

1e Winterjogging Meerbeek - 15 januari 2006

4,6 KM

| PL | NR | Naam | Woonplaats | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|---------------|-----------------|------|------|-------|---------|-------|---------|
| 1 | 305 | Van de Gaer Wesley | Tielt-Winge | | 1980 | MSEN | 1 | 0:15:04 | 18,32 | 3:17 |
| 2 | 372 | Decaestecker Danny | Epegem | VAC | 1964 | MMAS | 1 | 0:16:55 | 16,32 | 3:41 |
| 3 | 380 | Vandevelde Eddy | Winksele | | 1967 | MMAS | 2 | 0:17:02 | 16,20 | 3:42 |
| 4 | 321 | Verhoeven Joachim | Tervuren | ACKO | 1993 | MJUN | 1 | 0:17:15 | 16,00 | 3:45 |
| 5 | 382 | Vanhalle Stijn | Veltem | ACKO | 1990 | MJUN | 2 | 0:17:16 | 15,98 | 3:45 |
| 6 | 394 | Van den Broeck Herman | Hoeilaart | Joggers Beersel | 1971 | MSEN | 2 | 0:18:01 | 15,32 | 3:55 |
| 7 | 354 | Verhaegen Hendrik-Jan | Herent | TDL | 1989 | MJUN | 3 | 0:18:18 | 15,08 | 3:59 |
| 8 | 386 | Charlier Klaas | Erps-Kwerps | VAMB | 1994 | MJUN | 4 | 0:18:33 | 14,88 | 4:02 |
| 9 | 291 | Dehertos Wout | Tervuren | ACKO | 1994 | MJUN | 5 | 0:19:12 | 14,38 | 4:10 |
| 10 | 377 | Crabbe Guy | Machelen | VAC | 1961 | MMAS | 3 | 0:19:14 | 14,35 | 4:11 |
| 11 | 389 | Vanroey Roger | Meerbeek | Bertem | 1947 | MMAS | 4 | 0:19:22 | 14,25 | 4:13 |
| 12 | 388 | Desmedt Geert | Kortenber | | 1971 | MSEN | 3 | 0:19:45 | 13,97 | 4:18 |
| 13 | 390 | Pease Andrew | | | 1970 | MMAS | 5 | 0:19:48 | 13,94 | 4:18 |
| 14 | 308 | Donadi Sophie | Kortenber | ACKO | 1993 | VJUN | 1 | 0:19:53 | 13,88 | 4:19 |
| 15 | 322 | Vermeulen Seppe | Vossem | ACKO | 1994 | MJUN | 6 | 0:19:55 | 13,86 | 4:20 |
| 16 | 365 | Verbist Willy | Erps-Kwerps | | 1951 | MMAS | 6 | 0:20:22 | 13,55 | 4:26 |
| 17 | 385 | Decoster Bruno | Kortenber | Excuus KTB | 1986 | MSEN | 4 | 0:20:38 | 13,38 | 4:29 |
| 18 | 374 | Fonteyn Mieke | Grimbergen | VAC | 1960 | VMAS | 1 | 0:20:46 | 13,29 | 4:31 |
| 19 | 306 | Vandenboer Sjoerd | Nossegem | ACKO | 1995 | MJUN | 7 | 0:21:11 | 13,03 | 4:36 |
| 20 | 337 | Van Lier Stephanie | Tremelo | | 1958 | VMAS | 2 | 0:21:16 | 12,98 | 4:37 |
| 21 | 286 | Binon Mark | Blanden | Meerdaal 2000 | 1968 | MMAS | 7 | 0:21:19 | 12,95 | 4:38 |
| 22 | 534 | Janssens Andre | Veltem-Beisem | JC Veltem | 1952 | MMAS | 8 | 0:21:20 | 12,94 | 4:38 |
| 23 | 387 | Meurrens Tom | Meerbeek | | 1979 | MSEN | 5 | 0:21:22 | 12,92 | 4:39 |
| 24 | 304 | Servranckx Anne-Marie | Vilvoorde | VAC | 1962 | VMAS | 3 | 0:21:31 | 12,83 | 4:41 |
| 25 | 336 | Bartholomees Andreas | Tervuren | | 1996 | MJUN | 8 | 0:21:37 | 12,77 | 4:42 |
| 26 | 340 | Dierickx Maxim | Erps-Kwerps | ACKO | 1994 | MJUN | 9 | 0:21:51 | 12,63 | 4:45 |
| 27 | 323 | Haesevoets Estelle | Zaventem | ACKO | 1995 | VJUN | 2 | 0:21:52 | 12,62 | 4:45 |
| 28 | 348 | Vincentie Janne | Everberg | | 1992 | VJUN | 3 | 0:22:28 | 12,28 | 4:53 |
| 29 | 359 | Lismont Jos | Meerbeek | Hubevo | 1958 | MMAS | 9 | 0:22:39 | 12,19 | 4:55 |
| 30 | 363 | Lismont Sam | Meerbeek | Hubevo | 1985 | MSEN | 6 | 0:22:45 | 12,13 | 4:57 |
| 31 | 298 | Van Driessche Jelle | Zaventem | Meerdaal 2000 | 1992 | MJUN | 10 | 0:22:48 | 12,11 | 4:57 |
| 32 | 320 | Verhoeven Elynn | Tervuren | ACKO | 1992 | VJUN | 4 | 0:22:50 | 12,09 | 4:58 |
| 33 | 346 | Coosemans Maarten | Veltem | JC Veltem | 1996 | MJUN | 11 | 0:22:56 | 12,03 | 4:59 |
| 34 | 338 | Van Goidsenhoven Jone | Keerbergen | AVZK | 1996 | VJUN | 5 | 0:22:58 | 12,02 | 5:00 |
| 35 | 370 | Vanderleyden Christel | Herent | JC Veltem | 1963 | VMAS | 4 | 0:23:02 | 11,98 | 5:00 |
| 36 | 347 | Van Leemputten JC | Everberg | Sabena | 1954 | MMAS | 10 | 0:23:07 | 11,94 | 5:02 |
| 37 | 319 | Verhoeven Laura | Tervuren | ACKO | 1997 | VJUN | 6 | 0:23:13 | 11,89 | 5:03 |
| 38 | 290 | Eggerickx Koen | Meerbeek | | 1964 | MMAS | 11 | 0:23:19 | 11,84 | 5:04 |
