

11e Dirk Martens Corrida Aalst - 13 januari 2008

Benjamins Meisjes - 750m

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|----------------------|----------|-----|-----|-------|---------|-------|---------|
| 1 | 5468 | De Naeyer Anke | DVM | 99 | V | 1 | 0:03:10 | 14,21 | 4:13 |
| 2 | 5469 | Van Limbergen Kelly | DVM | 99 | V | 2 | 0:03:13 | 13,99 | 4:17 |
| 3 | 5571 | De Veylder Annelore | EA | 99 | V | 3 | 0:03:14 | 13,92 | 4:19 |
| 4 | 5572 | Vinck Caitlin | VS | 99 | V | 4 | 0:03:29 | 12,92 | 4:39 |
| 5 | 5505 | Meuleman Ann-Sophie | SJC CAPU | 99 | V | 5 | 0:03:39 | 12,33 | 4:52 |
| 6 | 5506 | Callaert Julie | SJC CAPU | 00 | V | 6 | 0:03:40 | 12,27 | 4:53 |
| 7 | 5573 | Bevernaegie Lise | EA | 00 | V | 7 | 0:03:41 | 12,22 | 4:55 |
| 8 | 5462 | Mimounelkheir Amel | DVM | 00 | V | 8 | 0:03:42 | 12,16 | 4:56 |
| 9 | 5467 | Wartel Julie | DVM | 99 | V | 9 | 0:03:43 | 12,11 | 4:57 |
| 10 | 5504 | Moyersoer Pascaline | SJC CAPU | 99 | V | 10 | 0:03:46 | 11,95 | 5:01 |
| 11 | 5557 | Van Praet Emma | EA | 00 | V | 11 | 0:03:48 | 11,84 | 5:04 |
| 12 | 5466 | De Pauw Fien | DVM | 99 | V | 12 | 0:03:56 | 11,44 | 5:15 |
| 13 | 5578 | Gabriel Emma | VITA | 00 | V | 13 | 0:03:57 | 11,39 | 5:16 |
| 14 | 5574 | Beelaert Annelien | VS | 00 | V | 14 | 0:03:59 | 11,30 | 5:19 |
| 15 | 5465 | Van Impe Silke | DVM | 00 | V | 15 | 0:04:00 | 11,25 | 5:20 |
| 16 | 5555 | Vermeir Katrien | EA | 99 | V | 16 | 0:04:04 | 11,07 | 5:25 |
| 17 | 5579 | Van De Putte Amber | BS Park | 00 | V | 17 | 0:04:07 | 10,93 | 5:29 |
| 18 | 5586 | Van De Velde Nele | | | V | 18 | 0:04:09 | 10,84 | 5:32 |
| 19 | 5463 | Bourgeois Marie | DVM | 00 | V | 19 | 0:04:10 | 10,80 | 5:33 |
| 20 | 5521 | Moyersoon Sterre | SJC LA | 99 | V | 20 | 0:04:29 | 10,04 | 5:59 |
| 21 | 5567 | De Mesmaeker Jill | EA | 00 | V | 21 | 0:04:39 | 9,68 | 6:12 |
| 22 | 5553 | Cannoot Ellen | EA | 00 | V | 22 | 0:04:43 | 9,54 | 6:17 |
| 23 | 5447 | Van De Velde Fauve | EIK | 00 | V | 23 | 0:04:44 | 9,51 | 6:19 |
| 24 | 5464 | De Grom Emma | DVM | 00 | V | 24 | 0:04:47 | 9,41 | 6:23 |
| 25 | 5448 | Janssens Taja | EIK | 99 | V | 25 | 0:05:01 | 8,97 | 6:41 |
| 26 | 5446 | Van Poelvoorde Hanne | EIK | 00 | V | 26 | 0:05:24 | 8,33 | 7:12 |

Benjamins Jongens - 750m

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|----------|-----|-----|-------|---------|-------|---------|
| 1 | 5568 | Coppieters Evert | EA | 99 | M | 1 | 0:03:08 | 14,36 | 4:11 |
| 2 | 5580 | Van Belle Ward | EA | 99 | M | 2 | 0:03:11 | 14,14 | 4:15 |
| 3 | 5507 | Uyttersprot Kobe | SJC CAPU | 00 | M | 3 | 0:03:13 | 13,99 | 4:17 |
| 4 | 5478 | Wijnant Maarten | DVM | 99 | M | 4 | 0:03:15 | 13,85 | 4:20 |
| 5 | | Olivier Axel | EA | 00 | M | 5 | 0:03:20 | 13,50 | 4:27 |
| 6 | 5451 | Van De Velde Yannick | EIK | 99 | M | 6 | 0:03:21 | 13,43 | 4:28 |
| 7 | 5543 | Van Laethen Robbe | EA | 99 | M | 7 | 0:03:22 | 13,37 | 4:29 |
| 8 | 5450 | Van Geert Jonas | EIK | 99 | M | 8 | 0:03:23 | 13,30 | 4:31 |
| 9 | 5523 | Deloz Arthur | SJC LA | 00 | M | 9 | 0:03:24 | 13,24 | 4:32 |
| 10 | 5522 | Van Lierde Thomas | SJC LA | 99 | M | 10 | 0:03:27 | 13,04 | 4:36 |
| 11 | 5527 | Peeters Pieter | SJC LA | 00 | M | 11 | 0:03:29 | 12,92 | 4:39 |
| 12 | 5477 | Saerens Niel | DVM | 99 | M | 12 | 0:03:29 | 12,92 | 4:39 |
| 13 | 5509 | Verspeet Laurens | SJC CAPU | 00 | M | 13 | 0:03:30 | 12,86 | 4:40 |
| 14 | 5470 | De Pauw Bart | DVM | 00 | M | 14 | 0:03:31 | 12,80 | 4:41 |
| 15 | 5525 | Van Damme Ralph | SJC LA | 99 | M | 15 | 0:03:32 | 12,74 | 4:43 |
| 16 | 5524 | Luypaert Matthias | SJC LA | 99 | M | 16 | 0:03:36 | 12,50 | 4:48 |
| 17 | 5472 | Vanderhaegen Siemen | DVM | 00 | M | 17 | 0:03:37 | 12,44 | 4:49 |
| 18 | 5545 | Van Laethen Seppe | EA | 01 | M | 18 | 0:03:37 | 12,44 | 4:49 |
| 19 | 5512 | Callaert Brent | SJC CAPU | 00 | M | 19 | 0:03:38 | 12,39 | 4:51 |
| 20 | 5473 | Mimounelkheir Hamad | DVM | 99 | M | 20 | 0:03:46 | 11,95 | 5:01 |
| 21 | 5554 | Van Wunnik Arne | | 99 | M | 21 | 0:03:47 | 11,89 | 5:03 |
| 22 | 5508 | Simons Victor | SJC CAPU | 00 | M | 22 | 0:03:48 | 11,84 | 5:04 |
| 23 | 5564 | De Grote Maarten | EA | 99 | M | 23 | 0:03:49 | 11,79 | 5:05 |
| 24 | 5475 | Lowie Alexander | DVM | 99 | M | 24 | 0:03:49 | 11,79 | 5:05 |
| 25 | 5528 | Uyttendaele Robin | SJC LA | 99 | M | 25 | 0:04:07 | 10,93 | 5:29 |
| 26 | 5526 | Delanghe Laurens | SJC LA | 00 | M | 26 | 0:04:44 | 9,51 | 6:19 |
| 27 | 5476 | Aerssens Bert | DVM | 99 | M | 27 | 0:05:18 | 8,49 | 7:04 |
| 28 | 5471 | Van Der Stockt Thomas | DVM | 00 | M | 28 | | | |
| 29 | 5510 | Cillo Vincent | SJC CAPU | 00 | M | 29 | | | |

Pupillen Meisjes - 750m

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|----------|-----|-----|-------|------|-----|---------|
| 1 | 5530 | Rubbrecht Tina | SJC LA | 97 | V | 1 | | | |
| 2 | 5556 | De Vliege Ilkje | EA | 98 | V | 2 | | | |
| 3 | 5592 | Bellemans Jana | OEH | 98 | V | 3 | | | |
| 4 | 5560 | Vonck Lotte | EA | 98 | V | 4 | | | |
| 5 | 5486 | Wijnant Ellen | DVM | 97 | V | 5 | | | |
| 6 | 5585 | De Coen Amber | EA | 98 | V | 6 | | | |
| 7 | 5566 | Roggeman Jasmien | VS | 98 | V | 7 | | | |
| 8 | 5485 | Van Limbergen Tiffany | DVM | 97 | V | 8 | | | |
| 9 | 5484 | Bockstal Hanne | DVM | 98 | V | 9 | | | |
| 10 | 5551 | Van De Velde Louise | EA | 97 | V | 10 | | | |
| 11 | 5583 | De Rijcke Emilia | EA | 98 | V | 11 | | | |
| 12 | 5514 | De Smet Lisa | SJC CAPU | 98 | V | 12 | | | |
| 13 | 5513 | Pellarin Emi | SJC CAPU | 98 | V | 13 | | | |
| 14 | 8897 | Van Royen Felke | EA | | V | 14 | | | |
| 15 | 5479 | Coppens Nele | DVM | 98 | V | 15 | | | |
| 16 | 5480 | Van Goethem Femke | DVM | 98 | V | 16 | | | |
| 17 | 5483 | De Spiegeleer Sarah | DVM | 98 | V | 17 | | | |
| 18 | 5481 | Hendrickx Axelle | DVM | 98 | V | 18 | | | |

