

12e Waterloop Aarschot - 1 september 2006

8,2 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|----------------------|------|-------|---------|-------|---------|
| 1 | 184 | VAN DAELE PATRICK | BEKKEVOORT | M+40 | 1 | 0:26:13 | 18,77 | 3:12 |
| 2 | 81 | VAN DE VELDE BERT | RILLAAR | M+35 | 1 | 0:27:33 | 17,86 | 3:22 |
| 3 | 185 | VAN DEN HEUVEL SVEN | RAMSEL | MSEN | 1 | 0:27:44 | 17,74 | 3:23 |
| 4 | 111 | VAN KERKHOVEN DIRK | TESTELT | M+40 | 2 | 0:28:08 | 17,49 | 3:26 |
| 5 | 87 | VANDEN BOSCH RUDY | HOLSBEEK | M+40 | 3 | 0:28:12 | 17,45 | 3:26 |
| 6 | 170 | SMETS FILIP | GELRODE | M+35 | 2 | 0:28:24 | 17,32 | 3:28 |
| 7 | 179 | MATHEYS DANNY | KESSEL-LO | M+40 | 4 | 0:28:30 | 17,26 | 3:29 |
| 8 | 208 | MATTHYSEN GEERT | WESTERLO | M+35 | 3 | 0:28:36 | 17,20 | 3:29 |
| 9 | 311 | MICHIELS MARK | ROTSELAAR | MSEN | 2 | 0:28:38 | 17,18 | 3:30 |
| 10 | 120 | VAN DAELE BOUDEWIJN | BETEKOM | M+35 | 4 | 0:28:43 | 17,13 | 3:30 |
| 11 | 204 | VAN DAELE WERNER | BETEKOM | M+40 | 5 | 0:28:43 | 17,13 | 3:30 |
| 12 | 140 | DE LEEBEECK PATRICK | ROTSELAAR | M+40 | 6 | 0:28:45 | 17,11 | 3:30 |
| 13 | 260 | DE ROOVER WIM | RAMSEL | M+45 | 1 | 0:28:51 | 17,05 | 3:31 |
| 14 | 250 | MOORKENS JAN | HOEGAARDEN | MSEN | 3 | 0:28:56 | 17,00 | 3:32 |
| 15 | 207 | VAN DAELE LUC | ROTSELAAR | M+50 | 1 | 0:29:02 | 16,95 | 3:32 |
| 16 | 155 | VAN DEN DRIES RONNY | EPPEGEM | M+40 | 7 | 0:29:14 | 16,83 | 3:34 |
| 17 | 215 | COENEN DIRK | HERSELT | MSEN | 4 | 0:29:20 | 16,77 | 3:35 |
| 18 | 210 | VAN SCHAEYBROECK FRANCKY | RILLAAR | M+40 | 8 | 0:29:41 | 16,57 | 3:37 |
| 19 | 158 | ROTTIERS ERWIN | HOMBEEK | M+45 | 2 | 0:29:45 | 16,54 | 3:38 |
| 20 | 88 | WINNENPENNINCKX PAUL | TREMELO | M+55 | 1 | 0:29:55 | 16,45 | 3:39 |
| 21 | 384 | VAN DE WYNGAERT | AARSCHOT | MSEN | 5 | 0:29:58 | 16,42 | 3:39 |
| 22 | 171 | HEYLIGHEN FREDDY | BEGIJNENDIJK | M+45 | 3 | 0:30:05 | 16,35 | 3:40 |
| 23 | 131 | VOS JAN | RILLAAR | MSEN | 6 | 0:30:06 | 16,35 | 3:40 |
| 24 | 29 | VAN HEMELEN PAUL | SCHERPENHEUVEL-ZICHE | M+35 | 5 | 0:30:13 | 16,28 | 3:41 |
| 25 | 230 | TOELEN ANN | AVERBODE | VSEN | 1 | 0:30:17 | 16,25 | 3:42 |
| 26 | 283 | VAN HOOF DRIES | HULSHOUT | MSEN | 7 | 0:30:18 | 16,24 | 3:42 |
| 27 | 91 | VAN WOENSEL LUDO | BOOISCHOT | M+45 | 4 | 0:30:18 | 16,24 | 3:42 |
| 28 | 149 | EXELMANS PETER | AVERBODE | M+35 | 6 | 0:30:29 | 16,14 | 3:43 |
| 29 | 141 | VAN DEN BROECK ANDRE | BOOISCHOT | M+45 | 5 | 0:30:34 | 16,10 | 3:44 |
| 30 | 346 | PARDAENS MAARTEN | KESSEL-LO | MSEN | 8 | 0:30:38 | 16,06 | 3:44 |
| 31 | 192 | HUYSMANS JEF | WESTERLO | M+45 | 6 | 0:30:46 | 15,99 | 3:45 |
| 32 | 356 | DE CONINCK MICHEL | BAAL | M+45 | 7 | 0:30:48 | 15,97 | 3:45 |
| 33 | 43 | CUYPERS PETER | TESTELT | M+45 | 8 | 0:30:52 | 15,94 | 3:46 |
| 34 | 154 | VAN LOO ROGER | HOMBEEK | M+55 | 2 | 0:30:59 | 15,88 | 3:47 |
| 35 | 37 | VANDEBEEK PATRICK | AARSCHOT | MSEN | 9 | 0:30:59 | 15,88 | 3:47 |
| 36 | 7 | DAEMS BJORN | HERSELT | MSEN | 10 | 0:30:59 | 15,88 | 3:47 |
| 37 | 258 | VERCAMMEN JAN | AARSCHOT | M+35 | 7 | 0:31:01 | 15,86 | 3:47 |
| 38 | 153 | VERHAEGEN RAF | BETEKOM | MSEN | 11 | 0:31:02 | 15,85 | 3:47 |
| 39 | 345 | ADRIAESSENS DAVID | LEUVEN | M+35 | 8 | 0:31:03 | 15,85 | 3:47 |
| 40 | 265 | GRANDJEAN HUBERT | BEGIJNENDIJK | M+45 | 9 | 0:31:04 | 15,84 | 3:47 |
| 41 | 398 | VAN DER HOEVEN JEANNINE | SCHRIEK | V+40 | 1 | 0:31:16 | 15,74 | 3:49 |
| 42 | 150 | DIDDEN EDDY | TESSENDERLO | M+45 | 10 | 0:31:17 | 15,73 | 3:49 |
| 43 | 340 | PARDAENS JOOST | PELLENBERG | MSEN | 12 | 0:31:26 | 15,65 | 3:50 |
| 44 | 408 | WILLEMS PETER | BETEKOM | M+35 | 9 | 0:31:37 | 15,56 | 3:51 |
| 45 | 284 | BRUYNINCKX GEERT | TIELT-WINGE | M+35 | 10 | 0:31:43 | 15,51 | 3:52 |
| 46 | 147 | WOUTERS GODFRIED | ZICHEM | M+45 | 11 | 0:31:46 | 15,49 | 3:52 |
| 47 | 327 | DEBIE MANO | AVERBODE | M+35 | 11 | 0:31:48 | 15,47 | 3:53 |
| 48 | 320 | VERSPREET WILLY | TESSENDERLO | M+50 | 2 | 0:31:51 | 15,45 | 3:53 |
| 49 | 331 | DE FEYTER PIETER | ERPE | MSEN | 13 | 0:31:54 | 15,42 | 3:53 |
| 50 | 263 | VERBIST WOUTER | BEGIJNENDIJK | MSEN | 14 | 0:31:59 | 15,38 | 3:54 |
| 51 | 242 | BAETEN DIRK | BEERZEL | M+45 | 12 | 0:32:01 | 15,37 | 3:54 |
| 52 | 194 | VERMUNICHT NICO | WEZEMAAL | MSEN | 15 | 0:32:06 | 15,33 | 3:55 |
| 53 | 407 | COREMANS LUC | BETEKOM | M+45 | 13 | 0:32:07 | 15,32 | 3:55 |
| 54 | 352 | DEN HONDT BART | AARSCHOT | MSEN | 16 | 0:32:09 | 15,30 | 3:55 |
| 55 | 31 | GEYSEN DAVID | AARSCHOT | MSEN | 17 | 0:32:12 | 15,28 | 3:56 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|--------------------------|----------------------|------------|--------------|-------------|------------|----------------|
| 56 | 203 | VAN DAELE EVAN | ROTSELAAR | MSEN | 18 | 0:32:13 | 15,27 | 3:56 |
| 57 | 378 | VAN KERKHOVEN LUCAS | NIEUWRODE | M+45 | 14 | 0:32:16 | 15,25 | 3:56 |
| 58 | 98 | VERHEYDEN GEERT | AARSCHOT | M+35 | 12 | 0:32:22 | 15,20 | 3:57 |
| 59 | 174 | VAN KERKHOVEN PAUL | AARSCHOT | M+50 | 3 | 0:32:24 | 15,19 | 3:57 |
| 60 | 289 | HOLLEVOET CHRIS | BETEKOM | M+40 | 9 | 0:32:25 | 15,18 | 3:57 |
| 61 | 350 | BEECKMANS PETER | AARSCHOT | MSEN | 19 | 0:32:29 | 15,15 | 3:58 |
| 62 | 178 | JOCHMANS MARIO | TIELT-WINGE | MSEN | 20 | 0:32:31 | 15,13 | 3:58 |
| 63 | 129 | VAN DER AUWERA LUC | HEIST-O/D-BERG | M+50 | 4 | 0:32:36 | 15,09 | 3:59 |
| 64 | 152 | VAN NERUM BART | HULDENBERG | MSEN | 21 | 0:32:41 | 15,05 | 3:59 |
| 65 | 198 | JACOBS DIRK | BEERZEL | M+40 | 10 | 0:32:43 | 15,04 | 3:59 |
| 66 | 143 | VAN DEN BROECK ROB | BOOISCHOT | M+45 | 15 | 0:32:45 | 15,02 | 4:00 |
| 67 | 271 | BOGAERTS RUDDI | SCHRIEK | M+45 | 16 | 0:32:45 | 15,02 | 4:00 |
| 68 | 211 | EVERAERTS KRIS | RILLAAR | M+35 | 13 | 0:32:45 | 15,02 | 4:00 |
| 69 | 71 | NIJS WALTER | HOLSBEEK | M+45 | 17 | 0:32:46 | 15,02 | 4:00 |
| 70 | 94 | RAYMAKER MICHEL | TIENEN | M+40 | 11 | 0:32:53 | 14,96 | 4:01 |
| 71 | 166 | VAN STEEN SANDRA | HEIST-O/D-BERG | V+35 | 1 | 0:32:57 | 14,93 | 4:01 |
| 72 | 409 | SMOLDERS RUBEN | | MSEN | 22 | 0:32:58 | 14,92 | 4:01 |
| 73 | 92 | VERMEULEN CHRIS | BOOISCHOT | M+40 | 12 | 0:33:00 | 14,91 | 4:01 |
| 74 | 316 | DEFERM KRIS | LUMMEN | MSEN | 23 | 0:33:02 | 14,89 | 4:02 |
| 75 | 209 | MAES PETER | LANGDORP | MSEN | 24 | 0:33:03 | 14,89 | 4:02 |
