

31e Veldloop Hulshout - 4 januari 2004

Benjamins Dames 96 - 1060m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|------------------------|-----|-----|------|---------|-------|---------|
| 1 | 295 | VAN DEN BROECK LORE | BEN | 96 | LYRA | 0:04:40 | 13,63 | 4:24 |
| 2 | 663 | VANGOIDSENHOVEN JONE | BEN | 96 | AVZK | 0:04:50 | 13,16 | 4:34 |
| 3 | 438 | VAN STEENVOORT LOTTE | BEN | 96 | ACBR | 0:05:03 | 12,59 | 4:46 |
| 4 | 573 | HENDRICKX REMKE | BEN | 96 | OLSE | 0:05:09 | 12,35 | 4:52 |
| 5 | 251 | VAN DER JONCKHEYD LISA | BEN | 96 | ABES | 0:05:26 | 11,71 | 5:08 |
| 6 | 35 | MASELIS IRIS | BEN | 96 | ABES | 0:05:27 | 11,67 | 5:08 |
| 7 | 694 | VAN DE MIEROOP MARIE | BEN | 96 | LIER | 0:05:32 | 11,49 | 5:13 |
| 8 | 170 | VAN DER WEYEN JESSIE | BEN | 96 | LYRA | 0:05:35 | 11,39 | 5:16 |
| 9 | 9002 | SMETS IBICH | BEN | 96 | NA | 0:05:40 | 11,22 | 5:21 |
| 10 | 34 | GODDEN ELKE | BEN | 96 | ABES | 0:05:45 | 11,06 | 5:25 |
| 11 | 52 | POULUSSEN EVA | BEN | 96 | VAMB | 0:05:45 | 11,06 | 5:25 |
| 12 | 9004 | PEETERS KATELIJNE | BEN | 96 | NA | 0:06:03 | 10,51 | 5:42 |
| 13 | 693 | DE WINTER BO | BEN | 96 | LIER | 0:06:06 | 10,43 | 5:45 |
| 14 | 371 | HERMANS BIANCA | BEN | 96 | VAMB | 0:06:13 | 10,23 | 5:52 |
| 15 | 899 | DHONDT ILKE | BEN | 96 | ACBR | 0:06:32 | 9,73 | 6:10 |
| 16 | 471 | WIJNS YMKE | BEN | 96 | ACHL | | | |
| 17 | 9001 | DE BRANDT ALYSSA | BEN | 96 | NA | | | |

Benjamins Heren 96 - 1060m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|--------------------|-----|-----|------|---------|-------|---------|
| 1 | 4 | WOUTERS BERT | BEN | 96 | LIER | 0:04:25 | 14,40 | 4:10 |
| 2 | 629 | JANSSENS JORAN | BEN | 96 | AVZK | 0:04:49 | 13,20 | 4:33 |
| 3 | 347 | MEEUSEN DRIES | BEN | 96 | ABES | 0:04:54 | 12,98 | 4:37 |
| 4 | 458 | VANHEUCKELOM RIK | BEN | 96 | ACHL | 0:04:56 | 12,89 | 4:39 |
| 5 | 91 | ENGELLEN JEF | BEN | 96 | AVZK | 0:05:02 | 12,64 | 4:45 |
| 6 | 476 | VAN ELSACKER FILIP | BEN | 96 | OLSE | 0:05:07 | 12,43 | 4:50 |
| 7 | 524 | HEMELAERS SENNA | BEN | 96 | VMOL | 0:05:09 | 12,35 | 4:52 |
| 8 | 41 | GLASSEE SVEN | BEN | 96 | ACHL | 0:05:12 | 12,23 | 4:54 |
| 9 | 268 | VAN ASSCHE STEPHAN | BEN | 96 | ABES | 0:05:14 | 12,15 | 4:56 |
| 10 | 52 | GODDEN TOM | BEN | 96 | ABES | 0:05:18 | 12,00 | 5:00 |
| 11 | 317 | MELLAERTS ARNE | BEN | 96 | ROBA | | | |
| 12 | 9003 | FRANCKEN TIBAULT | BEN | 97 | NA | | | |
| 13 | 921 | WILS NICK | BEN | 96 | ACHL | | | |

Benjamins Dames 95 - 1060m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|-----|--------------------|-----|-----|------|---------|-------|---------|
| 1 | 47 | VERSCHUEREN EVA | BEN | 95 | ACHL | 0:04:21 | 14,62 | 4:06 |
| 2 | 28 | BRUYNDONCKX JONI | BEN | 95 | ROBA | 0:04:25 | 14,40 | 4:10 |
| 3 | 385 | VERRYDT KAREN | BEN | 95 | TUAC | 0:04:26 | 14,35 | 4:11 |
| 4 | 231 | PAUWELS HELENE | BEN | 95 | HULS | 0:04:29 | 14,19 | 4:14 |
| 5 | 312 | HAESEVOETS ESTELLE | BEN | 95 | VAMB | 0:04:41 | 13,58 | 4:25 |
| 6 | 323 | DE WINTER JOLIEN | BEN | 95 | ACBR | 0:04:55 | 12,94 | 4:38 |
| 7 | 780 | LYSSENS KATELIJNE | BEN | 95 | ROBA | 0:04:57 | 12,85 | 4:40 |
| 8 | 67 | DE HAES JONI | BEN | 95 | AVZK | 0:05:02 | 12,64 | 4:45 |
| 9 | 324 | HENDRICKX LORE | BEN | 95 | OLSE | 0:05:03 | 12,59 | 4:46 |
| 10 | 68 | BOGAERTS JILL | BEN | 95 | AVZK | 0:05:05 | 12,51 | 4:48 |
| 11 | 128 | ANDRIES GITTE | BEN | 95 | ROBA | | | |
| 12 | 305 | LAUWERS KAAT | BEN | 95 | AVZK | | | |
| 13 | 661 | COMMERS LAUREN | BEN | 95 | ROBA | | | |
| 14 | 7 | JANSSEN STEFFI | BEN | 95 | AVOS | | | |
| 15 | 752 | VAN DONINCK ELLEN | BEN | 95 | ACHL | | | |
| 16 | 27 | EXCELMANS INDRA | BEN | 95 | ROBA | | | |
| 17 | 173 | FRANCKEN MARGAUX | BEN | 95 | LYRA | | | |
| 18 | 192 | DE LILLE LIESBETH | BEN | 95 | VAMB | | | |
| 19 | 204 | ANDRIES LIEZE | BEN | 95 | ROBA | | | |

Benjamins Heren 95 - 1060m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|----------------------|-----|-----|------|---------|-------|---------|
| 1 | 309 | TONTCHINSKI JAN | BEN | 95 | LYRA | 0:04:05 | 15,58 | 3:51 |
| 2 | 126 | BASTIAENS LOORIN | BEN | 95 | ACHL | 0:04:08 | 15,39 | 3:54 |
| 3 | 127 | MAES WILLEM | BEN | 95 | ACHL | 0:04:18 | 14,79 | 4:03 |
| 4 | 767 | HAAGEN KRISTIAAN | BEN | 95 | ACHL | 0:04:24 | 14,45 | 4:09 |
| 5 | 54 | MASELIS JONAS | BEN | 95 | ABES | 0:04:26 | 14,35 | 4:11 |
| 6 | 9008 | DEVOS WOUTER | BEN | 95 | NA | 0:04:33 | 13,98 | 4:18 |
| 7 | 32 | DENIS SIMON | BEN | 95 | KAPE | 0:04:34 | 13,93 | 4:18 |
| 8 | 242 | BIERINCKX LAURENT | BEN | 95 | ACHL | 0:04:36 | 13,83 | 4:20 |
| 9 | 9009 | FABRE NELIS | BEN | 95 | NA | 0:04:45 | 13,39 | 4:29 |
| 10 | 315 | VANSANT JENS | BEN | 95 | GEEL | 0:04:49 | 13,20 | 4:33 |
| 11 | 92 | JANSSENS ARNE | BEN | 95 | AVZK | | | |
| 12 | 37 | HUS JEROEN | BEN | 95 | VMOL | | | |
| 13 | 235 | VAN DYCK NIELS | BEN | 95 | LOOI | | | |
| 14 | 3 | VAN HECKE DRIES | BEN | 95 | LIER | | | |
| 15 | 369 | OP DE BEECK FREDERIC | BEN | 95 | ACHL | | | |
| 16 | 205 | VANDENBOER SJOERD | BEN | 95 | VAMB | | | |
| 17 | 663 | BOONEN DRIES | BEN | 95 | ACHL | | | |
| 18 | 342 | LOSSIE MAXIM | BEN | 95 | OLSE | | | |
| 19 | 9005 | DIELEN PIETER-JAN | BEN | 95 | OLSE | | | |
| 20 | 65 | RUTTEN ALEXANDER | BEN | 95 | AVOS | | | |
| 21 | 344 | HJIJ NOUH | BEN | 96 | OLSE | | | |
| 22 | 133 | WAUTERS THOMAS | BEN | 95 | AVZK | | | |
| 23 | 345 | HANNES MICHIEL | BEN | 95 | OLSE | | | |

Pupillen Dames 94 - 1200m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|---------------------|-----|-----|------|---------|-------|---------|
| 1 | 2718 | VAN HET HOF KATRIEN | PUP | 94 | AVZK | 0:04:30 | 16,00 | 3:45 |
| 2 | 2238 | VAN STAPPEN KIARA | PUP | 94 | BRAB | 0:04:30 | 16,00 | 3:45 |
| 3 | 2184 | GOOSSENS LAURA | PUP | 94 | LYRA | 0:04:33 | 15,82 | 3:48 |
| 4 | 9006 | ADRIAENS JENTHE | PUP | 94 | NA | 0:04:49 | 14,95 | 4:01 |
| 5 | 1727 | LINDEMANS MARJOLEIN | PUP | 94 | ROBA | 0:04:51 | 14,85 | 4:03 |
| 6 | 2050 | VERVLOET JULIE | PUP | 94 | HULS | 0:04:52 | 14,79 | 4:03 |
| 7 | 1867 | VERMEULEN KAAT | PUP | 94 | ACHL | 0:04:53 | 14,74 | 4:04 |
| 8 | 2131 | PIERONI LAURA | PUP | 94 | GEEL | 0:04:55 | 14,64 | 4:06 |
| 9 | 1769 | GLASSEE DORIEN | PUP | 94 | ACHL | 0:05:04 | 14,21 | 4:13 |
| 10 | 1862 | BOONEN KATRIJN | PUP | 94 | ACHL | 0:05:05 | 14,16 | 4:14 |
| 11 | 2173 | MICHIELSEN KAAT | PUP | 94 | BVAC | | | |
| 12 | 1739 | DE BRUYN ANOUCK | PUP | 94 | ABES | | | |
| 13 | 2359 | DE BIE KIM | PUP | 94 | ESAK | | | |
| 14 | 2202 | VAN DE VEL SARA | PUP | 94 | ABES | | | |
| 15 | 2192 | EYSACKERS ELIEN | PUP | 94 | OLSE | | | |
| 16 | 2590 | VANGENEUGDEN JOLIJN | PUP | 94 | VMOL | | | |
| 17 | 2266 | BOSCH VALERIE | PUP | 94 | ACHL | | | |
| 18 | 2265 | WIJNS MELISSA | PUP | 94 | ACHL | | | |