Pupillen Jongens - 1750m

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|--------------------------|----------|-----|-----|-------|---------|-------|---------|
| 1 | 5552 | Raemdonck Robin | VS | 97 | M | 1 | 0:05:57 | 17,65 | 3:24 |
| 2 | 5570 | Coppieters Kasper | EA | 97 | M | 2 | 0:06:08 | 17,12 | 3:30 |
| 3 | 5569 | Coppens Lucas | EA | 97 | M | 3 | 0:06:10 | 17,03 | 3:31 |
| 4 | 5540 | Jacobs Sven | EA | 97 | M | 4 | 0:06:13 | 16,89 | 3:33 |
| 5 | 5558 | Thienpondt Mulan | VITA | 97 | M | 5 | 0:06:20 | 16,58 | 3:37 |
| 6 | 5576 | Wailly Hendrik | EA | 97 | M | 6 | 0:06:23 | 16,45 | 3:39 |
| 7 | 5559 | Vermeersch Joran | VITA | 98 | M | 7 | 0:06:27 | 16,28 | 3:41 |
| 8 | 5563 | De Graef Anton | EA | 97 | M | 8 | 0:06:36 | 15,91 | 3:46 |
| 9 | 5575 | Bevernaegie Lars | EA | 98 | M | 9 | 0:06:38 | 15,83 | 3:47 |
| 10 | 5517 | De Lepeleer Matthias | SJC CAPU | 98 | M | 10 | 0:06:39 | 15,79 | 3:48 |
| 11 | 5516 | De Grootte Lukas | SJC CAPU | 98 | M | 11 | 0:06:40 | 15,75 | 3:49 |
| 12 | 5499 | De Veylder Stijn | EA | 96 | M | 12 | 0:06:41 | 15,71 | 3:49 |
| 13 | 5531 | Van Lierde Emmanuel | SJC LA | 98 | M | 13 | 0:06:43 | 15,63 | 3:50 |
| 14 | 5577 | Gabriel Maarten | VITA | 97 | M | 14 | 0:06:46 | 15,52 | 3:52 |
| 15 | 5453 | Van Huylenbroeck Servaas | EIK | 98 | M | 15 | 0:06:47 | 15,48 | 3:53 |
| 16 | 5546 | Lievens Stijn | | 97 | M | 16 | 0:06:50 | 15,37 | 3:54 |
| 17 | 5458 | Beerens Dieter | EIK | 97 | M | 17 | 0:06:52 | 15,29 | 3:55 |
| 18 | 5581 | Van De Male Victor | EA | 97 | M | 18 | 0:06:56 | 15,14 | 3:58 |
| 19 | 5519 | De Grootte Pauwel | SJC CAPU | 98 | M | 19 | 0:07:02 | 14,93 | 4:01 |
| 20 | 5454 | Demeyer Nicolas | EIK | 98 | M | 20 | 0:07:03 | 14,89 | 4:02 |
| 21 | 5487 | Wery Quinten | DVM | 98 | M | 21 | 0:07:05 | 14,82 | 4:03 |
| 22 | 5457 | Luypaert Pieter-Jan | EIK | 98 | M | 22 | 0:07:10 | 14,65 | 4:06 |
| 23 | 5515 | Uyttersprot Tibo | SJC CAPU | 98 | M | 23 | 0:07:11 | 14,62 | 4:06 |
| 24 | 5584 | De Donder Kyan | EA | 97 | M | 24 | 0:07:19 | 14,35 | 4:11 |
| 25 | 5488 | Heiremans Michiel | DVM | 98 | M | 25 | 0:07:22 | 14,25 | 4:13 |
| 26 | 5548 | De Potter Pol | EA | 97 | M | 26 | 0:07:25 | 14,16 | 4:14 |
| 27 | 5493 | Bourgeus Louis | DVM | 97 | M | 27 | 0:07:27 | 14,09 | 4:15 |
| 28 | 5492 | Vanderhaegen Alec | DVM | 97 | M | 28 | 0:07:37 | 13,79 | 4:21 |
| 29 | 5494 | Koulalis Jannis | DVM | 97 | M | 29 | 0:07:38 | 13,76 | 4:22 |
| 30 | 5520 | Duquet Thibault | SJC CAPU | 98 | M | 30 | 0:07:41 | 13,67 | 4:23 |
| 31 | 5532 | Van De Verre Dries | SJC LA | 98 | M | 31 | 0:07:58 | 13,18 | 4:33 |
| 32 | 5456 | Stalpaert Arne | EIK | 98 | M | 32 | 0:07:59 | 13,15 | 4:34 |
| 33 | 5455 | Demeyer Thibo | EIK | 98 | M | 33 | 0:07:59 | 13,15 | 4:34 |
| 34 | 5490 | Lowie Thibault | DVM | 98 | M | 34 | 0:08:10 | 12,86 | 4:40 |
| 35 | 5459 | Stalpaert Tim | EIK | 97 | M | 35 | 0:08:17 | 12,68 | 4:44 |
| 36 | 5587 | Poelman Steve | SBS | | M | 36 | 0:08:48 | 11,93 | 5:02 |
| 37 | 5491 | Roelandt Robin | DVM | 97 | M | 37 | 0:08:53 | 11,82 | 5:05 |

Miniemen Meisjes - 2500m

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|--------|-----|-----|-------|---------|-------|---------|
| 1 | 5541 | Frix Amelie | EA | 95 | V | 1 | 0:09:12 | 16,30 | 3:41 |
| 2 | 5589 | Debobbeleer Nele | VS | 95 | V | 2 | 0:09:13 | 16,27 | 3:41 |
| 3 | 5496 | De Rijck Myrthe | DVM | 96 | V | 3 | 0:10:00 | 15,00 | 4:00 |
| 4 | 8893 | Rottiers Kelly | EA | 96 | V | 4 | 0:10:04 | 14,90 | 4:02 |
| 5 | 5500 | Christien Jel | DVM | 96 | V | 5 | 0:10:05 | 14,88 | 4:02 |
| 6 | 5542 | Van Den Brulle Katoke | EA | 96 | V | 6 | 0:10:23 | 14,45 | 4:09 |
| 7 | 5498 | De Naeyer Kirsten | DVM | 96 | V | 7 | 0:10:42 | 14,02 | 4:17 |
| 8 | 5497 | De Naeyer Silke | DVM | 96 | V | 8 | 0:10:42 | 14,02 | 4:17 |
| 9 | 5534 | Van De Verre Tine | SJC LA | 96 | V | 9 | 0:11:06 | 13,51 | 4:26 |
| 10 | 5533 | Van Lierde Nathalie | SJC LA | 96 | V | 10 | 0:11:08 | 13,47 | 4:27 |
| 11 | 5495 | Bockstal Heleen | DVM | 96 | V | 11 | 0:12:04 | 12,43 | 4:50 |

Miniemen Jongens - 2500m

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|--------------------------|--------|-----|-----|-------|---------|-------|---------|
| 1 | 5544 | Ben Abdeljelil Jef | EA | 96 | M | 1 | 0:08:47 | 17,08 | 3:31 |
| 2 | 5539 | Erauw Keanu | SJC LA | 96 | M | 2 | 0:09:06 | 16,48 | 3:38 |
| 3 | 8896 | Brack Niels | EA | 95 | M | 3 | 0:09:11 | 16,33 | 3:40 |
| 4 | 8892 | Claus Vince | SJC | | M | 4 | 0:09:24 | 15,96 | 3:46 |
| 5 | 5593 | Claus Aron | SJC | | M | 5 | 0:09:28 | 15,85 | 3:47 |
| 6 | 5588 | Herregodts Preben | VITA | 95 | M | 6 | 0:09:38 | 15,57 | 3:51 |
| 7 | 5591 | Pottiez Yannick | EA | 95 | M | 7 | 0:09:41 | 15,49 | 3:52 |
| 8 | 8894 | De Ridder Jens | EA | 96 | M | 8 | 0:09:43 | 15,44 | 3:53 |
| 9 | 5561 | Vonck Klaas | EA | 95 | M | 9 | 0:09:43 | 15,44 | 3:53 |
| 10 | 5537 | Van Praet Frederik | SJC LA | 96 | M | 10 | 0:09:48 | 15,31 | 3:55 |
| 11 | 5590 | De Bruyn Marius | EA | 96 | M | 11 | 0:09:52 | 15,20 | 3:57 |
| 12 | 5582 | Van Der Straeten Kwinten | EA | 95 | M | 12 | 0:09:55 | 15,13 | 3:58 |
| 13 | 5538 | Van Praet Frank | SJC LA | 95 | M | 13 | 0:09:58 | 15,05 | 3:59 |
| 14 | 5565 | De Graef Wouter | EA | 95 | M | 14 | 0:10:06 | 14,85 | 4:02 |
| 15 | 8898 | Magdy Hegazy Tamer | EA | 96 | M | 15 | 0:10:12 | 14,71 | 4:05 |
| 16 | 5562 | Bockstol Kevin | EA | 96 | M | 16 | 0:10:23 | 14,45 | 4:09 |
| 17 | 8895 | Brack Lander | EA | 96 | M | 17 | 0:10:25 | 14,40 | 4:10 |
| 18 | 5535 | Deloz Louis | SJC LA | 96 | M | 18 | 0:10:33 | 14,22 | 4:13 |
| 19 | 5444 | De Meerleer Rien | SJC | 95 | M | 19 | 0:10:33 | 14,22 | 4:13 |
| 20 | 5550 | De Potter Klaus | SJC | 95 | M | 20 | 0:10:37 | 14,13 | 4:15 |
| 21 | 5501 | Wery Florian | DVM | 96 | M | 21 | 0:10:58 | 13,68 | 4:23 |
| 22 | 5502 | Coppens Pieter | DVM | 96 | M | 22 | 0:11:02 | 13,60 | 4:25 |
| 23 | 5461 | Kaba Junior | EIK | 96 | M | 23 | 0:11:02 | 13,60 | 4:25 |
| 24 | 5503 | Nijs Robbie | DVM | 96 | M | 24 | 0:11:11 | 13,41 | 4:28 |
| 25 | 5445 | Imschoot Benoit | SJC | 95 | M | 25 | 0:11:46 | 12,75 | 4:42 |
| 26 | 5489 | De Veylder Klaas | EA | 98 | M | 26 | 0:12:00 | 12,50 | 4:48 |
| 27 | 5536 | Peeters Gertjan | SJC LA | 96 | M | 27 | 0:12:03 | 12,45 | 4:49 |
| 28 | 5460 | Cinar Suleyman | EIK | 96 | M | 28 | 0:12:05 | 12,41 | 4:50 |

