

Kramp 2003 Mol - 4 mei 2003

2,5 KM

| PL | Naam | CAT | GBJ | Woonplaats | Tijd | GEM | KM-Tijd |
|----|-----------------------|-----|-----|------------|-------|-------|---------|
| 1 | De Jongh Mike | M | 83 | Vosselaar | 8:12 | 18,29 | 3:16 |
| 2 | Vincont Godfroid | M | 69 | Nieuwpoort | 9:25 | 15,93 | 3:46 |
| 3 | Van Den Berg Paul | M | 56 | Duffel | 9:33 | 15,71 | 3:49 |
| 4 | Beckers Ronald | M | 88 | Meerhout | 9:34 | 15,68 | 3:49 |
| 5 | Van Lancker Ludo | M | 54 | Hoboken | 9:41 | 15,49 | 3:52 |
| 6 | De Swert Nancy | V | 65 | Schriek | 9:41 | 15,49 | 3:52 |
| 7 | Van Lancker Sharon | V | 88 | Hoboken | 9:51 | 15,23 | 3:56 |
| 8 | Marisael Martijn | M | 91 | Baarle-N | 9:53 | 15,18 | 3:57 |
| 9 | Laenen Frank | M | 87 | Beerse | 10:22 | 14,47 | 4:08 |
| 10 | Van Lancker Debby | V | 86 | Hoboken | 10:33 | 14,22 | 4:13 |
| 11 | Haest Ingrid | V | 71 | Zoersel | 11:02 | 13,60 | 4:24 |
| 12 | Dillen Dre | M | 46 | Koersel | 11:04 | 13,55 | 4:25 |
| 13 | Bogaerts Stefanie | V | 92 | Schriek | 11:05 | 13,53 | 4:26 |
| 14 | Claes Birgit | V | 90 | Schriek | 11:45 | 12,77 | 4:42 |
| 15 | Ledoux Ann | V | 68 | Itegem | 11:52 | 12,64 | 4:44 |
| 16 | Gielis Ellen | V | 80 | Westerlo | 12:00 | 12,50 | 4:48 |
| 17 | Van Den Brande Veerle | V | 65 | Schriek | 12:11 | 12,31 | 4:52 |
| 18 | Dingenen Tom | M | 81 | Bevel | 12:48 | 11,72 | 5:07 |
| 19 | Roefs Ludo | M | 58 | Herentals | 12:48 | 11,72 | 5:07 |
| 20 | De Win Nicky | M | 90 | Bevel | 14:30 | 10,34 | 5:48 |
| 21 | Bogaerts Rita | V | 62 | Itegem | 14:30 | 10,34 | 5:48 |
| 22 | Borgwald Ludwig | M | 57 | Heusden | 14:50 | 10,11 | 5:56 |
| 23 | Van Laeken Vuzane | V | 62 | Hoboken | 14:51 | 10,10 | 5:56 |
| 24 | De Preter Berthillia | V | 29 | Putte | 14:52 | 10,09 | 5:56 |
| 25 | Roefs Sofie | V | 91 | Herentals | 14:52 | 10,09 | 5:56 |
| 26 | Roefs Lotte | V | 88 | Herentals | 18:23 | 8,16 | 7:21 |
| 27 | Boelen Diana | V | 69 | Leopoldsb | 21:09 | 7,09 | 8:27 |