Pupillen Heren 94 - 1200m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|-----|-----|------|---------|-------|---------|
| 1 | 2026 | BERTELS BRECHT | PUP | 94 | ABES | 0:04:19 | 16,68 | 3:36 |
| 2 | 2708 | MAEYNINCKX JONAS | PUP | 94 | ACHL | 0:04:21 | 16,55 | 3:38 |
| 3 | 2347 | VAN ASSCHE CHRISTOPHE | PUP | 94 | ABES | 0:04:33 | 15,82 | 3:48 |
| 4 | 2022 | RENDERS YELTE | PUP | 94 | ACHL | 0:04:37 | 15,60 | 3:51 |
| 5 | 2537 | HOEYBERGHS DAAN | PUP | 94 | VMOL | 0:04:39 | 15,48 | 3:53 |
| 6 | 2482 | VAN OLMEN KRISTOF | PUP | 94 | ABES | 0:04:43 | 15,27 | 3:56 |
| 7 | 2012 | KEIRSMAEKERS JORN | PUP | 94 | LOOI | 0:04:46 | 15,10 | 3:58 |
| 8 | 1951 | DE VOS STEF | PUP | 94 | LIER | 0:04:46 | 15,10 | 3:58 |
| 9 | 2278 | DECLERCK JIM | PUP | 94 | ACBR | 0:04:54 | 14,69 | 4:05 |
| 10 | 2039 | VAN DYCK MATTIAS | PUP | 94 | ROBA | 0:04:55 | 14,64 | 4:06 |
| 11 | 2157 | SUETENS TOM | PUP | 94 | ACHL | 0:04:55 | 14,64 | 4:06 |
| 12 | 2328 | BASSLEER BEREND | PUP | 94 | HULS | | | |
| 13 | 2059 | ROELANDS MATTIAS | PUP | 94 | ACBR | | | |
| 14 | 2040 | VAN KESTEREN LARS | PUP | 94 | ROBA | | | |
| 15 | 2645 | VANGOIDSENHOVEN WOUT | PUP | 94 | AVZK | | | |
| 16 | 1952 | HEREMANS DENNIS | PUP | 94 | LIER | | | |
| 17 | 2156 | DIERCKX FILIP | PUP | 94 | ACHL | | | |
| 18 | 2282 | VAN LOOY JAN | PUP | 94 | ACBR | | | |
| 19 | 2655 | CALLEBAUT LANSE | PUP | 94 | ACHL | | | |
| 20 | 2064 | CAERS JARCO | PUP | 94 | AVOS | | | |
| 21 | 2014 | HUS WOUTER | PUP | 94 | VMOL | | | |
| 22 | 2703 | PEETERS STIJN | PUP | 94 | ACBR | | | |
| 23 | 2248 | DE LILLE JAN-SIMON | PUP | 94 | VAMB | | | |
| 24 | 2469 | BRIERS PHILIPPE | PUP | 94 | OLSE | | | |
| 25 | 2783 | VERMEULEN SEPPE | PUP | 94 | VAMB | | | |
| 26 | 2176 | MEEUS TOON | PUP | 94 | ACHL | | | |
| 27 | 2912 | MILIO TOMAS | PUP | 94 | LIER | | | |
| 28 | 2254 | JACOBS KRIS | PUP | 94 | ROBA | | | |

Pupillen Dames 93 - 1200m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|----------------------|-----|-----|------|---------|-------|---------|
| 1 | 1986 | BOERMANS DOMINIQUE | PUP | 93 | BVAC | 0:04:29 | 16,06 | 3:44 |
| 2 | 2037 | VAN ROOY FLORENCE | PUP | 93 | ACHL | 0:04:29 | 16,06 | 3:44 |
| 3 | 1784 | MATTHIJSSSENS DONNA | PUP | 93 | ACBR | 0:04:34 | 15,77 | 3:48 |
| 4 | 1950 | FRANCKEN ANOUCK | PUP | 93 | LYRA | 0:04:35 | 15,71 | 3:49 |
| 5 | 1698 | VERSTREPEN SOFIE | PUP | 93 | LOOI | 0:04:36 | 15,65 | 3:50 |
| 6 | 2299 | VERHOFSTADT TESS | PUP | 93 | ROBA | 0:04:40 | 15,43 | 3:53 |
| 7 | 2196 | HOLTHOF ANNELIES | PUP | 93 | OLSE | 0:04:41 | 15,37 | 3:54 |
| 8 | 2039 | GEUDENS HANNE | PUP | 93 | ACHL | 0:04:42 | 15,32 | 3:55 |
| 9 | 2264 | VANGEEL CHARLOTTE | PUP | 93 | ACHL | 0:04:42 | 15,32 | 3:55 |
| 10 | 1695 | BROSENS EVELIEN | PUP | 93 | AVOS | 0:04:45 | 15,16 | 3:58 |
| 11 | 1775 | DEROOSE ELS | PUP | 93 | ACBR | | | |
| 12 | 1689 | CHAULIAC MARGOT | PUP | 93 | AT84 | | | |
| 13 | 1777 | DONADI SOPHIE | PUP | 93 | VAMB | | | |
| 14 | 2038 | VAN DEN BROECK LAURA | PUP | 93 | ACHL | | | |
| 15 | 1658 | TOELEN DAPHNE | PUP | 93 | AVOS | | | |
| 16 | 2052 | GEVERS HANNAH | PUP | 93 | HULS | | | |
| 17 | 2160 | VAN DEN BROECK LIEN | PUP | 93 | LYRA | | | |
| 18 | 1732 | VANDENWYNGAERT INE | PUP | 93 | ROBA | | | |
| 19 | 2197 | VANDERKRUYS KAAT | PUP | 93 | OLSE | | | |
| 20 | 1995 | ANDRIES LIEN | PUP | 93 | ROBA | | | |
| 21 | 1712 | RUTTEN SOPHIE | PUP | 93 | AVOS | | | |
| 22 | 1728 | EXCELMANS YENTL | PUP | 93 | ROBA | | | |
| 23 | 1864 | SUETENS NATHALIE | PUP | 93 | ACHL | | | |
| 24 | 1768 | LEYSEN NELE | PUP | 93 | ACHL | | | |
| 25 | 2041 | SAS ELLEN | PUP | 93 | ESAK | | | |
| 26 | 1801 | DE HAES JANA | PUP | 93 | AVZK | | | |
| 27 | 2053 | MAURIEN ELIEN | PUP | 93 | HULS | | | |
| 28 | 1651 | VAN LOO LAURANNE | PUP | 93 | LIER | | | |
| 29 | 2201 | MEEUSEN ELLIS | PUP | 93 | ABES | | | |

Pupillen Heren 93 - 1200m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|--------------------|-----|-----|------|---------|-------|---------|
| 1 | 2365 | MAES THYS | PUP | 93 | GEEL | 0:04:08 | 17,42 | 3:27 |
| 2 | 2604 | PIOT NIELS | PUP | 93 | ROBA | 0:04:10 | 17,28 | 3:28 |
| 3 | 2106 | HOOYBERGHS JENS | PUP | 93 | AVOS | 0:04:13 | 17,08 | 3:31 |
| 4 | 2316 | DE RIJCK PIETER | PUP | 93 | ESAK | 0:04:20 | 16,62 | 3:37 |
| 5 | 2315 | VAN APERS MATTIAS | PUP | 93 | ESAK | 0:04:31 | 15,94 | 3:46 |
| 6 | 2474 | THYS NIELS | PUP | 93 | OLSE | 0:04:33 | 15,82 | 3:48 |
| 7 | 2785 | SCHEYS JELLE | PUP | 93 | VAMB | 0:04:34 | 15,77 | 3:48 |
| 8 | 2154 | DE PAUW BRENT | PUP | 93 | ACHL | 0:04:35 | 15,71 | 3:49 |
| 9 | 2586 | VAN BOUWEL KRISTOF | PUP | 93 | TUAC | 0:04:36 | 15,65 | 3:50 |
| 10 | 2090 | HUS BART | PUP | 93 | VMOL | | | |
| 11 | 2447 | LENAERTS BART | PUP | 93 | LIER | | | |
| 12 | 2045 | BRUYNDONCKX STEF | PUP | 93 | ROBA | | | |
| 13 | 2866 | STYNEN WARD | PUP | 93 | ROBA | | | |
| 14 | 2796 | MICHIELS VINCENT | PUP | 93 | VMOL | | | |
| 15 | 2884 | BOONEN WANNES | PUP | 93 | ACHL | | | |
| 16 | 9007 | LUYTEN BEN | PUP | 93 | NA | | | |
| 17 | 2460 | DE WINTER THOMAS | PUP | 93 | ACBR | | | |
| 18 | 2452 | LEYSENS SAM | PUP | 93 | ACBR | | | |
| 19 | 2472 | EYSACKERS JOLAN | PUP | 93 | OLSE | | | |
| 20 | 2314 | VAN THILLO LANDER | PUP | 93 | ESAK | | | |
| 21 | 2470 | HJIJ ABDELMOUGHIT | PUP | 93 | OLSE | | | |
| 22 | 2058 | DHONDT KEVIN | PUP | 93 | ACBR | | | |
| 23 | 3033 | RUYMEN KARIM | PUP | 93 | AVZK | | | |
| 24 | 2042 | VAN UYTVANGE GERT | PUP | 93 | ROBA | | | |
| 25 | 2473 | MOUBILE ZAKARIA | PUP | 93 | OLSE | | | |

