

Loopcriterium van het Houtland 2007

10e Prestoloop Ichtegem - 9 april 2007

10,5 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|----------------------|--------------|------|------|-------|---------|-------|---------|
| 1 | 656 | BROUCKAERT DIETER | ZERKEGEM | 1981 | MSEN | 1 | 0:33:18 | 18,92 | 3:10 |
| 2 | 616 | VANHAECKE FILIP | ARDOOIE | 1959 | M+45 | 1 | 0:33:33 | 18,78 | 3:12 |
| 3 | 237 | GALLEIN DIRK | GITS | 1962 | M+40 | 2 | 0:34:04 | 18,49 | 3:15 |
| 4 | 577 | DERUDDERE GEERT | DAPALO | 1960 | M+45 | 3 | 0:34:06 | 18,48 | 3:15 |
| 5 | 586 | SERROEN NICO | DAPALO | 1978 | MSEN | 2 | 0:34:10 | 18,44 | 3:15 |
| 6 | 743 | DE HAESE JO | DIKSMUIDE | 1990 | MJUN | 1 | 0:34:27 | 18,29 | 3:17 |
| 7 | 635 | DECROIX MARIO | ZONNEBEKE | 1970 | M+35 | 3 | 0:34:34 | 18,23 | 3:18 |
| 8 | 501 | STIEPERAERE DAVY | VARSNARE | 1985 | MSEN | 4 | 0:34:51 | 18,08 | 3:19 |
| 9 | 643 | DUJARDYN PEDRO | OOIGEM | 1978 | MSEN | 5 | 0:34:58 | 18,02 | 3:20 |
| 10 | 676 | SLABBINCK KRISTOF | JABBEKE | 1971 | M+35 | 6 | 0:35:25 | 17,79 | 3:22 |
| 11 | 528 | BROUCKE STEVEN | DIKSMUIDE | 1985 | MSEN | 7 | 0:35:36 | 17,70 | 3:23 |
| 12 | 594 | VERMANDER GLENN | DAPALO | 1985 | MSEN | 8 | 0:35:45 | 17,62 | 3:24 |
| 13 | 657 | VANDENBROUCKE LIEVEN | ST-ANDRIES | 1980 | MSEN | 9 | 0:36:05 | 17,46 | 3:26 |
| 14 | 559 | VANSTEELANDT FILIP | ZERKEGEM | 1967 | M+40 | 4 | 0:36:30 | 17,26 | 3:29 |
| 15 | 566 | VIEREN HANS | VEURNE | 1967 | M+35 | 5 | 0:36:37 | 17,21 | 3:29 |
| 16 | 704 | VANACKER MARIO | POELKAPELLE | 1977 | MSEN | 10 | 0:36:51 | 17,10 | 3:31 |
| 17 | 646 | HEYTENS JOHAN | BRUGGE | 1957 | M+45 | 1 | 0:36:57 | 17,05 | 3:31 |
| 18 | 514 | TAELMAN LUCIEN | WAREGEM | 1957 | M+45 | 2 | 0:36:59 | 17,03 | 3:31 |
| 19 | 542 | STRUBBE LUC | JABBEKE | 1961 | M+45 | 6 | 0:37:01 | 17,02 | 3:32 |
| 20 | 703 | D'HAENE OLIVIER | KOEKELARE | 1970 | M+35 | 11 | 0:37:06 | 16,98 | 3:32 |
| 21 | 740 | THYVELEN PETER | GISTEL | 1964 | M+40 | 7 | 0:37:10 | 16,95 | 3:32 |
| 22 | 608 | OLIVIER JOHAN | KOEKELARE | 1968 | M+35 | 12 | 0:37:27 | 16,82 | 3:34 |
| 23 | 596 | LIEFOOGHE GEERT | DAPALO | 1964 | M+40 | 8 | 0:37:32 | 16,79 | 3:34 |
| 24 | 232 | VANBESIEN DIDIER | TORHOUT | 1981 | MSEN | 13 | 0:37:33 | 16,78 | 3:35 |
| 25 | 554 | DESENDER NOEL | EERNEGEM | 1959 | M+45 | 9 | 0:37:34 | 16,77 | 3:35 |
| 26 | 640 | DESIMPEL CHRISTOF | TORHOUT | 1970 | M+35 | 14 | 0:37:37 | 16,75 | 3:35 |
| 27 | 636 | POPELIER DIRK | LICHTERVELDE | 1956 | M+50 | 3 | 0:37:41 | 16,72 | 3:35 |
| 28 | 731 | VERBEKE DOMINIQUE | BREDENE | 1971 | M+35 | 15 | 0:37:46 | 16,68 | 3:36 |
| 29 | 243 | WALLAYS ARNE | STADEN | 1990 | MJUN | 2 | 0:37:53 | 16,63 | 3:36 |
| 30 | 592 | VANDEZANDE JOHNY | DAPALO | 1961 | M+45 | 10 | 0:37:55 | 16,62 | 3:37 |
| 31 | 581 | MAES JONAH | DAPALO | 1988 | MJUN | 3 | 0:37:57 | 16,60 | 3:37 |
| 32 | 599 | DEBERSAQUES PASCAL | HARELBEKE | 1972 | MSEN | 16 | 0:38:00 | 16,58 | 3:37 |