| 39 | 353 | Janssens Hanno | Meerbeek | ACKO | 1995 | MJUN | 12 | 0:23:50 | 11,58 | 5:11 |
| 40 | 395 | Verelst Andre | Meerbeek | | 1993 | MJUN | 13 | 0:23:59 | 11,51 | 5:13 |
| 41 | 300 | Van Driessche Auke | Zaventem | VAC | 1994 | VJUN | 7 | 0:24:02 | 11,48 | 5:13 |
| 42 | 391 | Loonen Willem | Beersel | BVL | 1947 | MMAS | 12 | 0:24:05 | 11,46 | 5:14 |
| 43 | 384 | Donny Jaan | Meerbeek | Excuus KTB | 1982 | VSEN | 1 | 0:24:08 | 11,44 | 5:15 |
| 44 | 317 | De Bruycker Nele | Overmere | | 1987 | VJUN | 8 | 0:24:20 | 11,34 | 5:17 |
| 45 | 350 | Canters Mai | Winksele | JC Veltem | 1958 | VMAS | 5 | 0:24:22 | 11,33 | 5:18 |
| 46 | 355 | Boogaerts Jean-Pierre | Winksele | JC Veltem | 1958 | MMAS | 13 | 0:24:26 | 11,30 | 5:19 |
| 47 | 318 | De Bruycker Eugene | Overmere | | 1950 | MMAS | 14 | 0:24:28 | 11,28 | 5:19 |

| PL | NR | Naam | Woonplaats | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|---------------------------|----------------|------------|------|------|-------|---------|-------|---------|
| 48 | 364 | Lamproye Christof | Erps-Kwerps | | 1990 | MJUN | 14 | 0:24:29 | 11,27 | 5:19 |
| 49 | 361 | Vandecaüter Mathias | Boutersem | DCLA | 1998 | MJUN | 15 | 0:24:31 | 11,26 | 5:20 |
| 50 | 362 | Vandecaüter Jean-Pierre | Boutersem | | 1960 | MMAS | 15 | 0:24:32 | 11,25 | 5:20 |
| 51 | 292 | Van Driessche Eric | Zaventem | VAC | 1966 | MMAS | 16 | 0:24:36 | 11,22 | 5:21 |
| 52 | 393 | Paeps Pascal | Kampenhout | Bertem | 1981 | MSEN | 7 | 0:24:37 | 11,21 | 5:21 |
| 53 | 332 | De Bast Laurens | Meerbeek | ACKO | 1991 | MJUN | 16 | 0:24:49 | 11,12 | 5:24 |
| 54 | 373 | Joosten Philip | Kortenbergh | ACKO | 1964 | VMAS | 6 | 0:24:53 | 11,09 | 5:25 |
| 55 | 357 | Coosemans Valentijn | Veltem | JC Veltem | 1995 | MJUN | 17 | 0:25:06 | 11,00 | 5:27 |
| 56 | 367 | De Marrez Philip | Baal | | 1973 | MSEN | 8 | 0:25:10 | 10,97 | 5:28 |
| 57 | 339 | Huyghe Peter | Erps-Kwerps | | 1962 | MMAS | 17 | 0:25:13 | 10,95 | 5:29 |
| 58 | 285 | De Greef Patricia | Meerbeek | | 1970 | VMAS | 7 | 0:25:17 | 10,92 | 5:30 |
| 59 | 310 | Kempeneers Annik | Everberg | ACKO | 1967 | VMAS | 8 | 0:25:19 | 10,90 | 5:30 |
| 60 | 358 | Goovaerts Maarten | Veltem | JC Veltem | 1993 | MJUN | 18 | 0:25:35 | 10,79 | 5:34 |
| 61 | 324 | Poels Sabine | Kortenbergh | ACKO | 1979 | VSEN | 2 | 0:26:12 | 10,53 | 5:42 |
| 62 | 326 | Decoster Geert | Duisburg | ACKO | 1965 | MMAS | 18 | 0:26:13 | 10,53 | 5:42 |
| 63 | 379 | Van Eycken Sandra | Winksele | | 1969 | VMAS | 9 | 0:26:24 | 10,45 | 5:44 |
| 64 | 289 | Vissenaekens Hilde | Nederokkerzeel | | 1965 | VMAS | 10 | 0:26:35 | 10,38 | 5:47 |
| 65 | 329 | Timmermans Petra | Veltem | ACKO | 1971 | VSEN | 3 | 0:26:39 | 10,36 | 5:48 |
| 66 | 330 | Lambrecht Ilse | Sterrebeek | ACKO | 1971 | VSEN | 4 | 0:26:41 | 10,34 | 5:48 |
| 67 | 328 | Van den Hoed Tallina | Kortenbergh | ACKO | 1975 | VSEN | 5 | 0:26:42 | 10,34 | 5:48 |
| 68 | 351 | Vrebois Bea | Meerbeek | JC Veltem | 1976 | VSEN | 6 | 0:26:43 | 10,33 | 5:48 |
| 69 | 311 | Beutels Linda | Bekkevoort | | 1962 | VMAS | 11 | 0:26:59 | 10,23 | 5:52 |
| 70 | 376 | De Mesmaecker Nadia | Machelen | VAC | 1963 | VMAS | 12 | 0:27:04 | 10,20 | 5:53 |
| 71 | 315 | Vanhole Els | Nossegem | ACKO | 1930 | VMAS | 13 | 0:27:07 | 10,18 | 5:54 |
| 72 | 378 | Lemmens Rita | Bekkevoort | DCLA | 1956 | VMAS | 14 | 0:27:10 | 10,16 | 5:54 |
| 73 | 334 | De Cnijf Stefanie | Kortenbergh | ACKO | 1979 | VSEN | 7 | 0:27:22 | 10,09 | 5:57 |
| 74 | 360 | Alen Katleen | Everberg | ACKO | 1976 | VSEN | 8 | 0:27:24 | 10,07 | 5:57 |
| 75 | 333 | Wouters Kathleen | Kortenbergh | ACKO | 1978 | VSEN | 9 | 0:27:38 | 9,99 | 6:00 |