Miniemen Dames 92 - 1730m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|------------------------|-----|-----|------|---------|-------|---------|
| 1 | 3811 | HENDRICKX ANNELIES | MIN | 92 | ACHL | 0:06:21 | 16,35 | 3:40 |
| 2 | 3731 | DENIS TESSA | MIN | 92 | KAPE | 0:06:27 | 16,09 | 3:44 |
| 3 | 3759 | HEYLEN KATHERINE | MIN | 92 | AVZK | 0:06:28 | 16,05 | 3:44 |
| 4 | 3931 | DE VRIES ANNOUCK | MIN | 92 | AVZK | 0:06:42 | 15,49 | 3:52 |
| 5 | 4172 | SIMONS MELANIE | MIN | 92 | BRAB | 0:06:43 | 15,45 | 3:53 |
| 6 | 4069 | JANSSEN JILL | MIN | 92 | BREE | 0:06:45 | 15,38 | 3:54 |
| 7 | 4303 | VAN MOORTELT JASMYNE | MIN | 92 | BRAB | 0:06:46 | 15,34 | 3:55 |
| 8 | 4246 | DE VOS SOFIE | MIN | 92 | ROBA | 0:06:49 | 15,23 | 3:56 |
| 9 | 3694 | BOX EEFJE | MIN | 92 | ROBA | 0:06:52 | 15,12 | 3:58 |
| 10 | 4159 | VAN CASTEREN LISE | MIN | 92 | HULS | 0:06:58 | 14,90 | 4:02 |
| 11 | 3689 | VAN DER VELDE NICKY | MIN | 92 | ROBA | | | |
| 12 | 4279 | VAN DER MIEREN STEFFIE | MIN | 92 | HULS | | | |
| 13 | 3658 | KEIRSMACKERS JOLIEN | MIN | 92 | LOOI | | | |
| 14 | 4201 | NOELANTS LOTTE | MIN | 92 | ACHL | | | |
| 15 | 4078 | PIERONI JESSICA | MIN | 92 | GEEL | | | |
| 16 | 4203 | SPIESSENS TINE | MIN | 92 | ACHL | | | |
| 17 | 3898 | COENEN NATHALIE | MIN | 92 | LYRA | | | |
| 18 | 4202 | BOSCH EVELYN | MIN | 92 | ACHL | | | |
| 19 | 3738 | POULUSSEN LORE | MIN | 92 | VAMB | | | |
| 20 | 3812 | BOONEN LISE | MIN | 92 | ACHL | | | |
| 21 | 3760 | BOGAERTS STEFANIE | MIN | 92 | AVZK | | | |
| 22 | 3623 | JANSSEN SHANA | MIN | 92 | AVOS | | | |
| 23 | 3703 | COENEGRACHT CHARLOTTE | MIN | 92 | ABES | | | |
| 24 | 3607 | OOSTVOGELS JANE | MIN | 92 | LIER | | | |
| 25 | 3606 | WOUTERS EVELYN | MIN | 92 | LIER | | | |
| 26 | 4475 | COMMERS TESSA | MIN | 92 | ROBA | | | |
| 27 | 3932 | VERBERGHT SARAH | MIN | 92 | AVZK | | | |

Miniemen Heren 92 - 1730m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|-------------------------|-----|-----|------|---------|-------|---------|
| 1 | 4407 | PETRALIA JAN | MIN | 92 | AVMO | 0:06:11 | 16,79 | 3:34 |
| 2 | 4384 | DE TIER FLORIS | MIN | 92 | KAAG | 0:06:13 | 16,70 | 3:36 |
| 3 | 4412 | VANLUCHENE ROBIN | MIN | 92 | AVMO | 0:06:18 | 16,48 | 3:38 |
| 4 | 4728 | RAEYMAEKERS MATTIAS | MIN | 92 | ACBR | 0:06:41 | 15,53 | 3:52 |
| 5 | 4734 | HANNES PIETER-JAN | MIN | 92 | OLSE | 0:06:43 | 15,45 | 3:53 |
| 6 | 4490 | NACKAERTS KRISTOF | MIN | 92 | LYRA | 0:06:44 | 15,42 | 3:54 |
| 7 | 4580 | VERVLOET GIL | MIN | 92 | HULS | 0:06:46 | 15,34 | 3:55 |
| 8 | 4474 | VAN GOOL THOMAS | MIN | 92 | ARAC | 0:06:49 | 15,23 | 3:56 |
| 9 | 4525 | VANDENBOER SVEN | MIN | 92 | VAMB | 0:06:51 | 15,15 | 3:58 |
| 10 | 4631 | VRIENS WOUT | MIN | 92 | ROBA | 0:06:54 | 15,04 | 3:59 |
| 11 | 4733 | VAN ELSACKER ERIK | MIN | 92 | OLSE | | | |
| 12 | 4946 | DERBOVEN THOMAS | MIN | 92 | HULS | | | |
| 13 | 4403 | BASTIAENS SIEMEN | MIN | 92 | ACHL | | | |
| 14 | 4731 | MOUBILE MOHAMED | MIN | 92 | OLSE | | | |
| 15 | 5043 | VAN DIJCK REIN | MIN | 92 | LOOI | | | |
| 16 | 4272 | VAN DEN BRANDE STIJN | MIN | 92 | ABES | | | |
| 17 | 4690 | WOUTERS WIES | MIN | 92 | ACHL | | | |
| 18 | 4860 | DE LAET FREDERIC | MIN | 92 | LYRA | | | |
| 19 | 4524 | DE LILLE ANDREAS | MIN | 92 | VAMB | | | |
| 20 | 4730 | HJIJ MOHAMMED | MIN | 92 | OLSE | | | |
| 21 | 4285 | NIJS MICHIEL | MIN | 92 | ROBA | | | |
| 22 | 4643 | JANSSEN ROY | MIN | 92 | BREE | | | |
| 23 | 4537 | ADRIAENSSENS BART | MIN | 92 | ABES | | | |
| 24 | 4667 | LENAERTS MAARTEN | MIN | 92 | LIER | | | |
| 25 | 4596 | VAN DER JONCKHEYD JAMIE | MIN | 92 | ABES | | | |
| 26 | 4333 | HUS PIETER | MIN | 92 | VMOL | | | |
| 27 | 4352 | NEVEN JORDY | MIN | 92 | ACA | | | |
| 28 | 4273 | WOUTERS STIJN | MIN | 92 | ABES | | | |

Miniemen Dames 91 - 1730m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|---------------------|-----|-----|------|---------|-------|---------|
| 1 | 3691 | VERBEECK TATJANA | MIN | 91 | ROBA | 0:06:15 | 16,61 | 3:37 |
| 2 | 3993 | HENS EVY | MIN | 91 | ESAK | 0:06:21 | 16,35 | 3:40 |
| 3 | 3667 | WARPY LIEN | MIN | 91 | DUFF | 0:06:25 | 16,18 | 3:43 |
| 4 | 4231 | VANDEBROEK ELYNE | MIN | 91 | ROBA | 0:06:31 | 15,93 | 3:46 |
| 5 | 3994 | VANTHILLO BRITT | MIN | 91 | ESAK | 0:06:46 | 15,34 | 3:55 |
| 6 | 3797 | CLEMENS KATHLEEN | MIN | 91 | ARAC | 0:06:49 | 15,23 | 3:56 |
| 7 | 4076 | MAES STIEN | MIN | 91 | GEEL | 0:06:50 | 15,19 | 3:57 |
| 8 | 3815 | VERBOVEN BERBEL | MIN | 91 | ACHL | 0:06:55 | 15,01 | 4:00 |
| 9 | 3810 | VANDERBIESEN INDRA | MIN | 91 | ACHL | 0:06:58 | 14,90 | 4:02 |
| 10 | 3956 | EYSACKERS KIM | MIN | 91 | ACBR | 0:07:03 | 14,72 | 4:05 |
| 11 | 3814 | MEERSMAN LAURA | MIN | 91 | ACHL | | | |
| 12 | 3853 | GEERINCKX JASMIEN | MIN | 91 | LOOI | | | |
| 13 | 4273 | DE BIE LEEN | MIN | 91 | ESAK | | | |
| 14 | 4319 | VANTHIENEN ANNELIES | MIN | 91 | ROBA | | | |
| 15 | 3690 | LINDEMANS CHARLOTTE | MIN | 91 | ROBA | | | |
| 16 | 3784 | BERNAERTS DAISY | MIN | 91 | LOOI | | | |
| 17 | 4544 | RUYMEN AMINA | MIN | 91 | AVZK | | | |
| 18 | 3677 | VISSERS BABETTE | MIN | 91 | LOOI | | | |
| 19 | 4452 | BLUYS CAROLIEN | MIN | 91 | ACHL | | | |
| 20 | 4312 | VERBOVEN CHARLOTTE | MIN | 91 | ACHL | | | |
| 21 | 3705 | DEWICKERE DANIELLE | MIN | 91 | ABES | | | |
| 22 | 3704 | DE BRUYN SEVERINE | MIN | 91 | ABES | | | |
| 23 | 3933 | GYSELINCKX ELKE | MIN | 91 | AVZK | | | |
| 24 | 4198 | VANGEEL ISABELLE | MIN | 91 | ACHL | | | |
| 25 | 3996 | DE RIJCK JENTE | MIN | 91 | ESAK | | | |
| 26 | 4278 | VERSCHAEREN CLAIRE | MIN | 91 | LIER | | | |
| 27 | 3602 | GEUDENS BENEDICTE | MIN | 91 | LIER | | | |
| 28 | 4510 | CEULEMANS YESSICA | MIN | 91 | LIER | | | |
| 29 | 3911 | BOVRE ELLEN | MIN | 91 | LYRA | | | |
| 30 | 3995 | VAN APERS JANA | MIN | 91 | ESAK | | | |
| 31 | 4421 | JANSSENS JOLIEN | MIN | 91 | AVZK | | | |

