

11e Jogging 't Hol op Wambeek - 7 juni 2008

4 KM

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-------------------------|-----------------|-----|-------|---------|-------|---------|
| 1 | 75 | Schouppe Jeroen | Acg | M | 1 | 0:14:45 | 16,27 | 3:41 |
| 2 | 128 | Follet Rudy | Dac | M | 2 | 0:15:07 | 15,88 | 3:47 |
| 3 | 257 | Otte Levi | Bvl | M | 3 | 0:15:17 | 15,70 | 3:49 |
| 4 | 135 | Gijsselinck Stijn | Vac | M | 4 | 0:15:20 | 15,65 | 3:50 |
| 5 | 92 | Hellinck Janick | | M | 5 | 0:15:21 | 15,64 | 3:50 |
| 6 | 123 | Van De Velde Dirk | | M | 6 | 0:15:25 | 15,57 | 3:51 |
| 7 | 79 | Swalens Kurt | Bvl | M | 7 | 0:15:28 | 15,52 | 3:52 |
| 8 | 234 | De Mot Stijn | | M | 8 | 0:15:34 | 15,42 | 3:54 |
| 9 | 55 | Malfroy Jens | Wambeek | M | 9 | 0:15:50 | 15,16 | 3:58 |
| 10 | 93 | Van Den Borre Bernd | | M | 10 | 0:16:08 | 14,88 | 4:02 |
| 11 | 76 | Van Londerseele Jeroen | Kfc Wambeek | M | 11 | 0:16:11 | 14,83 | 4:03 |
| 12 | 57 | Cautaers Luc | Wambeek | M | 12 | 0:16:25 | 14,62 | 4:06 |
| 13 | 239 | Porre Laurent | | M | 13 | 0:16:33 | 14,50 | 4:08 |
| 14 | 150 | Amijs Tom | Jc Oetingen | M | 14 | 0:16:38 | 14,43 | 4:10 |
| 15 | 191 | Mertens Toon | | M | 15 | 0:16:40 | 14,40 | 4:10 |
| 16 | 204 | Segers Sta | Dac | M | 16 | 0:16:42 | 14,37 | 4:11 |
| 17 | 124 | Janssens Ulrich | Dac | M | 17 | 0:16:45 | 14,33 | 4:11 |
| 18 | 104 | Geeroms Bart | Lond | M | 18 | 0:16:48 | 14,29 | 4:12 |
| 19 | 130 | Lintermans Brecht | Leeuwerik | M | 19 | 0:16:50 | 14,26 | 4:13 |
| 20 | 94 | Maes Gerben | Wambeek | M | 20 | 0:16:51 | 14,24 | 4:13 |
| 21 | 120 | De Donder Koen | Lond | M | 21 | 0:16:58 | 14,15 | 4:15 |
| 22 | 53 | Polfliet Ludwig | | M | 22 | 0:17:06 | 14,04 | 4:16 |
| 23 | 249 | Molemans Levi | Kskl | M | 23 | 0:17:09 | 13,99 | 4:17 |
| 24 | 148 | Cornelis Andy | Leeuwerik | M | 24 | 0:17:11 | 13,97 | 4:18 |
| 25 | 256 | Michiels Kevin | Klj Sml | M | 25 | 0:17:16 | 13,90 | 4:19 |
| 26 | 230 | Roose Sebastian | | M | 26 | 0:17:19 | 13,86 | 4:20 |
| 27 | 262 | Swalus Jozef | Joggers Beersel | M | 27 | 0:17:26 | 13,77 | 4:22 |
| 28 | 68 | Brackx Steven | Ac Lebbeke | M | 28 | 0:17:29 | 13,73 | 4:22 |
| 29 | 254 | Louckx Bart | | M | 29 | 0:17:32 | 13,69 | 4:23 |
| 30 | 125 | Rydant Michel | | M | 30 | 0:17:33 | 13,68 | 4:23 |
| 31 | 126 | Rydant Hannes | | M | 31 | 0:17:34 | 13,66 | 4:24 |
| 32 | 224 | De Coninck Brent | | M | 32 | 0:17:35 | 13,65 | 4:24 |
| 33 | 181 | Van Cauter Guillian | Resc | M | 33 | 0:17:37 | 13,62 | 4:24 |
| 34 | 229 | De Klerck Hubert | Wambeek | M | 34 | 0:17:49 | 13,47 | 4:27 |
| 35 | 84 | Van Sintjan Piet | Joggers Beersel | M | 35 | 0:17:49 | 13,47 | 4:27 |
| 36 | 106 | Van Hessen Kiefer | Leeuwerik | M | 36 | 0:17:51 | 13,45 | 4:28 |
| 37 | 88 | Gailly Marcel | Bvl | M | 37 | 0:17:53 | 13,42 | 4:28 |
| 38 | 161 | Clottemans Koen | Wambeek | M | 38 | 0:17:57 | 13,37 | 4:29 |
| 39 | 180 | Van Cauter Romain | | M | 39 | 0:18:00 | 13,33 | 4:30 |
| 40 | 255 | De Kegel Peter | | M | 40 | 0:18:04 | 13,28 | 4:31 |
| 41 | 151 | Stoesser Gregory | Bvl | M | 41 | 0:18:13 | 13,17 | 4:33 |
| 42 | 214 | Matton Joren | Kfc Wambeek | M | 42 | 0:18:18 | 13,11 | 4:35 |
| 43 | 179 | Van Hoorebeeck Francois | Leeuwerik | M | 43 | 0:18:21 | 13,08 | 4:35 |
| 44 | 234 | De Mot Stijn | | M | 44 | 0:18:26 | 13,02 | 4:37 |
| 45 | 225 | De Nul Ruth | Acp | V | 1 | 0:18:28 | 13,00 | 4:37 |
| 46 | 145 | Mertens Jacob | Leeuwerik | M | 45 | 0:18:36 | 12,90 | 4:39 |
| 47 | 146 | Thomas Nathan | Leeuwerik | M | 46 | 0:18:42 | 12,83 | 4:40 |
| 48 | 115 | Wouters Yvo | Leeuwerik | M | 47 | 0:18:49 | 12,75 | 4:42 |
| 49 | 113 | El Boujdairi Selim | Joggers Beersel | M | 48 | 0:18:51 | 12,73 | 4:43 |
| 50 | 118 | Crockaert Agnes | Leeuwerik | M | 49 | 0:18:54 | 12,70 | 4:44 |
| 51 | 227 | De Nul Marlies | Acp | V | 2 | 0:19:00 | 12,63 | 4:45 |
| 52 | 96 | Mertens Christian | Leeuwerik | M | 50 | 0:19:07 | 12,55 | 4:47 |
| 53 | 144 | Eylenbosch Gaston | Bvl | M | 51 | 0:19:22 | 12,39 | 4:51 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-------------------------|-----------------|-----|-------|---------|-------|---------|
| 54 | 174 | Van Den Broeck Herman | Joggers Beersel | M | 52 | 0:19:24 | 12,37 | 4:51 |
| 55 | 137 | Van Den Borre Patrick | Acp | M | 53 | 0:19:25 | 12,36 | 4:51 |
| 56 | 127 | De Witte Glenn | | M | 54 | 0:19:29 | 12,32 | 4:52 |
| 57 | 65 | Mertens Johan | Leeuwerik | M | 55 | 0:19:32 | 12,29 | 4:53 |
