

KWB Joggingcriterium 2007

8e Vakantie jogging Heultje-Westerlo - 7 juli 2007

4 KM

| PL | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------------------------|----------------|------|-----|-------|---------|-------|---------|
| 1 | Vancauwenbergh Kris | Halen | 1971 | M | 1 | 0:12:45 | 18,82 | 3:11 |
| 2 | Bruynseels Miguel | Noorderwijk | 1991 | M | 2 | 0:13:17 | 18,07 | 3:19 |
| 3 | Bervoets Gery | | 1965 | M | 3 | 0:13:22 | 17,96 | 3:21 |
| 4 | Van Loo Alfons | Hallaar | 1960 | M | 4 | 0:13:28 | 17,82 | 3:22 |
| 5 | Coenen Dirk | Herselt | 1980 | M | 5 | 0:13:41 | 17,54 | 3:25 |
| 6 | Verbeek Jef | Geel | 1956 | M | 6 | 0:14:06 | 17,02 | 3:31 |
| 7 | Van Der Mieren Luk | Hulshout | 1962 | M | 7 | 0:14:13 | 16,88 | 3:33 |
| 8 | Sparrow Jack | Westerlo | 1988 | M | 8 | 0:14:21 | 16,72 | 3:35 |
| 9 | Joren Andries | Geel | 1993 | M | 9 | 0:14:27 | 16,61 | 3:37 |
| 10 | Lambrechts Pieter | Heist-o/d-Berg | 1992 | M | 10 | 0:14:28 | 16,59 | 3:37 |
| 11 | Wouters Bart | Noorderwijk | 1970 | M | 11 | 0:14:34 | 16,48 | 3:39 |
| 12 | Vissenaeken Eliane | Langdorp | 1962 | V | 1 | 0:14:36 | 16,44 | 3:39 |
| 13 | Sanders Mario | Hallaar | 1971 | M | 12 | 0:14:44 | 16,29 | 3:41 |
| 14 | Rutten Tom | Paal | 1991 | M | 13 | 0:14:46 | 16,25 | 3:42 |
| 15 | Bellens Johnny | Westerlo | 1965 | M | 14 | 0:14:50 | 16,18 | 3:43 |
| 16 | Van Meeuwen Davy | Laakdal | 1983 | M | 15 | 0:14:52 | 16,14 | 3:43 |
| 17 | Van Loo Freddy | Heist-o/d-Berg | 1967 | M | 16 | 0:15:00 | 16,00 | 3:45 |
| 18 | Cools Danny | | 1962 | M | 17 | 0:15:23 | 15,60 | 3:51 |
| 19 | Alpaerts Ludo | Lint | 1954 | M | 18 | 0:15:30 | 15,48 | 3:53 |
| 20 | Leys Kevin | Noorderwijk | 1990 | M | 19 | 0:15:35 | 15,40 | 3:54 |
| 21 | Heylen Katherine | Heist-o/d-Berg | 1992 | V | 2 | 0:15:41 | 15,30 | 3:55 |
| 22 | Heylen Ben | Rillaar | 1978 | M | 20 | 0:15:43 | 15,27 | 3:56 |
| 23 | Boonen Wannas | Kasterlee | 1993 | M | 21 | 0:15:44 | 15,25 | 3:56 |
| 24 | Sijmus Willy | Keerbergen | 1954 | M | 22 | 0:15:46 | 15,22 | 3:57 |
| 25 | Boonen Ludo | Kasterlee | 1962 | M | 23 | 0:15:51 | 15,14 | 3:58 |
| 26 | Coenen Nico | Ramsel | 1977 | M | 24 | 0:15:56 | 15,06 | 3:59 |
| 27 | Van De Reijd Jozef | Leopoldsburg | 1955 | M | 25 | 0:16:01 | 14,98 | 4:00 |
| 28 | Verbeek Jochem | Zammel | 1969 | M | 26 | 0:16:07 | 14,89 | 4:02 |
| 29 | Verbraeken Roel | Houtvenne | 1972 | M | 27 | 0:16:14 | 14,78 | 4:04 |
| 30 | Mertens Egied | Heultje | 1969 | M | 28 | 0:16:18 | 14,72 | 4:05 |
| 31 | Van Der Sanden Maarten | Hulshout | 1984 | M | 29 | 0:16:23 | 14,65 | 4:06 |
| 32 | Schol Wesley | Booischoot | 1991 | M | 30 | 0:16:25 | 14,62 | 4:06 |
| 33 | Verbraeke Jan | | | M | 31 | 0:16:30 | 14,55 | 4:08 |
| 34 | De Vries Annouck | Booischoot | 1992 | V | 3 | 0:16:33 | 14,50 | 4:08 |
