

19e Vrouwen en 34e Mannenveldloop Bertem - 22 januari 2006

Benjamins Meisjes 98 - 800m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|----------------------|------|-----|-----|---------|-------|---------|
| 1 | 1064 | Ginis Kelly | BERT | 98 | BEN | 0:03:32 | 13,58 | 4:25 |
| 2 | 192 | Raeymaekers Annelies | VAMB | 98 | BEN | 0:03:44 | 12,86 | 4:40 |
| 3 | 383 | Janssens Nele | MAC | 98 | BEN | 0:03:51 | 12,47 | 4:49 |
| 4 | 476 | De Wit Gitte | LOND | 98 | BEN | 0:03:52 | 12,41 | 4:50 |
| 5 | 475 | De Wit Gwen | LOND | 98 | BEN | 0:04:02 | 11,90 | 5:02 |
| 6 | 827 | Theynissen Amber | BERT | 98 | BEN | 0:04:10 | 11,52 | 5:13 |
| 7 | 838 | Daamen Hanne | SPVI | 98 | BEN | 0:04:18 | 11,16 | 5:23 |
| 8 | 1105 | Veugelen Lieselotte | VAC | 98 | BEN | 0:04:28 | 10,75 | 5:35 |
| 9 | 1079 | Hermans Nikita | VAMB | 98 | BEN | 0:04:39 | 10,32 | 5:49 |

Benjamins Meisjes 97 - 800m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|---------------------|------|-----|-----|---------|-------|---------|
| 1 | 91 | Verhoeven Laura | VAMB | 97 | BEN | 0:03:12 | 15,00 | 4:00 |
| 2 | 310 | Vandeuren Joni | ROBA | 97 | BEN | 0:03:15 | 14,77 | 4:04 |
| 3 | 384 | Van Den Eynde Joyce | MAC | 97 | BEN | 0:03:22 | 14,26 | 4:13 |
| 4 | 329 | Leemans Kaat | OEH | 97 | BEN | 0:03:27 | 13,91 | 4:19 |
| 5 | 90 | Van Rillaer Silke | AVZK | 97 | BEN | 0:03:35 | 13,40 | 4:29 |
| 6 | 933 | Claus Paulien | LOND | 97 | BEN | 0:03:36 | 13,33 | 4:30 |
| 7 | 220 | Orinckx Ine | VAC | 97 | BEN | 0:03:37 | 13,27 | 4:31 |
| 8 | 1010 | Pauwels Alissia | VAMB | 97 | BEN | 0:03:43 | 12,91 | 4:39 |
| 9 | 396 | Vermeir Jessica | VAC | 97 | BEN | 0:03:54 | 12,31 | 4:53 |
| 10 | 0 | VAN DAMME Marjolein | GRIM | | BEN | 0:03:58 | 12,10 | 4:58 |
| 11 | 270 | Schennus Freya | VAMB | 97 | BEN | 0:04:17 | 11,21 | 5:21 |

Benjamins Jongens 98 - 1000m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|----------------------|------|-----|-----|---------|-------|---------|
| 1 | 1211 | De Roeck Vincent | DCLA | 98 | BEN | 0:03:07 | 15,40 | 3:54 |
| 2 | 390 | Lories Tijs | OEH | 98 | BEN | 0:03:14 | 14,85 | 4:03 |
| 3 | 465 | Miri Nassim | MAC | 98 | BEN | 0:03:15 | 14,77 | 4:04 |
| 4 | 1087 | De Proft Tim | LOND | 98 | BEN | 0:03:27 | 13,91 | 4:19 |
| 5 | 1209 | Smet Thomas | DAC | 98 | BEN | 0:03:31 | 13,65 | 4:24 |
| 6 | 842 | Vandermaelen Dimitri | RAM | 98 | BEN | 0:03:31 | 13,65 | 4:24 |
| 7 | 1170 | Vandecauter Mattias | DCLA | 98 | BEN | 0:03:40 | 13,09 | 4:35 |
| 8 | 1150 | Van Buggenhout Mario | LOND | 98 | BEN | 0:03:41 | 13,03 | 4:36 |
| 9 | 475 | Vancampenhout Iwert | VAC | 98 | BEN | 0:03:48 | 12,63 | 4:45 |
| 10 | 382 | Tempelaere Karel | RAM | 98 | BEN | 0:03:55 | 12,26 | 4:54 |
| 11 | 105 | Vancampenhout Rino | VAC | 98 | BEN | | | |
| 12 | 9003 | VAN WINGHE Tibo | NA | | BEN | | | |
| 13 | 1393 | Vandermosten Tom | BERT | 98 | BEN | | | |
| 14 | 127 | Rietjens Sander | VAMB | 98 | BEN | | | |
| 15 | 1269 | Gillekens Sven | VAMB | 98 | BEN | | | |