| 33 | 626 | TANGHE PATRICK | ZEDELGEM | 1969 | M+35 | 17 | 0:38:03 | 16,56 | 3:37 |
| 34 | 667 | VROMMAN JAN | EGEM | 1986 | MSEN | 18 | 0:38:11 | 16,50 | 3:38 |
| 35 | 541 | ROGGE JOHAN | ZWALM | 1944 | M+60 | 1 | 0:38:22 | 16,42 | 3:39 |
| 36 | 605 | GROOTAERT LENNERT | VELDEGEM | 1990 | MJUN | 4 | 0:38:26 | 16,39 | 3:40 |
| 37 | 711 | LANNOO FRANK | MEULEBEKE | 1957 | M+45 | 4 | 0:38:31 | 16,36 | 3:40 |
| 38 | 567 | CLAUS KOEN | ARDOOIE | 1971 | M+35 | 19 | 0:38:36 | 16,32 | 3:41 |
| 39 | 591 | VANDENWEGHE JUAN | DAPALO | 1979 | MSEN | 20 | 0:38:41 | 16,29 | 3:41 |
| 40 | 735 | ELAUW DANNY | BESELARE | 1960 | M+45 | 11 | 0:38:46 | 16,25 | 3:42 |
| 41 | 618 | DEMEY PETER | ZERKEGEM | 1969 | M+35 | 21 | 0:38:47 | 16,24 | 3:42 |
| 42 | 655 | VANDECAVEYE ARNE | EERNEGEM | 1990 | MJUN | 5 | 0:38:50 | 16,22 | 3:42 |
| 43 | 621 | DESMET BJORN | KERKHOVE | 1977 | MSEN | 22 | 0:38:52 | 16,21 | 3:42 |
| 44 | 687 | FIERS FREDERIK | ZEDELGEM | 1973 | MSEN | 23 | 0:38:52 | 16,21 | 3:42 |
| 45 | 510 | BALANCK HUGO | ZEDELGEM | 1962 | M+40 | 12 | 0:38:55 | 16,19 | 3:42 |
| 46 | 668 | WYBO ERIC | STADEN | 1964 | M+40 | 13 | 0:39:16 | 16,04 | 3:44 |
| 47 | 697 | MOERMAN KAREL | KEIEM | 1985 | MSEN | 24 | 0:39:18 | 16,03 | 3:45 |
| 48 | 717 | DESTOOP HEIN | RUDDERVOORDE | 1962 | M+40 | 14 | 0:39:19 | 16,02 | 3:45 |
| 49 | 722 | OYAERT ERIC | AARTRIJKE | 1968 | M+35 | 25 | 0:39:21 | 16,01 | 3:45 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|-----------------------|-------------------|------------|------------|--------------|-------------|------------|----------------|
| 50 | 693 | PACQUE HANS | NIEUWPOORT | 1963 | M+40 | 15 | 0:39:30 | 15,95 | 3:46 |
| 51 | 573 | BRAECKEVELT LUC | DAPALO | 1961 | M+45 | 16 | 0:39:31 | 15,94 | 3:46 |
| 52 | 552 | DELAMEILLIEURE DANIEL | TORHOUT | 1959 | M+45 | 17 | 0:39:36 | 15,91 | 3:46 |
| 53 | 603 | VERSTRAETE JOHNY | ROESELARE | 1947 | M+60 | 2 | 0:39:46 | 15,84 | 3:47 |
| 54 | 733 | DHOOP DAVID | EERNEGEM | 1980 | MSEN | 26 | 0:39:48 | 15,83 | 3:47 |
| 55 | 604 | LANNOY KLAAS | GELUVELD | 1990 | MJUN | 6 | 0:39:50 | 15,82 | 3:48 |
| 56 | 529 | THIENPONT RIA | BRUGGE | 1975 | VSEN | 1 | 0:40:01 | 15,74 | 3:49 |
| 57 | 686 | DENYS GEERT | ZERKEGEM | 1966 | M+40 | 18 | 0:40:02 | 15,74 | 3:49 |
| 58 | 678 | GOUWY DAVY | TORHOUT | 1985 | MSEN | 27 | 0:40:07 | 15,70 | 3:49 |
| 59 | 606 | VANTYGHEN VINCENT | EERNEGEM | 1972 | MSEN | 28 | 0:40:08 | 15,70 | 3:49 |
| 60 | 706 | NOLLET KOEN | ICHTEGEM | 1961 | M+45 | 19 | 0:40:13 | 15,67 | 3:50 |
| 61 | 601 | FERGUSON JERRY | OOSTENDE | 1976 | MSEN | 29 | 0:40:18 | 15,63 | 3:50 |
| 62 | 548 | COBBAERT MARINO | BEKEGEM | 1963 | M+40 | 20 | 0:40:26 | 15,58 | 3:51 |
| 63 | 520 | BLOMME KURT | ICHTEGEM | 1971 | M+35 | 30 | 0:40:31 | 15,55 | 3:52 |
| 64 | 507 | DEMOORTELE JOHAN | TORHOUT | 1961 | M+45 | 21 | 0:40:33 | 15,54 | 3:52 |
| 65 | 619 | VERSCHELDE LUC | IZEGEM | 1950 | M+55 | 5 | 0:40:38 | 15,50 | 3:52 |
| 66 | 617 | VUEGEN ERWIN | KORTRIJK | 1958 | M+45 | 22 | 0:40:40 | 15,49 | 3:52 |