| 35 | Engelen Jef | Heultje | 1996 | M | 32 | 0:16:39 | 14,41 | 4:10 |
| 36 | Van De Velde Gunter | Heultje | 1962 | M | 33 | 0:16:53 | 14,22 | 4:13 |
| 37 | Prinsen Marc | Noorderwijk | 1960 | M | 34 | 0:17:00 | 14,12 | 4:15 |
| 38 | Van Der Borghht Johan | Herselt | 1986 | M | 35 | 0:17:03 | 14,08 | 4:16 |
| 39 | Belien Jef | Ham | 1947 | M | 36 | 0:17:04 | 14,06 | 4:16 |
| 40 | Helsen Bert | Ham | 1984 | M | 37 | 0:17:13 | 13,94 | 4:18 |
| 41 | Discart Ingrid | Baal | 1963 | V | 4 | 0:17:15 | 13,91 | 4:19 |
| 42 | Verdonk Nico | Begijnendijk | 1982 | M | 38 | 0:17:29 | 13,73 | 4:22 |
| 43 | Ceulemans Louis | Hulshout | 1958 | M | 39 | 0:17:33 | 13,68 | 4:23 |
| 44 | Van Asten Bram | Westerlo | 1991 | M | 40 | 0:17:38 | 13,61 | 4:25 |
| 45 | Verboven Daniella | Lichtaart | 1960 | V | 5 | 0:17:44 | 13,53 | 4:26 |
| 46 | Schouters Georges | Bekkevoort | | M | 41 | 0:17:46 | 13,51 | 4:26 |
| 47 | Cumps Els | Hallaar | 1967 | V | 6 | 0:17:47 | 13,50 | 4:27 |
| 48 | Boonen Dries | Kasterlee | 1995 | M | 42 | 0:17:49 | 13,47 | 4:27 |
| 49 | Janssens Henri | Lubbeek | 1933 | M | 43 | 0:17:51 | 13,45 | 4:28 |
| 50 | Horemans Valentijn | Heultje | 1980 | M | 44 | 0:17:58 | 13,36 | 4:30 |
| 51 | Smolders Swa | Olen | 1948 | M | 45 | 0:18:02 | 13,31 | 4:31 |
| 52 | Lenders Jolien | Itegem | 1991 | V | 7 | 0:18:14 | 13,16 | 4:34 |
| 53 | Van Dessel Hilde | Wilrijk | 1963 | V | 8 | 0:18:16 | 13,14 | 4:34 |
| 54 | Engelen Jan | Heultje | 1998 | M | 46 | 0:18:24 | 13,04 | 4:36 |

| PL | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-------------------------|----------------|------|-----|-------|---------|-------|---------|
| 55 | Van Den Berg Paul | Duffel | 1956 | M | 47 | 0:18:29 | 12,98 | 4:37 |
| 56 | Van Loo Jolien | Heist-o/d-Berg | 1993 | V | 9 | 0:18:34 | 12,93 | 4:39 |
| 57 | Witvrouwen Davy | Westerlo | 1982 | M | 48 | 0:18:39 | 12,87 | 4:40 |
| 58 | Vervoort Cedric | Oosterwijk | 1999 | M | 49 | 0:18:45 | 12,80 | 4:41 |
| 59 | Schouters Robert | | 1955 | M | 50 | 0:18:48 | 12,77 | 4:42 |
| 60 | Van Den Bosch Bart | Holsbeek | 1992 | M | 51 | 0:18:52 | 12,72 | 4:43 |
| 61 | Sterckx Yvo | Zichem | 1950 | M | 52 | 0:18:54 | 12,70 | 4:44 |
| 62 | Van Goolen Julia | Betekom | 1925 | V | 10 | 0:18:59 | 12,64 | 4:45 |
| 63 | Van Dijck Theo | Bouwel | 1988 | M | 53 | 0:19:02 | 12,61 | 4:46 |
| 64 | Van De Moortel Kristien | Putte | 1969 | V | 11 | 0:19:03 | 12,60 | 4:46 |
| 65 | Van Parys Willy | Beerzel | 1937 | M | 54 | 0:19:04 | 12,59 | 4:46 |
| 66 | Demarsin Diane | Wiekevorst | 1956 | V | 12 | 0:19:05 | 12,58 | 4:46 |
| 67 | Verhaegen Ronny | Scherpenheuvel | 1968 | M | 55 | 0:19:07 | 12,55 | 4:47 |
| 68 | Tubex Rachel | Noorderwijk | 1936 | V | 13 | 0:19:08 | 12,54 | 4:47 |
| 69 | Mertens Stijn | Westerlo | 1975 | M | 56 | 0:19:12 | 12,50 | 4:48 |