Miniemen Heren 91 - 1730m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|-----|-----|------|---------|-------|---------|
| 1 | 4717 | LEYSEN ERWIN | MIN | 91 | SWIN | 0:06:02 | 17,20 | 3:29 |
| 2 | 4287 | VAN DYCK MAARTEN | MIN | 91 | ROBA | 0:06:10 | 16,83 | 3:34 |
| 3 | 4581 | VANHULSEL ALEXANDER | MIN | 91 | HULS | 0:06:19 | 16,43 | 3:39 |
| 4 | 4573 | GEUSSENS SEPPE | MIN | 91 | ESAK | 0:06:24 | 16,22 | 3:42 |
| 5 | 4475 | VANHERCK HANS | MIN | 91 | ARAC | 0:06:25 | 16,18 | 3:43 |
| 6 | 4815 | COREMANS DAAN | MIN | 91 | ROBA | 0:06:26 | 16,13 | 3:43 |
| 7 | 4685 | TANCHINSKI JEVGENI* | MIN | 91 | LYRA | 0:06:35 | 15,77 | 3:48 |
| 8 | 4227 | BA YANNICK | MIN | 91 | ABES | 0:06:37 | 15,69 | 3:49 |
| 9 | 5012 | MICHIELS YANNICK | MIN | 91 | VMOL | 0:06:38 | 15,65 | 3:50 |
| 10 | 4632 | VRIENS BRAM | MIN | 91 | ROBA | 0:06:44 | 15,42 | 3:54 |
| 11 | 4375 | ROEFS FILIP | MIN | 91 | ACHL | | | |
| 12 | 4664 | VAN DER STEEN MITCHEL | MIN | 91 | AVKA | | | |
| 13 | 9012 | VAN DEN EYNDE KRISTOF | MIN | 91 | NA | | | |
| 14 | 4742 | MEEUSEN MATS | MIN | 91 | ABES | | | |
| 15 | 4300 | RUTTEN THOMAS | MIN | 91 | AVOS | | | |
| 16 | 4735 | LOSSIE YANNICK | MIN | 91 | OLSE | | | |
| 17 | 4569 | VAN DEN BROECK ROBIN | MIN | 91 | ACHL | | | |
| 18 | 4346 | SNEYDERS ERIK | MIN | 91 | AVOS | | | |

Kadetten Dames - 2400m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|-----|-----|------|---------|-------|---------|
| 1 | 314 | VAN LOOY KATRIEN | KAD | 89 | ACHL | 0:08:37 | 16,71 | 3:35 |
| 2 | 25 | VAN GESTEL BO | KAD | 90 | VMOL | 0:08:40 | 16,62 | 3:37 |
| 3 | 495 | COOLS NELE | KAD | 89 | BRAB | 0:08:43 | 16,52 | 3:38 |
| 4 | 331 | DE HAES EVELIEN | KAD | 90 | HULS | 0:08:48 | 16,36 | 3:40 |
| 5 | 131 | HEYLEN ELS | KAD | 89 | AVZK | 0:08:50 | 16,30 | 3:41 |
| 6 | 41 | BELIS LORE | KAD | 89 | DUFF | 0:08:55 | 16,15 | 3:43 |
| 7 | 438 | VAN DER SANDEN LIEN | KAD | 89 | AVZK | 0:08:55 | 16,15 | 3:43 |
| 8 | 166 | BOONEN JOLIEN | KAD | 90 | ACHL | 0:08:56 | 16,12 | 3:43 |
| 9 | 321 | GEUSSENS ARIANE | KAD | 90 | ESAK | 0:08:59 | 16,03 | 3:45 |
| 10 | 116 | MATTHYSSENS SYLVIE | KAD | 90 | ACBR | 0:09:00 | 16,00 | 3:45 |
| 11 | 60 | WENS ANNEMIE | KAD | 89 | ARAC | | | |
| 12 | 280 | BOERMANS ROBINE | KAD | 90 | BVAC | | | |
| 13 | 30 | MAERTENS ANKE | KAD | 90 | DUFF | | | |
| 14 | 19 | CLAES GITTE | KAD | 90 | VMOL | | | |
| 15 | 100 | DE HOON LIEN | KAD | 90 | KAPE | | | |
| 16 | 68 | BOX ANNABEL | KAD | 90 | ROBA | | | |
| 17 | 330 | SLACHMUYLDER BARBARA | KAD | 90 | HULS | | | |
| 18 | 186 | VAN VOOREN LIESELOTTE | KAD | 89 | KAAG | | | |
| 19 | 304 | VAN DYCK STEPHANIE | KAD | 90 | LOOI | | | |
| 20 | 2 | WITTERS EVY | KAD | 89 | LIER | | | |
| 21 | 452 | DE BEULE ANNE | KAD | 89 | OLSE | | | |
| 22 | 5 | ROOTHOOFT MYRTE | KAD | 89 | LIER | | | |
| 23 | 98 | MOLENBERGHS LEEN | KAD | 89 | ACHL | | | |
| 24 | 333 | VAN DEN VONDER JULIE | KAD | 90 | HULS | | | |
| 25 | 168 | TORFS SANNE | KAD | 90 | ACHL | | | |
| 26 | 160 | HAECK ASHLEY | KAD | 89 | AVMO | | | |
| 27 | 175 | VAN KERKHOVEN DEBBIE | KAD | 89 | ROBA | | | |
| 28 | 55 | VAN DE VIJVER PASCALE | KAD | 90 | ACBR | | | |
| 29 | 841 | SMETS TJORVEN | KAD | 90 | ROBA | | | |
| 30 | 335 | HEYLEN ELIEN | KAD | 89 | HULS | | | |
| 31 | 543 | DE RIJDT ANNELIN | KAD | 89 | ROBA | | | |
| 32 | 445 | GOOSSENS ANNE | KAD | 90 | LYRA | | | |
| 33 | 63 | LINDEMANS STEFANIE | KAD | 90 | ROBA | | | |
| 34 | 654 | SMEYERS EVELYNE | KAD | 89 | ROBA | | | |
| 35 | 64 | VAN DER HAEGEN CHARLOTTE | KAD | 90 | ROBA | | | |
| 36 | 444 | LENAERTS JOKE | KAD | 90 | LIER | | | |
| 37 | 320 | SAS EVI | KAD | 90 | ESAK | | | |
| 38 | 319 | VAN THILLO LYNN | KAD | 89 | ESAK | | | |

Kadetten Heren - 2880m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|-----|-----|------|---------|-------|---------|
| 1 | 182 | VAN DE PUT THOMAS | KAD | 89 | DUFF | 0:09:15 | 18,68 | 3:13 |
| 2 | 85 | VAN LOON TIMOTHY | KAD | 89 | DUFF | 0:09:25 | 18,35 | 3:16 |
| 3 | 55 | VAN DEN BOSSCHE BRIAN | KAD | 89 | ACHL | 0:09:26 | 18,32 | 3:17 |
| 4 | 520 | VANDEBROEK FREDERICK | KAD | 89 | ROBA | 0:09:26 | 18,32 | 3:17 |
| 5 | 186 | GEERINCKX DIEUWER | KAD | 89 | LOOI | 0:10:01 | 17,25 | 3:29 |
| 6 | 165 | VANLUCHENE GLEN | KAD | 89 | AVMO | 0:10:03 | 17,19 | 3:29 |
| 7 | 444 | CEUSTERS GLENN | KAD | 90 | OLSE | 0:10:14 | 16,89 | 3:33 |
| 8 | 94 | PAUWELS YARRO | KAD | 90 | AT84 | 0:10:18 | 16,78 | 3:35 |
| 9 | 556 | BILLIET KEVIN | KAD | 89 | OLSE | 0:10:24 | 16,62 | 3:37 |
| 10 | 105 | VOS RUBEN | KAD | 90 | ARAC | 0:10:32 | 16,41 | 3:39 |
| 11 | 439 | MEURIS CHRISTOPH | KAD | 90 | HULS | | | |
| 12 | 385 | VAN DE VELDE JORIS | KAD | 89 | ROBA | | | |
| 13 | 323 | BIERINCKX VINCENT | KAD | 90 | ACHL | | | |
| 14 | 47 | SPRUYT NIELS | KAD | 90 | LOOI | | | |
| 15 | 263 | VANHALLE STIJN | KAD | 90 | VAMB | | | |
| 16 | 9014 | HOLEMANS MAARTEN | KAD | 89 | NA | | | |
| 17 | 553 | MULLER GERT | KAD | 89 | OLSE | | | |
| 18 | 7 | DEWEER THOMAS | KAD | 89 | LIER | | | |
| 19 | 56 | STEENACKERS WIM | KAD | 89 | ACHL | | | |
| 20 | 535 | COOSEMANS PETER | KAD | 90 | ROBA | | | |
| 21 | 633 | KRIDACH SAMY | KAD | 90 | OLSE | | | |
| 22 | 42 | DECLERCK KEN | KAD | 90 | ACBR | | | |
| 23 | 315 | SCHEERS SANNE | KAD | 90 | AVZK | | | |
| 24 | 41 | DECLERCK GLENN | KAD | 90 | ACBR | | | |
| 25 | 549 | DE BIE DRIES | KAD | 89 | ESAK | | | |
| 26 | 164 | TANGHE BRIAN | KAD | 90 | AVMO | | | |
| 27 | 78 | AERTS LUCAS | KAD | 89 | ROBA | | | |
| 28 | 10 | VAN DYCK DOMIEN | KAD | 89 | LOOI | | | |
| 29 | 722 | PAUWELS FRANS | KAD | 90 | LOOI | | | |
| 30 | 188 | BLOEMMEN JESSE | KAD | 90 | LOOI | | | |
| 31 | 60 | COENEGRACHT BOB | KAD | 90 | ABES | | | |
| 32 | 397 | JANSSEN GERT | KAD | 89 | BREE | | | |
| 33 | 689 | DE CEUSTER DAVY | KAD | 90 | HULS | | | |
| 34 | 9011 | VANDAEL JEROEN | KAD | 89 | NA | | | |
| 35 | 465 | PELGRIMS MATTHIAS | KAD | 90 | ROBA | | | |
| 36 | 74 | CRAENEN MICHIEL | KAD | 89 | ROBA | | | |
| 37 | 160 | DE WIN NICKY | KAD | 90 | ACHL | | | |