Benjamins Jongens 97 - 1000m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|-------------------|------|-----|-----|---------|-------|---------|
| 1 | 253 | Manghelinckx Jens | LOND | 97 | BEN | 0:03:10 | 15,16 | 3:58 |
| 2 | 849 | Van Steen Cyriel | VAC | 97 | BEN | 0:03:11 | 15,08 | 3:59 |
| 3 | 9005 | VAN OPSTAL Arne | NA | | BEN | 0:03:17 | 14,62 | 4:06 |
| 4 | 98 | Decoster Thomas | VAMB | 97 | BEN | 0:03:21 | 14,33 | 4:11 |
| 5 | 388 | De Witte Niels | OEH | 97 | BEN | 0:03:22 | 14,26 | 4:13 |
| 6 | 210 | Van Parys Jonas | VAMB | 97 | BEN | 0:03:23 | 14,19 | 4:14 |
| 7 | 669 | Belakhdar Hayten | OEH | 97 | BEN | 0:03:30 | 13,71 | 4:23 |
| 8 | 9001 | NUYTTENS Arthur | NA | | BEN | 0:03:31 | 13,65 | 4:24 |
| 9 | 1100 | Vervondel Robbe | OEH | 97 | BEN | 0:03:35 | 13,40 | 4:29 |
| 10 | 1281 | Abalhaji Adnane | MAC | 97 | BEN | 0:03:40 | 13,09 | 4:35 |
| 11 | 1015 | Goosens Arko | OEH | 97 | BEN | 0:03:41 | 13,03 | 4:36 |
| 12 | 347 | Smet Yannick | DAC | 97 | BEN | 0:03:42 | 12,97 | 4:37 |
| 13 | 389 | Berteloot Korneel | OEH | 97 | BEN | | | |
| 14 | 851 | Roskams Robbe | VAC | 97 | BEN | | | |
| 15 | 9008 | PUTTAERT Michiel | NA | | BEN | | | |

Pupillen Meisjes 96 - 1000m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|---------------------|------|-----|-----|---------|-------|---------|
| 1 | 2565 | Scaunet Vanessa | OEH | 96 | PUP | 0:03:45 | 16,00 | 3:45 |
| 2 | 2564 | Dehaes Elise | OEH | 96 | PUP | 0:03:47 | 15,86 | 3:47 |
| 3 | 2215 | Vidts Noor | VAC | 96 | PUP | 0:03:48 | 15,79 | 3:48 |
| 4 | 2563 | Francois Ellen | OEH | 96 | PUP | 0:03:50 | 15,65 | 3:50 |
| 5 | 3233 | Claus Hannah | LOND | 96 | PUP | 0:03:53 | 15,45 | 3:53 |
| 6 | 2174 | Goossens Marie | LOND | 96 | PUP | 0:04:00 | 15,00 | 4:00 |
| 7 | 2637 | Balcaen Eva | MAC | 96 | PUP | 0:04:03 | 14,81 | 4:03 |
| 8 | 2210 | Lammens Britt | VAC | 96 | PUP | 0:04:05 | 14,69 | 4:05 |
| 9 | 3021 | Van Steen Delphine | VAC | 96 | PUP | 0:04:07 | 14,57 | 4:07 |
| 10 | 2567 | Verdeyen Elke | DCLA | 96 | PUP | 0:04:08 | 14,52 | 4:08 |
| 11 | 3016 | Van Winghe Larisa | VAC | 96 | PUP | | | |
| 12 | 2592 | Vancoetsem Geertrui | BERT | 96 | PUP | | | |
| 13 | 3154 | Rietjens Dorien | VAMB | 96 | PUP | | | |
| 14 | 2634 | Abdelhadji Hajar | MAC | 96 | PUP | | | |
| 15 | 2636 | Deroover Marthe | MAC | 96 | PUP | | | |
| 16 | 2892 | Nerinckx Emilie | VAC | 96 | PUP | | | |
| 17 | 2209 | Kuyl Anse | VAC | 96 | PUP | | | |
| 18 | 3416 | Bongo Cindy Helène | VAC | 96 | PUP | | | |
| 19 | 2722 | Hermans Bianca | VAMB | 96 | PUP | | | |

Pupillen Meisjes 95 - 1000m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|----------------------|------|-----|-----|---------|-------|---------|
| 1 | 2653 | Vancampenhout Lisa | VAC | 95 | PUP | 0:03:51 | 15,58 | 3:51 |
| 2 | 2165 | Haesevoets Estelle | VAMB | 95 | PUP | 0:03:56 | 15,25 | 3:56 |
| 3 | 2635 | Abdelhadji Oumaima | MAC | 95 | PUP | 0:03:58 | 15,13 | 3:58 |
| 4 | 2207 | Decaestecker Talissa | VAC | 95 | PUP | 0:04:01 | 14,94 | 4:01 |
| 5 | 2176 | De Bondt Astrid | LOND | 95 | PUP | 0:04:05 | 14,69 | 4:05 |
| 6 | 3351 | Raskin Kimberly | VAMB | 95 | PUP | 0:04:07 | 14,57 | 4:07 |
| 7 | 2322 | Vanden Daele Arike | VAC | 95 | PUP | 0:04:11 | 14,34 | 4:11 |
| 8 | 2328 | Raeymaekers Aurelie | VAMB | 95 | PUP | 0:03:13 | 18,65 | 3:13 |
| 9 | 2212 | Sollie Tessa | VAC | 95 | PUP | 0:04:15 | 14,12 | 4:15 |
| 10 | 2175 | Carlier Astrid | LOND | 95 | PUP | 0:04:23 | 13,69 | 4:23 |
| 11 | 2211 | Meert Amber | VAC | 95 | PUP | | | |
| 12 | 2590 | Theunissen Lise | BERT | 95 | PUP | | | |
| 13 | 2195 | Beets Alexandra | ROBA | 95 | PUP | | | |