| 70 | De Win Nick | Bevel | 1990 | M | 57 | 0:19:16 | 12,46 | 4:49 |
| 71 | Huybrechts Freddy | Heist-o/d-Berg | 1944 | M | 58 | 0:19:20 | 12,41 | 4:50 |
| 72 | Coeck Sam | Herselt | 1984 | M | 59 | 0:19:31 | 12,30 | 4:53 |
| 73 | Vandingenen Jos | Herselt | 1947 | M | 60 | 0:19:34 | 12,27 | 4:54 |
| 74 | Haest Leo | Westmalle | 1940 | M | 61 | 0:19:37 | 12,23 | 4:54 |
| 75 | Engelen Elen | Westerlo | 2000 | V | 14 | 0:19:44 | 12,16 | 4:56 |
| 76 | Severijns Edgard | Diest-Deurne | 1932 | M | 62 | 0:19:51 | 12,09 | 4:58 |
| 77 | Thiels Andy | Heultje | 1974 | M | 63 | 0:19:52 | 12,08 | 4:58 |
| 78 | Heylen Gustaaf | Herenthout | 1946 | M | 64 | 0:19:59 | 12,01 | 5:00 |
| 79 | Belien Jo | Ham | 1981 | M | 65 | 0:20:05 | 11,95 | 5:01 |
| 80 | De Vries Debby | Wiekevorst | 1984 | V | 15 | 0:20:15 | 11,85 | 5:04 |
| 81 | Pluys Mariette | Berlaar | 1945 | V | 16 | 0:20:22 | 11,78 | 5:06 |
| 82 | Van Rillaer | Tremelo | 2000 | M | 66 | 0:20:28 | 11,73 | 5:07 |
| 83 | Papen Gust | Hulshout | 1940 | M | 67 | 0:20:35 | 11,66 | 5:09 |
| 84 | Coeck Walter | Herselt | 1953 | M | 68 | 0:20:44 | 11,58 | 5:11 |
| 85 | Heylen Wim | Booischoot | 1964 | M | 69 | 0:20:57 | 11,46 | 5:14 |
| 86 | Heylen Fabian | Booischoot | 1997 | M | 70 | 0:20:59 | 11,44 | 5:15 |
| 87 | Heylen Jos | Westerlo | 1945 | M | 71 | 0:21:05 | 11,38 | 5:16 |
| 88 | Van Rillaer Silke | Tremelo | 1997 | V | 17 | 0:21:11 | 11,33 | 5:18 |
| 89 | Hendrickx Arlette | Hallaar | 1955 | V | 18 | 0:21:18 | 11,27 | 5:20 |
| 90 | Paepen Sarah | Westerlo | 1979 | V | 19 | 0:21:21 | 11,24 | 5:20 |
| 91 | Horemans Renilde | Heultje | 1969 | V | 20 | 0:21:22 | 11,23 | 5:21 |
| 92 | Engelen Gerda | Oud-Turnhout | 1964 | V | 21 | 0:21:31 | 11,15 | 5:23 |
| 93 | Wouters Carine | Ramsel | 1962 | V | 22 | 0:21:33 | 11,14 | 5:23 |
| 94 | Nolmans Ilse | Scherpenheuvel | 1971 | V | 23 | 0:21:36 | 11,11 | 5:24 |
| 95 | Laenen Jeroen | Heultje | 1997 | M | 72 | 0:21:54 | 10,96 | 5:28 |
| 96 | Jacobs Nancy | Lille | 1966 | V | 24 | 0:21:57 | 10,93 | 5:29 |
| 97 | Van Roosbroeck Marc | Berlaar | 1964 | M | 73 | 0:22:14 | 10,79 | 5:34 |
| 98 | Vankruyckelsven Ludo | Tessengerlo | 1956 | M | 74 | 0:22:22 | 10,73 | 5:35 |
| 99 | Jans Lisette | Westerlo | 1948 | V | 25 | 0:22:23 | 10,72 | 5:36 |
| 100 | Elen Ria | Tessengerlo | 1962 | V | 26 | 0:22:25 | 10,71 | 5:36 |
| 101 | Van Loo Lauranne | Hallaar | 1993 | V | 27 | 0:22:28 | 10,68 | 5:37 |
| 102 | Verschueren Nicky | Schriek | 1995 | V | 28 | 0:22:35 | 10,63 | 5:39 |
| 103 | Douwen Albert | Herentals | 1942 | M | 75 | 0:23:05 | 10,40 | 5:46 |
| 104 | Verbraeken Patricia | Ramsel | 1964 | V | 29 | 0:23:18 | 10,30 | 5:49 |
| 105 | Depreter Jules | Heist-o/d-Berg | 1936 | M | 76 | 0:23:26 | 10,24 | 5:51 |
| 106 | Daems Stijn | Westerlo | 1999 | M | 77 | 0:23:49 | 10,08 | 5:57 |
