 | 9,04 | 6:38 |
| 2150 | 3119 | VAN THIELEN ANNEMIE | TESSENDERLO | 1:06:22 | 9,04 | 6:38 |
| 2151 | 3128 | WILMS TWIGGY | TESSENDERLO | 1:06:22 | 9,04 | 6:38 |
| 2152 | 3012 | DE SEJOURNET ETIENNE | HERK-DE-STAD | 1:06:24 | 9,04 | 6:38 |
| 2153 | 3173 | SMETS RUTH | TESSENDERLO | 1:06:34 | 9,01 | 6:39 |
| 2154 | 3097 | VERHEYEN CARINE | LAAKDAL | 1:06:37 | 9,01 | 6:40 |
| 2155 | 1207 | SMITS MARC | LEOPOLDSBURG | 1:06:41 | 9,00 | 6:40 |
| 2156 | 1138 | DE BRABANDERE ANNEMIE | HEPPEN | 1:06:41 | 9,00 | 6:40 |
| 2157 | 3403 | POPPE ELISABETH | DENDERMONDE | 1:06:42 | 9,00 | 6:40 |
| 2158 | 1034 | PAUWELS MARLEEN | ANTWERPEN - DEURNE | 1:06:44 | 8,99 | 6:40 |
| 2159 | 3093 | KOCKEROLS PIERRE | VOSELAAR | 1:06:45 | 8,99 | 6:41 |
| 2160 | 636 | GEUENS PATRICK | HOBOKEN (ANTW.) | 1:06:47 | 8,98 | 6:41 |
| 2161 | 803 | LIENS MARC | BRUSSEL | 1:06:51 | 8,98 | 6:41 |
| 2162 | 3017 | MELLEBEEK YVETTE | VEERLE | 1:06:54 | 8,97 | 6:41 |
| 2163 | 1263 | VAN DE CRAEN FRANCOIS | MOL | 1:07:02 | 8,95 | 6:42 |
| 2164 | 3413 | RENARD MAUREEN | HERSTAPPE | 1:07:07 | 8,94 | 6:43 |
| 2165 | 3412 | VANDEVOORDE JOKE | HOUTHALLEN | 1:07:07 | 8,94 | 6:43 |
| 2166 | 2062 | MARIEN RACHEL | BALEN | 1:07:09 | 8,94 | 6:43 |
| 2167 | 3670 | LAVRIJSEN ELS | BERCHEM (ANTW.) | 1:07:10 | 8,93 | 6:43 |
| 2168 | 1228 | MANGELSCHOTS MIA | BALEN | 1:07:11 | 8,93 | 6:43 |
| 2169 | 3668 | FERTONS JORI | TESSENDERLO | 1:07:11 | 8,93 | 6:43 |
| 2170 | 3672 | VAN LOY HANS | NOORDERWIJK | 1:07:11 | 8,93 | 6:43 |
| 2171 | 3020 | VAN LEUVEN PETRA | HASSELT | 1:07:14 | 8,92 | 6:43 |
| 2172 | 3129 | BERVOETS CHRISTEL | TESSENDERLO | 1:07:14 | 8,92 | 6:43 |
| 2173 | 3671 | COECKELBERGS KAREN | BOOSCHOT | 1:07:14 | 8,92 | 6:43 |
| 2174 | 3388 | PRINSEN MARLEEN | AVERBODE | 1:07:16 | 8,92 | 6:44 |
| 2175 | 3384 | WELLENS FILIP | HAM | 1:07:16 | 8,92 | 6:44 |
| 2176 | 3038 | DE BAERDEMAEKER EVA | AVERBODE | 1:07:18 | 8,92 | 6:44 |
| 2177 | 1225 | JOOS KELLY | DESSEL | 1:07:18 | 8,92 | 6:44 |
| 2178 | 2095 | LUYTEN DORIEN | WESTERLO | 1:07:20 | 8,91 | 6:44 |
| 2179 | 2096 | CONINX LAURA | LEUVEN | 1:07:22 | 8,91 | 6:44 |
| 2180 | 2094 | | | 1:07:23 | 8,90 | 6:44 |
| 2181 | 1237 | VANHOOF LENCY | DESSEL | 1:07:23 | 8,90 | 6:44 |