| 76 | 312 | Dedoyard Katleen | Kortenbergh | ACKO | 1977 | VSEN | 10 | 0:27:39 | 9,98 | 6:01 |
| 77 | 343 | Poels Paul | Meerbeek | | 1953 | MMAS | 19 | 0:27:42 | 9,96 | 6:01 |
| 78 | 342 | Van de Vondel Jenny | Hofstade | VAC | 1966 | VMAS | 15 | 0:27:57 | 9,87 | 6:05 |
| 79 | 341 | Breuls Luc | Herent | | 1960 | MMAS | 20 | 0:28:22 | 9,73 | 6:10 |
| 80 | 327 | Michiels Veerle | Kortenbergh | ACKO | 1970 | VMAS | 16 | 0:28:24 | 9,72 | 6:10 |
| 81 | 303 | Espenhout René | Wilsele | Bertem | 1932 | MMAS | 21 | 0:28:27 | 9,70 | 6:11 |
| 82 | 316 | Debruycker Veerle | Overmere | | 1988 | VJUN | 9 | 0:28:48 | 9,58 | 6:16 |
| 83 | 325 | Volkaerts Dirk | Sterrebeek | ACKO | 1965 | MMAS | 22 | 0:28:58 | 9,53 | 6:18 |
| 84 | 356 | Boogaerts Matthias | Winksele | JC Veltem | 1993 | MJUN | 19 | 0:29:00 | 9,52 | 6:18 |
| 85 | 309 | Parton Sylvain | Vaalbeek | | 1936 | MMAS | 23 | 0:29:05 | 9,49 | 6:19 |
| 86 | 398 | Vanderwegen Maurice | Meerbeek | | 1949 | MMAS | 24 | 0:29:07 | 9,48 | 6:20 |
| 87 | 392 | Potums Liliane | Vilvoorde | | 1956 | VMAS | 17 | 0:29:22 | 9,40 | 6:23 |
| 88 | 307 | Vandenboer Sam | Nossegem | | 1990 | MJUN | 20 | 0:29:29 | 9,36 | 6:25 |
| 89 | 301 | De Rijdt Bea | Heverlee | | 1959 | VMAS | 18 | 0:29:30 | 9,36 | 6:25 |
| 90 | 294 | Dangez Ethel | Kortenbergh | | 1971 | VSEN | 11 | 0:29:31 | 9,35 | 6:25 |
| 91 | 368 | Deraedemaeker Marise | Zaventem | ACKO | 1957 | VMAS | 19 | 0:29:34 | 9,33 | 6:26 |
| 92 | 375 | Verbiest Katrien | Meerbeek | | 1978 | VSEN | 12 | 0:29:35 | 9,33 | 6:26 |
| 93 | 288 | Vanden Bosch Kim | Erps-Kwerps | Excuus KTB | 1984 | VSEN | 13 | 0:29:37 | 9,32 | 6:26 |
| 94 | 369 | Briers Johan | Herent | | 1960 | MMAS | 25 | 0:29:39 | 9,31 | 6:27 |
| 95 | 396 | Van den Abbeele Kim | Zaventem | | 1993 | VJUN | 10 | 0:29:40 | 9,30 | 6:27 |
| 96 | 314 | Blanchart Karel | Vaalbeek | Spiridon | 1929 | MMAS | 26 | 0:30:01 | 9,19 | 6:32 |
| 97 | 335 | Joos Ann | Tervuren | ACKO | 1968 | VMAS | 20 | 0:30:05 | 9,17 | 6:32 |
| 98 | 345 | Vancauwenbergh Christiane | Everberg | | 1952 | VMAS | 21 | 0:30:22 | 9,09 | 6:36 |

| PL | NR | Naam | Woonplaats | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|--------------------------|-------------|------------|------|------|-------|---------|------|---------|
| 99 | 313 | Vandermijnsbrugge Sandra | Nossegem | ACKO | 1968 | VMAS | 22 | 0:30:24 | 9,08 | 6:37 |
| 100 | 302 | Van Hoof Jeanne | Wilsele | Bertem | 1932 | VMAS | 23 | 0:30:28 | 9,06 | 6:37 |
| 101 | 331 | Hermans Bianca | Kortenbergh | ACKO | 1996 | VJUN | 11 | 0:30:29 | 9,05 | 6:38 |
| 102 | 344 | Thielemans M. T. | Meise | | 1954 | VMAS | 24 | 0:31:09 | 8,86 | 6:46 |
| 103 | 287 | Leemans Inge | Kortenbergh | Excuus KTB | 1981 | VSEN | 14 | 0:31:11 | 8,85 | 6:47 |
| 104 | 299 | Cludts Katrien | Leefdaal | | 1980 | VSEN | 15 | 0:31:24 | 8,79 | 6:50 |
| 105 | 297 | Calders Sandra | Putte | SPVI | 1974 | VSEN | 16 | 0:31:49 | 8,67 | 6:55 |
| 106 | 352 | Vrebos Lydia | Meerbeek | | 1975 | VSEN | 17 | 0:32:11 | 8,58 | 7:00 |
| 107 | 397 | De Winter Patricia | Zaventem | | 1963 | VMAS | 25 | 0:32:28 | 8,50 | 7:03 |
| 108 | 383 | Luyten Inne | Meerbeek | Excuus KTB | 1979 | VSEN | 18 | 0:33:33 | 8,23 | 7:18 |
| 109 | 366 | Joostens Suzy | Herent | | 1964 | VMAS | 26 | 0:34:02 | 8,11 | 7:24 |
| 110 | 293 | Slingers Marleen | Zaventem | VAC | 1964 | VMAS | 27 | 0:34:10 | 8,08 | 7:26 |
| 111 | 295 | Danssens Goedele | Asse | | 1968 | VMAS | 28 | 0:34:18 | 8,05 | 7:27 |
| 112 | 296 | Colson Peter | Asse | | 1967 | MMAS | 27 | 0:34:19 | 8,04 | 7:28 |
| 113 | 371 | Pelgrims Anny | Meerbeek | | 1945 | VMAS | 29 | 0:34:22 | 8,03 | 7:28 |
| 114 | 349 | Bauters Godelieve | | | 1951 | VMAS | 30 | | | |