| 76 | 202 | BEYNAERTS KIM | BEGIJNENDIJK | MSEN | 25 | 0:33:08 | 14,85 | 4:02 |
| 77 | 224 | VANDEPUT ERIC | KAPELLEN (BT.) | M+35 | 14 | 0:33:09 | 14,84 | 4:03 |
| 78 | 96 | VAN DEN BROECK MARC | HAACHT | M+45 | 18 | 0:33:14 | 14,80 | 4:03 |
| 79 | 100 | VAN DE GAER LUC | KESSEL-LO | M+45 | 19 | 0:33:19 | 14,77 | 4:04 |
| 80 | 272 | DEBEHETS JOS | GEETBETS | M+45 | 20 | 0:33:31 | 14,68 | 4:05 |
| 81 | 70 | BAMS KAMIEL | BEKKEVOORT | M+45 | 21 | 0:33:35 | 14,65 | 4:06 |
| 82 | 146 | VOET MARC | HULSHOUT | M+50 | 5 | 0:33:35 | 14,65 | 4:06 |
| 83 | 369 | RERREN GUST | DIEST | M+45 | 22 | 0:33:47 | 14,56 | 4:07 |
| 84 | 220 | SEYKENS MARC | TESSENDERLO | M+45 | 23 | 0:33:47 | 14,56 | 4:07 |
| 85 | 404 | ARNOETS PAUL | BETEKOM | M+50 | 6 | 0:33:49 | 14,55 | 4:07 |
| 86 | 69 | COREMANS CYRIEL | AARSCHOT | M+55 | 3 | 0:33:51 | 14,53 | 4:08 |
| 87 | 232 | VAN DE GAER LUC | AARSCHOT | M+45 | 24 | 0:33:54 | 14,51 | 4:08 |
| 88 | 314 | SMAEGE KOEN | ROTSELAAR | MSEN | 26 | 0:33:55 | 14,51 | 4:08 |
| 89 | 80 | MATTHIJS EDDY | HEVERLEE | M+50 | 7 | 0:33:56 | 14,50 | 4:08 |
| 90 | 216 | WECKHUYSSEN STIJN | AVERBODE | MSEN | 27 | 0:34:00 | 14,47 | 4:09 |
| 91 | 95 | VAN CRAEN ADRI | BAAL | M+40 | 13 | 0:34:03 | 14,45 | 4:09 |
| 92 | 205 | RENIERS GUIDO | TIELT-WINGE | M+45 | 25 | 0:34:04 | 14,44 | 4:09 |
| 93 | 68 | DE KEYSER RENE | AARSCHOT | M+60 | 1 | 0:34:05 | 14,44 | 4:09 |
| 94 | 61 | VAN VLASSELAER VERONIQUE | RAMSEL | VSCH | 1 | 0:34:10 | 14,40 | 4:10 |
| 95 | 79 | PIRONET REMY | SCHERPENHEUVEL-ZICHE | M+55 | 4 | 0:34:18 | 14,34 | 4:11 |
| 96 | 66 | RUELENS JAN | LAAKDAL | M+45 | 26 | 0:34:19 | 14,34 | 4:11 |
| 97 | 65 | DE BOEL HERMAN | LAAKDAL | M+50 | 8 | 0:34:19 | 14,34 | 4:11 |
| 98 | 75 | DE KOCK FRANCOIS | AVERBODE | M+55 | 5 | 0:34:20 | 14,33 | 4:11 |
| 99 | 176 | EVERAERTS PETER | RILLAAR | M+35 | 15 | 0:34:20 | 14,33 | 4:11 |
| 100 | 85 | MAUS JAN | RAMSEL | M+45 | 27 | 0:34:20 | 14,33 | 4:11 |
| 101 | 282 | MARIS CHRISTEL | HALEN | V+40 | 2 | 0:34:26 | 14,29 | 4:12 |
| 102 | 42 | CROONEN EDDY | RAMSEL | M+40 | 14 | 0:34:28 | 14,27 | 4:12 |
| 103 | 336 | VAN OUYTSEL PASCAL | AARSCHOT | M+35 | 16 | 0:34:37 | 14,21 | 4:13 |
| 104 | 132 | VOS JORIS | RILLAAR | MSEN | 28 | 0:34:39 | 14,20 | 4:14 |
| 105 | 234 | GOOVAERTS DANNY | VELTEM-BEISEM | M+40 | 15 | 0:34:41 | 14,19 | 4:14 |
| 106 | 334 | VERBRUGGEN LUC | WEZEMAAL | M+40 | 16 | 0:34:45 | 14,16 | 4:14 |
| 107 | 197 | HUYGENS MARC | ST-PIETERS-RODE | M+40 | 17 | 0:34:46 | 14,15 | 4:14 |
| 108 | 273 | SMETS MICHAEL | LEUVEN | MSEN | 29 | 0:34:47 | 14,14 | 4:15 |
| 109 | 105 | VAN DYCK MICHEL | HEIST-O/D-BERG | M+40 | 18 | 0:34:52 | 14,11 | 4:15 |
| 110 | 410 | CUSENS CHRIS | BETEKOM | M+40 | 19 | 0:34:53 | 14,10 | 4:15 |
| 111 | 291 | NIJS KAREL | HERSELT | MSEN | 30 | 0:34:53 | 14,10 | 4:15 |
| 112 | 97 | DUPONT FRANÇOIS | BEGIJNENDIJK | M+55 | 6 | 0:34:54 | 14,10 | 4:15 |
| 113 | 402 | PAREIN PAUL | WILRIJK | M+45 | 28 | 0:34:57 | 14,08 | 4:16 |
| 114 | 15 | GUINIER FONS | TILDONK | M+55 | 7 | 0:34:57 | 14,08 | 4:16 |
| 115 | 339 | VAN DE MOORTEL HEIDI | TREMELO | V+35 | 2 | 0:34:58 | 14,07 | 4:16 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|----------------------|-----------------------|------------|--------------|-------------|------------|----------------|
| 116 | 227 | DE BIE WALTER | BROECHEM | M+45 | 29 | 0:34:59 | 14,06 | 4:16 |
| 117 | 3 | ANDRIES HARRY | BAAL | M+45 | 30 | 0:34:59 | 14,06 | 4:16 |
| 118 | 200 | GOVAERTS LUC | HOLSBECK | M+45 | 31 | 0:35:06 | 14,02 | 4:17 |
| 119 | 118 | VERMUNICHT ANDREAS | MUIZEN | M+55 | 8 | 0:35:10 | 13,99 | 4:17 |
| 120 | 163 | WOUTERS STEVEN | HERSELT | MSEN | 31 | 0:35:18 | 13,94 | 4:18 |
| 121 | 296 | HAEGEMANS PAUL | WERCHTER | M+40 | 20 | 0:35:21 | 13,92 | 4:19 |
| 122 | 318 | COOLKENS HANS | HERSELT | M+35 | 17 | 0:35:27 | 13,88 | 4:19 |
| 123 | 300 | VERBOVEN DIRK | ZICHEM | M+40 | 21 | 0:35:29 | 13,87 | 4:20 |
| 124 | 84 | SCHOUTERS GEORGES | BEKKEVOORT | M+60 | 2 | 0:35:30 | 13,86 | 4:20 |
| 125 | 309 | SMOLDERS MARIA | BETEKOM | V+50 | 1 | 0:35:30 | 13,86 | 4:20 |
| 126 | 219 | CAPUTO ANTONIO | TESSENDERLO | M+55 | 9 | 0:35:32 | 13,85 | 4:20 |
| 127 | 276 | DOCKX DANNY | WESTMEERBEEK | M+35 | 18 | 0:35:34 | 13,83 | 4:20 |
| 128 | 169 | KOCKAERTS EUGENE | WEZEMAAL | M+50 | 9 | 0:35:36 | 13,82 | 4:20 |
| 129 | 199 | VAN DEN VONDER GREET | BERLAAR | V+40 | 3 | 0:35:37 | 13,81 | 4:21 |
| 130 | 292 | VANHULSEL BERT | AARSCHOT | MSEN | 32 | 0:35:38 | 13,81 | 4:21 |
| 131 | 183 | THEYS TIM | RILLAAR | MSEN | 33 | 0:35:45 | 13,76 | 4:22 |
| 132 | 386 | LUYTEN MAURICE | HEIST-O/D-BERG | M+45 | 32 | 0:35:48 | 13,74 | 4:22 |
| 133 | 305 | DE RIJDT ANNELIN | BEKKEVOORT | VSCH | 2 | 0:35:53 | 13,71 | 4:23 |
| 134 | 385 | RYMENANTS RONNY | AARSCHOT | M+45 | 33 | 0:35:54 | 13,70 | 4:23 |
| 135 | 380 | SELS FRANCOIS | MESSELBROEK | M+50 | 10 | 0:35:58 | 13,68 | 4:23 |
| 136 | 348 | SMEYERS STEVEN | MOLENSTEDE | MSEN | 34 | 0:35:59 | 13,67 | 4:23 |
| 137 | 89 | VERMEYLEN GERRY | SCHERPENHEUVEL | MSEN | 35 | 0:36:01 | 13,66 | 4:24 |
| 138 | 277 | PLU STEFAN | TESTELT | MSEN | 36 | 0:36:06 | 13,63 | 4:24 |
| 139 | 285 | EVERAERT STEF | LINT | M+50 | 11 | 0:36:11 | 13,60 | 4:25 |
| 140 | 333 | DE PEUTER JOS | RAMSEL | M+50 | 12 | 0:36:16 | 13,57 | 4:25 |
| 141 | 395 | SALAETS LUDO | AARSCHOT | M+50 | 13 | 0:36:22 | 13,53 | 4:26 |
| 142 | 115 | MARIËN WALTER | HULSHOUT | M+45 | 34 | 0:36:26 | 13,50 | 4:27 |
| 143 | 102 | VERMUNICHT FRANS | WEZEMAAL | M+50 | 14 | 0:36:30 | 13,48 | 4:27 |
| 144 | 332 | VAN DEN BROECK FRANK | RAMSEL | M+35 | 19 | 0:36:31 | 13,47 | 4:27 |
| 145 | 40 | BLEYS MARK | WILRIJK | M+45 | 35 | 0:36:32 | 13,47 | 4:27 |
| 146 | 360 | LANGENDRIES RONNY | BETEKOM | M+40 | 22 | 0:36:36 | 13,44 | 4:28 |
| 147 | 39 | VANDEREYKEN PETER | AARSCHOT | MSEN | 37 | 0:36:40 | 13,42 | 4:28 |
| 148 | 217 | VETS KRIS | KAGGEVINNE | M+35 | 20 | 0:36:42 | 13,41 | 4:29 |
| 149 | 262 | VERCAMMEN RUDY | AARSCHOT | M+40 | 23 | 0:36:42 | 13,41 | 4:29 |
| 150 | 221 | VAN DEN BERGH ALEX | HEIST-O/D-BERG | M+45 | 36 | 0:36:43 | 13,40 | 4:29 |
| 151 | 190 | HEYLEN VIC | HEIST-O/D-BERG | M+50 | 15 | 0:36:43 | 13,40 | 4:29 |