| 58 | 114 | Vanhessen Francois | Leeuwerik | M | 56 | 0:19:33 | 12,28 | 4:53 |
| 59 | 160 | Clottemans Wouter | Wambeek | M | 57 | 0:19:35 | 12,26 | 4:54 |
| 60 | 64 | Siperius Yves | Joggers Beersel | M | 58 | 0:19:44 | 12,16 | 4:56 |
| 61 | 103 | Geeroms Jeroen | Lond | M | 59 | 0:19:47 | 12,13 | 4:57 |
| 62 | 133 | Maes Patrick | Lond | M | 60 | 0:19:48 | 12,12 | 4:57 |
| 63 | 77 | Schouppe Jeannine | Sna Welle | V | 3 | 0:20:01 | 11,99 | 5:00 |
| 64 | 183 | De Koster Berdien | Leeuwerik | V | 4 | 0:20:04 | 11,96 | 5:01 |
| 65 | 203 | Lemaire Herman | | M | 61 | 0:20:07 | 11,93 | 5:02 |
| 66 | 207 | Gettemans Robin | Kfc Wambeek | M | 62 | 0:20:10 | 11,90 | 5:03 |
| 67 | 220 | Pauwels Brent | Kfc Wambeek | M | 63 | 0:20:16 | 11,84 | 5:04 |
| 68 | 147 | Cornelis Jan | Leeuwerik | M | 64 | 0:20:18 | 11,82 | 5:05 |
| 69 | 165 | Van Bulck Liesbet | Leeuwerik | V | 5 | 0:20:20 | 11,80 | 5:05 |
| 70 | 152 | Teirlinck Elke | Lond | V | 6 | 0:20:24 | 11,76 | 5:06 |
| 71 | 265 | Swalens Levy | Leeuwerik | M | 65 | 0:20:31 | 11,70 | 5:08 |
| 72 | 266 | Descornez Christine | Leeuwerik | V | 7 | 0:20:32 | 11,69 | 5:08 |
| 73 | 264 | De Ridder Geert | Leeuwerik | M | 66 | 0:20:33 | 11,68 | 5:08 |
| 74 | 226 | De Nul Steven | Acp | M | 67 | 0:20:35 | 11,66 | 5:09 |
| 75 | 195 | Sarens Laura | Lond | V | 8 | 0:20:45 | 11,57 | 5:11 |
| 76 | 242 | Buelens Eric | Leeuwerik | M | 68 | 0:20:47 | 11,55 | 5:12 |
| 77 | 196 | Herremans Marc | Leeuwerik | M | 69 | 0:20:50 | 11,52 | 5:13 |
| 78 | 233 | Marlie Sammy | Bvl | M | 70 | 0:20:53 | 11,49 | 5:13 |
| 79 | 176 | De Bruecker Jens | | M | 71 | 0:20:57 | 11,46 | 5:14 |
| 80 | 170 | Mostin Annie | Leeuwerik | V | 9 | 0:20:59 | 11,44 | 5:15 |
| 81 | 245 | Dierkens Philippe | Leeuwerik | M | 72 | 0:21:03 | 11,40 | 5:16 |
| 82 | 129 | Jans Piet | | M | 73 | 0:21:05 | 11,38 | 5:16 |
| 83 | 250 | Meert Patrick | Leeuwerik | M | 74 | 0:21:09 | 11,35 | 5:17 |
| 84 | 172 | De Valck Astrid | Acp | V | 10 | 0:21:11 | 11,33 | 5:18 |
| 85 | 173 | Gochet Zander | | M | 75 | 0:21:19 | 11,26 | 5:20 |
| 86 | 101 | Knops Wout | Leeuwerik | M | 76 | 0:21:20 | 11,25 | 5:20 |
| 87 | 237 | Haegeman Davy | Acp | M | 77 | 0:21:22 | 11,23 | 5:21 |
| 88 | 201 | De Weerd Dirk | Acp | M | 78 | 0:21:26 | 11,20 | 5:21 |
| 89 | 157 | Mertens Patricia | Leeuwerik | V | 11 | 0:21:32 | 11,15 | 5:23 |
| 90 | 109 | Vanderschueren Pedro | Vds | M | 79 | 0:21:34 | 11,13 | 5:24 |
| 91 | 153 | Van Wemmel Sven | Lond | M | 80 | 0:21:38 | 11,09 | 5:25 |
| 92 | 182 | Vanmeulder Christel | Leeuwerik | V | 12 | 0:21:40 | 11,08 | 5:25 |
| 93 | 263 | Mostinckx Robbe | Acp | M | 81 | 0:21:41 | 11,07 | 5:25 |
| 94 | 131 | Van Haut Daniel | | M | 82 | 0:21:42 | 11,06 | 5:26 |
| 95 | 67 | Moerenhout Jos | Spvi | M | 83 | 0:21:46 | 11,03 | 5:27 |
| 96 | 252 | Heymans Samuel | | M | 84 | 0:21:50 | 10,99 | 5:28 |
| 97 | 71 | De Smedt Evy | | V | 13 | 0:22:01 | 10,90 | 5:30 |
| 98 | 244 | Decroos Goedele | Leeuwerik | V | 14 | 0:22:04 | 10,88 | 5:31 |
| 99 | 202 | De Wolf Johan | Wambeek | M | 85 | 0:22:07 | 10,85 | 5:32 |
| 100 | 122 | Van Weert Geoffrey | Ac Opwijk | M | 86 | 0:22:09 | 10,84 | 5:32 |
| 101 | 98 | Vanderstraeten Piet | Ac Opwijk | M | 87 | 0:22:17 | 10,77 | 5:34 |
| 102 | 246 | | | M | 88 | 0:22:26 | 10,70 | 5:37 |
| 103 | 51 | Matthijs Patrick | Wambeek | M | 89 | 0:22:32 | 10,65 | 5:38 |
| 104 | 206 | Van Der Kelen Jaimie | Kfc Wambeek | M | 90 | 0:22:37 | 10,61 | 5:39 |
| 105 | 222 | Pauwels Jens | Kfc Wambeek | M | 91 | 0:22:38 | 10,60 | 5:39 |
| 106 | 248 | Van Den Driesche Nadine | Set Up | V | 15 | 0:22:40 | 10,59 | 5:40 |
| 107 | 134 | Doms Luc | | M | 92 | 0:22:47 | 10,53 | 5:42 |
| 108 | 236 | Haegeman Andre | Acp | M | 93 | 0:22:50 | 10,51 | 5:42 |
| 109 | 215 | Pletinckx Jordy | Kfc Wambeek | M | 94 | 0:22:59 | 10,44 | 5:45 |
| 110 | 253 | Vinck Wesley | | M | 95 | 0:23:01 | 10,43 | 5:45 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|---------------------------|-----------------|-----|-------|---------|-------|---------|
| 111 | 221 | Daan Tdaan Thi Quan | Kfc Wambeek | M | 96 | 0:23:07 | 10,38 | 5:47 |
| 112 | 219 | Mertens Debbie | Kfc Wambeek | V | 16 | 0:23:09 | 10,37 | 5:47 |
| 113 | 78 | Hoffelinck Peter | Sna Welle | M | 97 | 0:23:12 | 10,34 | 5:48 |
| 114 | 177 | Bardijn Danny | Leeuwerik | M | 98 | 0:23:14 | 10,33 | 5:48 |
| 115 | 208 | Delombaerde Jeroen | Kfc Wambeek | M | 99 | 0:23:17 | 10,31 | 5:49 |
| 116 | 259 | Lindeman Max | | M | 100 | 0:23:18 | 10,30 | 5:49 |