5 KM

| PL | Naam | CAT | GBJ | Woonplaats | Tijd | GEM | KM-Tijd |
|----|---------------------|-----|-----|-------------|-------|-------|---------|
| 1 | Geerts Jozef | M | 48 | Balen | 17:01 | 17,63 | 3:24 |
| 2 | Alpaerts L | M | 81 | Lint | 17:55 | 16,74 | 3:35 |
| 3 | Bax Rik | M | 59 | Castelre | 18:10 | 16,51 | 3:38 |
| 4 | Sijmus Willy | M | 54 | Keerbergen | 18:35 | 16,14 | 3:43 |
| 5 | Anthonissen Peter | M | 62 | Minderhout | 18:57 | 15,83 | 3:47 |
| 6 | Anthonis Roger | M | 56 | Booischoot | 19:18 | 15,54 | 3:51 |
| 7 | Hus Rudy | M | 63 | Mol | 19:43 | 15,22 | 3:56 |
| 8 | Speelman Stijn | M | 79 | Duffel | 19:55 | 15,06 | 3:59 |
| 9 | Verlinden Louis | M | 43 | Noorderw | 20:39 | 14,53 | 4:07 |
| 10 | Dries Jozef | M | 43 | Dessel | 20:49 | 14,41 | 4:09 |
| 11 | Caems Chris | M | 67 | Westerlo | 20:55 | 14,34 | 4:11 |
| 12 | Van Rompaey Roger | M | 44 | Begijnend | 21:02 | 14,26 | 4:12 |
| 13 | Nijs Hans | M | 68 | Laakdal | 21:05 | 14,23 | 4:13 |
| 14 | Tambuysen Roel | M | 81 | Rumst | 21:12 | 14,15 | 4:14 |
| 15 | Van De Reijdt Jozef | M | 55 | Leopoldsb | 21:27 | 13,99 | 4:17 |
| 16 | Glasse Ludo | M | 71 | Nijlen | 21:42 | 13,82 | 4:20 |
| 17 | Glasse Ronny | M | 70 | Nijlen | 21:43 | 13,81 | 4:20 |
| 18 | Sevenants Henri | M | 43 | Tessengerl | 21:51 | 13,73 | 4:22 |
| 19 | Tubex Rachel | V | 36 | Noorderwij | 22:23 | 13,40 | 4:28 |
| 20 | Van Camp Hilde | V | 63 | Beerzel | 23:06 | 12,99 | 4:37 |
| 21 | Ooms Dirk | M | 66 | Rijkevorsse | 23:20 | 12,86 | 4:40 |
| 22 | Haest Leo | M | 40 | Westmalle | 23:35 | 12,72 | 4:43 |
| 23 | Meylemans Kurt | M | 72 | Zoersel | 24:05 | 12,46 | 4:49 |
| 24 | Glasse Paula | V | 66 | Herenthout | 24:36 | 12,20 | 4:55 |
| 25 | Van Den Hout Herman | M | 61 | Poppel | 25:01 | 11,99 | 5:00 |
| 26 | Druyts Erik | M | 59 | Rijkevorsse | 25:13 | 11,90 | 5:02 |
| 27 | Tambuysen Hendrik | M | 47 | Reet | 25:22 | 11,83 | 5:04 |
| 28 | Marisael Tom | M | 60 | Baarle Nas | 25:34 | 11,73 | 5:06 |
| 29 | Berckvens Kristof | M | 90 | Beerse | 26:11 | 11,46 | 5:14 |
| 30 | De Win Jos | M | 56 | Bevel | 26:36 | 11,28 | 5:19 |
| 31 | Theeuwes Jan | M | 56 | Westerlo | 26:42 | 11,24 | 5:20 |
| 32 | Van Haeren Willy | M | 59 | Poppel | 26:50 | 11,18 | 5:22 |
| 33 | Wellens Robin | M | 92 | Vorselaar | 27:01 | 11,10 | 5:24 |
| 34 | Roefs Renilda | V | 61 | Beerse | 27:03 | 11,09 | 5:24 |
| 35 | Thoen Sandra | V | 75 | Lier | 27:20 | 10,98 | 5:28 |
| 36 | Lockkamper | V | 68 | Christel | 27:32 | 10,90 | 5:30 |
| 37 | Hermans Godelieve | V | 57 | Olv Waver | 28:36 | 10,49 | 5:43 |
| 38 | Tambuysen Ines | V | 83 | Reet | 31:45 | 9,45 | 6:21 |
| 39 | Schellekens Gusta | V | 48 | Vosselaar | 40:59 | 7,32 | 8:11 |