| 67 | 569 | JONCKHEERE PATRICK | AARTRIJKE | 1961 | M+45 | 23 | 0:40:45 | 15,46 | 3:53 |
| 68 | 684 | MERTENS LEO | OLEN | 1952 | M+50 | 6 | 0:40:47 | 15,45 | 3:53 |
| 69 | 236 | DESMEDT MARTIN | BREDENE | 1960 | M+45 | 24 | 0:40:48 | 15,44 | 3:53 |
| 70 | 623 | DECLERCK KOEN | OUDENBURG | 1970 | M+35 | 31 | 0:40:49 | 15,43 | 3:53 |
| 71 | 691 | BASTIAENSSENS HERMAN | ICHTEGEM | 1956 | M+50 | 7 | 0:40:51 | 15,42 | 3:53 |
| 72 | 666 | VANNESTE CHARLINE | IZEGEM | 1983 | VSEN | 2 | 0:40:53 | 15,41 | 3:54 |
| 73 | 660 | VANDECAVEYE LUC | EERNEGEM | 1965 | M+40 | 25 | 0:40:54 | 15,40 | 3:54 |
| 74 | 744 | VAN ACKER TOON | RUDDERVOORDE | 1957 | M+45 | 8 | 0:40:55 | 15,40 | 3:54 |
| 75 | 745 | MESTDAGH TONY | ASSEBROEK | 1958 | M+45 | 26 | 0:40:57 | 15,38 | 3:54 |
| 76 | 622 | DESPLANCKE NICK | ICHTEGEM | 1992 | MJUN | 7 | 0:40:58 | 15,38 | 3:54 |
| 77 | 512 | VANAUDENAERDE PASCAL | HANDZAME | 1971 | M+35 | 32 | 0:41:00 | 15,37 | 3:54 |
| 78 | 679 | DEWULF LUC | BEKEGEM | 1959 | M+45 | 27 | 0:41:07 | 15,32 | 3:55 |
| 79 | 256 | GROOTAERD HANS | EERNEGEM | 1969 | M+35 | 33 | 0:41:13 | 15,29 | 3:56 |
| 80 | 681 | VANSEVEREN JOHAN | HOOGLEDE | 1957 | M+45 | 9 | 0:41:16 | 15,27 | 3:56 |
| 81 | 238 | ALLARY BIRGER | EERNEGEM | 1983 | MSEN | 34 | 0:41:22 | 15,23 | 3:56 |
| 82 | 574 | CNEUT MARINO | DAPALO | 1961 | M+45 | 28 | 0:41:27 | 15,20 | 3:57 |
| 83 | 527 | GELAUDE ROGER | SINT-ANDRIES | 1946 | M+60 | 3 | 0:41:30 | 15,18 | 3:57 |
| 84 | 698 | SEYS PIETER | HANDZAME | 1980 | MSEN | 35 | 0:41:32 | 15,17 | 3:57 |
| 85 | 557 | WATTHY JOHAN | GISTEL | 1967 | M+40 | 29 | 0:41:33 | 15,16 | 3:57 |
| 86 | 505 | SYNAEVE WIM | OOSTENDE | 1976 | MSEN | 36 | 0:41:42 | 15,11 | 3:58 |
| 87 | 516 | RYSMAN JOHAN | DESSELGEM | 1954 | M+50 | 10 | 0:41:44 | 15,10 | 3:58 |
| 88 | 749 | SEYS LUC | NEVELE | 1957 | M+45 | 11 | 0:41:51 | 15,05 | 3:59 |
| 89 | 627 | DEDEYSTER PATRICK | KORTEMARK | 1961 | M+45 | 30 | 0:41:53 | 15,04 | 3:59 |
| 90 | 625 | COUDEVILLE ROGER | OUDENBURG | 1947 | M+60 | 4 | 0:41:55 | 15,03 | 4:00 |
| 91 | 607 | LAGROU PATRICK | KOEKELARE | 1968 | M+35 | 37 | 0:42:05 | 14,97 | 4:00 |
| 92 | 654 | RO TSAERT FILIP | OUDENBURG | 1969 | M+35 | 38 | 0:42:07 | 14,96 | 4:01 |
| 93 | 502 | DUFOORT FRANS | ROESELARE | 1949 | M+55 | 12 | 0:42:12 | 14,93 | 4:01 |
| 94 | 651 | POPELIER PETER | GITS | 1980 | MSEN | 39 | 0:42:12 | 14,93 | 4:01 |
| 95 | 665 | CASSAERT ROBIN | ROESELARE | 1976 | MSEN | 40 | 0:42:14 | 14,92 | 4:01 |
| 96 | 534 | DEVOS MARTIN | BEERNEM | 1954 | M+50 | 13 | 0:42:17 | 14,90 | 4:02 |
| 97 | 692 | KARAHOTKA IRMA | ZOTTEGEM | 1960 | V+45 | 1 | 0:42:19 | 14,89 | 4:02 |
| 98 | 222 | VANPRAET YVAN | EERNEGEM | 1958 | M+45 | 31 | 0:42:23 | 14,86 | 4:02 |
| 99 | 620 | BEERT RIK | AVELGEM | 1950 | M+55 | 14 | 0:42:24 | 14,86 | 4:02 |
| 100 | 226 | CAPPAN BART | INGELMUNSTER | 1973 | MSEN | 41 | 0:42:25 | 14,85 | 4:02 |