| 117 | 218 | De Groof Jam | | M | 101 | 0:23:19 | 10,29 | 5:50 |
| 118 | 143 | Souillion Maarten | Leeuwerik | M | 102 | 0:23:20 | 10,29 | 5:50 |
| 119 | 168 | Lievens Katrien | Markvallei | V | 17 | 0:23:24 | 10,26 | 5:51 |
| 120 | 56 | Cocquereaux Chantal | Wambeek | V | 18 | 0:23:30 | 10,21 | 5:53 |
| 121 | 58 | Eylenbosch Josephine | Wambeek | V | 19 | 0:23:31 | 10,21 | 5:53 |
| 122 | 82 | Timmermans Luc | Joggers Beersel | M | 103 | 0:23:34 | 10,18 | 5:53 |
| 123 | 107 | De Becq Jos | Joggers Beersel | M | 104 | 0:23:37 | 10,16 | 5:54 |
| 124 | 169 | Baeskens Hilde | Markvallei | V | 20 | 0:23:39 | 10,15 | 5:55 |
| 125 | 200 | Pasteleurs Guido | | M | 105 | 0:23:40 | 10,14 | 5:55 |
| 126 | 260 | D Hose Manu | | M | 106 | 0:23:41 | 10,13 | 5:55 |
| 127 | 209 | Kerckhove Jens | Kfc Wambeek | M | 107 | 0:23:46 | 10,10 | 5:56 |
| 128 | 95 | Huygh Bart | Leeuwerik | M | 108 | 0:23:50 | 10,07 | 5:57 |
| 129 | 117 | Verbrugghen Jona | Leeuwerik | M | 109 | 0:23:55 | 10,03 | 5:59 |
| 130 | 159 | Borremans Kristien | | V | 21 | 0:23:58 | 10,01 | 6:00 |
| 131 | 190 | Mordijck Lieve | Leu | V | 22 | 0:24:00 | 10,00 | 6:00 |
| 132 | 251 | Gijssens Linda | | V | 23 | 0:24:01 | 9,99 | 6:00 |
| 133 | 205 | Du Laing Petra | Wambeek | V | 24 | 0:24:02 | 9,99 | 6:01 |
| 134 | 231 | Meert Marc | | M | 110 | 0:24:09 | 9,94 | 6:02 |
| 135 | 63 | D'Hont Marina | Leeuwerik | V | 25 | 0:24:10 | 9,93 | 6:02 |
| 136 | 166 | Van Bulck Ivo | Leeuwerik | M | 111 | 0:24:11 | 9,92 | 6:03 |
| 137 | 164 | Theeuwissen Claartje | Leeuwerik | V | 26 | 0:24:12 | 9,92 | 6:03 |
| 138 | 171 | Gochet Annick | | V | 27 | 0:24:14 | 9,90 | 6:03 |
| 139 | 105 | Walravens Lydia | Leeuwerik | V | 28 | 0:24:22 | 9,85 | 6:06 |
| 140 | 154 | Smet Sonja | Leeuwerik | V | 29 | 0:24:23 | 9,84 | 6:06 |
| 141 | 216 | Pauwels Dirk | Kfc Wambeek | M | 112 | 0:24:24 | 9,84 | 6:06 |
| 142 | 240 | Gorgon Catherine | Leeuwerik | V | 30 | 0:24:32 | 9,78 | 6:08 |
| 143 | 228 | Wachtelaer Carine | | V | 31 | 0:24:33 | 9,78 | 6:08 |
| 144 | 74 | De Bot Tessa | Wambeek | V | 32 | 0:24:37 | 9,75 | 6:09 |
| 145 | 217 | De Groof Kim | | V | 33 | 0:24:38 | 9,74 | 6:09 |
| 146 | 232 | Meert Peter | | M | 113 | 0:24:40 | 9,73 | 6:10 |
| 147 | 70 | De Cuyper Jean | | M | 114 | 0:24:43 | 9,71 | 6:11 |
| 148 | 241 | Vanbeneden Karin | Leeuwerik | V | 34 | 0:24:46 | 9,69 | 6:11 |
| 149 | 140 | Steens Emiel | Leeuwerik | M | 115 | 0:24:48 | 9,68 | 6:12 |
| 150 | 62 | Hendrickx Nadine | Leeuwerik | V | 35 | 0:24:51 | 9,66 | 6:13 |
| 151 | 194 | De Bosscher Kim | Leeuwerik | V | 36 | 0:25:04 | 9,57 | 6:16 |
| 152 | 193 | De Bosscher Marc | Leeuwerik | M | 116 | 0:25:07 | 9,56 | 6:17 |
| 153 | 184 | Truyers Jozefien | Acp | V | 37 | 0:25:10 | 9,54 | 6:17 |
| 154 | 110 | Janssens Leen | Jc Oetingen | V | 38 | 0:25:12 | 9,52 | 6:18 |
| 155 | 210 | Vierendeels Josse | Kfc Wambeek | M | 117 | 0:25:14 | 9,51 | 6:18 |
| 156 | 100 | De Smedt Patricia | Leeuwerik | V | 39 | 0:25:27 | 9,43 | 6:22 |
| 157 | 102 | Knops Hans | Leeuwerik | M | 118 | 0:25:32 | 9,40 | 6:23 |
| 158 | 213 | Blommaert Ludo | | M | 119 | 0:25:33 | 9,39 | 6:23 |
| 159 | 199 | Vanderschueren Marie Rose | Leeuwerik | V | 40 | 0:25:34 | 9,39 | 6:23 |
| 160 | 175 | Blommaert Arne | | M | 120 | 0:25:36 | 9,38 | 6:24 |
| 161 | 142 | Op T Eyynde Sonia | Leeuwerik | V | 41 | 0:25:40 | 9,35 | 6:25 |
| 162 | 178 | Kiener Susan | | V | 42 | 0:25:42 | 9,34 | 6:26 |
| 163 | 87 | Timmerman Marie Jeanne | Wambeek | V | 43 | 0:25:44 | 9,33 | 6:26 |
| 164 | 238 | Geys Jackie | | V | 44 | 0:25:54 | 9,27 | 6:28 |
| 165 | 141 | Soumillion Dominique | Leeuwerik | M | 121 | 0:25:56 | 9,25 | 6:29 |
| 166 | 119 | Cochez Monique | Leeuwerik | V | 45 | 0:26:15 | 9,14 | 6:34 |
| 167 | 132 | Maes Liana | Lond | V | 46 | 0:26:23 | 9,10 | 6:36 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|--------------------------|-------------|-----|-------|---------|------|---------|
| 168 | 261 | D Hose Soetkin | | V | 47 | 0:26:26 | 9,08 | 6:36 |
| 169 | 198 | Stiens Luk | Leeuwerik | M | 122 | 0:26:56 | 8,91 | 6:44 |
| 170 | 111 | Dehaever Miriam | Jc Oetingen | V | 48 | 0:27:01 | 8,88 | 6:45 |
| 171 | 112 | Ghijssels Roger | Jc Oetingen | M | 123 | 0:27:03 | 8,87 | 6:46 |
| 172 | 86 | Verstraete Valerie | Wambeek | V | 49 | 0:27:09 | 8,84 | 6:47 |
| 173 | 158 | Borrenmans Gert Jan | | M | 124 | 0:27:17 | 8,80 | 6:49 |
| 174 | 167 | Deriche Sandra | | V | 50 | 0:27:18 | 8,79 | 6:49 |
