

22e Dwars door de Zilten Roeselare - 31 mei 2006

3,5 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|---------------|------|-------|---------|-------|---------|
| 1 | 778 | Van Lierde Franky | Geluwe | MMAS | 1 | 0:11:27 | 18,34 | 3:16 |
| 2 | 786 | Derijcke Diederik | Wevelgem | MJUN | 1 | 0:11:56 | 17,60 | 3:25 |
| 3 | 611 | Bogaert Joris | Roeselare | MJUN | 2 | 0:12:19 | 17,05 | 3:31 |
| 4 | 686 | Lannoy Klaas | Geluveld | MJUN | 3 | 0:12:45 | 16,47 | 3:39 |
| 5 | 721 | Van De Walle Vincent | Roeselare | MJUN | 4 | 0:12:56 | 16,24 | 3:42 |
| 6 | 777 | Van Lierde Sharon | Geluwe | VJUN | 1 | 0:13:17 | 15,81 | 3:48 |
| 7 | 784 | Tally Simon | Roeselare | MJUN | 5 | 0:13:34 | 15,48 | 3:53 |
| 8 | 653 | Depotter Louis | Koksijde | MJUN | 6 | 0:13:39 | 15,38 | 3:54 |
| 9 | 732 | Verstraete Pieter | Roeselare | MJUN | 7 | 0:13:41 | 15,35 | 3:55 |
| 10 | 806 | Vandekerckhove Gregory | Kuurne | MSEN | 1 | 0:13:59 | 15,02 | 4:00 |
| 11 | 798 | Carlu Koen | Roeselare | MSEN | 2 | 0:14:01 | 14,98 | 4:00 |
| 12 | 626 | Neyrinck Karen | Menen | VJUN | 2 | 0:14:02 | 14,96 | 4:01 |
| 13 | 796 | Vandenbulcke Jens | Geluwe | MJUN | 8 | 0:14:13 | 14,77 | 4:04 |
| 14 | 610 | Assez Inez | Kortemark | VJUN | 3 | 0:14:23 | 14,60 | 4:07 |
| 15 | 797 | Van Damme Stijn | Roeselare | MJUN | 9 | 0:14:25 | 14,57 | 4:07 |
| 16 | 781 | Vancompernelle Layla | Zonnebeke | VJUN | 4 | 0:14:39 | 14,33 | 4:11 |
| 17 | 771 | Vanrobaeys Michael | Roeselare | MJUN | 10 | 0:14:54 | 14,09 | 4:15 |
| 18 | 743 | Vanoverberghe Tom | Dapalo | MJUN | 11 | 0:14:57 | 14,05 | 4:16 |
| 19 | 785 | Sercu Francis | Westrozebeke | MJUN | 12 | 0:15:17 | 13,74 | 4:22 |
| 20 | 623 | Desmet Greet | Dapalo | VMAS | 1 | 0:15:18 | 13,73 | 4:22 |
| 21 | 818 | De Bevere Michel | Rumbeke | MSEN | 3 | 0:15:19 | 13,71 | 4:23 |
| 22 | 644 | Clerebaut Sander | Rumbeke | MJUN | 13 | 0:15:27 | 13,59 | 4:25 |
| 23 | 640 | Claerbout Gerda | Slypskapelle | VMAS | 2 | 0:15:52 | 13,24 | 4:32 |
| 24 | 624 | Hauspie Bert | Dapalo | MSEN | 4 | 0:15:52 | 13,24 | 4:32 |
| 25 | 812 | Vandenbroucke Ronny | Oekene | MMAS | 2 | 0:15:56 | 13,18 | 4:33 |
| 26 | 801 | Vandenbroucke Tom | Oekene | MJUN | 14 | 0:15:57 | 13,17 | 4:33 |
| 27 | 662 | Dewulf Dieter | Roeselare | MJUN | 15 | 0:16:10 | 12,99 | 4:37 |
| 28 | 700 | Piceu Mathias | Roeselare | MJUN | 16 | 0:16:11 | 12,98 | 4:37 |
| 29 | 622 | Delva Gauthier | Dapalo | MJUN | 17 | 0:16:17 | 12,90 | 4:39 |
| 30 | 616 | Bonte Gudrun | Dapalo | VMAS | 3 | 0:16:18 | 12,88 | 4:39 |
| 31 | 722 | Vanhooren Emmie | Roeselare | VJUN | 5 | 0:16:19 | 12,87 | 4:40 |
| 32 | 775 | Landuyt Ella | Roeselare | VJUN | 6 | 0:16:21 | 12,84 | 4:40 |
| 33 | 776 | De Ruyck Jonas | Deinze | MJUN | 18 | 0:16:22 | 12,83 | 4:41 |
| 34 | 787 | Vandenbergh Lore | Roeselare | VJUN | 7 | 0:16:39 | 12,61 | 4:45 |
| 35 | 744 | Vanoverberghe Nele | Dapalo | VJUN | 8 | 0:16:42 | 12,57 | 4:46 |
| 36 | 675 | Hernandez Ycano Maxim | Moorslede | MJUN | 19 | 0:16:44 | 12,55 | 4:47 |
| 37 | 646 | De Batselier Cédric | Ardoois | MJUN | 20 | 0:16:45 | 12,54 | 4:47 |
| 38 | 753 | Deman Kenji | Roeselare | MJUN | 21 | 0:16:46 | 12,52 | 4:47 |
| 39 | 823 | Simmesael Nicholas | Roeselare | MJUN | 22 | 0:16:56 | 12,40 | 4:50 |
| 40 | 710 | Sercu Tom | Roeselare | MJUN | 23 | 0:16:57 | 12,39 | 4:51 |
| 41 | 673 | Gryffroy Martijn | Izegem | MJUN | 24 | 0:16:58 | 12,38 | 4:51 |
| 42 | 716 | Tally Geert | Roeselare | MMAS | 3 | 0:17:00 | 12,35 | 4:51 |
| 43 | 766 | Westyn Jens | Roeselare | MJUN | 25 | 0:17:02 | 12,33 | 4:52 |
| 44 | 643 | Clerebaut Ruben | Rumbeke | MJUN | 26 | 0:17:10 | 12,23 | 4:54 |
| 45 | 664 | Dierynck Koen | Roeselare | MMAS | 4 | 0:17:22 | 12,09 | 4:58 |
| 46 | 684 | Lakiere Martine | Roeselare | VMAS | 4 | 0:17:23 | 12,08 | 4:58 |
| 47 | 656 | Deseyn Jeroen | Roeselare | MSEN | 5 | 0:17:28 | 12,02 | 4:59 |
| 48 | 734 | Villatoro Sergio | Huehuetenango | MSEN | 6 | 0:17:34 | 11,95 | 5:01 |
| 49 | 794 | Landuyt Kaat | Roeselare | VJUN | 9 | 0:17:35 | 11,94 | 5:01 |
| 50 | 795 | Martin Sofie | Roeselare | VMAS | 5 | 0:17:36 | 11,93 | 5:02 |
| 51 | 765 | Ansaelens Matthias | Roeselare | MJUN | 27 | 0:17:45 | 11,83 | 5:04 |
| 52 | 772 | Deroo Thibault | Roeselare | MJUN | 28 | 0:17:49 | 11,79 | 5:05 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|--------------------|------|-------|---------|-------|---------|
| 53 | 782 | Kerremans Axel | Oostnieuwkerke | MJUN | 29 | 0:17:50 | 11,78 | 5:06 |
| 54 | 625 | Louage Jasmien | Dapalo | VJUN | 10 | 0:17:52 | 11,75 | 5:06 |
| 55 | 621 | Decat Jolien | Dapalo | VJUN | 11 | 0:17:53 | 11,74 | 5:07 |
| 56 | 652 | Demuynck Dirk | Torhout | MMAS | 5 | 0:17:55 | 11,72 | 5:07 |
| 57 | 639 | Cappelle Helene | Roeselare | VJUN | 12 | 0:17:58 | 11,69 | 5:08 |
| 58 | 821 | Delva Joachim | Roeselare | MJUN | 30 | 0:17:59 | 11,68 | 5:08 |
| 59 | 650 | Dejonckheere Jean-Paul | Roeselare | MMAS | 6 | 0:18:01 | 11,66 | 5:09 |
| 60 | 763 | Verplancke Lieve | Izegem | VMAS | 6 | 0:18:07 | 11,59 | 5:11 |
| 61 | 720 | Van De Walle Dieter | Roeselare | MJUN | 31 | 0:18:09 | 11,57 | 5:11 |
| 62 | 685 | Landuyt Piet | Roeselare | MMAS | 7 | 0:18:26 | 11,39 | 5:16 |
| 63 | 680 | Hubaux Caroline | Roeselare | VSEN | 1 | 0:18:28 | 11,37 | 5:17 |
| 64 | 741 | Jaenen Seppe | Roeselare | MJUN | 32 | 0:18:42 | 11,23 | 5:21 |
| 65 | 756 | Debergh Henri | Diksmuide | MJUN | 33 | 0:18:43 | 11,22 | 5:21 |
| 66 | 755 | Lawton Victor | Roeselare | MJUN | 34 | 0:19:01 | 11,04 | 5:26 |
| 67 | 830 | Vandecandelaere Sofie | Roeselare | VSEN | 2 | 0:19:03 | 11,02 | 5:27 |
| 68 | 829 | Verstraete Isabel | Roeselare | VSEN | 3 | 0:19:07 | 10,99 | 5:28 |
| 69 | 815 | Nevejan Arthur | Hooglede | MJUN | 35 | 0:19:13 | 10,93 | 5:29 |
| 70 | 833 | Roelens Roderik | Passendale | MJUN | 36 | 0:19:14 | 10,92 | 5:30 |
| 71 | 725 | Van Slambrouck Louis | Roeselare | MJUN | 37 | 0:19:15 | 10,91 | 5:30 |
| 72 | 754 | Dewachtere Kevin | Roeselare | MJUN | 38 | 0:19:22 | 10,84 | 5:32 |
| 73 | 813 | Blomme Micheline | | VMAS | 7 | 0:19:23 | 10,83 | 5:32 |
| 74 | 739 | Debaere Kevin | Roeselare | MJUN | 39 | 0:19:25 | 10,82 | 5:33 |
| 75 | 635 | Boscart Ellen | Rekkem | VSEN | 4 | 0:19:27 | 10,80 | 5:33 |
| 76 | 768 | Pierar Roma | Roeselare | VJUN | 13 | 0:19:30 | 10,77 | 5:34 |
| 77 | 774 | Volckaert Annelies | Roeselare | VSEN | 5 | 0:19:39 | 10,69 | 5:37 |
| 78 | 792 | Plancke Elise | Roeselare | VJUN | 14 | 0:19:51 | 10,58 | 5:40 |
| 79 | 825 | Allegaert Mathias | Rumbeke | MJUN | 40 | 0:20:00 | 10,50 | 5:43 |
| 80 | 762 | Vanneste Lucienne | Sint Eloois Winkel | VMAS | 8 | 0:20:01 | 10,49 | 5:43 |
| 81 | 723 | Vanhooren Evi | Roeselare | VJUN | 15 | 0:20:02 | 10,48 | 5:43 |
| 82 | 715 | Tack Linda | Roeselare | VMAS | 9 | 0:20:03 | 10,47 | 5:44 |