3 KM

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-------------------------|--------------|-----|------|-------|---------|-------|---------|
| 1 | 538 | Van Lunter Yannick | VS | 91 | MJUN | 1 | 0:10:04 | 17,88 | 3:21 |
| 2 | 514 | Vandenecker Hendrik | | 59 | M+45 | 1 | 0:10:10 | 17,70 | 3:23 |
| 3 | 531 | Vande Kerckhove Pieter | | 80 | MSEN | 1 | 0:10:19 | 17,45 | 3:26 |
| 4 | 527 | Herregodts Yves | VITA | 70 | M+35 | 1 | 0:10:30 | 17,14 | 3:30 |
| 5 | 524 | De Grave Jens | FUNRUNNERS | 92 | MJUN | 2 | 0:10:37 | 16,95 | 3:32 |
| 6 | 511 | Rijdant Pascal | ACG | 69 | M+35 | 2 | 0:10:41 | 16,85 | 3:34 |
| 7 | 568 | Porre Laurent | | 78 | MSEN | 2 | 0:10:43 | 16,80 | 3:34 |
| 8 | 556 | Lambrecht Levi | EA | 94 | MJUN | 3 | 0:11:01 | 16,34 | 3:40 |
| 9 | 520 | Schack Ester | EA | 90 | VJUN | 1 | 0:11:20 | 15,88 | 3:47 |
| 10 | 549 | De Troyer Niels | EA | 92 | MJUN | 4 | 0:11:26 | 15,74 | 3:49 |
| 11 | 551 | Crabbe Carolien | EA | 92 | VJUN | 2 | 0:11:36 | 15,52 | 3:52 |
| 12 | 544 | Van Royen Stijn | EA | 92 | MJUN | 5 | 0:11:40 | 15,43 | 3:53 |
| 13 | 512 | Van Wunnik Martin | | 67 | M+40 | 1 | 0:11:42 | 15,38 | 3:54 |
| 14 | 536 | De Vlaminck Carolien | ACG | 92 | VJUN | 3 | 0:11:58 | 15,04 | 3:59 |
| 15 | 517 | Verstichel Freddy | VOLHA | 47 | M+60 | 1 | 0:12:01 | 14,98 | 4:00 |
| 16 | 525 | De Ridder Vincent | EA | 94 | MJUN | 6 | 0:12:04 | 14,92 | 4:01 |
| 17 | 572 | Van De Sijpe Niguel | ROAD | 96 | MJUN | 7 | 0:12:10 | 14,79 | 4:03 |
| 18 | 559 | De Grauwe Jens | EA | 93 | MJUN | 8 | 0:12:14 | 14,71 | 4:05 |
| 19 | 569 | De Clercq Johan | | 66 | M+40 | 2 | 0:12:23 | 14,54 | 4:08 |
| 20 | 530 | Pottiez Yannick | EA | 95 | MJUN | 9 | 0:12:35 | 14,30 | 4:12 |
| 21 | 547 | De Troyer Wim | EA | 93 | MJUN | 10 | 0:12:40 | 14,21 | 4:13 |
| 22 | 521 | De Temmerman Marieke | EA | 90 | VJUN | 4 | 0:12:44 | 14,14 | 4:15 |
| 23 | 645 | Lievens Helene | EA | 92 | VJUN | 5 | 0:12:46 | 14,10 | 4:15 |
| 24 | 646 | De Feyter Lissa | EA | 92 | VJUN | 6 | 0:12:48 | 14,06 | 4:16 |
| 25 | 555 | Van Hoezen Thomas | SPIRIDON | 72 | M+35 | 3 | 0:12:52 | 13,99 | 4:17 |
| 26 | 562 | Bove Yacco | LOND | 94 | MJUN | 11 | 0:12:56 | 13,92 | 4:19 |
| 27 | 553 | Lombe Stephanie | | 93 | VJUN | 7 | 0:13:01 | 13,83 | 4:20 |
| 28 | 552 | Crabbe Stijn | | 74 | MSEN | 3 | 0:13:12 | 13,64 | 4:24 |
| 29 | 537 | De Vlaminck Karen | ACG | 94 | VJUN | 8 | 0:13:14 | 13,60 | 4:25 |
| 30 | 501 | Jacobs Sven | EA | 97 | MJUN | 12 | 0:13:14 | 13,60 | 4:25 |
| 31 | 554 | Crabbe Daniel | | 60 | M+45 | 2 | 0:13:15 | 13,58 | 4:25 |
| 32 | 543 | Taelemans John | AAV OPWIJK | 63 | M+40 | 3 | 0:13:18 | 13,53 | 4:26 |
| 33 | 637 | Van Den Brulle Katoke | EA | 96 | VJUN | 9 | 0:13:43 | 13,12 | 4:34 |
| 34 | 516 | Rubbrecht Tina | EA | 97 | VJUN | 10 | 0:13:58 | 12,89 | 4:39 |
| 35 | 565 | Kaci Yen | | 95 | VJUN | 11 | 0:13:59 | 12,87 | 4:40 |
| 36 | 540 | Brusselmans Lisa | TTL | 93 | VJUN | 12 | 0:14:18 | 12,59 | 4:46 |
| 37 | 505 | Mottola Laura | SJC | 94 | VJUN | 13 | 0:15:05 | 11,93 | 5:02 |
| 38 | 534 | Speliers Ilse | | 84 | VSEN | 1 | 0:15:06 | 11,92 | 5:02 |
| 39 | 546 | De Bolster Liesbet | | 84 | VSEN | 2 | 0:15:07 | 11,91 | 5:02 |
| 40 | 535 | Claus Sarah | | 91 | VJUN | 14 | 0:15:13 | 11,83 | 5:04 |
| 41 | 564 | Sorgeloos Marissa | VITA | 95 | VJUN | 15 | 0:15:13 | 11,83 | 5:04 |
| 42 | 523 | De Donder Kyan | EA | 97 | MJUN | 13 | 0:15:14 | 11,82 | 5:05 |
| 43 | 522 | De Donder Jurgen | EA | 67 | M+40 | 4 | 0:15:16 | 11,79 | 5:05 |
| 44 | 529 | De Bruyn Marins | EA | 96 | MJUN | 14 | 0:15:25 | 11,68 | 5:08 |
| 45 | 526 | De Smedt Melissa | EA | 95 | VJUN | 16 | 0:15:28 | 11,64 | 5:09 |
| 46 | 545 | Van Royen Tessa | EA | 94 | VJUN | 17 | 0:15:29 | 11,63 | 5:10 |
| 47 | 533 | Leon Silke | EA | 95 | VJUN | 18 | 0:16:01 | 11,24 | 5:20 |
| 48 | 570 | Coen Lynn | | 94 | VJUN | 19 | 0:16:07 | 11,17 | 5:22 |
| 49 | 532 | Leon Marc | | 64 | M+40 | 5 | 0:16:08 | 11,16 | 5:23 |
| 50 | 557 | Van Wassenhove Isabelle | VS | 76 | VSEN | 3 | 0:16:15 | 11,08 | 5:25 |
| 51 | 560 | Bove Michel | LOND | 61 | M+45 | 3 | 0:16:16 | 11,07 | 5:25 |
| 52 | 528 | Bockstael Christa | VITA | 69 | V+35 | 1 | 0:16:16 | 11,07 | 5:25 |
| 53 | 539 | Beeckman Severine | EA | 95 | VJUN | 20 | 0:16:22 | 11,00 | 5:27 |
| 54 | 561 | Olivier Ariane | LOND | 65 | V+40 | 1 | 0:16:30 | 10,91 | 5:30 |
| 55 | 550 | Stieperaere Hans | VLIERZELE SP | 59 | M+45 | 4 | 0:16:44 | 10,76 | 5:35 |
| 56 | 558 | Willems Frans | LEBB | 35 | M+70 | 1 | 0:16:53 | 10,66 | 5:38 |
| 57 | 518 | Leeuwerck Eddy | VAD | 46 | M+60 | 2 | 0:17:09 | 10,50 | 5:43 |
| 58 | 515 | Dekens Anja | BC | 72 | V+35 | 2 | 0:17:30 | 10,29 | 5:50 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|--------------------|-------------|------------|------------|--------------|-------------|------------|----------------|
| 59 | 519 | Vandaele Henriette | VAD | 51 | V+55 | 1 | 0:17:57 | 10,03 | 5:59 |
| 60 | 571 | Corthals Ines | | 94 | VJUN | 21 | 0:19:09 | 9,40 | 6:23 |
| 61 | 541 | Declerck Germaine | KKH | 47 | V+60 | 1 | 0:19:26 | 9,26 | 6:29 |
| 62 | 542 | Houtrelle Marcel | KKH | 45 | M+60 | 3 | 0:20:03 | 8,98 | 6:41 |
| 63 | 567 | Van Mulders Annick | | 71 | V+35 | 3 | 0:20:04 | 8,97 | 6:41 |
| 64 | 566 | Van Mulders Elke | | 82 | VSEN | 4 | 0:20:06 | 8,96 | 6:42 |
| 65 | 563 | Van Impe Marleen | VITA | 56 | V+50 | 1 | 0:20:09 | 8,93 | 6:43 |