Scholieren Dames - 3410m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|------------------------|-----|-----|------|---------|-------|---------|
| 1 | 1357 | JANSSENS VICKY | SCH | 88 | AVOS | 0:12:30 | 16,37 | 3:40 |
| 2 | 1532 | CNOPS VANJA | SCH | 87 | VAMB | 0:12:35 | 16,26 | 3:41 |
| 3 | 1593 | LAUWAERT NINA | SCH | 88 | VOLH | 0:12:55 | 15,84 | 3:47 |
| 4 | 1463 | BEYENS JELLE | SCH | 87 | AVOS | 0:13:03 | 15,68 | 3:50 |
| 5 | 1536 | STEFFENS ELKE | SCH | 87 | ROBA | 0:13:05 | 15,64 | 3:50 |
| 6 | 1415 | VAN WALLENDael KIM | SCH | 87 | KAPE | 0:13:25 | 15,25 | 3:56 |
| 7 | 1431 | HEYLEN ANNELIES | SCH | 87 | AVZK | 0:13:38 | 15,01 | 4:00 |
| 8 | 1448 | CLEMENS DORIEN | SCH | 87 | ARAC | 0:13:57 | 14,67 | 4:05 |
| 9 | 1517 | DE BRUYN SHANA | SCH | 87 | SWIN | 0:14:12 | 14,41 | 4:10 |
| 10 | 1657 | HULSELMANS HANNE | SCH | 88 | ARAC | 0:14:13 | 14,39 | 4:10 |
| 11 | 1685 | VAN WUYTSWINKEL JULIE | SCH | 87 | ARAC | | | |
| 12 | 1429 | VERSCHOREN SARAH | SCH | 88 | AVZK | | | |
| 13 | 1674 | VAN BOUWEL KRISTIEN | SCH | 88 | TUAC | | | |
| 14 | 1529 | DE COSTER ELLEN | SCH | 87 | AVZK | | | |
| 15 | 1687 | FABRE MIEK | SCH | 88 | ROBA | | | |
| 16 | 1381 | VAN DE VIJVER ANNELIES | SCH | 88 | ACBR | | | |
| 17 | 1569 | HEYLEN RUTH | SCH | 87 | HULS | | | |
| 18 | 1797 | LUYCKX JUDITH | SCH | 87 | ARAC | | | |
| 19 | 1654 | COOLS MIEKE | SCH | 88 | BRAB | | | |
| 20 | 1405 | COOLS EVELIEN | SCH | 87 | LOOI | | | |
| 21 | 1854 | GOVAERTS LIESBETH | SCH | 88 | AVKA | | | |

Scholieren Dames - 4560m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|-----|-----|------|---------|-------|---------|
| 1 | 1509 | TORFS SANNE | SCH | 88 | DUFF | 0:14:46 | 18,53 | 3:14 |
| 2 | 1776 | FAVOT GLENN | SCH | 87 | AVZK | 0:14:48 | 18,49 | 3:15 |
| 3 | 1723 | WOUTERS JORIS | SCH | 87 | ACHL | 0:15:24 | 17,77 | 3:23 |
| 4 | 1493 | WENS JAN | SCH | 87 | ARAC | 0:15:35 | 17,56 | 3:25 |
| 5 | 1696 | DOUWEN ROB | SCH | 87 | LOOI | 0:15:41 | 17,45 | 3:26 |
| 6 | 1562 | VERBIEST THOMAS | SCH | 88 | LOOI | 0:15:42 | 17,43 | 3:27 |
| 7 | 1559 | VOLKAERTS KOEN | SCH | 87 | DUFF | 0:15:46 | 17,35 | 3:27 |
| 8 | 1626 | ROMBOUTS KOEN | SCH | 88 | ABES | 0:15:50 | 17,28 | 3:28 |
| 9 | 1865 | FARRETT BENJAMIN* | SCH | 87 | OLSE | 0:15:51 | 17,26 | 3:29 |
| 10 | 1651 | BREMS WILLEM | SCH | 88 | LOOI | 0:16:08 | 16,96 | 3:32 |
| 11 | 1516 | CLAES GERT | SCH | 88 | VMOL | | | |
| 12 | 1505 | STESSENS KOEN | SCH | 87 | LOOI | | | |
| 13 | 1656 | VERSTAPPEN PIETER | SCH | 87 | HULS | | | |
| 14 | 1551 | JACOBS BRECHT | SCH | 88 | ACHL | | | |
| 15 | 1732 | MAES TOM | SCH | 87 | ACBR | | | |
| 16 | 1762 | VAN DEN BOSSCHE JORIS | SCH | 88 | BRAB | | | |
| 17 | 1550 | VAN DER BIESEN DANUSH | SCH | 87 | ACHL | | | |
| 18 | 1517 | BROOHAERTS NILS | SCH | 87 | RAM | | | |
| 19 | 1632 | VAN AELST STEFAN | SCH | 88 | ACBR | | | |
| 20 | 1728 | LEYSEN BERT | SCH | 87 | SWIN | | | |
| 21 | 1633 | EYSACKERS KEVIN | SCH | 88 | ACBR | | | |
| 22 | 1729 | PEETERS MATTHIAS | SCH | 88 | LYRA | | | |
| 23 | 1515 | BREUGELMANS BRENT | SCH | 88 | ARAC | | | |
| 24 | 1801 | BOSMANS LUKAS | SCH | 88 | ROBA | | | |
| 25 | 1492 | LAURYSSSEN RAF | SCH | 87 | ARAC | | | |
| 26 | 1479 | GEUENS ROEL | SCH | 88 | ACHL | | | |
| 27 | 1468 | VAN DAMME NICOLAS | SCH | 87 | ACBR | | | |
| 28 | 1506 | SWITSERS JEROEN | SCH | 88 | DUFF | | | |
| 29 | 1481 | CRAEN JENS | SCH | 88 | ABES | | | |
| 30 | 1863 | VISSERS BERT | SCH | 88 | OLSE | | | |

Juniors Dames - 4560m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|-----|-------------------|-----|-----|------|---------|-------|---------|
| 1 | 180 | PIERSOUL EVA | JUN | 86 | RCT | 0:17:21 | 15,77 | 3:48 |
| 2 | 252 | MATTHYS LIESELOT | JUN | 86 | OB | 0:17:35 | 15,56 | 3:51 |
| 3 | 206 | LOMMAERT KIM | JUN | 85 | OLSE | 0:17:57 | 15,24 | 3:56 |
| 4 | 196 | CLAES MARIJKE | JUN | 85 | ROBA | 0:18:18 | 14,95 | 4:01 |
| 5 | 63 | VAN VOOREN TAMARA | JUN | 86 | KAAG | 0:18:18 | 14,95 | 4:01 |
| 6 | 157 | AERNOOTS AN | JUN | 86 | OLSE | 0:19:01 | 14,39 | 4:10 |
| 7 | 13 | EVERS ILS | JUN | 86 | ARAC | | | |
| 8 | 226 | NUYTS CAROLIEN | JUN | 85 | ACHL | | | |
| 9 | 23 | COOLS ANNELIES | JUN | 85 | LOOI | | | |
| 10 | 37 | NEVELSTEEN ANS | JUN | 86 | AVZK | | | |
| 11 | 260 | VERMEULEN NELE | JUN | 86 | VAMB | | | |

Juniors Heren - 6240m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|-----|-----|------|---------|-------|---------|
| 1 | 44 | VAN WAEYENBERGE MARIO | JUN | 85 | DUFF | 0:19:26 | 19,27 | 3:07 |
| 2 | 207 | LUXEM YERAY | JUN | 86 | OLSE | 0:20:25 | 18,34 | 3:16 |
| 3 | 57 | MORIS SVEN | JUN | 86 | AVZK | 0:20:37 | 18,16 | 3:18 |
| 4 | 208 | DE BEULE JURGEN | JUN | 86 | OLSE | 0:20:58 | 17,86 | 3:22 |
| 5 | 124 | DE COSTER PIETER | JUN | 86 | AVZK | 0:21:03 | 17,79 | 3:22 |
| 6 | 130 | FRANS DAVE | JUN | 85 | ABES | 0:21:11 | 17,67 | 3:24 |
| 7 | 54 | VAN WAEYENBERGHE YELLE | JUN | 86 | AVOS | 0:21:18 | 17,58 | 3:25 |
| 8 | 131 | ROMBOUTS TIM | JUN | 85 | ABES | 0:21:19 | 17,56 | 3:25 |
| 9 | 74 | JACOBS ROEL | JUN | 86 | ACHL | 0:21:30 | 17,41 | 3:27 |
| 10 | 31 | RENDERS NICK | JUN | 86 | ACHL | 0:21:34 | 17,36 | 3:27 |
| 11 | 81 | IELEGEMS KRIS | JUN | 85 | DUFF | 0:21:48 | 17,17 | 3:30 |
| 12 | 235 | DAEMEN PHILIP | JUN | 85 | ACHL | | | |
| 13 | 56 | LAPORTE STEN | JUN | 86 | AVZK | | | |
| 14 | 127 | TRAPPENIERS BRAM | JUN | 86 | VAMB | | | |
| 15 | 59 | ORIS HANS | JUN | 85 | AVOS | | | |
| 16 | 73 | VERHEYEN KRISTOF | JUN | 86 | AVOS | | | |