| 152 | 241 | EGGERS RENE | BAAL | M+45 | 37 | 0:36:43 | 13,40 | 4:29 |
| 153 | 82 | VAN ROELEN GASTON | RILLAAR | M+55 | 10 | 0:36:46 | 13,38 | 4:29 |
| 154 | 371 | CAUWENBERGHS LUC | WERCHTER | M+40 | 24 | 0:36:50 | 13,36 | 4:30 |
| 155 | 317 | VENNEKENS ERIK | BRUSSEL (KOEKELBERG) | MSEN | 38 | 0:36:54 | 13,33 | 4:30 |
| 156 | 114 | MOUREAU ALAIN | TIENEN | M+45 | 38 | 0:37:01 | 13,29 | 4:31 |
| 157 | 307 | DANEELS HERMAN | LANGDORP | M+40 | 25 | 0:37:02 | 13,29 | 4:31 |
| 158 | 310 | LINDEMANS PIETER | BEGIJNENDIJK | M+45 | 39 | 0:37:03 | 13,28 | 4:31 |
| 159 | 148 | VAN DE VELDE ROGER | TESTELT | M+50 | 16 | 0:37:06 | 13,26 | 4:31 |
| 160 | 83 | SCHOUTERS ROBERT | BEKKEVOORT | M+55 | 11 | 0:37:07 | 13,26 | 4:32 |
| 161 | 212 | NIJS GABY | DIEST | V+50 | 2 | 0:37:08 | 13,25 | 4:32 |
| 162 | 218 | CONVENS JOS | TESSENDERLO | M+50 | 17 | 0:37:13 | 13,22 | 4:32 |
| 163 | 172 | WILLEMS MARC | BAAL | M+35 | 21 | 0:37:14 | 13,21 | 4:32 |
| 164 | 543 | LEYSENS PETER | KNOKKE-HEIST | M+35 | 22 | 0:37:24 | 13,16 | 4:34 |
| 165 | 36 | VAN HOREBEEK JEAN | TIELT-WINGE | M+45 | 40 | 0:37:26 | 13,14 | 4:34 |
| 166 | 122 | DIERCKX JAN | AARSCHOT | MSEN | 39 | 0:37:27 | 13,14 | 4:34 |
| 167 | 181 | GAUBLOMME EGIDE | LEUVEN | M+40 | 26 | 0:37:28 | 13,13 | 4:34 |
| 168 | 78 | MEYNCKENS RONNY | AARSCHOT | M+45 | 41 | 0:37:29 | 13,13 | 4:34 |
| 169 | 325 | VANDYCK JEF | TREMELO | M+45 | 42 | 0:37:30 | 13,12 | 4:34 |
| 170 | 38 | VRANCKEN JOS | TIELT-WINGE | M+45 | 43 | 0:37:36 | 13,09 | 4:35 |
| 171 | 128 | EYCKMANS ERIC | LAAKDAL | M+40 | 27 | 0:37:37 | 13,08 | 4:35 |
| 172 | 187 | FLORENTY VICTOR | SCHRIEK | M+60 | 3 | 0:37:37 | 13,08 | 4:35 |
| 173 | 389 | NYS KOEN | BOOISCHOT | MSEN | 40 | 0:37:42 | 13,05 | 4:36 |
| 174 | 201 | VAN DIEST STEVE | WEZEMAAL | M+35 | 23 | 0:37:43 | 13,04 | 4:36 |
| 175 | 403 | REYNDERS MIGUEL | BRUSSEL (SINT-PIETER) | M+45 | 44 | 0:37:44 | 13,04 | 4:36 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|------------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 176 | 274 | BERGHMANS ANS | LEUVEN | VSEN | 2 | 0:37:46 | 13,03 | 4:36 |
| 177 | 278 | BRUELEMANS JULIEN | LINDEN | M+60 | 4 | 0:37:47 | 13,02 | 4:36 |
| 178 | 354 | WINDEY FRANS | LINDEN | M+50 | 18 | 0:37:48 | 13,02 | 4:37 |
| 179 | 86 | VANDEN BOSCH BART | HOLSBEEK | MKAD | 1 | 0:37:48 | 13,02 | 4:37 |
| 180 | 366 | BOSCHMANS PAUL | MESSELBROEK | M+50 | 19 | 0:37:49 | 13,01 | 4:37 |
| 181 | 304 | HOEFKENS CHRIS | BOOISCHOT | M+35 | 24 | 0:37:57 | 12,96 | 4:38 |
| 182 | 189 | MEULDERS JEAN-PAUL | HEIST-O/D-BERG | M+45 | 45 | 0:38:01 | 12,94 | 4:38 |
| 183 | 50 | LIVENS TOON | HALLAAR | M+50 | 20 | 0:38:03 | 12,93 | 4:38 |
| 184 | 328 | VAN DEN BROECK STEFAN | AVERBODE | M+40 | 28 | 0:38:04 | 12,92 | 4:39 |
| 185 | 62 | VAN DER VELDE NICKY | BETEKOM | VKAD | 1 | 0:38:04 | 12,92 | 4:39 |
| 186 | 358 | VAN EYKEN MAARTEN | BOOISCHOT | MSEN | 41 | 0:38:07 | 12,91 | 4:39 |
| 187 | 365 | VAN ROOSBROECK JOHNY | WILLEBROEK | M+50 | 21 | 0:38:09 | 12,90 | 4:39 |
| 188 | 72 | NIJS MICHIEL | HOLSBEEK | MKAD | 2 | 0:38:10 | 12,89 | 4:39 |
| 189 | 240 | FREYS FRANCOIS | HERENT | M+60 | 5 | 0:38:12 | 12,88 | 4:40 |
| 190 | 253 | FLEURACKERS DANNY | BOOM | M+35 | 25 | 0:38:13 | 12,87 | 4:40 |
| 191 | 134 | BORGWALD LUDWIG | HEUSDEN-ZOLDER | M+45 | 46 | 0:38:14 | 12,87 | 4:40 |
| 192 | 313 | CLAES BERT | WEZEMAAL | M+35 | 26 | 0:38:20 | 12,83 | 4:40 |
| 193 | 167 | STROOBANTS ROMAIN | WAANRODE | M+50 | 22 | 0:38:20 | 12,83 | 4:40 |
| 194 | 159 | VRANCKEN JOHAN | HALEN | MSEN | 42 | 0:38:22 | 12,82 | 4:41 |
| 195 | 381 | VERDUYCKT PAUL | BAAL | M+45 | 47 | 0:38:25 | 12,81 | 4:41 |
| 196 | 359 | LEMMENS PIETER | BAAL | M+40 | 29 | 0:38:25 | 12,81 | 4:41 |
| 197 | 312 | CLAES ANNIE | BETEKOM | V+45 | 1 | 0:38:27 | 12,80 | 4:41 |
| 198 | 338 | VAN DEN HEUVEL EMIEL | TREMELO | M+55 | 12 | 0:38:29 | 12,78 | 4:42 |
| 199 | 406 | KHANI ASGHAR | AARSCHOT | M+40 | 30 | 0:38:40 | 12,72 | 4:43 |
| 200 | 177 | VAN DEN PUTTE ERIC | HEIST-O/D-BERG | M+45 | 48 | 0:38:42 | 12,71 | 4:43 |
| 201 | 1 | ALAERTS JENNY | AARSCHOT | V+40 | 4 | 0:38:43 | 12,71 | 4:43 |
| 202 | 14 | GOOSSENS WIM | BERLAAR | M+40 | 31 | 0:38:44 | 12,70 | 4:43 |
| 203 | 599 | BOON WIM | | MSEN | 43 | 0:38:45 | 12,70 | 4:44 |
| 204 | 142 | MOONS THEO | AARSCHOT | M+40 | 32 | 0:38:46 | 12,69 | 4:44 |
| 205 | 306 | VAN GOOLEN JULIA | BETEKOM | V+50 | 3 | 0:38:46 | 12,69 | 4:44 |
| 206 | 252 | VAN DE GAER ROBIN | BETEKOM | MJUN | 1 | 0:38:51 | 12,66 | 4:44 |
| 207 | 196 | VAN LEEMPUTTEN CHANTAL | BAAL | V+40 | 5 | 0:38:57 | 12,63 | 4:45 |
| 208 | 74 | VERBERCK EDWIN | BOOISCHOT | M+55 | 13 | 0:39:00 | 12,62 | 4:45 |
| 209 | 264 | AERTS NATASCHA | BEGIJNENDIJK | VSEN | 3 | 0:39:00 | 12,62 | 4:45 |
| 210 | 414 | DEXTERS ETIENNE | EISDEN | M+45 | 49 | 0:39:03 | 12,60 | 4:46 |
| 211 | 373 | DETIEGE CARLA | WESPELAAR | V+40 | 6 | 0:39:08 | 12,57 | 4:46 |
| 212 | 347 | LUYCKFASSEEL PETER | BUIZINGEN | M+40 | 33 | 0:39:08 | 12,57 | 4:46 |
| 213 | 357 | SAVELS C | AARSCHOT | MSEN | 44 | 0:39:10 | 12,56 | 4:47 |
| 214 | 191 | GOOVAERTS JEF | HEIST-O/D-BERG | M+50 | 23 | 0:39:13 | 12,55 | 4:47 |
| 215 | 116 | CHEVROLET HUGO | VOSSEM | M+55 | 14 | 0:39:14 | 12,54 | 4:47 |
| 216 | 193 | DE VRIES RITA | SCHRIEK | V+45 | 2 | 0:39:22 | 12,50 | 4:48 |
| 217 | 367 | EKER TOM | AARSCHOT | MSEN | 45 | 0:39:23 | 12,49 | 4:48 |
| 218 | 374 | BIESEMANS VERA | LONDERZEEL | VSEN | 4 | 0:39:23 | 12,49 | 4:48 |
| 219 | 165 | VAN PARIJS WILLY | BEERZEL | M+65+ | 1 | 0:39:24 | 12,49 | 4:48 |
| 220 | 294 | VANLOMMEL KRIS | HERENTALS | M+45 | 50 | 0:39:25 | 12,48 | 4:48 |
| 221 | 164 | CEULEMANS KOEN | AARSCHOT | MSEN | 46 | 0:39:26 | 12,48 | 4:49 |
| 222 | 41 | BRUELEMANS DAVY | WEZEMAAL | MSEN | 47 | 0:39:27 | 12,47 | 4:49 |
| 223 | 127 | HUYBRECHTS FREDDY | HEIST-O/D-BERG | M+60 | 6 | 0:39:27 | 12,47 | 4:49 |
| 224 | 73 | MICHIELS GUIDO | AARSCHOT | M+60 | 7 | 0:39:28 | 12,47 | 4:49 |
| 225 | 299 | COMMERS TESSA | RILLAAR | VKAD | 2 | 0:39:31 | 12,45 | 4:49 |
| 226 | 295 | VLEMINX JAN | HERSELT | M+40 | 34 | 0:39:35 | 12,43 | 4:50 |
| 227 | 48 | JANSSENS RUDY | AARSCHOT | M+40 | 35 | 0:39:36 | 12,42 | 4:50 |
| 228 | 270 | DE SWERT NANCY | SCHRIEK | V+40 | 7 | 0:39:39 | 12,41 | 4:50 |