| 2182 | 927 | VAN OEVELEN TINE | EDEGEM | 1:07:27 | 8,90 | 6:45 |
| 2183 | 3336 | OPSOMER MIEKE | WORTEGEM-PETEGEM | 1:07:28 | 8,89 | 6:45 |
| 2184 | 3341 | DHUYGELAERE ANN | TESSENDERLO | 1:07:29 | 8,89 | 6:45 |
| 2185 | 1066 | VAN BEYLEN CLAUDINE | ZONHOVEN | 1:07:30 | 8,89 | 6:45 |
| 2186 | 3094 | DE BRUYNE GOEDELE | GEEL | 1:07:45 | 8,86 | 6:46 |
| 2187 | 1563 | DECOSTER SYLVIE | BRUSSEL | 1:07:55 | 8,83 | 6:48 |
| 2188 | 1024 | TORREBORRE TAMARA | HOUTHALLEN-HELCHTEREN | 1:07:58 | 8,83 | 6:48 |
| 2189 | 1027 | WERCKX LIESBETH | HEUSDEN-ZOLDER | 1:08:00 | 8,82 | 6:48 |
| 2190 | 798 | WILLEMS LAURENCE | BRUSSEL | 1:08:01 | 8,82 | 6:48 |
| 2191 | 1390 | VERBRUGGEN ISABELLE | OLMEN | 1:08:09 | 8,80 | 6:49 |
| 2192 | 3330 | VAN ROY GERDA | MEERHOUT | 1:08:17 | 8,79 | 6:50 |
| 2193 | 3332 | VERHEYDEN PEGGY | MEERHOUT | 1:08:18 | 8,78 | 6:50 |

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| 2194 | 3006 | MOONEN EVELINE | ALKEN | 1:08:25 | 8,77 | 6:50 |
| 2195 | 1759 | SAIDI ABDEL | BRUSSEL | 1:08:40 | 8,74 | 6:52 |
| 2196 | 1158 | VLEMINCKX TANJA | PULDERBOS | 1:08:42 | 8,73 | 6:52 |
| 2197 | 1162 | RAEYMAKERS MELISSA | PULDERBOS | 1:08:43 | 8,73 | 6:52 |
| 2198 | 933 | PUTS JOZEF | GEEL | 1:08:46 | 8,73 | 6:53 |
| 2199 | 1643 | RONLADA ATTILIO | ZONHOVEN | 1:08:51 | 8,71 | 6:53 |
| 2200 | 915 | VAN DESSEL CARINA | MOL | 1:08:53 | 8,71 | 6:53 |
| 2201 | 1928 | SIMONET WENDY | TESSENDERLO | 1:08:55 | 8,71 | 6:53 |
| 2202 | 3373 | DE PAUW PHILIP | BRUGGE | 1:08:57 | 8,70 | 6:54 |
| 2203 | 1927 | VERHAEGEN CHRIS | TESSENDERLO | 1:09:10 | 8,67 | 6:55 |
| 2204 | 1878 | GOVEN LEOPOLD | NEERPELT | 1:09:13 | 8,67 | 6:55 |
| 2205 | 3750 | DAMIAANS GERT | HASSELT | 1:09:16 | 8,66 | 6:56 |
| 2206 | 3749 | EENS KAROLINE | TESSENDERLO | 1:09:16 | 8,66 | 6:56 |
| 2207 | 1555 | RUTTEN MYRIAM | DILSEN | 1:09:24 | 8,65 | 6:56 |
| 2208 | 3385 | VAN DE BROECK ILSE | DIEST | 1:09:27 | 8,64 | 6:57 |
| 2209 | 971 | DEGRUYTER NICOLE | SINT-NIKLAAS | 1:09:31 | 8,63 | 6:57 |
| 2210 | 967 | BEECKMAN CHRIS | SINT-NIKLAAS | 1:09:31 | 8,63 | 6:57 |
| 2211 | 973 | DUYMELINCK RITA | SINT-NIKLAAS | 1:09:32 | 8,63 | 6:57 |
| 2212 | 3387 | PAESSENS NAOMI | DIEST | 1:09:38 | 8,62 | 6:58 |
| 2213 | 1516 | HUYBRECKX GITTE | MOL | 1:09:42 | 8,61 | 6:58 |
