

19e KWB-Jogging St-Jozef Olen - 30 maart 2003

2 KM

| PL | NR | Naam | CAT | GBJ | Woonplaats | Tijd | GEM | KM-Tijd |
|----|----|---------------------|-----|------|-------------------|-------|-------|---------|
| 1 | 36 | *Jacobs Roel | M | 1986 | Vorselaar | 6:14 | 19,25 | 3:07 |
| 2 | 14 | Vansteenbeeck Chris | M | 1980 | Bilzen | 6:41 | 17,96 | 3:20 |
| 3 | 34 | *Jacobs Brecht | M | 1988 | Vorselaar | 7:03 | 17,02 | 3:31 |
| 4 | 24 | Bierinckx Vincent | M | 1990 | Herentals | 7:04 | 16,98 | 3:32 |
| 5 | 2 | Foubert Joyce | V | 1991 | Brecht | 7:22 | 16,29 | 3:41 |
| 6 | 32 | *Vanhalle Stijn | M | 1990 | Herent | 7:23 | 16,25 | 3:41 |
| 7 | 28 | Keirsmakers Jolien | V | 1992 | Westerlo | 7:30 | 16,00 | 3:45 |
| 8 | 13 | Lievens Kevin | M | 1989 | Westerlo | 7:30 | 16,00 | 3:45 |
| 9 | 27 | Mols Lorenz | M | 1992 | Geel | 7:30 | 16,00 | 3:45 |
| 10 | 37 | Geerinckx Jasmien | V | 1991 | Laakdal | 7:30 | 16,00 | 3:45 |
| 11 | 30 | Serre Bjorn | M | 1991 | Scherpenheuvel | 7:30 | 16,00 | 3:45 |
| 12 | 29 | Keirsmakers Jorn | M | 1994 | Westerlo | 7:57 | 15,09 | 3:58 |
| 13 | 18 | Van Lancker Sharun | V | 1988 | Hoboken | 7:57 | 15,09 | 3:58 |
| 14 | 12 | Lievens Jelle | M | 1992 | Westerlo | 7:57 | 15,09 | 3:58 |
| 15 | 17 | Lenders Jolien | V | 1991 | Itegem | 8:22 | 14,34 | 4:11 |
| 16 | 4 | Foubert Glen | M | 1990 | Brecht | 8:26 | 14,23 | 4:13 |
| 17 | 31 | Boeymans Jonas | M | 1991 | Scherpenheuvel | 8:26 | 14,23 | 4:13 |
| 18 | 23 | Potael Lotte | V | 1987 | Turnhout | 8:26 | 14,23 | 4:13 |
| 19 | 8 | Peeters Teske | V | 1992 | Vosselaar | 8:26 | 14,23 | 4:13 |
| 20 | 16 | Janssen Shara | V | 1992 | Oud-Turnhout | 8:48 | 13,64 | 4:24 |
| 21 | 9 | Bogaerts Stefanie | V | 1992 | Heist-Op-Den-Berg | 8:48 | 13,64 | 4:24 |
| 22 | 40 | De Pauw Brent | M | 1993 | Herentals | 8:48 | 13,64 | 4:24 |
| 23 | 39 | De Pauw Denis | M | 1962 | Herentals | 8:48 | 13,64 | 4:24 |
| 24 | 15 | Berx Tine | V | 1981 | Bilzen | 8:48 | 13,64 | 4:24 |
| 25 | 38 | Van Nijlen Y. | V | 1990 | Kasterlee | 9:10 | 13,09 | 4:35 |
| 26 | 19 | Luyten Jens | M | 1993 | Turnhout | 9:17 | 12,93 | 4:38 |
| 27 | 7 | Glasse Dorien | V | 1994 | Bouwel | 9:18 | 12,90 | 4:39 |
| 28 | 6 | Glasse Sven | M | 1996 | Bouwel | 9:26 | 12,72 | 4:43 |
| 29 | 3 | Dialving Sarah | V | 1991 | Brecht | 9:35 | 12,52 | 4:47 |
| 30 | 10 | Claes Birgit | V | 1990 | Heist-Op-Den-Berg | 9:37 | 12,48 | 4:48 |
| 31 | 20 | Hooyberghs Lore | M | 1994 | Kasterlee | 9:51 | 12,18 | 4:55 |
| 32 | 25 | Vissers Liesbeth | V | 1988 | Antwerpen | 9:58 | 12,04 | 4:59 |
| 33 | 22 | Van Springel Britt | V | 1992 | Beerse | 9:58 | 12,04 | 4:59 |
| 34 | 26 | Boelen Diana | V | 1969 | Leopoldsburg | 10:10 | 11,80 | 5:05 |
| 35 | 11 | Van De Plas Dorien | V | 1990 | Heist-Op-Den-Berg | 10:29 | 11,45 | 5:14 |
| 36 | 21 | Van Springel Bjorn | M | 1994 | Beerse | 10:57 | 10,96 | 5:28 |

4,3 KM

| PL | NR | Naam | CAT | GBJ | Woonplaats | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|-----|------|-------------------|-------|-------|---------|
| 1 | 113 | Huybrechts Jurgen | M | 1978 | Putte | 13:26 | 19,21 | 3:07 |
| 2 | 104 | Smits Jef | M | 1967 | Turnhout | 13:40 | 18,88 | 3:10 |
| 3 | 190 | Vleugels Marc | M | 1969 | Laakdal | 14:16 | 18,08 | 3:19 |
| 4 | 191 | Oeyen Dirk | M | 1970 | Tessenderlo | 14:19 | 18,02 | 3:19 |
| 5 | 121 | Jacobs Johan | M | 1961 | Oud-Turnhout | 14:27 | 17,85 | 3:21 |
| 6 | 126 | *Heremans Koen | M | 1974 | Herselt | 14:33 | 17,73 | 3:23 |
| 7 | 170 | Van Den Heuvel Sven | M | 1980 | Herselt | 14:35 | 17,69 | 3:23 |
| 8 | 169 | Van Den Brande Flip | M | 1969 | Itegem | 14:42 | 17,55 | 3:25 |
| 9 | 196 | Douwen Dirk | M | 1959 | Herentals | 15:07 | 17,07 | 3:30 |
| 10 | 146 | Bellens Roeland | M | 1983 | Westerlo | 15:14 | 16,94 | 3:32 |
| 11 | 231 | Schauwers Kevin | M | 1986 | Herselt | 15:19 | 16,84 | 3:33 |
| 12 | 151 | Laenen Bart | M | 1980 | Herentals | 15:31 | 16,63 | 3:36 |
| 13 | 105 | Haest Eric | M | 1955 | Kasterlee | 15:32 | 16,61 | 3:36 |
| 14 | 200 | Huysmans Jef | M | 1959 | Westerlo | 15:34 | 16,57 | 3:37 |
| 15 | 158 | Jacobs Francis | V | 1957 | Turnhout | 15:36 | 16,54 | 3:37 |
| 16 | 221 | Van Rompaye Bert | M | 1980 | Itegem | 15:43 | 16,42 | 3:39 |
| 17 | 172 | Van Den Broeck Dries | M | 1987 | Booischoot | 15:44 | 16,40 | 3:39 |
| 18 | 203 | Wouters Bart | M | 1970 | Herentals | 15:45 | 16,38 | 3:39 |
| 19 | 160 | Benijts Stef | M | 1976 | Geel | 15:49 | 16,31 | 3:40 |
| 20 | 227 | *Verspreet Luc | M | 1959 | Baal | 15:56 | 16,19 | 3:42 |
| 21 | 228 | *Verspreet Willy | M | 1956 | Tessenderlo | 15:57 | 16,18 | 3:42 |
| 22 | 178 | Lievens Hans | M | 1966 | Geel | 16:22 | 15,76 | 3:48 |
| 23 | 101 | Maris Jeroen | M | 1985 | Putte | 16:26 | 15,70 | 3:49 |
| 24 | 251 | Sijmus Willy | M | 1954 | Keerbergen | 16:27 | 15,68 | 3:49 |
| 25 | 235 | *Hoefkens Jan | M | 1968 | Itegem | 16:30 | 15,64 | 3:50 |
| 26 | 102 | Vermeiren Danny | M | 1958 | Turnhout | 16:38 | 15,51 | 3:52 |
| 27 | 118 | Verhaert Rene | M | 1956 | Itegem | 16:40 | 15,48 | 3:52 |
| 28 | 207 | Wouters Paul | M | 1969 | Grobbendonk | 16:43 | 15,43 | 3:53 |
| 29 | 233 | Scheers Sander | M | 1990 | Heist-Op-Den-Berg | 16:49 | 15,34 | 3:54 |
| 30 | 134 | Jacobs Kevin | M | 1988 | Oud-Turnhout | 16:53 | 15,28 | 3:55 |
| 31 | 106 | Prinsen Marc | M | 1960 | Herentals | 17:00 | 15,18 | 3:57 |
| 32 | 132 | *Meynen Koen | M | 1964 | Balen | 17:17 | 14,93 | 4:01 |
| 33 | 171 | Van Den Broeck Dorien | V | 1986 | Booischoot | 17:18 | 14,91 | 4:01 |
| 34 | 129 | Luyten Danny | M | 1961 | Turnhout | 17:24 | 14,83 | 4:02 |
| 35 | 249 | Van Nijlen Bart | M | 1962 | Kasterlee | 17:29 | 14,76 | 4:03 |
| 36 | 212 | Van Calster Walter | M | 1961 | Herentals | 17:30 | 14,74 | 4:04 |
| 37 | 193 | Wouters Luc | M | 1969 | Booischoot | 17:32 | 14,71 | 4:04 |
| 38 | 186 | Cools Georgette | V | 1954 | Scherpenheuvel- | 17:34 | 14,69 | 4:05 |
| 39 | 245 | *Jacobs Dries | M | 1981 | Vorselaar | 17:40 | 14,60 | 4:06 |
| 40 | 183 | Winnepenninckx Davy | M | 1984 | Tremelo | 17:40 | 14,60 | 4:06 |
| 41 | 137 | Rutten Patrick | M | 1965 | Turnhout | 17:55 | 14,40 | 4:10 |
| 42 | 217 | *Van De Put Andre | M | 1959 | Kasterlee | 17:55 | 14,40 | 4:10 |
| 43 | 111 | *Pelgrims Patrick | M | 1965 | Westerlo | 18:00 | 14,33 | 4:11 |
| 44 | 253 | *Van Den Berg Paul | M | 1956 | Duffel | 18:15 | 14,14 | 4:14 |