| 83 | 783 | Kerremans Maxim | Oostnieuwkerke | MJUN | 41 | 0:20:06 | 10,45 | 5:45 |
| 84 | 641 | Claeys Tina | Roeselare | VSEN | 6 | 0:20:07 | 10,44 | 5:45 |
| 85 | 820 | Desal Caroline | Oekene | VSEN | 7 | 0:20:08 | 10,43 | 5:45 |
| 86 | 618 | Bruggeman Elien | Dapalo | VJUN | 16 | 0:20:10 | 10,41 | 5:46 |
| 87 | 617 | Bruggeman Chris | Dapalo | MMAS | 8 | 0:20:11 | 10,40 | 5:46 |
| 88 | 827 | Leye Sofie | Roeselare | VJUN | 17 | 0:20:12 | 10,40 | 5:46 |
| 89 | 826 | Leye Nathalie | Roeselare | VJUN | 18 | 0:20:13 | 10,39 | 5:47 |
| 90 | 654 | Depotter Sara | Koksijde | VSEN | 8 | 0:20:14 | 10,38 | 5:47 |
| 91 | 703 | Roosen Marleen | Oudenaarde | VSEN | 9 | 0:20:16 | 10,36 | 5:47 |
| 92 | 779 | Demeyere Griet | Beselare | VSEN | 10 | 0:20:17 | 10,35 | 5:48 |
| 93 | 633 | Bauwens Lisa | Zonnebeke | VJUN | 19 | 0:20:18 | 10,34 | 5:48 |
| 94 | 696 | Nelis An Sofie | Roeselare | VSEN | 11 | 0:20:27 | 10,27 | 5:51 |
| 95 | 669 | Fossaert Joke | Hooglede | VJUN | 20 | 0:20:28 | 10,26 | 5:51 |
| 96 | 665 | Duboccage Luk | Rumbeke | MMAS | 9 | 0:20:32 | 10,23 | 5:52 |
| 97 | 604 | Wegsteen Trui | Roeselare | VSEN | 12 | 0:20:37 | 10,19 | 5:53 |
| 98 | 679 | Hostens Martine | Roeselare | VMAS | 10 | 0:20:38 | 10,18 | 5:54 |
| 99 | 748 | Vanoverbeke Karen | Drongen | VSEN | 13 | 0:20:39 | 10,17 | 5:54 |
| 100 | 603 | Vandenbunder Gudrun | Roeselare | VMAS | 11 | 0:20:41 | 10,15 | 5:55 |
| 101 | 835 | Schramme Justine | Kachtem | VJUN | 21 | 0:20:43 | 10,14 | 5:55 |
| 102 | 602 | Vanneste Nico | Harelbeke | MSEN | 7 | 0:20:43 | 10,14 | 5:55 |
| 103 | 760 | Verbrugge Jonas | Roeselare | MJUN | 42 | 0:20:49 | 10,09 | 5:57 |
| 104 | 628 | Amerlinck Saskia | Menen | VSEN | 14 | 0:20:53 | 10,06 | 5:58 |
| 105 | 788 | Boeten Julie | Roeselare | VJUN | 22 | 0:20:55 | 10,04 | 5:59 |
| 106 | 697 | Ollevier Francis | Komen | MMAS | 10 | 0:21:00 | 10,00 | 6:00 |
| 107 | 733 | Verstraete Willem | Roeselare | MJUN | 43 | 0:21:07 | 9,94 | 6:02 |
| 108 | 824 | Sinnesael Alex | Roeselare | MJUN | 44 | 0:21:08 | 9,94 | 6:02 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|--------------------|-------------------|------|-------|---------|------|---------|
| 109 | 634 | Benoit Sien | Heule | VJUN | 23 | 0:21:09 | 9,93 | 6:03 |
| 110 | 810 | Meyus Nina | Izegem | VSEN | 15 | 0:21:13 | 9,90 | 6:04 |
| 111 | 809 | Lamote Delphine | Sint-Elooiswinkel | VSEN | 16 | 0:21:14 | 9,89 | 6:04 |
| 112 | 742 | Deltomme Els | Dapalo | VMAS | 12 | 0:21:16 | 9,87 | 6:05 |
| 113 | 690 | Lefevere Henri | Zarren | MMAS | 11 | 0:21:17 | 9,87 | 6:05 |
| 114 | 738 | Lottin Tammy | Kortrijk | VJUN | 24 | 0:21:23 | 9,82 | 6:07 |
| 115 | 737 | Watteny Tom | Roeselare | MJUN | 45 | 0:21:29 | 9,78 | 6:08 |
| 116 | 692 | Maenhout Eddy | Roeselare | MMAS | 12 | 0:21:33 | 9,74 | 6:09 |
| 117 | 660 | De Vriendt Isabel | Roeselare | VJUN | 25 | 0:21:35 | 9,73 | 6:10 |
| 118 | 670 | Gadeyne Eva | Roeselare | VJUN | 26 | 0:21:37 | 9,71 | 6:11 |
| 119 | 708 | Sercu Hanne | Roeselare | VJUN | 27 | 0:21:38 | 9,71 | 6:11 |
| 120 | 731 | Verscheure Katrien | Roeselare | VMAS | 13 | 0:21:39 | 9,70 | 6:11 |
| 121 | 694 | Moerman Nathalie | Roeselare | VJUN | 28 | 0:21:40 | 9,69 | 6:11 |
| 122 | 613 | Tanghe Jeannine | Roeselare | VMAS | 14 | 0:21:41 | 9,68 | 6:12 |
| 123 | 663 | Dewulf Dirk | Roeselare | MMAS | 13 | 0:21:46 | 9,65 | 6:13 |
| 124 | 730 | Vermote Anja | Roeselare | VMAS | 15 | 0:21:47 | 9,64 | 6:13 |
| 125 | 651 | Deleu Hilde | Rumbeke | VMAS | 16 | 0:21:48 | 9,63 | 6:14 |
| 126 | 803 | Colpaert Elke | Ledegem | VJUN | 29 | 0:21:53 | 9,60 | 6:15 |
| 127 | 804 | Wylin Maddy | Ledegem | VSEN | 17 | 0:21:54 | 9,59 | 6:15 |
| 128 | 793 | Six Vitalie | Zonnebeke | VMAS | 17 | 0:21:57 | 9,57 | 6:16 |
| 129 | 608 | Sabbe Liesbeth | Oostzebeke | VSEN | 18 | 0:22:00 | 9,55 | 6:17 |
| 130 | 802 | Staessen Annie | Roeselare | VMAS | 18 | 0:22:03 | 9,52 | 6:18 |
| 131 | 819 | Desomme Isabelle | Kachtem | VMAS | 19 | 0:22:05 | 9,51 | 6:19 |
| 132 | 834 | Schramme Manon | Kachtem | VJUN | 30 | 0:22:06 | 9,50 | 6:19 |
| 133 | 657 | Desmet Katrien | Roeselare | VMAS | 20 | 0:22:07 | 9,50 | 6:19 |
| 134 | 740 | Bulcke Sabine | Roeselare | VMAS | 21 | 0:22:08 | 9,49 | 6:19 |
| 135 | 800 | Messeyne Hilde | Hooglede | VMAS | 22 | 0:22:09 | 9,48 | 6:20 |
| 136 | 605 | Gouwy Jeannick | Staden | VMAS | 23 | 0:22:10 | 9,47 | 6:20 |
| 137 | 780 | Cloet Greet | Roeselare | VMAS | 24 | 0:22:14 | 9,45 | 6:21 |
| 138 | 601 | Debergh Valerie | Diksmuide | VJUN | 31 | 0:22:21 | 9,40 | 6:23 |
| 139 | 726 | Van Wesel Griet | Roeselare | VMAS | 25 | 0:22:24 | 9,38 | 6:24 |
| 140 | 746 | Decorte Dieter | Merelbeke | MSEN | 8 | 0:22:32 | 9,32 | 6:26 |
| 141 | 773 | Decock Bjorn | Roeselare | MJUN | 46 | 0:22:38 | 9,28 | 6:28 |
| 142 | 789 | Verfaillie Jelle | Roeselare | MJUN | 47 | 0:22:40 | 9,26 | 6:29 |
| 143 | 727 | Vercruysse Ans | Rumbeke | VSEN | 19 | 0:22:41 | 9,26 | 6:29 |
| 144 | 687 | Lannoy Sara | Geluveld | VJUN | 32 | 0:22:45 | 9,23 | 6:30 |
| 145 | 637 | Calliau Daan | Geluveld | MJUN | 48 | 0:22:46 | 9,22 | 6:30 |
| 146 | 619 | Bruggeman Gert-Jan | Dapalo | MJUN | 49 | 0:22:47 | 9,22 | 6:31 |
| 147 | 822 | Decoene Katrien | Roeselare | VSEN | 20 | 0:22:50 | 9,20 | 6:31 |
| 148 | 606 | Vanhaverbeke Inge | Roeselare | VMAS | 26 | 0:22:52 | 9,18 | 6:32 |
| 149 | 811 | Bostyn Veronique | Rumbeke | VMAS | 27 | 0:22:53 | 9,18 | 6:32 |
| 150 | 658 | Desmet Nancy | Zonnebeke | VMAS | 28 | 0:22:55 | 9,16 | 6:33 |
| 151 | 701 | Pierpont Mieke | Beselare | VSEN | 21 | 0:22:56 | 9,16 | 6:33 |
| 152 | 688 | Lapere Kris | Zonnebeke | MSEN | 9 | 0:22:57 | 9,15 | 6:33 |
| 153 | 831 | Theys Filiep | Menen | MMAS | 14 | 0:23:06 | 9,09 | 6:36 |
| 154 | 814 | Degryse Dieter | Roeselare | MJUN | 50 | 0:23:08 | 9,08 | 6:37 |
| 155 | 691 | Lippens Annelies | Drongen | VSEN | 22 | 0:23:11 | 9,06 | 6:37 |
| 156 | 677 | Hofman Elisabeth | Kerksken | VSEN | 23 | 0:23:12 | 9,05 | 6:38 |
| 157 | 718 | Vandenabeele Frans | Beselare | MMAS | 15 | 0:23:13 | 9,05 | 6:38 |
| 158 | 769 | Vergote Wendy | Roeselare | VJUN | 33 | 0:23:14 | 9,04 | 6:38 |
| 159 | 736 | Walrave Chloë | Roeselare | VJUN | 34 | 0:23:15 | 9,03 | 6:39 |
| 160 | 828 | Boucherie Chantal | Roeselare | VMAS | 29 | 0:23:19 | 9,01 | 6:40 |
| 161 | 693 | Martens Caroline | Roeselare | VMAS | 30 | 0:23:21 | 8,99 | 6:40 |
| 162 | 649 | Defranq Els | Roeselare | VSEN | 24 | 0:23:23 | 8,98 | 6:41 |
| 163 | 717 | Tytgat Gery | Roeselare | MMAS | 16 | 0:23:25 | 8,97 | 6:41 |
| 164 | 668 | Forrez Christine | Beselare | VMAS | 31 | 0:23:27 | 8,96 | 6:42 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-------------------------|-----------------------|------|-------|---------|------|---------|
| 165 | 805 | Cneut Peter | Roeselare | MSEN | 10 | 0:23:29 | 8,94 | 6:43 |
| 166 | 761 | Verhoye Timothy | Roeselare | MJUN | 51 | 0:23:31 | 8,93 | 6:43 |