| 175 | 197 | Hannon Georgette | Leeuwerik | V | 51 | 0:27:26 | 8,75 | 6:51 |
| 176 | 189 | Lallemand Marcella | Leeuwerik | V | 52 | 0:27:27 | 8,74 | 6:52 |
| 177 | 243 | Borremans Veerle | | V | 53 | 0:27:31 | 8,72 | 6:53 |
| 178 | 211 | Van Schelvergem Carine | Kfc Wambeek | V | 54 | 0:27:34 | 8,71 | 6:53 |
| 179 | 247 | Knops Sara | Leeuwerik | V | 55 | 0:28:02 | 8,56 | 7:01 |
| 180 | 99 | De Neve Herman | | M | 125 | 0:28:12 | 8,51 | 7:03 |
| 181 | 185 | Leurs Annemie | Acp | V | 56 | 0:28:45 | 8,35 | 7:11 |
| 182 | 72 | Van Vaerenbergh Kathleen | | V | 57 | 0:29:02 | 8,27 | 7:15 |
| 183 | 258 | Van Den Broeck Dina | | V | 58 | 0:29:05 | 8,25 | 7:16 |
| 184 | 85 | Verhavert Kristien | Wambeek | V | 59 | 0:29:13 | 8,21 | 7:18 |
| 185 | 212 | De Bast Stijn | Kfc Wambeek | M | 126 | 0:29:21 | 8,18 | 7:20 |
| 186 | 156 | Stiens Joke | Leeuwerik | V | 60 | 0:29:23 | 8,17 | 7:21 |
| 187 | 155 | Thibaut Wietse | Leeuwerik | V | 61 | 0:29:25 | 8,16 | 7:21 |
| 188 | 187 | Ceuppens Gaston | Leeuwerik | M | 127 | 0:29:28 | 8,14 | 7:22 |
| 189 | 54 | Gonzalez Aguado | | M | 128 | 0:29:46 | 8,06 | 7:26 |
| 190 | 136 | Merens Marc | Electrabel | M | 129 | 0:29:53 | 8,03 | 7:28 |
| 191 | 188 | Laus Marie Louise | Leeuwerik | V | 62 | 0:30:35 | 7,85 | 7:39 |
| 192 | 235 | Desme Noel | Leeuwerik | M | 130 | 0:31:59 | 7,50 | 8:00 |
| 193 | 211 | Van Schelvergem Carine | Kfc Wambeek | V | 63 | 0:33:07 | 7,25 | 8:17 |
| 194 | 90 | Nolmans Francis | Leeuwerik | M | 131 | 0:33:47 | 7,10 | 8:27 |
| 195 | 66 | Billis Alfons | Leeuwerik | M | 132 | 0:34:11 | 7,02 | 8:33 |
| 196 | 69 | Bergmans Anny | | V | 64 | 0:35:34 | 6,75 | 8:54 |

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| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|-----------------|------|-------|---------|-------|---------|
| 1 | 118 | Van Droogenbroeck Lander | Dac | MSEN | 1 | 0:32:49 | 19,01 | 3:09 |
| 2 | 77 | De Vijlder Dave | | MSEN | 2 | 0:35:13 | 17,72 | 3:23 |
| 3 | 213 | Dada Mohamed | Assa | MSEN | 3 | 0:35:23 | 17,64 | 3:24 |
| 4 | 8 | Mollaert Dirk | | MSEN | 4 | 0:35:43 | 17,47 | 3:26 |
| 5 | 121 | De Bondt Hendrik | | MMA1 | 1 | 0:35:52 | 17,40 | 3:27 |
| 6 | 137 | Molemans Luc | | MMA1 | 2 | 0:36:08 | 17,27 | 3:28 |
| 7 | 180 | Kestermont Bruno | Dtta | MMA1 | 3 | 0:36:15 | 17,21 | 3:29 |
| 8 | 129 | Van Den Broek Michael | Dac | MJUN | 1 | 0:36:36 | 17,05 | 3:31 |
| 9 | 239 | De Backer Christophe | Leeuwerik | MSEN | 5 | 0:37:24 | 16,68 | 3:36 |
| 10 | 234 | Coenraets Vincent | Resc | MSEN | 6 | 0:37:46 | 16,52 | 3:38 |
| 11 | 197 | Van Droogenbroeck Dirk | Liekerk Jogging | MSEN | 7 | 0:38:24 | 16,25 | 3:42 |
| 12 | 91 | Seghers Ronny | Dac | MSEN | 8 | 0:38:36 | 16,17 | 3:43 |
| 13 | 80 | Stoppie Filip | Bvl | MJUN | 2 | 0:39:37 | 15,75 | 3:49 |
| 14 | 12 | De Bot Ronny | Wambeek | MSEN | 9 | 0:39:50 | 15,67 | 3:50 |
| 15 | 19 | Bruylandt Kris | Sfinxteam | MSEN | 10 | 0:39:59 | 15,61 | 3:51 |
| 16 | 107 | Depester Jan | Jc Oetingen | MMA1 | 4 | 0:40:06 | 15,56 | 3:51 |
| 17 | 200 | Meert Marcel | Vita | MMA2 | 1 | 0:40:16 | 15,50 | 3:52 |
| 18 | 42 | Den Houdijker David | Joggers Beersel | MSEN | 11 | 0:40:20 | 15,47 | 3:53 |
| 19 | 60 | Peetrans Gurick | Bvl | MMA1 | 5 | 0:40:22 | 15,46 | 3:53 |
| 20 | 217 | Buggenhoudt Dieter | | MSEN | 12 | 0:40:26 | 15,43 | 3:53 |
| 21 | 226 | Van Loock Erik | Joggers Beersel | MMA1 | 6 | 0:40:27 | 15,43 | 3:53 |
| 22 | 84 | Van Der Vennet Lode | Leeuwerik | MMA2 | 2 | 0:40:31 | 15,40 | 3:54 |
| 23 | 140 | De Ryck Pieter | Ea | MMA1 | 7 | 0:40:36 | 15,37 | 3:54 |
| 24 | 158 | Kerkhove Bernard | Dac | MMA1 | 8 | 0:40:37 | 15,36 | 3:54 |
| 25 | 9 | Clottemans Andre | Wambeek | MMA2 | 3 | 0:40:42 | 15,33 | 3:55 |
| 26 | 187 | Van Verdeghem Arne | Dac | MJUN | 3 | 0:40:45 | 15,31 | 3:55 |
| 27 | 51 | Vereecken Jean Pierre | Run Spirit | MMA1 | 9 | 0:40:54 | 15,26 | 3:56 |
| 28 | 3 | Puttaert Gunter | Wambeek | MSEN | 13 | 0:40:58 | 15,23 | 3:56 |
| 29 | 50 | Chiau Omer | | MMA2 | 4 | 0:41:09 | 15,16 | 3:57 |
| 30 | 32 | Van Campenhout Paul | Awe Ram | MMA2 | 5 | 0:41:14 | 15,13 | 3:58 |
| 31 | 156 | Teirlinck Louis | Lond | MMA2 | 6 | 0:41:32 | 15,02 | 4:00 |
| 32 | 246 | Notaerts Joris | Acp | MSEN | 14 | 0:41:40 | 14,98 | 4:00 |
| 33 | 122 | Bauters Danny | | MMA1 | 10 | 0:41:41 | 14,97 | 4:00 |
| 34 | 67 | Clottemans Eric | Wambeek | MMA1 | 11 | 0:41:43 | 14,96 | 4:01 |
| 35 | 2 | Van De Genachte Tom | Wambeek | MSEN | 15 | 0:41:44 | 14,95 | 4:01 |