| 229 | 326 | DEBOECK STEVEN | VILVOORDE | M+45 | 51 | 0:39:42 | 12,39 | 4:50 |
| 230 | 391 | MICHIELS DIANE | LANGDORP | VSEN | 5 | 0:39:45 | 12,38 | 4:51 |
| 231 | 214 | DECKEYSER WILLY | BIERBEEK | M+60 | 8 | 0:39:47 | 12,37 | 4:51 |
| 232 | 226 | LUYCKX JOKE | HAACHT | V+45 | 3 | 0:39:48 | 12,36 | 4:51 |
| 233 | 368 | DE MEES MARC | RIJMENAM | M+60 | 9 | 0:39:49 | 12,36 | 4:51 |
| 234 | 298 | VAN CAUWENBERGH KRIS | AVERBODE | MSEN | 48 | 0:39:49 | 12,36 | 4:51 |
| 235 | 383 | | | M | | 0:39:50 | 12,35 | 4:51 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|------------------------|----------------------|------------|--------------|-------------|------------|----------------|
| 236 | 303 | MERTENS PETRA | OEVEL | VSEN | 6 | 0:39:51 | 12,35 | 4:52 |
| 237 | 244 | TRUYENS STIJN | GLABBEEK-ZUURBEMDE | MSEN | 49 | 0:39:58 | 12,31 | 4:52 |
| 238 | 330 | DEMARSIN ANN | AARSCHOT | VSEN | 7 | 0:40:03 | 12,28 | 4:53 |
| 239 | 315 | DE WILDE KOEN | ANTWERPEN | MSEN | 50 | 0:40:04 | 12,28 | 4:53 |
| 240 | 28 | VAN DER BORGHT ERNA | BAAL | V+35 | 3 | 0:40:06 | 12,27 | 4:53 |
| 241 | 6 | CELIS PAUL | BEGIJNENDIJK | M+50 | 24 | 0:40:09 | 12,25 | 4:54 |
| 242 | 251 | JANSSENS JOS | BEGIJNENDIJK | M+45 | 52 | 0:40:17 | 12,21 | 4:55 |
| 243 | 321 | VERHAEGEN ILSE | BOOISCHOT | V+40 | 8 | 0:40:17 | 12,21 | 4:55 |
| 244 | 101 | HOLEMANS PAUL | WEZEMAAL | M+60 | 10 | 0:40:20 | 12,20 | 4:55 |
| 245 | 382 | CLEMENS PETER | AARSCHOT | M+40 | 36 | 0:40:21 | 12,19 | 4:55 |
| 246 | 246 | FAES WERNER | WESPELAAR | M+45 | 53 | 0:40:27 | 12,16 | 4:56 |
| 247 | 228 | THIRIART VERA | HAACHT | V+35 | 4 | 0:40:31 | 12,14 | 4:56 |
| 248 | 139 | ELEN RIA | TESSENDERLO | V+40 | 9 | 0:40:33 | 12,13 | 4:57 |
| 249 | 353 | CLAES KATLEEN | AARSCHOT | VSEN | 8 | 0:40:34 | 12,13 | 4:57 |
| 250 | 186 | VAN ROMPAEY ANDRE | HEIST-O/D-BERG | M+60 | 11 | 0:40:34 | 12,13 | 4:57 |
| 251 | 249 | VAN DIEST JOKE | ZICHEM | VSEN | 9 | 0:40:34 | 12,13 | 4:57 |
| 252 | 231 | GIELIS MARTINE | VELTEM-BEISEM | V+40 | 10 | 0:40:35 | 12,12 | 4:57 |
| 253 | 162 | QUINTEN ERNEST | TIENEN | M+50 | 25 | 0:40:36 | 12,12 | 4:57 |
| 254 | 237 | VANDERSLAGMOLEN MARIA | VELTEM-BEISEM | V+50 | 4 | 0:40:39 | 12,10 | 4:57 |
| 255 | 90 | VERTESSEN LUDO | SCHERPENHEUVEL | M+50 | 26 | 0:40:43 | 12,08 | 4:58 |
| 256 | 370 | HOREMANS GERRY | SCHERPENHEUVEL | MSEN | 51 | 0:40:45 | 12,07 | 4:58 |
| 257 | 372 | SEVERENS STEVEN | TESTELT | MSEN | 52 | 0:41:07 | 11,97 | 5:01 |
| 258 | 297 | DISCART ALFONS | HERSELT | M+60 | 12 | 0:41:16 | 11,92 | 5:02 |
| 259 | 275 | FLORENT MICHIELS | RILLAAR | M+40 | 37 | 0:41:17 | 11,92 | 5:02 |
| 260 | 281 | POINT | TIENEN | M+50 | 27 | 0:41:18 | 11,91 | 5:02 |
| 261 | 344 | CORTENS LUCIEN | BOOISCHOT | M+55 | 15 | 0:41:26 | 11,87 | 5:03 |
| 262 | 323 | VLEUGELS DIRK | O-L-V-WAVER | M+50 | 28 | 0:41:26 | 11,87 | 5:03 |
| 263 | 76 | VAN DEN HEUVEL LAURENT | RAMSEL | M+60 | 13 | 0:41:31 | 11,85 | 5:04 |
| 264 | 151 | MENS PETER | LANGDORP | M+35 | 27 | 0:41:33 | 11,84 | 5:04 |
| 265 | 108 | VAN DE BROECK LUC | BIERBEEK | M+55 | 16 | 0:41:33 | 11,84 | 5:04 |
| 266 | 125 | VERSTREKEN JOHAN | AARSCHOT | M+45 | 54 | 0:41:35 | 11,83 | 5:04 |
| 267 | 136 | VANKRUNCKELSVEN LUDO | TESSENDERLO | M+50 | 29 | 0:41:37 | 11,82 | 5:05 |
| 268 | 280 | VAN PARYS KITTY | HEIST-O/D-BERG | VSEN | 10 | 0:41:39 | 11,81 | 5:05 |
| 269 | 238 | CANTERS MAI | WINKSELE | V+45 | 4 | 0:41:41 | 11,80 | 5:05 |
| 270 | 261 | LAMBER HERMAN | GELRODE | M+40 | 38 | 0:41:46 | 11,78 | 5:06 |
| 271 | 112 | WOUTERS ILSE | GELRODE | V+35 | 5 | 0:41:56 | 11,73 | 5:07 |
| 272 | 180 | CEUSTERS STEFAN | TIELT-WINGE | M+40 | 39 | 0:42:00 | 11,71 | 5:07 |
| 273 | 45 | HELSEN LEONARD | HERSELT | M+50 | 30 | 0:42:01 | 11,71 | 5:07 |
| 274 | 2 | ANDRIES CHRIS | BAAL | V+45 | 5 | 0:42:02 | 11,70 | 5:08 |
| 275 | 161 | VERSTREKEN GUNTER | AARSCHOT | MSEN | 53 | 0:42:03 | 11,70 | 5:08 |
| 276 | 259 | ADAMS HILDE | ROTELAAR | V+40 | 11 | 0:42:08 | 11,68 | 5:08 |
| 277 | 390 | CLAUWERS GOEDELE | AARSCHOT | VSEN | 11 | 0:42:08 | 11,68 | 5:08 |
| 278 | 60 | JENNIS FRIEDA | SCHERPENHEUVEL-ZICHE | V+40 | 12 | 0:42:08 | 11,68 | 5:08 |
| 279 | 286 | VAN ROOSBROECK RUDI | AARSCHOT | M+45 | 55 | 0:42:20 | 11,62 | 5:10 |
| 280 | 287 | DEMARSIN DIANE | WIEKEVORST | V+50 | 5 | 0:42:23 | 11,61 | 5:10 |
| 281 | 405 | VAN DOOREN ERIC | WILRIJK | M+50 | 31 | 0:42:25 | 11,60 | 5:10 |
| 282 | 302 | HOUBEN DANNY | BOUTERSEM | M+40 | 40 | 0:42:26 | 11,59 | 5:10 |
| 283 | 175 | VANDEZANDE BRIGITTE | HEVERLEE | V+45 | 6 | 0:42:27 | 11,59 | 5:11 |
| 284 | 233 | PAENHUYSSEN SUZY | GLABBEEK-ZUURBEMDE | VSEN | 12 | 0:42:34 | 11,56 | 5:11 |
| 285 | 363 | DECROOS KRIS | ATTENRODE | M | | 0:42:39 | 11,54 | 5:12 |
| 286 | 267 | VAN LOO JEROEN | HALLAAR | MJUN | 2 | 0:42:41 | 11,53 | 5:12 |
| 287 | 137 | VAN CASTEREN VERA | BEGIJNENDIJK | V+50 | 6 | 0:42:44 | 11,51 | 5:13 |
| 288 | 400 | HERBIEST ANN | HOLSBEEK | V+35 | 6 | 0:42:44 | 11,51 | 5:13 |
| 289 | 268 | CUMPS MICHAEL | HEIST-O/D-BERG | MSEN | 54 | 0:42:45 | 11,51 | 5:13 |
| 290 | 243 | VAN DEN BROECK CONNY | BEERZEL | V+40 | 13 | 0:42:46 | 11,50 | 5:13 |
| 291 | 387 | DE CAT JAN | HEIST-O/D-BERG | M+45 | 56 | 0:42:47 | 11,50 | 5:13 |
| 292 | 168 | JACOBS NANCY | LILLE | V+35 | 7 | 0:42:49 | 11,49 | 5:13 |
| 293 | 293 | VANLOMMEL JAN | HERENTALS | MJUN | 3 | 0:42:50 | 11,49 | 5:13 |
| 294 | 223 | BELLENS CHRIS | OLEN | V+45 | 7 | 0:42:54 | 11,47 | 5:14 |
| 295 | 63 | EVERAERTS RITA | RILLAAR | V+50 | 7 | 0:42:55 | 11,46 | 5:14 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|----------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 296 | 44 | CARLOS | RILLAAR | MSEN | 55 | 0:42:56 | 11,46 | 5:14 |
| 297 | 213 | VAN MEENSEL JOHAN | ROTSELAAR | M+55 | 17 | 0:42:56 | 11,46 | 5:14 |
| 298 | 319 | COOLKENS ROGER | HERSELT | M+55 | 18 | 0:42:58 | 11,45 | 5:14 |
| 299 | 335 | VAN ROMPAEY BART | BEGIJNENDIJK | M+40 | 41 | 0:43:10 | 11,40 | 5:16 |
| 300 | 397 | CLAES STEVEN | ROTSELAAR | MSEN | 56 | 0:43:12 | 11,39 | 5:16 |
| 301 | 222 | NIJS DIANE | AARSCHOT | V+40 | 14 | 0:43:13 | 11,38 | 5:16 |
| 302 | 16 | HOETERICKX BJORN | LUBBEEK | MSEN | 57 | 0:43:16 | 11,37 | 5:17 |
| 303 | 24 | PAUWELS KOEN | NIEUWRODE | MSEN | 58 | 0:43:18 | 11,36 | 5:17 |