Pupillen Jongens 96 - 1000m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|--------------------------|------|-----|-----|---------|-------|---------|
| 1 | 2937 | Francois Laurens | OEH | 96 | PUP | 0:03:46 | 15,93 | 3:46 |
| 2 | 2986 | Potemans Sid | DCLA | 96 | PUP | 0:03:47 | 15,86 | 3:47 |
| 3 | 2483 | Peeters Lennert | RAM | 96 | PUP | 0:03:48 | 15,79 | 3:48 |
| 4 | 2936 | Lories Joost | OEH | 96 | PUP | 0:03:54 | 15,38 | 3:54 |
| 5 | 2812 | De Mars Kjell | GRIM | 96 | PUP | 0:03:57 | 15,19 | 3:57 |
| 6 | 3025 | Dobbelaere Steven | MAC | 96 | PUP | 0:03:58 | 15,13 | 3:58 |
| 7 | 2528 | Geeroms Jeroen | LOND | 96 | PUP | 0:04:00 | 15,00 | 4:00 |
| 8 | 2522 | Bellemans Wouter | VAMB | 96 | PUP | 0:04:01 | 14,94 | 4:01 |
| 9 | 3812 | Veugelen Dries | VAC | 96 | PUP | 0:04:02 | 14,88 | 4:02 |
| 10 | 2529 | Schelfthout Jonas | LOND | 96 | PUP | 0:04:03 | 14,81 | 4:03 |
| 11 | 2627 | Van Den Broeck Altaseb | ACP | 96 | PUP | 0:04:07 | 14,57 | 4:07 |
| 12 | 2544 | Vancampenhout Ignace | VAC | 96 | PUP | | | |
| 13 | 3280 | Hoedemaekers Björn | OEH | 96 | PUP | | | |
| 14 | 3217 | Smidt Lex* | VAMB | 96 | PUP | | | |
| 15 | 3202 | Vander Kuylen Christiaan | DCLA | 96 | PUP | | | |
| 16 | 2914 | Vandermaelen Jordi | RAM | 96 | PUP | | | |

Pupillen Jongens 95 - 1000m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|------|-----|-----|---------|-------|---------|
| 1 | 3187 | Giedts Sam | RCT | 95 | PUP | 0:03:25 | 17,56 | 3:25 |
| 2 | 2725 | Van Rymenant Thomas | SPVI | 95 | PUP | 0:03:32 | 16,98 | 3:32 |
| 3 | 2570 | Steenwerckx Matthias | ROBA | 95 | PUP | 0:03:36 | 16,67 | 3:36 |
| 4 | 2934 | Van Diest Daan | OEH | 95 | PUP | 0:03:38 | 16,51 | 3:38 |
| 5 | 3676 | Demeyere Maarten | VAMB | 95 | PUP | 0:03:40 | 16,36 | 3:40 |
| 6 | 2542 | Dumeez Robin | VAC | 95 | PUP | 0:03:41 | 16,29 | 3:41 |
| 7 | 2702 | Van Parys Matthias | VAMB | 95 | PUP | 0:03:44 | 16,07 | 3:44 |
| 8 | 2706 | Remacle Bjorn | DCLA | 95 | PUP | 0:03:46 | 15,93 | 3:46 |
| 9 | 2944 | Eylenbosch Arno | OEH | 95 | PUP | 0:03:47 | 15,86 | 3:47 |
| 10 | 2988 | Potemans Naud | DCLA | 95 | PUP | 0:03:52 | 15,52 | 3:52 |
| 11 | 2667 | Herbots Daan | VAC | 95 | PUP | | | |
| 12 | 2521 | Bellemans Joris | VAMB | 95 | PUP | | | |
| 13 | 2526 | Van Cappellen Michiel | VAMB | 95 | PUP | | | |
| 14 | 3031 | Putman Jonathan | MAC | 95 | PUP | | | |
| 15 | 2520 | Desmet Roeland | VAMB | 95 | PUP | | | |
| 16 | 9002 | NUYTTENS Jules | NA | | PUP | | | |
| 17 | 3032 | Bongaerts Dries | MAC | 95 | PUP | | | |

Miniemen Meisjes 94 - 1500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|------|-----|-----|---------|-------|---------|
| 1 | 4961 | Miri Yasmina | MAC | 94 | MIN | 0:06:16 | 14,36 | 4:11 |
| 2 | 4505 | Binst Inge | VAC | 94 | MIN | 0:06:22 | 14,14 | 4:15 |
| 3 | 4883 | Somville Gaelle | OEH | 94 | MIN | 0:06:37 | 13,60 | 4:25 |
| 4 | 4511 | Van De Vondel Julie | VAC | 94 | MIN | 0:06:44 | 13,37 | 4:29 |
| 5 | 4611 | De Keersmaeker Emma | RAM | 94 | MIN | 0:06:49 | 13,20 | 4:33 |
| 6 | 5247 | De Smedt Laura | GRIM | 94 | MIN | 0:07:09 | 12,59 | 4:46 |
| 7 | 4506 | Decaestecker Tiara | VAC | 94 | MIN | 0:07:19 | 12,30 | 4:53 |
| 8 | 4469 | Van Passel Sylvina | VAMB | 94 | MIN | 0:07:23 | 12,19 | 4:55 |
| 9 | 4923 | Van Coetsem Katrien | BERT | 94 | MIN | 0:07:49 | 11,51 | 5:13 |
| 10 | 4890 | Vercruysse Karen | OEH | 94 | MIN | 0:08:28 | 10,63 | 5:39 |
| 11 | 9006 | WITTEVRONGEL Mathilde | NA | | MIN | | | |

Miniemen Meisjes 93 - 1500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|--------------------------|------|-----|-----|---------|-------|---------|
| 1 | 4959 | Dierckx Sanne | MAC | 93 | MIN | 0:06:21 | 14,17 | 4:14 |
| 2 | 4945 | Donadi Sophie | DCLA | 93 | MIN | 0:06:29 | 13,88 | 4:19 |
| 3 | 4879 | Vanderstichele Charlotte | OEH | 93 | MIN | 0:06:37 | 13,60 | 4:25 |
| 4 | 5273 | Schoonbaert Kirsten | VAC | 93 | MIN | 0:06:43 | 13,40 | 4:29 |
| 5 | 4892 | Eylenbosch Sarah | OEH | 93 | MIN | 0:06:47 | 13,27 | 4:31 |
| 6 | 4449 | Van Campenhout Sanne | RAM | 93 | MIN | 0:07:15 | 12,41 | 4:50 |
| 7 | 4881 | Van Diest Dorien | OEH | 93 | MIN | 0:07:54 | 11,39 | 5:16 |
| 8 | 4924 | Vandermosten Lien | BERT | 93 | MIN | 0:08:45 | 10,29 | 5:50 |