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| PL | NR | Naam | Woonplaats | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|----------------------|-----------------|---------------|------|------|-------|---------|-------|---------|
| 1 | 500 | Segers Davy | Bekkevoort | DCLA | 1977 | MSEN | 1 | 0:29:56 | 18,16 | 3:18 |
| 2 | 575 | Verdeyen Johan | Tielt-Winge | DCLA | 1961 | MMAS | 1 | 0:30:03 | 18,09 | 3:19 |
| 3 | 413 | Segers Felix | Vilvoorde | VAC | 1956 | MMAS | 2 | 0:30:13 | 17,99 | 3:20 |
| 4 | 433 | Van Roey Johan | Meise | VAC | 1977 | MSEN | 2 | 0:30:52 | 17,61 | 3:24 |
| 5 | 462 | Thoré Martin | Overijse | ACKO | 1965 | MMAS | 3 | 0:31:20 | 17,35 | 3:28 |
| 6 | 401 | Trappeniers Dave | Wilsele | ACKO | 1977 | MSEN | 3 | 0:31:29 | 17,27 | 3:28 |
| 7 | 509 | Jolie Stan | Kortenberg | ACKO | 1966 | MMAS | 4 | 0:31:46 | 17,11 | 3:30 |
| 8 | 412 | Vancampenhout Tom | Vilvoorde | VAC | 1967 | MMAS | 5 | 0:32:02 | 16,97 | 3:32 |
| 9 | 430 | Dumeez Werner | Machelen | VAC | 1967 | MMAS | 6 | 0:32:08 | 16,92 | 3:33 |
| 10 | 502 | Trappeniers Pieter | Leefdaal | BERTEM | 1974 | MSEN | 4 | 0:32:21 | 16,80 | 3:34 |
| 11 | 520 | Van Roey Koen | Kortenberg | EXCUUS KTB | 1981 | MSEN | 5 | 0:32:40 | 16,64 | 3:36 |
| 12 | 546 | Torfs Pieter | Leuven | DCLA | 1974 | MSEN | 6 | 0:32:57 | 16,50 | 3:38 |
| 13 | 451 | Somers Bart | Vaalbeek | ACKO | 1971 | MSEN | 7 | 0:33:06 | 16,42 | 3:39 |
| 14 | 519 | Wachtelaer Jeroen | Winksele | | 1979 | MSEN | 8 | 0:33:25 | 16,27 | 3:41 |
| 15 | 434 | Goovaerts Jean | Haacht | ROBA | 1950 | MMAS | 7 | 0:33:44 | 16,11 | 3:43 |
| 16 | 441 | Galle Jan | Hofstade | VAC | 1963 | MMAS | 8 | 0:33:55 | 16,03 | 3:45 |
| 17 | 480 | Huygens Eddy | Grimbergen | SPVI | 1958 | MMAS | 9 | 0:34:07 | 15,93 | 3:46 |
| 18 | 521 | Verloy Jonny | Londerzeel | MTT | 1960 | MMAS | 10 | 0:34:34 | 15,73 | 3:49 |
| 19 | 436 | Lissens Daniel | Bierbeek | DEMARSIN | 1947 | MMAS | 11 | 0:34:51 | 15,60 | 3:51 |
| 20 | 410 | Elsen Paul | Tielt-Winge | DEMARSIN | 1950 | MMAS | 12 | 0:35:31 | 15,31 | 3:55 |
| 21 | 454 | Trappeniers Nele | Ersp-Kwerps | ACKO | 1978 | VSEN | 1 | 0:35:53 | 15,15 | 3:58 |
| 22 | 428 | Frederickx Willy | Bekkevoort | PEGASUS TIELT | 1957 | MMAS | 13 | 0:35:54 | 15,14 | 3:58 |
| 23 | 416 | Herbots Bert | Machelen | VAC | 1967 | MMAS | 14 | 0:35:56 | 15,13 | 3:58 |
| 24 | 420 | Broothaerts Joss | Kapelle o/d Bos | | 1955 | MMAS | 15 | 0:35:57 | 15,12 | 3:58 |
| 25 | 446 | De Mars Jan | Meise | | 1957 | MMAS | 16 | 0:36:02 | 15,09 | 3:59 |
| 26 | 460 | Goovaerts Danny | Veltem | JC VELTEM | 1961 | MMAS | 17 | 0:36:18 | 14,98 | 4:00 |
| 27 | 551 | Baker John | Tervuren | | 1945 | MMAS | 18 | 0:36:22 | 14,95 | 4:01 |
| 28 | 404 | Trappeniers Octaaf | Erps-Kwerps | ACKO | 1953 | MMAS | 19 | 0:36:27 | 14,91 | 4:01 |
| 29 | 435 | Verhelpen Bart | Everberg | MTT | 1980 | MSEN | 9 | 0:36:50 | 14,76 | 4:04 |
| 30 | 586 | Huts Sven | Vossem | | 1973 | MSEN | 10 | 0:36:55 | 14,73 | 4:04 |
| 31 | 425 | Beutels Maurice | Bekkevoort | PEGASUS TIELT | 1948 | MMAS | 20 | 0:37:08 | 14,64 | 4:06 |
| 32 | 588 | Trappeniers Lesley | Kortenberg | DCLA | 1988 | VJUN | 1 | 0:37:10 | 14,63 | 4:06 |
| 33 | 492 | Bos Johan | Kortenberg | ACKO | 1957 | MMAS | 21 | 0:37:12 | 14,61 | 4:06 |
| 34 | 444 | Torfs Leo | Leefdaal | TDL | 1952 | VMAS | 1 | 0:37:26 | 14,52 | 4:08 |
| 35 | 587 | Kumps Nicolas | Tervuren | | 1971 | MSEN | 11 | 0:37:53 | 14,35 | 4:11 |
| 36 | 422 | Degeest Geert | Bekkevoort | PEGASUS | 1954 | MMAS | 22 | 0:37:55 | 14,34 | 4:11 |
| 37 | 557 | Dockx Ghislain | Sterrebeek | ACKO | 1950 | MMAS | 23 | 0:37:57 | 14,32 | 4:11 |
| 38 | 476 | Neefs Benny | Winksele-Delle | | 1968 | MMAS | 24 | 0:38:01 | 14,30 | 4:12 |