| 167 | 695 | Naessens Hilde | Roeselare | VMAS | 32 | 0:23:36 | 8,90 | 6:45 |
| 168 | 790 | Hauspie Christine | Roeselare | VMAS | 33 | 0:23:37 | 8,89 | 6:45 |
| 169 | 698 | Pacqueu Miguel | Rumbeke | MSEN | 11 | 0:23:38 | 8,89 | 6:45 |
| 170 | 699 | Parent Sybran | Blankenberge | VSEN | 25 | 0:23:39 | 8,88 | 6:45 |
| 171 | 719 | Vandenbussche Marjolein | Rumbeke | VSEN | 26 | 0:23:40 | 8,87 | 6:46 |
| 172 | 758 | Vandekerckhove Andy | Roeselare | MJUN | 52 | 0:23:43 | 8,85 | 6:47 |
| 173 | 632 | Bardyn Catherine | Staden | VMAS | 34 | 0:23:51 | 8,81 | 6:49 |
| 174 | 631 | Bardyn Caroline | Roeselare | VMAS | 35 | 0:23:52 | 8,80 | 6:49 |
| 175 | 661 | Dewulf Charlotte | Roeselare | VSEN | 27 | 0:23:54 | 8,79 | 6:50 |
| 176 | 704 | Scheir Karen | Bassevelde | VSEN | 28 | 0:24:10 | 8,69 | 6:54 |
| 177 | 702 | Ronse Janneke | Sint-Amandsberg | VSEN | 29 | 0:24:11 | 8,68 | 6:55 |
| 178 | 751 | Verstraete Nele | Jabbeke | VMAS | 36 | 0:24:12 | 8,68 | 6:55 |
| 179 | 752 | Verstraete Veerle | Zwevegem | VMAS | 37 | 0:24:13 | 8,67 | 6:55 |
| 180 | 816 | Van Lauwe Veerle | Roeselare | VMAS | 38 | 0:24:34 | 8,55 | 7:01 |
| 181 | 799 | Deblaere Els | Hooglede | VMAS | 39 | 0:24:35 | 8,54 | 7:01 |
| 182 | 808 | Depoortere Charlotte | Roeselare | VJUN | 35 | 0:24:36 | 8,54 | 7:02 |
| 183 | 807 | Galle Lisa | Moorslede | VJUN | 36 | 0:24:37 | 8,53 | 7:02 |
| 184 | 659 | Devos Sophie | Roeselare | VSEN | 30 | 0:24:51 | 8,45 | 7:06 |
| 185 | 676 | Herpoel Conny | St-Michiels Brugge | VMAS | 40 | 0:24:52 | 8,45 | 7:06 |
| 186 | 817 | Vermeulen Kris | Roeselare | VMAS | 41 | 0:25:06 | 8,37 | 7:10 |
| 187 | 629 | Anseeuw Annemie | Roeselare | VSEN | 31 | 0:25:11 | 8,34 | 7:12 |
| 188 | 630 | Anseeuw Karien | Roeselare | VMAS | 42 | 0:25:12 | 8,33 | 7:12 |
| 189 | 655 | Desaver Delphine | Roeselare | VSEN | 32 | 0:25:14 | 8,32 | 7:13 |
| 190 | 764 | Deroo Bryan | Roeselare | MJUN | 53 | 0:25:33 | 8,22 | 7:18 |
| 191 | 612 | Dousy Frans | Roeselare | MMAS | 17 | 0:25:34 | 8,21 | 7:18 |
| 192 | 681 | Jost Michael | Keulen-Duitsland | MSEN | 12 | 0:25:37 | 8,20 | 7:19 |
| 193 | 735 | Wagner Helen | Keulen-Duitsland | VSEN | 33 | 0:25:38 | 8,19 | 7:19 |
| 194 | 678 | Hofmann Mili | Keulen-Duitsland | VSEN | 34 | 0:25:41 | 8,18 | 7:20 |
| 195 | 682 | Klausmann Ursula | Duesseldorf-Duitsland | VSEN | 35 | 0:25:42 | 8,17 | 7:21 |
| 196 | 750 | Verstraete Eva | Koksijde | VSEN | 36 | 0:25:43 | 8,17 | 7:21 |
| 197 | 706 | Schlesiger Valentina | Keulen-Duitsland | VSEN | 37 | 0:25:44 | 8,16 | 7:21 |
| 198 | 759 | Vandierendonck Glenn | Roeselare | MJUN | 54 | 0:25:45 | 8,16 | 7:21 |
| 199 | 642 | Clarisse Patricia | Roeselare | VMAS | 43 | 0:25:46 | 8,15 | 7:22 |
| 200 | 607 | Defrancaq Chantal | Roeselare | VMAS | 44 | 0:25:47 | 8,14 | 7:22 |
| 201 | 770 | Desmet Charlotte | Roeselare | VJUN | 37 | 0:25:48 | 8,14 | 7:22 |
| 202 | 711 | Soenen Stephanie | Munkzwalm | VSEN | 38 | 0:25:57 | 8,09 | 7:25 |
| 203 | 709 | Sercu Leen | Roeselare | VMAS | 45 | 0:26:12 | 8,02 | 7:29 |
| 204 | 707 | Sercu Door | Heule | VMAS | 46 | 0:26:13 | 8,01 | 7:29 |
| 205 | 645 | Coene Ann | Roeselare | VMAS | 47 | 0:26:17 | 7,99 | 7:31 |
| 206 | 767 | David Gwendoline | Roeselare | VJUN | 38 | 0:26:32 | 7,91 | 7:35 |
| 207 | 837 | Pockele Eva | Zwevegem | VJUN | 39 | 0:39:55 | 5,26 | 11:24 |
| 208 | 712 | Stefaan Pockelé | Zwevegem | MMAS | 18 | 0:39:56 | 5,26 | 11:25 |
| 209 | 836 | Schramme Philippe | Kachtem | MMAS | 19 | 0:41:05 | 5,11 | 11:44 |
| 210 | 724 | Vanhulle Riet | Lichtervelde | VMAS | 48 | 0:42:39 | 4,92 | 12:11 |
| 211 | 689 | Lefere Andel | Roeselare | VMAS | 49 | 1:10:53 | 2,96 | 20:15 |

14 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-------------------------|-------------------|------|-------|---------|-------|---------|
| 1 | 337 | Colpaert Frederick | Kortemark | MSEN | 1 | 0:43:47 | 19,19 | 3:08 |
| 2 | 326 | Vandewalle Kristof | St-Eloois-Winkel | M+35 | 1 | 0:44:52 | 18,72 | 3:12 |
| 3 | 313 | Vanhaecke Filip | Ardoorie | M+45 | 1 | 0:45:47 | 18,35 | 3:16 |
| 4 | 17 | Neyrinck Jochen | Menen | MJUN | 1 | 0:47:01 | 17,87 | 3:22 |
| 5 | 2 | Deruddere Geert | Wevelgem | M+45 | 2 | 0:47:17 | 17,77 | 3:23 |
| 6 | 388 | Ghesquiere Christophe | Wervik | M+35 | 2 | 0:47:49 | 17,57 | 3:25 |
| 7 | 157 | Maddelein Filip | Houthulst | M+35 | 3 | 0:48:29 | 17,33 | 3:28 |
| 8 | 307 | Vermander Glen | Dadizele | MSEN | 2 | 0:49:03 | 17,13 | 3:30 |
| 9 | 235 | Vansevenant Rudi | Kortemark | M+40 | 1 | 0:49:04 | 17,12 | 3:30 |
| 10 | 306 | Cool Andy | Roeselare | MSEN | 3 | 0:49:10 | 17,08 | 3:31 |
| 11 | 228 | Vanhooren Ward | Roeselare | MJUN | 2 | 0:49:13 | 17,07 | 3:31 |
| 12 | 221 | Van Dorpe Jo | Roeselare | M+40 | 2 | 0:49:15 | 17,06 | 3:31 |
| 13 | 332 | Coolen Filip | Beveren-Leie | M+45 | 3 | 0:49:42 | 16,90 | 3:33 |
| 14 | 459 | Devriese Jimmy | Knokke | M+35 | 4 | 0:49:45 | 16,88 | 3:33 |
| 15 | 41 | Parein Filip | Dapalo | M+35 | 5 | 0:49:53 | 16,84 | 3:34 |
| 16 | 286 | Desmet Stefaan | Izegem | M+35 | 6 | 0:49:57 | 16,82 | 3:34 |
| 17 | 14 | De Meestere Rudi | Roeselare | M+45 | 4 | 0:50:10 | 16,74 | 3:35 |
| 18 | 398 | Chambaert Tom | Rumbeke | M+35 | 7 | 0:50:18 | 16,70 | 3:36 |
| 19 | 420 | Serroen Nico | Geluveld | MSEN | 4 | 0:50:21 | 16,68 | 3:36 |
| 20 | 298 | Creupelandt Frederic | Deerlijk | MSEN | 5 | 0:50:30 | 16,63 | 3:36 |
| 21 | 33 | Decat Jurgen | Dapalo | MSEN | 6 | 0:51:13 | 16,40 | 3:40 |
| 22 | 106 | Deseranno Wouter | Roeselare | MSEN | 7 | 0:51:34 | 16,29 | 3:41 |
| 23 | 369 | Doom Christ | V | M+35 | 8 | 0:51:35 | 16,28 | 3:41 |
| 24 | 204 | Vandekendelaere Janique | Roeselare | M+40 | 3 | 0:51:40 | 16,26 | 3:41 |
| 25 | 258 | Vermont Filip | Dapalo | M+45 | 5 | 0:51:43 | 16,24 | 3:42 |
| 26 | 338 | Beert Rik | Avelgem | M+55 | 1 | 0:51:43 | 16,24 | 3:42 |
| 27 | 39 | Maes Jonah | Dapalo | MJUN | 3 | 0:51:45 | 16,23 | 3:42 |
| 28 | 279 | Deplae Gino | Hooglede | M+45 | 6 | 0:51:47 | 16,22 | 3:42 |
| 29 | 268 | Kerckhof Tom | Izegem | MSEN | 8 | 0:51:49 | 16,21 | 3:42 |
| 30 | 301 | Van Bruwaene Rudi | Tielt | M+50 | 1 | 0:51:53 | 16,19 | 3:42 |
| 31 | 412 | De Blauwe Serge | Ichtegem | M+35 | 9 | 0:52:30 | 16,00 | 3:45 |
| 32 | 389 | Lefevere Tom | Roeselare | MSEN | 9 | 0:52:32 | 15,99 | 3:45 |
| 33 | 380 | Salomez Frederik | Hollebeke | MSEN | 10 | 0:52:35 | 15,97 | 3:45 |
| 34 | 45 | Vanacker Thierry | Dapalo | MSEN | 11 | 0:52:38 | 15,96 | 3:46 |
| 35 | 300 | Plancke Kris | Roeselare | M+35 | 10 | 0:52:40 | 15,95 | 3:46 |
| 36 | 333 | Victor Wim | Meulebeke | M+40 | 4 | 0:52:43 | 15,93 | 3:46 |
| 37 | 381 | Spriet Wim | Roeselare | M+35 | 11 | 0:52:45 | 15,92 | 3:46 |
| 38 | 217 | Vander Meiren Thijs | Roeselare | MSEN | 12 | 0:52:51 | 15,89 | 3:47 |