Miniemen Jongens 94 - 1500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|---------------------|------|-----|-----|---------|-------|---------|
| 1 | 5199 | Bartholomees Jonas | VAMB | 94 | MIN | 0:06:09 | 14,63 | 4:06 |
| 2 | 5180 | De Proft Tom | LOND | 94 | MIN | 0:06:16 | 14,36 | 4:11 |
| 3 | 5198 | Dehertog Wout | VAMB | 94 | MIN | 0:06:19 | 14,25 | 4:13 |
| 4 | 6177 | Meykens Zander | GRIM | 94 | MIN | 0:06:26 | 13,99 | 4:17 |
| 5 | 5672 | Dobbelaere Gert-Jan | MAC | 94 | MIN | 0:06:33 | 13,74 | 4:22 |
| 6 | 9007 | VANHENTENRIJK Simon | NA | | MIN | 0:06:38 | 13,57 | 4:25 |
| 7 | 5192 | Colebrants Thomas | VAC | 94 | MIN | 0:06:39 | 13,53 | 4:26 |
| 8 | 5693 | Vermeulen Marijn | VAC | 94 | MIN | 0:06:41 | 13,47 | 4:27 |
| 9 | 5354 | Vermeulen Seppe | VAMB | 94 | MIN | 0:06:44 | 13,37 | 4:29 |
| 10 | 5141 | Van Kesteren Lars | ROBA | 94 | MIN | 0:06:53 | 13,08 | 4:35 |
| 11 | 6086 | Goossens Robby | OEH | 94 | MIN | | | |
| 12 | 5605 | Lories Stijn | OEH | 94 | MIN | | | |
| 13 | 5886 | Van Volsem Jurgen | OEH | 94 | MIN | | | |
| 14 | 5358 | Dierickx Maxim | VAMB | 94 | MIN | | | |
| 15 | 5900 | Creuwels Wim | VAC | 94 | MIN | | | |
| 16 | 6078 | Vanloock Gilles | BERT | 94 | MIN | | | |

Miniemen Jongens 93 - 1500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|------|-----|-----|---------|-------|---------|
| 1 | 5177 | Verhoeven Joachim | VAMB | 93 | MIN | 0:05:45 | 15,65 | 3:50 |
| 2 | 5183 | De Prins Thomas | LOND | 93 | MIN | 0:05:46 | 15,61 | 3:51 |
| 3 | 5359 | Scheys Jelle | VAMB | 93 | MIN | 0:05:52 | 15,34 | 3:55 |
| 4 | 5181 | Carlier Yannick | LOND | 93 | MIN | 0:05:57 | 15,13 | 3:58 |
| 5 | 5638 | De Coninck Matthias | BERT | 93 | MIN | 0:05:58 | 15,08 | 3:59 |
| 6 | 5356 | Van Parys Maarten | VAMB | 93 | MIN | 0:05:59 | 15,04 | 3:59 |
| 7 | 5178 | Bellemans Dieter | VAMB | 93 | MIN | 0:06:00 | 15,00 | 4:00 |
| 8 | 5561 | Waterplas Kevin | DAC | 93 | MIN | 0:06:10 | 14,59 | 4:07 |
| 9 | 5866 | Van Den Bosch Bram | OEH | 93 | MIN | 0:06:18 | 14,29 | 4:12 |
| 10 | 5314 | Heremans Tom | RAM | 93 | MIN | 0:06:21 | 14,17 | 4:14 |
| 11 | 5193 | Meert Bob | VAC | 93 | MIN | | | |
| 12 | 9009 | NOBELS Sven | NA | | MIN | | | |
| 13 | 5832 | Vander Kuylen Laurens | DCLA | 93 | MIN | | | |
| 14 | 5908 | Heemeryck Sander | VAC | 93 | MIN | | | |
| 15 | 5876 | Hamdi Idriss | GRIM | 93 | MIN | | | |
| 16 | 5609 | Hendrickx Brian | OEH | 93 | MIN | | | |
| 17 | 5686 | Moons Bart | RAM | 93 | MIN | | | |

Kadetten Meisjes 92-91 - 2500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|-----|----------------------|------|-----|-----|---------|-------|---------|
| 1 | 398 | De Smedt Elke | GRIM | 91 | KAD | 0:09:12 | 16,30 | 3:41 |
| 2 | 114 | Devos Evelien | VAC | 92 | KAD | 0:09:23 | 15,99 | 3:45 |
| 3 | 392 | Bergmann Laurence | OEH | 91 | KAD | 0:09:31 | 15,76 | 3:48 |
| 4 | 399 | Van Den Borre Monika | GRIM | 91 | KAD | 0:09:40 | 15,52 | 3:52 |
| 5 | 199 | Jacobs Rosanne | RAM | 91 | KAD | 0:09:45 | 15,38 | 3:54 |
| 6 | 710 | Decubber Joke | VAC | 92 | KAD | 0:09:46 | 15,36 | 3:54 |
| 7 | 621 | De Breck Lore | VAC | 91 | KAD | 0:09:52 | 15,20 | 3:57 |
| 8 | 868 | Bos Saskia | OEH | 92 | KAD | 0:09:55 | 15,13 | 3:58 |
| 9 | 80 | Verhoeven Elynn | VAMB | 92 | KAD | 0:09:56 | 15,10 | 3:58 |
| 10 | 796 | Renard Lise | VAMB | 91 | KAD | 0:09:57 | 15,08 | 3:59 |
| 11 | 200 | De Keersmaecker Nena | RAM | 91 | KAD | | | |
| 12 | 404 | Verdeyen Sien | DCLA | 91 | KAD | | | |
| 13 | 752 | Geys Ellen | BERT | 92 | KAD | | | |
| 14 | 422 | De Bontridder Kim | BERT | 91 | KAD | | | |