| 39 | 409 | Van de Gaer Jan | Tielt-Winge | | 1951 | MMAS | 25 | 0:38:11 | 14,24 | 4:13 |
| 40 | 452 | D'Haene Katie | Wilrijk | DCLA | 1972 | VSEN | 2 | 0:38:37 | 14,08 | 4:16 |
| 41 | 510 | Vandenbergh Norman | Haasrode | | 1968 | MMAS | 26 | 0:38:43 | 14,04 | 4:16 |
| 42 | 505 | De Ridder Urbain | Brussel | DTTA | 1969 | MMAS | 27 | 0:38:49 | 14,00 | 4:17 |
| 43 | 481 | Trooskens Gilbert | Vilvoorde | SPVI | 1952 | MMAS | 28 | 0:38:51 | 13,99 | 4:17 |
| 44 | 465 | Enis Anita | Wezemaal | DCLA | 1961 | VMAS | 2 | 0:38:53 | 13,98 | 4:18 |
| 45 | 545 | Claes Jean | Grimbergen | SPVI | 1945 | MMAS | 29 | 0:38:55 | 13,97 | 4:18 |
| 46 | 471 | Van Rompaey Andre | Betekom | | 1955 | MMAS | 30 | 0:39:07 | 13,90 | 4:19 |
| 47 | 477 | Winnelinckx Marcella | Kortenberg | ACKO | 1957 | VMAS | 3 | 0:39:22 | 13,81 | 4:21 |
| 48 | 547 | Soetemans Bart | Vossem | | 1970 | MMAS | 31 | 0:39:24 | 13,80 | 4:21 |

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|----|-----|-----------------------|----------------|--------------|------|------|-------|---------|-------|---------|
| 49 | 448 | De Vylder Rony | Houtem | ACKO | 1960 | MMAS | 32 | 0:39:31 | 13,76 | 4:22 |
| 50 | 539 | Lenseclaes Sven | Heverlee | | 1985 | MSEN | 12 | 0:39:33 | 13,74 | 4:22 |
| 51 | 540 | Withofs Erik | Steenokkerzeel | ACKO | 1964 | MMAS | 33 | 0:39:42 | 13,69 | 4:23 |
| 52 | 566 | Vissenaekens Geert | Nederokkerzeel | | 1967 | MMAS | 34 | 0:39:50 | 13,65 | 4:24 |
| 53 | 473 | Van de Weghe Dirk | Vilvoorde | MAC | 1959 | MMAS | 35 | 0:40:02 | 13,58 | 4:25 |
| 54 | 486 | Van Laenegem Dirk | Erps-Kwerps | ACKO | 1967 | MMAS | 36 | 0:40:29 | 13,43 | 4:28 |
| 55 | 466 | Patron Hugo | Heverlee | DCLA | 1950 | MMAS | 37 | 0:40:35 | 13,39 | 4:29 |
| 56 | 421 | Baudery Marc | Dendermonde | ACDL | 1943 | MMAS | 38 | 0:40:39 | 13,37 | 4:29 |
| 57 | 529 | Pollentier Michel | Oud-Heverlee | | 1949 | MMAS | 39 | 0:40:41 | 13,36 | 4:29 |
| 58 | 590 | Roeckx Stijn | Erps-Kwerps | | 1974 | MSEN | 13 | 0:40:43 | 13,35 | 4:30 |
| 59 | 503 | Dullemans Paul | Merksem | | 1943 | MMAS | 40 | 0:40:46 | 13,33 | 4:30 |
| 60 | 439 | Vangoidsenhoven Jan | Keerbergen | AVZK | 1966 | MMAS | 41 | 0:40:53 | 13,30 | 4:31 |
| 61 | 550 | Goovaerts Michel | Kortenber | | 1963 | MMAS | 42 | 0:41:01 | 13,25 | 4:32 |
| 62 | 589 | Verloy Rita | Kortenber | DCLA | 1960 | VMAS | 4 | 0:41:07 | 13,22 | 4:32 |
| 63 | 443 | Scheveneels Guy | Hofstade | | 1981 | MSEN | 14 | 0:41:10 | 13,20 | 4:33 |
| 64 | 488 | Peirlinck Marc | Herent | JC VELTEM | 1962 | MMAS | 43 | 0:41:14 | 13,18 | 4:33 |
| 65 | 497 | Fluyt Monique | Machelen | MAC | 1963 | VMAS | 5 | 0:41:15 | 13,18 | 4:33 |
| 66 | 484 | Witvrouw Albert | Vilvoorde | SPVI | 1949 | MMAS | 44 | 0:41:21 | 13,15 | 4:34 |
| 67 | 411 | Janssens Henri | Lubbeek | DEMARSIN | 1933 | MMAS | 45 | 0:41:27 | 13,11 | 4:35 |
| 68 | 515 | Van Meerbeeck Magda | Zaventem | | 1948 | VMAS | 6 | 0:41:36 | 13,07 | 4:35 |
| 69 | 496 | Teichmann Paul | Tervuren | BNB | 1959 | MMAS | 46 | 0:41:45 | 13,02 | 4:36 |
| 70 | 512 | Bellemans Dirk | Erps-Kwerps | | 1966 | MMAS | 47 | 0:41:51 | 12,99 | 4:37 |
| 71 | 281 | Antoon Christoph | | | | MSEN | 15 | 0:41:53 | 12,98 | 4:37 |
| 72 | 456 | Wylleman Thierry | Winksele | JC VELTEM | 1971 | MSEN | 16 | 0:41:57 | 12,96 | 4:38 |
| 73 | 507 | Vanwasbroecl Luc | Korbeek-Dijle | IND | 1961 | MMAS | 48 | 0:42:07 | 12,91 | 4:39 |
| 74 | 560 | Rengle Koen | Leefdaal | JOGCLUB | 1956 | MMAS | 49 | 0:42:10 | 12,89 | 4:39 |
| 75 | 504 | Verbist Louis | Meerbeek | ACKO | 1945 | MMAS | 50 | 0:42:15 | 12,87 | 4:40 |
| 76 | 440 | Verheyden Rosette | Erps-Kwerps | ACKO | 1963 | VMAS | 7 | 0:42:17 | 12,86 | 4:40 |
| 77 | 415 | Ertveldt Carine | Kortenber | ACKO | 1965 | VMAS | 8 | 0:42:24 | 12,82 | 4:41 |