| 304 | 117 | WECKX PETER | LOMMEL | M+40 | 42 | 0:43:19 | 11,36 | 5:17 |
| 305 | 257 | HERMANS BART | GENK | MSEN | 59 | 0:43:19 | 11,36 | 5:17 |
| 306 | 47 | JANSSENS ARNE | AARSCHOT | MPUP | 1 | 0:43:22 | 11,35 | 5:17 |
| 307 | 182 | VERHOEVEN LUC | LEUVEN | M+55 | 19 | 0:43:23 | 11,34 | 5:17 |
| 308 | 135 | GOOSSENS JOSEE | VELTEM-BEISEM | V+55 | 1 | 0:43:30 | 11,31 | 5:18 |
| 309 | 206 | VERVLOESEM LINDY | AARSCHOT | VSEN | 13 | 0:43:31 | 11,31 | 5:18 |
| 310 | 58 | VERMAELEN WENDY | HOLSBEEK | VSEN | 14 | 0:43:32 | 11,30 | 5:19 |
| 311 | 64 | VERMAELEN WILLY | HOLSBEEK | M+50 | 32 | 0:43:34 | 11,29 | 5:19 |
| 312 | 343 | IWENS KEVIN | HAACHT | MKAD | 3 | 0:43:35 | 11,29 | 5:19 |
| 313 | 279 | THOMAS GINA | KORTENAKEN | V+40 | 15 | 0:43:35 | 11,29 | 5:19 |
| 314 | 4 | ASSELBERGHS CARINE | RILLAAR | V+40 | 16 | 0:43:44 | 11,25 | 5:20 |
| 315 | 5 | BEIRINCKX ERIC | RILLAAR | M+40 | 43 | 0:43:44 | 11,25 | 5:20 |
| 316 | 99 | WILLEMS JOS | AARSCHOT | M+50 | 33 | 0:43:45 | 11,25 | 5:20 |
| 317 | 225 | TORFS MAGDA | AARSCHOT | V+40 | 17 | 0:43:45 | 11,25 | 5:20 |
| 318 | 236 | VAN PASSEL RIA | KERSBEEK-MISKOM | V+40 | 18 | 0:43:46 | 11,24 | 5:20 |
| 319 | 160 | DEPRE IVETTE | WAANRODE | V+45 | 8 | 0:43:46 | 11,24 | 5:20 |
| 320 | 355 | VAN ROY GASTON | BAAL | M+65+ | 2 | 0:43:56 | 11,20 | 5:21 |
| 321 | 401 | VERSCHUEREN ANNE | BOOISCHOT | V+40 | 19 | 0:43:56 | 11,20 | 5:21 |
| 322 | 195 | JANSSENS FRANCOIS | MEENSEL-KIEZEGEM | M+55 | 20 | 0:43:58 | 11,19 | 5:22 |
| 323 | 349 | KENNIS WALTER | LANGDORP | M+45 | 57 | 0:44:01 | 11,18 | 5:22 |
| 324 | 342 | DE CEUSTER LINDA | WIEKEVORST | V+50 | 8 | 0:44:14 | 11,12 | 5:24 |
| 325 | 138 | ANDRIES KAREL | BOORTMEERBEEK | M+65+ | 3 | 0:44:16 | 11,11 | 5:24 |
| 326 | 27 | TIERENS GREET | AARSCHOT | VSEN | 15 | 0:44:20 | 11,10 | 5:24 |
| 327 | 156 | CEUPPENS ANNIE | SCHRIEK | V+55 | 2 | 0:44:25 | 11,08 | 5:25 |
| 328 | 130 | VERHAEGEN CARLA | BETEKOM | V+40 | 20 | 0:44:28 | 11,06 | 5:25 |
| 329 | 329 | VLUMMENS LEEN | LANGDORP | V+50 | 9 | 0:44:31 | 11,05 | 5:26 |
| 330 | 245 | GORDTS PEDRO | LANGDORP | MSEN | 60 | 0:44:32 | 11,05 | 5:26 |
| 331 | 30 | BERNAR LIEN | AARSCHOT | VSEN | 16 | 0:44:33 | 11,04 | 5:26 |
| 332 | 377 | NICKMANS DIRK | DUFFEL | MSEN | 61 | 0:44:36 | 11,03 | 5:26 |
| 333 | 144 | VAN LOOCK MARC | GIERLE | M+40 | 44 | 0:44:45 | 10,99 | 5:27 |
| 334 | 145 | VAN LOOCK MONIK | VORSELAAR | V+45 | 9 | 0:44:59 | 10,94 | 5:29 |
| 335 | 301 | VERMEULEN MARC | BETEKOM | M+45 | 58 | 0:45:21 | 10,85 | 5:32 |
| 336 | 399 | VAN DE VELDE PAUL | LANGDORP | M+45 | 59 | 0:45:25 | 10,83 | 5:32 |
| 337 | 255 | CRAENEN CHRISTEL | LANGDORP | V+35 | 8 | 0:45:32 | 10,81 | 5:33 |
| 338 | 254 | VAN HOUTTE HANNE | AARSCHOT | VSEN | 17 | 0:45:42 | 10,77 | 5:34 |
| 339 | 46 | JACOBS ERIK | LANGDORP | M+40 | 45 | 0:45:52 | 10,73 | 5:36 |
| 340 | 288 | VAN DER BORGHT GEERT | TREMELO | M+35 | 28 | 0:45:52 | 10,73 | 5:36 |
| 341 | 412 | DISCART MIA | BEGIJNENDIJK | V+45 | 10 | 0:45:54 | 10,72 | 5:36 |
| 342 | 413 | WUYTS INGRID | BETEKOM | V+45 | 11 | 0:45:55 | 10,72 | 5:36 |
| 343 | 337 | NAUWELAERTS RIT | BERLAAR | V+50 | 10 | 0:45:56 | 10,71 | 5:36 |
| 344 | 341 | BELLEKENS JOS | HEIST-O/D-BERG | M+55 | 21 | 0:45:56 | 10,71 | 5:36 |
| 345 | 188 | BEUTELS LINDA | ASSENT | V+40 | 21 | 0:46:02 | 10,69 | 5:37 |
| 346 | 235 | EECKHOUT JOZEF | BETEKOM | M+45 | 60 | 0:46:02 | 10,69 | 5:37 |
| 347 | 362 | GOOSSENS FRANS | HERSELT | M+50 | 34 | 0:46:21 | 10,61 | 5:39 |
| 348 | 104 | VAN DYCK GIL | HEIST-O/D-BERG | MMIN | 1 | 0:46:23 | 10,61 | 5:39 |
| 349 | 351 | DE MAERE VEERLE | BETEKOM | V+35 | 9 | 0:46:29 | 10,58 | 5:40 |
| 350 | 33 | SEVENANTS LIEVE | AARSCHOT | V+35 | 10 | 0:46:30 | 10,58 | 5:40 |
| 351 | 119 | SEYKENS LUDO | WESTERLO | M+45 | 61 | 0:46:38 | 10,55 | 5:41 |
| 352 | 392 | DEPOORTERE MICHAEL | AARSCHOT | M+35 | 29 | 0:46:48 | 10,51 | 5:42 |
| 353 | 376 | MOSELMANS ANN | BUGGENHOUT | VSEN | 18 | 0:46:49 | 10,51 | 5:43 |
| 354 | 375 | SPINNOY DANIEL | LONDERZEEL | MSEN | 62 | 0:46:52 | 10,50 | 5:43 |
| 355 | 12 | EVERS TOMMY | LANGDORP | MSEN | 63 | 0:46:56 | 10,48 | 5:43 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|-------------------------|-------------------|------------|--------------|-------------|------------|----------------|
| 356 | 388 | BERGMANS MARC | DIEST | M+40 | 46 | 0:46:57 | 10,48 | 5:44 |
| 357 | 379 | DE WINTER LUDO | WESTMEERBEEK | M+50 | 35 | 0:46:58 | 10,48 | 5:44 |
| 358 | 364 | MEIRTE MORGANA | ATTENRODE | VSEN | 19 | 0:47:02 | 10,46 | 5:44 |
| 359 | 18 | LAPORTE BERTEN | RAMSEL | MSEN | 64 | 0:47:05 | 10,45 | 5:45 |
| 360 | 269 | BILLET MARC | TREMELO | M+45 | 62 | 0:47:10 | 10,43 | 5:45 |
| 361 | 239 | MAGITS MARC | VELTEM-BEISEM | M+45 | 63 | 0:47:18 | 10,40 | 5:46 |
| 362 | 322 | HERMANS GODELIEVE | O-L-V-WAVER | V+45 | 12 | 0:47:31 | 10,35 | 5:48 |
| 363 | 173 | DE MEYER ANN | HULDENBERG | V+35 | 11 | 0:47:56 | 10,26 | 5:51 |
| 364 | 396 | SNELS BART | AARSCHOT | MSEN | 65 | 0:48:01 | 10,25 | 5:51 |
| 365 | 35 | VAN DEN ACKER LILIANE | HEIST-O/D-BERG | V+40 | 22 | 0:48:15 | 10,20 | 5:53 |
| 366 | 290 | VAN ROMPAEY DIANE | AARSCHOT | V+40 | 23 | 0:48:20 | 10,18 | 5:54 |
| 367 | 393 | VINCKX ELS | AARSCHOT | VSEN | 20 | 0:48:24 | 10,17 | 5:54 |
| 368 | 394 | VINCKX STEF | AARSCHOT | MSEN | 66 | 0:48:29 | 10,15 | 5:55 |
| 369 | 126 | VAN PARIJS EDDY | HEIST-O/D-BERG | M+60 | 14 | 0:48:44 | 10,10 | 5:57 |
| 370 | 19 | LEMMENS MATTHIAS | AARSCHOT | MSEN | 67 | 0:48:45 | 10,09 | 5:57 |
| 371 | 324 | VAN BAELEN KARINE | TREMELO | V+45 | 13 | 0:48:51 | 10,07 | 5:57 |
| 372 | 157 | VISKENS INGEBORG | HALLAAR | V+40 | 24 | 0:49:02 | 10,03 | 5:59 |
| 373 | 229 | VAN DEN BROECK NORBERT | HAACHT | M+65+ | 4 | 0:49:20 | 9,97 | 6:01 |
| 374 | 133 | APPELMANS EDWARD | BEERZEL | M+55 | 22 | 0:49:21 | 9,97 | 6:01 |
| 375 | 361 | MAESEN HELGA | HEUSDEN (LIMB.) | VSEN | 21 | 0:49:23 | 9,96 | 6:01 |
| 376 | 59 | JENNIS SUZY | HERENTHOUT | V+50 | 11 | 0:50:42 | 9,70 | 6:11 |
| 377 | 113 | PULINCKX JOS | HALEN | M+55 | 23 | 0:50:50 | 9,68 | 6:12 |
| 378 | 11 | DEWEL TIM | LANGDORP | MSEN | 68 | 0:51:06 | 9,63 | 6:14 |
| 379 | 308 | SMEULDERS MARINA | AARSCHOT | V+45 | 14 | 0:51:06 | 9,63 | 6:14 |