| 107 | Digmet Marie-Anne | Westerlo | 1965 | V | 30 | 0:23:51 | 10,06 | 5:58 |
| 108 | Van Den Bergh Ilse | Westerlo | 1966 | V | 31 | 0:23:53 | 10,05 | 5:58 |
| 109 | Van Daele Maarten | Westerlo | 1996 | M | 78 | 0:23:55 | 10,03 | 5:59 |
| 110 | Heurckmans Miranda | Tremelo | 1974 | V | 32 | 0:24:02 | 9,99 | 6:01 |
| 111 | Van Daele Guy | Westerlo | 1966 | M | 79 | 0:24:06 | 9,96 | 6:01 |
| 112 | Jacobs Sarah | Huldenberg | 1983 | V | 33 | 0:24:09 | 9,94 | 6:02 |
| 113 | Van Houdt Manuela | Noorderwijk | 1961 | V | 34 | 0:24:17 | 9,88 | 6:04 |
| 114 | Van De Reijdt Sarah | Leopoldsburg | 1997 | V | 35 | 0:24:36 | 9,76 | 6:09 |

| PL Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|------------------------|-------------------|------------|------------|--------------|-------------|------------|----------------|
| 115 Luyten Simonne | Diest-Deurne | 1940 | V | 36 | 0:24:42 | 9,72 | 6:10 |
| 116 Rouma Els | Heultje | 1971 | V | 37 | 0:24:46 | 9,69 | 6:11 |
| 117 Cle Georges | Westerlo | 1947 | M | 80 | 0:24:49 | 9,67 | 6:12 |
| 118 Van De Perre Kelly | Heultje | 1979 | V | 38 | 0:24:54 | 9,64 | 6:14 |
| 119 Govarts Tania | Heultje | 1969 | V | 39 | 0:24:55 | 9,63 | 6:14 |
| 120 Vandeven Heidi | Westerlo | 1976 | V | 40 | 0:24:57 | 9,62 | 6:14 |
| 121 Biesmans Lisette | Ham | 1946 | V | 41 | 0:25:51 | 9,28 | 6:28 |
| 122 Mertens Lana | Heultje | 2000 | V | 42 | 0:26:12 | 9,16 | 6:33 |
| 123 Deckers Glenn | Heultje | 1996 | M | 81 | 0:26:16 | 9,14 | 6:34 |
| 124 Deckers Jana | Heultje | 1998 | V | 43 | 0:26:17 | 9,13 | 6:34 |
| 125 Huysmans Kathleen | Heultje | 1971 | V | 44 | 0:26:23 | 9,10 | 6:36 |
| 126 Boelen Diane | Leopoldsburg | 1969 | V | 45 | 0:26:47 | 8,96 | 6:42 |
| 127 Vervoort Senne | Oosterwijk | 2000 | M | 82 | 0:26:48 | 8,96 | 6:42 |
| 128 Zwinnen Guido | Hulshout | 1939 | M | 83 | 0:27:00 | 8,89 | 6:45 |
| 129 Monsecour Jan | Westmeerbeek | 1946 | M | 84 | 0:27:05 | 8,86 | 6:46 |
| 130 Pulinx Jos | Halen | 1947 | M | 85 | 0:27:22 | 8,77 | 6:50 |
| 131 Auwers Nadine | Oosterwijk | 1968 | V | 46 | 0:27:43 | 8,66 | 6:56 |
| 132 Vervoort Silke | Oosterwijk | 1998 | V | 47 | 0:28:15 | 8,50 | 7:04 |
| 133 Vervoort Wim | Oosterwijk | 1969 | M | 86 | 0:28:16 | 8,49 | 7:04 |
| 134 Schroven Irena | Diest-Deurne | 1937 | V | 48 | 0:30:59 | 7,75 | 7:45 |
| 135 Borgions Chris | Heultje | 1965 | M | 87 | | | |
| 136 Claes Kyra | Heultje | 1999 | V | 49 | | | |
| 137 Denaeyer Chloe | Heultje | 1994 | V | 50 | | | |
| 138 Denaeyer Ella | Heultje | 1999 | V | 51 | | | |
| 139 Denaeyer Wout | Heultje | 1995 | M | 88 | | | |
| 140 Helsen Roxanne | Heultje | 1996 | V | 52 | | | |
| 141 Knip Anke | Heultje | 1958 | V | 53 | | | |
| 142 Michiels Annick | Heultje | 1978 | V | 54 | | | |
| 143 Pauwels Anja | Heultje | 1978 | V | 55 | | | |