| 101 | 709 | DEVILDER PATRICK | ST-ANDRIES | 1962 | M+40 | 32 | 0:42:26 | 14,85 | 4:02 |
| 102 | 747 | VAN HULLE FRANCIS | TORHOUT | 1987 | MSEN | 42 | 0:42:43 | 14,75 | 4:04 |
| 103 | 558 | LOUWAGE JOHAN | LEKE | 1969 | M+35 | 43 | 0:42:48 | 14,72 | 4:05 |
| 104 | 549 | DEBRUYNE RONNY | EERNEGEM | 1959 | M+45 | 33 | 0:42:51 | 14,70 | 4:05 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|------------------------|-------------------|------------|------------|--------------|-------------|------------|----------------|
| 105 | 229 | VANDEVOORDE MARC | AALTER | 1961 | M+45 | 34 | 0:42:52 | 14,70 | 4:05 |
| 106 | 602 | JACQUES PATRICK | OOSTKAMP | 1965 | M+40 | 35 | 0:43:03 | 14,63 | 4:06 |
| 107 | 658 | VERBAUWHEDE MARIANE | DENTERGEM | 1958 | V+45 | 2 | 0:43:04 | 14,63 | 4:06 |
| 108 | 611 | CHRISTIAENS MICHEL | EERNEGEM | 1972 | MSEN | 44 | 0:43:04 | 14,63 | 4:06 |
| 109 | 663 | VANWALLEGHEM ALEXANDER | VELDEGEM | 1980 | MSEN | 45 | 0:43:05 | 14,62 | 4:06 |
| 110 | 563 | COULON DOMINIQUE | BELLESEM | 1968 | M+35 | 46 | 0:43:07 | 14,61 | 4:06 |
| 111 | 638 | DESCAMPS ANDY | ZONNEBEKE | 1974 | MSEN | 47 | 0:43:11 | 14,59 | 4:07 |
| 112 | 571 | INGELBRECHT RIK | EERNEGEM | 1958 | M+45 | 36 | 0:43:18 | 14,55 | 4:07 |
| 113 | 538 | DEVLAMINCK RENAAT | KORTEMARK | 1966 | M+40 | 37 | 0:43:21 | 14,53 | 4:08 |
| 114 | 610 | FRICKELO GEERT | OOSTKAMP | 1964 | M+40 | 38 | 0:43:23 | 14,52 | 4:08 |
| 115 | 724 | VANBEVEREN CAMILE | KLERKEN | 1947 | M+55 | 5 | 0:43:27 | 14,50 | 4:08 |
| 116 | 650 | JONCKHEERE KOEN | OOSTENDE | 1975 | MSEN | 48 | 0:43:29 | 14,49 | 4:08 |
| 117 | 748 | ROGIER MARTIN | SNAASKERKE | 1964 | M+40 | 39 | 0:43:31 | 14,48 | 4:09 |
| 118 | 630 | MOEYAERT JERRY | TORHOUT | 1965 | M+40 | 40 | 0:43:32 | 14,47 | 4:09 |
| 119 | 644 | VAN LOO JIMMY | LOPPEM | 1968 | M+35 | 49 | 0:43:33 | 14,47 | 4:09 |
| 120 | 575 | COEVOET PAUL | DAPALO | 1948 | M+55 | 15 | 0:43:34 | 14,46 | 4:09 |
| 121 | 543 | VERHOYE CAROLINE | JABBEKE | 1967 | V+35 | 1 | 0:43:37 | 14,44 | 4:09 |
| 122 | 714 | DECLERCK JARINO | INGELMUNSTER | 1975 | MSEN | 50 | 0:43:39 | 14,43 | 4:09 |
| 123 | 241 | SANDERS BART | EERNEGEM | 1974 | MSEN | 51 | 0:43:41 | 14,42 | 4:10 |
| 124 | 585 | SCHOTTE MARC | DAPALO | 1961 | M+45 | 41 | 0:43:44 | 14,41 | 4:10 |
| 125 | 712 | HAMERS PETER | OOSTENDE | 1969 | M+35 | 52 | 0:43:49 | 14,38 | 4:10 |
| 126 | 540 | DENYS CHRIS | ZERKEGEM | 1945 | M+60 | 6 | 0:43:51 | 14,37 | 4:11 |
| 127 | 614 | VAN BRUAENE WIM | ARDOOIE | 1965 | M+40 | 42 | 0:43:52 | 14,36 | 4:11 |
| 128 | 580 | GODDERIS LUC | DAPALO | 1959 | M+45 | 43 | 0:43:54 | 14,35 | 4:11 |
| 129 | 677 | GOUWY JORDY | TORHOUT | 1988 | MJUN | 8 | 0:43:57 | 14,33 | 4:11 |
| 130 | 750 | SANDRA DIETER | OOSTENDE | 1981 | MSEN | 53 | 0:43:58 | 14,33 | 4:11 |
| 131 | 506 | RABAAY PETER | ADINKERKE | 1970 | M+35 | 54 | 0:44:01 | 14,31 | 4:12 |
| 132 | 525 | VAN DE GEUCHTE FERNAND | TORHOUT | 1950 | M+55 | 16 | 0:44:03 | 14,30 | 4:12 |