| 78 | 562 | Kennis Gerrit | Erps-Kwerps | ACKO | 1964 | MMAS | 51 | 0:42:27 | 12,81 | 4:41 |
| 79 | 408 | Vandaele Jos | Mortsel | AGFA | 1950 | MMAS | 52 | 0:42:30 | 12,79 | 4:41 |
| 80 | 498 | Engels Wim | Kortenber | ACKO | 1971 | MSEN | 17 | 0:42:33 | 12,78 | 4:42 |
| 81 | 485 | Rosvelds Marcel | Heverlee | | 1967 | MMAS | 53 | 0:42:42 | 12,73 | 4:43 |
| 82 | 491 | Deckers Peter | Leuven | | 1978 | MSEN | 18 | 0:42:45 | 12,72 | 4:43 |
| 83 | 581 | De Feyter Caroline | Erps-Kwerps | ACKO | 1959 | VMAS | 9 | 0:42:58 | 12,65 | 4:45 |
| 84 | 458 | Van Dam David | Kortenber | LOS CARLITOS | 1979 | MSEN | 19 | 0:43:05 | 12,62 | 4:45 |
| 85 | 423 | Ceusters Dominique | Kortenber | ACKO | 1956 | MMAS | 54 | 0:43:11 | 12,59 | 4:46 |
| 86 | 535 | Van Eerdewegh Francis | Oetingen | BVL | 1969 | MMAS | 55 | 0:43:12 | 12,58 | 4:46 |
| 87 | 429 | Hollemans Geert | Nossegem | ACKO | 1968 | MMAS | 56 | 0:43:15 | 12,57 | 4:46 |
| 88 | 591 | Itterbeek Serge | Steenokkerzeel | MTT | 1963 | MMAS | 57 | 0:43:17 | 12,56 | 4:47 |
| 89 | 561 | De Bauw Kris | Kortenber | ACKO | 1960 | MMAS | 58 | 0:43:19 | 12,55 | 4:47 |
| 90 | 414 | Vandenboer Sven | Nossegem | VAMB | 1992 | MJUN | 1 | 0:43:31 | 12,49 | 4:48 |
| 91 | 432 | De Meyer Marc | Kortenber | ACKO | 1979 | MSEN | 20 | 0:43:47 | 12,42 | 4:50 |
| 92 | 455 | Costermans Ludo | Zemst | | 1958 | MMAS | 59 | 0:43:58 | 12,36 | 4:51 |
| 93 | 459 | Meremans Olivier | Kortenber | LOS CARLITOS | 1981 | MSEN | 21 | 0:43:59 | 12,36 | 4:51 |
| 94 | 419 | Siperius Michel | S.P.-Leeuw | JOGGERS BEE | 1966 | MMAS | 60 | 0:44:04 | 12,34 | 4:52 |
| 95 | 514 | Mafranckx Pieter | Steenokkerzeel | | 1980 | MSEN | 22 | 0:44:06 | 12,33 | 4:52 |
| 96 | 426 | De Bruycker Wim | Overmere | | 1975 | MSEN | 23 | 0:44:26 | 12,23 | 4:54 |
| 97 | 472 | Capper Christophe | Machelen | | 1980 | MSEN | 24 | 0:44:28 | 12,22 | 4:54 |
| 98 | 495 | Van de Vijver Herman | Kessel-lo | SPRZA | 1946 | MMAS | 61 | 0:44:30 | 12,22 | 4:55 |
| 99 | 568 | Rummens Mark | Oud-Heverlee | | 1955 | MMAS | 62 | 0:44:33 | 12,20 | 4:55 |

| PL | NR | Naam | Woonplaats | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|----------------|------------|------|------|-------|---------|-------|---------|
| 100 | 468 | Blockmans Marcel | Haacht | ROBA | 1933 | MMAS | 63 | 0:44:47 | 12,14 | 4:57 |
| 101 | 576 | De Koninck Kan | Erps-Kwerps | | 1964 | MMAS | 64 | 0:44:51 | 12,12 | 4:57 |
| 102 | 543 | Van Eerdeweg Christine | Schepdaal | BVL | 1968 | VMAS | 10 | 0:44:55 | 12,10 | 4:57 |
| 103 | 461 | Gielis Martine | Veltem | JC VELTEM | 1963 | VMAS | 11 | 0:44:56 | 12,10 | 4:58 |
| 104 | 552 | De Cremer Bart | Kortenberg | EXCUUS KTB | 1982 | MSEN | 25 | 0:45:00 | 12,08 | 4:58 |
| 105 | 506 | Mesue Rémi | Erps-Kwerps | ACKO | 1936 | MMAS | 65 | 0:45:04 | 12,06 | 4:58 |
| 106 | 549 | De Bontridder Joep | Bertem | ACKO | 1989 | MJUN | 2 | 0:45:06 | 12,05 | 4:59 |
| 107 | 533 | Van Camp Annie | | RCT | 1940 | VMAS | 12 | 0:45:09 | 12,04 | 4:59 |
| 108 | 532 | Nolis Louis | Leuven | BERTEM | 1940 | MMAS | 66 | 0:45:11 | 12,03 | 4:59 |
| 109 | 570 | Wiers Johnny | Meerbeek | | 1966 | MMAS | 67 | 0:45:22 | 11,98 | 5:00 |
| 110 | 571 | Bogaerts Josée | Meerbeek | | 1967 | VMAS | 13 | 0:45:23 | 11,98 | 5:01 |
| 111 | 464 | Kinnaerts Katrien | Veltem-Beisem | JC VELTEM | 1967 | VMAS | 14 | 0:45:25 | 11,97 | 5:01 |
| 112 | 582 | Moutschen Jean-Marie | Everberg | ACKO | 1959 | MMAS | 68 | 0:45:26 | 11,96 | 5:01 |
| 113 | 403 | De Cnijf Chloë | Kortenberg | ACKO | 1989 | VJUN | 2 | 0:45:28 | 11,96 | 5:01 |
| 114 | 437 | Pauwels Marc | Wezembeek | | 1968 | MMAS | 69 | 0:45:30 | 11,95 | 5:01 |