| 39 | 205 | Vandekerckhove Veerle | Roeselare | V+35 | 1 | 0:52:52 | 15,89 | 3:47 |
| 40 | 154 | Ligneel Willy | Roeselare | M+45 | 7 | 0:52:53 | 15,88 | 3:47 |
| 41 | 393 | Depoortere Dries | Roeselare | MSEN | 13 | 0:52:54 | 15,88 | 3:47 |
| 42 | 59 | Baekelandt Roeland | Roeselare | M+35 | 12 | 0:53:15 | 15,77 | 3:48 |
| 43 | 309 | Volcke Gregory | Wervik | MSEN | 14 | 0:53:19 | 15,75 | 3:49 |
| 44 | 294 | Sissau Erwin | Tielt | M+45 | 8 | 0:53:21 | 15,75 | 3:49 |
| 45 | 410 | Beheydt Colin | Roeselare | MSEN | 15 | 0:53:31 | 15,70 | 3:49 |
| 46 | 336 | Koopman Dirk | Wervik | M+40 | 5 | 0:53:34 | 15,68 | 3:50 |
| 47 | 42 | Pype Benedikt | Dapalo | MSEN | 16 | 0:53:39 | 15,66 | 3:50 |
| 48 | 93 | Dekiere Filip | Roeselare | M+45 | 9 | 0:53:42 | 15,64 | 3:50 |
| 49 | 30 | Bonte Rik | Dapalo | M+40 | 6 | 0:53:55 | 15,58 | 3:51 |
| 50 | 360 | Ghesquiere Franky | Wervik | M+35 | 13 | 0:54:05 | 15,53 | 3:52 |
| 51 | 239 | Verbanck Thomas | Roeselare | MSEN | 17 | 0:54:07 | 15,52 | 3:52 |
| 52 | 330 | Denorme Stefaan | Sint-Elooiswinkel | M+35 | 14 | 0:54:08 | 15,52 | 3:52 |
| 53 | 376 | Staelens Koen | Gullegem | MSEN | 18 | 0:54:13 | 15,49 | 3:52 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------|----------------|------|-------|---------|-------|---------|
| 54 | 182 | Schelpel Johan | Roeselare | M+35 | 15 | 0:54:18 | 15,47 | 3:53 |
| 55 | 178 | Saelen Alex | Roeselare | MSEN | 19 | 0:54:28 | 15,42 | 3:53 |
| 56 | 421 | Corneillie Didier | Roeselare | M+40 | 7 | 0:54:31 | 15,41 | 3:54 |
| 57 | 419 | Maes Luc | Meulebeke | M+50 | 2 | 0:54:32 | 15,40 | 3:54 |
| 58 | 270 | Cassaert Robin | Roeselare | MSEN | 20 | 0:54:35 | 15,39 | 3:54 |
| 59 | 189 | Snauwaert Rik | Oostnieuwkerke | M+45 | 10 | 0:54:36 | 15,38 | 3:54 |
| 60 | 308 | Verbauwhede Marianne | Dentergem | V+45 | 1 | 0:54:39 | 15,37 | 3:54 |
| 61 | 290 | Verstraete Johnny | Roeselare | M+55 | 2 | 0:54:43 | 15,35 | 3:55 |
| 62 | 10 | Bogaert Christof | Roeselare | M+45 | 11 | 0:54:44 | 15,35 | 3:55 |
| 63 | 148 | Labaere Martin | Roeselare | M+40 | 8 | 0:54:46 | 15,34 | 3:55 |
| 64 | 349 | De Busschere Stefaan | Izegem | M+45 | 12 | 0:54:47 | 15,33 | 3:55 |
| 65 | 415 | Mestdagh Tony | Assebroek | M+45 | 13 | 0:54:48 | 15,33 | 3:55 |
| 66 | 442 | Van Acker Toon | Ruddervoorde | M+45 | 14 | 0:54:49 | 15,32 | 3:55 |
| 67 | 355 | Cardoen Geert | Beselare | M+45 | 15 | 0:54:50 | 15,32 | 3:55 |
| 68 | 40 | Neyrinck Eric | Dapalo | M+40 | 9 | 0:54:55 | 15,30 | 3:55 |
| 69 | 185 | Seynaeve Bert | Izegem | MSEN | 21 | 0:55:00 | 15,27 | 3:56 |
| 70 | 429 | Vercruyssen Koen | Meulebeke | M+35 | 16 | 0:55:06 | 15,25 | 3:56 |
| 71 | 192 | Spoelders Kurt | Roeselare | M+35 | 17 | 0:55:13 | 15,21 | 3:57 |
| 72 | 283 | Lesage Lut | Diksmuide | V+35 | 2 | 0:55:14 | 15,21 | 3:57 |
| 73 | 52 | Neyrinck Dries | Izegem | MSEN | 22 | 0:55:17 | 15,19 | 3:57 |
| 74 | 406 | Watthy Johan | Gistel | M+35 | 18 | 0:55:24 | 15,16 | 3:57 |
| 75 | 31 | Coussee Koenraad | Dapalo | M+40 | 10 | 0:55:37 | 15,10 | 3:58 |
| 76 | 363 | Vanseveren Johan | Hooglede | M+45 | 16 | 0:55:41 | 15,09 | 3:59 |
| 77 | 15 | Ryckeboer Jan | Diksmuide | MSEN | 23 | 0:55:57 | 15,01 | 4:00 |
| 78 | 230 | Vanhuysse Franky | Aalbeke | MSEN | 24 | 0:56:11 | 14,95 | 4:01 |
| 79 | 457 | Demuyneck Matthias | Lendelede | MSEN | 25 | 0:56:14 | 14,94 | 4:01 |
| 80 | 85 | Declerck Nico | Meulebeke | M+35 | 19 | 0:56:18 | 14,92 | 4:01 |
| 81 | 427 | Salembier Joost | Roeselare | M+35 | 20 | 0:56:19 | 14,92 | 4:01 |
| 82 | 395 | Vermeersch Kurt | Izegem | M+35 | 21 | 0:56:23 | 14,90 | 4:02 |
| 83 | 83 | Decaestecker Kris | Roeselare | MSEN | 26 | 0:56:29 | 14,87 | 4:02 |
| 84 | 132 | Gheysen Pol | Dadizele | M+40 | 11 | 0:56:31 | 14,86 | 4:02 |
| 85 | 379 | Vandommele Koenraad | Izegem | M+40 | 12 | 0:56:32 | 14,86 | 4:02 |
| 86 | 34 | Vermeulen Stijn | Dapalo | MJUN | 4 | 0:56:51 | 14,78 | 4:04 |
| 87 | 88 | Dejonckheere Patrick | Roeselare | M+45 | 17 | 0:56:55 | 14,76 | 4:04 |
| 88 | 448 | Locy Danny | Aalter | M+40 | 13 | 0:56:56 | 14,75 | 4:04 |
| 89 | 4 | Dousy Frederik | Roeselare | MSEN | 27 | 0:57:01 | 14,73 | 4:04 |
| 90 | 329 | Windels Ronny | Rumbeke | M+50 | 3 | 0:57:02 | 14,73 | 4:04 |
| 91 | 3 | De Praitere Guido | Harelbeke | M+45 | 18 | 0:57:09 | 14,70 | 4:05 |
| 92 | 378 | Puystjens Gino | Lombardsijde | M+40 | 14 | 0:57:10 | 14,69 | 4:05 |
| 93 | 321 | Vanaudenaerde Pascal | Handzame | M+35 | 22 | 0:57:12 | 14,69 | 4:05 |
| 94 | 167 | Nuytten Gaby | Roeselare | M+45 | 19 | 0:57:13 | 14,68 | 4:05 |
| 95 | 320 | Wyffels Luc | Ingelmunster | M+45 | 20 | 0:57:14 | 14,68 | 4:05 |
| 96 | 180 | Sampers Ward | Beauvoorde | MJUN | 5 | 0:57:16 | 14,67 | 4:05 |
| 97 | 353 | Dejaegere Jean-Claude | Kortrijk | M+45 | 21 | 0:57:17 | 14,66 | 4:05 |
| 98 | 100 | De Meyer Marnix | Rumbeke | M+45 | 22 | 0:57:21 | 14,65 | 4:06 |
| 99 | 124 | Froyman Johan | Roeselare | M+45 | 23 | 0:57:30 | 14,61 | 4:06 |
| 100 | 455 | Verbeest Bjorn | Geluwe | MSEN | 28 | 0:57:32 | 14,60 | 4:07 |
| 101 | 450 | Rogier Martin | Snaaskerke | M+40 | 15 | 0:57:35 | 14,59 | 4:07 |
| 102 | 240 | Verbeke Pedro | Zwevegem | MSEN | 29 | 0:57:36 | 14,58 | 4:07 |
| 103 | 35 | Godderis Luc | Dapalo | M+45 | 24 | 0:57:37 | 14,58 | 4:07 |
| 104 | 260 | Osstyn Filip | Lichtervelde | M+35 | 23 | 0:57:38 | 14,57 | 4:07 |
| 105 | 302 | Defour Mike | Izegem | M+35 | 24 | 0:57:40 | 14,57 | 4:07 |
| 106 | 341 | Kerckhove Dimi | Kortrijk | M+35 | 25 | 0:57:41 | 14,56 | 4:07 |
| 107 | 241 | Verburgh Reinout | Roeselare | M+35 | 26 | 0:57:45 | 14,55 | 4:08 |
| 108 | 297 | Tuytens Gino | Oekene | M+45 | 25 | 0:57:51 | 14,52 | 4:08 |
| 109 | 278 | Ballyn Korneel | Hooglede | MSEN | 30 | 0:57:52 | 14,52 | 4:08 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|----------------------|--------------------|------|-------|---------|-------|---------|
| 110 | 441 | Syoen Rik | Hooglede | M+40 | 16 | 0:57:55 | 14,50 | 4:08 |
| 111 | 292 | Noyez Krista | Oostnieuwkerke | V+35 | 3 | 0:57:57 | 14,50 | 4:08 |
| 112 | 202 | Vancompernelle Peter | Gistel | MJUN | 6 | 0:57:57 | 14,50 | 4:08 |
| 113 | 73 | Callens Rita | Roeselare | V+45 | 2 | 0:58:01 | 14,48 | 4:09 |
| 114 | 32 | De Wispelare Jozef | Dapalo | M+60 | 1 | 0:58:04 | 14,47 | 4:09 |
| 115 | 343 | Mees Wouter | Poelkapelle | MSEN | 31 | 0:58:05 | 14,46 | 4:09 |
| 116 | 303 | Fieuw Christoph | Poelkapelle | MSEN | 32 | 0:58:07 | 14,45 | 4:09 |
| 117 | 271 | De Vlaeminck Renaat | Kortemark | M+40 | 17 | 0:58:12 | 14,43 | 4:09 |
| 118 | 439 | De Meyer Jesse | Hooglede | MSEN | 33 | 0:58:18 | 14,41 | 4:10 |
| 119 | 118 | Doom Paul | Roeselare | M+50 | 4 | 0:58:22 | 14,39 | 4:10 |
| 120 | 117 | Dochy Christophe | Izegem | MSEN | 34 | 0:58:23 | 14,39 | 4:10 |
| 121 | 352 | Degryse Geert | Westrozebeke | M+40 | 18 | 0:58:24 | 14,38 | 4:10 |