Kadetten Jongens 92-91 - 2500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|---------------------|------|-----|-----|---------|-------|---------|
| 1 | 419 | Muchez Laurens | DCLA | 91 | KAD | 0:08:54 | 16,85 | 3:34 |
| 2 | 291 | De Mars Jietse | GRIM | 91 | KAD | 0:09:06 | 16,48 | 3:38 |
| 3 | 100 | Moyson Jonas | LOND | 92 | KAD | 0:09:08 | 16,42 | 3:39 |
| 4 | 214 | Maes Stijn | SPVI | 91 | KAD | 0:09:10 | 16,36 | 3:40 |
| 5 | 781 | Van Hamme Tim | VAC | 91 | KAD | 0:09:22 | 16,01 | 3:45 |
| 6 | 458 | Vermeir Jeffrey | VAC | 92 | KAD | 0:09:28 | 15,85 | 3:47 |
| 7 | 508 | Swinnen Wannas | VAMB | 92 | KAD | 0:09:32 | 15,73 | 3:49 |
| 8 | 1436 | HOFMANS BENJAMIN | RCB | 91 | KAD | 0:09:39 | 15,54 | 3:52 |
| 9 | 669 | Mertens Niels | LOND | 92 | KAD | 0:09:56 | 15,10 | 3:58 |
| 10 | 541 | Timmermans Philippe | DCLA | 91 | KAD | 0:10:10 | 14,75 | 4:04 |
| 11 | 173 | Caluwaerts Bart | RAM | 92 | KAD | | | |
| 12 | 197 | Behets Jef | DCLA | 92 | KAD | | | |
| 13 | 805 | De Moor Max | DCLA | 92 | KAD | | | |
| 14 | 651 | Dahrouch Anas | VAC | 92 | KAD | | | |
| 15 | 69 | Roggemans Joren | RAM | 92 | KAD | | | |

Scholieren Meisjes 90-89 - 4000m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|---------------------|------|-----|-----|---------|-------|---------|
| 1 | 2099 | Van Damme Vera | GRIM | 89 | SCH | 0:15:34 | 15,42 | 3:54 |
| 2 | 1890 | Van Der Sanden Lien | AVZK | 89 | SCH | 0:15:41 | 15,30 | 3:55 |
| 3 | 1867 | Geeroms Nele | LOND | 89 | SCH | 0:15:56 | 15,06 | 3:59 |
| 4 | 1966 | Rummens Julie | DCLA | 89 | SCH | 0:16:02 | 14,97 | 4:01 |
| 5 | 1940 | Caluwaerts Leen | RAM | 89 | SCH | 0:19:13 | 12,49 | 4:48 |

Scholieren Jongens 90-89 - 4500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|---------------------|------|-----|-----|---------|-------|---------|
| 1 | 1968 | Hamdi Ali | GRIM | 89 | SCH | 0:15:09 | 17,82 | 3:22 |
| 2 | 2272 | Demeester Thijs | VAC | 89 | SCH | 0:15:10 | 17,80 | 3:22 |
| 3 | 2061 | Bergmann Sebastien | OEH | 89 | SCH | 0:15:11 | 17,78 | 3:22 |
| 4 | 1990 | D'hoedt Jeroen | OEH | 90 | SCH | 0:15:35 | 17,33 | 3:28 |
| 5 | 2068 | De Smedt Jeroen | GRIM | 89 | SCH | 0:15:52 | 17,02 | 3:32 |
| 6 | 2358 | Demeyere Hans | VAMB | 89 | SCH | 0:15:54 | 16,98 | 3:32 |
| 7 | 9010 | VAN GOOLEN BERT | NA | | SCH | 0:16:15 | 16,62 | 3:37 |
| 8 | 2464 | Hemeryck Pieter | VAC | 89 | SCH | 0:16:22 | 16,50 | 3:38 |
| 9 | 2478 | Campforts Benjamin | DCLA | 89 | SCH | 0:16:38 | 16,23 | 3:42 |
| 10 | 1989 | Keyaerts Matti | VAMB | 90 | SCH | 0:16:39 | 16,22 | 3:42 |
| 11 | 2095 | Pauwels Frans | LOOI | 90 | SCH | | | |
| 12 | 1881 | Jacobs Jasper | RAM | 89 | SCH | | | |
| 13 | 1880 | Belde Ruben | RAM | 89 | SCH | | | |
| 14 | 1810 | Van Passel Seth | VAMB | 89 | SCH | | | |
| 15 | 2066 | Goedefroot Dimitri | OEH | 90 | SCH | | | |
| 16 | 1819 | De Roo Lieven | VAC | 90 | SCH | | | |
| 17 | 2063 | Goedefroot Jonathan | OEH | 90 | SCH | | | |
| 18 | 1884 | Vandensande Joris | DCLA | 89 | SCH | | | |