| | | | | | | | | |
|----|-----|----------------------|---|------|-------------------|-------|-------|------|
| 45 | 141 | *Van Doninck Luc | M | 1956 | Vorselaar | 18:18 | 14,10 | 4:15 |
| 46 | 222 | Rymenants Ronny | M | 1960 | Heist-Op-Den-Berg | 18:22 | 14,05 | 4:16 |
| 47 | 210 | De Smet Peter | M | 1964 | Oud-Turnhout | 18:22 | 14,05 | 4:16 |
| 48 | 223 | *Beyens Mia | V | 1954 | Geel | 18:23 | 14,03 | 4:16 |
| 49 | 108 | Peeters Marc | M | 1965 | Vosselaar | 18:27 | 13,98 | 4:17 |
| 50 | 214 | *Van Dyck Matthias | M | 1989 | Tremelo | 18:30 | 13,95 | 4:18 |
| 51 | 138 | Rutten Thomas | M | 1991 | Turnhout | 18:33 | 13,91 | 4:18 |
| 52 | 136 | Van Roelen Gaston | M | 1949 | Aarschot | 18:34 | 13,90 | 4:19 |
| 53 | 225 | *Peeters Jozef | M | 1939 | Olen | 18:43 | 13,78 | 4:21 |
| 54 | 226 | *Bruynseels Gaby | V | 1946 | Westerlo | 18:52 | 13,67 | 4:23 |
| 55 | 224 | Huyskens Ludo | M | 1950 | Westerlo | 18:53 | 13,66 | 4:23 |
| 56 | 220 | *Roels Gerrit | M | 1970 | Laakdal | 18:56 | 13,63 | 4:24 |
| 57 | 194 | *Van De Reijd Jozef | M | 1955 | Leopoldsburg | 18:58 | 13,60 | 4:24 |
| 58 | 145 | Sneyders Jef | M | 1958 | Beerse | 18:58 | 13,60 | 4:24 |
| 59 | 154 | Godier Albert | M | 1959 | Tremelo | 19:01 | 13,57 | 4:25 |
| 60 | 230 | Vermaelen Willy | M | 1952 | Holsbeek | 19:02 | 13,56 | 4:25 |
| 61 | 135 | *Coremans Cyriel | M | 1947 | Aarschot | 19:02 | 13,56 | 4:25 |
| 62 | 218 | *Counotte Stefan | M | 1959 | Herselt | 19:03 | 13,54 | 4:25 |
| 63 | 159 | *Maus Jan | M | 1958 | Herselt | 19:05 | 13,52 | 4:26 |
| 64 | 123 | Dewaele Ingrid | V | 1963 | Grobbendonk | 19:16 | 13,39 | 4:28 |
| 65 | 168 | Keusters Sam | M | 1982 | Geel | 19:18 | 13,37 | 4:29 |
| 66 | 201 | Van Rompaey Roger | M | 1944 | Begijnendijk | 19:22 | 13,32 | 4:30 |
| 67 | 255 | Geysen Wim | M | 1967 | Lille | 19:38 | 13,14 | 4:33 |
| 68 | 149 | Verboven Daniella | V | 1960 | Kasterlee | 19:50 | 13,01 | 4:36 |
| 69 | 181 | *Vissers Bert | M | 1988 | Antwerpen | 19:55 | 12,95 | 4:37 |
| 70 | 125 | *Lumps Els | V | 1967 | Heist-Op-Den-Berg | 19:57 | 12,93 | 4:38 |
| 71 | 174 | *Wyns Jos | M | 1952 | Heist-Op-Den-Berg | 19:58 | 12,92 | 4:38 |
| 72 | 110 | Van Ende Bieke | V | 1984 | Kasterlee | 20:06 | 12,84 | 4:40 |
| 73 | 133 | Helsen Leo | M | 1955 | Herselt | 20:07 | 12,83 | 4:40 |
| 74 | 164 | Fleurackers Danny | M | 1969 | Boom | 20:11 | 12,78 | 4:41 |
| 75 | 150 | Van Lier Stefan | M | 1958 | Tremelo | 20:23 | 12,66 | 4:44 |
| 76 | 179 | *Papen Gust | M | 1940 | Hulshout | 20:26 | 12,63 | 4:45 |
| 77 | 215 | Nuydens Lutgarda | V | 1957 | Kasterlee | 20:30 | 12,59 | 4:46 |
| 78 | 42 | Vankrunkelsven Eric | M | 1964 | Ham | 20:32 | 12,56 | 4:46 |
| 79 | 112 | Van Gils Gina | V | 1960 | Turnhout | 20:41 | 12,47 | 4:48 |
| 80 | 127 | *Van Lancker Debby | V | 1986 | Hoboken | 20:45 | 12,43 | 4:49 |
| 81 | 188 | *Haest Leo | M | 1940 | Malle | 21:03 | 12,26 | 4:53 |
| 82 | 176 | *Douwen Albert | M | 1942 | Herentals | 21:14 | 12,15 | 4:56 |
| 83 | 209 | Vaneynde Suzy | V | 1968 | Westerlo | 21:17 | 12,12 | 4:56 |
| 84 | 119 | *Verbeeck Linda | V | 1964 | Itegem | 21:25 | 12,05 | 4:58 |
| 85 | 208 | Van Krunkelsven Ludo | M | 1956 | Tessenderlo | 21:30 | 12,00 | 5:00 |
| 86 | 185 | *Lievens Stijn | M | 1986 | Olen | 21:54 | 11,78 | 5:05 |
| 87 | 131 | Snijers Linda | V | 1963 | Turnhout | 21:55 | 11,77 | 5:05 |
| 88 | 175 | Heylen Jos | M | 1945 | Westerlo | 21:58 | 11,75 | 5:06 |
| 89 | 148 | Wouters Lodewijk | M | 1931 | Herentals | 22:00 | 11,73 | 5:06 |
| 90 | 167 | Keusters Danny | M | 1957 | Geel | 22:02 | 11,71 | 5:07 |
| 91 | 211 | Schouters Denis | M | 1942 | Bekkevoort | 22:15 | 11,60 | 5:10 |

| | | | | | | | |
|-----|-----|-------------------------|---|------------------|-------|-------|------|
| 92 | 157 | *Bluys Jef | M | 1962 Geel | 22:23 | 11,53 | 5:12 |
| 93 | 243 | *Jacobs Nele | V | 1982 Vorselaar | 22:26 | 11,50 | 5:13 |
| 94 | 244 | Abelshausen Ben | M | 1982 Lille | 22:27 | 11,49 | 5:13 |
| 95 | 236 | *Vanlommel Sonja | V | 1961 Olen | 22:41 | 11,37 | 5:16 |
| 96 | 189 | Haest Ingrid | V | 1971 Zoersel | 22:41 | 11,37 | 5:16 |
| 97 | 247 | *Leysen Jan | M | 1982 Olen | 22:42 | 11,37 | 5:16 |
| 98 | 248 | Van Hoof Guy | M | 1971 Olen | 22:42 | 11,37 | 5:16 |
| 99 | 161 | Jacobs Nancy | V | 1966 Lille | 22:45 | 11,34 | 5:17 |
| 100 | 184 | *De Gruyter Diane | V | 1964 Hoogstraten | 23:01 | 11,21 | 5:21 |
| 101 | 198 | *De Win Jos | M | 1956 Nijlen | 23:30 | 10,98 | 5:27 |
| 102 | 195 | Willemsens Eef | V | 1979 Beerse | 23:34 | 10,95 | 5:28 |
| 103 | 241 | Ambroos Brecht | M | 1991 Diest | 23:36 | 10,93 | 5:29 |
| 104 | 187 | Verreycken Louis | M | 1936 Olen | 23:38 | 10,92 | 5:29 |
| 105 | 204 | Goetmuys Roger | M | 1950 Aarschot | 23:40 | 10,90 | 5:30 |
| 106 | 229 | Vermaelen Wendy | V | 1978 Holsbeek | 23:41 | 10,89 | 5:30 |
| 107 | 240 | *Appelen Daan | M | 1991 Diest | 24:02 | 10,74 | 5:35 |
| 108 | 242 | Appelen Rudy | M | 1962 Diest | 24:04 | 10,72 | 5:35 |
| 109 | 120 | Bubbe Rene | M | 1946 Mol | 24:25 | 10,57 | 5:40 |
| 110 | 234 | *Eggers Peggy | V | 1967 Itegem | 24:45 | 10,42 | 5:45 |
| 111 | 250 | Vandijck Annick | V | 1973 Olen | 24:46 | 10,42 | 5:45 |
| 112 | 252 | Wolput Annie | V | 1966 Lille | 24:53 | 10,37 | 5:47 |
| 113 | 156 | *Roefs Ludo | M | 1958 Herentals | 25:07 | 10,27 | 5:50 |
| 114 | 165 | *Celis Inge | V | 1989 Lille | 25:23 | 10,16 | 5:54 |
| 115 | 254 | Devries Delphine | V | 1984 Turnhout | 25:29 | 10,12 | 5:55 |
| 116 | 199 | *Van Bael Denis | M | 1990 Booischot | 25:40 | 10,05 | 5:58 |
| 117 | 180 | *Van Den Heuvel Laurent | M | 1944 Herselt | 25:59 | 9,93 | 6:02 |
| 118 | 33 | Vanhoof Dieter | M | 1980 Herentals | 26:12 | 9,85 | 6:05 |
| 119 | 143 | Mertens Chris | V | 1956 Herentals | 26:13 | 9,84 | 6:05 |
| 120 | 142 | Gyesbreghs Marleen | V | 1963 Herentals | 26:14 | 9,83 | 6:06 |
| 121 | 182 | Van Den Langenbergh A | M | 1946 Kasterlee | 26:41 | 9,67 | 6:12 |
| 122 | 299 | *Van Oyen Fia | V | 1961 Zoersel | 26:42 | 9,66 | 6:12 |
| 123 | 147 | *Biesmans Lisette | V | 1946 Ham | 26:55 | 9,59 | 6:15 |
| 124 | 197 | *De Win Nicky | M | 1990 Nijlen | 26:59 | 9,56 | 6:16 |
| 125 | 237 | *Schroven Irena | V | 1937 Diest | 27:39 | 9,33 | 6:25 |
| 126 | 205 | *Wuyts Evy | V | 1983 Olen | 27:46 | 9,29 | 6:27 |
| 127 | 107 | Van Houdt Manuela | V | 1961 Herentals | 27:51 | 9,26 | 6:28 |
| 128 | 177 | Freijisen Emiel | M | 1945 Kapellen | 27:55 | 9,24 | 6:29 |
| 129 | 238 | *Jacobs Anne | V | 1979 Vorselaar | 29:18 | 8,81 | 6:48 |
| 130 | 166 | *Celis Tinne | V | 1987 Lille | 29:18 | 8,81 | 6:48 |
| 131 | 239 | Lippens Daisy | V | 1964 Olen | 30:54 | 8,35 | 7:11 |
| 132 | 155 | *Knaeps Greet | V | 1962 Herentals | 32:06 | 8,04 | 7:27 |
| 133 | 139 | *Schellekens Gusta | V | 1948 Vosselaar | 35:24 | 7,29 | 8:13 |
| 134 | 246 | Vanlommel Wendy | V | 1983 Olen | 39:55 | 6,46 | 9:16 |