| 122 | 434 | Naessens Frederic | Roeselare | M+45 | 26 | 0:58:25 | 14,38 | 4:10 |
| 123 | 36 | Jennerich Norbert | Dapalo | M+60 | 2 | 0:58:26 | 14,38 | 4:10 |
| 124 | 418 | Lingier Sacha | Roeselare | M+35 | 27 | 0:58:29 | 14,36 | 4:11 |
| 125 | 142 | Huyghe Margriet | Roeselare | VSEN | 1 | 0:58:30 | 14,36 | 4:11 |
| 126 | 417 | Cauwelier Tom | Roeselare | M+35 | 28 | 0:58:30 | 14,36 | 4:11 |
| 127 | 375 | De Ceuninck Edwin | Houthulst | M+55 | 3 | 0:58:31 | 14,35 | 4:11 |
| 128 | 293 | Kerremans Jef | Oostnieuwkerke | M+35 | 29 | 0:58:32 | 14,35 | 4:11 |
| 129 | 318 | Vercruysse Francky | Roeselare | M+40 | 19 | 0:58:33 | 14,35 | 4:11 |
| 130 | 70 | Bruggeman Rik | Roeselare | M+45 | 27 | 0:58:34 | 14,34 | 4:11 |
| 131 | 384 | Langsweirt Bart | Izegem | M+40 | 20 | 0:58:35 | 14,34 | 4:11 |
| 132 | 386 | Christiaens Alan | Heule | M+40 | 21 | 0:58:37 | 14,33 | 4:11 |
| 133 | 6 | Smaege Thijs | Roeselare | MSEN | 35 | 0:58:38 | 14,33 | 4:11 |
| 134 | 138 | Hooghe Kenneth | Roeselare | MSEN | 36 | 0:58:39 | 14,32 | 4:11 |
| 135 | 281 | Ballyn Dries | Roeselare | MSEN | 37 | 0:58:42 | 14,31 | 4:12 |
| 136 | 7 | Vanderhaeghe Chris | Roeselare | M+35 | 30 | 0:58:44 | 14,30 | 4:12 |
| 137 | 219 | Vandevoorde Thomas | Geluveld | MJUN | 7 | 0:58:49 | 14,28 | 4:12 |
| 138 | 215 | Vander Meiren Sam | Roeselare | MJUN | 8 | 0:58:50 | 14,28 | 4:12 |
| 139 | 280 | Decuyper Luc | Moorslede | M+40 | 22 | 0:58:51 | 14,27 | 4:12 |
| 140 | 288 | Remaut Johan | De Pinte | M+45 | 28 | 0:58:52 | 14,27 | 4:12 |
| 141 | 407 | Parmentier Marnik | Roeselare | MSEN | 38 | 0:58:53 | 14,27 | 4:12 |
| 142 | 370 | Matton Cedric | Ledegem | MJUN | 9 | 0:59:01 | 14,23 | 4:13 |
| 143 | 463 | Meyfroot Didier | Moorslede | M+35 | 31 | 0:59:02 | 14,23 | 4:13 |
| 144 | 382 | Mallezie Bart | Gits | M+40 | 23 | 0:59:10 | 14,20 | 4:14 |
| 145 | 328 | Vandamme Kristof | Wervik | MSEN | 39 | 0:59:13 | 14,19 | 4:14 |
| 146 | 312 | Verhaeghe Ronny | Izegem | M+45 | 29 | 0:59:29 | 14,12 | 4:15 |
| 147 | 335 | Desmeytere Mario | Moorsele | M+40 | 24 | 0:59:31 | 14,11 | 4:15 |
| 148 | 347 | Kesteloot Ronald | Tielt | M+45 | 30 | 0:59:34 | 14,10 | 4:15 |
| 149 | 120 | Dupont Wim | Sint-Eloois-Winkel | MSEN | 40 | 0:59:35 | 14,10 | 4:15 |
| 150 | 358 | Depaemelaere Maarten | Menen | M+35 | 32 | 0:59:36 | 14,09 | 4:15 |
| 151 | 367 | Deprez Peter | Ledegem | MSEN | 41 | 0:59:37 | 14,09 | 4:16 |
| 152 | 385 | Balduyck Johan | Moorslede | M+40 | 25 | 0:59:40 | 14,08 | 4:16 |
| 153 | 267 | Vandenbussche Luc | Izegem | M+50 | 5 | 0:59:44 | 14,06 | 4:16 |
| 154 | 114 | Dhondt Dirk | Ledegem | M+45 | 31 | 0:59:50 | 14,04 | 4:16 |
| 155 | 470 | Verstraete Carlos | Ingelmunster | M+50 | 6 | 1:00:12 | 13,95 | 4:18 |
| 156 | 305 | Vromand Pascal | Wervik | M+35 | 33 | 1:00:17 | 13,93 | 4:18 |
| 157 | 12 | Vitale Enzo | Gits | M+35 | 34 | 1:00:31 | 13,88 | 4:19 |
| 158 | 322 | Deprez Xavier | Harelbeke | M+50 | 7 | 1:00:33 | 13,87 | 4:20 |
| 159 | 404 | Vanhee Wilfried | Ardoos | M+50 | 8 | 1:00:36 | 13,86 | 4:20 |
| 160 | 134 | Haeghebaert Peter | Roeselare | M+40 | 26 | 1:00:41 | 13,84 | 4:20 |
| 161 | 428 | Vanhandsaeme Philip | Ardoos | M+40 | 27 | 1:01:00 | 13,77 | 4:21 |
| 162 | 96 | Delbeke Bernard | Roeselare | M+45 | 32 | 1:01:07 | 13,74 | 4:22 |
| 163 | 413 | Ramakers Kenneth | Nieuwpoort | MSEN | 42 | 1:01:13 | 13,72 | 4:22 |
| 164 | 400 | Degrootte Jurgen | Westende | M+35 | 35 | 1:01:14 | 13,72 | 4:22 |
| 165 | 311 | Verfaillie Danny | Izegem | M+55 | 4 | 1:01:17 | 13,71 | 4:23 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-------------------------|----------------|------|-------|---------|-------|---------|
| 166 | 351 | Gruyaert Gino | Roeselare | M+40 | 28 | 1:01:24 | 13,68 | 4:23 |
| 167 | 58 | Ameye Koen | Ardoorie | M+35 | 36 | 1:01:25 | 13,68 | 4:23 |
| 168 | 282 | Decroos Koenraad | Hooglede | MSEN | 43 | 1:01:27 | 13,67 | 4:23 |
| 169 | 190 | Soenen Koen | Rumbeke | M+45 | 33 | 1:01:28 | 13,67 | 4:23 |
| 170 | 37 | Lagage Yves | Dapalo | M+35 | 37 | 1:01:30 | 13,66 | 4:24 |
| 171 | 126 | Gadeyne Bart | Roeselare | M+45 | 34 | 1:01:31 | 13,65 | 4:24 |
| 172 | 454 | Cappelle Sam | Hooglede | MJUN | 10 | 1:01:32 | 13,65 | 4:24 |
| 173 | 366 | Vandenbulcke Christiaan | Geluwe | M+50 | 9 | 1:01:51 | 13,58 | 4:25 |
| 174 | 314 | Moerman Johan | Roeselare | M+40 | 29 | 1:01:52 | 13,58 | 4:25 |
| 175 | 161 | Moerman Bart | Roeselare | M+40 | 30 | 1:01:53 | 13,57 | 4:25 |
| 176 | 150 | Lagast Pascal | Brugge | V+40 | 1 | 1:01:57 | 13,56 | 4:26 |
| 177 | 296 | Debal Rik | Rumbeke | M+45 | 35 | 1:01:58 | 13,56 | 4:26 |
| 178 | 18 | Vanbesien Ria | Oostnieuwkerke | V+40 | 2 | 1:02:00 | 13,55 | 4:26 |
| 179 | 346 | Declerck Lode | Oekene | MSEN | 44 | 1:02:05 | 13,53 | 4:26 |
| 180 | 424 | Hugelier Krist | Bavikhove | M+40 | 31 | 1:02:10 | 13,51 | 4:26 |
| 181 | 194 | Stevens Janus | Houthulst | MSEN | 45 | 1:02:13 | 13,50 | 4:27 |
| 182 | 426 | Derluyn Filip | Roeselare | M+35 | 38 | 1:02:14 | 13,50 | 4:27 |
| 183 | 13 | Huysentruyt Christ | Hulste | MSEN | 46 | 1:02:17 | 13,49 | 4:27 |
| 184 | 373 | Devriese Griet | Tielt | V+40 | 3 | 1:02:20 | 13,48 | 4:27 |
| 185 | 19 | Van Kerschaver Mattias | Sijsele | MJUN | 11 | 1:02:22 | 13,47 | 4:27 |
| 186 | 94 | De Klerck Johan | Roeselare | M+40 | 32 | 1:02:24 | 13,46 | 4:27 |
| 187 | 315 | Tegas Giovanni | Manage | M+40 | 33 | 1:02:28 | 13,45 | 4:28 |
| 188 | 16 | Suply Wim | Veurne | M+40 | 34 | 1:02:36 | 13,42 | 4:28 |
| 189 | 482 | Jacques Lieven | Hooglede | M+40 | 35 | 1:02:40 | 13,40 | 4:29 |
| 190 | 284 | Van Parys Pascal | Deinze | M+40 | 36 | 1:02:42 | 13,40 | 4:29 |
| 191 | 20 | Van Kerschaver Rudy | Sijsele | M+40 | 37 | 1:02:44 | 13,39 | 4:29 |
| 192 | 9 | Haest Nancy | Kortemark | V+40 | 4 | 1:02:45 | 13,39 | 4:29 |
| 193 | 121 | Dutry Milan | Roeselare | MJUN | 12 | 1:02:47 | 13,38 | 4:29 |
| 194 | 430 | Parmentier Filip | Roeselare | M+35 | 39 | 1:02:51 | 13,37 | 4:29 |
| 195 | 198 | Tyteca Walter | Westende | M+45 | 36 | 1:02:53 | 13,36 | 4:30 |
| 196 | 325 | Pouillie Patrick | Ieper | M+45 | 37 | 1:02:58 | 13,34 | 4:30 |
| 197 | 184 | Sercu Wim | Roeselare | M+45 | 38 | 1:03:02 | 13,33 | 4:30 |
| 198 | 29 | Van De Castele Bernard | Sijsele | M+45 | 39 | 1:03:16 | 13,28 | 4:31 |
| 199 | 216 | Vander Meiren Stefaan | Beselare | M+40 | 38 | 1:03:19 | 13,27 | 4:31 |
| 200 | 409 | Sinnaeve Fabian | Roeselare | MSEN | 47 | 1:03:23 | 13,25 | 4:32 |
| 201 | 61 | Behaeghel Philippe | Roeselare | M+50 | 10 | 1:03:24 | 13,25 | 4:32 |
| 202 | 453 | Verhoestraete Laurent | Roeselare | M+35 | 40 | 1:03:26 | 13,24 | 4:32 |
| 203 | 394 | Vandeginste Nick | Moorslede | MSEN | 48 | 1:03:28 | 13,24 | 4:32 |
| 204 | 108 | De Smidt Jan | Beselare | M+40 | 39 | 1:03:30 | 13,23 | 4:32 |
| 205 | 74 | Castelein Johan | Roeselare | M+40 | 40 | 1:03:32 | 13,22 | 4:32 |