| 144 Polmans Gerard | Heultje | 1955 | M | 89 | | | |
| 145 Torfs Daisy | Heultje | 1965 | V | 56 | | | |
| 146 Van Gemert Chris | Heultje | 1955 | V | 57 | | | |
| 147 Barrat Roland | Merksem | 1941 | M | 90 | | | |
| 148 Salaerts Jules | Itegem | 1946 | M | 91 | | | |
| 149 De Wever Brend | Heultje | 1998 | M | 92 | | | |

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| PL | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-------------------------|-----------------|------|-----|-------|---------|-------|---------|
| 1 | Engelen Gert | Heultje | 1968 | M | 1 | 0:28:09 | 17,05 | 3:31 |
| 2 | Laenen Marcel | Heultje | 1956 | M | 2 | 0:28:09 | 17,05 | 3:31 |
| 3 | Lenders Frans | Itegem | 1964 | M | 3 | 0:28:32 | 16,82 | 3:34 |
| 4 | Van Den Bosch Rudy | Holsbeek | 1963 | M | 4 | 0:28:37 | 16,77 | 3:35 |
| 5 | Heylen Bart | Heist-o/d-Berg | 1966 | M | 5 | 0:28:48 | 16,67 | 3:36 |
| 6 | Laureys Kris | Olen | 1967 | M | 6 | 0:29:38 | 16,20 | 3:42 |
| 7 | Van Daele Luc | Rotselaar | 1953 | V | 1 | 0:29:52 | 16,07 | 3:44 |
| 8 | Van Rillaar Stefan | Tremelo | 1970 | M | 7 | 0:30:37 | 15,68 | 3:50 |
| 9 | Vranckx Maria | Herenthout | 1964 | V | 2 | 0:30:45 | 15,61 | 3:51 |
| 10 | De Keyser Rene | Aarschot | 1945 | M | 8 | 0:30:58 | 15,50 | 3:52 |
| 11 | Verbist Wouter | Begijnendijk | 1973 | M | 9 | 0:31:07 | 15,43 | 3:53 |
| 12 | Huysmans Jef | Westerlo | 1959 | M | 10 | 0:31:13 | 15,38 | 3:54 |
| 13 | Wehenkel Francois | Herk De Stad | 1952 | M | 11 | 0:31:31 | 15,23 | 3:56 |
| 14 | Coremans Cyriel | Aarschot | 1947 | M | 12 | 0:31:39 | 15,17 | 3:57 |
| 15 | Vermeylen Paul | Baal | 1963 | M | 13 | 0:31:43 | 15,13 | 3:58 |
| 16 | Wijns Jos | Hallaar | 1952 | M | 14 | 0:32:08 | 14,94 | 4:01 |
| 17 | De Rout Kris | Hulshout | 1978 | M | 15 | 0:32:10 | 14,92 | 4:01 |
| 18 | Everaerts Kris | Rillaar | 1971 | M | 16 | 0:32:12 | 14,91 | 4:02 |
| 19 | Lemoine Philip | Betekom | 1966 | M | 17 | 0:32:28 | 14,78 | 4:04 |
| 20 | Broothaerts Joss | Kapelle-o/d-Bos | 1955 | M | 18 | 0:32:38 | 14,71 | 4:05 |
| 21 | Van Riet Marc | Hulshout | 1971 | M | 19 | 0:33:04 | 14,52 | 4:08 |
| 22 | De Cocq Roger | Heist-o/d-Berg | 1952 | M | 20 | 0:33:33 | 14,31 | 4:12 |
| 23 | Everaerts Peter | Rillaar | 1971 | M | 21 | 0:33:42 | 14,24 | 4:13 |
| 24 | Vermaelen Willy | Holsbeek | 1952 | M | 22 | 0:33:56 | 14,15 | 4:15 |
| 25 | Nijs Koen | Booischot | 1976 | M | 23 | 0:34:06 | 14,08 | 4:16 |
| 26 | De Swert Ivo | Veerle | 1955 | M | 24 | 0:34:11 | 14,04 | 4:16 |
| 27 | Cortens Steven | Keerbergen | 1972 | M | 25 | 0:34:30 | 13,91 | 4:19 |
| 28 | Goyvaerts Nico | Ramsel | 1967 | M | 26 | 0:34:40 | 13,85 | 4:20 |
| 29 | Van De Gaer Jan | Tielt-Winge | 1951 | M | 27 | 0:34:42 | 13,83 | 4:20 |
| 30 | Beyers Hilde | Heultje | 1958 | V | 3 | 0:35:07 | 13,67 | 4:23 |