| 133 | 533 | DEBRUYNE LUC | OOSTENDE | 1956 | M+50 | 17 | 0:44:06 | 14,29 | 4:12 |
| 134 | 634 | HOSTE NICO | OEDELEM | 1970 | M+35 | 55 | 0:44:09 | 14,27 | 4:12 |
| 135 | 734 | VANNEVEL DANNY | ZONNEBEKE | 1961 | M+45 | 44 | 0:44:12 | 14,25 | 4:13 |
| 136 | 670 | VANDEVOORDE RUBEN | PITTEM | 1981 | MSEN | 56 | 0:44:17 | 14,23 | 4:13 |
| 137 | 674 | RAES MARIO | ZERKEGEM | 1978 | MSEN | 57 | 0:44:19 | 14,22 | 4:13 |
| 138 | 671 | EGGERICK ALEXANDER | PITTEM | 1990 | MJUN | 9 | 0:44:23 | 14,19 | 4:14 |
| 139 | 707 | ERAUW DANIEL | OOSTENDE | 1954 | M+50 | 18 | 0:44:26 | 14,18 | 4:14 |
| 140 | 736 | KENMOLEN MICHEL | OOSTENDE | 1970 | M+35 | 58 | 0:44:37 | 14,12 | 4:15 |
| 141 | 645 | MATON SISKI | BRUGGE | 1957 | V+45 | 3 | 0:44:50 | 14,05 | 4:16 |
| 142 | 556 | PLUVIER NATHALIE | ZERKEGEM | 1973 | VSEN | 3 | 0:44:52 | 14,04 | 4:16 |
| 143 | 629 | PLUVIER KURT | JABBEKE | 1975 | MSEN | 59 | 0:44:52 | 14,04 | 4:16 |
| 144 | 682 | NOYEZ KRISTA | OOSTNIEUWKER | 1969 | V+35 | 2 | 0:45:04 | 13,98 | 4:18 |
| 145 | 683 | VANBESIEN RIA | OOSTNIEUWKER | 1964 | V+40 | 3 | 0:45:07 | 13,96 | 4:18 |
| 146 | 240 | DE SCHEEMAECCKER LUC | ASSEBROEK | 1964 | M+40 | 45 | 0:45:12 | 13,94 | 4:18 |
| 147 | 257 | MANHOUT GIOVANNI | RUDDERVOORDE | 1975 | MSEN | 60 | 0:45:15 | 13,92 | 4:19 |
| 148 | 696 | DESCHACHT JAN | ASSEBROEK | 1963 | M+40 | 46 | 0:45:15 | 13,92 | 4:19 |
| 149 | 504 | HEMERYCK WILLY | SINT-KRUIS | 1959 | M+45 | 47 | 0:45:16 | 13,92 | 4:19 |
| 150 | 223 | LOCY DANNY | AALTER | 1964 | M+40 | 48 | 0:45:24 | 13,88 | 4:19 |
| 151 | 689 | VANHOOREN PATRICK | OOSTENDE | 1963 | M+40 | 49 | 0:45:25 | 13,87 | 4:20 |
| 152 | 225 | VALKENBORGS DANNY | BERINGEN | 1963 | M+40 | 50 | 0:45:26 | 13,87 | 4:20 |
| 153 | 672 | BAEKELAND JAN | ICHTEGEM | 1971 | M+35 | 61 | 0:45:36 | 13,82 | 4:21 |
| 154 | 254 | WITDOUCK ROLAND | MOORSELE | 1954 | M+50 | 19 | 0:45:38 | 13,81 | 4:21 |
| 155 | 729 | DE CEUNINCK EDWIN | HOUTHULST | 1950 | M+55 | 20 | 0:45:40 | 13,80 | 4:21 |
| 156 | 234 | VELLE DANNY | OOSTENDE | 1971 | M+35 | 62 | 0:45:43 | 13,78 | 4:21 |
| 157 | 642 | VERSTRAETE DRIES | TORHOUT | 1984 | MSEN | 63 | 0:45:45 | 13,77 | 4:21 |
| 158 | 230 | CARRETTE ERIK | RUISLEDE | 1943 | M+60 | 7 | 0:45:47 | 13,76 | 4:22 |
| 159 | 255 | HOUVENAEGHEL ALAIN | EERNEGEM | 1952 | M+50 | 21 | 0:45:52 | 13,74 | 4:22 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|-----------------------|-------------------|------------|------------|--------------|-------------|------------|----------------|
| 160 | 598 | VANDAMME KAREL | ICHTEGEM | 1993 | MJUN | 10 | 0:45:54 | 13,73 | 4:22 |
| 161 | 579 | DUSSESSOYE STEFAAN | DAPALO | 1963 | M+40 | 51 | 0:45:56 | 13,72 | 4:22 |
| 162 | 633 | SIMOENS ROBERT | BRUGGE | 1956 | M+50 | 22 | 0:45:58 | 13,71 | 4:23 |
| 163 | 550 | FERNANDE SYLVESTER | TORHOUT | 1976 | MSEN | 64 | 0:46:01 | 13,69 | 4:23 |
| 164 | 239 | JANSSENS HEIDI | EERNEGEM | 1975 | VSEN | 4 | 0:46:03 | 13,68 | 4:23 |