8,5 KM

| PL | NR | Naam | CAT | GBJ | Woonplaats | Tijd | GEM | KM-Tijd |
|----|-----|---------------------|-----|------|-------------------|-------|-------|---------|
| 1 | 379 | Prims Jo | M | 1984 | Bouwel | 29:01 | 17,58 | 3:24 |
| 2 | 366 | Laenen Marcel | M | 1956 | Westerlo | 29:05 | 17,54 | 3:25 |
| 3 | 391 | *Lievens Herman | M | 1957 | Olen | 29:20 | 17,39 | 3:27 |
| 4 | 317 | *Van Loo Alfons | M | 1960 | Heist-op-den-Berg | 29:25 | 17,34 | 3:27 |
| 5 | 381 | Matheys Danny | M | 1965 | Kessel-Lo | 29:54 | 17,06 | 3:31 |
| 6 | 351 | Vansteenbergen | M | 1961 | Ravels | 30:03 | 16,97 | 3:32 |
| 7 | 429 | Herben Karel | M | 1987 | Zonhoven | 30:06 | 16,94 | 3:32 |
| 8 | 332 | Van Rillaer Stefan | M | 1970 | Tremelo | 30:21 | 16,80 | 3:34 |
| 9 | 428 | Torfs Pieter | M | 1974 | Leuven | 30:40 | 16,63 | 3:36 |
| 10 | 363 | Spruyts David | M | 1964 | Westerlo | 31:02 | 16,43 | 3:39 |
| 11 | 329 | Van De Velde Bert | M | 1970 | Aarschot | 31:31 | 16,18 | 3:42 |
| 12 | 455 | Ceusters Gerry | M | 1972 | Geel | 31:45 | 16,06 | 3:44 |
| 13 | 411 | De Haes Ivan | M | 1970 | Herentals | 31:48 | 16,04 | 3:44 |
| 14 | 357 | Geerts Jozef | M | 1948 | Balen | 31:50 | 16,02 | 3:44 |
| 15 | 375 | Bekers Tom | M | 1986 | Herenthout | 31:59 | 15,95 | 3:45 |
| 16 | 338 | Meeus Luc | M | 1965 | Nijlen | 32:10 | 15,85 | 3:47 |
| 17 | 390 | Sannen Nico | M | 1974 | Tessenderlo | 32:19 | 15,78 | 3:48 |
| 18 | 308 | Geens Gino | M | 1979 | Herentals | 32:25 | 15,73 | 3:48 |
| 19 | 396 | Hermans Thierry | M | 1967 | Herenthout | 32:33 | 15,67 | 3:49 |
| 20 | 310 | Claes Gerrit | M | 1963 | Heist-Op-Den-Berg | 32:36 | 15,64 | 3:50 |
| 21 | 427 | Camps Ludo | M | 1953 | Tessenderlo | 32:37 | 15,64 | 3:50 |
| 22 | 313 | Van Ende Bert | M | 1959 | Kasterlee | 32:42 | 15,60 | 3:50 |
| 23 | 442 | Geens Bart | M | 1965 | Herselt | 32:46 | 15,56 | 3:51 |
| 24 | 323 | Van Den Eynden Kim | M | 1981 | Vorselaar | 32:47 | 15,56 | 3:51 |
| 25 | 311 | Bogaerts Ruddi | M | 1958 | Heist-Op-Den-Berg | 33:01 | 15,45 | 3:53 |
| 26 | 462 | Mertesn Leo | M | 1952 | Olen | 33:21 | 15,29 | 3:55 |
| 27 | 380 | Teerlinck Peter | M | 1968 | Kasterlee | 33:30 | 15,22 | 3:56 |
| 28 | 430 | Depauw Rudy | M | 1946 | Vorselaar | 33:49 | 15,08 | 3:58 |
| 29 | 370 | Meulders Hugo | M | 1960 | Herselt | 34:04 | 14,97 | 4:00 |
| 30 | 437 | Bluys Luc | M | 1962 | Vorselaar | 34:33 | 14,76 | 4:03 |
| 31 | 454 | Ambroos Werner | M | 1963 | Diest | 34:34 | 14,75 | 4:04 |
| 32 | 369 | Martens Herman | M | 1942 | Hoogstraten | 34:49 | 14,65 | 4:05 |
| 33 | 450 | Cannaerts Raymond | M | 1957 | Scherpenheuvel | 34:53 | 14,62 | 4:06 |
| 34 | 302 | Moris Sven | M | onb. | | 35:07 | 14,52 | 4:07 |
| 35 | 327 | Van Dijck Pieter | M | 1986 | Zandhoven | 35:07 | 14,52 | 4:07 |
| 36 | 331 | Van Den Broeck Marc | M | 1957 | Haacht | 35:11 | 14,50 | 4:08 |
| 37 | 438 | Verduyckx Paul | M | 1960 | Baal | 35:21 | 14,43 | 4:09 |
| 38 | 388 | Clerickx Marcel | M | 1937 | Scherpenheuvel | 35:29 | 14,37 | 4:10 |
| 39 | 374 | Van Dyck Louis | M | 1946 | Tremelo | 35:35 | 14,33 | 4:11 |
| 40 | 425 | Helsen Patrick | M | 1960 | Herentals | 35:58 | 14,18 | 4:13 |
| 41 | 346 | Leeuws Ludo | M | 1952 | Mol | 36:03 | 14,15 | 4:14 |
| 42 | 306 | *Peeters Bob | M | 1964 | Kapellen | 36:13 | 14,08 | 4:15 |
| 43 | 405 | Raymacker Michel | M | 1963 | Tienen | 36:18 | 14,05 | 4:16 |
| 44 | 339 | Hendrickx Vicky | V | 1955 | Keerbergen | 36:18 | 14,05 | 4:16 |

| | | | | | | | | |
|----|-----|---------------------|---|------|-------------------|-------|-------|------|
| 45 | 407 | Schouters Robert | M | 1950 | Houwaart | 36:18 | 14,05 | 4:16 |
| 46 | 341 | Lievens Johan | M | 1977 | Olen | 36:33 | 13,95 | 4:18 |
| 47 | 434 | Vermeulen Chris | M | 1963 | Booischoot | 36:42 | 13,90 | 4:19 |
| 48 | 365 | Lieckens Vicky | V | 1980 | Grobbendonk | 36:46 | 13,87 | 4:19 |
| 49 | 376 | Stickers Ton | M | 1974 | Herselt | 36:53 | 13,83 | 4:20 |
| 50 | 394 | Grauwen Michel | M | 1958 | Herentals | 36:55 | 13,81 | 4:20 |
| 51 | 309 | Geens Frans | M | 1948 | Herentals | 36:59 | 13,79 | 4:21 |
| 52 | 424 | Brabants Patrick | M | 1963 | Tessenderlo | 37:00 | 13,78 | 4:21 |
| 53 | 456 | Delen Ronny | M | 1962 | Herenthout | 37:02 | 13,77 | 4:21 |
| 54 | 318 | Claes An | V | 1982 | Heist-Op-Den-Berg | 37:03 | 13,77 | 4:21 |
| 55 | 432 | Schildermans Rudy | M | 1959 | Laakdal | 37:04 | 13,76 | 4:21 |
| 56 | 441 | Dams Patrick | M | 1966 | Itegem | 37:08 | 13,73 | 4:22 |
| 57 | 349 | Peeters Karen | V | 1968 | Hever | 37:10 | 13,72 | 4:22 |
| 58 | 304 | Piromet Remi | M | 1950 | Scherpenheuvel | 37:11 | 13,72 | 4:22 |
| 59 | 395 | *Verlinden Louis | M | 1901 | Herentals | 37:11 | 13,72 | 4:22 |
| 60 | 355 | *De Haes Jos | M | 1940 | Heist-Op-Den-Berg | 37:13 | 13,70 | 4:22 |
| 61 | 340 | De Keyzer R | M | 1945 | Aarschoot | 37:13 | 13,70 | 4:22 |
| 62 | 426 | Trappeniers Lesly | V | 1988 | Kortenberg | 37:18 | 13,67 | 4:23 |
| 63 | 431 | Van Dijck Jef | M | 1957 | Tremelo | 37:19 | 13,67 | 4:23 |
| 64 | 384 | Van Woensel Ludo | M | 1956 | Booischoot | 37:20 | 13,66 | 4:23 |
| 65 | 445 | *Van Den Putte Eric | M | 1957 | Heist-Op-Den-Berg | 37:22 | 13,65 | 4:23 |
| 66 | 360 | Craps Martine | V | 1963 | Tervuren | 37:32 | 13,59 | 4:24 |
| 67 | 446 | *Claes Rudy | M | 1956 | Booischoot | 37:37 | 13,56 | 4:25 |
| 68 | 402 | Keirsmakers Bart | M | 1968 | Westerlo | 37:57 | 13,44 | 4:27 |
| 69 | 301 | Laeremans Paul | M | 1967 | Westerlo | 37:58 | 13,43 | 4:28 |
| 70 | 418 | Vandeweyer Moni | V | 1964 | Laakdal | 38:01 | 13,42 | 4:28 |
| 71 | 417 | De Backer Willem | M | 1953 | Booischoot | 38:08 | 13,37 | 4:29 |
| 72 | 398 | *Kempen Julien | M | 1937 | Geel | 38:12 | 13,35 | 4:29 |
| 73 | 444 | *Severijns Edgard | M | 1932 | Diest | 38:18 | 13,32 | 4:30 |
| 74 | 337 | Bollansee Patrick | M | 1968 | Vorselaar | 38:25 | 13,28 | 4:31 |
| 75 | 356 | Dries Jozef | M | 1943 | Dessel | 38:28 | 13,26 | 4:31 |
| 76 | 451 | Meuris Carl | M | 1963 | Heist-Op-Den-Berg | 38:33 | 13,23 | 4:32 |
| 77 | 416 | Van Gennip Pascal | M | 1965 | Olen | 38:38 | 13,20 | 4:32 |
| 78 | 373 | De Rijck Maurice | M | 1954 | Booischoot | 38:45 | 13,16 | 4:33 |
| 79 | 314 | Vansteenbeeck Danny | M | 1986 | Bilzen | 38:47 | 13,15 | 4:33 |
| 80 | 326 | Janssen Liestbeth | V | 1958 | Haacht | 39:11 | 13,02 | 4:36 |
| 81 | 361 | Maes Ivo | M | 1946 | Herentals | 39:12 | 13,01 | 4:36 |
| 82 | 386 | Vervoort Luc | M | 1965 | Laakdal | 39:28 | 12,92 | 4:38 |
| 83 | 321 | *Belien Frans | M | 1948 | Tessenderlo | 39:48 | 12,81 | 4:40 |
| 84 | 458 | Goossens Remi | M | 1954 | Herenthout | 39:54 | 12,78 | 4:41 |
| 85 | 354 | *Barrat Roland | M | 1941 | Antwerpen | 40:11 | 12,69 | 4:43 |
| 86 | 447 | Vervecken Marc | M | 1962 | Olen | 40:25 | 12,62 | 4:45 |
| 87 | 316 | Proost K | M | onb. | Oud-Turnhout | 40:29 | 12,60 | 4:45 |
| 88 | 345 | Devolder Eddy | M | 1952 | Turnhout | 40:56 | 12,46 | 4:48 |
| 89 | 401 | *Salaerts Jules | M | 1946 | Itegem | 41:01 | 12,43 | 4:49 |
| 90 | 362 | Celis Herman | M | 1946 | Vorselaar | 41:02 | 12,43 | 4:49 |
| 91 | 383 | Van Dingenen Maria | V | 1950 | Tessenderlo | 41:10 | 12,39 | 4:50 |