| 31 | Maes Ivo | Morkhoven | 1946 | M | 28 | 0:35:12 | 13,64 | 4:24 |
| 32 | Van Kerckhoven Tony | Heultje | 1955 | M | 29 | 0:35:15 | 13,62 | 4:24 |
| 33 | Van Asten Benny | Heultje | 1960 | M | 30 | 0:35:29 | 13,53 | 4:26 |
| 34 | Coenen Paula | Laakdal | 1957 | V | 4 | 0:35:32 | 13,51 | 4:26 |
| 35 | Smolders Maria | Betekom | 1955 | V | 5 | 0:35:35 | 13,49 | 4:27 |
| 36 | Van Dijck Louis | Tremelo | 1948 | M | 31 | 0:35:36 | 13,48 | 4:27 |
| 37 | Sybens Luc | Heultje | 1957 | M | 32 | 0:35:55 | 13,36 | 4:29 |
| 38 | Van Passel Jan | Aarschot | 1968 | M | 33 | 0:36:00 | 13,33 | 4:30 |
| 39 | De Kock Francois | Averbode | 1950 | M | 34 | 0:36:06 | 13,30 | 4:31 |
| 40 | Van Den Vonder Greet | Berlaar | 1963 | V | 6 | 0:36:08 | 13,28 | 4:31 |
| 41 | Verwimp Gery | Mol | 1977 | M | 35 | 0:36:23 | 13,19 | 4:33 |
| 42 | Van Loo Bruno | Tremelo | 1947 | M | 36 | 0:36:32 | 13,14 | 4:34 |
| 43 | Vercammen Rudy | Aarschot | 1964 | M | 37 | 0:36:55 | 13,00 | 4:37 |
| 44 | Verlinden Louis | Noorderwijk | | M | 38 | 0:36:55 | 13,00 | 4:37 |
| 45 | Beulens Jurgen | Booischot | 1980 | M | 39 | 0:37:04 | 12,95 | 4:38 |
| 46 | Van Roosbroeck Matthias | Berlaar | 1993 | M | 40 | 0:37:11 | 12,91 | 4:39 |
| 47 | Kempen J. | Geel | 1937 | M | 41 | 0:37:18 | 12,87 | 4:40 |
| 48 | Van Roelen Gaston | Rillaar | 1949 | M | 42 | 0:37:28 | 12,81 | 4:41 |
| 49 | Van Casteren Ronald | Heist-o/d-Berg | 1962 | M | 43 | 0:37:34 | 12,78 | 4:42 |
| 50 | Van Den Bergh Alex | Heist-o/d-Berg | 1960 | M | 44 | 0:38:00 | 12,63 | 4:45 |
| 51 | Van Den Putte Eric | Heist-o/d-Berg | 1957 | M | 45 | 0:38:01 | 12,63 | 4:45 |
| 52 | Cuypers Stijn | Itegem | 1993 | M | 46 | 0:38:22 | 12,51 | 4:48 |
| 53 | Umam Thomas | Lier | 1995 | M | 47 | 0:39:03 | 12,29 | 4:53 |
| 54 | Van Doninck Rene | Herenthout | 1942 | M | 48 | 0:39:15 | 12,23 | 4:54 |
| 55 | Andries Brent | Zammel | 1994 | M | 49 | 0:39:44 | 12,08 | 4:58 |
| 56 | Peeters Marcel | Lommel | | M | 50 | 0:39:51 | 12,05 | 4:59 |
| 57 | Andries Stefan | Zammel | 1965 | M | 51 | 0:39:57 | 12,02 | 5:00 |

| PL | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|------------------------|-------------------|------------|------------|--------------|-------------|------------|----------------|
| 58 | Janssens Karl | Rillaar | 1976 | M | 52 | 0:40:26 | 11,87 | 5:03 |
| 59 | Van Hoof Jean | Mol | 1937 | M | 53 | 0:40:33 | 11,84 | 5:04 |
| 60 | Daems Karel | Westerlo | 1960 | M | 54 | 0:40:34 | 11,83 | 5:04 |
| 61 | Van Den Broeck Conny | Beerzel | 1962 | V | 7 | 0:40:37 | 11,82 | 5:05 |
| 62 | Luyten Guido | Laakdal | 1957 | M | 55 | 0:40:52 | 11,75 | 5:07 |
| 63 | Boonen Luc | Geel | 1959 | M | 56 | 0:41:16 | 11,63 | 5:10 |
| 64 | Vermaelen Johan | Holsbeek | 1976 | M | 57 | 0:41:30 | 11,57 | 5:11 |
| 65 | Vermaelen Wendy | Holsbeek | 1978 | V | 8 | 0:41:36 | 11,54 | 5:12 |