| 165 | 593 | VERBEKE DRIES | DAPALO | 1965 | M+40 | 52 | 0:46:04 | 13,68 | 4:23 |
| 166 | 578 | DERUDDERE LIES | DAPALO | 1986 | VSEN | 5 | 0:46:08 | 13,66 | 4:24 |
| 167 | 587 | VANACKER THIERRY | DAPALO | 1985 | MSEN | 65 | 0:46:10 | 13,65 | 4:24 |
| 168 | 551 | NEYSKENS GUIDO | HERTSBERGE | 1963 | M+40 | 53 | 0:46:21 | 13,59 | 4:25 |
| 169 | 690 | GOTELAERE DANNY | KOEKELARE | 1961 | M+45 | 54 | 0:46:22 | 13,59 | 4:25 |
| 170 | 561 | CLAEYS ANTHONY | TORHOUT | 1989 | MJUN | 11 | 0:46:25 | 13,57 | 4:25 |
| 171 | 249 | VERMOTE ANDREA | EERNEGEM | 1958 | V+45 | 4 | 0:46:33 | 13,53 | 4:26 |
| 172 | 705 | ROGIERS PAUL | ZEDELGEM | 1960 | M+45 | 55 | 0:46:36 | 13,52 | 4:26 |
| 173 | 242 | TUTTENS SOPHIE | MEULEBEKE | 1972 | V+35 | 4 | 0:46:41 | 13,50 | 4:27 |
| 174 | 509 | DECOSTER PATRICK | IZEGEM | 1960 | M+45 | 56 | 0:46:44 | 13,48 | 4:27 |
| 175 | 728 | DE VEENE BART | DEINZE | 1969 | M+35 | 66 | 0:46:52 | 13,44 | 4:28 |
| 176 | 519 | DESMEDT DAVID | GISTEL | 1988 | MJUN | 12 | 0:46:55 | 13,43 | 4:28 |
| 177 | 739 | POPELIER WIM | TIELT | 1962 | M+40 | 57 | 0:47:07 | 13,37 | 4:29 |
| 178 | 639 | CLYBOUW CARINE | TORHOUT | 1961 | V+45 | 5 | 0:47:23 | 13,30 | 4:31 |
| 179 | 584 | SCHOTTE JOCHEN | DAPALO | 1993 | MJUN | 13 | 0:47:36 | 13,24 | 4:32 |
| 180 | 250 | ROSSEEL DOMINIQUE | EERNEGEM | 1970 | M+35 | 67 | 0:47:42 | 13,21 | 4:33 |
| 181 | 565 | VERMEULEN ISABEL | BELLESEM | 1969 | V+35 | 5 | 0:47:45 | 13,19 | 4:33 |
| 182 | 721 | TIBERGIJN PIETER | INGELMUNSTER | 1973 | MSEN | 68 | 0:47:49 | 13,18 | 4:33 |
| 183 | 252 | VANZIELEGHEM MATTHIAS | ICHTEGEM | 1993 | MJUN | 14 | 0:47:56 | 13,14 | 4:34 |
| 184 | 532 | VIANE GERMAIN | OUDENURG | 1955 | M+50 | 23 | 0:48:04 | 13,11 | 4:35 |
| 185 | 669 | VAN HOUCKE KAREL | ST-ANDRIES | 1945 | M+60 | 8 | 0:48:09 | 13,08 | 4:35 |
| 186 | 560 | SLABBINCK ERNA | TORHOUT | 1961 | V+45 | 6 | 0:48:17 | 13,05 | 4:36 |
| 187 | 555 | LOGGHE LUC | ICHTEGEM | 1953 | M+50 | 24 | 0:48:19 | 13,04 | 4:36 |
| 188 | 664 | VANNIEUWKERKE WILLY | KOEKELARE | 1954 | M+50 | 25 | 0:48:31 | 12,99 | 4:37 |
| 189 | 547 | DECLOEDT CARINE | EERNEGEM | 1969 | V+35 | 6 | 0:48:35 | 12,97 | 4:38 |
| 190 | 508 | KNOCKAERT GEORGETTE | OOSTKAMP | 1965 | V+40 | 7 | 0:48:49 | 12,91 | 4:39 |
| 191 | 613 | HEUS JAN | KOEKELARE | 1966 | M+40 | 58 | 0:48:53 | 12,89 | 4:39 |
| 192 | 661 | VAN BETS CHRISTEL | HOBOKEN | 1961 | V+45 | 7 | 0:49:11 | 12,81 | 4:41 |
| 193 | 652 | DE BLAUWE SERGE | ICHTEGEM | 1969 | M+35 | 69 | 0:49:41 | 12,68 | 4:44 |
| 194 | 653 | DE WISPELAERE WILLY | DRONGEN | 1953 | M+50 | 26 | 0:49:45 | 12,66 | 4:44 |
| 195 | 732 | SAMYN PAUL | BRUGGE | 1944 | M+60 | 9 | 0:49:51 | 12,64 | 4:45 |
| 196 | 562 | CLAEYS HEDWIG | TORHOUT | 1959 | M+45 | 59 | 0:49:53 | 12,63 | 4:45 |
| 197 | 515 | ROELENIS GABY | GITS | 1949 | M+55 | 27 | 0:49:56 | 12,62 | 4:45 |
| 198 | 253 | KEUKELEIRE DIRK | BRUGGE | 1961 | M+45 | 60 | 0:49:59 | 12,60 | 4:46 |
| 199 | 524 | BLOMME CHRISTINE | ICHTEGEM | 1961 | V+45 | 8 | 0:50:02 | 12,59 | 4:46 |