| 115 | 427 | Haesevoets Patrick | Zaventem | ACKO | 1964 | MMAS | 70 | 0:45:38 | 11,91 | 5:02 |
| 116 | 526 | Feyaerts Ludo | Boortmeerbeek | JOKA | 1963 | MMAS | 71 | 0:45:50 | 11,86 | 5:04 |
| 117 | 569 | Munier Marc | Meerbeek | ACKO | 1960 | MMAS | 72 | 0:45:57 | 11,83 | 5:04 |
| 118 | 447 | Declerck Rita | Houtem | ACKO | 1960 | VMAS | 15 | 0:45:59 | 11,82 | 5:05 |
| 119 | 564 | Van Laere André | Linden | | 1945 | MMAS | 73 | 0:46:00 | 11,82 | 5:05 |
| 120 | 592 | Vranckx Annie | Schepdaal | HENKEL | 1962 | VMAS | 16 | 0:46:02 | 11,81 | 5:05 |
| 121 | 442 | Mees Viviane | Winksele | ACKO | 1957 | VMAS | 17 | 0:46:13 | 11,76 | 5:06 |
| 122 | 574 | Dereymaeker Bea | Everberg | ACKO | 1961 | VMAS | 18 | 0:46:15 | 11,75 | 5:06 |
| 123 | 467 | Otte Dirk | Bertem | BERTEM | 1960 | MMAS | 74 | 0:46:17 | 11,75 | 5:07 |
| 124 | 583 | Van Haegenborgh Geert | Rotselaar | | 1967 | MMAS | 75 | 0:46:25 | 11,71 | 5:07 |
| 125 | 516 | Willems Roger | Tielt-Winge | | 1956 | MMAS | 76 | 0:46:30 | 11,69 | 5:08 |
| 126 | 499 | Kools Piet | Kortenberg | ACKO | 1950 | MMAS | 77 | 0:46:32 | 11,68 | 5:08 |
| 127 | 585 | Vanhaute Suzy | Nossegem | ACKO | 1963 | VMAS | 19 | 0:46:35 | 11,67 | 5:08 |
| 128 | 584 | Bleyen François | Nossegem | | 1963 | MMAS | 78 | 0:46:37 | 11,66 | 5:09 |
| 129 | 518 | Duron Nadine | Vilvoorde | SPVI | 1962 | VMAS | 20 | 0:46:40 | 11,65 | 5:09 |
| 130 | 431 | Van Opstal Pierre | Steenokkerzeel | ACKO | 1944 | MMAS | 79 | 0:46:43 | 11,64 | 5:09 |
| 131 | 417 | Mertens Hubert | Diest | DEMARSIN | 1951 | MMAS | 80 | 0:46:46 | 11,62 | 5:10 |
| 132 | 405 | Jaspers Patricia | Kortenberg | ACKO | 1960 | VMAS | 21 | 0:46:51 | 11,60 | 5:10 |
| 133 | 563 | Doms Harry | Linden | | 1948 | MMAS | 81 | 0:47:11 | 11,52 | 5:12 |
| 134 | 528 | Lemmens Mia | Bertem | BERTEM | 1950 | VMAS | 22 | 0:47:14 | 11,51 | 5:13 |
| 135 | 511 | Nackom Raymond | Ersp-Kwerps | | 1947 | MMAS | 82 | 0:47:19 | 11,49 | 5:13 |
| 136 | 457 | Vrebos Lena | Meerbeek | ACKO | 1967 | VMAS | 23 | 0:47:21 | 11,48 | 5:14 |
| 137 | 558 | Van Camp Christine | Leefdaal | JOGCLUB | 1955 | VMAS | 24 | 0:47:38 | 11,41 | 5:15 |
| 138 | 449 | Detiege Luc | Kortenberg | | 1952 | MMAS | 83 | 0:47:42 | 11,40 | 5:16 |
| 139 | 542 | Halleman Jean | Schepdaal | BVL | 1963 | MMAS | 84 | 0:47:50 | 11,36 | 5:17 |
| 140 | 567 | Vanderwegen M. | Wijgmaal | | 1968 | VMAS | 25 | 0:47:55 | 11,34 | 5:17 |
| 141 | 402 | Truyens Aimé | Heverlee | | 1956 | MMAS | 85 | 0:48:00 | 11,33 | 5:18 |
| 142 | 522 | Schoolmeesters Michael | Kortenberg | EXCUUS KTB | 1982 | MSEN | 26 | 0:48:07 | 11,30 | 5:19 |
| 143 | 407 | Schots Julien | Everberg | ACKO | 1935 | MMAS | 86 | 0:48:28 | 11,22 | 5:21 |
| 144 | 463 | Coosemans William | Veltem-Beisem | JC VELTEM | 1968 | MMAS | 87 | 0:48:38 | 11,18 | 5:22 |
| 145 | 580 | Verhoeven Ilse | Erps-Kwerps | ACKO | 1989 | VJUN | 3 | 0:48:48 | 11,14 | 5:23 |
| 146 | 501 | Vandenabeele Jeannine | Machelen | MAC | 1954 | VMAS | 26 | 0:48:50 | 11,13 | 5:23 |
| 147 | 438 | Schoetens anne-Marie | Everberg | ACKO | 1959 | VMAS | 27 | 0:48:56 | 11,11 | 5:24 |
| 148 | 538 | Mellaerts Matias | Blanden | | 1980 | MSEN | 27 | 0:48:59 | 11,10 | 5:24 |
| 149 | 524 | Cockaerts Geert | Meerbeek | | 1963 | MMAS | 88 | 0:49:04 | 11,08 | 5:25 |
| 150 | 478 | Nijs Eva | Erps-Kwerps | ACKO | 1960 | VMAS | 28 | 0:49:24 | 11,00 | 5:27 |

| PL | NR | Naam | Woonplaats | Club | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|----------------|---------|------|------|-------|---------|-------|---------|
| 151 | 573 | Pattyn Jan | Meerbeek | | 1973 | MSEN | 28 | 0:49:30 | 10,98 | 5:28 |
| 152 | 541 | Heymans Ingrid | Peizegem | | 1963 | VMAS | 29 | 0:49:34 | 10,97 | 5:28 |
| 153 | 381 | Depre Yvette | Waanrode | DCLA | 1958 | VMAS | 30 | 0:49:36 | 10,96 | 5:28 |