| 36 | 119 | Bellemans Stefaan | Leeuwerik | MMA1 | 12 | 0:41:45 | 14,95 | 4:01 |
| 37 | 168 | Torreyens Jo | | MMA2 | 7 | 0:41:47 | 14,93 | 4:01 |
| 38 | 36 | Apers Annemie | | VSEN | 1 | 0:42:05 | 14,83 | 4:03 |
| 39 | 127 | De Smedt Dirk | | MMA1 | 13 | 0:42:22 | 14,73 | 4:04 |
| 40 | 166 | Torreyens Jef | Dac | MJUN | 4 | 0:42:39 | 14,63 | 4:06 |
| 41 | 35 | El Boujdairi Mohamed | Joggers Beersel | MMA2 | 8 | 0:42:42 | 14,61 | 4:06 |
| 42 | 145 | Louckx Peter | Leeuwerik | MMA2 | 9 | 0:42:44 | 14,60 | 4:07 |
| 43 | 171 | Bosmans Maarten | | MSEN | 16 | 0:42:50 | 14,57 | 4:07 |
| 44 | 68 | Massaer Jozef | Leeuwerik | MMA2 | 10 | 0:42:52 | 14,56 | 4:07 |
| 45 | 149 | Meert Jo | Ksg Spl | MSEN | 17 | 0:42:55 | 14,54 | 4:08 |
| 46 | 205 | Stroeykens Karel | | MSEN | 18 | 0:42:58 | 14,52 | 4:08 |
| 47 | 254 | Scherpereel Gunther | | MJUN | 5 | 0:43:07 | 14,47 | 4:09 |
| 48 | 63 | Verbrugghen Willy | Liekerk Jogging | MMA2 | 11 | 0:43:17 | 14,42 | 4:10 |
| 49 | 92 | Rhode Yves | Vrj | MMA1 | 14 | 0:43:19 | 14,41 | 4:10 |
| 50 | 185 | Van De Broeck Joris | | MSEN | 19 | 0:43:24 | 14,38 | 4:10 |
| 51 | 43 | Jans Joren | | MJUN | 6 | 0:43:30 | 14,34 | 4:11 |
| 52 | 93 | Pappaert Marc | Gooik | MMA1 | 15 | 0:43:34 | 14,32 | 4:11 |
| 53 | 134 | Schamphelaar Willem | | MSEN | 20 | 0:43:46 | 14,26 | 4:13 |
| 54 | 90 | Bouemans Kevin | Kfc Wambeek | MSEN | 21 | 0:43:53 | 14,22 | 4:13 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|-----------------|------|-------|---------|-------|---------|
| 55 | 202 | De Rijck Daan | Dac | MSEN | 22 | 0:43:57 | 14,20 | 4:14 |
| 56 | 144 | Leemans Eddy | | MMA2 | 12 | 0:43:59 | 14,19 | 4:14 |
| 57 | 222 | Spinnoy Daniel | Lond | MMA2 | 13 | 0:44:02 | 14,17 | 4:14 |
| 58 | 231 | Segers Danny | | MMA1 | 16 | 0:44:03 | 14,17 | 4:14 |
| 59 | 27 | Van Den Abbeel Rafas | Rafas | MMA2 | 14 | 0:44:09 | 14,13 | 4:15 |
| 60 | 86 | De Broey Abel | Savio | MMA3 | 1 | 0:44:15 | 14,10 | 4:15 |
| 61 | 235 | Vervueren Jan | Wambeek | MMA2 | 15 | 0:44:20 | 14,08 | 4:16 |
| 62 | 72 | Jans Bart | | MSEN | 23 | 0:44:23 | 14,06 | 4:16 |
| 63 | 251 | Roelandts Rudi | Acp | MMA1 | 17 | 0:44:26 | 14,04 | 4:16 |
| 64 | 135 | Aeyels Eric | Pallieters | MMA2 | 16 | 0:44:29 | 14,03 | 4:17 |
| 65 | 124 | Bronselaeer Gert | Liekerk Jogging | MSEN | 24 | 0:44:33 | 14,01 | 4:17 |
| 66 | 74 | De Wael Kristof | Sad Rebel | MSEN | 25 | 0:44:35 | 14,00 | 4:17 |
| 67 | 221 | Wynant Hilde | Lond | VMA1 | 1 | 0:44:40 | 13,97 | 4:18 |
| 68 | 150 | Wijndaele Marc | Wambeek | MMA1 | 18 | 0:44:52 | 13,91 | 4:19 |
| 69 | 1 | Laevens Marc | Wambeek | MMA3 | 2 | 0:45:02 | 13,86 | 4:20 |
| 70 | 153 | De Koninck Geert | Vds | MMA1 | 19 | 0:45:04 | 13,85 | 4:20 |
| 71 | 167 | Torreyns Fien | Dac | VJUN | 1 | 0:45:08 | 13,83 | 4:20 |
| 72 | 10 | Van Hecke Carl | Wambeek | MMA1 | 20 | 0:45:13 | 13,80 | 4:21 |
| 73 | 155 | Dedecker Therese | Lond | VMA2 | 1 | 0:45:22 | 13,75 | 4:22 |
| 74 | 258 | Van Heghe Bart | | MSEN | 26 | 0:45:28 | 13,72 | 4:22 |
| 75 | 165 | De Smeth Randy | Leeuwerik | MSEN | 27 | 0:45:34 | 13,69 | 4:23 |
| 76 | 261 | Uyttendaele Joeri | | MMA1 | 21 | 0:45:36 | 13,68 | 4:23 |
| 77 | 198 | Mergan Koen | Jc Erembodegem | MSEN | 28 | 0:45:38 | 13,67 | 4:23 |
| 78 | 174 | Annendijck Gaston | Leeuwerik | MMA3 | 3 | 0:45:39 | 13,67 | 4:23 |
| 79 | 78 | De Meuter Ronald | Wambeek | MMA1 | 22 | 0:45:43 | 13,65 | 4:24 |
| 80 | 114 | De Nul Jo | | MMA1 | 23 | 0:45:46 | 13,63 | 4:24 |
| 81 | 128 | De Rop Luc | Liekerk Jogging | MMA2 | 17 | 0:45:47 | 13,63 | 4:24 |
| 82 | 249 | Dekens Kristof | | MSEN | 29 | 0:45:48 | 13,62 | 4:24 |
| 83 | 195 | Vyncke Jan | | MSEN | 30 | 0:45:50 | 13,61 | 4:24 |
| 84 | 133 | Van Valckenborgh Frank | Liekerk Jogging | MMA2 | 18 | 0:45:53 | 13,60 | 4:25 |
| 85 | 162 | De Cock Marie Jose | Ac Grim | VMA2 | 2 | 0:46:08 | 13,53 | 4:26 |
| 86 | 83 | Truyers Pieter Jan | Acp | MJUN | 7 | 0:46:10 | 13,52 | 4:26 |
| 87 | 53 | Vandenbrande Steven | Joggers Beersel | MSEN | 31 | 0:46:15 | 13,49 | 4:27 |
| 88 | 159 | Eylenbosch Jan | Leeuwerik | MMA2 | 19 | 0:46:18 | 13,48 | 4:27 |
| 89 | 250 | Gerretrer Gust | Kfc Wambeek | MJUN | 8 | 0:46:20 | 13,47 | 4:27 |
| 90 | 18 | Buelens Geert | | MSEN | 32 | 0:46:22 | 13,46 | 4:28 |
| 91 | 25 | Roelandts Olivier | Joggers Beersel | MMA1 | 24 | 0:46:24 | 13,45 | 4:28 |
| 92 | 71 | Herremans Sven | Joggers Beersel | MSEN | 33 | 0:46:27 | 13,43 | 4:28 |