| | | | | | | | | |
|-----|-----|-----------------------|---|------|----------------------|-------|-------|------|
| 92 | 334 | Verberck Edwin | M | 1950 | Booischoot | 41:19 | 12,34 | 4:51 |
| 93 | 364 | De Smet Lies | V | 1979 | Mol | 41:20 | 12,34 | 4:51 |
| 94 | 353 | *Van Heymbeeck | M | 1937 | Wuustwezel | 41:33 | 12,27 | 4:53 |
| 95 | 404 | Haine Marie Jose | V | 1968 | Heusden-Zolder | 41:42 | 12,23 | 4:54 |
| 96 | 439 | Cortens Lucien | M | 1947 | Booischoot | 41:47 | 12,21 | 4:54 |
| 97 | 342 | Seventants Henri | M | 1943 | Tessengerlo | 41:53 | 12,18 | 4:55 |
| 98 | 377 | Caers Jozef | M | 1966 | Geel | 41:53 | 12,18 | 4:55 |
| 99 | 324 | Tubex Rachel | V | 1936 | Herentals | 41:56 | 12,16 | 4:56 |
| 100 | 335 | Cuyvers Eddy | M | 1955 | Tessengerlo | 42:12 | 12,09 | 4:57 |
| 101 | 399 | Everaerts Rita | V | 1955 | Aarschoot | 43:01 | 11,86 | 5:03 |
| 102 | 385 | Pelgrims Jan | M | 1954 | Scherpenheuvel | 43:03 | 11,85 | 5:03 |
| 103 | 465 | Vanlommel Marco | M | 1983 | Olen | 43:07 | 11,83 | 5:04 |
| 104 | 453 | *Mees Koen | M | 1966 | Geel | 43:09 | 11,82 | 5:04 |
| 105 | 408 | Heylen Gustaaf | M | 1946 | Herenthout | 43:10 | 11,81 | 5:04 |
| 106 | 423 | Van Offenaert Chris | M | 1963 | Merksplas | 43:12 | 11,81 | 5:04 |
| 107 | 436 | Van Parijs Eddy | M | 1944 | Herentals | 43:16 | 11,79 | 5:05 |
| 108 | 303 | Heijlen Louis | M | onb. | | 43:19 | 11,77 | 5:05 |
| 109 | 319 | Van Looek Luc | M | 1959 | Nijlen | 43:32 | 11,72 | 5:07 |
| 110 | 358 | Denis Daniel | M | 1960 | Herentals | 43:33 | 11,71 | 5:07 |
| 111 | 312 | Goormans Inge | V | 1969 | Herenthout | 43:33 | 11,71 | 5:07 |
| 112 | 322 | Van Den Eynde Frans | M | 1957 | Vorselaar | 43:45 | 11,66 | 5:08 |
| 113 | 460 | Hooyberghs Hans | M | 1987 | Meerhout | 43:46 | 11,65 | 5:08 |
| 114 | 336 | Wijns Maria | V | 1964 | Itegem | 43:54 | 11,62 | 5:09 |
| 115 | 325 | Van Loo Jeroen | M | 1987 | Heist-Op-Den-Berg | 43:54 | 11,62 | 5:09 |
| 116 | 419 | Alen Magda | V | 1946 | Olen | 44:20 | 11,50 | 5:12 |
| 117 | 393 | Wuyts Nikki | V | 1987 | Olen | 44:45 | 11,40 | 5:15 |
| 118 | 389 | *Schillebeeckx Nicole | V | 1963 | Oud-Turnhout | 45:10 | 11,29 | 5:18 |
| 119 | 315 | Van Nijlen Leo | M | 1946 | Vosselaar | 45:19 | 11,25 | 5:19 |
| 120 | 397 | Pluys Mariette | V | 1945 | Berlaar | 45:22 | 11,24 | 5:20 |
| 121 | 367 | Bellens Chris | V | 1957 | Olen | 45:32 | 11,20 | 5:21 |
| 122 | 343 | Van Hoeck Rita | V | 1958 | Turnhout | 45:32 | 11,20 | 5:21 |
| 123 | 409 | Vandonicnk Rene | M | 1942 | Herenthout | 45:43 | 11,16 | 5:22 |
| 124 | 463 | Holemans Paul | M | 1946 | Rotselaar | 45:49 | 11,13 | 5:23 |
| 125 | 372 | Aerts Eddy | M | 1957 | Herentals | 46:10 | 11,05 | 5:25 |
| 126 | 457 | Wuyts Monique | V | 1967 | Kasterlee | 46:28 | 10,98 | 5:28 |
| 127 | 392 | Dekkers Carine | V | 1962 | Vorselaar | 46:38 | 10,94 | 5:29 |
| 128 | 300 | Hoogesteger Cees | M | 1936 | Rr Heinkenszand | 46:43 | 10,92 | 5:29 |
| 129 | 368 | Laenen Sonja | V | 1965 | Olen | 46:49 | 10,89 | 5:30 |
| 130 | 305 | *Boeckx Marijke | V | 1955 | Meerhout | 47:08 | 10,82 | 5:32 |
| 131 | 410 | Jennis Frieda | V | 1962 | Scherpenheuvel | 47:16 | 10,79 | 5:33 |
| 132 | 307 | Minten Freddy | M | 1945 | Beringen | 47:56 | 10,64 | 5:38 |
| 133 | 464 | Prinsen Brigitte | V | 1957 | Westerlo | 48:12 | 10,58 | 5:40 |
| 134 | 461 | Gielis Ellen | V | 1980 | Westerlo | 48:16 | 10,57 | 5:40 |
| 135 | 420 | Jans Liliane | V | 1953 | Heusden-Zolder | 49:17 | 10,35 | 5:47 |
| 136 | 415 | Hermans Godelieve | V | 1957 | St.-Kathelijne-Waver | 50:01 | 10,20 | 5:53 |
| 137 | 422 | Busschots Annie | V | 1959 | Berlaar | 50:01 | 10,20 | 5:53 |
| 138 | 350 | Jans Lisette | V | 1948 | Westerlo | 50:04 | 10,19 | 5:53 |

| | | | | | | | | |
|-----|-----|---------------------|---|------|-------------------|-------|-------|------|
| 139 | 330 | Lockkamper Christel | V | 1968 | Beerse | 50:22 | 10,13 | 5:55 |
| 140 | 421 | Busschots Nadia | V | 1961 | Itegem | 50:52 | 10,03 | 5:59 |
| 141 | 348 | Vos Josfien | V | 1953 | Mol | 50:52 | 10,03 | 5:59 |
| 142 | 400 | Van Orshaegen | V | 1959 | Olen | 50:57 | 10,01 | 5:59 |
| 143 | 459 | Wuyts Anouska | V | 1980 | Olen | 50:59 | 10,00 | 5:59 |
| 144 | 449 | Viskens Ingeborg | V | 1961 | Heist-Op-Den-Berg | 51:01 | 10,00 | 6:00 |
| 145 | 433 | Van Baelen Carine | V | 1960 | Tremelo | 51:02 | 9,99 | 6:00 |
| 146 | 413 | Jennis Suzy | V | 1954 | Herenthout | 51:16 | 9,95 | 6:01 |
| 147 | 412 | Jennis Gonda | V | 1947 | Olen | 53:16 | 9,57 | 6:16 |
| 148 | 443 | *Boels Rosette | V | 1958 | Olen | 54:14 | 9,40 | 6:22 |
| 149 | 440 | Dekort Harry | M | 1957 | Geel | 54:16 | 9,40 | 6:23 |