| 380 | 123 | DELSARD HILDE | AARSCHOT | V+45 | 15 | 0:51:19 | 9,59 | 6:15 |
| 381 | 124 | VERSTREKEN KATHLEEN | BRUSSEL (ELSENE) | V+40 | 25 | 0:51:21 | 9,58 | 6:16 |
| 382 | 21 | MEEUS ANN | RILLAAR | VSEN | 22 | 0:51:35 | 9,54 | 6:17 |
| 383 | 8 | DE KEULENAER JOHAN | AARSCHOT | MSEN | 69 | 0:51:35 | 9,54 | 6:17 |
| 384 | 13 | FRANCOIS WENDY | AARSCHOT | VSEN | 23 | 0:51:36 | 9,53 | 6:18 |
| 385 | 411 | DE RIJCK PEGGY | WERCHTER | VSEN | 24 | 0:51:37 | 9,53 | 6:18 |
| 386 | 415 | DONS SANDY | TREMELO | VSEN | 25 | 0:51:41 | 9,52 | 6:18 |
| 387 | 57 | VAN WASSENHOVE SABINE | AARSCHOT | V+35 | 12 | 0:52:33 | 9,36 | 6:25 |
| 388 | 49 | LAPORTE MYRIAM | AARSCHOT | V+35 | 13 | 0:52:34 | 9,36 | 6:25 |
| 389 | 248 | GORDTS STEVEN | AARSCHOT | MSEN | 70 | 0:53:14 | 9,24 | 6:30 |
| 390 | 121 | VAN KERKHOVEN GODELIEVE | RAMSEL | V+45 | 16 | 0:53:15 | 9,24 | 6:30 |
| 391 | 266 | BELS FRANCOISE | BIERBEEK | VSEN | 26 | 0:53:49 | 9,14 | 6:34 |
| 392 | 256 | VAN DER AUWERA TOM | BIERBEEK | MSEN | 71 | 0:54:42 | 8,99 | 6:40 |
| 393 | 106 | VETS ANITA | RAMSEL | V+45 | 17 | 0:55:04 | 8,93 | 6:43 |
| 394 | 10 | DENOODT JURGEN | LANGDORP | MSEN | 72 | 0:55:05 | 8,93 | 6:43 |

14,4 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|-----------------|------|-------|---------|-------|---------|
| 1 | 517 | DE VOCHT PETER | KEERBERGEN | M+45 | 1 | 0:47:51 | 18,06 | 3:19 |
| 2 | 672 | DAMEN JAN | HOLSBEЕК | M+45 | 2 | 0:49:07 | 17,59 | 3:25 |
| 3 | 536 | VAN BAEЛ DANNY | MESSELBROEK | M+35 | 1 | 0:49:44 | 17,37 | 3:27 |
| 4 | 630 | KAERS PASCAL | LEUVEN | MSEN | 1 | 0:50:34 | 17,09 | 3:31 |
| 5 | 510 | NACKAERTS HANS | AARSCHOT | M+35 | 2 | 0:51:06 | 16,91 | 3:33 |
| 6 | 681 | WACHTELAER JEROEN | HERENT | MSEN | 2 | 0:51:13 | 16,87 | 3:33 |
| 7 | 561 | VAN DE GAER WESLEY | TIELT-WINGE | MSEN | 3 | 0:51:45 | 16,70 | 3:36 |
| 8 | 533 | VAN DE WEYER MARC | HERSELT | M+35 | 3 | 0:52:03 | 16,60 | 3:37 |
| 9 | 618 | SOOLS FREDDY | ZICHEM | M+40 | 1 | 0:52:09 | 16,57 | 3:37 |
| 10 | 616 | WATERSCHOOT ERIC | WEBBEKOM | M+35 | 4 | 0:52:21 | 16,50 | 3:38 |
| 11 | 560 | VANDEN BEMPT HANS | BOUSERSEM | MSEN | 4 | 0:52:24 | 16,49 | 3:38 |
| 12 | 680 | HOREMANS RIGO | BEGIJNENDIJK | M+35 | 5 | 0:52:34 | 16,44 | 3:39 |
| 13 | 532 | STROUVEN RUDI | ROTSelaar | M+40 | 2 | 0:52:38 | 16,42 | 3:39 |
| 14 | 566 | VAN ROMPAY GUNTHER | HERSELT | M+35 | 6 | 0:53:01 | 16,30 | 3:41 |
| 15 | 555 | DE ROOVER BART | AARSCHOT | M+35 | 7 | 0:53:09 | 16,26 | 3:41 |
| 16 | 538 | BRAES GERRY | LANGDORP | M+35 | 8 | 0:53:15 | 16,23 | 3:42 |
| 17 | 576 | DEKEYZER STEFAAN | TIENEN | M+40 | 3 | 0:53:22 | 16,19 | 3:42 |
| 18 | 634 | VANGOIDSENHOVEN JAN | KEERBERGEN | M+40 | 4 | 0:53:28 | 16,16 | 3:43 |
| 19 | 647 | LEMOINE JAN | LUBBEEK | MSEN | 5 | 0:53:51 | 16,04 | 3:44 |
| 20 | 679 | IWENS ALAIN | WESPELAAR | M+40 | 5 | 0:54:01 | 16,00 | 3:45 |
| 21 | 613 | VAN PASSEL JAN | AARSCHOT | M+35 | 9 | 0:54:06 | 15,97 | 3:45 |
| 22 | 558 | VAN NIEUWENHOVE JEROEN | KESSEL-LO | M+35 | 10 | 0:54:25 | 15,88 | 3:47 |
| 23 | 644 | SMITS TIM | KESSEL-LO | MSEN | 6 | 0:54:42 | 15,80 | 3:48 |
| 24 | 562 | LISSENS DANIËL | BIERBEEK | M+55 | 1 | 0:55:28 | 15,58 | 3:51 |
| 25 | 670 | HENDRICKX JIMMY | LEUVEN | MSEN | 7 | 0:55:33 | 15,55 | 3:51 |
| 26 | 609 | PEETERS KAREN | BOOM | V+35 | 1 | 0:55:45 | 15,50 | 3:52 |
| 27 | 597 | VLAEYEN JAN | KERSBEEK-MISKOM | M+40 | 6 | 0:55:57 | 15,44 | 3:53 |
| 28 | 512 | VAN DEN HEUVEL GUY | RAMSEL | M+35 | 11 | 0:56:03 | 15,41 | 3:54 |
| 29 | 662 | CAMPS LUDO | TESSENDERLO | M+50 | 1 | 0:56:11 | 15,38 | 3:54 |
| 30 | 604 | DE VOCHT MARC | SCHRIEK | M+50 | 2 | 0:56:45 | 15,22 | 3:56 |
| 31 | 664 | DEMOLDER BART | BEGIJNENDIJK | M+35 | 12 | 0:56:55 | 15,18 | 3:57 |
| 32 | 577 | DEBOTH JOHAN | HULDENBERG | M+40 | 7 | 0:57:01 | 15,15 | 3:58 |
| 33 | 564 | VAN DEN ACKER PAUL | HEIST-O/D-BERG | M+45 | 3 | 0:57:05 | 15,14 | 3:58 |
| 34 | 600 | VAN HOOF EDDY | BEGIJNENDIJK | M+40 | 8 | 0:57:08 | 15,12 | 3:58 |
| 35 | 638 | LEMOINE PHILIP | BETEKOM | M+40 | 9 | 0:57:31 | 15,02 | 4:00 |
| 36 | 598 | DE RYDT JAN | HEIST-O/D-BERG | M+45 | 4 | 0:57:42 | 14,97 | 4:00 |
| 37 | 614 | WAER | BIERBEEK | MSEN | 8 | 0:57:56 | 14,91 | 4:01 |
| 38 | 677 | COCQUYT TIMOTHY | BREENDONK | MSEN | 9 | 0:58:00 | 14,90 | 4:02 |
| 39 | 646 | VAN HOOGTEN KOEN | HULSHOUT | MSEN | 10 | 0:58:08 | 14,86 | 4:02 |
| 40 | 575 | DOCKX PATRICK | HERSELT | M+45 | 5 | 0:58:11 | 14,85 | 4:02 |
| 41 | 640 | DE WITTE GUY | KORTENAKEN | M+40 | 10 | 0:58:13 | 14,84 | 4:03 |
| 42 | 559 | BOES RONNY | AARSCHOT | M+45 | 6 | 0:58:15 | 14,83 | 4:03 |
| 43 | 665 | PITTEVILS STEVEN | WILSELE | M+35 | 13 | 0:58:27 | 14,78 | 4:04 |
| 44 | 534 | MEULDERS HUGO | RAMSEL | M+45 | 7 | 0:58:36 | 14,74 | 4:04 |
| 45 | 627 | BOLLE PATRICK | HAACHT | M+40 | 11 | 0:58:43 | 14,71 | 4:05 |
| 46 | 659 | DEHOUX PAUL | TREMELO | M+35 | 14 | 0:58:51 | 14,68 | 4:05 |
| 47 | 696 | HUYSMAN LUC | HEVERLEE | M+40 | 12 | 0:58:56 | 14,66 | 4:06 |
| 48 | 587 | LEUS STEFAN | HOLSBEЕК | M+35 | 15 | 0:59:37 | 14,49 | 4:08 |
| 49 | 603 | VAN PUYMBROECK DIRK | SCHRIEK | M+50 | 3 | 1:00:08 | 14,37 | 4:11 |
| 50 | 611 | NAGELS RENE | BUNSBEEK | M+40 | 13 | 1:00:16 | 14,34 | 4:11 |
| 51 | 641 | VAN DE LEEST FRANK | HEIST-O/D-BERG | M+40 | 14 | 1:00:18 | 14,33 | 4:11 |
| 52 | 527 | VAN DE VELDE BART | RAMSEL | M+35 | 16 | 1:00:20 | 14,32 | 4:11 |
| 53 | 711 | CLARYSSE SVEN | HEVERLEE | MSEN | 11 | 1:00:24 | 14,30 | 4:12 |
| 54 | 645 | DE HAES CHRIS | HULSHOUT | M+40 | 15 | 1:00:37 | 14,25 | 4:13 |
| 55 | 655 | VAN VLASSELAER | | M | | 1:00:38 | 14,25 | 4:13 |
| 56 | 687 | VERCAUTEREN BERT | AARSCHOT | M+35 | 17 | 1:00:45 | 14,22 | 4:13 |
| 57 | 671 | SIJMUS WILLY | KEERBERGEN | M+50 | 4 | 1:01:11 | 14,12 | 4:15 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|------------------------|--------------------|------------|--------------|-------------|------------|----------------|
| 58 | 547 | VAN DEN HAUTE THOMAS | ZICHEM | MSEN | 12 | 1:01:14 | 14,11 | 4:15 |
| 59 | 588 | VAN DEN DRIES DAVID | PUTTE | MJUN | 1 | 1:01:16 | 14,10 | 4:15 |
| 60 | 521 | NEUTS RONNY | AVERBODE | M+45 | 8 | 1:01:17 | 14,10 | 4:15 |
| 61 | 674 | WECKHUYSEN SERGE | BETEKOM | MSEN | 13 | 1:01:29 | 14,05 | 4:16 |