| 93 | 100 | Schuddinck Bart | Liekerk Jogging | MSEN | 34 | 0:46:32 | 13,41 | 4:28 |
| 94 | 215 | De Rijck Gaston | Kwb Krokegem | MMA1 | 25 | 0:46:33 | 13,40 | 4:29 |
| 95 | 248 | Nolmans Bart | Leeuwerik | MSEN | 35 | 0:46:35 | 13,40 | 4:29 |
| 96 | 62 | Heymans Johnny | Liekerk Jogging | MMA3 | 4 | 0:46:41 | 13,37 | 4:29 |
| 97 | 240 | Van Hiel Paul | Joggers Beersel | MSEN | 36 | 0:46:47 | 13,34 | 4:30 |
| 98 | 243 | Mussche Frederik | | MSEN | 37 | 0:46:51 | 13,32 | 4:30 |
| 99 | 26 | Van Mulders Luc | Wambeek | MMA2 | 20 | 0:46:52 | 13,31 | 4:30 |
| 100 | 175 | Vierendeel Magda | Acp | VMA1 | 2 | 0:46:55 | 13,30 | 4:31 |
| 101 | 170 | De Witte Christian | | MMA2 | 21 | 0:47:05 | 13,25 | 4:32 |
| 102 | 44 | Walraevens Mario | Leeuwerik | MSEN | 38 | 0:47:12 | 13,22 | 4:32 |
| 103 | 7 | Calloens Roger | Leeuwerik | MMA2 | 22 | 0:47:24 | 13,16 | 4:33 |
| 104 | 73 | Danou Kristof | | MSEN | 39 | 0:47:32 | 13,13 | 4:34 |
| 105 | 111 | Meert Mark | | MSEN | 40 | 0:47:42 | 13,08 | 4:35 |
| 106 | 96 | De Weerd Jonathan | Acp | MMA2 | 23 | 0:47:44 | 13,07 | 4:35 |
| 107 | 99 | Nuyttens Hendrik | Liekerk Jogging | MMA2 | 24 | 0:47:53 | 13,03 | 4:36 |
| 108 | 219 | Claes Luc | | MMA1 | 26 | 0:47:56 | 13,02 | 4:37 |
| 109 | 252 | Geeraerts Geert | | MSEN | 41 | 0:47:58 | 13,01 | 4:37 |
| 110 | 126 | Dixon Alan | Liekerk Jogging | MMA3 | 5 | 0:48:01 | 13,00 | 4:37 |
| 111 | 199 | Groebbens Pieter | Ksk Erembodem | MSEN | 42 | 0:48:02 | 12,99 | 4:37 |

| PL | NR | Naam | Club | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|--------------------------|--------------|------|-------|---------|-------|---------|
| 112 | 191 | Garain Tim | | MJUN | 9 | 0:48:05 | 12,98 | 4:37 |
| 113 | 190 | Van Kelecom Michiel | | MJUN | 10 | 0:48:06 | 12,97 | 4:37 |
| 114 | 176 | Vettenburg Peter | | MSEN | 43 | 0:48:07 | 12,97 | 4:38 |
| 115 | 13 | Schouppe Maurice | Acg | MMA4 | 1 | 0:48:08 | 12,96 | 4:38 |
| 116 | 169 | Sioen Bart | | MSEN | 44 | 0:48:35 | 12,84 | 4:40 |
| 117 | 218 | Van Laethem Wilfried | | MSEN | 45 | 0:48:39 | 12,83 | 4:41 |
| 118 | 105 | Rokegem Staf | | MJUN | 11 | 0:48:43 | 12,81 | 4:41 |
| 119 | 104 | Moerenhout Hugo | | MMA1 | 27 | 0:48:45 | 12,80 | 4:41 |
| 120 | 157 | Van Geit Gustaaf | Pallieters | MMA3 | 6 | 0:48:58 | 12,74 | 4:42 |
| 121 | 259 | Verhasselt Pieter | | MMA1 | 28 | 0:49:00 | 12,73 | 4:43 |
| 122 | 40 | Schoukens Willy | Dac | MMA3 | 7 | 0:49:03 | 12,72 | 4:43 |
| 123 | 106 | Heyvaert Luc | Leeuwerik | MMA2 | 25 | 0:49:06 | 12,71 | 4:43 |
| 124 | 183 | Albrecht Johan | Wambeek | MMA1 | 29 | 0:49:10 | 12,69 | 4:44 |
| 125 | 49 | Beerens Jan | | MMA1 | 30 | 0:49:14 | 12,67 | 4:44 |
| 126 | 87 | Van Cutsem Jenta | Kfc Wambeek | MJUN | 12 | 0:49:28 | 12,61 | 4:45 |
| 127 | 88 | Wauters Sieve | Kfc Wambeek | MJUN | 13 | 0:49:29 | 12,61 | 4:45 |
| 128 | 89 | Van Der Munsbrugge Erwin | Kfc Wambeek | MSEN | 46 | 0:49:30 | 12,61 | 4:46 |
| 129 | 29 | Schouppe Anita | Axa | VMA3 | 1 | 0:49:31 | 12,60 | 4:46 |
| 130 | 182 | Mostinckx Eddy | Acp | MMA1 | 31 | 0:49:37 | 12,58 | 4:46 |
| 131 | 15 | Van Lierde Jurgen | | MSEN | 47 | 0:49:38 | 12,57 | 4:46 |
| 132 | 223 | Roobaert Jos | | MMA2 | 26 | 0:49:47 | 12,53 | 4:47 |
| 133 | 4 | Michiels Patrick | | MSEN | 48 | 0:49:57 | 12,49 | 4:48 |
| 134 | 79 | Van Cauwenberghe Freddy | | MMA1 | 32 | 0:50:00 | 12,48 | 4:48 |
| 135 | 61 | Michiels Greta | Bvl | VMA2 | 3 | 0:50:02 | 12,47 | 4:49 |
| 136 | 214 | Loonen Willem | Bvl | MMA3 | 8 | 0:50:03 | 12,47 | 4:49 |
| 137 | 54 | Biesemans Vera | Lond | VMA2 | 4 | 0:50:05 | 12,46 | 4:49 |
| 138 | 20 | Van Waeyenbergh Luc | Leeuwerik | MMA2 | 27 | 0:50:06 | 12,46 | 4:49 |
| 139 | 238 | De Clercq Jan | | MSEN | 49 | 0:50:09 | 12,44 | 4:49 |
| 140 | 210 | Sans Jasper | Ddta | MJUN | 14 | 0:50:10 | 12,44 | 4:49 |
| 141 | 154 | Van Hemelrijck Johan | Leeuwerik | MMA1 | 33 | 0:50:11 | 12,43 | 4:50 |
| 142 | 47 | Van Den Driesch Francois | Dacm | MMA1 | 34 | 0:50:16 | 12,41 | 4:50 |
| 143 | 64 | De Petter Roger | Dender | MMA2 | 28 | 0:50:18 | 12,41 | 4:50 |
| 144 | 211 | De Ro Jonathan | | MJUN | 15 | 0:50:23 | 12,39 | 4:51 |
| 145 | 178 | Van Campenhout Rudi | Leeuwerik | MMA1 | 35 | 0:50:24 | 12,38 | 4:51 |
| 146 | 228 | Eylenbosch Rik | | MMA1 | 36 | 0:50:25 | 12,38 | 4:51 |
| 147 | 6 | Creylman Guido | | MMA2 | 29 | 0:50:29 | 12,36 | 4:51 |
| 148 | 232 | Cooremans Christophe | | MMA1 | 37 | 0:50:38 | 12,32 | 4:52 |
| 149 | 132 | De Kerpel Andre | | MMA2 | 30 | 0:50:41 | 12,31 | 4:52 |