Korte Cross Heren - 2500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|---------------------------|------|-----|-----|---------|-------|---------|
| 1 | 1792 | Van Ophem Jeremy | DCLA | 84 | SEN | 0:08:04 | 18,60 | 3:14 |
| 2 | 1423 | Vanchaze Tom | AVT | 82 | SEN | 0:08:06 | 18,52 | 3:14 |
| 3 | 1030 | Van Den Bergh Bert | VAC | 77 | SEN | 0:08:28 | 17,72 | 3:23 |
| 4 | 841 | Voet Andreas | BVAC | 80 | SEN | 0:08:36 | 17,44 | 3:26 |
| 5 | 930 | Huveneers Lenny | LOOI | 82 | SEN | 0:08:37 | 17,41 | 3:27 |
| 6 | 1528 | Debraekeleer Joris | VAMB | 80 | SEN | 0:08:39 | 17,34 | 3:28 |
| 7 | 1527 | Alberghs Geert | SPVI | 80 | SEN | 0:08:45 | 17,14 | 3:30 |
| 8 | 1194 | Nagels Jeroen | VAMB | 77 | SEN | 0:08:56 | 16,79 | 3:34 |
| 9 | 1176 | Custers Joris | AVT | 85 | SEN | 0:09:00 | 16,67 | 3:36 |
| 10 | 2008 | De Wit Ben | DCLA | 79 | SEN | 0:09:03 | 16,57 | 3:37 |
| 11 | 933 | Cloostermans Pieter-Jan | LOOI | 86 | SEN | | | |
| 12 | 903 | De Donder Koen | LOND | 76 | SEN | | | |
| 13 | 1985 | Butaye Filip | VAMB | 75 | SEN | | | |
| 14 | 1221 | Escajadillo Mario Noaman* | BAV | 80 | SEN | | | |

Juniors Dames - 4500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------|------|-----|-----|---------|-------|---------|
| 1 | 34 | Cnops Vanja | VAMB | 87 | JUN | 0:16:23 | 16,48 | 3:38 |
| 2 | 76 | Trappeniers Lesley | DCLA | 88 | JUN | 0:18:04 | 14,94 | 4:01 |
| 3 | 178 | Wolfs Marlies | VAC | 87 | JUN | 0:18:20 | 14,73 | 4:04 |
| 4 | 159 | Deboeck Maaïke | GRIM | 87 | JUN | 0:18:26 | 14,65 | 4:06 |
| 5 | 44 | Crabbe Tatiana | VAC | 87 | JUN | 0:18:46 | 14,39 | 4:10 |
| 6 | 75 | Aerts Barbara | DCLA | 88 | JUN | 0:19:56 | 13,55 | 4:26 |
| 7 | 69 | Buelens Sarah | RAM | 88 | JUN | | | |
| 8 | 223 | Sticker Liebeth | GRIM | 88 | JUN | | | |

Juniors Heren - 7500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|------|-----|-----|---------|-------|---------|
| 1 | 181 | Verdeyen Jochen | DCLA | 88 | JUN | 0:26:07 | 17,23 | 3:29 |
| 2 | 299 | De Buyser Matthias | VAC | 88 | JUN | 0:27:15 | 16,51 | 3:38 |
| 3 | 356 | Demeyere Pieter | VAMB | 87 | JUN | 0:27:22 | 16,44 | 3:39 |
| 4 | 109 | Martin Herrera Adrian* | SPVI | 87 | JUN | | | |
| 5 | 29 | Van Campenhout Peter | RAM | 88 | JUN | | | |

Masters Dames - 4500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|--------------------------|------|-----|-----|---------|-------|---------|
| 1 | 3031 | Willekens Marijke | DCLA | 63 | MAS | 0:18:18 | 14,75 | 4:04 |
| 2 | 2772 | Vanhorebeek Myriam | DCLA | 66 | MAS | 0:19:06 | 14,14 | 4:15 |
| 3 | 2759 | De Gelas Fanny | OEH | 55 | MAS | 0:19:16 | 14,01 | 4:17 |
| 4 | 2215 | Munten Anna | ATLA | 55 | MAS | 0:19:34 | 13,80 | 4:21 |
| 5 | 2247 | Winnelinckx Marcella | VAMB | 57 | MAS | 0:19:25 | 13,91 | 4:19 |
| 6 | 2454 | Van Orshoven Goedele | DCLA | 61 | MAS | 0:19:33 | 13,81 | 4:21 |
| 7 | 2767 | Van Den Eede Chantal | OEH | 54 | MAS | 0:19:40 | 13,73 | 4:22 |
| 8 | 3013 | Hermans Marie-Rose | DCLA | 55 | MAS | 0:19:47 | 13,65 | 4:24 |
| 9 | 2886 | Van Den Broeck Godelieve | VAC | 67 | MAS | 0:19:28 | 13,87 | 4:20 |
| 10 | 2456 | Dewilder Nicole | VAMB | 61 | MAS | | | |
| 11 | 2771 | De Cock Marie-Jose | GRIM | 56 | MAS | | | |
| 12 | 2534 | Meesters Hilde | BAV | 61 | MAS | | | |
| 13 | 2320 | Fonteyn Maria | VAC | 60 | MAS | | | |
| 14 | 2836 | Verloy Rita | DCLA | 60 | MAS | | | |
| 15 | 2841 | Verheyden Rosette | VAMB | 63 | MAS | | | |
| 16 | 2707 | Van Camp Annie | RCT | 53 | MAS | | | |
| 17 | 2319 | De Wachter Gaby | VAC | 67 | MAS | | | |
| 18 | 2248 | Craps Martine | VAMB | 63 | MAS | | | |
| 19 | 3184 | Wij Beatrice | BERT | 65 | MAS | | | |
| 20 | 3218 | Meulemans Arlette | BERT | 54 | MAS | | | |
| 21 | 2770 | Tack Micheline | GRIM | 46 | MAS | | | |
| 22 | 2208 | Pas Christel | RAM | 63 | MAS | | | |
| 23 | 2859 | De Waerheit Eliane | MAC | 48 | MAS | | | |
| 24 | 2284 | Luyten Simonne | LOOI | 40 | MAS | | | |
| 25 | 3067 | Biesmans Lisette | LOOI | 46 | MAS | | | |