| 62 | 503 | DE GOIGNIES KAREL | WEZEMAAL | M+60 | 1 | 1:01:32 | 14,04 | 4:16 |
| 63 | 689 | BOX PETER | WESPELAAR | M+45 | 9 | 1:01:34 | 14,03 | 4:17 |
| 64 | 697 | TIMMERMANS JOHAN | HEVERLEE | M+35 | 18 | 1:01:43 | 14,00 | 4:17 |
| 65 | 605 | DE COCQ ROGER | HEIST-O/D-BERG | M+50 | 5 | 1:01:53 | 13,96 | 4:18 |
| 66 | 506 | GEENS BART | RAMSEL | M+40 | 16 | 1:01:56 | 13,95 | 4:18 |
| 67 | 505 | DE WINTER MARC | AARSCHOT | M+40 | 17 | 1:02:00 | 13,94 | 4:18 |
| 68 | 542 | LAEREMANS BART | LANGDORP | MSEN | 14 | 1:02:02 | 13,93 | 4:18 |
| 69 | 571 | DE LAET GOMMAIRE | MECHELEN | M+50 | 6 | 1:02:09 | 13,90 | 4:19 |
| 70 | 620 | DIERCKX MARC | ZOERLE-PARWIJS | M+45 | 10 | 1:02:11 | 13,89 | 4:19 |
| 71 | 537 | BISCOP DIRK | TREMELO | M+40 | 18 | 1:02:12 | 13,89 | 4:19 |
| 72 | 515 | VERMEIR STAF | AARSCHOT | M+40 | 19 | 1:02:15 | 13,88 | 4:19 |
| 73 | 657 | DE COCK MARIE_JOSE | MEISE | V+50 | 1 | 1:02:29 | 13,83 | 4:20 |
| 74 | 557 | PARTON HUGO | HEVERLEE | M+55 | 2 | 1:02:31 | 13,82 | 4:20 |
| 75 | 668 | NUYTS JOS | TESSENDERLO | M+50 | 7 | 1:02:33 | 13,81 | 4:21 |
| 76 | 693 | CEUPPENS GEERT | BETEKOM | MSEN | 15 | 1:02:41 | 13,78 | 4:21 |
| 77 | 695 | BLYAERT LUC | HEVERLEE | M+40 | 20 | 1:02:46 | 13,77 | 4:22 |
| 78 | 649 | SERRE CARL | ZICHEM | M+40 | 21 | 1:02:47 | 13,76 | 4:22 |
| 79 | 586 | LEMMENS JOS | TIELT-WINGE | M+50 | 8 | 1:02:56 | 13,73 | 4:22 |
| 80 | 673 | SAENEN JOERI | AVERBODE | MSEN | 16 | 1:02:57 | 13,73 | 4:22 |
| 81 | 625 | GROENEWEGEN MARTIN | LEUVEN | M+40 | 22 | 1:02:57 | 13,73 | 4:22 |
| 82 | 635 | FREDERICKX WILLY | BEKKEVOORT | M+45 | 11 | 1:02:58 | 13,72 | 4:22 |
| 83 | 652 | DESCHUYTERE ANTOINETTE | BEKKEVOORT | V+45 | 1 | 1:02:58 | 13,72 | 4:22 |
| 84 | 636 | BARTIER JAN | BEKKEVOORT | M+35 | 19 | 1:02:59 | 13,72 | 4:22 |
| 85 | 637 | MICHIELS WIM | TIELT-WINGE | M+45 | 12 | 1:02:59 | 13,72 | 4:22 |
| 86 | 584 | DEGEEST GEERT | BEKKEVOORT | M+50 | 9 | 1:02:59 | 13,72 | 4:22 |
| 87 | 608 | LEERMANS FILIP | RILLAAR | MSEN | 17 | 1:03:00 | 13,71 | 4:22 |
| 88 | 585 | MERTENS REINOUD | MOLENBEEK-WERSBEEK | M+45 | 13 | 1:03:00 | 13,71 | 4:22 |
| 89 | 656 | WILMAERTS JAN | RILLAAR | M+45 | 14 | 1:03:00 | 13,71 | 4:22 |
| 90 | 631 | BEUTELS MAURICE | BEKKEVOORT | M+55 | 3 | 1:03:07 | 13,69 | 4:23 |
| 91 | 535 | COENEN PAULA | LAAKDAL | V+45 | 2 | 1:03:08 | 13,69 | 4:23 |
| 92 | 524 | STICKERS TOM | HERSELT | MSEN | 18 | 1:03:17 | 13,65 | 4:24 |
| 93 | 688 | SWINNEN WIM | BONHEIDEN | MSEN | 19 | 1:03:24 | 13,63 | 4:24 |
| 94 | 553 | VERHULPEN MIEL | BINKOM | M+55 | 4 | 1:03:27 | 13,62 | 4:24 |
| 95 | 581 | STROOBANTS HERMAN | LEUVEN | M+40 | 23 | 1:03:30 | 13,61 | 4:25 |
| 96 | 642 | PAUWELS BJORN | BONHEIDEN | MSEN | 20 | 1:03:33 | 13,60 | 4:25 |
| 97 | 583 | VAN GENECHTEN JEF | HERSELT | M+50 | 10 | 1:03:35 | 13,59 | 4:25 |
| 98 | 667 | CATOIRE VINCENT | ERPS-KWERPS | M+35 | 20 | 1:03:38 | 13,58 | 4:25 |
| 99 | 623 | VANDENBERGH NORMAN | HAASRODE | M+35 | 21 | 1:03:50 | 13,54 | 4:26 |
| 100 | 701 | JONCKHEERE STEPHAN | KESSEL-LO | M+40 | 24 | 1:03:51 | 13,53 | 4:26 |
| 101 | 518 | DE VOS KOEN | HEVERLEE | M+40 | 25 | 1:03:53 | 13,52 | 4:26 |
| 102 | 629 | VANOOST KRISTOF | LANGDORP | MSEN | 21 | 1:03:55 | 13,52 | 4:26 |
| 103 | 648 | TORFS IVO | AARSCHOT | M+40 | 26 | 1:04:01 | 13,50 | 4:27 |
| 104 | 554 | NEEFS BERT | GELRODE | M+40 | 27 | 1:04:03 | 13,49 | 4:27 |
| 105 | 675 | HEIREMANS KATHLEEN | BETEKOM | VSEN | 1 | 1:04:04 | 13,49 | 4:27 |
| 106 | 596 | NAERT JACQUES | AARSCHOT | M+55 | 5 | 1:04:05 | 13,48 | 4:27 |
| 107 | 650 | VANLOMMEL GUY | HERENTALS | MSEN | 22 | 1:04:14 | 13,45 | 4:28 |
| 108 | 531 | HEYLEN BEN | RILLAAR | MSEN | 23 | 1:04:30 | 13,40 | 4:29 |
| 109 | 710 | VERSPREET MARCEL | RIJMENAM | M+55 | 6 | 1:04:41 | 13,36 | 4:30 |
| 110 | 602 | VAN GEEL BENNY | RUMMEN | M+55 | 7 | 1:05:13 | 13,25 | 4:32 |
| 111 | 601 | LEFEVERE ALAIN | ST-TRUIDEN | M+45 | 15 | 1:05:14 | 13,24 | 4:32 |
| 112 | 719 | HUYBRECHTS JAN | TIELT WINGE | M+40 | 28 | 1:05:15 | 13,24 | 4:32 |
| 113 | 717 | VAN MOLCOT KURT | WEZEMAAL | M+35 | 22 | 1:05:16 | 13,24 | 4:32 |
| 114 | 666 | TIELENS VICKY | HERK-DE-STAD | VSEN | 2 | 1:05:17 | 13,23 | 4:32 |
| 115 | 663 | VAN WIELENDAELE POL | HERENT | M+55 | 8 | 1:05:21 | 13,22 | 4:32 |
| 116 | 684 | GEERINCKX FRANS | BALEN | M+35 | 23 | 1:05:23 | 13,21 | 4:32 |
| 117 | 615 | STEENO | HEVERLEE | M+45 | 16 | 1:05:32 | 13,18 | 4:33 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|--------------------------|----------------------|------------|--------------|-------------|------------|----------------|
| 118 | 563 | VAN DE GAER JAN | TIELT-WINGE | M+55 | 9 | 1:05:45 | 13,14 | 4:34 |
| 119 | 706 | DE GHELDERE CHARLES | LIER | M+40 | 29 | 1:05:48 | 13,13 | 4:34 |
| 120 | 639 | LUYTEN ROLAND | LANGDORP | M+45 | 17 | 1:05:52 | 13,12 | 4:34 |
| 121 | 676 | VAN BUGGENHOUT FRANKY | KESSEL-LO | MSEN | 24 | 1:05:54 | 13,11 | 4:35 |
| 122 | 632 | ROELS GERRIT | LAAKDAL | M+35 | 24 | 1:05:59 | 13,09 | 4:35 |
| 123 | 715 | VANOVERSHELDE WALTER | ATTENRODE | M+40 | 30 | 1:06:02 | 13,08 | 4:35 |
| 124 | 541 | CEULEMANS BERT | BAAL | M+45 | 18 | 1:06:29 | 13,00 | 4:37 |
| 125 | 704 | HELLIN DAVID | HEVERLEE | MSEN | 25 | 1:06:36 | 12,97 | 4:37 |
| 126 | 691 | VAN DE WEYER HERVE | LANGDORP | M+40 | 31 | 1:06:42 | 12,95 | 4:38 |
| 127 | 509 | LUYTEN ERWIN | LANGDORP | M+45 | 19 | 1:06:45 | 12,94 | 4:38 |
| 128 | 683 | GOOSSENS KOEN | GEEL | M+35 | 25 | 1:06:51 | 12,92 | 4:39 |
| 129 | 690 | SWINNEN ERIC | HAACHT | M+45 | 20 | 1:06:55 | 12,91 | 4:39 |
| 130 | 624 | MATHUES RENE | GLABBEEK-ZUURBEMDE | M+45 | 21 | 1:06:57 | 12,91 | 4:39 |
| 131 | 718 | VANHAVERE | WIJGMAAL | M+40 | 32 | 1:07:12 | 12,86 | 4:40 |
| 132 | 699 | VRANKEN DIRK | RAMSEL | MSEN | 26 | 1:07:20 | 12,83 | 4:41 |
| 133 | 633 | LAENEN PETER | BRUSSEL (NEDER-OVER- | M+35 | 26 | 1:07:23 | 12,82 | 4:41 |
| 134 | 552 | GEYSELS KURT | AARSCHOT | M+40 | 33 | 1:07:33 | 12,79 | 4:41 |
| 135 | 110 | HINTERMEIER GUNTHER | RILLAAR | M+40 | 34 | 1:07:34 | 12,79 | 4:42 |
| 136 | 539 | BREMS GERDA | AARSCHOT | V+40 | 1 | 1:07:37 | 12,78 | 4:42 |
| 137 | 692 | LEGRAND BART | HOLSBECK | M+40 | 35 | 1:07:44 | 12,76 | 4:42 |
| 138 | 606 | SMET MARC | KEERBERGEN | M+55 | 10 | 1:07:57 | 12,72 | 4:43 |