Masters Dames - 4560m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|------------------------|-----|-----|------|---------|-------|---------|
| 1 | 2464 | VAN BEERS EDITH | MAS | 65 | ARAC | 0:16:45 | 16,33 | 3:40 |
| 2 | 2252 | VRANCKX MARIA | MAS | 64 | ACHL | 0:17:46 | 15,40 | 3:54 |
| 3 | 1997 | JENNIS KARIN | MAS | 59 | DUFF | 0:17:52 | 15,31 | 3:55 |
| 4 | 2436 | VAN LOOY CHRISTEL | MAS | 60 | HULS | 0:17:55 | 15,27 | 3:56 |
| 5 | 2821 | VAN PEER CHRISTA | MAS | 58 | ACHL | 0:18:02 | 15,17 | 3:57 |
| 6 | 1853 | VERBAUWHEDE MARIANNE | MAS | 58 | AVMO | 0:18:23 | 14,88 | 4:02 |
| 7 | 2273 | VAN STEEN SANDRA | MAS | 68 | HULS | 0:18:29 | 14,80 | 4:03 |
| 8 | 2548 | DESCHUYTERE ANTOINETTE | MAS | 60 | ROBA | 0:18:38 | 14,68 | 4:05 |
| 9 | 2018 | VAN DE MIEROP RITA | MAS | 62 | ACHL | 0:18:43 | 14,62 | 4:06 |
| 10 | 1916 | COENEN JEANNINE | MAS | 53 | ACHL | 0:18:48 | 14,55 | 4:07 |
| 11 | 2253 | STAES ANNIE | MAS | 62 | ACHL | 0:18:52 | 14,50 | 4:08 |
| 12 | 2248 | VISSERS ANNEMIE | MAS | 56 | ACHL | 0:19:03 | 14,36 | 4:11 |
| 13 | 1872 | DE POOTER CHRISTIANNE | MAS | 65 | ABES | 0:19:10 | 14,27 | 4:12 |
| 14 | 1862 | VAN DE MOORTEL HEIDI | MAS | 67 | ROBA | 0:19:13 | 14,24 | 4:13 |
| 15 | 2848 | PETERS HEIDI | MAS | 67 | AVKA | 0:19:20 | 14,15 | 4:14 |
| 16 | 2258 | VAN HOOYDONCK ELS | MAS | 67 | ESAK | 0:19:25 | 14,09 | 4:15 |
| 17 | 2124 | VERWAEST GRIET | MAS | 64 | ARAC | 0:19:28 | 14,05 | 4:16 |
| 18 | 2340 | VANVLASSELAER ANNIE | MAS | 54 | ROBA | 0:19:30 | 14,03 | 4:17 |
| 19 | 1793 | BRUYNINCKX EMMY | MAS | 55 | VMOL | 0:19:49 | 13,81 | 4:21 |
| 20 | 2482 | BEYENS MARIA | MAS | 54 | LOOI | | | |
| 21 | 2443 | VAN GOOLEN JULIA | MAS | 54 | ROBA | | | |
| 22 | 2847 | GEBOERS GERT | MAS | 60 | AVKA | | | |
| 23 | 1956 | DE VOCHT NANCY | MAS | 66 | AVZK | | | |
| 24 | 2483 | BEYENS RENILDA | MAS | 53 | LOOI | | | |
| 25 | 2964 | VANDEVEN GABY | MAS | 58 | VMOL | | | |
| 26 | 1955 | DE SWERT NANCY | MAS | 65 | AVZK | | | |
| 27 | 2497 | STRUYF LYDIA | MAS | 55 | BVAC | | | |
| 28 | 2206 | SPIESSENS GODELIEVE | MAS | 61 | ACBR | | | |
| 29 | 2576 | ADRIAENSSENS GERDA | MAS | 54 | OLSE | | | |
| 30 | 2188 | KOYEN LUCIENNE | MAS | 63 | BVAC | | | |
| 31 | 1777 | SCHUER GERDA | MAS | 61 | VMOL | | | |
| 32 | 2491 | GLASSEE PAULA | MAS | 66 | ACHL | | | |
| 33 | 2663 | SCHILLEBEECKX NICOLE | MAS | 63 | ACHL | | | |
| 34 | 1753 | CUMPS ELS | MAS | 67 | LIER | | | |
| 35 | 2735 | DEWILDER NICOLE | MAS | 61 | VAMB | | | |
| 36 | 2732 | TUBEX RACHEL | MAS | 36 | SWIN | | | |
| 37 | 1957 | VAN DEN BRANDE VEERLE | MAS | 65 | AVZK | | | |
| 38 | 2338 | VANDENBERGHE MARILEEN | MAS | 58 | ROBA | | | |
| 39 | 2017 | VAN LOON GERD | MAS | 53 | ACHL | | | |
| 40 | 1912 | JACOBS NANCY | MAS | 66 | ACHL | | | |
| 41 | 2021 | VAN LOOCK CHRISTIANA | MAS | 53 | ACHL | | | |
| 42 | 2193 | VERBEECK LISETTE | MAS | 37 | ROBA | | | |
| 43 | 2236 | GLASSEE CARINA | MAS | 66 | AVZK | | | |
| 44 | 2703 | ECKMAN MARTINE | MAS | 64 | OLSE | | | |

Masters Heren - 6240m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|------------------------|-----|-----|------|---------|-------|---------|
| 1 | 5930 | VAN DAELE PATRICK | MAS | 63 | ROBA | 0:19:39 | 19,05 | 3:09 |
| 2 | 4112 | DE VOCHT PETER | MAS | 60 | AVZK | 0:19:54 | 18,81 | 3:11 |
| 3 | 4300 | DENS TONY | MAS | 61 | LOOI | 0:20:14 | 18,50 | 3:15 |
| 4 | 4301 | GEERINCKX BERNUS | MAS | 63 | LOOI | 0:20:21 | 18,40 | 3:16 |
| 5 | 5126 | DAMEN JAN | MAS | 60 | ROBA | 0:20:41 | 18,10 | 3:19 |
| 6 | 4674 | VAN DE STEENE KOENRAAD | MAS | 62 | HULS | 0:20:45 | 18,04 | 3:20 |
| 7 | 3807 | DE VOS ERIK | MAS | 62 | LIER | 0:20:52 | 17,94 | 3:21 |
| 8 | 3929 | RENDERS FRANS | MAS | 62 | ACHL | 0:21:01 | 17,81 | 3:22 |
| 9 | 4643 | WYNANTS EDDY | MAS | 58 | ACHL | 0:21:10 | 17,69 | 3:24 |
| 10 | 4149 | VAN HOOFF EDDY | MAS | 63 | VMOL | 0:21:13 | 17,65 | 3:24 |
| 11 | 4206 | VAN KERKHOVEN DIRK | MAS | 63 | ROBA | 0:21:17 | 17,59 | 3:25 |
| 12 | 4219 | BEYENS JOS | MAS | 55 | AVOS | 0:21:32 | 17,39 | 3:27 |
| 13 | 4964 | LAENEN MARCEL | MAS | 56 | HULS | 0:21:42 | 17,25 | 3:29 |
| 14 | 5168 | WILMAERTS JAN | MAS | 57 | ROBA | 0:21:45 | 17,21 | 3:29 |
| 15 | 4108 | WILLEMSE LOUIS | MAS | 54 | AVZK | | | |
| 16 | 5186 | JURGENS KURT | MAS | 63 | LIER | | | |
| 17 | 4800 | GRANDJEAN HUBERT | MAS | 57 | ROBA | | | |
| 18 | 4156 | CLAUS ERIC | MAS | 61 | RIEM | | | |
| 19 | 3905 | SELS LAMBERT | MAS | 55 | VMOL | | | |
| 20 | 3830 | STIENEN JEAN | MAS | 54 | BERT | | | |
| 21 | 5457 | VAN CUTSEM THEOPHIEL | MAS | 53 | VAMB | | | |
| 22 | 4207 | DE ROOVER WIM | MAS | 60 | ROBA | | | |
| 23 | 4503 | VAN LOO ALFONS | MAS | 60 | AVZK | | | |
| 24 | 4676 | VANHULSEL PETER | MAS | 60 | HULS | | | |
| 25 | 3968 | VAN CRAENENBROECK DIRK | MAS | 58 | ROBA | | | |
| 26 | 3928 | LIEVENS HERMAN | MAS | 57 | ACHL | | | |
| 27 | 4243 | RAETS MARC | MAS | 59 | ACHL | | | |
| 28 | 5956 | MATTHYS RONY | MAS | 58 | OB | | | |
| 29 | 4866 | CAERS GEERT | MAS | 63 | ACHL | | | |
| 30 | 4257 | HAECK GEERT | MAS | 60 | AVMO | | | |
| 31 | 4042 | STESSENS LEO | MAS | 57 | LOOI | | | |
| 32 | 4922 | SCHRANS ANDRE | MAS | 55 | OLSE | | | |
| 33 | 4146 | VAN DE PUTTE RENATUS | MAS | 44 | VMOL | | | |
| 34 | 4647 | DE PAUW DENIS | MAS | 62 | ACHL | | | |
| 35 | 4646 | BIERINCKX RUDY | MAS | 63 | ACHL | | | |
| 36 | 3903 | NUYTS PETER | MAS | 63 | VMOL | | | |
| 37 | 4227 | VAN DE WATER JOS | MAS | 46 | ACHL | | | |
| 38 | 5390 | VANHOREN STEFAN | MAS | 59 | OLSE | | | |
| 39 | 4109 | VAN DEN ACKER PAUL | MAS | 61 | AVZK | | | |
| 40 | 5524 | VAN KERCKHOVEN JAN | MAS | 50 | ABES | | | |
| 41 | 3895 | VANEYNDE LAURENT | MAS | 54 | LOOI | | | |
| 42 | 5193 | BUTS ARNOLD | MAS | 62 | OLSE | | | |
| 43 | 4210 | VAN DEN BROECK PAUL | MAS | 55 | ROBA | | | |
| 44 | 4010 | STEENACKERS LUC | MAS | 60 | AVOS | | | |
| 45 | 4586 | RUELENS PETER | MAS | 63 | VMOL | | | |
| 46 | 3862 | VAN WALLENDIAEL PETER | MAS | 58 | KAPE | | | |