| 206 | 164 | Nevejan Pieter | Hooglede | M+40 | 41 | 1:03:33 | 13,22 | 4:32 |
| 207 | 287 | Amerlinck Sebastiaan | Bissegem | MSEN | 49 | 1:03:34 | 13,21 | 4:32 |
| 208 | 403 | Cappelle Marc | Ardoorie | M+45 | 40 | 1:03:35 | 13,21 | 4:32 |
| 209 | 319 | Deschacht Jan | Assebroek | M+40 | 42 | 1:03:38 | 13,20 | 4:33 |
| 210 | 78 | Cornette Johan | Staden | M+40 | 43 | 1:03:40 | 13,19 | 4:33 |
| 211 | 199 | Vanbeselaere Johan | Roeselare | M+40 | 44 | 1:03:41 | 13,19 | 4:33 |
| 212 | 348 | Seyns Herve | Menen | M+50 | 11 | 1:03:43 | 13,18 | 4:33 |
| 213 | 425 | Vantomme Robert | Zwevegem | M+50 | 12 | 1:03:45 | 13,18 | 4:33 |
| 214 | 195 | Stockman Willem | Roeselare | M+40 | 45 | 1:03:46 | 13,17 | 4:33 |
| 215 | 473 | De Munck Jo | Nevele | MSEN | 50 | 1:03:56 | 13,14 | 4:34 |
| 216 | 175 | Roelens Filip | Passendale | M+40 | 46 | 1:04:02 | 13,12 | 4:34 |
| 217 | 8 | Thieren Johan | Veurne | M+35 | 41 | 1:04:04 | 13,11 | 4:35 |
| 218 | 316 | Cavey Wilfried | Diksmuide | M+60 | 3 | 1:04:07 | 13,10 | 4:35 |
| 219 | 440 | Bertrand Bruno | Roeselare | M+35 | 42 | 1:04:11 | 13,09 | 4:35 |
| 220 | 261 | Vermouth Heidi | Moorslede | V+35 | 4 | 1:04:12 | 13,08 | 4:35 |
| 221 | 383 | Popelier Wim | Tielt | M+40 | 47 | 1:04:16 | 13,07 | 4:35 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|---------------------------|----------------|------|-------|---------|-------|---------|
| 222 | 218 | Vandevoorde Katleen | Roeselare | V+45 | 3 | 1:04:17 | 13,07 | 4:36 |
| 223 | 456 | Decoster Patrick | Izegem | M+45 | 41 | 1:04:18 | 13,06 | 4:36 |
| 224 | 431 | Lefevere Wim | Izegem | M+40 | 48 | 1:04:24 | 13,04 | 4:36 |
| 225 | 152 | Lein Geert | Hooglede | M+45 | 42 | 1:04:36 | 13,00 | 4:37 |
| 226 | 359 | Van De Castele Rik | Lovendegem | M+40 | 49 | 1:05:07 | 12,90 | 4:39 |
| 227 | 245 | Verhaeghe Tom | Ingelmunster | M+40 | 50 | 1:05:09 | 12,89 | 4:39 |
| 228 | 236 | Van Valckenborgh Luc | Roeselare | M+45 | 43 | 1:05:10 | 12,89 | 4:39 |
| 229 | 38 | Lezy Jozef | Dapalo | M+65 | 1 | 1:05:17 | 12,87 | 4:40 |
| 230 | 340 | De Plancke Xavier | Ieper | M+40 | 51 | 1:05:20 | 12,86 | 4:40 |
| 231 | 411 | Segaert Heikki | Roeselare | MSEN | 51 | 1:05:26 | 12,84 | 4:40 |
| 232 | 275 | Praet Wesley | Roeselare | MJUN | 13 | 1:05:28 | 12,83 | 4:41 |
| 233 | 176 | Roussel Rudi | Bavikhove | M+50 | 13 | 1:05:32 | 12,82 | 4:41 |
| 234 | 75 | Catteeuw Gino | Roeselare | M+45 | 44 | 1:05:44 | 12,78 | 4:42 |
| 235 | 207 | Vandemaele Raf | Lendelede | M+40 | 52 | 1:05:56 | 12,74 | 4:43 |
| 236 | 291 | Vyvey Eduard | Gistel | M+55 | 5 | 1:06:05 | 12,71 | 4:43 |
| 237 | 113 | D'hiet Henk | Jabbeke | M+40 | 53 | 1:06:06 | 12,71 | 4:43 |
| 238 | 323 | Deforch Bart | Gits | M+45 | 45 | 1:06:07 | 12,70 | 4:43 |
| 239 | 86 | Declercq Kurt | Geluwe | MSEN | 52 | 1:06:15 | 12,68 | 4:44 |
| 240 | 447 | De Backer Marnix | Dadizele | M+40 | 54 | 1:06:18 | 12,67 | 4:44 |
| 241 | 464 | Lommens Bjorn | Kluisbergen | MSEN | 53 | 1:06:20 | 12,66 | 4:44 |
| 242 | 201 | Van Coillie Patrick | Roeselare | M+40 | 55 | 1:06:22 | 12,66 | 4:44 |
| 243 | 262 | Lemaire Willy | Dapalo | M+55 | 6 | 1:06:26 | 12,64 | 4:45 |
| 244 | 46 | Vandeweghe Juan | Dapalo | MSEN | 54 | 1:06:27 | 12,64 | 4:45 |
| 245 | 90 | Dejonghe Sabine | Roeselare | V+40 | 5 | 1:06:34 | 12,62 | 4:45 |
| 246 | 238 | Verbanck Dimitri | Roeselare | MSEN | 55 | 1:06:37 | 12,61 | 4:46 |
| 247 | 163 | Naert Marc | Dadizele | M+40 | 56 | 1:06:38 | 12,61 | 4:46 |
| 248 | 342 | Vanhouwaert Yves | Kluisbergen | M+40 | 57 | 1:06:39 | 12,60 | 4:46 |
| 249 | 414 | Degryse Jean-Louis | Roeselare | MJUN | 14 | 1:06:41 | 12,60 | 4:46 |
| 250 | 242 | Vercaemst Joost | Brugge | M+40 | 58 | 1:06:46 | 12,58 | 4:46 |
| 251 | 480 | Neyrinck Yves | Zonnebeke | M+35 | 43 | 1:06:58 | 12,54 | 4:47 |
| 252 | 452 | Kerckhof Philippe | Roeselare | M+45 | 46 | 1:07:00 | 12,54 | 4:47 |
| 253 | 310 | Demuynck Luc | Roeselare | M+60 | 4 | 1:07:03 | 12,53 | 4:47 |
| 254 | 53 | Vanhullebus Annie | Ichtegem | V+40 | 6 | 1:07:04 | 12,52 | 4:47 |
| 255 | 272 | Crevits Sandra | Ichtegem | V+40 | 7 | 1:07:05 | 12,52 | 4:47 |
| 256 | 107 | Desmet Patrick | Roeselare | M+40 | 59 | 1:07:16 | 12,49 | 4:48 |
| 257 | 51 | Ghesquiere Loic | Tb | MJUN | 15 | 1:07:23 | 12,47 | 4:49 |
| 258 | 50 | Tambuysen Michael | Tb | MJUN | 16 | 1:07:40 | 12,41 | 4:50 |
| 259 | 266 | Vlaeminck Sylvie | Roeselare | VSEN | 2 | 1:07:48 | 12,39 | 4:51 |
| 260 | 160 | Mestdagh Frederic | Mariakerke | MSEN | 56 | 1:07:53 | 12,37 | 4:51 |
| 261 | 362 | Naessens Delphine | Marke | VSEN | 3 | 1:07:54 | 12,37 | 4:51 |
| 262 | 25 | Demulder Jan | Oostkamp | M+45 | 47 | 1:07:55 | 12,37 | 4:51 |
| 263 | 481 | Feys Jeroom | Ieper | MSEN | 57 | 1:07:56 | 12,37 | 4:51 |
| 264 | 350 | Dejaeghere Geert | Roeselare | M+40 | 60 | 1:07:58 | 12,36 | 4:51 |
| 265 | 339 | Vangraefschape Martine | Ieper | V+45 | 4 | 1:07:59 | 12,36 | 4:51 |
| 266 | 187 | Sinnesael Pieter | Roeselare | M+35 | 44 | 1:08:00 | 12,35 | 4:51 |
| 267 | 465 | Truwant Marnik | Roeselare | M+45 | 48 | 1:08:11 | 12,32 | 4:52 |
| 268 | 181 | Schelppe Cily | Moorslede | V+35 | 5 | 1:08:20 | 12,29 | 4:53 |
| 269 | 87 | Decloedt Peter | Zonnebeke | M+35 | 45 | 1:08:23 | 12,28 | 4:53 |
| 270 | 396 | Van Samang Ann | Brugge | V+35 | 6 | 1:08:24 | 12,28 | 4:53 |
| 271 | 91 | Dekeyser Patrick | Rumbeke | M+50 | 14 | 1:08:30 | 12,26 | 4:54 |
| 272 | 405 | Billiet Francine | Gistel | V+40 | 8 | 1:08:32 | 12,26 | 4:54 |
| 273 | 368 | Debert Dany | Beselare | M+55 | 7 | 1:08:33 | 12,25 | 4:54 |
| 274 | 193 | Standaert-De Metsenaere J | Roeselare | MJUN | 17 | 1:08:39 | 12,24 | 4:54 |
| 275 | 460 | Deklerck Bart | Roeselare | M+45 | 49 | 1:08:40 | 12,23 | 4:54 |
| 276 | 304 | Van Doorne Kristof | Oostnieuwkerke | MSEN | 58 | 1:08:43 | 12,22 | 4:55 |
| 277 | 99 | Demesmaeker Geert | Opwijk | M+40 | 61 | 1:08:44 | 12,22 | 4:55 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-----------------------|----------------|------|-------|---------|-------|---------|
| 278 | 139 | Houwen Arne | Moorslede | MJUN | 18 | 1:08:50 | 12,20 | 4:55 |
| 279 | 208 | Vande Moortel Nancy | Roeselare | VSEN | 4 | 1:08:51 | 12,20 | 4:55 |
| 280 | 354 | Lietaert Johan | Kuurne | M+40 | 62 | 1:08:52 | 12,20 | 4:55 |
| 281 | 265 | Houtekier Bert | Nieuwpoort | M+45 | 50 | 1:08:54 | 12,19 | 4:55 |
| 282 | 246 | Vermeersch Dirk | Roeselare | M+40 | 63 | 1:08:56 | 12,19 | 4:55 |
| 283 | 49 | Bultinck Glenn | Tb | MJUN | 19 | 1:08:57 | 12,18 | 4:56 |
| 284 | 11 | Caen Lies | Gits | VSEN | 5 | 1:08:57 | 12,18 | 4:56 |
| 285 | 95 | De Knudt Bruno | Deerlijk | M+40 | 64 | 1:08:58 | 12,18 | 4:56 |
| 286 | 47 | Vanlerberghe Wilfried | Dapalo | M+65 | 2 | 1:08:59 | 12,18 | 4:56 |
| 287 | 224 | Vanhaverbeke Tonny | Roeselare | M+40 | 65 | 1:09:00 | 12,17 | 4:56 |