| 66 | Van Eyck Gilbert | Herentals | 1947 | M | 58 | 0:41:39 | 11,52 | 5:12 |
| 67 | Van Den Heuvel Laurent | Ramsel | 1944 | M | 59 | 0:41:44 | 11,50 | 5:13 |
| 68 | Helsen Leo | Herselt | 1955 | M | 60 | 0:42:12 | 11,37 | 5:17 |
| 69 | Peeters Hans | Wiekevorst | 1983 | M | 61 | 0:42:15 | 11,36 | 5:17 |
| 70 | Theunis Rosette | Beverlo | 1953 | V | 9 | 0:42:19 | 11,34 | 5:17 |
| 71 | Van Casteren Vera | Begijnendijk | 1954 | V | 10 | 0:42:31 | 11,29 | 5:19 |
| 72 | Heylen Inge | Lier | 1964 | V | 11 | 0:43:02 | 11,15 | 5:23 |
| 73 | Scherens Patrick | Baal | 1965 | M | 62 | 0:44:20 | 10,83 | 5:33 |
| 74 | Van De Reijd Mieke | Leopoldsburg | 1998 | V | 12 | 0:44:53 | 10,69 | 5:37 |
| 75 | Van Der Borghht Nancy | Westerlo | 1968 | V | 13 | 0:48:25 | 9,91 | 6:03 |
| 76 | Lavreysen Livinus | Lommel | 1934 | M | 63 | 0:48:40 | 9,86 | 6:05 |
| 77 | Crauwels Paul | Edegem | 1952 | M | 64 | 0:51:47 | 9,27 | 6:28 |
| 78 | Driessens Anne | Antwerpen | 1965 | V | 14 | | | |
| 79 | Papen Noortje | Hulshout | 1987 | M | 65 | | | |
| 80 | Van Den Bruel Sven | Herentals | 1985 | M | 66 | | | |

12 KM

| PL | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|---------------------|----------------|------|-----|-------|---------|-------|---------|
| 1 | Van Wolputte Luc | Westerlo | 1968 | M | 1 | 0:42:38 | 16,89 | 3:33 |
| 2 | Van De Weyer Marc | Herselt | 1967 | M | 2 | 0:43:15 | 16,65 | 3:36 |
| 3 | Rutten Eddy | Ham | 1967 | M | 3 | 0:43:39 | 16,49 | 3:38 |
| 4 | Heijlighen Freddy | Begynendijk | 1959 | M | 4 | 0:45:33 | 15,81 | 3:48 |
| 5 | Lievens Herman | Olen | 1957 | M | 5 | 0:46:14 | 15,57 | 3:51 |
| 6 | Dams Karel | Geel | 1965 | M | 6 | 0:46:34 | 15,46 | 3:53 |
| 7 | Baeyens Jos | Kasterlee | 1954 | M | 7 | 0:46:37 | 15,45 | 3:53 |
| 8 | Van Woensel Ludo | Booischot | 1956 | M | 8 | 0:47:08 | 15,28 | 3:56 |
| 9 | Scheers Kurt | Hallaar | 1961 | M | 9 | 0:47:25 | 15,18 | 3:57 |
| 10 | Vervoort Kris | Herentals | 1962 | M | 10 | 0:48:32 | 14,84 | 4:03 |
| 11 | Van Doren Wim | Heultje | 1974 | M | 11 | 0:48:55 | 14,72 | 4:05 |
| 12 | Peeters Karen | Boom | 1968 | V | 1 | 0:49:01 | 14,69 | 4:05 |
| 13 | Kaers Ronald | Begynendijk | 1952 | M | 12 | 0:49:14 | 14,62 | 4:06 |
| 14 | Van De Velde Bart | Ramsel | 1970 | M | 13 | 0:50:33 | 14,24 | 4:13 |
| 15 | Reulens Jan | Laakdal | 1957 | M | 14 | 0:50:43 | 14,20 | 4:14 |
| 16 | Verbist Kurt | Heultje | 1974 | M | 15 | 0:50:52 | 14,15 | 4:14 |
| 17 | Desaedeleer Pol | Lier | 1967 | M | 16 | 0:50:56 | 14,14 | 4:15 |
| 18 | Van Vlasselaer Eddy | Ramsel | 1952 | M | 17 | 0:51:11 | 14,07 | 4:16 |
| 19 | Lunders Hugo | Lier | 1961 | M | 18 | 0:51:19 | 14,03 | 4:17 |
| 20 | Stickens Tom | Herselt | 1974 | M | 19 | 0:51:50 | 13,89 | 4:19 |