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|-----|-----|------|------|-----|---------|
| 47 | 4114 | BOGAERTS RUDDI | MAS | 58 | AVZK | | | |
| 48 | 5433 | PELGRIMS EDOUARD | MAS | 55 | AVZK | | | |
| 49 | 5978 | BEYERS ERIK | MAS | 64 | ACHL | | | |
| 50 | 4007 | VAN NUETEN FRANCIS | MAS | 58 | AVOS | | | |
| 51 | 4113 | CLAES GERRIT | MAS | 63 | AVZK | | | |
| 52 | 4507 | VAN DEN BROECK ANDRE | MAS | 59 | AVZK | | | |
| 53 | 3969 | VERMUNICHT FRANS | MAS | 51 | ROBA | | | |
| 54 | 4077 | VERBYLEN HERMAN | MAS | 53 | ARAC | | | |
| 55 | 4673 | DE POOTER DIRK | MAS | 63 | HULS | | | |
| 56 | 4068 | VAN DE PUT ANDRE | MAS | 59 | AVOS | | | |
| 57 | 4135 | JACOBS FRANCIS | MAS | 57 | AVOS | | | |
| 58 | 5604 | RAEYMAKERS ERIK | MAS | 56 | ACHL | | | |
| 59 | 4886 | BAKELANTS JOZEF | MAS | 55 | GEEL | | | |
| 60 | 5043 | DELOBEL PAUL | MAS | 51 | ROBA | | | |
| 61 | 3956 | NYS WALTER | MAS | 60 | ROBA | | | |
| 62 | 4105 | BRUYNSEELS MAURITS | MAS | 53 | AVZK | | | |
| 63 | 4753 | MERTENS LEO | MAS | 52 | GEEL | | | |
| 64 | 4221 | VERHEYEN WILLY | MAS | 60 | AVOS | | | |
| 65 | 3971 | DUPONT FRANCOIS | MAS | 50 | ROBA | | | |
| 66 | 4682 | WYNS JOZEF | MAS | 52 | HULS | | | |
| 67 | 4546 | BOX PETER | MAS | 60 | ROBA | | | |
| 68 | 4303 | DE VOS PIERRE | MAS | 61 | RAM | | | |
| 69 | 4516 | DE CNYF ROGER | MAS | 56 | VAMB | | | |
| 70 | 5335 | COREMANS LUC | MAS | 58 | ROBA | | | |
| 71 | 5573 | STERCKX JULES | MAS | 53 | LOOI | | | |
| 72 | 4505 | VAN DEN BROECK | MAS | 59 | AVZK | | | |
| 73 | 4134 | VERMEIREN DANNY | MAS | 58 | AVOS | | | |
| 74 | 4545 | VAN DYCK JOS | MAS | 63 | ROBA | | | |
| 75 | 4169 | VAN DE VELDE | MAS | 53 | LOOI | | | |
| 76 | 5325 | MAEYNINCKX GASTON | MAS | 57 | ACHL | | | |
| 77 | 5495 | VANTHILLO ALEX | MAS | 63 | ESAK | | | |
| 78 | 3957 | CRAENEN PIETER | MAS | 59 | ROBA | | | |
| 79 | 4621 | OOMS MAURICE | MAS | 48 | AVZK | | | |
| 80 | 4519 | TRAPPENIERS OCTAAF | MAS | 53 | VAMB | | | |
| 81 | 4236 | VANDEBIESEN ROGER | MAS | 53 | ACHL | | | |
| 82 | 4385 | VAN KERCKHOVEN DANIEL | MAS | 61 | VAC | | | |
| 83 | 4636 | VAN SPRENGEL FRANCOIS | MAS | 53 | ACHL | | | |
| 84 | 4905 | OBBELS PAUL | MAS | 50 | LIER | | | |
| 85 | 5167 | COOSEMANS WILLY | MAS | 57 | ROBA | | | |
| 86 | 4679 | SYBENS LUC | MAS | 57 | HULS | | | |
| 87 | 3837 | MATTHIJSSSENS MARC | MAS | 62 | ACBR | | | |
| 88 | 4216 | BEYS MICHEL | MAS | 52 | ROBA | | | |
| 89 | 5020 | VERMUNICHT ANDRE | MAS | 48 | RAM | | | |
| 90 | 4571 | DECLERCK DIRK | MAS | 62 | ACBR | | | |
| 91 | 5033 | MENTEN LEOPOLD | MAS | 55 | VMOL | | | |
| 92 | 5202 | HERMANS LUDO | MAS | 52 | LOOI | | | |
| 93 | 5807 | TANGHE FILIP | MAS | 60 | VAMB | | | |
| 94 | 3891 | COOLS EDWIN | MAS | 58 | LOOI | | | |

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|-----|-----|------|------|-----|---------|
| 95 | 5575 | VAN DER WELK LUC | MAS | 54 | OLSE | | | |
| 96 | 4231 | TOPS JOZEF | MAS | 50 | ACHL | | | |
| 97 | 3960 | VANDENWYNGAERT JEAN | MAS | 62 | ROBA | | | |
| 98 | 4865 | VAN WOLFPUTTE MAURITS | MAS | 42 | ACHL | | | |
| 99 | 4974 | DANEELS HERMAN | MAS | 63 | ROBA | | | |
| 100 | 4217 | DE MEES MARC | MAS | 42 | ROBA | | | |
| 101 | 3955 | LAURYSSSEN JEF | MAS | 54 | ARAC | | | |
| 102 | 5382 | VANDER ELST DANIEL | MAS | 53 | VAMB | | | |
| 103 | 5094 | VAN ROMPAEY ROGER | MAS | 44 | AVZK | | | |
| 104 | 4106 | FLORENTY VICTOR | MAS | 43 | AVZK | | | |
| 105 | 4127 | ORIS PATRICK | MAS | 60 | AVOS | | | |
| 106 | 3810 | GOOSSENS LUDO | MAS | 51 | LIER | | | |
| 107 | 3897 | HUS RUDY | MAS | 63 | VMOL | | | |
| 108 | 5334 | JANSSENS JOS | MAS | 59 | ROBA | | | |
| 109 | 4893 | RYMENANTS EDDY | MAS | 54 | AVZK | | | |
| 110 | 5128 | WITTEMANS JACQUES | MAS | 51 | ROBA | | | |
| 111 | 3803 | WUYTS LEON | MAS | 45 | LIER | | | |
| 112 | 4619 | CORTENS LUCIEN | MAS | 47 | AVZK | | | |
| 113 | 4244 | BOECKX EDDY | MAS | 59 | ACHL | | | |
| 114 | 4213 | VAN LOO BRUNO | MAS | 47 | ROBA | | | |
| 115 | 4921 | DE BEULE ANTOINE | MAS | 58 | OLSE | | | |
| 116 | 4642 | DENIS DANIEL | MAS | 60 | ACHL | | | |
| 117 | 4828 | VANDEMAELE MARNIX | MAS | 51 | LAC | | | |
| 118 | 4232 | HEYLEN GUSTAAF | MAS | 46 | ACHL | | | |
| 119 | 3889 | CLONEN FRANS | MAS | 42 | LOOI | | | |
| 120 | 4543 | COMMERS MAURICE | MAS | 37 | ROBA | | | |
| 121 | 5321 | WUYTS ALBERT | MAS | 43 | ACHL | | | |
| 122 | 4569 | DOOSSCHE MARC | MAS | 51 | ACBR | | | |
| 123 | 3965 | DE WYNGAERT JAAK | MAS | 37 | ROBA | | | |
| 124 | 5083 | GOOVAERTS JOSEPH | MAS | 51 | AVZK | | | |
| 125 | 5336 | MERTENS HUBERT | MAS | 51 | ROBA | | | |
| 126 | 4168 | GOETHUYS ROGER | MAS | 50 | LOOI | | | |
| 127 | 3964 | ARTOOS ARMAND | MAS | 41 | ROBA | | | |
| 128 | 4639 | GOOSSENS REMI | MAS | 54 | ACHL | | | |
| 129 | 4816 | JANSSEN SYLVAIN | MAS | 58 | BREE | | | |
| 130 | 4228 | LEEMANS ALBERT | MAS | 40 | ACHL | | | |
| 131 | 4604 | BELIEN FRANS | MAS | 48 | LOOI | | | |
| 132 | 4918 | VERCAMMEN LEO | MAS | 51 | ACBR | | | |
| 133 | 5008 | BEKE JOZEF | MAS | 40 | VAMB | | | |
| 134 | 3944 | DE PEUTER JOANNES | MAS | 50 | ABES | | | |
| 135 | 4166 | DIDDEN EDMOND | MAS | 43 | LOOI | | | |
| 136 | 4975 | PELGRIMS PATRICK | MAS | 60 | ROBA | | | |
| 137 | 5183 | SNOEYS JACOBUS | MAS | 44 | ESAK | | | |
| 138 | 5691 | GOOSSENS FRANS | MAS | 33 | ABES | | | |
| 139 | 4041 | DELSEMME JOZEF | MAS | 28 | LOOI | | | |
| 140 | 5007 | D'HAENE JACQUES | MAS | 41 | VAMB | | | |
| 141 | 5876 | WOUTERS FRANS | MAS | 47 | ABES | | | |

Seniors Dames - 6240m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|----------------------|-----|-----|------|---------|-------|---------|
| 1 | 652 | GEENS MIEKE | SEN | 82 | DUFF | 0:21:07 | 17,73 | 3:23 |
| 2 | 1000 | VANDEN BEMPT SIGRID | SEN | 81 | DCLA | 0:21:11 | 17,67 | 3:24 |
| 3 | 905 | DE CROOCK STEPHANIE | SEN | 79 | ZELE | 0:21:15 | 17,62 | 3:24 |
| 4 | 9015 | AGUI GLADYS | SEN | 0 | DTA | 0:21:17 | 17,59 | 3:25 |
| 5 | 588 | VAN CAMPEN ANKE | SEN | 84 | ROBA | 0:22:00 | 17,02 | 3:32 |
| 6 | 1037 | BECKERS ANNICK | SEN | 69 | ACHL | 0:22:14 | 16,84 | 3:34 |
| 7 | 666 | VAN COILLIE ELS | SEN | 0 | AVMO | 0:23:06 | 16,21 | 3:42 |
| 8 | 631 | DE WINTER MURIELLE | SEN | 72 | AVZK | 0:23:35 | 15,88 | 3:47 |
| 9 | 929 | MEHUYS ELS | SEN | 77 | AVMO | 0:24:10 | 15,49 | 3:52 |
| 10 | 925 | VAN WUYTSWINKEL MIEN | SEN | 83 | ARAC | 0:24:30 | 15,28 | 3:56 |
| 11 | 772 | LIEVENS LIESBETH | SEN | 79 | ACHL | 0:24:48 | 15,10 | 3:58 |
| 12 | 957 | STOFFELS ANNELIES | SEN | 84 | BVAC | 0:24:49 | 15,09 | 3:59 |
| 13 | 742 | TRAPPENIERS NELE | SEN | 78 | VAMB | 0:24:58 | 15,00 | 4:00 |
| 14 | 780 | MONSECOUR LIESBETH | SEN | 84 | HULS | 0:25:11 | 14,87 | 4:02 |
| 15 | 669 | VAN SPRENGEL WENDY | SEN | 77 | ACHL | 0:25:28 | 14,70 | 4:05 |
| 16 | 670 | LIECKENS VICKY | SEN | 80 | ACHL | 0:25:47 | 14,52 | 4:08 |
| 17 | 554 | THYS HEIDI | SEN | 84 | LIER | 0:26:07 | 14,34 | 4:11 |
| 18 | 615 | CLAES AN | SEN | 82 | ACHL | 0:26:08 | 14,33 | 4:11 |
| 19 | 1472 | MENTEN RENEE | SEN | 78 | FAC | 0:26:40 | 14,04 | 4:16 |
| 20 | 558 | PEETERS AN | SEN | 83 | AVOS | 0:27:18 | 13,71 | 4:23 |
| 21 | 1081 | VERCAMMEN KATY | SEN | 73 | ACBR | 0:27:19 | 13,71 | 4:23 |
| 22 | 677 | JACOBS NELE | SEN | 82 | ACHL | 0:30:42 | 12,20 | 4:55 |
| 23 | 1228 | BOSMANS NANCY | SEN | 70 | VMOL | 0:31:04 | 12,05 | 4:59 |
| 24 | 576 | VAN DOOREN CHRISTINE | SEN | 69 | AVOS | 0:31:22 | 11,94 | 5:02 |
| 25 | 675 | WUYTS ANOUSKA | SEN | 80 | ACHL | 0:32:08 | 11,65 | 5:09 |
| 26 | 616 | GIELIS ELLEN | SEN | 80 | ACHL | | | |