| 288 | 43 | Salomez Kathy | Dapalo | V+35 | 7 | 1:09:06 | 12,16 | 4:56 |
| 289 | 44 | Vanacker Ludo | Dapalo | M+55 | 8 | 1:09:07 | 12,15 | 4:56 |
| 290 | 62 | Benoit Lode | Heule | M+45 | 51 | 1:09:20 | 12,12 | 4:57 |
| 291 | 170 | Pieters Lieven | Koksijde | M+35 | 46 | 1:09:21 | 12,11 | 4:57 |
| 292 | 23 | Claeys Sharon | Oedelem | VJUN | 1 | 1:09:22 | 12,11 | 4:57 |
| 293 | 24 | Vanpoucke Marleen | Oedelem | V+40 | 9 | 1:09:23 | 12,11 | 4:57 |
| 294 | 227 | Van Holzaet Luc | Poperinge | M+40 | 66 | 1:09:32 | 12,08 | 4:58 |
| 295 | 423 | Stammen Francis | Tielt | M+50 | 15 | 1:09:46 | 12,04 | 4:59 |
| 296 | 285 | Lambersy Xavier | Roeselare | MSEN | 59 | 1:09:51 | 12,03 | 4:59 |
| 297 | 449 | Van Vooren Wouter | Staden | MSEN | 60 | 1:10:02 | 11,99 | 5:00 |
| 298 | 21 | Huygebaert Karel | Roeselare | M+55 | 9 | 1:10:03 | 11,99 | 5:00 |
| 299 | 101 | Denecker Erik | Roeselare | M+40 | 67 | 1:10:19 | 11,95 | 5:01 |
| 300 | 374 | Mabe Ann | Wingene | V+45 | 5 | 1:10:23 | 11,93 | 5:02 |
| 301 | 399 | Clement Geert | Hooglede | M+35 | 47 | 1:10:34 | 11,90 | 5:02 |
| 302 | 445 | Durnez Stefaan | Roeselare | M+35 | 48 | 1:10:39 | 11,89 | 5:03 |
| 303 | 317 | Six Norbert | Zonnebeke | M+55 | 10 | 1:10:43 | 11,88 | 5:03 |
| 304 | 361 | Leenknecht Jan | Beselare | MSEN | 61 | 1:10:52 | 11,85 | 5:04 |
| 305 | 145 | Jonckheere Bart | Roeselare | M+35 | 49 | 1:10:54 | 11,85 | 5:04 |
| 306 | 146 | Jonckheere Robin | Roeselare | MJUN | 20 | 1:10:59 | 11,83 | 5:04 |
| 307 | 63 | Bertrand Jan | Mortsel | MJUN | 21 | 1:11:16 | 11,79 | 5:05 |
| 308 | 253 | Wertelaers An | Mortsel | V+45 | 6 | 1:11:20 | 11,78 | 5:06 |
| 309 | 416 | Soete Lien | Ledegem | VJUN | 2 | 1:11:23 | 11,77 | 5:06 |
| 310 | 131 | Geldhof Veronique | Roeselare | V+35 | 8 | 1:11:24 | 11,76 | 5:06 |
| 311 | 344 | Borry Stefan | Roeselare | M+35 | 50 | 1:11:26 | 11,76 | 5:06 |
| 312 | 357 | Vanmarcke Philippe | Rumbeke | M+35 | 51 | 1:11:39 | 11,72 | 5:07 |
| 313 | 364 | Huvaere Ann | Hooglede | V+45 | 7 | 1:11:45 | 11,71 | 5:07 |
| 314 | 345 | Schelphe Kristof | Oudenaerde | MSEN | 62 | 1:11:53 | 11,69 | 5:08 |
| 315 | 387 | Roussel Marc | Izegem | MSEN | 63 | 1:12:07 | 11,65 | 5:09 |
| 316 | 104 | Deruytter Dirk | Roeselare | M+45 | 52 | 1:12:28 | 11,59 | 5:11 |
| 317 | 115 | Dieter Vyt | Merelbeke | MSEN | 64 | 1:12:33 | 11,58 | 5:11 |
| 318 | 471 | Bonte Frederik | Roeselare | MSEN | 65 | 1:12:37 | 11,57 | 5:11 |
| 319 | 466 | Soete Sven | Roeselare | MSEN | 66 | 1:12:51 | 11,53 | 5:12 |
| 320 | 401 | Deramaudt Marc | Westende | M+50 | 16 | 1:12:56 | 11,52 | 5:13 |
| 321 | 444 | Van Den Abbeele Kelly | Roeselare | VSEN | 6 | 1:12:57 | 11,51 | 5:13 |
| 322 | 82 | De Batselier Geert | Ardoorie | M+35 | 52 | 1:12:58 | 11,51 | 5:13 |
| 323 | 133 | Gobert Kevin | Roeselare | MSEN | 67 | 1:13:01 | 11,50 | 5:13 |
| 324 | 179 | Sampers Lore | Beauvoorde | VJUN | 3 | 1:13:05 | 11,49 | 5:13 |
| 325 | 147 | Karel Baert | Oostnieuwkerke | MJUN | 22 | 1:13:08 | 11,49 | 5:13 |
| 326 | 136 | Hillewaere Koen | Roeselare | M+35 | 53 | 1:13:18 | 11,46 | 5:14 |
| 327 | 472 | Leye Jan | Roeselare | M+45 | 53 | 1:13:19 | 11,46 | 5:14 |
| 328 | 243 | Verdonck Dieter | Roeselare | MSEN | 68 | 1:13:23 | 11,45 | 5:15 |
| 329 | 327 | Staelens Bianca | Roeselare | VSEN | 7 | 1:13:35 | 11,42 | 5:15 |
| 330 | 5 | Sierens Gwendoline | Roeselare | VSEN | 8 | 1:13:38 | 11,41 | 5:16 |
| 331 | 334 | Goemaere Stefaan | Oekene | M+45 | 54 | 1:13:39 | 11,41 | 5:16 |
| 332 | 158 | Maertens Lucy | Roeselare | V+35 | 9 | 1:13:44 | 11,39 | 5:16 |
| 333 | 402 | Vannieuwenhuys Dorine | Ardoorie | V+40 | 10 | 1:13:54 | 11,37 | 5:17 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-------------------------|--------------|------|-------|---------|-------|---------|
| 334 | 220 | Van De Walle Dany | Roeselare | M+45 | 55 | 1:14:01 | 11,35 | 5:17 |
| 335 | 60 | Beernaert Nathalie | Roeselare | V+40 | 11 | 1:14:02 | 11,35 | 5:17 |
| 336 | 103 | Derluyn Martine | Roeselare | V+35 | 10 | 1:14:06 | 11,34 | 5:18 |
| 337 | 432 | Depoorter David | Gistel | MSEN | 69 | 1:14:13 | 11,32 | 5:18 |
| 338 | 408 | Thio Roland | Roeselare | M+55 | 11 | 1:14:35 | 11,26 | 5:20 |
| 339 | 392 | Vancraeynest Steven | Roeselare | M+35 | 54 | 1:14:48 | 11,23 | 5:21 |
| 340 | 443 | Vuylsteke Lieve | Roeselare | V+40 | 12 | 1:14:49 | 11,23 | 5:21 |
| 341 | 97 | De Leenheer Ingeborg | Roeselare | V+35 | 11 | 1:14:50 | 11,22 | 5:21 |
| 342 | 250 | Waayaert Ines | Houthulst | VSEN | 9 | 1:14:51 | 11,22 | 5:21 |
| 343 | 140 | Huvaere Kathy | Roeselare | V+40 | 13 | 1:14:52 | 11,22 | 5:21 |
| 344 | 477 | Vandenbroucke Sieglinde | Roeselare | VSEN | 10 | 1:14:53 | 11,22 | 5:21 |
| 345 | 436 | Denoo Greet | Roeselare | V+35 | 12 | 1:15:01 | 11,20 | 5:22 |
| 346 | 289 | Colpaert Gerda | Lichtervelde | V+50 | 1 | 1:15:06 | 11,19 | 5:22 |
| 347 | 128 | Gadeyne Lieve | Roeselare | V+45 | 8 | 1:15:09 | 11,18 | 5:22 |
| 348 | 273 | Algoet Stefaan | Roeselare | MJUN | 23 | 1:15:26 | 11,14 | 5:23 |
| 349 | 231 | Vanlancker Marjan | Roeselare | V+45 | 9 | 1:15:27 | 11,13 | 5:23 |
| 350 | 125 | Froyman Wouter | Roeselare | MJUN | 24 | 1:15:37 | 11,11 | 5:24 |
| 351 | 162 | Moerman Sylvie | Roeselare | VJUN | 4 | 1:15:38 | 11,11 | 5:24 |
| 352 | 259 | Denie Marijke | Vichte | VSEN | 11 | 1:15:39 | 11,10 | 5:24 |
| 353 | 254 | Willekens Liesbet | Roeselare | V+45 | 10 | 1:15:45 | 11,09 | 5:25 |
| 354 | 71 | Butaye Stijn | Roeselare | MSEN | 70 | 1:16:11 | 11,03 | 5:27 |
| 355 | 437 | Van De Castele Aime | Waregem | M+45 | 56 | 1:16:16 | 11,01 | 5:27 |
| 356 | 225 | Vanhee Wim | Gullegem | M+35 | 55 | 1:16:24 | 10,99 | 5:27 |
| 357 | 435 | Fosse Ann | Brugge | VSEN | 12 | 1:16:29 | 10,98 | 5:28 |
| 358 | 98 | De Maeyer Erik | Lichtervelde | M+40 | 68 | 1:16:32 | 10,98 | 5:28 |
| 359 | 153 | Lepiae Koen | Geluwe | MSEN | 71 | 1:16:37 | 10,96 | 5:28 |
| 360 | 54 | Accou Yourie | Moorsele | M+35 | 56 | 1:16:48 | 10,94 | 5:29 |
| 361 | 144 | Jacobs Sophie | Roeselare | VSEN | 13 | 1:17:18 | 10,87 | 5:31 |
| 362 | 127 | Gadeyne Laura | Roeselare | VJUN | 5 | 1:17:27 | 10,85 | 5:32 |
| 363 | 478 | Debaes Peter | Roeselare | M+40 | 69 | 1:17:34 | 10,83 | 5:32 |
| 364 | 248 | Vroman Cathelijne | Roeselare | VJUN | 6 | 1:17:36 | 10,82 | 5:33 |
| 365 | 110 | Devos Yves | Roeselare | M+45 | 57 | 1:17:38 | 10,82 | 5:33 |
| 366 | 76 | Catteeuw Lindsey | Roeselare | VJUN | 7 | 1:17:42 | 10,81 | 5:33 |
| 367 | 173 | Props Brigitte | Beauvoorde | V+40 | 14 | 1:17:44 | 10,81 | 5:33 |
| 368 | 257 | Wuyts Hilde | Lichtervelde | V+40 | 15 | 1:17:48 | 10,80 | 5:33 |
| 369 | 372 | Brulez Marleen | Ardoie | V+50 | 2 | 1:17:49 | 10,79 | 5:33 |
| 370 | 371 | Popelier Geert | Ardoie | M+50 | 17 | 1:18:12 | 10,74 | 5:35 |
| 371 | 299 | Joye Luc | Roeselare | M+40 | 70 | 1:18:28 | 10,71 | 5:36 |