6 KM

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-------------------------|-----------------|-----|------|-------|---------|-------|---------|
| 1 | 644 | Laga Fabrice | KAAGENT | 79 | MSEN | 1 | 0:18:21 | 19,62 | 3:04 |
| 2 | 758 | Daelman Stijn | EA | 82 | MSEN | 2 | 0:18:40 | 19,29 | 3:07 |
| 3 | 715 | Van De Verre Wim | EA | 76 | MSEN | 3 | 0:18:54 | 19,05 | 3:09 |
| 4 | 657 | Maris Jonas | DCLA | 87 | MSEN | 4 | 0:19:05 | 18,86 | 3:11 |
| 5 | 739 | Van Petegem Patrick | ZA | 78 | MSEN | 5 | 0:19:32 | 18,43 | 3:15 |
| 6 | 664 | Van Den Berghe Kristof | LAT | 76 | MSEN | 6 | 0:19:41 | 18,29 | 3:17 |
| 7 | 682 | De Potter Jenne | ACG | 79 | MSEN | 7 | 0:19:48 | 18,18 | 3:18 |
| 8 | 731 | De Backer Christophe | ACP | 78 | MSEN | 8 | 0:19:52 | 18,12 | 3:19 |
| 9 | 663 | Monchy Wouter | TRIGT | 85 | MSEN | 9 | 0:19:58 | 18,03 | 3:20 |
| 10 | 714 | Vijverman Jan | EA | 81 | MSEN | 10 | 0:20:04 | 17,94 | 3:21 |
| 11 | 672 | Stichelmans Frank | Pallieters | 64 | M+40 | 1 | 0:20:10 | 17,85 | 3:22 |
| 12 | 638 | Duquet Thierry | EA | 67 | M+40 | 2 | 0:20:31 | 17,55 | 3:25 |
| 13 | 666 | Dael Christophe | | 83 | MSEN | 11 | 0:20:41 | 17,41 | 3:27 |
| 14 | 642 | Van Nieuwenhuysse Jesse | HALESTRA AC | 83 | MSEN | 12 | 0:20:44 | 17,36 | 3:27 |
| 15 | 806 | Smet Karel | | 80 | MSEN | 13 | 0:20:51 | 17,27 | 3:29 |
| 16 | 652 | Duquet Joris | VS | 82 | MSEN | 14 | 0:21:21 | 16,86 | 3:34 |
| 17 | 741 | Denutte Dieter | EA | 91 | MJUN | 1 | 0:21:41 | 16,60 | 3:37 |
| 18 | 724 | Moreels Stefaan | EA | 68 | M+35 | 1 | 0:21:42 | 16,59 | 3:37 |
| 19 | 665 | Vandendriessche Melissa | OEH | 83 | VSEN | 1 | 0:21:47 | 16,53 | 3:38 |
| 20 | 656 | Moreels Peter | KAAGENT | 65 | M+40 | 3 | 0:21:55 | 16,43 | 3:39 |
| 21 | 800 | Cammerman Sven | ACDL | 78 | MSEN | 15 | 0:22:01 | 16,35 | 3:40 |
| 22 | 648 | De Ryck Thomas | EA | 92 | MJUN | 2 | 0:22:09 | 16,25 | 3:42 |
| 23 | 726 | Peetroons Gurick | BVL | 59 | M+45 | 1 | 0:22:10 | 16,24 | 3:42 |
| 24 | 649 | De Ryck Pieter | EA | 67 | M+40 | 4 | 0:22:14 | 16,19 | 3:42 |
| 25 | 768 | Van Vaerenbergh Kris | | 68 | M+35 | 2 | 0:22:39 | 15,89 | 3:47 |
| 26 | 650 | Van Impe Luc | LIEKERK JOGGING | 64 | M+40 | 5 | 0:23:02 | 15,63 | 3:50 |
| 27 | 746 | Bellemans Luc | OEH | 68 | M+35 | 3 | 0:23:06 | 15,58 | 3:51 |
| 28 | 732 | Van Den Berge Peter | FUNRUNNERS | 69 | M+35 | 4 | 0:23:12 | 15,52 | 3:52 |
| 29 | 799 | Schockaert Hedwig | SPIRIDON | 60 | M+45 | 2 | 0:23:17 | 15,46 | 3:53 |
| 30 | 681 | Broothaerts Joss | | 55 | M+50 | 1 | 0:23:17 | 15,46 | 3:53 |
| 31 | 653 | Speliers Jacques | EA | 57 | M+50 | 2 | 0:23:19 | 15,44 | 3:53 |
| 32 | 612 | Ringoet Johan | OTTA | 62 | M+45 | 3 | 0:23:26 | 15,36 | 3:54 |
| 33 | 712 | De Sadeleer Petra | VS | 84 | VSEN | 2 | 0:23:30 | 15,32 | 3:55 |
| 34 | 670 | De Troyer Francois | | 58 | M+45 | 4 | 0:23:38 | 15,23 | 3:56 |
| 35 | 659 | Malfroy Jens | KWB WAMBEKE | 92 | MJUN | 3 | 0:23:40 | 15,21 | 3:57 |
| 36 | 740 | Bruylandt Jean-Jacques | ACG | 56 | M+50 | 3 | 0:23:43 | 15,18 | 3:57 |
| 37 | 713 | Coppens Johan | ROADJOGGERS | 76 | MSEN | 16 | 0:23:48 | 15,13 | 3:58 |
| 38 | 766 | Geerts Jens | VITA | 92 | MJUN | 4 | 0:23:49 | 15,12 | 3:58 |
| 39 | 632 | Van Belle Joris | SPIRIDON | 69 | M+35 | 5 | 0:23:51 | 15,09 | 3:59 |
| 40 | 618 | Lanckmans Ronny | VITA | 67 | M+40 | 6 | 0:23:54 | 15,06 | 3:59 |
| 41 | 804 | D'hont Eric | | 63 | M+40 | 7 | 0:23:58 | 15,02 | 4:00 |
| 42 | 662 | De Rybel Ruud | TTL | 91 | MJUN | 5 | 0:23:59 | 15,01 | 4:00 |
| 43 | 763 | Ottoy Danny | FUNRUNNERS | 59 | M+45 | 5 | 0:24:00 | 15,00 | 4:00 |
| 44 | 770 | Callebaut Geert | | 75 | MSEN | 17 | 0:24:04 | 14,96 | 4:01 |
| 45 | 676 | Claus Pieter | EA | 93 | MJUN | 6 | 0:24:11 | 14,89 | 4:02 |
| 46 | 708 | De Schuyteneer Els | VITA | 80 | VSEN | 3 | 0:24:13 | 14,87 | 4:02 |
| 47 | 777 | Coppens Jeroen | EA | 82 | MSEN | 18 | 0:24:19 | 14,80 | 4:03 |
| 48 | 754 | Luypaert Tom | | 91 | MJUN | 7 | 0:24:28 | 14,71 | 4:05 |
| 49 | 702 | Lievens Mark | | 70 | M+35 | 6 | 0:24:31 | 14,68 | 4:05 |
| 50 | 703 | De Saedeleer Olivier | | 74 | MSEN | 19 | 0:24:33 | 14,66 | 4:05 |
| 51 | 709 | Braem Glen | | 90 | MJUN | 8 | 0:24:38 | 14,61 | 4:06 |
| 52 | 752 | Deruddere Lies | DAPALO | 86 | VSEN | 4 | 0:24:41 | 14,58 | 4:07 |
| 53 | 755 | Luypaert Xo | EA | 64 | M+40 | 8 | 0:24:46 | 14,54 | 4:08 |
| 54 | 721 | Van Den Eeckhout Bram | VS | 92 | MJUN | 9 | 0:24:47 | 14,53 | 4:08 |
| 55 | 722 | Van Den Eeckhout Liza | VS | 95 | VJUN | 1 | 0:24:47 | 14,53 | 4:08 |
| 56 | 513 | Vermeir Bert | EA | 94 | MJUN | 10 | 0:24:53 | 14,47 | 4:09 |
| 57 | 719 | Clement Danny | SNA WELLE | 60 | M+45 | 6 | 0:25:04 | 14,36 | 4:11 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-------------------------|---------------|-----|------|-------|---------|-------|---------|
| 58 | 701 | Faignaert Laurence | VS | 67 | V+40 | 1 | 0:25:08 | 14,32 | 4:11 |
| 59 | 655 | Taeleman Peter | | 65 | M+40 | 9 | 0:25:11 | 14,30 | 4:12 |
| 60 | 678 | De Potter Johan | ACG | 53 | M+50 | 4 | 0:25:14 | 14,27 | 4:12 |
| 61 | 794 | Matthijs Stefan | | 72 | M+35 | 7 | 0:25:17 | 14,24 | 4:13 |
| 62 | 609 | Rubbrecht Tim | EA | 94 | MJUN | 11 | 0:25:17 | 14,24 | 4:13 |
| 63 | 734 | Aeyels Eric | PALLIETERS | 50 | M+55 | 1 | 0:25:19 | 14,22 | 4:13 |
| 64 | 635 | De Wael Christophe | | 75 | MSEN | 20 | 0:25:37 | 14,05 | 4:16 |
| 65 | 805 | Oste Stefaan | | 78 | MSEN | 21 | 0:25:28 | 14,14 | 4:15 |
| 66 | 742 | Van Den Broeck Romina | DAC | 90 | VJUN | 2 | 0:25:31 | 14,11 | 4:15 |
| 67 | 603 | Tackels Chris | JC ZWIJNAARDE | 54 | M+50 | 5 | 0:25:33 | 14,09 | 4:16 |
| 68 | 614 | Munster Boris | BC | 76 | MSEN | 22 | 0:25:38 | 14,04 | 4:16 |
| 69 | 764 | Meganck Kris | | 70 | M+35 | 8 | 0:25:40 | 14,03 | 4:17 |
| 70 | 757 | Markey Luc | | 55 | M+50 | 6 | 0:25:45 | 13,98 | 4:17 |
| 71 | 658 | Pletinckx Carine | ACG | 65 | V+40 | 2 | 0:25:47 | 13,96 | 4:18 |
| 72 | 616 | De Veylder Wim | | 68 | M+35 | 9 | 0:26:11 | 13,75 | 4:22 |
| 73 | 640 | Moyersoen Nicolas | | 71 | M+35 | 10 | 0:26:22 | 13,65 | 4:24 |
| 74 | 729 | Michiels Greta | BVL | 60 | V+45 | 1 | 0:26:24 | 13,64 | 4:24 |
| 75 | 507 | Jacobs Bart | EA | 91 | MJUN | 12 | 0:26:28 | 13,60 | 4:25 |
| 76 | 738 | Van Geit Gustaaf | PALLIETERS | 44 | M+60 | 1 | 0:26:30 | 13,58 | 4:25 |
| 77 | 651 | Muyllart Jurgen | SNA WELLE | 63 | M+40 | 10 | 0:26:33 | 13,56 | 4:26 |
| 78 | 677 | Van Den Berghe Vera | RAAG | 55 | V+50 | 1 | 0:26:37 | 13,53 | 4:26 |
| 79 | 744 | Leeman Geert | | 67 | M+40 | 11 | 0:26:51 | 13,41 | 4:29 |
| 80 | 602 | De Meyst Erwin | Spiridon | 63 | M+40 | 12 | 0:26:51 | 13,41 | 4:29 |
| 81 | 745 | Leeman Sarah | VS | 94 | VJUN | 3 | 0:26:52 | 13,40 | 4:29 |
| 82 | 506 | Eemans Inge | EA | 63 | V+40 | 3 | 0:26:54 | 13,38 | 4:29 |
| 83 | 605 | Renneboog Piet | | 55 | M+50 | 7 | 0:27:13 | 13,23 | 4:32 |
| 84 | 639 | Podevijn Franky | | 74 | MSEN | 23 | 0:27:20 | 13,17 | 4:33 |
| 85 | 769 | De Neve Peter | VS | 66 | M+40 | 13 | 0:27:21 | 13,16 | 4:34 |
| 86 | 668 | Van Biesen Tineke | TTL | 89 | VJUN | 4 | 0:27:23 | 13,15 | 4:34 |
| 87 | 720 | Eeman Tony | | 51 | M+55 | 2 | 0:27:23 | 13,15 | 4:34 |
| 88 | 669 | Van Biesen Patrick | TTL | 60 | M+45 | 7 | 0:27:30 | 13,09 | 4:35 |
| 89 | 751 | Schockaert Mario | | 73 | MSEN | 24 | 0:27:32 | 13,08 | 4:35 |
| 90 | 667 | Meuleman John | | 69 | M+35 | 11 | 0:27:42 | 13,00 | 4:37 |
| 91 | 699 | De Petter Roger | | 50 | M+55 | 3 | 0:27:43 | 12,99 | 4:37 |
| 92 | 711 | De Schuyteneer Guido | VITA | 54 | M+50 | 8 | 0:27:47 | 12,96 | 4:38 |
| 93 | 688 | Matthijs Danny | ROADJOGGERS | 56 | M+50 | 9 | 0:27:47 | 12,96 | 4:38 |
| 94 | 753 | Van De Sijpe Suleika | ROADJOGGERS | 92 | VJUN | 5 | 0:27:48 | 12,95 | 4:38 |
| 95 | 671 | Van Handenhove Sam | Funrunners | 74 | MSEN | 25 | 0:27:49 | 12,94 | 4:38 |
| 96 | 761 | Loonen Willem | BVL | 47 | M+60 | 2 | 0:27:53 | 12,91 | 4:39 |
| 97 | 700 | De Rycke Hilde | VS | 63 | V+40 | 4 | 0:27:56 | 12,89 | 4:39 |
| 98 | 601 | Cornelis Olivier | Spiridon | 64 | M+40 | 14 | 0:27:59 | 12,86 | 4:40 |
| 99 | 691 | Sonck Jonas | SJC | 94 | MJUN | 13 | 0:28:06 | 12,81 | 4:41 |
| 100 | 683 | Depauw Guy | ROADJOGGERS | 66 | M+40 | 15 | 0:28:06 | 12,81 | 4:41 |
| 101 | 630 | Beelaert Steven | VS | 71 | M+35 | 12 | 0:28:23 | 12,68 | 4:44 |
| 102 | 781 | Herremans Yana | FUNRUNNERS | 92 | VJUN | 6 | 0:28:25 | 12,67 | 4:44 |
| 103 | 790 | Van Den Bossche Johan | | 77 | MSEN | 26 | 0:28:36 | 12,59 | 4:46 |
| 104 | 730 | De Croock Marc | ROADJOGGERS | 57 | M+50 | 10 | 0:28:45 | 12,52 | 4:48 |