| 200 | 564 | COULON LORE | BELLESEM | 1994 | VJUN | 1 | 0:50:07 | 12,57 | 4:46 |
| 201 | 695 | POPELIER GEERT | ARDOOIE | 1953 | M+50 | 28 | 0:50:17 | 12,53 | 4:47 |
| 202 | 701 | DUMON GINO | OUDENBRUG | 1976 | MSEN | 70 | 0:50:22 | 12,51 | 4:48 |
| 203 | 224 | CREVITS SANDRA | ICHTEGEM | 1966 | V+40 | 8 | 0:50:27 | 12,49 | 4:48 |
| 204 | 503 | BORET FRANCKY | OUDENBURG | 1965 | M+40 | 61 | 0:50:31 | 12,47 | 4:49 |
| 205 | 718 | VEREECKE NATACHA | JABBEKE | 1965 | V+40 | 9 | 0:50:34 | 12,46 | 4:49 |
| 206 | 699 | BORRA DANIEL | JABBEKE | 1964 | M+40 | 62 | 0:50:36 | 12,45 | 4:49 |
| 207 | 537 | DAVID DANNY | KOEKELARE | 1955 | M+50 | 29 | 0:50:51 | 12,39 | 4:51 |
| 208 | 716 | STAELENS GEERT | EERNEGEM | 1957 | M+45 | 30 | 0:51:00 | 12,35 | 4:51 |
| 209 | 725 | VANDERBEKEN PATRICK | DEINZE | 1950 | M+55 | 31 | 0:51:03 | 12,34 | 4:52 |
| 210 | 526 | TANGHE XAVIER | GISTEL | 1987 | MSEN | 71 | 0:51:19 | 12,28 | 4:53 |
| 211 | 570 | TANGHE PATRICK | GISTEL | 1956 | M+50 | 32 | 0:51:41 | 12,19 | 4:55 |
| 212 | 597 | VANDAMME GOEDELE | ICHTEGEM | 1992 | VJUN | 2 | 0:51:43 | 12,18 | 4:56 |
| 213 | 737 | JONCKHEERE GEERT | BREDENE | 1957 | M+45 | 33 | 0:51:46 | 12,17 | 4:56 |
| 214 | 648 | DEBEUF NINCY | LICHTERVELDE | 1991 | VJUN | 3 | 0:51:48 | 12,16 | 4:56 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|--------------------------|-------------------|------------|------------|--------------|-------------|------------|----------------|
| 215 | 649 | DEBEUF FRANCK | LICHTERVELDE | 1965 | M+40 | 63 | 0:51:49 | 12,16 | 4:56 |
| 216 | 231 | VANDEKINDEREN PATRIEK | TORHOUT | 1965 | M+40 | 64 | 0:51:55 | 12,13 | 4:57 |
| 217 | 738 | COOPMAN LORENZO | OOSTENDE | 1976 | MSEN | 72 | 0:51:56 | 12,13 | 4:57 |
| 218 | 723 | LOGGHE EDDY | OUDENBURG | 1970 | M+35 | 73 | 0:52:12 | 12,07 | 4:58 |
| 219 | 662 | MORTELE GINO | TORHOUT | 1970 | M+35 | 74 | 0:52:14 | 12,06 | 4:58 |
| 220 | 233 | LECOCK ELS | GISTEL | 1965 | V+40 | 10 | 0:52:31 | 12,00 | 5:00 |
| 221 | 511 | DE BURGHGRAEVE VERONIQUE | ZEDELGEM | 1963 | V+40 | 11 | 0:52:40 | 11,96 | 5:01 |
| 222 | 708 | DESMET JIMMY | ROESELARE | 1971 | M+35 | 75 | 0:52:41 | 11,96 | 5:01 |
| 223 | 244 | DE RUYTER STEFAN | TORHOUT | 1969 | M+35 | 76 | 0:52:41 | 11,96 | 5:01 |
| 224 | 546 | VANHULLEBUSCH MARC | ZERKEGEM | 1961 | M+45 | 65 | 0:52:53 | 11,91 | 5:02 |
| 225 | 258 | DENDAUW STAN | ICHTEGEM | 1996 | MJUN | 15 | 0:53:08 | 11,86 | 5:04 |
| 226 | 572 | AMEYE CYRIEL | DAPALO | 1958 | M+45 | 66 | 0:53:13 | 11,84 | 5:04 |
| 227 | 727 | TUYN CHANTAL | DEINZE | 1957 | V+45 | 9 | 0:53:16 | 11,83 | 5:04 |
| 228 | 710 | VANCAUWENBERGE CHRISTIN | EERNEGEM | 1954 | V+50 | 10 | 0:53:32 | 11,77 | 5:06 |
| 229 | 609 | GAUDISSABOIS JORIK | KNESSELARE | 1992 | MJUN | 16 | 0:53:39 | 11,74 | 5:07 |
| 230 | 248 | ROGIERS HANS | EERNEGEM | 1959 | M+45 | 67 | 0:53:42 | 11,73 | 5:07 |
| 231 | 641 | FONTYNE ROGIER | VELDEGEM | 1944 | M+60 | 10 | 0:53:58 | 11,67 | 5:08 |