| 372 | 468 | Lievens Sofie | Roeselare | VSEN | 14 | 1:18:34 | 10,69 | 5:37 |
| 373 | 365 | Mertens Veerle | Roeselare | V+40 | 16 | 1:18:35 | 10,69 | 5:37 |
| 374 | 77 | Cobbe Alain | Roeselare | M+40 | 71 | 1:18:43 | 10,67 | 5:37 |
| 375 | 451 | Olivier Yves | Ardoie | MSEN | 72 | 1:18:50 | 10,66 | 5:38 |
| 376 | 229 | Vanhoutte Mieke | Roeselare | V+45 | 11 | 1:18:58 | 10,64 | 5:38 |
| 377 | 390 | Blomme Johan | Hooglede | M+50 | 18 | 1:19:00 | 10,63 | 5:39 |
| 378 | 479 | Berincx Steven | Roeselare | MSEN | 73 | 1:19:01 | 10,63 | 5:39 |
| 379 | 462 | Gryspeert Katrien | Izegem | VSEN | 15 | 1:19:06 | 10,62 | 5:39 |
| 380 | 458 | Van De Castele Lieve | Marke | V+35 | 13 | 1:19:33 | 10,56 | 5:41 |
| 381 | 1 | Maertens Jos | Dadizele | M+60 | 5 | 1:19:43 | 10,54 | 5:42 |
| 382 | 130 | Gardin Christophe | Roeselare | M+35 | 57 | 1:19:48 | 10,53 | 5:42 |
| 383 | 377 | Vervaeke Leen | Izegem | VSEN | 16 | 1:19:49 | 10,52 | 5:42 |
| 384 | 391 | Malisse Jo | Izegem | M+40 | 72 | 1:20:00 | 10,50 | 5:43 |
| 385 | 155 | Lobbestael Ann | Roeselare | V+45 | 12 | 1:20:08 | 10,48 | 5:43 |
| 386 | 212 | Vandenweghe Daniëlle | Rumbeke | V+40 | 17 | 1:20:09 | 10,48 | 5:44 |
| 387 | 475 | Herpels Peter | Varsenare | M+40 | 73 | 1:20:11 | 10,48 | 5:44 |
| 388 | 474 | Gryspeerd Jozef | Roeselare | M+50 | 19 | 1:20:12 | 10,47 | 5:44 |
| 389 | 397 | Van De Castele Elke | Sijsele | VJUN | 8 | 1:20:35 | 10,42 | 5:45 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|-------------------|------|-------|---------|-------|---------|
| 390 | 135 | Heyman Regis | Hooglede | M+50 | 20 | 1:20:36 | 10,42 | 5:45 |
| 391 | 256 | Withouck Tine | Gits | V+40 | 18 | 1:20:37 | 10,42 | 5:46 |
| 392 | 112 | De Witte Greta | Roeselare | V+50 | 3 | 1:20:39 | 10,42 | 5:46 |
| 393 | 109 | Devos Christine | Oostnieuwkerke | V+45 | 13 | 1:20:40 | 10,41 | 5:46 |
| 394 | 67 | Bossuyt Wim | Staden | MSEN | 74 | 1:20:50 | 10,39 | 5:46 |
| 395 | 183 | Scherpereel Liesbet | St.-Eloois-Winkel | VSEN | 17 | 1:20:53 | 10,39 | 5:47 |
| 396 | 81 | David Katrien | Gullegem | VSEN | 18 | 1:20:54 | 10,38 | 5:47 |
| 397 | 209 | Van Den Bon Sophie | Gent | VJUN | 9 | 1:20:55 | 10,38 | 5:47 |
| 398 | 105 | Deschilder Bert | Roeselare | M+55 | 12 | 1:21:14 | 10,34 | 5:48 |
| 399 | 222 | Vanhaelst Lieve | Wingene | V+35 | 14 | 1:21:32 | 10,30 | 5:49 |
| 400 | 55 | Allaert Christelle | Wingene | V+35 | 15 | 1:21:33 | 10,30 | 5:49 |
| 401 | 196 | Timmerman Patrick | Roeselare | M+45 | 58 | 1:22:00 | 10,24 | 5:51 |
| 402 | 116 | Dochy Christine | Geluveld | V+40 | 19 | 1:22:05 | 10,23 | 5:52 |
| 403 | 177 | Rozé Anja | Zonnebeke | VSEN | 19 | 1:22:06 | 10,23 | 5:52 |
| 404 | 223 | Vanhaverbeke Kristien | Gits | V+45 | 14 | 1:23:07 | 10,11 | 5:56 |
| 405 | 57 | Ameye Cinthy | Rumbeke | VSEN | 20 | 1:23:12 | 10,10 | 5:57 |
| 406 | 191 | Spillebeen Wim | Moorsele | M+35 | 58 | 1:23:29 | 10,06 | 5:58 |
| 407 | 143 | Huys Silvie | Wingene | V+35 | 16 | 1:23:59 | 10,00 | 6:00 |
| 408 | 188 | Snauwaert Christa | Wingene | V+40 | 20 | 1:24:00 | 10,00 | 6:00 |
| 409 | 274 | Nuyten Kevin | Roeselare | MJUN | 25 | 1:24:01 | 10,00 | 6:00 |
| 410 | 251 | Wallyn Carine | Wingene | V+45 | 15 | 1:24:01 | 10,00 | 6:00 |
| 411 | 276 | Roets Jelle | Roeselare | MJUN | 26 | 1:24:12 | 9,98 | 6:01 |
| 412 | 211 | Vandenhende Stefan | Roeselare | M+45 | 59 | 1:24:19 | 9,96 | 6:01 |
| 413 | 72 | Callebert Paul | Roeselare | M+45 | 60 | 1:24:20 | 9,96 | 6:01 |
| 414 | 469 | Claeren Marc | Roeselare | M+45 | 61 | 1:25:01 | 9,88 | 6:04 |
| 415 | 269 | Vandenplas Vic | Brussel | M+75 | 1 | 1:25:10 | 9,86 | 6:05 |
| 416 | 122 | Eggermont Agnes | Roeselare | V+45 | 16 | 1:25:12 | 9,86 | 6:05 |
| 417 | 486 | Borry Joost | Roeselare | M+35 | 59 | 1:25:42 | 9,80 | 6:07 |
| 418 | 92 | De Keyzer Veronique | Roeselare | V+35 | 17 | 1:25:57 | 9,77 | 6:08 |
| 419 | 174 | Reynaert Ann | Roeselare | VSEN | 21 | 1:25:58 | 9,77 | 6:08 |
| 420 | 129 | Gaeremynck Martine | Roeselare | V+35 | 18 | 1:26:05 | 9,76 | 6:09 |
| 421 | 206 | Vandekerkhove Maaike | Roeselare | V+35 | 19 | 1:26:10 | 9,75 | 6:09 |
| 422 | 476 | Bruneel Isabelle | Ingelmunster | VSEN | 22 | 1:26:27 | 9,72 | 6:10 |
| 423 | 141 | Huyghe Inge | Roeselare | V+40 | 21 | 1:27:29 | 9,60 | 6:15 |
| 424 | 356 | Verleye Marc | Kortrijk | M+65 | 3 | 1:27:36 | 9,59 | 6:15 |
| 425 | 28 | Van De Castele Mia | Moorslede | V+45 | 17 | 1:28:10 | 9,53 | 6:18 |
| 426 | 438 | Devolder Ine | Moorslede | VJUN | 10 | 1:28:11 | 9,53 | 6:18 |
| 427 | 89 | Dejonckheere Roland | Hooglede | M+55 | 13 | 1:28:13 | 9,52 | 6:18 |
| 428 | 137 | Hondequin Fanny | Roeselare | VSEN | 23 | 1:29:11 | 9,42 | 6:22 |
| 429 | 149 | Lagae Sven | Roeselare | MSEN | 75 | 1:29:12 | 9,42 | 6:22 |
| 430 | 210 | Vandenbussche Liesbeth | Roeselare | VSEN | 24 | 1:29:13 | 9,42 | 6:22 |
| 431 | 446 | Vander Beken Marijke | Dadizele | V+40 | 22 | 1:31:08 | 9,22 | 6:31 |
| 432 | 484 | Vancoillie Hannah | Roeselare | VJUN | 11 | 1:31:11 | 9,21 | 6:31 |
| 433 | 485 | Timmerman Julie | Roeselare | VJUN | 12 | 1:31:12 | 9,21 | 6:31 |
| 434 | 422 | Vermeersch Jan | Roeselare | MJUN | 27 | 1:31:13 | 9,21 | 6:31 |
| 435 | 213 | Vander Meiren Christa | Geluveld | V+40 | 23 | 1:31:33 | 9,18 | 6:32 |
| 436 | 244 | Verdonckt Roos | Roeselare | V+45 | 18 | 1:31:57 | 9,14 | 6:34 |
| 437 | 172 | Pouille Veronique | Roeselare | V+45 | 19 | 1:32:01 | 9,13 | 6:34 |
| 438 | 214 | Vander Meiren Marleen | Geluveld | V+45 | 20 | 1:32:23 | 9,09 | 6:36 |
| 439 | 255 | Witdouch Jaak | Roeselare | M+50 | 21 | 1:34:54 | 8,85 | 6:47 |
| 440 | 65 | Blontrock Klaas | Moorslede | MSEN | 76 | 1:34:55 | 8,85 | 6:47 |
| 441 | 159 | Mestdagh Caroline | Passendale | V+35 | 20 | 1:34:56 | 8,85 | 6:47 |
| 442 | 277 | Callewaert Nikita | Roeselare | VJUN | 13 | 1:35:02 | 8,84 | 6:47 |
| 443 | 483 | Laga Sefaan | Izegem | M+45 | 62 | 1:35:20 | 8,81 | 6:49 |
| 444 | 467 | Vanhoorne Hilde | Izegem | V+45 | 21 | 1:35:23 | 8,81 | 6:49 |
| 445 | 68 | Bouttelgier Nele | Staden | VJUN | 14 | 1:35:26 | 8,80 | 6:49 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|-------------------|--------------------|------|-------|---------|------|---------|
| 446 | 26 | Menu Roger | Hooglede | M+60 | 6 | 1:35:27 | 8,80 | 6:49 |
| 447 | 79 | Courdain Isabelle | Houthulst | MSEN | 77 | 1:36:24 | 8,71 | 6:53 |
| 448 | 249 | Vroman Ilse | Roeselare | VJUN | 15 | 1:37:10 | 8,64 | 6:56 |
| 449 | 165 | Nico De Ruwe | St-Michiels Brugge | M+35 | 60 | 1:38:07 | 8,56 | 7:00 |
| 450 | 119 | Dufour Conny | Kortemark | VSEN | 25 | 1:38:43 | 8,51 | 7:03 |
| 451 | 168 | Pacco Chris | Roeselare | V+45 | 22 | 1:39:18 | 8,46 | 7:06 |
| 452 | 200 | Vancoillie Cynzia | Roeselare | VJUN | 16 | 1:40:04 | 8,39 | 7:09 |
| 453 | 27 | Menu Pieter | Hooglede | MSEN | 78 | 1:43:03 | 8,15 | 7:22 |