12,7 KM

| PL | NR | Naam | CAT | GBJ | Woonplaats | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|-----|------|----------------|-------|-------|---------|
| 1 | 509 | Lieckens Bart | M | 1977 | Grobbendonk | 41:18 | 18,45 | 3:15 |
| 2 | 517 | Goots Marc | M | 1965 | Laakdal | 41:55 | 18,18 | 3:18 |
| 3 | 669 | Lievens Wim | M | 1965 | Westerlo | 42:47 | 17,81 | 3:22 |
| 4 | 839 | Vanhoof Eddy | M | 1963 | Mol | 43:29 | 17,52 | 3:25 |
| 5 | 511 | Van Noten Omer | M | 1947 | Keerbergen | 43:47 | 17,40 | 3:26 |
| 6 | 670 | Schepers Bert | M | 1968 | Geel | 45:58 | 16,58 | 3:37 |
| 7 | 631 | *Forde Simon | M | 1960 | Turnhout | 46:02 | 16,55 | 3:37 |
| 8 | 556 | *Lemmens Jean Pierre | M | 1957 | Laakdal | 46:05 | 16,54 | 3:37 |
| 9 | 504 | *Lenders Frans | M | 1964 | Itegem | 46:16 | 16,47 | 3:38 |
| 10 | 592 | Steenackers Luc | M | 1960 | Kasterlee | 47:00 | 16,21 | 3:42 |
| 11 | 584 | Boogaerts Tom | M | 1976 | Herentals | 47:07 | 16,17 | 3:42 |
| 12 | 622 | Hermans Peter | M | onb. | 1969 | 48:01 | 15,87 | 3:46 |
| 13 | 650 | Paridaens Johan | M | 1965 | Mol | 48:06 | 15,84 | 3:47 |
| 14 | 641 | Bonneux Dirk | M | 1965 | St.-Truiden | 48:54 | 15,58 | 3:51 |
| 15 | 658 | Ven Nueten Cis | M | 1958 | Vosselaar | 49:04 | 15,53 | 3:51 |
| 16 | 664 | *Cools Danny | M | 1962 | Laakdal | 49:22 | 15,44 | 3:53 |
| 17 | 920 | De Schutter Marnik | M | 1974 | Bambrugge | 49:27 | 15,41 | 3:53 |
| 18 | 593 | *Van Hoof Eddy | M | 1961 | Begijnendijk | 49:44 | 15,32 | 3:54 |
| 19 | 602 | Beyers Erik | M | 1964 | Herentals | 49:52 | 15,28 | 3:55 |
| 20 | 577 | *Van Noten Lodewijk | M | 1945 | Westerlo | 50:21 | 15,13 | 3:57 |
| 21 | 576 | Degens Erik | M | 1961 | Lummen | 50:23 | 15,12 | 3:58 |
| 22 | 585 | Alpaerts Ludo | M | 1954 | Lint | 50:30 | 15,09 | 3:58 |
| 23 | 649 | Van Passel Jan | M | 1968 | Aarschot | 50:33 | 15,07 | 3:58 |
| 24 | 627 | Van Hemelen Maurice | M | 1947 | Westerlo | 51:01 | 14,94 | 4:01 |
| 25 | 508 | *Hendrickx Eddy | M | 1958 | Haacht | 51:02 | 14,93 | 4:01 |
| 26 | 526 | *Geerts Rob | M | 1982 | Beerse | 51:08 | 14,90 | 4:01 |
| 27 | 672 | Van Meenen Marc | M | 1962 | Geel | 51:09 | 14,90 | 4:01 |
| 28 | 615 | Vermeiren Johan | M | 1967 | Merksplas | 51:10 | 14,89 | 4:01 |
| 29 | 587 | Vranckx Benoit | M | 1950 | Tessenderlo | 51:13 | 14,88 | 4:01 |
| 30 | 535 | Van Eyck Kris | V | 1962 | Turnhout | 51:16 | 14,86 | 4:02 |
| 31 | 638 | Cambre Koen | M | 1962 | Olen | 51:57 | 14,67 | 4:05 |
| 32 | 660 | *Torremans Jos | M | 1955 | Vosselaar | 52:07 | 14,62 | 4:06 |
| 33 | 540 | Vermunicht Frans | M | 1951 | Wezemaal | 52:19 | 14,57 | 4:07 |
| 34 | 538 | Duysont Francois | M | 1999 | Begijnendijk | 52:26 | 14,53 | 4:07 |
| 35 | 652 | Van Vlasselaer Eddy | M | 1952 | Herselt | 52:27 | 14,53 | 4:07 |
| 36 | 589 | Soetemans Marc | M | 1959 | Scherpenheuvel | 52:28 | 14,52 | 4:07 |
| 37 | 571 | *Gyselinckx Jef | M | 1956 | Itegem | 52:28 | 14,52 | 4:07 |
| 38 | 582 | Van Beeck Patrick | M | 1960 | Berlaar | 52:29 | 14,52 | 4:07 |
| 39 | 861 | Alderson Tom | M | 1974 | Diest | 52:29 | 14,52 | 4:07 |
| 40 | 633 | *Meulemans Charel | M | 1960 | Geel | 52:35 | 14,49 | 4:08 |
| 41 | 666 | Van Der Auwera Freddy | M | 1957 | Westerlo | 53:30 | 14,24 | 4:12 |
| 42 | 597 | Gybels Eddy | M | 1966 | Tremelo | 53:46 | 14,17 | 4:14 |
| 43 | 610 | Atnhonis Roger | M | 1956 | Booischoot | 54:20 | 14,02 | 4:16 |
| 44 | 573 | Werniers Filip | M | 1973 | | 54:21 | 14,02 | 4:16 |

| | | | | | | | | |
|----|-----|---------------------|---|------|-------------------|---------|-------|------|
| 45 | 516 | *De Hondt Steven | M | 1974 | Itegem | 54:26 | 14,00 | 4:17 |
| 46 | 632 | *Pelgrims Edouard | M | 1955 | Heist-Op-Den-Berg | 54:34 | 13,96 | 4:17 |
| 47 | 656 | Deboef Herman | M | 1955 | Laakdal | 54:44 | 13,92 | 4:18 |
| 48 | 657 | Ruyelsn Jan | M | 1957 | Laakdal | 54:45 | 13,92 | 4:18 |
| 49 | 624 | Verdickt Danny | M | 1965 | Aartselaar | 54:56 | 13,87 | 4:19 |
| 50 | 544 | *Van De Gaer Jan | M | 1951 | Houwaart | 55:03 | 13,84 | 4:20 |
| 51 | 603 | Verboven Stephan | M | 1965 | Tessenderlo | 55:06 | 13,83 | 4:20 |
| 52 | 541 | Wuyts Jean | M | 1959 | Noorderwijk | 55:13 | 13,80 | 4:20 |
| 53 | 566 | Stijnen Julien | M | 1955 | Geel | 55:17 | 13,78 | 4:21 |
| 54 | 521 | Renders Nick | M | 1986 | Noorderwijk | 55:20 | 13,77 | 4:21 |
| 55 | 605 | Lenders Danny | M | 1964 | Geel | 55:22 | 13,76 | 4:21 |
| 56 | 651 | Thys Jan | M | 1936 | Westerlo | 55:32 | 13,72 | 4:22 |
| 57 | 640 | *Lievens Rudi | M | 1962 | Olen | 55:35 | 13,71 | 4:22 |
| 58 | 637 | Huysmans Jef | M | 1959 | Herentals | 55:36 | 13,71 | 4:22 |
| 59 | 581 | *De Ceulaer Ludo | M | 1954 | Olen | 55:36 | 13,71 | 4:22 |
| 60 | 668 | *Campforts Lucv | M | 1958 | Kasterlee | 55:37 | 13,70 | 4:22 |
| 61 | 527 | Janssens Henri | M | 1933 | Lubbeek | 55:47 | 13,66 | 4:23 |
| 62 | 644 | *Van Rompaey Andre | M | 1955 | Begijnendijk | 55:51 | 13,64 | 4:23 |
| 63 | 674 | Driesen Hugo | M | 1963 | Kasterlee | 55:52 | 13,64 | 4:23 |
| 64 | 611 | De Marrez Hubert | M | 1950 | Rotselaar | 55:57 | 13,62 | 4:24 |
| 65 | 768 | Willemse Staf | M | 1958 | Putte | 56:12 | 13,56 | 4:25 |
| 66 | 578 | Mollen Jef | M | 1968 | Herentals | 56:17 | 13,54 | 4:25 |
| 67 | 520 | Renders Sanne | V | 1987 | Noorderwijk | 56:19 | 13,53 | 4:26 |
| 68 | 513 | Van Den Bulck Jef | M | 1958 | Olen | 56:25 | 13,51 | 4:26 |
| 69 | 590 | Vandemaele Marnix | M | 1951 | Houwaart | 56:32 | 13,48 | 4:27 |
| 70 | 506 | Vermeulen Rita | V | 1959 | Hallaar | 56:42 | 13,44 | 4:27 |
| 71 | 536 | *Fons Glassee | M | 1945 | Nijlen | 56:55 | 13,39 | 4:28 |
| 72 | 661 | Michielsens Gert | M | 1970 | Olen | 57:17 | 13,30 | 4:30 |
| 73 | 600 | Jacobs Joseph | M | 1948 | Ekeren | 57:29 | 13,26 | 4:31 |
| 74 | 623 | Elinck Filip | M | 1970 | Aartselaar | 57:31 | 13,25 | 4:31 |
| 75 | 515 | *Beyers Hilde | V | 1958 | Westerlo | 57:46 | 13,19 | 4:32 |
| 76 | 555 | Hendricxk Marc | M | 1954 | Merksplas | 58:05 | 13,12 | 4:34 |
| 77 | 519 | *Brughmans Herman | M | 1946 | Beerse | 58:16 | 13,08 | 4:35 |
| 78 | 604 | De Coninck Michel | M | 1961 | Baal | 58:19 | 13,07 | 4:35 |
| 79 | 887 | Vanlommel Francois | M | 1946 | Mol | 58:32 | 13,02 | 4:36 |
| 80 | 510 | *Van Springel Dirk | M | 1965 | Beerse | 58:38 | 13,00 | 4:37 |
| 81 | 532 | Bertels Frans | M | 1955 | Olen | 58:49 | 12,96 | 4:37 |
| 82 | 588 | *Jacobs Ludo | M | 1955 | Kasterlee | 58:57 | 12,93 | 4:38 |
| 83 | 599 | Eggers Rene | M | 1958 | Baal | 58:59 | 12,92 | 4:38 |
| 84 | 501 | Nijs Hans | M | 1968 | Laakdal | 59:01 | 12,91 | 4:38 |
| 85 | 575 | Voet Marc | M | 1955 | Hulshout | 59:11 | 12,88 | 4:39 |
| 86 | 559 | Hermans Luc | M | 1970 | Turnhout | 59:51 | 12,73 | 4:42 |
| 87 | 547 | Van Der Schoor Bart | M | 1970 | Heist-Op-Den-Berg | 1:00:01 | 12,70 | 4:44 |
| 88 | 523 | *Wuyts Kim | M | 1985 | Olen | 1:00:02 | 12,69 | 4:44 |
| 89 | 507 | *Van Lancker Ludo | M | 1954 | Hoboken | 1:00:18 | 12,64 | 4:45 |
| 90 | 554 | Peeters Marc | M | 1952 | Westerlo | 1:00:29 | 12,60 | 4:46 |
| 91 | 646 | Leemans Albert | M | 1940 | Herentals | 1:00:30 | 12,60 | 4:46 |