| 2214 | 1165 | JANSSEN GRIET | HEVERLEE | 1:09:43 | 8,61 | 6:58 |
| 2215 | 1166 | GOORMANS TOON | HEVERLEE | 1:09:43 | 8,61 | 6:58 |
| 2216 | 2031 | PHARASYN VANESSA | SCHILDE | 1:09:45 | 8,60 | 6:58 |
| 2217 | 1971 | CECCARELLI VALERIA | MMASMECHELEN | 1:09:46 | 8,60 | 6:59 |
| 2218 | 3362 | RITZKY NATHALIE | HOVE | 1:09:47 | 8,60 | 6:59 |
| 2219 | 679 | VAN EMELEN JAN | SCHILDE | 1:09:49 | 8,59 | 6:59 |
| 2220 | 1970 | DOUIRANI KHALID | MAASMECHELEN | 1:09:49 | 8,59 | 6:59 |
| 2221 | 1302 | RAYEE ANNE MARIE | LEOPOLDSBURG | 1:09:58 | 8,58 | 7:00 |
| 2222 | 3145 | BYLOOS HERWIG | KOERSEL | 1:10:02 | 8,57 | 7:00 |
| 2223 | 1150 | DEBRIE ROBIN | LEOPOLDSBURG | 1:10:07 | 8,56 | 7:01 |
| 2224 | 3366 | MOONS CAROLINE | MOLENSTEDE | 1:10:12 | 8,55 | 7:01 |
| 2225 | 1149 | SCHEPERS HILDE | LEOPOLDSBURG | 1:10:21 | 8,53 | 7:02 |
| 2226 | 1182 | SCHALLEY ANN | HEVERLEE | 1:10:22 | 8,53 | 7:02 |
| 2227 | 3168 | CILLEN GREET | TESSENDERLO | 1:10:23 | 8,52 | 7:02 |
| 2228 | 1472 | JANSSENS LIEVE | GRUITRODE | 1:10:24 | 8,52 | 7:02 |
| 2229 | 3230 | VERDONCK ANN | GEEL | 1:10:25 | 8,52 | 7:03 |
| 2230 | 3207 | GEBOERS ELS | LAAKDAL | 1:10:26 | 8,52 | 7:03 |
| 2231 | 834 | BIJNENS LEEN | NIEL BIJ AS | 1:10:26 | 8,52 | 7:03 |
| 2232 | 1023 | LAENEN LINDA | KAPELLEN | 1:10:27 | 8,52 | 7:03 |
| 2233 | 1068 | UYTDEWILLIGEN DIANE | BRASSCHAAT | 1:10:28 | 8,51 | 7:03 |
| 2234 | 743 | BROUWERS ANNEKE | MAASTRICHT | 1:10:31 | 8,51 | 7:03 |
| 2235 | 742 | RINIA PIERRE | MAASTRICHT | 1:10:31 | 8,51 | 7:03 |
| 2236 | 1763 | KENNIS NORBERT | ANTWERPEN | 1:10:36 | 8,50 | 7:04 |
| 2237 | 1570 | VAN ACOLEYEN KRIS | MOL | 1:10:41 | 8,49 | 7:04 |
| 2238 | 1571 | PEETERS JESSIE | TESSENDERLO | 1:10:41 | 8,49 | 7:04 |
| 2239 | 577 | MUNDUS JOKE | HERK-DE-STAD | 1:10:51 | 8,47 | 7:05 |
| 2240 | 1039 | DE RIDDER WILLY | BRASSCHAAT | 1:10:56 | 8,46 | 7:06 |
| 2241 | 3386 | CLERCKX PEGGY | DIEST | 1:11:02 | 8,45 | 7:06 |
| 2242 | 616 | MUNDUS NORBERT | HERK-DE-STAD | 1:11:03 | 8,44 | 7:06 |
| 2243 | 3108 | VAN BRAECKEL LIESBETH | LAAKDAL | 1:11:19 | 8,41 | 7:08 |
| 2244 | 3216 | DE BACKER MARLEEN | KOERSEL | 1:11:28 | 8,40 | 7:09 |
| 2245 | 1317 | VAN DONINCK JAN | MEERHOUT | 1:11:53 | 8,35 | 7:11 |
| 2246 | 1279 | DE COCK MONICA | LEOPOLDSBURG | 1:11:54 | 8,34 | 7:11 |