| 139 | 540 | CALDERS KRISTEL | BEGIJNENDIJK | V+35 | 2 | 1:08:04 | 12,69 | 4:44 |
| 140 | 589 | DE WIT LUC | BAAL | M+45 | 22 | 1:08:05 | 12,69 | 4:44 |
| 141 | 567 | VERSTRAETEN MARC | HERSELT | M+40 | 36 | 1:08:05 | 12,69 | 4:44 |
| 142 | 658 | HAEMHOUTS KRISTOF | WESTERLO | MSEN | 27 | 1:08:06 | 12,69 | 4:44 |
| 143 | 653 | HAEMHOUTS MON | TONGERLO | M+55 | 11 | 1:08:07 | 12,68 | 4:44 |
| 144 | 654 | BRUYNINCKX LUC | OEVEL | M+40 | 37 | 1:08:07 | 12,68 | 4:44 |
| 145 | 593 | GRAUWEN MICHEL | MORKHOVEN | M+45 | 23 | 1:08:08 | 12,68 | 4:44 |
| 146 | 660 | VAN ROMPAEY MONIEK | HOUTVENNE | V+50 | 2 | 1:08:08 | 12,68 | 4:44 |
| 147 | 661 | GORRIS KRISTEL | HEIST-O/D-BERG | VSEN | 3 | 1:08:09 | 12,68 | 4:44 |
| 148 | 501 | BREMS JOS | LANGDORP | M+45 | 24 | 1:08:10 | 12,67 | 4:44 |
| 149 | 507 | GEENS KURT | BOOISCHOT | M+35 | 27 | 1:08:10 | 12,67 | 4:44 |
| 150 | 579 | LENAERTS RENE | OLMEN | M+50 | 11 | 1:08:18 | 12,65 | 4:45 |
| 151 | 525 | VERBEELEN MICHEL | ANTWERPEN | M+45 | 25 | 1:08:19 | 12,65 | 4:45 |
| 152 | 578 | VENNEKENS EDDY | OLMEN | M+50 | 12 | 1:08:20 | 12,64 | 4:45 |
| 153 | 610 | VAN BAEL KRIS | LEUVEN | M+35 | 28 | 1:08:24 | 12,63 | 4:45 |
| 154 | 617 | VAN BOGAERT BENNY | BEGIJNENDIJK | M+40 | 38 | 1:08:42 | 12,58 | 4:46 |
| 155 | 573 | LUYPAERTS EDWIN | BALEN | MSEN | 28 | 1:09:03 | 12,51 | 4:48 |
| 156 | 590 | PEETERS GUSTAAF | TESTELT | M+40 | 39 | 1:09:21 | 12,46 | 4:49 |
| 157 | 592 | VERSCHAEREN ROOS | BEERZEL | V+45 | 3 | 1:09:24 | 12,45 | 4:49 |
| 158 | 582 | VANDEMAELE MARNIX | TIELT-WINGE | M+55 | 12 | 1:09:32 | 12,43 | 4:50 |
| 159 | 700 | GORIS LUC | AARSCHOT | M+35 | 29 | 1:09:33 | 12,42 | 4:50 |
| 160 | 572 | VAN MELLAERT WIM | HEVERLEE | M+35 | 30 | 1:09:36 | 12,41 | 4:50 |
| 161 | 574 | CLOOSTERMANS FRANK | MOL | M+35 | 31 | 1:09:48 | 12,38 | 4:51 |
| 162 | 607 | DE RYCK MAURICE | BOOISCHOT | M+50 | 13 | 1:10:05 | 12,33 | 4:52 |
| 163 | 628 | BASTIAENS MARIO | HAACHT | M+35 | 32 | 1:10:15 | 12,30 | 4:53 |
| 164 | 594 | DEBOUVER CHRIS | TREMELO | M+40 | 40 | 1:10:17 | 12,29 | 4:53 |
| 165 | 703 | RAEMAEKERS JO | BIERBEEK | M+45 | 26 | 1:10:18 | 12,29 | 4:53 |
| 166 | 709 | HERBOTS BART | TIENEN | M+40 | 41 | 1:10:35 | 12,24 | 4:54 |
| 167 | 702 | VANDER WAEREN WILLEM | TIELT-WINGE | MSEN | 29 | 1:10:42 | 12,22 | 4:55 |
| 168 | 530 | VAN DYCK LOUIS | TREMELO | M+55 | 13 | 1:10:46 | 12,21 | 4:55 |
| 169 | 651 | COOLS FRANS | OEVEL | M+50 | 14 | 1:11:00 | 12,17 | 4:56 |
| 170 | 565 | VANCAMPENHOUT GUY | VORSELAAR | M+40 | 42 | 1:11:26 | 12,10 | 4:58 |
| 171 | 595 | JANSSEN IVO | KEERBERGEN | M+40 | 43 | 1:11:38 | 12,06 | 4:58 |
| 172 | 626 | STOCKMANS MARC | LANGDORP | M+40 | 44 | 1:11:53 | 12,02 | 5:00 |
| 173 | 619 | AVOI MAHYOE | BIERBEEK | MSEN | 30 | 1:11:54 | 12,02 | 5:00 |
| 174 | 716 | VAN DEN BERGH CHRISTOPHE | TIELT WINGE | MSEN | 31 | 1:12:35 | 11,90 | 5:02 |
| 175 | 508 | GEYSKENS HERMAN | RILLAAR | M+35 | 33 | 1:12:38 | 11,90 | 5:03 |
| 176 | 713 | ROBIJNS PETER | HOLSBECK | M+35 | 34 | 1:12:40 | 11,89 | 5:03 |
| 177 | 682 | VERREYCKEN TOM | HERSELT | MSEN | 32 | 1:13:00 | 11,84 | 5:04 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----------|-----------|--------------------|--------------------|------------|--------------|-------------|------------|----------------|
| 178 | 669 | VAN HOREBEEK JOHAN | BETEKOM | M+40 | 45 | 1:13:03 | 11,83 | 5:04 |
| 179 | 546 | STAS GEERT | RAMSEL | M+35 | 35 | 1:13:20 | 11,78 | 5:06 |
| 180 | 548 | VAN ELSSEN KARINE | BEGIJNENDIJK | V+40 | 2 | 1:13:23 | 11,77 | 5:06 |
| 181 | 705 | NIJS LEEN | BEGIJNENDIJK | V+45 | 4 | 1:13:26 | 11,77 | 5:06 |
| 182 | 591 | BERTOTTO JAN | HOEGAARDEN | M+50 | 15 | 1:13:27 | 11,76 | 5:06 |
| 183 | 514 | VERKURINGEN BART | RETIE | MSEN | 33 | 1:13:31 | 11,75 | 5:06 |
| 184 | 678 | VAN ROIE LOUIS | LANGDORP | M+55 | 14 | 1:13:33 | 11,75 | 5:06 |
| 185 | 550 | VAN LAERE ANDRE | LINDEN | M+60 | 2 | 1:13:34 | 11,74 | 5:07 |
| 186 | 694 | LAEREMANS ANN | ROTSELAAR | V+35 | 3 | 1:14:06 | 11,66 | 5:09 |
| 187 | 720 | BELLEMANS I NGRID | LANGDORP | V+35 | 4 | 1:14:08 | 11,65 | 5:09 |
| 188 | 511 | VAN AERSCHOT LINDA | LANGDORP | V+40 | 3 | 1:14:44 | 11,56 | 5:11 |
| 189 | 622 | VANDEGAER RIA | GLABBEEK-ZUURBEMDE | V+45 | 5 | 1:14:58 | 11,53 | 5:12 |
| 190 | 612 | POFFE ROGER | BUNSBEEK | M+50 | 16 | 1:14:59 | 11,52 | 5:12 |
| 191 | 686 | VERHULPEN JEF | ATTENRODE | M+50 | 17 | 1:14:59 | 11,52 | 5:12 |
| 192 | 544 | NYS GRIET | BAAL | V+45 | 6 | 1:15:27 | 11,45 | 5:14 |
| 193 | 643 | DOMS HARRY | LINDEN | M+55 | 15 | 1:15:31 | 11,44 | 5:15 |
| 194 | 504 | DE GOIGNIES LOUIS | WEZEMAAL | M+55 | 16 | 1:16:04 | 11,36 | 5:17 |
| 195 | 568 | VERBEEK ANDRE | TIELT-WINGE | M+45 | 27 | 1:16:19 | 11,32 | 5:18 |
| 196 | 569 | VANFRAECHEM JOHAN | TIELT-WINGE | M+35 | 36 | 1:16:19 | 11,32 | 5:18 |
| 197 | 545 | PELGRIMS NANCY | SCHRIEK | V+40 | 4 | 1:16:25 | 11,31 | 5:18 |
| 198 | 551 | VERVOORT PATRICK | BEKKEVOORT | M+45 | 28 | 1:16:54 | 11,24 | 5:20 |
| 199 | 529 | MERTENS HUBERT | DIEST | M+50 | 18 | 1:17:02 | 11,22 | 5:21 |
| 200 | 502 | BUELENS LUCIA | AARSCHOT | V+40 | 5 | 1:17:07 | 11,20 | 5:21 |
| 201 | 580 | LUYCKX BART | NIEUWRODE | M+40 | 46 | 1:17:59 | 11,08 | 5:25 |
| 201 | 53 | TORFS KATRINE | LIER | V+45 | 7 | 1:18:06 | 11,06 | 5:25 |
| 203 | 570 | DE BELDER MARC | WIEKEVORST | M+40 | 47 | 1:18:07 | 11,06 | 5:25 |
| 204 | 520 | LUYTEN GEERT | AARSCHOT | M+35 | 37 | 1:18:09 | 11,06 | 5:26 |
| 205 | 698 | JORDENS BERT | AARSCHOT | M+35 | 38 | 1:19:21 | 10,89 | 5:31 |
| 206 | 556 | LAUWERS MARIO | AARSCHOT | M+40 | 48 | 1:19:37 | 10,85 | 5:32 |
| 207 | 513 | VANDERLOOCK KOEN | KESSEL-LO | MSEN | 34 | 1:20:50 | 10,69 | 5:37 |
| 208 | 714 | NIJS SONJA | LANGDORP | V+40 | 6 | 1:22:05 | 10,53 | 5:42 |
| 209 | 519 | DONDERS GIL | TIENEN | M+45 | 29 | 1:22:27 | 10,48 | 5:44 |
| 210 | 708 | VANWAMBEKE KATRIEN | LIER | V | | 1:22:28 | 10,48 | 5:44 |
| 211 | 621 | VANTHILLO STEVEN | BIERBEEK | MSEN | 35 | 1:25:00 | 10,16 | 5:54 |
| 212 | 707 | BUYCKPIET | BRASSCHAAT | M+45 | 30 | 1:25:10 | 10,14 | 5:55 |
| 213 | 685 | TAES RITA | ATTENRODE | V+40 | 7 | 1:31:36 | 9,43 | 6:22 |
| 214 | 712 | MARJAUX BENNY | ATTENRODE | M+45 | 31 | 1:31:38 | 9,43 | 6:22 |