| | | | | | | | | |
|-----|-----|-----------------------|---|------|----------------------|---------|-------|------|
| 92 | 524 | *Vleugels Dirk | M | 1955 | St.-Kathelijne-Waver | 1:00:33 | 12,58 | 4:46 |
| 93 | 518 | Boeckx Mieke | V | 1952 | Lichtaart | 1:00:35 | 12,58 | 4:46 |
| 94 | 653 | Verheyden Geert | M | 1967 | Aarschot | 1:01:32 | 12,38 | 4:51 |
| 95 | 596 | Noels Fons | M | 1955 | Balen | 1:01:34 | 12,38 | 4:51 |
| 96 | 607 | Wouters Louis | M | 1936 | Helchteren | 1:01:37 | 12,37 | 4:51 |
| 97 | 598 | Van De Weyer Jos | M | 1952 | Balen | 1:01:39 | 12,36 | 4:51 |
| 98 | 613 | Van Rompaey Andre | M | 1946 | Heist-Op-Den-Berg | 1:01:40 | 12,36 | 4:51 |
| 99 | 665 | Drooghans Camille | M | 1943 | Geel | 1:01:43 | 12,35 | 4:52 |
| 100 | 591 | Janssen Johan | M | 1977 | Hulshout | 1:01:58 | 12,30 | 4:53 |
| 101 | 537 | Van Aertselaer Bie | V | 1964 | Borsbeek | 1:02:00 | 12,29 | 4:53 |
| 102 | 531 | Elen Ria | V | 1962 | Tessenderlo | 1:02:06 | 12,27 | 4:53 |
| 103 | 562 | Geerts Marcel | M | 1953 | Itegem | 1:02:26 | 12,21 | 4:55 |
| 104 | 636 | Roose Jan | M | 1954 | Kasterlee | 1:02:28 | 12,20 | 4:55 |
| 105 | 552 | *Versmissen Kamiel | M | 1940 | Vosselaar | 1:02:29 | 12,20 | 4:55 |
| 106 | 533 | *Verlinden Sus | M | 1943 | Morkhoven | 1:02:29 | 12,20 | 4:55 |
| 107 | 564 | Berckvens Jos | M | 1958 | Beerse | 1:02:45 | 12,14 | 4:56 |
| 108 | 586 | Dierckx Guy | M | 1965 | Vosselaar | 1:02:47 | 12,14 | 4:57 |
| 109 | 628 | Van Den Bergh ? | M | 1958 | Westerlo | 1:03:23 | 12,02 | 4:59 |
| 110 | 560 | Cuypers Francois | M | 1950 | Scherpenheuvel | 1:03:41 | 11,97 | 5:01 |
| 111 | 639 | *Wuyts Staf | M | 1953 | Herenthout | 1:03:43 | 11,96 | 5:01 |
| 112 | 662 | Wecks Peter | M | 1965 | Lommel | 1:03:46 | 11,95 | 5:01 |
| 113 | 572 | Belmans Danny | M | 1958 | Kasterlee | 1:04:04 | 11,89 | 5:03 |
| 114 | 617 | *Roes Fred | M | 1957 | Oud-Turnhout | 1:04:21 | 11,84 | 5:04 |
| 115 | 569 | Van Ammel Jani | M | 1961 | Turnhout | 1:04:23 | 11,84 | 5:04 |
| 116 | 643 | Vervoort Diane | V | 1965 | Herenthout | 1:04:26 | 11,83 | 5:04 |
| 117 | 642 | De Reyck Annemie | V | 1960 | Herenthout | 1:04:27 | 11,82 | 5:04 |
| 118 | 502 | Van Dooren Christine | V | 1969 | Oud-Turnhout | 1:04:49 | 11,76 | 5:06 |
| 119 | 549 | Woestenborghs Hilde | V | 1960 | Vosselaar | 1:04:50 | 11,75 | 5:06 |
| 120 | 561 | *Marx Guido | M | 1655 | Herselt | 1:05:08 | 11,70 | 5:08 |
| 121 | 534 | *Van De Craen Chantal | V | 1969 | Geel | 1:05:10 | 11,69 | 5:08 |
| 122 | 570 | Van Dessel John | M | 1973 | Antwerpen | 1:05:20 | 11,66 | 5:09 |
| 123 | 568 | Peeters Anne Marie | V | 1960 | Kasterlee | 1:05:30 | 11,63 | 5:09 |
| 124 | 614 | Verwimp Eddy | M | 1955 | Olen | 1:05:40 | 11,60 | 5:10 |
| 125 | 545 | De Backker Bert | M | 1973 | | 1:05:50 | 11,57 | 5:11 |
| 126 | 634 | Zegers Friede | V | 1954 | Kasterlee | 1:06:00 | 11,55 | 5:12 |
| 127 | 601 | Verheyen Marcella | V | 1954 | Geel | 1:06:36 | 11,44 | 5:15 |
| 128 | 583 | *Luyten Guido | M | 1957 | Laakdal | 1:06:50 | 11,40 | 5:16 |
| 129 | 553 | *Seykens Ludo | M | 1958 | Westerlo | 1:07:10 | 11,34 | 5:17 |
| 130 | 543 | Heylen Wiske | V | 1956 | Herentals | 1:07:20 | 11,32 | 5:18 |
| 131 | 530 | Van Thielen Daniëlle | V | 1955 | Scherpenheuvel | 1:07:30 | 11,29 | 5:19 |
| 132 | 529 | Boeynaems Freddy | M | 1959 | Zichem | 1:07:40 | 11,26 | 5:20 |
| 133 | 647 | Appeltans Wim | M | 1967 | Alken | 1:07:50 | 11,23 | 5:20 |
| 134 | 648 | Smets Johnny | M | 1963 | Alken | 1:08:00 | 11,21 | 5:21 |
| 135 | 621 | Leysen Guy | M | 1966 | Olen | 1:08:36 | 11,11 | 5:24 |
| 136 | 550 | Hendrickx Eddy | M | 1966 | Turnhout | 1:09:00 | 11,04 | 5:26 |
| 137 | 563 | Delsenne Jozef | M | 1933 | Olen | 1:09:13 | 11,01 | 5:27 |
| 138 | 595 | Vandeweyer Eddy | M | 1956 | Balen | 1:09:38 | 10,94 | 5:29 |

| | | | | | | | | |
|-----|-----|-------------------------|---|------|--------------|---------|-------|------|
| 139 | 616 | *Peeters Miraise | V | 1960 | Oud-Turnhout | 1:10:00 | 10,89 | 5:31 |
| 140 | 663 | Grieten Nico | M | 1966 | Geel | 1:11:20 | 10,68 | 5:37 |
| 141 | 580 | *Dom Michel | M | 1966 | Olen | 1:13:10 | 10,41 | 5:46 |
| 142 | 625 | *Nauwelaerts Rit | V | 1952 | Berlaar | 1:13:20 | 10,39 | 5:46 |
| 143 | 626 | *Van Camp Hilde | V | 1963 | Putte | 1:13:30 | 10,37 | 5:47 |
| 144 | 619 | *Van Even Monique | V | 1959 | Oud-Turnhout | 1:13:50 | 10,32 | 5:49 |
| 145 | 659 | Glasse Paula | V | 1966 | Herenthout | 1:14:00 | 10,30 | 5:50 |
| 146 | 606 | *Goris Lut | V | 1964 | Oud-Turnhout | 1:16:50 | 9,92 | 6:03 |
| 147 | 620 | *Van Der Linden Simonne | V | 1901 | Oud-Turnhout | 1:16:51 | 9,92 | 6:03 |
| 148 | 609 | *Van De Laer Hans | M | 1972 | Oud-Turnhout | 1:17:45 | 9,80 | 6:07 |
| 149 | 671 | *Hoefkens Karel | M | 1956 | Pulle | 1:20:00 | 9,53 | 6:18 |
| 150 | 655 | Thoen Sandra | V | 1975 | Lier | 1:21:25 | 9,36 | 6:25 |
| 151 | 612 | *Vervliet Willy | M | 1945 | Brasschaat | 1:23:30 | 9,13 | 6:34 |
| 152 | 539 | Vanlommel Victor | M | 1954 | Olen | 1:31:17 | 8,35 | 7:11 |