| 150 | 75 | Lievens Dirk | Winterthur | MMA1 | 38 | 0:50:46 | 12,29 | 4:53 |
| 151 | 181 | Le Bacq Steve | | MSEN | 50 | 0:50:49 | 12,28 | 4:53 |
| 152 | 45 | Vierendeels Siebert | Wambeek | MJUN | 16 | 0:50:51 | 12,27 | 4:53 |
| 153 | 81 | Malfroy Jens | Wambeek | MJUN | 17 | 0:50:52 | 12,27 | 4:53 |
| 154 | 130 | Bicke Paul | Acp | MMA2 | 31 | 0:50:55 | 12,26 | 4:54 |
| 155 | 206 | Prove Michel | | MMA1 | 39 | 0:50:59 | 12,24 | 4:54 |
| 156 | 56 | Timmermans Geert | | MSEN | 51 | 0:51:01 | 12,23 | 4:54 |
| 157 | 103 | Vierendeel Rita | Leeuwerik | VJUN | 2 | 0:51:03 | 12,22 | 4:55 |
| 158 | 102 | Van Den Broeke Pol | Leeuwerik | MMA2 | 32 | 0:51:08 | 12,20 | 4:55 |
| 159 | 188 | De Rijck Kamiel | Dac | MMA2 | 33 | 0:51:21 | 12,15 | 4:56 |
| 160 | 207 | Matthieu Michel | | MMA1 | 40 | 0:51:25 | 12,14 | 4:57 |
| 161 | 189 | Van Kelecom Dirk | | MMA1 | 41 | 0:51:31 | 12,11 | 4:57 |
| 162 | 244 | De Coster Lennert | | MJUN | 18 | 0:51:33 | 12,10 | 4:57 |
| 163 | 257 | Van Cutsem Sam | Kwb Krokegem | MJUN | 19 | 0:51:35 | 12,10 | 4:58 |
| 164 | 125 | De Mey Christine | Wambeek | MMA1 | 42 | 0:51:40 | 12,08 | 4:58 |
| 165 | 108 | Van Langendonck Jan | | MSEN | 52 | 0:51:43 | 12,07 | 4:58 |
| 166 | 203 | Lippens Walter | Oeh | MMA2 | 34 | 0:51:44 | 12,06 | 4:58 |
| 167 | 48 | Capellen Daniel | Oeh | MMA2 | 35 | 0:51:46 | 12,05 | 4:59 |
| 168 | 151 | Haine Jan | | MSEN | 53 | 0:51:48 | 12,05 | 4:59 |

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|-----|-----|------------------------|-----------------|------|-------|---------|-------|---------|
| 169 | 33 | Van Campenhout Sanne | Lond | VJUN | 3 | 0:51:53 | 12,03 | 4:59 |
| 170 | 85 | Van Huyghem Bart | | MSEN | 54 | 0:51:56 | 12,02 | 5:00 |
| 171 | 109 | Van Der Motten Erwin | Leeuwerik | MMA3 | 9 | 0:52:00 | 12,00 | 5:00 |
| 172 | 138 | Francois Kris | | MSEN | 55 | 0:52:02 | 11,99 | 5:00 |
| 173 | 152 | Coulon Jacques | Axa | MMA2 | 36 | 0:52:16 | 11,94 | 5:02 |
| 174 | 82 | Truyens Chris | Acp | MMA1 | 43 | 0:52:21 | 11,92 | 5:02 |
| 175 | 177 | Doms Paul | | MMA1 | 44 | 0:52:31 | 11,88 | 5:03 |
| 176 | 256 | Vermeiren Hugo | Affligem | MMA1 | 45 | 0:52:33 | 11,87 | 5:03 |
| 177 | 31 | Hunninck Marianne | | VMA1 | 3 | 0:52:35 | 11,87 | 5:03 |
| 178 | 260 | Hyndrikx Erwin | | MSEN | 56 | 0:52:55 | 11,79 | 5:05 |
| 179 | 46 | Den Houdijker Willem | Joggers Beersel | MMA2 | 37 | 0:53:06 | 11,75 | 5:06 |
| 180 | 22 | Troncke Maarten | | MSEN | 57 | 0:53:07 | 11,75 | 5:06 |
| 181 | 209 | Sans Filip | | MMA1 | 46 | 0:53:09 | 11,74 | 5:07 |
| 182 | 101 | Rogghe Luc | Leeuwerik | MMA2 | 38 | 0:53:15 | 11,72 | 5:07 |
| 183 | 110 | Lebegge Roger | Leeuwerik | MJUN | 20 | 0:53:22 | 11,69 | 5:08 |
| 184 | 52 | Mosselmans Ann | Lond | MSEN | 58 | 0:53:23 | 11,69 | 5:08 |
| 185 | 57 | Van Lierde Jos | Bvl | MMA1 | 47 | 0:53:25 | 11,68 | 5:08 |
| 186 | 241 | Tromhilde Lieven | | MMA1 | 48 | 0:53:35 | 11,65 | 5:09 |
| 187 | 11 | Servranckx Joris | | MSEN | 59 | 0:53:38 | 11,63 | 5:09 |
| 188 | 233 | Verschelden Marc | | MMA2 | 39 | 0:53:41 | 11,62 | 5:10 |
| 189 | 22 | Troncke Maarten | | MSEN | 60 | 0:53:43 | 11,62 | 5:10 |
| 190 | 247 | Depret Lieve | | VMA2 | 5 | 0:53:46 | 11,61 | 5:10 |
| 191 | 30 | Meyts Sandy | | VMA1 | 4 | 0:53:55 | 11,57 | 5:11 |
| 192 | 5 | De Vos Walter | | MMA2 | 40 | 0:53:57 | 11,57 | 5:11 |
| 193 | 58 | Van Puyenbroec K Andre | Dtta | MMA3 | 10 | 0:54:05 | 11,54 | 5:12 |
| 194 | 255 | Polfliet Ludwig | | MMA2 | 41 | 0:54:08 | 11,53 | 5:12 |
| 195 | 216 | Engels Nancy | Kwb Krokegem | VMA1 | 5 | 0:54:23 | 11,47 | 5:14 |
| 196 | 253 | Derlson Marc | Run For Fun | MMA1 | 49 | 0:54:27 | 11,46 | 5:14 |
| 197 | 220 | Avet Leen | | VMA2 | 6 | 0:54:30 | 11,45 | 5:14 |
| 198 | 116 | Sammels Eva | | VSEN | 2 | 0:54:33 | 11,44 | 5:15 |
| 199 | 16 | Nieuwlandt Dirk | | MMA1 | 50 | 0:54:53 | 11,37 | 5:17 |
| 200 | 65 | Delacroix Staf | Wambeek | MJUN | 21 | 0:54:57 | 11,36 | 5:17 |
| 201 | 237 | Rasschaert Johan | | MSEN | 61 | 0:55:01 | 11,34 | 5:17 |
| 202 | 24 | Gauthier Christianne | Bjb | VMA2 | 7 | 0:55:17 | 11,29 | 5:19 |
| 203 | 23 | Villani Michel | Bjb | MMA2 | 42 | 0:55:21 | 11,27 | 5:19 |
| 204 | 194 | Bellemans Jurgen | | MSEN | 62 | 0:55:26 | 11,26 | 5:20 |
| 205 | 164 | Michiels Greet | | VMA2 | 8 | 0:55:29 | 11,25 | 5:20 |
| 206 | 224 | Bellemans Riet | Recreatiesport | VMA2 | 9 | 0:55:34 | 11,23 | 5:21 |
| 207 | 245 | De Rybel Tachteld | Affligem | MSEN | 63 | 0:55:35 | 11,23 | 5:21 |