| 232 | 518 | DESMEDT GILBERT | GISTEL | 1957 | M+45 | 34 | 0:54:03 | 11,66 | 5:09 |
| 233 | 536 | DE BRUYCKER WIM | OVERMERE | 1975 | MSEN | 77 | 0:54:05 | 11,65 | 5:09 |
| 234 | 600 | VELLE KARIM | ICHTEGEM | 1995 | MJUN | 17 | 0:54:08 | 11,64 | 5:09 |
| 235 | 583 | SCHOTTE EVY | DAPALO | 1985 | VSEN | 6 | 0:54:24 | 11,58 | 5:11 |
| 236 | 595 | TIMMERMANS VERONIQUE | DAPALO | 1977 | VSEN | 7 | 0:54:24 | 11,58 | 5:11 |
| 237 | 582 | PENNINCK GERDI | DAPALO | 1967 | M+35 | 68 | 0:54:25 | 11,58 | 5:11 |
| 238 | 245 | DENDAUW DIETER | TORHOUT | 1967 | M+35 | 69 | 0:54:32 | 11,55 | 5:12 |
| 239 | 246 | VANMASSENHOVE ILSE | OOSTENDE | 1983 | VSEN | 8 | 0:54:34 | 11,55 | 5:12 |
| 240 | 521 | TANGHE OLIVIER | OOSTENDE | 1982 | MSEN | 78 | 0:54:35 | 11,54 | 5:12 |
| 241 | 221 | CRIVITS NADINE | EERNEGEM | 1958 | V+45 | 11 | 0:54:53 | 11,48 | 5:14 |
| 242 | 719 | AINLEY NICK | DEPANNE | 1952 | M+50 | 35 | 0:54:54 | 11,48 | 5:14 |
| 243 | 227 | VANDAMME DANIEL | BRUGGE | 1954 | M+50 | 36 | 0:55:13 | 11,41 | 5:16 |
| 244 | 700 | DE RYCKE ROLAND | JABBEKE | 1949 | M+55 | 37 | 0:55:17 | 11,40 | 5:16 |
| 245 | 647 | VERBRUGGE REGINE | TORHOUT | 1967 | V+35 | 12 | 0:55:22 | 11,38 | 5:16 |
| 246 | 741 | JONCKHEERE PATRICK | EERNEGEM | 1960 | M+45 | 70 | 0:55:23 | 11,38 | 5:16 |
| 247 | 680 | HUVAERE ANN | HOOGLEDE | 1960 | V+45 | 12 | 0:55:26 | 11,37 | 5:17 |
| 248 | 694 | BRULEZ MARLEEN | ARDOOIE | 1953 | V+50 | 13 | 0:55:48 | 11,29 | 5:19 |
| 249 | 260 | DEMEERSSEMAN MARLIES | JABBEKE | 1988 | VJUN | 4 | 0:55:56 | 11,26 | 5:20 |
| 250 | 545 | DESCHUYTER IRIS | ZERKEGEM | 1962 | V+40 | 14 | 0:56:03 | 11,24 | 5:20 |
| 251 | 228 | VANDAMME VICKY | OOSTKAMP | 1983 | VSEN | 9 | 0:56:13 | 11,21 | 5:21 |
| 252 | 702 | LASAT LUC | OUDENBURG | 1964 | M+40 | 71 | 0:57:05 | 11,04 | 5:26 |
| 253 | 742 | CRIVITS FRANCINE | EERNEGEM | 1958 | V+45 | 15 | 0:57:13 | 11,01 | 5:27 |
| 254 | 247 | CASET PETER | ST-ELOOIS W. | 1969 | M+35 | 79 | 0:57:51 | 10,89 | 5:31 |
| 255 | 259 | DEMEERSSEMAN LUC | JABBEKE | 1958 | M+45 | 72 | 0:58:18 | 10,81 | 5:33 |
| 256 | 673 | BAEKELAND GERARD | KORTEMARK | 1943 | M+60 | 11 | 0:58:40 | 10,74 | 5:35 |
| 257 | 544 | STRUBBE BERTIEN | JABBEKE | 1991 | VJUN | 5 | 0:58:52 | 10,70 | 5:36 |
| 258 | 589 | VANDE GINSTE MARLEEN | DAPALO | 1960 | V+45 | 16 | 0:58:57 | 10,69 | 5:37 |
| 259 | 720 | MESSSELIS PALMA | MOORSLEDE | 1959 | V+45 | 17 | 0:58:58 | 10,68 | 5:37 |
| 260 | 628 | TIMMERMANS STEVE | ZERKEGEM | 1974 | MSEN | 80 | 0:59:30 | 10,59 | 5:40 |
| 261 | 535 | DE BRUYCKER EUGREEN | OVERMERE | 1950 | M+55 | 38 | 1:00:38 | 10,39 | 5:46 |
| 262 | 513 | VIAENE LINDA | ICHTEGEM | 1966 | V+40 | 13 | 1:02:06 | 10,14 | 5:55 |
| 263 | 624 | DECLERCK ANN | OUDENBURG | 1967 | V+35 | 14 | 1:02:24 | 10,10 | 5:57 |
| 264 | 235 | BAEYENS HILDE | HUMBEEK | 1966 | V+40 | 15 | 1:05:02 | 9,69 | 6:12 |
| 265 | 517 | DE BRUYCKER NELE | OVERMERE | 1987 | VSEN | 10 | 1:07:17 | 9,36 | 6:24 |