| 105 | 679 | Van Handenhove Jacquot | Pallieters | 43 | M+60 | 3 | 0:28:46 | 12,51 | 4:48 |
| 106 | 767 | Van Der Biest Danny | SPIRIDON | 61 | M+45 | 8 | 0:28:47 | 12,51 | 4:48 |
| 107 | 728 | De Schuiteneer Dirk | | 68 | M+35 | 13 | 0:28:49 | 12,49 | 4:48 |
| 108 | 634 | Minner Willy | | 55 | M+50 | 11 | 0:28:50 | 12,49 | 4:48 |
| 109 | 717 | Van Audenhove Veronique | VS | 66 | V+40 | 5 | 0:28:57 | 12,44 | 4:50 |
| 110 | 611 | De Groote Bert | | 72 | M+35 | 14 | 0:29:01 | 12,41 | 4:50 |
| 111 | 774 | Renneboog Chris | SPIRIDON | 58 | V+45 | 2 | 0:29:05 | 12,38 | 4:51 |
| 112 | 788 | Meert Andre | SPIRIDON | 45 | M+60 | 4 | 0:29:05 | 12,38 | 4:51 |
| 113 | 698 | Remue Greta | VITA | 66 | V+40 | 6 | 0:29:08 | 12,36 | 4:51 |
| 114 | 785 | Putteman Paul | SPIRIDON | 56 | M+50 | 12 | 0:29:12 | 12,33 | 4:52 |
| 115 | 792 | De Wael Hugo | SPIRIDON | 56 | M+50 | 13 | 0:29:12 | 12,33 | 4:52 |
| 116 | 784 | Steenhaut Kathleen | SPIRIDON | 66 | V+40 | 7 | 0:29:13 | 12,32 | 4:52 |
| 117 | 787 | Van Keymeulen Danny | SPIRIDON | 63 | M+40 | 16 | 0:29:13 | 12,32 | 4:52 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|-------------|-----|------|-------|---------|-------|---------|
| 118 | 789 | De Neve Hilde | ROADJOGGERS | 63 | V+40 | 8 | 0:29:15 | 12,31 | 4:53 |
| 119 | 675 | De Schutter Etienne | ROADJOGGERS | 55 | M+50 | 14 | 0:29:16 | 12,30 | 4:53 |
| 120 | 746 | Symoens Veerle | VS | 67 | V+40 | 9 | 0:29:20 | 12,27 | 4:53 |
| 121 | 706 | Annaert Chris | VS | 57 | V+50 | 2 | 0:29:22 | 12,26 | 4:54 |
| 122 | 694 | Le Noir Serge | | 66 | M+40 | 17 | 0:29:25 | 12,24 | 4:54 |
| 123 | 786 | Vanroose Dick | | 70 | M+35 | 15 | 0:29:29 | 12,21 | 4:55 |
| 124 | 723 | Baeyens Marie-Rose | VS | 66 | V+40 | 10 | 0:29:32 | 12,19 | 4:55 |
| 125 | 735 | Sammels Eva | | 83 | VSEN | 5 | 0:29:33 | 12,18 | 4:56 |
| 126 | 606 | De Keuleneire Rina | VS | 69 | V+35 | 1 | 0:29:41 | 12,13 | 4:57 |
| 127 | 639 | De Mey Anja | | 71 | V+35 | 2 | 0:29:52 | 12,05 | 4:59 |
| 128 | 615 | Roggeman Johan | VS | 61 | M+45 | 9 | 0:29:53 | 12,05 | 4:59 |
| 129 | 760 | Verheyden Wim | | 67 | M+40 | 18 | 0:29:53 | 12,05 | 4:59 |
| 130 | 617 | Van Den Berghe Hilde | CALLEB | 56 | V+50 | 3 | 0:30:06 | 11,96 | 5:01 |
| 131 | 641 | Van De Vyver Marnix | | 65 | M+40 | 19 | 0:30:13 | 11,91 | 5:02 |
| 132 | 619 | Luypaert Bart | | 67 | M+40 | 20 | 0:30:26 | 11,83 | 5:04 |
| 133 | 736 | Van Meulebroek Mil | | 47 | M+60 | 5 | 0:30:27 | 11,82 | 5:05 |
| 134 | 610 | Vermoesen Kristien | BC | 65 | V+40 | 11 | 0:30:43 | 11,72 | 5:07 |
| 135 | 689 | Goessens Els | | 68 | V+35 | 3 | 0:30:53 | 11,66 | 5:09 |
| 136 | 727 | Vankerckhove Nadine | | 68 | V+35 | 4 | 0:30:54 | 11,65 | 5:09 |
| 137 | 673 | Smet Anja | ROADJOGGERS | 70 | V+35 | 5 | 0:31:05 | 11,58 | 5:11 |
| 138 | 791 | Bogaert Katleen | ROADJOGGERS | 63 | V+40 | 12 | 0:31:05 | 11,58 | 5:11 |
| 139 | 687 | Vermeulen Pieter | | 82 | MSEN | 27 | 0:31:07 | 11,57 | 5:11 |
| 140 | 705 | De Corte Helga | VS | 59 | V+45 | 3 | 0:31:10 | 11,55 | 5:12 |
| 141 | 797 | Van Malderen Tom | | 73 | MSEN | 28 | 0:31:10 | 11,55 | 5:12 |
| 142 | 783 | Pauwels Johan | DE SCHREEF | 64 | M+40 | 21 | 0:31:16 | 11,51 | 5:13 |
| 143 | 782 | Cooreman Christophe | DE SCHREEF | 68 | M+35 | 16 | 0:31:16 | 11,51 | 5:13 |
| 144 | 607 | Peckstadt Christiane | | 61 | V+45 | 4 | 0:31:17 | 11,51 | 5:13 |
| 145 | 684 | Cailliau Marcel | | 56 | M+50 | 15 | 0:31:23 | 11,47 | 5:14 |
| 146 | 798 | Rigole Pieter | | 78 | MSEN | 29 | 0:31:29 | 11,43 | 5:15 |
| 147 | 685 | Temmerman Bruno | | 75 | MSEN | 30 | 0:31:33 | 11,41 | 5:16 |
| 148 | 633 | Van Akker Roger | GVL | 44 | M+60 | 6 | 0:31:38 | 11,38 | 5:16 |
| 149 | 661 | Moreels Katrien | VS | 70 | V+35 | 6 | 0:31:41 | 11,36 | 5:17 |
| 150 | 660 | Van Gysseghem Annemie | FUNRUNNERS | 72 | V+35 | 7 | 0:31:44 | 11,34 | 5:17 |
| 151 | 707 | Annaert Miriam | VS | 62 | V+45 | 5 | 0:31:48 | 11,32 | 5:18 |
| 152 | 737 | Ulin Gerard | PALLIETERS | 43 | M+60 | 7 | 0:31:49 | 11,31 | 5:18 |
| 153 | 704 | Vandermeeren Leen | VS | 66 | V+40 | 13 | 0:31:49 | 11,31 | 5:18 |
| 154 | 793 | Van Malderen Jo | | 67 | V+40 | 14 | 0:31:50 | 11,31 | 5:18 |
| 155 | 693 | Lahaye Martine | VITA | 64 | V+40 | 15 | 0:31:52 | 11,30 | 5:19 |
| 156 | 604 | Renneboog Dirk | | 54 | M+50 | 16 | 0:32:01 | 11,24 | 5:20 |
| 157 | 697 | Vanderstraeten Piet | OPW | 45 | M+60 | 8 | 0:32:09 | 11,20 | 5:21 |
| 158 | 718 | Buhtynck Jan | | 64 | M+40 | 22 | 0:32:14 | 11,17 | 5:22 |
| 159 | 686 | Ghysels Sven | | 76 | MSEN | 31 | 0:32:16 | 11,16 | 5:23 |
| 160 | 600 | Van Laer Cristel | VS | 75 | VSEN | 6 | 0:32:23 | 11,12 | 5:24 |
| 161 | 643 | De Block Cindy | AC OPWIJK | 73 | VSEN | 7 | 0:32:40 | 11,02 | 5:27 |
| 162 | 733 | Ghijssens David | | 78 | MSEN | 32 | 0:32:46 | 10,99 | 5:28 |
| 163 | 780 | Van Hemelrijck An | | 72 | V+35 | 8 | 0:32:48 | 10,98 | 5:28 |
| 164 | 692 | Goelens Ann | | 67 | V+40 | 16 | 0:32:49 | 10,97 | 5:28 |
| 165 | 765 | Roelandt Ingrid | SPIRIDON | 57 | V+50 | 4 | 0:32:55 | 10,94 | 5:29 |
| 166 | 674 | Verhaevert Bart | AC Opwijk | 74 | MSEN | 33 | 0:32:56 | 10,93 | 5:29 |
| 167 | 809 | Eylenbosch Suzanne | WAMBEEK | 58 | V+45 | 6 | 0:33:02 | 10,90 | 5:30 |
| 168 | 810 | Eylenbosch Josephine | KWB WAMBEKE | 60 | V+45 | 7 | 0:33:02 | 10,90 | 5:30 |
| 169 | 690 | Raeymaekers Anne-Marie | AC OPWIJK | 59 | V+45 | 8 | 0:33:03 | 10,89 | 5:30 |
| 170 | 759 | Persoons Marliese | | 53 | V+50 | 5 | 0:33:10 | 10,85 | 5:32 |
| 171 | 775 | Coppens Dirk | EA | 44 | M+60 | 9 | 0:33:24 | 10,78 | 5:34 |
| 172 | 725 | De Smet Paul | | 60 | M+45 | 10 | 0:33:27 | 10,76 | 5:35 |
| 173 | 756 | Vander Straeten Conny | ROADJOGGERS | 67 | V+40 | 17 | 0:33:28 | 10,76 | 5:35 |
| 174 | 710 | Lauwereys Erna | VITA | 52 | V+55 | 1 | 0:33:35 | 10,72 | 5:36 |
| 175 | 807 | Leem Leen | | 77 | VSEN | 8 | 0:33:37 | 10,71 | 5:36 |
| 176 | 548 | De Gerst Basiel | | 51 | M+55 | 4 | 0:33:42 | 10,68 | 5:37 |
| 177 | 772 | De Backer Barbara | SPIRIDON | 81 | VSEN | 9 | 0:33:42 | 10,68 | 5:37 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------|-------------|-----|------|-------|---------|-------|---------|
| 178 | 716 | Sorgeloos Albert | VITA | 55 | M+50 | 17 | 0:34:02 | 10,58 | 5:40 |
| 179 | 808 | Segers Kevin | WAMBEEK | 83 | MSEN | 34 | 0:34:13 | 10,52 | 5:42 |
| 180 | 624 | Van Cakenbergh Nancy | VS | 71 | V+35 | 9 | 0:34:21 | 10,48 | 5:43 |
| 181 | 680 | Capeau Hilde | VS | | VSEN | 10 | 0:34:21 | 10,48 | 5:43 |
| 182 | 743 | Broquet Rita | VITA | 63 | V+40 | 18 | 0:34:35 | 10,41 | 5:46 |
| 183 | 750 | Van Der Gucht Annemie | VITA | 59 | V+45 | 9 | 0:34:36 | 10,40 | 5:46 |
| 184 | 748 | Verstockt Kathleen | VITA | 64 | V+40 | 19 | 0:34:37 | 10,40 | 5:46 |
| 185 | 636 | Vande Velde Klaas | | 67 | M+40 | 23 | 0:34:39 | 10,39 | 5:46 |
| 186 | 762 | De Sadeleer Katia | | 71 | V+35 | 10 | 0:34:54 | 10,32 | 5:49 |
| 187 | 771 | Moens Filip | | 68 | M+35 | 17 | 0:35:31 | 10,14 | 5:55 |
| 188 | 621 | Vandamme Olivier | | 70 | M+35 | 18 | 0:35:34 | 10,12 | 5:56 |
| 189 | 747 | Van Den Steen Vera | VITA | 59 | V+45 | 10 | 0:35:40 | 10,09 | 5:57 |
| 190 | 654 | Kiener Susan | | 77 | VSEN | 11 | 0:36:01 | 10,00 | 6:00 |
| 191 | 749 | Baetens Francine | VITA | 47 | V+60 | 1 | 0:36:25 | 9,89 | 6:04 |
| 192 | 625 | De Brouwer Eddy | BC | | M | | 0:37:25 | 9,62 | 6:14 |
| 193 | 608 | Callebaut Kristel | BC | 66 | V+40 | 20 | 0:37:25 | 9,62 | 6:14 |
| 194 | 627 | Brondeel Els | BC | 81 | VSEN | 12 | 0:37:38 | 9,57 | 6:16 |
| 195 | 622 | Van Kerckhove Dirk | BC | 63 | M+40 | 24 | 0:37:39 | 9,56 | 6:16 |
| 196 | 620 | Ruyssinck Marleen | BC | 66 | V+40 | 21 | 0:38:05 | 9,45 | 6:21 |
| 197 | 628 | Leeuwerck Caroline | VAD | 82 | VSEN | 13 | 0:38:06 | 9,45 | 6:21 |
| 198 | 773 | Geelen Patricia | BEUKENHOF | 65 | V+40 | 22 | 0:38:08 | 9,44 | 6:21 |
| 199 | 795 | Leirens Jozefien | ROADJOGGERS | 97 | VJUN | 7 | 0:38:09 | 9,44 | 6:22 |
| 200 | 803 | Danckaert Evelien | ROADJOGGERS | 99 | VJUN | 8 | 0:38:32 | 9,34 | 6:25 |
| 201 | 802 | De Bois Greet | ROADJOGGERS | 67 | V+40 | 23 | 0:38:33 | 9,34 | 6:25 |
| 202 | 801 | Danckaert Anja | ROADJOGGERS | 72 | V+35 | 11 | 0:39:39 | 9,08 | 6:36 |
| 203 | 796 | De Neve Marijke | ROADJOGGERS | 67 | V+40 | 24 | 0:41:06 | 8,76 | 6:51 |
| 204 | 778 | Van Den Stock Nicole | | 63 | V+40 | 25 | 0:41:07 | 8,76 | 6:51 |
| 205 | 779 | Van Geert Luc | | 61 | M+45 | 11 | 0:41:48 | 8,61 | 6:58 |
| 206 | 776 | Van Styvendael Tineke | | 70 | V+35 | 12 | | | |