21,0975 KM

| PL | NR | Naam | CAT | GBJ | Woonplaats | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|-----|------|-------------------|---------|-------|---------|
| 1 | 763 | Geerinckx Bernus | m | 1963 | Laakdal | 1:10:55 | 17,85 | 3:22 |
| 2 | 815 | Croes Peter | m | 1984 | Putte | 1:12:52 | 17,37 | 3:27 |
| 3 | 842 | Eyckmans Jef | m | 1956 | Herselt | 1:13:46 | 17,16 | 3:30 |
| 4 | 823 | Steeman Koen | m | 1969 | Deurne | 1:14:09 | 17,07 | 3:31 |
| 5 | 737 | Teunkens Karel | m | 1962 | Balen | 1:14:12 | 17,06 | 3:31 |
| 6 | 910 | *Moens Luc | m | 1966 | Bonheiden | 1:14:36 | 16,97 | 3:32 |
| 7 | 917 | Mens Eric | m | 1968 | Turnhout | 1:16:22 | 16,58 | 3:37 |
| 8 | 825 | Denolf Paul | m | 1958 | Vorselaar | 1:16:28 | 16,55 | 3:37 |
| 9 | 759 | Van De Weyer Marc | m | 1967 | Herselt | 1:17:06 | 16,42 | 3:39 |
| 10 | 860 | Geysen Koen | m | 1966 | Deurne | 1:17:18 | 16,38 | 3:40 |
| 11 | 733 | Renders Jos | m | 1962 | Noorderwijk | 1:17:33 | 16,32 | 3:41 |
| 12 | 880 | Geens Gunter | m | 1981 | Herentals | 1:17:42 | 16,29 | 3:41 |
| 13 | 729 | *Heylen Dirk | m | 1964 | Herselt | 1:18:12 | 16,19 | 3:42 |
| 14 | 854 | Bakelants Gaston | m | 1959 | Olen | 1:18:14 | 16,18 | 3:42 |
| 15 | 884 | Lemmens Tonny | m | 1972 | Mol | 1:18:32 | 16,12 | 3:43 |
| 16 | 858 | Jurgens Kurt | m | 1963 | Lier | 1:18:45 | 16,07 | 3:44 |
| 17 | 706 | *Hooyberghs Guy | m | 1970 | Lichtaart | 1:18:53 | 16,05 | 3:44 |
| 18 | 885 | Palmans Peter | m | 1962 | Neerpelt | 1:18:57 | 16,03 | 3:45 |
| 19 | 711 | Smolders Johan | m | 1971 | Grobbendonk | 1:19:09 | 15,99 | 3:45 |
| 20 | 863 | Steenssens Johny | m | 1963 | Itegem | 1:19:17 | 15,97 | 3:45 |
| 21 | 728 | Winnepenninckx Paul | m | 1951 | Tremelo | 1:19:21 | 15,95 | 3:46 |
| 22 | 717 | *Geerts Dirk | m | 1979 | Beerse | 1:19:30 | 15,92 | 3:46 |
| 23 | 816 | Depestel Pol | m | 1960 | Herentals | 1:19:34 | 15,91 | 3:46 |
| 24 | 732 | Vissers Dirk | m | 1965 | Vorselaar | 1:20:42 | 15,69 | 3:50 |
| 25 | 799 | Matthijns Luc | m | 1962 | Hove | 1:20:43 | 15,68 | 3:50 |
| 26 | 798 | Appelen Jo | m | 1974 | Langdorp | 1:20:59 | 15,63 | 3:50 |
| 27 | 828 | Van Beeck Dirk | m | 1965 | Berlaar | 1:21:10 | 15,60 | 3:51 |
| 28 | 755 | Thoen Luc | m | 1967 | Borsbeek | 1:21:23 | 15,55 | 3:51 |
| 29 | 746 | *Vanballe Rudy | m | 1962 | Herent | 1:22:16 | 15,39 | 3:54 |
| 30 | 829 | *Van Der Velde Johnny | m | 1969 | Kasterlee | 1:22:24 | 15,36 | 3:54 |
| 31 | 883 | Laureys Kris | m | 1967 | Olen | 1:22:29 | 15,35 | 3:55 |
| 32 | 827 | Brens Eddy | m | 1957 | Herselt | 1:22:42 | 15,31 | 3:55 |
| 33 | 906 | Valderrama Juan | m | 1960 | Luik | 1:22:50 | 15,28 | 3:56 |
| 34 | 900 | *Jacobs Rene | m | 1949 | Vorselaar | 1:23:09 | 15,22 | 3:56 |
| 35 | 817 | *Reymen Alex | m | 1958 | Laakdal | 1:23:42 | 15,12 | 3:58 |
| 36 | 801 | Arnauts Marc | m | 1955 | Tessengerlo | 1:23:58 | 15,08 | 3:59 |
| 37 | 701 | Philips Georges | m | 1965 | Stabroek | 1:24:10 | 15,04 | 3:59 |
| 38 | 892 | Calaerts Ludo | m | 1964 | Herenthout | 1:25:02 | 14,89 | 4:02 |
| 39 | 872 | Sterckx Johan | m | 1959 | Herenthout | 1:25:04 | 14,88 | 4:02 |
| 40 | 796 | Lauwers Rudi | m | 1963 | Vosselaar | 1:25:33 | 14,80 | 4:03 |
| 41 | 702 | *Glasse Eric | m | 1970 | Bouwel | 1:25:34 | 14,79 | 4:03 |
| 42 | 868 | Strouven Rudi | m | 1963 | Rotselaar | 1:25:38 | 14,78 | 4:04 |
| 43 | 811 | Goovaerts Geert | m | 1967 | Tessengerlo | 1:26:13 | 14,68 | 4:05 |
| 44 | 879 | Ooms Maurice | m | 1948 | Heist-Op-Den-Berg | 1:26:15 | 14,68 | 4:05 |

| | | | | | | | | |
|----|-----|-----------------------|---|------|-------------------|---------|-------|------|
| 45 | 700 | Van Den Bosch Rudy | m | 1963 | Holsbeek | 1:26:20 | 14,66 | 4:06 |
| 46 | 875 | Daems Paul | m | 1964 | Lille | 1:26:25 | 14,65 | 4:06 |
| 47 | 889 | Van Riet Marc | m | 1971 | Hulshout | 1:26:27 | 14,64 | 4:06 |
| 48 | 832 | Vanhoof Erik | m | 1962 | Mol | 1:26:32 | 14,63 | 4:06 |
| 49 | 762 | Van Bijlen Marcel | m | 1955 | Westerlo | 1:26:42 | 14,60 | 4:07 |
| 50 | 710 | *Wijns Jos | m | 1952 | Hallaar | 1:26:50 | 14,58 | 4:07 |
| 51 | 909 | Daniel Gebruers | m | 1977 | Turnhout | 1:26:56 | 14,56 | 4:07 |
| 52 | 812 | *De Roover Wim | m | 1960 | Herselt | 1:26:59 | 14,55 | 4:07 |
| 53 | 805 | Thijs Koen | m | 1963 | Heist-Op-Den-Berg | 1:27:06 | 14,53 | 4:08 |
| 54 | 745 | De Saint Hubert | m | 1955 | Tervuren | 1:27:07 | 14,53 | 4:08 |
| 55 | 779 | *Mertens Ralf | m | 1963 | Zoersel | 1:27:13 | 14,51 | 4:08 |
| 56 | 785 | Gommens Luc | m | 1957 | Duffel | 1:27:18 | 14,50 | 4:08 |
| 57 | 747 | Elsen Paul | m | 1950 | Tielt-Winge | 1:27:32 | 14,46 | 4:09 |
| 58 | 821 | Bruynseels Maurits | m | 1953 | Booischoot | 1:27:34 | 14,46 | 4:09 |
| 59 | 813 | Lenaerts Robert | m | 1949 | Edegem | 1:27:37 | 14,45 | 4:09 |
| 60 | 724 | Van Den Broeck Rob | m | 1959 | Pijpelheide | 1:27:38 | 14,44 | 4:09 |
| 61 | 899 | Bouwen Francois | m | 1959 | Testelt | 1:27:40 | 14,44 | 4:09 |
| 62 | 871 | Vervoort Jan | m | 1958 | Herentals | 1:27:47 | 14,42 | 4:10 |
| 63 | 835 | Wagemans Stefan | m | 1971 | Kasterlee | 1:27:52 | 14,41 | 4:10 |
| 64 | 764 | Van Den Heuvel Guy | m | 1971 | Ramsel | 1:28:13 | 14,35 | 4:11 |
| 65 | 752 | Lissens Daniel | m | 1947 | Bierbeek | 1:28:25 | 14,32 | 4:11 |
| 66 | 783 | *Horemans Sisse | m | 1961 | Olen | 1:28:32 | 14,30 | 4:12 |
| 67 | 726 | *Van Worputte Luc | m | 1968 | Westerlo | 1:28:57 | 14,23 | 4:13 |
| 68 | 911 | Huysmans Geert | m | 1964 | Kasterlee | 1:29:32 | 14,14 | 4:15 |
| 69 | 735 | Knops Sam | m | 1973 | Berlaar | 1:29:34 | 14,13 | 4:15 |
| 70 | 820 | Peetermans Willy | m | 1958 | Laakdal | 1:29:41 | 14,11 | 4:15 |
| 71 | 667 | Van Roost Rudi | m | 1965 | Rotselaar | 1:30:14 | 14,03 | 4:17 |
| 72 | 720 | *Vranckx Maria | v | 1964 | Herenthout | 1:30:15 | 14,03 | 4:17 |
| 73 | 754 | *Van Loy Patrick | m | 1962 | Olen | 1:30:18 | 14,02 | 4:17 |
| 74 | 782 | Van Dijck Ludo | m | 1958 | Oevel | 1:30:33 | 13,98 | 4:18 |
| 75 | 753 | Van Sprengel Francois | m | 1953 | Noorderwijk | 1:30:40 | 13,96 | 4:18 |
| 76 | 760 | De Laet Gommaire | m | 1955 | Mechelen | 1:30:48 | 13,94 | 4:18 |
| 77 | 851 | *Van Den Broeck Jules | m | 1951 | Itegem | 1:31:15 | 13,87 | 4:20 |
| 78 | 881 | Boeckx Rudy | m | 1962 | Olen | 1:31:35 | 13,82 | 4:20 |
| 79 | 703 | Matthijs Eddy | m | 1955 | Heverlee | 1:31:46 | 13,79 | 4:21 |
| 80 | 765 | *Willemse Louis | m | 1954 | Itegem | 1:31:49 | 13,79 | 4:21 |
| 81 | 865 | *Dierckx Marc | m | 1960 | Westerlo | 1:31:52 | 13,78 | 4:21 |
| 82 | 793 | *Helsen Marc | m | 1962 | Olen | 1:31:54 | 13,77 | 4:21 |
| 83 | 877 | Optiels Roger | m | 1945 | Heist-Op-Den-Berg | 1:31:55 | 13,77 | 4:21 |
| 84 | 841 | De Groof Willy | m | 1960 | Dessel | 1:31:57 | 13,77 | 4:22 |
| 85 | 819 | Thijs Leo | m | 1944 | Hulshout | 1:32:20 | 13,71 | 4:23 |
| 86 | 855 | Neels Michel | m | 1953 | Geel | 1:32:22 | 13,70 | 4:23 |
| 87 | 809 | *Camps Luc | m | 1959 | Laakdal | 1:32:25 | 13,70 | 4:23 |
| 88 | 891 | Sybens Luc | m | 1957 | Heultje | 1:32:29 | 13,69 | 4:23 |
| 89 | 818 | Wils Guido | m | 1964 | Kasterlee | 1:32:33 | 13,68 | 4:23 |
| 90 | 856 | Pauwels Johan | m | 1968 | Borgerhout | 1:33:10 | 13,59 | 4:25 |
| 91 | 843 | *Vleugels Davy | m | 1974 | Westerlo | 1:33:26 | 13,55 | 4:26 |