Masters Heren - 7500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|------------------------|------|-----|-----|---------|-------|---------|
| 1 | 3515 | Planas Juan | ATLA | 65 | MAS | 0:25:12 | 17,86 | 3:22 |
| 2 | 3719 | Lemmens Joseph | LOOI | 61 | MAS | 0:25:30 | 17,65 | 3:24 |
| 3 | 5598 | Verdeyen Johan | DCLA | 61 | MAS | 0:25:39 | 17,54 | 3:25 |
| 4 | 5750 | Pocket Dirk | DAC | 67 | MAS | 0:25:46 | 17,46 | 3:26 |
| 5 | 5861 | Bonnevalle Gert | VAC | 70 | MAS | 0:25:50 | 17,42 | 3:27 |
| 6 | 3553 | Damen Jan | ROBA | 60 | MAS | 0:26:12 | 17,18 | 3:30 |
| 7 | 5998 | Vleugelen Bart | VAC | 70 | MAS | 0:26:27 | 17,01 | 3:32 |
| 8 | 5439 | Van Steen Sven | VAC | 66 | MAS | 0:26:37 | 16,91 | 3:33 |
| 9 | 4428 | Heymans Marc | ATLA | 63 | MAS | 0:27:04 | 16,63 | 3:37 |
| 10 | 4537 | Moreels Stefaan | EA | 68 | MAS | 0:27:09 | 16,57 | 3:37 |
| 11 | 3678 | Dumeez Werner | VAC | 67 | MAS | 0:27:21 | 16,45 | 3:39 |
| 12 | 4117 | Maes Daniel | SPVI | 63 | MAS | 0:27:32 | 16,34 | 3:40 |
| 13 | 3582 | Van Rillaer Stefan | AVZK | 70 | MAS | 0:27:37 | 16,29 | 3:41 |
| 14 | 5228 | Lauwens Stefan | RAM | 67 | MAS | 0:27:49 | 16,18 | 3:43 |
| 15 | 4860 | Vancampenhout Tom | VAC | 67 | MAS | 0:27:53 | 16,14 | 3:43 |
| 16 | 5192 | Matheys Danny | ROBA | 65 | MAS | 0:28:04 | 16,03 | 3:45 |
| 17 | 5530 | Mousaid Mohammed | VAMB | 59 | MAS | 0:28:10 | 15,98 | 3:45 |
| 18 | 3546 | Lauwers Marc | RAM | 64 | MAS | 0:28:15 | 15,93 | 3:46 |
| 19 | 5274 | Verhaeren Alain | VAC | 57 | MAS | 0:28:18 | 15,90 | 3:46 |
| 20 | 3639 | Verhoeven Herman | VAMB | 62 | MAS | 0:28:19 | 15,89 | 3:47 |
| 21 | 4858 | Decubber Jos | VAC | 65 | MAS | 0:28:43 | 15,67 | 3:50 |
| 22 | 4153 | Geeroms Jozef | LOND | 59 | MAS | 0:28:53 | 15,58 | 3:51 |
| 23 | 4861 | Vermeir Dirk | VAC | 65 | MAS | | | |
| 24 | 3648 | Geeroms Kris | LOND | 61 | MAS | | | |
| 25 | 5427 | Verbesselt Philip | VAC | 63 | MAS | | | |
| 26 | 5447 | De Buyser Noel | VAC | 59 | MAS | | | |
| 27 | 5592 | Vander Auwera Luc | BERT | 56 | MAS | | | |
| 28 | 4202 | Versteven Rene | ROBA | 45 | MAS | | | |
| 29 | 4696 | Muchez Philippe | DCLA | 62 | MAS | | | |
| 30 | 6101 | Muysoms Marc | RAM | 65 | MAS | | | |
| 31 | 3655 | Van Neck Felix | LOND | 52 | MAS | | | |
| 32 | 4606 | Busselot Marc | OEH | 53 | MAS | | | |
| 33 | 3522 | Porco Mario* | ATLA | 54 | MAS | | | |
| 34 | 5715 | Geyskens Mark | RCT | 54 | MAS | | | |
| 35 | 4412 | Van San Christian | BAV | 65 | MAS | | | |
| 36 | 3962 | Van Nieuwenhove Jeroen | DCLA | 68 | MAS | | | |
| 37 | 5552 | Huygens Eddy | SPVI | 58 | MAS | | | |
| 38 | 3783 | Vanwyck Jos | DUFF | 49 | MAS | | | |
| 39 | 6157 | Dehoux Paul | BERT | 69 | MAS | | | |
| 40 | 5987 | Beckers Hugo | BERT | 58 | MAS | | | |
| 41 | 5593 | Van Den Broeck Marc | BERT | 57 | MAS | | | |
| 42 | 4650 | Seymons Willy | LOND | 42 | MAS | | | |
| 43 | 5591 | Timmerman Christian | BERT | 55 | MAS | | | |
| 44 | 4615 | Bober Jean-Pierre | GRIM | 51 | MAS | | | |
| 45 | 3548 | Van Campenhout Paul | RAM | 58 | MAS | | | |
| 46 | 3637 | Poullussen Erwin | VAMB | 65 | MAS | | | |
| 47 | 3681 | Sollie Dirk | VAC | 64 | MAS | | | |
| 48 | 4623 | Cornillie Freddy | DCLA | 54 | MAS | | | |
| 49 | 3952 | Herbots Bert | VAC | 67 | MAS | | | |
| 50 | 3939 | Caluwaerts Geert | RAM | 63 | MAS | | | |
| 51 | 6130 | D'haese Wim | RCT | 66 | MAS | | | |
| 52 | 5378 | Letellier Jean Luc | BAV | 65 | MAS | | | |