12 KM

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|--------------------------|-------------|-----|------|-------|---------|-------|---------|
| 1 | 2737 | Van Droogenbroeck Lander | DAC | 83 | MSEN | 1 | | | |
| 2 | 2645 | Lieckens Bart | ACHL | 77 | MSEN | 2 | | | |
| 3 | 2726 | Clyncke Christophe | | 73 | MSEN | 3 | | | |
| 4 | 2860 | De Bergé Bart | ABAV | 76 | MSEN | 4 | | | |
| 5 | 2766 | Grieten Jo | LAT | 81 | MSEN | 5 | | | |
| 6 | 2748 | Stieperaere Davy | EA | 85 | MSEN | 6 | | | |
| 7 | 2764 | Van Asbroeck Luc | | 65 | M+40 | 1 | | | |
| 8 | 2753 | Geens Gunter | ACHL | 81 | MSEN | 7 | | | |
| 9 | 2765 | De Smet Bart | EA | 73 | MSEN | 8 | | | |
| 10 | 2782 | Dubois Wilfried | EA | 59 | M+45 | 1 | | | |
| 11 | 2827 | Hansen Gerald | DAC | 76 | MSEN | 9 | 0:41:48 | 17,22 | 3:29 |
| 12 | 2722 | De Vylder Dave | | 74 | MSEN | 10 | 0:42:08 | 17,09 | 3:31 |
| 13 | 2825 | Meert Dary | ROADJOGGERS | 62 | M+45 | 2 | 0:42:12 | 17,06 | 3:31 |
| 14 | 2816 | Demol Guy | Jogging | 53 | M+50 | 1 | 0:42:26 | 16,97 | 3:32 |
| 15 | 2746 | Follet Rudy | DAC | 62 | M+45 | 3 | 0:42:49 | 16,82 | 3:34 |
| 16 | 2698 | Bruyninckx Rudy | SPIRIDON | 69 | M+35 | 1 | 0:43:11 | 16,67 | 3:36 |
| 17 | 2778 | Gardeyn Koen | ROADJOGGERS | 71 | M+35 | 2 | 0:43:35 | 16,52 | 3:38 |
| 18 | 2831 | Craps Paul | DAC | 63 | M+40 | 2 | 0:44:02 | 16,35 | 3:40 |
| 19 | 2736 | Vandeneeckhout Jan | VS | 60 | M+45 | 4 | 0:44:08 | 16,31 | 3:41 |
| 20 | 2709 | Van Damme Nico | SPORTLIFE | 78 | MSEN | 11 | 0:44:09 | 16,31 | 3:41 |
| 21 | 2849 | Nuël Frank | | 72 | M+35 | 3 | 0:44:18 | 16,25 | 3:42 |
| 22 | 2724 | Seghers Rony | DAC | 70 | M+35 | 4 | 0:44:43 | 16,10 | 3:44 |
| 23 | 2818 | Gabriel David | VITA | 70 | M+35 | 5 | 0:44:50 | 16,06 | 3:44 |
| 24 | 2735 | Bonato Patrick | | 60 | M+45 | 5 | 0:44:51 | 16,05 | 3:44 |
| 25 | 2873 | Rots Lieven | RCG GENT | 68 | M+35 | 6 | 0:44:52 | 16,05 | 3:44 |
| 26 | 2756 | Geerts Peter | VITA | 68 | M+35 | 7 | 0:44:53 | 16,04 | 3:44 |
| 27 | 2834 | Vandenbroeck Marlene | ASSA | 63 | V+40 | 1 | 0:44:54 | 16,04 | 3:45 |
| 28 | 2768 | De Gols Dirk | Spiridon | 64 | M+40 | 3 | 0:44:58 | 16,01 | 3:45 |
| 29 | 2821 | Mox Kristien | DAC | 78 | VSEN | 1 | 0:44:59 | 16,01 | 3:45 |
| 30 | 2836 | Mertens Philippe | | 71 | M+35 | 8 | 0:45:06 | 15,96 | 3:46 |
| 31 | 2863 | De Lil Niko | ACG | 77 | MSEN | 12 | 0:45:16 | 15,91 | 3:46 |
| 32 | 2775 | Hautman Ronny | ROADJOGGERS | 66 | M+40 | 4 | 0:45:22 | 15,87 | 3:47 |
| 33 | 2733 | Sonck Dirk | | 64 | M+40 | 5 | 0:45:30 | 15,82 | 3:48 |
| 34 | 2720 | De Ridder Ivo | SPIRIDON | 68 | M+35 | 9 | 0:45:39 | 15,77 | 3:48 |
| 35 | 2781 | Verhaeghe Luc | Spiridon | 61 | M+45 | 6 | 0:45:46 | 15,73 | 3:49 |
| 36 | 2872 | Meulenyzer Rhonny | ERWETEGEM | 68 | M+35 | 10 | 0:45:58 | 15,66 | 3:50 |
| 37 | 2771 | Schoonjans Patrick | | 77 | MSEN | 13 | 0:46:04 | 15,63 | 3:50 |
| 38 | 2855 | Herregodts Ives | VITA | 70 | M+35 | 11 | 0:46:07 | 15,61 | 3:51 |
| 39 | 2774 | De Gelder Ives | Spiridon | 64 | M+40 | 6 | 0:46:09 | 15,60 | 3:51 |
| 40 | 2772 | Henoerickx Jan | Triamigos | 62 | M+45 | 7 | 0:46:25 | 15,51 | 3:52 |
| 41 | 2743 | Van Den Einde Joris | Spiridon | 66 | M+40 | 7 | 0:46:26 | 15,51 | 3:52 |
| 42 | 2757 | Moerenhout Bart | EA | 75 | MSEN | 14 | 0:46:29 | 15,49 | 3:52 |
| 43 | 2843 | Blanckaert Jeroen | DTTA | 82 | MSEN | 15 | 0:46:57 | 15,34 | 3:55 |
| 44 | 2848 | Moerenhout Robin | TTL | 75 | MSEN | 16 | 0:47:00 | 15,32 | 3:55 |
| 45 | 2723 | Vandenbossche Gunther | EA Jogging | 67 | M+40 | 8 | 0:47:22 | 15,20 | 3:57 |
| 46 | 2850 | Meganck Kris | ROADJOGGERS | 69 | M+35 | 12 | 0:47:33 | 15,14 | 3:58 |
| 47 | 2646 | Claes Ann | ACHL | 82 | VSEN | 2 | 0:47:38 | 15,12 | 3:58 |
| 48 | 2716 | Van Hecke Patrick | SPIRIDON | 60 | M+45 | 8 | 0:47:58 | 15,01 | 4:00 |
| 49 | 2788 | Coenraets Vincent | RESC | 78 | MSEN | 17 | 0:48:00 | 15,00 | 4:00 |
| 50 | 2802 | Van Wesemael Etienne | Spiridon | 54 | M+50 | 2 | 0:48:00 | 15,00 | 4:00 |
| 51 | 2704 | Vandehaute Kevin | VS | 90 | MJUN | 1 | 0:48:01 | 14,99 | 4:00 |
| 52 | 2847 | Van Hoorebeeck Jelle | funrunners | 83 | MSEN | 18 | 0:48:07 | 14,96 | 4:01 |
| 53 | 2800 | Vermaeren Lucien | Spiridon | 52 | M+55 | 1 | 0:48:07 | 14,96 | 4:01 |
| 54 | 2826 | To Chun Fai | EA | 77 | MSEN | 19 | 0:48:12 | 14,94 | 4:01 |
| 55 | 2845 | Smets Wim | funrunners | 72 | M+35 | 13 | 0:48:16 | 14,92 | 4:01 |
| 56 | 2697 | De Veylder Jan | EA | 61 | M+45 | 9 | 0:48:21 | 14,89 | 4:02 |
| 57 | 2812 | Dunoughi Julien | RESC | 77 | MSEN | 20 | 0:48:57 | 14,71 | 4:05 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|---------------------------|-------------|-----|------|-------|---------|-------|---------|
| 58 | 2877 | De Cleene Herman | | 60 | M+45 | 10 | 0:49:04 | 14,67 | 4:05 |
| 59 | 2785 | Heyvaert Pascal | AC Opwijk | 70 | M+35 | 14 | 0:49:07 | 14,66 | 4:06 |
| 60 | 2660 | Willems Jeroen | SJC | 92 | MJUN | 2 | 0:49:08 | 14,65 | 4:06 |
| 61 | 2755 | De Rick Bart | VS | 69 | M+35 | 15 | 0:49:11 | 14,64 | 4:06 |
| 62 | 2745 | Coppens Linda | VS | 60 | V+45 | 1 | 0:49:12 | 14,63 | 4:06 |
| 63 | 2699 | Mattens Gunther | SPIRIDON | 70 | M+35 | 16 | 0:49:18 | 14,60 | 4:07 |
| 64 | 2742 | Van Herzeele Geert | | 63 | M+40 | 9 | 0:49:21 | 14,59 | 4:07 |
| 65 | 2858 | Van Dooren Dieter | De Schreef | 74 | MSEN | 21 | 0:49:22 | 14,58 | 4:07 |
| 66 | 2803 | De Coensel Karel | | 78 | MSEN | 22 | 0:49:25 | 14,57 | 4:07 |
| 67 | 2708 | Moens Patrick | BC | 65 | M+40 | 10 | 0:49:51 | 14,44 | 4:09 |
| 68 | 2684 | Wallecan Sam | | 77 | MSEN | 23 | 0:49:53 | 14,43 | 4:09 |
| 69 | 2773 | Matthijs Lode | Triamigos | 61 | M+45 | 11 | 0:49:54 | 14,43 | 4:10 |
| 70 | 2795 | Persoons Herman | Spiridon | 48 | M+55 | 2 | 0:50:00 | 14,40 | 4:10 |
| 71 | 2793 | Vliebergh Hendrik | EA | 57 | M+50 | 3 | 0:50:03 | 14,39 | 4:10 |
| 72 | 2864 | De Swaef Brian | | 66 | M+40 | 11 | 0:50:06 | 14,37 | 4:11 |
| 73 | 2791 | Mage Alain | KURISTO | 57 | M+50 | 4 | 0:50:09 | 14,36 | 4:11 |
| 74 | 2852 | Moens Joris | Spiridon | 79 | MSEN | 24 | 0:50:13 | 14,34 | 4:11 |
| 75 | 2819 | De Leeuw Dirk | Spiridon | 67 | M+40 | 12 | 0:50:20 | 14,30 | 4:12 |
| 76 | 2786 | Walravens Mario | Leeuwerik | 75 | MSEN | 25 | 0:50:24 | 14,29 | 4:12 |
| 77 | 2707 | Saey Egon | BC | 72 | M+35 | 17 | 0:50:26 | 14,28 | 4:12 |
| 78 | 2713 | Buysse Katrien | SPIRIDON | 74 | VSEN | 3 | 0:50:27 | 14,27 | 4:12 |
| 79 | 2743 | Van Den Eynde Joris | Spiridon | 66 | M+40 | 13 | 0:50:32 | 14,25 | 4:13 |
| 80 | 2824 | Vandroogenbroeck Steven | | 77 | MSEN | 26 | 0:50:33 | 14,24 | 4:13 |
| 81 | 2712 | Van Cromphaut Yves | | 71 | M+35 | 18 | 0:50:34 | 14,24 | 4:13 |
| 82 | 2683 | De Potter Bernard | EA | 64 | M+40 | 14 | 0:50:40 | 14,21 | 4:13 |
| 83 | 2854 | Herzeel Ronny | LAT | 64 | M+40 | 15 | 0:50:41 | 14,21 | 4:13 |
| 84 | 2806 | Bollaert Luc | VS | 62 | M+45 | 12 | 0:50:47 | 14,18 | 4:14 |
| 85 | 2805 | Callebaut Willy | EA | 56 | M+50 | 5 | 0:50:51 | 14,16 | 4:14 |
| 86 | 2884 | Oosterlinck Dirk | | 71 | M+35 | 19 | 0:50:55 | 14,14 | 4:15 |
| 87 | 2769 | De Neve Alfons | 25-100 | 58 | M+45 | 13 | 0:50:57 | 14,13 | 4:15 |
| 88 | 2689 | Bosman Geert | BC | 69 | V+35 | 1 | 0:50:58 | 14,13 | 4:15 |
| 89 | 2798 | Vermaeren Patrick | Spiridon | 60 | M+45 | 14 | 0:51:01 | 14,11 | 4:15 |