| | | | | | | | | |
|-----|-----|----------------------|---|------|-------------------|---------|-------|------|
| 92 | 915 | Franck Ivo | m | 1970 | Kontich | 1:33:37 | 13,52 | 4:26 |
| 93 | 908 | *Van Looy Mario | m | 1978 | Itegem | 1:34:08 | 13,45 | 4:28 |
| 94 | 778 | Devos Ephrem | m | 1969 | St.-Martens-Latem | 1:34:31 | 13,39 | 4:29 |
| 95 | 831 | Henderikx Fonne | m | 1956 | Kessel | 1:34:44 | 13,36 | 4:29 |
| 96 | 767 | *Van Der Donck Jos | m | 1948 | Vorselaar | 1:35:07 | 13,31 | 4:31 |
| 97 | 893 | Beutels Eddy | m | 1947 | Kasterlee | 1:35:34 | 13,25 | 4:32 |
| 98 | 743 | Serre Carl | m | 1962 | Scherpenheuvel | 1:35:43 | 13,22 | 4:32 |
| 99 | 741 | Van Aerschot Luc | m | 1960 | Scherpenheuvel | 1:35:43 | 13,22 | 4:32 |
| 100 | 907 | *Van Kerckhoven Tony | m | 1955 | Westerlo | 1:35:44 | 13,22 | 4:32 |
| 101 | 898 | Van Aelten Jo | m | 1971 | Tielen | 1:36:09 | 13,17 | 4:33 |
| 102 | 761 | *Vets Sus | m | 1961 | Olen | 1:36:10 | 13,16 | 4:33 |
| 103 | 810 | Gysemans Bart | m | 1967 | Heist-Op-Den-Berg | 1:36:25 | 13,13 | 4:34 |
| 104 | 709 | *Verstrepen Luc | m | 1966 | Herselt | 1:36:43 | 13,09 | 4:35 |
| 105 | 888 | Gevers Erwin | m | 1957 | Mol | 1:36:56 | 13,06 | 4:36 |
| 106 | 780 | Helsen Willy | m | 1939 | Olen | 1:36:57 | 13,06 | 4:36 |
| 107 | 840 | Vanlommel Etienne | m | 1953 | Olen | 1:37:09 | 13,03 | 4:36 |
| 108 | 730 | *Janssen Frank | m | 1968 | Oud-Turnhout | 1:37:09 | 13,03 | 4:36 |
| 109 | 882 | *Van Den Bergh Alex | m | 1960 | Heist-Op-Den-Berg | 1:37:28 | 12,99 | 4:37 |
| 110 | 756 | Faes Jeanine | v | 1968 | Borsbeek | 1:37:42 | 12,96 | 4:38 |
| 111 | 736 | Adriaenssens Koen | m | 1960 | Kontich | 1:37:53 | 12,93 | 4:38 |
| 112 | 905 | *Van Den Bulck Jos | m | 1949 | Geel | 1:37:54 | 12,93 | 4:38 |
| 113 | 734 | Knops Frans | m | 1945 | Berlaar | 1:38:07 | 12,90 | 4:39 |
| 114 | 822 | Matthijs Dirk | m | 1958 | Herentals | 1:38:11 | 12,89 | 4:39 |
| 115 | 766 | Matthijs Bart | m | 1960 | Lille | 1:38:13 | 12,89 | 4:39 |
| 116 | 802 | Rerren Gust | m | 1957 | Diest | 1:38:13 | 12,89 | 4:39 |
| 117 | 847 | *Nuyts Karel | m | 1959 | Kasterlee | 1:38:52 | 12,80 | 4:41 |
| 118 | 830 | Ossenbrok Dirk | m | 1957 | Beerse | 1:38:56 | 12,79 | 4:41 |
| 119 | 789 | De Bie Alois | m | 1953 | Turnhout | 1:39:18 | 12,75 | 4:42 |
| 120 | 791 | Brockmans Theo | m | 1961 | Duffel | 1:39:35 | 12,71 | 4:43 |
| 121 | 846 | Mols Luc | m | 1955 | Beerse | 1:39:54 | 12,67 | 4:44 |
| 122 | 744 | Herben Guy | m | 1953 | Zonhoven | 1:39:58 | 12,66 | 4:44 |
| 123 | 723 | Jacobs Berry | m | 1955 | Zandhoven | 1:40:02 | 12,65 | 4:44 |
| 124 | 824 | *Plevoets Henriette | v | 1956 | Wellen | 1:40:18 | 12,62 | 4:45 |
| 125 | 904 | De Vries Erik | m | 1955 | Zoersel | 1:40:35 | 12,59 | 4:46 |
| 126 | 870 | Vandermaesen Marcel | m | 1954 | Laakdal | 1:40:37 | 12,58 | 4:46 |
| 127 | 836 | Patrick Peeters | m | 1964 | Wommelgem | 1:40:48 | 12,56 | 4:47 |
| 128 | 787 | Campaert Jan | m | 1952 | Waarloos | 1:40:57 | 12,54 | 4:47 |
| 129 | 800 | Brockmans Heidi | v | 1965 | Duffel | 1:41:01 | 12,53 | 4:47 |
| 130 | 807 | Van Oosterwijck Rony | m | 1955 | Lier | 1:41:17 | 12,50 | 4:48 |
| 131 | 852 | Havreluk Kristel | v | 1978 | Genk | 1:41:56 | 12,42 | 4:50 |
| 132 | 850 | Havreluk Nicha | m | 1950 | Genk | 1:43:30 | 12,23 | 4:54 |
| 133 | 757 | *Geerinckx Dirk | m | 1964 | Herselt | 1:43:31 | 12,23 | 4:54 |
| 134 | 808 | Brockmans Jos | m | 1959 | Mechelen | 1:43:32 | 12,23 | 4:54 |
| 135 | 804 | Van Roosbroeck Johny | m | 1956 | Willebroek | 1:43:44 | 12,20 | 4:55 |
| 136 | 758 | *Luyten Rob | m | 1960 | Herselt | 1:43:47 | 12,20 | 4:55 |
| 137 | 826 | Goossens Frans | m | 1933 | Edegem | 1:44:09 | 12,15 | 4:56 |
| 138 | 848 | Van Oosterwijck Marc | m | 1952 | Genk | 1:44:21 | 12,13 | 4:57 |

| | | | | | | | | |
|-----|-----|-----------------------|---|------|--------------------|---------|-------|------|
| 139 | 873 | Vloemans Anniek | v | 1965 | Lille | 1:44:29 | 12,12 | 4:57 |
| 140 | 777 | *Griemens Paul | m | 1963 | Lille | 1:45:43 | 11,97 | 5:01 |
| 141 | 792 | Eyckmans Eric | m | 1964 | Laakdal | 1:45:43 | 11,97 | 5:01 |
| 142 | 916 | Stroobants Luc | m | 1950 | Tremelo | 1:46:58 | 11,83 | 5:04 |
| 143 | 869 | Van Gils Josephine | v | 1954 | Ravels | 1:47:39 | 11,76 | 5:06 |
| 144 | 790 | Lambrechts Paul | m | 1951 | Waarloos | 1:48:22 | 11,68 | 5:08 |
| 145 | 788 | Gabriels Geert | m | 1962 | Duffel | 1:48:30 | 11,67 | 5:09 |
| 146 | 918 | Bennani Niels | m | 1960 | | 1:48:52 | 11,63 | 5:10 |
| 147 | 834 | Van Caere Andre | m | 1945 | Aarschot | 1:49:38 | 11,55 | 5:12 |
| 148 | 715 | Peter Bogers | m | 1951 | Berg-Op-Zoom | 1:50:07 | 11,50 | 5:13 |
| 149 | 738 | Sapion Flor | m | 1936 | Olen | 1:50:22 | 11,47 | 5:14 |
| 150 | 721 | *Van Loock Fabiola | v | 1963 | Poederlee | 1:50:41 | 11,44 | 5:15 |
| 151 | 913 | *Geens Ivo | m | 1961 | Geel | 1:50:43 | 11,43 | 5:15 |
| 152 | 714 | Hanny Adriaanse | m | 1949 | Berg-Op-Zoom | 1:50:44 | 11,43 | 5:15 |
| 153 | 897 | *Van Bael Gilbert | m | 1954 | Olen | 1:51:29 | 11,35 | 5:17 |
| 154 | 784 | *Van Hove Isabelle | v | 1967 | Olen | 1:51:36 | 11,34 | 5:17 |
| 155 | 806 | Wuyts Marleen | v | 1956 | Duffel | 1:51:37 | 11,34 | 5:17 |
| 156 | 770 | Crikemans Guy | m | 1955 | Kapellen | 1:52:05 | 11,29 | 5:19 |
| 157 | 902 | *Miechielsen Louisa | m | 1956 | Vosselaar | 1:52:51 | 11,22 | 5:21 |
| 158 | 705 | *Laureys Gust | m | 1942 | Herentals | 1:53:22 | 11,17 | 5:22 |
| 159 | 713 | Fons Tuerlinckx | m | 1957 | Herentals | 1:53:22 | 11,17 | 5:22 |
| 160 | 849 | Hulsmans Pier | m | 1945 | Zonhoven | 1:55:23 | 10,97 | 5:28 |
| 161 | 890 | Bastijn Ginette | v | 1966 | Oupeye | 1:55:24 | 10,97 | 5:28 |
| 162 | 876 | *Kenis Walter | m | 1957 | Oud-Turnhout | 1:55:25 | 10,97 | 5:28 |
| 163 | 742 | Verloy Rita | v | 1960 | Kortenberg | 1:55:34 | 10,95 | 5:29 |
| 164 | 914 | Quintens Geert | m | 1963 | Scherpenheuvel | 1:55:41 | 10,94 | 5:29 |
| 165 | 725 | Maes Chris | m | 1967 | Vorselaar | 1:57:51 | 10,74 | 5:35 |
| 166 | 594 | Dillen Staf | m | onb. | Olmén | 2:00:25 | 10,51 | 5:42 |
| 167 | 867 | Bosmans Nancy | v | 1970 | Balen | 2:01:37 | 10,41 | 5:46 |
| 168 | 853 | Vandeven Gaby | v | 1958 | Olmén | 2:01:47 | 10,39 | 5:46 |
| 169 | 794 | *Boonen Peter | m | 1965 | Retie | 2:01:47 | 10,39 | 5:46 |
| 170 | 859 | De Rijck Ronny | m | 1970 | Hulshout | 2:01:54 | 10,38 | 5:47 |
| 171 | 750 | Vandijck Annick | v | 1969 | Noorderwijk | 2:01:55 | 10,38 | 5:47 |
| 172 | 749 | Valgaeren Emiel | m | 1938 | Herentals | 2:05:29 | 10,09 | 5:57 |
| 173 | 895 | Peeters Luc | m | 1961 | Duffel | 2:05:30 | 10,09 | 5:57 |
| 174 | 896 | Van Nieuwenhuyze Gino | m | 1962 | Bachte-Maria-Lerne | 2:07:29 | 9,93 | 6:03 |
| 175 | 857 | Heylen Agnes | m | 1962 | Noorderwijk | 2:07:29 | 9,93 | 6:03 |
| 176 | 901 | *Van Loock Chris | m | 1953 | Vorselaar | 2:13:55 | 9,45 | 6:21 |
| 177 | 708 | *Van Loock Marc | m | 1965 | Lille | 2:14:47 | 9,39 | 6:23 |