| 154 | 493 | De Greef Sven | Diegem | | 1970 | MMAS | 89 | 0:49:39 | 10,95 | 5:29 |
| 155 | 513 | Berbe Els | Elewijt | SPVI | 1958 | VMAS | 31 | 0:49:40 | 10,94 | 5:29 |
| 156 | 475 | Rombauts Marleen | Machelen | MAC | 1957 | VMAS | 32 | 0:49:43 | 10,93 | 5:29 |
| 157 | 490 | Musschoot Carine | Machelen | MAC | 1960 | VMAS | 33 | 0:49:44 | 10,93 | 5:29 |
| 158 | 453 | Vander Elst René | | | 1943 | MMAS | 90 | 0:49:51 | 10,90 | 5:30 |
| 159 | 548 | De Cock Paul | Vosseem | ACKO | 1945 | MMAS | 91 | 0:50:33 | 10,75 | 5:35 |
| 160 | 565 | Peeters viviane | Nederokkerzeel | | 1962 | VMAS | 34 | 0:50:54 | 10,68 | 5:37 |
| 161 | 418 | Vannieuwenhoven Arthur | Oud-Heverlee | | 1937 | MMAS | 92 | 0:51:10 | 10,62 | 5:39 |
| 162 | 474 | Lamproye Luc | Erps-Kwerps | ACKO | 1960 | MMAS | 93 | 0:51:11 | 10,62 | 5:39 |
| 163 | 555 | Cattel Janet | Brussel | | 1955 | VMAS | 35 | 0:51:16 | 10,60 | 5:40 |
| 164 | 482 | Deygers Dina | Machelen | MAC | 1956 | VMAS | 36 | 0:51:31 | 10,55 | 5:41 |
| 165 | 530 | Kamphuijs Karin | Ukkel | DAC | 1964 | VMAS | 37 | 0:52:16 | 10,40 | 5:46 |
| 166 | 445 | De Mars Lieve | Meise | | 1988 | MJUN | 3 | 0:52:43 | 10,31 | 5:49 |
| 167 | 523 | Wachtelaer Francine | Erps-Kwerps | | 1954 | VMAS | 38 | 0:52:45 | 10,31 | 5:49 |
| 168 | 572 | Peeters Dirk | Meerbeek | ACKO | 1959 | MMAS | 94 | 0:52:50 | 10,29 | 5:50 |
| 169 | 544 | Geysels Dany | | MMEISE | 1960 | MMAS | 95 | 0:52:52 | 10,28 | 5:50 |
| 170 | 517 | Brulemans Jean | Wezemaal | | 1954 | MMAS | 96 | 0:53:03 | 10,25 | 5:51 |
| 171 | 554 | Vannetelbosch Bart | Meerbeek | | 1966 | MMAS | 97 | 0:53:12 | 10,22 | 5:52 |
| 172 | 470 | Van Eycken Suzy | Meerbeek | ACKO | 1965 | VMAS | 39 | 0:53:25 | 10,18 | 5:54 |
| 173 | 536 | Barbier Catherine | Diegem | ACKO | 1967 | VMAS | 40 | 0:53:38 | 10,14 | 5:55 |
| 174 | 537 | Vanderhulst Veerle | Erps-Kwerps | ACKO | 1971 | VSEN | 3 | 0:53:40 | 10,13 | 5:55 |
| 175 | 579 | Penninckx Gaby | Meerbeek | ACKO | 1965 | VMAS | 41 | 0:53:42 | 10,12 | 5:56 |
| 176 | 479 | Borremans Lieve | Kortenbergh | ACKO | 1962 | VMAS | 42 | 0:54:28 | 9,98 | 6:01 |
| 177 | 487 | Vanaudenhaegen Viviane | Tervuren | ACKO | 1953 | VMAS | 43 | 0:54:29 | 9,98 | 6:01 |
| 178 | 577 | Van Meerbeeck Anne | Bertem | LOVAFIT | 1952 | VMAS | 44 | 0:54:34 | 9,96 | 6:01 |
| 179 | 578 | Ronsmans Jos | Bertem | | 1951 | MMAS | 98 | 0:54:37 | 9,95 | 6:02 |
| 180 | 508 | Van Belle Rita | Vilvoorde | MAC | 1956 | VMAS | 45 | 0:54:49 | 9,92 | 6:03 |
| 181 | 559 | Botterquin Michel | Gent | | 1962 | MMAS | 99 | 0:54:52 | 9,91 | 6:03 |
| 182 | 450 | Vandenplas Vik | Brussel | ACKO | 1928 | MMAS | 100 | 0:55:09 | 9,86 | 6:05 |
| 183 | 483 | Van Roye Lieve | Vilvoorde | MAC | 1961 | VMAS | 46 | 0:55:17 | 9,83 | 6:06 |
| 184 | 525 | Vanroose Christine | Meerbeek | | 1964 | VMAS | 47 | 0:55:40 | 9,77 | 6:09 |
| 185 | 553 | Sybens Myriam | Bertem | BERTEM | 1960 | VMAS | 48 | 0:56:15 | 9,66 | 6:13 |
| 186 | 531 | Genijn Ingrid | Heverlee | | 1969 | VMAS | 49 | 0:56:17 | 9,66 | 6:13 |
| 187 | 489 | De Rijck Simonne | Tervuren | ACKO | 1948 | VMAS | 50 | 0:57:00 | 9,54 | 6:17 |
| 188 | 406 | Bruyninckx Maria | Kortenbergh | ACKO | 1960 | VMAS | 51 | 0:58:28 | 9,30 | 6:27 |
| 189 | 469 | Serckx Anne | Kortenbergh | ACKO | 1963 | VMAS | 52 | 0:58:49 | 9,24 | 6:30 |
| 190 | 527 | Vanfraechem Lena | Meerbeek | ACKO | 1954 | VMAS | 53 | 0:59:58 | 9,07 | 6:37 |
| 191 | 424 | Janse Christiane | Kortenbergh | ACKO | 1958 | VMAS | 54 | 1:00:00 | 9,06 | 6:37 |
| 192 | 494 | Engles Nadine | Kortenbergh | ACKO | 1963 | VMAS | 55 | 1:00:58 | 8,92 | 6:44 |
| 193 | 556 | Deuriese | Meerbeek | | 1954 | VMAS | 56 | 1:01:23 | 8,86 | 6:47 |