| 90 | 2715 | Bruylant Mark | SPIRIDON | 55 | M+50 | 6 | 0:51:16 | 14,04 | 4:16 |
| 91 | 2841 | De Coninck Roger | | 63 | M+40 | 16 | 0:51:18 | 14,04 | 4:16 |
| 92 | 2878 | Van Lierde Lisbeth | ACG | 73 | VSEN | 4 | 0:51:24 | 14,01 | 4:17 |
| 93 | 2762 | Arijs Rene | ROADJOGGERS | 51 | M+55 | 3 | 0:51:28 | 13,99 | 4:17 |
| 94 | 2839 | Van Den Abbeele Frank | AC Denderl | 54 | M+50 | 7 | 0:51:30 | 13,98 | 4:17 |
| 95 | 2851 | Temmerman Jean-Paul | Spiridon | 53 | M+50 | 8 | 0:51:39 | 13,94 | 4:18 |
| 96 | 2711 | Vanden Abeele Piet | | 66 | M+40 | 17 | 0:51:40 | 13,94 | 4:18 |
| 97 | 2809 | De Leeneer Steven | | 72 | M+35 | 20 | 0:51:44 | 13,92 | 4:19 |
| 98 | 2813 | Boelaert Evido | | 56 | M+50 | 9 | 0:51:49 | 13,90 | 4:19 |
| 99 | 2856 | Clottemans Andre | KWB | 58 | M+45 | 15 | 0:51:55 | 13,87 | 4:20 |
| 100 | 2777 | De Wolf Karel | funrunners | 54 | M+50 | 10 | 0:52:02 | 13,84 | 4:20 |
| 101 | 2688 | De Buysscer Karine | EA | 67 | V+40 | 2 | 0:52:04 | 13,83 | 4:20 |
| 102 | 2763 | Van Overmeire Maurits | VITA | 62 | M+45 | 16 | 0:52:08 | 13,81 | 4:21 |
| 103 | 2814 | De Neve Peter | | 70 | M+35 | 21 | 0:52:09 | 13,81 | 4:21 |
| 104 | 2730 | Hanssens Ides | funrunners | 60 | M+45 | 17 | 0:52:10 | 13,80 | 4:21 |
| 105 | 2659 | Van Tittelboom Christophe | SJC | 92 | MJUN | 3 | 0:52:31 | 13,71 | 4:23 |
| 106 | 2669 | Van Houdt Tom | SJC | 93 | MJUN | 4 | 0:52:34 | 13,70 | 4:23 |
| 107 | 2792 | Adriaens Hilde | VITA | 63 | V+40 | 3 | 0:52:37 | 13,68 | 4:23 |
| 108 | 2846 | Van Den Borre Kris | DAC | 76 | MSEN | 27 | 0:52:38 | 13,68 | 4:23 |
| 109 | 2874 | Moschowski Serge | | 73 | MSEN | 28 | 0:52:41 | 13,67 | 4:23 |
| 110 | 2838 | Laevens Marc | KWB | 48 | M+55 | 4 | 0:52:52 | 13,62 | 4:24 |
| 111 | 2693 | Van Eeckhoudt Sven | BC | 71 | M+35 | 22 | 0:52:56 | 13,60 | 4:25 |
| 112 | 2749 | Segers Rene | | 57 | M+50 | 11 | 0:52:59 | 13,59 | 4:25 |
| 113 | 2804 | Van Kut Stefaan | Spiridon | 66 | M+40 | 18 | 0:53:05 | 13,56 | 4:25 |
| 114 | 2705 | Bruynaert Veerle | BC | 63 | V+40 | 4 | 0:53:06 | 13,56 | 4:26 |
| 115 | 2700 | Lemaut Stefaan | BC | 66 | M+40 | 19 | 0:53:07 | 13,56 | 4:26 |
| 116 | 2695 | Van Den Steen Jef | BC | 51 | M+55 | 5 | 0:53:27 | 13,47 | 4:27 |
| 117 | 2671 | Vermoesen Joeri | SJC | 93 | MJUN | 5 | 0:53:28 | 13,47 | 4:27 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-------------------------|-----------------|-----|------|-------|---------|-------|---------|
| 118 | 2867 | Schollaert Norbert | SPIRIDON | 52 | M+55 | 6 | 0:53:38 | 13,42 | 4:28 |
| 119 | 2787 | Evenepoel Ives | VITA | 67 | M+40 | 20 | 0:53:44 | 13,40 | 4:29 |
| 120 | 2685 | Maes Bert | Spiridon | 57 | M+50 | 12 | 0:53:45 | 13,40 | 4:29 |
| 121 | 2744 | Paesbrugge Katrien | funrunners | 67 | V+40 | 5 | 0:54:22 | 13,24 | 4:32 |
| 122 | 2779 | Bracke Kaat | Spiridon | 63 | V+40 | 6 | 0:54:26 | 13,23 | 4:32 |
| 123 | 2885 | Van Den Abbeele Stefaan | EA | 58 | M+45 | 18 | 0:54:37 | 13,18 | 4:33 |
| 124 | 2794 | Moens Maurice | | 51 | M+55 | 7 | 0:54:40 | 13,17 | 4:33 |
| 125 | 2796 | Maesschalck Gilbert | ACG | 43 | M+60 | 1 | 0:54:43 | 13,16 | 4:34 |
| 126 | 2844 | Seghers Katrien | DTTA | 81 | VSEN | 5 | 0:54:50 | 13,13 | 4:34 |
| 127 | 2702 | Segers Gunther | BC | 73 | MSEN | 29 | 0:54:54 | 13,11 | 4:35 |
| 128 | 2701 | Dooms Jurgen | BC | 76 | MSEN | 30 | 0:54:55 | 13,11 | 4:35 |
| 129 | 2672 | Vermoesen Joren | SJC | 93 | MJUN | 6 | 0:54:59 | 13,09 | 4:35 |
| 130 | 2734 | Deneys Dirk | VITA | 73 | MSEN | 31 | 0:55:01 | 13,09 | 4:35 |
| 131 | 2807 | Wouters Ivo | BAV | 57 | V+50 | 1 | 0:55:02 | 13,08 | 4:35 |
| 132 | 2667 | Vanden Bossche Ruben | SJC | 93 | MJUN | 7 | 0:55:03 | 13,08 | 4:35 |
| 133 | 2880 | Pyck Michael | | 64 | M+40 | 21 | 0:55:08 | 13,06 | 4:36 |
| 134 | 2690 | Van Vaerenbergh Jan | BC | 79 | MSEN | 32 | 0:55:15 | 13,03 | 4:36 |
| 135 | 2760 | Schoonjans Victor | | 51 | M+55 | 8 | 0:55:20 | 13,01 | 4:37 |
| 136 | 2866 | Patteet Kris | | 70 | M+35 | 23 | 0:55:26 | 12,99 | 4:37 |
| 137 | 2776 | Meert Charlotte | | 75 | VSEN | 6 | 0:55:29 | 12,98 | 4:37 |
| 138 | 2759 | Van De Sijpe Marc | ROADJOGGERS | 67 | M+40 | 22 | 0:55:46 | 12,91 | 4:39 |
| 139 | 2747 | Van Boven Stephaan | ROADJOGGERS | 60 | M+45 | 19 | 0:55:55 | 12,88 | 4:40 |
| 140 | 2879 | Baetens Martine | ROADJOGGERS | 60 | V+45 | 2 | 0:56:18 | 12,79 | 4:42 |
| 141 | 2853 | Van De Gucht Jos | ROADJOGGERS | 62 | M+45 | 20 | 0:56:22 | 12,77 | 4:42 |
| 142 | 2842 | Adam Ludwig | ROADJOGGERS | 55 | M+50 | 13 | 0:56:25 | 12,76 | 4:42 |
| 143 | 2810 | Mahieu Eddy | | 72 | M+35 | 24 | 0:56:45 | 12,69 | 4:44 |
| 144 | 2656 | Vanderhaeghen Bas | SJC | 92 | MJUN | 8 | 0:56:52 | 12,66 | 4:44 |
| 145 | 2832 | Carion Nathalie | DAC | 76 | VSEN | 7 | 0:56:55 | 12,65 | 4:45 |
| 146 | 2731 | Debot Dirk | VITA | 60 | M+45 | 21 | 0:56:56 | 12,65 | 4:45 |
| 147 | 2767 | Geelen Peter | | 65 | M+40 | 23 | 0:57:00 | 12,63 | 4:45 |
| 148 | 2784 | Vijverman Kris | | 67 | M+40 | 24 | 0:57:01 | 12,63 | 4:45 |
| 149 | 2740 | Billiet Luc | | 50 | M+55 | 9 | 0:57:08 | 12,60 | 4:46 |
| 150 | 2758 | Blommaert Pierre | | 51 | M+55 | 10 | 0:57:48 | 12,46 | 4:49 |
| 151 | 2882 | Erpels Koen | OPWIJK | 74 | MSEN | 33 | 0:58:12 | 12,37 | 4:51 |
| 152 | 2692 | Ooghe Geert | BC | 78 | MSEN | 34 | 0:58:17 | 12,35 | 4:51 |
| 153 | 2721 | Baudewijn Anne-Marie | LIEKERT JOGGING | 64 | V+40 | 7 | 0:58:18 | 12,35 | 4:51 |
| 154 | 2822 | Vijverman Luc | | 55 | M+50 | 14 | 0:58:25 | 12,33 | 4:52 |
| 155 | 2883 | Rowies Willem | | 83 | MSEN | 35 | 0:58:33 | 12,30 | 4:53 |
| 156 | 2830 | Appelmans Jory | ACG | 90 | MJUN | 9 | 0:58:59 | 12,21 | 4:55 |
| 157 | 2801 | Baeyens Griet | Spiridon | 64 | V+40 | 8 | 0:59:01 | 12,20 | 4:55 |
| 158 | 2815 | Borms Elke | EA | 65 | V+40 | 9 | 0:59:02 | 12,20 | 4:55 |
| 159 | 2691 | Van Assche Tom | BC | 79 | MSEN | 36 | 0:59:35 | 12,08 | 4:58 |
| 160 | 2790 | Cornelis Brigitte | KURISTO | 65 | V+40 | 10 | 0:59:36 | 12,08 | 4:58 |
| 161 | 2718 | Vanderstraeten Ludo | | 58 | M+45 | 22 | 0:59:38 | 12,07 | 4:58 |
| 162 | 2881 | De Windt Toon | ERONDEGEM | 55 | M+50 | 15 | 0:59:38 | 12,07 | 4:58 |
| 163 | 2833 | Vonck Ulrich | | 65 | M+40 | 25 | 1:00:01 | 12,00 | 5:00 |
| 164 | 2870 | Blanckaert Tom | | 57 | M+50 | 16 | 1:00:03 | 11,99 | 5:00 |
| 165 | 2862 | Heyvaert Kathleen | SPIRIDON | 64 | V+40 | 11 | 1:00:04 | 11,99 | 5:00 |
| 166 | 2741 | Van Hauwe Patrick | | 59 | M+45 | 23 | 1:00:17 | 11,94 | 5:01 |
| 167 | 2686 | Van Den Cruyce Gilbert | Jogging Liekerk | 60 | M+45 | 24 | 1:00:35 | 11,88 | 5:03 |
| 168 | 2823 | Van Landuyt Jens | | 74 | MSEN | 37 | 1:00:36 | 11,88 | 5:03 |
| 169 | 629 | Caetaerts Steven | | | MSEN | 38 | 1:00:47 | 11,85 | 5:04 |
| 170 | 2829 | D'haese Rudy | | 68 | M+35 | 25 | 1:00:50 | 11,84 | 5:04 |
| 171 | 2865 | Schockaert Ilse | | 79 | VSEN | 8 | 1:01:11 | 11,77 | 5:06 |
| 172 | 2789 | Deprez Stefaan | | 66 | M+40 | 26 | 1:01:19 | 11,74 | 5:07 |
| 173 | 2876 | Moschowski Alexander | | 44 | M+60 | 2 | 1:01:56 | 11,63 | 5:10 |
| 174 | 2780 | Waeremoes Noel | Icerwetegem | 47 | M+60 | 3 | 1:01:57 | 11,62 | 5:10 |
| 175 | 2729 | Goessens Johan | | 67 | M+40 | 27 | 1:02:16 | 11,56 | 5:11 |
| 176 | 2738 | Michiels Greet | | 57 | V+50 | 2 | 1:02:18 | 11,56 | 5:12 |
| 177 | 2706 | De Genodt Andre | BC | 60 | M+45 | 25 | 1:02:30 | 11,52 | 5:13 |