10 KM

| PL | Naam | CAT | GBJ | Woonplaats | Tijd | GEM | KM-Tijd |
|----|--------------------|-----|-----|------------|-------|-------|---------|
| 1 | Mens Eric | M | 68 | Turnhout | 32:45 | 18,32 | 3:16 |
| 2 | Jurgens Kurt | M | 63 | Lier | 34:45 | 17,27 | 3:28 |
| 3 | Goovaerts Jan | M | 50 | Haacht | 35:25 | 16,94 | 3:32 |
| 4 | Van Wolputte Luc | M | 68 | Westerlo | 35:41 | 16,81 | 3:34 |
| 5 | Thys Luc | M | 62 | Westerlo | 36:44 | 16,33 | 3:40 |
| 6 | Van Beers Sjef | M | 59 | L Meerde | 36:46 | 16,32 | 3:40 |
| 7 | Ooms Ivan | M | 55 | Mol | 37:10 | 16,14 | 3:43 |
| 8 | Vervoort Ronny | M | 68 | Geel | 37:10 | 16,14 | 3:43 |
| 9 | Roels Gerrit | M | 70 | Laakdal | 37:21 | 16,06 | 3:44 |
| 10 | Beyers Erik | M | 64 | Noorderwij | 37:31 | 15,99 | 3:45 |
| 11 | Godier Albert | M | 59 | Tremelo | 37:40 | 15,93 | 3:46 |
| 12 | Beyens Wim | M | 72 | Ramsel | 37:55 | 15,82 | 3:47 |
| 13 | Wyns Jos | M | 52 | Hallaar | 38:21 | 15,65 | 3:50 |
| 14 | Coninckx Leon | M | 52 | Maasmechel | 38:26 | 15,61 | 3:50 |
| 15 | Goovaerts Johan | M | 62 | Heffen | 38:35 | 15,55 | 3:51 |
| 16 | Coremans Cyriel | M | 47 | Aarschot | 38:39 | 15,52 | 3:51 |
| 17 | De Keyzer Rene | M | 45 | Aarschot | 38:41 | 15,51 | 3:52 |
| 18 | Bastiaensen Eric | M | 65 | Merksplas | 38:44 | 15,49 | 3:52 |
| 19 | Van Den Heuvel Guy | M | 71 | Ramsel | 39:59 | 15,01 | 3:59 |
| 20 | Vleugels Davy | M | 74 | Westerlo | 40:40 | 14,75 | 4:04 |
| 21 | Vermeulen Chris | M | 63 | Booischot | 40:47 | 14,71 | 4:04 |
| 22 | Speelman Bart | M | 71 | Duffel | 40:49 | 14,70 | 4:04 |
| 23 | Claes Rudy | M | 76 | Booischot | 40:50 | 14,69 | 4:05 |
| 24 | Broekhoven Patrick | M | 64 | Paal | 41:14 | 14,55 | 4:07 |
| 25 | Kenis Eddy | M | 61 | Rijkevors | 41:15 | 14,55 | 4:07 |
| 26 | Vermeulen Rita | V | 59 | Hallaar | 41:16 | 14,54 | 4:07 |
| 27 | Van Springel Dirk | M | 65 | Beerse | 41:17 | 14,53 | 4:07 |
| 28 | Van Den Bergh Alex | M | 60 | Heist | 41:18 | 14,53 | 4:07 |
| 29 | Van Den Heuvel Jef | M | 53 | Reet | 42:00 | 14,29 | 4:12 |
| 30 | Willemsens Theo | M | 53 | Itegem | 42:29 | 14,12 | 4:14 |
| 31 | Thys Jan | M | 35 | Westerlo | 42:44 | 14,04 | 4:16 |
| 32 | Caers Jef | M | 66 | Geel | 43:03 | 13,94 | 4:18 |
| 33 | Haine Marie-Jose | V | 68 | Heusden | 43:05 | 13,93 | 4:18 |
| 34 | Vandemaele Marnik | M | 51 | Tielt_Wing | 43:08 | 13,91 | 4:18 |
| 35 | Geerts Dirk | M | 79 | Beerse | 43:12 | 13,89 | 4:19 |
| 36 | Laenen Rob | M | 85 | Beerse | 43:15 | 13,87 | 4:19 |
| 37 | Lavreysen Livinus | M | 34 | Lommel | 43:22 | 13,84 | 4:20 |
| 38 | Ceulemans Maddy | V | 67 | Ramsel | 43:23 | 13,83 | 4:20 |
| 39 | Eyckmans Eric | M | 64 | Laakdal | 43:43 | 13,72 | 4:22 |
| 40 | Weckx Peter | M | 65 | Lommel | 44:21 | 13,53 | 4:26 |
| 41 | Berckuens Jos | M | 58 | Beerse | 44:43 | 13,42 | 4:28 |
| 42 | Lauwers Rudy | M | 63 | Vosselaar | 45:21 | 13,23 | 4:32 |
| 43 | Van Laere Andre | M | 45 | Linden | 45:27 | 13,20 | 4:32 |

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|-----------|----------------------|------------|------------|-------------------|-------------|------------|----------------|
| 44 | Vleugels Dirk | M | 55 | Olv Waver | 45:50 | 13,09 | 4:35 |
| 45 | Verhulst Eric | M | 59 | Geel | 46:23 | 12,94 | 4:38 |
| 46 | Janssens Frans | M | 50 | Meensel | 46:43 | 12,84 | 4:40 |
| 47 | Stoelen Richard | M | 57 | Antwerpen | 46:50 | 12,81 | 4:41 |
| 48 | Roes Fred | M | 57 | Oud Turnho | 46:57 | 12,78 | 4:41 |
| 49 | Stoops Marc | M | 63 | Grobbendon | 47:14 | 12,70 | 4:43 |
| 50 | Legrand Marc | M | 63 | Pellenberg | 47:21 | 12,67 | 4:44 |
| 51 | Luyten Guido | M | 57 | Laakdal | 48:58 | 12,25 | 4:53 |
| 52 | Peeters Miraise | V | 60 | Oud Turnho | 50:59 | 11,77 | 5:05 |
| 53 | Van Dooren Dana | V | 77 | Oud-Turnh | 52:08 | 11,51 | 5:12 |
| 54 | Wampers Theo | M | 59 | Geel | 53:09 | 11,29 | 5:18 |
| 55 | De Backer Alida | V | 51 | Veltem | 53:38 | 11,19 | 5:21 |
| 56 | Van Even Monique | V | 59 | Turnhout | 57:32 | 10,43 | 5:45 |
| 57 | Vanderlinden Simonne | V | 55 | Oud-Turn | 57:32 | 10,43 | 5:45 |