| 2247 | 547 | WOUTERS ANN | KAMPENHOUT | 1:12:14 | 8,31 | 7:13 |
| 2248 | 1727 | DELBEKE TINNE | MOLENSTEDE | 1:12:19 | 8,30 | 7:14 |
| 2249 | 861 | VAN LAERE KARIN | MEERDONK | 1:12:38 | 8,26 | 7:16 |
| 2250 | 3369 | WAES KATRIEN | TESSENDERLO | 1:12:48 | 8,24 | 7:17 |
| 2251 | 1159 | FRANS ANNEMIE | PULDERBOS | 1:12:55 | 8,23 | 7:17 |
| 2252 | 780 | DESIRON LEON | GENK | 1:13:03 | 8,21 | 7:18 |
| 2253 | 781 | HENDRICKX MYRIAM | GENK | 1:13:03 | 8,21 | 7:18 |
| 2254 | 1375 | VANDERHEYDEN JENNY | LAAKDAL | 1:13:17 | 8,19 | 7:20 |

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| 2255 | 1373 | CELEN SOFIE | ZICHEM | 1:13:17 | 8,19 | 7:20 |
| 2256 | 1374 | GHOOS LIEN | TESSENDERLO | 1:13:19 | 8,18 | 7:20 |
| 2257 | 3371 | VANDEBROUCKE GERY | BRUGGE | 1:13:23 | 8,18 | 7:20 |
| 2258 | 3442 | NYS KRISTOF | ARENDONK | 1:13:28 | 8,17 | 7:21 |
| 2259 | 3443 | VERDONCK PATRICK | TESSENDERLO | 1:13:32 | 8,16 | 7:21 |
| 2260 | 1314 | VAN DE KRAGT ANNELEEN | OPLINTER | 1:13:48 | 8,13 | 7:23 |
| 2261 | 1267 | AERTS NADINE | HERENTHOUT | 1:13:49 | 8,13 | 7:23 |
| 2262 | 1122 | VERMEIREN GUY | ROTSELAAR | 1:14:19 | 8,07 | 7:26 |
| 2263 | 671 | SEGHERS RITA | ZOTTEGEM | 1:15:06 | 7,99 | 7:31 |
| 2264 | 1610 | COENDERAERTS BRYAN | LAAKDAL | 1:15:18 | 7,97 | 7:32 |
| 2265 | 3147 | ENGELN DANIEL | PAAL | 1:15:39 | 7,93 | 7:34 |
| 2266 | 1729 | VAN BERNE HANS | KAPellen | 1:16:29 | 7,84 | 7:39 |
| 2267 | 1728 | LIBERLOO LEVI | TESSENDERLO | 1:16:30 | 7,84 | 7:39 |
| 2268 | 1821 | BERVOETS LEONA | MEERHOUT | 1:17:11 | 7,77 | 7:43 |
| 2269 | 3480 | BROEKMANS FRANS | KOERSEL | 1:17:39 | 7,73 | 7:46 |
| 2270 | 3163 | CONVALLE RINA | BERINGEN | 1:18:29 | 7,64 | 7:51 |
| 2271 | 1473 | WOLFS FRRANK | SINT-TRUIDEN | 1:18:33 | 7,64 | 7:51 |
| 2272 | 3164 | CAMS EVA | HEUSDEN-ZOLDER | 1:18:37 | 7,63 | 7:52 |
| 2273 | 1909 | WINNE JOSE | JETTE | 1:23:34 | 7,18 | 8:21 |
| 2274 | 3148 | GEERKENS MARTINE | PAAL | 1:24:21 | 7,11 | 8:26 |
| 2275 | 3146 | DEFERM MONIQUE | KOERSEL | 1:24:23 | 7,11 | 8:26 |
| 2276 | 3149 | CONVALLE DIANA | KOERSEL | 1:27:59 | 6,82 | 8:48 |
| 2277 | 1087 | CLAEYS PIERRE | WOLUWE-SAINT-LAMBERT | 1:29:46 | 6,68 | 8:59 |
| 2278 | 2023 | GROVEN KRIS | TESSENDERLO | 1:29:54 | 6,67 | 8:59 |