| PL | NR | Naam | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|-------------|-----|------|-------|---------|-------|---------|
| 178 | 2654 | Hanssens Daan | SJC | 92 | MJUN | 10 | 1:03:11 | 11,40 | 5:16 |
| 179 | 2663 | De Kegel Nicholas | SJC | 92 | MJUN | 11 | 1:03:27 | 11,35 | 5:17 |
| 180 | 2732 | Sonck Kaspar | SJC | 90 | MJUN | 12 | 1:03:27 | 11,35 | 5:17 |
| 181 | 2696 | Braem Sabine | EA | 71 | V+35 | 2 | 1:03:58 | 11,26 | 5:20 |
| 182 | 2783 | Van Den Steen Danny | | 59 | M+45 | 26 | 1:04:06 | 11,23 | 5:20 |
| 183 | 2661 | Bourgeois Henri | SJC | 93 | MJUN | 13 | 1:04:17 | 11,20 | 5:21 |
| 184 | 2828 | De Ridder Geert | | 56 | M+50 | 17 | 1:05:24 | 11,01 | 5:27 |
| 185 | 2857 | Van Hespen Jozef | ING | 36 | M+70 | 1 | 1:06:10 | 10,88 | 5:31 |
| 186 | 2837 | Grysolle Serge | | 54 | M+50 | 18 | 1:06:14 | 10,87 | 5:31 |
| 187 | 2725 | De Sadeleer Isabelle | | 73 | VSEN | 9 | 1:06:15 | 10,87 | 5:31 |
| 188 | 2817 | Demol Corine | RESC | 68 | V+35 | 3 | 1:06:18 | 10,86 | 5:32 |
| 189 | 2811 | Sonck Hugo | ROADJOGGERS | 36 | M+70 | 2 | 1:06:23 | 10,85 | 5:32 |
| 190 | 2840 | Debeuckelaere Caroline | | 57 | V+50 | 3 | 1:08:05 | 10,58 | 5:40 |
| 191 | 2752 | Valgaeren Emiel | | 38 | M+65 | 1 | 1:08:10 | 10,56 | 5:41 |
| 192 | 2727 | Van Mieghem Paul | ROADJOGGERS | 71 | M+35 | 26 | 1:08:44 | 10,48 | 5:44 |
| 193 | 2703 | Thire Katherine | BC | 62 | V+45 | 3 | 1:08:58 | 10,44 | 5:45 |
| 194 | 2861 | Helin Michel | | 57 | M+50 | 19 | 1:10:04 | 10,28 | 5:50 |
| 195 | 2868 | Bemis Anne | | 66 | V+40 | 12 | 1:10:20 | 10,24 | 5:52 |
| 196 | 2869 | Amant Veerle | | 62 | V+45 | 4 | 1:11:23 | 10,09 | 5:57 |
| 197 | 2871 | Jacobs Guido | SPIRIDON | 61 | M+45 | 27 | 1:12:41 | 9,91 | 6:03 |
| 198 | 2655 | Joret Sebastien | SJC | 91 | MJUN | 14 | 1:13:14 | 9,83 | 6:06 |
| 199 | 2694 | De Proost Leen | BC | 69 | V+35 | 4 | 1:19:23 | 9,07 | 6:37 |
| 200 | 2710 | Cornand Henri | | 42 | M+65 | 2 | 1:19:23 | 9,07 | 6:37 |
| 201 | 2808 | Van Landuyt Marijke | | 59 | V+45 | 5 | 1:19:24 | 9,07 | 6:37 |
| 202 | 2714 | Moortgat Bart | ACLYRA | 76 | MSEN | 39 | 1:19:24 | 9,07 | 6:37 |
| 203 | 2761 | Clincke Danny | VITA | 62 | M+45 | 28 | 1:19:25 | 9,07 | 6:37 |
| 204 | 2739 | De Wolf Ingrid | | 54 | V+50 | 4 | | | |
| 205 | 2728 | Vandensteen Pradeep | | 76 | MSEN | 40 | | | |
| 206 | 2859 | Laus Michiel | De Schreef | 78 | MSEN | 41 | | | |
| 207 | 2799 | Nys Jan | | 59 | M+45 | 29 | | | |
| 208 | 2751 | Peirlinck Robert | EA | 52 | M+55 | 11 | | | |
| 209 | 2754 | Bursens Patrick | EA | 64 | M+40 | 28 | | | |
| 210 | 2797 | Gheysen Annick | | 59 | V+45 | 6 | | | |
| 211 | 2650 | Sorgeloos Eva | SJC | 92 | VJUN | 1 | | | |
| 212 | 2649 | Rombaut Stefanie | SJC | 92 | VJUN | 2 | | | |
| 213 | 2648 | Nys Anne-Sophie | SJC | 92 | VJUN | 3 | | | |