| 21 | Vogelaar Pieter | Sint-Truiden | 1978 | M | 20 | 0:51:55 | 13,87 | 4:20 |
| 22 | Luyten Roland | Langdorp | 1958 | M | 21 | 0:52:08 | 13,81 | 4:21 |
| 23 | Debehet Jos | Geetbets | 1959 | M | 22 | 0:52:24 | 13,74 | 4:22 |
| 24 | Pelgrims Edouart | Schriek | 1955 | M | 23 | 0:52:39 | 13,68 | 4:23 |
| 25 | Maris Christel | Halen | 1963 | V | 2 | 0:52:41 | 13,67 | 4:23 |
| 26 | Piron Patrick | Halen | 1960 | M | 24 | 0:52:45 | 13,65 | 4:24 |
| 27 | Van De Wouwer Rene | Herselt | 1946 | M | 25 | 0:52:55 | 13,61 | 4:25 |
| 28 | Rijo Americo | Lommel | 1947 | M | 26 | 0:53:27 | 13,47 | 4:27 |
| 29 | Borgwald Ludwig | Heusen Zolder | 1957 | M | 27 | 0:54:03 | 13,32 | 4:30 |
| 30 | De Boel Herman | Laakdal | 1955 | M | 28 | 0:54:05 | 13,31 | 4:30 |
| 31 | Meulders Hugo | Ramsel | 1960 | M | 29 | 0:54:07 | 13,30 | 4:31 |
| 32 | Drylessa Rainex | Geel | 1972 | M | 30 | 0:54:09 | 13,30 | 4:31 |
| 33 | Stappaerts Werner | Westerlo | 1966 | M | 31 | 0:54:47 | 13,14 | 4:34 |
| 34 | Sterckckx Wim | Geel | 1980 | M | 32 | 0:55:10 | 13,05 | 4:36 |
| 35 | Nijs Yves | Opoeteren | 1978 | M | 33 | 0:55:12 | 13,04 | 4:36 |
| 36 | Boonen Jan | Kasterlee | 1961 | M | 34 | 0:55:31 | 12,97 | 4:38 |
| 37 | Nijs Hans | Veerle | 1968 | M | 35 | 0:55:36 | 12,95 | 4:38 |
| 38 | Vervoort Luc | Laakdal | 1965 | M | 36 | 0:55:42 | 12,93 | 4:39 |
| 39 | Caers Jozef | Geel | 1966 | M | 37 | 0:55:47 | 12,91 | 4:39 |
| 40 | Van Elsen Karine | Betekom | 1962 | V | 3 | 0:55:51 | 12,89 | 4:39 |
| 41 | Van Der Eyken Peter | Aarschot | 1981 | M | 38 | 0:55:55 | 12,88 | 4:40 |
| 42 | Aerts Johan | Booischot | 1965 | M | 39 | 0:56:13 | 12,81 | 4:41 |
| 43 | Adams Frans | Kasterlee | 1950 | M | 40 | 0:56:45 | 12,69 | 4:44 |
| 44 | Dewaele Bart | Holsbeek | 1956 | M | 41 | 0:56:53 | 12,66 | 4:44 |
| 45 | Ceulemans Freddy | Begijnendijk | 1952 | M | 42 | 0:57:55 | 12,43 | 4:50 |
| 46 | Jame Marc | Opoeteren | 1979 | M | 43 | 0:58:30 | 12,31 | 4:53 |
| 47 | Driessens Karel | Wuustwezel | 1944 | M | 44 | 0:59:47 | 12,04 | 4:59 |
| 48 | Sterckckx Maurice | Noorderwijk | 1949 | M | 45 | 1:00:32 | 11,89 | 5:03 |
| 49 | Haine Marierose | Heusden Zolder | 1968 | V | 4 | 1:02:43 | 11,48 | 5:14 |
| 50 | Umans Rik | Lier | 1960 | M | 46 | 1:03:45 | 11,29 | 5:19 |
| 51 | Borgers Ingrid | Kasterlee | 1962 | V | 5 | 1:04:37 | 11,14 | 5:23 |
| 52 | Van Den Eede Leon | Aartselaar | 1943 | M | 47 | 1:05:15 | 11,03 | 5:26 |
| 53 | Seykens Ludo | Tongerlo | 1958 | M | 48 | 1:05:26 | 11,00 | 5:27 |
| 54 | Valgaeren Emiel | Herentals | 1938 | M | 49 | 1:06:03 | 10,90 | 5:30 |
| 55 | Nauwelaers Rit | Berlaar | 1952 | V | 6 | 1:07:09 | 10,72 | 5:36 |
| 56 | Cambre Ronny | Vorselaar | 1959 | M | 50 | 1:07:12 | 10,71 | 5:36 |
| 57 | Umans Elias | Lier | 1998 | M | 51 | 1:14:39 | 9,65 | 6:13 |
| 58 | Kinnaer Mia | Kortenaken | 1964 | V | 7 | | | |