Seniors Heren - 9600m

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|----------------------|-----|-----|------|---------|-------|---------|
| 1 | 1180 | COMPERNOLLE TOM | SEN | 75 | RIEM | 0:28:20 | 20,33 | 2:57 |
| 2 | 1545 | VAN HOOSTE TOM | SEN | 72 | OEH | 0:28:41 | 20,08 | 2:59 |
| 3 | 803 | VAN DEN BROEK STEFAN | SEN | 72 | LIER | 0:28:48 | 20,00 | 3:00 |
| 4 | 1078 | JANSSENS HANS | SEN | 80 | DUFF | 0:28:59 | 19,87 | 3:01 |
| 5 | 1933 | BORMS WIM | SEN | 73 | DUFF | 0:29:13 | 19,71 | 3:03 |
| 6 | 1693 | DESMET PIETER | SEN | 83 | AZW | 0:29:21 | 19,63 | 3:03 |
| 7 | 1199 | VAN HOOF WILLEM | SEN | 79 | ROBA | 0:29:52 | 19,29 | 3:07 |
| 8 | 900 | VAN LOO SVEN | SEN | 77 | ROBA | 0:30:01 | 19,19 | 3:08 |
| 9 | 928 | STESSENS TIM | SEN | 82 | LOOI | 0:30:11 | 19,08 | 3:09 |
| 10 | 4024 | BLOCKX JAN | MAS | 62 | DUFF | 0:30:12 | 19,07 | 3:09 |
| 11 | 1139 | COPPENS BRAM | SEN | 81 | AVMO | 0:30:16 | 19,03 | 3:09 |
| 12 | 1057 | VAN ROOY TOM | SEN | 82 | ACHL | 0:30:35 | 18,83 | 3:11 |
| 13 | 1254 | BLOCKX DAVID | SEN | 70 | LOOI | 0:30:39 | 18,79 | 3:12 |
| 14 | 1052 | LIECKENS BART | SEN | 77 | ACHL | 0:30:49 | 18,69 | 3:13 |
| 15 | 2033 | DE BRABANDERE WOUTER | SEN | 78 | AVMO | 0:30:58 | 18,60 | 3:14 |
| 16 | 973 | LAURENS GLEN | SEN | 84 | AVZK | 0:31:14 | 18,44 | 3:15 |
| 17 | 877 | WILS JOHAN | SEN | 74 | ACHL | 0:31:14 | 18,44 | 3:15 |
| 18 | 930 | VANLOMMELE TIM | SEN | 79 | LOOI | 0:31:45 | 18,14 | 3:18 |
| 19 | 1504 | VIAENE TIM | SEN | 84 | OB | 0:31:49 | 18,10 | 3:19 |
| 20 | 974 | HUYBRECHTS JURGEN | SEN | 78 | AVZK | 0:31:51 | 18,08 | 3:19 |
| 21 | 2005 | HENDRICKX PIETER | SEN | 80 | ARAC | 0:31:57 | 18,03 | 3:20 |
| 22 | 1056 | PRIMS JO | SEN | 84 | ACHL | 0:32:00 | 18,00 | 3:20 |
| 23 | 2391 | VERMEIREN STEVEN | SEN | 80 | ACHL | 0:32:20 | 17,81 | 3:22 |
| 24 | 1236 | VAN ROEY JAN | SEN | 80 | ACBR | 0:32:22 | 17,80 | 3:22 |
| 25 | 1599 | DUWEIN PEIJJN | SEN | 77 | ACHL | 0:32:27 | 17,75 | 3:23 |
| 26 | 1652 | VAN BAEL DANNY | SEN | 69 | ROBA | | | |
| 27 | 1144 | VERDONCK DAVID | SEN | 76 | ARAC | | | |
| 28 | 1482 | DILLEN JACKY | SEN | 70 | OLSE | | | |
| 29 | 1306 | LAMBRECHTS TOM | SEN | 80 | HULS | | | |
| 30 | 1309 | VERHAERT KRIS | SEN | 78 | HULS | | | |
| 31 | 895 | CASTEELS TIM | SEN | 84 | ROBA | | | |
| 32 | 1314 | VAN OOSTERWYCK WIM | SEN | 66 | HULS | | | |
| 33 | 1179 | COECKELBERGS GILBERT | SEN | 66 | AVZK | | | |
| 34 | 1054 | JACOBS STIJN | SEN | 77 | ACHL | | | |
| 35 | 917 | BIDDELOO YVES | SEN | 72 | AVOS | | | |
| 36 | 2467 | VANHAVERBEKE KURT | SEN | 72 | AVMO | | | |
| 37 | 1538 | LIEVENS KRIS | SEN | 78 | ACHL | | | |
| 38 | 2340 | DAEMS JAN | SEN | 70 | ACHL | | | |
| 39 | 875 | GLASSEE ERIC | SEN | 70 | ACHL | | | |
| 40 | 3379 | HOREMANS RIGO | SEN | 69 | ROBA | | | |
| 41 | 1282 | DE HAES IVAN | SEN | 70 | ACHL | | | |
| 42 | 1851 | WITTEMANS FREEK | SEN | 80 | ROBA | | | |
| 43 | 1292 | WYNS JELLE | SEN | 80 | HULS | | | |

| PL | NR | Naam | CAT | GBJ | Club | Tijd | GEM | KM-Tijd |
|----|------|-----------------------|-----|-----|------|------|-----|---------|
| 44 | 1480 | TUFFIN BENJAMIN | SEN | 77 | OLSE | | | |
| 45 | 2077 | HEYLEN GEERT | SEN | 71 | ACHL | | | |
| 46 | 1193 | BASTIAENS HERMAN | SEN | 64 | ACHL | | | |
| 47 | 1194 | PEETERS PATRICK | SEN | 71 | ACHL | | | |
| 48 | 920 | STEEGMANS NICK | SEN | 84 | DUFF | | | |
| 49 | 899 | VAN DEN HEUVEL SVEN | SEN | 80 | ROBA | | | |
| 50 | 860 | SMOLDERS DAVY | SEN | 74 | ARAC | | | |
| 51 | 1195 | VAN DE CLOOT DAVY | SEN | 73 | ACHL | | | |
| 52 | 1779 | VAN BEECK DIRK | SEN | 65 | HULS | | | |
| 53 | 1839 | GOOSSENS ANDY | SEN | 81 | ACHL | | | |
| 54 | 812 | VAN DYCK DRIES | SEN | 82 | LIER | | | |
| 55 | 1225 | BARTHOLOMEEUSEN ERIC | SEN | 64 | BVAC | | | |
| 56 | 972 | NEVELSTEEN KRISTOF | SEN | 84 | AVZK | | | |
| 57 | 1736 | VANGOIDSENHOVEN JAN | SEN | 66 | AVZK | | | |
| 58 | 1259 | VAN LENT JURGEN | SEN | 68 | AVZK | | | |
| 59 | 832 | DONADI PIERRE* | SEN | 64 | VAMB | | | |
| 60 | 892 | GOVAERTS BENNY | SEN | 66 | ARAC | | | |
| 61 | 976 | HEYLEN BART | SEN | 66 | AVZK | | | |
| 62 | 1308 | GEENS GINO | SEN | 79 | HULS | | | |
| 63 | 1613 | VAN DE VELDE FREDERIK | SEN | 80 | ZELE | | | |
| 64 | 1567 | BROECKX IVO | SEN | 66 | ARAC | | | |
| 65 | 2147 | BYTEBIER ERWIN | SEN | 74 | AVT | | | |
| 66 | 1311 | VAN DEN BRANDE FILIP | SEN | 69 | HULS | | | |
| 67 | 1045 | EXELMANS DAVY | SEN | 75 | ROBA | | | |
| 68 | 1305 | VERHAERT GERRY | SEN | 82 | HULS | | | |
| 69 | 1932 | BOSMANS SIMON | SEN | 84 | ROBA | | | |
| 70 | 898 | VANHAGENDOREN MAARTEN | SEN | 81 | ROBA | | | |
| 71 | 2363 | ROELS WERNER | SEN | 78 | OLSE | | | |
| 72 | 989 | DE JONGH MIKE | SEN | 83 | AVOS | | | |
| 73 | 959 | CONVENS PETER | SEN | 68 | VMOL | | | |
| 74 | 1418 | VAN DER STEEN KURT | SEN | 67 | AVKA | | | |
| 75 | 1307 | VERHAERT TIM | SEN | 80 | HULS | | | |
| 76 | 5210 | APIECIONEK VICENTY | MAS | 48 | ABES | | | |