| 208 | 204 | Leemans Heidi | | VMA1 | 6 | 0:55:38 | 11,22 | 5:21 |
| 209 | 230 | De Bruyne Ronald | | MMA2 | 43 | 0:55:43 | 11,20 | 5:21 |
| 210 | 196 | Roesems Hans | | MJUN | 22 | 0:55:48 | 11,18 | 5:22 |
| 211 | 526 | | | | | 0:55:54 | 11,16 | 5:22 |
| 212 | 120 | Haegeman Wendy | Acp | MJUN | 23 | 0:55:56 | 11,16 | 5:23 |
| 213 | 227 | Herremans Ingrid | | VMA2 | 10 | 0:56:03 | 11,13 | 5:23 |
| 214 | 59 | Cornelis Lien | | VSEN | 3 | 0:56:17 | 11,09 | 5:25 |
| 215 | 55 | Sablon Pieter | | MSEN | 64 | 0:56:34 | 11,03 | 5:26 |
| 216 | 37 | Van De Putte Anna | | VMA2 | 11 | 0:56:44 | 11,00 | 5:27 |
| 217 | 28 | Verelst Roger | Axa | MMA3 | 11 | 0:56:45 | 11,00 | 5:27 |
| 218 | 113 | Janssens Linda | | VMA1 | 7 | 0:56:47 | 10,99 | 5:28 |
| 219 | 14 | Daem Thomas | | MSEN | 65 | 0:56:57 | 10,96 | 5:29 |
| 220 | 123 | Borremans Sofie | Wambeek | VSEN | 4 | 0:56:59 | 10,95 | 5:29 |
| 221 | 264 | Bolijn Guy | | MMA1 | 51 | 0:57:02 | 10,94 | 5:29 |
| 222 | 142 | Keymolen Roger | Spv Halle | MMA2 | 44 | 0:57:17 | 10,89 | 5:30 |
| 223 | 141 | Aerts Eva | Leeuwerik | VMA1 | 8 | 0:57:24 | 10,87 | 5:31 |
| 224 | 21 | Kemps Jean Pierre | Leeuwerik | MMA2 | 45 | 0:57:27 | 10,86 | 5:31 |
| 225 | 143 | Paulus Marc | Spv Halle | MMA2 | 46 | 0:57:30 | 10,85 | 5:32 |

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|-----|-----|-------------------------|-----------------|------|-------|---------|-------|---------|
| 226 | 112 | De Breucker Marc | | MMA1 | 52 | 0:57:32 | 10,85 | 5:32 |
| 227 | 236 | De Schippen Linsey | | VJUN | 4 | 0:57:35 | 10,84 | 5:32 |
| 228 | 208 | Imparato Emilio | | MMA1 | 53 | 0:57:36 | 10,83 | 5:32 |
| 229 | 136 | Stevens Serge | Leeuwerik | MMA1 | 54 | 0:57:43 | 10,81 | 5:33 |
| 230 | 17 | Goelens Marie Rose | Liekerk Jogging | VMA2 | 12 | 0:57:50 | 10,79 | 5:34 |
| 231 | 139 | Francois Jean Pierre | | MMA2 | 47 | 0:58:07 | 10,74 | 5:35 |
| 232 | 34 | Pas Christel | Awe Ram | VMA2 | 13 | 0:58:13 | 10,72 | 5:36 |
| 233 | 97 | Puttaert Felix | Wambeek | MMA3 | 12 | 0:58:51 | 10,60 | 5:40 |
| 234 | 98 | Eylenbosch Suzanne | Wambeek | VMA2 | 14 | 0:58:52 | 10,60 | 5:40 |
| 235 | 146 | Massaer Greta | | VMA2 | 15 | 0:59:05 | 10,56 | 5:41 |
| 236 | 66 | Delacroix Gina | Leeuwerik | VMA1 | 9 | 0:59:13 | 10,54 | 5:42 |
| 237 | 172 | Vellemans Christiane | Leeuwerik | VMA3 | 2 | 0:59:15 | 10,53 | 5:42 |
| 238 | 131 | Polfliet Christelle | Acp | VMA1 | 10 | 0:59:19 | 10,52 | 5:42 |
| 239 | 70 | Stiens Rudi | | MMA2 | 48 | 0:59:22 | 10,51 | 5:42 |
| 240 | 69 | Carels Hilde | Leeuwerik | VMA2 | 16 | 0:59:25 | 10,50 | 5:43 |
| 241 | 186 | Vastesaegeer Christophe | Leeuwerik | MSEN | 66 | 0:59:26 | 10,50 | 5:43 |
| 242 | 192 | Saels Mart | Kkh | MMA2 | 49 | 0:59:31 | 10,48 | 5:43 |
| 243 | 41 | Van De Putte | | | | 0:59:37 | 10,47 | 5:44 |
| 244 | 201 | Derijcke Dominique | | MMA1 | 55 | 0:59:55 | 10,41 | 5:46 |
| 245 | 263 | Van Cauteren Dirk | | MMA2 | 50 | 1:00:18 | 10,35 | 5:48 |
| 246 | 115 | Prime Ellen | | VMA2 | 17 | 1:00:33 | 10,31 | 5:49 |
| 247 | 117 | Vanderhaegen Jules | Acp | MMA3 | 13 | 1:00:44 | 10,27 | 5:50 |
| 248 | 184 | De Greef Jolien | | VSEN | 5 | 1:00:48 | 10,26 | 5:51 |
| 249 | 160 | Pleck Henri | Acp | MMA2 | 51 | 1:01:10 | 10,20 | 5:53 |
| 250 | 161 | Appelmans Alfons | | MMA3 | 14 | 1:01:12 | 10,20 | 5:53 |
| 251 | 148 | Cauwel Inge | | VMA1 | 11 | 1:03:22 | 9,85 | 6:06 |
| 252 | 163 | De Wolf Ingrid | | VMA2 | 18 | 1:03:24 | 9,84 | 6:06 |
| 253 | 94 | De Clercq Reinout | Asse Ternat | MSEN | 67 | 1:03:27 | 9,83 | 6:06 |
| 254 | 229 | Asselman Sabrina | | VMA1 | 12 | 1:03:46 | 9,79 | 6:08 |
| 255 | 147 | Van Den Hoeck Carine | | VMA1 | 13 | 1:04:01 | 9,75 | 6:09 |
| 256 | 174 | Annendijck Gaston | Leeuwerik | MMA3 | 15 | 1:04:53 | 9,62 | 6:14 |
| 257 | 193 | Roeckaerts Pieter | Kkh | MMA3 | 16 | 1:05:05 | 9,59 | 6:15 |
| 258 | 173 | Annendijck Vera | Wambeek | VSEN | 6 | 1:05:49 | 9,48 | 6:20 |
| 259 | 39 | Barbe Suzanne | Leeuwerik | VMA4 | 1 | 1:06:02 | 9,45 | 6:21 |
| 260 | 38 | Vastesaegeer Rufin | Leeuwerik | MMA3 | 17 | 1:06:03 | 9,45 | 6:21 |
| 261 | 179 | Verlinden Karin | Leeuwerik | VMA2 | 19 | 1:06:06 | 9,44 | 6:21 |
| 262 | 225 | Couck Roger | Jc Ganshoren | MMA4 | 2 | 1:06:26 | 9,39 | 6:23 |
| 263 | 242 | Cornelis Greta | Wambeek | VMA3 | 3 | 1:07:37 | 9,23 | 6:30 |
| 264 | 212 | Ide Albertus | | MMA1 | 56 | 1:07:50 | 9,20 | 6:31 |
| 265 | 262 | Doms Magda | | VMA2 | 20 | 1:14:25 | 8,39 | 7:09 |