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|------------------------|------|-----|-----|------|-----|---------|
| 53 | 4028 | Dockx Ghislain | VAMB | 50 | MAS | | | |
| 54 | 5262 | Meert Chris | VAC | 65 | MAS | | | |
| 55 | 5557 | Beys Michel | BERT | 52 | MAS | | | |
| 56 | 5433 | De Vleminck Rudi | VAC | 61 | MAS | | | |
| 57 | 4108 | Trooskens Gilbert | SPVI | 52 | MAS | | | |
| 58 | 5590 | Nolis Louis | BERT | 40 | MAS | | | |
| 59 | 4043 | Van Loo Bruno | ROBA | 47 | MAS | | | |
| 60 | 5161 | Van Hemelryck Jozef | SPVI | 50 | MAS | | | |
| 61 | 5757 | Parton Hugo | DCLA | 50 | MAS | | | |
| 62 | 5007 | Janssens Henri | LAC | 33 | MAS | | | |
| 63 | 4413 | Escajadillo Asuncion* | BAV | 58 | MAS | | | |
| 64 | 5241 | Wouters Ivo | BAV | 57 | MAS | | | |
| 65 | 4109 | Lamote Leon | SPVI | 39 | MAS | | | |
| 66 | 5296 | Severyns Edgard | LOOI | 32 | MAS | | | |
| 67 | 4592 | Hemelings Adelin | OEH | 34 | MAS | | | |
| 68 | 4594 | Basteleus Jean | OEH | 38 | MAS | | | |
| 69 | 5003 | Van De Vyver Herman | LAC | 46 | MAS | | | |
| 70 | 4378 | Beke Jozef | VAMB | 40 | MAS | | | |
| 71 | 4598 | Duffeleer Marcel | OEH | 61 | MAS | | | |
| 72 | 3642 | Van Passel Henri | VAMB | 60 | MAS | | | |
| 73 | 3635 | De Cock Paul | VAMB | 45 | MAS | | | |
| 74 | 4614 | Van Dessel Rene | GRIM | 45 | MAS | | | |
| 75 | 4774 | Putseys Modest | MAC | 45 | MAS | | | |
| 76 | 4687 | Van Den Broeck Norbert | BERT | 31 | MAS | | | |

Seniors Dames - 4500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|------------------------|------|-----|-----|---------|-------|---------|
| 1 | 2451 | Debaets Corinne | DCLA | 63 | MAS | 0:16:13 | 16,65 | 3:36 |
| 2 | 997 | Mox Kristien | DAC | 78 | SEN | 0:17:43 | 15,24 | 3:56 |
| 3 | 662 | Trappeniers Nele | VAMB | 78 | SEN | 0:17:52 | 15,11 | 3:58 |
| 4 | 981 | Figeys Wine | DCLA | 81 | SEN | 0:18:10 | 14,86 | 4:02 |
| 5 | 1002 | Van Cauwelaert Karlien | DAC | 80 | SEN | 0:18:15 | 14,79 | 4:03 |
| 6 | 827 | Vandenput Nele | VAMB | 78 | SEN | 0:18:19 | 14,74 | 4:04 |
| 7 | 886 | Boiten Evi | ACA | 83 | SEN | 0:19:04 | 14,16 | 4:14 |
| 8 | 1069 | D'haene Katie | DCLA | 72 | SEN | 0:19:42 | 13,71 | 4:23 |
| 9 | 763 | De Clerck Ann | AVLO | 73 | SEN | 0:20:10 | 13,39 | 4:29 |
| 10 | 928 | Deneyer Sofie | OEH | 85 | SEN | 0:20:38 | 13,09 | 4:35 |
| 11 | 644 | Schaerlaeken Christine | RAM | 74 | SEN | | | |

Seniors Heren - 7500m

| PL | NR | Naam | Club | GBJ | CAT | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|------|-----|-----|---------|-------|---------|
| 1 | 1296 | Vermeiren Johan | OEH | 73 | SEN | 0:25:18 | 17,79 | 3:22 |
| 2 | 1000 | Segers Davy | DCLA | 77 | SEN | 0:25:29 | 17,66 | 3:24 |
| 3 | 1287 | Berghmans Dieter | OEH | 82 | SEN | 0:25:30 | 17,65 | 3:24 |
| 4 | 3964 | Ruell Marc | DCLA | 58 | MAS | 0:25:33 | 17,61 | 3:24 |
| 5 | 1832 | Fumiere Olivier | ATLE | 71 | SEN | 0:25:41 | 17,52 | 3:25 |
| 6 | 1292 | Boon Stijn | OEH | 85 | SEN | 0:25:44 | 17,49 | 3:26 |
| 7 | 1673 | Pontoizeau Rodolfe | VAC | 73 | SEN | 0:26:29 | 16,99 | 3:32 |
| 8 | 1517 | Vanautgaerden Maarten | OEH | 76 | SEN | 0:26:41 | 16,86 | 3:33 |
| 9 | 1293 | Deneyer Kenny | OEH | 86 | SEN | 0:26:46 | 16,81 | 3:34 |
| 10 | 1667 | Kaers Pascal | DCLA | 72 | SEN | 0:27:04 | 16,63 | 3:37 |
| 11 | 1336 | Trappeniers Pieter | BERT | 74 | SEN | 0:27:13 | 16,53 | 3:38 |
| 12 | 2138 | Van Bellingen Jeroen | DAC | 77 | SEN | | | |
| 13 | 4684 | Lissens Daniel | BERT | 47 | MAS | | | |
| 14 | 6018 | Elsen Paul | BERT | 50 | MAS | | | |
| 15 | 5377 | Figeys Manuel | BAV | 63 | MAS | | | |